

## Energy prices protest mounts

## Contest still isn't over

Carter holding statewide lead in Florida Democratic caucuses

| $1 / \mathrm{AP}$ | said Carter was "very pleased" with his | identical slates. |
| :---: | :---: | :---: |
| wide lead in Florida's Democratic | ng. Rain in populous parts of the state | Neither tally was expected before |
| uses. but after all the hard work. | the 50.000 | Tuesday. leaving the final total in doubt. |
| pla and money, the tallying still |  | de. |
| wn to the luck of the draw. |  | Carter could widen his lead and claim a |
| I don't kn | Kennedy supporter and |  |
|  |  |  |
| Chairwoman Monnie Yungkans Rockledge |  | Dade delegates' who favored Carter but |
| But, somehow. fate tonight will break a |  |  |
|  |  | er. |
| moc-atic State Convention for |  | certain to win the |
| binding presidential straw ballot |  |  |
| George H. Canada. a M | Petersburg. The winner will get to vote | ing support from Gov. Bob |
| who favors President Carter | with 877 other delegates chosen Saturday | Graham and other members of the Florida |
| W. Rabb. a Merritt Island aerospace | and 839 non-elected delegates - p | establishment who will make up the "automatics. |
| Hennedy. D. Mass | leaders. appointees | The draft-Kennedy forces suff |
| They are vying for one of the delegate |  | late Sunday when Palm Beach |
| ts that has not been officially | e blocs still untallied were | County, which they had hoped to carry. |
| ults | Carter |  |
|  | ran very close. and the 116 -member | but 10 members were also on Carter's slate |
| ed 376 delegates for Carter. 119 edv. 51 for AFL.CIO slates and | on in Fort | and two were on Kennedy's. |
| mmitted | conceded to the senator because the | The labor-Kennedy delegates ran |




[^0]Weather
The weather forecast calls for partly cloudy skies
Monday with a ssight chance for showers. Cond ditions
will dicher will become fair Tuesday. The high Monday and
Tuesday will be near 80 : Monday's 1 ow will be near Tuesday will be near 80 Monday's low will be near
50 Winds will be westerly to southwesterly.
Sunday shigh was so



Canadian fires subdued CANADIAN - A huge warehouse, owned by
United Mud and filled with highly flam mable cottonsed hull, was gutted by a weekend fire that
was still smoldering aut presstime wasstill lanoldering a presst time M Monday
The baze, intense nough to cripple efforts to put
 behind the warehouse. Fanned by gusting
northeast winds, the fire quickly spread to the
 explosive
manaed to avert the perasssible explosion, when
could have meant serious damage to the the city's southwest side The huge fire virtually levelled the ware house
 tracks. Once the cars were moved by santa Fe
crews. firemen were able to halt the fire. thus avering the explosion.
Recky Tennant. United Mud manager, was on a deer hunting trip to Colorado and was una ware of
the loss. John Sirmens. United Mud em ployee, who spent most of the weekend with the volunteer
firemen at the scene estimated dam ages could run firemen at the scene. estimated dam ages could run
as high as s.200.000 United Mud has another asatho sul full of oil-filled material at its ontice in
Industriai Park. No serious injuries were reported except for
several scorched hands and faces belonging to several scorched hands, and faces belonging to
members of the Canadian Volunteer Fire Department.
Units of the fire department had just left the
scene of the scene of the warehouse fire Sunday afternoon when
anothei large fire was reported near Glazier. The huge grass fire eroke out about 1 p.m. Sunday on
the northwest side of Glazier on the east side of the northwest side of Glazier on the east side o
Farm Road 305 . The fire. fanned by gusty winds, quickly jum ped
the road and burned out of control most of the afternoon. destroying hundreds of acres o
sagebrush in its path. It took all a vailable units
from Canadian from Canadian. Gem city, Briscoe. Higgins, Follet
and Darrouzett to finally contain the blaze early and Darrouzet
Sunday night.

## Tom Corrigan was looking at the snow falling in Boston. the first snowfall of the year. gauging how it <br> incities throughout the South for the day of protest. Local citizen groups are being encouraged to .do Local citizen groups are being eneeouragetest. to. . their own thing." and Dupree said hes seen swamped. <br> influence of the oil lobby in Washington." said Bob Brandon of the Citzen-Labor Energy Coalition, the organization the Citzeneading the teativitites.

 Boston. the first snowfall of the year. gauging howmight influence his part of this week's 50 -city citizens protest against "Big oil.".
It could help the turnout. decided the New England It could help the turnout, decided the New England
field coordinator for Wednedys. Campaig For
Lower Energy Prices." October's early spow was a reme Energy Prices. Octobers early snow was a
reminder of New England's heavy reliance on heating
oil - a fuel whose price has almost doubled since the oil - a fuel whose price has almost doubled since the
start of last winter.
.The "The price
Corrigan
In Louisville. In Louisville. Ken Dupree has been helping local
groups organize rallies, marches and demonstrations
"Tm frankly hard-pressed to deal with the
tremendous response we ve potten People all over are tremendous response we ve gotten. People allo over are
clearly very angry about the price of eneryy and have Clearly very angry about the price of energy and have
reached the point where they re going to demonstate that anger." "Dupree a aid.
Altogether. some 200 Allogether. Some 200 labor. citzen and consumer
groups - as disparate as the Gray Panthers, the NFI Proup- - as disparate as the Gray Panthers. $\ln$ NFL are particisatitiation in the nationwide protest
This is a vehicle for people locally to express their
outrage in a way
This is a vehicle for people locally to express their
outrage in a way that will help counter the enormous

