

Air Force Assistance Fund under way at Reese

The 23rd annual Air Force Assistance Fund campaign began Monday and runs through March 29. "Commitment to Caring" is the campaign's permanent theme.

According to Capt. Jim West, Reese AFAF project officer, the goal for this year's campaign is \$9,981.

AFAF raises money for four

charitable organizations benefiting active-duty, Reserve, Guard and retired Air Force people and their families, including surviving spouses and their families.

The organizations are:

□ **The Air Force Aid Society.** The official charity of the Air Force, this program helps eligible active-duty and

retired Air Force members with financial emergencies. Air National Guard and Air Force Reserve members on active duty may also receive assistance.

Assistance is provided through grants or interest-free loans for such things as food, rent, utilities and other essential goods and services. The

society also sponsors an education grant program, and a spouse tuition assistance program overseas.

□ **The Air Force Enlisted Men's Widows and Dependents Home Foundation Inc.** The home is located in Fort Walton Beach near Eglin AFB, Fla. The home foundation provides indigent

widows of retired enlisted people with housing facilities and related services.

Those eligible are widows and widowers, 55 and older, whose spouses were retired enlisted persons from the regular Air Force, Air National Guard or Air Force Reserve. The home foundation also cares

(Continued on Page 3)

ROUND UP

"Air Force people building the world's most respected air and space force ... global power and reach for America"

Vol. 48, No. 8

March 1, 1996

Reese AFB, Texas

Air Force to restore VHA rate

Most Reese people who saw drop in the Mid-February variable Housing Allowance will have the 1995 VHA rate restored because of a provision in the recently passed 1996 Defense Authorization Act.

According to Air Force finance officials, the legislation included a provision for VHA rate protection. Basically, Reese people who were drawing VHA prior to Jan. 1, 1996, are entitled to the 1995 VHA rate. The provision is retroactive to Jan. 1, 1996.

"VHA rate protection has been approved," said an Air Force finance official. "What we don't know yet is when it will appear in pay checks."

Until VHA rate protection is implemented, Air Force people will continue to draw VHA at the 1996 rate, a drop for most at Reese. Reese finance officials will publicize the implementation date as soon as it is provided by Air Force officials.

"The important issue," said Staff Sgt. Teresa Cooper, NCOIC of Reese Military Travel and Pay, "is that the 1995 VHA rate will be restored for most people here and that they will get the back pay to Jan. 1, 1996. We understand the frustration over the temporary changes in VHA payments and we will do every-

(Continued on Page 3)



Col. Edward De Iulio, 64th Support Group commander, presents command of the 64th Civil Engineer Squadron to Maj. James Sohan here Thursday. Also participating in the ceremony are, far left, Master Sgt. Harry Washington and, far right, Maj. Leonard Fischman.

Major Sohan assumes command of 64th CES

Maj. James Sohan became the 64th Civil Engineer Squadron commander during a change of command ceremony at the Reese Fire Department Thursday.

Sohan succeeded Maj. Leonard Fischman, who will join the Air Force Inspector General team at Kirtland Air Force Base, N.M..

Col. Edward De Iulio, 64th Support Group commander, presided at the change of command ceremony.

In addition to Sohan assuming command of the 64th CES, the squadron also welcomed a new first sergeant. Master Sgt. Harry Washington, formerly the first sergeant for the 64th Mission Support Squadron, replaced Master Sgt. Rick Miller, who has been reassigned to Dyess AFB, Texas.

Sohan has been at Reese since assuming

duty as the chief of the operations flight in June 1995. The operations flight was recently named best in AETC. He came to Reese from Randolph AFB, Texas, where he served as the chief of civil engineering on the Air Education and Training Command Inspector General team and later as the executive officer for the AETC Civil Engineer.

A graduate of the University of Illinois, he received his Air Force commission through Officer Training School. During his career he has served at Chanute AFB, Ill.; Randolph; and Yokota AB, Japan.

Fischman commanded the 64th CES for two years. During that period the squadron received several command and Air Force awards, especially in the areas of environmental planning and restoration.

Inside

□ **Commander cites importance of AFAF campaign.** Page 2.

□ **Reese plans special events for National Nutrition Month.** Page 2

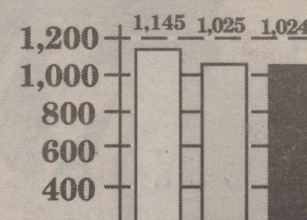
□ **Senior enlisted woman retires.** Page 3

□ **64th AMDS trains, treats fliers.** Page 8.

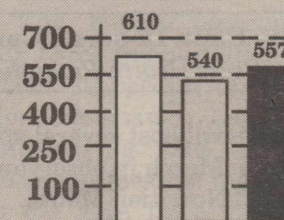
□ **Reese cager selected for AF camp.** Page 11

Mission

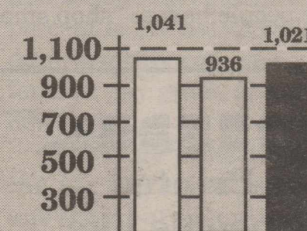
T-37 sorties



T-38 sorties



T-1A flying hours



Legend:
 □ Required for February
 □ Required as of Tuesday
 ■ Flown as of Tuesday

Air Force Assistance Fund

Annual fund drive shows 'commitment to caring'

by Col. Randy Gelwix
64th FTW commander

This week we have the opportunity to continue our tradition of helping each other ... not only at Reese, but throughout our extended Air Force family.

The annual Air Force Assistance Fund drive began Monday. Some of you may have already been contacted by unit keyworkers. Those who have not, should be contacted in the next few days. I urge each of you to listen carefully to what the keyworkers have to

say about the AFAF and to read the literature they provide.

The AFAF supports four programs: the Air Force Aid Society, the Air Force Village Foundation, the Air Force Enlisted Men's Widows and Dependents Home Foundation and the General and Mrs. Curtis E. LeMay Foundation.

Each of these organizations provides needed support to our Air Force family, and in doing so, they contribute directly to the Air Force mission.

Our wing goal is \$9,981, but I know Reese's "commitment to caring" will far exceed that figure. For the past two

years the wing has surpassed the base goal by an average of 150 percent — contributing nearly \$17,600 in 1994 and more than \$15,300 in 1995. During that same time period, Reese people have received more than \$50,000 in assistance from the Air Force Aid Society alone.

Contributions can be made by payroll deduction, cash or check. Contributions may be made to the general fund or to specific AFAF beneficiaries.

The AFAF provides us an opportunity to help others and ourselves. I encourage you to participate in this special program of caring.



Col. Randy Gelwix

64th MDG schedules informative activities in observance of National Nutrition Month



Josie Campos, Reese Commissary, points out the nutritional information displayed above all produce items at the commissary. All packaged foods also have nutritional information printed on the product package.

by Capt. Deborah Carlton
Reese Health Promotions

Reese will host several special events in March in observance of National Nutrition Month.

Among these will be a healthy shopping tour and special cooking classes.

The 64th Medical Group Nutritional Medicine Office will be offering a commissary shopping tour that will show people how to "shop smart."

The tour will be March 14 at 9 a.m. in the base commissary. Call 3860 to register.

In addition, the office will sponsor two, "Cooking with the Colonels," low-fat cooking demonstrations. These will be held March 27 at 4:30 p.m. and March 28 at 11:30 a.m. Both classes will be held at the Reese Chapel.

