



Texas Sales Tax Holiday is August 11-13

Texas Comptroller Glenn Hegar is reminding shoppers they can save money on clothes and school supplies during the state's sales tax holiday on Friday, Saturday and Sunday, August 11-13.

State law exempts sales tax on qualified items — such as clothing, footwear, school supplies and backpacks — priced below \$100, saving shoppers about \$8 on every \$100 they spend. The dates of the sales tax holiday and list of tax-exempt items are set by the Texas Legislature.

“As Texans prepare for the back-to-school bell, this is the perfect time to take advantage of the opportunity to save money on everything from blue jeans to ballpoint pens,” Hegar said. “As the father of three, I know how these expenses can add up.”

The Comptroller's office estimates that shoppers will save \$136 million in state and local sales tax during this sales tax holiday.

Apparel and school supplies that may be purchased tax free are listed on the Comptroller's website at TexasTaxHoliday.org.

During the annual sales tax holiday, qualifying items can be purchased tax free online or by telephone, mail, custom order or any other means (including in-store purchases) when either: (1) the item is both delivered to, and paid for by, the customer during the exemption period; or, (2) the customer orders and pays for the item, and the seller accepts the order during the exemption period for immediate shipment, even if delivery is made after the exemption period ends.

See the School Supply Lists on Page 9

Keep Friona Clean

Roll-off box to open up for waste items

The City will open up the roll-off box this Saturday, August 5, from 10:00 a.m. - 3:00 p.m. Please come by to dump those items that don't belong in your dumpster and do your part to help Keep Friona Clean!



paint cans (with or without liquids), electronics and appliances, drums/barrels, brick, wood and concrete, railroad ties. Items not accepted in the roll-off box are tires, oil and tree limbs. To dispose of these items, please contact the City office at 806-250-2761.

The roll-off box is located at East 8th and South Jackson Ave. It is a free service provided to Friona residents. Examples of items not allowed in dumpsters includes: steel and metal, mattresses and furniture, refrigerators/AC units,

Life is a Highway - Bring Plenty of Snacks



Blake Carthel, River Denton, Mason Carthel, and Cambrie Carthel decided to take the jeep for a spin at the Kidz Building Camp last Friday evening. The four “ice cream sandwich taste testers” enjoyed the break from the summer heat. Weather guru John Gurley reported this week that there were 11 days of 100°+ heat in July. The two hottest days were July 19-20 with a high temp of 106° recorded for both. Go to www.frionaonline.com to see more building camp photos.

Study shows the health benefits of pecans

Daily consumption of pecans have been shown to prevent obesity and a host of related health issues like fatty liver disease and diabetes, according to a collaborative study by Texas A&M AgriLife scientists.

“Obesity and diabetes numbers are increasing in modern society worldwide, and the trend in high fat diet consumption is one of the main reasons besides lifestyle and genetic predisposition,” said Luis Cisneros-Zevallos, Ph.D., professor of horticulture and food science in the Department of Horticultural Sciences in the Texas A&M College of Agriculture and Life Sciences and affiliate scientist in the Institute for Advancing Health Through Agriculture. “People are searching for healthier options, and we have now shown pecans are a healthy tool consumers have in their hands.”

Cisneros-Zevallos, principal investigator for the study, published “Pecans and Its Polyphenols Prevent Obesity, Hepatic Steatosis and Diabetes by Reducing Dysbiosis, Inflammation and Increasing Energy Expenditure in Mice Fed a High-Fat Diet” in MDPI.

Cisneros-Zevallos's work pro-

vides scientific evidence supporting the traditional knowledge in the Americas that pecans are highly nutritious, said Amit Dhingra, Ph.D., head of the Department of Horticultural Sciences.

“Thanks to Dr. Cisneros-Zevallos' work, we now know what potential mechanisms underlie that nutritional benefit,” he said. “Our department is focused on the areas of sustainability, wellness and food security, and this research illustrates the relevance of horticultural crops for human health.”

Pecans provide health benefits

The study was conducted by an interdisciplinary collaborative team including Claudia Delgadillo-Puga, Ph.D., and Ivan Torre-Villalvazo, Ph.D., at the National Institute of Medical Sciences and Nutrition Salvador Zubiran, Mexico.

Cisneros-Zevallos said researchers applied pecans and high fat diets to mice models and found that pecans increased energy expenditure and reduced dysbiosis and inflammation. The study confirmed that pecans modulate adipose tissue lipolysis and mitochondrial oxi-

dative metabolism in liver and skeletal muscle.

He also noted the anti-inflammatory properties of pecans observed in the study reduced low-grade inflammation that leads to chronic inflammation and the development of a range of prevalent diseases. He added that this also shows pecans maintain body weight and prevent diabetes despite consuming a high fat diet.

The new functionality can make pecans a superfood, which can be consumed directly or utilized in the growing markets of functional foods and dietary supplements.

Identifying new ways to consume pecans

“This observation is key when designing strategies for studies, the more we know of unique functionalities of pecans, the more possibilities to create healthier products,” Cisneros-Zevallos said. “Pecans are of economic and historical importance to Texas and the U.S., and their production provides stability to farmers. This work will aid in the development of novel uses and products from pecans.”





Team Bluish
Quality of Building










Team Orange
Most Creative & Decorated



Team Red
Highest Percentage of Work by Kids

	Town Talk Page 3	Church Page Page 5	Classified Page 7	Schedules Page 8	Youth Sports Page 9	
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Emergency Siren System: Alternating tone • Firefighters only | Weather Warning: 1 long tone • take cover — 3 short blasts • all clear | Tested 1st & 3rd Thurs. at 7 p.m.

Friona Weather	T	F	S	S	M	T	W	Precipitation	Burn Ban
August 2-8	 99 68 SSW 10-20	 100 69 SSW 10-15	 101 69 SSW 10-15	 97 64 ENE 10-15	 95 64 SE 10-15	 97 65 SSE 10-15	 98 68 SSW 10-15	July 2.22 Year 14.29	No

State Capital Highlights

By Gary Borders



Community Calendar

Send Calendar information to: frionastar@wtrt.net or call (806) 250-5200

August 3

• Senior Citizens meal at noon at Senior Citizens Center

August 5

• Roll-off trash containers open from 10 a.m. till 3 p.m.

August 7

• Senior Citizens meal at noon at Senior Citizens Center
• Friona Noon Lions Club meeting at the Farmwife Kitchen

August 9

• Library Book Shop at 618 Euclid is open from 3:30 - 5:30 p.m.

August 10

• Senior Citizens meal at noon at Senior Citizens Center

August 14

• Senior Citizens meal at noon at Senior Citizens Center

ON YOUR PAYROLL

U.S. Government



President: Joseph R. Biden, The White House, 1600 Pennsylvania Avenue NW, Washington, D.C. 20500. 202-456-1111, fax 202-456-2461, email comments@whitehouse.gov.



Senator: John Cornyn, 517 Hart Senate Office Bldg., Washington, D.C. 20510 202-224-2934, fax 202-228-2856.



Senator: Ted Cruz B40B Dirksen Senate Office Bldg., Washington, D.C. 20510 202-224-5922.



Representative: Jodey Arrington, 2019 Longworth, House Office Building, 202-225-4005. Lubbock District Office, 1312 Texas Ave. #219, Lubbock, TX 79401. Abilene District Office, 500 Chestnut St. #819, Abilene, TX 79602

State

Governor: Greg Abbott, Office of the Governor, P.O. Box 12428, Austin, Tx 78711-2428, 512-463-2000.



