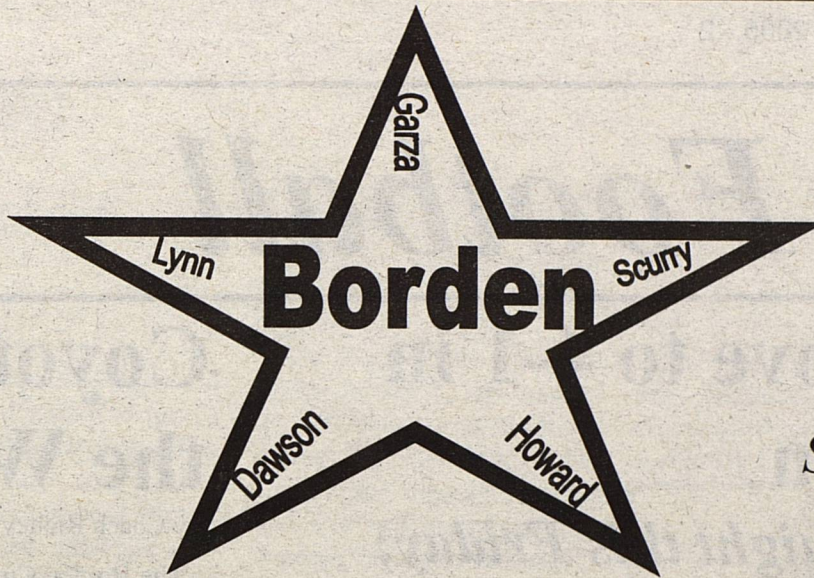


THE

Volume XXXII



STAR

September 28th, 2005

Serving the Counties of Borden, Dawson, Garza, Howard, Lynn & Scurry

Rita as seen by Borden County EMS

By Kent Holmes

Borden County EMS was first contacted by the Texas Department of Health Tuesday morning, September 20, 2005. Their request was simple "Can Borden County furnish 1 MICU ambulance (Mobile Intensive Care Unit) with Paramedics and fully loaded with meds and equipment to assist on the Gulf Coast if needed" We was assured that we would be working for FEMA (Federal Emergency Management Agency) and that they would reimburse us for all expense. Borden County EMS answer was "YES" if needed.

Wednesday morning, Sept. 21, at 9:30 AM we received the second call. Again the question was simple "How long will it take you to get your ambulance and crew to Galveston?" Our mission was to transport ICP (Intensive Care Patients) out of Galveston hospital to higher and safer hospitals.

It was decided that Jeff McAuley NREMT-B, Carrie Hart NREMT-P and Kent Holmes NREMT-P would make the trip as soon as we could get packed and the ambulance loaded for the long trip.

Wednesday at 11:30 AM Medic 1 departed for Galveston. We had received instructions/orders from Texas Department of Health

by e-mail. We were to take cash, credit cards, water for 7 days and some food. Be prepared to sleep in our ambulance was further instruction. Be prepared to transport critical patients for many miles and hours.

Our route was east on I-20 to Arlington and south on I-45 to Houston. On the first leg of our journey life was good and living was easy. Gas stations had gas, cafes and stores were open. Then we turned south on I-45 and we began to run into "THE TRAFFIC" coming north. Soon we began to find gas stations with signs that read "OUT OF FUEL." We found one that had diesel and we filled up. Suddenly the north bound lanes on I-45 had 4 lanes of traffic bumper to bumper going from 0-10 miles per hour. Soon we observed they were completely grid locked then we saw something that frightened us. There were patient loaded ambulances with lights and sirens on caught in the grid locked traffic. We knew there were critical cardiac and trauma patients in those ambulances. We knew that there were babies being delivered on the north bound lane of I-45 by paramedics. This was very unsettling to all of us. Soon we began to see dozens of cars, motor

homes, pickup with boats and every other type of vehicle that had ran out of gasoline and had been pushed into the median and abandoned. We found another station on the south bound lane and filled up with diesel fuel. After that there was no more fuel or food of any kind. All of the stores were closed and boarded up.

Thursday, September 22, at 2:30 AM we arrived in Galveston. D.P.S. Officers have every exit between Houston and Galveston closed. The public can come onto I-45 but only emergency personnel can get off. When we arrived in Galveston at our staging point on Target parking lot there is no one there to meet us. The city of Galveston is like a scene from a Science Fiction movie all the lights are on but not a living person anywhere. We finally found 1 police man patrolling the empty streets and 1 fireman locked in a fire station by himself. We went back to the Target parking lot to wait for other ambulance crews from West Texas. The West Texas crews were Seminole EMS, Snyder EMS, Sweetwater EMS, Fort Stockton EMS, Menard EMS, Winkler County EMS, Iraan EMS and a privately owned ambulance from Midland.

September 22 at 4:00 AM,

Cont. to pg. 6

Coyote Opry a Success!

The 18th annual Coyote Opry was held on Saturday, September 24. The evening was dedicated in memory of Rube Smith who faithfully and whole-heartedly supported all the youth oriented activities that are held in Borden County. For several years, he would donate some of his handiwork to be auctioned. It might be his one-of-a-kind bracelets or famous hand-tied halters, and you can bet whatever it was, it probably had a pineapple knot attached. Rube was a legendary figure at most BCJLA functions and his memory still lives on in the items that he crafted.

We appreciate the efforts of the Borden County Commissioners Court and their employees, Texas Cooperative Extension - Borden County, the members of BCJLA, and everyone throughout the community that helped to make our Coyote Opry a success.

Awards were presented to the following:
Best Dressed Pastry - Jibber and Cindy Herridge
Highest Selling Cake - Shirley Newton and Jacquie Hendricks (tie)
Highest Selling Pie - Sarah Sharp
Highest Selling Cookies/Candy - Brenda Copeland
Highest Selling Homemade

Good - Nelva Jones

Thanks again to those wonderful cooks who prepared the pastry items and to the generous persons who purchased them. Thanks also to those in the community who donated other items to be auctioned as well. We appreciate all your efforts that help sponsor our youth of Borden County.

Coyote Opry Art Contest results:

Kindergarten: First Place - Veronica Hernandez, Nicholas Proulx, Trace Richey and Morgan Wilson.

First Grade: First Place - Madison Benavidez, Tanner Freeman, Julia McAuley, Caelan Thuett (Artist Award); and Bryce Turner.

