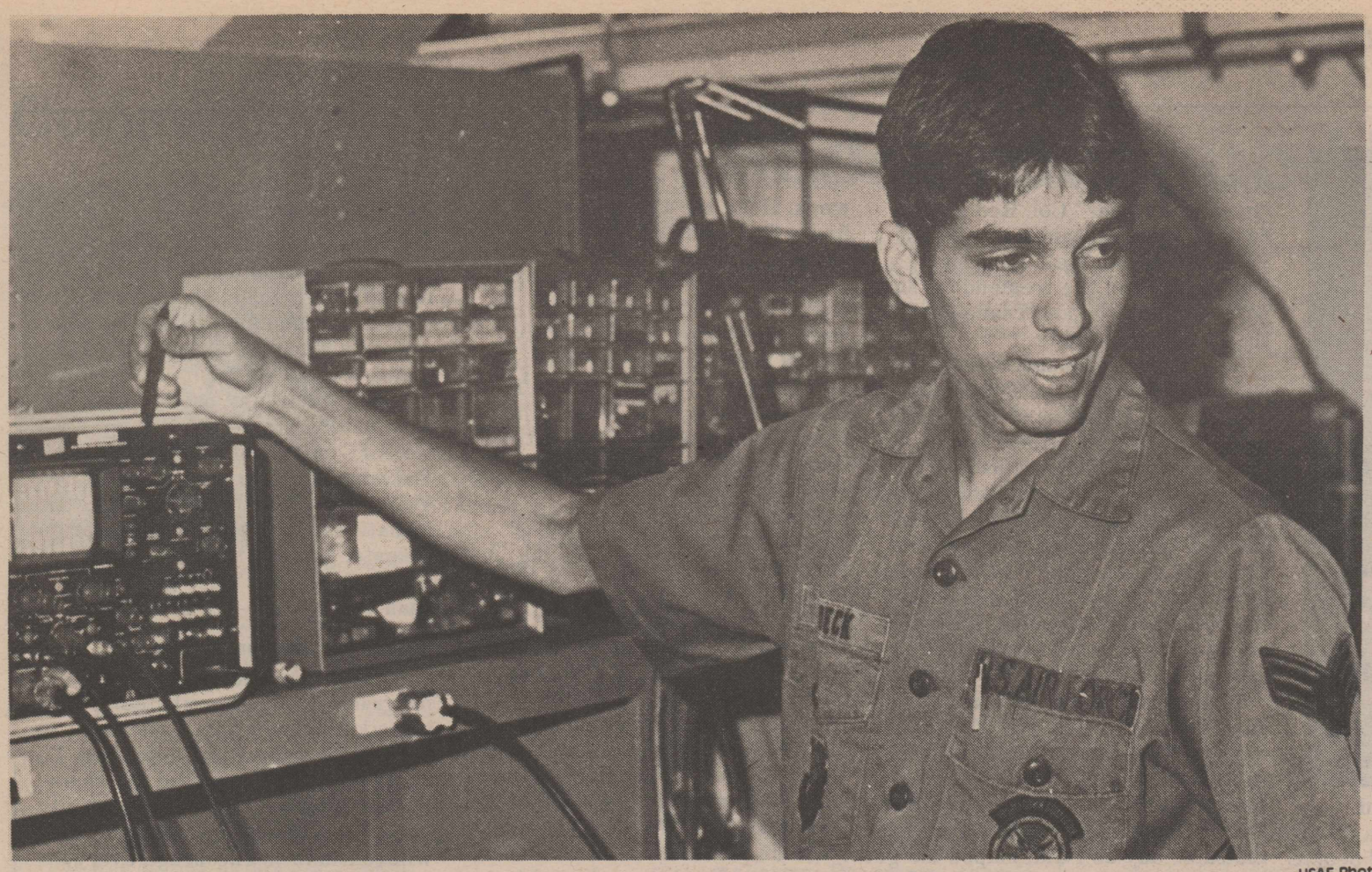


A1C John Boeck explains wave-form patterns. Airman Boeck was the 1958th Information Systems Squadron's Airman of the Year. He works in the radio maintenance work center of the squadron.

USAF Photo

The Roundup

Friday, January 24, 1986

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Serving the Reese Community Since 1948

Air Force completes safest flying year ever

WASHINGTON (AFNS)—"The Air Force just completed the safest year of flying in its history," said Gen. Charles Gabriel, Air Force chief of staff.

"The 1985 record-setting rate of 1.49 major flight mishaps per 100,000 flying hours is 14 percent lower than the previous record established in 1983—1.73. With 1984's rate of 1.77, the Air Force completes the third consecutive year with rates below 2.0"

General Gabriel attributes this year's record to exceptional accomplishments in virtually every facet of the flying operation. Notable among these were the all-time low number of logistics-related mishaps, the zero-mishap rate for the bomber force and, for the sixth consecutive year, a record-setting low fighter and attack aircraft accident rate.

Pacific Air Force led the way with no aircraft losses. Tactical Air Command and United States Air Forces in Europe also ended the year with all-time low rates of aircraft mishaps.

While compiling the 1985 record, the Air Force flew more hours of realistic training than any previous year, yielding higher levels of combat readiness. Significantly, this record occured while flying nearly 3.5 million hours.

For purposes of comparison, in 1978 the major flight mishap rate was 3.16. Had that rate continued, an additional 230 aircraft would have been lost over the last seven years at a cost of over $1.3 billion, not to mention the major implications in terms of loss of life, decreased combat capabilities and impaired national security.

According to General Gabriel, "The Air Force is performing its mission more safely than ever before and is achieving greater combat readiness."

Flat rate per diem test is back

DENVER (AFNS)—Air Force has reinstated its flat-rate per diem test for all TDY travelers.

Recent legislation signed by the president authorized continuations of the full test for military and civilian travelers, according to Accounting and Finance Center officials.

Under the flat rate concept, travelers are paid based on the locality rate for the area where the TDY is performed, rather than for actual expenses.

Officials said receipts are not required for meals and lodging and no statement of actual expense must be filed with the travel voucher. However, receipts are still required for non-per diem expenses such as transportations and other miscellaneous expenses when they exceed $25.

Computations are based on whether a day is considered a travel day or a stationary day, officials explained. Rates for the travel day are determined by when the travel begins and where the traveler is at midnight on that day.

Once the traveler arrives at the TDY location, the stationary rate begins. Travelers can determine their entitlement for stationary days based on whether government quarters and meals are available, officials added.

Statements of non-availability are still required for military people to get off-base rates. The law also requires payments to enlisted people be reduced by the amount of separate rations, officials said.

Briefly at Reese

Tax forms available at the library

The library now has the 1985 Federal Income Tax Reproducible forms. A coin operated copy machine is available for use. Other tax publications available are: 1986 Financial Planning Guide for Military Personnel, 1986 Income Tax Guide for Military Personnel, Tax Guide for Small Business, Tax Information Publications, Employers Tax Guide and Farmers Tax Guide.

The Library is presenting a video series on World War II Monday-Friday, from 11:30 a.m. to 12:30 p.m. daily. The "Project Warrior Brown-Bag-It Lunch Videos" will include: Monday—"Prelude to War"; Tuesday—"The Nazi Strike"; Wednesday—"Divide and Conquer"; Thursday—"The Battle of Britain"; and Friday—"The Battle of Russia". In February, the series will continue with "The Battle of Russia, Part II", "The Battle of China" and "War Comes to America".

Storyhour continues Wednesdays from 10-11 a.m., and 12:30-1:30 p.m., with stories, movies and crafts.

Bowling

The Base Team Roll-Off to select members of the base bowling team will be held Feb. 1, 2, 8 and 9. Participants must be active duty military personnel. Team members will compete at Chanute AFB, Ill., April 14-17 for the ATC Championship.

February Specials:

Ground Hog Day Special: Feb. 2, bring a shadow with you and get two dinner specials for the price of one!

Valentine No-Tap Tournament: Feb. 15, 7 p.m.

Super Saturday: Feb. 22, bowl three games for only $1, all day.

Birthday Special: If your birthday is in February, you can bowl three games free!

Lunchtime Special (weekdays only): Bowl between 11 a.m. and 1:30 p.m., three games for $1.

Red Pin: On Saturdays and Sundays, when the head pin is red, get a strike and get that game free!

T.G.I.F.: Fridays, after 9 p.m., 50 cent games!

CCAF paperwork

Students who plan to get their Community College of the Air Force diploma this April must have the necessary graduation paperwork into the school by Feb. 14.

CCAF counselors at the base education office can help students meet the deadline, school officials said. CCAF officials stressed that late documents may delay graduation until next fall.

Pool Tournament

A pool tournament will be held at the Mathis Recreation Center tonight, at 6 p.m. Competition will be eight-ball, single elimination. Eligible par-

Continued on Page 4

As I see it



John Madden, past Oakland Raider football coach, once said that there are only three kinds of people in the world:

1. Those that make things happen,
2. Those that watch things happen,
3. Those that don't know anything is happening.

Fortunately for us, Reese is full of the first type—**those that make things happen.** A couple of nights ago, I was asked what it was like being the wing commander of Reese. I said that "I have to run like the devil, for fear that the crowd of 'movers and doers' here will run right over the top of me." One such "mover and doer" Col. Rod Dale, 64th FTW/DCM, said farewell last Saturday night. We'll miss his leadership, and the tremendous support that both he and Diane gave to the Reese community.

