

The

Hereford Brand

• Hustlin' Hereford, home of WWI veteran Ira Ott

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City parks eyed at commission work meeting

By GEORGIA TYLER
Staff Writer

Parks and improvements designed to create areas that will promote pride in neighborhoods were the focus of a Hereford City Commission work session Wednesday evening.

Mayor Bob Josseland, opening park discussion, said the development program can be a way "to unite Hereford . . . get everybody involved."

Financing for the parks work will come from the voluntary assessment program the city implemented in March 1991. The fund's current balance is \$114,578.51.

Josseland said use of the fund "will show citizens we're investing their dollars," alluding to the \$1 per month paid voluntarily by city water customers.

Sitting in on the workshop was Jan Furr, chairman of the Hereford Beautification Alliance. "I've asked the HBA to give us their thoughts," said Josseland.

The mayor asked that the commission consider needs for specific parks -- Dameron, Central, 15th Street and Jaycee -- at this time. Improvements for Veterans Park would be considered separately, he said.

For the immediate future, the commission reviewed a program submitted by City Manager Chester Nolen for four parks that are used heavily. Estimated cost of the improvements is about \$80,000.

And, in a brainstorming period, commissioners voiced their suggestions for Veterans Park, the largest in the city's park system.

The first phase of the improvement project will be directed to Dameron, Jaycee, Central and 15th Street Parks.

Nolen's suggestions included:
-- Dameron Park, a 20 foot by 44 foot picnic shelter with steel columns and beams, four steel table and bench units set in concrete, a barbecue unit and restroom facilities. Total cost: \$25,934.

-- Jaycee Park, same as Dameron but no restrooms. Total cost: \$13,934.

-- Central Park, a 28-foot hexagonal steel shelter, three steel table and bench units set in concrete and a barbecue unit. Total cost: \$14,433.

-- 15th Street Park, same as Central but also including restrooms. Total cost: \$26,433.

Nolen estimated improvements would cost \$80,734. The main variable in the program will be the expense of installing restrooms in Dameron and 15th Street.

The shelters listed for Dameron and Jaycee cost about \$11,070 each. The shelters designated for Central and 15th Street are priced at \$12,150 each. Table and bench units are \$581 each and the barbecue units are \$540

each.

Nolen announced, also, that a gift of 250 seedling trees has been made by the Rotary Club of Hereford. The trees were received by the club from the National Tree Trust.

Sites for planting the trees will be decided in the spring when the seedlings may be transplanted from the containers in which they were placed by Rotarians.

During the brainstorming session, commissioners offered several suggestions for Veterans Park improvements, including:

- Picnic tables.
- Beach volleyball courts.
- Irrigation system.
- Recreational vehicle parking.
- Grills and tables.
- Restrooms
- Duck pond.

Nolen reported that plans are underway to discourage vandalism in Veterans Park. He said closing entrances to the park will be implemented between 11 p.m. and 7 a.m. Use will be restricted during those hours except in certain circumstances.

At the conclusion of the session, Commissioner Dennis Hicks raised the question of whether the site for a new swimming pool is definite. He said he has received some "negative feedback" about the proposed location in the city-owned property on E. 15th and Avenue C.

Hicks said there is some talk that a site near a school would be more advantageous.

Commissioner Roger Eades responded by noting that there are no sites except one near Hereford High School and he said that location is unacceptable.

Mayor Josseland said the final decision on the pool site would be made when plans are completed.

Among commissioners, the consensus seemed to be that the proposed site offers an opportunity for additional park improvements in addition to a new swimming pool.

The city received a \$500,000 grant from Texas Parks and Wildlife for the pool. An equal sum in cash and kind must be provided by the city and other sources.

Responding to the mayor's request for input from the HBA, Jan Furr observed that the alliance has stressed clean-up of city areas and asking people to take pride in the city.

She said the city's request is not in line with what "we've been concerned with, but we can be." She agreed to get her group together as soon as possible.

The commission set a Dec. 6 meeting with representatives of Hereford Beautification Alliance to hear a report on the group's ideas for park development. The meeting will begin at 5 p.m.



We can do that here

Carol Gerk, left, owner of Wishe's, 426 Main St., shows new employee Marilyn Kahlich that the specialty store can provide two holiday services often thought to be available only in larger

cities -- custom gift baskets and free gift wrapping for holiday purchases. The store is just one many Hereford companies that provide that special local touch to holiday shopping.

United Way campaign nearing end

The final countdown has started for the United Way of Deaf Smith County, as volunteers have entered the final week of their 1993 fundraising drive.

At a report luncheon on Wednesday, division chairmen and others present learned the United Way has collected 63 percent of its \$150,000 goal, and pledges and donations are nearing the \$100,000 mark.

The F.I.R.E. Division was the closest to its goal, reporting \$16,541.75, which is 98 percent of

the \$16,894 goal.

Also nearing the 100 percent mark is the Public/Federal/State Division, which has a goal of \$20,345, and which has received \$17,276.57, or 84 percent.

Overall, the United Way has collected \$93,795.65.

The final report luncheon for this year's campaign will be held at noon Tuesday in Panchita's Restaurant.

At the meeting, United Way interim director Sally Nolen reported that a statewide United Way update

has been released that shows the progress of fund drives throughout Texas.

Hereford's work, she said, is on par with the rest of the state.

Other division reports, including their goals, amounts reported Wednesday and percent of goals follow.

-- Senior Citizens, \$11,233, \$6,367, 56 percent.

-- Agriculture, \$4,635, \$1,930, 41 percent.

-- Business and Industry, \$21,229,

\$2,838, 13 percent.

-- Commerce, \$10,680, \$5,377, 50 percent.

-- Corporate Gifts, \$5,837, \$2,404.30, 41 percent.

-- Professionals, \$23,409, \$11,254.38, 48 percent.

-- Pacesetters, \$8,216, \$5,895.40, 71 percent.

-- Advanced Gifts, \$27,522, \$15,864, 57 percent

-- Care Walk, Servant Sale, Golf Tournament, \$8,047.25.

Brady Bill passes House; Senate vote ahead for waiting period proposition

WASHINGTON (AP) -- Cheered by a 49-vote victory in the House, backers of the Brady bill are redoubling efforts to secure Senate passage of the five-day waiting period and criminal background check it would require for handgun buyers.

Prospects appeared to brighten as the Senate reached agreement Wednesday on how to deal with a separate but far-reaching crime-control bill. The accord could lead to the crime bill's passage next week.

The complex midnight agreement setting the legislative pecking order for votes on as many as two dozen anti-crime issues removed the threat

of a Republican filibuster over an assault weapons ban likely to be attached to the bill.

But with Congress leaving town to help constituents celebrate Veterans Day, no further action was scheduled until Tuesday on the \$22.3 billion measure that would recruit 100,000 police officers over the next five years and build a new system of 10 regional prisons.

The agreement resulted in the dropping of scores of possible amendments. Sen. Joseph Biden, D-Del., chairman of the Senate Judiciary Committee, told reporters: "I negotiated personally with more than 60 senators on over 100 amendments" to reach the agreement.

Senate Majority Leader George Mitchell of Maine has said he will call up the Brady bill for votes after the crime bill is disposed of.

President Clinton applauded Congress for moving toward

enactment of a handgun control law and told reporters at a White House news conference that an ammunition tax "deserves a lot of consideration."

But he said a better idea might be an outright ban on the most deadly bullets.

Clinton predicted passage of the Brady bill and said he was intrigued with the idea promoted by New York Democratic Sen. Daniel Patrick Moynihan to tax certain forms of ammunition and use the money to help pay for national health care reforms. The proposal is not part of the crime bill.

First proposed nearly a decade ago, the Brady bill cleared the House 238-189.

The man for whom the bill is named, former White House press secretary James Brady, who was seriously wounded in the 1981 attempt to kill President Reagan, said he was "euphoric" at the outcome.

But Brady bill supporters said they

would work to eliminate a provision, added at the suggestion of the National Rifle Association, to cancel the waiting period if a national computerized system to permit instant background checks hasn't been perfected in five years time.

The amendment, proposed by Rep. George Gekas, R-Pa., was endorsed 235-198.

Wayne LaPierre, the NRA's chief executive officer, said passage of the Gekas amendment gave "a victory" to gun control opponents who see the Brady bill as an opening wedge in a fight for sterner gun rules.

HSB parent announces new name

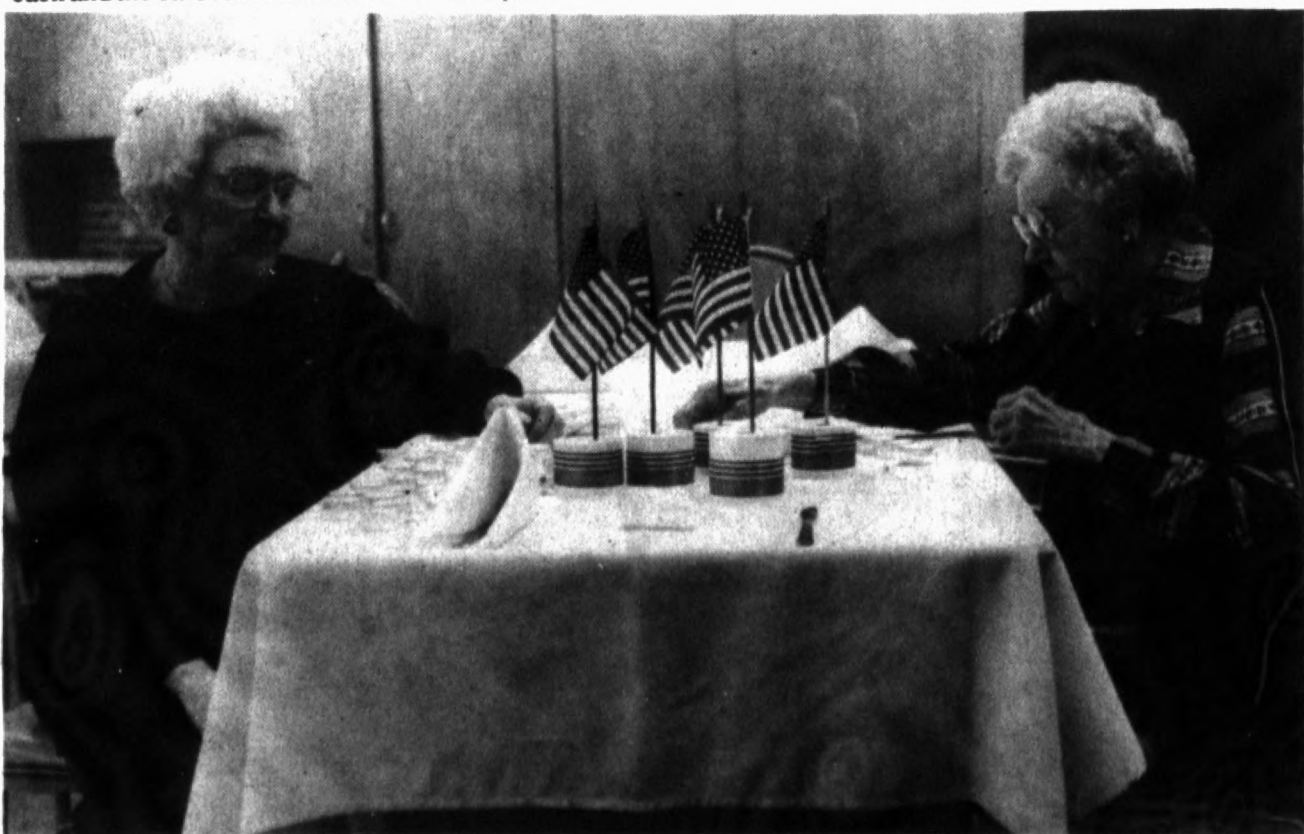
First Financial Bankshares, Inc., is the new name of First Abilene Bankshares, Inc., a multi-bank holding company headquartered in Abilene. It is the parent company of Hereford State Bank.

Shareholders of the company adopted the new name at an Oct. 25 special meeting. They were informed that common stock of the company will begin trading on the NASDAQ National Market Exchange.

Stock of the company is currently held by more than 1,200 shareholders and has been traded on the over-the-counter market since 1973. The trading symbol on NASDAQ will be FFIN.

"The new name better reflects the scope of the company's expanding operations," said Kenneth T. Murphy, board chairman and CEO. He noted that the individual names and operations of the company's six subsidiary banks will not be affected by the name change.

First Financial Bankshares is the parent company of HSB, First National Bank of Abilene, First National of Sweetwater, Eastland National, First National of Cleburne, and Stephenville Bank & Trust.



Dinner preparations

Lois Moore, left, and Ora Mae Simpson sit at a table in the Lamar Room of King's Manor Methodist Home and get table decorations ready to set out. King's Manor will host its annual Founders Dinner will be held at 7 p.m. at the facility, 400 Ranger. Special speaker will be Bishop Alfred L. Norris, head of the Northwest Texas/New Mexico area of the United Methodist Church. The dinner is a major annual fundraiser for the facility, which features cottages, housing facilities and a full nursing home for senior citizens.

Hereford health alliance addresses local issues

While national debate about health care rages, several health care groups in Hereford have stopped talking and started acting.

The Hereford Health Care Alliance -- a combination of home health agencies, nursing homes, physicians, Hereford Regional Medical Center and other health care professionals -- is working to address some of the pressing needs for health care.

The first project, a flu and pneumonia immunization program for senior citizens that was held last month, brought this vital service to a large number of older citizens.

The alliance is now developing plans to initiate a campaign to immunize Hereford's children who are age 2 and under.

The objective of the alliance is to offer area residents the best health care possible while keeping an eye on the costs.

Through improved coordination

among the different health agencies in the area, the goal is to reduce cost as a result of eliminating duplication of services.

For more information about the Hereford Health Care Alliance, call Sylvia Khuri at HRMC, 364-2141.

Two plead guilty in district court

Probated sentences were assessed two defendants who entered guilty pleas in 222nd District Court Wednesday.

Barbara Leslie, 35, was sentenced to seven years' probation on her plea of guilty to theft over \$750 but under \$20,000. Judge David Wesley Guiley also fined her \$1,000.

Five years deferred adjudication probation was given Omar Rosas Hernandez, 20, charged with tampering with a government record.

Local Roundup

Bus to go to Vernon

The Deaf Smith County Chamber of Commerce has chartered a bus to take Hereford fans to Vernon on Saturday for the HHS girls regional final volleyball game against Justin Northwest. The bus will leave the chamber at 10 a.m. Saturday in order to arrive in Vernon in time for the 4 p.m. start of the match. Cost is \$28 for a round-trip ticket. Reservations must be made at the chamber office by noon Friday, at which time payment is required. There are 43 seats available on the bus.

