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Southwest Digest

January 30 - February 5, 2003

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Local Briefs

Visit the Buddy Holly Center to Observe the "Day the Music Died"

In observance of the forty-fourth anniversary of Buddy Holly's death, often called "The Day the Music Died", the Buddy Holly Center announces several events to commemorate the life of Charles Hardin "Buddy" Holly, Lubbock's most famous native son.

A plane crash claimed the lives of Buddy Holly and fellow musicians J.P. Richardson (The Big Bopper) and Ritchie Valens on February 3, 1959 just outside of Clear Lake, Iowa. The three were a part of the Winter Dance Party Tour, and chartered a small plane to the north to avoid freezing temperatures on the tour buses. Buddy Holly was only 22 years old, a rising talent and now one of the most influential rock and roll artists of all time. In honor of February 3, 1959, the Buddy Holly Center will be open to the public on Monday, February 3, 2003 from 10 a.m. to 5 p.m. Admission to the Buddy Holly Gallery will be free on this day. In addition, the Center has declared February 4 through 7 "Buddy Week". The public is invited to bring a friend to tour the Buddy Holly Gallery, an extensive collection of artifacts including Buddy's signature glasses found at the crash site. During "Buddy Week", get two admissions for the price of one - \$5 general admission, \$3 for seniors. Children under 12 are always free.

The Buddy Holly Center will also commemorate the Day the Music Died with the following events:
Saturday, February 1, 2003
* Free admission to the Buddy Holly Gallery, all day
2 p.m.
Guided tour of Buddy Holly Gallery with 1950's Rock n' Roll Historian Bill Griggs
3 p.m.
Screening of "The Real Buddy Holly Story", a documentary produced by Paul McCartney in 1987 about the life of Buddy Holly, Fine Arts Gallery
Monday, February 3, 2003
* Free admission to the Buddy Holly Gallery all day
11:00 a.m. and 2:00 p.m.
Screening of "The Real Buddy Holly Story", a documentary produced by Paul McCartney in 1987 about the life of Buddy Holly, Fine Arts Gallery

Join the Buddy Holly Center in honoring the life of Buddy Holly during this special week. For more information, please contact the Buddy Holly Center at 767-2686.

Community Meetings

- Lubbock Area Client Council Second Saturday, 1:00 pm • Mae Simmons Community Center
- Hub City Kiwanis, Every Tuesday Night, 7:00pm, 1708 Avenue G.
- Dunbar Alumni Association 2nd Saturday 4pm
- Booker T. Washington American Legion Post 808 2nd Tuesday - 7:30
- Forgotten West Riders, First & Third Monday, 7:00 pm, T. J. Patterson Library
- East Lubbock Chapter AARP, Every 1st Thursday at 1 pm, Mae Simmons Community Center, Oak and 8th St.

We would like to publish your monthly meetings. If you would like for an announcement to appear in this paper, please get it to us in writing by mailing it to:
Community Meetings C/O: Southwest Digest
P.O. Box 2553
Lubbock, Texas 79408
or bring it by the Southwest Digest office at 902 East 23rd Street

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Martin Luther King, Jr. Scholars Program to Offer Summer Internships

To help recognize the legacy of Martin Luther King Jr. the U.S. Department of Education will again conduct its Martin Luther King Jr. Scholars Program by offering as many as 10 summer internships at the Education Department headquarters in Washington.

This marks the second year of the program, unveiled last year by President Bush to pay tribute to the slain civil rights leader's life's work of promoting equality for all.

"We are proud to again offer this opportunity announced last year by President Bush as a means to honor the myriad contributions that Dr. King made to our world," said U.S. Secretary of Education Rod Paige. "Just as Dr King worked for change, the outstanding students that we select will learn first-hand about public service and our efforts to promote change and excellence in America's schools."

As many as 10 outstanding undergraduate or graduate students with an interest in education policy or public policy and administration will be chosen to participate in the internships this summer.

Selected students will be designated Martin Luther King, Jr. Scholars and receive temporary federal appointments in the excepted service for an eight-week period from June 16 to Aug 8. They will be hired at federal pay grades GS-4, 5, 7, or 9 depending on their qualifications and education

level completed, corresponding to \$10.86 to \$18.40 per hour.

The scholars will be assigned to the Office of the Secretary and the immediate offices of the assistant secretaries of education at the department's D.C. headquarters.

They will assist with a variety of projects designed to offer developmental experiences and exposure to government and public policy in a Cabinet-level department.

The program is open to continuing juniors, seniors and graduate students. Students must be enrolled on a full-time basis in an accredited undergraduate or graduate degree program and have plans to register for the fall semester. Graduating baccalaureate, masters', or doctoral students not enrolled or continuing their education in the academic semester following the summer internship are ineligible.

To apply, visit the official posting for these positions on the department's Web site at www.ed.gov/offices/OM/edjobs.html. Click, "ED Job Openings," and then, "Group 1." The announcement also appears on U.S. Office of Personnel Management's USAJobs Web site, www.usajobs.opm.gov, and the new www.studentjobs.gov site.

The application deadline is Feb. 21. Applications: Students desiring to be Martin Luther King Jr. Scholars must submit:

- A resume or application form (OF-612)
- Proof of continuing enrollment (transcript or letter from the registrar).
- Proof of academic good standing (transcript).
- Two academic references (name, title, contact information).
- Brief essay (500 words — two pages) on the link between the philosophies of Dr. King and education policy or public policy and administration.
- A one-page cover letter on why the student wishes to be a Martin Luther King, Jr. Scholar and accomplishments or goals that embrace King's philosophies.

The U.S. Department of Education's Human Resources Services will review the application packages for legal, regulatory and program requirements.

Applications from eligible students will be referred to a panel that will develop a list of the top 25-50 candidates. Evaluations will be based on academic achievement, quality of thought exemplified in the letter and essay, and the strength of the candidate's interest in education policy or public policy and administration. A second tier panel will convene to make final selections from the top group of candidates.

Scholars will be notified by March 31 of their acceptance to the program.

Death Penalty Wrong in all Instances

By Brian Gilmore

Many of my formerly anti-death penalty colleagues in the Washington, D.C. area who used to oppose capital punishment have caved in and have called for the death of alleged sniper John Alien Muhammad.

But their change of heart is without merit.

Capital punishment appeals to our lust for vengeance. It does not deter murderers.

In study after study in states all across the country, statistics demonstrate that the death penalty's frequent use over the last 20 years has had a negligible effect on the number of homicides. A 13-year study published in 1999 in Crime and Delinquency, a scholarly journal, concluded that even in Texas, the reigning king of state executions, the number of executions was unrelated to murder rates. Amnesty International reports that a September 2000 survey conducted by the New York Times found that during the last 20 years, "the homicide rate in states with the death penalty has been 48 percent to 101 percent higher than in states without the death penalty."

The rush by Attorney General John Ashcroft to take charge of the sniper case so prosecutions could begin in a state that has the death penalty shows how arbitrary this punishment is. Capital punishment is political and always will be political. It is the government's easiest means of reminding the public that it is tough on criminals. Stating that it is "important that we have available the most serious penalties in a setting like this," Ashcroft simply could not resist the

opportunity to remind everyone of his support of the death penalty. In the same vein, Ashcroft has been pushing for Virginia to be the first state to try the alleged snipers, Muhammad and 17-year-old John Malvo, since Virginia is one of 22 states that allow the death penalty for minors.

Ashcroft's intervention comes just weeks after the U.S. Supreme Court turned down an opportunity

to review a case involving whether juveniles should be subject to the death penalty. That decision, hotly challenged by four dissenting justices who called the practice "shameful," left the issue to the states, for now.

I do not begrudge the families of the murdered victims for feeling outraged and even for wanting vengeance. They have the right to those emotion and to know that the person who killed their loved ones will not be free to kill again.

But even as I acknowledge their pain, I refuse to accept that the state has the legal or moral right to ever kill anyone for a crime. Killing is wrong, and it is that simple. And when the intensity of this moment passes, I hope my former allies against the death penalty will come back around to this fundamental moral view.

Poet and public-interest attorney Brian Gilmore is the author of two collections of poetry, including his latest, "Jungle nights and soda fountain rags: A poem for Duke Ellington and the Duke Ellington Orchestra" (Karibu Books, 2000). He can be reached at bmproj@progressive.org.

©Brian Gilmore

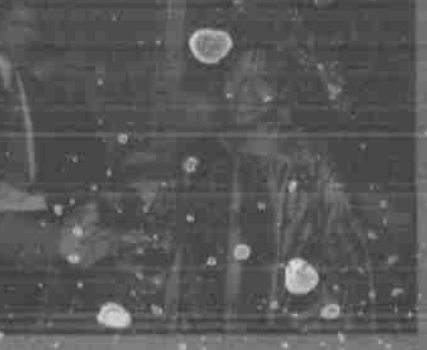
Mid-Term Graduation Honors 84 Students

This past Thursday, Coronado High School was the location for ceremonies involving 84 students who became mid-term graduates. The yearly event is for students who needed assistance with graduation or chose to graduate early.

