Lighting the road

VOL, XXVI, No. 47 August 19 - August 25, 2004 :

Worth More!

Lubbock, Texas 79401. Phone (806) 762-3612

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An Independent Pictorial Newspaper for All People * Primarily Serving the Black Population of Lubbock County and the Surrounding Area * Black Press of America

Local News

Religion class offered by Wayland

Wayland Baptist University will now be offering a class in East Lubbock. The class, RLGN 1301 Old Testament Flistory, will be taught at the T. J.Patterson Library on Thursday nights from 6:00 p.m. to 10:10 p.m. The term will begin August 16th and will end October 30th. Additional information may be obtained by contacting Dr. Kent Brooks, Dean of the Wayland Baptist University Lubbook Campus at 785-9285.

Dunbar/Manhattan Neighborhood Assn. will elect officers next month

The Dunbar/Manhattan Heights Neighborhood Association will hold its annual meeting for the election of new officers on Thursday, evening, September 10, 2004, in the Neighborhood Building, 1301 East 24th Street, beginning at 6:00 p. un.

All neighbors in the Dunbar/Manhattan Heights Neighborhood Association are ask to please attend.

If you participate, it will bring big dividends for the as ociation. So come and take part in A process which will enhance our community.

Community Meetings

- Lubbook Area Client Council Second Saturday, 1:00.pm
- Mae Simmons Community Center Hub City Kiwanis, Every Tuesday
- Night, 7:00pm, 1708 Avenue G Dunbar Alumni Association 2nd Saturday 4:00 pan-
- Booker T. Washington American Legion Post 808 2nd Tuesday- 7:30 Forgotten West Riders, First & Third Monday, 7:00 pm, T. J. Patterson Library
- East Lubbock Chapter AARP, Every 1st Thursday at 1:00 pm, Mac Simmons Community Center, Oak and 8th St.
- Lubbock Chapter of Black Alumni 3rd Tuesday, 5:36 pm, TTU Merket
- Dunbar/Manhattan heights Neighborhood Association Meets Every Third Thursday 6:00 pm 1303 East 24th Street (outreach center/party house)
- West Texas Native American Association Pot Luck Suppers on alienating months prior to meeting, meetings held on second Saturday of each month at 7:00 pm Educational presentations and demonstrations
- Texas Juneteenth Cultural & Historical Commission Lubbock Affiliate Meets at T.J. Patterson Branch Library every 3rd Thursday
- West Texas Native American Association meets 2nd Saturday each month at Groves Library, 5520 19th Street, 7:30 p.m.
- West Texas Chapter of 100 Black Men meets the 3rd Monday evening at 7:00 pm at the Parkway Neighborhood Center.
- The Parkway Guadalupe & Cherry-Point Neighborhood Association meets the 3rd Tuesday evening of each month at 7:30 pm at Parkway Neighborhood Center.

Would you like to publish your monthly meetings? If you have an announcement you want to appear in this paper, please get it to us in writing. You can mail it to:

> Community Meetings C/O: Southwest Digest P.O. Box 2553 Lubbuck, Texas 79408

or bring it by our offices: Southy, est Digest 1302 Avenue Q Lubbock, TX 79401

What's Inside... Fashion Fun Fage 2 Chatmon Hills Page 2 lossified...

Fashion mavens



SISTERS FELLOWSHIPPING AT BETHEL: During the morningworship hour at the Bethel African Methodist Episcopal Church, members take a few minutes each Sunday morning to greet members by fellowshipping. Pictured are two sisters, Buelah Winters, left, and Ollie Coleman, right, who are greeting members. They are biological sisters. Rev. Danny Poe is pastor.



for the LiSD Bond Proposal Tuesday, August 24, 2004

Friday morning. July 2015 14 was an historic day for 3017 Idalcu Road as it was the opening of another Williams. Chicken. According to the Sounder Hiawatha Vulliams, there are fifty stores with two more coming in the near future in Louisiana. At more Georgia. The owners of the new Williams Chicken are Gene and Gladys Whitten.



Hiawatha Williams, left, is shown shaking hands with former city councilman T.J. Patterson, while one of the local owners. Gene Whitten, is showing appreciation to Richard Burneth regional frenchisee director for Williams Chicken. Williams told the group the new business brings the total to fifty for the Williams Chicken family. - Photo Courtesy of



Hiawatha Williams, founder of Williams Chicken, is shown with Wanda Merritt and Michael Ricon, both of the local Housing Urban D-velopment; and city councilman Floyd Price were all present for the grand opening of the new Williams Chicken, 3017 Idalou Road. The opening was held Friday morning, July 30, 2004. Calvin Davis of the Small Business. Administration office served as master of ceremonies. - Photo Courtesy of John Cervantez.

USMC's first African-American commissioned officer honored

Major General Cornell A. Wilson, Jr., advises youth to follow 'The 3 Ps of Passion, Preparation and Perseverance'

Washington, D.C. - Captain Frederick R. Branch, the first African American commissioned officer in the United States Marine Corps, was recently honored at the NAACP Youth Advisors Luncheon held during its 2004 annual convention. Philadelphia. Major General Cornell A. Wilson, Jr., one of the Marine Corps' highestranking African American officers, paid tribute to Captain Branch with a leadership award and praised him for his courage for being the first to open the door for other African Americans who entered the Marine Corps. Captain Branch, an original Montford Point Marine, was nnable to attend the luncheon due to illness. He also received a citation from the City of Philadelphia, where he resides. Accepting the award for Captain Branch were Joe National Vice President Montford Point

Holsey Gillis, an original Montford Point Marine.

The Montford Point Marines were the first African Americans to integrate the Marine Corps in July 1942 when President Franklin Delano Roosevelt signed an executive order which prohibited racial discrimination by any government agency. They were based at Montford Point, North Carolina, which became the training site for the 51st and 52nd Defense Battalions, and served in segregated units until 1949 when President Harry S.Truman established a policy of full integration.

At the Youth Advisors Luncheon, Major General Wilson also gave an inspirational speech to the young people in the audience, and encouraged them to follow "The 3 Ps of Passion, Preparation and Perseverance" to prepare for their future. The audience gave the United States Marine Corps a standing



During a welcome of exhibitors and attendees to the 2004 NAACP Conversion held in Philadelphia July 10-15, from left to right: United States Marine Corps Captain Steven Andrews; The Apprentice's Omarosa Manigault-Stallworth; Julian Pond, Chairman, NAACP National Board of Directors; Roslyn M. Brock, Chairman NAACP Board of Directors Convention Planning Committee: Hon. John F. Street. Mayor. City of Philadelphia: Captain James Richardson: Master Gunnery Sergeant Preston Ford. (Photo Credit: Mike Levin)



Major General Comell A. Wilson, Jr. of the United States Marine Corps (loft) holds a citation from the City of Philadelphia awarded to Captain Frederick R. Branch at the NAACP Youth Advisors Luncheon. Accepting the citetion on behalf of Capt. Branch, who was unable to attend due to illness, are Joseph Geeter (center), National Vice President, Montford Point Marines Ascoclation and Holsey Gillis, (right). Captain Branch was a member of the Montford Point Marines, the first African Americans to integrate the United States Marine Corps during World War II.

