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Tuesday, July 21, 1992

The Hereford Brand

Hustlin' Hereford, home of Clay Wallace | 92nd Year, No. 12, Hereford, Deaf Smith County, Texas | 10 Pages | 25 Cents

Residents oppose proposed pool site

By GEORGIA TYLER
Staff Writer

Objections to the proposed site of a new municipal swimming pool were raised by a few residents of the North Park area during a public hearing held by the Hereford City Commission Monday evening.

The hearing was held to comply with regulations of Texas Parks and Wildlife which will be asked to provide half the cost of the project, through a grant.

After the hearing of 65 minutes, the commission conducted a regular business meeting of only 35 minutes. The agenda included action on purchase of a vehicle for the fire department and final approval of an ordinance related to the telephone franchise fee.

Mayor Tom LeGate reviewed the pool proposal to open the hearing, saying the facility now in use in the city needs extensive repairs, estimated to cost $287,000.

A new swimming pool and other improvements at the North Park location, between 14th and 15th Streets and Avenue H and Avenue I, has a $480,000 price tag.

The TP&W grant application seeks half the cost of the project.

Don and Verline Shipley, whose home is at 508 Avenue I, suggested that another location be chosen for the pool, citing traffic and vandalism problems that might develop in the North Park area.

City Manager Chester Nolen listed several other city parks being considered and called attention to drawbacks of each.

The property near the YMCA is in a flood plain, he said, and would require extensive dirt work to build up a pool site. A park in northwest Hereford is not developed and considered too remote for the population of the city.

Also in a flood plain, a Veterans Park location would need considerable dirt moving, Nolen said.

Building a new pool in Dameron Park, site of the present facility, had been ruled out, Nolen said, because of traffic in the area.

Shipley asked for information on funding construction, "Where does the other half of the money come from? Will there be more taxes?"

Nolen replied, "The city has an unallocated balance of about $1 Million. There would be no tax increase specifically for the pool."

Size of a pool will be significantly smaller than the present pool, LeGate told the hearing audience.

"The existing pool is 41 by 121, built in 1948," the mayor pointed out. "A comparable pool would cost $750,000 now. The plans are for a 32 by 60 pool."

A major reason for "down-sizing is the cost," LeGate added. He said some interest has been shown by Hereford schools in cooperating on the pool, if the facility could be covered and used year-round.

"I want to emphasize, though, that no commitment has been made by the schools. It's all still talk," said LeGate.

Nolen said an inflatable covering would be considered if the need arises.

He described the problems at the existing pool, saying the filter system is worn out and access for disabled citizens is limited. The pool drain system also appears to be disintegrating, Nolen said.

If the city does not arrange to replace the pool, Nolen said the alternative is "to run the old one until it collapses and shut it down."

Other problems with activities at North Park were raised by citizens at the hearing. They asked that restroom facilities be provided since the park is the site of soccer games through the season.

The city plans no tax increase "specifically for the pool."

A need for off-street parking was cited. The city manager said plans for the park include space for about 75 vehicles.

Citizens attending the hearing were assured that site possibilities will be assessed before a new pool is built.

The need to complete the application as soon as possible was emphasized by Derek Smith, a representative of Panhandle Regional Planning Commission who is assisting the city in preparing the grant application.

During the business meeting, the commission:

-- Accepted a bid of $21,987 from Hereford Buick for a 1993 Suburban to be used by the fire department. Only other bid, from Stevens Chevrolet, was withdrawn by the bidder.

-- Authorized city staff to prepare specifications for a flow recorder at the Southwest pump station.

-- Approved, on the third and final reading, the ordinance related to the Southwestern Bell Telephone Company franchise fee. The pass-through fee will increase bills to Hereford telephone customers by 65 cents per month in the first year and 78 cents per month for the next four years.

-- Heard a request from Davis Ford, representing the Hereford Beautification Alliance for a city appointee to the alliance board. LeGate assured him of city cooperation.

Concluding the meeting, Bill McMorries, city engineer, introduced Royce Gooch of his office. Gooch reviewed a sketch for a proposed stage-pavillion in Dameron Park.

Deposits drop $6 million

Bank loans increase $2.9 million

Reports of conditions published by Hereford's two banks reflected a decrease in deposits and an increase in loans over the same time a year ago

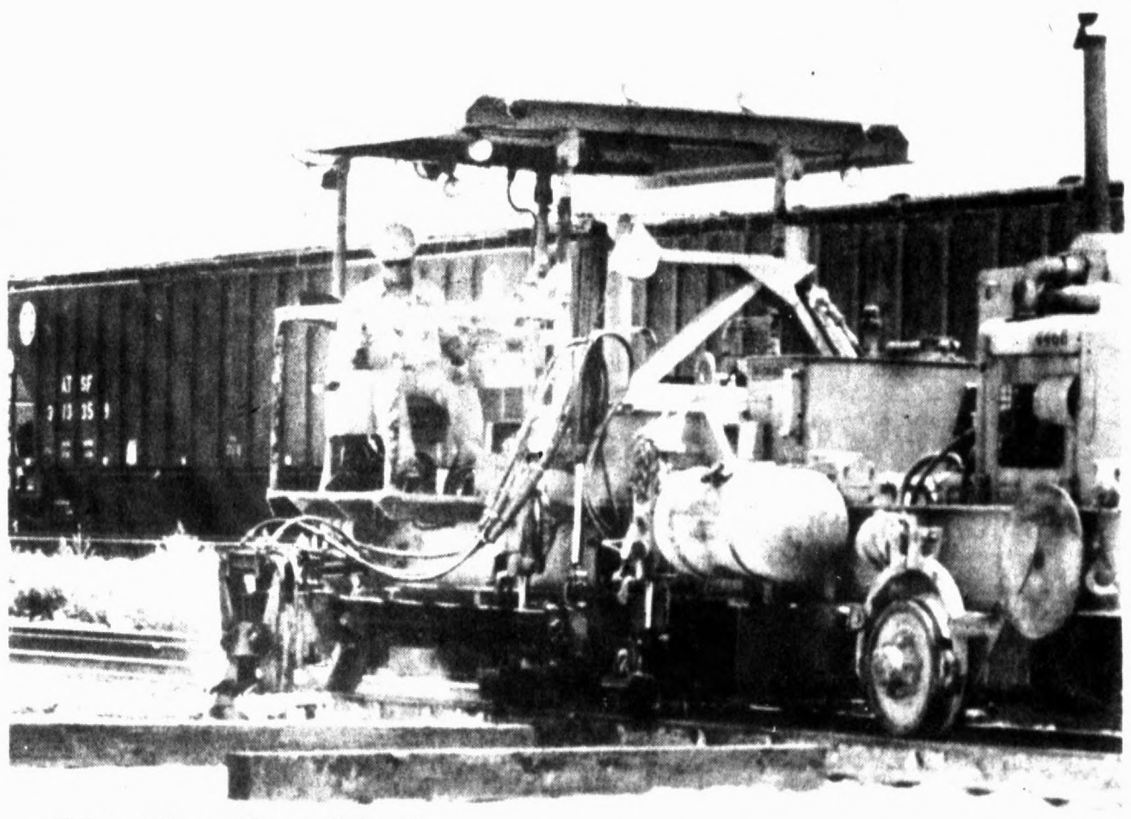
Deposits at Hereford's two banks totalled $132.3 million at the close of business June 30, 1992, which reflected a decrease of about $6 million over the same time last year. Loans at the banks were up about $2.9 million over a year ago.

First National Bank had deposits of $73.2 million, compared to $74.2 million a year ago. Loans totalled $36.68 million, compared to $36.69 million a year ago. The bank's assets were at $84.9 million as compared with $85.5 milllion last year.

Hereford State Bank reported deposits of $59.1 million on June 30, compared to $64.2 million on June 30, 1991. Loans were listed at $33.2 million, which compares to $30.3 million a year ago. Assets totalled $66.6 million, compared to $66.5 million last year.

Hereford Texas Federal Credit Union also submitted deposit and loan totals. Deposits totalled $24.4 million on June 30, 1992, compared to $27.7 million a year ago. Loans were listed at $13.1 million, down slightly from a total of $16.7 million last year.

Deposits at the three financial institutions totalled $156.7 million, compared to $166 million last year.



The ties that bind

A Santa Fe Railroad employee operates a mechanical tie replacement machine on a maintenance crew working in Hereford on Monday. The machine pulls old ties from under the rails and puts in a new tie. Work has been underway for several weeks on general roadbed repair in the Hereford area, on the main east-west Santa Fe line.

State has no plans for aquifer

LUBBOCK (AP) - Texas Water officials said Monday the state does not plan to regulate the Ogalala Aquifer, despite a recent ruling that a similar water source falls under the commission's jurisdiction.

Texas Water Commission Chairman John Hall and Commissioner Peggy Garner assured officials in Lubbock the legal ruling that affects the Edwards Aquifer in Central Texas is not applicable to the Ogalala Aquifer.

"Your situation couldn't be more different than the Edwards," Hall said during a Monday luncheon in Lubbock.

The Ogalala Aquifer, which stretches from Nebraska to West Texas, is an essential resource for the area. Although Lubbock's primary source of drinking water is Lake Meredith, many farmers and cities rely on the aquifer for water.

The water commission intervened in the dispute surrounding the Edwards Aquifer - which serves San Antonio and a six-county area - because of community squabbling and a fear of federal intervention, Hall said.

"We got involved because we saw a major problem that needed to be resolved," he said.

Legislation is expected to be introduced during the next meeting of the state Legislature to prohibit commission intervention in active water districts, Hall said.

Garner said that, if the commission set a precedent in the Edwards Aquifer case, it was one of taking action to resolve a conflict.

Perot planned massive tax hikes, some cuts

WASHINGTON (AP) - Ross Perot, who was widely criticized for lacking specifics on issues, was readying an economic plan so specific and austere that top aides say he would have had trouble running on it.

Among the proposals sure to have generated the most heat: a 50-cent-a-gallon increase in federal gasoline taxes and cuts in Social Security payments.

It's all a moot issue, since the Dallas billionaire last week abruptly ended his never-declared independent presidential challenge.

But when he quit the race, he left behind a nearly complete platform put together over the past three months by a specially assembled issues team.

A five-year, $800 billion deficit-reduction plan was the centerpiece.

On foreign policy, Perot was ready to call for a complete overhaul of the State Department to make trade promotion the main mission of U.S. embassies around the world. And his campaign was putting the finishing touches on a tough "zero tolerance" anti-drug policy.

The economic plan was to have been put out in late July or early August. Since Perot had made slashing the budget deficit a major theme of his insurgent effort, more work went into it than into any other section.

Among its litany of tough remedies are two proposals almost never advocated by politicians in election years - higher taxes and a cut in Social Security and other "entitlement" programs.

"Our goal was to reduce the deficit to zero in five years and to do it by trying to be fair and spread the pain all across all programs, and that means all programs including entitlements," said John White, Perot's chief issues adviser.

Entitlements are social-benefit programs that grow automatically with inflation.

The Perot platform would have called for:

- A phased-in increase of the federal gasoline tax from 14 cents a gallon now to 64 cents a gallon by 1998. Some of the additional revenues would be used to help rebuild the nation's system of highways, bridges and mass transit systems.

- A sharp rise in taxes on alcohol and tobacco, fees on boaters who use the nation's inland waterways, and higher fees on timber interests for logging on public lands.

- An end to sugar, peanut and many other farm subsidies.

- A slash in cost-of-living adjustments for Social Security and other government pension programs; increased taxes on Social Security benefits for upper-income Americans.

- A reduction in the capital gains tax, as advocated by President Bush.

- The termination of dozens of federal programs, including sharp cuts in the space program.

- Possible limits on mortgage deductions for homes worth more than $200,000.

"I think politically it would have been a tough document to sell," former campaign co-manager Ed Rollins said. "And I think it would have taken the entire campaign effort from now until November to make Americans buy off on it."

"He wanted to campaign on the plan, but he knew that if he campaigned on the plan, he couldn't win (the election) outright," said James Squires, a top Perot aide.

In fact, Squires said his advice to Perot had been against quitting. "I would have gone forward and taken my chances," Squires said. But Perot did not follow the advice.

Squires said Perot had assembled an entire "think tank" of people working on issues.

"I think he (Perot) misread his own tea leaves and we would have been better off fighting through and taking the positions public," Squires said.

Meanwhile, Perot's foreign policy program would have completely revamped the State Department and would have called for drastic reductions in foreign aid.

Relations between the United States and other countries would be based on economics and trade in the future, and not on military security.

"It's a new foreign policy based on fair trade," Squires said.

Under Perot's plan, embassies would "become economic emissaries for this country," Squires added.



PEROT

Here's an outline of The Perot Platform:

- A phased-in increase of the federal gasoline tax from 14 cents a gallon now to 64 cents a gallon by 1998. Some of the additional revenues would be used to help rebuild the nation's system of highways, bridges and mass transit systems.

- A sharp rise in taxes on alcohol and tobacco, fees on boaters who use the nation's inland waterways, and higher fees on timber interests for logging on public lands.

- An end to sugar, peanut and many other farm subsidies.

- A slash in cost-of-living adjustments for Social Security and other government pension programs; increased taxes on Social Security benefits for upper-income Americans.

- A reduction in the capital gains tax, as advocated by President Bush.

- The termination of dozens of federal programs, including sharp cuts in the space program.

- Possible limits on mortgage deductions for homes worth more than $200,000.

Page Two

Local Roundup

Mild weather through week

Tonight, partly cloudy with a 20 percent chance of thunderstorms. Low in the mid 60s. South wind 5 to 15 mph.

Wednesday, partly cloudy with a 20 percent chance of afternoon thunderstorms. High near 90. South wind 10 to 20 mph.

The extended forecast for Thursday through Saturday: a chance of mainly afternoon and evening thunderstorms, otherwise partly cloudy. Highs in the 80s to near 90. Lows around 60.

This morning's low at KPAN was 64 after a high Monday of 89. KPAN recorded .04 of an inch of rain from Monday night's shower.

DSGH board meets tonight

Deaf Smith County Hospital District board of directors will meet at 6:30 p.m. today at Deaf Smith General Hospital.

The agenda includes appointment of a board member and establishing board committees; ratifying three new physician contracts; medical staff, administrative and financial reports; and an executive session to discuss real estate and litigation.

Authorities busy with reports

Hereford police arrested 11 persons over the weekend, including four men, ages 29, 47, 26 and 39 for driving while intoxicated; a man, 21, for consuming alcohol after hours; a man, 19, for evading arrest; a man, 20, for minor in possession; two men, 35 and 53, for public intoxication; a woman, 31, on warrants; and a man, 22, on warrant for criminal trespass.

Reports included theft of a case of cigarettes, worth $422, from a convenience store; reckless conduct in the 500 block of Park; sexual assault of a child in the 600 block of Irving; three persons assaulted a man at Park and U.S. Highway 385; theft of an item by a juvenile in the 200 block of 25 Mile Ave.; theft of checks and criminal attempt by passing in the 100 block of 25 Mile Ave.; dog bite in the 500 block of Union; theft of a bike in the 500 block of Mable and 100 block of Catalpa; domestic disturbance in the 900 block of Union; theft of a tent in the 400 block of Ave. G; criminal trespass in the 300 block of Ave. H; disorderly conduct in the 500 block of Ave. G; reckless conduct in the 500 block of Park; theft of a license plate; criminal mischief to vehicles in the 300 block of Ave. J and to a storage shed in the 300 block of Ave. C; fighting in the 800 block of S. Texas; burglary of a residence in the 100 block of Ave. B; runaways in the 600 block of Ave. K; phone harassment; theft of a battery in the 600 block of Irving; domestic violence in the 100 block of Hermosillo; and one person assaulted another in the 100 block of Centre.

Police issued 16 tickets over the weekend and investigated six minor accidents.

Sheriff's deputies arrested six persons over the weekend, including a man, 34, and a woman, 42, for driving while intoxicated; a man, 33, on a DWI jail commitment; a man, 51, for violation of probation; and two men, 39 and 42, for public intoxication.

