

For Human Right 24 Hours A Day

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NOVEMBER 22 THRU NOVEMBER 28, 1979

A BMI NEWSPAPER

510 East 23rd Street

Lubbock, Texas

(806) 762-3612

Digest Interviews "Apocalyse Now" Co-Star, Albert Hall



Albert Hall

The Vietnam era, and what do you know about it? Eddie P. Richardson, Jr., copublisher of the Lubbock Digest, didn't know much about it until he interviewed Albert Hall, and viewed the film, "Apocalyse Now," which Hall is co-star.

The film deals behind the television cameras, behind the smooth reporters, and gets down to the core of the madnesss, the seriousness, and moral dilemna of the Vietnant war. The movie is very gory, violent, suspenseful, and shocking. See last week's editorial for more about Albert Hall.

"More Blacks Need To Go Into Business For Themselves"

New Black Owned Business

People go into business for many reasons, but for James Ross, it was still a different one. "I went into my own business (J. J.'s Sanitizing Service). because I was fired for asking for an opportunity to become a salesman. he says.

"You know, I saw an opportunity as well as a need in the janitorial business, so here I am. In this business, I want to be able to create jobs and build a good Black image for our young Black boys and girls as well as other minorities," says Ross.

A resident of Lubbock for thirty five years, Le has only been in busines for nine months. "Since busy doing each day and this short time, I'm able to sell my service to many businesses and some residentials. Even the Better Business Bureau knows about this business," he smiles. is known across the New Mexico state line. "My business shows young Blacks there is something else in the world other than pimping and hustling. I believe any person who wants to go into business can put his today. I've got some of mind into it and become their customers. You see,



Mr. & Mrs. J. J. Ross - Husband and Wife Team

"There's no doubt about it, there needs to be more Black businesses in Lubbock on the South Plains of Texas. Perhaps, I don't have a college Starting Lubbock, now education, but I know J. J.'s Sanitizing Service what one can do in the business world. You must be good with what you

"For instance, the other company I worked for several years didn't give me an opportunity to become a salesman, but successful. This is what you must be good in what my wife, Mary, and I are you do," says Ross.

"My goals in business are to make it on my own and not to depend on anyone for a loan crother handouts." This janitorial service

Ross and wife are building invovles a complete sanitation and cleaning of businesses and other establishments

as well as homes, "All I want is for people to give us an opportunity, and they'll be glad they did," he said.

The Rossess are proud parents of two children. Cutalina and Christoph-

Estacado In Bi-District Saturday

The Estacado Mata-dors will play Ector High School in a bi-district tilt Saturday, November 24. at 2 p. m. in Odessa,

Estacado won I-AAA last week when they defeated Canyon here. Coach Louis Kelly told the Lubbock Digest that

the Matadors are ready. Many Lubbockities are expected to be Odessa for this bi-district tilt.

Thanksgiving Day Mail Service

The U. S. Postal Service will operate on a normal holiday schedule on Thursday, November in observance of

Thanksgiving Day. No residential, business or rural delivery will be provided. Special delivery and collection service will be provided on holiday schedules.

Antique Tea On Tap Here November 25

The Senior Missionary Society of the Greater Saint Luke Baptist Church will sponsor its second Antique Tea on Sunday afternoon, November 25, from 2 p. m

to 6 p. m. Members of this Society invites all of their many Christian friends to come by and unite with them in this affair. Come by and chew and chat, sip and see.

Sister O. L. Craven is president; Sister Annie Sanders, secretary; and Sister H. M. Adams is chairperson.

Rev. A. L. Davis is

"We invite our many friends to come out and be with us on this day," says Sister Craven.

"Jesus" Actor Visits Digest Office



Andy Hill, right, plays a Pharisee and is one of a few Americans casted in the film "Jesus", a John Heyman Production, which was filmed in Israel. Heyman tried to film the scenes as close as possible to the original

Andy was a recent visitor to the Lubbock Digest Office and was interviewed by co-publisher Eddie P. Richardson, Jr.

The Lubbock Digest recommends this film to all Black people.

New Pastor Named At Mount Gilead Baptist

Baptist Church welcomed its new pastor and family, the Reverend and Mrs. Larry Polk and two sons. Rev. Polk delivered a splendid message "I Will Lift Up Mine Eyes Unto the Hills From Whence Cometh My Help"

(Psalm 121). After which, Rev. Polk accepted the pastorage of the church.

