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God Bless America!

# Southwest Digest

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Worth More!

902 E 28th Street  
Lubbock, Texas 79404  
Phone (806) 762-3612

A newspaper for the 21st century, representing the Black community's ideas and beliefs since 1977

October 30, 2008

VOL. XXXI, No. 1



## Community Meetings

This is a list of what is happening in Lubbock, to help complete the unfinished, community-building work of Dr. Martin Luther King, Jr.

- African American Chamber of Commerce, Lubbock meets on the 3rd Monday of each month, from 5:30-6:30pm at the Parkway Community Center, 405 M.L.K. Blvd., 806-771-1815
- Lubbock Area Client Council meets on the 2nd Saturday, 1:00pm at the Patterson Branch Library
- 11th City Kwanzaa meets every Tuesday, 7:00pm, 1708 Avenue G
- Damber Alumni Association meets 2nd Saturdays, 4:00 pm
- Booker T. Washington American Legion Post 805 meets every 2nd Tuesday at 7:30pm, American Legion Building in Yellowbonnie Canyon
- Forgotten West Riders meets on the 1st & 3rd Mondays, 7:30 pm, Patterson Library
- East Lubbock Chapter AARP meets every 1st Thursday at 1:00 pm, Mac Simmons Community Center
- Lubbock Chapter of Black Alumni meets every 3rd Tuesday, 5:30 pm, TTU Merkat Alumni Center
- Damber/Marshawn Heights Neighborhood Association meets every 1st Thursday at 6:00 pm and every 3rd Thursday at 7:00 pm at the Damber-Marshawn Heights Neighborhood Outreach Center at 1301 East 24th St.
- West Texas Native American Association Post Lack Supper meets on alternating months prior to meeting, meetings held on 2nd Saturday of each month at 7:00 pm, Educational presentations and demonstrations.
- Texas Juneteenth Cultural & Historical Commission - Lubbock Affiliate meets at Patterson Branch Library every 3rd Thursday at 7:00 pm
- West Texas Native American Association meets 2nd Saturday each month at Groves Library, 5520 19th Street, 7:30 pm
- West Texas Chapter of 160 Black Men meets the 3rd Monday evening at 7:20 pm at the Parkway Neighborhood Center.
- The Parkway & Cherry-Paint Neighborhood Association meets the 3rd Tuesday evening of each month at 7:30 pm at Alderson Middle School, 219 Walnut Ave.
- Chattman Hill Neighborhood Association meets the 2nd Thursday of every month at 6:00 pm, at the Elementary Cafeteria.

## Black Turnout is Strong in Early Voting in South

**CHARLOTTE, N.C. (AP)** Blacks are already surging to the polls in parts of the South, according to initial figures from states that encourage early voting - a striking though still preliminary sign of how strongly they will turn out nationwide for Barack Obama in his campaign to become the first African-American president.

There have been predictions all year of a record black turnout for Obama. The first actual figures suggest that wasn't just talk.

In North Carolina, blacks make up 31 percent of early voters so far, even though they're just 21 percent of the population and made up only 19 percent of state's overall 2004 vote.

Roughly 36 percent of the early voters are black in Georgia, outpacing their 30 percent proportion of the state's population and their 25 percent share of the 2004 vote.

No one but the voters can be sure how they voted. And John McCain's campaign officials note that the Obama camp has put much more effort than they have into early voting. But the numbers are still notable.

Democrats are outvoting the GOP by a margin of 2.5-to-1 in North Carolina, where early voting has been under way for a week. That's roughly double the margin from 2004.

More than 210,000 blacks who are registered as Democrats have cast early ballots in the Tar Heel State - compared with roughly 174,000 registered Republicans overall. Four years ago, the number of GOP early and absentee voters was more than double that of black Democrats.

"It's a sign about how energized African-Americans are about this election," says David Bositis, who tracks black voting trends at the Washington-based Joint Center for Political and Economic Studies.

In Louisiana, more than 31 percent of the early voters are black, and Democrats are topping Republicans nearly 2-to-1. In the crucial battleground state of Florida, nearly 55 percent of early voters are registered Democrats - well above their 41 percent share of the electorate in the Sunshine State.

Virginia, another Southern state that usually votes Republican - but where Obama is doing well in opinion polls - does not track voter registrations by race or party. But some of the largest increases in registrations this year were in Democratic-leaning cities with large minority populations.

Absentee voting - as the name suggests - was originally designed for people who couldn't make it to the polls on Election Day. But this year, more than 30 states allow any registered voter to cast an early



Voters line up to cast their ballots as they vote early at a shopping mall in Overland Park, Kan. Thursday, Oct. 23, 2008

ballot, and many election officials are encouraging voters to do so to ease the strain on Nov. 4. About a third of voters nationwide are expected to cast their ballots before Election Day.

Obama's campaign has focused heavily on turning out those voters, using advertising and campaign events. That's the message the Illinois senator brought to North Carolina during his last stop, when he addressed a predominantly black crowd in Fayetteville.

"We want to get as many votes in as possible as early as possible," he said.

Louise Boyd, a 61-year-old Charlotte retiree, voted early this year and then returned to wait in line two days later with her sister, Nyata Frazier. Boyd, who is black, said she expected a very large turnout from watching rallies and noting the historic nature of voting for a black presidential candidate.

"I had a little more pride," she said. "It shows how vastly the U.S. has changed."

The surge in black voters follows a similar trend this year in voter registration. In the five states that track voter registration by race, blacks signed up to vote at twice the rate of whites in the six months through September.

The question then was would those newly registered voters turn out to vote, and now there are signs that they will. In Georgia, 230,000 more people have cast early ballots than voted absentee in 2004.

Many of those early voters have come from metro Atlanta counties, including heavily Democratic Fulton and DeKalb. In Marietta, just north of Atlanta, poll workers were warning arriving voters of waits up to four hours on Thursday. Many were not deterred.

"Take off work, get in line and just expect a long wait," said Kristy White, 30. "Bring a book if you have to."

Georgia election officials expect 1.4 million people to vote early this year - more than double the total from four years ago.

Technical and vocational institutions will also have representatives available. Parents are encouraged to attend with their children.

For students and parents who are interested in financial aid, an information session will be offered in Room 107 of the Lubbock Memorial Civic Center from 6 - 7 p.m. and again from 7 - 8 p.m. Remember, middle school is not too early to start making plans for the future.

Career Night Contact: Larry Hess, 766-1154.



Former Dallas Council member James Fantroy

## Ex-councilman James Fantroy remembered as fighter for southern Dallas

Dallas - James Fantroy - four-term Dallas City Council member, street-wise civil rights warrior, convicted thief, renowned polemicist, respected activist, and beloved southern-sector icon - died Sunday morning from kidney cancer. He was 71.

Friends and foes alike mourned his passing, which came as he served a six-month home-confinement sentence.

"This is a man who fought tirelessly for the citizens of southern Dallas," said Terrell Atkins, who holds the City Council seat Mr. Fantroy occupied from 2000-2007. "This is a man whose legacy lives on in his accomplishments for District 8."

Other said they respected his passion, even when it was misplaced.

"James and I both grew up through the hard times of segregation, and we fought it together," said Betty Culbreath, the Dallas Housing Authority board's chairwoman. "But as the times changed, my thinking changed. James' thinking never changed."

Some people said Mr. Fantroy's political philosophy was stuck in the '60s. Others just said he was stubborn.

Mr. Fantroy was convicted of taking more than \$20,000 when he was treasurer for a community development corporation run by Paul Quinn College, the city's oldest black liberal arts college. He spent 30 days this summer in federal prison.