Reports in the county over the weekend included criminal trespass, domestic dispute, public intoxication and a burglary. Deputies are investigating two aggravated assaults: one person was taken to Amarillo for treatment after being hit in the head with a pipe; another man was struck in the face in a separate incident and was also taken to Amarillo for treatment.

On Monday, deputies arrested a man, 24, for public intoxication.

Deputies also investigated a family dispute and a dog bite.

Police arrested two persons Monday: a man, 26, for public intoxication, and a man, 22, on warrants.

Reports in the city Monday included criminal trespass in the 100 block of Juniper and 200 block of Lake; civil problems in the 700 block of 25 Mile Ave.; criminal mischief in the 100 block of Northwest Drive; theft of items worth $250 in the 400 block of Ranger; disorderly conduct in the 300 block of 25 Mile Ave.; unauthorized use of a motor vehicle in the 400 block of Sycamore; and assault by threat in the 300 block of 25 Mile Ave.

Police issued one ticket Monday and investigated a minor accident.

Hereford volunteer firefighters responded to a vehicle fire Monday.

News Digest

World/National

CAIRO, Egypt - Egypt and Israel hold their first summit in six years today amid hopes that Israel's new dovish prime minister, Yitzhak Rabin, and President Hosni Mubarak may expedite the Mideast peace process.

JERUSALEM - Possibly on his last diplomatic mission, Secretary of State James A. Baker III today is sounding out leaders of Jordan and Syria on resuming peace talks with Israel.

UNITED NATIONS - Security Council members believe they have no choice but to order an airstrike against defiant Iraq to show that the United Nations is serious about enforcing the terms of the Gulf War cease-fire.

QUANTICO, Va. - The second crash in 13 months of the experimental V-22 tilt-rotor aircraft provides new ammunition to critics just as Congress is taking a hard look at the expensive helicopter-airplane hybrid.

WASHINGTON - Ross Perot, who was widely criticized for lacking specifics on issues, was readying an economic plan so specific and austere that top aides say he would have had trouble running on it.

LOUISVILLE, Ky. - Al Gore traces all the fun he's having these days as Bill Clinton's running mate to a night last year sobbing over his word processor, translating his anguish at an accident that nearly killed his son.

AMSTERDAM, Netherlands - Keeping people free of gonorrhea, syphilis and other sexually transmitted diseases appears to slow dramatically the spread of AIDS, several studies suggest.

SARAJEVO, Bosnia-Herzegovina - There's no end in sight in the battle for Bosnia, and little chance of escape for the thousands of displaced Bosnians trying to get out of the way of the guns.

FAIRMONT, W.Va. - Jennifer Little was hungry as she bedded down for the night in a home of cardboard and plastic, but unlike the truly homeless, she will be back in her own bed tonight. Little and eight others were left to fend for themselves on the streets of this small industrial town until noon today as part of a project to raise money for a new shelter and call attention to the homeless.

Texas

HOUSTON - Financier Charles Hurwitz's bid for Continental Airlines has drawn objections from two major creditors and from Continental's shareholders.

AUSTIN - Possible life-threatening problems have been found in community homes where mentally retarded people have been transferred as part of a court-ordered deal, a newspaper reports.

HOUSTON - A member of a highly influential Republican family who has tested positive for the HIV virus wants to speak about AIDS during the next month's GOP convention, a spokesman for a non-profit organization says.

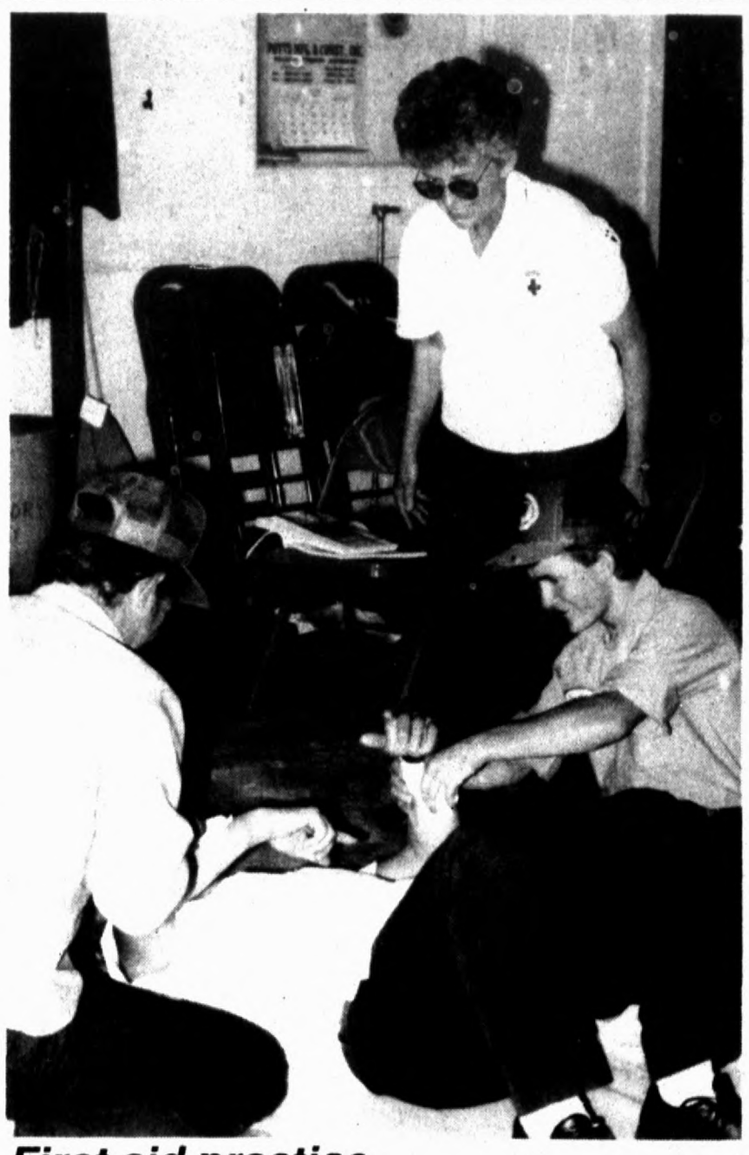
SAN ANTONIO - The director of the city's Metropolitan Health District has apologized for remarks about AIDS-related dementia, but City Councilman Weir Labatt attacked the AIDS community, saying no apology was due and blaming most AIDS sufferers for engaging in behavior that led to disease.

CIUDAD JUAREZ - Mothers leaned on children for support while fathers buried their faces in their hands as they mourned the deaths of a dance troupe of teen-agers killed during a bus crash in Guatemala.

AUSTIN - Texas' new banking commissioner arrives at a time that the state banking industry has seen a rebound in profits, but a decrease in lending.

BEAUMONT - A Jefferson County sheriff's deputy was being held in the shooting death of his ex-wife, killed outside the county courthouse where she was going to complain that the deputy was harassing her, authorities said.

HOUSTON - Harris County authorities have said they have few clues in the stabbing deaths of two girls in the northwest Harris County home where one of them lived.



First aid practice

Instruction in basic first aid was provided West Texas Rural Telephone and WT Services personnel recently by Betty Henson, executive director of the Deaf Smith County chapter of American Red Cross. Here, the instructor watches at Tony Wilcox, left, and his brother, Joe Bob Wilcox, right, apply pressure bandages to a "victim," their father, Stanley Wilcox, construction foreman for the cooperative. First aid instruction covered first aid for burns, broken bones, bleeding, snake bites and other emergencies. Employees also have been trained in CPR.

Labor leader tells about conditions of farm workers

WASHINGTON (AP) - Very few migrant farm workers are able to lift themselves out of poverty and the wretched working conditions that exist across the United States, farm labor officials say.

The migrant workers won't be able to improve their lives until they obtain the right to form unions, said Carlos Marentes, director of the Union of Border Farmworkers, based in El Paso.

"The situation in which the agricultural workers find themselves is an embarrassment and moral disgrace to this country," Marentes said Monday.

"Without the right to collective bargaining, agricultural workers will continue living in poverty and will continue suffering injustices."

Marentes testified during a briefing organized by the Helsinki Commission, which monitors compliance of the so-called Helsinki Accords in all 48 member countries of the Conference on Security and Cooperation in Europe.

The Helsinki Commission is focusing on migrant farm workers' problems in the United States before extending its scope to Europe and other regions. Monday's briefing was one of four the commission will hold before compiling a report on U.S. conditions.

Commission staffers in the last six months journeyed to Florida, Texas and California to observe working and living conditions for the migrant farm workers, most of whom are originally from Mexico and Central America.

Panelists chronicled grim statistics.

"Very few farm worker families are able to emerge from poverty," said Ed Kissam, a farm labor policy consultant.

Nationwide, seasonal agricultural services workers earned on average $6,500 a year for 141 days of farm work, according to the National Agricultural Worker Survey. In the Texas-New Mexico area, that average dropped to $5,300 last year, Marentes said.

"In the chile fields of New Mexico, as in many places, they pay by piece rate ... and this pay has not changed for the past 10 years," he said.

Another problem, Kissam said, is that migrant workers are chronically underemployed. In South Texas, farm workers average only 6.6 months of farm work a year, he said, and have difficulty finding other jobs in the off-season.

Workers are often crowded 15 or more to a two-room shack, and sent unprotected to fields freshly sprayed with pesticides without access to drinking water or portable toilets, Marentes and Kissam said. Children also are forced to work as adults, and the workers are denied access to health programs, workers compensation or unemployment benefits.

He blamed conditions in part on lack of enforcement of existing regulations by the Labor Department, and violations of the Fair Labor Standards Act and the Migrant and Seasonal Workers Protection Act by labor contractors.

But John Fraser, a Labor Department deputy administrator, said his agency was doing its job.

Marentes called for modification of the National Labor Relations Act to cover migrant farm workers and allow them collective bargaining rights.

Former Globe-News publisher, S.B. Whittenburg, dies Monday

AMARILLO (AP) - Samuel Benjamin "S.B." Whittenburg, longtime publisher of the Amarillo Globe-News, is dead at 77.

The longtime West Texas civic leader, who died Monday, was general manager of the Amarillo Times from 1938 to 1951 and president of Globe-News Publishing Co. Inc. from 1951 to 1972.

During his tenure at the Globe-News, Whittenburg oversaw the paper's investigation into law enforcement corruption that was awarded the Pulitzer Prize Gold Medal for Meritorious Public Service in 1961.

The Amarillo Globe-News was the first Texas newspaper to receive the Gold Medal.

Before selling out in 1974, Whittenburg was also director of Amarillo Globe-News Publishing Co. Inc.; the Avalanche-Journal Publishing Co. in Lubbock; and the Plains Radio Broadcasting Co. in Amarillo.

Whittenburg was appointed by governors three times to the Texas A&M board of regents and served from 1959 to 1977, including two terms as vice chairman.

From 1945 to 1951, Whittenburg served as a member of the board of regents at what is now Texas Woman's University in Denton.

He was president of the Amarillo Chamber of Commerce in 1952, president of Texas Daily Newspaper Association in 1957-58, president of Panhandle Press Association in 1958-59, and president of Panhandle Plains Historical Society in 1952-53.

He was inducted into Panhandle Press Association's newly established Hall of Fame in April.

Whittenburg, born in 1914 in the Hutchinson County community of Plemons, married Mary Frances Grimes in 1936. She died in April 1988.

He is survived by two daughters, Mary Frances Barlow of Fort Worth and Bonne W. Beavers of Amarillo; two sons, Sam B. Whittenburg Jr. and Tom Whittenburg, both of Amarillo; four sisters, Patti Morris, Bonne Liston and Tennessee McNaughton, all of Amarillo, and Helen McCartt of Rockport; 11 grandchildren; and a great-grandchild.

Services will be at 2 p.m. Wednesday in First Presbyterian Church. Burial will be in Llano Cemetery.



Courthouse Records

COUNTY COURT DISPOSITIONS

State vs. Ramiro Davila, driving while intoxicated, second offense, $100 fine, $217 court costs; evading arrest, $150 court costs; bail jumping/failure to appear, $150 court costs; 120 days in jail on each charge to be served concurrently, July 14.

State vs. Sharon Tice Kovacs, driving while intoxicated, second offense; two years probation; 10 days in jail, two years in jail probated, $700 fine, $217 court costs; modification of probation on previous conviction, extend probation six months, July 14.

State vs. Alvaro B. Perez, amended probation on 1991 conviction for driving while intoxicated, second offense; sentenced to serve 10 days in jail, July 8.

State vs. Alexander Hill, assault; one year probation, one year in jail probated, $162 court costs, July 15.

State vs. Tony Medina, carrying prohibited weapon; deferred probation one year, $162 court costs, July 15.

State vs. Carlos Rada, driving while intoxicated, second offense; two years probation, 10 days in jail, $700 fine, $217 court costs, July 15.

State vs. Ron Martin, bail jumping/failure to appear, $150 court costs; bail jumping/failure to appear; assault, $162 court costs, eight months in jail, concurrent with six-month jail term on each failure to appear charge; criminal mischief, modification of probation, July 15.

State vs. Billy B. Harrell, modification of probation on 1991 conviction for driving while intoxicated; sentenced to five months in jail, July 15.

State vs. Jaime Garcia, driving while license suspended; judgment and sentence, $100 fine, $162 court costs, July 15.

State vs. Donald Gene Ewing, revocation of probation on 1992 conviction, driving while intoxicated, second offense; sentenced to 10 months in jail, July 15.

State vs. Dale Layne Martin, revocation of probation on 1992 conviction, assault; sentenced to five months in jail, July 15.

State vs. Yolanda Olvera, theft by check, over $20/under $200; judgment and sentence, $162 court costs, July 15.

State vs. Ramon Andrade, assault, one year probation, one year in jail probated, $162 court costs.

222nd DISTRICT COURT

Appointment of grand jury by jury commission, July 9.

State vs. Diana Castillo Moreno, entered guilty plea to tampering with government records; sentenced to 10 years, Texas Department of Criminal Justice institutional division, probated 10 years, ordered to make restitution of $12,000, July 8.

State vs. Maria Orasco, order appointing attorney, David L. Red, July 10.

State vs. Susan Rodriguez Pacheco, order appointing attorney, Donald Davis, July 10.

State vs. Juan Pablo Florentino, revocation of probation on 1989 conviction for possession of a controlled substance, cocaine; sentenced to seven years, Texas Department of Criminal Justice institutional division, July 8.

State vs. Martin Moreno, entered guilty plea to indecency with a child; sentenced to 10 years, Texas Department of Criminal Justice institutional division, probated 10 years, fined $1,500, July 9.

State vs. Eustacio Salas Celaya, order issued to reduce sentence and terminate probation of five years given April 20, 1989, for felony driving while intoxicated, on satisfactory completion of one-third of sentence, July 10.

State vs. Casey Wade Jones, appointment of attorney, Chris Cleavenger, July 10.

In interest of Janet Cortez, Chris Cortez, Irene Cortez and Gilbert Cortez, minor children, final decree of divorce and order affecting parent-child relationship, child custody and support, July 11.

Nell Spradley, Limited Guardian of James W. Witherspoon, plaintiff, vs. John R. Barnes, defendant, order of dismissal, July 10.

Order granting name change, Usha Shanthini Subramani to Usha Shanthini Mani, July 13.

PATIENTS IN HOSPITAL

Sidney H. Kerr, James Layman, Javier Lopez, Jose Moreno, James Reyes and David Soto.

Obituaries

CLARA WOOLSEY
July 17, 1992

Clara Woolsey, 82, of Big Spring, sister of two Hereford residents, died Friday in Big Spring.

Services were held Monday at David Funeral Home in Georgetown with burial in Liberty Hill Memorial Cemetery. Arrangements in Big Spring were made by Myers and Smith Funeral Home.

Mrs. Woolsey operated restaurants in Big Spring for a number of years. She moved to Liberty Hill in 1961 and returned to Big Spring in 1989. A Baptist, she was the widow of W.A. Woolsey.

