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Community Meetings

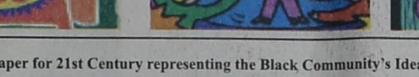
- * Lubbock Area Client Council meets on the 2nd Saturday, 1:00 pm at the Patterson Branch Library, 1836 Parkway Drive.
- * Hub City Kiwanis meets 1st & 3rd Tuesday of each month at 7 p. m., Mt. Vernon UMC, East 23rd & Cedar Avenue
- * Dunbar Alumni Association meets 2nd Saturdays, 4:00 pm.

* Booker T. W Washington American Legion, Post 808, meets every 2nd Tuesday at 7:30 pm, American Legion Building in Yellowhouse Canyon.

- Forgotten West Riders meets on the 1st & 3rd Mondays, 7:00 pm, Patterson Branch Library.
- * East Lubbock Chapter AARP meets every 1st Thursday at 1:00 pm, Great Saint Luke Missionary Baptist Church.

* Lubbock Chapter of Black Alumni meets every 3rd Tuesday, 5:30 pm, TTU Market Alumni Center.





"A newspaper for 21st Century representing the Black Community's Ideas and Ideals since 1977"

Austin Carrizales Criticizes Lubbock County Judge Tom Head Over Raises



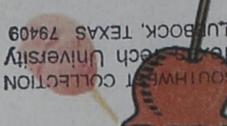
stated previously, this is poor leadership on his part. Judge Head's signature was on the public agenda filed for record on August 22, 2014, three days before the meeting. Clearly he knew this unprecedented raise was coming; however, he stood back and did nothing to stop it."

air Sept. 19 thru 26

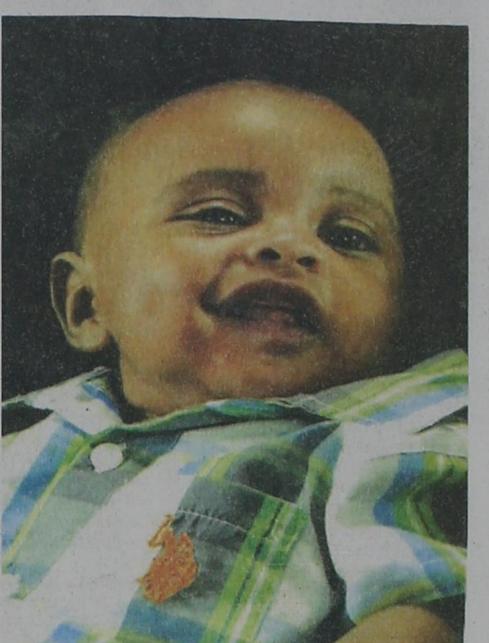
"Judge Head owes it to the voters of Lubbock County to explain himself to the people and to face his opponent in a debate. I hereby challenge Judge Head to a public debate. It is time for him to explain his inaction and poor judgement in front of the tax payers who will be stuck with the bill for his enormous pay raise,"concluded Carrizales.

Carrizales also stated: "Lubbock County Judge Tom Head previously embarrassed his constituents by: gaining international attention for his warning









Thursday, September 18, 201

Vol. LII No. 36

* Dunbar Manhattan Heights Neighborhood Association meets every 1st Thursday at 7:00 pm and every 4th Thursday at 7:00 pm at the Dunbar Manhattan Heights Neighborhood Outreach Center, 1301 E. 24th Street.

 West Texas Native American Association Pot Luck Supper meets on alternating months prior to meeting, meetings held on 2nd Saturdays of each month at

7:00 pm, Educational presentations and demonstrations.

* The Unified Juneteenth Commission of Lubbock meets every Monday evening at Bryon Martin Technology Center, 3401 Avenue Q, beginning at 6:00 p. m.

* West Texas Chapter of 100 Black Men of West Texas meets 3rd Monday evenings at 7:00 pm at Lanier Center, 2nd Floor, TTU Law Center. * The Parkway & Cherry-Point Neighborhood Association meets the 3rd Tuesday evenings, 7:30 pm at Hunt Elementary School. * Chatman Hill Neighborhood Association meets 2nd Thursday of every month at 6:00 pm at Iles Elementary Cafeteria.

ROOTS meets every 2nd Saturday at 2:00 p. m. at 20th & Birch Church of Christ, 2001 Birch Avenue. All Invited.

* If you have an annoucement about your organization, please advise by calling (806) 762-3612 e-mail swdigest@sbcglobal.net.

If you have an announcement you want to appear in this paper, there are three ways to get information to us:

Southwest Digest **Community Meetings** 902 East 28th Street Lubbock, Texas 79404 (806) 762-3612

Austin Carrizales

The Southwest Digest learned more than two weeks ago, media became aware of the large pay increases that Lubbock County elected officials are granting themselves. At the time, according to Austin Carrizales, a candidate for Lubbock County Judge, said: "There was only limited coverage of the pay increase. Since then, Lubbock County voters, both conservative and liberal, have united to confront the outrageous pay in-

crease given to our public servants. In an online poll, less than 5% of people agreed with a more than \$32,000 pay increase (over 40% of his current salary) for the Lubbock County Judge." Austin Carrizales, Democratic Party candidate for Lubbock County Judge, issues the following statement:

"We have a Lubbock County Judge who sat back and did nothing to prevent profiting from taxpayers' money. As I

about civil unrest if President Obama won in 2012; promising to meet the UN invasion at the Lubbock County line; and posting a racist photo and insane political rants on the public notice board of the Courthouse."

Candidate Carrizales also challenges incumbent Judge Head to debate him over the recent hugh pay raises which he says embarrasses Lubbock County voters.

Although the Lubbock County Commissioners passed the raise for Lubbock County Judge and the Commissioners by a vote of 4 to 1, Judge Head voted against the measure.

"I'm waiting on his reply to debate," said Carrizales.

Little Master Mychael Arrece Moton-Fondren

What A Smile!!

YES, HE LOVES TO SMILE! When you see thi/s little fellow, one thing will get your attention. You'll notice immediately he loves to smile. He is Little Master Mychael Arrece Moton-Fondren.

He's the proud son of Pamela Linette Moton and Arrece Delaney Fondren who were married here on Monday, August 4, 2014.

Little Mychael is the proud grandson of Pastor B. R. Moton and First Lady Margaret Moton of the New Hope Baptist Church. He is also the grandson of Mrs. Lessie Webb and Mr. Arrece Webb.

Just keep smiling, Mychael!



Honorable Emanl Cleaver United States Congressman

most ineffective means of voicing discontent or disagreement." Cleaver is currently in Washington and all of his offices are open Thursday, including the Kansas City office where the in- as the protests escalated. cident took place.

were marked by clashes with heavily armored police and some reports of protesters using Molotov cocktails.

Cleaver advocated for calm

The congressman said he is His chief of staff said this is not dwelling on the incident at his district office. "Today, our thoughts should not dwell on a small incident that happened and hurt no one," he said. "Our thoughts and prayers should be with the families and friends of those killed on September 11, 2001, and all those who suffered in its aftermath."

Molotov cocktail thrown in Cleaver's office

Kansas City, Missouri --A Molotov cocktail was thrown through the window of Rep. Emanuel Cleaver's (D-Mo.) district office at around 3 a.m. Thursday morning, September 11, 2014.

Cleaver is a cousin of T. J. Patterson, Sr. of Lubbock, Texas. The Kansas City Police and

Squad responded to the scene and completed an initial survey. No one was in the office when the object or objects were thrown. The cocktail did not explode, according to local reports.

Congressional Black Caucus Chairwoman Marcia Fudge (D-

Kansas City Bomb and Arson tigation and said the people responsible need to be punished to the "fullest extent of the law."

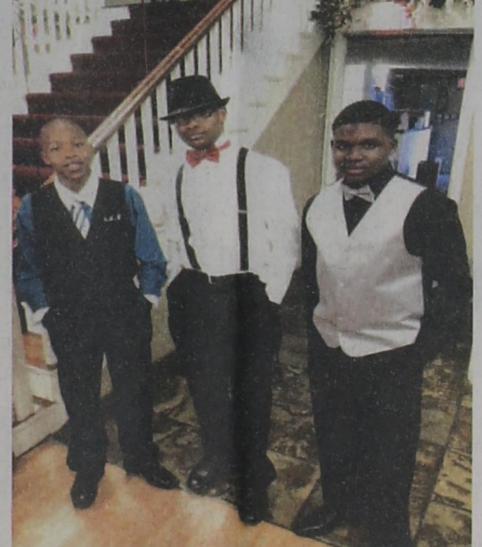
"The Congressional Black Caucus strongly condemns this type of vandalism targeted at Congressman Cleaver, and denounces any act of violence towards Members of Congress," she said in a statement. "This type of abhorrent behavior is the

Rise Academy Charter School Prepares Young People for Life

Rise Academy Charter School is an Excellent School. The founder of this school is Richard Baumgartner, who has proven that the 'Old School' ways of educating our children and assisting parents in raising our children helps our children excel in academic in the very best of ways on all levels.

Being a product of a 'Historical Charter school in Lubbock, Mary & Mac Private School, "I am very supportive of the teaching methods at Rise Academy", says David Donnell Hooper.

According to Mr. Hooper, "No child at this school is overlooked, nor neglected. The children are guided and encouraged to strive for Excellence and not settle for Mediocrity. "



Ohio) asked for a speedy inves-

Fax: (806) 762-4605 Email us at : swdigest@sbcglobal.net swdigest@yahoo.com

What's In This Week's Who Plays Race Card Page 2 In Cinque Page 3 Thank God For Jesus Page 4 Obsequies Page 5 Happenings at Simmons Ctr. Page 6 Suddenlink Announces Page 7 **Thomas Reunion** Page 8 Serena Williams Denies Page 9 Lubbock News Page 10 **Thanks For Supporting Us!** Subscribe Today: Only \$60.00 A Year! Call: (806) 762-3612 **Read Whats Happening In Black Community of** Lubbock!!

This photo is a testament of the children at Rise Academy Striving for Excellence and last school year more of the Rise children were recognized for their acomplishments. This academic school year,

2014-2015. The Rise Children have electives to chose from and because of the growth a few new teachers have been hired to join the crew of teachers in thier continued effort to produce bright

An Outstanding Trio: Taz Huey, Andrew Gonzales And Kemardrick Williams -- future leaders of tomorrow in Lubbock!

minds and excellent character in our children.

Also Rise Academy has built a Brand New Gym for the children! A special thank you to Mr. Buamgartner and his excellent team of teachers for their contribution to the academic growth in East Lubbock and Lubbock County as a Whole!

the second such incident in the last six years.

A Molotov cocktail is usually composed of a glass bottle filled with flammable liquid with a cloth used as a wick.

There is no indication the incident has anything to do with last month's unrest in Ferguson, Mo., which is about 240 miles away from Cleaver's district office. The congressman's office said it does not believe there is any connection.

Cleaver, among other lawmakers, was a vocal critic of police tactics there following the police killing of 18-year-old Michael Brown. The protests God is able!

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Patterson talked to Congressman Cleaver on Friday afternoon, September 12th, and told him we were praying for him. He advised this kind of activity will happen, and he appreciates the prayers.

