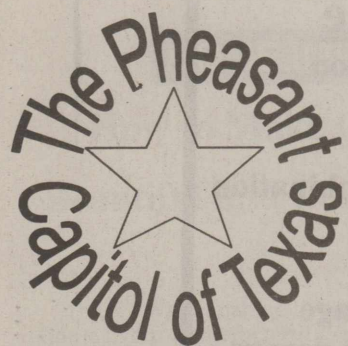


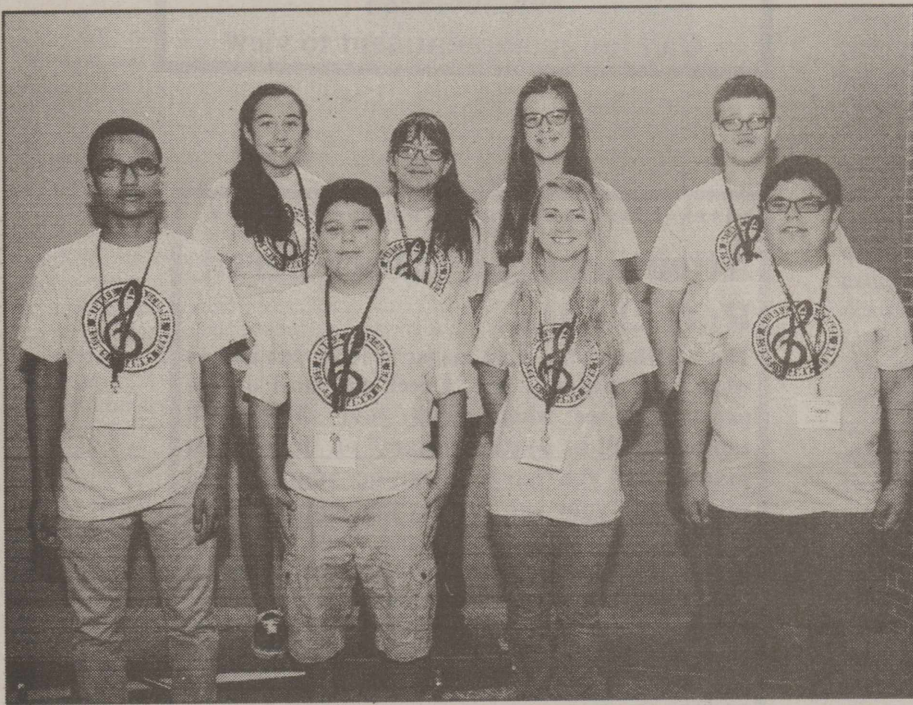


Melvin Mitts 06/16
PO Box 523
Stratford, TX 79084

The Stratford Star

75 cents

Published for over 100 years in Stratford, Sherman County, Texas 79084 usps 523 Number 27 July 2, 2015



Students from Stratford attend Band Camp

A record number 326 middle school students attended Southwestern Oklahoma State University's 27th annual Middle School Band Camp held June 21-24 on the Weatherford campus. The camp, which is for students who have completed grades five through seven, concluded with a concert by the different bands. SWOSU's 60th annual Band Camp for 7th-12th grade students is coming up July 12-17. Among those attending the Middle School Band Camp from Stratford TX were (front from left): Carlos Reta, Luis Molina, Carozaan Wallis and Jacob Sanchez. Back from left—Janeht Brava, Abigail Gomez, Lilia Trayler and Xhander Lewis.

What's Happening- In Stratford

Summer Reading Program
Wednesdays during July 2015 2:00-5:00 p.m.

Folks remember to support your local businesses.
Small towns need to survive

Stratford Ex-Students & Teachers Reunion
Stratford Jamboree
July 24 and 25, 2015

Summer Movies at the Sherman County Library began June 16th at 1:30 p.m. and continues every Tuesday until August 21st



"Paper money" is not printed on paper. A special blend of cotton and linen is most often used.