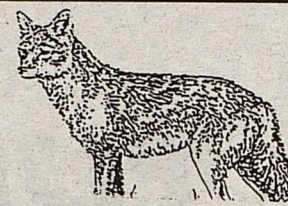
Second Place - Jaden Benavidez, T.J. Doyle, Hayley Gray, Dylan Murphy, and Avery Price.

Second Grade: First Place - Kylee Dean, Thomas Harrison, Zoie Key, Jordan McAuley, Tatum Richey (Artist Award), and Merik Valentine. **Second Place** - Rhaeden Bland, Makayla Herrington, Colby Pennell, Samuel Raborn, and Flint Roberts.

Third Grade: First Place - Evan Banman, Frank Banman, Blaise Freeman, Nathan Ham, Mackenzie

Cont. to pg. 7

Coyote Football



Coyotes Improve to 4-1 in Football Action

Coyotes have Open night this Friday; District play begins next Friday against Westbrook

By Coach Avery

The Borden County Coyote Varsity football team improved their record last Friday night in Gail with a narrow victory over Wellman-Union. The Coyotes led most of the game, in the third period the Coyotes had a 16 point lead and looked like another score would seal the deal. The Wildcats kept scratching and clawing though and fought themselves to within two points of the Coyotes, 30 to 28, with five minutes left in the game. With 3:41 left in the game the Coyotes scored for the last time as Garrett Thomas ran 25 yards for the TD. The Coyote defense again held the Wildcats and all the Coyotes had to do is run the clock out.

Thomas carried the ball 18 times for 137 yards and 3

touchdowns. He also had 5 tackles on defense.

Brad Tatum carried the ball 7 times for 50 yards. He had 10 tackles on defense, including a caused fumble, a fumble recovery and 2 hurries of the QB.

Michael Bullinger carried the ball twice for 14 yards, he caught a pass from Chase Pinkerton for 29 yards and a touchdown. Bullinger had 8 tackles and recovered one fumble.

J.Ryan Gicklhorn carried the ball twice for 20 yards and he had 8 tackles on defense, one fumble recovery that he returned 55 yards for a touchdown and he recorded one sack of the QB.

Clint Chapman led the defense with 11 tackles, 7 of them were unassisted, he caused a fumble and broke up a pass.

Trey Soto caught two Pinkerton passes for 12 yards, he had 10 tackles on defense and one QB sack.

QB Chase Pinkerton completed 4 of 8 passes for 43 yards and 1 touchdown. He had 6 tackles and caused one fumble on defense.

Andrew Lamming had 7 tackles, he broke up a pass and recovered one fumble. Lamming spent the night offensively blocking on the line.

The difference in the game was probably 4 Wildcat turnovers and one of these produced six points for the Coyotes. It was an exciting game that came down to the last few minutes of the contest.

The Coyote varsity team is idle this week preparing for district play with Westbrook as their first district opponent.

Coyote JV Wallop the Wildcats

By Coach Richey

The Borden County Coyote JV improved to 3 wins and 2 loses with their 3rd straight victory. The Coyotes wasted little time, as Quentin Shafer capped off a very methodical drive by the visiting Coyotes. On this drive, a huge play occurred when the Coyotes faced a forth down play, and the Coyotes used big play action fake to set up a huge completion from quarter back Asa Rutherford to fullback Miller Valentine. In the end, Shafer covered the final 10 yards behind some big blocks from Valentine, Logan Howard, Rutherford, and Zane Williamson. On the extra point, Shafer again scooted across the goal line for a 7 to 0 lead. On the defensive series, Zane recovered a Wildcat fumble which lead to a Rutherford to Jake Cooley 32 yard scoring strike and a 13 to 0 lead. After another great defensive play in the 2nd quarter, when Zane forced a fumble, Logan Howard was quick to scoop up the loose ball and scamper 40 yards for his second defensive touchdown in two weeks. The Coyotes now lead 19 to 0. The home team managed a score of their own to cut the lead to 19 to 6, but after converting a big 4th down pass play from Rutherford to Dore Rodriguez, Quentin scored his second touchdown of the game on a 11 yard touchdown run. Rutherford hit Zane for the extra point for a 26 to 6 lead. The wildcats again found some magic in their play as they scored another touchdown to cut the lead to 26 to 13 just before the half. The Coyotes had an opportunity to score just before the half, but a

couple of dropped passes stopped that threat.

In the 2nd half, Quentin Shafer showed run and then pulled up for a nifty pass play to teammate Jake Cooley for a 42 yard touchdown strike. Cooley then took over at Tailback and ran in for the extra-point and a 33 to 13 lead. The defensive behind the direction of Coach Benavidez bowed their neck a little and allowed no points and very little yardage for the remainder of the contest. Meanwhile, the Coyotes got one last touchdown from Quentin Shafer, as he scooted 56 yards for the score and a 39 to 13 lead. On the extra-point, Valentine hit Clay Harding in the corner of the end zone for his first points in high school and a 40 to 13 final score.

The Coyotes received outstanding defensive play by Cory Teel, Logan Howard, Zane Williamson, Dore Rodriguez upfront, and great play in the secondary from Jake Cooley, Miller Valentine, Asa Rutherford, and Quentin Shafer.

On the offensive end, the Coyote running game was lead by Quentin Shafer with 159 yards and Jake Cooley with 63 yards and 112 yards receiving. Asa threw for 79 yards, while Quentin added another 42 yards. Blocking for the Coyotes was Miller Valentine, Zane Williamson, Dore Rodriguez, Pasqual Espinoza, Clay Harding, and Logan Howard.

"All in all a very solid effort by every Coyote athlete. Good Job and good luck this week as we are back home against the Trent Gorillas."

Coyote Pups upended by Wildkittens

Pups meet Trent this Thursday at Home

By Coach Avery

The Borden County JH football team was defeated by Wellman-Union last Thursday in Wellman in a wild and crazy game of kick off returns and high scoring.

Flynn Chapman scored 3 times including a kick off return for a TD, Michael Cooley scored twice and one of those was a kick off return and John Hensley scored one from about 40 yards out on

an interception return. Normally 39 points would be enough to win a junior high game but this time it was not as it seemed Wellman was able to score at will.

