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The Hereford Brand

Tuesday Nov. 24, 1987

★ Hustlin' Hereford, home of Alva Lee Peeler

87th Year, No. 101, Deaf Smith County, Hereford, Tx.

12 Pages

25 Cents

Policeman charged with killing

A former Hereford police lieutenant has been charged with murder in the shooting death of his former wife west of Umbarger Sunday evening.

Mary Ramirez, a school counselor at Stanton Junior High, was shot to death shortly before 6 p.m. Sunday at a roadside park alongside U.S. 60 about three miles west of Umbarger, about 20 miles east of Hereford. She had been shot four times, at close range, in the face and neck.

A passing motorist who notified police of the incident said Paul Ramirez was standing outside of his car waving a handgun.

Her former husband, Paul Ramirez, 44, a 16-year Hereford police officer and an unsuccessful candidate for Deaf Smith County sheriff in the 1982 election who had been working as a deputy in the Potter County Sheriff's Office in Amarillo, was later stopped about 15 miles east of the shooting site after a high-speed chase along Interstate 27 between Canyon and Amarillo.

When Ramirez was stopped, he was bleeding from two wounds, believed to have been self-inflicted from a small-caliber handgun. Ramirez is being treated for gunshot wounds to the face and knee at Amarillo's Northwest Texas Hospital.

At about 6:15 p.m. Sunday, officers stopped Paul Ramirez, who was driving a late-model Ford, on Interstate 27 about four miles north of Canyon. Officers said Ramirez made several "threatening gestures" to them, then climbed back into his car and took off at a high rate of speed.

Ramirez' car was stopped about five miles further north, near the Hollywood Road exit. Officers said two of the tires on Ramirez' car had been flattened by gunfire from pursuing officers.

According to officers, Ramirez got out of the car and held a handgun to his head, threatening to shoot himself. He was disarmed without incident and taken to N.W.T.H.

★★★

Rosary will be said at 8 p.m. today at Foskey-Fleming Funeral Home in (See RAMIREZ, Page 2)



MARY RAMIREZ

PCBAN Amarillo rally called success

By JOHN BROOKS
Managing Editor

Over 3,000 Panhandle-area residents attended an old-fashioned, political convention-style rally Monday at the Amarillo Civic Center sponsored by Panhandle Citizens for a Better Amarillo Newspaper (PCBAN).

PCBAN is a group of area residents formed after an eight-day, 38-story series in the Amarillo Globe-News entitled "Hereford and the Hispanics"—"an eight-day long character assassination of Hereford," according to Deaf Smith County Chamber of Commerce President Mike Bowles.

The rally featured the Hereford Chamber Singers, hot dogs and soft drinks, flag waving, placard hoisting, and speeches demanding changes at and an apology from the Globe-News.

Missing from the speeches were demands that Billy Morris, owner of privately-held Morris Communication of Atlanta and owner of the Globe-News, sell the newspaper to a local person or group.

Present throughout the speeches were pleas for less "negativism" in the reporting done by the paper, and pleas for more participation in the community and common goals.

The rally was spawned by widespread disenchantment with the Amarillo newspaper (one of two regional newspapers, both owned by Morris, available in Hereford) in Hereford after the eight-day series that focused on a 1985 drug bust in Hereford.

The disenchantment soon spread throughout the Panhandle. Persons identifying themselves as being from Pampa, Borger, Dumas, Canyon, Amarillo and Hereford were at the rally.

"The rally was better than expected," said Hereford Mayor Wes Fisher, a member of the PCBAN executive committee. "It was outstanding. You could feel the electricity in the air."

"I was really pleased with the turnout by the people of Hereford, and our Chamber Singers did their usual outstanding job."

"I was very pleased with the turnout in general," said Deaf Smith Chamber of Commerce Executive Vice President Mike Carr. "and an excellent turnout from Hereford. I was glad we could share some of Hereford's positive aspects."

Bowles told the crowd, which included



Area residents wave flags, placards at PCBAN rally Monday at the Amarillo Civic Center.

area media including several Globe-News writers and photographers and reporters from Chicago, Dallas and Houston, that the Chamber had gotten wind that Hereford was "going to get some cheap shots" in a series that was promoted on the front page of the Globe-News for a week before starting a month ago.

"We talked to General Manager Jerry Huff (who left the newspaper last week on a "temporary leave of absence" to head up Morris Communications' coverage of the 1988 presidential race) and the man who runs the editorial page (Phil Fretz)," Bowles said. "We didn't get far."

"The general manager of the Amarillo paper feels that drug dealers are guilty of misdemeanors. He said that our judicial system and law enforcement agencies

were prejudicial and brutal in our handling of drug dealers in Hereford.

"These (convicted) people have won no appeals of their convictions or their sentences."

"I guarantee you those are not misdemeanors in Amarillo, Dumas or Spearman, but (Huff) feels they are."

"We need to build up this territory and region, and stop all of this negativism. Hereford loves Amarillo, and we invite you to come to Hereford and be part of our community just as we are a part of yours."

PCBAN Chairman Paul Engler of Dumas said the Globe-News was a "national example of shabby journalism," pointing to a story on Morris done by freelance writer Michael Reynolds for Jacksonville Today.

Engler, who said "I'm no newspaperman," said he read several "national newspapers daily, and it's not hard to see this (Amarillo) paper's poor quality and slant towards sensationalism."

"The Globe-News fails to see both sides and has blatant inaccuracies on occasion."

Engler said "problems with the Globe-News" could be rectified with a seven-point plan:

-Dedication and honest commitment to journalistic excellence;

-The community of Hereford deserves a serious apology;

-Open dialogue with Globe-News management;

-An advisory board, to advise the paper of problems it sees with the paper, and to write an editorial once a month detailing the paper's progress or lack of progress;

-An independent survey of the paper's readers on how the Globe-News can best

serve them;

"The paper's top management should hold meetings with Panhandle community leaders to find out their concerns and to familiarize reporters with the attributes and culture of those communities;

"A firm commitment from the Globe-News that it will act in good faith and publish a newspaper that is of the highest quality."

In today's Amarillo Daily News, Morris group manager Carl Cannon, who is filling Huff's role at the paper, responded to some of the PCBAN demands.

"We are sensitive to the needs of our readers and, in this regard, five community leaders last week agreed to appoint interested Panhandle residents to participate in an Editors' Forum at which concerns of our readers will be addressed.

"There has been—and will continue to be—an opportunity in our Opinion-Editorial section for input from interested individuals and groups. Those involved in the Editors' Forum also will have this opportunity to address community concerns and needs."

Cannon said the paper had commissioned a study of its readers on Sept. 1 and that the paper was "committed to quality community journalism." Cannon said the paper has "always acted in good faith in dealing with Panhandle groups and individuals and will continue to do so."

And, as far as "a serious apology to Hereford" goes, Cannon said, "To the concerned people of Hereford, we are sorry that you were offended by the recent stories published by the Globe-News.

(See PCBAN, Page 2)



Chamber President Mike Bowles brandishes an "example of bad

journalism" from Monday's Daily News at Monday's rally.

Local Roundup

Woman injured in fire

A woman was injured when a gas stove in her home, located at 839 Blevins, blew up, on Monday. The woman, Adriana Hernandez, was taken to Deaf Smith General Hospital where she was treated for heat damage to her face and eyes, according to police reports.

Six arrests were made over the weekend and on Monday. Public intoxication arrests were made against a 61-year-old male and a 22-year-old male. A 41-year-old male and a 26-year-old male were arrested and charged with driving while intoxicated. Another 26-year-old male was arrested for second offense of no liability insurance, expired drivers license and running a stop sign, and a 20-year-old male was arrested for driving while his license is suspended.

No injuries were sustained in three minor accidents; however, the fire department responded to a major accident, with reported injuries, northeast of Hereford. Twenty-six citations were issued.

Assaults were reported in the parking lot of a convenience store, in the 200 block of West Fourth and in the 400 block of North 25 Mile Ave.

Officers were called to handle civil disputes in the 200 block of Vera Cruz, 800 block of East Third, 100 block of Beach, 900 block of Sioux and in the 700 block of Ave. H where a juvenile runaway was reported.

Weather

Tonight should be partly cloudy and colder with a low near 25. North wind will be 10 to 20 mph.

Wednesday will be partly cloudy and cool, with a high of 48. Northeast wind will be 5 to 15 mph.

The outlook for Thanksgiving Day is for a chance of rain, possibly mixed with snow. The low will be 25 and the high 52.

This morning's low at KPAN was 43 after a high Monday of 62.

County renews PRPC membership

Renewal of membership in the Panhandle Regional Planning Commission, with a price tag of \$1,375.73, was approved by Deaf Smith County Commissioners Monday.

Commissioners also approved a plan to alter existing county equipment to handle the pick-up and delivery of products in the commodities program and agreed to advertising for bids for auto, TMP blanket and fire insurance. The current insurance expires in February and bids will be opened during the first commissioner meeting in January.

Fire Marshal Jay Spain presented the first reading of a revised emergency management plan. The last revision of the plan was completed in 1973.

Commissioners considered and tabled matters concerning a lawyers' conference room in the court house, a cafeteria compensation benefits plan for employees, alterations in the county purchasing policy and payment of insurance deductible for a claim from the District Clerk's office.

County Judge Tom Simons called the meeting in recess until 8 a.m. Wednesday so that an opinion from the Attorney General's office could be sought on a matter concerning the continued employment of two personnel in the Sheriff's department who plan to marry. The concern was in relation to violation of county personnel policy and state law regarding nepotism.

Brand to combine issues

The Hereford Brand will not publish a paper on Thursday, due to the Thanksgiving Holiday.

The Brand will publish a combined Wednesday-Thursday issue on Wednesday and resume the regular schedule Friday. Deadlines for copy and advertisements will change slightly for Friday. Display ads for Friday should be ordered by noon Wednesday. Classified ads for Friday will be taken until 9 a.m. that day.

Thanksgiving is one of four holidays observed by The Brand. The others are Christmas Day, New Year's Day, and July 4th.

Deadline near for CSF applications

The application deadline for the 1987 Christmas Stocking Fund is rapidly approaching.

Applications for assistance from CSF, a non-profit organization, will end Friday, Dec. 4, except in extenuating emergencies. Individuals filing for CSF assistance must do so in person at the county Red Cross offices, 224 South Main.

Suitable proof of county residence will be required at the time of application. Such proof includes a driver's license, tax receipt, utility bill or some item which shows the individual's local address that comes from some source other than the individual's own handwriting.

The county Red Cross provides office space and accepts applications for assistance from CSF during its regular office hours.

The local Red Cross office points out that applications are also currently being taken for the Christmas Toys assistance program, administered by the agency. Those applications also need to be made at the Red Cross offices.

CSF is not affiliated with any other organization, and is administered by



a committee of 15 anonymous individuals who represent a broad cross-section of the community.

The sole purpose of CSF is to help alleviate some of the hunger and need facing the community's less fortunate during the holiday season.

While CSF strives to help as many needy residents as possible, within the limits of its budget, those budget limitations mean that an application for assistance does not guarantee that it will be received.

Collection of donations to CSF begins later this week. The Hereford Brand serves as collection agent and will publish listings of contributors.

Page Two

PCBAN

However, we felt then, as now, that the stories needed to be told and we had a journalistic responsibility to do so."

Other speakers, including Amarilloans Wales Madden Jr., and Ann Whittenburg, a member of the family that sold the Globe-News to the Morris chain in 1972, detailed concerns they had.

Madden reminded the crowd that PCBAN was not out to restrict the First Amendment rights of the paper, but reminded the Globe-News that "news can be written with either a positive attitude or a negative attitude. News shouldn't be buried, and it doesn't need to be sensationalized."

"It is not the role of a newspaper to distort or to create issues."

Fisher said PCBAN's work "is not through with this rally. We're in for a long-term fight if necessary. We hope to meet with Billy Morris in the near future, and I hope we can get something accomplished."

"At the least, Hereford needs some kind of apology. We would hope we would get one."



PETE LAFUENTE, JR., former president of Concerned Citizens, and daughter, **VANESSA MARQUEZ,** at PCBAN Rally.

Santa Claus' southern cousin in middle of GI spat

SAN ANTONIO, Texas (AP) — Pancho Claus, Santa's legendary cousin from south of the border, is about to land in the middle of a yuletide feud.

The fracas is between two factions of the local American GI Forum, the benevolent Hispanic veterans organization that has been raising funds with Pancho Claus' help to make Christmas a little brighter for the city's poor children.

The latest battle over rights to have a parade in Pancho Claus name started in August, when exiled GI Forum members filed a \$2 million lawsuit against the organization, claiming illegal regional elections were held so a faction could win control of lucrative state and city-funded programs.

The war now has come to a head — one organization has city permission to have a Pancho Claus parade this Saturday, and another group is asking the city for a permit to have another parade Dec. 12.

Those planning the Dec. 12 parade Monday filed a lawsuit in state district court Monday asking for a temporary restraining order to stop the sponsors of Saturday's parade from using Pancho Claus as its theme.

At stake, though, is more than a name and a legend. Those on both sides of the fight say the Pancho Claus name means thousands of dollars in donations for those who collect the money to distribute food and toys to the city's poor.

"But who ultimately loses are the children and their families which the donations are supposed to be going

to," Ted Lee, the attorney representing the GI Forum, told the San Antonio Light.

In August, Daniel Ramos, Jesse Oviedo and other plaintiffs — all members of the Central Men's GI Forum chapter — filed suit against the American GI Forum of Texas and its regional and state leadership, asking for \$2 million in damages they say they suffered by being kicked out of the organization.

