

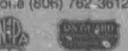
ADVERTISERS BECAUSE THEY SUPPORT TOUS

Lighting the road

March 13 - March 19, 2003

Worth More!

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An Independent Pictorial Newspaper for All People : Primarity Serving the Black Population of Lubbook County and the Surrounding Area . Black Press of America

Lubbock to be first city in nation to host medical training program for weapons of mass destruction

Lubbock will be the first city in the nation to host a weapons of mass destruction (WMD) train-

program for medical personnel. The three-day event is set for March 18-20, with a field exercise on March 20.

Known as the Integrated Health and Medical Weapons of Mass Destruction (WMD) Training Program, it is considered by many to be a training breakly sugh, i.e., the "first of its kind" course that fully integrates three critically important groups of medical and Lealth care professionals who respond across the WMD patient care continuam. Those these groups are; first responders (ENS), hospital emergency department clinicians and technicians; and hospital administration staff.

The first two days of training will take place in the classroom. The final day will be a fie'd exercise based on a simulated chemical release; Participants will respond to the scere and transport "victims" to various city nospitals. The City will activate the Emergency Operations Center and local media also will participate in the exercise.

The course is delivered using a combination of learning/training methods including lectures

ticipant activities, case studies, in bletop exercises, immer patient simulated, and a realistic field exercise. The intended training audience is readical and health personnel who would normally participate in an integrated response to a WMD incident and provide mass care to casualties and victims.

The training was developed in three pil 1 courses conducted in 2001 for the U.C. Public Hauth Service (USPHS), in partnership with the Department of Justice (LOJ) Office for Domestic Preparedness (ODP). The training is scheduled for three different U.S. cities, with Lubbock being the first. The training is detivered by the National Emurgency Response and Rescue Training Center (NERRTC). Texas Engineering and Extension Service (TEEX), and is funded by the Centers for Disease Control and Prevention (CDC).

Community Meetings

* Lubbock Area Client Council Second Saturday, 1:00 pm * 1-tor-Simmons Community Centh Hub City Kiwanis, Every Tuesday Night, 7:00pm, 1708 Average G.

* Dunbar Alumni Association 2nd Saturday 4pm · Booker T. Washington American Legion Post 808 2nd Tuesday 7:30
• Forgotten West Riders, Front & Third Monday, 7:00 pm, T. J. Patterson Library . East Lubbook Chapter AARP. Every 1st Thursday at 1 pm, Mae Simmons Community Center, Oak and 8th St.

*Lubbook Change of Black Alumni 3rd Tuesday, 5:30 pm, 777 Merket Center

We would like to publish your monthly meetings. If you would like for an announcement to appear in this paper, please get it to us in writing by mailing it to:

Community Meetings C/O: Southwest Digest P.O. Box 2553 Lubbock, Texas 79408 or bring it by the Southwest Digest office at 902 East 23rd Street

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Classified. page 7

El Salvadorian Man Receives Med Attention at Covenant Health System

Éddie P. Richardson

Jose R. Tercero, a resident of San Salvador, El Salvador, came to Lubbock several weeks ago for medical reasons. He came because Lubbook had the best facilities for his medical condition and it was not available in his home country.

Jose's condition is sileut, and is not yet diagnosed. A lot of professional athlete, die from this medical condition which is a form of aneurism. It was discovered in El Salvador. The hospitals and other medical facilities were in a strick posture and there was an uproar. He had become very ill. Time was ranning out.

With his contact with a Lubbock resident, Lee Stafford, an arrangement was made for him to receive treatment in Lubbock. Because of his experience in the medical community of Lubbock, he has a mission to arrange for and get surgery for young people who live in al Salvador. He wants to help young people.

Jose's experiences are very varied on an international level. He is a very interesting young man with many ideas.

The team of local medical professionals who assisted in Jose's condition were Dr. Michael Dancinck, cardiac anesthesiologist, Dr. Donald Bricker, surgeon at Covenant Health System, and Dr. Paul Walker, cardiologist.

This case represents one of the most dangerous procedure, and it can only be performed by senior most master surgeon, Dr. Bricker.

Jose has made a speedy recovery and is a very positive person from such a dangerous surgery which took approximately five hours. His speedy recovery is attributed because of the superb medical attention, his own physical stamina and most of all, God almighty, stated Dr. Danchak.

Jose attributes has excellent treatment and professional care to the staff at Covenar + Health System, beginning with Charlie Trimble, CEO; MD's, surgeons, nurses, and ten entire Covenant

staff for his successful surgery and speedy recovery. He will still be observed for a period of time before he will be totally released to return home.

Here is a brief list of some of Jose*s accomplishments which are national and international: -Lic. JOSE ROBERTO TER-CERO, LLM -Born in San Salvador El

Salvador, September 16, 1958. -James Lick Junior High, San Francisco, California, 1970 -1973 -American High School (estaplished under President Kennedy's Airiance for Progress)

San Salvador, 1976. -Bachelor of Laws, University of El Salvador, School of Jurisprudence and Social Sciences, 1977-1980.
-License in Juridical Sciences,
Universidad Nueva San Salvador,

-Admitted to practice, Supreme Court of Justice of El Salvador, -Fulbright Scholar, sponsored by

the United States Information Agency, 1997 - 1998 -Master of Laws, Tulane University School of Law, New Orleans, Louisiana, 1998. Concentration in International Trade, Finance and Banking, and Alternative Dispute Resolution.

-Certificate in Advanced Studies in Commercial Arbitration, Tulane Dispute Resolution Group, 1997, -Admitted Member, United Kingdom Chartered Institute of Arbitrators, 1999.

-Member of the Training and Education Committee,

Foundation for International Commercial Arbitration, The Hague, Netherlands, since 2001. -First Registered International Arbitrator, Chamber of Commerce of Guatemala / Interamerican Development Bank ADR Project, since 2000. -Acted as consultant to the Special Committee on Finance and Banking of the Legislative Assembly, Republic of El Salvador, for the new Banking Act and Non-Bank Financia, Intermediaries Act, 2000. -Consultant to the Surreme Court of El Salvador on reforms to the Contentious-administrative Jurisdiction Act since 2002 Academic Positions: -Professor of Administrative Law, Universidad Salvadorena Alberto Masferrer, 1989 -1991.
-Professor of Constitutional Law, Universidad Tecnologica de El Salvador, 1994 -Since February 2002, Professor of Law, Universidad Centromericana "Jose Simeon



Texas Tech University Awards Honorary Degree to Voice of the Red Raiders

University will award an honorary degree to long-line Texas Tech sports broadcaster Jack Dale during the May commencement ceremonies.

Dale retires this year after 59 years of broadcasting Texas Tech Red Raider basketball games. Dale, who like this would ever come is called the "voice of the Red Raiders," was the radio play-by-play broadcaster for Texas Tech football for 47 years. He retired from that job in 1999.

The Texas Tech University System Board of Regents approved the degree during its February meeting. "Jack Dale has been an

important part of the Texas Tech family for half a century," said Donald R. Haragan, Ph.D., interim president of Texas Tech. "He has been a friend and most importantly a goodwill ambassador for this university. For many people Jack is how they know Texas Tech. I'm pleased we could honor him and his service to awarded for outstanding

LUBBOCK - Texas Tech the Red Raiders in this way."

"I was astounded when I read the letter that the Board of Regents wanted to give me this honor," said Dale. "You could have knocked me over with a feather. I never dreamed something my way."

Dale began his Lubbock radio career in 1952 at KFYO. He, began-doing play-by-play of Texas Tech basketball in January 1953. Since then, he has called games in the Border Conference, the Southwest Conference and now the Big XII. He has followed the Red Raiders from the old Texas Tech barn to the coliseum and now to the United Spirit Arena.

"My association with Texas Tech means a lot to me, mainly because of the association I have had with the players and coaches and fans," said Dale.

Honorary degrees can be

If you find mistakes in this publication, please

consider that they are there for a reason.

We publish something for every-one, and some people are

always looking

for mistakes.

public service, scholarship or other contributions in the public interest. Spring com-

mencement is set for May

17 in the United Spirit

Arena.

Killeen, Texas - The third annual Texas Youth Advisory Commission Summit was held February 28 through March 2,

2003, in Killeen. It was the first statewide summit planned by students for students. The Youth Advisory

Commission is a city-run organization which allows eight to 12th grade students to learn about local government and community services. Host for this event were Killeen students who met twice monthly and attended at least two city council meetings each year.

City councilman T.J. Patterson of Lubbock, was in attendance. "This was something we begun when we were Texas Municipal, League president, and to see how far it has come is great," said Patterson, "It was a good idea then, but to see what youth can do is tremendous."

About 225 students and adult leaders from 22 Texas cities attended the summit and shared

ideas on community service projects, how to fix local problems, and the benefits of volunteering. Participants also learned about Worth the Wait abstinence program, city council eriquette, and how to start a YAC program.

Canas".

exas Youth Gather

The two-day event allowed students to attend three of the six sessions, watch a talent show and perticipate in a Texas Relay for Life Community service project.