The mid-term class of 2003 included one thirty-two year old student who has continued working since 1988 to pass the standardized TAMS/TAAS tests in order to receive her high school diploma. She would have been a 1988 graduate of Dunbar. Since the school has been changed to a junior high science academy, her diploma now indicates that she graduated from Estacado High School.

The speaker for the event was Lubbock Mayor Marc McDougal, Superintendent

Dr. Jack Clemons presented the graduates and Board of Trustees President Mark Griffin accepted the class.



Thirty-one students graduated from Coronado, nine of them with high honors, honors or a recommended transcript. There were eleven graduates from Estacado, nineteen from Lubbock High, and twenty-three from Monterey, five with high honors, honors or a recommended transcript.

Erica Curry Graduates from Prairie View

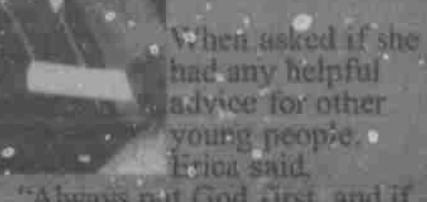
Erica Curry, daughter of Ossie and Ruth Curry, graduated from Prairie View A&M University on Saturday, December 14, 2002, with a baccalaureate degree in Communication-Radio/Television and Psychology. Miss Curry was one of fifteen students who graduated with honors.

Throughout her college career, Erica has credited her success to God and a very supportive home

and church family. Erica plans to pursue her Master's Degree in Business Administration this year.

She attends Greater St. Luke Missionary Baptist Church where Reverend J. H. Ford is her pastor.

When asked if she had any helpful advice for other young people, Erica said, "Always put God first, and if you believe it, you can achieve it."



Tickets Still on Sale for Chamber Banquet Featuring September 11 Survivor

January 23, 2003 - Ticket sales have been brisk, but it is not too late to reserve a spot to hear Lt. Col. Brian Birdwell on February 6 at the annual Chamber of Commerce banquet. Lubbock residents will be able to hear firsthand his story of faith and courage.

When American Airlines Flight 77 slammed into the Pentagon on September 11, 2001, many lost their lives in the devastation. Others survived to mourn the deaths of co-workers and friends and to face their own uphill battles of recovery. Lt. Col. Brian Birdwell is one of those who survived and is grateful to be alive. Birdwell had stepped into a hallway just before the plane crashed into the building just 20 yards away. All the co-workers in his office were killed. Birdwell himself was

burned over half his body with third degree burns.

According to Birdwell, "I am happy to be alive, but there were days during my recovery where I thought it would be more merciful for me to die than to carry on". Birdwell and his wife Mel will share their story at the Lubbock Chamber of Commerce Annual Banquet on February 6 at the United Spirit Arena on the campus of Texas Tech. In addition to the keynote address, awards will be presented to Chamber volunteers including the Lubbock Distinguished Citizen Award and the Volunteer of the Year Award.

Anyone interested in ticket information should call Marie Hanza at 761-7000 or email her at marie.hanza@lubbock.biz.org.

If you find mistakes in this publication, please consider that they are there for a reason. We publish something for one year, and some people are always looking for mistakes.

Fashion Fun

by Shirley Robinson

SEASONAL TRANSITIONS

I realize that we are wearing fur suits, fur hats, and cozy warm scarves. It's cold and it's winter, but it is not too soon to begin thinking about spring.

It's always smart to stay one step ahead, when it comes to fashion.

Department stores are displaying spring merchandise already, so as they prepare, we too should prepare mentally, if by no other means.

The most important question, you should ask yourself is...WHAT AM I GOING TO DO DIFFERENT, THIS SPRING? Because Ladies it is a great fashion statement not to always be predictable regarding what you will step out in.

Ladies, put your fashion

thinking caps on, and consider a few changes.....

EXPERIENCE MORE COLOR- BRIGHT, BOLD COLORS ARE ALWAYS REFRESHING.

TRY DIFFERENT STYLES- BEGDARING, CREATE EXCITEMENT

SPRING IS ALSO A GREAT TIME TO CHANGE YOUR HAIR STYLE, PERHAPS A LIGHTER COLOR ?

LADIES, SPRING INTO ACTION

Fashion Tip... Always wear a smile

Fashion... just for the fun of it

Southside Recycling Center Undergoes Face-lift

Beginning today, the Southside Recycling Center at 84th Street and Avenue P will undergo a face-lift as improvements are made to the facility.

The road leading to Center from Avenue P will be closed

so that it can be paved. A wider driveway will be put in and a new driveway added. Citizens may still bring recyclables to the Southside Recycling Center as an alternate entry has been provided for access during construction.

Construction on the road is expected to last until mid-February. Other improvements being made include the replacement of the fence and the addition of a water wise garden.

Dream Big! Girl Scouts Kick-Off Annual Cookie Sale

For the last 67 of the organization's 91 years, the Girl Scouts have been raising money to fund troop activities by selling cookies-an experience that helps girls build strong skills, values and friendships. This year marks the 66th Annual Girl Scout Cookie Sale, one of America's favorite and eagerly anticipated events.

Girl Scouts are excited to announce the return of two new cookies from last year year, the All-Abouts and the Ole' Ole'. Each All-About cookie has a Girl Scout message embossed on the top and rich fudge coating on the bottom. The Ole' Ole' are reduced fat, bite-sized vanilla cookies with pecan chips, coconut and covered in powdered sugar. In addition, consumers will see the return of six Girl Scout Cookie favorites including the popular Thin Mint, Original Samoa (caramel and toasted coconut), Aloha Chips (white fudge, macadamia nuts), the Tagalong (layered peanut butter and chocolate), the Do-Si-Do (oatmeal peanut butter

cremes), and the Trefoil (shortbread).

The cookie program is fun for everyone; girls enjoy the experience and consumers love the cookies. But like most things in the Girl Scout program, the benefit to girls is that it's a skill building exercise. Taking orders, handling money, tallying sales and distributing orders helps teach and reinforce money management, decision-making and goal setting. For many girls, it's a first time experience with such disciplines.

"The Council's annual cookie program make girls mini business owners and that fosters business and entrepreneurial development," said Becky Burton, Executive Director/CEO of Caprock Girl Scout Council. "After years and years, the cookie program proves to be an excellent primer for business and financial skills girls need to develop in order to become more competitive in the workplace."

Over 4000 Girl Scouts for the Caprock Council's eight-

een county area are selling cookies now through March 9th. All cookies are priced at \$3 per package with all proceeds benefiting local Girl Scouts. Cookies may be ordered via fax (806 748 7769) or phone (806 745 2855).

For more information, contact Girl Scouts of Caprock Council at 806 745 2855. Proceeds benefit individual troop programs and Council initiatives.

Girl Scouts of the USA is the world's pre-eminent organization for girls with a membership of more than 3.6 million girls and adults. Today, as when founded in 1912, GSUSA helps cultivate values, social conscience and self-esteem in young girls while teaching them critical life skills that will enable them to succeed as adults. In Girl Scouting and its special girl-only environment girls discover the fun, friendship and power of girls together.

City Council Commends City Attorney for Litigation Record

The City Council completed its performance evaluation for City Attorney Anita Burgess Thursday, commending her for her "excellent track record in litigation." The Council also praised Burgess for assembling an "excellent staff with a wide range of knowledge."

Burgess, who became City Attorney in 1995, also received high marks for increasing her availability to the public and for making herself and her staff responsive to the media.

In setting forth Burgess's goals for the coming year, the Council tasked her with continuing to get Council author-

ization before retaining outside counsel and with continuing to notify the Council immediately if an open records request is denied or if an Attorney General's opinion is sought.

Mayor Marc McDougal said, "We appreciate the work Anita has done in the past year, and we are very confident that she will continue to excel in meeting the Council's expectations. She has handled the transition to the new Council well, and her litigation track records show that she continues to represent the best interests of the City organization."