Senator: Kevin Sparks, P.O. Box 12068, Capitol Station, Austin, Tx 78711. 512-463-0131. Amarillo office: Historic Federal Building, 620 S. Taylor St., Suite 203, Amarillo, TX, 79101.



Representative: John T. Smithee, Room CAPIW.10, Capitol P.O. Box 2910, Austin, Tx 78768. 512-463-0702. fax 512-476-7016. Amarillo office; 320 So. Polk, 1st Floor, Lobby Box 28, Amarillo 79101. 806-372-3327, fax 806-342-0327.



Wildfire chances increasing across state

The risk for wildfires across the state has risen along with the hot and dry conditions, according to the Texas A&M Forest Service.

"With the recent uptick in wildfire activity, Texas A&M Forest Service has mobilized additional personnel and equipment to assist with response," said Wes Moorehead, Texas A&M Forest Service fire chief.

Nine out of 10 wildfires cross the state are both human-caused and preventable. The most common causes of wildfires during summer are debris burning and equipment use.

The forest service reported seven active wildfires as of Friday, most of which were 90% contained. However, the Blum Fire covering an estimated 300 acres was only 40% contained, while the Classic Canyon Fire in Coryell County, covering 150 acres, was 20% contained.

There are 150 counties in Texas with burn bans.

Abbott signs tax relief bill; now goes to voters

With Gov. Gregg Abbott's signature on an \$18 billion property tax relief package, now it's up to the voters in November to approve a proposed constitutional amendment that would put it into effect.

The Austin American-Statesman reported that, if passed in November, homeowners would be eligible for a \$100,000 homestead exemption, with those 65 and older getting an additional \$40,000 exemption.

Voters also will decide the fate of 13 other proposed constitutional amendments on the November ballot.

clude creating a broadband infrastructure fund; creation of a Texas energy fund to build new electric generating plants; and creation of a water fund to finance water projects in Texas.

Bookstores sue over law rating books in schools

Texas bookstores have joined with national organizations to sue in federal court over a new Texas law that requires a rating system for books in schools and seeks to ban sexually explicit books from public school libraries.

The American Booksellers Association and other national groups were joined by BookPeople in Austin, Blue Willow Bookshop in Houston and others in filing the suit, saying the law, due to take effect on Sept. 1, "is unrealistic, limits students' reading options and narrows libraries' book selections," according to the Statesman.

Named as defendants in the suit are several state agencies, including the Texas Education Agency, the Texas State Library and Archives Commission and the State Board of Education, all of which will be responsible for implementing the law.

"This law is bad for small businesses, like independent bookstores," Charley Rejsek, CEO of BookPeople, said. "The workload, and the monetary aspect that goes along with the workload, is just impossible to meet."

In a tweet responding to the lawsuit, Rep. Jared Patterson, R-Frisco, who authored HB 900, said "bring it."

One in five Texans live in flood plain

About 20% of the state's population — nearly 6 million Texans — live in an area susceptible to flooding, according to new data gathered by the Texas Water Development Board and reported by the Texas Tribune.

The analysis by TWDB is part of its first statewide flood plan, required by a law passed in 2019 in response to Hurricane Harvey. Flood risks in Texas are increasing as the result of heavier precipitation due to climate change, stronger hurricanes and a rise in sea

levels — even as the state's population continues to increase.

In a presentation in mid-July, TWDB staff said one-fifth of the state's land — about 56,000 square miles — falls within an area classified as being in a 100-year floodplain.

The state is likely to spend tens of billions of dollars in flood protection. One of the first projects is the "Ike Dike," a massive gate system planned for the mouth of Galveston Bay, the Tribune reported.

"Getting this program up and running is a really big deal," TWDB Chair Brooke Paup said before the board approved the 15 regional plans, a major step in creating the statewide flood plan.

"I know it'll truly go so far to save lives and people's homes," Paup said.

Border concertina razor wire made by inmates

The miles of concertina razor wire strewn along the banks of the Rio Grande by Texas authorities — and the subject of a suit by the Department of Justice — is manufactured by inmates in an East Texas minimum-security prison unit, the Corpus Christi Caller Times reported.

The Texas Department of Criminal Justice was authorized to purchase nearly \$1.1 million worth of equipment to make the wire, according to the Legislative Budget Board's contract database, the Caller Times reported. While the prison system has been making such wire for the state's 100-plus prison units for some time, the new machines are allowing expanded production for use on the Texas border.

The new unit was shipped to the Powlledge Unit near Palestine in East Texas. That prison also has a metal manufacturing unit.

Gary Borders is a veteran award-winning Texas journalist. He published a number of community newspapers in Texas during a 30-year span, including in Longview, Fort Stockton, Nacogdoches and Cedar Park. Email: gborders@texaspress.com.

TEXAS CROSSWORD by Charley & Guy Orbison. Includes crossword grid and clues for Across and Down.

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COURTHOUSE NOTES

Susie Spring, County Clerk

Warranty Deeds recorded at the Parmer County Clerk's Office from July 20, 2023 to July 27, 2023

(7/20/23) Brandon Don Kirkland — ZBS Anderson Land and Cattle Co. — The Northeast Quarter of Section 63, Block "Z", W.D. and F.W. Johnson Subdivision, Parmer and Bailey Counties, Texas

(7/20/23) Francis Merritt — Javier Sanchez Lopez — A Tract of Land out of Capitol League 484, As Being Out of the NW 1/4 of Section 1, Township 3 South, Range 3 East, of a Capitol Syndicate Subdivision in Parmer County

(7/21/23) Ginger Trimble, Charles Edward Trimble — Jasen Herrera, Allison Herrera — The E. 47' Lot 3 and W. 26' Lot 4, Block 4, MIMO Addition, City of Farwell, Parmer County, Texas

(7/25/23) Isabelle Lewellen — Marcia Krizan Davis, Gary Davis — N. 60' of Lot 9 and the S. 20' Lot 10, Block 3 Welch Acres, First Installment, City of Friona, Parmer County

(7/26/23) Nancy Norwood — Douglas Norwood, Rebecca Sharpe, Jimmy Norwood, Daniel Norwood — All of That 10.0 Acre Tract of Land out of Capitol League 484, out of the Northeast Quarter of Section 16, Township 4 South, Range 4 East, of a Capitol Syndicate Subdivision of Parmer County, Texas

Come have Fun with us at Malouf's Fabric
These are the classes scheduled this summer

August 26: 3 yard quilt class "Make it Christmas"

September 9:
 Free Motion Quilting on Domestic Machines

September 23: Binding Class

Call 806-250-3575 to register • like us on Facebook

Ivy Cottage
 Bridal Registry

Ashlyn Timms
 and
Masen Sargent

Join our Bridal Registry Free of Charge!
 Inquire at Ivy Cottage - 1100 N Prospect Ave
 or call us at 250-8073

Come check out our greenhouse!

Look up past issues of the Friona Star on our website!