Participating ciries were Boys and Girls Club of Collin County, City of Frisco, City of McKinney, City of Piano, City of Carrolton, City of Copperas Cove, Fort Lood Youth Services, City of Harker Heights, City of Hereford, City of Highland Village and City of Houston.

Also, City of Killeen, City of La Porte, City of Lake Jackson, City of Longview, City of Mesquite, City of Navasota, City of Port Arthur, City of Temple, City of Waco, and City of Wharton.

14" Annual Mayors' Beans and Cornbread Luncheon

Hospice of Lubbock's 14th Annual Mayors' Beans and Cornbread Luncheon is set for Friday, April 25, 2003 at the Lubbock Memorial Civic Center from 11:00 a.m. - 1:30 p.m. (come & go). Tickets for the Mayors' Beans & Cornbread Luncheon are 310 and may be purchased on the day of the event at the door or in advance at Hospice of Lubbook located at 1102 Slide Rd., #3 in the Redbud Center. Children under 5 eat free. Entertainment will be provided by Don Caldwell and the Lublock Texas Rhythm Machine with stars from me Cactus Theatre. There will also be a silent auction and door prizes. Now in it's 14th year, the Mayors' Beans & Cornbread Luncheon has become a tradition in the Lubbock community with over 2,000 people attending yearly.

Mayor Marc McDougal will be joined by several mayors from other South Plains communities served by Hospice of Lubbock. Business and civic leaders and volunteers well known in the community also contribute by serving as members of the

Mayors' 109, Acting as honorary co-hosts with the mayors' they perform such duties as serving tea

and bussing tables. The Mayors' Beans & Combread Luncheon benefits Hospice of Lubbock and supports non-funded and under-funded hospice patients, programs and services. As the regions' only nonprofit hospice organization, Hospice of Lubbock is committed to the highest quality of compassionate care and support for the terminally ill and their loved ones regardless of their ability to pay. Funds raised by the Mayors' Beans & Cornbread Luncheon help support the services and programs provided by Hospice of Lubbock. While Medicare, Medicaid or private insurance covers most hospice services provided, some patients have no funding source.

Hospice of Lubbock's promise to the communities that are served (Lubbock and 18 surrounding counties) is that no one will be turned away in need of hospice care, regardless of their funding

Since admitting the first

patient in 1987, Hospice of Lubbock has served over 3,000 patients and families in this area. It also continues to provide bereavement programs for adults and children to the families of hospice patients, as well as to the

public, at no charge. Hospice care and support is provided through an interdisciplinary team comprised of the patient's physician, nurses, social workers, chaplains, certified nurse's aides and hospice-trained volunteers. This team approach enables Hospice to meet the patient's physical, emotional, spiritual and social needs. Referrals to Hospice of Lubbock may be made by anyone, but most often come from physicians, families and friends

Not only is the Mayors' Beans & Combread Luncheon a fun time for all who attend, it also offers a unique opportunity to contribute to the needs of persons in Lubbock and surrounding communities who are facing a terminal illness. For more information about the Mayors' Brans & Combread Luncheofi or Hospice of Lubbock, please call 795-2751.

Fashion

by Shirley Roterson

PANEL PANTS

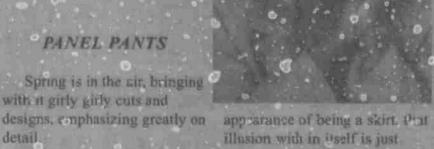
Spring is in the gir, bringing with it girly girly cuts and detail

One great example of this is another way of getting attention the PANEL PANTS.

These pants are ready to make a fantastic spring grand entrance.

Pants are beautifully surrounded by four panels of light their thing this spring.... weight material on the front and back of each leg, the panels flow loosely, freely and elegantly from the waist line to the hem line.

As you move ladies they move, and at times giving the



Panel pants looks great with long jackets and blazers, each adding a certain amount of class to the effect. You are going to see a lot of panel pants doing

TRY IT, YOU WILL LIKE THE FEEL, HAVE FUN

Tip.... Always wear a smile FASHION, JUST FOR THE FUN OF IT

It's The A-J's Make Kids Count \$10,000 Scholarhip 4-8-Year-Olds

a 2003, The Avalanche-Journal, as part of its Make Kids Court compaign, will again hold four and each quarter - \$10,000 scholarship givenways!

Children of all agas will be able to perficient educing the
course of the year. The second givenway is open to 4-8-year-ales.

Enter using the coupon below. Fallow off the rules and get your entry to us by Ma. ch. 28, 2003. This contest is open to children born between Jan. 1, 1995 and Dec. 31, 1999.

Give you child the chance to wis a \$10,000 adminiship fend from The A-A.

SCHOLARSHIP GIVEAWAY RULES The Lubback Avaluaths-Inemial, as part of its Make
Kids Count project, will provide a \$10,000 U.S. Savings fond to the niming child who mores all aligibility

2) The common is open to all children hors brownen Jan. 1, 1905, and the 31, 1909, to pure, or purent who are 115, concern and residents of the Academics-Journal's bosto rewapages advers area, which includes senses in West Towas and Lancon New Mexico.

O Employees of The A-I and Morris Constantenious Corporation and these immediate families are not eligihis to puracipus.

4: No purchase is recommen.

Child's Name.

Parents Signature

Grandparents Name

Si (Hilicial entry forms will appear regularly in The Assistanche Journal ster ago March 26, 2003, or can be obtained in The A J It. — amon Counter, 710 Aug. 5. 1 obback, between the Bears of 8 a.m. and 5 p.m.

envelope. All other photos will be thrown , vay.

Mail to: Scholarship Giveaway

Age: 4 Years - 8 Years

Lubbock Avalanche-Journal,

P.O Box 491, Lubbock 79408

6) A copy of a legal birth certificate and a reproducible photograph of the child must actomputy coch cony form. Alt a may forms now be completed in tice

To Deadler for every is 5 p.m. Fidder Alarch 28, Emrura received after March 78 will not be accepted. Learness can be mailed to MAKE KADS COUNT SCHOLAR. SHIP GIVEAWAY, PO But 401. Lichnick 79408, or dropped off as The A. J. Information Courses.

S) All r . tomants space to allow dute names, perment hird incommon and plumpraphs to be published in The Arabatche-Fournal without Further compensation. ted emptes that are invented, late, limit standarded.

duranged, illegible, incomplete or postate due. 105 Commi winner will be described through a sories random drawings. I from the total number of cruties, manues, will be drawn as tringings. T - sec 64 names &: Se habeed - 52, 16, 6, 4, 2, 1) weekly usual the win-

Zip Code

LUBBOCK AVALANCHE-JGURNAL

Payents Nume

Address

REMEMBER TO INCLUDE YOUR CHILD'S PICTURE AND A COPY OF BIRTH

XERXIFICATE! If you would like the photo returned, include a self-addressed stans

nor is announced on Menday, May 26, 2003.

11) In addition in the \$10,500 U.S. Savings Bond swarded to the winner. The A-J will present a \$3,000 Springs Bond in the runner-up \$1,000 floring Blands to site other rom quarter extrem \$500 Suring Bonds to the other liver evenies while mane the round of eight, and \$100 Soving Bends to the other eight critics who make the round of 46. All Savings Houds will be issued in the

12) The Eastweek Avalanche Journal may solupe or attend roles and regulations governing the procedures for claiming, dispersing and supervising the an artis.

(3) By differing, each committee or shote representative ecknowledges acceptance of the takes and agrees to be Print'-ct for Khotel

& Southwest Digest

\$45 Decisions of the control reputation are final.

NWP Growers Give **Vote of Confidence** in Eradication

(ABILENE) — Cotton producers in the Northwest Plains Eradication Zone have become the latest growers to affirm their commitment to boll weevil eradication.

Results from a retention election held last month showed more than 83 percent of the voters in favor of continuing eradication in the

zone. The Northwest Plains began eradication in 1999 and is on the verge of eliminating boll weevils from the area's cotton fields, as pheromone trap catches have fallen to the point where only an average of 9 weevils were caught for every 10,000 traps inspected during the 2002 growing sea-

This represents a decrease in the zone's weevil populations of more than 99 percent.

"We were real pleased with the way the vote turned out," said John Savior, the

zone's representative on the Texas Boll Weevil Eradication Foundation Board of Directors. "It just reaffirms that what we're doing is right, and everyone is committed to finishing the program."

Saylor was re-elected to his position on the board in the election.

"Our board members have kind of adopted a saying these days: A good investment, finish the job," said Lindy Fatten, executive director of the foundation.

"Growers across the state seem to agree that eradication has been a good investment, and like the Northwest Plains producers, they've shown their commitment to finishin the job with their votes."

Growers in active boli weevil radication zones in the state must vote even four years whether to continue eradication activities in their

Bry and A DELION ATMOS + Spring United Survey COM South Plains Food Bank Seeks Funds to Double Through **Matching Challenge**

For the sixth consecutive year, the South Plains Food Bank of Lubbock is facing a special challenge. It's called "The Feinstein Challenge"; and, in simple terms, it's a Rhode Island philanthropist's way of fighting hunger.

director, David Weaver, says the Alan Shawn Feinstein Foundation is again pledging ur to \$1 million to match

funds raised by hunger organinations across the country. To quality for the matching funds, gifts to the South Plains Food Bank must be received between March 1 and April 30 of this year.