ANNUAL HOGMAN GOLF TOURNAMENT

MIXED SCRAMBLE \$25 PER PERSON

SATURDAY JULY 25TH

REGISTRATION BEGINS AT 1:15 P.M.
TEE OFF WILL BE AT 2:00 P.M.



Come support our Stratford Elks!!!

ALL-PROCEEDS GO TO ONE SCHOLARSHIP FOR ONE
OUTSTANDING STRATFORD LINEMEN

FOR EARLY REGISTRATION OR MORE INFORMATION CONTACT
COREY MAUGLE ROGER ALLEN DANNY DAVIS
773-2789 753-7833 930-5891

FSA County Committee Nomination Period in Sherman County Now Open

(Stratford, TX), June 24, 2015 –Sherman County USDA Farm Service Agency (FSA) Executive Director Rebecca Lowe, announced that the nomination period for local FSA county committees began on June 15, 2015. Nomination forms must be postmarked or received in the Sherman County FSA Office by close of business on Aug. 3, 2015.

"County Committees are unique to FSA and allow producers to have a voice on federal farm program implementation at the local level," said Lowe.

To be eligible to serve on the FSA county committee, a person must participate or cooperate in an agency administered program, be eligible to vote in a county committee election and reside in the Local Administrative Area (LAA) where they are nominated.

This year, nominations and elections will be held in LAA 1, which includes about the west one third of the county.

Producers may nominate themselves or others as candidates. Organizations representing minority and women farmers and ranchers may also nominate candidates. To become a nominee, eligible individuals must sign form FSA-669A. The form and more information about county committee elections is available online at: www.fsa.usda.gov/elections.

Elected county committee members serve a three-year term and are responsible for making decisions on FSA disaster, conservation, commodity and price support programs, as well as other important federal farm program issues. County committees consist of three to 11 members.

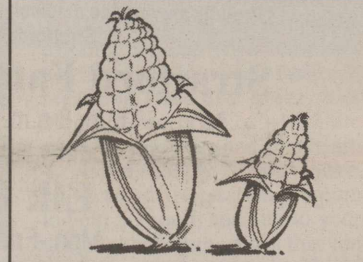
"It is important that county committees are comprised of members who fairly represent the diverse demographics of production agriculture for their community," said Lowe. "All producers, including women, minority and beginning farmers and ranchers are encouraged to participate in the nomination and election process."

FSA will mail election ballots to eligible voters beginning Nov. 9. Ballots are due back in the Sherman County Office by mail or in person no later than Dec. 7, 2015. All newly elected county committee members and alternates will take office January 1, 2016.

"Nominating potential county committee members, voting for candidates and serving on the committees are truly services to your community and the agriculture industry," said Lowe. "County Committee members make important decisions on how federal farm programs are administered locally to best serve local needs and interests."



CASA 69, Inc.-Volunteer Opportunities
Want to learn how you can help a child who has been abused and neglected?
Willing to complete 30 hours of training?
Training scheduled for September 2015.
Find out how YOU can Lift up a child's voice.
A child's life in Dallam, Hartley, Moore and Sherman counties.
Check out our web page www.casa69.org-call us (806-244-2684 or 806-934-4417) or contact us at www.casa69@xit.net



An undersized ear of corn is called a nubbin.

I perhaps owe having become
a painter to flowers.
—Claude Monet

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620-624-5573
Garden City, Kansas
www.sequoyah8.com
620-275-2760

CHET EVERETT MEMORIAL SCHOLARSHIP SET UP AT FIRST STATE BANK

The Chet Everett Memorial Scholarship has been set up at the First State Bank in Stratford. If you would like to contribute, please see Cindy Larence at FSB or mail your check to:

First State Bank
ATTN: Cindy Larence
PO Box 48
Stratford TX 79084

Paula, Hunter and Bethany Everett want all proceeds of this account to go to a deserving graduating senior.
This account will be available for contributions until August 1st, 2015