William Winpisinger, coalition chairman and
president of the International president of the International Association of
Machinists. calls the campaign a national prassonts Machinists. calls the campaign a "national grassronts
organizing effort" designed to force government action organizing efiort des
to lower energy prices.
Winpisinger is also coordinating a national effort to
draft Sen. Edward $M$. Kennedy for draft Sen. Edward M. . ennedy for the e 1980 Demorcratic
presidential nommination and many of the postious presidential nomination and many of the position
advocated by the coalition are those which have beel advocated by the coalition are those which
long espoused by the Massachusets DemocraL
Rogers was pronounced dead at the scene of
here
Wheeler man dies in shooting

| EE | Rogers was pronounced dead at the scene of |
| :---: | :---: |
| Sunday left a Wheeler man dead and his wife in serious condition at St. Anthony's Hospital in | the 4 p.m. shooting by Wheeler County Justice the Peace Jean Rushing |
| Amarillo. | His wife was taken to St. Anthony's wh |
| Neil W. Rogers and his wife Ruth, both 3 | underwent surgery late Sunday |
|  | wounds to the chest and leg. She |
| got into an argument at the Richard Porter | serious cond |
| residence nine miles south of Wheeler. Rogers | Two guns. both 38 specials. |
| shot his wife and then was shot to death by Mrs. | shootings and were recovered |
| Rogers' brother (Portér). Wheeler County | Ramsey said. |
| Sheriff Doyle Ramsey said. |  |
| ved." Sheriff Ramsey said. "I doubt that | istics tests will follow |
| charges will be filed in the case but the | jury investigation. Ramsey sid |
| investigation is continuing. We're still trying to | Funeral services for Rogers are p Wright Funeral Home |



## OPINION PAGE

## Gold inflation factor

## Strikes inflict injury on the innocent

A union of farm workers has been trying
It began in July and lasted 11 weeks. way in the west are so worn out and It it impósibe to say how much these


## Today in history



on this data in ingat the Russian
 On hits atale
In ing famed German syy Masa tari In Inat. Hermann Gaering: Hiter's

 Signed the obil ireating






## Accuracy secondary

##  unsestling t. resistane.

 commission started its report by faintly praising the U.S
govermment's statistical report on jobs as "reasonably accurate" an wound up asking for 88 changes in it.
The jobless statistics are compiled because the La bor Depart $m$ ent has to have a formula for handing out federal assistance to high
unemployment areas. With large sums at stake. regions and
communties maneuyer to maintain ar reporting system that favors and
the consuraci ys asecondary yoncern.
Thice index is another flawed tederal statistic wit The consumer price index is another flawed federal statistic wit
many eccentricties. For example. it includes the cost of buy ing
house and obining high.interest mortgage but that figure does house and oblaining a high-interest mortga ge. but that tigure does no
accuratelyeflect inflation for renter.
The price index also om its rising income ta xes. although it includes Social Security taxes. whict also are surf ging. When Presisidn tarter
was considering an income tax cut a while back. his advisors ur hed him
$\qquad$ Attempts to
retaining statistical quirks in some particular reporting system.
 atmosphere of deception.



Three coins in a fountain by ART BUCHW ALD

 dolarar as herer experts. predicted we weuld
Millions of dollars paper oness went into research to develop a coin that would
replace the one dollar bill. The Treasury
 the imagination of the American poople
They finally came uo with a foop deeign-a coin came the size of watu a aurter wiop with il
 Apparently a lot more. When the coin
fopped the only thing left or the Treasury

 on swe put int circulation. pepple insist
onst
bout ti? paper dollars. What carn we do
$\qquad$

## Jimmy Carter's learning

## ailing out of the Carter campaign balloon suddenly have landed

 painfully in a thorny political thicket.about 275.000 jobs been frozen out of the patronage gravy linked awmakers. on the other hand, have been asked to make recommendatio
their districts.
The outrage w
But one of the predictale. reluctance to play the traditional game. political weapon, the chagrin among his opponents is caused not by his naivete. but by the evidence that he is beginning to learn

## Letters

## te a c

Dallas picking up pieces after binge

## DALLAAS (AP) - They are gone now - the hoardes that descende on Dallas like an orange and red plague. congesting the city

