







# Flomot News

by Earlyne Jameson

**OVERHEARD**  
Giving money to the government is like giving whiskey and car keys to teenage boys!

\*\*\*\*\*  
Mr. and Mrs. Marvin Starkey and children, Jackie and Tanya attended a pre-Christmas family celebration, Saturday and Sunday, October 19-20 in the home of her mother, Mrs. Edna Benton of Wellington. Mrs. Starkey's brother and wife, Sgt. and Mrs. James Benton, stationed in North Carolina with the Green Beret 1st Airborne Paratroop Division, are being transferred to Alaska and were the honored guests.

Other family members attending were Mr. and Mrs. George McKennon, Misty and Amanda and Mrs. Debora Benton and Megan of Oklahoma City, Mrs. Teresa Austin, Eric and Andy of Dimmitt, and Mr. and Mrs. Mike Martin, Ashley, Paige and Brooke of Wellington.

\*\*\*\*\*  
Mr. and Mrs. Shawn Holliday of Lamesa visited recently with her grandmother, Mrs. A. D. Mosely.

\*\*\*\*\*  
Johnny Joe Starkey returned to his home in Topeka, Kansas, Monday after visiting the past week with his mother, Mrs. C. W. Starkey. Other visitors during the week were Mr. and Mrs. Homer Cypert and Monty George of Lubbock and Mr. and Mrs. L. T. Starkey of Ralls. Mr. and Mrs. Cypert are moving from Lubbock to Lockney this week.

\*\*\*\*\*  
Mr. and Mrs. Howard Rogers, Donnie Rogers and their houseguests, Natalie and Brooke Rogers of Lindale, met Mr. and Mrs. Stanley Degan, Shawn, Shay and Dane of Calgary in Crosbyton, Thursday night to attend the football game in which Dane played.

Mrs. Marvin (Twanna) Starkey was in Amarillo, Tuesday to be with her sister, Mrs. Mike Martin of Wellington and daughter, Ashley who was a patient in the Northwest Texas Hospital. Ashley suffered a head injury when thrown from a horse she was riding and was kicked in the head. She is reported to be doing just fine.

\*\*\*\*\*  
E. R. Sperry of Idalou visited Thursday with his mother, Mrs. Jeff Sperry.

\*\*\*\*\*  
Mrs. James Monk is visiting in Tulia with her daughter and husband, Mr. and Mrs. Lewis Cannon and having therapy treatments following hip surgery. She is reported to be improving.

\*\*\*\*\*  
Mr. and Mrs. Wilburn Martin visited in Floydada, Sunday with Mr. and Mrs. Bob Hambright.

\*\*\*\*\*  
Bengie Hughes, student at South Plains College in Lubbock, visited the weekend with his family, Mr. and Mrs. Butch Hughes and Rickey.

\*\*\*\*\*  
Mr. and Mrs. Wendell Morris visited from Thursday until Saturday in Lubbock with Mr. and Mrs. Kenneth Myers.

\*\*\*\*\*  
Mrs. Kathryn Martin of Whiteflat and Art Green attended a Fish Fry Supper, Thursday night at the home of Mr. and Mrs. Jack Green in Matador. Other guests were Mr. and Mrs. Luther Green and Mr. and Mrs. Pete Williams of Matador. Mrs. Martin and Mr. Green visited in Roaring Springs, Friday night with Mr. and Mrs. Billy Green, Aaron, Ashley and Annie.

\*\*\*\*\*  
Mrs. Orville Lee visited overnight Sunday in Quitaque with her mother, Mrs. S. W. Skinner.

Donnie Rogers accompanied his daughters, Natalie and Brooke, who visited here the past week, to their home in Lindale, Sunday.

\*\*\*\*\*  
Clois Shorter and Joshua Lee were on the sick list this week.

\*\*\*\*\*  
Lance Barclay, student at South Plains College in Lubbock, visited the weekend with his family, Mr. and Mrs. Jerry Barclay, Cody and Ty.

\*\*\*\*\*  
Mr. and Mrs. Howard Rogers visited in Lubbock, Sunday with son and family, Mr. and Mrs. Ronnie Rogers.

## Go Valley

### FIRST GRADE NEWS

by Miss Johnson  
We would like to let C&L know that the paper bags have been used to make skulls and pumpkins. Our art work is proudly displayed in the hallway for all to see.

We are progressing steadily in math. We are adding vertically and horizontally using clothes pins and dominoes.

In reading "Think Big" two girls go to the museum to see something big. Ask your child what they found when they toured the museum.

In Write to Read we have had several good stories about Halloween. This is making our field trip very exciting, because we are anxious to see all the decorations in Floydada.

In spelling we have been concentrating on the short I sound. Help your child with rhyming words with this sound. Please keep doing the 3 words on your October calendar.

On Monday we will enjoy the library with a special story teller out of Amarillo.