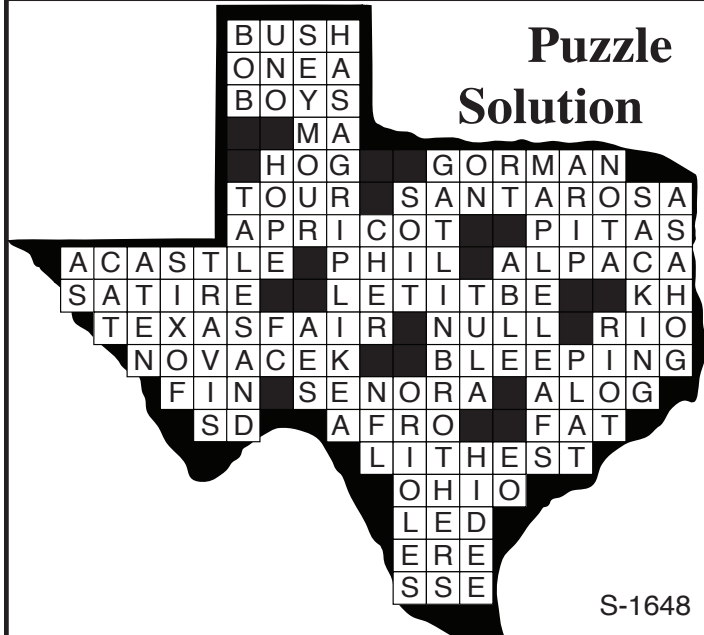
1.) Go to frionaonline.com
 2.) Click on the "newspaper archives" link
 3.) Search

Legacy Pointe would like to personally invite you to join us on Thursday August 17th at 6:00 PM for a good 'ol Fish Fry! They will be serving fried fish, hushpuppies, french fries, coleslaw and dessert for only \$5.00 per plate! Please RSVP to Kathy by Tuesday August 15th via phone call or text at (806) 206-7788. Hope to see you there!



Legacy Pointe Senior Apartments
 806-250-5599
 1500 N. Main - Friona Texas

Puzzle Solution



S-1648

TOWN TALK



Phone: 806-250-5200
 Email: frionastar@wrt.net

Free School Physicals — August 4th is the last scheduled "Fridays at the Clinic" at Parmer Medical Center. Times are 9-11am and 2-4:30pm and no appointment is needed. Parents need to be present and snacks will be offered. Physicals are a part of the requirements for "back to school" so let PMC assist you in meeting those needs.

Prairie/Legacy News — The Prairie Acres Resident of the Month for August is Lois "Ouida" Jones. The Employee of the Month is Karen Saddler who joined the staff in June of 2021 and works in the Housekeeping Department.

Sounds Fishy — Legacy Pointe is celebrating National Catfish Month by hosting a Fish Fry at 6:00 p.m. on Thursday August 17th. The cost of the meal is \$5 per plate and includes fried fish, french fries, coleslaw, hushpuppies, a dessert, and a drink. You can dine-in or purchase to-go plates. Please RSVP to Kathy at 806-206-7788 no later than Tuesday August 15th to reserve your order.

Anniversary Reminder — You are invited to celebrate the 50th Anniversary of Ted & Glenda Procter at a Come and Go Reception from 3-5 p.m. on Sunday, Au-

gust 6th at the 6th Street Church of Christ located at 502 W. 6th St. in Friona, Texas. No gifts please

Capital Highlights — Students from Deaf Smith Electric Cooperative's service area recently participated in a Government-in-Action Youth Tour. Stops on the journey included Austin and Washington, D.C. The six students met with their U.S. representatives. Other activities included sightseeing around both capitals and meeting students from other cooperatives. Friona students on the trip were Charlie Herring, Aubrey Schueler, and Emma Schueler.

On Schedule — workouts began on Monday for football and volleyball athletes. The annual alumni volleyball scrimmage is scheduled for Friday, August 4th at 7:00 p.m. Volleyball and football schedules are on page 8.

Centennial — The City of Amherst turned 100 last week. The town celebrated its Centennial on Saturday, July 29th with a parade down Main Street and lots of activities the remainder of the day. Happy Birthday!!!

Dollar Day — National Dollar Day on August 8th commemorates the day Congress established the U.S. monetary system

in 1786. In 1862, the United States printed its first dollar bill. George Washington was not on it. The first dollar bill featured Salmon P. Chase, President Lincoln's Secretary of Treasury.

The pyramid on the back is part of the Great Seal of the United States. There are 13 steps on the pyramid equaling the 13 original colonies. The number 13 is represented on the dollar bill in several places. Opposite the pyramid is an eagle. The image represents both war and peace. In the eagle's left talon it holds 13 arrows and in its right an olive branch. Above the eagle's head, there is a cloud with a constellation of 13 stars. The eagle includes a shield with 13 stripes. The bill was also the inspiration for several retail stores. You know, Family Dollar, Dollar General, and Dollar Tree. Also, "Texas Scratch Pads" consist of dollar bills.

Pun Fun — I'm reading a book about anti-gravity. It's impossible to put down!. Source: www.pun.me

National Days
 August 3 — Watermelon Day
 August 4 — Water Balloon Day
 August 5 — Traffic Light Day
 August 6 — Friendship Day
 August 7 — Lighthouse Day
 August 8 — Dollar Day
 August 9 — Book Lovers Day

We like to visit nature centers. Kids: color stuff in!

Newspaper Fun!

Anninills LLC © 2023 V28

Sweet Summer Fun!

Does it feel like the warm summer days are flying by too quickly? There's still time to make your summer even sweeter! Here's a whole page of exciting places to go and cool things to do. You'll be having more fun and enjoying a sweet summer you'll always remember.

Are you looking for something new to do? Head into the city or country for fun adventures and activities. What will you be visiting when you are...

- finding a favorite painting or sculpture, trying a science experiment or asking a scientist about his display?
- enjoying plays, movies or magic acts?
- watching sea creatures, and touching and holding small sea animals?
- going on rides, eating cotton candy and screaming in the fun house?
- cheering ball players and eating hot dogs?
- gliding on swings, playing tennis on courts or picnicking?
- swimming, digging in the sand or boating?
- reading up a storm or learning new computer programs?
- "seeing" the past by visiting homes once owned by famous Americans?
- learning about plants and animals in their surroundings; hiking in woods?

Swing into action. Use these letters to fill in fun things to do at a playground:
 c b r c e d c
 w c l s r

- s _ i _ ing
- _ kate _ oarding
- s _ esa _ ing
- t _ ain _ ide

What Fun Can Bubble Up at Home?
 Get out your colored pencils and color everything in!

What Might You See at the Aquarium?
 Follow the dots to see me!

Fill in the names of animals you may see at an aquarium:

- pe _ gui _ s
- je _ ies
- sea _ io _ s
- tu _ t _ es
- sea _ o _ ses
- f _ o _ s

Find and circle 15 words that start with the letter "s."

Fun at Home!
 If you're around the house for a few days you can make your own fun. Clean out that closet, garage or toy room at home to "rediscover" stuff that you haven't used all summer.

Spell out these fun summer activities by filling in the words with these letters:
 K A T C L P E C B R F
 M H I P A K H _ ISHING _ OLE

S _ OO _ ER
 B _ LL and J _ CKS
 _ ULA _ OOPS
 _ OLORED CHAL _
 BU _ BLE WAN _ S
 B _ K _ S
 JU _ P _ OPE
 IN _ NE S _ ATES

Small Town Cookin' *By Jeri Lynn White*

Watermelon

Of course, you don't really need a recipe to eat watermelon, but here is a fun summer salad recipe if you want a unique way to eat this delicious fruit.

