

THE WOMAN'S PAGE

SOAP MAKING RECIPES RECOMMENDED BY EXTENSION DEPARTMENT

Following is some instructions and advice which is being published on request. These recipes may be used to make soap for exhibit in the Floyd County Meat Show to be held here March 18 and 19th.

Utensils: For cooking small batches of soap, enameled or graniteware is suitable and for larger batches an iron kettle may be used. When the stir method is used, crockery is suitable. Strong lye solutions will attack copper, zinc, and tin to a certain extent. Never use aluminum utensils. A large granite or wooden spoon is best for stirring.

Ingredients: 1. Lye—pure, uni-farm.

2. Water—Best results are obtained by using water soft when possible.

3. Fat—Clean fats are light yellow or white and if the soap is made from clean fat it will be very light in color. Care must be taken in collecting fats. Burnt or dirty grease is not of use in that state; but if burnt not badly, it can be clarified by melting, stirring, then frying a few pieces of potatoes in it. Clarify the fat as it accumulates and keep it in clean tin cans, well covered, until a sufficient quantity is on hand. Both fats and oils must be washed from salt. Rancid greases may be purified by boiling with a solution of one part of vinegar and five parts of water. Allow it to cool, then skim off the cleaned grease. If rancid greases are to be employed, one of the boiling processes will give better results.

4. Perfumes—Scents of such as oil of citronella, bergamot, oil of lavender, geranium, or saffron may be added to perfume the soap, thus destroying the odor of the fat used.

Molding: Soap may be molded in

the pan in which it is made, but it is better to pour it into the mold. Wooden or pastboard boxes lined with a damp cloth make very good molds. For exhibit purposes some have used match boxes, lined with oiled paper. The box is filled level full and pushed back into the carton until the soap is hardened.

Cutting: It is easier to cut the soap after removing it from the mold. A more satisfactory cut can be made with a fine wire or string than with a knife.

Curing: Soap should be cured at least four weeks before using. This allows it to dry out better so it will not wash away so readily. It would even be better to have it six months old before using. The older soap the better. Soaps made by the boiling process require longer aging before they become hard and ready for use.

Hints: Excess lye forms a hard crumbly soap. Hard, vigorous stirring will cause separation of the lye and fat in the cold process. Stir slowly and evenly. Greasy soap indicates the lack of lye.

Hard Soap No. 1: 7 pounds melted (but not heated) fat. 1 pound of soda lye dissolved in 3 quarts of water. Melt fat gently in a liquid, strain through two or three thicknesses of cheese cloth. Mix the lye and water, and stir to dissolve the lumps, then cool to lukewarm before adding to the melted but not heated fat. In a fine stream, add the fat, which should be at the creamy consistency, and keep stirring continually until the whole mixture is thick and light colored. Pour quickly into shallow pasteboard boxes or dripping cans which have been lined with dampened strips of cloth. When firm and nearly cold, cut into bars or squares. Pack the soap with open spaces between and allow it to dry at least a month before using. If dried thoroughly before using, it "spends" much better.

Soap Recipe No. 2: Dissolve a one pound can of lye in one and one

half quarts of cold water. Stir to dissolve lumps and let stand until cool. Then add: 1 cup borax, 1-2 cup ammonia, 1-2 cup kerosene, 5 pounds melted (but not overheated) fat.

Strain the melted fat when cooled and about the consistency of thick honey. Add the dissolved and cool lye, then add the borax, ammonia and kerosene. If a clearer soap is desired, add one-half cupful of sugar, stirring continually until the whole mixture becomes the consistency of porridge. Pour quickly into cakes. When nearly cold, cut and store as directed in recipe No. 1. If the odor of kerosene is objectionable, a half cupful of water may be substituted for it. The kerosene has excellent cleansing properties.

S. W. ROSS AND MISS FAULKNER HAVE FORMULAS FOR PLANT SPRAYS

Formulas for sprays and poisons for killing blue weevils, bugs and insects on plants and trees may be obtained at the Chamber of Commerce office through S. W. Ross and at the County Home Demonstration Agent's office from Miss Martha Faulkner.

Farmers and any others interested will find the sprays very useful in ridding ground of blueweeds and trees and plants from bugs and other insects.

SANDHILL HOME DEMONSTRATION CLUB MET FEB. 24

The Sandhill Home Demonstration Club met February 24th, at 1:30 p. m. The subject discussed: "Wardrobe Demonstration". Miss Faulkner was with us and gave an interesting lesson on the wardrobe. We will have our second lesson in March instead of our first lesson as had been planned.

The next meeting date will be on March 9th. Subject: "The Liveable Living Room."

LIBERTY HOME DEMONSTRATION CLUB MET WEDNESDAY, FEBRUARY 24

The Liberty Home Demonstration Club met Wednesday, February 24, at the club room. Subject discussed, "How to Shop," and "Putting the Plan in Planting."

Each person responded at the roll call and the program was carried out in full.

Our next program is as follows: Ways of Establishing the Reading Habit in the Home—Mrs. Armes.