Information is being sent The Food Bank's executive out to thousands of prospective donors in this region, but details may also be secured by calling the Food Bank at 763-3003.

Each week, more than 4,400 people receive meals—

and some needed hope-from the Food Bank and it: 246 member-agencies; and the demand is growing. Weaver says, "While we are working to feed the hungry, other forces in the economy are at work increasing the number of people turning to us for help.

Weaver adds, "Every dollar we receive in donations generates more than \$27 worth of donated food."

Texas Tech Hosts **Economic Development** Summit

LUBBOCK - Texas Tech University is among the sponsors of a seminar designed to help businesses learn how 10 do business with state agen-

The West Texas Economic Development Summit is set for March 25 at the Lubbock Memorial Civic Center, 1501 Sixth Street.

"We hope this economic summit will help businesses, large and small by allowing them to find out about procurement opportunities that exist statewide," said Bubba Sedeno, manager of Texas Tech HUB Operations Office.

The day-long seminar that runs from 9 a.m. to 4 p.m., features workshops and a chance to register with public sector supplier databases and make contacts to secure subcontracts and prime contracts. A variety of booths featuring regional contractors and agency buyers also will be set Commission.

Pre-registration deadline is March 7 for businesses or agencies wishing to set up an exhibition booth. The registration fee for state agency

representatives is \$200, it's \$250 for non-state agencies. The fee covers two people. There is a \$25 charge for each addition representative. There is a \$50 fee for registration after March 7. Registration for the lunch-

eon only is \$10. Admission to workshops and the exhibition is free. For more information, contact Sedeno or Date Garcia as Texas Tech HUB Operations Office at (806) 742-4440 or e-mail bubba.sedeno@ttu.edu.

The summit is sponsored by Texas Tech University, Market Lubbock Inc., the Texas Department of Transportation and the Texas building and Procurement



CORNER

by Clarissa Jay

This writer wants to thank all of you for all the telephone calls and compliments about this new column. As many of you way know, this column begun is really continuation of the "Ruby Jay Corner", a lady who did well each week advising all of us of what was really going on in our community. Now as her daughter, this space will be tilled each week because of what she meant to me. It will be our obligation to fill this space with citizens who are visiting our city. Also, we want to advise the community of the various community meetings.

We want to announce those persons who are having birthdays or celebrating a wedding anniversary. This year, this column wants to report to you of those educators who are retiring this year. After all, those persons have toiled for many years with our children. So let's salute them.

So again, thank you for all you have done to encourage me. You may write to me; Chatman Hill Comer, Attn: Clarissa Jay, P. O. Box 2553, Lubbock, Texas 79408. Looking forward to hearing from you.

The New Hope Baptist Church, 2202 Birch Avenue, is the "Church Where The People Really Care" and Rev. Billy R. Moton is the pastor. If you are looking for a church home, then come and visit with us, You will be glad you did so. God is able!

Sunday School began last Suaday morning with all teachers at their post of duty, beginning at 9:30 a.m. Ail students received thirty minutes of instruction, and marched to the main auditorium singing God's praises. What a time had in Sunday School. If you are not attending, then do so as soon as possible. You will be glad you did so!

After prayer, high points of the morning lesson were given. This being Youth Sunday, all had a wonderful time about the Lord.

The morning devotion was conducted by the Youth and were assisted by the Praise Team. What a time all had in rejoicing the Lord.

The Youth Choir marched in the morning processional singing out of their hearts and souls. Altar prayer was offered by Rev. Mercelle McCutchin. After a selection by the Youth Choir, the morning scripture was read by Sister Pam Moton. The morning prayer was given by Brother Hector Blakes. The morning hymn was "This Is The Day The Lord Has Made.'

After the responsive reading, Pastor Moton gave his pastoral observations. As always, he leaves all of those present with some-thing to feast on during the apcoming week.

Pastor Moton's sermon was entitled "Every Child Of God Should Be Like A Tree." His scripture lesson was Psalms 1.1-3. What a wonderful message.

After the invitation to discipleship was extended, announcements of the morning were read by Brother Leonard Wilson, Brother Cleo Hodge.

Let us continue to pray for our sick and shut in citizens as well as those who have family members who are deceased.







CHURCH DIRECTORY





WHY WORRY, TRUST IN GOD"

1 JOHN 2:15, LOVE NOT THE WORLD, NEITHER THE THINGS THAT ARE IN THE WORLD. IF ANY MAN LOVE THE WORLD, THE LOVE OF THE FATHER IS NOT

BEFORE I GOT SAVED: AND FILLED WITH THE SPIRIT OF GOD, THINGS OF THIS OLD WORLD: ALWAYS DID! THEY UPSET MY HEART

MATTHEW 5:3, JESUS SAID, BLESSED ARE THE POOR IN SPIRIT FOR THEIRS ARE THE KINGDOM OF HEAVEN

LWAS ALWAYS WORRYING AND UPSET: ABOUT THE WORLDS THIS AND THAT BUT LES ME TELL YOU PEOPLE: I WAS TRULY ON THE WRONG TRACK: MATTHEW 11:28, JESUS SAID, COME UNTO ME. ALL YET HAT LABOUR(WEARY) AND ARE HEAVY LADEN(OPPRESSED), AND I WILL GIVE YOU REST.

THE DAILY NEWS KEPT ME PEAVY LADEN : AND TEAT WAS ALL THE TIME, WORKYING ACOUT WHAT WAS GOING TO PAPPEN, IT ACMOST BLEW MY

REVELATION 3/20, IRSUS SAID, BEHOLD(LOOK), J STAND AT THE DOOR AND KNOCK: IF ANY MAN HEAR MY VOICE AND OPEN THE DOOR, I WILL COME IN TO HIM, AND WILL SEP WITH HIM, AND HE

I OPEN THE DOOR OF MY HEART, AND JESUS CAME INTO MY LIFE, NOW MY LIFE IS SO SWEET BECAUSE IT IS FILLED WITH JESUS CHRIST

MATTHEW 11:29,30, JESUS SAID, TAKE MY YOREITHE HOLY BIBLES UPON YOU, AND LEARN OF ME, FOR I AM MEEK AND LOWLY IN HEART: AND YE SHALL FIND REST UNED YOUR SOULS- FOR MY YOKE IS EASY, AND MY BURDEN(HIS WORD) IS

NOW THAT IS THE PROBLEM: OF MANY PEOPLE OF THIS DAY, THEY NEED TO OPEN UP THEIR HEART. BECAUSHITESUS IS THE WAY.

MICAR 7.5 THE LORD SAID TRUST NOT IN A FRIEND, PUT YE NOT CONFIDENCE IN A GUIDE: KEEP THE DUCKS OF THE MOSTH FROM HER THAT EIETH IN THE BOSOM, FOR THE SON DISHONOURETH THE FATHER THE DAGGETER ROETH OP AGAINST HER MOTHER, THE DAUGHTER IN LAW AGAINST HER MOTHER IN EAW

A MAN'S ENEMPES ARE THE MEN OF HIS OWN.

MANY PEOPLE HAVE BOUGHT MUCH PLASTIC : AND SO MUCH LUCK TAPE, FOR THE SAFETY OF THEIR HOMES; BUT ITS JESUS; HE IS THE ONLY WAY. TROUBLED SEA, WHEN IT CANNOT REST, WHOSE

WATERS CAST UP MIRE AND DIRE. THERE IS NO PEACE, BAITH MY GOD, TO THE WICKED. IT DON'T MATTER WHAT WR. SADDAM HUSSEIN

DO: IT PART OF GOD'S PLAN, THE BIBLE SAID, WHEN YOU HEAR OF WAR (YOU MUST BE READY: UNDER-STAND.

MATTHEW 2416, JESUS SAID, YE SHALL HEAR OF WARS AND RUMOURS OF WARS: SEE THAT YE BE NOT TROUBLED: FOR ALL THESE THINGS MUST COME TO PASS, BUT THE END IS NOT YET.

WHEN YOU RECEIVE JESUS INTO YOUR LIFE: YOU BECOME OFW; AND LIFE IS SWEET, YOU NOW HAVE THE POWDER: TO PUT THE DEVILS HEAD UNDER

JUST BECAUSE OUR MONEY HAS: IN GOD WE TRUST: IS THAT THE TRUTH! () ISAIAH 54:17a, THE LORD SAID, NO WEAPON THAT IS FORMED AGAINST THE SHALL PROSPER

WRITTEN BY BYLLY BJ. MORRISON, EM, YOUR BROTHER IN CHRIST JESUS ALWAYS.

Bethel African Methodist Episcopal Church

2202 Southeast Drive 806-744-7552 Pastor's study 806-741-0208 dpocbethet@aol.com

Intercessory Prayer 8:30am Church School 9:30am Morning Worship 10:50am Evening Worship 6:00pm Wednesday Bible Study 12:00 Noon and 6:00pm



"God Our Father, Christ Our Redeemer, Man Our Brother" Pastor: Danny R. Poe



from the Desk of Parson D.A. Smith God Gives the Victory"

these (Russia vows to block U. N. War reso-

lution; Annan warns against Irac war without United Nations; Pakistan finding it very difficult to support Iraq War; France, Germany, Turkey, and our neigh-bor bordering the southwest, Mexico are showing their true colors toward the United States) we need to support the leadership and soldiers of the United ism. States of America. I suggest that those who reap the many blessing, comforts, protection and other things that make life worth living, and want to support while I support free speech, I do not support boneheaded speech.