 Nalias like an orange and red plague. congesting the city'sarteries with a drunken weekend revelry.
The "Big Binge" always precedes the big game: headaches. heartbreak and a long drive generally follow for the losers. parlayed a wobbly pass and a stingy defense into a $16-7$ winSaturday
 Dallas police arrested about 250 persons Friday night and early Saturday morning, intexxicated celecrants plucked from the ribbons
of boisterous partisans. that snaked their way of bisterous partisans that snaked heir way along Commerce
Street.
They emerged from the city lockup Saturday morning, hoarse. fungo over and eager to rejoin the party.
"ll sure looks different in the morning. I time last night.. remarented one mornoling. red must have had a hell of a
The downtown rally is the traditional beginning of the weekend madness that accompanies the annual Texas-oU clash in Dallas.
Thousands of fans. their tonsils lubricated by Thousands of fans. their tonsils lubricated by a tide of whisky and
beer. challenge cach other with biting curses and stumble down Simmerce chanting "Hook' em Horns" or "Boomer Sooner." down
(Ine plainclothes officer was injured by another policeman during he confusion. Said police spokesman Bob Shaw. He said vice control kirlfricnd hit him with a beer bottle. When WWison when tried to subduect the
kirl. a uniformed officer "put it on him.". Shaw said. Pickups. vans, cars and motorcycles decorated with streamers.
paint and sikns - in some cases with paine and signs - in some cases with passengers hanging on for dear
fife - paraded down Commerce. blaring horns adding to the din of
the celcbration The rally came to an abrupt end early Saturday when city water
trucks - called "four flushers" - rolled down Commerce sending a



## Area news briefs

Airport improvements okayed Approval ofscounty equipment and manpower to be used for
impovements to Peerry Lefors Airport was raanted by the Gray County Commissioner's Court during Friday's biweekly meeting.
Richard Morris. of Merriman and Barber Consulting Enginee Richard Morris. of Merriman and Barber Consulting Engineers
presented a general review and planning of future improvement
soupht ty the county Airport Board, including hangar sites and a new
terminal. terminal.
Future $h$
largurchangars would be added at the south end of the airport with
lars at the north end Morris sought the commissioner' sapproval for the county todoth
accual dirt work for sight preparation includuing putting in a base actual dirt work tor sight preparatuonk
material for hangar sights and roaduess. He also explained that approximately 837.000 would be needed if
private contractors were hircd lodo black private contractors were hired todo black topping at the airport .Th
cymmissioners voted to let crunty equipment and manpower b cummissioners voted to pet county equipment and manpower b
used. but the cost of materials for the black topping would have to be
decided decided before that job is begun. Commissioners voted to proceed with the printing of public notices
that are required by law before the 1980 budget can be officially approved. County Judge Carl Kennedy said the court hopes to hav the budget officially approved by the Nov. 16 meeting

Short courses offered
The Paimpa Center of Clarendon Junior College is offering three
new short courses in the adult continuing education program to begin this week
Pottery Making, a
10-week course, will begin Tuesday night at Another 10 -week course being offered is Adult Basic Typing which will also begin Tuussday at 7 p.m. This class is limited to 18 students. Class cost including the book will be 825
A short class of Needle
Point will also be starting Tuesday night at

## Committee asks for testing of recycled waste

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| D) Texas, had subpoenaed shipping records and held public hearing last May in Corrigan. <br> The report said the company did not know the fir disposition of materials sent to small recyclers Louisiana. <br> "The subcommittee discovered that these sm waste oil firms do much of their business with asph contractors in Lousiana and Mississippi, thus it possible that roads in those states may also (y)ntaminated with toxic substances." the report said <br> The study found that the company was negligent the placement of the oil on the Texas roads and water resource department's district office did conduct an adequate investigation <br> The company testified at the hearing that contamination was accidental and the procedur leading to the problem had been eliminated. <br> However. documents ... suggest. at a minimum pattern of negligence on the part of the management the Nederland facility prevailed through Nov. 2. 1978 the report said. <br> It said the accounting controls necessary to prev |
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dumped near Corrigan.
dhe The state investigator assigned to the case told the
subcommittee his check of the company's records subcommittee his check of the company's records
showed proper acceunting and disposal of all yeyanide Ine subcommittee. however. examined the same
records an found it inpossible to track the cyanide records an found
shipments movemnts. The report said the investigator's supervisor was s
convinced of the company's good faith that he convinced of the company's good faith ... that he
theorized (at the hearing) the source of contamination theorized aa the hearing the source of coniamination
to be the failure of a truck driver to propefly wash out a tanker prior to the loading of road oil. Cliearly. these two enforcement officials did on
perform the investigation necessary to insure that the public health was protected." "the report concluded. The comments on the Corrigan road oil were
contained in the subcommittees report on hazardous contained in the subcommitee 's ren.
waste disposal throughout the nation.
"The hazardous waste disposal problem cannot be
overstated." the report said -"Because of years inadequate disposal practices and the absearce of
regulation. hundreds and perthaps thousands of regulation, hundreds and perhaps thousands of these
sites now pose an imminent hazard to man and the

