

First "Lubbock Digest" Front Page

Section II

Lubbock Digest



"AN INDEPENDENT PICTORIAL NEWSPAPER FOR ALL PEOPLE.....BUT.....PRIMARILY SERVING LUBBOCK'S BLACK POPULATION...OVER 12,000

Vol. I, No. 1

Lubbock, Texas

September 8, 1977

JESSIE HILL SPEAKER HERE NEXT MONTH



BETTY BOLDEN was named last month as executive assistant to Alfred M. Zuck, assistant secretary of labor for administration and management, U.S. Department of Labor, Washington, D.C. Bolden, a native of Chicago, joined the department in February 1975.

Obstacles overcome by businesswoman

Petite, talented and self-assertive, she managed to break out of the stereotyped secretarial mold to establish a small but unique business, which she says is critical to the economy and thrift of Black mothers. But it wasn't easy.

"Kiddieland," an attractive resale shop in Dallas (3926 Polk Street, Suite 107) opened several weeks ago. It was the result of her efforts of one year—of being rejected, intimidated and discouraged—but she decided that "no was

not the answer." The tax-deductible organization is more than a business. It's an idea she envisioned, which places more value on a child's development than on expensive price tags for his clothes. It is also a distribution center for usable and expensive clothing for accredited agents and agencies to donate to deprive children.

A widow and mother of three children, Ms. Helena Brackeen conceived the idea of a resale shop after traveling all over Dallas to garage

"DIGEST" WILL FEATURE BLACK MONITOR

A special feature of the "LUBBOCK DIGEST" will be the addition of the well read "Black Monitor."

This new newspaper supplement will monitor the actions of a 11 in regard to Black Americans.

The LUBBOCK DIGEST will join one hundred and five other Black newspapers in America in carrying the news to the people in the community.

This newspaper will also become a member of Black Media effort

in America. This will assist this newspaper in acquiring national advertisement. The Lubbock Digest is most concerned about informing our readers of the many opportunities in purchasing goods and services.

Black Media, Inc., (BMI), is a communication service organization that provides a variety of services both for its media owners and for industry. The media owners have entered into a contract for

working cooperatively with the BMI staff and, collectively, are referred to as the BMI Cooperative.

Among its members are over 100 Black-owned newspapers, 4 Black-owned specialized magazines and a cooperatively-owned supplement for the member newspapers.

Ms. Carolyn Smith, advertising coordinator, said: "We are glad that the Lubbock Digest will become a part of our family."

Outreach Breakfast Club Meets Here

Members of the Outreach Breakfast Club met last Saturday morning at 9:30 a.m. in the home of Mrs. Floyd Perry, Jr., 4501 West 18th Street.

Devotion was led by Mrs. Dorothy Hood. "Oh what a glorious time we had in the Lord," says Mrs. Hood. "If you come once, and love to talk about the Lord, you will come back again," said Mrs. Coraine Fair, vice chairperson.

There were twenty members present on last Saturday morning. Special guest was Miss Pearl Chiles.

A tasteful breakfast was served. Our next meeting will be held in the home of Mrs. Annie M. Johnson, 1709 East 25th Street, Saturday morning, Sept. 10, at 9 a.m. Bring someone and you will be glad that you did.

Mrs. Mary Ward is chairperson; Mrs. Fair is vice chairperson; and Mrs. Rosemary Colbert is reporter.

directions. "My business venture proved to be a brand new ball game, I had no one to depend on, but decided if I can just get my foot in the door, with God's help I will make it," Ms. Brackeen said.

She sought help from many, but was disappointed most of the time. She said she wrote her own proposal for a Small Business Administration loan.

She leased a new building, and because it was under construction found herself involved with contractors, city officials, lawyers and custodians. She even painted the interior herself in order to open on target date.

But in spite of it Continued on Page 8.

MASON & EASTERN STARS HOLD WORKSHOP HERE

A Mason and Eastern Stars workshop will be held Saturday, September 10, at the Mount Gilead Baptist Church, beginning at 10:30 A.M.

Ms. Vivian Young, District Deputy of Wichita Falls, Texas, will be the main speaker.

According to a spokesperson, this will be an open meeting until 1 P.M.

All West Texas local chapters and lodges will attend this meeting.

Lunch will be served.

For further information, interested persons may contact Mrs. Sug Johnson or Mrs. D.C. Fair, Sr.

Jessie Hill, Jr., president of the Atlanta Life Insurance Company, will be the guest speaker at the Honors Day program for C. F. Cooke, Jr., Lubbock District manager of Atlanta Life Insurance Company, Sunday morning, Oct. 16, at 11 a.m. at Bethel A.M.E. Church.

Cooke was recently appointed as a member of the Board of Directors of Atlanta Life Insurance Company. "We want to show our appreciation for what he has done," says Rev. A. W. Wilson, pastor. "We know we are going to have a great time honoring Mr. Cooke, because speaker for the morning is a dynamic person," he continued.

A highly respected businessman in the Atlanta, Georgia community, Mr. Hill has dedicated his life to civic and civil rights efforts. The company he directs is said to be the world's largest capital stock corporation controlled and operated by Blacks.

Hill is the first Black to serve as an officer of the Executive Committee of the Atlanta Chamber of Commerce, the first on the Board of Richs Inc., and the first on the Georgia Board of Regents. He is past president of the National Insurance Association (NIA), an association of forty-six major Black controlled and managed

insurance companies. He is recent past chairman of the National Alliance of Businessmen (NAB) for Metro Atlanta and North Georgia—a non-profit organization of Business leaders set up by President Lyndon Johnson to find jobs for the hard-core unemployed. His leadership led the nation in 1971.

Not only has Mr. Hill been active in the Atlanta Community but he has been a frequent White House conferee during the administrations of



Jessie Hill

Continued on Page 5..