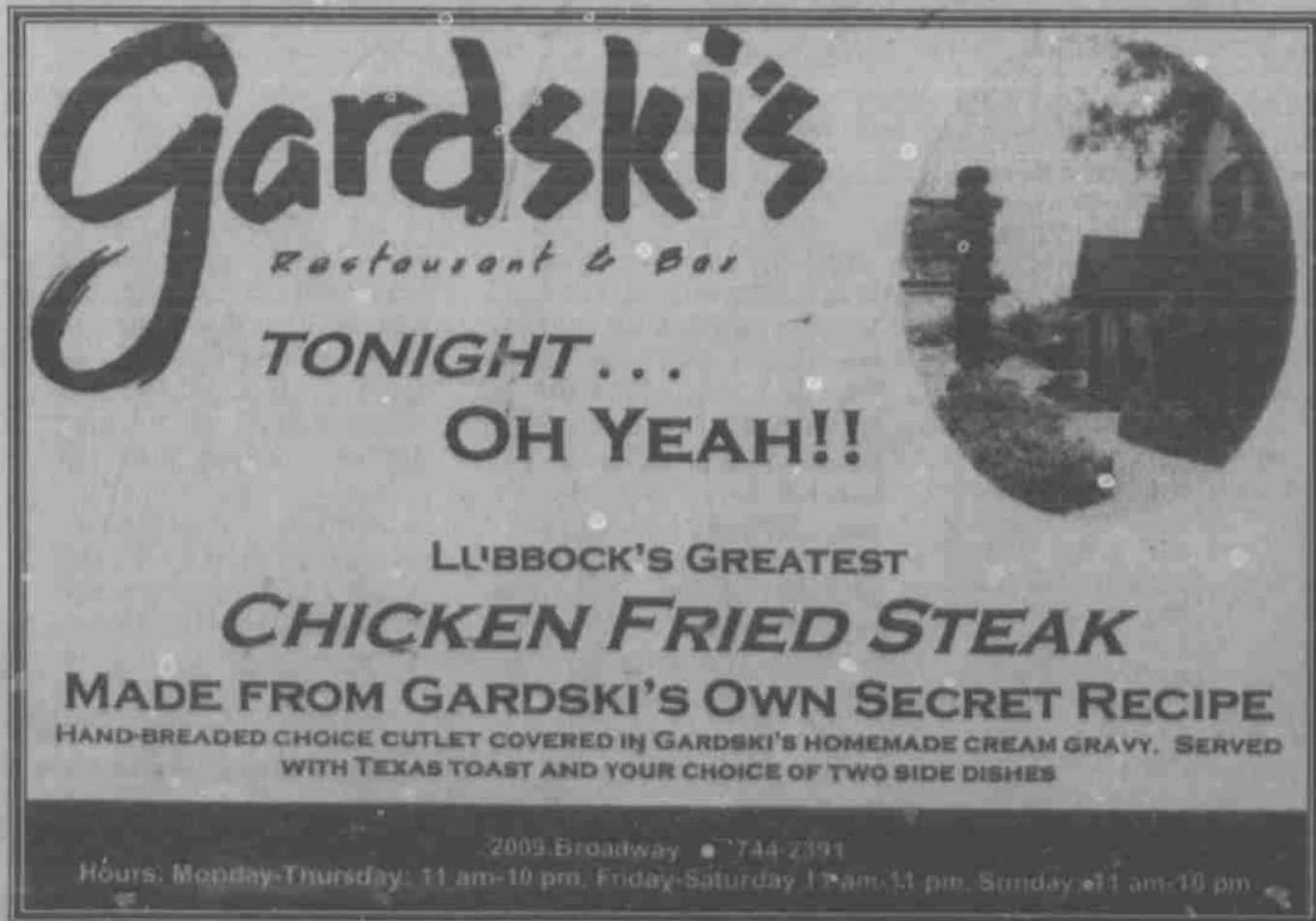


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The Next Stage

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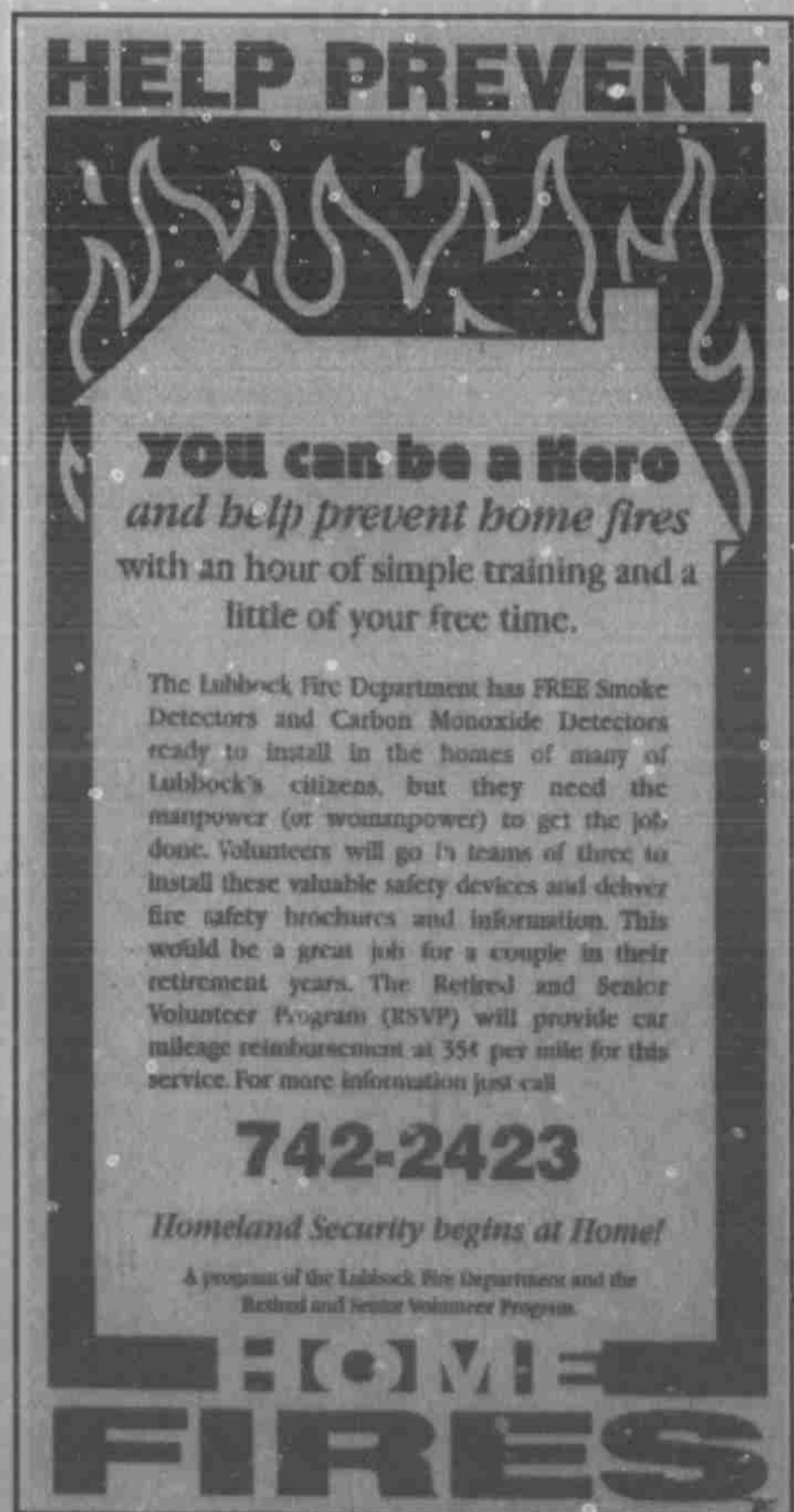
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The Lubbock Fire Department has FREE Smoke Detectors and Carbon Monoxide Detectors ready to install in the homes of many of Lubbock's citizens, but they need the manpower (or womanpower) to get the job done. Volunteers will go in teams of three to install these valuable safety devices and deliver fire safety brochures and information. This would be a great job for a couple in their retirement years. The Retired and Senior Volunteer Program (RSVP) will provide car mileage reimbursement at 35¢ per mile for this service. For more information just call

742-2423

Homeland Security begins at Home!

A program of the Lubbock Fire Department and the Retired and Senior Volunteer Program

PREVENT HOME FIRES



JAY'S CORNER

The New Hope Baptist Church, 2002 Birch Avenue, is the "Church Where The People Really Care," and Rev. Billy R. Moton is pastor. Our doors will be open for anyone desiring to visit our services. God is good, and we are His children. So come and visit with us at anytime.

Services began last Sunday morning with Sunday School beginning at 9:30 a.m. with all teachers at their post of duty. All students received thirty minutes of instruction. At 10:15 a.m., teachers and students marched to the main auditorium where there was prayer. High points of the morning lesson were discussed.

Prother and Sister Earnest Swain were in charge of the morning devotional with the assistance of the Praise Team. Praise God for a wonderful spirit.

The New Hope Choir marched in the morning processional. Altar prayer was offered by Rev. Cheryl Sanders. After a selection by the choir, the morning scripture was read by Sister Keisha Johnson. Sister Corvus Smith gave the morning prayer. There was the singing of another selection by the choir. The responsive reading was done with the congregation, standing and led by Sister Norwetta Lewis. The congregational song was "Ain't No Rock."

Pastor Moton gave his weekly pastoral observation. Information from Pastor Moton is always appreciative and utilized during the upcoming week. He always has something positive to advise the congregation.

After another selection by the choir, Pastor Moton delivered the morning sermon. His subject was "God Has A Plan For My Life." His scripture text was Jeremiah 29:11.

After the invitation to discipleship was extended, the morning announcements were read by Sister Keisha Manahan. Sister Bridgett White welcomed all visitors.