There's no doubt about it,

www.swdigest.com

18th Annual Big Wheels Deliver Meals Promotion

On Friday, September 19th, Lubbock Meals on Wheels will have the Big Wheels Deliver Meals promotion. For the eighteenth year, Lubbock Meals on Wheels and Sonic Restaurants have teamed up for this event in an attempt to raise public awareness and involve local celebrities in the mission of Meals on Wheels. On this day, local "Big Wheels" volunteer their lunch hour to deliver a Meals on Wheels' route and are chauffeured on the routes in classic or unique cars generously supplied

11th Annual T. J. Patterson, Sr. **Golf Tournament** Set In Humble, Texas

Humble, Texas -- The 11th Annual T. J. Patterson, Sr. Scholarship Golf Classic Tour 18 will be held on Tuesday, September 30, 2014, beginning at 1:00 p. m. with the Shotgun Start.

The golf course is located 3102 FM 1960 E. in Humble.

One may register online at www.tournament.com/tour18. For more information, contact Russ Cuss at (214) 533-1927.

This annual golf tournament is sponsored by Texas Association of Black City Council Members, TABCCM).

Patterson was the first Black elected as President of the Texas Municipal League, and first President of the TABCCM.

He served as city councilman of Lubbock for 20 years.

It is that time of year again! and driven by area car club one hour to deliver. After the demembers and local individuals. Sonic Restaurants graciously donates more than 700 meals to feed all of the recipients, as well as, provide lunch for the celebrities and drivers. It is a treat for our recipients to be visited by these important people, see the various cars, and enjoy a special lunch of a "Sonic" hamburger and tater tots.

> serves meals to over 700 homebound, elderly, and disabled people each weekday. We have 50 routes with 10-15 stops on each route. The drivers and volunteers will leave from their assigned Sonic Restaurant location between 10:45 and 11:00 a.m. and each route requires about

livery, all drivers and celebrities are invited to the Lubbock Meals on Wheels' office for a complimentary lunch also provided by Sonic Restaurants.

WHO: Lubbock Meals on Wheels

WHAT: Big Wheels Deliver **Meals Promotion**

Lubbock Meals on Wheels WHEN: Friday, September 19th, 10:45a.m.-12:30p.m.

WHERE: 2304-34th and area Sonic Restaurants

If you have a classic or unique car and would like to participate or for more information, please call Mary at 792-7971.

South Lubbock Sanitary Sewer **Extension Project**

As of Friday, September 12, 2014, the City of Lubbock with Utility Contractors of America, Inc. begun construction of a large diameter sanitary sewer main at two locations in Lubbock.

Construction started at East 38th Street and MLK Blvd. and headed east along East 38th Street to Southeast Drive. East 38th Street will be closed to through traffic, except local business and property owners, beginning on September 12 and lasting through approximately October 17, 2014.

Construction also started at MLK Blvd. and the U.S. 84 Frontage Road and head south Package B project.

along MLK Blvd. to East 98th Street. MLK Blvd. between the frontage road and 98th St. will be closed to through traffic, except local business and property owners, beginning on September 12 and lasting through approximately November 14, 2014.

Access will be maintained for all local businesses and residents throughout the duration of construction. Drivers are encouraged to avoid construction areas if possible and are asked to use extreme caution if driving in the construction zones.

This construction work is part of the South Lubbock Sanitary Sewer Extension Phase 1 - Bid

Who Plays The Race Card? — The Trust Gap **Between Blacks And Whites**

By Kwame S. Salter

Nationwide — Robin Williams, the brilliant late actor/comedian, once remarked, "Reality! What a concept." When the discussion comes around to race relations in America, we seem to have a difficult time dealing with the reality of race. On both sides of the racial divide, opinions seem to be set in quick drying concrete. Many whites feel that any mention of race is an attempt by blacks to justify or excuse some action or reaction. On the other hand, too many blacks believe that no white person can be trusted to be fair and objective in encounters between the races. In reality, the

Lubbock Public Library Events

Teen Game Program at Groves Branch Library

Teens, come to the Groves Branch Library, 5520 19th Street, from 4 to 5 p.m. on Thursday, September 18 for a variety of board games and video games. For more information, please call 767-3733.

Friends of the Library Book Sale at Mahon Library

The Friends of the Library will hold their fall book sale in the basement of the Mahon Library from Friday, September 19 through Monday, September 22. Sale hours are 9 a.m. to 5 p.m. on Friday and Saturday, 1 to 4

p.m. on Sunday, and 3 to 7 p.m.

on Monday. Friday is for FOL

members only. Memberships

may be purchased at the door.

Saturday, Sunday and Monday

are free and open to the general

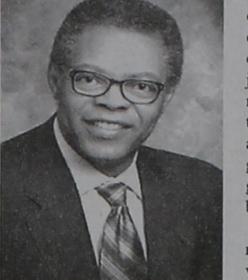
public. For more information,

Book Discussion at Patterson

Branch Library

The Left-to-Right book group

please call 775-2835.



Kwame S . Salter

truth lies somewhere between these two extremes. Clearly, not every compliant by blacks is

Drive, at 2 p.m. on Saturday,

September 20 to discuss The

Choir Director II by Carl Weber.

Copies of the book are available

for checkout at the library. For

more information, please call

SUBSCRIBE

TODAY ONLY

\$60.00

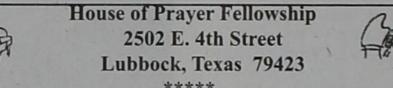
AYEAR!

CALL (806) 762-3612

767-3300.

will meet at the Patterson Branch Library, 1836 Parkway

sues. However, more blacks find the right wing rants of the Fox commentators both insulting and a gambit - as they, not so subtlety, use race as both sword and shield to boost their ratings and line their pockets. Jon Stewart, the insightful and comic genius anchor for The Daily Show (http://youtu.ben-cfi-zzNzM) assembled and dissected a block of videos from these media agitators. After viewing the Stewart video, I am sure you will agree that facts to these guys get in the way of their goal of whipping their fan base into frenzy. While



frivolous or a blatant attempt to obfuscate by playing the socalled "race card." And, in spite of the sordid history of social injustices, political disenfranchisement and state sponsored terrorism in the guise of the Klan and other white supremacist groups, many brave and courageous whites have stood up for both our civil and human rights.

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Southwest Digest, Thursday, September 18, 2014, Page 2

The recent phenomenon of rewiring racial injustices to be viewed as something other than reality has been aided and abetted by the talking heads of Fox News, Rush Limbaugh et al. Some whites have a problem with Al Sharpton, Jesse Jackson and, even, President Obama injecting themselves into race is-**Continue on Page 4**

"It would be outstanding for some of Lubbock's golfers if they would participate in this tournament which brings some of the better golfers in Texas to play," said Patterson.

"Texas youth benefits from the proceeds of this tournament, and have been since 2002," said Patterson.

NAACP Wins Major Early Voting Victory in Ohio

COLUMBUS, Ohio - A fed- NAACP Ohio State Conference, eral judge ruled on Thursday a the American Civil Liberties law that cuts early voting in Union, several black churches Ohio is unconstitutional and cannot be enforced for the Nov. 2014 election. The ruling was in response to a lawsuit filed by the

and other coalition partners. The law would have cut back the early voting period from 35 days before the election to 28 days, eliminated evening voting and voting on the Sunday before Election Day. From Cornell William Brooks,

President and CEO:

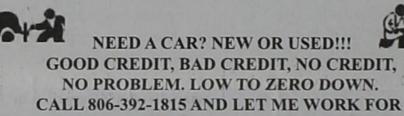
"Early voting is not a social luxury, it's a civic essentialparticularly for citizens working long hours on the job or in the home. This ruling will restore access to the ballot box for thousands of Ohioans during the midterm election. If these cuts had been allowed to remain in place, many voters would have lost a critical opportunity to participate in our democratic process. Voting is the foundation of our democracy and it's imperative that citizens of every race, color and creed have unfettered access to the ballot box."

Register to Vote!!!

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Musician needed to play piano! If interested, please contact: Mr. Roosevelt Benson 806-745-1293



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Family Size (Adults + Kids)			Yearly Family Income Before Taxes	
	1	inte	Up to \$24,053	
	2	-	Up to \$32,408	
	3	orde -	Up to \$40,788	
	4		Up to \$49,143	
	5		Up to \$7,499	
	6		Up to %5,879	

CHIPmedicaid.org @2-1-1

CHIP Children's Medicaid



Mae Simmons Community and Senior Centers What's Happening This Month!

BOOT CAMP

No Guts, No Glory! Transform your life in four weeks!

Cardio Weights Resistance Bands Steps Medicine Balls & More! Instructor Myra Clayton



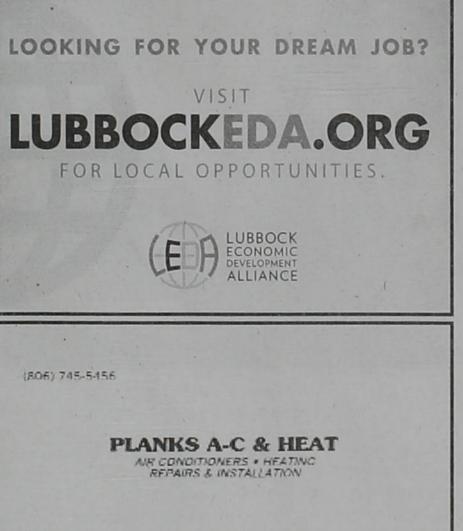
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Certified Trainer Begins September 22 5:30-6:30 pm, Mon/Tue/Wed \$100 for 4 Weeks **Register Today!**



Lubbock

Lubbock Parks and Recreation

Mae Simmons Community & Senior Centers

2004 Oak Avenue 767-2700 or 767-2708

In Cinque

By Renetta Howard

I have been watching the statistics regarding Obesity and Type 2 Diabetes. There seems to be a correlation between the two ailments. I am calling them ailments because it appears that they are two physical problems which could be prevented if the proper knowledge regarding nutrition had been available at an earlier time, as well as the generational possibility to fall prey to these ailments.

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Finding out one's predisposition to having a certain ailment or disease is one of the good things about family reunions and keeping track of illnesses which seem to be common to every generation of a particular family. With this information, family members can start early making sure that a course of action is taken to ward off certain illnesses, ailments and diseases. The advent of DNA, deoxyribonucleic acid, (d(eoxyribo) n(ucleic) a(cid), individuals have been able to discover who their relatives are as well as the possibility of inheriting certain diseases. Knowing this information could lead to a healthier lifestyle in some instances.

There are some inherited diseases which we may not be able to do anything about them, but try to get the best health care options available should it strike. Then there are those where we can choose the right diet which will keep certain ailments at bay, or in control. It appears that Obesity and Diabetes are two of those ailments which can be controlled. The diet which can prevent Obesity can also reduce the effects of Diabetes. It is usually the individual who will eat just about anything which does not bite him first, who is usually obese. These same individual often have DNA which is conducive to acquiring Diabetes. Of course, all



diabetics are not obese, it just might be the DNA which is responsible for the ailment and a proper diet eliminating foods which agitate or aggravate the ailment should be what can keep it in control. Some form of medicinal drug may also be necessary.

