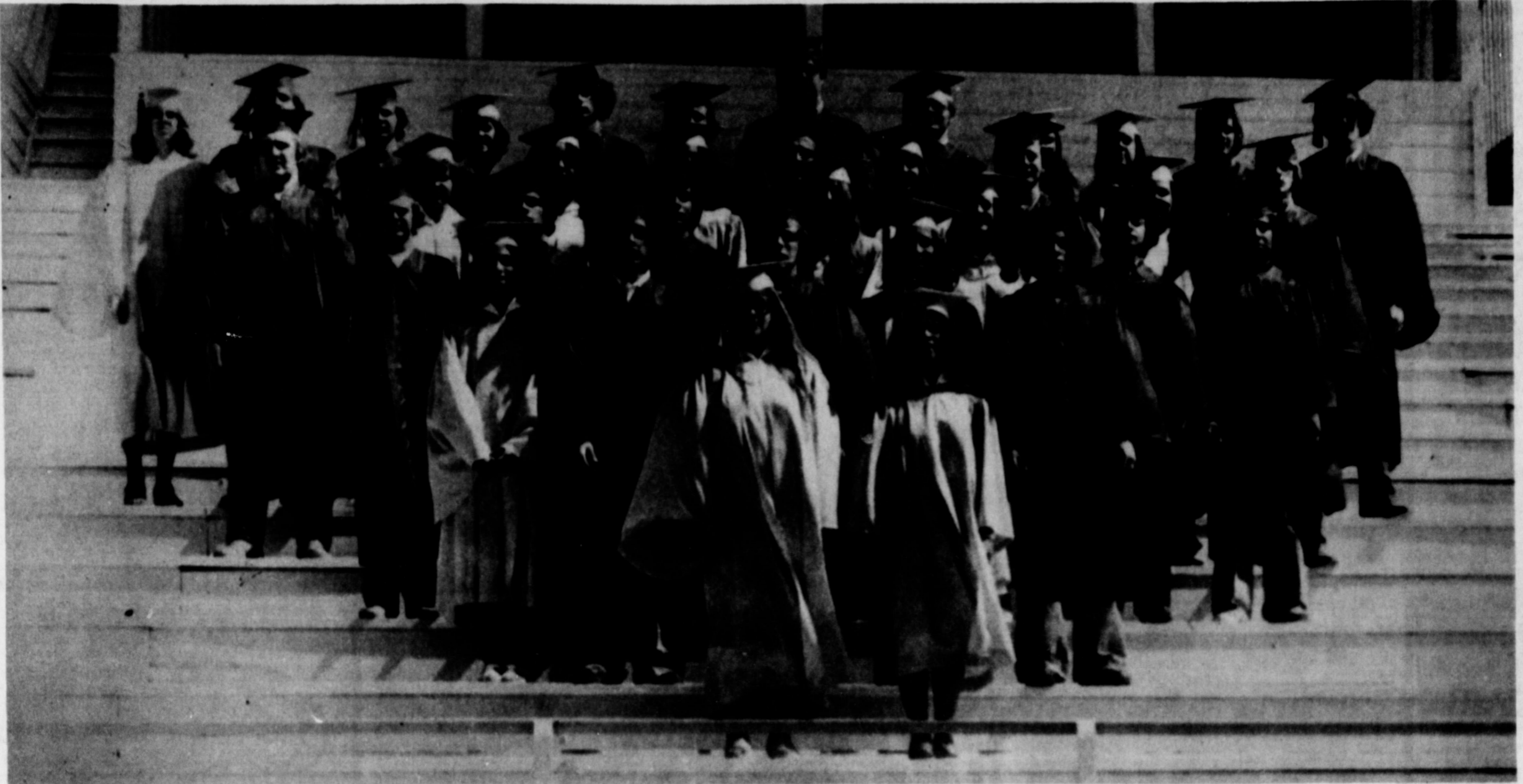


CONGRATULATIONS CLASS OF '76



SENIOR CLASS OF 1976--Brad Guy Barden, Christy Luann Barlow, Randy Dwayne Bills, Lee Grad Bridges, Clifford Lee Brown, Oscar Castillo, John Ronald Cleavinger, Larry Alan Dear, Irene DeLeon, Joe Frank DeLeon, John Frank DeLeon, Jimmy Franklin Furr, Fonda Cheryl Goodwin, Kelly Leigh Haydon, Camille Kay Hinchliffe, Randy Glenn Latham, Neshia Lewis,

Gale Jones, Bill O'Hair, Gerardo Morales Olivera, Guadalupe Rivas, Cynthia Kay Robinson, Joe Salvador Padilla, Grace Sauseda, James Mitchell Smith, Karen Beth Smith, Margaret Ann Street, L'Anna Brittain Sulser, Eric Vaughan, Bill Whitehurst, Kenneth Wimberley, Kathy Winders, Gena Wisian, Cliff Ray Wood, Kathy Wright, Ardis Conner.

NOSIN... With Polly

Thirty-six Seniors will walk across the stage tonight and receive diplomas, that document represents the end of 12 long years of schooling. With diplomas in hand seniors, you are automatically ushered into another world, a world of choices and responsibility.

To face the world before you seniors, you will need more than a high school diploma. You will need faith in the Lord and willingness to put forth effort to make a dream come true.

Make no little plans, they have no magic to stir men's blood and probably themselves will not be realized. Make big plans, aim high in hope, work, and faith, remembering that big things are possible if we stand tall and let God lead.

Don't expect life to be too easy, for most men have found it necessary to toil and sweat, and sometimes shed a few tears in the struggle of life, to complete the tasks laid before them. Remember no one can succeed who does not strive to do each day better than he did the day before.

Seniors, don't attempt to ride a free train through life. There would be no sense of accomplishment, and most often the fare must be paid sooner or later down the track, maybe at the end of the ride. If we attempt to ride free, we embezzle from ourselves.

There was once a rich man who instructed his faithful employee to build a fine house. Seeing an opportunity to secretly put a few dollars in his own pocket, the employee built the house with the cheapest materials on the market into what appeared to be a spacious fine home.

He thought himself real smart that he had padded his pockets with a little money at the rich

man's expense, but pay day came to him, upon completion of the house, the rich man gave it to the employee as a gift for his years of faithful service. The man was so grieved, the house was worthless and the money he had skimmed off the top by buying worthless materials was nothing in comparison to the fine home he could of had, if he had done the job as the rich man had instructed.

Each day, all around you Seniors, people sell themselves down the salt creek by falling into the pitfalls of temptation. It may be using dope, liquor, or following after lust, thinking its fun today, but then comes payday. The brain may be damaged, nervous system shot, the habit too costly to support and the system craves it, that's payday. Life is ruined, and they find they have embezzled themselves. Everyday, men embezzle from themselves not realizing the end results.

Jesus came into the world, died for our sins and was resurrected that you seniors, and me, could have a choice. You may embezzle yourselves into an eternal life in Hell, or you can humble yourselves before God and accept him as your Savior, and have eternal life in Heaven someday.

The choice is yours. It's your life, but remember you can't serve Satan and God at the same time. The greatest success is to live this life in such a manner, that should the Lord call you, seniors, or should He come today, you would be ready to go with Him. No material success can be counted real security. No other success is eternal.

NOSIN

Another little angel girl with a round face and a patch of

(Continued on Page 2)

The NEWSpaper Dedicated to the Development of the World's Richest Irrigation Area.



The Earth News-Sun

A CONSOLIDATION OF THE EARTH NEWS AND EARTH SUN, OCTOBER 12, 1956



VOLUME 22

15¢ INCLUDING TAX

EARTH, LAMB COUNTY, TEXAS, THURSDAY, MAY 27, 1976

32 PAGES IN TWO SECTIONS

NUMBER 39

285 Attend Springlake Cooperative Meeting

Two hundred and eighty five members, their families and guests attended the annual membership meeting of the Farmers Cooperative Association of Springlake Saturday. The meeting was opened by V. O. Busby, president. W. E. "Doc" Miller read the minutes from the 1975 meeting. Busby then introduced Creston Faver who gave the auditor's report.

Following the auditor's report gin manager Eudell Baucum introduced the guests and gave his annual report to the members.

Representatives from the different regional cooperatives gave reports on the facilities and standings of their various organizations and attempted to answer any questions.

Following the reports and other business matters, directors were elected to fill the places of those directors whose terms had expired.

Jimmy Ray Banks was elected to fill the unexpired term of Benny Dickson who is deceased. W. E. "Doc" Miller and Bill Watson were re-elected and Robert McCurry was elected to the board of directors.

Following the distribution of dividend checks the directors held a short business session. During the business meeting, V. O. Busby was elected president, Doland Fennell vice-pres-

sident and W. E. "Doc" Miller, secretary-treasurer.

Elected to the regional cooperatives were W. E. Miller, Plains Co-op, Plains Co-op Cotton Association and Growers Seed Association.

Doland Fennell, Farmland Industries and Plainview Co-op Compress and H. G. Watson, vice-

36 Seniors To Graduate Tonight 8 p.m.

36 seniors will receive diplomas Thursday (tonight) at commencement in the school auditorium at 8 o'clock.

The graduating class will march into the auditorium and take their seat at the front of the building as the high school band plays the familiar "Pomp and Circumstances."

Rev. David Furum, pastor of First Baptist Church in Earth

will present the invocation. The Salutory address will be presented by Billy O'Hair and Margaret Street will deliver the Valedictory address.

The class will sing a favorite song, "The Way We Were."

Bob May, High School Principal, will present scholarship awards to deserving graduates who have qualified for these honors.

"You'll Never Walk Alone" the class song will be presented by the entire class. They will be accompanied on the piano by Mrs. Bob Belev.

Mr. May will introduce members of the graduating class as they walk across the stage to receive their diplomas, which will be presented by Ray Joe Riley, president of the school

board. Rev. Glen Smith, pastor of First Baptist Church of Springlake will give the benediction. The senior class will sing the school song with Mrs. Belev at the piano.

Then begins the "Grand March" as seniors arise and begin the march that marks the end of their school days at Springlake Earth High School.



OFFICERS, DIRECTORS and GIN MANAGER... of the Farmers Cooperative Association of Springlake. Seated, Bill Watson, V. O. Busby, president; W. E. Miller, secretary-treasurer; and Robert McCurry. Standing Doland Fennell, vice-president; H. G. Watson, Jimmy Ray Banks and Eudell Baucum, gin manager.

Little League, Babe Ruth Play First Game May 28

Friday, May 28, the Little League teams will play their first game of the season at 7:00 o'clock in the evening. Coaches for one team are Andy Ellis and Dallas Henderson. The other team is coached by Terry Lively and Clifford Daniel.

The Junior Babe Ruth teams, boys ages 13-14-15 years, play

a game following the Little League. Their game will begin at 8:00 p.m. Coaches for the Babe Ruth team are Brian Britton and Keith Kniffin.

President of the local baseball program is Norman Ellis. Ellis said he expected many boys to come out to play baseball after the program got underway.

Absentee Voting Began Wednesday

Absentee voting for the June 5 run-off election began Wednesday, May 26 and will continue through June 1, in the county clerk's office in Littlefield.

The offices of railroad commissioner and the unexpired term for judge of the court of criminal appeal will be decided in the election.

For railroad commissioner,

Jon Newton and Jerry Sadler are seeking the position.

For the judge's unexpired term, candidates are Carl Dally and W. T. Phillips.

Since there are no contested local elections, the regular 16 voting precincts will be consolidated and there will be five polling places across the county.

★★★
NOSIN---
 with POLLY

(Continued from Page 1)
 black hair has been added to my family and indeed we are thankful that God has loaned us another child to love and care for.
 I have not seen her yet, and

she was born Monday at 2:35 a. m. I can't believe the newspaper or anything else could keep me from seeing her. However, the 32 page graduation paper was a big job and realizing she and her mommy are still in the hospital and are being well cared for, I stayed on the job. I am leaving Wednesday night or Thursday morning to be there when the two get home.

So folks, I won't be around for the next week or two, as I will be doing the thing I love best, taking care of those I love. I'm sure Amber Sue and Miss Granny will become true friends as have Keri and I.

May I ask you to please help the news writer that will be replacing me at the news desk. I'm sure she will need your cooperation and assistance in gathering the news. May I thank you in advance, for I know your dear people will cooperate, as you always have in the past.

NOSIN

A letter to Leona Parish from Mrs. Lena Hite tells us she is in Hawaii at the home of her son, Col. Kenneth F. Hite and is anxious to hear from her friends.

Her letter indicates she is enjoying the indescribable beauty

of Hawaii. The flowering trees, shrubs, fruits of all kinds growing near by. She has been busy going places and seeing the interesting sights and for it all she gives God the praise for making it possible for her to see and enjoy so much beauty. She is quite happy there, seeing the beautiful handiwork of God.

Lena has a way of being happy wherever she is and for giving God the praise for each day she lives.

Her address is Lena Hite, 702 Beard, APO San Francisco, California, 96553, % Col. Kenneth F. Hite.

Memorial Day Services At Springlake Cemetery

Rev. Glen Smith, pastor of the First Baptist Church in Springlake will be speaker at Memorial Day Services in the Springlake Cemetery. Services are set to begin at 10 o'clock Monday, May 31.

A business meeting will conclude the Memorial Day Services.

Mr. and Mrs. Raymon Freedman of Waco, visited Saturday with Mr. and Mrs. Ross Middleton.



TOP SCHOLARS... and their grade average. 6th grade, Troy Warren, 92.38; 7th grade, Chester Robinson, 95.26 and 8th grade, Sue Jones, 96.52.



DAR AWARDS... Winners, Gaylon Conner, Tonda Warren second and Sue Jones, first place winner.

EARTH MEMORIAL CEMETARY... Memorial Day Services Monday

Memorial Day Services are scheduled at the Earth Memorial Cemetery at 10 o'clock Monday, May 31.

Services will begin with the local Boy Scout Troop playing "Taps." The troop will place miniature flags on graves of veterans buried in the local cemetery.

Rev. Bill Watson, pastor of the United Methodist Church will deliver the Memorial Day message.

A business meeting will be held immediately following the service. Two new directors will be elected to replace Pete O'Hair and Ernest Green, whose terms have expired, Directors

remaining on the board are L. T. Smith, Mrs. Zou Wilson, Johnny Haberer, Phil Haberer, and Gus Parish.

The Old Timer



"You know you're getting old when you use one bend to pick up two things."

Special Youth Meeting Sunday At Springlake

A special young peoples meeting is scheduled for Sunday afternoon at the First Baptist Church in Springlake. The meeting will begin at 4:00 Sunday afternoon on the volleyball court.

A scavenger hunt and games of volleyball are planned along with a Sloppy Joe supper which will be served before the seven o'clock services.

At 9:00 p. m. homemade ice

cream and cake will be served to all attending.

Gary Bender of Hobbs, New Mexico will direct the song services and Glen Prescott of Portales will preach.

The Old Timer



"Some people think life is one long process of getting tired."

All area young people are cordially invited to attend.

See the Chief... **THE STRANGER AND THE GUNFIGHTER** Technicolor • Paravision • MP
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Walt Disney's **Bank** in Technicolor
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 MAY 30 - 31 JUNE 1

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The EARTH NEWS-SUN

TEXAS PRESS ASSOCIATION AWARD WINNER 1975
 MEMBER BEST TEXAS PRESS ASSOCIATION

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Proudly... CONGRATULATIONS, GRADS

You Deserve Our Praise

Now that you've reached that all important goal, here's our wish for your continued success in the future. You have the vitality and strength to accomplish much in the years ahead. And we just want you to know we're behind you 100%!

CAMILLE KAY HINCHLIFFE

Parents-Mr. and Mrs. Norman Hinchliffe
 Years Attended 8-E-12
 Future Plans-Texas Tech
 Favorite Food-Mexican Food
 Favorite Song-Dream Weaver
 Favorite Sport-Basketball
 Favorite Color-Blue
 Hobbies-Golf, Bowling, Reading

BASS & CALVERT SPRAYING
 RFD, 2 MULESHOE



MRS. JACQUE JAMES... Was honored as "Teacher of the Year" for the 1975-76 school year at the annual Springlake-Earth High School Awards assembly Tuesday morning. The teacher of the year is selected by the Springlake-Earth student council.

Welcome To Our World
 Amber Sue
 We Love You

The MIDDLETONS, SANDERS,
 DENTS and HOLTS

VBS Begins Monday At Baptist Church

Vacation Bible School begins at 8:30 Monday morning at the First Baptist Church of Earth and concludes at 11:00 a.m. each morning. The Bible School will continue through Friday of next week. There will be classes for children from pre-school age through the sixth grade.

David Burum, pastor of the church will serve as superintendent of the school. Mrs. Mary Foster, will serve as kitchen director. The remainder of the faculty will consist of several leaders of the youth and adult division.

For the convenience of those children who wish to ride the bus to and from the Bible School the following schedule will be kept:

S. W. 1st St. & Boston 8 a.m.
S. Elm & S. E 1st St. 8:05 a.m.
N. E. 3rd & N. Elm 8:10 a.m.
City Park 8:15 a.m.
Hite Park Addition 8:20 a.m.

Children of all ages are invited to attend the Bible School.

Mr. and Mrs. Bud Jones are in Roff, Oklahoma visiting their daughter and family, Mr. and Mrs. Cary Latham and family.

My Neighbors



"Aw, come on, I'm not asking for an arm and a leg. I just want to borrow a screwdriver!"



ATHLETIC AWARDS... 7th grade boys, Ronnie James, All-Around; Jim Gonzalez, football; Ricky Smith, basketball; Sandy Garza, track and Jeff Burk, tennis.

check regularly and to bring in vegetables," points out Cotner. "Regular checking is important to detect insect and disease problems and to determine the need for watering. It's also handy to have the garden located near a water outlet."

The Texas A&M University System horticulturist recommends a garden size of about 20 feet by 20 feet for an average size family.

"After deciding on the garden's location, select the vegetables you want to plant. The only things limiting the type of vegetables you plant are space and soil conditions," notes Cotner.

The next step in garden planning is to make a diagram of the garden and prepare an information chart. The chart should tell such things as the kinds of vegetables to be planted, the distance between rows and plants, the amount of fertilizer to be used, the time of planting and any other information that might be helpful.

"Set up goals and deadlines and stick to them," advises Cotner.

Detailed gardening information is available at any county Extension office to help you "grow your own groceries."



NICE GOING



You've come a long way and your future is bright.

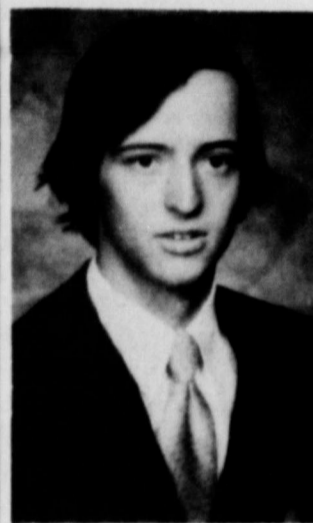


CARMACK & SONS, INC.
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"The men's store where women like to shop"



LONNIE NEINAST... 8th grade Science Award winner.

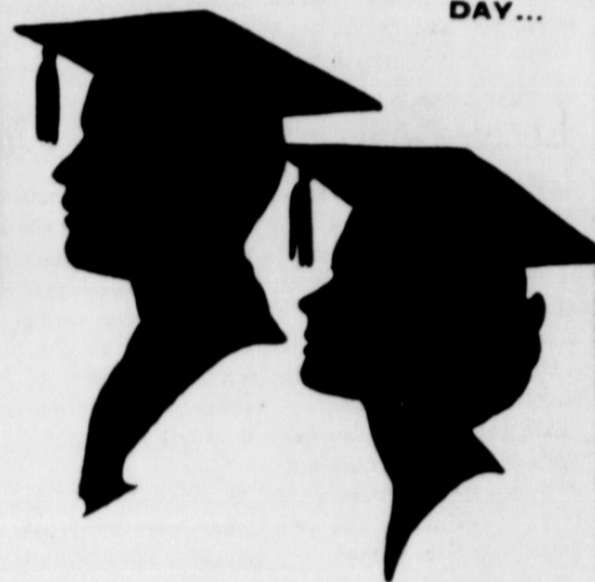


KENNETH WIMBERLEY

Parents-Mr. and Mrs. Doyl Kenneth Wimberley
Years Attended S-E-12
Future Plans-Work and Maybe College
Favorite Food-Pizza-Sausage
Favorite Song-Locomotive Breath
Favorite Sport-Basketball
Favorite Color-Deep Blue
Hobbies-Boating, Skating and Motorcycling

Congratulations

ON DIPLOMA DAY...



We wish to each member of the Class of 1976 the very best of everything.

WARD BROS. TRACTOR, INC.

CLOVIS N. MEX.

CONGRATULATIONS

CLASS OF '76

You've Hit Your Mark!

You all deserve a pat on the back for the fine jobs you've done.

Good Luck!

Parents-Mr. and Mrs. Frank DeLeon
Years Attended S-E-12
Future Plans-Go into the Air Force and major in Inventory Management
Favorite Food-Italian, Mexican
Favorite Song-Hermoso Carino, There's A Reason
Favorite Sport-Football, Track
Favorite Color-Blue
Hobbies-Read Poetry, Listen to Music



FRANK DELEON

Western Ag Sales

OLTON

Dealership for Gifford-Hill

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Doug Goen, Mgr.



SCIENCE AWARDS... Winners, Sandy Garza, 7th grade and Sammy Ott, 6th grade.

IN-S-E SCHOOL AUDITORIUM...

Gospel Concert And Talent Contest June 19

A Gospel Concert and Talent Contest is set for Saturday, June 19 in the Springlake-Earth School Auditorium. The event is being sponsored by the Sunnyside Lions Club.

The Contest will begin at 6:30 p.m. with Dub Rowles as Master of Ceremonies.

Entry fee is \$5 per person, and will not exceed \$20 per group. Entry forms may be picked up at Waggoner Farm Store, Sunnyside or by contacting Hershel Wilson at 846-2401 or Patsy

Steward at 298-4158. Winners in the contest will receive first, second and third place trophies. In addition to the trophy, the first place winners will also receive free studio time at Don Caldwell Studios, Lubbock, to record one song.

The concert will begin at 8:00 p.m. featuring The Crusades, The Young Disciples and Hershel Wilson and the Singing Disciples.

Admission fee for the concert is \$3 for adults and \$1.50 for children.

Garden Requires Planning

The success of a vegetable garden depends largely on the amount of planning that goes into it, says Sam Cotner, a horticulturist with the Texas Agricultural Extension Service. And the time to start planning is now.

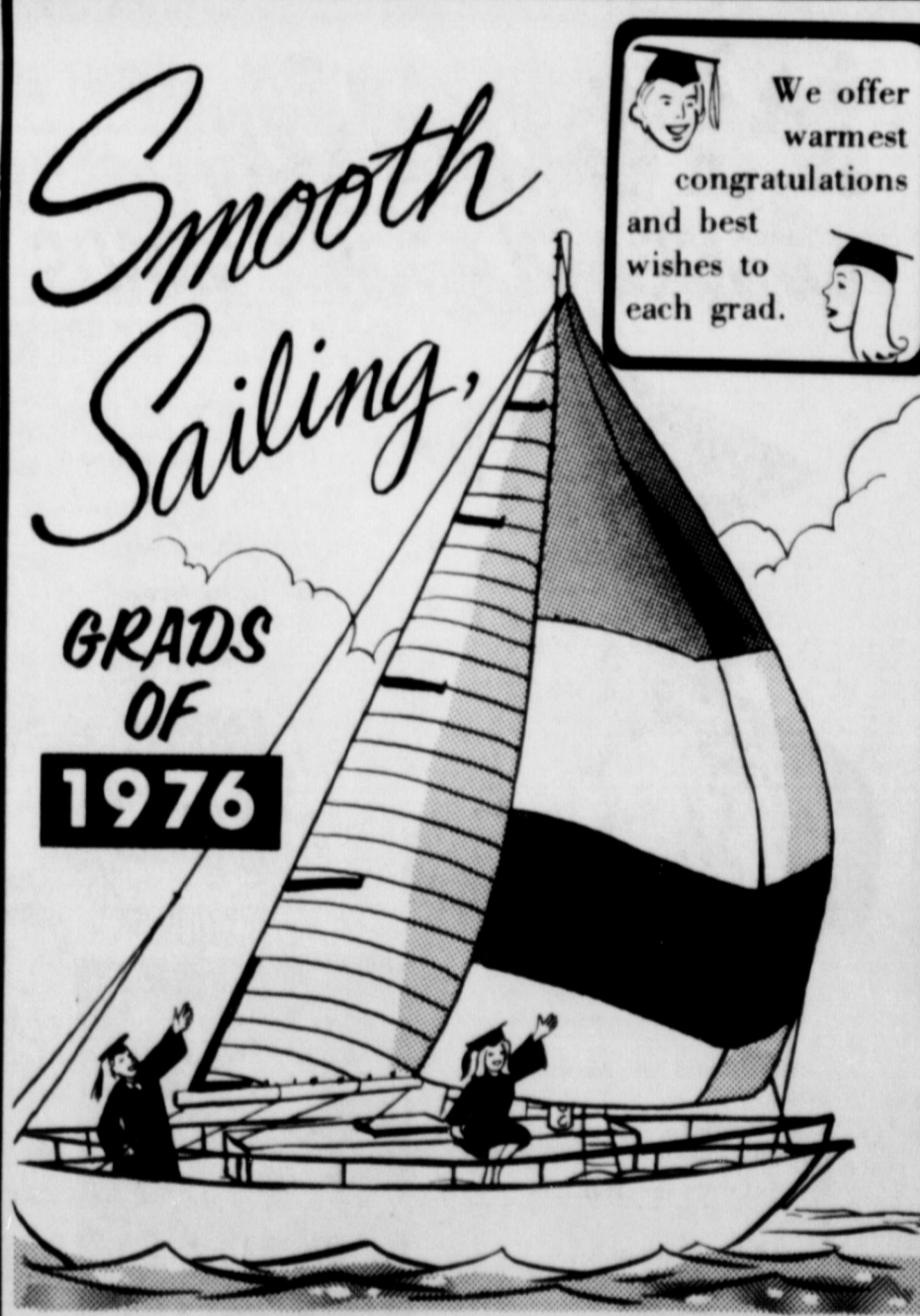
"The first step in planning a garden," says Cotner, "is sel-

ecting a site. Locate the garden in an area that gets plenty of sun and has loose, fertile and well-drained soil. Try to avoid poorly drained areas, rocky ledges or soil infested with Johnsongrass and other weeds.

The closer the garden is to the house, the easier it will be to

Smooth Sailing,

GRADS OF 1976



We offer warmest congratulations and best wishes to each grad.

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Piano Pupils Present Spring Recital

Mrs. Jean Craft presented her piano pupils in a Spring Recital on Friday, May 14 at 8:00 p.m. in the auditorium of First Baptist Church in Earth. The auditorium was decorated using the Bicentennial theme.

The recital opened with the group singing "America the Beautiful" accompanied on the piano by Mrs. Larry Hausmann.

Delvin Walden presented the invocation.

Pupils who performed in the recital were as follows: Alan Hausmann, Merri Hausmann, Glen Hausmann, Mitzi Dutton, Page Layman, Swanya Branscum, Shawndi Geissler, Mandy Plank, Sandra Speck, Richard Walden, Marty Watson, Rebecca Barber, Mark Jordan, Kelley Walden, Terry Baker, Sherri Kinard, Bryan Scott, Lori Hartline, Jill Turner, Cindy Clayton, Loretta James, Glenn Craft, Kyle Kelley, Sheila Jordan and Carla Taylor.

special awards were presented. Sheila Jordan, daughter of Mr. and Mrs. Earl Jordan received a beautiful trophy "Highest Guild Award" in Junior High and Mark Jordan, son of the Earl Jordan's received "Highest Guild Award" in Elementary. Also Glenn Craft, son of Mr. and Mrs. Jimmie Craft received a trophy "Highest Theory Award" for making the highest score on State Level theory test.

Following the recital, Guild Diplomas were presented to the students who participated in the Guild Audition. Also Theory Medals were presented to the following:

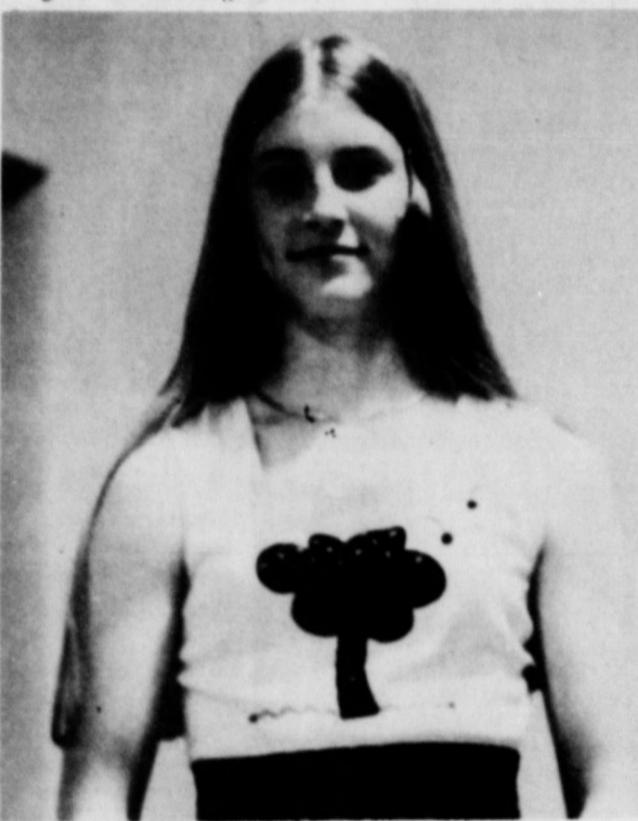
Gold Medals went to Glenn Craft and Sheila Jordan.

