

Melvin Mitts 06/15
PO Box 523
Stratford, TX 79084

The Stratford Star

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Seated Judge Terri Beth Carter. Standing left to right are Wayne Smith, Dennis Phelps, Ken Forthman and Robert McGinnis

American Legion Day declared in Sherman County

Sherman County Judge, Terri Beth Carter recently declared September 16, 2014 as American Legion Day in Stratford. A proclamation designating the official American Legion Day was signed and presented to the Howard Norvell Green Post 262 on September 16th at the County Courthouse in Stratford.

The post was represented by Wayne Smith, Post Commander, Dennis Phelps, Past Adjutant, Robert McGinnis, Current Post Adjutant and Ken Forthman, Post Historian.

The American Legion was chartered by Congress in 1919 on September 16th as a wartime veterans organization based on the four pillars of Veterans Affairs & Rehabilitation, National Security,

Americanism and Children & Youth. Over the years the American Legion has become the premier organization in the United States representing veterans. The legion has grown to over 45 million members worldwide in over 14,000 posts.

The American Legion members have dedicated themselves to upholding the ideals of freedom and democracy, while working to make a difference in the lives of fellow Americans. Members of the community are invited to take the time to acknowledge the American Legion and encourage its members in their efforts on behalf of the residents of Sherman County.

Full Proclamation is on Page 5 of this week's issue

Guymon Community Theatre 36th Season

First production of the 36th season for the Guymon Community Theatre will be October 3, 4, 10, 11 at 7:00p.m. and 5, 12 at 2:00 p.m.

"The Blue Haired Belles of the Burger Bar" written by Woody Leonard of Woodward and directed by Kasey Russell. 580-338-0019.

The Holiday offering will be "Miracle on 34th Street" with auditions on October 5 and The Theatre is planning to show old classic movies on off season weekends to generate additional income.

High Plains gardening classes set Sept. 30, Oct. 7 and Oct. 14

Kay Ledbetter, 806-677-5608, skledbetter@tamuc.edu
Contact: Nathan Carr, 806-373-0713-tamu.edu

AMARILLO - The Texas A&M AgriLife Extension Service in Potter County will offer the "Introduction to High Plains Gardening" for three consecutive Tuesdays, beginning Sept. 30.

All classes will start at 6 p.m. at the AgriLife Extension offices for Potter County at 3301 E. 10th Ave. in Amarillo.

The dates and topics are:

- Sept. 30 - Soil Preparation and Watering Methods, Xeriscaping and Rainwater Collections.

- Oct. 7 - Landscape and Garden Design.

- Oct. 14 - Perennials, Annuals, Vegetables and Shrubs.

The program will be offered at \$10 per session or \$25 for anyone wanting to sign up for all three, according to Nathan Carr, AgriLife Extension agriculture and natural resources agent for Potter County. While the fee is payable at the door, RSVs are requested by Sept. 26 by calling 806-373-0713.

"This program is set up and designed to teach expertise in gardening and is tailored to our area and suited for our needs in Amarillo and the High Plains region," Carr said. "All the courses will be taught by our local Master Gardeners and experts in the field."

For more information, contact Carr at 806-373-0713 or ncarr@ag.tamu.edu.

EMT CLASS IS COMING --

Hear Ye, Hear Ye. Let it be known to all that Stratford EMS is preparing for an EMT-Basic class this coming fall. Our ambulance staff is dreadfully low on personnel at this time due to some folks moving out of the area and others who have taken full-time jobs which severely limits run time. A volunteer ambulance service can only function the way it should if we have ample volunteers. Our group may be small in number but I would put them up against ANY group, anywhere -- we just need more of a good thing. That's right, WE NEED YOU!!!! Sorta liken to the Army -- we are looking for a few good men (and women) who are willing to step up to the plate and proudly serve the medical needs of our community. WE need you. The COMMUNITY needs you.

Usually this class would cost \$500 - \$600 out of pocket, but we are very fortunate to have secured a TEEG grant wherein the students will only be out about \$175 which will be reimbursed to the students who successfully complete the class, become certified, and run with the Stratford EMS for a year or so. The class begins on October 20, 2014 and will run through February 25, 2015 with ample time off for Thanksgiving and Christmas/New Year's. The class will be held at the Stratford ambulance building on Monday and Wednesday nights from 6:00 PM - 10:00 PM. In addition to the classroom hours, students will be required to make 5 ambulance runs and work 32 hours in a neighboring hospital's E.R.

Stratford EMS is referred to as a "paid-volunteer" service which means our certified volunteers are paid a nominal salary for being on "first" or "second" call plus a little additional for each run they complete. You certainly will never get rich off the EMS income, but it does add up to a nice little supplement each month. Plus -- you get a free EMS coat and a few free EMS shirts. But you will feel rich because of the satisfaction you receive from knowing you have just helped a member of our community.

If you are a-thinkin' that you are just too busy and do not have time for such things, rest assured -- YOU are exactly the type of person we are after. Motivated people = good volunteer help on the service. So, please, I ask you to SERIOUSLY consider taking the EMT class and deciding (after giving it a fair chance) if this is for you or not. You just might be surprised.

Step up to the plate and give back to your community. WE NEED YOU. Let Jimmy, Larry, or any EMS volunteer know that you are interested. And ... spread the word.

Notice of Public Meeting
To Discuss Stratford Independent School District's State Financial Accountability Rating
Stratford ISD will hold a public meeting to discuss Stratford ISD's rating on the state's financial accountability system (FIRST) at 7:00 PM, October 14, 2014 in the Stratford High School Library, 503 N 8th Street, Stratford, TX. The purpose of this meeting is to discuss Stratford ISD's rating on the state's financial accountability system.

Lollipop Junction Fall Fund Raiser News

On September 22, 2014, Lollipop Junction began its sales of Deli International Frozen Food items. Food selections offered to help busy families with everyday meals and special occasions include a variety of pizzas, flatbread pizza, garlic breadsticks, cheese bread, assortment of cookie dough, cinnamon rolls, sweet breads, and main dishes. Many of these items can be ordered in large or bulk quantities.

Sale brochures are available from Lollipop Junction board members, staff, families of children enrolled at Lollipop Junction, and at the child day care center. To place an order, contact board members, Valarie Naugle 366-2862, Martha Duncan, 366-5557 Kristal Johnson 966-3367, Desine Garza 366-3346, Christina Brown, 366-3001, Jennifer DeAnda, 396-2782, or Wesley or Susie Spurlock 396-2864. In addition, individuals may contact Lollipop Junction, telephone 366-5886.

Orders may be placed anytime during the time period of now through October 3rd. Orders must be prepaid and will be available for pickup around the last week of October or first week of November.

Proceeds from the food sales will benefit Lollipop Junction, Stratford's non profit child care center operations. The center cares for 40 children and offers activities that promote physical and emotional development and assist in helping children prepare for formal education.

To learn more about Lollipop Junction visit www.stratfordchildcare.com or stop by the center at 210 N. Main and see what activities are offered.

Lollipop Junction Fall Fund Raiser

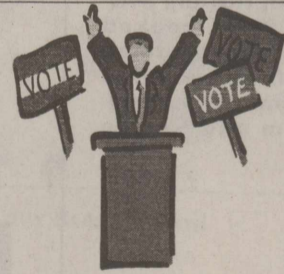
En Septiembre 22, 2014 Lollipop Junction empieza con su venta de, Deli International Frozen Food Items, comida seleccionada para ayudar a la familia ocupada de cada día y en ocasiones especiales, que incluye pizza, pan con ajo, pan con queso, anna para galletas en diferente variedades, cinnamon rolls, pan dulce, y el platillo principal muchos de estos articulos puedes ordenarlos en muchas cantidades.

Los folletos están disponibles en Lollipop Junction con miembros del comité, las trabajadoras, y familiares de los niños escritos en Lollipop Junction. Para ordenar o más información puedes llamar a los miembros del comité, Valarie Naugle 366-2862, Martha Duncan 366-5557, Kristal Johnson 966-3367, Desine Garza 366-3346, Christina Brown 366-3001, Jennifer DeAnda 396-2782, or Wesley or Susie Spurlock 396-2864. En individuos contactar a Lottipo Junction at teléfono 366-5886.

Las ordenes estarán disponibles, En Septiembre 22 asta Octubre 03, ordenes deven ser pre pagadas at ordenar y puedes recogerlas la última semana de Octubre oh la primera semana de Noviembre.

Procedimientos de las ventas serán beneficiar a Lollipop Junction, Stratford sin comisión de guardarla en operación la guardarla cuida de 40 niños y ofrece actividades, educación física, social, y emocional y asiste ayudar a niños preparación de formal educación.

Para mas información sobre Lollipop Junction visita www.stratfordchildcare.com oh visita la guardarla con division 210 N. Main y ver las actividades que ofrecen.