Specialties abound in Texas
'SO' plates identify state officials


## Fite Food


 25 Lbs.



| TUBBS.Vera Louise- $\quad 10$ a.m. Carmichael-Whatley Colonial Chapel: gravesid services. 4 p.m. Enid Cemetery. Enid. Okla |  |
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| s and funera |  |
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| Mrs. McCauley was born Sept. 11. 1905 in Ranger and had been a Wheeler County resident for 20 years before moving to Shamrock $1_{2}^{\prime}$ years ago. She married L.D. McCauley Oct. 26. 1926 in |  |
| She was a member of the First United Methodist Church, the United Melhodist Women and the King Daughters Sunday School |  |
| class.Survivors include her husband: four daughters, Mrs. Marie |  |
|  |  |
| Alderson of Cottonwood. Calif.. Mrs. Edna Joyce Roberts of Manchester. Tenn. Mrs. Patricia Hester of Plano, and Mrs. |  |
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|  |  |
| Funeral services for Vera Louise Tubbs, 73. of 815 N .Somerville, will be held Tuesday at $10 \mathrm{a} . \mathrm{m}$. in CarmichaelWhatley Colonial Chapel with the Rev. Robert L. Williams, pastorof the First Church of the Nazarene. officiating. Graveside |  |
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| She was the widow of Vernie Exline, who died Feb. 20, 1949. She arried Marvin Tubbs in 1959. He died May 27, 1970 |  |
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| sisters. Mrs. Helen Hamilton of Blythe, Calif. and Mrs. Ruth great-grandchildren <br> police report |  |
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| A bicycle was reported missing from the front yard of Debbie K Raymond Manford Douglas of 1204 Kingsmill reported to police |  |
| Raymond Manford Douglas of 1204 Kingsmill reported to police |  |
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|  | ShamRock hisprital |
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|  |  |
|  |  |
| kicked him. Suspects have not been located at this time.The Allsup's at 1900 N . Hobart reported to officers the theft of |  |
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| Meres |  |
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| shom |  |
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| pickup of Richard Greene of 324 N . Banks. The pickup wasreportedly parked in the driveway when the $\$ 500$ worth of tools |  |
|  | fire report |
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| minor accidents |  |
|  |  |
|  | stock market |
|  and unoccuppied at the time of the mishap. |  |
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| city briefs |  |
| Barara: |  |
| Cay ${ }^{\text {a }}$ aranon |  |




JACK HILTON (right) was named as the Pampa a number of brother-sister teams that help delive
News' "Carrier of the Year" recently. He and his an
the News. The Capri Theater also donated 25 show sister Jackie (also pictured) display the $\$ 50$ savings
bond that goos with the award. News Circulation
Manses to this year's top carrier, who is now eligitle
Manager Larry Barrows says the Hiltons are one of . Texas Daily for one on nine $\$ 500$ prizes offered by the

Will leaves $\$ 3$ million estate to aid the blind decide the validity. of o. a. will. scrawled on the backs of old bused to
papers. which leaves most of a $\$ 3$ million estate to aid the blind Just two of Clinton J. Teubert's 35 know
possible beneficiaries in the purported will Teubert was a postal service emportoyee for 50 years. retiring in 1955
as assistant superintendent of finance. He died a bachelor on Feb 14 at at ase 9 . . ot Teubert's kin petitioned Cabell County Circuit Court
Several of have the will declared void IIf successfful) the buik of the estate would
got o them. No date has been set for court arguments got them. No date has been set for court arguments.
The will was discovered shortly after Teubert died. T which assigned most of Teubert's sestate "to onid the blind only." was
tucked away in his desk with miscellaneous tucked away in his desk with miscellaneous papers.
Brenda Wickline Odell. a second cousin. is Teube
Brenna wickine odel. a second cousin. is Teubert's sole relative
in Huntington. She and two of Teubert's friends were chosen as curators tolook through his personal belongings for the will.
Mrs. Odell was on hand the day the purported will was found. b Mrs. Odell was on hand the day the
sherefuses to discuss it. other than to sa
"There is $n o$ will. There is $n 0$ will.." There is no w will There is $n$ n will.".
The will did not include Mrs. Odell
The will did not include Mrs. Odell as a beneficiary. official appraisal on file in the county clerk's office
estate's worth at $\$ 2.9$ million, with 52.8 million in stocks. The fortune includes stock in in American Telephone \& Telegraph C .
valued at $\$ 775.000$. the docu The first page of the will is the reverse side of a 1960 notice to
stockholders of the Union Electric Co. of St. Louis. Mo. The second page is the back of a form used by a local hospital to solicit comment
from discharged patients. from discharged patients.
Attorneys for Teuberts relatives contend that the two pages. at
most. represent a a set of notes he made so he could some day write a most . rep
true will.
 Hua Goes Traveling
$\begin{gathered}\text { Chinese Communist Party Chairman Hua Guofeng } \\ \text { is scheduled to begin a week-long visit to } \\ \text { todance } \\ \text { today Hua succeeded Chairman Mao Tse-tung who }\end{gathered}$ is scheduled to begin a week-long visit to France
today. Hua succeeded Chairman Mao Tse-tung, who
ruled China from 1949, when thecommunists came to ruled China from 1949, when the communists came to
power, until his death in September, 1976. The power, until his death in September, 1976. The
following month, China's top officials elected First
Vice Chairman Hua to succeed Mao To make sure he Nice Chairman Hua to succeed Mao. To make sure he
would keep his job, Hua quickly ordered four of his would keep his job, Hua quickly ordered four of Xiaoping have worked to modernize China' economy and improve relations with other countries, including the United States. Hua is expected to visi
the United States during the next year DO YOU KNOW - What is the capital ERIDAY'S ANSWER
have reached North America about 1000 A.D.

A list of relatives filed with the county clerk shows Teubert teft siv
first cusins. 2 second cousin and d too third cousins. The tivent
relatives named as beneficiaries in the document are first cousins.