Silver Medals were presented to Mark Jordan, Kelley Walden and Jill Turner.

Bronze Medal winners were Sandra Speck and Tracy Lackey. Theory Award of Merit Certificates went to Merri Hausmann, Terry Baker, Sherri Kinard and Kyle Kelley.



GIRLS' ATHLETIC AWARDS. 7th grade, Lupe Sauseda, tennis; Jeanne Haydon, basketball; Sharon Jackson, track and Carla Taylor, All-Around girl athlete and Jennifer Kellar, 6th grade All-Around girl athlete.



SUE JONES, Junior High library award winner.

Notice

A bridal shower, honoring Miss Kathy Wright, bride-elect of Sammy Parish is set for Saturday, June 5 in the home of Mr. and Mrs. Sandy Sanderson. Hours are from 3 o'clock to 4:30 p.m.

Anyone wishing to be hostess may call Mrs. James Busby or Mrs. Roy Byers.

Selections have been made at Howell's 216 Floral and the Bee Hive Mall.

Mrs. W. B. Hucks was Queen for the Week, having lost the most weight.

Those present were Mrs. Irvin Ott, Mrs. James Packard, Mrs. Carl Perkins, Mrs. Bob Robinson, Mrs. J. E. Shirey, Mrs. Gerald Inglis and Mrs. Hucks. The meeting concluded with the re-dedication Prayer.

PARENTS NEEDN'T feel guilty about saying "no" because reasonable rules help children learn acceptable behavior and self-discipline.

At the turn of the century, a school of medical thought

maintained that the mind might not be able to sustain its equilibrium under the speeds of which automobiles were capable.

Move Up Day

We wish you the best things life can offer, Grads... health, happiness & success.



KELLY HAYDON

Parents-Mr. and Mrs. Eddie Haydon
Years Attended S-E-12
Future Plans-South Plains College (Fashion Merchandising)
Favorite Food-Fish
Favorite Song-Love Will Keep Us Together
Favorite Sport-Football
Favorite Color-Blue
Hobbies-Cooking, Horseback riding and Fencing

R. J. "Skeeter" BROCK

FARMERS UNION INSURANCE EARTH
HAIL-FIRE-LIFE-ACCIDENT-CANCER INSURANCE

Local Bank Fetes Senior Class

36 graduating seniors of Springlake-Earth School were feted with a Coke party at Citizens State Bank at 3 p.m. Monday. The annual event is hosted by Citizens State Bank with Mrs. Linda Tunnell taking care of the arrangements.

Each member of the class were presented nice manicuring kits.

The boys kits were designed in black leather and the girls were beige petit point leather.

Bank president, Macky McCarty gave a brief talk stressing

an important thought. He said, "Go off and get your education, then come back home and help build your community. He elaborated further saying, "We need educated young men and women to further the growth and to bring this community up to its full potential."

Refreshments of Spudnuts, Cokes and Dr. Pepper were served to the Senior Class and their sponsors, Mrs. Marie Slover and Bill Anderson.

TOPS 217 Club Give Diet Tips

TOPS Club 217 met Thursday at 5 p.m. in the Earth Medical Building with seven members present.

the group repeating the TOPS Pledge. Roll call was answered with each member giving "A diet tip," devulging in brief how

they managed to lose weight that week. The group discussed the idea of having a party in June. More details will have to be worked out next week.

Proudly... CONGRATULATIONS, GRADS



You've all been voted the class most likely to succeed... in everything you do! Good luck, Grads!



Parents-Mr. and Mrs. Jay Winders
Years Attended S-E-12
Future Plans-Attend South Plains for two years and Tech two years.
Favorite Food-Seafood
Favorite Song-Richard's Window
Favorite Sport-Rodeo
Favorite Color-Yellow
Hobbies-Sewing, Cooking and Reading



KATHY JO WINDERS

BEE HIVE MALL

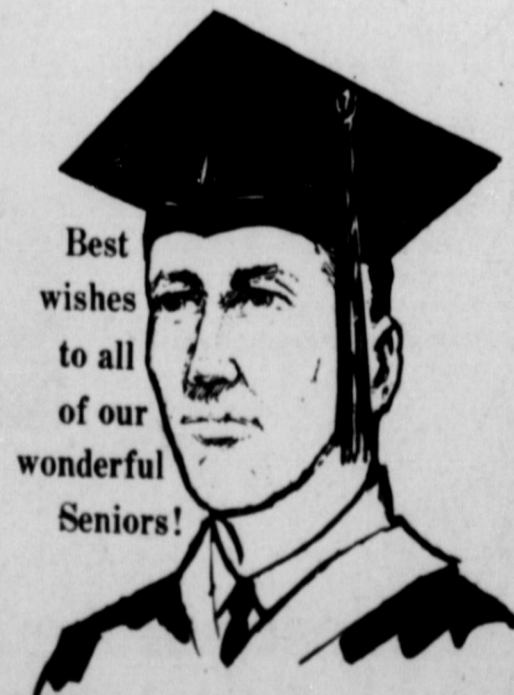
THE CASUAL NOOK-THE PAMPERED LADY
THE DAISY-SASSY STITCHIN
EARTH



Born to lead...



You have the start... the opportunity for education. And all of us, whoever we are, never cease to learn. This key which you've earned with years of study and effort is priceless, so use it well.



Best wishes to all of our wonderful Seniors!

EARTH OIL & GAS CO., INC.
-and-
SPRINGLAKE MOTOR SUPPLY

Sherry Lowery Honored With Bridal Shower

A bridal shower honoring Miss Sherry Lowery, bride-elect of Derk Powers, Hereford, was held in the Earth Community Building, Saturday, May 22, from 2 p. m. to 4 p. m. The registering table held a crystal bowl of miniature pansies and baby's breath. Accenting the arrangement was the bridal book. The serving table was covered with a white cutwork tablecloth and centered with a milk glass vase containing red roses entangled with honeysuckle. Refreshments of cake, punch, nuts and mints were served to the guests.

Special guests were Mrs. Boyd Lowery, mother of the bride-elect, Mrs. John Powers, Hereford, mother of the groom, Mrs. W. U. Lowery, Muleshoe, and Mrs. F. D. Clayton, Earth, grandmothers of the honoree. Hostess gifts included many beautiful selections of lingerie. Hostesses for the occasion were Mrs. Charles Fanning, Mrs. Don Graves, Mrs. Jim Hartline, Miss Sherry Tyler, Miss Michelle Graves and Miss Lori Hartline all of Muleshoe, Mrs. Vic Arnold and Mrs. Deny Haynes, Tullia; Mrs. Rex Tiffin, Miss Cheryl Tiffin, Silverton and Miss Frances Potts, Earth.



JUNIOR HIGH CHEERLEADERS. Sheryl Clayton, 6th grade; Jeanne Haydon and Stephanie Parish, 7th grade; Kim Haydon, Loretta James and Sue Jones, 8th grade.

Larry Stovall Honored On Birthday

Larry Stovall was honored with a birthday party, Saturday, May 22 in his home. A delicious meal of various dishes was served to the guests. Those attending were Jose Frausto and daughters, Lupe and Josie, also his grandson, Dominic. Mr. and Mrs. Ray Frausto and children and Mr. and Mrs. Joe Frausto and sons, all of Fieldton.

TOPS 891 Clean Meeting Rooms

Members of the TOPS Club 891 met Wednesday afternoon in the Earth Medical Building. Six members weighed in and answered roll call. Mrs. Red Murrell was Queen for the Week, having lost the most weight. The group held a brief business meeting. A note from Mrs. Bud Jones, who is visiting her daughter and family in Roff, Oklahoma was read aloud to the group. The group dismissed with the Serenity Prayer and spent the time cleaning up the meeting rooms.

Mrs. Terry Denton Feted With Shower

Mrs. Terry Denton was honored with a layette shower in the home of Mr. and Mrs. Ed Dawson on Friday, May 21 from 4 to 5:30 p. m. Decorations were in pastel colors and featured fresh flowers furnished and arranged by Mrs. Harlon Watson. The serving table was laid with white wrinkle cloth trimmed in heavy colonial lace and centered with a yellow tissue honeycomb umbrella decorated with yellow ribbons and garlands of daisies under which baby items had been placed. Snowball dessert, punch and coffee were served from silver and crystal appointments to the approximate 25 guests attending. Special guests were Mrs. Tommy Alair and Mrs. Rachael Elsie, who along with the honoree were presented corsages made of baby socks and toys. Hostesses for the occasion were Mrs. Harlon Watson, Mrs. Ray Jo Riley, Mrs. Robert Duke, Mrs. Charles Axtell, Mrs. Orville Cleavinger, Mrs. V. O. Busby, Mrs. Delvin Walden, Mrs. Ronald Cleavinger, Mrs. Charley Jones, Mrs. W. O. Jones and Mrs. Ed Dawson.



Hello World

Amber Sue, the baby sister of grown up 3 year old Keri Dee Middleton was born at 2:35 a. m. Monday, May 24 in the Midland Memorial Hospital. Her parents, Mr. and Mrs. Phil Middleton are happy to have Amber sue in their family circle. She arrived weighing 8 pounds and 5 ounces and measuring 20 1/2 inches tall. Her angelic halo is quite noticeable, as underneath she wears a tiny patch of black soft hair. Middleton is employed in the Bill French Accounting Firm of Midland.

Notice

A Cheerleaders Clinic will be conducted next week on the campus at S-E School for students grade 2 through the 8th grade. The five day clinic will begin Monday, May 31 and continue through Friday, June 4. Time will be from 1 o'clock each afternoon until 5 p. m. Fee will be \$20 for each student attending. Instructors will be S-E Wolverine cheerleaders. They are Debbie Daniel, Kim Clayton, Sherri Winder, Elaine Bills, Raue Winder, Flora Rivas and Kim Haydon.

NOTICE

A bridal shower honoring Miss Jamie Washington, bride-elect of C. L. Myers, is scheduled for June 12 in the home of Mr. and Mrs. Doland Fennell. Hours are from 10:00 to 11:30 in the morning. Anyone wishing to be hostess may call Mrs. Fennell at 986-3021 or Mrs. Davy Haberer at 257-3886.

Card of Thanks

Thank you to all who called, brought food, sent flowers, memorials, the beautiful music, the minister's, the ladies who served food, the funeral directors, those who spoke comforting words or contributed in any way to our comfort during the illness and death of our mother. May God richly bless each of you and you too shall see the "Sun Rise in Glory."

MR. & MRS. CECIL GINN and FAMILY
BEULAH NEWTON & FAMILY
URA GINN & FAMILY



MUCH DENSE FOG is merely a fine accumulation of mist on your windshield.

National Guild Of Piano Audition Held

The National Guild of Piano Audition was held May 15 at Springlake-Earth School with Mrs. Thompson of Portales, New Mexico as the adjudicator. Mrs. Thompson is a faculty of Eastern New Mexico University Music Department. There are over 600 established music centers in this country where these auditions are held annually. The following piano students of Mrs. Jean Craft were winners of National Guild of piano audition. They each memorized 10 required repertoires, plus scales, chords and arpeggios of each piece programmed. Winners are Bryan Scott, Richard Walden, Shawndi Geissler, Marty Watson, Alan Hausmann, Merri Hausmann, Glen Hausmann, Mark Jordan, Sheila Jordan, Kelley Walden, Cindy Clayton, Page Layman, Mitzi Dutton, Glenn Craft and Kyle Kelley. Mr. and Mrs. Leon Foster spent from Wednesday to Sunday at their trailer in Ruidoso. They enjoyed the few days of rest and also went to the races.

MORE THAN 76,000 Texas high school students received on-the-job training through the vocational cooperative education programs during 1974-75. These students worked part time in retail stores, offices, hospitals, and a variety of other business and industrial firms as a part of their secondary education.

MORE THAN 8,000 young adults are enrolled in Young Homemakers of Texas and Young Farmers of Texas, two organizations sponsored by the Texas Education Agency to continue the vocational efforts of men and women now out of school.

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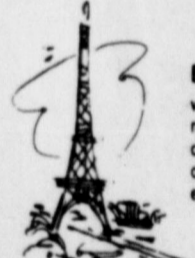
May we suggest...



HAWAII... Purchase a tour, save on air fares, side trips, hotels.



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THE ORIENT... now's the time for you to experience its magic!



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CITY _____ STATE _____ ZIP _____
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Big Ben

Expanding Steel Antenna
1. Teletext 58 K. (only mobile home antenna)
2. Easy to install
3. Complete instructions

Antenna System
1. Antenna
2. Base
3. Mounting Hardware
4. Instructions

Cost PER SET -- \$19⁹⁵

WHITE STORES INC.

130 Main
364-0571
Hereford, Texas



37 Students Receive Perfect Attendance Awards

37 students in Springlake-Earth High School were presented Perfect Attendance Awards at the recent High School Awards presentation. There were 7 Seniors receiving the perfect attendance award, 8 Juniors, 10 Sophomores and 12 Fresh-

men Senior students having perfect attendance were:

- Lee Brown
- Fonda Goodwin
- Gerado Olvera
- Cindy Robinson
- Grace Sauseda
- Eric Vaughan
- Gena Wisian

Junior students with perfect attendance included:

- Dickie Brownd
- Ardis Conner
- Debbie Daniel
- Rodney Geissler
- Dina Jo Hampton
- Maria Samaniego
- Isabel Sauseda
- Timmy Thomas

Sophomore students were:

- Clint Dawson
- Connie Dear
- Kareen Hulcy
- Kathy King
- Johnny Lumsford
- Debbie Pittman

- Flora Rivas
- Rosa Rivas
- Diana Ruiz
- Baldomero Sauseda

Freshman students included:

- Lynn Brown
- Tim Craft
- Bobby Gover
- James Herriage



6th GRADE CITIZENSHIP AWARDS... Windy West, medal winner; Stacy Tunnell, Lance Phelps, Arturo Samarron and Sammy Ott, certificate winners.

- Petra Lewis
- Ray Charles Hill
- Lisa Pittman
- Christie Pittman
- Arjelia Sauseda
- Garland Stovall
- Oletha Thomas
- Bryon Vaughan

Cub Scouts To Tour Utility Plants Saturday A.M.

Members of the Springlake-Earth Cub Scout Pack 614 will gather at the Scout Hut, at the rear of the City Hall on Saturday morning at 9:00 o'clock. From there the pack will go to Plant X and also the El Paso Natural Gas Plant where they will tour both plants.

Each den meets separately each week, then once each

month, they gather in a group for a big pack meeting. Each den is currently working to earn achievement badges.

Cub Master for the pack is Bill Dunlap. Den Mothers are Mrs. Joe Miller, Mrs. Earl Ramsey, Mrs. Mary DeLaCerde, Mrs. Joe Schoenberger, Mrs. John O. Haberer, and Mrs. John Cornett.

Branding Party And Family Reunion Held At Gibson Ranch

BY: PETE PETERMAN

No doubt one of the most enjoyable events in Lamb County happened at the J. T. Gibson Ranch, south of Springlake the week-end of May 22. Branding Family Reunion and Birthday Party.

When J. T. "Thurston" Gibson and wife Marty Gibson decided to put off the spring roundup until his birthday, they soon decided to have a Gibson reunion all at the same time. The women folks sent out the word "you all come" and commenced to make the necessary arrangements for a bit of food for the crew. The menfolk with all the good neighbors and cowboys for miles around met with their horses some 5 miles over on the west side and started their early morning drive to gather the calves and their mothers and bring them to the corral back near the barn.

By 10:00 o'clock all the cows and calves were in the gathering pens, and the business soon started. Cows and calves were separated and the calves to be worked were placed in a smaller pen near to the fence where the spectators could watch. A butane burner soon had the irons hot, and every boy was soon assigned a duty to perform.

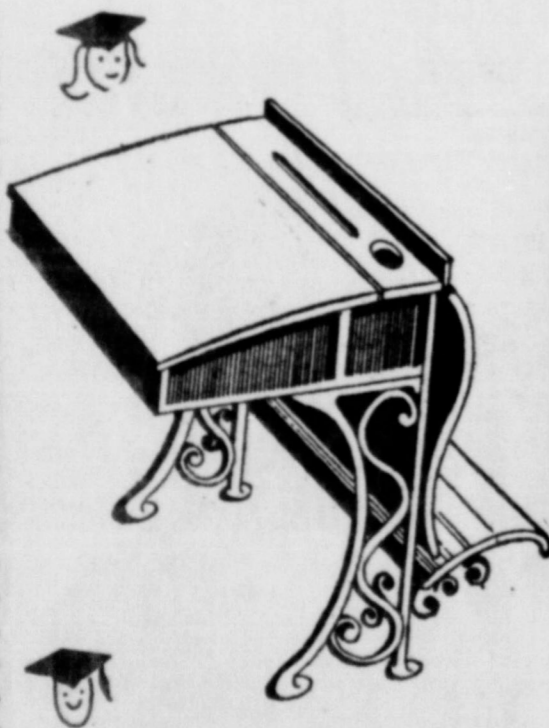
By this time the Old Times were there and they got a chance to show their talent. Everybody was amazed at the accuracy and talent of these men in their seventies. When they tired a bit, the best cowboys and calf flankers in Lamb County took over and the show was on. One man with the knife, another with the irons, another a vaccinating needle, and a group of calf flankers, together with some of the finest cow horses and cowboys imaginable went to work. They were a good show, and by 12:30 p.m. had finished and the calves were turned back to their mummies, sprayed and turned out to grass again. The men tied up their horses, and all went up to the Pondoro-



WILLIAM E. O'HAIR

Parents-Mrs. Jeanette O'Hair Years Attended S-E-12 Future Plans-Attend Texas Tech Major Electrical Engineering Favorite Food-Mexican Food Favorite Song-"Rocket Man" Favorite Sport-Golf Favorite Color-Blue Hobbies-Electronics, Archery

Success to You Graduates



The books are closed... the desks are empty... the halls are vacant as another Senior Class comes to graduation.

To each of the industrious and capable Seniors in this memorable class of Graduates we send our greetings and heartiest good wishes.

PRO SPORTS CENTER

PARK PLAZA

HEREFORD

Understanding Your Happiness Level

Do you equate happiness with property? Do you have any idea what living in America will be like in the years ahead? Americans will have the opportunity to explore these and many other questions on May 27 when "Pursuit of Happiness," a special 90-minute program, is aired over NBC.

"Pursuit of Happiness," the third and final program in a trilogy of prime-time documentaries called, "Life, Liberty and the Pursuit of Happiness," will be sponsored by Equitable Life Assurance Society and narrated by news correspondent, David Brinkley, and celebrated author, Studs Terkel.

The trilogy is aptly named, for each of the programs focuses on the words of Thomas Jefferson and examines the meaning of his statement that "all men... are endowed by their creator with certain inalienable rights; that among these are life, liberty, and the pursuit of happiness."

The first program, "Life," was mainly concerned with America's past and how the country grew. The second program, "Liberty," dealt with how our system of laws evolved and what these laws mean today in relation to Jefferson's original concept of liberty. The third program, "Pursuit of Happiness," will examine whether the American idea equates property with happiness. It is interesting to note that in the original draft of the Declaration of Independence,

Jefferson wrote "life, liberty and property."

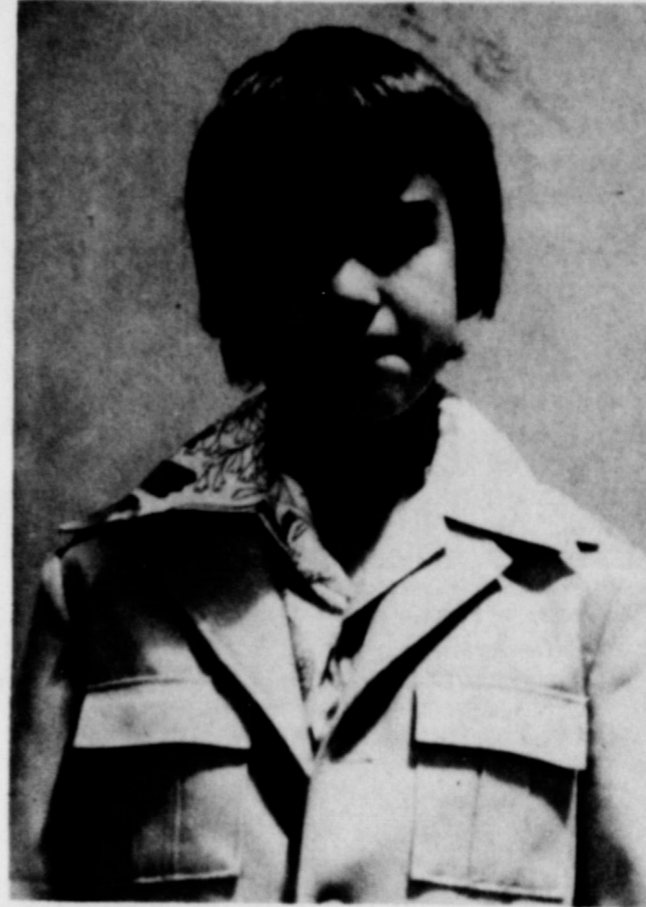


HAPPINESS EQUALS PROPERTY?—It is interesting to note that in the original draft of the Declaration of Independence Jefferson wrote "life, liberty and property."

Much of what is established in the earlier programs will be incorporated in the third: the heritage, the development of American individuality and the rule of laws. But the main thrust of this 90-minute documentary will attempt to foresee how the nation and its people will fare during the years ahead—to the end of the 20th century, and beyond.



Vegetables have a different texture and taste when served raw instead of cooked—and you get a bonus of vitamins and minerals, as none are lost in cooking.



KYLE KELLEY... Received the Junior High Speech award Friday. sa for dinner. A large table set where everybody could wash up for the meal. Now all the fellow rancher's

wives, and kinsman, who had gathered in, most of them brought along something to eat. They set up tables in the big 3 car garage, and served cowboy food from one table. You never saw such food, sliced ham, a beef roast as big as a bed-roll; Mexican beans in a pot as big as Dallas; and a host of salads, coffee, and other goodies. They had peach and cherry cobbblers that took up a half a table.

Approximately 60 people soon ate all they could and were ready to go to the next pasture and start another roundup and branding procedure. By four or five o'clock the bulk of the cowboys and neighbors had returned home, and the family reunion was on. Four brothers and three sisters of Thurston Gibson

were there with a lot of in-laws, brother-in-laws, sister-in-laws, and generations of the family's. All of Gibson's brothers and sisters, and their mates were there for the birthday celebration and reunion, with the exception of one brother in Guthrie, Texas who is foreman on the 6666 Ranch and could not get off to come. The families came from Albuquerque, Austin, Amarillo, Lubbock, Paducah, and Plainview, and then nearly every town in Lamb County turned out for the Gibson Party. From Littlefield, Amherst, Earth, Olton and Springlake, they all came to help these good neighbors and friends to celebrate this day of their lives they shall never forget.

TO A VERY SPECIAL CLASS OF PEOPLE



WE CONGRATULATE EACH ONE OF YOU! BEST WISHES FOR THE FUTURE

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257-3762 EARTH

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Window Broke Out Sunday During Scuffle

A plate glass window on the east side of City Insurance was knocked out Sunday afternoon around 7 o'clock according to City Marshal, Alvin Pittman. Pittman said he went out to the S-E School Monday and found the student with a cut on his arm. The student readily admitted he was among the group responsible for the broken window and offered to pay for

the replacement of the window. The boy told Pittman he had planned to come in the next day and tell him about the accident. He revealed that a group were scuffling on the vacant lot between City Insurance and Wayne Rutherfords Service Station, when he was knocked backward, he fell with his head and arm hitting the window and breaking it out.



IT COULD HAVE BEEN A CALAMITY. This is the window in the City Insurance Agency office broken Sunday evening in a careless scuffle by some youths.

H.S. Sanders Breaks Leg Tuesday

H. S. Sanders, is a patient in the Highland Hospital in Lubbock. He was taken to the hospital by ambulance Wednesday morning after he fell Tuesday afternoon breaking his leg. The accident occurred Tuesday when Mrs. Sanders left him watching television to step outside for one moment to help her daughter Aurelia with a brief task. Mr. Sanders im-

mediately left his chair and walked outside to see what they were doing when he fell. He thought he was alright that night. Then Wednesday morning he was taken to the hospital to be checked over when doctors discovered he had broken his leg. Sanders will perhaps undergo surgery Thursday.

Old-Time Household Hints Still Good

"In my library is an old tattered book, minus its cover. The dedication is 'To those plucky housewives who master their work instead of allowing it to master them.'"

Mrs. Patricia Seaman, a housing and home furnishings specialist, who was telling about her book, said that the date of the book is gone, but it is well worn with pages that are yellow and brittle, and it has a recipe in it dated February 28, 1888.

"In it also are the remains of some pressed flowers, numerous clippings, many notes and the very real essence of the woman who used it many times a day," she added.

Mrs. Seaman is with the Texas Agricultural Extension Service, The Texas A&M University System. "With thoughts turning to bi-

centennial celebrations, and how things were long ago. I think books from the past can give a real insight into the women who helped build our country during the past 200 years.

"For example, instructions for washing linen suits says to fill a pail with old, dry hay, put scalding water in it and let it stand until the water is colored; then wash the linen in it and it will look as nice as new."

Another suggestion, this time for cleaning cut glass vases after using them for cut flowers, says to fill the vase with sour buttermilk and let stand overnight. Then wash and polish the vase in the usual manner. It will sparkle like new.

Mrs. Seaman said she had tried this method and it worked perfectly.

"And here is another idea that, with a few minor improvements could be considered for today's living too," she added.

"A box two feet by two feet by 14 inches deep was purchased for each of my children's bedrooms. I fastened casters on the box and hinges on the lid and lined the box with newspaper, but the outside was covered with paper to match the wall in their rooms. One of these boxes was placed in each room at the foot of the bed and it was impressed upon their minds that all soiled garments must be placed in that box, thereby saving their mother's steps and patience.

"When Monday morning came, a couple of the boys carried the basket from one room to the other and in a very few minutes the washing was all ready for the tub. These boxes are much nicer than laundry bags, as they can be used as a seat, and having casters, they can be easily moved."

Mrs. Seaman pointed out that if you have to make your box, or if you buy one, drill several small holes in it for ventilation. The inside could be painted or lined with washable adhesive paper.

"The outside also can be painted, covered with adhesive paper, wallpaper and fabric. A cushion could be made on

the top to make it more comfortable as a seat," she suggested.

City Pool Opens Monday 1 p.m.

The City swimming pool will open Monday at 1 p.m., manager Art Karger announced Tuesday. Life guards will be Gary Hamilton and Camille Hinchliffe.

The pool will be open 7 days each week, hours are 1:00 to 8:00 p.m., everyday except Wednesday and Sunday. On Wednesday hours will be 1:00 to 7:00 p.m., and on Sunday the pool will be open from 1:00 to 5:00 p.m.

RULES FOR SWIMMING POOL

1. No horse play around the pool
2. No running around the pool
3. One at a time on the diving board
4. Stay off the rope in the pool
5. No smoking or dipping in pool area. No candy in the pool.
6. Not responsible for clothes in showers
7. No one allowed in concession stand except employees
8. No throwing people in or the price of admission will be paid by the guilty party
9. No inner tubes or floats in deep end
10. Life guards and manager have the right to ask any one to leave if behavior improper.
11. 75¢ 12 and older
- 50¢ 11 and under
12. Private Parties \$20
13. Health certificate required
14. Everyone is expected to obey the rules.

Manager
ART KARGER

Jr. High Citizen Of The Week

Two local students have been chosen "Citizens of the Week." The twosome selected are Biff Belew and Hattie Thomas.

Biff is the 13 year old son of Mr. and Mrs. Bob Belew. His birthdate is December 19, 1962. Biff has brown hair and blue eyes. He is 5 feet 6 inches tall and weighs 136 pounds.

Shrimp is his favorite food and "Starsky & Hutch" is his favorite TV show. Basketball is the sport he likes best and his hobby is riding motorcycles. Blue is his favorite color and "Take it to the Limit" is his favorite song.

His future is yet to be decided.

Hattie is the 14 year old daughter of Mr. and Mrs. Grant Thomas. Her birthdate is June 30, 1961. She has black hair and dark brown eyes. She is 5 feet 2 inches tall and weighs 106 pounds.