"MISS UNIVERSE"



The new beautiful MISS UNIVERSE... see MISS COMMISSIONING OF TRINIDAD who will be leaving her charm and beauty to DALLAS early next year... watch this newspaper for announcement of the date for her arrival...

EDUCATORS VISIT MAHON



Dr. Floyd Perry, Jr., right, and Dr. Dayton Y. Roberts, both professors in the College of Education at Texas Tech University, are shown posing with Congressman George Mahon in his Washington, D.C. office recently. Both professors were in Washington visiting high officials in the U.S. Office of Education and the Department of Health, Education and Welfare (HEW).

"We had a splendid visit with Congressman Mahon and were able to take care of some positive business," said Dr. Perry.

TOWARD EMPOWERMENT

Self-Discipline is the First Step on the Road to Success

A sampling of the records of failure and success of Black American and African students in a number of colleges and universities found the Black African students out-succeeding the Black Americans in several categories.

In undergraduate work in the social sciences and in what are called general education courses, Black African student scores were found to be markedly higher than those of Black American students, even when language barriers were encountered by some Africans.

In business courses and in the physical sciences, the Black African enrollments were disproportionately high, and most of the relatively smaller number of Black American students were asked to withdraw for academic reasons.

In graduate school enrollments, Black Africans were more successful; and a much smaller number withdrew, these being largely for financial reasons. Numerically more Africans obtained the Ph.D. degrees in selected schools, even though a much larger number of Black American students had begun the graduate programs.

The survey was not one conducted along strict statistical grounds. But the results coincide with what most academicians would believe to be true, if they were called upon to make an "educated guess."

The basic question raised here is that regarding the

differences between the Black American and the Black African students which may account for the rather consistent disparity in achievement.

It might be held—and properly so in many cases—that the Black African students have ready-made job opportunities awaiting them upon the completion of their studies.

But why is it, then, that upwards to one-third of the African students seek—and often gain—employment in this country rather than return home? It is also true that the political uncertainties in some of the

African states make a return to Africa a highly risky venture.

The answer that "ready made" jobs are available, then, cannot wholly account for the disproportionately high African student success. It may have some effect.

It might be held that the students selected to come to study here are the brighter ones. But bright American Black students do not appear to have the same high success rate as do African students.

One possible answer or explanation regarding the disparity lies in the sense of

discipline instilled in the British and French type of African schools; and another possible answer lies in the sense of tribal pride which is attendant upon a tribal member's success. In this latter sense, much more is at stake with success or failure than one's own personal fortunes.

Let us simply assume that these two considerations are largely determinative of Black African student success and then see what this might suggest for possibly increased success on the part of many Black American students.

So far as a sense of discipline is concerned, it is not only not instilled in our elementary and secondary schools; it is, on the contrary, discouraged and undercut. The elementary and high school experiences of our masses of Black youth are such as to encourage alienation from,

Cont on Page 3

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NNPA FEATURE

COPING

by

Dr. Charles W. Faulkner



Avoiding Frustration

Being calm isn't the easiest thing to do, but it isn't as difficult as it may seem. The fact is that no matter how calm you may be, if you are constantly in the company of someone who is insecure, you are going to suffer threats to your security. And, thus cause the same degree of insecurity that they suffer.

So it is best to disassociate yourself from a person who is the throes of inadequacy and looking for a fight, with anyone nearby. Most people who have an acutely negative feeling about themselves will feel threatened by anyone who seems to be even remotely better than they. For instance, if a person thinks he/she is not attractive, they might dislike anyone whom they feel is more attractive. Such a person may feel inadequate in this person's company.

Often, this reaction is deeply psychological and subconscious. In other words, one might feel uneasy, stressful and nervous around another individual without realizing that it is happening or even why it happened. Thus, one can develop a deep dislike for someone else without knowing why they feel the way they do. They might even treat the person rudely without realizing the kind of behavior that they are projecting. This is what we mean by habituated, conditioned or subconscious behavior.

It is usually caused by a deep-seated feeling of insecurity in which another person's abilities reminds one of his/her inabilities. The

behavior, therefore, of the victim of the insecurity implies more about that person's behavior than it does about the person with whom they have become angered. In other words, if a person begins to react rudely to you for no obvious reason, it can usually be traced to the fact that something positive about you makes them feel negative about themselves. A person who cannot sing might start an argument with you because you can sing. A person who cannot afford to dress expensively might because you can. A person who thinks that he/she is not attractive might be rude to you because they think that you are more attractive than they.

Usually, this is merely a perception. It might be simply the way they think they look rather than the way they really do look. Or, to put it simply, a person whom you think is beautiful or handsome may not feel the same way about themselves that you do about them. Although you think they are attractive, they may think they are unattractive. We usually fail to attain success in our lives merely because we think we cannot achieve success. This might occur in some of the fact that we have tremendous talents.

When you allow such a person to upset you, you are allowing them to make you feel insecure or inadequate.

Each of us has some feeling of inadequacy about some aspect of ourselves whether our appearance, behavior, intelligence, or talents. Patience, understanding, kindness and concern are the ingredients of successful relationships. We must provide the empathy in response to a person's feelings of insecurity that we wish to receive from others in response to our feelings of inadequacy and period of insecurity. Understanding these basic points about behavior can make life more worth living for ourselves as well as others.

There are incompatible relationships in which each of us is sometimes involved. It is possible to escape some of them but it is not possible for us to run away from family, friends and loved ones. Responding with gentle understanding and compassion will provide each of us with the calmness we desire.

Do not respond to anger with anger. Be patient and the unattractive period of inadequacy will pass, and you will have won a friend instead of an enemy.

Empowerment

Continued from Page 2

and disrespect for, the academic process.