A delicious pre-Thanksgiving fellowship

The Mount Gilead dinner was enjoyed by the church family

The membership and its newly elected pastor returned at 7 p. m. to enjoy another dynamic message "Zealous Faith" (Roman 10).

Rev. Polk and family will return to Lubbock as permanent residents the first of the year. "We are very blessed to have such a pastor to be our leader," says members of Mount

Reese AFB Christmas Basketball Teams Named

Sixteen teams will participate in the fifth annual Reese Air Force Base Christmas high school basketball tournament which is scheduled to be played in the Reese AFB gymasium on Thursday, Friday, and Saturday, December 13.

14, and 15, 1979. If Andress does not win its third championship. Abilene Cooper is a likely bet to do so. They were the Christmas Classic cochampions along with Morton in 1976,a nd won

the title outright in 1977 They, too, can retire the giant traveling trophy if they win this year.

Challenging Andress

and Cooper in the President's Trophy Division are Clovis, N. M. ., the New Mexico defending state AAAA champion, Andrews, Texas, and Roswell, N m. The area schools near Reese will be represented by Lubbock Coronado. Lubbock Dunbar and Lubbock Christian High School.

Ms. Mary Adams Win All. Expense Trip To Dallas

Ms. Mary H. Adams, 218 42nd Street, is the winner of the all expense paid trip for two to the Dallas Cowboy vs Houston Oiler football game Thanksgiving Day, Thursday, November 22. The drawing was held

hursday, November 15.

This activity was a fund raising project, sponsord raising project, sponsored by the Lunbar Booster Club.

Many thanks to everyone who helped make this project a

Judges Named For Gospel Musical At New Light

chosen to be judges for the City Wide Thanksgiving Gospel Musical which will be held Saturday evening, November 24, at 7 p. m. at the New Light Baptist

The ladies chosen were Mrs. Billie Jean Russell, a member of Lyons Chapel Baptist Church; Mrs. Daisy Easter, a member of St. Matthews daptist Church; and Mrs. Kate Noble, a member of the Greater Saint Luke Baptist Church.

These ladies are looking forward to participating in this musical.

Many churches of the

Three ladies of the city have been given community have been invitations to participate in this program on Saturday evening

Trophier will be awarded to first, second and third place winners. Rev. James Cavanaugh is pastor of the Greater New Light Baptist Church.

Happy Thanksgiving



SOBU Prexy Celebrates 20th Birthday Here Last Week



BLACKS STUDENTS AT TEXAS TECH UNIVERSITY took time last week to velebrate the 20th birthday of Tony Nelson, president of the Student Organization for Black Unity (SOBU). Pictured above are Ravella Gooden, Nelson, Beverly Henderson and Cynthia Davis who were part of the group who enjoyed this celebration. This affair was held in the Coronado Room of the Texas Tech University

"It was a great affair." says Nelson.

(Photo by Ufok Etukudo)

Baptist Church.

fourteen years, this is the

first year that the men

have out done the ladies

of the church. Last Friday

night, the ladies served

the men a wonderful

dinner in the fellowship

hall of New Hope. Turkey

and all the goodies were

served to these brothers

who worked so hard to

beat the ladies. Thanks to

the ladies for being so

generous. Ms. Kelly and

Ms. Cork went out of

their way to see that the

dinner was okay. They

were thinking about their

husbands, who are a part

of the Brotherhood. ********

Mrs. G. H. Davis spent

Thanksgiving in San

Antonio, Texas visiting

her nephew and wife.

playing in the streets.

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Hickory Smoked

Mr. and Mrs. Elisha (Jessie Mae) Stevens last Saturday arrived morning, via western Airlines, to spend the Thanksgiving holi-days with the D. C. Fairs. Mrs. Stevens is Mrs. C. E Fair's neice and is presently employed in the Houston Independent School District. The Stevens are members of Clinton Park United