Band names director

Former Hereford High School band director Ben Gollehon has been named as director of the Hereford Community Band, spokeswoman Vicky Higgins announced today. The band will practice at 7 p.m. today and every Thursday except Thanksgiving in preparation for Christmas performances. Anyone with high school or college band experience is welcome to join the band, which holds rehearsals at the Hereford High School band hall. Gollehon was director here until 1972. He now lives in Dimmitt. He will be assisted by high school band directors.

Windy days ahead

Windy weather is in the forecast for Thursday and Friday to go with a 50 percent chance of showers and thunderstorms Thursday night. The low should be about 40 degrees with winds south to southwest at 15 to 20 mph. Friday's high will be about 60 degrees and winds will pick up to 25 to 35 mph and gusty, from the southwest. The high in Hereford, reported by KPAN, was 60 degrees. The mercury dipped only slightly to a low of 51 degrees Thursday morning.

News Digest

State

DALLAS - When it comes to the Perot family project at Fort Worth's Alliance Airport, Vice President Al Gore apparently is right. People familiar with the development said Wednesday that it likely will benefit from increased foreign trade whether the proposed North American Free Trade Agreement passes or fails, as Gore said during Tuesday night's debate with Ross Perot.

SAN ANTONIO - Hispanic activists, business people and ordinary citizens have opinions on the North American Free Trade Agreement ranging from outright opposition to full-fledged support.

WASHINGTON - Both sides are predicting victory in next Wednesday's House showdown over the North American Free Trade Agreement, but supporters concede they'll need to find about 30 more votes to succeed.

WASHINGTON - Ross Perot was making the rounds of House offices trying to line up more votes against free-trade legislation, but his heart didn't seem to be in it. The televised debate with Vice President Al Gore had taken its toll.

FORT WORTH - Word was expected tonight on a prestigious National Research Laboratory to complement the Pantex nuclear weapons complex in the Texas Panhandle.

EL PASO - A former death row inmate's second trial in the robbery-related slaying that originally had him facing execution constituted double jeopardy, his attorney says.

AUSTIN - Former Ohio Gov. Richard Celeste, working to sell President Clinton's health care plan, says the congressional vote will be a "major test" for candidates in 1994.



Police Beat

Thursday's Hereford Police Department daily activity report contained the following arrests and incident reports:

-- A 45-year-old male was arrested for DWI.

-- Disorderly conduct by fighting was reported in the 100 block of Avenue G.

-- Domestic violence assault was reported in the 200 block of Avenue K.

-- Criminal trespass was reported in the 100 block of Star.

-- Assaults were reported in the 1300 block of East U.S. 60 and in the 200 block of Avenue F.

-- Burglary of a building in the amount of \$1,100 was reported on Austin Road.

-- Damage to a mailbox in the amount of \$8 was reported in the 200 block of Beach.

PATIENTS IN HOSPITAL

Jay Boston, Inf. Boy Cumpian, Sylvia Cumpian, Brian Daniels, Inf. Boy Flores, Juanita Flores, Vincent Garcia, Inf. Boy Garza, Maricella Garza.

Leann Jackson, Erica Lovington, Helen Kay Posey, Manuela Puente, Allo Reeve, Rena Spencer, Fannie Wells.

THE HEREFORD BRAND

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O.G. Himes Publisher

Monty Montgomery Adm. Mgr.

Garry Womer Editor

Craig Himes Circulation Mgr.

-- Charges were filed against a person for constantly letting a dog run loose in the 300 block of East Fifth.

-- Forgery was reported in the amount of \$150 in the 500 block of North 25 Mile Avenue.

-- Officers issued 14 citations.

-- There was one minor accident.

Sheriff's Report

Thursday's Deaf Smith County Sheriff's Department daily activity report contained the following arrests:

-- A 28-year-old male was arrested on a DWI commitment.

-- Five individuals were arrested for violation of probation: a 30-year-old male, a 19-year-old female, a 34-year-old male, a 20-year-old male and a 23-year-old male.

Obituaries

HELEN M. OWENS
Nov. 10, 1993

Helen M. Owens, 65, longtime Hereford resident, died Wednesday.

Services will be held at 11 a.m. Friday in Rose Chapel of Gililand-Watson Funeral Home with the Rev. Larry Cothrin, pastor of Avenue Baptist Church, officiating. Burial will be in West Park Cemetery, by Gililand-Watson Funeral Home.

Mrs. Owens was born in Beckham

County, Okla., and came to Deaf Smith County in 1930. She married Charlie Owens in 1945. He died in 1989. Mrs. Owens was a Baptist and gave many volunteer hours at Golden Plains and Hereford Care Centers. A son, Richard Owens, died in 1967.

Survivors are a son, David Owens of Farmers Branch; four sisters, Juanita Owen and Margaret Daniels of Hereford, Etneleen Smith of Amarillo, Va.; three brothers, Virgil Kelley, Kenneth Kelley and Douglas Kelley, all of Hereford, and three grandchildren.

The family has requested that memorials be directed to donors' favorite charities.

TEXAS PRESS ASSOCIATION



Education proclamation

Members of the Hereford Educators Association watch as Mayor Bob Josserand signs a proclamation declaring Nov. 14-20 as American Education Week in Hereford. Watching are, from left, Joe Don Cummings, Grievance Chairman; Carolyn Waters, President; Terry Zimmerman, President-Elect; Randy Farr, Treasurer; and Donna Warrick, Secretary. The week-long celebration will begin on Saturday with an education fair at Hereford Junior High School. The Hereford Brand will publish a special National Education Week section on Sunday highlighting some of the many activities going on in Hereford schools.

Education Fair to be highlight of observance of special week

With a theme of "Better Schools Shape Better Tomorrows," the Hereford Educators Association will host celebration of American Education Week activities next week.

Mayor Bob Josserand has proclaimed Nov. 14-20 as American Education Week here.

The HEA will sponsor an Education Fair on Saturday to highlight activities throughout the school district.

The fair will be held from 9 a.m. to 4 p.m. in Hereford Junior High School. It is open to the public and

will include displays of work from Pre-Kindergarten through 12th grade.

"To make schools the best they can be requires a commitment from every member of the community, from retired citizens as well as parents, from business leaders as well as school board members," said Carolyn Waters, president of the HEA. "American Education Week is a good time to recognize that we all need to work together to help Hereford's students get ready for the 21st Century."

The HEA, Mrs. Waters said, urges

all community residents to do something special during American Education Week to help improve Hereford's schools.

"It takes all of us working together to build strong schools that respond effectively to the educational needs of our students," Mrs. Waters said.

The Hereford Brand will publish a special American Education Week section on Sunday, Nov. 14.

The tabloid will include information about activities throughout the district.

Hispanic community isn't sure about NAFTA business impact

By KELLEY SHANNON
Associated Press Writer

SAN ANTONIO (AP) - Hispanic activists, business people and ordinary citizens have opinions on the North American Free Trade Agreement ranging from outright opposition to full-fledged support.

And, like other Americans, some Hispanics don't know what to make of the proposed pact.

"There have been so many controversies either way that I really don't know what the whole argument is," said Domingo Garza, who works in his sister's small grocery store on the city's predominantly Hispanic west side.

"Really, nobody knows what it's all about," Garza said.

Hispanic labor leaders, like their union counterparts nationwide, are leading a charge against NAFTA. They rallied Wednesday at a San Antonio cafe and outside a factory.

"It's no good, because the companies are going to go to Mexico," said Juan Garcia, a union member and worker at Newell Foundry in San Antonio. "There's not going to be any work for us."

Irene Reyna helped form the workers group Fuerza Unida when Levi Strauss & Co. laid off 1,150 employees in San Antonio in 1990 and moved some of its clothing production to Costa Rica.

"We oppose NAFTA," Ms. Reyna said. "We are the living proof of the devastation that is about to happen. It's a disaster."

But some Hispanic rights organizations that traditionally side with workers groups have signed on to NAFTA. Most notable are the Mexican-American Legal Defense and Educational Fund, the National

Council of La Raza and the Southwest Voter Research Institute.

Institute president Andy Hernandez said the groups formed a "Latino Consensus" to support the trade pact after they were satisfied the Clinton administration would address their worries about worker retraining, environmental cleanup, border infrastructure and other issues.

"NAFTA could be a good deal," Hernandez said. "If you take NAFTA down, how are any of these problems going to be solved? Does anything get any better for Latinos? The answer is no."

But Hispanics, including Hispanic members of Congress, are divided on the trade issue, Hernandez said.

"You don't have a clear line in our community," he said.

Hispanic executives and small business owners in San Antonio are lobbying for the trade agreement through the Hispanic Chamber of Commerce.

"It just brings in business opportunities, more jobs," said Ruth Gonzales-Doegge, vice president for international trade with the Hispanic Chamber of Commerce.

The organization and other Hispanic business leaders from Texas are traveling to Washington Sunday to lobby for NAFTA. They plan to remain there until the Nov. 17 vote.

NAFTA opponents say they will be doing some lobbying of their own with members of Congress.

"The Hispanic Chamber of Commerce doesn't speak for us," said a defiant Jaime Martinez, the district secretary-treasurer of the International Union of Electronics, Electrical, Salaried, Machine and Furniture Workers.

"That staged debate (between Ross Perot and Vice President Al Gore) does not stop us from continuing our effort. Certainly the administration is on the defensive," Martinez said.

The labor leaders have been trying to spread their anti-NAFTA message to the Hispanic community at large. Whether their position is taking hold is another matter.

"Sometimes I think it's good," said Garza, the grocery store worker, pondering the two sides of the NAFTA debate. "Sometimes I think it's not so good."

Police say no charges to be filed for injuries to youth

COLORADO CITY, Texas (AP) - A couple who adopted five young children and assumed foster care for their five abused cousins committed suicide when one of the boys suffered critical injuries at home, authorities say.

Marie Lappe, 47, was found dead Wednesday morning in a bedroom of her home. Her husband, James R. Lappe, 57, died Monday morning of a self-inflicted gunshot wound, police said.

Police chief David Montgomery said Lappe was the only suspect in the injury to his 7-year-old foster son, listed in critical condition at Lubbock's Methodist Hospital.

State welfare workers had removed the boy's four siblings - as well as the five adopted children - from the home before Mrs. Lappe killed herself, Montgomery said. The children range from 6 months to 9 years old.

Montgomery said Lappe brought the boy to the Colorado City hospital late Sunday and told doctors the boy hurt his head in a fall down a staircase.

But the police chief said the child was injured after he ran laps on the stairs at home as punishment for fighting with a sibling.

"He had completed his assigned punishment and then they were downstairs talking to him about that," Montgomery said. "The wife went upstairs ... (and) the next thing the wife knew, he was carrying the boy upstairs unconscious."

Montgomery said that because the prime suspect killed himself, he did not expect any charges to be filed.

The Lappes had no criminal history or record of domestic problems, officials said. They moved from the Kilgore area about eight months ago, Montgomery said.

The foster children were sent to the Lappes following an investigation last summer into allegations of satanic practices and sexual abuse in Upshur County, Montgomery said. Eight people were indicted in the Northeast Texas case, he said.

An Upshur County caseworker had been in Colorado City, about 65 miles west of Abilene, recently for a routine check.

TEXAS LOTTERY

AUSTIN (AP) - Here are results of Lotto Texas winning numbers drawn Wednesday by the Texas Lottery:

1-5-8-12-27-36

Estimated Lotto Texas jackpot: \$3 million

PICK 3

TEXAS LOTTERY

AUSTIN (AP) - Here are results of Lotto Texas Pick 3 winning numbers drawn Wednesday by the Texas Lottery. In this order:

4-9-0
(four, nine, zero)



Clinic ribbon cutting

A ribbon was cut at the new Hereford Health Clinic on Wednesday by members of the Hereford Hustlers and clinic staffers. Joining the festivities were, from left, Bill Lyles, Aaron, Judy and Ron Brock, who is the physician assistant in the clinic; clinic nurse Teresa Pina; receptionist Evelyn Wells; Dr. Jesse Perales, the clinic physician, and his wife, Gilda; Claudia Smith; and Mike Carr. They were joined by other Hustlers and well-wishers as well. The clinic is located at 1011 E. Park Avenue.

Lifestyles

Scrapbooks designed by club members

Janet Cunningham of Plainview with Creative Memories met members of Toujours Amis Study Club recently at the Hereford State Bank to work on scrapbooks.

Cunningham recently gave a program to the club on new and creative ways to enhance family scrapbooks. Members used stickers, dye cuts, and scalloped edged scissors to create their own designs. They also shared memories of pictures.

Hostesses for the meeting were Leisa Lewis, Julia Laing and Donna West.

Members snacked on a tray of sweets and sandwiches. Those present were Rhonda Banner, Judy Barrett, Kim Bigham, Melinda Bridge, Patti Brown, Trish Brown, Kim Buckley, Tami Charest, Lisa Formby, Shanon Hagar, Tonja Horrell, Brenda Koenig, Leisa Lewis, Kyla McDowell, Elaine McNutt, Becky Reinart, Cindy Simons, Nena Veazey and Marsha Winget.

Centerpieces made by 4-H club members

Table centerpieces were made for the Hereford Care Center by members of the Little Peppers 4-H Club when the group met Nov. 8 at the Hereford Community Center.

During the business meeting, it was announced that the club's next regularly scheduled meeting is planned at 4:15 p.m. Dec. 13.

Hints from Heloise

Dear Heloise: One of the best hints I ever got from your mother (and there were many) was this one.

When you are making dumplings for stew, dip the spoon in the stew liquid first for each dumpling and then into the dumpling batter.

The batter will slide right off of the spoon instead of sticking to it. Works every time. — Judith McClintock, Colts Neck, N.J.

Recipe shortcuts are the greatest, and the ones that get passed on seem to be the best. I have compiled a terrific pamphlet chock-full of Mother's and my all-time favorite recipes. To receive a copy, please send \$2 and a long, self-addressed, stamped (52 cents) envelope to: Heloise/Recipe, PO Box 795001, San Antonio TX 78279-5001. — Heloise

Dear Heloise: You may have run this before, but it may bear repeating: We get a gallon-size plastic bag, empty the ice-cube trays and put the cubes in it, seal the bag up, put it in the freezer for when we need a lot of cubes, then fill the trays back up for later.

The cubes do not stick together and we have it made. — George and Norma Terry, Stamford, Texas



Bride-elect honored

A bridal shower was held for Ronda Fuston Nov. 6 in the home of Adelle Clements, 116 Oak St. The honoree and Brandon Ray plan to wed Dec. 31. Greeting guests were, from left, Emily and Sherry Fuston, the bride-elect's sisters; Mrs. J.A. Fuston, her grandmother; Joan Fuston, her mother; Ronda Fuston, the honoree; Becky Monning, the prospective bridegroom's sister; and Wanda Watson, the honoree's grandmother.