Again everyone that suited up was able to play in the game or in a halftime scrimmage. Members of the Coyote Junior High team not already mentioned are:

Tony Soto, Dalton Thuett,

Miles Valentine, Skyler Williamson, Austin Tyler, Brendan Tarleton, David Rodriguez, Derek Tatum, Austin Fields, Karl Lamming, Chance Taylor, Shane Howell and Chris Teel.

The Coyote Junior High team will play Trent this Thursday the 29th at 6:00 PM here in Gail. Everyone come out and enjoy the action.

Back to School: How to keep your kids healthy

Rural Health Column
By Patti Patterson, M.D.,
M.P.H.

Back to school means back to books and homework, but it also means back to germ sand runny noses, school lunches and junk food, and late nights with little sleep. This year, take an active part in helping and teaching your children to be healthy.

Mom I don't feel good!

The top four illnesses that causes children to miss school are colds, gastroenteritis (the stomach flu), pink eye and strep throat. Children usually have six to 10 colds each year. Coughs and sneezes spread germs that

land on doorknobs, toys and desks, and the virus is spread easily to other children. The stomach flu and other illnesses with symptoms of vomiting and diarrhea can lead to dehydration, particularly in very young children. Signs include excessive thirst, dry mouth, decreased tears, and severe weakness or lethargy. Pink eye, or conjunctivitis, is extremely contagious, and symptoms consist of watery eyes accompanied with discharge and eye irritation. Strep throat is accompanied by difficulty eating and red,

swollen tonsils with white or yellow patches of pus. The illness can be contagious until treated with antibiotics for one to three days.

The single most important thing a child can do to prevent illness is to wash his or her hands frequently. The Center for Disease control and Prevention recommends washing hands for at least 30-second – about as long as it takes to sing the “Happy Birthday” song twice. It is also important that children have received all of their immunizations before returning to school. Check with your doctor to ensure that your child receives all necessary immunizations.

Parents can help prevent the spread of illness by not sending a sick child to school

or child care. Generally, it is safe to send children back to school when they have no fever for 24 hours, can eat and drink normally, are rested and alert enough to pay attention in class, and have completed any period of medically recommended

isolation.

What's for lunch?

Help your children to eat responsibly, and teach them to make good food choices. Start each day with a healthy breakfast, and make time to eat every morning. Metabo-

Cont. to pg. 5

School Lunch Menu

October 3rd – 7th, 2005

Monday – Breakfast: Pancake pup, fruit juice & milk **Lunch:** Frito pie, salad, pinto beans, pears, and milk.

Tuesday – Breakfast: Biscuit & gravy, fruit juice and milk; **Lunch:** Chicken spaghetti, green beans, salad, garlic biscuit, pudding and milk.

Wednesday – Breakfast: French toast sticks, fruit juice and milk **Lunch:** Lasagna, carrots, salad, garlic toast, fresh fruit and milk

Thursday – Breakfast: Muffin, fruit juice and milk; **Lunch:** Beef soup, grilled cheese, pickles, jell-o and milk.

Friday – Breakfast: Cereal & toast, fruit juice & milk. **Lunch:** BBQ sandwich, beans, French fries, surprise cookies, and milk.

Making the Grade -

1st Six-Weeks Beta Achievement

Senior: None; **Junior:** Becky Dobyns; **Sophomore:** Rachel Wilson; **Freshman:** Katherine Froman and Carlos Hernandez; **Eighth Grade:** Rachael Payne, Lacey Roberts, and Raylea Underwood; **Seventh Grade:** Bailey Anderson; Taylor Richey, and Krista Tarleton; **Sixth Grade:** Austin Fields and Austin Tyler.

1st Six-Weeks Honor Roll

Senior: Andrew Lamming; **Junior:** John Cowart, Jake Payne, Kylan Reynolds and Christina Soto; **Sophomore:** Hannah McConnell, Shelby Roberts and Kate Wallace; **Freshman:** Tyrell Massingill; **Eighth Grade:**

Chellsie Pigford and Brendan Tarleton; **Seventh Grade:** Kimberly Halkowitz; **Sixth Grade:** Blake Turner; **Fifth Grade:** Kayla Darbyshire, Celina Guerrero, Kayla Pepper, Tanner Richey, Matthew Roberson, Riley Smith, Teryn Soto and Mattie Turner. **Fourth Grade:** Taylor Gass, Matthew Halkowitz, Matthew Ham, Kalyn Massingill, Mallory McMeans, Molly McMeans, Zach McMeans and Tyler Minyard. **Third Grade:** Frank Banman, Blaise Freeman, Nathan Ham, Mackenzie Herring, Sean Tucker and Cayden Vaughn. **Second Grade:** Rhaeden Bland, Kylee Dean, Thomas Harrison, Zoie Key, Jordan McAuley, Samuel Raborn, Tatum Richey, and Flint Roberts

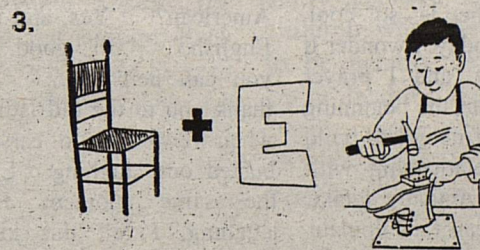
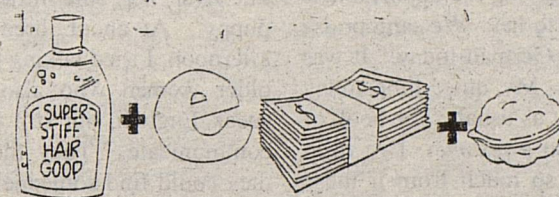
PUBLIC NOTICE – FINANCEIAL INTEGRITY RATING SYSTEM OF TEXAS BORDEN COUNTY INDEPENDENT SCHOOL DISTRICT PUBLIC MEETING 7:00 P.M. ; OCTOBER 17TH 2005

The Borden County Independent School District will conduct a public meeting as required by State Law to review the District's Financial Integrity Rating System of Texas which is referred to as the FIRST Rating. This meeting will take place in the Borden County School Cafeteria at 7:00 p.m. on Monday, October 17th, 2005

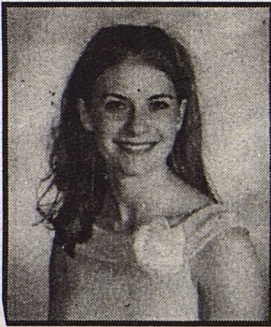
The 2005 School First ratings were based upon an analysis of staff and student data reported for the 2003-2004 school year, and budgetary and actual financial data for the 2004 fiscal year.

