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The Clarendon Press

Dedicated To Fair And Impartial Representation

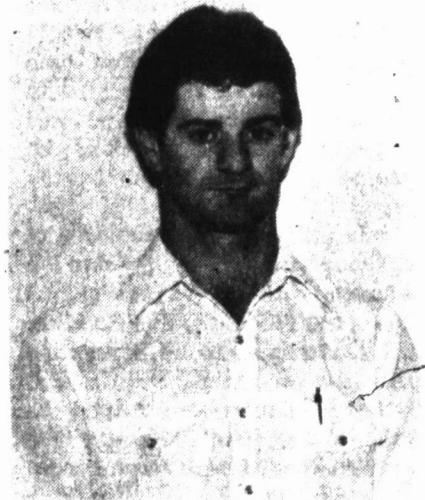
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Thursday, January 7, 1988

Number 1

40c



TOMMY LOVELACE
Tommy Lovelace
new member of
Clarendon SCS

Tommy Lovelace, of Belton, Texas is a new member of the SCS in Clarendon. Tommy will begin his duties on January 4th as a Soil Scientist, however, he will later be transferred to a Soil Conservationist.

Tommy is a 1987 fall graduate of Tarleton State University at Stephenville, Texas and has received a Bachelor of Science degree in Plant and Soil Science.

At Tarleton Tommy was a member of Alpha Zeta (Agricultural Honor Society), the Agronomy Club and the Soils Judging Team. He was the outstanding graduate for the School of Agriculture at Tarleton for December 1987.

Tommy was raised on a small farm at Belton where his father owns and operates a commercial pecan production operation and custom harvesting business. Tommy has found a place to live in the country and thinks he will enjoy living at Clarendon.

Santa made it home

After a plea by David Davidson to return his Santa Claus taken from his porch, the old gentleman reappeared to his place of honor. Son, John was delighted to see Santa back and David and his family would like to express their appreciation for his return.

County once again experiencing freezing rain

The county is once again experiencing freezing rain and the forecast for Tuesday night is from 2 to 4 inches of snow with temperatures in the teens with a chill factor of minus 9 degrees. It is hazardous driving and national forecasters are advising unless you have to travel to stay home.

Curtis Eiland (Moon) Mullins services held January 5

Curtis Eiland (Moon) Mullins, 76, passed away Sunday, January 3 at Memphis Convalescent Center in

Tommy Saye
Cooperative Observer
for National Weather
Service, Clarendon

Day	Date	HI	Low	Prect.
Monday	28	35	11	
Tuesday	29	39	12	
Wednesday	30	41	13	
Thursday	31	51	22	
Friday	1	36	14	
Saturday	2	39	11	
Sunday	3	27	18	

Total Moisture for month .00
Total for year .00

Texas Parks & Wildlife Dept. releases fish at Greenbelt Lake

In years past, fish that completed their work as brooders on state hatcheries were quietly put out to pasture in public lakes.

While this probably suited the fish just fine, it did little for fishery management since the brooders could not be identified later.

Now the Texas Parks and Wildlife Department's Hatcheries Branch has launched a new program that will encourage the catch-and-release concept while giving anglers complete information about the fish's past.

Under the "Veteran Broodfish" program, brooders of five species will be tagged when released back into the wild. The internal tags will have an external streamer inscribed with "veteran brooder," a broodfish number and the department's toll-free telephone number, 1-800-792-1112.

Anglers catching these fish are encouraged to write down the broodfish number and release the fish. Then by calling the toll-free number the angler will receive a history of the fish's production record and a copy of its "honorable discharge."

Bill Rutledge, hatcheries chief, said the program will focus attention on the catch and release concept, and also call attention to the contribution the hatcheries make to fishery management in the state. "The department is implementing several pro-

grams that promote catch and release because we feel as fishing pressure increases it will be necessary to use larger fish more than one time," Rutledge said. "Besides, the department has a considerable investment in these fish because genetic selection and hatchery maintenance are costly."

He added that the veteran brooders may be more susceptible to being caught after spending all their lives on a hatchery. "We would like to protect as many of them as possible to give them ample opportunities to spawn," said Rutledge.

The first 1,000 Veteran Broodfish (largemouth and smallmouth bass, channel and blue catfish and red drum) will be released at the following locations: Lakes Coleman, Ray Roberts, Fork, Meredith, Medina (lake and river), Possum Kingdom, Greenbelt, Twin Buttes, Cisco, Town(Austin), Ascarte, Casa Blanca, Livingston, Brownwood, Red Bluff, Spence, Waco, White Rock, H-4, H-5 and Dunlap.

Several red drum broodfish will be released in Galveston, Matagorda, Corpus Christi and Laguna Madre bays. Brooders also will be released into small lakes at the following state parks: Puris Creek (not yet open for visitation), Choke Canyon, Lady Bird Johnson, Tyler, Rusk, Bastrop, Buescher, Hutsville, Blanco, Arrowhead, Mineral Wells, Balmorhea,

Caddo, Palmetto and the J.D. Murphree Wildlife Management Area at Port Arthur.

Thursday, December 31, the Texas Wildlife Department released some 30 of these fish, weighing from 2-3 pounds each into Greenbelt Lake.

1988 Junior Livestock Show to be January 16th

It's time again for the annual Junior Livestock Show! This year's show will be Saturday, January 16th at the Community Center. Judging schedule is as follows:

9:00 a.m.--Lambs, Lamb Showmanship, Gilts, Barrows, Swine Showmanship.

1:00 p.m.--Heifers, Steers, Beef Showmanship.

6:00 p.m.--Buyers and Exhibitors Supper.

7:00 p.m.--Premium Sale.

Entry fees are the same as last year. Each exhibitor is asked to pay a \$5.00 fee to help pay for the Buyers Supper due when the entry fees are paid. Each exhibitor is limited to two (2) animals in each division. Entries are due Monday, January 11th, and are: Swine and Lambs \$3.00; Beef \$5.00.

Judging the 1988 Junior Livestock Show will be Mr. Tucker, the Ag teacher from Dalhart.

The public is encouraged to come out to the Community Center on Saturday, January 16th to watch and support these youth from our community. They have worked very hard for several months getting their animals ready and need all of our support. Also, plan to attend the Buyers and Exhibitors Supper and Premium Sale.

County Junior Livestock Assn. to meet

The Donley County Junior Livestock Association will meet Monday night, January 11, 1988, at 7 p.m., at the Clarendon High School Ag Building.

Anyone interested in the Donley County Junior Livestock Show is welcome to attend.

\$5000 scholarship offered

National Geographic World Magazine is sponsoring a contest that will award the winner a \$5000 scholarship. Children in grades 3 through 9 are eligible to participate. If there is a geography "whiz" in your household, send him or her to the Burton Memorial Library for the December, 1987 issue of World for more detailed information.

Filing date passed for County Offices

The 6 p.m., January 4th filing date passed without anymore candidates filing for a local county office.

Thursday, January 31, T. Mullins of Hedley filed for the Donley County Commissioner Precinct 3 office. This makes four candidates for that office, but no other incumbent has an opponent.

These incumbents are the only ones filing for their offices. They are



MRS. HATTIE TERBUSH

Mrs. Hattie B. Terbush - Clarendon's Oldest Citizen

What is the secret of living to 103? Mrs. Hattie B. Terbush says hard work, no smoking, drinking, using bad language, also reads her Bible and talks to the man upstairs everyday. Being part Indian could be.

On Dec. 30th Mrs. Terbush, 103, became the Medical Center's newest resident.

Mrs. Terbush, her husband, Edwin and four children moved to Alanreed in 1911 from Oklahoma in two covered wagons. She drove one of these wagons all the way herself.

The trip was uneventful until at noon one day, she discovered she couldn't find her purse, which contained everything they owned. Her husband rode back to where they had camped the night before, and found the purse where she had dropped it that morning while getting ready to start the day's travel.

Once in Alanreed the family farmed and ranched until Edwin's death in 1940.

Mrs. Terbush is well known around Alanreed, as she helped doctors deliver babies in a mid-wife capacity, helping deliver 42 babies in the area. Jack Hall, who lives in Clarendon and teaches in the Clarendon school system is one of those 42 babies. She also worked in the Alanreed school cafeteria for several years.

In the early 1950's she moved to the Pantex-Community in Amarillo to live with a son, where she helped raise his 5 children. Then she moved to Groom in the 1960's where she has continued to live until she went to a nursing home in Amarillo two months ago.

Mrs. Terbush's hobby is crocheting, making afghans and gardening.

She continued to plant and work in her garden until she was 99 years old. When the family went to Groom to celebrate her 99th birthday, they found her hoeing in her garden.

One granddaughter concerned about her grandmother's gardening when she was in her 80's, talked to her doctor about it, he told her to "let her alone, she'll outlive us all."

Mrs. Terbush cooked pies and cakes everyday for her friends who came to visit as long as she lived in her home. She continued to live in her own home until she fell and broke a hip at the age of 102. She only spent a week in the hospital, the doctors were amazed at her quick recovery.

For her 100 birthday she received a "road of life" cake which depicted the hundreds of changes she had seen in her life-time, such as the telephone, electricity, radio, trains, cars, airplanes and Television. She has gone from driving a horse drawn wagon across the plains to watching a man land on the moon.

Mr. and Mrs. Terbush had 9 children, six of them still living. They have over 27 grandchildren and approximately 180 great-grandchildren and great-great grandchildren and is now expecting 7 more great-greats.

Mrs. Terbush is a member of the church of Christ, she still reads her Bible everyday, as well as listens to tapes of sermons, the Bible and religious music.

Mrs. Lorene Tipton of Clarendon is one of the six living children of Mrs. Terbush, the other children are Mary Davis, Ellen Stapp, Leroy Terbush, Agnes Wetsel and Frances Corbin.

Clarendon and the Medical Center are proud to have Mrs. Terbush as their newest resident and oldest county resident.

Whirlpool Bathing Unit at Medical Center paid for

As many in the community already know, the Medical Center Nursing Home has been receiving donations toward the purchase of an Apollo 2001 Whirlpool Bathing Unit. We are very pleased to announce that as of December 28, 1987, the whirlpool has been completely paid for. The final contribution came in the form of a check from Genevieve Caldwell in the amount of \$2,795.00. We are very grateful, not only to Mrs. Caldwell, but to everyone who made a gift, memorial, or contribution to the fund. If it weren't for the kindness and generosity of the ones who gave we could never have done it. Your contributions will have a lasting effect for many years to come. We

are very proud of our new whirlpool because we feel it will assist us in giving better care to the residents who live here.

"As we enter a new year, we would like to invite the people of Clarendon to be even more actively involved in the activities of the Medical Center. We have an excellent group of volunteers, and the time and concern they contribute is a wonderful thing to see. If you would

be interested in becoming a part of our volunteer staff please contact us so that we may talk with you further," stated Larry White, Medical Center Nursing Home.

County meetings to address conservation Reserve Program

Multi-county meetings to address the Conservation Reserve Program, Conservation Compliance, and the 1988 Farm Program will be held throughout the Texas Panhandle the week of January 18. The meetings are being co-sponsored by the Texas Agricultural Extension Service, Soil Conservation Service (ASCS).

The dates and locations of the meetings are listed below:

January 18, Hereford, Bull Barn.
January 19, Spearman, County Barn.

January 20, Clarendon, Community College, Auditorium.
January 21, Dalhart, Coliseum.

January 22, Amarillo, Texas Agricultural Research and Extension Center.

Each meeting will begin at 9:30 a.m. with discussion in the morning session focused on the Conservation Reserve Program. Topics will include Documentation for Cost Sharing in the CRP, Managing your CRP Grass, Weed Control, Managing Your CRP Land for Wildlife, and an Economics Evaluation of the CRP Bid. A sponsored lunch will follow. The afternoon session will address Conservation Compliance and the 1988 Farm Bill. Topics will include Rules of Conservation Compliance, Agency Responsibilities, Who Will Be Affected and What Are the Options for Meeting Conservation Compliance, and an Economic Evaluation of the Possible Options for Meeting Compliance. The afternoon session will be wrapped up with a discussion on the 1988 Farm Bill.

Memphis. Services were Tuesday, January 5 at the First Baptist Church in Hedley with Rev. Bryan Knowles, pastor, officiating. Interment was in Rowe Cemetery in Hedley by Spicer Funeral Home of Memphis.

Mr. Mullins was born April 29, 1911 in Donley County. He was a retired construction worker and a Baptist.

Survivors include 3 sons, William Mullins of St. Petersburg, Florida, Leonard Mullins of Amarillo, T. Mullins of Hedley; one daughter Peggy Watt of Giles; 8 grandchildren and 2 great grandchildren.

Pallbearers were Harold White, Doyle Messer, Jack Stafford, John Hill Jr., Buford Holland and Bob Hodge.

