

Reese posts multimillion dollar regional impact

During fiscal 1990, residents of Lubbock and the surrounding area got an extra \$800 placed in their pockets, courtesy of Reese.

Though it may seem farfetched, that's essentially the effect Reese dollars had in the local economy. According to the base's latest economic impact statement, expenditures such as payroll, construction contracts and purchases from local manufacturers totalled more than \$60 million in 1990. When a multiplier of 2.6358 is applied, the result is an impact of more than \$160 million.

Capt. Barbara Mahan, chief of the Reese Cost Branch, said that the multiplier is used to account for the impact of Reese money as it passes from one person to the next. The multiplier is determined each year at the cost center in the Pentagon.

All counties within a 50-mile radius are taken into consideration when bases do their annual review. The power of wing dollars in the local area is steadfast, according to local merchants.

Dale Garland, manager of a video rental store near the base, has been in business for five years. After a slow beginning financially, the store has started showing a profit, and he credits the military with part of that success.

"I'd lose about 25 percent of my busi-

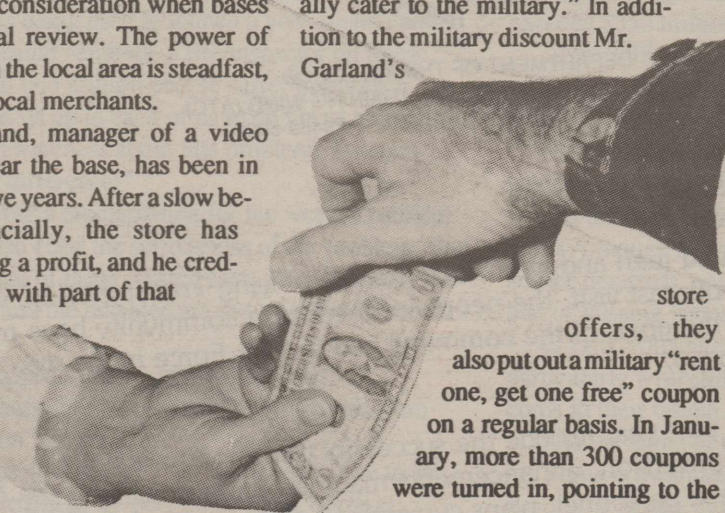
ness without the base," he said. "We really cater to the military." In addition to the military discount Mr. Garland's

economic input the store gets from Reese.

Mr. Garland's business isn't alone. Laura Clawson, a sales representative with a local publishing company, said that about 75 percent of the advertising she handled in 1990 was aimed at the military audience.

"Not everyone fully understands the impact the base has, but it's still the most targeted market in the area along with Texas Tech," she said, adding that auto and auto part dealers, apartments and restaurants are among the more aggressive solicitors of the military.

Captain Mahan said 1,145 secondary jobs in the area came from Reese in 1990. Secondary jobs are those created by the impact of base dollars working in the community.



store offers, they also put out a military "rent one, get one free" coupon on a regular basis. In January, more than 300 coupons were turned in, pointing to the

ROUNDUP

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Reese AFB, Texas 79489



(Sgt. Kimberly Nelson)

Reese readies for inspection

Members of the 64th Flying Training Wing Hospital tend to a "casualty" during a contingency exercise last year at Reese West. Past exercises and months of training and preparation will be put to the test as Reese undergoes operational readiness and unit effectiveness inspections beginning Monday.

They're here!

Command UEI/ORI set to get under way

The waiting is over.

Beginning Monday, Reese will undergo its first unit effectiveness and operational readiness inspections since May 1989, when it was the first Air Training Command flying wing to undergo a combined UEI/ORI.

The inspection will run about two weeks, with the out-brief slated for 9 a.m. Feb. 14 in the Simler Theater.

Wing officials indicated that virtually every phase of the wing will be looked at by the ATC inspector general and standardization/evaluation teams. Expectations are high heading into the inspection.

"As I said before our last IG, I

have no doubt that we will 'water the eyes' of the inspectors with our attitude, pride and professionalism," said Col. Bill Henny, 64th Flying Training Wing commander. "If we perform as we have during past exercises, the wing will come through the inspection with flying colors."

Lt. Col. Bob Brooks, wing inspector general, said that wing members can expect a number of IG-related activities, and he stated that people can do a lot by getting off on the "right foot."

"Whether good or bad, first impressions are lasting," he said. "Displaying a good attitude, looking sharp and extending the proper

courtesies to inspectors will go a long way." The colonel added that people should also remember to display a sense of urgency when responding to contingency exercises, while keeping in mind that safety is paramount.

Officials on the Base Exercise Evaluation Team echoed that thought, and they added that people should be very clear when transmitting exercise and non-exercise information. All exercise transmissions should begin and end with "This is an exercise transmission," while "real-world" emergency transmissions should begin with "This is not an exercise — this is a real world emergency."

This week

□ **COMMENTARY:** The saying used to be "Smoke 'em if ya got 'em." However, the evidence these days suggests that you don't need to have your own to "light up." — **page four**

□ **COMMAND NEWS:** New weight management methods are going into effect servicewide, following a one-year test at Reese and other bases. — **page seven**

□ **LOCAL NEWS:** Lockheed's hiring of veterans earns them recognition from the Texas Veterans of Foreign Wars. — **page 12**

□ **COMMUNITY:** Reese SP is honored for extending a "helping hand." — **page 14**

□ **SPORTS:** Base varsity basketball teams romped through games against local teams this weekend. — **page 17**

□ **THIRTY YEARS OF MILITARY SERVICE** will come to an end as CMSgt. Clarence Wilchenski, 1958th Communications Squadron, retires at 4:30 p.m. Feb. 8 in front of wing headquarters, Bldg. 800. All wing members are welcome; a reception will follow at 5 p.m. in the Reese Enlisted Open Mess.

□ **SECURITY IN AIRPORTS** throughout the nation is at its highest level, according to the chief of the Reese Traffic Management Office. As a result, 2nd Lt. David Patton of TMO is advising travelers to check in three to four hours before flight time to allow for delays caused by heightened safety measures. For details, call 3837/3838.

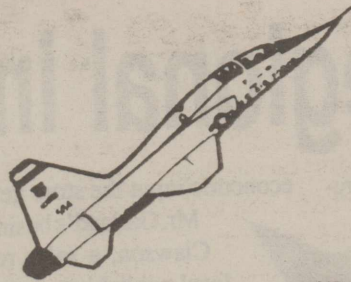


SORTIES

Weather continues to be a factor for flying at Reese. Poor conditions accounted for a loss of 208 T-37 sorties and 141 T-38 sorties Jan. 23 through Tuesday.

	T-37	
Goal for January	2,295	
Goal as of Tuesday	1,589	
Flown as of Tuesday	1,242	

	T-38	
Goal for January	2,583	
Goal as of Tuesday	1,862	
Flown as of Tuesday	1,422	



DEPARTMENT OF THE AIR FORCE
HEADQUARTERS 64TH FLYING TRAINING WING (ATC)
REESE AIR FORCE BASE, TEXAS 79489-5000

Office of the Wing Commander

Open Letter to the UEI and ORI Teams

On behalf of the dedicated men and women of the 64th Flying Training Wing, welcome to Reese! Since your last visit, the people of the Reese community have made great strides in fulfilling the goals of the command and the Air Force in the way we train tomorrow's best today.

Major efforts during the past year include the successful transition to five flying squadrons, the maintenance conversion, enhancements made around the wing to improve the quality of life for Reese personnel, plans currently in progress for the successful beddown of the T-1 and the eventual implementation of SUPT, and the deployment of wing members to Operation Desert Storm. Despite the various challenges affecting the people of this wing, everyone continues to strive to ensure that the accomplishment of our mission remains steadfast.

Setting high standards is a way of life among the members of this organization. A heritage of pride and commitment reflects the spirit of Reese and the people who so magnificently support this nation's defense effort. The wing's aggressive self-inspection program is testimony to the professionalism of our people. From the SP maintaining vigilance at the main gate to the line IP providing advice to future aviators — the commitment to safely and successfully sustain our mission is apparent wherever one goes on base.

Ensuring that our people are taken care of in a courteous and expeditious manner is emphasized and practiced on a continuous basis. As you visit our service-oriented organizations, I know you will see a high degree of enthusiasm and support by the professionals working there. As an example, our Family Support Center provides services to military personnel across the South Plains, and interacts with community volunteers who mirror the same level of enthusiasm and dedication seen throughout the wing.

This year marks the 50th anniversary of Reese's partnership with the Lubbock community. Many plans are currently on the drawing board to commemorate this special occasion, as well as to enhance the excellent relationship which exists between Reese, the people of Lubbock and the surrounding communities.

We're a proud base and wing with proud people who know the important role they play in supporting the mission. During your visit, I'm confident you will find that here at Reese, we do things right — the first time!

William C. Henny
WILLIAM C. HENNY, Colonel, USAF
Commander

IG program available to help members

by Lt. Col. Bob Brooks
64th FTW inspector general

Do you have a problem that you just can't solve?

You've used your chain of command but the problem is still hanging over your head. Do you know what to do next? Contact me and I'll assist you in any way I can. There are several ways you can contact me:

- Just walk right in — no appointment or special permission is needed. My office is in Bldg. 800, Room 203.
- You can pick up the telephone and call me at 3409.
- You can also use my 24-hour inspector general/fraud, waste and abuse complaints hotline at 6547.
- I hold a personal conference period from 3 - 4 p.m. every Thursday in my office. I guarantee I'll be in my office during that time.

You have the right to file a complaint without fear of retaliatory action. If you do have a complaint, I'll do the following:

- Talk to you "ASAP." I will meet you anywhere if you feel uncomfortable in my office.
- Be open-minded and a good listener.
- Conduct a fair and impartial inquiry into your problem.
- Get back with you ASAP.

Remember, if you know of any mismanagement, violation of Air Force directives, injustice or deficiency, it is your responsibility to report the matter.

From YOUR perspective

I need to hear things "from YOUR perspective." Your inputs and suggestions can help Reese remain the pacesetter in the command.

If you see something good, call me. If you have a problem that you feel needs my attention, call me. First, however, consider using your chain of command.

You may remain anonymous if you wish, but those who leave their name and number can get a direct response to their call. Calls can be made to the Careline 24 hours a day at 3273.

Smoking in the chapel

When going into the chapel kitchen to prepare food, one has to put up with the cigarette smoke coming from the

ash trays.

Why was the chapel kitchen made a designated smoking area?

The kitchen is the only room in the chapel that has an exhaust fan. As for the ash trays, they are supposed to be dumped into a butt can after each use and then put away.

Unfortunately, there are times when people forget to do that.

The kitchen is a smoking area only on winter weekdays when it's 45 degrees or cooler.

Smoking is not allowed on weekends or during the week when chapel activities are planned.