CANDIDATES FORUM - October 14, 2014

A Candidates Forum will be held Tuesday, Oct. 14th at the Sherman County Barn beginning at 7 p.m. All candidates are invited to participate, this is strictly voluntary on their part. Questions for the candidates can be emailed to scdc@xit.net, faxed to 366-3025 or mailed to SCDC, PO Box 630, Stratford, TX 79084. If time allows candidates will be able to take questions from the floor. Contested races are:

School Board: One unexpired term Two 3-year terms	Jo Hinds & Bryan Clift Barney Willborn, Walt Berry & Tim Hudson
City Council: One unexpired term Two 2-year terms	Dwayne Plunk, Diana Fritt & Kyle Sandvig Joe Zak, James Lutes & Ty Hacker



*Refreshments will be provided by Sherman County 4H and Sherman County Development.

Story Time@Your Library

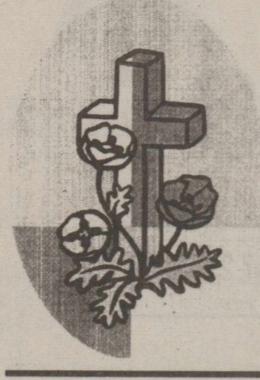
Fall Story Time will begin on Tuesday, September 30, 2014, at the Sherman County Public Library from 9:30-10:15 a.m. Enrollment is appreciated but not required. Contact Sandy at the library or call 366-2200 for more information.

A Medical Fund has been set up at the First State Bank of Stratford for donations to help Betty Hamrick purchase a portable oxygen concentrator (machine).

Now taking Pecan Orders

\$9.00 per lb bag
24 lbs. per case
Deadline to order is October 27th
Call Brenda Bell @ (806) 753-7201 or (806) 366-4446 (leave a message!)

Obituaries



Dan McDowell Newman
July 30, 1945-September 12, 2014

Dan McDowell Newman passed away on September 12, 2014. He died after a battle with cancer while surrounded by family and friends. Dan was born in Dumas, Texas, on July 30, 1945, and grew up on the family ranch in Stratford, Texas. He is the son of Rollo and Virtena Newman and youngest of nine siblings. He is survived by his wife and best friend of 37 years, Monika Boger Newman of Miesau, Germany; his daughter-in-law, Lisa Boyd Newman and granddaughter Krya Renwick Newman of Fredricksburg, Virginia; his sisters Mattie Baskin, Kathryn Newman, and Pat Vigneau and brothers Lowell, Roy, and Bob Newman; brothers-in-law Juergen and Christian, and sister-in-law Bernadette of Germany; as well as numerous nieces, nephews, cousins and a host of dear friends. Dan was predeceased by his parents, his sister Betty Jo Johnson, his brother Ned, and his son, Donald Newman. Dan graduated from Stratford High School in 1963. He was a proud alumnus of Texas Tech University where he received a Bachelor's Degree in 1967 and his Master's Degree in Agricultural Economics from the University of Arizona in 1970. In 1977, Dan met and married his soul mate, Monika. Dan had a remarkable career as a United States Army Finance Corps Officer serving this great nation for 23 years in diverse positions in Vietnam, Turkey, Europe and various US locations with a last assignment in Fort Wainwright, Alaska. Dan retired as a Lieutenant Colonel. Among other awards Dan was a recipient of the Legion of Merit, the Bronze Star, and the Vietnam Service Medal. Upon retiring from the Army in 1992, Dan and Monika relocated from Virginia to Colorado Springs, Colorado.

In 1996 Dan began employment with Vinnell Corporation, an international private military company specializing in military training and logistics. He was part of the corporation's training efforts with the Saudi Arabian National Guard in Riyadh, Saudi Arabia. Upon his return to Colorado Springs in 1998, Dan began a successful career in a real estate representing Saddletree Homes and ultimately finished his career with Weichert, Realtors® - Pikes Peak Group in 2013.

Dan was an avid hunter, skier, fisherman, motorcycle enthusiast, and a certified scuba diver. He was also a certified instructor for the National Rifle Association, teaching hunter and gun safety for the Colorado Parks & Wildlife Division. In addition, Dan founded Gun Training USA with his partner and friend, Lenny Piazza. He was a member of the Patriot Guard Riders supporting veteran burials, and helped establish a neighborhood watch team to prevent crime and vandalism. He remained a charter member of the Wye River Hunt Club at the Eastern Shore of Maryland. In all walks of life, Dan was a mentor and friend to many. He enriched countless lives and was loved and admired by those who knew him. Dan will long be remembered by his family and his many friends for his warmth, his genuine smile and humor, his kindness and his generosity. He will be greatly missed. A celebration of Dan's life will be held at a later date. In lieu of flowers, the

family requests donations to one of the following organizations:

- Colorado Parks & Wildlife
- American Cancer Society
- Disabled American Veterans

In 1869, Dr. Brown's Celery Tonic went on sale. The drink consisted of soda water and crushed celery seed. This started a celery craze in the late 19th century that included celery-flavored soft drinks, celery gum, celery soup and elixir of celery.

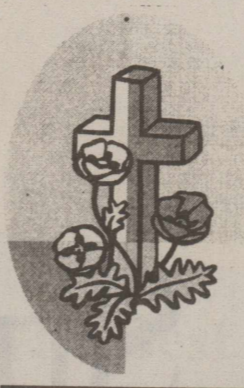


Martha Ann Kent
May 23, 1928-September 14, 2014

Graveside service for Martha Ann Kent, 86 of Lubbock, TX, formally of Muleshoe was held on Wednesday, September 17, 2014 at 2 p.m. at Restland Cemetery, Dallas, TX. Martha died September 14, 2014 in Lubbock. She was born May 23, 1928 in Dallas, TX to John Parmer and Gladys (Noble) White. She married Bill Kent in Dallas, TX on June 4, 1949.

Mary earned a Bachelor's Degree from SMU and was a housewife. She was commissioned as a missionary in The United Methodist Church and served in Bolivia with her husband for ten years. She was a member of St. John's United Methodist Church of Lubbock. Martha was preceded in death by her husband, Bill and her parents.

In lieu of flowers memorials can be made to a favorite charity. Online condolences may be made at www.ellisfuneralhomes.com



From the Desk of Sheriff Powell

In an effort to increase deterrence and visibility, the deputies' patrol units have been marked with graphics (designed by Julie Powell). They boldly display SHERIFF on the sides along with our county name and proudly display our badge. "SHERIFF" is also displayed in reverse on the front brow so motorists can see us from their rear view mirror. We hope you like the new design.

Once they are all complete, we will be offering a contest to our local children who are 10 and younger. Keep an eye out in the Stratford Star or on our FB page at "SHERMAN COUNTY SHERIFF'S OFFICE" for more details!!

We appreciate all the phone calls, text messages and Facebook messages on Saturday, showing your appreciation of our law enforcement officers/deputies. As always, THANK YOU for supporting YOUR Sheriff's Office!! Have a great week!!

Sheriff Joe Powell

Mitchell Theaters

Northridge 8
Guyton, OK
www.northridge8.com
580-338-3281
Southgate 6
Liberal, Kansas
www.southgate6.com
620-624-5573
Garden City, Kansas
www.sequoyah8.com
620-275-2760

Grilled New Orleans-Style Shrimp

- 1 1/2 lb large shrimp
- 2 tsp olive oil
- 3 medium garlic cloves, minced
- 6 tsp unsalted butter
- 2 tsp chili powder
- 2 tsp black pepper
- 4 tsp Worcestershire sauce
- 1 tsp fresh lemon juice
- 1/2 tsp salt

Toss shrimp with oil, garlic and 1/2 teaspoon salt and marinate at cool room temperature for 15 minutes.

While shrimp marinate, prepare grill for cooking. If using a propane grill, light the grill according to the manufacturer's instructions. Remember to keep the top open. Once the grill is lit, the lid can be closed in order to preheat burners. Preheat the grill for 10 minutes, and then reduce heat to moderately high.

Heat butter, chili powder, pepper, Worcestershire sauce and remaining 1/2 teaspoon salt in saucepan over moderately low heat, stirring, until butter is melted. Remove from heat and stir in lemon juice.

Thread shrimp onto a skewer and grill, turning over once, until just cooked through, 3 to 4 minutes total. Push shrimp off skewers into a bowl, then pour butter mixture over them and toss to combine well.

We are passionate about your health.



Early Detection can SAVE YOUR LIFE.

Yearly Peace of Mind - If you're over 35 and have been putting off your annual mammogram...call today for an appointment that could save your life.

Digital Mammography Close to Home.

APPOINTMENTS AVAILABLE FOR THIS MOBILE LOCATION

First Methodist Church
611 N. Main, Stratford

Tuesday, October 7
9:15 a.m. - 5:30 p.m.