School Lunch Bunch Nutritious Activities Phrase Craze

Can you identify the six sweet treats represented below?



Answers: 1. Jelly Donut; 2. Pineapple Upside down Cake; 3. Cherry Cobbler; 4. Date Bar; 5. Fruit Cup; 6. Ice Cream Sandwich



Learning and Living

by Becky Dobyns

When I learn your righteous laws, I will thank you by living as I should!

- Psalm 119:7

Germany Journal

Part six

I ate cereal this morning. Pretty nasty. Plain corn flakes, not frosted. I saw Elizabeth when I was putting my tray up, but she was just quickly passing so we just said hello. I thank God for giving me opportunities to speak to her. We sang praise songs in German today! It was so cool. My quiet time today was great as usual. The book of Acts is so *awesome*. I've been learning so much from it these past few days.

Our lunch was good too...we ate this spaghetti type of thing with all these weird vegetables in it. Right after lunch, we went back out to Chorweiler-West and had house church. Natalie, one of the leaders at iWitness that came on the trip, went with us today. She is so cool. Looking back today, I wonder if Sherry, Wesley, and I prayer walked enough at the beginning because none of us got to build a significant relationship with anyone today. Actually I take that back. You can't manipulate God...and we were obedient. Of course Satan keeps whispering in my ear that I wasn't. After Sherry and I prayed last night about me being obedient to the Spirit's leading, I was determined not to pass up anymore opportunities today. And I really believe I didn't.

When we got there, Austin, JT, and Colby started playing soccer with the same ten-year-old boys as yesterday. Wesley, Sherry, and I finished picking up the trash in the park today and now it looks gorgeous. One lady came up and spoke to me as I was picking up trash. She said what we were doing was good, and wondered why we would do something like that. However, right after that, she said good-bye and I didn't get to continue the conversation. Sherry and I spent some time with a sick, crippled old man. He didn't speak English, so we couldn't understand each other, but I think he was just glad to

have the company. I then talked to an old lady with a dog who was passing by, but she didn't speak much English. I got a few smiles from her, though, I guess because I was freaking out over her cute little poofy puppy. At about three in the afternoon, I tried talking to three older women who also didn't speak English, but still tried to communicate. They then said they could find someone for me who spoke English. I thought, oh good! I'll finally get to meet a German who's fluent! My heart was beating so fast and I was so excited. But then they ended up leading me over to Lara, our group intern. We were trying so hard to stifle our laughter as I said, "You are American?" "Yes, and I speak English." "Oh, good...maybe you can help me..." I said thank you to the old ladies and when we were out of earshot we busted out laughing. Even at the same moment I was laughing, I felt this kind of hopelessness, like nothing I was doing was even making a difference or being effective.

Later on, I saw two Middle Eastern teenage girls and thought, oh, great! Girls my age! Surely they'll be able to speak English! (Six years of English is required in Germany for all students). And guess what? They didn't even know one word of it except "no". Maybe they just immigrated over here or something. I took a break and sat on a bench for a while, talking with some members of the group. Then Jessica and I both saw a woman maybe in her late twenties smiling and looking at us curiously. So we went over there with dog biscuits for her dog and started conversation. But *she* only spoke a few words of English. I was feeling really discouraged by this time.

Meanwhile, Kara was having an awesome experience. She had been talking to an Iranian

lady and her translating guy friend for quite some time. Earlier in the day when she had first met her, she thought the conversation wouldn't last very long because the Iranian didn't speak very much English. At just that moment, Jessica felt compelled to pray that any language barriers would be broken. Jessica couldn't hear the conversation, but was just watching from a distance. At the same moment that she prayed the language barriers would be broken, the lady said that her friend who spoke English would be at the park momentarily. After he came, Kara was able to have a long conversation with both of them. The Iranian woman taught her how to put on a scarf and everything (Kara bought one at the mall yesterday as a conversation starter with Muslim women). When asked if she was Muslim, the woman said, "No, not anymore...they tried to make me cover my head all the time. I don't mind wearing scarves sometimes, but I like my hair too. I think it is pretty and I like showing it to people." Kara told her that she was a Christian and asked what she could pray to Jesus for. The woman said, "Pray that Iran becomes a democracy so that my family and I can go back. German people don't accept us. They accept our son because the younger generation is more open-minded, but my husband and I are outcasts wherever we go. We are looked at hatefully. People don't like us, but they don't even know us, just that we're from Iran. Just please pray that my country changes so that we can go home."

When it was time for the lady and her friend to leave, Kara got their addresses and other information. The translator even gave her a calligraphy set as a gift. Kara gave the lady her scarf. Kara's heart was broken after hearing how people treated the woman. She told us afterwards, "People like that need Jesus' love so badly." Jesus would never snub someone because of their ethnicity. The world often does. Christians need to be noticeably like Jesus in the way we treat people from every nation, race, and social background. Jesus doesn't pick favorites. His plan is not just for America and the "Christianized" countries; it is

for the world. He loves Germany just as much as Iran, America just as much as Japan.

While all this was going on, Jordan and Lara had met two girls from Russia near the mall. They walked around with them and got to have a really nice conversation. All of a sudden these guys on motorcycles started circling them. They hollered and whistled and all that kind of stuff. The four girls were by themselves, so they were really scared. Lara took out her phone and called Rainy, a fellow intern, to ask if she could send over any guys. It scared the motorcycle riders away for a minute, but not for long. They kept coming back and it was really scary. Then there was divine intervention. They came across a guy in the army who just so happened to be from Texas, fluent in English of course. He drove the guys off for them and even followed them for protection until they got to the safety of the mall. It was so cool. Jordan and Lara continued to talk to the girls after that...God used the motorcycle incident as a great bonding experience that opened the girls up to each other.

Meanwhile, back at the park, I was frustrated and disappointed because I'd gone everywhere the Holy Spirit had told me to go and I still had no significant conversations. I talked to Natalie for a while and she was really sweet and encouraging. When we got back to the hostel, Jordan and I got to talk to a group of German girls. They had some interesting names, like Dorothy, Corolla, and Carina. I tried a drink called Mezzo Mix

too...it was awesome. I love it. It's this coke with orange flavor to it. I also tried this stuff that's popular here called Lift. It's carbonated apple juice, and it tastes quite...interesting.