Ronda Fuston honored with bridal shower

Ronda Fuston, Dec. 31 bride-elect of Brandon Ray, was feted with a bridal shower Nov. 6 in the home of Adelle Clements, 116 Oak.

Guests were greeted by the honoree; her sisters, Emily and Sherry Fuston; her grandmothers, Mrs. J.A. Fuston and Wanda Watson; her mother, Joan Fuston; and the prospective bridegroom's sister, Becky Monning.

Alisa Hoelscher and Laura Kerr invited guests to register.

Robin Clements and Emily and Sherry Fuston served refreshments of blintzes, assorted breads, sausage balls, crispy bacon tidbits, sliced apples with dip, hot almond tea and coffee.

The serving table was covered with a Battenburg lace cloth and a hunter green underlay and was centered with an arrangement of white roses, pink edged lilies, baby's breath and greenery. Further enhancing the table were silver and crystal appointments, a silver tea service and small hunter green napkins.

The bride-elect was presented with an Oster Kitchen Center and a designer hand-painted canister set by

the hostesses: Pat Holcomb, Sue Sims, Betty Williams, Adelle Clements, Carlynn Delozier, Shirley Wilson, Linda Davis, Sheri Kerr, Pat Confer, Mary Bartlett, Barbara Allen, Jane Coplen, Carol Gage, Mary Parker, Reni Mason, Karen Abney, Diane Hoelscher, Carolyn Johnson, Judy Mitts and Shelia Thames.

CONYERS, Ga. (AP) — Howard Rollins, co-star of television's "In the Heat of the Night," is out of jail again.

A friend posted \$10,000 bond Monday for Rollins, who had been in jail since his arrest Saturday on a charge of driving under the influence.

The 42-year-old actor was arrested after his car was seen weaving in traffic, Police Chief Roland Vaughn said.

It was his fifth arrest in a year and a half for allegedly driving drunk, recklessly or too fast.

Rollins plays lawyer and former policeman Virgil Tibbs in the TV series, which is filmed in nearby Covington and stars Carroll O'Connor.

His character was reintroduced to the series just last week after an absence caused by Rollins' five-week jail term for a probation violation.

Christmas Festival set in San Antonio

SAN ANTONIO — Fiesta Texas will turn into a winter wonderland with more than 80,000 Christmas lights, 5,000 feet of garland, a 110-foot tall "tree of lights" and three musical productions during its expanded "A Lone Star Christmas" festival from Nov. 26 through Dec. 30.

Two new original Christmas musicals, "Home for the Holidays: A Texas Christmas Card," and "Rockin' Christmas Eve," add to the array of activities for the whole family at the festival. A returning favorite this year is the evening dinner production of "Uncle Scrooge's Christmas Banquet," in which audience members not only enjoy a Christmas feast, but become part of the cast in an interactive performance at the home of a reformed Ebenezer Scrooge. Other activities include ice skating at an outdoor rink, caroling, brass quintets, and Christmas shopping. A special Christmas laser and fireworks show is the grand finale.

Admission to the festival is \$12.95 for adults and \$8.95 for seniors and children 4 to 11. Admission to the festival and "Uncle Scrooge's Christmas Banquet" is \$34.95 for adults, \$30.95 for seniors, \$19.95 for children 4 to 11. Children under 4 are free.

Fiesta Texas' holiday festival runs Thursdays through Sundays from Nov.

26 through Dec. 12, and daily from Thursday, Dec. 16 through Thursday, Dec. 23. It resumes Sunday, Dec. 26, and continues through Wednesday, Dec. 30.

For specific performance and fireworks show times, or for more information on this Fiesta Texas special event, call 697-5000, or 1-800-473-4378 (outside San Antonio)

LOS ANGELES (AP) — A bankruptcy judge rejected Kim Basinger's newest plan to pay off her debts, saying it was vague and incomplete.

The "Batman" co-star declared bankruptcy in May after a jury ruled she owed the producers of "Boxing Helena" \$8.1 million for backing out of the starring role in the movie about a woman whose arms and legs are cut off.

"There has to be something more than, 'I'll pay you over three years, if I make any money,' because that's what you have right now," U.S. Bankruptcy Judge Geraldine Mund told the actress' lawyers at a hearing Tuesday. Miss Basinger did not attend.

The judge set a deadline of Jan. 6 for a new plan.

CHICAGO (AP) — Frank Stella says his sculpture is based on "Moby Dick." Some who pass it daily would like to harpoon it.

Some 625 workers at the Metcalfe Federal Building have signed a petition to have the whole thing carted away after only two months in the lobby.

The artist poured, bent, twisted, hammered, rolled, feathered and honeycombed masses of steel and aluminum to create the 22-foot-high piece, "The Town-Ho Story." In Melville's classic, "Town-Ho" was a whaling cry.

Lynn F. Da Cosse, fine arts officer for the government's General Services Administration, said Stella has a contract specifying that the piece can't be moved for five years.

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Nov. 13

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Sports

Spikers set to play in Vernon

Hereford's volleyball team and Justin Northwest will meet at 4 p.m. Saturday at Vernon High School for a trip to the state tournament.

Justin is a town located about 30 mile north of Fort Worth. Northwest, 31-7 after knocking off Dumas Tuesday, is the No. 1 team in Class 4A in the Baden/Texas Girls' Coaches Association Poll.

Hereford, 26-6 after putting down Granbury, is ranked eighth in the same poll.

The winner advances to the Class 4A State Volleyball Tournament, to be held Nov. 19-20.

A charter bus for Hereford fans will leave the Deaf Smith County Chamber of Commerce building at 10 a.m. Saturday. The 43 seats available cost \$28 each; reservations must be made and payments must be made by noon Friday at the Chamber.

Brownfield wins

Brownfield beat Sanford-Fritch 15-12, 15-13 in a Class 3A bi-district volleyball match played Tuesday in the Hereford High School gym.

Brownfield (16-12) will go on to face Springtown. Sanford-Fritch ends its season at 13-12.

FEARLESS FORECASTERS



Jay Peden
Sports Editor
Last week: 18-6-1
Season: 168-77-5, .606

Randall vs. Frenship
Pampa vs. Plainview
Happy vs. Sudan
Shallowater vs. Idalou
Coronado vs. Od. Permian
Monterey vs. Ab. Cooper
Amarillo Hl. vs. Midland Lee
Perryton vs. Tulia
Stratford vs. Wheeler
Spearman vs. Canadian
White Deer vs. Hart
Texas Tech at SMU
Louisville at Texas A&M
Cincinnati at Houston
Rice at Baylor
TCU at Texas
Florida St. at Notre Dame
Indiana at Ohio St.
Phoenix at Dallas
Houston at Cincinnati
Green Bay at New Orleans
Miami at Philadelphia
Kansas City at LA Raiders
Cleveland at Seattle
Minnesota at Denver

Speedy Nieman
Publisher
Last week: 18-6-1
Season: 171-74-5, .600

Frenship
Plainview
Sudan
Shallowater
Permian
Monterey
Lee
Perryton
Stratford
Canadian
Hart
Texas Tech
Texas A&M
Bears
Baylor
Texas
Florida St.
Ohio St.
Dallas
Oilers
New Orleans
Miami
Kansas City
Seattle
Denver

Fritz Backus
Booster Club President
Last week: 15-8-1
Season: 159-86-5, .640

Frenship
Plainview
Sudan
Idalou
Permian
Monterey
Lee
Perryton
Stratford
Canadian
Hart
Texas Tech
Texas A&M
Cougars
Baylor
Texas
Notre Dame
Ohio St.
Dallas
Oilers
New Orleans
Miami
Kansas City
Cleveland
Denver

Rick Castaneda
Press Foreman
Last week: 17-7-1
Season: 172-73-5, .702

Frenship
Plainview
Sudan
Shallowater
Permian
Monterey
Lee
Perryton
Stratford
Canadian
Hart
Texas Tech
Texas A&M
Cougars
Baylor
Texas
Florida St.
Ohio St.
Dallas
Oilers
New Orleans
Philadelphia
Raiders
Seattle
Denver

Garry Wesner
Managing Editor
Last week: 18-6-1
Season: 157-88-5, .641

Randall
Plainview
Sudan
Shallowater
Permian
Monterey
Lee
Perryton
Stratford
Spearman
Hart
Texas Tech
Texas A&M
Bears
Baylor
Texas
Florida St.
Ohio St.
Dallas
Oilers
New Orleans
Miami
Kansas City
Seattle
Denver

Randall favored in playoffs; Pampa is underdog to 'Dogs

When the high school football playoffs begin this weekend, Randall will be a slight favorite over Frenship while Pampa will be a huge underdog to Plainview, according to the Pigskin Prep ranking service.

Randall, at 8-2 the top team from District 1-4A, is favored by four points over Frenship (8-2). When they met earlier in the year, Frenship won 28-7 as Randall suffered seven turnovers.

They meet at 7:30 p.m. Friday in Plainview's Bulldog Stadium.

Despite the return of two starters who were suspended for one game,

Pampa (8-2) is a 27-point underdog to Plainview (10-0). The two teams also met earlier, with Plainview winning 14-8 in Plainview.

They meet at 7:30 Friday at Kimbrough Stadium (Buffalo Bowl) in Canyon.

In two games to be played this weekend in Hereford, Sudan (8-2) will be a 13-point favorite over Happy (9-1) at 7:30 p.m. Friday, and Littlefield (10-0) will be favored by 10 over River Road (9-1) at 7:30 Saturday. Both will be played in Whiteface Stadium.

Judge: Permian can play

By CHIP BROWN
Associated Press Writer
AUSTIN (AP) - A federal judge has signed a restraining order allowing perennial football power Odessa Permian to play in the first round of the state Class 5A playoffs.

The University Interscholastic League had ruled Wednesday that fourth-ranked Permian must forfeit all its district games for using an ineligible player. It was the second time in four years that Permian was barred from the playoffs.

About five hours after the latest UIL order, U.S. District Judge Harry Hudspeth of El Paso signed the

restraining order.

Ector County Independent School District attorneys filed the motion in the Midland court of U.S. District Judge Lucius Bunton. The judge said he was disqualified from the case because he is a former ECISD board member, so he passed the case to Hudspeth, who ruled late Wednesday.

Mediocre playoff teams look up to Trinity

DALLAS (AP) - Euleus Trinity proved last season that a team entering the playoffs without a winning record really can buck the odds and reach the state championship game.

The Trojans, who lasted through a 5-5 season before losing 52-0 to Converse Judson in the Division I finals, are now the role models for several teams.

Ten of this season's playoff teams have losing records and 18 others are 5-5.

In an interesting twist, Trinity (10-0) opens the playoffs against Fort Worth Paschal (3-7), one of four teams to reach the postseason with just three victories. The Panthers haven't played an 11th game in 29 years.

"We're sort of using Trinity's success from last year as inspiration for our team - and we have to open with them," said Paschal coach Steve Chevreux. "But, hey, we'll play anybody. We're just happy to be here."

Paschal comes to the postseason from District 7-5A, where every team was in the playoff hunt going into the final weekend. Paschal, the largest of

the top three finishers, is in the Division I bracket.

The district's Division II representatives are Fort Worth Dunbar (7-3) and Fort Worth Western Hills (6-4).

In keeping with the Trinity 1992 theme, Western Hills faces Fort Worth Haltom (4-6).

Haltom coach Carl Copeland has a unique view about what making the postseason means to his team.

"When we get to the quarterfinals, then we will have clinched a winning season," Copeland said. Going that far means winning three games.

The only game pitting non-winning teams is a Division II game between San Antonio Lee (3-7) and Seguin (5-5).

Of the 28 teams reaching the playoffs despite mediocre or losing records, 11 are in 5A. That can mostly be attributed to the two-tiered playoff formula that accepts the top three finishers from each district.

Regardless of what place a team finishes, the largest of the trio goes into Division I and the other two enter Division II.

Supporters of this system used since 1990 say more teen-agers are

given the opportunity to become state champions.

But opponents, armed with 3-7 records for playoff teams, maintain expansion waters down the quality of such titles.

The argument could pick up again in the off-season when the University Interscholastic League considers opening up the 4A playoffs to one more team per district.

TEAMS TO WATCH:

Undefeated defending champions Waxahachie and Southlake Carroll are obvious favorites for the Class 4A and 3A titles, respectively.

Dallas Carter, coming off a 55-14 whipping of then-No. 5 Dallas Kimball and armed with the No. 1 ranking, is the team to beat in 5A's Division II bracket.

And depending on Odessa Permian's off-field fate with the UIL regarding accusations the Panthers used an ineligible player, Converse Judson is either a heavy favorite or merely likely to return to the Division I title game. Permian was ruled ineligible for the playoffs Wednesday, was granted an injunction later Wednesday, and apparently will play Lubbock Coronado in a bi-district game Saturday.

There are some interesting matchups in Classes 2A and 1A as well, with 2A's top-ranked Boyd and perennial power Pilot Point, ranked third, squaring off in the same region.

But it's seldom when all things work out that way. There's usually

(See PREP, Page 5)

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Cold, flu symptoms can't stop Ewing, Malone

By The Associated Press

Patrick Ewing and Karl Malone both were feeling a little low. They made their opponents feel even worse.

The two 1992 Olympians, wheezing with cold or flu symptoms, bounced back Wednesday night from subpar games earlier in the week. Ewing had 28 points and 14 rebounds in the New York Knicks' 92-84 victory over Washington, while Malone had 26 points and 20 rebounds and scored eight points in the final two minutes of Utah's 91-88 decision over Atlanta.

"My last two games have probably been the worst I've ever had," said Malone, who missed 18 of his first 23 shots against the Hawks and was 7-for-21 in a loss to Seattle on Monday night. "But I don't shy away

from the ball. I'm not going to stop shooting because they're not going in. I'll either be the hero for the team or the goat."

Malone converted a three-point play with 1:21 left to put Utah ahead for good, 86-85, and his two free throws gave the Jazz an 88-85 lead with 28 seconds remaining.

"Karl made the big plays down the stretch and we did a good job defensively as a team," coach Jerry Sloan said. "I was concerned about Karl, knowing he was sick. I had to keep him out some of the second half and we got burned. Fortunately we fought back."

Elsewhere in the NBA, it was Boston 91, Philadelphia 89; Chicago 91, Milwaukee 90; Phoenix 101, San Antonio 93; and Sacramento 112, Los Angeles Lakers 101.

Mookie Blaylock led Atlanta with 21 points, and Dominique Wilkins scored 19. Jeff Malone scored 21 points for Utah.

Ewing scored only eight points Tuesday against Philadelphia, ending a string of 106 straight games in double figures.