Methodist Church, Rev. David W. Houston is the ***** Ms. Debbie Britt flew to Hawaii last week on company business. She reported a lovely trip. She

admits that Hawaii is a

beautiful place to visit. Rev. A. L. Dunn, pastor of New Hope Baptist Church, was in Eastland, Texas last Sunday to preach the Homecoming Sermon at the First Baptist Church. where he once pastored. Rev. S. N. North filled the

pulpit for him on last Sunday morning. Rev. North's subject was Three Stepss - (1) How Sweet It Is To Be Loved By God; 2nd John 5:7 3rd, The People Are Sick Physically, Sin Sick."The message was great

Services of honor will be held December 9th at 3 m. for Mrs. R. B. I hompson, local church missionary . Let us all give our support with her love offering envelopes. They are available by

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Rev. P. B. Phenix

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members of New Hope The Outreach Prayer Breakast Each year at New Hope, a rally is held between the men and women. Over the past

Members of the Outreach Prayer Breakfast Club met last Saturday morning at 9:45 a. m. in the home of Mrs. Gladys Shephard. Presid-

ing over the meeting was Mrs. C. E. Fair. Opening scripture was read from 27 Psalms by Mrs. Clara Cage and prayer was offered by Mr. Earl Wheeler.

Morning lesson was taught by Mrs. Dorothy Hood. Scripture was taken from St. Luke 9:18-23.

"Once when Jesus was praying in priate and his disciples were with him, He asked them, "Who do the crowds say I am? They replied, "Some say John the Baptist, others say Elijah; and still others, one of the prophets of Let us drive careful long ago has come back during this holiday

season. Keep in mind that Thought of the Day: many young people are "Must Jesus bear the out of school and may be cross alone and all the world go free? Think about it!!

A very touching song Continue on Page 3 was sung by Mrs. Vivian

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Peoples, and Mrs. Buelah Winters. Truly the Lord was in the meeting on last Saturday morning. Remarks were given by

the group.

Breakfast was served by Mrs. Shephard and Mrs. Vivian Peoples,

filling in for our cooks who were absent. Mrs.

Betty Titus was also serving with tender loving care. This is the only way

Continue on Page 3

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Elton Conger A Salute To A Strong Man

As Lubbock nears the Thanksgiving Season, this writer can't help but reflect back over this pass high school football season. And as this is attempted, one can't help but think of how

wonderful this season must be and has been for coaches like Louis Kelly and James Odom. Both Kelly and Odom won their respective districts and are headed into bidistrict competition this

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Olincontested Divorce.....

•Adoption

weekend. It has been said, and I with all the odds and obstacles against him this believe it too, these are two fine coaches in the he received, he hung in Lubbock Independent there. At times, it School District, and have appeared as though the the best raw junior high talent that Lubbock has to offer. Therefore, with a little bit of imagination and a little forcefullness, why shouldn't these

coaches win their

districts? On the other have been against him, hand, this writer has no but he has hung in there. intention of trying to It also seems like some show in this column that of his own players have Odom and Kelly win only been against him. Then it because of this. This seemed like life, itself, writer knows they are two frowned upon this man, fine coaches and wish but somehow, he weaththem all the luck in the ered it all. This man, as you may know by now, is Coach Van Jefferson. world this weekend. However, there is

Some of you may know that his wife has been seriously ill for sometime. but he did not fold. This man, Coach Jefferson, kept on fighting back as always. In this writer's opinion, if there was an award to be given to a man who courageously faced his problems and

another coach in town,

year and all the bad press

local press was against

him. It also seemed like

the once loyal Dunbar

Panther fans were always

against him. It seemed

like some of the coaches

problems of others. Coach Jefferson, since this is the Thanksgiving Season, we are all remembering what you have done and is doing for our young people. This writer would hope that we would all do same. Let us remember his family in our prayers. Here's wishing his wife a speedy recovery

Coach Jefferson, if you read this article this week, remember the Lubbock Digest, too, is praying for your family. We sincerely hope that you will have a joyous one. Keep on helping young people, regardless of the odds and obstacles in your path. We know you can endure, because of what we've

Continue from Page 2

Church will sponsor a special service on

Sunday morning, December 2nd. Your presence

will be greatly appreciat-

If you had an opporturnity to travel over the

holidays, let me hear from you. If you had guest, do

In Grateful Appreciation

Perhaps you sent a lovely card or sat quietly in a

chair. Perhaps you sent a floral piecc. If so, we saw it there. Perhaps you gave us nourishment through-

out this stressful time.