In times like Trade Center towers in New York, collapsing both towers. Pentagon in Washington, col- to be in, but God had put them in . lapsing one side. The fourth it to force a final showdown with plane crashes in a Pennsylvania the Egyptians and to display His field. The death to!! exceeds power and love for the Israelites. 3,000 lives. President George W. Bush has responded with a global attack on terrorism. The Bush Administration has connected Saddam Hussein, the Dictator of

another country's views, pack between an oncoming Egyptian your "stuff" and LEAVE! 0 yes, army and the Red Sea. The between an oncoming Egyptian saw the hopelessness of their lot. people.

Trapped between the Egyptian's army and the Red Sea Another plane is crashed into the seemed like a hopeless position

The Lord commanded Moses to stretch out his staff toward the sea. Moses obeyed. and God drove the waters back by a strong east wind, turning the Iraq with state-sponsored terror- muddy bottom into dry land. At this location strong winds fre-What America has recently quently sweep off the desert with experienced, the children of amazing force. But this time Israel of the Bible found them- God so controlled this wind that selves in long ago. These people it miraculously divided the found themselves trapped waters and created a roadway for Itrael's safe passage.

As God's people marched Hebrews (like our government forward obediently throughout knows about Saddam Hussein the night, they found that the Terrorists with connections and his puppets around the same water that earlier had out to Osama Bin Laden (public world) knew the power and cru- off their escape now was safely enemy, no. 1) hijack four aircraft elty of the Egyptians from per- pushed back to either side of Two are crashed into the World sonal experience, and quickly them. The Lord delivered His

God's miraculous rescue of the Hebrews at the Red Sea and the destroying of the Egyptian army that pursued them was a vital ingredient in transforming a group of escaping slaves into the nation of Israel it is true that these people had not then the last of danger and double but they caught sight of God's lovingkindness and His almighty

Could it be if the people of . Iraq are delivered from the evils of their oppressors, they will come to know the true God? Skeptics need to realize that God ways are far beyond their finite intellects.

"Thus the Lord saved Israel that day out of the hand of the Egyptian;... and the people feared the Lord, and believed the Lord, and his servant Moses." Exodus 14:30a, 31.

The Outreach Prayer Breakfast

What an awesome God we serve. He is Lord almighty, omnipitent King. Lion of Judah. Rock of Ages, Prince of Peace. King of Kings, Lord of Lords, Provider Protector, Paternal Leader, Ruling Lord, and Reigning King of all the uni-

He is Father, Helper, Guardian and God. The First and * Savior. He is our Guide, he is the Last, the Beginning and the Fnd. He is the Keeper of Creation and the Creator of all he Keeps. The arciitect of the universe and Manager of all times. He is the Formula of Living Water he always with, is and will be unmoved, unchanged.

The World can't understand him, and the leaders can't replace him, Herod couldn't kill him, the Pharisees couldn't confuse him, the people couldnt' hold him, Nero couldn't crush him, Hitler couldn't silence im,

the new age cannot replace him.

He is Light, Love, Longivity, and Lord. He is Goodness, Kindress, Gentleness, and God. He is Holy, Righteous Mighty. Powerful, and Pure. His ways are Right, His Word Eternal, His Will is unchanging and his Mind is on Me and you, he is our Redeemer, he is our our peace, he is our Joy, he is our comfort, he is our Lord.

We serve him because his bond is Love, his burden is light, and his goal for us is abundants iffe. We follow him because he is the Wisdom of the wise. The

Power of the powerful, the Ancient of the Days, the Ruler of the rulers, the Leader of the leaders, the Overseer of the overcomers, and the Sovereign Lord of all that was, is, and is to come.

And if that seems unimpressive to you, try this on for size. His hand measures the

expanse of the stars and yet he knows the very count of the hairs on our heads, his goal is a relationship with us, he will never leave us, forsake us, mislead us, forget us, overlook us and never cancel our appointment in his appointment book.

When we fall he picks us up, when we fail he forgives us. When we are weak, he is strong. If you are lost, he is the Way. When you're afraid, he is courage, he does not give you the Spirit of fear, when you stumble, he's there to steady you. When you hurt, he will heal you. If you're blind, he will lead you, when depressed, he'll pull you out. When scressed, he will lead you by still waters. If you're hungry, he will feed you. When facing triar), he is with you. When you face loss, he provides for you and I.

He is everything for everybody. Everywhere. Everytime and in everyway. He is God, He is faithful. If you're his and he is yours, you have everything you

need, and if you're wondering why we feel so secure, understanc this, he said it, we believe it, and that settles it. God is in control, that means all is well with out souls. Keep praying for others, keep doing those drive by's you might not can See the Result. What does Heb. 11:1 say? Faith is the substance of things hoped for the Evidence of things not seen.

Pray for you're neighbor as they drive for work that they may have a safe day- as you pass the schools, churches, let us all become intercessors. Thanks for reading Precious People. II Corinthians 7:14 Mark

11:22-26 Acts 1:8

Sister Dorothy Hoody president; Sister Christene Buleson, vice president; and Sister Joyce Ross, secretary P.S. Saints, don't spend your

time talking about how dark the world is getting, spread some light in it. Remember out Lord is the Light of the World.

Paul Quinn College Celebrates 131 Years of Existence

Dallas, TX - Paul Quinn College will celebrate its 131st anniversary during Founder's Week, March 17-23, 2003 with several activities and events to highlight the history of the campus.

The week-long activities includes an exciting mix of cultural presenta-

tions, alumni activities, student-led events, religious services and celebrations - all designed to reunite former Paul Quinn Coilege students, alumni and energize the College's strong Tiger Spirit."

Among the presentations include "Letters to My Father" a play written by Dr. Njoki McElroy and directed by the nationally known director Latteras R. Whitfield; a feature presentation by Ann Williams of the Dallas Black Dance Theat e that will include a mixed repertory of modern, jazz, ethnic, and spiritual works; a reunion of Bishon College alumni; the Parade of Churches featuring Hamilton Park Baptist Church Male Chorus and a scholarship banquet benefiting the college's International students.

The highlight of the week is the Founder's Day Convocation which pays tribute to the 131 years of the institution's existence and features an

academic processional and memorial service. A special dedication and renaining of the administration building in honor of A.M.E Senior Bishop and former Paul Quinn College President John Hurst Adams immediately follows the convocation.

Many of the events are designed to generate funds for Paul Quinn College and the United Negro College Fund. The funds will be used to upgrade campus facilities, increase-student support and increase the scholarship fund for future leaders of tomorrow.

The \$52 Community fundraising campaign, was launched by Willis Johnson, KKDA Radio Personality, Board of Trustee and strong supporter of the Paul Quinn College for more than a decade. Johnson uses his "on air" opportunity to promote community activities which include the highly successful Bishop Five Plus One Revival fundraiser which raised more than one million dollars for the College over the last decade.

"It is important for us to continue to support historically black colleges." said Johnson. "We are lucky to have one right here in Dallas and we should all make a concerted effort to help Paul Quinn College continue to educate future leaders."

The \$52 Community Campaign urges supporters to contribute funds that will help Paul Quinn

College's endowment "Endowed funds will boister the stature of the Paul Quinn College, increase our enrollment and help strengthen our campus" said Dr. Dwight Fennell, President of Paul Quinn College. "The institution is currently enjoying a growth in enrollment, with current student population on a 10 year record high."

Paul Quinn College was founded by a small group of African Methodist Episcopal circuit-riding preachers in Austin, Texas, April 4, 1872. The College was opened by the African Methodist Episcopal Churchy under the leadership of Bishop J. M. Brown. Founders were A.M.E. ministers: Bishop R. H. Cain, The Revs. J. H. Armstrong, W. R. Carson, J. V. Goins, Abraham Grant, William Leake and Henry Wilhite. In 1877, the College was moved to Waco, Texas, and was established as a modest one building trade school at Eighth and Mary Streets, where the Missouri-Kansas-Texas Railway Station now stands. Here, newly-freed slaves were taught the skills of blacksmithing, carpentry, and tanning and saddle work inside the walls of the modest institution. To construct the first building, a "Ten Cents a Brick" campaign was launched throughout the A.M.E. congregations. Thus, pennies of desperately poor people built the first solid monument to their dreams. In May 1881, Paul Quinn College was chartered by the State of Texas. The name of the College was changed to Paul Quinn College, in commemoration of Bishop William Paul Quinn, an A.M.E. missionary, who served as the representative of the western states for almost thirty years. In 1990, the Board of Trustees voted to relocate Paul Quinn College to the former Bishop College campus in Dallas, Texas. The first semester in its new home began on September 20, 1990, with an enrollment

Ma Jones Missionary Society of Bethel A.M.E. 2202 Southeast Dr. will host their Forth Annual Missionary Day program March 16th 2003 3 p.m. The Keynotes Speaker will be the Res. Erma Jean Million a native of Lubbock, but resides in Tacoma, Washington at



the present time. Rev. Milton is dynamic motivational and spiritual speaker. She is the pastor of Greater Works. Ministries of Deliverance in Tacoma, Washington.

