cocrations .
 JODOK Well! Welll I have been causht
napping. I am nonpulsed, I am at at
the end of my row. I know not where napplans. I my row. I know not where
the end of mex
to turn next to turn next

## Chamber of Commerce

 Banquet Worth While Well Attended and Helpful Programtive vegetation in their yards and
gardens in an effort to make Friona
the most beautiful litte city on the
plains, and whilie some one has said
that "Nobody reads that inttle pa-
per"-meaning the Star- th appears,
nevertheess. that some do read it.
and I am called to task by some of



## A Minute With

 CHARLEY DEE
## quo vadis:


$\qquad$

## THE LIFE OF THE PARTY

BY ELIZABETH JORDAN
No sem
CHAPTER VIII-Continued


| $\mathcal{A}$ Few 3 Little Smiles <br>  |
| :---: |
|  |  |

HOUSEHOLD QUESTIONS

Cleaning Window Shades.-Light
window shades may be cleaned
Salad Molas - Mumfan pans make


Rinse Lingerie Well. - When wasthing tinge inimerree. tollow when erably three E Insings.

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$\qquad$

quent with clean dry cloth. Fre-
quept.
soft and beaug keeps the leather
become very soiled, more drastic


## COUGHS COLDS

## 



## CASTOR OIL USERS

 READTHIS

A Sure Index of Value

' Cleveland Ast onomer, 66, Weaves Rugs for Living

Native of Latvia, Karl Stein Develops Individual Philose phy From a Lifetime Study of the Stars.


Either the corn was too not tor
this old fellow or else he couldn' wait to take of his gloves before
digging into the delicious corn-on
the-cob. He is one of the many hun
gry homeless vagrants ted by the
Volunteers of America soup kitehen A Pound of Spaghetti? It Depends on Weather CAMMDEN
 depends on "weather condition
deproucts manufacture, is th sept."
At least, that's what he told Judge
Gene Mariano when he was ar raigned in police court to answer
charges of the weights and meas
ures department thgt his packages of spaghetti were three

| Six in One Family <br> Hold Jobs 181 Years <br> PITTSFIELD, MASS - Six members of the Prendergast family have held their jobs for a total of 181 years. total of 181 years. <br> Electric com pany, are three brothers, John Michael and Patrick, whose com bined service totals 93 years. <br> At the Eaton Paper company Elizabeth and Catherine, whose combined service totals 88 years |
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|  |  | So he curlied up that rit o

ge floor of one of the little under
ground passages close by the little
round doorway through the haund doorway through which he
he was very tired and soon wa tast asleep. Of course, he had bad
dreams. Who wouldn't after a day
of such terrible adventures? He was of such terrible adventures? He was
ust escaping trom a terrible mon
ust ster, in a dream, you know. It was
grinding its teeth in a frightful way
and Little Mite didn't know what and Little Mite didn't know what to
do. Right then, iust when the mon
foter was about to seize him, he
awoke. It was lucky, very lucky


Home Planning Allows More Leisure Time

## We hy wruw whe




Active Persons Are Subject to
ColitisAttacks $W^{B y}$ Ry DR Jinfs w. bartov
$W^{\text {HEN }}$ the word conat



Plant for a CROP not for a sample!


PLANT FERRY'S





rWHO'S NEWS THIS WEEK
By LemUEL F. PARTON NEW YORK. - When James D President as chief of Bonnevitie, the
biggest dam in the world, in Coto
ber, 1937, it wa Bonneville Chief believed in som
Soothes Hostile quarters that hi Power People $\begin{aligned} & \text { selection woul } \\ & \text { sharpen the dis }\end{aligned}$
agreement between agreement
tion and the power companies.
day it appears that Mr. Ross "reasonable." Bonneville has bee
the bete noir of western power de is now a better chance for two-wa
appeasement than at any time in
the past.
Mr. Ross, for 20 years bead of the municipal power develop-
ment of Seattle, has human
traits which perhaps account for his expedient rather than doc-
trinal trend. No mere doctrifaire would amose himself by
keeping a copper ball in the air keeping a copper mans of support

