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VOLUME XXI 2

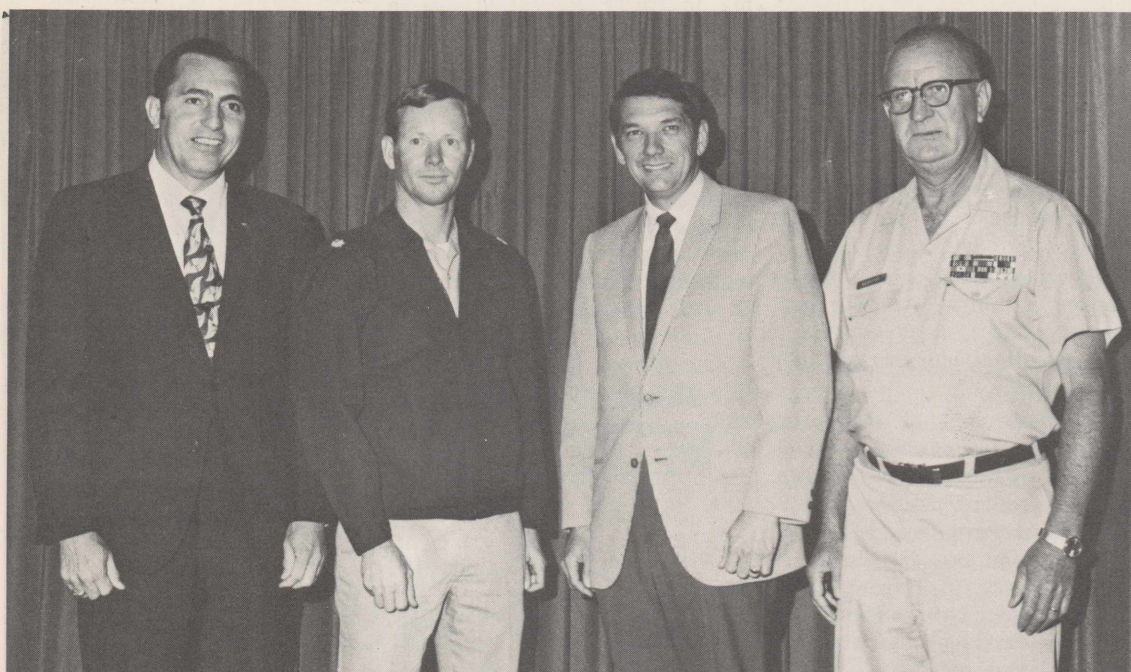
Lubbock, Texas, June 5, 1970

Number 21

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MEETING—Reese and city officials met at the Officers Open Mess Tuesday to welcome Maj. Kenneth Mahaffey (second from left) who recently assumed duties as chief of Civil Engineering Division. Guests at the luncheon included Bill Blackwell (left), Lubbock city manager; Dr. James Granberry, Lubbock mayor; and Lt. Col. Marvin S. Buckberry, former chief of CE who retires from the military June 30. (U.S. Air Force Photo)

Operation Third Lieutenant

Academy Cadets Arrive To Observe Operations

By 1st Lt. Frank Chuba

Six U.S. Air Force Academy cadets will be assigned temporary duty to Reese AFB in June as part of the academy's Operation Third Lieutenant.

The program is designed to allow the cadets to participate directly in the functions of Air Force field organizations and gain a working knowledge of Air Force operations to supplement their classroom studies. In this way it is hoped that the cadet will form a realistic picture of the duties, responsibilities and problems that will confront him when he dons his gold bars upon graduation from the academy.

Although the cadets have been assigned a host supervisor, it is desired that they be exposed to all primary and support activities on the base and will have the opportunity to meet and work with a wide variety of base personnel.

A cadet ranks between a chief master sergeant and a warrant officer and does not rate a salute. The cadet is addressed as "mister" and is afforded the rights and privileges of a junior officer. Although a cadet has no direct authority over enlisted

personnel and may not issue direct orders, he may relay orders originating from proper authority in the function of his job assignment. The cadets will be considered as guests of the Officers Open Mess during their stay and will have the same privileges as regular members.

Cadets to be assigned to Reese are Cadets Larry Y. Jacobs, Frank J. Spinner, Joseph J. Dydeski, Leo K. Thurston Jr., Hugh C. Briggs and Bradley B. Eldredge. Project officer for the base is Capt. John O. Teague.

Sergeant Earns Monthly Honor

Sgt. Edward O. Harris, 3500th Organizational Maintenance Squadron, has been selected as Crew Chief of the Month by the instructors and students of the 3500th Pilot Training Squadron.

Assigned to H Flight, Sergeant Harris was formerly a crew chief working on North American F-100 Super Sabres with the 314th Tactical Fighter Wing, Korea. His selection marks the second time in as many months that a member of H Flight has earned the honor.

Sergeant Harris will receive two tickets to a local dinner theater.

WASHINGTON (AFNS) — Inflation, which has eluded the overall cost of the Air Force clothing bag since 1967, rears its ugly head in new prices effective July 1 at clothing sales stores.

After overall decreases in the last three evaluations, total cost for enlisted clothing requirements are up. The changes amount to \$1.41 for men and \$5.29 for women. The men's bag totals \$215.41; for the women, \$329.41.

The increase is not enough to reflect in the men's monthly clothing allowance, which is expected to remain at \$4.80 for service after six months and \$6 starting with the 37th month of service.

WAF members should gain a \$.10 increase in both allowances,

once they are finalized by Comptroller officials. New allowances are expected to be \$5.80 basic and \$8.50 standard.