CALL NOW 1-800-377-4673

Call 1-800-377-4673 to schedule your mammogram the next time our mammography coach comes to your city or for an appointment at the Harrington Breast Center in Amarillo.

Businesses, clinics and hospitals throughout the region are encouraged to invite the Mobile Mammography Coach to come to their location to offer breast screening services.

HARRINGTON Breast Center

A Department of HBSA Hospital

1310 Wallace Blvd. • Amarillo • harringtonbreastcenter.org
806-356-1905 • 800-377-4673

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JIM STEVENSON DALHART, TEXAS



Peanut butter was invented as a health food by a physician who was concerned about the nutrition of his elderly patients.

Travel

(NU) - When most people think of Valley Forge and Montgomery County, Pa., they think of historic sites and the Revolutionary War. It may offer history buffs a keen look into the past, but there's so much more.

Whether you are a hiker or a biker, there are nearly 60 miles of multi-use trails interconnected throughout the county for visitors and locals alike to explore.

Two must-visits for nature lovers and adrenaline junkies are Valley Forge National Historical Park and Green Lane Park. With 3,500 acres each, these parks offer an abundance of recreational activities. Visit valleyforge.org for more information.

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Attention to all subscribers!! Rate change

The Stratford Star is no longer sending out notices when your paper is due. Check the label on the paper and see what month your subscription expires. **I will be putting "Stars" on the current month. If you have a Star on your label it means that your sub expires that month.** If you are not sure the amount you owe if you live out of the area call 753-7373 and double check. Locally is \$33.00 and out of the area \$40.00. If you are paying for someone else's sub, you will be billed for that person. The Stratford Star, PO Box 8, Stratford, TX 79084
Thanks-Marty

**Deadline for
The Stratford Star
Deadline for Stratford Star
items. Photos by Sundays at 4
p.m. Letters to Editor 9 a.m. on
Mondays (typed) and all other
articles and ads at 10 a.m. on
Mondays. (PLEASE)
Thank you**

Technology

(NU) - Recently, VehSmart, a company that uses advanced telecommunications and information technology to provide emergency alert and location services, teamed up with Globalstar, a provider of mobile satellite and voice data services, to outfit 4,000 Ecuadorian fishing vessels with Globalstar's SmartOne. This life-saving satellite tracking and emergency-notification device will hopefully make hijackings and other life-threatening emergencies at sea a thing of the past.

"Through the implementation of satellite tracking devices, fishermen will feel better protected with a greater level of security," says Vice Minister of Aquaculture and Fisheries, Guillermo Moran.

Learn more at www.vehsmart.com.

Survey

(NU) - The vast majority of the 65 million Americans who live in condominiums and homeowners associations are satisfied with their communities, according to a national survey conducted by Public Opinion Strategies for the Foundation for Community Association Research.

Ninety percent of community association residents rate their overall association experience as positive (64 percent) or neutral (26 percent), with only 10 percent expressing dissatisfaction.

Survey can be viewed at www.caonline.org/2014survey.

Money

(NU) - You've heard companies use the phrase "going green" too many times to count—but have you heard of "going blue"?

"Tighter environmental regulations have expanded the market for companies that encompass not only the use of 'green' technology, but 'blue'—or clean water—technology," says Alan Murphy, president of STW Resources, a Texas-based water reclamation systems integration company.

Now, environmentally conscious companies, like STW Resources (OTCQB: STWS), are positioning themselves to be potentially lucrative for investors. For more information, email info@stwresources.com or visit www.stwresources.com.

Money

(NU) - According to an Expedia study, Americans collectively failed to take an estimated 577 million available days of vacation this past year. Start using your vacation time by considering vacation ownership. Vacation exchange programs offer you choice and flexibility. RCI created the concept of vacation exchange 40 years ago and forever changed the timeshare industry. Today, members of RCI can experience destinations all around the world, with nearly 4,500 affiliated resorts to choose from in more than 100 countries.

Those considering vacation ownership can try the timeshare experience firsthand before they purchase by booking a stay through Endless Vacation Rentals at www.evrrentals.com.

**Pursuit of Happiness-
A journey of One
Thousand Miles**

Look for yourself, and you will find loneliness and despair. Look for Christ and you will find him and everything else." -C.S. Lewis. This quote speaks to our human tendency to worship the creation (ourselves) rather than the creator (God). The opposite of a self-centered life is a God centered life. When we position ourselves as the center of the universe our achievement ability is drastically reduced. Our human ability is finite and limited by human capability. When we connect ourselves to the infinite power of God's Holy Spirit we harness the exponential power of God. I can choose to put my shoes on, leave the Amarillo airport and start walking to Washington D.C. Chances are, I might never make it there under my own power. If I did, it would take me many months to reach my destination. I would surely endure numerous physical hardships related to walking across the country. I would suffer from weather conditions. I would need shelter at night. I would be exposed to murders, bandits, thieves, and other prowling predators. My clothing would become tattered and torn. Shoes would wear out. Hunger, thirst, and fatigue would plague me every step. In addition to the physical suffering there would be the mental anguish of fear, loneliness, hopelessness and despair.

A more logical choice would be to purchase a ticket at the airport and fly to Washington D.C. Flying has many obvious advantages over walking. The physical hardships are eliminated. There is no exposure to the elements. The plane is climate controlled. The fear of predators is dramatically reduced. The physical challenge is minuscule. Food and shelter is readily available. Fellow travelers would relieve loneliness. Travel time would shrink from months to hours.

Clearly, a right thinking person would choose the plane ride over the trek on foot. Yet, over my life's journey, I have opted numerous times for the foolish journey on foot while ignoring God's outstretched hand, thinking that I possessed sufficient power of my own to get where I wanted to go. Sometimes I think it is unfortunate for me that God allows me to make the travel plans for my life's journey. Thankfully, he is the Master of tough love. We make unilateral decisions. He waits and watches for us to recognize our poor choices and run back to him. We can "go it alone" on foot or we can hitch a ride on his jet plane. Someone once said a journey of one thousand miles begins with one step. I say it begins on your knees. It begins with God. I've learned to include God in my decision making process. First, I would pray about my desire to go to Washington D.C. I would pray about whatever I hoped to accomplish there. I would pray about protection for the journey. I would pray that God would lead me and make preparations for me. I would pray about when he wanted me to travel. Although I exist in a human body I am connected to God by the Holy Spirit. We are joined. He is the vine. I am the grapes on the vine. If I separate myself from the vine, I will wither and die.

God knows that we struggle against evil forces that produce tribulations in our daily lives. He reminds us that we are his servants and will be treated badly on Earth, just as he was. But in John 16:33 he assures us that if we stay calm and trust him we will have peace. He promises us peace in spite of expected tribulations. He gives us a "comforter" (the Holy Spirit) to escort us and guide us along each step of our journey. He says I will never leave you or forsake you. We have a true friend in high places. He confesses that our journey will be arduous filled with opposition from those forces that opposed him. Yet he promises us an abundant life filled with blessings and the assurance of an eternal afterlife with him.

As I travel life's journey, what will I find if I follow Jesus? How will my life be different? I no longer walk these perilous streets alone. I have a friend who accompanies me and fights those forces that lurk around every corner. John 14:21 tells me that if I remove myself from the throne, and seek to keep his commandments, he will "manifest" himself in my life. Sometimes I see him and other times I just know he's there because he said he would be there for me. The peace that accompanies this assurance makes me happy. Meditation: "How do I surrender my life for God?" Matthew 6:26-34 Luke 12:24-31 Luke 18:17 Luke 13:29-30 Luke 14:13

Feedback welcome joniayahysop@gmail.com

**Stratford High School
Announces Dessert Theatre**

Stratford High School will be hosting a Dessert Theatre on Monday, October 13 at the Mary Allen Cafetorium. The evening will begin with dessert and coffee served at 7:00 followed by a performance of this year's fall production.

The audience will be treated to a wild, western melodrama, *The Treasure of Shiver River*, written by Flip Kobler and Cindy Marcus and directed by Ronna Riffe and Stacy Metcalf. This is the freshest old-fashioned mellerdramer around, and it's laugh out loud funny to boot! From the nasty scoundrel Rod Enreel, who will soon take over the Shiver River Ranch and find the hidden treasure if Colonel Sanders can't sell his cattle to come up with the mortgage money, to heroic Marshal Marshall Law, who would love to propose to Heidi Claire, the colonel's daughter, yet he can't - throw in lots of other interesting characters and it's sure to be a great show!

All tickets are \$10.00 and go on sale Monday, September 22. This year half of the proceeds will go toward the medical fund for Corey Sims while the rest will go to the SHS speech and theatre fund to help support projects and productions for the year and send interested students to speech, debate, and theatre summer camps. For tickets see any member of the cast or crew or call Ronna Riffe at the high school at 366-3330 or 753-7255. We hope you come out to support these students and enjoy an evening of sweet treats and fun at the theatre!