That suit centers on the 1986 elections of the GI Forum's regional officers in which two other GI Forum chapters — the Miguel Hernandez Men's and Alamo Men's — gained control from the Central Men's chapter of the veteran outreach program and Project SER, a jobs training and placement assistance program, both of which receive state and city funds.

In losing control of those programs and the Pancho Claus project, the Central Men's chapter protested to the Forum's state leadership, but the Central Men's leaders were ousted from the organization, Ramos and co-plaintiffs charge.

They then filed the lawsuit claiming the \$2 million in damages and that the disenfranchisement of the Central Men's chapter is null and void. No action has been taken or court date set in that lawsuit.

But a second fight over rights to the Pancho Claus name and story erupted when Ramos and the Central Men's chapter, which no longer is sanctioned by the Forum, won the support of Lou Rojas, the man who claims to own a copyright of the Pancho Claus name and legend.

In the lawsuit filed Monday, Rojas claims he was granted a copyright in June 1985 protecting a book he wrote called "The Legend of Pancho Claus."

But Mike Hernandez of the Miguel Hernandez chapter and a member of the Pancho Claus board that is having the parade Saturday, said Rojas never heard of Pancho Claus until Raul Sanchez brought the idea to San Antonio from Lubbock.

Sanchez has been playing the role of Pancho Claus since it began in San Antonio five years ago and plans to participate in Saturday's parade.

"For Lou Rojas to say he created Pancho Claus is a bunch of bull," Hernandez said.

Hernandez claims Rojas only created a Pancho Claus coloring book. Lee said Rojas owns a copyright only for the coloring book.

Security beefed up at Houston detention centers

HOUSTON (AP) — Federal officials in Houston are beefing up security and postponing all visits to four area detention centers housing Cuban inmates in an effort to prevent riots like those in Louisiana and Georgia.

U.S. Immigration and Naturalization Service officers on leave were told to remain in the Houston area and vacations were suspended. In addition, riot gear — shields, batons and helmets with faceguards — were

Debe Graves finds out

What Hereford ralliers think about G-N series



BARBARA KERR

"There are a lot of good stories to be written about the people in Hereford. For example Anglos and Hispanics helping each other in organizations such as Big Brothers-Big Sisters and Girl Scouts. I know of a group of teachers who are taking turns doing laundry for a Hispanic student so she will have clean clothes to wear to school, that is what should be written about."



DELBERT BAINUM

"The stories were distorted and one-sided. They were slanted, in a derogatory, manner against the people of Hereford."



JO CHAREST

"Everything about the stories—from the schools, to the justice system, to the water department in the labor camp—was unfounded and untrue. If those people (arrested in the drug bust) would get out and work they wouldn't have time to get in trouble."



VERLEA BAINUM

"I felt like the stories were not right and I just didn't like what they said."



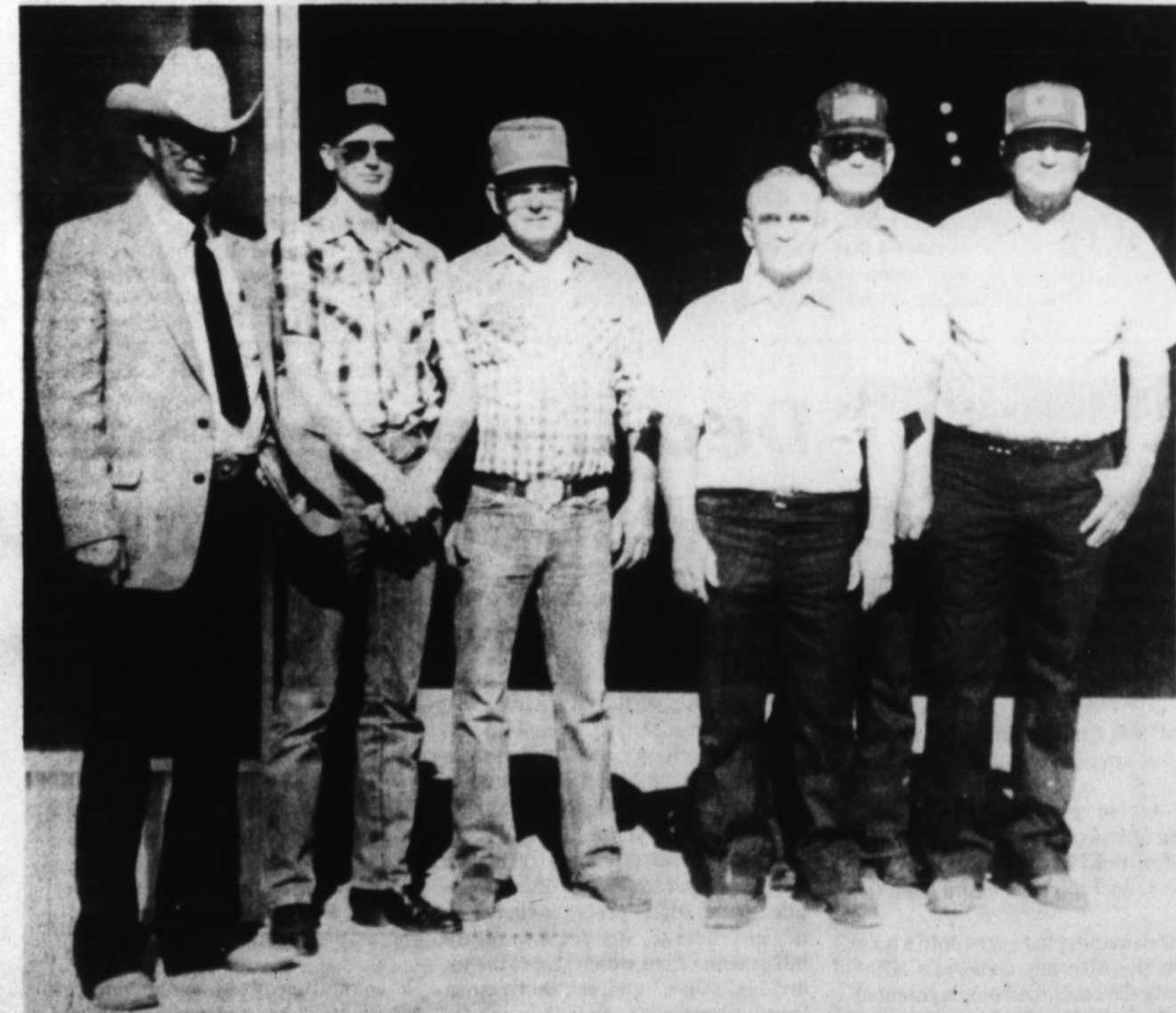
MARTHA SOLIZ

"The stories were one-sided, they didn't ever get opinions from the other side of the Hispanic community. There are many hard-working Hispanics, in Hereford, who have things because they set goals for themselves. As for the drug bust, a crime is a crime and you have to be punished for what you do."



DAVID RETTMAN

"I was disturbed by the Amarillo articles. I felt like they were a slur and a smear on the Hereford community as a whole. Even the valid points were distorted way out of line. Their intent seemed to be to agitate more than to initiate any changes."



Open House

The Road and Bridge crew of Precinct Four hosted a luncheon on Monday to officially open the new addition to the precinct barn. Seen, left to right, are: Commissioner Johnny Latham, Greg Conn, Dennis Shaw, Leroy Edwards, Roy Greer and Tex McKnight. The men constructed the building when weather prohibited them from working on precinct roads. Construction costs totaled \$11,500,

an estimated savings of \$32,000 if the construction were contracted. During the open house, Oldham County Extension Agent Jimmy Walker presented a slide show concerning the progressive design of a solar heating system crew members built into the barn. Due to the system, heating costs for the barn are expected to run \$15 a month or \$80 a winter.

RAMIREZ

Dimmitt with Estella Mendez officiating.

Funeral mass will be said at 2 p.m. Wednesday at Immaculate Conception Catholic Church in Dimmitt with Father Norbert Choong, administrator, officiating. Burial will follow in Castro Memorial Gardens.

Mrs. Ramirez was born Aug. 28, 1943 in Las Vegas, N.M. She was a guidance counselor for the Hereford schools.

Survivors include two daughters, Annie Cox of Amarillo and Julie Ramirez of Hereford; four sons, Jessie and Michael Martinez of Dallas and Paul and Joseph Ramirez of Hereford; her mother, Ann Crespin of Dimmitt; five sisters, Nora Moore of Texico, N.M., Helen Sanchez of Hereford, and Rose Crespin, Vitalia Sandoval, and Donna King, all of Dimmitt; five brothers, Louis Crespin and Al Crespin of Lamar, Colo., Flabio Crespin Jr., of Laredo, and Robert Crespin and Johnny Crespin, both of Garden City, Kan.

A memorial fund has been established for the children at Hereford's First National Bank and the Hereford State Bank.

Hospital Notes

Elvira Cano, Joe Diaz, Rita Garza, Boy Garza, Dionicio Gomez, Marian Goodin, Grayce Gray, Mary Lee Hunter, Boy Hunter, Elizabeth Hutchinson, Guadalupe Maria Ibarra, B.H. Kirby, Pauline Lady, Atancio Mancillas, Jennifer Marry; Laurie Martinez, Girl Martinez, Jewell May, Cindy Meiwes, Margie Neill, Manuel Ramirez, Martina Ramos, Virginia Rendon, Abel Rodriguez, Jose Ruiz, Anna Marie Vela, Boy Vela, Deborah Warner, Girl Warner, Nathan Wilhelm, and Carroll Whiteside.

New Arrivals

Mr. and Mrs. Jose Martinez are the parents of a daughter, Adriana, born Nov. 19, 1987.

Mr. and Mrs. Gary Hunter are the parents of a son, Sean Ryan, born Nov. 22, 1987.

Mr. and Mrs. Michael Warner are the parents of a daughter, Amanda Kay, born Nov. 22, 1987.



LAJEANE HENRY

"The stories were unfair and slanted in that they didn't give both sides... I feel we do what we can to correct the problems we have."



SAM NUNNALLY

"I'm the one who suggested we get the mayors together. As the supreme court justice said, 'I can't describe pornography, but I know it when I see it.'"

The Hereford Brand

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G.G. Nieman Publisher
John Brooks Managing Editor
Mauri Montgomery Advertising Mgr.
Charlene Brownlow Circulation Mgr.

Lifestyles

Municipal government discussed

The members of Hereford Young Homemakers recently met in the Reddy Room of Southwestern Public Service.

Special guest Darwin McGill, city manager, presented an informative program on municipal government. After a question and answer session, Melinda Henson presented a gift box of Wishes' homemade fudge as a thank you to McGill.

A regular meeting was called to order by President Dalene Burns and the roll and minutes were read by

secretary Andi Hudgens. A treasurer's report was given by Gene Ann Marasco.

Members discussed completing the Christmas Village that belongs to Sugarland Mall. They will set up Wednesday at 7:30 p.m.

Comments were made on the success of the Halloween parties that were held for members' children and later that evening for the adults. A work night was planned to bake cookies for Park Avenue Florist

Christmas open house. Members also discussed Thanksgiving care baskets which will be delivered this evening.

Members were reminded that at the next meeting secret pal Christmas gifts will be exchanged. That meeting is planned for Dec. 8 at 7:30 p.m. in the home of Linda Arellano.

Members present at the meeting were: Henson, Marasco, Hudgens, Burns, Teresa Peiffer, Barbara Cochran, Cathy Smith, chapter little sis, and Mrs. M.T. Burelsmith, advisor.

For additional information contact Dalene Burns at 364-1374 or 364-0891.

Brockman presents program

Members of Bud To Blossom Garden Club met Thursday at the National Cowgirl Hall of Fame and Western Heritage Center to hear guest speaker James Brockman talk on soil analysis.

Brockman is employed by Tide and holds a master's degree in plant science.

The conservation series was presented by Naomi Hare. Entitled "Till It Like It Is", the article contained useful information on mulching.

Four garden club members attended the recent zone meeting in Tulia. Patricia Robinson gave highlights of the day's meetings and activities.

Members made plans to attend the "Festival of Trees" at the Amarillo Garden Center and to furnish cookies for the Hereford Day Care Center for

Christmas.

Those present included Wilma Bryan, Phyllis Brown, Kathleen Brockman, Jane White, and Naomi Hare.

Austrian composer Hugo Wolf was born in 1860.



Order Of The Rose Conferred

Local Beta Sigma Phi Sorority chapters convened Tuesday night at the Community Center for rituals. Participating in the Order of the Rose ritual from Alpha Alpha

Chapter were, from left, Lily Shipman, Jean Holbert, Alene Tindal, Karren Ruland, and Barbara Burkhalter.

Program planned Sunday

The "Young at Heart" choir from Senior Citizens Association will open the Christmas season at 7 p.m. Sunday, Nov. 29, by singing "Night of Wonder", the Christmas Story in songs, carols and scripture, written and arranged by Joe E. Parks.

Directed by Jeff Love, minister of music at the Church of the Nazarene, the first performance will be at the

Trinity Baptist Church, S. Hwy. 385 and Columbia Drive. The public is invited to attend.



The largest eyes of all land animals are those of the horse and ostrich—about one and a half times the size of the human eyes.

Science fiction?
According to the Omni Space Almanac, in A.D. 160 the Greek Lucian wrote a satire entitled "Vera Historia" (True History), in which a ship is lifted to the moon by a powerful whirlwind. The author describes the mysterious celestial place as a "great countrie in the aire, like a shining island."

