

THE HASKELL FREE PRESS

35¢

Biggest yet

Christmas parade begins at 6 Saturday night

Stores to open after parade

At the November meeting of the Haskell Business Association, members voted to re-open their stores immediately following the parade, and remain open until 9 p.m. to accommodate local and out-of-town customers.

Many businesses are planning special two-hour sales during that period only.

Out-of-towners to judge parade

Out-of-town judges have again been selected for the Haskell night Christmas parade Dec. 1.

Mike Martindale and his staff at WTU will be their hosts. Float winners will be posted on the WTU window after the parade.

After the parade, Mr. and Mrs. Ben McGee will drive the judges throughout town and they will determine the winners of the residential decorations, and of business window displays.

Santa coming to town

As he has traditionally done, Santa Clause will arrive at the Haskell night Christmas parade riding in his sleigh on the Chamber of Commerce float.

To prevent accidents where children run out into the parade route, Santa will not throw candy from the float this year.

However, as soon as the parade is over, Santa will walk around the square and into all open businesses, as well as outlying stores, to distribute candy to the children and to wish Merry Christmas to all the adults.

Window lighting being encouraged

The Chamber of Commerce is asking all Haskell businesses to outline their windows with lights. Occupants of the three-story county courthouse are being asked to do the same.

Senior legislator to visit Dec. 5

Ruth West of Snyder, a representative to the Silver Haired Legislaure, will visit Haskell County senior citizens at the Experienced Citizens Center on Dec. 5.

Mrs. West will speak at about 11:15 a.m. and invites persons with questions to talk with her later.

The Silver Haired Legislature was created by the Texas legislature in 1985 to encourage Texans to learn more about the working of state government and to give older Texans a way to present their concerns to the legislature.

Mrs. West represents District 3 which includes Haskell,

Haskell's ninth annual night Christmas parade is shaping up to be the largest ever. It will be Saturday, Dec. 1, beginning at 6 p.m.

So far, 17 floats are confirmed, which guarantees the largest number ever. Previous high was 14 in the first parade.

Float sponsors include Boggs and Johnson, Kids' Duds, Lanco Insurance, Lane-Felker, The Personality Shoppe, First National Bank, Haskell National Bank, East Side Baptist Church, Chamber of Commerce, City of Haskell, Haskell Fire Department and Auxiliary, Girl Scout Troop 278,

Kiwanis Club, Rotary Club and Farmers National Bank of Rule.

The Haskell High School Indian Bnd, under the direction of Joe Waldrop, will head the parade. Also confirmed are the appearances of the Cisco Junior College Band, directed by Bill Swinney, and the Cisco Junior College Wrangler Belles, directed by Debbie Baker.

The Six White Horses from Hardin-Simmons University will make their ninth appearance in the Haskell parade. The ensemble is directed by Dr. Thomas Beasley, Local hosts for the riders are Bob and Loretta Gray.

A camel and three wisemen will

come from Cisco to walk in front of the nativity float, sponsored by East Side Baptist Church. The camel and wisemen are from the Kendrick Pageant.

A Munday unit will promote the Knox County Vegetable Festival and a unit will appear from Sagerton's Hee Haw.

A new unit in this year's parade will be a calliope from McMurry University. Musician for the Christmas carols will be Nelda Lane of Haskell.

Each local automobile dealer will enter three new and decorated vehicles. The sponsors are Medford Buick-Pontiac-GMC, Bill Wilson

Motor Co. and Bailey Toliver Chevrolet-Oldsmobile.

Another parade favorite will return this year--the Klassy Kar Klub of Stamford. The antique automobiles will be lighted and decorated.

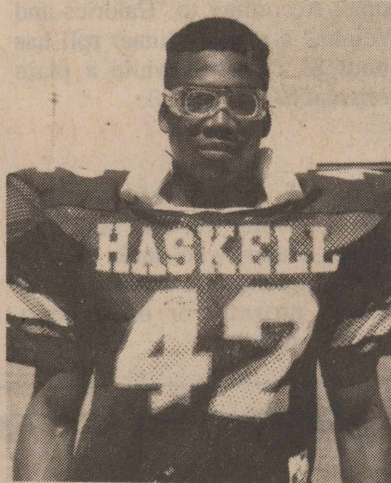
Invitations have been mailed to mayors and Chamber of Commerce presidents of area cities to drive in the caravan of dignitaries. They and their spouses will be honored at a reception at the Community Room of Haskell National Bank prior to the parade. Hosts will be Haskell Mayor and Mrs. Greg Melton and Chamber President and Mrs. Bud

Lane. Appearing again will be Sugar and Company, a horse and buggy driven by Christy Morlar of Abilene.

Three sled dogs, owned by Jerry and Melba Lowrance and Nancy Atkinson, will be a new addition to the parade.

For the ninth consecutive year, students of the Love Baton Twirling Academy of Abilene will be in the parade.

Several businesses have agreed to place floodlights on tops of their buildings along the parade route for better viewing.



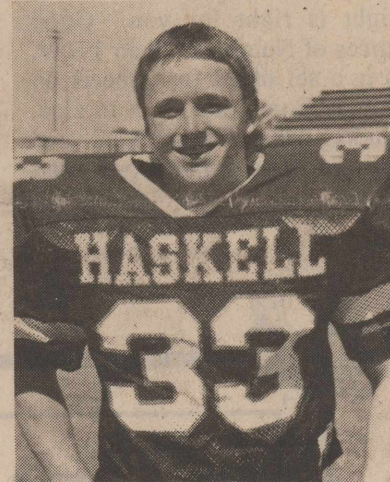
Jonathan Dever



Chad Gibson



Jeremy Fuentes



Erik Harvey

Indians chosen for all-district

Haskell's Jonathan Dever was named to a running back position on the 7-2A all-district offensive team chosen last week by coaches.

Chad Gibson was chosen for the second team as an offensive lineman and Jeremy Fuentes was a second-team selection as a defensive back.

Erik Harvey was recipient of the "Fighting Heart" award.

Dever, who rushed for more than 1,000 yards during the Indians' 2-8 season, was joined in the first-team backfield by Ray Samuels of Anson and Eric Keen of Stamford as running backs by Kyle McIntire of Anson at quarterback.

Charles Copeland of Anson was named coach of the year.

The all-district teams:

OFFENSE First Team

Quarterback: Kyle McIntire of Anson.

Running backs: Ray Samuels of Anson, Jonathan Dever of Haskell, Eric Keen of Stamford.

Wide receivers: Bobby Smith of Albany, Mike Ashford of Anson.

Tight end: Bodie Collins of Winters, Scott Hansen of Anson.

Offensive linemen: Pete Moberly of Albany, Jason Beard of Albany, Creed Newman of Anson, Bill Belew of Winters, Clint Easley of Hawley.

Place kicker: Pete Moberly of Albany.

Punter: Mike Ford of Hamlin.

Second Team

Quarterback: Craig Slaughter of Winters.

Running backs: Timothy Torres of Winters, Johnnie Hudman of Albany, Buster Shelton of Albany, Mike Tatum of Hawley, Waylon McGee of Hamlin.

Wide receivers: Shelton Marshall of Hamlin, Cody Shores of Stamford.

Tight ends: Sal Martinez of Albany, Lupe Garcia of Anson.

Offensive linemen: Jody Lopez of Stamford, Chris Matthews of Winters, Chad Gibson of Haskell, Charlie Jenkins of Hamlin, Dixon Ferguson of Hamlin, Donald Whitaker of Anson.

DEFENSE First Team

Linemen: Bill Belew of Winters, Russell Davis of Albany, Julio Villaneuva of Anson.

Ends: Pete Moberly of Albany, Wayne Hinkle of Anson.

Linebackers: Scott Hansen of Anson, Timothy Torres of Winters,

Continued on page 2

Physicians' assistants clinic is inaugurated

Haskell Memorial Hospital has announced the utilization of another member of its health care team--physicians' assistants. They will begin working at the hospital Saturday, Dec. 1.

Physicians' assistants (PA's) are skilled members of the health care team who practice medicine under the supervision of a licensed physician, fulfilling a broad range of medical services that would otherwise be provided by the physician.

The profession was launched in 1955 at Duke University where the first PA training program had a class consisting of four former military corpsmen. Today, there are more than 20,000 practicing PA's and more than 50 accredited programs offered by medical schools, colleges and universities affiliated with teaching hospitals and the U.S. Armed Forces.

PA's graduate from programs accredited by the Committee on Allied Health Education and Accreditation which is sponsored by the American Medical Association. Most PA students are required to have some college education, health care experience and a strong interest in patient care prior to admission.

The PA student can expect to attend an educational program 24 months in duration. Programs consist of two phases, often compared to the first and third years of medical school.

The first phase includes classroom and laboratory instruction and basic medical sciences, including anatomy, physiology, pathology, microbiology and pharmacology, as well as behavioral science and internal medicine, obstetrics and gynecology, pediatrics, surgery and emergency medicine.

PA's take medical histories, perform physical examinations and laboratory tests. After diagnosing a problem, the PA develops and

implements a treatment plan. When appropriate, the PA confers with the supervising physician and other health professionals. PA's generally make important decisions regarding the use of medications. PA's perform medical tasks and procedures that are delegated to medication ethics.

The second stage consists of structured clinical rotations providing students with direct patient contact. The rotations are intensive hands-on learning experiences in such private and institutional settings and in medical disciplines such as family practice, them by their supervising physicians.

PA's, working with physicians, promote better distribution of health care services and can improve accessibility to care in rural areas and underserved communities. They also increase efficiency within ambulatory care practices, reduce patient waiting time and allow physicians more time for difficult cases.

At Haskell Memorial Hospital, there will be clinics at a designated area within the hospital on Saturday mornings from 8 until noon and Sunday morning from 8 to 10. The fee for an office visit in one of these weekend clinics will be \$25, representing a substantial reduction from emergency room costs. Haskell's two medical clinic will no longer be open on weekends.

After the designated hours, emergency room service will continue to be supplied by the PA's with an on-call physician as backup. The PA's will be on the hospital premises 24 hours a day from 7 a.m. on Saturday until 7 a.m. Monday.

Area residents are invited to come by and introduce themselves and get acquainted with the new professionals.

Three to five PA's will rotate on different weekends. All are among the most experienced PA's in Abilene and none has less than 10 years of personal practice experience.

Chad Ballard serves internship

For 10 weeks this past summer, Rochester native Chad Ballard had a chance to put his agricultural background and business knowledge to work through a Farm Credit Bank of Texas internship program.

The Texas A&M University agricultural development student came to the Austin-based bank to learn more about agricultural credit.

"Through the past 10 weeks I have met many influential people, many doors have been opened and I have learned a lot about myself,"

Ballard said at the conclusion of his internship.

Ballard, one of three summer interns, was responsible for a variety of assignments in the public affairs and credit departments.

With \$3.6 billion in loans outstanding to nearly 60,000 farmers and ranchers in Texas, Alabama, Louisiana and Mississippi, the Farm Credit Bank of Texas is the largest agricultural lender in the state.



New track

Construction is underway on the new athletic track for the Haskell schools. It is located on Avenue C between 11th and 13th streets. The \$132,800 facility, which will be equipped with a latex rubber system surface, is expected to be completed about Feb. 1. Shown at the construction site are School Board members Bob Aycock, Terry Blanks and Mike Guess, and Superintendent William Stewart.

Super Saturday targets children

Many activities are planned for Super 2nd Saturday Dec. 8 in Haskell. The monthly promotion will be geared toward Christmas and will focus on children.

Planned events include breakfast with Santa, pictures with Santa, face painting, day care for shopping mothers and live and taped music on the square.

Actors from Cooper High School in Abilene will present a children's play at the Community Room of the Haskell National Bank.

Food booths will be open on the

square, as well as local restaurants. There is no charge for booths by non-profit organizations. The fee for others is \$35. To reserve a space, call Von Marr at 864-8936.

Members of the Haskell Business Association of the Chamber of Commerce who are participants in the Super 2nd Saturday will have special Christmas sales in their stores.

This month's Super 2nd Saturday committee is composed of Suzanne Starr, chairman, Norma Sherman, Melissa Robison, Brian Burgess and Roy Forehand.

All-district

Continued from page 1

Buster Shelton of Albany, Clint Easley of Hawley.

Backs: Johnnie Hudman of Albany, Kyle McIntire of Anson, Shelton Marshall of Hamlin, Craig Slaughter of Winters.

Second Team

Linemen: Jody Lopez of Stamford, Joe Woodard of Hawley, Casey Warner of Hamlin.

Ends: Jody Garcia of Hamlin, Jody Guy of Winters.

Linebackers: Lewis Fernandez of Stamford, Bodie Collins of Winters, Sal Martinez of Albany, Lee Galvan of Anson.

Backs: Ray Samuels of Anson, Jeremy Fuentes of Haskell, Silvino Roa of Hawley, David Moreno of Stamford.

FIGHTING HEART

Garet Farmer of Albany, Brook Matthews of Anson, David Gardner of Hamlin, Erik Harvey of Haskell, Billy Jones of Hawley, Jorge Parra of Jim Ned, Matt Mueller of Stamford, Senior Class of Winters.



Trick or treat

Among the many kids "trick or treating" in Rule on Halloween were Kolt and Kyle Kittley. They are sons of Rick and Beth Kittley.

Haskell teams in tournament

Varsity girls and boys basketball teams from Haskell will be competing this weekend in the Knox City tournament.

The tournament begins Thursday and continues through Saturday.

Next Tuesday, the Indians and Maidens will open the district season when they play Anson there.

Pecan show Thursday

The annual Haskell County Pecan Show and Pecan Bake Show will be Thursday (Nov. 29) at the Haskell National Bank Community Room.

Judging of pecan entries will be from 9 to 11 a.m. Baked goods will be judged between 10 a.m. and noon.

Open house, allowing the public to view the exhibits, will be from 1 to 4 p.m.

A sale of food items entered in the bake show will begin at 3:30 p.m. Proceeds from the sale will be used to finance the show.

For health insurance, check with State Farm.

BRIAN BURGESS,
Call: Agent
705 North Avenue E.
Haskell, Texas 79521
Off. 864-3257



State Farm Mutual Automobile Insurance Company
Home Office: Bloomington, Illinois

Caution encouraged in choosing a diet

If you're concerned about weight, you don't need to know the scientific definition of a calorie. All you need to know is how to control the number of calories you consume in relation to the number you burn.

But you can harm yourself if you reduce your caloric intake without considering nutrition. Two publications from the Department of Agriculture's Human Nutrition Information Service can help you monitor your caloric intake and keep a healthy, balanced diet at the same time.

Your body needs more than 40 different nutrients for good health. No single food item or group has them all in the amounts necessary. This means a healthy diet requires a variety of foods. So, even if you're counting calories, it's important to eat foods from all the food groups--grain products; fruits; vegetables; meat, fish, poultry and alternates; and dairy products.

Weight-loss diets that encourage you to consume a lot of one food just because it's low in calories are probably not healthy. For example, a diet of fruits and vegetables, where will your protein, calcium and zinc come from? If you're trying to moderate your caloric intake, whether to maintain or lose weight, don't restrict yourself to eating carrot and celery sticks or grapefruit and rice cakes. The trick to healthy weight control is to eat foods from each of the food groups, but go easy on the extras--such as added fats and sugars. That way, you will take in fewer calories and still get the nutrients your body needs.

"Calories and Weight" (Item 175W, \$1.75) is a pocket-sized guide that includes a calorie table, notes on the different food groups, and a chart to help determine what weight is right for you. "Good Sources of Nutrients" (Item 171W, \$5) is a set of 17 fact sheets on nutrients from Vitamin A to zinc, including dietary fiber. To get your copies of these publications, send

your name, address, and the appropriate item number and fees to R. Woods, Consumer Information Center, Pueblo, CO 81009.

By using "Calories and Weight" and the "Good Sources of Nutrients" fact sheets together, you can find out which foods will provide ample amounts of nutrition with the least amount of calories. Each fact sheet discusses a different nutrient and has an easy-to-read pie graph that shows which foods provide significant amounts of that nutrient. They also tell why each nutrient is necessary and how to prepare foods so they keep their nutrients. Fruits and vegetables, for instance, are good sources of vitamin A. That means they're good for your eyes. The less you cook them, the better they keep their vitamins. But no matter how they're cooked, fruits and vegetables are generally not good sources of iron.

That is why you need to balance your diet with a variety of foods. The iron you need can be found in grain products, such as breads and cereals. Keep in mind, though, that all breads and cereals are not created equal. According to "Calories and Weight," a regular dinner roll has about 85 calories, while a plain croissant has about 230.

Only 1 million of the 18.7 million adults in the southern United States who lack a high school diploma are enrolled in a literacy program or other adult education program.

Shower honors bride

A bridal shower honoring Brandy Lancaster Eaton was held Nov. 11 at the First National Bank building in Haskell.

The tables were covered in the bride's chosen colors of peach and navy. Peach candles in crystal holders were the centerpiece for the serving table.

A variety of cheese cakes were served by Laura Headstream. Punch was served by Becky Cline and the registration table, decorated with peach and navy silk flowers, was presided over by Mindy McGee.

Hostesses were Darlene Walton, Britta Bradford, Donna Markey, Linda St. John, Jeanie Hollingsworth, Jo Nored Lane, Louetta Davis, Mayree Hollis, Ernestine Herren, Sue McGee and Bettye McBroom.

Library donations

The following have made recent donations of books and magazines to the Haskell County Library:

Patsy Blakely, Charity and Fe Auguiaro, Ernestine Herren, Bea Evans, Joyce Bridwell, Burl Darnell, Mary Jennings, Janice McDaniel, Betty Dodson,

La Quita Wilfong, Wanda Watson, Roberta High, Nelda Jetton, Mrs. R. H. McKinney, Mrs. Buck Speer, Durwood Gordy, Waymond McBroom, Karolyn Oman and Melba Lowrance.

Specials of the Week

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Cokes

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Russell Kuempel, M. D.

TIPS ON STAYING SAFE AND SOUND WITH NATURAL GAS.

For more than 80 years, Lone Star Gas has been providing safe, dependable energy to Texans. Our customers trust gas and take comfort in the impressive safety record we've compiled. By following a few simple rules, you can help keep that record intact.