Mexican casserole is her favorite food. "Good Times" is the TV show she prefers. Basketball is her favorite sport and her hobby is reading. Blue is her favorite color while "Take it to the Limit" is her favorite song.

In the future she plans to become a housewife.



Mr. and Mrs. Bob Cummings Receive Degrees

Mr. and Mrs. Bob Cummings were members of the graduating class from West Texas State University on May 15. The commencement was held at the Tri-State Fairgrounds Coliseum.

Mrs. Cummings received a BS degree in Elementary Education and Mr. Cummings received a BS degree in Social Science.

Mrs. Cummings is a graduate of Whiteface High School and Mr. Cummings is a graduate of Springlake-Earth High School.

The Commencement Address was delivered by Wayne E. Thomas.

Mike Cowley Receives Degree

ALPINE-Robert Michael Cowley from Earth was among 447 August and December 1975 and May, 1976 graduates receiving degrees from Sul Ross State University during commencement exercises Friday, May 14.

Keynote speaker for graduation was Texas Governor Dolph Briscoe. In his address to the graduates, Briscoe made a strong commitment to the University. He said that Sul Ross was a great University and "we will do everything possible" to make the University grow and prosper. Briscoe also asked the graduating seniors to accept the "challenge and opportunity to build a greater Texas."

Robert Michael Cowley received his M. Ed. degree. Mike is a graduate of S-E School and the son of Mr. and Mrs. Kenneth Cowley.

RE RUBIES
People once thought that rubies could preserve persons from plague.



CONGRATULATIONS CLASS OF '76



This World Belongs To You And It Will Be A Better Place Because Of Your Fine Accomplishments This Day And In Days To Come.

DR. B.W. ARMISTEAD - Optometrist

LITTLEFIELD

ONWARD AND UPWARD CLASS OF '76!

Marching on...



L'ANNA SULSER

Parents-Mr. and Mrs. Norman Sulser
Years Attended S-E-12
Future Plans-College
Favorite Food-Mexican Food
Favorite Song-Dream Weaver
Favorite Sport-Basketball
Favorite Color-Blue
Hobbies-Tennis, Sewing

Class of '76

In grand old tradition, we salute the Class of '76

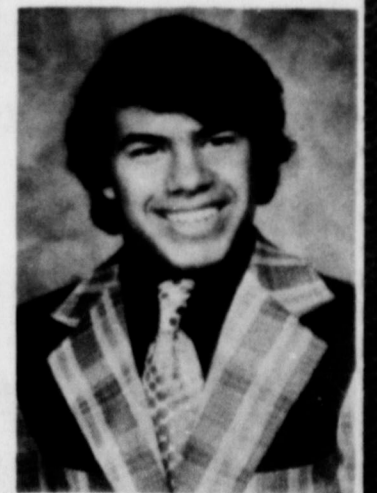


You're Over a Big Hurdle!

NICE GOIN' 1976 GRAD.



We know you will continue to score high marks in the future



LUPE RIVAS

Parents-Mr. and Mrs. Jose Antonio Rivas
Years Attended S-E-7
Future Plans-College
Favorite Food-Pizza
Favorite Song-Imagine
Favorite Sport-Football
Favorite Color-Blue, Green and Blue-Green
Hobbies-Football



S-E Majors And Abernathy Minors Win Regional

The Springlake-Earth Major team of Girls Little Dribblers won the Regional Tournament to share their glory with the Minor team of Abernathy who won Regional in the Junior Girls

Division, The local Major team is coached by Mrs. Belinda Seay and the Abernathy winning team is coached by Larry Griffin, a former Earth man. The two Regional winners are

to play in the West Texas Play-off tournament June 2-3-4-5 in Dalhart. According to Coach Belinda Seay the local Major team will leave Wednesday morning early.

They are slated to play the winner of the Crowell Regional at 3:30 p.m. on June 2. If the local group win they will play the winner of Littlefield and Dalhart game, at 3:30 p.m. Thursday, June 3. If they lose, the local team will play the loser of the Littlefield-Dalhart game at 7:15 p.m.

The Springlake-Earth Major team played their first game in the local Regional Tourney at 3:30 p.m. on Friday. They took on the Bovina team and won by a score 23-19.

As the local girls took the court they grabbed the lead and retained it during the entire game. At the end of the first quarter the score was 5-2. The local team kept racking the baskets and at the half the score stood 15-6. The third quarter Bovina scrambled and managed to score 6 points while the local team scored only 3 points, however, they still retained the lead with a score 18-12. When the final whistle blew the score board marked the figures S-E 23 and Bovina 19.

High point girl for Springlake-Earth was Jennifer Kellar with 10 points. High point girl for Bovina was Lesa Shepard with 16 points.

The Major team played their second game at 7:15 Friday night. This time they took on the Abernathy Majors. Springlake-Earth team were victorious. The final score was 33-23.

The local girls dashed on the court with determination to play ball in a team effort and to win the game. They took the lead early in the first quarter and at the end the score-board showed 10 for S-E and 6 for Abernathy. The speedy little gals kept racking up the baskets and at half time the score was 22-12. In the third quarter Abernathy rolled and took control of the ball to gain 8 points to S-E's 4 points and at the end of the third quarter the score was to close for comfort. It was 26-20. In the final quarter Springlake-Earth grabbed the ball and made 7 points while their opponents made only 3 points to end the game with a score, Springlake-Earth 33-Abernathy 23. That game put

S-E in the finals. High point girls for Springlake-Earth were Sheryl Clayton and Jennifer Kellar, each with 10 points. Abernathy's high point girl was Sherry Martin with 6 points.

The final game for the Major team was with Farwell at 8:30 Saturday night. The game was a thriller. It ran into the second overtime with Springlake-Earth winning a four point lead at the very last moments of the second overtime. The final score was 42 for Springlake-Earth and Farwell 38.

Farwell led the game all the way, until just moments before the game ended. S-E caught up to tie the game 32-32.

The first quarter ended with Farwell leading S-E with a 6 to 3 score. At half time Farwell continued to lead with a score 18-9. During the third quarter S-E got the ball going to cut down the margin of lead Far-



NO. 1 TEAM IN THE AREA... The S-E Little Dribbler Girl's Major division won the privilege of playing in the State tournament next week. Kneeling are Cheryl King, Carmen Kelley, Sheryl Clayton, Michelle McCarty and Jennifer Kellar. Standing, Twila Eagle, Vonda Stephens, Melinda Denham, Janice Becks, Glenda James, Michael Ann Fields and Sandi Gonzales.



FIRST PLACE WINNERS... In the Minor division from Abernathy. Kathy Ellis, Joan Davis, Sarah Miller, Regina Powell, Terri Geist, Jackie Riddell, Melanie Parks, Vickie McKenzie, Stacy Kelly, Susan Stone and Holly Shaffer. Kristy Hopson was not present for picture.

well had, and as the quarter ended the score was 24-20. The fourth quarter was a doozy with S-E managing to tie the score just as the final whistle blew, leaving the score 32-32.

The game went into the first 2 minutes of overtime at the end of the overtime play the score was still tied 36-36. The second overtime was a thriller, and just at the last moment Springlake-Earth with a great coach to guide them scored to end the game 42-38 to place the local team as winners of the Regional Tournament.

High point girl for S-E was Jennifer Kellar with 20 points. Janine Berry was high point for Farwell with 30 points to her credit.

Mrs. Seay's coaching was excellent and the girls obeyed instructions to the word. Their efforts were directed in a team

(Continued on Page 9)

Now that you have opened the door to success



Here's to a **NEW** Beginning FOR YOU... FOR AMERICA



BILL WHITEHURST
Parents-Mr. and Mrs. Frank Whitehurst
Years Attended S-E-2
Future Plans-College
Favorite Food-Pizza
Favorite Song-"Silver Wings"
Favorite Sport-Baseball
Favorite Color-Blue
Hobbies-Archery

MULESHOE LOCKER CO.

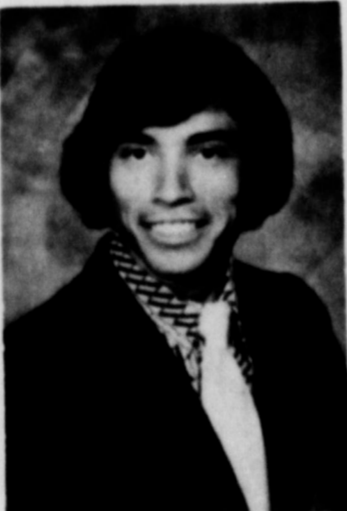
OUR VERY BEST WISHES TO ALL THE GRADUATES



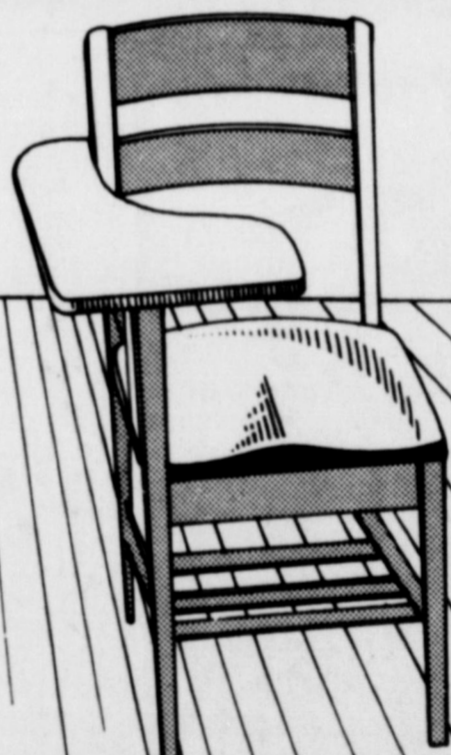
CONGRATULATIONS!!!

DIMMITT AGRI INDUSTRIES, INC.

DIMMITT PHONE 647-2541



SALVADOR PADILLA
Parents-Mrs. Daniel Padilla
Years Attended S-E-12
Future Plans-Have no future plans at this time
Favorite Food-Mexican Food
Favorite Song-Why Can't We Be Friends
Favorite Sport-Basketball and Football
Favorite Color-Red and Blue



The Good Ol' Days

We can remember many of the graduating class as youngsters, dreaming of tomorrow. And now, tomorrow has come. The dreaming youngsters of yesterday are the new citizens of today. We are proud of you, Seniors, and proud of your dreams and hopes, for these are the things that will build an even better tomorrow for all mankind.

Davis & Pyle Pump And Drilling Co.

GEARHEAD REPAIR-WE PICKUP and DELIVER
We Have The Peerless Dealership For This Area
We Also Have Retco-Worthington-Fairbanks Morris
And All Major Brands of Pumps
Located In The Former B & W Pump Co. Building
On North Highway 385 In Springlake
L. T. DAVIS---Owners---FLOYD PYLE



JIMMY FURR
Parents-Mr. and Mrs. John Gene Furr
Years Attended S-E-2
Future Plans-Get out of school and try to find a job
Favorite Food-Spaghetti
Favorite Song-Brandy
Favorite Sport-Football
Favorite Color-Blue
Hobbies-Rodeoing and Hunting

S-E, ABERNATHY
(Continued from Page 8)

effort, never in an individual play.

LOCAL MINOR TEAM TAKES 2nd IN REGIONAL PLAY

Abernathy Minor team was the speediest group of girls in the tournament. They also knew how to pass the ball keeping it in their control. The team took the tournament by storm.

The local Minor team played Abernathy Friday at 1 p.m. Abernathy was victorious with a score 34-16.

The first quarter score was 8-4 in Abernathy's favor. At half time the score stood 13-7 and at the end of the third Abernathy had failed to let S-E score in the third quarter and the score-board stood at 26-7. The game was Abernathy's all the way and ended 34-16.

The second game S-E played

began at 1 p.m. Saturday with Bovina as their opponent. S-E was victorious with a final score of 41-Bovina 17. S-E gained one point lead in the first quarter, ending the quarter with 7-6 lead. At half time S-E had gained a lead of 22-9. The third quarter Bovina held S-E down, the local girls only scored 2 points and the quarter closed with a 24-15 score. In the fourth and final quarter S-E came back with vim and vigor to score 17 points to Bovina's 2 points to fix the final score of 41-17.

High point girl for S-E was Dawna West with 21 points. Vicki Tomez scored 7 points to be high point scorer for the defeated team.

This game put S-E into the finals. Their last game was with Abernathy at 7:30 p.m. Saturday. Abernathy just took the ball and wrapped up the game. The final score was 43-7 in Abernathy's favor.

Abernathy took the lead in the



SECOND PLACE WINNERS... In the Minor division, kneeling, Angie Parish, Joelda Garza, Sharman Stephens, and Rosalinda Montiel. Standing, Jennifer Wood, Verda Matthews, Cindy Parish, Dawna West, Shelly Caudill, Elaine Vaughn and Belinda Scott.

first play of the game and kept pushing ahead. At the end of the first quarter the score stood 18-0 in their favor. At half time the local girls had scored 4 to Abernathy's 25. During the entire third quarter only 2 points were scored, and Abernathy made the points to end the



FARWELL LITTLE DRIBBLER MAJORS... placed second in the tournament last week-end. They are Janene Berry, Tracie Williams, Kay Geuther, Karen Magnus, Ginger Ellison, Lezlie Castleberry, Sharon Kalbas, Tamie Loelace, Jennie Williams and Darisa Ford.

quarter 27-4. The last quarter was hectic for S-E. The fast moving, ball handling Abernathy team kept the ball rolling and racking up points to conclude the game with a score 43-7 in favor of Abernathy.

Elaine Vaughn was high point girl for S-E with 3 points, Vicki McKensie scored 22 points for Abernathy.

MAJOR TEAM RESULTS

- S-E--First Place
- Farwell--Second Place
- Abernathy--Third Place
- Bovina--Fourth Place
- MINOR LEAGUE
- Abernathy--First Place

S-E--Second Place
Bovina--Third Place

Mrs. Don Randolph, secretary-treasurer for the Little Dribbler Girls Division said the people that attended the tournament were so complimentary about the facilities and how much they enjoyed the tournament. She said everyone who attended was of the nicest folks imaginable. Mrs. Randolph, further stated, that the officials were the best and that everything went off splendid. She indicated that S-E parents and friends of the team did everything on schedule and the tournament went

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And two, we can give the best service to take care of that equipment. Our history has proven that, too.

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Springlake-Earth Junior High School Awards Presented Friday

CONGRATULATIONS SENIORS

PARTY LINE

George Nichols of Amarillo, Mr. and Mrs. Freddy Kelley of Weatherford, Oklahoma, Mrs. Barry Lewis of Muleshoe, Kent Kelley and Melissa Been of Lubbock and Mrs. Harold Fults of Hereford.

PARTY LINE

Mrs. Alice Baucum, Plainview, is scheduled to have surgery Thursday morning in the Methodist Hospital. She is the mother of Eudell Baucum of Springlake.

The Springlake-Earth Junior High School had their annual awards assembly Friday morning. Students receiving awards were:

PERFECT ATTENDANCE
 Jim Gonzales
 Kenneth James
 Melvin James
 Rory Jones
 Susie Duran
 Kari Neinst
 Betty Ruiz
 Debbie Sisneros
 Claude Barlow
 Frank DeLeon
 Tommy Hampton
 Joe Longoria
 Ramon Olvera
 Mark Parish
 Miguel Samaniego
 John Ward
 Jodie Daniel
 Beverly King
 Stella Ruiz
 Jo Letta Schoenenberger
 Lupe Avila
 Trent Brown
 Rex Fennell
 Kim Denham
 Tamara Jones
 Mona Price
 Stephanie Tunnell
 Gaylon Conner
 Alex Fuentes
 Lonnie Neinst
 Jimmy Robbins
 Bryan Scott
 Jackie Hood

CHEERLEADERS
 6th Sheryl Clayton

7th Jeannie Haydon and Stephanie Parish
 8th Kim Haydon and Loretta James and Sue Jones

HONOR SOCIETY
 Michael Graham
 Kim Haydon-President
 Sue Jones
 Tamara Jones
 Lonnie Neinst
 Kevin Riley
 Stan Runyon
 Paula Verden

DAR AWARDS:
 1st-Sue Jones
 2nd-Tonda Warren & Gaylon Conner

ATHLETIC AWARDS
 6th All-Around Girl-Jennifer Kellar
 6th All-Around Boy-Arturo Samarron

7th GRADE BOYS
 All-Around-Ronnie James
 Football-Jim Gonzales
 Basketball-Ricky Smith
 Track-Sandy Garza
 Tennis-Jeff Burk

7th GRADE GIRLS
 All-Around-Carla Taylor
 Basketball-Jeannie Haydon
 Track-Sharon Jackson
 Tennis-Lupe Sauseda

8th GRADE BOYS
 All-Around-Gaylon Conner
 Football-Rudy DeLeon
 Basketball-Lonnie Neinst
 Track-Jose Olvera
 Tennis-Bryan Smith

8th GRADE GIRLS
 All-Around-Tamara Jones



JUNIOR HIGH HONOR SOCIETY... Tamara Jones, Paula Verden, Kevin Riley, Stan Runyon, Kim Haydon, president; Lonnie Neinst, Sue Jones and Michael Graham.

LIBRARY
 Sue Jones

CHOIR
 Julio Samarron
 Nancy Ramirez

BAND
 6th-Ricky Dutton
 7th-Glenn Craft
 8th-Josie Joloma

SPECIAL READING
 6th-Rachel Monreal
 7th-Savino Valazquez

8th-Jesus Reyes
SPECIAL AWARDS MIGRANT
 Jesus Reyes

ARTS & CRAFTS
 Karen Jones

SPEECH SHOP
 7th-Rex Fennell
 8th-Kenny Wright

SCIENCE
 6th-Sammy Ott
 7th Sandy Garza
 8th-Lonnie Neinst

MATH
 6th-Debbie Sisneros
 7th Lesa Templeton
 8th-Sue Jones

SOCIAL STUDIES
 7th-Jo Letta Schoenenberger
 8th-Michael Graham

LANGUAGE ARTS
 6th-Arlie Ellis
 7th-Chester Robinson

READING
 Troy Warren

SPELLING
 6th-Merri Hausmann
 7th-Beverly King
 8th-Paula Verden

ENGLISH
 8th-Tonda Warren

OFFICE PRACTICE
 Tamara Jones

SCHOLARSHIP
 Windy West-90, 27
 Melinda Denham-90, 71
 Jennifer Kellar-91, 05
 Debbie Sisneros-92, 05
 Arlie Ellis-92, 16
 Troy Warren-92, 38
 7th GRADE
 Carolyn Taylor-90, 66

THE YEAR ROUND TRAILER.
 The RHOMAN "YEAR ROUND TRAILER" is a farm investment that works all twelve months of the year. During spring planting the RHOMAN NURSE UNIT can be utilized for all liquids, fertilizers and water. The RHOMAN HOPPER UNIT handles all grain crops throughout the harvest season, and as a flatbed, the RHOMAN TRAILER is excellent for transporting equipment and supplies.

The center section of the Rhoman Flatbed is easily removed.

The RHOMAN GOOSENECK FLAT-BED gives the farmer a year 'round trailer. Its quick-change ability allows the farmer to have a Hopper Unit as well as a Nurse Unit with minimum effort. The trailer has brakes on all 8 bushels. Extra large Hopper doors and 45° sloping sides make it possible to unload high moisture and bulky grain crops with ease.

The RHOMAN TRAILER HOPPER UNIT provides commercial duty truck capacity that can be handled with a farm pickup. This unit eliminates costly truck maintenance and the need for a grain cart. The Hopper has a 360 bushel capacity and, with extensions, can be increased to 540 bushels. Extra large Hopper doors and 45° sloping sides make it possible to unload high moisture and bulky grain crops with ease.

Extra large Rhoman Hopper doors are equipped with a heavy duty rack and pinion operating mechanism.

This sturdy rear hitch is available for tandem use.

ATTENTION: COMMERCIAL FERTILIZER DEALERS & "BIG A" OWNERS-
 The Rhoman Nurse Unit will reduce needless trips to town and keep expensive application equipment in the field and on the job.

The RHOMAN LIQUID NURSE UNIT is available in 1,000 to 2,500 gallon capacity. Its 500 gallon tanks give a baffled effect for safer hauling. Because several liquids can be hauled at one time, the Rhoman Nurse Unit becomes the most versatile trailer on the market today. Rapid liquid transfer is accomplished with a 5 hp heavy duty 2" pump.

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THESE ARE A REAL SAVING

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H 78x15 - \$32³⁷ First Line Tires
L 78x15 - \$32⁶⁴

HR 70x15 - \$40⁰⁰ RADIAL

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A MESSAGE

To All Patrons Of The Gin And Their Families FROM

OFFICERS, DIRECTORS and GIN MANAGER... of the Farmers Cooperative Association of Springlake. Seated, Bill Watson, V. O. Busby, president; W. E. Miller, secretary-treasurer; and Robert McCurry. Standing Doland Fennell, vice-president; H. G. Watson, Jimmy Ray Banks and Eudell Baucum, gin manager.

EUDELL BAUCUM, GIN MANAGER AND THE DIRECTORS

Who Wish To THANK YOU

FOR ATTENDING THE ANNUAL STOCKHOLDERS MEETING

FARMERS COOPERATIVE ASSOCIATION of SPRINGLAKE
 EUDELL BAUCUM-Manager

Lamb Saving Bond Sales Reach 33% Of Goal

IN FIRST THREE MONTHS---

Sales of Series E and H United States Savings Bonds in Lamb County during the month of March totaled \$5,932,000, according to County Bond Chairman James T. Lee. Sales for the first quarter of 1976 were \$55,272,000 for 33% of the yearly goal of \$170,000,000.

Texas sales amounted to \$26,518,981 during the month compared to March 1975 sales of \$18,518,450 for an increase of 43% over last year. Sales for the first quarter totaled \$73,252,376 with 27% of the \$272.4 million goal achieved. Castro County purchased \$19,536 during the first 3 months of

the year to bring their total to 17% for their annual goal of \$100,000.

Bailey County has purchased \$18,298 during January, February and made to bring their total to 23% their annual goal of \$80,000.



The world's heaviest "coin" is the Fe or stone discs from the Yap Islands in the Pacific, which can be as large as 12 feet in diameter—and a medium-sized one used to be worth one wife or an 18-foot canoe.



7th GRADE CITIZENSHIP AWARDS... Lesa Templeton, certificate; Carla Taylor, medal; Glen Craft, Sandy Garza and Chester Robinson, certificates.

Bailey County Electric Co-op To Receive 4-H Club Award

The Bailey County Electric Cooperative of Muleshoe, a longtime 4-H supporter, will be recognized for outstanding service at the State 4-H Roundup June 1 at Texas A&M University.

J. W. Coppedge, manager of the cooperative, will be presented a special plaque from the Texas 4-H Youth Development Foundation during the 5:30 p. m. opening assembly of this year's 4-H Roundup.

The Electric Cooperative is one of 10 organizations, businesses and individuals being cited for distinguished service to 4-H by the 4-H Foundation,

the service organization of 4-H in Texas, and the Texas Agricultural Extension Service, the parent organization of 4-H.

The Bailey County Electric Cooperative has been a staunch supporter of 4-H for years and promotes 4-H not only in Bailey County but in Farmer, Cochran, Lamb and Castro Counties. The cooperative has helped 4-H'ers by providing facilities and visual aids equipment for 4-H club and project meetings and by donating prize money for the Bailey County Junior Livestock Show.

It annually pays the expenses of two youth to attend a Govern-

ment In Action program in Washington, D.C. and provides for two \$500 scholarships for outstanding 4-H'ers, Future Farmers of America and Future Homemakers of America.

In addition, the electric cooperative annually sponsors 4-H award banquets in Bailey, Farmer and Cochran Counties and joins other electric cooperatives in sponsoring the Extension District 4-H Gold Star banquet.

PARTY LINE

Mrs. Gladys Cleavinger, Dimmitt, was admitted to St. Anthony's Hospital in Amarillo on Monday for chemo-therapy. She will be dismissed on Sunday.

Stautzenberger Receives Degree

James Stautzenberger, son of Mr. and Mrs. Edgar Stautzenberger of Springlake, graduated with top honors at East Texas State University. He was one of eleven to graduate with honors. There were 904 graduates.

James is married and has a son, Jes II, and a daughter, Tammy Jean 9.

Mr. and Mrs. Stautzenberger have just returned from spending a week-end with their son and family at Commerce, Texas.

LOCAL LADY ATTENDS REUNION IN OKLAHOMA

Mrs. Beulah Newton of Earth was accompanied by her sister-in-law, Mrs. Ura Ginn of Amarillo, to Elk City, Oklahoma last Friday where the twosome attended a reunion for Brookside School and Community.

There were 37 people attending the reunion. They were served a delicious meal and spent the remainder of the evening visiting and re-calling old times at the two room school.

MARY KATHLEEN JENNINGS RECEIVES B S DEGREE

Mary Kathleen Jennings of Muleshoe, fiancée of Evan Hamilton, graduated with a Bachelor of Science degree in Elementary Education Magna cum laude from Eastern New Mexico University, April 30.

Mr. and Mrs. B. T. Hamilton, Brian and Evan attended the commencement exercises.

To remove grease and grime from your hands, mix a few grains of sugar with soap lather.

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MONARK BASS BOAT

Or A

MAGNUM RUN-A-BOUT

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TACKLE ROOM

-BEST PRICES IN THE AREA-



HODGES-REDIN-MARINE

SALES AND SERVICE

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PLAINVIEW

SOUTH HIWAY I-20 EAST OF COCA-COLA PLANT

Home Gardening Calendar Now Available

For the home gardener who wants a "day-to-day" plan to follow throughout the year, the Texas Agricultural Extension Service has the answer, a "Garden Calendar."

"The new calendar is a daily guide that lets the gardener know when to do what for a successful garden," points out Sam Cotner, horticulturist for the Texas Agricultural Extension Service.

"The calendar also features a list of recommended vegetable varieties for Texas along with a planting guide which provides such useful information as row and plant spacings, time required for crops to mature, and expected yields."

Although the calendar is designed mainly for Southeast and South Central Texas, Cotner explains that the information it features can be used in other areas by simply adjusting planting dates to the average freezing dates in different regions of the state.

"The Garden Calendar deals primarily with vegetable gardening but also includes timely hints on growing fruit and nuts, shrubs, flowers and lawn grasses," adds the Texas A&M University System horticulturist.

The calendar is available from the Department of Agricultural Communications at Texas A&M University for 25 cents a copy. Anyone interested in reviewing the calendar may do so at any Extension office.

"Since the key to a successful garden often hinges on doing the right thing at the right time, the Garden Calendar should be just the thing for most home gardeners," believes Cotner.

Party Line

Mrs. Garland Stovall and daughter Carla Marie, Mrs. Margaret Anderson of Cuernavaca, California, Mrs. Robert Crofford and son Ricky and Richard Ballesteros spent the day Friday in Lubbock shopping and showing Mrs. Anderson around.



JULIO SAMARRON and NANCY RAMAREZ... Junior High Choir award winners.

Loan Program Determinations Announced

1976 cotton loan program determinations for the 1976 crop of upland cotton were announced today by the Lamb County ASC Committee.

The 1976 preliminary base loan rate for Middling 1-1/16 inch upland cotton (micronaire 3.5-4.9), at average location was announced October 30, 1975, at 37.12 cents per pound, net weight. The 1976 program loan difference between Middling 1-1/16 inch and Strict Low Middling 1-1/16 inches will be 180 points per pound (1.80 cents.) Thus, the preliminary base loan rate for 1976-crop Strict Low Middling 1-1/16 inches will be 38.92 cents per pound.

Minor revisions were made in

the 1976 location differentials because of increased transportation costs. The 1976 location differentials maintain the relationship between production areas and help assure fair loan values for cotton in different locations. A schedule showing base loan rates for Strict Low Middling 1-1/16 inches (micronaire 3.5-4.9), net weight, at each approved warehouse location will be issued soon.

Fish, One-Stop Nutrition Center

A little fish goes a long way to provide many nutrients for every age. Mrs. Mary Sweeten, a foods and nutrition specialist, says,

"Most fish and shellfish contain low amounts of fat and high amounts of protein. And most fish, except shrimp and crayfish, contain small amounts of cholesterol in comparison with other foods. Certain organ meats and egg products contain 10 times as much cholesterol as fish and shellfish," she added. Mrs. Sweeten is with the Texas Agricultural Extension Service, The Texas A&M University System.

"Fish provides complete protein essential for good nutrition, protein builds and repairs. This nutrient is needed by every cell in the body. Children need it for building strong muscles, and adults need it to repair muscles and other cells.

"Fish products are easily digested because they contain little connective tissue. They are good for diets of young children and elderly people, where ease of digestibility is important," the specialist added. She noted that calcium, iron, iodine, potassium, phosphorus, copper and manganese are minerals found in fish, and all are essential for good health.