Watermelon, Cucumber, Strawberry Salad By Julie Wunder

Ingredients

- 2 cups watermelon, cubed
- 1 cups strawberry, sliced
- 1 cucumber, sliced
- lime, juiced
- ½ cup crumbled goat cheese or feta
- 2 tablespoons mint, chopped

Instructions

Toss the watermelon, strawberry, cucumber and lime juice in a bowl. Top with the goat cheese and fresh mint!

NOTES

If you make this salad ahead of time, crumble the feta or goat cheese on top just before serving.

State Sales Tax Revenue Totaled Nearly \$4 Billion in July

On Tuesday, Texas Comptroller Glenn Hegar announced that state sales tax revenue totaled \$3.99 billion in July, 2.7 percent more than in July 2022. The majority of July sales tax revenue is based on sales made in June and remitted to the agency in July.

"The rate of sales tax revenue moderated last month, consistent with a slowing pace of economic growth and declining price inflation," Hegar said. "Growth in receipts from sectors driven by business spending, which have seen the largest increases in year-over-year remittances this year, slowed markedly, with receipts from the manufacturing and wholesale trade sectors falling below last year's levels. Receipts from oil and gas mining grew at the slowest pace since May 2021,

when the sector began its sharp recovery from the pandemic.

"Remittances from the retail trade sector overall were slightly down from a year ago. Among retail subsectors, receipts from the electronic shopping sector grew robustly as online sales continue to win market share from physical stores. Receipts from home improvement centers and furniture and home goods stores were down once again, as the home remodeling boom of the pandemic continues to fade. Receipts from sporting goods and hobby stores, another sector that had flourished in the pandemic, also dropped significantly.

"Restaurant receipts increased slightly less than the inflation rate for food away from home in June."

Total sales tax revenue for the

three months ending in July 2023 was up 4.5 percent compared with the same period a year ago. Sales tax is the largest source of state funding for the state budget, accounting for 56 percent of all tax collections.

Texas collected the following revenue from other major taxes: (1) motor vehicle sales and rental taxes — \$625 million, up 3 percent from July 2022; (2) motor fuel taxes — \$330 million, up 2 percent from July 2022; (3) oil production tax — \$437 million, down 37 percent from July 2022; (4) natural gas production tax — \$65 million, down 88 percent from July 2022; (5) hotel occupancy tax — \$71 million, down 3 percent from July 2022; and (6) alcoholic beverage taxes — \$149 million, up less than 1 percent from July 2022.

Subs Go Nuclear

By John Grimaldi and David Bruce Smith

According to History.com. "The USS Nautilus was constructed under the direction of U.S. Navy Captain Hyman G. Rickover, a brilliant Russian-born engineer who joined the U.S. atomic program in 1946. In 1947, he was put in charge of the navy's nuclear-propulsion program and began work on an atomic submarine. Regarded as a fanatic by his detractors, Rickover succeeded in developing and delivering the world's first nuclear submarine years ahead



of schedule.

"In 1952, the Nautilus' keel was laid by President Harry S. Truman, and on January 21, 1954, first lady Mamie Eisenhower broke a bottle of champagne

across its bow as it was launched into the Thames River at Groton, Connecticut. Commissioned on September 30, 1954, it first ran under nuclear power on the morning of Jan-

uary 17, 1955,"

The inaugural voyage—to the North Pole—however, did not take place until August 3, 1958.

For more information, the Grateful American Book Prize recommends **Nautilus to Columbia: 70 years of the US Navy's Nuclear Submarines** by James C. Goodall.

Source: History Matters: Showing our children that their past is prelude to their future at the gratefulamericanbookprize.com website.

Happy Birthday

August 3
Connie Johnson
Valerie Brockman
Jason Wells
Rachel Douglas
Sherelle Pruitt
Peggy Stowers
Ida Rocha
Taylor Tongate

August 6
Paul Mohr
Kaleb Rainey
Tori Fleming

August 7
Jud Sims
Kayl Schueler
Alma Norwood
Mareike Preyer

August 4
Trapper Neill
Rosa Reyes
Quint Ellis
Phillip Zeller
Annabelle Rushing
Samantha Cortez

August 8
Michelle Schlenker
Tim Messer
Heather Lewellen
Rhonda North
Kim Herring
LaDonna Grubbs
Mason Loflin
Yurban Salinas

August 5
Kirk Frye
Ivy Schueler
Darla Hutchins
Genesis Bautista
Patricia Yanez
Lindsey Bowyer
Tino Salinaz
Zaylin Campos

August 9
David Gonzales
Rickey Rector
Dr. Rick Roden
Cheryl Weatherly
Cole Pena
Jace Jarecki
David Blackburn
Andrew Zamora



To have your birthdays listed in the newspaper, email them to frionastar@wrt.net or call: 806.250.5200

Gas prices surge higher

By GasBuddy

Average gasoline prices in Texas rose 18.6 cents last week, averaging \$3.42 per gallon, according to GasBuddy's survey of 13,114 stations in Texas. Prices in Texas are 28.5 cents higher than a month ago and stand 24.2 cents per gallon lower than a year ago. According to GasBuddy price reports, the cheapest station in Texas was priced at \$2.85 while the most expensive was \$4.29 per gallon.

The national average price of gasoline rose 16.5 cents last week, averaging \$3.72 per gallon. The national average is up 21.4 cents from a month ago and stands 45.6 cents per gallon lower than a year ago. The national average price of diesel jumped 15.5 cents in the last week and stands at \$3.99 per gallon.

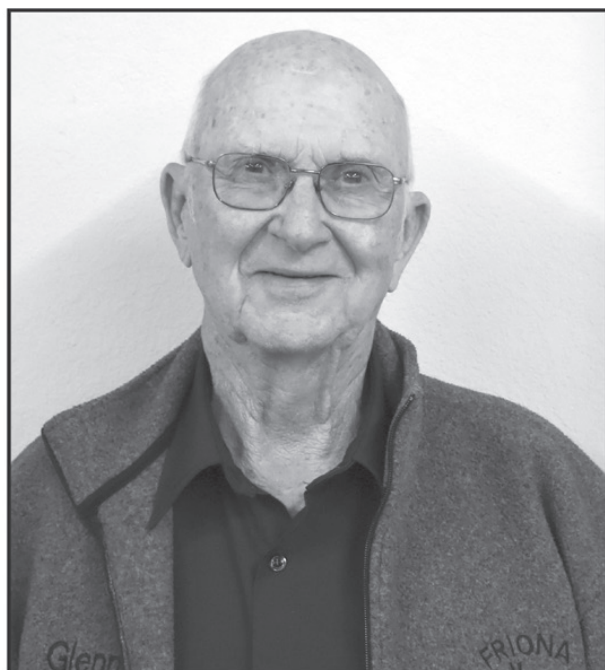
"Gas prices suddenly soared over the last week due to heat-related refinery outages that impacted some of the largest refineries in the country, at a time when summer gasoline demand peaks

and as gasoline inventories slid to their lowest July level since 2015," said Patrick De Haan, head of petroleum analysis at GasBuddy.

De Haan continued, "In addition, oil prices surged to their highest level in months, rising to over \$80 per barrel due to SPR releases coming to an end and concerns over cuts in supply from Saudi Arabia and Russia, the second and third largest oil producers in the world. Motorists have seen average gasoline and diesel prices rise at the fastest pace in over a year, but the rise seen in the last week should now start slowing. However, as we get ever closer to the peak of hurricane season, any new issues could easily push the national average over \$4 per gallon for the first time in 2023. Drivers may want to brace for potentially higher prices yet."

