

THE BORDEN STAR

VOLUME XXVIII

March 31, 1999

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

H.E.P.A. Calls for Congressional Hearings on Low-Level Bomber Training

Says Air Force systematically underestimates noise levels.

Snyder, Texas (March 26, 1999) - H.E.P.A., INC. (Heritage Environmental Preservation Assoc.) has reviewed the Realistic Bomber Training Initiative (RBTI) draft Environmental Impact Statement (EIS) just released by the Air Force and is upset.

H.E.P.A.'s consultant, Professor William Weida of The Colorado College and former professor at the U.S. Air Force Academy, says, "The Air Force noise calculations are all based on a person being in an urban environment." Weida continued "The Air Force knows full well that they are intentionally underestimating the noise levels that people hear in country or rural areas."

H.E.P.A., INC., a non-profit organization set up last year to challenge the implementation of the RBTI is headed up by Rotan rancher Buster Welch, President. "Its unbelievable that something like this can happen in America. I've worked my whole life to get my ranch and now the Air Force wants to put me out of business overnight" said Welch, "What ever happened to private property rights?"

The proposed Lancer MOA covers most of Scurry, Kent, Fisher, Stonewall, Garza, Borden, Dawson, and Lynn counties. The Air Force wants to fly B-1 and B-52 bombers over the area from early in the morning until late at night at altitudes down to 3,000 feet. According to Frank Bond, H.E.P.A.'s attorney, "This is a dramatic increase in Air Force activity in the area from about 100 sorties a year to over 2,300! That's an increase of over 2,000% and the jet bombers are much louder and fly much lower than the planes we're used to. Currently the Air Force can't fly below a 10,000 foot floor." Bond continued, "We're concerned that if past performance is an indicator, they'll be back wanting to lower the

floor again soon."

Area rancher John Oudt, chairman of H.E.P.A.'s Legal Committee, said "This will end our quite peaceful way of life as we know it today. We think this is a disgrace and call upon our Congressmen to hold Congressional Hearings on the RBTI. What new business would want to move into Snyder, Post or Lamesa knowing that the whole area is under one perpetual air raid? There just aren't any positives for our local economies. The Air Force wants to turn our rural area into one big 'noise dump'. We don't want it."

H.E.P.A. points out that the draft EIS has some more serious shortcomings. "The EIS didn't even address how this will affect

Cont. to pg. 5

Protect the 'Flag of Freedom'

Holocaust Survivor Supports Flag-Protection In Stirring Congressional Testimony

By Stephan Ross

I came to America as an orphan on April, 10, 1948, and I became a naturalized citizen of the United States of America on Mary, 3, 1953.

I came from the places of gas chambers, fire, ashes and chaos to my adopted country. The American people embraced me and took me under their wing and gave me an opportunity to grow and prosper, so that I could become one of them. I am proud to live free in this generous society.

Fifty years ago, American soldiers saved me from the hell of Dachau. They nursed me back to health and restored my will to live. Yet, what I remember most about my liberation is my tears being spilled on a small American Flag. From that day to this, my love for our flag has never faltered.

My story begins in 1940. When I was 9 years old, the Germans took me from my home in Krasnik, Poland. For five years I was a prisoner of the Nazi in 10 death camps, where I saw thousands of men, women and children

brutally murdered and starved or worked to death by the Nazi's death machine.

I lived on bread crumbs, sawdust, human remains, and one small prayer of redemption or death - whichever was quicker.

My prayers were answered on April 29, 1945, when I was liberated from Dachau by the 42nd and 45th Infantry Divisions of the U.S. 7th Army. We were nursed for several days by these war-weary, but compassionate men and women until we had enough strength to travel to Munich for additional medical attention.

As we walked ever so slowly and unsteadily toward our salvation, a young American tank commander - whose name I have never known - jumped off his tank to help us in whatever way he could.

When he saw that I was just a young boy, despite my gaunt appearance, he stopped to offer me comfort and he gave me his own food. He

Cont. to pg. 8



The STAR on Gail Mountain will shine brightly in honor of the Easter Holidays, beginning Friday, April 2nd through Sunday, April 4th.

in celebration of Christ Our Risen Lord



Sands Mustang Relays

Lady Coyotes come away in first place

The Lady Coyotes ran at the Mustang relays last Friday, at brought home their second meet championship of the season. These ladies scored a whopping 165 points. Wellman-Union came in second with 129 points.

The 400 m. relay brought home the gold with a very good time of 52.83. Running on this relay were **Shaina Isaacs, Julie Mayes, Katie Kemp, and Bekah Hensley.**

These same four girls won the 800 m. relay with a time of 1:54.41.

The 1600 m. relay was second behind Wellman-Union with a time of 4:28.76 **Lindsey Smith, Shaina Isaacs, Katie Kemp, and Julie Mayes** ran on this relay.

The Ladies divided their ranks into two teams this week so that more of the team could participate in relays and more individual events.

Kaci Poole, Erica Schooler, Hailey Adcock, and Amanda Watts ran on the 400 m. relay and the 800 m. relay. In the 400 m. relay they ran a 61.62, and in the 800 m. relay they ran a 2:08.15.

Lindsey Smith won the 800 m. run with a time of 2:35.84. Lindsey also place third in the high jump clearing 4'8".

