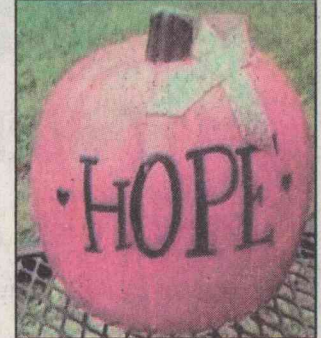




# Southwest Digest



## Community Meetings

- \* Lubbock Area Client Council meets on the 2nd Saturday, 1:00 pm at the Patterson Branch Library, 1836 Parkway Drive.
- \* Hub City Kiwanis meets 1st & 3rd Tuesday of each month at 7 p. m., Lyons Chapel Baptist Church, East 24th Street & MLK Blvd.
- \* Dunbar Alumni Association meets 2nd Saturdays, 4:00 pm.
- \* The Lubbock Branch of The NAACP meets the 3rd Saturday of each month at Life Run, Inc, 8240 Boston Ave.. at 11: a.m.
- \* Forgotten West Riders meets on the 1st & 3rd Mondays, 7:00 pm, Patterson Branch Library.
- \* East Lubbock Chapter AARP meets every 1st Thursday at 1:00 pm, Great Saint Luke Missionary Baptist Church.
- \* Lubbock Chapter of Black Alumni meets every 3rd Tuesday, 5:30 pm, TTU Market Alumni Center.
- \* Dunbar Manhattan Heights Neighborhood Association meets every 1st Thursday at 7:00 pm and every 4th Thursday at 7:00 pm at the Dunbar Manhattan Heights Neighborhood Outreach Center, 1301 E. 24th Street.
- \* West Texas Native American Association meets at 7:00 pm, at the New Jerusalem Baptist Church, 3524 East Broadway Avenue on Tuesday evenings..
- \* The Unified Juneteenth Commission of Lubbock meets every Tuesday evening at Bryon Martin Technology Center, 3401 Avenue Q, beginning at 5:30 p. m.
- \* West Texas Chapter of 100 Black Men of West Texas meets 3rd Monday evenings at 7:00 pm at The Bridge 1401 Redbud Avenue
- \* The Parkway & Cherry-Point Neighborhood Association meets the 3rd Tuesday evenings, 7:30 pm at 517 Zenith Avenue, Star Care Center
- \* Chatman Hill Neighborhood Association meets 2nd Thursday of every month at 6:00 pm at 2301 Avenue A.
- \* ROOTS meets every 2nd Saturday at 2:00 p. m. at 2301 Avenue A.
- \* If you have an announcement about your organization, please advise by calling (806) 762-3612 or e-mail swdigest@sbcglobal.net.

If you have an announcement you want to appear in this paper, there are three ways to get information to us:

Southwest Digest Community Meetings  
902 East 28th Street  
Lubbock, Texas 79404  
(806) 761-1111 to publicly release a workforce demographics report earlier this year. They were commended for doing so, and so far, experts say they are the most aggressive at addressing the issue.

**What's In This Week's**

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LBB Housing Auth Waiting List	Page 8

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"A newspaper for 21st Century representing the Black Community's Ideas and Ideals since 1977"

Thursday, October 18, 2018  
Vol. 41 Years, No. 3, Page 1

**\$1.00**

## Nominations Now Accepted for NAACP's Most Prestigious Civil Rights Award

Nation's Leading Civil Rights Group Issues Call for Nominees for the 104th Spingarn Medal

**BALTIMORE** – NAACP National Board of Directors Chairman Leon W. Russell announced the Association is soliciting nominations for the 104th Spingarn Award. All nominations for the 104th Spingarn Medal must be submitted, in writing, on or before December 31, 2018. To be accepted, the postmark date on the envelope must be no later than December 31, 2018.

The Medal, which was instituted in 1914 by the late J. E. Spingarn, then NAACP Chairman, is awarded to a man or woman of African descent and American citizenship who has made the highest achievement during the preceding year or years, as well as consideration of an overall body of work by an individual.

The purpose of the medal is twofold – first, to call the attention of the American people to the existence of distinguished merit and achievement among Americans of African descent; and secondly – to serve as a reward for such achievement and as a stimulus to the ambition of youth of African descent.

Former medalists include: the late Maya Angelou, Harry Belafonte, the late Julian Bond, the Honorable Willie L. Brown, Jr., the late Honorable Robert L. Carter, Honorable John Conyers, the late Ruby Dee, the late John

### Two Past Winners Of Civil Rights Award



Honorable John Lewis



Oprah Winfrey

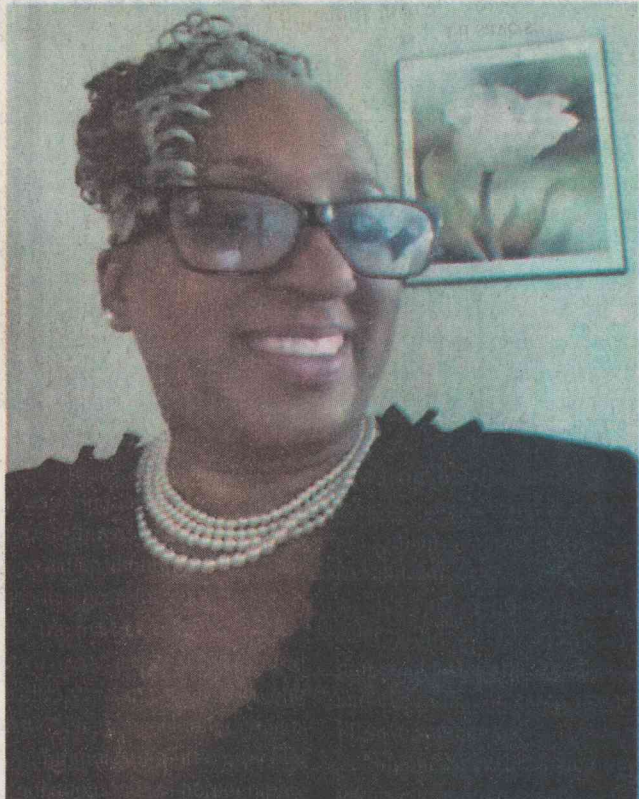
Hope Franklin, the late Mrs. Frankie Muse Freeman, Earl G. Graves, Sr., the late Dorothy I. Height, the late Judge A. Leon Higginbotham, the late Honorable Oliver W. Hill, Sr., the late Lena Horne, Rev. Jesse Jackson, The Hon. Nathaniel R. Jones, Quincy Jones, Vernon Jordan, the Honorable John Lewis, the late Hon. Constance Baker Motley, Jessye Norman, the late Gordon Parks, Sidney Poitier, Colin Powell, the late Percy E. Sutton, Cicely Tyson, the late Carl Rowan, Myrlie Evers-Williams, Governor L. Douglas Wilder and Oprah Winfrey.

Nominations must include a detailed, current biographical profile of the nominee, highlighting relevant activities and

achievements. Supporting and verifying documents such as news clippings, honors received, etc., should also be attached. This information should be clearly typewritten or printed, as it must be reproduced.

The final selection of the Medalist is made by a Committee of Award, which is selected by the Association's Board of Directors. The Committee's decision is final in all matters affecting the Award.

Nominations should be addressed to: The Spingarn Medal Award Committee, Attention: Mrs. Mildred B. Roxborough, 50 Broadway, 31st Fl., New York, NY 10004. Must be postmarked by December 31, 2018. Send your nomination in today.



Pastor Adna Bean

## Pastor Adna Bean's Third Pastor's Appreciation Set October 21, 2018

The members of the Bethel African Methodist Church of Lubbock, Texas gladly invite local pastors and their congregations to celebrate Pastor Adna Bean's Third Pastor's Appreciation Ceremony on Sunday afternoon, October 21, 2018, beginning at 3:00 p. m.

Bethel is located at 2202 Southeast Drive.

The theme for this glorious celebration is: "Your Steps Are Ordered by God."

Scripture: "The Lord directs the steps of the godly. He delights in every detail of their lives." Psalm 37:23 NLT

The Key Note Speaker will be Rev. Monica Hall, Pastor of New Hope Community Church

of Shallowater.

The Master of Ceremony will be Pastor Gleen Samuels, New Millennium Baptist Church of Lubbock, Texas.

The Bethel African Methodist Episcopal Church Family looks forward to your presence as Bethel honors our Pastor for her devotion, faith, and guidance.

So come and join us on Sunday afternoon, October 21st, beginning at 3:00 p. m. to assemble for this blessed occasion.

The Pastor's Appreciation Committee, Sisters: Linda Robinson, Denice Jordan, and Patricia Page, would like to Thank You in Advance for your presence and participation.

\*\*\*\*\*

## Dr. Martin Luther King, Jr. Celebration Set For January 16, 2019

The Annual Celebration of the late Dr. Martin Luther King, Jr. will be held at the Lubbock Memorial Civic Center, 1501 Mac Davis Lane, January 18 thru January 21, 2019.