The most unfortunate aspect of this tragic situation is that while it may be thoroughly understandable for Black students to be contemptuous of some White teachers, and of some of what many rightly called the "White man's mis-education process," Black students ultimately become the losers themselves.

Our Black young people need to discipline themselves to the point where they learn something from every teacher, whether what they learn is positive or negative. We must deal with positive and negative situations all of our lives—whether we are Black or White—and there is no better preparation for dealing with a negative situation than knowing thoroughly just what to expect.

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A New Perspective On the Prospects of Racial Unity in America

Before the peaceful protests of the 1950s and urban violence of the 1960s that brought the issue of racial prejudice and bigotry to the forefront of American public thought and discussion, a few courageous and dedicated individuals labored valiantly to help bring about understanding and unity between the races. The story of one of these early pioneers is vividly recounted by Gayle Morrison in her new book, "To Move The World: Louis G. Gregory and the Advancement of Racial Unity in America," which was released in May 1982.

"To Move The World" is the first full-scale biography of Louis Gregory—a captivating and dedicated activist—and of the movements that shaped his life. It also provides a fresh, new perspective on the post-Reconstruction black civil rights movement.

Louis Gregory, the son of ex-slaves, was educated at Avery Institute and Fisk University and received his law degree from Howard University in Washington, D.C. In the early 1900s while working for the U.S. Treasury Department, he used two colleagues as sounding boards for strategies of black activism that were probably influenced by W.E.B. DuBois and the Niagara movement.

Gregory was convinced, as was DuBois, that the "problem of the twentieth century" was the "relation of the darker races of men." When he could find no answers in organized religion, he drifted into agnosticism, as DuBois later would.

In 1970 Gregory was introduced to the Baha'i Faith, and by 1909 he had come to believe that the new religion offered the pathway toward the unity of the races. To him, the Baha'i Faith represented the solution sought by DuBois and other black leaders to the problem of racial hatred and injustice.

If Gregory's path seemed to diverge from the mainstream of black activism, writes Morrison, his path was "not the way of religious fanaticism." In a fundamental social sense he became more unorthodox and more radical than he had been in his days of Niagara-inspired activism. He was instrumental in keeping racial amity in the

conscience of his newly chosen coreligionists and in effecting a deepened sense of responsibility in the nascent American Baha'i community. He maintained close contact with black intellectuals and professionals in the North and the South. He, together with his Baha'i associates, planned a series of racial amity conferences, some of which were attended and supported by the NAACP, the Urban League, and government

leaders. Morrison writes that Gregory never lost touch with individuals and groups working in their own ways for change. Rather, he placed his undiminished concern for the welfare of his people within a universal context: the establishment of a new world order founded on faith in a Supreme Being and on an ennobling vision of human destiny. Gregory, in realizing the Baha'i principles on racial harmony, "anticipated by many years DuBois' own inexorable progress toward acceptance of a universal philosophy, a world-encircling path that would reconcile racial pride with the

ideal of human brotherhood." Long after his death in 1961, Gregory is remembered by the naming in his honor of the Louis Gregory children's School in Ellot, Maine, and the Louis Gregory Baha'i Institute in Hemingway, South Carolina. Thousands still look to him, inspired by one whose commitment to racial amity triumphed over the bigotry and prejudice of his day. His courage, fortitude, and vision are exemplary for the present generation, which, while facing less overt kinds of prejudice and discrimination, must, nonetheless, face what many still consider to be America's most

Don't on Page 6

BLACK DESIGNERS ARE LEADERS IN AMERICAN FASHION

Twelve black fashion design leaders have been singled out for special honors as winners of the sixth Harveys Bristol Cream Tribute to the Black Designer. The ceremonies took place recently at Alice Tully Hall of Lincoln Center for the Performing Arts in New York City.

The honored designers included Willi Smith, Jeffrey Banks, Lepenski, Lester Hayatt, Jon Haggins, Arthur McGee, Di Willis and Ron Chew of New York, Mark Anthony Pennywell of Pittsburgh, Angelo Gilmore of Detroit and Richard Fisher of Boston.

A special award for excellence in jewelry design went to New York designer Bill Smith.

The winners were selected through a national screening process involving fashion editors of newspapers across the country.

The awards are under the sponsorship of Heublein, Inc. and Harveys Bristol Cream, whose spokesman set the tone for the evening by telling the audience: "Tribute '84 extends our commitment to the recognition of black designers from around the country for their contribution to the world of fashion design."

A glittering \$50-per-ticket black-tie reception preceded the awards and fashion show highlighting the latest collections from each of the honored designers.

Positioned around the promenade of Alice Tully Hall during the reception were historical garments from the Black Fashion Museum, which, along with the Harlem Institute of Fashion, the United Negro College Fund and the Harlem Boys Choir, benefitted from the event.

Social, business, political and professional leaders of New York's black community gathered with guests and more than 100 press representatives to meet the honored designers.



The mood was a return to sophistication and functional ease in these fashions from leading black designers honored during Tribute '84, held in New York. Above, Di Willis' flapper-inspired champagne satin wedding dress has seductive lace inserts along the sides of the hip-wrapped dropwaist. Below, left, Lepenski's "little black dress" has a ruffle collar top belted over a curved-hem skirt. Willi Smith's easy look is depicted, center, with a red and yellow striped cotton cropped jacket, tapered pants and a camp shirt. Lester Hayatt's side-buttoned cotton tunic, right, teams with trim ankle-grazing pants.

Recording artists Ashford with the George Faison Dance and Simpson were hosts for Company and the Harlem the gala and performed along Boys Choir.

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Gospel Singers Help Protect Millions Of Lives



A film demonstrating how older people can deal successfully with high blood pressure features Eddie Albert and a top gospel group.