3 on 3 Basketball Tournament To be held in Stratford

In association with his Fuel Up to Play 60 Ambassadorship and Sherman County 4-H, Russell Spurlock is hosting a 3 on 3 Basketball Tournament on July 25th (Reunion Weekend). All teams will be 3 to 4 members with a cost of \$15/team to enter. Teams will be in two brackets only: Junior (through 8th grade) and Senior (9th grade and up). All ages are welcome. Teams can be girls, boys, men, women or coed but you will all be playing each other. Only the first 40 teams will get a spot as we are playing all games from noon to 6pm - single elimination. Deadline to register is July 6th. Proceeds from this event will be to feed the 3d and 4th graders a hot well-balanced breakfast on the days of spring STARR testing. Hopefully this project will encourage the elementary kids to be at their best and relieve some of the anxiety of the day. Forms can be obtained from Stratford Grain or you can email a request for one to spurlock@xit.net. Please call with any questions- 806-366-2772. Hope to see you all on the court!!

OLD MOBEETIE MUSIC FESTIVAL

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JULY 24th, 25th, and 26th

on the beautiful grounds of the Jail Museum

Featuring:

The Batten Family

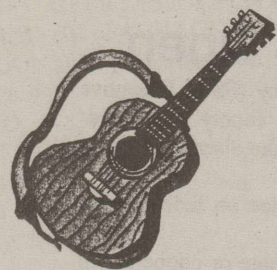
Blocker-Stephens Band

Cole Family Bluegrass

2nd Time Around

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Justin & the Classics



SOUND BY FRANK CLEVELAND EMCEE GINA SEITZ

ADMISSION:

FRIDAY ONLY \$10.00

KIDS UNDER 12

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FREE

WEEKEND PASS \$20.00

SUNDAY GOSPEL SHOW IS FREE

CAMPING



INFORMATION

110 HOOK-UPS AVAILABLE

HANDI-CAP RESERVATIONS ONLY

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DRY CAMPING IS \$6.00 per day

CONTACT US AT: 806-845-2028

mjm806@windstream.net

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Call for an appointment to view

Attention to all subscribers!!

Rate change

The Stratford Star is no longer sending out notices when your paper is due. Check the label on the paper and see what month your subscription expires. **I will be putting "Stars" on the current month**. If you have a Star on your label it means that your sub expires that month. If you are not sure the amount you owe if you live out of the area call 753-7373 and double check. Locally is \$33.00 and out of the area \$40.00. If you are paying for someone else's sub, you will be billed for that person. The Stratford Star, PO Box 8, Stratford, TX 79084

Thanks-Marty



The Stratford Star

(USPS 523-108)

Published for over 100 years

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Telephone: 806-366-5885

Fax: 806-366-5884

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The Stratford Star is published weekly

Editor & Publisher Martha Robertson

Advertising & Photographer Shari Hudson

Subscription rates

\$33.00 per year in Sherman & Adjoining counties

\$40.00 per year all others

\$27.00 per (9 months) College rate

The Stratford Star-PO Box 8-Stratford, TX 79084

Periodicals postage paid at Stratford, TX

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Elk Pharmacy

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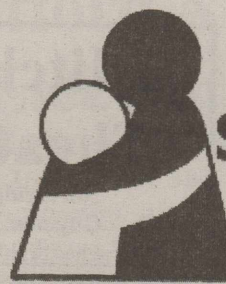
Coldwater Manor Nursing Facility

396-5568 Mark Moore, LNFA

Stratford EMS

9-1-1 or 396-2844 Jimmy Lanning, Director

The Stratford Hospital District operates on a non-discriminatory basis, giving equal treatment and access to services without regard to sex, race, religion, age or ethnicity.



