

Fisher County Double Mountain
Home Of Former Washington Redskins Quarterback Great **Sammy Baugh**

Roby Star Record

Our 90th Year * The Voice Of Fisher County Since 1907 * 50 Cents Single Copy

Fisher County The Home Of
Gabbie McKay
Florene Stuart
Norvelle Kennedy, Jr.
Ralph Riddel, III

Volume 90 - Number 33
Thursday
April 10, 1997
Rotan, Fisher County, Tx.
10 Pages

The People Have The Right....

Under the fundamental philosophy of the American constitution form of representative government that adheres to the principle that government is the servant and not the master of the people, it is the policy of the State of Texas that each person is entitled, unless otherwise expressly provided by law, at all times to complete information about the affairs of government and the official acts of public officials and employees. The people, in delegating authority, do not give their public servants the right to decide what is good for the people to know and what is not good for them to know. The people insist on remaining informed so that they may retain control over the instruments they have created.

Rotan Advance

Little League Play For The 1997 Season Officially Begins On Monday

Little League play officially begins for Rotan area youngsters next Monday when the four Little League teams square off in head to head competition.

Yankees
The Yankees are managed by Hoss Carrillo. Clay Helms and Dale Cox are the coaches.

Yankee players are: Brandon Hampton 11; Jordan Cox 11, Jacob Cox 9, Hunter Helms 9, David Mullins 11, Brian James 12, Presley Gaspar 10, Stephanie Carrillo 11, Toby Terry 12, Kendra Lakey 12, and Josh Martinez 12.

Vets
The Vets will be managed by Loyd Greene. Loyd Dean Messick and Calvin Johnson will serve as the coaches.

Vet players are: Judd Bond, 10; Cody Etheredge 10; Joshua Johnson 10; Hunter Stuart 10; Cody Murphree 12; James Mooney 11; Aaron Greene 11; Cody Reed 11; Stacy Trejo 12; Kristopher Messick 11 and Tyler Copeland 10.

Rebels
The Rebels are managed by George Reyes. Reyes will be assisted by Kris Rodgers and Mark Basquez. Rebel players are: Jessie Foster

12; M.J. Quintanilla 12; Jeremy Reyes 12; Zachary Reyes 11; Joshua Sepeda 11; Stuart Posey 11; Ralph Riddel 11; Marky Basquez 10; Joe Posey 10; Jeb Harwell 10 and Matthew Quintanilla 9.

Pirates
The Little League Pirates are managed by James Park. Jack McCall and Steve Nowlin are serving as coaches.

Pirate players are: Mark McCall

12; Tanner Park 12; Cory Huggins 12; Rocky Saucedo 11; Bryan Saucedo 10; Randy Morgan 10; Joel Clary 9; Brent Whitefield 9; Colter Williams 11; Trace PP

Paske 11 and Jance Morris 10.

48 Hour CBS Television Producer

Charlie Cantu Speaks At Roby

By Ashley Smith
Charlie Cantu, a producer of the CBS news television show 48 Hours, spoke to the Roby High School student body Wednesday, March 19. Mrs. Cantu, 33, a native of Oklahoma City was educated at OU and graduated from UCLA in 1987 with a degree in child psychology. She has worked at five news stations where

she was a news reporter and editor, sports reporter and editor, field producer, and a free-lancer. She is based at the CBS News offices in Irving, Texas, and currently is preparing a 48 Hours segment on the recent lottery winners in Fisher County.

During the assembly in the high school auditorium, she discussed her role as a producer, the steps she took

to get there, and her experiences in the field of journalism. Mrs. Cantu presented the video her recently produced segment about Dr. Burzynski, the Houston doctor who was on trial for violating FDA regulations when he distributed unapproved cancer drugs. Afterward, there was a lengthy question-and-answer session. She answered questions regarding her marriage to a network cameraman, what her job requires, and interesting experiences in the broadcast media. Then she retired to the freshman English class where she answered more questions.

Roby Kindergarten Day

If you have a child or know of a child that will be 5 years old by September 1, bring him/her to Kindergarten Day on Friday, April 11.

Bring the child's birth certificate, social security number, and shot

records.

The meeting will be at 12:45 in Mrs. Upshaw's Kindergarten room at Roby Elementary. Parents will fill out registration forms and leave their child until 3:00.

Rotan Graduation Night Party Is Being Planned

On May 30th, graduation night, a group of concerned citizens will sponsor a drug-free, alcohol-free and tobacco-free graduation party for Rotan students in grades nine through eleven.

The group is seeking money and door prize donations. Anyone interested can contact Carol Price, Debbie Phares, Beverly Landes, Brenda Goodwin or Jerry Moffett.

Rotan City Is Current On Water Bill

In the front page story last week concerning the Rotan City and Rotan Water Authority the statement was made that the City of Rotan was a month behind on a water payment to the Rotan Water Authority.

It discovered last Monday that the statement was incorrect.

When the January payment was made to the Water Authority the part for water was included in with loan payments and other monies owed and it was all applied to a loan account and none to water bill account.

The amount for the water payment is going to be backed out of the amount applied to loans and applied to water, according to Bart Strayhorn, Water Authority Secretary.

This will make the City of Rotan current on their water bill to the Rotan Water Authority.

Cowboy Poet, Humorist To Speak Rotan C of C Banquet

The annual Rotan Chamber of Commerce Banquet will be Thursday night, April 17th at 7:00 p.m., at the Rotan School Cafeteria. The featured speaker will be Dan Willis of Cranfill Gap, Texas a cowboy poet and humorist. Dress is casual - western theme.

The menu will include brisket with all the trimmings and will be catered by Casa Morales Restaurant. Tickets are \$10 and can be purchased from any Rotan Chamber director or at the door.

Rotan Chamber Directors are: Irma Carreon, Dexter Elrod, Wes Hays, Monte Morrow, Debbie Howard, Sherrie Rodgers, Loyd Greene, Harold Sanders, Jackie Martin, Jerry Huggins, Susie Cogburn, Laurie Stephens, Steve Stephens, Dixie Neves and Jerry Boone.

Rotan School Tri-County Set Meeting

Rotan Independent School District, in conjunction with Tri-County Education Co-Op, is presenting an information session on Thursday, April 17th at 12:30 p.m. at the Rotan School Cafeteria for the parents of children enrolled in the Early Childhood program.

Terry Grosvenor, Preschool specialist at Region XIV, will address the parents.

Free childcare will be provided for those children already in the Early Childhood program and any brothers or sisters who attend with the parents.

Roby Write-In Candidate Files For Board Post

John Branson, who spent some 30 years in the semi-conductor / electronics field in the Dallas area, has moved back to Roby and officially has filed as a write-in candidate for the Roby School Board.

Branson and his wife Londa (daughter of the late L.L. Stuart) lived in Roby in 1965.

"We moved back here from Richardson because we wanted to live here," said Branson.

County Outlets Collecting Sales Taxes Down To 67, Gross Sales Are Down 13.9% For The 3rd Quarter Of 1996

Fisher County State sales and use tax for all industries reporting outlets for the third quarter of 1996 were 67, down from 79 for the same period 1995 or down 13.9 percent, according to figures released by John Sharp, Comptroller of Public Accounts, in late March.

Total gross sales for the third quarter of 1996 were \$5,948,553.00 compared to \$6,911,485.00 for the same period in 1995.

There were \$18,923.00 reported in 'use tax purchases' and \$1,398,901 that was subject to State sales and use tax.

For retail trade division - Fisher County slipped from 46 outlets reporting in 1995 to 39 in 1996. Total 1996 gross sales were \$2,442,616.00 in 1996 (third quarter) and in 1995 they were \$3,317,461.00. Total gross sales were down 26.4 percent.

Editor's Column

By Kimball G. Pease

ROTAN CHAMBER OF COMMERCE BANQUET: The annual Rotan Chamber of Commerce banquet is set for Thursday, April 17th. at 7:00 p.m. at the Rotan School Cafeteria. Speaker will be Dan Willis of Cranfill Gap, Texas. Tickets are \$10 each and can be purchased from any Rotan Chamber director or at the door.

TRACK DISTRICT IN SPUR: The track teams from Rotan and Roby will compete in the district meet on Friday, April 11th at Spur.

CONGRATULATIONS: Donna Turnbow, daughter of Marilyn and Gerald Turnbow of Rotan, was recently hired as a police officer and patrolman for the City of Ralls.

GRADUATION DAY: At Roby is Friday, May 23rd and at Rotan is Friday, May 30th.

LONGEST STANDING TRACK RECORDS: At Rotan it is the boy's record set by Howard VanLoon in 1964 in the shot and discus. Shot record is 64 feet 5 inches and discus is 175 feet 3 inches. For Rotan girls the record for two events goes back to 1979. The 1600 meter relay team record was set by Terri Whitefield, Tina McCombs, Ginger Duke and Blanche Gentry - 4:01.0. The Shot record was set in 1979 by Blanche Gentry of 33 feet 9 inches. At Roby the boy's record goes back to 1961 and was set by Jerry Burk in the high jump by going 6 feet 4 inches. The longest standing Roby girl's record was set in 1974 by Judy Wright in the 100 dash at Levelland clocked at 12.6.

RECEPTION: The Fisher County Hospital had scheduled a luncheon reception for Dr. Richard Reyes, a physician who may be interested in locating in rural Fisher County, last Sunday at the Fisher County Senior Citizen's Center. However, the reception had to be cancelled when word came that Dr. Reyes couldn't make it. The courting of Dr. Reyes is a result of a 'slow search' initiated by the Fisher County Hospital Board several months ago to begin the process of attempting to locate another doctor.

STENHOLM SAID IT: Congressman Charlie Stenholm said "If we aren't troubled by the impact of violence, nudity, foul language and other expressions which are protected under the category of 'free speech', it's hard for me to understand how talk of God, prayer, service and love could be worrisome."

FINAL PERFORMANCE: Roby's one-act play entitled "The Golden Grotto" was performed the final time last Wednesday, April 9th., at 2:15 at Roby - just for fun for the public. Kim Hudnall was earlier named in the zone competition all-star cast and Amber Kelly was the recipient of an honorable mention.

FINAL FOUR TICKETS: Rotan girls athletic director Ruben Osuna, who also happens to be the girls basketball coach is riding on cloud nine. He and his wife Pam were looking ahead to next year, their 25th wedding anniversary, and trying to make plans for something special. They discussed a cruise, special trip, etc. Finally, after learning that the Final Four NCAA Basketball Tournament would be in San Antonio in 1998, Pam and Ruben agreed that two tickets to the final four would be a fitting way to celebrate 25 years together. Ruben said that he is going to make the end of April deadline and send in his application for the pool drawing. Tickets are \$100 each for two days of hoop action. Hope the Osuna's are lucky enough to get the opportunity to attend. If anyone hears of a couple of tickets available - check with Ruben before turning down the opportunity to buy. Ruben said he had a friend who has made application for tickets for eight years and only once has he been given the opportunity to purchase tickets. Best of luck for an April 1998 date in San Antonio.

CONGRATULATIONS: To Josh Murphree, son of Mr. and Mrs. Randy Murphree of Stamford. He was selected to participate in the Texas Relays at the University of Texas last weekend.

EXCITING TIMES: I was visiting with Kim Hudnall last week and she mentioned she was probably going to postpone going to college in the fall in favor of spending a year in the AIM (Adventures In Mission) program. A program of the Church of Christ, youth enroll in August, go through a training period of several months, intensive Bible study and eventually finish the year in some mission field. Two others in Fisher County are also signed up to participate - Beau Hart

Continued To Page 2

A Detailed Break Down Of The 29 Million Gallon Water Loss In Rotan

MONTH	SNYDER CHARGES	ROTAN BILLED	GAIN/LOSS	PERCENT
October 95	7,983,600 Gallons	9,886,500 Gallons	+ 1,902,900	+ 23.84 %
November 95	9,605,200 Gallons	5,525,200 Gallons	- 4,080,000	- 42.48 %
December 95	11,217,300 Gallons	9,606,000 Gallons	- 1,611,300	- 14.36 %
January 96	9,564,900 Gallons	5,841,000 Gallons	- 4,823,900	- 38.93 %
February 96	9,042,700 Gallons	9,645,400 Gallons	+ 602,700	+ 6.67 %
March 96	9,610,800 Gallons	10,489,500 Gallons	+ 878,700	+ 9.14 %
April 96	8,661,400 Gallons	8,170,100 Gallons	- 491,300	- 5.67 %
May 96	15,712,500 Gallons	10,574,892 Gallons	- 5,137,608	- 32.70 %
June 96	13,120,300 Gallons	9,670,700 Gallons	- 3,449,600	- 26.29 %
July 96	14,296,000 Gallons	11,971,600 Gallons	- 2,324,400	- 16.26 %
August 96	12,270,300 Gallons	9,801,000 Gallons	- 2,469,300	- 20.12 %
September 96	9,592,050 Gallons	8,708,900 Gallons	- 883,150	- 9.21 %
TOTALS	130,677,050	101,187,092	-29,489,958	- 22.57 %

During the period October 1995 through September 1996 the City of Rotan purchased a total of 130,677,050 gallons of water from the City of Snyder. The City of Rotan paid the City of Snyder \$169,880.00 for the water. However, the City of Rotan only billed it's customers for a total of 101,187,092 gallons - during that period the City of Rotan did not bill customers for 29,489,958. The unbilled amount of water cost the City of Rotan \$38,336.95.

On Snyder water purchases of \$169,880.00 from October 95 through September 1996, the City of Rotan collected money on total water sales of \$292,848.00. The City of Rotan realized a profit of \$122,968.00 on the sale of water over the 12 month period.

Had the City of Rotan not been out \$38,336.95 in unbilled water, that profit would have grown to over \$160,000.00. Taking the loss into consideration, the City of Rotan realized a 72% profit on water purchases of \$169,880.00 and water sales of \$292,848.00 during the 12 month period.

The City of Rotan paid the City of Snyder \$169,880.00 for water and re-sold that water for \$292,848.00 realizing a profit for the period of \$122,968.00.

Fisher County Meetings Of Interest

All meetings open to the public.