Fiesta Crepes en Casserole

eef chuck roast or pot - roas and one - half teaspoon sal 2 haif teaspoon peppe
2 teaspoons allspice
2 teaspoons salt Place beef in pressure pan. add water
and season with 1 and one - half teaspons


## DEAR ABBY

By Abigail Van Buren
DEAR ABBY: As a long-time reader and admirer. I was
shocked at your advice ot the parents of the 12-year-old boy
who, with his parents, had visited relatives in another city











 critcal manil Ireaiededi, didid oot ionse who break the lew


 perents with nextenimy nuxienes. tween the families, was uncalled or. (P.S.
of the Rock Hill, S.C., Herald sees this. So incensed was
with my reply that he wrote an editorial about it.)

- DEAR ABBY:I I have been a widow for 11 years. My sister
and my daughter still remember my wedding anniversary in a quiet way, which I feel is comforting.
However, my son (now married) ne
wedding anniversary.
DEAR HURT It is not HURT a wedding anniversary after one of the couple dies. Perhaps your son remembers the date, but doesn
scknowledge it because he fears it might sadden or depress
you. Let him know that you derive comport from having you. Let him know that you derive comfort from having
those you love remember that ddy. Then if he forgets, you
will have a legitimate reason to feel her will have a legitimate reason to feet hurt.
CONFIDENTIAL TO J.P IN MANKATO: "CPR" is Car-
diopulmenary Resuscitation -a method of maintaining the diopulmonary Resuscitation-a mettiod or a maintaining the
oxygen supply and blood circulation for a person whose
lungs and heart have stopped working. One who lungs and heart have stopped working. One who has stopped
breathing will either die or suffer permanent brain damage our minuter.

Problems? You'll feel better if you get them off your
chest. For a persomal reply write to Abby, Box 69700, Los chest. For a personal reply write to Abby, Box 69700, Los
Angeles, Cal. 90069 , Please enclose stamped, selli-addressed
envelope.

| meat and corn, mixing well. Spoon two tablespoons meat mixture onto each cornmeal crepe and roll to enclose filling. Spread remaining meat mixture in $13 \times 9$. inch baking dish. Place crepes, seam side down. on top of meat. Spoon remaining tomato sauce over crepes. Bake in a moderate oven ( 375 degree F.) for 20 minutes. Sprinkle with cheese and top with olives. Serves 10 . <br> CORNMEAL CREPES <br> 1 cup flour <br> one - half cup yellow cornmeal | 1 and one - half cups milk <br> 3 eggs <br> dash salt <br> oil <br> Combine flour, cornmeal. milk, eggs and salt: beat with rotary beater until smooth For each crepe, pour one - fourth cup batte into hot lightly oiled crepe pan or smal frying - pan: tilt pan to coat bottom evenly Cook over medium heat until top is dull and underside is delicately browned. Turn cook 10 to 15 seconds. Makes 10 crepes. |
| :---: | :---: |
| German Beef Sausage |  |
| Dutch oven three to four hours or until very tender.) Let beef cool in liquid. Skim off fat. Pour off liquid and reserve. Trim separable fat from beef and remove any bones. Put beef through food grinder; add reserved cooking liquid, allspice, and 2 teaspoons salt. Add water, if necessary. until well moistened. Pack into freezer containers, seal tightly and freeze. When ready to use. defrost and slice. Cook in frying pan with a small amount of water until hot. 20 servings. | Serving suggestions: <br> With pancakes: Place one - fourth cup hot beef sausage on a pancake. Fold in half and top with butter and syrup, Garnish with strawberries <br> Skillet dinner: Add 3 cups shredded raw potato and one - fourth cup minced onion to each one cup of beef sausage. Heat in frying - pan until potatoes are done adding water if necessary. <br> Sandwich: Place one - fourth cup hot beef sausage on bun. Top with onion and catsup. |

## PEOPLE

THE PEOPLE'S PHARMACY
Q. I take a $\begin{gathered}\text { By Joe Graedon } \\ \text { multiple vitamin tablet daily }\end{gathered} \quad \begin{gathered}\text { A. There is no earthly reason why a cold should } \\ \text { give your prostate problems. But if your are }\end{gathered}$ Q. I take a multiple vitamin tablet daily
because I don't always eat as well al s should.
Can you tell me how Ishould takeit Can you tell me how I should take it - with milk.
water. or juice? Is it better with or without food. water. or juice? Is it better
and what time of day is best?
My doctor My doctor shrugs his? shoulders and the
pharmacist said it doesn't matter. Does it? pharmacist said it doesn 7 matter. Does it?
A. Your pharmacist is almost right. It usually makes little difference what time of day you take
your vitamin tablet or whether you takei meal. Most liquids. including water, milk or
juice are fine for washing it down juice, are fine for washing it down.
But if $y$ you prefer tea to coffee in Butiry you prefer tea to offee in the morning or
drink iced tea with your other meals. youneed to plan your vitamin taking more carefully. Tea
can interfere with the absorption of some can interfere with the absorption of some
common ingredients of vitamin and mineral
preparations. preparations.