Thanks for your call.

Be kind to animals

I'm concerned about animal welfare. There's a family living behind me that keeps their pet outdoors day and night. It's exposed to the elements constantly, as it has no shelter; right now it's about 7 degrees.

Is there a policy that requires people on base to shelter their pets? I've called security police and was told there's nothing they can do.

Wing regulations do not require that people house their pets in bad weather. However, pet owners should use common sense in these situations.

I assure you that if you'll contact the noncommissioned officer in charge of the law enforcement desk at 3949, they'll look into this situation and others like it.

ROUNDUP

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Week targets burning hazard



Sunday marks the beginning of National Burn Awareness Week 1991, but officials in the Reese Fire Department are quick to point out that fire prevention is a year-long process.

"The week is being used to launch a year-round campaign," said Arnold Miranda, a fire inspector on Reese.

"More than two million people suffer burns each year, and it's up to each of us to do his or her part in raising awareness about this problem. You can make a difference!"

In issuing a proclamation for the week, President Bush also cited the seriousness of the problem. He noted that of those injured each year, children, the elderly and the disabled are most likely to become victims.

Some aspects of the problem include:

□ Seventy-five percent of all burns result from the victim's actions.

□ Seventy-five to 80 percent of burns occur at home.

□ With microwaves now in about 75 percent of American homes, 90 percent of the owners report having

been burned at one time or another.

□ Burns are the second-leading cause of injury and death among children and teenagers. The national cost for intensive burn care given to children and teenagers exceeds \$350 million per year.

□ In 1978 and 1979, one in 40 children started a fire with a cigarette lighter. By 1986, the figure was one in nine.

□ Alternative heating sources, such as kerosene heaters and wood-burning stoves, along with scalding liquids are both on the rise as burn causes.

□ Although 85 percent of American homes have smoke detectors, only half of them are operational due to bad or missing batteries.

□ Low-voltage electrical burns are also a factor, particularly with children who sometimes place electrical cords in their mouth.

"As the name of the week implies, the key to preventing burns is awareness," Mr. Miranda said. "Maintaining a working smoke detector, watching out for small children and eliminating potential burn hazards in the home and work area is something we all can and should do."

For more information on fire and burn prevention, call the fire department at 3686/6339.

Dental procedure rates 'seal' of approval

The same materials used in cosmetic dental bonding — composite resins — are also being used with enormous effectiveness to prevent and reverse tooth decay in children. Tooth sealants made of tooth-colored or tinted composite resin may some day eradicate tooth decay.

When a child's back teeth are developing, microscopic grooves and depressions form in the chewing and biting surfaces on top of the molars. Bacteria and food particles can easily collect in these pits and fissures, which are difficult to clean with a toothbrush. More than 80 percent of decay in children occurs in these areas.

Using the same procedure used in cosmetic bonding, dentists can apply sealants to pits and fissures, creating an impenetrable physical barrier between a tooth and the food bacteria that can cause cavities. This procedure has been effective when the sealant is applied to first and second molars soon after their eruption (usually when a child is

between 6 and 10).

The Reese Dental Clinic recommends pit and fissure sealants for children as part of a total dental care program that includes daily use of fluorides, daily brushing and flossing, a diet low in sweets and regular checkups.

When a dentist does the sealant procedure, he or she first applies a solution to each tooth to roughen it slightly. Liquid plastics are then layered over these surfaces and hardened to form a shield. Each tooth can be sealed in just a few minutes, without drilling or anesthesia.

The food and bacteria that can cause tooth decay are not able to penetrate the bonded surface. As long as the plastic material remains in place, the tooth is virtually impervious to decay-causing agents.

Sealants not only prevent decay, they also arrest the development and spread of tiny cavities that may be encased beneath the sealant. Research shows that as long as the sealant provides a sound physical barrier between

the tiny cavity and its surrounding environment, the cavity does not increase in size and the bacteria in the cavity eventually die off, ending the decay process.

A growing number of scientific studies attest to sealant effectiveness. One seven-year study of 400 school children provided conclusive evidence that sealants are nearly 100 percent effective in preventing decay as long as they remain bonded to tooth surfaces. If a tooth loses all or part of its sealant coating, the chances of it developing a cavity are about the same as if the tooth had never been sealed. However, studies show that after several years, as many as 66 percent of sealed teeth completely retain their composite resin sealants.

For more information on sealants or other related dental items, call the clinic at 3321.

The Reese Dental Clinic provided this American Dental Association article in observance of National Children's Dental Health Month.

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Smoke 'em if ya' don't got 'em

You don't have to light up to choke down

by Tom Mahoney
Reese Anti-Smoking Committee

When was the last time you were subjected to "passive smoke?" Did you think about the long-range effect it could have on you and your lifestyle?

As you pass by someone who is smoking, or sit in a restaurant where someone lights up, the smoke you are subjected to is more dangerous than you may think. The smoker is usually taking in filtered smoke, while you are getting the full dose.

There are more than 3,800 chemicals in cigarette smoke, with over 50 of them known to cause cancer. The unfiltered smoke has a carbon monoxide level two-and-a-half times higher than filtered smoke.

The evidence of the danger of passive smoke has been instrumental in changing attitudes about public health issues. When C. Everett Koop was surgeon general, he stated, "Involuntary smoking is a cause of disease, including lung cancer, in healthy non-smokers."

Family members, especially children, are at the most risk. A National Cancer Institute report states that long-term exposure to secondhand smoke can increase a non-smoking spouse's lung cancer risk by 70 percent. Children of smokers have a higher rate of hospitalization for respiratory infections, such as pneumonia and bronchitis.

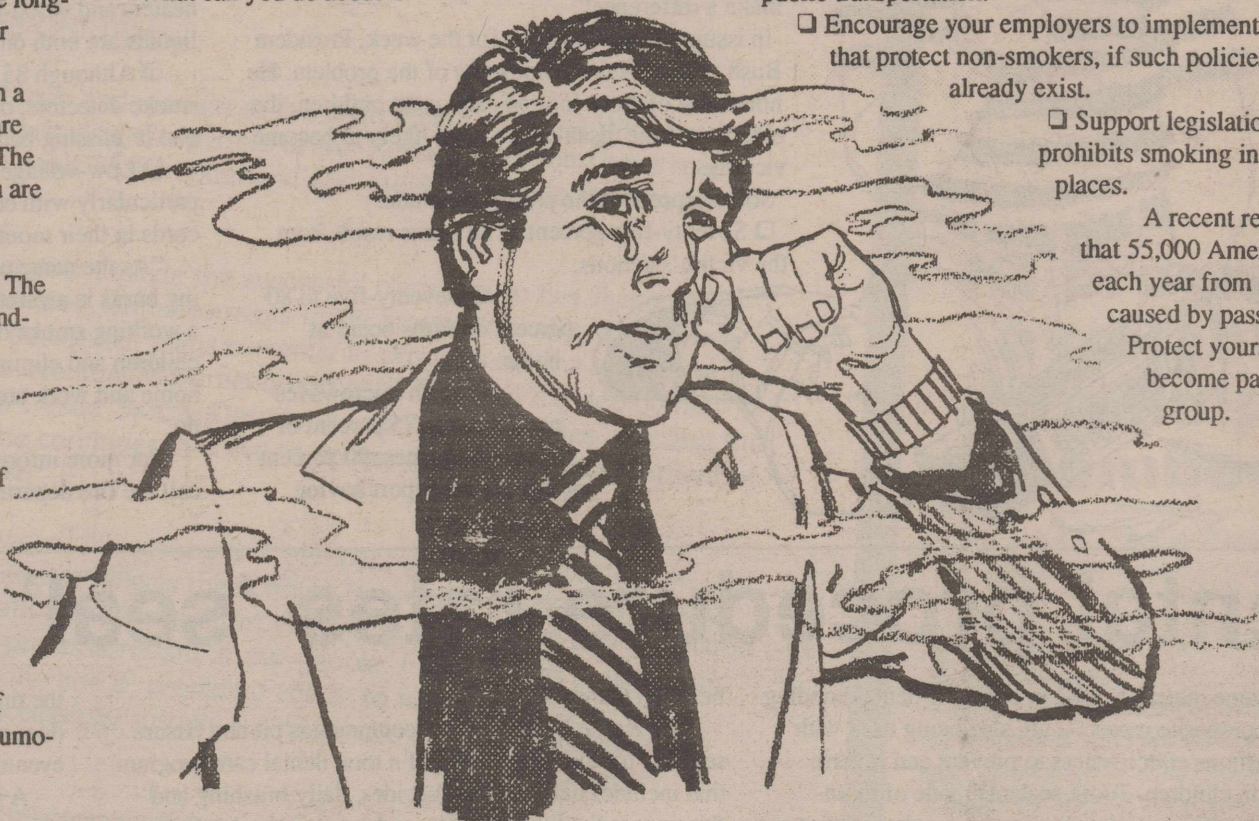
Although all the facts are still not in about the relationship between long-term illness and passive smoking, there are the immediate effects of eye, nose and throat irritations, headaches, dizziness, nausea and decreased ability to concentrate.

What can you do about it?

The American Lung Association suggests:

- Let family, friends and co-workers know that you object to their smoking in your presence. Don't be timid when it comes to minimizing your exposure.
- Request non-smoking sections in restaurants and on public transportation.
- Encourage your employers to implement policies that protect non-smokers, if such policies don't already exist.
- Support legislation that prohibits smoking in public places.

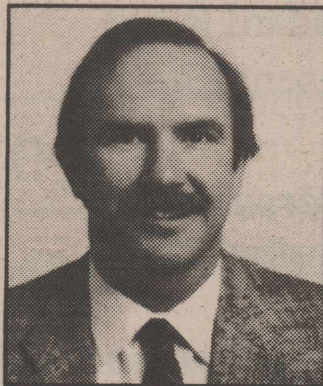
A recent report stated that 55,000 Americans die each year from diseases caused by passive smoke. Protect yourself — don't become part of that group.



