

Lubbock Digest

AN INDEPENDENT HISTORICAL NEWSPAPER FOR ALL PEOPLE BUT PRIMARILY
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A BMI NEWSPAPER

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Lubbock, Texas

JANUARY 22 THRU JANUARY 28, 1981

DR. MARTIN LUTHER KING, JR. MEMORIAL SERVICES HELD AT BETHEL AME

"Over 250 In Attendance"

by
Gyna Bivens
Contributing Writer

It could have easily been mistaken for a Sunday morning service. The capacity crowd at Bethel African Methodist Episcopal Church on January 15, 1981. They poured through the doors to pay tribute to Dr. Martin Luther King, Jr. This was the first such memorial service for the slain civil rights leader. And its sponsors were pleased. The services were a joint effort put on by Bethel, Lubbock Branch-NAACP, United Political Action League (UPAL), and the Student Organization for Black Unity (SOBU).

Lubbock Mayor Bill McAlister was on hand to proclaim January 15, 1981 as "Dr. Martin Luther King, Jr. Day" in Lubbock.

Possibly the most inspirational moments of the brief service came when Imam Shakir Hafeez Muhyee presented a tribute to the slain civil rights leader.

"Following the example set by Martin Luther King," he said, "will enable us to withstand the pressures (of society) and make it through." Muhyee told the crowd just because no one is marching in the streets these days ... does not mean our movement has ceased. He said, "We've just moved on to another level. But the freedom movement lives on. The freedom fighting spirit in our people continues to live ... because from birth ... the seed is planted in us. The movement has not died," he said.

Muhyee told the audience, "The dreamer has been destroyed, but the dream lives on." "To really understand what Dr. Martin Luther King, Jr. stood for forces you to understand the history of our people. What he (MLK) did didn't just begin in his time. That movement started over 300 years before his time ... from the moment the first African was kidnapped from Africa."

Muhyee told the tri-

racial audience he was not there to inflame hatred in the hearts of people ... But he wanted to inflame love and to make sure "what happened hundreds of years ago ... will never happen again."

Muhyee's presentation was so moving ... he received a standing ovation. The "Black Voices" performed in song, and Lubbock's Eric Strong made a dramatic presentation which took the audience back to the sixties ... when demonstrators were harassed with fire hoses in Alabama.

Had Dr. King been alive, he would have been 52 years old.



Imam Shakir Hafeez Muhyee was guest speaker.



A part of the more than 250 people in attendance.



Mayor Bill McAlister presents proclamation.



"Black Voices" of Texas Tech University provided the music, along with Michael Matheus.

Lubbock Man Dies From Auto Mishap



Edmundson Hall

Hundreds of Lubbockites paid their last respects to a Lubbock man who died here last week from an auto mishap.

Final rites were held Monday afternoon at the New Hope Baptist Church for Edmundson G. Hall, 27, of 2206 Date Avenue, with Rev. A. L. Dunn, pastor, officiating. Interment was held in the City of Lubbock Cemetery under the direction of South Plains Funeral Home.

A graduate of Dunbar High School, he died at 12:50 a. m. Friday from injuries he apparently suffered in an auto accident in the 200 block of 9th Street.

Mr. Hall united with the New Hope Baptist Church at an early age. He received his formal education in the Lubbock Independent School District where he actively participated in sport and graduating an honor student from Dunbar High School in 1971.

Upon high school graduation, he entered Texas Tech University's College of Business

Administration for a year. He then enlisted in the United States Navy, serving three years and receiving an honorable discharge in January, 1975. After residing in California for a year, he moved back to Lubbock.

At the time of his death, he was employed at Price Supply Co.

Survivors include his parents, Mr. and Mrs. Sidney W. Hall of Lubbock; two sisters, Mrs. Zenobia Davis and Nichole Davis, both of Lubbock; his grandfather, Mr. G. L. Edmundson of Navasota, Texas; other relatives and friends.

Palbearers were Earnest Davis, Ronald Kinner, Timothy Jackson, Bill Jack Harkey, Glen Davis, Larry Robinson, Cosby Morton, and Milton Hodge.

Honorary bearers were James Parks, Raymond Bogus, and Byron Davis.

52 Hostages Return Home

Americans are happy over the return of the 52 American hostages in Iran Tuesday evening.

THIS WEEK IN THE LUBBOCK DIGEST

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Plainview Minister Succumbs Last Week

Plainview (Special) -- Final rites were held at the First Baptist Church, 8th & Austin, Plainview, last Friday, January 16, 1981, at 2 p. m. for Rev. Edgar Napoleon Givens with Rev. William H. Watson, conductor, and Bishop J. E. Alexander, Presiding Bishop.

Rev. Givens, 68, pastor of Immanuel Church of God in Christ, died at 4:45 a. m. Monday, January 21, 1981, at his home, 112 West Givens Street.

Rev. Givens was born June 25, 1912 in Travis County, Texas to Mr. and Mrs. Author Givens. He was licensed as a minister in 1938 and ordained in 1946. He took correspondence courses from the Christian Foundation founded by Dr. Norman Vincent Peal and from Charles Mason Seminary in Lexington, Mississippi, operated by the Church of God in Christ, a pentecostal church movement.

He helped organize and was associate minister of Alexander Temple Church of God in Christ of Midland, Texas and at the same time was pastor of the Church of God in Christ of Lamesa which he established. He came from Midland to Plainview in 1943.

Rev. Givens established the Immanuel Church of God in Christ in Plainview May 16, 1940 and has been its pastor since that time. He founded the Plainview Community Nursery in his church at 1801 North Austin Street. The nursery now is located next door.

The pastor has served on the zoning board for the City of Plainview and with the Plainview Ministerial Alliance.

At the time of his death, he was serving as assistant bishop of the Texas Northwest District, Church of God in Christ and as district superintendent of the Plainview District, helping establish mission churches.

The street where the Givens' home is located and a park, Edgar and Essie Park, were named after him.

Rev. Givens married the former Essie Parks December 10, 1933 in Colorado City.

Survivors are his wife; four sons, Edgar Givens of Santa Clara, Calif., Charles Givens of Houston, Shelby Givens of Las Vegas, Nev., and Don Givens of San Jose, Calif.; two daughters, Cathryn Tolson of Foster City, Calif. and Sandra Franklin of San Francisco, Calif.; three brothers, Melvin Givens of Las Vegas, Nev., Thomas Givens of New York, N. Y., and William Givens of



Rev. Edgar N Givens

Compton, Calif.; five sisters, Annie Sanders, Eva Givens and Arlee Pardue, all of Midland, Edie Mae Parker of San Francisco, Calif. and Thelma Cox of Inglewood, Calif.; 17 grandchildren, six great grandchildren, other relatives and many friends.

Palbearers were Edgar Lee Givens, Don Givens, Charles E. Givens, Kenneth Tolson, Shelby M. Givens and Joe Parks.

Honorary palbearers were Overseer H. W. Cortez, Overseer W. Weatherspoon, Overseer L. R. Giddings, Overseer W. C. Kenyon, Overseer W. H. Watson, Overseer Y. B. Brooks, Overseer C. S. Johnson, Overseer M. J. Alexander, Overseer W. B. C. Thirkell, Rev. J. B. Mason and Overseer A. C. Bennett.

Street Name Idea Still Alive

Efforts to change the name of Quirt Avenue, to Martin Luther King Boulevard have not died. A letter of intent ... to that effect is on file with the city secretary, signed by Pat Nickell, Eric Strong, Rose Wilson, Gloria Ynguanzo and Vera Newsome.

