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## Lelia Lake News <br> by jeanie lauderdale

| Arthur Shields had surgery last week to have his kidney stone removed. We're glad to hear he's doing well. Visitors Sunday includes Mr. and Mrs. George Shields and Mr. and Mrs. Kermitt Hopper. | Larry Garnder of Yuma, Arizona. <br> Mrs. Barbara Helms is in Waco this week for W.M.U. house party. <br> Henry and Nadine Hastey enjoyed their daughter, Pat Allen and Brad and Andree visiting with them Saturday. |
| :---: | :---: |
| Leroy Leathers had cataract surgery last week in Amarillo. He came home | Christina Leathers had Marci Helms as her overnight guest Sunday. |
| Thursday and is doing just fine. <br> Taylor Ann Harbert visited | Mr. and Mrs. F.A. Floyd attended the Floyd-Foster family reunion in Childress |
| last week with her grand- | Sunday. There were 95 present. |
| Harbert, in Dumas. Glenn | Mr. and Mrs. Lacy Noble, |
| Harbert is spending this | their grandchildren, Paula, |
| week with Mrs. Harbert. 5 | Terry Lee, Mark and Kevin, |
| enjoyed their grandchildren | family reunion |
| from Dimmitt visiting last | Whitney this wee |
| week with them. | There were 87 present. Mark and Kevin returned home to |
| days in Claude la | Garland with their par |
| week visiting her daughter | Mr. and Mrs. Ike Noble. |
| Mrs. Gail Duke and helping | Paula went home with |
| Gail who was ill, take care of | Aunt Frank and Janie Sue |
| her children. <br> Ronald and Mary Castner | Amon to Wharton for a visit. Dr. and Mrs. Fred Ponder |
| left Friday to take their | had dinner Sunday with Dr. |
| grandson Shannon Longan home to Gallup, NM. | Ben Gilbert, Director of Pampa Family services in |
| What would we do without | Pampa. |
| grandparents? | Mr. and Mrs. Ramon |
| Troy and Mary enjoyed an eight day vavis |  |
| enjoyed an eight day vacation in Colorado and New |  |
| Mexico last week. Mr. and Mrs. Earl Shields, | home Sunday when they had a car wreck in Silverton. A |
| Derek, Patrice and Susan | lady pulled right in fr |
| ompson vacationed in Red | them. No one was hurt. |
| River last week and visited | thank goodness, but |
| their son Keenan who works totaled Richards car. <br> up there. <br> Mr. and Ms. R.V. Plato of |  |
| Mr. and Mrs. Gerald |  |
| Hastey of Plainview visited | with their daughter, Mr. and |
| with Mr. and Mrs. Henry Mrs. Bruce Shiel Hastey, Jr. Sunday. family. |  |
| Hastey, Jr. Sunday. <br> Mr. and Mrs. Roy Lee | family. This Saturday - is |
| Mr. and Mrs. Roy Lee This Saturday - is | Community Center, we |
| to Whitewater and Six Flags Texas last week. |  |
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| Mr. and Mrs. Wiley Reynolds made a business |  |
| trip to Fort Worth over the weekend. <br> Fun After Fifty Club met |  |
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| Clarendon Medical Center Lion's Club Hall with 25 |  |
| dinner with her son, Mr. and time was spent visiting and a |  |
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| family. 12 o'clock. |  |
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| ester Shields last week | September 4. Make your |
| Sue's sister, Wanda and | plans to be there |

## What Can You Get For Your Money? High Yields.

| 91-day CD $\$ 7500$ Minimum | 9.775 \% |
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| 6 Month Money Market CD $\$ 10,000$ Minimum | $11.357 \%$ |
| 30 Month CD | 13.20 \% |
| IRA (based on 30 month CD rate) | 13.20 |
| Month floating rate (based on 6 month CD rate) (rate changes monthly) | 12.193 \% |
| All-Savers Tax.Free CD | 8.96 \% |
| Insured to $\$ 100,000$ by FDIC and your money stays in Clarendon <br> Call us at: 874-3556 <br> Member FDIC |  |
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## € First Barnatrust









## TV and Your Child Tips From TSTA



INSURANCE
"Getting the right amount of coverage"

"So our home was a little underinsured. We'll adjust.