Perhaps you said a prayer for us. We thank you for being so kind. Perhaps

you spoke the kindest

words, as any friend could say; Perhaps you were not there at all, just

thought of us that day. Whatever you did to

console our hearts; we

thank you so much, whatever the part.

The Family of Mrs. Lillie Mae Allen

(died November 10, 1979)

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PRAYER BREAKFAST

Continued from Page 2

we know to operate with love. Are you hungry? If so, come by and be fed two ways.

Our guest list include Mrs. Willie Mae Hall. You light up our day, come again. Prayer request was made. Do you have one? If so, come by or call. Let's pray together.

Morning prayer was led by Mrs. Iwilla Moore. Our sick list include Mrs. Catherine Jackson, who is at home; Mr.a nd who is at home; Mr. and Mrs. J. Belvins, who are at home; Ms. Phillis White, Ms. Ophelia Smith, who is at home; and Mrs. Dollie Howard, who is a patient at Methodist Hospital.

If there are any others not mentioned, remember God cares. He really

does. Have a thankful and happy holiday. For more information,

call 762-3347. Our next meeting will be held in the home of Mrs. Christine Carter, 1905 East Cornell Avenue.

Mrs. Mary Ward is president; Mrs. C. E.

Fair, vice president; Mrs. Clara Etta Brown, secretary; and Mrs. Dorothy Hood, reporter. ******

Have a happy Thanks-giving Holiday. Don't forget to thank God.

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Aditorials

Eddie P. Richardson, Jr.

A Time To Observe Give Thanks

As one looks around and observe what has happened thus far this year, one can easily see a lot to be done, a lot of inadquacies and things not as they should be. But, on the other hand, as we observe the things that have happened over the past eleven months. We can very well see we also have made progress in our city. Some progress and strides have been made, and we should all be thankful this holiday season. This is a time of the year when we should be thankful for what we have and where we've come from.

We, at the Lubbock Digest, with your help, are thankful for the projects we've been involved with this year. We admit, however, that without you, none of them couldn't have gotten off first base. We have been blessed to sponsor another Market Seminar, four town hall meetings (which involved city and county officials) and our first "Ms. Top Ten Best Dressed Black Women in Lubbock Pageant."

We are very happy over the dialogue between local officials with Black citizens. And to repeat again, the first "Ms. Top Ten Best Dressed Black Women in Lubbock Pageant" made a lot of sense. It's just good to see all the citizens of Lubbock working, fighting and praying for a better place for all of us to live. On this Thanksgiving Day, we can rejoice, but we can not stop now. There is still a lot of work to be done, and we must continue doing what we can to make our community a better place to rear our children.

A look at the international and national affairs on this Thanksgiving Day makes one really think. The hostages in Iran is a bad situation. President Carter must continue to stand firm. All Americans want all hostagess released safely, but one thing Black people, in spite of the bad situation, can find something to be thankful for this time of the year. Blacks and women will and have been released. This is one situation where Blacks received less oppression than others. This is a very bad situation for all Americans involved, but for once, Blacks came out on top.

Reading a recent article in the Denver Weekly Newspaper, owned by a friend of mire, F. Cosmo Harris, this writer felt it was worthwhile for our readers. Here it is:

James Farmer: "Only Hate Groups Can Benefit"

James Farmer, the founder and former national director of the Congress for Racial Equality (CORE), warned this week that the "scuttling of the

alliance" between Blacks and Jews would not be in the interests of Blacks or Jews but would benefit "only those who, like the KU KLUX KLAN, wish pain upon Jews and Blacks alike.' Farmer, who is now executive director of the Coalition of American Public Employees, told a confernece of the National Association of Human Rights Workers in Portland, Me, that "the purported rift between the Black and Jewish communities" tied to the resignation of Andrew Young as U. S. Ambassador to the United Nations threatens to "fragment" the "historical alliance between Blacks and Jews ."

Cites Contributions of American Jews

"In allmy years in the civil rights movements, no single white community contributed more in human and economic terms than the Jewish. and economic terms than the Jewish American Communty."

SUPPORT UNITED BLACK FUND!!

Lubbock Digest

"Dedicated to Freeman, Justice and Equality"

T. J. Patterson Eddie P. Richardson Managing Editor Jeff Joiner Distribution Manager

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ri to increase ejj urban costs,

Farmer said, adding that he was "troubled by recent statements by some Black leaders regarding events in the Middle East."