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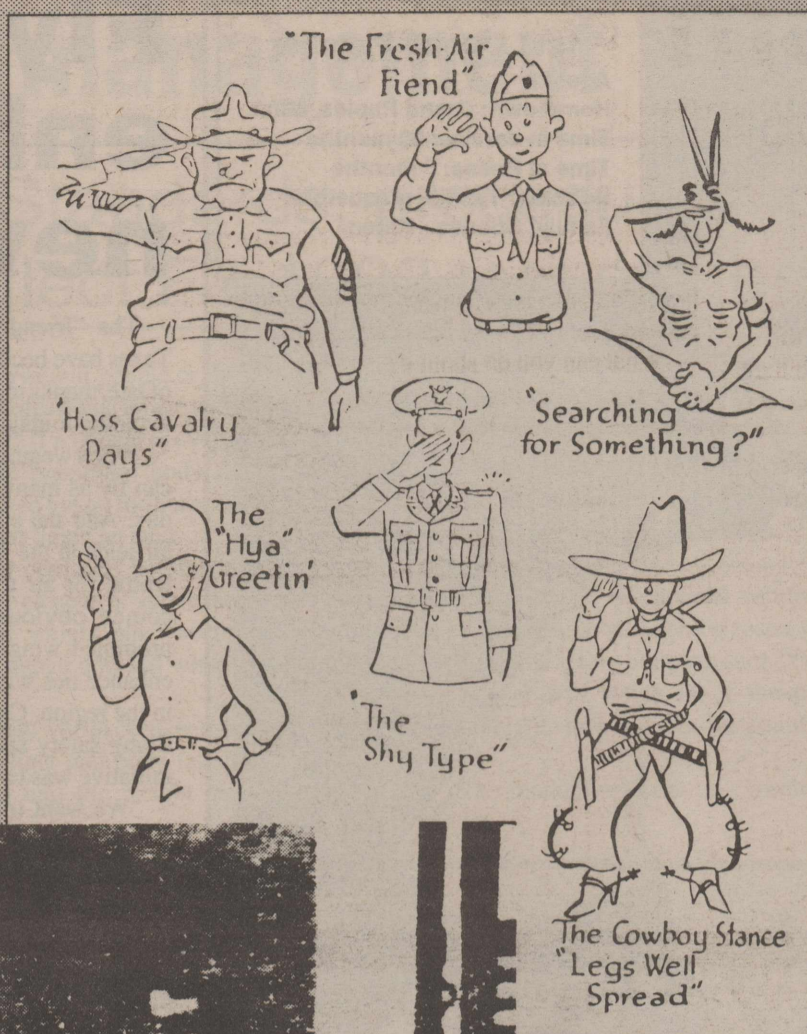
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Salute

Know when to
and how to



(SSgt. Mike Breslin)

Wing members should make sure that they render the proper salute (as shown at left) when encountering an officer outdoors. Above are some common "variations" that should be avoided.

Officials offer tips against terrorism

We are all well aware of the events in the Middle East. The response of our nation and its allies to the naked aggression by Iraq against its neighbor Kuwait may trigger a terrorist retaliatory reaction that has a potential to threaten all of us.

While we look to the base security police for protection against terrorism, in reality, anti-terrorism is a responsibility we all share. Combining police protection with a few common sense self-protection measures is the best method for deterring terrorism.

Here are some actions recommended by the 64th Security Police Squadron and the Air Force Office of Special Investigations on Reese:

❑ Avoid predictability. When possible, vary your route to and from work. Change the times when you leave; even a few minutes can throw off a terrorist. Don't have a set routine, whether it be going to the store or eating at a certain restaurant.

❑ Be alert to your surroundings. Know your neighborhood and watch for out-of-place vehicles, people or objects.

❑ Make your home safe. By deterring ordinary criminal activity, we also deter terrorists. Know or fully identify any individual who wishes to enter your home and make sure that they have a valid reason. If you are unsure of the person's identity or purpose, notify the local or base police. Also, be sure to post emergency phone numbers by your telephone.

❑ Safeguard your military identification card and other important documents. If you find your ID card or any other form of identification or documents missing, notify the OSI at 3414.

People should also notify OSI or security police (3333 or, in an emergency, 911) if they observe any suspicious activities or persons in housing or on base.

By combining these tips with common sense and concern, we can go a long way toward protecting ourselves and others from terrorist acts. (Air Force News Service)

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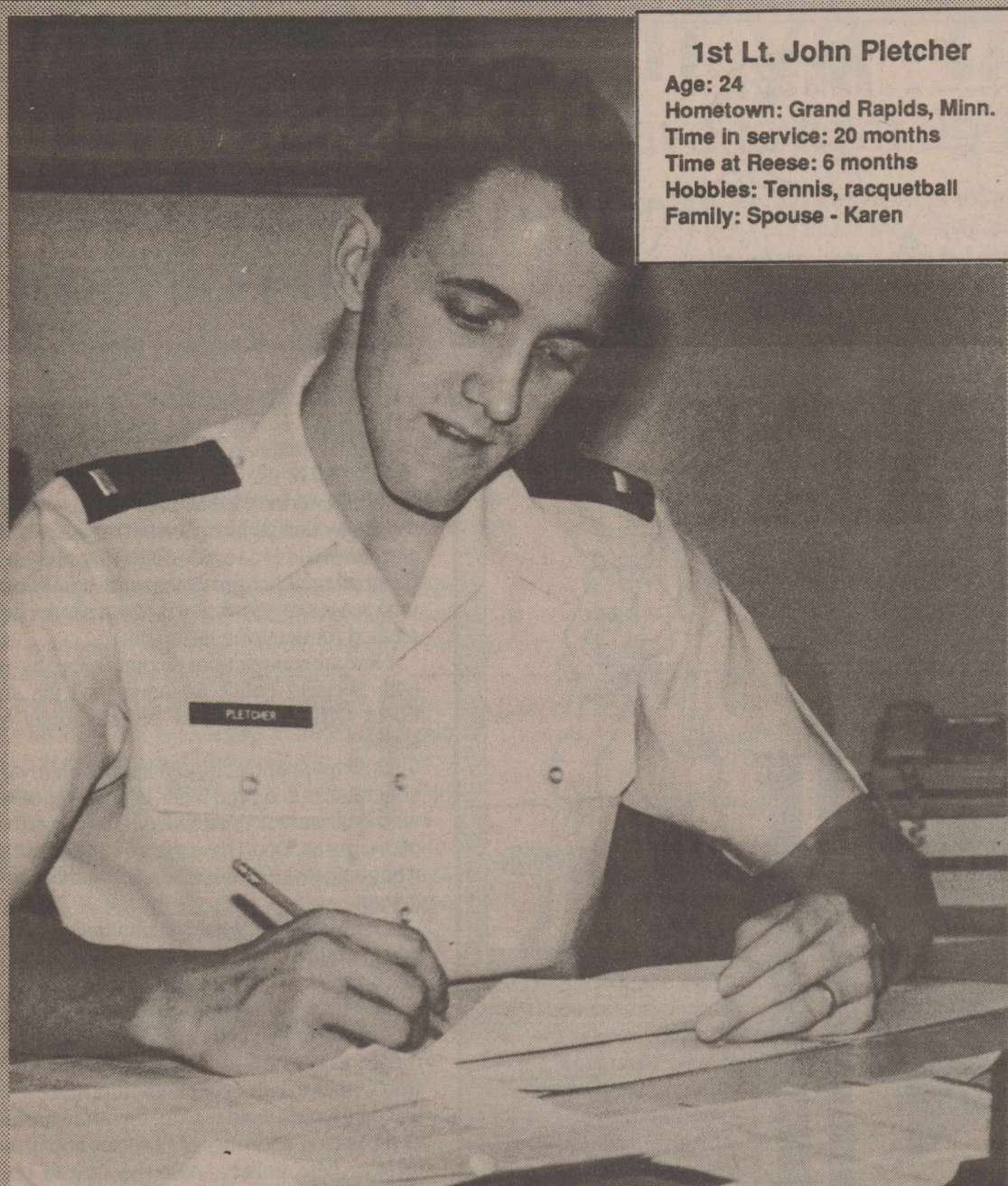
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1st Lt. John Pletcher
Age: 24
Hometown: Grand Rapids, Minn.
Time in service: 20 months
Time at Reese: 6 months
Hobbies: Tennis, racquetball
Family: Spouse - Karen

Reese mission maker

First Lt. John Pletcher, Reese Accounting and Finance Branch, works on a request form. Lieutenant Pletcher is one of the many people at Reese whose dedication and professionalism make mission accomplishment a reality.

(AB José Alejandro)

Flying safety enhanced by new program

The "friendly skies" of West Texas have become even friendlier of late, thanks to a program aimed at avoiding midair collisions.

When weather is good, the wing can fly as many as 280 sorties per day. Add the sorties flown out of airfields in the region, and the potential for air traffic conflicts becomes obvious. This potential prompted wing safety officials to enhance ties with civilian aviators in the region. Capt. Ian Sullivan of flying safety said the goal of this initiative was two-fold.

"We want to know where they (civilian pilots) fly, but we also want them to know where we fly," Captain Sullivan said.

The Air Force-directed program has had the captain and other Reese flier traveling a lot in recent months. Base aviators have visited every airfield in the region and attended numerous meetings and seminars offered by the Federal Aviation Ad-

ministration. The meetings offered a chance for military and civilian aviators to talk to pilots and exchange information on flight operations, types of aircraft flown, air traffic patterns and ways to keep tabs on nearby aircraft when flying.

The importance of this cross-flow of ideas is not lost on local aviation experts.

"We cover military operating areas at every meeting," said Lamont Wiliford of the FAA Flight Standardization District Office. "There's a continuing effort to educate pilots on the high density of aircraft in this area. We tell them to keep their heads 'on a swivel,'" he added, referring to a pilot's need to be on the lookout for other aircraft.

The work is far from over. Captain Sullivan indicated that the program is a continual process of visiting airfields and updating information about base and area flight operations and traffic patterns.

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New weight management program coming

The Air Force weight program will change as three basic refinements are put into effect. They include a new body fat measurement technique, random weigh-in selection procedures and streamlined administrative procedures.

The changes are expected to be implemented early this year, officials at the Air Force Military Personnel Center said.

Reese was one of five bases that tested the new program, according to SSgt. David Seigman, 64th Mission Support Squadron weight program manager.

The testing was conducted for one year, starting in October 1989.

New measurements will be used to determine people's body fat percentage, based on their height and several other measurements. For men, neck and abdominal measurements will be used; for women, neck, waist and hip measurements will be used.

Standards, procedures to reflect FY 1990 test at Reese

Overweight people or those who present an unprofessional image will be measured for body fat. If a person is overweight but is below the maximum body fat, they will be monitored but no further action will be taken, Sergeant Seigman said.

This could be helpful for some people who are close to or above their maximum allowable weight but who present a professional image and fall within body fat standards.

People who exceed their maximum allowable weight and body fat standards will be entered into the weight management program, unless they are medically deferred or receive an approved body fat standard adjustment.

Under the new program, people no longer will have to weigh in annually or semiannually. Instead, they will be randomly selected for no-notice weigh-ins.

People will be picked randomly by AFMPC, which will send a roster to Reese monthly, Sergeant Seigman said. "People on the roster will weigh in; if the person is overweight, then a body fat count will be done."

The random selection is expected to reduce the number of weigh-ins each year by about 50 percent. Also, because weigh-in dates will no longer be predictable, the new procedure is expected to promote healthy lifestyles throughout the year, AFMPC officials said.

Administrative procedures for the weight management program will revolve around a new form, which is designed to eliminate the form letters currently used to process people in the weight program.