A lot of Americans will soon be striking the right note in health care these days, thanks to a gospel quartet from Philadelphia. The quartet, called The Dixie Hummingbirds, is featured in a film which demonstrates how older people can deal successfully with high blood pressure.

Presented by the American Heart Association, "Feelin' Fine," a 28-minute 16 mm color sound film, follows a magazine format with Eddie Albert as host. Segments include advice for controlling high blood pressure from a leading U.S. high blood pressure expert, Dr. Ray Gifford of the Cleveland Clinic and an interview with former Miss America Jacquelyn Townsend Mayer, who relates her experiences after suffering a stroke.

The film also features original songs presented by the Dixie Hummingbirds, an animated song-and-dance sequence featuring Eddie Albert, and interviews with older people who have high blood pressure and still enjoy all kinds of activities, from chamber music to woodworking to horseback riding and skydiving.

According to the American Heart Association, high blood pressure affects more than 60 million Americans. Nearly half of all men and women aged 60 and over have the disease, and black people are at particularly high risk.

"Feelin' Fine" is available from the American Heart Association for showing in community health programs, senior adult activity centers, and libraries.

Census Bureau Offers Information On Blacks In Hi-Tech

A computerized display of wide-ranging information about the nation's Black population is available to visitors to the 1984 Louisiana World's Fair in New Orleans, the Commerce Department's Census Bureau announced this week.

The bureau's exhibit, located in the Afro-American Pavilion, features a microcomputer with a 25-inch color monitor which, on demand, displays census data in text and multi-colored, multi-

dimensional graph.

Visitors can key the computer to "call up" on the monitor screen information on the Black population such as population counts, median age, family income, occupations of employed Blacks, college enrollment, education attainment, Black family structure, voting and registration rates, poverty, and unemployment data.

Graphics and text were adapted for the high technology

HUD Secretary Lauds Elderly Citizens

Los Angeles -- Secretary Samuel R. Pierce, Jr. of Housing and Urban Development (HUD) called for increased public-private cooperation in meeting the needs of America's senior citizens.

Speaking at a groundbreaking for a 65-unit residential complex for elderly and handicapped residents, Secretary Pierce commended St. James Episcopal Church for its sponsorship of the project and "participation in the partnership between government and voluntary institutions."

The project, St. James Manor, is being built with a loan from HUD's Section 202 Housing for the Elderly and Handicapped program, which requires sponsorship by private, nonprofit organizations. Under the Section 202 program, more than 2,600 projects with approximately 161,400 units have been built or had funds reserved.

Secretary Pierce pointed out that President Reagan has proclaimed May to be Older Americans Month.

"We must do all that we can to assist the elderly. Through the years they contributed to the strength of American society. Now," the Secretary continued, "is the time for time to enjoy the

fruits of their labors. It is right and proper that those who help build this great democracy be sustained by it in retirement."

The Secretary reaffirmed the Administration's primary reliance on existing housing for housing assistance programs and noted that a portion of the St. James Manor included rehabilitation of existing units. He noted that there is continued support for new housing production for the elderly and handicapped, citing the special nature of, and unique need for, housing designed specifically for elderly occupancy. He said the Section 202 program will finance approximately 14,000 new units this year.

Stressing the need for involvement, commitment, and cooperation of all levels of government and the private sector in solving the problems facing older Americans, Secretary Pierce said:

"Our commitment is firm. We will do all that we can to ease the golden years of those who have given so much to America. We in the Federal Government will do our part. And we will involve the States, the counties and the cities, and the whole array of non-governmental institutions in partnership to do the same."

display by the Race and Ethnic Statistics Staff of the bureau's Population Division.

As with all Census Bureau data, the information appears in aggregate numbers only in compliance with a strict law ensuring confidentiality of individual census responses.

The Exposition, which runs to November 11, is located in the newly constructed New Orleans Convention and Exhibition Center, alongside the Mississippi River close to the historic French Quarter and overlooking the Port of New Orleans.

The 10,000 square foot Afro-American Pavilion presents information on Black Americans through lectures, video presentations, and written

documents as well as computer generated information. The Pavilion is a project of "I've Known Rivers, Inc.," a nonprofit organization dedicated to highlighting achievements of Afro-Americans.

Racial Unity

Continued from Page 5 challenging issue.

Besides "To Move the World," Morrison has written numerous articles and a guide to books on Southeast Asian history. She served for several years on the editorial board of World Order magazine. An educator, historian and businesswoman, Morrison lives in Hawaii with her husband and two children.

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FROM CAPITOL HILL

By A. Madison

Courts Say Reagan Cannot Dismantle Affirmative Action Methods

Again the Reagan Administration has been rebuffed, by the courts, in its continuous persistence to reverse all civil rights gains.

The City of New Orleans, with a 55 percent Black population, had a police force of 35 percent Black, with practically all of them in the lower echelon rank. To correct the condition the city and police reached an agreement that would promote, on a one-to-one Black and White ratio, until the Blacks reached 50 percent in the upper bracket. The White police, Hispanics and women objected to the decree.

In October, 1981, the district court Judge Sears concluded that the provision requiring Black and White officers to be promoted on a one-to-one ratio exceeded the court's remedial objectives, and seriously jeopardized the career interests of non-Whites.

The case was appealed to the Fifth Circuit of Appeals, which overturned the district court's decision and upheld the consent decree. The Reagan Civil Rights Division of the Justice Department, headed by William Bradford Reynolds, asked that all thirteen Fifth Circuit Court judges hear the complete case. This action is highly unusual for a Justice Department.

The court responded to the Justice Department's statement which said that affirmative action remedies in the New Orleans case was contrary to provisions of Title VII. The Justice said "the last sentence of Title VII prohibits the use of any remedy which is not limited to actual victims of discrimination, since the one-to-one quota system in the consent decree was designed to bene-

fit all Blacks in the plaintiff's case.