There are 26 price changes in the men's clothing bag, including 14 increases. Biggest boost is

\$3.70 for the overcoat, to \$37.60, and \$1.20, to \$24.60, for the tropical wool coat. Cost of the chukka service shoes drops \$2.36 to \$8.64 and there is \$1.05 savings in the price of the duffel bag, at \$3.68.

World Traveler Settles Here

A genuine world traveler is settling down at Reese AFB to become traffic safety assistant in the Wing Safety Division.

He is Hugh B. Gray who comes to Reese from Lajes Field, Azores, Portugal. Mr. Gray retired from the Air Force in 1961 and lived in Rio de Janeiro for four years. He returned to the United States in 1965 and was employed at Andrews AFB, Md. pre-

vious to his assignment with the 1605th Wing Safety Office at Lajes.

During his Air Force career, Mr. Gray served in Ireland, England, North Africa, Italy, Korea, Japan, Greenland and many U.S. bases.

Mr. Gray, his wife, Leda and three daughters, Leyla, Cindy and Debbie will live in Lubbock.

Commander Asks Safety Support

HQ. ATC (ATCPS) — Eleven traffic fatalities and five drownings in Air Training Command during the 1969 "101 Critical Days" campaign have prompted Lt. Gen. Sam Maddux Jr., ATC commander to stress auto and water safety during this year's campaign, May 29-September 7.

In a recent letter to all commanders in which he announced the 1970 campaign, the general urged more safety conscious actions during transfers, vacations and visits.

General Maddux stressed that "vehicle safety obviously requires aggressive attention . . ." and encouraged personal involvement by commanders.

This is the sixth annual campaign, instituted to reduce Air Force casualties during the peak

vacation and outdoor recreation period.

During the period of the 1969 campaign, 150 Air Force personnel lost their lives . . . 90 as a result of automobile accidents.

Travel Between Crew Training Sites Reduced

RANDOLPH AFB, Tex. (AFNS) — Air Force aircrew members training for assignments in Southeast Asia will find much of their hopscotch travel between training sites in the United States reduced after July 1.

The improvement is attributed to the planning of the Aircrew Training Coordination Division, established at the Air Force Military Personnel Center in January. The office was charged with reducing Southeast Asia training costs.

While initial efforts have been directed at combat crew training programs, all training pipelines will be analyzed to ferret out training and travel delays.

First savings will come from changes in the training sequence for pilots scheduled for co-pilot positions in C-47, C-7, C-130, C-123 and AC-119 aircraft.

Presently, these students train at bases in the southern part of the United States, move to Fairchild AFB, Wash., for survival training and then on to advanced combat crew training at either Dyess AFB, Tex., England AFB, La.; Little Rock AFB, Ark.; or Lockbourne AFB, Ohio.

Fully trained, the pilots make their second trip westward to Travis AFB, Calif., for air movement to Southeast Asia.

Effective July 1, the pilots will enter combat training after completion of their pilot training, then to Fairchild AFB for the survival course and down the coast to Travis AFB for overseas departure. The rerouting is expected to save about 7,600 man-days and \$290,000 annually.

Similar readjustments are scheduled for enlisted aircrew members training in the same aircraft. Except for those home-based in the Pacific northwest, airmen will complete combat crew training before survival school, then report to Travis AFB. Savings on an airman from Barksdale AFB, La., for example, is 2,750 miles and nine days travel. Anticipated annual savings exceeds \$220,000 and 5,465 man-days.

101	
Critical Days	
Box Score	
Fatalities	
Air Force	12
(The total includes 10 private motor vehicle fatalities and two drownings.)	
ATC	0
Reese AFB	0
(Through third day)	

Uniform Costs To Increase

FOR THE COMMANDER . . .

Instructors Exhibit Excellent Examples



Col. Clyde J. Morganti
Wing Commander

By Lt. Col. William E. Moore

Of all the fine, talented people at Reese there is one group that stands out as a living example of excellence in devotion to duty and professional performance of duty. Ranging in experience from "fresh out of pilot training" second lieutenants to "seasoned ten year captains" with a combat tour under their belts, they do their "thing" with the student pilots day-in and day-out, in good weather and bad, whether high on the time line or low, whether they feel good or bad, with unparalleled enthusiasm, patience and excellence.

In some cases their rank doesn't afford the Lt. Col. Moore opportunity to command and manage in the conventional sense, yet they constantly show their leadership by responding to training requirements, especially when things are tough, without whimpering or griping about long hours, last minute schedule changes, or weekend flying.

They lead by examples they set in their appearance, their skill in flying, and through their exuberance in the stag bar and their reverence in church. They bear the brunt of the mistakes we supervisors make and then get blamed for the results. They get up at 5 a.m. every other week and then work late at night the other weeks. They fly three times a day when the weather is good and they give 100 per cent of their effort toward briefing their students and other ground things when the weather is bad.

They do a thousand things in extra duties that must be done before or after normal hours because their duty day is filled with flying. They always come up smiling, and you couldn't find a better group of men if you looked from now on.

101 Critical Days

Exercise Common Sense

By TSgt. John K. Lyle
Safety Division

Last weekend marked not only the first major holiday of the summer, but also the beginning of the sixth annual "101 Critical Days" campaign.

This period, which began at 6 p.m. May 29 and extends through midnight on Sept. 7, includes the three most hazardous weekends of the summer—Memorial Day, Independence Day and Labor Day. It will most definitely be a period of increased accident exposure.

During the 1969 campaign 150 Air Force personnel lost their lives; 95 of them were traffic fatalities. Although this was an improvement over 1968's record, it still reflects a tragic waste of life.

This summer the recently enacted pay raise and the remnants of last week's retroactive pay will be added incentives for more and longer automobile trips, thus exposing people to driver fatigue, crowded highways and the ever-existent drinking driver. Quoting in part from a recent message, "Mixing of alcohol and gasoline belongs only in the fuel tanks of race cars at Indianapolis in the Memorial Day 500-mile race." However, in spite of this statement of fact, we persist in selecting long weekends to place our lives in the hands of those who mix these ingredients on the public highways when making use of base recreational facilities could be just as pleasurable and certainly much safer.

