





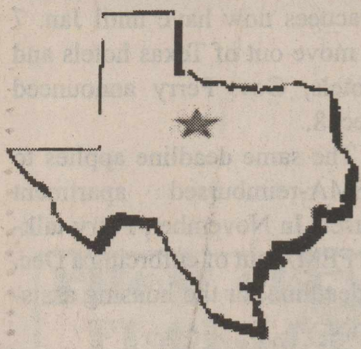


<b>Wednesday December 14</b>  <b>High/Low</b> 59°/26° <b>Sunny</b>	<b>Thursday December 15</b>  <b>High/Low</b> 54°/24° <b>Sunny</b>	<b>Friday December 16</b>  <b>High/Low</b> 54°/30° <b>Partly Cloudy</b>	<b>Saturday December 17</b>  <b>High/Low</b> 56°/34° <b>Few Showers</b>	<b>Sunday December 18</b>  <b>High/Low</b> 56°/30° <b>Partly Cloudy</b>	<b>Monday December 19</b>  <b>High/Low</b> 57°/26° <b>Sunny</b>
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# THE Knox County News

Proudly Serving Knox and King Counties

Volume XXXV Number 7 Thursday, December 14, 2005 Knox City, Texas 10 Pages + 1 Insert Price 75¢

## Medicare Woes

The new Medicare drug plan is drawing confusion from many as deadlines loom on the horizon, and many insurance companies have been sending seniors mountains of literature that lays out a number of mind-blowing figures and options.

The federal government has mandated that anyone on Medicare must choose a prescription drug plan by no later than May 15th, 2006, at which time the Medicare-approved drug discount cards will be phased out. After January 1st, 2006, Medicare will no longer pay for prescription medications which the government has turned over to companies in the private sector.

The new plan will affect everyone with Medicare, no matter where you live, your age, or income level. Those who wait until after May 15, 2006 to sign up on a plan will be assessed a penalty for each month until they can enroll again.

If a person takes no medication now and prefers not to pay a monthly premium, does not fit

the criteria for low income status, and something were to happen during the next year, they would have no coverage at all, and if they decided to join, would be penalized for joining after the deadline.

If you choose to continue your current prescription coverage with a non-Medicare Part D plan, you will need to contact that company or plan and ask if it will continue to provide prescriptions for you if you now qualify for the Medicare Part D coverage. Some plans or assistance will be discontinued as of January 1st, 2006 when the new plan kicks in.

Individuals with yearly incomes below \$14,355 and couples with incomes below \$19,245 may qualify for extra help. Others may qualify with a higher income if they support other family members living in their home, or if they have earned income.

Beware of a plan that declares that you will not pay a deductible, it may be included with high co-payments or premiums.

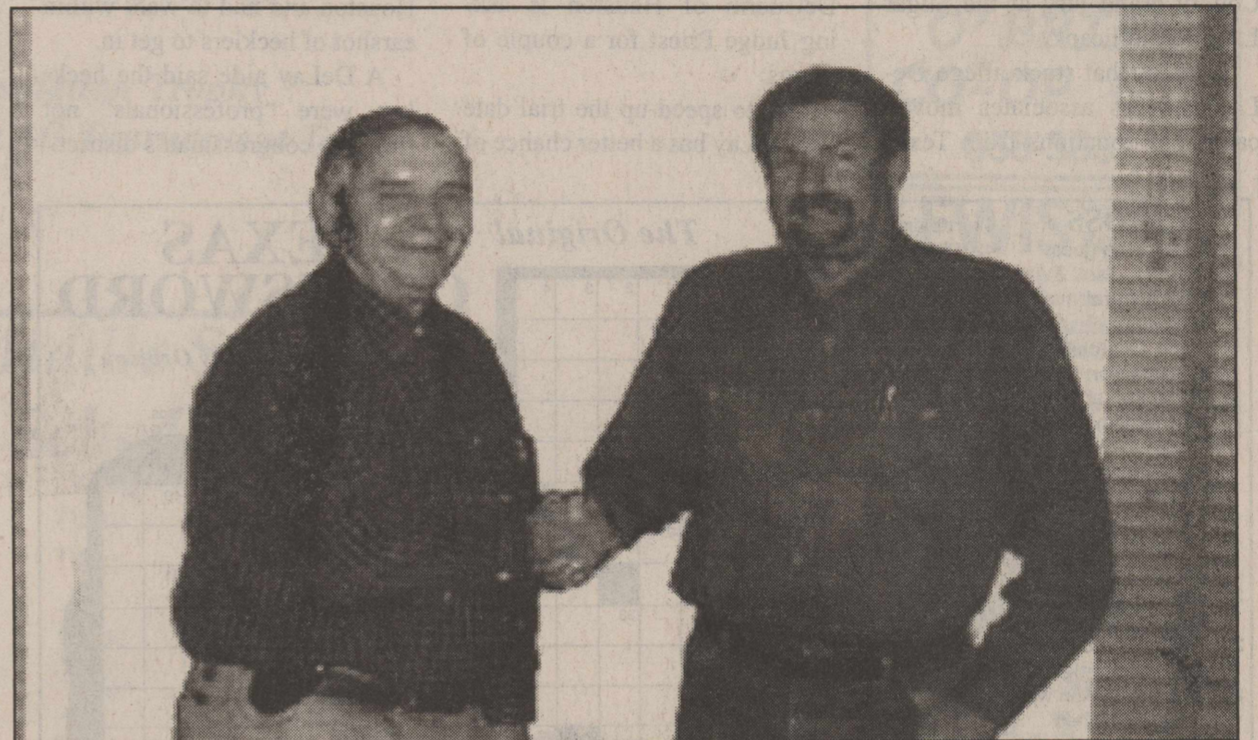
Two very important things to consider are to see that you find a plan that covers all, or the majority of the prescription medications that you take, and before you choose a company, or if you are assigned to one, contact your pharmacy to find out if they are contracted with that company so that you are able to use the pharmacy of your choice. If your pharmacy is not contracted with a company you sign up with they will not be able to fill your medication.

Taxpayers will lose because they will be paying more for Medicare's share with their paychecks than ever before.

Taxpayers prices offered by the Medicare drug plans were 80% higher than prices negotiated by the federal government and 60% higher than prices available to consumers in Canada.

The plan is a complicated one, but your health insurance agent, pharmacy, and Medicare (phone 1-800-MEDICARE, online www.medicare.gov) are all available to answer your questions.

## Johnny McCown Sworn In As Commissioner For Precinct 1



Judge Travis Floyd and Commissioner Johnny McCown. Mr. McCown to assume the duties for the County Commissioner for Precinct #1. Johnny took the Oath of Office on November 17th, 2005.

## Care Home Residents Recall Christmas Past

### Munday Nursing Center

A call over the speakers brings Gracie Woods to the nurses station almost before her name is out. Friendly and efficient, she introduces the first resident who would like to tell about her most memorable Christmas.

Edna Blankenship, sitting in a chair that envelopes her small frame, tells of sending cards to family at Christmas time, and big Christmas dinners with family. She recalls when she was six or seven years old and her mother and father gave her and her sister each a beautiful China doll for Christmas. She also recalls when her China doll met her end. That was the day that she and her brother got into a fight and it was broken. Overall, Ms. Blankenship remembers some Christmas' being better than others, and says that this one will be a good one, too.

Across the hall, Ms. Woods introduces Hope Poe and I.L. Moore. Ms. Poe remembers getting a tree from the Breaks each year, hanging stockings over the fireplace, and traditional Christmas dinners, along with two Christmas stories of her childhood. One year, when she was about eight years old, her parents went into town to get things for Christmas. Later, after they had returned home and had hidden the gifts, she found the bounty and played with all of it. She did get into trouble, but still got gifts on Christmas day. Chuckling, she recalls another time when she was a young girl and the family dog was in the house. Her father was going to come in through the kitchen with a sack of gifts thrown over his

shoulder. She was told to put the dog in the kitchen and keep her little brother in the living room, but she misunderstood and put her brother in the kitchen instead. Her dad was so shocked when he came in the kitchen door from outside and saw his son staring up at him that he dropped the sack and it busted all over the floor!

I.L. Moore is reclining in a chair as his weathered voice tells of his boyhood, and the way things used to be; playing rag ball for fun, helping his mother with chores around the house, and going to church. Christmas dinners were chicken and dressing, ham, or red beans and cornbread, and fireworks were the main event, as they didn't often get gifts. He remembers when a dollar meant something. To spend it all meant getting in trouble with your parents, and when you did get a gift you took great care of it.

In the common area four ladies, Faye Lambeth, Joyce Hagaman, Kathy Britt, and Johnnie Gray trickle in to tell of their Christmas' past.

Faye Lambeth, with a smile on her face and a sparkle in her eye, speaks fondly of a mother whom she loved dearly, a mother who kept Faye and herself "in clothes" by making them herself, something that still brings pride to Ms. Lambeth's voice; and a hardworking father who worked in the field all the time. Even on Christmas he would only break for lunch. A trip out to the Breaks to get a Christmas tree would be a family outing if the weather

was good.

Joyce Hagaman, who, in her camouflage cap and with such ease of movement, seems much younger than her years, recalls growing up during the Great Depression in a neighborhood with many kids who played together all the time. Her most memorable gift was a little red rubber ball that she received when she was four or five she loved dearly, and played with all the time. Ms. Hagaman also remembers a Christmas when she decided that she would stay awake all night get a peak of Santa Claus. She realized the next morning that she had fallen asleep during the night and missed her opportunity.

Kathy Britt chimes in with laughter and remembers doing the same thing herself as a little girl. A constant smile lights up her kind, sweet face, and her brown eyes dance as she recalls a Christmas when she was about six years old. She and her family had Christmas at her grandmother's in Rule. They enjoyed sandwiches, chips and dip for their meal. Each of the kids decorated a gingerbread man to hang on the Christmas tree, along with a special ornaments inscribed their name. She also recalled the year that her family adopted an elderly lady from the nursing home and she spent Christmas day with Ms. Britt's family. Christmas day festivities also included a lot of entertainment; an uncle who played piano while they all sang Christmas carols, and poems and songs from the little ones. Ms. Britt remembers well continued on page 5

## Truscott Residents Anticipating New Community Center



left to right, Don Daniel, Colton Daniel, and Jerry Daniel

The new Truscott Cookbook has arrived and the residents of Truscott are looking forward the sale of these books.

This much anticipated work of Margaret Daniel who put two years of time and effort into this project before her untimely death in 2004. Not only do you have tried and true recipes form some of the best Truscott Grandmas but also histories of many long time family residents and pioneers of this remarkable area.

"Cookin Between the Wichitas" is unique, not only in land-

scape but the people who fought so hard to make a living out here. Many early settlers had to survive droughts, isolation, wild animals and flavor intensive struggles to carve out a lifestyle. Yet they stayed and built their homes and futures here. You can read about some of these personal histories in the cookbook.

Yes, Truscott is still holding on and fighting to stay connected with the fast paced life of the 21st century. We still have wild animals, droughts, and fluctuating cattle markets the people seemed

to have inherited the strength and character of past generations.

"Cookin' Between the Wichitas" can be found at The Chamber of Commerce in Knox City, Duane Daniel in Guthrie, Jerry Daniel in Truscott and B.J.'s in Benjamin.

The proceeds from the sales of these cookbooks will go toward the building of a new community center in Truscott.

If you would like more information on you can contact Jerry Daniel at 9400-474-3333 or at jbdaniel@direcway.com



# Judge Lets Stand Two Charges Against DeLay

Senior state District Judge Pat Priest let stand felony charges of money laundering and conspiracy against former U.S. House Majority Leader Tom DeLay, and dismissed other conspiracy charges also leveled by a Travis County grand jury at the Sugar Land Republican.

Charges that stuck allege DeLay and his associates moved campaign donations from Texas

entities to Americans for a Republican Majority, his national fundraising committee in Washington, D.C., and the money was returned to Texas as donations to his Austin-based fundraising committee, Texans for a Republican Majority.