Newsome said, "The fact that 'Quirt' is a very derogatory term ... The dictionary says it means something to the effect that it was used in the flogging of horses, but we know that it was used for more than that." Newsome added, "We think the street should be named for something or someone we respect. That is why we want it changed to be named after Dr. King."

The petition was started December 12, 1980. Newsome says they have until February 10, 1981 to have the petitions filled with signatures of 3,511 registered voters on file with the city secretary.

"Bad Paper" Veterans Sought

Some three million veterans with a less than fully honorable discharge are being sought through a major publicity effort to inform them of their right to a review of their discharge.

The Department of Defense (DOD) agreed, in a settlement agreement signed October 17, 1980 to conduct an outreach program to reach the three million "bad paper" veterans. These veterans may apply for a confidential

hearing on the issue to determine its course from there. City council members have not renamed Quirt Avenue after Dr. King as it conflicts with the city's policy of naming streets.

Springer Wins \$1,000 Cash Prize



Stevie Springer

Montgomery Wards salesman, Stevie Springer, received first place in the nation, evoking all Montgomery Wards salesmen, and received a \$1,000.00 cash prize for his first place finish. Springer has received several other awards, but this one topped one of the highest in the company.

According to his store manager, no other salesman has achieved an award this big in the history of Lubbock, Texas.

Mr. Springer has been employed for five and one half years at the

Lubbock store as a commissioned salesman and assistant department manager in the television and stereo area.

"I enjoy meeting and helping people in my everyday routine," says Springer.

A member of the board of directors of the East Lubbock Black Chamber of Commerce, he and his wife, Irene, are proud parents of three lovely children, Rodney, age 7; Stevie, age 5; and Lataasha, age 3.

The Springers attend the Rising Star Baptist Church.

Continue on Page 2

Business
in the
Black

By Charles E. Belle



5,000 Job Openings

Anyone born and reared in Illinois with the good sense to go west to sack his fame and fortune cannot be all bad. This writer should know, he and Ronald Reagan at least have that much in common: Difference - and therefore the problem - is the President-Elect expects to dispense about 5,000 jobs in just less than 90 days. Don't know if Ronald Reagan can write that fast, but his henchmen will help him fill the bill. The fact is, Mr. Reagan, Black Americans are just as interested in serving in a Republican Administration as a democratic dominated White House.

While the "Kitchen cabinet" of Mr. Reagan is runamuck with old rich white males, make no mistake about it, young middle class Black American women was administrative positions, as well as, other minority people. Dr. Gloria Toote, a former assistant secretary of HUD, who seconded Mr. Reagan's presidential nomination the first time around will be a bell weather for Black American members in and out of the Republican party.

People like this writer who put stock in statistics will still take a hard look at the physical number of Black American people appointed by Mr. Reagan. One fear is that he will erroneously follow the stereotype latent racist remark by his confidant and "Kitchen cabinet" friend Alfred S. Bloomdale.

Old "Bloom" one of 16 or so millionaires who are working with Mr. Reagan in his selection process, stated flatly, "Romnie asked us to consider minorities. Well, we got Hispanics. We got Blacks. We got ladies. But if they're not right, we didn't take them. We are after quality first."

Quality, like beauty, is too often in the eyes of the beholder. Being a Black American in front of a bunch of old white males is not like making it to heaven. It could be conceived by critics as exactly the reverse! It's heartening to hear the President-Elect recognize the need for a contribution to his administration and the country by considering Black Americans and other minorities for major positions within his administration.

These appointed positions are no paupers places. The "plum book" a publication by the Government Printing Office is out. It lists the Government's salary-by-salary, department-by-department top jobs. Officially titled "Policy and Supporting Positions" it lists over 5,000 jobs. It lists not just some jobs but a bunch of damn well paying positions!

Would you believe an accountant's position at the Treasury taking \$44,547 to start. Some say the dude who supposes to go out to the New Caledonia as the U.S. Representative gets \$50,112.50! At those prices you could talk to an original aborigine of any color!!

Which brings us to the focal point, President-Elect. When you get to the White House, find at least 12% or 600 of those newly appointed Republican positions for Black Americans.

Junior League Hosts National Speaker

The Junior League will be bringing Dr. Lendon Smith to Lubbock for a speaking engagement on January 22, 1981 at 7:30 p.m. at the Monterey High School Auditorium. He will be speaking on "Behavior and Diet". This will be open to the public, and everyone is invited to attend. Admission is free. Dr. Smith is a frequent

guest on "The Johnny Carson Show" and "Donahue," a columnist for McCall's magazine and author of six books, as well as an award winning television documentary "My Mom's Having a Baby." Dr. Smith is one of the nation's foremost pediatricians with his emphasis on nutritional counseling for parents.

Lunch Program Questions

The future of the summer free-lunch program, which is administered by Lubbock's Park Department is uncertain again. City council members have once in the past, voted against participation in the program and another vote is coming in the future.

In the most recent meeting of the Park Board, members voted unanimously to recommend to city council members the program be continued. The Parks Department has administered the program for the past four years and it is funded by the Department of Agriculture for low income youth.

Park Board chairman Phil Hoel said the board "had looked for a sponsor (other than the Parks Department) but hadn't been able to find one, due to a lack of distribution capabilities.

Parks Board member Adolphus Cleveland said "the program is needed due to the large number of working parents. Several children's older

brothers and sisters also work and without this free lunch program, they may not get that mid-day snack."

Cleveland says he feels the council's past opposition to the program was due to their lack of knowledge of the community's support of it and he is optimistic council members will follow the Board's recommendation and approve continuation of the program.

Council members would like to make sure only children who are actually eligible to receive the lunches are the recipients. Children eligible for school district's free lunch program qualify to receive the free lunch program administered by the city.

The program lasts for approximately six weeks, from July to August, with distribution sites set up in various locations.

City council members will vote on the future of the program in the near future.



Lloyd Miller Cooke

The National Action Council for Minorities in Engineering Board of Directors announced the election of Lloyd Miller Cooke as president.

Prior to his appointment, Dr. Cooke was vice chairman of the Economic Development Council of New York City, Inc., on loan from Union Carbide Corporation. Dr. Cooke will assume the new position on or about March 15. He will succeed Dr. Richard Neblett, who is interim president, on loan from Exxon Corporation.

Dr. Cooke joined Union Carbide in 1957, and was appointed

manager-planning of the Films-Packaging Division in 1967. He was named director of urban affairs in 1970, and corporate director of the Community Affairs Department in 1976.

In 1970, Dr. Cooke was appointed to the National Science Board by President Nixon, and was reappointed to the board in 1976 by President Ford. From 1973-1978, he served as consultant to the Office of Technology Assessment, Congress of the United States, and in 1978, served on the Energy Research Advisory Board to the Department of Energy. He was

Cooke Named Prexy NACME

named vice chairman of the Economic Development Council of New York in January of 1978, and served as a senior consultant to Union Carbide's External Relations Group.

Dr. Cooke received his B.S. degree from the University of Wisconsin in 1937, and a Ph.D. in Organic Chemistry from McGill University. He is currently a fellow of the New York Academy of

Sciences, a fellow of the American Institute of Chemists, a member of the American Chemical Society, the American Marketing Association, Industrial Advisory Council of the Opportunities Industrialization Center of New York and the Chicago and New York Chemists Clubs.

He lives in White Plains, N.Y. with his wife, and two children.

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Bad Paper

Continued From Page 1

review and possible upgrade before April 1, 1981, if they were discharged before April 1, 1966. For details, veterans should send name, service number, branch, and mailing address to DOD Discharge Review, P.O. Box 21, St. Louis, MO 63166.

Although the veterans right to a review and possible upgrade was set forth in new rules issued in March 1978, only one-tenth of one percent of the targeted veterans had applied after one and one-half years. Of those who applied, however, more than 50 percent received upgrades.