Honorary pallbearers were Roy Brown, Clyde Stone, Oliver McMurray, W.E. Hill and James Potts.

VA addresses needs of women veterans

The Veterans Administration has begun to implement additional initiatives to address the needs and concerns of women veterans following a series of recommendations from an agency advisory committee.

VA Administrator Thomas K. Turnage responded to a recent report from the Advisory Committee on Women Veterans that covered such areas as health care, the homeless issue, and data collection. Turnage described what steps the VA would take to implement the Committee's recommendations, including:

- Providing VA women veteran coordinators in outreach activities to homeless veterans and ensuring that separate statistics be kept on homeless women veterans so that they can be better identified and their needs can be better evaluated.

- The stocking of pajamas for women at medical center canteens that meet better comfort criteria.

- Developing hair care service for female inpatients at VA medical centers.
- Developing a list of women veteran organizations as part of efforts to inform female veterans about VA benefits.

Turnage said the VA would be expanding specialized substance abuse treatment programs for women veterans as the number of female veterans seeking treatment increases. He emphasized that all VA facilities have counseling and medical care for physically abused veterans, male and female alike, even though many medical centers do not have female patient loads large enough to support a separate program for abused women veterans.

The Administrator also has announced he is contacting other federal agencies for cooperation in four areas of concern to women veterans. The Department of Labor and the Small Business Administration are being asked to include women veterans in statistical reporting.

A women veterans advocate is being proposed to attend meetings of the Department of Labor Advisory Committee on Veteran Employment.

The VA is consulting other federal agencies about forming an interagency study group to encourage women veterans to stay in federal employment.

And the VA is continuing efforts to place a female veteran on the staff of the Veterans Employment and Training Service, to raise awareness of the problems that face women veterans.

Concerning veteran insurance programs, the Administrator said legislation will be proposed to equalize annuity payments using tables that do not differentiate between sexes.

The VA Advisory Committee on Women Veterans was formed in 1983 to review VA policy and procedures and make recommendations to the Administrator. The 21 member committee is chaired by retired Air Force Major General Jeanne Holm. Its next biennial meeting is scheduled for March 23-25 at the VA's Central Office in Washington, D.C.



MRS. STEVE SHALLER

Robbins-Shaller united in marriage

Courtney Page Robbins and Steve Lee Shaller were united at the First Presbyterian Church in Canyon.

The bride is the daughter of Mr. and Mrs. O.B. Robbins of Canyon.

Matron of honor was Jimmie Tucek, aunt of bride. Bridal attendants were Kimmie King of Amarillo and Melody Bandy of Fort Worth. Bestman was David Shaller.

brother of the groom. Groomsmen were Arlis Thomas, Clarendon, Steve Neuhaus, Shamrock and Rocho Robbins, brother of the bride.

Flower girl Julie Wallace. Ring bearer Josh Robbins brother of the bride. Candlelighters were Kenneth Coale and Matt Wallace.

The couple is presently attending West Texas University in Canyon.

Laker Homemakers

The Lakers' Homemakers Club chose a Christmas Salad Luncheon and ornament exchange for their December meeting held on December 12th at 11:30 a.m. in Howardwick City Hall. The tables were beautifully decorated with bright red apples, candles and Christmas greenery. After the inspiration, given by Margaret Pettit, ten members answered roll call. Minutes of the previous meeting were read and the treasurer's report was given.

President, Lela Whitehead, gave the council report and announced that the Annual Council Salad Supper will be held on January 30th. The council will furnish the meat and members are asked to bring a salad

or a vegetable and a guest. After discussing the balance owed by the Medical Center for the Whirlpool which has already been installed, the club voted to donate \$75.00 toward this fund.

President, Lela Whitehead, recognized four members of Lakers who had a perfect attendance in 1987: Margaret Pettit, Joyce Combs, Nancy McClintock, and Madelyn Jones, and presented each of them with a gift.

After the business meeting and luncheon, they enjoyed a Christmas Ornament exchange.

The meeting closed with a Christmas story entitled "Blessings in Disguise" read by Madelyn Jones.

Broncho Basketball

Valley Invitational Tourney

The Varsity Girls played Paducah for their first game. The girls only took six players on Thursday. The girls beat Paducah by the score of 38 to 33. Marcy Helms led the scoring with 13. Marcy was followed by Tanya Bell with 8, Laura Copelin with 7, Stacy Graham with 5, Linde Bowling with 3, and Christi Knorpp with 2.

The girls stayed to play their second game of the day. The girls played Fritch. Marcy Helms again led the scoring with 8. She was followed by Tanya Bell with 7, Stacy Graham with 6, and Laura Copelin with 4. Fritch defeated the girls by the score of 25 to 57.

On Saturday the whole team returned to play Quanah. Tanya Bell led the scoring with 13. Tanya was followed by Laura Copelin with 5, Karen Hill with 4, and Linde Bowling with 2. Quanah won by the score of 24 to 61.

The Varsity Guys played Friday. They played Kress for their first game of the day. Wes Hatley had an outstanding performance with 27 points. David Beard also had a good performance with 14. Despite the good performances the guys were defeated by the score of 58 to 68.

For the guys second game of the day they played Paducah JV. Wes Hatley was again the impressive one with 20 points. The guys defeated Paducah JV by the score of 50 to 42.

The guys returned on Saturday to play Childress. Once again Wes came through with 21 points and 3 assists. Michael Adams also made a showing with 13 points. David Beard came through with 12 points and 15 rebounds. Chris Ward had a great 8 rebounds. Although everything seemed to be going right the guys were defeated by the score of 62 to 72. Chris Ward was named defensive player of the game.

North Plains Invitational Tourney

The North Plains Invitational Tournament took place at Claude on December 31-January 2.

The Varsity Girls got off to a slow start the first day. They played the Channing Eagles. This game proved to be a disappointing loss. The girls lost by the score of 21 to 44. Stacy Graham led the scoring with 5 followed by: Jenifer Davis-4, April McCary and Laura Copelin-3, and Tanya Bell, Karen Hill, and Christi Knorpp-2.

New Years Day proved to be a very good start of the year for the Lady Broncos. The girls returned to Claude to play Kress. If you missed this game you missed a thriller. At the end of the fourth quarter the score was tied at 37. Just as the buzzer went off Jenifer Davis fouled a girl from Kress. The girl had a 1 and 1 shot. The girl missed her free-throws which sent the game into a three minute overtime. Both teams scored 2 points in the overtime and sent the game into a second overtime. During the second overtime the girls were able to defeat Kress by the score of 43 to 39. Jenifer Davis made an impressive showing with 16. She was followed by: Stacy Graham-10, Tanya Bell-7, April McCary-5, Christi Knorpp and Marcy Helms-2, and Laura Copelin-1. Winning this game meant the girls would return on Saturday to play for consolation. On Saturday the girls played

Silverton. The girls played a great game to defeat Silverton by the score of 31 to 25. Karen Hill and Kristal Hill led the scoring with 8. They were followed by: Christi Knorpp-4, Stacy Graham-3, and Jenifer Davis, Tanya Bell, Linde Bowling and Marcy Helms-2. Congratulations girls on an outstanding performance. Good Luck!

The guys also started their tournament off by playing Channing. Again Wes Hatley dominated the scoring with 17 points and 5 assists. Chris Ward came through with 15 points, and 6 rebounds. The guys were defeated by the score of 57 to 67. Wes was named the defensive player of the game.

On the second day the guys returned to play the Claude JV team. Chris Ward and Jason Klinnert both scored 20 points each. Wes Hatley had a good game with 12 points and 4 assists. Jason had 5 assists. Jay Gage also had a good game with 11 points and 10 rebounds. Chris and David Beard both came through with 6 rebounds each. Jay Gage was named the defensive player of the game as the Broncos won by the score of 87 to 18.

On Saturday the guys returned to play Claude Varsity. David Beard led the scoring with 14. Wes Hatley had 12 points, 6 rebounds, and 3 assists for a great game. Jason Klinnert had 5 assists to lead them. David Beard and Jason Klinnert were named the defensive players of the game. The Broncos were defeated by the score of 47 to 58.

Final stages of Massive Tax Bill passed go into effect January 1

State Comptroller Bob Bullock Wednesday, December 30 said the final stages of a massive tax bill passed by the state Legislature last summer will go into effect on January 1.

"This has been one massive job, but we're ready to handle the changes made by the state's lawmakers," Bullock said.

Bullock said the Legislature authorized the wider tax base and increased the state sales tax to six percent in order to balance the state's 1988-89 budget.

Two services, data processing and commercial real property repair and remodeling, become taxable on January 1, according to Bullock.

Several other services, such as debt collection, pest control, information, security, janitorial, landscaping and garbage collection, became taxable October 1.

The Legislature also temporarily raised the state franchise tax rate to \$6.70 per \$1000 of taxable capital, Bullock said. The minimum franchise tax due was raised from \$68 to \$150. This increase will expire in 1990.

Banks are subject to the same tax rates as other corporations.

Bullock said lawyers will be paying a new occupational tax beginning January 1. The yearly fee of \$110 will be collected by the Comptroller's office when the lawyer's state license is renewed.

Other professionals, such as physicians, architects and accountants, began paying an occupational tax in September.

The state's hotel-motel occupancy tax and motor vehicle sales tax were increased to six percent in September, according to Bullock. The state's cigarette tax has been 26 cents per carton since October, he said.

DPS Report

There were 6 persons killed and 129 persons injured in these accidents."

Sgt. Brad Parker of Tulia stated, "In Donley county, our troopers investigated 0 fatal accidents, 3 personal injury accidents, and 9 property damage accidents in the month of October. 0 persons were killed and 4 persons were injured in these accidents."

Capt. Bob Russell, District Supervisor of the Amarillo Highway Patrol District comprising of 31 counties said, "For the month of October, our troopers investigated 4 fatal accidents, 93 personal injury accidents, and 102 property damage accidents."

The Clarendon Press is published every Thursday at 106 S. Kearney and entered as Second Class Mail at the post office at Clarendon, Texas. J.C. and Helen Woody, publishers and editors.

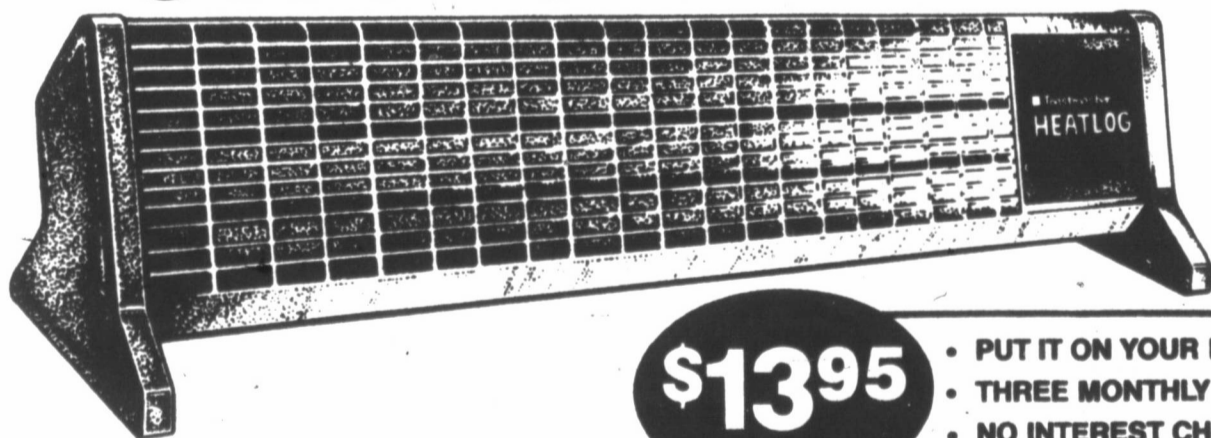
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MEMBER 1987
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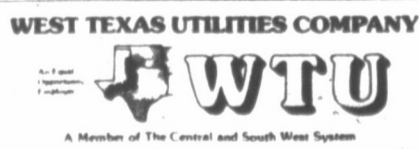
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COUNTY COURTHOUSE
10 a.m. - 12 noon

Drunk and drugged drivers are still a serious problem

Drunk driving remains the number one killer on our roads, striking with a frequency and ferocity that would be national news if its victims were reported in total each day instead of individually in the obituaries in thousands of cities and towns where the tragedies occur. Its victims are a cross-section of America; the rich, the poor, the young, the old, the safety-conscious and the not-so-safety-conscious. But they share a common demise that is always unexpected, always needless and often grudgingly tolerated because our social norms won't quite permit them to be characterized as other than accidental deaths.

For many years in this country we talked about drunk driving in statistical terms only; lives lost and public expenditures. The higher the numbers, the more the public would pay attention, or so we thought. But the opposite was true. The numbers were largely ignored because they were, after all, just numbers. There were no faces or shattered lives attached to tug at the heart strings.