On the other hand, the obese individual may not acquire diabetes, but a proper diet, one which is low in carbohydrates, fat and sugar, could turn the obesity around. The diet may also deter Diabetes, especially if the individual is not aware that it could be acquired because of one's DNA.

Family historians and record keepers should be kept up to date on family statistics wherein common illnesses in families and causes of death of family members are recorded for posterity, along with ideal diets to keep the family healthy. Such diets should be a part of the family picnics, luncheons and banquets. The old saying that 'Families stay together who pray together," should get a notation that families should also dine together. Dinning together is rare these days unless it is something of a reunion, but families should get back 'in cinque' to having a meal together on a regular basis, eating nutritional foods that keep them healthy.

REGISTER & VOTE IN NOVEMBER!!

Letter to the Editor **Dead African-American** Males & Force White **Officers Shooting Black Males**

Dearn Editor:

This editorial comment is revelant to the one or two black male (s) shot and killed by local police officers in Lubbock and other cities in America. In an apathetic Lubbock, no peaceful protest occurred when Michael Brown was killed in F erguson, Mo. African-American leaders of 'My Brother's Keeper', Lubbock of the NAACP, and the 100 Black Men of West Texas must have gone into a shell. As a matter of a fact, they didn't burst a grape with razor blade shoes, nor did they write expressive comments to any of Lubbock's local newspapers.

On Friday, August 22, 2014, Mike Cloud, a white American in Lubbock wrote a very negative letter accusing President Obama of being wrong about violence. He made several ugly comments about President Obama and Attorney General Eric Holder: "they and most of the media have implied this violence by police against blacks goes on all the time."

According to Mike Cloud, "This is a bold face lie." The Michael Brown killing and protest police outrage in Ferguson, Missouri should be a wake up cal for Lubbock an other cities. The whole episode should spark a call for a vast reconsideration of the role that hyper militarize policing plays in our society!! As I see it, what we need is a more on the ground intimate form of policing -- not folks trolling around inside of high speed cars, tanks, armored

THIS N' THA'

by T. J. Patterson

..... MAGGIE TREJO AND

SINGLE MEMBER DIS-TRICT BECAME A REAL-ITY SATURDAY, APRIL 6, 1984 WHEN A MEXICAN-AMERICAN FEMALE & BLACK MALE WERE **ELECTED TO LUBBOCK** CITY COUNCIL! THIS N THAT and THOU-SANDS OF LUBBOCK CITI-ZENS were elated over the election of a MEXICAN-AMERICAN FEMALE AND A BLACK MALE were elected to the LUBBOCK CITY COUNCIL Saturday evening APRIL 6, 1984...... The pair elected were has been some significant devel-

and teargas.

personnel carriers, etc. with assault rifles, flash bing grenades,

Also, we need a forceful and What we need is, as again, is community policing in Lubbock and other cities - an attempt to be truly responsive to the needs of people and communities of every kind and particularly in minority communities where policing has been rough, too often brutal, and where resibeen -- NO!!!!

> (To Be Continued) Maurice Williams

Ferguson: A Painful Reminder of Black Angst and Anger

By Hakim Hazim

People call us loud and right- vides restraint. This essay is an fully so. History teaches us that attempt to bring clarity to the we must seize the opportunity to events in Ferguson, Mo. It is an channel national attention toward the injustices we face. We are a loud people with voices that carry and at times we get caught in the emotion and don't demonstrate proper restraint (I'm not talking about looting and the destruction of property. I'll never give the criminal opportunists in our community the same standing as our sages and upstanding folks.). Wisdom pro-

dence have born the brunt of

America's failed 'War on

T. J. PATTERSON, SR. Trejo was elected to represent District one and Patterson was elected to represent District Two Patterson served for 20 YEARS making him the longest city councilman to serve in the HISTORY OF LUBBOCK, TEXAS..... both were most appreciative of this opportunity and wish more could have been accomplished in their districts..... But with TEXAS TECH UNIVER-SITY being located in DISTRICT ONE there

Drugs.'

rigorous examination of the role of lethal weapons in American policing and in what LPD does on a routine basis in Lubbock. Do cops need guns??? Yes, it's a radical question, but it is one that folks in other socities in Europe and elsewhere have confronted directly and often the answer has

rewards or heavy consequences. Anger at the injustice limited access to the American dream is the internal response. Authority is external imposition; leadership is internal elicitation. Authority is the art and science of imposing limits upon people and their actions, whereas leadership is the art and science of eliciting or drawing out the best in people's decisions. Ferguson's initial reaction was authority and the militarization of the city after the event. Its second response was leadership-drawing out the internal elements of trust, justice and responsible advocacy from the citizenry through the appointment of Captain Ronald Brown. Society has progressed for us as a people, but for many financially struggling or impoverished Blacks, they don't see it and are stuck. Ferguson has its own economic setting event. **Continue on Page 9**

Southwest Digest, Thursday, September 18, 2014, Page 3

opment but Trejo wants to

see more On the other hand

..... in District Two as Pat-

terson observes some of the

..... SAME PROBLEMS

still exists as was in 1984.....

He's still concerned about the

..... LACK OF BUSI-

NESSES He'll make the case

that with some population in

each district there's a lack

of economic development

Patterson is on campaign to

bring a 5 STAR BANK

to District Two..... and the first

step would be to develop an ...

ECONOMIC SUMMIT!!!

How about that LEDA???

Angst is essentially the feeling

of being told you are free to

choose, but it's accompanied by

a perpetual anxiety about the

outcomes of your choices. You

believe your options are re-

stricted to limited, insignificant

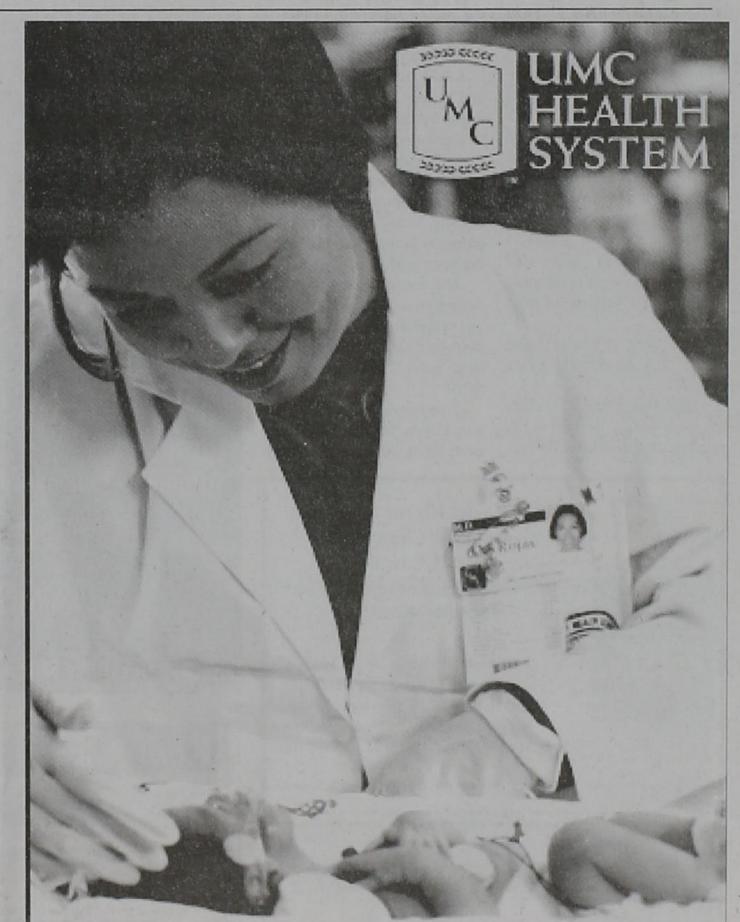
should be given equal time.

****PIANO LESSONS**** If you are interested in taking piano or voice lessons or know someone that is interested, please leave a message or email Avis Patterson (for more information) at:

806-762-3612 or avispatterson38@gmail.com **Refrain from anger and** turn from wrath; do not fret - it leads only to evil.

> Psalms 37:8 Thatter & Barris

attempt to wrest the narrative away from all of the negative things perpetuated about our community and shine a light on how codified social stereotypes continue to be used against us in the media. The Black victim or the Black victimizer seems to be the only choice offered. I believe Black Angst and anger and how these cousins are handled by us and law enforcement



Imagine



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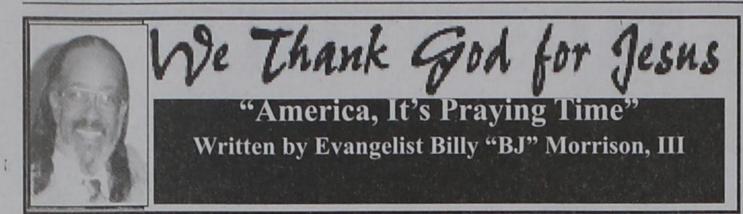
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Matthew 15:8 -- Jesus said, This people draw near unto me with their mouth, and honour me with their lips, but their heart is far from me.

GOD BLESSED AMER-ICA: land, oil, cattle, wheat, and other riches OF UNTOLD. BUT AMERICA LIKE IS-REAL, LEFT GOD FOR **IDOLS: EVEN MONEY AND** GOLD!!!

Malachi 3:5 -- I will come near to you to judgement, and I will be a swift witness against sorcerers, and against the adulterers, and against false swearers, and against those that oppress the hireling in his wages, the widow, and the fatherless, and that turn aside the stranger from his right, and fear not me, said the Lord.

YES, AMERICA WAS TREATED UNJUSTLY, and wanted to start over IN THE NEW LAND. SHE'S SIN SICK NOW, AND GOD IS JUDGING HER SINS!!!

Isaiah 1:21; 13a -- How is this faithful city become an harlot! It is full of judgement; righteousness lodged in it; but now murderers. Your silver is become doss, your wine is mixed with water. Your princes are rebellious, and companions of thieves: everyone loves gifts, and follows after rewards.

*** AMERICA, IT'S

AMERICA LEFT GOD; she wanted to do her OWN THING. NOW HER SINS BRING HER NOTHING BUT SHAME, SHAME, SHAME!!!

love of money is the root of all evil: which while some coveted after, they have erred from the faith, and pierced themselves through with many sorrows.

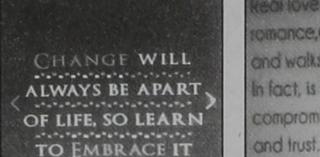
*** AMERICA, IT'S PRAYING TIME!!! ***

AMERICA, WHEN YOU **CAN BUILD A 5 MILLION** DOLLAR DOG POUND, AND GOD'S PEOPLE IN TENT CITY ARE SLEEPING ON THE GROUND.

*** THAT'S A SIGN, IT'S PRAYING TIME!!! *** With all the TROUBLES IN AMERICA, AND SHE WANTS TO HELP THE FOREIGN MAN. SHE'S A HYPOCRITE; SHE NEEDS TO BE SPENDING MONEY IN HER OWN LAND!!!

*** BUT THAT'S ONE OF THE MANY SIGNS. IT'S PRAYING TIME!!! ***

AMERICA talks about



DRUGS -- **DRIVING** OUR CHILDREN INSANE. THEN SHE SERVES THEM BEER AT HER FOOTBALL GAMES!!!