As a result of the October 17, 1980 Settlement Agreement, the Department of Defense is required to conduct a major outreach program to the

three million "bad paper" veterans. For these veterans—many of whom are poor and less well-educated—an upgrade is critical. It usually makes the veteran eligible for VA benefits and also more employable. For incarcerated veterans, who made up 25 percent of people in prison, an upgrade can mean parole instead of continued imprisonment.

Child Care

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AMMENDATION
CONCERNED PARENTS

IS YOUR CHILD RECEIVING THE SPIRITUAL GUIDANCE YOU WOULD LIKE HIM TO IN YOUR LOCAL SCHOOL?

The Bread of Life and Living Ministries is a non-profit corporation conceived by a coalition of interested Christian clergymen and business, laymen as an innovative measure to compliment and enhance the effectiveness of existing programs that are designed to serve the disadvantaged, as well as denounce the successful effects of Ms. O'Hare and the Supreme Court ruling of "Church separated from State." The Bread of Life Ministries' goal is to restore morals to our country through a community Christian Institute as well as supply the spiritually deprived the Christian academics they did not receive in the public school system. The organization has kicked off a fund-raising campaign to make this goal a reality, and is presently gathering people to stage a "March for Prayer" to Washington, D.C. to get the "Voluntary School Prayer" Bill passed. But the financial assistance that is needed to continue this endeavor is not available to us unless this appeal is met. Therefore, we are asking all people to help us reach our goal of \$30,000 by February 1, 1981 so that the effort to get prayer back into the educational system does not die in vain.

PLEASE SEND US YOUR FINANCIAL SUPPORT!

Dear Brothers and Sisters,
We, at the Bread of Life and Living Ministries are appealing to all Christians, churches, businesses and all citizens to help put prayer back into the morally deprived liver of our children.

I support Voluntary School Prayer.

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| Chris Retail Drug | Lubbock Day Care #1 | Texas Bank |
| Christ the King School | Lubbock Day Care #2 | Texas Commerce Bank |
| (Student Only) | Lubbock Avalanche Journal | United Supermarkets (10) |
| Dunlaps | Lubbock Christian College | South Park Hospital |
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Happiness Through Health

by Otto McClarrin



New Hope for Heart Patients

A new artificial heart valve that promises to save the lives of many heart disease patients and improve the quality of life for thousands more is being tested with "marvelous results" at a hospital in San Jose, California.

With 20,000 to 23,000 Americans annually getting artificial heart valves to replace their own diseased valves, the new device represents a "significant medical advancement," according to Dr. Gordon E. Katske, a cardiovascular surgeon.

Dr. Katske is one of several doctors selected nationally by the U.S. Food and Drug Administration to implant the new valve in selected patients during the product's investigative testing phase.

Katske said he is confident the FDA will approve the new valve for widespread medical use during the next 18 months. He bases his optimism on the results of heart surgery that he and other medical investigators have conducted.

During the past 18 months, he has put the valve in 24 patients. None has sustained any adverse reactions, and the devices are performing excellently in all of the patients, according to Katske.

The new device, called the St. Jude valve, was developed by doctors in Minnesota. It is made of carbon pyrolyte, a tough, long-lasting material. Existing federally approved artificial valves either mechanical products or fashioned from animal tissue.

They were hailed as major medical advances when first introduced because they meant life for thousands of patients whose own valves are rendered inoperative by disease each year.

But there were problems. Many children and young adults got the tissue valves because they supposedly would last through the long lives that were hoped for the patients. "They were built to last forever," said Dr. Katske, "but they didn't."

Some patients with mechanical valves died because the valves broke down and ceased functioning. Patients with poorly operating valves commonly experience chronic fatigue, shortness of breath, leg swelling and rapid heartbeats. They often must take drugs to counteract those reactions.

Artificial valves are designed to mimic the action of the body's natural heart valves. Those valves control the orderly flow of blood between heart chambers.

Dr. Katske said that the St. Jude valve is thromboresistant, meaning that blood clots are not likely to form as they do with other mechanical valves. "And we are confident," he said, "that these durable new valves will last more than 200 years."

"Fantastic Voyage" Lakeside Club



The Lakeside is an exciting and new night spot for those persons who are looking for a New Adventure in Night Entertainment. This establishment may be considered as a night fishing ground for those who like to catch after dark. The club adds a new dimension to the East section of Lubbock, even though it is the old Super Disco remodeled. It is a totally different type of entertainment.

The Club Lakeside provides entertainment for those who would like to journey into the 20th Century with class. This establishment is for those

individuals who are looking to add a sparkle to their night activity. It may provide a place to enter after a hard week at work offering a relaxing atmosphere to have a drink and conversation with friends. However, the Lakeside also supplies an adequate dance floor for those persons interested in trying out some of the latest Disco moves or those people who are just trying to obtain some evening exercise.

Once entering the Lakeside, one would notice that the building has been remodeled to where it may not be

recognizable to those who have visited the past establishment. Inside, management has added a new area for engaging in a game of billiards. There is also room for sitting down at a table and having a drink. There is adequate seating for everyone entering the establishment. The new dance floor is surrounded by lights hanging from the ceiling of the club. Along the wall of the dance floor are mirrors to add a touch of class to the establishment.

Sending out the beautiful sounds of music, the elaborate sound system projects the newest hits to all sections of the club. A vending machine was installed to give those persons wishing a midnight snack a chance to purchase some chips or other snacks. A cigarette machine was installed for smokers. This well-developed night spot is equipped with wall-to-wall carpeting and a small stage for occasional live bands. Towering high above

other objects, the Disc Jockey Box allows the DJ to look down on the dance floor and watch the customers enjoying some of the most up-to-date sounds on the market today.

The Lakeside provides the finest atmosphere for an evening of enjoyment and pleasure. One may feel the difference in this atmosphere, as opposed to that of any other club in this area. With its sophisticated essentials, this establishment reminds one of an evening in the big city. The total cost of putting this fantastic place together was over \$50,000. It is valued over \$120,000.

The club is under the management of Johnny James. The hours of fun are 7 p.m. to 2 a.m., Thursday thru Sunday.

The management of the Lakeside and its employees would like to extend a warm welcome to the citizens of Lubbock and surrounding areas to journey to their vessel of enjoyment.

BBB: "Beware Phoney Inspectors"

Area consumers are advised to be on the lookout for individuals who are impersonating utility company inspectors. We have received reports that there have been phone calls and door-to-door appearances by these "phoney" inspectors. They may pass themselves off as inspectors for the state government or from one of the local South Plains utility companies. Consumers have found that after the alleged inspector, there were valuables missing from their home. Consumers should note that no utility company or state agency will contact you to make an inspection. Inspections

are only conducted at the request of the consumer. Consumers who are contacted by the imposters should contact the BBB office immediately.

Also, South Plains consumers are receiving phone calls from a company called Eastern Travel, Inc. This company offers vacation trips to Las Vegas for a fee of \$89. Consumers are told they have won something which is not true. We advise caution in purchasing a trip. Consumers should realize what they are buying and what is not included in the trip. For further information contact the BBB office. 763-0459

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Drug Relieves Pain in Angina Patients

A drug developed to lessen angina, a crushing chest pain suffered by millions of heart patients, prevent the spasm in 63% of the patients who took it, according to recent reports by doctors.

The drug, nifedipine, has been available in Europe and Japan for six years but still must be approved by the Food and Drug Administration in the United States.

Nifedipine was tested in 127 patients with Prinzmetal's angina, a rare condition in which arteries carrying blood to the heart become narrower. The contractions choke off the heart's blood supply and cause the pain.