This is Red Ribbon week and we will be putting a great emphasis on staying "Drug Free." Mrs. Cochran will be giving short talks to each class about being drug free. After the band "Rapunzel" next Monday, ask your child why the fairy tale is helping this group to spread the message of staying "Drug Free."

In science we are learning to classify things by color, size, and shape.

Please read with your child.

## Rock Group Has Powerful Anti-Drug Message

Rapunzel, a high energy rock band, will perform for the students at Valley Schools on October 28 at 10 a.m. in the gymnasium. This performance will be the culmination of a unified school effort to educate and help students take an anti-drug/alcohol stand. The concert is just one of the activities at Valley School to celebrate Red Ribbon Week.

Rapunzel's mission is to reach South Plains youth with a powerful anti-drug message. While presenting concerts in a 36 county range, Rapunzel also provides educational materials to schools. The program is supported by R. A. D. A. R. Tower Inc., a non-profit anti-drug corporation presently funded by a grant from the Texas Commission on Alcohol and Drug Abuse.

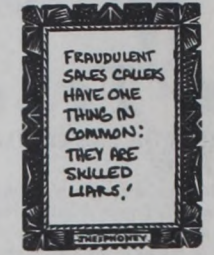
Besides performing original compositions dealing with issues facing students, Rapunzel links rock songs heard on the radio with the anti-drug theme. Band members relate personal experiences to students, emphasizing the importance of supporting friends in the decision not to use drugs or alcohol and the power inherent in living drug-free. "Don't let drugs destroy your dreams," guitarist Scott Faris tells students. Rapunzel's presentation is positive, uplifting and clean, and student participation is encouraged during concerts.

As further reinforcement of the anti-drug message, band members sign autographs and talk to students personally after performances. The band will spend some time with students in the Valley classrooms on Monday afternoon. The group has established a Rapunzel phone line for students needing help. Band members also offer a mailing address to students and correspond personally with each student who writes to them. Finally, Rapunzel provides classroom speakers to schools.

All four band members make it clear that they do not use drugs,

• Don't make it easy to see in. If you're not in your room, leave a light on, but pull your blinds shut. If you are home, don't leave money and jewelry exposed where they're easy to find—and steal.

## Swindlers are Calling!



Protect yourself against telemarketing fraud. Call for your free brochure. 800-621-3570, or in IL, call 800-572-9400

## Almeta's Carpet

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Come In Today and Check Our Inventory of Quality Carpet at Everyday Low Prices!

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Almeta, Danny and Doug

### UNIQUE TEMPTATIONS

Now Available:

#### Bootiful

Halloween cookies, Breakfast Breads, a variety of muffins, pancakes and waffles can also be ordered.

Linda Stark  
(806) -455-1447

THE PEOPLE WHOSE NAMES APPEAR BELOW SPONSOR THIS MESSAGE WITH THE HOPE OF PROMOTING A BETTER CHRISTIAN COMMUNITY

- Valley Farm Store
- Hawkins Furniture
- Merrell Food
- Conner Insurance Agency
- Paymaster Gin, Quitaque
- First National Bank
- Farley's Flowers
- The Valley Tribune
- Schooler-Gordon Funeral Directors

Those who are parents of young children must now confront the tasks involved in getting them ready for the new school year which is approaching. In addition to clothes, eye examinations and a refresher course in discipline, unfortunately one more preparation is needed in today's world. In light of all the recent horror stories about kidnapping and other dreadful crimes perpetrated against children, be sure yours are safe. You must caution them to beware of strangers who might offer them a ride or some candy, and encourage them to tell you of any unusual occurrence. However, your children should be taught common sense and discretion without the trauma of unnecessary fear. Your house of worship can help guide you in this, along with its Sunday school, which can balance your warning with the faith in God that they will need right now; as well as all the rest of their lives.

"The most important thing that parents can teach their children is how to get along without them."  
-Frank Clark



**UNITED METHODIST CHURCH**  
Quitaque, Texas  
Pastor: Steve Ulrey  
Weekly Schedule of Meetings  
SUNDAY:  
Church School ..... 9:45 a.m.  
Morning Worship ..... 10:50 a.m.  
Evening Worship ..... 6:00 p.m.  
WEDNESDAY:  
Bible Study ..... 7:00 p.m.

**CHURCH OF CHRIST**  
Quitaque, Texas  
Minister: Elgin Conner  
Weekly Schedule of Meetings  
SUNDAY:  
Morning Worship ..... 10:30 a.m.  
Evening Worship ..... 6:00 p.m.  
WEDNESDAY:  
Bible Study ..... 7:00 p.m.

**FIRST BAPTIST CHURCH**  
Flomot, Texas  
Pastor: Nathan Mulden  
Weekly Schedule of Meetings  
SUNDAY:  
Sunday School ..... 10:00 a.m.  
Worship Service ..... 11:00 a.m.  
Church Training ..... 5:30 p.m.  
Worship ..... 6:30 p.m.  
WEDNESDAY:  
Prayer Meeting ..... 7:30 p.m.