EEOC settles sexual harassment suit against Grand China restaurant Suit said Non-Asian, Hispanic female employees subjected to pervasive sexual harassment and forced to quit

EL PASO, Texas - The U.S. choice but to quit their jobs. Equal Employment Opportunity Commission (EEOC) today year Consent Decree settling the employment discrimination lawsuit against Grand China Buffet, Inc., doing business as The Grand

Marines Association and

China Buffet Restaurant. The EEOC's suit, filed under Title VII of the Civil Rights Act of 1964 and Title I of the Civil Rights Act of 1991, charged that Grand China sexually harassed a class of non-Asian, Hispanic female employees by propositioning them for sex and regularly subjecting them to sexual comments. The suit further alleged that Grand China's sexual harassnent of those

Under the terms of the oneannounced that it has settled an suit. Grand China will pay \$6,000 to two former employees. During the term of the Consent Decree, Grand China is enjoined from discriminating against any employee on the basis of gender, race, or national origin. The conduct enjoined includes allowing any of its employees to be subjected to a sexually hostile work environment, and/or constructively discharged, because of their gender, race and/or national origin. Additionally, Grand China is required to create a written sexual ment will not occur at the Grand harassment policy, and dissemi- China Buffet," said Leticia

employees. All of Grand China's EEOC's El Paso Area Office. such offenses from retaliation, and shareholders, and all of its employees will be required also, pursuant to the Consent Decree, to participate in sexual harusament training. The EEOC filed suit after exhausting its conciliation efforts VII, which prohibits employment to reach a voluntary pre-litigation.

By requiring Grand China to create a written sexual harassment policy, and disseminate that policy to its employees, and by requiring all of Grand China's shareholders and employees to obtain sexual harassment training, the EEOC hopes to insure that sexual harassemployees left them with no nate that policy to all of its Dominguez, Trial Attorney for the

"Any employer who wishes to avoid sexual harassment in its workplace should take similar

In addition to enforcing Title discrimination based on race, color, religion, gender (including sexual harassment or pregnancy) or national origin and protects employees who complain about

sections of the Civil Rights Act of 1991, the EEOC enforces the Age Discrimination in Employment Act of 1967; the Fqual Pay Act of 1963; the Rehabilitation Act of 1973; and Title I of the Americans with Disabilities Act of 1990. Further information about the Commission is available on the agency's web site www.eeoc.gov.

If you find mistakes in this publication, please remind yourself that we are all human. We publish something for everyone, and some people are always looking for mistakes.

by Shirley Roberson

Fur and Fur Trim

was a bit difficult considering shoe clips. long scarves the hot weather we're experi- trimmed with for and suits encing. But believe me cooler colder temperatures are just elegant für balls. around the corner. As we contime to wear breezy lightweight clothing, mentally we delightfully gorgeous fur skillmust always be a season fully connecting the two. ahead regarding feshion.

see, and what I'm seeing pastels. Breath taking colors wears fue F excites me tremendously, lots how great is that? and lots of fur. Fur is every

Writing this article about for , hand bags and everings, for designed with small

> Hats matching suits, soits matching hats and of course

> The colors selected this fall

Ladies, it is wise and more. T.p., Remember to always where fur cuffs, fur collars, importantly economical to wear a smile EASHION, JUST beautiful fur hats, head wraps, purchase your suits with FOR THE FUN OF IT!



detachable for tries, it's like getting2, two-cuits for the price of one! Keep in mind Actually some retailers are for fur are bright and as that there's something unique, already displaying fall mer- intense as summer colors, for cogy, special, wonderful and chandise. I for one like what I also emerges in soft lovely romantic about a woman who

Theodore Phea Boys & Girls Club reunion banquet planned

The Lubbock Boys and Girls nity. Club proudly announces the initial Theodore Phea Boys & Girls Club Reunion on September 25, 2004 at 6:30pm at 1801 East 24th Street.

We welcome all former members of the club to join us in this celebration and to pay tribute to a fallen civic leader who helped to shape the lives of thousands of youth from the Lubbock commu- Oscar Jones - 785-4040

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foods that you love. Come and

enjoy a healthy meal prepared by a local chef from United

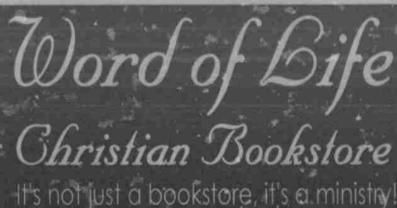
Healthy

purchased from the following planning committee members.

Quincy White - 806-777-1001 Billie Russell - 765-9276 Joe Phea, Jr. - 747-5104 Dorothy Phea Norvell - 744-5971 Charles Hankson - 842-3277 Reggie Essix - 763-0204

Prices are as follows: Tickets for the event may be Children ages 5 to 11 - \$10 Individuals ages 12 and up - \$15 Couples (any two persons) - \$25

> Come and join us for an evening of reminiscence, fun and entertainment. Discounted hotel arrangements are available for our out-of-town guests. Please contact Oscar Jones for help with these arrangements.



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Sunday Morning - 10:00 am

about the sermons of two former members who grew up in Bethel African Methodist Episcopal Church. They are Minister John John McCormick rest. It was just a glorious for both to come home, and espe-Church Anniversary, "We had a glorious week, and we must keep the spirit going," says Rev. Danny Poe," pastor.

A few blocks away at the Greater St. Luke Missionary speaker was Key. Robert Castle, pastor of Mount Pleasant Baptist Church of Wichita Falls, Texas, "We had a joyous" time in the Lord," said Rev. J. H. Ford, pastor.

The New Hope Baptist the "Church Where The People Really Care," and Rev. B.R. come and visit. You will be glad. Keep in mind. God is able. you did so.

Charles Wilson.

After several selections by the New Hope Choir, Pastor Moton delivered the morning sermon. His subject was "God and Minister T.J. Petterson, Jr. Is The Pride of His People." Both spoke from their hearts w His scripture text was Judges while the Male Chorus did the 6:1-10. What a wonderful mes-

After an invitation to cially be part of the 83rd Discipleship, the morning announcements were read by Sister Annie Taylor, Sister Anna Chatman welcomed all visitors.

Two upcoming events for the Women Missionary Society at New Hope Baptist Church Baptist Church, the annual include: General Mission on homecoming took place. Guest Monday evening, August 23, 2004, beginning at 6:00 p. m. in Fellowship Hall of New Hope. The Firth Sunday, August 29, White" will be held at New

Church, 2002 Birch Avenue, is those who are sick and slut-in in our community. There are so many who will appreciate your Moton is pastor, If you are prayers, visits, telephone calls, looking for a church home, then and any kind deed you will do.

There are those among us The morning worship hour who have lost loved ones over begun last Sunday morning the past week. Among them with Meditation and Prayer. include Brother Roy White's The Praise Team was at its post sister-in-law who passed away of duty singing God's praises. in Houston, Texas. Also, the The morning scripture and brother of the late Brother Ollie Let us hear from you.