"Calcium and phosphorus help maintain strong bones. Calcium also helps clotting of blood and regulating of the heartbeat. Fish containing small bones, such as salmon, are good sources of these minerals.

"Iron is another mineral present in fish and is needed by all cells. The red blood cells in particular. These cells carry oxygen in the air through the blood vessels to all cells in the body. Lack of iron in the diet makes a person feel tired and run down and can lead to anemia," she explained.

Seafood is a rich source of iodine, a mineral often found lacking in the diet, according to a nutrition survey. When seafood is a major part of the diet in certain iodine-deficient areas, the iodine-deficiency simple goiter can be prevented, she added.

"Certain fat-soluble Vitamins A, D, E, and K are present in fish. Specifically, Vitamin A is necessary for growth and helps the formation of strong bones and teeth. Vitamin E plays a

LUBBOCK MAN FINED FOR PASSING BUS

A Lubbock man was picked up Thursday afternoon at Springlake and charged with illegal passing of a school bus. Deputy Sheriff Elmer Hall required the man to appear before Justice of Peace, Beulah Newton who fined him \$30.

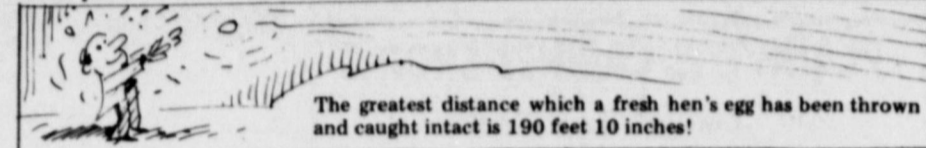
Deputy Hall stated that the man ran down in the bar ditch to pass the Olton School bus while the lights on the bus were blinking and it was stopped. The incident occurred between Olton and Springlake.

Party Line

Mr. and Mrs. Erloy Wislan, Sr. and Mr. and Mrs. Hilbert Wislan, all of Springlake were in Glorietta Wednesday night to attend the United Methodist Conference and to see Erloy Wislan, Jr., be ordained as a Deacon in the United Methodist Church.



8th GRADE SPELLING... Paula Verden, 8th grade English, Tonda Warren and Tamara Jones, office practice.



The greatest distance which a fresh hen's egg has been thrown and caught intact is 190 feet 10 inches!

ROBBY'S GUITAR SHOPPE 809 MAIN

In CLOVIS, NM

"the music store."

WE'VE GOT ON OUR

"TRADIN' BRITCHES"

SEE US BEFORE YOU TRADE ANYWHERE!
WE'LL TRADE FOR ALMOST ANYTHING!

1974
CHEVROLET
MONTE
CARLO
20,191 Miles
Loaded, Beautiful



TRADER
RAY CLARK

1965 FORD
GALAXY
4-Door-Runs Good



TRADER
JOE VALVERDE

1975
MATADOR
Power Steering,
Power Brakes, Air
Conditioning, Auto-
matic Transmission

1974
MERCURY
MARQUIS
BROUGHAM
29,336 Miles
Power Steering,
Power Brakes, Air
Conditioning
Automatic Trans-
mission

1975
VOLVO 245 DL
Stationwagon
Luxury- With
Economy
Priced To Sell

1974 SUBARU
Stationwagon
28,799 Miles
Roof Rack, Air
Conditioning 4-Speed,
Wood Grain Trim

1975
MERCURY
MONARCH
Bronze, 4-Door
Loaded
19,751 Miles

1974
FORD PINTO
Stationwagon
26,081 Miles
2000 cc Engine
4-Speed



1975
CHEVROLET
MONTE
CARLO
Gold With White
Top, 18,655 Miles
Loaded

TRADER
MERRILL BRIGHT



1973 FORD
F-100 PICKUP
Air Conditioning, 4-
Speed, Camper Shell
47,188 Miles

TRADER
RAY VERBLE

1973
PONTIAC
CATALINA
2-Door Hardtop
White with White
Vinyl Top, 40,266
Miles, Loaded

1975 RED
GREMLIN
10,021 Miles
Good Economy
Air Conditioning,
4-Speed,
AM/FM 8 Track

1975 FORD
GRANADA
16,797 Miles, Power
Steering, Air Con-
ditioning, Automatic
Transmission,
6-Cylinder

1974 OLDS
CUTLASS
Salon White With Blue
Vinyl Roof, Loaded,
9,200 Miles

1974 SUBARU
2-Door
Coupe, 20,848 Miles
Economy In A
Sporty Look

1976
CHEVROLET
CAMARO L. T.
4,553 Miles
Loaded, Like New



TRADER
JIM HEDRICK

1974 TOYOTA
CORONA
Stationwagon
10,468 Miles
Automatic Trans-
mission, Air Con-
ditioning, A Beautiful
Car, Like New



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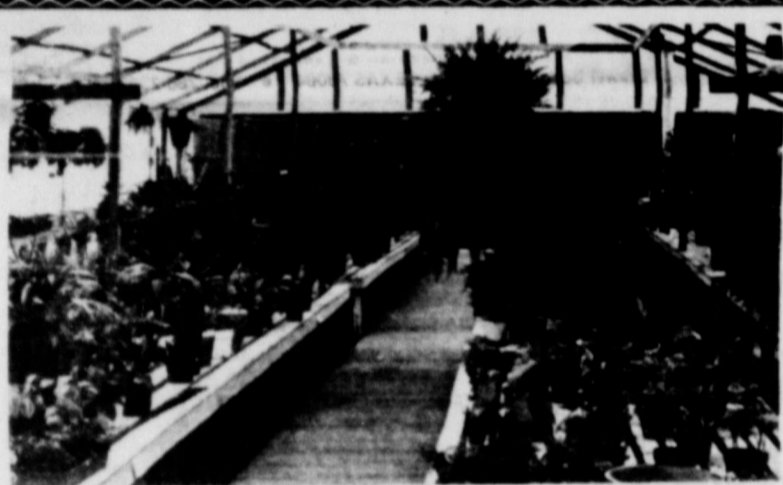
CLOVIS, NM

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POEMS WANTED

The TEXAS SOCIETY OF POETS is compiling a book of poems. If you have written a poem and would like our selection committee to consider it for publication, send your poem and self-addressed stamped envelope to:

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*Tubbed Geraniums in 5 Gal. containers

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Come by and let us show you around.

On special are our Beefsteak Tomato Plants and Bell and Hot Pepper Plants—for only 8c each!

THE OXYGEN PLANT

One mile south of YMCA Golf driving range

PLAINVIEW

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FOOT YOUR FIRST LAKE
OUTING!

HAVE YOUR RIG SERVICED NOW
AND MAKE YOUR FIRST WEEKEND
A HAPPY ONE AT THE LAKE

JACK'S MARINE SUPPLY

"WHERE SERVICE IS FIRST"

E. Hwy 60

HEREFORD

364-4331

Beware Of Cookware Bargains

Despite claims and advertisements, waterless cooking isn't anything new or fantastic, one authority said this week. "It simply involves cooking food by steam rather than water, so great quantities of liquid aren't necessary," Mrs. Lillian Chenoweth, family resource management specialist with the Texas Agricultural Extension Service, The Texas A&M University System, says. Salesmen for "waterless cookware" have several sales pitches, the specialist cautioned. Some include "reducing the amount of food needed" and

"increasing flavor and nutritive value of food prepared." "However, wise consumers know that cookware will not improve family health or decrease food bills." Sometimes sales pitches offer additional temptations, "Discounts" or "free bonuses" such as glassware or silverware. "However, prices are usually set very high to allow the salesman to offer such so-called bonuses. "Prospective brides, single women on their first jobs and young people in school often make prime targets for zealous

salesmen," Mrs. Chenoweth continued. Actually, waterless cooking can be done in any heavy metal pan which has a tight-fitting lid, she noted. "The tight lid allows only a small amount of steam to escape. "Utilizing low heat is extremely important in keeping vapor losses to a minimum." In general, waterless cookware is made of a heavier gauge metal than normally used in top-of-the-range pans. However, it's usually sold in sets, so use caution when considering a purchase, the spec-



KAREN JONES, Junior High Arts and Crafts Award recipient.

alist advised.

"Pots included in a large set may not come in sizes needed, and buying a set that includes items you won't use is hardly a bargain," Mrs. Chenoweth emphasized.

"When purchasing cookware, whether it's waterless or regular, a pan should possess several characteristics," the specialist contended.

A good pan is:

- made of thick, durable, non-warping material
- constructed of a material that heats quickly and evenly
- designed with wide, flat bottom; wide, smooth rounded corners and straight sides
- complete with a tight-fitting lid, and
- made of materials and construction features which permit easy cleaning.

Cotton Shows Substantial Gains At Retail Level

Cotton is in greater demand by U.S. consumers this year than in any year since 1972, according to statistics recently compiled by Cotton Incorporated and other trade observers. The statistics point to a banner year for cotton, says David Cox, vice president of economic research and development for Cotton Incorporated, the fiber company of U.S. cotton producers.

Cox points to three indicators that cotton is enjoying a vigorous boom at the retail level: (1) An analysis by Cotton Incorporated of data compiled by the Market Research Corporation of America shows that for twelve months in a row cotton has out-gained synthetics in pounds sold at retail as compared to sales in the same month of the previous year. Those gains reverse a 15-year trend in which synthetics had surpassed cotton. (2) The U.S. Department of Agriculture projects domestic mill use of cotton at 7.3 million bales for the 1975-76 cotton crop year, which ends July 31. This compares with 5.9 million bales used in the 1974-75 crop year. The USDA also says that imports of cotton goods have been running at a record annual rate in order to meet consumer demand for cotton.

(3) The National Cotton Council says that for the first three months of 1976 cotton increased its share of the total fiber market to 30.8 per cent, a level greater than cotton's annual market share for the last three years.

"All these data indicate that the consumer wants cotton and is buying cotton," says Cox.

"The increased level of cotton textile imports is direct evidence that apparel manufacturers and distributors find cotton a hot item at the retail level," Cox adds.

Cox reports that the most dramatic increase in textile imports has been in cotton print cloth and cotton sheeting, which are used primarily for apparel. Those imports are more than three times the level of July 1975, Cox says.

"The reason for these increased imports is more than a result of any price differential. It is because of a lack of domestically made fabric of the construction needed to meet consumer de-

mand. "If domestic mills respond more fully to the strong consumer demand for cotton, USDA analysis shows that domestic demand for cotton will total 8 to 8.5 million bales on an annual basis. In the meantime, total world demand for U.S. cotton is growing," says Cox. USDA estimates that if imports of fabric and finished goods were not so high, domestic textile mill consumption of cotton would run 7.7 million bales for 1975-76. Cox sees the bullish cotton sales as more than just a flash in the pan. "After 14 years in which cotton lost ground in the overall fiber market, cotton has reasserted itself in the last three years," says Cox. In 1974, cotton increased its share in the overall fiber market, reversing a 14-year de-

cline. In 1975, cotton's share of the overall market declined, but by a small amount, Cox says. This year it has rebounded to the 30.8 per cent level for the first quarter of 1976, two percentage points above the fourth quarter of 1975. "What we are seeing is a really good performance by cotton, the best since 1972," comments Cox. "I think it indicates a rosier future for cotton and for cotton producers."

Some people believe that if you drop a knife, a fork, or a spoon, company's coming!



Psychologists say you can often talk yourself into doing something depressing, such as dieting, if you tell yourself you're really cheerful about it.

to the class of '76

GOOD LUCK
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Years Attended S-E-12
Future Plans-Farming
Favorite Food-Seafood
Favorite Song-"Your Song"
Favorite Sport-Football
Favorite Color-Baby Blue
Hobbies-Woodworking

YOU'VE MEASURED UP

ARDIS LOWELL CONNER

Parents-Mr. and Mrs. A. L. Conner
Years Attended S-F-9
Future Plans-Plans to be a rancher or feedlot manager
Favorite Food-Roast Beef
Favorite Song-Flowers on the Wall
Favorite Sport-Rodeo
Favorite Color-Blue
Hobbies-Raising Livestock, Buy and Sell CB Radios, Collect Spurs

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OSCAR CASTILLO, JR.

Parents-Mr. and Mrs. Oscar Castillo
Years Attended S-E-12
Future Plans-Musician
Favorite Food-Roast and Pizza
Favorite Song-Time
Favorite Sport-Football
Favorite Color-Navy Blue
Hobbies-Listening to Music

SHERLEY-ANDERSON LAZBUDDIE ELEVATOR

4-H Aimed At Education

The purpose of 4-H, as a youth development program is to educate young people.

4-H is a program for youth between the ages of 9 and 19 and is administered by the Texas Agricultural Extension Service of the Texas A&M University System, with the help of the Local Community.

4-H can help youth develop intelligent behavior by providing them information or knowledge, a positive self-concept and an awareness of their social setting, points out Birch L. Lobban, Asst. County Extension Agent.

Without information or know-

ledge, a young person has no basis on which to act. But just learning a list of rules and facts will not satisfy personal or social needs. Instead, an effective youth program focuses on relevant knowledge and the development of a knowledge-getting process. When a 4-H'er identifies what 4-H project he wants to do and how he wants to do it, he is learning how to learn.

Along with information and a knowledge-getting process, a young person must feel that he or she is capable of solving a problem. When he does feel able or capable, he has de-

veloped a positive self-concept. In contrast, when a youth has a negative self-concept, or feels inadequate, he will not act even if he has the necessary knowledge to solve the problem confronting him.

In any youth program, the interaction of a young person with an adult leader and other youth allows opportunities for praise, encouragement and rewards. And this kind of feedback can strongly influence the way a youth thinks about himself, contends Lobban.

Living in a social setting also leads to the development of intelligent behavior. A youth's behavior is motivated by his needs. For a newborn, physical needs such as food and comfort



SHOP AWARDS... Recipients, Rex Fennell, 7th grade and Kenny Wright, 8th grade.

QUESTION: Will it really be necessary for everyone to be vaccinated against swine flu?

ANSWER: Well, to be protected against the disease, everyone should be vaccinated with the influenza vaccine containing the swine strain. To prevent an epidemic, it is certainly necessary that practically all of the people be vaccinated.

QUESTION: How will such a massive immunization program be carried out in Texas?

ANSWER: The vaccine will be furnished by the federal government, at no cost to the state, to the State Health Department. We'll distribute it to the local health departments, the regions, and to private physicians. Then we'll develop an implementation plan which will really

have to involve practically all the capabilities of private and public medicine to accomplish this big job in a short period of time.

QUESTION: How soon will the immunizations begin?

ANSWER: We hope to have the vaccine by the first of September at which time we'll have our plans complete and begin vaccinations immediately. We were told just recently that there will be a special vaccine for older people and people with chronic illness that we hope to receive by the first of July.

QUESTION: You mentioned that some people already show that they have antibodies against swine flu, presumably from the previous epidemic. What about those people, do they need to

be vaccinated, too?

ANSWER: These are people who were probably exposed to the virus in 1918, so they should be re-vaccinated because their antibody level would be very low.

QUESTION: Is there any danger that people who are immunized will catch the disease from the vaccine?

ANSWER: No, this is a killed-virus vaccine, so it can't transmit the disease.

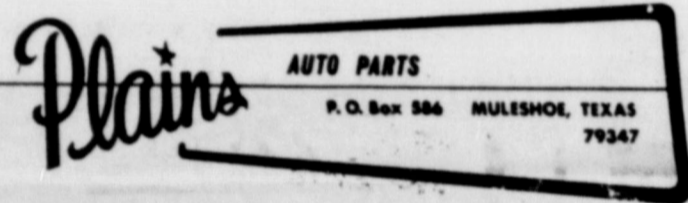
QUESTION: Who will be responsible for organizing the immunization program in Texas?

ANSWER: The State Health Department, basically, but we will be, of course, working with all other groups. Volunteers will be very important.

Congratulation's Seniors!



Whatever your future paths,
remember success is
efforts' reward.



are a main concern, but the older the youth, the more his behavior will be motivated by acceptance from his peers.

As a youth learns through trial and error the kind of behavior that is expected of him, he also learns the acceptable values, beliefs and goals of society.

Through individual projects, group activities and adult volunteer leadership, the 4-H program attempts to help boys and girls acquire skills that will lead to self-directed and life-long learning, notes Lobban.

Details on the 4-H program in Lamb County can be obtained at the county Extension office.

Information On "Swine Flu"

President Ford has asked Congress to authorize a program to vaccinate every American against swine flu, to protect against a possible epidemic this fall. Congress has responded rapidly, appropriating about \$135 million to manufacture and distribute the vaccine and to organize the massive immunization effort.

A few weeks ago, Dr. Fratis L. Duff, Director of the Texas Department of Health Resources, met with his counterparts from around the country at the National Center for Disease Control in Atlanta, Georgia. The purpose of the meeting was to answer some of the questions that many people have about swine flu and the possible epidemic. Dr. Duff has provided these answers to some of the questions Texans are asking:

QUESTION: What exactly is "swine flu"?

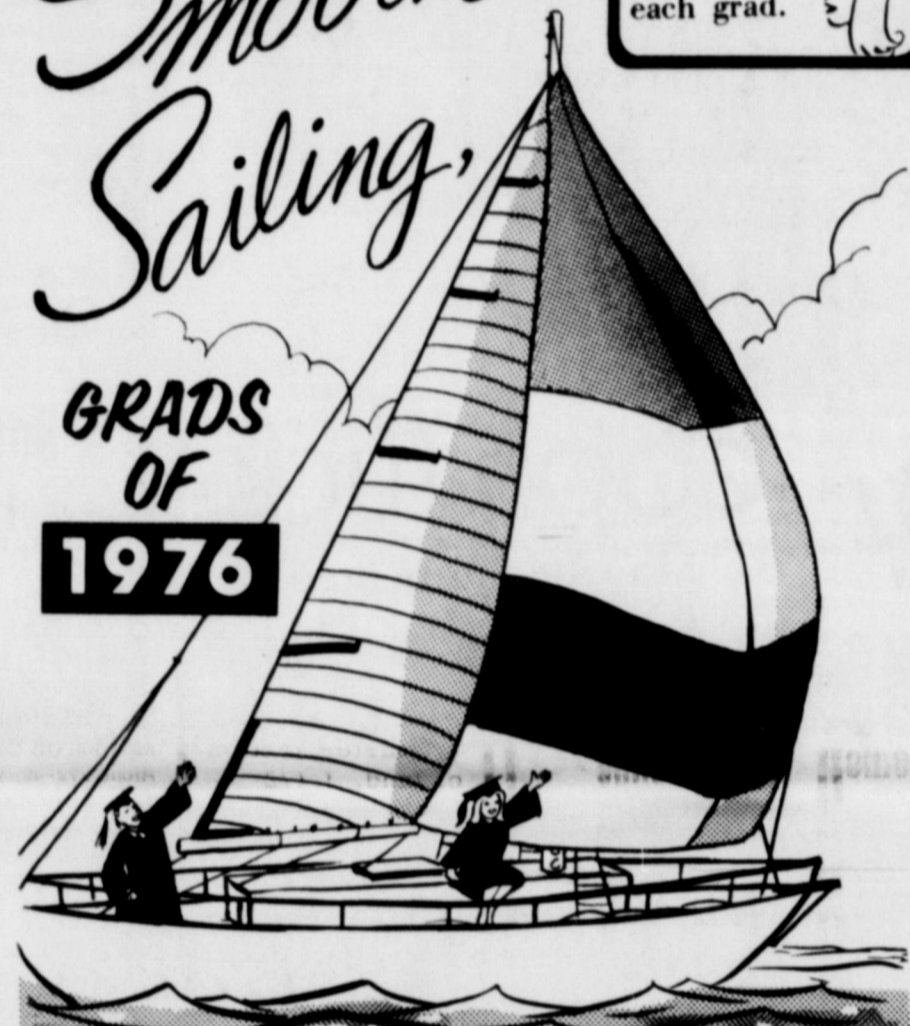
ANSWER: Swine flu is a strain of influenza virus that affects swine herds; it's commonly found in hogs and pigs, and is occasionally transmitted to man from swine, particularly those that deal very closely with the swine herds.

QUESTION: Why is there so much concern over swine flu all of a sudden?

ANSWER: I think to really understand this concern, you have to go back in history a little bit, to the 1918 epidemic of influenza. It was a pandemic occurring all over the world. It killed about 20 million people, with over 500 thousand deaths in the United States. At that time we did not have a means of isolating the influenza virus, so this strain of the virus was never isolated. The first virus that was isolated was in 1931, at which time the swine influenza virus was isolated from swine herds. Now, the interesting thing is that people who were old enough to have had the 1918 influenza show antibodies against this strain of influenza, the swine strain. The reason for the concern at this time is that we had a small outbreak of influenza at Fort Dix, New Jersey, in February of this year that was caused by the swine strain, and was transmitted from man to man. This means that this is the first instance of the swine influenza being transmitted from man to man, and really represents a new virus appearing in the population. When a new virus appears, it's normally followed by an epidemic.

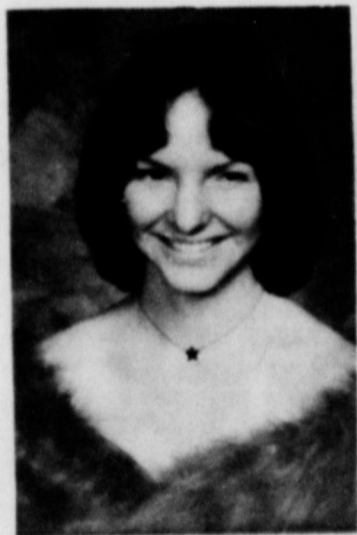
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Years Attended S-E-6
Future Plans-Marriage
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Favorite Song-I Couldn't be me Without You
Favorite Sport-Roedo, Tennis
Favorite Color-Red
Hobbies-Cooking, Sewing, Riding Horses



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SUNNYSIDE NEWS

By TEENY BOWDEN

Mrs. Embree Roy Sadler flew to Dallas Monday morning to attend the 47th annual Texas Association of Hospital Auxiliaries Monday through Thursday. Mrs. Louis Querze of Dimmitt accompanied her. They brought back another first place ribbon for the scrapbook prepared by Mrs. R. I. Metthews.

Mrs. Vernon Orr attended the Medical Records Division of the Texas Hospital Association meeting in Dallas Monday through Thursday. She is the Central Plains General Hospital in Plainview.

Mrs. Ruby Teeters of Hale Center conducted a Prayer Retreat at the church Monday afternoon. Her first topic was "How to witness to people of various cults." After refreshments and a period of fellowship, she spoke on, "If Thy brother" based on Matthew 18.

Prayer groups were formed for the prayer period, tended the 60 plus camp at Plains Baptist Assembly near Floydada Tuesday through Thursday. She is the Central Plains General Hospital in Plainview.

Mr. and Mrs. Roy Phelan attended the 60 plus camp at Plains Baptist Assembly near Floydada Tuesday through Thursday. She is the Central Plains General Hospital in Plainview.

The dates June 17, 18 and 19 was set in the community meeting Monday night as a paint-up, clean-up for the community building in preparation for the "76 July Jubilee." The executive committee of the Bicentennial Campout met Tuesday night and plan a county-wide committee meeting the early

part of June to make detailed plans for the campout for July. Gale Sadler is the chairman of this committee.

Cindy Sadler, Lyle Shive and Daniel Montiel, their parents and others from the community attended the Baccalaureate Services in Dimmitt Sunday night.

Lee Brown, Kelly Haydon, Gale Jones, Jimmy Furr and Joe Fulfer, their parents and others from the community attended the Baccalaureate Services at Springlake-Earth Sunday night.

Rev. Raymond Jones spoke at a Baptist Brotherhood Breakfast in Ralls Friday morning on R. A. Organization. He spent Thursday night in Ralls.

Rev. and Mrs. Raymond Jones, Mr. and Mrs. Thomas Parson, Mr. and Mrs. Roy Phelan and Hershel Wilson attended the monthly Llanos Altos Worker's Conference in Farwell Monday night.

WANTED RN: Director of nurses for 68 bed nursing home. For information and appointment call, Dave Stewart Administrator at 293-5201-Care Inn of Plainview. 5/27/tfc.

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1 Quarter section of land, 1 1/2 miles north of Progress - 2 wells and a house.

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FOR SALE: One two bedroom house to be moved. See Ed Cox at Fry and Cox. Phone 272-4511. 11/13/tfc.



LANGUAGE ARTS... Awards, Chester Robinson, Arlie Ellis, Reading; Troy Warren, Beverly King and Merri Hausmann, Spelling.

Mr. and Mrs. Carl Bradley, Mr. and Mrs. Alton Louder, Mr. and Mrs. Ezell Sadler and Mrs. Bob Ott attended the grave side rites for Mrs. Thelma McClanahan in Earth Monday afternoon.

Mr. and Mrs. Ricky Byers and children left last Sunday for Illinois after receiving word of the death of her grandmother, Mrs. Millie Mae Been, who died in the hospital in Sparta following a stroke.

An aunt of Tom McGill was FOR SALE: 23 IBM Selectric typewriters, 20 at \$425 each (two years old) 3 at \$325 each. If interested, contact William L. Mann, Springlake-Earth School. Phone 257-3310. 5/20/tfc.

FOR LEASE: Service Station. Contact Herman Morrison at Morrison Oil Co. in Muleshoe. Phone 272-4295. 5/20/tfc.

FOR SALE: 1974 Catalina gas range, harvest gold, good condition, see to appreciate. Call 257-2103. 5/20/tfc.

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buried in Amarillo Monday. She passed away in Fort Worth.

Mrs. Pearl Sadler was dismissed from Plains Memorial Hospital in Dimmitt Wednesday.

Mrs. L. B. Bowden attended a called executive meeting of the Castro County Historical Museum Association in Dimmitt Wednesday night.

David Montiel, a Dimmitt Freshman, won a 2nd place ribbon with a large serving bar of pecan wood at the Texas Industrial Arts Students Association State Fair in Austin last Saturday.

Mrs. Ertie Buckner of Wichita Falls and Mrs. Loveta Willbanks of Frederick, Oklahoma visited Monday morning with Mrs. Ed Thompson. Mrs. Buckner stayed with her and Mr. and Mrs. L. B. Bowden through Wednesday.

Mrs. Gale Sadler and Gale Bradley attended the 76'er choir practice in Dimmitt Monday night.

Mrs. Richard Heizer was honored with a going-away coffee at the home of Mr. and Mrs. Jimmy Waggoner Sunday afternoon.

Tommy Graham was elected

president and Dina Jo Hampton reporter for next year in the Springlake-Earth 4-H Club meeting Monday night. Mr. and Mrs. Jerry Hampton were elected adult leaders.

Mrs. L. B. Bowden attended the Castro County Genealogical Society meeting in Rhoads Memorial Library Thursday night.

Mrs. Carl Bradley visited with Mrs. Noble Armstrong in Dimmitt Saturday afternoon. Mr. and Mrs. L. B. Bowden visited with her a few minutes Tuesday afternoon.

Mr. and Mrs. Gale Sadler hosted a Sunday School Class cook-out with outside recreation for the young married peoples class Saturday night. Mr. Sadler is their teacher. Those attending were Mr. and Mrs. Jimmy Waggoner, Mr. and Mrs. Martin Lefevere, Mr. and Mrs. Lee Bradley, Mr. and Mrs. David Sadler, Mr. and Mrs. Lonnie Wilson and Rev. and Mrs. Raymond Jones.

Marian Dawson Griffin received her BS degree in Math at Tech last Friday. She was one of four to graduate with highest honors in Arts and Sciences Division.

Mrs. Ed Dawson hosted a baby shower honoring Mrs. Nancy Alair Denton in her home Friday afternoon.

Mrs. Carl Bradley, Mrs. Martin Lefevere, and Mrs. Gale Sadler had lunch and shopped at the Country Club in Hale Center Wednesday. They also shopped in Plainview.

Mrs. Charles Axtell hosted a luncheon and bridge party honoring Koma Ratcliff of Dimmitt in her home last Saturday.

The Springlake-Earth Seniors, including Kelly Haydon, Gale Jones, Lee Brown, Jimmy Furr and Joe Fulfer had a day of fun in Lubbock Friday. They skated, and bowled. Had a picnic in the park, catered by Underwoods and Friday night had dinner and saw "Dames at Sea" a musical comedy at the Hayloft Dinner Theater.

Mrs. Cliff Brown presented 28 DAR awards to Springlake-Earth students including Michael Graham, Chris Elkins, and Kevin Riley, at the Junior High Awards Assembly Friday morning. Kim Haydon was one of the M. C.'s. Several community students received various awards.