**FIRST BAPTIST CHURCH**  
Quitaque, Texas  
Pastor: Rob Lackey  
Weekly Schedule of Meetings  
SUNDAY:  
Sunday School ..... 9:45 a.m.  
Morning Worship ..... 10:45 a.m.  
Training Union ..... 5:30 p.m.  
Evening Worship ..... 6:30 p.m.  
WEDNESDAY:  
Prayer Meeting ..... 7:00 p.m.

**JEHOVAH'S WITNESSES**  
First & Jago  
Quitaque, Texas  
Weekly Schedule of Meetings  
SUNDAY:  
Public Meeting ..... 10:00 a.m.  
Watchtower Society ..... 11:00 a.m.  
FRIDAY:  
Congregation Study ..... 7:30 p.m.  
Ministry School ..... 8:30 p.m.  
Service Meeting ..... 9:15 p.m.

**CHURCH OF CHRIST**  
Flomot  
SUNDAY:  
Worship ..... 10:30 a.m.



## Panhandle Regional Planning Commission 'Sheet' Pumpkin Pie For A Crowd To Hold Solid Waste Management Meeting



Jacy McK Proctor

Doyle Dean and Jay Proctor of Turkey are proud to announce the arrival of their daughter, Jacy McK Proctor.

Jacy was born at St. Mary's Hospital in Lubbock on October 2, 1991 around 12:30 p.m. She weighed six pounds and 11 ounces and was 18 3/4 inches long.

Proud grandparents are Doyle and Jelene Proctor of Turkey and Billy and Roberta Carson of Clint, Texas.

Great grandparents are Izell Proctor and Pauline Lane both of Turkey, Texas.

For years now, local municipal decision makers have been living under the threat of the impending Subtitle D revisions which were first proposed by the Environmental Protection Agency (EPA) in 1988. This set of regulatory criteria is aimed at developing nation wide standards for the design, operation, and post-closure care of municipal solid waste landfills and are intended for the protection of ground water. As originally proposed, the new regulations were going to add significant costs to the operation of landfill facilities and in most cases, the cost of compliance would be too high to justify the continued operation of smaller Type II and Type III landfills. On September 11, 1991, EPA Administrator William Reilly signed Subtitle D into law.

Though in its final form, Subtitle D is not quite as stringent as first anticipated, these new regulations will still be quite costly to implement and ultimately, will affect the closure of many of the smaller landfills in the Panhandle. The Texas Department of Health (TDH) will soon be revising the state's landfill regulations to meet the new Subtitle D guidelines and by October, 1993, most of the new directives will go into effect. Any landfill still in operation at that time will have to comply with all the new requirements.

Anticipating the impact that Subtitle D would have throughout the state, the 72nd Texas Legislature, via Senate Bill 1519, mandated the creation of regional solid waste management plans. These plans are being undertaken throughout the state to assist localities in the continued provision of solid waste services after Subtitle D becomes effective. Once completed, the

regional plan will become a tool for local officials to use in determining the fate of the solid waste generated within their own respective communities. With so many facilities expected to close, the coming trend in continued service will most likely be the regionalization of disposal sites.

The Panhandle Regional Planning Commission's Regional Solid Waste Management Advisory Committee has been actively working toward the development of such a plan since September, 1990. The Committee is comprised primarily of local officials representing 20 municipalities and one county in the Texas Panhandle. Also serving on the Committee are a number of private solid waste service providers and individuals who represent concerned citizen groups.

During the past year the Committee has been laying considerable groundwork for the plan's development and has now reached a critical juncture in the planning process which is, to establish the goals and objectives of the plan. These goals and objectives will set the tone and the direction for all future planning activities and should be designed to address the most pressing solid waste concerns in the Panhandle. Because of the bearing that these upcoming decisions will have on the overall plan, the Committee will be seeking public input in determining and setting those goals and objectives. To do so, a series of eight public meetings will be held throughout the Panhandle.

The informative PRPC meeting in Memphis on October 17, 1991 was well attended by approximately 30 interested citizens, several being from Turkey. Memphis has been selected as a possible choice as one

of the sub-regional landfill sites.

On October 28, 1991 at 7 p.m. a public meeting will be conducted in Tulia City Hall. During this meeting, a presentation will be made by staff members of the Panhandle Regional Planning Commission and representatives from the Advisory Committee reviewing the conditions which have led to our national "solid waste crisis," overviewing the activities of the Panhandle Regional Solid Waste Advisory Committee to date and highlighting the solid waste needs which have thus far been identified. The public will then be given an opportunity to comment on the findings of the Advisory Committee and to provide suggested priorities for the regional plan.

To a certain degree, the new Subtitle D regulations will inevitably affect every resident in the Texas Panhandle. The purpose of these public meetings will be not only to inform area residents of the issues at hand but also to allow them to play a role in determining the future of solid waste management in the Panhandle for many years to come.