The single form will be used to refer an individual to the hospital for medical evaluation, record the results of the evaluation, notify a person of entry into the weight program and notify the consolidated base personnel office of status changes.

The revised Air Force Regulation 35-11, which governs the weight program, is expected to be published in mid-February. (Air Force News Service)

Lubbock churches invite Reese personnel to attend church

HURLWOOD BAPTIST CHURCH
Military Families' Home Away From Home

Sunday Morning 9:45 a.m.
Worship 11:00 a.m.
Church Training 6:00 p.m.
Evening Service 7:00 p.m.

Nursery Available During All Sessions
9417 W. 4th St.
(across from Reese Village)

Pastor, DARRELL STRICKLAND
885-4862

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Wednesday 7:30 p.m.

William J. Watson, Pastor
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Hwy 84 West to FM 1294
South 1 mile



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Gloria Dei Lutheran Church
(ELCA)
1706 Slide Road
9:15 Sunday School for all ages
10:30 Worship
Robert Bardy, Pastor
795-2283

HOPE LUTHERAN CHURCH AND SCHOOL
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5700 98th St. — at Frankford

Worship — 9:30 a.m.
Sunday School — 10:45 a.m.

Sharing the caring Christ

Church Telephone No. 798-2747
School Telephone No. 798-3824

FIRST CHURCH OF CHRIST SCIENTIST

Sunday School 11:00 a.m.
Church Service 11:00 a.m.
Reading Room 12:00-3:00
(daily except Sunday)

2202 Broadway

TEMPLE BAPTIST CHURCH

Sunday School 9:45 a.m.
Preaching Service 10:45 a.m.
King Kid Class 5:00 p.m.
Sunday Evening Bible 5:00 p.m.
Sunday Evening Service 6:00 p.m.
Wed. Evening AWANA 6:20 p.m.
Wed. Bible & Prayer Service 7:45 p.m.

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Assistant: RANDY DEMETRO
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10701 Indiana

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Sunday Bible Classes
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Wednesday Family Night Services
7:15 p.m.

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St. Stephen's Episcopal Church

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PARISH EUCHARIST
10:30 a.m. Sunday

HOLY EUCHARIST & UNCTION
5:30 p.m. Wednesday

CHRIST LUTHERAN CHURCH

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Sunday Worship 10:00 a.m.
Wed. Midweek School 6:30 p.m.
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Sunday Evening Worship 5:00 p.m.
Wednesday Bible Class 7:00 p.m.

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Evening Worship 7:00 p.m.

Mid-Week Service
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• BELIEVERS MEETING-WED. 7:00 PM

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Reese achievers

Members excel on CDCs

Six wing members recently scored in the nineties on their career development course examinations. The Reese Consolidated Training Office said the group includes:

- **Sgt. David Valdez**, 64th Flying Training Wing Hospital — 98 on the aerospace physiology specialist CDC.
- **Sgt. Bryan Glass**, 64th Supply Squadron — 93, financial management specialist.
- **A1C Vaughn Harvey**, 64th Civil Engineering Squadron — 93, electrical power line specialist.
- **Amn. George Green**, hospital — 92, aerospace physiology specialist.
- **SSgt. Aliane Glenn**, 64th Mission Support Squadron — 91, social actions technician.
- **A1C Christeen Codini**, 64th Services Squadron — 91, subsistence operations specialist.

MSS names top civilian

A military personnel clerk has earned the civilian of the quarter award for the 64th Mission Support Squadron.

Judy Grimm was cited by MSS officials for her "professional conduct, self-development and superb job performance." They added that she was selected from a pool of "outstanding" nominees.

Safety efforts recognized

A 64th Civil Engineering Squadron member has captured the base-level quarterly ground safety award.

MSgt. Robert Thomas, noncommissioned officer in charge of the pavements and equipment section, was recognized for maintaining high safety standards in several areas. He manages the airfield maintenance program, overseeing work on four runways, eight taxiways and 400,000 square yards of ramp space.

He also was credited with enhancing monthly safety briefings for people under him, who operate a variety of heavy equipment. In addition, as NCOIC for the Prime BEEF team, he ensures that safety procedures are adhered to during exercises.

Civil servants reach milestones

Two civil servants at Reese have reached service milestones. They are:

- **David Lightner**, 64th Mission Support Squadron, has served 20 years in the government. The Navy veteran is a distribution clerk supervisor.
- **Kenneth Hogg**, also of MSS, has reached the 10-year mark. The distribution clerk served in the Army.

Notices in "Reese achievers" are based solely on inputs to the Roundup staff. People or units with items for the column should contact the Roundup staff at 3236 or stop by the newspaper office in Bldg. 800.

Reese Elementary School honor roll

(third six weeks)

'A' honor roll

First grade: Christie Bauer, Kyle Brazell, Chrya Bull, Amanda Campbell, Daniel Chaplar, Krysten Colosimo, Marc Cummings, Josh Curtis, Daisha Dillon-Oglesby, Jennifer Doshier, Brian Exner, Kaci Freeman, Krystal Freeman, Matt Gonzales, Rebecca Harsley, Tyler Horstman, Kheli Leatherwood, Kimberly Long, Gary Lynch, Brandon McIntyre, Craig Miracle, Deanna Molinar, Eric Nelson, Derick Perez, Chad Perry, Chad Sageser, Darrel Sheridan, Trenee Simmons, Michael Simpson, Jessica Thornton, Darius Tolver, Bryan Turner, Rosemary Villanueva, Britney Watson, Nancy Wilson, T. J. Yoakum.

Second grade: Amanda Anthony, Diane Bauer, Kerri Contreras, Russell Edington, Jason Falco, Matt Figuly, Chelsea Gumm, Domingo Ibarra, Erica Kahlich, Jesse Koester, Melody Lee, Brandy Miller, Vincent Miller, Toshia Miracle, Justin Naylor, Keith Oney, Sandra Ramirez, Tanessa Sires, Jon Stanfield, Edward Towe, Jennifer Ware, Katrina Williams.

Third grade: Irene Bolanos, Kristle Byrd, Robert Caballero, Sandy Campbell, Jeremy Enloe, Brad Everts, Elizabeth Fenstermacher, Keith Huffaker, Nakisha Miller, Christina Molinar, Layna Nolan, Amanda Nugent, Jesse Olbera, Erica Perez, Jessica Reyna, Sherrie Watson, Stephen Zarate.

Fourth grade: Chris Boatright, Amy Costilla, Becki Edington, Cara Freeman, Gwen Funchess, Amanda Gabel, Jennifer McConnell, Charmaine O'Brien, Robert Saenz.

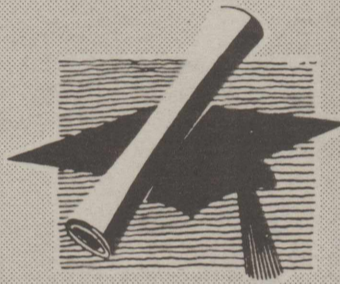
'A-B' honor roll

First grade: Heather Adams, Magen Arthur, Zenaida Avitia, Stacia Bairrington, Chelsea Carley, Jennifer Carrillo, Tracy Cole, Melissa Cook, Chance Davis, Kamisha Dennis, Chris Fowler, Melissa Garcia, Matthew Hohe, Nikki Kidd, John Paul Landin, Gerome Maldonado, Lauren Nilsen, Natasha Ortiz, Timothy Perez, Brad Pomykal, Jose Reyna, Jacob Rodriguez, Amber Simmons, Samantha Smith, Elias Vega.

Second grade: Jessica Alonzo, Ken Bice, Jesse Burk, Casey Bush, Brenda DeLeon, Angela Duniwen, Desiree Eason, Caleb Epps, David Fraser, Jason Gast, Charline Hart, Kenneth Heffner, Christopher Hill, Taiya Jones, Kristy Loreda, Vanessa Lucero, James Marley, Dana McCrary, Tiffany McDole, Aaron Murcheski, Amanda Paggett, Joshua Payne, Chris Pittmann, Rosa Ramirez, Candice Ramos, Robert Rhoades, Yon Hui Richter, Stephen Rodriguez, Christopher Rodriguez, Mike Seymour, Jennifer Sheridan, Jonathan Soria, Marlon Taylor, Mark Walker, Matthew Walker, Brad White, Jerry Wilson, Janie Ybarra.

Third grade: Joe Alvarado, Matthew Colosimo, Amy Curtis, Christy Curtis, Michelle Duniwen, Krysta Eggers, Chris Franks, Misty Freeman, Therese Gaither, David Haney, Christina Harsley, Chester Hiatt, Tonya Jones, Leroy Krind, Amber Lampert, April Landin, Lyndi Matthews, Joseph McDowell, Seve Saenz, Steven Saenz, Kerry Sanders, Justin Smith, Shameeka Taylor, Heather Towe, Marci Yoakum.

Fourth grade: Tabetha Alonzo, Heath Bratcher, Robert Cantu, Veronica Fininen, Jennifer Freeman, Stacey Garcia, John Gast, Nicki Gevedon, Tana Hawkins, Kristin Huser, Pamela Lightner, Shanna Long, Angela Loreda, Amanda McGuire, Sherry McIntyre, Lee Anna Moreno, Mandy Moreno, Buddy Napper, NicCole Olivarez, Lizzie O'Malley, Valerie Salazar, Alicia Sanders, Joseph Sanders, Brandi Schaefer, Clarissa Seymour, Jeremy Strawn, Zack Thornton, Brandi Watson, Raymond Wilson.



Reese Elementary School outstanding citizens

(third six weeks)

First grade: Zenaida Avitia, Amanda Campbell, Daniel Chaplar, Edward Connor, Marc Cummings, Jennifer Doshier, Kendra Hayenga, Eric Nelson, Jonathan Vega, Britney Watson.

Second grade: David Batson, Matthew Franks, Chelsea Gumm, Charline Hart, Justin Naylor, Joshua Payne,

Jorge Rodriguez, Brad White.
Third grade: Roxanne Benitez, Irene Bolanos, Brad Everts, Chester Hiatt, Jerry Karmicle, Erica Perez.
Fourth grade: Robert Cantu, Becki Edington, Veronica Fininen, Jennifer Freeman, Kristin Huser, Charmaine O'Brien, NicCole Olivarez, Rodger Roberts.

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♥♥♥

Housing update

(As of Wednesday)

Units turned over to contractor thus far: 66
Units renovated and returned to base: 122

Waiting list questions should be directed to the Reese Housing Office at 3913. List status subject to change based on lease agreements, PCS moves and other mitigating factors.