Valerie Wootan was fourth in the 800 m. run with a time of 2:46.32. Valerie also ran the 400 m. dash and placed second with a time of 69.24. Her preliminary time to qualify for the finals was 68.97. Valerie also threw the discus and place fourth with a distance of 81'6".

Holly Thomas won the 3200 m. run and the 1600 m. run. In the 3200 m. run she ran a time of 13:28.25. In the 1600 m.

run she ran a 6:16.88. Holly is recovering from a hip pointer injury and seems to be well on the way to recovery.

Crystal Dye was second in the 100 m. hurdles and the 200 m. hurdles. In the 100 m. hurdles she ran a time of 18.44. In the 300 m. hurdles she ran a 54.68.

Hailey Adcock ran the 800 m. run in 3:03.52 and placed fifth in the meet.

Kaci Poole ran the 100 m. hurdles in 19.59 and placed fourth in the meet.

Jana Himes ran the 100 m. dash and placed fourth with a time of 13.77, and she was third in the 200 m. dash with a time of 29.56. Her preliminary time in the 100 m. dash was 13.83 and in the 200 m. dash was 29.06.

Bekah Hensley won the 100 m. in 13.23. Her preliminary time was 13.30.

Abby Flanigan was sixth in the 400 m. dash with a time of 83.03. Her preliminary time was 80.93.

Jessica Ellison ran the 100 m. dash in 17.27. Jessica also participated in the shot put.

Rika Copeland won the shot put with a put of 34'6-1/2", which is a personal record for Rika. She was fifth in the discus with a throw of 71'2-1/2". Rika cleared 4'4" in the high jump and she ran the 100 m. dash in 14.62.

Rebecca Garcia ran the 400 m. dash in 83.77, She also threw the shot 24'91/2".

Ky Merritt was second in the shot with put of 32'7-1/2".

Krystle Lee was 6th in the shot with put of 28'11-1/2". Krystle also clear 4'2 in the high jump.

Amanda Watts participated in the discus.

Coyotes take third place

The Borden County Coyote track team placed third in the Sands track meet by scoring 83 points. This is really impressive since six of the Coyote team members were in San Angelo competing in the San Angelo relays.

In the 400 m. relay the Coyotes qualified for the finals with a time of 48.45, but in the finals the baton was dropped on an exchange causing a disqualification. Running on this relay were **Ed Rodriguez, Robert Stamper, Dale Grant, and Kevin Pinkerton.**

The Coyotes were second in the 1600 m. relay with a time of 3:50.44. On this relay were **Dale Grant, Colt Miller, Robert Stamper, and Kevin Pinkerton.**

T.C. Stipe was second in the mile and third in the two mile run. He ran the two mile in 11:20.29, and he ran the mile in 5:16.04.

Payton Brown was third in the 800 m. run

with a time of 2:24.91. Payton also triple jumped 31'71/2".

James Bond ran the 800 meter run.

Robert Stamper was fifth in the 110 m. hurdles with a time of 18.60. His preliminary time to qualify for the finals was 18.31.

Cody Nowlain ran the 110 m. hurdles in 22.02. Cody also ran the 300 m. hurdles in 49.08, and ran the 1600 m. run in 5:45.

Ed Rodriguez was fifth in the 100 m. dash with a time of 12.25. His preliminary time was 12.01. Ed also went 18'8-1/4" in the long jump placing second.

Rowdy Dunlap ran the 100 m. dash in 12.39. Rowdy ran the 200 m. dash in 25.28, and he also threw the shot and disc.

Preston Sharp placed fourth in the high jump by clearing 5'4". He ran the 100 m. dash in 12.31.

Colt Miller was fifth in the 400 m. dash with a 59.10. He ran his preliminary race in 57.18.

Philip Abalos ran the

400 m. dash in 61.22, he ran the 200 m. dash in 26.53, and he longed jumped in 18'3-3/4" and placed fifth..

Jacob Zant ran the 400 m. dash in 63.86. Jacob also participated in the pole vault and the high jump.

Kevin Pinkerton finished third in the 200 m. dash with a time of 24.40. His preliminary time was in 24.33. Kevin also triple jumped 35'5-1/2" placing fifth. He also long jumped 16'4-1/2".

Lee Pepper placed second in the pole vault by clearing 10'6".

Ramon Griffin placed third in the pole vault by clearing 10'.

Justin Lawrence put the shot 36'9-1/2".

These Coyotes and Lady Coyotes did a great job competing at the meet. They all ran hard and had a good time competing even though it was a cold and breezy night. Keep up the good work, you are making us proud.

Missy Coyotes

The Borden County junior high girls track team won the Mustang Relays in Ackerly last Thursday, outscoring the O'Donnell ladies by three points, 129 to 126.

The sprint relay was third with a time of 57.16. Running on this relay were **Pati Rodriguez, Kyla Culp, Laura Stamper, and Shayla Gass.**

The 800 m. relay was second with a time of 2:05.02. The same girls ran on this relay that ran on the sprint relay.

The 1600 m. relay was second with a time of 5:02.04. On this relay were **Pati Rodriguez, Shayla Gass, Bobbie Kempf, and Micah Hensley.**

Bobbie Kempf won the

2400 m. run with a time of 10:22.76, she won the 800 m. run with a time of 2:52.41. She also threw the discus and placed seventh with a distance of 55'31/2".