Residents are still talking prayer were given by Rev. Guy, Mr. Robert Guy, who passed away Wednesday morning. August 11, 2004.

Let us not forget the upcoming Lubbock Independent School District Bond Election which will be held on Tuesday, August 24, 2004. If you want to see our schools move in a more positive direction, you will go to the polls and vote Yes! Let's support our kids!

It was good to see the special Memorial Services for the late Brother Samuel Curtis on Friday evening, August 13, 2004, at Bethel African Methodist Episcopal Church. Several groups performed a and did in memory of Brother Curtis, an individual who tried to help in anyway he could.

If you get an opportunity, go 2004, at 3:00 p. m., "Women In by Bethel African Methodist Episcopal Church, 2202 Southeast Drive, and take a Let us continue to pray for look at the cornerstone on the northeast side of the building. You will notice that the only living Trustee is Brother W. H. Pitts, Jr. He was recognized last Sunday afternoon at the anniversary services.

If you have some news about your family, church or organization, please advise us rt: Southwest Digest, The Chatman Hill Corner, P. O. Box 2553, Lubbock, Texas 79408.



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hurch News





FOR JESUS IT LIKE IT IS"

MATTHEW 7:13, JESUS THE DEVIL GIVES THEM SAID, ENTER YOU IN AT AN EXCUSE TO SAY, I THE STRAIT GATE: FOR DON'T WANT JOIN THE WIDE IS THE GATE, AND CHURCH AND BE LIKE BROAD IS THE WAY, THAT THOSE HYPOCRITES!!! NO LEADS TO DESTRUCTION, AND MANY THERE BE WHICH GO IN AT.

WAY, THE TRUTH, AND MAN WANT HIS MONEYING WAY OF LIFE. THE

KNOW ALSO, THAT IN THE SHUT UP THE KINGDOM LAST DAYS PERILOUS OF HEAVEN AGAINST (DANGEROUS) TIMES MEN: FOR YOU NEITHER SHALL COME, FOR MEN, GO IN YOURSERVES, NEI-SHALL BE LOVERS OF THEIR OWN SELVES, THAT ARE ENTERING TO COVEROUS, BOASTERS, GO IN. PROUD, BLASPHEMERS, DISOBEDIENT TO PAR- TO ME: BROTHER D.J. YOU UNHOLY, WITHOUT NAT- TO RUN HIS HOUSE, YOU URAL EFFECTION, TRUCE: FOOL! THE MASTER LEFT ACCUSERS. NENT, FIERCE, DESPISERS HOUSE!!! OF THOSE THAT DO GOOD, TRAITORS, HEADY, HIGH- IN THE LORD WITH ALL MINDED, LOVERS OF YOUR HEART; AND LEAN PLEASURES MGRE THAN NOT UNTO YOUR OWN LOVERS OF GOD; HAVING A FORM OF GODLINESS. POWER THEREOF: FROM SUCH TURN AWAY.

***YES A CHURCH WILL GOD!!!**

YOU MAY WALK IN THE NOT GOD'S; AND BY WAY OF YOUR HEART, OR THEIR WAYS YOU CAN EYES, AND IF YOU DON'T JESUS SAID, HE THAT TELL IT GCD'S WAY; THEN ENTERS IN BY THE DOOR IT WILL BE ALL ABOUT IS THE SHEPHERD OF THE LIES, PROVERP 12:15, THE SHEEP, TO HIM THE WAY OF A FOOL IS RIGHT PORTER OPENS; AND THE IN HIS OWN EYES: BUT HE SHEEP REAR HIS VOICE: HEARKEN-ETH UNTO COUNSEL IS WISE.

BROTHER B.J. MY DFA- PUT FORTH HIS OWN CON WORKED 3YRS, AND SHEEP, HE GOES BEFORE UN SAVED, BUT THEN THEM AND THE SHEEP ONE DAY HE GAVE HIS FOLLOW HIM: FOR THEY LIFE TO CHRIST, AND KNOW HIS VOICE, AND A TODAY PE IS SAVED. (THE UN-SAVED MAN HAS NOT FOLLOW, BUT WILL NO BUSINESS HOLDING FLEE FROM HIM: FOE AN OFFICE IN THE THEY KNOW NOT THE CHURCH OF GOD!!! FOR THREE YEARS HOW MANY PEOPLE WALKING IN THE BJ MORRISON, III, YOUR CHURCH; KNOWING HE WAS UNSAVED, AND JESUS

KNOW IT WAS WRONG. MATTER HOW MUCH TITHES AND OFFERING THEY GIVE, GOD WANTS JESUS SAID, I AM THE ONLY HIS HEART ONLY.

MATTHEW 23:13. CHURCH BELONGS TO JESUS SAID, BUT WOE JESUS CHRIST: NOT THE (CURSED) UNTO YOU, PREACHER OR HIS WIFE'S. SCRIBES AND PHARASEES, I TIMOTHY 3:1-5, THIS HYPOCRITES: FOR YOU THER SUFFER YOU THEM

ANOTHER PREACHER UNTHANKFUL, CAN'T TELL A MAN HOW FALSE RULES AND REGULA-INCONTI- TIONS; AND IT IS HIS

PROVERB 3:5,6, TRUST UNDERSTANDING, IN ALL YOUR WAYS ACKNOWL-DENYING THE EDGE HIM(GOD) AND HE SHALL DIRECT YOUR PATHS. THE CHURCH HAS CHOICES, RIGHT AND WRONGGOOD AND EVIL. HEAVEN AND HELL, THE. BROADWAY CHURCH IS AND HE CALLS HIS OWN SHEEP BY NAME, AND A PREACHER TOLD ME LEADS THEM OUT, AND HE STRANGER WILL THEY VOICE OF STRANGERS.

> BY EVANGELIST BILLY BROTHER



Notes from the Desk of Parson D.A. Smith Two Black candidates for U.S. Senate seats

Many believe that a penumbra of somber dignity has descended over the reputation of thought in some circles is expressed by his peremptory handling of the Iraq war. For others, and especially liberal black Americans, the President, a man who is alleged to adhere to the highest principle and ideals and exemplifies unimpeachable integrity falls short of this prevalent tenet.

Black Americans have that right in our society to be in disagreement with the President. While many would be pleased if he would give his valedictory speech and end four years of what # they believed to be presidential vacuousness, I beg to disagree. Remember the idiom "can't see the forest for the trees." This is an expression used of someone who is too involved in the details of a

problem to look at the situation as a whole. Black Americans need to analyze the whole of President President Bush. The basis for this Bush and John Kerry political program economy and platform. Blacks need not be what one political commentator described humorously: "Bill Clinton has black Americans in his hip peckct" - meaning he was the thinker for these people with low IQ's and the same people had sold their soul for a mess of white

> President Bush addressing a group of minority journalists, a few days ago said that one of his dreams was the opportunity for every minority family to be able to purchase a house. He wanted those who would take advantage of this opportunity to say to their friends when they come to visit: "Welcome to my home." He told his audience that since he has been in office, Lo millions

homes. "Believe it or not!" Bush has opened the door of opportuni-

The people of my generation were taught by our parents that to be successful in America one must get an education and own a "piece of the rock." The thought was implanted in our deepest owning their own home. being that the man who owns the is white, brown, yellow or black. When the property was condemned in District 2 in the name funds were not put back into redevelopment, the MAN BECOMES the black people's MASTER. The wounds of Cain still have a stink to the very hour.