(cont. on page 16)

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Irrigation Systems
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ALL SEED 85 plus GERMINATION
20¢ PER POUND

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cleans, rinses and vacuums out deep down dirt and grime in a single sweep
ECONOMICALLY—
cleans the way professionals do—at a fraction of the cost (YOU SAVE UP TO \$25.00 PER ROOM)

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By: MACKY McCARTY
CITIZENS STATE BANK
While a dollar may not buy what it did just a few years ago, Americans pay for goods and services with paper money and think nothing about it.
It wasn't always so.
In the early days of the Republic, gold and silver coins (which have since passed from the American scene) were referred to as "specie," the most acceptable form of payment.
In times of stress, such as the Revolution, or of great expansion, banks often ran out of specie, virtually bringing commerce and industry to a halt for lack of money.
To meet this crisis, and because it was on shaky financial grounds in the first place, the Continental Congress began issuing paper money. Soon, that "paper specie" became virtually worthless, and the phrase, "Not worth a Continental" became a part of the American lexicon.
"The more you know about our business, the more we can help you!"

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SUNNYSIDE
(cont. from page 15)

*Use Care In
Selecting A Pet*

Joe Fulfer was one of the soloists in the Springlake-Earth Choir Spring Pop Concert presented Thursday night.

Jodie Riley and Joe Sauseda and the Springlake-Earth 5th grade band received a I rating in the band festival in Dimmitt last Saturday.

Lyle Loudder and Duke and Tommy Hampton and the Springlake-Earth 6th grade band received a II rating in the band festival in Dimmitt last Saturday.

Cindy and Susan Sadler, Daniel and David Montiel, Quint Waggoner, Matt Glibreath and Jerri Kay Clark participated in the Dimmitt Jr.-Sr. band concert in Dimmitt Sunday afternoon.

Holly Waggoner celebrated her birthday Friday night by spending the night with Stacy Sadler. Laura Sadler stayed with Gay Waggoner. Holly's family also celebrated together on Thursday.

Cindy Sadler attended the First Baptist Church Mexican Festival banquet honoring the Dimmitt Seniors Monday night.

Mr. and Mrs. Winston Waggoner and children visited in Lubbock Monday night with her nephew, Steve Holland who will graduate from Tech.

Quint Waggoner attended a party for his Bible class and a weiner roast in the home of Mr. and Mrs. Carlos Calvert in Dimmitt Sunday night.

Mrs. Tommy Alair was co-hostess to a tea in the home of her daughter, Mrs. Nancy Denton in Springlake honoring Kelly Haydon and other Springlake-Earth Senior girls, last Sunday.

Cindy Sadler attended the Jr.-Sr. banquet in Dimmitt Saturday night. She and Mr. and Mrs. Gale Sadler and Susan attended the band banquet in Dimmitt Friday night.

Susan Sadler and the Freshman class of Dimmitt took a class trip to Canyon and Amarillo Wednesday.

Mrs. Gale Sadler and Cindy attended a mother-daughter brunch hosted by Mrs. Don Nel-

If you are planning to give your child a pet, the American Veterinary Medical Association (AVMA) has a few suggestions that can make the gift a joy for the entire family.

Select a pet that will fit into your family's lifestyle. Decide what size pet you can accommodate in your house or apartment allowing enough room for the animal to sleep, eat, play and exercise.

Exotic animals such as monkeys, skunks, jungle cats and certain reptiles rarely make good pets. They can be expensive, difficult to care for and very dangerous. Their behavior in the home is often unpredictable.

Pets cost money. Be prepared for the day-to-day expenses of food, health care and other essentials. "Free" pets from animal shelters also involve some expense. Any animal you bring into your home should be vaccinated against infectious diseases. Depending upon local laws, your pet may also require a license.

Good health depends on regular medical attention, proper nutrition, and correct treatment and handling. A veterinarian should give your pet regular health checkups. Be sure family members do not mistreat

Mr. and Mrs. Hershel Wilson and Daneen and Greg George were in Floydada Sunday for the Singing Disciples to have charge of the morning song service.

Melody Sadler was honored with a birthday party in her home Thursday afternoon. Those helping her to celebrate her birthday were Greg George, Sharon, Jack, Joel and Justin Bradley, Brandon and Cinnamon Cox, Kay Owens, Dara Loudder, Carrie, Stacy and Laura Sadler and Wade Carson of Hart, Mrs. Roger Owens, Mrs. Lee Bradley, and Mrs. Lynn Cox helped with the party. Her grandmother, Mrs. Ezell Sadler baked her birthday cake. Brenda and Karl King and Tim Dawson of Hereford also visited Thursday evening.

A gospel singing group "The Young Disciples" will be at the Sunnyside church Sunday night at 7:00 p.m. to have charge of the services. A special invitation has been extended to all Spanish speaking people of the community to attend since they are a Spanish speaking group from Lubbock.



BAND AWARDS WINNERS... Josie Joloma, 8th grade; Ricky Dutton, 6th grade and Glenn Craft, 7th grade.

lar medical attention, proper nutrition, and correct treatment and handling. A veterinarian should give your pet regular health checkups. Be sure family members do not mistreat the pet. Very young children may unknowingly injure a young animal, often by "over loving" it. Have your dog or cat surgically neutered as soon as your veterinarian says the animal is ready. Neutering helps prevent certain health problems, and usually makes pets less likely to roam or "spot" carpets and furniture. Careful selection, proper planning and responsible care can make pet ownership a wonderful experience for the whole family.

GAS CLOTHES DRYERS with only conventional pilot lights waste five to nine cubic feet of gas a day and add as much as \$8.65 to yearly gas bills.

CALYX-EYED HAND or machine needles are self threading. A small opening at the end or side allows the thread to slip easily into the eye. Calyx-eyed needles are ideal for people who have difficulty threading ordinary needles.



8th GRADE ATHLETICS... Awards, Bryan Smith, tennis; Tamara Jones, All-Around Girl athlete; Arturo Samarron, 6th grade All-Around; Lonnie Neinst, basketball; Rudy DeLeon, football; Jose Olvera, track and Gaylon Conner, All-Around athlete.

GROUND BEEF USDA CHOICE BEEF, LB **59¢**
DINNER HAMS **\$1.98**
BACON DECKER'S, BONELESS, LB **\$1.59**
 HORMEL, 1 LB PKG

FRANKS DECKER'S, 12 OZ PKG **69¢**
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PORK CHOPS USDA CHOICE, LB **\$1.89**
SHOULDER ROAST USDA CHOICE BEEF, LB **89¢**
LITTLE SIZZLERS SAUSAGE HORMEL, LB **89¢**

CRACKERS KEEBLER, ZESTA SALTINES, 1 LB BOX **49¢**
COMET CLEANSER 14 OZ **4/\$1**
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MIRACLE WHIP KRAFT, 32 OZ, LIMIT 2 WITH \$10 OR MORE PURCHASE **89¢**
CORN JOAN OF ARC, GOLDEN, CS OR WK, 303 CAN **3/89¢**

AIR FRESHNERS RENUZIT, SOLIDS **39¢**
FABRIC SOFTENER RAIN BARRELL, 64 OZ **\$1.39**
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APPLE BUTTER BAMA, 44 OZ **\$1.19**
MR COFFEE FILTERS 100 COUNT **79¢**
TOMATO JUICE HUNT'S, 46 OZ CAN **2/99¢**
GRAPE JELLY WELCH'S, WHITE OR RED, 20 OZ **59¢**
PIZZA MIX APPIAN WAY, 12 1/2 OZ **49¢**

GRAPE JUICE WELCH'S, 40 OZ **99¢**
COOL WHIP 9 OZ CARTON **49¢**
ORANGE JUICE MINUTE MAID, 12 OZ **49¢**
TV DINNERS KOLD COUNTRY, CHICKEN, MEAT LOAF, SALISBURY STEAK, TURKEY & BEEF, 11 OZ **2/89¢**

YOUR CHOICE SQUASH Yellow, Zucchini or Acron **3/\$1**
INSTANT TEA LIPTON, 3 OZ JAR **\$1.29**
KLEENEX BI-CENTENNIAL 100 COUNT **3/89¢**

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TOWELS HI-DRI JUMBO ROLLS **2/69¢**
BLEACH PUREX 1/2 GAL **49¢**
PEANUT BUTTER JIFF, 18 OZ **89¢**
PLATES CHINETTE COMPARTMENT 36 COUNT **\$1.09**
SHORTENING JEWEL, 42 OZ **89¢**

BROCCOLI BUNCH **59¢**
ARTICHOKES EACH **3/\$1**
CELERY STALK **29¢**
MUSHROOMS POUND **89¢**
AVOCADOS EACH **3/\$1**

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 CHRISTY LUANN BARLOW
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 LEE BRAD BRIDGES
 CLIFFORD LEE BROWN
 OSCAR CASTILLO
 JOHN RONALD CLEAVINGER
 LARRY ALAN DEAR
 IRENE De LEON
 JOE FRANK De LEON
 JOHN FRANK De LEON
 JIMMY FRANKLIN FURR
 FONDA CHERYL GOODWIN
 KELLY LEIGH HAYDON
 CAMILLE KAY HINCHLIFFE
 RANDY GLENN LATHAM
 NESHA LEWIS
 GALE JONES
 BILLY O'HAIR
 GERADO MORRALES OLVERA
 GUADALUPE RIVAS
 CYNTHIA KAY ROBINSON
 JOE SALVADOR PADILLA
 GRACE SAUSEDA
 JAMES MITCHELL SMITH
 KAREN BETH SMITH
 MARGARET ANN STREET
 L'ANNA BRITTAIN SULSER
 ERIC VAUGHAN
 BILL WHITEHURST
 KENNETH WIMBERLY
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★ It's 1976... time to celebrate America's 200th, and your graduation class of '76! We look upon you grads with pride and respect. You're the people who'll be taking America by storm with your new ideas and boundless energy. We wish you all success in whatever you do!

The strength of America lies with our graduates. Let's support them!



CITIZENS STATE BANK



EARTH, TEXAS - MEMBER F. D. I. C.

Mobile Homes Should Be Tied Down To Avoid Damage

Owners of mobile homes were urged by the American Red Cross today to make sure their homes were securely tied down to avoid the personal injury and damage which can be caused by the destructive winds of tornadoes and other West Texas Sand Storms.

Few Structures can withstand a direct hit by a tornado, according to Wendell Potts of Olton, the disaster chairman of the Lamb County American Red Cross Chapter. Mobile homes seem to be especially vulnerable to them and to the winds of other storms, some of which cause little or no damage to securely anchored buildings.

Wendell Potts said a mobile home that is not tied down with over-the-top steel straps, fastened securely to anchors em-

bedded in the ground, can be rolled over and severely damaged or destroyed by strong winds. The disaster chairman pointed out that in April 1974 alone more than 3,000 mobile homes were damaged or destroyed by tornado strikes in various sections of the country, more than half the number normally affected by wind disasters in the course of a whole year. The highest damage in the recent Lubbock Tornado was to the mobile homes.

"While mobile homes provide comfortable, low-cost housing for six million Americans," Mr. Potts said, "disaster statistics clearly indicate that as more families opt for this kind of housing in our area due to the housing shortage and the recent influx of industry and new people to Littlefield and



ANNUAL STAFF AWARD RECIPIENTS... Debbie Pittman, Vicki Wright, Mark Barton, Cindy Robinson, Cliff Wood and Fonda Goodwin.

other area towns. The cost in suffering and damage will con-

tinue to mount unless owners take the required protective measures."

Proper tie-down equipment in most areas will cost around \$150 with installation by a contractor requiring another \$100 or so. "But he added, "money spent for securely anchoring a mobile home is well worth the price, especially since many insurance companies are now refusing to insure mobile homes unless they are adequately anchored."

Potts explained that two types of ties are needed: (1) the over-the-top ties and (2) the frame ties. The first keeps the unit from over-turning and the second prevents it from being blown off the supports.

"The Defense Civil Preparedness Agency recommends use of both over-the-top ties and frame ties to secure 10, 12 and 14 ft. wide mobile homes," he said. "Double units 24 ft. in width are quite stable and do not require use of over the top ties only frame ties. These protective systems are easy to install on existing mobile homes. When buying a new mobile

home, be sure it has built in tie down straps."

Mobile home owners should also familiarize themselves with other means of protecting lives and property when high winds strike, mainly through positioning, windbreaks and proper shelter.

"Windbreaks, and natural barriers such as trees help protect mobile homes from wind damage. Two or more rows of trees are more effective windbreaks than single rows, especially 30 ft. high trees, Potts added."

Potts is urging mobile home residents to be ready to seek shelter in a substantial building whenever warned of an approaching tornado. All mobile home residents should know the location of the nearest building they can go to for safe shelter in time of storm danger. "Warning under no circumstances should mobile home residents remain in their dwelling when a tornado, or unusually high winds threaten," Potts is urging all residents to participate in disaster awareness. Call the local Red Cross office 385-3663 for more information for disaster preparedness.

tutes of Health. Of those who do know, less than three million of those with high blood pressure are receiving adequate treatment, treatment to reduce their blood pressure within normal limits.

The Texas Dept. of Health Resources its local health units and regional offices are detecting high blood pressure in people throughout the state through the simple taking of blood pressure at clinics and in medical screening programs. In addition, they are cooperating with other agencies in health fairs and some openhouses of local health departments to provide special screening.

How does high blood pressure affect your body?

Blood pressure varies among people, and in the same person at different times. It decreases during sleep and increases during exertion or excitement. There is considerable

range of normal pressure, which can be explained to you by your doctor. An important thing to know, and something your physician checks, is that when pressure goes above so-called normal limits and remains elevated, patients have high blood pressure or hypertension.

With high pressure in the arteries, the heart must pump harder. When high blood pressure is present for long periods, the heart enlarges. Eventually, under the continued extra burden, the heart weakens, loses efficiency and pumps less blood with each beat. The kidneys, unable to function effectively because of reduced blood flow, fail to excrete enough fluids, adding still more to the burden of the heart.

Hardening of the blood vessels, or arteriosclerosis, is the major cause of high blood pressure. The blood vessel changes

may be a factor in stroke, kidney failure or heart failure.

Proper treatment reduces the danger. In most people, high blood pressure can be lowered and kept under control with continuing treatment. This greatly reduces the risk of serious complications.

Remember, the way to know whether your blood pressure is high is to go to your doctor and have the pressure taken. The fact that you feel fine is no assurance your blood pressure is okay.

It is important to have regular checkups to discover if you have high blood pressure. And there's one other point: carefully follow the instructions of your doctor. So have regular physical checkups and do your friends and family a favor by telling them of the dangers of high blood pressure.

Congratulations



To the very outstanding Class of 1976, best wishes.

Potts's Jewelry
5th & XIT - LITTLEFIELD

How Is Your Blood Pressure?

What's invisible, usually doesn't hurt a bit, affects millions of Americans, is controllable, yet when left untreated can cause stroke, heart failure or kidney disease?

The answer, says the Texas Department of Health Resources is high blood pressure, or hypertension. The state health department is helping call attention to this problem in May, designated as High Blood Pressure Month.

Uncontrolled high blood pressure is a major national public health problem. It is the primary cause of 60,000 deaths in the United States each year. And, says the National Institutes of Health, it is a contributing factor in 1,500,000 heart attacks and strokes that occur each year in this country.

An estimated 23 million Americans, or about 15 percent of the adult population, have high blood pressure. That's one in seven adults, not only in Texas but throughout the land.

The prevalence rates of high blood pressure rise steadily with advancing age, and in every age group the prevalence is higher for blacks than for whites. Among American blacks, not only is the prevalence about twice as high as that among whites, but it is more severe and occurs at an earlier age. High blood pressure afflicts not only the elderly but also young and middle-aged adults in the most productive years.

Although detection is simple and painless, and drug therapy is practical and effective, the great majority of hypertensive people are not receiving satisfactory treatment.

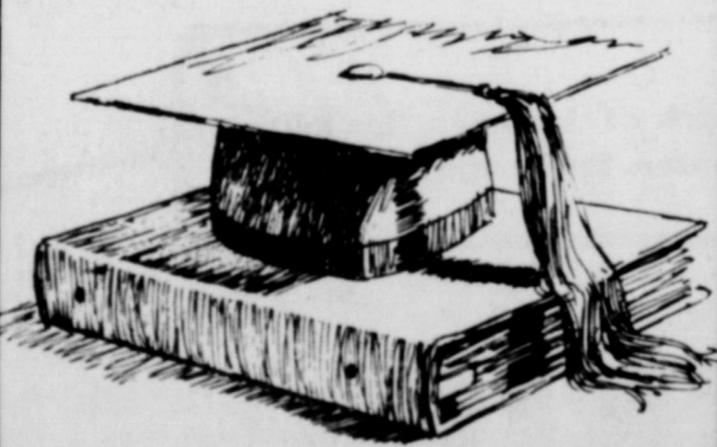
Half of the estimated 23 million hypertensive Americans don't even know they have it, according to the National Insti-

TODAY

A DAY TO REMEMBER

Graduation Day! It's a proud moment for every Senior; a culmination of years of work and study and steadfast purpose.

Our thoughts and good wishes are with the Seniors at this special time. With esteem and respect we wish them a future of success and happiness.



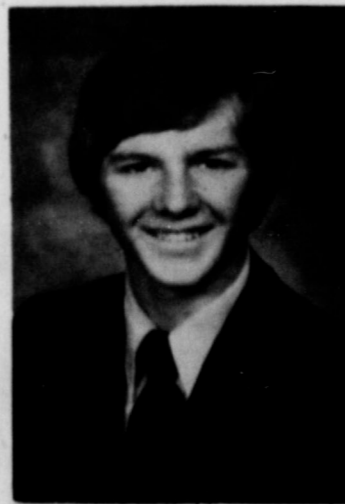
BRAD BARDEN

Parents - Mr. and Mrs. Jerry Barden
Years Attended S-E-12
Future Plans - Farm
Favorite Food - Seafood
Favorite Song - Sister Golden Hair, Women Tonight
Favorite Sport - Baseball
Favorite Color - Blue
Hobbies - Golf, Hunting, Fishing, Listening to Music



KEY TO SUCCESS

You've earned this day, grads—much success in times ahead.



LEE BROWN

Parent - Mr. and Mrs. Clifford L. Brown
Years Attended S-E-9 1/2
Future Plans - Attend Texas Tech University study Engineering
Favorite Food - Most Anything
Favorite Song - The Hustle
Favorite Sport - Football
Favorite Color - Blue
Hobbies - Playing the Guitar



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Economic System in Danger, Students Warned

Students beware of "the ominous concentration of power on the banks of the Potomac" and help shape the kind of government they want for the future, E. Douglas Kenna, president of the National Association of Manufacturers, declared in a Boston College Bicentennial Management Lecture.

"Through all the ages of man," he said, "the gravest threat to individual freedom and individual fulfillment has centered in concentrated power, whether this lay in the state,

the church, big business, big labor or wherever."

"And who would be more affected by such a sorrowful miscarriage of our own democracy's fast-growing government machinery than you, the young?" he asked.

Mr. Kenna advised the students to "give special thought to the kind of system—social, political and economic—in which you would like to live 25 years from now." By that time, he said, "you and your fellow students across the nation will

have assumed leadership roles in running this marvelous economic machine which has been inspired and developed by private enterprise."

Mr. Kenna said that we are "fast approaching a major decision-making point in the history of the nation" and that "the decisions being made now and in the next few years will have an impact on the nation and its people for a long, long time to come."

"If you don't help to create this future, others will do it for



LIBRARY AWARD RECIPIENTS... Nesha Lewis, Frank DeLeon and Toni Inglis.

Congratulations

Grads! We Think You Are All Wonderful!



You've given us reason to be proud. Through your hard work and dedication you've earned that diploma. Sincere congratulations!

PARSON-ELLIS-SINGLETON FUNERAL HOME

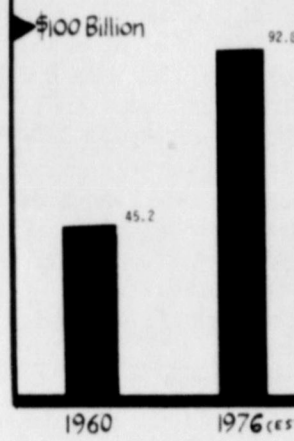
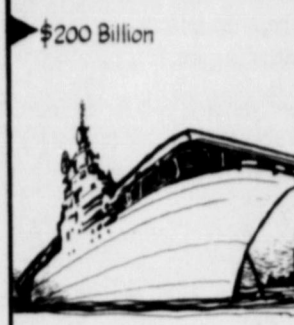
you—and you may not like the results," he added.

Mr. Kenna noted that the federal budget has quadrupled in 16 years. Earlier this year, the President submitted to Congress a \$394 billion budget for fiscal 1977: "Yet the reception on the Hill indicates that the final figure will soar far beyond that record level."

People are mistaken in thinking defense spending absorbs the lion's share of these rising government expenditures, Mr. Kenna commented. He said that defense spending has dropped from 9.3 per cent of the budget in 1960 to 5.8 last year, and non-defense items account for 75 per cent of the federal budget, "with income maintenance or personal aid programs showing the greatest increase of all." Mr. Kenna pointed out that there are now more than 1,000 of these federal assistance programs, "10 times as many as in 1960."

Mr. Kenna expressed concern that "total government spending is increasing far more rapidly than the overall economy that supports it." He noted that it accounted for 21 per

NATIONAL DEFENSE SPENDING



PAYMENTS TO INDIVIDUALS AND GRANTS



Graph shows federal outlays for direct payments to individuals has increased seven-fold in 16 years while defense spending has doubled.

cent of the nation's total output in 1950, rose to 27 per cent in 1960 and has leaped to 36 per cent today.

Deficits are also ballooning, he declared. He said politicians are resorting to "more and more red-ink financing of the social programs so many seem to want... yet so few want to pay for." He pointed out that the deficit is projected to soar from \$44 billion in 1975 to almost \$76 billion this year.

"We are in danger of upending our economic institutions and destroying our social system unless we get back to sound and responsible government policies," Mr. Kenna stated. He told the students they "can help shape the future balance between government and private enterprise" by acting now to reverse present "undesirable trends."

The NAM president conceded that "the emotional appeal which would trade freedom for an illusion of security may be compelling for some," but countered, "I like to think that you... will have a different answer to the question of whether the powers of government will be used to encourage initiative and individual effort — of whether government will become our master rather than our servant."

Thumbs Down On Savings Bonds In Chain Letters

WASHINGTON—Jesse L. Adams, Deputy National Director, U.S. Savings Bonds Division, Department of the Treasury, today cautioned residents of Texas about becoming involved in chain-letter or similar schemes "to get rich" with Savings Bonds.

Many years' experience with chain schemes indicates that most participants lost their entire investment, according to Mr. Adams. This outcome is inevitable, because the supply of interested persons is soon exhausted. The greater the amount to be invested, the sooner the saturation point is reached.

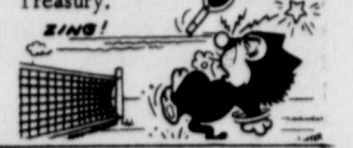
is reason to believe they will be used in a chain-letter scheme.

Chain-letter schemes which use the mails to facilitate their purpose are considered by the Postal Service as a violation of the postal lottery and fraud laws.

Further, postal officials have warned that, even though the lists of participants are not circulated in the mails, this does not alter the illegality of the operation since, usually, the Bonds or other evidence of participation in the schemes are mailed. There is also the possibility that the scheme may violate local anti-lottery laws, even if the mails are not used in any way.

In addition to the fact that

chain-letter schemes violate federal law, the Treasury believes that the public should be made aware that such schemes, which are essentially get-rich-quick activities, do a distinct disservice to the Savings Bonds Program. Rather than encouraging persons to make genuine investments, they create the illusion that participants are both aiding their government and themselves. Even in the rare case where an individual receives a large return, it is likely that he would quickly redeem the Bonds, thereby placing a further burden on the Treasury.



Rah!

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- Four years of hard work went into achieving that diploma. We're proud of all your perseverance!
- Here's hoping the future has good things in store!



TAYLOR MARKET BASKET

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CONGRATULATIONS CLASS OF '76



Here's to a **NEW** Beginning FOR YOU... FOR AMERICA



NESHA LEWIS

- Parents—Mr. and Mrs. Wilson Lewis
- Years Attended S-F-12
- Future Plans—Attend West Texas State University
- Favorite Food—Barbeque Chicken
- Favorite Song—Nights in White Satin
- Favorite Sport—Bowling, Bicycling and Swimming
- Favorite Color—Blue
- Hobbies—Sewing, Cooking



Earth Co-op Gin, Inc.

EARTH

GRADS
YOU'RE THE HIT OF '76

BEST WISHES, GRADS

We share the joys of this moment with all of you, our friends.

The community is proud of each and every one of you. Good luck in your chosen career.



CLIFF WOOD

- Parents—Mr. and Mrs. Calvin Wood
- Years Attended S-F-12
- Future Plans—Attend Angelo State University
- Favorite Food—Steak
- Favorite Song—Take it to the Limit
- Favorite Sport—Tennis
- Favorite Color—Green
- Hobbies—Tennis, Golf, Playing Guitar

WOOD-JORDAN, INC.

EARTH



The Speaker Reports

by Bill Clayton



AUSTIN--The statistics tell us that one out of every four Texans will become a victim of crime of some sort this year.

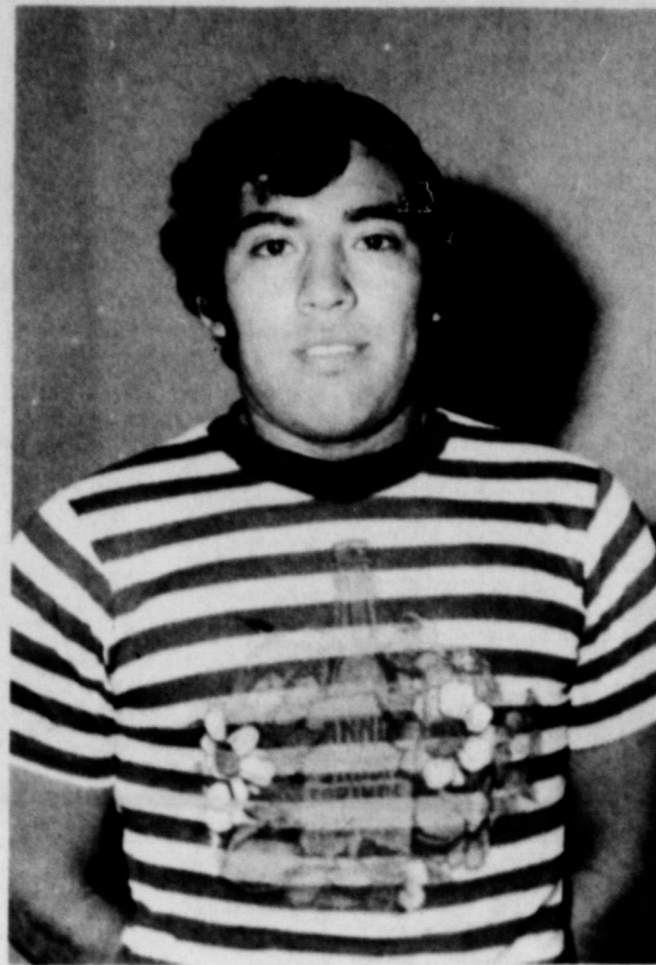
From that same set of figures it would be a fairly safe guess that roughly the same number of Texans will this year become disenchanted with the usefulness of our criminal

justice system. We are, of course, talking about the same people. The people who are victimized within our system are the people who come to feel that the system has failed to serve its function of protection and that an unresponsive system is not worthy of support.

It is my concern that a growing number of our citizenry believe our system of justice to be contemptible. And, because crime continues to increase, it would necessarily mean that a growing number of people would feel this way.

Unless we can effectively reduce crime, which has until now defied attempts at even holding it in place, then the only way we can regain the support of crime's victims is for some means to be devised to fully restore the victims.

The plight of the criminal offender has been studied from numerous approaches. Before



GERARDO OLVERA... Received the High School Physical Education Award.

more research is done to assist the accused, I think it prudent that we research methods to help the victim.

It would appear that we need to increase our knowledge concerning what can be done to give justification to the victim.

I do not advocate what form restitution to victims should take. I do think that some in-depth studies may be needed to see what we could do to help the growing number of people who are being alienated from believing in our form of justice because they have been victims of crime.

One method some have offered is a compensation program allowing for the immediate payment of victims

in all cases. As soon as victimization has been determined, a compensation board would pay the victim. If the offender is caught, and able to pay, then the offender would be ordered to pay restitution to the compensation board.

Other restitution plans would have the offender pay the victim through the courts in lieu of or in addition to punishment.

The fact that there is a growing concern about the victims of crime is encouraging. Perhaps from this interest some alternatives will be developed that will aid the "forgotten" victim, who now bears his burden alone.

Tips On Home Economics

When swamped with family living problems, you can always count to 10 and hope they vanish, or you can join a home demonstration club.

"Home demonstration clubs are open to all homemakers who would like to learn better ways to tackle chores and improve both home and community life," Mrs. Dorothy Powell, county extension agent for the Texas Agricultural Extension Service, said.

Mrs. Powell explained that the Extension Service sponsors the clubs as part of a statewide educational effort to bring the latest information to all families. Local clubs focus on the needs of homemakers in that particular county.

"Members decide what their group will study," the agent said. They participate in discussions and community projects sponsored by the club, plan recreation and even teach lessons.