A five-year evaluation by 14 physicians found nifedipine reduced the number of attacks. Dr. James E. Muller, a cardiologist with the Harvard School of

Public Health and chief research in the study, said attacks were eliminated in 80 of the patients (63%). On the average, the drug cut the number of attacks in half for 110 patients, Muller said. Episodes of pain in some fell from 16 per week to only two. An application to license nifedipine in the United States has been filed with the FDA.

Executive House Motel

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HR78-14	195-14	\$90.95	60.63	2.50
QR78-14	205-14	\$94.95	63.30	2.65
HR78-14	215-14	\$101.95	67.97	2.86
PR78-15	195-15	\$95.95	63.96	2.53
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BLACK EMPOWERMENT

By Dr. Nathaniel Wright, Jr.
Human Rights Activist

BUILDING GROUP POWER

Increasingly there is the recognition among the masses of black people that a shift is needed in the long-standing focus of black group concerns. Ever since Emancipation, the continued emphasis of black Americans has been largely upon keeping the black community alive.

Such an emphasis has been understandable. Black people were not given the hoped for "40 acres and a mule" to help get them started securely on the road to self-sufficiency.

Also throughout the black experience in America, there has been a process of genocide of various kinds. This took the form of openly condoned rape and lynching for nearly three hundred years. Of late, such anti-black genocide has been evident in economic isolation—including the proliferation of "dependency welfare"—and through the "cruel and inhuman" tactics of the nation's criminal justice system.

The upshot has been that within the past decade the large majority of black people have become desirous of a change in black strategy away from a traditional focus on survival. Most black Americans are looking for the kind of approaches that will enable blacks to function as peers rather than as perennial pawns in our nation's life.

In order for this kind of process to come to pass, a vastly different focus would need to be developed by those who assume black leadership roles.

This would include, perhaps foremost, the sense or spirit of black Americans as being a kind of "caucus of

the whole." The power of blacks, as a black racial or ethnic group, would need to become the center of attention.

All other ethnic groups in American life practice the dynamics of group power. They are not entirely or primarily separatist in that their group-centeredness is exercised in much the limited or practical manner of a caucus.

In this sense, black Americans may have the need to make somewhat new definitions of their racial or ethnic situation. As with other ethnic groups, blacks may need to see themselves in many—or even most—circumstances—along largely desegregated lines. They must take the stance of invisibility. That is, of melting into the whole black-white (but largely white) community.

At other distinct and practical times, blacks must see themselves as a caucus.

A caucus comes together as the need arises. When black Americans see the common need to act in a common or ethnic group cause, for the duration of the need, blacks must become seen as distinctly and primarily black.

It has been the failure of black Americans to caucus as black people around the special racial needs of the blacks that have marked the major difference between black people and other ethnic groups.

In this sense, black Americans may be said to have failed the nation, even as they have failed themselves, in their not adding to the strength and cohesiveness of American life by engaging in

the dynamics of group power. Alexis de Tocqueville, during the 1830's, noted in his *Democracy in America* that so much of the genius of early American life was to be found in the give-and-take of group power and interchange.

Without coalescing as a kind of black caucus, black people cannot hope to move beyond their presently precarious status of survival and into the security and progress which comes along through being dealt with, to use de Tocqueville's phrase, "as a power seen from afar."

Because black Americans have a hundred billion dollar annual spending power, they have a tremendous leverage for social, political and economic change. From an economic point of view, if blacks did business with one another and used black banks and credit unions for savings and credits, that hundred billion dollars could possibly be doubled before leaving the black community.

But this would call for a "caucus-consciousness"; that is, the sense of being primarily or exclusively black for limited and agreed upon practical and strategic purposes.

With such economic power in black hands, black people would have twice the wealth of Canada and blacks could easily alter the face of American life. Money talks! That kind of "talking money" for black Americans will come about, however, only when we can begin to see each black person as a potential asset and our blackness as a strategic "caucus kind of identity" which, at long last, deserves to be highly prized.

The King's Highway

by
Dwayne M. Burris
Clovis, New Mexico

In every generation, there is a man who hears God and obeys this voice. Martin Luther King, Jr. was born in Atlanta, Georgia on January 15, 1929, into a family of middle class Black-Americans—his father, Martin Luther King, Sr., was a Baptist minister; his mother, Alberta Williams King, a schoolteacher.

King graduated from Morehouse College in 1948 at the age of 19. Three years later he took the Bachelor of Divinity degree at Crozer Theological Seminary in Chester, Pennsylvania, graduating at the head of his class. He entered the Graduate School of Theology at Boston University in 1951 and was awarded the Ph.D. in systematic theology in 1955. While studying at Boston University, King met Coretta Scott of Marion, Alabama, who had graduated from Antioch College and was then studying at the New England Conservatory of Music.

They were married in 1953 and became the parents of four children. In 1957, King organized what later became the Southern Christian Leadership Conference. SCLC, with offices in Atlanta, was the base for Rev. Dr. King's non-violent civil rights activities. King was a principal leader in the historic march on Washington, D.C., in 1963, by more than 200,000 people. For a decade the Nobel Peace Laureate was world famous as a leader of Black-Americans in their struggle against discrimi-

nation and racial injustice. His campaigns were principally in the South and he was arrested and jailed on numerous occasions. Unlike some Black leaders, Rev. Dr. King overlooked skin color, he said "that every man, from a bass black to a treble white is significant on God's keyboard..."

With conviction born of his deep ministerial and philosophical commitment, Rev. Dr.

King eloquently, denounced the moral agony of this great nation. He declared, "America must undergo a radical revolution of values." He spoke to everyone in sermons and speeches and especially for the poverty stricken. He spoke without popular support and without the support of those who considered themselves his peers, as he stated: "There comes a time when silence is betrayal."

For the last 13 years, many Blacks have been anything but silent, in proposing that Rev. Dr. King's birthday become a national holiday.

Strongly Disagree! Is it because he may have been a Communist whose job was to incite riots?

Is it because he may have taken bribes? Or is it because he was unimportant? I say not, the truth may never be known but I feel that those individuals who love Rev. Dr. King and believe in his dream will honor him, holiday or no holiday. If we made a holiday of every great man's birthday, we would not have enough days in

the year. One day set aside to honor this man is meaningless especially when he gave his whole life! A holiday would mean commercialism, parties, alcohol, sex, rock concerts and more deaths. This is no way to celebrate or honor such a man. I think he would rather that we lived Holy, love one another and be solely concerned about the *King's Highway* not a mere man's birthday. Some things are to be cherished and held dear in hearts, not flaunted to the world.

We have become so carnal minded and materialistic, we want credit and recognition for everything. God sees and knows all, and if we receive all of our crowns on earth then what will we expect to receive in Heaven. Perhaps our problem is that no one is thinking about Heaven. You will see soon enough that 1981 will have no time for celebrations. Let's work until the victory's been won. Rev. Dr. King showed

us how one man with courage is the majority. Even though he was murdered on April 4, 1968 in Memphis, and cannot return, carry on because we can go where he is; carry on, because "truth crushed to earth shall rise again; carry on, because, "the mills of the gods grind slowly but exceedingly fine." To the rest of his assassins, and all prejudice people, black or white, a hot hell awaits you for eternity, unless you find the *King's Highway!*

Ringing The Bell



by
Bob Tietel

The Black Experience: Frustrations are deep especially in the field of race relations as we face in 1981. According to Vernon E. Jordan, it has been a long time since white hostility was so strong or black frustration so deep.

Sky-high black unemployment figures and the sharp decline in already low black living standards provide a tinder-box atmosphere in many cities. Racism is on the roam to renewed legitimacy. People who were once ashamed of their feelings of prejudice now openly parade them.