Out of respect for his stature in the community and sympathy for his deteriorating health, U.S. District Judge EJ Kincaid had extended an unorthodox offer - if Mr. Fantroy would publicly admit guilt, the judge would suspend the prison sentence.

"Why shouldn't I spend my last days in jail if I believe in something?" said Mr. Fantroy in rejecting the judge's offer. "Why did Dr. King spend those days in jail? Because he believed in something. That's what I'm going to do, too."

Mr. Fantroy rarely backed down, in his personal or private life.

He battled kidney disease, and then inoperable cancer, during his years on the Dallas City Council.

He shrugged when his name surfaced during an FBI investigation into corruption in City Hall.

And when his political mentor - Al Linscomb - challenged him for his District 8 seat on the council, he marshaled his waning strength and vowed to "beat him like an old country mule," which he did.

Even in defeat, Mr. Linscomb praised his opponent.

"He's a fighter. You have to admire him for who he is, for what he's done," Mr. Linscomb said once after visiting his friend in the hospital.

Mr. Fantroy endured hours of dialysis sessions each week while serving on the council, and greeted his infirmities with fatalism and humor.

## "Mr. Alderson Contest Held October 10th!

Alderson Middle School had its first ever "Mr. Alderson Contest" on Friday, October 10, 2008 in the Alderson Auditorium. All students, staff, parents and community residents were invited to attend.

The contest featured the 8th Grade male students in three competitive categories: casual dress, costume in academic content, and the formal wear with a lovely lady on his arm.

Students walked the runway, showed off their clothing and made a speech about why their academic content area is important.

The winner of "Mr. Alderson" was Rodrick Moore. His sponsor was Science teacher and athletic coach Brent George. His costume was a Texas Tech lab coat with safety glasses representing Science, and he was escorted by Miss Raven Holmes. The pair looked like a king and queen as they walked the floor.

This experience brought students and their faculty sponsor closer together as they worked side by side to create the best presentation of dress, speech, and charisma.

Continue on Page 5



Here are two photos of the young people who were participants in the first ever "Mr. Alderson Contest" which was held Friday, October 10, 2008, in the Alderson Auditorium. More on Page 5.

If you have an announcement you want to appear in this paper, there are many ways to get information to us.

Southwest Digest  
Community Meetings  
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Be Sure To Vote  
November 4th!!

# Chatman Hills Corner

By Doris Reynolds

The New Hope Baptist Church will sponsor 19th Annual Appreciation Services, for Pastor B. R. Moton and family will be held Sunday afternoon, November 2, 2008 at 3:30 p. m. Special guest will be the Lyons Chapel Baptist Church, Rev. Wendell D. Davis, pastor, will be the speaker.

The theme will be: "Honoring A God Sent Servant." 1 Corinthians 9:19-22.

The public is invited to attend.

The Federation of Choirs will hold their monthly meeting at the Greater St. Luke Missionary Baptist Church, where the pastor is Rev. J. H. Ford, on Sunday afternoon, November 23, 2008, beginning at 2:30 p. m. Sister Bennie Sims is president.

Let us continue to pray for our sick and shut-in residents. Among them include Mr. Alfred Caviet, who is a patient at Covenant Medical Center.

Sister Bennie Sims is recuperating from knee surgery at Covenant Medical Center.

Church services were well attended last Sunday morning at the New Hope Baptist where the proud pastor is Rev. B. R. Moton.

Services got underway with Meditation & Prayer. The Praise Team did a marvelous job singing God's praises. Minister McCutcheon read the morning scripture, and Rev. Larry Moore offered the morning prayer.

After several selections sung by the New Hope Choir, Pastor Moton delivered the morning sermon. His subject was "Somebody Ought To Make A Joyful Noise Up In Here!" His scripture text was Joshua 6:20.

The morning announcements were read by Sister Tamara Clay read the morning announcements. Visitors were welcomed by Brother Billy Danley. Two visitors were present.

Don't forget to vote on Tuesday, November 4, 2008, from 7:00 a. m. until 7:00 p. m. Remember, your precious vote is key and crucial. Will you join this writer and VOTE?

port the meetings held throughout the week. It's good to support the church so let's be obedient.

**Scripture For The Week:**  
"Teach me your way O Lord and lead me in a smooth path, because of my enemies. Wait on the Lord and be of good courage and he shall strengthen your heart. Wait I say on the Lord." Psalm 27:11 & 14.

## New Light Baptist Church News

On Sunday morning, October 26, 2008, services got started at New Light Baptist Church, 3013 Idalou Road, where Rev. Kenneth O. Jackson is the pastor.

Sunday School started at 9:45 a.m. with Sis. Alvera Johnson teaching the lesson entitled: "The Holy Spirit Is Essential To A Holy Life" (Romans 8:5-17, 26 & 27).

The question to ask is: "What Is Sanctification?"

Morning worship started at 11:00 a.m. with the devoted Praise Team leading the way, and what a great job they did.

The pulpit devotion was led by Rev. Jackson. The Senior Choir marched to the choir stand singing "Oh, I Want To See Him." The responsive reading was done by Rev. L. C. Lee, and chapel from Psalm 34:1-9. The altar prayer was led by Rev. Jackson with the choir singing "He Is Lord."

Sis. Rochelette Hood read all the announcements and told of all the upcoming events that will

be taking place. There was the fellowship period that was held for about 5 minutes then the offering was taken up.

The Senior Choir sang "The Lord Is Blessing Me" and "Home Over The Mountain."

Rev. Jackson preached the sermon entitled: "God's On Our Side" (Exodus 14:7-14). Afterward the sermon, the song, "Ye Must Be Born Again" was sung.

The invitation to discipleship was extended, and the Lord continues to add to the church as He sees fit. All visitors who were present were acknowledged.

There was a little fall festival which took place after morning services and everyone had a good time.

Let's continue in prayer for the sick, shut-in, those in the hospitals, jails, prison, nursing home and especially for those that has lost a loved one recently.

Remember "A Family That Prays Together Stays Together." Continue to come out and sup-

## Meet Pastors Johnny & Pat Perez Of The Church Of The Blessed



Meet the Pastors of the Church of the Blessed. The Church is located at 1809 34th Street. They invite those looking for a Church Home to come and visit with their congregation.

Pastoral Counseling & Prayer for Healing, Marriage, Drug Addiction, Alcohol Abuse, Youth, Single Parents on Monday thru Friday from 10:00 a. m. until 2:00 p. m. All are welcome to attend these important programs. Jail Ministry is still held each morning at 5:00 a. m.

Saturday evenings English Services begins at 7:00 p. m.

## YOUR INVITATION TO A NEW BLESSING!

Pastors Johnny & Pat Perez and the family of Church of the Blessed invite you to join them for service this week

## Church of the Blessed

Church of the Blessed  
1809 34th  
Lubbock, TX 79411

Phone: (806)

## FASHION FUN

By Shirley Anderson

Of course it's leopard print! Go on the prowl in wild and sexy leopard printed tunics, pants, dresses and scarves. Actually this fall feel free to go kinda crazy with this

exotic print.

Try new colors in the leopard print... yellow, orange, pink and warm greens.

Huge over sized leopard printed jewelry is to die for. Remember if it's Leopard, it's in style.

**HOW GREAT IS THAT!**  
Look for it, it's everywhere!



Fashion tip... always wear a smile

Fashion ... just for the fun of it

## Library Public Events

### Bilingual Storytime at the Mahon Library

Kids are invited to the Mahon Library, 1306 9th Street, on Monday, November 3 at 10:30 a.m. for a bilingual storytime. Join us for books and activities in English and Spanish. This month's theme is animals. For more information, call the library at 775-2838.