Always have qualified service people install and maintain all gas appliances, following the manufacturer's instructions for installation and operation. And always use a gas appliance only for its intended purpose. An oven, for example, should not be used to heat a room.

Natural gas itself is odorless. Its strong smell is added for your protection. If you ever smell gas in your home, follow these rules: ■ Do not switch anything electrical on or off. Do not use your own telephone (telephones use small amounts of electricity). Do not strike a match, and do not do anything that might cause a spark. ■ Have everyone leave the house immediately, leaving the doors open for ventilation. ■ Go to the nearest telephone and call Lone Star Gas Company. Wait until we have found the cause of the gas leak before returning to your home.

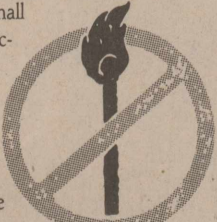
Since gas lines run underground, you should also take precautions against disrupting

these lines, particularly if you plan to: ■ Put in a new fence. ■ Install an underground sprinkler system. ■ Perform any major landscape renovation.

Before you dig, call your local Lone Star Gas Office. If you smell gas while you're outside, contact Lone Star Gas immediately.

In our continuing effort to provide better, safer service, local Lone Star Gas offices are ready to answer any questions that contractors may have concerning the location of gas lines in their areas.

Our safety record proves that when you follow these simple guidelines, you and your family can stay safe and sound with natural gas. Energy you can trust.



Don't Compromise.
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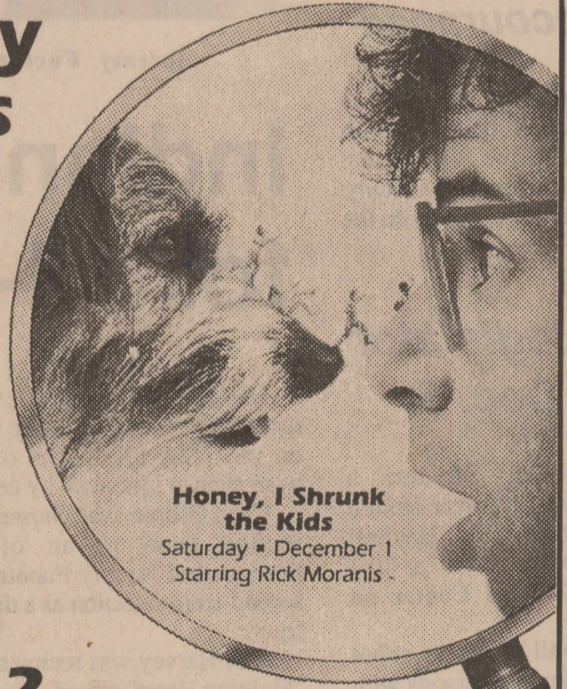
The Disney Channel's FREE Holiday Preview



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Through December 2

Channel 20 - (5 in Rule)



Avonlea
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The Making of
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Monday • November 26



Back to Hannibal
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Consult your local listings for air times. Programs subject to change.

CALL TODAY FOR SPECIAL HOLIDAY SAVINGS!

\$10⁰⁰ INSTALLATION (Save \$20⁰⁰!)

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\$4,000.00

**Saturday, December 22
3:00 P.M.**

Southside of Courthouse

GIANT 2 - \$ 500.00
JACKPOTS: 1 - \$1000.00
1 - \$2000.00

(Given in \$20.00 denomination certificates redeemable at all participating businesses)

You Must Be Present To Win!

- No owner or manager or their families are eligible to win whether a participating business or not.
- Employees of businesses can win on tickets from other businesses, but not from tickets received at their places of employment.
- All tickets must be stamped on back by the business distributing them.

WE GIVE CHRISTMAS DRAWING TICKETS:

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- Anderson Tire
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- Bargain Center #2
- Bill Wilson Motor Co.
- Bailey Toliver Chevrolet Co.
- B & B Automotive
- Boggs & Johnson
- Cecil's Country Meat Market
- Conner's Nursery
- F & D Electronics
- Frazier's Appliance & Furniture
- Friends Forever
- Haskell Butane
- Haskell Free Press
- Hassen's
- Heads or Tails Western Wear
- Heidenheimer's
- Johnson Pharmacy
- Jones & Cox
- Kay's Cleaners
- Kids Duds
- KVRP
- Lane-Felker
- Lyles Jewelry
- Medford Buick
- Modern Way
- M System
- Nanny Plumbing

- Perry's
 - Personality Shoppe
 - Pogue Grocery
 - Richardson Truck & Tractor
 - Sears Merchant Store
 - Smitty's Auto
 - Sport-About
 - Sue's Flowers, Photography, Gifts
 - The Carousel & Hartsfield Agency
 - The Drug Store
 - The Hayloft
 - The Reedy Co.
 - The Slipper Shoppe
 - Town & Country Beauty Supply
 - Walling TV & Electronics
 - Western Auto
 - Winn's
 - Carpet Express & J & R Radiator
- Donations:
- Sherman's Antiques
 - Holden-McCauley Funeral Home
 - First National Bank
 - Haskell National Bank
 - Lanco Insurance
 - Brian Burgess State Farm Insurance
 - H & R Block, Evelyn Cobb
 - Fieldan Motel

Program payments boost farm income

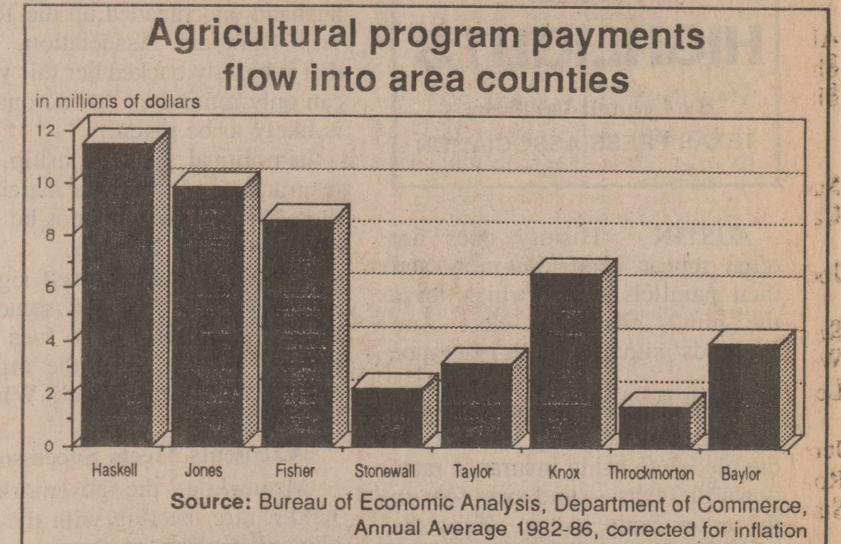
Government program payments to agricultural producers pumped an average of \$11,559,000 into Haskell County from 1982 to 1986, according to figures released by the Department of Commerce.

"These government program payments can play a significant role in the local economy and its development," said Gregory S. Taylor of the Texas Agricultural Extension Service. "By providing dollars that represent income to producers, a potential contribution is made to local economic activity."

"Indirectly, agricultural program payments may be sustaining the existing structure of the local economy by providing the margin needed for economic survival of many agricultural operations. Therefore, substantial increases or decreases in these payments could have a major impact on the local economy."

Among counties of Texas, the amount of agricultural payments ranged from zero to \$30 million with a fairly typical value of \$1.5 million. Counties with the largest amounts tend to be located in regions dominated by cotton and cash grain production (Panhandle and South Plains), according to Taylor.

Other area counties and their average annual payments include Fisher, \$8,651,000; Stonewall, \$2,160,000; Taylor, \$3,166,000; Knox, \$6,603,000; Throckmorton,



\$1,533,000; Baylor, \$3,964,000; Jones, \$9,902,000; and Shackelford, \$816,000.

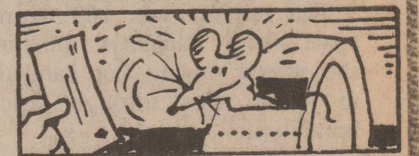
According to the report, the federal payments accounted for 61 percent of Haskell County's farmers' net income. Percentage rates for other area counties included Fisher, 153; Stonewall, 103; Taylor, 23; Knox, 102; Throckmorton, 36; Baylor, 47; Jones 98; and Shackelford, 66.

Across Texas, the percentage figures ranged from zero to 900 percent with a fairly typical value being in the order of 30 percent. In more than one-third of the state's counties, government payments account for greater than 50 percent of net agricultural income.

A 100-percent or greater

contribution indicates a zero or negative net income from agricultural production itself, Taylor explained.

"The local impact of these agricultural payment dollars is diminished to the extent they are spent or invested elsewhere," Taylor said. "Still, the total dollar amount of agricultural program payments provides an indication of potential effects on the local economy."



The first mailboxes were erected in Paris in 1653. However, messengers, fearful for their livelihood, put mice in the boxes to destroy the mail.

PERRYS 11 N. Ave E • Haskell Sale Starts Today!

Variety Stores

Christmas SALE

GREAT SAVINGS THROUGH-OUT THE STORE !!

 DECORATIVE PHOTO FRAMES By McGee Gold Tone in 5x7 or 8x10 99¢ (Your Choice!)	 CLASSIC FOIL KLEENEX TISSUES 175 Count Pre-Priced \$1.09 89¢	 WHITE RAIN HAIR CARE PRODUCTS Shampoo, Hair Spray, Styling Gel, or Conditioner YOUR CHOICE \$1 Min. Retail Available \$1	 DOVE DISHWASHING LIQUID 22 fl. oz. 91¢	 RESTAURANT STYLE TORTILLA CHIPS Natural or Nacho Cheese. 1lb. bag 99¢	 ACT II MICROWAVE POPCORN Natural, Butter, or Light, Your Choice! 2/88¢
 3 SPEED PORTABLE MIXER Comfort grip handle. Fingertip speed control. #M245 16⁹⁷	 COFFEEMATIC 10 CUP DRIP COFFEEMAKER One-step brew control. See-thru reservoir. #DCM90 25⁷⁷	 CLASSIC CHROME TOASTER Bright chrome finish. Light to dark settings. #T200 17⁴⁷	 LIGHT 'n EASY STEAM IRON Lightweight, break-resistant, with 27 steam vents. #369B 17⁸⁸	 COUPON SCOTCH MAGIC TAPE 1 1/2" x 450" or 3/4" x 300" Your Choice! 77¢ Coupon Expires 12/30	

SPECTACULAR SAVINGS ON CHRISTMAS DECORATIONS

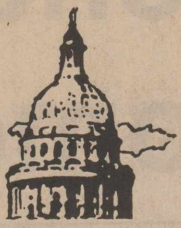
 50 CT SET MINIATURE LIGHTS Multi Colored or Clear \$2⁶⁷	 25 CT NOMA INDOOR/OUTDOOR LIGHTS Asst. or Multi-Colored \$7⁹⁹	 ASST. COLORS SPOOL OF RIBBON 100% Polyester 57¢	 15 FT TINSEL GARLAND Bright Silver or Colors \$1⁷⁷	 20 OR 18 CT SATIN ORNAMENTS 20 / 2" Balls or 18 / 2" Balls \$2³⁷	 1000 CT SILVER ICICLES 18 inch icicles for your tree. 37¢
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1/2 PRICE GIFT IDEAS FOR EVERYONE IN THE FAMILY

 SOAP DISH Crimmy collection bath tub or pedestal sink designs 3⁹⁹	 MUSICAL BOXES Assorted novelty designs and tunes available 9⁹⁹	 TEDDY FRAME Musical teddy bear design holds 2 1/2 x 3 photo 5⁹⁹	 CRYSTAL VASE Assorted hand-cut floral designs in fine crystal 4⁹⁹	 SANTA PLANTER Attractive ceramic planters in assorted holiday designs 2⁹⁹	 BOUDOIR LAMPS Cordless 24% lead crystal base with co-ordinating shade, 14 inches tall 9⁹⁹
 FIGURINES Fine porcelain cutting doves or playful kittens 2⁹⁹	 TACO RACK Holds four for serving ease and style 2⁹⁹	 JEWELRY BOXES Handcrafted lacquer finish in assorted designs 2⁹⁹	 SNEAKER Handpainted stoneware with real shoelaces 4⁹⁹	 TEDDY FRAME Musical teddy bear design holds 2 1/2 x 3 photo 4⁹⁹	 HURRICANE LAMP Tastefully styled hand-cut glass in assorted designs 4⁹⁹

MANY MORE UNADVERTISED ITEMS TO SELECT FROM!!

STATE CAPITAL



HIGHLIGHTS

By Lyndell Williams
TEXAS PRESS ASSOCIATION

AUSTIN - History does not often repeat itself, but now and then parallels occur which tease the mind, like Gov.-elect Ann Richards' situation with insurance rates.

In the last two months of her campaign, she hung her hat on the pledge to bring insurance rates down in Texas — and even foes in the other camp had to admit she had latched onto a good issue.

But now, before she's even in office, the State Board of Insurance hikes insurance maximum rates by an average of 15.8 percent statewide, ranging from a 1.4 percent raise in West Texas to 24.1 percent in Fort Worth.

The board's action last week came right on the heels of a legislative hearing in which big companies asked lawmakers to totally deregulate the industry to drive rates down.

The request was 180 degrees apart from Richards' position: she vowed during her campaign to lower rates through stricter regulation.

Mark White, Utilities

How does this tie in with history repeating itself?

In 1982, the Democratic nominee Mark White upset GOP Gov. Bill Clements with a last month surge based on a promise to lower utility rates.

White wanted to eliminate the automatic pass-through charge, which he did once in office. Rates didn't go down, but White did as the unkept promise rose to haunt him four years later.

He protested it wasn't his fault, and it probably wasn't, but the catchy promise that moved him into the Mansion was catchy enough to be recalled by voters strapped by a recession. That, and a broken promise not to raise taxes.

Richards Rips Hike

Richards has yet to get started to lower insurance rates, so scoffers who say she won't or can't are premature.

She ripped the insurance board for not looking out for consumers, but the rates go into effect two and one-half months after she takes office. So, score one for the insurance industry.

If her credibility is on the line, so is that of insurance lobbyists.

Companies can still charge below the maximum rates, and the state board also divided Texas into 21 rating territories to make it easier to base premiums more precisely on territory losses.

Entrenched Commissioners

As for Richards' pending appointment powers, the lone commissioner who voted against the rate hike is the only one she'll get to replace in the short term: Jo Ann Howard, whose term is up in January. The other two commissioners muster out in 1993 and 1995.

The governor-elect is a savvy hardballer, so if political pressure is there to bear, she'll find it.

Frankly, there's not too much

danger of overplaying her hand; there's little love lost between her and the insurance industry now.

The insurance industry and the trial lawyers regard each other as mortal political foes, the latest battle lasting three sessions over the workers' compensation insurance issue.

The fact that Richards' ex-husband once headed up the Texas Trial Lawyers Association, and that it heavily backed her this year, can only remind us that no quarter is likely to be given.

In political gamesmanship, the insurance lobby stole a march on them all and she may not be able to do anything about it.

But if she finds herself signing a new state income tax sometime in her first term, her foes may not be able to resist the urge to pose her in front of Mark White's silhouette.

Clements Meets Successor

Meanwhile, the governor-elect held a rare meeting with the man she will replace, as she announced her first staff appointments.

Richards met for about 45 minutes with Gov. Bill Clements, whom she had criticized during her campaign against GOP nominee Clayton Williams.

"This is no longer campaigning," Richards said. "Now is the time where we have to do the job we said we would do. This is one of those visits."

Following the meeting, she announced her first two staff assignments:

■ Jack Martin, a political consultant and former executive assistant to U.S. Sen. Lloyd Bentsen, will direct Richards' transition team.

■ Bill Cryer, a spokesman for the Richards campaign and head of press relations for the state treasurer's office, was named press secretary.

Bullock's Salary Cut

As comptroller, Bob Bullock draws a \$74,698 paycheck, but when he is sworn in as lieutenant governor in January, his state salary will drop to \$7,200.

That's why Bullock is considering joining his father-in-law's law firm to make ends meet.

Help kids

Editor: You have helped me in the past, and I am grateful. Can I count on you again this year?

The American public is becoming more aware of the tragedy of child abuse and neglect. But generally speaking, Americans are not aware of some of the programs in operation to rescue the innocent victims of brutality.