Cast

Allissa Palmer
Noah Harris
Branson Palmer
Taylor Wright
Jacie Seward
Trey Gabehart

John McBroom
Chesney Rendon
Brantley Powers
Juan Carlos Camberos
Sidney Turner
Carlee Metcalf

Card Girls

Madison Mungia
Daniela Valdez

Crew

AJ Riffe
Val-mari du Plessis
Maty Mace
Magaly Guerrero

Alternates

Aron Villegas
Diana Vasquez
Daniel Sanchez
DarCee Robinson

Elk Express-Star Edition

By Magaly Guerrero and Alondra Bobadilla

Patricia Acosta, Gerardo Fierro, and Alejandra Guerra will attend a high school migrant leadership retreat at Ceta Canyon, Oct 7-8. They will hear motivational speakers, volunteer at Eveline Rivers Workshop, and tour West Texas A&M University.

School counselor Desine Garza is taking a large group of juniors and seniors to a college day at Dumas High School Monday. Over 22 colleges and military recruiter will be there to give students information and answer questions. Raeligh Wilborn, Allie James and Levi Springer exhibited animals at the Tri-State Fair this week; Stratford was also represented by the Livestock Judging team of Raeligh Wilborn, Carlee Metcalf, and Allie James.

Mr. Birdsong, Mr. Hanna, and Mr. Seward attended Leadership Fusion at Region 16, Wednesday.

Mrs. Riffe took 24 students to see "Moon over Buffalo" at the Amarillo Little Theatre Friday night.

The Elk Express wishes Brett Barnard a speedy recovery.

Community Program Held

By Paula Nusz

Legacy Assisted Living hosted a community educational event on Tuesday, September 16th. Jenee Richardson, a representative of Life Run, presented the Specialized Telecommunications Assistance Program (STAP). This is a government funded service to provide telecommunication assistance equipment to the hearing impaired, visually impaired, and the blind. A fine group of 15 individuals attended; and learned that people with cognitive, mobility, hearing, vision, and speech difficulties can receive free devices to make their communications easier for the speaker and for the listener.

All kinds of specialized telephones with loud ringers, flashing lights, computer screens for closed caption, amplifying voice and louder hearing options were discussed. Jenee took time with each participant to define their particular needs and then was able to help select their perfect telephone.

All Texas residents are eligible for these devices. Talking on the phone can again be enjoyable with these specialized products. Jenee would be delighted to assist others with these services. Her phone number in Lubbock is 806-4021000. She is deaf and has an answering service help with her calls. Legacy also has brochures for more information. Legacy is located at 301 Texas Boulevard in Dalhart.

**The Churches of Stratford
Welcome You**

First Assembly of God
Kevin Anderson, Pastor
921 Fulton
Sunday School 9:45 a.m.
Morning Worship 10:45 a.m.
Evening Worship 6:00 p.m.
Wed. Bible Study 6:30 p.m.

First Christian Church
Pastor Gary Smith
5th & Main
Sunday School 9:45 a.m. (nursery)
Morning Worship 10:45 a.m. (nursery)
No Sunday evening Worship Service

First United Methodist
Rev. Steve Ulrey 396-2178
520 N. Main
Sunday School 9:20 a.m.
Morning Worship 10:30 a.m.
Junior & Senior High UMY 6:00 p.m.

St. Joseph Catholic Church
6th & Pearl
Rectory 366-5687
Sunday morning 8:00 a.m. (English) 9:30 (Spanish)
Sacrament of Reconciliation Before Mass or t.
Christian Formation Classes K-6 Grade Wed. Afternoon
Jr. & Sr. High. Wed. 6:30-8:30 p.m.

First Baptist Church
Pastor Ron Whitt
702 N. 3rd
Sun-Coffee 8:30 a.m.
Sunday School 9:30 a.m.
Worship Service 10:30 a.m.
Wed. Children 6 p.m. youth 7 p.m.



This page sponsored by
Stratford Grain 396-5541
Lautz 769-5541

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753-4411

Stratford Star
366-5885

Church of Christ
Iglesia De Cristo
Brad Beckett
Juan Campos
N. 3rd & Chestnut
Sunday School 9:30 a.m.
Morning Worship 10:30 a.m.
Evening Worship 5:00 p.m.
Wednesday Bible Study 7:00 p.m.

Heritage Bible Baptist
Pastor Mark Looney
302 S. Main
For more info-call 396-2212
Morning worship 11:00 a.m.
Evening Service 6 p.m.
Thurs. Service 7:00 p.m.

Eben-Ezer Templo Hispano
Asambleas De Dios
Pastor: Juan M. Valenzuela
806 366-3071
205 N. Poplar-Hwy 287 268-2188
Escuela Dominical 10 a.m. - 12 noon
Servicio De Adoracion 5 p.m.-7 p.m.
Miercoles: Servicio De Adoracion 6-8 p.m.

Kerrick Community
Pastor Roy Harris
Community Building
10 a.m. Worship Service

La Mision Bautista
Mision Bautista
401 S. Wall 396-5376
Domingo (Sunday)
Escuela Dominical 9:45 a.m.
Miercoles (Wednesday)
Servicio De Adoracion 11 a.m. Estudio
Biblico & Servicio De Oraction 2 p.m.
Servicio De Adoracion 6 p.m. se Cuidamos
Sustinos Durante El Servicio

Number of children being fed by Snack Pak doubles in new school year

Approximately 70 local children are expected to participate in the Snack Pak 4 Kids program during the 2014-2015 school year - this number up from 30 participants last year.

To most of us child hunger seems like a Third World problem, but there is a substantial population of hungry children right here in Stratford living in food-insecure homes where evening meals are rare and weekend meals are basically non-existent.

On Mondays these little ones go to school with their tummies rumbling from up to 66 consecutive hours without food.

Snack Pak's motto is, "On an empty stomach you can't learn anything." Mary Allen Elementary Principal Misti McBryde explained, "Children who are not getting adequate nutrition in general are not mentally focused. They can't take in what information they need to thrive in an educational environment," she said.

The support that Stratford showed for Snack Pak in 2013 was amazing, and we are excited to help even more children this year with Snack Pak 4 Kids!

Please join us in helping to make sure that no child in our community goes to school on an empty stomach.

Opportunities to help:

- Sponsor a child: Only \$133/year or \$14/month provides a local child Snack Paks for an entire school year! Submit a Snack Pak 4 Kids donation form, located in *The Stratford Star*. Donations should be made payable to "Snack Pak 4 Kids." Please designate Stratford in the memo line of your check. Donations can be delivered or mailed to Jo Hinds at PO Box 781 Stratford, TX 79084 or mailed directly to Snack Pak 4 Kids 701 Park Place Ave. Amarillo, TX 79101.
- Volunteer to fill Paks: Snack Paks are filled once per month by volunteers. If you or your organization would like to volunteer please contact Sherry Willborn at 806-790-7792 or swillborn@msn.com. Volunteers are still needed for the following packing dates: Tuesday October 21, Tuesday November 18, Tuesday December 16, Wednesday January 21, Wednesday February 18, Tuesday March 17, Tuesday April 21, and Tuesday May 19. *Packing sessions will be held at 5:00 PM this year.
- Donate Pop-Tarts and peanut butter: Drives to collect Pop-Tarts and peanut butter (small jars) will be scheduled soon.

To learn more about Snack Pak 4 Kids in Stratford and how you can help, contact Jo Hinds at 806-570-6624.



Giving a Voice to Hungry Kids

We all know that there are children who have free breakfast and lunch provided for them at school Monday through Friday. Have you ever stopped to think what these children do for food on the weekends? Have you ever eaten lunch on Friday and then not had another actual meal until Monday morning? Can you imagine trying to listen to your teacher on Monday morning when all you can do is watch the clock and count the seconds until lunchtime? Unfortunately, there are children in Stratford and the surrounding towns in the Texas panhandle who face this struggle every weekend and during school holidays. Snack Pak 4 Kids is a program that provides food for children in these situations every weekend of the school year. 100% of all money is used for food only.

YES!!! I want to adopt a child for: **Stratford ISD**

- 1 year- \$133 (number of children)
- 1 month-\$14 (number of children)
- 1 week-\$3.50 (number of children)
- other- \$

Name

Address

Phone

Email

Organization

School you are sponsoring

Checks are payable to "Snack Pak 4 Kids." Please designate Stratford in memo line of your check.