Rotan Chamber Of Commerce
5:30 p.m., Thursday, April 10
Rotan Chamber Building

Fisher County Commissioners
9:00 a.m. Monday, April 14
Commissioners Court

Rotan School Board
7:30 p.m. Monday, April 14
Rotan School Cafeteria

Roby School Board
7:30 p.m., Monday, April 14
Homemaking Department

Fisher County Appraisal Dist.
8:00 a.m., Tuesday, April 15
District Court Room

Rotan Water Authority
11:00 a.m., Wednesday, April 16
Bart Strayhorn's Office

Rotan Economic Development
3:30 p.m., Wednesday, April 16
Rotan City Hall

Fisher County Hospital Board
6:30 p.m., Monday, April 21
Hospital Cafeteria

Rotan Library
5:30 p.m., Tuesday, April 24
Rotan Library Building

DPR Rural Water Supply
7:30 p.m., Tuesday, April 29
DPR Office

NEWS & VIEWS

For The 17th District
By Congressman Charlie Stenholm

LIFESAVERS ROLE MODELS

They shop with us at the grocery store, sit next to us at the football game, go to church with us on Sunday morning. Some are young and some are old, but all radiate kindness and humility. Who are they? They are people who take their own time and energy to make a difference in the world around them, in the lives of people they may not even meet.

With all of the negative reports we hear every day, it can be easy to forget that a lot of good is done every day by scores of people. Many different entities - government, business, civic, and others - have started to recognize the importance of singing the praises of these role models, so that they're no longer unsung heroes.

The LifeSavers Company is one of those organizations currently looking nationwide for 20 such "Role Models." Originally designed as a complement to the LiveSavers Company introduction of a new bigger roll of candy in 1996, the program honors those people who are making a difference by taking a bigger role in their communities.

Twenty extraordinary individuals from across the country will be selected as Regional Role Models. Each will receive a check for \$1,000 to be donated to the charity of their choice, plus an all-expense paid trip for one to Washington, D.C. to attend an awards ceremony. From the Regional Role Models one person will be chosen as the National Role Model. That person will receive \$10,000 to be donated to the charity of his or her choice, as well as a trip for two to Washington.

If you would like to nominate someone for the award or you would like more information about the program, call (910) 659-8440 or write Take A Bigger Role Awards Program, 500 Shepherd Street, Suite 200, Winston-Salem N.C. 27103 by May 30, 1997. If you do nominate an individual, I would like to know about that person as well.

This, of course, is not a government program, nor the only business engaged in positive programs such as this. If you know of others, let me know. I would like to make the good news of our District a regular feature of this column.

VIPs IN WASHINGTON

Some of the VIPs in Washington are longer-term visitors and happen to be my employees. Stephen Haterius, who most recently served as my District Manager back home, now fills the role of chief of my Agriculture Committee staff. Another staff change was a move to the committee by newlywed Russell Middleton of Abilene. Joining my personal office this year is Kace Chalmers of Jacksboro, who helps as a legislative correspondent.

Other staff changes made by VIPs who stay in Texas include long-term aide, Don Starr, moving up to the role of my District Manager. Joining him are two new district representatives, Mark Lundgren and Lindy Patton. Both are from Stamford but will be traveling extensively to stay in touch with all of the other VIPs in the 17th District.

Rotan Jr. High Bands Capture A Total Of 29 1st Divisions

The Rotan Junior High Bands captured a total of 29 1st divisions, 23-2nd divisions and 10-3rd divisions at the Cisco Junior College Music Festival at the end of March.

Bands participating were 5th grade band, 6th grade band, 7th and 8th grade bands with each competing in sight reading and concert.

The Sixth grade band made a 1 in sight reading and received a trophy.

Students receiving first divisions were: Terry Branch, Samson Flores, Jodi Granada, Zach Greenlee, Tara Blair, Eric Gonzales, Talitha Montez, Julie Hoyle, Emilia Munoz, Shelia Garza, Stevi Cogburn, Tamara Tores, Dolores Flores, Allison Pipes, Lauren Kennedy, Holly Dykstra, Sunny Helms, M.J. Quintanilla, Junior Romero, Carolyn Ramon, Holly Simmons, Laci Martin and Lindsey Howard.

Those receiving II were - April Lujan, Tamara Tores, Junior Romero, M.J. Quintanilla, Latisha Salazar, Tara Blair, Zack Reyes, Jessica Bencomo, Emilia Munoz, Monica Ramon, Rachel Leach, Lana Kirkland, Lee Jay Greenway, Sunny Helms, Luran Kennedy, Kristi Martinez, Laci Martin.

Students receiving a III - T.J. Mize, Cory Collins, Rocky Saucedo, John Reese, Eric Gonzales, Lindsey

Howard, Dustin Weathersbee. "I am proud of the students for their performances on stage, in the sight reading room and during their respective solo's and ensembles," commented Penny Brister, Band Director.

Rotan Advance Roby Star-Record

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Any erroneous reflections upon the character standing or reputation of any individual, firm or corporation will be gladly corrected when notification is given in writing to the editor within 10 days after publication.

Notices, Etc.
Notice of entertainments where a charge of admission is made, resolutions of respect, in memoriam, poetry, proclamations, letters expressing political opinions, and all other matter not of general news will be charged for at regular advertising rates.

Letters To The Editor
Letters To The Editor are encouraged. They must be signed by the author and include a telephone number for verification purposes. Only the writer's name will appear in print. Letters should be kept to a length of 200 words or less, are subject to be edited for clarity, liable and for the purpose of only conveying a single point. All letters are run 'space available'. All letters are accepted on that basis.

Photographs
The cost to run an unsolicited photograph submitted with a new story or on an event will be \$5.00.

Errors
This newspaper is not responsible for errors in more than one edition. Claims will not be considered unless made within 72 hours of publication. No allowance will be made when the error does not materially affect the value of the advertisement.

The news and advertising deadline is noon Tuesday.

Larry Daniels Sets New Rotan School Record In The High Jump With 6 Foot 6 1/2 Inches

Larry Daniels set a new Rotan school record in the high jump, shattering a record previously held by Jim Kelley, since 1965, of 6 feet 5 inches. Daniels cleared 6 feet 6 1/2 inches to establish the new record.

His first place finish in the high jump and second place finish as a member of the 400 meter relay team helped Rotan capture a second place finish in the Haskell Relays last weekend.

The following is a break-down of the Rotan varsity finishes.

Ringo Amador, 3rd, with a time of 11:39 in the 3200 meter run.

Joey Sepeda, 2nd in the 400 meter relay 44.8.

Reed Underwood, 3rd in the 800 meter run time of 2:17 and 2nd in the 1600 meter relay time of 3:38.

Jake Baker, 6th in the 100 meter run with a time of 12.8; 4th in the 200 meter run with a time of 25.3.

Guy Duke, 3rd in the 100 meter run with a time of 12.8; 2nd in the 400 meter relay with a time of 44.8 and 2nd in the 1600 meter relay with a time of 3:38.

Rusty Goodwin, 2nd in the 1600 meter relay with a time of 3:38.

C.W. Robertson, 4th in the 300 hurdles with a time of 46.2.

Ringo Amador, 2nd in the 1600 meter run with a time of 5:10.

Jeremiah Morris, 5th in the shot with a toss of 40 feet 2 inches.

Zack Morris, 2nd in the shot with

a throw of 43 feet 10 inches and first in the discus with a throw of 131 feet 7 inches.

JayBen Alls, 1st in the long jump with a leap of 22 feet 7 1/2 inches; 2nd in the triple jump with a leap of 43 feet 7 inches; 2nd in the 400 meter with a time of 54.8; 2nd in the 1600 meter relay with a time of 3:38 and 2nd in the 400 meter relay with a time of 44.8.

Haskell won the meet. Rotan was second ahead of Rule, Albany, Goree, Munday and ACHS.

Obituaries

Carmen Boren

Carmen Boren, 76, of Sylvester, died Saturday morning, April 5, in the Rotan Nursing Home. Graveside services were held at 10:00 a.m. Wednesday, April 9, at the Sylvester Cemetery. Rev. Werth Mayes officiated.

Mrs. Boren was born February 22, 1921 in Jacksboro to the late Mr. and Mrs. Martin R. Lyon. She married Izax Boren December 4, 1946 in Jacksboro.

Mrs. Boren was a homemaker. She was a pitcher for the Roscoe Sluggers and a member of the World Evangelists.

She is survived by her husband, Izax Boren of Sylvester; 4 sons, Izax Boren, Jr. of Sylvester, Cliff Boren of Monahans, Gary Boren of Bakersfield, Ca., and Ricky Boren of Midland; one daughter, Peggy Babb of Midland; one sister, Bessie Boydston of Perryton; two brothers, Orvell Lyons of Marlin and Ray Lyons of Paradise, Ca.; 16 grandchildren; and 3 great-grandchildren.

She was preceded in death by an infant daughter.

Rotan ISD Soliciting Bids

The Rotan ISD is soliciting bids for the removal of asbestos containing materials from the primary school and Superintendent's Office. Bids are due at 1:00 p.m., May 1, 1997. Anticipated start date of July 8, 1997. A mandatory pre-bid meeting will be

held at the project site, 102 N. McKinley, Rotan, Texas at 1:00 p.m., April 22, 1997. Questions may be directed to the asbestos consultant, Denny Walker (915) 691-0172.

33-2tc

Continued From Page 1

of Roby and Mandy Dycus of Rotan. Good luck to the three.

LOTTERY DOLLAR BREAKDOWN: Here is how one dollar spent on a lottery ticket is divided. First, 57 cents of the dollar goes back to players in the form of prizes. A total of 31 cents of every dollar taken in goes to the State of Texas. There is a lot of discussion on what Texas does with the 31 cents at present. Some are trying to have the 31 cents earmarked for education. Seven cents goes to the lottery commission for administration and finally five cents goes to the retailer selling the ticket.

Fisher County Devotional Page Seeds From The Sower

Michael A. Guido, Metter, Georgia

A little girl was showing her playmate her new home. "This is Daddy's den," she explained, as they entered one room. "Does your daddy have a den?"

"Oh, no!" came the answer, "my daddy growls all over the house."

If you're good at complaining, you're not good for anything else. You can't be grateful and grouchy at the same time. It's hard to be kind and cross at the same time. It's impossible to be pleasing and peevish at the same time.

As the field, so the crops. As the father, so the children. A father who growls will have children who groan. Parents sometimes wonder why the streams are bitter, when they themselves have poisoned the fountain.

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Roby, Texas

Church Of Christ
Barry Day, Minister
735-2344
SS - 9:45 - Worship 10:45
Rotan, Texas

Cross Roads Baptist
Rev. Joe Baucham
735-2178
SS - 10:00 - Worship 11:00
Rotan, Texas

Emmanuel Baptist Church
Appointment Pending
735-3143
SS - 10:00 - Worship 11:00
Roby, Texas

First Baptist Church
Rev. Mickey Wagoner
776-2159
SS - 10:00 - Worship 11:00
Roby, Texas

First Baptist Church
Rev. Werth Mayes
735-3471
S.S. 9:45 - Worship 11:00
Rotan, Texas

Foursquare Church
Rev. Robert Kennedy
735-2553
SS - 9:45 - Worship 11:00
Rotan, Texas

First United Methodist
Rev. Jeff Sedberry
SS 10:00 - Worship 11:00
McCaulley, Texas

First United Methodist
Rev. Steve Patterson
776-2308
SS - 9:45 - Worship 10:50
Roby, Texas

First United Methodist
Rev. Larry Holder
735-2334
SS 9:30 - Worship 10:30
Rotan, Texas

First United Methodist
Rev. Jeff Sedberry
SS 9:30 - Worship 10:00
Sylvester, Texas

Hobbs Baptist Church
Rev. Dee Threatt
SS - 9:45 - Worship 11:00
Rotan, Texas

Little Zion Baptist Church
Rev. Mark Smith
735-2362
SS 9:45 - Worship 11:00
Rotan, Texas

Mission Bautista Calvario
Rev. Jim Lawliss
SS 9:45 - Worship 11:00
Roby, Texas

McCaulley Baptist Church
Rev. Bruce Cook
SS 10:00 - Worship 11:00
McCaulley, Texas

St. Joseph's Catholic
Father Johnrose Hayden
Sunday Morning 9:00 a.m.
735-3285
Rotan, Texas

Sylvester Baptist Church
Rev. Bruce Hess
993-4479
SS - 10:00 - Worship 11:00
Sylvester, Texas

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Kiefer & Aubry Nell Cauble

Clinic Pharmacy
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Rotan, Texas

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Wynelle Terry-Owner/Operator
Roby, Texas

RANDALL W. BIBB
Certified Public Accountant

1181 Lytle Way,
Suite A
Abilene, Texas 79602
(915) 676-3446

After Hours Call:
Beverly Nash
735-2719
Lori Garner
735-2835
Rotan Insurance Agency

Four From Roby To Compete In Regional U.I.L.

By Latrice Moffett
Twenty-six students from Roby High School participated in the district UIL meet at Munday on Monday, March 24, and Thursday, March 27. Four students will go on to compete in the regional meet at Levelland on April 18.

Advancing for the 4th year in a row is the Literary Criticism Team, coached by English teacher, Ron Smith. From the team Makala Herron placed 1st as an individual for the 3rd

consecutive year, Jaycee Carey placed 3rd, and Sarah Boyd, 7th. Makala and Jaycee will also be competing for individual placing as well.

Also advancing to regional is Jaycee Carey, placing 2nd in Ready Writing, also coached by Mr. Smith, and Shella Graves, placing 3rd in poetry, coached by Kay Graves.

Others placing at Munday include Makala Herron, 5th in Ready Writing, Latrice Moffett, 4th in News Writing, Mindy Mahaffey, 5th in

News, and Autumn Daniel, 6th in News.