We should also remember that traffic hazards are not the only dangers to be faced in increasing amounts during the coming months. Summer activities such as boating, swimming, water skiing and outdoor cookouts bring with them increased dangers such as snakebite, sun stroke, burns and drownings.

Summer has arrived. Let's enjoy it by keeping a safety-conscious attitude and by exercising common sense and courtesy.

Per Diem Rates Explained

Temporary duty (TDY) is common and affects all Air Force members who travel on official business.

Surprisingly enough though, many do not understand how per diem entitlements are computed.

According to Air Training Command Comptroller, per diem is based on a quarter-day system: from 12:01 to 6 a.m.; 6:01 a.m. to noon; 12:01 to 6 p.m. and 6:01 p.m. to midnight.

The highest standard rate is \$25 per day, paid when there are no government quarters and no government messing facilities available to the traveler.

Availability of the officer open mess, noncommissioned officer open mess, dining halls (and in some cases, airman clubs) must be considered in determining per diem entitlement under the Joint Travel Regulations.

For an example, computed by the quarter-day basis, if an officer and enlisted man go TDY to an installation where there are neither government quarters nor mess facilities available, each receives \$25 per day.

However, if there are government quarters, but no government open mess facilities available, each receives \$11.80.

In the same case, if there are

open mess facilities for both, the officer would receive \$8 and the enlisted man \$7.

Taking another situation, there are no government quarters but government mess available, the officer would receive \$18.20 and the enlisted man \$15.70.

If both men went TDY where there are government quarters and government mess facilities, the officer would receive \$4.50 and the enlisted man \$2.

There are special per diem rates for personnel who attend

various schools and special seminar centers where prearranged quarters and messing facilities are set up.

These examples may clarify per diem entitlements for some people, but due to the different situations and various travel conditions, there is no format for every individual or trip.

To clarify questions regarding per diem rates, contact the travel pay section of the local Accounting and Finance Office. (ATCPS)

Capsule Law

Interpreting Law Court's Duty

(An AFNS Feature)

Interpreting the law is the court's duty, but sometimes it is hard to do. To interpret the law, a court may have to trace the legislative history and debates, and consider interpretations of legislative silence, common law meanings, and just about anything else that might bear upon the meaning of the law.

A state supreme court held that a robber who forced his victim to move from one room to another in search of money was not guilty of kidnapping. Such conduct had been held in that state to legally constitute kidnapping and was punishable by death. No

changes had been made in the basic law, yet the court held that "mere movement" of the victim for short distances was an arbitrary interpretation and overruled its earlier interpretation of the kidnapping law.

Now and then a court will directly reverse its former interpretation of the law. This might happen when the attitudes of society or circumstances have changed or when it realized that it had made an earlier mistake.

The courts must interpret the law to reach a just decision. It should be recognized that sometimes this is a most difficult and unpopular task.

Abide By Safety Rules While Enjoying Water

Water recreation is a pastime that affects more than 80 million Americans.

Estimates show that there are 48 million boaters operating 9 million craft, 10 million water-skiers, half-a-million swimming pools and a million ponds across the country.

If 1970 is a typical year, safety officials predict that six to seven thousand people will drown.

During the last two years, Air Training Command experienced 21 drownings. That's not many you say, considering the number of personnel assigned to the command. Wrong . . . one drowning is one too many.

Drownings are caused by a number of things. Non-swimmers hop into boats, rafts etc. for a ride, something happens and they can't swim.

Individuals will go swimming right after eating a meal, develop the cramps and drown. Waiting awhile would have probably saved their lives.

Good swimmers get overconfident and try to prove to the gang they can swim a dangerous river or stream—they fail . . . another senseless death.

Swimming in unfamiliar water is also a hazard. Divers could strike their heads on rocks, or drive a tree branch through their abdomen.

It's from actions such as these, that the expected six to seven thousand people won't be around to see 1971.

This summer when participating in water recreation, use a little common sense and some rules.

When boating or fishing, don't overload the craft. Always wear life preservers . . . no matter how good you can swim. Also, motor-powered craft should have a pair of oars on board . . . you never know when your engine will stall and you can't make it back to shore.

Swimmers should learn to swim or at least "dog paddle." Statistics show that the highest frequency of drownings are among those with no or little ability or those with no instructions.

A fact for the parents . . . supervise your children when around water . . . even in the back yard. A tablespoon of water can be fatal for a human being.

By using some of these precautions, your summer could be safer, more pleasant. Don't abuse them.

Abide by the safety rules and don't become a statistic. Remember . . . six to seven thousand will not see Christmas of 1970. (ATCPS)

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On The Line

'I Dare You' Most Illogical Prodding Faced Through Life

By Chaplain (Capt.)
Clyde F. Pressley Jr.

"Go on . . . I dare you, you're chicken if you don't." A man stands at the crossroads of a decision and all his so-called friends have to say to him is " . . . I dare you."

The situation may be one of a thousand possibilities. A dangerous, an illegal or immoral act—a man's safety, his life, his future or his integrity as a person may weigh in the balance, yet the reasoning will be the same, " . . . you're chicken if you don't."

A dare, the fear of being called chicken or square or even being excluded from the group is not sufficient reasoning for a gamble. The stakes are too high and the odds are never favorable for the poor fool who is swayed by such sick logic.

Many serious mistakes have been made and many lives have been lost or ruined simply because of lack of intestinal fortitude to call a "dare" what is is—stupid.

There are many equally illogical proddings one may face; but, "I dare you" is the chief and most obviously illogical one among them.