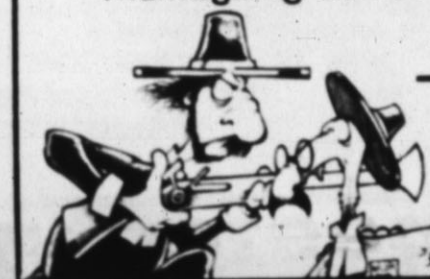
The One to See:
JERRY SHIPMAN, CLU
801 North Main Street
Off.: 364-3161
State Farm Insurance Companies
Home Offices: Bloomington, Illinois

Impeachment proceedings against President Andrew Johnson began in the U.S. Senate March 13, 1868.

D & R Auto Parts

212 N. 25 Mile Ave.

We will be closed Thursday for Thanksgiving and re-open for business on Monday, Nov. 30th!



Have A Nice Thanksgiving!

We have opened our doors in Amarillo and hope to make Hudson's a special place for you to shop.



Quality clothing and a quality staff, let us work for you.

Ralph Lauren Shirt
Kenneth Gordon Sweater Vest
Pinpoint Oxford Blouse

We Agree With You, Hereford.



Doesn't It Feel Good... To Feel Good About Your Clothes?

Grand Opening

2819 Civic Circle • 9:30 - 6 p.m. Mon. - Sat.

Wishing You A Happy Holiday Season!

Prices Good Thru Nov. 22nd - Dec. 5th

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220 N. 25 Mile Ave.

Hereford, Tx. 79045

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We Accept Orders By Phone

We appreciate your business and opportunity to serve you.

Holiday FAVORITES

Smoked Turkey 12 - 14 lb. **\$15.95**

Smoked Wright Ham Dry Cure Bone in Ham **\$1.79 LB.**

Wright Smoked Slab Bacon Thick or Thin **\$1.39 LB.**

Chicken Strips 3 lb. Box Reg. \$11.99 **NOW \$10**

Ground Beef in 1 lb. packages 20 Lbs. for **\$25.80**

Peyton Bolonga **\$1.29 LB.**

Patties 24 count and 30 count Reg. \$9.95 **NOW \$8.95** 6 lb. Box

Polish Sausages 5 lb. Bag **\$9.95**

Buy in Quantity & Save! Coke 16 Oz. 6 Pack **\$1.98**

Tomatoes **49¢ LB.** Lettuce **98¢ Head**

1/2 Beef **\$1.29 LB.**
Front Qt. **\$1.29 LB.**
Hind Qt. **\$1.35 LB.**

Closed November 26th in observance of Thanksgiving. We'll reopen for regular business Friday, November 27th.

OPEN: Mon. - Sat. 8:30 - 7:00

BUY IN QUANTITY AND SAVE!
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Bride-elect Honored

Sandy Brownlow, bride-elect of John Josserand, was honored with a bridal shower Saturday morning at the Cowgirl Hall of Fame and Western Heritage

Center. The honoree greeted guests with her mother, Rose Brownlow, and the prospective bridegroom's mother, Nancy Josserand, at right.

Ann Landers

DEAR ANN LANDERS: I appreciate your letting me see some of the letters from readers who take issue with my answer about the quality of recirculated air on commercial aircraft.

U.S. commercial airlines carry about 400 million passengers a year. My airline alone has 2,000 flights a day, using 400 aircraft. With that many people flying that often, I suppose we could debate this subject forever.

I can't speak for other airlines, but at American, the air is treated and recirculated and studies show that it is at least as clean as air in a restaurant or any other public place.

Air inside an airplane isn't perfect, but we and aircraft manufacturers are doing our best to protect the health and comfort of our passengers. After all, it's in our own best interest to keep our customers comfortable and safe. —R.L. Crandall, chairman and president, American Airlines

DEAR MR. CRANDALL: The mail on this subject has been incredible. My desk couldn't handle it. We now have bundles on the windowsills. Here is a sample:

DEAR ANN LANDERS: The National Academy of Sciences recently found that airlines are reducing fresh air to conserve fuel and that "smoke and other contaminants in the cabin environment frequently cause dry nasal passages, headaches and other discomforts and are potential hazards to the health of airline crews and passengers."

The academy cited one case where 72 percent of the passengers probably caught the flu from one sick person during a ground delay and made recommendations to prevent viral contamination, such as increased ventilation on crowded aircraft and the use of special recirculation filters.

As the nation's largest flight attendant union, we believe passengers made sick on planes deserve clean air, not hot air, from airline officials—Susan Bianchi Sand, president, Association of Flight Attendants

DEAR ANN LANDERS: When I read the letter from "Constant Reader" about respiratory infections on airplanes I had to write.

My daughter is a flight attendant with a major airline. She frequently suffers from respiratory infections after long flights. Recently, she mentioned this to a pilot friend and was told that they routinely limit the use of air ventilation equipment to cut costs.

Since the airline doesn't care about its passengers, it should at least try to keep its employees healthy. Please don't use my name or town. My daughter needs her job.—Concerned Mom

DEAR ANN LANDERS: As an airline pilot with a major U.S. airline who has had 35 years experience, including over 15,000 hours in high-altitude jet aircraft, I feel qualified to get into the stale-air conflict raging in your column.

Your source, Mr. R.L. Crandall, president of American Airlines, is absolutely correct about the exchange of air in the cabin. In fact, the time it takes to recirculate is less than every two minutes. The

mechanism (actually there are two) is called an air-conditioning pack and is used to provide fresh, air-conditioned, pressurized air to the flight deck and passenger cabin. The packs are complicated in their design and function but nevertheless extremely reliable and efficient.

I hope my letter will put this chestnut to bed. I read your column daily and you seldom err. In this instance, you were right on target. I too believe that "Constant Reader" picked up a bug while on vacation. I'm a — Pilot in Connecticut

Are you struggling with decisions about sex and needing more information to help you make them? Ann Landers' newly revised booklet, "Sex and the Teenager," can be like talking to a good friend. To receive a copy, send \$2.50 plus a self-addressed, stamped No. 10 envelope (39 cents postage) to Ann Landers, P.O. Box 11562, Chicago, Ill. 60611-0562.

Nancy Garza & Sally Garza

Both of your efforts on the Hereford High School's Cross Country Team is outstanding.

We Are Proud Of You!

Love, Jose, Cecilia, Priscilla, Emmy, Joey, & Johnny

OOPS!

We Goofed

The Dairy Queen circular which appeared in the Sunday, November 22nd edition of the Hereford Brand was inadvertently inserted a week earlier than scheduled. Eventhough Dairy Queen has agreed to honor the coupons appearing in the circular, we regret the error.

Hints From Heloise

DEAR HELOISE:

Here is a hint that I enjoy very much. I have four grown children and all of them have families of their own.

For one of their little extras at Christmas, I record everyone's birthday or anniversary on a different calendar. One family likes cats, one dogs, and the other two like scenes. So I buy calendars with pictures they like.

I can pretty well please each family with a helpful little remembrance under the tree. — Norma Odum, Red Springs, N.C.

I am sure your children appreciate your gift very much. What a thoughtful mother you are! — Heloise

HELPFUL MAGNET

Dear Heloise: I glued a magnet on the end of my dust mop. You just can't believe how helpful this is. I use it to reach metal objects that have fallen into small corners or even behind the fridge or washer.

It sure saves me from stooping. — Elsie Benton, Indianapolis, Ind.

BATHTUB RINGS

Dear Heloise: My most dreaded job is the ever-present bathtub ring. Since my bathtub is made of fiberglass, I don't use any abrasive cleaner on it.

I find that even if I use a tub and tile cleaner, I still have to scrub very hard. The solution is to scrub with nylon net.

It works wonderfully. No hard scrubbing and a clean tub! — A Reader, Buena Vista, Colo.

Please be sure you only use a non-abrasive cleaner. You don't want to scratch the surface because it will never shine again. — Heloise

BREAD SLICES

Dear Heloise: Many single people can't use a whole loaf of bread before it gets hard or stale.

I separate a fresh loaf and place four or five slices in as many small plastic freezer bags as needed. I freeze them until I want to use a bag. — Anna M. Weber, Tampa, Fla.

BUTTONS

Dear Heloise: When I sew buttons on my children's clothing, I use a little trick to make them stay on longer. I add a second small button on the other side of the cloth and sew through both the buttons.

This really helps lessen my sewing load. Hardly ever do I end up sewing these again. — Harriet, Baton Rouge, La.

CANDLES

Dear Heloise: I had lots of little pieces from candles all over the house and couldn't for the life of me find a constructive use for them. A friend suggested this hint and it is too good not to pass along.

Using a metal coffee can or old pan, carefully melt the odds and ends down over low heat. Add some spice to the liquid wax, like a few cloves.

Pour this mixture into a colorful mold after adding a wick. It can be used for an air freshener in the bathroom or wherever you need it.

They are easy to make and so attractive and sweet-smelling! — Denise Logan, Boise, Idaho

Just be careful when melting and pouring the wax and be sure to use a metal can. — Heloise

Suffragette Susan B. Anthony was fined \$100 in 1873 for trying to vote in the 1873 presidential election.

Sandy Brownlow feted with bridal shower

The Cowgirl Hall of Fame and Western Heritage Center, which was decorated with a Christmas motif, was the site of a bridal shower honoring Sandy Brownlow, bride-elect of John Josserand, Saturday morning.

Receiving guests with the honoree were her mother, Rose Brownlow, and the prospective groom's mother, Nancy Josserand. Other honored guests were Miss Brownlow's grandmothers, Mrs. Edna Mathes and Mrs. Faye Brownlow.

The serving table was decorated with the bride-elect's chosen theme using Christmas colors and was enhanced by silver serving appointments. The centerpiece was displayed on a large mirror with crystal and Christmas holly with

three large red candles adding the finishing touch.

Coffee and almond were served by Cathy Gilter, sister of the honoree. Also served were assorted fruits, cinnamon rolls, sausage cheese balls and rye crisps.

Jaki Tyler of Amarillo, sister of the bride-elect, registered guests.

Serving as hostesses were Joyce Landers, LaJean Henry, Reenie Mason, Leona Kimball, Betty Barrett, Sadie Shaw, Leesa Clark, Sue Sims, Marn Tyler, Pat Fisher, Elizabeth DeKoster, Dee Ann Trotter, Merideth Wilcox, Peaches Reinauer, Jackie Hammett, Dovie Cherry, Marcella Soliz Norma Walden, Alva Lee Peeler, and Della Hutchins.

Aikman P.T.O. meets

"Children's Holiday" was the program presented by second graders during Aikman Primary School's second P.T.O. meeting held Thursday evening at the school.

The meeting was called to order by Mrs. Ruperto Chavez and the Pledge of Allegiance was led by Justin Landrum. Minutes of the previous meeting were read and approved by Mrs. Robert Stow.

Mrs. Manuel Gavira gave the treasurer's report and the P.T.O. contest winners were announced. Mrs. Bullard's class was the first place winner with 100 percent participation; Miss Prince's class, 58 percent; and Mrs. Wright's class, 51 percent. Awards of \$10, \$8, and \$5 were presented to each of these classes.

The new officers for 1988-89 were nominated and stood approved.

New Arrivals

Mr. and Mrs. Don Weemes of San Antonio are the parents of a daughter, Amanda Joy, born Nov. 13. She weighed 6 lbs. 1 oz.

Grandparents are Mr. and Mrs. Tommy Weemes of Hereford.

The Oscar connection

"The French Connection" was the big film in the 1971 Academy Awards. Gene Hackman won "Best Actor," William Friedkin was "Best Director" and the film was picked "Best Picture." Other winners that year were "Best Actress" Jane Fonda for "Kluge," and Ben Johnson and Cloris Leachman were "Best Supporting" in "The Last Picture Show."

Thirty people from four generations of the Newar community in Nepal may share a two- or three-story house, with livestock and stored produce occupying the ground floor, says National Geographic.

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we get more people looking! That's the way it works! It takes both buyers and sellers... and we've got them by the thousands!

Buying or selling, the first place to look is in our Classifieds! To place an ad, call

The Hereford Brand
313 N. Lee

Sports

Lost two other games in Big Spring tourney

Lady Whitefaces defeat Andrews, 57-49

Hereford High School's varsity girls' basketball team won one of three games in the Big Spring Tournament last Friday and Saturday.

Hereford guard Tricia Kahlich, who made four three-point field goals in the tournament, was named to the all-tournament team.

The Lady Whitefaces defeated An-

draws 57-49 on Friday. On Saturday, Hereford lost to Big Spring 47-36 and fell to Lubbock Coronado 60-43.

Hereford, with a 1-3 season record, plays at Dimmitt today at 6:30 p.m. A junior varsity girls' game is scheduled for 7:30 p.m.

Carmen Brockman totaled 22 points to help lead Hereford to its

57-49 win over Andrews. Brockman scored nine points in the second quarter, when Hereford built up a 25-15 halftime lead.

Susan Bell added nine points, and Kahlich and Cande Robbins each scored five points. Brockman grabbed nine rebounds, Robbind had six rebounds, and Kahlich and Amy Coneway each had three assists.

In the 47-36 loss to Big Spring, Kahlich was Hereford's high scorer with 10 points, including two three-point goals. Kahlich also had six assists, and Brockman scored eight points and had eight rebounds.

Kahlich scored nine points, and Brockman, Bell, and Cindy Tice each totaled six points, in the 60-43 loss to Lubbock Coronado. Bell led the team in rebounds with 10, Brockman and Robbins each had eight rebounds, and Jeanette Mumau had seven rebounds.

Kahlich was the assists leader with five, and Bell had four assists.

Hereford Coach Frank Belcher said, "For the most part, we're just making too many mistakes. We're making too many mistakes offensively and defensively to give ourselves a chance to win.