Teams participating in the meet are as follows: Wendy Harwell, Mindy Mahaffey, Latrice Moffett (Feature Writing, coached by Mr. Smith); Autumn Daniel, Mindy Mahaffey, Latrice Moffett (News Writing, Mr. Smith); Billy Floyd, Wendy Harwell, Makala Herron (Editorial Writing, Mr. Smith); Ashley Smith, Mandy Taylor, Misty Taylor (Headline Writing, Mr. Smith); Jay-

cee Carey, Makala Herron, Mindy Mahaffey (Reading Writing, Mr. Smith); Sarah Boyd, Jaycee Carey, Makala Herron Literary Criticism, Mr. Smith); Amber Kelly, Latrice Moffett (Number Sense, Beth Donham); Mike Haigood, Latrice Moffett (Calculator, Mrs. Donham); Jaycee Carey, Jacob Whitaker (Mathematics, Mrs. Donham); Kimberly Hudnall, Sahala Hardin, Shella Graves (Poetry, Kay Graves); Sarah Boyd, Beau Hart (Prose, Mrs.

Graves); Karen Carriker, Damon Dickson, Beau Hart, Mike Haigood, Konette Mays, Robert Onofre (Science, Eddie Onofre); Candice Brown, Karen Carriker, Laticia Leyva (Computer Applications, Michelle Terry); Beau Hart, Erika Ramirez (Spelling, Peggy Jones); Chris Gloyd (Persua-

sive Speaking, Perry Graves); Billy Floyd, Chris Gloyd (Current Events, Lonnie Hines).

Overseeing the students on their trips to Munday and helping to maintain a sense of organization was Barbara Martin, the District UIL Coordinator.

Haywood Votes In Favor Of Legislation To Permit Home Equity Lending In Texas

Senator Tom Haywood (R-Wichita Falls), today voted in favor of legislation that would permit home equity lending in Texas. SJR 12 and SB 173 by Jerry Patterson (R-Houston), would allow a homeowner to borrow up to 90% of the equity of their primary homestead. The equity of a home is the value of a homestead

minus the outstanding debt.

SJR 12 will authorize a constitutional amendment to be voted on by the citizens of the state. SB 173 is the enabling legislation. Currently, Texas is the only state in the union that does not allow homeowners the ability to borrow money against the equity in their home for any purpose other

than home improvements. "This vote is the first step toward greater property rights and expanded opportunity for all Texans. For too long, folks have been denied access to the equity in their own homes by antiquated laws that no longer meet the needs of the people", Haywood said. "This

bill will finally remove the legal shackles from homeowners and allow them access to capital that is rightfully theirs."

"Today, if a homeowner decides to expand the size of his home to make room for a growing family, or install a new heating system or even add a swimming pool, Texas law will allow him to do so," Haywood said. "But if that individual needs this money for other, equally important things, such as college tuition or the purchase of new farm equipment or starting a business, they are just out of luck with the current law."

Many seniors and agriculture interests have expressed some concerns about the bill. However, safeguards have been incorporated into the legislation in an attempt to address many of the problems. Included in those protections are the current Texas Homestead Act, which remains intact; senior citizen tax exemptions are not affected; and property for agriculture use cannot be used as collateral for an equity loan.

"I believe that the safeguards enacted in the bill should give our farmers, ranchers, and seasoned citizens peace of mind that they will not suddenly lose their homes," Haywood said. "A home equity loan is an agreement that no one can be forced into without their consent."

Roby School Legal Notice

Notice of Trustee Election (Aviso de Eleccion Fideicomisarios)

To the Registered Voters of Roby, Texas: (A los votantes registrados del Roby, Texas):

Notice is hereby given that the polling places listed below will be open from 7:00 a.m. to 7:00 p.m., on May 3, 1997, for voting in a general election, to elect (3) trustees for three year terms. (Notifiquese, por las presente, que las casillas electorales sitados abajo se abran desde las 7:00 a.m. hasta las 7:00 p.m. el 3 de Mayo de 1997 para votar en la Eleccion para tres fideicomisario para un termino completo de (3) anos.

Location(s) of Polling Places (Direccion(es) De Las Casillas Electorales) Fisher County Courthouse (En el cuarto de juntas en la corte.

Early voting by personal appearance will be conducted each weekday at (La votacion en adelantada en persona se llevara a cabo de lunes a viernes en) Office of County Clerk/Courthouse**** oficina del archivero del partido/palacio de justicia between the hours of 8:00 a.m. and 5:00 p.m. beginning on April 14, 1997 (entre las 8:00 de la mañana y las 5:00 de la tarde empezando el abril 14, 1997) and ending April 29, 1997 (y terminando el abril 29, 1997).

Applications for ballot by mail shall be mailed to: (Las solicitudes para boletas que se votaran en ausencia por correo deberan enviarse a:)

Bettie Rivers/Fisher County Clerk - archivero del partido, del partido fisher.

Fisher County Courthouse/palacio de justicia del partido fisher Roby/roby 79543

Applications for ballots by mail must be received no later than the close of business on (Las solicitudes para boletas que se votaran en ausencia por correo deberan recibirse para el fin de las horas de negocio el) April 25, 1997 (abril 25, 1997).

Issued this the 3rd day of April, 1997. (Emitada este dia 3 de abril, 1997.

Steve Terry, President of Roby School Board 33-1tc

Sr. Citizens Menu Released

Fisher County Senior Menu April 10-15.

April 10: Meatloaf, Corn/Green Beans, Cole Slaw, Cake, Milk, Bread, Butter.

April 11: Taco, Beans, Spanish Rice, Tossed Salad, Jello, Crackers, Milk, Butter.

April 15: Pizza, Green Peas, Salad, Cheerio Pie, Milk.

Daughter Born To Mr. & Mrs. M. Cadenhead

Mr. and Mrs. Michael Cadenhead of Abilene announce the birth of their daughter, Becca Lane. She was born March 22nd and weighed 7 pounds.

Grandparents are Mr. and Mrs. Frank Ross of Abilene and Mr. and Mrs. Jack Cadenhead of Rotan.

Obituaries

Bill Posey

Bill Posey died April 3, 1997 in an Abilene hospital after a short illness.

He was born in Rotan Feb. 1, 1939 to the late Bill and Hattie Sue Posey. He attended public schools in Rotan and Avoca, graduating from Rotan High School in 1957.

Mr. Posey served in the U.S. Army as a radio teletype operator. At the time of his death, he was a computer technician in Stamford, Texas.

He was preceded in death by a sister, Norma Sue Posey in 1986. He is survived by an aunt, Luada Posey of Rotan, and an uncle and aunt, Dave and Willmath Posey of Rotan, as well as several cousins.

Funeral services were conducted on Saturday, April 5, at the Rotan Church of Christ, Barry Day officiated. Burial was in Belvieu Cemetery at Rotan.

Pallbearers were Ted Posey, Joe McMeans, E.B. Dennis, Tim Counts, Jack Price, and Robert Posey.

NOTICE

FREE OF CHARGE

Please Inform Relatives And Friends

There will be Immigration Classes

For those wanting to become U.S. Citizens

Abra clases de Inmigracion para aquellos que estan interesados a aserse Ciudadanos de Los Estados Unidos.

En el salon de la Iglesia Catolica

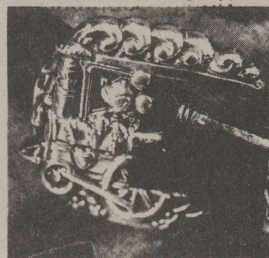
los Martes de Abril

Dias - 8, 15, 22, 29- 1997

A las 8:00 p.m.

San Jose Iglesia

301 E. Lee Street, Rotan, TX



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"I'm an independent business man and enjoy my association with an independent bank. You will too."

FIRST NATIONAL BANK OF ROTAN

"Your Dependable Bank Of Service"

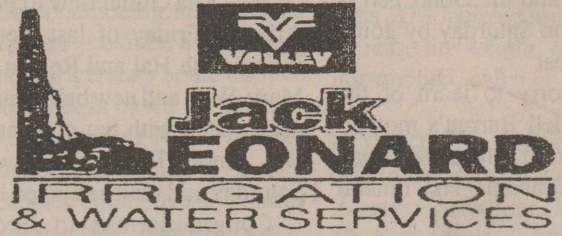
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Rotan, Texas 79546

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- *Butler Building
- *Red Jacket Pumps
- *Swimming Pool Pumps
- *Lake Siderolls
- *Myers Pumps
- *Berkley Pumps
- *PVC
- *Ditching Service
- *Water Well Drilling

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Now is the time for Pond & Lake Stocking of Hybrid Bluegill, Florida Hybrid Bass, Channel Catfish, Fathead Minnows, Triploid Grass Carp, and Black Crappie. Permit is required for Triploid Grass Carp.

The Hybrid Bluegill can REACH the weight of 2 1/2 to 3 lbs. We furnish your Hauling Containers. We guarantee live delivery. Supplies-Spawning Mats, Turtle Traps, Fish Traps, Liquid Fertilize, Pond and Lake Surveys, and Gift Certificates.

Delivery will be Friday, April 18, at all the times listed for the following towns and locations.

Winters-Farmer Seed & Supply 754-5373 7:30-8:30 A.M.
Sweetwater-B&B Feed & Seed 235-3115 10:00-11:00 A.M.
Abilene-Acco Feeds 676-3302 12:00-1:00 P.M.
Anson-Anson Feed 823-2871 2:00-3:00 P.M.
Roby-Terry's Gin, Inc. 776-2257 4:00-5:00 P.M.

To place your order or call:
405-777-2202 Toll Free 1-800-433-2950
Fax# 405-777-2899

Or Contact Your Local Feed Dealer

Fishery consultant available.
Discounts And Free Delivery Are Available On Larger Orders.
DUNN'S FISH FARMS, INC. P.O. BOX 85 FITTSTOWN, OK 74842

Fisher County Round-Up

By Joy Walker

Well we got some more rain, and although every day it looked like it was going to pour down, we only measured three quarters of an inch in all. The roads were sure muddy again, but the rain fell so slowly that is one of the reasons it got so slick.

Happy Birthday to Autumn Daniel whose birthday was Wednesday 9th of April, and to Erwin Burk whose birthday will be Saturday 12th. Also Happy birthday to George Price whose birthday was Saturday April 5th. Happy Anniversary to Mr. and Mrs. Dono Terry who celebrated their 54th Anniversary last week. The George Prices and the Dono Terrys all celebrated on Saturday by going to Wingo to eat.

We were sorry to learn of the death of Wendell Barrett's mother, Mrs. Estelle Barrett, who passed away Thursday in Graham. The funeral

was held Sunday in Graham. Our sincere sympathy goes out to Anne and Wendell and to the remainder of the family.

Frank Boydston is still in the hospital in Abilene but is doing better. They finally said that he had a bad kidney infection and with medication he is doing O.K. He is also now going to Rehab every day. We hope to hear that he will soon be able to return home.

Beulene Shipp is feeling a little better, but is still in Fisher County Hospital. We hope that she will soon improve.

Mrs. Lila Guinn flew to Phoenix, Arizona, Friday of last week. She visited with Hal and Regina Guinn, Mary, Will, and new baby Katie. Lila also visited with her cousins, Mary and Arnold Ford. She flew home Saturday and really enjoyed her trip. Congratulations to Jarod and Teresa Standlee of Lubbock who are the proud parents of a new baby boy born Wednesday 2nd at Methodist Hospital in Lubbock. He weighed 6lbs. 13 ozs. and was 20 inches long. They named him Cade. Little sister Caghan will be welcoming Cade home Sunday or Monday. Maternal grandparents are Mr. and Mrs. James Ratliff and paternal grandparents are Mr. and Mrs. Dave Standlee of Lubbock. Mrs. James Ratliff and Taren Knipe of Snyder went to Lubbock Saturday and stayed with Teresa.

Clarence and June Anderson went to Graham after Sunday School to attend the funeral of Mrs. Estelle Barrett.

Mr. and Mrs. J.W. Etheredge and Roxie Etheredge all went to Graham on Sunday to attend the funeral for Mrs. Barrett.

Easter weekend, Gary, Kathie, Autumn and Alison Daniel went to visit Kathie's parents, Mr. and Mrs. Ray York in Cuba, New Mexico. Also there visiting were Kathie's sister's children, Zachary and Courtney from Bloomfield, New Mexico. They are Vicky Sterling's children. The Daniels returned home Monday morning.

Andrew Williams came home from the hospital in Abilene Saturday and seems to be doing just fine. He stayed in the hospital over a week, and had Angioplasty again. Louise said Andrew was really tired when they got home Saturday. They had just got back from Tyler where they stayed with the Randy Williams family for 8 days. Randy and Barbara were married March 15th in Tyler and the Andrew Williams and Ricky

Williams families were all there. Congratulations to Randy and his new wife Barbara.

We were sorry to learn of the death of Lowell "Boots" Field of Comanche who passed away Saturday. Services were held Tuesday. Our sincere sympathy goes out to his family, including his sisters Dessie Mitchell and Oleta Henry, both of Roby.

Well the mesquites are out so that means it's Spring, and daytime savings time began Sunday, so we lost an hour's sleep and the days are getting longer. My Iris are beautiful with so many blooms this year, although that sandstorm we had Saturday sure didn't help them any. Also my pecan trees are beginning to bud.

Don't forget Sam Etheredge's 90th birthday party next Sunday at the Community Center in Roby. See you there.

Gena Stevenson Winner In Letter Writing Contest

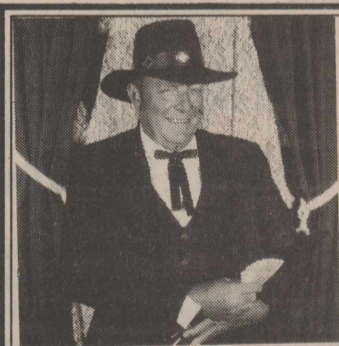
Gena Stevenson, an 8th grade student at Roby Junior High School, has been chosen as the 1997 17th Congressional District winner of the RespecTeen Speak For Yourself letter-writing contest. Her letter to Representative Charles Stenholm about chemical testing on laboratory animals earned her a certificate and a \$50 savings bond. RespecTeen is a nationwide program aimed at helping parents, young people, congregations, schools and communities work together toward positive youth development.

Roby Junior High School utilizes the RespecTeen's Speak for Yourself curriculum in its 8th grade U.S. History classes. Students research issues that affect youth. Part of the process includes interviewing their parents and discovering what their parents consider to be key issues for youth. The students conclude the program by voicing their views on their chosen key issue in a letter-writing contest where they offer potential solutions to their U.S. Representative. Gena is the daughter of Sarah and Gene Stevenson of McCaulley. She is the sixth consecutive district winner from Roby Junior High School. Her teacher is Mrs. Pam Osuna.