Let us continue to pray for our sick and shut in throughout the city. There are many who are ill. Here are a few who remain on the sick list: Sister Rosie Reddic, Raymond Stovall, father of Sister Dorothy Stovall, Sister Magie Rummels, Sister Dorothy Diamond and Penny Jordan, a cousin of Sister Pearlcan McDaniel.

Let us not forget those who have lost loved ones over the past few days and weeks. Remember, God is able!

The Pastor's Aid will sponsor a tribute to mothers booklet for Mothers' Day on Mothers' Day on May 11, 2003. The booklet will give honor or tribute or memory to mothers, family, friends or love ones. The Pastor's Aid will need the participation of the New Hope Church Family to make this booklet a success. For more information, contact Sister Callie Howard.

Word is out if you want to see some beautiful hats, then go by the Bethel African Methodist Episcopal Church on Sunday afternoon, February 2, 2003, beginning at 3:00 p.m. The ladies of Bethel will be wearing some outstanding looking hats. Remember Sister Scitelle Lyons, who was a member of Bethel, and boy did she wear some way out hats. So let's keep this in mind. Go by Bethel on Sunday afternoon, February 2nd, and see for yourselves. Bethel is located at 2202 Southeast Drive.

If you are unable to attend church services on a given Sunday morning, tune in to KJAK, 92.7 FM and hear the New Hope Baptist Church Broadcast, from 11:30 a.m. until 12:30 p.m.



CHURCH DIRECTORY



WE THANK GOD FOR JESUS

YOURS OR MY SUMMONS IS NEXT

LIKE 12:54-56, JESUS SAID, WHEN YE SEE A CLOUD RISE OUT OF THE WEST, STRAIGHTWAY YE SAY, THERE COMETH A SHOWER; AND SO IT IS. AND WHEN YE SEE A SOUTH WIND BLOW, YE SAY, THERE WILL BE DRY. AND IT COMETH TO PASS, YE HYPOCRITES, YE CAN DISCERN THE FACE OF THE SKY AND OF THE EARTH, BUT HOW IS IT THAT YE DO NOT DISCERN THIS TIME?

AS WE GO THROUGH OUR DAYS, ARE WE OBSERVING OUR TIME, GOD IS CALLING THE ROLL, NEXT NAMES MAY BE YOUR OR MINE

JOHN 3:17, JESUS SAID, FOR GOD SENT NOT HIS SON (JESUS) INTO THE WORLD (YOU AND ME) TO CONDEMN THE WORLD; BUT THAT THE WORLD THROUGH HIM MIGHT BE SAVED.

(WHAT IS A SUMMONS?—A SUMMONS IS A WRITTEN NOTIFICATION TO BE SERVED ON A PERSON, WARNING HIM TO APPEAR BEFORE THE JUDGE.)

WE ALL KNOW JUDGMENT DAY IS COMING, IT'S JUST A MATTER OF TIME, HAVE YOU GOT YOUR WARNINGS OR HAVE YOU SEEN YOUR SIGNS?

MARK 13:7,8, JESUS SAID, WHEN YE SHALL HEAR OF WARS AND RUMOURS OF WARS, BE YE NOT TROUBLED, FOR SUCH THINGS MUST NEEDS BE, BUT THE END IS NOT YET. FOR NATION SHALL RISE AGAINST NATION, AND KINGDOM AGAINST KINGDOM; AND THERE SHALL BE EARTHQUAKES IN DIVERS PLACES, AND THERE SHALL BE FAMINES AND TROUBLES; THESE ARE THE BEGINNINGS OF SORROW.

SO DON'T GET OFF ON THE WRONG ROAD, WHICH IS CALLED BROADWAY, YOU NEED TO BE FOLLOWING JESUS, HE SAID, IN THE ONLY TRUE WAY.

ARE YOU ON THE BROADWAY? OR THE JESUS WAY?

MATTHEW 7:13,15, JESUS SAID, ENTER YE IN AT THE STRAIT GATE, FOR WIDE IS THE GATE, AND BROAD IS THE WAY, THAT LEADETH TO DESTRUCTION, AND MANY THERE BE WHICH GO IN THEREAT, BEWARE OF FALSE PROPHETS, WHICH COME TO YOU IN SHEEP'S CLOTHING, BUT INWARDLY THEY ARE RAVENING WOLVES.

(I HAVE NOT SEEN YOUR NAME IN THE OBITUARIES, AND YOU HAVE NOT SEEN MINE'S YET.)

YOUR COURT DAY IS SET, AND YOU CANNOT ESCAPE GOD THE JUDGE, WE WILL GIVE ACCOUNT OF EVERY THOUGHT AND WORDS WE HAVE HEARD.

PSALM 50:6, THE HEAVENS SHALL DECLARE HIS RIGHTEOUSNESS, FOR GOD IS THE JUDGE HIMSELF, SELAH.

NOW WE DO HAVE A LAWYER, NAMED JESUS, HIM YOU NEED TO ATTAIN, HE IS SETTING AT THE RIGHT HAND OF GOD, HE TOOK ALL OUR SHAME.

HEBREWS 7:25, WHEREFORE HE (JESUS) IS ABLE ALSO TO SAVE THEM TO THE UTTERMOST THAT COME UNTO GOD BY HIM (JESUS), SEEING HE EVER LIVETH TO MAKE INTERCESSION FOR THEM.

YOU MAY BE A BIG SHOT, NAME IN HIGH PLACES, RUNNING WITH THE BIG DOGS, BUT ONE OF THESE DAYS, YOU WILL HUMBLE YOURSELF, BEFORE THE LORD.

ROMANS 14:11, FOR IT IS WRITTEN, AS I LIVE SAITH THE LORD, EVERY KNEE SHALL BOW TO ME, AND EVERY TONGUE SHALL CONFESS TO GOD.

WRITTEN BY EVANGELIST BILLY B.J. MORRISON, 11, YOUR PROTHOR IN CHRIST JESUS, ALWAYS.



from the Desk of Parson D.A. Smith "The Way Things Are"

I was taught in Methodism the discipline of following leadership and to respect protocol. In Methodism and Black Methodism particularly, if one's emulous behavior led to disregarding protocol, the results could be disastrous.

Dr. David Smith, Texas Tech chancellor could stand a heavy dose of Black Methodist discipline. I was offended when he kept stepping in front of Mayor Marc McDougal at the news conference Wednesday, afternoon, January 15, 2003 answering questions relating to what was thought to be lost bubonic bacteria. The people of Lubbock elected Marc McDougal, Mayor of Lubbock. When issues concern the whole of Lubbock, Marc McDougal is in charge. With all due respect to David Smith, he is the hired servant of the Texas Tech domain and not the City of Lubbock. Marc is a public servant. The people across America who are intellectual and political astute watched Tech's chancellor make what allegedly looked to be an ambitious Jackass' out of himself.

With an "eve o. America" as it relates to Black Americans and Black men especially, I have been utterly taken back at the negative behavior of young professional white males. I can understand ignorant white males because it is a fact that "you can take a horse to water but you cannot make him drink." But young white males who are suppose to be intellectual fit are now at the base of moral ineptness and infelicitously disdaining.

On January 8, 2003, the head of the World Church of the Creator and the leader of a white supremacist group was taken into custody by agents of a FBI-led terrorism task force on charges he tried to have a federal judge murdered. How asinine and simple-minded one must be to target a federal judge whose sworn duty is to apply the law equally and fairly to all who appear before them.

The issue of the Confederate flag is still alive. On one of the top talk shows, January 21, 2003, a white male Georgian said he is preparing to put on a ballot the

issue of flying the flag that in itself represents racism over the Georgian Capital.

The issue of "affirmative action" tends to boil the blood of white male conservatives who wants to keep the "good old boys" system" and women pregnant and barefooted, so to speak. They are against "affirmative action" because groups of people such as women and such minorities as African Americans, Asian Americans, Hispanic Americans, American Indians, disabled people, and Vietnam veterans benefit in employment, education, business, government and other areas.

When will these white males learn that you can't do wrong and get by. When will they learn that the "wages of sin is death." Dr. Martin Luther King's philosophy of nonviolent has worked well in keeping black folk in line, but time is running out and it is later than these white boys think. The Lord can move through the hand of a pagan North Korean to save his Black people.