To be sure, those prodding you are not true friends, though you may think them "good Joes."

If a better reason than "I dare you" is not forthcoming, it is safe to say that the tab will be picked up by the "sucker" who falls for it.

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Sergeant Aids Disaster Area

By AIC Dan F. Smith
Roundup Staff Writer

"It was a service we just had to have . . . we could not have done without it. Most of our people in this area lost their only means of transportation. Sergeant Diehl helped in getting people moved, moving property and rubbish, directing the drivers, bringing supplies to the center . . . just everything. He managed all of our transportation for us. It was an invaluable service."

That was how Mrs. Barbara Sommerville, director of the Guadalupe Neighborhood Center, described SSgt. Laurence D. Diehl's volunteer work at the center after Lubbock's disastrous tornado May 11.

Sergeant Diehl, who works as a non-destructive inspection specialist in the 3500th Field Maintenance Squadron, began his aid to the city much earlier than his volunteer work at the Guadalupe Neighborhood Center. It began some two hours after the height of the storm's fury, when the sergeant left his home at 2815 36th St., to see where he could help.

He didn't have to travel far to find need for aid, for the intersection of Broadway and University Ave. had become a gigantic snarl of traffic by the time he arrived. People who had either been caught out in the storm or who were scurrying into the area to check on belongings in the stricken section had knotted the intersection. The sergeant asked a man who was attempting to unsnarl the jam if he could help and ended up direct-

ing traffic until 4 p.m. the following day.

Ignoring fatigue and near exhaustion, Sergeant Diehl then drove deeper into the tornado-ravaged sections of the city, reaching the Guadalupe area where he saw homeless people walking the streets carrying whatever few belongings they had left.

The sight was enough to send him home to get a trailer attached to his car because, as he said, "I just thought they had to have some transportation."

Throughout the day on May 13 and May 14 that car and trailer were the only transportation source for most of the residents in the Guadalupe area. It was during these two days of ferrying victims from the ruins of their homes to shelters that the Uniontown, Pa., native became associated with the Guadalupe Neighborhood Center, Mrs. Barbara Sommerville, its director, and Mrs. Pat Morlon, assistant director of Catholic Welfare, who also was working there.

The tremendous scope of the transportation problems at the center influenced him to establish himself there so that he could attempt to coordinate his efforts with those of the center in transporting victims and belongings to the shelters which had been opened for them.

By the afternoon of May 14, the sergeant had rounded up a few more trucks and his transportation system had swung into high gear. The Red Cross supplied him with a two-way radio, thus establishing direct contact between them and enabling Sergeant Diehl to enlarge his transportation operations to city-

wide.

Volunteers and trucks continued to appear at the center and by May 16 some 60 volunteers and 20 trucks were available for the sergeant's directions in the massive ferrying operation. Sergeant Diehl then expanded his efforts to include some debris removal for those victims who could not recover belongings buried under the remains of their homes. He used a map to block off locations of those families desiring such aid and then dispatched trucks and crews to the homes to help the victims move the debris to the curb. Among the volunteers helping that day were many student pilots and other Reesites.

The next weekend the Reese Junior Officers Council joined in the effort, bringing trucks as well as volunteers to aid Sergeant Diehl's efforts. They and the Reese Boy Scouts also helped unload clothes, food and other relief supplies from across the state.

By May 17, Sergeant Diehl's pool had swelled to 26 trucks, including seven from Reese which were put at the sergeant's disposal through Maj. Robert F. Walton at the command post. Four other trucks were made available for the transportation operation by local automobile dealers while the remainder of the 26 were volunteered by private citizens who responded to pleas made over radio and television.

Language presented somewhat of a problem since many of the Guadalupe area residents speak only Spanish, but the five year Air Force veteran solved this problem by insuring that each

truck carried at least one bilingual volunteer at all times. And since Spanish was not very familiar to the native western Pennsylvanian, Sergeant Diehl also kept a bilingual volunteer with him at all times.

One of the most moving experiences that the sergeant recalled in the days following the storm was the finding of an elderly lady who lost everything in the tornado. She had lived alone before the disaster robbed her of all her worldly possessions and now faced a bewildering future.

But Sergeant Diehl helped her find food and shelter and introduced her to those who could help her find other necessities which she needed.

Sergeant Diehl had taken leave the week before to be with his wife when she underwent surgery. After she returned home, he asked for and received additional leave so he could remain at home with her while she recovered. After the tornado hit and while still on leave, he had started his volunteer efforts. When his supervisors at Reese found out that he was volunteering his time at the center, using his leave time, they arranged to have him put on special assignment there.

The Air Force's pride in what Sergeant Diehl has done for Lubbock is probably best summarized by his commanding officer, Capt. Norman R. Hull, commander, 3500th Field Maintenance Squadron, who said, "The disaster which struck Lubbock, Tex., was surpassed in magnitude by the valiant humanitarian achievements that followed its wake.

"I am proud to have in my squadron a man whose actions were some of the greatest of those achievements."