To those of you who would differ with the writer, I begged of you to contact "Community Houses Resource Board" at 793-

minorities have purchased 3877 or chrb@nts-online.net and see if you qualify to purchase a house. This writer is the President ty to purchase homes for all of the Board. Houses are available in the City of Lubbock. Funding is available. You have to make an effort to own a "piece of the rock." Bush may not be much on Free Social Programs, but he is about much on Americans

It is time for all minorities to land was your master whether he grow up and become men and women. Too long have we taken the low road that leads to No-Where USA. Clean up your yard, of progress and purchase and the your neighborhood. Paint your house. Trim Your trees. Don't be afraid to call the authorities on those who will not go by the rules set by society. There never was a tree so large if could not be felled. This same applies to those who would destroy your neighborhood on East 29th Street in

St. Matthew

If you are looking for a

church home, then come and

visit the St. Matthew Baptist

Church, 2020 East 14th

Street. Rev. Edward Canady

Sunday morning, August 15,

2004, with Sunday School atj

10:00 a. m. dre morning les-

son was taught by Minister

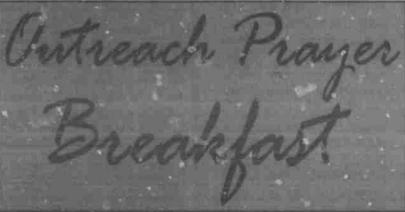
Nina Davis, and was

reviewed by Pastor Canady.

The lesson was very inspir-

Services begun last

is the proud pastor.



devotion period was conducted by the ladies, and it was full of the

The morning lesson was taught by Sister Adeiia Harwick. Her subject was "A Servant's Heart." Matthew 25:14-30.

She told the group real servants are faithful. They den't leave a job half done, and they don't quit when the going gets tough. Faithfulness is a rare quality. Many folks don't know the meaning of it. They make commitments casually, and then they break them for slightest reason without hesitation or remorse. This shouldn't be serve, but to serve. Jesus taught the parable of the talents to emphasize this truth. Take the talent from him, talents. Matthew 25:28. Fail to use what you've got. Use what you have. God has given to you, so use it to the glory of God.

God has given us all talents and gifts, but sometimes we make excuses when things get rough and want to quit. But whatever God

Members and friends of the starts. He will finish it. Don't do Outreach Prayer Breakfast met in like the third servant, go and hide the home of Sister Christene his talent. That's the way some gift, and get angry and even jealous with you, because you use vour talent well. If you want to hear the word of Jesus say well done my good and faithful servant. enter into the joy of the Lord.

If you don't use what God has and give it to someone who is faithful. Do you have a servant's heart? Have you visited the jail? Have you visited the hospital? Have you fed the hungry? Throw yourself into the work of the Master. Confident that nothing you do for Him is a waste of time or effort. Put on the apren of humility in order to serve one another, I

This was a very good lesson. and give it to the one who has ten Thanks to Sister Adelia Harwick Supt. Austin Butler. for the word! We love you! We love all of God's creation.

> Keep reading and praying. Sister Christene Burleson, vice president; and Sister Elnora Jones,

Revival planned at Holy Trinity COGIC

The Holy Trinity Church of Burleson who was in charge. The people are, they hide their talent or God in Christ, 3500 East Cornell Loggins is pastor, will be having a Revival August 22nd through August 26th: It will be sponsored by Lubbock District No. 2 of the Church of God in Christ.

Sunday afternoon, August given you, He will take it from you 22nd, beginning at 4:00 p. m., will start the week long revival. August 23rd through August 26th, services will begin at 7:30 p. m. nightly. This year's theme is "God's Unlimited Power." Ephesians 3:19-20.

> Speakers will include Supt. Austin Butlers and Pastors of Lubbock District No. 2. They are: Elder Willie Loggins, Elder Donnie Scott, Elder DeWayne Brown, Elder Altos Graves, and

Special guest on Sunday afternoon, August 29, 2004, will be State Supervisor of Texas North Sister Dorothy Hood, president; West Women's Department, Mother Victorine Mackey.

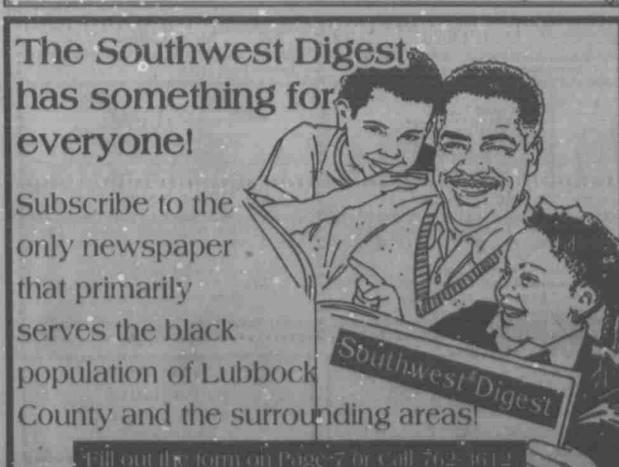
The public is invited to attend

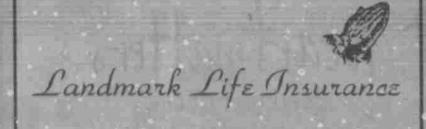
The devotional services were held at 11:00 a. m., and was conducted by Deacon Edward Williams and Brother Gerald Jackson. After their presentation, the Senior Choir sung out of their hearts and souls.

Rev. Monty Smith delivered the morning message. His subject was "Unless The Lord Build The House, Your Labor Is In Vain," His scripture text was St. Matthew 7:24-27. This was a most nformative sermon, and all present benefited from it.

Thought For The Week: Jesus gave His all; He deserves our all "







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When only memories remain. let them be beautiful.

The fight against "superbugs": What should you do when antibiotics don't work Advice from natural remedies expert Dr. Cass Ingram

Drug-resistant bacteria are migrating into locker rooms, pris- aren't producing enough new ons, and other settings, ranging far beyond the hospital wards where they have lurked before. Estimates are that 70 percent of the 90,000 fatal infections Americans will contract this year will be from bacteria that are resistant to at least one antibiotic. Natural remedies expert Dr. Cass Ingram says there is hope for fighting these "superbugs", not with the drug companies, but in

drugs to keep pace with the evolution of drug-resistant bacteria, the so-called superbuge Drug companies have been focusing on "lifestyle" drugs, rather than the 7 to 14 day antibic ics, which start being ineffective after 10 to 15 years. It's more profitable to focus on drugs that people are going to be on for the rest of their lives.

Sc what is one to do when there is no antibiotic or drug to fight the superbug inviding your

in natural remedies, recommends turning to spices grown in the high mountains of Turkey. Dr. Cass Ingram is heavily involved in proving the efficacy of Oreganol P73 (wild oregano) and Oregacyn P73 (a combination of spices) through research.