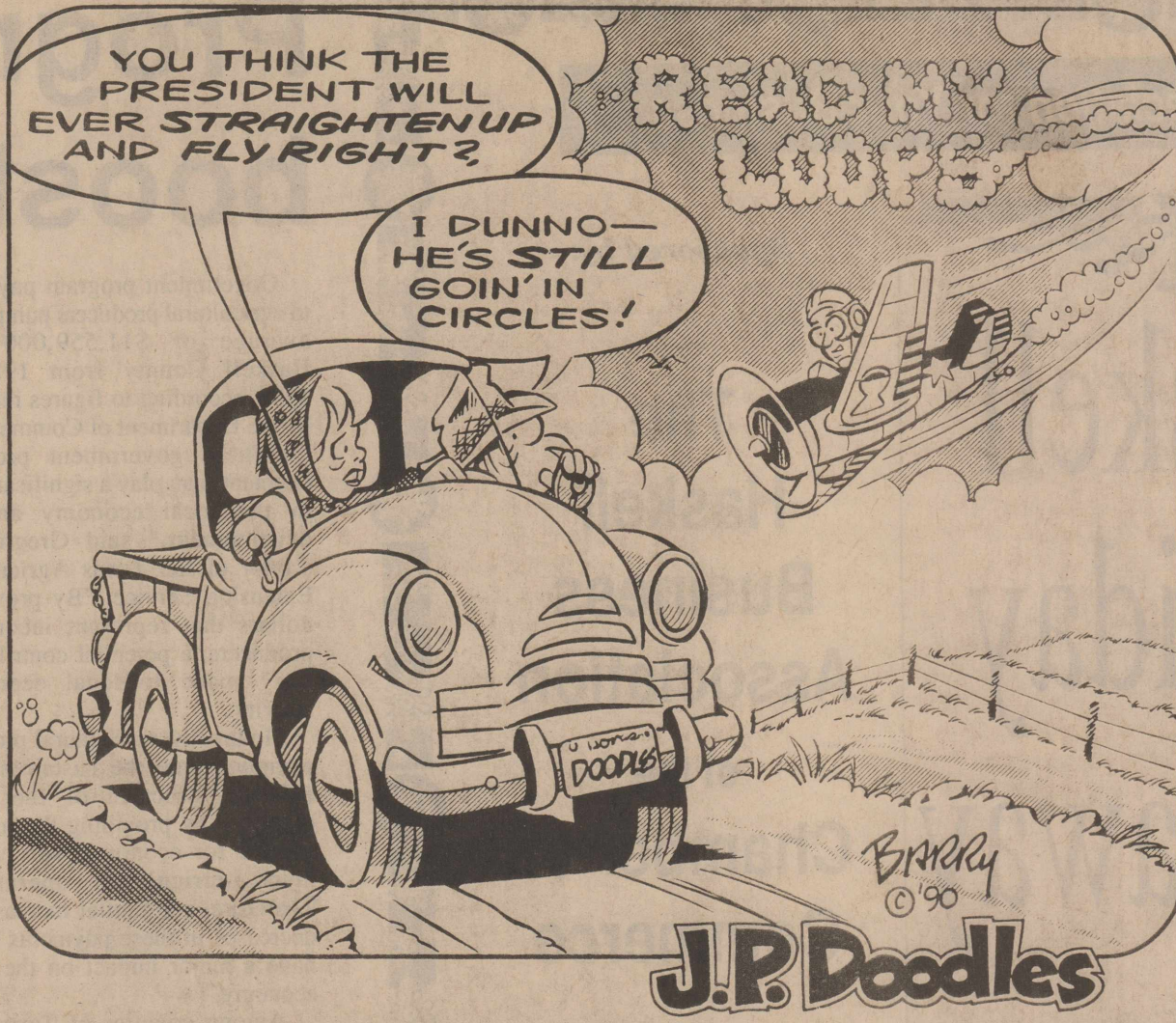
As I mentioned in my letter to you last year, for the past 18 years I have donated my time and energies as a member of the Board of Trustees of one such organization—St. Jude's Ranch for Children in Boulder City, Nev., a nonsectarian facility just outside Las Vegas.

Help me help these children by alerting your readers to St. Jude's unique fund-raising project—recycling used Christmas cards. In addition to recycling used Christmas cards, the ranch collects Campbell soup labels, and if your readers want to throw in a few bucks for the children, that would be helpful too.

The kids will love you for it.

Please send Christmas card fronts to: St. Jude's Ranch for Children, P.O. Box 1426, Boulder City, NV 89005-1426.

Ed McMahon
NBC Studios
Burbank, Calif.



--From Out of the Past--

From the Files of The Haskell Free Press

20 Years Ago
Nov. 19, 1970

The Haskell Indians will meet the Coleman Bluecats Friday night for the bi-district championship at Shotwell Stadium in Abilene.

The new Haskell County rural fire truck is here. The truck was delivered to the Haskell Volunteer Fire Department last week and work has now begun to equip the truck for rural fires.

Mrs. J. P. Perrin has been recognized as the 1970 Home Demonstration Club Woman of the Year. She is president of the Josselet Home Demonstration Club and is secretary of the Home Demonstration Council.

Haskell County's petroleum industry produces 3,574,240 barrels of crude oil valued at \$11,470,611 and 998,449 cubic feet of natural gas valued at \$136,794 for an annual economic value of \$11,607,405.

30 Years Ago
Nov. 24, 1960

Through joint cooperation with all downtown retail stores, Haskell Jaycees have announced that they will again handle sales of Christmas trees on an exclusive basis in the business section of Haskell.

Haskell High School girls basketball team took the cage season opener by defeating Rochester 40-37 in Rochester Monday. Laverne Jones was high pointer with 24 while teammate Julie Drinnon made 14.

New assistant to Cubmaster Dude Mercer in directing activities of Haskell Cub Scouts is Lee Roy Oneal.

Frank Reynolds, Nat Foster, Bill Lees, Ed Fouts, W. D. Rogers, Skeet Miller, Lynn Pace Jr., Fred Brown, C. G. Burson and Clay Smith returned Sunday from a successful deer hunting trip in Edwards County. They ended up with nine deer and nine turkeys.

Dugan Starr and Floyd Lusk were in Dallas Saturday where they attended the Baylor-SMU game. After the game, they visited with Robert Starr, member of the Baylor squad and son of the Haskell man.

Mr. and Mrs. Ernest F. Moeller are the proud parents of a baby boy, Frankie Lee, born Nov. 14, weighing six pounds and 11 ounces.

50 Years Ago
Nov. 22, 1940

Dr. Ernest Kimbrough visited his brothers, Jack and John, and attended the A&M-Rice football game in College Station Saturday.

Mr. and Mrs. Ora Pippen and children of Electra visited relatives and friends in Haskell this weekend.

Bunis Faye Ratliff went to College Station Saturday to see the football game between Rice and A&M.

Paul Roberts, James Littlefield, Buster Gholson of Haskell and Dwain Elliott of Stamford, Jack Baker of Weinert, students in NTAC, Arlington, came home Wednesday night to spend the Thanksgiving holidays with their parents.

James Isbell Jr. left Sunday for Sikston, Mo., where he will enroll for a three-month government aeronautical training course preparatory to entering training at

Randolph Field as a flying cadet.
60 Years Ago
Nov. 20, 1930

A guinea chase, staged for the first time in Haskell, will be among the many attractions which have been planned for Haskell's next Trades Day.

Playing to decide the championship for the east end of District 9, Class B football, the undefeated Haskell Indians will meet their strongest opponent of the year Friday when the Stamford Bulldogs meet them at the Fair Park at 3 o'clock. Haskell has defeated the following towns thus far: Anson 13-0, Merkel 26-0 and Hamlin 7-0.

Mr. and Mrs. John W. Pace have returned from Dallas where they visited Mr. and Mrs. John Pace Jr. and Mrs. Jordon Ownby.

Mrs. W. H. Murchison has gone to Bastrop to visit Mrs. Trigg for two weeks.

Rev. E. Gaston Foote, pastor of the First Methodist Church for the past two years, was re-appointed to the local pastorate at the Sweetwater conference last week.

80 Years Ago
Nov. 19, 1910

As we go to press we learned that our popular ex-sheriff, M. E. Park, and Miss Lula N. Thompson, daughter of Rev. R. W. Thompson, surprised their many friends last Thursday night by getting married. Mr. Park has served Haskell County two terms as sheriff.

Mrs. John Corathers and Mrs.

D. H. Bell have returned from Waco where they visited relatives and friends and attended the Cotton Palace.

Judge Smith and the new commissioners, R. C. Whitmire, W. J. Farris, J. B. Davis and G. W. Solluck were qualified Thursday, and assumed duties of their offices.

Judge Irby has established an office on the north side and will engage in the active practice of law.

90 Years Ago
Nov. 24, 1900

Mr. Terrell has had a new awning put up in front of his store.

Mr. Gresham went to Wise County this week to make arrangements to bring his cattle to this county.

Miss Maud Isbell left this week to open her school at Munday.

T. J. Lemmon is having a new coat of paint put on his residence.

C. C. Riddel left Tuesday for the eastern part of the state with a lot of saddle horses.

J. E. Willfong has sold his farm in the northeast part of the county and purchased 160 acres about one and a half miles northwest of town which he will improve at once.

Dr. Hamilton is putting up a photograph gallery on the southwest corner of the square. He has purchased lots in the southeast part of town and will build there.

Rev. and Mrs. J. T. Bloodworth returned Wednesday from attending a Methodist conference at Georgetown. Haskell people will be glad to learn that Rev. Bloodworth will remain here another year.



Helping Cure the Holiday Blues

Holidays are filled with laughter, the exchange of good cheer and fun family gatherings. But holidays can also be filled with stress and even depression.

Experts say that volunteering can be a way to cope with the "holiday blues," as well as an opportunity to make the holidays a little happier for someone else.

"Holidays can be highly stressful," said Dr. Dennis Russo, a psychologist at the New Medico Head Injury System. "People often have unrealistic expectations for a perfect holiday or they may feel pressure to please everyone."

Studies have shown that caring for others can relieve stress and actually make people feel good, physically and emotionally. Volunteers have reported feeling stronger, more energetic, happier, calmer, and more self-confident. Some have even said that they experience fewer aches and pains after volunteering.

"There is mounting evidence that doing good is good for you," said Dr. Russo. "Our patients

often work on special holiday projects, such as building and donating doll houses for children, which not only helps develop specific skills, but also is enormously satisfying and fulfills the need to help others." The New Medico Head Injury System, based in Lynn, Massachusetts, has over 35 head injury rehabilitation facilities nationwide.

When people are away from family or feeling lonely, keeping busy and being around appreciative people is often the best therapy. Making new friends and developing new skills are additional benefits.

An estimated 80 million Americans volunteer sometime during the year, according to a 1988 Gallup survey. On average, American households donate two hours per week to others in need.

If you would like to volunteer, call:

- National Head Injury Foundation at 1-800-444-NHIF
- National Spinal Cord Injury Association at 1-800-962-9629.



BY WENDELL FAUGHT

In these days when just about every community is seeking ways to attract payrolls to keep their towns alive, it's easy to overlook the idea of trying to expand an industry they already have.

Haskell, for instance, has a vibrant industry that too few people even realize.

Accounting for a large part of spendable income among our citizens is the retirement income of the many retired people of this community, whether that income be from pensions, social security, savings or investments.

While it may seem to be stretching the point to consider Haskell as a retirement haven, the facts point out that it is just that for the hundreds of retirees who help make up our population.

Practically all of our retirees are local people. Most spent all or most of their productive years in this community, although a growing number of them are former residents who have elected to return to the old hometown for their golden years.

These groups give us a good nucleus on which to expand. Attention should now be given to the millions of retirees from other areas who are ready and anxious to move across the country to find communities which can offer them low living costs, adequate medical and cultural facilities and low taxes.

Eileen Mintier, director of the highly successful Roswell, N.M., program for attracting retirees, points out that Roswell attracts its largest group from California and the second largest group from Arizona which dispels some popular myths about those states.

From California, the retirees are seeking to get away from the complications of heavy freeway traffic and smog. From Arizona, they hope to get away from the segregation of senior adult communities. They want to be integrated, in both housing and activities, into the mainstream of the community.

If they're from the Midwest, Mrs. Mintier, says their No. 1 priority is sunshine. Many have gone months and months without seeing the sun, are fed up with the fuel bills necessary to heat homes during prolonged cold spells, and the cost of clothing necessary to keep warm.

And retirees express the conviction that fewer illnesses are associated with sunshine than with the cold.

If the prospect is from the Northeast, from New York or New Jersey, the top priority is a low crime rate. The Roswell woman said that many volunteers tell her they have been mugged once or twice between their car and the front door of their home.

An interesting tidbit is that studies done about retirees in Roswell reveal that the yearly income of the retired person is greater than that of the average industrial worker in the city.

The Roswell program is funded by the city and county, with a small amount of money from the state and a big chunk from the private sector. Doctors, Realtors and banks are the biggest contributors from the private sector.

Although Roswell has good medical, cultural, educational and shopping assets, Mrs. Mintier points out that the top asset in their retirement program is the local people who make the newcomers feel welcome and actively encourage them to participate in the various activities of the community.

Another New Mexico community in the retirement business is Deming. There, a local group obtained a low-interest government loan to build a large residential center for retirees—not a low-income facility; in fact, residents have to have a certain minimum income to qualify as renters. Rents are comparable with those of the private sector.

The "full-up" sign went up shortly after it opened and a new addition was constructed.

Retirees bring a lot more than their income to a community. As a rule, they are successful, active people. In addition to their savings, many of them have sizeable nest eggs from selling their homes and businesses and through paid-up annuities.

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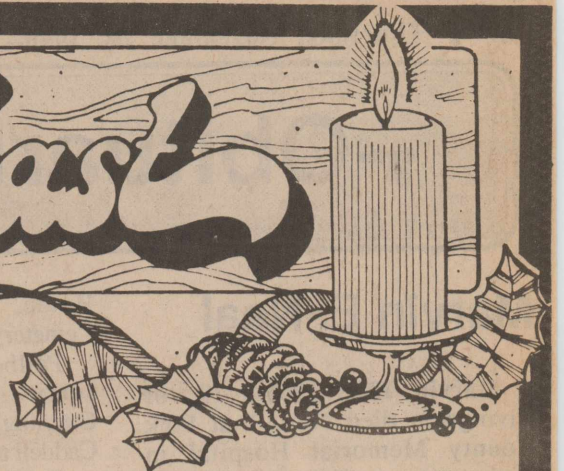
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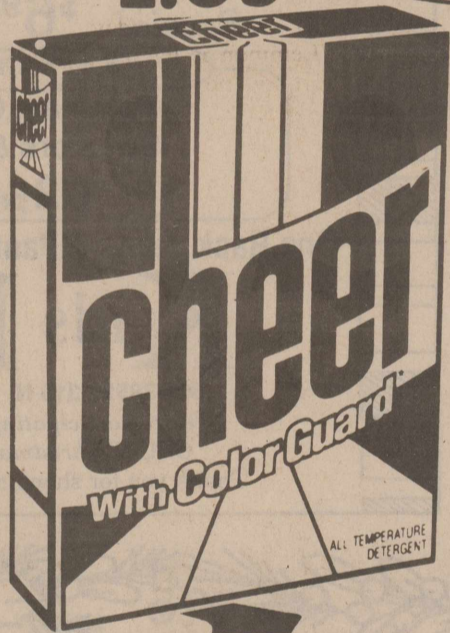
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79¢



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- Apples.....
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--Obituaries--

Marvin E. Neal

Marvin Ellis Neal, 79, of Livingston died Nov. 1 at Polk County Memorial Hospital in Livingston.

He was born May 2, 1911, in Haskell County and was a graduate of Howard Payne College. He taught school in Rotan, Hobbs and Old Glory. He retired in 1976 after serving 34 years with the Texas Department of Public Safety.

Survivors include his wife, Vesta Neal of Livingston; a son, Mack Neal of Camden; daughter and son-in-law, Julie and Adrian Alexander of Fort Worth; a sister, Mary Brown of Andrews; and a brother, Morris Neal of Rule.

Funeral services were Nov. 3 at the First United Methodist Church in Livingston with Dr. Mark Lewis officiating. Members of the Texas Department of Public Safety served as pallbearers.

Ila Moody

Ila Moody of Weinert died Nov. 20 at Spahn Hospital in Corpus Christi. She was 79.

Funeral services were Friday (Nov. 23) at the First Baptist Church in Weinert with the Revs. Donnie Crump and Donny Harbers officiating. Burial, under direction of Holden-McCauley Funeral

Home, was in the Weinert Cemetery.

Pallbearers were Jerry King, Jerry Hutchenson, Johnny Cunningham, Elmer Adams, Larry Caddell and Jack Dunnam.

A retired school teacher, Mrs. Moody was born March 3, 1911, in Eastland. She married Dwight Moody June 3, 1944. He died April 4, 1966. She was a member of the First Baptist Church of Weinert.

She is survived by two sons, Dwight Scott Moody of Kingsville and Ronald Dean Moody of Albuquerque, N.M.; six grandchildren; and two step-grandchildren.

Lee Roy Isbell

Lee Roy Isbell, 74, died last Thursday in a Cross Plains nursing home. Services were Saturday afternoon at Kimbrough Funeral Home in Cisco with the Rev. Gene Wolfenbarger officiating, assisted by the Rev. Marvin Clark. Burial was in Atwell Cemetery.

Mr. Isbell was born in the Padgett community in Young County and lived most of his life in Haskell where he was employed by Dean Butane Co. and John Deere. He moved to the Atwell community 10 years ago. He was an Army veteran of World War II and was a member of Faith Baptist

Church.

Survivors include his wife, Ruby Scheets Isbell of Atwell; five sons, Kenneth Isbell of Cedar Hill, James Isbell of Grand Prairie, Roy Isbell of Fort Worth, Jerry Isbell of Watauga and Bobby Isbell of Joshua; two daughters, Sandra Sanders of Irving and Cynthia Clark of Cross Plains; a brother, Don Isbell of Frankston; 19 grandchildren; and a great-grandchild.

He was a brother-in-law of Lyla Mary Isbell of Haskell.

Wyndol R. Pool

Wyndol R. Pool died Nov. 20 at Riveroaks Nursing Center in San Angelo. He was 72.

Graveside services were held Thursday morning at Willow Cemetery with the Rev. J. R. Williams officiating. Burial was under direction of McCauley-Robison Funeral Home of Rule.

A native of Haskell County, Mr. Pool was born June 23, 1918. A veteran of World War II, he had lived in San Angelo 20 years, having lived previously in Vernon. He was self-employed.

Survivors include a sister, Geraldine Emerson of Abilene; and two brothers, Bill Pool of San Angelo and R. C. Pool of Rule.

Dollie Sorrells

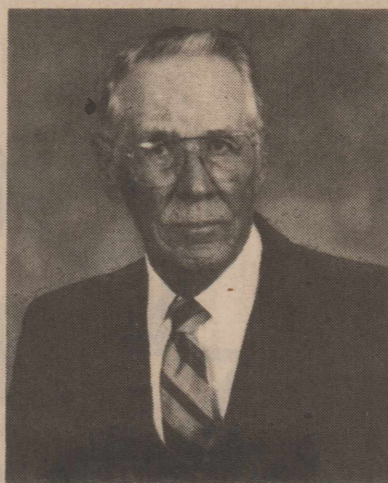
Dollie Leota Sorrells of Rule died Thursday (Nov. 22) at Rice Springs Care Home. She was 87.

Funeral services were Saturday at Sweet Home Baptist Church in Rule with the Rev. Matt Harrington officiating. Burial was in Hooker Cemetery with Holden-McCauley Funeral Home directing.

Mrs. Sorrells was born Feb. 9, 1903, in Haskell County. She married Loyd Sorrells. She was a member of Sweet Home Baptist Church.