**SNACK
PAK
4KIDS**

Giving a Voice to Hungry Kids

We all know that there are children who have free breakfast and lunch provided for them at school Monday through Friday. Have you ever stopped to think what these children do for food on the weekends? Have you ever eaten lunch on Friday and then not had another actual meal until Monday morning? Can you imagine trying to listen to your teacher on Monday morning when all you can do is watch the clock and count the seconds until lunchtime? Unfortunately, there are children in Stratford and the surrounding towns in the Texas panhandle who face this struggle every weekend and during school holidays. Snack Pak 4 Kids is a program that provides food for children in these situations every weekend of the school year. 100% of all money is used for food only.

YES!!! I want to adopt a child for: **Stratford ISD**

___ 1 year- \$133 (number of children ___)

___ 1 month-\$14 (number of children ___)

___ 1 week- \$3.50 (number of children ___)

___ other- \$ _____

Name _____

Address _____

Phone _____

Email _____

Organization _____

School you are sponsoring _____

Checks are payable to "Snack Pak 4 Kids." Please designate Stratford in memo line of your check.

Snack Pak 4 Kids
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Amarillo, TX 79101
806-337-5252

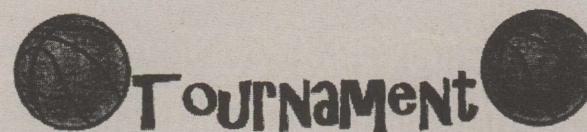
Automotive

(NU) - Russell Shepherd, a mechanical engineer for Michelin North America and self-proclaimed "tire nerd," has certainly earned his informal title as evident by his 15 years of driving in almost every type of weather condition imaginable. Most concerning for him - wet weather. "Most people don't realize how much wet roads affect their driving," says Shepherd. "When roads become wet, it takes longer to stop and more time to react, making it more important than normal to pay attention to your car and other drivers."

One thing drivers can do is find the right tire. Visit www.michelin-man.com/ for more information.



3 ON 3 BASKETBALL



\$15/team (3 or 4 players)

Saturday, July 25th - Stratford High School Gyms

- Single Elimination
- Two age brackets - 8th grade and under (Junior), 9th grade and older (Senior)

Teams can be girls, boys, men, women or co-ed but will play each other

- First to 15 with a margin of two - time limit of 30 minutes
- Play is from noon-6pm, Limited to the first 40 teams registered (brackets will be emailed by July 19th)
- All proceeds will benefit "STARR Breakfast" - a program to supply all Stratford 3rd and 4th graders a nutritionally balanced hot breakfast on the days of the spring STARR test.
- A release form will need to be signed on the day of the event

Please fill out the following information and return with \$15 registration fee (payable to Sherman County 4-H) to Russell Spurlock, P.O. Box 349, Stratford, TX 79084 by July 6th. If you need additional information, please call 806-366-2772 or email spurlock@xit.net.

Team Name _____

Age Bracket _____

Contact Email _____

Contact Number _____

Teams T-Shirt Sizes _____

HOME IMPROVEMENT

How to Make Outdoor Spaces as Beautiful and Comfortable as Indoors

NewsUSA

(NU) - While making the inside of your home beautiful is naturally a focus, there's so much to be gained from an outdoor space. Beautifully designed and decorated, outdoor areas not only expand upon actual "livable" space but enable you to enjoy your home al fresco—and the good news is, you don't have to sacrifice style or the comfort of the indoors.

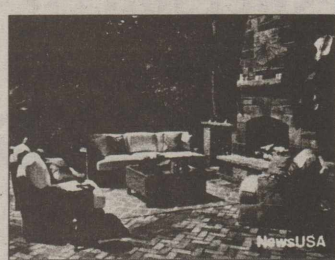
With everything from sofas and sectionals to colorful Moroccan-inspired floor rugs and outdoor chandeliers, one home-furnishings retailer is bringing both style and comfort from the indoors out. And with signature designs from its outdoor collection available in stores across the country and hundreds of furniture plus accessory options on its website, Arhaus is placing a world of outdoor décor options at your fingertips.