A study done at Georgetown I Ini versity proved that drug resistant staph succumbed specifically to the powers of P73 oil of wild Oreganol. "Lat tests prove that Oreganol P73 kills all types of

Pharmaceutical companies body? Dr. Cass Ingram. an expert germs, including bacteria, viruses, fungi, yeasts, molds and parasites. No drug offers such a wide killing range," says Dr. Cass Ingram., "And Oregacyn P73, which is made from several wild spices, tested even better. In one instance the bepatitis C virus was destroyed directly within the body: right in the blood. The oil proved effective in killing over 99.9% of the viruses:"

Dr. Ingram says. "Up until now, the focus has been on synthetic substances or extensively

production of antibiotics. However, with a few exceptions, they only kill bacteria. There are tens of thousands of natural antibiotics and antiseptics which kill the full range of germs, bacteria, fungi. mold, viruses and parasites." He says urging the government to provide incentives to drug comparies may not be the best step to take, "We need to look into alternative natural remedies to the problem. After all, the persistent use of current antibiotics is what

altered natural compounds in the caused drug-resistant staph and drug-resistant step."

Dr. Cass Ingram is one of the world's leading experts in natural remedies and the antimicrobial effectiveness of wild oregano and other spice oils. In addition to his research he has written 14 books, including the most recent "Natural Cures for Killer Germs"

Dr. Ingram is available for interviews by contacting: Tiffany Gardner at 727-447-4992 ext. 201 or emailing tiffany@theprgroup.com.

CONSUMER ALERT: Buying medications online is risky business

Lubbock, Texas, August 11. 2004 - The Better Business Bureau of the South Plains (BBB) has noticed an increase in consumer inquiries about web sites and 'store fronts' selling prescription drugs from Canada and other foreign counfrom outside the United States can be risky and the BBB advises caution.

"With the economy the way it is, people look for various ways to save money and many have found that purchasing prescription medications from a foreign country can be very inexpensive or cost-effective," states Nan Campbell, president of the BBB. "Senior citizens and those that have major illnesses sometimes find themselves stretching the limits of any insurance coverage and feel they need a little extra edge on prescription costs" Campbell stated.

Drug The Food & Administration (FDA) has very high standards that drug manufacturers have to meet in order that the medicines they approve are of high quality, sale and effective. "This is a great safety net for Americans because the FDA takes medications through rigorous testing and makes sure they meet the high standards set", Campbell stated. The FDA warns consumers not to purchase medications from foreign countries, including Canadien . Be wary of internet sites that Internet pharmacies.

The FDA further states that when buying medications online or from so-called "storefront" pharmacies, consumers enter the world of what could be unsafe and ricky products.

The BBB encourages consumers considering using an tries. Ordering medications internet pharmacy or ordering medications from a foreign country to review the following

- · Have you spoken with your doctor and obtained a prescription?
- . Be wary of internet sites that claim to have doctors on staff. These doctors have never examined you and know nothing of your personal or family history.
- · Be wary of internet sites where you fill out a questionnaire without seeing a doctor. A questionnaire does not provide adequate information for a doctor to determine if that drug is for you or safe to use - this type of practice is considered substandard medical care according to the American Medical Association (AMA) and the FDA.
- · Be wary of internet sites that do not identify with whom you are dealing and do not provide a U.S. address and phone number to contact if there's a problem.
- do not require a prescrip-

tion, offer 'new cures' for serious disorders, or a quick cure-all.

- Look for internet sites with easy-to-understand privacy and security policies. Do they protect your identity and not give out your personal information without your permission?
- Look for internet sites with which you are familiar: does it display the Verified Internet Pharmacy Practice (VIPPS) seal of approval from the National Association of Boards of Pharmacy (www.nabp.net) The VIPPS seal requires that online pharmacies be licensed in every state to which they ship drugs and in addition, must meet standards for patient privacy, quality assurance, authentication, and security of prescriptions and communica-
- pharmacies. Many of the drugs you receive through internet pharmacies are generic and non-FDA (www.fda.gov) approved or lack any similarity to the drug you ordered.

tion between patients and

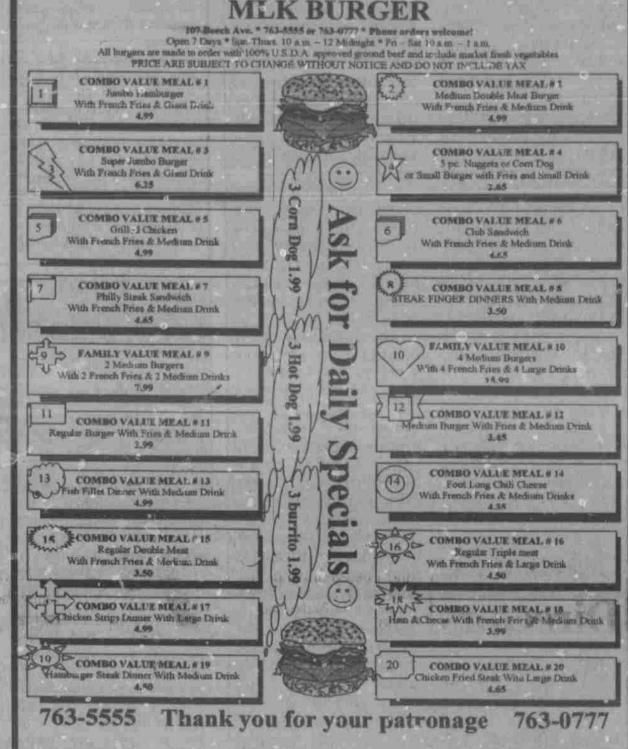
- · If you are considering ordering medications via a 'store front', nave you checked the credentials of the company taking the orders? Are they licensed to sell prescription drugs?
- · Have you checked the com-

pany out through the Better Business Bureau? Reliability reports on com-

panies and charities as well

as general advisory tips are available 24/7 by visiting the BBP web site at: www.bbbsouthplains.org or

by calling 836.763.0459 or 1.800.687.7890 or by visiting the national BBB web site at: www.bbb.org







Because our hearts matter, Covenant Heart Instituta invites you to attend our "Heart Matters" Breakfast Club. Our goal is to bring people together who are affected by matters of the heart, either personally or through a family member or friend. We hope you will come and be encouraged to share your feelings, ideas and knowledge with others who understand the issues of coping with heart matters.

> Friday, August 27 9:00 - 10:00 a.m.

"Heart Failure - America's Silent Epidemic"

Presented by Marilyn Wade, RN, MBA, CCRNA,

Nurse Manager/Heart Failure Center, Covenant Heart Institure

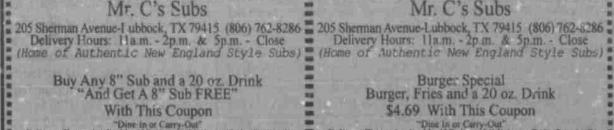
"Heart Steps" Presented by Kim Pearce - Center Manager Lincare

Covenant Medical Center-Lakeside 4000 24th Street Arnett Room, 6th floor

Refreshments will be provided. The Heart Matters Breakfast Club is open to the public and free of charge.