One class will feature Col. Monica Figun, 64th MDG commander. She will dish up a healthy baked-chicken

recipe. The other will be conducted by Lt. Col. (Dr.) Miguel Ramirez-Colon, 64th Aerospace Medicine Squadron commander. Prizes such as cutting boards, measuring cups and water bottles will be given away during the classes. Contact the dietitian or diet therapy specialist at 3860 for more information or to sign up for these classes.

National Nutrition Month offers us the opportunity to focus attention on several key health issues. Recent reports reveal that over 300,000 deaths per year are related to diet and inactivity. We're looking for an easy answer to the question ... "What should I eat to stay healthy?" While there aren't always easy answers, we do have a simplified tool to help us make wise choices — the Food Guide Pyramid.

The five major food groups are listed on the Food Guide Pyramid. Each of these food groups provides some, but not all, of the nutrients you need daily.

The pyramid covers three essentials of a healthy diet: proportion, moderation, and variety.

□ Proportion is the relative amount of food to choose from each major food group. Major emphasis is on the food group that makes up the base of the pyramid, the grain and

grain products group. This means a larger number of servings in our daily diet should come from this group. Coming up the pyramid, the next largest groups are the fruit and vegetable group. The milk/milk products group and the meat and meat alternates group should make up less of our daily intake.

The group at the peak of the pyramid, the fats, oils, and sweets, should make up the smallest proportion of our diet.

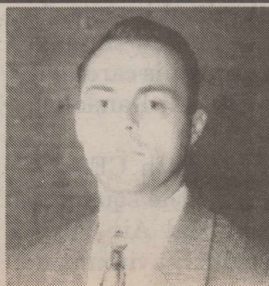
□ Moderation means not overeating foods from any one group, or not overeating any one particular food. Follow the recommended number of servings, and the recommended serving size from each of the groups.

□ Variety means eating different foods from within the food groups. Each food, though it may be in the same food group, may provide different nutrients, all of which our bodies need. It is important that you consume foods from all the food groups, because each of the food groups provides different nutrients you need every day.

Center your diet around the foods at the lower half of the pyramid. Adults and children over two-years-old should eat nonfat or lower fat versions of foods when possible.

ROUNDUP
Printed
for people like ...

John Dutkowsky
64th Security Police Squadron



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Roundup's content is edited, prepared and provided by the Public Affairs Office of Reese Air Force Base, Texas. The editorial staff reserves the right to edit submissions based on Associated Press journalistic style and space requirements. Deadline for short notices is noon Monday the desired week of publication; full articles are due by close of business the preceding Friday.

All photos are U.S. Air Force photos unless noted.

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Women's History Month

Senior AF enlisted woman reflects on career

by Staff Sgt. Toni Governor
AETC News Service

RANDOLPH AIR FORCE BASE, Texas — In her more than 30 years of service, the senior ranking enlisted woman in the Air Force has seen many changes and met a lot of people along the way. But, as she says, "All good things must come to an end."

Chief Master Sgt. Patricia M. Hoffman retired Jan. 26 during a ceremony at the Washington Circle here. Air Force Vice Chief of Staff Gen. Thomas S. Moorman Jr. attended.

The chief of the Information Management Branch, Directorate of Personnel, Headquarters Air Education and Training Command, enlisted in the Air Force March 17,

1966, to be on her own. "This was during a time when women had to go through a screening process, so to speak, just to enter the military," said Hoffman, who boasts more than 10 years as a chief master sergeant. "You had to be 21 years old to enter without your parents' permission, have no family (i.e. husband or children), go through several interviews and submit a photo. It was tougher to get in then, but easy to get out — all you had to do was get married."

The Vietnam conflict was also at its height. "I was stationed at Stewart Air Force Base, N.Y. By law, women, except for the Nurse Corps, weren't allowed to be anywhere near the fighting. We were making progress in getting closer to the action by working staff positions over there.

There weren't many opportunities for women to support the campaigns then."

After serving through two wars and several campaigns, the Birdsboro, Pa., native has seen a definite turn in women's roles during conflicts and the jobs available to them. "The first time I remember women having an active role on the front line was during Desert Storm. The first woman prisoner of war occurred during that conflict. That alone illustrates the great change in women combat roles.

"When I came in, there weren't many jobs open to us — a limited number of career fields. I visited Lackland (AFB, Texas) when I returned for my last tour here, and was astonished at the career fields the female recruits were going into," she said.

The chief's career in administration, now called information management, has taken her all around the world and provided her opportunities to meet people from all walks of life. Her assignments include bases in New York, Washington, Germany, Texas, Guam, Massachusetts and Colorado.

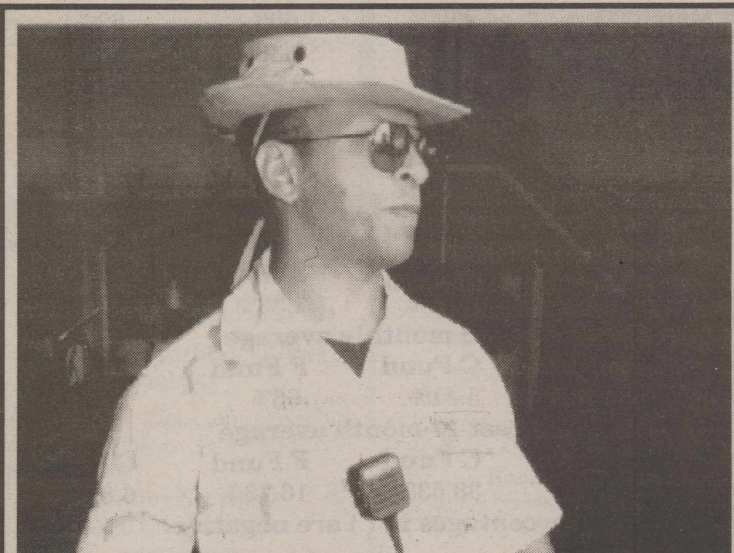
"It's really hard to choose a favorite assignment, because at each of them something special happened. Ramstein (AB, Germany) is special because that's where I made chief," she said. "At Space Command I worked for General Moorman and at the U.S. Air Force Academy I served as the first female sergeant major for academy cadets."

While serving as the Air Force receptionist for then Secretary of Defense Robert S. McNamara, she met several

folks who made history. "A lot of great people came through that office — (including) former Presidents Lyndon Johnson and Richard Nixon," the chief said. "I also worked with former CMSAF Bob Gaylor while stationed in Germany."

The chief said she feels she's had a successful career, and her only regret is not becoming a senior enlisted advisor. "It was something I always wanted to do, but it wasn't available at the right time."

The married mother of two said her final message to the men and women of the Air Force "is to be the best in whatever you do, work together as a team, enjoy your career, and never give up your integrity. Integrity is number one with me. If you don't have integrity, how can you be honest with people?"



Keeping watch

Master Sgt. Ronald Rucker, 64th Security Police Squadron, is pictured during his deployment to Southwest Asia as part of Operation Southern Watch. Rucker is on temporary duty with the 4402nd Reconnaissance Squadron.

AFAF drive begins here

(Continued from Page 1)
for retired Air Force enlisted members, 62 and older, and their spouses.

□ **The Air Force Village Indigent Widow's Fund.** The village, located in San Antonio, is a life-care community for retired officers, spouses, widows and family members. The fund contributes to the support of indigent widows.

□ **The Gen. and Mrs.**

Curtis E. LeMay Foundation. This foundation was established in 1990 to provide direct support to indigent officers' widows in need of financial assistance.