But something changed all that in the early 1980's. Citizen activist groups, like Mothers Against Drunk Driving, moved drunk driving off the bar graphs and brought it up close and personal, laying its dire consequences squarely on the doorsteps of virtually every American community.

Suddenly the blinders came off, the outrage swelled and things began to change—and change dramatically.

Thanks to that awakening, the United States, to its credit, has made remarkable progress in just a handful of years. Forty-one percent of the total traffic deaths in 1986 involved at least one driver or pedestrian who was intoxicated, a shocking figure but one that represents a significant decline from the 46 percent that was tallied in 1982. The percentage of intoxicated teenage drivers involved in fatal crashes also dropped, from 28 percent in 1982 to 21 percent in 1986, the largest decrease among all age groups.

As promising as the improved statistics are, they are not much comfort to the families and friends of the 19,000 people who were killed last year in alcohol-related crashes. We are holding our own—keeping things from getting worse—but we are still a long way from the point where we can drive our roads, reasonably assured that the approaching car or truck is not driven by someone who has had too much to drink. Alcohol has played and probably will continue to play a major role in how we socialize in this country. The challenge is to convince people to use alcohol in moderation and to avoid driving after drinking. This is especially true during the Christmas/New Year's holiday season when travel increases, office parties abound and it's common to get together with family, friends and neighbors for "a little holiday cheer."

Tougher laws, more enforcement and increased public and media attention over the past few years helped reduce alcohol-related crashes by nearly 30 percent in some parts of the nation. Many responsible people have gotten the message and have modified their drinking habits for the better. But the problem is far from solved and complacency should not replace the concern and anger of the early 1980's that motivated government, the private sector and citizen groups to stop wringing hands over drunk driving and start fighting it.

We continue to be too tolerant of a dangerous minority who leave parties, bars and restaurants with attitudes like "I drive better when I'm drunk," "I only had a few," and "Nobody drives my car but me."

It may be difficult as a host to stick your neck out and actively prevent someone from driving who has been celebrating too much. But isn't it better to call a cab, offer a ride or provide a bed than to allow friends or co-workers to put themselves and everyone else at risk?

The old adage about an ounce of prevention being worth a pound of cure is particularly appropriate when developing strategies to curb drunk drivers. Remember, drunk driving is preventable and drinking too much and then getting behind the wheel and killing someone is not an accidental event. People know better today, and we should all be held accountable for our actions.

But the concept of accountability is dependent on public awareness. The news media has played a significant role in bringing about a greater awareness of the drunk driving problem. In fairness, an unprecedented amount of news and public service time has been devoted to the subject for a far longer period of time than most issues. But as media attention wanes, the public's awareness and heightened sensitivity wane with it.

Drunk driving is not only a national tragedy—it is a national disgrace. As we begin 1988, let each of us individually resolve to do our part to eliminate this disgrace and make it a resolution that is kept.



JIM DONAHO, District Conservationist with the Soil Conservation Service in Clarendon, received a Certificate of Merit Award December 4, 1987. The award was presented to Donaho in recognition of substantial-

ly exceeding performance requirements in effectively directing operations of the Clarendon Field Office. The operations were in planning and application of a high quality conservation program.

Conference on erosion reduction January 12

A conference to discuss how farmers can use wind strips to reduce erosion on cropland will be held in Lubbock on January 12, 1988.

The meeting will start at 9:30 a.m. at the Holiday Inn Civic Center in Lubbock. Registration will start at 8:00 a.m.

Jim Donaho, District conservationist for the USDA Soil Conservation Service at Clarendon, said farmers, conservationists, and others interested in the use of wind strips are invited to attend.

"In cooperation with SCS, Texas Tech University scientist have completed a three-year study to analyze the feasibility of using perennial grass wind strips to reduce erosion," Donaho said. "The study indicates that wind strips are an efficient way to reduce erosion on cropland in West Texas."

Three farmers using the practice will speak during the conference. They are Ronald Thuett, Post; Sonny Lupton, Shallowater; and Cay Franks, Matadore.

Texas Tech research scientists Dr.

Richard Zartman, Dr. Bob Davis; and Dr. Sherman Phippiss are also on the program.

Wilson Scaling, Chief, SCS, Washington, will speak during a noon luncheon.

The meeting, scheduled to end by 4:00 p.m., is being sponsored by Texas Tech, SCS, the Lubbock County Soil and Water Conservation District and the High Plains Underground Water Conservation District No. 1.

High Plains farmers are being invited to attend a wind strip conference on January 12 at the Holiday Inn Civic Center in Lubbock.

The meeting starts at 9:30 a.m.

Texas Tech University scientists have helped SCS carry out a three-year study that indicates wind strips are an efficient way to reduce erosion on cropland in West Texas.

Three farmers who have used the practice and three research scientists from Tech are on the program.

For information, contact the USDA Soil Conservation Service.



DONLEY COUNTY SENIOR CITIZENS
Caring People...A Lamp to the Community

Our beautiful Holidays are gone and so is 1987 - it is now time to gear ourselves to make 1988 a happy and satisfying year.

December Birthday/Anniversary party was a good one despite the cold, snow and ice. Bob Farquhar opened our evening of fellowship with a prayer. Birthday people present were D.W. Swain, Lota Farquhar and Cora Hamilton. Anniversary couples present were Hugh and Nova Heuhaus and Barney and Jean Baten. Nova Neuhaus got the Door Prize. Fun prizes went to Lucille Smith, Lil Eudy, Gertrude Reid and Skinnie Putman. We enjoyed a lot of good food as we visited.

Eighteen enjoyed Skip-Bo, Pinochle and Bridge on Thursday, December 31st. We new Bridge players appreciate Rose Farmer coming in early to give us some pointers in helping to learn how to play the game.

Following games on December 31st the Senior Citizens Dance Club held their annual New Year Eve's party. There was dancing until midnight, then breakfast to welcome 1988. We all enjoyed Leon Parks sour-dough biscuits. Thanks to all that helped to make the party a good one.

I did not make it to Fun After Fifty on Saturday, January 2, 1988. I heard they had some good singing and a lot of good food to eat.

Calendar of Events

- January 7-13**
Thursday Exercise 11 a.m., Games 6 p.m.
Friday Exercise 11 a.m., Musical Jam Session 7 p.m.
Monday Exercise 11 a.m., Dance Practice 7-9 p.m.
Tuesday Exercise 11 a.m., Dance 7-9 p.m.

Wednesday Exercise 11 a.m., Board of Directors Meeting 12 noon.

Menu

January 7-13
Thursday Oven fried chicken, cream potatoes with gravy, brussel sprouts, english pea salad, banana pudding, dinner rolls, milk, tea, coffee.

Friday Fried fish, tartar sauce, green beans, french fries, cabbage/pineapple salad, cake with icing, milk, tea, coffee, bread.

Monday Hamburger steak with gravy, macaroni and tomatoes, carrot and cabbage salad, mixed fruit, dinner rolls, milk, tea, coffee.

Tuesday Pork roast, jam patties, green beans, waldorf salad, jello with topping, dinner rolls, milk, tea, coffee.

Wednesday Salmon croquettes, french fries, mixed vegetables, cole slaw, apple cobbler, bread, milk, tea, coffee.

Clarendon School Menu

January 11-15

Monday Steak fingers with gravy, cream potatoes, blackeyed peas, hot rolls, applesauce, milk.

Tuesday Beef stew with veg., cornbread, coleslaw, cheese wedge, cookies, milk.

Wednesday Ham and cheese rolls, carrots and celery sticks, french fries, baked beans, pears, cookies and milk.

Thursday Spaghetti with meat sauce, hot rolls, buttered corn, celery stick, peanut butter and honey, milk.

Friday Char burger on bun, french fries, lettuce wedge, slice cheese, onions and pickles, apple cobbler, milk.

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SHRINERS HOSPITALS

Research: The Good News

In recent years, tremendous progress has been made in treating orthopaedic and burn injuries. That's thanks in large part to the research done at a special group of hospitals sponsored by an international fraternity.

Burn therapy is the focus at three of these hospitals. At the Boston Shriners Burns Institute, research continues on the inflammation and immune responses of the skin, connective and scar tissue during healing; why and how certain drugs react differently in burned children; and the reaction of internal organs in severe burns. Recent collaborative studies on human skin growing in a laboratory have resulted in a major advance in the treatment of burns covering large portions of the body. The Cincinnati unit studies the problems of burn infections and the effects of nutrition and blood cell function in burns, while at the Galveston unit, researchers are concerned with lung function, blood flow, nutrition and a variety of infections in burns.

In the area of orthopaedics, the Montreal unit alone appropriated more than \$1.5 million in 1986 for research projects. The program here concentrates on genetics and its relations to bone and joint diseases. Progress already achieved includes eliminating surgery for some children with severe bowlegs due to rickets and advances toward a cure for juvenile rheumatoid arthritis.

Today's research—it can lead to tomorrow's cure.

Letter to the Editor

Dear Sirs:

I am tracing my Thomas family tree. Can you tell me if Sarah F. Stewart-Thomas b. 1836 Ms., d. Nov. 19, 1870 is buried in your Citizens Cemetery? Husband William O. Thomas b. 1834 S.C. or Ga. They also had three children that died (all) of malaria. William A. Thomas d. 1863 (maybe Sept.), he was in the Civil War serving in Tn. when he died of pneumonia. Would be in the Citizens Cemetery?

We know when he died Sarah F. Thomas and children moved to East Texas with her sister Lou Vasa Thomas-Seely-husband William E. Seely.

William A. and Sarah F. had two children that lived, my gt. grandfather Henry Jackson Thomas and brother Jefferson Davis Thomas.

Do you have a record of this family, record of them in your cemetery?

If you can't help me, can you please tell me who could?

Do you have Thomas and Seely families living there now? If so could I please have their names and addresses.

If you could put an ad in your newspaper, asking anyone to write me that knows of the Thomas and Seely family. Let me know the cost for this. Also I'll be glad to pay for copies, should you find burial record for Sarah F. Stewart-Thomas and three children.

I will look forward to hearing from you. Thank you so much for your time and help.

Sincerely,
 Betty Dale
 3072 S. Zenobia St.
 Denver, Co. 80236

SPECIAL OF THE WEEK

Men's long sleeve
Sports Shirts

\$12.50

Tall Man and Tall Manfit
 Sizes Medium, Large, X Large and XX Large

Big Man
 Sizes 1X, 2X, and 3X

GREENE DRY GOODS CO.

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Ad Good 1-7-88 thru 1-13-88 While Supplies Last

Our values—our fall & winter Clearance Sale now in progress



Would-be bankers are multiplying like rabbits.


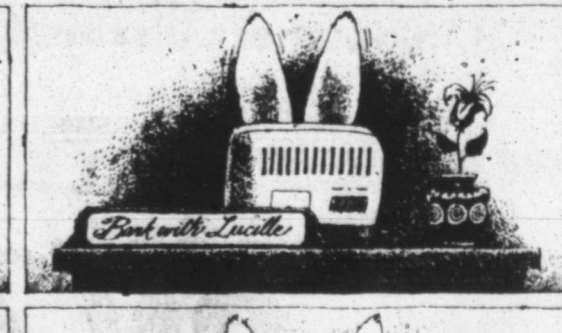
Everybody is hopping to include the word "bank" in their names, but that doesn't mean that they're actually bankers.


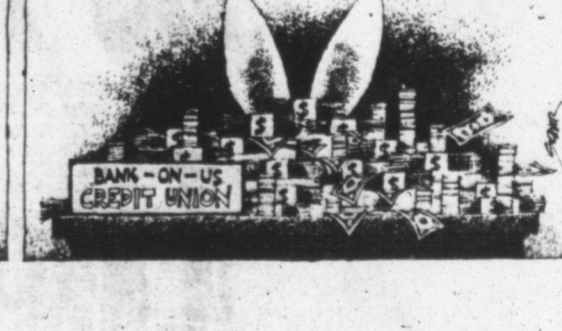
"Savings banks," "thrift banks," "stock broker "bank" accounts, and credit unions, etc. all try to pose as real bankers. But they don't always offer you the experience or, in some cases, the security of bankers.


In fact, the only place you'll find a banker is The Bank, where your deposits are Federally insured up to \$100,000.

Now, that's the best financial security there is! And a Full Service Bank offers the newest ideas to help your money reproduce.