Dalene Kempf won the 1600 m. run with a time of 6:58.32. She was third in the 2400 m. run with a time of 10:59.67. She also threw the discus but did not mark.

Micah Hensley won the 100 m. hurdles and set a new meet record with time of 17.80. Micah won the 200 m. hurdles and set a new meet record there, replacing her old record she set last year at the meet with a time of 33.42. Micah was second in the triple jump by only 1/2

inch. Her distance was 30'3-1/2". She won the long jump with a leap of 14'2".

Laura Stamper was third in the 100 m. hurdles with a time of 19.65. Laura triple jumped 26'2-1/2", and she participated in the long jump.

Michele Bond ran the 100 m. hurdles in 20.88, she ran the 200 m. hurdles in 37.37 and placed 5th.

Carolina Arellanas ran the 100 m. dash in 15.8, she ran the 400 m. dash in 78.73, and she ran the 200 m. dash in 33.14. Carolina placed 6th in the triple jump with a distance of 27'6-1/2".

Thelma Balaque ran

Cont. to pg. 3

Sands Relays

Missy Coyotes

Cont. from pg. 2

the 200 m. hurdles in 45.50.

Kylia Culp placed 5th in the 200 m. dash with a time of 31.95, and in the long jump she went 12'2".

Alexis Brooks participated in the shot put and the discus.

These girls did a great job bringing home the team trophy. Every girl does her best and knows that every point counts to achieve the meet champion-

Coyote Pups

The Borden County Pups traveled to sands Thursday, March 25th to compete in the Sands relays. After the field events, the Pups had a seventeen point lead on their nearest competitor as they tallied 48.6 points in the six field events. The Pups' nearest competitor was eventually relay champion, Midland Trinity. The Pups however, ran out of gas as they could only muster 18 more points in the running events to finish a distant fourth in this nine-team track meet. This however was a very respectable showing for the young pups, as they improved their times and distances in several events, and that is what track is all about. T.J. Sharp and Talin Pepper each had very big days as they brought home seven medals between them.

Below are the times and distances of the Pups track team:

T.J. Sharp - shot put, 40'3" 1st place; long jump, 16'3" 2nd place; discus, 110'1" 3rd place; triple jump, 33'7" 3rd place; 400m relay, 53.86, 6th place.

Talin Pepper - pole

vault, 7'6" 1st place; high jump 4'10" 4th place; 400 62.88 2nd place; 1600 6:26.6 3rd place 400m relay 53.86 6th place.

Dwain Wright - pole vault, 6'0" 4th place tie; long jump 14'5"; 800 2:52.4 8th place; 400 relay 53.86 6th place.

Evan Winegarner - long jump 14'2"; triple jump 26'1"; 2400m run 10:17.1 7th place; 1600m run 7:04.7

Kyle Pinkerton - shot no mark; discus no mark; triple jump 27'5"; 100 14.83.

Brionne Jackson - discus no mark; 100 16.29.

Tanner Poole - shot no mark; 110 IH 23.5 5th place; 300 LH 59.09.

John Stamper - 400 relay 53.86 6th place; 300 LH 57.08.

Clay John Anderson - 400 79.17; 200 33.13.

Andy Lozano - 400 84.566; 200 34.20.

Cade Peterson - pole vault 6'0 4th tie; 100 15.47; 200 33.63

Kevin Ellison - 800 3:14.12.

These young men did a super job of competing Thursday, and I took forward to seeing how much they improve as the year goes on. Good job guys, and thank you for your superior effort.

Borden student wins honor

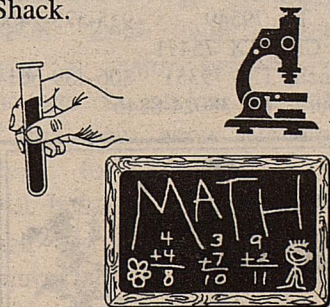
Borden County High School student Jeff Dennis has received recognition through the Radio Shack Tandy Scholars program.

Dennis received a certificate recognizing him as an outstanding math/science/computer science student.

The Tandy Scholars program promotes innovation, quality, and competitiveness in math and science programs in high schools across the nation.

Dennis was one of 42,000 students to receive certificates of recognition this year. The Tandy Scholars program also awards a total of \$350,000 in cash and scholarships each year to teachers and student who have achieved excellence in all areas of mathematics, science and computer science.

"I have absolute faith that great things will come from the brilliant minds of this year's student and teacher recipients," said Leonard Roberts, president and chief executive officer of Tandy Corporation/Radio Shack.



Date	Location	Event
April 1	Wellman-Union	Jr. High
April 2	Wellman-Union	High School
April 8	Sands District	High School
April 12	Wellman-Union	Jr. High
April 16	Abilene Wylie	
	SUB-REGIONAL	High School
April 20	Borden Co	J.H East Zone
April 30	Abilene Christian-	
	REGIONAL	High School
May 1	Abilene Christian-	
	REGIONAL	High School
May 14-15	Austin - STATE	High School

Texas High School Lone Star Cup Leaders for Athletic & Academic Excellence

UIL/Texas Dodge Dealers announce update #2

The University Interscholastic League (UIL) has announced the leaders in the second update for the Lone Star Cup, presented by the Texas Dodge Dealers. The Lone Star Cup was established in 1997 to honor the best overall athletic and academic programs in Texas, open to all 1200 UIL member high schools.