FACTS FROM THE NATIONAL INSTITUTES OF HEALTH:

### SAD Forecast for January/February

SAD—Seasonal Affective Disorder—affects some ten million Americans. Every fall when the days get shorter, people with SAD become depressed. They tend to oversleep, overeat, gain weight and become lethargic. For many, January and February are the worst months. In the spring, the symptoms reverse.

These changes in mood and energy level appear to be caused by a change in brain chemistry resulting from loss of light in the winter, when there are fewer hours of daylight. Studies show that when people with SAD sit in front of a specially designed light box every day during the winter months, their symptoms improve.

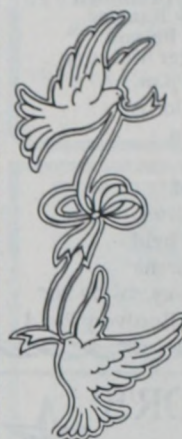
A true dessert lover always saves room for dessert, especially during holidays and celebrations when a crowd is the order of the day for most. For many, a crowd means spending long hours in the kitchen. Help is here. This easy version of America's favorite holiday pie turns dessert making for a crowd into a breeze. LIBBY'S Famous Pumpkin Pie for a Crowd is 'sheet' pie with all the flavor, richness and smooth custard texture of the more traditional round pie. To serve, cut into squares and top with your favorite pie topping.

### LIBBY'S FAMOUS PUMPKIN PIE FOR A CROWD (Makes 12 to 16 servings)

Pastry for double-crust 9-inch pie  
4 eggs, lightly beaten  
3 1/4 cups (29-ounce can) LIBBY'S Solid Pack Pumpkin  
1 1/2 cups granulated sugar  
1 teaspoon salt

2 teaspoons ground cinnamon  
1 teaspoon ground ginger  
1/2 teaspoon ground cloves  
3 cups (two 12-ounce cans) undiluted CARNATION Evaporated Milk  
Vanilla yogurt or whipped cream for garnish (optional)

Lay two 9-inch pastry rounds into 13 x 9 x 2-inch baking dish, overlapping at center of dish. Trim overhanging dough from 9-inch sides of dish; use trimmings to fill spaces. Trim dough even with edges of dish; press edges all around with tines of fork. In large bowl, combine eggs, pumpkin, sugar, salt, cinnamon, ginger, cloves, and evaporated milk. Pour into pie shell. Bake in preheated 425°F. oven for 15 minutes. Reduce temperature to 350°F. Bake an additional 50 to 60 minutes or until knife inserted near center comes out clean. Cool before cutting. Garnish with dollop of vanilla yogurt or whipped cream, if desired.



Charles Barrett of Matador and Lou Bennett of Roaring Springs request the honor of your presence at their marriage on Saturday, October 26, 1991 at 3:00 p.m. at Country Kitchen Restaurant Roaring Springs

Reception Following

**SALES REP HYDROTEX**  
A National sales Co. seeking sales person to call on Commercial - Industrial - Agri. accounts in the QUITAQUE and surrounding area. Excellent Commissions and Bonuses. Training provided. EOE. For information call: 1-800-999-4712

**CHURCH OF CHRIST**  
Turkey, Texas  
Minister: Steve McLean  
Weekly Schedule Meetings  
SUNDAY:  
Morning Service.....10:30 a.m.  
Evening Service .....6:00 p.m.  
WEDNESDAY:  
Evening Service.....8:00 p.m.

**FIRST BAPTIST CHURCH**  
Turkey, Texas  
Pastor: Melvin Clinton  
Weekly Schedule of Meetings  
SUNDAY:  
Sunday School.....9:45 a.m.  
Morning Worship.....11:00 a.m.  
Singing.....5:00 p.m.  
Training Union.....6:00 p.m.  
Evening Worship.....6:00 p.m.  
MONDAY:  
Women's Missionary Society.....4:00 p.m.  
WEDNESDAY:  
Prayer Meeting.....8:00 p.m.

**MT. OLIVE BAPTIST CHURCH**  
Turkey, Texas  
Pastor: Samuel Holloway,  
Plainview, Texas  
Weekly Schedule of Meetings  
Pastoral Days.....1st & 3rd Sundays  
MONDAY:  
Mission.....4:00 p.m.  
WEDNESDAY:  
Prayer Meeting.....8:00 p.m.

**UNITED METHODIST CHURCH**  
Turkey, Texas  
Pastor: Steve Ulrey  
Weekly Schedule of Meetings  
SUNDAY:  
Morning Worship.....9:30 a.m.  
Church School.....10:30 a.m.  
Evening Worship  
1st & 3rd Sundays.....6:00 p.m.  
MONDAYS (1st & 3rd):  
United Methodist Women.....4:00 p.m.

**ST. ELIZABETH ANN SETON CATHOLIC CHURCH**  
Turkey, Texas  
Sister Joyce Blum, F.S.P.A.  
SUNDAY:  
Sunday School.....11:00 a.m.  
Mass.....12:00 p.m.