"A lot of it is little things that are hurting us. We're still in a learning process — thinking instead of reacting to situations, offensively and defensively," he continues.

"I still think we have a chance to be a good basketball team, but we're just going to have to see things and get enough experience, especially on defense, so we can react.

"Our outside girls are doing a good job shooting the ball," Coach Belcher adds.

HEREFORD VARSITY: Carmen Brockman 7 5-17 22; Susan Bell 1 7-8 9; Cande Robbins 2 1-2 5; Tricia Kahlich 2 0-0 5; Brandi Binder 1 2-4 4; Whitney Whitaker 1 0-0 2; Crystal Ball 1 0-1 2; Jeanette Mumau 1 0-0 2; Cindy Tice 1 0-0 2; Amy Coneway 1 0-0 2; Kathy Banner 1 0-1 2. Totals: 19-41 18-34 57.

ANDREWS totals: 15 19-37 49.

Rebounds: Brockman, 14; Robbins, 6; Bell, 4; Banner, Kahlich, and White, 3 each.

Assists: Kahlich and Coneway, 3 each; Brockman and Binder, 2 each.

Team honors (selected by HHS coaches): Susan Bell, offensive player of the game; Carmen Brockman, defensive player of the game; and Cande Robbins, "Best Hustler" honor.

HEREFORD VARSITY: Tricia Kahlich 3 2-2 10; Carmen Brockman 3 2-2 8; Kathy Banner 2 1-1 5; Brandi Binder 2 1-2 5; Stacy White 2 0-0 4; Susan Bell 1 0-0 2; Cande Robbins 1 0-0 2; Cindy Tice 0 0-0 0. Totals: 16-29 6-9 36.

BIG SPRING totals: 17 13-25 47.

Rebounds: Brockman, 5; Kahlich and Binder, 5 each; Ball, 3; Bell and Whitaker, 2 each.

Assists: Kahlich, 4; Binder, 2.

Team honors: Tricia Kahlich, offensive player of the game; Brandi Binder, defensive player of the game; Tricia Kahlich, "Best Hustler" honor.

HEREFORD VARSITY: Tricia Kahlich 4 0-0 9; Susan Bell 3 0-0 6; Carmen Brockman 2 2-4 6; Cindy Tice 3 0-0 6; Jeanette Mumau 2 1-2 5; Whitney

Whitaker, 1 0-0 3; Cande Robbins 1 2-2 4; Stacy White 1 0-0 2; Amy Coneway 0 2-2 2; Teresa Brown 0 0-1 0. Totals: 17-45 7-11 43.

LUBBOCK CORONADO totals: 21 16-31 60.

Rebounds: Bell, 10; Brockman and Robbins, 8 each; Mumau, 7; Binder, Kahlich, Coneway, Tice, and Kamille Martin, 2 each.

Assists: Kahlich, 5; Bell, 4; Brockman and Coneway, 2 each.

Team honors: Tricia Kahlich, offensive player of the game; Amy Coneway, defensive player of the game; Cindy Tice, "Best Hustler" honor.

Three-point goals: Whitaker and Kahlich, 1 each.

Three-point goals: Kahlich, 1.

Rebounds: Brockman, 14; Robbins, 6; Bell, 4; Banner, Kahlich, and White, 3 each.

Assists: Kahlich and Coneway, 3 each; Brockman and Binder, 2 each.

Team honors (selected by HHS coaches): Susan Bell, offensive player of the game; Carmen Brockman, defensive player of the game; and Cande Robbins, "Best Hustler" honor.

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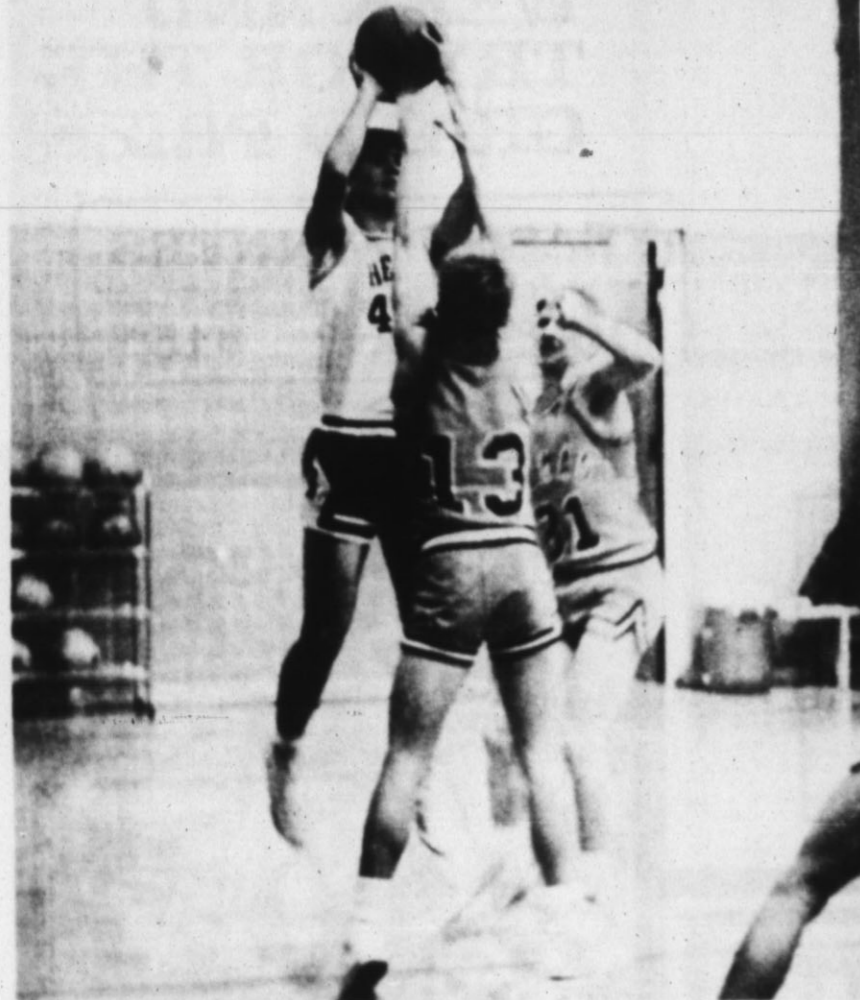
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HEREFORD VARSITY: Tricia Kahlich 4 0-0 9; Susan Bell 3 0-0 6; Carmen Brockman 2 2-4 6; Cindy Tice 3 0-0 6; Jeanette Mumau 2 1-2 5; Whitney



Sophomores Open Season

Tate Smith (44) of the Hereford High School sophomore boys' basketball team attempts a shot over a Dumas defender Monday night in the season opener. Smith scored nine points in a 58-55 loss. (Brand photo by Gary Christensen)

Sophomore boys lose in season opener

Hereford High School's sophomore boys' basketball team held the lead most of the way in the first three quarters, but struggled in the fourth quarter and lost its season opener Monday night to Dumas, 58-55.

The game was played at the Stanton Junior High School gym. Hereford's sophomores will play at Amarillo High next Monday at 5 p.m., and then will play in the Pampa tournament on Dec. 3-5.

The game against Dumas was tied 14-14 after one quarter of play. Hereford held small leads throughout the second quarter and had a 32-28 halftime lead.

Hereford increased its lead to 44-36 in the third quarter. Dumas gained the lead by as many as 11 points in the fourth quarter, 57-46, and a late Hereford rally fell short.

Dee Nall and Russell Backus scored in double figures for Hereford, with 12 points and 11 points, respectively. Tate Smith scored nine points, and Nate Williamson had seven points.

HEREFORD SOPHOMORES: Dee Nall 6-10 0-2 12; Russell Backus 3-4 1-2 11; Tate Smith 4-11 0-9 14; Nate Williamson 3-4 0-0 7; Anthony Tijerina 2-3 0-2 4; Zach Watts 1-2 1-2 3; Jason Wallerscheid 1-2 1-2 3; Chuck Letmons 1-2 0-0 2; Fred Melander 1-1 0-2 2; Jim Andrews 1-3 0-2 2; Brett Couder 0-1 0-2 0. Totals: 25-45 4-19 53.

Three-point goals: Williamson, 1.

Rebounds: Nall, 4; Backus and Tijerina, 3 each; Andrews, 2.

Assists: Tate Smith, 2.

Steals: Backus, 3; Andrews, Chad Schroeder, and Matt Smith, 2 each.

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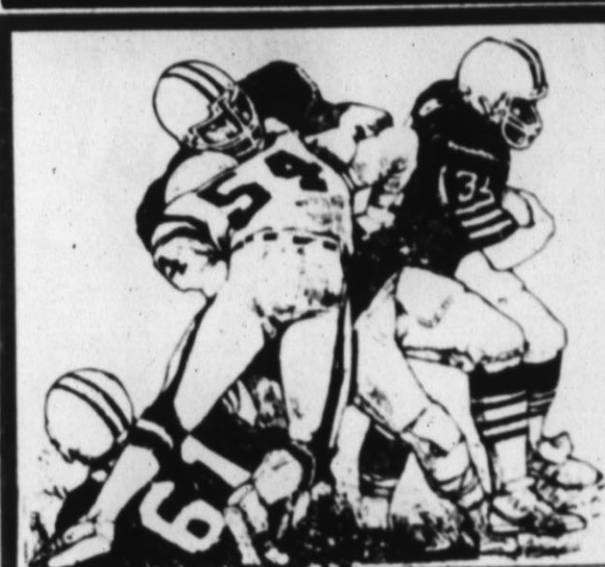
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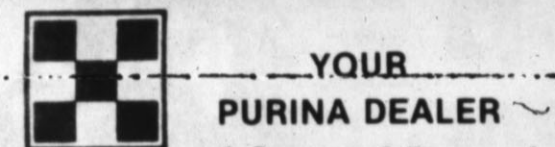
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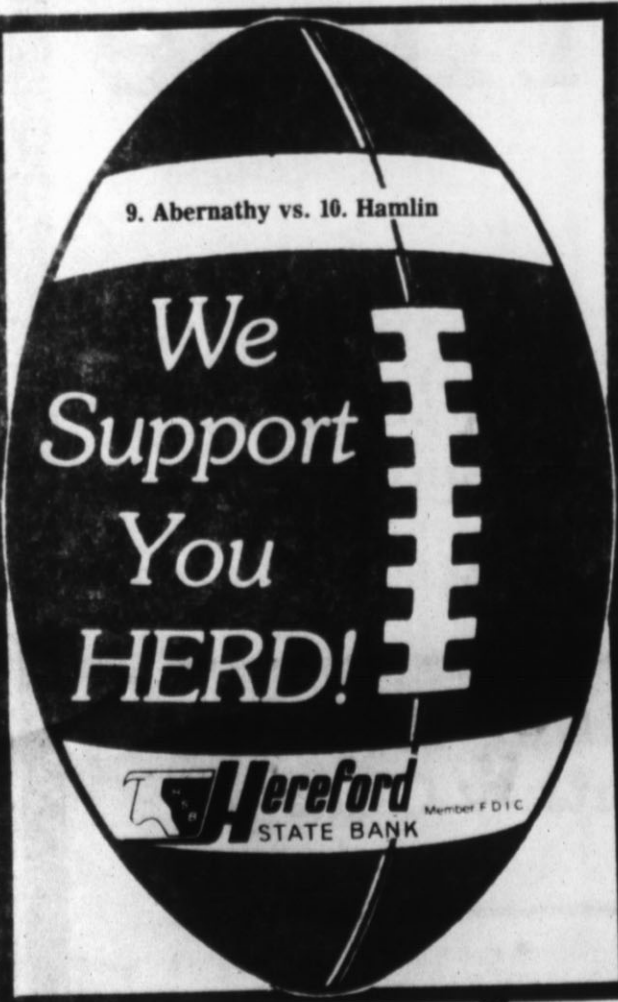
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TIE-BREAKER

Guess the score of this game. Ties will be determined by winner, total score and point margin.

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Healthy holiday cooking possible

This Thanksgiving, Hanukkah, and Christmas, you can have the traditional feasts and still maintain a heart-healthy lifestyle. All you have to do is to think "heart healthy" as you prepare for the festivities.

The American Heart Association's Diet for Healthy Adults permits 5 to 7 ounces of lean meat, poultry, or fish a day. With the traditional holiday table centerpiece of a roasted turkey, you can easily enjoy a low-calorie, low-fat main course. There are only 124 calories and 2.2 grams of total fat in a three-ounce serving of white meat without the skin; dark meat has 167 calories per three-ounce serving and 5 more grams of

fat than white meat.

Use good judgment when buying your turkey. Some self-basting turkeys are injected with oil that is high in saturated fat and broth that is high in sodium. Choose a plain frozen turkey instead, or check the label for a self-basting brand that uses unsaturated vegetable oils.

Don't offset the heat-healthy turkey by going overboard on the trimmings. Stick with making a low-fat gravy and reject the extra helping of dressing.

You may have heart-healthy entree choices. Cornish hens, wild duck, pheasant, partridge, quail, and other small birds are all acceptable.

Venison is very lean, and rabbit, with a flavor somewhat like chicken, has only a fraction of chicken's fat. Do avoid commercially-raised game animals that have a higher fat content than their cousins from forest and field. The American Heart Association Cookbook, 4th Edition, has several tasty game recipes.

Seafood and lean red meat also make good entree choices. When selecting cuts of meat, choose those that are closely trimmed, with little external fat. The leanest cuts of beef include tenderloin; top round top loin, round tip, eye of round, sirloin and tenderloin.