Martin Luther King Jr. (January 15, 1929 – April 4, 1968) was an American Baptist minister and activist who became the most visible spokesperson and leader in the civil rights movement from 1954 until his death in 1968. Born in Atlanta, King is best known for advancing civil rights through nonviolence and civil disobedience, tactics his Christian beliefs and the nonviolent activism of Mahatma Gandhi helped inspire.

King led the 1955 Montgomery bus boycott and in 1957 became the first president of the Southern Christian Leadership

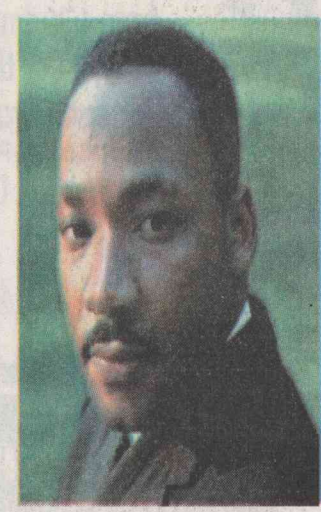
Conference (SCLC). With the SCLC, he led an unsuccessful 1962 struggle against segregation in Albany, Georgia, and helped organize the nonviolent 1963 protests in Birmingham, Alabama. He also helped organize the 1963 March on Washington, where he delivered his famous "I Have a Dream" speech.

Friday, January 18, 2019, 6:00 p. m. Individuals of Distinction Award Banquet.

Saturday, January 19, 2019, 6:00 p. m., Youth Night.

Sunday, January 20, 2019, Citywide Service, 5:00 p. m., Guest Speaker: Dr. William T. Glynn, Mt. Olive Missionary Baptist Church, Fort Worth, Texas.

Monday, January 21, 2019,



Dr. Martin Luther, King, Jr.

6:00 p. m., Gospel Night.

The Public is invited to attend all services. If there are any questions, contact Karen Brown at (806) 239-6983.

Come and learn together!

## Photos From 2018 Estacado Matador High School Homecoming Parade

Here are a few pictures of the Estacado High School students who participated in the 2018 Estacado Homecoming September 20, 2018, featuring

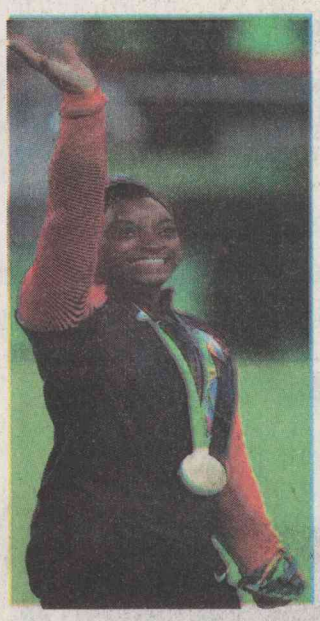
the Homecoming Queen, Kui-Jett Childress, and her Court: Tori McConic, Ty'Quesha Perryman, Keianna Whitfield, and Ahriah Hill. Also pictured are

the EHS Cheerleaders and photos of the EHS Mums that were worn by some of the students.

**Congrats, Matadors!!**



## #MeToo: Simone Biles' Bravery Shines Through As She Speaks Out About Larry Nassar



Simone Biles

Simone Biles shared that she was a survivor of Larry Nassar's sexual abuse.

Biles, who won four gold medals and a bronze at the Rio Olympics in 2016, said she wanted to speak out about the reaction to her admission because it was important. Biles stated she felt a huge relief when she opened up about the ordeal after she had been forced to suppress the trauma for so long.

Larry Nassar was sentenced to 175 years in prison for a long list of charges including: videos of him molesting little girls in a pool, thousands of pornographic images of children and sexually abusing many of the young gymnasts he treated over the years.

Biles took a break from gymnastics to clear her head. She re-

turned to the sport to compete at the World Championships in Qatar this month.

She stated: "I think it was very important to support the fellow gymnasts it had happened to and to speak up for what you believe in and say 'I don't think this is right' and I hope I gave them courage to come out and tell their stories one day if they want to."

"People do look up to me so if they can see Simone can be strong enough then hopefully I can too — and that's the message I wanted to give."

"It kind of felt empowering even though I know that is an overused word right now."

Biles had nothing but praise for Judge Rosemarie Aquilina who sentenced Nassar, and she stated he "got what he deserved".

"The judge was absolutely amazing on her part, so we were very proud of her, and it is kind of a relief because [Nassar] got what he deserved and he almost got as many years [in prison] as [he abused] girls."

"It's kind of crazy because I can't be the one to save everything, but as long as I do my job and everyone is pleased maybe I'll save something."

Simone Biles, like many survivors, suffered in silence.

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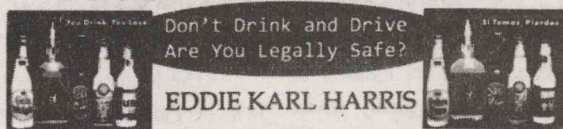


For the application process  
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[www.co.lubbock.tx.us](http://www.co.lubbock.tx.us)

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Dream  
Wish

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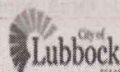
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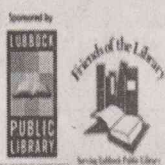
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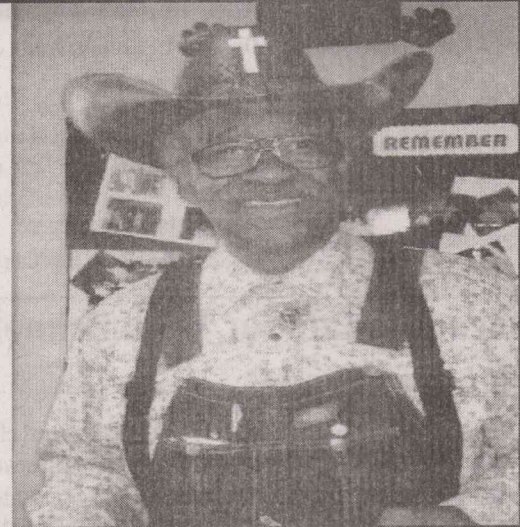


### Color Your Stress Away

Join us on the  
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from 4:30pm to 6:00pm  
at the  
Patterson Branch Library  
(located at 1836 Parkway Drive)  
for Adult Coloring!



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## Mae Simmons

Community and Senior Centers  
What's Happening This Month!

### COMPUTER CLASSES

2-Hour Classes - \$10/6 weeks - Call to register!  
Basic Computers, Mon, Oct 22, 10 am or 11 am  
Learn the Internet, Tue, Oct 23, 10 am or 11 am  
Microsoft Office I, Wed, Oct 24, 10 am or 11 am

### TED TALKS

Monday, October 22, 1:30 pm, Free, Ages 18+  
Enjoy a free, ongoing series of different TED Talk  
videos. This is a social group where discussion is  
encouraged. Group picks the topic each time.

### DATE WITH DAD

Sat, October 27, 3 pm, \$6/child, Ages 1+  
Spend the afternoon with your child! Enjoy  
special refreshments, dancing and a special picture  
to take home. Register by calling or online at  
[www.playlubbock.com](http://www.playlubbock.com) by October 25.

Lubbock Parks and Recreation

Mae Simmons Community & Senior Centers  
2004 Oak Avenue 767-2700 or 767-2708



# In Cinque

By Renetta Howard

## THAT LITTLE THREE LETTER WORD

It is so amazing how that little three letter word, "SEX" has come to have so much more meaning in our lives than anyone originally imagined. It is said that 'money is the root of all evil' but I beg to differ at this time in our lives in America. Never in the history of this country and/or during my lifetime has the little three letter word taken up so much of our attention and our time, from the White House to the Outhouse!

There is a list of names of individuals who held very important positions in various walks of life whom have lost their jobs because of allegations of sexual misconduct. The odd thing about all of this is the fact that the only person who has been sentenced to jail for a sexual crime has been Bill Cosby, who admitted that he used drugs to sedate the woman/ women with whom he, Bill Cosby, had consensual sex in some instances, probably all of them. His 'victims' later made accusations for which he paid hefty sums to allay the incidents. Is not this the same thing that 'our' PRESIDENT Trump has done? Apparently not. He has not been tried or sentenced to anything about anything, but Bill Cosby currently is behind bars for three to ten years for what he did and labeled as a 'sexual predator' for life plus fined \$25,000.00. The current nominee for the Supreme Court, Brett Kavanaugh has also been accused by three women of sexual assault and has refused to admit that he committed a crime.

Now. Is our country full of sexual predators? Whenever you watch or read about the news in this country, the first thing on the radar is something about old and recent sexual attacks on individuals, females and children. In addition, there are people in important high places in our gov-

ernment and business who feel that men are supposed to rape women. They feel that it is their prerogative! Rape is a crime and so is murder! Of course, I do not believe in either, but it is certainly a blessing that some of these rapists have not been murdered. They do however, need to atone for their crimes. There are too many 'ladies of the evening' willing to help men avoid the crimes of sex without a blackmailing penalty. Further, many of these men who have committed rape or believe it is their right, uphold the incidents of others and most are married to women whom they alleged love and respect. What kind of Christianity is this?