**Fairmont Missionary Baptist Church**  
Fairmont  
Pastor W. J. Richey  
SUNDAY:  
Worship.....11:00 a.m.

Many households are quite diversified these days in the lifestyles and interests of the members, as well as in the biological sense because of step-children and half-brothers and sisters living under one roof. Indeed, many families find it hard to remember the last time they all had dinner together. Some of this is unavoidable, as in the case of a father who must travel on business or a mother involved in committee work for a worthy cause. However, the family members should make an effort to be together whenever possible, to discuss problems or just to have some kind of fun that spans the generation gap. Moreover, they should attend their House of Worship regularly, for this will help to cement the bonds. The family circle should be an unbroken one; a center of love and a haven of refuge from the outside world.

*"Behold, how good and how pleasant it is for brethren to dwell together in unity."*

*Psalm 133:1*



THE PEOPLE WHOSE NAMES APPEAR BELOW SPONSOR THIS MESSAGE WITH THE HOPE OF PROMOTING A BETTER CHRISTIAN COMMUNITY

- City of Turkey
- Memphis Compress
- Turkey Automotive
- C & L Food
- Peery & Dugan Oil Company
- Turkey Branch Memphis State Bank
- Lacy Dry Goods
- The Valley Tribune
- Schooler-Gordon Funeral Directors
- Sportsman

## "Johnny is a Dern Good Cowboy" Cowboy Poetry Show To Benefit Him

"The first person I called was Larry McWhorter, a fellow we'd met only a few months previously. It turns out he had worked with Johnny at a ranch in Oklahoma a few years ago. I told him of my idea, but that we had no money even to guarantee his expenses. He said, 'Go for it. I'll help any way I can.'"

"The rest of the poets responded in kind, even though none of them knew Johnny personally. The hardest thing I had to come up with was a date when everyone was free at the same time."

"Mr. Jim Barron, owner of the Spur Ranch, has just been wonderful. He has bent over backwards to help make this thing a success. He has donated time, money, facilities, the use of his computer and office staff, ideas, and the list goes on and on..."

"The help and cooperation of

everyone involved, from the poets to the press, has just been fantastic. It's a great feeling to know that in West Texas, people are still neighbors. They are there and ready to help when a friend is in need."

There is a great show lined up of nationally known cowboy poets and singers. It will be held November 2, 1991, at the Spur Headquarters Ranch, which is three miles west of Dickens, Texas, on Highway 82. You'll come out and enjoy the show!


Johnny Kimmel is a cowboy -- and a dern good one. He and his wife Christy are also good friends of Sheryl and Buster McLaury. Johnny and Buster had cowboied and stayed at the wagon together, often sharing the same teepee. They kidded about being kindred spirits since they are both red-headed.

In June, 1991, Johnny was run-

**Cowboy Poetry Show**  
in the heart of the Cow Country  
Spur Headquarters Ranch 3 miles west Dickens  
November 2, 1991  
featuring **NATIONALLY KNOWN** poets:  
**Red Steagall, emcee**  
Waddie Mitchell  
Sheryl McLaury  
Larry McWhorter  
Tiffany McLaury  
Curt Brummett  
Buck Ramsey  
J.W. Beeson  
Buster McLaury  
Chuckwagon Supper - 6 p.m.  
catered by Perini's of Buffalo Gap  
Cowboy Poetry - 3 p.m.

Dance to the music of  
Red Steagall and Frankie McWhorter - 7 p.m.  
A Cow Dumping will be held  
in the Squabble Wobble Arena  
For more information contact Sheryl McLaury, 806-779-2827  
Proceeds will go to Johnny Kimmel Recovery Fund

**GOVERNOR'S REPORT**



*Ann W. Richards*

### Support needed for prison bonds

Our criminal justice system is broken. Texans are fed up with the spectacle of violent offenders being released from prison after serving only a fraction of their sentence.

County jails are backed up with state inmates, and our state penitentiaries operate like a revolving door -- sending violent criminals back out onto the streets after they have served only a fraction of their sentence.

Judging from the mail my office is receiving, I can assure you that most Texans recognize crime as the No. 1 problem facing this state. And Texans want to keep violent offenders off the streets.

One way to do that is to vote on November 5.

Proposition 4 authorizes the state to issue up to \$1.1 billion in general obligation bonds to finance the cost of new prison facilities that will lock up 25,300 new prisoners. When you consider that our current prison capacity is right at 50,000, you can see what a difference these 15 new prisons will make. If we are going to keep violent offenders incarcerated, we must have the space for them.

New crime control laws also create a substance abuse felony punishment and provide space for 12,000 inmates punished under this provision. The money raised from the \$1.1 billion bond issue can also be used in this effort to break the cycle of addiction and crime.

To ensure us additional prison space for violent criminals, we need you to vote yes on Proposition 4 on November 5.

There are other important items on the ballot.