"Dues aren't required, so cost is minimal," she added. "The major investment is time to learn and share new information."

New information covers discovering what's new for your home and family, learning the "how to's" of homemaking plus exploring what you're interested in. Information also comes from educational and research resources of Texas A&M University, the U. S. Department of Agriculture and other universities, agencies and industries through Mrs. Powell's office.

Mrs. Powell pointed out that homemakers don't have to belong to a club to join learning activities. Short courses, workshops, tours, meetings at area, precinct and county levels, are open to the public.

"Or you can get the latest information from Extension through newspapers, television or radio, or by simply contacting my office."

She said that the Extension home economics study group is another less formal organization. It offers programs in both single and multiple subject

matter areas. "If interested in joining a home economics group or home demonstration club, contact the local Extension office at Box 432 in Littlefield.

Grain Quality Problem Continues In Europe

HAMBURG, Germany--After viewing grain unloading operations at the Port of Hamburg and visiting a major German soybean crusher, R.G. Dunlap of Floydada, says the quality of soybeans imported from the U. S. continues to be a problem here.

Dunlap, chairman of the Texas Soybean Producers Board, made that observation early this week while participating in the Elanco Soybean Leaders Marketing Mission.

"Importers and crushers here are still not getting soybeans that meet specifications for the grade of beans they ordered and are paying for," said Dunlap.

"There are some problems with damaged beans and splits, but the major complaint continues to be large amounts of foreign material."

Dunlap said he hopes the U. S. government will quickly be able to come up with effective means of controlling the quality of grain and soybean exports.

"Every unsatisfactory shipment further tarnishes the United States' image as an exporter and gives our foreign customer more reason to buy from another country, such as Brazil in the case of soybeans," he stated.

Dunlap, who also met with American Soybean Association (ASA) market development staffers here, said the ASA staff is playing an important role by communicating to European importers that the U. S. is trying to solve its grain quality problems and by helping handle importers' complaints in the meantime.



GOOD WORK GRADS

Congratulations.

Here's to your Success



GENA WISIAN

Parents-Mr. and Mrs. Elroy Wisian
Years Attended S-E-12
Future Plans-Attend West Texas University-Nursing
Favorite Food-Mexican Food
Favorite Song-Rockie Mountain High
Favorite Sport-Volleyball
Favorite Color-Blue
Hobbies-Roller Skating, Cooking

Keep Up the Good Work!

● You've done it before...you'll do it again! Every goal you strive for can be reached if you work at it.

ALL HAIL CLASS OF '76

DODD FERTILIZER DODD ELEVATOR

The Best to Our Bicentennial Grads



America takes pride in celebrating her 200th birthday... and your graduating class of '76. Success!

Gilbreath Seed & Grain

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CONGRATULATIONS TO ALL OUR GRADUATES

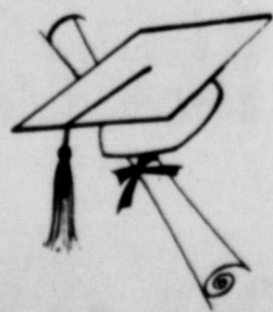


ERIC VAUGHAN

Parents-Mr. and Mrs. LaVerne Vaughan
Years Attended S-E-7 1/2
Future Plans-Farming
Favorite Food-Plenty of it.
Favorite Song-Take it to the Limit
Favorite Sport-Baseball
Favorite Color-Orange & Yellow
Hobbies-Woodworking



The community is proud of a very outstanding class. Best wishes to all.



EARTH FEED & SEED

EARTH



FONDA GOODWIN

Parents-Mr. and Mrs. C. C. Goodwin
Years Attended S-E-12
Future Plans-To attend Texas Tech and major in Home Economics
Favorite Food-Mexican Food
Favorite Song-Love Will Keep Us Together
Favorite Sport-Bowling, Bicycling, Playing Pool
Favorite Color-Blue
Hobbies-Knitting, Needlepoint, Embroidery, Weaving, Reading



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PCCA Expanding Marketing System

Plains Cotton Cooperative Association will make a major expansion of its electronic marketing system, General Manager Dan Davis has announced. Known as TELCOT, the advanced marketing system was introduced by PCCA to its 20,000 producer-members in Texas and Oklahoma last fall. It is considered by many as the most significant advancement in cotton marketing in over 20 years. At a recent meeting in Lubbock, PCCA directors voted to expand the cooperative's marketing program and enlarge its data system with a more modern, higher capacity computer. In addition to the incorporation of marketing program refinements suggested by participating merchants, producers and cooperative gins, the ex-

panded version of the electronic system will provide for a major new marketing option. Davis said the expanded system will be known as TELCOT II and should stimulate much higher volume. "The aim of our marketing system is to accommodate both the producers and the merchants in the most efficient manner and of course achieve the best price that is attainable from the trade," Davis stated. "We anticipate that the cooperative gins in the Southwest will use TELCOT as their chief marketing vehicle." Basically, TELCOT is a system for offering and invoicing cotton. Using PCCA's computer, cotton is offered for sale over electronic communications tubes placed in the offices of merchants as far away as Memphis. The initial program of the past season provided for 16 merchants and PCCA to bid "in the blind" on cotton recaps offered for sale from the coopera-



HOMEMAKING AWARD WINNERS... Maria Samaniego, Homemaking III; Alayne Slover, Homemaking II and Karen Robinson, Homemaking I.

Each bidder had a period of 15 minutes in which to submit his highest offer on each recap. The cotton was sold to the highest bidder. TELCOT II will continue the 15-minute bidding program and provide for local buyers as well as regional merchants and PCCA to bid on each recap offered. The expanded system also will provide for producers to set their own asking price on cotton offered if they so choose. "Providing for the local buyer to participate in the bidding has wide appeal as it will tend to heighten and further broaden the market competition," Davis explained. He said the new marketing feature of producers offering cotton at their own price determination will appeal to those who do not wish to accept someone else's version of what cotton should be worth. Additional features of TELCOT II will be continuation of the cooperative's Deferred Payment Program and a revision of its Loan Advance Program. With a

minimum of administrative detail, producers can use the Loan Advance Program to draw the CCC loan on individual bales if they so desire and then market their cotton over TELCOT in any amounts at any time during the year. Davis said PCCA also would initiate a market information service for the cooperative gins covering current sales during the season throughout the trading area so that producers could have broader knowledge of market prices on various qualities. He stated the following as key advantages of the TELCOT program to be offered this fall: A market quotation on any recap at any time; A cash market every day for every bale; Guaranteed payment by a check that is backed by PCCA's assets and the cooperative banking system; A safe and proven Deferred Payment Program; CCC loan advance with no red tape; Information on all cotton trades to give producers more knowledge on which to base selling decisions; Each recap offered for sealed bid will be sold to the highest bidder; Each recap offered for the producer's price will be sold to the first bidder who meets the producer's price. Use of TELCOT offers many labor-saving and cost-cutting features to the cooperative gin

This Family Feels Happy

Families have feelings and show them, Roberta Dix, a family life education specialist, points out. "Like individual people, a family's emotional climate reflects the day's ups and downs. A bad day for one person may affect everyone. And an exceptionally good day for another member can change the dismal mood of the whole family," she explained.

Miss Dix is with the Texas Agricultural Extension Service, The Texas A&M University System.

She said that children and adults alike reflect the moods, attitudes and feelings of the other family members. These reflections are good. They keep individuals in tune with their own feelings and help live up situations that have turned sour. "Walking into a room where you can feel a lot of tension, try catching someone's eye and smiling. Shortly you will see your reflection, the person you smiled at is smiling too," she said.

Family security strengthens when members use emotions in a positive way. Reach out to sisters, brothers and parents with emotional energy.

"For example, if you feel good, share your good feelings by complimenting your mother's fantastic meal, your sister's sweet laugh and yourself for sharing," the specialist suggest-

ed. She said that keeping in touch with the family climate helps curb outbursts of negative feelings by members before they happen. Just read your mood from reflections of other family members, she advised.

Taxation Policies

Drive Out Business

The New Jersey Manufacturers Association says the state's tax structure will mean a loss of jobs there this year.

An NJMA study showed that only 23 companies plan to move operations into the state, while 165 respondents said they will either move facilities out or will expand elsewhere in preference to New Jersey.

The new facilities will provide about 188 new jobs, while 3,397 jobs will be lost due to companies leaving or expanding elsewhere.

New Jersey Business, the association's magazine, reports that tax considerations heavily influenced the decisions to leave New Jersey. The state's property tax picture was listed 97 times, business taxes 95 times, and the burden of statutory benefits (workmen's and unemployment compensation rates) 56 times.

to a very special class of people



WE CONGRATULATE EACH ONE OF YOU

FURR FOODS, INC.

LITTLEFIELD

THE FUTURE IS YOURS!



Best wishes, Seniors!

We know you will make our world a better place to live in.

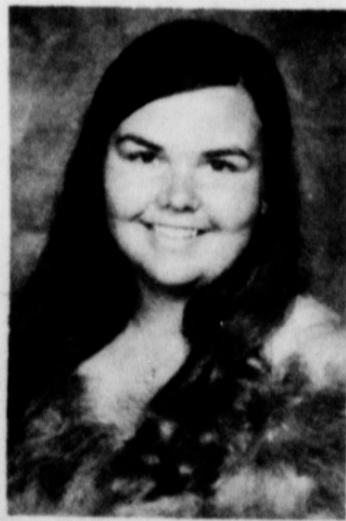
THE BEST
Success,
Happiness
be with you,
Class of '76.

JOHN'S CUSTOM MILLS

of MULESHOE

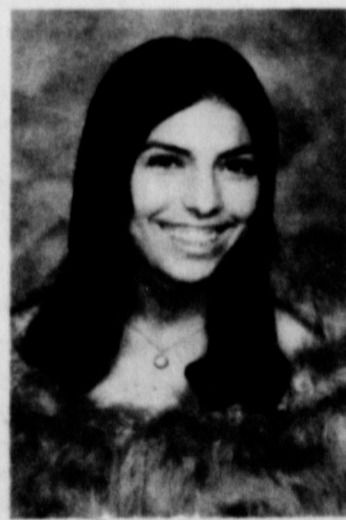


From all of us to all of you... congratulations!



CYNTHIA KAY ROBINSON

Parents - Mr. and Mrs. Robert O. Robinson
Years Attended S-E-6
Future Plans - Secretary
Favorite Food - Chicken & Rice
Favorite Song - Take it to the Limit
Favorite Sport - Tennis
Favorite Color - Yellow, White
Hobbies - Reading, Playing Tennis



GRACE SAUSEDA

Parents - Mr. and Mrs. Eliseo Sauseda
Years Attended S-E-7
Future Plans - Attend West Texas State University, Bilingual Education
Favorite Food - Mexican Food
Favorite Song - Love Hurts, Hooked On A Feeling
Favorite Sport - Volleyball
Favorite Color - Blue
Hobbies - Sewing, Cooking

CLASS OF '76: GOOD FOR YOU! and CONGRATS!



Our best wishes go with you in your efforts for continued success.

FARM CHEMICAL

SPRING LAKE

LEO'S BLACKSMITH & WELDING SHOP

310 W. AMERICAN BLVD.

MULESHOE

Congratulations Grads

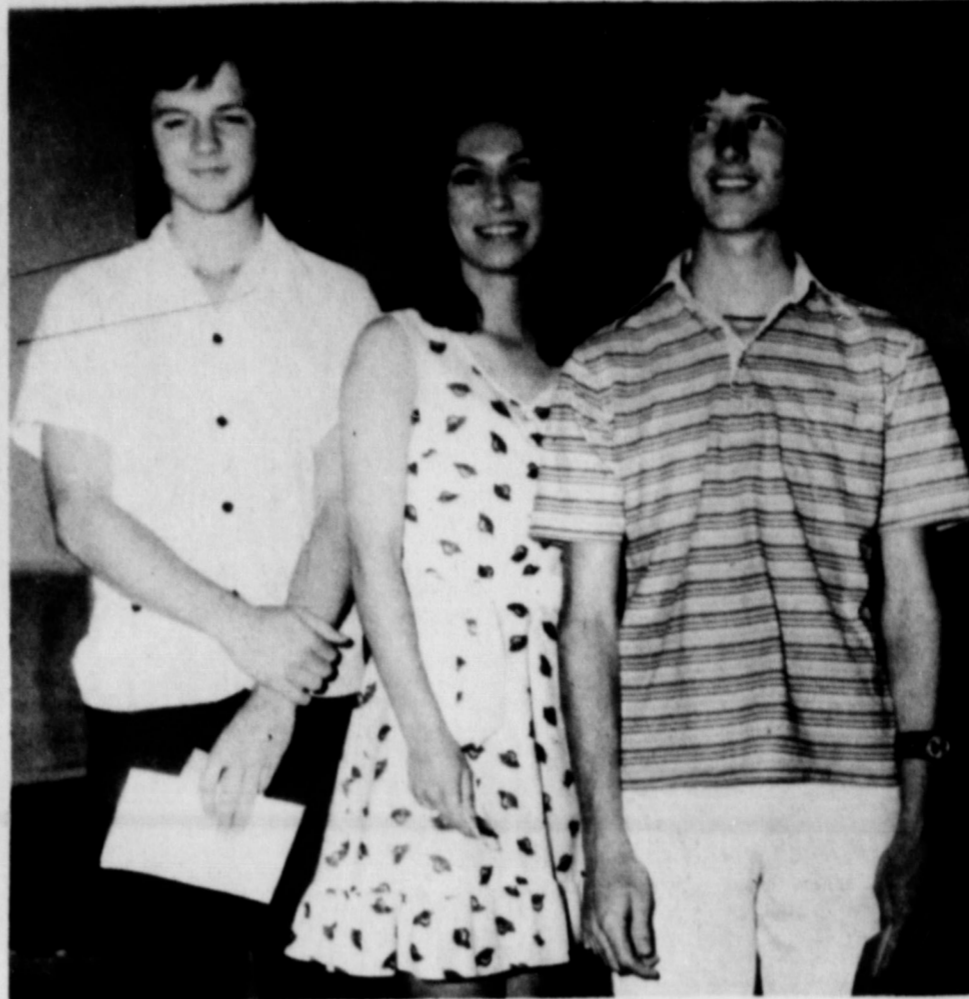


IT'S A GREAT DAY...

The big, wide world is much in need of your talents and energy. Move on to your higher goals.



DOUG CAMPBELL OFFICE PHONE 272-4266
HOME PHONE 272-3174 MULESHOE



MUSIC AWARD RECIPIENTS, ... Lee Brown, John Phillip Sousa Award; Kathy Wright, Choir and Clint Dawson, Band.

High School Awards Presented

Marking the end of another year full of many achievements, the 1975-76 Springlake-Earth High School awards assembly was held Tuesday, May 18 in the school auditorium.

The following awards and honors were presented to the following students:

MATH
Algebra I-Elaine Bills
Algebra II-Clint Dawson
Advanced Alg.-Isabel Sauseda
Geometry-Billy O'Hair
Trig.-Kim Clayton
Calculus-Debbie Verden
F. O. M. I-Linda Hood
F. O. M. II-Kathy King
Introductory Alg.-Flora Rivas

ENGLISH
English I-Karen Robinson
English II-Clint Dawson
English III-Debbie Verden
English IV-Margaret Street

SCIENCE
Physics-Margaret Street
Chemistry-Augustina Castillo
Physical Science-James Hanson
Biology-Connie Dear

HISTORY
World History-Gail Jones
Am. History-Toni Inglis
Civics-Camille Hinchliffe

BUSINESS EDUCATION
Economics-Cindy Robinson
Bookkeeping-Nesha Lewis
Typing I-Clint Dawson
Typing II-Karen Smith

VOCATIONAL
Homemaking I-Christi Pittman
Homemaking I-Karen Robinson
Homemaking II-Alayne Slover
Homemaking III-Maria Samaniego
Wood Shop-Brad Bridges
Drafting-Tommy Graham
Ag. I-Dickie Brownd
Ag. II-Alan Been
Ag. III-Rodney Geisler
Ag. IV-Eric Vaughn

P. E. SPORTS
Girls Basketball-Alayne Slover
Girls Tennis-Kim Dent
Girls Track-Rosa Rivas
Girls Golf-Cindy Dent & Pam Ott
Girls P. E.-Irene DeLeon
Boys Basketball-John Cleavinger
Boys Tennis-Randy Latham
Boys Football-Brad Bridges
Boys Track-Mark Barton
Boys Golf-John Cleavinger
Boys P. E.-Gerardo Olveria
Health-Gail Jones

MUSIC
Band-Clint Dawson
Choir-Kathy Wright
John Phillip Sousa-Lee Brown

ELECTIVES
Speech-Glen Branscum
Spanish-Dina Jo Hampton
MFL-Fonda Goodwin

ANNUAL
Fonda Goodwin, Debbie Pittman, Vicki Wright, Cliff Wood, Cindy Robinson and Mark Barton.

LIBRARY
Frank DeLeon, Nesha Lewis and

Toni Inglis
CHEERLEADERS
Kelly Haydon, L'Anna Sulser, Kim Dent, Cindy Dent, Donna Smith and Elaine Bills

MASCOT
Suzanne Cain
TWIRLERS
Susan Clayton, Tammy Davis, Ranae Winder and Daneen Wilson

PEP CLUB
Patricia James, Oetha Thomas, Pam Hood, Dina Jo Hampton, and Linda Hood

DRUM MAJOR
Clint Dawson and Kim Jones

STUDENT COUNCIL
Kelly Haydon, Kathy Wright, Bill O'Hair, Larry Dear, Randy Bills, Lexie Fennell, Kim Dent, Kelli Jo Wheatley, Joe Fuller, John Cleavinger, Dickie Brownd, Rosie Lewis, Lydia Smith, Alayne Slover, Cindy Dent, Clint Dawson, Lee Brown and Gail Jones.

OFFICE
Kathy Wright, Kelly Haydon, Bill O'Hair, Karen Robinson, Kim Dent, Kim Jones and Maria Samaniego

BETTY CROCKER
Margaret Street

TEACHER OF THE YEAR
Mrs. Jacque James

ANNUAL DEDICATION
Coach Tom Phelps

SPECIAL AWARD
Margaret Street for placing 3rd at Regional in Ready Writing.

Sunflower Acreage Down

Although much acreage was planted to sunflowers in Texas last year, producers are shying away from this relatively new crop for the 1976 season.

While lucrative prices buoyed the crop in 1975, the outlook is rather bleak now, says an agronomist for the Texas Agricultural Extension Service.

"Texas sunflower acreage shot from 5,000 acres in 1974 to 375,000 last year, and now mills and markets are over supplied," notes Dr. John Bremer. "Some crushers have enough sunflower seeds on hand to last about three years."

So the 1976 crop may be down to about 100,000 acres, especially if the current market price of 8 cents a pound doesn't take a turn upward. Sunflowers hit the 15-cent per pound mark in 1975.

"The 1975 sunflower crop in Texas has been valued at almost \$55 million, with the big portion of the crop grown in the High Plains. Although the crop has potential over much of the

flowers are new to Texas brings on a number of production problems that have to be ironed out," says Bremer. "Yields last year ranged from 150 to 3,000 pounds per acre, so this shows that there definitely are problems. Many questions hinge around varieties, planting rates, fertility levels, insect, disease and weed control, and harvesting techniques."

Variety problems have cropped up because planting seed had to be imported from foreign countries due to the expanded acreage last year. Many of these hybrids required cross-fertilization to produce a normal seed. However, the agronomist points out that the cross-fertilization problem has generally been eliminated for 1976 since ample supplies of domestic planting seed are available. In an effort to control the sun-

flower moth, the crop's most serious pest, producers have destroyed such beneficial insects as honeybees which are important in the pollination process. Disease control is also critical to producing a top quality sunflower crop. Powdery mildew and heat rot caused severe yield losses in many areas of Texas last year, notes Bremer.

Regarding harvesting, the major problem lies in getting the crop ready for combining. Sunflowers must be desiccated and only paraquat is currently labeled for use. Use of this chemical without careful attention to drift has caused severe damage to cotton and sorghum. "As Texas producers look to the future with regard to sunflowers, much will hinge on market conditions," contends Bremer.

Proudly... CONGRATULATIONS, GRADS



And May All Your Goals Be Reached

TRIEDER ELECTRIC

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ONWARD AND UPWARD CLASS OF '76!

It's Yours
The Key Is Made
Your diploma will unlock the doors to success for you if you give it a try!
When you put your mind to it... everything is possible. Really!



JOE FRANK DELEON

Parents-Mr. and Mrs. Fred DeLeon
Years Attended S-E-12
Future Plans-Work and going to the Air Force
Favorite Food, Seafood, Mexican Food, Italian Food
Favorite Song- I Believe in Miracles
Favorite Sport-Football, Track and Basketball
Favorite Color-Blue, Green
Hobbies-Fishing, Hunting, Cycling, Listening to Music



WOLVERINE DRIVE IN

AND

MINI MART

EARTH

IT'S YOUR TIME TO SHINE GRADS OF '76



You have accomplished many goals in your 12 years of school and we are proud of you.



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GRADS, YOU'VE REACHED YOUR GOAL
CONGRATULATIONS...



You've done it, grads!
A solid foundation for
a bright future has been built with
your diploma. Congratulations!

OLTON PAINT and BODY SHOP

PHONE 285-3348 - JIMMY JENKINS

Success to You Graduates

It's Your Day
To Celebrate

Jump for joy,
Grads! You've
reached your
goals and we're
mighty proud!



KATHY DALE WRIGHT

Parents-Mr. and Mrs. Kenneth Wright
Years Attended S-E-4
Future Plans-Marriage and Attend College
Favorite Food-Mexican Food
Favorite Song-I'll Always Be Your Friend
Favorite Sport-Snow Skiing
Favorite Color-Dusty Rose
Hobbies-Playing Guitar, Sewing and Cooking

CITY INSURANCE AGENCY

EARTH



WOOD SHOP and DRAFTING AWARD WINNERS... Tommy Graham, drafting and Brad ges, Wood shop.

"Heimlich Hug" Can Be A Lifesaver

What would you do if you encountered a person choking, unable to talk or breathe? Most people would probably slap them on the back and hope the problem would work itself out. Now, however, there's a better way! It's called the "Heimlich Maneuver" or the "Heimlich Hug." It was devised by Dr. Henry J. Heimlich, director of surgery at the Jewish Hospital in Cincinnati and in most cases where the "Hug" was applied, a life has been saved.

Because the "Hug" is so easy and quick to do, and because its results have been so successful, the Texas Medical Association recommends that everyone become familiar with it so that future choking victims can be spared a needless death.

Prompt action is required to save a choking victim because death can occur inside of four minutes. The "Heimlich Hug," which you may want to practice on a willing "victim" first, can be applied from the standing position in this fashion:

1. Stand BEHIND the victim and wrap your arms around his waist, allowing the victim's head, arms and upper torso to hang forward.
2. Make a fist with one hand and grab it with the other. Place the fist against the victim's abdomen, slightly above the navel and below the rib cage.
3. Squeeze the fist into the victim's abdomen with a forceful upward thrust. This may be repeated if necessary.

(Note: A second person should be prepared to remove ejected food or other obstruction from the victim's throat when it is expelled.)

If the victim has already collapsed, the rescuer need not pick him up. Face down or face up, the procedure is basically the same; Straddle the victim. Place both hands (one on top of the other) just below the victim's diaphragm. Then push sharply toward the victim's head. The procedure should be repeated if necessary.

(Note: A second person should be prepared to move ejected food or other obstruction from the victim's throat when it is expelled.)

The idea of the "Heimlich Hug" is to compress the air in the lungs, so that food stuck in the throat pops out, enabling the victim to breathe again.

Every year in the United States, 3900 people strangle on food stuck in their throats. That's more people than are killed each year in accidental shootings. In most cases, the incident occurs at the dinner table. The victim suddenly chokes, turns blue or black, and is dead within minutes. He can neither speak nor help himself. And chances are no one else will help him either since bystanders usually confuse the episode with a heart attack. Thus the popular appellation, "cafe coronary."

The typical case of "cafe coronary" involves an elderly

person with either no chewing teeth, or with ill-fitting dentures. The victim also often has been drinking, and so is not as careful as he should be about cutting up his meat or chewing adequately.

In one case, a man told his wife, "Mabel, you can't swallow that big piece of steak." She replied, "Oh yes I can!" Unfortunately, those were her last words.

High Blood Pressure Often Hidden

One in seven adults has high blood pressure, also known as hypertension, and if you have it, the odds are even that you don't know it.

Hypertension is a national health problem affecting 23 million Americans. If uncontrolled, it stresses the heart, blood vessels and kidneys, eventually damaging these organs. High blood pressure is the primary cause of about 60,000 deaths each year in the U.S. It also plays a role in the more than 1,500,000 heart attacks and strokes suffered by Americans each year.

Generally speaking, a person

is considered to have high blood pressure if his reading is persistently higher than 150/90. The first figure in this reading is the systolic pressure which occurs when the heart is at the peak of its contraction; the second is the diastolic pressure, when the contraction has subsided.

What can you do about high blood pressure? First, have your blood pressure checked regularly to find whether you are one of the 23 million. If you are, check with your doctor on what to do about it.

Fortunately, there are ways of bringing high blood pressure under control in almost all cases. These include drugs, diet, exercise, and rest and

relaxation. No one method works for all; individual treatment is necessary for each patient. Treatment may have to be continued over a period of time. Proper treatment definitely reduces risk of disease and death and increases the potential for health and long life expectancy.

The American Medical Association has listed the following facts about high blood pressure that if learned and heeded could do much to guard against the serious effects of untreated hypertension:

1. Hypertension is a common "silent" health problem; many people are unaware that they have high blood pressure because they feel perfectly well.

2. Hypertension is a major cause of stroke, heart failure and kidney failure, but these complications can be prevented with control of blood pressure.

3. Hypertension usually cannot be cured and requires lifetime medical care. It can be controlled by taking medications daily as directed.

4. Those being treated for hypertension should take their medicine every day if they feel well. If they feel sick, they should check with their physician.

5. Anyone who is being treated for hypertension or who has ever been told that his blood pressure was high should have it checked frequently.

With diploma in hand... there's no limit to what you can achieve!

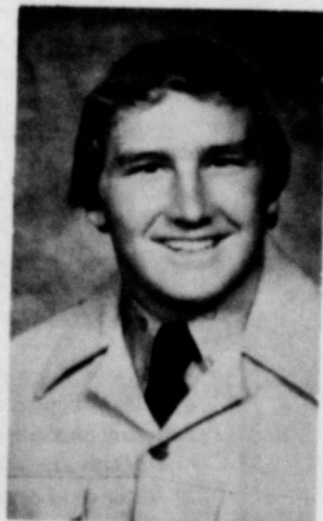


MARGARET STREET

Parents-Mr. and Mrs. Donald Street
Years Attended S-E-12
Future Plans-Attend Texas Tech
Favorite Food-Steak
Favorite Song-Take It to the Limit
Favorite Sport-Water Skiing
Favorite Color-Yellow
Hobbies-Snow Skiing, Bicycling and Reading

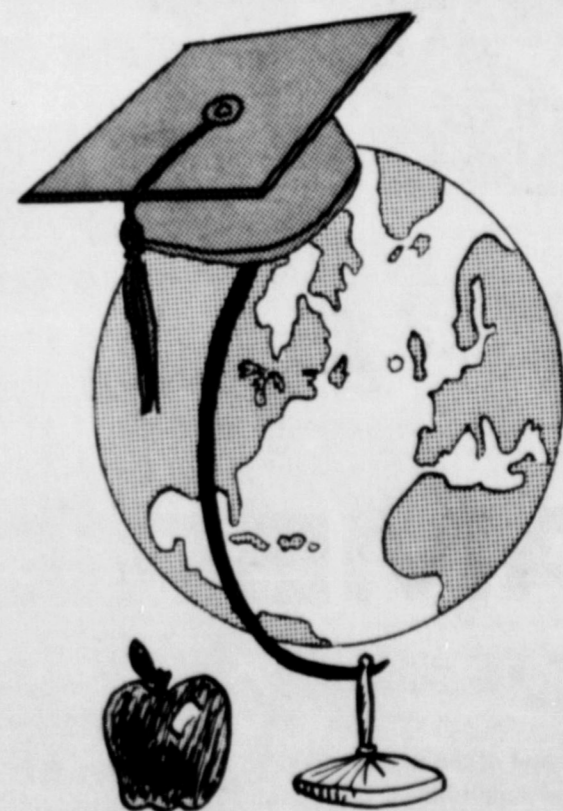
HIGGINBOTHAM-BARTLETT COMPANY

EARTH



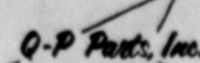
RANDY DWAYNE BILLS

Parents-Mr. and Mrs. Richard Bills
Years Attended S-E-12
Future Plans-Attend College
Favorite Food-T-Bone Steak
Favorite Song-By The Time I Get To Phoenix
Favorite Sport-Football, Track
Favorite Color-Light Yellow
Hobbies-Working with Livestock, Water Skiing, Hunting, Swimming, Football



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Class of 1976.