One of the storm warnings of 1980 was the rise of Klan activity and violence over the nation. The Klan, states Jordan, can no longer be considered a joke, not when some of its chapters attend guerrilla training camps and some of its members shoot blacks down in cold blood. In Atlanta, some dozen and a half black kids have been found murdered and no clues yet as we go to press.

The Klan went into decline when the so-called good people trimmed their support of its ends and became embarrassed at their own racism. And according to one Imperial Leader of the Klan over national television recently racism is becoming legitimized and middle class business men, professionals now feel free to make derogatory remarks about Blacks, Jews, Catholics and other minorities.

The flames of national intolerance are further fueled by religious groups who politicize religion and morality and want to impose their narrow interpretations of Christian doctrine on the rest of us. Deepening racial hostility, fed by inequality and economic stagnation, threaten to tear our society apart in the days to come, concludes Jordan.

In the meantime Bellingers, let us in 1981 keep ringing the bells of love, peace and goodwill to all men. Ok??

Letters To Editor

Charity Starts At Home and Spreads Abroad

Dear Editor:

I write in regard to the very serious youth problem that exists in Lubbock. Since returning home after a number of years away, it saddened me to see the lack of respect that some young people have for law, order and human life. This is a very serious problem that needs immediate attention.

Of course not all our youth behave in this manner. As a matter of fact, some parents are doing a very fine job raising their children. But unfortunately because of peer pressure, a lot of parents' efforts are in vain. Parents, therefore, must work together collectively in their communities as well as with local officials to combat this disease that is destroying the city's young people.

It is with great concern and love for my hometown that I address this problem. I recently made a 2,000 mile journey home with a five-week stop over in Dallas. I witnessed the same problems in Pennsylvania as well as in Dallas. So it is evident to me that the solution lies at home.

Parents, let's get back to basics. We have forgotten that charity starts at home and spreads abroad. Let's get to know our children's strong side as well as their weak side. Times a wastin' if we fail to reach our youth now. Tomorrow will be too late and we will have lost them forever. There is no return privileges, we cannot trade in wasted minutes or hours for new ones.

Tommy Parker
A Concerned Citizen

Welcome To BBB

Dear Mr. Richardson:

As a Director of the Better Business Bureau of the South Plains, I would like to welcome you as a new member of our Bureau. We feel that our Bureau has a lot to offer its members and the citizens of the South Plains in the way of information and help, so feel free to call on us at any time.

Yours very truly
Richard B. Dickey

Tell It Like It Is

by
T. J. Patterson, Sr.

NAACP, Don't Get Into Do Gooding Bag!

This writer hopes the local branch of the National Association for the Advancement of Colored People (NAACP) don't get into that "do gooding" bag when the outreach center becomes a reality. It can become a reality!

The NAACP needs to get off into the civil rights arena. There are too many injustices in the city of Lubbock for it not to be taking care of business in other areas. Of great importance is the economic arena.

Now that the installation of officers is a reality, and it was very well done, let's get on with the civil rights activity, President Rose Wilson.

Did you know that blacks drink 17% of all Coca Cola? You know what, Coke does little or nothing in return in the black community of Lubbock. So why should we continue to be loyal.

At the national level, there is no black on the BOARD; at the local level there is no black distributor or franchiser or anything worth a darn for black folk.

Coke needs to advertise in this newspaper. Don't you agree?

Lubbock Digest

"Dedicated to Freedom, Justice and Equality"

T. J. Patterson Editor
Eddie P. Richardson Managing Editor
Jeff Joiner Distribution Manager

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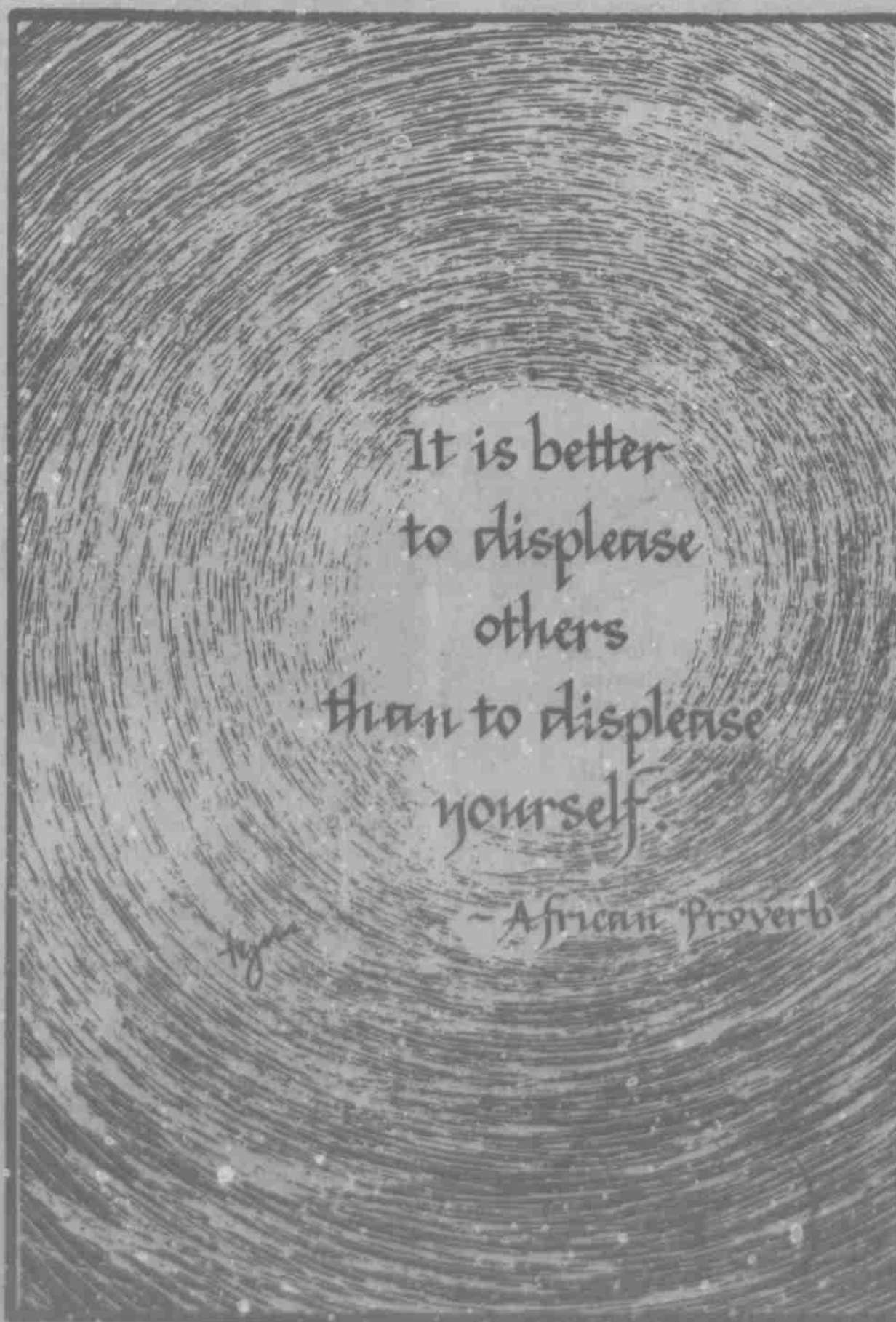
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AS PUBLISHERS of this weekly newspaper, we owe to YOU, the reading public, to be factual and fair. You may be critical of some things that are written, but, at least you will have the satisfaction of knowing they are truthful and to the point.