Proposition 11 is the constitutional amendment that would authorize a state lottery.

If approved, a state lottery will pump about \$500 million into the state treasury this biennium. That's half a billion dollars that can be put to good use educating our children, making our communities safe, creating jobs for Texas and providing health and human services to those Texans in need.

The lottery is that rarest of all beasts -- a popular method of raising state revenue.

At this time in Texas history when we are making cuts in areas we never dreamed of cutting before -- when we are faced with increasing federal court orders to spend more state dollars on human services -- we cannot pass up this opportunity to bring in much-needed revenue.

Remember, every dollar a lottery raises for the state is one less dollar we have to raise in taxation.

Proposition 12 authorizes the state to upgrade the living conditions of those Texans living in unincorporated neighborhoods, or Colonias, along the Texas-Mexico border. It grants the state the power to spend up to \$250 million on loans and grants for water and sewer projects in the Colonias.

Disease is rampant in these communities where children are forced to drink untreated water and raw sewage stands in the streets. We must have these bond monies available to eradicate these unacceptable conditions.

Proposition 13 would allow the state to continue issuing up to \$300 million in general obligation bonds to finance higher education loans to students. Voters must approve this amendment if we are going to continue funding the Hinson-Hazelwood student loan program. Since 1965, the state has loaned \$580 million dollars to more than 200,000 Texas students through this program. It is one of the few state programs that is completely self-sufficient.

In fact, it's a money-maker -- because Texas students have a good record of repaying these loans. It is one of the few programs we can offer middle income students. Texas must maintain its investment in education if we are to be prepared for the century ahead.

### Herbal Medicine Goes Hi-Tech!

Score another breakthrough for the Japanese. They've unlocked the secrets of ancient herbal cures in modern laboratories and made some surprising discoveries.

Simple herbal medicines, tested over centuries, are safer than today's synthesized drugs. They can alleviate and cure many illnesses that have baffled modern doctors, especially those caused by stress. They are perfectly adapted to the illnesses of our growing numbers of Senior Citizens. Lastly, they are economical, help to prevent diseases as well as cure them, and lessen chances of a relapse.

The whole remarkable story -- almost too good to be true -- is told in a new title *Kampo: How the Japanese Updated Traditional Herbal Medicine*, by Akira Tsumura.

The author, a leading supplier of herbal remedies tested safely over the

ning a cow when his horse fell and rolled over him, leaving him unconscious for over two months, and still hospitalized thereafter.

Sheryl said, "Everytime I talked to some of Johnny's family, I found myself saying, 'if there's anything I can do, please let me know.' Then one day I said to myself, 'Quit offering and do something.'"

"Buster and I have been going to these cowboy poetry gatherings around the country, and they are pretty popular, so I thought, 'Why not put one on for Johnny?'"

centuries, introduces the reader to the Japanese art of Kampo, to its basic pharmacopoeia, and gives actual case histories of remarkable cures worked by Kampo doctors consulted by Westerners in Tokyo.

The future holds even greater promise as nature's own healing herbs are being turned into miracle medicinals in his firm's hi-tech laboratories. Dozens of herbs, being rigorously tested right now, show promise of conquering our most stubborn and fearsome illnesses.

Highlighted are eighteen of our most common diseases, with an analysis of how they respond to modern medicine and to newly synthesized herbs. There are lots of surprises for the reader!

This book is like a breath of fresh air to anyone searching for the solution to today's growing crisis in health care. Also filled with fascinating pages on the (exotic to Western ears) philosophy of Oriental herbalism and its pharmaceutical properties. Available in bookstores, or, write to: Kodansha, 114 Fifth Avenue, #18F, New York, N.Y. 10011. Phone: 212-727-6460 or fax to: 212-727-9177.

A new book shows how high tech Japanese herbs are especially useful in treating the illnesses of the elderly.

**Mammogram (mam-a-gram), n.** 1) a test that can detect a breast cancer up to two years before it is felt. 2) Recommended every one to two years for women over 40. 3) Recommended annually for women over 50.



**THE CANCER INFORMATION SERVICE  
1-800-4-CANCER**

The Cancer Information Service in Texas and Louisiana is a program of The University of Texas M. D. Anderson Cancer Center supported by the National Cancer Institute.

### REPORT OF CONDITION

Consolidating domestic subsidiaries of the

First National Bank of Quitaque

Name of Bank City

in the state of Texas at the close of business on September 30, 1991

published in response to call made by Comptroller of the Currency, under title 12, United States Code, Section 161.

