

By Dayton Kelley
Mary Hardin-Baylor College
Belton, Texas

Most people celebrated Thanksgiving recently under the erroneous impression that the Pilgrims' first Thanksgiving in 1621 was the beginning of the regular yearly national holiday we now have.

Actually it was not until almost 250 years later, on October 3, 1863, when Abraham Lincoln was president of the Civil War was in full swing, that Thanksgiving was established as a national holiday.

Mrs. Sarah J. Hale, the editor of Godey's Lady's Book, asked the President to set aside a day for giving thanks. Lincoln designated the last Thursday in November as a day of thanksgiving, choosing that particular date because it is the last feast day prior to the observance of Advent in many churches. Lincoln repeated his Presidential proclamation the following year and each year since then the President has issued a proclamation establishing Thanksgiving Day in November.

The custom of observing a day of thanksgiving does go all the way back to 1621 and the Pilgrims and was also given some attention

by the Continental Congress and by President George Washington. December 18, 1777, was chosen by the Continental Congress as a general "thanksgiving day," as a result of the surrender of General Burgoyne, and George Washington during his first year of office as president, issued a proclamation recommending that November 26, 1789, be kept as a day of "national thanksgiving."

Aside from Washington's recommendation, only one other Presidential proclamation for a thanksgiving observance was issued prior to Lincoln's act. That was a proclamation by President James Madison in 1815.

Until 1939, every president followed Lincoln's example and proclaimed the last Thursday in November as Thanksgiving Day. In that year, President Franklin D. Roosevelt moved the day back a week to allow more time between Thanksgiving and Christmas, an act to which many people objected.

Some states celebrated on the last Thursday of November as always while others observed "Roosevelt's Thanksgiving." To avoid confusion, Congress passed a law in 1941 which established the fourth Thursday of the month

as a national holiday.

Although it remained for Abraham Lincoln, in the midst of the Civil War, to proclaim the event a national holiday, the spirit of the Pilgrims' first Thanksgiving is still very much with us in both the custom of feasting and the practice of giving thanks.

The month of November marks the 100th anniversary of the inauguration of Jefferson Davis to a full six-year term as President of the Confederacy, the 100th anniversary of the seizure of the Confederate envoys James M. Mason and John Slidell aboard the British mail steamer Trent.

Mason and Slidell, who were captured by Captain Chas. Wilkes aboard the United States ship with the Texan-sounding name of San Jacinto, were not released until late December following a strong British protest.

An international incident was narrowly averted by their release and the acknowledgement by Secretary of War William H. Seward that Captain Wilkes had erred in seizing the two Confederates.

TROOP 6 MEETS MONDAY

Third grade Brownie troop 6 met Monday with 18 present.

Invitations were made for the Mother-Daughter Christmas Tea to take place Dec. 11th.

Sunshine reporter for the week was Letha Parks. Treats were served by Kathy Meador and Sheila Murr. —Vicki Castro.

Visiting Mr. and Mrs. E. G. Donaldson over the holidays were Mr. and Mrs. Hunter Floyd of Baytown. They were joined on Thanksgiving day by Mr. and Mrs. Walter Donaldson of Llano and Mrs. Way King of Eldorado.

School Menus

Monday, Dec. 4: Chili porcupine balls, frozen cauliflower, Sammy's beans, tossed salad, buttered rolls, milk, canned fruit.

Tues., Dec. 5: Swiss steak and gravy, creamed potatoes, green beans, cabbage & carrot & apple salad, buttered rolls, milk, fruit cobbler.

Wed., Dec. 6: Hot dogs with chili, potato salad, orange halves, cheese slices, milk, chocolate cake.

Thursday, Dec. 7: Creamed turkey on rice, mixed frozen vegetables, tossed salad, buttered rolls, milk, banana pudding.

Friday, Dec. 8: Tuna croquettes, tomato and spaghetti, broccoli, stewed prunes, buttered rolls, milk, applesauce cake.

Home Demonstration Agent's Column

By MRS. VIDA KREKUCW

Diets, gaining, scales and all such references to the business of putting on a few pounds is a rather touchy subject right after Thanksgiving. But as sure as Christmas is coming, now is the time to strengthen resolves and start all over again.

If you would like the last word on the subject of formulae, fads and fatness, I couldn't quote a better source than what Drs. Myers and Stare of the department of nutrition, Harvard Medical School of Public Health, Boston, Mass. This is what they have to say, and their say is the last.