Two-bedroom unit waiting list

Co. grade officers	NCOs	Airmen
1st Lt. Paul Johnson	TSgt. Anthony O'Brien	A1C Christopher Crain
2nd Lt. Matthew Sardelli	SSgt. Martin Bustos	A1C Raymond Erdos
2nd Lt. John Birk	SSgt. Rose McRae	AB Lisa Simmons
1st Lt. Thomas Larson	Sgt. James Chapman	A1C Kyle Weeks
1st Lt. Gregory Myers	A1C Kevin Johnson	AMN Julio Giraldo

Three-bedroom unit waiting list

Co. grade officers	NCOs	Airmen
1st Lt. Michael Madison	SSgt. Raul Madarang	A1C Bradley White
Capt. Cary Windler	SSgt. Gary Martin	
1st Lt. Jack Brinkley	TSgt. Gregory Bishop	
Capt. Roscoe Kahumoku	TSgt. Gustavo Hernandez	
Capt. Christy Giroux		

Four-bedroom unit waiting list

Co. grade officers	NCOs	Airmen
	TSgt. Allen Hasty	
	SSgt. John Lynch	
	TSgt. David Game	
	TSgt. Howard Cobb	
	Sgt. Robert Mergerson Jr.	

Notes

Blue knit ties not allowed

In the Jan. 25 Roundup, an Air Force News Service article on changes to Air Force Regulation 35-10 stated that men may wear the blue knit tie. However, officials in the Reese Personal Affairs Office have indicated that that is incorrect.

For information on AFR 35-10, call personal affairs at 3402.

Parenting classes on tap

The Reese Family Support Center is offering parenting classes from 6:30-8:30 p.m. Tuesday and Feb. 12. Topics covered will include giving good instructions; increasing positive attention; handling misbehavior; and problem solving as a family.

For more information or to reserve a spot, call 3305.

Social security numbers needed

People with dependents who were 2 years old by the end of 1990 must list their social security number on their tax form 1040 or 1040A.

Officials in the Reese Legal Office said This requirement applies if the dependent(s) are U.S. citizens or residents, or if they are a resident of Mexico or Canada. Failure to do so will result in a \$50 penalty for each dependent.

Legal officials added that parents needing "socials" should call the local Social Security Administration office immediately at 1-800-234-5772.

Skin cancer screening offered

Beginning Monday, a skin cancer screening program will be offered from 1-3 p.m. every morning in the 64th Flying Training Wing Hospital. People can have any abnormal growth, rash or sores examined.

Hospital officials said that about 500,000 Americans develop skin cancer each year, and that the greater exposure to sunlight in Texas increases the risk. However, they added that it is both preventable and curable, and early detection is the key.

For a screening, call 3245/3515.

Reese DUI-free during holidays

People at Reese went through the holiday season with no driving-under-the-influence arrests or alcohol-related incidents.

First Lt. Mitchell Sibley-Jett, chief of the Reese Social Actions Office, said that the holidays are typical the time of year when such incidents occur, but "thanks to commander, first sergeant and supervisor support, no one was hurt due to alcohol-related incidents.

OWC plans dinner, theater

A dinner and theater will be held Feb. 9 in the Reese Officers' Open Mess. Sponsored by the Officers' Wives Club, the evening will begin at 6:30 with a social; dinner will be at 7, and will include chicken breast, rice and broccoli.

The Texas Tech Theater will perform "Laundry and Bourbon." The event costs \$10 per person, and is open to all OWC members, OOM members and their guests. R.S.V.P. by Monday; points of contact are listed in the February OWC "Breeze."

see "Notes," page 16



\$0 DEPOSIT FOR REESE

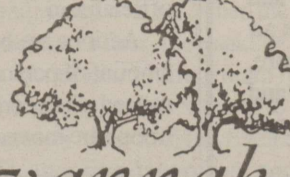
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Desert Storm marks aircraft combat debut

Air Force weapons systems 'key to success,' CENTAF commander says

The U.S. air strikes on Iraq mark the beginning of a war that tests a full array of modern Air Force aircraft making their debut on the front lines of a major conflict.

The 1,300-plus assembled allied aircraft in the Persian Gulf represent the largest concentration of warplanes in one place since the Vietnam War, and for many, their first use in combat.

"The types of aircraft we have involved in this campaign have been the key to its success," Lt. Gen. Charles Horner, commander of U.S. Central Command Air Forces, said Jan. 18.

"There's no doubt that our air defense and our awareness of what's going on in the air battlefield are a result, in large measure, because of what the AWACS provides us and the defense that aircraft such as the F-14 and the F-15 provide our forces."

Spearheaded by specially equipped F-15E fighter-bombers, the first wave of attacks hit Iraq's capital city of Baghdad and key Iraqi defense installations throughout the country in an assault that became Operation Desert Storm Jan. 17.

Allied forces, led by Air Force F-15E and F-117A bombers, unleashed a pinpoint attack in their first wartime appearance. One of the early successes of Desert Storm has been electronic jamming and the ability of aircraft like the E-3A AWACS and EF-111A to disrupt command and control in Iraq.

Having had no concept of what they were getting involved in, the Iraqis were surprised by the technical expertise of their opponents, according to Army Gen. H. Norman Schwarzkopf, commander of the U.S. forces in the Gulf.

"Well again, I think he's (Saddam Hussein) miscalculated one more time," General Sch-

Mail limitations requested

Offensive operations in the Persian Gulf have prompted many troop movements, and officials are asking that family and friends of deployed troops limit mail to letters and audio cassettes.

"The task of supporting units on the move is a logistics challenge and every effort must be made to limit transportation support to what is necessary for sustainment," a U.S. Central Command official said.

Actions are being taken to reduce the amount of personal articles that must be moved when combat and combat support troops are moved to other locations, they

added.

Army Gen. H. Norman Schwarzkopf, CENTCOM commander, asked family members and friends to voluntarily limit personal mail to first-class letters or audio cassettes.

Officials said this will reduce the difficulty for troops on the move to secure and transport personal articles and reduce the possibility of items being lost, damaged or delayed.

With the present tempo of Desert Storm operations, officials said the request to limit mail could last several weeks.

warzkopf said. "I think he had absolutely no idea of what he was going to be up against, and I think he's probably in a state of shock right now. We've been very successful in our objectives to disrupt command and control, and we're continuing to be more successful as each hour goes by."

During sustained air attacks, EF-111A electronic warfare aircraft flew over target areas, disrupting Iraqi radars by generating blinding electronic signals, while AWACS provided air traffic and command and control information.

The AWACS also helped allied aircraft detect enemy aircraft and guide fighters to target throughout the combat region.

American and coalition bombers were protected from Iraqi interceptors by Air Force F-15 and F-16 fighters, and Navy and Marine aircraft. These planes provided air cover

during all phases of the operation, and in the first week were responsible for destroying 19 Iraqi aircraft in air-to-air combat. Of that total, five were shot down in a 24-hour period, U.S. Central Command officials said.

The opening phase of Desert Storm also included KC-10 and KC-135 refueling jets that supported the more than 1,400 combat and combat support missions in the first 24 hours of the war.

The massive air assault unleashed against Iraq and targets in Kuwait involves technology never seen before in combat. Unlike their counterparts from previous conflicts, pilots today do not have to compute in their heads velocity, dive angle, and altitude while in combat. Using digital computers and other high-tech systems, they can easily beat a heavily defended Iraqi air space and hit the target.

Warplanes like the F-15 and F-16 can skim below radar to hit targets guided by lasers, infrared beams and electro-optical systems, while F-117A stealth aircraft can fly undetected, deflecting radar beams with their electronic jamming and counter-measures equipment.

The F-117A stealth aircraft, first used in the invasion of Panama, was one of the first aircraft to fire against Iraq, disabling vital Iraqi telecommunications centers. The F-117 also bombed the headquarters of the Iraqi air force.

In a briefing after the first few days of Desert Storm, General Horner showed videotapes of precision attacks on Iraqi targets by the F-117 and F-111s, and described the operation as a technology war, although fought by men and women.

Currently, there are 30 Reese members deployed in support of the operation.

In one sequence, he reported how an F-111 guided two 2,000-pound bombs literally through the front door of a missile warehouse.

"I'll tell you right now, we couldn't have taken a pickup truck and laid bombs out there more accurately," General Horner said.

Another important weapon-systems used in the air war against Iraq was the time-tested abilities of the B-52 bomber and F-111 long-range bomber. The B-52, built in the 1950s and used extensively in the Vietnam War, is now being used to bomb Iraq's troop concentrations and blast their fortifications with carpet-bombing raids.

The F-111's long reach means it can be stationed far from the front, while still delivering a substantial load of bombs. (Air Force News Service)



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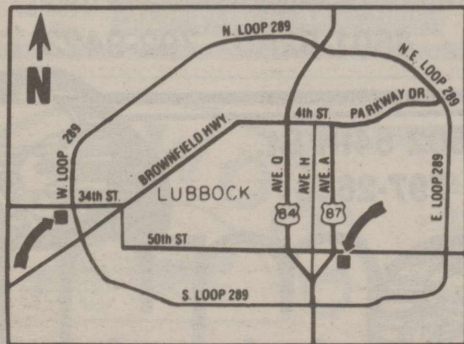
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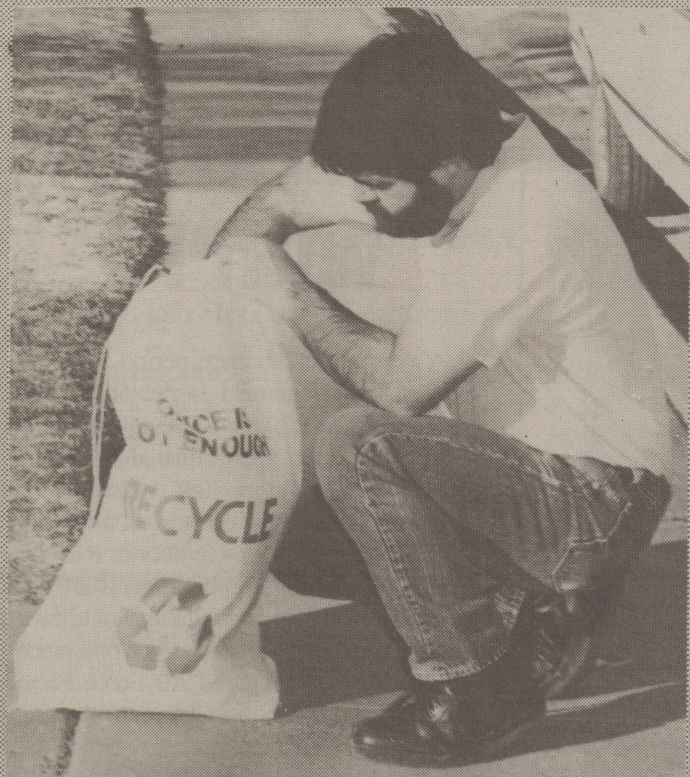
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(AB José Alejandro)

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Billy Ray Duke, Reese Morale, Welfare and Recreation Division Logistics, picks up cans and jars in Reese Village. Village residents can place recyclable items like aluminum cans, glass jars/bottles and paper in recycling bags provided by logistics. Items should be sorted into proper bags, and full bags should be placed on front porches by 9 a.m. Tuesday. Logistics will collect bags and provide replacements. For more information, call 3815.