In reply to the Justice Department's statement, the court said "this court has long upheld the use of affirmative action in consent decrees under Title VII and has not required that relief be limited to actual victims of discrimination." The Court dismissed the women and Hispanic charges since, at the time of the suit, they were adequately represented on the police force.

The Reagan Administration, which is echoed by his Civil Rights Commission, objects to class action and emphasizes that the individual who can prove that he or she has been discriminated against can bring a suit for remedying the case. The panel of judges disavowed the Administration's only individual argument.

The Administration and the present Civil Rights Commission contends that class action is reverse discrimination. Fifth Circuit said "the burden of remedy-

ing past discrimination must be borne by someone. The ideal goal in this type case is to provide a suitable remedy for the group who has suffered, but at the least expense to others."

In protecting his efforts to reverse civil rights gains, President Reagan stated that he has a color-blind policy. The Court emphasized that "color-blind" is not a constitutional dogma. "When a vice is inherent in a system, the vice can be eradicated only by restructuring the system."

The Fifth Circuit refuted the Justice Department's argument that the Fourteenth amendment protects the rights of the individual who has been discriminated

against, and it does not protect class discrimination. The Court said that the Thirteenth, Fourteenth and Fifteenth amendments take into consideration a pattern of class discriminatory practices. It said the Thirteenth amendment "seeks to attain universal civil rights for Blacks. Remedial action must address the needs of Blacks as a race."

Peter Sherwood of the Legal Defense Fund who successfully argued the case for the Black police in the Detroit and New Orleans cases, said "the Fifth Circuit Court of Appeals soundly rejected the U.S. Justice Department's attempt to overturn an affirmative action

plan." This decision is another of the many adverse decisions that the Administration has encountered in its attempt to reverse civil rights gains.

Sherwood, further responding to the court's decision, said "the government urges us to find that the

quota provision violated Title VII. We cannot accept this per se rule; the statute does not so require. As we said in *U.S. v. City of Miami*, at this point in the history of the fight against discrimination, it cannot be seriously argued that there is any insurmountable barrier to the use of goals or quotas to eradicate the effects of past discrimination."

The Miami case was another recent attempt by the Reagan Justice Department to overturn the ten percent set aside for Black contractors in awarding government contracts.

This Fifth Circuit Court's decision will have a major effect on voluntary affirmative action remedies.

Sherwood said "the courts have again said no to the government's attempt to dismantle effective civil rights enforcement as they have in the recent rebuffs to the Justice Department in two additional cases, *Bob Jones University and Bretton v. City of Detroit*.



The first American heavyweight contender was Tom Molineaux, a black man who fought two championship bouts against English title holder Tom Crib in 1810 and 1811.

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OUR GIANTS SPEAK

Frances Ellen Harper
(1825-1911)

Frances Ellen Harper for Blacks.

was born in 1825 in Baltimore, Maryland. She was raised by an uncle who ran a school for free Blacks. Her formal education ended at the age of 13 when she started to work. She supported herself as a nursemaid and dressmaker. At 25, Frances became a schoolteacher. She taught in Pennsylvania and Ohio.

She published her first poems while still a teenager. Her first volume of poetry and prose was called *Autumn Leaves*. In 1854, she published *Poems on Miscellaneous Subjects*. The volume sold more than 10,000 copies, which was quite a literary feat for that period, especially for a Black poet. She was the most popular and widely-read Black poet of her day.

Although Frances Ellen Harper had been a free Black, she experienced the oppression typical of slavery times. She wrote many opposition poems and essays on antislavery themes.

In 1859, in an article printed in the *Anglo-African* newspaper, she warned that excessive salvific tendencies would not end racial oppression

Is Money the Answer?

When we have a race of men whom this blood-stained government cannot tempt or flatter, who would sternly refuse every office in the nation's gift, from a president down to a tide-waiter, until she shook her hands from complicity in the guilt of cradle plundering and man stealing, then for us the foundations of an historic character will have been laid.

We need men and women whose hearts are the homes of a high and lofty enthusiasm, and a noble devotion to the cause of emancipation, who are ready and willing to lay time, talent and money on the altar of universal freedom.

We have money among us, but how much of it is spent to bring deliverance to our captive brethren? Are our wealthiest men the most liberal sustainers of the Anti-slavery enterprise? Or does the bare fact of their having money really help mould public opinion and reverse its sentiments?

We need what money cannot buy and what affluence is too beggarly to purchase. Earnest, self sacrificing souls that will

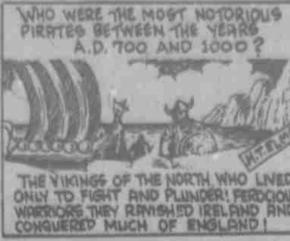
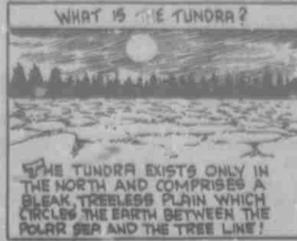
stamp themselves not only on the present but the future. Let us not then defer all our noble opportunities till we get rich. And here I am, not aiming to enlist a fanatical crusade against the desire for riches, but I do protest against chaining down the soul, with its Heaven endowed faculties and God given attributes to the one idea of getting money as stepping into power or even gaining our rights in common with others.

The respect that is only bought by gold is not worth much. It is no honor to shake hands politically with men who whip women and steal babies. If this government has no call for our services, no aim for our children, we have the greater need for them to build up a true manhood and womanhood for ourselves.

The important lesson we should learn, and be able to teach, is how to make every gift, whether gold or talent, fortune or genius, subserve the cause of crushed humanity and carry out the greatest idea of the present age, the glorious idea of human brotherhood.