Formulae, Fads and Fatness

The most recent craze in weight control concoctions is, as you are aware, formula diets. Drink your meals—forget about food, and pounds melt away. One of the originators of the formula routine is introducing the same or similar components as wafers. So many wafers supply so many calories. Those tired of drinking can now chew. This latest is a fairly good indication that the formula jag is on the wane and will no doubt suffer the same fate as the egg diet, the grape-juice-rye krisp diet, the banana-milk diet, the grapefruit spinach diet, the Mayo diet, the Rockefeller diet, the Holiday diet, ad infinitum.

There are some 80 to 90 formula mixtures on the market. The packaging variety attests to the ingenuity of the promotion experts. The ingredients vary. Usually the protein is from milk or soya or both, the fat from milk or corn oil or some other vegetable oil, and the carbohydrate from sucrose, lactose, or some form of starch. Some preparations have a thickener type of substance added to give some bulk and smoothness to the beverage. Most of them have generous but varying amounts of minerals and vitamins added. Most contain what they claim. However, at least two have been seized by the FDA. One had 48% less protein and 22% more fat than the label declared. Another product was also seized for making false nutritional claims.

Pros and Cons of Formula Diets

A formula type of dietary intake has, under very limited and special circumstances, some real virtues. For research work it provides a "constant" diet permitting fairly accurate control. For some therapeutic purposes when a rapid weight loss is considered imperative a formula solves some prob-

lems for the physician and the patient and the hospital dietary department.

However, for the adult American who should or wants to lose weight and maintain the loss, formula dieting is no more the answer than any of the other schemes which have had their brief moments of popularity.

Nine hundred calories is too little for most people and will cause a very rapid and drastic weight loss if adhered to for very long. Fortunately most people don't stay with the program more than a few days or a week or two and then they start modifying it and in so doing, add extra calories.

Various complications such as nausea, diarrhea and constipation

have been reported by users. Monotony is the chief complaint.

There is no question that obesity is a very real, practical problem in most of the well-developed areas of the world including the United States. Corpulence has been considered physically unattractive in this country for several generations. It is also medically unattractive—with good statistics to prove it.

Any cold, unemotional analysis of the myriad methods, cures, and treatments, scientific or otherwise, produces the sad truth that to date no single simple weight reduction scheme is effective as a treatment of obesity. This is really not at all surprising. Obesity is not a simple problem. It is a gross oversimplification to state that obesity is

the result of consuming more calories than are expended.

We judge a reducing program to be effective if a person has lost a predetermined amount of excess fat in a reasonable and consistent fashion, and has maintained his new weight for at least two years.

In view of past experiences and of present research, it is extremely doubtful that there will be developed any easy, simple, single remedy to the tremendous public health problem of overweight. The cure of obesity can scarcely be anything but difficult, requiring understanding to meet the multiple problems each overweight individual represents. Fads and formula diets just skip across the surface.



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Bulova is truly the gift quality watch... the watch you can give with pride, wear with pride... because it's made with pride.

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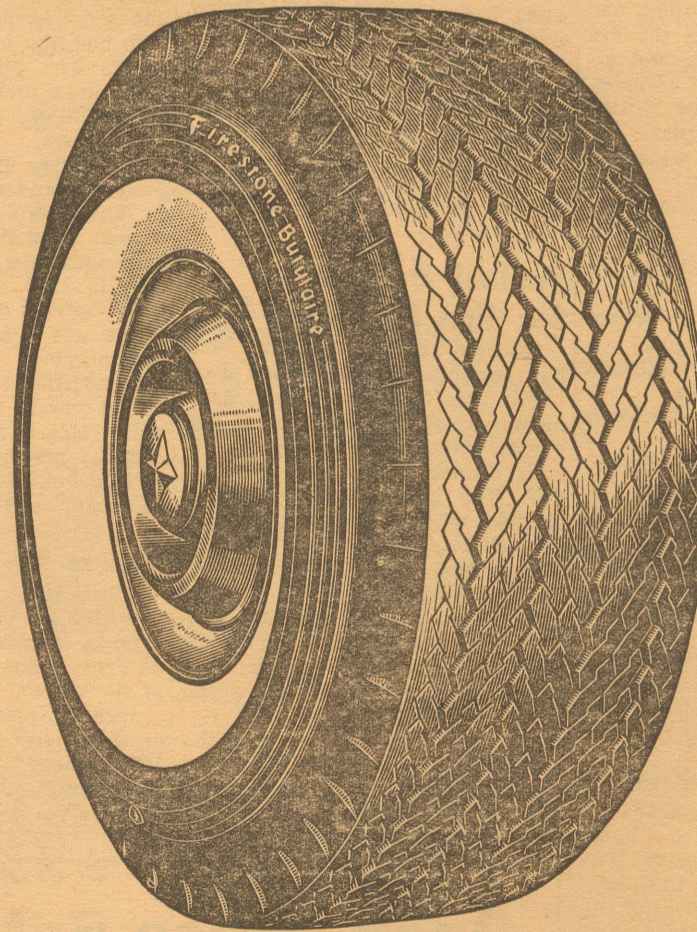
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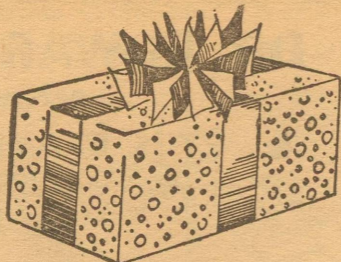
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A COMPLETE LINE. Check our complete line of toys, small appliance items, sporting goods, etc., against your shopping list now while you have a choice.