Survivors are two daughters, CarolAnn Winbush of Big Spring and Clematene Woolsey of Lake Jackson; two sons, Calvin Miller of Big Spring and Claude Miller Jr., of Oklahoma City, Okla.; three brothers, Clancy Worthan and Bernard Worthan of Hereford and Dee Worthan of Big Spring; a sister, Ada Altman of Oxnard, Cal., 11 grandchildren and several great-grandchildren.

ERIK NOAH ZAVATTIERI
July 8, 1992

Erik Noah Zavattieri, 20, of Powder Springs, Tenn., died July 8, 1992 at Jefferson, Tenn.

He was the grandson of Robert and Clara Trowbridge of Hereford.

Services were held July 11 at Fairview Baptist Church with the Rev. Gary Beeler officiating. Burial followed in the church cemetery.

He was born March 3, 1972 at Oceanside, Calif. He was a member of Pratts Chapel Baptist Church where his father is pastor.

Survivors included his parents, the Rev. Robert and Teena Zavattieri; two sisters, Tammy Zavattieri and Christie Zavattieri, of the home; paternal grandparents, Sam and Lola Zavattieri of Powder Springs; and his maternal grandparents, Robert and Clara Trowbridge of Hereford.

Memorials may be sent to Pratts Chapel Baptist Church, Powder Springs, Tenn. 37848.

THE HEREFORD BRAND

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O.G. Nieman — Publisher
John Brooks — Managing Editor
Mauri Montgomery — Adv. Mgr.
Charlene Brownlow — Circulation Mgr.

Life!



Public invited to view displays

The Deaf Smith County Historical Museum has many new displays this summer and the public is encouraged to tour the facilities. The public is also welcome to join the DSC Historical Society, a volunteer group that supports the local museum. Memberships are priced at $5 per person and $250 for life memberships. For additional information, call the museum or Donna Brockman at 364-4338.

Healthy diet requires sensible eating, thought and planning

Sensible eating requires careful thought and planning. Many people have good intentions to eat well, but end up neglecting nutrition as they are lured to snack bowls, fast food lines, and ice cream counter. Because nutrition plays a key role in maintaining health and preventing diseases, it is important to plan a daily menu that provides the essential nutrients your body needs.

A healthy diet is made up of combinations of foods containing six substances-protein, carbohydrates, fats, fiver, vitamins, and minerals. water is also necessary for your body to function properly. (Experts recommend 6 to 8 glasses a day.) You should be able to obtain all of these substances if your meals include foods from the following four food groups:

Meat, Fish & Beans: You should eat at least 2 servings of protein-rich foods each day. Protein maintains body tissues and is important for growth. Lean meats, fish, poultry, eggs, and beans are all good sources of this nutrient.

Bread & Cereal: Foods containing carbohydrates provide the body with energy. The foods you think of as starchy or sugary are sources of carbohydrates. Because the body really has no need for sugar, it is best to obtain carbohydrates from more nutritionally useful foods, such as whole grain bread, potatoes, rice, cereal, and pasta. You should eat 6-11 servings of carbohydrates each day.

Fruits & Vegetables: Fruits and vegetables supply the body with vitamins, minerals, and fiber. Fiber is important because it helps the body eliminate wastes and helps prevent constipation. When possible, eat vegetables raw or lightly cooked to reserve essential vitamins,. Include 5 servings from this food group in your daily diet.

Milk & Dairy Products: Mild and diary foods provide calcium, necessary to build strong bones and teeth. To get the recommended 2-3 servings of daily products each day, drink plenty of mild and include calcium-rich foods, such as cheese and yogurt, in your menu.

Eating wisely can have lifelong benefits, so make an effort now to change lazy eating habits. Watch your snacks and start planning menus that will provide these daily nutritional needs.

Ann Landers

DEAR ANN LANDERS: Didn't you have anything better to do than print yet another whiny letter from some horn old goat complaining about his wife of 40 years, the mother of his five children, who is perfect except that she had lost interest in sex?

And then you tell him to threaten her with separation if she doesn't submit to his unwanted advances? Have you never heard of mate-rape? If he follows your advice I hope she takes him to court and sues him for everything he's got.

I have spent nearly 50 years with the same man. Surely you have heard from millions of women who are dead tired, disgusted and fed-up with sex. Do you really believe those phony polls that say large number of polls that say large numbers of 70-year-old women long to be sexually active and bemoan the fact that men in their age group can't function? I have yet to meet a 70-year-old woman who thinks like that.

Until now, I have considered you a reasonably even-handed judge of the human condition, but after that last gaffe, you've lost at least one of your senior fans, Ann.--Fouled and Furious in Tennessee

DEAR FOULED AND FURIOUS: If you will go back and read that column again, you will find that you're as sappy as a maple tree in April. The facts are as follows:

"Lonesome in Wis." had been married to "Kay" for 40 years. He is semi-retired. They have five grown children. They are well-off financially and involved in community activities. Life is fine except for one thing. no sex. Four years ago, he complained about the same problem, saying he would never cheat on her, no matter what. Kay admitted the problem was hers and they went for counseling. Things improved. All went well, until 18 months ago. No sex since that time. I suggested they return for more counseling. If she refuses, I said, "Consider a trial separation." Drastic? Yes, but I felt that their marriage was in need of a serious jolt and I suggested one.

Now you come along with some nonsense about "mate-rape" and you go on to say you hope he tries it and that she sues him for everything he has. I'm afraid you've been watching too much daytime TV, buttercup. My advice was on target and I stand by it.

DEAR ANN LANDERS: Last year you printed a letter from a college co-ed whose one-night encounter with someone she thought was "special" resulted in a severe case of genital warts.

Genital warts are the nation's most rapidly spreading sexually transmitted disease. You referred this woman, and other readers, to our organization, the American Social Health Association. More than 8,000 people wrote, and as a result, we have begun a national HPV (human papillomavirus) support program that includes publications, a quarterly journal and local self-help groups around the country.

We recently updated our pamphlet on genital warts and are now able to offer it free to your readers. All they need do is send a self-addressed, stamped (52 cents) legal-size envelope to ASHA, P.O. Box 13827-W, Research Triangle Park, N.C. 27709. Thanks a million, Ann.--Peggy Clarke, executive director ASHA

DEAR READERS: The author of "It Was Grandfather's Birthday" has surfaced. he is Rudy Joe Mano of Racine, Wis. I am delighted to give him the credit he deserves.

Gem of the Day: Anyone who thinks he can do at 60 what he did at 20 didn't do much at 20.

Bridal shower held Saturday

Monnie Allen of Amarillo, bride-elect of former Hereford resident Shannon Burdett, was honored here Saturday with a miscellaneous bridal shower in the home of Shirley Wilson.

Greeting guests with Miss Allen and Shannon were her mother, Jann Allen of Amarillo, and Carlie Burdett, the prospective groom's mother, also of Amarillo.

Guests were invited to register by Kelly Kelso and Shambryn Wilson. Helping with the opening of gifts were Monnie's sister, Dani Allen, and her friend, Alicia Davis, also from Amarillo.

A mid-morning brunch of punch, fruit, sausage balls, and miniature cinnamon rolls was served by Bliss and Doris Burdett, sisters of the prospective groom.

Other special guests included the bride-elect's paternal grandmother, Opal Allen, and her paternal aunt, Jan Hamilton, both from Clovis, N.M.; and Mayme Hunter, Shannon's maternal grandmother from Canyon. A portable gas grill was given to the couple by the hostesses.

Hostesses with Shirley Wilson were Peggy Fox, Evelyn Hacker, Leota Kelso, Anna Wiggains and Bobbie Wilson,



Anniversary

K-Bob's Steakhouse franchisees, Estella and Allen Parson (far right), are joined by staff members (left to right) Tracy Boyles, Melinda Boyles, Janice Stevenson, Bonnie Hicks, Sue McCleskey and manager Gene Hicks as the restaurant observes K-Bob's USA, Inc.'s 25th Anniversary.

K-Bobs observes 25th Anniversary

K-Bob's Steakhouse of Hereford, along with 48 other restaurants scattered throughout Texas, New Mexico, Colorado, Oklahoma and Kansas are celebrating the franchise's 25TH anniversary.

The local steakhouse, located at 215 South 25 Mile Ave, is conducting anniversary specials every day, awarding prizes to every 25th customer and taking names for a drawing for a summer cooler and grill set.

Parson's brother, Gabe, was the founder of the steakhouse chain. He opened the first restaurant on June 7, 1966 in Clovis, New Mexico.

K-Bob's Steakhouse in Hereford opened on March 27th, 1971.

(Advertorial)

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SPORTS

YMCA holds Tennis Open

The Hereford and Vicinity YMCA finished up its tennis tournament Sunday. The YMCA decided champions in 11 divisions.

In mens' A singles, Jamie Kapka beat Torey Sellers, 3-6, 6-1, 6-4. However, Sellers defeated Kapka, 6-3, 6-4, to win the 18-under boys' division. Dave Hopper def. Jason Griffith, 6-3, 6-3, for third place in men's A. Art Ortega of Dimmitt was third in 18-under boys.

Most of the participants were from Hereford. Those who weren't have their city listed next to their name.

Women's A doubles--Teresa Baker and Brooke Weishaar def. Cindy Cassels and Kristen Cassels, 4-6, 6-2, 6-2. **Third**--Melissa Berend and Michelle Berend.

Men's B singles--Weldon Knabe def. Jerry Koenig, 6-0, 6-2. **Third**--Tony Martinez.

Mixed doubles--Natalie Sims and Jamie Kapka def. Dave Hopper and Gaye Roberts, 6-0, 6-1. **Third**--Torey Sellers and Teresa Baker def. Kristen Cassels and Jarrit Edwards, 6-1, 6-0.

16-under girls singles--Michelle Berend def. Melissa Berend, 6-2, 6-3. **Third**--Gabriela Gamez.

14-under girls singles--Aimee Alley def. Corri Goddard, Pampa, 6-2, 6-3. **Third**--Holly Weishaar.

14-under girls doubles--Aimee Alley and Holly Weishaar def. Jami Parker and Julie Cole, 6-0, 6-1.

14-under boys singles--Pete Vargas def. B.J. Lockmiller, 6-3, 4-6, 6-4. **Third**--Marcus Berend.

14-under boys doubles--Pete Vargas and Todd Radford def. B.J. Lockmiller and Tom Munoz, 7-5, 6-1. **Third**--Chris Cory and Andrew Carr.

12-under boys singles--Brad Beck, Dimmitt, def. Chris Cory, 7-6, 7-5. **Third**--Andrew Carr.



YMCA Tennis Open

B.J. Lockmiller prepares to send a tennis ball back over the net during the Hereford YMCA Tennis Open. Lockmiller came in second in both 14-under singles and doubles.

(Photo by Weldon Knabe)

Burnett 9th in state bowling tourney

Selena Burnett placed ninth in women's singles (Division 4) in the Texas Women's Bowling Association Tournament.

The tournament was held April 3-May 25 in Amarillo. Results were released so late because the the tournament lasts so long, and because of the many different divisions.

Several other Hereford bowlers placed. In singles: Karen McPherson, Viola Moore, Sandi Blevins, Loni Long, Shari Dameron, Carol Berryman and Jana Vogler. In doubles: Jackie Murphey and Deborah Foxhoven; Cathy Betzen and Charlene Sanders; Blevins and Berryman; and Jana Vogler and Patsy Vogler.

One Hereford team placed: the Herdettes, consisting of Mary Low, Joni Koozer, McPherson, Betzen and Sanders. In the all-events category, Pat Fowler, Tonya Taylor, Burnett, Moore, Blevins and Berryman all placed.

Rockets un-trade Kite

HOUSTON (AP) - The Houston Rockets have canceled their trade agreement with the Orlando Magic for center Greg Kite, saying the team did not want to risk future complications from a heart problem Kite had last year.

The July 2 deal would have granted the Magic two future second-round draft choices for the 6-11, 250-pound center.

Rockets general manager Steve Patterson said Monday that Kite, a nine-year NBA veteran who developed atrial fibrillation early last season, had failed to pass a team physical. He was not cleared by Rockets' cardiology consultant, Dr. Raul Soto.

Tripleheader called off

The West Texas Summer Baseball League tripleheader that Hereford was scheduled to play in was canceled.

Hereford is scheduled to host Tulia at 6 today at Whiteface Field.

Coberly gets scholarship

Sam Coberly, a May graduate of Hereford High School, will receive a Houston Livestock Show rodeo scholarship to Sul Ross University.

Reds keep lead despite injuries

By The Associated Press

The Cincinnati Reds have lost some key players and momentum lately. They haven't lost the lead in the National League West, though.

The Reds have lost left-hander Tom Browning with a knee injury for the rest of the season and rookie outfielder Reggie Sanders is out for at least three weeks with a broken rib.

But Monday night's 5-2 victory against Chicago at Riverfront Stadium edged the Reds 1 1/2 games ahead of Atlanta. The idle Braves have won nine in a row.

"We're playing with a purpose," Reds manager Lou Piniella said.

Bip Roberts' seventh-inning double tied the score 2-2 and Barry Larkin's sacrifice fly put Cincinnati ahead to stay.

The Reds' rally spoiled a sharp comeback performance by Mike Harkey, who was making his first major league start since shoulder surgery in May 1991.

Harkey threw three-hit ball for five innings before giving up a leadoff triple and a walk in the sixth. Chuck McElroy (3-5) killed that threat, but was charged with both runs in the seventh.

"Harkey is really a shot in the arm for our ballclub," manager Jim Lefebvre said. "He pitched good enough to win. This kid has come a long way since spring training."

Scott Ruskin (4-1) pitched a scoreless seventh inning in relief of Tom Bolton for the win, and Rob Dibble got his 13th save. Bolton, who gave up two runs, was making his first start for the Reds.

Andre Dawson hit his 14th homer

(See NL, Page 5)

Astros' sale almost done

HOUSTON (AP) - An agreement in principle for the sale of the Houston Astros and the Astrodome lease to Drayton McLane Jr. of Temple is expected to be announced later this week, sources close to the negotiations say.

"I don't think anything will be announced before Wednesday, and it probably will be Thursday or Friday before anything official is done," the source told the Houston Chronicle.

Representatives of both parties have ironed out most of the remaining details without McLane or Astros owner John McMullen being involved. McMullen was in his New York office on Monday and isn't expected to come to Houston today.

McLane was not in Houston or his grocery-distribution company office in Temple on Monday.

"He is away on McLane Co. business today," said McLane's public-relations director, Christi Lucksinger. "But I think you can count on his statement last week about something being resolved on the Astros sale by the end of this week."