When DeLay was indicted in September, he stepped down from his leadership post in accordance with U.S. House rules DeLay did not deny the campaign funds in question helped a select few Texas House Republicans in their successful 2002 races. Their votes in favor of DeLay's redistricting plan in 2003 helped the GOP pick up five U.S. congressional seats in 2004.

Now, DeLay's attorney Dick DeGuerin of Houston is asking Judge Priest for a couple of things:

(1) to speed up the trial date - so DeLay has a better chance of

putting the issue behind him before he campaigns for reelection in the coming year - and

(2) to move the trial away from Austin. (Trial) location, location, location DeGuerin, a Democrat who also donates to Republican candidates, told reporters DeLay can't get an impartial jury and thus a fair trial in the state's capital city, where a jury panel is likely to include more than one or two Democrats.

After all, Austin is the Travis County seat, and Travis was the lone Texas county "blue" enough to vote against the proposed constitutional ban on gay marriage back in November. Meanwhile, Vice President Dick Cheney attended a fund-raiser for DeLay in Houston and had to walk within earshot of hecklers to get in.

A DeLay aide said the hecklers were "professionals" not from the congressman's district.

Status: DeLay vs. prosecutor Judge Priest has not ruled on DeLay's complaint alleging Travis County District Attorney Ronnie Earle, a Democrat, illegally goaded grand juries into the indictments.

Agency chief touts Texas coal, Coal will be increasingly important in the next energy boom and Texas has plenty of it, Texas Railroad Commissioner Michael Williams told energy executives at a national meeting in Phoenix, Ariz.

But there is a desperate need for sensible federal and state regulatory policies that balance economic interests with environmental concerns for coal usage, Williams said.

"Our challenge is to tell that story in Washington, D.C., just as we have done in Texas," he said. Williams said Texas also is the No. 1 coal-using state and the

No. 5 coal-producing state. Either Texas is consuming its own stockpile or it is importing quite a bit of coal, because, Williams said, Texas consumed 103 million tons last year and produced 45 million tons.

Friedman formalizes candidacy Hill Country humorist, musician and author Kinky Friedman took a serious step by filing papers with the secretary of state Dec. 8, officially declaring his intention to run as an independent candidate for governor.

In a statewide grassroots effort to earn him a spot on the November ballot, Friedman's camp must collect about 45,540 signatures from registered Texas voters who do not vote in the March 7 state Republican or Democratic primaries.

After filing, Friedman said his main opponent will not be incumbent Gov. Rick Perry, but

voter apathy. FEMA resets move-out deadline Hurricane Katrina evacuees now have until Jan. 7 to move out of Texas hotels and motels, Gov. Perry announced Dec. 8.

The same deadline applies to FEMA-reimbursed apartment leases. In November, Perry talked FEMA out of enforcing a Dec. 1 deadline for the housing assistance.

Perry announces corridor plan Gov. Perry is not waiting for federal aid before moving on his Trans Texas Corridor/Interstate 69 plan.

He said the state will proceed to work with the private sector to develop an interstate-quality roadway connecting the Rio Grande Valley with the midwestern states.

Plans route the corridor through East Texas and into Arkansas.

**ACROSS**

- 1 "\_\_\_", who goes there?"
- 5 CSA general: Robert \_\_\_
- 6 some TX stocks are listed on this exchange (abbr.)
- 7 co. that filmed "Ruby" in Dallas
- 8 "deaf" hero of the TX Revolution
- 17 TX "Tarzan" Ely
- 18 TXism: "chew \_\_\_" (ponder)
- 21 Davy Crockett's home state (abbr.)
- 22 TXism: "put on tallow" (\_\_\_ weight)
- 23 TX Cynthia Ann was kidnapped when Comanche her family home
- 24 Dimmitt is seat of this county
- 29 TXism: "it \_\_\_ an arm and a leg"
- 30 "nap" ending at a TX barbecue
- 31 TX hero Audie (init.)
- 32 TXism: "at the \_\_\_" (impulsive)
- 34 lovers' quarrel
- 35 sis sib
- 36 newspaper: "The Navasota \_\_\_"
- 37 some say this sound is made by Llano Co. Enchanted Rock
- 38 this Paul owned Terlingua, TX
- 39 TX "Bell Helicopter \_\_\_"

**DOWN**

- 1 TXism: "it'll take a faith \_\_\_" (broken)
- 2 husband of Alamo survivor Susanna Dickenson
- 3 this Cleef was in "Tumbleweed" with TX Audie Murphy
- 4 with 9-down, bread 9 see 4-down
- 10 \_\_\_ of blood
- 11 TXism: "guilty as \_\_\_ Jo, TX"
- 12 \_\_\_ Jo, TX
- 13 Sen. John Tower's daughter
- 14 TX Sly Stone's \_\_\_ to Take You Higher"
- 15 TXism: "in \_\_\_ neck of the woods"
- 16 TX Sam Bass \_\_\_ out in Denton Co.
- 19 student
- 20 ex-Rangers owner Harrell \_\_\_
- 21 "Eddie" Chiles
- 22 love makes the world \_\_\_
- 24 medium for TX singers (abbr.)
- 25 TXism: "his facts \_\_\_ elastic"
- 26 White \_\_\_ swept Astros in '05 World Series
- 27 slang name of TX 36th Infantry
- 28 actor Cesar
- 29 actress in TX-filmed "Silkwood"
- 30 San Antonio FM
- 33 TX "fire \_\_\_" electronics co.
- 34 what TX George Foreman was
- 37 TXism: "so humid my upper lip is \_\_\_"
- 38 watchful period
- 40 "Vietnam, TX" actor, Haing S. \_\_\_
- 41 Dallas Love \_\_\_
- 44 TXism: "brand blotter"
- 47 Six Flags ride sensation
- 49 TXism: "he's right handy \_\_\_ fork"

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USPS 903-920  
POSTMASTER: Send Form 3579 to The Knox County News, PO Box 188, Knox City, TX 79529. Published weekly at 110 North Central, Knox City, Knox County, Texas. Periodicals postage paid at Post Office, Knox City, Texas 79529.

Member Texas Press Association West Texas Press Association

P.O. Box 188  
110 N. Central  
Knox City, Texas 79529  
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Editor  
LAURA MCCANLIES  
Business Manager

LETTER TO THE EDITOR POLICY  
The Knox County News welcomes letters to the editor on any subject. All letters must be signed and will be published with the name of the writer. Letters must include an address and telephone number to allow verification. Please keep letters to a reasonable length. The editor reserves the right to edit any letter for any reason and to reject letters for publication for any reason. Letters deemed libelous and/or not for the public good will be rejected. Letters to the editor reflect the opinion of the writer and not necessarily that of the Knox County News.

KCN OFFICE HOURS  
Monday - Tuesday 9:00 - 5:00  
Wednesday 1 - 4:00 - Thursday 10 - 4  
CLOSED ON FRIDAYS

**50th**

The children and grandchildren of  
**Leon and Leona Burckham**

request the honor of your presence  
at the fiftieth anniversary  
of their parents and grandparents  
on Sunday, the eighteenth of December  
Two thousand and five  
from two to four in the afternoon

The Church of Christ Annex  
501 SE Second Street  
Knox City, Texas  
Your presence is the greatest gift!

**CHRISTMAS DINNER**

Come and enjoy a TRADITIONAL Christmas Meal

Fellowship Hall  
First Baptist Church in Knox City  
December 25  
12:00 NOON

If you have no plans for Christmas then come and spend it with us and we will have a wonderful time. Anyone Welcome!

Turkey, Dressing, meal with pie  
We will also have food for diabetics and any special needs should call ahead.  
657-3141 church  
657-3654 parsonage

We need to know by December 22nd for deliveries, and to get a idea of those attending.

Anyone who would wish to help with delivery or to volunteer call the church or parsonage.

Sunday School 10:00 - 10:30  
Regular Service 10:30 - 11:15

Let's Have Christmas Together!  
Gayle & Pat Bauchum - Hosts

**Aging Center Lunch Menu**

Week of December 19th thru December 23rd  
**Monday, December 19th**  
Chicken Pot Pie, Garden Salad, Corn On The Cob, Ice Cream Cups  
**Tuesday, December 20th**  
Beef Spaghetti, Garden Salad, Garlic Bread, Pudding  
**Wednesday, December 21st**  
Pork Chop/Potato Bake, Green Beans, Cranberry Salad, Hot Rolls, Dessert  
**Thursday, December 22nd**  
Barbecue On A Bun, Cole Slaw, French Fries, Dessert  
**Friday, December 23rd**  
CLOSED

Call in Orders by 10:00 a.m.  
All menus subject to change without notification.  
It is important to contact the site manager so that meals can be prepared.

**Meeting Announcement**

The Noah Project-North Advisory Committee will meet at noon, Friday, December 9, in the jury room of the Haskell County Courthouse. Please attend if at all possible.

Thank You  
Donna Sue Anderson  
940-864-2551

# IT'S THE PITT'S

by Lee Pitts

I can never find a place to park in the shopping center in town because the parking lot is filled with the cars of gym customers who are inside jogging and walking on treadmill machines.

Being an entrepreneur, it dawned on me as I cruised the parking lot waiting for a chance to pounce on the first available space, that six days a week there is an empty parking lot at the auction yard going to waste and if the gym patrons are that crazy about exercise they could leave their cars there and jog the 25 miles into town.

Better yet, as long as the exercise nuts were at the auction market they could pay the auction operator fifty bucks a month to get an excellent aerobic work-

out by sorting cattle, unloading trucks, shoveling manure and feeding hay. It's a win-win situation for everyone:

The gym rats would get roughly the same exercise, auction owners would have a new source of income and I'd finally have a place to park. Gravitationally challenged gym patrons could even weigh on the cattle scales.

Here's my idea: Auction owners would pay me a consulting fee for helping them convert their yards into Alternative Exerction Centers where my "Sweating At The Sales Yard" franchisees would allow sofa-dwelling urbanites to become physically fit while auction owners and I become fiscally fit from people paying us to do our work.

To see if my idea was feasible I decided to do a little research. Now, I know from looking at my physique that many of you will find this hard to believe but I haven't been inside a gym since high school.

So I was flabbergasted when I visited the local gym and found it filled to overflowing with people in leotards and sweat bands who were working out to stay in shape because their jobs don't require any physical labor. There were people in all shapes and sizes riding stationary bikes, running on rubberized treads and lifting stationary weights and in the process producing nothing but perspiration.

What a waste! Dumbbells were lifting barbells and all that

# Do You Work Out?

effort and muscle power was rowing to nowhere. I'm sure we could reduce our dependence on foreign oil by billions of barrels by hooking up all the bikes and treadmills in gyms across the country to one big electrical generator. But that's another business concept for another day.

The gym rats favorite exercise seems to be jumping to the conclusion that just because people who still labor for a living don't work out in a gym that we are a bunch of sissies and nambypambies.

Pardon me for chuckling but there's something funny about a scantily clad career woman or sweat-stained businessman asking a muscle-bound horseshoer or a broken-backed sheep shear-

er, "Do you work out?"

Whereas urbane snobs used to join an exclusive country club to exhibit their elevated social status now they are joining their local gym. Gym membership has become a monthly expense for millions of Americans just like the phone bill and child support payments.