Another maintenance hero last week was CMSgt. Joe Dykes (**not** Stokes, as I absentmindedly called him). Through his efforts and keen planning, only 10 Reese-owned T-38's have serious flight limitations imposed by headquarters, after a recent accident at Columbus. He saw to it that, unlike other UPT bases, Reese birds were ahead of the game getting the beefed-up wings. Our training continues; other bases are hurting.

I wandered up the 72 steps to have a cup of coffee with the tower folks on Tuesday. SSgt. "Guss" Gustafson, the shift supervisor showed me the operations, and A1C Becky Ennon, who arrived at Reese the same day as I did, helped me get used to the radio equipment. The old fashioned radio headsets that cover the ears are gone—nowdays tower operations use a very light-weight apparatus that plugs comfortable into one ear, ala Walkman technology. I was impressed with the professionalism of the team. What these folks do is absolutely critical to a successful and **SAFE** flying mission.

Report of the ATC Commanders' Conference.

Gen. Iosue pulled together all his center and wing commanders last week. Here are a couple of one liners that came out of the excellent sessions there:

1. MCI exercises are going to be more "realistic." Ops and Maint get ready to "surge." You mobility troops may have a chance to play it for real one of these times. ATC has plans to select some teams, and give them actual travel orders & tickets. They'll perform TDY functions overseas—for real.

2. **Safety,** all kinds, will be a keynote issue in 1986. The AF is looking to improve upon its 1985 flying safety record, which was the best in history. At Reese we need to improve our vehicle accident rates.

3. The T-46 issue is still very much unresolved. Col. Bob Hullender—you remember—gave a fantastic status briefing on the subject. I invited him to Reese to present the same briefing to all of you, and he agreed. We'll let you know when and where.

4. Reese has been selected to test some changes to the T-38 Syllabus. One change requires the student to get his formation check before his contact check, and another restructures academic training. We should start as early as March.

Overall, the commander of Air Training Command applauds you for the outstanding success of 1985. We can be proud of our accomplishments, and look forward to an even better 1986. Let's set our sights on the many challenges ahead.

Challenges 2025

Gen. Iosue has asked all of us to "put on our thinking caps" and help identify future challenges for ATC. This is an opportunity for everyone to look ahead and anticipate changes in the way we do business. We'll collect your ideas and use them as the raw material to help develop a better ATC in the future. Today's **Roundup** contains an article, **Share Your Good Ideas,** which explains the initiative. I urge all of you to participate; you can help shape the future. You have more good ideas than you realize—we need them!

Model Installation Program

A Plug. The success of the MIP program continues unabated. Great ideas keep flowing in. I just want to thank all of you. **For the Record,** I am personally committed to achieving the highest level of productivity across this Wing's operation. And I will continue to encourage every member of the Reese community, both military and civilian, to look for opportunities to improve the processes, products and effectiveness of his or her organization. Be being innovative and creative, and by aggressively pursuing goals of excellence, we not only help ourselves and get the mission accomplished better. But we also get full value from the funds entrusted to us by the American taxpayer. **As I See It,** that is worth our every effort. Let's make the most of MIP!

Careline

The CARE Line is prepared by Col. James McIntyre, 64th Flying Training Wing commander, on a weekly basis. All information provided to the CARE Line will be held in strict confidence. Callers are urged to give their name and duty telephone number so that a personal reply may be made; however, neither are mandatory. Callers should use the CARE Line only after all possible means to air their views or complaints through the chain of command have been exhausted. The CARE Line number is 885-(Ext.) 3273.

Club bugs him

I've been at Reese for about a year and I have two questions about the management of the officers' club. First, I was wondering if anything can be done about the bugs on the shelf in the back room? Second, I'd like to know if it's true that some of the people who work in the back room do not have health cards?

Based on the awards showered on the club and its staff during the past few years you may rest assured that the club is effectively managed—as well or better than any other Air Force club. The base commander assures me that there is no problem with bugs in the "back room" and all the club staff who require health cards have them before beginning work. The hospital's environmental health staff makes sure of that with monthly or more frequent inspections of the club's total food operation. I am convinced that we here at Reese are fortunate to have two fine club facilities run by outstanding staffs. Thanks for your concern.

Thanksgiving food baskets

Prior to Thanksgiving we had an incident whereby a deserving family could have been denied a holiday gift basket certificate based on an anonymous call to the CARE Line.

The anonymous woman caller had her facts mixed up and a review of the facts with the recipient's foreman, superintendent and first sergeant showed that without a doubt the family in question did deserve to participate in the Holiday Food Program.

An important thing to remember is that things aren't always what they seem to be on first impressions. The system we had set up to select deserving recipients for the Holiday Food Program worked well. The Base Chapel staff and the others involved did an excellent job. We are all thankful that such a helpful program is available here at Reese.

Heavyweight concern

I have a concern with the weight program. I see some senior NCOs and officers on base who do not comply with the weight standards according to 35-10. Either we should all be forced to comply with the program or we should all be able to get fat.

Thanks for your input. For your information however, the Weight Management Program (WMP) is covered in AFR 35-11, not AFR 35-10. This program is near to my heart and needs continual emphasis. Presenting the proper Air Force image is an important part of our job. I made this a top subject at our recent commanders and first sergeants meeting. I outlined my policies in three statements—which are nothing more than the current procedures, and the Air Force policies.

1. If any individual is, **at any time,** over his/her maximum allowable weight, he/she will be entered into the WMP.

2. Commanders will make every effort to insure "satisfactory" progress for his/her people in the WMP. The folks that **appear** overweight, will be treated the same as those who are overweight.

3. The program has a system for dealing with personnel that don't comply, and I expect commanders to use it as appropriate.

And remember, as in the Food Basket situation mentioned above, Unless you have personal knowledge of each situation, you don't know that the senior NCOs and officers you are referring to are not already on the WMP.

News Coverage Priorities

An NCO Leadership School graduation appeared on page 12 of the Roundup one week and another week an NCO Preparatory Course graduation showed up on page one. I think it should have been the other way around. Leadership School graduation is more prestigeous than Prep Course graduation. Are the Roundup priorities wrong?

A great many factors are involved with determining where a story goes in any issue of the Roundup. While most people consider the Leadership School to be more prestigeous than the Prep Course, each story must compete independently with many other news items during the week in which they were published. It's a judgment call which I leave to our talented PA staff. In the cases you refer to, a number of items significant to all base personnel moved the NCOLS story to page 12. When the NCOPC graduation came along, it was one of that week's top three stories and wound up on page one. A matter of timing, which affects every TV broadcast and every newspaper in every city in the world. What's new?

Trim trees please

For more than four months, I've been trying to get two trees in my neighbor's yard and two in my yard in base housing trimmed. They overlap and you can't grow grass under them. There are bird droppings all over the sidewalk and when it rains, we have a problem with kids tracking mud around. I've talked with housing referral and CE. I'd like to keep my yard looking nice like everyone else. Can you help me?

I have seen that your problem was looked into and you are right. The CE Roads and Grounds Section will either prune or remove those trees before the spring growing season gets here. Thanks for the call!

"Serenity is knowing that your worst shot is still going to be pretty good."

—Johnny Miller, golfer

64TH FLYING TRAINING WING

Roundup

The Roundup is published by Barron Publications, a private firm in no way connected with the U.S. Air Force, under exclusive written consent with the 64th Flying Training Wing, Reese AFB, Texas. This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S. military services. Contents of the Roundup are not necessarily the official views of, or endorsed by, the U.S. Government, the Department of Defense, or the Department of the Air Force.

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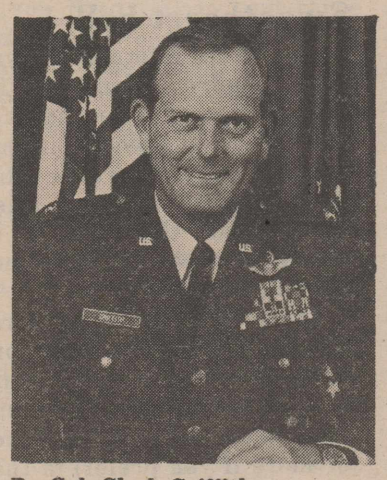
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Reese AFB Editorial Staff:

Wing Commander . . . . . Col. James McIntyre
Chief of Public Affairs . . . . . Mr. Bill Tynan
Editor . . . . . A1C Ken Carlson
Staff Writer . . . . . Amn. Greg Spraggins

Commander's column



By Col. Clark Griffith
64th Air Base Group, Commander

Fiscal Year 85 is now history, and the era of energy conservation has ended. The 10-year period from FY75 through FY85 emphasized the need to conserve our natural resources used for energy. Reese's goal during this period was to use 20 percent less facility energy, and have zero growth in ground and aircraft fuels. Reese far exceeded their FY85 goals by using 26.2 percent less facility energy, 10.7 percent less vehicle fuel, and 7.8 percent less aircraft fuel.

As we begin FY86, we have changed the concept of energy usage from conservation to efficiency. Our FY86 goals, zero growth from FY85 usage in facility energy and zero growth in fuels usage from FY85 will be structured toward more efficient use of all forms of energy. **Our energy charter for FY86 is to meet our energy goals by using our energy resources in the most efficient way possible.**

Through the first quarter of FY86 Reese is +11 percent over their facility energy goal, −6.3 percent below their ground fuels goal and +6.8 percent above the aviation fuels goal. Reese did well in all areas in FY85, but FY85 is history. We must realize that where energy/efficiency is concerned, the future is now. We cannot rely on past successes or future promises to assure us of the energy supplies we need for the present.