Charter Number 11709 Comptroller of the Currency 11th District

### Statement of Resources and Liabilities

		Thousands of dollars
<b>ASSETS</b>	Cash and balances due from depository institutions:	
	Noninterest-bearing balances and currency and coin	642
	Interest-bearing balances	2,277
	Securities	10,654
	Federal funds sold	2,300
	Securities purchased under agreements to resell	None
	Loans and lease financing receivables:	
	Loans and leases, net of unearned income	9,768
	LESS: Allowance for loan and lease losses	193
	LESS: Allocated transfer risk reserve	None
	Loans and leases, net of unearned income, allowance, and reserve	9,575
	Assets held in trading accounts	None
	Premises and fixed assets (including capitalized leases)	237
	Other real estate owned	529
	Investments in unconsolidated subsidiaries and associated companies	None
Customers' liability to this bank on acceptances outstanding	None	
Intangible assets	None	
Other assets	1,193	
Total assets	27,407	
Losses deferred pursuant to 12 U.S.C. 1823(j)	None	
Total assets and losses deferred pursuant to 12 U.S.C. 1823(j)	27,407	
<b>LIABILITIES</b>	Deposits:	
	In domestic offices	24,796
	Noninterest-bearing	2,222
	Interest-bearing	22,574
	Federal funds purchased	None
	Securities sold under agreements to repurchase	None
	Demand notes issued to the U.S. Treasury	None
	Other borrowed money	None
	Mortgage indebtedness and obligations under capitalized leases	None
	Bank's liability on acceptances executed and outstanding	None
Subordinated notes and debentures	None	
Other liabilities	540	
Total liabilities	25,336	
Limited-life preferred stock and related surplus	None	
<b>EQUITY CAPITAL</b>	Perpetual preferred stock and related surplus	None
	Common stock	50
	Surplus	150
	Undivided profits and capital reserves	1,871
	LESS: Net unrealized loss on marketable equity securities	None
	Total equity capital	2,071
	Losses deferred pursuant to 12 U.S.C. 1823(j)	None
Total equity capital and losses deferred pursuant to 12 U.S.C. 1823(j)	2,071	
Total liabilities, limited-life preferred stock, equity capital, and losses deferred pursuant to 12 U.S.C. 1823(j)	27,407	

We, the undersigned directors, attest to the correctness of this statement of resources and liabilities. We declare that it has been examined by us, and to the best of our knowledge and belief has been prepared in conformance with the instructions and is true and correct.

*[Signatures]*  
Directors

Deloy Myers  
Name  
Cashier  
Title

of the above-named bank do hereby declare that this Report of Condition is true and correct to the best of my knowledge and belief.

*[Signature]*  
Date  
October 23, 1991



# Valley Patriot SPORTS NEWS



## JV Wins Over Silverton Patriots Fall To Jaguars

by Coach Gilmore

The Valley Patriots fell to Guthrie Friday 48-28 in District 2-A 6-man. That leaves Valley's district record at 1-1 and 3-4 overall.

They went back and forth the first three quarters with Valley holding a 28-26 lead going into the fourth quarter. But three costly mistakes kept Valley out of the end zone for the rest of the night. Valley fumbled twice and had a clipping penalty, all inside of Guthrie's 10 yard line.

Valley was lead on offense by Chad Powell who had two TD catches. Danny House had one and

Clay Edwards ran for one. Lawrence Hendrix threw the ball well.

On defense Tommy Pinkerton, Chad Powell, Chad Calvert, Cory Pointer, and Jason Smith all did a good job.

Dewayne Davis started his first game on offense and defense and did a good job. Bradley Price coming off a knee injury came in and spotted for different people and gave a good effort. Manual Silva did not play because of an illness. Valley travels to Vernon Northside Friday the 25th to take on the Indians in a must win for the Patriots. Game starts at 7:30.

by Coach Browning

Before the game it looked like it could be a long night for our JV. They were a lot bigger and since it was a varsity they were older and physically more mature. One thing you can't judge by looking is how big a heart the players have. Our kids played their hearts out and never backed down. It was the hardest hitting game we have played in this year by both sides.

On offense we scored 22 points by combining a good running and passing game. Our offensive line consisting of Bubba Powell, Danny Ulrey, Donnie Calvert, and Will

Sperry did an excellent job of blocking, opening up holes for our running backs. Joe David Valdez ran hard the whole game rushing for over 100 yards and one touchdown. Ricky Hughes ran the offense well and threw the ball right on target. Ricky threw two touchdown passes and completed 6 key passes. Bubba caught 5 passes for just under 100 yards and one touchdown. Donnie Calvert caught one pass and it was for a touchdown. We were very pleased with our execution on offense. Each player did his job to the best of their ability. We didn't score a lot of points but we did score enough to win the game.

Defensively we shut them out the first half and allowing two touchdowns the second half but the last score came with only 72 seconds left in the game. Our defensive line played hard against the run and did good putting pressure on their QB. Our secondary did a good job covering their receivers and helping support against the run. They tried to intimidate us but our kids showed a lot of character keeping their cool and played good hard hitting defense.

We are proud of the progress our JV is making. They play with a lot of determination and pride. They count on each other and work well together as a team. Thursday night October 24, we play Silverton at Silverton at 6:30.

## Parenting For Prevention

### Facts Worth Considering

Teenage parties, sleep-overs and impromptu get-togethers are often held without supervision; drugs and alcohol are frequently present.