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VIII Corps Has History That Goes Back To 1918

Sonora-Junction-Eldorado-Iraan-San Angelo members of the 1st and 2nd Platoons, Troop B, 15th Cavalry, 90th Division, of the VIII United States Army Corps, and the communities in which they reside may not realize what a distinguished heritage they have in their VIII Corps membership.

Fact is VIII Corps is celebrating its 43rd birthday this November. It was originally constituted in France on November 19, 1918, just days after "Armistice Day" marked the end of World War I. But the VIII US Army Corps came into its own in World War II when it was utilized as one of the units to bear the brunt of much combat. Extent of its participation is reflected in its casualty reports for World War I where it took part in five major campaigns including the Battle of the Bulge, The Rhineland, and Central Germany. The record shows that VIII Corps lost 11,074 killed in action, 46,339 wounded, 11,408 missing in action, and 2,335 captured.

Anniversary messages arrived in Austin this month from many parts of the country from its former commanding generals. Among these are Major General Emil F. Reinhart, Lt. General Troy H. Middleton, Major General William R. Schmidt, Major General Ira T. Wyche, Major General Robert G. Gard, and Major General C. Stanton Babcock.

Meantime, United States Army Reservists, now members of this illustrious Army Corps, train conscientiously but unobtrusively in Sonora Armory, apparently little notice being taken of this unit's distinguished heritage.

GUESTS OF DUDLEYS

Mr. and Mrs. P. S. Dudley had as their guests during the past 10 days Mr. and Mrs. H. A. Lee of Dartsville, West Virginia. Mr. Lee is Mrs. Dudley's brother. Also Mr. and Mrs. W. Z. Trotti of Liberty, Texas. Mrs. Trotti is her sister.

For the Thanksgiving holidays, Mr. and Mrs. Hobert Lee and daughters, Birdie Nell and Patricia, from Sour Lake, Texas, were guests and went hunting. Both Mr. and Mrs. Lee killed nice turkeys.

Carbon Monoxide Gas Can Kill You . . .

College Station.—Cold weather requires that windows in the home and car be closed and increases the need for proper ventilation. A potential killer, warns the Texas Farm and Ranch Safety Council, is a product of poor ventilation and goes by the name of carbon monoxide gas.

Every year Texans die from this odorless, colorless and tasteless gas. Deaths from this cause are most common during the winter months and usually result from a high, open fire in a room without proper ventilation, a clogged flue, unvented gas stoves or defective gas stoves or leaky exhausts on the automobile.

Keeping an automobile in good running order is good insurance against carbon monoxide poisoning. Leak free combustion and exhaust systems, points out the Council, are of major importance. Many automobile accidents result from carbon monoxide and studies have shown the presence of the gas may cause a driver to blackout or fall asleep. It is always wise, says the Council, to keep a vent or window partially open while driving. Letting a car engine run in a closed garage is extremely dangerous.

Symptoms of carbon monoxide poisoning include headache, dizziness, eye blurring, nausea and fluttering or throbbing of the heart. A check of heating equipment and attention to ventilation will eliminate most of the chances for these symptoms to hit you, concludes the Council.

AT WHITELEYS FOR THANKSGIVING

Thanksgiving Day was observed at the home of Mr. and Mrs. J. C. Whiteley with a dinner for a large number of kinfolks.