NOTICE
The deadline for Classified Ads and News Is Noon On Tuesday.

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Andrea Miranda

Andrea Miranda (HOBY) Leadership Participant

Andrea Miranda is the 1997 Hugh O'Brian Youth Foundation (HOBY) Leadership participant from Rotan High School. Her selection is for the outstanding leadership potential which she demonstrates in her school and community. Andrea's first participation event is April 25, 26, and 27, 1997 in Amarillo for the HOBY Texas Panhandle Leadership Seminar. In 1958 veteran actor Hugh O'Brian spent nine inspirational days in Africa with noted humanitarian Dr. Albert Schweitzer. Schweitzer told Hugh that "the most important thing in education is to teach young people to think for themselves." Hugh returned to the U.S. determined to set up an organization that would achieve the goal. The result was the Hugh O'Brian Youth Foundation.

The mission of the HOBY is to seek out, recognize and develop leadership potential commencing with high school sophomores. HOBY carries out its purpose by providing interaction opportunities for critical thinking, promoting democracy and the free enterprise system and encouraging social responsibility among individuals and corporations.

Rotan School Legal

Notice of School Board Trustee Election (Aviso de Eleccion)

To the Registered Voters of Rotan ISD, Texas: (A los votantes registrados del Rotan ISD Texas:)

Notice is hereby given that the polling paces listed below will be open from 7:00 a.m. to 7:00 p.m. on May 3, 1997, for voting in a school trustee election, to elect two school trustees. (Notifiquese, por las presente, que las casillas electorales sitados abajo se abiran desde las 7:00 a.m. hasta las 7:00 p.m. el 3 de Mayo de 1997 para votar en la Eleccion para votar para dos del consejo de administracion.)

Locations of Polling Places (Direccion(es) de Las Casillas Electorales) Rotan Community Center.

Early voting by personal appearance will be conducted each week-day at (La Votacion en adelantada en persona se llevara a cabo de lunes a viernes en) Office of Superintendent, Rotan ISD, 102 N. McKinley Ave., Rotan, Texas between the hours of 8:00 a.m. and 4:00 p.m. beginning on April 14, 1997 (entre las 8:00 de la mañana y las 4:00 de la tarde empezando el 14 de Abril 1997) and ending on April 29, 1997 (y terminando el 29 de Abril 1997.)

shall be mailed to: (Las Solicitudes para boletas que se votaran en ausencia por correo deberan enviarse a:) Patricia J. Porter, 102 N. McKinley Ave., Rotan, Texas 79546.

Applications for ballots by mail must be received no later than the close of business on (Las solicitudes para boletas que se votaran en ausencia por correo deberan recibirse para el fin de las horas de negocio el) April 25, 1997 (25 de Abril 1997.)

Issued this the 10th day of February, 1997. (Emitada este dia 10 de February, 1997.)

Vick A. Burk
Presiding Officer

Applications for ballot by mail 33-1c

Roby J.V. Track Squad At Aspermont

The Roby "Black" junior varsity squad participated in the Aspermont Relays finishing 4th with a total of 126 points.

Results are:
400 Relay, 4th, Blake Montemayor, Klay McWilliams, Chris Alaniz, Kasey Herrley,
110 meter hurdles, Mario Gomez 5th, Klay McWilliams, 6th.
800 meter run, Kasey Herrley, 6th.
100 meter dash, Chris Alaniz, 6th.
400 meter dash, Blake Montemayor, 6th.
1600 meter run, Mario Gomez, 6th.
1600 relay, 4th, Blake Montemayor, Klay McWilliams, Kasey Herrley, Lance Patterson.
Shot put, Blake Montemayor, 6th.
Discus, Blake Montemayor, 6th.
Triple jump, Lance Patterson, 6th.

Caught in the Medicaid confusion?

Funeral planning can help.

Find out how by calling...



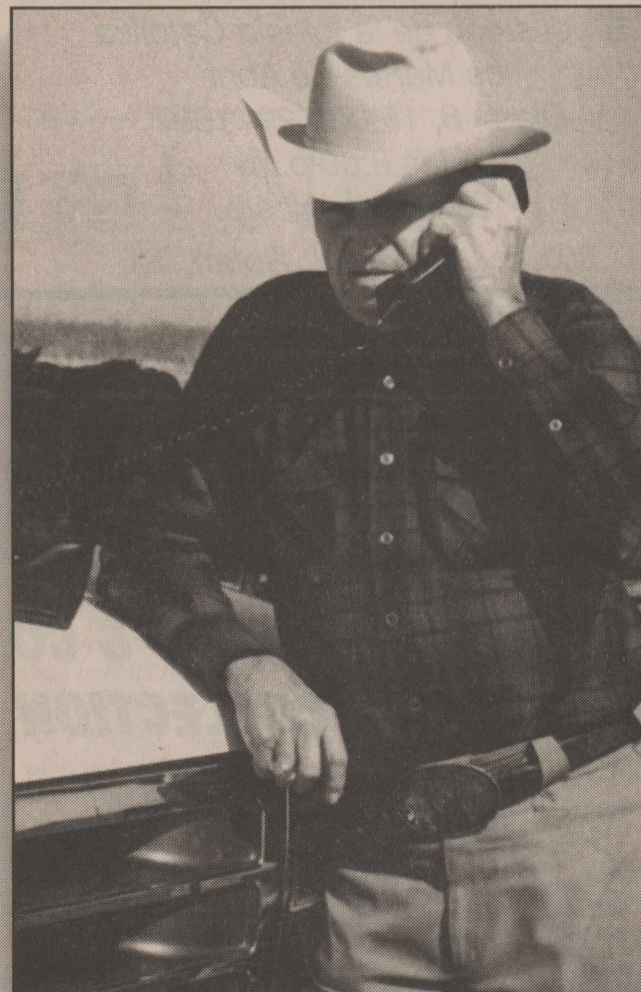
Weathersbee Funeral Home

735-2255
Rotan, Texas

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FREE BLOOD PRESSURE CHECKS
Fisher County Home Health
Monday-Friday
8:30 A.M. - 4:30 P.M.

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"I was at a ranch out of Dickens, Texas, and about the time I left, I got a slight pain in my chest. I thought...well, it will wear off by the time I get to Snyder. But, it got worse and worse. I called 911, and told them I could only make it as far as the Santa Fe Depot on the edge of Snyder. They had an ambulance waiting there for me. They also had called my family and my doctor.

"In other words, if I hadn't had my Texas Cellular telephone, I wouldn't be talking to you today. I'd heard about Texas Cellular from my friends, who spoke well of them, and I've been with them since the beginning."

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Call Lynn Bethel 915-573-5816 Snyder, Texas

Razzmatazz Music Camp

July 14-19, Grades 7-9
With 3 or more yrs. of piano inst.

Cubby Bear Piano Camp

July 21-26, Grades 1-4
With no previous piano inst.

•Sight Reading • Music Olympics •Improvisation
•Hymns •Pop & Jazz •Music Games •Swimming

Jazz Jamboree Camp

July 28-Aug. 2, Grades 2-6
With 1-2 or more yrs. of piano inst.

Rockin' Rhythm Camp

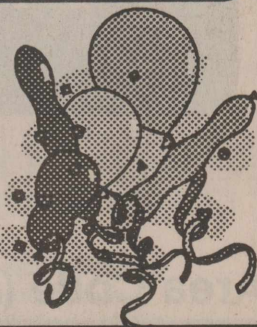
Aug. 4-7, Grades 4-7
With no piano inst.

Schedule

9:30 a.m. - 2:30 p.m.

Swimming 1:15 - 2:30 Lifeguard On Duty
Registration Apr. 6 through May 31

Grandmothers, this is a great way to entertain your grandchildren during the week.



Texas House Of Representatives Recently Passes House Bill 3

The Texas House of Representatives recently passed House Bill 3 which would help ensure children access to proper health care. The measure is designed to help overcome the problem of growing numbers of uninsured children in Texas.

"Currently, Texas leads the nation in the number of uninsured children with an estimated 1.3 million children who are not covered by some sort of health insurance," stated State Representative David Counts (D-Knox City), citing a national study by the Families USA Foundation. "This problem has created a tremendous problem for the state. Families are incurring huge debts to pay for medical treatments, not to mention the burden placed upon our local communities by way of indigent health care costs."

"House Bill 3 creates the Healthy Kids Corporation, a private, non-profit corporation that will provide a basic, low cost insurance plan for children," stated Counts. "The premiums for children and dependents under an employee's health care insurance has increased so much that many folks can no longer afford to carry the additional coverage. The Healthy Kids Corporation will provide them a voluntary option for affordable coverage."

The Healthy Kids Corporation would negotiate with private insurance companies in the state to sell this type of low cost, dependent health insurance.

Counts noted that this legislation is not a subsidy program and would not create another government agency. Employer contributions, private foundation, and grant monies would help offset premium costs. "This legislation creates a private entity that would simply provide a basic health care coverage for children that would be affordable to working families."

"The fiscal note from the Comptroller's office indicates that this legislation will produce a cumulative savings to the state of \$31,937,250 by the year 2002," said Counts.

The ultimate goal of this legislation is simple," noted the Knox City lawmaker. "HB 3 will help make health care coverage for children more affordable so that parents will not have to make a decision between putting food on the table and providing health care coverage for their children."

Read And Use Classified Ads 735-2562 Deadline For Ads In Noon On Tuesday

Classified Ads

Real Estate

JUST LISTED - 121 ACRES of grassland west of Roby on FM 1657, \$400/acre, call Black Investments (915) 735-3091. 30:tf

NEW LISTING - bargain priced at \$17,500 - 1 1/2 story home on corner location at 102 West Johnston and Cleveland, Rotan, 5 BR, detached apartment, Rotan. Call Myla Black at (915) 735-3091. 30:tf

320 acres west of Rotan with brick home, call Black Investments (915) 735-3091. 30:tf

40 acres with ranch style house, barns, water well, highway frontage, call Black Investments ((15) 735-3091. 30:tf

WOULD LIKE TO BUY: 300 to 600 acres of Fisher County Farm and Ranch land. 776-2484. 31:4tp

FOR SALE: 80 acres SW Fisher County FM 611 frontage, hunting and fishing. After 6:00 P.M., call 915-735-3109 or 915-776-2565. 32:3tc

FOR RENT: 2 bedroom, all electric farm house, 4 miles West of Roby, 695-2810. 33:2tc

FOR SALE: 713 E. Burnside, Rotan. 3 bedroom, 1 bath, fenced, metal storage. \$300 down, \$260/Mo. Must have excellent credit history. (806) 794-5964. 33:8tp

FOR SALE: Large 3 BR, 2 bath, 2 car rear entry carport, 2 living areas, formal dining, large kitchen with tile countertop and bar. Huge utility room with sink. House has extensive cabinet work throughout entire house. Large master bedroom and master bath. Master bath has huge sunken whirlpool, shower, 2 dressing areas with private vanities and 2 walk-in closets. New paint, carpet and Jenn Aire Range. House is immaculate. MUST SEE TO APPRECIATE. Call Larry Singley 800-817-4470 or 817-572-5557. 25:tf

FOR SALE: 30x100 building West Side of the Square in Anson, good investment, \$22,000.00. Call 915-735-3115. 15:tf

FOR RENT: 1 BR house. For more information call 735-3171. 17:tf

FOR SALE: Large brick home in the country, beautiful location with lots of trees, call 735-2630. 22:tf

FOR SALE: House in Roby, 3 BR, 1 bath, storage building, comes with six lots, recently remodeled. Call 776-2568. 33:2tc

IRVIN PLACE APARTMENTS: FINANCED BY USDA/RD: 2-3 BR apartments available with central heating and air-conditioning, maintenance and lawn care provided as well as a stove and refrigerator. Some utilities provided. Rent is based on your income. Rotan Housing Authority is an Equal Opportunity Housing Agency and welcomes all applicants regardless of race, color, national origin, sex, age, family status, religion or political belief. From more information, please call (915) 735-3613. Rotan Housing Authority, 202 W. McArthur, Rotan, TX 79546. 13:tf

HUD APARTMENTS: 1-2-3-4 BR apartments available. Maintenance and lawn care provided as well as a stove and refrigerator. Some utilities provided. Rent is based on your income. Rotan Housing Authority is an Equal Opportunity Housing Agency and welcomes all applicants regardless of race, color, national origin, sex, age, handicap, family status, religion or political belief. For more information, please call (915) 735-3613. Rotan Housing Authority, 202 W. McArthur, Rotan, TX 79546. 13:tf

WEIGHT WATCHERS IS MEETING EACH WEDNESDAY IN ROTAN. Come try "The Freedom Plan" with the "Weekends Off" Option! Call 1-800-651-6000. 26:tf

Have you heard about **PYRUVATE?** Sensational New Weight Loss Formula. Patented fat-burner and endurance enhancer. Backed by 25 years of Research. More effective than Phen-Fen or Redux. No negative side effects. 20% increase in endurance, 37% increase in weight loss. For more information, call 915-735-2349. 33:1tp

NOTICE: The Fisher County Commissioners will accept bids on health insurance proposals. Deadline is April 17, 1997. Contact Marshal Bennett, Fisher County Judge, Box 306, Roby, TX 79543. 32:3tc

SCHEDULE YOUR HAIR AND NAIL APPOINTMENTS EARLY FOR THE PROM AND BANQUET: Call 735-2556 and ask for Lori. Plains Beauty Supply, 117 N. Garfield, Rotan. 32:4tc

FOR SALE: 1983 Ford Crown Victoria, as is, would make a good work car. \$800.00. Call 776-2542 after 6:00 p.m., or call and leave message. 33:1tc

WANTED: Any Thing Old! One piece or Entire Estate. Glassware, radios, jewelry, pottery, collectibles, furniture, or whatever you. We come to you. Call us toll free for appointment 1-800-373-3077. Fair prices paid. 31:2tp

FOR SALE: Nice Antares Guitar and Kustom Amplifier \$350.00. Addie Markham 735-3121. 32:2tp

FOR SALE: 1992 Chevy S-10, Maxi-Cab, P/S, P/B Auto, A/C, V-6, 65,000, take \$7,500.00. OBO 735-3181, leave message. 33:1tc

FOR SALE: 200 watt computer speakers \$45, Logitech mouse \$15, used computers: Pentium 75, 1.2G HD, 33.6 Modem, sound blaster \$1000. 486DX4100: 16MB RAM, \$849. Phone 735-2149. 33:1tp

FOR SALE: 1989 Olds Delta 88, high mileage, but excellent condition. Loaded with extras. \$3,200 OBO. 776-2604. 33:1tp

LOST: Between Rotan and Stamford, 10 week old black Labrador puppy, wearing silver choke chain. Call 735-2696. 33:1tc

FREE PUPPIES: Part German Shepherd, four weeks old, call 735-2317. 32:2tp

D & D LAWN SERVICE
Lawn mowing, hedging, tree trimming, weed eating. Call us to care for your lawn. Todd Donham 915-776-2268 or Shawn Donham 915-776-2113. If answering machine picks up, please leave message. 32:2tp

ROTAN SCHOOL MENU

APRIL 14-18, 1997

MONDAY: Pigs in a Blanket, Mashed Potatoes, Broccoli, Fruit.
TUESDAY: Frito Pie, Salad, Rice, Jello.
WEDNESDAY: Salisbury Steak, New Potatoes, English Peas, Rolls.
THURSDAY: Steak/Gravy, Potatoes, Green Beans, Hot Rolls.
FRIDAY: Hamburger, Hamburger Salad, French Fries, Cookie.