"Donations to the AFAF campaign can be made through cash or check contributions or payroll deduction," said West.

The Air Force-wide campaign netted \$4.2 million last year, including nearly \$17,600 from Reese.

Finance explains drop in local VHA

(Continued from Page 1)
thing we can do to get the word out about when the restored rates will appear in pay checks."

Under the VHA rate protection provision, Reese people who were drawing VHA in 1995 and whose housing costs have remained the same or have risen, will be paid at the higher 1995 rate.

Those who arrived at Reese after Jan. 1, 1996, or have had a change in residence that lowered their housing costs, will receive the 1996 VHA rate.

Because of the delay in DOD budget process, most Reese people saw their VHA rate drop last month. This was basically a result of the 5.4 percent increase in basic allowance for quarters.

"In a normal year," said Cooper, "we would have only one adjustment to the VHA. Because of the delay in the Department of Defense budget process, we received part of the BAQ increase in January and the rest in March. That caused two adjustments to the VHA and added to the confusion for military members. It also prevented simultaneous implementation of VHA rate protection."

"Under the VHA rate pro-

tection provision," said Cooper. "Increases in BAQ will not affect the existing VHA payment. However, new arrivals will receive VHA based upon the normal VHA computation of local and national medians."

Cooper explained that the local and national medians are established by an annual housing survey. The new 1996 VHA rate is based on the survey conducted in 1995. In this survey, everyone drawing BAQ is given the opportunity to report what they actually spend for monthly rent, utilities, maintenance and renter's property insurance. That data is used to determine the average housing costs for each pay grade.

"BAQ and VHA are designed to offset 80 percent of the national median cost for housing for each specific pay grade," said Cooper. "Everything is based on the national median costs."

Cooper offered the following example: The 1996 national median cost of housing for an E-5 with dependents is \$744. An E-5 in Lubbock draws \$448.50 in BAQ and \$60.21 in VHA. An E-5 at Tyndall Air Force Base (Panama City), Fla., draws the same BAQ but

gets \$106.04 in VHA. The difference in VHA is the difference between average housing costs in the local area and the national median for that grade.

"The premise behind VHA is to ensure that military members are not penalized financially for being assigned at specific locations," said Cooper. "By computing VHA against a national median, everyone in the same pay grade bears the same proportionate burden for their housing costs."

That burden, according to Air Force finance officials, is about 20 percent of the national median. Legislation authorizing VHA (37 USC 403a) specifies that the amount of the VHA for a given pay grade and dependency status in a specific geographic location is the difference between the local median monthly cost of housing for that pay grade and dependency status and 80 percent of the nationwide median monthly cost of housing for that pay grade and dependency status.

"VHA rate protection gives the Air Force another tool to ensure that people aren't tasked with an unfair share of the personal financial responsibility for their housing costs," said Cooper.



Col. William Reynolds, Air Education and Training Command Inspector General, presents Master Sgt. Marsha Ptomey with her Air Force retirement certificate.

Master Sgt. Ptomey retires

Master Sgt. Marsha Ptomey, Staff Judge Advocate of office, retired from military service here Feb. 23.

Ptomey, who was highly recognized throughout her 21-year career, was selected in 1992 as one of the 12 Outstanding Airmen of the Year in Air Force Logistics Command and was the Kelly Air Force Base, Texas, NCO of the Year in 1990. She was the Outstanding Paralegal in the Air Force in 1987.

She has served at Luke AFB, Ariz.; Misawa AB, Japan; Randolph AFB, Texas; Torrejon AB, Spain; Kelly; and Reese. She arrived at Reese in 1992.

She is married to Chief Master Sgt. David Ptomey, 64th Flying Training Wing senior enlisted advisor.

CPO outlines fund performance

(Editor's note: The following information is provided by the Reese Civilian Personnel Office to help federal civilian employees better understand the Thrift Savings Program and the differences, including performance, of the investment funds. The data is based on information from the Federal Retirement Thrift Investment Board.)

The C Fund is invested in the Barclays Equity Index Fund which tracks the S&P 500 stock index. The F Fund is invested in the Barclays U.S. Debt Index Fund which tracks the Lehman Brothers Aggregate bond index. The G Fund is invested in special issues of U.S. Treasury securities.

The monthly C, F, and G Fund returns represent net earnings for the month, after deduction of accrued administrative expenses. The C and F Fund returns also reflect the deduction of trading costs and accrued investment management fees.

The C, F, and G Fund monthly returns are dollar-weighted: they reflect net earnings on the changing balances invested during the month. The C, F, and G Fund returns for the last twelve months assume, except for the crediting of earnings, unchanging balances (time-weighting) from month to month and assume earnings are compounded on a monthly basis.

The C and F Fund returns vary from the Barclays returns because of C and F Fund expenses and changing balances

in the C and F Funds. The Barclays returns are time-weighted: they assume constant dollar balances invested during each month and throughout the period.

Future performance of the three funds will vary and may be significantly different from the returns shown above. See the "Summary of the Thrift Savings Plan" for detailed information about the funds and their investment risks.

Courtesy of the Federal Retirement Thrift Investment Board

C, F and G Fund performances

Annual averages (1991-1995)			
Year	C Fund	F Fund	G Fund
1991	30.77%	15.75%	8.15%
1992	7.70%	7.20%	7.23%
1993	10.13%	9.52%	6.14%
1994	1.33%	(2.96%)	7.22%
1995	37.41%	18.31%	7.03%
1995 monthly averages			
Month	C Fund	F Fund	G Fund
February	3.87%	2.38%	.59%
March	2.94%	.60%	.62%
April	2.94%	1.38%	.60%
May	3.98%	3.84%	.61%
June	2.31%	.71%	.53%
July	3.30%	(.23%)	.55%
August	.26%	1.21%	.56%
September	4.19%	.95%	.53%
October	(.36%)	1.28%	.54%
November	4.38%	1.49%	.51%
December	1.92%	1.39%	.50%
1996 monthly average			
Month	C Fund	F Fund	G Fund
January	3.41%	.66%	.49%
Last 12-month average			
Months	C Fund	F Fund	G Fund
Feb. to Jan.	38.53%	16.78%	6.83%

Percentages in () are negative.

Air Force receives more major slots

WASHINGTON (AFNS) — The Air Force's request for temporary grade relief became law when the president signed the fiscal year 1996 National Defense Authorization Act in February.

Temporary grade relief will help majors pin on sooner and result in nearly 1,100 more major slots in 1996 and 1997, said Air Force officials.

The Defense Officer Personnel Management Act, or DOPMA, established guidelines for when people should pin on rank. For majors, the date is between nine and 11 years of service. However, over the past few years, the time it took to be promoted to major was sometimes more than 12 years, officials said.

With grade relief, captains

can be promoted to major by 11 years of service as early as 1997.

"This means accelerating the promotion of captains selected by the June 1995 major's promotion selection board by six months," the spokesman said.

Captains selected by the March 1996 board also will be promoted earlier.

