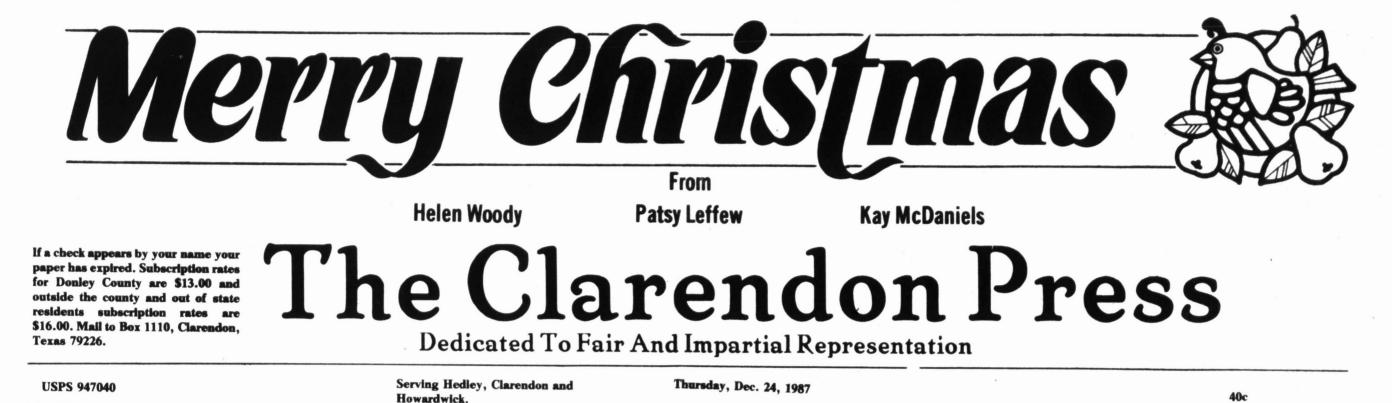
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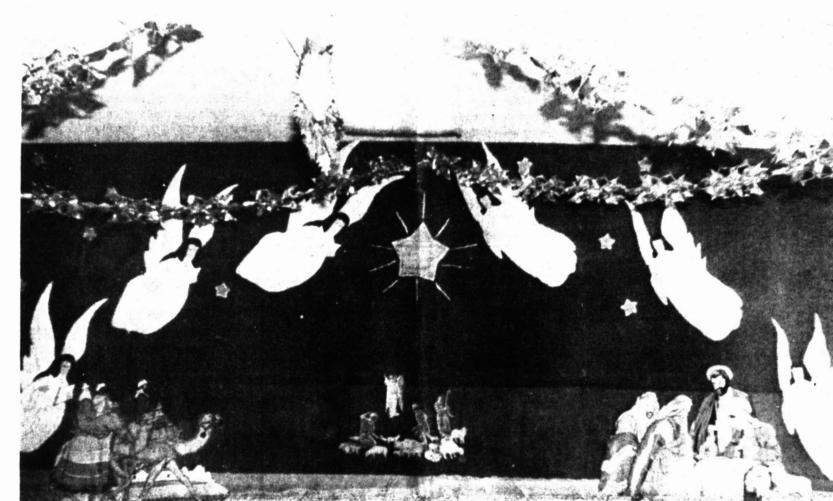
### **Checks late for AFDC** recipients

The Texas Department of Human Services announced that the checks to the recipients of the Aid to Families with Dependent Children ( AFDC) program will not be mailed from Austin until the first working day after the federal funds become available to the state, which will be January 4. Based on past experience, mail from Austin takes about 5 days to reach some addresses in the Panhandle. It is conceivable that the checks will not reach the AFDC recipient families until January 11.

The department is concerned that many of the families who depend on these payments will be unable to pay utility bills and rent in time to avoid disconnection of services or eviction from their homes.

Community agencies and groups who provide emergency services are also concerned because there is not enough funds to assist the number of families who may need help due to the delayed payments.

The department is asking utility companies and rental agents to take



warms of cooked turkey safety

**Safety experts** 

A food safety expert with the Texas A&M University System's Agricultural Extension Service cautions against letting convenience, lack of time or a favorite family recipe get in the way of following safe food handling practices this Christmas.

Because of large frozen turkey can take several days to defrost in the refrigerator, people start to take short-cuts like putting the bird on the kitchen counter to thaw. This practice allows salmonella bacteria to flourish.

The only safe way to thaw a turkey in a hurry is to use a microwave oven or to thaw in cool water in the sink. changing the water every 30 minutes. If you don't want to bother with thawing, you will be better off to buy a fresh turkey, which can be kept refrigerated for 1-2 days before cooking. According to the specialist, both frozen and fresh turkeys should be washed inside and out in cool water and patted dry with a paper towl before stuffing and cooking. Then wash in hot soapy water all cutting boards, pans and utensils that have come in contact with the raw turkey. It might seem like a convenience to stuff the turkey in advance. but it could be dangerous. When a turkey is stuffed it creates ideal conditions for the growth of bacteria in the cavity. In a home refrigerator, it's very difficult to kep the stuffing inside a pre-stuffed turkey below 40 degrees F, which is cold enough to keep most bacteria from growing.

this delay into consideration and allow some additional time for payments.

NATIVITY SCENE on the wall in the Medical Center's Dining Room.

# An estimated 77 persons will die in traffic accidents in Texas

The Department of Public Safety has estimated that 77 persons will die in traffic accidents in Texas during the upcoming holiday periods. DPS Director Leo Gossett said.

Gossett said the Department believes as many as 42 persons will be killed on the state's streets and highways during the Christmas holidays, with another 35 losing their lives over the New Year's travel time

"If 77 persons were to die in one incident, it would be considered a major disaster," Gossett said. "Traffic deaths, even though they are individual occurrences. are no less tragic to the family and friends of the victim, and to us all."

The Christmas holiday period begins at 6 p.m. December 23 and continues for 102 hours until December 27. The New Year's holiday period will begin at 6 p.m. December 30 and continue through midnight January 3, also 102 hours.

In 1986, 28 persons died as a result of injuries suffered in traffic accidents during a 54-hour holiday period, with another 20 dying as a result of injuries suffered during the 54-hour New Year's period.

The Department will be issuing periodic reports on the number of traffic deaths to the news media during the Christmas and New Year's periods to heighten traffic safety awareness.

The fatality estimates are prepared by the Department's Statistical Services Division

"We base the estimates on the

**Tommie Saye** 

Day

Monday

Tuesday

Thursday

Saturday

l'otal for year

Sunday

Friday



A message from this newspaper and the Texas Dept. of Public Safety

length of the holiday period, current fatality rates and previous fatality counts," said Jim Templeton, manager of the statistical division. 'We're hopeful that Texas drivers will take additional care so these estimates will turn out to be far too high.

Colonel Gossett said all available Highway Patrol troopers will be out during the holiday periods.

"Our troopers primarily will be looking for the two violations that lead to the greatest number of traffic deaths--DWI as well as excessive speed," Gossett said.

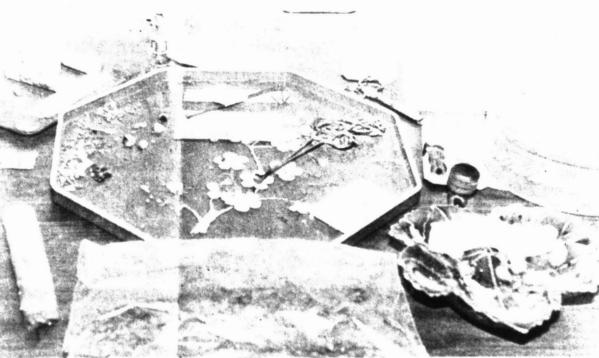
'This is the first Christmas season during which the new drinking and driving law and the 65 mph speed limit on portions of interstate high-

ways will be in effect," the DPS director added.

"It is a violation in Texas for a driver to drink an alcoholic beverage while operating a motor vehicle," Gossett said. "This is an important law, because some driving impair-

ment can occur below the .10 blood Gossett added. "The speed of 65 is allowed for cars, motorcycles, comalcohol level that is the point of intoxication as defined by law."

mercial buses and light trucks, but "We encourage those driving on only in designated and posted rural Texas highways to watch for the zones of interstate highways. The speed limit signs to know the maximum speed on U.S., state and maximum speed permitted by law," other highways is still 55."



MARIJUANA CONFISCATED during Saturdays drug raid.

# Sheriff's office arrest two on marijuana charge

On December 11, the sheriff's department caught a 16-year old junvenile inside The Nook. Deputy Mike Spier was making his rounds when he saw the youth. He was finally apprehended on the roof of

Bivens Pharmacy. He allegedly took charged a man and a woman with a pair of sun glasses, pair of gloves and two rolls of quarters.

Saturday about 11 p.m. December 20th. Sheriff Jimmy Thompson and his deputies made a drug bust and possession of marijuana over 4 ounces. They were arrested and charged with a third class felony which could carry a 2-10 year jail term if convicted.

# **Recycled** \$81,000.00 spent at Lucky Buck Auction

biting wind some 150 bidders spent Bucks as they shopped in their store some \$81,000.00 in Lucky Bucks starting November 14th. Dollars

children's gifts to gifts for the family, Co. with \$3,000 Lucky Bucks and a and gifts for giving to mother, father, gift certificate from The Nook went

The Donley County Lucky Buck's aunts or uncles. Approximately 50 Auction was held Saturday on Main merchants donated this merchan-Street. Despite the cold weather and dise, and gave their customers Lucky

One shopper purchased a gift The merchandise ranged from certificate from Greene Dry Goods

for \$2500.00. The bidding ranged from the \$50.00 Lucky Bucks to \$3.000 Lucky Bucks.

There was no pooling of Bucks this year and everyone had a much fairer chance to purchase something with their dollars. Thank you for supporting your merchants and participating in the Lucky Bucks Auction.

For that reason, the U.S. Department of Agriculture advises against buying a pre-stuffed fresh turkey.

The specialist recommends preparing and refrigerating the stuffing in advance and placing it in the turkey right before cooking, or cooking it separately.

If you have a recipe that calls for long cooking at a low temperature. the specialist recommends not using it. At 250 degrees F the turkey and stuffing could take more than four hours to reach a high enough temperature to destroy bacteria.

While it's safe to microwave an unstuffed whole turkey, a stuffed bird is too dense to assure thorough cooking.

Even after the bird is cooked, tood borne illness can result when perishable foods are allowed to sit at room temperature. In general, foods should never be left at room temperature for over two hours.

The rule applies to leftovers too. To insure safe turkey sandwiches. play it safe by removing the stuffing from the bird and refrigerating both immediately after dinner. Later in the evening, you can stirp the breast from the carcass and store it in mealsized portions for later use.

The symptons of food-borne illness are seldom life-threatening, but can be serious for young children and the elderly. Since nausea, stomach cramps and diarrhea are an unpleasant way for anyone to begin the holiday season, it's best to take food safety precautions, maintains the specialist.





# Lone Star is ready for winter

Residents in Texas have already had a taste of cold weather and more can be expected in the weeks and months ahead. But, Lone Star's one million-plus residential customers can rely on clean, reliable gas heat even on the coldest days.

"We don't expect an exceptionally long, cold winter this year," says Jack Cole, Lone Star's chief gas controller. "Based on forecasts from the National Weather Service, we anticipate a relatively normal winter

In the event Lone Star customers experience a prolonged period of bitter cold weather, it is possible that some gas service to certain large industrial and electric generation customers might be temporarily cut back

This does not mean that Lone Star does not have the gas to serve all its customers," Cole explains. "It



simply means that our pipeline system is efficiently designed to carry less than a peak-day load, thus lowering customers' cost of gas service.

"Industrial and electrical generation customers agree to gas cutbacks during high demand periods," Cole says. "By cutting back gas to these customers, we are protecting our human-needs customers."

A new 36-inch pipeline, completed early this year, from East Texas has greatly increased the Company's capacity to move gas into the system. The new line provides additional gas easing demand on other supply sources making more gas availabel across our entire system. And we will be able to withdraw more gas from storage at a faster rate and we should see a reduction in cutbacks to interruptible customers," says chief of engineering Don Raney.

The Clarendon Press, Thurs., Dec. 24, 1987

On the days when Lone Star customers require more than normal amounts of gas because of cold weather, gas is withdrawn from ten active underground storage sites located throughout the Lone Star service area.



One termite queen produces about half a billion offspring during her



The globefish staves off predators by gulping a large quantity of water, till it becomes simply too large to be swallowed by its enemies

The Clarendon Press is published every Thursday at 106 S. Kearney and entered as Second Class Mail at the post office at Clarendon, Texas. J.C. and Helen Woody, publishers and editors.

Any erroneous reflection upon the character of any person or firm appearing in these columns will be gladly and promptly corrected upon being brought to the attention of the nanagement.

All pictures used in The Clarendon Press wich are not the property of The Clarendon Press must be picked up in 10 days after publishing date.





I S I & B MISTE WARRAND

**STYLED TO ENHANCE ANY BATH AREA** 

#### **APOLLO 2001 BATH**

Medical Center needs donations for Apollo bath

Donley County Medical Center installed an Apollo 2001 Bath in the Center on Oct. 13, 1987. This total bathing system cost \$9,288.60. The Medical Center had donations amounting to \$5,700 and some \$500 more has been donated since that time. There is still approximate \$3000.00 left to completely pay for this unit.

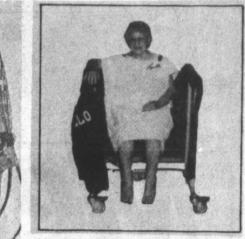
This beautiful and compact unit easily fits into a 6 foot by 8 foot room, it has ever get cold? a built-in seat and door entry makes it ideal for mobile patients. The level glide Sure, penguins sometimes transfer makes it an excellent system for unstable or immobile patients.

It has a hand held shower and mixing valve, rapid tub filling, a large 2 inch floor drain and a built in whirlpool. Larry White, Medical Center Administrator well suited for life in a freezstated, "we had one patient who had a real bad sore on his ankle, and nothing ing climate. Penguins have seem to help it. After this patient had been in the whirlpool for a few times the sore began to heal. It is really helpful for circulation and joints"

The Apollo bath easily accommodates most physically impaired people comfortably.

The Medical Center still needs approximately \$3000 in donations to finish paying for this unit. Medical Center would appreciate any donation towards this useful and necessary piece of equipment at Medical Center. equipment.

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LEVEL GUIDE TRANSER CARRIER



Do penguins in Antarctica

get cold. But their bodies are thick layers of fat under their skin for insulation. They also have waterproof, windproof feathers to help keep out the cold. These birds are a lot more comfortable sitting on ice than they would be sitting on a warm beach. Penguins



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#### **1988 County Committee Election**

Ballots for the 1988 County Committee Election were tabulated on December 10, 1987, in the county office conference room. Earl Shields was elected to a three year term on the ASC County Committee with Roy Lee Helms and Larry Wade being elected as first and second alternate for one year terms. Holdover committeemen are Don Thornberry and James Potts.

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Farmer committees are in charge of local administration of national farm programs. At least one committee member and two alternates are elected each year. The farmer receiving the largest number of votes is elected to a 3-year term; second and third largest, 1-year terms as alternates.

**1987 Wheat Deficiency Payments** 

The national weighted average market price for 1987 for wheat is \$2.42 per bushel. The 1987 wheat deficiency payment of \$1.53 per bushel, which is the amount subject to the \$50,000 payment limitation, will be prepared in Kansas City and mailed to this office. This amount less your advanced payments will be paid in commodity certificates (CCC-6's). The note subject to limitation payment is scheduled for July 1988. **Wool and Mohair** 

January 31, 1988, is the final date to file for incentive payments on wool and mohair that were marketed during the 1987 Program Year. Please bring your sales receipts for wool, mohair, or any unshorn lambs sold during the 1987 calendar year. Be aware that it is your responsibility to report any transportation charges at the time your receipts are submitted.

#### CU Acres for the 0/92 Wheat Program

Remember that the CU land up to 50 percent of your permitted acreage cannot be grazed until January 1, 1988. This is applicable only to those producers participating in the 0/92 acreage reduction program for wheat in 1987. The CU land over the 50 percent level has no grazing restric-

**1988 Upland Cotton Program** Sign-up will be announced later.

The provisions for the 1988 Upland **Cotton Program include:** 1. A \$0.77 per pound target price, and a national loan rate of \$0.518 per pound for the base quality of upland

cotton (Strict Low Middling (SLM) 1-1/16 inch, micronaire 3.5 through 4.9, at average U.S. location).

2. No paid land diversion program. 3. Maximum acreage of cotton you will be permitted to plant is 87.5

percent of your 1988 base. 4. You must devote to ACR (set-aside or lay-out) an acreage of eligible cropland equal to 14.29 percent of the cotton planted acreage and any conserving use (CU) acres for payment.

#### **Peanut Marketing Cards**

Peanut producers need to return your marketing cards to this office at soon as possible after marketings are completed for the farm. This is the first year to use the new computerized marketing cards and they should contain all sales transactions at buying points. Any marketings not made through an established buying point should be reported when the card is returned. The amount of peanuts retained on the farm for seed or any use is also required to be reported at this time. You will receive a print-out and will be responsible for checking it to be sure that all marketings from the farm

have been properly recorded. **Loose Shelled Peanut Kernals must** be reported

Loose shelled peanuts removed from peanuts before marketing and retained by peanut program participants or peanut handlers must be reported. Loose kernels removed

#### The Clarendon Press, Thurs., Dec. 24, 1987

from a lot before marketing are considered quota peanuts and must be reported to this office if they were removed by the grower and retained on the farm, or if they were removed by a handler and retained for the service performed. If they are marketed as additional peanuts under contract or additional peanuts under loan they are not considered quota peanuts.

#### Holidays

This office will be closed December 25, 1987, and January 1, 1988 in observance of our Savior's birth and to celebrate the New Year. 1987 has been a very rewarding year for you as producers and we in the Donley County ASCS Office extend to your Seasons Greetings and a wish for 1988 to exceed our expectations.

### **Donley County Senior Citizens**

#### **Calendar of Events** December 24-30

Thursday and Friday Closed for **Christmas Holidays Merry Christmas** Monday Exercise 11 a.m., Dance Practice 7-9 p.m.

Tuesday Exercise 11 a.m. Birthday/Anniversary Salad Supper 6 p.m.

Wednesday Exercise 11 a.m.,

December 24-30 Thursday and Friday Closed for Christmas Holidays.

Monday Salmon loaf, french fries, mixed vegetables, coleslaw, plums, bread, milk, tea, coffee.

Tuesday Oven fried chicken, golden hominy, broccoli, waldorf salad, chocolate pie, dinner rolls, milk, tea, coffee.

Wednesday Chicken fried steak, mashed potatoes with gravy, harvard beets, pea salad, applesauce cake, dinner rolls, milk, tea, coffee.



MR. ND MRS. LEE ROY JOHNSON

The Bill Weatherlys celebrate 50th anniversary.

Mr. and Mrs. W. T. Bill Weatherly celebrated their 50th wedding anniversary, with a reception on December 5th at the First United Methodist Church in Clarendon.

The event was hosted by their children and her sister, Mrs. Pete Partlow of Tulia.

Weatherly married the former Jeanice Porter, on December 5, 1937 in Hollis, Oklahoma.

The couple has maintained their home here for fifty years. Weatherly was connected with the lumber business, contracting or managing yards for most of his married life. He retired as City Manager of Clarendon in 1982.

The Weatherlys are members of the First United Methodist Church of Clarendon.

Children of the couple are Ted Weatherly of Pullman, Washington; Ann Burton of Stinnett and Jan Noble of Clarendon. The couple has nine grandchildren and two great granddaughters.

# Lee Roy Johnson to celebrate **50th wedding Anniversary**

Mr. and Mrs. Lee Roy Johnson of Clarendon will celebrate their 50th wedding anniversary December 24. They will be honored with a reception from 2 to 4 p.m. at Calvary Baptist Church Fellowship Hall,

The event is being hosted by the couples 5 children, 11 grandchildren and 11 great-grandchildren.