The Outreach Prayer Breakfast

-Hour Of Power-

Prayer must be the foundation of every Christian endeavor. Any failure is a prayer failure. We are not to be ignorant concerning God's word. God desires for his people to be successful, to be filled with a fully deep, and clear knowledge of His will (His word), and bear fruit in every good work. Col. 1:9-13, We then bring honor and glory to Him (John 15:8). He desires that we know how to pray for the prayer of the upright in His delight. (Proverbs 15:8, Our father has not left us helpless. Not only has he given us His word but also he has given us the Holy Spirit to help our infirmities when we know not how to pray as we ought. (Romans 8:26) Praise God! Our Father has provided His people with every possible avenue to insure their complete and total victory in this life in the name of our Lord Jesus. (1 John 5:3-5)

We pray to the Father, in the name of Jesus, through the Holy Spirit, according to the word! USING God's word on purpose, specifically in prayer is one means of prayer and it is a most effective and accurate means. Jesus said, the word (truth) that we have been speaking to you are spirit and life. (John 6:63) When Jesus faced Satan in the wilderness, he said it is written.... It is written.... It is written.... We are to live, be upheld, and sustained by every word that proceeds from the mouth of God. (Matthew 4:4)

James, by the spirit, admonishes that we do not leave, because we do not ask, we ask and receive not, because we ask amiss. James 4:2-3. We must heed that admonishment now for we are to become experts in prayer rightly dividing the word of truth. (2 Timothy 2:15) Using the word in prayer is not taking it out of context, for His word in us, is the key to

answered prayer that brings results. He is able to exceedingly abundantly above all we ask or think, according to the power that works in us. (Ephesians 3:20) The power lies within God's word. It is anointed by the Holy Spirit.

Man is a "spirit, he has a soul, and he lives in a body. (1 Thess. 5:23) In order to operate successfully, each of these three parts must be fed properly. The soul or intellect feeds on intellectual food to produce intellectual strength. The body feeds on physical food to produce strength. The spirit, the heart or inward man, is the real you. The part that has been reborn in Christ Jesus. It must feed on spirit food, which is God's word in order to produce and develop faith. As we feast upon His word, our minds become renewed with His word and we have a fresh mental and spiritual attitude. (Ephesians 4:23-24)

the beginning of a New Year? Don't you think this is worth thinking about?

Members of the Outreach Prayer Breakfast will meet Saturday morning, February 1, 2003, in the home of Brother and Sister Roosevelt Carroll, 2915 East Colgate Avenue, beginning at 9:00 a. m. Hope to see you there! you are all welcome!

-Just A Thought-

America is trying to go to hell. People of God, don't let it happen. He has given us the power to turn evil around for good. Use the name of Jesus to do it. Pray, Saints!

Sister Dorothy Hood, president? Sister Christene Burleson, vice president; and Sister Joyce Ross, secretary.

How is your attitude as this is

Musician Wanted

St. Matthew's Baptist Church
Contact Rev. Edward Canady for more information.
744-2445

Religious Poems Sought from Lubbock-Area Poets

Good news for sincere poets! The Bards of Burbank is offering a \$1,000.00 grand prize in their Religious Competition 2003 free to everyone. The deadline for entering is February 15, 2003.

To enter, send one poem 21 lines or less: Free Poetry Contest, PMB250, 2219 W Olive Ave., Burbank, CA 91506, you may enter online at www.freecontest.com.

"We think religious poems invite achievement," says Dr. John Casack, the organization, Contest Director. "We're especially keen on inspiring amateur poets and we think this competition will achieve that. Texas has produced many wonderful poets over the years and I'd like to discover new ones from among the Lubbock-area grassroots poets."



Bethel African Methodist Episcopal Church

2202 Southeast Drive
806-744-7552

Pastor's study 806-741-0208
dpoebethel@aol.com

Intercessory Prayer 8:30am
Church School 9:30am
Morning Worship 10:50am
Evening Worship 6:00pm
Wednesday Bible Study 12:00 Noon and 6:00pm

"God Our Father, Christ Our Redeemer,
Man Our Brother"
Pastor: Danny R. Poe

Manage Your Diabetes

Through our "Let's Do Diabetes Care Together" Program

Our experienced, certified educators will give you the tools you need to manage your diabetes in partnership with your physician.

- Based on the National Standards for Diabetes Self-Management Education Programs
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- Usually covered by Medicare and most major insurance companies
- Offered in Lubbock and Plainview
- Participants receive 8 free visits to the LifeStyle Centre, which include sessions with a personal trainer

For program enrollment, call: (806) 725-5460
In Plainview, call (806) 796-4256

Covenant Center for Outpatient Diabetes Education

www.covenantcenter.org



The American Diabetes Association has the education standards for Diabetes Self-Management Education Programs.

In addition to our program, we also have a Monthly Support Group

MONDAY, FEBRUARY 10, 6:00 p.m.

"Diabetes and the Digestive Track"

Presented by Priscilla Snodgrass, MD, Gastroenterologist

Knitting Education/Conference Center (atop Covenant Medical Center's West Parking Garage, 21st Street & Louisville Ave.)

No reservation required. Free to the public.



In Remembrance...



Richard Ervin

Funeral services for Richard Ervin were held last Tuesday morning, January 27, 2003, at the Ossie Curry Funeral Home with Elder Willie Barber officiating.

Burial was held in Peaceful Gardens Memorial Park in Woodrow under the direction of Ossie Curry Funeral Home in Lubbock.

Mr. Ervin died Tuesday, January 21, 2003.

He was born September 28, 1918, in Jefferson, Texas. He married Georgia M. Ervin on February 20, 1943, in Jefferson. She preceded him in death on May 30, 1984. Mr. Ervin was a U. S. Army veteran. He retired from Borden Milk Company in Lubbock. He was a member of the Church of The Living God.

He is survived by two daughters, Bernice Gooden of Phoenix, Arizona and Louise Ferguson of Lubbock, Texas; five grandchildren, and six great-grandchildren.



Artis Hereford Matthews

Graveside services were held for Artis Hereford Matthews last Tuesday, January 21, 2003, in the City of Lubbock Cemetery. Officiating was Michael Matthews, minister of Central Lubbock Church of Christ. Burial was under the direction of Sanders Funeral Home.

Mrs. Matthews died Friday, January 17, 2003.

She was born May 16, 1914, in Waxahachie, Texas, and moved to Lubbock, Texas in 1936

with her parents, George Walter and Betty Hereford. She married Kermit Matthews August 10, 1941 in Lubbock. He preceded her in death April 1956. She was a member of Greater Saint Luke Baptist Church.

Mrs. Matthews retired from Southwestern Bell Telephone as an operator in 1971, after thirty-two years of service.

Survivors include several nieces and nephews.

Active pallbearers were Andy Hastings, Kris Hastings, Donald Young, Jeremy Scott, Jerry Matthews, Denzel Jackson, Leonard Owens, and Shetarie Owens.

Honorary pallbearers were Henry Jackson, Clemmie Giddens, Robert Rafe, Robert Jarmon, Samuel Curtis, Donald Young, Jr., Asheton Hastings, and Ronald Hereford.

Army & Air Force Hometown News

Air Force Airman Victoria A. Chavez has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force. She is the daughter of Nora Garcia of Sunny Oaks Drive, Bastrop, Texas, and niece of Pete Ybarra Jr. of N. Ave 0, Lubbock, Texas.

Chavez is a 2002 graduate of Lanier High School, Austin, Texas.

Air Force Airman Joey A. Douthitt has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

Douthitt is the son of Dewayne Douthitt of County Road 1200, Lubbock, Texas.

Air Force Airman Nicholas A. Sweetman has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air

Force mission, organization, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

Sweetman is the son of Daniel Sweetman of 94th St., Lubbock, Texas.

He graduated in 2001 from Coronado High School, Lubbock.

Air Force Airman Jessica L. Tramp has graduated from basic military training at Lackland Air Force Base, San Antonio, Texas.

During the six weeks of training, the airman studied the Air Force mission, organization, and military customs and courtesies; performed drill and ceremony marches, and received physical training, rifle marksmanship, field training exercises, and special training in human relations.

In addition, airmen who complete basic training earn credits toward an associate degree through the Community College of the Air Force.

She is the daughter of Randy Tramp of 87th St., Lubbock, Texas.

Tramp is a 2002 graduate of New Deal High School, Texas.

Army Pvt. Christopher A. Choate has arrived at Fort Sill, Lawton, Okla., to complete One Station Unit Training (OSUT). The training will consist of basic didilitary training and advanced individual training (AIT).

During the eight weeks of basic training, the trainee will receive instruction in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, physical fitness, first aid,

and Army history and traditions.

After completing basic training, the soldier will receive AIT as a field artillery cannon crewmember. The cannoneer is trained to maintain, prepare and load ammunition for firing, operate and perform operator maintenance on prime movers, self-propelled howitzers, and ammunition vehicles, perform crew maintenance and participate in organizational maintenance of weapons and related equipment. The soldier also learns to establish and maintain radio and wire communications.

He is the son of Penny L. Burch of County Road 2130, Lubbock, Texas.

His wife, Stacey, is the daughter of Daine D. Camper of Private Road 2370, Lubbock.

Choate is a 1999 graduate of Lubbock Cooper High School, Lubbock.

Army Pvt. Stephen S. Wyatt has graduated from basic infantry training at Fort Benning, Columbus, Ga.

During the eight weeks of training, the soldier received training in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, physical fitness, first aid, and Army history, core values and traditions. Additional training included development of basic combat skills and battlefield operations and tactics, and experiencing use of various weapons and weapons defenses available to the infantry crewman.