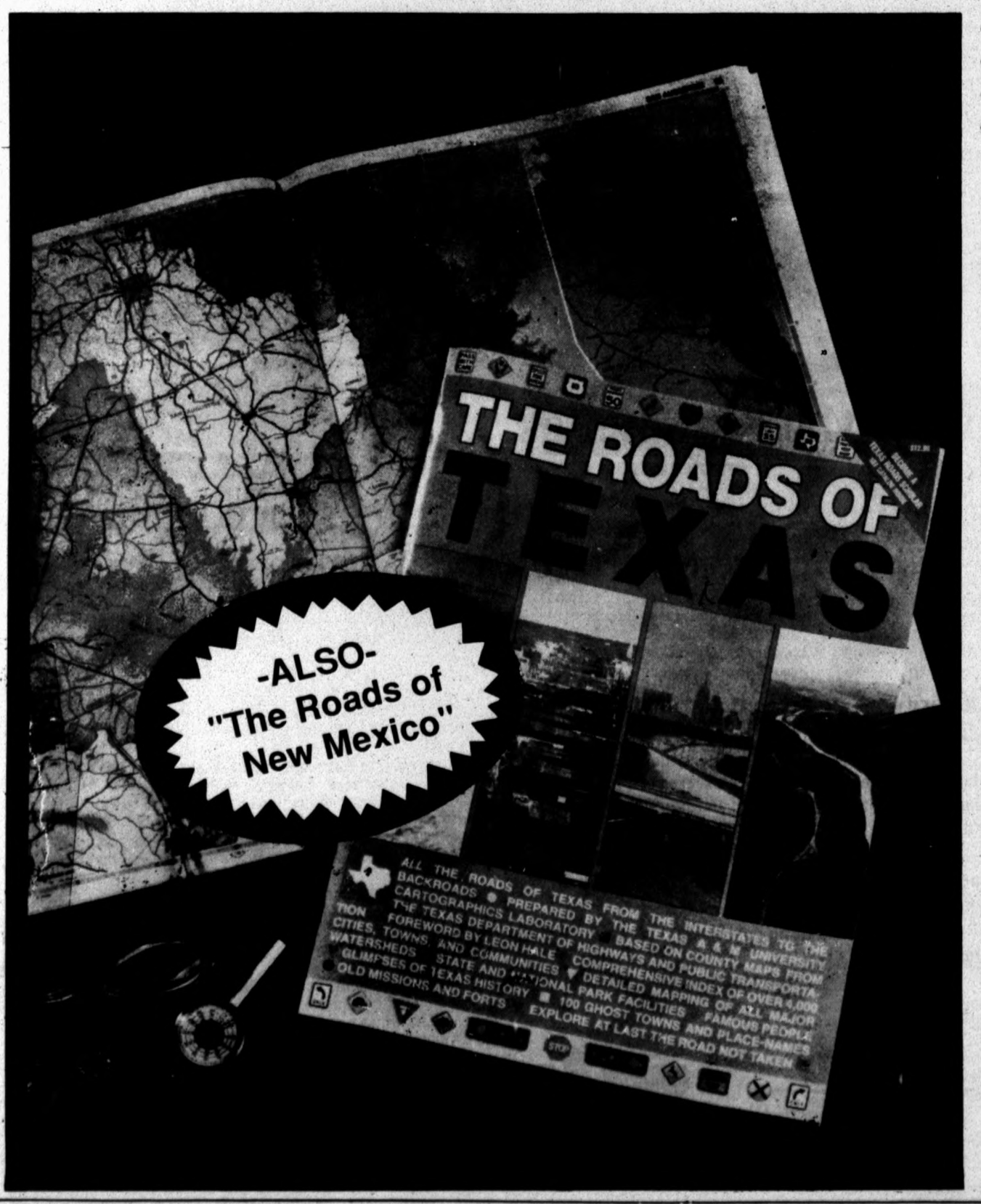
Only one thing remains to be determined before the announcement is made, one source said.

"They just have to decide when they want to pull the trigger," the source said. "Everything else is done."

The final stumbling block in the way of accomplishing a sale agreement appeared to be completed last week when sources said other shareholders of McMullen's Houston Sports Association agreed to take over the three Astrodome-area hotels McMullen owns.

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This 172 page atlas contains maps that show the complete Texas road system (all 284,000 miles) plus just about every city and community! Texas A&M University Cartographics Laboratory staff members produced the maps, based on county maps from the State Department of Highways and Public Transportation. The details shown are amazing—county and local roads, lakes, reservoirs, streams, dams, historic sites, pumping stations, golf courses, cemeteries, mines and many other features too numerous to list.

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October, 1988

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Kent Biffle
Dallas Morning News

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Rangers

The Kids Inc. Minor League Rangers won the regular season with a 10-1 record and won the post-season tournament. They are (kneeling, left to right) Paul Garcia, Jeremy Williams, Raul Garcia, Michael Rodriguez, Justin Carroll, (back) Coach Wayne Hendrickson, Aaron Hendrickson, Gus Guseman, Hagen Henderson, L.J. Vallejo and Coach Hud Edwards. Not pictured are Cody Hodges, Slade Hodges, Dustin Faught and Seth Laing.



More Rangers

The Major League Rangers won their post-season tournament, beating the Cardinals 18-7 in the championship game. They are (kneeling, left to right) Gilbert Salinas, Daniel Tijerina, Richard Alaniz, Edgar Zapata, Timothy Valdez, Roger Leon, (back) Coach Joe Mendoza, David Mendoza, Jimmy Moreno, Lucas Mendoza, Mark Mendoza and Coach Tony Mendoza. Not pictured are Brian Pesina and Billy Heard.

Yanks' Hillegas finally arrives

By BEN WALKER
AP Baseball Writer

From the time he was a first-round pick in the January 1984 draft, a lot of people projected big things for Shawn Hillegas.

The Los Angeles Dodgers waited nearly five years for him to develop before trading him to Chicago. The White Sox and Cleveland also gave him a chance, and both teams eventually gave up.

This spring, the Toronto Blue Jays wanted him as a middle reliever, but he rejected their waiver claim. Instead, he signed a minor league contract with the New York Yankees.

"They said they would work me in, but there were no guarantees," Hillegas said.

On Monday night he showed the stuff that so many teams waited for so long to see.

Hillegas pitched his first complete game in 45 starts in the majors, shutting down Oakland on five hits and leading the Yankees to a 1-0 victory.

Hillegas (1-3) struck out five and walked two in his third start for the Yankees.

"Hillegas was just better than we were," losing pitcher Ron Darling said.

Darling (8-8) gave up seven hits.

The Yankees got some help in scoring the only run in the third inning.

Mel Hall hit a high fly that dropped when center fielder Willie Wilson, who appeared to have a play on the ball, pulled up so that left fielder Rickey Henderson could try for the catch. Instead, Hall wound up with a double and scored when Don Mattingly doubled just beyond Henderson's reach.

Brewers 5, Rangers 4

B.J. Surhoff singled to start a three-run rally in the eighth inning that tied it, then won in the bottom of the ninth with a bases-loaded sacrifice fly.

Greg Vaughn hit his 13th homer in the fifth inning. He drew a leadoff walk in the ninth from Edwin Nunez (1-3), and Robin Yount's 2,965th career hit and Daryl Hamilton's walk loaded the bases with no outs.

With one out, Surhoff flied out to medium center and Vaughn beat a wide throw by Juan Gonzalez. In the eighth, Gonzalez dropped a fly ball for a two-run error.

Darren Holmes (3-3) pitched one inning for the victory.

Angels 5, Blue Jays 3

Junior Felix scored the tiebreaking run in the seventh inning on a balk.

Red Sox 5, Royals 3

Reliever Paul Quantrill pitched 2 2-3 scoreless innings and was the winner in his major league debut as Boston won at Royals Stadium.

Tom Brunansky tripled, doubled and drove in three runs for the Red Sox.

Indians 5, Twins 1

Dennis Cook (3-5) made another strong start, holding Minnesota to one run in 6 1-3 innings, and Cleveland won at the Metrodome.

Tigers 6, Mariners 4

Travis Fryman's two-run double capped a four-run seventh inning and Detroit rallied past Seattle at the Kingdome.

With two outs and the Tigers trailing 3-2, Tony Phillips and Lou Whitaker hit RBI singles off Juan Agosto and Fryman followed with his double. Mark Grant (0-2) took the loss. Walt Terrell (4-8) won.

Orioles 3, White Sox 2

Tim Hulett singled home the go-ahead run in the 12th inning and Baltimore won its fourth in a row, all on the road.

The Orioles tied it in the ninth when Glenn Davis and Randy Milligan hit RBI singles against Bobby Thigpen with one out.

NL

for the Cubs.

Elsewhere in the NL it was Montreal 2, San Francisco 1; San Diego 2, Philadelphia 1; Los Angeles 9, New York 2; and Houston 11, Pittsburgh 8.

Astros 11, Pirates 8

At the Astrodome, rookie Eddie Taubensee hit his first major league homer, doubled, singled, drove in two runs and scored twice.

Ken Caminiti also homered, singled and drove in three runs.

Willie Blair (2-4) worked one inning for the victory and Doug Jones pitched 1 2-3 innings for his 20th save.

There were six homers in the game, including three in one inning by Pittsburgh's Jeff King, Andy Van Slyke and Barry Bonds.

Trailing 7-6, Houston scored two sixth-inning runs off Roger Mason (2-5). Pete Incaviglia led off with his ninth homer.

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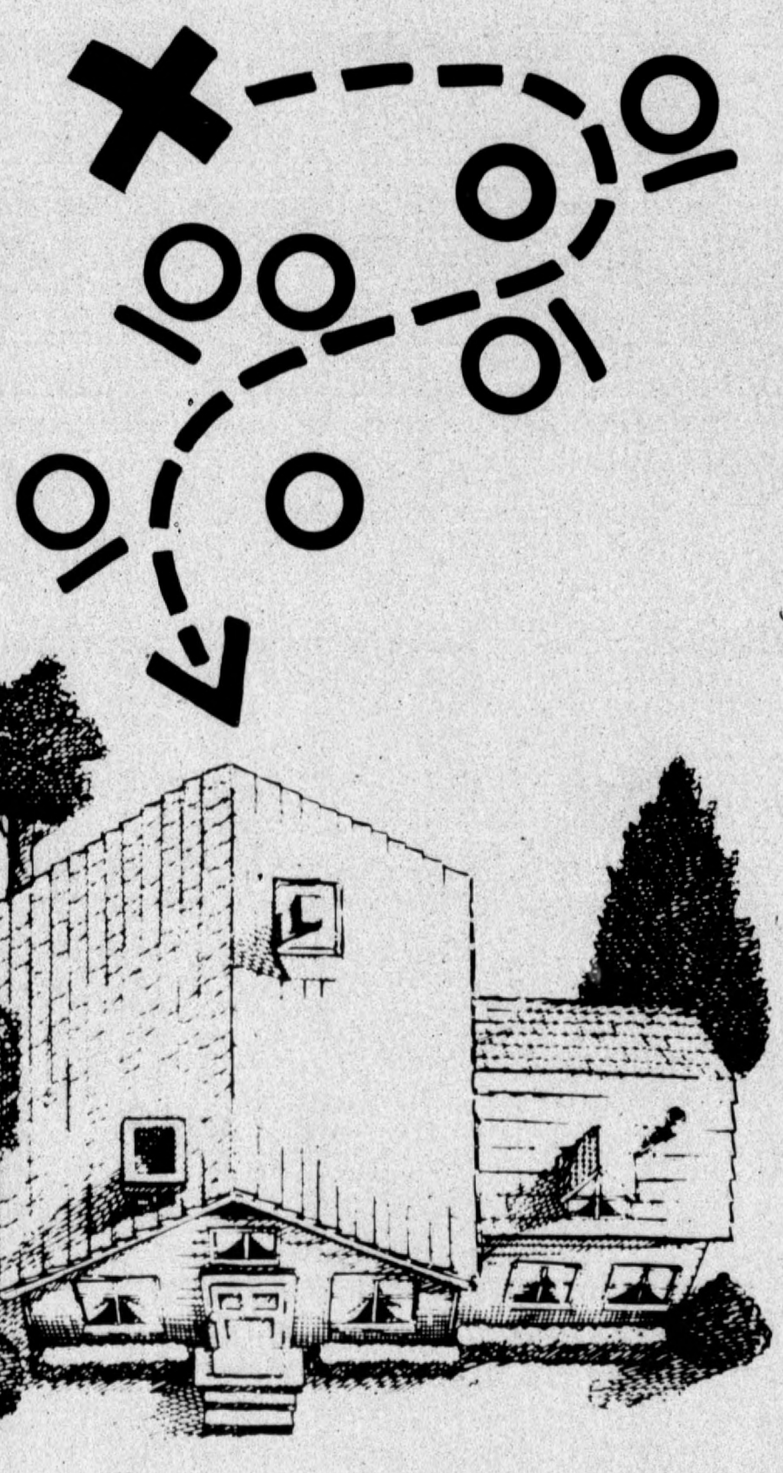
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11	ESPN
12	KCIT
13	NICK
14	USA
15	SHOW
16	(HBO)
17	(MAX)
18	NASH
19	DISC
20	A&E
21	LIFE
22	PTL
23	UNI

TUESDAY — JULY 21

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	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
2	Movie: *In Search of the Castaways* ★★ *M. Chevalier*				World War II, Pt 3		World War II, Pt 4		Movie: *Gaslight* ★★★ *I. Bergman* (1944)		
3	News	Cosby ▢	In the Heat of the Night		In the Heat of the Night		Dateline NBC ▢		News	(:35) Tonight Show ▢	
4	MacNeil/Lehrer ▢		Nova ▢		Audubon Society ▢		Perspec.	Contrary	Think	MacNeil/Lehrer ▢	
5	Hillbillies	Bonanza		Major League Baseball Braves at Cardinals (L)						Framed ★★ *J. Don Baker*	
6	News	Wheel ▢	Full House	Home ▢	Roseanne	Homefront ▢			News	(:35) Cheer.	(:05) Tonig.
7	Waltons		Rin Tin Tin	Witness	Scarecrow and King ▢		700 Club		Batman	My Darling Clementine	
8	Night Court	Major League Baseball Cubs at Reds (L)						News	Honey.	Dennis Miller	
10	Married ▢	WKRP	Rescue: 911 ▢		All New Circus of the Stars ▢				News	(:35) Gold.	(:05) Studs
11	Sports	Schasp	Women's Volleyball		Surfing	B'ball	Major League Baseball (L)				
12	Diff World	M*A*S*H	Star Trek: Next ▢		Miss Texas USA Pageant				M*A*S*H	Arsenio Hall ▢	
13	Looney	Bullwinkle	F-Troop	Superman	Get Smart	Van Dyke	Dragnet	Hitchcock	Lucy Show	Green	Mork
14	MacGyver ▢		Murder, She Wrote ▢		Tuesday Night Fights (L)				New Mike Hammer		Hitchhiker
15	(5:30) Sleeper ★★★ (PG)		Movie: *Commando* ★★ (1985) (R)		(:35) Movie: *Hudson Hawk* ★★ *B. Willis, D. Aiello* (R)				Mov.	Mountains	
16	(5:15) Short Time ★★ ▢		Movie: *Point Break* ★★ *K. Reeves, P. Swayze* (1991)				Movie: *Maniac Cop 2* ★★ *B. Campbell*		D. Wayans: Stand? ▢		
23	(5:00) Just One of Guys		Movie: *Overexposed* ★ *C. Oxenberg* (R)		Movie: *Silent Night 5* ★ *M. Rooney* (1991)				Movie: *Dead Dudes in the House* ★		
24	(4:00) Vid.	Be a Star	Crook and Chase		Nashville Now			On Stage	Crook and Chase		Nashville
25	In Search of the Hawk		Terra X	Mystery	Invention	Beyond	Measure	Flying/Gold	Wings ▢		Wildlife
26	David Letterman		JFK: In His Own Words		New Orleans Live!				Evening at Improv		JFK His
27	Chine Beach ▢		L.A. Law ▢		Movie: *Getting Up and Going Home* ★★ *T. Skerritt*				thirtysomething		It's Garry
28	(5:30) Rug.	La. Downs	SportsTalk	Major League Baseball Pirates at Astros (L)						Team Tennis	
29	(5:30) Bugs Bunny		Movie: *Rich Man, Poor Man (Pt 3 of 3)* ★★★ *P. Strauss, N. Nolte* (1975)								Barefoot
30	Backstage	Jessy	Catch	Liv'g Truth	Truth Alive		COPE		Richard Jackson		L'style
35	Muchachitas		La Sonrisa del Diablo		El Desprecio		Charytin Internacional		Noticiero	La Movida	