- just bisible mean -just because he loves kilowatts
and likes to see them work. He was a consulting engineer for
the New York power authority
and the St. sultant for PWA power developmen
and later a member of the SEC be
fore the President made him the his bike from Chatham, Ont., to New York eity, to learn pharmacy. He
got a job as an apprentice chem
ist, but pestling seemed ist, but pestling seemed piffling, so
he hit the long grind back to Chat
ham-but he kept on pedaling. He ham-but he kept on pedaling. He
headed up through Edmonton to the
Alaska gold-fields; and, when dry land failed him, he made his own
boat and pushed on. In Seattle,
years later, he helped design years later, he helped desi
first municipal power plant. Y OUNG America is naturally Who will be at the controls wr Gray Skipped American Air $\begin{array}{ll}\text { Gray Skipped } & \text { ways flying boat, } \\ \text { No Step to Fly } & \begin{array}{l}\text { takes of for }\end{array} \text { its } \\ \text { flight across the }\end{array}$ Air Leviathan Alatant across
Atantic. It now trying a few preliminary cro
hops around New York harbor. Captain Gew, York harbor.
system, in qualifying for that
 an aeronautical he qualified as an aeronautical engineer, an
master mariner and a radio
techntcian; after all, he took
diplomas in metere he diplomas in metereology, sea-
manship, international law, admiralty law and business adminThat seems to be about par for the of these new leviathans of the air.
All this, and many years of hazardAll this, and many years of hazard
ous flying over the mountain wilder-
ness of Mexico and Central America bring Captain Gray to the ripe ol
age of 33 . He left college in h age of year he the University of Iowa
second yea aloft for the first time a
and wa and was af 19 . His home town is
the age of
Guttenberg, Iowa.

W of the Export-Import bank, ap pears to rate an assist in the Nap
put-out in Brazil. The big credit PiersonAssists $\begin{aligned} & \text { deal, to clear the } \\ & \text { trade ways be }\end{aligned}$ In Naxi Put-Out

## In Braxil Game

 son, who became head of the bank
in 1936, toured the Latin-American countries last summer and fall and countries last summer and fall and
returned with a lot of sizzling new
ideas about hopping can trade, and anding upsisting the totali-
colt
arian drive, by deploying credit udiciously where it is needed credit
gres to grease the trade run-around.
When ti came to Brazil, eager attenme to Brazil, he got bom both the
state department and the admin

## WHAT to EAT and WHY

HOW To SEW
C. Houston Goudiss Discusses Beverages of Various Kinds; Explains Their Role in the Diet By C. HOUSTON GOUDIS
FOOD and drink are inseparably linked in any consideration of the nutritional needs of man. It is, therefore, in response to a fundamental need that we include some kind of
beverage in every meal, no matter how simple or how elaborate the food may be, For
water which is as necessary
Approximately two-thirds of Approximately two-thirds o
the body is corriposed of water.
It is found in the muscles, in It is found in the muscles, in
the brain tissue, in the various
organs such as liver and kid




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 year, much larger amounts being
required when the temperature is
high. But it is generally agreed

## eral glasses of water daily, in ad- dition to the water obtained from foods, chiefly fruits and vegeta- bles. Part of thi need is met by <br> 