Yet I think all these painful squats, twists and lifts the gym rats are enduring are unhealthy and artificial. I believe that if God had meant for us to touch our toes he would have placed them closer to our knees

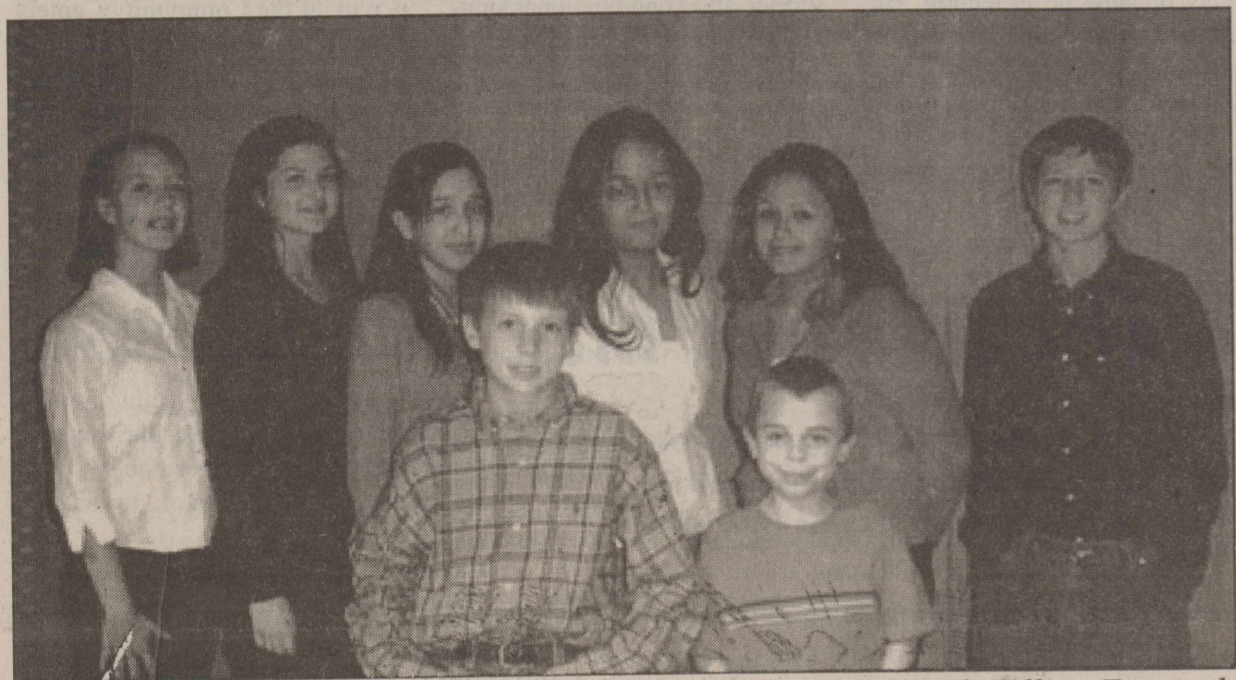
I think people would be much happier and healthier if they could get their exercise out-of-doors and they'd feel a greater sense of satisfaction produc-

ing something other than sweat. That's why I know you'll want to invest in "Sweating At The Sales Yard" by purchasing shares and becoming members.

Of course, you'll also want to be dressed properly while cleaning water troughs and lifting heavy panels and that's why I'm also offering my official "Sweating At The Sales Yard" spandex coveralls for only \$199.95. For the first fifty members I'll even throw in my two all new CD's: Budweiser Six Pack Abs and Hamburger Buns of Steel.

So, if you are stuck in a gym, exercise your good judgment today by "Sweating At The Sales Yard" where our motto is: Exercise daily. Eat properly. Die any-

## LOCAL 4-H'ERS PARTICIPATE IN DISTRICT FOOD SHOW



Pictured left to right: Back Row: Brittany Coop, Leah Vanderpol, Tiffany Esquivel, Samantha Esquivel, Vanessa Solis, and Zakery York  
Front Row: Brandon York, Lyndon Baty

Knox County 4-H'ers participated in the Rolling Plains 4-H District Food Show on Saturday, December 10, at the Wilbarger auditorium in Vernon, TX.

In the Food and Nutrition Project, 4-H'ers learn the importance of including foods from each of the basic food groups from My-Pyramid in the daily diet. They learn the principles of nutrition as they relate to health, physical fitness and appearance as well as acquiring and demonstrating skills in planning, purchasing, preparing and serving tasty, attractive and nutritious meals and snacks. 4-H is the youth development and leadership program of the Texas Cooperative Extension, a part of the Texas A&M University System.

A total of 8 Knox County 4-H'ers participated in the District Show. They are:

- Lyndon Baty-Jr. Main Dish
  - Brandon York-Intermediate Fruit and Vegetable
  - Zakery York-Int. Bread and Cereal
  - Tiffany Esquivel-Int. Dessert
  - Vanessa Solis-Sr. Main Dish, 4th place
  - Brittany Coop-Sr. Fruit and Vegetable, 3rd place
  - Leah Vanderpol-Sr. Nutritious Snack, 5th place
  - Samantha Esquivel-Sr. Bread and Cereal, 2nd place
- 185 4-H'ers from 24 counties participated in the Junior, Intermediate and Senior Divisions. Contestants in the District event were all winners from

their county food show held in October. The competition at this event was very tough and all these 4-H'ers did a fantastic job representing Knox County. Also helping with the event this year were several Knox County Food and Nutrition Project Leaders who served as judges: Michelle Esquivel, Joy Butler, and Shari Baty. Educational programs of the Texas Cooperative Extension are open to all citizens without regard to race, color, sex, disability, religion, age or national origin. Individuals with disabilities who require an auxiliary aid, service, or accommodation in order to participate in a meeting or program are encouraged to contact the Knox County Extension Office.

## BAXTER BLACK

ON THE EDGE OF COMMON SENSE

Agriculture, in the broad sense is enjoying a renewed respect. Enrollment in Ag curriculum in universities has been increasing; Vo Ag classes and FFA memberships are thriving in spite of often apathetic or even hostile school administrations.

Anti-agricultural industries including extremist "green" groups, animal rights loonies and even well meaning but ill-informed obstructionists are being relegated to irrelevance.

This change in the public's attitude toward modern farming practices including the use of herbicides, antibiotics, dewormers, growth stimulants, genetically modified foods, feedlot practices, hog confinement, poultry production and others, may be related to the condition of our world today.

A new world; at war with terrorists, on the lookout for bioterrorism, helpless against illegal immigration, battling the furious caprice of nature's catastrophes,

a country almost at war with itself politically, the continuing degradation of civility led by Hollywood and the growing realization that nothing is sacred to those who would sell your soul or their own for one last headline.

So where can a human turn, to escape the dire warnings and savage threats that power down on us like raining fire? In the fairly stable world of agricultural marketing that includes, in part, chemicals, pharmaceuticals and western wear, four-wheelers, tractors and seeds, a new segment of the buying public is being recognized. They are called LPO's; Large Property Owners. The name is a bit oxymoronic in that these people own 5-40 acres. They are defined as urban people going back to the land. They are folks with good jobs, a desire to raise their children closer to nature, and they've got no grandpa's farm to go home to.

They buy a lamb, steer, rabbits,

## LPO's

or horses, a bush hog, a tractor, a pickup, fencing, steel panels and gates. They enroll their kids in 4-H. They try gardening. They trade monolithic malls for green grass, trees, horsehair, sunsets, and county fairs.

And of course, they learn the hard way, through drought and sweat and heartache and backache, what farming can be like. But, they also get a taste of that sweet satisfaction, that soul-deep comfort, that intimate relationship with nature that comes from working the land.

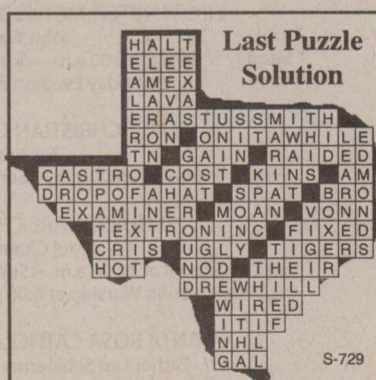
Now they look at their neighbor down the road who has a dairy, or grows the corn or runs steers, through different eyes.

So to those of you many farmers and ranchers who make the weighty decision to sell your place to developers, if it's any consolation, many of your buyers may be LPO's. And, to our benefit, they want to be part of 21st century agriculture. And that ain't all bad.

### PUBLIC NOTICE

#### TEXAS COMMUNITY DEVELOPMENT PROGRAM


Knox County is giving notice of intent to submit a Disaster Relief Fund application for a grant from the Texas Community Development Program. The grant request is \$350,000 for reconstruction of roads/bridges damaged as a result of recent flooding. The application will be available for review at the County Courthouse during regular business hours and will be submitted to the Texas Office of Rural Community Affairs five days following public notice of this notice.



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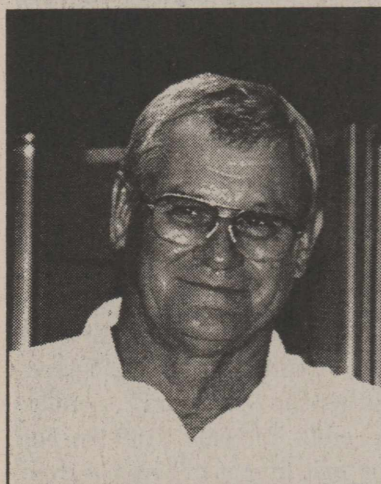
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# Obituaries



**Herchel Force**

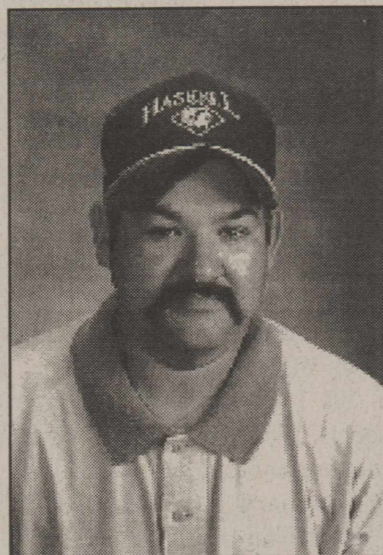
Herchel Force, 66, of Bluegrove, Texas, passed away on Tuesday, December 6, 2005 in Wichita Falls, Texas.

Funeral services were held at 2:00 PM, Friday, December 9, 2005 at the Bluegrove Baptist Church in Bluegrove, Texas with Rev. Joe Ainsworth, pastor, officiating and Rev. Glenn Connor of Normangee, assisting. Burial followed at the Bluegrove Cemetery under the direction of Davis Funeral Home in Henrietta, Texas.

Mr. Force was born on April 13, 1939 in Stamford, Texas to Leonard and Nellie (Connor) Force. He married Tillie Bayona on August 30, 1975 in Wichita Falls, Texas. Mr. Force served his country in the US Marine Reserve and worked as an Insurance Service Agent. He was a loving husband, father, brother and friend.

Survivors include his wife Tillie of Bluegrove, Texas; two daughters, Deidre Force of Mesquite, Texas and Natalie Force of Mesquite, Texas; one brother, Jerry Force of Wichita Falls, Texas.

Memorials may be made to the Bluegrove Baptist Church Building Fund, Hospice of Wichita Falls, Texas or the American Cancer Society.



**Alberto Salinas**

Alberto Salinas, age 52, of Rochester, Texas, died Friday, December 9, 2005, at Knox County Hospital in Knox City, Texas. He was born September 19, 1953 to Merardo and Paula Salinas of Rochester. He is also survived by four brothers; Merardo Salinas, Jr. of Rochester; Thomas Salinas of Abilene; Leo Salinas of Rochester; Ruben Salinas of Midland; three sisters; Anna Maria Salinas of Rochester; San Juanita Salinas of Abilene; Suzanna Salinas of Rochester and many loving aunts, uncles, nieces, nephews and cousins. He is preceded in death by a sister, Maria Susanna Salinas who died November 5, 1956. Services are being held at 1:00 PM, Monday, December 12, 2005 at St. George Catholic Church in Haskell, with Father George Roney officiating, with interment to follow at the Rochester Cemetery under the direction of Smith Funeral Home of Rochester.



**William Victory Lowry**

William Victor Lowry Funeral services for William Victor Lowry, 84, of Knox City were held Sat., Dec. 10 at First United Methodist Church in Knox City with Rev. Rob Harrison and Rev. John Wade officiating. Burial was in Knox City Cemetery under the direction of Mansell-Smith Funeral Home of Knox City.