Bethel A.M.E. Church will host Paul Quinn College Concert Choir of Dallas, Texas, Friday, April 4, 2003 at 7:00 pm.

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A CALL FOR POEMS

Write a poem and win the \$1,000.00 grand prize! Hollywood's Famous Poets Society is sponsoring a new poetry contest, open to everyone. There is no entry fee.

To enter send one poem of 21 lines or less: Free Poetry Contest, 1626 N Wilcox Ave. 126, Hollywood, CA 90028. Or enter on-line at www.famouspoets.com. A winner's list will be sent to all entrantive

"This is our big contest of the year." says Executive Director Mark Schramm. "We trust our prizes will encourage new poets to share their talent." The deadline for entering is Murch 28, 2003.

NAACP Announces Special Award Honorees

Hall of Fame Award to produce. Jirector Spike Lee; Chairman's Award to actor/activist Danny Glover: President's Award to Tennis Stars Venus and Serena Williams

Los Angeles - (February 1, 2003) - At the NAACP Image Awards Nominees Luncheon, bost Diahann Carroll joined NAACP Image Awards Chair Charles Whitehead in announcing this year's recipients of the special Image Awards, with Spike Lee for the Hall of Fame Award, Danny Glover named the Chairman's Award winner and Venus and Serena Williams as the President's Award winners, All three awards will be presented at the 34th NAACP It age

Awards, which tapes March 8 and airs Thursday, March 13 (8:00 -10:00 p.m. ET/PT) on Presented annually,

the NAACP Image Awards celebrate the outstanding efforts and performances of people of color in literature, television, motion pictures, and recording. This year's theme "Image-A-Nation" aims to honor those works not only wide and deep in impact, but also those that creatively overstepped bounds and conventions to forge a greater nation of

The nation first noticed Spike Lec after She's Gotta Have It, his 1986 independently financed project that garnered \$7 million and critical praise at the Cannes Film Festival. That was soon followed by movies like School Dazei Jungle Fever and the critically acclaimed Do the Right Thing. Though at times light and comedic, as in Crooklyn and Girl 6, his most poignant works, from Four Little Girls, to Malcolia X, to Bamboozled complete a circle of critical film thought

NA ACP President and CEO, Kweisi Mfume said, "With films that consistently challenge critics and viewers to discuss issues of class and race. Spike Lee has become the most intensely studied and most successful African American director and producer ever. A typical Lee film guarantees two reactions - thought and controversy. In the tradition of the legendary Oscar Micheaux, and for all he has done to help shape and give contrast to the American culture. Spike clearly deserves to

be in the Hall of Fame." The Chairman's Award, chosen by the NAACP Board Chairman Julian Bond, is bestowed for distinguished service and digraffied representation of people of color. Bond said that, "Danny Glover stands almost alone in his profession in his interest and involve-

ment in vital issues of social justice. In his principled opposition to discrimination, inequality and exploitation he sets a high standard for others who must be reminded that responsibility comes with privilege and affluence. The NAACP is honored to honor him."

Glover originally pursued act ing to spread messages as an activist at San Francisco State. In time he gained starring roles in blockbusiers such as the Lethal Weapon series and in riveting African-American dramas like

The Color Purple, Bopha! and

Award winner sin ultaneously

is a recipient of the Amnesty

International USA Lifetime

Ambassador for the United

tion of the death penalty.

their way to astonishing

Achievement Award for his role

in the civil rights movement in

Namibia, his work as Goodwill

Nations Development Program

and his commitment to the aboli-

This year's President's Award

goes to two California sisters who

world of professional tennis. The

achievement. The pair learned the basics from their father, Richard,

Compton. Now the two dominate

on the medest tennis courts of

the highest courts in the world.

Mfume said, "Venus and

on the tennis courts, they are

prime examples that there is no

substitute for brains, hard work

ing forward have made them

models for all to emulate. I am

honored to salute the Williams

Venus' career highlights include the 2001 and 2000 U.S.

Open Singles titles, the 2000 and 2001 Wimbledon Singles titles,

the 1999 Italian Open Singles title

and dedication. Their unparailed

abilities and resolve to keep push-

Serena are more than champions

Williams sisters have volleyed

have blazed new trails in the

over \$1 billion.

Lorraine Hansberry's, Raisin in

the Sun. His participation in over 50 motion pictures has grossed

While acting, the multi-Image

crusaded for human rights. Glover

THE 34th NAACP

Serena has claimed the 2002 Wimbledon U.S., French and Italian Open titles, the 1999 U.S. 2003 Australian Open title. As a doubles pair, the duo were victorious at the 2002 and 2000 Wimbledon finals, the 2000

Security Adviser Condoleezza Rice, performing artist Lauryn Hill, former President Bill

www.naacpimageawards.org include artist and actress Janet

Secretary and Democratic National Committee Chairman Ron Brown, social activist and author Dick Gregory, and ca toon-ist Aaron McGruder in 2002. The NAACP inducted Little Richard into the Hall of Fame last year.

"The special award winners have made field-shifting impact in their respective professions and have significantly raised social awareness around the world," said Whitehead. "Their focus and strong beliefs have led to great achievements and a redefining of what we can expect from athletes, actors, directors and producers."

Nationwide returns as the title sponsor for the 34th NAACP Image Awards. Other sponsors include Wachovia, Blockbuster, Bank of America, and General Motors. For tickets, contact Ticketmaster outletc. Universal Amphitheatre Main or Citywalk charge by phone at (818) 232-TIXS (8497). For information or

www.naacpimageawards.org.
Founded in 1909, the National
Association for the Advancement nation's oldest and largest civil rights organization. Its half-million adult and youth merabers throughout the United States and the world are the premiere advocates for civil rights in their communities, conducting voter mobilization and monitoring equal opportunity in the public and private sectors.

Open title, and most recently the Summer Olympics, the 1999 U.S. Open finals, and the 2001 and

2003 Australian Open finals. Previous NAACP President's Award recipients include National Clinton, radio network celebrities

Tom Joyner and Tavis Smiley, and former cabinet secretary Alexis Herman. Past recipients of the NAACP Chairman's Award

Jackson, former Commerce

Box Offices at (818) 622-4440, or to purchase tickets online, got to

of Colored People (NAACP) is the

Question: Are we headed for Armageddon?

Answer: With the specter of war looming la ge between the United States and Iraq this question is being asked more frequently. The

answer to the question is yes, but this does not mean that a war with Iraq is the beginning of the final conflict. I answer yes to the question simply because every day we get closer to the end times. Consider Paul's words, "...knowing the time, that it is already the hour for you to awaken

from sleep; for now salvation is nearer to us that when we believed." (Romans 13:11).

If the subject of the end times were not so serious it would be comical when you hear people talking about the final conflict and judgment day. I guess the comical side is the fact that many people who are not ready for judgment day try to do everything to avoid having to get ready. This brings to mind the scare at the turn of the century. Many people were afraid that it was going to be the end of the world. All sorts of prophets of gloom and doom were predicting the end of the world. People were trying to make bargams with God, Buddha, Mohammed, Buddy Holly or anyone else who would grant them a guarantee of salvation. After the | So why do so many people fear their same lifestyles. This is the "not se' comical part of the prob-

Why play with God? For those

knowing the time,

this is already the

hour for you to

awaken from sleep;

for now salvation is

nearer to us that

when we believed.

who are in Christ judgment day does not intimidate us, it offers us the final platform for graduation to heaven. "There is therefore now no condemnation for those who are in Christ Jesus." (Romans 8:1). For those who are straddling the fence about whether or not to become a Christian let

me encourage you to make a decision now for Jesus.

Firstly, those who are in Christ will not face the judgment. We are considered to be righteous because we have trusted and obeyed Jesus. "He who believes in Him is not judged; he who does not believe has been judged already, because he has not believed in the name of the only begotten Son of God."(John 3:18).

Secondly, we have the benefit of knowing that God will work ali things for our good if we love Him (Romans 8:28). How good can it get? Jehovah takes care of us through this life and then he saves us and takes us to heaven. It doesn't get any better than this.

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score was over they went back to ! the judgment. You don't have to be afraid of the Living God if He is your Father. He wants to save you, but ife will not arag you into heaven kicking and screaming, you must willingly obey and come to Him. Back in the day when I was a much younger jock we would talk trash to each other on the court. When we believed we were better than another athiete would say, "If you are seared, join church." if I had only known the power and blessing of being in the church at that time I would have encouraged everyone to get there. Certainly in the church you can receive strength for today and hope for tomorrow.

Grace and peace



OT TIME TA

Upcoming Events at the Public Library

and the 2000 Olympic Gold

All Aboard the Spring Break Express!

Choo choo! The Godeke Branch Library, 6601 Quaker will have model trains running all day in the community room during spring break, from Monday, March 17, through Saturday, March 22. Don't get railroaded and miss this treat! For more information, call 792-6566.