The Lone Star Cup will be presented to one school in each of the five UIL classifications (5A, 4A, 3A, 2A, and 1A) in June 1999. High schools accumulate points based on their performances in District and State championships. The winning schools in each classification will receive the Lone Star Cup trophy and a \$1,000 scholarship presented by Texas Dodge Dealers.

The second in a series of four standings "update" follows, as well as the update release schedule:

Update #2

Classification	School	Cup Points
5A	1.) Amarillo	50
	2.) Conroe	
	The Woodlands	46
4A	Humble Kingwood	46
	3.) Duncanville	36
	1.) Southlake Carroll	52
3A	2.) Dallas Highland Park	46
	3.) Corpus Christi	
	Calallen	32
2A	1.) Poth	39
	2.) Celina	32
	Hughes Springs	32
1A	3.) Three schools tied	30
	1.) Gail Borden Co.	32
	Moulton	32
	Windthorst	32

2.) Rocksprings	28
Tenaha	28

- Update #1:** 1/4/99
Cross Country, Volleyball, & Football
- Update #2:** 3/29/99
Wrestling, Swimming & Basketball
- Update #3:** 5/21/99
Soccer, Golf, Tennis, Track & Field & State Academic Meet
- Update #4:** 6/18/99
Baseball and Softball

These standings were also broadcast on FOX Sports Southwest via the "High School Xtra" show on Saturday, March 28 at 9 a.m. CST. Tabulations will be verified and maintained throughout the year by Dallas-based Universal Sports America with assistance from the University Interscholastic League.

Menu

Lunch: \$1.00 K-6th.
\$1.25 7th-12th.
Breakfast: .50c

April 5th - 9th.

MONDAY: Fajitas, Beans, Salad, Fruit Crisp & Milk
Breakfast: Eggs & Ham, Toast, Juice & Milk

TUESDAY: Cheeseburger Mac, Spinach, Green Beans, Hot Rolls, Jello & Milk
Breakfast: Cinnamon roll, Fruit, Juice & Milk

WEDNESDAY: Vegetable Soup, Grilled Cheese, Pickles, Fruit & Milk
Breakfast: Pancake Pup, Fruit, Juice & Milk

THURSDAY: BBQ Franks, Potato Salad, Corn on the Cob, Bread, Pudding & Milk
Breakfast: Cereal, Toast, Juice & Milk

FRIDAY: Cheeseburgers, French Fries, Salad Cup, Cookies, & Milk
Breakfast: Muffin, Fruit, Juice & Milk

Plans underway for year 2000 All School Reunion

Help is needed for up date on addresses and other information

It is time to begin making plans for the 2000 Borden County I.S.D. Ex's Reunion. The information and mailing list needs to be updated since the last reunion in 1995.

A list of class member will be printed in the paper for the next few weeks in effort to make any changes in addresses (such as, relocation, the post office has changed your address, or your children have moved away from home or have married). Your help is

necessary in this addressing because we don't want anyone to be left out and this is the only way to get them the information.

Also a volunteer from each past class is needed to help with information on class members that ever attended school here and their addresses. If you would like to help make sure your class is well represented, please contact Judy Kingston at Rt. 1, Box 118, O'Donnell, TX. 79351 or call 806/439-6686.

Below is the first list. Please help us make sure everyone is contacted.

Also we need up date on the list of deceased teachers, employees and students of BHS. If you can furnish any information on the dates and anyone that may not be listed please contact Judy Kingston at 806/439-6686 or leave a message on the answering machine and she will get back to you. Your help in filling out all of this information is greatly needed and appreciated.

Class	Name	Address	City	State	Zip	Phone
'53	Mathies, Margaret (Sexton)	6809 Hazen,	Houston, TX	77074		
'53	Murphy, Brent	HC 72, Box 51,	Ira, TX	79527		915-573-5002
'53	Staggs, Bill Dawson	302 West Coal	Hobbs, NM	88240		
'53	Worley, James "Whistle"	Rt. 2 Box 2060	Alto, TX	75925		409-858-4790
'58	Carlisle, Richard	1605 Wilma Lane	Arlington, TX	76012		
'58	Conatser, Peggy (Moser) & Jim	P.O. Box 1407	Andrews, TX	79714		
'58	Dodd, Donald	1305 Azella Lane	Sulphur Springs, TX	74482		
'58	Dodson, Leona					
'58	Henderson, Doris (Franklin) & A.J.	2305-43 rd ,	Snyder, TX.	79549		915-573-5138
'58	Kingston, Judy (Doyle)	Rt. 1, Box 118	O'Donnell, TX	79351		806-439-6686
'58	Ledbetter, Norman & Rhonda	P.O. Box 475	Tahoka, TX	79373		806/998-4438
'58	Miller, DeeLavern (Franklin)	710 Scenic Drive	Baytown, TX	77521		
'58	Porter, Cooper					
'58	Reddell, Jerry & Betty		Lubbock, TX			
'58	Reeder, Janice (Ernest)	Rt. 5, Box 48	Dublin, TX.	76446		254-445-2717
'58	Spear, Delores					
'58	Spies, Gene	720 E. 112 th . St.	Littlefield, TX	79339		
'58	Spies, Jerry	1042 Palmetto. Ave.	Pacificio, CA	94044		
'58	Vandergriff, Virginia (Henderson)	P.O. Cramer, 1767	Springtown, TX	76082		817-220-6631
'58	Vaughn, Ruben & Helen	Rt. 1, Box 365-B	Snyder, TX	79549		915-573-2406
'58	Walker, Travis	P.O. Box 96	Arthur City, TX	75411		
'58	Williams, Mary Lynn (Staggs)	Rt. 1, Box 140	O'Donnell, TX.	79351		806-439-6614
'58	Zedlitz, Ray	670 Pierce Road	Dyersbury, TN	38024-8846		