Snack Pak 4 Kids
701 Park Place Ave
Amarillo, TX 79101
806-337-5252

Business Directory

Vincent Insurance Agency
Sabrina Melton

PO Box 739 Office: 806-396-2456
Stratford, TX 79084 Home: 396-2512
Email: vincins@xit.net

Stateline Wash & Service
An Honest Service For A Fair Price
Greg Koehn
owner

RR 1 Box 114 C
Texhoma, OK 73949
806-339-6413
carwashguy06@gmail.com

Stratford Auto Electric

119 S. Wall, Stratford, TX 79084
Phone-366-5941 or 366-5857
Alternators, starters, Altronic Repair
Since 1964
Roy McAlister

A & I Parts Center

Automotive and Industrial Parts
201 N. 2nd Street-Stratford, TX 79084
Tel: (806) 366-5592
*Toll-free 800-624-5494
Fax: (806) 366-2583

Stratford Grain Company

Stratford 396-5541
Lautz 769-4485

4 North Main

THIS SPACE AVAILABLE
CALL 366-5885
E-mail stardm@xit.net
Fax: 366-5884

Structured Touch Massage Therapy Clinic

Cece Yelek, CMT, LMT
401 N. Third #11. or 7199 Co. Rd P
Stratford, TX - Sunray, TX
Office 806-366-ahhh (2444)
Cell 806-290-3655
9-5 M-F-Sat. by apt

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Stratford, TX 79084
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PO Box 8 Office: 806-366-5885
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Livestock Producers Urged to Enroll in Disaster Assistance Program by Oct. 1

Congressionally Mandated Payment Reductions to Take Effect at Beginning of New Fiscal Year
Ranchers Applying for LFP Support Who Have Scheduled Appointments by Sept. 30th Will not be Impacted

WASHINGTON, Sept. 2, 2014 - The U.S. Department of Agriculture (USDA) is encouraging producers who have suffered eligible disaster-related losses to act to secure assistance by Sept. 30, 2014, as congressionally mandated payment reductions will take place for producers who have not acted before that date. Livestock producers that have experienced grazing losses since October 2011 and may be eligible for benefits but have not yet contacted their local Farm Service Agency (FSA) office should do so as soon as possible.

The Budget Control Act passed by Congress in 2011 requires USDA to implement reductions of 7.3 percent to the Livestock Forage Disaster Program (LFP) in the new fiscal year, which begins Oct. 1, 2014. However, producers seeking LFP support who have scheduled appointments with their local FSA office before Oct. 1, even if the appointment occurs after Oct. 1, will not see reductions in the amount of disaster relief they receive.

USDA is encouraging producers to register, request an appointment or begin a Livestock Forage Disaster Program application with their county FSA office before Oct. 1, 2014, to lock in the current zero percent sequestration rate. As an additional aid to qualified producers applying for LFP, the Farm Service's Agency has developed an online registration that enables farmers and ranchers to put their names on an electronic list before the deadline to avoid reductions in their disaster assistance. This is an alternative to visiting or contacting the county office. To place a name on the Livestock Forage Disaster Program list online, visit <http://www.fsa.usda.gov/disaster-register>. Producers who already contacted the county office and have an appointment scheduled need do nothing more.

"In just four months since disaster assistance enrollments began, we've processed 240,000 applications to help farmers and ranchers who suffered losses," said Agriculture Secretary Tom Vilsack. "Eligible producers who have not yet contacted their local FSA office should stop by or call their local FSA office, or sign up online before Oct. 1 when congressionally mandated payment reductions take effect. This will ensure they receive as much financial assistance as possible."

The Livestock Indemnity Program, the Tree Assistance Program and the Noninsured Disaster Assistance Program Frost Freeze payments will also be cut by 7.3 percent on Oct. 1, 2014. Unlike the Livestock Forage Disaster Program, applications for these programs must be fully completed by Sept. 30. FSA offices will prioritize these applications, but as the full application process can take several days or more to complete, producers are encouraged to begin the application process as soon as possible.

The Livestock Forage Disaster Program compensates eligible livestock producers who suffered grazing losses due to drought or fire between Oct. 1, 2011 and Dec. 31, 2014. Eligible livestock includes alpacas, beef cattle, buffalo, beefalo, dairy cattle, deer, elk, emus, equine, goats, llamas, poultry, reindeer, sheep or swine that have been or would have been grazing the eligible grazing land or pastureland. Producers forced to liquidate their livestock may also be eligible for program benefits.

Additionally, the 2014 Farm Bill eliminated the risk management purchase requirement. Livestock producers are no longer required to purchase coverage under the federal crop insurance program or Noninsured Crop Disaster Assistance Program to be eligible for Livestock Forage Disaster Program assistance.

To learn more about USDA disaster relief program, producers can review the 2014 Farm Bill fact sheet at www.fsa.usda.gov/farmbill, the LFP program fact sheet, <http://go.usa.gov/5JTK>, or contact their local FSA office.

The Livestock Forage Disaster Program was made possible through the 2014 Farm Bill, which builds on historic economic gains in rural America over the past five years, while achieving meaningful reform and billions of dollars in savings for the taxpayer. Since enactment, USDA has made significant progress to implement each provision of this critical legislation, including providing disaster relief to farmers and ranchers; strengthening risk management tools; expanding access to rural credit; funding critical research; establishing innovative public-private conservation partnerships; developing new markets for rural-made products; and investing in infrastructure, housing and community facilities to help improve quality of life in rural America. For more information, visit www.usda.gov/farmbill.

USDA Invests \$68 Million in 540 Renewable Energy and Energy Efficiency Projects Nationwide

Funding includes loan guarantees and grants for solar energy to create jobs, promote energy independence and advance the use of renewable fuels

TEMPLE, TEXAS, Sept. 18, 2014 - Agriculture Secretary Tom Vilsack today announced that USDA is investing in 540 renewable energy and energy efficiency projects nationwide.

"These loan guarantees and grants will have far-reaching impacts nationwide, particularly in the rural communities where these projects are located," Vilsack said. "Investing in renewable energy and energy efficiency will continue the unprecedented increase in home-grown energy sources and American energy independence we've seen in recent years. This is creating jobs, providing new economic opportunities and leading the way to a more secure energy future."

"Rural Development is pleased to offer funding through the REAP program to 14 Texas recipients," said Rural Development State Director, Paco Valentin. "By reducing energy costs, these businesses become more competitive, allowing them to expand, create jobs and serve a larger rural population."

Fourteen recipients throughout Texas will utilize \$399,000 of awarded funding to make energy efficient upgrades and improvements through a variety of ways. From energy efficient improvements to poultry houses, to installation of photovoltaic solar systems and energy efficient lighting, to the installation of wind generator turbines and automated oxygen monitoring systems, businesses throughout Texas will use their grants to modernize their facilities with energy saving devices and equipment.

For a complete list of recipients and further details on each project, please visit <http://www.rurdev.usda.gov/supportdocuments/rdREAPProjectsSept2014.pdf>. For more information on the REAP program, or any other Rural Development program offered throughout Texas, including local office contact information, please view <http://www.rurdev.usda.gov/TXHome.html>.

Today's funding is being provided through USDA Rural Development's *Rural Energy for America Program* (REAP). REAP was created by the 2008 Farm Bill and was reauthorized by the recently passed 2014 Farm Bill. Since the start of the Obama Administration, REAP has supported more than 8,800 renewable energy and energy efficiency projects nationwide. During this period, USDA has provided more than \$276 million in grants and \$268 million in loan guarantees to agricultural producers and rural small business owners.

President Obama's historic investments in rural America have made our rural communities stronger. Under his leadership, these investments in housing, community facilities, businesses and infrastructure have empowered rural America to continue leading the way - strengthening America's economy, small towns and rural communities.

Food

(NU) - Notorious for being picky eaters, kids often won't eat something unless it looks good. So, you must add one more element to your shopping criteria: visual appeal - namely coloring.

The big question: How can this happen naturally? "Natural colors are derived from all the active ingredients responsible for colors found in nature, like plants, fruits and vegetables," says Tammi Higgins, Natural Colors Commercial Development Manager at FMC. "They're used in food and beverages as an alternative to artificial colors made from coal tar and petroleum. Nature is able to provide bright and vivid colors in every shade of the rainbow."

So, as you comb the grocery aisles for healthy alternatives for your family, look for foods enhanced with colors from nature.

Community Proclamation

WHEREAS, the American Legion was chartered by Congress in 1919 on September 16th as a wartime veterans organization based on the four pillars of Veterans Affairs & Rehabilitation, National Security, Americanism, and Children & youth; and

WHEREAS, over the years, the American Legion has become a preeminent Community Service organization which now numbers more than 4.5 million members - men and women - in over 14,000 American Legion posts worldwide working in a variety of programs that support the four pillars and benefit our nation's veterans, its service members, their families, the youth of America and its citizens; and

WHEREAS, the members of the American Legion are dedicated to upholding the ideals of freedom and democracy, while working to make a difference in the lives of fellow Americans; and

WHEREAS, the 2014 observance of American Legion Day provides an opportunity to recognize Legionnaires in our community for their many contributions to Stratford and Sherman County,

NOW, THEREFORE, I, Terri Beth Carter, County Judge of Sherman County Texas do hereby proclaim September 16, 2014, as

THE AMERICAN LEGION DAY

IN WITNESS WHEREOF, I have hereunto set my hand this sixteenth day of September in the year of our Lord two thousand fourteen.