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P. O. BOX 567



When applied to animals, the word Jack means inferior, small or male.

Here's to a
Job Well Done



CLEVELAND

ATHLETICS
PLAINVIEW



**ALL
AMERICA**

is proud of the new Seniors! It is a traditional pride of a nation in the accomplishment of its youth.

We are especially proud of the young men and women who make up this class of graduates in our community. The reason is more than tradition...it is because in our memory we have never observed a finer group of young people who worked harder, or more confidently than these Seniors.

We wish the very best of everything to all of them.

MID PLAINS IRRIGATION, INC.

MULESHOE

Tax Deductions Available Following Casualty Loss

What kind of tax deduction are you entitled to if a fire destroys an antique table appraised at \$350 although you only paid \$15 for it?

Can you realize a tax savings if a storm destroys your expensive new landscaping?

If your home is flooded but you have no flood insurance, can you claim a tax deduction? There are no simple answers to these kinds of questions, but now that it is income tax time, individuals in similar situations should check carefully to see how to handle their return.

The Texas Insurance Information Center says many people overlook real tax savings because they don't understand how to handle property losses on their income tax returns.

Tax advantages are offered for any "casualty" loss. According to the Internal Revenue Service (IRS), a casualty loss means property damage or loss resulting from any sudden, unexpected event such as a storm, fire, robbery or automobile accident. Deductions are available for losses to both personal property (such as automobiles and furniture) and to real property (such as businesses and homes.)

Computations are based on the reduction in the value of the property. The amount of any insurance settlement must be subtracted from the total loss. It is helpful to remember that terminology used in making insurance claims may not always apply to an income tax return.

Since insurance payments are tied to the actual cost of making repairs or replacing lost goods, often calculated at depreciated value, the real loss for income tax purposes can exceed the insurance payment. When this happens, the difference can be claimed as a "casualty loss" deduction.

Example: Suppose your home which originally cost \$30,000 was damaged by a tornado. The appraised value of the property prior to the storm was \$32,500 and immediately after the storm was \$27,500. The overall "loss" would be \$5,000. If the insurance company paid \$3,000, you still have an additional \$2,000 "loss" on the property, and most of this is tax deductible.

Since the tax law does not permit a deduction for the first \$100 of a loss claim for private property, you are entitled to a \$1,900 (\$2,000 minus \$100) deduction on your income tax return. There is no \$100 limitation on losses on business property.

In calculating losses, remember there are different sets of rules which apply to "real property" (such as houses) and "personal property" (such as furniture), even though the losses occurred because of the same catastrophe. In no event can the "loss" claimed on the income tax return exceed the amount originally paid for the property.

The real property value includes any improvement to the property such as extra buildings and ornamental trees. To help prove the value of the property before and after damage, the IRS recommends that an experienced, reliable appraiser be hired. The cost of the appraisal is tax deductible. Photos made before and after damage will also be helpful in proving a loss.

For personal property, the loss is computed individually for each piece of property, that means each stick of damaged furniture.

Insurance companies have for years recommended that homeowners keep an up-to-date inventory of personal property with photos to help settle insurance claims in the event of a loss. That same inventory would serve as a starting point for a taxpayer trying to compute "personal property" casualty losses for income tax returns.

Inventory sheets make the job easier. These are available free from insurance agents or by



SCIENCE AWARD WINNERS... Connie Dear, Biology and James Hanson, Physical Science

Guidelines For Nursing Home Selections

People often face sudden emergencies or serious illnesses and must use a nursing home. The Texas Medical Association offers several suggestions to help consumers pick an appropriate facility.

The first and probably most crucial problem is determining if a person actually needs a nursing home. A nursing home may be necessary when an older person needs help with everyday activities and family or community services cannot be of aid. If a person needs medical attention the family cannot afford to provide at home or if a person's needs severely upset family life, then a nursing home may be a good alternative.

Naturally this decision should not be made without considering the patient's own needs and desires, overall family needs, and all available alternatives. No one should feel guilty about placing a patient in a nursing home if they look at the situation and carefully choose the best solution.

Often "meals on wheels," visiting nurses and other programs can help a patient without using a nursing home. The welfare department, community action agency, health department, etc. may be able to provide information on available programs.

The nearest welfare office and Social Security office also can provide information on state and federal financial assistance. If a patient is eligible, a person should then check and see if any nursing home considered is qualified to receive government funds.

Basically the government recognizes three classifications of nursing homes, each providing different services. In Texas a "Class 2--custodial" facility helps patients with common

writing the Texas Insurance Information Center, 1011 Congress, Suite 501, Austin, Texas 78701. Detailed information about how to handle specific insurance payments and casualty losses on income tax returns is available in IRS Publication No. 547, titled "Tax Information on Disasters, Casualty Losses and Thefts."

The IRS has set up information service lines all over the state to answer inquiries about preparation of tax returns. A copy of the publication can be obtained free by calling one of the offices.

The phone numbers are: Fort Worth (334-3811); Dallas (742-2440); El Paso (543-7572); Houston (244-8211); Austin (472-1974); and San Antonio (684-7111).

Persons living outside those metropolitan exchanges may call the IRS toll free information line. That number is 1-800-492-4830.



YOUR GARDEN

BEAUTY UNDERFOOT

A lush green lawn adds the finishing touch to your home, so here are some tips on the basics of lawn care.

1. For a healthy lawn, fertilizer should be applied in the fall and early spring. Using a spreader will assure even distribution. Check with your garden dealer for local rates and recommendations.

2. Most lawns require regular weekly mowing. It's much better for your lawn to cut off a little grass regu-

larly than a lot at one time.

Also, be sure to keep your mower sharpened. A dull mower tends to rip off grass blades and damage them.

3. Although overwatering should be avoided, don't let the grass get too dry. Soak it to a depth of three to six inches whenever the soil gets dry or crumbly. Don't water if rainfall is adequate. Excessive watering can cause lawn disease.

4. Don't overlook insect pests. Use a good insecticide, and one which controls almost every important lawn pest is Spectracide * Lawn and Garden Insect Control, containing Diazinon *.

5. Don't apply lime until you've checked out the acidity level of your lawn. Too much lime can be harmful and an extra expense.

Be aware of these lawn care "don'ts" and you'll have a lovely lawn that will add beauty to your home.

ATTEND CHURCH



A New Dawn..

The world awaits you, grads. Best of luck.

LITTLE JOHN'S NURSERY
FARWELL

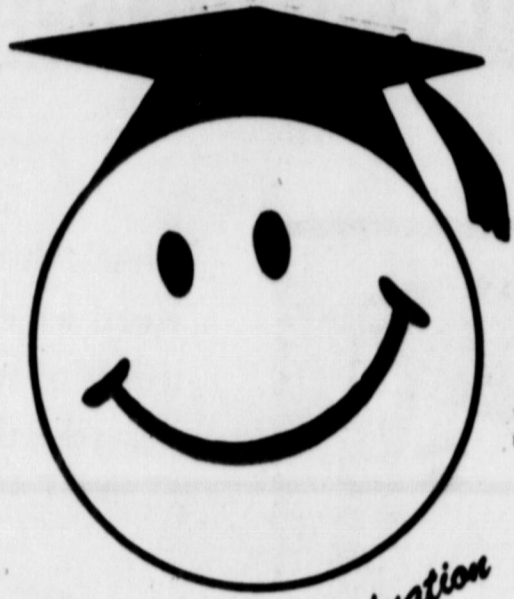
Success to You Graduates

YOU'RE NO. 1



St. Clair's
Of Muleshoe

When small children are at the table, set examples you want them to follow; they'll imitate your food choices and table manners.



HAVE A HAPPY *graduation* DAY

It's GRADUATION time

... AND TIME TO EXTEND OUR VERY BEST WISHES TO THESE FUTURE LEADERS

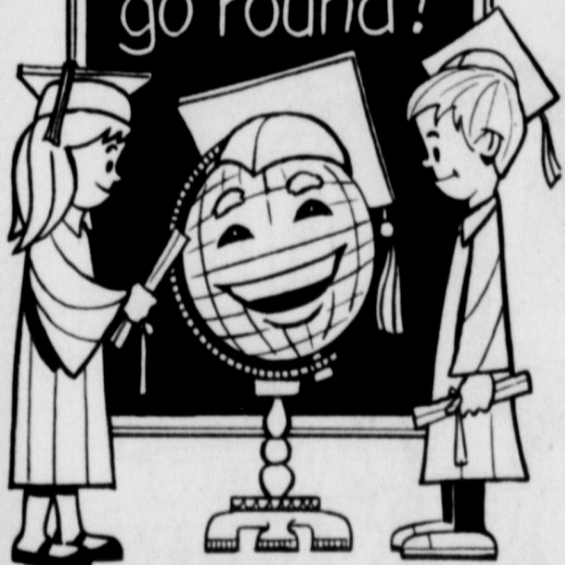
And, we do, indeed, look to you, the young and educated people, to inspire and lead our world toward total peace and increased prosperity. The road before you is an expansive one... there are many decisions to be made... many experiences to encounter — but these are the things that enrich and lead you to a more complete understanding of life, its many pleasures and sorrows. We sincerely hope that yours will be a rich, full, successful life.

WESTERN DRUG

MULESHOE---Phons 272-3106

SUCCESS to our GRADS

You'll make the world go 'round!



Make it smile and make it laugh. Erase misery and oppression. It's up to you.



JOHN RONALD CLEAVINGER

Parents-Mr. and Mrs. Ronald Cleavinger
Years Attended S-E-12
Future Plans-Attend LCC
Favorite Food-Fried Chicken, Steak, Mexican Food, Seafood
Favorite Song-That's the way Love Goes
Favorite Sport-Basketball
Favorite Color-Blue
Hobbies-Golfing, Fishing, Swimming

FLAGG GRAIN CO., INC.

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--- AND ---

DODD ELEVATOR

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HOMEMAKING I WINNERS... Karen Robinson and Christie Pittman

Tips On Overcoming The Dark Grasp Of Grief

Grief is as natural as breathing. Problems such as changing residences, job stresses or losing possessions can trigger the same reactions, only on a smaller scale, as death, divorce or other major tragedies.

Studies show people generally experience several stages and symptoms of grief when tragedy strikes. The Texas Medical Association says these natural, common feelings often are necessary for a person to healthily emerge from grief.

The first stage is shock. The mind can put up natural defenses that keep people from feeling the pain of grief at first. Every person reacts differently to grief so this stage can last from a few minutes to a few days. If it continues for weeks, unhealthy grief is probably present and professional help should be sought.

The second stage often is emotional release. It can be very difficult for men in our society to express emotion, especially by crying. But it is often vital for grieving people to express the mental pain they feel. Unreleased grief can boil up inside and release itself unhealthily.

Strong feelings of depression and isolation characterize another stage of grief, one of the darkest periods in the grief experience.

Grief also can express itself in physical symptoms. A doctor certainly should check out any physical complaints to determine the cause and treatment. People in physical pain solely because of grief need help to progress through the stage they are stuck in or they may have continued physical trouble.

Often grieving people lose the ability to concentrate. They begin to worry about their mental health and become panicky. But people who know how grief acts on the body and mind are less likely to panic.

Guilt also can plague in grief. Guilt is natural but can be dangerous when it is prolonged or out of proportion to the actual incident involved.

As people move out of guilt and depression they often become angry and resentful. These emotions do the most harm when family, friends and the grieving person do not understand these feelings as a natural part of the grief experience. Denying hostile feelings, letting them boil inside until they explode or letting them dominate one's life are the main dangers of this stage.

Many times after grief's deep pain passes, people are unable to return to normal activities. Often people carry such a heavy burden of grief alone that, in effect, it drains all the energy normally used in everyday life.

As the grief process continues, people often begin to feel some hope. Then they begin to struggle to accept reality and

start anew. Being open to new situations and relationships is difficult but necessary. As in many of grief's stages, concerned friends and relatives can help the grieving person by being available to listen and handle any activities the grieving person cannot carry out. However, it often helps the person in grief to keep fairly busy and continue as many daily activities as possible. No one follows this grief pat-

tern exactly. Nor does everyone need outside aid when grief strikes. But most people need the warmth and assurance concerned friends can give. Talking about their troubles, especially guilt and resentment, can be the healthiest way for people to handle the dark grasp of grief.

THE MEASURE of life is EXCELLENCE

And this new class of Seniors stands ten feet tall. We're proud to know them... Proud of their many accomplishments. They are a credit to our community, and a source of pride to all. Our good wishes to you, Seniors. May the future be bright for you!

ORVAL WATSON FORD
HEREFORD



Success to You Graduates



Class of 1976:
We are impressed with your great potential and we wish each of you success in reaching your goals.

GOOD LUCK!



RANDY GLENN LATHAM

Parents-Mr. and Mrs. Austin Latham
Years Attended S-E-12
Future Plans-College, Agriculture
Favorite Food-Boiled Shrimp, Steak
Favorite Song-Take it to the Limit
Favorite Sport-Football
Favorite Color-Orange
Hobbies-Tennis, Cars, Farming

The Graduates of 1976 will face new and exciting challenges which we know they will meet successfully.



EARTH PUMP & MACHINE INC.

-DISTRIBUTORS FOR-
SIMMONS PUMPS

WENDELL CLAYTON

CONGRATULATIONS GRADS, WE LOVE YOU.....

CONGRATULATIONS CLASS OF '76



SITTIN' PRETTY!

You've earned your credits, grads. We congratulate you on this very special day.

HIGH PLAINS SEED & DELINTING

GARLAND De PRANG-MANAGER

OLTON-PHONE 285-2657



ECONOMICS and BOOKKEEPING AWARD WINNERS.. Cindy Robinson, Economics and Neshia Lewis, Bookkeeping.

Burial Allowance For Former Servicemen

The Veterans Administration today urged former servicemen and women to acquaint members of their families with the VA burial allowances available to veterans.

For example, VA will provide a payment of up to \$250 toward the burial expenses of eligible veterans. An additional \$150 is payable as a plot or interment allowance when burial is not in a National Cemetery or other cemetery under United States Government jurisdiction.

Burial or plot allowances are paid to funeral directors and cemetery owners if burial costs are unpaid, otherwise the proper claimant is the person who bore the expense of funeral and burial, Jack Coker, Veterans Administration Regional Director, noted.

In case the veteran's death is service-connected, payment of an amount not to exceed \$800 will be made. This payment is made instead of the usual burial and interment allowances.

Burial is available for all eligible veterans at all National Cemeteries except Arlington. Burial in these cemeteries is also available to an eligible veteran's spouse, minor children and under certain conditions, to unmarried adult children.

Since 1967 burial in Arlington National Cemetery has been

limited to persons dying while on active duty, Medal of Honor winners, former service personnel on official service retired lists, certain high government officials and certain members of the immediate families of those listed or those already buried there.

The Veterans Administration will also, upon request, provide an American flag to drape the casket of the veteran.

A headstone or grave marker is also available for eligible veterans and memorial markers are provided for certain members of the armed forces who die on active duty and whose remains are not recovered.

Eligible veterans are those discharged under conditions other than dishonorable and who served in the Spanish-American War, Mexican Border Period, World War I, World War II, the Korean Conflict, the Vietnam Era or who are peacetime veterans entitled to service-connected compensation at time of death or discharge, or who were retired for disability incurred in the line of duty.

Full information concerning these allowances and eligibility for them is available at any Veterans Administration Office, veterans county service office, or veterans service organization.

New Computer System For Rural Community Development

WASHINGTON--A computer system that in minutes can locate the federal assistance available for a rural community will soon be in nationwide use, Secretary of Agriculture Earl L. Butz announced today.

Called the Federal Assistance Program Retrieval System (FAPRS), it can scan a data bank of more than 600 federal domestic assistance programs and print out a list of those which are applicable to a community. The service was developed cooperatively by the U. S. Department of Agriculture's (USDA) Rural Development Service and Agricultural Stabilization and Conservation Service.

No knowledge of computers is required to use the system. The applicant needs only to identify his community and the need for which help is sought. Thereafter, the computer will locate the information and print out the available programs. The process takes from 5 to 15 minutes and costs from \$2 to \$4 per run. This cost may be charged to the applicant at the discretion of the agency providing the FAPRS service.

The service will be available through existing compatible computer terminals operated by USDA, other federal and state agencies, members of Congress, and organizations

such as multi-county planning and development organizations. USDA officials estimate that within a year, as many as 500 such terminals may be in operation.

Programs listed on the computer printout are keyed to code numbers listed in the Catalog of Federal Domestic Assistance. By using the catalog in conjunction with the printout, an individual may identify programs of specific interest and learn how to apply for assistance. Local representatives of the Extension Service or the Farmers Home Administration can often assist in this process.

The availability of federal assistance will continue to depend on program funding levels and priorities among eligible applicants.

USDA officials expect that the new system and its capabilities of providing quick information on a wide variety of federal programs will be valuable in the rural development effort. In the past, the lack of resources needed to search out available federal assistance has been a retarding factor in the development of rural communities. The new computer system offers a way to overcome this problem. In some cases, however, USDA assistance may still be useful in helping local leaders to use the computer printout to their best advantage. As field terminals go into

operation and the system is ready for use, announcements will be made. Meanwhile, inquiries to the Administrator, Rural Development Service, Washington, D. C. 20250, will be made. siring additional information about the system may address

TREMENDOUS!



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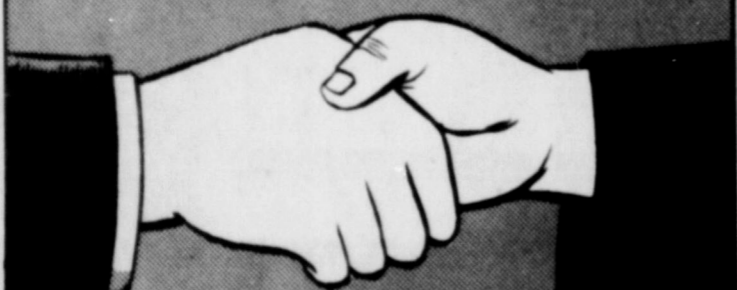
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Violence In Families Rampant Today

Family violence, wife beating, neglect, abandonment, suicide, overdoses, alcoholism and child battering, is on the rise now. But concerned citizens can help lower occasions of family violence, Dorothy Taylor, a family life education specialist, says.

"Prevention is the only tool available to combat the problem. Teachers, doctors or youth leaders are constantly involved and observe children and their families and can be a bulwark in the fight against violence by reporting suspected cases to local police," she said. Miss Taylor is with the Texas Agricultural Extension Service, The Texas A&M University System.

"Physical abuse may take the form of lashing, bashing, suffocating, head-cracking or scalding. Adults, parents or spouses

may use fists, belts, hard brushes, baseball bats, chemicals, lighted cigarettes, ropes or water hoses. The bodily harm may be contusions, bruises, fractured ribs, internal injuries, broken limbs or infections caused by stomping, being pushed down stairs, dropping from windows or high places, biting or shaking."

The specialist pointed out that

violence or abuse isn't only physical mistreatment. It is also emotional, social and mental abuses such as being ill and lacking essential medical care, being deprived of shelter or sleeping arrangements, being sexually abused or exploited, emotionally neglected or exposed to unwholesome or demoralizing circumstances, she said.

"Wife beating is being reported more now than ever before. Causes, symptoms and bodily harm in wife beating cases are

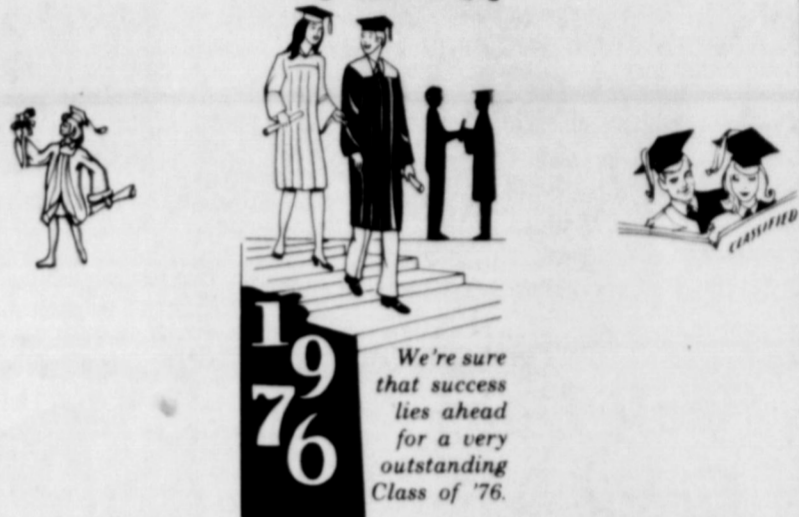
no different than in cases of child abuse, except it takes more violence to accomplish the same amount of abuse because of size differences in adults and children," Miss Taylor noted.

She also said that self-inflicted violence is found in suicides, drug overdoses and alcoholism. "There are about 24,000 suicides in the U. S. each year. Teenagers are being referred to as the 'new alcoholics,' and it's not surprising that the use of alcohol and the use of other

drugs are closely related and have similar causes. What is unique is that alcohol is taking over from other drugs, including marijuana, in teenagers' habits today.

"Causes of violence in families range from loss of self-esteem, jealousy, treating others like you were treated, compulsive discipline, taking the 'rap' for someone else, failure or anger," she explained.

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Years Attended S-E-3
Future Plans-Move to Lubbock and Work
Favorite Food-Hamburgers
Favorite Song-Tracks of my Tears
Favorite Sport-Rodeo
Favorite Color-Purple
Hobbies-Fighting

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Don't Mistake Choking For Heart Attack

Choking on food causes more accidental deaths in the United States each year than are caused by airplane crashes or firearms. In fact, according to the Texas Department of Health Resources, choking is the sixth most common cause of accidental death. Health officials say that at least 3,900 Americans die each year because food gets stuck in their throats. The actual number may be considerably higher, however, since the cause of death may be incorrectly identified. It has just been in recent years that health authorities discovered that many so-called heart attack victims actually were victims of choking. Incorrect identification of choking victims is especially tragic since the proper treatment must be given immediately.

There are three things you need to know about choking: what causes it, how to recognize it, and what to do about it. In spite of the high death toll in the past, choking can be easily prevented, and treatment for choking victims can be administered by almost anyone, including the victim, if he just knows what to do.

Choking occurs when a piece of food lodges in the windpipe, blocking off a small valve at the base of the throat. The valve controls the flow of air to and from the lungs; ordinarily the valve opens only when a person inhales or exhales, and it closes when food is being swallowed. If a piece of food lodges against the valve, the victim can't breathe.

Obviously, the best way to prevent choking is to chew all food so thoroughly that no large pieces of solid matter are swallowed. As might be expected, the most frequent victims of choking are children; elderly people, especially those with poor-fitting dentures; and people who are drinking, laughing or talking while they are



SPECIAL READING AWARD... Rachel Montreal, 6th grade; Savino Valesquez, 7th grade and Jesus Reyes, 8th grade.

It is particularly important not to confuse a choking victim with a heart attack victim. In both cases, the victim may gasp with apparent pain and double over; also, many heart attack victims do experience difficulty in breathing. The most important difference is that the choking victim can't breathe at all, and therefore cannot speak. Heart attack victims ordinarily remain conscious and can speak, although with some difficulty. Choking victims can't speak and often lose consciousness in as little as two or three minutes. Death is almost certain to follow in as little as four minutes unless prompt, appropriate treatment is given.

There is one technique for treating victims of choking that has been shown to be almost fool-proof. It's called the "Heimlich Maneuver," after its inventor, Dr. Henry J. Heimlich of Cincinnati. Dr. Heimlich found that there is ordinarily a reserve of air in the lungs that can be used to expel the

dislodged food particle from the throat. Using the Heimlich Maneuver is relatively simple. If the vic-

tim is standing or sitting, stand behind the victim and put your arms around his or her waist, a couple of inches above the belt line. Grasp your hands, just below the victim's rib cage. Squeeze sharply with an upward motion. This compresses the victim's diaphragm, forcing air out of the lungs. The maneuver can be repeated, if necessary, until the piece of food pops out of the victim's mouth. Recovery is almost immediate, although medical attention is recommended in case there are complications.

If the victim has fallen to the floor, or if for some other reason the standard maneuver can't be performed, anything that provides a sharp blow just below the diaphragm, will force residual air from the lungs. It's important to understand that a great deal of force is not necessary, and could result in unnecessary internal damage.

Does this technique work? According to health authorities, the Heimlich Maneuver has saved hundreds of choking victims from almost certain death, and has never resulted in serious injury. The technique has

CHOKER CHOKER! BY THOMPSON

Why not put a stamp on your postal I.Q. by taking this quick quiz?

1. Rates for first class mail are lowest in which of these countries (a) Great Britain (b) United States (c) Japan (d) Sweden?

2. Putting curbside mail boxes on street corners would have what effect on our senior citizens (a) help them (b) have no effect (c) hurt them?

3. The country with the largest mail in the world is (a) West Germany (b) Soviet Union (c) United States (d) Great Britain?

4. If Congress doesn't authorize a substantial subsidy to the postal service, the rate for a first class letter will increase to what amount in the next five years (a) 17 cents (b) 19 cents (c) 21 cents (d) 23 cents?

ANSWERS:
1. (b) Rates for first class mail are lowest in Great Britain.
2. (a) Rates for first class mail are lowest in Great Britain.
3. (c) The United States has the largest mail in the world.
4. (d) If the postal service does not get a subsidy, postal experts predict that the cost of a first class letter would rise to 23 cents.

OPTIMIST: "One who takes a frying pan on a fishing trip." Anon.

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IRENE DELEON

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Years Attended 5-E-12
Future Plans-Go to a Bible School in El Paso
Favorite Food-Tacos and Fish
Favorite Song-Oh God in Heaven
Favorite Sport-Volleyball
Favorite Color-Lime & Purple
Hobbies-Sewing & Cooking



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Cold-Tolerant Cotton Seen For High Plains

Last September, when cotton on the Texas High Plains was entering its critical boll development stage, two consecutive weekends of cold, wet weather interspersed by several unusually warm days dealt cotton a severe blow. Agriculturists blamed the weather for causing at least a 50 percent loss in the 1975 cotton crop.

Texas Agricultural Experiment Station researchers at Lubbock now say at least two experimental varieties show "good genetic tolerance to cold," offering hope that varieties can be developed that will reduce the heavy economic losses that

occurred last September. Dr. Jack Gipson, Experiment Station cotton physiologist at Lubbock, says that since cotton is a hot weather crop, temperatures in excess of 70 degrees Fahrenheit are required for normal boll development. As temperature drops below this level, the rate of boll development gradually slows, ceasing almost entirely at about 60 degrees F.

In the High Plains area, most of the boll development occurs during August, September and October, says Gipson. Beginning in September, and occasionally even in August, cold fronts

periodically move through the area, resulting in minimums considerably below the optimum for boll maturation. August minimums average in the mid 60's, but in many seasons minimums dip to the mid 50's, September minimums average 58 degrees F with lows of 41 not uncommon, and October minimums average 47 degrees F with occasional dips to the low 30's.

"Low temperatures during boll maturation periods adversely affect yields, fiber and seed quality," Gipson explains.

"Fiber fineness, one of the most important measurements



GALE JONES... Recipient of the High School Health Award.

of fiber quality, is affected the most by temperature.

"In practice, fineness is usually determined by the micronaire apparatus, and is reported as the weight (in micrograms) per inch of fiber, he adds. "Since weight per inch is closely related to fiber wall thickness, the micronaire value serves as a very useful measure of fiber maturity."

Gipson has been studying the influence of temperature on cotton production and quality in cooperation with Dr. Levon Ray, Experiment Station cotton breeder, also of Lubbock. They found that certain varieties appear to be better adapted or more tolerant to low temperature than others, indicating that cotton does possess a genetic potential for cold tolerance.

Based on this premise, they began a program of testing and selection for cold-tolerant cotton in 1972. In their research they are using early maturing experimental types developed at the Lubbock Texas A&M University Agricultural Research and Extension Center by Dr. Ray for narrow-row production.

These experimental lines are grown out in field growth chambers equipped with air conditioners and gas furnaces so that night temperature can be controlled at the desired levels. Three commercial cotton varieties are also used to provide standards by which progress can be gauged.

Selections are then made low-temperature (57 degrees F) stress conditions. Selections are made both for earliness, and for cold tolerance.

"With the aid of the low-tem-

perature chambers the process of selection is speeded up considerably over what could be achieved under normal field conditions," Gipson says. "Thus, an earlier and more cold-tolerant variety should be developed several years sooner than under ordinary selection programs."

"To date, two experimental lines show very good promise," says Gipson. "They are earlier than the commonly used standard commercial varieties and consistently produce fiber with higher micronaire values than the standard varieties."

Gipson says this is especially important in view of the large marketing discounts on low micronaire cotton. Cotton with micronaire value of 3.5-4.0 is not discounted, he said, but at 3.4 and below it is discounted in ranges, that is 3.3-3.4, 3.0-3.2, 2.7-2.9, and 2.6 or less. Thus even an increase of a 0.3 micronaire unit could result in a shift upward of one to two brackets, thus reducing the discount.