Let's continue to be energy conscious as we put the finishing touches on our preparation for the upcoming MEI. Remember, every MEI inspector is an Energy Inspector. Let's make sure that we don't embarrass ourselves or our commanders by letting down our energy guard now or during the MEI.

Share your good ideas

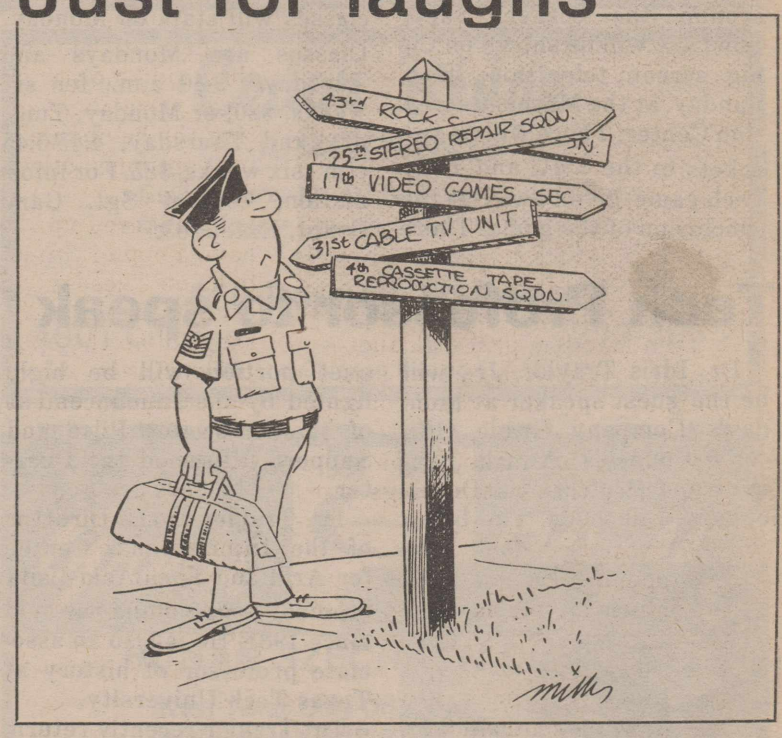
By Lt. Col. Mitch Slater
35th Flying Training Squadron

In 1926 the inventor of the vacuum tube, Lee De Forest, made the following statement, "While theoretically and technically television may be feasible, commercially and financially I consider it an impossibility, a development of which we need waste little time dreaming." Not very farsighted was he?

In an effort to be more forward thinking than Mr. De Forest, HQ ATC is looking for innovative ideas from people across the command. The goal of this effort called **Challenges 2025** is to stimulate and capture creative and innovative approaches to meeting future mission requirements. Like our Suggestion and Model Installation Programs, there's opportunity for participation from the lowest ranking airman to the highest ranking officer. Unlike either program, we're asking you to look more toward the future. Examples might be, "What will be ATC's training requirements to support the Air Force space mission?", or, "How will we protect our training equipment to ensure maximum use from it?"

So what do you have to do? It's easy, just jot your thoughts down on an idea worksheet. Where do you get one? Call me at ext. 3841 and I'll bring one to you. Your name is optional. As the wing project officer for this effort, let me assure you that the command **will** listen to your ideas or thoughts about the future challenges facing ATC. Every idea is a good idea—it's just a matter of timing—now is the time. Share them!

Just for laughs



If you could hear what I hear

By A1C Ken Carlson
Editor, the Roundup

If you could hear what I hear every day you would be either: 1. flabbergasted, 2. surprised, 3. upset, 4. mad, or 5. scared. Personally, I would choose scared.

I've carried a scanner for several years, as a civilian newspaperman and during my time in the Air Force. But only last year did I acquire a radio that I could program in and listen to almost any frequency I wanted to. Please note that I purchased the radio in Lubbock and it didn't cost all that much.

Since that time I've noticed several things that are worth mentioning. First and foremost: Anything that is broadcast can be picked up. This includes all radios and bricks, the paging systems, aircraft, ham radios, space shuttle flights and even mobile and cordless phones.

Cordless phones

What finally made me write this article was when I discovered that cordless phones could in fact be monitored. I found that out when I was home on leave and a friend of mine, a journalist for the town paper, had acquired a frequency for my dad's real estate business. The problem was my dad didn't have a radio. After asking him about it he said it was indeed my dad's cordless phone; and noted that he could listen to business conversations. He assured me that the frequency was not programmed into his scanner.

I began fiddling with my scanner and soon was able to tap into cordless phones. I figured that if I could do it, anybody could, and that it was time to let people know that the cordless phones they receive for Christmas weren't that great of an item.

Now before anyone goes to screaming about infringement of privacy, let me assure you that someone would have to be within a block of your home to pick up any conversations, and that I will not under any circumstances give even the frequency band for cordless phones out to anyone.

Another thing about cordless phones that should be mentioned is that they can be used to make calls on other persons phone lines. Although this is obviously illegal, it can happen when anyone with a cordless phone goes into the vicinity of another cordless phone base station and begins making calls. But again, the vicinity is rather restricted, and the cordless phone frequencies must match exactly.

Base radio transmissions

When it comes to radios on base, realize that there is a pretty good chance that someone is listening to you on a scanner. The frequencies are not hard to get, and some are even published in books.

Also, talking around any subject won't stop someone with a scanner from understanding what you're talking about. If another agency is also talking around a subject, combining the information from both will give a scanner-carrier a good idea of what is going on. And as a matter of record, I could listen to 16 agencies simultaneously.

Again, these radios are available commercially, and are indeed abundant in the Lubbock area. But there are laws regarding the use of scanners.

Scanner law

It is a federal crime, with severe punishment and/or fines, to divulge what you hear to anyone who is not a party to the broadcast; to make use of any broadcast information for your own personal gain; to make use of any broadcast information for illegal purposes or to commit a crime. Any such violations may be investigated by the FBI and prosecuted by the U.S. Department of Justice.

Note that this law does not always protect your conversations, and individuals who hear the conversations may ask questions about something "that they heard recently."

Above and beyond COMSEC, just knowing that people are listening to your conversations may help you to decide what you really want to say over the radio.

I just thought it was time you were given the bare facts, the whole truth and nothing but the truth.

What violates COMSEC?

MSgt. Michael Galvin,
Base COMSEC Officer,
1950th ISS

We all know that classified information cannot be transmitted by insecure means. Still, COMSEC violations happen and the majority of these violations occur when people discuss classified or sensitive information on office telephones or intra-base radios.

We have a continuing education program designed to keep everyone aware of the vulnerability of our communications to intercept. In addition, each organization is responsible for establishing Essential Elements of Friendly Information. These EEFIs are intended to make people aware of the types of information they may come into contact with which should not be transmitted by any unsecure means. Examples of these EEFIs are:

- Disclosure of defense readiness posture (DEFCON) or changes thereto
- Wartime mission and deployment locations of aircraft
- Specifics of Base Mobility Plans, Confrontation Management Plans, Resource Protection Plans, Disaster Preparedness Plans, or any other classified or "For Official Use Only" plans.
- Number, strength and readiness of mobility teams
- Dispersal locations for aircraft, resources and personnel

Everyone is responsible for being aware of EEFIs which pertain to their particular job.

Despite all these efforts, COMSEC violations still happen and the majority of these violations occur when people discuss classified or sensitive information on office telephones or intra-base radios. In some instances, one piece of information, by itself, does not fall into the category of classified or sensitive. However, when put together with other pieces of information, unauthorized persons can easily form a very clear picture of a classified or sensitive operation.

The solution to this problem should be clear. Know what is sensitive or classified about any project you are working on. Apply appropriate security measures to protect the information you are entrusted with. Do your part in maintaining good security by practicing good COMSEC every opportunity.

Kudos To

Captains McMurry, Adams, Hills and Ruth for their outstanding writing, briefing, and leadership skills they demonstrated at Squadron Officer School in Class 86-A—from Col. Paul E. Landers, commandant, Squadron Officer School, Maxwell AFB, Ala.

Second Lieutenant Frank E. Fields for his designation as Top Graduate of Class 86-02, Air Training Command Pilot Instructor Course—from Col. Ralph Rohatsch, commander, 12th Flying Training Wing, Randolph AFB, Texas.

Briefly

Continued from Page 1

ticipants will be active military only. Prizes and awards will be presented by Coors. They include: Eight-ball certificates for all participants, trophies, phones, pool cues and thermal steins for winners. For more information, call Ext. 3787.

Billards championship

The first major sporting event of the new year is just around the corner. Super Bowl XX will be shown on the big screen television, noon, Sunday, at the Mathis Recreation Center. There will be two tickets to the SMU and Texas Tech game given away at the conclusion of the game. There will be free pop-corn. For more information, call Ext. 3787.

Pinochle tournament

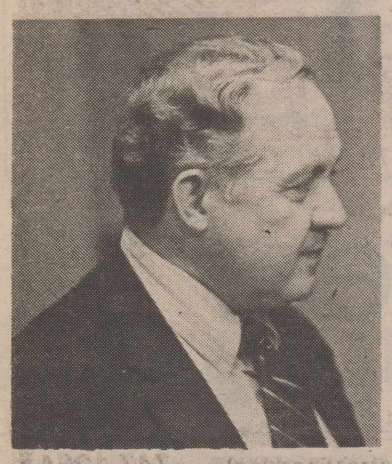
Pinochle tournaments are held every Tuesday, 7 p.m., at the Mathis Recreation Center. For more information, call Ext. 3787.