WEDNESDAY — JULY 22

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	12:30	1 PM	1:30	2 PM	2:30	3 PM	3:30	4 PM	4:30	5 PM	5:30
2	(12:00) Cnt.	Secret World of Og		(:05) Tree	Gummi	Donald	Jump	Kids Inc.	Mickey ▢	Win, Lose	Really ▢
3	(12:00) Cnt.	Another World		Santa Barbara		Oprah Winfrey ▢		Maury Povich		Curr. Affair	NBC News
4	Body Elect.	Nova ▢		Inspiration	Sesame Street ▢		Read ▢	Sandiego?	Square One	Contact	Champ.
5	(12:05) *Mothra* ★★ *F. Sakai, H. Koizumi*			(:05) Tom & Jerry		(:05) Flint.	(:35) Brady	(:05) Happy	(:35) Day	(:05) Lucy	(:35) Grif.
6	Home	One Life to Live		General Hospital		Hard Copy	Sally Jessy Raphael		Family	Jeopardy!	ABC News
7	Father	Bonanza		Scarecrow and King ▢		Hot Wheels	Captain N	Mario	Popeye	Batman	New Zorro
8	Major League Baseball Orioles at White Sox (L)						Chip ▢	Power	Video	Charles	Can Be
10	Beautiful	As the World Turns		Guiding Light		Little House		Matlock ▢		News	CBS News
11	(12:00) NASCAR Racing Pocono 500 (R)			Surfing	Sunkist	Global Wrestling		Bike Rec'g	Spts	PGA Tour	Up Close
12	People	Highway to Heaven ▢		A. Griffith	Ninja ▢	Swan	Darkwing	Beetlejuice	Tiny Toons	Full House	Hogan ▢
13	Littl' Bits	Heathcliff	Jeff/Collie	Flipper	Looney	Underdog	Yogi	Gadget	Hey Dude	Would You?	Crazy Kids
14	(12:00) Cnt.	Joker	Win, Lose	Hollywood	Scrabble	Pyramid	Press Luck	My 2 Dads	Bosom	Smurfs ▢	Scooby
15	(11:00) Mov	Movie: *M Station: Hawaii* ★★ *J. Martin*		(:35) Super		OWL/TV ▢	Movie: *Alice/Glass* ★			Pilot ▢	Hang Tight
16	Movie: *Heist* ★★ *P. Brosnan, T. Skerritt*			(:15) Movie: *Naked Gun 2 1/2* ★★★ ▢		(:45) Movie: *Barbarella* ★★ *J. Fonda, J. Phillip Law*					Hills Brats
23	Movie: *Listen Up: The Lives of Quincy Jones Q. Jones*			Movie: *NeverEnding St. II* ★ *J. Brandis*				Movie: *Modern Problems* ★ *C. Chase*			I Was Mail
24	(12:00) Mil.	Be a Star	On Stage	Expl. Amer.	Top Card	Club Dance		VideoPM			
25	Great	Gourmet	Pasquale	Homeworks	Easy Does	Crocodile	Wildlife	Nature of Things ▢		Beyond 2000	
26	(12:00) Cnt.	Movie: *Skulduggery* ★ *S. Clark, B. Reynolds* (1970)				Mrs. Columbo		Fugitive		Avengers	
27	Shop Drop	Attitudes		thirtysomething		Movie: *False Witness* ★★ *P. Rashad* (1989)				Supermar.	Shop Drop
28	World Grand Prix Motorcycle Racing From France (T)					PGA Tour	Prime	Alan Warren Outdoors		College Golf	
29	(12:00) Cnt.	Movie: *Battle in Outer Space* ★ *R. Ikebe, K. Anzai*				Movie: *You Can't Run Away From It* ★★ *J. Allyson*				Gilligan	Bugs
30	Sunshine	Davey	Our World	COPE		Psychiatry	Sunshine	Quigley	M'dy	Baptist Hour	
35	(12:00) Hol.	Teresa		Cuando Llega el Amor		Cristina		Noticias y Mas		Tu o Nadie	Noticiero

WEDNESDAY — JULY 22

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	7 AM	7:30	8 AM	8:30	9 AM	9:30	10 AM	10:30	11 AM	11:30	12 PM
2	Gummi	Pooh	Tree	Dumbo	Donald	Music Box	Factory	Raccoons	Care Bears	Lunch Box	Uncle Sam
3	Today ▢				Jenny Jones		Geraldo		Closer ▢	Concen.	Days Our
4	Govt	Govt	Sesame Street ▢		Mr. Rogers	Read ▢	Barney ▢	America	America	Grow'g	Grow'g
5	(:05) Jeanie	(:35) Bwitc.	(:05) Little House		(:05) Movie: *Zuma Beach* ★★ *S. Somers, S. Keats*				(:05) CHiPs		(:05) Mothr.
6	Good Morning America ▢				Donahue ▢		Regis & Kathie Lee		Jerry Springer		News
7	Augie	Littles	Waltons		700 Club		Sheila	Paid Program			Father
8	DuckTales	Bozo		Fact Life	Perry Mason		Joan Rivers		Geraldo		News
10	(6:00) CBS This Morning		Love Boat ▢		Can Be	Family	Price Is Right		Young and the Restless		News
11	(6:00) SportsCenter		Workout	Body	SportsCenter		Body	Getting Fit	Body Mot'n	Body	NASCAR
12	Tale Spin	DuckTales	Peter Pan	Chip ▢	700 Club		Success-N-Life		Joan Rivers		Judge ▢
13	Looney	Dennis	Flipper	Maya Bee	David	Little Koala	Eureeka's Castle		Elephant	Snow White	Noozles
14	Scooby	Yogi Bear	Smurfs ▢	Flintstones	Divorce Ct.	Divorce Ct.	Judge ▢	Judge ▢	Superior	Superior	Murder She
15	Movie: *Rousters* ★★ *C. Everett, H. Axton* (1983)				Movie: *Cold Turkey* ★★★ *D. Van Dyke, P. Scott* (PG)				Movie: *Krull* ★★ *K. Marshall, L. Anthony*		
16	Babar	Pinocchio	World Enter. News		Movie: *Sticky Fingers* ★★ *H. Slater*			Movie: *Big* ★★★ *T. Hanks, E. Perkins* (1988) (PG) ▢			
23	Movie: *Taking Flight 847* ★★★ (1988)		(:45) Movie: *Take a Hard Ride* ★★ *J. Brown* (1975)					Movie: *Thieves of Fortune* ★ *M. Nouri, L. Van Cleef*			
24	Off Air		VideoMorning						Cookin'	Expl. Amer.	Miller
25	Off Air		Nature ▢	Plants	Look'g	Great	Gourmet	Pasquale	Homeworks	Easy Does	Look'g
26	Movie: *Tower of London* ★★ *B. Rathbone, B. Karloff*				O'Hara, U.S. Treasury		Fugitive		David Letterman		Avengers
27	Grow'g Up	Baby	It's Garry	Open	Movie: *Goddess of Love* ★ *V. White, D. Naughton*				Gourmet	T. Ullman	Supermar.
28	Off Air						High Five	Sports	Golf Crosby Celebrity Tournament (T)		
29	Popeye		Pink Panther		Mayberry	Mayberry	Daktari		Logan's Run		Logan
30	Morning Worship Hour		Good News	Winn'g	Paid	Come Alive		Liv'g Truth	Truth Alive		L'style
35	Noticias	Tu o Nadie	La Movida				Luz y Sombra		Baleda por un Amor		Hola

WEDNESDAY — JULY 22

© 1992 TV Listing Inc. Ft Worth, TX

	6 PM	6:30	7 PM	7:30	8 PM	8:30	9 PM	9:30	10 PM	10:30	11 PM
2	Movie: *Summer Magic* ★★ *H. Mills, B. Ives* (1963) ▢				First Olympics: Athens, 1896 (Pt 1 of 2) ★★★ *L. Jourdan, D. Ogden Stiers*						(:15) Iron
3	News	Cosby ▢	Unsolved Mysteries ▢		Seinfeld	Dear John	Quantum Leap ▢		News	(:35) Tonight Show ▢	
4	MacNeil/Lehrer ▢		Nat'l Geographic ▢		American Playhouse ▢				Tony	MacNeil/Lehrer ▢	
5	Hillbillies	Sanford	Movie: *Sins of the Past* ★ *B. Carrera, K. Cattrall* (1984)				Movie: *Rape and Marriage: The Rideout Case* (1980)				Somebody
6	News	Wheel ▢	Wonder ▢	Grow'g ▢	Boogie, M	Who's Boss	Twentysomething ▢		News	(:35) Cheer.	(:05) Tonig.
7	Waltons		Brother ▢	Maniac ▢	Scarecrow and King ▢		700 Club		Batman	Tomahawk ★★ *V. Heflin*	
8	Night Court	A. Griffith	Movie: *Invasion U.S.A.* ★★ *C. Norris, R. Lynch* (1985)				News		Honey.	Dennis Miller	
10	Married ▢	WKRP	Howie ▢	Revenge	Raven ▢		48 Hours ▢		News	(:35) Gold.	(:05) Studs
11	Sports	SportsCenter	Major League Baseball (L) ▢							Sports	B'ball
12	Diff World	M*A*S*H	Beverly Hills, 90210 ▢		Melrose Place ▢		Star Trek: Next ▢		M*A*S*H	Arsenio Hall ▢	
13	Looney	Bullwinkle	F-Troop	Superman	Get Smart	Van Dyke	Dragnet	Hitchcock	Lucy Show	Green	Mork
14	MacGyver ▢		Murder, She Wrote ▢		Movie: *Dirty Work* *K. Dobson, J. Ashton* (1992) ▢				New Mike Hammer		Hitchhiker
15	Movie: *Freshman* ★★★ *M. Brando, M. Broderick* (PG)				Movie: *Class of 1999* ★★★ (1990) (R)		(:40) Martin Mull			(:35) Swindle ★ *R. West*	
16	(5:30) Bev. Hills Brats		Movie: *Big* ★★★ *T. Hanks, E. Perkins*				(:45) Look	Crypt Tales	Dream On	One-Night	Naked Gun 2 1/2 (1991)
23	(5:30) I Was Mail Order		Movie: *Kickboxer 2: The Road Back* (R)		Movie: *Schizo* ★ *C. McDonald, L. Aliff*					Movie: *Chopper Chicks* ★★ *J. Rose* (R)	
24	(4:00) Vid.	Be a Star	Crook and Chase		Motorsports Fame				On Stage	Crook and Chase	Nashville
25	Madera Canyon		Monkeys	Wild Side	Wings ▢		Challenge			War Chron.	Firepower	Hanna
26	David Letterman		Combat at Sea		First Flight	Power	Search Of	Search Of		Evening at Improv		Combat
27	Chine Beach ▢		L.A. Law ▢		Movie: *One Police Plaza* ★★ *R. Conrad, G. Dzundza*					thirtysomething		It's Garry
28	Ed Randall	High Five	SportsTalk	Major League Baseball Pirates at Astros (L)							Pro Beach Volleyball
29	(5:30) Bugs Bunny		Larry King		Movie: *Weakest Ship in the Army* ★★★ *J. Lemmon*					Larry King		Gunfight O
30	Profiles	This Is Life	Change	Insight	Paid	Methodist	COPE			Rejoice in the Lord		Paid
35	Muchachitas		La Sonrisa del Diablo		El Desprecio		Tropical	el Amor		Noticiero	La Movida	

Marvin

By Tom Armstrong



BEETLE BAILEY ®

By Mort Walker



The Wizard of Id

By Brant Parker and Johnny Hart



BLONDIE ®

by Dean Young and Stan Drake



Barney Google and Snuffy Smith ®

By Fred Lasswell





Hints from Heloise

Restroom Abuse

Dear Heloise: In response to a pet peeve about businesses with no public restroom, I would very much appreciate your printing the other side of the story.

As employees of a small business, we are responsible for the cleaning of our break room and employee restroom.

As a courtesy to customers, we let them use our restroom. In return for the above courtesy, I cannot describe in print the gross things that have been done to our restroom, not to mention the stealing of our personal things as they pass through our break room.

There is a public restroom in our small shopping center, but no one wants to use it because they keep trashing it also.

So the next time you ask to use a restroom in a business where one is not required or necessary and they tell you they don't have one, you now know the reason why. This is not a case of a few ruining it for the others. It's a case of others ruining it for the few.

Thank you for letting me get years of disinfectant, rubber gloves and gagging over the messes off my chest. — J. Rempe, Omaha, Neb.

There are usually two sides to every story, and I'm happy to give you the place to voice yours. This is what the "sound-off" space is for.

Please write with your pet peeves or responses so we can allow a balanced exchange. — Heloise

CATALOG IDEA

Dear Heloise: When I order something from a catalog, I always clip the picture of the item as well as its description and price, which I then attach to my sales slip.

That way I have a visual as well as monetary record of various pieces of clothing, household goods or whatever in the event of a loss.

Also, when I see an item in a catalog that I have, I clip that too to keep with my inventory.

The system is a good one and I highly recommend it. — Amalie A., Baltimore, Md.

A very good hint indeed. I do the same and it sure helps when I think, "This doesn't look like what I ordered." — Heloise

SANDY FEET

Dear Heloise: For those beach goers who don't want to bring all the sand into the car, keep a snow scraper/brush in the trunk. It is just the thing to brush sand off of feet, shoes, chairs and beach bags before getting into the car. — Terri Regan

CAT TROUBLES

Q. We've just moved into a new neighborhood that we really enjoy, except for one thing — there are tons of stray cats. They not only seem to multiply every day, they also seem to think my truck is the only place to sleep. I could live with the cats if they just didn't keep scratching the paint on my truck. I've tried everything, including rubber snakes. Please help! — Robert, San Antonio, Texas

Since you've tried everything else, how about covering up the truck and ignoring them. There are car covers available at your local automotive store. Or you could toss a tarp or heavy bedspread over the truck.

A cover won't keep the cats off but will prevent the paint from getting scratched. Good luck! — Heloise

FAST FACTS

Here are five handy and easy money-saving hints:

- Take a sack lunch to work instead of eating out.
- Limit long-distance calls by placing a timer near the phone.
- Combine errands so gasoline isn't wasted.
- Clip coupons for items you always need or buy; they can add up to a significant savings.
- Turn off lights when you leave a room.

ARMCHAIR COVERS

Dear Heloise: Please tell me how to keep armchair covers on the chair.

— Evelyn, Louisville, Ky.

Here are a couple of suggestions: Put a small piece of self-gripping tape on the cover and one on the armchair. Or sew the cover in place with small stitches along the back edge. Good luck. — Heloise

FAX MACHINE HINT

Dear Heloise: Save paper by storing a header in your computer directory that you can call up to be on the top of the first page whenever you are typing a fax note. It can include all the important "to" and "from" information, plus the date and the number of pages.

You can also save paper if you keep fax cover forms in your computer directory and print them so that you have two forms per page instead of using a whole page for a cover form. Most of them don't have writing on the whole page anyway. — J. Griggs, Portland, Ore.

Send a money- or time-saving hint to Heloise, PO Box 795000, San Antonio TX 78279-5000. I can't answer your letter personally but will use the best hints received in my column.

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Ask Dr. Lamb

DEAR DR. LAMB: I had a biopsy of the cervix and colposcopy and was told I had cervical dysplasia and cervical HPV. The doctor said I had a sexually transmitted disease and had only three options: cryosurgery, and if that didn't help, a cone biopsy and a hysterectomy. I asked if any medicine would help and he said no, that I would always have it.

Then I went to another doctor and had another Pap smear. He told me I had a mild infection that was not serious. He gave me some medication and had me come back in two months. He did another Pap smear, and it was normal.

I wanted to be sure, so I went to a third doctor and had another Pap smear done. It was also normal. She took a little something from inside me. She said I had bacterial vaginosis.

It bothers me about what the first doctor said. Sometimes I think he just wanted to make big bucks. Please tell me what you think. I don't feel sick and I don't want to have something done to me that I don't really need.

DEAR READER: The normal Pap smears should be reassuring to you, particularly since your letter suggests the third doctor also took biopsies of the cervix to examine the tissue.

The first Pap smear may have been read incorrectly. The accuracy of laboratories that read these is not 100 percent. A colposcopy examination, which involves swabbing the cervix with vinegar or acetic acid and looking at the cervix with a microscope to magnify the tissue, should have provided some definitive information. Because of the importance of knowing that you are free of significant cell changes, it would be a good idea to have a repeat colposcopy, if that was not part of the second and third doctor's examination.

Cervical dysplasia only means that the cells are abnormal, not that they are cancer. It is true that a vaginal infection, including yeast infections, can alter cells so that they are abnormal — dysplasia — but not precancerous. In these cases, treating the infection will correct the dysplasia.