The Anglo-African
May 1859

TELL ME



Garrett A. Morgan Lifesaving Inventor

A turn-of-the-century tunnel explosion some 200 feet below the surface of Lake Erie trapped a number of workers. Lives were saved, thanks to Garrett A. Morgan. He, his brother, and two other volunteers were able to descend into the smoky, gas-filled tunnel. They did so wearing "gas inhalators" invented by Morgan.



Garrett Morgan—his inventions saved lives.

Orders for the Morgan inhalators soon began to pour in from fire companies all over the nation. As soon as it became known that Morgan was black, how-

ever, many of them were cancelled. In some places, Morgan had to use a white man to demonstrate his invention.

During World War I, however, Morgan's invention really began to save lives. It was transformed into the gas masks used by our combat troops.

Born in Paris, Kentucky, in 1877, Morgan's first invention was an improvement on the sewing machine. He sold it for \$15! In 1923, having established his reputation with the gas inhalator, he was able to command a price of \$40,000 for another life-saving invention, the automatic traffic sign.

Morgan died in 1963 in Cleveland, a city which had awarded him a gold medal for his devotion to public safety.



MEDIA REVIEW

Little Rock Revisited

(A story of a courageous fight for civil rights—for the young and the young at heart)

A review of *Girl on the Outside* by Mildred Pitts Walter. (New York—Lothrop, Lee & Shepard Books, 1982). 160 pages—Hardcover—\$9.50. (For ages 12 and up.)

Most young readers are unaware of the Little Rock (Ark.) Nine or their impact on the course of civil rights history. Through the fictionalized account of *Girl on the Outside*, youngsters gain an insight of racial attitudes of 30 years ago. All the main protagonists have been recreated in this novel, including Daisy Bates, Grace Lortch and Orval Faubus, governor of Arkansas at the time of the crises.

The heroines of this story are Sophia and Eva. Sophia is a White teenager from a wealthy Southern family. She will be a senior at Chatman High, the school selected that year to be integrated. Eva is a Black teenager. She is one of the

nine who has agreed to leave the all-Black Carver High to integrate Chatman. Neither girl is aware of the other's existence. They live in the same town, but their individual lives are worlds apart.

Walters cleverly switches the plot to and fro from Eva to Sophia. And although the girls' paths never cross, we discover how similar they are. They are both frightened of the coming events, and of being pressured by others to behave and think a certain way. They are caught in roles and lifestyles dictated by society. Particularly in Sophia's case, the reader can easily discern how bigoted racial attitudes are perpetuated.

Walters goes behind the stereotypes to examine the universality of courage and human dignity, and at the same time provides a history lesson in an entertaining fashion to our youth.

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FIRST FEDERAL SAVINGS BANK OF WEST TEXAS

Blackwell Named Director Of Anheuser-Busch Community Relations

St. Louis, Mo. --Donna L. Blackwell has been appointed director of community relations for Anheuser-Busch Companies, Inc. The appointment was announced by Wayman F. Smith III, vice president of corporate affairs.

In her new position, Blackwell will be responsible for directing corporate social responsibility programs and directing community relations programs for the company's 11 breweries across the country.

Making the announcement, Smith commented, "At Anheuser-Busch, we have developed a nationally recognized posture as a responsible and responsive corporate citizen. We place a high priority on social responsibility programs throughout the country, and with the professional and educational background of Donna Blackwell, we have greatly enhanced our efforts and capabilities in this area."

Blackwell joined Anheuser-Busch in 1966, as executive assistant to the vice president of corporate affairs, a position she held until her recent appointment.

She holds a doctorate degree from Washington University in St. Louis, which she received in 1984. She also received a master's degree in counseling from Washington University in 1976. She obtained her undergraduate degree in psychology in 1971 from the University of Missouri in Columbia.

"It is a tremendous honor and a tremendous challenge for me to coordinate and expand the many programs and projects that Anheuser-Busch is involved in the ensure that they remain current and meaningful to bring about the best possible results in addressing the complex and constantly changing issues of our society."

Prior to joining Anheuser-Busch, Blackwell was a project director and research associate at the Fanon Research and Development Center in Los Angeles. Additionally, she has had a number of key administrative positions at Washington

University. She has received several awards for various community relations involvements, including an award honoring her for her efforts on behalf of the United Negro College fund. One of the programs she will oversee in her new position is the "Lou Rawls Parade of Stars" program, which benefits the UNCF. Over the past four years, the Budweiser-supported program has generated some \$16.5 million for the 42 private historically black member colleges and universities of the UNCF.

Also among her awards were the Herbert Lehman Fellowship Award, the American Psychological Association Minority Fellowship and the Washington University Fellowship Award.

Anheuser-Busch has breweries in Houston, Texas; Tampa, Fla.; Jacksonville, Fla.; Newark, N.J.; Columbus, Ohio; Los Angeles, Calif.; Merrimack, N.H.; Fairfield, Calif.; Williamsburg, Va.; Baldwinville, N.Y.; and in the headquarters city of St. Louis, Mo.



Donna Blackwell

Black Americans And Salt

San Francisco -- People tend to increase their use of salt because they become accustomed to its taste, according to a leading food scientist.

But, added Dr. Dee M. Graham, director of central research for Del Monte Corp., "Decreasing the use of salt also can be accomplished effectively because the taste buds can become accustomed to less, as well as more."

Up to 20 percent of Americans could benefit from controlling their intake of sodium by reducing the amount of salt they use on food, reports the Nutrition Foundation. Black Americans statistically could benefit even more because they are at greater risk of developing hypertension, which is associated with the use of salt.

Like many other minerals, sodium is a naturally occurring substance in food, Graham explained. "Plants need mineral elements to grow, but they have root mechanisms that usually screen out high levels of minerals so vegetables usually are relatively low in sodium."