Wyatt is the son of Stacy Foster of 74th St., Lubbock, Texas.

The private is a 2002 graduate of Coronado High School, Lubbock.

Strength for Today hope for Tomorrow

By Gerald Jackson

Question: What does the talk about personal responsibility have to do with welfare reform?

Answer: I cannot answer specifically about welfare reform because I am not a politician, but I can address the topic of personal responsibility and how it affects success. If you are my age or thereabouts you may remember a lyric from an old Parliament tune that said, "To each is to reach and if I don't cop it ain't mine to have." I cannot begin to tell you how many times I sang that lyric and never stopped to think

accomplish my particular goal, but for my part, it won't be for the lack of my putting for the effort to reach my goal. Many times we give up on our goals before we have put forth sufficient effort. Then we blame our failures on everything under the sun.

"Now we people who are darker than blue" (a throw-back to Curtis Mayfield) have a patent answer for all of our failures. We have the ever-present and convenient excuse, "The white man is holding me back." Mind you that throughout our history we have become sophisticated enough to give our favorite excuse different labels, just so we keep current.

In this new century we labeled our patent excuse, "The Republican Recession." This way we can blame the government for our failures. In the nineties we called our preferred excuse, "The Vast Right Wing Conspiracy," a phrase coined by Hilary Clinton. This way we can blame our failures on a "so called" outdated moral code, but we didn't complain too much because we had a Democrat in the White House. In the eighties we called our beloved bailout, "Reaganomics." This term was a favorite because it allowed us to blame not just the white man, but a republican white man for all of our woes. Then we blamed our failures on economics. In the sixties and seventies we named our excuse, "The

Revolution." It is allowed us to blame racism and prejudice. At one time we called it, "slavery." This is probably the only legitimate excuse we have had for not achieving our goals. On and on throughout our history we have given our patent excuse different names while some of us went about not achieving or underachieving.

But the truth is that in every era, regardless of what name we gave to our patent excuse, people of color have always been able to rise to the highest level of accomplishment through sacrifice, education, discipline and effort.

(to be continued)

Grace and peace



**PARKWAY
DRIVE
CHURCH OF
CHRIST**



Anita Tamm, Patient Services Manager

service is our passion.

Angels surround us each and every day, but once in a while you get to meet one up-close. Anita is the Patient Services Manager assigned to the Emergency Center at UMC. You may have seen her singing along in the front row at the Wayne Newton concert, enjoying the entertainment of Lucille Ball and Desi Arnaz at the Jerry Lewis Telethon, or even hitting it big on her favorite slot machine in Las Vegas. But the fact is, Anita watches over all the patients and their family members at UMC like they are part of her family. This very humble Grandmother of three always makes it her mission to put the needs of others first. Anita's gift, along with all her team members, is to ensure that at UMC, you come first.



University Medical Center

At UMC, you come first.

COOKING CORNER

Crosbyton Woman Shares her Recipes

Mollie Thomas has lived in Crosbyton all of her life, something she's quite proud of. "I love living here. I love my life," she says.

Mollie is better known as Aunt Mo' to her nieces and nephews and most of the kids in the community.

She is also well known by Crosbyton's youth, as she worked for the Crosbyton school district for more than thirteen years as a bus driver and substitute teacher.

She currently works at Shapes HeadStart Step by Step as a teacher of three and four year olds. She states, "I love the kids and I'm learning a lot." Mollie will begin classes this summer to earn certification in the area of child development. She seems to enjoy kids and jokingly says that the smaller children are different from the older kids she's previously worked with because "they love to run."

Mollie has three children, Lanise (20), Bobby (19), and Shuntae (19). She enjoys attending church and is a member of Greater Mt. Zion. Mollie also likes going to the movies, going out to eat, and playing cards and dominoes with her parents, Dorothy and L.D. Terrell.

Mollie aspires to be a better Christian and grow stronger in the Lord. Her greatest hope is that her kids "make something of themselves."

Mollie is a down to earth, Godly woman that always seems to be smiling. She says, "It's important to be a role model for kids. I don't try to be in public what I'm not at home."

Mollie says she usually doesn't use recipes when she cooks. She just adds "a little of this and a little of that." Here are a few of her favorite actual recipes.

CHICKEN NOODLE CASSEROLE

- 1 (8 oz.) pkg. Noodles, cooked
- 2 cans boned-chicken
- 3/4 c. grated cheese (cheddar or Velveeta)
- 1 small jar diced pimientos
- 1 can cream chicken soup
- 1 can cream mushroom soup

2 Tbsp. celery flakes
Cook noodles as directed on package. Meanwhile combine all other ingredients, drain noodles and pour into buttered casserole pan. Sprinkle cheese on top. Cook in a 350° oven for 20-25 minutes until bubbly.

CINNAMON CHEESE ROLL-UPS

- 1 Loaf (16 ounces) thinly sliced white bread, crusts removed
- 1 package (8oz.) cream cheese, softened
- 1 egg yolk
- 3/4 c. confectioners' sugar (powder sugar)
- 1 c. sugar
- 1-1/2 tsp. ground cinnamon
- 3/4 c. butter or margarine, melted

Flatten bread with a rolling pin. In a mixing bowl, combine cream cheese, egg yolk and confectioners' sugar. In another bowl, combine sugar and set cinnamon. Set aside. Spread about 1 tablespoon of cheese mixture on each slice of bread. Roll up like a jelly roll style. Dip in melted butter, then in cinnamon-sugar. Place on an ungreased baking sheet. Bake at 350° oven for 20 minutes or until golden brown. Makes about 16 roll-ups.

CHERRY DELIGHT

- FIRST LAYER:**
1-1/2 stick oleo
1-1/2 c. flour
1/2 to 1 c. pecans chopped
Mix well and pat into a 9 x 13 inch pan. Bake 20 minutes in a 350° oven until light brown. Cool.
- SECOND LAYER:**
2 pkg. Dream Whip
8 oz. Cream Cheese
2c. powdered sugar
Cream powdered sugar and cream cheese together and fold into Dream Whip. Put half mixture over cooled crust.
- THIRD LAYER:**
1 can cherry pie filling
Pour cherry pie filling over Dream Whip mixture.
- FOURTH LAYER:**
Spread the rest of the Dream Whip mixture on top and then refrigerate until ready to eat your dessert.



MOLLIE THOMAS

Albertsons

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DOUBLE COUPONS UP TO \$1.00
*See Signs For Details

Angus Ribeye Roast
2.29 lb.

Boneless Ribeye Roast
Fresh, Limit 2 Pkgs.
1.49 lb.
SAVE \$2.50 LB. WITH CARD

1.97 each

New Crop Sweet, Juicy Strawberries
1 lb. Package
SAVE \$2.02 EA. WITH CARD

StarKist Tuna
6oz. Chunk Light Limit 4
4 \$1
SAVE \$2.96 ON 4 WITH CARD

Albertsons Cheese
8-oz. Assorted
BUY 1, GET 1 FREE!
SAVE UP TO \$2.19 ON 2 WITH CARD

Carton Marlboro Cigarettes Assorted
25.99 each

10 FOR \$10

Prices Effective January 31 through February 6, 2003

BUCK-A-BAG SALE

Mini Peeled Carrots \$1	Dole Classic Iceberg Salad \$1	Vine Ripe Tomatoes \$1	Green Bell Peppers 2 \$1	Fresh Artichokes 1.99
Dole Chopped Carrots \$1	Medium Yellow Onions \$1	Reser's Potato Express \$1	Leaf Lettuce 1.29	Klondike Rose Potatoes 2.49
Fresh Mushrooms \$1	Crisp Radishes \$1	Dole Chunk Cole Slaw \$1	Large Anjou Pears 1.29	Mixed Fruit Cup 2.99
Handmade Strawberry Cup \$1	Granny Smith or Fuji Apples 1.49	Mixed Fruit Strawberry Cup 2.99		

Movie Rentals DVD, VHS or Games • Hot New Releases

1.99 each

49¢ each

Library Movies

1.49 each

New Releases

Albertsons

PRICES EFFECTIVE: January 31 through February 6, 2003.
*Price Good At The Below Albertsons Store Locations:
Lubbock

If you would like to submit a recipe of your own, please mail it to the Southwest Digest, P.O. Box 2553, Lubbock, Texas 79408 or bring it by the Southwest Digest office at 902 East 23rd Street. If you would like, you may also send a picture of yourself or a picture of the prepared dish.

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Editorials • Comments • Opinions



2003 is Off to a Good Start!

By Eddie P. Richardson

of the tunnel.
 The North and East Lubbock Commission and the City of Lubbock's New Advisory Committee are both centered around community input and involvement. That is why both workable this time. In the past, it was an attitude that this is what we are going to do for you or this is what you need with no knowledge of the community, its structure, its tradition, its culture. The general situation of the community's good intentions. Yes really! No if you have not been. You do not know what's there. Upper class, middle class and lower class all speak different languages, have different values and see everything differently from daily survival to leisure luxury.