Aerobic classes

Ladies aerobic exercise classes will start on Monday. Classes are Mondays and Tuesdays, 9-10 a.m., for six weeks, $20, or Monday, Tuesday and Thursday, 4:45-5:45 p.m., six weeks, $25. For information, contact Sgt. Gary Grant, Ext. 3783.

Tech Professor to speak

Dr. Idris Traylor, Jr., will be the guest speaker at Monday's Company Grade Officer s Council's Award Banquet and Professional Development Luncheon. The banquet portion will be highlighted by the announcement of the Instructor Pilot and Support Officer of the Quarter.



Dr. Traylor is the Director of the International Center for Arid and Semi-Arid Land Studies, a position he has held since 1981. He is also an associate professor of history at Texas Tech University.

Dr. Traylor recently returned from an expedition to Egypt. His presentation will be on the Middle East.

All Reese officers are welcome to attend the luncheon which will begin at 11:30 a.m., in the Jack Davis Room of the Officers Open Mess.

Soccer

The Reese AFB soccer team is looking for individuals interested in playing soccer.

The team is beginning preparation to defend its ATC Championship title. According to Coach Edmund Ford, the soccer team has had a long tradition of winning even before the Air Force made it a varsity sport.

Reese has yet to lose a game and has won the championship in 1982, '84 and '85. "This has been a difficult accomplishment due to the turnover of players. However, with the excellent support provided by the base each year, the team seems to come through to continue the tradition," said Coach Ford.

Try-outs will be held Saturday, on the base soccer field.

The team plans to play Dyess AFB in February.

For more information, contact TSgt. Edmund Ford at Ext. 3190, or Lt. Rick White, Ext. 3387.

Basketball championship

Reese AFB will host the 1986 Air Training Command Central District Basketball Tournament, Feb. 1-3. Teams representing Lackland AFB, Goodfellow AFB, Sheppard AFB, Laughlin AFB, and Reese AFB will be participating.

Volleyball players

The Physical Fitness Center is looking for men and women volleyball players to represent Reese. Anyone interested please contact Sgt. Gary Grant, Ext. 3783.

Instructor vacancy

The Professional Military Education Center is looking for a sharp and highly motivated staff sergeant or technical sergeant to fill an instructor vacancy. For those applying who have not attended the Academic Instructor School-Technical Instructor Course the reporting date for the job woiuld be not later than March 24. If you have attended Academic Instructor School-Technical Instructor Course the reporting date will be no later than June 2. For more information, contact the PME center or customer service at the CBPO.

Benefits up

The personal Affairs Office is reminding personnel that the coverage under the Serviceman's Group Life Insurance has raised from $35,000 to $50,000. This raise will cost military members $4 per month, up from $3 premium previously.

Coverage under SGLI is automatic for all military members. Those who wish to decline coverage or select a smaller amount of coverage must put their wishes in writing before Feb. 15.

For more information, contact the Personal Affairs Office at Ext. 3643.

Sweetheart ball

The 1958th Information Systems Squadron's Top 4 Club is sponsoring a Sweetheart's Ball Feb. 14 at 6:30 p.m. in the Enlisted Open Mess to benefit the American Red Cross. During the Ball, there will be a contest to crown the King and Queen of the Ball.

There will be containers placed at various locations on Reese. You may vote for your favorite candidates by placing a minimum pledge of one dime (or more if you prefer) in the container as a donation to the American Red Cross.

As we all know, the American Red Cross is having financial problems due to recent disasters world wide. The Red Cross has always helped military members and their families whenever they were in need. So let us all unite and express our gratitude by reciprocating an unconditional kindness.

NCOLS graduation

Class 86-C NCO Leadership School will graduate on Feb. 7. The Banquet will be held at the Enlisted Open Mess with social hour beginning at 6:30 p.m., and dinner at 7 p.m. All base personnel are invited to attend. Please respond by Jan. 31, at Ext. 3147.

Recovered items

The Security Police Investigation Section has several items of lost or abandoned property. These include: One

Continued on Page 5

WAYLAND BAPTIST UNIVERSITY
Counseling
Tuesday & Wednesday 8-12 Thursday 8-4
Education Building #920 — Reese AFB
885-3634 - 885-3768
83rd & Toledo • Lubbock, TX 79424 • 794-8008

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Jessie Lee's La Mirage
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UNITED ARTISTS
UA SOUTHPLAINS CINEMA 4
6002 SLIDE ROAD 799-4121
Mon.-Sun. Until 6 O'Clock
All Seats $3.00—After 6,
Adults $5.00; Children $3.00

White Nights PG-13
1:20 - 4:00 - 7:15 - 9:45

The Jewel Of The Nile PG
1:10 - 3:10 - 5:10 - 7:30 - 9:40

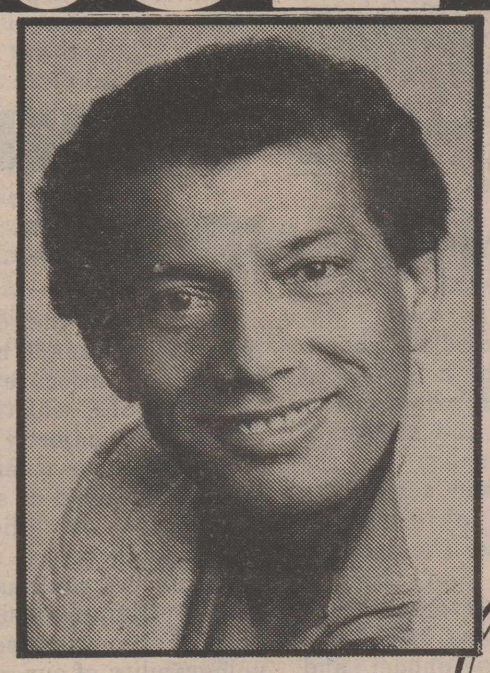
Troll PG-13
2:10 - 3:40 - 5:20 - 7:10 - 9:10

Iron Eagle PG-13
2:10 - 4:30 - 7:25 - 9:45

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Briefly

Continued from Page 4

1969 Ford Galaxy and three mens ten speed bicycles. If any of this property belongs to you, contact the Security Police Investigation Section, Ext. 3999/3949.

NCOAGA election

The NCO Academy Graduate's Association held annual elections on Jan. 16.

The new officers are: President-SSgt. Janice Rennels; Vice President-SMSgt. Leonard Minzer; Treasurer-TSgt. Kimberly Wall; and Secretary-SSgt. Barbara Barry.

The association welcomes its new officers and extends heartfelt appreciation to the departing officers for the most successful year in this chapter's history.

Inventory closings

All AAFES facilities will be closed today in order to complete inventory. The shoppette will open at 5 p.m., but all other facilities will remain closed. The facilities will open at regular hours on Saturday.

Health program

The Reese Hospital Health Promotion Program will begin its fourth, eight-week weight loss program Thursday. The course is a behavior modification weight loss-control program emphasizing a balanced diet, better eating habits and exercise to help people attain and maintain appropriate body weight. Classes are held every Thursday from 4:30-5:30 p.m. It is important that a commitment to attend all classes be made. This program is open to active duty, retirees, dependents and civilians of all ages. To sign up, call 885-3285.

TIs wanted

The 8050th Military Training Squadron at Lackland AFB, Texas, is looking for highly motivated and dedicated personnel who want to become reserve military training instructors (MTIs). If you wan to continue your military career on a part-timebasis, join the Air Force Reserves. Accept the challenge of a productive and satisfying job, that of an MTI. For more information, contact MSgt. Evins or MSgt. LaPoint at AUTOVON 473-2059 or 2410. commercial (512) 671-2059, or the Reserve recruiter in your local area.

Comptrollers meet

The Reese Windmill Chapter of ASMC will feature Maj. Luther E. Cox Jr., the base comptroller, as the guest speaker for the January meeting. It will be held Tuesday at 11:30 a.m. in the officer's club. Everyone is invited to attend.

Smoking also affects teeth

By Lt. Col. (Dr.) Brooks W. Booker
Dental Officer, Maxwell AFB, Ala.

It's common knowledge that smoking can cause lung cancer, strokes, heart attacks and is the leading cause of house fires. What is not well known is that smoking is bad for your teeth, gums and mouth.

Smoking tobacco causes unsightly stains on the teeth and fillings. These stains cause the tooth surface to be rough and allow plaque and calculus to attach to the tooth more easily, causing tooth decay and periodontal disease.

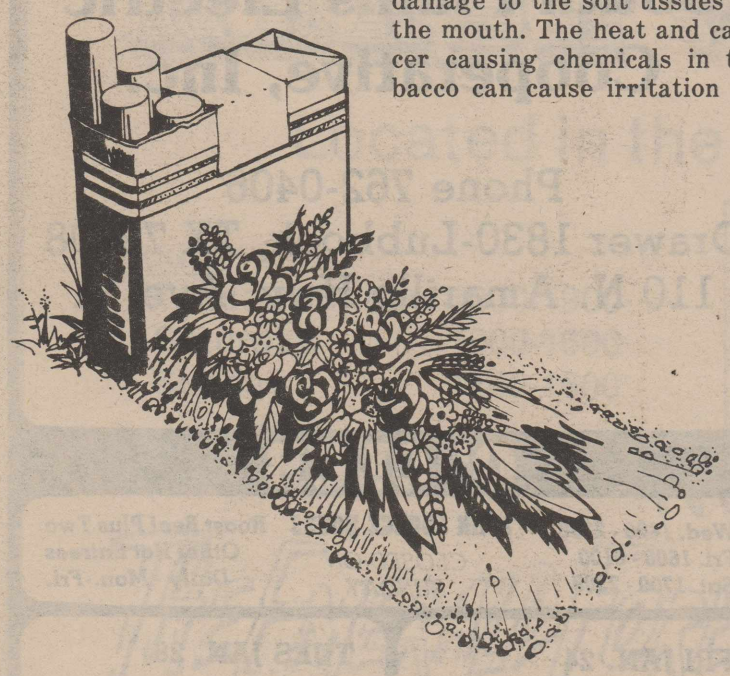
Inflammation of the gums and bone loss is greater in smokers than nonsmokers. Studies show that middle-aged smokers are twice as likely to lose all of their teeth than nonsmokers.