*** THAT'S A SIGN IT'S I Timothy 6:10 -- For the PRAYING TIME !!! ***

"HYPOCRITIES LOVE MONEY, AND NOT OUR CHILDREN."

AMERICA turned on GOD, and played the DEVIL'S GAME. SHE SAYS, MAN TO MAN -- AND WOMAN TO WOMAN --- MARRIAGE IS THE SAME!!!

*** AMERICA, IT'S PRAYING TIME; IF IT WAS EVER BEFORE -- IT'S NOW!!!

Genesis 19:24-25a -- The Lord rained upon Sodom and Go-mor-rah brimstone and fire from the Lord out of heaven, and he overthrew those cities.

Revelation 2:5 -- The Lord said, Remember therefore from whence you have fallen, and repent, and do the first works; or I will come unto you quickly, and will remove your candlestick ou.t of his place, except you repent.

eai love is not based on iomance, condle light dinner and walks along the beach. In fact, is based on respect? compromise, core

St. Matthew Baptist Church News

Church services were well attended last Sunday morning, despite the inclement weather, at the St. Matthew Baptist Church, 2020 East 14th Street, where the proud pastor is Reverend Edward Canady. He's a Pastor who's always excited about God!

begun at 10:00 a. m. with Sunday School. Sister Shirley Davis, our Superintendent, was in charge. She always presides with excitment.

Praise God for all the knowledge we receive during Sunday School. Pastor Canady did a wonderful job teaching the morning lesson as our teacher, Sister Susie Davis, remains ill. Let us continue to pray for Sister Susie Davis.

The Sunday School lesson was entitled "Hope For Tomorrow." The scripture text was Jeremiah 31:31-37. Again, it was a wonderful lesson. Information received can be utilized by all who were in attendance and took note to the teaching.

Who Plays The **Race Card? Continued from Page 2**

selected and isolated so-called facts are introduced with glaring graphics and amplified by angry guest commenters, the objective reality doesn't support their position. In their worldview, the only race that counts and should be acknowledged as legitimate is a NASCAR event. Yet still, they raise issues that must either be

The Sunday morning devotion was conducted by Sister Arlene Jackson and Sister Shirley Canady. Both ladies did a splendid job.

Rev. Canady entered the Church with the Choir singing, "He Keeps On Blessing Me." Choir does.

livered by Pastor Canady. His If you want to be a Doorkeeper subject was "How Thankful Are You?" His scripture text Luke 17:11-19. This was a personal question which should be answered by all in attendance.

It was a most informative sermon for all who were present. If you missed it, you missed some valuable information. *****

The morning announcements were read by Sister Gayla Austin. What a wonderful job she she did!

The weekly meetings held at the St. Matthew Baptist Church are as follows:

only by blacks, but also all of America.

Issues such as black on black crime and the scourge of vicious black criminal cartels loosely referred to, as gangs must be faced up to and discussed. Approximately 12%-13% of the Ameripopulation can is African-American, making up 40% of the almost 2.1 million male inmates in jail or prison (U.S. Department of Justice, 2009). Crime, whether committed by blacks or whites, has

The Missionary Society meets on Wednesday evenings beginning at 5:00 p. m. Come and take part. You will be glad you did so.

Bible Study is also held on Wednesday evenings, beginning at 6:00 p. m. We are having a wonderful time learning God's Sunday morning services What an outstanding job the word together. Will you join us?

Our wonderful Ushers meet The morning sermon was de- on Friday evenings at 5:00 p.m. in God's House, then come join us.

> Choir rehearsal is held on Saturday afternoons at 3:00 p.m. Do come and make joyful noise to the Lord with us.

Let us continue to pray for our sick and shut-ins among us. Today it is them, and tomorrow it could be you or I.

Among them this week include: Sister Susie Davis, Brother Eugene Morris, and Brother Ricky Brown. *****

Thought For The Week: "We can own up to our wrongs, because we can't hide them from God anyway.

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WHY NOT GO BY AND VISIT **THE ESTACADO** HIGH SCHOOL, AND LET THOSE MATADORS AND PRINCIPAL MOORE KNOW YOU APPRECIATE WHAT **THEY ARE DOING** FOR OUR

PRAYING TIME!!! ***

Cleaning up Messes, Parsonage Style Dr. James L. Snyder

Throughout the glorious years of our marriage, the Gracious Mistress of the Parsonage and Yours Truly has had few disagreements. I suppose I could count them all on my one hand, but I am not sure if it is my right hand or my left hand so I will just leave it at that.

I hear, of course, of many couples who do nothing but bicker and fight from morning till night. I have always wondered what the purpose of all that was and what it ever accomplished. I think there is a better way to live together.

There are several phrases I have memorized and used throughout the years of our marriage that has kept me in good standing.

"Yes, dear." "You're right, dear." "I'll do it right away, dear."

I have found that if I include the word "dear," with all of my responses it fares better for me.

Of course, I am the kind of person that does not have to be right all the time, which makes me the perfect husband. Admitting you are wrong, even if you do not think you are, is really not the end of the world. In fact, it may be the beginning of a bright new world.

I said "few disagreements," and I need to explain what I meant by that.

The major disagreements that my wife and I have had throughout the years can be boiled down into one phrase, "It's a mess." Usually, actually all the time this phrase is being used, it is coming from the lips of my wife.

Our disagreement is in the definition of "mess." She has one definition and I have another definition, and the twain shall never meet. Mark my words on that.

If you would come into our home, you will discover that every room in the house is well



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organized and very neat. Well, not every room. The one room that does not come up to that criterion is the room in which I occupy. It is my space. My well-organized wife will walk by my room, pause, look in and say, "It's a mess."

It took me a long time to realize what she was talking about. Eventually, I got to the point where I understood that what she was referring to was "my space." Unfortunately, we did not share the same vision of my space. I am of the mindset that if I am working I need to have organized messes all around me. I have tried explaining to my wife that I am a messologist. I had to explain to her that a messologist is someone who specializes in organizing intentional

Ossie Curry

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convinced her yet of this. I really think that one person's it. mess is another person's workspace. I cannot really work efficiently unless there are intentional messes around me,

protecting me, giving me the incentive I need to pursue the job at hand. My basic philosophy is simply this, if I cannot find what I need when I need it, I probably do not really need it. It has worked for me most marvelously.

The real trick of a messologist is knowing where to find what you need when you need it.

My wife can walk into my space and look around and be utterly confused by what she calls "a mess." Of course, it looks like a mess to her. It is not her mess!

Lubbock, TX

become pandemic in our large countered or addressed- not **Continue on Page 5**

messes. I am not sure I have If it was her mess she would understand it and be comforted by

> My wife is of the idea that organization has to do with numerical or alphabetical order. Now that works for some people, I suppose. But, as I keep telling her, that is not the only circus in town! I cannot tell how many times something new has developed in my thinking while I was searching for something I could not really find. That is the genius of a messologist.

Some people, like my wife, like to go from 1 to 2 to 3 to 4; or, A to B to C to D all the way to Z. To a normal person, and I am guessing my wife is normal, that makes a lot of sense. But to a messologist, that kind of thinking is rather confusing.

do you do when you come to the end of the alphabet? Where do you go from there? Then, it is rather important that you have the alphabet in alphabetical order. If I would ever try to do

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that I would end up being so confused, they would have to admit me in some rehab facility to clean my mind out.

So, the thing that makes our marriage so blissful is that we have an agreement and that she does things her way and I do things my way. This has been the recipe for blissfulness in our marriage. I do not make her do it my way and she cannot make me do it her way. We both have brains, but they tick after a different tock.

I then thought of a verse of Scripture that rather fit my situation. "There is a way which seemeth right unto a man, but the end thereof are the ways of death" (Proverbs 14:12).

My way has to be in complete harmony with His way or my What I want to know is, what life will be completely destroyed.

Rev. James L. Snyder is pastor of the Family of God Fellowship, PO Box 831313, Ocala, FL 34483. He lives with his wife, Martha, in Silver Springs Shores. Call him at 1-866-552-2543 or e-mail jamessnyder2@att.net or website www.jamessnyderministries.com.

If you would like to subscribe to this weekly column, you can go to this link. http://www.jamessnyderministries.com/Out To Pastor.ht ml

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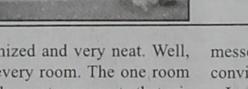
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Obsequies

Loyal & Devoted Servant of God Deacon L. D. "Bubba" Terrell, Sr. Succumbs In Crosbyton, Texas

Crosbyton, Texas -- With standing room only, from the back pew to the choir stand, family, friends and church members, were in attendance for the funeral services for Deacon L. D. "Bubba" Terrell, Sr. on Saturday morning, September 6, 2014, at the Greater Mt. Zion Baptist Church with Rev. A. D. Kelly, pastor of Pleasant Home Baptist Church of Post, Texas, delivering a dynamic eulogy.

Rev. C. C. Peoples, pastor of Mt. Olive Baptist Church of Slaton, Texas, was Master of Ceremonies. Rev. Gloria Moore, pastor of the Pleasant Grove Baptist Church of Tahoka, Texas, gave special remarks as Vice Moderator of the New Zeal District Association. Rev. Ruby Price, pastor of Greater Mt. Zion Baptist Church, gave special remarks.

Deacon Terrell, age 78, passed away Monday, Septmember 1, 2014, in Lubbock, Texas.



He was born to W. T. and Rosie Jackson Terrell on July 23, 1936 in Coleman, Texas. "Bubba" grew up in Coleman County and begun working at the age of 15 as a farm laborer. He moved to Crosbyton in the 1950's and farmed at Lynn T. Smith Farms for about 29 years, until an injury caused him to have to retire.

L. D. married Dorothy Williams-Foster on May 17, 1985, whom he referred to as "Honey." They loved the Lord,



Alvin Eugene White, Sr.

Funeral services were held for Alvin Eugene White, Sr. on Saturday morning, July 19, 2014, at the Greater St. Luke Missionary Baptist Church with Rev. J. H. Ford, pastor, officiating.

The Message of Comfort was given by Supt. David Haynes, pastor of Christ Temple COGIC. Interment was held in the City

family, and renovating their home.

He was a member of the Greater Mt. Zion Baptist Church where he served as Chairman Deacon, Sunday School Superitendent, and Treasurer. He was also a member of the choir and brotherhood department, and served diligently as treasurer of the New Zeal District Association until he passed. He was made an honorary member of Justin Collins, Craig Moore, the Mother Dorothy Mission Circle in 2009. He loved to fish, watch Westerns, barbeque, and singing Gospel songs. Not only did he attend his church in Crosbyton, but he was very active worshipping, praising and being a tireless servant in and around the community fellowshippig with others until the end.

He was preceded in death by his wife, Dorothy Terrell, in 2008; two sons, Bobby Lee Williams, Sr. and Vincent Terrell; three sisters: Helen Young, Stanfield.

Crosbyton, Texas, Deborah Hutchinson of Lubbock, Texas, Willie Faye Jackson of Crosby- Coop Oil Mill for twenty-five ton, Texas, Lori Jackson of plus years. He also had an op-



of Lubbock Cemetery under the direction of Ossie Curry Funeral Home of Lubbock.