	Name	Year of Death
Administrator	James McLeroy	1997
Administrator/Teacher	Lester Hollis	
Teacher	Bobby Gray	
Teacher	George Rice	
Teacher	Ruby Hollis	
Teacher	Pauline Cox	
Teacher	Eunice Yadon	
Teacher	Ann McLeroy	1998
Coach/Teacher	Cliff Prather	
Employee	Bishop	
Employee	R. C Vaughn	
Employee	Mrs. Vaughn	
Employee	Corky Ogden	
Employee	Ralph Martin	1992
Employee	Edna Buchanan	1998
Employee	Waldine Martin	1998
Class of:		
1954	Jerry Ross Smith	1989
1954	Jim Cary	1961
1954	Nell Kingston (Scott)	1994
1955	Pat Porter	1992
1957	Barbara Sharp	1957
1959	Wilson Walker	1992
	Gray Parks	
1960	Rodney Cline	1997
1960	Ronald Martin	
1961	Terry Miller	1988
	J.D. Junek	
	Charlotte Wallace	
1963	Tony Curry	1990
1965	Jerry Smith	1994
1966	John "Tooter" Whitmire	
	Kent Campbell	
	Stanley Bennett	
1966	Blane Turner	
1967	Michael Smith	1994
1967	Linda (Perry) Stanford	1999
1969	Ronny Proctor	
1970	Debby (Dennis) Awtry	1997
1971	Tommy Lockhart	
1971	Jimmy Hodge	1995
1971	Jimmy Hagins	
1971	Robert Killough	
1972	Ken Don Jones	1995
1972	Larry Zant	
1973	Randell Crittenden	
	Bonnie Pippin	
	Carmel Dworaczyk	
1974	Frank Farmer	1989
1974	Bobbie Briggs	
	Martin Baeza	
1981	Michael Massingill	
	Stephanie Merrifield	
	Charlie Lusch	
1988	David Holmes	1986
1989	Georgia Garcia	
1990	Armando Soto	
1990	Chad Williams	1987
1991	Jarrett Stanford	
1994	Brandon Adcock	1991

If you know the dates for any of these students or personal, please contact us so we can have all the the correct information.



You Are Invited!





Plains Cotton Growers, Inc.

42nd Annual Meeting

April 9, 1999 • 8:30 a.m. Registration
Lubbock Mem. Civic Center Theater • Lubbock, Texas

Featured Speakers:
Billy Dunavant, Jr.
Congressman Charles W. Stenholm
State Senator Robert L. Duncan

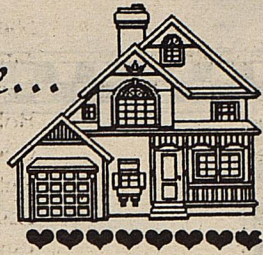
In Conjunction with the
 Texas Cotton Ginners' Annual Meeting & Cotton Trade Show • April 8-9 • Lubbock Mem. Civic Center

Mammography Unit Coming to Gail

The Mobile Mammography Unit will be in Gail on Thursday, April 15th. at Borden County I.S.D. If you are interested in having a mammography done, please contact Kim Thomas, school nurse at 806/756-4313 to schedule an appointment.

Heart and home...

By Julie D. Mumme
Borden County Extension Agent -
Family and Consumer Sciences



Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. the Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating.

Walk Across Texas Kick-off

Anyone interested in participating in the Walk Across Texas Fun & Fitness program is invited to attend the kick-off event on Monday, April 5, at 6:00 P.M. in the community building. We will be registering teams, and participants will have an opportunity to have their blood pressure and glucose checked by Borden County EMS volunteers. A brief orientation will take place following registration. If you are not going to be able to attend, we ask that you please contact the Extension Office so that we can get your registration formation, and place you with a team. If you would like more information, please contact the Extension office at 806/756-4336.

Walk Across Texas!



A Fun and Fitness Program
brought to you by
Texas Agricultural Extension Service and
Texas A&M School of Rural Public Health

To find out how you can
Walk Across Texas,
call your county Extension office.

Good Common Scents

Aromas can be enticing, but more importantly, they also affect how your food tastes. There are many reasons to appreciate aromas. Independent researchers found that people who take a moment to fully experience food aromas feel full more quickly, and may eat less - which can lead to losing weight. Try this sample test. Hold your nose and take a bite of an orange. The let go of your nose and inhale. You should notice a big difference. Remember this next time you cook or bake, and make sure to experience both the flavors and the aromas of your meal.