Iraqi propaganda drive 'absurd'

SAUDI ARABIA — Much like the World War II broadcasts from Tokyo Rose, Iraq's Baghdad Betty and Iraq Jack are spitting out daily doses of disinformation.

One of the more noted flubs by Iraq's radio propaganda pair was when Baghdad Betty reported to American forces that their wives and sweethearts were romancing noted stars, such as Tom Cruise...and Bart Simpson.

Iraq's campaign to confuse facts, however, hasn't been confined to absurd attempts on shortwave radio bands. Potentially damaging stories originating from Iraqi sources have been working their way into the world press.

For example, according to the U.S. Information Agency, a Jan. 15 report from Baghdad radio falsely claimed U.S. intelligence is planning to remove Saudi Arabia's Crown Prince Abdullah IBN Abdul Aziz, commander of the Saudi National Guard, from the political scene. The report went on to say that the United States intends to assassinate the prince.

Additionally, Iraqi reports claimed that as of Jan. 19, 142

coalition forces aircraft and 23 cruise missiles had been downed by Iraqi military during hostilities. The Iraqis also said some of the cruise missiles were recovered and will be used against allied targets.

Only seven coalition aircraft were reported lost in the first 36 hours of Operation Desert Storm, according to Army Gen. H. Norman Schwarzkopf, U.S. Central Command commander in chief.

Currently, Iraq's claims tend to be running roughly 10 times the actual number of coalition aircraft downed. When coalition losses stood at two planes missing, the Iraqi count was 14. When the actual count was four, they said 44.

As of Jan. 19, Iraqi math figured the count at 94, when the count actually came to eight. Even on Jan. 22, after five days of war and more than 8,100 combat sorties, coalition forces had lost only 14 aircraft.

Although these reports are among the most recent coming out of Baghdad, they are part of a coordinated program by the Iraqis that has been going on since the start of Operation Desert Shield. Such early reports seemingly were designed to

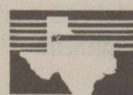
turn Arab opinion against the U.S.-led coalition.

When multinational forces first began arriving here in August, Iraqis assailed their presence by claiming U.S. troops were defiling Muslim holy places. Additionally, Iraqi Health Minister Abdul Salam Mohammed said thousands of U.S. forces were carrying AIDS.

Another report aired over Radio Madrid in Spain credited the Iraqi armed forces general command and the Iraqi ambassador to Spain as saying the multinational force bombing of Baghdad Jan. 17 was aimed largely at civilian targets. According to Lt. Gen. Charles Horner, Central Command Air Forces commander, the focus of all Desert Storm air strikes is on military objectives.

General Horner helped demonstrate the effectiveness of the attack on Baghdad with videotape shown before a media briefing in Riyadh Jan. 18. The tape, filmed from allied aircraft, showed bombs hitting their targets with pinpoint accuracy, including the headquarters of the Iraqi Air Force. (Air Force News Service)

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★ 1985 Lincoln Town Car, blue, leather.....\$6,988	★ 1990 Dodge Caravan LE, red, 8700.....\$15,988
★ 1985 Nissan 300 ZX 2x2, gold.....\$6,988	★ 1990 Chev. Beretta 2 dr, 10,000 miles nice.....\$9,488
★ 1986 Honda CRX, White.....\$3,688	★ 1990 Ford F-150 XLT, short bed, black.....\$13,488
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★ 1986 Lincoln Town Car Sig. Series, 55,300 miles.....\$9,688	★ 1990 Mercury Cougar LS Bright Red, one owner.....\$12,988
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Lockheed captures Texas VFW award for hiring vets

Lockheed captured the Texas Veterans of Foreign Wars 1990-91 Employer of the Year Award in the large employer category.

The Texas VFW gives this award to companies that hire the most veterans in the state. It was presented to Lockheed Jan. 25 in Austin.

Lockheed was nominated for the award by the Texas Employment Commission, according to Joe Germany, Lockheed's director of human resources. Over 92 percent of Lockheed's employees at Reese are veterans; 87 percent of all Lockheed corporation employees have served in the military.

Lockheed began taking over aircraft maintenance at Reese in October 1989, but did not assume all responsibilities until March 1990.

Winning the Texas department award qualifies Lockheed to compete at the national competition.



(SSgt. Mike Breslin)
John Bates of Lockheed checks out a T-38 on the Reese flight line. Mr. Bates is one of the service veterans who make up 92 percent of the local Lockheed work force.

Conference period set with IG

A personal conference period with the Air Training Command inspector general has been set for 1:30 p.m. Tuesday in Room 130A of the Reese Consolidated Base Personnel Office.

This opportunity is open to all members (military or civilian, active duty or retired). Special permission or appointments are not necessary. However, individuals should have their complaints/problems written on a piece of paper or on a prepared Air Force Form 1482, "IG Action Request," prior to meeting with the IG representative.

This opportunity is also open to all members to report fraud, waste and/or abuse of government property.

Complaints on subjects listed in Air Force Regulation 123-11, attachment one, must be processed under the applicable directive and may not be taken care of through the IG complaint system.

All disclosures during the personal conference will be held in confidence except to the extent necessary for corrective action.

Members unable to attend the period but who would like to speak with the representative should call the IG work center at 3537 to set up an appointment.

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P185/75R14	\$41.55	P225/75R15	\$49.90
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Around Reese

Enlisted Open Mess

(3156)

Today: Jody Maxx in the lounge from 9 p.m. to 2 a.m.
Saturday: Maestro Lee Show in the lounge from 9 p.m. to 2 a.m.
Sunday: Lounge bingo from 4:30 - 7 p.m.
 Casual lounge open from noon to 8 p.m.
Tuesday: Ballroom bingo "ten pack" on sale at 6:30 p.m. (open to Enlisted/Officers' Open Mess members and their guests).
Wednesday: Dollar night - large pizza slice for \$1.
Thursday: Pool tournament at 7 p.m. with prizes for top three places.

Simler Theater

(885-4581)

Today: "Night of the Living Dead" (R) at 7:30 p.m.
Saturday: Free movies for children (children under 6 must be accompanied by an adult) -
 "Turner and Hooch" (PG-13) at 11 a.m.
 "Uncle Buck" (PG-13) at 1 p.m.
Saturday evening: "Reversal of Fortune" (R) at 7:30.
Sunday: "Miller's Crossing" (R) at 7:30 p.m.

Crafts Connection

(3241)

Feb. 16: Hand crocheted rug seminar for \$25 (includes all materials). Students will complete their rug before leaving. Registration deadline is Feb. 13.
Feb. 14: Twelve-hour whittling seminar for \$35 (includes all materials). Registration deadline is Feb. 10.
 Drawing workshop for youth ages 6 to 10 from 6:30 - 8 p.m. Costs \$5 per person (all materials included). Registration deadline is Feb. 13.
Feb. 24: Basic calligraphy seminar from 1 - 5 p.m. Costs \$10 per student; materials not included. Registration deadline is Feb. 22. Each student must bring a 2.5mm black calligraphy pen and lined calligraphy pad.
Feb. 28: Design-a-mug workshop for children from 6:30 - 8 p.m. Costs \$5 per person. Each child will design and print their own cocoa mug. Registration deadline is Feb. 27.

Youth Center

(3720)

Today: "Win, lose or draw" at 6:30 p.m.
Saturday: Tae Kwon Do at 1 p.m.
Sunday: Bingo at 3 p.m.
Monday: Tae Kwon Do at 4:30 p.m.
Tuesday: Introduction to "Make up art" from 4:45 - 6 p.m.
 Gymnastics and dance classes at 4 p.m.
Wednesday: Arts and crafts from 5:30 - 6:30 p.m.
Thursday: Piano lessons at 3:45 p.m.

Auto Hobby Shop

(3142)

February specials: Steam cleaning for \$12.50 (regularly \$15).
 Rotate and balance all four tires for \$15 (regularly \$22).
 Oil change stall for \$2 per half hour (regularly \$2.50).
 Other specials available. Ask the manager.

Officers' Open Mess

(3325)

Today: Prime rib from 6 - 9 p.m.
 Disc jockey in the lounge from 8 p.m. to midnight.
Saturday: Stuffed New York strips with prosciutto ham and cheese from 6 - 9 p.m. Costs \$12.95 and is open to all Officers'/Enlisted Open Mess members and their guests.
Monday: Food bar from 5:30 - 8 p.m. Costs \$5.
Tuesday: Food bar from 5:30 - 8 p.m. Costs \$5.
 The Retired Officers Association meeting at 6:30 p.m.
Wednesday: Fried chicken served family style from 5:30 - 8 p.m.
Thursday: Food bar from 5:30 - 8 p.m. Costs \$5.
 Officers' Wives Club meeting at 7 p.m.

Rest of Reese

Mamma Reesone's (885-2639): Fried chicken basket special (\$2.75) from 5 - 8 p.m. Tuesday.
 Order five or more pizzas from Mamma's and receive a discount.

Channel 32



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 General interest films at 4 p.m.

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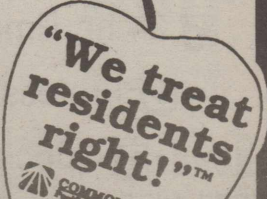
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SPS volunteer cited for efforts

SSgt. Rudy Hernandez has fun with a splash during a summer Camp Blue Yonder outing on base. The camp is just one of the sergeant's many volunteer efforts. (Sgt. Kimberly Nelson)



In many minds, voluntarism is the backbone of any community. The military community is no exception, and as such, the Reese Family Support Center is recognizing those who lend a helping hand.

SSgt. Rudy Hernandez, 64th Security Police Squadron, received the quarterly "helping hand" volunteer award Thursday. The award is designed to recognize exceptional volunteers who sacrifice time and effort to enhance the quality of life at Reese.

Sergeant Hernandez was involved with numerous activities on Reese and in the local community during the quarter. In October, he organized the security police Halloween mini-haunted house, as well as a candy check that emphasized personal safety for Reese trick-

or-treaters, according to SMSgt. Thomas Madigan, SPS.

In November, he spearheaded a 'jail and bail' fundraiser that generated \$400 for the Combined Federal Campaign. He volunteered one month later for the Toys for Tots drive, filling bags with Christmas gifts for local needy families.

Although Sergeant Hernandez was involved with numerous other activities, he has also been focal point for Operation Desert Storm matters since security police members were deployed in September, Sergeant Madigan said.