Against the Bullets at Landover, Md., he scored 13 points in the third quarter when New York extended its 10-point halftime lead to 79-62. Washington got no closer than six points after that.

"I'm still not feeling well. I have the cold or the flu, whatever the heck it is," he said. "I was able to get some rest today, and it helped."

John Starks had 27 points for the Knicks, who never trailed in winning their fourth straight game without a loss.

Former Knick Kenny Walker came off the bench with 18 points and 14 rebounds for the Bullets. Charles Oakley had 19 rebounds for New York.

Kings 112, Lakers 101

Sacramento beat Los Angeles for only the sixth time in 41 meetings since the team moved from Kansas City to California.

Lionel Simmons scored 33 points - more than doubling his production from his first two games - for the host Kings.

James Worthy had 20 points in a reserve role and Vlade Divac had 18 points and 15 rebounds for the Lakers. Mitch Richmond scored 20 points for the Kings.

The Lakers trailed by as many as 23 points before closing to 95-88 on

a basket by Worthy with 5:55 left. But they could come no closer.

Suns 101, Spurs 93

Charles Barkley had 35 points and 20 rebounds and got both of his assists during a 9-0 fourth-quarter run that boosted Phoenix over visiting San Antonio.

The Spurs scored only nine points in the first 10:28 of the final period, which began with the Suns leading 78-73. In that span, the Suns opened a 98-82 lead.

David Robinson scored 32 points for the Spurs, and Dennis Rodman pulled down 25 rebounds without scoring a point.

Bulls 91, Bucks 90

Toni Kukoc hit a 3-pointer with 1.9 seconds left, lifting Chicago to victory at Milwaukee.

Two free throws by Brad Lohaus with 5.2 seconds left put the Bucks ahead 90-88. But after a timeout, Kukoc got the ball at the top of the key and sank the shot that gave the injury-depleted Bulls their third victory in four games.

Horace Grant led the Bulls with 20 points and Kukoc had 18 on 8-for-10 shooting. Blue Edwards led the Bucks with 21 points.

Celtics 91, 76ers 89

Sherman Douglas scored four of his 16 points in the final 1:27, lifting Boston to a win at Philadelphia.

Kevin Gamble and Xavier McDaniel each had 17 points for the Celtics, who won their third straight game after an opening loss. Jeff Hornacek had 26 points and Clarence Weatherspoon 23 for the 76ers, who lost their third straight after a season-opening victory.

PREP

about one team per class that clicks at the right time.

Here's six to keep an eye on: -A&M Consolidated won the 4A title in 1991 and finished second in 1992 and 1989. An opening-weekend loss dropped the Tigers in the poll, but they've rolled since. Coach Ross Rogers is a proven winner in the playoffs, even if he may have to get by Bay City, La Marque and/or West Orange-Stark. The bracket's survivor either will be well-tested or well-worn.

-New Braunfels Canyon could be one of the season's real sleepers. The Cougars posted an undefeated season behind the state's top 4A rusher Todd Mitchell (2,071 yards). Tough bracket foes are Austin Westlake, Corpus Christi Calallen, Waco University and fellow unnoticed, undefeated Edcouch-Elsa.

-East Texas watchers are very impressed by 3A Tatum and its twin 1,000-yard runners, Anthony Hodge and Travian Smith. The Eagles, making

their first 3A playoff appearance after being a 2A school, are the only undefeated team in their bracket.

-Troup would have to get past powerful Omaha Paul Hewitt and No. 2 Honey Grove to come out of its 2A region, but the Tigers may be able to do it behind punishing back Tony Kincaid and wide receiver Greg Austin, an all-state basketball player. Their explosive offense erupted for 46 points against Union Grove - in the second quarter alone. They finished with an

84-20 victory.

-Sudan has a good chance of returning to the 1A title game, even if the Hornets must get by former No. 1 Rankin, which was seasoned against three 2A teams. The Hornets outscored district opponents 261-0. They're playing Happy at 7:30 p.m. Friday in Hereford's Whiteface Stadium.

-Finally, here's an undefeated 2A team that's hard to pick against: Alto. The coach's name is Lucky Gamble.

Chicago's Thomas gets American League MVP

CHICAGO (AP) - After becoming just the eighth player unanimously voted American League Most Valuable Player, Frank Thomas talked about putting up even better numbers.

He had 112 walks in 1993, fourth-most in the league. He figures he might improve his offensive statistics by swinging at pitches outside the strike zone.

"I was very selective last year," Thomas said Wednesday after the voting was announced. "But probably .340 would be maximum for me, because I'm a home-run hitter, too."

Thomas hit .317, was second in the major leagues with 128 RBIs and set a club record with 41 homers. He easily beat out Toronto's Paul Molitor, who received 13 second-place votes in balloting by the Baseball Writers Association of America.

"I was really shocked I got all 28 votes," Thomas said. "I was like, 'Wow! There was no better way to win it.'"

The other unanimous winners of the AL MVP were Hank Greenberg (1935), Al Rosen (1953), Mickey Mantle (1956), Frank Robinson (1966), Denny McLain (1968), Reggie Jackson (1973) and Jose Canseco (1988).

AL batting champion John Olerud, Molitor's teammate, was third in voting, followed by Texas outfielder Juan Gonzalez. Seattle's Ken Griffey Jr. was fifth.

Thomas receives a \$100,000 bonus for winning. Molitor and Olerud received \$25,000 bonuses.

AREA HIGH SCHOOL FOOTBALL PLAYOFF GAMES

By The Associated Press
Texas High School Playoff Pairings
BI-DISTRICT
Class 5A Division I

Region I
El Paso Coronado (7-2) vs. El Paso Bel Air (6-3) Friday, 8:30 p.m., Coronado.

Lubbock Coronado (6-3) vs. Odessa Permian (8-0-1) Saturday, 2 p.m., Ratliff Stadium, Odessa.

Keller (9-0-10) vs. Grapevine (7-3) Friday, 6:30 p.m., Texas Stadium, Irving.

Fort Worth Paschal (3-7) vs. Euless Trinity (10-0) Saturday, 1 p.m., Texas Stadium, Irving.

Class 5A Division II

Region I
El Paso Irvin (8-2) vs. El Paso Riverside (8-2) 7:30 p.m., Friday, Sun Bowl, El Paso.

Lubbock Monterey (10-0) vs. Abilene Cooper (6-3-1) 7:30 p.m., Friday, Lowrey Field.

Cleburne (6-4) vs. Flower Mound Marcus (7-3) 7:30 p.m., Friday, Yellow Jacket Stadium, Cleburne.

FW Western Hills (6-4) vs. Fort Worth Haltom (4-6) 4 p.m., Saturday, Texas Stadium, Irving.

El Paso Bowie (7-3) vs. El Paso Eastwood (9-1) 7:30 p.m., Friday, Socorro HS, El Paso.

Amarillo (6-4) vs. Midland Lee (8-1-1) 2 p.m., Saturday, Jones Stadium, Lubbock.

Burleson (7-3) vs. Lewisville (9-0-1) 9:30 p.m., Friday, Texas Stadium, Irving.

Fort Worth Dunbar (7-3) vs. South Grand Prairie (5-5) 8 p.m., Saturday, Texas Stadium, Irving.

Class 4A

Region I
Canyon Randall (8-2) vs. Frenship (8-2) 7:30 p.m., Friday, Bulldog Stadium, Plainview.

Andrews (9-0) or Sweetwater (6-3) has a bye.

Wichita Falls (7-3) vs. Brownwood (8-2) 8 p.m., Friday, Clark Stadium, Fort Worth.

Fort Worth Eastern Hills, Fort Worth Arlington Heights or FW Carter-Riverside, has a bye.

Pampa (8-2) vs. Plainview (10-0) 7:30 p.m., Friday, Kimbrough Memorial Stadium, Canyon.

Andrews (9-0) or Sweetwater (6-3) has a bye.

Azle (7-3) vs. Stephenville (10-0) 1 p.m., Saturday, Farrington Field, Fort Worth.

Fort Worth Eastern Hills, Fort Worth Arlington Heights or FW Carter-Riverside, has a bye.

Class 3A

Region I
Perryton (9-1) vs. Tulia (5-5) 7:30 p.m., Friday, Bulldog Stadium, Borger.

Brownfield (6-3) vs. Graham (8-2) 8 p.m., Friday, Tiger Stadium, Snyder.

Alpine (9-1) vs. Kermit (6-4) 7:30 p.m., Friday, Kermit HS.

Ballinger (9-1) vs. Bridgeport (9-1) 8 p.m., Friday, Stephenville HS.

Amarillo River Road (9-1) vs. Littlefield (10-0) 7:30 p.m., Saturday, Whiteface Stadium, Hereford.

Slaton (7-1-1) vs. Vernon (8-2) 7:30 p.m., Friday, Tiger Stadium, Slaton.

Clint (7-2) vs. Reagan County (10-0) 8 p.m., Friday, Pecos HS.

Clyde (6-4) vs. Southlake Carroll (10-0) 8 p.m., Friday, Glen Rose HS.

Class 2A

Region I
Stratford (9-1) vs. Wheeler (5-4-1) 7:30 p.m., Friday, Sanford-Fritch

Springlake-Earth (9-0-1) vs. Post (7-2) 7:30 p.m., Friday, Lobo Stadium, Levelland.

Van Horn (5-4) vs. Ozona (7-3) 8 p.m., Friday, Ratliff Stadium, Odessa.

Hamlin (9-1) vs. Cisco (5-4-1) 7:30 p.m., Shotwell Stadium, Abilene.

Spearman (7-2) vs. Canadian (9-1) 7:30 p.m., Friday, Pampa.

Shallowater (7-0-2) vs. Idalou (8-1-1) 7:30 p.m., Saturday, Lowrey Field, Lubbock.

Marfa (4-5) vs. Wall (9-0) 8 p.m., Friday, Crane.

Jim Ned (8-2) vs. Goldthwaite (8-2) 7:30 p.m., Friday, Eastland.

Class A

Region I
White Deer (8-1-1) vs. Hart (9-1) 7:30 p.m., Friday, Canyon HS.

Munday (8-2), bye.

District 6 winner, bye.

District 8 runner-up, bye.

Happy (9-1) vs. Sudan (8-2) 7 p.m., Friday, Whiteface Stadium, Hereford.

Spur (8-2), bye.

District 6 runner-up, bye.

District 8 winner, bye.

Six-Man

Region I
Groom (8-1) vs. Chillicothe (7-2), TBA.

Groom.

Amherst (9-1) vs. Ropesville Ropes (7-2), TBA, Meadow.

Higgins (5-4) vs. Valley, 7:30 p.m. Friday, McClain.

Lazbuddie (8-2) vs. Smyer (9-1), 7:30 p.m. Friday, Lazbuddie.

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1992 Buick LeSabre \$13,900
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1989 Plymouth Voyager Black Cherry \$8,950

1992 Chrysler 5th Ave. \$15,900

1992 Dodge Shadow \$7,900

1993 Dodge Dynasty \$13,500



1987 Chevrolet Suburban \$7,400
4x4



1992 Pontiac Bonneville \$14,900
4 dr.



1993 Pontiac Transport \$15,900
white



1986 GMC Suburban \$5,400

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Clinton, others in eye of storm over S&L, real estate inquiries

By RON FOURNIER

Associated Press Writer

WASHINGTON (AP) - At first blush, Madison Guaranty is just another failed savings and loan, an overdrawn, overextended, undermined thrift attracting the prying eyes of federal investigators.

And if you didn't know better, Whitewater Development Corp. was nothing more than a creaky real estate company owned by two upwardly mobile couples hoping to profit in the rugged Ozark Mountains.

But there's much more to these two Arkansas ventures; there's a president and his wife, her law firm and law partners, a governor, a local judge, a U.S. attorney and a friendly state regulator.

Their paths have crossed in business and politics, in deals that are casting shadows from the Arkansas statehouse to Bill Clinton's White House.

At the center is James McDougal, an old Clinton friend and shrewd businessman who was an economic aide in Clinton's first term as Arkansas governor. McDougal and his wife, Susan, entered into a joint venture in 1978 with Clinton and his wife, Hillary.

Called Whitewater Development Corp., the company was established to develop land in the hills of northern Arkansas.

McDougal eventually left government and bought a small savings and loan association, later building Madison Guaranty into one of the largest state-chartered associations in Arkansas. The thrift failed in 1989, costing taxpayers about \$47 million. McDougal was acquitted in 1990 of charges related to the failure.

Federal investigators are looking into the failure of Madison and its dealings with Whitewater, including the possible improper use of depositors' funds for contributions to political campaigns.

In a few heady years between 1978 and the mid-1980s, the Clintons and

McDougal blurred the lines between the thrift, the real estate company, Mrs. Clinton's law firm and Bill Clinton's political career.

The players:

CLINTON

After losing his re-election bid for governor in 1980, Clinton did some legal work in Little Rock, Ark., then returned to office from 1983 to 1992.

In 1983, state regulators warned McDougal to stop making imprudent loans, and Clinton was advised of McDougal's practices. The next year, the Clintons took an illegal tax deduction on a Whitewater investment - a move they called an oversight after it was discovered during the presidential campaign.

Also in 1984, Clinton asked McDougal to throw some legal work Mrs. Clinton's way to help the Clintons out of a financial crunch, according to McDougal. "I hired Hillary because Bill came in whimpering they needed help," McDougal was quoted as saying in the Los Angeles Times. The White House said Clinton had nothing to do with McDougal hiring Mrs. Clinton.

Clinton asked McDougal in 1985 to raise enough money to retire some \$35,000 in Clinton campaign debts from 1984. At least \$12,000 of the money used to pay off debts is believed to have come from the Madison thrift, but Clinton aides said he did not know the source of money.

In December of the same year, Clinton helped McDougal get the state revenue office to move into vacant space in one of McDougal's buildings, the businessman told The New York Times.

Former Little Rock judge David Hale claimed recently that Clinton and Jim Guy Tucker - Arkansas' current governor and a former McDougal business partner - pressured him in 1986 to make a government-backed loan to McDougal's wife. Regulators believe McDougal then shifted the money to the Madison thrift and Whitewater to cover losses.

Hale, facing charges of defrauding the government, conceded he can't corroborate his accusations.

Responding to the new allegations, a testy Clinton told reporters, "We did nothing improper, and I have nothing to say about it."

MRS. CLINTON

A senior partner in the Rose law firm in Little Rock, she helped represent McDougal's money-starved thrift before the state Securities Department in 1985, trying to gain approval for capital-raising plans.

The requests were approved by Commissioner Beverly Bassett, who had been appointed by then-Gov. Clinton.

WEBB HUBBELL

Managing partner of Mrs. Clinton's firm, Hubbell was hired by the Federal Deposit Insurance Corp. in 1989 to sue Madison's auditors, trying to recover some of the \$47 million. The audits he challenged were the same ones used by Mrs. Clinton in 1985 to argue Madison's case to the state regulator.