Terri Beth Carter
Sherman County Judge

Ranch Management University fall session set Oct. 20-24 in College Station

Writer: Kay Ledbetter, 806-677-5608, kledbetter@tamu.edu
Contact: Dr. Larry Redmon, 979-845-4826, l-redmon@tamu.edu

COLLEGE STATION - The intensive five-day Texas A&M AgriLife Extension Service Ranch Management University will be held Oct. 20-24 on the Texas A&M University campus in College Station.

The workshop will meet in the G. Rollie White Visitor's Center, 7707 Raymond Stotzer Parkway, said Dr. Larry Redmon, AgriLife Extension state forage specialist in College Station.

"Our program is designed for the new landowner who may have questions about how to manage their piece of Texas," Redmon said. Registration is \$500, with attendance limited to the first 50 who enroll. Redmon advised those interested to not wait to register. To register online and for more information, go to <http://agriliferegister.tamu.edu> and enter "ranch management" into the search window.

Redmon said the workshop is offered twice a year, with the fall session covering fundamentals of soils and soil fertility; forage establishment; pasture, livestock, wildlife and grazing management; stocking rates and body condition scoring.

Additionally, there will be wildlife management sessions on white-tailed deer, turkey, quail, feral hogs and farm ponds. Various forage species, including Bermuda grass and other introduced forages, native forages, small grains, annual ryegrass and clovers, also will be studied by workshop attendees.

Approximately one-third of the workshop involves lectures and discussion, Redmon said, with the remainder consisting of field demonstrations.

"Field demonstrations will include learning how to properly calibrate a sprayer, assess body condition scores of cattle, obtain proper soil and hay samples, and assess the fish populations in ponds," Redmon said.

There will also be a discussion regarding pond weeds and a demonstration on hog trap design.

Meals and break refreshments are covered by the registration fee, along with a resource CD containing more than 100 publications covering ranch resource management.

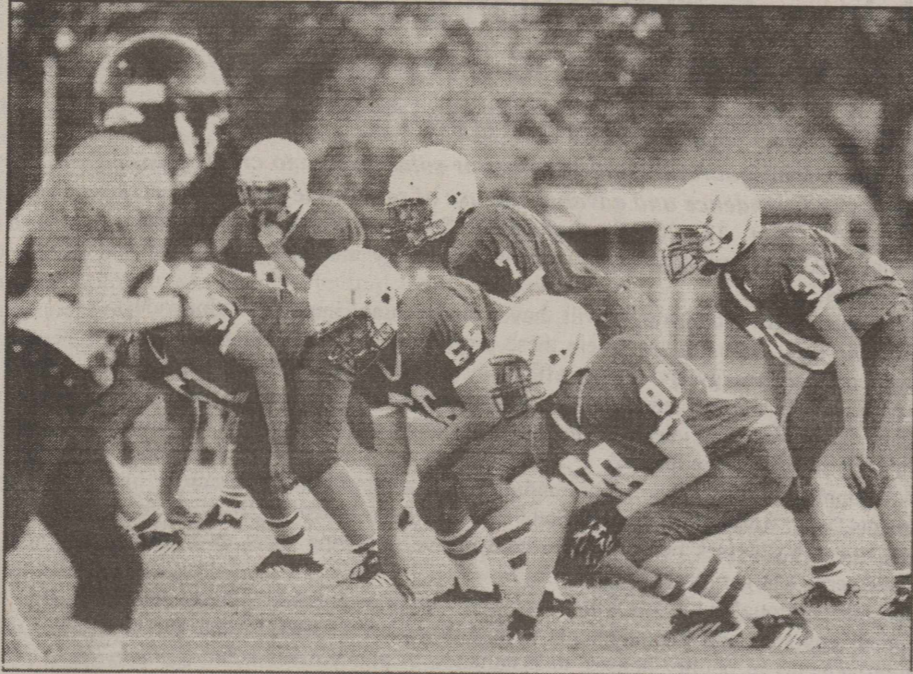
For additional information, contact Redmon at 979-845-4826 or l-redmon@tamu.edu.

Travel

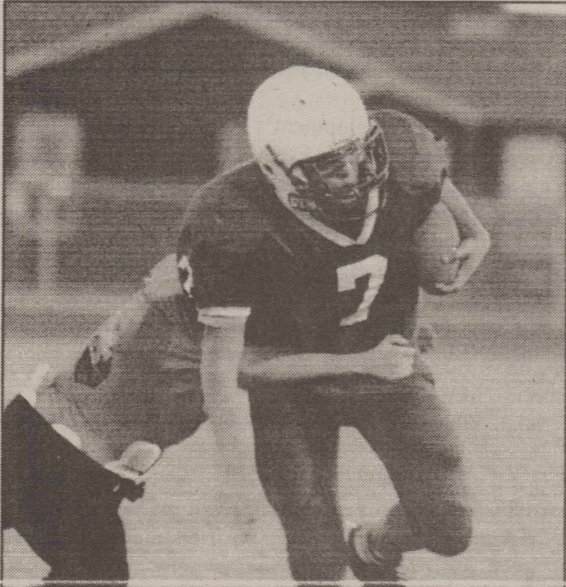
(NU) - Currently, there are 76 million baby boomers in the U.S., and AARP (travel.aarp.org) aims to help this generation plan a vacation by taking away some of what can arguably be a stressful activity. Travelers can now go to AARP's travel website to find expert advice and other tools that can help with planning, such as:

- Questions designed to deliver ideas and recommendations for destinations.
- A personal page that allows you to save and organize trip ideas, itineraries and related articles.
- Travel tips and online booking tools for hotels and rental cars through Expedia and Liberty Travel.

Elk Football is Back



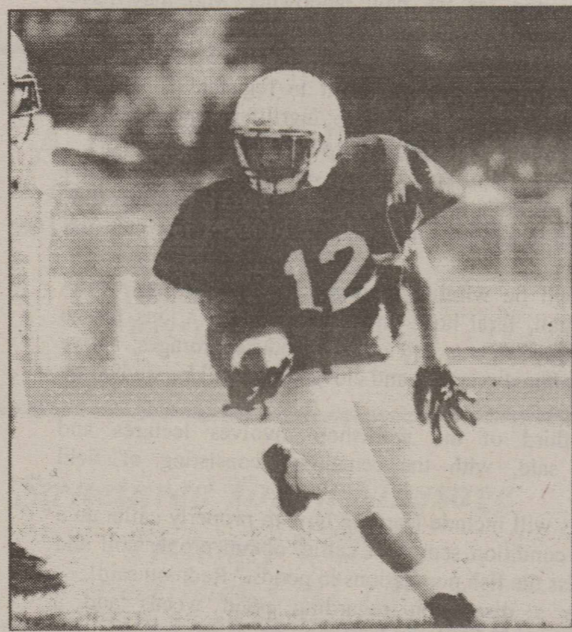
8th grade Elks line up on defense. #51 Carlos Gonzalez, #66 Heber Fierro, #7 Victor Torres, #88 Turner Smith and #30 Jesus Gonzalez.



8th grade Elk #7 Victor Torres gains some yards on the carry for the Elks.



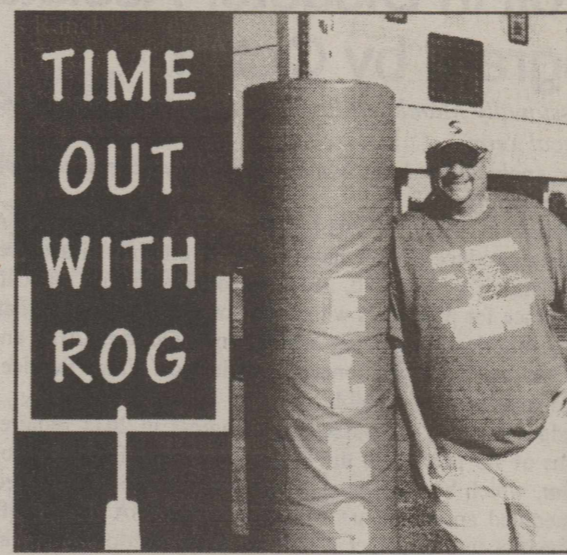
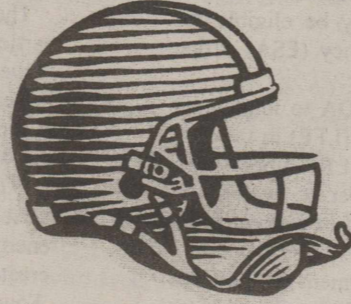
7th grade Elks stomp the Guymon Tigers on Thursday, September 18.