### Storytime and Craft at the Patterson Branch Library

Kids, come to a special storytime at the Patterson Branch Library, 1836 Parkway Drive, on Tuesday, November 4 at 6 p.m. We will make paper plate turkeys to take home. For more information, call 767-3300.

### "The Treasure Chest" at the Godeke Branch Library

The Godeke Branch Library, 6601 Quaker, invites kids age 4 and up to the library at 2 p.m. on Thursday, November 6 for "The Treasure Chest," Godeke's workshop for budding young artists. You bring your talent, and we'll supply the materials. For more information, call 792-6566.

### Book Discussion at Groves Branch Library

The Groves Branch Library, 5520 15th Street, will host a discussion of the book "The Other Boleyn Girl" by Philippa Gregory, at 7:30 p.m. on Thursday, November 6. Copies of the book are available for checkout. For more information, please call 767-3733.

### Teens Program at the Patterson Branch Library

The Patterson Branch Library, 1836 Parkway Drive, invites all teens to the library for an afternoon of Wii Sports on Thursday, November 6 at 4 p.m. Call 767-3300 for more information.

### "Twilight Thursday" at Groves Branch Library

The Groves Branch Library, 5520 15th Street, invites teens to a meeting of our new teen book group on Thursday, November 6 at 4:45 p.m. We will continue reading and discussing "Twilight" by Stephenie Meyer. For more information, call 767-3733.



Max Evans

### Max Evans Will Be Honored By SPC

LEVELLAND - Max Evans, influential artist, author and film maker, will be honored with a series of special events on Nov. 10 at South Plains College. Tickets are \$25, and proceeds will benefit the recently established Max Evans Endowed Scholarship fund.

The festivities will begin with a book signing by Evans at 5:30 p.m. in the mall area of the Student Center. Representatives from Barnes and Noble will be on hand with copies of Evans' books available for the signing.

Evans was born in Ropesville and he has written 42 books.

## Army & Air Force Hometown News



Airman Brant A. Lundberg

Air Force Airman Brant A. Lundberg has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate in applied science degree through the Community College of the Air Force.

He is the son of Dwight Lundberg of Canton Ave., and Cindy Lundberg of 91st St., both of Lubbock, Texas.

Lundberg is a 2006 graduate of Monterey High School, Lubbock.

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**Sunday Services**  
Intercessory Prayer 8:30 am  
Church School 9:30 am  
Morning Worship 11:00 am

**Wednesday Services**  
Bible Study  
12:00 Noon and 6:00 pm

Rev. George J. Hunt

**"GOD OUR FATHER, CHRIST OUR REDEEMER, MAN OUR BROTHER"**

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# Church News

## FROM THE DESK OF PARSON D. A. SMITH "Barack Obama For President"

As Americans, the black citizenry of Lubbock, Texas must be overjoyed at how those persons who live among us are excited about the upcoming presidential election. Blacks of Lubbock have to be filled with enthusiasm about the future of their country knowing the great divide between people who do not look like one another in terms of color of skin, have come to an end. Blacks of Lubbock have to be pleased at the positive responses in the "Opinion Page" of the major newspaper of the city and the positives given to the first African Americans of a major political party in its history. Boy! This city that dwell on top of the Caprock some 3000 feet above sea level has to be rewarded a seat in the pureness of the great by and by for a love of neighbor and support of one for the president of the United States not because of the color of his skin!

Oops! Sorry! I apologize to my readers! I ate too much of "bull corn pie" and forgot I lived in the "Bell Curve Addition" on hypocrite street, number 666!

The truth of the matter is I want to share with my readers a portion of an article of the editorial page of the New York Times. The very language allows one to move to a language and atmosphere of intelligence beyond the feedlot arena

that clog the mind of many of Lubbock's racial conservatives and Southern Dixie-crut attitudes.

"Hyperbole is the currency of presidential campaigns, but this year the nation's future truly hangs in the balance.

The United States is battered and drifting after eight years of President Bush's failed leadership. He is saddling his successor with two wars, a scarred global image and a government systematically stripped of its ability to protect and help its citizens—whether they are fleeing a hurricane's floodwaters, searching for affordable health care or struggling to hold on to their homes, jobs, savings and pensions in the midst of a financial crisis that was foretold and preventable.

As tough as times are, the selection of a new president is easy. After nearly two years of grueling and ugly campaign, Senator Barack Obama of Illinois has proved that he is the right choice to be the 44th president of the United States.

Mr. Obama has met challenge after challenge, growing as a leader and putting real flesh on his early promises of hope and change. He has shown a cool head and sound judgment. We believe he has the will and the ability to forge the broad political consensus that is essen-

tial to finding solutions to this nation's problems.

In the same time, Senator John McCain of Arizona has retreated farther and farther to the fringe of American politics, running a campaign of partisan division, class warfare and even hints of racism. His policies and worldview are mired in the past. His choice of a running mate so evidently unfit for the office was a final act of opportunism and bad judgment that eclipsed the accomplishments of 26 years in Congress.

Given the particularly ugly nature of Mr. McCain's campaign, the urge to choose on the basis of raw emotion is strong. But there is a greater value in looking closely at the facts of life in America today and at the proscriptions the candidates offer. The differences are profound.

Mr. McCain offers more of the Republican every-man-for-himself ideology, now lying in shreds on Wall Street and in Americans' bank accounts. Mr. Obama has another vision of government's role and responsibilities.

In his convention speech in Denver, Mr. Obama said, "Government cannot solve all our problems, but what it should do is that which we cannot do for ourselves: protect us from

Continued on Page 8

## We Thank God for Jesus

### "The Devil and His Treats to Trick"

Written by Evangelist Billy "B.I." Morrison, II - Your brother in Christ Jesus always.

**Isaiah 1:4** - The Lord said, yes, a sinful nation, a people laden with iniquity, a seed of evildoers, children that are corrupters; they have forsaken the Lord.

America when we started out; it was to be called, the land of love.

But when we left the Lord; were now called: the land of blood!!!

**Nahum 3:1,3b** - Woe to the bloody city! Is full of lies and robbery, the prey departs not. And there is a multitude of slain, and a great number of carcasses; and there is none end of their corpses; they stumble upon their corpses.

**\*\*\*\* Have You Seen The Killings???** \*\*\*\*

Jesus told the churches, in **Matthew 28:18**, preach the good news to a dying world.

The Devil use the churches help; to deceive the man, woman, boys and girls!!!

**Isaiah 45:18**, this said the lord that created the heavens; god himself that formed the earth and made it; he established it, He created it not in vain, he formed it to be inhabited: I am the Lord; and there is none else.

You see the Bible says, there are nothing new, under god's sun.

The Devil even tried to change God's plans; with his begotten son!!!

**Matthew 4:10** - Jesus said, get thee hence, Satan: for it is written, you shall worship the lord your god, and him only shall you serve.

**\*\*\* Jesus Stayed With The Word of God!!\*\*\*\***

Churches are trying to win the children over, by playing hell-o-ween games.

Jesus stayed with the word of God when tempted, and was not ashamed!!!

**John 12:31-32** - Jesus said, now is the judgment of the world; now shall the prince (the Devil) of this world be cast out. And I, if I be lifted up from the earth, will draw all men unto me.

**\*\*\*\*\*Don't Lift Up The Devil; Lift Up Jesus!!\*\*\*\*\***

Many churches will have trick and treats; playing the devil's game.

But the children's minds are on: give it to me; or I'll take it—shame, shame, shame!!!

**Mark 8:33** - Jesus said, get you behind me, Satan: for you save not the things that

Be of God, but the things of men.

America wanted her rights; and she gave them out to everyone.

Our streets are full of killings; they have the rights to do it; and do it for fun!!!