This country has come a long way from the early Christian traditions and beliefs which it allegedly held. I say allegedly, because much of what we see and hear about now is not new. It has been going on for ages, but with slow communication and cloak and dagger techniques, we did not know about all of it, just the most obvious and scandalous. Facebook, Twitter, Instagram, and other forms of mass media have made us instantly aware of acts of morality and immorality and the need for more moral education in our homes, schools and religious institutions. My mother used to say, "Show your children the right path and walk in it yourself." Let us get 'in cinque' and show our children the right path to improving our moral maturity in this country in all walks of life.

**YOUR IMPORTANT VOTE WILL MAKE A BIG DIFFERENCE ON TUESDAY, NOVEMBER 6, 2018!!**

## Beyond the Rhetoric By Harry C. Alford

### Is the Democratic Party Drifting Away from Capitalism?

The rhetoric coming out of the mouths of various Democratic leaders is becoming more and more disturbing. They are beginning to propose a platform that has no resemblance to American principles. Our founding fathers would be shocked to hear terms like "Medicare for everyone" or "free college tuition for all students". There seems to be a reasoning that follows no "real world" logic. It is frightening and dangerous to our future. Let's look at the three main economic systems that exist in our world today.

According to Wikipedia, Capitalism is an economic system based on private ownership of the means of production and their operation for profit. Characteristics central to capitalism include private property, capital accumulation, wage labor, voluntary exchange, a price system, and competitive markets. In a capitalist market economy, decision-making and investment are determined by every owner of wealth, property or production ability in financial and capital markets, whereas prices and the distribution of goods and services are mainly determined by competition in goods and services markets.

The above is what our nation is based on. It works! We are the most economically successful nation on earth. It comes through our constitution, love of democracy and our capitalistic economy. But for some reason a growing number of the Democratic party such as Bernie Sanders, Keith Ellison and others are starting to tout this form of economy even though there is not one good example to compare it to.

Wikipedia defines Socialism as a range of economic and so-

# THIS N' THAT

by T. J. Patterson

**YOUR IMPORTANT VOTE IS NEEDED TO PASS LUBBOCK INDEPENDENT SCHOOL DISTRICT'S \$130 MILLION 2018 BOND ON TUESDAY, NOVEMBER 6, 2018!!**

**THIS N THAT ..... asking all ..... REGISTERED VOTERS IN LUBBOCK, TEXAS ..... to ..... VOTE FOR THE 2018 LUBBOCK INDEPENDENT SCHOOL DISTRICT'S \$130 MILLION ..... on ..... TUESDAY, NOVEMBER 6, 2018.**

This special bond package will enhance LISD as they continue educate our young people which many of your boys and girls. This special bond package will include the following: **EFFICIENCY, SAFETY AND**

**SECURITY, AND ACADEMIC PROGRAMMING.**

The Efficiency will cost \$50 MILLION, and will address existing facilities through upgrades and a new school replacement. The new school is estimated to cost \$25 MILLION.

The new elementary school will consolidate three north Lubbock elementary schools with less than 200 students in each school, with a new 700 student campus to provide 21st Century learning environment, with modern safety features and efficiencies in annual operating costs.

Roofing and HVAC Repairs and Replacements which is expected to cost \$28 Million.

**SAFETY AND SECURITY,** which will address stu-

dent and staff through facility and equipment upgrades at a cost of \$50 Million. Among this will be upgrading facilities to address safety and security including secure vestibule entries to schools, front door intercom/buzz-systems, remote access public address systems, door hardware, and additional cameras, lighting and fencing.

Also the replacement of Portable Buildings at a \$10 MILLION COST!!

The Academic Programming which will cost \$27 MILLION. This will also include a TALKINGTON SCHOOL AUDITORIUM at a cost of \$12 MILLION!

**VOTE YES!! YOUR VOTE IS NEEDED ON NOVEMBER 6, 2018!!**

cial systems characterized by social ownership and workers' self-management of the means of production as well as the political theories and movements associated with them. Social ownership may refer to forms of public, collective or cooperative ownership, or to citizen ownership of equity. There are many varieties of socialism and there is no single definition encapsulating all of them, though social ownership is the common element shared by its various forms.

There is one thing that is true. Whenever a nation switches to socialism, the economic status of that nation heads "south with a bullet!". Look at Venezuela. This nation has as much oil reserves as Saudi Arabia. However, since its switch to socialism it has lost its ability to produce or manufacturer anything with a basic success. Inflation is out of control; their

banks are bankrupt; their hospitals are inoperable, and chaos is everywhere with a large portion of the population fleeing the nation as refugees. Socialism leads to failure and why is the Democratic party entertaining the idea? There simply is no decent model for socialism anywhere in the world.

Van Jones, a principal in democratic causes, admits being a communist. Communism is like socialism on steroids. Here is Wikipedia's definition: In political and social sciences, communism is the philosophical, social, political, and economic ideology and movement whose goal is the establishment of the communist society, which is a socio-economic order structured upon the common ownership of the means of production and the absence of social classes, money and the state.

All we must do is look at Russia. Communism drove this

once powerful nation into bankruptcy (USSR). It had one of the strongest nuclear arsenals and largest navies and armies in the world. But economically it became a basket case. It has no manufacturing prowess and relies pretty much on its array of natural resources. The general population is depressed by the low quality of life. As a result, Russia has a very low fertility rate. Plus, its healthcare delivery system is inferior, and its lifespan is shrinking. As a result, the population of this nation is shrinking by 600,000 persons per year. It has a large percentage of alcoholism. Its gross domestic product is less than that of the state of Florida.

Another example of how Communism doesn't work is the Korean Peninsula. North Korea chooses a communist system while South Korea embraces capitalism. South Korea is an

Continue on Page 6

## Estacado Booster Club Membership Drive

Please join Estacado Booster Club:

Membership fee: \$10.00

Includes: Booster Club t-shirt

## The Caviel's Museum Of African American History

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Open: Fridays .... 10 a. m. to 6 p. m.  
Sundays ..... 2 p. m. to 5 p. m.

Open by appointment contact:  
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## Ongoing Purchasing Opportunities for Minority-owned Businesses from TEXAS TECH UNIVERSITY

Have you been thinking about how to increase your business opportunities?

Texas Tech University - Procurement Services would like to encourage you to register, and review our solicitation opportunities located at

<https://bids.scquest.com/apps/Router/PublicEvent?CustomerOrg=TexasTech>

Contact Paula Ann Pitifer at [paula.ann.pitifer@ttu.edu](mailto:paula.ann.pitifer@ttu.edu) for more information.



## Women of Grace

Women of Grace meet every Monday evening at Mi Casita located at 2400 Quaker Avenue at 6:00 PM We would love for you to join us in Bible Study with the Residents.

Please contact Ros Priestley @

806.831.2905 for more information

John 15:1-27 ~The Vine and the Branches



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*We Thank God for Jesus*

**"The Devil's Trick Or God's Truth"**  
Evangelist Billy "BJ" Morrison, III

**Galatians 3:1a - O Foolish Galatians (AMERICANS), who have bewitched you, that you should not obey the truth.**

America started out, wanting to be called the **LAND OF LOVE; BUT YOU KNOW AS WELL AS I DO; ITS NOW CALLED; THE LAND OF BLOOD!!!**

**Nahum 3:1,3b - WOE to the bloody city! It is all full of lies and robbery; there is a multitude of carcasses; and there is none end of their corpses; they stumble upon their corpses.**

When Jesus said, **GO PREACH; THE GOSPEL; UNTO A DYING WORLD. THE CHURCH DIDN'T DO THAT; BUT PREACHED RIGHTS; TO MEN, WOMAN, BOYS AND GIRLS!!!**

**John 3:17 - Jesus said, for God sent not his Son into the world to condemn the world; but that the world through him might be saved.**

The churches wanted their **RIGHTS; THE REASON PRAYER IS NOT IN SCHOOLS. BLIND CAN'T LEAD THE BLIND; AND SOMEONE HAS BEEN PLAYED THE FOOL!!!**

**Romans 1:21,22 - Because that, when they (THE CHURCH) knew God, they glorified him not as God, Neither were thankful; but became vain in their imagination (DREAMS), and their foolish heart was darkened. Professing**

themselves to be wise, they became fools.