ROBY SCHOOL MENU

APRIL 14-18, 1997

MONDAY: Fish, w/Tartar Sauce, Macaroni Cheese, Black-eyed Peas, Fruit, Hot Rolls, Milk.
TUESDAY: Hot Dog w/Chili, French Fries, Salad, Choc. Chip Cookie, Milk.
WEDNESDAY: Sliced Ham, Corn, Okra, Rice Krispie Sq., Bread, Milk.
THURSDAY: Fried Chicken, Gravy, Cream Potatoes, Green Beans, Fruit, Bread, Milk.
FRIDAY: Hamburger w/Cheese, Chips, Burger Salad, Fruit, Milk.

Presentation Of This Weeks Menu Made Possible By:

ANSON

LAWRENCE HALL
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823-3261 (Anson) * 673-4511 (Abilene)
1-800-822-3261

Services

WESTAR ELECTRONICS: Over 52 years combined experience repairing all brands of TV's, VCR's, and satellite systems. Now Primstar Sales and Rental Agent, plus we also have the 18" Dish Network available and a nice selection of pre-owned TV's and VCR's for sale. Dependable, guaranteed work, and pick-up and delivery available. Come by 1106 East Broadway, Sweetwater, or call 235-3335. 28:tf

NOTICE: Lawn mower repair and service. Used push mowers and riding mowers for sale. One late model Craftsman riding mower still in warranty, excellent condition. Jerry's Lawn Mower Shop, 709 Lee Street, Rotan. 735-2513. 32:2tp

Garage Sales

HAMLIN CHAMBER OF COMMERCE TRADES DAY: Saturday, April 12, 9:00 A.M. to 5:00 p.m. Downtown Hamlin. Inside booth space available for \$10 at 135 S. Central for arts and crafts or set up free on sidewalk. 915-576-3501 for information. 32:2tc

GARAGE SALE: Friday, April 11 from 8:30 a.m. - 4:00 p.m., and Saturday, April 12 from 8:00 a.m. to 5:00 p.m. Lots of baby furnishings and clothes plus miscellaneous. 610 E. Sammy Baugh, Rotan.
3 FAMILY GARAGE SALE: 611 W. 3rd in Roby, Saturday, April 12th from 8:00 A.M. to 3:00 P.M. Stove, Console T.V., dryer, clothes and much more... 33:1tp

Miscellaneous

ANTIQUES: We have fine furniture, over 400 clocks and numerous old lamps for you to purchase, plus many gift items. We also repair and refinish clocks, lamps and furniture. Call us or bring in. All work guaranteed. House of Antieks, 4008 College Ave., Snyder, Texas 79546, (915) 573-4422. 27:tf

TEXAS STATEWIDE CLASSIFIED ADVERTISING NETWORK

TexSCAN

ADOPTION

A BABY WILL make our dreams come true. Caring warm couple wish to provide your precious newborn with a bright and love filled future. Vicki/Geoffrey 1-800-747-4937. It is illegal to be paid for anything beyond medical/legal expenses.

BUSINESS OPPORTUNITIES

AN AMAZING OPPORTUNITY. Own your own business. Real Coke/Pepsi/juice equipment. Limited key locations available. Minimum investment \$3,500.00. Call 1-800-321-7690.

BEST ONE PERSON business ever local route. Not vending. No selling. \$17,880 investment. Average \$80,000 yr potential. Restock established accounts. Exciting high profit products that repeat over and over again. 10 hrs. wk. 1-800-403-2876.

EARTHWORM GROWERS WANTED, start up of at least \$300. \$1,000 a day possible. Help us fill million dollar organic fertilizer contract. Superworm, Inc. 818-363-0202.

LOCAL CANDY ROUTE. 30 vending machines. Earn apx. \$800/day. All for \$9,995. Call 1-800-998-VEND.

LOG HOME DEALERSHIP. Excellent earning potential part/full time. Protect territories, leads, training. Sell kits, dry-ins or turnkeys. Must purchase or sell home start at \$19,425.00. Call C.T. McFarland - Southland Log Homes, 1-800-845-3555, Ext. 137.

OIL COMPANY SEEKS highly motivated individuals to join our team distributing top quality high performance products to retailers such as Wal-Mart, NAPA, Quick-Lube, etc. as well as direct sales. Earning potential of \$100,000 + per year. \$17,500 investment required. Call toll-free 1-800-DYSON OIL. Dyson Oil Corporate Headquarters.

DRIVERS WANTED
ARROW TRUCKING COMPANY *flatbed and van operation *regional or long haul *Houston - Dallas - LoneStar Terminals *assigned conventional's *experienced drivers - owner operators. 1-888-277-6937, CDL training available, 713-956-6259, BOE.

DRIVER - CALARK INTERNATIONAL offers great pay, benefits and the chance to get home more often! Must be 22 with CDL and HazMat endorsement. 1-888-422-5275.

DRIVER ... OWNER OPERATOR and company driver opportunities pulling can trailers available at Dal'Worth. Operate regionally in 8 states around Texas/Oklahoma. Call 1-800-333-3064.

DRIVERS - BEENTHERE, done that? Now it's time to come home to Dallas Carriers. You need a CDL-A and 1 year OTR. Call 1-800-727-4374 BOE.

DRIVERS, COVENANT TRAINERS earn over \$70,000. Covenant teams earn over \$100,000 and run 225,000 miles a year. Make money and get the most miles. Call today. Experienced drivers and owner/operator teams 1-800-441-4394. Graduate students 1-800-338-6428.

DRIVERS - OTR PHONE apps. approved in 2 hours! ADS - a top provider of flat-

bed services wants you! \$1,000 sign-on bonus and more! Call today 1-800-646-3438, ext. 1020, owner operators welcome!

DRIVERS/OWNER OPERATOR teams - paid all miles; base plates/permits paid; satellite dispatched; in-shop repairs; 1,600 miles per lead average. Call 1-800-553-CRST (2778), M-F 7:30 - 4:30 CST.

DRIVERS WANTED E.L. POWELL & Sons, Tulsa, OK. We offer late model equipment, good insurance, mileage pay. One year verifiable flat bed experience. 918-446-4447, 1-800-444-3777.

HAROLDIVESTRUCKING needs motivated individuals to enter our Training Program. Call 1-888-270-1676 for complete information. Experienced drivers call: 1-800-842-0853.

OTR TRUCK DRIVERS wanted! Experienced or non-experienced. Free training and 1st year income \$30K. Stevens Transport 1-800-333-8595, BOE.

RAPID FREIGHT OF Texas, a Texas based carrier seeking OTR teams & singles. 95 or newer conventional's. Call Chuck at 1-800-607-5695.

SUNSET TRANSPORTATION - \$100,000 yearly potential. Owner/ops pulling dumps or flats, ours or yours. \$30,000 yearly potential for company drivers in D/FW metroplex. Call now 1-888-215-HAUL.

WANTED. OWNER OPERATORS up to .99 per mile. Washington based flatbed company with a Houston terminal needs owner operators. 14 western or 48 states. 1-800-487-2241.

EMPLOYMENT

FIREFIGHTERS: NO EXPERIENCE necessary. All training and travel provided at our expense. High school grads ages 17-34. Great benefits package, medical/dental benefits plus 30 days, earn paid vacation yearly. Call 1-800-292-5703 San Antonio, 1-800-853-6600 Houston, 1-800-492-4841 Dallas.

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FOR SALE

AFRAID OF NASTY public toilet seats/public telephones. Use Ultimist the amazing new personal cleansing spray for use on toilet seats, etc. Dries in 20 seconds. 1oz size fits in small purse. McShane Medical 1-800-811-5952.
CANT AFFORD THE home

you need? Get more home for your money with minimal downpayment. Complete financing if qualified. DeGeorge Home Alliance, 1-800-343-2884.

COMPLETE DISPERSAL OF T-Bar-T Ranch Real Estate and farm equipment 4-19-97, 10AM, Cleveland, Texas. Tractors, truck, cars, trailers, equipment (hay, livestock, shop and miscellaneous), 409-865-5956.

GARDEN TILLERS ... TROY-BILT re-tiler tillers at low, direct from factory prices. For free catalog with prices, special savings now in effect, and model guide, call toll free 1-800-520-0400, Dept. 17.

GOT ROACHES? BUY Enforcer® Exterminator plus 20 second ant & roach killer concentrate! This pro formula dissolving pack is guaranteed or your money back! Available only at The Home Depot.

PRESSURE CLEANERS. HONDA 2,500-PSI, attachments, warranty, \$699. Other models available. 1-800-931-9274.

RACE FANS: DRIVER on a mission - never offered, #3 '55 Chev prints, apparel and more. Check out the Crew Chief. Free catalog or order, 1-800-521-3970.

TWO STEEL BUILDINGS, public liquidation. 40x26 was \$4,680 now \$2,980. 40x57 was \$8,918 now \$5,618. Must sell, can deliver, blueprints included. 1-800-292-0111.

WOLFF/SUNMASTER COMMERCIAL/home systems. Our sunbeds are larger, tan better, cost less. America's largest independent manufacturer. Easy payments, free delivery. Free color catalog. 1-800-KEEP-A-TAN.

DIABETICS? ARE YOU still paying for supplies? Why? For information on how you can receive supplies at little or no cost call 1-800-678-5733.

DIABETICS! (USING INSULIN) medicare pays for your supplies. We bill them, ship to you. Save money. Satisfaction guaranteed. Liberty Medical 1-800-748-1662. No HMO members. Mention ADA01.

DIABETICS! (USING INSULIN) medicare pays for your supplies. We bill them, ship to you. Save money. Satisfaction guaranteed. Liberty Medical 1-800-633-2001. No HMO members. Mention ADCD01.

DO YOU HAVE diabetes? Receive your glucose monitor at no cost to you! Call Rainbow Foundation toll-free 24 hours 1-888-429-1025. "People who care".

MISCELLANEOUS

KAYAK POOLS, DEMO homesites wanted to display new maintenance free pool. Save thousands w/this unique opportunity! 100% financing ... call 1-800-338-9919.

REAL ESTATE

GOT A CAMPGROUND membership or timeshare? We'll take it. America's most successful resort resale clearinghouse. Call Resort Sales information toll-free hotline 1-800-423-5967.

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Sunday Evening - 6:00 p.m.
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Rotan, Texas 79546

CHRYSLER Plymouth Dodge
SNYDER
Chrysler, Plymouth, Dodge, Jeep, Eagle, Inc.
3925 Colorado City Highway Sales
Snyder, TX 79549 (915) 574-6886

Fisher County Business Directory

West Central Texas Federal Land Bank Association
400 E. Third P.O. Box 1519 Sweetwater, TX 79556 (915) 235-0844 / 1 (800) 299-0844

Lawrence Hall Chevrolet
2120 Commercial Anson, Texas
Anson Phone 823-3261
Abilene Phone 673-4511

Roby Insurance Agency
776-2361
Debbie Griffith-Agent
Roby, Texas

SCOTT FUEL
776-2240 - Roby, Texas
*L.P. * Chevron Products
Complete Service*Radio Dispatched Trucks
236-8606 In Sweetwater

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ROBY U.I.L. WINNERS: News Writing, 1 to r: Mindy Mahaffey, 5th place, Autumn Daniel, 6th place and Latrice Moffett, 4th place.



ROBY U.I.L. LITERARY CRITICISM TEAM : L to r: Karen Carriker, (alternate), Sarah Boyd, 7th place, Makala Herron, 1st place, and Jaycee Carey, 3rd place.



ROBY U.I.L. READY WRITING: L to r: Makala Herron, 5th place, Jaycee Carey, 2nd place.



ROBY U.I.L. POETRY: Sahala Hardin, 6th place and Shella Graves, 3rd place.

Roby Lady Lions Capture First Place Finish At The Golden Spread Classic Track Meet

The Roby Lady Lions captured a first place finish at the Golden Spread Classic track meet last weekend after

capturing a total of six first place finishes and accumulating 153 points.

First place finishes went to Konnett Mays in the long jump (17 feet 2 inches); triple jump (35 feet 3 inches) and 100 meter run (12.75).

Leticia Leyva finished first in the 1600 meter run with a time of 6:13.0.

The 1600 meter relay team of Cassandra Griffith, Kristi Bond, Wendy Harwell and Denise Caswell finished first with a time of 4:31. The 800 meter relay team also finished first, it is made up of the same runners. Their time was 1:57.37.

Others finishing were Kristi Bond 4th in the long jump with a 14ft. 3 inch jump. Cassandra Griffith, 4th in the triple jump and 7th in the long jump with a 13 ft. 5 inch jump.