**Galatians 6:7-8** - Be not deceived; God is not mocked;

for whatsoever a man sows, that shall he also reap. For he that sows to his flesh, shall of the flesh reap corruption; but he that sows to the spirit shall of the spirit reap life everlasting.

If God is not mocked; why are the churches playing devilish games???

While souls are going to hell by the thousands; Shame, Shame, Shame!!!

**Romans 1:21-22** - Because that, when they (the churches) knew God, they glorified him not as god, neither were thankful; but became vain in their imaginations, and their foolish heart was darkened. Professing themselves (the churches) to be wise, they became fools.

Even now the devil is using the churches; to help build his hell-o-ween.

God is not pleased; with the ways of the churches; Jesus should be the theme!!!

**James 4:4** - You adulterers know you not the friendship of the world is enmity with God? Whosoever therefore will be a friend of the world is the

Enemy of God. America is so wrapped up in witchcraft;

they play in the house of God!!!

Hell-o-ween in the churches? God forbid!!! It a place to worship only the lord!!!

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# St. Matthew's Baptist Church News

Church services were well attended last Sunday morning, October 26, 2008, at the St. Matthew Baptist Church, 2020 East 14th Street, where the proud pastor is the Rev. Edward Canady.

I let us continue to pray for our sick and shut-in members and citizens. Among the include Sister Shirley Canady, the "First Lady" at St. Matthew Baptist Church, who is responsible for this weekly article. She will be back soon continuing her posi-

tion as reporter. But here is another effort.

**Do You Want to Get Well?**  
Pick up your mat and walk.  
**John 5:11 (NIV)**

Are you familiar with the story of the man on the mat found in the Gospel of John? As the story opens, we find Jesus entering Jerusalem after a tiring journey. His Father led Him to a dirty, smelly pool of water. Every day the lame, weak, and sick gathered at this pool, believing an angel would come

down, touch the water, and fill it with healing powers. Whoever entered the pool first received instant healing. As Jesus wandered through the crowd, God drew his eyes to an invalid lying on a mat.

Jesus looked deep into his soul and asked, "Do you want to get well?"

"Sir," the invalid replied, "I have no one to help me into the pool when the water is stirred. While I am trying to get in, someone else goes down ahead

of me."

Have you ever felt like this invalid? Are you paralyzed by fear, despair, isolation, or self-pity? Do you believe you are the victim of unfortunate circumstances?

I lived like that invalid for over a decade. In 1986 at age 21, I was raped by a masked stranger hiding in my apartment. Before that day, I loved my life. I had just completed four years of college and graduated with

honors. I had dated and become engaged to a wonderful man. I had even been voted a homecoming princess and had an amazing job waiting for me. After that day, worldly praise and blessings meant nothing. My attacker's vile and cruel act shattered my hopes and my dreams.

After that I lived in a prison of fear and despair. Then I encountered Christ in this gospel story. The words Jesus

taught me that when we pray God's Word, we pray God's will. I loved that idea. It gave me a sense of confidence and direction when I didn't know what to say in my prayers.

I also wanted my prayers to be filled with power. I wanted to believe that God was able and willing to accomplish what I was praying for. The Bible says that scripture is "live and active" so I knew that when I prayed in agreement with God's Words, I could expect those prayers to come alive in a situation and become active in the

person's life that I was praying for.

Often times when I pray now, verses that I've read in the Bible will come to mind. For instance, when I feel like my plans are spinning out of control, Jeremiah 29:11 will pop into my thoughts. On those days, I'll pray:

"Lord, you know the plans you have for me, plans to prosper me and not to harm me, plans to give me a future and a hope. You say that if I come to you and pray, you will listen and you will lead me. So, today I

spoke to the crippled man pruned my soul. I realized that I was the man on the mat. I enjoyed being the victim. I had become accustomed to my place of sorrow. Worse, I was comfortable there.

I came to know the truth of Hebrews 4:12: "For the Word of God is living and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit."

God Bless each of You!

surrender my plans for Your plans. Please guide my decisions and thoughts to match Yours so that I can experience hope and not harm. Even though things aren't going so great today, I trust the plans You have for me."

I loved that idea. It gave me a sense of confidence and direction when I didn't know what to say in my prayers.

Sister Dorothy Hood, president; Sister Christene Brinson, vice president; Sister Elnora Jones, teacher.

## Outreach Prayer Breakfast

### "Prayer For The Body of Christ"

Father, we pray and confess our Word over the body of Christ. We pray your people will be filled with full, deep, and clear knowledge of your will in all spiritual things.

We pray all live and conduct ourselves in a manner worthy of you, Lord. Fully pleasing to you and desiring to please you in all things, bearing fruit in every good work, steady growing, and increasing in and by the knowledge of you, with deeper and clearer insight.

We pray the body of Christ, be invigorated and strengthened with all power, according to the might of your Glory to exercise every kind of endurance and patience, with all joy, giving thanks to you.

Father, you have qualified and made us fit to share the portion which is the inherit inheritance of the Saints of God. Holy Father, You have delivered and called us by your name, when only your name will be glorified in your places of worship, standing shoulder to shoulder in such orderly array, and steadfastness of our Faith. May we conduct ourselves in a way the world will know we are Christians by our Love!

May your people, Father, clothe themselves as your own picked represent representative as y our chosen people are purifying, reading themselves by believers. Marked by tender hearted, mercy and kind feelings.

If there is a grievance or complaint in the body, help us to

be quick to pardon each other as you, Lord have freely given us.

May the body be thankful, appreciative giving praise to our God, and whatever the body does in words or deeds, be done in in the name of Jesus, our Lord and Savior Jesus Christ.

Thank you in advance, Lord, for your precious Holy Spirit which will abide in our places of worship on Sundays, in the hearts of your people. (Hallelujah!)

The Outreach Prayer Breakfast will meet in the home of Sister Elnora Jones. Do come and be with us. You will be glad you did!

Here is a benefit from Rev. Zairreus Patterson.

**What Should I Say?**  
by Renee Swope

Pray in the Spirit on all occasions with all kinds of prayers and petitions." Ephesians 6:18 (NIV)

My prayers used to feel kind of flat. I didn't know what to say so I stumbled over my words when I talked to God. I especially didn't know how to pray when I was struggling or when a friend was going through difficult times. I wanted to say the right things because I thought that if I prayed the right way, then God would listen and answer my prayers, the way I wanted Him to.

It took me a while, but I finally got up the courage to talk with a friend about my fears and struggles. She explained to me that prayer isn't about saying or asking the right things, it's about building a relationship with God

by talking to Him, and listening. She taught me how to be still and listen for His still small voice in my spirit before I started praying. I found that if I waited for Him to lead the conversation, the Holy Spirit would guide my thoughts and my prayers.

Over time, I also learned the power of praying God's words written in the Bible. I read books and heard sermons that



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# Obsequies

Graveside services were held for Willie James Lang last Tuesday morning, October 21, 2008, at the City of Lubbock Cemetery under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Lang, was known as "Nittie", passed away Thursday, October 9, 2008, at University Medical Center.

He was the youngest of 10 brothers and sisters. He was born October 27, 1967, in Marlin to Eula Mae Green and Robert Lang.

He worked as a welder. He leaves to cherish his memory his mother, Eula Mae Green; his father, Robert Lang; one son, Willie York; three sisters, Barbara Ann Green, Shebra Ann Walker and Beverly Ann Green; eight brothers, Alfred



Willie James "Nittie" Lang

Green, Floyd Green, Gregory Green, Lonnie Green, Leonard Green, Tenola Lang, Danny Green and Eric Dixon; a host of aunts, uncles, nieces, nephews, cousins, and friends.