Reese Elementary School lists outstanding students

FIRST GRADE: *Alexie Allen, Eli Bishop, *Caitlin Bond, Kevin Brothers, Paul Buehene, Jared Bullard, *Courtney Charter, Bradly Cooper, Kathryn Correro, *Ben Cowen, Kasey Dodson, *Jason Dukes, *Nya Dukowsky, *Brittany Edwards, *Daniel Gallagher, Meagen Garza, *David Gast, Angelisa Gonzalez, *Stephanie Guerrero, *Todd Harper, *Megan Helmstetler, Mario Hernandez, *Cintrena Johnston, Kory Kidd, *Daniel Kimsey, *Ashston Lowe, Carlos Maldonado, *Amy Morcom, *Meghan O'Rourke, *Amanda Penn, *Ryan Perry, *Abby Portwood, *Erin Reed, Monica Rocha, Nick Rosello, *Katy Sanders, *Joe Schmidt, *Melissa Sevier, *Brittany Shipton, *Casey Stuebing, Kevin Summers, Tara Taylor and *Nicole White

SECOND GRADE: *Timothy Adame, Theresa Armond, Mikeal Boswell, *Ivy Brown, *Brittany Buehne, Ashley Caballero, Anthony Calderon, Edward Carter, *Emily Catahay, Lauren Chaplar, *Emily Cruz, *Christopher Diaz, *Heidi Edwards, Jennifer Flowers, Annette Fonseca, Jennifer Guthrie,

Daniel Guthrie, Apryl Haddad, Eric Hamblin, Caleb Hicks, *Joseph Hinojoza, *Jaclyn Holden, Andrew Hopkinson, *Sara Jones, Lindsey Koranda, *Kelly Lathey, *Amanda Littlefield, Brian Luna, Ray Magallan, Lindsay McCoy, Cody Neighbors, *Katie O'Rourke, *Javier Olguin, *Brandon Opaitz, *Wayne Owen, Justin Perdue, *Crystal Perez, Frances Popoca, *Corey Price, William Robinson, Dustin Rogers, Dawnisa Schwartz, Shyann Stephens, Stormie Taylor, Roxanne Trevino and *Felix Vega

THIRD GRADE: *Macey Allen, A.J. Bagwell, Kasha Bairrington, Alex Bush, Esteban Caballero, *Ashley Calderon, *L.J. Catahay, *John Cerda, Kenneth Dahm, *Morgan DeRouen, Danny Farmer, Ashley Farrar, *Vicky Fife, Kate Gallagher, *Mario Gamez, *Kristina Gonzales, Erin Graham, *Ashley Gravelle, Scott Guthrie, Hope Hernandez, Dannielle Holder, *Alex Jones, *Ashley Jones, *Bethany Karban, *Amber Keesee, Kayla Keesee, *Stephanie Loftis, *Kathryn Martin, Jessica McCrary, Marcus Mead, *Allyse Muttel, Megan Morris, Joshua Parnell,

Ericka Pimlott, Rebecca Reinhard, *Adrienne Rivera, Megan Rodriguez, Joshua Schwartz, *Matt Snowden, *Drew Surprenant, *Gary Taylor, Perscilla Thomas, Rachael Waguespack, Matt Williams, Kyla Zanchettin and Stephanie Zapata

FOURTH GRADE: *Juliann Alter, *Courtney Allen, Patricia Arriaga, Tanner Arthur, *Anthony Banda, Chris Bankston, Timothy Bramlett, *Sarah Bryson, *Amanda Buehne, *Rachel Clay, *Michelle Coale, *Bryan Dilbeck, James Gast, Jennifer Harper, *Brandon Hendrix, *Michelle Jacobs, Ashley Jones, Amber Lathey, *Rebecca Littlefield, Rolly Magallan, *Craig Martin, Jonathan Meier, Ryan Melton, *Stephanie Mesquias, Natalie Olguin, Josh Perez, Randy Portwood, Margaret Reinhard, *Gregory Rodriguez, Jaime Rodriguez, *Aly Sanders, *Justin Sevier, Jacob Shemelia, Billy Shipton, Matthew Steubing, *Daniel Thompson, *Holly Tingley, Ricky Trevino and Bobby Verica

(Editors note: * indicates on "A" Honor Roll all others are "A-B" Honor Roll)

WHAT'S HAPPENING

Friday, March 1 and Saturday, March 2, 8 p.m. — Texas Tech Jazz Band Festival will be presented. The Friday concert in Hemmle Recital Hall will be free. The Saturday performance in the Allen Theatre is \$6, with all tickets being sold at the door.



Tuesday, March 5, 8 p.m. — Dr. Jean Kilbourne will present a lecture and slide show, "The Naked Truth," a program that will make you change your view of advertising. The presentation explores images used by advertisers and exposes how ads can effect all people. Tickets are \$6. The event will be held

in the University Center Allen Theater on the Texas Tech campus. Kilbourne was recently featured in the New York Times Magazine as one of three most popular speakers on college campuses today.

Friday, March 8, 8 p.m. — Take Back The Night March/Walk will begin at 6:30 at the Broadway Church of Christ parking lot at 1924 Broadway and will continue to the University Center Courtyard on the Texas Tech campus, where music and speeches will follow. The event is being held to raise awareness of domestic violence against women and men

Friday, March 8, 8 p.m. — Bela Fleck and the Flecktones. University Center Allen Theatre on the Texas Tech campus. Tickets are \$16, \$8 for Tech students. For more information call 742-3621.

Hodges Community Center, 41st & University, 767-3706 offers classes for children and adults including crafts, music, jazzercise/exercise, dance, etc. Call for a complete schedule.

"What's Happening" is brought to you as a service to our readers by Chandelle Publications, publisher of the Reese Air Force Base Newspaper, 5760 40th St., Lubbock, TX 79407

Come Join A Church Or Synagogue Of Your Choice

*In belief there is power;
our eyes are opened;
our opportunities
become plain;
our visions
become realities.*

FIRST BAPTIST CHURCH

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Pastor:
Mark
McMillian

866-4260

"Knowing Him and Making Him Known"

SUNDAYS:
Sunday School 9:30 a.m.
Worship 8:15 a.m.
10:45 a.m.
6:30 p.m.

Men's Bible Study 5:30 p.m.
Women's Bible Study
Youth & Children's Activities

WEDNESDAYS:
Fellowship Meal 6:00 p.m.
Adult Bible Study 7:00 p.m.
Youth & Children's Activities

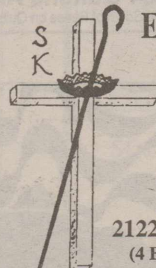
HURLWOOD BAPTIST CHURCH

Military Families's Home Away
From Home

Sunday School 9:45 a.m.
Worship 11:00 a.m.
Evening Service 6:00 p.m.
Wed. Bible Study 7:00 p.m.

Nursery Available During All Sessions
9417 W. 4th St.
(across from Reese Base Housing)
Pastor: Billy C. Collins
885-4862

Shepherd King Lutheran Church



ELCA
• Sunday School All Ages
• VBS
SS 9:00 am
• Worship 10:30 am
Choir & Wed. Evening
Nursery Available
Mel Swoyer - Pastor
2122 - 18th St • 762-5080
(4 Blks. East of TexasTech)

Gloria Dei Lutheran Church

(ELCA)
1706 Slide Road
8:30 & 10:30 Worship
Sunday School at 9:15 Sept.-May
Nursery Available
Robert Bardy, Pastor
795-2283

A Religious Alternative

First Unitarian Universalist Church

2801 42nd, Lubbock 79413
799-1617
A loving community affirming a free and responsible exploration of truth and meaning.
• Sunday Services •
10:00 Classes/Forum
11:00 Worship