"We have something for everyone, for every style, for every space, and designs are made to weather the elements," says Gary Babcock, chief creative officer for Arhaus.

Here are some key pieces to recreate rooms outdoors:

Classic wicker. "Wicker never goes out of style," says Babcock. Choose from a number of different looks by the retailer—including occasional seating, as well as dining and accent tables. "Add a conversation piece to the setting," suggests Babcock, referring to a wicker wingback chair in a chic herringbone pattern.

Antique inspirations. European antiques inspired several aluminum designs by Arhaus—from a Greek klismos chair to an English library-looking sofa with



matching chair, chaise and end and coffee tables. "Stuart is the most traditional [aluminum] collection with an x-back design," says Babcock. Stuart features a chaise for two with shade overhead and privacy draperies.

Slipcovered upholstery. "We took our coziest upholstery collections and redesigned pieces to sit outside," says Babcock. Slipcovered in easy-to-care-for fade-resistant Sunbrella/Outdura fabric and underneath, cushions are guaranteed to fend off mold and mildew, and frames are "marine-grade"—hence, waterproof and worry free.

Mixed materials. Reconstructed stone, lighter and more durable than concrete, is mixed with everything from metal to reclaimed elm and teak to create tables at varying heights and widths for any outdoor occasion.

Decorative accessories. Like any interior, accents pull everything together—even outdoors. Consider a beautiful floral or awning striped rug, a patterned pouf, a mix of colorful accent pillows and handmade pottery in different shapes, sizes and finishes. For outdoor lighting, there's Arhaus' Claudette Chandelier, among other options.

For more information, visit www.arhaus.com.

Pursuit of Happiness-Unalienable Right?

By Joniah Hyssop

Our Declaration of Independence states: "We hold these truths to be self-evident, that all men are created equal, that they are endowed by their Creator with certain unalienable Rights, that among these are Life, Liberty and the pursuit of Happiness." America's Founding Fathers presented these words to King George III of England with a list of grievances expounding their unhappiness with British rule over the American colonies. After an arduous struggle these men achieved their freedom goal and tossed off an oppressive "dictator." Ah-h, happiness at last! There were demonstrations of unbridled joy with hugging, kissing and dancing in the streets! Celebrations lasted for weeks. And they all lived happily ever after. Not so fast you might say! If you know any history at all you know the joyance of these bold gentlemen was extremely short lived. In fact, history tells us there were continuous barriers between them and their ever elusive "happiness." Laughter soon turned to tears and tears gave way to despair. They were deep in war debt, Britain still occupied some forts, and Spain refused to recognize some new borders.

Perhaps with the word "pursuit" of happiness they admittedly recognized happiness would not be a permanent personal possession. Maybe they understood the brevity of happiness forces one wanting to possess it, to be in perpetual pursuit.

What is happiness and why do we crave it? Most of us identify it as a pleasurable emotional state. One is in good spirits, joyous, untroubled, not affected by anxiety or problems. Sometimes we associate happiness with a giddiness or euphoria. We have all felt this emotional state. We can all testify the challenge we face is KEEPING that feeling. The emotional state of happiness is indeed fleeting and we often find ourselves in "pursuit" of it. We hope to attain it in the perfect town, or with the ideal education, mate, job, house, or car. If those things fail us we often seek happiness through excessive eating, drinking, drugging, or other addictive behaviors. When these fail us, we sometimes become despondent or depressed, despairing of life.

Looking back into my own life, I see me desperately seeking and doggedly grasping for anything and everything to quench my seemingly insatiable desire

for happiness. In the wake of each attempt I see a distinct pattern of disappointment. Today I am more apt to believe, Yes, the pursuit of happiness is a good thing but I was prone to seeking it in people, places, or things. My recipe for happiness was faulty. It was missing the most important ingredient—God! In spite of myself, one day I finally found a lasting source of happiness!