The 400 meter relay team of Ashley Smith, Sahala Hardin, Alicia Ortega and Cassandra Griffith finished 4th in a time of 56.69.

Chasity Valenzuela was 2nd with an 800 meter relay time of 2:59.

Shella Graves was second in the 100 meter hurdles with a time of 18.41 while Alicia Ortega was 7th with a time of 21.87.

In the 100 meter run, Ashley Smith was 6th with a time of 14.21 while Sahala Hardin was 7th with a time of 14.67.

In the 400 meter run Kristi Bond was 2nd (66.8), Denise Caswell was 3rd (67.8) and Wendy Harwell was 4th (68.8).

Shella Graves was 4th in the low hurdles with a time of 59.71 while Alicia Ortega was 5th with a time of 60.82.

Chasity Valenzuela was 3rd in the 1600 meter run with a time of 6:40.0.

In the 3200 meter run Leticia Leyva was first with a time of 14.29.

City Of Roby Legal

Notice of City Election (Aviso de Eleccion City)

To the Registered Voters of Roby Texas: (A los votantes registrados del Roby Texas;)

Notice is hereby given that the polling places listed below will be open from 7:00 a.m. to 7:00 p.m., on May 3, 1997, for voting in a City election, to elect Mayor & 2 City Council. (Notifiquese, por las

presente, que las casillas electorales sitados abajo se abran desde las 7 a.m. hasta las 7:00 p.m. el 3 de mayo de 1997 para votar en las Eleccion para Mayor & 2 City Council.

Location(s) of Polling Places, Roby Community Center. Direccion(es) de las Casillas Electorales) Roby Community Center.

Early voting by personal appearance will be conducted each week-day at Roby City Hall (La votacion en adelantada en persona se llevara a cabo de lunes a viernes en) Roby City Hall between the hours of 8:00 a.m. and 5:00 p.m. beginning on April 14, 1997 (entre las 8:00 de la manana y las 5:00 de la tarde empezando el abril 14, 1997) and ending on April 29, 1997, (y terminando el abril 29, 1997).

Additional early voting will be held at the same location as follows: Date (Fecha) None, Hours (Horas) None.

Applications for ballot by mail shall be mailed to: (Las solicitudes para boletas que se votaran en ausencia por correo deberan enviarse a:) Neva Beene, P.O. Box F, Roby, 79543.

Applications for ballots by mail must be received no later than the close of business on April 29, 1997. (Los solicitudes para boletas que se votaran en ausencia por correo deberan recibirse para el fin de las horas de negocio el April 29, 1997.)

Issued this the 4th day of March, 1997. (Emitada este dia 4th day of March, 1997.)

Cecil J. King
Presiding Officer (Firma del Oficial que Preside)
33-1tc

Roby Varsity Track Team At Spur

The Roby Varsity boys track team, paced by first place finishes from Shea Feagan and Mike Haigood competed in the Spur Track Meet last Saturday.

Shea Feagan captured a first place in the shot put with a toss of 41 feet 3 1/2 inches and another first place in the discus with a throw of 129 feet 8 inches.

His shot distance was about 7 feet off the school record of 48 feet 9 inches set in 1971 by Johnny Knox.

Mike Haigood captured a first place in the 400 meter run with a time of 52.36 seconds. The school record of 49.4 in the 400 meter run was set in 1979 by Al Gonzales.

Others placing in the Spur Meet were Ty West, 2nd and J.D. Hearn 5th in the 800 meter run. West finished with a time of 2:15.17 and Hearn had a time of 2:22.58.

Adam Torres finished 2nd in the 100 meter run with a time of 11.60.

Tommy Lands captured a second place ribbon in the 200 meter run with a time of 23.60.

Hearn was second in the 1600 meter run with a time of 5:24.88.

In the 1600 meter relay, Mike Haigood, Tommy Lands, Adam Torres and Ty West ran first in the field with a time of 3:35.46. Their time was about 6 seconds off the school record of 3:29.9 set in 1987 by Rodney Green, Paul Hyer, Greg Meek and James Gant.

In the long jump Adam Torres finished second with a distance of 19 feet 8 1/2 inches.

Roby competes in the district track meet in Spur next Friday.

THANK YOU

The Roby Volunteer Fire Department would like to express their sincere thanks for all the help and donations we received during our Fund Raiser. A special thank you to the Amigos and to all the ones who helped. A very special thanks to all for your support and attendance.

Roby Volunteer Fire Department

Free Hearing Aid Test and Tune-Up Texas State Hearing Aid Center & Professional Hearing Healthcare Has Now Been Changed To Beltone

New Location At 598 South Pioneer - Abilene, Texas
We Will Be At

The Senior Citizens Building, Rotan
Thursday, April 17th, - 10:30 a.m. to 12:30 p.m.,
and will be back in Rotan every third Thursday
Greg Brenner, H.I.S.

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Fisher County

Agricultural News

County Home Extension Agent News

By Beth Dannheim

Never Shake a Baby! Did you know: Shaking a infant can cause brain damage, blindness, mental retardation, and even death; head trauma is the leading cause of disability and death among abused infants and children, violent shaking is involved in many of these cases; although professionals have been calling for a campaign to alert parents for decades, less than half of all Americans are aware that shaking a baby

can lead to brain damage and death.

Shaken baby syndrome most often occurs when parents or caretakers become frustrated or angry with a child. Instead of shaking, there are many safer ways to handle a crying baby: check first to see if the baby is hungry, wet, or comfortable; try giving the baby a pacifier or teething ring; take the baby for a walk or a ride in the car; try hugging the child gen-

tly, rocking, or carrying him.

If you find yourself getting angry or upset, ask someone trustworthy to sit with the baby while you take a break; if all else fails, leave the baby in a safe place such as a crib and step out of the room or go outside until you feel more in control.

Occasionally a parent or caretaker causes unintentional harm by playing too roughly, throwing a small

child into the air too vigorously, or hitting an infant too hard on the back. Although parents should not be afraid to handle their children, or let others play with them, they should remember to be gentle.

Always take care when handling a child under age two. Make sure that anyone who cares for your child knows that children should never be shaken for any reason.

Fisher County Hospital Legal

Fisher County Hospital Notice of May 3, 1997 (Aviso de Eleccion May 3, 1997).

To the Registered Voters of Fisher County, Texas: (A los votantes registrados del Fisher County Texas;) Notice is hereby given that the polling places listed below will be open from 7:00 a.m. to 7:00 p.m., on May 3, 1997, for voting in a Fisher County Hospital District election to elect 2 board members. (Notifiquese, por las presente, que las casillas electorales sitados abajo se abran desde las 7:00 a.m. hasta las 7:00 p.m. el 3 de mayo de 1997 para votar en la Eleccion para 2 board members.)

Location(s) of Polling Places (Direccion(es) de las Casillas Electorales) Court House, Roby, Texas, Community Center, Rotan, Texas.

Early voting by personal appearance will be conducted each week-day at (La votacion en adelantada en persona se llevara a cabo de lunes a viernes en) County Clerks office, Court House, Roby, Texas between the hours of 8:00 a.m. and 5:00 p.m. beginning on April 14, 1997 (entre las 8:00 de la manana y las 5:00 de la tarde empezando el abril 14, 1997) and ending on April 30, 1997, (y terminando el abril 30, 1997.)

Applications for ballot by mail shall be mailed to: (Las solicitudes para boletas que se votaran en ausencia por correo deberan enviarse a:) Bettie Rivers, County Clerk, P.O. Box 368, Roby, Texas 79543.

Applications for ballots by mail must be received no later than the close of business on (Las solicitudes

para boletas que se votaran en ausencia por correo deberan recibirse para el fin de las horas de negocio el) April 25, 1997.

Issued this the 17th day of March, 1997. (Emitada este dia 17th de March, 1997.)

Rodney Tankersley
Presiding Officer (Firma del Oficial que Preside)
33-1tc

Fisher County Hospital Doctors

The Fisher County Doctor's Clinic was completed in 1979 and the following doctors have officed at the clinic.

Former Clinic Doctors

Dr. Virgilio Carandang - 1979
Dr. Vidal Simpao - 1980
Dr. Elmer Hawkins - 1983
Dr. Wayne Viehweg - 1985
Dr. Phillip O'Neill - 1987
Dr. C. B. Wallace - 1987
Dr. Alice Pangle - 1988
Dr. Ernie Atkins - 1988
Dr. Myra Tomasevic - 1992
Dr. Victor Barahona 1992

Present Clinic Doctors

Dr. C.M. Callan
Dr. Richard Perry

Fisher County Hospital First Doctors

First group of physicians to practice in the Fisher County Hospital - 1974.

Dr. Bennie LeBleu
Dr. C. U. Callan
Dr. C. M. Callan
Dr. J. Frank Johnson

The Below Listed Businesses Make The Presentation Of This Page Possible

<p>" Home Of First Free Checking "</p> <p style="text-align: center;">FIRST NATIONAL BANK Sweetwater/Roby Member FDIC</p>	<p style="text-align: center;">Hargrove Crop Insurance</p> <p>Multiperil Crop-Hail Ins. 210 North Cleveland 735-2176 Rotan, Texas</p>	<p style="text-align: center;">Scott Fuel</p> <p>1-800-858-5387 200 E. Hwy. 80 776-2240 Roby, Texas</p>	<p style="text-align: center;">Terry's Gin, Inc.</p> <p>776-2175 Roby, Texas "Your Friendship & Business Is Appreciated"</p>
<p style="text-align: center;">NFS NOWLIN FARM SERVICES</p> <p>Phone 735-2371 211 N. Cleveland Rotan, Texas 79546</p>	<p style="text-align: center;">Sweetwater Cattle Auction</p> <p>Sale Each Wed. At 11:30 a.m. Darren Stevens 236-6377 Or 235-5628 Or 235-7098</p>	<p style="text-align: center;">Murphree Flying Service</p> <p>"All Types Of Aerial Applications" Fisher County Airport 735-2266 Rotan, Texas</p>	<p style="text-align: center;">Midwest Electric Cooperative Vesta Orr-Manager 776-2244 Roby, Texas</p>

Letter To The Editor

Dear Editor:
I want to make your readers aware that several organizations are mailing appeals to people in Fisher County for contributions to fight cancer. At least one of these organizations deliberately styles itself after the American Cancer Society in an attempt to confuse contributors. This organization may look like the American Cancer Society, but a closer look would show that it spends much less on educational and patient services and much more on fund raising and overhead.

While there are many legitimate and respected organizations raising funds to fight cancer, many are not legitimate. If you have received a direct mail solicitation to fight cancer, you can contact the Better Business Bureau at (703) 276-0100 or the Texas Attorney General's office at (800) 621-0508 to find out if an organization meets the BBB's standards. I am proud to say that the American Cancer Society does meet all of them.

The Fisher County Unit of the American Cancer Society provides free services to cancer patients, conducts an ongoing support group to cancer patients and their families, offers free educational programs, and raises funds to support our nationally renowned cancer research program. Eighty-three cents of every dollar donated to the American Cancer Society goes to directly to fund these programs. Only seventeen cents is used for administration and fund raising costs. These are well within the acceptable limits set by the Better Business Bureau and other watchdog organizations.

Please do not be confused by appeals from organizations who may appear to be the American Cancer Society. Look for the red sword in our logo and the specific name: American Cancer Society.

Sincerely,

Dr. Jerry Marshall
American Cancer Society
Fisher County Unit

County And District Clerks Attend Educational Seminar

About 550 county and district clerks and deputy clerks took part in the 25th Annual County and District Clerks' Continuing Education Seminar in College Station March 19-21.

Participating in the seminar from Fisher County were Bettie Hargrove and DeeDee Gordon.

"The continuing education seminar provides valuable information and current procedures of the office to county and district clerks," said Bettie. "It is designed to update participants on duties and responsibilities of their offices, helping them become more capable and effective in serving the public."

The theme for this year's educational program was "Rest not on past accomplishments-Fear not future challenges!" Participants took part in

Roby Jr. Varsity Boys Track News

The Roby junior varsity boys track team competed in the Spur Relays last Saturday.

Two runners took part in the 400 meter event. Jesse Loeza finished

second with a time of 61.50 and Brian Anderson finished 4th with a time of 63.93.

In the 200 meter run, Brian Anderson finished 7th with a time of 28.79. Anderson was 3rd in the triple jump with a distance of 30 feet 7 1/2 inches.

Jesse Loeza finished 4th in the

100 meter run with a time of 13.25. Loeza was 2nd in the long jump with a leap of 15 feet 1 1/2 inches.

Kyle McWilliams was 2nd in the shot competition with a toss of 32 feet 1 inch. He also finished 2nd in the discus with a throw of 92 feet 7 inches.

Veterinary Equivalency Standards

Congressman Charlie Stenholm praised Agriculture Secretary Dan Glickman's decision to require that meat exports from the European Union (EU) must comply with the inspection requirements of the U.S. Government.

Secretary Glickman took this action in response to the EU's April 1, 1997 deadline for foreign countries to comply with EU veterinary equivalence, the regulations governing the use of animals, animal products, and products destined for animal usage.

The U.S. had unilaterally extended recognition to EU products, but the EU had not accepted U.S. veterinary regulations as equivalent or acceptable to fulfill EU requirements.

"As one of the world's largest economies, the United States must be a key player in the international trade arena, but we must be diligent in making sure that trade is fair," said Stenholm. "I compliment Secretary Glickman's decision, and I believe it will send the EU a strong signal that the U.S. is concerned with fairness in agriculture trade and that we mean business."

Effective April 1, 1997, the United States will implement a system requiring that EU meat exports to the U.S. must comply with U.S. inspection requirements. The EU annually exports over \$300 million in meat products to the U.S. The result of the Secretary's decision will be to delist EU meat and poultry and processing plants that fail to comply with USDA requirements.

"The United States has accepted the challenges of the global marketplace through our participation in international trade agreements, but when international trade is less than fair, we must act to protect our domestic industries and level the playing field," cautioned Stenholm. "We must do everything possible to guarantee that our industries have access to foreign markets, if our markets are open to those same foreign competitors."

Roby J.V. Track Team Captures 2nd Place

The Roby "Red" junior varsity track team captured a 2nd place finish in the Aspermont Junior High Relays by taking 186 points.