**\*\*\* YES THE CHURCHES DID ROB GOD; AND BECAME FOOLS!!!\*\*\***

Now the Christians want to **MARCH; WHEN A POLICE SHOOT; AND A BLACK MAN IS KILLED. THE MOB OF UNGODLIES; IN THE STREETS; NOT DOING GOD'S WILL!!!**

**Mark 7:6b,7 - Jesus said, Well has E-sai' as prophesied of you hypocrites, as it is written, This people honors me with their lips, but their heart is far from me. How-be it in vain so they worship me, teaching for doctrines the commandments of men.**

**AMERICA IS SO WRAPPED IN WITCH-CRAFT; IT'S PLAYED IN GOD'S HOUSE. HELL-O-WEEN IN THE CHURCH; GOD FORBID; THROW THE DEVIL; AND HIS WORKS OUT!!!**

**Revelation 2:2,4,7a - Jesus said, I know their works, and their labour, and their patience, and how they cannot bear them which are evil: and they have tried them that say they are apostles, and are not and has found the liars. Nevertheless I have somewhat against you, because you have left your first love. He that has an ear, let him hear what the Spirit unto the churches.**

**(THE CHURCHES WILL PLAY HELL-O-WEEN; OCTOBER 31, KNOWING IT IS**

**CALLED THE DEVIL'S NIGHT, CALLED SHAM'HAIN. TAKING PEOPLE FOR HUMANS FOR SACRIFICIES; AND LEAVING A JACK-O-LANERN; THE CUT OUT OF A PUMPKIN. HELL-O-WEEN TEACHERS ABOUT GHOST, VAMPIRES SUCKING BLOOD; WITCHES AND SO ON. AND WE TALK ABOUT OUR CHILDREN BEING THE WORLD'S WORSE. LIVING TO SEE BLOOD!!!**

**Matthew 23:37,38 - Jesus said, O Jerusalem (CHURCH), Jerusalem (CHURCH), you kill the prophets, and stone them which are sent unto you, how often would I have gather my children together, even as a hen gathers her chickens under her wings (SMART), and you would not! Behold your house (CHURCH) is left unto you desolate (forsaken).**

Thanksgiving is coming, it will be overlooked; with **X-MAS SHOPPING AND THINGS, DON'T TAKE TIME OUT; BUT STARTS; THE FAT MAN IN THE RED SUIT; SHAME, SHAME SHAME!!!**

**\*\*\* AND WE ASK; WHY DO THE HEATHEN RAGE????\*\***

**Psalms 1:1 - BLESSED is the man that walks not in the counsel of the ungodly, nor stands in the way of sinners, nor sit in the sit of scornful.**

**St. Matthew Baptist Church**

2020 East 14th Street Rev. Edward Canady, Pastor Lubbock, Texas 79403 (806) 744-7154

A wonderful time, the members had on Sunday morning, September 30, 2018, at the St. Matthew Baptist Church, 2020 East 14th Street, where the proud pastor is Rev. Edward Canady.

Sunday morning services begun at 10:10 a. m. with our Superintendent, Sister Barbara Johnson, in charge. Praise God for Rev. Michael Menton who reviewed the the Sunday School lesson.

Praise God for all the knowledge members received during Sunday School. The subject of the Sunday School lesson was entitled "Relationships Are Important." The scripture text was Genesis 2:18-24; 4:1-2.

The Sunday School lesson was taught by Rev. Michael Menton. What a wonderful job he did with his presentation.

The Sunday morning devotion was conducted by Sister Annie Menton and Superintendent Barbara Johnson.

Pastor Canady entered the Church with the Choir and Congregation singing "How Great Thou Art."

\*\*\*\*\*  
The morning sermon was delivered by Pastor Canady. His subject was "A Prepared Place For Prepared People." His scripture text was St. John 14th Chapter, verses 1-4.

**St. John 14:1-4 - "Let not your heart be troubled; ye believe in God, believe also in me.**

**In my Father's house are many mansions; if it were not so, I would have told you. I go to prepare a place for you.**

**And if I go and prepare a place for you, I will come again, and receive you unto myself; that where I am, there ye may be also.**

**And whither I go ye know, and the way ye know."**

It was a very informative message again it was, Pastor Canady.

\*\*\*\*\*  
The morning announcements were read by Sister Shirley Canady, our First Lady, who always does an outstanding job explaining upcoming events in the community.

\*\*\*\*\*  
The weekly meetings to be

held at the St. Matthew Baptist Church are as follows:

The Missionary Society meets on Wednesday evening, beginning at 5:00 p. m.

If you want to part of some very information, then do join us in this meeting on Wednesday evenings. It's amazing what we learn about how great God is when we come together.

Shall we look for you this coming Wednesday evening? Why not bring someone with you?

The other very important meeting is Bible Study which is also held on Wednesday evening, beginning at 6:00 p. m.

Shall we look forward to seeing you? Hope so!!

\*\*\*\*\*  
If you are looking for a Church Home, then come and visit the St. Matthew Baptist Church, 2020 East 14th Street.

**Thought For The Week: "Lord, show me if my priorities are skewed and where I need to make changes. Thank You for the gift of Family and Friends."**

God is amazing!!

**Susan Rice walks back Senate talk, will give 'consideration' to challenging Susan Collins**



Former President Barack Obama and Susan Rice

Susan Rice, who was President Barack Obama's national security adviser, said Sunday she'll decide after next month's midterm elections whether to run for the Senate from Maine in 2020 and try to unseat Republican Sen. Susan Collins.

Collins cast a deciding vote to confirm Brett Kavanaugh to the Supreme Court, deeply disappointing those opposed to his nomination.

Speaking in New York during The New Yorker Festival, Rice said Collins "put party and politics over her own stated principles" of supporting equal rights and legalized abortion. "I think in a way that I really regret saying, she has betrayed women across this country," Rice said.

Kavanaugh's confirmation was stalled by accusations of sexual misconduct when he was in high school and college, but Collins and others said they were won over by his forceful denials and a supplemental FBI report they say produced no evidence corroborating the claims.

"What moved me ... was a sense of outrage and frustration that somebody who fashions herself a moderate centrist, and somebody who cares for equal rights and LGBT rights and Roe v Wade and all of this stuff, could in a very political fashion not just decide to vote for Kavanaugh but do it in a fashion that was quite dismissive of the concerns of many Americans and many Mainers," Rice said. "So it was on that basis that I decided I would think about it."

Kavanaugh's ascendance to the Supreme Court now gives conservatives a working majority that could restrict abortion rights and halt the expansion of the rights of LGBT people.

Rice, a Democrat, had hinted her interest in a Senate run in a one-word tweet on Friday, responding "me" to an open question about who wanted to run against Collins. She then seemed to walk it back, saying she was "not making any announcements."

Collins questioned Rice's connection to Maine, saying Sunday on CNN's "State of the Union" that although Rice's family has a home in Maine, "she doesn't live in the state of Maine. Everybody knows that."

Rice, however, said her "ties to Maine are long and deep." During Sunday's appearance, she described her grandparents' arrival in the state from Jamaica in 1912, her yearly summer visits that began in childhood and the home she now owns. "The last 20 so years I've been a home owner in the state of Maine, so it's not completely crazy," she said.

Collins returned to Maine

late Saturday after Kavanaugh was sworn into office. She said Sunday that despite the presence of protesters outside her home in Bangor, the response from Mainers has been "overwhelmingly positive."

People angry over her vote have vowed to make her pay a political price. A crowdsourcing group says it has secured pledges of more than \$3 million for her opponent in 2020.

Rice, who also served as the U.S. ambassador to the United Nations under Obama, said she appreciated the enthusiasm about her potential run, but said people who are angry about Kavanaugh should focus on the midterm elections.

"My bottom line is I'm going to give it due consideration, after the midterms," she said.

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**Lubbock Public Library Events**

**Computer Class at Patterson Branch Library**

The Patterson Branch Library, 1836 Parkway Drive, will have computer class for adult beginners at 10:30 a.m. on Tuesday, October 16 and Thursday, October 18. For more information, call 767-3300.

**Kids' Movie at the Mahon Library**

Come to the Mahon Library, 1306 9th Street, at 3:45 p.m. on Tuesday, October 16 for a movie and refreshments. Kids and teens welcome. For movie title, call 775-2835.

**"Remember When" Storytime at Godeke Branch Library**

Join us for an interactive storytime for older adults at the Godeke Branch Library, 5034 Frankford Avenue, at 1 p.m. on Thursday, October 18. Participants can share memories based on common topics and experiences. For more information,

call 775-3362.

**Bad Art Challenge at Godeke Branch Library**

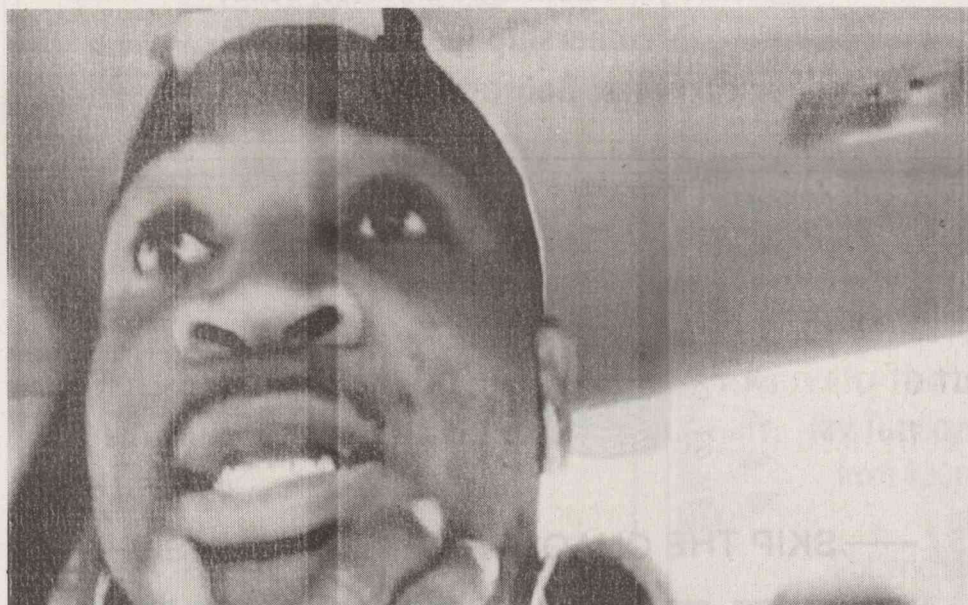
Perfection is boring. We want to see the most dreadful art you can create! Come to the Godeke Branch Library, 5034 Frankford Avenue, from 2 to 4 p.m. on Friday, October 19. We will provide art supplies, but you are also welcome to bring your own. Ages 18 and up. For more information, call 775-3362.