She is survived by four daughters, Nadine Burck of Santa Maria, Calif., Billie Joe Mueller and Patsy Nell Alexander, both of Rogers, Texas, and Ruth Hultman of Palmdale, Calif.; two sons, Carlton Pierce and Glen West Pierce, both of Old Glory; three brothers, Allen Bristow and Alvin Bristow, both of San Angelo, and Riley Bristow of Gustine; a sister, Effie Hatch of Phoenix, Ariz.; 17 grandchildren; 37 great-

grandchildren; and three great-great-grandchildren. She was preceded in death by a son, Cloma Allen Pierce, and a great-grandson.



S. M. Hayes Jr.

S. M. Hayes Jr.

Services for S. M. Hayes Jr., 72, of Carlsbad, N.M. were held Nov. 10 at Denton Funeral Home Chapel in Carlsbad. He died Nov. 8.

The Rev. Bob Bacon of the First Baptist Church officiated and burial was in Sunset Gardens Memorial Park.

Mr. Hayes was born Nov. 27, 1917, in Haskell and attended school here. He married Olga Allison on Nov. 7, 1941, in Rule. He served in the Air Force during World War II. They moved to Carlsbad in 1946 where he was employed by General Telephone Company until his retirement in 1984.

He was a member of the First Baptist Church, the American Legion and Veterans of Foreign Wars.

Survivors include his wife; a daughter, Mardell Fuson of Carlsbad; two sisters, Fay Starr of Pomona, Calif., and Lorene Adams of Haskell; and two grandchildren.

Hermann Lodge to add to camp

Construction of a second Hermann Sons youth camp at Comfort began shortly before Thanksgiving.

The new camp on the southeast corner of the Order's property on the Guadalupe River will accommodate 160 more campers and will alleviate future overcrowding at the present Hermann Sons facility which was built in 1954. It will cost between \$2.5 and \$2.8 million and will be completed before the opening of the summer camp season June 2.

The squid escapes from his enemies by shooting a cloud of black sepia into its enemy's face. Leaving his enemy in the dark, the squid makes his getaway.

Public meeting to seek out needs

By Von Kleibrink
RC&D Coordinator

The Four Winds Resource Conservation and Development (RC&D) Council will hold a public meeting Dec. 3 to determine interest and needs in Haskell County. The meeting will begin at 7:30 p.m. in the Haskell National Bank Community Building.

Problems and needs of the community will be identified in various categories. These will include recreation, tourism, industry, businesses and others. Public services such as water, sewer, drainage, paving and solid waste management will be discussed.

This will be an informal meeting for citizens to express their needs to others in the community and to the RC&D staff. The public is invited to participate.

Problems identified will be recorded and used for future work of the RC&D program in the community. The RC&D program is for all citizens to help organize efforts and obtain assistance from other local, state and federal agencies.

The RC&D is a U.S. Department of Agriculture program administered by the Soil Conservation Service. Four Winds RC&D was authorized in 1974 with four counties, and has been expanded to include 11 counties.

For more information about the

meeting, contact Bobby Waddell with the Soil Conservation Service in Haskell.

Kayla Rogers now a partner in Jones Cos.

Kayla Rogers, branch office administrator in the Stamford office of Edward D. Jones & Co., has accepted an invitation to become a part owner of the Jones Financial Cos., the holding company for the St. Louis-based financial services firms.

"Kayla is a valuable asset to our firm, and this is our way of thanking her for her hard work and dedication," said John Bachmann, managing principal.

"Jones is a friendly, personal company, and its conservative philosophy is reassuring to me," said Mrs. Rogers.

A native of Haskell, Mrs. Rogers has been with the firm since 1984. She graduated from Weinert High School and completed secretarial courses at Texas State Technical Institute.

She and her husband, Wesley, have three children, Seth, 5 months; Tyler, 6; and Chris, 8.



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Long-range extension program

We live in a dynamic world, constantly undergoing change. No one can accurately predict what all the changes will be, but it is possible to forecast what will be happening in the future based on current statistics, information and trends. Managing in our environment of today encourages opportunities for change, reframes the way we think, breaks down barriers and builds cohesiveness.

Now, more than ever, citizens need sound information to help protect the future of agriculture, to help manage our valuable natural and manufactured natural resources, to help our business community grow, to help foster good family relationships and to help our busy homes and busy everyday lives run more smoothly.

Because of these critical needs, the Texas Agricultural Extension Service in Haskell County was established to receive, assimilate and distribute research-based educational materials to all residents of the county regardless of socioeconomic level, race, color, sex, religion, handicap or national origin.

The goal of Extension is to "help people help themselves." The responsibility of fulfilling this goal lies not only in the hands of the county Extension Agents, Lou Gilly and Max Stapleton, but also in the hands of community leaders in a process called program development.

During the program development process key leaders identify issues that affect the lives of the county population as a whole. These issues are then researched and compiled into a booklet entitled "Long-Range Extension Program." The 1987-1990 booklet is just about to be completed. The issues and a short summary of each issued addressed during the past four years are as follows:

1. Public Awareness: The County Extension office with the help of Extension supporters have worked to help make clientele more aware of the services available through the Extension Service.

2. "Back to Basics in Agriculture": Peanuts were introduced as a new crop in Haskell County and now there are over 10,000 acres in production. A pest

management group was organized, and scouts were hired to check crop insects for farmers. Interdisciplinary demonstrations were introduced and many educational programs were held to help producers make changes to help them realize a profit in agriculture.

3. Leadership for Special Community Services and Economic Development: The extension agents have recruited, trained, involved and recognized volunteer leaders to encourage them to accept and carry out major leadership roles.

4. Four-H Membership and Parent Involvement: Membership in 4-H of youth 12 years old and older has shown a significant decline in past years. During the course of the 1987-90 Long Range Extension Program, the Haskell County 4-H organization instituted three major milestones toward the accomplishment of this issue. Monthly, county-wide 4-H meetings were begun, a 4-H dance project was begun and a teen etiquette project group was organized.

5. Four-H Organization and Publicity: The county agents have tried to make it "easy to be a leader" by keeping leaders informed, by supplying adequate training, by making them a leader notebook which has all needed information at their fingertips, and by recognizing them regularly for what they are

doing.

6. Food, Fitness and Wellness: County residents received current, informative and applicable information concerning foods and nutrition, exercise and weight control, proper health practices, stress and mental health, and management of health problems.

7. Consumer Buying Skills: Through educational programs sponsored by the Haskell County Extension office, county residents have increased their consumer buying skills. They have learned how to stretch their discretionary income, how to keep financial records, how to plan for the future, how to recognize marketplace fraud and misrepresentation, and how to manage credit purchases.

Beginning Jan. 1, 1991, the plans for the 1991-94 Haskell County Long-Range Extension program will begin. The issues to be addressed during the next four years include:

(1) Lack of Basic Management Skills, (2) Inadequate Care for Dependent People, (3) Lack of Economic Diversification, (4) Unsuccessful Completion in a Global Economy, (5) Lack of Conservation of Manufactured and Natural Resources, (6) Diminishing Emphasis on Family Unity, (7) Lack of Community Concern and Price, and (8) Preventing Rather Than Curing Social Problems.



Gold Star award

Kim Gilly receives the Haskell county Gold Star award from Kit Horne of WTU at the district Gold Star banquet held in Haskell last week.

Merchants to give \$4,000 in prizes

In appreciation of their customers, the Haskell Business Association of the Chamber of Commerce will have a Haskell Holiday Giveaway totaling \$4,000 on Saturday, Dec. 22, at 3 p.m. on the south side of the courthouse.

The drawings will include two at \$500 each, one at \$1,000 and one at \$2,000.

Prizes will be given in \$20 denomination certificates redeemable at participating businesses.

Forty-seven businesses are giving drawing tickets (see list on ad in this edition of The Free

Press). Seven other businesses also have donated to the program.

Rules pertaining to the drawings:

- You must be present to win.
- No owner or manager or their families are eligible to win whether a participating business or not.
- Employees of businesses can win on tickets from other businesses, but not from tickets received at their places of employment.
- All tickets must be stamped on back by the business distributing them.




VHS CAMCORDER
MODEL CG680

- 8:1 Power Zoom
- Solid State 1/2" CCD Image Sensor
- Flying Erase Head
- Video/Audio Dubbing
- Variable High Speed Shutter
- 2 Lux Low Light Performance
- f1.2 Lens w/Macro Focus
- 10 Watt Color Enhancement Light
- Built-in Speaker

Was \$1099.00
Now \$995.00



27" diagonal CONSOLE REMOTE CONTROL STEREO MONITOR-RECEIVER
MODEL 27GC805

- MTS Stereo Sound System
- 7-Jack Monitor Panel
- Super VHS Input (S-Video connector)
- Universal Remote Control (38-button)
- On-Screen Operating and Status Displays
- Commercial Skip
- Casters

Was \$739.95
Now \$719.00



Save Like The Dickens

11-2000 **MUSIC-MATE™ COMPACT STEREO**

- AM/FM stereo tuner
- 5-band graphic equalizer
- Dual cassette with hi-speed synchro dubbing and continuous play
- Audio dubbing on record deck
- 10 segment LED power output meter with power On indicator
- Graphic Equalizer LED position indicators (5)
- Bookshelf speakers with 5" woofers and piezo tweeters
- Built-in microphone storage
- Stereo headphone jack
- External FM antenna terminals

\$149.95

11-7025 **STEREO RACK SYSTEM WITH DIGITAL TUNING AND REMOTE CONTROL**

- Digital tuning system with 18 presets for recall of 12 FM and 6 AM stations
- 6 function remote control for preset station scan, power on/off, volume up/down, and mute
- 5-band graphic equalizer
- Dual cassette with hi-speed synchro dubbing and continuous play
- Two-speed semi-automatic belt drive turntable
- 5 segment LED power output meter
- Tower speakers
- Oak woodgrain rack with cassette and album storage compartments
- Electronic volume control
- Jacks for 3.5mm stereo headphone and auxiliary input
- External FM antenna terminals

\$379.95



9" diagonal PORTABLE REMOTE CONTROL TV
MODEL 09GP103

- Digital Remote Control (25-button)
- On-Screen Operating and Status Displays
- On-Screen Time and Channel Number
- Sleep Timer
- Picture Reset
- 2-Way AC/DC Operation
- 147-Channel Capability
- Auto Start AutoProgramming

Was \$279.95
Now \$259.00



25" diagonal CONSOLE REMOTE CONTROL STEREO MONITOR-RECEIVER
MODEL 25GC724

- MTS Stereo Sound System
- 5-Jack Monitor Panel
- Digital Remote Control (25-button)
- On-Screen Operating and Status Displays
- On-Screen Time and Channel Number
- Sleep Timer
- Picture Reset

Was \$579.95
Now \$549.00



26" diagonal CONSOLE REMOTE CONTROL STEREO MONITOR-RECEIVER
MODEL 26GC730

- MTS Stereo Sound System
- 5-Jack Monitor Panel
- GE Unified TV/VCR Remote (36-button)
- On-Screen Operating and Status Displays
- On-Screen Time and Channel Number
- Sleep Timer
- Casters

Was \$699.95
Now \$629.00



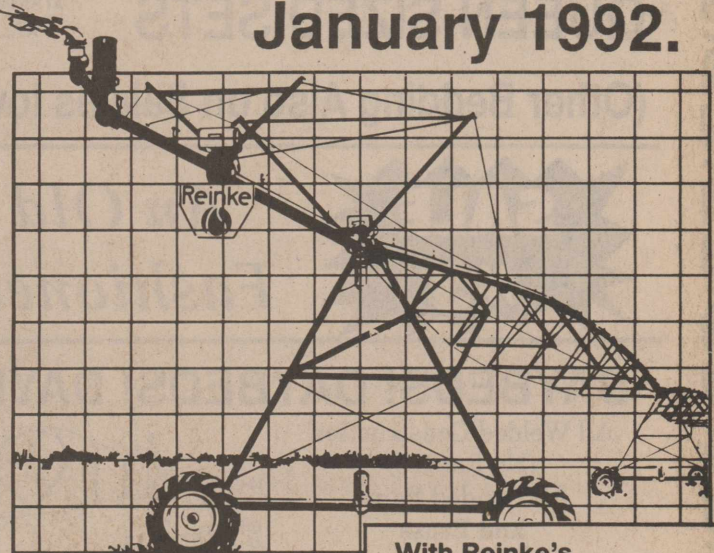
SAVE GREAT MOMENTS. SAVE MONEY TOO.

Get a GE VCR Outfit Now!
GE. WE BRING GOOD THINGS TO LIFE.

WE BUY PECANS

Nat. **50¢** Lb. Papershell **60¢** Lb.

FOSTER FLEA MARKET STAMFORD
North of Stamford on 277



LEASE NOW! Don't Pay Until January 1992.

REINKE IS FIRST IN LOW RATES

With Reinke's No Down Payment 6-Year Leasing Plan


You can put a dependable Reinke Irrigation System to work for your operation now, get a low implicit rate on your lease and still avoid tying up this year's working capital.

You make no down payment and you pay no security deposit. All you have to do is take delivery of any Reinke Irrigation System and defer your first lease payment until January 1992 or choose the month that best fits your cash flow.

This is a Reinke guaranteed purchase option lease, so don't wait. Come in and let us show you how you can start irrigating. This offer is only good for a limited time, so act now.

Western Pipe & Pivot Inc.

Rochester, Texas
Phone 743-3559
or 743-3215



REINKE
THE FIRST NAME IN IRRIGATION

--Sagerton--

by Alice Bredthauer
week of November 22

There really was a big group of people who attended the Thanksgiving dinner at the Friendship Club. The club meets in the Fellowship Hall of Faith Lutheran Church twice a month. Those who attended were Mrs.

Pauline Dick, Mrs. Sylvia Crowe of Haskell, Willie and Norma Tredemeyer, Mrs. Jeane Letz and Pam Letz of Abilene, Mrs. Carrie Bredthauer, Mrs. Hilda Neumann, Mrs. Emma Raphael of Stamford, Herbert and Velma Lou Lammert, Dan and Oleta Rinn of Stamford, Pastor Mel Swover, Mrs. Helen

Diers, Ernest and Corene Lowack, Ronnie, Kathy and Ross Teichelman, Clarence and Rachel Teichelman.

John and Wilma Teichelman, Dorothy and J. B. Toney, Anton and Evelyn Teichelman, Arthur and Frieda Knipling, Leo and Minnie Monse, Fred and Tami Baitz,

Karen, M'Lynn, Joanna Lehrmann, Delbert and Joyce LeFevre, Beunice Vahlenkamp, Shawna Vahlenkamp, Parris and Joseph Melton, Mrs. Leona Schonerstedt, Aline Summers, Fred and Billie Kupatt, Kortney Kupatt, Mrs. M. Y. Benton, Charles and Dorothy Clark, Bo & Dene Hawkins, Herbert and Christine Stremmel, Leonard and Hilda Kieke, Leroy Nehring, H. J. Spiser of Wichita Falls, Reece and Francis Clark, Andera Kitley, Walter Schaake, Erna Schaake, Glyn and Ethel Quade, J. C. and Margaret

Wendeborn, Alvin and Ev Ulmer, Louise Stegemoeller, Buddy Tredemeyer, Franklin and Isabell Mrazek.

Clarence Stegemoeller bought the turkeys and Mrs. J. B. Toney and Mrs. Delbert LeFevre cooked the turkeys. The rest of the people brought the food.

Mrs. Lena Schaake hosted the morning Holy Communion in the Fellowship Hall of Faith Lutheran Church Friday with the help of Mrs. J. B. Toney and Mrs. Delbert LeFevre. Those who attended were Clarence Stegemoeller, Mr. and

Mrs. Arthur Knipling, Mr. and Mrs. Jack Monse, Mr. and Mrs. Leo Monse, Mrs. Louise Stegemoeller.

Clarence Stegemoeller, Erna and Walter Schaake, Mr. and Mrs. Alvin Bredthauer enjoyed playing 84 in the home of Mrs. Lena Schaake Thursday night.

Mrs. Emil Mueller visited in the home of Mr. and Mrs. Ernest Mueller Sat. and attended the bazaar which is sponsored by the Sagerton Hobby Club.

Mr. and Mrs. Charles Clark, Mrs. M. Y. Benton, Mrs. Alma Jo Simpson visited with Mr. and Mrs. Bob Clark and Judson and went to a cafe to eat.

Mrs. Jesse Pilley and Mrs. Maraget Kitley visited in the home of Mrs. M. Y. Benton.

Mrs. Glyn Quade visited in the home of Mrs. M. Y. Benton Friday.

Mrs. Billie Kupatt won the turkey which was given at the Sagerton Bazaar Saturday.

Mrs. Cleo Gann won the quilt which was given at the Sagerton bazaar Saturday.

Mrs. Mary Neinst, Mrs. Louise Letz, Mrs. Francis Davis, played bridge in the home of Mrs. Davis.

Mrs. Franklin Mrazek visited in the home of Mr. and Mrs. Leo Monse Saturday.

Mr. and Mrs. Franklin Mrazek and Mrs. Doris Lehrmann ate lunch in the home of Mr. and Mrs. Leo Monse Sunday.

Mrs. Odene Dudensing is a grandmother again. Mr. and Mrs. Larry Hobratschk had a new son, Steven Wallace. Odene spent some time taking care of the family.

Those who are having birthdays are Michael Hertel, Jimmy Kitley, Jason Hertel, Stephanie Stegemoeller, Gary Bruns, Danny Lammert, Anton Teichelman, Helen Lammert, Kris MacGregor, and Dean Quade.

Holiday program at club

By Kellie A. Reid
On the night of Nov. 6, the FHA members gathered at the Homemaking Cottage for a special holiday program given by Lisa Hoff of West Texas Utilities. Thirty-nine people were present.

Lisa presented many of the delicious foods from the WTU cookbook. She also showed new and creative ways to decorate for the holiday season.

After Lisa's presentation, the guests sampled some of the foods from the cookbook that were made by Mrs. Thompson's homemaking class.

Members had a short meeting, chose their beau for 1990-91 and voted on a fund raiser. The beau is Nole Hadaway. Members also voted to sell cookies and other items on Dec. 6-12. This is one of the fund raisers that members will have this year.

Next meeting will be on Dec. 3.