Mr. Lowry died Thurs., Dec. 8.

Born Nov. 18, 1921 in Oklahoma, he was the son of Otis and Clara Lowry. He was raised in Quanah. He fought in World War II as a pilot in the Air Force for four years. He married Norma Johnston April 14, 1946 in Vernon, a union lasting 59 years and 8 months. He graduated from Game Warden school at Texas A&M. He was a game warden with the Texas Parks and Wildlife Department from 1954 to 1985. His territory covered seven counties, while stationed in Jayton and Knox City. He loved the Lord, music, hunting, fishing, gardening, grilling and smoking chickens, Norma Lee's cooking, telling jokes, playing tricks, sharing stories, being a Texas Game Warden, traveling and fishing with his grandchildren, playing with his great grandchildren and giving to friends and people in need. He was a faithful servant and will be missed by his family and many friends.

He was preceded in death by his parents; son, William Michael Lowry in 1974; his grandson, Heath Josselet in 1973 and his brother, Forrest Lowry.

Survivors include his wife, Norma Lee Johnston Lowry; daughter, Vickie and husband, Danny Josselet of Haskell; two grandchildren, Cody Josselet and wife, Michele of Abilene; Ember Medford and husband, Rodney of Paint Creek; three great grandchildren, Bethany and Allie Josselet of Abilene and Cutter Medford of Paint Creek.

Memorials may be made to First United Methodist Church of Knox City; Noah Project-North of Haskell; or to the charity of your choice.

# Benjamin News

By Gladene Green

Well for those of us who have been wanting colder weather, I'd say we got it last week! Those two or three days of sub-freezing temperatures were enough to make one wish for July or August again. It has warmed up however and at least we missed the moisture and icy conditions that many had to deal with so it could have been worse.

Gertrude Brannan is still in Covenant Hospital in Lubbock after being admitted last Sunday. She has improved a little but is still not doing too well. Right now it is doubtful that she will ever be able to live alone again. Age and several medical problems is a deciding factor and it is not real certain just what course of action will be decided upon. Of course, now getting her to feeling better is the main priority. Please pray for her and her family.

Jacob Siemens was admitted to Knox County Hospital Saturday night. No word as of noon today on how he is feeling. He had been doing much better the past couple of weeks. Maybe this will be a short lived thing.

Earlene Meinzer and Pat Benson each had cataract surgery last

week and both are doing great and glad to have that over with.

Sympathy to the family of Victor Lowry who passed away Thursday and his funeral was Saturday. He was a friend to us all and we missed him and Norma after they moved to Abilene. Please pray especially for her at this time.

The Annual Community Christmas Program was last night at the Church of Christ. Much preparation went into the production and it was a good one. The first part was several children acting out songs such as Frosty the Snowman, Rudolph and Jingle bells as well as several others. Tracy Cartwright read The Night Before Christmas. Puppets and puppeteers talked about Christmas and after the songs were acted out the puppets wanted to hear the Real Christmas Story. The youth of the Community were the actors in the story and Ashley Cartwright did a beautiful job of singing "Oh Holy Night" A candle light service and congregational singing of Silent Night climaxed the evening. John Gillispie gave the invocation and John Wade voiced the benediction. Refreshments were served in the new annex to

the Church. A good crowd was in attendance.

Loraine Powers spent last week with family and friends in Midland.

Craig and Bonnie Howell and children who now live in Missouri are here for a few days visiting with their parents Roger and Betty Bohannon and her other family members.

Reba and Charles Morill spent several days during Thanksgiving with their daughter Leslie in the Houston area.

Glenda and Larry Bearly of Erie, Colorado were here several days last week visiting family and friends.

Corrine Parrish returned home Wednesday after a few days in the Houston area visiting friends. She got into a lot of snow and ice on the way in and said Benjamin sure looked good once she got here!

A Reception honoring John and Peggy Gillispie will be held Sunday December 18 from 2 to 4 p.m. at the Community Center here in Benjamin. He is retiring as pastor of First Baptist Church here after 16 years service. The public is invited to attend and wish them well.

# Christmas Open House

The Knox County Aging Services will be having a Christmas Open House on December 16, 2005 from 10:00 a.m. to 1:00 p.m.

Come by and have some refreshments, and we would be so glad to have you stay for lunch. If you are planning to eat with us, please give us a call by 10 a.m. so we will know how many to prepare for.

We will be having Chicken/Broccoli/Cheese Soup, Garden Salad, Sliced Cheese, Crackers and Cookies.

There will be a drawing for door prizes for those who stay for the meal.

Serving begins at 11:30. For more information please call Cherly Daniel at the Aging Center at 657-3618.

# The Main Place

Give the gift of Beauty this Christmas!

Go by the Main Place and see Connie for all your Hair needs

or

Sarah for Manicures and Pedicures

There's no better Christmas Gift than the gift of Beauty!

212 North Central Avenue

Knox City, Texas 79529

940-657-4313

Gift Certificates Available

# KC Area Church Directory

## FIRST BAPTIST CHURCH ~ Knox City

Gayle Baucum, Pastor  
Sunday School at 9:45 a.m. ~ Sunday Morning Worship at 10:55 a.m.  
Sunday Evening Worship at 6:30 p.m. ~ Mid Week, Wed. at 6:30 p.m.  
FBC Sunday School, and the worship services at 10:55 a.m. and 6:30 p.m. are telecast live on Classic Cable, channel 6 in Knox City and O'Brien

## FIRST UNITED METHODIST CHURCH ~ Knox City

John Wade, Pastor  
Sunday School at 10:00 a.m. ~ Sunday Morning Worship at 11:00 a.m.  
Sunday Evening Worship at 6:00 p.m.

## FIRST CHRISTIAN CHURCH ~ Knox City

Tex Cox, Pastor  
Sunday School at 10:00 a.m. ~ Sunday Morning Worship at 11:00 a.m.

## FOURSQUARE CHURCH ~ Knox City

Paul Chambers, Pastor  
Sunday School at 10:00 a.m. ~ Sunday Morning Worship at 10:45 a.m.  
Sunday Evening Worship at 6:00 p.m. ~ Mid Week, Wed. at 7:00 p.m.

## SANTA ROSA CATHOLIC CHURCH ~ Knox City

Father Leo Schloemer ~ Deacon Ben Vasquez  
Sunday Bilingual Mass at 11:00 a.m.

## ST. JOSEPH'S CATHOLIC CHURCH ~ Rhineland

Father Leo Schloemer ~ Deacon Ben Vasquez  
Monday Through Friday Mornings, 8:00 a.m. Mass  
Saturday Mass at 7:00 p.m. ~ Sunday Mass at 9:00 a.m.

## FIRST BAPTIST CHURCH of Benjamin

John Gillispie, Pastor  
Sunday School at 10:00 a.m., Sunday Morning at 11:00 a.m.  
Sunday Evening at 6:00 p.m.

## FIRST UNITED METHODIST CHURCH of Benjamin

John Wade, Pastor  
Sunday Worship at 9:30 a.m. ~ Sunday School at 10:30 a.m.

## GILLESPIE BAPTIST CHURCH ~ Gillespie

Matt Harrington, Pastor  
Sunday School at 10:00 a.m. ~ Sunday Morning Worship at 11:00 a.m.  
Sunday Evening Worship at 6:00 p.m. ~ Mid Week, Wed. at 6:00 p.m.

## CHURCH OF CHRIST ~ Benjamin

Bible Study at 9:00 a.m. ~ Sunday Morning Worship at 10:00 a.m.

## THE BELIEVERS' CHAPEL ~ Highway 222

W.O. Smith, Pastor  
Sunday School at 9:30 a.m. ~ Sunday Morning Worship at 10:30 a.m.  
Mid Week, Wednesday at 7:30 p.m.

## O'BRIEN BAPTIST CHURCH ~ O'Brien

Jim Reid, Pastor  
Sunday School at 9:45 a.m. ~ Sunday Morning Worship at 11:00 a.m.  
Sunday Evening Worship at 6:00 p.m. Mid Week, Wed. at 6:00 p.m.

## WEINERT FOURSQUARE CHURCH

Rob Harrison, Pastor  
Sunday Morning Worship at 11:00 a.m.

THIS CHURCH DIRECTORY IS SPONSORED EACH WEEK BY THE FOLLOWING

**Lewis Paint & Body Shop**  
658-3342

**Knox County Hospital**  
657-3535

**O'Brien Co-Op Gin**  
658-3631

# NOTICE

**NO FIREWORKS WITHIN THE CITY LIMITS OF O'BRIEN**

**Violators will be subject to prosecution!**

# SANTA ROSA'S GIFT FOR YOU!

IN THE SPIRIT OF THE SEASON, SANTA ROSA TELEPHONE WOULD LIKE TO MAKE YOUR HOLIDAYS FULL OF GREAT CHEER (AND CHIT CHAT)!

NOW THROUGH DECEMBER 31<sup>ST</sup> WE WOULD LIKE TO PRESENT THIS VERY SPECIAL OFFER:

## 2<sup>ND</sup> LINE SPECIAL

CONNECT A 2<sup>ND</sup> LINE WITH SRTC AND RECEIVE INSTALLATION, WIRING FOR ONE JACK, AND THE JACK FREE!

SANTA ROSA WILL WAIVE ANY CONNECT CHARGES!

CALL OUR OFFICE AT 1-888-886-2217 OR 1-877-889-1125 TO SET AN APPOINTMENT WITH OUR INSTALL CREW!

SANTA ROSA TELEPHONE WOULD ALSO LIKE TO TAKE THIS OPPORTUNITY TO WISH YOU AND YOUR FAMILY A WONDERFUL CHRISTMAS AND A FANTASTIC HOLIDAY SEASON.

Merry Christmas

Feliz Navidad



TEXAS COMMISSION ON ENVIRONMENTAL QUALITY



NOTICE OF RECEIPT OF APPLICATION AND INTENT TO OBTAIN AIR PERMIT  
PROPOSED AIR QUALITY PERMIT NOS. 77280 and 77281

**APPLICATION:** CMM Grain Company, Inc. dba Charlie Myers Grain Co., has applied to the Texas Commission on Environmental Quality (TCEQ) for issuance of Air Quality Permit Nos. 77280 and 77281 which would authorize continued operation of two grain elevators located near Truscott and Gilliland in Knox County, Texas. The Gilliland Elevator is located 7.5 miles east of Highway 6 on FM 1756 and the Truscott Elevator is located 0.75 miles west of Highway 6 on FM 1756. The facilities will emit the following air contaminants: particulate matter including particulate matter less than 10 microns in diameter.

These applications were submitted to the TCEQ on November 03, 2005. The applications are available for viewing and copying at the TCEQ central office the TCEQ Abilene regional office, and the Knox County Courthouse, 100 West Cedar Street, Benjamin, Knox County, Texas. The facility's compliance file, if any exists, is available for public review in the Abilene regional office of the TCEQ.

The TCEQ executive director has determined the applications are administratively complete and will conduct a technical review of the applications.

**PUBLIC COMMENT/PUBLIC MEETING** You may submit public comments, a request for a public meeting, or request a contested case hearing to the Office of the Chief Clerk at the address below. The TCEQ will consider all public comments in developing a final decision on the application. The deadline to submit public comments is 30 days after newspaper notice is published.

The purpose of a public meeting is to provide the opportunity to submit comments or ask questions about the application. A public meeting about the application may be held if the executive director determines that there is a significant degree of public interest in the application or if requested by a local legislator. A public meeting is not a contested case hearing.

If only comments are received on the application, the response to comments, along with notice of the executive director's action on the application, will be mailed to everyone who submitted comments or is on the mailing list for this application.

If a hearing request is timely filed, the executive director will complete the technical review, issue a preliminary decision on the application, and a Notice of Application and Preliminary Decision will be published and mailed to those who are on the mailing list for this application. That notice will contain the final deadline for submitting public comments.