Tonight Lara made me feel better because she said, "You're a really social person, right?" When I said yes, she said, "This always happens. The shy people strike up awesome relationships and the talkative people often don't. I'm one of the most outgoing people I know, but I've been here two months and haven't built a significant relationship. The first few weeks it was really hard, but then it hit me that God is still in control and I'm being used in exactly the way He wants. He loves to push us out of our comfort zones. For shy people, that often means getting out and talking to people. For talkative people, that often means using service or encouragement or prayer as ministry. So now I'm just like, 'Okay, God. I'm trusting you.'"

That's when it hit me. At Base Camp (you may remember this from part two), when I cried so hard, it was because I didn't have enough love for others, didn't consider others better than myself, and realized how selfish I am. I asked Him to correct me that night and that's what He's doing. He's making me more able to rejoice in others' successes than my own, and He's growing me. He's putting me out of my comfort zone by making me do different types of ministry than I thought I would. It's wonderful how he ruined my plans. Tonight, God, my prayer is only that You ruin even more of them.

Flu Shots
for Children ONLY (18 yrs. & Under)
Wednesday, October 5th - - \$7.00

If you want your child to receive a Flu Shot at this time, contact the nurse's office at 806/756-4313 ext. 230 for more information.

Adult Flu Shots will be available soon!
Watch the Borden Star for date and time.

Drive Carefully:
Watch out for the Children!

Honoring Public Servants

By JoAnn Mock

The Public is invited to Garza County Historical Museum on Oct. 1st, at 11:00 a.m. to honor former State Representative and Former State Senator, E.L. Short. Short is sharing his experiences and large collection of memorabilia with us of serving 12 years in State Government.

Short is farmer and rancher in Lynn County, he also owned and operated the "Cotton Seed Delinters" and Tahoka Auto Supply. Heavily involved in community organizations, he was persuaded to seek public office. He represented: Andrews, Borden, Cockren, Crosby, Dawson, Ector, Gaines, Garza, Lubbock, Lynn, Morton, Terry and Yoakum Counties from 1969 through 1982.

Short served under four Governors, Preston Smith, Dolph Brisco, Bill Clements, and Mark White. He was involved in the formation of the Texas Tech Medical School while Chairman of the Internal Governmental Affairs Committee. He also chaired the Agricultural

Committee and served on Finance Committees.

Short attended Grassland School, graduated from Tahoka High School in 1943, immanently joined the U.S. Navy and served in the Pacific Fleet through 1996. He met and married Ernestine (Dink) Fortenberry of Welch, Texas in 1947. "Dink" and his four daughters were also involved in Austin politics and activities and the teenage girls were favorites of legislators.

The Garza County Historical Museum is proud

to become a depository for one of our former Representatives and Senators of the State of Texas. These experiences of "Public Servants" are valuable lessons history and we Thank E.L., Dink, and girls: Vivian Burns, of Sierra Vista, AZ., Leah Taylor of Tahoka, Patty Kilpatrick of Brownwood, and Robin Taylor of Brownfield for working with us.

The Museum is located at 119 North Ave. N. in Post, Texas. Phone (806)495-2207. The event is co-sponsored by the Caprock Cultural Association.

How to keep your child healthy

Cont. from pg. 3

lism functions optimally only if a person has at least three meals during the day. Breakfast also helps nourish the brain after a night's sleep, and kids will stay more alert in school.

Most schools put cafeteria lunch schedules in local papers, post them on the Web site, or they send them home with kids. Check the menu, and plan on packing a lunch when the main course is one your child prefers not to eat. Involve your child in choosing his or her own foods for lunchtime. If they are involved in choosing their own meals, they are more likely to eat them. A healthy lunch is important to give your child energy for the rest of the day. Include a variety of foods that provides key nutrients. Reduce the amount of total fats and sugar, and try to avoid pre-packaged lunches, which are usually high in fat and sodium. Pack fruits and vegetables instead of cookies and candy, and try juice boxes instead of soda. Drinking just one can of soda a day increases a child's risk of obesity by 60 percent. Teaching your kids how to eat right will help them make better eating choices in the future.

It's bedtime!

The less sleep that children get, the more likely they are to perform poorly in school. Kids in elementary school need at least 10 hours of sleep, and most middle school-age children thrive best on nine hours. High school students need about eight hours each night. Inadequate sleep impairs the ability to handle stress, think and maintain a healthy immune system. Getting enough sleep actually improves health. Establish a bedtime routine so children will know when to expect bedtime. Recent reports also have proved that sleep deprivation can lead to obesity in children. If a child experiences obesity during adolescence, it is likely that the child will suffer with a weight problem throughout life.

Parents should remember to set a positive example for children when helping them to be healthy. Wash hands, eat a healthy breakfast and lunch, make sure to get enough sleep for yourself, and practice what you teach.

Patti Patterson, M.D., M.P.H., is vice president of rural and community health at Texas Tech University Health Sciences Center.

The Caprock Cultural Association
cordially invites you to attend
a
Reception and Exhibit
honoring

FORMER STATE SENATOR
AND STATE REPRESENTATIVE

E. L. SHORT

Saturday, October 1, 2005

11:00 a.m. to 2:00 p.m.

at the

*Garza County Historical Museum
119 North Ave. N. * Post, Texas*

*Held in conjunction with the
OS Ranch Steer Roping and Art Exhibit
Sept. 30 - Oct 2: Events include
Ranch activities, Barbecues and Team Roping*

Branon Funeral Home

*Understanding and
Guidance When You
Need it Most!*

*"Serving in this area
Since 1922"*

806/872-8335 Lamesa, TX

School Zone Safety Tips



- Obey speed limits
- Watch for students walking and riding bicycles
- Be prepared to slow down and stop when school buses flash yellow and red lights.