## When you gulp your vitamin pill at breakfast along with a cup or two of tea. you absorb less along with a cup or two of tea. you absorb less than one - fourth of the thiamin (vitamin B1) in your supplement. And if the product you take contains iron. you could be getting as little asten contains iron. you could be e euting as litele percent or less of that important mineral. Research has recently shown that the tannins which give tea some of its special flavor "hook which give tea some of its special flavor "hook on" to thiamin and make it unavailable to the on" to thiamin and make it unavailable to the body. Other researchers have discovered that. tea arevents iren from geting into the system. probably for the same reason. probably for the same reason. If you want to work with your thiamin and iro instead of $a$ against them facilitates their absorption. So you might want to help that tablet down with a tall glass of citrus juice and save the tea for later. <br> Q. Many of us oldsters are bothered by the pesky prostate. When I ask a doctor about it he pesky prostate. When I ask a doctor about it he usually suggests an immediate operation. .m not really having that -much trouble. so O m not eager to gounder the knife. Seems like the only time my prostate acts up is when I have a cold. Are there any "home remedies" that could help me get through those



Renaissance costumes on display at L.A. County Museum LOS ANGELES (AP) - The The show contains some 60 The museum says the exhib
exhibition "Renaissance items. including costumes., was assembled "to display the Costumes and Textiles: textiles. lace. church lavish richness of the $\begin{array}{ll}1450-1620 \text { is on view at the Los } & \text { vestments. Jewely, paintings. Renaissance period whe } \\ \text { Angeles County Museum of Art and outward } \\ \text { woodcuts. manuscripts and appearance were vitally }\end{array}$


## laking a cough or cold rememedy. But if yonces are are good that sthe culprit. Anthinistamines. decongestants and drying agents found in many popular

 products may aggravate that "pesky prostate"making urination difficult. Asthma and allergy pills. medicines or nausea and diarrhea and
antidepressants may also make matters worse Our assnciate. G. Patrick Guiteras. M.D.
offers the following advice for handling those
occasional flareups: "When symptoms first
occur or when they change. the prostate warrants close medical scrutiny.
-Many persons with "Many persons with enlarged prostate glands
do need surgery a some point to relieve bladder
postruction How obstruction. However. men often find that the
battue with their prostate symptems is intermittent and they can
comfort between skirmishes. "If the waterworks seem a bit balky, one warm, running water. This may cause enough relaxation to permit increased flow. Another trick is to sitit in
works wonders.
Of course. an ounce of prevention is worth a
gallon of cure. Empty the bladder on a regular schedule. say every two or three hours, to
prevent it from over - filling which makes prevent 1 from over - ifling. which makes
urination ofificult. It might be a good idea to
linit fluid intake atter supper or to schedule a 'pit stop' in the wee hours of the morning.

## there's no better cure for 'pesky prostate' than

## e sex life

Well as prostatict enargenent of the prostate as
and deserve and deserve medicacal atertenton. If you preb having
pain in the area. frequent or progessively worse pain in the area. frequent or progressively worse
difficities with urination. loss of control. fever. or blood in the urine - you'd better see your doctor pronto."
Got a question
Got a question? Write to Joe Graedon in care of
King Features Syndicate. Inc.. 225 E. 4 sth St King Features Syndicate. Inc.. 235 E. 4 sth St..
New York. N. Y. 10017.

Ground beef crepes take cook - off honors Mexican - style foods are special favorites of Mrs. Lavelle
Breland's family in Wiggins., isss. ${ }^{\text {S }}$ when Mrs. Breland began creating an entry for the National Beef Cook. Offe. .t was only
natural that she flavor it with south-of - the border accents.
 Off judges. Her "Fiesta Crepes in Casserole" won the s1550 first
prize at the Cook- Off. held in Omaha, Neb., on Sept. 27-28. This prize at the Cook - Off. held in Omaha, Neb, on Sept. 27-28. This
annual event is
 The winnning entry calls for cornmeal crepes to be filled with a
taco - seasoned ground beef and corn filling, then baked in a taco seasoned ground beel and corn filling, then baked in a
casserole ewith additional ifilign and a spicy tomato topping. Just
before serving the festive crepes are topped with Cheddar chese casserole with additional filling and a spicy tomato topping. Just
before serving. he e estive crepes are topped with Cheddar cheese
and sliced ripe olives. aefore sileced ripe olives.
German inspired German - inspired was the second place 8750 winner created by
Mrs. Darlene Dickman a licensed practical nurse from Decorah Iowa. "German Beef Sausage" is made by grinding cooked beef
chuck roast and seas sinin it withallspice and salt. The sausage is stored in the freezer. ready to be used when needed. A main dish
salad was the entry of N.D. that won her third place and $\$$ Soo. The satad, which can be
served hot or cold. features strips of beef top round steak and served hot or cold. features strips of beef top round steak and
alfalfa sprouts atop a noodle and tomato base. Wining the $\$ 100$ honorable mention awards were Mrs. Caryol
Caryell of Boise. Idaho. for "'strips 0 ' Beef Crepes"; Mrs. Diane Lentz of Nicholassine. K, "r oryey in on "Suffed Au Jus Mrs. Antonia Hoffpauir of Crowley. La. .ir Surifed Brisket.
Miss Gloria Bove, Bethlehem, Pa. for "Cheese Meringue Topped Meef Torta Italienne"; Mrs. Shirley Byam. Lynnwood. Wash.. for
"Saucy Beef Taco Pizza". "Saucy Beef Taco Pizza",
The Cook - Off contestants prepared their entries before food
editiors, bome economists and the public and then presented their editors, home economists and the public and then presented their
finished products to the judges who scored them on tate. appearance. originality. ease of preparation. and practicality.
This year' s distinguished panel of judges included Julia Child and Merle "The Butcher" Elisise both noted authors and television
personalities: Doris Eby, food and nutrition editor of Better personalities: Doris Eby. food and nutrition editior of Bette
Homes and Gardens magazine; Dr. Hazel Anthony, Dean of the Homes and Gardens magazine: Dr. Hazel Anthony, Dean of the
College of Home Economics. University of Nebraska: Sara Beck
. U.S.D.A. consumer meat specialist and Dorothee Polson, food
editor of Arizona Republic.