After the final deadline for public comments following any required Notice of Application and Preliminary Decision, the executive director will consider the comments and prepare a response to all relevant and material, or significant public comments. If comments are received, the response to comments, along with the executive director's decision on the application, will then be mailed to everyone who submitted public comments or is on a mailing list for this application.

**OPPORTUNITY FOR A CONTESTED CASE HEARING** You may request a contested case hearing. A contested case hearing is a legal proceeding similar to a civil trial in state district court. Unless a written request for a contested case hearing is filed within 30 days from this notice, the executive director may approve the application. If no hearing request is received within this 30-day period, no further opportunity for hearing will be provided. A contested case hearing will only be granted based on disputed issues of fact that are relevant and material to the Commission's decision on the application. Further, the Commission will only grant a hearing on those issues raised during the public comment period and not withdrawn.

A person who may be affected by emissions of air contaminants from the facility is entitled to request a hearing. If requesting a contested case hearing, you must submit the following: (1) your name (or for a group or association, an official representative), mailing address, daytime phone number, and fax number, if any; (2) applicant's name and permit number; (3) the statement, "I/we request a contested case hearing;" (4) a specific description of how you would be adversely affected by the application and air emissions from the facility in a way not common to the general public; (5) the location and distance of your property relative to the facility; and (6) a description of how you use the property which may be impacted by the facility. If the request is made by a group or an association, the one or more members who have standing to request a hearing, and the interests which the group or association seeks to protect, must also be identified. You may also submit your proposed adjustments to the application/permit which would satisfy your concerns. Requests for a contested case hearing must be submitted in writing within 30 days following this notice to the Office of the Chief Clerk, at the address below.

If a hearing request is timely filed, additional notice may be provided. Following the close of all applicable comment and request periods, the executive director will forward the application and any requests for contested case hearing to the TCEQ Commissioners for their consideration at a scheduled Commission meeting. If a hearing is granted, the subject of a hearing will be limited to disputed issues of fact relating to relevant and material air quality concerns raised during the comment period. Issues such as property values, noise, traffic safety, and zoning are outside of the Commission's jurisdiction to address in this proceeding.

**MAILING LIST** In addition to submitting public comments, you may ask to be placed on a mailing list to receive future public notices for this specific application mailed by the Office of the Chief Clerk by sending a written request to the TCEQ Office of the Chief Clerk at the address below.

**INFORMATION** Written public comments or requests for a public meeting or contested case hearing should be submitted to the Office of the Chief Clerk, MC-105, TCEQ, P.O. Box 13087, Austin, Texas 78711-3087. For more information about this permit application or the permitting process, please call the Office of Public Assistance, Toll Free, at 1-800-687-4040. Si desea información en Español, puede llamar al 1-800-687-4040. General information regarding the TCEQ can be found at [www.tceq.state.tx.us](http://www.tceq.state.tx.us).

Further information may also be obtained from CMM Grain Company, Inc. dba Charlie Myers Grain Co., P.O. Box 1076, Seymour, Texas 76380 or by calling Mr. Kelley Green, Texas Cotton Ginners' Association at (512) 476-8388.

Issuance Date: November 9, 2005

**Knox County Angle Tree Donations  
Sponsored By Benjamin Student Council**



back row, Leigh Vanderpol, Nafeesa Ebrieham, Chloe Strickland, Brittany Kuehler, Jenna McCanlies, Cassidy Lyles, middle, Devon Jones, Brittany Coopfront, Karla Benson, Roberto Acevedo, Cody Propps, and Margaret Siemens

**Care Home Residents Recall Christmas Past**

the first time that she had to memorize and recite a poem for her family. She was very nervous that she would forget it when the time came for her turn, but she did well and was so excited when everyone clapped for her afterwards. After all of the entertainment the family would say a prayer and open gifts.

Johnnie Gray's voice is barely heard over the hum of the large machine in the common area, and a quite dignity surrounds her, as she tells of her childhood. She was the baby of eight children, and in her father's hopes, another boy, which is how she came about the name Johnnie. For Christmas, her family gathered in the decorated house, hung stockings, played games, sang songs, sat around a big table to visit, and had plenty of fruit for the kids so they wouldn't eat too much candy. Her most memorable Christmas was when she was about seven years old and she wanted a Shirley Temple doll. The stores were all sold out so she got another doll instead...a curly-haired doll that resembled Shirley Temple.

The ladies reminisce of days gone by, thoroughly enjoying one another's company, and tell how Santa still visits them at the nursing center each year.

**Brazos Valley Care Home**

At the end of a long, sunny corridor of the Brazos Valley

Care Home, Ms. Iola Hudson sits, memories flowing off her tongue with ease. Ms. Hudson tells of how she and her family always had Christmas at home, and her mother wouldn't allow anyone else to cook. Ms. Hudson's mother would begin making her fruitcakes in early November, and hide them well, because there was always someone ready to sample them before Christmas. A trip to the Narrows produced the Christmas tree that would stand in the center of the dining table. Family always made a point to show up for Christmas day, and chicken was always the centerpiece of a large meal. Her mother always made sure there was extra food for those who didn't have much, and always set an extra plate because someone was sure to stop by before the day was out. For the men who were overseas, packages would have been made up and sent, and often a package received in return with things the men had picked up in far away lands. Later, when she was a young mother, her husband made many of the gifts for their children by himself. Ms. Hudson says that his year will be a special Christmas, as a grandchild is expected in Denmark. Ms. Hudson can't remember a time when Christmas wasn't wonderful, and relates that no matter the grief that life brings, there is so much happiness to be had, too.

Down the hall, Ruby Collins recalls her most memorable Christmas with ease. She was ten years old and living with her two grandmothers and one great-grandmother. She still believed in Santa, and her gift that year was her first ring, one with her birthstone in it. She felt so special to have gotten a ring, but knew that someone in her house had to be helping Santa to get a ring for her finger. Her grandmothers told her that they had helped Santa. Christmas these days are just as special for Ms. Collins. She says that during the three Christmas's that she has been at the Brazos Valley Care Home the Christmas holiday is always wonderful, and Activities Director Shirley Taylor is a gift.

Further up the hall, Ida Pack is snuggled beneath a pretty quilt as she tells how much she loves Christmas, and always has. She recalls Christmas' with lots of family and a Christmas dinner. When she was a young the children, herself, two brothers and two sisters, hung stockings that Santa filled with candy and apples, and when she was older they would hunt the pastures for a Christmas tree.

Activities Director Shirley Taylor says that each year the residents of the Brazos Valley Care Home have a Christmas Party that family is welcome to attend. Santa helps hand out gifts, and refreshments are on hand for everyone to enjoy.

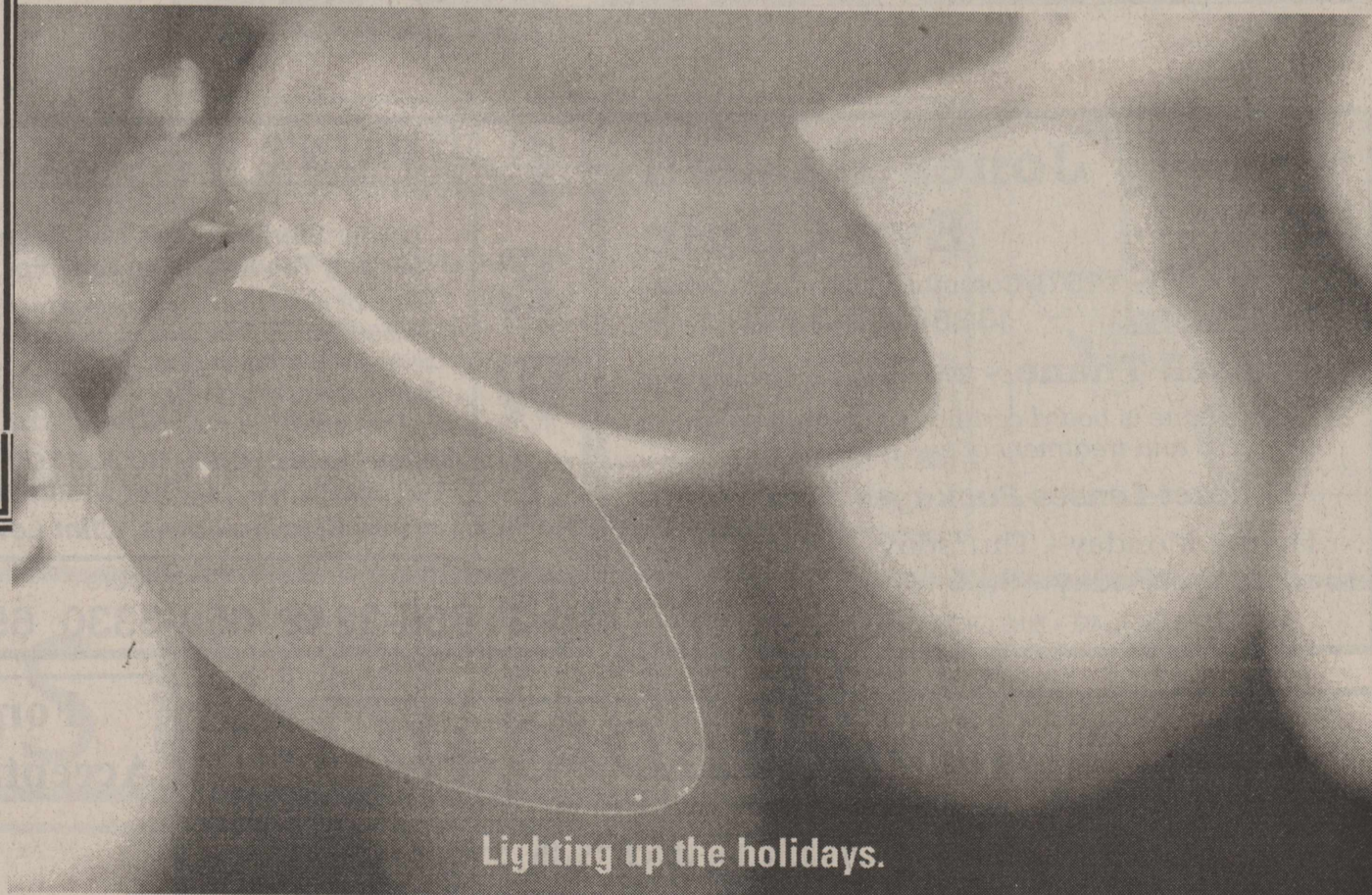
**THANK YOU**

Thank you for the flowers, food, cards, and mostly your prayers, during my Hospital stay. I also want to say Thank You to the Best Wife and Nurse a guy could ask for.

Thank You Debbie

Jerry Curd

5:35 p.m. Thursday



Lighting up the holidays.

As you begin using decorative lighting in and around your home this holiday season, AEP Texas reminds you to keep safety in mind. Check light strings for frayed cords, and use only UL-approved lights and extension cords. Remember not to overload circuits, and remind children not to touch lights or outlets. And on behalf of all of us here at AEP Texas, please enjoy a safe, bright holiday season with your family and friends. AEP Texas is there, always working for you.

**AEP TEXAS**  
A unit of American Electric Power

For more information about electrical safety, visit [aep.com](http://aep.com)

## Fall 2005 UIL Jr. High Team Commissioners Court



photo courtesy Sheri Baty

## Weather Cold, Academics HOT

Despite sub-freezing temperatures, the Knox City-O'Brien Elementary and Middle School heated up the UIL academic competition at the annual Fall meet held at the Knox City Elementary campus.

The elementary and middle school campuses swept the meet with winning team scores of 812.5 and 644 points, respectively. The nearest team total of 337 points in the elementary competition was Aspermont and Jayton with 482 points at the middle school level. Teams from Knox City - O'Brien, Paint

Creek, Aspermont, Jayton and Rule competed in the two day event.