Just a Reminder, brought to you from the TxDOT

DEMOCRATIC CHAIRMAN NEEDED

The position of Democratic Chairman for Borden County is open. If you would be interested in this position, please contact the Democratic Party or for further information, contact Joyce Herridge, County Clerk, at the Courthouse or phone 806/756-4312

The Borden Star (USPS or PUBLICATION NO. 895-520) is published weekly except Christmas and New Year's week for \$12.00 per year by the Borden Star, P.O. Box 137, Gail, Texas 79738. Second-class Postage paid at Gail, Texas. POSTMASTER: Send Change of Address to the Borden Star, P.O. Box 137, Gail, Texas 79738.

We're proud to be a part of the area since 1905.



Snyder National Bank

We take Snyder to Heart!



Member FDIC

1715 25th

573-2681

Rita as seen by Borden County EMS

Cont. from pg. 1

all of the West Texas ambulances are assembled. We form ourselves into what we call the West Texas Platoon. We choose a leader, an NREMT-P from Seminole, and he calls T.D.H. for instructions. We are ordered to move to Port Arthur and move 46 ICU patients to another hospital in Nacogdoches. When we arrive in Port Arthur for the first time in our life they checked all of our credentials to see if we were actually paramedics or not. We were 11 ambulances in a convoy by this time. We loaded 2 or 3 patients on each ambulance and started north on Hwy. 59. "The Traffic" was bumper to bumper as far as the eye could see. With 11 ambulances with lights and sirens we took the center of the highway. The traffic could either go to the left or right. We tore a hole through the traffic for 150 miles. In Nacogdoches we found a very efficient and well prepared hospital ready to accept 46 critical care patients.

September 22 at 2:00 PM, we ate the first meal that we have eaten since Abilene Texas. We filled up our ambulances with diesel fuel. The Nacogdoches Fire Department allows us to come to the fire station and take a bath and rest for a couple of hours. All the ambulance crews except Borden County agree. Borden County has ruined a tire and we have a chance to get it replaced so we missed the rest period.

September 22 at 5:00 PM, we were ordered to go to Conroe, Texas. This is well and good except all the roads have been closed to south bound traffic. North bound and south bound lanes had all "The Traffic" going north. We decide to go cross country on farm to market roads. This is a good plan

but not a great plan. When we finally hit I-45 we are 15 miles north of Conroe. At this time I-45 had 8 lanes on the main highway and 4 lanes on the access roads all bumper to bumper going north. We take the inside lane of the east access road turn on our lights and sirens and head south against the traffic.

September 23 at 4:00AM, we arrive in Conroe and find our contact people. Conroe EMS is overwhelmed with 911 calls. They want us to run 911 calls on I-45, out in "The Traffic." The West Texas platoon requested that we get some rest until 6:00 AM. At that time we will agree to help them. Borden County bed down Jeff and Kent in the ambulance and Carrie was inside on the floor. We have eaten 1 meal yesterday and the last time we slept was in Borden County. We slept for 30 minutes when Conroe EMS Director wakes us up to ask if we will take a woman that has had an emergency C-Section and her premature neonate to an Austin Hospital. Borden County senior paramedic refused, because of lack of sleep, and suggested they might consider an air ambulance in this case.

September 23 at 7:00AM, our orders have been changed. We leave part of our group at Conroe running 911 calls on I-45 and the rest go to an Intensive Care Center in Houston. The city of Conroe allows us to fill up our ambulance with diesel. Breakfast is a can of chicken, saltine cracker and Gatorade.

September 23 at 1:00 PM, arrive at ICU Hospital to move 42 patients. When we arrive we find out why these patients have not already been moved. The administrator of the hospital had refused to allow his patients to be moved. He had a 1

story sturdy building and on high ground. When FEMA arrived they said the patients would be moved. There was quite a discussion in progress when we arrived. We waited two hours out in the heat for the decision to be made and finally we were given new orders. We never learned who won the discussion.

September 23 at 3:00 PM, we were ordered to start taking 911 calls in Houston. The worst part of this is they split up the remainder of the West Texas Platoon. Borden County EMS first 911 call in Houston was "man shot in left temple." No other information was given except directions to the scene. Borden County called the FEMA Dispatcher back and asked "Is the scene safe?" "Are there police on the scene?" The dispatcher did not know any further information but suggested we "go and find out." We found the correct address in only 15 minutes much to our surprise. The location was a somewhat run down neighborhood in south Houston. There were no police or emergency vehicles of any kind on the scene. We went very cautiously and knocked on the door. A black man about 75 years old came to the door. He explained his son had been shot with a 45 caliber pistol some years before and they wanted him taken to a shelter set up for people that have special medical needs. Some people think that God does not answer paramedic prayers.

September 23 at 7:00PM, our order was to go to the Reliant Center at the Astrodome complex. We thought we were on another 911 call. When we arrived we found armed guards at the gate. We were escorted into the Reliant Center (Calf barn at Houston Stock Show). On entering we found FEMA staging area for Texas. At least 250 out of state FEMA Ambulances and Rescue Teams were inside. (Where

were they when we needed them?) Inside also there is a battalion of Coast Guard. They are armed to protect Houston. Outside on the parking lot there is a battalion of Army National Guard. They are armed and in combat gear. It is very obvious these people do not intend to have looting in Houston, Texas. The army unit is the 36 Infantry Division that has been reformed in the last two years. By chance this was the unit that Kent Holmes served in many years ago.

When we got inside and found a parking place and signed in. The Salvation Army had a large kitchen set up to feed everyone. The meals were small portions but they were hot and good. You could go back as often as you liked. We had not had anything to eat since we left Nacogdoches except what we brought. (Can meat, saltine crackers, and health bars) There was also folding cot for everyone and a blanket. FEMA also had diesel and gasoline for all our emergency vehicles. Some people think that God does not answer paramedic prayers. For the first time since we left Borden County we slept for more than 30 minutes.

Now to what we all came for "The Hurricane" as you all know by now it changed direction and hit on the Texas, Louisiana State line with Louisiana getting the worst of it. In Houston we got maybe 1 inch of slow rain and wind of no more than 50 miles per hour.

September 24 at 8:00 AM, Borden County needed us more than Houston. We are coming home. FEMA is here

with all their glory. They have an Army, Navy and 250 ambulances with rescue specialist that we do not even know what their job is. The question is how to get home? We are full of diesel now but there is no gasoline station between Houston and Dallas with fuel. There is not one café or convenience store open. Very soon "The Traffic" will be coming down the south bound lane of I-45 and all other highways leading south. We decided to go north on I-45 to Huntsville and then cut across to Bryan-College Station. The first gas station or café we find open is in Bryan. We eat a slow leisurely lunch and relax a little. We find gas station open but no diesel fuel. Finally we find a station with diesel fuel to our relief. Some people think that God does not answer prayers. We are home free. We go into Borden County about 10:30 PM. We got the ambulance cleaned and restocked ready to go if needed.