Please call (806) 725-1650 for more information.





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National Museum of American History displays life of First African-American Nobel Peace Prize winner

a Nobel Peace Prize, with a bio- Harvard University. graphical showcase about his life

Prize medallion and certificate. Bunche earned the prize in 1950 for negotiating the Rhodes Armistice Agreement between (Jordan), Lebanon and Egypt the only such agreement that Arab and Israeli countries have ever jointly signed. In addition to draft copies of the agreement, the display will contain artitacts from Bunche's childhood including his personal Bible, college yearbook, United Nations calling card, and the NAACP Springarn Medal.

"The National Museum of American History is excited to educate the public on the contributions that Ralph Bunche has made to the African American community and the world," said Fath Davis Ruffins, curator of African American history and cul-

Born in Detroit, Michigan in 1904, Bunche grew up in Los Angeles, Calif., attending the University of California Los Angeles (UCLA) when it was

will celebrate the centennial of dictorian of his class, Bunche becoming the U.N. undersecrethe birth of Raiph Burche, the went on to receive both master's tary. It was during his tenure at first African American to receive and doctorate degrees from

A life-long civil rights advoand career. The display, "Ralph cate, Bunche organized boycous awarded the Nobel Prize, Bunche African of segregated theaters and restau-American/Global Statesman" will rants in Washington, D.C. in the and taught at both Harvard and run from Sept. 9 to March 31, 1930s. Bunche was also a mem- Howard universities. ber of the National Association The central items in the dis- for the Advancement of Colored American play are Bunche's Nobel Peace People, and received the NAACP's highest award of achievement, the Spingarn Award, in 1949.

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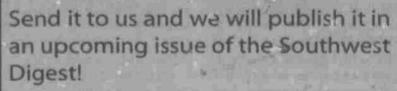
the U.N. that Bunche negotiated the Middle Eastern armistice agreement for which he was also had a passion for education

The National Museum of History traces American heritage through exhibitions of social, cultural, scientific and technological history. Collections are displayed in exhi-In 1944 Bunche began work- bitions that interpret the American Israel, Syria, Transjordan ing for the U.S. Department of experience from Colonial times to

The Smithsonian's National called "The Southern Branch." State followed by a career with the present. The museum is locational called "The Southern Branch." State followed by a career with the present. The museum is locational called "The Southern Branch." Museum of American History After graduating in 1927 as vale- the United Nations, eventually ed at 14th Street and Constitution Doc. 25. For more information, call (202) 633-1000 or (202) 357-Avenue, N.W., and is open daily visit the museum's Web site at 1729 (TTY).

Share Your Recipes!

Do you have some great recipes you would like to share with your friends, neighbors and community members?

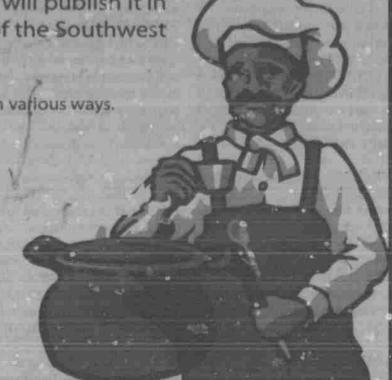


You can get recipes to us in various ways. Send it to us by mail:

Recipes c/o: Southwest Digest P.O. Box 2553 Lubbock, Texas 79408

Bring it by our office: **Southwest Digest** 1302 Avenue Q Lubbock, TX 79401

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THIS 'N' THA

will be voted upon ... on Tuesday ... August 24, 2004.... This is a \$98,845,994 FOND PACKAGE EAST LUBBOCK BUSINESS-

... 20-member committee ... which was studied over a four SUPPORT OUR EAST LUBmonth period ... This bond This BOCK BUSINESSES If the bond package will include TECHNOLOGY, FACILITIES & will continue to bring more busi-CAPITAL IMPROVEMENTS ..., and our students will benefit continuing process ... as there is from this effort ... So ... go to the polls on Tuesday ... August 24, 2004 and ... VOTE YES! THIS N THAT ... recommends ... EARLY VOTING ... which con- what we have in ... EAST LUB tinues thru ... Friday ... August BOCK... If you really want to see 20th... Let's help our children .

MCCORMICK! THIS N THAT ... wants to take this opportunity ... wish a special young lady ... a very ... HAPPY BIRTHDAY as BIRTHDAY. May God continue to bless you.

N THAT ... is asking as many ... school year off right ... by visit- new development ... ing our public schools more this year ... than we did last year... BARBER SAYS: "YOU ... are stay in the Hub City. More on

BOND ELECTION! THIS N not get busy ... and make plans to THAT is asking all of you to be seen this school year... THIS ... VOTE YES ... for the upcom- N THAT believes our children ... ing ... LUBBOCK INDEPEN- will be glad to see us on cam-DENT SCHOOL DISTRICT pus... Will you become a ... BOND PROPOSAL ... which COMMITTEE OF ONE ... to get Estacado High School Matador the ball rolling?

KEEP SUPPORTING OUR which was recommended by a ES! T HIS N THAT ... is still asking we ... CONTINUE TO word continues to get out ... th is nesses into this area... This is a no time to sit back and hope for something to happen ... The process ... MUST CONTINUE daily ... by letting world know things continue to happen .. just HAPPY BIRTHDAY, MOTH keep telling the ... REAL CATHERINE STORY ... ard things will continue to fall in place... As we have said in the past ... EAST LUB-BOCK ... is still on the move!

LUBBOCK HOUSING she will be ... 91 YEARS AUTHORITY ON MOVE! THIS YOUNG ... come August 28, N THAT ...is Lappy over the 2004... She is always seen sup- construction of new living quarporting our young people ... and ters of the ... GREEN-FAIR ... her church ... So ... HAPPY MANOR COMPLEX ... and MOTHER judging for what is being done .. have time to register ... and CATHERINE MCCORMICK! at this time ... there will be a .. very positive program., This kind MAKE PLANS TO VISIT of development ... only adds to OUR PUBLIC SCHOOLS! THIS the .. GROWTH OF EAST LUBBOCK « ... So when you are CONCERNED CITIZENS ... and driving over the East 24th Street ... PARENTS ... to start the new overpass ... just look south at the

The school doors were open on no ... BIGGER .. than the things him in future.

VOTE YES FOR LISD Monday of this week ... so why ... which give you a ... HARD

SUPPORT THE ESTACA-DO MATADORS THIS N THAT ... would hope more of us ... Id would ... SUPPORT ... the

Footbali team .. this year. Let's ... get involved as much as possible and let the young people ... see that we ... SUPPORT them. These are our ... MAFA-DORS so let's continue to support them more this year.

TREES STILL NEED CUT-TING! THIS N THAT ... is still asking that some altention .. be given to the .. OVERGROWN TREES ... on the East 24th Street Overpass. It would surely help the looks of this overpass if this was done... Just give it a look ... and let us hear from you ... that is the department in the City of Lubbock... THIS N THAT .. wants to say ... Thanks ... for the cutting of some of the vacant lots... Thanks!