7th grade Elk #12 Abraham Villegas on the carry for the Elks.



JH Cheerleaders show off their socks at their Rock Your Socks Pep Rally on Thursday, September 18. From left, Lilia Trayler, Janeth Bravo, Brenda Portillo, Eiyelene Mendoza, Xenia Franco, Kenlee McBryde, Remie Seward, Annahi Ruiz, Toni Lopez, and Lilibeth Ibarra.



Well we beat TBA score is still pending at press time. This week we travel to Bushland. The Falcons beat Pampa by 37 last week so this reporter thinks we have to play top notch football, Block, Tackle, Run, and Catch! Pretty simple, Hutt! Everyone meet me West of Amarillo for some ELK Football. I hope everyone is healthy and got over their sickness! Sure sorry my friends lost their Dog, Jet! Remember to pray for Corey and Nora Grace. Once an Elk always An Elk!!!!

Roger Malon Allen

2014 Stratford Elk Composite Schedule

Varsity

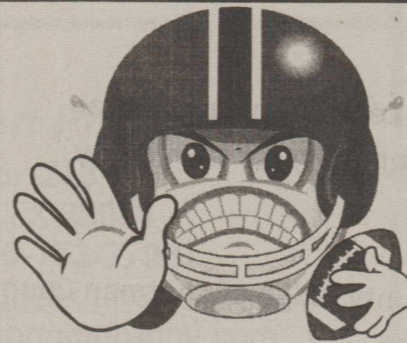
Aug. 15	Dalhart (scrimmage)	H	5:00
Aug. 21	Olton (scrimmage)	TBA	
Aug. 29	Sunray	T	7:00
Sept. 5	Tulia	H	7:00
Sept. 12	Sanford-Fritch	T	7:00
Sept. 19	TBA		
Sept. 26	Bushland	T	7:00
Oct. 3	Open		
Oct. 10	Wellington*	H	7:00
Oct. 17	Panhandle*	H	7:00
Oct. 24	Canadian*	T	7:00
Oct. 31	Boys Ranch*	H	7:00
Nov. 7	West Texas*	T	7:00

JV

Aug. 15	Dalhart (scrimmage)	H	5:00
Aug. 21	Olton (scrimmage)	TBA	
Aug. 28	Sunray	H	6:00
Sept. 4	Tulia	T	5:30
Sept. 11	Fritch	H	7:30
Sept. 18	TBA		
Sept. 25	Bushland	H	7:30
Oct. 2	Dalhart	H	7:30
Oct. 9	Tascosa	T	4:30
Oct. 16	Panhandle	T	7:30
Oct. 23	Canadian	H	7:30
Oct. 30	Boys Ranch	T	7:30
Nov. 6	West Texas	H	7:30

7th and 8th

Sept. 11	Fritch	H	5:00/6:00
Sept. 18	Guymon	H	5:30/7:00
Sept. 25	Bushland	H	5:00/6:00
Oct. 2	Dalhart	H	5:00/6:00
Oct. 9	Guymon	T	5:30/7:00
Oct. 16	Panhandle	T	5:00/6:00
Oct. 23	Canadian	H	5:00/6:00
Oct. 30	Boys Ranch	T	5:00/6:00
Nov. 6	West Texas	H	5:00/6:00



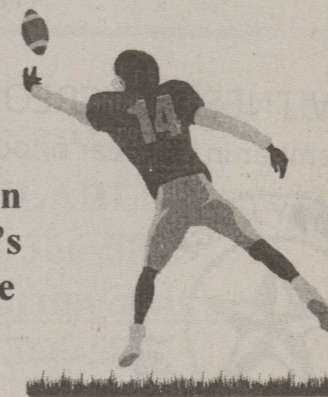
Roger Allen class of 1981

Stratford vs Bushland
Childress vs Abernathy
Sunray vs Panhandle
River Road vs Fritch
Groom vs Follett
Kansas vs Texas
Texas Tech vs Oklahoma St.
Texas A&M vs Arkansas
Panhandle St. vs Texas College
Green Bay vs Chicago
Buffalo vs Houston
Jacksonville vs San Diego
Detroit vs NY Jets
Tie Breaker New Orleans 31 vs Dallas 34

Klaire Walden Class of 2023

Stratford vs Bushland
Childress vs Abernathy
Sunray vs Panhandle
River Road vs Fritch
Groom vs Follett
Kansas vs Texas
Texas Tech vs OSU Oklahoma St.
Texas A&M vs Arkansas
Panhandle vs Texas College
Green Bay vs Chicago
Buffalo vs Houston
Jacksonville vs San Diego
Detroit vs NY Jets
Tie Breaker New Orleans 18 vs Dallas 54

Roger won last week's Challenge



Cross Country-2014

THE STRATFORD STAR
Thursday, September 25, 2014
Page 7



Varsity Elks from left, Julio Duran, David Marquez, and Francisco Ramirez get a good start at the Hugoton Cross Country meet.



The Lady Elk Cross Country team gets off to a good start at Hugoton where they came away with the back to back win. Lady Elk from front to back, Samantha Gonzalez, Sidney Turner, Vanessa Gonzalez, Alexie Wright, Kelsey Pickens, Sonia Lopez, and not seen Yadhira Chavoya.



Lady Elk Vanessa Gonzalez



Lady Elks Samantha Gonzalez and Sidney Turner right on the heels of Cimarron runner.



J.V. Lady Elk Karla Ramirez won the J.V. girls division.



J.V. Lady Elk Brookelin Langston.



8th grade Elk Justin Duran



8th grade Lady Remie Seward



8th grade Lady Elk Eiyelene Mendoza



8th grade Lady Elk Katelin Berry



7th grade Elk Andy Campoya won the 7th grade boys division at Hugoton.



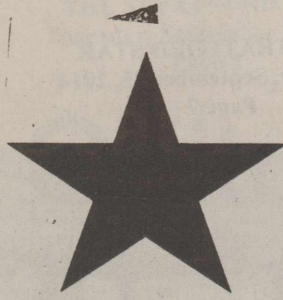
7th grade Lady Elk Jancht Bravo won the 7th grade girls division at the Hugoton Cross Country meet on Saturday, September 20.



7th grade Lady Elk Kenlee McBryde



7th grade Lady Elk Lilia Traylor



It Pays To Look In The

Star Classifieds

Phone 366-5885

..The Best Salesperson Around

THE STRATFORD STAR
Thursday, September 25, 2014
Page 8

Help Wanted

Coldwater Manor is looking for a full time Activity Director. Apply in person at Coldwater Manor, 1111 Beaver Road, Stratford, TX EOE 9-18, 9-25, 10-2, 2014 3 x's

Coldwater Manor is looking for a Part-time Hair Stylist. Apply in person at Coldwater Manor, 1111 Beaver Road, Stratford, TX EOE 9-18, 9-25, 10-2 3 x's

Warehouse staff position open at A&I Parts Center
Duties include pulling orders for distribution and receiving inventory. Person should be able to lift 50 to 75 lbs. and have basic computer skills. Benefits include health, vision and dental insurance, 401 K, holiday and vacation pay. Pick up an application at 201 N. Second Street in Stratford, 9-11-14

The City of Stratford is currently accepting applications for employment for Wastewater Operator. High School diploma or GED is required. Previous experience preferred, but not required. An employment application can be picked up at City Hall, 518 N. 3rd. Applications will be accepted until position is filled.

Submit applications and resumes to:
City of Stratford
PO Box 188
Stratford, TX 79084-0188
ATTENTION: Kathy Rendon
E-mail: KathyRendon@ci.stratford.tx.us 9-18-14

Cimarron Feeders is accepting applications for the following positions:

*Feed Mill Maintenance Team Member
*Feed Truck Driver
*Pen Rider
17 miles S Keyes, OK on HWY 171
15 miles N of Stratford, TX on HWY 287, then right 5 miles on HWY 171
Apply in Person: M-F 8 a.m.-3 p.m. or call (580) 543-6383
Great benefits for full-time positions that include:
Medical, Dental & Vision insurance as well as 401 K and paid time off.
Pre-employment drug screen required. EOE M/F
JBS Five Rivers Cattle Feeding is an equal opportunity Employer.

Houses for Sale

Newly renovated. Move-in-ready. 2500 sq. ft., 4 bdr, 3 bath, 2 living areas, 1 car garage and 2 car carport. 602 N. 4th. Large corner lot, nice neighborhood, in-ground storm shelter, \$139,000. Lots of extras. Call for appointment 806-753-7411.