GasBuddy data is compiled from more than 11 million weekly price reports covering over 150,000 gas stations across the country.

Friona★Star is online at www.frionaonline.com



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Taming the Dangerous

By Brett Hoyle, Pastor, First Baptist Church

Have you ever been to a circus and seen lions and tigers and bears tamed and trained to jump through hoops, sit and lay down, or have you seen killer whales tamed to the point that their trainer rides on their back? There is a fascination with taming things that are dangerous, whether it is animals, electricity, atoms, or explosives, and sadly this fascination can sometimes turn into tragedy if the tamed object goes rogue or is used in a malicious manner.

It is good and right for people to seek to have dominion over the creation by taming the dangerous, but one massive mistake made throughout history is the idea that one can tame God. Almighty God, the true God, Creator, Redeemer, Sovereign over all things for all time in all ways is untamable, although countless philosophers, misguided theologians, and apathetic Church attenders attempt to tame God to fit their preferences. The Israelites were prone to this temptation, and in Deuteronomy 4:24 they were strongly reminded that God is untamable, and not conformable to their perception of God. This verse proclaims, "For the Lord your God is a consuming fire, a jealous God."

First, notice that the people were reminded the Lord is their God, not some other false deity. This is the Lord who rescued them from slavery, performed many mighty miracles to display His power, entered into covenant with them and provided for them in the wilderness. The bilateral covenant at Sinai was a path for blessings or curses, prosperity

or disaster, dependent upon their faith-filled obedience to the Lord. Second, notice the reality that "God is a consuming fire." God is intense in His character and in glory, just as a consuming flame intensely burns and radiates heat. Among the Israelites, they knew God's presence as the pillar of fire with them at night, had seen His judgment fall by fire on rebellious leaders, and also knew of God's manifestation of Himself at Sinai through lightening, smoke and thunders, terrifying enough to melt even the toughest soul. Just as fire is a fearful thing, we are to fear God, but fire can also be the life-giving heat one is drawn to on a cold night, and similarly we are made to draw near to the Lord who gives light and life.

Finally though, notice that God is "a jealous God," which speaks of His requirement of unqualified allegiance to Him. The Israelites treated their covenant with God often as a contract of convenience, following when they saw personal benefit to following Him, but in their lukewarmness, they forfeited so much because God requires full commitment. God is a jealous God, and there are to be no competitors with him in your life. Just as a man would jealously abhor another suitor pursuing his gal, so God abhors the idols you put up next to him. The hymn "I Surrender All," depicts what our response should be in our commitment and love to Jesus, and my prayer for me, my family, my church and you is that we will intentionally and joyfully live in full surrender to the Lord Jesus.

Panhandle Parables

The Battle Belongs to The Lord

By Jeff Procter, Minister, 6th Street Church of Christ

This past June I completed my 26th year in ministry. I have been blessed with opportunities to do weddings, and see young couples begin their lives together, the excitement and energy that comes with a glowing bride and a nervous groom. I have spent a fair share of time in hospital waiting rooms with families watching the clock and the door for the surgeon to come out. I have been honored to speak at funerals about loved ones who have gone home and the legacies they left to be carried on by the next generation. What I have learned in my encounters with people is not profound, but not always appreciated and that is: Everybody is battling something. Satan has worked on us all at different times with different things. That simple reality is easy to say, until someone does something that stirs me, and my temptation is to react poorly. I forget that sometimes people say and do things because the war raging inside spills out on someone else and that person reacts and says or does something that, had there been a pause, they might not have said or done it.

Our world is full of broken people. Some hurt because of loss, others be-

cause choices made were less than stellar, still others because someone else made a choice that had a devastating impact. Add to this stress of daily living, the demands others place on our time, finances, and lives. It all makes for a hopeless scenario with nowhere to turn.

Jesus steps in, he calms storms or at least walks with us through them. He heals wounds with the ointment of forgiveness, and he takes broken lives and gives them purpose. I love serving people, but sometimes I forget I don't always know that battle within. Jesus came to serve, and he does KNOW all that is within me and still wants me to let Him fight where I have no strength, stand where I have fallen, and give hope where I have none. I want to encourage you in your battle, Let Him fight for you, lean on Him not your own understanding. The bible says it this way, "And the God of all grace, who called you to his eternal glory in Christ, after you have suffered a little while, will himself restore you and make you strong, firm and steadfast. To him be the power for ever and ever. Amen." 1 Peter 5:10-11 NIV. Remember, the battle belongs to the Lord.

There Is Hope

By Teena Hughs

So much is going on in our country today that breaks God's laws and man's laws. For example, sexual immorality, that God says is sin, is flaunted and practiced openly to make it seem like it is normal. Man's laws are violated when the police don't even investigate crimes. I had a friend stay overnight in Austin a few months ago. He had his pickup in valet parking, and someone stole at least \$1200 worth of tools out of his tool box. He was told the police wouldn't investigate crimes like this; and the hotel and valet parking said they weren't responsible.

The world is upside down, there is no doubt. Ever since the 2020 election, I have believed God is revealing truth in abundance about our government, woke businesses, artificial intelligence, sports, churches that don't follow God's Word, and the list goes on and on.

I am re-reading 40 Days with the Holy Spirit by R.T. Kendall. He says, "God gives warnings only when there is still hope." I believe God's truth-revealing is His warning to us. He is letting us know what is going on, and it is up to each of us to decide what we are going to do about it.

I do see so many good things happening from these warnings. People are getting involved in politics from the ground up; people are holding school boards accountable for the curriculum being taught; people are trying to get books encouraging sin removed from our library shelves and stop

drag queen storytelling hour; people are leaving churches in search of those who do teach and follow the Word of God. Yesterday, I saw where power forward for the Orlando Magic, Jonathan Isaac, is launching a new sports clothing line, UNITAS, celebrating faith, family, and freedom. When it was a popular thing to kneel for the national anthem, Isaac stood; the only member of his team to do so. He also gave up a lucrative contract with Nike.

People are getting active, in the right ways, and that is a positive sign for skeptics that can't see any good coming and people like me who are hopeful for the future, but we need a little encouragement along the way!

So, why am I hopeful? I don't believe God would be revealing truth/warnings for no reason. He wants America to survive, but He needs His children to stand up and do something. Right now, I am standing up to the Rio Texas Conference of the Methodist Church, another story for another day!

Each of us has something we can do, but we all have to be willing to do it. We have to be willing to get up when we are knocked down and keep fighting. That is what God has shown me through the last year! We can't be fearful. If we have truth on our side, we have God on our side. What else do we need except to be faithful and obey Him! Take care, and I hope you will answer God's call to get involved in saving our country and returning it to God!