People will react to that which is precise, and we will publish these articles as precisely and factually as is humanly possible. We will also give credit and respect to those who are doing good things for the Lubbock Area and the people. We will be critical of those who are not doing as they have said they would do, and this, we think, is fair.

So, this our resolution to you: Feel free at anytime to call this office for information concerning this newspaper or any other matter that is of concern to you.

This is not a propaganda sheet made to chastise or vilify. This is a newspaper made to educate and not to agitate.

T. J. Patterson Eddie P. Richardson, Jr
Editors



CHURCH DIRECTORY

Your Absence from Church is A Vote To Close its Doors



OBSEQUIES

Former Bethel Pastor Dies In Washington

Rev. A. C. Johnson, former pastor and planner of the New Bethel African Methodist Episcopal Church, 2202 Southeast Drive, died last week in Washington, D. C. He was funeralized at the Ward African Methodist Episcopal Church last Sunday afternoon.

Rev. Johnson had been residing with his daughter at the time of his death.

He is credited with raising the first \$10,000 for the development of the new church.

Rev. A. W. Wilson, pastor emeritus, replaced Rev. Johnson. Old Bethel was located



at the corner of 18th Street and Avenue B. It is now the home of the St. Paul Historic Church, Dr. Jim Loud, Sr., pastor.

Mrs. Ocie C. Maxey



Funeral services were held last Saturday at 2 p. m. for Mrs. Ocie Cleveland Maxey at the Triumph Baptist Church with the pastor, Rev. M. A. Brown, officiating. Burial was held in Englewood Cemetery under the directions of South Plains Funeral Home.

Mrs. Maxey was born August 21, 1905 to Samuel and Myra Cleveland in Whiterock, Texas.

She attended public school in Whiterock and Denison, Texas.

Mrs. Maxey united with the Baptist Church at an early age.

Mrs. Maxey was married to Mr. Samuel Maxey on May 28, 1926, and to that union were born thirteen children. Mr. Maxey and six children preceded her in death.

The family moved to Lubbock January 1, 1933, and united with the New Hope Baptist Church. After moving to Slaton in 1960, the family united with the Triumph Baptist Church where she remained faithful until her death.

Mrs. Maxey died Saturday, January 10, 1981.

She leaves to mourn her death: four sons, M. G. and William of Denver, Colorado; Samuel, Jr. and Cecil of Dallas; three daughters, Mrs. Teller B. Cooks of St. Louis, Missouri; Mrs. Maggie Green and Mrs. Myra E. Miller of Slaton; a sister, Mrs. Ella M. Hendrix of Slaton, two sister-in-laws, Mrs. Luella Birmingham of Lubbock and Mrs. Henry Maxey of

Albuquerque, New Mexico; a brother-in-law, Henry Maxey of Albuquerque, New Mexico; forty-three grandchildren, two great-great-grandchildren, many other relatives and friends.

Pallbearers were Charles Davis, Isaiah Whaley, Lonnie Gray, Clarence Trotty, Michael Whaley and Sammie Gipson.

Mrs. Louise Fisher

Final rites were held at the Ivory Street Church of Christ, Slaton, Texas, for Mrs. Louise Fisher last Saturday with Verbal Evans, minister, officiating.

Interment was held in Englewood Cemetery under the direction of South Plains Funeral Home.

Mrs. Fisher was born to Mr. and Mrs. Ben Knox on October 7, 1911 in Dime Box, Texas.

She was a Slaton resident for thirty-five years.

Mrs. Fisher was a faithful member of the Ivory Street Church of Christ.

She passed away Tuesday, January 13, 1981.

Survivors include three brothers: Ben Knox, Jr. of Houston, Texas; Archie Knox of Hillsboro, Texas; and Robert Knox of Victoria, Texas; a sister, Mrs. Fannie Davis of Caldwell, Texas; other relatives and friends.

Pallbearers were Tyler Clemons, Edsel Clemons, Floyd Clemons, Taylor Clemons, Henry Clemons and Zell T. Parker.

WORDS OF LIFE

Biblical Inspiration For The Week

"Thou preparest a table before me in the presence of mine enemies."—Psalm 23:5

1. *The enemy of doubt.* The enemies that we have are real. They are never persons—they are ungodly tendencies and predispositions within us. There is, for example, the enemy of doubt. To doubt, in the final analysis, means to question God's ability. St. Paul said: "I can do all things through Christ, who strengthens me." We must never doubt. God will only the best for us. God's will overcomes the enemy of doubt."

2. *The enemy of inability.* This enemy goes hand in hand with the enemy of "lack of opportunity." Everyone has countless opportunities, each day. We must overcome the self-centeredness in us sufficiently to see beyond the tip of our nose, where oppor-

tunities really begin. God wants us all to prosper financially, to be in good physical health and to "be of good cheer," that is, to be happy. If we are not happy, then somehow we have missed out on the feast God has prepared for us in the presence of our old enemies.

3. *The enemy of criticism.* We simply cannot judge others. Our task is to love others. If we take the time to love, then there is no time left to criticize or ever discover excuses to criticize. Criticism breaks up homes needlessly. Criticism breaks up friendships. Criticism sours one's own disposition, makes us age prematurely—and wither on the vine. Praise, however, changes life for good.

Prayer Poem

So often—indeed, too often—we interpret the phrase of the psalmist "in the presence of mine enemies" as being humans. We have no human enemies. Our only real enemies are within. They are the enemies of fear and inability and the like. A.L. Waring in 1850 wrote of how by "In Heavenly Love Abiding" we could vanquish those enemies of the human spirit. We listen to the powerful words of this great poetic work.

*In heavenly love abiding,
No change my heart shall fear,
And safe is such confiding,
For nothing changes here.
The storm may roar without me,
My heart may low be laid
But God is round about me,
And can I be dismayed?*

*Wherever he may guide me,
No want shall turn me back;
My Shepherd is beside me,
And nothing can I lack.
His wisdom ever waketh,
His sight is never dim;
He knoweth the way he taketh,
And I will walk with him.*

Trust God! Live in Him! Then the need for criticism, doubt and fear will cease. God knows the way. Trust Him. Embrace Him fully every day.

Art Festival Needs Applicants

The Lubbock Arts Festival is currently soliciting applicants for performing artists. If you or your group is interested in performing at the May 1, 2, 3, "Celebration for the Arts," please contact the Arts Festival office at 763-4666 or P.O. Box 561, Lubbock 79408.

The Outreach Prayer Breakfast

Members of the Outreach Prayer Breakfast met last Saturday morning in the lovely home of Mrs. Mary Ward. Things are really happening at these meetings. "Try Jesus."

Opening scripture was Matthew 6. Leaders of the discussion were T. Ervin, C. Cage and E. Dinwatie. Mrs. Ward presided over the meeting.

Morning devotion consisted of a message by Mrs. Willie M. Washington. It was taken from John 3:14-16. The subject was: "Love Is."

Presiding over the devotion was Mrs. C. C. Peoples.

"For God so loved the world that he gave his only begotten son that whosoever believeth in him should not perish, but have everlasting life."

This was familiar scripture, but we wish you could have heard what this woman put into this common passage. It was like fire in our bones. She divided it with

"Love" made all the difference in the world. Mrs. Washington, you were super, terrific! We love you!

Thought of the day: "God loves you, in spite of." Think about it? A song was led by Mrs. M. Day. It was titled: "The Lord Will Make A Way." Mrs. Peoples led: "I Know It Was The Blood."

Breakfast was served and by this time, the group was full from the spiritual meal. Come on, you are welcome at anytime. Put a little sunshine in your life, try eating with friends.