"People need a balance of sodium and potassium in their bodies to regulate water balance," Graham said. "An excess or deficiency of either is bad, though the body mechanisms for most of us can combat some excess or use small amounts efficiently."

Graham speculated that one reason the typical American diet is so full of salt is because people grow accustomed to its taste. "What is salty to the taste depends on the amount of salt a person has been getting. After a while, an individual doesn't taste salt and needs to increase it for the same salty taste."

"Similarly, a person can become accustomed to less salt by decreasing its use gradually." To do so, Graham suggested avoiding the salt shaker. "It's

almost impossible to completely eliminate salt from the diet, and it is a necessary substance. But by avoiding salt in cooking and at the table, excess sodium intake can be eliminated."

In 1982, Del Monte became the first national brand to launch a line of no salt added vegetables. "Our consumer research told us that most people would at least try them," Graham said. "Choosing food without salt added is one way to lower sodium intake while retaining taste buds, and reducing salt in this way could help one person in five."

Del Monte Corp., a subsidiary of R.J. Reynolds Industries, Inc., is a diversified, international foods and beverages company. Del Monte produces and markets canned fruits and vegetables, fresh fruit, frozen foods, beverages and a range of convenience and specialty foods.

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The KITCHEN BEAT



Rice Sparks Everyday and Company Menus

In today's Black American home, cooking is no longer the responsibility of one person. Because of busy and varied schedules, usually every member of the family at some time or another has to prepare personal meals or meals for other members of the family. The Kitchen Beat is designed to meet some needs of the various cooks in the modern Black family.

Rice is such a versatile food and goes with so many flavors that it is a popular choice for everyday and special occasion menus.

Buy pork chops when they are on "special" sale in the market, and cook them with a savory tomato sauce and rice to create a hearty family or company meal.

For a special meal featuring chicken or turkey, a rice dish flavored with sweet spices, pine nuts or walnuts and raisins will be especially festive, flavorful and nutritious.

The preparation of *Rice-y Pork Chops* is started on top of the range, then completed in the oven. The chops are browned in a skillet, then transferred to a baking dish. Sautéed fresh vegetables form the base for the tomato sauce, which is then spooned over the rice mounded on the pork chops. After an hour in the oven with no watching required, the flavors of the pork, rice and tomato sauce combine to make the savory one-dish meal.

Pine Nut-Raisin Rice is a spicy and sweet rice dish that will complement roast turkey or chicken. The flavor in the dish is developed by browning onion and rice in butter or mar-

garine, then simmering the rice in condensed beef broth with a blend of sweet spices. The butter-cooked pine nuts and raisins are a last minute addition, being stirred into the rice just before serving. If pine nuts are not available, chopped walnut meats may be substituted with equally delicious results.

These recipes come to us via the courtesy of Uncle Ben's Converted® Brand Rice.

Rice-y Pork Chops

- 2 cups cooked rice
- 4 lean pork chops
- 1 Tablespoon fat
- ¼ cup diced onion
- ¼ cup diced celery
- 2 Tablespoons diced green pepper
- 1½ cups canned tomatoes
- 1½ teaspoons salt
- ¼ teaspoon pepper
- 2 Tablespoons minced parsley

Brown chops in heavy skillet. Remove chops and add onion, celery and green pepper to drippings. Sauté until tender. Add tomatoes, salt, pepper. Simmer 10 minutes. Place chops in baking dish and sprinkle with salt and pepper. Top each with mound of ½ cup cooked rice. Pour sauce over all and sprinkle with parsley. Cover and bake at 350 degrees for approximately 1 hour. Just before serving, spoon sauce over chops. (Makes 4 servings.)

Pine Nut-Raisin Rice

- 1 Tablespoon butter or margarine
- 2 Tablespoons finely chopped onion
- 1 cup rice
- ¼ teaspoon each: ground cinnamon, allspice, mace and cloves
- 1 can (10½ oz.) con-

densed beef broth plus water to make 2½ cups
Salt and pepper
¼ cup pine nuts or

chopped walnuts
¼ cup raisins
Melt 2 Tablespoons butter in a large saucepan. Add

onion and sauté over high heat until onion begins to brown. Add rice and cook, stirring, 3 to 5 minutes, while rice browns. Add spices and liquid. Heat to boiling, stir well once, reduce heat, cover and simmer for 25 minutes, or until liquid is absorbed and rice is tender. Season to taste with salt and pepper. Meanwhile, brown nuts and raisins in remaining butter until raisins are puffed and nuts are lightly roasted. Blend nuts and raisins into rice. Serve in heated serving dish as an accompaniment to lamb. Con't on Page 11

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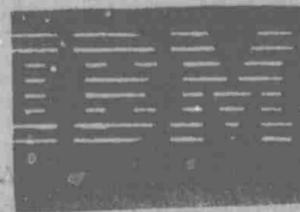
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ASTRO/NUMEROLOGY

AND YOU

By LLOYD STRAYHORN

September 12-18, 1984

DREAMS—An Interview With An Expert

Part I of Four Parts

Have you ever wondered about your dreams? In a survey done over the air, we found that our radio listeners of "Numbers And You" certainly did.

Subsequently, Dr. Gerald Epstein, an expert on dreams and the imagination, was invited on the show to share with us a glimpse into this fascinating world. Following are some of the questions we asked him:

Strayhorn: What are dreams?

Dr. Epstein: Dreams is a world that exists when you turn your senses away from everyday life and go to sleep. In this world, there are situations and events that operate by its own laws, which are not the same logical laws that operate in everyday life. But you are the same person.

One of the main functions of dreams is to solve problems in our lives...and since it's an "inside language", it tells us things about ourselves that we're not used to seeing in our everyday life.