**"Ready to Read" at Patterson Branch Library**

Enjoy stories, songs and snacks at the Patterson Branch Library, 1836 Parkway Drive, at 1 p.m. on Saturday, October 20. Free books for families with children age 5 and under. For more information, call 767-3300.

**Get Your Library Card At Any Lubbock Library! All You Need To Do!!**

**'Babysitting while black': Woman calls police on male babysitter with white children**



Corey Lewis said a woman called the police on a him while he was babysitting two white children in what Twitter calls "babysitting while black." (Photo: Facebook/Corey Lewis)

A black babysitter says a woman called the police on him while two white children were in his care.

On Sunday, October 7, 2018, while babysitting for the 10-year-old daughter and 6-year-old son of his friends Dana Mango and David Parker, Corey Lewis of Marietta, Ga., treated the kids to lunch at a Subway inside Walmart. Afterward, the 27-year-old, who runs the youth mentoring program Inspired by Lewis, was standing with the kids outside his car while the boy finished eating when he noticed a white woman sitting in her car, staring.

She pulled up alongside us and asked, 'Are the kids OK?'

Lewis tells Yahoo Lifestyle. "I answered, 'Why wouldn't they be?' She just smirked and drove off."

The woman circled the parking lot and returned to Lewis's car, saying, "Can I ask the little girl if she knows who you are?" and Lewis answered, "No, you cannot." The woman then said, "OK, I will take down your license plate," and left.

"I asked a few white wit-

nesses if it looked suspicious that I was caring for two white children, and they said 'Kind of,'" says Lewis. "But the kids were goofing around and eating, and there was no sign of danger."

Lewis headed to a service station, and while he was pumping gas, he noticed the woman's car again. Concerned about the children's safety, he drove to his house, and when he arrived, so did the woman — and a police car.

By: Elise Solé, Yahoo Lifestyle

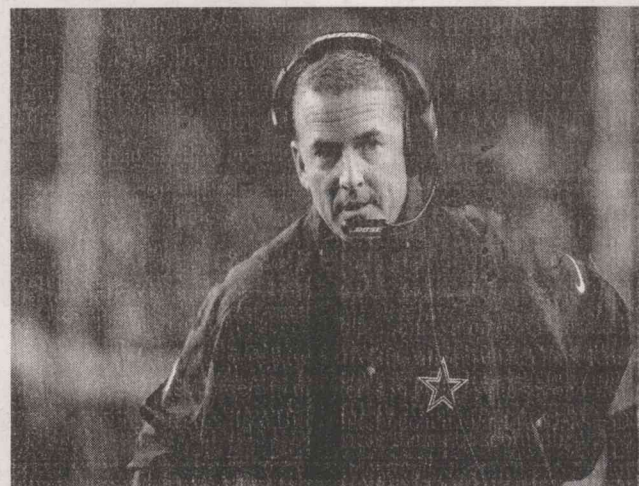
**Jason Garrett the betting favorite to be the first coach fired**

When the owner is second-guessing the coach, you know the coach is on the hot seat.

So it's no surprise, after Cowboys owner Jerry Jones said coach Jason Garrett should have gone for it on fourth-and-1 in overtime on Sunday night, that Garrett is the odds-on favorite to be the first coach fired this season.

Garrett's odds are +350 at BetDSI, which means a \$100 bet on Garrett being the first coach fired would pay off at \$350 if Garrett does get fired before any other coach, and before the end of the regular season.

There was a time when Garrett was considered the NFL's hot young offensive mind, but that time is in the past. It now feels like the game has passed



Jason Garrett

Garrett by, with the Cowboys' offense looking outdated compared to that of younger coaches like Sean McVay. There are plenty of coaches older than Garrett having success, like Bill

Belichick and Andy Reid, but those coaches seem more capable of innovating than Garrett is.

Buccaners coach Dirk Koetter is viewed as the second-most likely coach to get fired, at +500

odds. Texans coach Bill O'Brien and Broncos coach Vance Joseph are at +750, while Browns coach Hue Jackson is at +1000. The odds that no coach will be fired during the season are +400.



# Obsequies

## Tony Curtis Mims, II

Funeral services for Tony Curtis Mims, II were held on Saturday morning, September 15, 2018, at the St. James Baptist Church.

Interment followed in the Englewood Cemetery in Slaton, Texas under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Tony, age 53 of Lubbock, Texas, passed away Saturday, September 8, 2018.

Tony was born to Curtis and Evelyn Mims on October 12, 1964 in Lubbock, Texas.

Tony graduated from Estacado High School in 1983. Tony immediately joined the United States Marines.

He was employed at The Paint Shop for years.

Tony leaves to cherish his memory; his wife, Angela



Young; one son, Tony Mims, III; two uncles, Billie Porter and Ozell Porter; two aunts, Gladys Porter and Sammie Toney; two nephews; one niece, a host of other relatives, and friends.

## Lisa Marie (Harris) Flowers

Funeral services were held for Lisa Marie (Harris) Flowers on Friday morning, September 7, 2018, at the Church of the Nations with Pastor Roy Davis as Eulogist.

Interment was held in the Smyer Cemetery under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Lisa Marie, age 51 of Lubbock, Texas, passed away Tuesday, August 28, 2018.

Lisa Marie Harris was born to the union of Ruthie Mae and Billy Mack Harris on April 21, 1967 in Lubbock, Texas.

She began her educational career in Lubbock I.S.D.

Lisa Marie leaves to cherish in her memories: her sons, Garon Flowers and Davieon Flow-



ers; 1 grandson; 1 granddaughter, A'Rya Henderson; 3 brothers Billy Harris, Jr., Todd Harris (Brandy), and Dan Harris; sister, Thomasine Wheaton; and a host of relatives and friends.

## Ralph E. Evans, Jr.

Funeral services for Ralph E. Evans, Jr. were held on Friday afternoon, September 7, 2018, at the Worship Center.

Interment followed in the Peaceful Garden Memorial Park under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Ralph, age 58 of Lubbock, Texas, passed away Thursday, August 30, 2018.

Ralph was born to Ralph, Sr. and Jane Evans on September 24, 1959.

He served in the Marine and later received an Honorable Discharge.

Ralph leaves to cherish his memory; his mother, Jane Evans; two daughters, Patricia Anzley and Marquita Shaw; one



sister, Joyce Jimison (Thomas); two brothers, Gregory Evans and Randy Perkins; a host of other relatives and friends.

## Sheila Marie Thomas

Earth, Texas -- Funeral services for Sheila Marie Thomas were held on Saturday morning, August 25, 2018, at the St. James Baptist Church.

Sheila Marie Thomas was born on December 29, 1971 in Littlefield, Texas to the parentage of Jimmy and Ollie Smith.

She attended school in Earth, Texas and moved to Lubbock her senior year where she graduated from Lubbock High School.

Over the course of her years, Sheila worked in retail management and was a companion for her elderly.

She attended Mt. Gilead Baptist Church of Lubbock, Texas.

Sheila touched the lives of many with her infectious laugh, sweet spirit, loving heart, and her infamous phrase, "I'm not going to do that one."

She leaves to cherish her legacy, her husband, Reggie Essix of Lubbock, three sons; Greg, De'Erick, and Zerick



(Zay) all of Lubbock, one daughter, Reginae, and one granddaughter Janiyah of Lubbock, and numerous step-children; her father Jimmy Smith of Almagordo, NM, her mother Ollie Dedrick of Lubbock, four brothers; Billy, Brad, and Delvin of Lubbock, and Jimmy Jr. of Amarillo, TX, two sisters; Virgie and Denita of Lubbock and host of aunts, uncles, nieces, nephews, cousins, and many, many friends.

## Louise Sheppard

Celebration of Life Service was held for Louise Sheppard on Friday morning, September 21, 2018, at the Agape Temple Church of God in Christ.

Interment followed in the City of Lubbock Cemetery under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Louise, age 76 of Lubbock, Texas, departed this life on Thursday, September 13, 2018.

She was born on December 14, 1941 to Dennis Fountain and Roberta Smith in Buffalo, Texas.

She leaves to cherish his memory; her husband, Clemmie Sheppard; seven children, Sandra Watkins, Barbara Sheppard, Brenda Harris, Patricia Mosley,



Timothy Sheppard, Gary Sheppard, and Gregory Sheppard, and grandchildren; a host of other relatives and friends.