This damage is thought to be due to the heat, nicotine, carbon monoxide, and tars in cigarette smoke. Patients who smoke tend to heal slower and have more dry sockets after oral surgery than do nonsmokers. So, most dentists ask their patients to abstain during the healing period.

Pipe smoking causes problems also. The orthodontic forces created by holding a pipe stem between the teeth can actually cause the teeth to move, wear abnormally, or even break.

Lastly, smoking causes damage to the soft tissues of the mouth. The heat and cancer causing chemicals in tobacco can cause irritation to the mouth, can cause tissue damage and deadly forms of oral cancer. Last year, about 10,000 people in the United States died from oral cancer, many of these cancers were caused by smoking.

The message is very clear. If you smoke, your risk increases dramatically for getting cancer, strokes, heart disease and you may even see your smile go up in smoke.

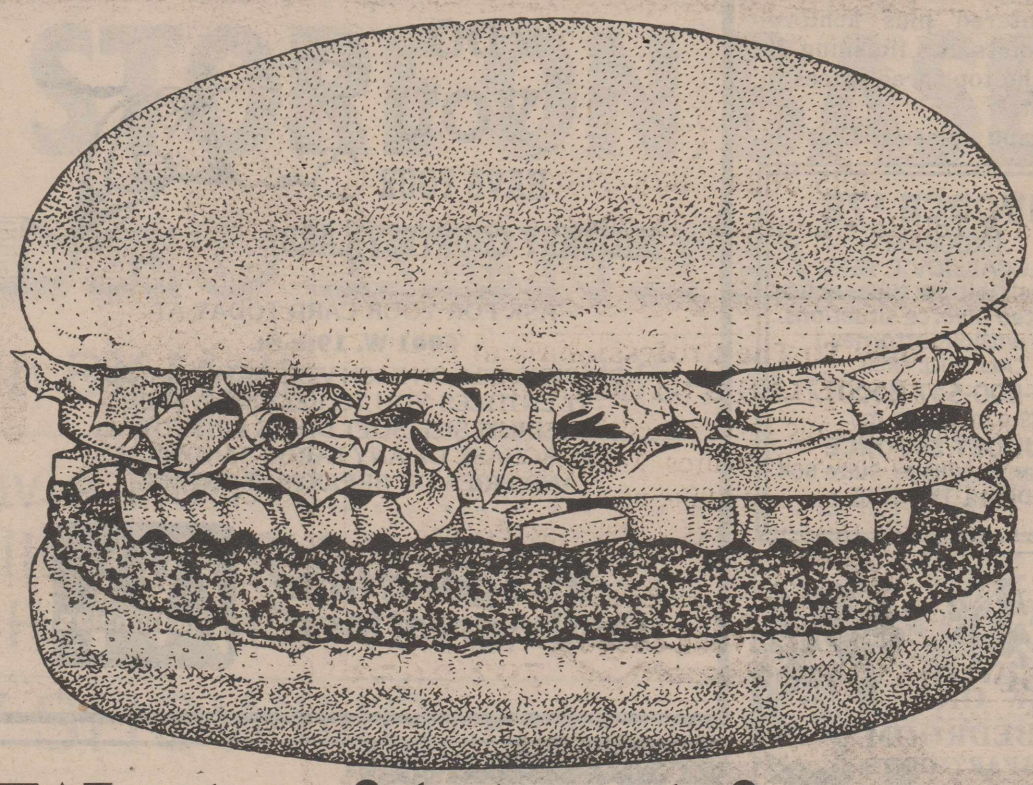


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New rules for filing claims

By Evelyn D. Harris
American Forces
Information Service

One reason you joined the military was to see the world, and you've been doing just that. So have your belongings, which don't always survive the move as well as you do.

Like those pieces of your fine china that now lie shattered on the floor of the packing crate. Or your new videocassette recorder which somebody else now enjoys as much as you did.

The Military Traffic Management Command is taking some of the sting out of these experiences by making claim filing procedures easier and more responsive. The new procedures are being included in contracts with carriers and warehouses worldwide and are expected to be in full force this month.

At the time of delivery, you can list loss and damage to your shipments on DD Form 1840, "Joint Statement of Loss or Damage at Delivery." Three copies of this form will be supplied by the mover. You have until 70 days after delivery—the old rules gave you only 45 days—to inspect your property more thoroughly for loss and damage.

During the 70-day period, service members have only to fill out the reverse side of the DD Form 1840 and send it, with appropriate records, to the local claims office. The "appropriate records" should include the bill of lading, which provides the weight of the shipment and the ship per's name. At that point, it is not necessary to provide the original bill of sale for any damaged or lost goods.

The claims office will notify the carrier of all loss and damage and will advise you about filing a claim. (The old procedure required a trip to the transportation office before proceeding to claims.) Although you must notifiy the claims office of your loss within 70 days, you have up to two years to file a formal claim.

If your claim is supported by such records as moving inventories and repair estimates, you will not need a government inspection report in most cases. You should have an original receipt or bill of sale for expensive items, as these not only establish the validity of your claim, but save the government time in determining how much money you are owed. The result should be faster payment of your claim.

Lackland wins CC trophy

RANDOLPH AFB, Texas (ATCNS)—Lackland AFB, Texas, has taken its second straight ATC Commander's Trophy, awarded each year to the top base in sports and recreation competition.

Lackland accumulated 2,530 points during the season, outdistancing second place Williams AFB, Ariz., by 430 points. Randolph AFB finished third, 500 points out of first.

Twenty-three sports and recreation events were conducted in ATC in 1985. Bases earned points for each event they entered plus achievement points for finishing in one of the top three places in an event.

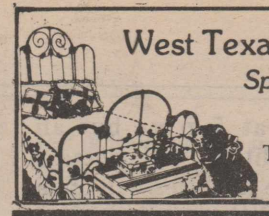
Lackland placed first in eight events, second in five events and third in three others. First place finishes came in art, tennis, golf, designer craftsman, table tennis, photography, 10,000-meter run and flag football.

Men's basketball will kick off the 1986 ATC sports season. District play begins Feb. 1 at Williams AFB, Reese AFB, Texas, and Keesler AFB, Miss. The command tournament will be held at Williams Feb. 6-8.

Women's basketball teams will meet at Chanute AFB, Ill., for the command tournament Feb. 19-22. There is no district play in women's basketball.

Billards, over-35 basketball and men's and women's volleyball all take place in March.

The 1986 sports and recreation schedule includes 25 events.



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VDT's—A pain in the neck?

By Donna Bolinger
American Forces
Information Service

Video display terminals, or VDTs, have become as familiar in the office environment as typewriters and file cabinets.

The National Institute for Occupational Safety and Health estimates that more than several million Americans use these television-like devices in their work. Clerical workers, typesetters, bankers, librarians, air traffic controllers, reporters, editors and computer programmers, as well as a myriad of other professionals, use them.

That doesn't count the number of people who use these terminals at home for everything from balancing checkbooks to keeping an inventory of household items.

Video display terminal popularity has hit the Defense Department as well. Defense officials estimate that nearly 200,000 are used by service members and DoD civilians.

As common as video display terminals have become, indications are they're only going to become more so. One computer company anticipates that the number in use today will increase tenfold by 1990.

This success comes from the increased productivity brought about by video display terminals. They speed the storage and retrieval of information, greatly reducing the need for files, paper, pens and other materials. Letters and documents can be updated or rewritten without being fully retyped.

But just as quickly as the number of video display terminals has increased, so have the number of complaints that the devices can be a "sight for sore eyes"—and a real pain in the neck.

Workers who spend a lot of time in front of video display terminals frequently complain of eyestrain, double vision, itching and burning eyes, color perception difficulties or flickering sensations in their eyes, according to Dr. Harold Coleman, chairman of the American Optometric Association's Environmental and Occupational Vision Task Force.

Others complain of stiffness of the neck, upper back, arms and shoulders, as well as physical or emotional stress.

A two-year study by the American Academy of Ophthalmology recently confirmed that video display terminals can cause discomfort and fatigue, but found no evidence that they damage workers' vision.

Another study, conducted by the National Institute for Occupational Safety and Health, also ruled out fears that video display terminals emit dangerous radiation levels. This study showed that radiation levels of such terminals are actually below those of fluorescent lights.

"The VDT itself is not some sort of evil monster," said Bob Stout, industrial hygienist for the U.S. Army Corps of Engineer's Safety and Occupational Health Division. "Studies show any highly repetitive job will have the same results."

The American Academy of Ophthalmology's study showed that many problems blamed on video display terminals are actually caused by job frustration, cramped or inadequate work space design, or the failure of some terminal operators to wear eyeglasses if they need them.

For workers whose jobs require long hours in front of video display terminals, Coleman offered these tips:

• Turn to another form of work activity for 10 to 15 minutes for every two hours of continuous video display terminal work. This gives the eyes a chance to rest.