Pallbearers were Fredrick Burgess, Arrius Holleman, Andre Ross, Adrian Ross, Roshawn Mike, and Jeffery Davis.

Honorary Pallbearers were Richard Ross, Alvin E. White, III, and Ryan Dawn.

Flower Bearers were Ayanna White, Ze'Kiah Ross, Brendasia Harris, and Faith Anderson.

Alvin, also known as "Big Al" was born December 9, 1948 to the parentage of Mr. Fred White, Jr. and Mrs. Katherine Thomas-White in Lubbock, Texas.

Alvin attended Lubbock public schools, and graduated from Dunbar High School. He married his high school sweetheart, Mary Mack, and Esther Lee Pauline White, on November 22. 1968, and to that union four chil-"Bubba" is survived by six dren were born. He was a great daughters: Mollie Thomas of father and husband for his wife and children.

Alvin worked for the Plains

Southwest Digest, Thursday, September 18, 2014, Page 5

Clarence James Lee, Sr.

A Celebration of Life for Clarence James Lee, Sr. was held on Monday afternoon, September 8, 2014, at the St. John Baptist Church with Pastor S. E. Fields officiating and giving the eulogy.

Interment was held in the City of Lubbock Cemetery under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Active Pallbearers were Jeremy Harris, Bryan Harris, Damon Parrish, Darrell Wallace, Kevin McConic, and Cedrick Long.

Honorary Pallbearers were Harold Wallace, Joseph Benson, Bobby Price, Alvin T. Harris, Bill Dailey, and Jim Johnson.

He was born March 23, 1934 to Alberta Jacob and Charles Lee. Clarence graduated from Bastrop High School, in Bastrop, Texas, in 1952. He moved to Lubbock, Texas in 1954. He became a member of the New Hope Baptist Church under the leadership of the late Rev. A. L. Dunn.

Clarence met and married his wife, Florence Hobbs, February 17, 1957, and to this union five children were born. As an active member of New Hope, Clarence served as a Sunday School teacher, and choir member until 1974. He had a beautiful tenor voice. He moved his family membership to St. Luke Baptist Church in 1974, under the leadership of the late Rev. A. L. Davis.

While there, he continued his work in the Sunday School Department, Brotherhood and sung in the choir until his health failed. friends. Clarence was a wonderful provider for his family. He retired from the Southwestern



Public Service Company (SPS) in 1997. He really, enjoyed his retirement. He would travel back to his hometown of Bastmrop, Texas to fish and play dominoes, where he was known affectionately as "Domino Charlie."

He was preceded in death by his parents, Alberta Jacob and Charles Lee; one sister, Julia Faye Leonard; and brothers, T. C. Clemons and James Lee.

Brother Lee passed away on Wednesday, September 3, 2014.

He leaves to cherish his memories: his devoted wife of 57 years Florence Lee; daughters: Carol Wallace (Harold, Nichelle and Darrell) of Rowlette, Texas, Barbara Ann Harris (Alvin T. Jeremy and Bryan), Alberta Nedd (Mi'ya) of Lubbock, Texas, and LaTonya Lee-Benson (Joseph, DeAundra, LaTyra, Jonathan) of Plano, Texas; one son, Clarence James Lee of Lubbock, Texas (Ke'Shon of Roundrock, Texas; 11 great-grandchildren; three sisters: Itasca Sampson of Bastrop, Texas, Addie Mae Stewart of Austin, Texas, and Ester Fay Chase of Dallas, Texas; a host of nieces, nephews, cousins and A very special niece who never forgot "Uncle Clarence", Elaine Carter of Austin, Texas. test verified the presence of the gun in the suspect's mouth. By the way, this cop, over the years, had been the subject of many citizen complaints. What comes of the complaints from black citizens against these black cops? According to records, only two citizen complaints resulted in discipline. Is this behavior by a black cop surprising? No, not if you consider that during WWII the Nazi's used Jewish prisoners as "Kapos" or prisoner trustees to watch over and brutalize their fellow Jewish prisoners. The more brutal these Kapos the more rewarded by the SS Guards. As I pointed out in my piece of Ferguson, what we need is not, necessarily more black officers - but better officers. Attracting, developing and retaining better police officers is the key to tamping down some of against police. Having a close relative that was a police officer who was shot and blinded in the course of duty, I know their job is not an easy one. Every split second is over loaded with infor-



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Amarillo, Texas, Karen Johnson of Amarillo, Texas, and Tammie Coleman of Amarillo, Texas; and a very special, selfless and caring granddaughter, Shuntae M. Thomas; eight sons: Darrell Terrell of Amarillo, Texas, L. D. Terrell, Jr. of New Mexico, Billy Earl Terrell of San Antonio, Texas, Billy Joe Johnson of Marlin, Texas, Byron Johnson of Jr. Amarillo, Texas, LaVance Coppage of Crosbyton, Texas, Robert Coppage, Jr. of Crosbyton, Texas, and Ricky Turner of Lubbock, Texas; five siblings: Nancy Terrell of Brownwood, Texas, Willie Reed of Pampa, Texas, Isaiah Terrell of Midland, Texas, Daniel Terrell of McGowan, Dominique Wilson, Santa Anna, Texas, and Roy Terrell of Georgia; 41 grandchdren; 27 great-grandchildren; one great-great-grandchild; a special son, Willie D. Jackson of Crosbyton, Texas; and Special Friends: Eugene Brown of Pampa, Texas, Martha Mullins of Lubbock, Texas, Edward Coppage, Sr. of Crosbyton, Texas, and Jesse Johnson of Ralls, Texas.

Pallbearers were: Charles Foster, Willie D. Jackson, Bennie Jones, Bud Davis, Trent Terrell, and Hillary Hutchinson, III.

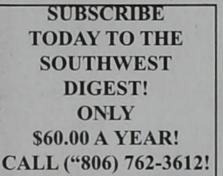
Honorary Pallbearners were His Children and Grandchildren. Interment was held in the City of Crosbyton Cemetery under the direction of Adams Funeral Home of Crosbyton, Texas.

portunity to work for Goodwill for six years before retiring.

He was a man of his word and never said "NO" to anyone, and this made him the world's greatest husband, father, grandfather, brother, uncle and a loyal friend anyone could ask for.

He is preceded in death by his parents, Mr. & Mrs. Fred White,

He leaves to cherish his memories: his loving wife of fortyfive years, Mrs. Pauline "Patty" White; two sons, Richard Ross, Sr. (Stacy) and Alvin E. White, Jr. (Michelle); two daughters, Deborah White and Alfie White; twelve grandchildren: Tauren Avery Thomas, Justin Collins, Richard Ross, Jr., Craig Moore, Brendasia Harris, Ayanna White, Ze'Kiah Ross, Alvin White, III, Faith Anderson, and Ryan Dawn; three brothers: Joe C. Pope (Paula), David White (Joann), and Jeff White (Yolanda); three sisters: Freddie Mae Johnson, Janice Ross, and Kathleen McCullough; and a host of nieces, nephews, and other relatives.



Who Plays The **Race Card? Continued from Page 4**

urban centers. What are the contributing factors; why is our criminal justice system so efficient in the capture and incarceration of black offenders; and, how many are in prison due to being targeted in the putative War on Drugs? "Too many," as George Wallace was said to have quipped when asked, "how many blacks are there in America?" But, why are we so protective of so many of the truly bad guys who live in and terrorize our black communities? Is it that we don't trust the police? Many of the police patrolling these black communities are themselves black. Are these black officers quid pro quo better or fairer than their white counterparts? Some are and some the potential of violence by and aren't.

Just recently, a highly commended black Police Commander in Chicago was stripped of his badge and gun while facing two felony charges. This top cop allegedly put his gun in the mouth of a black suspect. DNA

Continue on Page 10

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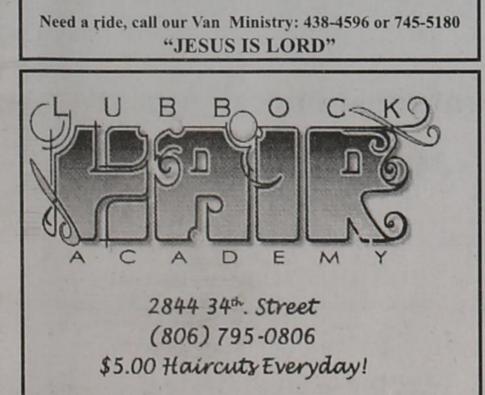
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Oversight Discussing NFL Hearing



Discussing Business: Ranking Member Elijah Cummings, (D-Md.) (left) & Chairman Darrell Issa (R-Calif.) (right).

Leaders of the House Oversight Committee are discussing whether they should hold a hearing to examine the National Football League's handling of the Ray Rice assault case.

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A public airing by the Oversight panel would significantly ramp up the scrutiny of how the NFL deals with cases of domestic abuse, even as women's rights groups are amplifying their calls for the resignation of league commissioner Roger Goodell.

The committee's hearings on steroid use in Major League Baseball, for instance, became media circuses that bruised the league's reputation.

Talk of the hearing came as Rice's former team, the Baltimore Ravens, prepared to take the field for a Thursday night game.

Rep. Jackie Speier (D-Calif.), who has requested a hearing from Chairman Darrell Issa (R-Calif.) and ranking member Eli-

Rep. Speier and Ranking Member Cummings about potential pathways for continuing the committee's oversight of ongoing issues in the National Football League," Watkins said in an email. "Reports of a decision or agreement to hold a hearing are inaccurate."

Cummings's office initially said such a hearing is forthcoming, but later walked that back a bit, saying a hearing was discussed but not agreed upon.

Speier's office, however, said Issa had agreed to a hearing during a conversation with Speier Wednesday on the House floor.

Rice, a 27-year-old star running back for the Baltimore Ravens, was promptly cut from the team Monday after the gossip website TMZ posted video footage of him punching then-fiance Janay Palmer unconscious in an Atlantic City elevator.

Palmer and Rice have married since the incident.

accusations that league officials had attempted to cover-up the most damning evidence to protect one of the NFL's stars.

The episode sparked an outcry from some members of Congress. At least one lawmaker, Sen. Heidi Heitkamp (D-N.D.), has joined women's groups in suggesting Goodell should step down.

Ramping up the pressure, 16 female senators sent a letter Thursday urging Goodell to institute a zero-tolerance policy for domestic violence in the league.

"We are deeply concerned that the NFL's new policy, announced last month, would allow a player to commit a violent act against a woman and return after a short suspension," they wrote. "If you violently assault a woman, you shouldn't get a second chance to play football in the NFL."

On Wednesday, September 10, 2014, the league announced it was backing an independent investigation into the incident that will be led by former FBI Director Robert Mueller.

But Speier said Thursday that Congress has a responsibility to conduct its own probe.