There is a readily available fountain of unending joy!! It is hidden in plain sight. Everyone is born with the right to access it! If you want everlasting happiness, I invite you to join me weekly as we examine the true path to peace and terminate your destructive or debilitating "pursuit" of happiness. Meditation: Does God correct me? Does it make me happy? What is chastening? Do I despise God's chastening? Behold, happy is the man whom God correcteth: therefore despise not thou the chastening of the Almighty: (Job 5:17 KJV)

Feedback welcome. joniahhyssop@gmail.com

HEALTH

5 Easy Tips for Taking Care of Your Heart

NewsUSA



June's quick decision to go to the emergency room for chest pains saved her life.

(NU) - Northern California native June Auld, 76, leads a very full life. Aside from her day job as a mental health professional, she can be found, with her husband, Glenn, cooking for the homeless, providing foster care to guide dogs or taking walks around their neighborhood.

It was during one of those full days that Auld began experiencing extreme discomfort in her chest. She and her husband went to the emergency department at Kaiser Permanente San Rafael Medical Center, where doctors immediately began running tests. Doctors confirmed that Auld had experienced a heart attack, and placed a stent in a blocked artery.

Auld's decision to seek immediate care at Kaiser Permanente not only saved her life, but saved her from having to undergo more complicated treatment.

"The care Kaiser Permanente gave me was fantastic," Auld said. "The day after I got home, I did my walk like I had never had a heart problem, and I've never had any pain or discomfort since."

Show your heart some love now and throughout the rest of

your life with these five simple, healthy aging tips from Marc Jaffe, M.D., clinical leader, Kaiser Permanente Northern California Cardiovascular Risk Reduction Program.

How to keep your heart strong:

- 1. Be sweet.** Instead of chocolate, try blueberries or strawberries. These heart-healthy treats are filled with natural antioxidants that can help keep your arteries open.
- 2. Move to the beat.** Grab a partner and do some fancy footwork. Any activity that gets you moving—like dancing or walking—can

help increase blood circulation, reduce stress and protect your heart.

3. Do your thing. Activities like painting, writing, yoga and meditation can help slow your heart and breathing rates and lower your blood pressure, all of which are good for your body and your heart.

4. Avoid tobacco. If you smoke, join a tobacco-cessation program to help you quit, and talk to your doctor about medications that can help increase your chances of kicking the habit. If you don't smoke, avoiding secondhand smoke may also help protect your heart, lungs and blood vessels.

5. Maintain a healthy weight. If you are overweight, losing as little as 10 pounds can make a difference and lower your risk of heart problems.

Living a healthy lifestyle can help your heart stay strong, so you can live—and love—for years to come. See a video about Auld's story on the Kaiser Permanente Care Stories blog. For more information about Kaiser Permanente and heart care, visit kp.org. For questions or advice about a specific condition, talk to your physician.

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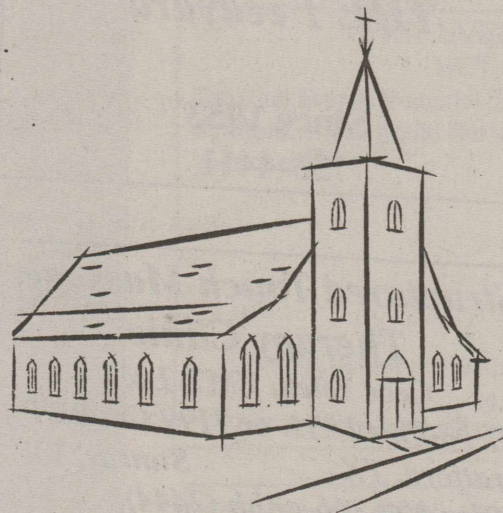
First Assembly of God
Kevin Anderson, Pastor
921 Fulton
Sunday School 9:45 a.m.
Morning Worship 10:45 a.m.
Evening Worship 6:00 p.m.
Wed. Bible Study 6:30 p.m.