Good Luck Elks Beat Bushland

Pets

(NU) - If you're worried your pet might have some trouble adjusting on vacation, a vacation rental can give you added privacy from your neighbors. When booking your accommodations, ask about any added services or amenities that may help your pet feel more comfortable on vacation. For example, Wyndham Vacation Rentals, the world's largest professionally managed vacation rentals company, greets furry guests in some of its properties with common pet necessities and temporary ID tags for their collars.

Start researching pet-friendly options online at www.wyndvr.com.

Travel

(NU) - Most people recognize Michelin for its tires, but, unknown to many, it also has a 112-year history of creating maps and travel guides. In fact, it provided the maps that were used by the Allies for the D-Day invasion. Improving on this history, its new Zoom Maps offer seven regional maps for travel in the U.S., with the ability to zoom in on more detail in urban areas. In addition, the new maps have a "not-to-be-missed" event calendar for regions, in an easy-to-fold system so you don't have to unfold the entire map. For more information, visit www.michelintravel.com.

What You Should Know About Natural Food Coloring

NewsUSA

(NU) - When you walk down the aisles of your local grocery store, there's a good chance you'll see a parent or two scrupulously reading packaging for buzzwords, like "healthy," "organic" and "natural"—the list goes on. Maybe you're one of those parents.

When making food decisions for your family, you might be looking for healthy, delicious options that your children will want to eat. Notorious for being picky eaters, however, kids won't eat something unless it looks good. So, you must add one more element to your shopping criteria: visual appeal—namely coloring.

Yogurt needs to have a pretty pastel hue. Fruit juices need to have sweet shades. And each cereal flake needs to look as inviting as the box promises—like more than, well, just oats. The big question: How can this happen naturally?

"Natural colors are derived from all the active ingredients responsible for colors found in nature, like plants, fruits and vegetables," says Tammi Higgins, Natural Colors Commercial Development Manager at FMC. "They're used in food and beverages as an alternative to artificial colors made from coal tar and petroleum. Nature is able to provide bright and vivid colors in every shade of the rainbow."

Think of grapes and red, beets—likely items in your fridge. Anthocyanins, derived from grapes and other fruits and vegetables, impart vivid pink to red to purple hues in a wide range of foods, including fruit chews and fruit-based beverages. And the beetroot helps intensify the color of tomato paste or achieve that fa-



Natural, healthy foods that also look tasty are out there—if you know where to look.

miliar red in red velvet cake. Annatto is also one of those beautiful color sources found in nature. It is the seed of the tropical bush Bixa Orellana—which is a plant native to Central and South America. In addition to being used as a spice in traditional cooking, annatto seeds can deliver a bright yellow to orange color, a hallmark of macaroni and cheese—a perennial family favorite.

Foods with natural coloring offer a cleaner label with recognizable, non-chemical ingredients. Natural colors are derived from sustainable sources and adhere to vegan, Halal and Kosher standards. They can even be certified organic.

So, as you comb the grocery aisles for healthy alternatives for your family—or the occasional candy-coated chocolate treat—look for foods enhanced with colors from nature. Remember, anytime something is added to food, like a natural color to enhance its hue or salt, to preserve it, it's considered an additive. But when that additive comes from Mother Nature, you can feel confident that you're making a smart choice.

Texhoma Community Blood Drive
Monday, September 29, 2014 3:00pm - 7:00pm
First United Methodist Church
300 W Main Street
Every eligible donor who presents to donate will receive a free Fight Cancer t-shirt! Photo ID or Donor Card Required.
Must be at least 17 years old to donate.
Donors that are age 16 may now donate with a signed parental consent form.
For appointments, please call 331-8800 or 1-877-574-8800.
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ALL BLOOD TYPES ARE CURRENTLY NEEDED!
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LEGAL NOTICES

Notice to Receive Proposals

The City of Stratford will receive proposals for Housekeeping services for City Hall until September 29, 2014 at 12 noon. The City of Stratford reserves the right to reject any or all proposals, to waive any formalities and to accept the proposal deemed to be the most advantageous to the City. All proposals received after the closing hour will not be considered. Specifications for proposals are available at City hall. All proposals can be submitted to City hall either in person at 518 N. 3rd or via mail at PO Box 188, Stratford, TX 79084

Aviso Para Recibir Propuestas

La ciudad de Stratford recibirá propuestas de servicios de mantenimiento para el Municipio hasta el 20 de septiembre del 2-14 terminando a las 12 p.m. La ciudad de Stratford se reserve el derecho a rechazar cualquier o todas las propuestas, a renunciar a las formalidades y a aceptar la propuesta considerada como la mas ventajosa para la ciudad. Todas las propuestas recibidas despues de la hora de cierre no seran consideradas. Especificaciones de propuestas estan disponibles en la Municipio. Todas las propuestas deben ser presentadas en el Municipio ya sea en persona en la 518 N. 3ra o por correo a PO Box 188, Stratford, TX 79084

Published in The Stratford Star, Thursday, September 18, 2014 and Thursday, September 25, 2014.

ETA ALPHA'S HOLIDAY BAZAAR

Eta Alpha's 31st Annual Arts & Crafts Bazaar is Saturday, October 25, 2014 in Boise City, Oklahoma at the Community Bldg. on North Main Street.

Any individual or business interested in obtaining a Booth Space (again Commercial Booths are welcome) for more information, call Jan Terry at 580 544 2293, if no answer leave a message & Phone number or call Ruby Gore 580 544 2447.

Stratford Hospital District

"Proudly serving the medical needs of Stratford and Sherman County"
Stratford Family Medical Clinic

Stratford Family Medical Clinic

Mon. - Thurs 8 a.m. - 5 p.m. Fri, 8 a.m. - 3 p.m.
396-5583 Tommy Brian, ANP

Elk Pharmacy

Mon.-Fri. 9 a.m. - 5:30 PM
"Check our Competitive pricing"
"Compounding Available"

366-5505

Coldwater Manor Nursing Facility

396-5568 Laura Davis, LNFA

Stratford EMS

9-1-1 or 396-2844 Jimmy Lanning, Director

The Stratford Hospital District operates on a non-discriminatory basis, giving equal treatment and access to services without regard to sex, race, religion, age or ethnicity.

Children's Health Update

Help End Childhood Cancer

(NAPS)—Cancer is the leading cause of death by disease in children and adolescents, according to the National Cancer Institute, yet funding for pediatric cancer research falls far below that for adult cancers. You can help stop this disease in its tracks—in a surprisingly simple way.

During Pediatric Cancer Awareness Month in September, Stripes® Convenience Stores launches Stripes Stores Celebrates Tomorrows, a multistate campaign aimed at raising more than \$1 million in one month for The University of Texas MD Anderson Children's Cancer Hospital.

MD Anderson Cancer Center

Making Cancer History®

For every dollar donation at more than 650 store locations in Texas, Oklahoma and New Mexico, customers will receive a point-of-purchase mobile to sign and display, as well as double coupons for free in-store items. In addition, the James B. and Lois R. Archer Charitable Foundation will match all donations dollar for dollar.

"Every dollar counts when saving the lives of children with cancer," says Eugenie S. Kleinerman, M.D., head of MD Anderson Children's Cancer Hospital. "Since opening our doors in 1941, MD Anderson has saved countless lives, cared for children with grave diagnoses and worked to ease the



By supporting a campaign to raise awareness about pediatric cancer, consumers can help to stop the disease in a surprisingly simple way.

burden of cancer. But cure rates in many pediatric cancers have not improved in more than 20 years. This campaign will help change how kids are treated for numerous cancers, while maintaining their daily routine through education and recreation programs.

One hundred percent of donations from the Stripes® Stores Celebrates Tomorrows campaign will go directly to helping kids with cancer. This includes research to improve cancer treatments for patients nationwide and MD Anderson Children's Cancer Hospital's Pediatric Education and Creative Arts Program, one of only two privately accredited K-12 hospital schools in the nation.

"Cancer disrupts the lives of every member of a pediatric patient's family," Kleinerman says. "So treatment needs to address the

disease and help kids and families maintain a sense of normalcy."

Katarina, age 15, was a straight-A student when she was diagnosed with Ewing's sarcoma in 2013. The school at MD Anderson Children's Cancer Hospital offered her a retreat from her cancer and the help she needed to maintain her strong grades. Now in remission, she dreams of becoming an oncologist.

"Children's health is central to Stripes' pillars of giving and they recognize cancer touches far too many of our children," Kleinerman says. "We are enthusiastic about this opportunity to align with Stripes and help children fighting cancer celebrate many tomorrows."



For 25 years, MD Anderson has ranked as one of the nation's top two cancer centers in U.S. News & World Report's annual "Best Hospitals" survey. MD Anderson Children's Cancer Hospital brings hope to families, offering the most advanced childhood cancer treatments in a kid-friendly environment.