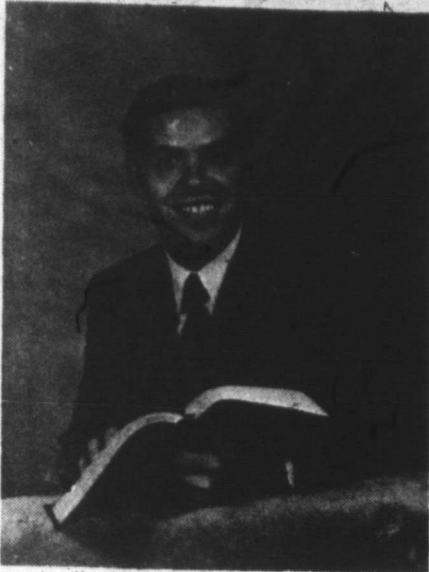





FIRST BANK & TRUST
OF CLARENDON

FDIC

From the Desk of Pastor Colburn



25 THINGS WE CAN'T DO

1. Sow bad habits and reap a good character.
2. Sow jealousy and hatred and reap love and friendship.
3. Sow wicked thoughts and reap a clean life.
4. Sow wrong deeds and live righteously.
5. Sow crime and get away with it.
6. Sow dissipation and reap a healthy body.
7. Sow crooked dealings and succeed indefinitely.
8. Sow self-indulgence and not show it in your face.
9. Sow disloyalty and reap loyalty from others.
10. Sow dishonesty and reap integrity.
11. Sow profane words and reap clean speech.
12. Sow disrespect and reap respect.
13. Sow deception and reap confidence.
14. Sow unkindness and reap neatness.
15. Sow intemperance and reap sobriety and temperance.
16. Sow indifference and reap nature's rewards.
17. Sow mental or physical laziness and reap a responsible position in society.
18. Sow cruelty and reap kindness.
19. Sow wastefulness and reap thriftiness.
20. Sow cowardice and reap courage.
21. Sow destruction of other people's property and reap protection for our own.
22. Sow greed and envy and reap generosity.
23. Sow neglect of the Lord's house and reap strength in temptation.
24. Sow neglect of the Bible and reap a well-guided life.
25. Sow human thistles and reap human roses.

USDA announces new beef grade

In response to consumer demands, the United States Department of Agriculture has changed the name of the USDA quality "Good" grade of beef to "Select". The new grade name was effective November 23.

Select conveys a more positive image for this grade of beef, says Dr. Dan Hale, a meats specialist with the Texas Agricultural Extension Service, The Texas A&M University System.

The quality characteristics of the Select grade will be the same as those for the present USDA Good grade.

The USDA believes this name change will help consumers identify leaner cuts of beef that will be more consistent in taste.

The USDA expects the new grade name to add marketing opportunities and build a demand among the public.

In 1985, the Texas Agricultural Extension Service and the Texas Agricultural Experiment Station, two agencies of the Texas A&M University System, conducted a study in Philadelphia and San Francisco

which in part examined the use of the name Select at the retail counter.

In that study consumers had the opportunity to choose between USDA Choice and USDA Good - which was renamed "Select" for the study. Consumers in both cities reported Choice tasted better than Select, but Select was leaner than Choice. Both grades were rated equally high in the "definitely will rebuy" category.

Consumers should be aware that many retail grocers do not use the name USDA Good in their packaging

because of the perceived lack of consumer appeal for that name.

Those grocers may use "house-grade names," such as Texas Lean or Lone Star Lean. These brands often include USDA Standard, USDA Commercial, or USDA Yield Grades 4 and 5 in the "house-grades".

If retailers adopt the Select grade of beefcuts and include it exclusively in their house-grade, it will provide a much more consistent beef steak or roast, both in taste and in calories.

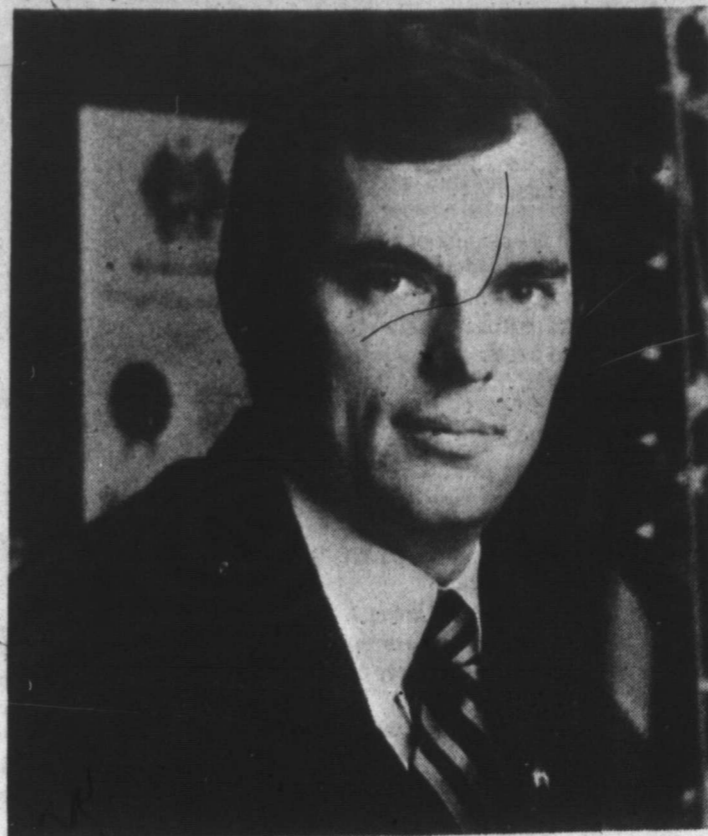
Natural Fibers Showcase to be held

The Natural Fibers Showcase provides an exciting opportunity for homemakers, youth and others to exhibit skills while promoting natural fibers produced in Texas.

The Natural Fibers Showcase will be held at the South West Farm and Ranch Exposition in Fort Worth, Texas, in the Amon G. Carter Exhibit Hall. The contest and public showing

will be on Saturday, March 5, 1988. Sponsors of the Natural Fibers Showcase include the Texas Agricultural Extension Service, the Southwest Hardware and Implement Association and "The Progressive Farmer".

If you are interested in knowing more about this event, rules, how to register, etc., call the Extension office at 874-2141.



BILL SARPALIUS

Sarpalius announces candidacy for 13th Congressional District

State Senator Bill Sarpalius, D-Amarillo, has announced his candidacy for the 13th Congressional District. After serving the Panhandle and South Plains for the last 7 years as State Senator, Sarpalius has decided to look ahead at the future of the 13th District and bring his knowledge, experience and enthusiasm into the congressional race as he did in his previous senate seat.

"Seven years ago I had twenty-five dollars and no name I.D.," Sarpalius said in making his announcement. "I was the underdog then, but I went to the people. I worked my campaign on a grassroots level and in the end I carried every county," the Senator said. "You can expect the same type of campaign. I am going to the people and take their thoughts and concerns with me to Washington."

Asked where his focus would be once in Washington Sarpalius replied, "There will be many issues that will be critical to this district. In

the next four years, we will see changes in the farm programs, oil and gas, and most of all there will be a need for extra leverage for economic growth in our area. This is where I plan to focus my attention during my term as your next Congressman."

Speculations of other candidates entering the race was not a concern to Sarpalius. "I wouldn't have entered this race if I didn't believe I could beat anyone who may run against me," he said. "The major hurdle right now is money, but I believe with the people's help, I will raise the money needed to win this race."

The announcement came after careful consideration of his choices at hand. Although expecting a tough race either way he went, Sarpalius stated he felt confident about both races, but felt the Congressional race was one he had been looking at for some time and felt comfortable about entering at this time.

National Honor Society Award recipients

Best Dressed Wes Hatley	Runners-up Jimmy Uptergrove
Buffie Hancock	Amy Johnson
Most Studious Jay Gage	Runners-up Joseph Jaramillo
Renee Campbell	Marcy Helms
Most Humorous Daniel Ford	Runners-up Mark Johnson
Sharon Bright	Amy Johnson
Most Talented Arthur Harris	Runners-up Mark Johnson
Tanya Bell	Twana Garland
Most Athletic Wes Hatley	Runners-up Daniel Ford
Christi Knorpp	Marcy Helms
Mr. & Miss Personality Mark Johnson	Runners-up Arthur Harris
Jennifer McAnear	Sharon Bright
Most Likely to Succeed Jay Gage	Runners-up Mark Johnson
Renee Campbell	Buffie Hancock
Most Courteous Arthur Harris	Runners-up Clint Hunt
Jan Kidd	Marcy Helms
Most Friendly Arthur Harris	Runners-up Shawn Hermesmeier
Tanya Bell	Jennifer McAnear
Most Spirited Sharon Bright	Runners-up Arthur Harris
Mr. & Miss CHS Wes Hatley	Runners-up Arthur Harris
Christi Knorpp	Tanya Bell & Jan Kidd

City Minutes

The Board of Aldermen of the City of Clarendon met on December 22, 1987, in the Board Room, City Hall at 7:00 p.m.

Members present were Mayor pro tem Gene White, Aldermen Steve Smith, James Thomas and Benny Osburn. Absent were Mayor David Davidson and Alderman Bubba Newhouse.

Others present were City Secretary Donna Edwards and Todd Knorpp.

Minutes of the November 24, 1987 meeting were read and approved.

Todd Knorpp discussed with the Board having the City as the carrier for a grant application for tennis court improvements through the Texas Parks and Wildlife Commission. The City would lease the property from the School for a 25 year period, but would not be responsible for putting up any money toward the grant, and the School would be responsible for maintenance. Motion was made to submit the application for tennis court improvements and to pass a resolution for same subject to receiving a letter from the School Board that the City will not be responsible for putting up actual money. Motion carried.

Bills for the month of November were presented and ordered paid.

There being no further City business at this time meeting adjourned.



At work, at the office or at home, you need to talk to many people, chase after chores, take messages or pick up packages and generally use up a lot of energy. It's often enough to make one really thirsty. A hectic day such as this may be much easier to get through with a refreshing drink at your side at work, or patiently waiting for you at home: A drink such as iced tea. It's low in calories, soothing, inexpensive and easy to prepare. You might find just thinking about these attributes of tea pretty soothing.



People believe if you rub your feet with garlic, you will be healthy.

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Clarendon, Texas



Mike's Pharmacy



Sports and Steroids

The use of drugs by athletes in attempts to improve performance is not new. At one time amphetamines were the "in" drug. Now it is anabolic steroids. These drugs appear to be popular among weight lifters, body builders, and many other athletes.

These steroids are similar to testosterone (male hormone) in chemical structure and effect on the body. Women using anabolic steroids may experience menstrual irregularities and growth of facial hair. Men may notice breast enlargement and sexual dysfunction. Both sexes may have liver problems, heart failure,

and stroke. A problem in teenagers is steroid-induced early fusion of the long bones, preventing the child from reaching normal height.

Why would anyone use anabolic steroids? There are a few legitimate uses (approved by the FDA) including treatment of certain types of breast cancer and anemias. But athletes use them with the intention of increasing muscle mass and/or improving performance. Some users believe that steroids cause euphoria and slow the onset of fatigue, thus allowing for increased intensity of training and the building of muscle mass.

Mike Wants To Be Your Pharmacist

874-3554

Across From B & R Thriftway



Questions about the sweeping tax changes?



H&R Block has the answers.

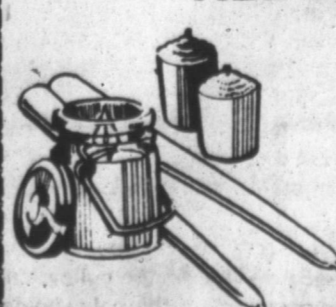
Everybody's asking questions about the most sweeping tax changes in history. Our experienced preparers know the answers. We know the new laws and the new forms. We'll save you every dollar possible. And, you'll get the biggest refund you have coming! If there's ever a time for H&R Block, it's now.