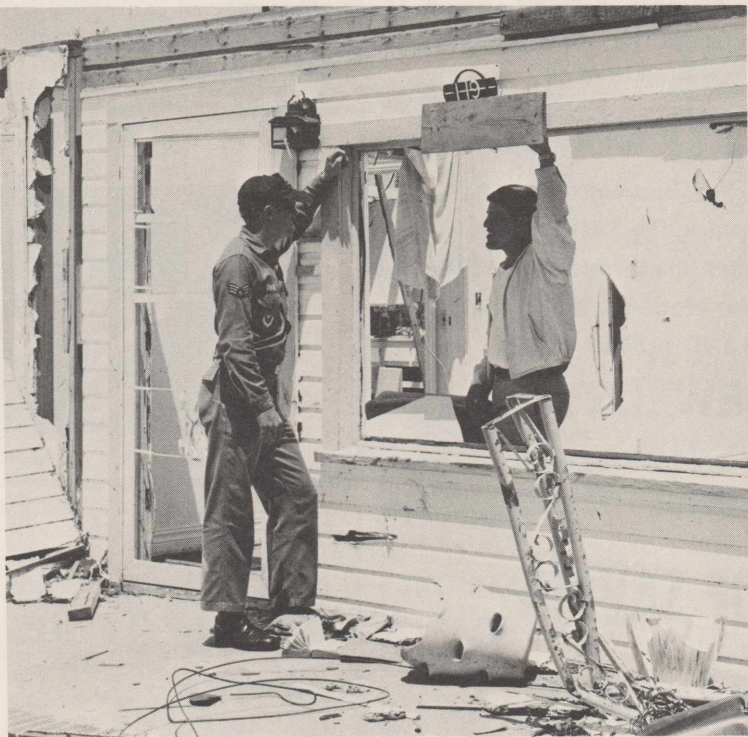
Although the emergency transportation operations at the Guadalupe Neighborhood Center were terminated last weekend, allowing Sergeant Diehl to return to his normal duties, it is doubtful that his efforts in the Guadalupe area will soon be forgotten. And after working 16 hours a day for three weeks at what surely was a most gratifying as well as fatiguing task, it is improbable that Sergeant Diehl will soon forget either.

Cyclists Earn Driving Honor

Two more Reesites have been cited for safe driving by Security Police. Sergeants Joseph D. Hamrick and Richard J. Grizzi, both of 3500th Air Base Group, were caught displaying safe, alert motorcycling habits over an extended period of time.

MSgt. J. W. McMullen, chief, Security Police operations, in issuing the May citations stated that both drivers "prove that motorcyclists do not have to be reckless."

The sergeants names were placed along with the names of those previously cited in a drawing for two dinners at the NCO Open Mess. Sgt. George W. Ebbinghaus, 3500th Supply Squadron, was the driver whose name was drawn.



ASSISTANCE OFFER—SSgt. Laurence D. Diehl offers assistance to a tornado victim who stands amid the wreckage of his home. Sergeant Diehl spent many such days in the Guadalupe area aiding tornado victims in recovering their belongings from the rubble of their homes and in relocating. (U.S. Air Force Photo)

General Selection Boards Set
WASHINGTON (AFNS) — An Air Force temporary brigadier general selection board will meet at the Pentagon Nov. 30 through Dec. 4.

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AFRICAN SOUVENIR—George Sturtz, right, and his wife, Heather, center, show an African spear which they brought home with them from their Peace Corps stint in Tanzania, East Africa, to honored guest Mrs. William W. Hosler Jr. following a recent Family Services meeting at which the couple were guest speakers. (U.S. Air Force Photo)

Husbands, Wives Encouraged To Attend Orientation Briefing

By Mrs. Marvin Eichmeier
Publicity Chairman

Each and every military wife and husband is invited by Family Services to attend the personal affairs orientation briefing Wednesday at 12:45 p.m. in Mathis Service Club.

Summer, as we all know, is a very busy time, but the value of taking time out to attend this orientation briefing has been graphically called to our attention over the past few weeks. Although this briefing cannot stop a natural disaster, it can and does inform military families how to go about getting assistance they need in the event of a disaster.

In some instances this briefing also eliminates a few of the

problems that may come up for the wife who has to face a husband's reassignment to a remote area.

The orientation itself covers medical care, survivor benefits, Air Force aid, financial planning, legal assistance, retirement and any other questions that you may have. It is the responsibility of every Air Force wife to be well informed of all matters affecting the security and welfare of her family and herself. This cannot be adequately accomplished without having available the information which will be presented in the personal affairs orientation briefing.

Free nursery service will be provided for those in need of it during the briefing.

Active Volunteer Earns Praise As Family Services Spotlight

By Mrs. Marvin Eichmeier
Publicity Chairman

The first of three spotlights for Family Services this month is Mrs. Teresa Weber, wife of Sgt. Daniel L. Weber, of the 2053rd Communications Squadron. Mrs. Weber began her Family Services work here at Reese in October 1969, when she became assistant publicity chairman. Since that time she has also worked at the Family Services Center, in the office and in the reading program.

After the new board assumed their positions in March of this year, Mrs. Weber moved to assistant welcoming chairman, as well as continuing her work in the office and in various committee jobs. Among the committees she has worked with were those dealing with the base orientations and Family Services open house. Soon after the tornado when the call came to aid in volunteer work, Mrs. Weber worked daily doing whatever was asked of her, in spite of the fact that she had to perform on crutches because of a badly sprained ankle.

Since joining the Family Services program she has received her name tag, pin, uniform and

100-hour guard. While working in these different areas Mrs. Weber has accumulated over 170 volunteer hours.

REMINDER: Family Services June board meeting will be held Monday at 9:30 a.m. at the Family Services Center. All volunteers and interested wives are welcome.



Mrs. Daniel L. Weber

WAF Birthday June 12
WASHINGTON (AFNS)—Women in the Air Force mark their 22nd birthday June 12. Local observances are planned at many bases.