## Geraldine Perry Glenn

Services for Mrs. Geraldine Perry Glenn were held Wednesday, October 22, 2008, at Alexander Temple Church of God in Christ.

Burial followed at City of Lubbock under the direction of Griffin Mortuary & Funeral Home of Lubbock.

A longtime Lubbock resident, Mrs. Glenn, died Saturday, October 18, 2008, at Denton Regional Medical Center after a long illness.

She was born in Guthrie, Oklahoma. She was the youngest of 16 children - 10 boys and five girls, born to Zeke and Georgia Perry.

Her father, mother and 15 siblings preceded her in death.

She met and married Harold T. Glenn, who preceded her in

death, and moved to Lubbock in 1951.

After moving to Lubbock, she became a member of the Christ Temple Church of God in Christ under the leadership of Bishop W.D. Haynes. Later, she united with the Alexander Chapel Church of God in Christ under the leadership of Bishop Lemuel F. Thuston. She remained a consistent member until her health failed.

Mrs. Glenn's legacy is celebrated by her loving daughter, Carolyn McWilliams of Denton; two grandsons, Greg McWilliams of San Antonio and Michael (Shanda) of Denton; two great-grandchildren, Kenan and Kennedy; one step-daughter, Hattie Coleman of Lubbock; one step-granddaughter, Brenda Skief (James) of Lubbock; and a host of nieces, nephews, and friends.

for Katherine Cooper McLin on Wednesday morning, October 29, 2008, at Full Amorr Ministries.

Burial followed at Peneofal Garden Cemetery in Woodrow under the direction of Griffin Mortuary & Funeral Home of Lubbock.

She passed away Tuesday, October 21, 2008, at Covenant Medical Center.

She was born Feb. 28, 1925, in Paula County to Arthur and

## J. D. (Jack) Jackson



Slaton -- Funeral services for J. D. (Jack) Jackson were held Tuesday, October 28, 2008, at Triumph Baptist Church in Slaton.

Burial followed at Englewood Cemetery under the direction of Griffin Mortuary & Funeral Home of Lubbock.

Jackson, 57, of Slaton, passed away Thursday, October 23, 2008, at Covenant Medical Center.

He was born to Willie Lee Cooks and Bob Johnson on Sept. 27, 1951, in Slaton.

J. D. graduated from Slaton High School and went on to the Job Corp where he became a culinary chef.

J. D. leaves to cherish his memory his father, Bob Johnson; his children, Lisa Russell, Angela Jones, Steven Detune, LaShan Harvey, LaSha Harvey, Geneice Robinson, and Daniel Harvey; six brothers, Robert Ward, Odell Ward, George Cooks, Jimmy Austin, Robert Johnson, and Mark Johnson; four sisters, Erma Jean Ward, Barbara Ward, Mary Pettie-Pegues, and Norma Johnson; 16 grandchildren; and a host of nephews, nieces, other relatives and friends.

Bessie Cooper, who preceded her in death. She worked at the Lubbock State School until her retirement in 1987. Katherine was a foster parent for over 10 years. She was a devoted church member at Praise Center Ministries at the time of her passing where she served as the church mother. She served in other positions during her walk with Christ. Katherine was a very humble and concerned person for people everywhere. She had a spirit of serving, always eager to provide food and pray for those in need.

She is survived by her husband, Fred McLin, Sr.; one daughter, Ella McLin; three sons, Fred, Jr., Ray and Steve McLin; seven daughters, Carz Woods, Peggie Rodgers, Freddie Boyd, Camella Carr, Debra Davis, Charlie Ruth McLin and Delaine Scott; five sons, Charles McLin, David McLin, Melvin Cooper, Harold McLin and Thomas McLin; grandchildren; and a host of other relatives and friends.

## A Message From The Federal Trade Commissions

"We can remove bankruptcies, judgments, liens, and bad loans from your credit file forever! The Federal Trade Commissions says companies that promise to scrub your credit report of accurate negative information for a fee are lying. Under federal law, accurate negative information can be reported for up to seven years, and some bankruptcies for up to 10 years."

Learn about managing credit and debt at [ftc.gov/credit](http://ftc.gov/credit). A message from the Southwest Digest and the Federal Trade Commissions.

## Snoop Dogg Turns 37



## Obama Election Party Tuesday Night

A Barack Obama Election party will be held Tuesday night, November 4, 2008, from 8:00 p.m. until 1:30 a.m. at the Baker Building, 1211 13th Street.

There will be live entertainment: Element, Kris Crow & Urban Soul.

Come and be a part of history in Lubbock!

Snoop Dogg, left, celebrated his birthday at Shog looking like a doberman with cornrows. Fellow litter mates Warren G and DJ Quik were there soaking up all the champizzle they could. SMH @ the Walmart "Coach Snoop" cake in the thumbs.

**CHAIRMAN MICHAEL WILLIAMS**

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- ✓ Former Honorary State Chairman of Big Brothers Big Sisters of Texas.
- ✓ Created "Williams Future Innovators," a summer camp that inspires young people to pursue careers in math, science, technology, and energy.
- ✓ Initiated and led the Texas response to the tragedy in Darfur.

**ON NOVEMBER 4TH RE-ELECT CHAIRMAN MICHAEL WILLIAMS**

The high cost of foreign oil is a heavy burden on our young families, small businesses and entrepreneurs. As Chairman of the Texas Railroad Commission, Michael Williams is fighting for increased exploration and production of Texas oil and clean natural gas.

Chairman Williams is working to expand our use of clean coal, wind, solar and nuclear power. And pushing alternative transportation fuels, starting with local and state government - including Texas school buses.

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**Katherine Cooper McLin**

Funeral services were held

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They are Black and Proud  
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Attention Precinct 3 voters! See how easy it is to vote for Frank Gutierrez (R) using the eState voting tool. Turn the wheel until you see Frank Gutierrez (R) and press the select wheel to vote for Frank as your next County Commissioner Precinct 3. Democrats have a choice & can LEGALLY vote a split ticket to vote for Frank Gutierrez.

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**How to vote using the eState**

United we Stand give your endorsement, Vote for Frank Gutierrez.  
You DO NOT have to Vote Straight Dem, just Vote for Frank Gutierrez.

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2. Open the envelope and place your ballot in the envelope.
3. Open the envelope and place your ballot in the envelope.
4. Open the envelope and place your ballot in the envelope.
5. Open the envelope and place your ballot in the envelope.

**It's October!**  
What should you do?  
Protect yourself and your little ones from the flu!

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# Editorials • Comments • Opinions

## THIS 'N' THAT

by J.J. Patterson

**DON'T FORGET TO VOTE!! THIS N THAT** ... know that each of you have been presented many reasons as why you should **VOTE** ... but remember now it is up to **YOU** ... to go and **CAST** ... your precious **VOTE** ... either ... by ... the last day of ... **EARLY VOTING** ... on ... Friday ... **OCTOBER 31, 2008** ... If you miss this opportunity of voting early ... then get ready and be sure to **VOTE** ... on Tuesday ... **NOVEMBER 2, 2008** ... from 7:00 a.m. until 7:00 p.m. ... Don't let anyone keep you from **VOTING** ... as it is very important ... **WE ALL VOTE!**

**BARACK OBAMA HAS ALREADY WON!! THIS N THAT** ... is just happy to be able to **SUPPORT & VOTE** ... for a man we never thought we see in our lifetime ... That man is none other than **BARACK OBAMA** ... the junior U.S. Senator from Illinois ... As we believe ... he has done well and has made the **BLACK COMMUNITY** ... very proud as he ran as a candidate for all people ... and not just as a Black candidate ... **THIS N THAT** ... will be glad to tell the entire world that **BARACK OBAMA** ... is our choice ... and regardless who wins ... **THIS N THAT** ... will continue to work hard for the **UNITED STATES OF**

**AMERICA!!!** May God continue to bless **BARACK OBAMA & HIS FAMILY** ... as there is need for a positive **CHANGE** ... in the United States of America!!! ... In the past ... **THIS N THAT** ... has never endorsed a national candidate ... but it is **VERY IMPORTANT** ... it will be done this year ... because it is very necessary ... **BARACK OBAMA** ... has earned the support of **THIS N THAT** ... and is very happy to so ... When **THIS N THAT** ... looks back over his life ... it is just a blessing to have a young man with the stature of **BARACK OBAMA** ... to be on center stage for the **GENERAL ELECTION** ... come Tuesday ... November 4, 2008 ... So if you will ... join **THIS N THAT** ... in voting for **BARACK OBAMA** ... for President of the United States of America ... Will you do so!!! Hope so!