First United Methodist Church

Cliff Wright Jr.
Senior Pastor

Sunday Worship
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KFYO-Radio, AM 790 at 11:00 a.m.
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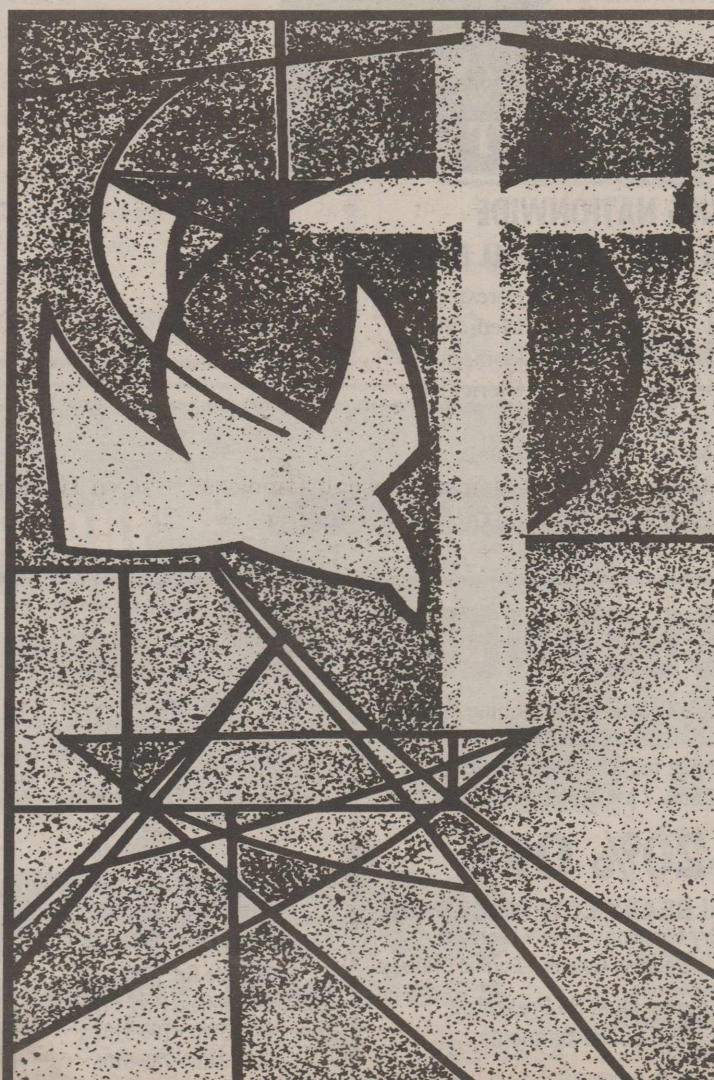
BILL COUCH, Pastor
Worship 9:15 and 10:30
Sunday School 9:15 and 10:30

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- 7020 Quaker • 792-1116
- 8102 University • 745-0947
- 3806 50th • 799-0309
- 3331 70th • 792-9948
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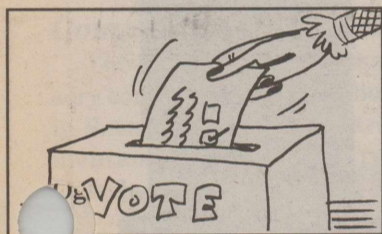
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and Review

to do in Lubbock this weekend



The following list of famous American lawyers who never went to law school might surprise you. On the list are Patrick Henry, Daniel Webster, Abraham Lincoln, Stephen Douglas and J. Strom Thurmond. Clarence Darrow attended one year but dropped out preferring to study on his own.



The first five countries to extend the vote to women were New Zealand in 1893, Australia in 1902, Finland in 1906, Norway in 1913 and Denmark in 1915. Great Britain gave women the vote in 1919 and the U.S. allowed women to vote in provincial elections in 1920.

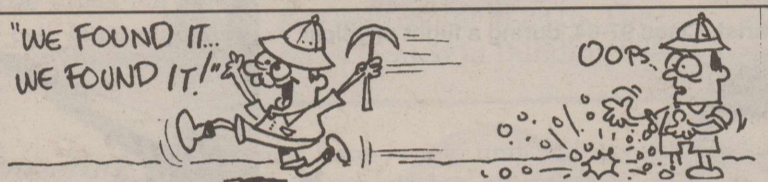
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MR. WRONG - 1205 230 500 745 1020 [PG13]
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Lt. Col. (Dr.) Miguel Ramirez checks the eardrum of 1st Lt. Jason Christ, Class 97-04, during a flight physical.

64th AMDS

Keeping pilots airborne with care and training

Story by Master Sgt. James Koranda

64th Aerospace Medicine Squadron

The 64th Aerospace Medicine Squadron supports the operational Air Force by enhancing the health of its people, ensuring a fit force, preventing disease and injury, protecting the environment and anticipating medical contingencies.

The 64th AMDS is comprised of seven flights providing a comprehensive preventive medicine program.

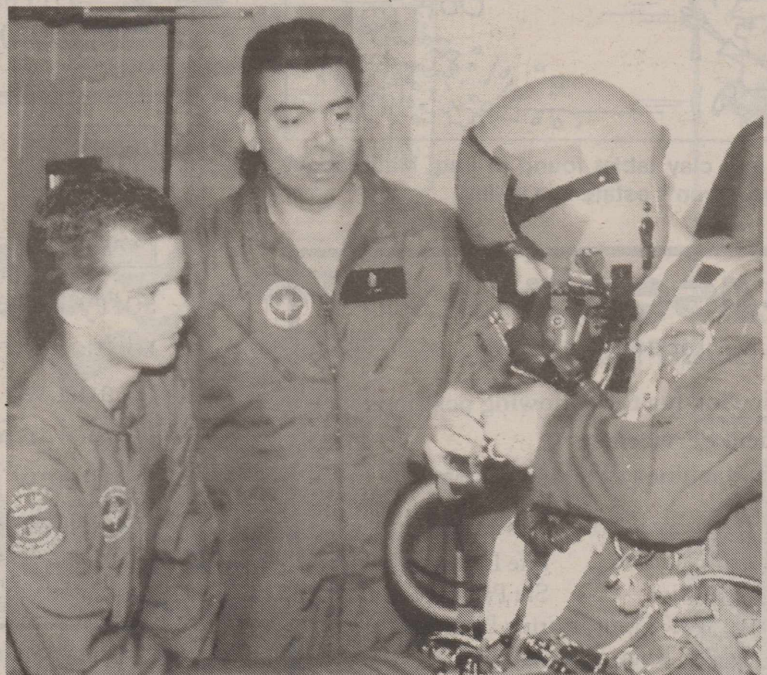
Flight medicine provides medical care to flight personnel and their families. It also conducts flying and non-flying physicals and evaluations.

The aerospace physiology/physiological training flight provides aerospace physiology and human performance enhancement training. The flight is also responsible for teaching egress training to Joint Specialized Undergraduate Pilot Training classes.

The readiness flight prepares the 64th Medical Group for real world deployments and peacetime disasters. It also responds to natural disasters and incidents involving aircraft or air crews.

The optometry flight maintains visual health care, emergency ocular treatment and provides maximal acuity for the Reese community.