Farmer deleared: "We should move quickly and decisively to resolve existing problems in our communities and to forestall others which threaten to erupt. When Jews are under attack, Blacks must move to their defense. The anit-Semite, we must never forget, is a bigot. Actions against Jews are only a prelude to actions against Blacks. And, equally true is the reverse."

Guest Editorial

'A Time To Be Thankful"

Harold M. Chatman

To the citizens of Lubbock, at this time of the year, we are all giving thanks to God for the bountiful blessings He has bestowed upon each of us. We know, without Him and His wisdom, we, in our total ignorance of all that confronts us, we are blessed to make it from day to day.

God also has given us a brain and this organ has laid dormant (in many) for too long, but now it is time for us to show God that the trust He has placed in us is not in vain. Look around us (very closely) and please be very observant of each and everything that goes on in your community, state, and nation. Things are brewing that could affect all of us, but this writer hopes all of us will stand up and be counted in all issues which involve our lives and the lives of our children.

Keep a watchful eye and unplug your ears and don't be taken in by apple pie covering with poison

Without a doubt, this is the time of the year when we should be thankful for what has come our way. True, there are problems, from the political arena to other areas, in the Black community of Lubbock. But, this week, each of us have an opportunity to sit down and give thanks for what we have, and stop complaining about what we don't have, God has

given all of us an ability to do what is right and proper. This writer only hopes that from this day forward, we will all begin to do what is right and

Anyway, be thankful and get involved. Let us all pray that this will become a reality here. Happy Thanksgiving to each of you. May God continue to bless of you.

Stand Tall!! ... We Show Forth Our Stature By Measure Of How Tall We Stand!!

Lubbock Higest

"Dedicated to Freemen, Justice

As PUBLISHERS of this weekly newspaper, we owe to YOU, the reading public, to be factual and fair. You may be critical of some things that are written, but at least you * !!! have the satisfaction of knowing they are truthful and to the point.

People will react to that which is precise, and we will publish these articles as precisely and factually as is humanly possible. We will also give credit and respect to those who are doing good things for the Lubbock Area and the people. We will be critical of those who are not doing as they have said they would do, and this we think

So, this is our resolution to you: 'Feel free at anytime to call this office for information concerning this newspaper or any other matter that is of concern to you.

This is not a propaganda sheet made to chastise or validify. This is a newspaper made to educate and not to

T.J. Patterson Eddie P. Richardson

Editors



BLACK BARPOWER ABAY

By Dr. Nathaniel Wright, Jr. **Human Rights Activist**

THIS WEEK WE EXAMINE

Periodically in this column, we point out the connection between good 200nomics and the continuing empowerment needs of black Americans. A poor race in any society will almost always be disproportionately powerless in every other aspect of its people's life.

Hence, wintertime savings - and the discipline involved in achieving them-are of tremendous importance to us as a people seeking improved status and full liberation.

One of the most important areas in accruing wintertime savings is the matter of providing both ample and pleasant heat for the cold winter months.

Fuel costs within just a few years have increased three not being used at the time. times over; and, most immedintely devastating, there has been a doubling of our winter fuel costs in less than three vents.

Whether we live in the North (where heating costs are 65 percent higher than in the South) or in the South (where a doubled or a tripled fuel bill can still be shattering to a family's budget) fuel savings are important.

While we have made fuelsaving suggestions in the past, we add several significant ones to this year's list, because fuel promises to be an increasingly difficult burden for every American in the years which are ahead.

1. Wherever possible, try to "zone" your heat. The zoning of heat simply means putting heat only where it is being used at the immediate

time. If you live in an "oldfashioned" house, built before the 1940's where you have doors to every room_ and hot air registers, this can he a relatively simple matter. You can adjust the duct valves permanently in the basement; and you can shut the hot air registers, as well as the doors, in immediately imused rooms.

Should you have a more modern home, built after 1940, zoning may be a bit more difficult because of the open arches which have no doors. But, for a relatively minor investment and at little or no loss of beauty, attracrive plastic accordion or folding doors may be used to close off an area in the house

Where one has steam or hot water radiators, even these can be adjusted. The happy "end result" of these simple actions can be tremendous savings. Last winter, one person reported a 60percent savings on the family fuel bill, only by "zoning" the household heat . . . and she was also warmer.