• Adjust the screen to prevent glare from windows or overhead lights.

• Adjust room lighting to the type of work being performed. If workers look at the video display terminal screen most of the time, room lighting should be relatively low. If they read from a document, the lighting should be brighter. Low room lighting with a brighter light above the paper is recommended if the eyes travel back and forth regularly.

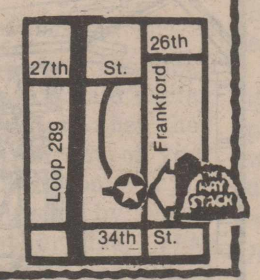
• When referring to reference material, place it as close to the screen as possible to avoid frequent large head and eye movements. This also keeps eyes from having to refocus from one distance to another when moving from the reference material to the screen and back

• Use adjustable chairs, which can be positioned so the user sits at a comfortable angle to the screen. Generally, the top of the screen should be no higher than eye level, and the screen should be 14 to 20 inches from the user's eyes

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PCS moves may mean lower taxes

The Internal Revenue Service has prepared the following questions and answers to help military personnel better understand the requirements for deducting moving expenses.

Q. *I recently received orders to report to a new permanent post of duty. What are the deductible moving expenses I may claim?*

A. You are entitled to claim certain unreimbursed expenses incurred in moving your possessions, traveling to your new home, looking for a new home before moving, living temporarily in the new area, and selling and buying a home.

Q. *What qualifies as a permanent change of station?*

A. A permanent change of station includes the following:

- A move from your home to the area of your first post of duty when you begin active duty;
- A move from your last post of duty to your home or a nearer point in the United States, if you move within one year of ending your active duty or within the period allowed under the Joint Travel Regulations; or
- A move from one permanent post of duty to another.

Q. *When I relocated to my new permanent post of duty, the government provided some of the moving and storage services. How should I handle this when I file my return?*

A. You should not include in income the value of moving and storage service provided by the government. If you receive reimbursements or allowances from the government for moving and storage expenses and the reimbursements or allowances are equal or less than your actual moving expenses, do not include the reimbursements or allowances in income. If, however, the reimbursements or allowances exceed your actual expenses, include the excess in your income. You may not deduct the reimbursed expenses.

Q. *May I deduct all the expenses I incurred while moving?*

A. It depends on the type of moving expenses you incurred. The expenses of moving household goods and travel to a new home have no dollar limitations; therfore, you may deduct all these moving expenses. On the other hand, the combined total of all your other moving expenses is limited to a $3,000 tax deduction, of which no more than $1,500 may be deducted for premove househunting trip expenses and temporary living expenses combined. These limits apply to both single and married taxpayers. The limits may be different for married persons filing separate returns and married persons filing joint returns if both began work at new job locations.

Q. *How do I report my moving expenses?*

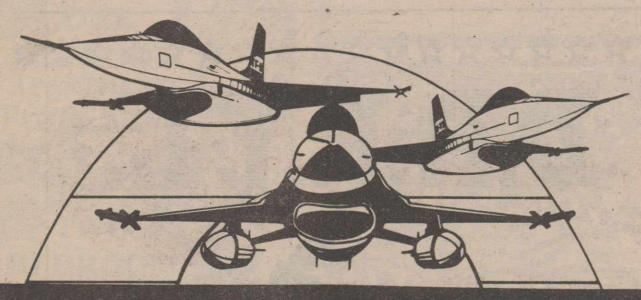
A. Moving expenses to a home within the United States or its possessions must be reported on Form 3903, *Moving Expense Adjustment.* If you moved to a home outside the United States or its possessions, use Form 3903F, *Foreign Moving Expense Adjustment,* to report your moving expenses. Attach the appropriate form to your Form 1040. You deduct non-reimbursed moving expenses from gross income to determine adjusted gross income on Form 1040.

Q. *I have been in the service for only three years and I was recently reassigned overseas to a new post of duty. My family will relocate with me, but they have received only 90-day tourist visas. May I still deduct the expenses I incurred in moving my family?*

A. Yes, military personnel may deduct expenses incurred in moving their dependents to the new duty station in a foreign country even though the dependents have 90-day tourist visas.

Q. *Do military personnel have to meet the time and distance tests?*

A. No, the time and distance tests do not apply to military personnel who move because of a permanent change of station.



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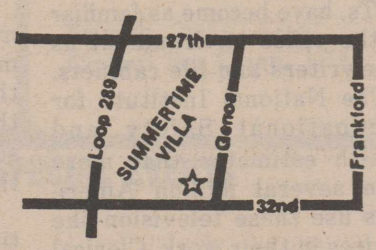
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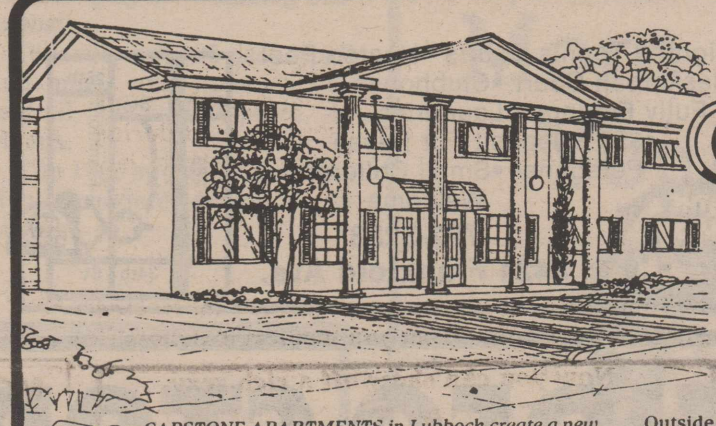
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To itemize or not — that's the question

While the Internal Revenue Service encourages as many taxpayers as possible to use the simpler 1040A and 1040EZ forms, there will be millions of taxpayers who will find it to their advantage to itemize deductions on the 1040 form.

Generally, you will benefit from itemizing deductions if you paid interest and taxes on a home you own, had unusually large uninsured medical and dental expenses during the year, made large contributions to qualified charitable organizations, or had major uninsured casualty losses. What this means is that you will probably have itemized deductions totalling more than the zero bracket amount for your filing status.

Taxpayers who itemize deductions reduce their adjusted gross income by their excess itemized deductions. Excess itemized deductions is the amount by which total itemized deductions exceeds the zero bracket amount. For example, a married couple filing jointly, with itemized deductions of $5,640, would subject their zero bracket amount of $3,540 from the $5,640 in order to determine their excess itemized deductions of $2,100.

The adjusted gross income is reduced by the excess itemized deduction over the zero bracket amount. This amount is already incorporated into the tax tables and the tax rate schedules.

Itemized deductions are non-business deductions. If you itemize your deductions, you must file Form 1040 and fill in Schedule A (Form 1040). Schedule A provides space for listing deductible medical and dental expenses, charitable contributions, taxes, interest paid, casualty or theft losses, and miscellaneous items such as union dues.

If you itemize, you should keep a recird of your deductible items, including cancelled checks and receipts. This will verify your expenses should the IRS examine your return. It will also help you determine whether your itemized deductions are greater than your zero bracket amount.

Taxpayers who itemize can take advantage of many deductible expenses. Here is a brief explanation of some types of deductions available.

Charitable Contributions

Generally, you may deduct contributions given to any qualified organization established and operated exclusively for charitable, religious, educational, scientific, or literary purposes, or for the prevention of cruelty to children or animals; to certain organizations that foster national or international amateur sports competition; to fraternal organizations if the contributions are used for charitable purposes; to veterans' organizations; or, to governmental agencies that will use the gifts exclusively for public purposes.

This means you may deduct contributions to most religious organizations, community funds, Boy and Girl Scouts, the YMCA, the Red Cross, the American Cancer Society, CARE, Veterans of Foreign Wars, etc. You may not deduct contributions to civic leagues or chambers of commerce.

If you donate property other than money, you must base your deduction on the fair market value of the property, that is, the amount you could reasonable charge if you were selling the property.

Bear in mind a contribution is only a contribution at the time of its delivery. Pledges are not contributions until you make payments. Also, if a contribution results in a personal benefit, all or part of it may not be deductible. For example, if you buy a $50 ticket for a church benefit and receive a meal at the function worth $15, you can only claim $35 as a charitable contribution.

Medical Expenses

You may deduct the medical expenses you paid during 1985 to the extent that they exceed five percent of your adjusted gross income. If you were reimbursed by insurance or otherwise, that amount must be subtracted from you medical expenses.

Payments for the diagnosis, cure, prevention, or treatment of a physical or mental illness are deductible as are payments for the purpose of affecting any structure or function of the body.

Deductible medical expenses incude your payments to doctors, dentists, psychiatrists, etc.; payments to hospital for service, laboratory fees, x-rays, etc.; and, payments for eyeglasses, hearing aids and parts, dentures, crutches, etc.

Things not allowed are trips taken to "get away from it all," even if advised by a doctor, health club dues, maternity clothes, and diaper services.

Expenses for transportation essential to medical care—such as getting to and from a doctor's office—may be included in medical expenses. This includes taxi, bus, train, or plane fares.

If you use your car, you may deduct the actual out-of-pocket expenses, such as gas and oil, or nine cents for each miles you use your car for this purpose. In addition, you may deduct parking fees and tolls. Be sure to keep track of your expenses and mileage.

As of 1984, the one percent limit for drugs no longer applies, and deductible drugs will include only insulin and drugs that are obtainable with a prescription.