Vegetables are practically fat-free and low in calories, so don't be bashful about asking for seconds. Beware that butter and cream sauces add unnecessary fat, cholesterol, and calories. Vegetables flavored with garlic, onion, lemon juice, herbs, or spices are delicious and have few added calories and little added sodium.

You don't have to skip dessert if you use a few tricks to make cookies, cakes, and pies with less fat and cholesterol. For example, substitute evaporated skim milk for evaporated milk, use three egg whites instead of two whole eggs, and choose low-fat toppings instead of whipped cream. And, remember that a simple bowl of mixed fruit is a natural way to satisfy the sweet tooth.

There is often the temptation to nibble at holiday parties. Be a "smart snacker" by avoiding baked goods and highly salted nuts and chips in favor of raw vegetables or fruit treats.

No party should be an excuse to overdo it - especially when it comes to alcoholic beverages. Limit consumption to a moderate amount, and be sure there's a non-drinker available to do the driving.

Finally, don't forget to schedule outings that include exercise. Brisk walks, bicycle rides, bowling, racquetball, basketball, and tennis are several of the ways you can burn off calories to help your heart.

The American Heart Association hopes this holiday season is a safe and healthy one for all. For more information about heart-healthy cooking, contact your local American Heart Association listed in the White Pages of your telephone directory.

KIDFACTS

HEX SIGNS

The Amish people brought these symbols from Germany to Pennsylvania in the 17th century. They have been used for centuries to ward off trouble or attract good luck, although today many are used purely for decoration.



Source: "The Kids' World Almanac of Records and Facts" by Margo McLoone-Basta and Alice Siegel (1985, World Almanac Publications)



A four-ounce glass of orange juice fulfills an adult's daily requirement for vitamin C—about 60 milligrams.

Grade change helps consumers

As of Monday, the USDA "Good" graded beef became USDA "Select", and for consumers, it's more than just a name change.

The Public Voice for Food and Health Policy, along with 12 other national consumer groups supported the change in USDA regulations as a means of insuring consistently high quality lean beef for shoppers.

USDA beef grades indicate juiciness and tenderness, which is produced by flecks of fat or "marbling" within the red meat. On that measure, USDA "Prime," usually sold in restaurants, is the highest grade, "Choice" is the next highest grade and "Good" was the term applied to the leaner cuts.

According to Marilyn Haggard, a food marketing expert and nutrition specialist with the Texas A&M University Agricultural Extension Service, retail grocers typically do not label USDA Good meat as such,

because of the lack of consumer appeal for the name.

"To market their lower graded beef, grocers use "house-grade names," which are similar to store brands in other types of food products," she explains.

"These house brands, however, often include more than USDA Good grade beef, they may also contain even lower grades such as USDA Standard and USDA Commercial."

Haggard says the result has been extensive variation of eating quality in the leaner, less expensive cuts of beef offered to consumers. As retail stores begin to market USDA Select, rather than house-grades, consumers will get a more consistent product.

She acknowledges that while the USDA Select label will help consumers identify quality lean meat, they can still wind up with a less-tender product if it's not prepared

properly.

"Because of the reduced amount of fat, lean beef should be marinated before broiling or grilling. For baking or frying, pound with a meat hammer or add a meat tenderizer."

Moist-cooking methods, such as pot-roasting or stewing, will also produce tender lean meat, she says.

"Lean beef is ideal for stir fry, which is one of the fastest and easiest ways to prepare meat. It also helps cut calories since very little fat is required for cooking."

National research studies have shown that a large number of consumers want lean beef, both to reduce their fat intake and reduce the plate waste from fat that is trimmed away before cooking or eating, notes Haggard.

For these consumers, looking for the USDA Select label will be a good shopping guide to high quality lean beef.

Comics

BLONDIE by Dean Young and Stan Drake



The Wizard of Id By Brant Parker and Johnny Hart



BETLE BAILEY By Mort Walker



Barney Google and Snuffy Smith By Fred Lasswell



Marvin By Tom Armstrong



Television

DAYTIME

MORNING

- 8:00 You and Me, Kid
- (TH) Macy's Thanksgiving Day Parade
- (FR) Soapbox with Tom Cottle
- (MO,TU,WE,TH) 3-2-1 Contact
- (MO,TU,WE,FR) Father Knows Best
- Smurfs
- (TH) CBS Thanksgiving Parade
- SportsLook
- Pinwheel
- (FR) Who Am I This Time?
- Crook and Chase
- (FR) Arthur C. Clarke's Mysterious World
- (MO) Perspective
- (TU) G.E.D.
- (WE) Towards 2000
- (TH) Nature of Things
- (FR) Maelstrom
- (MO) Africa
- (TH) Noel Coward's Son Voyage
- Marcus Welby, M.D.
- Lester Sumral
- 8:05 Little House on the Prairie
- (MO) Any Friend of Nicholas Nickleby's a Friend of Mine
- 8:30 (FR) Million Dollar Collar
- (MO) Child of Glass
- (TU) Headline
- (WE) Solo
- (TH) The Point
- (FR) ITV
- (MO,TU,WE,TH) Reading Rainbow
- (MO,TU,WE,FR) Hazel
- Teddy Ruspini
- (FR) Winner's Circle
- (MO) SportsTalk
- (TU) Scholastic Sports America
- (WE) Ski World
- (TH) Running and Racing
- Jimmy Swaggart

- (TH) A Thanksgiving Tale
- (HBO) (TU) MOVIE: Shattered Vows
- Videocountry
- (FR) Wildlife Chronicles
- (MO) This Land
- (TU) In the Wild with Harry Butler
- (WE) Wild Refuge
- (TH) Cry of the Condor
- (TU) The Baltimore Funny Pages
- (WE) American Architecture Now: Hugh Jacobson
- Daily Restoration
- Mundo Latino
- (MO,TU,WE,FR) Sale of the Century
- Sesame Street
- Hour Magazine
- (MO,TU,WE,FR) 700 Club
- (TH) Thanksgiving at 700 Club
- (MO,TU,WE,FR) Leave It To Beaver
- (TH) Bugs Bunny and Friends Festival
- (MO,TU,WE,FR) Dating Game
- (FR) Thoroughbred Racing
- (MO) Top Rank Boxing
- (TU) Senior PGA Tour
- (WE) Amateur Basketball
- (TH) Super Bowl III Highlights
- Richard Roberts
- (FR) Come Back to the 5 & Dime
- Jimmy Dean, Jimmy Dean
- (MO) Love and Death
- (TU) Manhattan
- (WE) Bananas
- (TH) Caveman
- (FR) Untamed
- (MO) Grand Prix
- (TU) Show Boat
- (WE) The Silver Challenge
- (TH) Plymouth Adventure
- (HBO) (WE) MOVIE: The Cartier Affair
- (HBO) (TH) MOVIE: Bad News

- Bears Go to Japan
- (MAX) (MO) MOVIE: The Awful Truth
- (MAX) (TU) MOVIE: Blood Alley
- (MAX) (WE) MOVIE: One Eyed Jacks
- (MAX) (TH) MOVIE: The 7th Voyage of Sinbad
- You Can Be a Star
- (FR) Along Nature's Routes
- (MO) Animals of the Great Northwest
- (TU) Wildlife Cinema
- (WE) New Animal World
- (TH) Orphans of the Wild
- (FR) East of Elephant Rock
- (MO) Breakfast for Two
- (TU) Sleeping Tiger
- (WE) Splendor
- (TH) The Big Trees
- Attitudes
- 9:05 (FR) Lost
- (MO) Father's Little Dividend
- (TU) The Delicate Delinquent
- (WE) Guess Who's Coming to Dinner
- (TH) All Bets and the Forty Thieves
- 9:30 (MO,TU,WE,FR) Classic Concentration
- (MO,TU,WE,FR) Andy Griffith
- (MO,TU,WE,FR) New Card Sharks
- (TH) Super Bowl X Highlights
- (HBO) (FR) MOVIE: Short Circuit
- (HBO) (MO) MOVIE: White Nights
- (MAX) (FR) MOVIE: Start the Revolution Without Me
- (TU) Show Boat
- (WE) The Silver Challenge
- (TH) Plymouth Adventure
- (FR) Amazing Years of Cinema
- (MO) Pacific Outdoors
- (TU) Travel Images

- (WE) Cumberland: A Day in Balance
- (TH) True Adventure
- 9:45 (FR) DTV
- 10:05 (FR) Here's the Boomer
- (TH) The Wind in the Willows
- (MO,TU,WE,FR) Wood of Fortune
- Mister Rogers' Neighborhood
- WJ Shriner
- (MO,TU,WE,FR) Straight Talk
- (MO,TU,WE,FR) Love Boat
- (MO,TU,WE,FR) Price is Right
- (FR) SpeedWorld
- (TH) Super Bowl XIX Highlights
- James Robison
- Elephant Show
- (HBO) (TU) MOVIE: The Sterile Cuckoo
- Nashville Now
- (FR) Asian Insight
- (MO) Royal Family
- (TU) Profiles: Japan
- (WE) Polar People
- (TH) Vidal in Venice, Part 2
- Falcon Crest
- PTL Club
- Amelia Batista
- 10:05 (MO) Edison Twins
- 10:10 (WE) Mouse Factory
- 10:15 (TU) DTV
- 10:30 (MO,TU,TH,FR) Walt Disney Presents
- (MO,TU,WE,FR) Win, Lose or Draw
- 3-2-1 Contact
- (TU,WE,FR) Doris Day
- (MO) American Baby
- (TH) Second Handson
- (TH) Super Bowl XXI Highlights
- Success-N-Life
- (WE,TH,FR) Little Koala
- (MO,TU) Maple Town
- (FR) Harlequin Romance: Love With a Perfect Stranger
- (HBO) (TH) MOVIE: Casey's Shadow
- (MAX) (MO) MOVIE: Around the World in 80 Days
- (MAX) (TH) MOVIE: The 3 Worlds of Gulliver
- (MO) North American Indian Portraits
- (TU) Spice of Life
- (MO) The Last of the Mohicans: Part 12
- 10:35 (WE) Walt Disney Presents
- (WE) The Rink
- 11:00 (MO,TU,WE,FR) Super Password
- (TH) NFL Live
- Square One TV
- All My Children
- (MO,TU,WE,FR) Bill Cosby
- (TH) The Music Box
- Gambino
- (MO,TU,WE,FR) Young and the Restless
- (TH) Popeye and Son
- (MO,TU,WE,FR) Sports in Motion
- (TH) 1987 National Collegiate Sports Festival
- Pennwest
- (MO,WE,TH,FR) Candid Camera
- (TU) Harlequin Romance: Love With a Perfect Stranger
- (TH) Sweet Liberty
- (HBO) (WE) MOVIE: One Crazy Summer
- (MAX) (FR) MOVIE: The Professionals
- (MAX) (TU) MOVIE: Operation Pacific
- (FR) Battle for the Bulge
- (MO) You Can't Print That
- (TU) Supergravy
- (WE) Algerian War
- (TH) Odyssey
- (MO,TU,WE,FR) Mother's Day
- (TH) Philadelphia Thanksgiving Day Parade
- Camp Meeting USA
- Los Ricos Tambien Lloran
- Perry Mason
- 11:05 The Missing Adventures of Ozzy and Harriet
- (MO,TU,WE,FR) News
- (TH) NFL Football
- (FR) Art of William Alexander
- (MO) Joy of Painting
- (TU) Victory Garden
- (WE) Great Chefs of the West
- (TH) Health Matters
- (MO,TU,WE,FR) Debbie Gilis
- (TH) A Tale of Two Cities
- (TH) CBS Storyline
- (MO,TU,WE,FR) Getting Fit with Denise Austin
- Too Close for Comfort
- Anything 4 Money
- (WE) Top Gun
- (HBO) (FR) MOVIE: White Nights
- (MAX) (WE) MOVIE: I Ought to Be in Pictures
- (MO,TU,TH,FR) New Country
- (WE) Trail to San Antonio
- (MO) Portraits of Power
- (WE,FR) Journey to Adventure
- (MO) Signature: Christopher Plummer
- (TU) Signature: Billie Jean King