## Curtis Lee Stovall

Funeral services were held for Curtis Lee Stovall at the Smith Temple Church with Pastor Charles Planks officiating.

Interment followed in the City of Lubbock Cemetery under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Curtis, age 71 of Lubbock, Texas, departed this life on Sunday, September 16, 2018.

He was born on May 26, 1947 to Iretha Stovall and the late Raymond Stovall in Cotton



Plant, Arkansas. He graduated from Marion Anderson High School in Brinley, Arkansas.

He served three years in the United States Army-Vietnam.

He leaves to cherish his memory; his mother, Iretha Stovall; two sons, Derek Stovall (Brenda) and Raymond Stovall (Tonya); one daughter, Mary Moore (Tim); two sisters, Nora Hutchinson (Joseph) and Dorothy Stovall; one brother, Nathaniel Stovall; 10 grandchildren; a host of other relatives and friends.

## Bill Cosby was pelted with a stale hotdog bun on his first day in prison

Yesterday, September 25, 2018, Bill Cosby began a lengthy prison sentence that will last anywhere between three to 10 years, given to him after being found guilty of three counts of aggravated indecent assault. Upon entering the Montgomery County Correctional Facility, a fellow inmate greeted Cosby with a stale hotdog bun to the face.

In a phone call to his wife Camille, Cosby recounted the hotdog incident and the other events from his initial hours in prison, according to Radar Online. Cosby, who is legally blind, said he also fell down a flight of steps because he wasn't being guided and was without his cane — which was apparently taken away by corrections officers over fears he might use it to harm himself.

Cosby reportedly told his wife to "Grab the checkbook and hire anyone and everyone" who could get him out "as soon as possible."

Following Cosby's sentence  
**Continue on Page 6**

Sign up for Yahoo Fantasy Football

In the long run, we shape our lives,  
and we shape ourselves.  
The process never ends until we die.

And the choices we make  
are ultimately our own responsibility.  
Eleanor Roosevelt

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Worship-10:15 a.m  
Evening Worship - 5:00 p. m. We Must Obey God's Will  
Wednesday: To Enter Heaven!  
Bible Class/ Devotional Matthew 7:21  
7:00p. m. How Do We Obey Him?  
Hear The Gospel - Romans 10:17  
Believe -Hebrews 11:6  
Repent of Our Sins - Acts 2:38  
Confess that Jesus is the Son Of God - Act-8:37  
Be Baptized- Mark 16:15-16  
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ALL ARE WELCOME: COME AND WORSHIP WITH US!

## Tiger Woods the butt of player prank as US Ryder Cup team lighten the mood

A couple of hours after Tiger Woods's victory in the Tour Championship on Sunday, September 16, 2018, the man of the moment arrived at Atlanta airport to meet up with his Ryder Cup team-mates. He was greeted with silence.

All kept their backs to him with no one so much as lifting a head to acknowledge his victory.

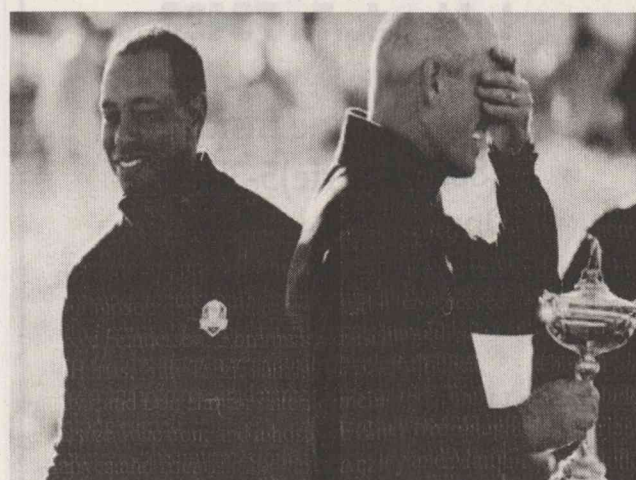
"I heard Jim [Furyk, the United States captain] wanted to talk to me," Woods smiled. "He was sitting there not saying anything. I tapped him on the shoulder. He looked at me like 'No big deal'..."

It turned out Furyk and his vice-captain Zach Johnson had organized a little prank, checking first with Woods's caddie Joe LaCava that his boss would find it amusing. As it turned out, Furyk could not keep a straight face for more than a few seconds, and the rest of the players were soon on their feet whooping and hollering.

The story gives a little insight into the mood in the American camp. Europe's success in Ryder Cups this century has often been attributed to "superior team spirit", whatever that means; a bond that somehow trumps world rankings and major titles.

While it is dangerous to stereotype, it would be fair to say the popular image of American players in recent years has been of taking themselves and their game pretty seriously. They can appear more po-faced and earnest than their counterparts.

The European players know this. They play up to it. All week they have been talking about how they have been taking the mickey out of one another. Or "leaving their egos at the door" as Rory McIlroy described it on



Wednesday, September 19th.

There was the cryotherapy chamber video prank which McIlroy and others pulled on captain Thomas Bjorn. There was the follow-up when Bjorn actually went into one and came out looking ripped.

There was the impressionist who did impersonations of each European player in a video which Bjorn played to the team on the opening night.

On Wednesday, Jon Rahm told a story about how he had fallen asleep on the physio table following his practice round on Tuesday and woke up to find he had been made the unwitting star of the team's WhatsApp group.

"After Rory drove it past me 50 yards on pretty much every hole, I was on the physio table after the round with needles in me," Rahm explained. "Because of jet lag, I was completely asleep. So Rory decided it was a perfect time to take a picture [of me] in my underwear and post it on the chat."

There is no sense that any of this is forced. It is the European way.

What has become clear, though, is that the Americans, whether by accident or design, are also getting in on the act.

Bubba Watson turned up to his press conference on Wednesday wearing a turquoise glove, which he explained was part of a series of japes the American players were carrying out. Others have been trying to get certain words into their interviews.

Rookie Justin Thomas arrived at his conference early and asked Webb Simpson who his favourite rookie was. Spieth arrived early during Watson's press conference, joking with him about his intellect.

Insiders say the US team room is a relaxed place, although what goes on inside it is a closely guarded secret. We do know that Bryson DeChambeau has been trying to take out Matt Kuchar — the acknowledged master — on the ping pong table. DeChambeau bought a bat for the occasion.

Furyk gave a typically anodyne response on Wednesday when asked about team spirit and what he was trying to create, mumbling something about his players being "fun" and "easy to work with". Behind the scenes, though, perhaps the Americans have taken a leaf out of the European playbook, with the hope that a more relaxed approach to team bonding pays off.



## Texas Historical Marker Recognizes Lubbock's First Cotton Gin



Lubbock's First Cotton Gin

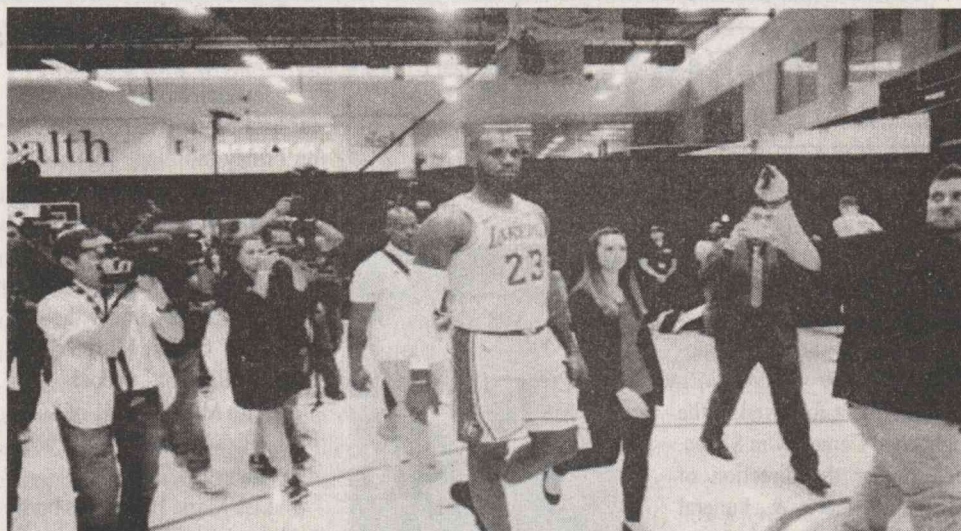
The Lubbock County Historical Commission will dedicate a Recorded Texas Historic Landmark plaque on Friday, October 5th recognizing Lubbock's First Cotton Gin, which opened in 1904. Friday's dedication and unveiling of the marker will be at 5:30 p.m. at 1719 Avenue A, near the Cavieil Museum for African American History. The

Cavieil Museum will also host an exhibit of early cotton photos and memorabilia as part of First Friday Art Trail that evening.