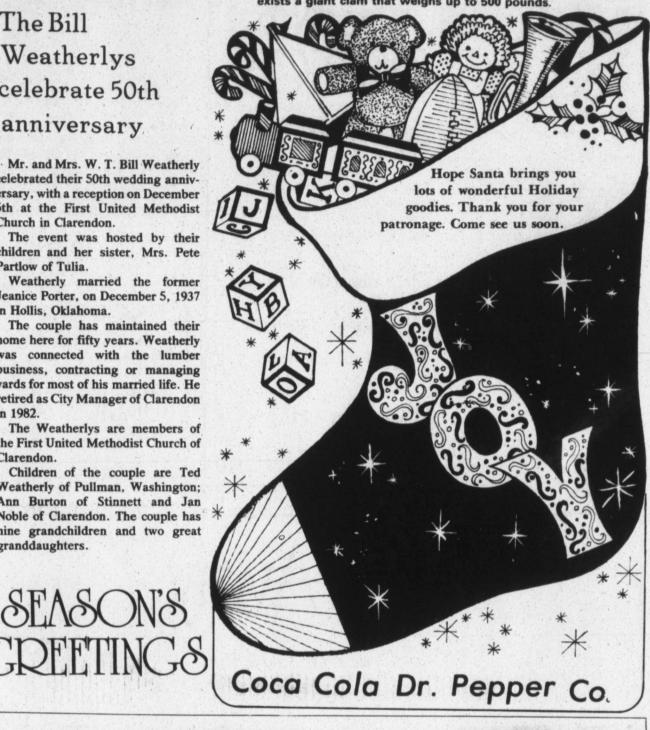
Mr. Johnson married the former

Edna Bird on January 1, 1938 in Clarendon. The couple has resided in Clarendon all but about 6 years of their married life. Mr. Johnson was employed by Greenbelt Water until his retirement.

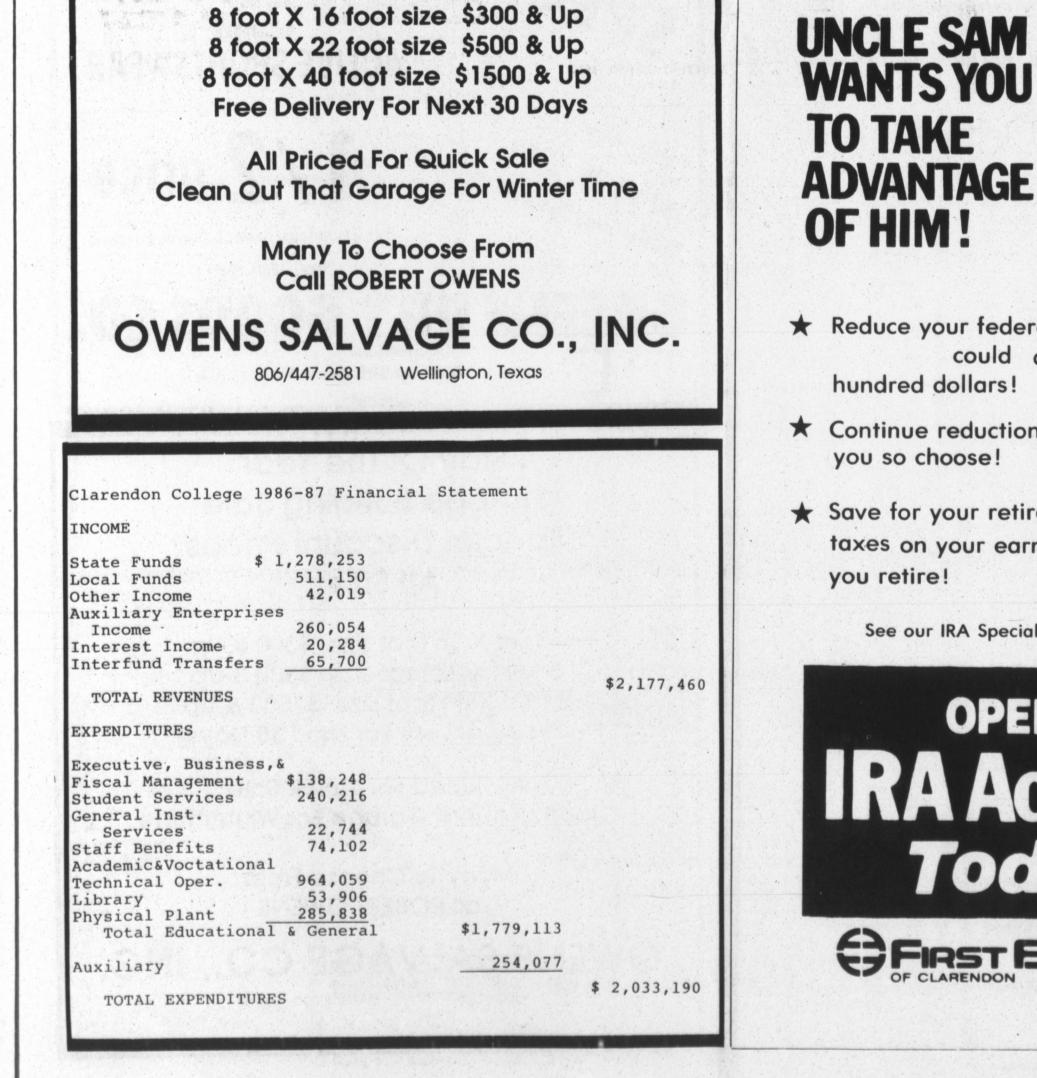
The presence of friends and relatives at the reception is the only gift the couple requests.



Deep among the coral reefs of the South Pacific there exists a giant clam that weighs up to 500 pounds



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FDIC

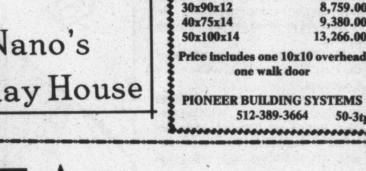
# A new law for truck and bus drivers.

You may have only one driver's license issued by the state where you live, according to a new federal law. You should return any other licenses you hold to the states that issued them. Effective July 1, 1987, if you have more than one license, it will be illegal, and you may be fined up to \$2,500.

For additional information and exceptions, contact your local Texas Department of Public Safety office or your employer.

Have a festive Christmas with all of the trimmings. . . like peace and joy, love and contentment, laughter, smiles and warm memories to treasure always. Enjoy all these this season and in the new year to come.

We will be closed Christmas Eve All Christmas arrangements have been marked down Nano's Holiday House





Good to Over 230 Cities ... Everywhere Delta Flies in the U.S.

So you can visit your grandchildren.

The Clarendon Press, Thurs., Dec. 24, 1987



FIVE GENERATIONS GATERED recently in Amarillo. Mrs. Opal Paschal of Amarillo, Steve Smith, Joan McAfee, Marie Jones and West Smith all of Clarendon.

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\*\*\*\*\*\*

Prices Good

# **Family activities make**

# holidays special

Doing things together as a family over the holidays creates good times and memories -- and strengthens the family unit.

"It's ironic that even though the holidays are supposed to be family times, we're busier than ever," says Diane Welch, a family life specialist. "With family members shopping, baking and going in different directions to parties and other events, it's possible to spend very little time together.

"When children are of different ages and family members have different interests, it can be difficult to find things that everyone will enjoy," concedes Welch.

"But because shared family activities have consistently been identified as an important contributor to a strong family, making the effort to find something that works for your family is a worthwhile goal.

Family time doesn't have to be elaborate or expensive, she says, but should be involving. While sitting around watching television together can be a fun activity, there are many other types of things families can do as well.

Welch, who is a home economist with the Texas A&M University Agricultural Extension Service, suggests some of following as possible family activities:

\*Musical activities - Plan a family sing-along, music recital or Christmas concert. Attend Christmas music programs presented at church.

\*Nature activities - Take a trip to a cut-your-own Christmas tree farm, try a nature hike, family camping trip, star studying session or feeding and watching birds and wildlife.

\*Service activites - Get in the spirt of the season by doing something for others, such as visiting shut-ins or nursing home residents or having a neighborhood canned food drive for the local food bank.

\*Dramatic activities - Try an evening of story-telling, dramatic games, charades, pantomimes or word games.

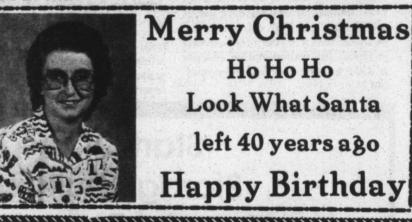
\*Social activities - Consider setting aside time for cards, board games, going through the family albums or having a family party.

\*Physical activities - Play backyard games, tennis, horseshoes or ball. Try skating, dancing, hiking or cycling.

\*Spiritual activities - - Attend services at your church, or visit a church of another denomination to see the different ways the meaning of the holiday is celebrated.

The type of activity your family chooses is less important than the fact that you do things together, says the specialist.

She notes that family activities can also help beat the "is that all there is" reaction of youngsters after the decorations are up, the gifts opened and the parties are over.



**Bay Club** 

by Catalina

**ACTIVE SPORTSWEAR** 

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See your friends. Take that vacation you always promised yourself.

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#### A YEAR'S WORTH OF FLIGHT

Young At Heart tickets are good for an entire year from the day you buy them. Each book is valid for only one person and identification showing proof of age 62 or over is required at flight departure. Seats are limited and may not be available on all flights. Travel to certain cities may involve a small fuel/terminal surcharge. A completely unused ticket book may be returned for a full refund. No refund applies if any one of the tickets has been used. Fares subject to change without notice.

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1 passenger's name per book:

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There's no limit to the number of books you can buy. Each book is valid only for the passenger named on the book. Each passenger must be at least 62 years old and identification is required at flight time. Tickets are valid for 1 year from date of purchase. Completely unused books of 4 or 8 tickets may be returned for a refund. No refund if any of the tickets have been used.

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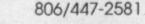
Dec 23-30, 1987 While Supplies Last One Group Tops, Pants, & Over size Jackets Reg. \$3800 -\$6000 GREENE DRY GOODS CO. 37 We Give S&H Green Stamps Start Of The Year **Storage Building Sale Special Discount Prices All Sizes** 

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# **Turkey Specials** keep cost down

Christmas dinner may be one of the most economical you eat this year -- especially if you have a family tradition of serving a whole bird and making side dishes from scratch.

Most supermarkets use turkey to attract holiday shoppers, so retail prices don't necessarily reflect wholesale prices, according to Dr. Dave Mellor, a poultry marketing specialist with the Texas A&M University Agricultural Extension Service.

He says unbasted, store brand turkey could be as low as 60 cents, while basted, national brand turkey will be in the \$.90-1.00 per pound range.

State Board of

The State Board of Insurance

urges older Texans to think carefully

before buying more than one Medi-

Some Texas seniors have been

persuaded to purchase more policies

than they need -- sometimes as many

In reality, most people are better

off buying just one Medicare Supple-

ment policy -- the most comprehen-

A whole bird is the traditional favorite and less expensive than further processed turkey parts or

care Supplement policy.

as six or seven.

pound, pre-basted breast about \$1.40 per pound, and boneless smoked turkey about \$4.58 per pound.

More people are ordering fresh turkeys from supermarkets or meat markets, although they will be somewhat more expensive.

There may also be little difference in quality. Turkeys that are frozen immediately and held for sale months later could be fresher than turkeys that are refrigerated for up to two weeks before sale.

**TAEX nutrition specialist Marilyn** Haggard adds that the ultimate in convenience -- the stuffed, cooked whole turkey from a deli or restaurant will top the list in cost.

Some consumers want to trade the expense of a prepared bird for the extra time they can spend with the roasts. For example, cooked drum- family, attending a football game, or sticks are running about \$1,80 per using their energies to make special

Insurance

care Supplement policies.

side dishes and desserts.

Preparing a Christmas dinner from goes toward convenience.

The basic ingredients of a Christmas feast, like corn meal, bread, celery and onions for stuffing, cranberries, plain canned or frozen peas, white potatoes and yams are relatively inexpensive foods. But if you choose instant potatoes or stuffing mixes, prepared cranberry relish and frozen peas in a special sauce, the cost will go up by half or more.

Both Extension specialists agree that among other things, Americans can be thankful for the fact that our food prices are among the lowest and our food quality among the best in the world.

### 1113 Facts from the **Conservation Foundation**

#### **Encouraging Progress**

A recent Conservation Foundation assessment of environmental conditions and the management of natural resources in the United

already is entitled. Federal law provides penalties of up to five years in prison and a \$25,000 fine for agents convicted of this practice. An agent convicted of a

Consumers with insurance questions are encouraged to call the board's tollfree hotline, 1-800-252-3439.

complaint must be submitted in writing to the Complaints Division. Jacinto, Austin, TX 78701-1998.

The Clarendon Press, Thurs., Dec. 24, 1987

scratch is instructive, since it underscores the amount of money that

Changes are essential to ensure continued progress in air and water pollution control.

> mental programs. It's aimed at helping leaders in government. business planners, activists, students and concerned citizens to understand environmental problems and how they might be solved.

> The report shows that our expenditures on air and water pollution control are working. However, the report also concludes that there is much more work to be done. Changes are essential if further progress is to be made on longstanding environmental issues and newly recognized ones alike.

> For more information on the report and how you can order a copy, write: The Conservation Foundation, 1250 24th St., NW, Washington, D.C. 20037.

To keep the drain from clogging with hair when bathing your dog, stuff it with a nylon scouring net.

**One Good Sport Deserves Another** 

#### PEANUT ROASTING METHODS

#### **Conventional Oven Roasting** ("Parching")

Place raw peanuts, in-shell or shelled, one layer deep in a shallow baking pan. Roast in a 350°F. oven-15 to 20 minutes for shelled and 20 to 25 minutes for in-shell peanuts. (Peanuts must be removed from oven just short of doneness desired as they continue to cook as they cool.)

#### **Microwave Oven Roasting**

#### 2 cups raw shelled peanuts

Place peanuts in a 10 x 6 inch glass or other microwave-safe container. Dot with butter or margarine. Microwave on high for two minutes. Stop. Stir peanuts. Continue to microwave two minutes at a time followed by

microwaved 10 minutes for light roast; 12 minutes for medium roast. Remove from microwave. \*Season to taste. (Caution: peanuts continue to cook as they cool. Cooking time may vary with ovens.)

#### **Oil Roasting (French Frying)**

2 cups raw shelled red skin or blanched peanuts

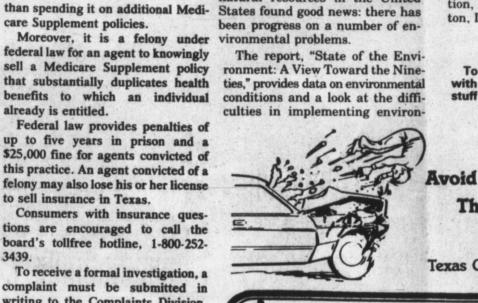
1-1/2 cups peanut oil or enough to cover peanuts

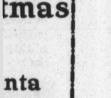
In an electric skillet, deep fryer or heavy saucepan heat oil to 350°F. Add peanuts and cook, stirring frequently, for about 5 minutes or until just under doneness desired (they continue to cook as they cool). Drain on paper. \*Season to taste.

\*Seasonings to complement freshly roasted shelled peanuts include salt, seasoned salt, popcorn salt, onion salt or powder, garlic salt or powder, paprika, chili powder, curry powder, red pepper, Parmesan









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#### Take Winter Precautions; Don't Be Left Out In The Cold

Driving in rough weather can be just as safe as navigating on more temperate days if you know how to prepare for adverse conditions. The experts at the Shell Motorist Club (SMC) recommend drivers take the following precautions:

• Stock your car with an emergency first aid kit, flashlight, blankets, an ice scraper and flares.

**OVEREATERS** 

ANONYMOUS

Meets 6:30 Thursday nights

**Episcopal Church Parish House** 

**301 S. Parks** 

**No Dues** 

No Fees

45-4tp



• De-ice, by using a scraper while slowly warming the wind-

shield inside with the defroster.



vance to make sure your battery is in good charge, your hoses are secure and you have sufficient antifreeze and oil.

· Join an automobile club, it may be the best precaution drivers can take for all driving conditions. For information about SMC, write P.O. Box 2463, Houston, TX 77001.

#### The Clarendon Press, Thurs., Dec. 24, 1987



Safe traveling for food

If you're taking food to a holiday party or family gathering, make sure you don't inadvertently bring along food poisoning bacteria to spoil the fun.

"The real probelm occurs when you have to travel more than two hours," says food safety expert Marilyn Haggard. "Bacteria multiply rapidly whenever perishable foods are left between 40 and 140 degrees Farenheit for that amount of time."

"Since it's difficult to keep foods hot enough to be safe for long travel, cooking the food completely and then

thoroughly cooling it in the refrigerator is one option," she says.

According to the Texas A&M University Agricultural Extension Service specialist, freezing the food is also a good choice.

"Any prepared food that freezes well will travel easier and will help to keep the other foods cold. Just before departing, pack a cooler with ice and the cold or frozen food. Place it in the coolest section of the car."

"Don't forget to count the holding time once you get to your destination too," cautions Haggard. "If you drive for an hour and then the food sits on the buffet for another hour before it's eaten, there could be problems."

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She advises promptly refrigerating food until it's time to reheat and serve it.

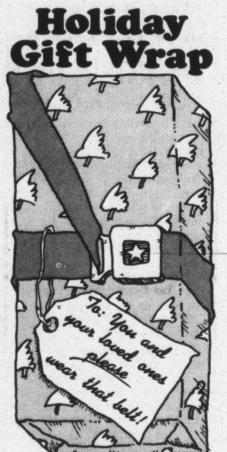
Protein foods, such as meat and poultry; egg dishes like deviled eggs or custards; and gravies are among the foods to be especially cautious

about transporting and holding at proper temperatures, says the specialist.

"The unpleasant symptoms of food-borne illness, including vomiting and diarrhea, can certainly put a damper on holiday festivities. And while it's seldom life threatening, a food-borne illness can be serious for young children and the elderly," remarks Haggard.



Jack Frost, the imaginary sprite who makes frost on trees and win-dows originated Norse mythology.





INEZ SKINNER AND HATTIE **Center Nursing Home's Christmas** COLEMAN sitting by the Medical Tree. **DIXIE PEANUT BRITTLE—OLD RECIPE UPDATED** 



2 tablespoons butter 2 teaspoons baking soda In a heavy saucepan heat sugar,

syrup, water and salt to a rolling boil. Add peanuts. Reduce heat to medium and stir frequently. Cook to hard crack stage (293°F). Add

1/2 cup light corn syrup 1/8 teaspoon salt 1 teaspoon butter 1 teaspoon vanilla

1 teaspoon baking soda

In a 1-1/2 quart microwave safe container stir together peanuts, sugar, syrup, and salt. Microwave on high for 4 minutes, remove from oven and stir. Return to oven and microwave on high for 4 more minutes. Remove from oven; stir in butter and vanilla. Return to oven and microwave on high 2 minutes more. Remove from oven, quickly stir in baking soda, (mixture becomes foamy). Immediately pour onto a lightly greased surface, spreading thin. When cool, break into pieces. Store in an airtight container. Makes 1 pound.



butter, then baking soda (mixture becomes light and foamy). Beat rapidly and pour onto a buttered surface, such as a baking sheet or marble slab. Quickly spread to about 1/4-inch thickness. When cool break into pieces. Store in an airtight container. Makes 3-1/2 pounds.

> **Peanut Brittle** (In The Microwave)

1-1/2 cups raw peanuts, skins on 1 cup granulated sugar

A message from this newspaper and the **Texas Dept. of Public Safety** 

### **Help Protect** Yourself From Cancer

nswer the following questions to identify your own personal risks of developing cancer. If you answer yes to any of these questions, there is something you can do to protect yourself.

1. Do you smoke?

cigarettes		yes		no
pipes		yes		no
cigars		yes	10- <u></u>	no

2. Do you use smokeless tobacco products? chewing tobacco \_\_\_\_ yes \_\_\_\_\_ no snuff yes \_\_\_\_ no

3. Do you often work or play in the sun? \_\_ yes \_\_\_\_ no

4. Are you taking estrogens?

\_\_yes \_\_\_\_no

yes \_\_\_\_ no

5. Do you work with or near industrial cancer-causing agents, such as asbestos, nickel, uranium, chromates, petroleum, vinyl chloride?