If you are looking to beat stress, the remedy is right under your nose! For centuries, people have been using fragrance to perk up, relax and improve their

state-of-mind. Today, any people believe certain scents can be powerful tools in combating everyday stress. Below you'll find a short list of ideas from various resources and experts on scent. You can usually find these essential oils in health food or specialty stores. Sprinkle oil in potpourri, your bath or try a dot on your wrist; then sit back and relax, allowing the scent to carry you to another place. (Please keep in mind that these oils are concentrated and are meant for external use only. Some may cause an allergic reaction, and should be used sparingly. Also, keep them away from food.)

Calming:
Lavender
Comforting:
Chamomile

Open Letter

An Open Letter to Permian Basin Growers and Landowners:

We are at pivotal time in the fight against the boll weevil. As you cast your ballots in the Permian Basin Zone Eradication referendum, we are working diligently in Austin to secure state cost-share funding for the program.

Already our enabling legislation for a cost-share program, S.B. 448, has passed the full Senate and the House Committee on Agriculture and Livestock. The full House should take up and consider the measure soon.

The first component of actual funding, the emergency appropriations bill, has passed both houses and been signed into law by Governor Bush. The bill contains \$25 million for boll weevil eradication activities, a portion of which will be available for start-up expenses in new zones.

Most significantly, we are pursuing the inclusion of \$50 million for the next budget cycle to fund a cost share program in new eradication zones. The outcome of the Permian Basin Zone vote could have a major impact on the success of our pursuit. If the new acres are not ready for a program, it will be tough to make the case for this significant appropriation.

I realize that times have certainly been better in the cotton industry and that any assessment is another expense to consider in planning the finances of

your farms. However, we know that boll weevil eradication works. It worked in the Southeast and West, and is working in the Rolling Plains and Coastal Bend.

I want each of you to know that if the growers and landlords in the Permian Basin Zone want an eradication zone, I will work to ensure that state funding is available. I firmly believe that the weevil is the biggest threat to our state's #1 cash crop and that all efforts to eradicate it are of the utmost importance to our state.

If I or my staff can be of assistance, please don't hesitate to call. I look forward to working with all of you for the future of Texas' bedrock industry, agriculture.

Very truly yours,
Robert Duncan
Texas State Senate
District 28

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EMS Memorials

In Memory Of:

Edward Smith

Mr. & Mrs. Ralph Miller
Mr. & Mrs. John Wilson
Mr. & Mrs. Joel Dennis
Mr. & Mrs. Larry Smith

Joyce Cantrell

Mr. & Mrs. Larry Smith

Linda Perry Stanford

Mr. & Mrs. Joel Dennis



SEEDS FROM THE SOWER®

Michael A. Guido Metter, Georgia

Mark Twain wrote, "This life is a losing proposition; nobody gets out alive."

But Christ got out alive. Now, for the Christian, death is no dead-end street, but a door of hope. Because He lives, we shall live.

Think of it! Christ is our living Lord, not a legendary leader; our contemporary Companion, not a confined Christ; He is approachable and available.

Because He is our living Lord He's with us in our loneliness to cheer us, in our perplexity to guide us, in our sorrow to comfort us, in our temptation to strengthen us, and at death to bring us to heaven.

Life without a risen Christ is a hopeless end, but with Him an endless hope!



May this Easter remind us of the peace and renewal of His love. It's a time to celebrate the beauty of life.

Easter wishes from
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Texas Stories

A showcase of the Texas Spirit

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25 Years of Loblolly

Gary, Texas is a small community in Panola County. I mean small. Less than 300 people live there. But the high school at Gary has done something that few other schools of any size have done. It has produced a little publication called Loblolly for a quarter of a century. It is time to celebrate.

Loblolly, named for a type of pine tree that grows in the forests of East Texas, is dedicated to the collection and preservation of Panola County history, culture and folklore. It has received state and national recognition.

In 1972, Lincoln King, a teacher in Gary High School, heard about Foxfire, a book by high school students in Rabun Gap, Georgia, containing oral histories of people in Appalachia. Lincoln was impressed with these words in the beginning of the book: "Daily our grandparents are moving out of our lives, talking with them the magnificent hunting tales, ghost stories and their experiences of suffering and sharing and building and healing and planting and harvesting. If this information is to be saved, it must be saved now; and the logical researches are the grandchildren, not university researchers from the outside. In the process, these grandchildren, (and we) gain an invaluable

unique knowledge about their own roots, heritage and culture."

Lincoln King took those words as a challenge. He thought, "Why can't we do that here in Panola County, Texas?" He had a group of enthusiastic freshmen and mentioned the idea to them. They jumped at the chance to produce a little magazine. By selling ads and subscriptions, the students raised enough money to buy a tape recorder and make the down payment on a typewriter.

Soon small groups of students began going out daily, recorders and cameras under their arms, to work on interviews with old people. After their initial nervousness, they discovered the people were glad to share their stories and that the generation gap was just a myth.

During class time, students transcribed the tapes. Working from handwritten transcriptions, the students selected the best portions to be included in the articles.