For almost a hundred years Lubbock has been the center of the South Plains cotton industry. The first cotton crop in Lubbock County was raised by W. P. Florence in 1901, but his harvest had to be hauled to Big Spring for ginning. Municipal leaders recognized that a cotton gin would benefit Lubbock with the increased cotton production in the area. In the end Frank Wheelock, H. V. Edsall, W. A. Carlisle, George and Kirch Carter, and W. G. Nairn were the main backers for the project, establishing the Lubbock Gin Company. Wheelock purchased the gin machinery in Dallas,

which was shipped by train to Canyon and then hauled by horse and wagon to Lubbock. Wheelock also put up a three-acre parcel of his land on what then was the southeast corner of town. The gin opened in mid-December 1904 in time to process that year's fall harvest.

The site of the first gin was substantially altered with the establishment of the Lubbock Cotton Oil Company and the Lubbock Compress Company in the 1920s, removing any physical evidence of its original location. Today the site would be approximately one to one-and-a-half blocks east of Avenue A where 17th Street would have extended. The Lubbock Gin Company operated until sometime in the 1910s; records sug-



Members of the media follow Los Angeles Lakers' LeBron James (23) during media day at the NBA basketball team's practice facility Monday, Sept. 24, 2018, in El Segundo, Calif. (AP Photo/Marcio Jose Sanchez)

## Lakers loving LeBron's leadership in 1st practice together

EL SEGUNDO, Calif. (AP) — Although the Lakers' first official practice of the LeBron James era was focused on defense and learning new terminology, they ended it with a good old-fashioned 3-point shooting contest.

The Lakers' new superstar was just another teammate during the spirited back-and-forth competition Tuesday. When James wasn't draining his own 3s, he marveled along with everybody else at the surprising perimeter prowess shown by JaVale McGee, the 7-foot veteran with exactly one 3-pointer during a game in his 10-year NBA career.

The Lakers have many weeks of work ahead to become a cohesive team assembled around James, but he can already sense they're heading down the right path. They're planning to have

plenty of fun along the way, too.

"I'm not a very patient guy, but I understand that I have to be patient right now," James said. "I've got to be patient with myself, too, because this is a new start for me. It's my first year in a new system. I know how to play the game of basketball, but this is all new to me, too. So I have to be patient with myself, not only with my teammates."

James was both upbeat and businesslike after his first workout under coach Luke Walton, who entered the NBA in the same draft class as James in 2003. The Lakers will hold double practices and a scrimmage on the first two days of camp leading toward their preseason debut in San Diego on Sunday night.

James intends to enjoy the process in his new city.

"We're here for one reason and one reason only, and that's to

someday hoist the trophy," James said. "Obviously that's the end of the road, but you have to have those types of championship habits every day, not only on the floor, but off the floor as well. ... Everyone is excited to get back to work. That's a good thing. No one is coming in today and wishing it was still summer. It's the best time of the year. Basketball season is back up, baseball season is on its way to the playoffs, and the NFL is in Week 4. So what could you ask for as a sports fan?"

James naturally becomes the center of attention on any team, and he quickly assumed a leadership role for the Lakers. He's also eager to see his veteran teammates assert themselves to help the Lakers' young returning core, whether it's Rajon Rondo instructing his fellow guards on assignments, or Lance Stephenson vocally calling out defensive instructions in half-court work.

"He's LeBron. He's one name," Rondo said. "It speaks for itself. He's been a leader and a mentor in this league for a long time, on and off the court. He has a blueprint off the court as well. So he embraces his role.

## Bill Cosby Pelted With Stale Hot Dog

Continued from Page 3  
cing, Cosby's lawyers announced their intention to appeal, likening his case to the persecution of Jesus.

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gest its machinery was relocated to Slaton "within a short time" after other competing gins opened in Lubbock. By 1931 there were 5 cotton gins within the city limits, two cotton compress warehouses and one cotton oil mill. From humble beginnings with a few farmers and one small gin, Lubbock has become a leader in the cotton industry. Lubbock's First Cotton Gin marks the first step in such an impressive development.

Sponsoring partners with Lubbock County Historical Commission include the Roots Historical Arts Council, Plains Cotton Cooperative Association, Plains Cotton Growers, the Texas Tech Southwest Collection and the Bayer Museum of Agriculture.

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You are invited to  
Mt. Vernon United Methodist Church  
2304 Cedar Avenue Lubbock, Texas  
Quinton Gibson, pastor

**October 10, 2018 -- One Day Revival at 7PM**  
Pastor Rod Shaw  
New Light -- Dallas, Texas  
will be preaching

**October 14, 2018 -- 93rd Church Anniversary at 11AM**  
Pastor Austin Fredrick  
from Fannin Street Church -- Goliad, Texas  
will be preaching

## Beyond the Rhetoric

Continued from Page 3

retail chains, etc. are Black owned? Not many and it is alarming how they "fake the funk" when it comes to Black entrepreneurship.

I would expose false construction projects reporting by evaluating the actual bonding of a project. There is no bonding company that is going to falsify bonding coverage on a project. Simply ask to see the bond certificate and verify the signature. The signor will be the true owner of the company. I would bust so many front operations by doing due diligence on that. You can also check the payroll records that are submitted to the Department of Labor (EEO-1 reports). They will tell the true story about who is being paid and what race and gender they represent.

Another way is to check online with the applicable Secretary of State about the incorporation documents of a company. It is there that the real ownership will be divulged. Sadly, I must declare that a sizeable portion of any city, state or federal minority business reports are inflated with false numbers. From New York to Los Angeles and all points in between, there is a bunch of fronting going on instead of real deal inclusion. When will the games stop? That actor, hall of famer, singer or whatever type of celebrity who claims to be a big-time entrepreneur — they bear watching!

\*\*\*\*\*  
Mr. Alford is the Co-Founder, President/CEO of the National Black Chamber of Commerce @. Website: www.nationalbcc.org Email: halford@nationalbcc.org

**[ MEDICAL HOMES ]** 806.775.2933  
healthdept.mylubbock.us

Just pick one...

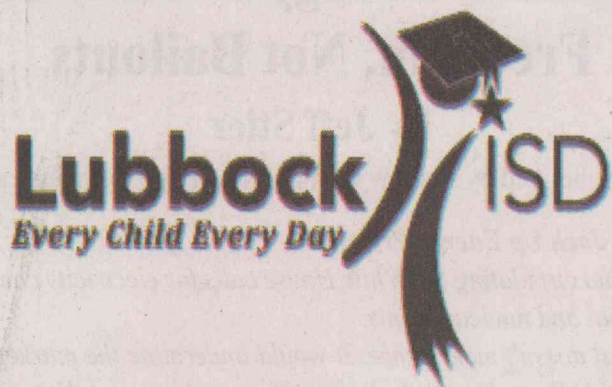
Whether it's a doctors office or a clinic. All children should regularly see one doctor for sick visits, well visits, and immunizations too.

City of Lubbock TEXAS  
HEALTH DEPARTMENT

**FAMILY PARTY HALL,**  
now leasing for all occasions and celebrations. Tables & Chairs provided, Separate Kitchen, Stage & Dance floor, restrooms.

713 FM 1585 and Hwy. 87, Lubbock, Texas.  
Call 806-543-9088 to schedule your event.





## 2018-2019 School Lunch Information

The following Lubbock ISD campuses qualify for the Community Eligibility Program, providing free lunch and breakfast for all students at no charge under the National School Lunch and School Breakfast programs.

Coronado	Matthews	Ervin	Ramirez
Estacado	JJAEP	Guadalupe	Roberts
Lubbock High	Priority Intervention	Hardwick	Rush
Monterey	Alderson	Harwell	Stewart
Atkins	Bayless	Hodges	Waters
Cavazos	Bean	Jackson	Wester
Dunbar	Bowie	McWhorter	Wheelock
Mackenzie	Brown	Maedgen	Williams
O.L Slaton	Centennial	Overton	Wolffarth
Smylie Wilson	Dupre	Parsons	Wright

For families attending campuses not included on the list above, free and reduced-priced meals are available for those meeting the federal income eligibility requirements.

To find more information about both programs, school lunch menus and other school meal information, please contact:

Lori Torres, Free and Reduced Clerk  
 Lubbock ISD/Aramark  
 2010 E. Cesar Chavez Drive  
 Lubbock, Texas 79415  
 806-219-0717  
 lori.torres2@LubbockISD.org

or visit

[www.LubbockISD.org/Meals](http://www.LubbockISD.org/Meals)



### Raspberry Yogurt with Fresh Raspberries

Yogurt, Raspberry, Low Fat or Fat-Free  
 Yogurt excellent source of protein, calcium and potassium. Some research shows that yogurt with probiotic cultures may help improve the immune system; reduce yeast infections in women; help with digestion; and reduce colon and other cancer risks.