What about you? If your home barmed down today, would your linaurance cover the cost of
replacing ti? Have your home fnapected and replacing it? Have your home inspected and
your tnaurance apdited annuarlly. Take II from
an indopendent agontat It's easier to adjuast your imauram
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## KNORPP

Insuatnce Agoncy, Inc.
806-874-3521
Drawer A
Clarendon, Texas 79226
 High Medical Malpractice Premiums Are A Rip-Off To Doctors And Consumers

| By Richard F. Gerry President of America | publical malpractice insurance premiums. |
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| During the artifical medi- |  |
| e 1970's, most insuran |  |
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## The Right Tool

## Every craftsman knows that having the right tool at the right time is the key to success. The same stands

 the right time is the key to success. The same standstrue when it comes to military airlift. Having the right airplane at the right time can mean the difference between success and failure during emergency military operations. The demanding iob of airlifting vital military equipthe Military Airlift Command (MAC). To support America's fighting men in the far off corners of the world, MAC must quickly and efficiently airlift tons and tons of supplies and equipment including large items
such as tanks and helicopters. A tremendous shortfall in size airlift capability, identified by the Congressionally Mandated Mobility Study, already has MAC working To meet that tremendous shortfall the Air Force has
asked for 50 new C-5 aircraft. The C-5 has proven its readiness in peacetime and in wartime actions such as Viet Nam and Irrael. It has performed these airlift tasks for more than ten years by delivering the U.S. Army's
equipment to bases and substandard airfields around the world.
Because of reduction in passenger traffic, numerous
large commercial aircraft, many owned by foreign airlines, are sitting unused. They are being offered to MAC. gess. Substitution of commercial aircraft to attempt to do the job only the C-5 can handle would be use of the
wrong tool. While seemingly attractive economically, it wrong tool. While seemingly attractive economically, it
would be a blatant case of penny wise and pound foolish. The U.S. Air Force must have a force of military unique features of the military airlifter have been de veloped over decades of Air Force combat experience.
The C-5 offers the critical advantages of flexibility and duty cargo floor and built-in ramps to permit vehicles to drive on and off quickly. And it has two large openings eliminating time wasted in dismantling and then refight refueling capabilities to avoid time consuming stops enroute. When it arrives at a combat zone it doesn't need sophisticated ground support equipment. And it doesn't
need extra length and strength concrete runways required
by commercial aircraft.

## Simmons Soap Box Derby champ

Soap Box Derby racing is in
the future for thirteen old Chris Simmons, son of
Marsha Kirk Marsha Kirk and grandson of
Mr. and Mrs. Maxey of Clarendon. Chris recently won the senior division soap
box derby race in Amarillo box derby race in Amarillo
and will compete in the 45th All-American Soap Box Derby Saturday in Akron,
Ohio Each of the 190 contestants from around the nation
will receive a police escort into downtown Akren when
the festivities begin. They the festivities begin. They
will stay at Derbytown, a YMCA camp about 15 miles south of the city.
On the morning of the
race, contestants will watch
race, contestants will watch
entertainment celebrities entertainment celebrities
race in oversized cars.
Senior division contestants will be racing to win a share of $\$ 10,000$ in college scholarships, including a ses,
award
going to the senior All-American Champ.