**PENNY HASTINGS THE BAREER SAYS:** "Don't forget to **VOTE** ... on Tuesday ... November 4, 2008 ... because it is our **DUTY** ... on an historical event in U.S. of America history!"

**ANOTHER IMPORTANT RACE ALSO! THIS N THAT** ... wants to remind each of you about the election of a **new LUBBOCK COUNTY COMMISSIONER** ... come Tuesday ... November 4, 2008 ... There are two individu-

als seeking this post ... and they are **GILBERT FLORES** ... who is a former commissioner ... and **FRANK GUTERREZ** ... who has been active in the community ... So don't forget to go and vote for one of them ... Your **VOTE** ... is important to this race ...

**MAYOR & CITY COUNCIL, EAST LUBBOCK NEEDS SOME GATEWAY FUNDS TOO! THIS N THAT** ... listened and read the comments about the utilization of **GATEWAY FUNDS** ... and it was apparent the Lubbock City Council will use these funds for taking care of the **CONGESTION IN WEST & SOUTHWEST LUBBOCK** ... Well ... there is a need for **NEW DEVELOPMENT** ... and this is understood ... but those **GATEWAY FUNDS** ... should be spent in an equitable manner ... It was made known that these **GATEWAY FUNDS** ... can only be spent for **NEW INFRASTRUCTURE PROJECTS** ... Well ... that's alright ... if all proposed new projects are a part of the mix ... Remember **MAYOR TOM MARTIN** ... when you were a Lubbock City Councilman ... and you proposed the **GATEWAY FUNDS** ... which are derived from local utility companies ... such as **LP&L, EXCEL, ATT & ATMOS** ... and these

funds will be used for infrastructure projects ... Speaking of new projects **MAYOR MARTIN** ... the South Martin Luther King, Blvd ... **'FLY BYE'** ... was proposed and the **METROPOLITAN PLANNING COUNCIL (MPO)** ... had this project on the list ... and it had a very high profile ... but words come that it is no longer on the list ... **MAYOR MARTIN** ... you remember be cause you were a member of the **MPO** ... and you were appointed by the Lubbock City Council ... It would be great for a **NEW PROJECT** ... to be considered as a **NEW PROJECT** ... After all **MR. MAYOR** ... as one of our citizens ... **MS. JOAN Y. ERVIN** ... was active re ... If you take a look ... there is congestion on the **EASTSIDE!!!** ... Oh ... Yes ... by the way ... the funds from the **GATEWAY FUNDS** ... are contributed by the citizens of Lubbock ... when they pay their monthly bills ... Is the question to asked ... **IS WHY ARE THE FUNDS DISTRIBUTED IN A PROPRIANTE MANNER?** ... This question is being as frequently asked in the local East Sided barber shops, beauty shops and

## THINK ABOUT IT!

"The Year of 2008 has Seen An Historical Year" Think About It & Vote!

by Eddie P. Richardson

The year of 2008 has been an historic year, especially in a political sense ... starting from the beginning of the primaries ... Many surprises were seen in all both major parties ... The projected winners, in both parties, did not win as projected and expected ... Rudy Guiliani the proposed Republican expected winner ... Hillary Rodham Clinton, the expected Democrat winner ... With a crowded field in both parties, the Republican Party had a see-saw primary with the dark horse eventually ending as the winner ... The Democrats also had a crowded field, which narrowed down faster than the Republicans ... The projected winner went down to the wire, with the new kid on the Democrat ticket and, believe it or not, the new kid won!

No matter how the General Election ends, it will be history

because a Black male as presidential candidate and a White female as vice president ... No matter how you look at it, it will be an historical in America ... The question now is, in the case of Obama ... will the Mayor Tom Bradley situation re-surface this year in the presidential election as it did in the California governor's race.

Bradley, a popular mayor in Los Angeles California, ran for governor ... Bradley was ahead in all polls by a comfortable lead, but lost the election by a large margin ... The people were polled and didn't want to portray as racist to the eyes of the public ... That's why and how the Bradley effect was born ... We hope, in this day and time, voters have matured and will honest with themselves as well as others ... Let's be truthful to ourselves as well as others, because their choice is theirs and, most of all,

their business.

One of the conflicts in the Republican Party is the question of the vice presidential candidate ... Was it the Hillary counter? Was it because she was not known in Washington D.C. ... Some say, she is a crowd pleaser, while acknowledge she is a liability to her political party ... She was new on the political scene ... Obama was an unknown, but he had been campaigning for two years ... On the other hand, Governor Sarah Palin has a total of a couple of months as a vice presidential candidate ... But only time will tell, and the time is near ... As it will all be over on Tuesday, November 4, 2008!

**Closing Thoughts:** "Depend on the rabbit's foot if you will, but remember, it did not work for the rabbit."

... is praying that those of you who didn't ... **EARLY VOTE** ... will go to the ... **POLLS** ... on Tuesday ... **NOVEMBER 4, 2008!** ... All of you are very important in this General Election ... so go to the ... **POLLS** ... and vote ... Will you join ... **THIS N THAT** ... and vote??? Hope so!!!

**HOPE YOU WILL VOTE!**

### Annual West Texas Gospel Set In March

The Annual West Texas Gospel Classic Workshop Spring Festival will be held March 20 & 21, 2009.

The Live Recording will be held Saturday, March 21st, at the Church of The Blessed, 1809 34th Street.

A dedication banquet will be held Friday, March 20th, at the Holiday Inn.

An application blank will appear in next week's issue for those interested in participating. For more information, contact Ms. Fays Brown at (806) 744-6123 or 762-3612.

## In Cinque

by Renetta Howard



Howard

It is amazing how so many people see the political campaigns as comical. What I see is a 'comedy of errors.' Just how bucolic must one be to believe that an individual who spends more money on a hairdo than the average American earns in a year, in times like these, and who spends more money on clothes on one shopping spree than the average American can afford for a home, expects to gain votes as a presidential or vice presidential candidate?

It is amazing how down and dirty the presidential campaign has become. This is one election that I feel that most Americans will be happy to see done and over. It is bad enough that the economy is sinking lower every day and to realize that the losses to the various pension plans have not all been

counted. This is a great jolt for retirees living on fixed incomes. Stocks have nosedived and taken a tremendous loss, even to the point where it is believed that John McCain, a millionaire, has felt the blow. If millionaires are hurting, there is no way to imagine what the average Joe is feeling, especially when the \$700,000,000,000 government bailout has not helped his situation one bit. It has been a great move in the direction of Socialism which may be what America really needs now. In the past, whatever Uncle Sam put money into, Uncle Sam has had some 'say-so' in the way the money was spent. That is Socialism.