Book Discussion at Patterson Branch Library The Patterson Franch Library, 1836 Parkway Drive, will hold a discussion of the book The Emperor of Ocean Park by Stephen L. Carter at 2:00 p.m. on Saturday, March 22. Copies of the book are available for checkout at all Lubbock Public Library locations. This is a free program. For more ir formation, contact the Patterson Branch Library at 767-3300.



For The

Lubbock Metropolitan Planning Organization's

FY 2004 - 2006 Transportation Improvement Program Comment Period Ends April 8, 2003.

Residents of the Cities of Lubbock and Wolfforth and Lubbock County citizens living within the Metropolitan Area Boundary of the Lubbock Metropolitan Planning Organization (MPO) are encouraged to review and comment on the FY 2004 - 2006 Transportation Improvement Program. The Transportation Improvement Program is a short-term (3 years) listing of projects designed to meet the future transportation needs of the Lubbock Metropolitan Area and includes public transit system projects.

Drafts of the FY 2004 - 2006 Transportation Improvement Program can be found at the locations listed below or on the MPO's website www.mpo.ci.lubbock.tx.us

Citizens are encouraged to attend the public meetings and offer comments on the Transportation Improvement Program. Comments may also be made in writing to the MPO at the address below or via email to swoods@.ci.lubbock.tx.us

PUBLIC MEETING TIMES AND LOCATIONS:

March 18, 2003 7:00 pm Groves Library 5520 19th Street

March 19, 2003 7:00 pm Patterson Library 1836 Parkway Drive

April 8, 2003 8:30 am Transportation Policy Committee Meeting 1625 13th Street Room 103

Locations of Draft FY-2004 - 2006 Transportation Improvement Program

Lubbock MPO Office 916 Main, Suite 706 Lubbock, Texas 79401 Lubbock City Hall Public Information Office 1625 13th Street Lubbock, Texas 79457

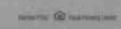
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COCKING Experts Say: Heartburn Sufferers Should Use Non-Prescription Medications First

Cheesy and Easy

What's crunchy and 1 1/3 cups French's cheesy and green all over? Cheddar French Fried The Double Cheddar Green Onions love cheese and the original according to package direc-Green Bean Casserole. Use tions using 2 1/4 cups milk. this recipe to get two great Add 1 cup cheese and stir tastes in one:

Double Cheddar Green Bean Casserole

(Makes 6 servings) white sauce mix 2 1/4 cups milk

Cheddar cheese

Bean Casserole! Americans 1. Prepare white sauce mix until melted.

2. Place beans and 2/3 cup French Fried Onions in 1 1/2-quart baking dish. Pour cheese sauce over beans package (1.8 ounces) and mix gently to combine. 3. Bake at 350°F for 25 minutes or until heated 1 1/2 cups shredded through; stir. Sprinkle with remaining

package (16 ounces) cheese and onions. Bake 5 frozen cut green beans, minutes or until onions are golden.

You feel that burning ron- cines (H2 blocker/antacid), bines antacids and H2 block- * Milk

off by an uncomfortable feel- in Pepcid Complete. ing in your throat. You swear you'll never touch another consumers should treat their OTC therapy," added Dr. butfalo wing or bowl of chili episodic heartburn with OTC Peikin. again. It's common, everyday products first, and consult a affects 61 million Americans,

may be as close as a trip to weeks. your local drug store. An expert panel of leading gas heartburn sufferers," says causes the burning sensation endorse the use or purchase of troenterologist recently con- Steven R. Peikin, M.D., Head that starts in the stomach, and specific products. The sole cluded that as many as 7 out of Gastroenterology and Liver moves up through the upper effectively relieve their symp- System and author of can be felt under the breast- and application of the science toms with over-the-counter Gastrointestinal Health. bone, or at the bottom of the (OTC) heartburn medications, "These recommendations indi- esophagus. Other conditions gy and closely related fields of rather than prescription (Rx) cate that many sufferers may such as pregnancy, obesity, or study, medical and scientific medications like proton pump not have to rush to prescripinhibitors. The American tion medication. We've now also put pressure on the stom- aid in all aspects of this field, Gastroenterological confirmed that most people ach, causing food and acid to including patient care, Association (AGA)* expert can effectively treat episodic panel specifically found that heartburn with OTC prod- Additional triggers include: the most effective heartburn symptom relief was provided

"In fact, the medicine in by the combination of medi- Pepcid Complete, which com-

sation in your chest, topped which is currently only found eas, was found to be the best * Citrus Fruits, Citrus Juices, way to manage heartourn. If Tomatoes, and Tomato In these new recommenda- your heartburn symptoms are Products that if you live through this, tions, the panel concluded that controlled, you can maintain

heartburn, a condition that physician if they experienced produces acid to help digest medication. For more informa-The good news is, relief symptoms" for more than four as peppermint, spicy and fatty complete.com or www.gasfoods, trigger the production tro.org. "This is great news for of too much acid. Acid is what 10 heartburn sufferers can Diseases at The Cooper Health chest into the throat. This pain and foster the development even wearing tight clothes, can by providing leadership and push back into the esophagus research, teaching, continuing

> * Alcohol · Tobacco * Caffeine

· Big Meals Heartburn can usually be treated and prevented through Your stomach naturally lifestyle changes, and with "severe, frequent or prolonged your food. Some foods, such tion, log on to www.pepcid-

> * The AGA does not mission of AGA is to advance and practice of gastroenteroloeducation and scientific communication, and matters of national health policy pertaining to gastroenterology.

The Yellow Bird "Remaining Tough on Crime" Returns to Lubbock

University Chancellor David gotten again. R. Smith, M.D. and Lubbock Arts Alliance Vice President 25th Annual Lubbock Arts abilities to combat crime. Meredith McAlister say they Festival April 11-13, 2003, at

The friendly reminder of the (806) 744-ARTS. Festival had disappeared,

McAlister said.

only returned, it has found a enjoyment of the arts. new home. This year, it bolizing excellence.

This year, the co-chairs for its yellow bird back to repre-ruling that California's "three argue that the laws allow for Child Protection Act." This will improve its ability to the 25th Annual Lubbock Arts sent the weekend of art —with strikes and you're out" law is instances in which a criminal law protects our children from assist in me future. The bill Festival are bringing back the artists from many locations constitutional. I believe that can receive a punishment sexual predators by requiring designates an official with the yellow bird logo. Co- and works in many different the court's raling will help which they believe the crime Chairmen Texas Tech media. It will not soon be for- ensure that criminals are held does not warrant. I believe that

appears inside a laurel wreath, the Lubbock Arts alliance or mity who would repeatedly Festival, please contact LAA ple. For its 25th anniversary, Executive Director Libby The Lubbock Arts Festival has Camp at (806) 744-2787.

For more information about someone living in my commu- offenders.

I am very pleased with this and you're out" law's, which of Representatives passed, me believe the National AMBER week's U.S. Supreme Court 26 states have on the books, accountable for their actions, argument is preposterous, and The public can attend the and will strengthen states' I do not believe that a criminal is rehabilitated simply because The U.S. Supreme Court they commit less severe children in this way, and stud- network elements to improve are pleased to announce this the Lubbock Memorial Civic considered the case of a man crimes than he or she has com-Center. Premiere night is who was convicted of shoplift- mitted in past. Texas does not who prey on children are more tem. In the past the fat, little, Thursday evening, April 10, ing and received a stiff sen- have a "three strikes and likely to reoffend than any yellow bird symbolized the Premiere night reservations tence for his crime, and some you're out" law, but people other category of criminal. I this man had committed in his the crimes they commit. I see the bird, remember how agency that serves as the offi- be considered too harsh; how- they deem are appropriate for much fun the festival is, and cial arts agency for the city of ever, this man had committed crimes committed within their purpose is to foster the cre- believe that repeat criminals those who repeatedly flaunt

Opponents to "three strikes voted for, and the U.S. House locate these children, and I tect their residents.

our children.

"Two Strikes and You're Out Alert Network Act of 2003 people convicted twice of fed- Department of Justice to cooreral child sex offenses to serve dinate the AMBER alert syslife sentences in prison. It is tem, and work with states to sickening to know there are help ensure regional cooperapeople who wish to harm our tion and develop additional ies have shown that people the effectiveness of this sys-

I believe that these efforts by Congress will help protect Arts Festival, but it has not can be made through the thought it was too harsh. It who repeatedly violate the law believe that these heinous Americans, will help keep been used for several years. Lubbock Arts Alliance office, shoplifting is the only crime face stiffer runishments for repeat criminals deserve to those who naunt our laws spend the rest of their lives in accountable for their criminal The Lubbock Arts Alliance life, perhaps the 25 years-to- believe that states should have prison, so they are kept away actions, and will ensure that "We hope everybody will is a non-profit, tax-exempt life sentence he received could the right to assess gunishments from society and away from those who repeatedly violate me rights of others are ade-This session, I have co-quately punished for their come celebrate the arts!" Lubbock The Arts Alliance's two previous crimes, and I boundaries, and I believe that sponsored a bill which will crimes. I am very pleased that enhance the AMBER alert sys- me LJ.S. Supreme Court Lis The yellow bird has not ation, understanding and should be kept off our streets. the law should be punished tem, which aids in the recov- supported California's "three I certainly would not want more severely than first-time ery of abducted children. We strikes and you're out" law, have seen recent news because I believe that states One of the most important accounts showing the incredi- should have the right to deterthe crown of champions, sym- the 25th annual Lubbock Arts violate the rights of other per- roles of Congress is to help ble success that this system mine their own approaches to protect Americans. Last year, I has had in helping authorities combating crime to help pro-

Concert to Highlight the Achievements of Women in Music

LUBBOCK - Texas Tech History Month Concert." The Women's Studies Program. event will take place at 8 of Wemen's History Month. A variety of musical pieces follow the concert.