First Christian Church
Pastor Gary Smith
5th & Main
Sunday School 9:45 a.m. (nursery)
Morning Worship 10:45 a.m. (nursery)
No Sunday evening Worship Service

First United Methodist
Rev. Steve Ulrey 396-2178
520 N. Main
Sunday School 9:20 a.m.
Morning Worship 10:30 a.m.
Junior & Senior High UMY 6:00 p.m.

St. Joseph Catholic Church
6th & Pearl
Rectory 366-5687
Sunday morning 8:00 a.m. (English) 9:30 (Spanish)
Sacrament of Reconciliation Before Mass or t.
Christian Formation Classes K-6 Grade Wed. Afternoon
Jr. & Sr. High. Wed. 6:30-8:30 p.m.

First Baptist Church
Pastor Ron Whitt
702 N. 3rd
Sun.-Coffee 8:30 a.m.
Sunday School 9:30 a.m.
Worship Service 10:30 a.m.
Wed. Children 6 p.m. youth 7 p.m.



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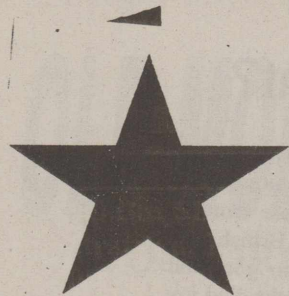
Church of Christ
Iglesia De Cristo
Raymond Glendinning
Juan Campos
N. 3rd & Chestnut
Sunday School 9:30 a.m.
Morning Worship 10:30 a.m.
Evening Worship 5:00 p.m.
Wednesday Bible Study 7:00 p.m.

Heritage Bible Baptist
Pastor Mark Looney
302 S. Main
For more info-call 396-2212
Morning worship 11:00 a.m.
Evening Service 6 p.m.
Thurs. Service 7:00 p.m.

Eben-Ezer Templo Hispano
Asambleas De Dios
Pastor: Juan M. Valenzuela
806-366-3071
205 N. Poplar-Hwy 287 268-2188
Escuela Dominical 10 a.m. - 12 noon
Servicio De Adoracion 5 p.m.-7 p.m.
Miercoles: Servicio De Adoracion 6-8 p.m.

Kerrick Community
Pastor Roy Harris
Community Building
10 a.m. Worship Service

La Mision Bautista
Mision Bautista
401 S. Wall 396-5376
Domingo (Sunday)
Escuela Dominical 9:45 a.m.
Miercoles (Wednesday)
Servicio De Adoracion 11 a.m. Estudio
Biblico & Servicio De Oracion 6 p.m.
Servicio De Adoracion 6 p.m. se Cuidamos
Susunos Durante El Servicio



It Pays To Look In The

Star Classifieds

Phone 366-5885

THE STRATFORD STAR
Thursday, July 2, 2015
Page 4

..The Best Salesperson Around

LEGAL NOTICE

Application has been made with the Texas Alcoholic Beverage Commission for a (Q) WINE ONLY PACKAGE STORE, (BF) BEER RETAILER'S OFF PREMISE LICENSE and (P) PACKAGE STORE PERMIT by ROUND QUONSET, LLC dba EL PATRON LIQUOR STORE, to be located at 400 SOUTH POPLAR, CITY OF STRATFORD, COUNTY OF SHERMAN, TEXAS. PRESIDENT of said corporation is ABRAHAM TAPIA, PRESIDENT.

Published in The Stratford Star, Thursday, June 25, 2015 and Thursday, July 2, 2015

More economical!

Differences between electric and hydraulic-driven systems.

Electric-driven systems are the most economical way to irrigate. They use less energy, have fewer moving parts, and are easier to maintain. They also have a longer life span and are more reliable. Hydraulic-driven systems are more expensive and have more moving parts, which can lead to more maintenance and a shorter life span.