Results are:
400 meter relay, 1st, Lance Moore, Brent Douglass, Jeremy Griffith and Curt Douglass.

110 meter hurdles, Jeremy Giffith, 1st.

800 meter run, Juan Leyva, 4th.

100 meter dash, Brent Douglass 2nd, Epherin Espinoza 3rd, B.J. McKay 5th.

400 meter dash, Lance Moore, 1st.

200 meter dash, Curt Douglass 1st, Epherin Espinoza 3rd, B.J. McKay 6th.

1600 meter run, J. Leyva 4th, Marcus Diaz 5th.

1600 meter relay, 1st, Lance Moore, Brent Douglass, Jeremy Griffith and Curt Douglass.

Shot put, Epherin Espinoza 1st, Justin Lands 2nd, Curt Douglass 5th.

Discus, Justin Lands 1st, Jeremy Griffith 3rd.

Triple jump, Lance Moore 1st, Marcus Diaz 2nd, B.J. McKay 4th.

Long jump, Jeremy Griffith 1st, Brent Douglass 3rd, B.J. McKay 6th.

High jump, Lance Moore 2nd.

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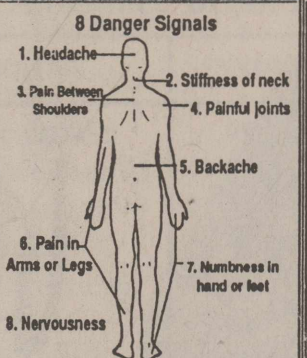
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Deborah Lynn Battson Weds Timothy McDonald

Deborah Lynn "Debbie" Battson and Timothy "Tim" Carrell McDonald exchanged wedding vows Saturday, March 15, 1997, at College Heights Baptist Church in Plainview. The groom's uncle, the Rev. Gary A. McDonald, pastor of First Baptist Church of Darrouzett, officiated.

The bride is the daughter of Mr. and Mrs. Kenneth Martin of Roby and the granddaughter of Mr. and Mrs. Hubert Myers of Willis Point. McDonald is the son of Mr. and Mrs. David McDonald of Plainview and the grandson of Othella McDonald of Plainview, Tom Lawson of Tulia, and Lillian Baze of Idalou.

Given in marriage by her parents, the bride wore a white satin gown designed with an off-the-shoulder neckline and short sleeves trimmed with iridescent chiffon accented with

pearl rope gathering into small puffs. Streamers from a bow at the back waistline formed a short train.

She wore a braided pearl headband with a shoulder length tulle veil and carried a cascade of white and blush roses, ivy, gypsophila, angel lace and pearl sprays.

Gina Gardner of Lubbock was matron of honor. Bridesmaid was Kim McDonald of Amarillo, the groom's sister-in-law. Each wore hunter green broomstick skirts with matching tunics accented with silver accessories and black boots. They carried cascades of sunflowers, tulips, daisies and daffodils. Kristen Turner and Katie Martin of Roby, the bride's nieces, were flower girls. Colton McDonald of Amarillo, the groom's nephew, and Will Martin of Roby, the bride's nephew, were ring bearers.

Todd Gilbreath of Plainview was best man and Wayne McDonald of Amarillo, the groom's brother, was groomsman. Terry Gilbreath of Plainview and Will Martin of Roby, the bride's nephews, were ushers.

Courtney McDonald of Amarillo and Kera Martin of Rotan, nieces of the groom and bride, registered guests. Musical selections were provided by Karl Vaughn and Mrs. Weldon Moody of Plainview.

A reception was held in the parlor of College Heights Baptist Church. Reception assistants were Kathy Putnam, Karie Turner, Kristy Martin, and Jackie Martin, sisters and sister-in-law of the bride; Rhonda Lawson, the groom's aunt; Courtney McDonald, the groom's niece; Ella McCamish and Wilma Gresham.

After a wedding trip to Dallas, the couple will reside in Lubbock. The bride is a graduate of Roby High School and attended Angelo State University. She is employed by Office Max.

McDonald is a graduate of Plainview High School and Wayland Baptist University. He is employed by Southwestern Bell Mobile and Service Merchandise.

A rehearsal dinner was given by

the groom's parents in their home.

Other bridal courtesies include a lingerie shower in the home of Gina Gardner of Lubbock and a bridal shower given by employees of Service Merchandise.

Roby FFA Judging Teams In Contests

The Roby FFA Judging teams have been participating in a variety of area judging contests this spring. The Livestock, Poultry, Dairy, and Cotton Judging teams competed in the Sweetwater judging Contest on March 22. Members of the Livestock Judging team were Billy Floyd, Mindy Mahaffey, Kyle McWilliams, and Katrina Rains. Amber Kelly, Justin Foil, Tony Flanagan, and Rusty Thompson participated as members of the Poultry Judging Team. Dairy Food Judging Team members were Robert Pippin, Vicente Ortiz, and Clinton Smith. The Cotton Judging Team of Autumn Daniel, Jacob Whitaker, Misty Taylor and Mandy Taylor placed sixth. Autumn Daniel was the fifth highest placing contestant overall.

Two of Roby's Livestock Judging Teams competed in the ACU Judging Contest on April 1. Ty West, Shea Feagan, Billy Floyd, Cassie Terry, Mindy Mahaffey, Kyle McWilliams, and Katrina Rains made up the two teams.

At the West A&M Judging Contest on April 4, Roby sent their Meat, Livestock, Horse, and Dairy Food Judging teams. Meat Judging team members were Sarah Boyd, Lindy Kelley, Autumn Daniel, and Amber Kelly. The Livestock Judging teams consisted of Mindy Mahaffey, Katrina Rains, Billy Floyd, and Cassie Terry. Horse Judging team members were Amanda Johnson, Ashley Douglass, Robert Pippin, and Neal Faglie. The Dairy Foods Judging team consisted of Vicente Ortiz, Clinton Smith, Ike Crill, and Wes Pullig.

On April 5, Roby competed in the Clarendon Junior College Judging Contest. The Livestock Team (Billy Floyd, Mindy Mahaffey, Cassie Terry, and Katrina Rains), Dairy Foods (Clinton Smith, Wes Pullig, Vicente Ortiz, and Ike Crill), Meats (Sarah Boyd, Lindy Kelley, and Amber Kelly), Horse (Amanda Johnson, Ashley Douglass, Robert Pippin, and Neal Faglie), and the Cotton Team (Jacob Whitaker, Autumn Daniel, Robert Onofre, and Misty Taylor) participated. The Horse Judging team placed 20th with Amanda Johnson being 7th high individual out of over 250 Horse Judging contestants. The Cotton Judging team captured 7th place. Autumn Daniel was 5th high individual.

Rolling Plains Farmers Market At Sweetwater

The Rolling Plains Farmer's Market Association will meet Thursday, April 10, at Jack's Family Steak House in Sweetwater. The meeting will begin at 7:30 p.m. and all members, and anyone interested in becoming a member, are urged to attend.

For more information call 915-235-1416 or 915-735-2863.

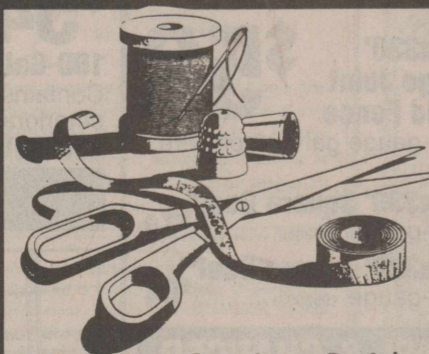


Mrs. Timothy "Tim" Carrell McDonald

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By Lucille Massingill .. April 12th, 1-4 p.m.
Deco 500 Guide Class
By Brenda Lee April 21st
"Fit Before Cut" Pattern Fitting
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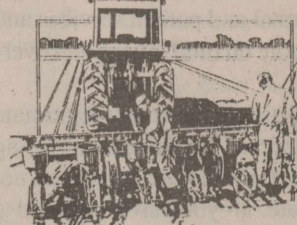
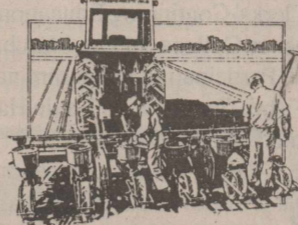
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Healthy Times

The Quarterly Publication Highlighting Fisher County Hospital District Health Care

Fisher County Hospital * ClearFork Health Center * Fisher County Home Health Care * Roby Rural Health Clinic

Vol. 1 - No. 3

Spring (2nd Quarter) 1997

Published By Fisher County Hospital District

Rotan, Texas 79546

Healthy Moms Make Healthy Babies

Wayne Lewis, PA-C

Making sure you're healthy even before you try to conceive will give your baby a tremendous start in life. The first couple of weeks after your baby is conceived is a time of important growth and changes. "By the time you know you're pregnant, your baby has already started developing critical organs," explains Lewis.

Your health is important at this time, so talk with your healthcare provider or doctor about your pregnancy plans. He or she can answer any questions and help identify any risks or problems you may have. During your exam, discuss your medical history, any past pregnancies, and your lifestyle.

What kind of food do you eat? A balanced, nutritious diet is always important, especially when you're pregnant. Your baby depends on what you eat.

Are you underweight or overweight? Women who are underweight are more likely to have small or premature babies who can have health problems. Overweight moms are at risk for high blood pressure, toxemia, and diabetes.

Do you exercise? If you do,

discuss any changes you may need to make to your workouts. If you don't, pregnancy is not a good time to begin a strenuous exercise pro-

gram. Regular exercise before and during your pregnancy helps prepare your body for the stresses of pregnancy and labor. "But", Lewis

cautions, "do not start any new exercise programs without your doctor's approval."

Are you or the baby's father exposed to any toxic chemicals, lead, pesticides, or radiation? Exposure to any of these by either parent may harm your baby.

Do you use cigarettes, alcohol, caffeine, prescription or non-prescription drugs (including illegal drugs)? All of these can be dangerous to your baby and lead to birth defects and problems with your pregnancy. Check with your healthcare provider about your prescription drugs to see if you can safely take them while you're pregnant. You may need to change prescriptions or stop using them.

Prenatal vitamins are important in many ways. The additional iron and folic acid are needed for a healthy pregnancy and to prevent birth defects. "When planning your pregnancy, you should start prenatal vitamins before conception," Wayne advises.

For most healthy women, pregnancy and childbirth are normal and natural processes that don't require any special preparation. Any healthy changes you make can only help your baby. So long as you eat wisely, exercise, avoid harmful substances, and talk with your healthcare provider, you've helped yourself have a healthier pregnancy and baby.

Election Of Governing Board

By Ella Raye Helms

Elections for two governing board members will be held on Saturday, May 3, 1997. The following Fisher County citizens have filed to run for the two open spots: Carlene B. Moore, Moses Gonzalez, Betty Ehlers, CleDon Coffman, Linda Martin.

Board members serve for two year terms Those with terms expiring are CleDon Coffman and Freddie Rasberry. Both CleDon and Freddie have served since 1993. We would like to thank each of these gentlemen for their contributions to our hospital during the past four years. We also appreciate the interest that the 1997 candidates have shown in our hospital.

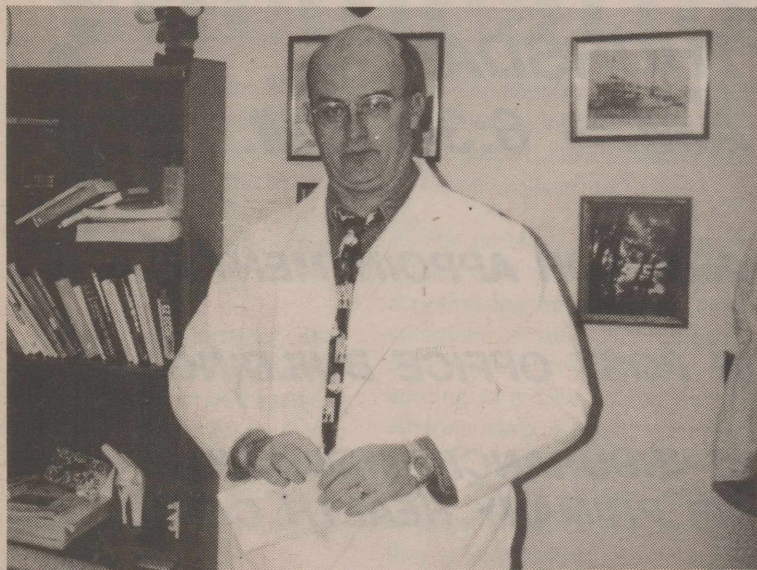
Special Thanks To Special Friends

We would like to thank Beth Dannheim from the Fisher County

Extension Office and Vesta Orr and the Midwest Electric staff for their special contributions to Fisher County Hospital. Beth has donated a television, VCR and other display materials to the Roby Rural Health Clinic for health education purposes. The Extension Office also helped to sponsor our Safe Sitters program, and has provided teaching materials for our diabetes education programs. Thank you, Beth and Sherry.

Vesta has agreed to help sponsor scholarships for our upcoming EMT training class. The additional scholarships will help us train more Fisher County volunteers to work with our ambulance service. Our thanks for your help and support.

We would also like to thank all of the people in Fisher County for their continued encouragement and support.



Wayne Lewis, PA-C

Giving Blood Today Keeps A Crisis Away

Every day throughout the Texas Mid-West there are persons whose life seems to stop...at least for the moment. When sudden illness, surgery, major accident or numerous other unexpected incidents occur and a patient is faced with the sudden need for blood, it is a blessing to know that it is available.

The Meek Blood Center at Abilene is the provider of blood and blood products for 16 medical facilities throughout the Texas Mid-West, including Fisher County Hospital in Rotan. Daily blood drives throughout the region as well as the regular hours of the Blood Center located at 1150 N. 18th St. in Abilene keep the needed blood available. However, at any given time, the type of blood needed may fall to a critical low because of high demand. That is why it is so important to be a regular, ongoing donor before a crisis arises.