Hubbell has removed himself from the Justice Department investigations into Madison.

VINCE FOSTER

Another Rose law partner, Foster represented McDougal in a matter involving Madison Bank, another McDougal holding.

Foster, who was deputy White House counsel and one of the Clintons' closest friends, killed himself in July.

PAULA CASEY

The U.S. attorney originally handling the investigation, Casey was appointed during the summer by Clinton.

She removed herself from the case last week, prompting the Justice Department to send a veteran fraud prosecutor to Little Rock.

BRUCE LINDSEY

An associate law partner of Clinton in the early 1980s, Lindsey was treasurer of Clinton's gubernatorial races, and handled the contributions from McDougal. He is now a senior White House aide who has acted as a Clinton spokesman on the investigations.

Puerto Ricans to go to polls Sunday to debate statehood

By DAVID BEARD

Associated Press Writer

SAN JUAN, Puerto Rico (AP) - Fear is dominating the first campaign in 26 years to determine whether Puerto Rico prefers to retain its U.S. commonwealth status, gain independence or become the 51st state.

Television ads tell the 3.8 million Puerto Ricans they could lose their homes through increased taxes if they vote Sunday for statehood, or risk losing their U.S. citizenship if they don't do so.

Playing on fear plays well in Puerto Rico. Despite having a per capita income much lower than that of the 50 states, the Spanish-speaking territory is the envy of its Caribbean and Latin American neighbors, with an economy that has multiplied 20 times since achieving commonwealth status in 1952.

The chief pitchmen in the negative TV campaigns are Americans: Former Presidents Ford, Reagan and Bush and Democratic Sen. Paul Simon for statehood; Sen. Edward Kennedy for commonwealth.

Although the vote is non-binding, President Clinton has said he would respect the right of Puerto Ricans to choose their own future, which has been tied to Washington since the Spanish-speaking Caribbean island was seized as war booty from Spain

in 1898.

The race is being closely watched by District of Columbia residents, also in line for statehood, the 2.6 million Puerto Ricans living in the continental United States and others among the nation's 22 million Latinos, who would find their political power increased by two U.S. senators and at least six representatives if Puerto Rico gained statehood.

In 1951, commonwealth took 76 percent of the vote and in 1967, the last plebiscite, it gained 67 percent. But in recent years statehood has gained popularity, accentuated by Gov. Pedro Rossello's landslide victory in November.

Pollsters say the latest race is too close to pick between statehood and commonwealth. Independence is predicted to receive fewer than 60,000 of the registered 1.2 million voters.

"The young people here don't want to live the way we've lived for 90 years. We live in a world where we are not owners of our destiny," said former Gov. Luis Ferre, the 89-year-old patriarch of the statehood movement.

Sitting in the suburban office of his cement company, surrounded by gold-framed 17th century Italian and French paintings, Ferre said statehood

would bring Puerto Ricans equality with other Americans. "Right now, Congress can dispose of us the same way it disposed of the Philippines," he said.

But commonwealth supporters say the same threat, expressed in the ads with Sen. Simon, reflects ignorance of Puerto Rico's current status and the lack of any attempt to revoke U.S. citizenship since it was extended to islanders in 1917.

In the ads, Simon says commonwealth "really means second-class citizenship and that (citizenship) could disappear eventually."

The ad could make the difference in the race, acknowledges commonwealth supporters. More than half of Puerto Ricans receive some form of federal assistance, and threats to U.S. ties mean a possible halt to monthly paychecks.

But commonwealth adviser Jose Berrocal says statehood would destroy beneficial tax breaks, double Puerto Ricans' tax burden and lead to mass layoffs in the private sector and in the island's No. 1 employer, Puerto Rico's government. He said the main benefit sold by statehooders is increased federal welfare benefits, an issue that will not play well if the U.S. Congress is forced to seriously consider allowing Puerto Rico to join their club.

Transcript shows Hoffa wanted to travel to Vietnam in 1972

WASHINGTON (AP) - A little-known story of the Vietnam War was an attempt by former Teamster boss Jimmy Hoffa to go to Hanoi to negotiate the release of American prisoners. The effort was shot down at the Paris peace talks by none other than Henry Kissinger.

"The problem is that he is under sentence and may not leave Detroit, much less America, except under special permission," Kissinger told Le Duc Tho, special adviser to the North Vietnam delegation on July 19, 1972. "We would have to pardon him for him to go to Hanoi."

Despite that, Kissinger said, the United States would permit the trip "only if you said you would release prisoners to him. And then it would be an interesting question why you would release prisoners to someone who is under sentence in the United States."

At this point, a transcript shows, Tho laughed. "We don't know the

curriculum vitae of Mr. Hoffa," he said. "We know only that he is a trade unionist."

"Formerly," said Kissinger. At the time, Kissinger was Richard Nixon's national security adviser and the chief negotiator at the peace talks, which he began in secret.

The transcript was among 4,300 pages of documents opened to public view Wednesday by the National Archives and Records Administration in line with an executive order issued by President Bush last year. The materials all relate to prisoners of war and missing-in-action issues.

Hoffa was given a Christmas commutation by Nixon in 1971 after serving 57 months of a 13-year sentence for jury tampering and mail fraud. Hoffa disappeared in 1975 and is believed to be dead, although his body has not been found.

Hoffa's attempt to negotiate a prisoner release was a three-day sensation when it became known in

September 1972. William L. Taub of New York, who claimed to represent Hoffa, said Kissinger had approved Hoffa's plans in early July at a meeting at San Clemente, Calif., attended by Hoffa and Taub.

"We have been harassed by a Mr. Taub who is a lawyer for Mr. Hoffa," Kissinger told Tho. "He (Hoffa) is a convict, he has just been in a penitentiary and is on probation. Therefore he is still under sentence. I cannot believe you would have us release a convict in order to release prisoners to him."

Kissinger told Tho "there is no one in America who has any respect for him. And you are free to do what you want. If you want to release some prisoners to Hoffa, that is your privilege."

Tho replied that Hoffa's trip "will be decided by the responsible services in my country ... but I believe there will be no transfer of prisoners."

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Ask Dr. Lamb

DEAR DR. LAMB: Recently my husband and I were baby-sitting our two granddaughters. First one came down with the chickenpox, and two weeks later, the other one. We were around them in the "catching" stage and on through to the end when the scabs started disappearing. We are both in our middle 60s and both have had chickenpox when we were children.

Each of us had one scale-like sore break out on our face: mine on the forehead and his under his nose. Since that time, both have disappeared. Is it possible that we did have a small outbreak of the chickenpox after all these years? Mine itched, but his did not.

DEAR READER: There are so many things that can cause a scab or scaly sore that it is impossible to say what you had. It is true that the chickenpox virus may be dormant in the body for years after a childhood infection. Activation, often late in life, of that same virus is what causes shingles. So both you and your husband would be thought to still have the virus from childhood, which could be activated.

If the lesion you mention was related to the event, it would have been a very minor manifestation of herpes zoster (shingles) and both of you were quite lucky. Some authorities do believe that exposure to someone with chickenpox or shingles may activate the dormant chickenpox virus and cause shingles. But that is not established. In one study reported in the medical journal *Lancet*, November 16, 1985, the difficulty was apparent, since all the individuals who were exposed, also had other preceding illnesses or injuries that could have been the real factor in activating the virus. Or there were findings which indicated that these individuals had less immune protection and were susceptible anyway to an attack.

I'm sending you Special Report 118, Shingles: The Chickenpox Disease, to explain what is and is not contagious. Others who want this report can send \$3 with a stamped (52 cents), self-addressed, No. 10 envelope for it to THE HEALTH LETTER/118, P.O. Box 5537, Riverton, NJ 08077-5537. Children who have not had the chickenpox may get it from a person who has the shingles when they are in the blister stage. After the blisters are converted to scabs, there are no live viruses free and that individual is no longer contagious.

DEAR DR. LAMB: What causes puffiness around the eyes? I'm in my 50s and notice the puffy eyelids, particularly if I sleep later in the morning. Sometimes they stay all day. How come? What can I do to avoid this?

DEAR READER: If you mean "bags under the eyes" that many people have, particularly as they get older, those are from small pillows of fat. There is really nothing that can be done about that problem except surgery to remove the fat pad.

The other form of puffiness, which your letter suggests you have, is from

fluid in the very loose elastic skin around the eyes. It is made worse at night because you are lying more or less flat, which allows more pressure in the circulation in the head. It is analogous to swelling of the feet and ankles during the day, when you are sitting up. Unlike fat pads, it comes and goes. Any of the many reasons for retaining water may cause it, including kidney disease. If you slept sitting upright, you probably wouldn't have it. But the question is, why would you retain fluid? You would need to see your doctor to see if there were any important reasons. It could be a form of allergy. More persistent puffiness can also occur from a severe low thyroid condition.

DEAR DR. LAMB: I am writing about my 24-year-old daughter. About a year ago I noticed a change in her personality. Before that, she was an energetic, outgoing young woman who seemed to love life and people. She was slim and attractive. I always considered her to be very bright. She seemed to be perfectly healthy, had a good appetite and was physically active.

She began to slow down markedly and stopped showing so much interest in people. I noticed she wasn't eating like she used to and I thought that was because she was no longer exercising so much. Then she began to gain weight. She wasn't grossly overweight, but she was on the plump side. I learned that she was concerned about her periods which were often scant or absent. I got her to see a doctor and he found that she had very low thyroid function.

He put her on thyroid hormone and she started to improve. Her appetite returned and her weight went down. She was active again and wasn't the dull person she had seemed to be a few months ago. Will she always have to take thyroid hormone? Will her low thyroid function keep her from having a family? I would like to know as much as possible about this disease.

DEAR READER: Those are rather common changes that occur with hypothyroidism. The thyroid hormone is essential for the function of all the cells of the body. It affects the level of cell metabolism and release of energy from nutrients so your cells can function.

In others, the skin may become oily and appears thicker. The hair also is more coarse. There is an "inward nervousness," and they have poor tolerance to cold. That is a reflection of decreased metabolism to release calories of heat. Constipation is a symptom, and as the condition advances, mental changes may occur. In advanced states, this is "myxedema madness." The mental confusion and mental slowing in the older person may lead to the mistaken diagnosis of Alzheimer's disease.

As you requested, I'm sending you Special Issue 32-04, Your Thyroid Gland. Others who want this issue can send \$3 with a stamped (52 cents), self-addressed, No. 10 envelope for it to THE HEALTH LETTER/32-04,

P.O. Box 5537, Riverton, NJ 08077-5537.

Yes, thyroid replacement, when needed, is for life. The amount may need to be adjusted depending on further changes in thyroid function. With adequate replacement, she should have a completely normal life and can have a family.

DEAR DR. LAMB: I am a 36-year-old female who has had uveitis for over 10 years. Three years ago, I was told I have ankylosing spondylitis. I thought that this affected men and not women. I have five older brothers and none of them have it. So why or what could cause me to have it so bad? I also now have it in the chest area, in which it acts like a heart attack.

DEAR READER: As you know this is a special form of inflammatory arthritis. Its most characteristic feature is the changes in the spine, that can cause it to be fused into a "poker spine."

Even some doctors still think this is a disease of men, but more recent population studies show that for every five men with it, there are two women who have it. It definitely is not just a disease of men. Hereditary factors play an important role, and like many genes, what you inherit is a gamble. The uveitis or eye problem you mention is a common feature in many cases. As in rheumatoid arthritis, the joint changes the arthritis are only one feature of the disease.

DEAR DR. LAMB: My 42-year-old son developed excessive thirst almost overnight and several weeks later was diagnosed as diabetes insipidus. He is taking the nose spray from the pituitary glands of slaughtered animals, but this doesn't last all day. He still drinks excessive liquids.

An X-ray showed no tumor. This is a rare disease and no one has heard of it. He did have a severe blow to the mouth and head a few weeks before this happened. We have heard a head injury can cause this disease.

DEAR READER: This is not the same thing as sugar diabetes (diabetes mellitus) and is unrelated to blood glucose. It is a defect usually in the pituitary gland under the brain or a defect of the kidney. Your pituitary produces a hormone (antidiuretic hormone: ADH) that enables the kidneys to reabsorb water. When it is absent, the kidneys simply pour out water, causing dehydration. That leads to the marked thirst and large fluid intake.

Yes, a head injury can cause it. So can a tumor of the pituitary gland or local damage for other reasons.

Nasal sprays have undergone some evolution. The older ones do have a short duration of action and may cause irritation of the nose. Today the most commonly used nasal spray is a synthetic analogue, vasopressin (dDAVP), which is not from animals and may last from eight to 20 hours. By adjusting the time and amount of administration, most cases can be managed satisfactorily.



Public invited to bazaar

An abundance of arts, crafts and baked goods will be featured at the Westway Annual Christmas Bazaar Saturday. The event is scheduled from 9 a.m. until 5 p.m. at the Hereford Community Center. Christmas stockings of all shapes and sizes will be sold by Xi Epsilon Alpha Chapter of Beta Sigma Phi Sorority with all proceeds used to benefit the community. Displaying some of the stockings are chapter members, Ruby Lee (seated), and Linda Arellano, Melinda Whitfill and Carol Kelley (standing from left).

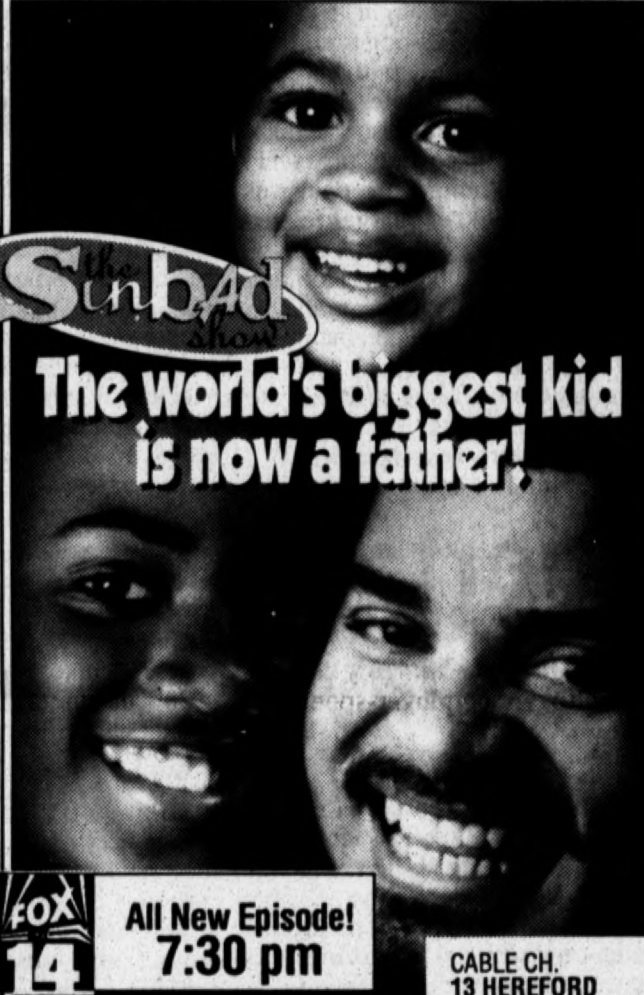
A 1977 flash flood hit Johnstown, Pa., killing 80 people and causing \$350 million damage.