## Beware of Hot

## Summer

 WeatherUse common sense and do
ot exercise in the hot,













 and


 when ou uer hot hit blood
 Under hiesed bondtition, hation heater must work harder: ins yolp your haert by dillow ilow
 may bein ot fere nant mechanism result in a deff.
ciency of blood in the
brain and other important
organs. SIGNS AND SIGNALS





CHRIS SIMMUNs ane

## Doing MORE...With LESS! THEMOTHEREARTAENEWS

 CATCHIN COUNTRY CATFISH
 and above ali, are incrediby casty. Availab
to most folks. their nutritional yoodness ca
become an importan part of anyones s.iet.
Like to try cat Like to try catfishing? Get up bright and
eearly one morning and head for the nearest riv-
er er. lake, or farm pond. Nighttime will also pro-
duce good results. In fact. caass can be
caught at all times of the day, at all water temcaught at all times of the day, at at all water tem.
peratures and depts. The best time to plan
your expedition, however, is after a heavy rain your especeialion in the spring. When other fair-
weather fish are sugugish and tempere eval.
the hungry catfish forage about in the reshly the hungry catisish
rejuvenated waters.

 rangement-from Grandma's cane pole to a fancy spinning rik- will catch a cat fish.
Use a small-tomedium-size hook and a sinker that sheary enoukt to keep your bait on the bottom, in
water conditions.
 o the bottom. and wait for the If the water you've chosen to fish is muddy, sluggish or still, you're very likely to
catch a bulhead ta member of the cat fish family that grows to no more than 2 oin inhes catch a bi4 $1 / 1 / 2$ pounds in weight). All of the three com mon color phases of the bullinead
long and
black, brown and yellow-have pink meat that is sweet and fine Fester clerer wa -black, brown, and yellow - have pink meat that is sweet and fine. Faster. clearer wa-
ter will generally turn up nice channel and dlue cats sespecially from that litule poob be
neath a steady current where natural nutrients abound.) The variety really doesnit matter, however. because all catfish are readily distinguishable from other fish tby the
"whiskers" or barbs that grow out of their upper jaws, and the skin-instead of scales-on their bodies) and all are among the finest feasting anywhere. Once you"ve landed your eating-size fish leight inches and upi. you re faced with the
procedure of dressing it out. No problem. First., grip the critter so that its three proprocedure of dressing it out. No problem. First. grip the crituer so that its three pro-
truding fin spines are firmly extended between your fingeres. Beware of those spikes
dhey cut ashellow easing about the t painforithong tiasting wound Neck. immediately behind the will openings. Since all cat fish are scaleless they must be completely skinned....but the operation
is actually pretty easy. Grasp the edge of your incision with a handy pair of pliers and is actually pretty easy. Grasp the egge or your incision with a handy pair of piers and
simply peel the skin down banana style. Then remove the head. fins, hail. and entrails
so that so that you're left with a large piece of meat that is ready to he washed. cooked. and
eaten. (Incidentally, the above system works for other scalecess fish and rallesnakes!')
How will you cook your cat fish? There are probably a thout a million ways. all of
them good, so just look in your favorite cookbook and get ready for some gaod eating!
 blood presure and diabetes the victim out of the sun, Recent studies indicate
must be extremely careful
removing clothes, dousing the that bottled
 they work in
before they
fluid intake.
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New
Cars


\section*{Hedley News $\begin{array}{ll}\text { The } & \text { Hedley }\end{array}$ <br> D'Armon-Hedey, Mr. and

Mrs. Connie DeBord. Mr.
and
Mrs. Slats DeBord. Hedley.
Our visitors included Mrs.
Mary Ciny Our visitors included Mrs.
Mary Clay and son Avie, also Mrs. Aryrilla White
from Quail and Mrs. Juanell from Quail and Mrs. Juan
Carson fromhediey.
 Connie DeBord this past
weekend
were thei daughter weekend were their daughter
Mrs. Conie Le Wison and
sons Cory and Arad. Also, sons Cory and Brad. Also,
Mrs. Aline Bartington, Mother of Arrs. Bartington, DeBord, all,
from Amarillo. Senior Citizens <br> Schedule <br>  <br>  Games AUG $12{ }^{12,13009030}$ Exercise AUG 12
 <br> Exercite AUG 16 <br>  <br> Exericte AUGG II 10.30 a.m. <br>  <br>  <br>  <br> 