- (TH) Signature: Arthur Ashe
- (MO,TU,WE,FR) What Every Baby Knows
- 12:00 (FR) Nadia
- (MO) Sounder
- (TU) Legend of Lobo
- (WE) The Blue Bird
- (TH) Show Boat
- (MO,TU,WE,FR) Days of Our Lives
- (FR) ITV
- (MO,WE,TH) Trailblazers
- (TU) Trailblazers
- News
- (FR) Farmer's Daughter
- (MO,TU,WE) Wendy and Me
- (FR) Powerboat Racing
- (MO) College Football
- (TU) Coach's Corner
- (WE) CFL Football
- Let's Make a Deal
- (MO) Death of a Salesman
- (HBO) (MO) Behind the Scenes
- (HBO) (TU) MOVIE: Peggy Sue Got Married
- (FR) South of the Border
- (MO) The Big Show
- (TU) Beyond the Purple Hills
- (TH) Sierra Sue
- (FR) Horizon
- (MO) Switching On
- (TU) Parapodiv
- (WE) G.E.D.
- (TH) Questors
- (MO) American Dream
- (MO,TU,WE,FR) It Figures
- Marilyn Hickey
- Soledad
- 12:05 (FR) The Unguarded Moment
- (MO) Cape Fear
- (TU) Downhill Racer
- (WE) They Only Kill Their Masters
- (TH) Angel in My Pocket
- 12:30 High Rollers
- (MO,TU,WE,FR) Petty Duke
- (MO,FR) Bold and Beautiful
- (TU,WE) Bold and Beautiful
- (TH) CBS Children's Special
- (TU) Coach's Corner
- (TH) Scholastic Sports America Special
- (MO,WE,FR) Beverly Hillsbillies
- (TH) Chitty Chitty Bang Bang
- Play the Percentages
- (FR) Under Shelter
- (HBO) (MO) MOVIE: And Now for Something Completely Different
- (HBO) (WE) MOVIE: Suburban
- (HBO) (TH) MOVIE: Seven Minutes in Heaven
- (MAX) (TH) MOVIE: Club Paradise
- (TU) Towards 2000
- (WE) English Garden
- (TH) Private Life of the Kingfisher
- (MO,TU,WE,FR) Wok with Yan
- Gary Randall
- 12:35 (TU) Beverly Hillsbillies
- 1:00 (MO,TU,WE,FR) Another World
- Sesame Street
- One Life to Live
- (MO,TU,WE,FR) Doris Day
- (TH) Oliver Twist
- (MO,TU,WE,FR) Dick Van Dyke
- (TH) The Smurfs and the Magic Flute
- (MO,TU,WE,FR) As the World Turns
- (FR) Senior PGA Tour
- (TU) Coach's Corner
- (TH) Ski World
- (FR) The Mountain
- (MO) The Last Day
- (TU) Alcatraz Express
- (WE) Artists and Models
- Today's Special
- Hot Potato
- (TU) Heartbreak House
- (TH) Chium
- (MAX) (FR) MOVIE: Shipwreck!
- (MAX) (TU) MOVIE: Rage
- (WE) Superstars at Home
- (TH) Johnny Cash Rides the Rails
- (FR) New Explorers
- (MO) Living Isles
- (TU) UNICEF Hour
- (WE) Disappearing World
- (TH) Spirit of Asia
- (TU,FR) BBC Rockline from London
- (MO,WE) Montreux Rock
- (MO,TU,WE,FR) Regis Philbin
- La Hora del Game
- 1:05 (FR) Cheyenne Social Club
- 1:15 (TU) DTV
- 1:30 (TU) Animals in Action
- (MO,TU,WE,FR) Bill Cosby
- (MO,TU,WE,FR) Andy Griffith
- (TH) CBS Schoolbreak Special
- (TU) Coach's Corner
- (TH) Skiing
- (TU,WE,TH,FR) Mysterious Cities of Gold
- (MO) Mysterious City of Gold
- Press Your Luck
- (WE) Free Spirit
- (MAX) (MO) MOVIE: Stormin' Home

- (MAX) (WE) MOVIE: Butterflies and the Blues
- Crook and Chase
- (FR) Robinson Country
- (MO) Edge of the Code
- (MO,TU,WE,FR) Brush Strokes
- (MO,WE) DTV
- 2:00 Dumbo's Circus
- (MO,TU,WE,FR) Santa Barbara
- Captain Kangaroo
- General Hospital
- (MO,TU,WE,FR) Green Acres
- (MO,TU,WE,FR) Leave It To Beaver
- (MO,TU,WE,FR) Guiding Light
- (TU) Ann Worsfold
- (WE) All American Pulling Series
- (TH) Auto Racing
- Spielhaus
- Tic Tac Dough
- (HBO) (FR) MOVIE: Shattered Vows
- (HBO) (MO) MOVIE: Troll
- (HBO) (TU) The Trouble with Grandpa
- (HBO) (WE) MOVIE: Airplane!
- (HBO) (TH) MOVIE: Hannah and Her Sisters
- (MAX) (TH) Crazy About the Movies: Funnies to Features
- (MO,WE,TH,FR) You Can Be a Star
- (TU) Holiday Gourmet
- (FR) Animals of the Great Northwest
- (MO) Ark on the Move
- (TU) Changing Worlds
- (WE) Orphans of the Wild
- (TH) Wildlife Cinema
- (FR) Breakfast for Two
- (MO) Sleeping Tiger
- (TU) Splendor
- (MO) The Big Trees
- (TH) Race for the Double Helix
- (MO,TU,WE,FR) Attitudes
- (TH) Family
- (FR) Jimmy Swaggart
- (MO) LESEA Alive
- (TU) Jerry Bernard
- (WE) Westbrook Hospital
- (TH) Mike Adkins
- T.N.T.
- 2:05 (FR) Tom and Jerry and Friends
- (MO,TU,WE,FR) Tom and Jerry
- (TH) Tom and Jerry Thanksgiving Special
- 2:25 (MO) Under Shelter
- 2:30 Welcome to Pooh Corner
- GED
- (MO,TU,WE,FR) Flying Nun
- (TH) Huckleberry Finn
- (MO,TU,WE,FR) Ghostbusters
- (TH) NFL Today
- (TU) SpeedWorld
- (WE) World Sport Special
- Inspector Gadget
- Jockeys
- (HBO) (TU) Survival Series: Last Round Up of the Elephants
- (MAX) (TH) MOVIE: One Up, Up and Away
- Fandango
- (FR) This Land
- (MO) Private Life of a Kingfisher
- (TU) English Garden
- (WE) Cry of the Condor
- (TH) In the Wild with Harry Butler
- (WE) Search Telecast
- (TH) This is the Life
- El Mundo del Espectaculo
- Mickey Mouse Club
- Oprah Winfrey
- (WE,FR) Business of Management
- (MO) River Journeys
- (TU) New Literacy
- (TH) Focus on Society
- Donahue
- (MO,TU,WE,FR) Hazel
- Bravestarr
- (MO,TU,WE,FR) Little House on the Prairie
- (TH) NFL Football
- (FR) IGA Golf
- (MO,TU) A.W.A. Championship Wrestling
- (WE) World Class Championship Wrestling
- (TH) Spirit of Adventure
- Scoutly Doo
- You Can't Do That on TV
- Chain Reaction
- (FR) Any Friend of Nicholas Nickleby's a Friend of Mine
- (MO) Blindman's Bluff
- (TH) Bad News Bears Go to Japan
- (WE) Nicky and the Herd
- (TH) Faerie Tale Theatre: The Dancing Princess
- (MAX) (FR) MOVIE: Pardon My Past
- (MAX) (MO) MOVIE: Quicksilver
- (MAX) (TU) MOVIE: Pleasures of His Company
- (MAX) (WE) MOVIE: The Rat Race
- Nashville Now
- (FR) Christsmas
- (MO) Vidal in Venice, Part 2
- (TU) Asian Insight
- (WE) Bounty Experiment
- (TH) Heart of the Dragon
- FR 98
- (MO) Improper Channels
- (TU) A Matter of Life and Death
- (WE) Young Pioneers
- (TH) The Marriage Bed: A Christmas Story
- Pastor's Study
- Flor Maria
- 3:05 Flintstones
- 3:30 Donald Duck Presents
- (FR) American Government Survey
- (TU) New Literacy
- (WE) The Shakespeare Hour
- (TH) Focus on Society
- (MO,TU,WE,FR) Father Knows Best
- Transformers
- DuckTales
- Leslie
- Bumper Stumpers
- (WE) Goldy It: The Saga of the Golden Bear
- (HBO) (FR) Survival Series: Last Round Up of the Elephants
- (HBO) (MO) Welcome Home
- (HBO) (TU) MOVIE: A Challenge for Robin Hood
- (HBO) (WE) Workin' for Peanuts
- (FR) The Last of the Mohicans: Part 12
- 3:35 Flintstones
- (TU) The Rink
- 4:00 (MO,WE,FR) Kidzzone: Kids Incorporated
- (TU,TH) Kidzzone
- (MO,WE,TH,FR) Judge
- (TU) Beach Street
- (FR) American Government Survey
- (MO) Nature
- (TH,TH) Contemporary Health Issues
- Howeyard Game
- (MO,TU,WE,FR) Big Valley
- (TH) The Magic of Lassie
- G.I. Joe
- (TU,WE,FR) Divorce Court
- (MO) Divorce Court
- (MO,TU,WE,FR) Speedway America Series
- Theremin
- Deaths of the Season
- Stamps Party USA
- (FR) Who Am I This Time?
- (MO) Any Friend of Nicholas Nickleby's a Friend of Mine
- (TH) A Thanksgiving Tale
- (HBO) (MO) MOVIE: To Sir with Love
- (HBO) (TH) MOVIE: Ordinary Heroes

TUESDAY

EVENING

- 8:05 Andy Griffith
- 8:30 Mouseterpiece Theatre
- M*A*S*H
- Speak Out
- Wheel of Fortune
- Barney Miller
- Three's Company
- College Basketball Special
- Webster
- Double Dare
- Fandango
- Brush Strokes Karl Horman, Mike Helling
- 8:35 Sanford and Son
- 7:00 Palmersdown U.S.A.
- MOVIE: HBO-Movie-of-the-Week: The Karate Kid
- Who's the Boss?
- Crossings
- Hoover vs the Kennedys, Part 2: Jack Warden, Nicholas Campbell NR
- A Charlie Brown Thanksgiving
- Amateur Basketball
- Simon and Simon
- Car 54 Where Are You?
- Riptide
- Lady Blue
- MOVIE: Harlequin Romance
- (HBO) MOVIE: Choke Canyon
- (MAX) MOVIE: The Morning After
- Nashville Now
- Nature of Things

- The Associates Martin Short, Wilfred Hyde-White
- Camp Meeting USA
- El Pecado de Oyuki
- 7:05 Growing Pains
- Butterfly Island
- Mr. Ed
- Pacific Outdoors
- The Story of Fashion
- 8:00 MOVIE: Rosie Hart
- The Ring of Truth (1967)
- Rolling Stone Magazine's 20 Years of Rock 'n Roll
- 700 Club
- CBS Mini-Series Kenny Rogers as The Gambler: Legend Continues Pt 2 (1987)
- MOVIE: Gorilla at Large
- My Three Sons
- U.S. Navy: Night Yights
- MOVIE: The Star Maker, Part 2
- Royal Family
- MOVIE: Noel Coward's Star Quality
- Pastor's Study
- Senda de Gloria Inacio Lopez Tanco, Blanca Sanchez
- 8:30 Donna Reed
- (HBO) 1st & Ten: Going for Broke
- Superstars at Home (1987)
- Northern American Indian Portraits
- Zola Levitt
- 9:00 Trying Times Candice Bergen
- Straight Talk
- News
- Spirit of Adventure

- Laugh In
- MOVIE: Jumpin' Jack Flash
- (HBO) MOVIE: Peggy Sue Got Married
- (MAX) MOVIE: A Breed Apart
- Crook and Chase
- Animals of the Great Northwest
- PTL Club
- Noticiero Univision
- 9:15 DTV
- 9:20 MOVIE: Across the Pacific
- 9:30 Disney Channel Preview
- Trying Times Ten Garr. Ron Silver
- Celebrity Chefs
- Monkees
- Videocountry
- This Land
- MOVIE: Noel Coward's Me and the Girls
- Taina Fernandez
- 10:00 The Missing Adventures of Ozzy and Harriet
- News
- No Place Like Home
- Remington Steele
- Jeffersons
- All American Pulling Series
- WKRP in Cincinnati
- Mr. Sothorn
- Alf
- Cover Up
- You Can Be a Star
- Arthur C. Clarke's Mysterious World
- Zola Levitt
- MOVIE: El Hombre del Puente
- 10:30 MOVIE: The Barretts of Wimpole Street

- (WE) Walt Disney Presents
- (WE) The Rink
- 11:00 (MO,TU,WE,FR) Super Password
- (TH) NFL Live
- Square One TV
- All My Children
- (MO,TU,WE,FR) Bill Cosby
- (TH) The Music Box
- Gambino
- (MO,TU,WE,FR) Young and the Restless
- (TH) Popeye and Son
- (MO,TU,WE,FR) Sports in Motion
- (TH) 1987 National Collegiate Sports Festival
- Pennwest
- (MO,WE,TH,FR) Candid Camera
- (TU) Harlequin Romance: Love With a Perfect Stranger
- (TH) Sweet Liberty
- (HBO) (WE) MOVIE: One Crazy Summer
- (MAX) (FR) MOVIE: The Professionals
- (MAX) (TU) MOVIE: Operation Pacific
- (FR) Battle for the Bulge
- (MO) You Can't Print That
- (TU) Supergravy
- (WE) Algerian War
- (TH) Odyssey
- (MO,TU,WE,FR) Mother's Day
- (TH) Philadelphia Thanksgiving Day Parade
- Camp Meeting USA
- Los Ricos Tambien Lloran
- Perry Mason
- 11:05 The Missing Adventures of Ozzy and Harriet
- (MO,TU,WE,FR) News
- (TH) NFL Football
- (FR) Art of William Alexander
- (MO) Joy of Painting
- (TU) Victory Garden
- (WE) Great Chefs of the West
- (TH) Health Matters
- (MO,TU,WE,FR) Debbie Gilis
- (TH) A Tale of Two Cities
- (TH) CBS Storyline
- (MO,TU,WE,FR) Getting Fit with Denise Austin
- Too Close for Comfort
- Anything 4 Money
- (WE) Top Gun
- (HBO) (FR) MOVIE: White Nights
- (MAX) (WE) MOVIE: I Ought to Be in Pictures
- (MO,TU,TH,FR) New Country
- (WE) Trail to San Antonio
- (MO) Portraits of Power
- (WE,FR) Journey to Adventure
- (MO) Signature: Christopher Plummer
- (TU) Signature: Billie Jean King