If you had included your address, I would have sent you a copy of Special Report 108, Pap Test and Early Cervical Cancer, to help you better understand the situation. Others who want this report can send $3 with a long, stamped (52 cents), self-addressed envelope for it to THE HEALTH LETTER/108, P.O. Box 5537, Riverton, NJ 08077.

DEAR DR. LAMB: Can you give me some information on why some women become temporarily infertile after discontinuing birth-control pills? I've been off my pills for over three months and have had some spotting and breakthrough bleeding. Once my periods become regular, will I be able to conceive again? How long does the infertile period last?

DEAR READER: Oral contraceptives turn off the brain stimulation of the ovaries to ovulate. Prevention of ovulation is why they work. When you stop taking them, it takes some time for the brain and ovaries to work together again and induce normal menstrual cycles. That is usually only a few months. When a woman resumes normal cycles, she is able to get pregnant again.

If menstrual cycles do not resume within six months after stopping oral contraceptives, an evaluation of the woman's endocrine mechanism is in order. This occurs only in a few women and is usually associated with some endocrine abnormality rather than from having taken oral contraceptives.

Toastmasters add meeting

Anyone who wants improve one's communication and leadership skills yet is unable to attend the regular Thursday morning meeting of Hereford Toastmasters now has another option.

"Toastmasters Too," a second weekly meeting sponsored by the local club, meets every Tuesday from 12:10-12:50 p.m. at the lounge of the Hereford Community Center. The agenda will follow the basic Toastmasters format without the business session.

Persons wishing to attend should bring a brown bag lunch. Anyone who wants to develop communication and leadership skills in a positive environment is encouraged to attend Toastmasters Too or the regular meeting at 6:30 a.m. each Thursday at the Ranch House.

Ways to match vegetables, herbs

By NANCY BYAL, Food Editor
Better Homes and Gardens Magazine
For AP Special Features

This time of year, I like to reap the rewards of my garden by serving fresh vegetables and herbs together. Besides the seasoning, all my summer-fresh vegetables need is a dab of butter.

Should you be lucky enough to grow your own herbs, just run to the garden to pluck a few of your choice. Otherwise, reach for your stockpile of dried herbs and spices.

Whether you're using fresh or dried, you'll taste them more if you cut them up first. For fresh herbs, first remove the stems, then put the leaves in a measuring cup or custard cup. Holding your kitchen shears upright, snip away until you have the amount you need. For dried herbs, put the herb in the palm of one hand and crush it with your free fingers.

Dried herbs are more concentrated in flavor than fresh. A good rule of thumb is to use one-third as much dried herb as you would use of the fresh herb.

To season enough vegetables for four people, start with one teaspoon of fresh, snipped herb, or 1/4 teaspoon of crushed, dried herb. Taste, then add a little more if you prefer a stronger flavor. Here are a few ideas for matching vegetables and seasonings:

Green vegetables: Use basil, dill, nutmeg, oregano, rosemary, tarragon, thyme, Italian seasoning, onion powder, or garlic powder.

Yellow vegetables: Try dill, mint, cinnamon, allspice, nutmeg, cloves, ginger, onion powder, pumpkin pie spice, or apple pie spice.

Potatoes: Reach for tarragon, dill, paprika, caraway seed, nutmeg, chili powder, curry powder, ground red pepper, onion powder, or garlic powder.

Start by using one seasoning with vegetables, then create your own combinations, such as:

Dynasty Spinach: Stir some sesame oil, sesame seed and garlic powder into cooked spinach.

Tex-Mex Corn: Add a little butter, onion powder, chili powder, ground red pepper and cumin to cooked corn kernels.

Green Beans Milan: Toss some olive oil, Italian seasoning and instant minced garlic with steamed green beans.

Pennsylvania Dutch Tomatoes: Sprinkle sliced fresh tomatoes with cinnamon and sugar.

LITCHFIELD, Conn. (AP) - Susan Saint James has a new job: talk show host on an FM station she started with husband Dick Ebersol, president of NBC Sports.

"It'll be very local, very Connecticut," the actress said Wednesday, her first day on WZBG.

The 3,000-watt station will broadcast a mix of light music and local and national news, said Jerry Wiese, director of operations.

It is situated in exclusive Litchfield County in the northwestern corner of Connecticut, where the couple live with their five children.

Saint James' show will air from 5:30 to 9 a.m. Monday through Friday.

WHEN YOU HAVE SOMETHING TO SELL, NEWSPAPER SELLS IT BEST.



No matter what it is you're selling, newspaper can sell it best.

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Want to know how you can earn extra dollars for retirement? Just ask us. Chances are, an Edward D. Jones IRA will do just that, and we'll give you the facts to prove it.

We'll calculate the value at retirement of your current IRA and compare it with ours. We think you'll be surprised at the difference you'll see, from the facts we present.

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CLASSIFIEDS

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The Hereford Brand

Since 1901
Want Ads Do It All!

You Want It, You Got It! CLASSIFIEDS

364-2030
Fax: 364-8364
313 N. Lee

CLASSIFIED ADS

Classified advertising rates are based on 15 cents a word for first insertion ($3.00 minimum), and 11 cents for second publication and thereafter. Rates below are based on consecutive issues, no copy change, straight word ads.

TIMES	RATE	MIN
1 day per word	.15	3.00
2 days per word	.26	5.20
3 days per word	.37	7.40
4 days per word	.48	9.60
5 days per word	.59	11.80

CLASSIFIED DISPLAY

Classified display rates apply to all other ads not set in solid-word lines-those with captions, bold or larger type, special paragraphing; all capital letters. Rates are $4.15 per column inch; $3.45 an inch for consecutive additional insertions.

LEGALS

Ad rates for legal notices are same as for classified display.

ERRORS

Every effort is made to avoid errors in word ads and legal notices. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers, an additional insertion will be published.

1-Articles For Sale

FOR SALE
Sweet Corn
Andrews Produce
276-5240

New and now in stock: The Roads of New Mexico, in book form.Also The Roads of Texas. $12.95 each. Hereford Brand, 313 N. Lee. 15003

A Great Gift!!! Texas Country Reporter Cookbook -- the cookbook everyone is talking about. 256 pages featuring quotes on recipes ranging from 1944 War Worker rolls to a creative concoction using Texas tumbleweeds. $13.95 at Hereford Brand. 17961

Repossessed Kirby & Compact Vacuum. Other name brands $39 & up. Sales & repair on all makes in your home. 364-4288. 18874

Will pay cash for used furniture & appliances, one piece or house full. 364-3552. 20460

Reduce: Burn off fat while you sleep, Take Opal tablets and Hydrex water pills. Available at Edwards Pharmacy. 21319

Concrete construction. B.L. "Lynn" Jones. Driveways, walks, patios, foundations, slabs. Free estimates. Over 20 years experience. 364-6617. 21383

Glass living room tables, sofas, dressers, chests, desks, beds, swivel rockers, toys & lots of nic nacks. Maldonado's, 208 N. Main, 364-4418. 21423

For sale Treadmill, 1 year old excellent condition. Lifestyle 2800. $250.00. 364-5701 after 4:00 p.m. 21462

Baby Cockatiels for sale-hand raised from talking parents, $75.00 each. Phone: 289-5855. 21465

For sale Green Acres Swimming pool membership. Price negotiable. 364-1309 or 364-6841. 21478

Pekinese-white and tri-color brown male-$40; AKC poodles red male, apricot female-$50. 20 gal, accessories, fantails, $50-364-1276. 21486

Need some furniture? Hereford's furniture stores offer a wide selection, and they invite you to shop through ads in The Brand. For best buys in furniture, look to The Brand!

1A-Garage Sales

Garage Sale 249 Beach Wednesday, 2p.m.-7p.m.; Thursday & Friday 9-? Baby things, stereo, chair & miscellaneous. 21474

2-Farm Equipment

Wheat Seed Cleaning
And Sales
Bulk or Bagged
Storage Bins Available
for cleaned bulk.
258-7394-364-2946
6 Miles East of
Hereford
Gayland Ward

G-M Sprinkler Erectors will repair any make of center pivot sprinkler. Our thirteenth year, we know what we're doing Call 364-5093 day or night.

3-Cars For Sale

MUFFLER SHOP
CROFFORD AUTOMOTIVE
Free Estimates
For All Your Exhaust
Needs
Call 364-7650

1983 Royal Coachman, 38' 5th Wheel, full awning, rear bath, 1985 Ford 4x4, 460 motor, 3/4 ton, $22,000 for both. 806-578-4407. 21484

1980 Ford Bronco, runs good, $2500.00. 364-4261. 21232

1984 Chevy Caprice, owner finance, 364-6896. 21285

'84 Pontiac 6,000 STE, good tires, all electric but seats, clean. 364-7634. 21472

Pickup for sale: 1960 Chevy shortbed, newly rebuilt engine, everything original, $1500.00. OBO. See at 220 Raymond St. in Hereford. 21485

4-Real Estate

$3,000.00 down on 3 bdrm brick, assume 8.5% loan owner terms on balance. Will make good home or rental, rented to good tenant at this time. Gerald Hamby Broker, 364-3566.

CROSSWORD

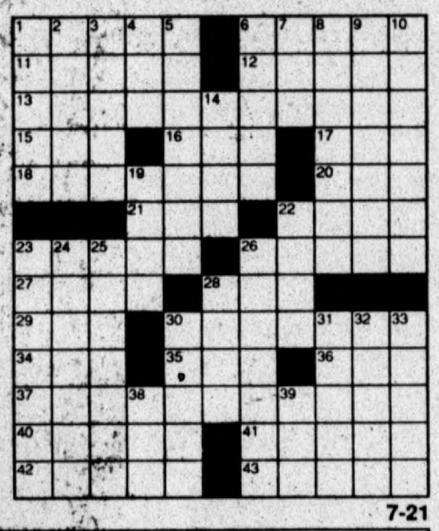
by THOMAS JOSEPH

ACROSS
1 Ballerina painter
6 Accumulate
11 Thrill
12 Inferno describer
13 Settled in advance
15 Keats creation
16 Take to court
17 — culpa
18 Savior
20 Fitting
21 Millinery buy
22 Fashion mag
23 Unicycle part
26 Emulates a model
27 Door sign
28 Cargo unit
29 Actress Ullmann
30 Old undergarments
34 "The Name of the Rose" writer
35 B.P.O.E. member
36 Allow
37 Put together from pieces
40 "— we all?"
41 Dolt
42 Tries out
43 Utopias

DOWN
1 Room design
2 Dodge
3 Fence openings
4 One — time
5 Like some massages
6 European viper
7 Damage
8 Zoo residents
9 Chapel topper
10 Tranquilizes
14 Love song, often
19 Movie sleuth
22 Ages and ages
23 Skunk
24 Food fancier
25 Dedicates
26 Flat-crowned hat
28 Narrated
30 Small change
31 Product spokescow
32 Grand — National Park
33 Proofreading marks
38 Termite's kin
39 Sum up



Saturday's Answer



7-21

STUMPED? For answers to today's crossword, call 1-900-454-7377! 99¢ per minute, touch-tone / rotary phones. (18+ only.) A King Features service, NYC.

Money paid for houses, notes, mortgages. Call 364-2660. 790

NW 3 bdrm brick, 2 bath home, $5,000.00 down, owner carry for $275.00 per month plus taxes and insurance. Gerald Hamby Broker-364-3566. 21349

Estate wants quick sale, 3 bdrm, 2 bath, NW $25,000.00 or make offer. Gerald Hamby Broker, 364-3566. 21350

Price reduced by estate, 3 bdrm brick, ref. air, $25,000.00 has large storage or shop, make offer. Gerald Hamby Broker, 364-3566. 21351

Wanted: Have a buyer for $45000.00, 3 bedroom, 2 bath brick with assumable loan. Call HCR Real Estate, 364-4670. 21361

Two bedroom, one bath house, low down payment with good terms, owner finance, Call 364-2131. 21469

5-Homes For Rent

1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770

Best deal in town, furnished 1 bedroom efficiency apartments. $175.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric-we pay the rest. $305.00 month. 364-8421. 1320

Self-lock storage. 364-6110. 1360

Eldorado Arms Apts, 1 & 2 bedroom furnished apts, refrigerated air, laundry, free cable, water, & gas. 364-4332. 18873

Apartments & trailers for rent. Please Call 364-8620. 19356

Paloma Lane Apts. one and two bedroom available, central air & heat, carpeted, well maintained, HUD contracts welcomed, $170 deposit required. Equal Housing Opportunity. 364-1255 M-F. 20835

Office space for rent with storage and ample parking, $300 monthly plus utilities. 364-3740. 21010

Commercial Building for rent, 1221 E. First, Call 364-4621. 21045

One bedroom $185 monthly, $75 deposit, water paid. 364-1736. 21252

Fm-eff-apt-364-8823. 21336

For rent clean, 3 bedroom, 1 1/2 bath house, stove, w/d hookup, 1502 Blevins, Call 364-5541 or 364-5758. 21450

Two bedroom duplex, stove & refrigerator furnished, water paid, 364-2131. 21470

For rent: Small one bedroom furnished house, washer/dryer hookup, big fenced yard. $135.00/mo.; $50.00/deposit. 364-4744. 21477

For rent: Nice 3 bedroom house, carpeted, washer/dryer connections, large yard. 502 Ave. K, $250.00/month, 806-762-4339. 21481

7A-Situations Wanted

OWN YOUR OWN APPAREL OR SHOE STORE, CHOOSE: JEAN/SPORTSWEAR, BRIDAL, LINGERIE, MATERNITY, LADIES, MEN'S, LARGE SIZES, INFANT/PRETEEN, PETTIE, DANCEWEAR/AEROBIC, SOCK SHOP, OR ACCESSORIES STORE. OVER 2000 NAME BRANDS. $22,900 TO $34,900: INVENTORY, TRAINING, FIXTURES, GRAND OPENING, ETC. CAN OPEN 15 DAYS. MR. LOUGHLIN (612)888 4228

Will care of elderly person or house keeping by the hour. Call for Connie. Leave message on machine. Will contact you. 276-5672. 21300

Will take care ot the elderly, run errands, prepare meals, clean hour by the house, experienced. Call 364-6381. 21449

8-Help Wanted

CASH LOAN
We Have The Lenders
Bad Credit, No Credit
1-800-497-6380

MANAGER TRAINEE
$300/weekly opportunity, need 3 people to learn and assist manager. For personal interview call Amarillo 373-7489 between 9a.m.-11a.m. only.

Olan Mills has several immediate openings for telephone sales people. No experience necessary, we train. Morning & evening shifts available. Also need someone for light delivery work. Apply to: Sharon Brown-Red Carpet Inn-Hereford, Texas starting Mon. July 20-5-9pm & Tues thru Fri 9am-1pm & 5-9pm. Management opportunities available for those free to travel!! E.O.E.M/F

Do you want to work a few hours each week and make $100 or more??? Pick your own time-9am-1pm or 5pm-9pm. If this is you, and you have a pleasant personality and want to work in my office with other pleasant personalities, Call me at 364-1775 for more information. E.O.E.M/F

Apply in person help wanted at Pizza Hut Restaurant. 20811

"Creative, professional cook wanted for retirement/nursing home. Experience a must. Excellent benefits. Apply in person at King's Manor Methodist Home, 400 Ranger Drive, Hereford. Mon.-Fri. 9-5. 21414

OLAN MILLS
THE NATIONS STUDIO

Searching for managers who love, People, Travel, & Money!!

A) Full Benefit Package
B) Paid Expenses
C) No Experience Necessary
D) Paid Training

For a personal interview **Call 1-800-543-5940**
Eastern Standard Time - Mon & Tues 8:00 am
7:30pm Wed - Fri. 8:00am - 5:00pm
Ask for Jo Bailey. • E.O.E. M/F

Use The Classifieds And Consider It

USE THE CLASSIFIEDS TODAY



Classifieds.