Cold and sinus remedies account for about 60 feet of shelf space in an average drug store.

Virtually all new strains of flu arise in China and are harbored in pigs and ducks.

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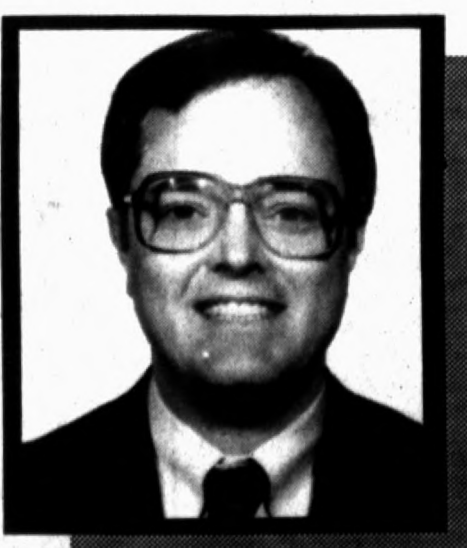
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*Private practice, Houston, 16 years

*Author of several scholarly articles and reviews:

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Worldwide Armistice Day celebrations held

By PATRICK McDOWELL
Associated Press Writer

PARIS (AP) - Before a dwindling contingent of survivors, the nations that lost millions of soldiers in World War I marked the 75th anniversary today of the armistice that silenced the guns and ended the carnage.

From a visit by Prime Minister Edouard Balladur to Armistice Clearing, France, where the truce was signed, to wreath-layings outside Washington and elsewhere, ceremonies were somber and subdued.

Few veterans were expected to attend the Armistice Day ceremonies.

Of the tens of millions of World War I soldiers, perhaps 10,000 are still alive. The youngest are in their 90s.

American veterans groups say no trips to former battlefields in France were organized for former dough-boys, few of whom could withstand the rigors of a trans-Atlantic flight.

Church bells pealed across Paris as President Francois Mitterrand knelt and laid a wreath at the Arc de Triomphe, where France's unknown soldier is buried, at the symbolic hour of 11 a.m. when fighting stopped on Nov. 11, 1918.

Across the English Channel,

Queen Mother Elizabeth passed through a field of tiny crosses at Westminster Abbey erected every year in memory of the war dead. She wore black and chatted with a few veterans, some more than 100 years old.

King Albert II of Belgium - where the war began in 1914 with Germany's invasion - visited the Tomb of the Unknown Soldier in Brussels.

President Clinton laid a wreath at the Tomb of the Unknowns in Arlington National Cemetery today to mark Veterans Day in the United

States.

On his first Veterans Day as commander-in-chief, Clinton paid homage to America's soldiers and said their service proves that the nation can't always "stay home and mind our own business."

Clinton, speaking to leaders of veterans groups and 18 soldiers involved in the October firefight in Somalia, said, "We honor you, we won't forget you and we are grateful for the security you provided all of us."

In Australia, Prime Minister Paul Keating served as a pall bearer today

to lay to rest an unknown Australian soldier whose remains were repatriated last week from the Somme, France - one of World War I's bloodiest battlefields.

"I saw so many ghosts of my friends," said Maj. Stephen McKenzie, 99, one of 14 World War I veterans on hand.

An estimated 35,000 people lined the streets of Canberra, the national capital, as its coffin was taken by gun carriage from the old Parliament House, where it had lain in state, to the Australian War Memorial for entombment.

In Paris, Jean-Michel Normand, 67, was among those lining the Champs-Elysees as a cavalry honor guard trooped by.

"My father fought at Verdun," Normand said. "Three times in one day, he was buried under earth from shell explosions. There's ground out there that's just a mixture of dirt and flesh."

Normand laments that a war in which 12 million people died is being forgotten. "When you talk to young people, half of them don't know what this is about," he said. "They think it's a work holiday."

Female Vietnam vet plans to visit Women's Memorial

By RICK SMITH

San Angelo Standard-Times
SAN ANGELO, Texas (AP) - In August 1992, more than 20 years after she served a yearlong tour as an Army nurse in a Vietnam evacuation hospital, Ann Lee visited the The Wall at the Vietnam Veterans Memorial in Washington.

It was Lee's first trip to the memorial, which contains the names of U.S. military personnel killed in Vietnam.

"I put it off for a long time," said Lee, director of the Medical-Surgical Division at Shannon Medical Center. "A friend of mine, another Vietnam

vet, had never seen it either. I just told him, 'It's time to go. It's time to do it.'"

She spent three hours at the wall and left behind the following poem, a poem she had written beforehand:

Oh, God!! Why can't I remember their names???

I stand before these black marble panels

And I know,
Everyone on these panels in front of me died in 1969.

And I know,
I touched so many of them as they died.

And I know,

Each one took a small part of me with them when they died.

And I know,
I tried to protect myself by not learning their names.

And I know,
I can never forget them even though I can't remember their names.

And I know,
That's OK. It is enough to know I was there to care for them and be there for them.

And I know,
That's what being a nurse is all about.

Oh, God!! You know who they are. Tell them that they will always be a part of me and I hold them in my heart of hearts.

"I had this need to put some stuff on paper," Lee said. "I hadn't really dealt with my feelings about Vietnam before. Putting that on paper did more for me than anything."

Lee will return to The Wall this week for the dedication of the Vietnam Women's Memorial. Another Vietnam nurse, Linda Knightstep, will accompany Lee. Knightstep is director of Critical Care at Shannon.

The week of ceremonies, marches and reunions will be an emotional time for the Vietnam veterans, Lee predicted. "Maybe we'll cry now," said Lee.

"You didn't cry over there. I don't know - maybe we thought we were supposed to be stoic. Or maybe there just wasn't time."

Lee began her Vietnam tour in 1969 as head nurse in an intensive care unit with the 312th Evacuation Hospital in Chu Lai. She later served as head nurse in the emergency room in the 91st Evac.

Helicopters brought soldiers directly from the field to the evac hospitals - often around the clock.

"In the emergency room, I estimate we saw 200 to 300 boys a day," she said. "It was just constant most of the time."

She remembers the constant struggle to save lives.

"Sometimes in the pre-op, a holding area where we got them ready for surgery, there was a 24-hour backlog. The docs were operating round-the-clock. The nurses and medics were doing a lot of the local stuff."

"It was nightmarish. Not so much at the time it was happening, but later. When it was happening, we were so busy that we didn't think in those terms."

Some of her memories from that year are very bad.

She remembers a young soldier, unconscious with a bad head injury. "His tracheotomy eroded a major artery in his neck, and it was pumping blood. There was nothing we could

do. We stood there and watched him bleed to death. We stood there totally helpless while he died."

She remembers early one June morning when enemy mortar fire fell on the hospital, ripping through a nearby Quonset hut, killing another nurse.

"I was going with a Marine pilot at the time. He called me later, and I remember yelling, 'They were aiming at us! They meant to do this!' I was really upset. He said, 'Wait a minute! Who do you think you are? When you put on that green uniform, you accept the risks. You're a soldier, this is war, and, yeah, they were aiming at you. That comes with it.'"

She remembers the camaraderie. "Those were some of the most intense relationships of my life. You made surrogate families. We parted, we played games, we joked. That's what got us through it."

At the end of her yearlong tour, Lee said she remembers feeling guilty. "It was very difficult to leave. I felt like

I was letting down the people I was working with.

"I remember that on the way to Vietnam, we parted all the way over on the 23-hour flight from San Francisco.

"But, on the way back, all you were was tired. All I remember about that trip was how tired I was. On the way back, when the plane left the ground and pulled up the wheels, everyone cheered real quickly. Then we were quiet. You either slept or sat there in a stupor. It was so quiet."

Despite the pain that the year in Vietnam caused her, Lee said she would do it again.

"I would go back," she said. "I never felt involved in the political part of Vietnam. I didn't care if it was morally right or wrong. But there were still guys getting hurt, getting killed. You were so attached to the fact that you were there for them that nothing else mattered. We were there for them."

Lee said the dedication of the Vietnam Women's Memorial may help

her - and other veterans - find an end to the long journey home from Vietnam.

"Medical people who were there are just now really dealing with Vietnam," she said. "When you're a nurse or doctor, you're taught early on to distance yourself in order to survive, and that's what you do."

For Lee, that meant forgetting the names of the people she knew during that long-ago year.

"I don't remember their names," she said. "For a long time, I thought that was something strange about me, then I talked to other nurses who are veterans. I found out nobody remembers names."

"Maybe that's because we got through that time by distancing ourselves, by building walls."

"Maybe this monument will bring us all back together, to reunite. To remember together."

"It's taken 20 years to get here, to deal with this."

"Maybe now we can tear those walls down."



Investment Strategies

By Martha Whitehead
Texas State Treasurer

Editor's Note: Texas State Treasurer Martha Whitehead addresses various issues related to personal finance and state government. However, these views are not intended to replace the advice of reputable financial advisers or other professional counselors.

Q. I am 32 years old and was recently laid off from my job with a major computer firm. I had been working there for 6 years and was planning for the future by contributing to an employer-sponsored qualified plan. I landed a job with another company and am unsure about what to do with the money that is in my plan. What are my options?

A. Since you have not reached retirement age, you have two choices regarding your retirement plan - you may have all or part of the taxable portion of your refund either paid in a direct rollover or paid to you. The choice you make will effect the amount you owe in taxes and penalties.

If you choose the first option, a direct rollover, your taxable refund will be made directly to your new employer's plan if they accept rollovers, or to an Individual Retirement Arrangement (IRA). The advantage of a direct rollover is that your taxable refund will not be taxed and no income tax will be withheld.

If you decide you want to have your payment made as a direct rollover to your new employer's plan, you will need to ask the plan administrator if they will accept it. They are not required by law to accept your rollover and, if they do not, you may wish to open an IRA to receive the direct roll-

over. You will need to contact an IRA sponsor, such as a bank, trust company or brokerage firm, to find out how to proceed.

Your other option is to have all or part of your taxable refund paid directly to you. The advantage of this option is that you have the money available to you immediately; however, there are a number of complex tax rules that might apply to your payment if you do not roll it over. These include, but are not limited to, a 20% income tax withholding and an additional 10% tax since you would be receiving the taxable refund before reaching age 59 1/2.

There are a number of conditions and exceptions that you should consider before deciding if you want your plan benefits paid directly to you. Therefore, I strongly suggest you contact a professional tax advisor before you take a payment from your plan. You may also obtain information on the tax treatment of payments from qualified retirement plans in IRS Publication 575, Pension and Annuity Income, and IRS Publication 590, Individual Retirement Arrangements. To obtain a copy of these publications, contact your local IRS office or dial 1-800-TAX-FORMS.

If you have a question, write Investment Strategies, Texas State Treasury, Communications Division, P.O. Box 12608, Austin, Texas, 78711.

Birthdays, special days, a year-around remembrance? Send them The Hereford Brand, a gift that reminds the recipient of your love and concern about 255 times a year!

Hereford

MARKETPLACE

Insured Certificates of Deposit

3 Year 4.40% Simple Interest** 4.219% APY* \$5,000 minimum deposit	5 Year 5.10% Simple Interest** 4.647% APY* \$5,000 minimum deposit
---	---

**Federally insured up to \$100,000. CDs available from institutions nationwide. Issuer information available on request. May be subject to interest penalty for early withdrawal. Effective 11-11-93. Subject to availability. *Annual Percentage Yield

IKE STEVENS • 508 S. 25 MILE AVE. • (806)364-0041 • 1-800-755-4104

Edward D. Jones & Co.®

Member New York Stock Exchange, Inc. and Securities Protection Corporation.

IS BUSINESS SLOW?

MARKETPLACE is the answer!

364-2030

Call the Hereford Brand.

A competitive alternative to your current link with the outside business world!

Services, Inc.

A Fully Owned Subsidiary of West Texas Rural Telephone • (1st Block North of W.T.R.T.) 364-7311

Shop these Hereford merchants for terrific value!

AUTO SALES & FINANCE

SOMETIMES BAD THINGS HAPPEN TO GOOD PEOPLE

☒ NO CREDIT

☒ BAD CREDIT

☒ BANKRUPTCY

☒ DIVORCED

☒ REPOSSESSION

☒ NO CO-SIGNER

☒ COLLECTION ACCOUNTS

☒ CHARGE OFFS

☒ TAX LIENS

We Understand & We Can Help!

We Have A BETTER WAY

AUTO SALES & FINANCE

If you have a job, a valid driver's license and can make a down payment...

You can get the credit you deserve to buy the car you need!

Always a good selection of cars & trucks to choose from!

1988 Chevrolet Celebrity

1988 Mitsubishi

1985 Nissan Pickup

1988 Chevrolet Celebrity Station Wagon

801 W. 1st • Hereford • 364-3672

Classifieds

Call Janey Allmon at the Hereford Brand, 364-2030, or come by 313 N. Lee, to place your classified advertising. We reach thousands every day!

The Hereford Brand
Since 1901
Want Ads Do It All!
You Want It.
You Got It!
CLASSIFIEDS
364-2030
Fax: 364-8364,
313 N. Lee

CLASSIFIED ADS

Classified advertising rates are based on 15 cents a word for first insertion (\$3.00 minimum), and 11 cents for second publication and thereafter. Rates below are based on consecutive issues, no copy change, straight word ads.

TIMES	RATE	MIN
1 day per word	15	3.00
2 days per word	26	5.20
3 days per word	37	7.40
4 days per word	48	9.60
5 days per word	59	11.80

CLASSIFIED DISPLAY

Classified display rates apply to all other ads not set in solid word lines—those with captions, bold or larger type, special paragraphing, all capital letters. Rates are 4.35 per column inch; 3.65 an inch for consecutive additional insertions.

LEGALS

Ad rates for legal notices are same as for classified display.

ERRORS

Every effort is made to avoid errors in word ads and legal notice. Advertisers should call attention to any errors immediately after the first insertion. We will not be responsible for more than one incorrect insertion. In case of errors by the publishers an additional insertion will be published.