Reinke Dealer-Professionals are ready to share other eye-opening reasons why more and more producers are choosing Reinke irrigation systems.

Call with a Reinke Dealer today.

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Stratford, TX 79084
Charles & Chuck Harbour
301 N. Poplar
Office 806-396-2300

Reinke
www.reinke.com

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- *Mill laborer
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15 miles N. of Stratford, TX on HWY 287

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For Rent

Close to school, nice 2-BR, 1 bath apartment. Furnished with stove & fridge, CH/A No pets. Tenant pays electric and water. \$550 month on 6 month lease. Call 806-244-3418 or go to westtexasrentals.com to see and send in application 1-8 tfn

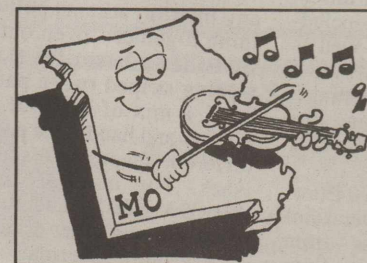
Gardens are a form of autobiography.
—Sydney Eddison

Home Ideas

(NAPS)—Carlton Draft-Tight boxes from Thomas & Betts are sealed electrical wall boxes that save heating costs in winter, cooling in the summer and construction costs anytime. You can find them at home improvement centers. Learn more from an electrician or at www.tnb.com/receptacles.



Something as simple as installing the proper insulation in your home can improve the efficiency of your home's HVAC system. That can mean significant savings on heating and cooling costs. For more tips on saving money with your HVAC system, visit www.luxaire.com.



The fiddle was named the state musical instrument of Missouri in 1987.

Business Directory

PO Box 510
Stratford, TX 79084
Phone: 806-366-5557

Duncan Chevrolet

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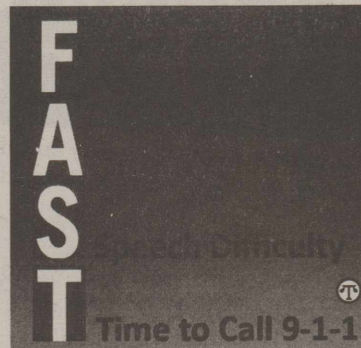
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Health Awareness

Stroke Risk

(NAPS)—Sebastian Baker felt funny. He looked in the mirror and his reflection was off. Suddenly, he crashed to the floor and realized his left side was numb.

Baker, 46, had suffered a stroke. Like many of the 795,000 Americans who have a stroke each year, high blood pressure was the culprit.



Learn to spot a stroke F.A.S.T.

"Uncontrolled blood pressure is the No. 1 reason people have strokes," said Jeffrey L. Saver, M.D., professor of Neurology and director of the Comprehensive Stroke Center at the University of California, Los Angeles. "It's important to check your blood pressure regularly and talk to your doctor about your numbers."

While up to 80 percent of strokes may be prevented, everyone needs to learn the stroke signs and what to do during a stroke emergency. Bystanders are often the ones who need to call for help.

Through the Together to End Stroke initiative, sponsored by Covidien, the American Heart Association/American Stroke Association teaches the acronym F.A.S.T. for stroke recognition:

- F—Face Drooping
- A—Arm Weakness
- S—Speech Difficulty
- T—Time to call 9-1-1

Additional stroke signs include: sudden severe headache with no known cause; sudden trouble walking, dizziness, loss of balance or coordination; sudden trouble seeing in one or both eyes; or sudden confusion or trouble understanding. If someone experiences any of these symptoms, 9-1-1 should be called immediately.

"Prevention is the best cure, but in the event of a stroke, quick recognition and treatment may have a dramatic impact on the outcome," said Mark A. Turco, M.D., chief medical officer, Covidien Vascular Therapies.

For Baker, treatment combined with therapy and hard work paid off. He's made a joyous return to a fulfilling life.

For more information, visit www.StrokeAssociation.org.