The big question was this trip necessary? What did we accomplish? We helped to move patients out of the hospital in Port Arthur where the hurricane came ashore. We helped by making 911 calls in Houston when they were overwhelmed. But if you look at the big picture there was not a single fatality in Texas because of the efforts of many small units like Borden County EMS. The way Texas EMS responded to help until FEMA could get on the scene will be used as a pattern for many years.

God Bless America,
Kent Holmes NREMT-P

Drive Safely



Watch Out for our Children . . .

USDA Secretary Johanns Accepts Invitation to Visit West Texas

Farm Bill Listening Session to be held in Lubbock

Washington, DC-The congressional delegation from West Texas announced Thursday that the country's top agriculture official has scheduled a visit to one of the country's top agriculture producing regions in October.

Congressmen Randy Neugebauer (TX-19), Mac Thornberry (TX-13), and Mike Conaway (TX-11) had invited U.S. Department of Agriculture (USDA) Secretary Mike Johanns to hold a Farm Bill "listening session" in West Texas. On Friday, they got word that their invitation has been accepted. The event will take place in the Texas Tech University Museum Auditorium in Lubbock on Wednesday, October 5 at 1:00 p.m.

"I want to thank Secretary Johanns for accepting our invitation to get a first-hand look at West Texas agriculture," Neugebauer said. "The region is home to a diverse agriculture industry which has a major interest in how agriculture policy is shaped. I encourage all involved in agriculture to attend and share your input with Secretary Johanns."

The event in Lubbock is one of a series of listening sessions USDA is holding across the country to gain input from agriculture producers on the future of farm policy in advance of the 2007 Farm Bill. All three members of the delegation believe a key component of these sessions is for those

who are directly affected by the farm policies to voice their opinion on what works and what does not.

Thornberry said, "I am glad that the Secretary is coming to our area, and I hope producers will take advantage of this opportunity. After being involved in two farm bills, I am convinced that the most important part of the process is to hear from the folks that will be most affected."

Conaway pointed out that the 2002 Farm Bill has been a success and noted that, in particular, supporters of this important legislation have a stake in these forums.

"The 2002 Farm Bill is working well for our agriculture producers in West Texas," said Conaway, who currently serves on the House Agriculture Committee. "This is an excellent opportunity for West Texas' farmers and ranchers to voice their support for the 2002 Farm Bill and propose only limited

changes to the next Farm Bill unless greater market access for U.S. agricultural products is obtained around the world."

More than twenty listening sessions have taken place thus far. The Lubbock event will be the only USDA-sponsored Farm Bill listening session in Texas. Although no dates or locations have been determined yet, the House Agriculture Committee also plans to hold field hearings on the 2007 Farm Bill.

*Be sure to support our advertisers
Tell them you found out about them in the
Borden Star*



"Mail Bag"

Want to make Grandma's Day? Write her a Letter!

She almost always wears a smile, even when you forget to wipe your feet. She walks a little slower, and seems so much shorter than the days she reigned over the split-level empire you first called home.

Now that she no longer has to punch a clock, she has ore time to travel with Grandpa, sit on the back porch, or watch the all-news channels and tell the "talking heads" a thing or two. She spends less time in the kitchen, yet somehow she can still snap her fingers and create a last-minute home-cooked meal fit for a prince, if not a king.

You won't hear Grandma complain, ever. Not even when her right leg rebels, or her arthritis throbs, or the water heater goes on the fritz, or you somehow forget her birthday, which make such an unforgivable mistake all the worse. She is there at the door when you drive up, and still there watching after you,


waving good-bye when its time to leave.

The next best thing to getting a visit is getting a letter. Letters connect. They condense the hours and shrink the miles with thoughts and images that last long after the cell phone static fades and the e-mail is deleted.

One of the best things about cards and letters is that they come with free instant reply. Grandma can read them, and read them again, reviving the

images of you on one knee, and your Kimberly screaming, "Yes! Yes! Yes!" Of the special award, the new job that took you both far away, and great grandson Kyle's first words (of course "babuh" is a word!) The myriad of "written pictures" that put yet another smile on her face. A renewed spring in her step. And tide her over until somehow she magically senses that the car is coming, through it's still two blocks away, and she greets you with her door and her heart open wide, welcoming you home once again.

This week-end, sit down with your child and write a letter to Grandma. Share the adventures of the past week. Kyle can practice his penmanship, and you can make Grandma's day.



Let Me Get My Hat!
By Dennis Poole,
Borden County CEA-Ag.

Extension programs serve people of all ages regardless of socioeconomic level, race, color, sex, religion, disability, or national origin. The Texas A&M University System, U.S. Department of Agriculture, and the County Commissioners Court of Texas Cooperating.

Coyote Opry a Success!

Cont. from pg. 1

Herring (Artist Award), Keelie Pierce, Sean Tucker, and Cayden Vaughn.

Fourth Grade: First Place - Tristen Benavidez, Taylor Gass, Matthew Halkowitz, Matthew Ham, Kalyn Massingill, Mallory McMeans, Mollie McMeans, Zach McMeans and Tyler Minard.


Fifth Grade: First Place - Kayla Darbyshire (Artist Award and Best of Show), Kaylyn Dean, Celina Guerrero, Valerio Hernandez, Jacob McAuley, Kayla Pepper, Lexi Peterson, Tanner Richey, Matthew

Roberson, Riley Smith, Teryn Soto, Mattie Turner and Kylie Voss.

Sixth Grade: First Place - Stefanie Cooley, Austin Fields, Viviana Hernandez, Chris Teel, Dalton Thuett, Blake Turner and Austin Tyler. **Second Place**- Shane Howell and Chance Taylor.

Seventh Grade: First Place Mandi Hudson and Miles Valentine (Artist Award and Best of Show - Jr. High).

We want to thank all of the students for participating in the Art Exhibit. Your work was great and wonderful to look at. Thank you!