 fruit-flavored drinks which addpleasure to mealtime, serve as wholesome, between-meal pick-
me-ups, and provide a gracious
method of extending hospitality to
guests.
Aside
from milk, which belongs Aside from milk, which belongs
In a classification by itself, and
fruit juices which are consumed chieffy for their minerals and vitamins, beverages fall into what:
groups which overlap somewhat:
those that are refreshing and those those that are refreshing and thos
that are stimulating. Refreshing Beverages clude frefreshing juices, fruitades and
carbonated drinks, such as ginger
col ale and sarsaparilla. They are ef
fective in quenching thirst and their appetizing flavors encourage
the drinking of generous amounts energy values to the diet in pro-
portion to the amount of sweeten-
ing used in their preparation. Fruit juices are most frequently
served as an appetizer at breakfast, lunch or dinner. Fruitades
are useful as betwen-meal drinks and when entertaining. Childre
like to display their hospitality to
triends and this type of beverage triends and this type of beverage,
served with a few crackers or
simple cookies, makes an attractive snack.
Mothers will find it convenient
and economical to utilize for this purpose beverage crystals which
come in a variety of fruit flavors.
These make wholesome tefres. These make wholesome, refress-
ing beverages at a minimum cost;
the amount of sweetening may be tee amount of sweetening may
detmined by individual prefer
ence; and they are so easily pre
$\qquad$
$\qquad$ coftee, tea, chocolate and cocoa.
When made with milk, chocolate
and cocoa are rich in nutritive and cocoa are rich in nutritive
values, though their fuel value va-
ries with the product used. Chocolate is much richer in fat than
cocoa, and $\begin{aligned} & \text { products } \\ & \text { "abeled } \\ & \text { "breakfast cocoa" usually contain }\end{aligned}$ - larger percentage of the natural
cocoa fat than products simply laThe food value of coffee and tea depends entirely upon the cream
or milk, and sugar with which

by Ruth Wyeth Spears ${ }^{2}$


T

## 









## CUT YOURSEEF IN ON THIS RELA "MAKNN'" SMOKE-OOY



Is To Please You
With Labor, Service and Materials
FRED WHITE
AUTOMOTIVE ELECTRICAI.SERVICE

| At Truitt Building On Sixth Street. |
| :---: |
| Delco Batteries |
| Exide Batteries. |
| GENUINE PARTS FOR CAR, TRUCK OR TRACIOR |

## Farm <br> Loans <br> $51-2 \%$ or $6 \%$ 15 YEARS

SEE
Dan Ethridge Agency
DON'T LOSE YOUR CROP WE CIEAN IT FOR YOU feed ground to order.
J. A. GUYER'S FEED MILL

SPEED UP
Your Farming Operations while you have Good Surfac Moisture
WITH GOOD SHAMROCK GASOLINE JACK ANDERSON'S BARBER SHOP
GASOLINE

Friona Indenendent Oil Co.
$100 \%$

Friona Wheat Growers, Inc. Federal Licensed and Bonded Federal Licensed and
$W$ arehouse

## THE BEST THAT SKILL CAN DO <br> In All Kinds of Barber Work For You. Shine Boy and BATHS

$$
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EQUIPPED TO SERVE YOU
Fender and Body Work: General Blackssititing, Elec
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``` Steam Clean your vecti; All kinds Monor
Overhaul; Check Mechanical for all Kinds of Motor Trouble Nothing chaep but the Price. W. B. WRIGHT
Phans 50
Phone so uh wobk glabanted
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## Co-operative

| The | $1901 \times 1939$ |
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| 4 |  |
| mrem | NEW PAINT |

And Other Decorations For Your Home
EITHER INSIDE OR OUTSIDE
May be had and pard for in Monthly Instaliments
On The FHA Plan
See Us About It
Everything For The Builder. , Rockwell Bros. \& Co. LUMBER
O. F. LANGE
Manager

There's nothing new beneath the Sun The good book plainly says it.
But when get your WASH well done,
HOULETTS HELPY - SELFY LAUNDRY We take the work out of wash E. E. Houlette, Proprietor

## BEAT 'EM TO IT

While Your Legislators are trying to nork out some extra taxes to load upon You -.. "Beat 'Em To It."
By supylying Yourself with Your Farm Needs, such as
Tires, Tubes, Gasoline, Olls, Greases, Machine Parts, Plow Points, Bolts Etc. and see US For All Other Farm
"SEE YOUR CONSUMERS FIRST"
Friona Consumers Company. elroy wilson, Manager.
HIGHEST PRICES PAID FOR
Friona Feed \& Produce


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 FSA loanscommende
mittee an
courthouse, or from the local ACE
committee.
high-flown ecolitical panaceas theories han
ed down from those who think
farmer is incapabie of thinking f
the farmer. He who does not eff
clentiy employ and direct his ow
mental and physical
directed by someone else; and the
director will collect for his service