Send your church news to the

Friona★Star

frionastar@wtrt.net

Area Church Directory

Friona

CALVARY BAPTIST CHURCH
15th & Cleveland • 806-250-3000
Pastor D.J. Lewis
Sunday School 9:30 • Worship 10:45
Wed @ 6:00 p.m. • Like us on facebook

FIRST BAPTIST CHURCH
6th & Summitt • 806-250-3933
Pastor Brett Hoyle
Email-firstbc@wtrt.net
Website-www.fbcfriona.com

FRIONA METHODIST CHURCH
8th & Pierce • 806-250-3045
Pastor David McGaughy
Email-frionamethodist@wtrt.net

IGLESIA EVANGELICA NUEVA JERUSALEN
701 E. 11th • 806-250-5363
Pastor Benito Mejia

QUALITY OF LIFE BIBLE STUDY CHURCH
301 Grand Ave. • 806-240-0826
Pastors Mark & Mary Goff

SIXTH ST. CHURCH OF CHRIST
502 W. 6th • 806-250-2769
Jeff Procter, Minister

ST. TERESA'S CATHOLIC CHURCH
401 West 17th St. • 806-250-2871
Pastor Gregory Bunyan

TEMPLO BAUTISTA DAMASCO
403 Woodland • 806-250-3472
Pastor William Tapias

TEMPLO DE ADORACION
620 Washington • 806-250-5929
Pastor Roy Dominguez

TENTH ST. CHURCH OF CHRIST
10th & Euclid • 806-250-5236
Gerall Wyly

UNION CONGREGATIONAL CHURCH
1601 Euclid • 806-250-3635

VICTORY FAMILY WORSHIP CENTER
9th & Washington • 806-250-2207
Pastor Robert Kerby
Website-www.thevictory.tv

FRIONA PARA CRISTO LLAMADOS A CONOCERLE
411 Ashland • 806-223-3469
Pastor Aurelio & Cynthia Silva



Bovina

FIRST BAPTIST CHURCH
308 3rd Street
806-251-1632
Pastor Frank Landry

CHURCH OF CHRIST
500 Ave. E
806-251-1334
Mike Prather, Minister

FIRST UNITED METHODIST CHURCH
205 4th Street
806-251-1124
Pastor Larry Mitchell

ST. ANN'S CATHOLIC CHURCH
409 3rd Street
806-251-1511
Pastor Gregory Bunyan

LA IGLESIA DE DIOS DEL PRIMOGENITO
The Church of God of the Firstborn
102 2nd Street

IGLESIA BAUTISTA HISPANA
103 1st Street
806-251-5232
Pastor Rafael Marin

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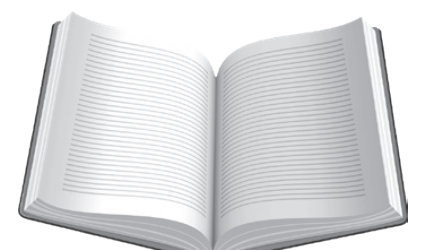
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Hereford, Texas 79045



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Friona Texas



Prairie Acres
Quality Care
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201 E. 15th
Friona Texas



"We Live by Faith, Not by Sight."
2 Corinthians 5:7



has an archive of past obituaries at frionaonline.com

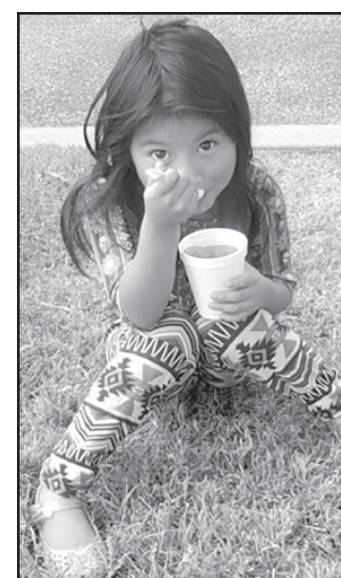
Thank You

The Friona Chamber of Commerce & Agriculture would like to thank the following sponsors for making the 7th Annual Kidz Building Camp a success! The sponsors were — ASCO | FEDC | Dairy Max | City of Friona | Hi-Pro Feeds | TW&M | Friona Vocational Agriculture Association | Hernandez Restaurant | Chico's Welding | Blanca Chavez | Lineage | Clint Hurst | High Plains Farms | James Brothers | Bunker Trucking | C&H | IPPI



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FRIONA FLASHBACKS

From the Friona Star Archives



SHOW ENTRY . . . Bob Knight of Friona poses with his two-year old stallion which he will enter in the Friona Junior Chamber of Commerce quarter horse show Saturday. The horse will be entered in the Stallions of 1961 division. (Friona Star, Thursday, August 1, 1963)



STAR CLASSIFIEDS

250-5200
Deadline: Tuesday @ 5 p.m.



HELP WANTED

NOW HIRING

Friona ISD is looking for a full time custodian. Hours are 7am-5pm with 1 hour lunch and a 30-minute break in the morning and afternoon. Starting pay is \$10 per hour. Interested applicants may call Friona ISD 806-250-2747 or Martha Moreno 806-346-2091.

Friona ISD está buscando una persona que ayude a limpiar la escuela a tiempo completo. El horario es de 7 am a 5 pm con 1 hora de almuerzo y un descanso de 30 minutos por la mañana y la tarde. El pago inicial es de \$10 por hora. Los solicitantes interesados pueden llamar a Friona ISD 806-250-2747 o Martha Moreno 806-346-2091.

Help Wanted

Prairie Acres is seeking to hire full-time nursing assistants for our day and/or night shifts. The position requires handling emergency situations and taking direction from medical professionals while maintaining confidentiality. Candidates will be responsible for helping care for the elderly and disabled, assisting with meals and other daily activities as assigned. This will be for 3 shifts per week with every other weekend off. Great benefits and competitive wages as well as sign-on bonuses offered! Come by 201 East 15th in Friona or call Marisa at 806-250-3922 today!

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Bar G is hiring grain truck drivers. Good pay. Good equipment and working conditions. All hauls are local, CDL is required.

Apply at Bar G Feedyard.
Call at 357-2241 and ask for Kevin Bunch.

Parmer County Precinct 2 Equipment Operator

Accepting applications thru August 19th for Full Time Equipment Operator. Responsibilities include operation of maintainer, shredder, backhoe, & maintenance duties.

**Monday - Thursday from 7 a.m. - 5 p.m.
varies depending on weather conditions**

Starting salary based on experience. Health benefits & retirement plan for employee only. Class A CDL required.

You may pick up application in Farwell at Parmer County Courthouse, Treasurer's Office or Precinct #2 Bovina Barn, 501 North Street, Bovina, TX

Contact Pct. 2 Commissioner Charles Wilkins with questions at 806-225-7466

BUSINESS

FRIONA INN
West Highway 60
1204 W. 11th St. • Friona, TX 79035
(806) 250-2784
Fax: (806) 250-3877
Reservations:
www.frionainn.com
frionainn8@gmail.com

Risinger Plumbing
Serving Friona
806-272-6772
Cell: 806-523-2222
Master License #16066

The Nutrition Spot
Smoothie & Juice Bar • 613 Main, Friona TX
Phone: (575) 219-9436



Broker/Owner:
Kevin Cooper



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Broker



Holly Campbell



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Let's go! Sweet Summer Fun!

Are you looking for more sweet summer fun? Head to the city or country for fun things like concerts or picnics. Neighborhood block parties or barbecues are great fun too! Keep cool and have lots of fun!

Action at the Park!

1. sliding
2. skateboarding
3. seesawing
4. train ride
5. ice cream treat
6. bicycle ride

What Might You See at the Aquarium?

1. penguins
2. jellies
3. sea lions
4. turtles
5. sea horses
6. frogs

What Fun Can Bubble Up at Home?