**You're #1
Borden Coyotes**

Moore-Rains Insurance
Frances Rains Stephens
701 8th Street O'Donnell, TX 806/428-3335

-- Randy's Roundup

A Weekly Newsletter from
Congressman
Randy Neugebauer

Last week, I joined 23 other members of the Texas delegation in the House in sending a letter to President Bush to notify him of a state of emergency along the Texas - Mexico border. We sent this letter to the president because we believe that the immigration issue needs to be moved to the "front burner" and that immediate action needs to be taken to secure our state's southern border.

We are calling for larger detention spaces, more Border Patrol agents, and more immigration attorneys and judges in order to decrease the judicial backlog. We also propose that the U.S. State Department encourage foreign countries to take responsibility for their citizens who enter the U.S. illegally. One way to do this would be to reduce the number of entry Visas we issue to countries who refuse to cooperate.

This is a bipartisan effort as nineteen Texas Republicans and five Democrats (Reps. Silvestre Reyes, Henry Cuellar, Ruben Hinojosa, Solomon Ortiz, and Chet Edwards) signed the letter. Members from both parties came together in support of this effort because we all understand that a crisis exists along the border. The bottom line is that we can no longer allow this problem to grow, and we can no longer permit law-breakers to take advantage of loopholes in a failing immigration system.

Launching "Operation Offset"

Last Wednesday, I was part of a group of members of Congress that launched "Operation Offset." This is an effort to rebuild the Gulf Coast in a compassionate and fiscally responsible manner. Each member of this group came forward with a proposal that could prevent creating even more federal debt

through offsetting the costs of the hurricane recovery by cutting wasteful or unnecessary spending. My proposal would save \$550 million over the next 10 years by eliminating the Presidential Election Campaign Fund (PECF).

Taxpayers are asked on their tax returns to contribute to the PECF. If they check "yes" on their tax returns, three of their tax dollars are placed in the PECF. This money accumulates until the next presidential election. Every four years, the federal government hands over a check to presidential candidates for use in their campaigns. Money from this fund also goes to help pay for each party's nominating convention.

We can either spend taxpayer dollars on partisan campaigns while putting the country further into debt, or we can help hurricane victims get back on their feet while not adding to future debt. I think it is an easy call which is the better route to take.

Top U.S. Agriculture Official to Visit West Texas

On Friday, I was pleased to announce that U.S. Agriculture Secretary Mike Johanns has accepted my invitation to visit West Texas. He will be heading to the 19th District on October 5th to hold a listening session on the 2007 Farm Bill. This event will be a great opportunity for those who are directly affected by federal farm policies to voice their opinion on what works and what does not. The listening session will take place in the

Lemon Law gives consumers millions in relief

AUSTIN - Consumers purchasing or leasing new vehicles verified as defective received \$5.7 million in relief through the Texas Lemon Law in 2004.

The 2004 Lemon Law report, released by the Texas Department of Transportation's Motor Vehicle Division, lists number of complaints filed, defects reported and complaint disposition.

Of complaints closed last year, 63.4 percent of consumers received some form of relief for defective vehicles - 30.3 percent had vehicles repurchased, replaced or traded by the manufacturer and an additional 31.3 percent received repairs, extended service contracts or other remedies.

"The numbers indicate the Lemon Law continues to do what it is intended to do - help consumers with defective vehicles get relief," said Brett Bray, director of TxDOT's Motor Vehicle Division.

To determine whether a particular model has received more or less than its expected share of complaints, the report calculates an index based on number of complaints filed and the model's market share.

According to the report, five of the most popular

selling vehicles with the highest complaint index ratings include (from highest to lowest): Dodge Durango, Chrysler Town and Country Van, Volkswagen Jetta, GMC Envoy, and Ford Expedition.

The report also lists the most popular selling vehicles with the fewest number of complaints including (from lowest to highest): Chevrolet Impala, Toyota Tundra Pickup, Pontiac Grand Am, Toyota 4Runner and Nissan Frontier.

Consumers complained most frequently about engine performance and emissions, or the electrical system. Other defects (highest to lowest) included body and trim, automatic transmission, engine mechanical, air conditioning and heating, suspension and steering, brakes, driveline/vibrations, water leaks, safety devices, other, standard transmission and paint.

Under the Lemon Law, TxDOT's Motor Vehicle Division can order a vehicle replaced, repurchased or repaired by the manufacturer. Some manufacturers choose to settle complaints rather than contesting them at a formal hearing. The report shows Daimler Chrysler Motors Corporation and General Motors Corporation continued their trend of resolving more complaints prior to hearing. In addition, Cadillac, Forest River, Mitsubishi and Toyota

improved their settlement rates significantly.

The Texas Lemon Law covers new or leased vehicles, including cars, trucks, vans, motorcycles, mopeds, all-terrain vehicles, motor homes, towable recreational vehicles and neighborhood electric vehicles. The Lemon Law Rules require that a manufacturer, distributor, or convertor re-title a reacquired vehicle. The re-titling requirement facilitates enforcement of disclosure requirements and hinders what is known as "lemon laundering" or "title washing."

State law also requires manufacturers to issue a disclosure statement and affix a disclosure label to the front window or rear view mirror of vehicles ordered repurchased, replaced or reacquired to settle a Lemon Law complaint. The disclosure requirements are also mandatory for vehicles reacquired under another state's Lemon Law and transferred to Texas for resale.

More than \$78 million in relief for consumers has been generated since program inception in 1983.

To obtain a copy of the 2004 Lemon Law Report or a consumer handbook on the Texas Lemon Law contact TxDOT's Motor Vehicle Division at (512) 416-4800, 1-800-622-8682 or <http://www.state.tx.us/insdtdot/orgchart/mvd/lemon/lemonlaw.htm>.

--Randy

CONSTITUTIONAL AMENDMENT ELECTION

The Borden County Clerks office is now accepting applications for Early Voting Ballots by mail.

- October 11th, 2005 Last day to register to vote for the Nov. Election
- October 24th, 2005 First day to vote early in person
- November 1st, 2005 Last day for clerk to receive applications for a ballot to be voted by mail
- November 4th, 2005 Last day to vote early by personal appearance
- November 8th, 2005 ELECTION DAY

Subscribe to the

Borden Star
"Your" Hometown
Newspaper



Only \$12.00
12 months
P.O. Box 137
Gail, TX 79738
806/756-4402