BOGGS & JOHNSON FURNITURE ANNOUNCES...

THREE BIG SALES IN ONE...

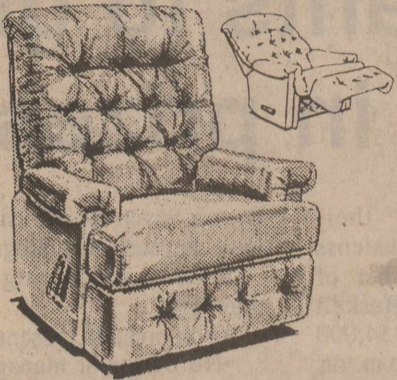
AS ALWAYS
FREE
DELIVERY

SALE #1



LANE'S COMFORT FILLED RECLINER SALE

Auction
Furniture by
Lane



Sit back and unwind in this plush recliner with a plump seat cushion and soft rolled arms for total relaxation.

\$289.00

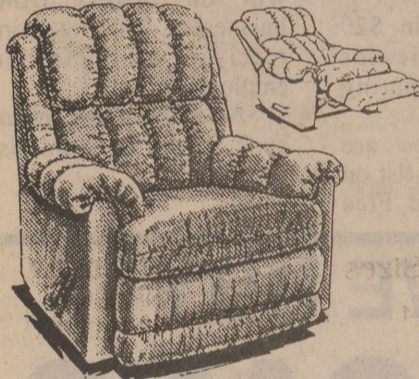
Wall Saver or Rocker Recliner
Your Choice of 4 Colors

Reclining
Furniture!



Give the gift of comfort they'll enjoy all year long at big savings to you.

ALL RECLINERS ON SALE!



Settle down into body-hugging contours from head to toe with this sharply styled recliner.

\$389.00

Wall Saver or Rocker Recliner
4 Colors To Choose From

Fully Reclining Sofa
Reg. \$999.00

\$749⁰⁰

Fully Reclining Loveseat
Reg. \$849.00

\$649⁰⁰

"Parliament" Give your living room the grace and charm from days gone by with this wingback traditional group! Features a fully reclining loveseat, matching recliner and sofa with fully reclining ends.

SALE #2

Sealy

SEALY Posturepedic SALE!

FULL SIZED SETS

STARTING AT... **\$379⁰⁰**

QUEEN SIZED SETS

STARTING AT... **\$419⁰⁰**

(Other Bedding Also on Sale as low as: **\$249⁰⁰** FULL SET)

American's #1 selling sleep set...and your #1 sleep value designed in cooperation with leading orthopedic surgeons. Get the best promise in bedding: No morning backache from sleeping on a too-soft mattress.

SALE #3

An Old Fashioned

ANNUAL CHRISTMAS SALE

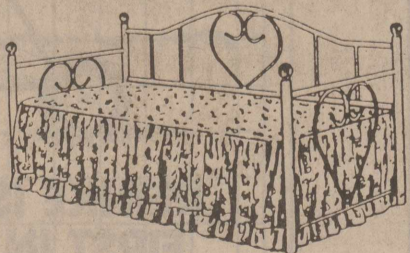
THE WAY IT USED TO BE.

SAVINGS THROUGHOUT THE STORE!

DAYBEDS! DAYBEDS! DAYBEDS!

All Welded Construction (No Rattles)
All Bonded Paint and Brass
All On Sale

AS LOW AS **\$369⁰⁰**



*COMPLETE WITH LINK SPRING, POP-UP & 2 MATTRESSES.

SEWING MACHINES

An Engineering Marvel! Makes a buttonhole to fit any button in one operation!
NOT \$1000.00, NOT \$500.00, WOULD YOU BELIEVE ONLY

\$299⁰⁰

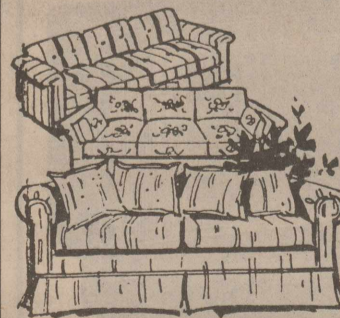
LIVING ROOM VALUES

Warm Country Style Sofa & Chair
2 Pcs. for .. **\$569**

Early American Loveseat ... **\$289**

Loveseat Size Sleeper **\$249**

Sofa & Loveseat A great buy. 2 pcs. for **\$389**



Oak Dresser, Mirror, Chest, Bed, & NS.....\$1449
Black Dresser, Mirror, Chest, Headboard & NS\$649
Bassett Dresser, Mirror, Chest, Bed & NS\$1188
Oak Finish Dresser, Mirror, Chest & Headboard.....\$699
Solid Pine Dresser & Mirror\$188



Merry Christmas!

DINING ROOM SPECIALS

Bassett Table, 6 chairs & China Cabinet-2 groups to choose from. All 8 pcs. for **\$1088**

Small Pine China A great buy at **\$175**

Brass & Glass Dinette w/6 sturdy chairs 30% off **\$449**

Make That Holiday Meal Something Special!

ALSO ON SALE: Bunkbeds, End Tables, Waterbeds, Lamps, & More!

WE WANT TO BE YOUR FURNITURE STORE!

We Give Christmas Drawing Tickets!

BOGGS & JOHNSON FURNITURE

East Side of Square • Haskell • 817-864-2346



HASKELL COUNTY GIN REPORT
By: Max Stapleton
County Extension Agent
November 26, 1990

Haskell:	
Farmers Co-op Gin	1951
Haskell Co-op Gin	4254
Rochester:	
Farmers Co-op Gin	490
Rule:	
Rule Co-op Gin	771
Denson Gin	1300
O'Brien:	
O'Brien Gin	4640
Weinert:	
Paymater Gin	1738
Weinert Gin	2111
Total:	17,255

City gets grant for park project

A \$33,600 grant for improvements at Haskell's Rice Springs Park has been approved by the National Park Service of the U.S. Department of Interior. The federal funds will be matched by a like amount from the City of Haskell. Most of Haskell's portion of the project cost will be in in-kind labor and services, said

Bob Baker, city administrator. The project includes a lighted cardio-fitness running trail, development of a small soccer field and the addition of new playground equipment. Baker said construction would begin after the first of the year. It is expected to be completed in the early spring.

Beta Chi meets

A regular meeting of the Beta Chi chapter of Delta Kappa Gamma Society International was held Sunday, Nov. 4 at the Haskell First Baptist Church chapel.

Phyllis Letz, president, called the meeting to order and thanked everyone who attended on such a cold, dreary day. Gerre Larned opened the meeting with prayer. The minutes of the previous meeting were read by the recording secretary, Cathy Bartley, and approved.

Alta McGuire was present to receive the Red Rose Salute, which had been announced at the previous meeting.

Margaret Chafin sent a letter reminding everyone to pay dues. There was also a state treasurer's report, which could be peused by members.

President Letz read a letter from Beverly Farrar who asked the members to submit materials that she can use at the state forum meeting. She needs information about day care guidelines, teacher involvement in decision making and special programs for students.

Another correspondence was from Dr. Aleene Vande Grift, state president, who informed us about the formation of the 300th chapter of DKG Texas, called MUMU. She also mentioned that Texas had been well represented at the international convention.

There is a need for a music chair. If anyone would like to volunteer, please do so or submit names of those who might take position.

The yearbook will be out soon. Turn in pictures and resumés for booklet.

It's time to think about scholarships. Application for international scholarships are due in February, and for state scholarships March 1. Leslie Kupatt has applications and she also needs to know if any members attended school last summer.

Lillian Hicks will get membership applications to each town so that they may be turned in soon.

Maribeth Williams introduced the program which focused on friendship. Many members brought quotes about friendship to share. Maribeth then turned the program over to Judith Burnett, who told of books about friendship, songs about friendship, and what her sixth grade students said about it. Mrs. Burnett then read from an article in the March Reader's Digest entitled "How to Build Better Friendships." The article stated that, "they (friendships) have to be created and nurtured. . . friendship has to be practiced." It also states that we should make friends a priority. Judy ended her presentation with a quote from Robert Louis Stevenson, "A

friend is a present you give yourself."

Phyllis Letz, president, then challenged us to be friends to our Beta Chi sisters who are unable to attend meetings by sending special Christmas cards. Each community will be in charge of its own cards.

The meeting was adjourned and delicious refreshments were served by Haskell, Rule and Weinert members.

Haskell School Menu

Dec. 3-7
BREAKFAST

Monday: Juice or fruit, cereal, buttered toast, milk.

Tuesday: Juice or fruit, pancakes with syrup, peanuts, milk.

Wednesday: Juice or fruit, blueberry muffins, cinnamon toast, milk.

Thursday: Juice or fruit, biscuits with gravy, sausage, milk.

Friday: Juice or fruit, cereal, buttered toast, milk.

LUNCH

Elementary School

Monday: Steak fingers with gravy, creamed potatoes, English peas, buttered hot rolls, cherry cobbler, milk, juice.

Tuesday: Chili dogs, grated cheese, tater tots, pickle spears, sliced peaches, milk, juice.

Wednesday: Chicken and spaghetti, tossed salad, green beans, buttered hot rolls, fruit, jello, milk, juice.

Thursday: Chalupas, grated cheese, lettuce and tomatoes, apple sauce, peanut butter and crackers, milk, juice.

Friday: Cheeseburgers, french fries, lettuce and tomatoes, pickles and onions, sliced apples, milk, juice.

LUNCH

High School

Monday: Hamburgers or chicken nuggets with gravy, french fries, green beans, salad bar, buttered hot rolls, apple cobbler.

Tuesday: Hamburgers or pizza, french fries, buttered corn on cob, salad bar, fruit.

Wednesday: Hamburgers or sausage on stick, tater tots, ranch style beans, salad bar, buttered hot rolls, cookies.

Thursday: Hamburgers or beef stew, french fries, grilled cheese sandwiches, salad, fruit.

Friday: Cheeseburgers or enchiladas, french fries, pinto beans, salad bar, fried tortillas, fruit.

Note: Milk and tea are offered daily.

Menus subject to change

Rule merchants plan activities

At the November meeting of the Rule Chamber of Commerce, plans were discussed for the Christmas activities.

It was decided to have the annual drawing on Saturday, Dec. 22. Merchants are already giving tickets for purchases made from Nov. 7 until the drawing date. One ticket is given for each \$5 purchase.

At the drawing, only two merchant-donated prizes can be given to one household (persons living in one house).

The Chamber will again give 10 \$100 gift certificates. All tickets will be eligible for these certificates regardless of any other prizes won. Only one \$100 certificate can be won by one household.

Ticket holders must be present at the drawing to claim their prizes.

The children's Christmas poster contest will be for children from kindergarten through eighth grade.

Prizes of \$5, \$3 and \$2 will be given in three divisions. Posters will be displayed in business windows.

The Chamber is sponsoring a home and yard lighting contest. Prizes of \$50 for first place, \$35 for second place and \$25 for third place will be given to the winners.

It was discussed to have a children's parade and a treasure hunt. Details of these will be given later.

Patrick Pace, A. B. Arnett Jr., George Rhoads and John Allison were chosen to serve on a committee for Community Economic Development.

President John Pike presided at the meeting. Eleven persons attended.

Rotary to meet at Pizza Barn

Weekly meeting of the Haskell Rotary Club Thursday will be at the Pizza Barn.

The club has been meeting at Jim's Steak House which has now closed.

-HOSPITAL-

Medical Patients

Moneta Hix, Weinert
Clara Cross, Rochester
Don Caffey, Stamford
Edgar Jones, Jayton
Frank Hendrix, Munday
Lou Ann Fullbright, Arlington

Dismissals

M. L. Cook, Rosa Flowers, O. V. Kreger, Louise Stodghill, Loufana Eubank, Richard Herring, Barry Ratliff.

Did you know?

Historians say the word "Yankee", meaning an American, comes from the Dutch word for pirate, which the settlers in New Amsterdam (now New York) applied to their shrewd New England neighbors.

--Market Report-- Haskell Livestock Auction

The market was steady on all classes of cattle at Saturday's sale at Haskell Livestock Auction. The sale was on a run of 688 head of cattle. The auction will be selling cattle from two different herd dispersals next Saturday.

Cows: fat 46-50; cutters 48-54; canners 35-45.

Bulls: bologna 57-65.50; feeder 65-75; utility 48-55.

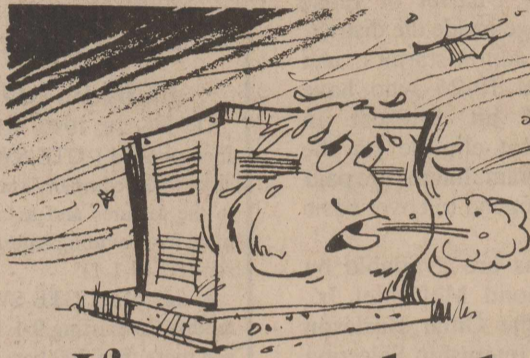
Steers: 200-300 lbs. 120-140; 300-400 lbs. 100-116; 400-500 lbs.

90-105; 500-600 lbs. 85-95; 600-700 lbs. 82-87; 700-800 lbs. 77-85; 800 lbs. up 70-75.

Heifers: 200-300 lbs. 110-120; 300-400 lbs. 97-107; 400-500 lbs. 82-90; 500-600 lbs. 80-85; 600 lbs. up 70-79.

Bred cows: young to middle age 650-750; aged or small 400-550.

Cow with calves: young and middle age 750-1070; small or aged 550-650.



If you worked as hard as a heat pump you wouldn't last 10 years either.

Electric heat pumps overwork themselves trying to do two different jobs. Pumping all summer, trying to keep the house cool. Then pumping all winter, trying to keep the house warm. No wonder heat pumps wear out at an early age (usually 7 to 10 years).

An efficient, economical propane gas furnace will last twice as long. That means long term comfort and savings.



YOUR DOLLAR GOES FURTHER ON WARRENGAS.

Haskell Butane

817-864-2424 Rex & Camin Pittman 817-864-3915
Hwy. 277 S. Owners Haskell

'TIS THE SEASON TO BE JOLLY

We at Sport be the best the area. If you or participant, About has the

About strive to sports store in are a spectator Sport perfect gift.

Lay away Now!

Trampolines Complete with Safety Pads \$349.95	Weight Bench with 110 lb. Steel Weight Set \$159.95
Cooker-Smoker All New Metal Grill \$349.95	Football Uniforms Hutch-Cowboy & 49'ers \$24.95
Stair Climber \$199.95	Single Shot 22 Rifle \$59.95

We Give Christmas Drawing Tickets

"Where Winners Shop"

We Accept
817-864-3891
402 N. 1st • Haskell

Garlands and Tinsel array

many spots...featuring

Festive Fashions at

THE Personality SHOPPE

For That Very Special Holiday Cheer

<p>Lilli Ann Faux Furs & Leathers A Very Special Merry Christmas Gift</p> <p>Coats Full Length Liquid Leather included Short Fingertip Length Poly Silks included Great Looks in Stadium Styles</p> <p>Lilli Ann Suits and Co-ordinates Vibrant Colors</p> <p>J. G. Hook Festive Look Missy Coordinates Definitely Feminine and Flattering</p> <p>Warm-Up Suits Vibrant Colors A Winner for Christmas Giving S-M-L</p>	<p>Mike Benet Formals and After Five Gowns Tea length included Festive Party Apparel Blouses, Sweaters & Pants Long Skirts in Black & White</p> <p>Dresses "Are Back" A Super Collection Daytime Casuals, Special Occasion & Party-Time Favorites</p> <p>Lingerie Definitely Feminine Daywear & Sleepwear Houseshoes Isotoner & Dearfoam</p> <p>Model Coats For that Very Special Lady</p>
---	--

Gift certificates when in doubt
Layaways Welcomed

That Make the Difference
Belts- Leather & Suede Strips
Buckles - Gold & Silver
Scarves by Vera
Jewelry
Bags

Free Gift Wrap especially for Her

Register for Gift Certificates with Purchase of \$10⁰⁰



Courtney Ann Jircik

Granddaughter celebrates 3rd birthday

Courtney Ann Jircik, daughter of Dr. and Mrs. Frank Jircik of Burleson, celebrated her third birthday Oct. 27 with a party hosted by her parents at her home.

The party had a My Little Pony theme and the decorations included yellow, pink and blue balloons, birthday banners, a birthday card tree and several My Little Ponies.

Treats included hot dogs with all the trimmings, along with a My Little Pony cake, all of which were served on My Little Pony plates with matching napkins. Each child received a My Little Pony goodie bag.

Special guests included Courtney's grandparents, Mr. and Mrs. Gene Hancir of Moulton and Mr. and Mrs. Frank Jircik of Haskell.

WTU gives awards for service, safety

Twenty-seven employees were honored last Tuesday for service to West Texas Utilities Co. and its customers during the company's annual service and safety awards dinner held at the Haskell Memorial Civic Center.

The dinner was one of eight the electric utility will hold throughout its 52,000-square-mile service area.

Employees and their spouses form WTU's Stamford District and Paint Creek Power Plant attended. Glen Churchill, president and chief executive officer of the company, made the presentations to the honorees.

Awards included:

PAINT CREEK

35 Years: R. A. Amonett, shift supervisor, service and safety.

25 Years: R. L. Weaver, safety.

20 Years: Wayne D. Peiser, mechanic, service and safety.

15 Years: E. C. Collins, mechanic, service and safety; James M. Johnston, mechanic, service and safety.

10 Years: Clayton Hawkins, laborer, service and safety.

5 Years: Greg Brister, service and safety.

STAMFORD

35 Years: Johnny Childress, distribution superintendent, service.

30 Years: Wallace H. Brimer, district storekeeper, service; James Elam, district manager, service.

10 Years: Carla Bird, staff assistant, service; Richard D. White, serviceman, service and safety.

safety.
5 Years: L. Z. Tilley, lineman, service and safety.