Strip Beef Salad

| 2 pounds beef top round steak, cut 1 and one-half inches thick <br> one - half pound egg noodles <br> one - half pound ( 2 cups) fresh mushrooms, sliced <br> 1 large green pepper. diced <br> 1 tablespoon seasoned salt one - half teaspoon pepper <br> 4 tomatoes. peeled and sliced, or one can ( 28 ounces) tomatoes. <br> well drained <br> 2 tablespoons sesame oil <br> one - half cup cooking oil <br> 1 cup alfalfa sprouts <br> parsley <br> Partially freeze steak for easy slicing. Trim separable fat from steak and reserve. Slice steak into very thin strips about 2 and one - half inches long and cut in half lengthwise to make three - fourth inch wide strips. Cook noodles according to package directions: drain well. Place noodles in $11 \times 7$ - inch baking pan. Place layer of mushrooms and green pepper over noodles. Sprinkle with seasoned salt and pepper. Place layer of tomatoes over seasonings: drizzle with sesame oil. Bake in moderate oven 1350 degrees F.if or 45 minutes. Slowly heat reserved fat from steak infrying - pan to obtain 1 tablespoon drippings. Discard remaining fat and add 2 tablespeons cooking oil. When noodles have baked 35 minutes: add beef strips to oil. a small portion at a time, and stirfry quickly. adding oil as needed and keeping pan very hot. To serve. place beef strips on top of tomatoes and cover with alfalfa sprouts. Garnish with parsley. Serves 6 . <br> For cold salad: Follow above recipe reducing noodles to one third pound and use only fresh tomatoes. Do not bake. Serve on bed of greens with Italian dressing. if desired. |
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emocratic womenwlumer
Tri - County Democratic Women's' Club will meet Wednesday at 12
noon in the Flame Room of the Pioneer Natural Gas Company to
discuss the Texas Federation of Women's Clubs convention this
noon ins the Texas Federation of Women's Clubs convention this
discess
weend in Austin. The group also will discuss State Representative
Come in now while our solection
WESTERN AUTO
Unlead Wey


Federated Women's Clubs will have district meeting The fall board meeting and workshop of the Top of Texas District
of the Texas Federation of Women's Clubs will be Tuesday in Wellington
The meeting opens at 10 a.m. in the First United Methodist Church Hosting the group of clubs will be the Wellington 1924 Study Club,
Wellington 1954 Sudy Theme for the meeting will be "Patchonorkic Club. Two films, one on leadership development and one on protection against crime, will be shown to the e group.
A charter ceremony will honor the Popourri Club, a new junior club from Borge
Special guests will be District President. Mrs. Harry Youngblood
of Lefors, and Distriet Junior Director, Mrs. Scott Whorton of Stratiord.
Pampa has four federated clubs. the Civic Culture Club. the Pampa has four federated clubs, the Civic Culture Club, the
Twentieth Century Clue, the Twentieth Century Forum and the
Varietas Study Club. The Lefors Art and Civic Club is also Varietas Stenty Club. The Lefors Art and Civic CLub is also a
federated club.

Rho Eta group hears 'Dear Abby' advice Rho Eta chapter of Beta Sigma Phi met last week for a program on
Abigail Van Buren's "Ten Commandments for Husbands and Pam Wilson and Lisa Crossman presented the program. which was Lisa Crossman. president. conducted the meeting. Darla Pulse announced by Service Chairman Joyce Pulse, will be a purchase of supplies for Browning Day Care Center.
A Model Meeting for prospective members will be Oct. 22 in the
home of Kay Newman. The chapter had a Mexican Food -Card Party Buffet for new rushees and their husbands last weekend. Hostesses for the meeting were Starla Tracy and Joyce Pulse
Before the regular meeting the chapter'sexecutive board

St. Vincent's plans school carnival

## St Vincent's School Carni the St Vincent's gymnasium Activities

Activities of the evening will include games. prizes, a cake walk
bingo. white elephants. plats. and A meat. including cakes, pies and drinks ing es An meal. including cakes. pies and drinks
 out their current dishwasher line
monday, October 15, 1979 PAMPA NEWS
Today's Crossword Puzzle

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STIVE CANYON



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Texas defense stops Sooners
DALLAS APS, - There's nothing like a a ititle seasoning to liven
things up. and Texas's seasoned deenense had too much spice for




 especially in their semiors. They trily have a great defénse..It
comparest othe Texas detense of 1977. Texas Coach Fred Akers also floted bouquets toward his
experienced defenders. but owuldnt single outa a single star
 Akers T.exasa tropss got all the point they needed from the leggo
kicker John Goodson and the hands of backup tight end Steve




 Texas is sust a teremndoust tean. We wur
situationswe wanted We gave em good fight."
Sims
 carried.".
Okahana showed up or the game in the Cotton Bowl wearing a
N Therening. and Te exas sported a No. 4 .
thoush wont be much time for Texas to savo the swee victory.