The health promotion flight provides programs to encourage people to follow healthy lifestyles and avoid harmful



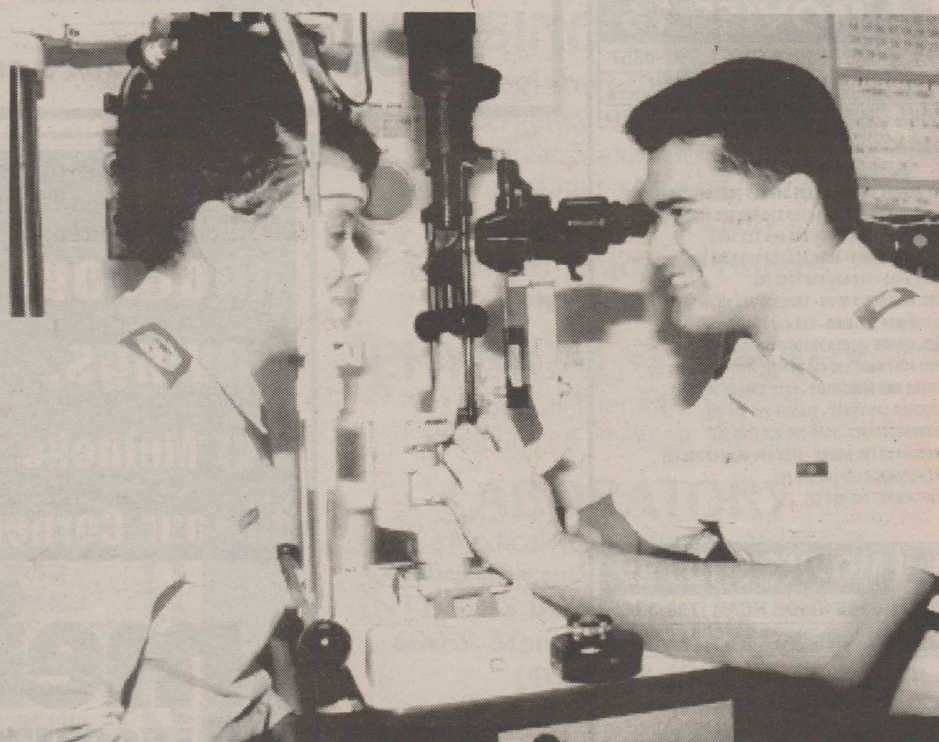
Left, Senior Airman George Green and Staff Sgt. Tony Diniz, aerospace physiology, teach T-38 egress training to a JSUPT student. Above, Airman Carlos Perez, public health, inspects pans at the Reese Club. Health regulations require wearing head covering while in cooking areas.

behaviors. These programs include tobacco cessation, exercise and fitness, nutrition, stress management, cardiovascular disease prevention and substance abuse education. The flight is also responsible for cycle ergometry testing.

The bioenvironmental engineering flight promotes and maintains the health and well being of the operational, industrial and community environments. The flight tasks include workplace industrial hygiene evaluations, environmental monitoring and health risk assessment, drinking water surveillance and contingency response.

The public health flight ensures readiness by providing services in areas of food safety. The flight is also responsible for communicable disease control, occupational health, disaster response, entomology, managing the medical intelligence officer program and providing consultant services.

Through a combined effort the 64th AMDS is able to provide a comprehensive



Master Sgt. Olivia Parker gets an eye examination from Capt. (Dr.) John Alto.

population-based preventative medicine program for all beneficiaries which will enhance wellness, performance and readiness.

News notes

Ticket sales has Six Flags passes

Six Flags Over Texas tickets are available at ticket sales in the arts and crafts center, Building 340. The tickets are good for Six Flags in Arlington, Fiesta Texas in San Antonio and Astro World in Houston. Spring tickets are good through May 26 for \$18 and season passes are \$43. For more information call the ticket sales office at 3787.

64th SPTG/CC schedules town meeting

The 64th Support Group commander, Col. Edward De Iulio, will conduct a town meeting for the Reese community Wednesday at 6 p.m. in the Reese Club. All personnel are encouraged to attend.

Breakfast Burrito sale

The Women's History Committee will have a breakfast burrito sale today. Committee members will be soliciting buildings with burritos filled with eggs, potatoes, sausage and hot sauce. Cost is \$1 per burrito and all proceeds go to raise funds for the activities. For more information call Master Sgt. Walt Lilley at 3422 or Staff Sgt. Ronshella White at 3252.

Commissary/BX advisory meeting set

The quarterly Commissary/Base Exchange advisory council meeting will be held Thursday at 2 p.m. in Reese Manor. If there are any items needed to be mentioned, call a unit representative or Laura Oglesby at 3958.

TriCare briefings scheduled

Two TriCare briefings have been scheduled for March 15 at the Simler Theater. The briefings will be from 10 a.m. until noon and from 4 to 5:30 p.m.

Social Security briefing held

A representative from the Lubbock Social Security Administration will be offering a broad overview of Social Security to appropriated fund employees Wednesday. The briefing will be held in Building 920, Room 130A from 9 to 11 a.m. Seating is limited. For reservations call 3803 or 3804. Retirement eligible employees will have first priority. Additional sessions will be provided if there is enough demand.

CPR class offered

The 64th Medical Group will conduct a CPR class March 12. Class times will be announced later. To register for class call Master Sgt. Steve Hewes at 3230.

AF seeks gallant enlisted members

WASHINGTON (AFNS) — Air Force is seeking firsthand information about gallant enlisted members for possible inclusion in a Chief Master Sergeant of the Air Force History Book.

Anyone who served in Grenada, Panama, Desert Storm, Somalia or Bosnia and received an award for outstanding performance may submit information, said Air Force officials at the Pentagon. People awarded a Purple Heart, Air Force Cross or a battlefield commission are also included.

Information can be sent via electronic mail to: Beverly.Sargent@comm.hq.af.mil. Information also can be faxed to DSN 227-5524 or commercial (703) 697-5524.

Along with comments, applicants should include

Cleaners available at self help center

The 64th Civil Engineer Squadron Self Help Center has three carpet cleaners for use in family housing.

Personnel who are about to move have priority for the cleaners. There is a waiting list for these machines. Cleaners will be reserved for final housing inspection when moving out of housing.

For more information, call the self help center at 3415. The center is located in Building 55552.



Tech. Sgt. Patience Tingley, 64th Civil Engineer Squadron, puts cleaning solution into a carpet cleaner in the self help store.

their name, rank, unit address and work or home telephone number, officials said.

NAF holds sealed bid sale

The Non-Appropriated Fund will be conducting a sealed bid sale March 12 and 13 at Building 542.

Items up for bid are a beer cooler, upright freezer, convection oven, bedspreads, lamps and children's toys. All items will be available for viewing and bidding from 11 a.m. to 4 p.m. The successful bids will be announced March 22.

Each specific item will require a separate bid. All bids must be placed in a sealed envelope, complete with your name, phone number, amount of bid and the item bid. This sale is open to all active duty, DoD employees, retirees, contractors and dependents.

For more information call the 64th Services Squadron at 3032 or 3346.

ERAU holds registration

Registration for Embry-Riddle Aeronautical University spring term will be March 11 through 15. The term will begin March 18. Courses that will be offered include MAS 605-Research Methods and Statistics, MAS 620-Air Carrier Operations and MAS 609-Aircraft Maintenance Management.

For more information call ERAU at 6391 or stop by the Reese Education and Training Flight, Building 920, Room 139, for more information.

Source tax legislation changes

WASHINGTON (AFNS) — Most people did not know that many states had laws that allowed them to tax the retirement pay of servicemembers who served in their states — even after they moved.

However, President Clinton signed a law Jan. 10 that bans states from taxing the pensions of former residents who moved to other states, effective Jan. 1, 1996.

The theory behind this so-called source tax was that since the pay was earned — or "sourced" — in their state, the state had the legal right to a percentage of the retirement pay, regardless of where the person moved, said Jane Love, the Air Force representative to the Armed Forces Tax Council.