"When one considers that on a long-term average, about 60 percent of the crop for the 25-county High Plains area falls in the penalty range of 2.4 to 3.4, the importance of shifting to higher micronaire brackets can be realized," Gipson emphasizes.

Assuming a two million-bale crop, some 1,200,000 bales would be penalized to some degree for low micronaire, he says. Based on a common dis-

Booklet Features Lawn, Ornamental Pests

The spring season will soon be here and homeowners and gardeners will again be waging war on a host of insect pests. A publication by the Texas Agricultural Extension Service can help in this battle.

Titled "Insects and Related Pests Attacking Lawns and Ornamental Plants," the publication offers a full description of the different pests that feed on flowers, shrubs, trees and lawns in Texas.

"Each insect is described in detail along with the type of damage it does, points out Dr. John Thomas, entomologist for the Texas Agricultural Extension Service. "The insects are also categorized as either

chewing or sucking types so as to identify the damage they inflict to plants."

The publication features color pictures of many of the insect pests that attack lawns and ornamental plants along with pictures showing some of the damage they do.

"Successful control of these insects depends on recognizing them and the type of damage they do and then taking the proper control measures," notes the Texas A&M University System entomologist.

In addition to chemical controls, certain cultural and management practices are also important in avoiding or reducing insect damage to plants, points out Thomas. These include fertilizing and watering, properly selecting adapted plant varieties that are healthy, vigorous and insect resistant, if available, and avoiding mechanical injury to plants.

The entomologist encourages homeowners and gardeners to obtain a copy of 8-1078, "In-

sect and Related Pests Attacking Lawns and Ornamental Plants," to get prepared for the spring season ahead. The publication is available for 50 cents a copy from the Department of Agricultural Communications, Texas A&M University, College Station, Texas 77843. Payment should be made with the order.

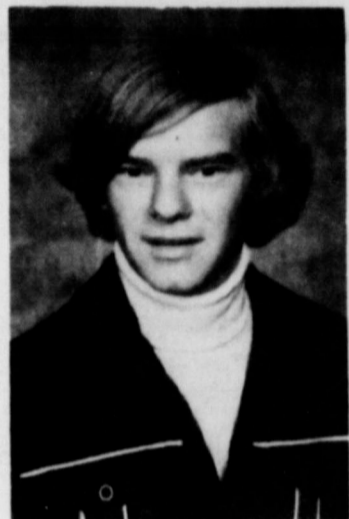
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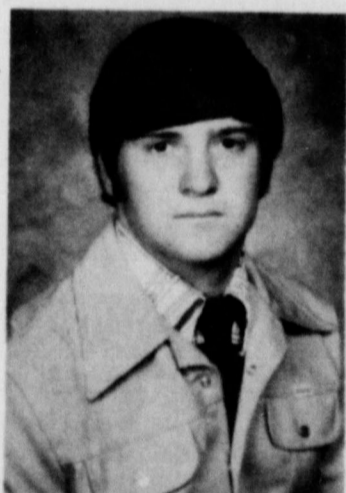
Parents-Mr. and Mrs. James Ray Smith
Years Attended S-E-12
Future Plans-Farming
Favorite Food-Steak
Favorite Song-What A Night
Favorite Sport-Tennis
Favorite Color-Blue
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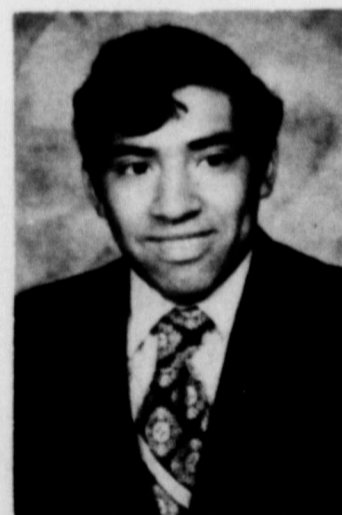


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Parents-Mr. and Mrs. Jose Cruz Olvera
Years Attended S-F-7
Future Plans-Work
Favorite Food-Italian, Mexican and Seafood
Favorite Song-December "63", Oh What A Night, La Bamba
Favorite Sport-Football, Baseball, Basketball and Track
Favorite Color-Blue
Hobbies-Weight Lifting, Hunting, Fishing, Cycling

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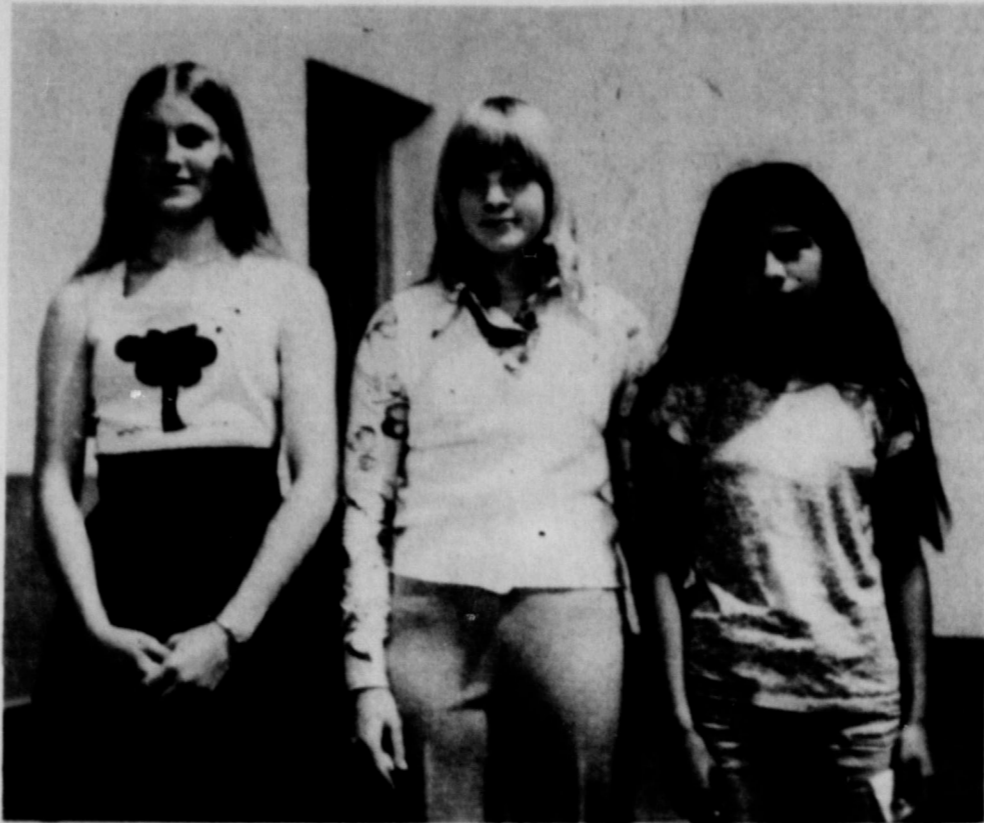
**THE GRADUATES
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We applaud the efforts of The Class of 1976.

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ROBERT WHITE-Dimmitt



MATH AWARDS... Sue Jones, 8th grade; Lesa Templeton, 7th grade and Debbie Simeron, 6th grade.

Encephalitis Could Become An Epidemic

"Epidemic" is still a frightening word to health officials.

While there have been no full-fledged epidemics in Texas in several years, there are certain diseases which lend themselves to this threatening category and result in occasional outbreaks.

One of these, which can move swiftly on the wings of birds, is arboviral encephalitis, says the Texas Department of Health Resources. The arboviral group of encephalitides includes Western Equine Encephalitis (WEE), Eastern Equine Encephalitis (EEE) and Venezuelan Equine Encephalitis (VEE). These are classified as Group A viruses. St. Louis Encephalitis is a Group B virus.

Vector, or carrier, of any of the four forms of encephalitis is the mosquito. Normally the disease is carried from bird to mosquito and mosquito to bird. When a human is bitten by an infected mosquito and develops the disease, he is a "dead end host" since he doesn't develop enough of the virus for it to spread from him.

Encephalitis is an acute inflammatory disease which involves part of the brain, spinal cord and membrane surrounding the brain and spinal cord (meninges). This disease can be fatal. It strikes most heavily at the older age group; the elderly are more likely both to develop the disease and to die from it, according to the National Center for Disease Control.

Texas offers an ideal environment for the development of encephalitis because of its large bird population, plus being on the flyways of migratory birds. And, many areas are tailor-made for the development of mosquitoes.

Mosquitoes, the implicating factor in transmission of the disease to man, die off with winter weather. Although the true reservoir of these viruses (or means of winter carry-over)

is unknown, it appears that certain birds, rodents, bats, reptiles or surviving adult mosquitoes could be implicated.

Object of the surveillance program is to detect virus activity in birds, mammals and mosquitoes long before the virus can be spread to the human population, said M. S. Dickerson, Chief of the Bureau of Communicable Disease Services. The early detection of virus activity will enable the rapid implementation of mosquito abatement procedures, thus eliminating the vector transmission to man.

The current surveillance program covers the principal populated areas of the state.

The Bureau of Laboratories periodically receives shipments of mosquitoes and blood samples from wild birds, domestic and wild mammals, and from sentinel chicken flocks. Local health departments are notified immediately if mosquitoes, when identified, are the type which transmit the encephalitis virus. If the virus is isolated from the mosquitoes blood samples, it becomes an emergency situation, said Dr. Dickerson. Local health officers send out vector control specialists immediately to spray for mosquitoes at the sites from which mosquitoes were obtained, or in the area where birds and animals were trapped with the disease-causing virus.

Dr. Dickerson said rapid distribution of information after the virus has been isolated is very important. "The surveillance system is no good unless we have rapid communication," he said.

The Department of Health Resources Laboratories have been active in virus identification procedures for many years. The labs aided in identification of the problem which arose in Texas last year, which saw 36 cases reported in Texas, all of the St. Louis strain. Of the 36 confirmed cases re-

ported, 32 were in Harris County.

The first arbovirus encephalitis was reported in Texas in 1941, according to morbidity reports of the Department of Health Resources. The largest outbreak was in 1954 when 373 cases of St. Louis Encephalitis were reported in the Rio Grande Valley. There have been other outbreaks in 1956, 1957, 1964 and 1966. Venezuelan Equine Encephalitis made its way into the state from Mexico in 1971.

Substantial outbreaks were reported across the nation in 1975, when Texas reported 36 cases. Biggest outbreaks were in Indiana, Illinois and Mississippi.

The marked decline in encephalitis morbidity in Texas since 1967 is attributed to improvement and extension of surveillance techniques. Further intensification of the methods are envisioned for 1976 and the years to follow as the Department of Health Resources continues its efforts in protecting the health of all Texans.

**UNFOUNDED
Fears**

At the turn of the century, when the "horseless carriage" was first seen on the roads, one doctor actually feared that driving in an automobile at a speed of more than fifteen miles an hour would cause insomnia!



Women in southern India

once feared that to pronounce a husband's name or to say it even in a dream would bring him an untimely death.

Many people today actually fear that nuclear power plants could cause them fatal injury. But even if he lived within 25 miles of a reactor, a person would be 500,000 times more likely to be killed in a fall than by the power plant.

People were so afraid to fly in airplanes, probably feeling they were "agin nature," that it took the Wright brothers five years to get a customer to ride in one of their planes.

"THICK SKIN: Gift from God." Adenauer

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QUICK QUIZ! BY THOMPSON

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Do you know the best places to park when visiting Washington, D.C.? How do you get most easily to main attractions?

You can get the answers and other helpful information by dialing (800) 424-9755, a toll-free number set up especially for the Bicentennial to let tourists from all over the country know all the facts about a new service, the Bicentennial Metrobus.

The Washington Metrobus service provides for special fringe parking on the outskirts of the metropolitan Washington area, and for fast, economical transportation to and from the Mall—focal point of Bicentennial activity in the nation's capital.

Aware of the massive nationwide influx of Bicentennial visitors, the needed additional Metrobus service and fringe parking facilities were made possible by a \$7.5 million grant from the U.S. Department of Transportation.



JOHN F. KENNEDY CENTER—Nation's newest memorial, a center for the performing arts, opened in 1971 and features world's top entertainment.

"The welcome mat is out and Metrobus stands ready and able to serve the transportation needs of the millions of Bicentennial visitors with a fleet of over 2,000 Metrobuses—clean, air conditioned, with large, full-vision windows and easy-to-identify, color-coded route markings," according to a Metro spokesman.

What's the best way to see the historical sights of Bicentennial Washington? Pick up the phone and find out!

Would Your Kitchen Meet Health Standards?

Judging by television commercials, the average American housewife is obsessed with keeping her kitchen clean. But just how clean? Suppose a health department Food and Drug inspector visited your kitchen. Would it pass the inspection?

According to the Texas Department of Health Resources, there's a good chance that it would not, and that might be part of the reason that the incidence of food-borne disease, such as food poisoning, is far more common in the home than in public restaurants.

Of course, how clean you keep your kitchen, and the sanitary practices you follow in your own home, are entirely your own business. But you might find it interesting to compare your own food-handling prac-

tices with the official rules that food service establishments are required to follow. So let's take a brief health inspection of your kitchen.

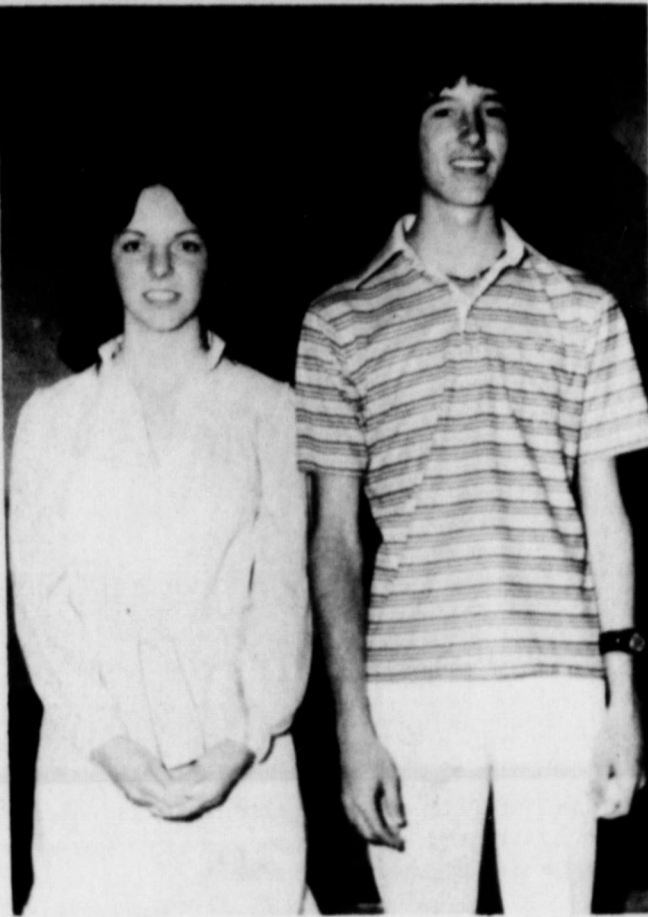
We'll start with the kind of food you serve your family. As a general rule, whatever you bought at the supermarket should be okay, since the supermarket itself must abide by similar health department rules. But there are some things you need to check. Is every food item properly labelled to show both the contents and the source? Did you pick up some dented canned goods? If you did, throw them out, you can't use them. The same is true of any food package that was accidentally broken or opened before you got it home.

You know that jar of homemade pickled peaches your

neighbor gave you? And the home-canned tomatoes you bought at a little fruit stand on a back-country road? Throw them all out. Home-canned products can't be used in a restaurant; the danger of food-borne disease from improper processing is just too great.

What about the way you store your foods? Dry foods, such as cereals, bread, flour, sugar, and so on, must be stored in air-tight containers once the original package has been opened. Out goes that half-empty cereal box in the pantry! Speaking of the pantry, you know that bag of potatoes sitting on the floor? That's against the rules; all foods must be stored up, off the floor.

Anything that might spoil at room temperatures must be either refrigerated or frozen, of



Typing Award Winners... Karen Smith, Typing II and Clint Dawson, Typing I.

course. But is your freezer set to maintain zero degrees Fahrenheit? And does your refrigerator keep everything, top to bottom, front to back, at no more than 45 degrees? You'd better check with a good thermometer. Incidentally, if you're concerned about wasting energy by setting the refrigerator temperature that low, look at it this way: you'll probably make up for the loss because your foods will stay fresh and enjoyable several days longer at 45 degrees than they would at 50 degrees or more.

One minor point to watch for: If you're in the habit of sticking fruit juice, beer, or soda pop cans in an ice cube container to cool them down quicker, you'd better not plan on using the ice for anything else. In fact, the health inspector will frown on storing anything in ice.

There's one major problem in almost every kitchen. When you're preparing a complete meal for your family, what happens if the meat is done before the vegetables are ready? According to the health inspectors, you'd better keep the meat hot, no less than 140 degrees Fahrenheit. The same rule applies to all cooked foods. If you ever let cooked food stand for more than a couple of minutes at temperatures below 140 degrees, you're not only breaking the rules, you're openly inviting a serious case of food poisoning.

If there's one thing the average housewife probably thinks she's doing right, it's washing dishes, especially if she uses an automatic dishwasher. Unfortunately, a health inspector probably wouldn't agree. Unless, of course, she uses a triple sink for hand-washing in three stages: washing in soapy water, rinsing in hot water, and a final sanitizing rinse in water that has been heated to 180 degrees or more, or in a sanitizing chemical. No triple sink? No sanitizing rinse? No good. And the usual automatic dishwasher in most American homes won't pass inspection either: it may do a good job of cleaning, but it probably doesn't sanitize.

If your kitchen falls a little short of these standards, you can be thankful that you're not in the restaurant business. This is just a brief sampling of the 118 items listed on a standard health inspection form. Of course, the law doesn't apply to your private kitchen, but there are good reasons for every one of these rules. You may find it comforting to know that the Texas Department of Health Resources and your local health department are doing their part to see that the rules are observed wherever your family eats, except in your home.

A Bad Balance

Over the past 20 years, annual federal spending has risen by about 430 per cent while our Gross National Product—the total output of goods and services—has risen by only 288 per cent.

Hand Hoeing Gets Garden Weeds

Hand hoeing is still the most effective way to weed a small garden, believes Birch L. Lobban, county agent for the Texas Agricultural Extension Service.

"Hand hoeing is inexpensive, accurate and even enjoyable and rewarding for some," he says. "Begin hoeing when weeds appear and keep it up through out the growing season. Weeds that are close to the base of plants should be pulled by hand."

If you can't stand the strain of hoeing, mulches and herbicides (chemical weed killers) can be used to keep weeds out of the garden. Mulches, which prevent weeds from emerging by blocking out the sun, work best against weeds that come up each year from seed, Lobban explains.

Compost, straw, leaves, hay, sawdust, wood shavings and bark all made good mulch materials. Plastic sheeting, newspaper and black polyethylene film can also be used for mulching. However, clear plastic is not an effective mulch because it lets in sunlight.

"Before applying any mulch, moisten the soil," points out

Lobban. "If you plan to use plastic sheeting, apply most of the fertilizer plants will need beforehand."

Lobban recommends applying organic mulches only when the soil temperature has warmed up. Otherwise, the soil will stay cool longer, thus slowing plant growth.

It might be necessary to add nitrogen to organic mulches because micro-organisms in the mulch use this element in the decaying process.

As far as herbicides are con-

cerned, these are difficult to use in a small garden with many different kinds of vegetables. A herbicide that is safe for one kind of vegetable may not be safe to use on another, Lobban points out.

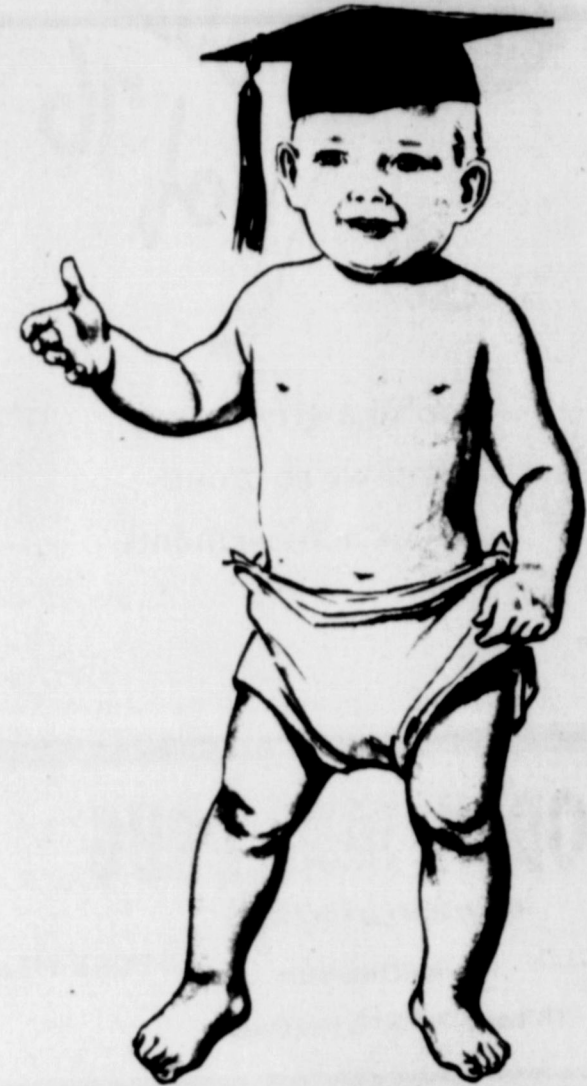
A good all purpose preplant herbicide that kills weeds, nematodes and fungi is Vapam. The material can be applied to the soil with a hose-on sprayer several weeks before planting. Water the soil well for a few days after application so the herbicide seeps into the soil.

Covering the garden with plastic sheeting immediately after applying the herbicide makes the treatment more effective.

Lobban adds that herbicides applied at or after the time of planting are not as good as pre-plant herbicides. However, Dacthal, a pre-emergence herbicide which is applied after planting, is a satisfactory weed killer for gardens.

All chemical herbicides should be used only according to instructions on the label and should be applied with caution.

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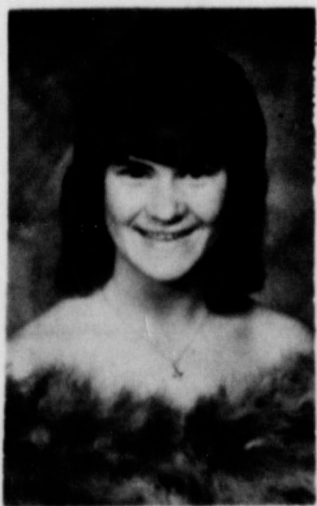
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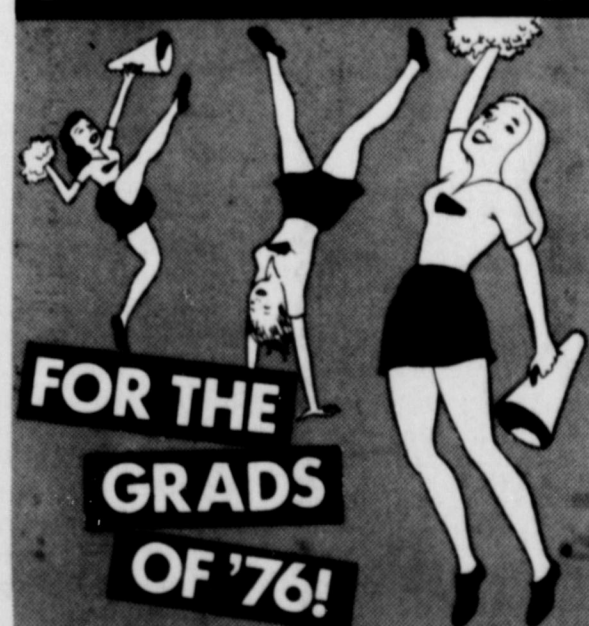
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Future Plans—Attend a Beauty School
Favorite Food—Mexican Food
Favorite Song—Dream Weaver
Favorite Sport—Football, Tennis
Favorite Color—Red
Hobbies—Playing the Piano, Cook, Needlepoint

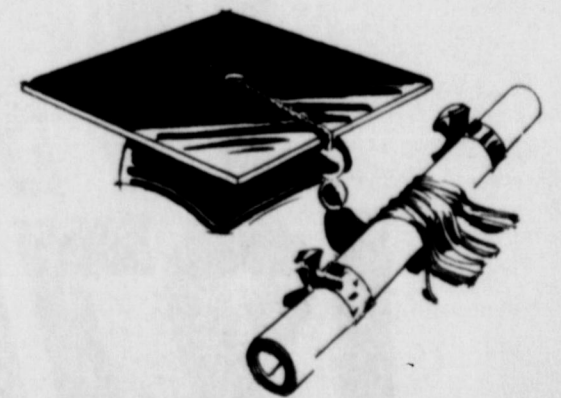
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Rabies, Most Terrifying Disease That Can Effect Man

Kittens are supposed to be fluffy, playful creatures who love to test their claws and teeth on anyone who plays with them.

But when the playful kitten displays real antagonism and becomes ill, there's the possibility of rabies, reports the Bureau of Veterinary Public Health of the Texas Department of Health Resources.

That's what happened during 1975 to a kitten which earlier had survived an attack by a skunk on a farm. It was brought to Austin and given away as a pet. The kitten died soon after being put under surveillance by a veterinarian. The Department of Health Resources Laboratory in Austin confirmed that the kitten was a victim of rabies.

As a result, 14 persons who handled and suffered the normal biting and scratching of the kitten underwent a series of rabies shots.

This story had a happy ending for all those involved.

In fact, there were no rabies cases among humans in Texas during all of 1975 although the Department of Health Resources supplied 615 series of antirabies treatments to residents here. The last documented case of human death attributed to natural exposure to the rabies virus in Texas was in 1962. During 1972 one human death was attributed to exposure to the rabies virus in a laboratory. Rabies, despite the low number of human cases, still is one of the most terrifying diseases which can affect man. It is still found in wild animals and is a constant threat to unvaccinated domestic animals and pets, especially in rural settings.

Rabies was confirmed in 329 animals in Texas last year, a decrease from the 396 cases confirmed by laboratory tests in 1974, reports the Department of Health Resources. Of the total number, one dog and three bats were found positive in laboratories at Fort Sam Houston and Brooks Air Force Base.

The number of dog rabies cases dropped drastically in 1975, from 89 the previous year to just 25. But in the cat population, rabies shot up from only nine cases in 1974 to 20 in 1975, proof that rabies vaccinations are in order for cats, too. Total dog and cat cases decreased to 45 last year from 98 the previous year.

In addition to the dogs and cats, 21 cases of rabies were confirmed in livestock during 1975. Cattle accounted for 14 cases, horses for six cases and sheep for one case. Forty-two cases were reported the previous year.

As expected year after year, wild animals accounted for the most confirmed cases, 263 during 1975 representing an increase of seven cases over 1974. Biggest offender was the skunk with 177 cases. Bats accounted

and cat specimens were the most common received at the laboratory, and represented small percentages of positive cases per test. Tests were run on 1,987 dogs in finding 24 positives while the 2,271 cats tested showed 20 positives. Almost a third of the skunks tested were positive for rabies.

A lot of work is performed in pinpointing positive cases, but you can't take chances with rabies.

The chances of a human surviving a case of rabies is virtually nil. A six-year-old Ohio boy was the first recorded case of a human surviving the

dreaded "mad dog" disease, according to the National Center for Disease Control. Another survivor has been reported since then, in Argentina. Rabies virus attacks the nervous system, the heart, the lungs, the brain and, "You can die from any one of a half-dozen different problems," said a spokesman for CDC.

The Ohio youngster received intensive supported care which saved his life. He is reported as a normal, healthy boy now, some five years later.

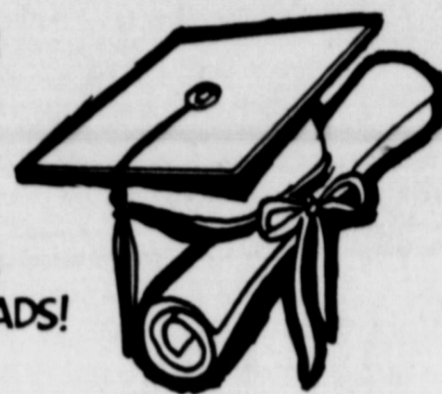
Rabies declined in Texas last year, but there's always the possibility of outbreaks as long

as the disease is prevalent in wildlife, says the Veterinary Public Health Bureau of the Department of Health Resources. It advises all pet owners to have their pets vaccinated against the disease and to always contact with any wild animal which acts friendly or peculiar and seems to have no fear of man. These animals could be rabid.

Budget Buster

The item in the typical American family budget that rose the fastest in the last six years was taxes. While the cost of living climbed about 40 per cent in that time, the total tax bill (federal, state and local) increased 65 per cent.

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