Interest

Interest paid during the year on a debt for which you are legally reponsible is deductible.

This includes such debts as a car loan, a bank loan, an educational loan, or a mortgage of your home. However, if in 1985, you prepaid interest allocable to any period after 1985, you can only deduct the amount of interest allocable to 1985 on your 1985 return.

If you buy such things as clothing, a radio or TV set, furniture, or household appliances on an installment plan, budget charge account or credit card that lists a finance charge, you may treat the finance charge payment as interest.

In general, interest deductions must meet the following tests: the interest must result from an actual debtor-creditor relationship; the interest must be based on a valid obligation to pay a sum of money; and, the debt must be one for which you are legally liable.

Taxes

The following state or local taxes you paid during the year are deductible: state or local income tax (including tax withheld or paid as estimated tax during the year), real property tax, personal property tax, general sales tax and contributions to certain state disability benefit funds. The 1985 Optional State Sales Tax Tables are a convenient reference for determining the

continued...

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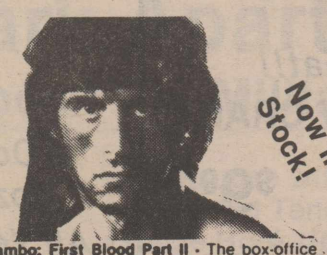
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Record assistance given to Air Force members

Did you know that 32,434 men and women of the active Air Force received Air Force Aid Society assistance in 1985? That's 5.4 percent of the Air Force! In its just released preliminary annual report, AFAS spotlights statistics showing convincingly that the Air Force community does indeed help its own, and that one of the most effective avenues to help is through the society.

$19 million in emergency assistance dollars went to Air Force people in the form of interest free loans and grants during 1985, the highest level of assistance in the 43-year history of AFAS. 95 percent of that help went to the active force, with 95 percent of that going to individuals in grade E-6 and below. Typically, financial assistance went for basic needs such as food, rent, utilities (32 percent); repair of essential vehicles (19 percent); and funeral/emergency leave expenses (14 percent). The rest went to help cover other personal emergencies such as essential dental work, member's share of CHAMPUS payment, the high costs of some PCS moves, and budget restructuring test programs.

The Society's Guaranteed Student Loan and Parent Loan programs also showed substantial growth in 1985 as another 5,568 Air Force people and family members received AFAS sponsored loans. Since 1979, 54,921 members of the Air Force community have received AFAS GSL and Parent Loans totaling over $119 million. To underwrite these loans, the society paid $341,180 in administrative/guarantee fees in 1985—a cost of one dollar for every $313 in loans outstanding—a bargain investment in vital education programs.

To attain these record levels of assistance activity, AFAS again relied heavily on personal contributions, over $4 million of which was donated during last year's Air Force Assistance Fund Drive. It's important to note that every dollar donated to AFAS went directly into emergency assistance operations. Earnings from the Society's investment fund were used to supplement these operations.

Since 1942, the Air Force Aid Society has been the official charity of the United States Air Force. Providing emergency assistance to the Air Force family involves Air Force Society sections and commanders at major installations worldwide. Operating with the maximum possible latitude, officials at all levels strive to help deserving individuals in time of need. 1985's statistics tell a heartwarming story. In its 44th year, AFAS shows that the Air Force continues to care.

To Itemize or Not—That Is the Question

continued...

amount you may be able to deduct for sales tax.

Remember, the sales tax on certain major purchases—a car, motorcycle, motor home, truck, boat, plane, home (including mobile or prefabricated), materials purchases to build a new home—can be deducted in addition to the sales tax table amount. Personal property taxes assessed by some states, especially on cars, may be deductible if they are based only on the value of the personal property and are imposed annually.

Generally, no federal taxes are deductible on your federal income tax return.

Miscellaneous Deductions

These deductions include such items as union dues; the cost of safety equipment, tools, and supplies used in your job including professional and trade journals; and, expenses incurred in seeking new employment in the same trade or business. Job hunting expenses are not deductible if you're seeking employment in a new field of work.

You can also deduct the rent on your safety deposit box if you keep income-producing items in it, such as stocks and bonds. Taxpayers who hire someone to prepare their tax returns can deduct the fee paid to the preparer.

If you legally adopt a child with special needs, you may be ablt to deduct up to $1,500 of qualified adoption expenses as a miscellaneous deduction. A child with special needs is one who the state determines is described in the Social Security Act adoption assistance program. This is a child who the state determines cannot or should not be returned to his or her parental home, who has a specific factor or condition that makes the child difficult to place, and who has been the subject of an unsuccessful placement effort.

Qualified adoption expenses include reasonable and necessary adoption fees, court costs, attorney fees, and other expenses that are directly related to the adoption of the child. Adoption expenses do not include any expenses for which you may receive a credit or that you may otherwise deduct. In addition, you may not deduct any expenses from a federal, state, or local program to pay for your adoption expenses.

Special Tribute Monday

A special tribute to veterans will be held at the VFW Post 2466, at 34th and Ave. N Monday.

The breakfast tribute will begin at 6 a.m.

64th Air Base Group Commander Col. Clark Griffith will give a short speech to the veterans and their families.

The breakfast is open to all veterans and members of the general public.

Day of Prayer Set

WASHINGTON (AFNS)—Sunday has been designated national POW/MIA Day of Prayer to honor all Americans still prisoners or missing in southeast asia.

Maj. Gen. Stuart E. Barstad, Air Force chief of chaplains, in a letter to all major commands, said the Air Force fully supports the day of prayer.

Chaplain Barstad said suggested activities include inviting former POWs to speak, asking the local commander to read a lesson or speak, lighting a special candle on the alter to remember those still unaccounted for, including POWs/MIAs in the prayers of the day, and inviting representatives from local veterans organizations to be present.

There are 2,441 Americans listed as unaccounted for in southeast asia. The figure includes POWs/MIAs and those killed in action whose bodies have not been recovered. The total includes 916 Air Force members.

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Recognizing and preventing child abuse

By A1C Felix Saenz
Crime Prevention Monitor
and SSgt. Phillip J. Lohman
Assistant Family Advocacy Officer

It's not easy being a parent.

Being a parent is the most important job in the world; however, it is also one of the least taught skills.

Few parents are naturally prepared for the demands of raising a family, and at times parents find the job too difficult to handle.

Frustrations and stress can lead to child abuse in the form of physical and emotional abuse and neglection, as well as sexual molestation.

The child may be beaten and left with bruises and maybe broken bones; or maybe left alone for long periods of time with little or no supervision. The child may not be provided with the proper food, clothing or shelter.

Other forms of child abuse are harder to detect including emotional abuse and neglect, and sexual molestation. The child will often display signs of withdrawl and will often be uncommunicative with others after suffering from this type of abuse.

Regular absenteeism from school may be a sign of child abuse.

Every parent is a potential child abuser. Stress combined with other circumstances may result in abuse. The parent may have been abused as a child; feel isolated; have a poor self-image; have unrealistic expectations or set unusually high standards for the child; experience depression due to disappointment in the child's behavior; be alcohol or drug addicted; be afraid to discipline the child for fear of losing control; or have an unsympathetic mate.

It is a crime for a person having custody of a minor to knowingly cause or permit the life of the minor to be in danger, his health to be injured, or his moral welfare to be in peril by neglect, abuse or immoral association. But it does happen.

We live in a real world where children of all ages are actually being abused or neglected. Day after day, abused children suffer with agony, abuse and neglect of another person.

If you have any reason to believe a certain child is being neglected or abused, get help before it is too late.

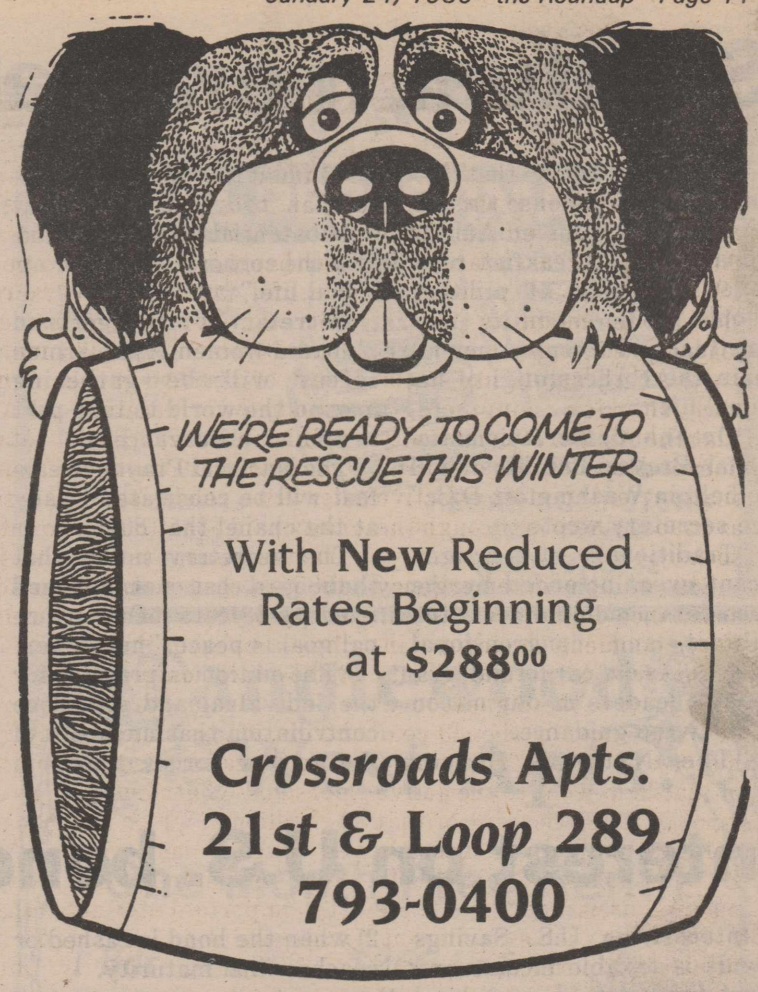
Some forms of child abuse can easily be spotted. Most children who are physically abused have repeated injuries throughout their bodies including bruises, welts and burns.