Luckily, the vast majority of military retirees — most didn't know the tax was an issue — did not feel the effects of the tax, she said.

But some airmen paid source taxes on their retirement checks, even after moving to a state that does not collect an income tax. Alaska, Florida, Nevada, South Dakota, Texas and Wyoming do not collect income tax.

"Ironically, the people who got taxed were those who wrote back to the states where they once served to ask if they were subject to their source tax," Love said. "That's why this is such an important legislation."

Approximately 15 states had a source tax, Love said. "But most didn't apply it because there isn't an easy way to find out where military retirees live. Because of Privacy Act guidelines, the finance center will not release the names and addresses of retirees," she said.

But California aggressively sought to tax retirement income, Love said. It was making about \$25 million annually from taxing retiree paychecks.

"California is pretty creative when it comes to tax matters and, sooner or later, they would have found a way to track down more military members and tax their retirement pay," she said.

Barclays to manage stock investment

The Federal Retirement Thrift Investment Board recently selected Wells Fargo Institutional Trust Company to manage the Common Stock Index Investment for C and F Funds. As of Dec. 31, 1995, Barclays PLC acquired Wells Fargo Institutional Trust Company.

As a result of the acquisition, the new name of the C and F Funds asset manager is BZW Barclays Global Investors. The C and F Funds will be invested in the Barclays Equity Index Fund and the Barclays U.S. Debt Index Fund.

The name change will not affect the way in which the C and F Funds are invested. The C Fund will continue to track the Standard and Poor's 500 stock index and the F Fund will continue to track the Lehman Brothers Aggregate bond index.

For more information call 3803.

Around Reese

Ruby's Lounge

(885-3156)

Today: Social hour begins at 4:30 p.m. with hors d'oeuvres and beverage specials. Variety Disc Jockey begins at 9 p.m.

Saturday: Frog pond opens at noon.

Sunday: Frog pond opens at noon.

Monday: Lounge opens at 3 p.m.

Tuesday: Lounge opens at 3 p.m.

Wednesday: Lounge opens at 3 p.m. Taco night from 5 to 7:30 p.m. Free for members.

Thursday: Lounge opens at 3 p.m.

Auto Skills Center

(885-3142)

Hours of operation: Tuesday through Friday from 11 a.m. to 6 p.m.; Saturday from 9 a.m. to 4 p.m. Closed Sunday, Monday and holidays.

Reese Chapel

(885-3238)

Catholic services: Mass -- Monday through Friday at 11:30 a.m., Saturday at 5 p.m. and Sunday at 9:45 a.m. Confessions -- Saturday from 4:15 to 4:45 p.m. and weekdays by appointment. Religious education -- 11 a.m.

Protestant services: Sunday worship -- 11:15 a.m. Sunday school -- 9:45 a.m.

Chapel Organizations: Women of the Chapel, Men of the Chapel, Protestant Youth of the Chapel and Chancel Choir.

Family Support Center

(885-3305)

Tuesday: Resume class from 4:30 to 6 p.m.

March 14: Interview class from 4:30 to 6 p.m.

March 25: Small Business Development Center class from 4:30 to 6 p.m.

Thrift Shop

(885-3154)

Hours of Operation: The Reese Thrift Shop will be open Tuesday and Thursday from 9:30 a.m. to 1:30 p.m. Consignments end at 12:30 p.m. Last day for consignments and donations is March 28. Contracts will expire April 30. Last day of operations is May 30.

Library

(885-3344)

Displays: The library is featuring a Taxes display. NewsBank, a CD-ROM system indexing newspapers, is now available. Articles are also provided in Spanish.

Office collection: Money remains available for subscriptions and book titles. A letter of justification submitted by a squadron commander must accompany any request.

Simler Theater

(885-4888)

NOW SHOWING

Today: "12 Monkeys," (R) 7:30 p.m. Cole, a post apocalypse prison inmate, is repeatedly time tunneled back to our present time to gather clues for his world's scientists who hope to develop an antidote against a deadly virus.

Saturday: "Bio Dome," (PG-13) 7:30 p.m. Tricked by their annoyed girlfriends, a duo of dudes wind up in the environmentally controlled Bio Dome.

Sunday: "Jumanji," (PG) 6:30 p.m. Robin Williams, who after 25 years, is finally freed from the spell of an ancient magical board game. The children who freed him have unwittingly unleashed a group of wild and exotic creatures from the game.

Ticket price for adults is \$1.50 and \$1.25 for children under 12 years old.

All movies begin promptly as scheduled.

Caprock Cafe

(6027 - voice / 6028 - menu)

Today: Lunch — Spicy Baked Fish, BBQ Chicken, Ground Beef Cordon Bleu. Dinner—Cajun Meatloaf, Simmered Knockwurst, Roast Fresh Ham.

Saturday: Lunch — Roast Beef, Herbed Baked Fish, Chicken ala King. Dinner—Grilled Ham Steaks, French Fried Fish Portions, Chicken Enchiladas.

Sunday: Lunch — Chicken Adobo, Oven Fried Fish, Honey Glazed Cornish Hen. Dinner — Grilled Liver, Fried Scallops, Savory Baked Chicken.

Monday: Lunch — Baked Canned Ham, BBQ Pork Loin, Hot and Spicy Chicken. Dinner — Braised Beef and Noodles, Beef Porcupines, Lemon Basted Sole.

Tuesday: Lunch — Beef Fajitas, BBQ Spareribs, Roast Turkey. Dinner — Sauerbraten, Pork Chops w/Apple Rings, Chinese Five Spice Chicken.

Wednesday: Lunch — Grilled Tenderloin Steak, Baked Canned Ham, Fried Chicken. Dinner — Beef Ravioli, French Fried Shrimp, Roast Pork Loin.

Thursday: Lunch — Steak Ranchero, Pork Chop Suey, Szechwan Chicken. Dinner — Spinach Lasagna, Hamburger Yakisoba, Roast Turkey.

Equipment Rental

(885-3141)

Equipment rental: Camping equipment, pop-up trailers, gardening tools and camcorders with tripod available for rent. The center has reduced rental fees for the spring and summer.

Reese Club

(885-3466)

Today: Short Order Line from 11 a.m. to 1 p.m. Smokin' Hole opens at 4 p.m. Social hour with free hors d'oeuvres and beverage specials at 5 p.m.

Saturday: Closed.

Sunday: Sunday Brunch from 10:30 a.m. to 1 p.m.

Monday: Short Order Line from 11 a.m. to 1 p.m.

Tuesday: Texas BBQ Buffet from 11 a.m. to 1 p.m. Cost is \$3.95.

Wednesday: Short Order Line from 11 a.m. to 1 p.m. Smokin' Hole opens at 4:30 p.m. Taco night from 4:30 to 7:30 p.m. Cost is \$2.00.

Thursday: Chicken Fried Steak from 11 a.m. to 1 p.m. Cost is \$3.95. Smokin' Hole opens at 4:30 p.m. Mexican Buffet from 5:30 to 8 p.m.

Monday through Friday: Create your own sandwich from 11 a.m. to 1 p.m.

Mamma Reesione's: Monday through Friday from 11 a.m. to 1 p.m. Eat in or carry out. Call 3466 for lunch delivery service until 1 p.m. No evening delivery available.

Youth Center

(885-3820)

Saturday: Saturday Nite Live Pool Party at the YMCA from 7 to 11 p.m.

March 12: Jr. Smooth Move from 6:30 to 7:30 p.m. Refreshments will be served.