6. Do you have X-rays taken frequently?

\_\_\_ yes \_\_\_\_ no

7. Do you eat many foods that are high in fat?

no
no
no
no

8. Do you have more than two drinks of an alcoholic beverage per day?

To get more information on how you can prevent cancer, call the Cancer Information Service of The University of Texas M. D. Anderson Hospital and Tumor Institute, toll-free, 1-800-4-CANCER, in Houston, 792-3245.

The Clarendon Press, Thurs., Dec. 24, 1987

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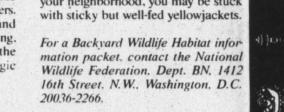
again were seen eating them. Coincidence or not, we maintained a tenuous peace with these ground-nesting wasps and enjoyed a bountiful cucumber

Perhaps you've vied with yellowjackets over a hamburger at a late summer picnic. These wasps, unlike most adult wasps, enjoy a high protein

teristic of their larvae.

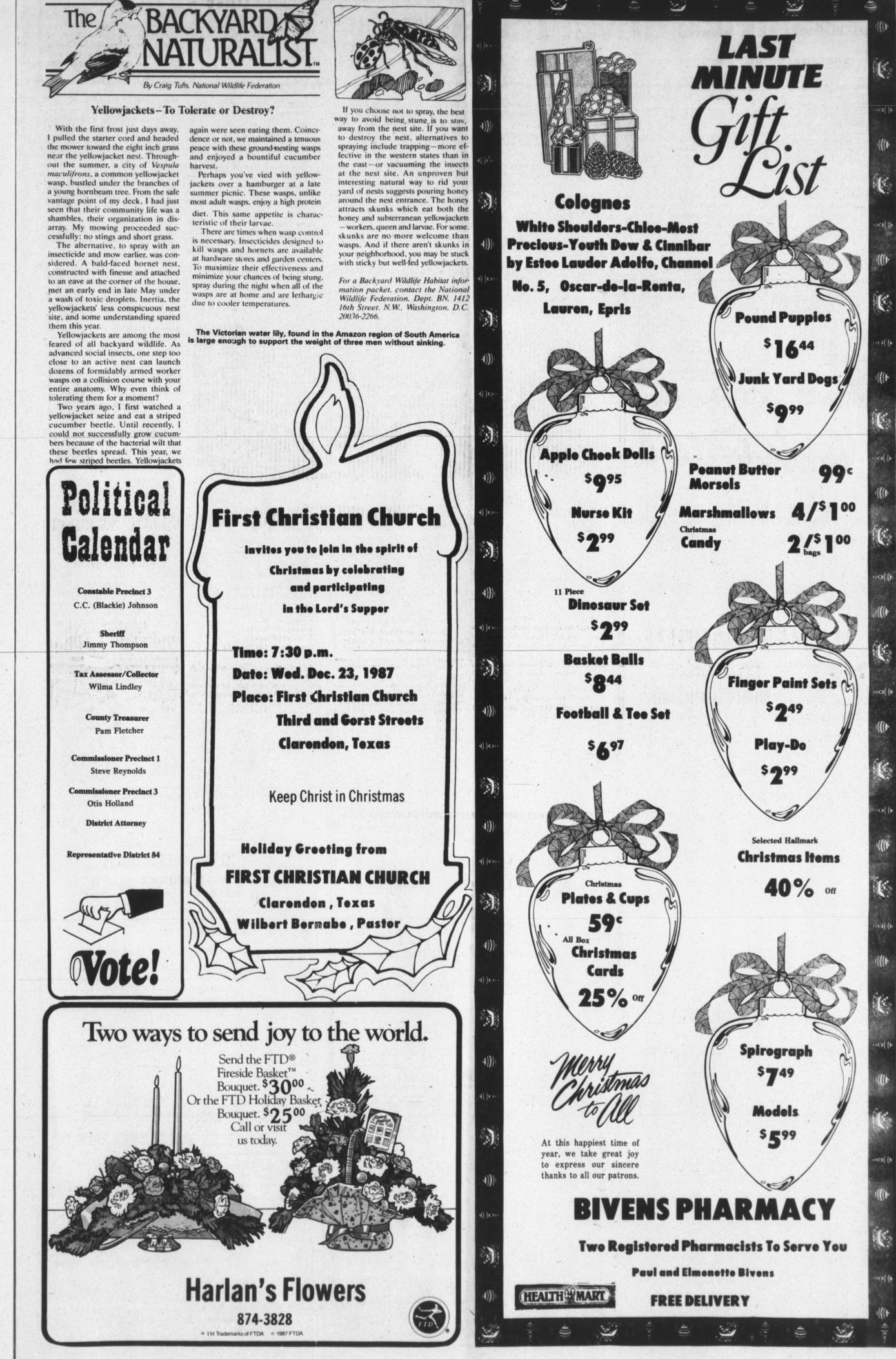
due to cooler temperatures.





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Christmas by celebrating and participating



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The Clarendon Press, Thurs., Dec. 24, 1987

# CLASSIFIED ADVECTISING FOR BEST RESULTS ...

#### 806-874-2259

All classified ads must be paid for in advance.

Classified ad rates are \$3.50 for 15 words or less, 10 cents per word over 15 words. Cards of thanks, average length is \$4.00. Subscription rate in Donley County is \$13.00 a year. Subscriptions for outside of Donley County and out of state are \$16.00 a year. Six month subscriptions are \$8.00 and three month subscriptions are \$6.00. Display ads on request.

A \$1.00 charge will be added if statements are sent on classified ads. If you want your classified ad blocked, there will be an additional \$1.00 charge on the first ad.

AL MORRAH SHRINE CLUB Board of Directors meet on the 1st Tuesday of each month at the First Bank and Trust Hospitality Room 7:30 p.m. The club meets every 3rd Monday, at 7:30 p.m. in the Clarendon Masonic Lodge. H.H. Rodgers President J.C. Woody Vice President

Secretary

**CLARENDON LODGE #700AF/AM** Stated Meeting: 2nd Monday each month 7:30 p.m. Practice Sessions: 1st & 4th Mondays Mike Butts WM GY Willard Skelton Secretary Refreshments served at 6:30 p.m. FOR SALE: Cable tool drilling rig and equipment 874-3602.

**Bill Nidiffer** 

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FOR SALE: New and used aero motor windmills and parts. Submersible pump, stock tanks, water well drilling and service, custom hay hauling. John Morrow 874-2704. 51-tfc

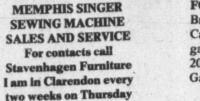
FOR SALE OR TRADE: 2 bedroom furnished house, Howardwick, 202. Angel, living room, dining room, den, large family room, garage 874-5150. 43-tfc

FOR SALE : 2 bedroom, 1 bath country home on 5 acres, 1 mile east of Hedley. Central air and heat, built in stove and microwave. 259-3554 42-tfc

**BABYSITTING** in my home anytime call Sharon 874-3179. 50-4tc

FOR RENT: 3 or 4 bedroom house, built-in dishwasher and compactor, ceiling fans, real nice \$325.00 per month, new central heat and air 874-2452 or 874-3905. 47-tfc

GET PAID for reading books! \$100.00 per title. Write: ACE-A1160, 161 S. Lincolnway, N. Aurora, IL



MAJOR CREDIT CARDS! Regardless of credit history. Also, new credit card. No one refused! For information call...1-315-733-6062 Ext. M1824.

51-4tp FOR SALE: 5 year old white gelding horse and a 4 year old mare call 874-2302 evenings and 874-2259 days. 49-tfc

> **ABANDONED HOMES** take over payments on 2 and 3 bedroom homes **OUALIFY BY PHONE** 806-381-1352 Call Collect 40-tfc

**GREENBELT MOTEL** in Clarendon, Tx. for sale. \$20,000.00. Owner financing available. Call Russell Kellner 505 392-5070.

50-4tp MAJOR CREDIT CARDS! Regardless of credit history. Also, new credit card. No one refused! For information call...1-315-733-6062 Ext. M1823 51-3tp

FREE PUPPIES: 1/2 Cocker, 3 male and 2 female weined and ready for Christmas. Call 874-2733.

52-1tc FOR SALE: Silver Snare drum with case and stand \$15.00; full size bed \$20.00; space heater \$7.50; 874-5000. 52-1tc

FOR RENT: Two bedroom mobile home Howardwick. Call 669-6424 or 665-3548. 52-tfc

FOR SALE: D.P. (Snooks) Ray's ouse, 3 bedroom, 2 bath, Call anders Real Estate 874-2533. 52-tfc **K&T GARAGE** 323 S. Kearney

FOR SALE: Guns new in box, Browning automatic's 243 Cal., 270 Cal. 3x9 scope; Remington 1100 12 ga. & 20 ga.; Remington 870 Pump 20 ga.; Colt Auto 38 & 25 Pistols; Jim Garland 874-3556 51-2tc

TEXAS REFINERY CORP. needs mature person now in Clarendon area. Regardless of experience, write A.D. Hopkins, Box 711, Fort Worth, TX 76101. 52-1tc

**BIDS WANTED** The Donley County Commissioners Court will accept sealed bids on a duplexing copier until January 11, 1988 at 9:00 a.m. Bids should be sealed and marked copier and mailed or delivered to the County Judge, Box 777, Clarendon, Texas 79226. Donley County reserves the right to accept or reject any and all bids. Judge W.R. Christal

> **County Judge Donley County, Texas** 52-3tc

#### **REQUEST FOR BIDS ON TEXAS HIGHWAY CONSTRUCTION**

Sealed proposals for construction 119.231 miles of seal coat on various limits of US 83, US 82, SH 222, US 277, FM 3413, SH 152, SH 70, SH 256& FM 98 in Collingsworth, Dickens, King, Knox, Donley, Wheeler, **Briscoe and Foard Counties covered** by CPM 31-3-24, CPM 132-1-35, CPM 132-2-24, CPM 32-6-24, CPM 496-1-16, CPM 496-2-13. CPM 157-2-29, CPM 31-4-29, CPM 797-7-18, CPM 797-6-4, CPM 397-2-28, CPM 311-4-10, CPM 541-1-17, CPM 702-3-14 & CPM 1998-2-4 will be received at the State Department of Highways and Public Transportation, Austin, until 1:00 p.m. January 13, 1988, and then publicly opened and read.

Plans and specifications including minimum wage rates as provided by Law are available for inspection at the office of Timothy J. Weight, **Resident Engineer**, Childress, Texas and at the State Department of Highways and Public Transportation, Austin, Texas. Bidding proposals are to be requested from the Construction Division, D.C. Greer State High

are available through commercial printers in Austin, Texas, at the expense of the bidder.

Usual rights reserved.

#### **REQUEST FOR BIDS ON TEXAS HIGHWAY CONSTRUCTION**

Sealed proposals for constructing 286.607 miles of seal coat on various limits of IH 40, US 60, Loop 552, US 385, IH 40, SH 207, PR 5, SH 273, Spur 398, FM 293, FM 295, FM 3143, FM 282, FM 1268, FM 1062, FM 1057, FM 2373, FM 2391, FM 2587, FM 2880, FM 2889 and FM 3367 in Oldham, Randall, Potter, Carson, Gray, Deaf Smith, Donley, Armstrong and Roberts Counties, covered by CPM 90-3-39, CPM 168-8-42, CPM 168-9-105, CPM 169-2-47, CPM 169-3-28, CPM 169-4-31, CPM 169-7-35, CPM 169-13-6, CPM 169-14-6, CPM 226-4-12, CPM 226-5-34, CPM 275-2-41, CPM 275-3-41, CPM 275-3-34, CPM 275-8-22, CPM 275-9-19, CPM 275-10-22, CPM 356-3-14, CPM 357-1-12, CPM 357-2-13, CPM 534-1-10, CPM 560-2-28, CPM 560-5-5, CPM 753-3-13, CPM 793-1-7, CPM 797-5-3, CPM 798-1-18, CPM 798-2-8, CPM 1246-1-13, CPM 1246-1-14, CPM 1246-2-5, CPM 2218-1-14, CPM 2218-2-6, CPM 2219-1-7, CPM 2221-1-3, CPM 2221-2-4, CPM 2492-1-5, CPM 2492-2-8, CPM 2611-2-5, CPM 2970-3-4, CPM 3261-1-3 and CPM 3512-1-3 will be received at the State Department of Highways and Public Transportation, Austin, until 1:00

NOT ONLY DOES **McVICKERS' KIRBY SERVICE Repair and/or Recondition** any make or model vacuum cleaner but We Also Clean Carpets JOHN D. AND LOIS MCVICKER 36-tfc

#### \*

FOR SALE Houses in Clarendon, and Howardwick. Lots of new Listings. Call us, we need listings 874-2533 SANDERS REAL ESTATE 720 South McClelland 874-2533

\*

p.m., January 12, 1988, and then publicly opened and read.

Plans and specifications including minimum wage rates as provided by 53-3tc Law are available for inspection at the office of Henry L. Gallegly, **Resident Engineer**, Dalhart, Texas, and at the State Department of **Highways and Public Transportaton**, Austin, Texas. Bidding proposals are to be requested from the Construction Division, D.C. Greer State Highway Building, 11th and Brazos Streets, Austin, Texas 78701. Plans are available through commercial printers in Austin, Texas, at the expense of the bidder.

Usual rights reserved.

#### **LEGAL NOTICE** LOCAL INVITATION TO BID ON **HIGHWAY MOWING December 18, 1987**

52-2tc

Sealed proposals for five separate mowing contracts in Childress/Collingsworth/Donley, Wheeler, Cottle/ King, Hall/Motley, and Dickens Counties will be received at the State **Department of Highways and Public Transportation District Office at 1700** Avenue F, N.W., Childress, Texas 79201, January 14, 1988 at the times indicated below for each Contract.

CONTRACT NO. 258XXM1003: **Childress/Collingsworth/Donley** Counties will be received until 10:00 a.m., January 14, 1988.

CONTRACT NO. 258XXM1004: Wheeler County will be received until 11:00 a.m., January 14, 1988.

CONTRACT NO. 258XXM1005: Cottle/King Counties will be received until 1:00 p.m., January 14, 1988. CONTRACT NO. 258XXM1006: Hall/Motley Counties will be received until 2:00 p.m., January 14, 1988. **CONTRACT NO. 258XXM1007: Dickens County will be received until** 3:00 p.m., January 14, 1988.

A pre-bid conference will be held with Mr. Vance L. Castleberry District Engineer, at the District Office in Childress, Texas at 10:00 a.m., January 7, 1988. Persons interested in bidding on the above contracts should attend the pre-bid conference.

The State Department of Highways and Public Transportation, in accordance with the provisions of Title VI of the Civil Rights Act of 1964 [78 STAT. 252] and the Regula

#### 49-8tp 49-4tp 60542. **Greenbelt Dry Cleaners Professional Dry Cleaning** Levis & Shirts 874-5024 DR. JACK L. ROSE Optometrist 220 S. 10th Ph. 259-2216 Memphis **Brown-McMurtry Implement** PHONE 806-823-2441 **BOX 777** SILVERTON, TEXAS 79257 SALES & SERVICE







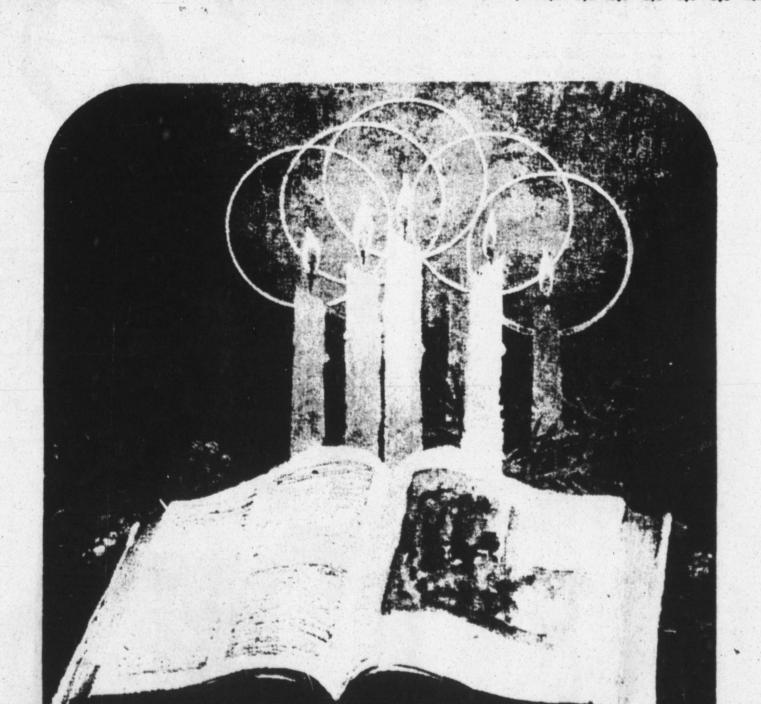
The Clarendon Press, Thurs., Dec. 24, 1987

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# Merry Christmas

"This is the day which the Lord has made. Let us rejoice and be glad in it! (Psalm 118:24) A Blessed Christmas to one and all!

FDIC

### Page 2 Holiday planning gives consumers control

As the number of shopping days until Christmas decreases, it's easy to run out of money, as well as time.

Christmas is the biggest spending season of the year, yet few families plan ahead for the added burden on their income, says Bonnie Piernot, a family economics specialist with the Texas A&M University Agricultural **Extension Service**.

A common strategy is to resort to credit spending for holiday expenses. although that may just postpone the financial problem until after the first of the year.

But it's not too late to evaluate your financial situation and gain some control over holiday spending.

Figure out the amount of money you have available for holiday expenses, including money from paychecks your will receive between now and Chistmas. Then estimate your remaining expenses, including holiday food and entertaining, cards, decorations, party clothes, gifts and other costs.

If your estimated costs exceed available funds, Piernot suggests enlisting the entire family's help in curbing costs. Some options include establishing dollar limits for entertainment, clothing and holiday foods.

Since gifts are a major expense, she also advises setting dollar limits prints, names and birth dates. for each gift, making gifts and giving services, limiting gifts to certain members of the family or exchanging also a good way to preserve informanames to reduce the number of gifts. tion by giving it to grandchildren.

Once you know what gifts you plan to buy, go shopping with a list. That will allow you to comparison shop for items at a specific amount and will reduce impluse buying.

If you decide to use your credit cards, set limits on how much you'll charge, and keep track of credit purchases so you won't run up large bills that are difficult to pay off in a reasonable amount of time.

Remember, too, that the finance charges on any unpaid charge card balances will actually add to the cost of your gifts.

The home economist suggests keeping accurate records of all holiday expenses this year, so you'll have a good estimate of expenses for planning ahead next year.

# **Elders can give special**

#### gifts to grandchildren

The gift of family history and traditions is one of the most important that grandparents can pass on to their grandchildren at Christmas.

Children like to know where they came from and what happened in the family, says Dr. Judith Warren, a gerontology specialist with the Texas A&M University Agricultural Extension Service. A gift that gives that information can be especially valuable to a youngster. She notes that special ways to pass on traditions hav have been around for a long time.

Many grandparents make and give quilts designed with family hand-Others do needlework land samplers. An album of family photographs is

She says one of the most appealing gifts is a personal book that grandparents write for their grandchildren. You can include information and stories about your own parents and grandparents, sisters, brothers and other relatives; where you were born and raised; games you played as children; school days and work experience.

Grandchildren expecially enjoy

#### The Clarendon Press, Thurs., Dec. 24, 1987

learning about the funny incidents and occasional trouble their parents got into when they were young.

The specialist says that the blank books sold in department and book stores are ideal for this purpose. She concedes that writing may seem like an ovewhelming task, but writing one page a day can fill a book quickly.

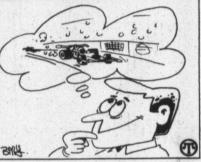
If you don't enjoy writing, she suggests using electronic means to record family traditions.

A video or tape recorder makes creating oral histories easy. If you want to change a story, it can easily be erased and redone with the push of a button. Plus, some embarrassing, but wonderful, family stories may be easier to record than tell face-to-face.

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FACTS & FIGURES

51234567841284567890123456 If you had one day to live, what would you do with this precious quality time? That was the question posed to 1,200 people in a recent survey. Commonly shared responses included spending the day with family (42 percent) and spending the day with close friends (14 percent). Ten percent of the respondents said they wanted to live that last day "going out in style."