The government bailout is suppose to have some type of trickle down effect to the citizens, but it appears that the government has done more to help private corporations stay in business, the businesses which have pushed many hard working Americans onto the welfare rolls. Stock losses have taken a toll on the 401's and dividends. In some instances, losses may have affected investment capital. This may be the best time to buy stock if you have a gam-

bling nature and can afford a loss.

With stock losses occurring every day, people are wondering what to do about their money in banks. If you have over \$100,000 in all of your accounts at one bank, you need to move the coverage to another bank, that is, if the bank has F.D.I.C. coverage. The F.D.I.C. (Federal Deposit Insurance Corporation) covers deposits in banks with the insurance. If your bank is not covered under the F.D.I.C., then you need to move your money to an insured bank. The Bailout package raised the amount of bank insurance for the future. A portable home vault that only weighs about fifty pounds is a waste of money. A thief can carry it off just like you brought it in. Money is still safer in banks. Only the people with megabucks really need to worry right now. We all need to get 'in cinque' and make the right choice on Tuesday, November 4, 2008 and vote to stabilize our government and our money. I already did!



They are Black and Proud. They are with America. They are the American Majority.

Our company is looking for part time workers for the post of **ACCOUNT MANAGERS/ SALES EFS**. It pays \$3500- \$4000 a month plus benefits and takes only little of your time. Please contact us for more details.

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... yes ... the churches on Sunday mornings ... I shall we take another look at this distribution? Hope so!

**LET'S KEEP THE NEED OF A BANK FOR THE EASTSIDE! THIS N THAT** ... is still advocating the need for either a **BANK OR BRANCH BANK** ... on the Eastside of Lubbock ... With all the national publicity our city is receiving ... surely this could become a reality one day ... After all the **EAST SIDE** ... of Lubbock needs all the consideration when it comes to moving up the ladder ... It's hard to believe that in the year of **2008** ... there is **NO BANK** ... on the East Side ... especially since there are more than **TWENTY-FIVE BANKS** ... in Lubbock ... Hopefully ... one day when all of us open our eyes ... there will be a **CHANGE** ... in the **ECONOMIC POSTURE** ... of Lubbock ...

**HOPE ALL OF YOU WILL VOTE! THIS N THAT**



**YOUR VOTE IS VERY IMPORTANT NOVEMBER 4, 2008! PLEASE VOTE!**

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Requirements -Should be a computer literate, have 2-3 hours access to the internet weekly, must be over 27 yrs of age, must be efficient and dedicated. If you are interested and need more info: mation, contact Donald Kate, Email: donald\_kate90@yahoo.com

### Letter Policy

The editors and publishers of Southwest Digest welcome your letters and encourage you to write to us. Share with us your concerns, praise, gripes and celebrations. It's what we want to keep our Black community in Lubbock informed and in touch with one another. Your letter doesn't have to address something that's been in our paper, just what's been on your mind. Had an interesting discussion lately? Share it with us!

When you write to us, please provide your name and city so that we may know where you are from and so that our readers may see how far our publication reaches.

You can bring your letter to our office or send it through the mail to: Southwest Digest, Letter to the Editor, 1302 Avenue Q, Lubbock, TX 79401

You can also email us at: [swdigest@sbglobal.net](mailto:swdigest@sbglobal.net) or fax your letter to: (806) 741-9000.

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"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." - Martin Luther King, Jr

### 3 Reasons Not To Get A Flu Shot

By Makeisha Lee, Health and Nutritional Advisor

It's that time of the year again where conceivably you could miss several days of work, countless hours of fun with family and friends, or worst - spend too many hours sick in bed! It is the dreadful "Flu Season"!

Most Americans are being urged to get a flu shot to protect against getting sick. However, before you rush to hand over your hard-earned dollars to get punctured, here are 3 reasons why you should rethink your position.

1. The majority of flu shots contain 25 micrograms of mercury, an amount considered unsafe for anyone weighing less than 550 pounds! The groups that are most sensitive to the neurological damage associated with mercury are infants, children, and the elderly.

2. No study to-date has conclusively proven that flu shots prevent flu-related deaths among the elderly. Yet, this is one of the key groups to which they're promoted to.

3. It's no longer a secret that even if you get a flu shot, you still CAN get the flu (or flu-like

symptoms) at any age. This is because it only protects against certain strains, and you know exactly which flu viruses will be in your particular area.

Okay, so if you don't get the flu shot, what will prevent you from being the next victim of this hideous yearly visitor?

- Eat garlic regularly
- Consume high-quality krill oil daily
- Exercise
- Get adequate sleep
- Address any and all emotional stress
- Wash your hands regularly

(but not excessively)

Lastly, two very useful supplements if you should contract the flu virus would be Olive Leaf extract, as it has been proven to be a potent broad-spectrum anti-viral agent, and Vitamin D.

So you don't have to be worried "sick" about getting the flu - just be proactive instead of reactive!

Makeisha Lee is the author of "Why Black People Can't Lose Weight". She is also the founder of the Black Health Network online at [www.BlackHealth.org](http://www.BlackHealth.org)

### Park Meadows Villas Phase II Opening Public Housing Waiting List

Effective October 23, 2008, Park Meadows Villas Phase II will open the 1, 2 and 3 bedroom waiting list for new applicants.

#### Application Process:

Public Housing Application packets may be picked up at Park Meadows Office located at 2502 Weber Drive from 8:30 am - 5:30 pm Monday thru Friday. During your interview, if eligible, your name will be placed on our Public Housing waiting list.



### NOTICE TO CREDITORS OF LOVIE JEAN CUNNINGHAM

Deceased

Janet Marie Cunningham Cyprins, having been duly appointed Independent Executrix of the Estate of LOVIE J. CUNNINGHAM, Deceased, Late of Lubbock County, Texas, in Probate Proceedings NO. 2008-773278, in the court of law of Lubbock, Texas, on the 18th day of July, 2008, here by notified all persons having claims against said of Estate to present such claims to me within the time prescribed by law. My post office address for the purpose of presenting claim is Janet Marie Cunningham Cyprins, 905 North East 32nd Street, Oklahoma City, Oklahoma 73105, Oklahoma County, Oklahoma.

The information contained in this message and any attachments is intended only for the use of the individual or entity to which it is addressed, and may contain information that is PRIVILEGED, CONFIDENTIAL, and exempt from disclosure under applicable law. If you are not the intended recipient, you are prohibited from copying, distributing, or using the information. Please contact the sender immediately by return e-mail and delete the original message from your system.

### "Mr. Alderson Contest"

Continued from Page 1

A special thanks Mrs. Cook, ELA Teacher and Student Council Leader for organizing the entire event.

Here is a list of all the male and female students who entered in the "Mr. Alderson Contest", along with their faculty sponsor:

Malik Williams & Kendra Tyler - ELA Mrs. Wat son Collins; Alonzo Esparza & Jazlyn - Math, Mr. Bohn and Mr. Lewis; Manuel Garcia & Maria Garcia - Chess, Mr. Heaz; Q'Vante Coe's & Destiny Romo - Athletics, Mr. Wilson; Daniel Martinez & Gabrielle Molina - HHL, Mr. Valdez and Mr. Rodriguez; Amador Liendo & Marcy Seymour - NJHS, Mr. Garibay; Rodrian Moore & Raven Holmes - Science, Mr. George.

Also, Frederick Robinson & Donna Lewis - Career Investigations, Mrs. Davenport; Quinton Smith & Antoinette Smith - AAHB, Mrs. Chapman; Calon Mask-Oaks & Sydney Flores - Music, Mr. Garrett & Mr. Anderson; Andre Montgomery & Raven Williams - Administration, Mr. Love & Mrs. Betts; Bremon Smith & T'keyah Shelby - Spanish, Mr. Parks; and Daniel Guajardo & Karla Padilla - Social Studies, Mr. Eads.