Our guest list included: Rev. and Mrs. Tony Williams, Mrs. C. C. Peoples is back with us. Mrs. C. E. Fair is back after a short illness. You light up our lives, each of you. Come again.

Prayer request was made and answers to prayers. Do you have one?

Our sick list include: Mrs. Margie Smith, Verline Carroll, A. M. Washington, Little

DeVaughn, Mrs. Margaret Thurmond, Mr. Harry Bunton, Rev. R. D. Adams and Rev. S. R. Roberts.

Isiah 53:5: And with his stripes, we are healed. Believe it.

Morning prayer was offered by Rev. Tony Williams.

Prayer line numbers are the following. You may call anytime. 747-7326, 763-1333, 765-8623, 762-3347 and 765-6831.

Can any good come out of Nazareth?? Our next meeting will be in the home of Mr. and Mrs. Blackness, 3615 East 15th Place.

"Come and see!" Ground work for a children's outreach prayer program is on

the way. Mrs. Mary Ward, president; Mrs. C. E. Fair, vice president; Mrs. C. E. Brown, secretary; and Mrs. D. Hood, reporter.

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And let us consider one another as persons into love and good works, not forsaking the assembling of ourselves together, as the manner of some is: But exhort one another, and so much the more, so as to see the day approaching. Hebrews 10:24,25

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 Lubbock, Texas 79408
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 Call: (806) 762-3612

The KITCHEN BEAT

EAT WELL AND SENSIBLY—ON LESS FAT!

In today's Black American home, cooking is no longer the responsibility of one person. Because of busy and varied schedules, usually every member of the family at some time or another has to prepare personal meals or meals for other members of the family. The Kitchen Beat is designed to meet some needs of the various cooks in the modern black family.

With all the talk about good nutrition and the endless assortment of diets, it's no wonder that people are confused. One thing, however, is certain—you can help yourself to look and feel better with moderate eating habits and still enjoy the pleasures of good food.

Of the many nutrients which your body requires daily, fat is the most concentrated source of energy. It's generally agreed that many of us eat too much fat, especially saturated fat and cholesterol, yet it is comparatively painless to limit its intake. Follow these guidelines and see how easy it is. Eat more lean meat and chicken; cut down on butter and other whole milk products; use polyunsaturated vegetable oils for cooking; limit foods that are high in cholesterol, like liver and other organ meats and shellfish. Eat them—but in moderation.

Using lean cuts of beef is a good way to cut back on your fat intake. The round and flank cuts of beef are good choices. You should trim any excess fat from the meat before cooking. Apply the low-

oil, and if prepared in advance, it can be refrigerated. Once chilled, any hardened fat is easily skimmed right from the top.

BEEF AND VEGETABLE STEW
Recipe Courtesy: of Good Seasons Salad Dressing Mix Brands suggested by Kitchen Beat

- 2 pounds lean beef for stew, cut in cubes
- 4 tablespoons polyunsaturated vegetable oil
- 1/2 cup chopped onions
- 1/2 cup chopped green pepper
- 1/2 cup sliced celery
- 1/2 cup condensed beef broth
- 1/2 cup water
- 1 can (8 oz.) tomato sauce
- 1 envelope Italian salad dressing mix
- 4 small potatoes, pared and halved
- 6 medium carrots, pared and cut in chunks
- 4 small whole white onions, peeled
- 1 tablespoon all-purpose flour
- 2 tablespoons water

Trim excess fat from beef

cubes and brown, about one third at a time, in hot oil in a Dutch oven, removing browned meat from pan before adding more. Sauté onions, green pepper and celery in oil remaining in pan for about 5 minutes, or until tender. Return beef to pan. Add broth, 1/2 cup water, the tomato sauce and salad dressing mix. Bring to a boil. Reduce heat, cover and simmer 1 1/2 hours, stirring occasionally. Add potatoes, carrots and onions; simmer 1 hour longer, or until meat and vegetables are tender. Remove from heat; skim off any excess fat. Blend flour with 2 tablespoons water. Stir into beef mixture. Cover and simmer 10 minutes or until thickened. Makes 6 servings.

We believe that our readers will want to support those advertisers who support the press of Black America. We are sure, therefore, that when you select the ingredients for this flavorful stew, you will want to use:

Classifieds - Call 762-3612



Campbell's soup
Gold Medal all-purpose flour
Good Seasons Italian salad dressing mix
Hunt's tomato sauce
Mazola corn oil



SCHOOL MENUS

ELEMENTARY LUNCH

Monday, January 26

Hot Dog w/Chili
Au Gratin Potatoes
Spinach
Peanut-Raisin Candy
1/2 pt. Milk

Tuesday, January 27

Breaded Turkey Cutlet
Mashed Potatoes
Gravy
Green Beans
Hot Rolls - Butter
Jello w/Fruit
1/2 pt. Milk

Wednesday, January 28,

Cheese Enchiladas w/Chili
Shredded Lettuce

Spanish Rice
Cornbread - Butter
Apricot Cobbler
1/2 pt. Milk

Thursday, January 29

Hamburger on Bun
Pickles - Mustard
Toasted Salad - Dressing
French Fries
Cookie
1/2 pt. Milk

Friday, January 30

Batter Fried Fish w/Tartar Sauce
Cheese Wedge
English Peas
Cornbread - Butter
Pineapple
1/2 pt. Milk

SECONDARY CHOICE

Monday, January 26

Oven Fried Chicken
Mashed Potatoes
Gravy
Hot Rolls - Butter

Tuesday, January 27

Burrito w/Chili
Pinto Beans

Wednesday, January 28

Meat Loaf w/Gravy
Mashed Potatoes

Thursday, January 29

Macaroni & Cheese w/Ham
Whole Kernel Corn
Hot Rolls - Butter

Friday, January 30

Manager's Choice

BREAKFAST

Monday, January 26

Peaches
Boiled Eggs
Buttered Toast/Jelly
1/2 pt. Milk

Tuesday, January 27

Grape Juice
Cheese Toast
1/2 pt. Milk

Wednesday, January 28

Orange Juice
Donut

Thursday, January 29

Apple Juice
Cereal
Buttered Toast/Jelly
1/2 pt. Milk

Friday, January 30

Orange Juice
Pancake w/Hot Syrup
Little Smokies
1/2 pt. Milk

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<p>Ranch Style CHILI 19 Oz. 99¢</p>	<p>Jewel SHORTENING 42 Oz. \$1.29</p>	<p>Borden's ORANGE JUICE 1/2 Gallon \$1.39</p>
<p>White Swan Pink or Lemon Liquid DETERGENT 32 Oz. 59¢</p>	<p>Gladiola FLOUR 25 Lb. \$4.59</p>	<p>Super SUDS Giant \$1.09</p>
<p>Russet POTATOES 10 Lb. Bag \$1.99</p>	<p>Green ONIONS 2 for 39¢</p>	<p>Golden Delicious APPLES Lb. 39¢</p>
<p>AVOCADOS 4 for \$1.00</p>	<p>Texas ORANGES Lb. 29¢</p>	

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Clovis, New Mexico News

NAACP Holds Award Ceremony

The National Association for the Advancement of Colored People (NAACP), State of New Mexico holds its State Conference of Branch Workers Award Ceremony in Clovis, NM on January 10, 1981. The event was held at K-Bob's Steak House and hosted by the NAACP Clovis Branch.

Clovis' Outstanding Worker Award recipients for the year of 1980 were E. V. Hood, outgoing president of the local branch; Lorenzo

Williams, treasurer of local branch; and Jim Wilkerson, branch vice-president.

Mrs. Francis Hooper, Mrs. Florence Harvey and Mrs. Bobbie Wallace were cited for their outstanding work with the State Youth Group during the State Youth Sessions of the conference; Mrs. Grace Jones served as guest speaker.