The center is looking for instructors to teach karate, gymnastics, aerobics and piano classes.

Child Development Center

(885-3541)

March 8: Give parents a break respite care program from 6 to 10 p.m. Reservations required by Tuesday.

Bowling Center Crock Pot Specials

(885-6555)

Monday: Chicken Fried Steak with Mashed Potatoes and Black-eyed Peas. Cost is \$3.50

Tuesday: Fried Chicken Strips with Mashed Potatoes and Green Beans. Cost is \$3.15.

Wednesday: Fried Rice, Lumpia and Pancit. Cost is \$3.

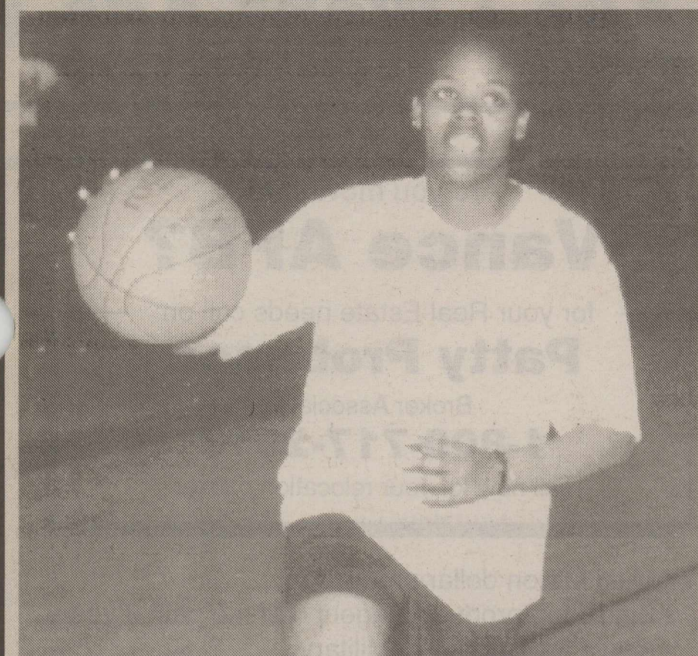
Thursday: Frito Pie, Tamales and Refried Beans. Cost is \$3.

Friday: BBQ Pork, Potato Salad and Baked Beans. Cost is \$2.95.

Skills Development Center

(885-3141)

"Best Friends" photo contest for kids and teenagers: Entries due March 26 through 30. Age groups are 6 through 10, 11 through 14 and 15 through 18.



Hooping it up!

Tamika Canady, 64th Logistics Squadron, has been selected to attend the 1996 Air Force Women's Basketball Training Camp initial selections. The camp will take place at McConnell Air Force Base, Kan. from March 17 through April 3.

Canady started on the Lady Rattlers women's varsity basketball team this season and played on her squadron's team. In addition she was named the Female Athlete of the Year for 1994 here.

Sports update

Bowling center schedule

Today: TGIF bowling for \$1 per game from 7 a.m. until closing

Saturday: Young American Bowling Alliance at 9:30 a.m. Special bowling for 75 cents per game from noon until closing.

Sunday: Bowl two games for \$1 from noon until 6 p.m.

Monday: Intramural League at 4:30 and 7 m.

Tuesday: Local Law Enforcement League at 7 p.m.

Wednesday: Mixed League at 7 p.m.

Thursday: Industrial League at 6:30 p.m.

March 9: Family Day Special: three games of bowling, BBQ beef sandwich, french fries and medium soft drink for \$5 per person.

March 16: Country Rock and Bowl at 7 p.m. Cost is \$10.

March 18 and 19: Spring Break special for children: all open bowling is 50 cents a game and shoes are free.

March 23: Bowling for \$1 per game from noon until closing.

March 30: Poor Boy Special: bowl three games for \$2.

64th CPTF slates softball tourney

The 64th Comptroller Flight Booster Club will host a softball tournament March 30 and 31 at the base fields. Entry fee is \$100 per team. Registration deadline is March 26. For more information about the tournament call Steve Goodall at 6120.

64th LS hosts volleyball tourney

The 64th Logistics Squadron Top Five Association will host a volleyball tournament Saturday at 9 a.m. in the fitness center.

The tournament will be double elimination and trophies will be awarded to the top three teams. Entry fee is \$20 per team. The deadline

to register with entry fee is today. To register, or for more information, call Mike Arellano at 6357 or Jay Timualu at 3854.

Court available for skating

The tennis courts by the child care center are now available for inline skating and skate boarding. It is not permitted in the other courts.

Gym key available after hours

A key to the fitness center will be available for sign-out after normal working hours at the 64th Security Police Squadron. For more information call the center at 3783.

Volleyball has priority

During the intramural volleyball season, volleyball has priority over basketball.

IM bowling standings

National League	
35th FTS	48.5-27.5
64th CES-A	44-32
Fire Dept.	43-33
64th MSS	41.5-34.5
LMLM	41-35
64th MDG	40-45
64th LS	30-46
American League	
64th OSS	42-34
64th CONS	39-37
52nd FTS	38-38
54th FTS	35-41
64th SVS	34-42
64th SPS	32-44
64th CPTF	23-53

Bowling highlights

Men's high game: Anthony Stone-255 **men's high series:** Randy Tucker-682

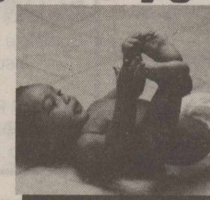
Women's high game: Alice Herris-197 **women's high series:** Nell Perkins-533

**Reese sports
hotline**

For the latest intramural and varsity scores and upcoming games, call the hotline at 6020.

March of Dimes
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1991 Mitsubishi Eclipse
1991 Mitsubishi Eclipse, GSX, electric blue color, 4 wheel drive, turbo, automatic, fully loaded with all the goodies, double sharp. 762-2286 or 794-1285. 3-1

Day Care

Licensed home day care has full-time openings, age 3 or 4. "Drop-Ins" of any age welcome. "Mom's Day Out" available Tuesday and Thursday. Call Elizabeth 885-4227. 3-1

Real Estate For Sale

Vance AFB — Enid, Oklahoma, 15 minute drive Northwest. Custom Home \$79,900; Building Sites \$14,900; Trees, Fenced. 5 miles West of Chisolm Schools on Highway 45. Shop, Barn, available. 1-501-925-2656. 4-12

Investigate Before You Invest

For more information and assistance regarding the investigation of credit repair, work-at-home, get-rich-quick and other financial or business opportunities, The Roundup urges its readers to contact the Better Business Bureau®, 1206 14th St., Suite #901, Lubbock, TX 79401 or Call (806) 763-0459. frn

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Printer for Sale — Epsom black and white printer, has just been cleaned and serviced. \$100 or best offer. Call Don at 885-4227. 3-1

Washer / Dryer

For Sale — Maytag washer/dryer set, \$150. Call 745-2517 after 5:30 p.m. fr

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Love Crafts? Why not have a Country Peddler Gathering! A country store brought to your home. A great time to fellowship with friends and receive free collectibles! Call for catalog! 885-2803. 3-1

Free Puppy

Free 8-month-old black lab / ridgeback mix puppy. Needs a good family with children to play with. Fenced yard would be ideal. Contact Lt. Himelhook between 6 and 9 p.m. weekdays or anytime weekends at 793-5389. 3-1

Fitness Center

For Sale — 10 month Nautilus membership, \$17 a month. No long term contract. Call 794-6776 after 6 p.m. fr

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