1. ARTICLES FOR SALE

We Buy Furniture, Appliances, TV's, and almost anything else.
Call or Come By
Trash & Treasures
Second Hand Store
143 N. Main-364-8022

OPENING SOON
Hereford Mercantile
Antiques & Crafts
127 N. Main
Booth Spaces Available
Call 578-4369 or
364-4541

Repossessed Kirby & Compact Vacuum. Other name brands \$39 & up. Sales & repair on all makes in your home. 364-4288. 18874

The Roads of Texas and The Roads of New Mexico are for sale at The Hereford Brand in book form. \$12.95 each, plus tax. Discover roads you never knew were there. Hereford Brand, 313 N. Lee. 24757

Bahama Cruise! 5 days/4 nights, underbooked! Must Sell! \$279/couple. Limited Tickets. (407)767-8100 ext. 2050 Mon-Sat. 9am-10pm. 25395

Glass table with 4 chairs, excellent condition, like new, \$375 or offer, 364-8575. 25399

For sale: Queen size mattress and box springs, \$75. See at 116 Ironwood. 25414

Copy Machine, Harris, 3M, 6010, copier like new, supplies included. 364-3161. 25421

Carousel Freestanding Fireplace, Harvest Gold with vent pipe, good condition. \$350. 578-4549. 25432

For Sale, King Size Waterbed Mattress, motionless, \$200, 364-5951 after 7 pm. 25438

Thanks to all who came to our Christmas open house. If you saw something you'd like to find under your Christmas tree be sure to list your preferences in our gift registry. In addition to our regular hours, we will be open evenings by appointment until Christmas Eve. Please call 364-0323 for your appointment.
The Gift Garden
(In Merle Norman Cosmetics) 220 N. Main

For Engine Tune Ups And Overhauls, Automatic Transmission, Computer Ignitions, Brake Jobs, Oil Change, Wash Jobs.
Call A Alignment Shop
301 E. 1st 364-6637

1A. GARAGE SALES

Lions Club Garage Sale Saturday 7 a.m.-6 p.m. Everything 1/2 price - 731 North Main-Old Sears Building-Cotton Candy \$1.00.

Garage Sale - Lots of everything, 225 Aspen, Friday 4p.m.-9p.m./Saturday 8a.m.-1p.m. 25439

Garage Sale 341 Elm Friday, Saturday 8-7 Bedroom Furniture, computer w printer, bathroom heat lamp, infant carrier, lots of misc., headache rack. 25442

GARAGE SALE
1st United Methodist Youth
225 Aspen
Friday, Nov. 12
4p.m.-9p.m.
Sat., Nov. 13-8a.m.-1p.m.

3. VEHICLES FOR SALE

MUFFLER SHOP
CROFFORD AUTOMOTIVE
Free Estimates
For All Your Exhaust Needs
Call: 364-7650

'79 Dodge Conversion Maxi Van, \$2995.00 Gene Brownlow, 276-5887. 25341

1984 Chevy 4x4 pickup, automatic transmission, air conditioning, power windows & locks, good tires, \$2500.00. Call after 6 p.m. 364-5878. 25419

Two wheel trailer. GMC pickup box with canopy, lights & spare, \$250.00. 364-1775. 210 Ave. I 25420

'84 Suburban Rebuilt motor white power, air, electric windows, excellent condition. \$4350.00. 364-7029. 25429

4. REAL ESTATE

Nice 3 bedroom home with 2 rental apartments for sale. Excellent rental property. Call 364-1817 or 655-0092, \$35,000.00. 24858

For sale: 10 acres of land 1 1/2 miles Northwest of Westway Community. \$2,000 down \$141.22 per month. Contact J.L. Marcum at 364-0990 or residence 364-4125. 25329

By Owner: Very nice 3 bed., 1 3/4 baths, utility room, builtin appliances, ready to move into. 364-8440. 25375

Beautiful enclosed swimming pool. Very nice home with all the extras on Douglas. Call Realtor, 364-0153. 25412

Attention Veterans! No down payment. Large home on Ranger. Call Realtor, 364-0153. 25413

New 16x80 3 bedroom 2 bath, \$207 per month. 1-800-260-7481. 25415

A new 14 wide 3 bedroom 2 bath, \$177 per month. 1-800-260-7481 25416

Ten new 16 wide starting at \$167 per month. 1-800-2607481 25417

A used 2 bedroom 1 bath with fireplace, \$115 monthly. 1-800-260-7481 25418

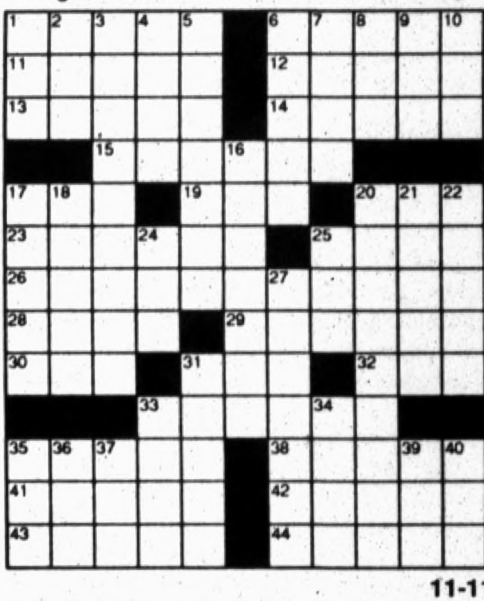
CROSSWORD

by THOMAS JOSEPH

ACROSS
1 Paris subway
6 Wise men
11 Get — (calm down)
12 Scent
13 Highway
14 Illuminated
15 Fixed
17 Pinnacle
19 Fortify
20 Was in session
23 Portugal's place
25 Cab customer
26 "Robo-cop" star
28 Previously owned
29 Christian of "True Romance"
30 For each
31 Actor Gerard
32 Tissue layer
33 Dog
35 Attacks
38 Noggins
41 San Antonio landmark
42 Hex
43 Kitchen appliance
44 Ahead of time
DOWN
1 Damage
2 Conceit

SPADE SELF
PERIL WAVER
OASES AGAVE
ONES CREDIT
FUN NOB ENS
STAKEOUT
SLOW COPS
SAW ALS SPA
ARRIVE HIRT
TROVE MODEL
EATEN AHOME
DYES POSER

Yesterday's Answer
21 Stag-gering
22 Actress Ellen
24 Scarlet
25 Ga. neighbor
27 Stretched circle
31 Croc's kin
33 Showed
34 California valley
35 Scenery chewer
36 Actress MacGraw
37 Clinton's horn
39 Building wing
40 Cunning



STUMPED? For answers to today's crossword, call 1-900-454-7377 19¢ per minute, touch-tone / rotary phones. (18+ only.) A King Features service, NYC.

5. HOMES FOR RENT

1,2,3 and 4 bedroom apartments available. Low income housing. Stove and refrigerator furnished. Blue Water Garden Apts. Bills paid. Call 364-6661. 770

Best deal in town, furnished 1 bedroom efficiency apartments. \$185.00 per month bills paid, red brick apartments 300 block West 2nd Street. 364-3566. 920

Nice, large, unfurnished apartments. Refrigerated air, two bedrooms. You pay only electric—we pay the rest. \$305.00 month. 364-8421. 1320

Self-lock storage. 364-6110. 1360

Eldorado Arms Apts, 1 & 2 bedroom furnished apts, refrigerated air, laundry, free cable, water, & gas. 364-4332. 18873

Paloma Lane apartment, 2 bedroom available, central air/heat, range furnished, water paid. 364-1255 9-5:30. M-F. \$170 Security Deposit 23229

Need extra storage space? Need a place to have a garage sale? Rent a mini-storage. Two sizes available. 364-4370. 24831

For rent 2 bedroom duplex, water bill paid. Call 364-2131. 25274

One bedroom triplex. Stove, fridge, washer & dryer hookup. Water & bills paid. 364-4370. 25333

Move in special 2 bedroom, stove, fridge, washer/dryer hookup, water paid. 364-4370. 25405

Nice 3 bedroom at 841 Blevins, garage & hookups, \$350 plus deposit, references. 364-4049. 25422

For rent 4 bedroom, 2 bath house, 2 car garage, \$450/monthly, \$250 deposit. Call 364-8503. 25430

2 bedroom house, one car garage for rent. Call 364-2736. 25431

Nice three bedroom house in NW area for rent. Garage, fence, \$400.00 per month. Call 364-2039 after 5 or weekends. 25434

Golden Plains Care Center is in need of a part time LVN. Pleasant working conditions. Competitive hourly rate. Ask for Shawna-364-3815. 25281

Saturday RN needed at Hereford Care Center. LVNs, Med-Aides & CNAs. Call 364-7113 or come by 231 Kingwood. 25356

Avon! Need extra \$\$ for Christmas? Clothes? Extras? No start-up fee. Call 364-5719 today. 25400

Experienced wedding photographer. Equipment not necessary. Contact Anderson's Studio, 364-8811. 25402

DRIVERS

PELC CORPORATION
Now hiring drivers, \$500 sign on bonus for qualified drivers with at least 12 months OTR experience. Must be 21 years of age. Be able to pass DOT physical and drug screen. CDL with X endorsement. Please apply in person at Steere Tank Lines in Dimmitt. We are an EOE employer.

9-Child Care

HEREFORD DAY CARE

Offering an excellent program of learning and care for your children 0-12! State Licensed

Also - SPECIAL AFTER-HOURS pick-up for Kindergarten Children!

364-5062
248 E. 16th

KING'S MANOR METHODIST CHILD CARE

*State Licensed
*Qualified Staff

Monday-Friday 6:00 am - 6:00 pm
Drop-ins Welcome with advance notice

MARILYN BELL / DIRECTOR
364-0661 • 400 RANGER

Use The Classifieds And Consider It



6. WANTED

Wanted stalks & wheat for 20 cows and calves. Call 364-0824 after 6 p.m. 25391

Would like to find a Stud Black toy Poodle. Please Call 289-5896. 25392

7. BUSINESS OPPORTUNITIES

Want to buy or consolidate with a part-time service business. We have fully equipped office and desire to add on. Write Box 6731A. 25403

8. HELP WANTED

Position For RN & LVN. Good benefit package. Competitive salary. Kings Manor Methodist Home, 400 Ranger Drive, Hereford, EOE. 23745

Opening for part time child care worker for after school, 3-6. Proof of qualifications. High School diploma. Experience in working with groups of children. Prefer college hours in education. Apply 9-5, 248 E. 16th. Hereford Day Care 25247

Classifieds.

They're just for you, everyday,
in the Hereford Brand.

Call Janey Allmon today at 364-2030 and get a classified to work for you.

Classifieds

Registered child care in my home. Nutritious meals, snacks, activities, references, 364-6754-Debbie.

25346

10. ANNOUNCEMENTS

Problem Pregnancy Center Center, 505 E. Park. Free pregnancy testing. For appointment call 364-2027. 364-5299 (Michelle) 1290

11. BUSINESS SERVICE

VACUUM WORLD

Authorized Sales & Repair, Kirby, Royal, Sharp and most other makes. Terms available. 25 years repair experience.

Bob Bridwell
609 E. Park Ave.
Suite D-364-9411

HOME MAINTENANCE

Repairs, Carpentry, painting, ceramic tile, cabinet tops, attic and wall insulation, roofing & fencing. For free estimates call TIM RILEY-364-6761

Defensive Driving Course is now being offered nights and Saturdays. Will include ticket dismissal and insurance discount. For more information, call 364-6578. 700

Will pick up junk cars free. We buy scrap iron and metal, aluminum cans. 364-3350. 970

Garage Doors & Openers Repaired. Call Robert Betzen Mobile 346-1120; Nights Call 289-5500. 14237

12. LIVESTOCK

For Sale, 2 1/2 year old Sorrel Gelding, tame & broken. Call 578-4318 after 6:00 P.M. 25437

13. LOST & FOUND

Lost-Miniature Schnauzer. Is sick and needs medication. Has tumor on back. Reward. 364-1300 25433

AXYDLBAAXR is LONGFELLOW

One letter stands for another. In this sample A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

CRYPTOQUOTE

EZZLDIAA, FL MUOUJ LZ
OU, FM GZL WUIAAP
NAIPUJ EZW LKU
NAUIMRWU ZE VFSVFGT
I DIAA IDZRL, DRL
FM I MNUSFUM ZE
EFTKLFGT.—TUZWTU ZWHUAA

Yesterday's Cryptoquote: IF THERE WAS NO FAITH THERE WOULD BE NO LIVING IN THIS WORLD. WE COULDN'T EVEN EAT HASH WITH ANY SAFETY. — JOSH BILLINGS

NEED HELP with Cryptoquotes? Call 1-900-420-0700! 99¢ per minute, touch-tone/rotary phones. (18+ only.) A King Features Service, NYC.

BEVERLY HILLS, Calif. (AP) — Debonair actor Roger Moore is home again and recuperating nicely, thank you.

Moore, best known for playing suave British secret agent James Bond, had surgery to remove an enlarged prostate Nov. 2 at Cedars-Sinai Medical Center, his spokesman Jerry Pam said. The 65-year-old actor went home Sunday.

Moore did not have prostate cancer, Pam said.

Moore took over the Bond role from Sean Connery, playing 007 in such films as "Live and Let Die," "The Spy Who Loved Me" and "A View to a Kill."

NEW YORK (AP) — Katie Couric and Bryant Gumbel admit that broadcasting NBC's "Today" show from the streets of New York could be a little dicey.

But the network is betting \$15 million it'll be a hit.

The morning show is scheduled to move into a new glass-fronted, street-level studio in Rockefeller Center by mid-1994. Currently, "Today" is broadcast from a third-floor studio.

"I'm a little bit concerned about what kind of antics people will pull outside the window, but hoping that it won't get too out of control," Couric said.

Hereford supermarkets and grocery stores advertise in the pages of the Hereford Brand. Shop the Brand ads, then buy your groceries at one of Hereford's fine supermarkets!

The Newspaper BIBLE

470 SOLDIERS TO ESCORT ONE INNOCENT PRISONER!



The commander called two of his officers and ordered, "Get 200 soldiers ready to leave for Caesarea at nine o'clock tonight! Take 200 spearmen and 70 mounted cavalry. Give Paul a horse to ride and get him safely to Governor Felix." Then he wrote this letter to the Governor:

"From: Claudius Lysias To His Excellency, Governor Felix. Greetings!

This man was seized by the Jews and they were killing him when I sent the soldiers to rescue him, for I learned that he was a Roman citizen. Then I took him to their Council to try to find out what he had done. I soon discovered it was something about their Jewish beliefs, certainly nothing worthy of imprisonment or death. But when I was informed of

a plot to kill him, I decided to send him on to you and will tell his accusers to bring their charges before you."