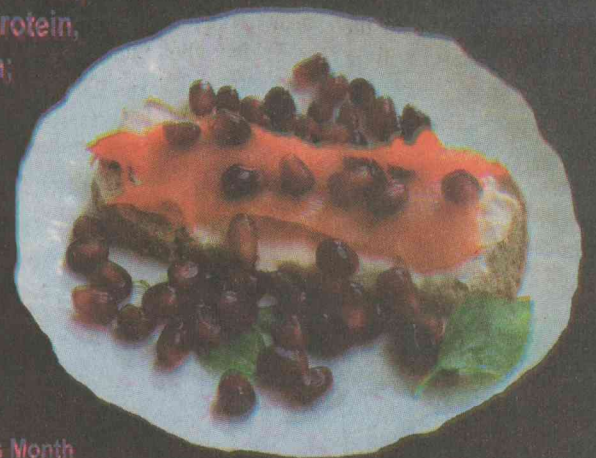
Breast Cancer Awareness Month  
 Dietitians-Online.com



### Pink Salmon with LF Cream Cheese, Pomegranate Seeds and Basil

#### Pink Salmon

A good source of omega-3 fatty acids. Rich in calcium, protein, magnesium & potassium; & contains iron, niacin, selenium, & vitamins A, B-12, C and E.



Breast Cancer Awareness Month  
 Dietitians-Online.com

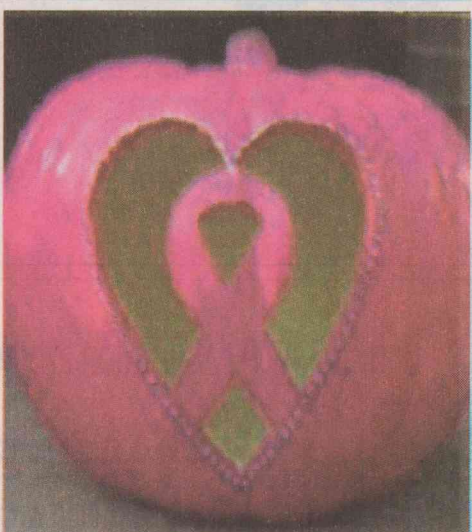
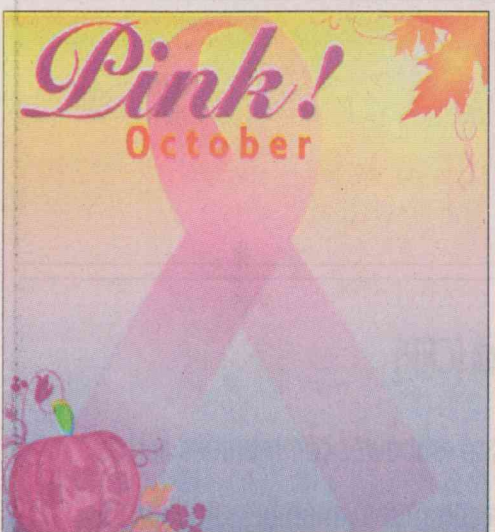


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## BETO POP-UP HEADQUARTERS TO BE HELD AT THE SOUTHWEST DIGEST OFFICE

### A Message from the Beto O'Rourke Campaign Team:

Beto is running to represent all Texans. His job is to make his case directly to Texas voters and win over support from everyone that he can.

As volunteers, we also have an important role to play: Making sure the people who support Beto get timely and accurate information about when and how to vote, and then reminding them to go to the polls during Early Voting.

There are about 5.5 million voters who we believe are very likely to vote for Beto if they vote but who might not vote unless we contact them. Ideally, we want to contact them to make sure they do.

We call this list of voters who we think support Beto but might not vote if we don't talk to them our "GOTV universe" – that just means a list of people who we want to follow up with during the GOTV phase of the campaign.

We will be using the Southwest Digest office, located at 902 E. 28th Street, to facilitate these calls to reach out to people in the community during this GOTV.

**Pop-Up Office Dates:**  
October 21 - November 06

**Operating Office Hours:**  
9:00 A.M. - 9:00 P.M.

**Beto Team Contact Person:**  
Briana Hutchinson, Field Oper.  
(More Information to Follow)



## NEW CUISINE LOCATED IN THE SOUTH PLAINS OF LUBBOCK "PICOSO'S MEXICAN KITCHEN"

Picoso's Mexican Kitchen A Rustic, Modern Mexican Restaurant, located at 7611 Milwaukee Avenue. (806-368-7789). **Now Open** 7 Days a Week! Sunday thru Thursday 11am - 10pm Friday and Saturday 11am - 11pm

From Tacos to Burritos, Fajitas to Quesadillas, from Queso to Nachos, Enchiladas to Carne Asada, from Rellenos to Fried Avacados, Chimichangas to Carne and Guisada and to top it off with fried ice cream to sopa pillas, and much much more. Folks they've got it all!

Their mission is to provide guests with an excellent dining experience so they choose to come back time and again—and spread the word about thier wonderful food, staff and atmosphere!

*When you eat at Picoso's, we aim to exemplify our core values of integrity, excellence, stewardship, hospitality and growth.*

**A MUST TRY.....**Go by and see them, you'll be glad you did!!!! *SWD Review*

**PICOSO'S**  
mexican kitchen

7611 MILWAUKEE AVENUE

HOURS  
SUNDAY - THURSDAY 11AM TO 10PM  
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SATURDAY - 11AM TO 11PM

Use our convenient pick up window for carry-out orders!

806.368.7789

picososmexicankitchen.com

## American Energy Is Fueled By Freedom, Not Bailouts

By Jeff Stier

Article Submitted by Andrew Grafton, Keybridge Communications

### Trump's Plan to Jack Up Energy Prices:

*A leaked memo circulating the White House calls for electricity consumers to bail out struggling coal and nuclear plants.*

*This proposal doesn't make sense. It would undermine the market-driven forces that have boosted U.S. energy production and lowered energy bills over recent years. Americans would have to give coal and nuclear nearly \$17 billion annually -- while suffering substantial job losses.*

*Below, taxpayer advocate Jeff Stier explains why government interference that picks winners and losers would destroy America's diverse energy market and jack up prices for consumers.*

A leaked memo circulating in the White House calls for electricity consumers to bail out struggling coal and nuclear plants by mandating that a portion of energy be purchased from certain failing suppliers.

This proposal doesn't make sense. Following through would undermine the market-driven forces that have boosted U.S. energy production, saved money for consumers, and helped the environment.

Since President Trump took office, the U.S. Department of Energy has supported an "all-of-the-above" approach to domestic energy production.

This is a smart strategy. It promotes economic growth by ensuring that demand is driven by consumers -- not political trends. The administration's expressed intention has been to resist the temptation to "discriminate against any of our fuels," as energy secretary Rick Perry has explained.

Or so we thought. There are two possible explanations.

Perhaps the administration is all-too-willing to misuse government power to enrich political allies. Trump has asked for a plan to subsidize coal and nuclear plants that have currently become economically uncompetitive.

Or maybe the administration's error is rooted in a basic misunderstanding of energy economics.

Coal and nuclear, as much as they've been maligned, aren't in need of protection. Rather the very market-forces the Trump administration seeks to sacrifice here, are becoming endangered.

According to the Brattle Group, a research firm, the White House proposal would force electricity consumers to give coal and nuclear companies nearly \$17 billion annually.

To defend this plan, some Trump officials cite national security. Rapid depletion of coal and nuclear is "impacting the resilience of our power grid," White House press secretary Sarah Sanders recently claimed.

But other Trump officials flatly reject such defenses. Indeed, an official responsible for overseeing the electric grid has said, "there is no immediate calamity or threat of the ongoing ability of the bulk power system to operate and serve needs."

Since Trump took office, at least 25 coal plants have shut down, edged out by cheaper and environmentally sound alternatives like natural gas. Such is the reality of a market-based economy. Eventually, uncompetitive companies -- and even uncompetitive industries -- go out of business.

The United States has plenty of resources available to ensure a secure power grid. There's no need to keep failing coal and nuclear plants on-line.

In the case of coal, there's an environmental cost as well. Overall U.S. carbon emissions have declined nearly 20 percent since 2005 thanks largely to the replacement of dirty coal-fired plants with clean-burning natural gas plants.

Coal, the most carbon-intensive form of power, is responsible for 67 percent of carbon emissions even though it accounts for only 32% of electrical generation. One study suggests that the added air pollution caused by a coal bailout would cause 353 to 815 premature deaths over two years.

Government favoritism would also raise consumer electricity bills. Over the past decade, as hundreds of coal plants shut down, electricity prices have fallen, thanks in large part to a revolution in shale gas and renewable energy.

A real "all-of-the-above" energy strategy would lower prices for electricity by letting the market decide the most efficient way to generate it. Such an approach has served the country well since its founding.

America's diverse energy resources have evolved, innovated, and grown thanks to market principles. Government interference that picks winners and losers would destroy it.

Jeff Stier is a Senior Fellow at the Taxpayers Protection Alliance. This piece originally ran in the Detroit News.

### Community Revitalization Project (CRP)

CRP is an initiative of Legal Aid of NorthWest Texas that aims to empower communities across North and West Texas to make positive changes. Working with community members and groups, CRP helps people address systemic issues in their neighborhoods with legal remedies. We help communities go from surviving to thriving.



#### Focus areas:

Affordable Fair Housing  
Environmental Justice  
Community Development

#### Services:

Free civil legal help  
Clinics and workshops  
Research and investigation  
Transactional assistance

#### Contact Info:

1001 Main St., Ste. 502  
Lubbock, Texas 79401  
806-763-4557  
ouallinem@lanwt.org  
batesm@lanwt.org