H&R BLOCK DON'T FACE THE NEW TAX LAWS ALONE.
Joleen Lockey 316 E. White, Clarendon 806-874-3690

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Ev job com they read it. W offer logy/ coul ever polic At which othe Clay hom Texu vice Pt und part lang will Th wha be

Clarendon College Campus Spring 1988 Schedule

Course Abv & No.	Course Title	Credit Hours	Lab
MONDAY, WEDNESDAY, FRIDAY			
8:00-8:50	CIS 205 Prin. of Comp. Info	4	Lab TBA
	ENG 123 English Comp & Rhetoric	3	
	GOV 223 State & Local Government	3	
	HST 223 Amer Hist 1865 to Present	3	
	MTH 105 Intermediate Algebra	3	
9:00-9:50	BAS 113 Beginning Typewriting	3	
	BIO 214 Intro to Zoology	4	Lab M 1-3:50
	ENG 123 English Comp & Rhetoric II	3	
	GOV 223 State & Local Government	3	
	MTH 113 College Algebra	3	
	PED 144 Foundations of P. E.	3	
	SPE 123 Interpersonal Speech	3	
10:00-10:50	BAS 123 Intermediate Typewriting	3	
	BIO 224 General Botany	4	Lab M 11-11:50
	CHEM 124 Gen. College Chemistry	4	Lab W 1-4
	ENG 123 English Comp & Rhetoric	3	
	ENG 273 World Literature	3	
	HST 223 Amer Hist 1865 to Present	3	
	MTH 223 Analytic Geometry & Cal.	3	
	MUS 121 Music Foundations	3	
	PED 123 First Aid	3	
11:00-11:50	BUS 224 Accounting Principles	3	
	ENG 113 English Comp & Rhetoric	3	
	GOV 223 State & Local Government	3	
	HST 223 Amer Hist 1865 to Present	3	
	MUS 111 Music Appreciation	3	
	PED 105 Physical Fitness	1	
12:00-12:50	MUS 101 College Choir	1	
1:00-1:50	ART 113 Introduction to Art	3	
	DRA 202 Intro to Theater	3	Lab MNF2-2:50
	MUS 102 College Singers	1	
3:00-3:50	DRA 223 Acting	3	Lab MNF2-2:50
MONDAY			
1:00-4:50	AGR 205 Livestock Judging	2	
2:15-3:05	BAS 123 Word Processing II	3	Lab TBA
3:00-4:50	PED 281 Rodeo Riding Events	1	
MONDAY, WEDNESDAY			
8:00-8:50	AGR 132 Animal Science	3	Lab W 4-6
9:00-9:50	AGR 131 Agronomy	3	Lab W 1-3
10:00-10:50	AGR 235 General Entomology	3	Lab W 4-6
11:00-11:50	AGR 135 Prin of Food Technology	3	
1:00-2:15	PHY 124 College Physics	4	Lab M 1-4
	PSY 133 General Psychology	3	
	SAS 142 Word Processing I	3	Lab TBA
2:00- 5:00	ART 121 Design I	3	
	ART 122 Design II	3	
	ART 221 Design III	3	
	ART 233 Calligraphy	3	
	Mus 106 Piano Class	1	
FRIDAY			
9:00-9:50	AGR 111 Agriculture Industry	1	
11:00-11:50	AGR 111 Agriculture Industry	1	
1:00-4:00	ART 181 General Photography I	3	
	ART 182 General Photography II	3	
WEDNESDAY			
6:00-9:00	FAA 110 Intro to Fine Arts	3	
TUESDAY AND THURSDAY			
8:00-9:15	GOV 223 State & Local Government	3	
	MTH 123 Plane Trigonometry	3	
	Soc 233 Marriage	3	
9:30-10:45	AGR 133 Prin of Horticulture	3	Lab T 1-3
	BIO 238 Microbiology	4	Lab T 1-3:50
	BUS 263 General Business Management	3	
	CHM 124 Gen. College Chemistry	4	Lab T 1-4
	ENG 123 English Comp & Rhetoric	3	
	ENG 273 World Literature	3	
	HST 223 Amer Hist 1865 to Present	3	
	PSY 133 General Psychology	3	
	SPE 113 Basic Tech. of Speech	3	
11:00-12:15	AGR 233 Fund of Ag. Economics	3	
	Bio 235 Human Anat. & Phys. II	4	Lab Th 1-4
	BUS 215 Business Communication	3	
	CHM 224 Organic Chemistry	4	Lab Th 1-4
	ECO 223 Prin of Economics	3	
	EDU 113 Corrective Reading	3	
	ENG 123 English Comp & Rhetoric	3	
	GOV 223 State & Local Government	3	
	HST 233 History of Texas	3	
	MUS 107 Voice Class	1	
	PED 102 Tennis/Volleyball	1	
	PSY 204 Child Psychology	3	
	SPE 123 Interpersonal Speech	3	
1:00-4:00	ART 261 Intro to Sculpture	3	
	ART 262 Sculpture	3	
	ART 271 Intro to Ceramics	3	
	ART 272 Ceramics	3	
1:00-2:15	BAS 115 Human Relations	3	
	CIS 210 Computer Applications	3	Lab TBA
	MUS 104 Guitar Class	1	
	SOC 243 Intro to Sociology	3	
3:00-3:50	MUS 105 Stage Band	2	
6:00-8:00	MUS 103 Guitar & Country Band	1	
7:00-10:00	ART 131 Drawing I	3	
	ART 132 Drawing II	3	
	ART 241 Intro to Water Color Paint.	3	
	ART 242 Water Color Painting	3	
	ART 251 Intro to Oil Painting	3	
	ART 252 Oil Painting	3	
TUESDAY			
1:00-4:00	ENG 233 Technical Writing	3	
3:00-5:00	PED 110 Lifetime Physical Activity	1	
3:00-4:50	PED 261 Rodeo Timed Events-Men	1	
7:00-10:00	PSY 204 Child Psychology	3	
THURSDAY			
3:00-4:50	PED 271 Rodeo Timed Events-Women	1	
7:00-10:00	CIS 210 Advan. Comp. Programing	3	Lab TBA

Everyone is encouraged to come by the College Business Office and register before January 15, 1988. Classes will begin January 20.

Reading your insurance policy

Even when consumers do a good job of comparison shopping among companies for insurance coverage, they seldom take the extra step of reading the actual policy after buying it.

Why bother to wade through the often hard-to-understand terminology? Family financial experts say it could save you a few surprises if you ever have to make a claim on the policy.

An insurance policy is a contract which should be read, just like any other legal document, explains Mary Clayton Nance, a specialist with the home economics program of the Texas Agricultural Extension Service.

Policy language can be difficult to understand, but it has evolved, in part, out of court cases. Precise language is needed so the policies will stand up in court.

The specialist says that if you know what to look for, reading a policy may be easier. The typical parts of a

property/liability policy are:

- Declaration page. This separate cover-sheet is fastened to the policy. It states the policyholders, property and liability to be covered, and the types and amounts of coverages purchased, including deductibles.
- Insuring agreement. This section spells out the responsibilities of the policyholder, such as paying the premium, providing accurate information or following procedures for filing a claim. It also states the responsibilities of the insurance company to pay legitimate claims, represent covered parties in court or perform other services stated in the policy.
- Conditions of the policy. The coverage provided by the policy, and the requirements of the policyholder and insurance company in the event of a claim are stated in this section.
- Exclusions. This part describes properties and losses for which coverage is not provided in the policy, and lists conditions under

which coverage doesn't apply.

- Endorsement. Any written document which changes or modifies the policy in some way is an endorsement. Adding coverage, for example, would require an endorsement.

Nance advises consumers to read their insurance policies for a better understanding of exactly what it does and does not cover, before a claim becomes an issue.



People believe to cure a sore throat, wrap a piece of bacon around your neck.

Obituaries

ROY B. HINKLE

Roy B. Hinkle died December 19, 1987 in a Lubbock Hospital from complications of a car wreck. Services were at 10:00 a.m. December 22nd in Tahoka Church of Christ with Doug Carter and Doug Hall, ministers officiating. Burial was at 4:00 p.m. in Citizens Cemetery in Clarendon by White Funeral Home.

Mr. Hinkle was born at Goldston October 6, 1910. He married Edith Rich in 1930 at Clarendon. He was a farmer and ginner and member of church of Christ.

Survivors include his wife, four sons, Roy Hinkle of Tahoka, Alfred Hinkle of Amarillo, Claude Hinkle of Tulsa, Robert Hinkle of Snyder; a daughter, Ruby Dotson of Brownfield; three sisters, Oma Watson of McLean, Ethel Reid of Claude, and Amy Hinkle of Padre Island; two brothers, Raymond Hinkle of Clarendon and Orville Hinkle of Tucson, Arizona; 12 grandchildren and four great grandchildren.

LISA GAYLE JOHNSON CHAPMAN

Funeral services for Lisa Gayle Johnson Chapman, age 28, were held at 2:00 p.m. on Monday, January 4, 1988 in Robertson Chapel Of Memories with Rev. Charence Jones, Pastor of Plantation Acres Baptist Church in Amarillo and Rev. D. M. Newton, Pastor of Olsen Park Baptist Church in Amarillo, officiating. Interment was in Citizens Cemetery with arrangements under the direction of Robertson Funeral Directors.

Mrs. Chapman died at 10:45 a.m. on Thursday, December 31, 1987 at her residence in Amarillo following a lengthy illness. She was born October 2, 1959 in Clarendon and moved to Amarillo as an infant. She had lived in Amarillo since that time. She was a homemaker and a member

Medical Center Whirlpool Donations

Jack and Genella Eads and Flip and Dorothy Breedlove in memory of Ruth Stiles.

Flip and Dorothy Breedlove in memory of Lee Bell.

Genevieve Caldwell, donation.

of the Olsen Park Baptist Church in Amarillo.

Survivors include one daughter, Jamie Michelle Chapman of Amarillo; her parents, Mr. and Mrs. Bobby L. Johnson of Amarillo; her grandparents, Mr. and Mrs. Everett Johnson of Claude; three sisters, Kay Lynn Hill of Canyon, Renee Johnson of Amarillo, Shelly Johnson of Amarillo; and one brother, David Neal Johnson of Amarillo.

Casket bearers were Jay Sandridge, Kenny Sandridge, Rick Jones, Tommy Hill, Scott Wilson and Dewey Wilson.

Know your blood pressure

A routine physical shows your blood pressure is a normal 120/80. But what does it tell you?

It could mean a great deal if you're at risk of high blood pressure, or hypertension, according to Dr. Mary Ann Heussner, a specialist in health education with the Texas A&M University Agricultural Extension Service.

The higher, top number in a blood pressure reading indicates the maximum pressure in your arteries exerted from a contraction of the heart.

The lower, bottom number indicates the pressure in your arteries when your heart is between contractions.

According to medical experts a blood pressure of 120/80 is "normal", readings between 140/90 and 154/94 are considered borderline hypertensive and readings over 160/90 may mean you have hypertension.

National Institutes of Health figures show that more than one out of every four adult Americans have high blood pressure. For people over

New Phone Products Allow You To Boost Hearing Level

Whatever the reason, there are often occasions when all of us could use a boost in phone volume. And for the 17 million Americans with diminished hearing, this need is constant.

Fortunately, phone industry manufacturers are doing something about the problem. Now, easily available products like the Plantronics StarTone volume control amplifiers allow you to adjust listening volume.

Originally developed for use in noisy work environments, these volume controllers can amplify phone calls up to 10 times normal listening levels and connect easily to any modular telephone.

There are two models available: a Volume Control Handset and a Volume Control Amplifier. The Handset model simply replaces the

The Night Before Jesus Came

*'Twas the night before He came and all through the house
Not a creature was praying, not even my spouse.
Our Bibles were thrown on some shelf without care,
Never thinking that Jesus would someday be there.*

*The children were dressing to crawl into bed,
Not once even kneeling on bowing a head.
And Mom in her rocker with baby in lap
Was watching the late show while I took a nap.*

*When out of the east there arose such a clatter,
I sprang to my feet to see what was the matter.
Away to the window I flew like a flash;
Tone open the shutters and threw up the sash!*

*When what to my wondering eyes should appear,
But angels proclaiming that Jesus was here!
With a light like the sun sending forth a bright ray,
I knew in an instant this must be THE DAY!*

*The light of His face made me cover my head.
It was Jesus returning, just like He had said,
And though I possessed worldly wisdom and wealth,
I cried when I saw Him in spite of myself.*

*In the Lamb's "Book of Life" which He held in His hand,
Was written the name of every saved man.
He spoke not a word as He searched for my name.
When He said, "I don't know you", my head hung in shame.*

*But the people whose names had been written with love,
He gathered to take to His Father above.
With those who were ready He rose without a sound,
While all the rest were left standing around.*

*And then came the thunder of impending doom,
Darkness descended in eternal gloom.
The elements melted with a fervent heat;
There was weeping, wailing and gnashing of teeth!*

*I fell to my knees but it was too late;
I had waited too long and thus sealed my fate.
I stood and I cried as He rose out of sight;
Oh, if only we had been ready tonight!*

*In the words of this poem, the meaning is clear;
The coming of Jesus may be drawing quite near.
There's only one life and when comes the last call,
We'll find that the Bible was true after all!*

Author Unknown

The church of Christ
(3rd and Carhart)
Box 861
Clarendon, TX 79226
Ph: 874-2495

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Sunday AM Assembly ... 10:30am
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HORMEL W/ BEANS
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HORMEL REG./HOT PLAIN
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SPAM
 12 OZ. CAN
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BOLOGNA
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DECKER QUALITY MEAT
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HORMEL PORK SAUSAGE
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SHOPPERS SPECIALS

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DELICIOUS APPLES 3 LB. BAG **\$1.19**

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D'ANJOU PEARS LB. **39¢**

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 PRICES EFFECTIVE Jan 6 - 12, 1988

THRIFTWAY

We learn Moon on Su Memy Mo area. To Mulli and Tod visit o Paula been Ciend their and Rec mas daugl Neva. Th other Ray, ton of Jes their They and Jack, of Ca Jasor On Jess' Mary Angi Ali daug also, Do Satu Birth Jo enjoj and Dian from Th pare: of M Sh Satu Mex with sinc went Caro Stac; their Shor Dall; Sh and back this St any Jc Wed Birtl Ji F T the Hed Scho Pres Th by t regu Cc sent ill th wc ly elc in fa sp Ur Se my m nu an di in wl ep te i adu hes ma stri agi ser l fus mu irr tru Al; br; fro tio

Hedley News

BY NINA RIDDLESPURGER

We in Hedley were very sad to learn of the death of Moon Mullins. Moon passed away around 2:00 p.m. on Sunday the 3rd of January at the Memphis Convalescent Center.