A child who has possibly been neglected may appear undernourished, inadequately clothed, or just left alone or wandering the streets or neighborhood at all hours.

Families that are extremely isolated, not sharing in school or community activities and distrustful of other people can be potential victims of child abuse or neglect.

If you know of anyone or suspect anyone of being abused or neglected, report it. Don't be afraid of reporting a crime.

Help us help you make this community a better and safer place to live. For more information, contact the security police crime prevention office at Ext. 3615, or the Family Advocacy Office at Ext. 3739.



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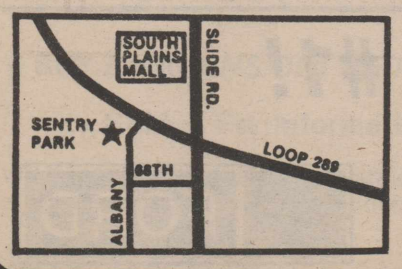
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Spiritual, moral values vital

WASHINGTON (AFNS)—Secretary of Defense Caspar Weinberger in his annual national prayer breakfast message, calls upon all military people to remember that spiritual and moral values remain the cornerstones of national life.

"On Feb. 6, the Annual national Prayer Breakfast will be held in Washington, D.C.," the secretary wrote.

"Traditionally, it is a significant event attended by the president, members of the cabinet and congressional leaders. As did our forefathers, today's leaders of our nation seek divine guidance.

"The National Prayer Breakfast is a significant reminder to all citizens that spiritual and moral values are still the cornerstone of our national life."

Secretary Weinberger said men and women of the armed forces will be gathering around the world to take part in similar observances.

The National Prayer Breakfast will be celebrated locally at the chapel that day.

The secretary noted that their goal has not changed from past years. "Our principal goal is peace," he wrote.

"The nation is grateful for the individual and collective contribution that members of the armed forces make in both building and maintaining peace," he continued.

"The delicate relationships that currently exist in the world require a constant and diligent peacemaking effort. Each of us must rededicate ourselves to the tasks of increasing understanding, resisting aggression and injustice, promoting human dignity, protecting human rights, abolishing terrorism, building mutual respect, reducing fear, maintaining security and preserving freedom.

"I am grateful for your commitment to the challenge of building and maintaining peace," the secretary concluded.

Interest on U.S. bonds taxable

Interest on U.S. Savings Bonds is taxable income and must be reported on federal income tax returns, the Internal Revenue says.

Taxpayers must report the interest from Series E and EE bonds in one of two ways: 1) annually, as it accrues, or 2) when the bond is cashed or reaches final maturity.

In the case of Series H and HH bonds, however, interest payments are made twice a year and must be reported in the year ahead.

Those taxpayers who buy U.S. Savings Bonds as co-owners with their children are liable for the tax on the interest earned on the bonds. Interest on U.S. Savings Bonds bought in the name of a child is income to the child, even if the taxpayer pays for them and is named as beneficiary.

Frenship elementary school menu

The lunch menu for Frenship Elementary School students includes:

Monday: chicken nuggets, gravy, mashed potatoes, corn, hot rolls, butter, oatmeal cookie and milk.

Tuesday: bean chalupa, cheese, hot sauce, tossed salad, one-half pear, Reese cup and milk.

Wednesday: hamburger, french fries, cheese slice and chocolate milk.

Thursday: macaroni, cheese, ham, green beans, hot rolls, butter, fruit cocktail, chocolate cake, icing and milk.

Jan. 31: salisbury steak, brown gravy, steak fries, green peas, hot rolls, butter and milk.

Feb. 3: frito pie, pinto beans, tossed salad, cornbread, banana pudding and milk.

Feb. 4: stew, vegetables, apricots, crackers, white cake, icing and milk.

Feb. 5: hamburger, mustard, lettuce, tomato, onion, pickle, french fries, cheese slice and chocolate milk.

Feb. 6: pizza, applesauce, tator tots, tossed salad and milk.

Feb. 7: pork chop, gravy, mashed potatoes, hot rolls, butter, green beans, no-bake cookie and milk.

Feb. 10: barbecue German sausage, corn, green peas, hot rolls, peanut butter cake, icing and milk.

Feb. 11: cheese enchiladas, meat sauce, pinto beans, cornbread, pineapple chunks and milk.

Feb. 12: hamburger, mustard, lettuce, tomato, onion, pickle, french fries, cheese slice and chocolate milk.

Feb. 13: fried chicken, gravy, mashed potatoes, green beans, hot rolls, butter, chocolate pudding and milk.

Feb. 14: burrito, chili, tossed salad, cracker, apricots, pink cake, icing and milk.



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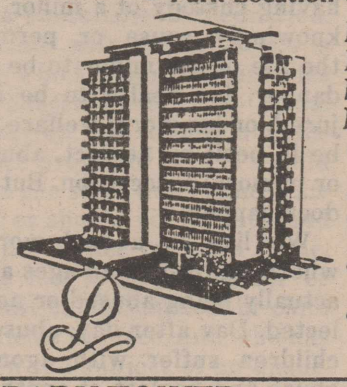
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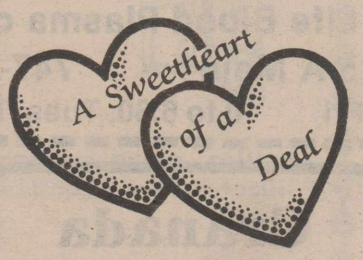


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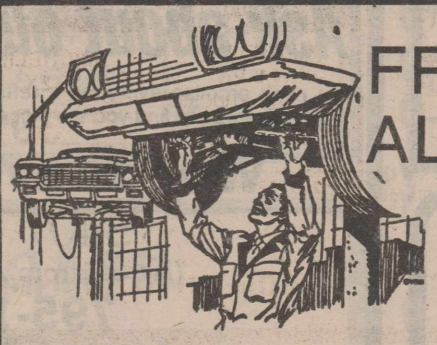
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Kodak out of instant print business

The Eastman Kodak Co. is offering customers a new disc camera, coupons worth $50, or a share of Kodak stock in exchange for their Kodak instant cameras.

Kodak must stop producing instant cameras and instant film because of a federal court decision concerning infringement of patents owned by the Polaroid Corp. The options for instant camera owners are a new disc camera and two rolls of film, a book of ten $5 mail-in rebate coupons redeemable after Kodak purchases, or one share of Kodak common stock. The company will accept any Kodak instant camera, regardless of when it was purchased.

To take advantage of the offers, Army and Air Force Exchange Service (AAFES) customers in CONUS should call Kodak toll-free at 1-800-792-3000. A representative will explain the options and send customers an option selection letter and a mailing container for returning the camera. Kodak coupons will be available in overseas main exchanges in 2 weeks. They will explain the options, and should be mailed to Kodak with the customer's name, address and camera model number. When Kodak receives the coupon, an option selection letter and a mailing container will be sent to the customer.

AAFES has stopped selling Kodak instant cameras, but will sell Kodak Instant Film until further notice.

Bicycling requires attention to safety

More than 105 million people are two-wheeling for fun, physical fitness, energy conservation and short-haul transportation.

According to Fred Wright of the San Antonio Air Logistics Center's Safety Office, "Most cycling mishaps are uncalled for, and caused by carelessness or lack of knowledge."

Mr. Wright outlined the following safety rules for bicycle riders:

- Observe traffic regulations and signs.
- Keep right and ride single file.
- Light your bike at night with a white light in front, red in the rear.
- Use a bell or horn.
- Give pedestrians the right of way. Avoid sidewalks.
- Watch for vehicles pulling into traffic and for the sudden opening of doors on parked vehicles.
- Never hitch a ride on or be towed by other vehicles.
- Slow down at intersections and then advance with caution.
- Always use proper hand signals for turning or stopping.
- Don't wave or swerve in traffic. Ride with traffic, not against it.

Preventing return delays

Many simple errors that can cause a delay in the processing of federal income tax returns could be avoided if taxpayers used the labels and envelopes that accompany their tax packages, the Internal Revenue Service says.

The peel-off label, which contains the taxpayer's name, address and social security number, is designed to expedite processing at IRS service centers and prevent common errors that can delay issuance of refund checks.

A common misconception is that using the peel-off address label will trigger an audit. Actually, coding on the label identifies the taxpayer and the kind of forms contained in his or her tax package. It does not in any way indicate the return should be audited.

One of the common and yet most troublesome errors that can be averted by use of the label is the listing of an incorrect or illegible social security number.

The IRS advises taxpayers to use the label, even if corrections are necessary. For example, in the case of a change of address, the correction should be made directly on the label.

Errors can also be averted if taxpayers use the special pre-addressed envelope, which speeds sorting of tax returns during the annual deluge of mail that arrives at the ten IRS service centers.

IRS also advises taxpayers to round off cents to the nearest dollar when figuring federal income taxes. However, taxpayers should be consistent. If you do round off do so for all amounts.

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