University's School of Music opportunity for everyone to 20th centuries will be feaand the Women's Studies listen to classical works tured in the concert. Gail Program will present an composed by women who Barber and Cara Pollards evening of music, the made great contributions to Ph.D., faculty members in "Women Make Music: The music," said Esther Lichti, the School of Music, com-Third Annual Women's Ph.D., coordinator of the posed some of the music that

The event will feature cert. p.m., Tuesday (March 1i), in musical performances by

"The concert will be an dating from the 18th to the will be performed at the con-

Admission to the event is the Hemmle Recital Hall. faculty members and stu- free and open to students and The concert is in observance dents in the School of Music. the public. A reception will

If you would like to submit a recipe of your own, please mail it to the Southwest Digest, P.O. Box 2553, Lubbock, Texas 79408 or bring it by the Southwest Digest office at 902 East 23rd Street. If you would like, you may also send a picture of yourself or a picture of the prepared dish.

Send Letters to the Editor c/o Southwest Digest P.O. Box 2553 Lubbock, TX 79408

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The Southwest Digest is an independent newspaper serving the Luboock, West Texas, South Plains of Texas and Eastern New Mexico areas printing the news impartially supporting what it believes to be right without opposing what it balleves to be wrong without regard to party politics.

Devoted the Industrial, Educational, Social, Political, and Economical Advancement of African-American People. We may be critical of some things that are written, but, at least you

will have the satisfaction of knowing they are truthful and to the point. People will react to that which is precise, and we will publish triese articles as precisely and factually as is humanly possible. We will also give credit and respect to those who are doing good things for the Lubbock Area and the people. We will be critical of those who are not doing as they have said they would, and this, we think, is fair

So, this is our resolution to you. "Feel free at any time to call this office for information concerning this newspaper or any other matter that is of concern to you."

This is not a propaganda sheet made to chastise or vilify. This is a newspaper made to educate and not to agitate

The opinions expressed by guest columns or editorials are not necessarily the opinions of the publishers/editors or those of the advertisers. Comments and pictures are welcome but the publishers are not responsible to return articles unless a self-addressed envelope is submitted. All notices must be paid in advance. Story deadline is 12 p.m. Monday. Advertisement deadline is Monday 5 p.m. the week of publication.

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\$20.00 per year-\$35.00 a year









Editorials • Comments



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We look at Michael Jackson, and wonder how many face jobs and nose jobs he has had. So what? Whose business is it or who cares. Actually, it is the media circul, especially the electronic media. Nost of the major networks had Michael Jackson Specials. Everyone got into the act. it was called the Jackson Spectacular, but remember one thing, Michael is a Black person. So more. So. the show! Most artist are brilliant

Forget the Storm Cloud, Look to the Rainbow!

By Eddle P. Richardson

people, but appear weird to the average person, because they are perfectionists and have precise advanced minus. This writer, at one time, was a musician for about 20 years of my 60 plus years. So I understood artist They are temporal, precise and believe in perfection. No doubt about them, they are moody people!

While we as a people are playing with Black peopled pecularlities, we should be lifting up their positive joints bank accounts for their and playing with the White electronic media hypex.

What is not mentioned, all the "Make A Wish Kids", Michael helped. All of the people with hardships and cimes he helped. The Black Church, during the rash of church hurnings, Michael Jackson rebuilt and helped rebuild all of these and other

things. For that, Michael Jackson is still overlooked!

If you look at most of the child stars and check out most of them, most of them have had a problem or troubled life. They missed their acrmal childbood, because they were in the spedight. They did no have a chance at se-called normat childhood. Most of the adults in their lives were not taking care of and protecting them, but thair own self interest.

Look at Never Never Land and all the so-called things that Michael Jackson did. It is plain t we he is trying to recaptere his lost childhood in a very expensive way, because he can afford it.

Nuff Sedi WhyNot?



by Renetta W. Howard

By Renetta W. Howard

Just when we thought that we had conquered the problem with telemarketers, they have found a new way to get through to us. I just knew that when I installed the Caller ID with the anonymous caller problems were over and did not have to resort to sounding 'out in left field with the callers.

Pefore I had Caller ID, and I received a call from me telemarketers, I would immediately tell them that I was not interested in whatever it was that they were calling about and would hang up or attempt to hang up the telephone. Soon after I'd hung up, that same caller or another one with the same pitch would call back. That is when I would become the interviewer. I would ask them their name, telephone number, address and social security number. Most callers would hang up when I asked for their telephone number, but if they did not, asking for their even when you hang up as

In Cirque social security number would terminate most calls.

> I am not sure if the Caller ID has proved to be more successful with others than it has for me, as it has been worthwhile to keep me from having to talk to some of the telemarketers, but I still have to get up to answer the telephone to see that it is an 'out of area'.' anonymous caller,' 'unknown caller,' it appears

rejection, which cost about that the call rejection does not \$7.95 per month, that my set in until you answer the telephone. Some of these callers use recordings and if you have a telephone answering machine, they still get through to you sometimes anyway

There are some telephone calls from government agencies, in your area, which may show up on your Caller ID as 'out of area' and they get through to you whether you have anonymous call rejection or not. Calls from companies with which you have a credit card also get through to you and these may include telephone companies with whom you have an account. Calls from political bases also get through to you, especially if they are the recorded kind and your telephone is tied up

long as it is playing the recording. These types of calls usually come during the day before or during election

The latest gimmicks employed by telemarketers is using a telephone which is listed to an individual rather than a company or corporation. The telephone number from which they are calling will show up on your Caller ID, but chances are, if you try to call them back, you will not get an answer from that number, it will usually be a long distance call and to me it is not worth my \$.07. I fear that it is one of those 900 number switches which will make it cost much more than the \$.07. Some of these calls from a number recorded on your Caller iD are coming from ou ide the United States.

Calls from 902-425-6300, Halifax, NS has been the most harassing call which I have received. They call after 9.00 P.M. and on Saturday and Sunday. There is no respect for the laws of this country. It is time to get 'in cinque' and let car government officials know about the disregard of our privacy by foreign entities.

Drug Companies Are Working on 123 New Treatments for Heart Disease and Stroke

by Larry Lucas

Today, new medicines for heart diseases and stroke are saving lives that would have been lost if these medicines had not been invented. Due in large part to new drug treatments, death rates from heart disease and stroke are falling. And the statistics promise to get even better since 76 pharmaceutical and biotechnology companies have 123 additional medicines for these diseases in the

This continuing research is particularly good news for African Americans. Heart disease is the leading killer of all Americans, and stroke is the third leading killer, after cancer. But African Americans have even higher rates of heart heart to a new fuel sources that general population. African Americans have the highest patients to be more active. sure—a risk factor for both blood-vessel growth and may heart disease and stroke-than enable patients to grow their

any other ethnic group worldwide. Compared with whites, African Americans develop high blood pressure earlier in life, and their average blood pressures are much higher.

The medicines in development include 10 for high blood pressure, 18 for stroke, 20 for congestive heart failure, 9 for high cholesterol, 7 for heart attacks, and 8 for arrhythmia, or abnormal heart rhythm. All of the potential medicines are either in human clinical trials or awaiting approval by the Food and Drug Administration. Many of these potential medicines use cutting-edge technologies and new scientific approaches. Here are some examples:

· A medicine that shifts the

disease and stroke than the requires less oxygen, reducing pain and allowing angina prevalence of high blood pres- . A medicine that promotes

own heart bypasses around blocked arteries. · A medicine that blocks a hor-

mone that forces the heart to pump harder, straining the heart muscle and often leading to heart failure.

· A medicine that protects the brain from the damage that occurs in the aftermath of a stroke.

* A vaccine that may be able to prevent the transfer of "good" cholesterol to "bad" choles-

These new medicines promise to continue the remarkable progress against heart disease and stroke and to raise the quality of life for patients with these diseases.

For more information about medicines in development for heart disease and stroke, go to www.phrma.org.

Larry Lucas is Associate Vice President of the Pharmaceutical Research and Manufacturers of America (PhRMA).