\* \* \* These were just some of the re-

sponses gleaned from a recent "Qualprotein supplement. ity Time" survey sponsored by Tis-

sot, maker of quality Swiss watches. Only 26 percent of the male respondents compared to 57 percent of the female respondents chose to spend their last day with their family. Some individual fantasies about quality time included: "driving in the Indy 500," "meeting Tom Selleck" and "singing at the Metropolitan Opera House."

four percent of those earning \$60,000 or more cited "too little time" as a barrier for preventing quality time experiences. Four percent of that

# Supplemental feeding in a nutshell

Supplemental feeding means providing those nutrients to livestock which are not provided by forage or obtainable from the animal's body store, says Ronald Gooch, County Extension Agent.

A "common sense" approach to supplemental feeding includes the following:

1. Feed salt and an 8-12 percent phosporus supplement of similar calcium content free choice year round unless the mineral is included in a complete supplement. Other minerals including magnesium and certain trace minerals may be needed in certain areas.

2. Inject or feed vitamin A. if in doubt. More than four to six months without green pasture or green pickings is cause for doubt. The drier the climate, the more attention vitamin A deserves.

3. Always feed enough protein to maintain a 6 percent plus protein ration for maintenance of rumen function and stimulation of forage intake. Additional protein will be needed for milk production or rapid growth. When in doubt about the amount and type of supplement to feed with low quality forage, feed a dry, pregnant cow the equivalent of 1-3 pounds of 40 percent protein supplement and a lactating cow the equivalent of 2-4 lbs. of 40 percent

4. Use cow condition or fatness as a guide to additional feeding. Loss of weight or condition suggests more energy, so pounds of supplement are needed. For example, feed 6 lbs. of a 20 percent protein supplement instead of 3 lbs. of a 40 percent protein supplement. Protein content can be decreased in proportion to the increased level of supplemental feeding. Because of negative associated effects on digestion when adding grain to forage diets, energy supplementation is seldom as financially rewarding as protein supplementation alone. However, energy supplementation may be necessary for survival if forage is limited in amount, dows are in extremely poor condition or weather is unusually severe, or where a combination of these factors exist.

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same group cited "too little money."



#### **GYLMA KELLY SCHMIDT**

A letter was received from Mrs. Danilla Kelly O'Donnell of LaVerne, California. She asked that we print the obituary of her sister Glyma Kelly Schmidt.

Glyma succumed to a heart attack after other ailments.

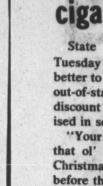
She came to Clarendon in 1916 from Oklahoma and went to grade school there. She went to high school in Amarillo, where the family moved in 1930. She then moved with the family to Denver, Colorado in 1934 where she met and married Robert H. Schmidt on July 3, 1936. (They had just celebrated their Golden Wedding Anniversary on July 3, 1986.) From Denver, Glyma and Bob went to Los Angeles, California in 1938. Her husband Bob went to work for the Ralph M. Parsons Company in Pasadena and in his line of duty they went to and lived in the Phillipines, Aruba and returned to Maryland then they went to Green Valley, Arizona for a warmer climate in 1979. Bob retired from Parsons in 1980.

Glyma and Bob had one son -Robert H. Schmidt, Jr., PhD professor in Department of Geological Sciences, University of Texas - El Paso. He had 3 children, Robert H. Schmidt III, Justin and Andrea. Other than their son and 3 grandchildren, Glyma is survived by four sisters: Davilla Kelly O'Donnel, LaVerne, Cal.; Andrea Kelly Olson, Ontario, Cal.; Lenoram Kelly Steifel, Seattle, Wash.; Lawana Kelly Olson, Anaheim, Cal.

We lost 2 of our sisters: Geraldine Kelly Roberts of San Juan Capistrano Cal. on October 8, 1986 and Aurelia Kelly Howell, of Arcadia, Cal. on Feb. 17, 1987.







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# Mail order schemes for discount cigarettes

#### State Comptroller Bob Bullock nearly \$40.

Tuesday told Texas smokers that it is One promotion allows cigarette better to believe in Santa Claus than purchasers to buy "low cost" cigarout-of-state mail-order schemes for ettes by redeeming a coupon with a discount cigarettes recently advert- Colorado firm, Bullock said. ised in some Texas newspapers.

He said the Colorado firm was not "Your chances are infinitely better paying Texas tobacco taxes or Texas that ol' Saint Nick will stuff your sales taxes on the cigarettes. Christmas stocking with smokes

Taxes on a carton of cigarettes in Texas amount to \$2.60 and sales tax in most Texas cities is 8 percent on the amount of the purchase.

Bullock said tobacco and sales looking into offers of cigarettes not taxes are due on out-of-state purchases because the state doesn't have a reciprocal tax agreement on cigarettes.

A lot of these so-called bargain buys are like some Christmas toys-broken and worthless by the end of "discount coupon book" that costs the day, Bullock said.

#### The Clarendon Press, Thurs., Dec. 24, 1987

lion in fiscal 1987, compared to only \$18 million in 1983 just before we took over the program.

Despite the fact that the Child Support Enforcement program could be fully funded by the federal government, the Texas Legislature has refused to allow the program to grow and serve more single-parent families. The federal government provides approximately \$4 for every \$1 of State seed money put into the program. The feds provide additional money for the program based on the amount of collections. The additional earned money could be used as seed money to attract even more federal dollars allowing the program to grow. The Legislature, however, removes the earned funds, which requires re-seeding each year and stunting the growth of the program.

The new volunteer program is an attempt to keep Child Support Enforcement working and making more gains for the children of Texas. Volunteers are a cornerstone of our society. I believe in them, and I value their devotion to making our state and nation a better place to live.



#### **Partnership Against Fire**

The United States Fire Adminis tration (USFA), part of the Federal Emergency Management Agency, says 80 percent of residential fires could be prevented. Each year, one out of ten homes is struck by fire, which causes 6,000 deaths, 100,000 injuries and over nine billion dollars in property damage. Here's good news on a USFA campaign aimed at helping Americans avoid tragic fires at home

Blessings

May His Word inspire you

at Christmas and in the days



eight out of ten residential fires can be prevented.

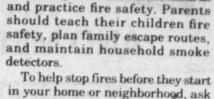
The USFA "Partnership Against Fire" campaign encourages fire departments, citizens, volunteers, and community and business organiza-

tions to stop fires before they start by offering their time, manpower and special skills to support fire prevention programs. It's everyone's responsibility to be aware of fire hazards and practice fire safety. Parents should teach their children fire safety, plan family escape routes, and maintain household smoke detectors.

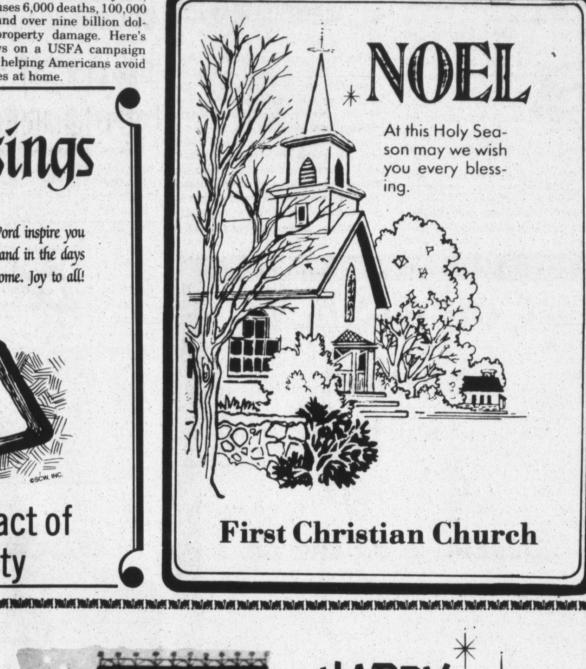
Page 3

in your home or neighborhood, ask your local fire department for information on how to get involved in prevention programs

frame containing 206 bones. The whole works is linked together with 60,000 miles of blood vessels



The human body is built around a



### Child support program needs volunteers

#### **By Attorney General Jim Mattox**

before these so-called bargain cigar-

ettes will get stuffed into your

He said state tax auditors are

taxed by Texas as "wholesale

Bullock said ads being run in Texas

newspapers offer smokers cartons of

cigarettes at less than \$7.00 per

carton with the purchase of a

prices" from out-of. state firms.

mailbox." Bullock said.

It is a sad tragedy that so many of followed by public action. our children live in poverty because ents refuse to make child support payments.

It is an injustice and a national disgrace that only one-quarter of the children who are owed child support receive financial help from their non-custodial parents.

not only to the children who are for faster resolution of cases. forced to live impoverished, disadvantaged lives, but also to taxpayers pending child support cases, 80 families through welfare payments.

We, as a society, must but pressure on those who fail to pay cases at any one time. step toward a solution.

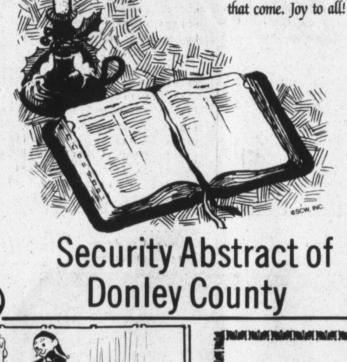
Joyous Noel

We have begun a volunteer protheir neglectful, non-custodial par- gram for our Child Support Enforcement Offices across the state. We are seeking people who recognize the problem and who would like to contribute some of their time to the needy children of Texas.

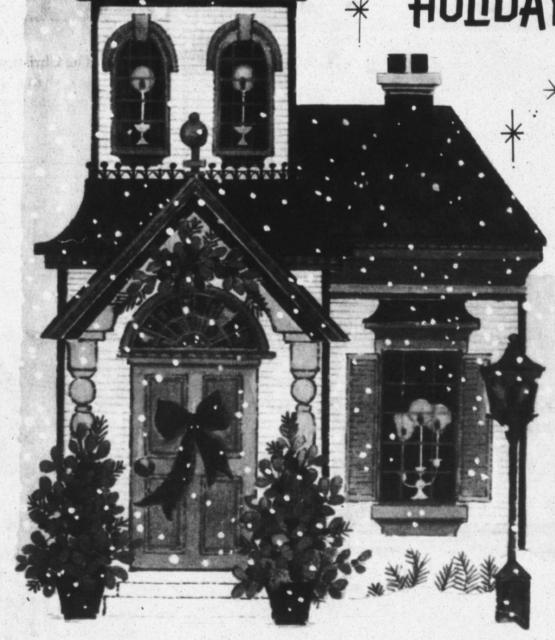
Our volunteers help with routine office matters, which free state The cost of such irresponsibility is investigators and attorneys to push

My Office currently has 320,000 who have to support many of these percent more than when we took over the program in late 1983, and enough staff to handle only 60,000 of those

child support. For four years, I have That dramatic increase in the talked about the dire need for a number of single-parent families change in public attitude about the seeking child support help from the problem because I believe that Attorney General's Office has been community awareness is the first coupled with a 300 percent increase in collections on behalf of those Public awareness must now be families. Collections topped \$70 mil-







Wishing you happy times, good friends and plenty of laughter and good cheer to all!

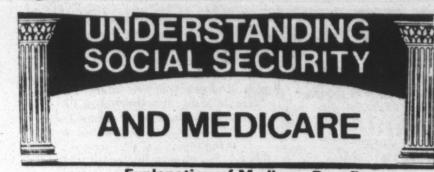
# **Donley County Officials**

**Billie Christal Judge** 

**Jimmy Thompson Sheriff** W. W. Lovelady Justice of Peace **Fay Vargas Clerk** Wilma Lindley Tax Assessor **Pam Fletcher Treasurer** 

**Dude Cornell Commissioner** Steve Reynolds Commissioner Will Chamberlain Commissioner **Bufford Holland Commissioner** M.O. Weatherly Justice of Peace **Blackie Johnson Constable** 

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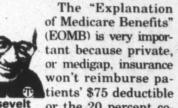


#### **Explanation of Medicare Benefits**

#### (Physicians Insurance)

By James Roosevelt. Chairman National Committee to Preserve Social Security and Medicare

Many people aren't getting their slips from Medicare and are frustrated, because their supplemental insurance won't pay without the bill from Medicare.



**Roosevelt** or the 20 percent copayment until they receive a copy of the EOMB.

If you are not getting your EOMB in a timely manner, contact the Medicare carrier in your area. A carrier is the insurance company which pays the Medicare benefits for Medicare. Check an old EOMB to locate the name and phone number of your carrier. If you don't have one, look in Your Medicare Handbook for the name and address, or check your phone directory under "Medicare." As a last resort you can call your Social Security office for the name of the carrier.

The law requires carriers to pay "clean" bills within 30 days. However, if the carrier needs further information or clarification from you or your doctor, the bill is no longer "clean" and payment can take much longer. The EOMB is usually sent out some time after the bill has been paid. If it's been more than five or six weeks since you received a Medicare covered service, call your carrier to request an EOMB.

You can learn more about social

#### The Clarendon Press, Thurs., Dec. 24. 1987

security and other issues of special concern to older Americans by joining the National Committee to Preserve Social Security and Medicare, an organization devoted to improving retirement income and health care. Free brochures about the organization and a copy of its newspaper are available by writing to: National Committee, 2000 K Street, N.W., Washington, D.C. 20006.

Mr. Roosevelt, the eldest son of President Franklin Delano Roosevelt, worked as Secretary to the President in the White House when Social Security was implemented, and was a member of Congress when Medicare was enacted into law.

Christmas suit

# fund for Cal Farleys Boys Ranch

The annual drive to provide new suits and clothing for the 398 young residents of Cal Farley's Boys Ranch is still in progress.

The gift of a new suit or a clothing Fa package through the Christmas Suit An

Fund is something a boy will remember throughout the year. The suits or needed clothing such as jackets, trousers and shirts replace those that have been worn out or outgrown. In many cases, these are the first new suits some boys have ever known.

The purchase of new clothing for the boys has become a favorite way of Christmas giving among those who contribute \$50 for this purpose. Special discounts by merchants and differences in clothing prices for younger and older boys make the average cost of \$50.00 possible. Gifts of any amount are also necessary to ensure the Ranch's goal of providing for every youngster. Boys Ranch President Roy E. Turner

Boys Ranch President Roy E. Turner said, "The challenge of outfitting so many boys is tremendous, and so we are fortunate to have people who continue to share whatever they can at Christmastime." Mr. Turner added that boys ages four through 18 are now shopping for the clothes of their desires. Among them are members of the Boys Ranch Senior Class who will wear their new suits at graduation time. Contributions to the Christmas

Suit Fund may be mailed to Cal Farley's Boys Ranch, P.O. Box 1890, Amarillo, Texas 79174.



The U.S. Postal Service recently issued a North American Wildlife pane of 50 colorful stamps to commemorate the natural heritage of North America. The 22-cent stamps, which represent all areas of the United States—from the Alaskan Tundra to the Florida Everglades were issued at CAPEX '87 international philatelic exhibition, in Toronto, Ontario, Canada.

The stamps are now available at post offices and in philatelic centers throughout the United States.

The North American Wildlife stamps mark the most recent portrayal of American experience through postage stamps. In 1869, the U.S. became the first nation to

picture a wild animal—the bald eagle—on its postage, 10- and 30cent stamps. Since then, birds, dogs, horses and fish, as well as environmental conservation themes, have been featured on stamps.

Wildlife artist Chuck Ripper, designer of the 1981 Wildlife Habitats block of four, the 1984 Louisiana World Exposition stamp and last year's pane of five Fish stamps, and whose work has appeared on the covers of more than 100 outdoors magazines, 'is the designer of the North American Wildlife pane as well. His artwork reflects the vast diversity of North American topography and climate, in stamps that show each animal in its native habitat.

#### National Drunk and Drugged Driving Awareness Week

Use of the designated driver concept works as the centerpiece of this annual promotion--aimed at saving lives and avoiding injuries. According to the National Safety Council (one of the leading groups promoting the lifesaving concept), it originated in Sweden and the United Kingdom, where designated drivers place their car keys in their empty beverage classes so they are not served alcohol.

Even with concerted efforts across the nation during 1986, 23,000 persons still lost their lives in alcohol-related highway crashes. (Department of Public Safety statistics for 1986 show 1,304 persons died in DWI involved accidents in Texas.) Other individuals experienced the trauma of painful injury due to the combination of alcohol and driving

Cornell Shell Station will be Closed December 25 and 26 for Christman



Friends can help keep their friends alive and safe by adopting the designated driver concept, promoting the idea among colleagues and co-workers, and respecting those who act as designated drivers.

Raymond E. Stotzer, Jr., Engineer-Director of the State Department of Highways and Public Transportation underscored the importance of the designated driver concept, "Arrive alive. Start three lifesaving habits this holiday season: drive sober; buckle up, and encourage others to do the same. Remember--first a friend, then a host."

"FIRST A FRIEND . . . THEN A HOST"



Dear San I have l speed an Dirty Da please au Buellars l is fine. Pl the thing

animal—the bald stage, 10- and 30ince then, birds, I fish, as well as inservation themes, ed on stamps. Chuck Ripper, de-Wildlife Habitats e 1984 Louisiana in stamp and last Fish stamps, and appeared on the

> Dear San This ye talking C want a P milk and Christma

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The season is the reason for wishing you the very best!

Greenbelt Marina, Inc.



It's that merry, magical time of the year. We hope Santa is good to you and your loved ones this season!

Hills Petroleum



PEACE

Wishing you serenity and happiness this Christmas and always. We're thankful for your patronage and we hope you'll continue to rely on us.

B The Donley County State Bank



Ring out, O Christmas bells, across the countryside. Our wishes to all for a Happy Yuletide.

White's Feed & Seed

P.S. Plea Dancing

Dear San My nai am 5 yeai good this This y back-pac school wi Please k stocking. Please Lauren a cousins. Thank me last y

Dear Sar Christi girl or Cl and nigh

Dear Sar I wan Christma somethin and Pop Trevor. I would skates, a master a toys in. Give F

> Dear S My 1 I am th hard someti listenin This bring houses surpris Don' Allison Thar me last

The Clarendon Press, Thurs., Dec. 24, 1987

# Dear Santa,



**Dear Santa** 

My Papa says I am a "Good Guy" -- so I guess it's okay to bring me lots of nice things for Christmas. I am only 20 months old, but I have big ideas about what I want. I want moos. I want a Teddy Ruxpin I want a stick horse. Please bring me some little play people that look like my Papa and Daddy -- and maybe a tractor, too. Thanks Santa, Love, **Blake Frye** P.S. I'll be at Mimie and Papa's for Christmas.

#### Dear Santa.

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I want an orange football, monster truck and baseball bat for Christmas. I have been a good boy this year. I love you a bunch.

**Adam McDaniels** 

#### Dear Santa.

I want ball and glove, monster truck, boat, red tractor and a bat. I have been a bood boy this year. Thank you for my gifts. **Clint McDaniels** 

Dear Santa.

This year for Christmas I want a talking Cabbage Patch Kid. I also want a Pound Puppy. There will be milk and cookies for you! See you Christmas Eve.

> Your Friend, **Haley Hamilton**

#### Dear Santa.

We put the Christmas tree in the dining room this year, but my stocking is hanging on the mantle in the living room. Please bring me a bridle with reins and My Pet Monster. I will help Momma make some cookies and leave you a bowl of cereal.

> **Dale Askew** 5 years old

Dear Santa,

#### Dear Santa, I am only five months old and I

want to wish you a Merry Christmas and Happy New Year. Please send my Pip, Nannie, Pepa, and my brother Zac a big toy to play with. I want my two front teeth for Christmas, also a video cassette workout for babies so that my mommie and daddy can play with

I will have milk and cookies waiting.

> Love you, **Trevor Lewis**

#### Dear Santa.

I have tried to be good. I would like to have a baby kitten, a baby puppy, Barbie Ice Cream Set. I would like to learn how to sew, a little Christmas tree, Grow Baby, material. Age 6. Love, **Jessica Shields** 

#### Dear Santa.

For Christmas I would like a bike and a remote control car. I have been a very good boy this year. I would also like a four wheeler. I hove you, Merry Christmas. Joshua English

#### Dear Santa,

My name is Josh. I would like a bulldozer and a pickup and trailer also a wooden barn and horses. I will leave some milk and cookies for you. Thank you, **Josh Hawkins** 

#### Dear Santa,

I would like for you to bring me a pogo ball, vacuum cleaner, walking doll and a snail keeper. And please bring me a little stuffed reindeer and bring my little baby brother or sister one too. It should be here before Christmas.