The Advantage of a High School Education—Zelda Yearly.

How May the Life of Clothing be Prolonged—Mrs. Anderson.

General Care and Storage of Cotton, Wool and Silk Garments—Mrs. McAda.

Our next meeting will be March 16th, at 2 o'clock p. m. at the home of Mrs. Lester. Also there will be a cheese demonstration at Mrs. Leatherman's on Wednesday afternoon at 1 o'clock, March 2nd. Everybody is invited to attend. This demonstration will be given by Mrs. C. V. Ford.

Those present at the club were: Mesdames W. A. Armes, Leatherman, Lybrand, C. V. Ford, Rene Yearly, Lester and Miss Zelda Yearly. New members: Mrs. G. A. McAda, Mrs. Anderson and Mrs. J. A. Dunlap.

Each member is requested to bring a new member to the next meeting.

LONE STAR HOME DEMONSTRATION CLUB MET FEBRUARY 23

The Lone Star Home Demonstration Club met Tuesday afternoon, February 23, at 2:30 p. m. at the school auditorium, with the president of the club in charge of the meeting.

Subject discussed "Educational Program."

Establishing Reading Habits in the Home—Mrs. M. S. Johnson.

Value of Educational Games—Mrs. Walter Lowell.

The Advantage of a High School Education—Mrs. Elma Cummings.

Should We Encourage Our Children to Attain a Higher Education? Why?—Mrs. G. B. Johnston.

Washington Bi-Centennial—Mrs. R. L. Knox.

There was twenty-one members—three new members and two visitors present. The next meeting will be March 8th, at 2 p. m. at the home of Mrs. Meadows.

Subject: "Care and Storage of Clothing."

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MRS. F. L. MARBLE HAS EXCELLENT POULTRY RECORD FOR THREE MONTHS

Mrs. F. L. Marble, poultry demonstrator for the Rowland Home Demonstration Club, has made a profit of \$64.99 on her poultry for the months of November, December and January.

Mrs. Marble has 338 white leghorn hens. During the month of November Mrs. Marble received 2061 eggs from the flock or an average of 6 eggs per hen for the month. From these eggs the total receipts was \$35.95, expenditures were \$11.50 making the profit for the month \$24.45.

In the month of December, Mrs. Marble received 1806 eggs from 335 hens or an average of 5 eggs per hen for the month. The total expenses for the month were \$12.75 and the total receipts were \$37.44, making a profit of \$24.69.

2780 eggs were received by the poultry demonstrator during the month of January. Expenses during the month amounted to \$10.75, and \$26.50 was the total amount received from the eggs for the month, making a profit of \$15.85 for the month.

SOUTH PLAINS GIRLS HOME DEMONSTRATION CLUB MET WEDNESDAY

The South Plains Girls Home Demonstration Club met February 25, at the school house at ten-thirty. Subject discussed was: "Clothing and Bedrooms."

An interesting meeting was had and much interest shown in kinds of clothing and improvements of bedrooms being studied.

MRS. E. L. NORMAN HOSTESS TO 1929 STUDY CLUB AT MEETING THURSDAY

The 1929 Study Club met with Mrs. E. L. Norman in the regular meeting Thursday afternoon.

The topic discussed was "The Prædian Rebellion" and was led by Mrs. Robert McGuire. Mrs. McGuire was assisted in the presenting of the lesson by Mrs. E. L. Norman, Mrs. Boone Hall, Mrs. T. W. Whigham, Mrs. J. D. McBrien, and Miss Jean Ayres.

Members present answered roll call by naming a prominent Texas artist. Mrs. Robt. McGuire presided in place of Mrs. Leroy McDonald who was unable to present on account of illness. Mrs. Homer Himmelman, of Clayton, New Mexico, was a guest of the club.

During the social hour following the meeting Mrs. E. L. Norman, the hostess, served a tasty refreshment plate to those present.

Mrs. Boone Hall will entertain the club at the next meeting Thursday afternoon, March 10th.

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SANDHILL HOME DEMONSTRATION CLUB TO HAVE HOME COMING ON APRIL 13th

The Sandhill Home Demonstration Club will have a home coming for all club members from the time of the organization of the club up to the date of the home coming—April 13. A full report on the program will be given at a later date as definite plans are being made for an all day celebration.

COUNTY HOME DEMONSTRATION CLUB COUNCIL MET SATURDAY AFTERNOON

The Floyd County Home Demonstration Club Council met Saturday in the county court room at two o'clock.

51 members representing 15 of the 18 clubs of the county were present.

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SANDHILL GIRLS' HOME DEMONSTRATION CLUB MET FEBRUARY 24th

The Sandhill Home Demonstration Club met Wednesday, February 24th, at the club room at 10:30 a. m.

Subject discussed: "Clothing and Bedroom."

Miss Martha Faulkner gave a demonstration on bed room and clothing. The work was assigned to our clothing and bed room demonstrator.

The next meeting will be March 16 and the subject: "Plan Storage for Clothing," will be discussed.

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