ASPERMONT

5 Years: Angela E. Clark, bookkeeper/cashier; B. L. Lawrence, bookkeeper/cashier, service.

KNOX CITY

35 Years: Tommie Reynolds, serviceman, service and safety.

30 Years: Richard Evatt, local manager, service.

10 Years: Diana Casillas, bookkeeper/cashier, service.

ROTAN

30 Years: Garvis N. Hinson, local manager, service.

5 Years: Monte G. Morrow, serviceman apprentice, service and safety.

HASKELL

10 Years: Phillip M. Henshaw, serviceman, service and safety.

SPUR

25 Years: L. A. Ferguson, local manager, service.

5 Years: Richard L. Adcock, service and safety; Beverly A. Flournoy, bookkeeper/cashier, service.

ANSON

15 Years: Teri L. Wilson, bookkeeper/cashier, service.

10 Years: Perry P. Thomson Jr., serviceman, service and safety.

Teacher honored

A select group of America's teachers are being honored by their former students who themselves are listed in Who's Who Among American High School Students which recognize the top five percent of the nation's high school and college students.

Among the educators honored is Sharon (Marr) Murphy of Denton. She is the daughter of Marie Marr of Haskell and the late Bill Marr.

The squid escapes from his enemies by shooting a cloud of black sepia into its enemy's face. Leaving his enemy in the dark, the squid makes his getaway.

-Green Thumb-

By Gladys O'Neal
Haskell Garden Club
"When chill November's surly blast made fields and forests bare." --Robert Burns, 1786.

The work you do in your garden this month can spell success or failure next spring. Here are some of the worthwhile tasks you can accomplish outside before winter arrives.

If you have asparagus beds, clean them by removing the dead tops and giving the whole patch a surface dressing of compost or well-rotted manure. This will give the bed a head start in the spring and will make the stalks more productive.

After a few hard frosts, mulch your strawberry bed with a three- to four-inch layer of lightweight mulch such as hay, straw or pine needles.

Raking your leaves is debatable. If they are allowed to remain on the ground, they may pack down and smother the grass below. Then in the spring your lawn will look patchy. If you don't have a lot of leaves, you may be able to skip rake and just shred them into fine particles as you mow your lawn. They then help to protect the turf in a broadcast manner.

Starting now, prepare your outdoor potted plants for wintering indoors by bringing them in a few hours daily or overnight on chilly evenings. Doing this will lessen the shock caused by changes in the humidity, temperature and light to which the plants have been accustomed.

Before bringing them inside, check thoroughly for insects or any other unwanted pests. Commercial or homemade soap solutions will eliminate most pests.

Annuals such as geraniums, wax begonias and herbs such as basil can be carried over by transplanting them to indoor pots for the winter.

The reduction of light source and low night temperature will cause plants to drop their foliage. So start slowly moving plants in before the night temperature drops to 50 degrees and before indoor heating has started. Cold winds can burn and do as much damage as a frost.

Plants not receiving sufficient light require less water and fertilizer, so do not over fertilize during the winter months or they will become leggy.

Treat your plants as guests; make them as comfortable as possible. They will thank you with their cheery presence and preserve a touch of summer indoors.

Now is the time to scatter Larkspur, Batchelor Button and wildflower packets of seed for spring bloom. Also it's time to plant bluebonnet seed.

Remember if a hard freeze is predicted, a thorough watering beforehand will help lessen the damage. This will benefit your trees and shrubs.

Child Welfare Board

The Haskell Child Welfare Board met Nov. 6 in the State Farm Insurance office. Brian Burgess, chairman, called the meeting to order, led in prayer and introduced a new member, Lizette Haste, school counselor of Rochester.

Sue Miller, treasurer, reported that a refund had been received when gasoline had been purchased to take a child to the doctor, a bill at the Haskell Clinic for a child's examination had been paid, a humidifier had been purchased for a child with asthma and a donation had been deposited.

There was a discussion

concerning the location for making children's pictures with Santa Claus. Brian will continue to check on the places available. It was agreed that the Super 2nd Saturday, Dec. 8, might be the best time. The price will be a \$3 donation to the CWB to buy Christmas toys and food for needy children. A schedule of hours to work will be made at the Dec. 4 meeting.

The chairman gave a report on the film, "How to Raise a Street Smart Kid," which was sponsored by the school and CWB in the elementary cafeteria.

Secretary Mary Martin reported that officer Lee Reed of Abilene would not be available to do a program on cults and Satanism. She had attended the Region 4 joint session of Child Welfare Advisory Council and Foster/Adoptive Parent Advisory Council at CPS headquarters in Abilene that day. The discussion centered on increased activity levels and commitment of board members. The aid from the counties run from a few dollars to \$185,000 in Taylor County. David Maberry in the regional office reported that some funds for additional workers were available but only until April. It is difficult for F/A parents to attend meetings because children must be taken to and from school.

Students may apply for internships

Congressman Charles Stenholm has announced that college students and educators interested in serving an internship in Washington can now apply.

Four interns will be selected to work in the congressman's office for one-month intervals in June or July.

College students from the 17th Congressional District or those attending college inside the district, teachers and administrators, and residents aged 19-25 who have demonstrated an interest in government, are eligible for the internship program. Interns are paid a one-month stipend to cover basic living expenses.

Applications are available by writing Raymond McDaniel Jr., chairman of the Omar Burleson Congressional Internship Selection Committee, P.O. Box 543, Abilene 79604, or by calling Elaine Talley in the Abilene district office at 915-673-7221. Applications are due by Jan. 23.



An autograph of Julius Caesar is worth over \$2,000,000.

PUBLIC NOTICE

On July 19, 1990, GTE Southwest Incorporated ("GTE-SW") filed revisions to the company's tariff pertaining to the features and associated equipment for providing emergency number services (9-1-1).

In this filing, GTE-SW proposes to modify its existing 9-1-1 tariff and to add more than 200 new service offerings. The new items of service and equipment in this application have been added to meet the company's increasing 9-1-1 customer demands and to allow GTE-SW to compete more effectively in the 9-1-1 equipment market.

The product line in the new offerings consists of a mini-computer and specialized console package for larger communities, as well as a personal computer with Automatic Number Identification (ANI) display for smaller communities. (ANI displays a caller's telephone number on the emergency dispatcher's computer screen.) In addition, the product line will include ANI and Automatic Location Information (ALI) display units compatible with, and similar to, those offered by Southwestern Bell Telephone Company and other local exchange carriers in Texas. (The ALI feature displays a caller's address on the computer screen.) The rate charged existing 9-1-1 customers may be revised at the expiration of their contracts with GTE-SW if the proposed tariff is approved.

This filing has been assigned Docket No 9667. The hearing on the merits is scheduled for February 25, 1991, at the offices of the Public Utility Commission of Texas. The deadline to intervene in this docket is December 31, 1990.

Persons who wish to intervene or otherwise participate in these proceedings should notify the commission as soon as possible. A request to intervene, participate, or for further information, should be mailed to the Public Utility Commission of Texas, 7800 Shoal Creek Boulevard, Suite 400N, Austin, Texas, 78757. Further information also may be obtained by calling the Public Utility Commission Consumer Affairs Division at (512) 458-0223 or (512) 458-0227, or (512) 458-0221, teletypewriter for the deaf.

GTE
GTE Southwest Incorporated

Christmas Luncheon
First United Methodist Church
Haskell, Texas
December 1, 1990 11:00 A.M. - 1:30 P.M.
Chicken Spaghetti, Seasoned Green Beans, Fruit Salad, Roll
Dessert

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Call 864-2621 for appointment

According to the American Cancer Society, one out of ten women will develop breast cancer sometime in her lifetime. It is currently estimated that over 37,000 women die each year as a result of breast cancer.

Ninety percent of breast cancers are diagnosed by women or their physicians finding a lump in the breast. Women who are diagnosed with a lump large enough to feel have a 50 percent five year survival rate. A woman who is diagnosed as having breast cancer by mammography, before a lump can be felt, has a 97% five year survival rate and a 90% 10 year survival rate. **The cost is only \$60.00.** A mammogram can detect a cancer this small, even before it can be felt.

Beans gain new respect

Because of their great versatility, flavor and nutritional value, dry beans have gained a new respect from nutritionists and chefs nationwide.

Whichever you choose--black, white, navy, crowder, black-eyed, pinto, kidney or garbanzo beans, they are inexpensive, versatile and loaded with protein, carbohydrates, B vitamins, minerals and dietary fiber. And beans contain very little fat and no cholesterol.

Most Southerners consider a pot of beans simmered with a ham hock and a cast iron skillet of crusty, moist cornbread to be one of life's greatest pleasures. In Tennessee the pot is usually filled with white beans and the cornbread is made with white corn meal. In the Southwest, pintos and black-eyed peas are the bean of choice and the cornbread is yellow.

Experts agree that great beans begin with a good soaking. Rehydrating before cooking improves the texture and lessens digestive discomfort.

The hot-soak method is quicker than the traditional overnight soaking. First, pick through the dry beans and remove any small stones and irregular beans. Then, for each pound of dry beans, add seven to 10 cups of hot water in a large pot. Dry beans will expand to at least twice their size so be sure to use a large enough pot. Heat to boiling, cover and set aside for at least an hour, but preferably four hours or more.

To cook, place the drained beans in a large pot and cover with fresh hot water that reaches about one inch above the beans. Boil gently until tender when taste-tested. Times vary for each kind of bean, but most require about an hour or hour and a half cooking time. Serve with your favorite cornbread recipe.

Cornmeal waffles are a great twist on an old favorite that will live on any bowl of beans. Cornbread baked in a waffle iron has a crispy golden brown crust that Southerners love. And Martha White's easy recipe contains only three ingredients--self-rising corn meal mix, milk and oil. Serve your favorite beans ladled over the corn

waffles for a hearty stick-to-your-ribs supper. Don't forget the plateful of thinly sliced onions on the side.

Try complementing a pinto bean supper with Classic Tex-Mex Cornbread Supreme. The recipe is called "supreme" because it contains just about everything possible to make it rich and delicious. Sour cream makes the cornbread moist and tender. Fresh jalapeno pepper, chili pepper, cream-style corn and cheddar cheese add zesty flavor and texture.

When time is short, canned beans come to the rescue. Beans and cornbread casserole is a marriage of the two classics that's great for a quick weeknight meal. The easy casserole is a flavorful mixture of canned pinto beans, tomatoes and any kind of cooked meat you like with a crusty cornbread batter baked on top. Serve warm from the oven with an assortment of toppings like picante sauce, chopped fresh tomatoes, shredded lettuce, sliced green onions and sour cream.

Next time you're thinking about fixing a beans and cornbread supper, the Martha White Kitchen offers the following tips for preparing dry beans:

- Add 1 to 2 tablespoons of oil to prevent beans from boiling over and foaming during cooking.

- Add the acidic ingredients in your bean recipe like tomatoes or lemon juice when beans are just about tender. Acid slows the softening process.

- One cup of dry beans will yield three cups cooked.

- Store dry beans in an air tight container in cool dry place for six to 12 months.

- Pick through dry beans to remove damaged beans and small stones before rinsing, soaking or cooking. Beans cannot be washed before packaging because they will start to rehydrate.

- Always drain the soaking water, rinse the beans before cooking and cook with fresh water.

For more great cornbread recipes write for "Southern Cornbreads," Martha White Kitchen, P.O. Box 58, Dept. 1090, Nashville, T N 37202.

CORN MEAL WAFFLES
1-1/2 cups Martha White self-rising corn meal mix
1-1/2 cups milk
1/4 cup vegetable oil or melted shortening
No-stick cooking spray

Pre-heat waffle iron according to manufacturer's directions. Combine corn meal, milk and oil in mixing bowl; stir until smooth. Spray top and bottom cooking surfaces of iron with no-stick cooking spray. Pour batter into heated waffle iron. Bake until steaming stops and waffles are dark golden brown, about 10 minutes. Makes 12 4-inch waffles.

TEX-MEX CORNBREAD
2 cups Martha White self-rising cornmeal mix
1/2 cup milk

1 cup (8 ounces) sour cream
1 cup grated cheddar cheese
1 can (4 ounces) chopped chili peppers, drained
2 tablespoons chopped jalapeno peppers

1 can (8-3/4 ounces) cream-style corn

Pre-heat oven to 400 degrees. Grease a 9-inch baking pan. Combine cornmeal mix, milk and sour cream in large mixing bowl. Stir in remaining ingredients; blend well. Pour batter into prepared pan. Bake 40 minutes or until golden brown. Cool on wire rack 10 minutes before cutting into squares. Makes 6 to 8 servings.

BEANS AND CORNBREAD CASSEROLE

1 cup chopped onion
1 cup chopped green pepper
1 tablespoon butter or margarine
2 cans (16 ounces each) hot chili beans, drained

1 can (14 ounces) tomatoes, chopped
1 egg
2/3 cup milk

1 package (6 ounces) Martha White Mexican cornbread mix
1 cup grated sharp cheddar cheese

Sour cream, black olives, shredded lettuce, chopped tomato, green onion slices and picante sauce (optional)

Pre-heat oven to 400 degrees. Cook onions and green pepper in butter in large skillet just until soft. Add beans and tomatoes. Cook

over medium heat until bubbly, stirring occasionally. Reduce heat to low, cover and simmer 5 minutes. Pour bean mixture into greased 9x13x2-inch baking dish. Beat egg in small mixing bowl. Add milk and cornbread mix; stir until smooth. Spoon cornbread batter over bean mixture and spread evenly. Bake 15 minutes or until lightly browned. Remove from oven and sprinkle with cheese. Return to oven for 5 minutes or until cheese is melted and sides are slightly brown. Cool 10 minutes before serving. Serve with your choice of toppings, as desired.

Meaty variations: Add 1 pound ground beef, browned and drained; or 2 cups cooked, shredded chicken or pork to bean mixture.

-BIRTHS-

David and Kay Lisle of Rule announce the arrival of a daughter, Morgan Alisse, born Monday, Nov. 5, at Hendrick Medical Center in Abilene. She weighed 6 pounds, 15 1/2 ounces and was 18 1/2 inches long.

Welcoming Morgan home were big sisters, Tara and Ashley.

Maternal grandparents are Mr. and Mrs. Kendall Carmack of Rochester and paternal grandparents are Mr. and Mrs. J. A. Lisle Jr. of Rule.

Great-grandparents are Vannah Carmack of Haskell, Estell Mays of Rochester and Mrs. J. A. Lisle of Rule.

Keith and Cheryl Hannsz are proud to announce the birth of their daughter, Kimie Lynn Hannsz. She was born in Hendrick Medical Center at 9:10 a.m. on Nov. 17, weighing 6 pounds, 12 1/2 ounces. She was 19 1/2 inches tall.

Proud grandparents are Wilton and Elna Weise and Jimmy and Grace Hannsz, and great-grandmother is Mrs. Albert Hannsz.

Texas growers have begun planting carrots and will continue for about 10 months as the production season progresses from the Rio Grande Valley to the northern High Plains.

Never too early to learn of money

Children will learn a lot in school this fall, but one thing they won't learn much about is managing money.

"Teaching children how to handle money helps children learn management skills in ways that are less painful than when they become adults," said Dr. Sarah Anderson of the Texas Agricultural Extension Service.

"That responsibility falls on the parents," said Anderson, a family life specialist. "It's better for children to begin learning how to manage small amounts of money now."

According to a study by Dr. James McNeal, marketing professor at Texas A&M University, children in the United States receive \$9 billion a year from adults. Most of this money is given as allowances and the rest is gifts and payment for chores.

Anderson said that allowances should be given, but not as payment for chores. "All children should have chores, but the allowance should be viewed as the children's part of the money because they're members of the family."

Parents usually use two approaches in providing money to children and teenagers--the "allowance system" and the "handout system," according to Dr. Nancy Granovsky, extension resource management specialist.

The "handout system" is used by those who feel they cannot afford to give their children a regular allowance and is considered to be the least expensive. But very often the amount of money that is given "as needed" exceeds that of a reasonable allowance, Granovsky said.

"Handing out money this way eliminates the opportunity for a child to learn to plan expenses, allocate funds, and set aside money for use on another day," she said. "An allowance system is preferable. A child with a weekly allowance can learn how to handle money and make it last until it's needed."

Experts say that when children are old enough to tell the difference between coins and start asking for money, that it's time to begin a regular allowance.

"But until children reach a certain cognitive level, they're not going to be able to handle an allowance," Anderson said. "Most 6-year-olds don't fully understand money because it's still abstract to them."

Studies of children conducted by Anderson and others indicate that at some point between the ages of 6 and 8 children develop the cognitive skills for understanding money.

"Pre-schoolers make decisions based on what looks like more," Anderson said. "To them, a nickel would be considered more than a dime because it's bigger."

When young children see siblings getting a weekly allowance, they're usually satisfied as long as they get something too, which can be a quarter.

A good way to decide on an allowance is to hold a family conference. Keep in mind factors such as the child's age, family size and income, location of residence, likes and dislikes and family routines.

Nationwide estimates of allowances given range from \$1 a week for 4-year-olds to \$20 a week for older teens, with most parents giving allowances of less than \$10 a week -to pre-teens.

A general rule of thumb is to make an allowance large enough to cover a child's basic needs plus some "extra" to permit an opportunity to save or spend, yet small enough to force some choices. This will help the child develop decisionmaking skills.

The only way children can learn to manage money is to have money to manage. The hardest part for parents is allowing children the freedom to make mistakes.

Among the many things that have been manufactured to coddle the owners of pets are a pair of doggie sunglasses, and doggie pajamas.