Present were: Mr. and Mrs. Tom Carroll and Vicki, and Mrs. Nelita Williams and family of Ozona; Mr. and Mrs. Jimmy Carroll and baby, and Lee Rhuebottom of San Angelo; Mr. and Mrs. Sam Granberry of San Antonio; Herman Carroll of Austin, and the following from Eldorado: Mr. and Mrs. Laman Hazelwood, Mr. and Mrs. Vernon Hazelwood, Mr. and Mrs. Vernon Carroll, and Mrs. Hodges.

On The Screen . . . 'THIEF OF BAGHDAD' IS ON TONIGHT AND TOMORROW NIGHT

One of the most famous roles in romantic literature, that of a robber turned prince, will be re-enacted tonight and tomorrow night at the Eagle Drive-In Theatre with the showing of "The Thief of Baghdad." The wide-screen motion picture is in color and stars Steve Reeves in the title role.

The fabled accounts of Karim the Thief have undergone five motion picture renditions since 1925 when Douglas Fairbanks instituted the silent film role. The 1938 version by Britain's Alexander Korda won four Academy Awards.

Its nature has changed over the years. What remains of the classic is that ageless appeal of a man's quest for adventure and romance. A common man of Baghdad is able to perform miracles through the aid of a magic spirit. Seeing the film gives us a chance to revisit our youth when, we too, had a benevolent genie.

Basically, the film is exciting. The adult who has long since surrendered his surrealistic world for one of reason will still find escapist pleasures.

A love potion has an adverse effect and the princess (Georgia Moll) becomes ill. Her fate depends on the magic from a blue rose growing in a far away land. The sultan decrees that whoever brings back the rose may wed the princess. The rose lies beyond Seven Deadly Gates. Karim alone surmounts the obstacles.

These feats are enacted through special effects on location in Kairwan, Tunisia, the site chosen as most nearly resembling ancient Baghdad. Director Arthur Lubin captures much plausible atmosphere in use of street scenes and existing structures. Thomas Howard creates superior illusions of fantasy in this Joseph E. Levine adventure spectacle.

It is produced by Bruno Vailati from Metro-Goldwyn-Mayer release. This combined effort is revealed in 90 minutes on the screen that gives the man, grown skeptical with age, a chance for legitimate regression.

PRESBYTERIANS AT WORK ON SONG SERVICE FOR DEC. 17TH

Dan Sebesta, pastor of the Presbyterian church, announces that the mixed choir in the church is already at work on the special Christmas song service which will be given December 17th, at the Sunday evening hour.

On Oct. 27, 1961, Dick Runge was awarded the title of Distinguished Military Student at Texas A&M College. He visited here during Thanksgiving.

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**Kate
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DRESSES FOR
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1—3X
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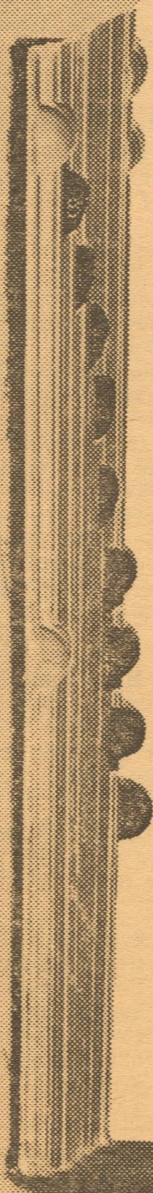
\$3.95 to \$7.95

**THE
RATLIFF STORE**

Daddy thinks I look peachy in my delicious Kate Greenaway. Peaches pin has streamers to match the green stripe of the mock cummerbund. Other stripe is rosy ripe. Embossed posies grow all over the champagne colored rayon and cotton faille.

Visitors in the Orland Harris home were Mr. and Mrs. Alva Lee Harris and family of Big Lake and Arlene Harris of San Angelo college. All went deer hunting while Mr. and Mrs. Vernal Sudduth spent Thanksgiving with Mr. and Mrs. Myrl Sudduth at Ft. Polk, La.

HERE'S WHERE YOU GET THE GOOD WORD ABOUT THE '62 JET-SMOOTH CHEVROLET



Jet-smooth ride 542 front fender underskirts rich new interiors 543

Jet-smooth ride, n. 1. The cloud-9 feeling of comfort that people in Chevrolets enjoy wherever they go. 2. A supple Full Coil spring flexing at each wheel of a Chevrolet to absorb road shock. These are teamed with over 700 noise and vibration filters throughout the automobile to help eliminate the noise and vibration ordinarily transmitted by metal-to-metal contact. The total effect is a ride of supreme quiet and smoothness. 3. The reason why so many Chevrolet-owning families leave home ever so happily. 4. A habit-forming pleasure for which no cure is known, wanted or sought.

new V8-skedaddle, n. 1. The result of touching an accelerator that's linked to one of Chevrolet's new V8 engines (also known as "six-skedaddle" when engine is Chevrolet's trusty 135-hp. Six). 2. The moving power of Chevrolet's 1962 V8 engines. There are five of them, ranging from a standard 170-hp. version up to an optional-at-extra-cost 409-hp. powerhouse.