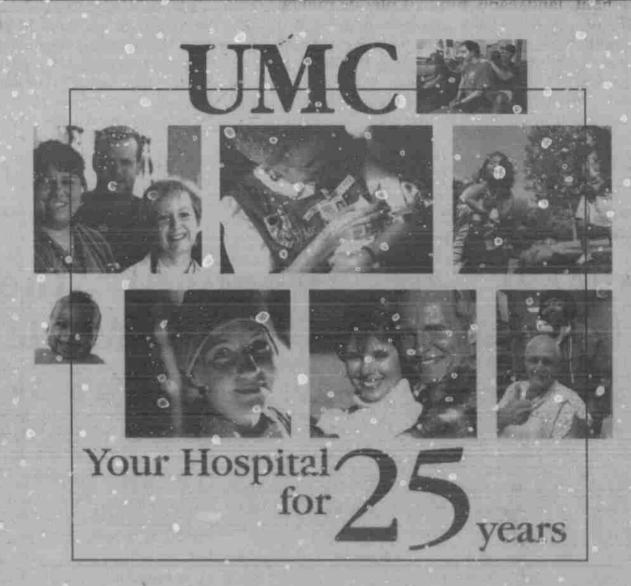
BE CAREFUL WHO YOU DO BUSINESS WITH THESE DAYS! THIS N THAT advises all cf us To be very careful of who we do business with these days within the City of Lubbock ,... As of recent times ..,, a man who apparently came to Lubbock recently doing business as PEOPLED DREAM HOMES apparently took advantage of some of our disadvantaged citizens people who could not afford to ripped off...... According to our sources this individual who is being held by authorities ,.... did attempt to purchase advertisement in this newspaper but was never given an opportunity because of vibes we heard of him in the community.... It only goes to show you that people will do all they can to take advantage of those who want to get aheadand sometimes do their do diligence is seeing that everything is done in the proper perspective. ...THIS N THAT regrets some of our citizens were taken advantage of in this matter.... All we can advise is for all of us to be very careful of who we do business with each day of our lives.... Don't let people take advantage of you because life is too valuable for someone to take advantage of what you have accomplished in life Let us keep doing what is best..... but very careful in all we do....

PENNY HASTINGS THE BARBER SAYS; "EVERYTHING That shines is not always GOLD so be very careful in what you do."

LEAVE NO CHILD BEHIND, THIS N THAT hopes those of you who live in..... EAST LUBBOCK or any part of Lubbock will establish an attitude about our little children These are our precious people And none of them should be left behind in life..... THIS N THAT Knows it cost money to make programs happen in any given community but if we would only use the resources from schools and churches and cur local boys and girls1 clubs we can do much for our little people.... 'NO CHILD SHOULD BF LEFT BEHIND and they will not be left behind if all of us would do what we can to help these precious people... If we do this ..., The little people will benefit.... and one day this will pay some healthy dividends for all of us and our neighborhoods will be much better for all of us..... So how about this theme the rest of the rest of the year 'LEAVE NO CHILD BEHIND'

KEEP THE FAITH IN EAST LUBBOCK, THIS N THAT wants all of us to....KEEP THE FAITH because HELP IS ON THE WAYfor all of us who reside in East Lubbock...,. Let all of us keep focused on the goal..... just keep the faith for the future of EAST LUBBOCK.

HAVE YOU VISITED A PUBLIC SCHOOL THIS YEAR THIS N THAT Is still asking that all of us who are interested to lake time before school is out and VISIT A PUBLIC SCHOOL in Lubbook Next week is Spring Break and school will be out in a months So if you haven't done so then let's do it this week THIS N THAT has done so WHAT ABOUT YOU...



When University Medical Center opened its doors 25 years ago, Lubbock and West Texas had no Neonatal Intensive Care Unit. There was no Level I Trauma Center, no Southwest Cancer Center and no Timothy J. Harnar Burn Center. Twenty-five years later, our partnership with Texas Tech School of Medicine has allowed us to bring you these services and more. UMC still stands at the forefront of medical treatment and research in the region. From the local citizens and legislators whose vision created UMC, to the Board members who capably guided us through our first 25 years, we are proud of our successes in bringing unsurpassed healthcare to the region.

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Deacons for Defense

DEACONS FOR DEFENSE follows the story of a group of African American men in Bogalusa, Louisiana who, instead of being passive and participating in "sit-ins," armed themselves with heavy artillery and organized their neighbors to fight against the Ku Klux Klan in the 1960s. This black militia group, which has been forgotten by many, became a focal point in the civil rights movement.

Marcus (FOREST WHITAKER) is a quiet, thoughtful family man. He's a war veteran who works in the local paper mill. Marcus has lived his life in quiet acquiessence to the white community, occause he feels it is best for his family. His attitude changes when two white civil rights activists from the Norths Deane (JONATHAN SILVERMAN) and Hillibrand (ADAM WEIN-ER), arrive to open a local

While Marcus ignores their plight, his friend T.J. (GENE MACK) is so moved by the idea of equal rights that he does Deacons For Defense. the unthinkable, signing his name alongside white workers for job advancement. After disregarding a warning from management, T.J. is savagely beaten in front of his home in the middle of the night.

M reus finally changes his passive stance on the civil rights movement when he is arrested and beaten by local cops for trying to defend his daughter during a protest rally. When he doesn't come home from the police station, his wife increases tensions between Velma (MELANIE NJCHOLLS-KING) goes to the Reverend Gregory (OSSIE DAVIS) and asks for his help. Later, Marcus arrives at church, badly beaten, and addresses the congregation on why the African American community

must take charge and defend themselves. He pleages his support for the protests and wins an election to lead The

The Deacons - who are mostly made up of other African American war veterans - are armed and patrol African American neighborhoods, protests and the civil rights office. The Deacons not only get the attention of the Klu Klux Klan members, but that of the national media. With the world looking on, transformations start to occur in Bogalusa, including the desegregation of the mill. However that only African Americans and whites. Riots, Klan rallies and beatings continue until the government gets involved. Though it may be just a pretense of harmony, life begins to change in Bogalusa, Louisiana.

What Can You Buy for 25 Cents?

Admission for the 25th Annual Lubbock Arts Festival is 25 cents. Visitors only need a quarter to be a part of the weekend that celebrates the arts in the Lubbo k Memo al Civic Center April 10-13,

"One of the things that we're doing that's dramatically different this year is we've only charging 25 cents for people to go," said Meredith McAlister, co-chairman for the Lubbock

Arts Festival. "It's 25 cents because its the 25th year."

The Arts Festival was once a free event. Then in recent years, the price reached \$5 for adults and \$3 for children.

"We're working toward making it a free event like it was in the early days," said Libby Camp, executive director of the Lubbock Arts Alliance. She pointed out that the admission quarter provides future event chairmen more accurate

attendance figures.

Some special events and nighttime performances will require additional admission or purchased tickets.

The public can attend the 25th Annual Lubbock Arts Festival April 11-13, 2003, at the Lubbock Memorial Civic Center. Premiere night is Thursday evening, April 10. For reservations contact the Lubbock Arts Alliance office, (806) 744-ARTS.

The Lubbock Arts Alliance is a non-profit, tax-exempt agency that serves as the official arts agency for the city of Lubbock. The Arts Alliances purpose is to foster the creation, understanding and enjoyment of the arts.

For more information, please contact LAA Executive Director Libby Camp at (806) 744-2787.



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For additional information contact the Texas Tech University System Project Manager Debbie Cox. Contact via phone (806) 742-2116; Fax806-742-2241 or e-mail: Debbie.cox@ttu.edu.

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For additional information contact the Texas Tech University System Project Manager Jack Miller. Contact via phone (806) 742-7330. Fax 806-745-7337 or e-mail: jack-miller@ttu.edu.

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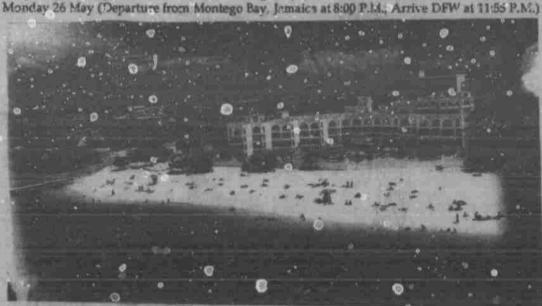


Def Jum recording artist N.O.R.E. and Scott Hunter Smith, President of The Heineken Music Initiative celebrate at the album release party for Red Star Sounds, Vol. 2. Proceeds from the album go to support urban music education. Joining N.O.R.E. on the all-star album are Kelly Price, Ja Rule, Faxy Brown, Musig and Dru

Recording artist, Ja Rule smiles for the cameras after making a special check presentation to The Heineken Music Initiative. The Heineken Music Initiative is a not-for-profit organization created to raise funds for urban music education. The organization raises funds. Arough the sale of its critically exclained Red Star Sounds album series. Ja Rule clso contributed a track to the lates: album, Red Star Sounds Vol. 2.

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Price Per Person Based on Double Occupancy: \$996.99 First Deposit Deadline: \$150.00 (Due on March 14, 2003) Second Payment Deadline: \$423.50 (Due on April 11, 2003) Final Payment Deadline: \$423.49 (Due on May 2, 2003) (NOTE: This is a Group Discount Rate)

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For further information, contact TOUR GUIDE: A "world traveler" whose paternal grand-parents are from Jamaica and Trinidad and who knows every nook and cranny of the country and the region. Rev. J. C. Clark - Home Phone: (806)-744-5727