1. JUMP ROPE
2. SCOOTER
3. FISHING POLE
4. INLINE SKATES
5. COLORED CHALK
6. BALL and JACKS
7. HULA HOOPS

Crossword:

Across: 1. I love aquariums! Wow! Look at that seahorse! (6) PARKS
7. LAKE S
8. LIBRARI E S
9. HISTORICAL HOUSES
10. NATURE CENTERS

Down: 1. T H U S
2. M U S
3. A M U S
4. Q U A R T E R S
5. U N I T S
6. T E N N I S

by Animills LLC © 2023



Sports



Practice underway for upcoming football and volleyball seasons



Chieftain Football 2023 Schedules

Varsity

August 11@ Sundown Scr6:00 p.m.
August 17Bushland Scr6:00 p.m.
August 25	Open	
September 1@ Panhandle7:00 p.m.
September 8Muleshoe7:00 p.m.
September 15@ Dalhart7:00 p.m.
September 22Farwell**7:00 p.m.
September 29@ Slaton7:00 p.m.
October 6Tulia*7:00 p.m.
October 13@ Dimmitt*7:00 p.m.
October 20Canadian*7:00 p.m.
October 27@ Spearman*7:00 p.m.
November 3Childress*7:00 p.m.

**Homecoming *District

Junior Varsity

August 11@ Sundown Scr5:00 p.m.
August 17Bushland Scr5:00 p.m.
August 25	Open	
August 31Panhandle5:00 p.m.
September 7@ Muleshoe5:00 p.m.
September 14Dalhart5:00 p.m.
September 21@ Farwell5:00 p.m.
September 28Slaton5:00 p.m.
October 5@ Tulia*5:00 p.m.
October 12Dimmitt*5:00 p.m.
October 19@ Canadian*5:00 p.m.
October 26Spearman*5:00 p.m.
November 2@ Childress*5:00 p.m.

*District

8th Grade

September 7Muleshoe6:30 p.m.
September 14@ Dalhart6:30 p.m.
September 21Farwell6:30 p.m.
September 28@ Slaton6:30 p.m.
October 5Tulia*6:30 p.m.
October 12@ Dimmitt*6:30 p.m.
October 19Canadian*6:30 p.m.
October 26@ Spearman*6:30 p.m.
November 2Childress*6:30 p.m.

*District

7th Grade

September 7Muleshoe5:00 p.m.
September 14@ Dalhart5:00 p.m.
September 21Farwell5:00 p.m.
September 28@ Slaton5:00 p.m.
October 5Tulia*5:00 p.m.
October 12@ Dimmitt*5:00 p.m.
October 19Canadian*5:00 p.m.
October 26@ Spearman*5:00 p.m.
November 2Childress*5:00 p.m.

*District

Frona Squaw Volleyball Schedule 2023

Date	Day	Opponent	Teams	Times	Location
Aug 4	Fri	Alumni- Scrimmage	V	7:00	Home
Aug 5	Sat	Denver City - Scrimmage	C/JV/V	10/11/12	Home
Aug 7	Mon	Holy Cross/Ft. Elliot	V	10/12	Amarillo
Aug 8	Tues	Lubbock Cooper Liberty	JV/V	4/5	There
Aug 11/12	Fri/Sat	Shallowater Tourney	V	TBA	There
Aug 11/12	Fri/Sat	Trinity Tourney	C	TBA	Lubbock
Aug 15	Tues	Shallowater	C/JV/V	5/5/6:30	There
Aug 18/19	Fri/Sat	Littlefield Tourney	V	TBA	Littlefield
Aug 22	Tues	Lubbock Christian	C/JV/V	5/5/6	Home
Aug 24/26	Thur/Sat	Denver City Tournament	V	TBA	Denver City
Aug 26	Sat	Clovis	JV	11/12:30	Clovis
Aug 29	Tues	Estacado	C/JV/V	5/5/6:30	There
Aug 31/Sept 2	Thur/Sat	Border Bash Tourney	C/JV	TBA	Home
Sept 5	Tues	Denver City/All Saints	C/JV/V	4/5/6	Denver City
Sept 9	Sat	Highland Park	C/JV/V	11/11/12	Home
Sept 12	Tues	Wildorado	C/JV/V	5/6/7	There
Sept 16	Sat	All Saints	C/JV/V	TBA	There
Sept 19	Tues	Tahoka	JV/V	5/6	Home
Sept 23	Sat	Bushland*	C/JV/V	11/12/1	There
Sept 26	Tues	Dalhart*	C/JV/V	5/5/6	Home
Sept 30	Sat	Dimmitt*	C/JV/V	11/11/12	There
Oct 3	Tues	River Road*	C/JV/V	5/5/6	Home
Oct 7	Sat	Portales/Highland Park	C/JV/V	TBA	Home
Oct 10	Tues	Bushland*	C/JV/V	5/6/7	Home
Oct 14	Sat	Dalhart*	C/JV/V	11/11/12	There
Oct 17	Tues	Dimmitt*	C/JV/V	5/5/6	Home
Oct 21	Sat	River Road*	C/JV/V	11/11/12	There
Oct 24	Tues	Open			

*District

Friena Primary School Supply List 2023-2024

PREK

- | | |
|---------------------------------------------------|------------------------------------|
| 1 School Box | 1 Big Backpack WITHOUT wheels |
| 6 Elmer's Glue Sticks | 1 Package of WHITE Cardstock paper |
| 2 Boxes of 24 Crayola Crayons (Regular Size ONLY) | 1 Roll of Paper Towels |
| 1 Watercolor Paints | 1 Change of Clothes |
| 1 Pair Fiskar Scissors | 1 ream of white copy paper |
| 3 Large Boxes Kleenex | |

KINDERGARTEN

- | | |
|-------------------------------------------------------------|-----------------------------------------------------------|
| 4 Boxes of 24 Crayons CRAYOLA brand ONLY NO Crazy Art brand | 1 Pencil Pouch |
| 1 Box of 12 COLOR PENCILS | 1 Big Backpack WITHOUT wheels |
| 1 Pair Fiskar metal pointed Scissors | 12 Elmer's Glue Sticks |
| 2 Large boxes Kleenex | 6 Expo Dry Erase Markers |
| 3 Large White Erasers | Black Fine Point |
| 12 Pencils #2 lead | 1 Roll of Paper Towels |
| 1 Plastic Folder with Brads | 1 Box Ziplock bags (Boys: Gallon size; Girls: Snack size) |
| 1 Composition Notebook | 1 Water bottle with secure lid |
| 1 Change of Clothes | 1 ream of white copy paper |

FIRST GRADE

- | | |
|--------------------------------------|-------------------------------------|
| 1 Pair Fiskar metal pointed Scissors | 5 EXPO Dry Erase Markers |
| 24 Pencils #2 lead | 2 Large pink erasers |
| 4-(24 count) CRAYOLA brand Crayons | 3 MEAD Plastic folders with brads |
| 2 Large boxes Kleenex | 2 Container of Play Dough |
| 1 Box CRAYOLA Markers | 2 Containers of Antibacterial wipes |
| 6 Elmer's Glue Sticks | 1 Big Backpack WITHOUT wheels |
| 2 Bottles of Elmer's Liquid Glue | 1 Water Bottle |
| 1 Box Ziplock Bags GALLON size | 1 Change of Clothes |
| ANO 1 Box Ziplock QUART size | 1 ream of white copy paper |