Body by Fisher craftsmanship, n. 1. The closest that a body manufacturer has come to the care and skill of the jewelry maker. 2. The art and science of forming metal into the strong, solid body structure of the 1962 Chevrolet. 3. Something you won't find in any other car in Chevrolet's field.

deep-well trunk, n. 1. The giant warehouse built into the rear of a 1962 Chevrolet. 2. A trunk that loads at the bumper level and has a capacity of 29.7 cubic feet. It is built with an extra-deep recession in its floor so that it can easily accept odd-shaped outside objects.

comfort-high seats, n. Thought by many to be the most comfortable things to happen to the bottom side of the human lap since dad's overstuffed armchair.

front fender underskirts, n. 1. Sturdy steel linings that are under the front fenders of 1962 Chevrolets to add extra protection against flying stones, mud, slush, road salt and that old bugaboo, corrosion. 2. One of many ways the Chevrolet is built to stay beautiful.

rich new interiors, n. One of the principal reasons why people step into the 1962 Chevrolets and promptly feel luxurious all over.

One-Stop Shopping Center, n. 1. Where people go to get the most car for their money and get exactly the kind of car they want. 2. A concentration point for the 33 cars Chevrolet offers for 1962. These come in three lines: The elegant new Jet-smooth Chevrolet, the new-size Chevy II, the sporty new Corvair, and the new Corvette, with new refinements, new V8 power. 3. Where '62 values are way up but prices are the same—or less—on comparably equipped models. 4. The place where you

enter a new world of worth in automobiles. 5. Where most Americans go for a pleasant, instant cure the moment the new-car bug bites them.

See the '62 Chevrolet at your local authorized Chevrolet dealer's One-Stop Shopping Center

- LOANS
- CHECKING ACCOUNTS
- BANK BY MAIL SERVICE
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Christmas Is Not Far Away

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AND WHILE WE'RE ON THE SUBJECT OF YOU AND YOUR STORE, MR. MERCHANT, MAY WE REMIND YOU THAT THE ELDORADO SUCCESS IS THE BEST MEDIUM AVAILABLE FOR ADVERTISING YOUR GIFT ITEMS TO THE PEOPLE OF THE SCHLEICHER CO. TRADE TERRITORY. MORE PEOPLE OF THE COUNTY READ THE SUCCESS THAN ANY OTHER PAPER.

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5 LB. BAG

29^c

RUBY RED

GRAPEFRUIT

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Gandy's

FROZAN

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Kraft Strawberry

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15c OFF — LARGE SIZE

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25-LB. PAPER BAG

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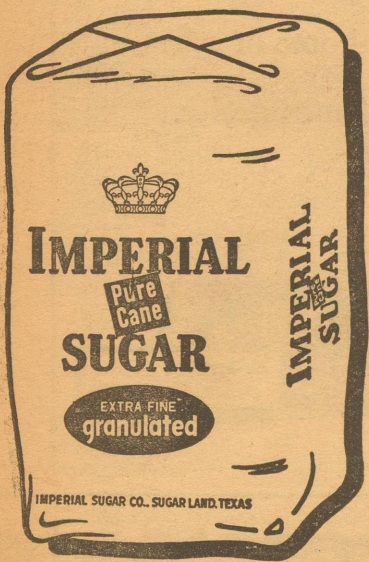
MORTON'S

Salad Dressing

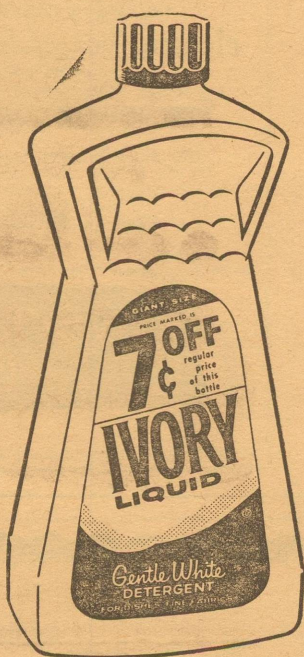
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POUND

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5-LB. JAR 59c

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