Students were tested in such academic fields as mathematics, spelling, oral reading, music, listening, dictionary skills, social studies, art and maps/graphs/charts, among many other areas. Approximately, 200 students participated in the event.

As with all successful events, volunteers were a very important part of hosting the event for the students. Numerous volunteers hosted the Elementary PTO concession stand serving a variety

of items from hot chocolate & fresh-off-the-grill hamburgers to ice cold sodas. Other volunteers graciously ran errands and assisted wherever they were needed. All proceeds from the concession stand will benefit the elementary students at the Knox City Elementary campus through activities of the Parent Teacher Organization.

Congratulations to the UIL academic teams of Knox City - O'Brien on their academic success. The students represented our school and community very well.

## Fall 2005 UIL Elementary Team



photo courtesy Sheri Baty

## TERRY'S TALK

by Terry Utley

### NEW BORN CALF PROBLEMS/BACK TO THE BASICS

One of my cows that recently calved has two huge front teats. I called it mastitis, but my neighbor says it's balloon teats. Who's right?

Well, you both could be. Mastitis is an inflammation of the mammary gland. It is most commonly caused by a bacterial infection.

Balloon teats generally refer to a structural problem where the teats fill far beyond their normal size. This usually is an inherited problem, and the milk in the teats may be normal.

However, these very large teats are more likely to become infected. But whether infected or not, the calf may not be able to nurse these monsters to get adequate colostrum early on or enough groceries for optimal long-term growth.

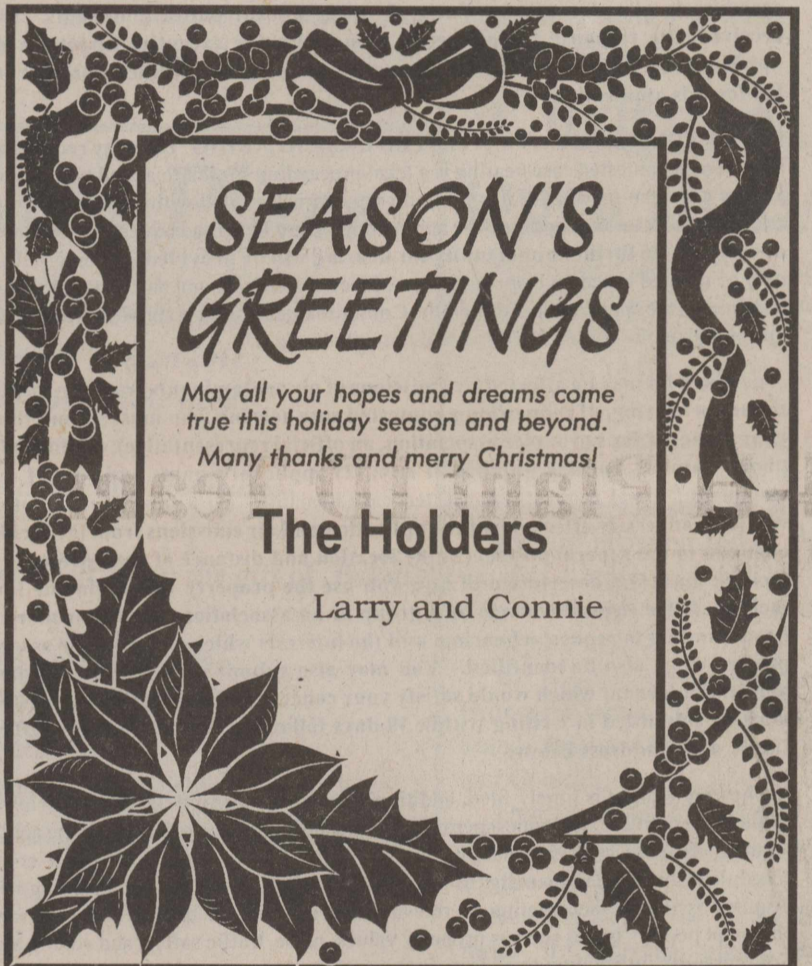
This cow needs to be closely examined and may need to be milked out several times until

the calf is able to keep the teats nursed down. Certainly, mastitis should be treated if it is present. Even if the teat goes down and the calf does well, the cow should be culled. It is important for any cow with poor udder and/or teat structures to be culled before problems like this arise.

Because of the heritability, bulls from these cows should not be used for breeding. The heifers from the herd should be watched even closer for problems.

Educational programs of the Texas Cooperative Extension are open to all citizens without regard to race, color, sex, disability, religion, age, or national origin.

Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in a meeting or program are encouraged to contact the Knox County Extension Office at (940) 459-2651.



### Jones-Haskell Eye Clinic

1501 Columbia, Stamford, Texas  
 (325) 773-2083

**Trussell Thane - Therapeutic Optometrist**

Dr. Thane is board certified in the diagnosis and treatment of eye disease.

**Contact Lenses Packages Available**

Hours: Monday - Thursday, 8:30 to 5:00  
 Friday - 8:30 to 1:00

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### LEWIS PAINT & BODY SHOP

From 1952 to 2005,

Owner Sterling Lewis Has Been Proudly Serving The Knox City Area For 53 Years

Day or night, the only name you need to know.

Specializing in major repairs, custom painting & striping, windshields and door glass, door and wheel aligning, & frame straightening. We can also replace those worn out headliners! **We UNLOCK Locked Cars!!!**

**COME SEE US FIRST - NO JOB TOO LARGE OR TOO SMALL !! - 24 HOUR WRECKER SERVICE**  
**Sterling Lewis, Clint Lewis**

Days After Hours Or  
**658-3342 658-3330 658-3629**

### NOTICE TO CONTRACTORS OF PROPOSED TEXAS DEPARTMENT OF TRANSPORTATION (TXDOT) CONTRACTS

Sealed proposals for contracts listed below will be received by TxDOT until the date(s) shown below, and then publicly read. CONSTRUCTION/MAINTENANCE/BUILDING FACILITIES CONTRACT(S)

Dist/Div: Childress

Contract 0925-00-051 for STRIPING in CHILDRESS County, etc will be opened on January 10, 2006 at 1:00 pm at the State Office.

Plans and specifications are available for inspection, along with bidding proposals, and applications for the TxDOT Prequalified Contractor's list, at the applicable State and/or Dist/Div Offices listed below: If applicable, bidders must submit prequalification information to TxDOT at least 10 days prior to the bid date to be eligible to bid on a project. Prequalification materials may be requested from the State Office listed below. Plans for the above contract(s) are available for TxDOT's website at www.dot.state.tx.us and from reproduction companies at the expense of the contractor.  
 NPO: 18672

State Office

Constr/Maint. Division  
 200 E. Riverside Dr.  
 Austin, Texas 78704  
 Phone: 512-416-2540

Dist/Div Office(s)

Childress District  
 7599 U.S. 287  
 Childress, Texas 79201-9705  
 Phone: 940-937-2571

Minimum wage rates are set out in bidding documents and the rates will be part of the contract. TxDOT ensures that bidders will not be discriminated against on grounds of race, color, sex, or national origin.

## HOME MEDICAL EQUIPMENT

Neublizer-with pari jets for Medicare Patients  
 Neublizer Medications-brought to your door by UPS



Oxygen Concentrators

Oxygen Portables

CPAP, BIPAP

Company Owned Pharmacy  
 AEROCARE Houston, TX.

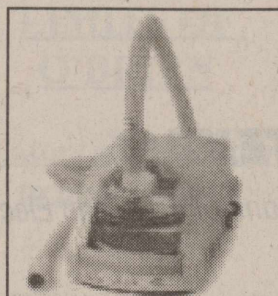
We see our patients once a month:

For information contact:

Debbie Moorhouse/Johnna Voss  
 940-459-2021 or 940-256-1189

24 hr. service

602 E. Dimmitt Benjamin, Tx 79505



### For Sale Accepting Bids

1998 Dodge

1 ton dually, 160k miles,  
 Manual transmission, with  
 new Lincoln Ranger 250  
 Welder and Cutting Torch.  
 Vehicle in Good Condition.

For Sale Taking Bids

2000 Chevrolet Z71  
 Extended Cab Pickup  
 4-Wheel Drive  
 103,000 miles

If interested contact Wayne  
 at Citizens Bank, NA  
 940-658-3527

# EXTENSION CONNECTIONS

by Lori Coop

## Family Fitness throughout the Holidays

As the temperature outside continues to grow colder, it is easy to simply want to cuddle up on the couch with a warm cup of hot cocoa, snacks, and your favorite holiday movie. However, with the rising obesity levels, especially among children, staying active before, during, and after the holidays is an important part of being healthy.

A key way to help your children become healthy adults is to encourage an active lifestyle, according to Alice Kirk, Extension Program Specialist. Children in the United States today are less fit than they were a generation ago, and physical inactivity has become a serious problem. Americans are increasingly overweight, with the number of obese adults and overweight children doubling between the late 1970s and the early 2000s.

Both children and adults need time to improve their health through physical activity. A pattern of inactivity, also known as a sedentary lifestyle, begins early in life, making the promotion of physical activity among children imperative. Research indicates that regular physical activity has significant health benefits. Even modest increases in activity levels can have health-enhancing effects, including a reduction in chronic disease risk such as hypertension, type 2 diabetes, cardiovascular disease, and obesity.

So, what can parents do to help increase the entire family's fitness level? It's not as difficult as it seems. First and foremost, parents can be good role models. If children do not see the adults in their lives taking interest in hobbies and participating in activities that promote continuous movement for 30 to 60 minutes a day, they are less likely to adopt active lifestyles.

Decreasing "screen time" for families during the holidays is another way parents can increase the family fitness level. According to the American Academy of Pediatrics, the average child watches about 3 hours of television a day. And the average child spends 5 1/2 hours daily on all media combined, according to the Kaiser Family Foundation. Choosing to turn off the television or computer and taking an outdoor family walk to see neighborhood holiday decorations or just dancing around in the family room to favorite music are two ways to keep the family moving.