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## NOVEMBER 4TH

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Tuesday, November 4th



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### ACORN LEADS FIGHT AGAINST GOP VOTER SUPPRESSION

*Urges All Americans to Vote on November 4*

Washington, DC (BlackNews.com) - ACORN (The Association of Community Organizations for Reform Now), together with its partner Project Vote, has collected 1.3 million voter registration applications across 21 states for the upcoming election. ACORN has now turned its sights to fighting voter suppression and getting out the vote on November 4.

The massive drive employed 13,000 workers and ACORN anticipates that nearly one million citizens will be able to vote on Election Day as a result. Many of the voter registration applications the groups collected were from low-income Blacks and Latinos and others who are traditionally disenfranchised.

ACORN executives pointed to several incidents of Republican voter suppression and dirty tricks.

In New Mexico, the Republican Party claimed that fraudulent voters participated in the June 2008 Democratic primary, however ACORN contacted several of these "fraudulent voters" and found they were legally registered. On Monday GOP operatives were sued by the ACLU of New Mexico and

the Mexican American Legal Defense and Educational Fund for invasion of the voters' privacy and intentional infliction of emotional distress, including sending a private investigator to one of the voter's homes.

In Los Angeles, the Republican Party hired a firm that deliberately tried to get people to register as Republicans by telling them they were signing a petition for tougher penalties against child molesters.

Other incidents have included reports of possible use of foreclosure lists to challenge voters at the polls in Indiana, Michigan, Ohio and Florida and attempts to stop Ohio from registering voters at early voting sites.

"The real issue here is a coordinated attempt to discourage people from voting," said ACORN Chief Organizer Bertha Lewis. "We must be vigilant in ensuring that every single American who should be voting gets to vote and that no one stands in their way."

New voters ACORN has registered include Lynneoyia Bradley of Cincinnati. "I want to be able to tell my daughter that I voted in the election in the year she was born," said the mother of a 9-month-old. Bradley's concerns include the economy and health care; her mother lost her home to foreclosure in 2006 and had a stroke last year.

This November, Maria Peinado, 52, a single mother and native of Mexico will vote for the first time. She became a citizen on May 2 and registered to vote the same day. "I have lived in this country for over twenty years - it's time to have my voice heard," Peinado said.

Lewis urged all eligible voters to vote early or go to the polls on Election Day. She and thousands of members of her organization plan to spend

### Parson Smith

*Continued from Page 3*

from birth and provide every child a decent education, keep our water clean and our toys safe, invest in new schools and new roads and new science and technology."

Since the financial crisis, he has correctly identified the abject failure of government regulation that has brought the markets to the brink of collapse.

The American financial system is the victim of decades of Republican deregulatory and anti-tax policies. Those ideas have been proved wrong at an unfathomable price, but Mr. McCain-self-proclaimed "foot soldier in the Reagan revolution"-is still a believer.

It will be an enormous challenge just to get the nation back to where it was before Mr. Bush to begin to mend its frange it, the world and to restore its self-confidence and its self-respect. Doing all of that, and leading America forward, will require strength of will, character and intellect, sober judgment and a cool, steady hand. Mr. Obama has those qualities in abundance."

We agree with the Editorial of the New York Times that this nation's problems are simply too grave to be reduced to slashing "robo-calls" and negative ads. This country needs sensible leadership, compassionate leadership, honest leadership and strong leadership. Barack Obama has shown that he has all of those qualities.

We give to him our blessings!

Tuesday, November 4 walking these new voters to the polls.

Those who encounter problems voting or have general election questions should call 1-866-Our-Vote or email help@866ourvote.org

**VOTE NOV. 4TH!!!**

### Thank God For Jesus

*Continued from Page 3*

Isaiah 5:20-21 ~ The Lame shall see (Cursed) & the blind shall see (Blessed)

But call evil good, and good evil; that put darkness for light for darkness, that put bitter for sweet, and sweet for bitter.

We just Thank God For Jesus All The Time. AMEN!!!



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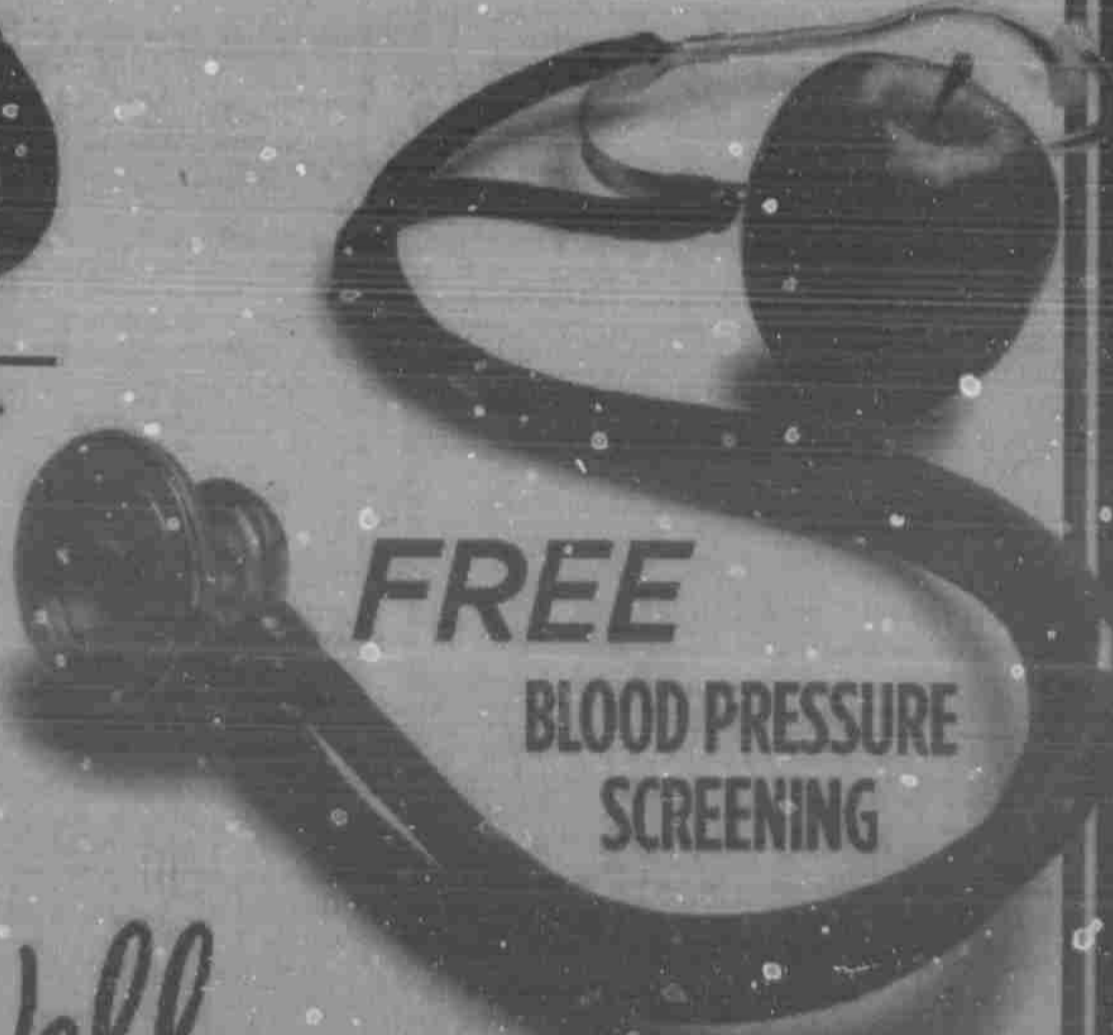
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