So that night, as ordered, the soldiers took Paul to Antipatris. They returned to the armory the next morning, leaving him with the cavalry to take him on to Caesarea. When they arrived in Caesarea, they presented Paul and the letter to the governor. He read it and then asked Paul where he was from. "Cilicia," Paul answered. "I will hear your case fully when your accusers arrive," the governor told him, and ordered him kept in the prison at King Herod's palace. Acts 23:23-35

Hints from Heloise

Dear Heloise: In a recent column of yours, appearing in the Harrisburg (Pa.) Patriot, one of your many readers offered a solution to the problem of a lost screw holding the shaft of glasses to the frame of the lens. At our hotel on the beach at Ft. Lauderdale, there were many cases of lost screws from glasses, and it would mean a three-mile trip into the city plus the usual expense and inconvenience involved.

At our front desk we maintained a quick fix. It was so simple that guests

could hardly believe the few moments it took.

We had straight pins of different sizes, so all that was needed was to insert a pin in the hole vacated by the screw, cut it off, leaving about 1/4 inch of the pin to be bent back. This way the pin could never come out and it wasn't noticeable. This was the source of many compliments and thanks from the guests.

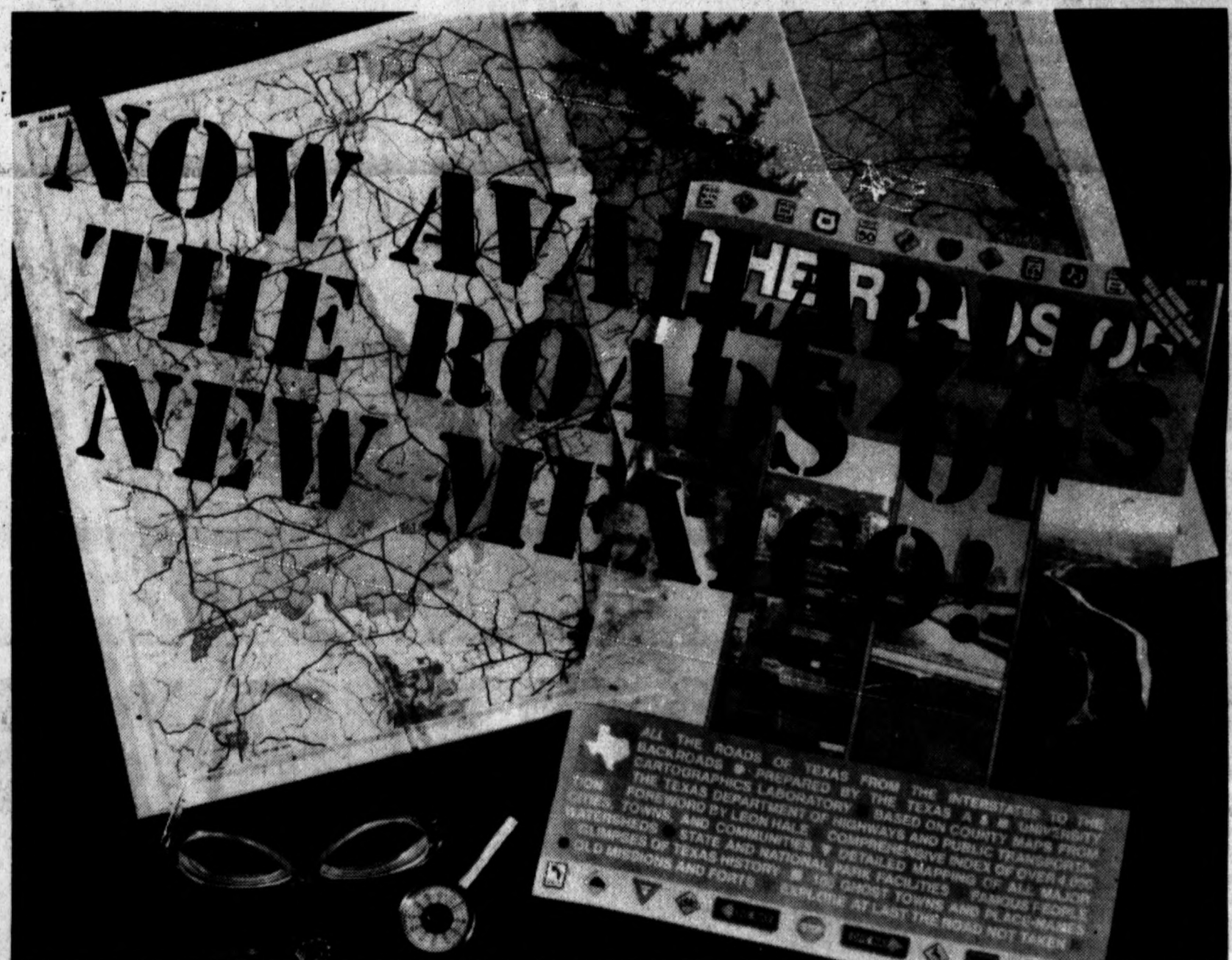
I think this way is much easier and faster, so I'm passing it on as a possible "life-saver." — Ralph

Mahaffie, Shiremanstown, Pa.

This could just be one. Thanks for taking the time to drop us a line. You can buy an eyeglass-repair kit at drugstores or at an optometrist's for just a few dollars. This handy little container has a small screwdriver and different size screws just for glasses. — Heloise

Send a money-or-time-saving hint to Heloise, PO Box 796000, San Antonio TX 78279-6000 or fax it to 210-HELOISE.

Let us show you a Texas you've never seen before.



THE ROADS OF TEXAS is the culmination of a mammoth project that has involved many individuals for over two years. When you get your copy of THE ROADS OF TEXAS you'll wonder how you ever traveled the state without it.

This 172 page atlas contains maps that show the complete Texas road system (all 284,000 miles) plus just about every city and community! Texas A&M University Cartographics

Laboratory staff members produced the maps, based on county maps from the State Department of Highways and Public Transportation. The details shown are amazing—county and local roads, lakes, reservoirs, streams, dams, historic sites, pumping stations, golf courses, cemeteries, mines and many other features too numerous to list.

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YOUR COPY
TODAY!

While Supplies Last

12.95

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COMMODITY SERVICES

1500 West Park Ave.

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Phone 364-1286 Each Trading Day After 5:30 P.M.
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Prices effective

Tuesday, November 9, 1993.

CATTLE FUTURES

CATTLE—FEEDER (CME) 36,000 lbs., cents per lb.
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Get a grip on family health care costs

As our nation ponders the best remedies for controlling rising health care costs, chances are the out-of-pocket costs for your family's medical and dental care continue to be a major concern in managing your personal finances. According to an independent national survey sponsored by MasterCard International, nearly one third of all Americans delay going to both physicians and dentists for necessary health care because of financial reasons. Of the more than 1,000 consumers surveyed, 32 percent indicated they had put off medical appointments because of monetary concerns, with 31 percent saying they had delayed making dental visits for the same reason.

With insurance premiums, deductibles and co-payments continuing to rise as actual treatment costs increase, it makes sense to take stock of the health care services that your loved ones need, what they cost and how you can best manage them. The best way for smart consumers to maintain optimum health care for their families is by being informed, getting organized and planning for scheduled treatment as well as emergencies.

Start by organizing a family health care file. Include all health care insurance policies and any special riders. Read these carefully, making sure you understand exactly what your deductible, co-insurance and co-payments are, and what treatments and procedures are and are not covered. Pay special attention to policy provisions for well care visits and preventive treatment.

Consult your family physician and dentist for guidance on projecting a health care treatment schedule and corresponding fees for each family member for the coming year, and budget accordingly. For example, factor in one visit per year to the pediatrician for children ages three to six; bi-annual visits for children ages seven to twenty-one. For women, plan for one visit per year to the gynecologist; for healthy adults (with no risk factors or chronic health problems), an annual physical examination; and for each family member, at least one annual visit for a dental check-up.

Set up a chart to keep track of the following information for each family

member: date of service, treatment, cost per service, amount paid by insurer and amount paid by the family. This information will help you keep track of your deductible and co-payments.

Keep copies of all medical receipts and insurance claim forms. Be sure to record the amount of each insurance reimbursement and note the date of receipt.

Consider using a major credit card as a financial management tool to manage your out-of-pocket expenses, including your deductible and co-payments. Presently, one out of every five dollars spent on health care is a consumer out-of-pocket cost. Not only does a credit card provide a financial safety net for handling emergencies, it allows your family to schedule medical and dental treatment - including important preventive care and check-ups - when needed, without concern for available cash or the current balance of your checking account. And it enables you to make payment at the time of treatment if the doctor does not accept assignment of insurance benefits. Payment by credit card also provides convenient record keeping.

Don't be a passive consumer: take control of your health care by asking questions at the doctor's office. For example, inquire about the costs of prescription drugs, requesting less expensive generic drugs when appropriate. Request doctor's samples of prescription drugs, so that you can try them out before having to spend money on a new prescription.

When treatment is recommended, ask about the cost up front and work with your health care provider to establish a payment plan. Determine what payment options are available. Ask if your doctor's office is one of the more than 160,000 health care providers that now accept credit cards.

While being informed and asking questions helps you to control health care costs, the smartest thing you can do is prevent health care problems. Seek advice from your health care providers on how you and your family can reduce medical risks. And take part in health and fitness programs geared to increasing your well being.

Sewing is a less expensive shortcut to lovely interiors

Do it yourself home decorating doesn't have to be difficult or costly.

The home sewing trend is on the rise. More American households have sewing machines than VCRs and retailers across the country have reported a 20 percent increase this year in sales of merchandise related to sewing for the home.

Making things easier for many home sewers is the new collection of coordinate sheeting fabric created by Revman Industries, the makers of famous designer bed linens such as Laura Ashley, Echo, Marimekko, Jena Hall, Di Lewis and Katja. Made to coordinate with existing bed linen patterns, the fabric-by-the-yard is available in a three-yard length, 90-inch width and comes in over 35 patterns.

Revman Industries and Simplicity Patterns have teamed up to create a do-it-yourself brochure that shows step-by-step illustrations for easy decorating projects. Here's one of their projects for an Accordion Pleated Lampshade cover.

Measuring

Measure circumference at widest part and height of lampshade. Yardage required for fabric and notions: fabric width measuring the lampshade height plus two inches, and length measuring twice the circumference will be ample for most empire shaped lampshades. A piece of fusible interfacing the same size will be needed. Satin ribbon 3/8-inch wide cut approximately 27 inches longer than the circumference measurement.

Assembly

-To minimize raveling edges, fuse interfacing to fabric before cutting to size.

-Cut one piece measuring lampshades height plus one inch; length measuring one-and-one-half inch times lampshade circumference.

-Turn under and press one-half inch on both long edges. Glue lightly to hold.

-Beginning at one end, fold and pleat every one-half inch accordion fashion for full length of fabric. Press to set pleats.

-Three quarters of an inch from one folded edge, cut lengthwise slits one-half inch long into each pleat at center.

On July 16, 1969, Apollo 11, carrying astronauts Neil Armstrong, Edwin Aldrin and Michael Collins, blasted off from Cape Kennedy on the first mission to the surface of the moon.

-With right sides together, stitch short edges. Trim seams to one-quarter inch.

-Turn to right side. Weave ribbon through cuts in pleats.

-Position cover on lampshade, adjust ribbon and tie into a bow.

Ann Landers

DEAR ANN LANDERS: Can you stand another letter on herpes? I hope so.

Two years ago, I became ill with high fever, chills and severe genital pain. The diagnosis was genital herpes. At the time, my husband and I had been married 15 years. He was the only sex partner I'd ever had in my entire life. He showed no symptoms. Life in our household was hell. Thanks to the help of several doctors, we learned a lot about genital herpes.

1. Since my husband had other sex partners prior to our marriage, he could have contracted it then. Some people have such a mild case that they don't even know they have herpes. Nevertheless, they become carriers. Years later, they may have another mild (unnoticed) outbreak and pass on the virus.

2. Condoms do not protect against herpes because the virus is in the entire genital area.

3. If a sex partner with a cold sore has oral sex, he or she can infect a partner.

4. I am a nurse, so I could have picked it up while tending a patient. I am meticulous about hand washing, but that is no guarantee.

We still don't know how I got genital herpes. I have had two flare-ups since the initial outbreak. My husband has never had a symptom. I have NEVER had a sex partner other than my husband.

Please tell "Trouble in Toledo" I believe her husband completely. I know he could have contracted herpes without having an extramarital affair because that is what happened to me. -New Orleans, La.

DEAR N.O.: Thanks for the backup. I have received many letters from readers who wanted to vouch for "Toledo's" husband because they, too, had had the same experience. My readers, bless them, are loyal not only to me but to each other.

DEAR ANN LANDERS: Thirteen years ago, I almost married a man I had dated for a year. "Dan" was the love of my life. We were not kids, both 35 years old, and Dan had been married before. Wedding plans were set, and then, the bottom fell out. I discovered that Dan was not divorced and that he and his wife had had a thing going all the time he was seeing me. I cancelled the wedding and him along with it.

Because I was so hurt, I ran straight to another man, whom I married. It was a big mistake. After 12 years of mutual unhappiness, we split.

Dan heard about the divorce and came back into my life. He conned me into believing I was his only true love. We had a lovely time for three months. Then, I caught him with the SAME woman.

Twice he had humiliated me, and

I was determined to get even. I enlarged a seductive photo of him in metallic jockey shorts, attached it to helium balloons, hammered a stake in the ground, and then it floated, in front of his house, facing the road for all to see.

It has been a month, and I haven't heard a word from him or the woman. Sign me--Feeling Victorious in Florida

DEAR VICTORIOUS: I'm not sure what you think you won, but if that stunt made you feel "victorious," it may have been worth the effort.

The African nation of Botswana has set aside some 17 percent of its land as national parks or game reserves - a higher proportion of protected land than almost any other country.

NEW YORK (AP) - Mayor-elect Rudolph Giuliani was peppered with questions by a tough crowd: Mrs. Bernstein's fourth-graders at Public School 111.

"Now that you're mayor, what are you going to do to the city?" one 9-year-old asked on Tuesday.

"What am I going to do TO it?" Giuliani responded, before saying he hoped to create "more jobs, improve schools, make sure there's less crime."

The question-and-answer session at the Manhattan school came after Giuliani read a Nigerian folktale to help kick off an annual celebrity read-aloud.

The fourth-graders also wanted to know what the mayor-elect's favorite sport is (baseball); his favorite basketball team ("the Knicks, of course"); and his favorite movie.

"Truthfully?" asked the former U.S. attorney, who made his name prosecuting some of the nation's most powerful mobsters. "It's 'The Godfather.'"

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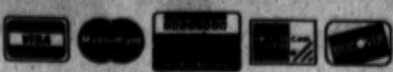
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Register until November 14, 1993



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