I love you Santa.

# Kara

E.M.

# year I would like a Mother Goose,

Dear Santa,

Barbie, Jem and the Holagrams, a tape player, and the game Hungry, Hungry Hopos. Please be careful and I will leave milk and cookies out for you.

I have been a very good girl this

Love **Camille Choate** Age 5

#### Dear Santa,

I hope you have a good time Christmas, I hope you can come down my chimney and not get dirty. Don't worry, my dad had the chimney cleaned out this year. Please bring me a kitty named Blackie even though my Mom won't let me have a cat. I would also like house shoes and a play sewing machine.

> Love, Shauna Adams

#### Dear Santa, My name is Lowell Ellerbrook. I have tried to be a good boy this year. For Christmas I would like for all the boys and girls everywhere to have a Merry, Merry Christmas. Santa, please remember the people in the "Rest Homes" this Christmas.

Dear Santa,

I love you so be careful when you come down the chimney. Bring my new Barbie with you. **Jaclyn Griffin** 

#### Dear Santa,

I have been a good boy this year. And I want a transformer and a training wheel bike and I wish you a Merry Christmas and a Happy New Year.

Jeffrey Hearn

#### Love. Dear Santa.

Santa.

I want: ,

4. Viewmaster

Dear Santa.

1. Castle

I have tried to be a good girl this year. For Christmas I would like to have a Baby Talk doll; a Barbie and a Barbie House. We hope to see you Christmas morning.

I love you, Kala Holland

2: Ronald McDonald Shirt

#### Dear Santa.

My name is Kasi, I have tried to be good but it sure is hard.

Please

Thanks for the toys you gave me last year. For this year I would like to have Baby Grows, Jem, and what ever else you think a seven year old would like.

Please don't forget Shane, Aaron and all of my friends. I will leave you some goodies.

Love,

Thanks,

**Buddy Adams** 

Kasi Ashcraft

#### Dear Santa.

I have been a good boy this year. I want a toy train, cars and trucks with a case, games, story tape with book, Lincoln Logs and blocks, bicycle, clothes, P.J.'s and shoes. But the most important thing is that I want my brother to come home for Christmas.

#### Dear Santa,

I want a scooter, a real watch, a race car with batteries, and an army helicopter. I have tried to be a good boy this year. I will leave you some milk and oreo cookies. Also please bring my sister, Amy, a Barbie car. Love Carey

#### Dear Santa.

My name is Eric and I am three years old. I have been a good boy, so can I have some candy and bubble gum and toys? I want a green car, a ghostbuster blast gun and shirt and a ghostbuster thing. Diss and I will leave you some cookies and coffee and a cup. Love.

#### Dear Santa,

I want a scooter, a Barbie Ice Dear Santa, 3. Game - memory match

Thank you,

**Diana Loveless** 

Dear Santa Claus, Please bring me a two cassette

#### jambox and an air hockey game. thank you very much! **Kimberely Wootten**

#### Dear Santa Claus,

I am 7 years old. Please bring me a Pogo ball, jambox, sleeping bag, and a girl rocker Barbie and a boy Rocker. Thank you very much.

Love, **Christina Wootten** 

I am 4 years old. Please bring me an electric 4 wheeler like Lee's. Thank you very much. Love,

**Greg Wootten** 

#### Dear Santa,

Dear Santa,

I have been good this year. I would like a three wheeler, robot, truck and a set of cars.

#### Thank you, **Douglas Randall**

#### Dear Santa,

My name is Robert Johnson and I am 20 months old. I have tried very hard to be a good boy this year. I would like a toy box, some new toys and clothes for Christmas this year. I will leave you milk and cookies on the table in the dining room at my Nanny Barker's house. I am living there again this year. Please don't forget my big brother Wesley Barker. Don't forget all the other good boys and girls.

Your friend, **Robert Johnson** P.S. Don't forget daddy and mommy they've been good this year.

#### Dear Santa,

I want a Newborn Baby and a Heart Family Playground. Please! Thank you, Leia Kate Deyhle Dear Santa, I want a race car track. But will you bring me a model Hercules?.

Love, **Blake Deyhle** 

#### Dear Santa.

For Christmas I would like a snow scene, a remote control car, an Alf shirt, and some Lego blocks. We will leave you some cookies and milk. Thank you.

#### Love, Aron

Page 5

Dear Santa,

I would like a Barbie Ice Cream Shop, Alf, a ring and Barbie and the Rockers. I also want some warm ups. Thank you. Love,

**Lindy Helms** 

#### Dear Santa. A windmill, cows, bicycle. Love, Seth

Dear Santa, My name is Justin and I am 3 years

Please bring me a football poppel, a bowling set, play goft clubs and a basketball goal with a basketball.

My stocking is the one with your picture on it. Love.

**Justin Adams** 

#### Dear Santa.

My name is Sasha. I would like a checker set and a doll, a doll high chair, a barbie and the rockers. A car I can drive in. Thank you for all the great things you brought last year. We have moved to California so I hope you find our new house.

> Love. Sasha Sheer



Dear Santa. What I want for Christmas is a jam box or a tape of Bon Jovi or a tape of Dirty Dancing or a 10 speed bike. I want a T.V. and if you can bring a tape of Ferris Buellers Day off. I have been a good girl this year. A.D.M.

#### P.S. A movie of Project X.

Dear Santa Claus, I wold like to have a gun, scooter, skateboard, toy army gun and a blue bike with wheels. Thank you. Jerry Randall Dear Santa, I have tried very hard to be a good boy this year?!? Please bring me a bike, tape player, tapes, pieces to my train set and G.I. Joe men. My sister, Margaret would like a bike, walkman and a wild Puffalump.

I have been a good girl. I want a 10 speed and a jam box or a tape of Dirty Dancing. I would like a TV please and a movie tape of Ferris Buellars Day Off, but if you can't that is fine. Please bring at least some of the things.

#### Yours Truly,

P.S. Please bring a movie of Dirty Dancing or Project X.

#### Dear Santa,

My name is Ashley Kay Hill and I am 5 years old. I have tried to be very good this year.

This year please bring me a back-pack so I can keep up with my school work after school and a robe. Please leave me a surprise in my stocking.

Please don't forget my sisters Lauren and Allison and all of my cousins.

Thank you for the things you gave me last year.

> I Love You, **Ashley Hill** Hedley

#### Dear Santa.

Christmas list - Please - Baby Talk girl or Christmas doll, Barbie House and nightlight.

Nichole Wendlandt

#### Dear Santa,

I want to wish you a Merry Christmas and I want you to get something real special for my Nannie and Pop and my Pepa and my brother Trevor.

I would like to have a pair of roller skates, a Alphie computer, a viewmaster and a toy box to put my new toys in.

Give Rudolph a kiss for me. I love you, too

Zac Lewis XXXX

#### Dear Santa,

My name is Lauren D'Ann Hill and I am three years old. I have tried real hard to be good this year, but sometimes I have a little trouble listening to what my mommy says. This year I would like for you to bring me a back-pack and some houseshoes. Please leave me a surprise in my stocking. Don't forget my sisters Ashley and

Allison and all of my cousins. me last year.

> Lauren Hill Hedley

Dear Santa,

Dear Santa,

a BB gun.

Dear Santa.

I have been a nice little girl I think

so please bring alittle girl bike, cabbage patch, some dishes, some clothes and Barbie Dolls and don't forget my little brother and just bring what you want me to have. I will love it anyway. Latonya Wilson

I would like a front end loader and Your friend,

Zack

**Travis** Thomas

I would like a scooter, a wagon, a basketball, a football with a stand, a basketball puffalump, a soccer puffalump, a football puffalump, a BB gun and a Ghostbusters sleeping bag. I have been a good boy and will try not to fight with my sister as much. There will be a snack waiting for you. Love.

Dear Santa Claus,

My name is Robin Marshall. I am 5 years old and in kindergarten. I have been a pretty good girl this year. I would like to have a Rainbow Brite blanket, a diamond ring, a sailboat to play with, a My Little Pony-pony, a Rainbow Brite doll, a bear with a heart on it, some play jewelry, a Barbie doll and a Cabbage Patch Doll. I hope you have a safe trip.

#### Dear Santa,

I have been pretty good so I want a new race car. Also I would like a remote control three wheeler. I love you and wish you a Merry Christmas. Love,

#### **Lonnie Chambless**

Dear Santa, I would like a pair of rubber boots, some leather gloves, a winter cap, blue jeans, a sail boat, a metal dump truck, cement truck and a bull dozer. Also a red wagon with side boards. Thanks **Byron Burrow** 

P.S. Have a Merry Christmas

#### Dear Santa,

I have been a good boy this year. Please bring me a truck crane and a Thank you for the things you gave pogo ball. Please bring something for my sister and all the boys and girls in Hove you, town. Love

**Tommy Barbee** 

ream Shop and a lite brite. I like my brother. Catherine man. Thank you.

am trying very hard.

of my cousins.

Dear Santa,

brought me last year.

Dear Santa.

My name is Christopher and I want a car and a truck and computer and a box of 72 crayons and I want a little bicycle and a train set and a pair of pants and a neat shirt and a pair of shoes and boots and a belt and some blue suspenders and toy limousine and a bubble lawnmower.

**Christopher Moore** 



I want a scooter and Sylvania

Jamie, my sister, needs a baby doll because she chews on mine, and I don't like her to.

I will get out some orange juice and crackers before I go to bed for

I love you.

Elizabeth Ann Simmons

I have been very good this year. I would like a new baby doll for Christmas, and a hot dog and some

**Alyssa Ranae Hodges** 



Dear Santa.

I hope you bring me a big suprise and here is what I want a big box of construx and new bike that has a basket too.

> Your friend, Jayson Adams

#### Dear Santa.

I love you. Say "hi" to Rudolf for me. Santa, I am going to be nice. My little brother Dallas would like to say "hi" also. May I have a Barbie Ice Cream Parlor, please.

Carra Irvin

I want a bicycle, transformer, a real car, football, red rider BB gun, Love, remote control real car, legos, stretch

Eric

Logan P.S. my room is still clean.

#### My name is Allison Brianna Hill and I am 13 months old. I sure do Dear Santa,

love my Christmas tree and all of the My name is Chuck and I am 21/2 things mommy has setting around. It years old. I guess I have been pretty is so hard not to touch all of it, but I good this year and for Christmas I. would sure like to have an electric This year for Christmas I would train and a fire truck like the ones at like for you to bring me some books the fire station and a surprise. to look at and some pajamas with feet Please don't forget my dad, in them so I can stay warm. Please

mamaw and pawpaw or my Aunt leave me a surprise and don't forget Debbie, Bubba, and Sissy plus all my my sisters Ashley and Lauren and all friends who have been so nice to me and dad this year.

I love you, Dad and I will be at my pawpaws Allison Hill and mamaws house and I would like Hedley for you to leave my things there. Thank you Santa for all the things P.S. Thank you for the things you

you left me last year. Have a safe trip from the north pole.

Your friend, **Chuck Robertson** 

Clarendon, Texas

Have a Merry Christmas Madison McNabb

#### Dear Santa

Love

My name is Joshua Carl Sheer. I love you. This year for Christmas I would like a "my pet monster", a jeep like my car, a three wheeler, a play gun, and a cowboy set.

Thank you for all the great things you brought last year.

We have moved to California so I hope you find our new house.

> Love. Josh Sheer Age 5

#### they have been good this year. Dear Santa, I want a truck and a pony for Christmas, I have been a good boy this year. Merry Christmas. **Junior Rodriguez** Dear Santa, I want a skooter for Christmas and

a BB gun. I will be careful with my BB gun. I also want new spurs, a skate board, superman cape, a new cowboy hat, shaps, and walkie talkies. I have been kinda good and feel bad about the times I am not good. Please look for me in Nebraska. Please come through the window.

A good boy, Nicholas Shafer

#### Dear Santa,

Hi! How are you? I want a Captain Power Interlocker, a telescope, a transformer, books and money.

Your friend. **Hunter Spier** 



**Dear Santa Claus** I'm good. I pick up my toys.

house with bears for Christmas.

#### Dear Santa,

french fries from Mr. Burger.



Love.

clothes for Christmas this year. I will leave you milk and cookies on the dining room table at my Nanny Merry Christmas,

Barker's house. I am living there again this year. Please don't forget my little brother Robert Johnson. Don't forget all the other good boys

> and girls. Your friend, Wesley Barker P.S. Don't forget daddy and mommy

My name is Wesley Barker and I

am 3 years old. I have tried very hard

to be a good boy this year. I would

like a toy box, new toys and some

### Page 6 **DOG** Facts & Fancies Helpful Advice from the **American Kennel Club** "Is Christmas the Best

It's Christmas morning. As the kids gather around the tree, Dad declares. "Santa left behind a special surprise." He goes into the next room and comes out with an adorable barking puppy that has a holiday ribbon around its neck. The kids squeal with glee.

Time to Give a Dog?"

A happy scenario? Animal care experts would disagree. Experts say that Christmas is not the best of times to buy a puppy. The holiday season is far too hectic-the puppy the kids are excited about one minute may soon be neglected as they begin playing with other holiday presents. Cute puppies



**Greyhound Trailways** 



grow into dogs and both require food, shelter, exercise, training, grooming and medical care.

If you're planning on gifting an adult friend with a puppy, it may be best to rethink that plan as well. Rather than giving a dog as a gift, why not give your friend a "puppy voucher?" Then go to a kennel together at a later date to pick out a puppy-after the holiday festivities are over. It's always best for people to pick out their own pets, say the experts at the American Kennel Club (AKC). Adult size, appetite, disposition and amount of grooming re-

#### The Clarendon Press, Thurs., Dec. 24, 1987

quired must be carefully considered. This information can be researched at the library, breed clubs and through visits to dog shows and kennels. AKC's The Complete Dog Book is a comprehensive guide to all breeds registered by the Club.

#### **Pioneer's Chocolate Chip Oatmeal** Cookies

1/2 cup sugar

1/2 cup shortening (solid) 2 eggs

1 tsp. vanilla

2 cups Pioneer Biscuit and Baking Mix

1/2 cup brown sugar, firmly packed

11/2 cups quick cooking oats 1¼ cups chocolate mini-morsels chips

Preheat oven to 350°F. Grease cookie sheets. Blend sugars and shortening. Add eggs and vanilla. Beat well. Stir in Pioneer Biscuit and Baking Mix, oats, and chocolate chips. Drop by tablespoonful onto prepared cookie sheet. Bake for 8-10 minutes. Let cool on pan for 5 minutes. Transfer to wire rack to finish cooling. Yield: 48 2-inch cookies.

Holiday **Gift Wrap** 

# Choosing educational toys

"High-tech" toys may be among the best-selling this Christmas, but they're not necessarily the most educational.

According to Sarah L. Anderson, a child development specialist with the Texas A&M University Agricultural Extension Service, some of the best playthings for beginning the literacy process are those that children have been getting for generations.

Babies need toys that are responsive to their actions. Those that squeak, honk, move or change are best. Anderson suggests giving toddlers

over 13 months old realistic looking toys like cars, dolls and dishes, that are small replicas of real objects. The smaller versions of real things

help children to realize that one object can symbolize another and this is the foundation of literacy. As children develop the ability to

use symbols, the toy can look less and less like the real thing that is being represented. Youngsters between 3 and 4 are learning to pretend and toys that are not anything specific allow them to expand this skill.

Children learn that they can make representations of their world and then change it. They can make it different at different times by, for example, using blocks as buildings one time and then for people or food another time.

This is a magical time for youngsters and some of the things they like best are unrealistic characters like Mickey Mouse, a very popular figure with this age group.

The specialist says that toys which encourage the use of symbols through play help the child learn the connection between the real world and the abstract world of reading.

Clothes for dress-up and acting out stories make an excellent gift for children of this age. You can collect some old clothes, buy or sew new costumes for roles like fire-fighter, police officer, cowgirl and doctor.

Books, of course, are appropriate operated toys that perform without at any age, beginning with cloth or plastic books that babies can look at, handle and even chew and progressing through picture books and story books. And it's especially important that parents read out loud to even the youngest children.

The specialist says that talking teddy bears and dolls or battery

any action from the child may entertain for a while, but not contribute as much to a child's development.

The key question for parents to ask when buying a toy is whether it will limit or expand their child's thinking and imaginative play.

**Counselors' licenses protect** public

No one seeking professional help in overcoming personal problems should also be the victim of an unqualified or unethical counselor. To protect the public against incompetent or unscrupulous professionals, the Texas State Board of **Examiners of Professional Counse**lors strictly regulates the licensing of persons offering professional counseling to the public.

The nine-member board is composed of five licensed professional counselors and four representatives of the public. It is appointed by the governor and was established in 1981, according to the board's exceutive secretary, Daniel L. Boone, at the Texas Department of Health (TDH).

Boone said that anyone may legally offer advice and counseling for pay, But the soundness of that advice, and perhaps the safety of the person seeking help, may be precarious unless the counselor has met the minimum qualifications to earn and maintain a license to practice professional counseling in this state. The baord currently licenses about 8,400 counselors.

By law, persons licensed to practice professional counseling in Texas must:

\*Have essential education and experience (including a graduate degree meeting specific course and

Season's Greetings

training requirements from an accredited university, and two years' supervised counseling experience meeting board standards):

\*Pass a rigid competency examination;

\*Renew his or her license annually and complete -- every three years -at least 75 hours of continuing education courses approved by the board; and

\*Risk losing the license if found violating the law or the board's rules of ethics.

"These are strict rules to help simplify the client's selection of a counselor. It also helps to weed out con artists and charlatans," Boone said. He explained that persons seeking counseling are among the most vulnerable prey of unscruptul-ous advisors and "crackpot therapists."

Unqualified counselors, even with the best intentions, may compound the existing problems of a troubled person, Boone explained, while others may actually swindle or take sexual advantage of their clients.

"Our purpose is to help the public avoid making serious mistakes when choosing a counselor. Even the most competent counseling can be difficult for the client, but a counselor's license is at least proof of professionalism, and evidence that the state has scrutinized the counselor's abilities." Boone said.

Safety

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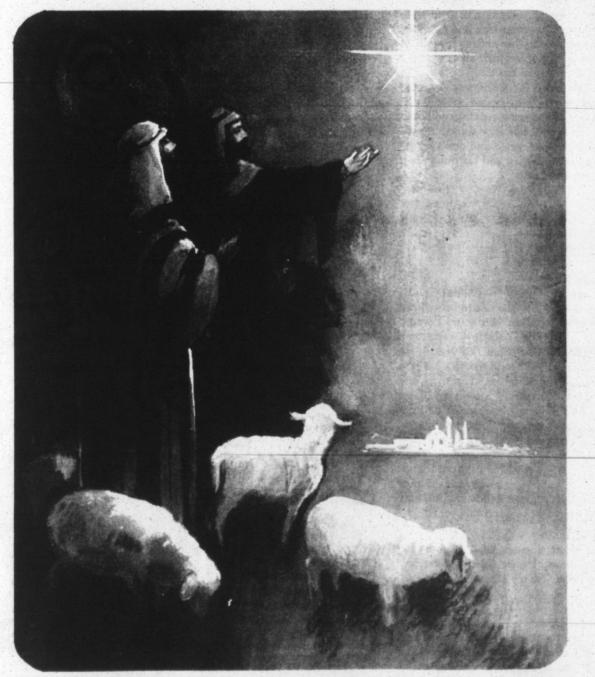
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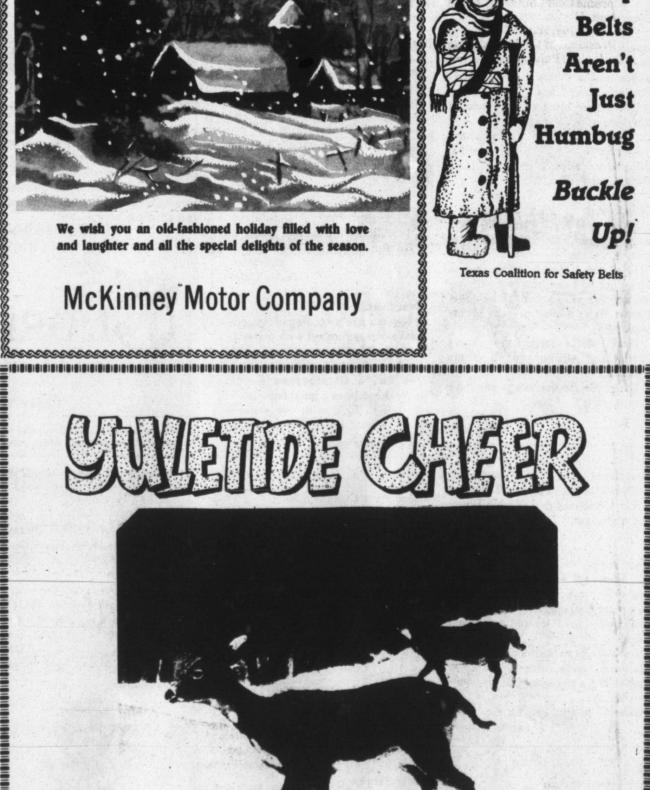
# GOOD TIDINGS



Rejoice! The Savior is born! Let each of us spread His message of love and peace this Christmas season. Good will to all!