When the first issue came out in April of 1973, community response surpassed all expectations. The first printing of 500 copies sold out almost immediately and Lincoln ordered a second printing.

To date, fifty-six issues of the six-by-nine inch magazine have been published. The students have also produced five

books: Loblolly Books I & II, The Loblolly Cookbook, the Loblolly Book of Baseball and the latest one, marking the silver anniversary, Loblolly Looks at Panola County. The latter is available for \$20 at Loblolly, Box 189, Gary, Texas 75643. It reflects some of the best material collected since 1973.

Lincoln says the project has given students opportunities to grow in ways not often seen in traditional learning situations. "It has been exciting for me to see students from a small school like Gary present programs for teachers and others at state level conferences. They have learned to communicate and participate in an adult world successfully. Isn't that the goal of education?"

congratulations, Loblolly. You've really done something!

**Don't forget to
Spring Forward
Sun., April 4th**



It's A Boy!

TAYLOR, TANNER, AND TATUM

PROUDLY ANNOUNCE

THE ARRIVAL OF THEIR NEW BROTHER

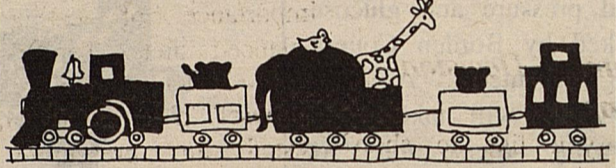
JOHN TRACE

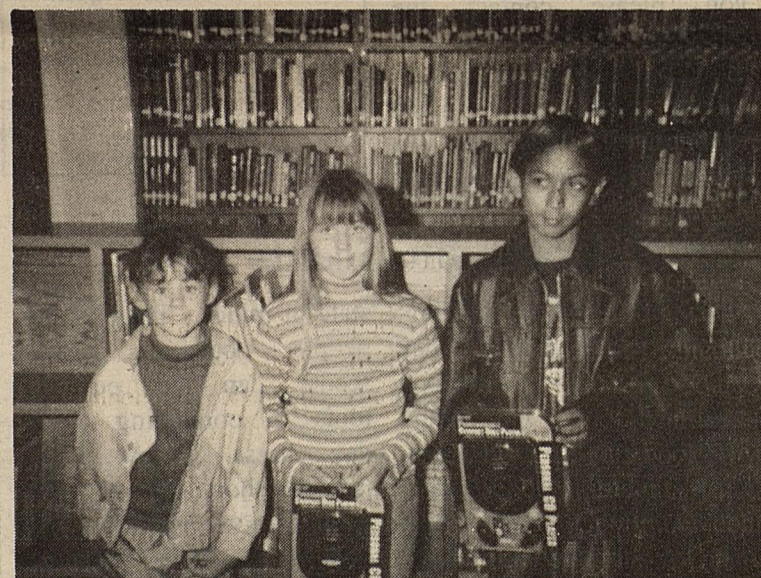
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Accelerated Readers receive prizes: Three elementary students have earned enough points to receive their gifts in the AR reading program. (L. to R.) second graders, Jessica Pelham, gift certificate, and Krystal Hobson, C.D. player. Fifth grader, Jesus Gonzales, C.D. player.

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BORDEN COUNTY 4-H NEWS

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Courts of Texas Cooperating

4-H Round-up Opportunities

4-H Round-up is an opportunity for 4-H'ers to compete in areas ranging from consumer decision making, method demonstrations, share-the-fun, horse bowl to public speaking. These competitions are for youth ages 9 to 19. The district competition is on Saturday, May 2 in Levelland. If you would like to participate in any of the events, please contact the extension office at 756-4336 as soon as possible.

Consumer Decision Making

Do you like to shop? Would you be interested in learning how to get the most out of your money?

Then consumer decision making is for you! If you would be interested in participating in this fun and educational competition, please contact the extension office.

Method Demonstrations

Method demonstrations are brief, informative presentations on a particular subject (for example: first aid techniques, what mesquite trees do for livestock and wildlife, or even the importance of eating a balanced diet). Topics for method demonstrations are endless! If you are interested in presenting a method demonstration, whether by yourself, or with a partner, please

Low-Level Bomber Training

Cont. from pg. 1

finished by saying, "I can promise you one thing, B-1 bombers don't mix well with, ranching, farming, hunting, horses, grand kids or sleeping good at night."

H.E.P.A. urges all interested parties to attend our hunting industry. I can tell you that it will cost us all big time. My hunters have already told me not to count on them back next year if those bombers are overhead" said Buster Welch, "plus, they didn't even study how the noise will affect our cattle." He

the public hearing on April 7th at the Snyder High School Auditorium at 5:00 p.m. This will be your only chance to be heard!

Contacts:
Buster Welch, President
H.E.P.A., INC.
(915)735-3289

Frank Bond
Attorney
(505)988-4476

John Oudt,
Chairman Legal Committee
H.E.P.A., INC.
(817)737-4815

contact the extension office for more information.

Horse Quiz Bowl

The horse quiz bowl is another event in which you can compete at round-up. It provides an opportunity for you to increase your knowledge of horses and the Texas 4-H Horse Program. You do not have to own a horse to participate. If you would

like more information about this opportunity, please contact the extension office.