Chapman wins title




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## Bucs win for grandma

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## Cowboys blow Rams away

And then there was one.
Going into Sunday's National Football League
games. the Cincinnati Bengals had been one of two games. the Cincinnati Bengals had beon one of two
teams still looking for a victory this season. Thanks to
the unbelienable y of the Pittsburgh Steeler

Nine times the Steelers fumbled. Seven times the
Bengals came up with the ball. And two times the Bengals came up with the ball. And two times the
fumbles were turned into instant touchdowns fumbles were turned into instant touchdowns on
runbacks of 27 yards by Jim Leclair and 12 yards by rookie Howe Kurnick. Two interceptions of Terry Bradshaw passes didn
The touchdown passes, to Dan Ross and Rick Walker. And
to Pete Johnson ran 1 yard for a acore. It all added up to a $34-10$ romp for the Bengals.
That left the San Francisco 49 ers as the only tea with seven losses in seven games. New York Giants rookies Phil Simms and Earnest Gray made certain of
that. hooking up on eight passes. two of them for
.
victory, Also on Sunday it was Oakland 50 , Atlanta 19; New San Diego 20. Seattle 10; New England 27. Chicago Siani 17. Buffalo 7: Philadelphia 24, St. Louis 20 :
Washington Washington 13. Cleveland 9; Denver 24, Kansas City
10: Houston 28. Baltimore 16, and Green Bay 24. Detroit ${ }^{16}$.We aided and abetted them considerably.

Rams riddled with injuries Pampa visits
 four more players Sunday yight
in their $30-6$ National Football League defeat at the hands of
the Dallas Cowboys. Backup quarterback Vince
Ferragamo suffered a broken Frigragano hand oufrered a broken last Ram
rifh hand on tensive play of the night and offensive play of the
will be lost six weeks.
Earlier in the game. safety
Dave Elmendorf suffered back injury, cornerback Pat
Thomas strained an Achilles
tendon and wide receiver illy

Bengals are not as bad as their record." And Joe
Greene. the Steelers' superb (and philosophical Greene, the Steelers' superb (and philosophical
defensive tackle, added: "We helped them get well. I a season, there are highs and lows, as in life. This is one of the low points.
Just about the Just about the only high point for Pittsburgh was
Bradshaw's 33-yard touchdown pass to Joh Stallworth But yard touchdown pass to John meant nothing.
Homer Rice.
his team's victory . ofoach of the Bengals, was exhausted by champions "-So much happened inding Super Bow put it in sequence," he sa
home and watch it on film.

## Giants 32,

 Phil Simms, who made his first pro one against Tampa Bay a week agoo passed for 30 yards against San Francisco. Eight of the passes - 169 of butterfingers earlier in the who had suffered a case I was surprised I kept dropping them, but I knew could catch them." said Grayp who scored his first tw pro touchdowns on passes of 13 and 11 yards in theGiants 27 -point second period.$\cdots$. Giants 22 .point second period. "My confidence never
left me but my pride was hurt. I knew I had the talent to catch the ball."
"Earnest did a super job. He made some fantastic
catches." Simms said. it was just a matter of time. He'll bea a great receiver
 the Falcons. But he cautioned: -There's a lot of the season togo
We stunk!" Tampa Bay Coach John McKay admitted. "It was the worst we ve ever played including the 1976 expansion season. It was The Bucs had the league's best defense. but Archie Manning pier ced it with passes. one for DD , and r Comboys 30 R
Roger Staubach threw three touchdown passes as the Cowboys clobbeed Los Angeles. giving him club-record 137 for his career, erasing a mark held by passes and finished with 13 of 18 for 176 yards before leaving midway in the fourth quarter for substitule Danny white.
San Diegos Dan Fouts passed for touchdowns of 20
yards to Lydell Mitchell and 9 and yards to Lydell Mitchell and 9 and 49 yards to Johi
Jefferson en route to completing 28 of 35 passes for 318 yards against the Seahawk
Steve Grogan of New England also threw three TD passes. covering 10 yards to Stanley Morgan. 19 yard wound up completing 21 of 35 pssses fro 244 yard wound up complet
against the Bears.

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## Oilers get by Colts, 28-16

| BALTIMORE (AP) - "Thedifference in the game." saidBaltimore Colts coach Ted |  |  |
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| II'm not eloquent enough to describe it," Phillips said. | mul |  |
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|  | y. who was |  |
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| have him. |  |  |
| was a different type of running.and two were on fourth downs. |  |  |
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| On the first. he started inside. spun to his left and broke two tackles. On the 20 -yard score he |  |  |
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| "He s tough. very tough." said Colts cornerback Dwight Harrison who was knocked back |  |  |
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