# **First Baptist Church**

Clarendon



Let us keep Christmas close to our hearts, for its meaning never ends. Its spirit is the joy of love with peace and good will towards all men.

Shields Circle S Oil Company

#### This Winter. . .

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### **Cold Weather Skin Care**

If there is one part of your body that is not fond of winter, it is your skin. Changing temperatures, bellowing winds and blasting furnaces may cause many of you to experience the itching, flaking and peeling of winter dry skin.

Thomas S. Spencer, Ph.D., dermal research manager for Aveeno skin care products explains that it is primarily the wintery winds and home heating that cause your skin to become dry and itchy by zapping the moisture out of it. "When skin is moist, it moves and stretches easily, but the loss of that moisture can cause your skin to crack, tear, flake and itch," says Dr. Spencer.

offers the following tips that will help ing them with cotton-lined rubber you protect your skin from the gloves before cleaning. ravages of winter weather:

cold winter weather.

retain moisture.



But, don't despair. Dr. Spencer ing a lotion to your hands and cover-

 Exercise also can rob your skin · Bundle up with gloves, scarves of moisture due to perspiration and and heavy socks or stockings to shield exposure of your skin to the elements. your skin from the drying effects of To keep moisture loss at a minimum, take a brief, lukewarm shower after

• Use a humidifier at home and at exercising, lather up only those areas

makes it supple. This is why you

Texas, 78769. 512/475-3706.

D.C., 20515. 202/224-3121.

#### The Clarendon Press, Thurs., Dec. 24, 1987



### Spotlight on BABIES

Did you know that there is a one in ten chance that a baby will be born prematurely? It's a fact.

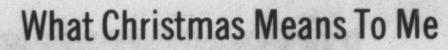
The good news is that the survival rate for these tiny babies has increased dramatically over the years.

An interesting problem for parents is what to do about clothing for a premature infant. "In the past we would tell parents to go to a toy store and buy doll clothes for their premature infants. Regular clothes were simply too big,' explains Nan Streeter, RN, administrative liaison of Parent Care, a national nonto help parents of premature infants. But doll clothes did not solve the problem.

that dressing the infant is a key in promoting a bond between parent and child," says Charles Feeley, product manager at Carter's, a leading manufacturer of children's clothing.

These special garments for preemies are designed and constructed the same as the regular infant line, but they are smaller proportionately. They are made with the same soft, stretchable but sturdy fabrics to allow for comfort and movement. The properly fitted clothing eliminates the chafing and discomfort caused by garments that are too big.

During the last few years, efforts have been made to end the low birthweight problem. For example, the Institute of Medicine released a report describing measures that can help increase birthweight. But for the present, when these "tiny treasures" arrive, parents have the pleasure of knowing their newborns will be snug and cozy in clothing made just for them.



#### by KELLY EDWARDS

I've always loved Christmas. It's probably the happiest day of each year, but this Christmas is different. You see, my older brother died in an accident in August. Now Christmas will always be somewhat sad knowing that he won't be there, but in ways the true meaning of Christmas is clearer. When my relatives gather now, we have a new appreciation of what each one means to us. Our love is deeper, and we realize that we should treasure every moment that we have together. God sent love to us through Christ, and Christmas should be a time to share love.

Editor's note: Kelly wrote this in one of her classes, her teacher, Mrs. Helen Estlack thought this was a good example of what Christmas is about -Leve.





#### Page 10 The Clarendon Press, Thurs., Dec. 24, 1987 **Pecans Add Crunch To Christmas Cookies**

mas without cookies. Baking them in a and wrapping gifts.

take on added meaning with the annual crop was expected to exceed 300 million quality. harvest of pecans. Pecan trees all over pounds. Christmas season when the nuts are put which later can be chopped and added

Blessings

(AUSTIN)--Christmas isn't Christ- to good use in cookies and other sweets. to recipes without thawing. In-shell flour-dusted kitchen is as much a Texas pecan crop. According to the tradition for some people as caroling Texas Department of Agriculture frozen up to two years without loss of (TDA), 50 million pounds of nuts were flavor. Both must be carefully wrapped Here in Texas Christmas cookies anticipated for harvest. Nationwide the and sealed to preserve optimum

the state have been shedding their Pecans enhance many types of better tasting cookies that are easy to bounty every fall for thousands of cookies. TDA home economist Carol years. Pecans were an important food. Ware added their nutty crunch to four source first for Indians and later for recipes ranging from a traditional settlers. Texas cooks still stock their "thumbprint" to a thin, buttery flat pantries (and nowadays their freezers) cookie, all with good results. Ware with pecans, especially during the suggests freezing leftover pecan meats,

Our prayer for you

and yours: health

**Register for a** 

FREE

Brisket to be

given away

December 23.

Happy \* Holidays

SAM HILL" PIT BBQ

West Texas Cookin Co.

Wrapping up best wishes of the season for

you and yours! We enjoyed serving you in

the past and hope to see you again soon.

and joy!

This has been a good year for the pecans will keep in the freezer for two years or longer. Pecan meats can be

Ware offers these tips to make bake

To make sure that all ingredients are dispersed throughout the cookie dough, carefully blend dry ingredients in a separate bowl until they are mixed well. Then add them to creamed sugar and butter.

When a recipe calls for brown sugar, use dark brown for a richer flavor. Use sweet butter in place of salted for the true taste of butter.

Use half butter, half shortening when seeking a firmly textured cookie. A new made-in-Texas product, Mrs. Tucker's Shortening Sticks, come wrapped and marked with measurements just as butter and margarine do. The sticks eliminate the need to dirty another measuring cup.

Many cookie recipes call for chilling the dough three hours or overnight. Plan to make the dough ahead and bake the cookies later. If that's impossible, quick-chill dough in the freezer 45-60 minutes.

Remember to set out the butter ahead of time to soften it. You can also soften it on the spot in a microwave. Remove the foil wrapping and set the wrapping need not he removed Work with more than one cookie

sheet. Each sheet should be allowed to coarse crumbs. In separate bowl, beat cool off before baking another batch of cookies.

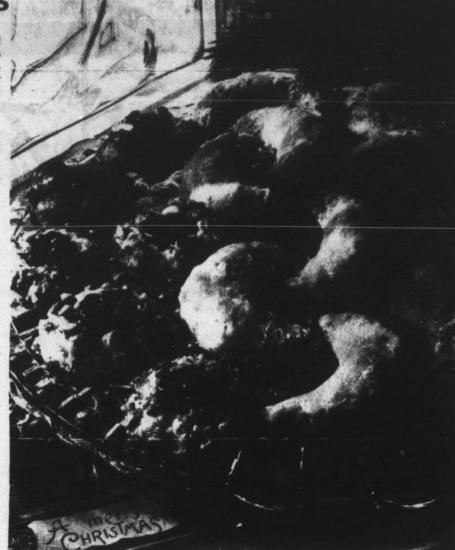
Unless a recipe states otherwise, immediately remove cookies from cookie sheet and place on a cooling rack. Warm cookies placed on a plate will not cool properly.

If you prefer soft cookies to hard, put a slice of bread or apple in the cookie jar to give off moisture.

#### **PECAN THUMBPRINT COOKIES**

- 1/2 C. shortening
- 1/2 C. softened butter or margarine
- I C. sugar
- 2 eggs I tsp. vanilla
- 2 1/2 C. all-purpose flour
- 2 tsp. baking powder
- I tsp. salt
- 2 lightly beaten egg whites 11/2 C. chopped pecans
- Jam or jelly

In large bowl cream shortening, butter and sugar until light and fluffy. Beat in eggs and vanilla until well mixed. In separate bowl, combine flour, baking powder and salt. Add to sugar mixture; mix well. Wrap in plastic wrap and



butter on a plate. Microwave on high CHRISTMAS COOKIES are a traditional way of saying "Merry 10-20 seconds or until soft. Paper Christmas." Put a plate under the tree for Santa and see what he leaves in exchange.

eggs and water. With fork, stir egg

mixture into flour mixture until dough

begins to hold together. With hands,

press mixture into mound. Divide into

6 balls. Wrap each with plastic wrap.

Chill dough until firm enough to

handle, about I hour. Preheat oven to

350 degrees F. Grease 2 large cookie

sheets. In small bowl, combine pecans,

sugar, raisins and cinnamon. On

floured surface, roll one ball of dough

at a time into a 9-inch circle; brush

lightly with butter and sprinkle about

1/3 cup of pecan mixture in a thin layer

over dough. Cut dough into 10 wedges.

From curved edge, roll up each wedge

to the point. Place wedges, point-side

down and about I inch apart, on

greased cookie sheet. Bend the ends to

curve into a crescent shape. Brush each

crescent lightly with melted butter.

Bake 15-20 minutes or until golden

two knives until mixture resembles brown. Cool crescents on wire racks. Makes 5 dozen.

#### PECAN CRESCENT COOKIES

1/2 C. shortening 1/2 C. softened butter or margarine Heaping 1/4 C. sifted powdered sugar T. water 2 C. all-purpose flour Pinch of salt I tsp. vanilla I C. chopped pecans Sifted powdered sugar

Preheat oven to 325 degrees F. Cream shortening and butter. Gradually add sugar, beating until light and fluffy. Add water, beating well. In separate bowl, combine flour and salt. Add to creamed mixture, stirring well. Stir in vanilla and pecans. Shape dough into 1 1/2-inch crescents. Place on lightly

# Pathfinders Club meets

The December 11th meeting of served red cake, candies and nuts.

There was a Christmas tree orna-The table was beautifully decorated ment exchange after refreshments with a Christmas centerpiece and candles on a pale green cloth. Fifteen members were present. They were Mrs. Jessie Adams, Mary Bray, Imogene Brumley, Merle Butts Helen Cook, Naomi Green, Carolyn Hamilton, Frankie Henson, Ruth

greased cookie sheets. Bake 15 to 20 minutes or until light brown around the edges. Remove from oven and let cool slightly. While still warm, roll in powdered sugar. Cool on wire racks. Makes 3 dozen.

#### **PECAN CRISPIES**

2 C. all-purpose flour tsp. baking powder 1/2 tsp. salt 1/2 C. softened butter or margarine 1/4 C. sugar, divided eggs tsp. vanilla C. finely chopped pecans

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In medium bowl, mix flour, baking powder and salt. In large bowl, cream together butter and I cup sugar until light and fluffy. Beat in eggs, one at a time, then add vanilla. Add flour mixture 1/4 at a time, mixing well after each addition. Wrap dough in plastic wrap and chill 1-2 hours. Preheat oven to 375 degrees F. Shape dough into 1inch balls. Roll in chopped pecans and place 2 inches apart on ungreased cookie sheets. Put remaining 1/4 cup sugar in small dish. Dip a flat-bottomed glass in water and then in sugar and press I or 2 cookies flat. Repeat until all cookies are flattened. Bake 6 to 8 minutes, or until light brown around the edges. Remove from oven; cool on cookie sheet 5 minutes before removing to a wire rack to cool completely. Makes about 9 dozen.









Texas! Mrs. Joyce Combs and Margaret Buckle Up

**Dec. 26** 

On the day after Christmas, And not at all strange, Are the crowds flocking in With their gifts to exchange.

Their socks are too large; Their ties are too bright; Their slippers are wrong; Their shirts aren't right.

Now if you are anxious And eager to learn How to give and be sure Your gifts won't return.

For what it is worth ---The suggestion is mine, --Nobody brings back Their liquor or wine.

# **Syd Blues Liquors**

**Closed Christmas** 

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# Sales tax checks

State Comptroller Bob Bullock on Friday sent checks totaling \$57.6 million in local sales tax to 852 cities that levy the one-percent city tax.

Bullock said this month's allocations showed an increase of \$3.3 million over last year's December allocations, an increase of 6.2 percent.

However, statewide year-end totals for the monthly city allocation decreased to \$850.7 million from the 1986 total payment of \$886.3 million, Bullock added.

"The increase in this month's payments is the result of two factors -- statewide economic recovery and a widening of the state's tax base," Bullock said. "Our economy is recovering, but it's going to take some time," he added.

December checks represent taxes collected in October and reported by November 20. October was the first month that the broadened tax base went into effect, according to Bullock.

The tax base was widened as a result of state legislation passed during last summer's special session

Net payment this period for Clarendon was \$3,507.53; 1986 payment, same period was \$5,431.80. Payment to date was \$73,933.59, same period 1986 was \$80,224.78, which is 7.84%

decrease. Hedley reported nothing for this period but have received \$4,170.30 to date, 1986 same period was \$4,096.30, which is a 1.81% increase.

### **Energy-Saving Tips** For the Heating Season

By Rose F. Bates Director of Consumer Affairs U.S. Department of Energy

Heating our homes in winter - and cooling them in summer - accounts for about half of total residential energy costs. We can save money and energy by making our homes more energy-efficient. Some conservation measures cost nothing; others require that we spend some money, but the money we invest now can help hold down energy costs this winter and for many seasons to come. While not a comprehensive list, the following energy conservation measures are particularly useful as heating bills begin to rise:

· Reduce the burden on your heating system by limiting the flow of expensive heated air to the outside. Use kitchen, bath and other ventilating fans sparingly, and keep your fireplace damper tightly closed unless you have a fire going.

 Caulk and weatherstrip doors and windows to reduce airleaks. It's fairly easy to do the job yourself. Materials should cost about \$25 for an average house having 12 windows and 2 doors. Savings in annual energy costs can amount to 10 percent or more.

• Insulate your attic floor or top floor ceiling to reduce winter heat loss. Costs can range from \$100 dollars and makes sense.

#### \$8,286.60 this year, and \$7,226.53 for

same period last year, which is 14.6% increase. The county results is 5.63%

Medical researchers have known

for a long time that being overweight

is a risk factor for coronary heart

disease. Now several studies have

shown that it's not only the amount

of body fat but also its location on the

body that determines how dangerous

As it turns out, what is affection-

ately known as a "spare tire" can

put men at significantly greater risk

of heart disease than men of equal

weight but different distribution of

Researchers at the National Heart,

Lung, and Blood Institute recently

looked at information obtained from

it may be to your health.

The Clarendon Press, Thurs., Dec. 24, 1987 Howardwick has received decrease for Donley County. Armstrong is up 5.84%, Carson County is down 20.97%, Collingsworth is down 5.35% and Hall County has a 13.09% decrease.



### Spare Tire' May Be Heart Hazard



in many cases to limit the amount of damage done while the patient is still in the process of having a heart attack

Blocked arteries can be opened with new surgical techniques. Additionally, medical treatment in the form of calcium channel-blocking drugs is now available, which can alleviate or prevent chest pain. Among these drugs is Cardizem® (diltiazem HC1), which last year ranked as number 10 in U.S. prescription drug sales, after only four years on the market.

All these developments spell new hope for heart disease victims. But prevention remains the most effective weapon against America's biggest killer. Some risk factors cannot be changed: age, male sex, and family history. But 80 to 90% of all cases of heart disease may be attributed to smoking, high blood pressure, high cholesterol, and being overweight. All of these risks can be minimized with some life-style changes.

The connection between body fat distribution and heart disease will continue to be investigated until more is learned about the reasons for this important link. In the meantime, enough information is available to serve as a warning: that spare tire around your waist could be hazardous to your health.



By David Garst

I've learned a lot from my travels around this country to promote agriculture and the American farmer. In fact, you could say I've learned a lot about learning.

When it comes to learning, there are two general groups of people: those who learn fast, and those who never seem to get the point.

I've been trying to convince our nation's leaders that this is the ideal time to develop a corn ethanol fuel program. Unfortunately, some of our government officials just don't get the point.

For several reasons, the time is right for a vigorous, national ethanol fuel program in this country. To illustrate:

We have an abundance of corn available to provide the resource for a national ethanol fuel program. In fact, when you consider the millions of mandated idle acres and the ability of the corn farmer to produce, we have an almost inexhaustible fuel source right in our own back yard.

And, we're now in a grace period between crises in the oil business. Foreign crude oil is plentiful and cheap. But it would be hard to find anyone who thinks things are saying, "Fill 'er up with ethanol.'

Sandra, Eddy, Lindsey and Lacey

going to stay this rosy. In fact, a recent report from the American Petroleum Institute (API) says that U.S. dependence on oil imports will increase in coming years, and this will have a negative effect on the nation's economic performance and foreign policy.

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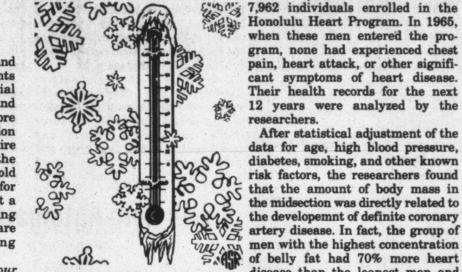
Instead of increasing crude oil imports, we should be converting corn into ethanol. It's widely known that two billion bushels of corn can produce five billion gallons of ethanol. And at one dollar per year, this translates to a savings of nearly \$5 billion on oil imports.

And this doesn't even include the savings we would gain from getting rid of deficiency payments, corn storage costs and payment-in-kind certificates.

What more incentive do we need? If you think America doesn't need another fuel source like ethanol, think back to a few years ago when you were sitting in a long gas line... and then paying an outrageous price for what fuel you were able to purchase.

For a lot of reasons, ethanol makes good sense for this nation. It's time we support American agriculture by

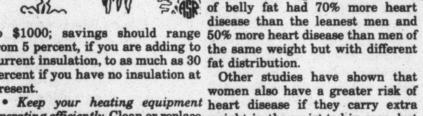




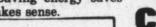
current insulation, to as much as 30 fat distribution. percent if you have no insulation at Other studies have shown that present.

operating efficiently. Clean or replace weight in the waist-to-hip area, but the filter in your forced-air heating the problem is greater for men. system each month, and keep the These findings are important because heating system well tuned with identifying and correcting risk periodic maintenance by a profes- factors is an important battle in the sional service. Having your oil fur- fight against heart disease. nace serviced at least once a year - In recent years, dramatic progress be sure the "firing rate" is checked has been made in treating heart

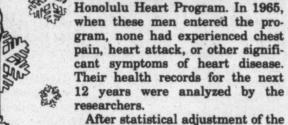
consumption. Remember: Saving energy saves



can save you 10 percent in fuel problems. If the patient gets to the hospital early, doctors are now able



the



body fat.

the midsection was directly related to the developemnt of definite coronary artery disease. In fact, the group of men with the highest concentration

of belly fat had 70% more heart disease than the leanest men and to \$1000; savings should range 50% more heart disease than men of from 5 percent, if you are adding to the same weight but with different



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ried 16 years ago, we had nothing. property would be distributed according Together we have bought property. to statute, meaning generally that you Do his children from a previous mar- would receive one-half his interest with The property is in both our names.

A. Texas is a "community property" state, where there is a legal presumption that property acquired during a marriage belongs equally to husband and wife. Your husband owns an undivided onehalf interest in your community prop- quarters interest in the property and erty, which he may dispose of by sale, your husband's children would own an gift, or will as he pleases. Should he die undivided one-quarter interest in the without a will (intestate), however, his property.

O. When my husband and I mar- fifty percent interest in your community riage have any rights to the property? the remaining one-half of his interest going in equal shares to his children. Thus, in such instance, you would retain your one-half of the community property, and would receive title to one-half of your husband's share, with the result that you would own an undivided three-

ELLER EL

PRESENTED BY THE

STATE BAR OF TEXAS

after him. **Frozen Pineapple Cranberry Salad** 

chemist and inventor, was best known as the inventor of waterproof fabrics. The mackintosh, a waterproof outer garment, is named





The simple pleasures of Christmas! May you and your family share in all its wondrous joys. It's been a pleasure serving you throughout the year.