You can do it, and be more comfortable, too! Where legally permitted, the addinon-at perhaps between a \$50 to \$200 investment—of electric or gas-fired area heating units may result in tremendous savings. But ... keep the fireplace chimney closed. It is the greatest heat loser of ail!

2. Enjoy family evenings and weekends together. When family members are scattered, occupying every

mom-as they certainly must at some times—heat bills are highest. When families are gathered together in a "family room," hear savings may he achieved elsewhere throughout the house.

If you need to be con-

vinced at how costly fuel can be-and most often is-wasted, just go to where your furnace is, listen to the fuel injector go "click, click, elick," and then just imagine how your own hard-earned money is going "clickery, clickety, click" right up the

chimney!

3. Get into the vest, sweater or "smoking jacket" habit. Both male and female vests are now in style. Sweaters for indoor wear are more manageable, inexpensive, warm, comfortable and attractive than ever before. One heat specialist has said: "A sweater each day saves a dollar a day." Put this into your pocket computer; it may show you how to keep out of debtor's jail.

For males who like to "sport it up," you can "play rich" and have your wife get you an attractive, bright smoking jacket and do just what the rich men do. Perhaps the wearing of moking jackets indoors by the rich helps them to stay that way. 4. Check the caulking on

vour windows; check the seals on your storm doors; make certain that all windows are closed in any area where the heat is on; and make certain that you have ample insulation and a good running furnace. These are

"the old standbys," along with adding sufficient humid-

ity to your air. Most of all, remember that you are improving your family's security and the disciplined economics of our race when the now exorbitant winter fuel bills in our households are reduced-as they easily can be-to any sub-

stantial degree.



On the average a man of 25, who doesn't smoke cigarettes, has a life expectancy 61/2 years greater than a man who smokes one or more packs a day.

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clues. Remember- as black

men and women, we have an

obligation to get the best out-

of life-and good health for

ourselves and our loved ones

heart palpitations, enlarged

heart or irregular blood circu-

lation, lung problems. Rest,

sleep, sunny and dry climates

Continue on Page 7

YOUR STARS,

ARD YOUR RUNDE



HEALTH

Even without benefit of astrological signs, black men and women know that they need to become more aware of their health. A few reasons why will make it very clear. Number one, black men and women have a higher mortality (death) rate than our white counterparts. In addition, the black community usually suffers with poor community hygiene, health services, and

now, cuts in hospitals that add to the problem. Finallypoor diets, non-nutritious images as projected on tv, and other health misinformation only worsen the situa-

With the growing health crises in black communities across the country, it is in our best interests to learn just what our health problems may be, so as to take "preventive measures." After all, black man and woman-this

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is the only physical life you have, so take care of it. It's been found that each

of us will tend to suffer with one form of illness or another. The big question has been: Is there a way of knowing in advance which particular type of illness or disease we're likely to experience? The answer to this question is a definite yes!

Thanks to the mystic sciences of numerology and astrology, originally created by black people of this planetbetter known then as Chaldeans, Sumerians, Phoneci-

ens, Egyptians and the like, there is a way of knowing. By knowing the ills we're likely to encounter, preventive measures in advance can aid so much in leading a long and healthy life as we make our

contribution back to the black community, our heritage and roots.

To combine numerology and astrology, first look for your birthdute number (i.e., a person born on the 16th of the month, 1 + 6 = is a number 7 person) and your zodiac sign for your health

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for with an astigmatism,

bright direct sunlight to the

eyes, high blood pressure,

How to save up to 60% on Long Distance.

If you're one of those who thinks a Long Distance call is a luxury, read on.

is certainly the "best of the

The number I person:

those born on the 1st, 10th,

19th or 28th of the month, or

best"!

The trick to saving money while keeping in touch with family or friends is knowing when to call, and calling One-Plus.

Call between 11pm and 8am.



Before you groan about how you can't stay up late or see straight in the morning, think

You'll be saving up to 60%! If you're a night person, you probably don't start counting sheep until after 11 pm

anyway. And if you've got friends and family to call out west, it'll be a perfectly civilized 9 or 10 pm when their phone rings. If you like to see the sun rise, and you know folks back east, it'll be an hour later on their end.