Parents are legally and civilly responsible for their minor children's actions.

Drinking under the age of 21 is against the law.

Driving while intoxicated is a criminal offense.

Use or possession of illicit drugs is a criminal offense.

Use of alcohol and other drugs causes injury, loss of inhibitions, sexual abuse, illness and even death.

### As A Parent

Verify the occasion and location of any event with the host parent.

Know the location of the event and expect a call from the teen in case of any change in location before or during the event.

Check on adult supervision.

Confirm that there will be no alcohol or other drugs.

Keep the teen home and seek alternate activities if the party does not meet the above standards.

Be awake (or awakened) when young people come home at night.

Assure your teenagers that they can be picked up whenever needed.

Provide social activities where teens can safely get together and develop positive social skills.

Discuss the use of drugs/alcohol with your teens and make clear your stand regarding this issue.

Inform your teen that parties will not be allowed in the home when you are not present.

Make it clear you will not serve or allow youth under the legal age to consume alcohol or use drugs in your home or on your property.

Adhering to these suggestions not only will help prevent possible problems but may save the life of your child or the life of another.

## Valley School Menu

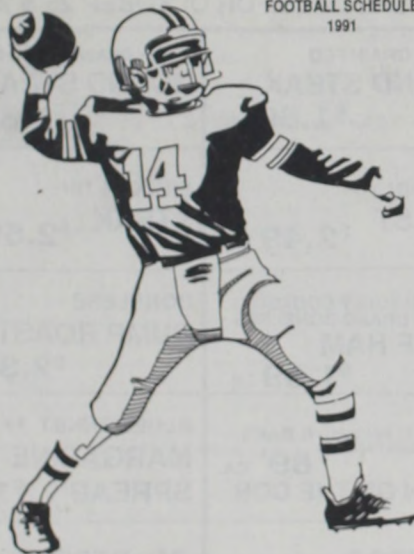
- SCHOOL MENU
- October 28
    - Chicken Fried Steak
    - Cream Gravy
    - Broccoli with Cheese
    - Cream Potatoes
    - Honey Biscuit
  - October 29
    - Beef and Cheese Enchilada
    - Fried Okra
    - Spanish Rice
    - Cookies with Fruit
  - October 30
    - Bacon Wrap Steak
    - Scalloped Potatoes
    - Peas
    - Fruit Jello
    - Hot Rolls
  - October 31
    - Taco Roll with Cheese Sauce
    - Green salad
    - Corn
    - Brownies
  - November 1
    - Chicken Fajitas
    - Guacamole-Cheese
    - Lettuce with Tomato
    - Hot Sauce
    - Chips
    - Fruit

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**The Coach**  
COACH GILMORE  
FRIDAYS AT 4 P.M.  
**GO VALLEY PATRIOTS!**

# VALLEY PATRIOT FOOTBALL '91

VALLEY HIGH SCHOOL  
VARSITY  
FOOTBALL SCHEDULE  
1991



**Valley Patriots VS Vernon Northside**  
There 7:30 p.m.



HEAD COACH: Cliff Gilmore  
ASST. COACHES: Sam Browning, Darren Janssen  
SUPERINTENDENT: Jerry Smith  
PRINCIPAL: Jerry Maupin  
MASCOT: PATRIOTS  
COLORS: Red, White, Blue  
MANAGERS: Jeremy Taylor, Walt Henson, Michael Lane  
CHEERLEADERS: Katy Browning, Andrea House, Julie Clay, Traca Lemons, Jodi Hancock, Mandi Adams  
SPONSORS: Ginger Mullis, Dianna Gilmore, Rhonda Cochran

DATE	OPPONENT	SITE	TIME
September 6	Jayton	Valley	8:00
September 13	Lazbuddie	Lazbuddie	7:30
September 20	Higgins**	Valley	7:30
September 27	Miami	Miami	7:30
October 4	McLean	McLean	7:30
October 11	Harrold*	Valley	7:30
October 18	Guthrie*	Guthrie	7:30
October 25	Vernon Northside*	Northside	7:30
November 1	Chillicothe*	Valley	7:30
November 8	Patton Springs*	Patton Springs	7:30

\* Denotes Dist. Games  
\*\* Denotes Homecoming

DATE	OPPONENT	SITE	TIME
September 5	Silverton JV	Valley	6:30
September 12	Chillicothe JV	Valley	5:30
September 19	Miami JV	Valley	6:30
September 26	Lazbuddie JV	Lazbuddie	6:30
October 3	McLean JV	Samnorwood	6:30
October 10	Lazbuddie JV	Valley	6:30
October 17	Samnorwood Varsity	Samnorwood	6:30
October 24	Silverton JV	Silverton	6:30
October 31	Chillicothe JV	Chillicothe	7:00
November 7	Samnorwood Varsity	Valley	6:30

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JR. VARSITY RECORD 4 - 4

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