They're just for you, everyday,
in the Hereford Brand.
Call Janey Allmon today at 364-2030 and get a classified to work for you.

CLASSIFIEDS

Call Janey Allmon at the Hereford Brand, 364-2030, or come by 313 N. Lee to place your classified advertising. We reach thousands everyday!

Taking applications for Nurse Aide Certification Class, 8:30-5, Monday-Friday. Class starting very soon. See Shawna, Golden Plains Care Center. 21479

Bartenders/Casino workers/Deck Hands/Hostesses, Gift Shop Sales, etc. Positions aboard Cruise Ships. $300.$900 wkly. Male/Female. Free Travel Caribbean, Hawaii, Bahamas. No exp. necessary. 1-206-736-7000 Ext. 1812N6 21480

9-Child Care

Lee Child Care has opening for fall. Will pick up at First Baptist & Northwest. Call 364-0473. 21454

Hereford Day Care
State Licensed
Excellent program
By trained staff.
Children 0-12 years
248 E. 16th 364-5062

KING'S MANOR METHODIST CHILD CARE
**State Licensed*
**Qualified Staff*
Monday-Friday 6:00 am - 6:00 pm
Drop-ins Welcome with advance notice
MARILYN BELL / DIRECTOR
364-0661 • 400 RANGER

10-Announcements

Notice! Good Shepherd Clothes Closet, 625 East Hwy. 60 will be open Tuesdays and Fridays until further notice from 9 to 11:30 a.m. and 1:30 to 3:00 p.m. For low and limited income people. Most everything under $1.00. 890

Problem Pregnancy Center Center, 801 E. 4th. Free pregnancy testing. For appointment call 364-2027. 364-5299 (Michelle) 1290

11-Business Service

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

Garage Doors & Openers Repaired. Call Robert Betzen Mobile 346-1120; Nights Call 289-5500. 14237

Harvey's Lawn Mower repair, tune-ups, overhaul, oil change, blade sharpening, etc. Lawn mowing, $15.00 up. 364-8413, 705 South Main. 20225

We insulate attics, walls, metal buildings, build fence, paint & repair. Free estimates. Forrest Insulation & Const. 364-5477. 21385

Weed shredding. 364-2150. 21391

HOME MAINTENANCE
Repairs, carpentry, painting, ceramic tile, cabinet tops, attic and wall insulation, roofing & fencing.
For free estimates Call:
TIM RILEY-364-6761

ROUND-UP APPLICATION
Pipe-Wick Applicator
Pipe-Wick Mounted On Hi-Boy. Row Crop, Volunteer Corn
30" or 40" Rows
Call Roy O'Brien
265-3247

House Painting, interior & exterior, very reasonable rates, free estimates, 20 years experience. N.D. Kelso, 364-6489.

New To Area
AFA Certified Horse Shoer
10 exp., hot/cold corrective shoeing, excellent ref., $30/shoe, $10 trim. Call after 5:30 for apt.
364-7409-BJ Hancock

WINDMILL & DOMESTIC
Sales, Repair, Service
Gerald Parker,
258-7722
578-4646

CONCRETE WORK
Slabs, Patios, Sidewalks
Driveways-Additions
Free Estimates
Eddie Bastardo
364-5907

12-Livestock

For lease 2 1/2 miles Southeast of Hereford. Sweet Bee & native grass-Holt Farms, 364-0045. 21475

Legals

REQUEST FOR BIDS ON TEXAS HIGHWAY CONSTRUCTION

Sealed proposals for 14.137 miles of extend structures and safety end treatment on US 60 from Gray County Line to Hemphill County Line, covered by CSR 169-8-16 in Roberts County, will be received at the Texas Department of Transportation, Austin, until 1:00 P.M., August 11, 1992, and then publicly opened and read.

Plans and specifications, including minimum wage rates as provided by Law, are available for inspection at the office of Jerry L. Raines Resident Engineer, Pampa, Texas, and at the Texas Department of Transportation, Austin, Texas. Bidding proposals are to be requested from the Division of Construction and Contract Administration, D.C. Greer State Highway Building, 11th and Brazos Streets, Austin, Texas 78701. Plans are available through commercial printers in Austin, Texas, at the expense of the bidder.

The Texas Department of Transportation hereby notifies all bidders that it will insure that bidders will not be discriminated against on the ground of race, color, sex or national origin, in having full opportunity to submit bids in response to this invitation, and in consideration for an award.

Usual rights reserved.

THE STATE OF TEXAS
TO: Mauricio Villegas Flores

YOU ARE HEREBY COMMANDED to appear and answer before the Honorable District Court, 222nd Judicial District, Deaf Smith County, Texas at the Courthouse of said county in Hereford Texas, at or before 10:00 o'clock a.m. of the Monday next after the expiration of 20 days from the date of service of this citation, then and there to answer the petition of Gloria Flores, Petitioner filed in said Court on the 18 day of March, 1992, against Mauricio Villegas Flores respondent and the said suit being number DR-92C-041 on said docket of said Court, and entitled, "In the Matter of the Marriage of Gloria Flores and Mauricio Villegas Flores & in the Interest of Vanessa Denise Flores, a minor child, the nature of which suit is a request to grant divorce and child custody to petitioner.

The Court has authority in this suit to enter any judgment or decree dissolving the marriage and providing for the division of property which will be binding on you.

Issued and given under my hand and seal of said Court at Hereford, Texas, this the 16 day of July, 1992.

Lola Faye Veazey
Clerk of the District Court Deaf Smith County, Texas
By Grace Valdez
Deputy

Schlabs Hysinger COMMODITY SERVICES
SERVING HEREFORD SINCE 1979.
1500 West Park Ave. 364-1281
Richard Schlabs Steve Hysinger

Phone 364-1286 Each Trading Day After 5:30 P.M. for Recorded Commodity Update

Prices effective Monday, July 20, 1992.

CATTLE FUTURES

CATTLE-FEEDER (CME) 44,000 lbs.; cents per lb.

Aug	82.32	82.47	82.05	82.25	–	.12	83.20	72.65	5,133
Sept	81.20	81.20	80.80	81.10	–	.15	82.40	72.15	1,390
Oct	80.25	80.50	80.10	80.27	+	.02	80.60	72.10	1,892
Nov	80.50	80.90	80.40	80.60	+	.07	80.95	72.30	1,715
Ja93	80.05	80.20	79.87	80.00	+	.10	80.20	75.50	260
Mar	78.50	78.50	78.30	78.40	–	.10	78.70	75.00	118

Est vol 1,510; vol Fri 1,290; open int 10,580, +23.

CATTLE-LIVE (CME) 40,000 lbs.; cents per lb.

Aug	73.70	73.87	73.40	73.47	–	.35	74.25	65.90	28,112
Oct	73.35	73.50	73.15	73.32	–	.22	73.75	66.25	17,708
Dec	71.55	71.82	71.40	71.42	–	.35	72.00	67.10	13,716
Fb93	70.80	70.95	70.62	70.65	–	.22	71.15	68.10	5,323
Apr	72.00	72.12	71.85	71.97	–	.15	72.40	69.25	3,552
June	69.30	69.40	69.25	69.25	–	.10	69.60	66.80	825
Aug	68.20	68.20	68.10	68.10	–	.02	68.75	66.10	508

Est vol 10,815; vol Fri 8,112; open int 69,653, +579.

HOGS (CME) 40,000 lbs.; cents per lb.

Jly	46.25	46.45	45.90	46.05	+	.07	48.20	43.05	1,658
Aug	44.20	44.60	43.70	43.77	–	.32	46.85	41.80	8,693
Oct	39.70	39.97	39.17	39.27	–	.20	42.25	37.92	6,916
Dec	40.15	40.47	40.10	40.22	+	.20	45.15	39.10	5,205
Fb93	40.95	41.12	40.85	41.02	+	.22	45.95	40.00	1,164
Apr	39.55	39.80	39.55	39.80	+	.25	43.50	38.85	1,230
June	45.20	45.35	45.20	45.35	+	.15	48.05	44.80	411
Jly	45.30	45.30	45.30	45.30			47.90	44.70	114

Est vol 7,822; vol Fri 6,647; open int 25,409, –18.

GRAIN FUTURES

CORN (CBT) 5,000 bu.; cents per bu.

July	228½	228¾	223	223¾	–	5	285	223	1,044
Sept	228¼	228½	225¼	226½	–	2½	279½	225¼	50,699
Dec	231½	232½	229	230¼	–	2½	275¾	229	124,844
Mr93	240	240½	237¼	238¾	–	2¼	281¼	237¼	18,973
May	245½	245½	242¾	244¼	–	2	284¾	242¾	5,775
July	249¾	249¾	246¾	248¼	–	2	286	246¾	4,068
Sept	246¼	247½	246	247¼	–	¾	271½	246	390
Dec	247¾	248	245¾	247	–	¾	268½	245¾	2,288

Est vol 45,000; vol Fri 39,980; open int 208,081, –1,085.

SOYBEANS (CBT) 5,000 bu.; cents per bu.

July	560	560	554½	556	–	2½	668	554	1,069
Aug	560½	560¾	556	557¾	–	2¾	660	556	23,016
Sept	563	563½	557	559¼	–	2½	645	557	16,042
Nov	567½	567½	560½	563¼	–	2½	651	562	55,765
Ja93	573½	574½	568½	571¼	–	2½	659	568½	7,899
Mar	581¼	582	577	579½	–	3	664	577	5,442
May	589	589	585	586¼	–	3¼	668½	585	2,890
July	594	594½	588½	590½	–	4¼	671	588½	2,707
Nov	585	586	580½	581½	–	4¼	620	580½	1,784

Est vol 47,000; vol Fri 61,321; open int 116,660, –2,981.

WHEAT (CBT) 5,000 bu.; cents per bu.

July	347½	347½	338	338½	–	10	439½	279	1,448
Sept	345¼	345¼	340	340½	–	5½	432	292	26,928
Dec	354	354	349	349¾	–	4½	440	329½	24,027
Mr93	355	355	351½	352	–	3½	440	345½	6,637
May	344½	344½	343¾	343½	–	2	373	336	637
July	324	326	324	325¼	–	1	373	320	1,465

Est vol 17,500; vol Fri 19,012; open int 61,335, +1,415.

METAL FUTURES

GOLD (CMX) – 100 troy oz.; $ per troy oz.

July	358.30	358.30	358.10	359.10	+	1.60	352.90	347.30	9
Aug	359.40	361.20	358.10	359.60	+	1.60	426.50	336.60	51,736
Oct	361.00	362.90	360.00	361.30	+	1.60	410.80	338.50	5,035
Dec	363.00	364.70	361.80	363.20	+	1.70	431.00	340.40	25,856
Fb93	365.20	366.80	364.00	365.10	+	1.70	404.30	343.00	10,192
Apr	366.80	368.10	366.60	367.00	+	1.70	410.00	346.00	8,917
June	369.80	369.80	368.70	369.00	+	1.70	418.50	347.70	5,834
Aug	371.70	371.70	371.50	371.10	+	1.70	395.50	353.80	2,536
Oct				373.20	+	1.70	395.00	365.60	990
Dec	375.30	375.50	375.30	375.50	+	1.70	402.80	356.40	4,525
Fb94				377.90	+	1.70	372.10	364.50	557
Apr				380.50	+	1.70			270
June	383.50	383.50	383.50	383.20	+	1.70	383.50	367.00	706
Dec				393.20	+	1.20	383.00	383.00	7
Jn95				403.60	+	1.20			100
Dec				413.90	+	1.20			108

Est vol 55,000; vol Fri 66,722; open int 116,846, +5,566.

SILVER (CMX) – 5,000 troy oz.; cents per troy oz.

July	400.5	400.5	396.0	396.3	–	0.8	557.0	382.0	73
Sept	401.0	404.0	398.0	398.2	–	0.8	483.0	383.5	34,702
Dec	405.0	408.0	402.0	402.3	–	0.8	507.0	387.0	27,744
Mr93	410.5	410.5	408.0	406.7	–	0.8	513.0	394.0	5,454
May	410.5	410.5	410.5	409.6	–	0.8	473.0	399.0	3,245
July	415.5	415.5	412.5	412.5	–	0.8	470.5	400.0	5,495
Sept				415.4	–	0.8	469.0	404.0	1,252
Dec	424.5	424.5	423.0	420.3	–	0.8	462.0	408.0	2,609

Est vol 12,000; vol Fri 17,826; open int 81,028, –519.

FUTURES OPTIONS

CATTLE-FEEDER (CME) 44,000 lbs.; cents per lb.

Strike Price	Calls–Settle Aug	Sep	Oct	Puts–Settle Aug	Sep	Oct
78	4.35	3.55	3.10	0.10	0.45	0.82
80	2.50	2.00	1.80	0.25	0.90	1.55
82	1.00	0.80	0.80	0.75	1.80	....
84	0.20	0.25	0.25	1.95	....	....
86	....	....	....	....	....	....
88	....	....	....	....	....	....

Est. vol. 201;
Fri vol. 115 calls; 224 puts
Op. Int. Fri 2,602 calls; 6,787 puts

CATTLE-LIVE (CME) 40,000 lbs.; cents per lb.

Strike Price	Calls–Settle Aug	Oct	Dec	Puts–Settle Aug	Oct	Dec
70	3.52½	3.70	2.55	0.05	0.40	1.15
72	1.72	2.15	1.45	0.25	0.82	2.02
74	0.45	1.00	0.67	0.97	1.67	3.22
76	0.07	0.37	0.27	2.60	3.02	....
78	0.00	0.12	0.12	....	....	....
80	0.00	....	....	....	....	....

Est. vol. 945;
Fri vol. 157 calls; 167 puts
Op. Int. Fri 12,300 calls; 26,616 puts

CORN (CBT) 5,000 bu.; cents per bu.

Strike Price	Calls–Settle Sep	Dec	Mar	Puts–Settle Sep	Dec	Mar
210	....	21¾	....	¾	1¾	1½
220	9	14¼	....	2½	4¼	3½
230	4	9¼	16	7½	9	7
240	1¾	5½	10¾	15½	15¼	11½
250	⅞	3½	7¼	24½	23	18¼
260	½	2⅜	5½	33½	32	25¾

Est. vol. 8,000;
Fri vol. 5,689 calls; 4,455 puts
Op. Int. Fri 93,090 calls; 49,084 puts

GOLD (CMX) 100 troy ounces; $ per troy ounce

Strike Price	Calls–Settle Sep	Oct	Dec	Puts–Settle Sep	Oct	Dec
340	21.50	21.50	23.90	0.20	0.30	1.10
350	11.80	12.20	15.40	0.60	1.20	2.70
360	4.30	5.90	9.70	3.00	4.60	6.50
370	1.30	2.60	5.60	10.00	11.30	12.40
380	0.60	1.40	3.40	19.30	19.90	19.70
390	0.30	0.70	2.10	29.00	29.30	28.30

Est. vol. 7,800;
Fri vol. 13,829 calls; 4,196 puts
Op. Int. Fri 79,161 calls; 22,389 puts

Use The Classifieds And Consider It

USE THE CLASSIFIEDS TODAY



America's best legitimate advertising buy is still the local newspaper that is involved in your community. Junk mailers don't contribute a dime to the betterment of Hereford. They take and don't give back.

AXYDLBAAXR
is LONGFELLOW

One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

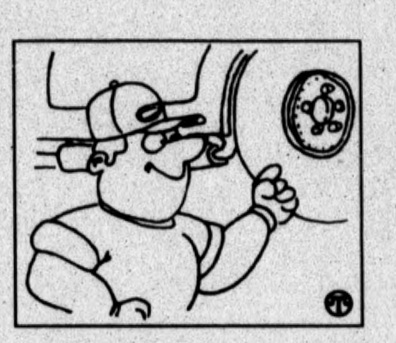
7-21 CRYPTOQUOTE

QZMEM UI RFQZURA SUI-QURBQUNM GLFDQ YUNURA UR RMK CFEX; FNME MUAZQ WUYYUFR FQZME VMFVYM GEM SFURA UQ.—SFR ZMEFYS

Yesterday's Cryptoquote: LAS VEGAS IS A WONDERFUL PLACE. WHERE ELSE OUTSIDE OF GOVERNMENT DO PEOPLE THROW AWAY MONEY? — RONALD REAGAN



Communities across America are finding ways to make a positive difference in the lives of their elderly citizens.