1 can (20 oz.) Dole



The challenging lifestyle maintained by many women today may woman's ability to obtain and take a heavy toll on their physical and emotional health.

Modern women have sought and achieved greater opportunities in business and civic circles. This can often mean juggling marriage, a career, children and community activities. However, while these activities may mean greater personal fulfillment, they can be very stressful.

The wear and tear generated by a non-stop pace may not show up until years later. Yes, there are ways to keep your health along with an active schedule, and experts agree that the best way is to control stress before it controls you.

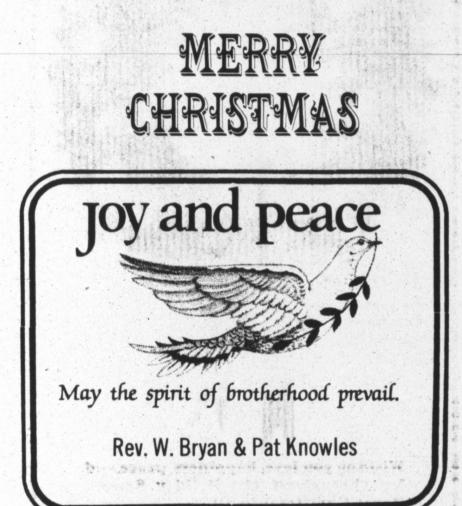
Busy women should try to train themselves to think and act positively. Everyone has problems, but dwelling on a problem makes it bigger than life and seemingly unmanageable. Therefore, it is often better to focus on solutions or, if that doesn't help, switch gears. A temporary diversion, such as some form of physical activity or even a call to a friend, can work wonders to relieve tension.

Stress also can take its toll on a absorb proper amounts of nutrition. Hurried schedules leave little time for meal planning and prepara-



tion, forcing many women to consume "fast food" or no food at all.

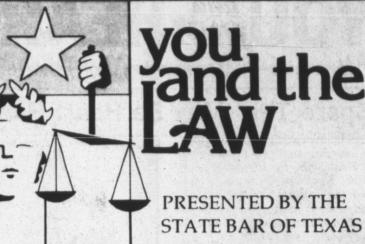
Medical experts estimate that most women get about half the calcium they need. Uncorrected, this deficiency can cause problems during a woman's later years, leaving her with brittle bones and stooped shoulders. To obtain the recommended 1,000mg of calcium in her diet, however, a woman would have to drink nearly a quart of milk daily. Calcium supplements, like Caltrate 600®, provide women with



#### The Clarendon Press, Thurs., Dec. 24, 1987

this necessary mineral, without added calories or inconvenience. With a positive attitude and a little proper planning, today's active woman can ensure a healthier, happier tomorrow.

For a free booklet, send a selfaddressed, stamped envelope to Caltrate Information, Lederle Laboratories, One Cyanamid Plaza, Wayne, NJ 07470.



Q. In a recent column, you stated there is no law against first cousins marrying. Does the same hold true for first cousins if the man's mother and the woman's father are twins?

A. The Texas Family Code does not make any distinctions as to first cousins born to twin siblings. Therefore, it is legal to marry between first cousins even if the man's mother and the woman's father are twins. Marriages are void due to consanguinity in Texas under three situations. First, you may not marry your parents, grandparents, or your children, grandchildren, etc., by blood or adoption. Second, you may not marry your brother or sister, whether by whole or half blood or by adoption. Third, you may not marry an uncle or aunt by the whole or half blood.

Q. I belong to a health club and have requested several times to have a copy of my contract. I also have requested my membership cancelled due to very poor service. I have yet to receive a reply on either request. I am moving and will not be able to use this membership. What are my rights if and when they turn this over to a collection agency?

A. The Fair Debt Collection Practices Act requires that debt collectors verify the debt before beginning any collection efforts. Within five days after initially contacting the consumer, the debt collector must send the consumer a written notice containing the name of the creditor, the amount of debt as well as certain statements which essentially notify the consumer that the debt will be considered valid unless the consumer responds within 30 days, and that the t collector will verify the debt if the consumer disputes it and will mail the consumer a copy of such verification. If

within the 30 day period the consumer disputes the debt, the collection agency must cease all collection efforts until the debt collector obtains verification of the

debt. It is important to remember to always

contract. You mentioned that you would like to production of increased acid. cancel your membership in the club you have notified the collection agency of your dispute of the debt, the agency will provide you with proof of such the contract.

It is imperative that you carefully review the terms of the contract. If the terms of the contract provide that you can cancel the contract if you are dissatisfied with the service, or in other words, if your personal satisfaction was made a condition of the contract, then you could notify the club that the condition was not met and you would have no duties or obligations to pay. More than likely, however, your personal satisfaction was a warranty. The effect of a breach of warranty is simply to create an action for damages. It will not result in the discharge of the debt, regardless of your dissatisfaction with the service. Your only recourse is to pay the collection agency and then file an action for damages against the health club.

Send your questions to "You and the Law," State Bar of Texas, P.O. Box 12487, Austin, 78711. Answers may personal answers not possible

### **Ulcers And Milk The Debate Lingers**

The old debate about the merits of using milk for treating ulcers still lingers. Traditional therapy dictated that ulcer patients follow a bland diet and drink milk. The idea was that milk would coat the stomach and neutralize stomach acids - and when effective medications became available which healed ulcers within six to eight weeks and allowed patients to eat a normal balanced diet, milk and bland diets fell out of flavor.

First on the scene were the so-called histamine-2 blockers, which sharply reduce the amount of acid produced by the stomach. More recently, Carafate® (sucralfate) was introduced for the treatment of duodenal ulcers. This agent does not change the natural digestive environment of the stomach. Without entering the blood stream, the drug adheres to the ulcer where it forms a protective shield over the wound and stimulates the natural healing

process. Meanwhile, researchers have found that milk may not have been much obtain a copy of a contract when you help anyway. It produces what is sign it. Generally, the other party has no known as "acid rebound." In other obligation to send you a copy of the words, at first contact, milk soothes the stomach, but it soon results in the

Researchers at the University of because of the very poor service. After California, San Diego, recently measured the amounts of stomach acid produced by each of three leading soft drinks, ordinary and decaffeinated coffee, tea, beer, and debt. More than likely, the proof will be milk. All of these beverages proved to be very strong stimulators of

MiL gastric acid, but beer and milk were

the worst offenders. However, another group of researchers at the University of Texas Medical School may be close to identifying an ingredient in whole milk

that helps protect against ulcers. They say a fat or lipid component may enhance the stability of the defense layer of the stomach lining that guards against ulcer-irritating acids.

So the debate about milk is not over, but it has moved out of the spotlight. Today, whether or not an ulcer patient drinks milk is a question of dietary preference not treatment. Modern medications allow ulcer patients to live nearly normal lives and to romain pain-free as long as they avoid excessive amounts of alcohol, tobacco, and foods which prove to be irritating.

**FmHA field Automation fact sheet** 

The Farmers Home Administra- tions, one of the most important is tion (FmHA) has completed one of the ability to assist family farmers the largest computer automation with their financial analysis. Softprojects in the country. FmHA, the ware is available which, after plugmajor credit agency of the U.S. ging in basic information, can help Department of Agriculture, has in- both the borrower and the FmHA stalled AT&T computer systems in county supervisor determine which some 2.300 state, county and district management options will produce offices as well as the national office in St. Louis, Missouri. The systems now include over 6,000 individual FmHA's key lending officials, the work station terminals.

completed on November 17, 1987, ently. Already, county offices can when the final terminal was deliver- interact with the main frame compued to the FmHA county office in ters in Kansas City to review, change Clarendon, Texas, Official recogni- and update borrower files. The tion of the event is being marked by a system also allows electronic mail nationwide open house in FmHA communications among national, offices across the country to demon- state and district offices across the

the most beneficial results.

The computer will also help county supervisors, to process loan The nationwide installation was applications guicker and more efficicountry. Although the system will perform The automation effort began in a multitude of sophisticated func- 1984 when a Price Waterhouse study indicated that automation of FmHA offices would be of substantial benefit. Electronic Data Systems (EDS) was awarded the contract in September, 1985. The first deliveries of AT&T 3B2 mini computers and PC 6300s were made in January, 1986. The cost of the nationwide system is

(A to try under them guests. Hu time. hunti outdo But or have s and su begun birds cook flavor Wi taste s leaner said I home cial bi They tender which "lt added Farm. when y to keep Bu comm licens Wildli game | 0. Ca Poulti operat huntin Bu scale. operat farm v Chuck pouiss rabbit. sells i restau York. also s rabbit. Wedn Saturc marke marke pheasa In Royal arour quail 300.00 sellin accord LaMa Sixty and ca R also fi De estima consu than more goin Amer a nice have some have hunti a gre reaso Christ bastin keep birds minu keep SI whole about coals. minu their the sk do, r

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strate the new equipment.

Holiday Cheer

Enjoy a terrific holiday season fill-

ed with laughter

and good spirits.

This'n That





about \$67 million.



Christmas is the time for old friends to get together. Why not stop in and visit us? We wish you and your family the happiest holidays ever. It's been great getting to know you over the past year.

**Kidds** Texaco Station

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Like the Wise Men of old,

let us bring our gifts before the Holy Child. May the star of that first Christmas night guide us all with its holy light to peace on earth.

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#### The Clarendon Press, Thurs., Dec. 24. 1987

# **Game Birds Just Great On The Grill**

(AUSTIN)--Outdoor cooks eager to try something new can light a fire 4 under some quail this summer and serve them basted to a turn to delighted guests

Hunters have known this for a long time. freezing birds killed during hunting season and grilling them outdoors when the weather turns warm. But only as quail and other game birds have started showing up in restaurants and supermarkets have the rest of us begun to catch on. These lean little birds are neither exotic nor hard to cook. Prepared well, they can add flavor and variety to everyday menus.

Wild and commercial game birds taste slightly different. "Wild birds are leaner and have more of a gamey taste," said Texas Department of Agriculture home economist Carol Ware. Commercial birds are raised in confinement. They exercise less, which ensures tenderness, and eat controlled diets, which makes them fatter.

"It's just a nice little layer of fat." added Mike Buck of R and B Quail Farm, Blanco. "Just enough so that when you go to cook them, you're able to keep the juices in."

Buck is one of about 1.100 commercial game breeders in Texas licensed by the Texas Parks and Wildlife Department to raise and sell game birds. According to Dr. William O. Cawley, Texas A&M University Poultry Science Department, most operations are small, and most sell to hunting preserves.

Buck, however, breeds on a large scale. What he started as a backyard operation has turned into a seven-acre farm where he raises quail, pheasant, Chuckar partridge. Cornish game hens, pouissin (a French game hen), and rabbit. Buck processes the game and sells it to 12 distributors and 40 restaurants in Texas. Florida, New York. Colorado and California. He also sells fresh quail, pheasant and rabbit, rabbit sausage and quail eggs Wednesdays in San Marcos and Saturdays in Austin at the local farmers markets. This year Buck expects to market a half million quail and 150,000 pheasants.

In Crystal City another company, Royal International, expects to market

around 200,000 federally-inspected quail during 1987 and more than 300,000 in 1988. The company has been selling quail for meat for a year. according to marketing director Tony LaMantia. Texas is its biggest market. Sixty percent of sales are to restaurants and caterers, 40 percent to supermarkets.

R and B and Royal International also fill individual mail orders.

Despite a growing demand, Cawley estimates that per capita game bird consumption in the United States is less



Combine all ingredients and marinate quail for several hours or overnight. Combine Worcestershire sauce, lemon Grill birds over medium-hot coals, juice, lemon rinds and butter. Cook turning once and basting several times. sauce until butter is melted; discard Cook 10-15 minutes or until done. lemon rinds. Thoroughly rub lemon Makes 4-6 servings. **GRILLED PHEASANT** Grill over medium-hot coals, turning

1 1/2 C. Worcestershire sauce 1/2 C. fresh lemon juice

T. soy sauce

I T. Worcestershire sauce

Salt and pepper to taste

10-12 dressed quail



Makes 6 servings.

several times and basting often with

sauce. Grill 15-20 minutes or until done.

# **Sending Holiday Cheer**

#### To Homesick Troops Overseas Make the holidays last, Send For friends and family stationed

a large box filled with small gift far away in the military, the best wrapped presents for each day of holiday gifts are those that provide Christmas or Hanukkah. a touch of home.

Military personnel-even those stationed overseas—have access through their base PX to most merchandise available back home in the states. But what they can't get-



and what they want most-are personal reminders of family, friends and favorite hometown haunts.

In addition to selecting the perfect reminder of home, making sure packages arrive under the Christmas tree in time is very important for folks mailing to military bases in foreign lands. Putting personalized gifts together is an enjoyable, but time-consuming task with busy holiday schedules. New, Express Mail Military Service can help beat the time crunch. It gets gifts to their overseas destinations in just a couple of days for the price of domestic rates.

To add to your gift-giving ideas, here are a few suggestions from the **U.S. Postal Service:** 

 Create or purchase a large, festive card and have "local personalities" such as the letter carrier, bartender, gas station manager, even the mayor, sign it.

• Create a clip book filled with news and sports articles from your hometown.

#### pepper seasoning on each pheasant. Perry Brothers announces

#### winner of free trip

Perry Brothers, Inc. announces the winner of the free trip to Cancun, Mexico, that was given away during their 1987 Fall Sale: Mrs. Lois Boner of Bowie, Texas.

Mrs. Boner registered at Berry Brothers in Bowie. She is employed at First National Bank and Her Husband, Hurbert, teaches at Bowie Jr. High.

Randy Stafford, Store Manager, id that he was pleased that t

· Send homemade cookies or gingerbread figures decorated by the family. Pack the treats in colorful tins which can be used all year long. • Give a gift from your tree to their tree-have friends and family

sign a Christmas ball or dreidel. Send a video tape of the family trimming the tree, opening gifts

or of the annual holiday party. • Give a gift of fond memoriessend childhood photos of past cele- \* brations or the annual visit with Santa. Place the photos in colorful holiday frames.

Next to holiday visits from loved ones, personalized packages are some of the nicest ways to celebrate holidays overseas. Your local post office can give you packaging pointers to ensure your gifts get there in good condition. To make sure they get there in two days ask your post office about Express Mail Military Service.

A traditional holiday plate or

mug, especially one used at your

holiday meal, is a great way to say,

Make a personalized wreath of

Send a bagful of holiday

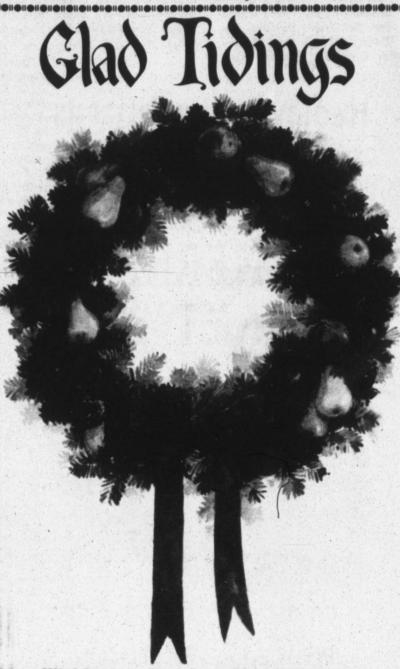
wishes place hometown souvenirs

and mementos in a decorative bag.

straw or vine covered with your loved

Wish you were here!

one's favorite candy



Wishing you love, happiness, peace and joy throughout the Holiday Sea

Page 13

began in use study of FmHA tial benens (EDS) 1 Septemveries of s and PC ry, 1986. system is

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than a pound. "Game birds are still more of a specialty item," he said.

Ware agrees. "Game birds are not going to replace chicken in the American diet," she said. "But they are a nice addition to menu planning. They have their own flavor. They're something different. If you already have quail or pheasant left over from hunting season in the freezer, grilling is a great way to use them. There's no reason to wait until Thanksgiving or Christmas.

Ware recommends marinating and basting to add flavor to game birds and keep them juicy. If overcooked, game birds turn tough. Basting every five minutes or wrapping them in bacon will keep them from drying out.

Small birds like quail can be cooked whole or butterflied on a covered grill about eight inches above medium-hot coals. Most game birds require 15-30 minutes of cooking time, depending on their size. To check for doneness, prick the skin to see if juices run clear. If they do, remove the birds from the grill immediately or they will become dry and stringy.

#### **GRILLED QUAIL WITH THYME**

1/2 C. olive oil Juice of 3 lemons, about 6 T. 2 tsp. melted butter 1 T. fresh minced thyme 10-12 dressed quail

Mix oil, lemon juice, butter and thyme. Brush birds with mixture and place on grill over medium-hot coals. Grill about 10 minutes, turning birds once and basting several times during cooking. Makes 4-6 servings.

#### **GRILLED QUAIL**

I C. wine or herb vinegar 1 C. vegetable oil 1/4 C. fresh lemon juice Lemon rinds with pulp, reserved after squeezing juice 3 crushed garlic cloves 2 bay leaves



May you share richly in all the blessings of this Holy Season: The Joy of Christmas, which is love.

The Gladness of Christmas. which is giving, The Glory of Christmas, which is salvation, and The Benediction of Christmas, which is Peace.

# **Calvary Baptist Church**

reserveseseses

winner was chosen from his store. Mr. Jim Stephens, vice-president advertising/buying, said, "We are pleased to be able to give this trip to Mrs. Boner. We appreciate all of our customers and we are always happy to be able to give them something in return for their loyal patronage.

Merry Christmas to all.



# **WE WILL BE CLOSED**

**Christmas Day** Friday, December 25, 1987







COLOUR STATE BANK HEDLEY, TEXAS 79237

SB The Donley County State Bank



FRIDAY NIGHT Hedley Senior Citizens traveled to Amarillo for dinner at Lillians Restaurant and a tour of the Christmas lights. Those attending were: Nell Land, Dorothy Hopper, Eddie Fisher, Dot Messer, Dorotha Crawford, Pauline Kaufman, Jap McMurry all from Hedley, Helen Fain and J.W. Fin from Memphis, Alta Adkins, Lonra Karnes, and Veda Elliott from Clarendon, Nina Riddlespurger drove the van.

# **Hedley Senior Citizens**

Musical Monday night was cancel- McPherson, Nina Riddlespurger, led due to the snow. Thanks to Jim Taylor. Phillip Wiggins, V.T.

Clairece Wilkinson, Dorothy and Roy Harris for al the help delivering our



#### The Clarendon Press, Thurs., Dec. 24, 1987

meals Monday. We delivered 57 meals on Monday when the weather was so bad.

On Tuesday the weather was better but still bad enough. We were open each day this week for lunches. We have 12 who went on our

grocery trip last Wednesday. On Thursday we have 30 checked

in our blood pressure clinic. Thanks to Dean Hill and Micky Lett.

On Thursday we also had a very busy day passing out the commodities.

Thanks to Shorty Crow, Joel and Nina Riddlespurger for their help in delivering the commodities to those that received lunch deliveries.

84 club Thursday night was light due to weather.

We will be closed Christmas Day.

Thursday Bridge Club 2 p.m., 84 Club 7 p.m., Blood Pressure Clinic 12:30-1:30 p.m.

Friday Closed for Christmas

Monday Exercise Class 10:30-11:00 a.m., Musical 7 p.m.

Tuesday 84 Club 7 p.m. Wednesday Grocery Trip 2:30

p.m. Call Center by 2:00 p.m. if you need to go. You will be picked up at your home between 2:00 and 2:30 p.m. Exercise Class 10:30-11:00 a.m. MENU

Thursday Steak with gravy, pinto beans, steamed cabbage, sunset salad, corn muffin, oleo, pear halves, milk, tea, coffee, juice. Friday Closed for Christmas

Monday Oven-fried fish with tarter sauce, french fries, turnip greens, creamy slaw, corn muffin, oleo, fresh fruit cup, milk, tea, coffee, juice. Tuesday Meatloaf, macaroni with cheese broccoli, beats and onion slice, corn muffin, oleo, peach cobbler, milk, tea, coffee, juice. Wednesday Chicken oven-fried, mashed potatoes, english peas, gr. veg. salad, roll, oleo, purple plums, milk, tea, coffee, juice.