FES SUPPLY LIST 2023-2024

2nd Grade

- 1 - Zipper pencil bag (cloth not plastic) No boxes
- 1 - Pkg notebook paper **wide ruled only**
- 8 - Elmer's jumbo glue sticks or 12 regular size
- 1 - Fiskars sharp pointed scissors
- 48 - Pencils #2 yellow only
- 2 - Crayola colored pencils 12 count
- 2 - Boxes Crayola crayons 24 count
- 3 - Spiral notebooks 70 page size **wide ruled** (1 black, 1 green, 1 blue)
- 1 - Pkg dry erase markers 4 assorted colors
- 2 - Regular pink eraser
- 2 - Pkg eraser caps
- 1 - Pkg large highlighters
- 4 - Pkg ruled 3x5 index cards
- 3 - Boxes Kleenex tissue
- 1 - Headphones (no wireless)

3rd Grade

- 1 - Zipper pencil bag (no boxes)
- 1 - Elmer's school glue 4oz
- 1 - Fiskars sharp pointed scissors
- 48 - Pencils #2 Yellow only
- 2 - Pkg dry erase markers assorted colors
- 1 - Large box of Kleenex tissue **Girls**
- 1 - Box gallon size Ziploc bag **Boys**
- 1 - 3 subject spiral notebook
- 4 - Highlighters
- 1 - Crayola colored pencils 12 count
- 4 - Pink eraser
- 2 - Package eraser caps
- 1 - Headphones (no wireless)

4th Grade

- 1 - Zipper pencil bag (no boxes)
- 1 - 1 1/2" - 3 ring binder
- 1 - Sharp pointed scissors
- 4 - Glue sticks
- 1 - Pkg assorted color highlighters
- 3 - 3 subject spiral notebooks wide ruled
- 4 - Pkg notebook paper wide ruled
- 1 - Plastic folder with brads (red, green, yellow, blue, purple)
- 2 - Packages tab dividers (8 in pkg)
- 48 - Wooden #2 yellow pencils
- 2 - White eraser
- 3 - Liquid Elmer's Glue 4oz
- 1 - Crayola colored pencils 12 count
- 4 - Boxes Kleenex tissue
- 1 - Pkg dry erase markers assorted colors
- 1 - Box gallon size Ziploc bags **Boys**
- 1 - Box quart size Ziploc bags **Girls**
- 1 - Headphones (no wireless)

5th Grade

- 1 - 3 subject notebook any color wide ruled
- 2 - Composition books
- 4 - Elmer's school glue 4oz
- 1 - Sharp pointed scissors
- 1 - Box of 24 count colored pencils
- 3 - Pkg **wide-ruled** notebook paper
- 6 - Dry erase markers
- 1 - Large zipper pencil pouch (no boxes)
- 4 - Package of 24 pencils #2
- 1 - Large pink eraser
- 4 - Large boxes of Kleenex tissue
- 1 - Box gallon size Ziploc bags **Boys**
- 1 - Box quart size Ziploc bags **Girls**
- 1 - Expanding folder with zipper closure
- 1 - Headphones (no wireless)

FRIONA JUNIOR HIGH SCHOOL SUPPLY LIST 2023-2024

6 TH GRADE	7 TH GRADE	8 TH GRADE
ELA	RLA	RLA
composition notebook 2" 3 ring binder pkg. of 8 count dividers	2 composition notebooks plastic folder w/ brads pkg colored pens (no gel pens)	1 composition notebooks plastic folder pkg. colored pens
SOCIAL STUDIES	TX HISTORY	US HISTORY
composition notebook (wide ruled) folder with pockets	composition notebook	folder
SCIENCE	SCIENCE	SCIENCE
composition notebook	composition notebook (wide ruled) green plastic folder (pockets & brads)	2"-2 1/2" 3 ring binder with clear front pocket pkg. of 8 count dividers
MATH	MATH	MATH
composition notebook (wide ruled) plastic folder (pockets & brads)	composition notebook	1" 3 ring binder 6 dividers
READING	CYBER CITIZENSHIP	COLLEGE&CAREER READINESS
1" 3 ring binder composition notebook pkg. of 5 count dividers sticky tabs	composition notebook	1" 3 ring binder
		ALGEBRA
		1 composition notebooks
ALL CLASSES	ALL CLASSES	ALL CLASSES
2 glue sticks 12 ct. colored pencils pkg. of blue/black pens pkg. of red pens NO GEL PENS 4 different color highlighters mechanical pencils & lead wooden #2 pencils hand held pencil sharpener 2 pkgs. wide ruled notebook paper scissors large zipper pencil bag/box earbuds or headphones drawing backpack NO TRAPPER KEEPERS	blue/black pens red pens NO GEL PENS scissors eraser 12" ruler with markings 3 highlighters (different colors) zipper pencil bag mechanical pencils & lead wooden #2 pencils 2 pkgs. wide ruled notebook paper 12 ct. colored pencils hand held pencil sharpener 4 oz. bottle of liquid glue wired earbuds (no wireless or airpods) 12 pocket expandable portfolio	pencils 3 pkgs. notebook paper red pens black pens highlighters markers 12" ruler with markings colored pencils zipper pencil bag glue sticks scissors wired earbuds NO HOMEWORK FOLDERS
Clear water bottles allowed- No glass bottles		
BAND- 1" 3 ring binder		
PE- solid red shirt, solid black shorts, tennis shoes to keep in gym (label all clothing)		
ATHLETICS- CLOTHES ISSUED AT SCHOOL		
ART- composition notebook		
CHOIR- 3" 3 ring binder		
LABEL SCHOOL SUPPLIES WITH STUDENT'S FULL NAME		

Friena Youth Sports

The 1st & 2nd grade boys team and 3rd & 4th grade boys team competed in the Southwest Hoops End of Summer tournament last week.

The 7th & 8th grade girls competed in the Run It Back Hub Court tourney in Lubbock. This group of girls played in their last tournament for the summer. They came out strong defeating

the Lady Storm from Crane and the FS Future team from Fort Stockton in the first two games. They lost the next two games to Lubbock Elite and Texas Freedom from Lubbock. Most of these girls have been playing every other weekend since November. Everyone are looking forward to another great season after school starts.



1st & 2nd Grade Boys Team | 1st place — Back Row (l-r) Coach Daniel Hancock, Matthew Márquez, Landon Shields, Eli Rocha, Coach Herman Márquez; Front Row (l-r) Mason Hancock, Marco Arias, Yahdriel Faudoa, Elian Aguirre.



3rd & 4th Grade Boys Team | 2nd place — Back Row (l-r) Matthew Márquez, Logan Tyler, Yuvia Arias, Isziah DeLaCruz, Mason Hancock, Elian Aguirre; Front Row (l-r) Coach Herman Márquez, Anthony Márquez, Isael Olmos, Yahdir Faudoa, Eli Rocha, Jayden Hancock.



7th & 8th Grade Girls Team | 3rd place — Participants: D'Nasha Shelby, Annison Steelman, Genesis Aguirre, Aimee Jimenez, Harley London, Karleigh Rangel, Aaliyah Padilla, Aylene Moreno, Emery Rangel, Jaylee Perez, Amayah Rojas. Coaches were Andrew Aguirre and Cindy Moreno.



Future FHS Cheerleaders were rockin' it at Little Girl Cheer Camp!!!



Kidz Building Camp participants and volunteers



PMC Back to School Health & Safety Fair volunteers



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