Mechanics must make sure they replace flat truck tires with new tires of exactly the right size.

What was that you said?

What is the difference in sending a Valentine's Card or simply saying, "I love you"? The spoken word has little staying power. With Valentine's Day only coming once a year, a few words is not enough to last. The card, however, is something you can hold on to, refer back to, carry with you, read again and again, save in your scrapbook forever. The card is a lasting record and a part of your personal history. The same can be said when comparing radio to newspaper. Notice which one can be held, referred back to, carried on shopping trips, and found in libraries for generation after generation.

Newspaper vs. Radio

- **Radio copy depends on word imagery and it is limited to 30 or 60 seconds, not enough time for complex issues.**
- **Average recall for a 1/2 page newspaper ad is 32%; for a 1/4 page ad, it's 31%. Radio ad recall is only 4%.**
- **Once a commercial is aired, it is gone. There is absolutely no tangible evidence it existed. For those listeners not tuned in at that specific time, the commercial is lost.**
- **Radio is an entertainment medium. People listen for musical enjoyment (passive experience).**
- **Newspapers are an information medium. People read to seek data and learn (active experience).**
- **Newspapers are the only medium that allow shoppers to compare values offered by competitive advertisers.**
- **77% of all newspaper readers look at every page. No audience can actively listen to the radio 77% of the time (Audits and Survey, Inc.).**
- **44% of newspaper readers look forward to ads, compared to 10% for radio (Audits and Survey, Inc.).**

Newspapers are the way to reach today's consumers

Make your message last... with

THE HEREFORD BRAND

Names in the News

LOS ANGELES (AP) - Sylvester Stallone cut his hand while doing stunts for the action film "Cliffhanger" but was quickly back at work after getting nine stitches at a hospital.

The star of "Rocky" and "Rambo" was hurt on a soundstage in Italy on Monday while climbing atop a helicopter.

"It was a very deep gash. But he was back at work in an hour and a half," publicist Peter Silbermann said by telephone from Rome. "He's fine."

"Cliffhanger" is to be released next spring.

LOS ANGELES (AP) - Arsenio Hall has done a lot to help the city since the April riots - and now his day has come.

Mayor Tom Bradley planned to proclaim today "Arsenio Hall Day" at a ceremony dedicating a new youth center in South Central Los Angeles.

The late-night talk show host bought the building, which was once frequented by drug dealers, and paid to have it refurbished as a youth center for the First A.M.E. Church of South Central Los Angeles.

The neighborhood was hard hit in the riots that followed the acquittals of four white policemen in the beating of black motorist Rodney King.

NEW YORK (AP) - Tricia Helfer, an 18-year-old Canadian, has won the 1992 Supermodel of the World contest.

The 5-foot-10, blue-eyed brunette competed against models from 33 countries. She won a contract worth $250,000 with Ford Models Inc. and a necklace and earrings worth $25,000.

NEW YORK (AP) - Paloma Picasso, jewelry designer and daughter of Pablo Picasso, has a reason for not changing her look since 1971.

"It is very important to have your own style," she said in the August issue of Working Woman.

Picasso, 43, is almost as well known for her pale face, dark hair and red lipstick as she is for her high-priced jewelry. Lately she has altered her look slightly by wearing her hair longer or going without lipstick.

"I'm not a prisoner of my own image," she said. "People start going wrong when they try to maintain forever the exact look they had when they were at their best."

NASHVILLE, Tenn. (AP) - New father Garth Brooks thanks fans for the sweet gifts they've sent his baby girl - and the sexy things they've tucked in for his wife, Sandy.

"Some of the things Sandy squealed most about were the handmade moccasins that we got," Brooks said about the baby gifts.

"For some reason, people were also packing negligees," he added. "I guess they were wanting Taylor to have a sister or a brother here soon."

The couple's daughter, Taylor Mayne Pearl Brooks, was born July 8.

Brooks' hits include "Ropin' the Wind," which topped both the country and pop charts.

LOS ANGELES (AP) - Delta Burke says she is not the prima donna the press makes her out to be.

"I never went on a set and said, 'This is my show ... my name's on the checks,'" the actress said Tuesday, referring to quotes attributed to her in a July 4 TV Guide story.

The article chronicled Burke's troubles on the set of "Designing Women," the hit comedy from which she was dismissed last year. The actress said it is simply the latest in a series of untrue media reports.

"I do not pull this prima donna stuff," she said.

Jim Bellows, TV Guide's Los Angeles bureau chief, said the magazine stands by the story.

Burke talked to TV critics Tuesday to promote her new comedy series, "Delta," on ABC this fall.

NASHVILLE, Tenn. (AP) - The Oak Ridge Boys will be among the country music and pop stars joining the Charlie Daniels Band at the 15th Volunteer Jam.

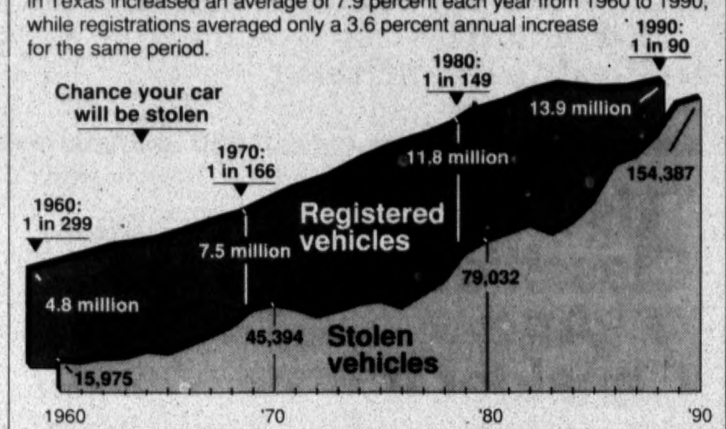
The Sept. 20 concert also will include Poco, Little Feat and Curtis Wright, organizers said Tuesday.

Money from the daylong show goes to the M.J. Martell Foundation for leukemia, cancer and AIDS research at Vanderbilt Hospital in Nashville.

Keeping an eye on Texas

Theft of vehicles on the rise

The chance of having your car stolen in 1990 was one in 90. Vehicle theft in Texas increased an average of 7.9 percent each year from 1960 to 1990, while registrations averaged only a 3.6 percent annual increase for the same period.



SOURCES: The Texas Department of Transportation, the Federal Bureau of Investigation, and John Sharp, Texas Comptroller of Public Accounts.

Learn about medications that are prescribed for you

Currently in the United States, doctors write over 1.6 billion prescriptions per year. In addition to taking what the doctor ordered, most Americans use over-the-counter (OTC) drugs to self-treat a variety of ailments from headaches to insomnia.

Women are the major consumers of both prescription and non-prescription drugs in this country. Therefore, they are also at the greatest risk for drug misuse. Many problems with drugs could be avoided, however, if all people understood their effects and knew how to properly use them.

to be a wise drug consumer, it is essential to have good communication with your doctor. Here are some facts doctors need to know to make decisions about medications as well as facts you need to know to use medications in a safe and effective way.

What The Doctor Needs To Know:

-What other drugs (prescription or non-prescription) do you regularly use - laxatives, diet aids, antibiotics, hormone pills, birth control pills?

-Have you had any allergic reactions to medications in the past?

-Do you have any health problems, for example, high blood pressure, migraine headaches, or liver or kidney disease?

-Is there any chance that you are pregnant? Are you breastfeeding?

-Do you use tobacco or drink alcohol>

-What you Need To Learn From Your Doctor:

-What is the name (both trade name and generic name) of the drug prescribed?

-What is the purpose of the drug? How will it act?

-Are there any potential side effects? Which should I be concerned about?

-How and when should I take the drug?

-Are there any types of over-the-counter or prescription medications that I should avoid while taking this drug?

-Will any type of food or alcoholic beverages change the reaction of the drug?

-Is there any written information available about this medication?

By providing your doctor with information about your health and lifestyle and asking him or her questions, you should be able to receive the greatest benefit from the medication and avoid any ill effects.

Know your vitamins

How knowledgeable are you when it comes to vitamins? Just for fun, see if you can answer these questions:

TRUE OR FALSE?

1. There are more than 100 known vitamins.
2. B-complex vitamins have similar functions.
3. Natural vitamins work better than synthetic vitamins.
4. Since vitamins are good for you, more are even better.

Here are the answers:

1. False, There are only 13 known vitamins, and each one makes important contributions to the body. They are vitamins A, D, E, K and C plus the B vitamins-B6, B12, thiamin, riboflavin, niacin, folic acid, biotin and pantothenic acid.
2. True. B-complex vitamins break down protein, carbohydrates and fat and are necessary for almost every reaction in every cell of our body. They are essential for normal growth and development of skin, hair, blood cells and tissue. They also assist in the normal functioning of brain an nerve tissue and the immune system.
3. False. Both natural and synthetic vitamins perform the same tasks in the body in th same way. The body does not distinguish between "nature made" and "man-made." However, food also offers other nutrients not available from pills.
4. False. The fact that some vitamins are good for you does not necessarily mean that more are better. In fact, an excessive amount of any one nutrient can affect the balance and effectiveness of other nutrients. And extremely high amounts of some vitamins can be harmful in certain situations. That's why it's wise to talk to a health professional before taking vitamins pill supplements.

Gunkler concludes that a registered dietitian can help you with any questions or concerns you may have about nutrition.

Accent on Health

Although the proportion of Texans indulging in risky health habits is about the same as the national average, they are among the worst offenders when it comes to alcohol abuse, according to the Texas Department of Health (THD).

During 1990, some 6 percent of adult (18 or older) Texans consumed as many as 60 or more alcoholic drinks each month. That compares with an average 3.2 percent of the adult populations of 44 states during the same period.

These and other facts appear in a TDH report on Texas' participation in the 1990 U.S. Centers for Disease Control behavioral Risk Factor Surveillance System (BRFSS). For the Texas portion of the survey, TDH conducted telephone interviews with 1,497 adults, selected to reflect the state's sex, race and age distribution.

Roger Diamond, senior health educator in the TDH Public Health Promotion Division, explained that the report is the fourth of its kind since 1987. "We use information from the BRFSS to determine which unhealthy behaviors contribute to premature loss of health and life statewide. By so doing, we can design health promotion programs to help change those behaviors," Diamond said.

The survey also revealed that 19 percent of Texans, as compared with an average of 15 percent nationally, reported "binge drinking," consuming five or more drinks per occasion, at least once in the previous month.

Similarly, 5 percent of Texans reported having driven under the influence of "too much to drink" at least once in the previous month. Other states' percentages for such behavior ranged from .7 percent to 5.9 percent, with a national average of 2.8 percent. "It is noteworthy that during the survey period, the state recorded a 7 percent increase in alcohol-related traffic fatalities over the previous year (1989)," Diamond said.

Among other BRFSS results were that 23 percent of surveyed Texans are smokers, matching the U.S. average.

Some 22 percent of surveyed Texans were overweight, compared to 22.6 nationally.

Texans were slightly more active than the general U.S> population. However, more than half of survey respondents in both groups (53 percent of Texans and 58 percent nationally lived sedentary lifestyles. Only 38 percent of the Texas respondents exercised regularly, men citing walking, yardwork and running as their most frequent exercise, while women favored walking, yardwork and aerobics.

Fewer Texans (7 percent) than U.S. citizens in general (13.8 percent) "never" or "seldom" used their automobile seat belts in 1990. At the same time, 85 percent of Texans claimed "always" or "nearly always" to use their seat belts.

Regarding AIDS and HIV which causes it, some 76 percent of Texas parents, compared to 75 percent of U.S. parents, said they would allow their child to attend class with an HIV-infected student.

Also, 91 percent of surveyed Texans had heard of AIDS, but their understanding of the disease varied. Only 64 percent know that HIV-infected people can look and feel healthy, and 81 percent know that condoms can reduce infection risk. Some 65 percent know that mosquitoes pose no threat of spreading HIV, and only 59 percent know that giving blood poses no risk.

Of parents of Texas children not yet in high school, 88 percent favor starting AIDS education in elementary school.

Tips on pool safety

Dive into summer - but do it safely, say the experts at the National Swimming Pool Safety Committee (NSPSC).

Safe diving habits can prevent accidents which occur when swimmers hit the bottom of a pool, resulting in severe spinal cord injury and paralysis. As part of its "Operation Water Watch" program, the safety experts at the NSPSC offer these do's and don'ts for divers and parents of children who may dive:

Do's

-Do know the depth of the water is sufficient for your dive. Many recreational swimmers are seriously injured each year as a result of diving into shallow areas of lakes, ponds, streams or swimming pools.

-Do plan your dive path. Make sure there are at least 25 feet of clear water ahead.

-Do be sure there are no submerged or floating obstacles, such as other swimmers, rocks, tree branches, etc.

-Do remember to steer your body upwards as you dive. Keep your head up and your rams extended over your head. Steer up with your hands once you enter the water.

-Do keep your dives simple.

-Do take diving lessons from a qualified instructor.

Don'ts

-Don't dive into the shallow end of a pool or into shallow water.

-Don't dive into an above ground pool.

-Don't drink and dive. Statistically, more than 50 percent of all diving accidents involve alcohol.

-Don't attempt any fancy or competitive-style dives in residential pools.

-Don't try to dive through an inner tube or other pool toy.

-Don't push or throw anyone into the water.

-Don't dive off the side of a diving board, slide or any other pool equipment.

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Sweet and Sour Sausage Patties
Fried Wings
Buttered Corn
Stir Fried Vegetables

TUESDAY
Vegetable Beef Soup
Chicken Pot Pie
BBQ Wings/Fried Rice
Fresh Julienne Carrots

WEDNESDAY
Vegetable Beef Soup
Salisbury Steaks
Hot Wings
Red Beans and Rice
Green Beans

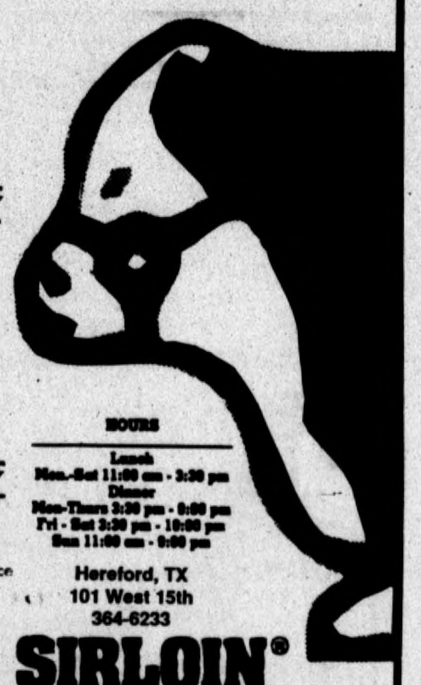
THURSDAY
Potato Soup
Meat Loaf
Fried Wings
Fried Squash
Steamed Cabbage

FRIDAY
Chicken Noodle Soup
Fish and Chips
Fried Rice
Buttered Corn

SATURDAY
Vegetable Beef Soup
Lasagna
Hot Wings
Broccoli and Cheese Rice
Corn on the Cob

SUNDAY
Dinner All Day
Choice of Roast Beef, Ham
Chicken Noodle Soup
Cornbread Dressing
Mashed Potatoes and Gravy

EVERYDAY
Fresh Broccoli and Cheese Sauce
Macaroni and Cheese
Pasta and Marinara Sauce
Batter Fried Vegetables
Complimentary Baked Potato
Salad Bar
Seafood, Pasta
Fresh Vegetable Deli Salads
Fresh Fruits and Great Salad Toppers



HOURS
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Dinner
Mon-Thurs 3:30 pm - 9:00 pm
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Sun 11:00 am - 9:00 pm

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