"The NFL's failure to appropriately respond to crimes and misconduct has harmed the prestige of the game and the millions of Americans who look up to these players as role models," she said in a statement. "The NFL's gross mishandling of the deplorable actions of Ray Rice is the latest example of how this insulated institution has incompetently dealt with serious is-

Happenings At Mae Simmons Senior Citizens Center

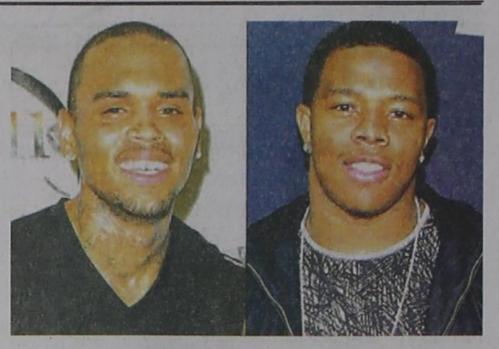
If you are a Senior Citizen, and you reside in District Two, or any single member district, you are invited to attend activities at the Mae Simmons Senior Citizen Center. This is your center, and your attendance is very important. There is so much you can learn and participate in programs you'll enjoy. Of course, there is no place like home, but to get out for a few hours daily and visit with your friends is great.

Oh, and don't forget the delicious meal served on Mondays through Fridays, beginning at 12:00 noon for only \$3.00 for Senior Citizens. Shall we look to see you soon? Remember, you can bring a Senior Citizen with you!

Regularly, Senior Citizens who attend the Mae Simmons Senior Citiizens Center are given fresh fruits and vegetables from the South Plains Food Bank. Seniors are really appreciative of these fruits and vegetables. Last week, for example, Seniors received apples, tomatoes and potatoes. What a blessing!

Who says Seniors can't 'cut.a rug?' If you had been in attendance for the "Oldies Dance" on Friday evening, September 12, 2014, you'd seen for yourself, with your own eyes, Senior Citizens can 'cut a rug'. Dancing, regardless of one's age, is very good exercise.

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Chris Brown Shares Some Timely Advice With Ray Rice

Nationwide — International pop star Chris Brown recently shared some words of advice for NFL player Ray Rice, who was recently suspended after a video leaked showing him knock out his wife in an elevator.

During an interview with MTV's Sway Calloway, Brown openly discussed his anger issues and his domestic violence case when he infamously attacked his former girlfriend Rihanna in 2009.

Here's what Brown had to say to Rice:

because I'm not better than the next man - I can just say I've been down that road. I deal with situations and I've made my mistakes too, but it's all about how you push forward and how you control yourself "

"I think it's all about the choices you make. With me, I

gress. Rooney passed away at age 93 early in 2014, but in 2011 he testified that his stepson and AMAC suggests that we need to his stepson's wife allegedly de- overcome inertia and find ways nied him food and medicine and robbed him of millions of dollars over a period of several years.

deal with a lot of anger issues from my past - not knowing how to express myself verbally, but at the same time not knowing how to cope with my emotions and deal with them and understand what they are " Then he added:

"So I think help is great. I still talk to my therapist twice a week, and it helps me to ... if I'm frustrated and I'm dealing with something, to vent and say what I'm going through so I can hear from an actual clinical person, 'This is how you should react,' or 'It's good to feel this way because feelings, emotions and energy are supposed to come and go. It's not supposed to stay there, you're not supposed to keep it inside, because it'll just bottle up and you'll become a monster.""

What do you think? Is it good advice?

cording to the Association of Mature American Citizens. But,

sues."

jah Cummings (D-Md.) into the NFL's handling of the Rice case, on Thursday said both lawmakers had agreed to stage such a probe.

Yet there was immediate disagreement about that claim.

Issa spokeswoman Becca Watkins said no such agreement had been reached.

"Chairman Issa had separate conversations today with both

The NFL, which had suspended Rice for two games earlier in the year based on separate video footage taken outside the elevator, quickly heightened its punishment by extending that suspension indefinitely.

There are lingering questions, however, about whether the NFL had the more graphic footage from inside the elevator before it handed down the shorter suspension, leading to

Elder Abuse

America is growing older putting a new urgency on the issue of elder abuse, according to the Association of Mature American Citizens. Census statistics indicate a major increase in the numbers of people living well into their 80's and 90's in coming years. The government stats also reveal that the country's cadre of centenarians is growing in size as never before.

The Pew Research Center reports that ten thousand Americans will turn 65 years of age each day for the next two decades and the Bureau of Justice Statistics reports that at least 10% of them will be victims of elder abuse.

For the most part, this malignant form of ageism was a dirty little secret until the sad facts came to light when Mickey Rooney testified before Con-

Visit the Web sites of the Centers for Disease Control and National Council on Aging to get more information.

Exert yourself

The older we get, the more likely we are to seek ways of avoiding activities that involve exertion. It's human nature, ac-

of improving our heart rates and blood sugar levels by developing good exercise habits.

Of course, it is important to check with your doctor before beginning any regimen that involves strenuous activities. Perhaps he or she can offer specific "do's and don'ts" that will still let you indulge in an exercise program.

In fact, the Centers for Dis-**Continue on Page**

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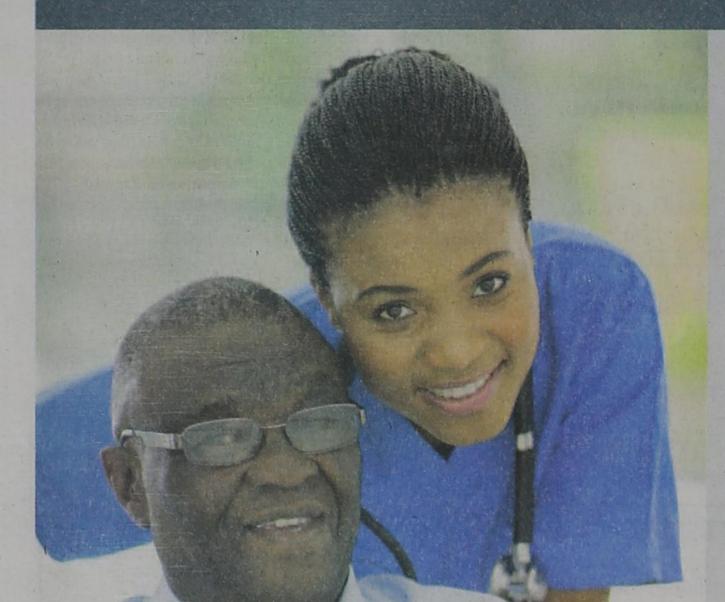
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Our daily mission is to answer this call from our residents ... Know who I am, treat me as an individual, hear my voice, and ease my way.

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Back To School: Why Our Kids Need Access and Accountability



Children participating in the Community Fitness and Education (CFE) program.

Mableton, GA — Darnell Parker, Certified Fraud Expert and CEO of Community Fitness and Education (www.cfeinc.org) has been on a mission since 2004 to provide access and accountability for underserved minority boys and girls by providing fitness, nutrition and college preparatory courses. The objective of CFE is to break the cycle of chronic health problems, school retention, cyberbullying and fiscal responsibility that is prevalent amongst underserved minority communities. "As a 501 (c) (3), our mission is to promote a healthy, active lifestyle among children in underserved communities through

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between 1990 and 2011 there is a 7-point decrease in the gap from 32 points to 25 points. A similar decrease is also seen with 8th grade reading scores between 1992 and 2009. The Black-White gap decrease was one point higher, changing from 32 points to 24 points.

Darnell Parker understands the difficulties faced by today's minority youth. He grew up in a middle-class household until his parents divorced and he experienced firsthand the disparity of education when he was assigned to a predominately black school. "I attended a school where the students looked like me, however the parents were disengaged with the teachers, resources were at a minimum and the students suffered from chronic issues like asthma and poor nutrition. When I received a transfer, in 5th grade, to a predominately Caucasian and affluent school, I saw a startling difference in the parent participation, the resources that were available to students, there were few students dealing with chronic health issues or lack of proper nutrition. Those experiences helped me to realize what I needed to do when I got older to break the cycle for my peo-

Photo Credit: Darrin Widemon

which relies on funding from donors, local organizations and Mr. Parker to provide complimentary services to the underserved minority community. Latisha Brown says, "CFE is a wonderful organization. My son is an endangered species as a young black male and the programs at this organization have provided a framework to help him and others build positive relationships, self-confidence, independence and the ability to handle adversity."

CFE also encourages parents four baseball and four softball at Lowrey Field to serve the to talk with their children, refields. duce time spent with video LISD Board of Trustees Presgames, personal computers and ident Dan Pope joined Superintelevision while promoting an tendent Robertson in thanking active lifestyle. "Physically acthe Suddenlink representatives tive children have a stronger for their long-standing partnerself-image and more self-confiship with the district. Robertson dence, increased energy and said, "Suddenlink has brought fewer chronic health problems, educational resources to LISD so CFE encourages regular exerclassrooms through their 'Cable cise and face-to-face conversain the Classroom' program for tions," says Darnell Parker. many, many years, and they If you would like to learn have always been a strong supmore information about Darnell porter of initiatives in our dis-Parker and Community Fitness trict. The expansion of our Education, please visit the webpartnership will help us increase site at www.cfeinc.org. Also, if the opportunities for students on you are interested in volunteer-LISD athletic fields and we are ing and donating to saving our children, join the movement at www.cfeinc.org/how-to-con-Four Seasons Party House tribute/, (404) 759-9993 and via email: info@cfeinc.org. Presents the Return of **Top 10 Back-To-School Scholarships For African American and Minority Students** 177 R&B



Pictured left to right in the attached photo are: Dr. Berhl Robertson, Jr., superintendent; Vernita Woods-Holmes, LISD Board of Trustees; John McNelly, Suddenlink Southwest Region Vice President for Marketing; Alona Beesinger, Regional Marketing Manager; Dave Gilles, Suddenlink Southwest Region Senior Vice President for Operations; Brian Borthwick, Southwest Region Vice President for Operations, Dan Pope, LISD Board of Trustees president.

Suddenlink announces \$800,000 naming rights sponsorship

Lubbock Independent School District Superintendent Berhl Robertson, Jr., Ed.D. formally announced an expanded partnership with Suddenlink Communications on Thursday, September 11, 2014, at a press event at Plains Capital Park-Lowrey Field. The \$800,000 Suddenlink sponsorship gives naming rights to Suddenlink for the Field House at Lowrey Field. The agreement provided new signage at PlainsCapital Park-Lowrey Field, as well as LISD's

grateful for their support."

A longtime partner of Lubbock ISD, Suddenlink has prowided television and internet connectivity in classrooms and has financially supported the annual senior celebrations following graduation and several campus events. In addition, senior staff at Suddenlink serves on the district career and technical education advisory committee and the LISD Foundation for Excellence Executive Board.

A new scoreboard was added north end of the stadium. In addition, scoreboards were updated at each of Lubbock ISD's four baseball fields and four softball fields. Lubbock ISD Athletic Director Mark Ball said, "We want to provide our students and fans improved amenities at our fields and Suddenlink has given us a way to make that happen." Other renovations included lighting for the signs on the east and west ends of the Suddenlink Field House and new signage for the field. house. Suddenlink also sponsors the coaches' luncheon for media and guests, held weekly during

football season.