You can't help me when you can't respect and understand my needs.

 Something positive: Sonic Drive-Inn is on the way. Rod Warren, Sorcie's man in Brownfield, Texas recently released some positive information about the Sonic Drive-Inn which has received the building permit for the location at East 19th Street and Martin Luther King Blvd. Just think, it is about to become a reality.

The joint venture between the Lubbock Avianche Journal and Southwest Digest is growing stronger every day. Check out the advertisement in this week's edition of the Southwest Digest.

 Now the Negative: The lights in the Canyon during Christmas Holidays. This writer was sickened by some of the negative comments in the Letters to the Editor in the Lubbock Avianche Journal. Evidently, these are the same few groups of people who criticize everything when there are moves for Lubbock to move into the Twenty-First Century. Really, they have no clue to what's happening. First they did not know that non-profits were given money to their organizations for their help in making the event a success. All of the volunteer work went to the project.

This writer believes those who are making negative comments did not contribute to anything and do not know what they are complaining about. We will continue next year, and will do well again.

Na! Sell Why Not?

For our long denied communities to become the viable sustaining competitive at the market place with goods and services, the leadership and initiative must come from within with the assistance of others who want to see us off the relief rolls and on the tax rolls. But, lets make it loud and clear the leadership and initiative still must come from within the community by us for us.

Since we do not have the resources, knowledge, experience, training and know-how, we have to rely upon others with good will to help us to become viable in order to reach our full potential.

For the first time, this writer sees this becoming a reality. We need to grasp the opportunity at hand, work with it and support it. This is the first time in this writer's over 30 years involvement to see the light at the end



In Cinque!

by Renetta W. Howard

As January rolls around every year, too many of us look back upon Christmas day and regret that we spent so much money to celebrate the birthday of Jesus or feel sorry about all of the debt that we entered into for the sake of celebrating Christmas and the New Year.

Just as regret sets in, the birthday of Martin Luther King, Jr. has rolled around. Now that his birthday is a national holiday, it gives us time from our place of work to think about the course that we need to take in order not to go through the pumped-up holidays to enter the new year without depression about our bills; the late payments of rent and mortgage notes because we just had to have something different, something extra for Christmas.

On top of the bills already

accumulated, we plan big whoop-de-dos to celebrate the King, Jr. birthday, especially if there is a national ball game of some type on television. It becomes party time, a respite from our dilemma.

It would seem that in times like these, we would use our minds positively. It is a season of merriment and joyous times, but the actual holiday is one day. People of all religions celebrate Christmas, but not all of them sacrifice the rent, carnote, house-note or other things just to celebrate Christmas. Certainly, Christ did not intend for us to do this.

The irony is, that most of us do not get involved in any type of religious ceremony on this day that we celebrate that we call Christmas, but we get in debt up to our neck and for some above our heads.

Besides getting in debt for Christmas, while we celebrate Martin Luther King, Jr's birthday to forget our debts, so many of us fail to take advantage of one of the many things he fought for; the right to vote.

We have the right to get in

debt for whatever we choose, or to sacrifice the main aspects of our livelihood for that matter, but we do not have the right to neglect our financial duties in the name of celebrations. January is the right time to get on the right track and plan for the Christmas holidays for the year 2003. There are many sales right after Christmas which permit us to make purchases for the coming Christmas. We buy now and celebrate later, without the debt. All we really need is somewhere to store these items until Christmas comes. During the next months, there will be discount sales of many things which make the holidays brighter. Aside from that, some banks have Christmas saving clubs where we can put away money all the year for Christmas, making it easy to make purchases during the holiday and still get the January bills paid without constraints. It is time that we get 'in cinque!' and realize that we need to make a plan for Christmas and work the plan.



The Nation's Medicine Chest Grew by 25 Last Year

by Larry Lucas

Thanks to research by pharmaceutical and biotechnology companies, the nation's medicine chest now has 25 new treatments. That's how many medicines the Food and Drug Administration approved in 2002. Here are a few examples of the new medicines made available to patients in the past year.

Five new medicines are available to treat cancer, the second leading cause of death in the United States. These include new treatments for colon cancer, the second-leading cause of cancer deaths in the U.S.; breast cancer, which kills more than 39,000 American women each year, and non-Hodgkin's lymphoma, which takes more than 26,000 lives a year in the U.S.

Four of this year's crop of new medicines target heart disease, the leading disease killer of Americans. These include three for high blood pressure, the most common

health problem in the U.S., and one for high cholesterol, a risk factor for heart attacks and strokes.

Two new medicines were approved to treat hepatitis—one for hepatitis B, which affects 1.25 million Americans, and one for hepatitis C, which affects 2.7 million Americans.

Another new medicine targets rheumatoid arthritis, a painful, often crippling disease that affects roughly two million Americans. The medicine works by blocking a protein that triggers the inflammatory process.

One newly approved medicine has been shown to decrease the frequency of attacks suffered by people with multiple sclerosis, a disease that affects some 350,000 Americans. Another medicine acts on blood vessels and sensory nerve endings to relieve the symptoms of migraine attacks. An estimated 28 mil-

lion Americans—one in five women and one in 15 men—suffer from these attacks.

Three new medicines were approved for children—a cancer treatment, a new medicine for attention deficit/hyperactivity disorder, and a medicine for a rare metabolic disease.

These new medicines will give doctors and patients more options in treating disease and may help many patients who couldn't be helped by older medicines. And pharmaceutical companies have more than a thousand new medicines in the pipeline, providing hope for even more patients.

For more information on new medicines approved in 2002 and new medicines in development, go to www.phrma.org.

Larry Lucas is Associate Vice President of the Pharmaceutical Research and Manufacturers of America (PhRMA).

THIS N THAT

ESTACADO EARNS SIXTH TITLE! THIS N THAT is very happy with the outcome of two of our high schools . . . MONTFREY & ESTACADO HIGH SCHOOLS . . . as both participated in Region 1 Academic Decathlon Regional Meet . . . 2 taking first . . . second . . . and third slots . . . in the large-school division (5-A) and the top spot in the Medium-school division (4-A). . . MONTEREY HIGH SCHOOL'S TEAM . . . secured their first place regional standing with a total of . . . 43,014 POINTS . . . while Lubbock High came in second with . . . 42,764 points and . . . Coronado was third with a team total of 42,185 points. . . ESTACADO HIGH SCHOOL . . . earned their . . . SIXTH CONSECUTIVE REGIONAL TITLE . . . with 35,262 points. . . Both . . . MONTEREY AND ESTACADO . . . qualified for the state meet by winning their respective divisions outright. . . The . . . STATE COMPETITION . . . for the large schools will be held at . . . SOUTH GARLAND HIGH SCHOOL . . . in the Dallas/Ft. Worth Metroplex . . . FEBRUARY 28 THRU MARCH 1. . . ESTACADO HIGH SCHOOL . . . will compete the same weekend in . . . SAN ANTONIO. . . CONGRATS . . . to both teams for an outstanding effort . . . as well as the two other high schools. . . THIS N THAT . . . is very proud of the young people from Estacado High School and their coaches . . . SARA HARRIS AND DENISE MORRIS. . .