A blood drive will be held in Rotan at Fisher County Hospital on April 29, 1997. It will be sponsored by the Fisher County Hospital Auxiliary, from 3:00 p.m. until 7:00 p.m. We encourage everyone who can to donate now and become a regular donor to the Meek Blood Center. Prospective donors should eat a meal or heavy snack prior to donating blood. You will be giving the gift of life.

Rural Health Clinic News

PRIMARY HEALTH CARE CLINIC

The Fisher County Primary Health Care Clinic and the Texas Department of Health have now added dental care for eligible children from birth to 18 years of age. Beginning March 1, children who are eligible for health care services through Title V will also be eligible for dental care. Dental care will include cleaning and a designated amount for restoration.

To receive dental care children must be eligible for the Title V program and have completed a well child visit through the Fisher County Primary Health Care Clinic. Martha Jo Anderson is the director of the Fisher County Primary Health Care Clinic. Dr. Jerry Marshall will be the dental provider.

For more information on this program, contact Irma Carreon at 735-3531 or Kathy Spencer at 776-2500.

Kathy Spencer

DIABETIC EDUCATION CLASS

Did you know that over 14 million people in the United States have diabetes? That means that 1 person out of every 20 is a diabetic. Twenty percent of all diabetics have type II diabetes, meaning that their disease can frequently be controlled by watching their diet, taking pills or both. Some type II diabetics still require taking insulin, along with watching their diet. It is estimated that over 102.5 billion dollars are spent on health care for type II diabetes every year.

If you are diabetic, why don't you see what you can do to take better care of yourself and help keep your healthcare costs down? A second class about diabetes is going to be held on April 22 at the Fisher County Hospital. This will not be a repeat of the first class that was held in January, which was attended by a total of 45 people.

This class is going to be about diabetes, and how to control your blood sugar, along with some other useful information. The seminar will be presented by Brandon Sheehan, RN, BSN. Please sign up by calling 735-3531 or 776-2500. We hope to see you there!

Brandon Sheehan

ROBY RURAL HEALTH CLINIC

The Roby Rural Health Clinic is beginning its second year in operation. The clinic is open on Monday from 8:00 A.M. to 5:00 P.M. and Thursday from 8:00 A.M. to 6:30 P.M. The medical staff includes C.M. Callan, MD, Medical Director; Martha Jo Anderson, Nurse Practitioner and Brandon Sheehan, Registered Nurse. The clinic accepts Medicare, Medicaid, insurance, private pay and primary care patients. Call 776-2500 for an appointment. The clinic is located in the Roby Post Office Building.

Kathy Spencer

Texas State Championship "Cow Chip Throwing"

By Frank O. Cockrell

Fisher County Hospital will be hosting the 2nd annual Texas State Championship "Cow Chip Throwing Contest". This will be part of the activities for Rotan Days June 14, 1997.

The National Championship will be April 20 in Beaver, Oklahoma. The winner for the Texas Championship will participate in Beaver in 1998. We are looking forward to a good turn out for the events in Rotan on June 14th.

The following divisions will be open to all that would like to participate - Mens Open, Womens Open, Little Chippers Boys, Little Chippers Girls.

Trophies will be awarded.

Come and Throw and tell your friends.

Diabetes and Hypoglycemia

One complication of diabetes is hypoglycemia (low blood sugar). Hypoglycemia is a blood sugar below 50 or 60. The drop in the blood sugar level can be caused by a number of things. It can be caused by extra exercise, taking too much medicine, and skipping a meal or snack. During the spring and summer months a drop in blood sugar is more likely to be caused by an increase in exercise. As the weather turns nice, people like to get out and do more things. The increased exercise uses up all of the sugar in the blood for energy.

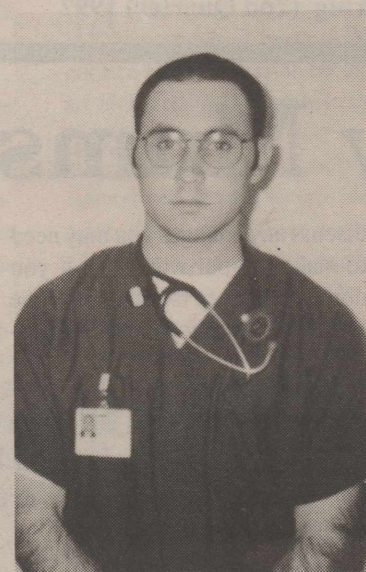
There are several signs and symptoms to watch for that indicate a dropping blood sugar. Some of the more frequently experienced ones are: shakes, sweating, weakness, and anxiety. Some others are hunger, headaches, irritability, impaired vision, dizziness and a rapid heartbeat. It is important for the people who live with or work with diabetics to know these signs and symptoms, and what to do if they occur.

When the signs and symptoms first start to occur the diabetic can usually notice them. However, as they progress the diabetic is not able to recognize that he or she is having a problem. He or she may become aggravated when you try to help them. Hopefully, by know-

ing the signs and symptoms the diabetic or someone can stop it before it goes that far. When the signs are first noticed try to remember if you have 1. skipped a meal. 2. taken too much medicine or 3. worked harder than usual. If you have done any of the preceding, or the symptoms persist, try drinking 1/2 a glass of orange juice or skim milk. If these are not available eat several hard candies (ones with sugar). After this test your blood sugar if you can and write it down. If the symptoms persist seek medical attention. If the symptoms go away after doing those things, eat a light snack 30 minutes after the signs and symptoms go away.

For more information about diabetes sign up and attend the diabetic class we are offering April 22.

Brandon Sheehan, RN, S.S.N.



Brandon Sheehan

ROBY RURAL HEALTH CLINIC OFFICE HOURS:

MONDAY
8:00 A.M. - 5:00 P.M.

THURSDAY
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Quote

Question To Marie Ash

"What is your opinion of the services?"

Answer From Marie Ash

"Very good. Anytime I ask for anything, they come immediately. The night nurses are good about checking on us throughout the night to keep us covered. I am very pleased with everything."



Marie Ash, right, visits with her friend Lois Sparks, left.

Marie Ash - Resident Of Custodial Care Wing

By Jodie Grisham

Marie Ash is a longtime resident of Fisher County. She was born five miles west of Rotan in 1911. She attended Rotan Schools, and was a member of a family with three boys and three girls, she being the oldest.

She talks of cotton farming and bringing workers from Mexico

before the days of cotton strippers. As we talk about residents of Rotan, she speaks fondly of her friends and neighbors, and comments on the number of youngsters she has watched growing up under her feet. When you ask about changes in Fisher County over the years, she refers to stores and businesses that we cannot relate to, but also a

number of which are still operating today.

Mrs. Ash is the widow of Buck Ash, a long time cotton farmer and resident of Fisher County. Marie has been a resident of the custodial care wing at Fisher County Hospital since August of 1995. We asked Mrs. Ash her opinion on the facilities and services.

Question: How do you feel about the accommodations?

Answer: Very clean and nice. I couldn't ask for better.

Question: What is your opinion of the services?

Answer: Very good. Any time I ask for anything, they come immediately. The night nurses are good about checking on us throughout

the night to keep us covered. The food is very good, but gets repetitious. I especially enjoy the sherbet for an afternoon snack.

"I am very pleased with everything," said Mrs. Ash. "I would like to invite all my friends out to see us. We would love to have them".

The Custodial Care (Long Term Care) Program

By Frank Cockrell

The custodial care wing of Fisher County Hospital has six very special residents. They enjoy comfortable, well kept and attractive surroundings. Each resident has a private room and bathroom. Our nursing staff, including a registered nurse, is available 24 hours a day. Our medical staff is on site in the daytime Monday through Fri-

day, and a medical doctor is on call throughout the night and on weekends. Custodial care residents have the complete hospital resources available to them, including physical therapy and respiratory therapy.

Some of our custodial care residents have been with us for more than two years, while others have been with us for a shorter time.

Occasionally, patients and their families chose our custodial care program for a weekend or even a one or two week stay. Family members and friends may visit at any time. Their visits are enjoyed and appreciated. We also try to provide for special entertainment and events, such as our Christmas party, singing from local school children,

and involvement from our staff.

We can accommodate nine custodial care residents. This care is private pay, and the rates are set depending on the level of care required by the individual resident. Rates start at \$50.00 a day, which includes meals, basic phone service, basic television service, utilities, the room rate, and supervi-

sion of the medication regimen.

The custodial care patients and the custodial care program are very important to the future of Fisher County Hospital. We enjoy the opportunity to care for these special friends. If you would like additional information concerning our custodial care program, call (915)735-2256 and ask to speak with LaVona or Frank.

Medication Mishaps.....

By Ella Raye Helms, RPh

You're making a mistake when you swallow aspirin with only a few sips of water. If your stomach hurts afterward, that's because the barely diluted aspirin tablet is burning your stomach lining.

And do you remember when you went to the doctor with a sore throat and he prescribed a ten day supply of antibiotics for you? You felt better after five or six days, and you quit taking the antibiotics. Then about a week later your throat was sore again.

These are common examples of drugs used incorrectly. Although it seems trivial, it demonstrates

how little attention we pay to the proper use of medication. In fact, about half of patients taking any drug don't follow instruction.

The problem costs billions of dollars each year. All told, prescription drug mishaps due to non-compliance result in \$76 billion in direct medical costs annually, according to a 1995 University of Arizona study. Between 3% and 5% of hospital admission are caused by patients' failure to take their medications exactly the way they are prescribed.

Doctors' prescribing is generally very good. Computers are standard practice today, and they

quickly identify problems with misdosing and drug interactions. The real problem is that patients don't understand the importance of their medication, how to take it, and how to monitor their reaction to a drug.

Noncompliance is widespread, especially in chronic illnesses, such as hypertension, arthritis, or heart disease. Hypertension (also known as high blood pressure) is one of the toughest compliance cases because its victims don't feel sick, and are not motivated to take medication. The result of not taking high blood pressure medicine as prescribed causes costly and sometimes fatal health consequences, and

yet 40% of all hypertension patients don't take their medications properly. It is estimated that 50% of diabetics and 45% of all heart patients don't comply with their doctors' medications orders.

When patients are taking multiple drugs, or if the patients are elderly or very ill, there is even more likelihood the medication errors can result.

As a patient, you should know the following information about the medicines you are taking: 1) What time of day should I take the medication? 2) Can I take the medication with meals? 3) Should I avoid any foods or other medications while taking this medication?

4) Are there any side effects I should watch for? 5) What can I do to reduce side effects? 6) How should I store this medication?

Your pharmacist can help you with your questions, and probably has some printed information that you can read. If you are caring for an elderly family member, you may want to ask your pharmacist about a pill organizer system. The staff at Fisher County Home Health Care is also experienced with medication schedules and would be glad to help you organize a medication system for you or your family member.

TWENTY
REASONS
FOR
HOME
CARE

There is no question in my mind that home care is the wave of the future. There is growing public demand for health care services that are available to the public in their own homes. The reasons for this trend are complex. They have to do with tradition, with technology, and with cost effectiveness.

1 It is delivered at home. There are such positive feelings that all of us associate with being home. Our home is our castle, our refuge from the storm. When we are not feeling well, most of us ask to go home. When we are feeling well, we enjoy the sanctity of our residences and the joy of being with our loved ones.

2 Home care represents the best tradition in American health care. Home health agencies were started as public agencies to seek out the poor and the needy who otherwise would go without care. No one was turned away. This is still true for most of America's home health agencies.

3 Home care keeps families together. There is no more important social value. It is particularly important in times of illness.

4 Home care serves to keep the elderly in independence. None of us wants to be totally dependent and helpless. With some assistance, seniors can continue to function as viable members of society.

5 Home care prevents or postpones institutionalization. None of us wants to be placed in a nursing home unless this is the only place where we can obtain the 24-hour care that we need.

6 Home care promotes healing. There is scientific evidence that patients heal more quickly at home.

7 In short, home care is the oldest form of health care. Health care has been traditionally given at home throughout the centuries. It is also the newest. Modern technology has developed to the point where virtually anything that is available in a hospital can be provided at home. There is significant evidence that it is less costly than other forms of care.

8 Home care allows a maximum amount of freedom for the individual. A hospital, of necessity, is a regimented, regulated environment. The same is true of a nursing home. Upon admission to either, an individual is required to surrender a significant portion of his rights in the name of the common good. Such sacrifices are not required at home.

9 Home care is a personalized care. Home care is tailored to the needs of each individual. It is delivered on a one-to-one basis.

10 Home care, by definition, involves the individual and the family in the care that is delivered. The patient and his family are taught to participate in their health care. They are taught how to get well and how to stay that way.

11 Home care reduces stress. Unlike most forms of health care, which can increase anxiety and stress, home care has the opposite effect.

12 Home care is the most effective form of health care. There is very high consumer satisfaction associated with care delivered in the home.

13 Home care is the most efficient form of health care. By bringing health services home, the patient does not generate board and room expenses. The patient and/or his family supply the food and tend to the individual's other needs. Technology has now developed to the point where almost any service that is available in a hospital can be offered at home.

14 Home care is given by special people. By and large, employees of home health agencies look at their work not as a job or profession but as a calling. Home care workers are highly trained and seem to share a certain reverence for life.

15 Home care is the only way to reach some people. Home health care has its roots in the early 1900s when some method was needed to provide care for the flood of immigrants who populated our major cities. These individuals usually did not speak English, had little money, and did not understand American medicine. The same conditions exist now to some extent because of the new wave of immigrants and the large number of homeless individuals who roam our streets.

16 There is little fraud and abuse associated with home care. Other parts of the health care delivery system have been riddled with fraud and charges of poor care. There have been few, if any, major scandals related to home care.

17 Home care improves the quality of life. Home care helps not only add years to life, but life to years. People receiving home care get along better. It is a proven fact.

18 Home care is less expensive than other forms of care. The evidence is overwhelming that home care is less expensive than other forms of care. Home care costs only one tenth as much as hospitalization and only one fourth as much as nursing home placement to deal with comparable health problems.

19 Home care extends life. The US General Accounting Office has established beyond doubt that those people receiving home care lived longer and enjoyed living.

20 Home care is the preferred form of care, even for individuals who are terminally ill. There is a growing public acceptance and demand for hospice care, which is home care for individuals who are terminally ill.

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Mary Martin, RN, right and Effie Murphree, left, patient.

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