Strayhorn: Some say they can't remember their dreams. Is there a way to remember?

Dr. Epstein: Yes, there are several ways. One way is to take a notebook and pencil or pen and just before going to bed, write the date on the notebook. Then you tell yourself that you will remember your dreams...and record what you can remember the next morning in the notebook.

Another way, not only to remember dreams but to give you answers to questions, is just before going off to sleep, imagine a "white circle". In this circle, see yourself writing a question, as short and concise as possible. Then DEMAND of yourself a dream that will answer this question...then fall off to sleep. In a vast amount of cases, dreams that relate to asked questions give an answer.

Next Week: Part II

ANNOUNCEMENT

We are proud to announce the premiere issue of our "NUMBERS AND YOU" newsletter. This bi-monthly publication is designed to be informal, educational as well as add to your personal growth and self-development. Each issue will feature your very own personal monthly forecast relating to career, relations, health and the like.

NUMBERS AND YOU will be published 6 times a year and will sell for \$7.50 at newsstand price. However, for a limited time only, you can subscribe at 20% off the subscription price. Just send a money order for \$6.00 to: YAMA Publishing Company, Dept. N-136, Lincoln Station, New York, N.Y. 10017.

ARIES—March 21-April 20
Both Wednesday and Thursday of this week looks excellent to deal with legal

matters of all kinds. As for the balance of this period, even through next week, your cosmic road is free of obstruction of any kind. Take advantage of this time to push for the things you want. Your number this week is 672.

TAURUS—April 21-May 20

Hold on to your hat, Taurus...you are in for a great time this week, particularly Thursday through Saturday evening. There will be opportunities galore relating to matters of travel and love. The number selection this week is 321.

GEMINI—May 21-June 20

Fun and money seems to be the cosmic theme for you this week. Therefore, it would be in your best interest to make all personal and business plans accordingly. The outstanding dates to look forward to this week is the 16th and the 17th. A lot of mileage should be gotten out of this week. 151 is your number this period.

CANCER—June 21-July 21

The earlier part of the week may be a little upsetting in the way of mental anxiety or perhaps over-strained nerves caused by taking on too much. Just bide your time, because this coming Monday going into Tuesday should see a nice change in money matters. The number selection for this week is 607.

LEO—July 22-August 20

The week really won't be outstanding as such, but there are some bright spots along the way. The minor pitfall in the week is around Friday or Saturday. But that small glimmer of hope comes on Monday. It may have a strong connection with job advancement—or monetary gains. Use the number 782.

VIRGO—August 21-September 21

This period of time we're

going through right now may find you more in a perfectionist mood than you'd might imagine. Take advantage of this time to be more analytical and questioning about the persons and personal situations around. You'll have an answer by this time. Use 451.

LIBRA—September 22-October 21

Not much can really be said one way or the other for you this week. There may be times this period when you will be in limbo. What little sparkle from the heavens does come will be late Sunday going into Monday. Your number selection is 869.

SCORPIO—October 22-November 21

There is a strong cosmic warning of caution at this very moment. Please exercise the greatest care and

prudence, especially from Thursday through Saturday evening. There is a "back-firing" effect if you try and go against the grain of things. Relax...your turn will come soon. Use the number 549.

SAGITTARIUS—November 22-December 21

Both this Wednesday and Thursday holds promise of a small but unexpected surprise. The momentum of things will gradually decline, taking a serious downward turn in your affairs from Sunday 'til early Tuesday morning. Make no serious commitments at this time. The number 100 is yours this week.

CAPRICORN—December 22-January 20

Be a little on guard this period of letting others take advantage of you—your personal expertise or services. If you're not careful, you may just wind up getting the short end of the stick. There is a good chance of you making some type of public debut this period as well. Next Tuesday warns against accidents, endings or arguments. 034 is your number.

AQUARIUS—January 21-February 19

This definitely won't be a week to boast about—but neither will it be a drag. There are small but favorable opportunities to get what you want. At least there'll be some movement for you. Your lucky number this week is 850.

PISCES—February 20-March 20

Both Friday of this week and Tuesday of next week will be about the most favorable of this particular period to get what you want. The turn for the worst, if it should come, may well be late Sunday into Monday. Adjust your schedule accordingly. Use 989.

Kitchen Seat

Continued from Page 10
pork, turkey or chicken.
(Makes 6 servings.)

We believe that our readers will want to support those advertisers who support the press of Black America. We are sure, therefore, that when you select the ingredients for this week's recipes, you will want to use:

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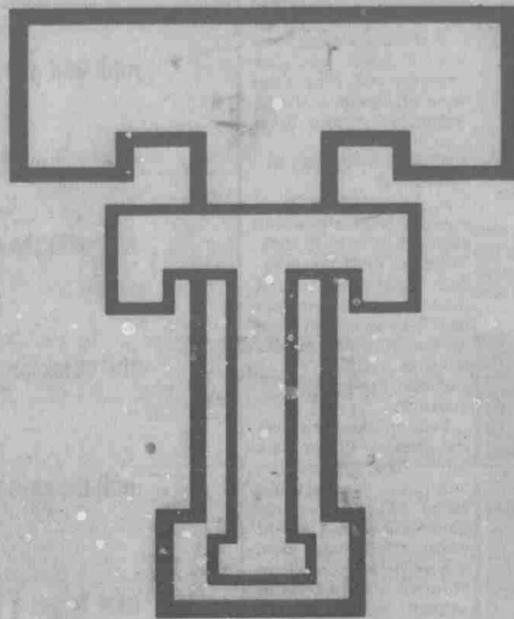
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Texas Tech University encourages high school students and their parents to attend College Night at Lubbock High on Monday, October 22, 1984, at 7:00 p. m.