As part of the volunteer award, Sergeant Hernandez received a plaque and he gets a

See "Volunteer," page 15

Caprock Cafe

	Today	Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday
LUNCH	Beef Stew Chili Con Carne Chipper Perch BBQ Chicken Potatoes Au Gratin Corn Chowder Stewed Tomatoes Vegetable Combo Brown Gravy	Chicken Vegetable Soup Baked Meat Loaf Grilled Pork Chops Honey Glazed Cornish Hens Duchess Potatoes Savory Beans Carrots Amandine Tempura Fried Squash Mushroom Gravy	Cream of Mushroom Soup Oven Roast Beef Rolls Grilled Ham Steak Savory Baked Chicken Oven Browned Potatoes Stewed Tomatoes Lima Beans with margarine Summer Squash Brown Gravy	Beef Noodle Soup Spaghetti with Meatballs Southern Fried Whole Catfish Veal Steaks French Fried Potatoes Baked Beans Stewed Tomatoes Green Beans Cream Gravy	Chicken Gumbo Soup Grilled Strip Loin Grilled Ham Steak Baked Ocean Perch Portions Oven-Glo Potatoes French Fried Eggplant Carrots with margarine Cauliflower with margarine Brown Gravy	Minestrone Swedish Meatballs Jambalaya Roast Turkey French Fried Potatoes Creole Wax Beans Baked Hubbard Squash Whole Kernel Corn Turkey Gravy	Vegetable Supreme Soup Salisbury Steak Chicken Yakisoba Baked Halibut Steaks Potatoes Au Gratin Simmered Blackeye Peas Asparagus with margarine Corn on the Cob Cream Gravy
DINNER	Cream of Mushroom Soup Roasted Veal Apple Glazed Corned Beef Oven Fried Flounder Cottage Fried Potatoes Fried Cabbage Cream Style Corn Peas with margarine Brown Gravy	Beef Noodle Soup Swiss Steak Baked Stuffed Pork Chops Seafood Platter Savory Bread Dressing Creole Wax Beans Brussels Sprouts Superba Corn on the Cob Vegetable Gravy	Cream of Mushroom Soup Grilled Beef Kabobs Beef Stuffed Cabbage Rolls Apple Glazed Corned Beef Mashed Potatoes Broccoli Parmesan Baked Corn & Tomato Peas with onions Brown Gravy	Turkey or Chicken Noodle Soup BBQ Pork Loin Mock Filet Steak Savory Baked Chicken French Fried Potatoes Cream Style Corn Peas and Carrots Collard Greens Brown Gravy	Split Pea Soup Ginger Pot Roast Pork Chop Suey Salmon Loaf Mashed Potatoes Peas with mushrooms Mustard Greens Sautéed Corn Brown Gravy	Tomato-Vegetable Soup Spaghetti with Meatballs Fried Rabbit Salmon Cakes Rice Pilaf Green Beans with margarine Summer Squash Fried Cabbage Brown Gravy	Turkey or Chicken Noodle Soup Roast Beef Chili Macaroni Savory Baked Chicken French Baked Potatoes Cauliflower Polonaise Broccoli Spears Mixed Vegetables Natural Pan Gravy

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Black History Month continues at Reese

Black History Month will be marked at Reese by several cultural, spiritual and recreational events.

All wing members are invited to attend the following events, which are sponsored by the Black History Month committee:

Hot shot and free throw shooting contests will be held at the Physical Fitness Center at 11 a.m. Saturday. Cost is \$3 for one event and \$5 for both. First-, second-, and third-place trophies will be awarded in each event. For

more information, contact Sgt. Michael Barnet at 3482.

A gospel jubilee will be held at 3:30 p.m. Sunday in the Chapel. Everyone is invited to attend. Refreshments will be served following the event. For more information, contact Capt. Sandra King at 3179.

A Black History Month banquet Feb. 16 in the Enlisted Open Mess will begin with a 6:30 p.m. social; dinner follows at 7. Cost is \$11 per person; there are 160 tickets available. For more information, contact SSgt. Karen Montague at 3147.

A five-kilometer fun run will be held at noon Feb. 20; the starting line will be by the car wash on base. Cost is \$5 per person and T-shirts will be given to participants. For more information, contact Sergeant Barnet at 3482.

A soul food tasting luncheon will be held from 11 a.m. to 1 p.m. Feb. 22 in the Mathis Recreation Center. For more information, contact Sgt. Annette Lyons at 3155.

A fashion show will be held at 7 p.m. Feb. 23 at the Simler Theater. The theme will be "Attitudes," and the event will showcase professional models. There will also be a special appearance by Tamera Petrash, Miss Lubbock. Admission will be \$5.

Anyone who is interested in volunteering for any of the activities should contact 1st Lt. Jeffrey Crain at 3873 or 1st Lt. Cleve Turk at 3851.

Volunteer

(from page 14) reserved parking space adjacent to the Reese Commissary and Main Exchange until the next quarter's winner is picked.

The award is a symbol of induction into an elite fraternity of volunteers, Phil Thiery, Reese Family Support Center director, said.

"It is given to those who do more than just 'volunteer'. They give time, energy, love, self-sacrifice. Sergeant Hernandez is always ready with a helping hand when it comes to the Reese and the local communities."

All active-duty members, retirees and their families, as well as civilian workers at Reese, are eligible to be nominated for this award, and anyone may submit a nomination packet to the family support center.

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The Best Parts in Auto Parts.

Notes (from page nine)**English classes available**

People interested in taking English (as a second language) classes should call Margaret Ramey, Reese Family Support Center, at 6494.

Chapel plans events

The Reese Chapel has two events planned in coming weeks.

A Bethel Bible study series to familiarize people with the different literary media used by Biblical writers to convey their messages will be held at 7 p.m. Monday. The series will deal with Hebrew and western thinking, biblical messages and their historical context, and interpretation of scripture. Call Chaplain (Capt.) Millard Timmons at 3237.

In addition, a singles ski trip will be held March 21-24 at Snow Mountain Ranch as part of an intercommand singles leadership conference. Participants will have a chance to ski and to see Olympic hopefuls hit the slopes. Retreat sessions will be held mornings and late evenings. For reservations, call Chaplain (Maj.) Aaron Ray at 3237 by Feb. 11.

Vet offers winter care tips

The harsh winter weather that Reese has experienced of late can pose a hazard for pets. Capt. (Dr.) Kimberly Orr, Reese veterinarian, offers the following tips for care:

□ Like humans, pets can suffer frostbite. Dr. Orr reminded pet owners that temperatures of 15-20 degrees can be

sent below zero by the wind chill factor.

□ Even pets without adequate outdoor shelter can be affected. Pets can dehydrate if their water is allowed to freeze over.

□ A pet's food intake will increase in winter, as it needs more energy to maintain normal body temperature.

□ If the temperature is below freezing, never leave a pet outdoors without shelter for more than a few minutes.

□ People who "winterize" their cars should clean up any spilled antifreeze — it's toxic to dogs and cats.

Dr. Orr added that any cases of suspected animal neglect should be reported to security police. For more information on pet care, call veterinary services at 3535.

Property shipments slowing

A worldwide slowdown of overseas personal property shipments is being felt, according to the Reese Traffic Management Office, due in part to Operation Desert Storm. Other factors have contributed as well.

TMO officials said they understand the inconvenience and hardship that unexpected delays can cause, and they are working to speed up backlogged shipments. They added that every effort will be made to ensure timely shipment. For details, call 3838/3944.

Notary service available

Notary service is available weekdays in several places on base, according to the Reese Legal Office. The places are

(extensions are in parenthesis):

□ 64th Flying Training Wing Hospital Patient Affairs Office (3521) from 10-11 a.m. and 2-3 p.m.

□ Reese Comptroller Division (3518) from 8-10 a.m.

□ Reese Housing Management Office (3913) from 7:30 a.m. to 4:15 p.m.

□ 54th Flying Training Squadron Orderly Room (3544) from 7:30 a.m. to 4:15 p.m.

□ Legal office (3505) from 10 a.m. to noon and 2-4 p.m.

The base bank and credit union also offer this service free to their members.

Graduate test scheduled

The Graduate Management Admission Test will be offered at 8 a.m. Mar 18 at the Reese Education Center. Center officials said that DANTES will pay for the test fee for first-time military takers.

Call Mary Mayekawa, 3469, for details.

OTS slots tighten

Officer Training School is expected to undergo many changes in fiscal 1991 and 1992, according to officials in the Reese Education Center. They cited a reduction of slots (350 total) to a 30-year low as an example.

The reductions are expected to stiffen competition, and center officials are encouraging interested individuals to contact them to see if there are any slots that they are eligible to fill. For details, call 3469.

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(AB José Alejandro)

Hosp's Mike Najera (22) goes for two as teammate Derrick Mosley (12) looks on. Resource Management won the Jan. 24 game, 61-42.

52nd 'A,' RM still reigning in intramural basketball action

Teams are jockeying for position in the Reese Intramural Basketball League as the season winds down.

In the National League, Resource Management has a solid grip on first place with an 11-2 record. The 52nd Flying Training Squadron "A" team is the only undefeated team left in either league, holding sole possession of first in the American League.

League action over the last week included:

Jan. 23

□ Lockheed, 49 — 64th Civil Engineering Squadron, 27. Tony Oliver (13 points) and Michael McMurtry (10 points) were the key players in the win for Lockheed. Christopher Crain and Wayne Muscwhite combined for 18 points for CES.

□ 1958th Communication Squadron/64th Security Police Squadron, 49 — 54th Flying Training Squadron "A," 42. COMM/SPS team members Victor Fulton and Andre Harley each scored 18 points. Despite Thomas Hallett's game-high 25 points, 54th "A" fell short of the victory.

□ RM, 66 — 35th FTS, 41. Marvin Davis scored 21 points and

got help from Rice (12 points) as RM ran away with the victory. 35th had a good performance from Daniel Waters (11 points).

Jan. 24

□ 64th Mission Support Squadron, 56 — Lockheed, 44. MSS showed Lockheed who was the better team that evening as Michael Barnett (24 points) and Tony Friday (16 points) combined for 40 points in the win. James Lee had 18 points for Lockheed.

□ RM, 61 — 64th Flying Training Wing Hospital, 42. Hospital could not hold on to a 25-20 halftime lead. RM Marvin Davis (24 points) and Edward Harrelson (12 points) proved to be too much for Hospital. Frank Parker's 18 points went for naught.

□ COMM/SPS, 57 — 52nd FTS "B," 27. COMM/SPS had four players in double figures as they were too much to handle for 52nd "B." COMM/SPS Joseph Kirby led all scorers with 16 points. 52nd "B" was led by Dane Horstmann and Erik Hansen (each had 12 points).

□ 35 FTS, 44 — 54th FTS "B," 43. In another competitive match-up, Darin Middleton (15 points)

and Rodney Green (13 points) propelled 35th to a narrow victory. James Hudgens scored 11 points for the 54th "B" team.