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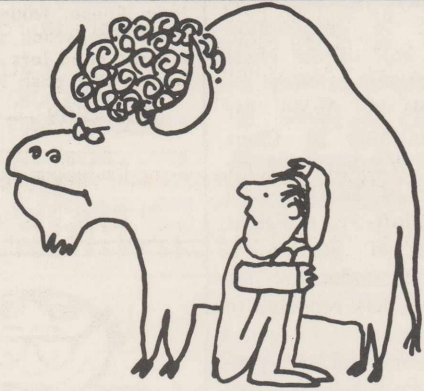
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MEDAL PRESENTATION—Lt. Col. Walter V. Ford, wing chief of Supply and commander, 3500th Supply Squadron, left, and Maj. Henry A. Proctor, 3500th Organizational Maintenance Squadron commander, read the citation which accompanied the Air Medal presented Major Proctor by the colonel in a May 28 ceremony. (U.S. Air Force Photo)

Service Club Sponsors Dance

Mathis Service Club will be the host at noon Wednesday for the personal affairs orientation meeting for newly assigned personnel.

Mathis Service Club will be operating under new hours beginning Wednesday, opening at noon and closing at 9 p.m. Mondays and Thursdays the club will open at 9 a.m. and close at 9 p.m.

The club will have a pool-dance and cook out at pool #2 June 14. Personnel expecting to attend are asked to sign at the club.

Other events for the week include:

Today — Table games, 7 p.m.
Tomorrow — Ping pong, TV games, 3 p.m.

Sunday — Coffee call, 2 p.m.; pool tourney, 3 p.m.; shuffle board, 7 p.m.

Monday — Ceramics, 9:30 a.m.; noon hour games; game night, 8 p.m.

Tuesday — Pinochle and checkers, ceramics, 7 p.m.

Wednesday — Personal affairs orientation, noon; ceramics, 7 p.m.

Thursday — Ceramics, 9:30 a.m.; shuffleboard, 7 p.m.; table games, 7:30 p.m.

Smash Musical Offered Week's Theater Goers

Drama, adventure, comedy and a spectacular musical will be featured at the base theater this week.

Tonight's attraction will be "Che." Starring Omar Sharif and Jack Palance in the autobiographical story of the Cuban revolutionary Che Guevara. The film is rated GP, all ages admitted with parental guidance suggested.

"The Lost Continent," will be featured as tomorrow's matinee. A return engagement, the film stars Eric Porter and is rated G, all ages admitted.

Tomorrow evening's feature will be the supernatural thriller "Equinox." The film stars Edward Connell and Barbara Hewitt in the tale of four teenagers who uncover some strange ancient books while searching for a missing archaeologist. The film is rated GP.

Joe Namath makes his film debut in Sunday's feature, "Norwood," which is based on a novel by Charles Portis, who also wrote "True Grit." The G-rated film also stars Kim Darby, Glen Campbell and Carol Lynley.

The week's feature attraction, "Paint Your Wagon," will be shown at the theater Wednesday and Thursday. The rollicking musical stars Lee Marvin, Clint Eastwood and Jean Seberg and is based on the Alan Jay Lerner-Frederick Lowe Broadway smash hit musical comedy. The film carries an audience suitability rating of GP.

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VOLUNTEER AID—Second Lt. George F. Moore, student in Class 71-02, right, helps SSgt. Laurence D. Diehl move some of the disaster relief supplies that have poured into Lubbock following the May 11 tornado. Lieutenant Moore was one of many Reese student pilots who volunteered off-duty time to help Sergeant Diehl at the Guadalupe Neighborhood Center. (U.S. Air Force Photo)

Pinkies Pantry Patter

By 2nd Lt. Michael L. Dodson

Look out! Just last Thursday the students of Class 71-08 began terrorizing the skies of Texas with their first rides in the Cessna T-41 Mescalero.

The students who were fortunate to get up the first day returned with smiling faces (some not so smiling) but wondering how they would master all the procedures and techniques their instructors had so easily demonstrated.

Since the tornado left us with only three operable aircraft, the Air Force had to fly in more, boosting the total to 12 planes

with which to work. The misfortune has failed to dismay 71-08's cadre as we were informed that we will be the first class to complete the undergraduate pilot training program in 48 weeks. (Eat your hearts out 71-07s, only one week behind you!) So, after only 16 short hours in the T-41, we will move on to the second phase of UPT, the loveable Tweet.

Included in the original class of 83 men who reported May 20 are three students from Denmark, one from Iran and one from the Republic of South Vietnam.

Tweety Topics

By 1st Lt. Frank Chuba

Local boy makes good! After a whirlwind tour as squadron scheduler, Capt. Gerald "Speedy" Gonzalez has moved into chief of flight management, deputy chief for Operations. The new squadron scheduler is Capt. Larry Cary.

The wives of Class 71-06 were treated to a gala welcoming and orientation by the members of C Flight today. The ladies were given a tour of the facilities including mobile control, synthetic trainers and a real C Flight briefing. The tour was conducted

by 2nd Lt. Robert A. Corson. A poolside picnic in conjunction with the other half of the class topped off the day's activities.

The first day of flying for Class 71-07 was May 28. Class leader is Capt. William F. Lohr and the leader of Section I is Capt. Karl J. Pfaff Jr. A Flight is the recipient of Section I, while Section II, under 1st Lt. Dean E. Metzgar, has reported to E Flight.

Second Lt. Henry DeLisle (pronounced dee-liss'-ul) was the originator of last week's quote. This week's quote: "Super-good."



Student Pilots Spend Weekend Treating Area Boys To Outing

By 2nd Lt. Keith Cotner

Members of Class 71-05 played "big brothers" to a group of fatherless boys May 23 by hosting them to a weekend of camping in the wilderness of Lake Alamogordo, N.M.

Thirty lieutenants from Section I joined thirty boys from the Big Brother of Lubbock, Inc., for the outing. Many of the boys had never experienced that type of outing before. It included fishing, hiking, swimming, boating and water skiing. The boys as well as the student pilots found sleeping under the stars and the taste of food cooked outdoors enjoyable.

Equipment for the group was furnished by Sgt. Don Graves of the Personnel Services supply section. Sleeping bags and other equipment were furnished for 75 people.