Suddenlink Southwest Region Senior Vice President of Operations Dave Gilles said, "As we look to make a positive difference in our community, it only makes sense to invest in our children. We have always enjoyed our relationship with LISD, and their commitment to the children of our community certainly meets their motto of 'every child every day'. "

Other Suddenlink representatives included: John McNelly, Suddenlink regional vice president of marketing; Brian Borthwick, regional vice president of operations; Alona Beesinger, re-

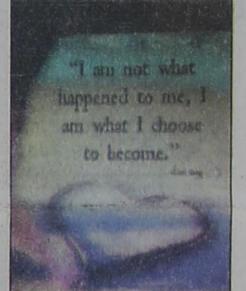
high quality youth fitness and after-school programs coupled with mentoring and workshops. Nutrition is a fundamental part of what CFE offers because, "I understand the importance of feeding the whole person from the inside out which allows young people to think effectively, strategically and longterm," says Darnell Parker.

According to the site Black-Demographics.com, African-American 8th grade students have made gains in bridging the Black-White gap in certain academic areas in the last thirty years; however, a disparity remains. When looking at 8th grade mathematics scaled scores

Community Fitness Education is a privately held organization,

ple."

gional marketing manager.





Nationwide — The summer is over and the 2014-2015 school year has already started; Students all over the country have returned back to the classroom.

To officially kick off the backto-school celebration, here are the top 10 scholarships with upcoming deadlines for African American and other minority students:

#1 – The Coca-Cola Scholars Program is a very competitive Sponsored by The Coca-Cola shipsonline.org/2013/02/from-Company, the largest soft drink company in the world, the program awards millions every year in college funding. The deadline is in October. For more details, www.scholarshipsonline.org/20 12/04/coca-cola-scholars-program.html

and classification. The deadline is in September. For more details, visit www.scholarshipsonline.org/2012/03/xerox-technica l-minority-scholarship.html

#3 – The "From Failure to Promise" Essay Scholarship Contest offers an opportunity for high school seniors, undergraduate, and graduate students to earn scholarship money by writing a 1,000 word essay. Students will be asked to describe the challenges they have faced in program for high school seniors achieving academic success. For line.org/2012/05/cia-undergrad throughout the United States. more details, visit www.scholar- uate-scholarship-program.html failure-to-promise-essay.html #4 – The Gates Millennium Scholars Program (also known as the Bill Gates Scholarship) awards scholarships each year to African American, American Indian/Alaska Native, Asian Pacific Islander American or Hispanic American students who plan to enroll full-time in a two-year or four-year college or university program. The deadline is in January. For more details, visit

#5 - The CIA Minority Undergraduate Scholarship Program was developed, in part, to assist minority and disabled students, but the opportunity is available to all students who meet the requirements. Sponsored by the U.S. government's Central Intelligence Agency (CIA), the program consists of an actual scholarship award and a full-time paid summer job in Washington, DC. For more details, visit www.scholarshipson-#6 - LAGRANT Foundation Scholarships are targeted toward minority undergraduate and graduate students, offering scholarships for students interested in careers in advertising, marketing, public relations, anthropology, or art. Students must be American Indian/Alaska Native, Asian/Pacific Islander, Black (non-Hispanic) or Hispanic. For more details, visit www.scholarshipsonline.org/2013/02/lagrantfoundation-scholarships.html #7 - The Go Red Multicul-**Continue on Page 8**

Doors Open at 8pm - 1am Friday and Saturday Located at 4815 1-27



#2 – The Xerox Technical Minority Scholarship Program is designed to help cultivate minority students for potential recruitment in the field of technology. The scholarship amount award depends on the student's tuition balance, academic excellence

www.scholarshipsonline.org/20 12/08/the-gates-millennium- tural Scholarship Program scholars-program.html

The Thomas Reunion Held In Lubbock, Texas



Pictured above are members of a proud African-American Family who made their contributions to Lubbock, Texas, Texas, and the United States of America.

They are member of the Thomas Family, who had their Family Reunion in Lubbock August 29th through September 1st.

Their theme was: "We Walk

By Faith & Not By Sight." II Corinthians 5:7.

What a wonderful time the Thomas Family had in the "Hub City."

The members of the Thomas Family says:

Together we are strong; Hope, the great hope of our

family; Overcoming to get better as a family;

Moving on to go forward and making progress; All together, not one but all; Sight that Christ as given us

to see the beauty of Family.

It's just great to have African American-Families come together and talk about where they have come from. They know it's only because of the God they serve day by day!!

Top 10 Back To School Scholarships For Black And **Minority Students** Continued from Page 7

champions greater inclusion of multicultural women in the nursing and medical industries, address important gaps in treatment, and ensure that all Americans have an opportunity to work with their healthcare providers to make the best choices that lead to good health. For more details, visit www.scholarshipsonline.org/20 12/09/go-red-multiculturalscholarship-fund.html

#8 - The First Freedom Student Competition is a national essay and video contest open to high school students in the U.S. and U.S. territories. Students in grades 9-12 may participate. Two awards will be given, one essay award and one video award. For more details, visit www.scholarshipsonline.org/20 14/08/first-freedom-studentcompetition.html

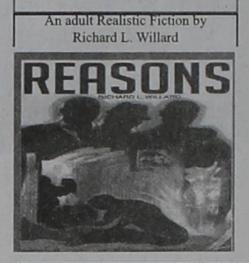
#9 - The Foot Locker Foundation/ United Negro College Fund (UNCF) Scholarship is funding a scholarship program for students attending or planning to attend a UNCF member college or university during the fall of 2014. All undergraduate classifications (freshman, sophomore, juniors and seniors) will be considered. For more details, www.scholarshipsonline.org/20 14/08/foot-locker-foundation-

uncf-scholarship.html #10 - The Wendy's High School Heisman Award Program recog-

nizes male and female high

· ① ①

ONLY as high as I reach can I GROW, only as far as I SEEK, can I go, only as deep as I LOOK can I SEE, only as much as I DREAM can I BE! Karen Raun



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A Word of Enlightenment

Going to church doesn't make you any more a Christian than going to the garage makes you a car. Your beliefs don't make you a better person, your behavior does. Your words mean nothing if your actions are the complete opposite.

Having true faith in whatever it is you believe must be shown through actions, believing is only half the battle. Let your dreams be bigger than your fears, your actions louder than your words, and your faith stronger than your feelings.



Executive Assistant

The primary purpose of this position is to act as the point of contact between CEO and staff, clients and stakeholders.

Requirements: Three to five years experience in administrative support. Bachelor's degree or commensurate experience preferred. Must be a self-starter, highly organized and detail oriented. Strong communication and customer service skills required. Creativity and resourcefulness are critical.

Competitive Salary and benefits. Please send resume for confidential consideration to Shannon.stone@ywcalubbock.org. No phone calls please.

Check out who else is "Serving it Up" in the city!

If you haven't already, drive on down the road until to come to the

ROOTS Meets every 2nd Saturday at 2:00 p.m. At 20th and Birch **Church of Christ** 2001 Birch Avenue

Custodial Assistant

Flexible hours with an ideal schedule of the following: (M-F) 3 pm to 6 pm and (Saturday) 11 am to 3 pm. YWCA of Lubbock (806) 792-2723.

Exert Yourself Continued from Page 6

ease Control reports that the number of doctors recommending older adults engage in physical exercise as a means of disease prevention has doubled.

Social Security

Social Security is often called the "third rail" of politics, but it is a vital program that needs review and reform, according to

the Association of Mature American Citizens, which, since its founding, has been actively seeking Congressional intervention.

But, says AMAC, it is a true grass roots issue that requires each and every one of us to get up to date on the facts and then to lobby our lawmakers for attention. Social Security will become an even more important topic as time goes on and the population ages.

school seniors who excel not only in sports but also academics and leadership capabilities. Every student who applies has a chance to win at the school, state and national level. For more details, visit www.scholarshipsonline.org/2013/05/wendys-high-s chool-heisman-award-program.html

BONUS - The Center for Alcohol Policy Essay Contest is open to all persons over the age of 18. Applicants may enter the competition by submitting an essay on a topic related to prohi-

Continue on Page 10

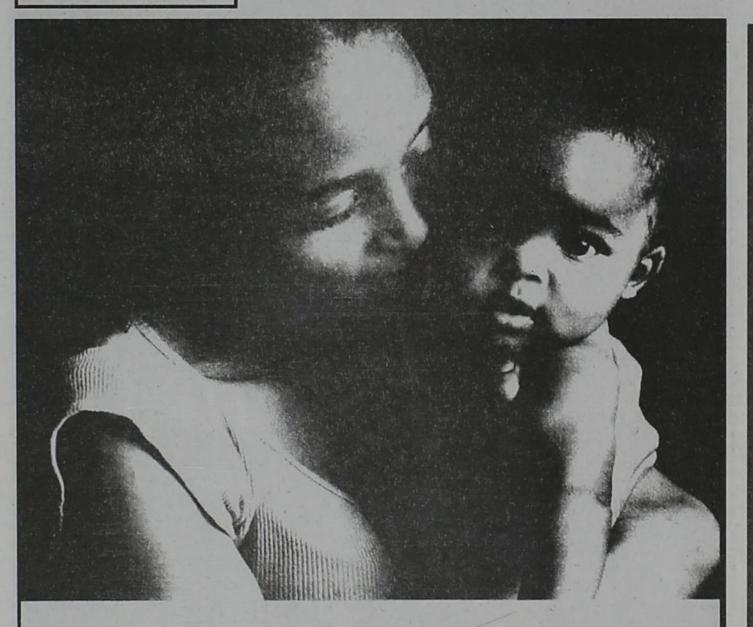
Tabacco Road (Kitchen) located at 2908 Parkway Drive, Lubbock, TX 79403 (806) 712-0092

> **Hours of Operation:** Mon. - Sat. 8:00 am to 9:00 pm Sundays 1:00 pm - 6:00 pm

Services include: Breakfast 8:00 am - 11:00 am Lunch & Dinner 11:00 am - 9:00 pm

> Lite Bites available and

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CHILDREN WITH MEDICAID CAN GET TRUE RIDES TO THE DOCTOR OR DENTIST'S OFFICE. CALL 1-877 MED TRIP TO LEARN MORE.



Southwest Digest, Thursday, September 14, 2014, Page 9

Serena Williams Denies Being Drunk, Pregnant or on Drugs During Wimbledon Meltdown

that our lives have no value. I ut-

terly reject this. Let's love them

Thank you,

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Ferguson: A Painful Reminder of Black Angst and Anger Continued from Page 3

Alex Tabarrok is an internationally recognized economist and he has taken Ferguson to task based on his own research and a white paper by the ArchCity Defenders. What we are seeing is how cash-strapped local criminal justice systems in need of money use the law to secure resources. Citations of all types spiked. There are some glaring statistics.

Here's the data: Ferguson has 21,203 residents living in 8,192 homes. It's 67% black and has violent crime rates consistent with the national average. However, its second largest source of revenue is court fines and fees: \$2,635,400. That averages to three warrants and 1.5 case loads per home. Approximately 22% of the people are in poverty. If that's not a powder keg, I'm not sure what is.

Now for us to continue to be proactive we must remember there are four things you can do with Angst and Anger as a Black person when it comes to dealing with our government:

rg.

pm. rd Nationwide — In the latest issue of Sports Illustrated magazine, tennis champion Serena Williams addressed what happened in Wimbledon when she appeared disoriented and was forced to withdraw from a match.