Call out of state anytime before 8 am and you can talk all day if you want and still save 60%. In-state calls, are also greatly reduced. Just remember to dial One-Plus.

Reach out on the weekend and save up to 60%.

Now this is a stroke of good luck: a really cheap Long Distance phone call just when you may want it most. Call any time between 11 pm Friday and 5 pm Sunday and really save. For instance, dial One-Plus and you can



call to Atlanta for only \$1.55. That's almost worth making a new friend in Atlanta

Even on weeknights, save up to 35%.

Sometimes you can't wait for the weekend. Or you don't want to. But you can still save plenty Sunday through Friday from 5 pm to 11 pm. Think about what a bargain it is to call someone 1900 miles

away, talk it up for ten minutes, and only run a tab of about \$2.00. There's just no other way to get close to a faraway friend or relative so quickly, so cheaply.

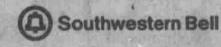


On weekdays it's still a bargain.

Here's a surprise. From 8 am to 5 pm, a Long Distance chat still doesn't cost very much. A five minute call out of state, to any where in the continental U.S. is only about \$2.50 when you dial One-Plus. Think of how good the sound of your voice would be to a friend (not to mention your mother!) right in the middle

of the day.

Reach out and touch someone.



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Continued From Page 6

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the stomach and digestive

system, gastric troubles,

ptomaine poisoning, hemor-

rhoids, female problems and

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SUNDAY SCHOOL LESSON

Power That Overcomes

EPHESIANS 6:10-20

MEMORY SELECTION: Put on the whole armor of God, that you may be able to stand against th wiles of the devil. Ephesians 6:11.



10 Finally, be strong in the Lord and int he strength of his might.

11 Put on the whole armor of God, that you may be able to stand against the wiles of the devil. 12 For we are not contending against flesh and blood, but against the principalities, against the powers, against the world rulers fo this present darkness, against the spiritual hosts of wickedness in the heavenly places.

13 Therefore take the whole armor of God, that you may be able to withstand in the evil day, and having done all, to stand.

14 Stand therefore, having girded your lions with truth, and having put on the breastplate of righteousnes,

15 and having shod your feet with the equipment of the gospel of peace;

16 above all taking the shield of faith, with which you can quench all the flaming darts of the evil one. 17 And take the helment of salvation, and the sword of the Spirit, which is the word of God. 18 Pray at all times in the Spirit with all prayer and suppliation. To that end keep alert with all perservance, making supplication for all the saints, 19 and also for me, that utterance may be given me in opening my mouth boldly to proclaim the mystery of the gospel,

20 for which I am an ambassador in chains; that I may declare it boldly, as I ought to speak.



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Evening Services	7:30	P.M.
Prayer of Needs 1.	2 Noon	Daily

"For a friend of mine in his journey is come to me, and I have to set before him." Luke 11:6. "Whatsoever thy hands findeth to do, do it with my

might," Ecclesiates 9:10.

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those born under the sign of

Sagittarius and Pisces-have

a tendency to overstrain the

nerves, emotional upsets, skin problems such as rashes,

boils, pimples, etc., neuritis,

hip and foot problems. This

class of people usually over-

exert themselves, which gen-

erally bring on their condi-

tion. Controlling the emo-

The number 4 person:

Those born on the 4th, 13th,

22nd or 31st of the month, or

those born under the sign of

Aquarius-usually contract

sudden and mysterious ill-

nesses, difficult at first to

diagnose; they are also prone

to suffering from mental dis-

orders, nervous breakdowns,

moods of depression, breaks

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tions is a basic help.

In next week's column, we will continue with our analysis of persons who are numbered from 5 through 9.

ARIES - March 21-April 20 This week and into the rest of the month should prove to be fruitful and rewarding. However, Wednesday the 14th and especially Thursday the 15th warns against making any important decisions or signing papers. Other than that, the rest of the week will be favorable to start projects. TAURUS - April 21-May 21 Planetary combinations indicate new starts, projects and friends coming into your hemisphere now. Thursday the 15th will prove enjoyable Continue on Page 8



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BURGLARY OF HABITATION

LILLIAN HAMIL-TON. 2711 East 2nd Place, reported to Lubbock police that the Lubbock police that someone unknown did take advantage of her one night last week. She told police that the unknown person did break into her house while she was away. The police report indicated that it was possible for someone to have been in the house when she returned, because she heard a noise.