Guest speaker for the State Conference of Branch Workers Award Ceremony was Charles

Becknell of Albuquerque, NM. Mr. Becknell is the Director of the Black Leadership Conference of New Mexico.

Also cited were State conferees, Marion Garrett and Willie Abbott. The two were awarded for exceptional service during the course of the state conference.

The NAACP Clovis Branch would like to thank the many, many people who helped make the affair outstanding.

Adult Learning Center Classes

The Adult Learning Center, 3rd Street & Ave. F, is continuing enrollment for the following new classes:

Office Occupations

(Typing, Dictaphone, Office Machines, Filing) - 7 wks - 60 hrs. MWF 9:00-12 Noon \$25.00

Conversational Spanish - 12 wks - 24 hrs. Tu 7:00-9:00 p.m. \$15.00

Advanced Typing

Starting January 26 - 12 wks - 60 hrs. M & W 6:45 - 9:15 p.m. \$25.00

The Adult Learning Center is open from 8-4 p.m., Monday thru Friday, and from 6:30-9:30 p.m., Monday thru Thursday. For further information concerning these classes, please call 765-9338 or come to the Adult Learning Center, 3rd St. & Ave. F.

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By M.A. PEITI, M.D.

When you first go on a low salt diet, everything tastes the same - like cardboard. But don't despair! If you stay on the diet your taste buds will eventually begin to taste the food instead of the salt, and then you won't miss it.



RUBY JAY'S CORNER

Well, we got some more snow and cold weather last Sunday. With this weather like it is, we should be extremely careful with taking good care of ourselves.

Services were poorly attended last Sunday morning at New Hope Baptist Church. The Chancel Choir, however, was at its post of duty. Rev. Minute brought a fine message. His scripture was taken from II Kings 5:10. His subject was: "Go Wash Yourself."

New Hope was invited to three churches last Sunday. The snow was a good excuse for some.

Sorors of the Lubbock Alumnae Chapter of Delta Sigma Theta Sorority attended church services at Bethel African Methodist Episcopal

Church last Sunday morning. They were accompanied by some of the young men who will be in the "Mc. Esquire" affair later this spring. Mrs. Gwen Titus, president of the local chapter, gave brief remarks.

There is still a great deal of sickness among our residents.

We extend our Christian sympathy and prayers to the Sidney Hall family in the loss of their son and brother, Edrhudson Hall who died last week after an auto accident here.

Let us not forget to visit those who are sick among us. Among them are Mrs. Lillie Cork who is confined to her bed at home. Her doctor wants her to get plenty of rest.

Dr. R. A. Pillow is a patient at the Veterans Administration Hospital in Albuquerque, New Mexico.

Mrs. Ruby Hollis and Mrs. Mamie Daniel

attended their sister's funeral last Saturday in Timpson, Texas. Other relatives who attended were Mrs. Mary Roberts, Louise West and Kenneth, the Oaby family, the Coleman family and the McDade family.

Mrs. W. H. Stephens is patient at the Parkway Manor Convalescent Home. Mrs. Doris Ragland is shut in at her home.

Mrs. Lurlean Gardner is home recuperating nicely.

Mr. John Cox is a resident at Lubbock Hospitality Home.

Mrs. Susie Johnson, mother of Mrs. Emma Sanders, is a patient at Methodist Hospital.

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Laugh Out

"Where have you been?" inquired the boss. "Getting a haircut," replied the workman.

"Well you can't do it on my time," said the boss.

"Why not? It grew on your time," replied the workman.

Woodrow Wilson. Ragtime. The Great Houdini. The year is 1913 and a new Bell telephone begins ringing throughout the land. Ah, those were the days...

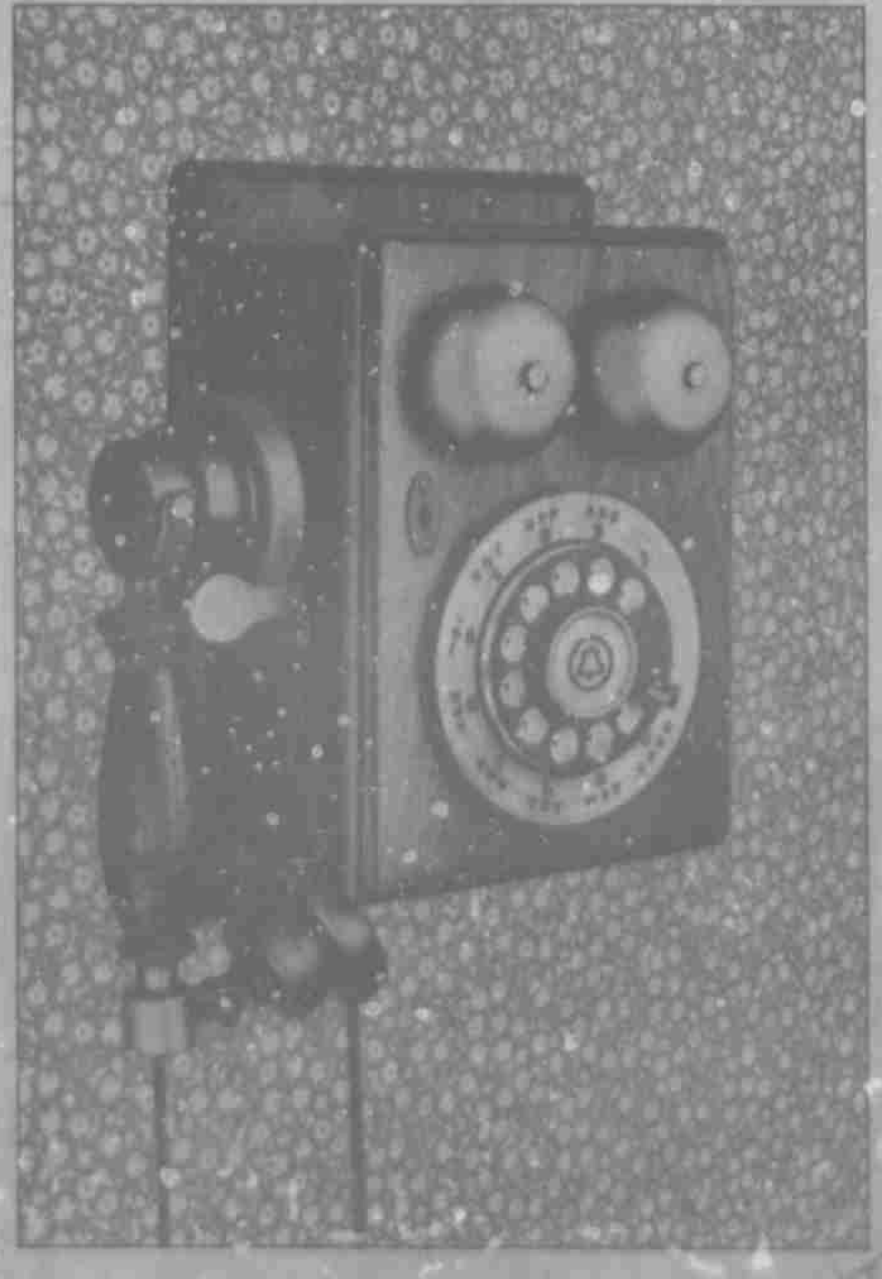
Now you can relive those days with Southwestern Bell's new Country Junction* telephone - a happy blend of yesterday's spirit with today's technology.

Lovingly handcrafted in natural oak and antiqued nickel trim, the Country Junction phone is a classic that blends with period settings and makes an attractive statement with the crisp, cool lines of contemporary taste.

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