In the article, she tells writer S.L. Price, "I have nothing to hide. No, I didn't take anything. If you want to ask me if I took drugs, I didn't take drugs. I'm not on drugs. I've heard it all. I'm not pregnant; I wasn't pregnant."

She adds, "Although I think a baby would be great, but there's a time and place for everything. But no, I don't do drugs. Never did 'em. I'm scared of 'em. I'm not on that stuff." She also mentions that she was drug tested the day after the incident and did not receive any notification of a positive result.

Regarding whether or not she was drunk, she commented, "God, no... I wish." So what happened?

Public Housing Waiting List Opening

Lubbock Housing Authority will open the following waiting list on September 22, 2014 and will close on October 15, 2014

2, 3, 4, and 5 Bedroom units only!

Application Process is required!!!

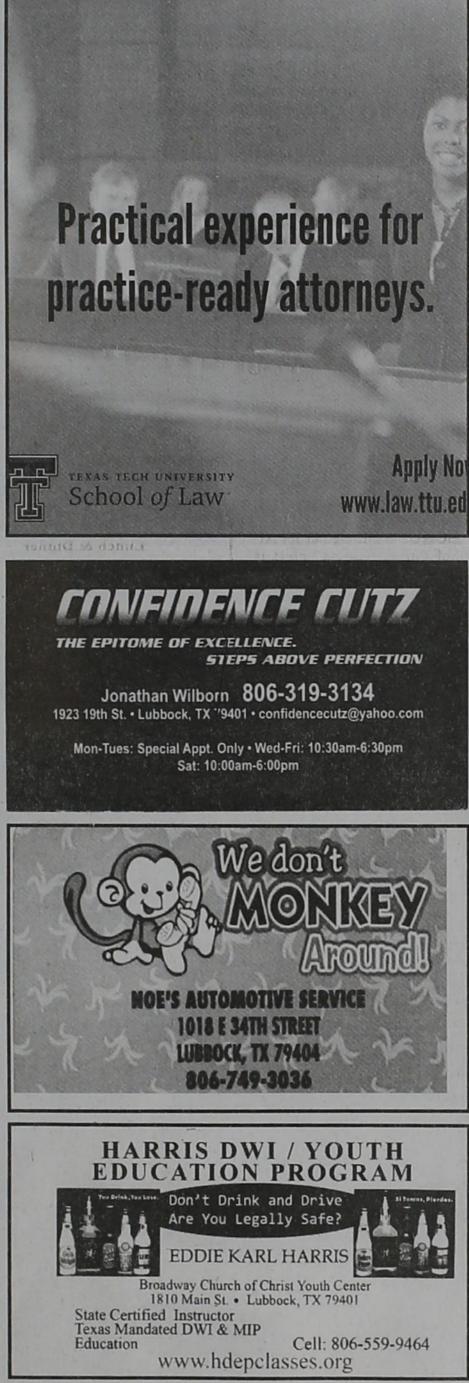
Application packets may be picked up at the Lubbock Housing Authority Central Office located at 1708 Crickets, Lubbock TX, 79401, during regular business hours!

Completed applications may be returned to the above address, Monday-Wednesday between the hours of 7:00 AM to 3:00 PM. <u>This is a walk in interview and you will</u> <u>be seen in the order that you come in</u>. Applications outside of these dates will not be accepted. The following documents will be required at the time of interview:

All information is required at the time of the interview, we must have original documents no copies will be accepted.

Make sure you bring:

- Make sure that you bring your application completed and signed. (No Blanks)
- Birth certificates for all children under the age of 18 (Birth facts will not be accepted!)
- Social security cards for <u>everyone</u> in household.
- <u>Current picture ID/DL</u> for all adults in household are <u>required</u> at the time of the interview,
- All adults must attend this appointment! If <u>you or other adults cannot attend</u> <u>interview due to working or attending school, you must contact the Intake</u> <u>department before the deadline to see if accommodations can be made for an</u> <u>interview outside the scheduled interview dates!</u>



1. Stay passive and submit to injustice and grow bitter.

2. Fight for reform, constructively, to better your situation and others.

3. Seek an occupation with the government apparatus and fight for change.

4. Become a token and profit from a system entrenched in ostensible narratives.

We really only have two legitimate options and I have done both: number (3) as an educator and correction specialist, and (2) now as a consultant. I'm most concerned about the narratives taking place on both sides. People use ostensible language narratives and theories that appear to be true, but in reality simply act as a cover for furthering misinformation-to create plausibility and then push their agenda ahead. As Black folks, we still need to hear the facts before making up our minds. And as far as the people perpetually against us, they will continue to recruit and place their mouthpieces in our community. I'll also say this: we need to seek out new voices to address these crises that emerge in our community. We need nuanced, dexterous leaders who are focused on the future and securing the promises still afforded to us by a Creator who has not forgotten His covenant. Deal with the government, but put your faith in God folks. We know the epidemic of death among Black men through Black on Black crime and law enforcement sends the message

BE FAMILY WISE



DON'T FORGET

TO REGISTER FOR

NOVEMBER, 2014

MID-ELECTIONS!!!



If you require a reasonable accommodation in order to access any of our programs, due to a handicap or disability, please call the intake department at (806) 762-1191. For the hearing impaired call TTY Relay Texas 1-800-735-2989.



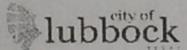
When it comes to your health, you deserve the very best. The more than 400 experts at Texas Tech Physicians do more than just practice medicine. They are researchers, scientists and educators — and they can be *your* doctors.

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Babies need shots at 2, 4, 6, and 12-15 months. Older children need shots at 4-6 years and then again at 11-14 years.

Adults need shots too! A flu shot yearly and other shots as recommended by your physician.

For questions or help with locating a physician call **City of Lubbock Health Department at 775-3090.** Texas Tech Physicians

Texas Tech Physicians Medical Pavilion, 3601 4th St. Texas Tech University Health Sciences Center, 3601 4th St. Medical Office Plaza, 3502 9th St., east of UMC Southwest Cancer Center, 602 Indiana Ave., west of UMC Healthpoint, 4004 82nd St. Grand Expectations, 2602 Ave. Q Covenant Medical Office Building, 4102 24th St. Grace Medical Center, 4515 Marsha Sharp Freeway

Wake up with determination. Go to bed with satisfaction.

Who Plays The **Race Card? Continu.ed from Page 5**

and the suspect's depend on it. This is the reality of the situation.

Having discussions aimed at bringing about positive race relations appears to be a topic that America is not eager to put on the table. America, we have a problem. This is not a new problem; it is not even an isolable problem; still, it is a wicked problem. According to the Australian Public Commission, a wicked problem is one "that is difficult or impossible to solve because of incomplete, contradictory, and changing requirements that are often difficult to recognize. The term "wicked" is

What's Up With Serena Williams? **Continued from Page 9**

According to Serena, she had some type of viral illness that made her dehydrated, dizzy and

WARL YOU I NEVER LAVE IT. If you don't ask, the answer is ALWAYS NO. If you don't step forward, you're lways in the SAME PLACE

used to denote resistance to resolution, rather than evil." Improved race relations in America can be achieved by applying our unique American "can do" attitude. We have a blueprint. That blueprint is the Kerner Commission formed by President Lyndon Johnson in 1967 to understand the root causes of the urban riots that plagued our cities from starting in 1964. Johnson rejected the Commission's recommendations. Still, apartheid in its major cities."

the Commission's findings, known as the Kerner Report were spot on and prescient. The Commission stated that the nation was "moving toward two societies, One Black, One White - Separate and Unequal." Moreover, the Report warned our country faced a "system of Obviously, we have not heeded the warning. Today, the concentration of blacks in the inner cities remains more fixed than fluid; the predicted racial divide has widened; and, poverty is more structural than generational. We need President Obama to issue a call to action, much like President Johnson did over 40 years ago. Thus, my modest proposal is for the President to create the Biden Commission on race relations. Joe Biden, our straight shooting Vice-President has both the street cred and needed gravitas to lead such a Commission - his 2007 primary gaffe, notwithstanding, of describing Obama thusly: "I mean, you got the firstmainstream African-American



who is articulate and bright and clean and a nice-looking guy," Biden said. "I mean, that's a storybook, man." I've heard worse and Biden has more than atoned for that politically incorrect statement.

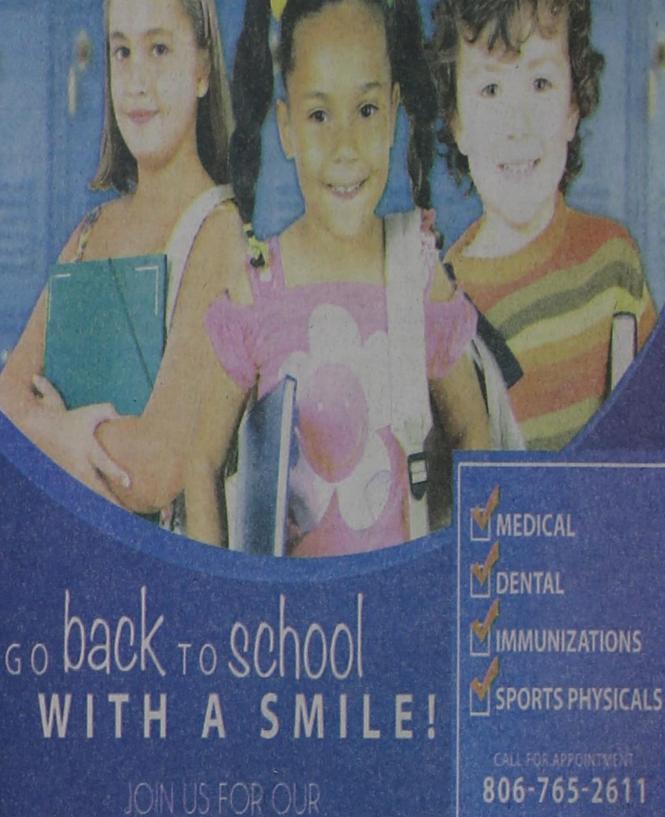
Finally, I would also highly recommend that Sean Hannity, Bill O'Reilly and Rush Limbaugh be invited to join this august body. Why not? They always seem to have the right answers.

Kwame S. Salter is President of The Salter Group LLC, and the author of two books including "Striving While Black". For details about his company, visit www.talenttrumps.com

Top 10 Back To Scholarships For Blacks & Minorities Continued from Page 8

bition. Applicants can include students over the age of 18, as well as members of the general public. The topic changes every year but is always related to the subject of prohibition. For more details, visit www.scholarshipsonline.org/2014/07/center-foralcohol-policy-essay-contest.ht ml

Southwest Digest, Thursday, September 18, 2014, Page 10



BACK TO SCHOOL SUMMER FUN FEST!

feverish.

Her sister Venus concurs and says the only reason why she let Serena play in that type of condition was because she didn't want to be bossy. "She tricked me into letting her try," she added.

Despite trying to set the record though about what really happened, the rumors continue to swirl.

But what do you think?

Thousands of scholarship programs give away billions of dollars every year to deserving students. To search hundreds of other 2014-2015 scholarships, i s i t v www.ScholarshipsOnline.org.

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