bedroom window, by

breaking it. Taken from the house were \$30 worth of meat, an AM/FM 8-track player and recorder stero and productive. Don't system, and four 8-track

Those items were valued at approximately

******** BURGLARY OF HABITATION

RUBY NELL HOL-LOMAN, 2709 East 2nd Place, reported to Lubbock police that persons unknown did break into her residence one night last week through a bedroom window

Taken from the residence were an AM/FM clock radio, an iron, and a pillow case. Those items were valued at \$52. Ten dollars

worth of damage was done to the window. She had no idea who could have done such a thing to her house. 在京市市市市市市市

DEWEY BROWN. 2422 East 9th Street,

BURGLARY

Entry to the house was reported to Lubbock that apparently gained by a while he and his wife were



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Continued from Page 7

forget, however-the underlying theme for this month is to guard the health closelyespecially this Saturday and Sunday, the 17th and 18th. GEMINI - Mny 22-June 20 Wednesday the 14th should get things rolling for you and your plans. The next day, however, may hold slight disappointments. Monday and Tuesday, the 19th and 20th, can hold even bigger disappointments should you make impulsive moves and decisisions. So on these days plan your activities as much as

CANCER - June 21-July 21 Start going after what you want, especially on Friday the 16th. You will find, emotionally, that you seemed to be "fired-up" with a new will and purpose. Tuesday the 20th can be expected to be a day of ups and downs, so gear your plans accordingly.

out of town, someone unknown did gain entry to their residence.

Taken from the house were several men's suits, an 8-track tape player, and other items.

These items were valued at approximately Damage was also done

to the south window of the house. 非常未存在市门。在中华

AGGRVATED ASSAULT

ROBERT G. SAND-ERS, 602 Avenue C, reported to Lubbock police that a man attacked him one night last week while he was enjoying himself at the Spot Cafe, 8th and Avenue C.

Sanders did receive a cut on his middle finger. The man apparently responsible for the assault was arrested by police.

DEVELOPE SELF PRIDE EVERY BODY IS SOME BODY

Keep your moral convictions LEO-July 22-August 20 This week you should find yourself making some degree of progress in your personal and business affairs. Those plans and new ideas can now begin to be brought forward, with good success. Sunday the 18th may cause minor worries, but Monday the 19th should prove favorable. Deal only with the higher-ups.

tember 21 Wednesday the 14th will start you mentally rolling into next week with a strong desire to get things done. Saturday the 17th, however, should be considered a cautious day-and it would be best to act accordingly. However, the planetary forces for Sunday the 18th are more favor-

VIRGO -- August 21-Sep-

LIBRA - September 22-Oc-

toher 21 Wednesday, Thursday and Friday of this week will prove to be extremely favorable for your plans, but especially Thursday the 15th. Be selfish for a change, and take advantage of the momentum to get your personal house in order. The underlying theme for November is to watch the health. Be careful on Saturday, the 18th.

SCORPIO-October 22-November 21

Scorpio, this is your time! Now is the time to get what you want. New job offers, opportunities, changes for the better are strongly indicated, so take advantage. Sunday the 18th will prove extremely favorable, while Tuesday the 20th will be a mixed-bag of ups and downs. SAGITTARIUS-November 22-December 20

As new starts, changes and directions are the general indications for all, you will begin to feel your turn coming this Monday and Tuesday, the 19th and 20th. Wednesday the 14th should be considered a day of caution, however, against anything important such as signing

CAPRICORN - December 21-January 30

The 14th, as well as the rest of the week, suggests a lowkey profile—as you are likely to be misunderstood at this time. However, Saturday the 17th will prove very significant for starting in new directions and goals. Monday the 19th may hold minor delays

AOUARIUS - January 21-February 19

Your affairs this week will probably start unjelling, beginning on Monday the 19th. Wednesday the 14th can be open to changes and new ideas; however, Saturday the 17th may prove to be very hectic. Therefore, consider

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the 17th a "red light" day-

PISCES - February 20-

Although the early part of

this week was hectic, it will

not be until Thursday the

15th when the hint of day-

light comes on. On the 15th,

and the rest of the week, you

will feel that you can now

carry out your plans and

ideas. Avoid mental waiver-

ing where possible.

to stop, look and listen.

March 20

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