IF YOU ARE NOT REGIS-TERED, THERE'S STILL TIME! THIS N THAT ... wants to advise that if you are not registered to vote for the ... GENER-AL ELECTION ... where the next ... President of the United States of America ... you still become qualified to vote in

WELCOME TO LUB-BOCK, DR. EDWARDS! THIS N THAT ... wants to take this time and ... welcome the new pastor of Carter Chapel CME Church ... DR. HENRY CAMP-PENNY HASTINGS THE BELL. May you have a pleasant



to me." and live by it every day my kinn of lawless acis; a tele-

we drive around the city and only a matter of time. located. For sure, one thing must be realized, the penalty is school. Another thing, drugdealers must realize and undertrafficking around public build. the top of the fruit page ings such as a church, schools, library, senior or community centers is much more tougher.

A word of caution, non't think you are slick, smart or getting away. The drug enforcement people know who you are. what you are doing, and how much you are doing. They have a laser camera which can take

by Eddie P. Richardson

unther dies have a book on sign drug Bealer in the area. So If you here been dealing soyrune at refleres have been tone to the all, renember it's just a matter; fact, that along with moral,

n every way, if there is a sign of the slick or smart, just writthone call will do it. You do not a Parchouse, Jest thank how anothsave to leave your name. There cleaner the stream will become we don't lura this mend around If your link has field out so far, soon, it will be too tain. School is now back on the Now is the take to quit while horizon. We must remember in a you are will allend, because it is a or later. Now is paying for time

other area where schools we. Oh by the way, the bottom line is the parents who harsh for dealing drugs around a spir again. That is, once you are success. This lays in the hands ture you can the front page above the fold. In other words.

A Thought of the Week

One way to help our community and our firture it to vete

"m. mirese from living destinates, way to help them is by properand don't forger the so called ling them to become better citisnitches? We believe total mas by becoming better edu-

Tomorrow is not here, so I'm in of time before they will unit respect, self esteem, pride in love with today. Therefore, we will have a full book on you. - done all it can in pushing educreed: If it is to be, it is left up . Drug duality, if you think cution. We must do everything you are getting soony and you possible to turn th is trend mound. We have lost in least morals, and self-destruction. If

> The and results -- pay now anound and prevention. But the Scuthwest Divest will soon and a must begin parenting in order to very soon, start as king you a make the whole thing a hoge complet and booked: We will fee- of the community. If a parent is children right from wrong, call local law enforcement agencies and make them responsible for their children. Now, if the parwords, what you do I can't hear ents refuse to rear their children

> > VOTE YES on the upcoming bond election! It is a way up and out of the mest we are presently involved at this time. Null Sed! Why Not?

Jazzercize Open House Set

The Hodges Center, the City of Lubbock, and Parks and Recreation will sponsor Jazzercise Open House on Thursday evening, August 26, 2004, beginning at 5:30 p.m. at Hodges Center, 41st Street and University Avenue.

The Jazzercise instructors invite the public to get in the groove and learn more about the program. This will give interested persons a perfect opportunity to participate in class, meet members, instructors, and win door prizes.

Door prizes include free Jazzeroise classes and more! Refreshments will be served.

For more information the Hodges Center at 767-3706 for further information, or Ana Schuster at



Finally, the Medicare approved discount cards are available for purchase to help to



drugs for the elderly... insurance will bear a

symbol with Medicare in the oval; the 'R' will extend outside the oval bearing a cross which will make an 'x', or 'Rx', with 'approved' below the oval. If your card does not carry this seal, it is not Medicare-approved.

This discount program which has been put into effect is temporary. It will be phased out when Medicare begins to cover prescription drugs, which they do not pay for now. This program will go into effect in January, 2006 at which time the discount cards will no longer be of use.

The discount card can be purchased by any person eligible for Medicare. Persons who have benefits from Medicaid will not be eligible for a discount card. Most cards will cost about \$30 or less, but one would need to figure out which one gives the greatest discounts for the drugs needed. Various companies will have different prices for their cards and different benefits.

To decide which company to reduce the cost of prescription use, one would need to see which company pays the most on the prescription needing to be filled. Of course if you already have a program which gives a discount the on prescription drugs, you may not need or want to purchase a Medicare-approved However, if the discount card issues it, gives better benefits than your supplement, you may want the

> One needs to be aware of the offers in the mail for seniors, especially from insurance companies offering a 'senior security plan," as though it is a state or government plan. Do not be coa-

fused by such offers as they are pitches to have you purchase life insurance. There will be a statement in such fine print that you will need a magnifying glass along with bifocals to read, stating that it is not affiliated with the Social Security Administration or any other government agency.

To find out more about the Medicare-approved discount cards you may log on to www.medicare.gov, selecting "Prescription Drugs" or call 1-800-MEDICARE (1-800-633-4277). Though not perfect, let us get 'in cinque' and erase the fear. frustration and doubt about the new program designed to help us save money on prescription

offered in contest

Poets, listen up! The Bards of Burbank are hosting their annual free poetry competition, and everyone is welcome. There are 50 prizes in all totaling almost \$5,000, and the grand prize is a whopping \$1,000.

\$1,000 poetry prize

"Even if you have written only one poem," says Poetry Director Dr. John Cusack. "You are welcome to enter. Indeed, if you have never entered a poetry contest before, this is your big chance. I promise you I will find exciting new talent among Lubbock area poets."

The deadline for entering is September 8. Your poem may be written on any subject, using any style, and must be 21 lines or less. Send one poem only to: Bards of Burbank, 2219 W. Olive Ave., # 250, Burbank, California 91506. Or enter your poem online at www.bardsofburbank.com



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Psalm 9:13-14

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Women's Ministry Conference

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Featuring

Missionary Eula McNeal -Speaker (Faith Deliverance Temple COGIC)

Registration Fee - \$15

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Lunch will be served

Your attendance would be greatly appreciated.

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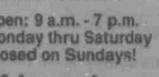
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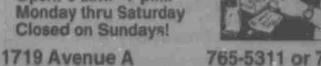
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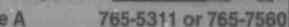
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olin v.16 - For God so lovyd tije words, rhat he dave his anty begotten som. Ut selicosover brieverd in him shall, not perch, but have everlasting ble-

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PROBATIONARY POLICE OFFICER

LUBPOCK, TEXAS

The City of Lubbook, TX (population 201.212) will be accepting applications for Probationary Police Officer positions on July 19, 2004 through September 24 2004 from 8:00 AM to 5:00 PM. Applications may be picked up at two inciations: the Human Resources Department at 1625-13th Street. Room 104, Monday - Friday, Or at the front deak or the Lubbock Police Department, 916 Texas Amnue, Monday - Friday after 5 00 PM and all day weeks ics. YOU CO NOT NEED TO MEMORIZE ANY MATERIAL FOR THIS EXAM. The test consists of Mathematics, Reading Comprehension and Grammar. Applicants must be 21 years of age, and not have reached his/hor 36th birthday at the time of entrance into the Police Academy, unless the applicant has five (5) years prior police for military experience, in which case the applicant must not have reached his/her 45 birthday at the time of entrance into the Police Academy The Police Entrance Exum will be given on Sicurday, October 2, 2004 at the Lubboot: Philos Academy, Reese Technology Center at 50s Devis Drive at 8:00 AM. Ali applicants should plan to arrive at 7:30 AM. For more information, please call 775-2311 or 1-800-621-0793 The City of Lubbrok Is an Equal Opportunity Employer.