# Hedley School Board

The Hedley CISD Board of Trustees met in regular session in the school library. Six members were present. Mr. Bill was absent. Mr. Holland and Mr. Hill were present. Mr. Carson called the meeting to order.

The minutes of the previous meeting were read and approved.



THE SENIOR CITIZENS group who went to Amarillo on Saturday night for dinner at Lillians and a tour of the Christmas lights were: John and Martha Hill, Edsil and Audra Tis-

No teachers qualified for Level III placement. The Petty Cash Report was re-

meeting adjourned. viewed

### Student council at Hedley

Grades 7-12 at Hedley Schools have selected a group of students to serve as a student council. These students will provide input into school operations affecting students. Thus far, the student council is directing itself toward policies concerning unexcused absences, unexcused tardiness, and detention and

turtorial activities for students who do failing work. These students efforts should provide a positive influence on administrative policy recommendation to the school board. Sharon Wheatly, Lynden Messer and Glyndol Holland are serving as faculty advisors. Regular noon luncheon meetings are held to discuss school matters.

Lois Lair, Doreen Conaster, David

Ward, Amanda Ward, Eva Hansard,

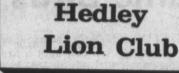
and Jason Crump, and Nina Riddles-

Mr. Hill and Mr. Holland presen-

Current bills were paid and the

ted administrative reports.

purger, driver.



The Hedley Lion's Club held its regular monthly meeting on Thursday, December 10. They had a combination Ladies' night/Lioness/ Lion's meeting. Bill Carson, Raymond Hopper, and their wives prepared a roast beef dinner. The Lioness Club provided desserts. Mary Ruth and Juanell provided decorations. Thirteen members and twenty-two guests were present.

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Jon Leggett and Mac Garrison presented a very interesting program on their efforts to promote Hedley. Jon and Mac have visited Roaring Springs, and they related their experiences pertaining to ways of upgrading a small town. They also related some of the City's plans for the future of Hedley. Beautification projects and efforts to make our city more attractive for industry are being planned for the future. Jon and Mac were well received. They also stressed that they are actively seeking suggestions concerning ways to make Hedley a better place.

Following the program, a short business session was held. Paul Ferguson read the minutes

and gave the treasurer's report. **Possible Cotton Festival changes** were discussed again. The Hedley Ex-Students Association has voted to hold next year's reunion during the Cotton Festival. Members are reminded that final decisions concerning the Festival will be made in March.

Our next regular meeting will be on Thursday, January 14, at 7:00 p.m.



The young Lady Owls got their first win of the season on Thursday night. The Owls used a strong pressure defense and some balance scoring to keep the game close all the way. The young Owls put on a strong second half to and defeated the Lakeview team 12-10. Scorers for the Lady Owls were Tracie Shields with 4 points, Jennifer Hill and Tanya Holland both had 3 points and Amanda Ward had 2 points.

and the man and the



BACK ROW DERENDA HAIRE, Tanya Holland, Cheryl Glover, Carol Glover; front row Stephen Carson,

Jason Wiggins, Anthony Carson,

Steve Mullins, and Jeff Wilkinson.

There is no better time to heal and nurture your spirit of love than during this season of celebration of the birth of the One who devoted His life to teaching us to love one another. Join us for this beautiful celebration.

**Church of** 

Christ

the 1980-8/ Audit report was approved. The 1986-87 Performance report

vas approved. Mr. Holland reported on the formation of a student council.

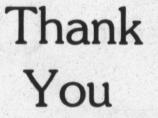
The textbook committee was appointed.

Exit level TEAMS results were given to the Board. Three students were tested in math and language arts. All students mastered both sections of the test.

The UIL holiday non-participation days of December 23-27 were approved.

Career Ladder levels II and III were implemented.

Six teachers were moved to Career Ladder level II: Becky Hill, Jon Leggitt, Wilma Reynolds, Sheila Wade, Sharon Wheatly, and Nancy Woodard.



Thanks Helen Lamberson and

Louise Stewart for all the hard work

they have done to make down town

Hedley beautiful. They have really

made a difference in how our town

looks with the Christmas tree and

snowman and all the decorations.

They have worked many hours on

down town all year long Painting,

cleaning and making it better.

The Hedley Community-

Thanks Helen and Louise.

**Best Wishes** 

# West Texas Gas

will close

December 24 at 3 p.m. Open December 28, 7:30 a.m.

**Emergency Calls only 874-3784** 



Good health, good friends ... all the best to you at Christmas!

> Simmons Insurance





on Thursy had a t/Lioness/ son, Rayeir wives nner. The desserts. provided mbers and resent. Garrison g program te Hedley. d Roaring ted their ways of They also plans for

utification ke our city y are being n and Mac lso stressy seeking ways to ice. a short.

e minutes report. al changes he Hedley as voted to during the rs are reis concernmade in

ing will be 4, at 7:00



got their Thursday a strong ne balance lose all the on a strong eated the ers for the elds with 4 nd Tanya oints and nts.





or more than 50 years, Social Security has provided income to millions of American workers and their families, earning the confidence and trust of those we serve. While our 72,000 employees are responsible for nurturing this trust, we could not possibly meet current demands without the support of a modern data processing system.

May the holidays bring you every happiness.

Hall Tax & Bookkeeping

Fern Hall-Cheryl Burch

Social Security at one time was in the forefront of data processing technology. Unfortunately, as technology changed and workloads grew, we did not keep pace. In 1982, we launched a modernization effort, and that new, modern technology is in place in many areas-and better technology translates into better service. For example: Retirement and survivors claims

are now processed in an average of 15 days, down from 26 days in 1983. · Social Security cards are issued in 11 days, where it used to take almost 6 weeks.

• A 3-year backlog of uncredited earnings has almost been eliminated, and earnings reports for 126 million covered workers are now credited within 6 months after they are received The Clarendon Press, Thurs., Dec. 24, 1987

(some 206 million annual wage reports for 1986 were processed by July 31, 1987-2 months faster than last year). · Emergency payments to bene-

ficiaries can now be processed and delivered in 5 days, less than one-half the time it used to take.

• A new, modernized claims system lets us take applications using computer terminals, rather than filling out pages and pages of paper forms. Using this equipment, one employee can now do the work that used to require three people to do. Already more than 300 offices have the new equipment, and all offices will have it by the end of next year.

All this, of course, takes money. This year, Social Security will pay out over \$200 billion to over 40 million beneficiaries, an average of over \$500 million every day. To date, we have spent just over \$300 million on the modernization effort-less than one day's worth of benefits. That's a small price to pay for reliable, prompt, and efficient service.

To many, the systems modernization plan has meant redesigned software, upgraded hardware, and all the other elements of a modern computer system. But the significance of this modernization effort lies not in machines or equipment, but in people.

While the primary goal of the Social Security Administration's efforts has been to bring Social Security out of the computer "dark ages" to state-of-theart data processing, our ultimate goal is to provide the most reliable, efficient, and prompt service to the American public-Social Security beneficiaries and taxpayers alike. Our customers deserve no less.



#### **Holiday Hints**

Here are tips on how to keep your dog from getting into mischief and endangering its health during the

The holiday birds we love can be fatal to dogs if they swallow the

from electric tree lights. Tempting cords can become a real shock to

Give your dog a flea-free life for Christmas. Even in cold climates, fleas are still a threat. Give your dog an 11-month flea collar like the one from Sulfodene/Scratchex\*. Then when Thanksgiving comes around next year, just exchange for a new one.

not like the extra pounds from holiday sweets, it's worse for your dog. Chocolate in large amounts is toxic to dogs. It damages their livers. Save the sweets for humans and give your pet special treats made for dogs.



#### **Five-Minute Soup**

A quick-cooking soup, this is best served immediately while the vegetables are fresh and colorful. Double the recipe and you'll be able to freeze soup for eating on chilly Winter days.

4 cups	chicken broth half a raw cucumbe
2 cups	scrubbed, unpeeled and sliced very thin shredded raw green
	leaf vegetable
	(spinach, lettuce or
· · · · •	cabbage)

1 tomato, cubed leftover lean meat shredded raw mushrooms. sliced

Heat the broth. Add the vegetables and meat. Bring to a boil and simmer 5 minutes. Serve immediately.

#### Yield: About 1 1/2 Quarts

Five-Minute Soup Nutritional Analysis per Serving

50	Calories	6 mg.	Cholesterol
1 g.	Protein	3 g.	Carbohydrates
	Total Fat (est.)	24.5 mg.	Calcium
	Saturated Fat		Potassium
2 g.	Polyunsaturated Fat	517 mg.	
	Monounsaturated Fat		

#### **Veal Colombo**

Celebrate Columbus Day with this majestic entree. Try using chicken or turkey breast instead of veal. They will taste good although the flavor and texture will not be the same.

1/3 cup	wheat germ	1/2 cup	skim milk
1 tsp.	crushed oregano	3 tbsp.	margarine
1/4 tsp.	garlic powder	1/2 lb.	fresh mushrooms,
1/4 tsp.	onion powder		sliced
	freshly ground	3 tbsp.	tomato paste
	black pepper	1/4 cup	marsala or sherry
1 1/2 lbs.	veal cutlet, cut into serving pieces	2 tbsp.	chopped parsley

Mix wheat germ, oregano, garlic powder, onion powder and black pepper. Dip veal into milk, then into wheat germ mixture, coating cutlets well

In a skillet, melt margarine, then sauté veal in it, until golden on both sides.

Combine mushrooms, tomato paste and wine, pour over veal cutlets. Simmer 10 minutes. Serve garnished with parsley.

#### Yield: 8 Servings

Help Your Heart Recipes are from the Fourth Edition of the American Heart Association Cookbook. Copyright 1973, 1975, 1979, 1984 by the American Heart Association, Inc. Published by David McKay Company, Inc.

#### Veal Colombo Nutritional Analysis per Serving

208	Calories	61 mg.	Cholesterol
8.7 g.	Protein	5.4 g.	Carbohydrates
1.3 g.	Total Fat (est.)	37.7 mg.	
4.1 g.	Saturated Fat	423 mg.	Potassium
1.6 g.	Polyunsaturated Fat	104 mg.	
5.6 g.	Monounsaturated Fat		



Share the joy of the season wherever you go. The more love you give, the more love you know. Merry Christmas!

May Your Christmas Be Bright and Filled

holiday season.

bones. Keep them out of your pet's reach. Make sure your pet stays away

an unsuspecting puppy or kitten.

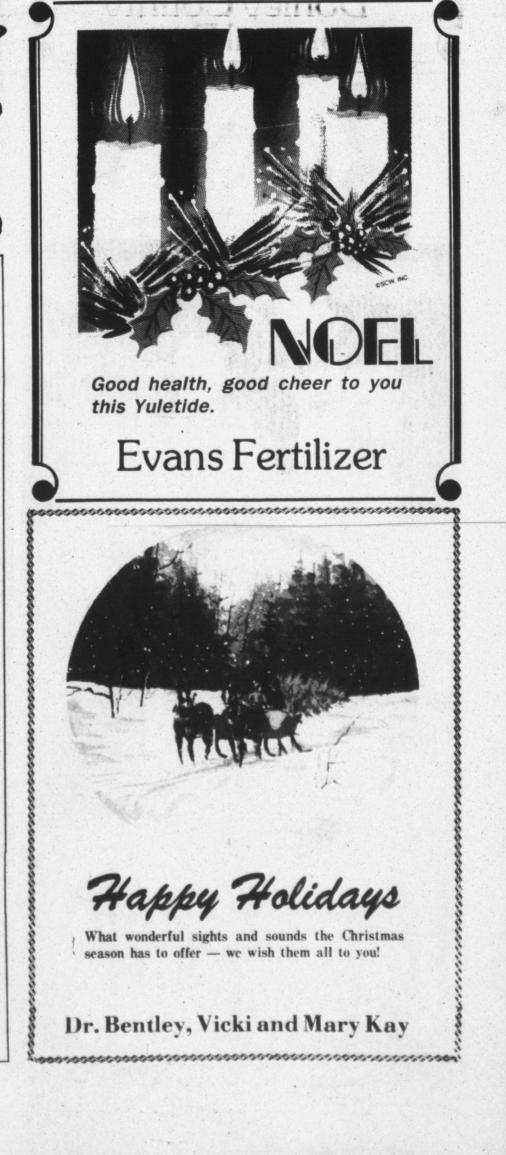
One last tip-although you may

1/2 cup

# And, lo, the angel of the Lord came upon them, and the glory And the angel said unto them, Fear not: for, behold, I bring od tidings of great joy, which shall be to all people unto you is born this day in the city of David our, which is Christ the Lord. shall be a sign unto you; Ye shall find th ng clothes, lying in a manage And suddenly there was with the angel a multitude of the heavenly host praising God, and saying Glory to God in the highest, and on earth ace, good will toward men. ST. LUKE. 2:9-14 **First United Methodist Church**

BEBOLD ...

A Child Is Born



Joy to all!

The Floyd Family

to all iends.

wishes

happy

eason.

n.

84

# Tina Shields honored with shower

Tina Shields, bride elect of Gary Don Davis was honored with a shower Sunday afternoon from 2:30-3:30 in the Hedley Lioness Hall. The serving table was decorated in

the bride's colors, magenta and pink. A table with many useful and beautiful gifts was displayed.

Traci Shields, Christie Helms, Tanya Holland and Amanda Ward served the cake and punch.

Carrie Shields presided at the register table.

Hostesses for the event were: Nancy Mullins, Nancy Stephens, Barbara Collins, Debbie Hill, Kathi Holland, Geraldine Holland, Becky Hill, Kay Talley, Cheryl Pickard, Clara Jo Holland, Lura Helms, Janie Hill, Mary Ruth White, Kitty Asher, Mary Castner, Shiela Wade, and Kathy Knox.

### Happening In Hedley **By NINA RIDDLESPURGER**

On Monday Beulah Hall fell at her home and broke her hip. She was taken to Hall County Hospital in Memphis by the Clarendon Ambulance.

Beulah was transfered to Northwest Texas Hospital in Amarillo on Tuesday. At this time due to her weak condition and a temperature the doctors in Amarillo have not been able to repair her hip. They hope to be able to do the surgery sometime this week.

Our prayers and best wishes to Beulah and her family.

Hobart Moffitt is still in the hospital in Amarillo. Best wishes to Hobart and Ruby.

Frank and Opal Murry recently enjoyed a visit from their daughter. She is Pat Bay from Lubbock, Texas.

Ruth Stiles is still in very serious condition in Northwest Texas Hospital. Ruth has been in the hospital now for 7 weeks. Our prayers and best wishes to Ruth and her family.

Slats DeBord came home from Northwest Texas Hospital last Thursday. Slats is doing real good.

While Slats was in the hospital he received a visit from his sisters from Anthony, New Mexico. They are Vera Hickey and Edith VWillingham. Edith's son and his wife from El Paso, Texas also visited with Slats. They are Mr. and Mrs. Don Willing-

ham. On December 8, Connie and Mahdeene DeBord celebrated their wedding anniversary. Congratula-

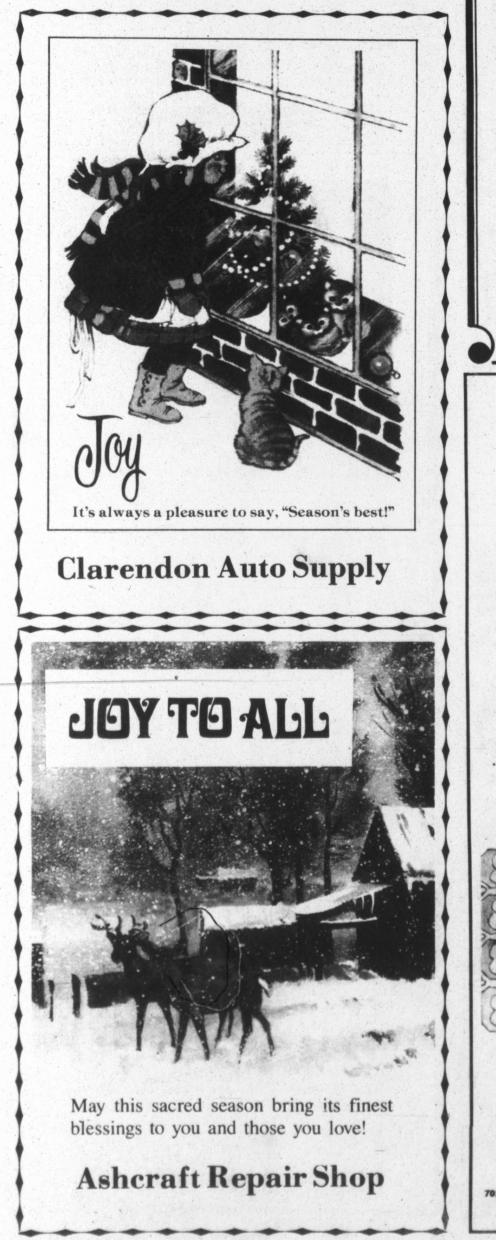
tions to Connie and Mahdeene. Will I guess most people have finally dug out of the snow. The snow wasn't so bad if we just hadn't had the wind to drift it. It was pretty but was really getting serious before it finally stopped. Hopefully we will have some warm weather now to help melt it all.

Christmas is here! Doesn't seem possible its that time again. Hope you all have a real Merry Christmas and the Best New YHear ever!

Tracy and Sharon Sanders son and daughter-in-law of Sam and Flora sanders came last Tuesday to visit their parents for Christmas. Tracy and Sharon are from San Diego, California.

Ruby McKee is a resident of Claude Nursing Home. Ruby would really appreciate any visits or cards from her many friends in Hedley.

Oil-base paints can usually be removed from the skin with plain baby oil.



The Clarendon Press, Thurs., Dec. 24, 1987



WEDNESDAY NIGHT the Hedley First Baptist Church held their Christmas Party. Shown here with

GREENBELT

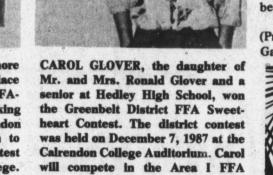
Merry

Santa are: Tiffany Wilkinson, Nancy Andaverdi, David Ward, Freedom **Garrison and Dustin Knowles.** 



**ANTHONY CARSON**, a sophomore at Hedley High School won first place in the Greenbelt District FFA-**Extemporaneous Public Speaking** contest held Nov. 7 at Clarendon College. Anthony then went on to place 5th in the Area I FFA contest held Nov. 21 at Clarendon College. Anthony received his banners at the **Greenbelt District FFA Banquet held** Dec. 7 at the Clarendon College.

Sweetheart Contest to be held in Lubbock on May 13, 1988.



All I ever needed to know I learned in Kindergarden

#### **By ROBERT FULGHUM**

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Most of what I really need to know about how to live, and what to do, and how to be, I learned in Kindergarten. Wisdom was not at the top of the graduate school mountain but there in the sandbox at nursery school.

These are the things I learned: Snare everything. Play Fair. Don't hit people. Put things back where you found them. Clean up your own niess. Don't take things that don't belong to you. Say you're sorry when you hurt somebody Wash your hands before you eat. Flush. Warm cookies and cold milk are good for you. Live a balanced life. Learn some and think some and draw and paint and sing and dance and play and work every day some.

Take a nap every afternoon. When you go out into the world, watch for traffic, hold hands and stick together. be aware of wonder. Remember the little seed in the plastic cup. The roots go down and the plant goes up and nobody really knows how or why, but we are all like that.

Goldfish and hamsters and white mice and even the little seed in the plastic cup--they all die. So do we.

And then remember the book about Dick and Jane and the first word you learned, the biggest word of all: Look. Everthing you need to know is in there somewhere. The golden rule and love and basic sanitation. Ecology and politics and sane living.

Think of what a better world it would be if we all-the whole world-had cookies and milk about 3 o'clock every afternoon and then lay down with our blankets for a nap. Or if we had a basic policy in our nation and other nations to always put things back where we found them and cleaned up our own messes. And it is still true, no matter how old you are, when you go out into the world, it is best to hold hands and stick together.

(Presented by Perry Brothers, Clarendon and sent to them by Store 169 Galveston.)







May your holidays be bright, beautiful and bountiful. It's been a pleasure serving you. Come see us again soon.

# **Reynolds** Machine & Supply