Tuesday

□ COMM/SPS, 70 — 54th FTS "B," 50. COMM/SPS's Fulton (18 points) and Rachel Hall (13 points) were too much for the 54th "B" team. Luis Cortes and Frank Lombardi each scored 12 points for the 54th "B."

□ 41st FTS, 48 — CES, 26. The 41st's Avery McGee (20 points) had two three-pointers as he almost single-handedly outscored CES. Kevin Evans scored seven for CES.

□ 33rd FTS, 47 — 52nd FTS "B," 32. 52nd came close to victory but ran out of gas during the second half. Ian Biggins of the 33rd (17 points) had a good night, while the 52nd's Erik Hansen (22 points) led all scorers in the game.

□ 52nd FTS "A," 59 — 35th FTS, 38. 52nd "A" stayed undefeated as they whipped the 35th team. Mark Slimko and Jeffry Sullivan (each scored 13 points) were too much for 35th to handle. Dave Carter (10 points) and Darin Middleton (nine points) had a good performance for the 35th.

Varsity teams romp over weekend

The base's men's and women's varsity teams were in action Sunday at the Reese Physical Fitness Center, as the men won 120-98 and the women won 82-69. Both contests were against Lubbock teams. The win improved the men's record to 20-2 and the women to 13-5.

The men's game got under way with a three pointer by Reese Rattler Frank Parker. The beginning of the first half showed each team taking the lead back and forth. The Lubbock team man-

aged to take a 21-17 lead midway through the first half, but this would be the last time they would take the lead.

The Rattlers went on an eight-point run and later followed it with a six-point spurt. A dunk by Rattler Mark Slimko increased the lead to 54-39 with 3:50 left in the half.

The Rattlers had a rough time stopping Lubbock player Kevin Hogan, as he scored seven three-pointers during the game. Slimko had a terrific game for the Rattlers with 28 points. He had three three-

pointers, six assists and one blocked shot. The Rattlers had four other players in double figures: Marvin Davis (26 points), Parker (15 points), Tony Friday (13 points) and Ferguson Johnson (10 points).

The Lubbock local team had three players in double figures: Scott Smith (41 points), Hogan (28 points) and Jim Bob Jeffries (10 points).

Reese had 13 three-pointers throughout the game as the Lubbock team had eight.

The men will next be in action at 4 p.m. Saturday and noon Sunday in the fitness center against Carswell AFB, Texas.

The women's game saw Reese defeat the "Lubbock Label." Margaret Duffy and Melissa Ward combined for 52 points; Duffy poured in three three-pointers during the game.

The Lady Rattlers began the second half with a 47-42 lead and proceeded to fire off a 15-0 run. They never trailed in the second half as they beat up on Label, recovering from a 50-48 loss Jan. 23 to the Lubbock Olympians that ended a four-game winning streak. Label saw a good performance by Amy Davis (23 points) and Tanya Pollard (13 points) despite the loss.

The next action the Lady Rattlers will see will be against the Lubbock Olympians at 6 p.m. Saturday in the fitness center.

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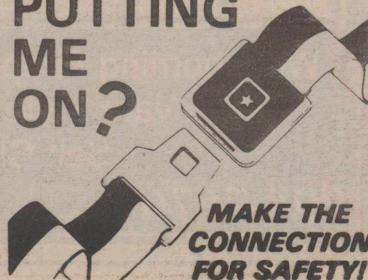
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Updates

IM league standings

(As of Wednesday morning)

National League		American League	
RM	11-2	52nd FTS "A"	10-0
41st FTS	7-4	33rd FTS	9-3
MSS	6-5	54th FTS "A"	6-4
HOSP	4-5	35th FTS	7-6
Lockheed	2-9	COMM/SPS	7-4
CES	0-11	52nd FTS "B"	2-8
		54th FTS "B"	2-11

IM basketball schedule

The following Reese Intramural Basketball League games will be played in the Physical Fitness Center:

Tuesday — HOSP vs. CES, 5 p.m.; 41st FTS vs. RM, 6 p.m.; 35th FTS vs. 52nd FTS "A," 7 p.m.; and 54th FTS "B" vs. MSS, 8 p.m.

Wednesday — HOSP vs. 41st FTS, 5 p.m.; RM vs. Lockheed, 6 p.m.; 52nd FTS "A" vs. 54th FTS "A," 7 p.m.; and 35th FTS vs. COMM/SPS, 8 p.m.

Thursday — 33rd FTS vs. 52nd FTS "A," 5 p.m.; HOSP vs. Lockheed, 6 p.m.; 35th FTS vs. 52nd FTS "B," 7 p.m.; and COMM vs. 54th FTS "B," 8 p.m.

Youth basketball looking for players, coaches, and refs

A new youth basketball league on base is looking for boys and girls age 5-18. The registration ends today and costs \$5. The fee includes trophies and game shirts.

The league is also looking for volunteer referees and coaches. For more information, call 3820.

Ski weekend in the planning

The Mathis Recreation Center will hold a trip to the Inn of the Mountain Gods and Ski Apache at Ruidoso, N.M., March 15-17. Cost is \$180.50 per person and transportation will be by military van. Space is limited to the first 12 persons to sign up. Registration deadline Feb. 28.

Tour will depart the recreation center at 8 a.m. March 15 and return at 8 p.m. March 17.

For more information, call 3787.

Softball coaches needed

Individuals are needed to coach men's and women's softball teams in the spring softball seague. People interested should turn in resumes to Joseph Jackson at the Reese Physical Fitness Center.

Meetings will start in mid-February. For further information, call 3783.

No tap tournament set

The Windmill Lanes Bowling Center is sponsoring a "no tap" bowling tournament today at 7 p.m. Entry fee is \$7 per person.

For more information, call 3116.

Discount bowling available

Half-price bowling will be available from noon to 6 p.m. Monday at the Windmill Lanes Bowling Center.

Jazzercise classes continue

Jazzercise classes are held from 6-7 p.m. Monday through Thursday, with stretch tone classes from 5:20-5:50 p.m.

Monday and Wednesday. Class fees are one class for \$4, four classes for \$14, eight classes for \$22, 12 classes for \$28 and a monthly unlimited ticket for \$32. Stretch tone classes cost \$2 each.

For more information, call 3783.

Aerobics program expands

The aerobics program on base has expanded their class hours to include 6-7 p.m. Mondays, Wednesdays and Thursdays in the Reese Physical Fitness Center.

Classes will continue to be held from 9-10 a.m. and 11 a.m. to noon Mondays, Wednesdays and Fridays; and from 4:45-5:45 p.m. Monday through Friday for "hard bodies." Cost is \$16 per month; participation is unlimited.

For more information, call 798-2474.

Coming up in:

Karate: Classes offered 6-7:30 p.m. Tuesdays in the Mathis Recreation Center Heart 'n Sole Room. Monthly cost is \$15 per person; \$10 for each additional family member. For more information, call 6020.

Tae Kwon Do: Classes start at 1:30 p.m. Saturdays and 4:30 p.m. Mondays in the Reese Youth Center. For more information, call 3820.

Hockey: The Air Force Academy team takes on Notre Dame at 7 p.m. Saturday and Alaska-Fairbanks at 7 p.m. Feb 8-9. The games will be played at the academy. For ticket information, call 1-800-666-USAF.

Basketball: The Air Force Academy team takes on Wyoming at 7:35 p.m. Tuesday and Texas-El Paso at 7:35 p.m. Thursday. The games will be played at the academy. For ticket information, call 1-800-666-USAF.

UNDERSTANDING HYPERTENSION

Tips for Blood Pressure Management

Research shows that diet is an important factor in managing high blood pressure (hypertension). Understanding what blood pressure is, what causes it to rise, and how dietary changes can affect it, can help you or your loved ones control your blood pressure for better health.

What is Blood Pressure?

The beating of your heart pumps blood through large blood vessels called arteries that conduct blood from your heart to other parts of your body. As your blood is pumped through your arteries, it pushes against arterial walls. This force against the arterial walls is called blood pressure.

A healthy person's arteries are muscular and elastic. They stretch or contract when the heart pumps blood through them; the amount of stretching depends on the amount of force blood exerts. Each time your heart contracts (about 60-80 times a minute), it sends a surge of blood into your arteries and the blood pressure in your arteries increases. When your heart relaxes between beats, your blood pressure decreases.

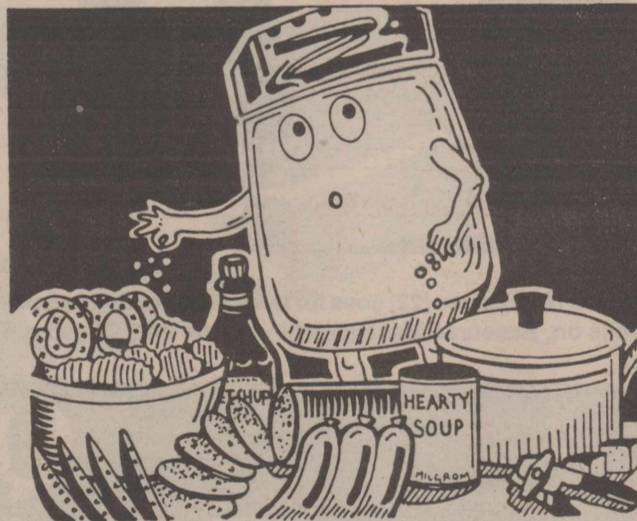
You have two measurements of blood pressure: an upper level (systolic), when your heart is beating, and a lower level (diastolic), when your heart is resting. Systolic pressure tells the maximum amount of pressure on your arteries, while diastolic pressure tells the minimum pressure on your arteries.

What is Hypertension?

Arterioles are smaller vessels that branch off from the arteries and regulate blood pressure. If, for some reason, the arterioles are narrowed, it's harder for the blood to pass through them. When that happens, blood pressure rises and your heart works harder. If your blood pressure increases (and stays at) 140/90 or more, you may have high blood pressure.

Who is At Risk?

High blood pressure affects one out of four Americans, with American Blacks being at highest risk. If your parents had high blood pressure you may be at greater risk. Sex is a factor, too, since men are more likely to develop hypertension than women. (After menopause, however, women's risk of high blood pressure rises.) Age also plays a part since high blood pressure generally occurs over the age of 35. The older a person gets, the greater the chance of high blood pressure. Obesity, alcohol consumption, the taking of oral contraceptives and sedentary lifestyles may also be factors. Heavy sodium consumption increases blood pressure in some individuals. As a result, people diagnosed with high blood pressure are placed on sodium restricted diets.



Heavy sodium consumption is linked with increased blood pressure. Check food labels for "hidden" sodium to help decrease your salt intake.

Controlling Blood Pressure

For some people, weight loss, exercise and recreation may lower blood pressure. For others, medication is required. In most treatments, however, dietary restrictions such as restricting sodium and decreasing dietary fats and cholesterol are recommended.



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