Current Salary: \$17.49 Hourly/\$36,38I,28 Annually

For more information about the Lubbook Police Department, visit our web site at www.lubbockpolice.com. For more information about the City of Lubbock visit www.cl.lubbock.tx.us.

Appliances

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Raw cotton, harvest equipment movement may be restricted

state and will begin soon in other surrounding San Angelo, are

from area to area as the season Western High Plains, Southern tion plan template for growers progresses, and growers have to High Plains Caprock, Northwest move the harvested cotton to the Plains. Northern High Plains and state's gins for processing.

Eradication Foundation would make up a large portion of the like to remind cotton producers western and northern portions and custom harvesters that the ofthe state's cotton-growing commissioner of agriculture areas declared several areas of the state eradicated ofthe cotton boll weevil, and movement of tew cotton products and harvesting equipment into or through these zones may be regulated.

Abilene - Cotton harvest has zone, surrounding Abilene, and pressed or eradicated zone unless foundation. Contact your local on the Web at: begun in the southern parts of the the Southern Rolling Plains zone. functionally cradicated. The El Custom harvesters move Paso/Tran Pecos, Permian Basin, Northern Rolling Plains zones The Texas Boll Weevil are suppressed. These zones

Harve ting equipment movto be suppressed or functionally ing from areas outside of either a suppressed of functionally eradicated zone cannot he brought into one of these areas until the equipment lias been thoroughly cleaned. Raw cotton cannot be restrictions are available from

a protection plan has been filed

TDA has developed a protecwho fall under these restrictions and wish to gin cotton in a suppressed or eradicated zone. TDA also has developed guidelines for ensuring harvesting equipment is properly cleaned before entering one of these zones.

Many of these restrictions are placed on the movement of raw cotton and harvesting equipment from a suppressed area to a functionally eradicated area.

Brochures that provide more specific information on the The Rolling Plains Central moved into or through sup- TDA or from the boll weevil

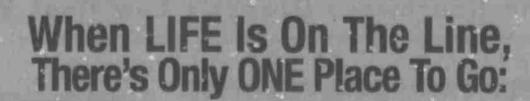
TDA office, or write the foundawith the Texas Department of tion at Box 5089, Abilene, TX

79608 to obtain a brochure.

http://info.sos.state.ex.us

Eradication Foundation is a non-Information is also available profit, grower-initiated and fund-

ed organization dedicated to eliminating the petton boll weevil The Texas Boll Weevil from the state in the most costeffective and environmentally responsible manner possible.





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AOH H

for the LISD Bond Proposal Tuesday, August 24, 2004

Citizens' Bond Steering Committee Chairman Dan Pope urges you to vote for the 2004 LISD Bond Proposal!

"This request for your support has not been undertaken lightly. To the contrary, our 20-member citizens' committee scrutinized the issues for nearly four months before recommending this \$98,845,994 bond package." - Dan Pope



Dan Pope

* Technology * Facilities ★ Capital Improvements

How will the bond affect me?

All of the bonds will not be sold in the first year but will be sold over the course of three to four years to accommodate construction schedules. Therefore, any tax rate increase will be phased in over a three- to four-year period. There will be no increase in the upcoming 2004-2005 school year. It is estimated that once the bonds have been sold (by 2008 or 2009) the net increase in the tax rate will range from 4.5 cents to 9 cents. Using the current average home value in LISD of \$84,411, the monthly tax increase will cost somewhere between \$2.60 to \$5.21 per month.

Early voting continues through Friday, August 20, 2004, at the locations below:

LISD Central Administration Building (1628 19th) South Plains Mall (6002 Slide) Albertson's Food and Drug (3249 50th)
United Supermarket #501 (2630 Parkway Drive)
United Supermarket #503 (112 North University) United Supermarket #505 (401 Slide) United Supermarket #506 (1701 50th United Supermarket #543 (8201 Quaker) United Supermarket #537 (2703 82nd Lubbock County Courthouse (904 Broadway)

Ad paid for by the Flight Plan for the Future SPC, Dan Pope, Treasurer.

It's Revival Time! spread The Word REVEREND Michael Gentry Findlay Ohio Theme: Rebuilding The Walls" 7:00 pm Nightly: August 24 - 27, 2004 Sunday August 29, 2004 Hopewell Missionary Baptist Church Reverend John M. Gentry, Pastor Petersburg, Texa-Phone: 806.667 0431

Do You Know A Child Who Deserves To Be Recognized?

In 2004, The Avalanche-Journal And Its Make Kids Count Sponsors Will Keep The

Each Day The A-J Will Introduce You To A Local Child Who Is Going Above And Beyond To Do Good Things, The Right Things!

If You Know Of Such A Child, We Want To Know, Too. Be It Neighbor, Pupil, Friend Or Relation, Help Us Tell The World About These Special Kids!

NOMINEE INFORMATION Parents name: PARENTS SIGNATURE: Parents Address: Daytime phone (parent): On a separate shoet of paper 1) briefly tell us about your nominee and 2) list the accomplishments of your nominee. NOMINATOR INFORMATION Relationship to nominee:

Daytime phone: Do you want your namination to be anonymous ?:

Did you include a good quality photo of the child?: Phones will be returned only if a self-addressed stamped sevelope is included.)
SPOTLIGHT ON KIDS BULES

() No purchase necessary. Himmodium forms will appear periodically firmuphost the year in the Availanche-Journal and at Make Kids Court spensor tuninesses second town. Force also are available at The A-J Information Country, 710 Avenue J.

23 Plantination factor can be mailed for Spelliglis On Kills, R.O. Sins 491, Labback, TX 79408, or can be dropped off at the A-J beforesten County, 710

2) All information, trickiding a reproducible phonograph of the child, must be included. INFORMATION AND INCLUSE WILL NOT APPEAR IN THE ALL WITH. OUT VERHICATION AND SIGNALURE FROM A PAR-ENT OF LEGAL GUARDIAN. Wester will be returned OHEY if a self-addressed storaged emologie is laided

4) Only one Spollight On Kish nomines will appear it the Ari each day.

5) Selection will be made by A-1 pursooned bound on the completeness of information, parental approval and the murits of the nomines, including family conaderators, chanchip, vulneturium, desurcon aci ties and accomplishment, good behavior, shurch involvement, earning for others, six-

All nonlinear spins to allow their names, and plus tographs to be published in the Avaloration-boursel without further companyation.

7) The Amsterche hazared is not responsible for submitted entries that are temperated, late, last, missions and demagnet, Baghile, Incomplain or pustage due.

LINEOUX AVALANCHIE-JOURNAL edinoralisigue ecceptores of the rules and agrees to he bound to them. & Southwest Digest

LUEBOCK AVALANCHE-JO-

Way To Go Carli Jordan!

Spotlight on Kids

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