Moon will be missed in the Hedley area.

To Peggy and T. and the entire Mullins family we offer our prayer and deepest sympathy.

Tom and Opal Clendennen had a visit over the weekend from Tony and Paula Clendennen. They have also been enjoying a visit from Benjamin Clendennen from Amarillo. His is their grandson and son of Tommy and Carolyn Clendennen.

Red and Dean Hill spent Christmas in Quanah, Texas with their daughter and family. They are Max, Neva, Karah and Eric Lewis.

They were also joined by their other daughter and family. They are Ray, Sue, Chad and Mandy Pinkerton of Dallas.

Jess and Kelly Bridges had all their children home at Christmas. They were Tommie Joe, Diane, Cody and Sherrell Bridges of Levelland, Jack, Maxine and Brandon Bridges of Canyon, Donnie, Janet, Shane and Jason Bridges of Tecumseh, Okla.

On Saturday they had a visit from Jess's niece from Childress. She is Mary Jane Thomas and her daughter Angie.

Alice Jo Lantz and her two daughters from Hemstead, Texas also paid them a visit on Saturday.

Dorlene Conatser had a birthday Saturday December 26. Happy Birthday Dorlene!

Johnny and Dorlene have been enjoying a visit from their children and grandchildren. They are Johnny, Diane, Jason and Bradley Conatser from Dalhart.

They also visited with Diane's parents Thomas and Mildred Clayton of Memphis.

Shorty Crawford came home on Saturday from Angel Fire, New Mexico. She had been visiting there with her children and grandchildren since Christmas Day. Those who went with her were Ronnie and Carolyn Blackwell, Shanda, Steve, Stacy and Scott Blackwell and 3 of their friends. Also joining them was Shorty's son Keith Crawford of Dallas.

Shorty got stuck her first day home and said she thought she would go back to the mountains and get out of this ice and snow.

She said it was worse here than anywhere she had been all week.

Johnny Stiles had a birthday Wednesday, December 30th. Happy Birthday Johnny!

Jim Taylor had a birthday Wednesday, December 23rd.

Hope he had a good one!

Peggy and Slat DeBord had their daughter and family from Cordell, Oklahoma for Christmas. They are Waldow and Patricia Emerson. Their son and his family came last Saturday. They are Dewey and Ellen DeBord from Sunray.

Also joining them was Dewey and Ellen's son and family. They are Lynn and Karen DeBord and their children Jeremy and Brandi.

Harold and Mary Ruth White had their brother-in-law from Amarillo spent Saturday night with them. He is Don Keith Wells.

Anna Mae Sims went to Chickasha, Oklahoma to visit her brother and family. They are Alfred and Laverne Tims.

Anna Mae's niece came to Chickasha and picked her up and took her to Oklahoma City to visit with her family for a few days. They are Pauline and Ron Ashbury.

She then went to Vada Tidwells in Willow, Oklahoma for a visit. Vada is another of Anna Mae's nieces.

Vada then brought her home on Wednesday, December 30.

Anna Mae said she sure had a nice time.

Gladly Howell is home from a two week visit with her children in Dallas.

John "Jr." Hill had a birthday on Wednesday, December 30th. Happy Birthday Jr.!

Others having birthdays in the month of December were: Jap McMurry December 4th; Gerald Bland December 14th; Jack Holt December 14th and Eddie Fisher December 15th.

Hope each of you had a very Happy Birthday!

T. Mullins told me he had filed to run for County Commissioner. I think that makes 4 now running for this office.

Buford Holland for re-election, John "Jr." Hill and Otis Holland. Seems to be shaping up for a interesting race.

Jeff and Lou Hill of Ralls, Texas, Johnny, Gail, Karen and Lisa Hill, Loretta Crump, Justin Ham and Jason Ham all of Clarendon, Carol, Leon, Amanda and David Ward of Hedley.

Johnny Conatser was taken by ambulance to Hall County Hospital on Monday following a fall at his home.

I have learned that Joe Ward passed away the 26th of December in El Paso, Texas. Joe and Helen have bought Gladys Howells house here in Hedley and were in the process of moving to Hedley. Helen is the daughter of Edith Stribling and niece of G.W. Blount of Hedley.

Our deepest sympathy to Helen and Greg.

Happy New Year!

Our January Hostesses are Ruby Bardwell and Opal Clendennen.

Our Musical Monday night was cancelled due to the weather.

Tuesday night 84 Club was down in number, but we still had a good time. We had 3 tables playing.

Wednesday we had 6 who went on our grocery shopping trip.

Thursday afternoon we had 20 who were checked by Dean Hill in our blood pressure clinic.

On Thursday night we had a New Years Eve Party. There were 23 people to begin with. We all enjoyed eating chips and dips and candy, cookies and cake.

We played 84, Bridge and Uno. Then we ate some more, played some more, ate some more etc.

We had 13 who held out till 12:00. They were Ruby Bardwell, Dean Hill, Nell Land, Garland Gardenhire, Grace Stucky, Clare Mae Baggett, J.S. Hinds, Verda Hinds, Betty Williams, Eva Hammack, Don Blanks, Eddie Fisher, John Fisher and Nina Riddlespurger.

Thanks to Nina for picking up some of the Senior Citizens in the van and bringing them to the party and staying till 12:00 to take them home.

Blackie turned on the fire whistle at 12:00.

Friday, New Years Day we had 3 tables playing 84 and one table playing Bridge in the afternoon.

On Saturday we had 14 who came to play 84 in the afternoon.

We also had 11 playing on Sunday afternoon.

Its been a busy week at the Center. Don't forget to get your favorite recipes to us for the cookbook. We want anyone who would like to have their recipes in our cookbook to do so.

Next Monday night be sure and come to the musical as we are going to have some very special guests. We can't tell you who they will be but they will be a lot of fun so don't miss them.

January 7-13
Thursday Bridge Club 2 p.m., 84 Club 7 p.m., Blood Pressure Clinic 12:30-1:30 p.m.
Friday Exercise Class 10:30-11:00 a.m., Friday night out to eat 5:30 p.m.
Monday Exercise Class 10:30-

January 11-15
Monday Corn dogs with mustard, macaroni and tomatoes, spinach, apple cobbler, milk.
Tuesday Turkey roast with gravy, cream potatoes, green beans, hot rolls, whipped honey, butter, milk.
Wednesday Chalups with flour tortillas, refried beans, grated cheese, lettuce, tomatoes, pears, milk.
Thursday Spaghetti with meat sauce, english peas, fried squash, hot rolls, spice cake, milk.
Friday Hot dogs with chili, grated cheese, french fries, sweet relish, onions, sugar cookies, milk.

Hedley Senior Citizens

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11:00 a.m. Musical 7 p.m.
Tuesday 84 Club 7 p.m.
Wednesday Grocery Trip 2:30 p.m. Call Center by 2:00 p.m. if you need to go. You will be picked up at your home between 2:00 and 2:30 p.m. Exercise Class 10:30-11:00 a.m.

Menu
January 7-13
Thursday Fourth of July in January, Hamburger Pattie, potato salad, lettuce-tomato-onion-pickle, hamburger bun-oleo, jellied fruit salad, milk, tea, coffee, juice.

Friday Pork Roast, baked sweet potatoes and apples, buttered spinach, cottage cheese with chopped veg., roll-oleo, lemon icebox dessert, milk, tea, coffee, juice.

Monday Salmon patties with tartar sauce, scalloped potatoes, blackeyed peas, apple-cabbage slaw, corn muffin-oleo, brownies, milk, tea, coffee, juice.

Tuesday Steak with gravy, mashed potatoes, broccoli, green pea salad, roll-oleo, peach slice, milk, tea, coffee, juice.

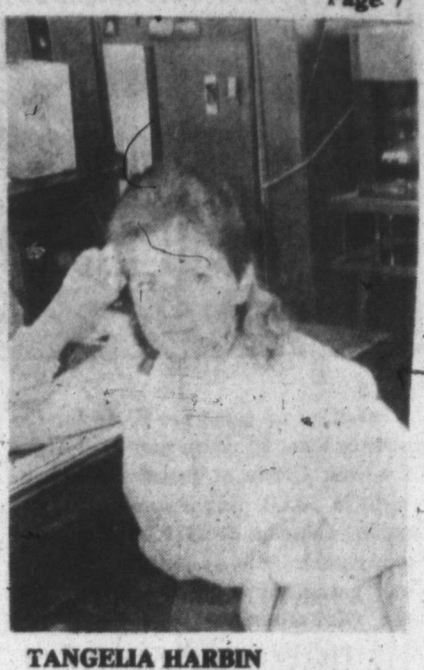
Wednesday Ham, corn-on-the-cob, spinach, waldorf salad, roll-oleo, banana pudding, milk, tea, coffee, juice.



NINA RIDDLESPURGER



LAMOSS SPRINGER



TANGELIA HARBIN

Volunteer Emergency Medical Technicians at Hedley

A Volunteer Emergency Medical System is being set up in the Hedley area by three ladies from Hedley.

Tangelia Harbin, Nina Riddlespurger and La Moss Springer will be working as volunteers to help the people of Hedley.

These ladies are all trained Emergency Medical Technicians. Tangelia and Nina received their EMT certificates in November and La Moss has been an EMT for around 6 years. La Moss is also now taking a Special Skills Course and will finish in January.

Tangelia works at West Texas Gin. La Moss is a teacher at the Hedley School and Nina is the van driver at Hedley Senior Citizens, helps her husband in his business and writes the Hedley news for the Clarendon Press.

Tangelia and Nina are members of the Clarendon EMT Association and La Moss is a member of the Memphis EMT Association.

The Emergency Medical Technician is trained and certified by the State to provide professional level emergency care at the scene and during transport to a medical facility. These ladies are all certified in CPR

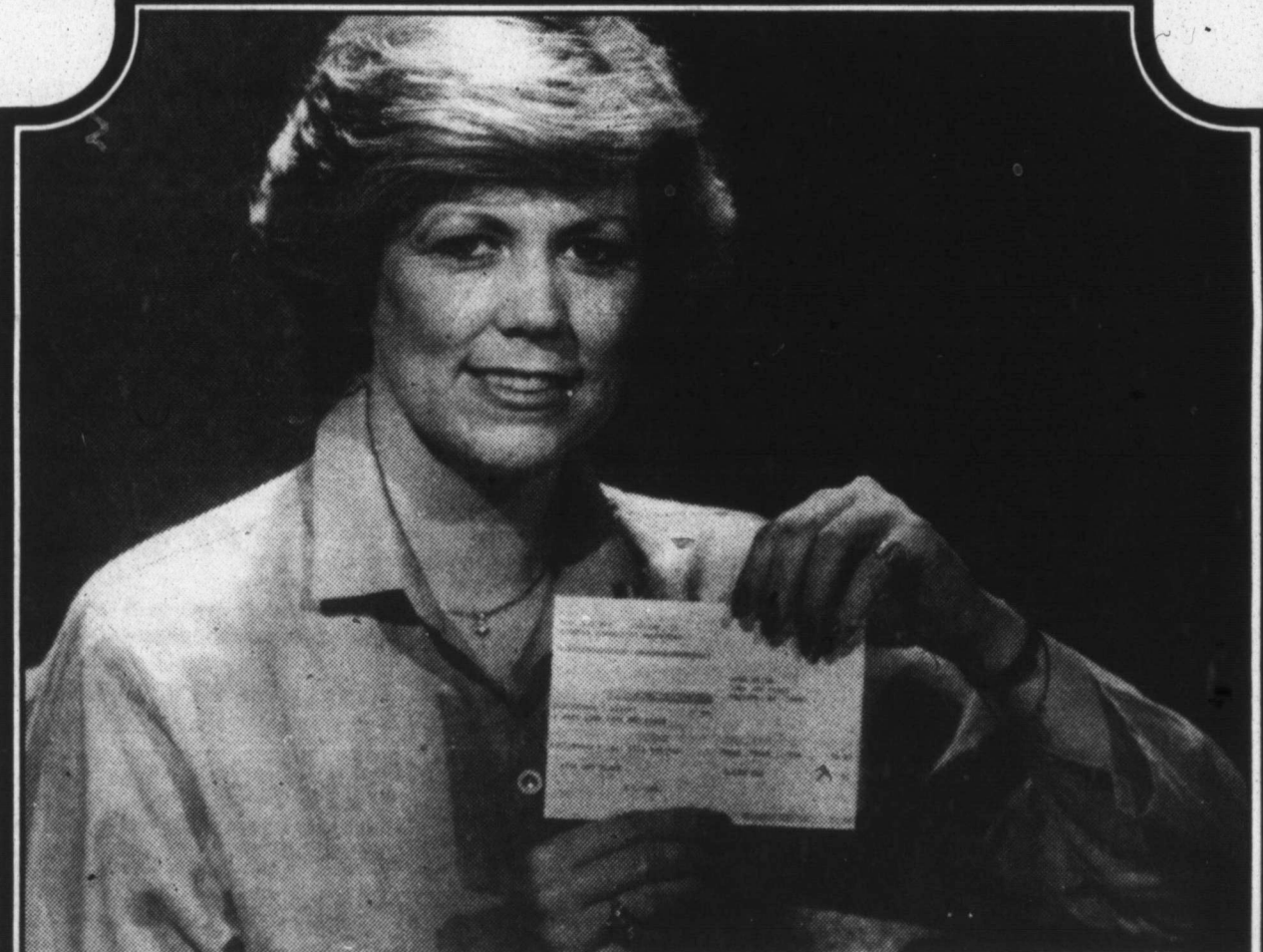
and also have MAST Certification. They will be working mainly as first responder in the Hedley area until an ambulance can get there. Because of the location of Hedley, they have a 20 to 25 minute wait until an ambulance can get to the scene. They hope to have the equipment to give anyone who needs it the care they require until the ambulance arrives.