- (TH) Signature: Arthur Ashe
- (MO,TU,WE,FR) What Every Baby Knows
- 12:00 (FR) Nadia
- (MO) Sounder
- (TU) Legend of Lobo
- (WE) The Blue Bird
- (TH) Show Boat
- (MO,TU,WE,FR) Days of Our Lives
- (FR) ITV
- (MO,WE,TH) Trailblazers
- (TU) Trailblazers
- News
- (FR) Farmer's Daughter
- (MO,TU,WE) Wendy and Me
- (FR) Powerboat Racing
- (MO) College Football
- (TU) Coach's Corner
- (WE) CFL Football
- Let's Make a Deal
- (MO) Death of a Salesman
- (HBO) (MO) Behind the Scenes
- (HBO) (TU) MOVIE: Peggy Sue Got Married
- (FR) South of the Border
- (MO) The Big Show
- (TU) Beyond the Purple Hills
- (TH) Sierra Sue
- (FR) Horizon
- (MO) Switching On
- (TU) Parapodiv
- (WE) G.E.D.
- (TH) Questors
- (MO) American Dream
- (MO,TU,WE,FR) It Figures
- Marilyn Hickey
- Soledad
- 12:05 (FR) The Unguarded Moment
- (MO) Cape Fear
- (TU) Downhill Racer
- (WE) They Only Kill Their Masters
- (TH) Angel in My Pocket
- 12:30 High Rollers
- (MO,TU,WE,FR) Petty Duke
- (MO,FR) Bold and Beautiful
- (TU,WE) Bold and Beautiful
- (TH) CBS Children's Special
- (TU) Coach's Corner
- (TH) Scholastic Sports America Special
- (MO,WE,FR) Beverly Hillsbillies
- (TH) Chitty Chitty Bang Bang
- Play the Percentages
- (FR) Under Shelter
- (HBO) (MO) MOVIE: And Now for Something Completely Different
- (HBO) (WE) MOVIE: Suburban
- (HBO) (TH) MOVIE: Seven Minutes in Heaven
- (MAX) (TH) MOVIE: Club Paradise
- (TU) Towards 2000
- (WE) English Garden
- (TH) Private Life of the Kingfisher
- (MO,TU,WE,FR) Wok with Yan
- Gary Randall
- 12:35 (TU) Beverly Hillsbillies
- 1:00 (MO,TU,WE,FR) Another World
- Sesame Street
- One Life to Live
- (MO,TU,WE,FR) Doris Day
- (TH) Oliver Twist
- (MO,TU,WE,FR) Dick Van Dyke
- (TH) The Smurfs and the Magic Flute
- (MO,TU,WE,FR) As the World Turns
- (FR) Senior PGA Tour
- (TU) Coach's Corner
- (TH) Ski World
- (FR) The Mountain
- (MO) The Last Day
- (TU) Alcatraz Express
- (WE) Artists and Models
- Today's Special
- Hot Potato
- (TU) Heartbreak House
- (TH) Chium
- (MAX) (FR) MOVIE: Shipwreck!
- (MAX) (TU) MOVIE: Rage
- (WE) Superstars at Home
- (TH) Johnny Cash Rides the Rails
- (FR) New Explorers
- (MO) Living Isles
- (TU) UNICEF Hour
- (WE) Disappearing World
- (TH) Spirit of Asia
- (TU,FR) BBC Rockline from London
- (MO,WE) Montreux Rock
- (MO,TU,WE,FR) Regis Philbin
- La Hora del Game
- 1:05 (FR) Cheyenne Social Club
- 1:15 (TU) DTV
- 1:30 (TU) Animals in Action
- (MO,TU,WE,FR) Bill Cosby
- (MO,TU,WE,FR) Andy Griffith
- (TH) CBS Schoolbreak Special
- (TU) Coach's Corner
- (TH) Skiing
- (TU,WE,TH,FR) Mysterious Cities of Gold
- (MO) Mysterious City of Gold
- Press Your Luck
- (WE) Free Spirit
- (MAX) (MO) MOVIE: Stormin' Home

- (MAX) (WE) MOVIE: Butterflies and the Blues
- Crook and Chase
- (FR) Robinson Country
- (MO) Edge of the Code
- (MO,TU,WE,FR) Brush Strokes
- (MO,WE) DTV
- 2:00 Dumbo's Circus
- (MO,TU,WE,FR) Santa Barbara
- Captain Kangaroo
- General Hospital
- (MO,TU,WE,FR) Green Acres
- (MO,TU,WE,FR) Leave It To Beaver
- (MO,TU,WE,FR) Guiding Light
- (TU) Ann Worsfold
- (WE) All American Pulling Series
- (TH) Auto Racing
- Spielhaus
- Tic Tac Dough
- (HBO) (FR) MOVIE: Shattered Vows
- (HBO) (MO) MOVIE: Troll
- (HBO) (TU) The Trouble with Grandpa
- (HBO) (WE) MOVIE: Airplane!
- (HBO) (TH) MOVIE: Hannah and Her Sisters
- (MAX) (TH) Crazy About the Movies: Funnies to Features
- (MO,WE,TH,FR) You Can Be a Star
- (TU) Holiday Gourmet
- (FR) Animals of the Great Northwest
- (MO) Ark on the Move
- (TU) Changing Worlds
- (WE) Orphans of the Wild
- (TH) Wildlife Cinema
- (FR) Breakfast for Two
- (MO) Sleeping Tiger
- (TU) Splendor
- (MO) The Big Trees
- (TH) Race for the Double Helix
- (MO,TU,WE,FR) Attitudes
- (TH) Family
- (FR) Jimmy Swaggart
- (MO) LESEA Alive
- (TU) Jerry Bernard
- (WE) Westbrook Hospital
- (TH) Mike Adkins
- T.N.T.
- 2:05 (FR) Tom and Jerry and Friends
- (MO,TU,WE,FR) Tom and Jerry
- (TH) Tom and Jerry Thanksgiving Special
- 2:25 (MO) Under Shelter
- 2:30 Welcome to Pooh Corner
- GED
- (MO,TU,WE,FR) Flying Nun
- (TH) Huckleberry Finn
- (MO,TU,WE,FR) Ghostbusters
- (TH) NFL Today
- (TU) SpeedWorld
- (WE) World Sport Special
- Inspector Gadget
- Jockeys
- (HBO) (TU) Survival Series: Last Round Up of the Elephants
- (MAX) (TH) MOVIE: One Up, Up and Away
- Fandango
- (FR) This Land
- (MO) Private Life of a Kingfisher
- (TU) English Garden
- (WE) Cry of the Condor
- (TH) In the Wild with Harry Butler
- (WE) Search Telecast
- (TH) This is the Life
- El Mundo del Espectaculo
- Mickey Mouse Club
- Oprah Winfrey
- (WE,FR) Business of Management
- (MO) River Journeys
- (TU) New Literacy
- (TH) Focus on Society
- Donahue
- (MO,TU,WE,FR) Hazel
- Bravestarr
- (MO,TU,WE,FR) Little House on the Prairie
- (TH) NFL Football
- (FR) IGA Golf
- (MO,TU) A.W.A. Championship Wrestling
- (WE) World Class Championship Wrestling
- (TH) Spirit of Adventure
- Scoutly Doo
- You Can't Do That on TV
- Chain Reaction
- (FR) Any Friend of Nicholas Nickleby's a Friend of Mine
- (MO) Blindman's Bluff
- (TH) Bad News Bears Go to Japan
- (WE) Nicky and the Herd
- (TH) Faerie Tale Theatre: The Dancing Princess
- (MAX) (FR) MOVIE: Pardon My Past
- (MAX) (MO) MOVIE: Quicksilver
- (MAX) (TU) MOVIE: Pleasures of His Company
- (MAX) (WE) MOVIE: The Rat Race
- Nashville Now
- (FR) Christsmas
- (MO) Vidal in Venice, Part 2
- (TU) Asian Insight
- (WE) Bounty Experiment
- (TH) Heart of the Dragon
- FR 98
- (MO) Improper Channels
- (TU) A Matter of Life and Death
- (WE) Young Pioneers
- (TH) The Marriage Bed: A Christmas Story
- Pastor's Study
- Flor Maria
- 3:05 Flintstones
- 3:30 Donald Duck Presents
- (FR) American Government Survey
- (TU) New Literacy
- (WE) The Shakespeare Hour
- (TH) Focus on Society
- (MO,TU,WE,FR) Father Knows Best
- Transformers
- DuckTales
- Leslie
- Bumper Stumpers
- (WE) Goldy It: The Saga of the Golden Bear
- (HBO) (FR) Survival Series: Last Round Up of the Elephants
- (HBO) (MO) Welcome Home
- (HBO) (TU) MOVIE: A Challenge for Robin Hood
- (HBO) (WE) Workin' for Peanuts
- (FR) The Last of the Mohicans: Part 12
- 3:35 Flintstones
- (TU) The Rink
- 4:00 (MO,WE,FR) Kidzzone: Kids Incorporated
- (TU,TH) Kidzzone
- (MO,WE,TH,FR) Judge
- (TU) Beach Street
- (FR) American Government Survey
- (MO) Nature
- (TH,TH) Contemporary Health Issues
- Howeyard Game
- (MO,TU,WE,FR) Big Valley
- (TH) The Magic of Lassie
- G.I. Joe
- (TU,WE,FR) Divorce Court
- (MO) Divorce Court
- (MO,TU,WE,FR) Speedway America Series
- Theremin
- Deaths of the Season
- Stamps Party USA
- (FR) Who Am I This Time?
- (MO) Any Friend of Nicholas Nickleby's a Friend of Mine
- (TH) A Thanksgiving Tale
- (HBO) (MO) MOVIE: To Sir with Love
- (HBO) (TH) MOVIE: Ordinary Heroes

WEDNESDAY

EVENING

- 8:00 News
- Nightly Business Report
- Remington Steele
- Cheers
- SportsCenter
- Family Ties
- You Can't Do That on TV
- Alf
- Family
- You Can Be a Star
- UNICEF Hour
- Footsteps David Drew (1987)
- PTL Club
- La Dama de Rosa Jeanette Rodriguez, Carlos Mata
- 8:05 Andy Griffith
- 8:30 M*A*S*H
- Autograph
- Wheel of Fortune
- Barney Miller
- Three's Company
- Scholastic Sports America
- Webster
- Double Dare
- Fandango
- 8:35 Sanford and Son
- 7:00 Edison Twins
- Highway to Heaven
- Fresh Arts
- Perfect Strangers
- Second Handson
- MOVIE: Porky's Revenge
- The Oldest Rookie
- WKA Karate
- Simon and Simon
- Car 54 Where Are You?
- Riptide
- Lady Blue</

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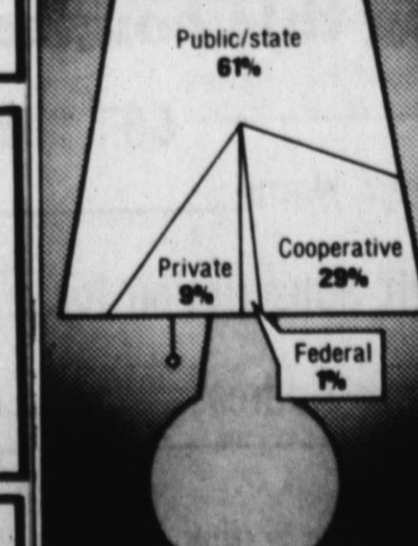
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Ask Dr. Lamb

Stomach Story BY LAWRENCE E. LAMB, M.D.

DEAR DR. LAMB: A relative in her 60s has had a prominent stomach for years. She tried exercises and diets, but never sit-ups. Recently she started doing sit-ups and rapidly reached several hundred daily. The day I spoke to her she had done 800. She claims to have had a dramatic reduction in the size of her stomach in only three weeks. I have not witnessed the results as I have spoken to her by telephone only.

I'm 40 and also have a prominent stomach. I am tempted to try sit-ups in these numbers. At present I'm doing 25 as part of a half-hour program three times a week, and have been for years. What do you think?

My relative stated she achieved her results without doing any other exercises or dieting.

DEAR READER: With all due respect to your relative, her story would need verification before trying to explain it.

The facts are that, if a person has a large abdomen because of fat, it is necessary to lose that fat before the abdomen can really be reduced. There is a lot of fat inside the abdominal cavity as well as outside under the skin.

You can't compress that internal fat no matter how strong your abdominal muscles are. You have to eliminate the fat. Think of a pound of butter inside a tight plastic wrap. There is no way you can squeeze that pound of butter into a smaller size.

A combination of diet and sensible exercise is essential to reduce abdominal girth. A rapid loss can occur if fluid or gas is eliminated. In that case, the effort should be directed toward controlling gaseous distention or eliminating fluid. It is also important to identify the cause of these conditions and correct the cause if possible.

But sit-ups are one of the important exercises that can be done to improve the tone of the abdominal muscles. If you do them right — and many people do them wrong — they will firm up your upper abdomen.

To learn which exercises help read Special Report 81, Girth Control: Avoiding the Big Middle, which I'm sending you. Others who want this report can send \$1.00 and a long, self-addressed envelope with 39 cents postage to THE HEALTH LETTER 81, P.O. Box 19622, Irvine, CA 92713.

You should get as much good as you can expect from sit-ups by doing 25 properly each day. But you can improve results by adding back exercises, voluntary contractions and improving your posture.

DEAR DR. LAMB: Can a very short adult grow taller by taking human growth hormones? I have heard that the growth hormone will not work on adults. If this is true, why not?