Share-The-Fun

Yet another event that takes place at round-up is share-the-fun. You "share-the-fun" of 4-H with other youth by using your talents, either individually or in a group. There are

seven categories: comedian (individual), poet (individual), vocal (individual or group), musical (individual or group), dance, (individual or group), drama (individual or group), and celebrate 4-H (individual or group). If you are interested in participating in Share-The-Fun, please contact the extension office.

Easter '99

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Protect the 'Flag of Freedom'

Cont. from pg. 1

touched my withered body with his hands and his heart. His love instilled in me a will to live, and I fell at his feet and shed my first tears in five years. He knelt by my side and gently wiped them away with his handkerchief.

It was only later, after he had gone, that I realized that his handkerchief was a small American flag, the first I had ever seen. It became my flag of redemption and freedom.

For more than 50 years I have cherished that flag. It represents the hope, freedom and life that the American soldiers returned to me when they found me, nursed me to health, and restored my faith in mankind. That is why today, I am working to help pass an amendment to Constitution to protect our flag from physical desecration.

The memories of those heroes who liberated me will forever be a part of me. I show my gratitude to them for delivering me from hell every time I salute the flag that was theirs and today is mine.

Even now, 54 years later, I am overcome with tears and gratitude whenever I see our glorious American flag, because I know what it represents not only to me, but to millions around the world.

Most of us have come here in search of freedom. The flag that we wave today has a very special meaning to me. It reflects the hope and freedom I have enjoyed for the past 50 years.

My great appreciation of the American flag is coupled with my gratitude, and my admiration of the American soldiers who found me, freed me from the Valley of Death, and restore my faith in God, in mankind, and gave me THIS Flag of Freedom.

Those who come from dictatorial societies never forget how precious the Flag of Freedom is to them.

Perhaps only those who have had their humanity brutally torn from them as I did can fully appreciate this great country and what its flag represents. Yet every American, out of deference for the sacrifices that purchased and maintain their freedom should revere and honor our flag.

Protest if you wish. Speak loudly, even curse our country and our flag, but please, in the name of all those who died for our freedoms, don't physically harm what is so sacred to me and, to countless others.

When you harm our flag, you violate my freedom to protect what once protected me, liberated me, restored my human dignity and wiped away my tears. The price of desecration is too high. I support a constitutional amendment to preserve America's dignity, America's values, and America's flag.

God bless America, and God bless our flag.

Stephan Ross, a retired senior staff psychologist for the City of Boston Community Schools, spoke these words at a hearing on a flag-protection constitutional amendment, House Joint Res. 33, before the Constitution Subcommittee of the U.S. House Judiciary Committee. Ross testified at the invitation of The American Legion-founded Citizens Flag Alliance, and advocate for the amendment comprised of more than 130 civic, fraternal and veterans groups representing nearly 30 million Americans.

The proposed 28th Amendment - "The Congress shall have power to prohibit the physical

desecration of the flag of the United States" - passed in the House by a vote of 310-144 last session, but did not come to a Senate vote. Reps. Randy Cunningham of California and John Murtha of Pennsylvania introduced HJR 33. Sens. Orrin Hatch of Utah and Max Cleland of Georgia introduced the companion measure, Senate Joint Res. 14. A two-thirds vote in favor of the amendment in both houses

of Congress will send the measure to the states for ratification. The U.S. Supreme Court in 1989 invalidated federal law and the laws of 48 states banning physical desecration of the U.S. Flag.



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DON'T LET THEM CONFUSE US - THE AIR FORCE STILL WANTS OUR LAND!

Last week the U.S. Air Force released the Draft Environmental Impact Statement for the proposed low-level bomber training site in our area. The Air Force wants to turn our eight county areas into one of the biggest bomber training sites in the country.

If the Air Force is successful, multiple Training operations from around the Western U.S. will be combined and concentrated over our home and land.

PROPOSED BOMBER TRAINING SITE

Recently, many local newspapers and TV stations reported a misleading story suggesting that the Air Force had changed their minds. This is not the case. They still want our land!

The Air Force has concluded that the proposed bomber training in our area will likely have no effect on land use, recreation and property values.

Who are they Trying to kid?

Let's not be suckered into accepting that changes of the magnitude being proposed will not have a significant impact on our lives. Our noise expert, former US Air Force Academy professor William Weida, says that the formulas used in the impact study intentionally underestimate the noise from low-level B-1 bomber that will be flying over our area.

We need to tell the Air Force our concerns. The public hearing is one of our last chances to stop them. Let's fight the proposal to turn our land into the most active bomber-training site in the country! Come to the Public Hearing to show your concern.

Don't let them think that we don't care!

What:
Public Hearing-The U.S. Air Force will be holding a hearing on the proposed establishment of the low-level B-1 and B-52 bomber training site over our land.

When:
Wednesday, April 7th, 5:00 - 9:00 p.m.

Where:
Snyder High School Auditorium - located at 3801 Austin Avenue in Snyder

Note:
This is the only hearing in our area

SAVE OUR ECONOMY! STOP THE BOMBERS!

H.E.P.A. Inc. * Borden, Dawson, Fisher, Lynn, Garza, Kent, Scurry and Stonewall Counties

FOR MORE INFORMATION CALL H.E.P.A., Inc. 915-735-3289