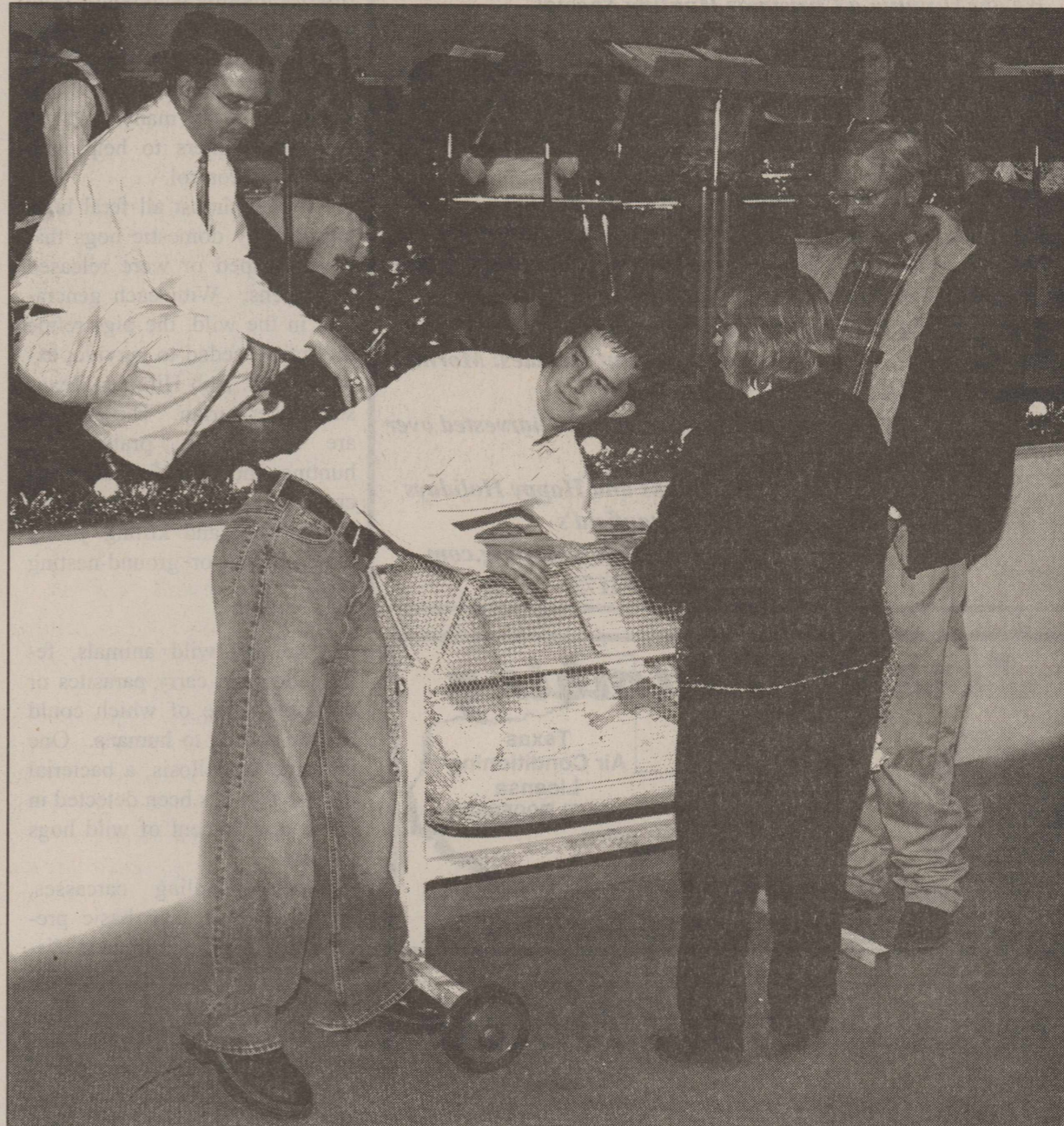
Take every opportunity to establish good viewing habits, and ensure that children have no more than 2 hours of television and video time per day, as recommended by the American Academy of Pediatrics. Parents should also encourage their kids to do a variety of activities.

For children, exercise means playing and being physically ac-

tive. Kids exercise in gym class, walking or playing fetch with the dog, or even playing tag in and outdoors. According to the 2005 dietary guidelines from the U.S. Department of Agriculture and the Department of Health and Human Services, all children 2 years and older should get 60 minutes of moderate to vigorous exercise on most, and preferably all, days of the week, with adolescents and adults getting at least 30 minutes. To keep kids away from the TV and off the couch, encourage games to get kids moving, and set a positive example by joining in. What sounds like more fun, 30 minutes walking on a treadmill or 30 minutes playing and laughing with your children? Being active is a crucial element of health for all ages. So this year, resolve to take small steps to help your family make healthy behavior changes that will keep your family moving towards better health in the coming year.

Educational programs of the Texas Cooperative Extension are open to all citizens without regard to race, color, sex, disability, religion, age, or national origin. Individuals with disabilities who require an auxiliary aid, service or accommodation in order to participate in a meeting or program are encouraged to contact the Knox County Extension Office at (940) 459-2651.

# Greyhound Pride Band Holds Drawing At The Christmas Performance



Andy Shaver draws for the \$1000. Gift Certificate. On Lookers are Band Director Mark Tucker and Band Assistants Mr. Bob Collins & Mrs. Nickie Collins.

If the Christmas spirit has passed you by this holiday season, then Monday Night's performance by the Knox City Greyhound Pride Band could have put you in the spirit for the weeks to come. Students from O'Brien Middle School's 5th, 6th and 7th & 8th grades as well as Knox City's High School Band performed a beautiful ensemble of Christmas melodies. Their music had the audience humming the holiday tunes as they exited the evening performance enough to attest to the fact that the music was so good that even

Scrooge would have had the holiday spirit.

Band Director Mark Tucker selected the musical choices but it was up to the 90 students to perform the selections to their very best. They are commended for a beautiful performance. The Knox City Greyhound Pride Band has transformed over the years into one of the state's top Ensemble bands at the High School level. This is not an achievement reached in a short time but over the years, the students' and Mr. Tucker's dedication has gotten them to one of

the top 5 positions in the state of Texas. Needless to say, Monday night's performance was well worth attending.

However, if you were unable to enjoy Monday's performance, you still have an opportunity to shake the holiday blues. The Knox City Elementary will be performing a variety of holiday tunes and skits to their audiences' enjoyment on Thursday evening. Students from Pre-K through Fourth grade will perform. The public is invited to attend the evening performance which will begin at 6:30 p.m.

picture courtesy Sheri Baty

# 4-H Plant ID Team



L to R Zakery York, Brandon York, Tiffany Esquivel, Samantha Esquivel

Knox County 4-H Junior Team - 1st place  
Zakery York - 10th place High Point Individual  
Brandon York  
Samantha Esquivel - 2nd place High Point Individual  
Tiffany Esquivel  
Vanessa Solis participated as Knox County 4-H Senior Individual.

There were 88 youths for the FFA and 4-H junior and senior teams participating and competing in the 2005 State Fair of Texas Range and Pasture Plant Identification contest on October 1, 2005. It was a learning experience for the youths and helped

to emphasize the value of plant naming, plant identification skills and the importance of plants as a part of our environment.

The first place Knox County 4-H Junior Team received \$200.00, banners, buckles, and briefcases. This team will participate on January 7, 2006 at the Coryell County Fair Invitational Plant Identification Contest in Gatesville, Texas. If any 4-H youth is interested in learning and wants to participate in the Knox County Plant ID team call your extension office, because there is time for practice, before the Regional-District 3 Area contest in March or April.

## Knox County Sheriff's Report

1. Brumley, Brandon  
12-06-05  
Bench Warrant/MTR Unlawfully Carrying Weapon
2. Mitchell, Cornelius  
12-7-05  
Theft by Check (Misd. B)
3. Cuellar, Famon C.  
12-8-05  
Credit Card Abuse (State Jail Felony)
4. Harlan, Shanon  
12-10-05  
Unpaid Traffic fines
6. Maxwell, Jennifer  
12/10/05  
Possession of Controlled Substance (Felony) Possession of Marijuana (Misd. B)
7. Decker, Joe H.  
12-12-05  
Driving While Intoxicated (Misd. A)

## Knox County Retired Teachers Luncheon

The Knox County Retired Teachers Association will have a December luncheon on Tuesday, December 20th at 12 noon at the First United Methodist Church in Munday. Please bring two Bingo prizes and your favorite dish for the potluck luncheon.

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## NOTICE

The Knox City Economic Development Board will be taking sealed bids on the property located at the East 100 feet of Lot No. one (1) in Block No. Thirty-five (35) of the original town of Knox City (Old Western Auto) bids will be taken until January 9, 2006, at City Hall during regular business hours.

## CITYWIDE NOTICE

The City of Knox City is doing a winter cleanup all City owned property will be cleaned of all trash and junk. If any of this back tax property once belonged or was leased by you and you have any type of property on the lots you will have until January 1, 2006 to remove it.

## NOTICE OF APPLICATION FOR FLUID INJECTION WELL PERMIT

Hunt Oil Company, Fountain Place, 1445 Ross at Field, Dallas, Texas 7502-2785 has applied to the Railroad Commission of Texas for a permit to inject fluid into a formation which is productive of oil or gas. The applicant proposes to inject fluid into the Twin Peaks, Strawn Lower, and Strawn 5400" formations in the S.B. Burnett Estate "WC" Lease Well Number WC-1. The proposed injection well is located 17 miles southeast of Guthrie, Texas in teh Anne Tandy (Strawn5400) Field, King County, Texas. Fluid will be injected into strata in the subsurface depth interval from 5230" to 5550".

**LEGAL AUTHORITY:** Chapter 27 of the Texas Water Code, as amended, Title 3 of the Natural Resources Code, as amended, and the Statewide rules of the Oil and Gas Division of the Railroad Commission of Texas.

Request for a public hearing from persons who can show they are adversely affected, or requests for further information concerning any aspect of the application should be submitted in writing, within fifteen days of publication, to the **Environmental Services Section, Oil and Gas Division, Railroad Commission of Texas, P.O. Box 12967, Capitol Station, Austin, Texas, 78711-2967. Telephone 512/463-6792.**

### Christmas Hunting Specials

We would like to wish everyone a Merry Christmas and a Happy New Year.

We are running a Christmas Hunting Special

**Goose Hunting Special** \$200 a day includes: lodging, dinner the night you arrive, breakfast, a guided goose hunt, and lunch. This package is usually \$275 per gun. I need at least 4 people to book this.

The dates that are available are Dec 15, 16, 31.

**Duck Hunting Special:** \$125 per man 4 gun minimum Dec 19, 20 and 21 Package hunt includes: includes dinner, lodging, and breakfast.

**Pheasant Hunting Special:** \$175 per gun Dec 15, 16, 19, 20 and 21 Package hunt includes: Morning pheasant hunt, lodging, and meals.

We are having a great season so far we have harvested over 1700 ducks and geese already.

Thanks and Happy Holidays  
The Stanfield's  
www.stanfieldhunting.com  
940-658-3172

### Goin Wild Hog Huntin? Pack Gloves with Those Guns!

Texas is a sportsmans paradise for hunting wild hogs. With an estimated population of more than three million of the prolific feral (wild) animals roaming across the state, many ranchers welcome hunters to help with population control.

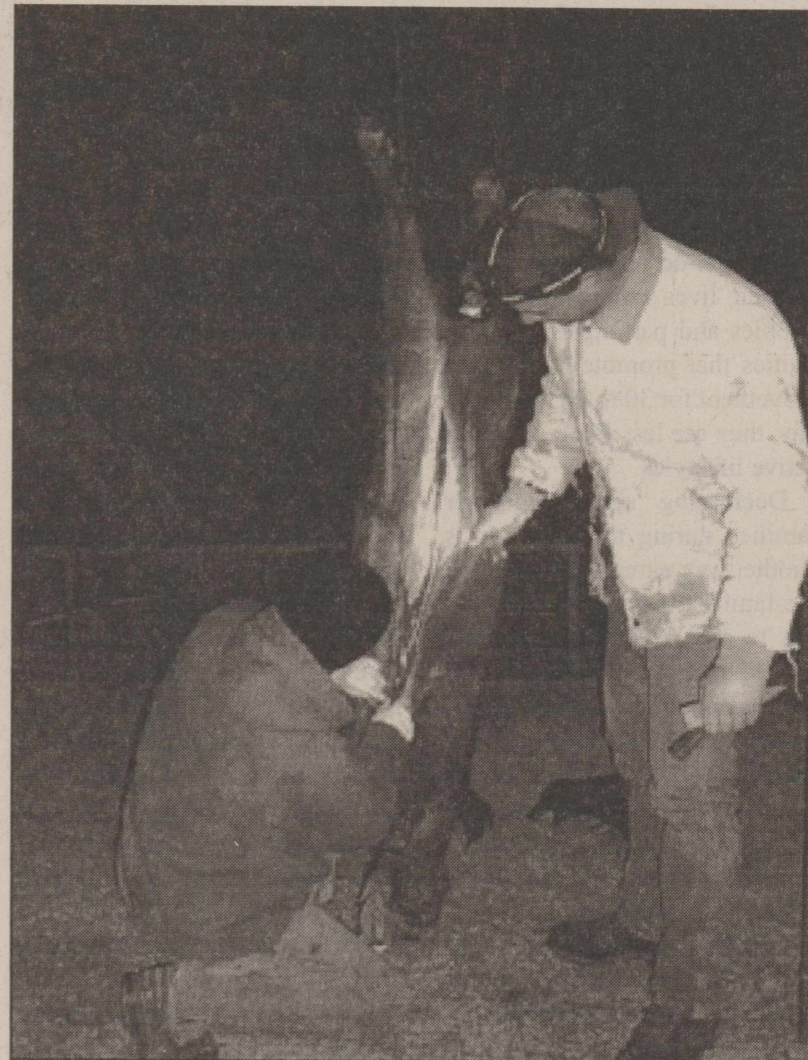
Today, almost all feral hogs are actually domestic hogs that have escaped or were released from pens. With each generation in the wild, the pigs refine the traits needed to survive, explained Dr. Bob Hillman, Texas state veterinarian. The animals are alternatively praised for hunting, and hated for damaging crops and fences, gouging holes in pastures, and killing young lambs, goats or ground-nesting birds.