"This was a great opportunity for the boys, especially to have male companionship for a few days," said Bob Richards, administrator of the Lubbock organization. Ranging in age from 8 to 13, the boys are waiting to be assigned big brothers in the organization. Second Lt. Art Plummer was instrumental in working with Mr. Richards to find the boys for the group.

The camping trip came about

through the idea that Class 71-05 wanted to do something for the community and at the same time get away from the pressures of training for a few days. The weekend, as it turned out, was personally beneficial to both the boys and student pilots.

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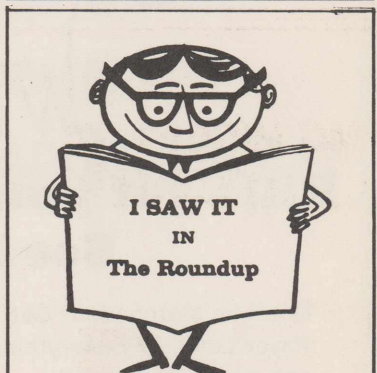
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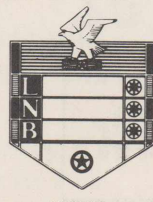
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Answer To 'Bugged' Photo

For those readers still puzzling the base photo lab has provided about the "bugged" photo ap- the answer. The bug was inside pearing in last week's Roundup, the camera, on the film.

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Base Tournament Set In Late June

This reminder to base golfers: the base golf tournament, to determine the base champion and establish a golf team for Reese to play in the Air Training Command tournament, is scheduled over the last two weeks in June. Please make your plans accordingly.

Entry fee is free. You must play two rounds of 18 holes each during the week of June 14-20, another two rounds during the week of June 21-27, with Sunday, June 28, reserved for make-up matches.

Reese Rattlers Open Season

The Reese Rattler softball team found the home grounds friendly indeed as they opened the first week of City Independent League play with two victories on their home field.

The Rattlers blanked Cannaday Chemical Co., 19-0 in their first game, May 19. TSgt. Stan McKenzie combined with SSgt. Jim Modlen for the one-hit shut-out. The combination pitching job also produced the maximum possible strikeouts in a game called after four innings because of a time limit. Sgt. Ron Ches-shir's second inning grand slam home run paced the Rattler hitting attack.

Sergeant McKenzie returned to the mound for the Rattlers May 21 and twirled a two-hit shutout against the Luggage Shop in a game shortened to five innings because of the 10-run rule. Sergeant McKenzie recorded 10 strikeouts enroute to the victory. The Rattler hitters again enjoyed a fine night with Sgt. Ken Hyde leading the way with a bases-loaded double.

Golf Tourney Opens Today

A shotgun start is due to launch upward to 64 two-man teams in a quest for fame and glory today over the Reese AFB golf course as the three-day Reese AFB Partnership Invitational Golf Tournament gets underway.

Yesterday, some of the golfers entered played a round as individuals in search of medalist honors, the winner of which receives a dozen golf balls.

Today's round is entirely open, with all teams playing their first 18 holes of play. Tonight, using today's scores, the teams will be placed in flights and will play throughout the remainder of the tournament—tomorrow and Sunday—within their own respective flights.

Also on tap tonight is the traditional cocktail party - buffet which contestants and their wives or dates are invited to attend.

Winners within each respective flight will receive merchandise prizes. Each member of the winning team will receive \$100, sec-

ond place winners \$75 and third place winners \$40.

In order to accommodate all the teams on the nine-hole course, all starts will be of the shotgun variety, with two teams starting on each of the nine holes. Two flights will get off this morning and two this afternoon.

As of the Roundup's deadline Tuesday at noon, there were still a few vacancies open. If you are interested in playing in the tournament, please call host golf pro Ken McGuire at the Reese golf course, 885-4511, ext. 2412.

Reese Riders Display Talents In Exhibition

More than 300 horsemen from Texas and New Mexico competed for prizes in the first Memorial Day Horse Show sponsored by the Reese Riders.

Termed a "tremendous success" by MSgt. Michael DeRosa, the show drew contestants from as far away as Carlsbad, N.M., and Roswell, N.M., as well as area horsemen. It was hailed as one of the largest shows held in the Lubbock area.

The entries were divided into a total of 24 classes ranging from western equitation to working hunter. Tack items for first place and ribbons through six places were awarded with an all-around horsemanship trophy awarded to the junior rider accumulating the most points.

Reesites showed well in the competition, winning 23 ribbons. Those placing in the show include Debbie DeRosa, Mike DeRosa, Scarlet DeRosa, Carolyn Severns, Nancy Deucker, 1st Lt. Pat Demerath, Cathy Woodward, Michelle Couch and Melodie Danhof.

Football Queen To Sell Tickets

Miss Barbara Specht, college football's centennial queen, will visit Reese June 12 from 1 p.m. to 4 p.m. at Mathis Service Club to sell tickets to the Coaches' All-America football game.

The game, which is slated for 8:30 p.m. on June 27 at Texas Tech's Jones Stadium, is being sponsored jointly by the Lubbock Chamber of Commerce and area Lions Clubs with the profits going to the Crippled Children's Home in Kerrville, Tex.

Prices for the event are \$6 for reserved seats, \$3 for south end zone seats and \$2.50 for the grassy area at the stadium's north end.

Intramural Softball Continues

Eight more games are scheduled for next week in intramural softball at the base softball field. The schedule for the week will be:

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Tuesday — Class 71-02 vs. Class 71-03, 6:30 p.m.; 3500th Hospital Squadron vs. 3501st Pilot Training Squadron, 8 p.m.

Wednesday — 3500th Air Base Group vs. 3500th Field Maintenance Squadron, 6:30 p.m.; 3501st PTS vs. Class 71-03, 8 p.m.