They will be working with both the Clarendon and Memphis ambulances.

There has been an advisory board set up to help with this. Members of the board are Carol Ward-RN, Blackie Johnson, Bob Hodge and Bill Carson.

They are now in the process of raising funds to obtain the equipment they will need. The most expensive equipment will be radios so they may be contacted when they are needed.

They would like to thank the Hedley Senior Citizens who held a Turkey Dinner on the 19th of December and donated all the proceeds to them for equipment. The Hedley Senior Citizens raised \$275. to help them on this.



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You can make remembering to pay your electric bill easier with a WTU bank draft.

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Performance report for Hedley available

The annual performance report for the 1986-1987 school year from the Hedley Consolidated Independent School District is in The Clarendon Press office.

This annual report was approved by the Board of Trustees in their regular meeting December 14, 1987.

Copies of this report has also been sent to the Wellington Leader and

The Memphis Democrat. Copies are also available in the school library and the school administrative office.

Anyone wishing to see this report may do so by coming by The Clarendon Press. This report has 28 pages, making it impossible to print.

Myths about mental health and aging

Old age isn't a time of mental illness. Yet, if you believe many of the common myths about aging, it would certainly appear to be so.

Accepting a stereotype of generally poor mental health among the elderly often causes us to deal ineffectively with elderly persons and family members we care about.

Dr. Judith Warren, a gerontology specialist with the Texas A&M University Agricultural Extension Service, says one of the greatest myths is that the incidence of serious mental illness increases with age.

It's true that if you count the number of adults who are mentally ill and grow old, the rates of mental disorders will rise steadily and peak in the oldest age group. However, when the one-year rates of new episodes of mental illness are counted, the rates are lowest after age 65.

In other words, a mentally healthy adult is likely to be a mentally healthy elder. While the older adult may have to cope with more life stresses than at earlier ages, the aging process itself does not lead to serious mental illness.

Many people also think that confusion and memory loss in the elderly must be due to inevitable and irreversible brain disease. While it's true that confusion is a symptom of Alzheimer's disease, stroke and brain tumors, they can also result from less serious, treatable conditions.

According to the specialist, acute reaction to fever, medication interactions, high blood pressure or anemia can produce confusion which may be reversed with treatment.

Assuming that poor mental health is a natural part of old age, means family members may not seek professional help when it could greatly contribute to the quality of life for both the elder and the rest of the family.

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FOR RENT: 3 or 4 bedroom house, built-in dishwasher and compactor, ceiling fans, real nice \$325.00 per month, new central heat and air 874-2452 or 874-3905. 47-tfc

FOR LEASE OR SALE: Commercial building located 2nd and Sully Streets. 817-663-5650 Jim Terry. 53-3tc

FOR SALE: Cable tool drilling rig and equipment 874-3602. 49-8tp

BIDS WANTED
The Donley County Commissioners Court will accept sealed bids on a duplexing copier until January 11, 1988 at 9:00 a.m. Bids should be sealed and marked copier and mailed or delivered to the County Judge, Box 777, Clarendon, Texas 79226. Donley County reserves the right to accept or reject any and all bids.
Judge W.R. Christal
County Judge
Donley County, Texas
52-3tc

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For contacts call Stavenhagen Furniture I am in Clarendon every two weeks on Thursday
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LABOR & EMPLOYMENT OPPORTUNITIES is accepting application for road side park cleanup supervisor in the Clarendon area. Work will be scheduled 3 days a week. A good driving record is necessary. Call 806-374-2844 for interview. Contact person Judy King. 1-1tc

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TOP O' TEXAS Kennel Club is sponsoring Basic Obedience, 7-8 p.m. and Novice Class, 8-9 p.m. beginning January 14. For more information call 669-6357, 6. 1-2tc

CRP CUSTOM GRASS SOWING. New drills, experienced, 2000 plus acres of reference to show from last year. Guaranteed to sow. Tommy Hightower, Dodson, TX. 806-493-4568 or 493-4992. 1-2tc

LOST Blonde male Cocker Spaniel. Reward if found. Call 874-2653 or 874-2755 Johnny Floyd. 1-1tc

SHERIFF'S SALE: January 29 at 2 p.m. on the east steps of the Courthouse. 1972 Banner Travel Trailer. To see ahead of time contact Kathleen Yankee 874-5013. 1-4tc

LOST: Black and white Australian Shepherd, female. Call Jeff Anderson 874-5124. 1-1tc

FOR SALE: Womens winter leather coat size 12, brown, \$35.00, also womens leather jacket size 12, cream color \$20.00. Both like new. 874-5124 1-1tc

LABOR & EMPLOYMENT OPPORTUNITIES is accepting application for road side park cleanup supervisor in the Clarendon area. Work will be scheduled 3 days a week. A good driving record is necessary. Call 806-374-2844 for interview. Contact person Judy King. 1-1tc

FOR SALE: D.P. (Snooks) Ray's house, 3 bedroom, 2 bath, Call Sanders Real Estate 874-2533. 601 McLean 52-tfc

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INVITATION FOR BIDS
Donley County will receive Bids for removal of architectural barriers until 4:00 p.m. on Wednesday the 20th day of January, 1988, at Donley County Courthouse Annex, Clarendon, Texas 79226, at which time and place all bids will be publicly opened and read aloud.

Bids are invited upon the several items and quantities of work as follows:
Item 1. Hydraulic passenger elevator
Item 2. Renovation of restrooms
Item 3. Installation of concrete ramp
Item 4. Associated appurtenances

Contract Documents, including Drawings and Technical Specifications, are on file at the office of Tim White, Architect, at 3014 Southwest 26th Street, Suite 4000, Amarillo, Texas 79109, [806] 353-9196.

Contract documents may be viewed at the F.W. Dodge Report Plan Room or the A.G.C. Plan Room.

General contractors may obtain copies of the contract documents by depositing \$50 with Tim White for each set of documents so obtained. Deposit will be refunded if the documents are returned in good condition within 24 hours of bid opening for non-bidders or ten days after bid opening if the general contractor has bid the project. Subcontractors may purchase documents for \$50, nonrefundable.

A certified check or bank draft, payable to the order of Donley County, negotiable U.S. Government bonds (at par value) or a satisfactory Bid Bond executed by the Bidder and an acceptable surety in an amount equal to five percent (5%) of the total Bid shall be submitted with each Bid.

Attention is called to the fact that no less than the federally determined prevailing wage rate, as issued by the Texas Department of Community Affairs and as set forth in the Contract Documents, must be paid on this project, and that the Contractor must ensure that employees and applicants for employment are not discriminated against because of their race, color, religion, sex, or

national origin.
In addition, if the prime contractor is not a minority-owned business, the prime contractor shall ensure that at least eight percent (8%) of the funds subcontracted under this contract are awarded to minority businesses. In the event that the prime contractor does not subcontract any portion of the construction work funded under this contract, the prime contractor shall ensure that at least eight percent (8%) of the work force employed by such prime contractor is composed of minority group members.

For the purpose of definition, the following words and terms shall have the following meanings:
1. "Minority Business" means a corporation, partnership, sole proprietorship, or other legal entity formed for the purpose of making a profit, if at least 50 percent of the business is owned by minority group members or, in the case of a corporation, at least 51% of its shares are owned by minority group members.
2. "Minority Group Members" are Black Americans, Mexican Americans, and other Americans of Hispanic origin, Asian Americans, American Indians, Pacific Islanders, and Alaskan Natives.

Each Bidder will observe the four (4)-hour bid limit as set out by the Associate General Contractors of America and shall provide a list of subcontractors and suppliers the Bidder intends to employ to execute the work of the project at the opening of the proposals.
A pre-bid conference will be held from 2 p.m. to 4 p.m., Monday, January 11, 1988, at the Donley County Courthouse in order to allow bidders an opportunity to review the project and location.

Donley County reserves the right to reject any or all Bids or to waive any informalities in the bidding.
Bids may be held by Donley County for a period not to exceed thirty (30) days from the date of the opening for Bids for the purpose of reviewing the Bids and investigating the qualifications of Bidders, prior to awarding of the Contract.
Date: December 31, 1987
W.R. Christal County Judge 53-2tc

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H.H. Rodgers President
J.C. Woody Vice President
Bill Nidiffer Secretary
CLARENDON LODGE #700AF/AM
Stated Meeting: 2nd Monday each month 7:30 p.m.
Practice Sessions: 1st & 4th Mondays 7:30 p.m. in the Clarendon Masonic Lodge.
Mike Butts WM
Willard Skelton Secretary
Refreshments served at 6:30 p.m.

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The n workers t receive m billion in disability cans. Let • Social rolls as ó 4.2-perce ing with December rity' ben inflation by the s sumer Pr 4.2-perce of-living 1982. Fo 1987 at a

Quick fix foods for kids in cars

No matter how well they're planned, family car trips are bound to disrupt regular eating patterns. Too often good nutrition practices are replaced by quick, high fat meals at roadside fast food restaurants or high calorie snack foods.

To safeguard against this, the Dannon Information Center recommends that parents take along a variety of healthful mini-meals that will appeal to children when mid-morning or late-afternoon hunger sets in. The best travel snacks are portable and nutritious as well as spill-and problem-free.

Ready-to-eat foods such as Dannon® Yogurt in convenient snack-size mini-packs are a practical choice for nutritious, no-fuss snacking. Each small container holds 4.4 ounces of yogurt for a tasty snack, or a calcium-rich lunch supplement youngsters will love.

Banana Yogurt Muffins, baked the night before the trip are a neat way to provide a nutritious snack and a reminder of Mom's kitchen, too. When prepared with raisins and walnuts, this satisfying snack will quell mid-morning hunger pangs and provide kids with an additional source of dietary fiber.

Lunchtime offers an opportunity to stop and stretch as well as the chance to grab a light lunch. For a fun meal, delight children with a "walking salad". Each individual salad is made from a medium-size apple that has been cored and hollowed out to hold a filling of fruit, yogurt and nuts. It's called a "walking salad" because it can be eaten on the run.

After spooning out the yogurt filling, youngsters then eat the apple. Although the "salads" must be prepared in advance, they're a sure way to turn a meal on the road into a treat.

Refreshing thirst quenchers include individual cans or cartons of fruit juice with straws or small Thermos bottles filled with water or juice. For a thicker, more nutritious drink, whip up a Banana-Orange Shake before you leave home land pour into a small Thermos.

To keep foods fresh and properly chilled, plan to pack all refrigerated items in an insulated cooler. This way, perishables will be protected from car heaters or freezing temperatures. There are a variety of coolers, available in a number of colors and sizes, that feature separate storage spaces for bottles and Thermoses.

Store cooler on the floor behind the front seat, so children can help themselves -- without disturbing Mom and Dad. Other traveler's musts are handy clip-on cup holders that attach to the car interior for storing partially-consumed bottles of juice. To clear away the trash that is sure to be generated, remember to pack a couple of large plastic garbage bags.

Although travelling by car with children will never make mealtime ideal, preparing in advance certainly helps. This way, when you finally reach your destination, the entire family will feel content and well-fed.