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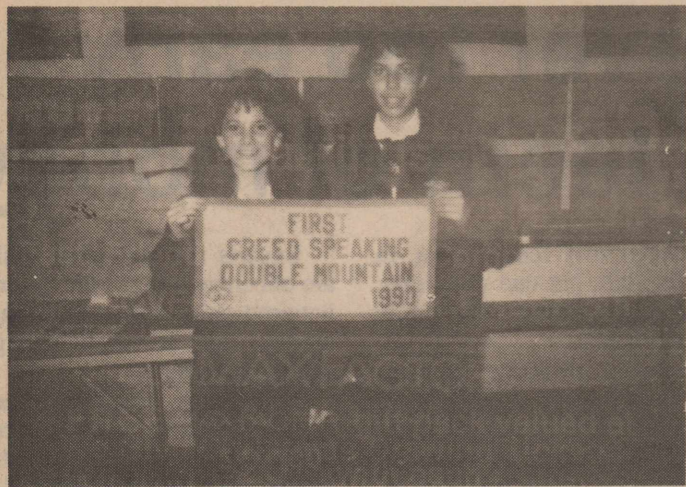


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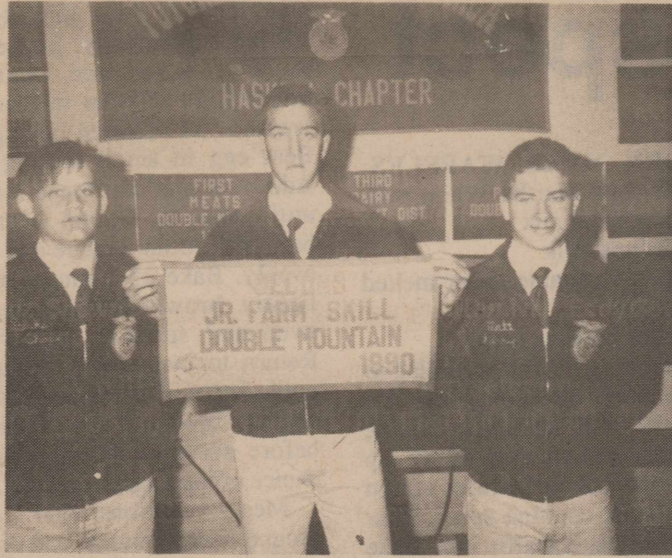
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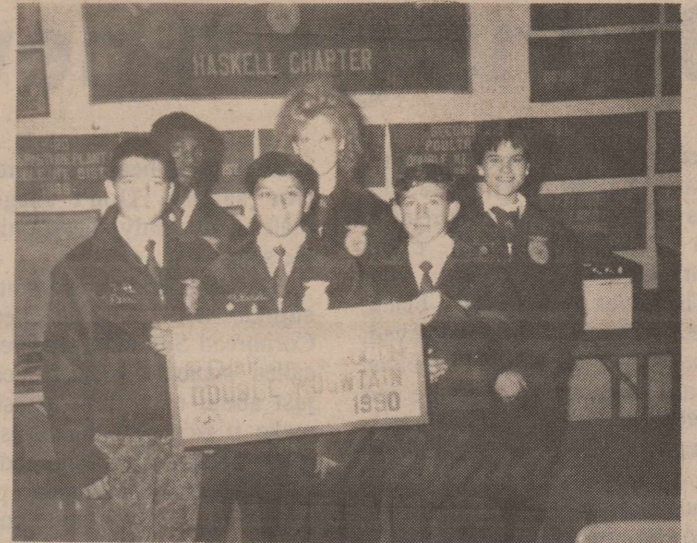
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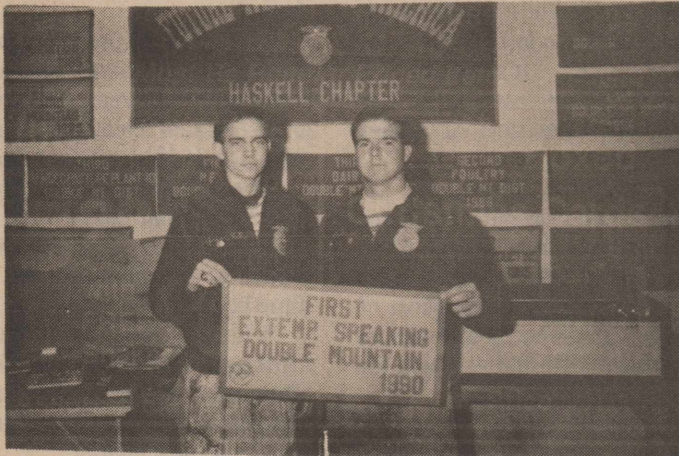
FFA Creed: Natonia Anderson, Teresa Diaz.



Junior Farm Skills: Blake Henshaw, Brian Brzozowski, Matt Perry.



Junior Chapter Conducting: Jonathan Lindsey, Richard Collins, Manuel Ibarra, Joni Martindale, Matthew McFadden, Shelly Stewart. (Andy Martin is not pictured.)



Extemporaneous Speaking: Craig Hanson, Chad Gibson.



Senior Farm Skills: Brooke Baker, Nichole Cothron, Kim Gilly, Cindy Henry.



Senior Chapter Conducting: Jeff McFadden, Holly Hobgood, Greg Williams, Kevin Grand, Cody Josselet, Shawn Jordan, Shana McKenzie.



Radio: Jason Hall, Rusty Stocks, Steve Quattlebaum.



FFA Quiz: Shawn Sanford, Heather Stewart, Will Dunivan, Eddy Gonzales, Jason Torres.

FFA teams compete

Haskell FFA teams participated at the Area II Leadership contests in Big Spring Saturday.

They qualified for the area competition in the Double Mountain District contests in Anson.

At Big Spring, the Junior Farm Skills team won first in area to qualify for the state contests this Saturday at Sam Houston State University in Huntsville.

Teresa Diaz won second in Creed competition and the Senior Farm Skills team took third.

Banners for the Double Mountain contests were furnished by West Texas Utilities.

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Watch the Haskell Free Press and Listen to KVRP FM for Weekly Specials.

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Many items can be recycled

Many household items, garbage and trash can be recycled with the separation process beginning in the home.

What can be recycled? The No. 1 recyclable product is paper, including newspapers, office paper, cardboard, junk-mail, cereal boxes and grocery bags.

Newspapers and other paper products can be tied and bundled. Paper bags can be reused. Magazines can be donated to doctor's office or given to a friend.

Aluminum cans make up five percent of the total solid waste stream. Cans are the most common form of recycled aluminum.

Aluminum siding, gutters, down spouts, storm doors and window frames and aluminum lawn furniture frames are all recyclable.

Iron and steel are the most recycled material used today. Scrap metal dealers were the most visible recyclers in business long before comprehensive recycling programs were established.

Glass makes up eight percent of our waste. All container glass is recyclable. More than 12 million tons of glass containers are collected annually and remelted with raw materials to create new glass bottles and jars or fiberglass. The Glass Packaging Institute reports that 25 percent of any given glass container is made from recycled glass.

There are three basic types of glass: Clear, green and brown. Not all recycling centers accept all three types. Most recycling centers will

not accept light bulbs, ceramic glass, dishes or plate glass, because they contain different materials than bottles and jars.

Plastics make up seven percent of the total waste--most of which is packaging. The most common recycling products are soft drink and milk containers. Recycled plastics are used in flower pots, drainage pipes, toys, traffic barrier cones, carpet backing and fiber fill for pillows, ski jackets and sleeping bags. Only about two percent of plastic waste is recycled.

Recyclable materials include wood waste, yard waste and kitchen waste. These wastes comprise 18 to

25 percent of solid waste and offer an excellent opportunity for recycling, especially composting.

Automobile tires, motor oil and bulk household items can be recycled. Usually items like old clothing, furniture and appliances are sold at garage sales or donated to charity.

Recycling reduces the amount of waste that is buried in landfills and incinerated. Recycling cuts down on litter and conserves natural resources. However, to be successful in recycling depends on the availability of markets for recycled materials and products.



Halloween

All dressed up on Halloween at Campbell Insurance Co. in Rule were, from left, Donna Saffel, Jerri Townsend and Sue Hertel.

Couple united in Dallas

Kristine Lynceé Yoder of Garland was married to Christopher Markham Lain of Bolingbrook, Ill., in a ceremony performed June 16 at Perkins Chapel on the SMU campus in Dallas.

The bride is the daughter of Richard and Shirley Yoder and the bridegroom's parents are Richard and Dorinda Lain. He is the grandson of Herbert and Dora Kretschmer of Haskell and she is the granddaughter of Mrs. Wilma Hoffman of St. Petersburg, Fla., and Robert and Dorothy Yoder of Goshen, Ind.

Dr. William May of SMU performed the ceremony. Organist was Wayne Barr. Matrons of honor were Angela Lankford and Melanie Jakomo, sisters of the bride. Bridesmaids were Missy Desand, Jana Brown and Diane Johnson.

Shannon Jenkins was flower girl and ringbearer was Casey Lankford, nephew of the bride.

Errol Lain served his brother as best man and groomsmen were Howard Hurd of Dallas, Brian Hollahan of Bolingbrook, Steve Coker of Dallas and Mike Fisher of Boise, Ida.

Given in marriage by her father, the bride wore a gown of white satin, featuring a V-neckline in the front and back that was edged with delicately scalloped lace. The fitted basque bodice was appliqued with lace that was heavily encrusted with seed pearls and iridescent sequins.

Long Juliet sleeves of satin with beaded lace appliques were highlighted at the shoulder with a lace-edged ruffle. Beaded and sequined hem lace formed the border of the softly gathered full skirt and flowing cathedral-length train. She carried a bouquet of pink lillies, azaleas and wine rosebuds.

Bridesmaids wore long straight two-piece dresses of petal pink and the groom and groomsmen wore charcoal gray tuxedos with bow ties and vests.

A reception at Glen Eagles Country Club in Plano followed the wedding.

After a wedding trip to Canada, the newlyweds are living in Berwyn, Ill.

The bride is a graduate of Southern Methodist University with a BS degree in biomedical engineering and is now a student at the University of Chicago Medical School. The bridegroom is a graduate of SMU with a BS in computer engineering and is now a graduate student at the University of Illinois at Chicago.

Relatives of the groom attending the wedding included Mrs. Bettie



Mr. and Mrs. Christopher Laine

Bitner of Haskell, Mrs. Lydia Ivy Zelisko of Waco, Joe and Dianne Kretschmer of Lubbock, Harold and Suzanne Kretschmer, Kim and Derek of San Angelo, Jack and Margie Hogan of Jean, Ina Rea Robertson and Lisa of Carlsbad, N.M. and

Herbert and Dora Kretschmer of Haskell.

A rehearsal dinner was hosted by the groom's parents in the Hemmingway Room of the Crescent Hotel in Dallas on the evening of June 15.

Monday

ON SALE IN DQ

COUNTRY

Wednesday

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Monthly Calendar of Events

DECEMBER 1990

Haskell Independent School District

SUN	MON	TUE	WED	THU	FRI	SAT
						1 FFA State Contest-Huntsville Knox City Tournament
2	FHA Meeting 7:00 Basketball Jim Ned 4:30 (JHG-H) (JHB-T) Abilene High (FRB) H 7:00	3	4 *Basketball Anson JV-V (G & B) 4:00 There	5	6	7 Regional Band Try-outs
				Hardin-Simmons Basketball Tournament (V-G) Wylie Tournament (V-B)		
9 Band Concert 2 p.m.	10 Basketball Winters 4:30 (JHG-T) (JHB-H) Abilene High-Here (FRG) 6:30	11 *Basketball Winters JV-V (G & B) 4:00 Here	12	13	14	15 Booster Club Tournament (V-G&B) Seymour JV Tournament
16	17 Basketball Hawley 4:30 (JHG-T) (JHB-H) Hawley There (FRG)	18 *Basketball JV, V (G&B) Hawley There 4:00 School Dismisses 12:30	19 Holiday	20 Holiday	21 Holiday	22
23	24 Holiday	25	26	27	28	29
30	31 Basketball Wylie 2:30 H JV-V (B&G)	Holiday	Holiday	Holiday	Holiday	

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Model JEM4JW
Easy to use electronic touch controls with digital display and clock. Time Cook I & II. Under cabinet installation kit available at extra cost.

WAS \$219.50 NOW \$189.50 **Save \$30.00**

Turntable Microwave Oven

Model JES0T
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WAS \$189.50 NOW \$159.50 **Save \$30.00**

Countertop Microwave Oven

Model JE1453H
1.4 cu. ft. oven cavity. Electronic digital display with clock. Temp Cook Hold. Auto Roast and Auto Defrost. 10 Power Levels. Shelf.

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Flu shots urged for high risk group

With the flu season near, officials at the Texas Department of Health (TDH) have urged anyone who may be at high risk of infection to seek immunization.

People most at risk of the potentially deadly disease are those 65 or older, persons with chronic respiration, or heart problems and children weakened by disease.

"Influenza, which occurs most often from December through April, kills about 20,000 individuals in the United States each year--most of them in high-risk categories," said Robert D. Crider Jr., director of TDH's immunization division. Crider said that persons 65 and older constitute one of the risk groups hardest hit by influenza and its complications.

"Fewer than 30 percent of Americans in high-risk groups receive the recommended annual injection of influenza vaccine," he added. "We believe that one reason older people fail to be vaccinated is their unfounded fear that the vaccine can actually cause influenza. The truth is that a vaccinated person may still contract some strain of flu, but not from the vaccine. If that happens though, the vaccine usually helps lessen the severity of the case."

High-risk categories include the following people who are most likely to develop complications from influenza:

- Persons 65 years old and older.
- Residents and employees of nursing homes and other facilities treating chronically ill patients of any age.
- Adults and children with chronic heart or lung disorders, including children with asthma.
- People under medical care for chronic metabolic diseases, kidney or blood problems or weakened systems.
- Children, 18 and under, who are receiving long-term aspirin therapy,

which can place them at risk of developing Reye syndrome after influenza.

"We strongly recommend influenza vaccinations for all people in these high-risk groups, especially if they are pregnant women or international travelers," Crider advised. "People infected with the human immunodeficiency virus (the virus which causes AIDS) also may be at increased risk for flu complications."

In addition, physicians, nurses and other health professionals should be immunized against influenza to avoid spreading the disease to their patients, according to recommendations from the Centers for Disease Control.

"TDH and the American Lung Association already have reminded health professionals and others in close contact with high-risk people to be immunized, both for their own protection as well as for others," Crider said.

"As early as July we advised physicians to offer vaccine to their patients during routine clinic visits, beginning in September and throughout the influenza season--typically December through April," he said.

Crider explained that all unimmunized residents of chronic-care facilities, such as nursing homes, should be immunized immediately. In addition, high-risk persons who are hospitalized any time from now through March and members of their households are encouraged to be vaccinated, he said.

He added that influenza vaccination is necessary yearly, because immunity declines with time. Also, since flu strains and vaccines against them differ from year to year, only the vaccine for the current season should be used.

Thank you for reading The Haskell Free Press.

Garden club has program

The Haskell Garden Club met Nov. 8 at the Haskell National Bank community building. The topic for the program was "Beauty Through Color and Culture."

In the absence of the president, Marion Carlisle, the vice president, Leone Pearsey, presided.

Lorene Dewey read the minutes which were approved and Mary Bischofhausen gave the treasurer's report.

For the roll call, each named a good winter mulch. Super 2nd Saturday participation was discussed. It was decided action would be taken later.

Leone Pearsey was the program director. Consider the Lilies was discussed by Linda King. She said they thrived on neglect, and everyone needed to let them have a place in their garden.

Nettie McCollum talked about chrysanthemums. They lend such beautiful colors in the fall, and also in the summer. There are many varieties and they are perennial. She told how to plant and care for them. The Iris was discussed as the Rainbow Flower by Leone Pearsey. She said they were very easy to grow. They do need bone meal as a feeder. They come in pretty rainbow colors and truly they are a joy to grow and have in the garden.

For horticulture, beautiful mums were brought by Juanita Rhea, Dee Sprayberry and Neat Bevel and Leone Pearsey.

Refreshments were served by the hostesses, Juanita Rhea and Mary Bischofhausen, to eight members and one guest, Martha Meadows.

A nice Christmas program has been planned for Dec. 13. The club will have a distinguished guest speaker and Christmas arrangements and treats. Guests are welcome. The time is 2 p.m.

Addresses wanted for servicemen

The Free Press is interested in obtaining the names and addresses of area servicemen and women serving in Saudi Arabia or the Persian Gulf area.

Names and addresses will be published as they are received. Readers will be encouraged to write to the servicemen to let them know that their hometown is behind them.

Family members or friends of servicemen in the Middle East are being asked to bring the names and addresses to The Free Press. Pictures also will be published, if available.

Also to be included are men or women who formerly lived here, and those who have other local ties to the community.

Hermann Lodge meets Sunday

Monthly meeting of Sons of Hermann Lodge 241 will be Sunday, Dec. 2, at 3:30 p.m. at Irby hall.

This will also be the time for the annual Christmas dinner and party. The lodge will furnish turkey, dressing and ham, and members are asked to bring vegetables and desserts.

After the meeting, Santa will be there to help pass out gifts and visit with the children.

Each man should bring a man's gift and each woman should bring a woman's gift. Those bringing children should bring gifts for them with their names on them.

American Heart Association Cranberry Bread

Whether served as a dessert or an appetizer, this festive bread will add sugar and spice to all your holiday gatherings.

2 cups	whole wheat flour	Zest of 1 grated orange
1/2 cup	wheat germ	1/2 cup orange juice
1/2 cup	brown sugar	1/2 cup oil
2 tsp.	baking powder	1/4 cup warm water
1/2 tsp.	baking soda	2 cups cranberries, chopped

In a large bowl, mix the first 5 ingredients. Set aside. In a separate bowl beat together orange zest, orange juice, oil and water. Stir into dry ingredients. Add cranberries and mix well. Pour batter into a 9x5x3-inch loaf pan sprayed with vegetable cooking spray. Bake at 350° F for 50 to 60 minutes. Remove bread from pan and place on wire rack to cool. Bread slices better the second day. Makes 16 slices.

This Help Your Heart Recipe is from the Fourth Edition of the American Heart Association Cookbook. Copyright 1973, 1975, 1979, 1984 by the American Heart Association Inc. Published by David McKay Company Inc. (a Random House Inc. company), New York.



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NOTICE
The Haskell Free Press reserves the right to edit and/or delete all news stories and locals for length and liability and to refuse to print anything deemed not newsworthy.