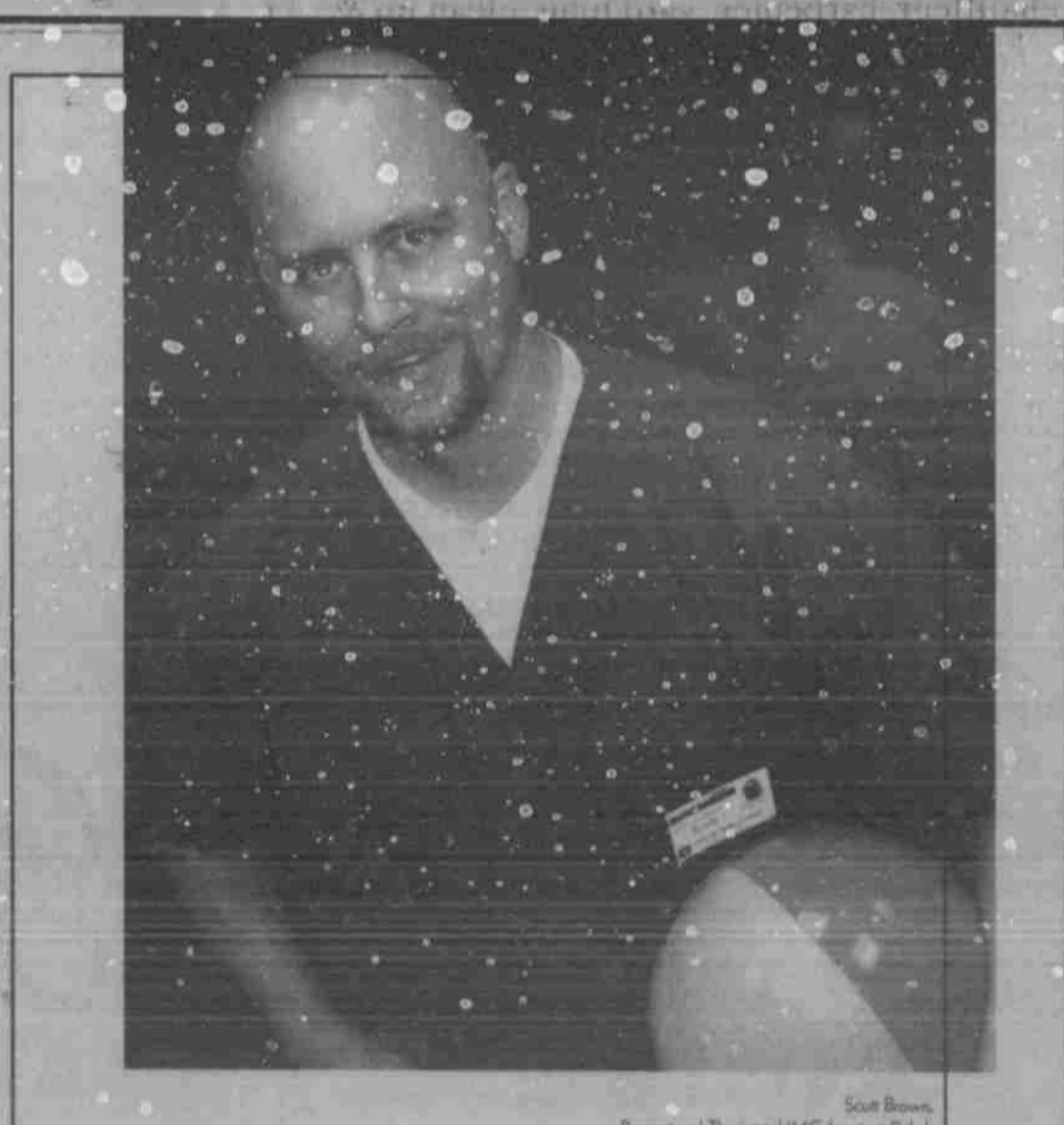
PENNY HASTINGS THE BARBER SAYS: -NO MATTER . . . what problems which are in your path . . . just keep on until you have reached your . . . GOAL. . . an don't let anything keep you from reaching your goal. . . just stay . . . FOCUSED!

MORE GOOD NEWS ABOUT SONIC DRIVE-IN! THIS N THAT . . . received a very positive note . . . via email . . . of releasing the . . . BUILDING PERMIT . . . to construct the . . . SONIC DRIVE-INN . . . to be located at the corner of . . . LAST 19TH STREET & MARTIN LUTHER KING BLVD. . . Now this is very good news . . . and will not be long before we will see something more visible at this location. . . And who knows . . . this could very well be the beginning of some great things on . . . MARTIN LUTHER KING BLVD. . . Hopefully . . . there will be more . . . GOOD NEWS . . . in the very near future. . .

VERY GOOD REPORT! THIS N THAT . . . was impressed with the . . . REPORT . . . made by the . . . NORTH & EAST LUBBOCK COMMISSION . . . in Lubbock City : Council Chambers last Thursday morning. . . The presentation was done by . . . GARY LAWRENCE . . . who is president of Wells Fargo Bank . . . Several presentations were made . . . and one will involve the raising of funds locally . . . and fesh the commission suggested the . . . LUBBOCK CITY COUNCIL . . . put up . . . \$2,000,000 . . . for four years . . . equalling a total of . . . \$1 MILLION DOLLARS . . . And it recommended that an additional . . . \$1 MILLION DOLLARS . . . be raised by the corporate side of the house. . . Another recommendation was the hiring of an . . . EXECUTIVE DIRECTOR . . . to serve as the quarterback of this project . . . and suggested this person be tuned with what is going on in America with such programs. . . The report recommended that the . . . LUBBOCK CITY COUNCIL . . . visit the . . . SOUTH DALLAS PROJECT . . . and bring back some ideas on what they will see. . . and made it clear this must be done in the very near future. . . THE NORTH & EAST LUBBOCK COMMISSION . . . was well received and the . . . ATTITUDE AT CITY HALL . . . is this can be done. . . Thanks . . . NORTH & EAST LUBBOCK COMMISSION . . . for a job well done. . . MAYOR MARC MCDUGAL . . . for this initiative. . .

HISTORY MADE AT MAE SIMMONS COMMUNITY CENTER! THIS N THAT . . . witnessed. . . HISTORY . . . being made at the . . . MAE SIMMONS COMMUNITY CENTER . . . last Thursday morning . . . January 23, 2003 . . . when the . . . BOARD OF DIRECTORS. . . of the Lubbock Chamber of Commerce met. . . There were many . . . POSITIVE COMMENTS . . . about / 1-: this meeting . . . and there will be more. . . For one . . . THIS N THAT . . . has learned that the . . . WEST TEXAS HOME-BUILDERS . . . are looking at having their . . . board meeting . . . at Mae Simmons Community Center. . . This is great, THIS N THAT . . . is very encourage with what is " happening in East Lubbock!

STAY TUNED!



Scott Brown, Recreational Therapist, UMC Inpatient Rehab

service is our passion.

He's got a mean serve and an awesome backhand, but that's not what people remember most about Scott. He always enjoys a good round of beach ball tennis with his patients, but he also loves spending sunny afternoons riding his Harley "Moose." Scott is a Recreational Therapist at UMC and once you enter the court on his UMC home turf, there's no turning back. Helping patients get better and making them feel at home is his top priority. His warmth and compassion for every patient makes each session much more than just rehab. It's an enthusiastic, energetic road to recovery. Scott may still be the reigning champ when it comes to beach ball tennis, but his heart belongs to his patients and team members here at UMC, where you come first.


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The Los Angeles Urban League Automotive Training Center Holds Graduation Ceremony
The Automotive Training Center (ATC), a partnership between Toyota Motor Sales, U.S.A., Inc. (TMS) and The Los Angeles Urban League held its winter graduation. Fifty graduates received free training and job placement in the automotive service industry.

Established in 1993 on the heels of the civil unrest in Los Angeles, the ATC has graduated more than 1,000 students and maintains an 80 percent job placement rate.

Pictured are ATC Instructor Tai Wong and student Yatonde Merideth.
Contact: Jessica Hurley (310) 408-7999 Photography By: <http://www.BarrAgency.com>

We Would Like to Wish Everyone a Very Happy New Year



Rev. & Mrs. C.C. Peoples

SUCCESS

The road to success is not straight...
There is a curve called failure...
A loop called confusion...
Speed bumps called friends...
Red light called enemies...
Caution light called family...
You will have flats called jobs...



BUT

If you have a spare called determination...
An engine called perseverance...
Insurance called FAITH...
A driver called JESUS...
You will make it to a place called Success!

Thank about and God Bless, We Love You!!!!

Reach for the Stars

at the Estacado High School Magnet Open House, Monday, February 3, 6:30 p.m. EHS Auditorium

- ★ Estacado's Academic Decathlon Team just won its sixth consecutive regional title and will be making their seventh trip to the state competition in February.
- ★ Estacado offers experience-based courses for professional careers in engineering, medicine, law and justice, and the military.
- ★ Estacado has the **ONLY** medical program in LISD.
- ★ Estacado has the **ONLY** law and justice program in LISD.
- ★ Estacado has the **ONLY** engineering program in LISD.



FOR MORE INFORMATION CONTACT:
Rose Mediano - 766-1134 - rmediano@lubbock.k12.tx.us

Reach for the Stars

at the LISD Junior High Magnet Event Tuesday, February 4, 6:30-9 p.m. Lubbock Civic Center



- ★ See **all four** of LISD's Magnet Junior Highs at the same event on the same night!
- ★ J.T. Hutchinson - Civic Center Theater
- ★ O.L. Slaton - Civic Center Exhibit Hall
- ★ Cavazos - Civic Center Banquet Hall
- ★ Dunbar - Civic Center Banquet Hall

Each school will make a 30-minute presentation, provide entertainment, as well as needed information to interested students and parents.

FOR MORE INFORMATION CONTACT:
Rose Mediano - 766-1134 - rmediano@lubbock.k12.tx.us

Neighborhood Association Busy Preparing for Selling Chicken and Fish Dinners

Members of the Dunbar/Murdalton Eight's Neighborhood Association are busy making preparation to sell Chicken and Fish Dinners on Saturday, February 1, 2003, beginning at 12 noon and you may eat in or carry out. The address is 1303 East 5th Street.

The telephone number for call in orders is (806) 747-8732. The location of the Mae Simmons Outreach Building is west of the Mae Simmons Swimming pool.

You may also sign up for sewing classes, quilting and exercise classes while you are at the location or even call in your request.

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	\$50,000.00 and over	1.51%
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		1.81%

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