Banana Yogurt Muffins
makes 12

3 medium very ripe bananas, mashed
2 eggs, slightly beaten
¼ cup Dannon plain low-fat or non-fat yogurt
¼ cup vegetable oil
1 cup flour
½ cup whole wheat flour
½ cup sugar
2 teaspoons baking powder
¼ teaspoon cinnamon
¼ cup raisins
¼ cup chopped walnuts (optional)
Preheat oven to 400 degrees F. Combine bananas, eggs, yogurt and oil in large bowl. Stir dry ingredients together in separate large bowl. Add banana mixture to flour mixture, stirring only until moistened. Add raisins and walnuts. Spoon into well-greased muffin tins. Bake 20 to 25 minutes or until lightly browned.

Walking Salad
Makes 4 servings
4 medium-sized apples
2 teaspoons lemon juice
1 cup fresh or frozen fruit such as sliced strawberries or bananas, blueberries or raspberries
8-oz. Dannon Vanilla yogurt
¼ cup chopped walnuts
Slice top from apple, then core and hollow out. Brush the hollow with lemon juice to prevent browning. Combine yogurt, fruit and walnuts and spoon into apples. Refrigerate and serve chilled.

Banana-Orange Shake
Makes 1 serving
1 8-oz. cup of Dannon low-fat or non-fat plain yogurt
½ cup orange juice
1 ripe banana
Combine all ingredients in blender until smooth. Refrigerate.

jobs in the United States, the Social Security payroll tax in 1988 increased to 7.51 percent from 1987's rate of 7.15 percent. For the self-employed, the tax rate increased from 12.3 percent to 13.02 this year. The amount of earnings subject to the payroll tax also increased this year to \$45,000, up from \$43,800. This automatic increase is based on the rise in the average wages of all workers from 1985 to 1986, as determined from W-2 tax information reported to the Social Security Administration. Only about 9 million workers in this country, or about 7 percent of the workforce, earn more than \$43,800 and are affected by this increase.

• While there is no needs test for receipt of Social Security benefits, there is an "earnings test" to determine if a person is considered to be retired or not. In 1988, Social Security beneficiaries under age 65 can earn up to \$6,120 without a reduction in benefits. This figure increased from \$6,000 in 1987. Those age 65 through 69 are allowed to earn \$8,400, up from \$8,160. Above these amounts, benefits are reduced \$1 for each \$2 earned. However, only wages from employment or income from self-employment are considered. Income from stocks, bonds, interest, pensions, and other non-work sources are not counted. There is no limit on earnings for those age 70 and over.



Buckle Up

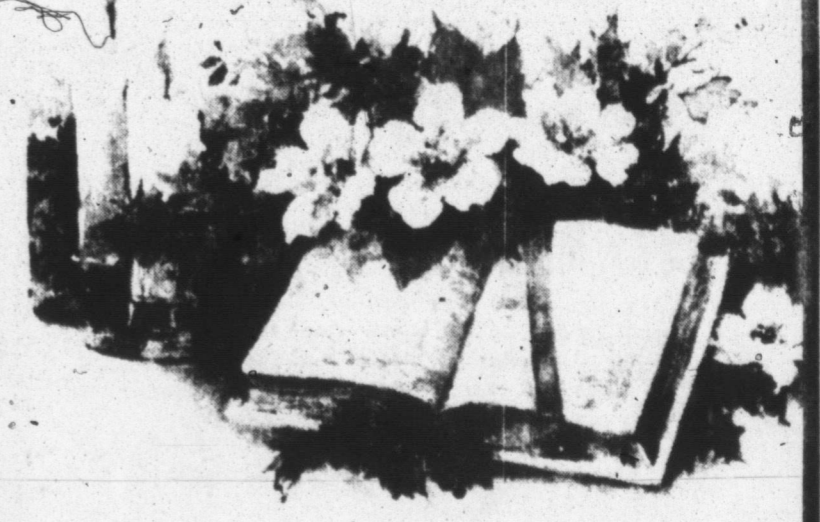
Political Calendar

- Constable Precinct 3**
C.C. (Blackie) Johnson
- Sheriff**
Jimmy Thompson
- Tax Assessor/Collector**
Wilma Lindley
- County Treasurer**
Pam Fletcher
- Commissioner Precinct 1**
- Commissioner Precinct 3**
Otis Holland
Buford Holland
- District Attorney**
- Representative District 84**



Attend Services

ST. STEPHENS BAPTIST CHURCH Jefferson & Martindale Rev. Melvin Brooks, Pastor Sunday School 9:45 a.m. Preaching 11:00 a.m. Night Service 8:30 p.m. Prayer Service 7:30 p.m. Woman's Mission 8:00 p.m.	MARTIN BAPTIST CHURCH Johnny Hoggatt, Pastor Sunday School 10:00 a.m. Church Service 11:00 a.m. Evening Service 6:00 p.m. Wednesday Night Service 7:00 p.m.	FIRST CHRISTIAN CHURCH Minister: Wilbert Bernabe Sunday School 9:30 a.m. Worship 10:40 a.m. Children's Worship 10:40 a.m. Evening Study 6:00 p.m. Youth 6:00 p.m.
FIRST UNITED METHODIST CHURCH 5th & Jefferson 874-3667 Rev. James Carter Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 7:00 p.m. UMY Sunday 6:00 p.m.	UNITED PENTECOSTAL CHURCH Rev. Jerome A. Campbell Montgomery & Faker St. Worship Services 3:00 p.m. Wednesday Night Services 7:30 p.m.	FAITH PENTECOSTAL HOLINESS MISSION Guest Speakers Sunday Bible Study 9:45 a.m. Worship Service 11:00 a.m. Evening Worship 6:00 p.m. Thursday Evening Worship 7:00 p.m.
CHURCH OF CHRIST 4th & Carhart Phil Stroud, Minister Sunday School 9:30 a.m. Morning Worship 10:30 a.m. Evening Worship 6:00 p.m. Wednesday Night Service 7:30 p.m.	PRESBYTERIAN CHURCH 4th & Parks Rev. Larry Black, Pastor Sunday School 9:45 a.m. Morning Worship 11:00 a.m.	CALVARY BAPTIST CHURCH Hwy. 287 & Jackson 874-3479 Gary L. Pinlon, Pastor Sunday School 10:00 a.m. Sunday Worship 11:00 a.m. Bible Study 6:30 p.m. Evening Worship 7:00 p.m. Wednesday Night Service 7:30 p.m.
ST. MARY'S CATHOLIC CHURCH McClelland & Montgomery Rev. J. Arnold Carlson Sunday Morning Mass 9:30 a.m.	FIRST BAPTIST CHURCH Bugbee & 3rd Streets 874-3833 Truman Ledbetter, Pastor Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Training Union 6:00 p.m. Evening Worship 7:00 p.m.	CHURCH OF THE NAZARENE 3rd & Hawley 874-2321 Bill Hodges, Pastor Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 6:00 p.m. Wednesday Night Service 7:30 p.m.
ASSEMBLY OF GOD 5th & McClelland Rev. J.W. Brown, Pastor Sunday School 9:45 a.m. Sunday Worship 11:00 a.m. Evening Worship 6:30 p.m.	FIRST BAPTIST CHURCH Howardwick SBC Ero. James Martindale Sunday School 10:00 a.m. Worship Service 11:00 a.m. Evening Service 6:00 p.m. Wednesday Prayer Meeting 6:00 p.m.	BIBLE TRINITY CHAPEL Pastor Norma Bruce Also guest speakers Sunday Service 9:45 a.m. Evening 11:00 a.m. Thursday 7:00 p.m. Everyone Welcome 415 Faker Street Non-denominational
ST. STEPHENS BAPTIST CHURCH Jefferson & Martindale Rev. Melvin Brooks, Pastor Sunday School 9:45 a.m. Preaching 11:00 a.m. Night Service 8:30 p.m. Prayer Service 7:30 p.m. Woman's Mission 8:00 p.m.	FIRST BAPTIST CHURCH HEDLEY W. Bryan Knowles Pastor 856-5370 Sunday School 10:00 a.m. Worship Services 11:00 a.m. Evening Services 6:00 p.m. Wed. Bible Study 7:00 p.m.	HEDLEY CHURCH OF CHRIST Bright Newhouse Minister Sunday School 10:00 a.m. Worship Services 11:00 a.m. Evening Services 6:00 p.m. Wed. Bible Study 8:00 p.m.
FIRST UNITED METHODIST CHURCH 5th & Jefferson 874-3667 Rev. James Carter Sunday School 9:45 a.m. Morning Worship 11:00 a.m. Evening Worship 7:00 p.m. UMY Sunday 6:00 p.m.	HEDLEY UNITED METHODIST CHURCH James Carter, Pastor Worship Services 9:30 a.m. Sunday School 10:30 a.m. Joint Evening services 4th Sunday monthly with Baptist 6:00 p.m. Wed. Bible Study 7:00 p.m.	ST. JOHN THE BAPTIST EPISCOPAL CHURCH Sunday School 9:45 a.m. Holy Communion 11:00 a.m.
CHURCH OF CHRIST 4th & Carhart Phil Stroud, Minister Sunday School 9:30 a.m. Morning Worship 10:30 a.m. Evening Worship 6:00 p.m. Wednesday Night Service 7:30 p.m.	ST. MARY'S CATHOLIC CHURCH McClelland & Montgomery Rev. J. Arnold Carlson Sunday Morning Mass 9:30 a.m.	ASSEMBLY OF GOD 5th & McClelland Rev. J.W. Brown, Pastor Sunday School 9:45 a.m. Sunday Worship 11:00 a.m. Evening Worship 6:30 p.m.



By Dorcas R. Hardy Commissioner of Social Security

The new year brings many changes in Social Security for the 130 million workers who are subject to the payroll tax and the 38 million Americans who receive monthly Social Security benefits. Expected in 1988 to collect about \$250 billion in payroll taxes and pay out some \$220 billion in old-age, survivor and disability payments, the Social Security program touches the lives of most Americans. Let's review some of the major changes taking place in 1988:

- Social Security beneficiaries on the rolls as of December 1987 received a 4.2-percent increase in benefits, starting with the checks they received December 31. Since 1975, Social Security benefits have been virtually inflation-proof, increasing each year by the same percentage as the Consumer Price Index (CPI). This year's 4.2-percent increase is the largest cost-of-living adjustment (COLA) since 1982. For the worker who retired in 1987 at age 65 and was entitled to the maximum monthly benefit of \$789, this year's increase boosted the monthly payment to \$822. The average retired worker collecting \$492 per month in 1987 received a \$21 increase, and now receives a monthly benefit of \$513. The average disabled-worker beneficiary saw his or her monthly benefit increase from \$487 to \$508, and the average widow's benefit increased \$19 to \$468 per month.
- For workers in jobs covered by Social Security, about 95 out of 100

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Colorado White Russet Potatoes 10 lb. bag 89 ^c		Shurline 100 cnt. pkg. Tea Bags \$1.69
California Sunkist Navel Oranges 39 ^c lb.		Kraft Assorted 8 oz. bottle Salad Dressing 89 ^c
Georgia Paper Shell Pecans \$1.49 lb.	Armours 5 c off label 5 oz. cans Vienna Sausage 2/99 ^c	
	Strained Fruits and Vegetables Gerber 4/\$1.00	Shurline COFFEE \$1.99 1 lb. can
U.S. Grade "A" Whole Fryers 48 ^c lb.	Assorted 3 oz. pkgs. Jello 2/79 ^c	
	Dromedary 8 oz. pkg. Dates \$1.79	
	Breast 'o Chicken Chunk Light Tuna 6 oz. can 69 ^c	
	Gold Medal All Purpose Flour 5 lb. bag 89 ^c	
	Hunts 8 oz. cans Tomato Sauce 5/\$1.00	Delta Paper Towels 2/99 ^c Jumbo rolls
Fresh Pork Steak \$1.29 lb.		Irish Spring Deodorant Soap 3/\$1.00 3 1/2 oz. bars
Boston Butt Pork Roast \$1.19 lb.	Laundry Detergent Tide \$1.89 Giant Size	
Fresh Ground Chuck \$1.39 lb.		Delta Bathroom Tissue 89 ^c 4 roll pkg.
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Wrights Sliced Hickory Smoked Slab Bacon \$1.19 lb.	Plains Cottage Cheese 24 oz. tub \$1.19	
	Plains Milk 1/2 gallon Slim & Trim \$1.29	Wolf Brand No Beans Chili 19 oz. can \$1.29
Crisco \$2.19 3 lb. can	Wolf Brand No Beans Chili 19 oz. can \$1.29	
	Sweetened Condensed Milk 14 oz. can Eagle Brand \$1.39	All Kinds COCA COLA \$1.69 6 pk. 12 oz. cans
	Betty Crocker Layer Assorted Cake Mixes 89 ^c	
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	Nabisco Premium Saltine 1 lb. box Crackers 89 ^c	

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