NOTICE
The deadline for Classified Advertising is 12 noon on Tuesday.
Haskell Free Press

For Sale

FOR SALE: Kenmore electric double oven stove, Ward 18 cubic ft. refrigerator, 1 pair grey Rogers 8 medium, 1 pair gray Adams mens boots 10D; Zenith solid state entertainment center. 864-3770. 48p

FOR SALE: Whirlpool 5 cycle gas dryer, \$35.00; 2 sets of wooden crutches, \$5.00 pair; new 15" mud grip L78 tire, \$35.00; 15" Cadillac wheel and tire, \$35.00; 3 gal. Covey water can, \$5.00; good Christmas tree holder, \$2. 864-3642. 48-50p

GIVE WORLD BOOK Encyclopedias for Christmas. Sales Rep. Esther Conn, Box 73, O'Brien, TX 79539, 817-658-3904. 48-50p

FOR SALE: 4-8x24 cotton trailers. Zeissel Farms, 422-4606. 48-49c

For Sale

SANTA SHOPS at Land o Cotton Mercantile! Quality gifts and crafts, apparel and jewelry, home and Christmas decorations. Weekly specials. 300 S. Av E, 864-2430, Haskell. 47-48p

Old Stuff Antiques has lots of ideas for gift giving--Collectibles, furniture, jewelry, quilts, more; and practical things too. 300 S. Ave. E, 864-2430, Haskell. 47-48p

TELL CITY, double pedestal, solid oak, dining table. Has 1, 17" leaf and extends to 69". Purchased 8 months ago in Abilene. Come see it at Frazier's Appliance and Furniture, Haskell. 46tfc

PIANO FOR SALE: Wanted responsible party to take on small monthly payments. See locally. Trade-ins accepted. Credit manager 1-800-233-8663. 47-49p

FOR SALE: 10 hp Lincoln welder-AC, \$450.00; cutting torch, \$90.00; Planer-Jointer, 3/4 hp, \$75.00; band saw, 3/4 hp, \$150.00; pickup tool box, \$20.00; jigsaw, \$40.00. Western Auto. 47-48c

FOR SALE: 1974 Suzuki GT 380 street bike, \$300.00. See at Kay's Cleaners, 864-3017. 48p

For Sale

FOR SALE: 220 volt welder, AC, \$100.00; Volkswagon Dunebuggy, \$200.00; small air compressor, \$90.00; impac wrench, \$25.00; concrete mixer, \$90.00; tire changer, \$75.00. Western Auto. 47-48c

FOR SALE: like new, 5 hp tiller, \$175.00; electric dryer, \$60.00; 36" electric stove, \$50.00; Janitrol hanging heater, \$75.00; kerosene heater, \$50.00; small metal trailer, \$40.00; Sears garage door opener, \$50.00. Western Auto. 47-48c

FOR SALE: Hide-a-bed couch, in good condition. Call 743-3259. 47-48p

FOR SALE: Volvo inboard-outboard, \$1500.00; boat and trailer, \$150.00; 429 rebuilt Ford block, \$300.00; chain saw, \$65.00; 21"x16"x14" safe, \$100.00; electric adding machine, \$50.00. Western Auto. 47-48c

FOR SALE: 1975 Olds 98, 2 door, loaded, new tires and transmission runs good. Call 864-2907 before 9 a.m. or after 5:30 p.m. 48-49p

FOR SALE: 5-24x9 steel cotton trailers. Call Joe Davis or David Davis. 817-864-2607 or 864-3566. 45tfc

For Sale

DITCHING SERVICE. Electric sewer roter. Sprinkler systems. For all your heating, cooling and plumbing needs, call Cook Heating-Cooling-Plumbing. 32tfc

PRESCRIPTIONS, Cosmetics, Gifts. Shop Johnson Pharmacy where the savings are real. 38tfc

THE FRAME SHED. Custom picture frames, custom mats, plain or non-glare glass. We do repair work. 409 S. First, use Hayloft entrance, Haskell, 864-2901. 51tfc

FOR SALE: Upright piano. Call 817-864-3682. 24nctfc

GET MORE out of your carpet. Deep-Clean with HOST "Dry" Carpet Cleaner. Sherman Draperies, Paint Creek Rd., 4th house on right. 817-864-3501. 29tfc

FOR SALE: Wheat seed. Mustang, Siouland, Chisholm. Also a 8350 JD drill, used 1 season. Nora oats for sale. Call Tiffen Mayfield, 673-8364. 36tfc

FOR SALE: 1985 Evinrude XT150 and Astroglass fishing ski boat. 1982 Olds 98 Regency. Call 864-8125 or 864-8131. 42tfc

FOR SALE: 1983 Honda Night-hawk motorcycle, 650cc, low mileage, very nice, \$1800.00. Call 743-3565, Rochester. 44-51p

FOR SALE: 1977 Jeep CJ7. Hard and soft tops, 6 cyl. 3 speed, 8000 lb winch, radial tires, high back bucket seats, AM-FM, 48,000 miles. \$4800.00. Call 864-2241.

Garage Sales

GARAGE SALE: Sat., Dec. 1, 1405 N. Av H. 9 to 5. No early sales. Girls bicycle, Kirby vacuum cleaner with attachments, children's and adult clothes, child's desk, toys, dishes, books and lots more. 48nc

GARAGE SALE: Across street from Double A. Sat., Dec. 1, 8:30 a.m. until. 48c

Jobs Wanted

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WATER WELL DRILLING. Lic. #1578. House wells, test holes, W. P. Hise. 817-864-3727 day or night. 12tfc

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HOUSE LEVELING. Floor bracing. Free estimates. References. Call 915-773-5197. Ask for David Lee. 27tfc

Call RODELA PLUMBING for all your Plumbing Service and Repairs, 864-2460 Office or 864-3629 Home. Roto Rooter Service. 4 N. Ave B. 31tfc

Lost & Found

LOST: Sat., Nov. 24. Roll of field fence wire between Elementary School and Modern Way Food Store. If found please call Cliff Morris, 864-3324. Reward. 48p

Help Wanted

HELP WANTED: Sweet Shop now taking applications for decorator and baker. Apply in person. 35tfc

BERNARD E. GODLEY is now taking applications from persons with previous bookkeeping and tax preparation experience for employment in the Haskell office. Apply in person. 316 N. 1st, Haskell or 117 W. McLain in Seymour. 44tfc

CLERK NEEDED for evening shift. Apply in person. Sav-M Convenience Store, 400 N. Av E, Haskell. 48c

For Rent

FOR RENT: Furnished duplex apartment with carport. Call 864-3964. 39tfc

FOR RENT OR SALE: 2 bedroom. All carpeted and draperies. Extra nice neighborhood. Call 864-2491. Owner financing available. 45tfc

FOR SALE OR RENT: 3 bedroom house. 864-2575. 45-48p

FOR RENT OR SALE: 2 bedroom house, 508 South 8th. Washer and dryer connections, chain link fence. HUD approved. Call 864-2123. 48p

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864-2631.

For Rent

FOR RENT: 1 bedroom furnished duplex, \$200.00 a month. Call 864-8905. 28tfc

Real Estate

FOR SALE BY OWNER: 1006 N. Av F. Call 864-2258. 47tfc

FOR SALE: Great home for a family with children. 1 block from Elementary school. 3 bedroom, 2 bath, den, kitchen, living room, covered patio, carport, cellar and fenced-in backyard. Hot tub and sprinkler system. 606 S. 6th, 817-864-2718 or 817-864-3915. REDUCED. 27tfc

FOR SALE: 3 bedroom brick house. 1, 3/4, 1/2 baths. Large living, dining area. Den, utility room. Hobby room or office. New central heat, air. Cellar, well, new sprinkling system. Good carpet, custom made drapes. Large sun porch. 2 car garage. Many extras. 1606 North Avenue F. Appointment, 864-2530. 48p

FOR SALE: 484 acre farm bordered on south by river on Haskell-Stonewall Co. line. 176 acres in cultivation, stock tanks, old house and pens. Owner will consider financing to responsible party with sizable down payment. Contact Joyce (Judy) West, 817-743-3360. 46-48c

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FOR SALE

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393 acre farm 7 miles east of Haskell. 212 acres in cropland. 181 acres in pasture. FM road frontage.

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864-8926
We appreciate your business! 38tfc

NOTICE TO CONTRACTORS OF PROPOSED TEXAS HIGHWAY MAINTENANCE WORK

Sealed proposals for picnic areas, litter barrels and grounds maintenance located on various highways in Haskell County will be received by the State Department of Highways and Public Transportation located at 4250 N. Clack, Abilene, Texas until 11:00 a.m. Thursday, December 13, 1990. Then publicly read. All prospective bidders are advised that there will not be a Pre-Bidders' Conference for this project. The contract for this work will not be awarded to any contractor or firm which is currently debarred from bidding on State Department of Highways and Public Transportation projects. No currently debarred contractors will be permitted to perform subcontract work on this project. Bidding proposals, plans and specifications will be available at the District Maintenance Office at 4250 N. Clack, Abilene, Texas Telephone 915-673-3761. Usual rights reserved. 48-49c

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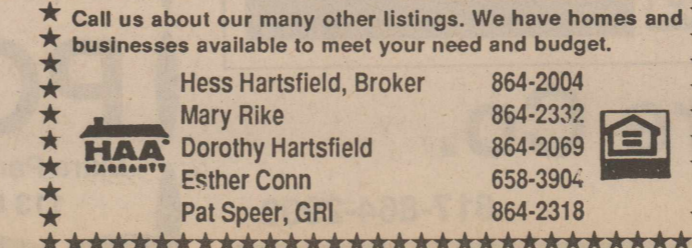
BEAUTIFUL SIDING with fireplace. Home has three bedrooms, one bath, living-dining combination with kitchen and utility. Extra lots available, located near hospital and priced under \$20,000.

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Hess Hartsfield, Broker 864-2004
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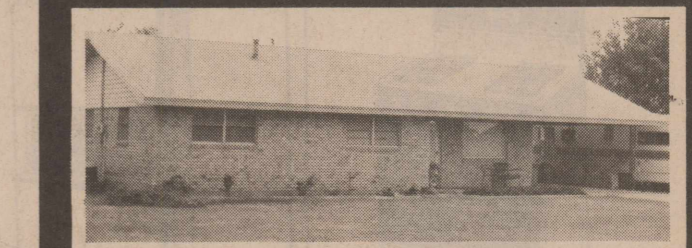
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NICE LAKE HOUSE at Veda's with boat house. A good buy.

FOR SALE: 3 bedroom on large corner lot, large att., double garage with shop space, fenced yard. Reduced.

TWO WATERFRONT adjoining lots with lake house, large shop and carport. Lakeshore Sites. Reduced.

3 BEDROOM 2 bath, den, living room, patio, well, carport. 145' lot close to elementary school. Reduced.

LISTINGS NEEDED!
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VEDAS. 2 bedroom double garage, large covered patio. Private boat dock. A beautiful lot.

2 GOOD FARMS in Paint Creek Community. \$425 p.a. Make a reasonable offer.

EXCEPTIONAL Value: 4 bedroom, 2 bath, brick, set in fireplace, fenced yard, storm cellar, 3 ref. units.

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Salt, fat, sugar diabetes culprits

Cutting down on salt, fat and sugar is a major concern for all health-conscious Texans, but even more important to those with diabetes.

More than 800,000 Texans suffer from diabetes mellitus--over half of the cases are undiagnosed.

"November is national diabetes month and a good time for those in high-risk categories to check with their physicians to determine if they are diabetic," said Dr. Mary Kinney Bielamowicz, nutritionist with the Texas Agricultural Extension Service.

"Complications from uncontrolled diabetes can be debilitating," she said. "If left untreated, this disease can lead to blindness, heart disease, kidney disease, limb amputations and even death."

Mexican Americans are three to five times more likely to develop diabetes than Anglos, and blacks experience a 33 percent higher rate of diabetes than Anglos, Bielamowicz said. The majority of these high-risk populations that are afflicted with the disease have the non-insulin type of diabetes, which can stem from inherited traits as well as ethnic dietary habits.

"About 90 percent of all Texans with diabetes have the non-insulin kind, or type II, formerly known as the adult onset type," Dr. Bielamowicz said. "The pancreas produces some insulin, but the body is unable to use it properly. This causes glucose to build up in the blood, leading to the high blood-glucose or blood-sugar levels that are characteristics of untreated diabetes."

Type II diabetes usually occurs in adults 35 or older. Symptoms are blurred vision, excessive tiredness, weight gain or loss, or scratches that will not heal properly.

In most cases, symptoms can be controlled by weight loss, good diet and exercise, she said. Carrying around extra weight can lead to a host of problems. It can drain energy, cause heart and lung problems and diminish self-esteem.

Fewer people have the insulin-dependent, or type I, diabetes, which usually occurs in early childhood. The pancreas does not produce enough insulin to meet the body's needs, Dr. Bielamowicz said. Insulin injections allow the body to use glucose produced from foods for energy. However, the type of insulin taken must be balanced with

food and activity.

"Symptoms in children include fatigue, extreme thirst, frequent urination, and nausea and vomiting," said Dora McDonald, coordinator of the Texas Diabetes Council. "These symptoms can cause the child to go into a coma, if not diagnosed soon enough."

The body produces glucose from the foods consumed, Dr. Bielamowicz said, so eating right is the first step in controlling diabetes.

Because the majority of people with non-insulin diabetes are overweight, most are advised to lose extra pounds, she said. Even slight weight losses have dramatically improved blood-glucose levels by helping the body use its own insulin more efficiently.

According to the Texas affiliate of the American Diabetes Association, people without diabetes stand a greater chance of developing the disease if they are overweight. On the other hand, people with diabetes who are overweight may be able to improve their diabetes control, prevent or delay complications, even increase life expectancy, if they lose weight.

Dr. Bielamowicz said a physician can provide a referral to a dietician who can help design a meal plan that will match a person's eating habits with diabetes management goals.

Thank you for reading The Haskell Free Press.

Orphan Train survivors to gather in Texas meetings

More than 4,000 orphaned, abandoned, homeless children were brought to Texas from New York City and Boston orphanages from the mid-1800s until as late as 1929.

Children were brought in groups traveling with two or more adults in charge, and placed out with new families. Since the children came on trains, today this era in history is known as the "Orphan Trains Era" and stands out as the beginning of foster parent care in America.

During the 75 years of this mass movement of children in America, at least 150,000 children were relocated.

Odessa has been chosen as a place for a one-day gathering of these children who today are in their 70s and 80s. Wednesday, Nov. 28, from 9 a.m. until 3 p.m., Orphan Train riders, families, friends and interested persons are invited to meet and share information.

Austin has been chosen as the site for a meeting the following Saturday, Dec. 1.

Mary Ellen Johnson, a family historian as well as founder of the 785-member organization, Orphan Train Heritage Society of America (OTHSA) will be in charge of the meeting.

Johnson travels around the country speaking to groups such as the National Foster Parents Association and historical and genealogical societies about the Orphan Trains. Gathering and preserving Orphan Trains history is the purpose of OTHSA. Johnson also assists the Orphan Train riders and their descendants with family research.

A quarterly publication,

"Crossroads," gives useful information in seeking biological family and has three or more Orphan Train riders stories per issue.

"Texans make up the largest number of members from any one state in our organization so it is fitting that we hold reunions and gatherings in Texas," Johnson said.

A reunion is held in Arkansas every year in October where as many as 52 Orphan Train riders have gathered to meet each other and talk about their lives.

Johnson found these gatherings give this unique experience a chance

to be talked about openly. For many years the "placing-out" was kept quiet and not shared with history book scholars, thus it was not taught in the schools. Johnson's group is slowly changing this around as classroom teachers are sent free information packets from which to prepare lessons.

For more information about attending the two Texas gatherings, or to share information, write to: OTHSA, 4912 Trout Farm Rd., Springdale, AR 72764. A registration fee of \$10 per person will be charged to attend either gathering.

--Social Security--

By Glyn Hammons
District Manager

If you have Medicare medical insurance, you should know about an important change in the way your claims are being handled.

Since Sept. 1, your medical insurance claim must be prepared and submitted by the service provider--the doctor, laboratory, medical supply company, or other party providing the service.

In the past, you had to submit a Form 1490S (Patient's Request for Medicare) unless your doctor or service provider accepted "assignment." (Assignment means that the doctor or other service provider accepts the Medicare-approved charge as the total charge.) But now, the doctor or other

service provider must send in your claim even if they don't accept assignment.

The service provider can't charge you for preparing and submitting the Medicare claim. If a service provider refuses to prepare and submit your Medicare claim or charges you a fee for doing it, you should contact your Medicare carrier. The carrier's address and phone number are listed in your copy of the Medicare Handbook.



The highest city in the U.S. is Leadville, Colorado. It's nearly two miles above sea level in the Rocky Mountains.

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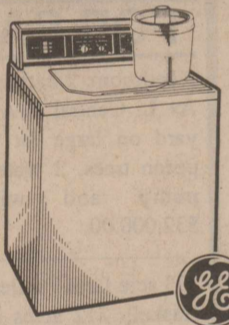


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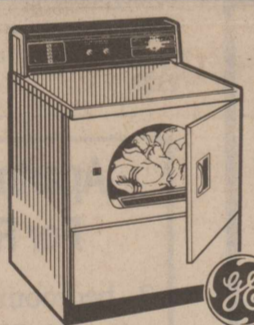
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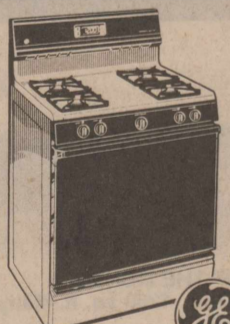
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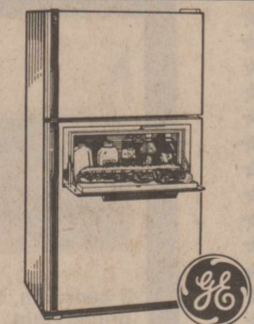
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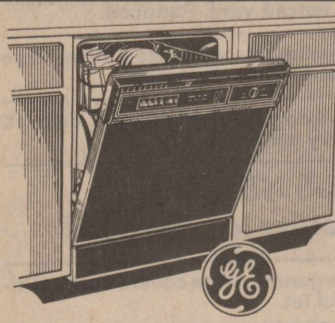
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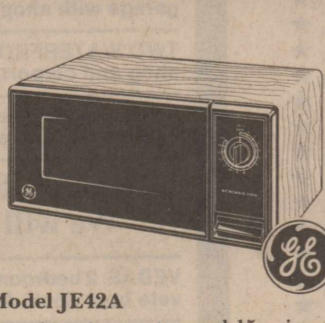
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