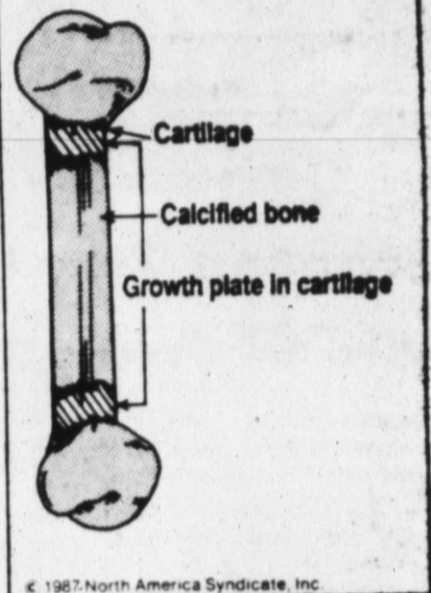
DEAR READER: You have heard right. Growth means the bones in the body have to grow longer. For height that applies mostly to the long bones in the thighs and legs. Think of the thigh bone (femur). The shaft is bone, and its ends are bone, but between these ends and the shaft is a zone of cartilage. This is the growth plate.

Cartilage continues to grow, while calcified bone cannot. The area of cartilage next to bone calcifies. But new cartilage is formed in the growth plate, lengthening the bone. At completion of linear growth, this cartilage zone calcifies, and it can't grow any more. If you took growth hormone then, your hands and feet might get bigger, and the cartilage in your nose and ears might grow, but you would not grow in height.

Dr. Lamb welcomes letters from readers with health questions. You can write to him at P.O. Box 19622, Irvine, CA 92713.

Ask Dr. Lamb

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CATTLE FUTURES

Month	Price	Change	High	Low
Jan	72.50	0.25	72.75	72.25
Feb	72.00	0.10	72.10	71.90
Mar	71.50	0.05	71.55	71.45
Apr	71.00	0.00	71.00	71.00
May	70.50	-0.05	70.50	70.50
Jun	70.00	-0.10	70.00	70.00
Jul	69.50	-0.15	69.50	69.50
Aug	69.00	-0.20	69.00	69.00
Sep	68.50	-0.25	68.50	68.50
Oct	68.00	-0.30	68.00	68.00
Nov	67.50	-0.35	67.50	67.50
Dec	67.00	-0.40	67.00	67.00

GRAIN FUTURES

Month	Price	Change	High	Low
Jan	1.25	0.01	1.26	1.24
Feb	1.24	0.00	1.25	1.23
Mar	1.23	-0.01	1.24	1.22
Apr	1.22	-0.02	1.23	1.21
May	1.21	-0.03	1.22	1.20
Jun	1.20	-0.04	1.21	1.19
Jul	1.19	-0.05	1.20	1.18
Aug	1.18	-0.06	1.19	1.17
Sep	1.17	-0.07	1.18	1.16
Oct	1.16	-0.08	1.17	1.15
Nov	1.15	-0.09	1.16	1.14
Dec	1.14	-0.10	1.15	1.13

METAL FUTURES

Month	Price	Change	High	Low
Jan	1.00	0.00	1.00	1.00
Feb	1.00	0.00	1.00	1.00
Mar	1.00	0.00	1.00	1.00
Apr	1.00	0.00	1.00	1.00
May	1.00	0.00	1.00	1.00
Jun	1.00	0.00	1.00	1.00
Jul	1.00	0.00	1.00	1.00
Aug	1.00	0.00	1.00	1.00
Sep	1.00	0.00	1.00	1.00
Oct	1.00	0.00	1.00	1.00
Nov	1.00	0.00	1.00	1.00
Dec	1.00	0.00	1.00	1.00

FUTURES OPTIONS

Month	Price	Change	High	Low
Jan	0.50	0.01	0.51	0.49
Feb	0.49	0.00	0.50	0.48
Mar	0.48	-0.01	0.49	0.47
Apr	0.47	-0.02	0.48	0.46
May	0.46	-0.03	0.47	0.45
Jun	0.45	-0.04	0.46	0.44
Jul	0.44	-0.05	0.45	0.43
Aug	0.43	-0.06	0.44	0.42
Sep	0.42	-0.07	0.43	0.41
Oct	0.41	-0.08	0.42	0.40
Nov	0.40	-0.09	0.41	0.39
Dec	0.39	-0.10	0.40	0.38

La Plata girls win two of three against Gattis

La Plata Junior High School won two of three girls' basketball games Monday at Clovis against Gattis.

La Plata's victories were 43-42 in the ninth grade game and 32-23 in the eighth grade game. La Plata suffered a 27-11 loss in the seventh grade contest.

Season records for La Plata are: seventh grade, 2-3; eighth grade, 4-1; and ninth grade, 2-2. La Plata plays at home next Monday against Plainview Blue, starting at 4:30 p.m. La Plata's home games this season are being played at the Hereford High School gym.

Jennifer Betzen poured in 21 points, and Robin White added 11 points, to help lead the La Plata ninth grade girls to their 43-42 win over Gattis. La Plata held a 24-21 halftime lead, and the score was tied 29-29 going into the fourth quarter.

Two La Plata eighth grade players scored in double figures in the 32-23 victory. Shantel Cornelius led with 13

points, and Brek Binder had 10 points.

La Plata trailed 16-7 at halftime, but outscored Gattis 11-0 in the fourth quarter for an 18-16 lead.

Scorers for La Plata's seventh grade team, in a 27-11 loss, included Angela Belcher with six points and Claudia Ramirez with four points.

La PLATA NINTH GRADE: Jennifer Betzen 10 1-3 21; Robin White 5 1-3 11; Camille Betzen 2 0-0 4; Brenna Reinauer 1 0-0 2; Jayme Moore 1 0-0 2; Brooke Stever 1 0-0 2; Tracy Brush 0 1-2 1; Gina Alley 0 0-1 0. Totals: 29 3-14 43.

La PLATA EIGHTH GRADE: Shantel Cornelius 6 1-2 13; Brek Binder 5 0-0 10; Jennifer Bullard 2 2-3 6; Jennifer Hicks 1 0-0 2; Lindsay Radford 0 1-2 1. Totals: 14 4-7 32.

La PLATA SEVENTH GRADE: Angela Belcher 3 0-10 6; Claudia Ramirez 2 0-1 4; Kelley Whitaker 0 1-4 1; Taylor Brooks 0 0-0 0; Wendy Hollingsworth 0 0-10 0; Erin Bullard 0 0-10 0. Totals: 5 1-23 11.

Gattis 2 0 5 4-11

Gattis 4 3 11 9-27

Stanton 7th, 9th girls win one of two games Saturday

Stanton Junior High School's seventh and ninth grade teams each won one of two games on Saturday in the Hereford Junior High School Girls' Basketball Tournament.

Stanton's ninth grade team beat La Plata 38-34 to advance to the consolation game. Dimmitt beat Stanton 55-35 in the consolation game.

In the seventh grade tournament, Stanton fell to Dimmitt 33-12 and then lost to Valley View 26-16 in the third place game.

The Stanton eighth grade girls suffered a 50-11 loss to Plainview Blue on Saturday.

Stanton had an open date on Monday, and will play Yucca at Clovis, N.M., on Monday, Nov. 30, beginning at 4:30 p.m. CST.

La Plata boys' teams suffer losses to Gattis

La Plata Junior High School suffered three defeats at home in boys' basketball action.

Gattis of Clovis, N.M., scored victories of 59-16 in the seventh grade game, 103-23 in the eighth grade game, and 60-40 in the ninth grade game.

La Plata's teams will play at Plainview next Monday against Plainview Blue, beginning at 4:30 p.m.

Leading scorers for La Plata in the ninth grade game were Chris Tardy with 10 points and Mark Daniel with eight points.

In the eighth grade game, Kevin Kelso had 10 points and Clay Wallace had six points for La Plata, and in the seventh grade game, Greg Coplen had six points.

La PLATA NINTH GRADE: Chris Tardy 3 4-5 10; Mark Daniel 4 0-0 8; Blake Buckley 3 0-0 6; Ben Weatherly 2 0-0 4; Amado Lopez 1 2-4 4; T.J. Head 1 1-2 3; Matt Bromlow 1 1-1 3; Chris Blair 1 0-0 2; Patrick Newton 0 0-1 0. Totals: 16 5-14 46.

Gattis 10 21 9 20-40

La Plata 8 6 11 15-40

La PLATA EIGHTH GRADE: Kevin Kelso 5 0-0 10; Clay Wallace 3 0-0 6; Derek Mason 1 3-4 5; Sean Smith 1 0-4 2; Tempie Abney 0 0-2 0. Totals: 10 3-10 23.

Gattis 34 26 23 20-103

La Plata 3 10 6 4-23

La PLATA SEVENTH GRADE: Greg Coplen 2 2-2 6; Richard Sanderson 2 0-0 4; Leonard Martinez 1 0-0 2; Kyle Hansen 0 2-4 2; Nathan Henderson 1 0-0 2. Totals: 6 4-8 16.

Gattis 24 15 8 12-59

La Plata 2 0 4 10-16

In Hereford tournament Saturday

La Plata 8th grade girls place third

The La Plata eighth grade girls' basketball team won the third place game of the Hereford Tournament Saturday, defeating Canyon 38-36.

Earlier on Saturday, La Plata lost a semifinal game to Valley View, 26-23.

In the seventh grade division of the tournament, La Plata edged Valley View, 18-16, and lost the consolation game to Canyon Purple, 23-18.

The La Plata ninth grade team suffered a 38-34 loss to Stanton in the consolation bracket.

Division champions in the tournament were Canyon, ninth grade; Valley View, eighth grade; and Dimmitt, seventh grade.

La Plata's eighth grade team, in defeating Canyon 38-36 in the third place game, was led by Shantel Cornelius with 13 points. Jennifer Hicks and Jennifer Bullard each scored six points.

La Plata held a 16-11 halftime lead and a 26-24 lead after three quarters of play.

In the La Plata eighth grade team's 26-23 loss to Valley View, leading scorers were Cornelius with nine points and Lindsay Radford and Roxann Torres each with four points.

The score was tied 15-15 at halftime and 21-21 at the end of the third period.

At the start of college football in 1869, all goals of any kind counted on a point.

The La Plata seventh grade girls were led by Kelley Whitaker with six points in the 18-16 win over Valley View. Claudia Ramirez had four points.

In the 23-18 loss to Canyon, Angela Belcher totaled eight points, and Whitaker had four points.

AP college football poll

The Top Twenty teams in the Associated Press college football poll, with first-place votes in parentheses, record through games of Nov. 21, total points based on 26, 19, 18, 17, 16, 15, 14, 13, 12, 11, 10, 9, 8, 7, 6, 5, 4, 3, 2, 1 and last week's ranking:

Rank	Team	Record	Pts	Pvs
1.	Oklahoma (54)	11-0-0	1,173	2
2.	Miami, Fla. (4)	9-0-0	1,108	3
3.	Florida State	9-1-0	1,056	4
4.	Syracuse (1)	11-0-0	983	6
5.	Nebraska	9-1-0	979	1
6.	LSU	9-1-1	830	9
7.	Auburn	8-1-1	809	10
8.	South Carolina	8-2-0	711	12
9.	Michigan State	8-2-1	680	11
10.	Notre Dame	8-2-0	654	7
11.	UCLA	9-2-0	620	5
12.	Oklahoma State	9-2-0	478	13
13.	Clemson	9-2-0	347	8
14.	Georgia	7-3-0	344	14
15.	Texas A&M	8-2-0	336	16
16.	Tennessee	8-2-1	320	15
17.	Southern Cal	8-3-0	213	—
18.	Alabama	7-3-0	175	17
19.	Iowa	9-3-0	156	18
20.	Pitt	8-3-0	119	19

Other receiving votes: Penn State 99, Indiana 82, Wyoming 54, San Jose State 24, Florida 11, Air Force 9, Eastern Michigan 9, Ohio State 6, Arkansas 1, Michigan 1, Tulane 1.

La Plata's ninth grade team fell behind Stanton 17-11 in the first half, and trailed Stanton 31-23 after three quarters of play in a 38-34 defeat.

Jennifer Betzen and Robin White each scored nine points for La Plata, and Brenna Reinauer had seven points.

La PLATA NINTH GRADE: Robin White 4 1-2 9; Jennifer Betzen 4 1-4 9; Brenna Reinauer 2 2-7 7; Patricia Martinez 1 3-4 5; Gina Alley 0 2-2 2; Camille Betzen 0 1-3 1; Tracy Brush 0 1-3 1. Totals: 11 15-27 34.

Stanton 4 7 12 11-34

La Plata 4 13 14 7-38

La PLATA EIGHTH GRADE: Shantel Cornelius 4 1-1 9; Roxann Torres 2 0-1 4; Lindsay Radford 1 2-2 4; Lori Sanders 1 1-2 3; Brek Binder 1 0-1 2; Teresa Baker 0 1-4 1; Jennifer Hicks 0 0-2 0. Totals: 11 5-27 34.

Stanton 4 7 12 11-34

La Plata 4 13 14 7-38

La PLATA SEVENTH GRADE: Kelley Whitaker 3 0-0 6; Claudia Ramirez 2 0-2 4; Angela Belcher 1 0-0 2; Jill Robinson 1 0-0 2; Wendy Hollingsworth 1 0-0 2; Taylor Brooks 1 0-0 2. Totals: 9 0-2 18.

Valley View 3 3 8 2-16

La Plata 2 4 4 0-18

La PLATA SEVENTH GRADE: Angela Belcher 4 0-0 8; Kelley Whitaker 2 0-1 4; Wendy Hollingsworth 1 0-0 2; Kyla Matthews 1 0-0 2; Misty Peabody 1 0-0 2. Totals: 9 0-1 18.

Canyon Purple 8 4 8 3-23

La Plata 6 2 2 0-18

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