Thursday — Class 71-02 vs. 2053rd Communications Squadron, 6:30 p.m.; 3500th Supply Squadron vs. 3500th PTS, 8 p.m.

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Conditioning Needed Prior To Aerobics Participation

By Capt. (Dr.) Keith L. Ritchie
Chief Military Public Health/
Flight Medical Officer

Recently aerobics has become an American household word representing a scientifically developed approach to physical conditioning and revered by many as the solution to many of the ills of the affluent, over-fed, overweight, over-stressed, over-nicotined, over-caffinated, under-conditioned American. The aerobics program was developed and made popular by the work of an Air Force flight surgeon and for the past several months has been the official physical conditioning program of the Air Force.

Without any doubt, the aerobics physical fitness program, if consistently practiced and pursued as directed in Dr. Kenneth Cooper's book, "Aerobics," or in Air Force Pamphlet 50-56, will increase one's physical and emotional well being. It is a well accepted fact that the physically conditioned body is less susceptible to heart and vascular disease, to high blood pressure, to diabetes, to stress and nervous tension, to the effects of hypoxia, to obesity and probably to many other ailments. Although enthusiasm varies, no one can deny the benefits derived from aerobics conditioning.

However, under certain conditions, participation in the physical conditioning program can be extremely dangerous and can even result in sudden death. The first

19 pages of AFP 50-56 clearly states the ground rules which must be followed in the aerobics program. If you are not familiar with these rules and do not adhere to them, you may be subjecting yourself to dangerous risk. Proper motivation is the most essential individual factor for successful and safe participation in the aerobics program. Unfortunately in an obligatory program such as ours, motivation is the scarcest of attributes. For example, it is increasingly obvious that a very small minority of Air Force personnel are actually following the prescribed program. The majority are reporting for their aerobics test in a severely deconditioned state. They then produce a maximal effort, often to the point of severe exhaustion. At this point the heart has been placed in a position of dangerous compromise and the risk of a disastrous termination is unnecessarily high.

For example, a young Air Force sergeant recently reported to the hospital emergency room complaining of chest pain. Earlier in the day he had taken his aerobics test. He was somewhat obese and had had minimal prior conditioning. During the test he became severely exhausted and nauseous. Excessive tiredness persisted into the evening and chest pains developed. This is not an isolated case, but is typical of many being reported. In a number of incidents which have

been reported around the country, the progression of events was very similar, but the terminal event was sudden death.

Because we are intensely concerned about the manner in which the aerobics program is being abused and because we would like to prevent any more catastrophic events from occurring, the following suggestions are offered:

1. The aerobics test is not a test which one passes or fails. If you crawl the 1½ miles and take three days to complete it you will still have passed the test. You will know, however, that you are in less than the best physical condition. Herein lies the usefulness of the test; it is an indicator to inform you of your physical condition and a measure of your progress. If you have not been conditioning, don't expect the test to show that you are in good condition or that you are progressing. "Attempting to achieve any fitness category on the test without adequate preparation is unwise and possibly harmful." (AFP 50-56)

2. Do not rush your conditioning response. If 10 minutes after exercising you are still excessively fatigued or have a pulse rate faster than 100 beats per minute, you are pushing too hard.

3. Warm up for 5 to 10 minutes before exercising.

4. Always taper off after exercising. Five minutes of walking at the temperature at which exercise was performed is recommended.

5. Never work out sooner than 2 hours after meals.

6. Wear light, loose clothing. Don't work out in extremes of temperature.

7. Never exert to the point of severe breathlessness, light headedness or nausea. Any sensation of pain in the chest is an indication to stop.

8. The existence of one or more risk factors such as diabetes, smoking, obesity, high blood pressure, family history of heart disease and age over 30 years makes a properly controlled exercise program even more important. However, in the presence of these factors, one must be extra cautious and even seek a physician's advice and direction before proceeding with his aerobics.

9. Be consistent: To maintain an adequate training response, you should exercise at least four times weekly.

Aerobics can be fun and be the means for physical and emotional rejuvenation. Your participation is strongly encouraged. Please however, follow the rules established for your safety. Honor the suggestions above and become familiar with pages 1-19 of AFP 50-56.

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Family Services Disaster Aid Helps Area Tornado Victims

By Mrs. Marvin Eichmeier
Publicity Chairman

Soon after the devastating tornado hit Lubbock May 11, the Family Services volunteers aided by other military wives went into a state of complete readiness. Family Services first set up a relay point at the center the morning of May 12 and sent out a call for donations to all Reesites. Within a 48 hour period almost every military family had complied with the call. The families gave their time, work and donations of everything imaginable. In the meantime military and Family Services personnel were communicating with any victim who could be reached to inform him of services available, to tell him that Family Services was being used as a check-point for donations of such things as food, clothing, toys for children and to answer questions. In many cases there was transportation available for those who were without transportation. The volunteers at the center in several instances took donations from many of the wives to help with the necessities for light housekeeping for victims. Many

volunteers babysat for victims, did washing and ironing on items that could be salvaged, fixed hot meals and opened their homes to persons needing housing.

Many wives volunteered to work at the coliseum and in the Guadalupe area doing whatever they could to be useful. Wives and husbands went down to the Salvation Army and sorted clothing and distributed items to families in the stricken area.

Family Services also aided in very unique ways: they helped locate military personnel to man the Air Force trucks loaded with supplies for the disaster area. Family Services also found people to donate their pick-up trucks for use wherever needed downtown.

In the first week of the disaster as many as 90 wives aided in countless ways whenever and wherever they were needed. These included keeping the center open from 7:30 a.m. to 9 p.m., relaying information, handing out supplies to 18 military families who came to the Family Services Center for assistance and providing useful aid in general to countless others.

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