Like any wild animals, feral swine can carry parasites or diseases, some of which could be transmitted to humans. One is swine brucellosis, a bacterial disease that has been detected in about one percent of wild hogs tested.

When handling carcasses, hunters should take basic precautions to protect against disease and pest exposure, and most importantly, prevent blood-to-blood contact with the animals, said Dr. Hillman, who also heads the Texas Animal Health Commission (TAHC), the states livestock and poultry health regulatory agency.

Dr. Hillman urged hunters to:

1. Avoid eating or drinking (or reaching for cigarettes or chewing tobacco) when field-dressing or handling carcasses. Dont risk putting germs directly in your mouth!
2. Put on latex or rubber gloves before making the first cut.
3. Wear long sleeves to avoid getting animal blood into scratches, open wounds or skin lesions.



Bubba Benson and Chad Rainwater of Benjamin get ready to field dress this wild hog, that was shot southwest of Benjamin.

es, open wounds or skin lesions.

4. Wear a dusk mask and glasses or safety goggles to prevent blood or bodily fluids from splashing into eyes, nose or mouth.

5. As much as possible, avoid contact with reproductive organs and fetuses.

6. Wash hands thoroughly and disinfect knives when finished.

7. Launder hunting clothes in hot water as soon as possible.

8. Follow safe-handling procedures with the meat and cook it to at least 160 degrees F.

Although rarely seen today, swine brucellosis can be contracted by humans, with symptoms that can include night

sweats, swollen joints, back pain and general illness. If a hunter is cut while field-dressing a feral hog, exposed to the animals blood or bodily fluids, or develops symptoms comparable to those listed, a physician should be consulted, so appropriate diagnostic tests can be run. Medical care and antibiotic treatment are essential for recovery, said Dr. Hillman.

Hunters should not be overly concerned, but they should practice good hygiene when handling carcasses of any animals, said Dr. Hillman. These basic biosecurity measures are a good habit to develop; one that can protect your health.

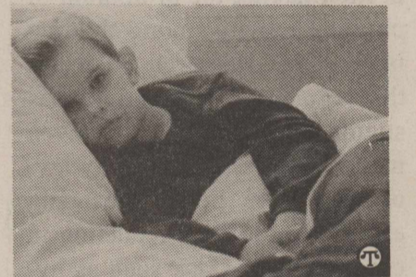
### How To Manage The Flu This Holiday Season

(NAPS)—The holidays are here and the last thing you want to deal with this season is influenza. According to the Centers for Disease Control and Prevention (CDC), as many as one in five Americans contract the flu each year, resulting in more than 200,000 hospitalizations and 36,000 deaths. For millions, influenza will keep children home from school, parents home from work, put a damper on holiday celebrations and interrupt family vacations. "We anticipate seeing record numbers of patients with influenza again this year," says Leslie Mihalow, M.D., chief of the ER at Columbus Children's Hospital in Columbus, Ohio, which saw 450 flu-ridden children a day during a peak last December.

Further complicating this year's flu season is the scarcity of the influenza vaccine, which can help prevent illness. The CDC estimates that as many as 44 million people will go without a flu vaccine this year. But, even if you can't get a flu shot this season, there is a flu test available to help you manage the flu.

Although there are no fool-proof ways to avoid catching the flu, health care professionals recommend that you see a physician for an influenza test at the first sign of symptoms—muscle aches, fever, headache, sore throat, runny nose and fatigue.

One test that has gained wide-



spread popularity among physicians is the QuickVue® Influenza test, a fast, painless test that can detect the presence of the influenza virus. The test is simple to administer to both adults and children and can provide results in 10 minutes or less right in the doctor's office or the emergency room.

Once influenza has been confirmed, a physician can prescribe antiviral drugs that can reduce the severity and duration of influenza and help prevent the spread of the virus to others. Your physician may also prescribe antivirals to members of the family that have been exposed to the virus to help prevent illness. Importantly, people should resist the urge to "ride out" the symptoms, as antivirals must be taken within 48 hours of symptoms to treat the flu.

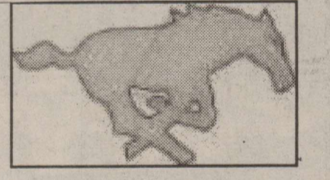
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Brittany Coop passes the ball to Devon Jones



Jenna McCanlies and Devon Jones

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# Greyhounds Sports Page

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 Go Hounds & Houndettes  
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## Vernon Tournament

Game 1: KC 44 Holliday 53  
 Game 2: KC 44 Crowell 42  
 Game 3: KC 78 City View 46

Won the Consolation Trophy  
 Nikki Moss made the All-Tournament Team.

## O'Brien Middle School Basketball Schedule 2005

Nov. 10	Jayton	There	5:30
Nov. 21	Aspermont	There	5:30
Dec. 5	Paducah	There	5:30
Jan. 5	Open		
Jan. 16	Paint Creek	There	5:30
Jan. 21	Munday	Goree	TBA
Jan. 23	Open		
Jan. 30	Rule	There	5:30

## Knox City Houndette & Greyhound Basketball Schedule 2005

Nov. 5	##Munday	Away	Girls Only	TBA
Nov. 8	Crosbyton	Away	JVG, VG	5:00
Nov. 11	Albany	Home	JVG, VG	5:00
Nov. 15	Petersburg	Guthrie	VG, VB	6:30
Nov. 17-19	Crowell JV Tour.	Away	JVG, JVB	TBA
Nov. 18	Archer City	Home	VG, VB	6:30
Nov. 22	Rotan	Away	JVG&B, VG&B	4:00
Nov. 25-26	Fantasy of Light	Wichita Falls	VG, VB	TBA
Nov. 29	Munday	Home	JVG&B, VG&B	4:00
Dec. 1-3	Munday Tourn	Munday	JVG&B, VG&B	TBA
Dec. 6	Throckmorton	Away	JVG&B, VG&B	4:00
Dec. 8-10	Vernon Tourn	Vernon	VG, VB	TBA
Dec. 13	#Rule	Away	JVG&B, VG&B	4:00
Dec. 16	#Aspermont	Home	JVG&B, VG&B	4:00
Dec. 19	#Paint Creek	Away	VG, VB	6:30
Dec. 30	Petrolia	Seymour	VG, VB	3:00
Jan. 3	Open			
Jan. 6	#Jayton	Home	JVG&B, VG&B	4:00
Jan. 10	#Paducah	Away	JVG&B, VG&B	4:00
Jan. 13	#Guthrie	Home	VG&VB	6:30
Jan. 17	#Rule	Home	JVG&B, VG&B	4:00
Jan. 20	#Aspermont	Away	JVG&B, VG&B	4:00
Jan. 24	#Paint Creek	Home	VG&VB	6:30
Jan. 27	Open			
Jan. 31	#Jayton	Away	JVG&B, VG&B	4:00
Feb. 3	#Paducah	Home	JVG&B, VG&B	4:00
Feb. 7	#Guthrie	Away	VG&VB	6:30

Head Coach Girls- Shannon Fisher  
 Head Coach Boys- Daniel Hinajosa  
 Athletic Director-Wayne Hutchinson  
 Principal-Mack Lowe  
 Superintendent-Louis Baty

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LEGAL NOTICE - THAT IN ACCORDANCE WITH SECTION 30.05 OF THE PENAL CODE OF TEXAS - (CRIMINAL TRESPASS SENATE BILL III LEGISLATURE), NOTICE IS HEREBY GIVEN THAT ALL LANDS OF THE W.T. WAGGONER ESTATE ARE POSTED - SAVE AND EXCEPT WHERE WRITTEN PERMISSION IS GIVEN TO COME UP ON THE SAME.

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**FOR SALE**  
 Nice two bedroom, one bath home for sale. Storm cellar, water well.  
**704 Aspen,**

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 DT/I\*1-TF/C (15)

**O'Brien,Tx Hwy.6**  
**HOUSE FOR SALE**

3 bedrooms, double garage, fenced yard in back, water well, windmill,barn, fruit trees, includes 4 lots.  
 call at night, **940-658-3278**

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One owner. Southern edge of Knox City across from the care home. 3 bedrooms/2 bathrooms, central heat and cool, 2 car garage, fire place, covered patio,large den and kitchen with built-in appliances. Concrete cellar and storage sheds, large yard, trees. Sprinkling systems. New eyes and windows. Price reduced greatly. Call Danny at 940-864-8660 or 325-698-3326.

3 bedroom, 2 bath in O'Brien. 1430 sq. ft. on 2 lots, w/shade trees, 10x24 deck, 6 ft. fence, water well, C H/A, new paint on outside.  
**940-657-3498**  
 ask for Dorothy.

**For Sale**  
 2/3 bdrms, 1 bath 1 car carport with metal roof, corner lot \$5,000 301 North 3rd Street call 940-658-3509 after 5pm call 940-657-4283

## REAL ESTATE

**For Sale**  
 3 Bedroom, 2 Bath Brick home. Fenced back yard, fireplace, large utility room. Central heat and air.  
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 Located on a corner lot.  
**606 South Central**

**Price Reduced**  
 3 Bedroom, 2 1/2 Bath Brick home. Central Heat/Air. Wood burning stove. Large rooms. 10ft. ceilings. Spiral staircase with bonus room! 3 car carport. Nice shop with concrete floors, heated and cooled! Nice large trees. Located in an excellent neighborhood.  
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**Lots for Sale:**  
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It was the job of the sailors to turn the glasses. To show that they were on the job, they'd sound a bell. A half hour was one bell; an hour two bells.

Whether you use an hourglass or a watch, both say, "Right now God is ready to welcome you. Today He is ready to save you."

You can count on the sun to shine by day and the stars to shine by night. But you can't count on the past to come back or for tomorrow to come.

You'll be saved now, won't you?



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Each Depositor Insured up to 100,000  
**FDIC**

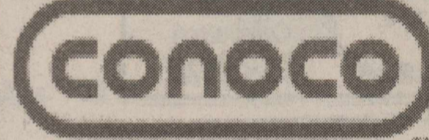
208 Carothers, Rochester, TX 79544 • (940) 743-3511  
 110 West Main, Munday, TX 76371 • (940) 422-4522  
 610 Columbia, Stamford, TX 79553 • (325) 773-2112  
 200 South Avenue E. Haskell, TX 79521 • (940) 546-8555



## We're Your Style of Bank

We take the time to get to know you, to understand your operation, to work with you to find the best ways to help you grow and prosper.  
 Take a little of your time and stop in to see us. We think we'll suit your style better than any other bank.

# Penman's



16 oz. MonsterEnergy Drink  
 All Flavors



**\$1.39**  
 (Reg. 2.19)

**Monday - Chicken Fried Steak Sandwich \$2.99**

**Tuesday - Burger & Logs \$3.00**

**Wednesday - Grilled Chicken Sandwich \$2.99**

**Thursday - 4 pc. Chicken Strip Dinner \$4.99**

**Friday - Burger Day \$2.25 or 75¢ off any other**

## Bud's Best

7 1/2-8 oz.

### Cookies

Vanilla creme  
 Chocolate Peanut Butter  
 Butterfinger Candy N Cookies  
 Pecan Supremes  
 Coconut Bars

**.99¢**

## Pibb Zero Coke Zero



**.79¢**

HOMETOWN SERVICE WITH A SMILE  
 Special Good Thursday-Friday and Saturday

658-3424