

· Booker T. Washington American Legion Post 808 2nd Tuesday- 7:30

· Forgotten West Riders, First & Third Monday, 7:00 pm, T. J. Patterson Library

· East Lubbock Chapter AARP, Every 1st Thursday at 1 pm, Mae Slamons Community Center, Oak and 8th St.

· Lubbock Chapter of Black Alurum 3rd Tuesday, 5:30 pm, TTU Merket Center

Dunbar/Manhattan heights κ. Neighborhood Association Meets Every Third Thursday 6:00 p.m.1303 East 24th Street (outreach center/party house)

· West Texas Native American Association Pot Luck Suppers on alienating months prior to meeting. meetings held on second Saturday of each month at 7:00 p.m. Educational presentations and demonstrations.

 Texas Junsteenth Cultural & Historical Commission Lubbock Affiliate Meets at T.J. Patterson Branch Library 3rd Thursday 7 p.m.

+ West Texas Nulivo American Association meets 2nd Saturday each month at Groves Library, 5520 19th Street, 7:30

· West Texas Chapter of 100 Black Men meets the 3rd Monday evening at 7:00 p.m. at the Parkway Neighborhood Center.

\* The Parkway Guadalupe & Cherry-Point Neighborhood Association meets the 3rd Tuesday evening of each month at 7:30 p.m. at Parkw-y Neighborhood Center.

We would like to publish your monthly mornings-If you would like for an announcement to appear in this paper, please get it to us in writing by The store in Acc.

Community Meetings C/O: Southwest Digest P.O. Box 2553 Lubbock, Texas 79408 or bring it by the Southwest Digest office at 902 East 23rd Street

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Students in the Language Exchange class were introduced to a different language each week. Other languages taught this summer were Yoruba from Nigeria, Telugu from India, and Tegala from the Philippines.



Anthony Johason and Reginald Thompson of Lubbock are two up and coming math and science scholars who studied bio medicine on the TTU Campus this summer.

was time to have some of the

friends that I love and the

artists that I admire come into

my studio and sing with me

live, the way we did it in the

old days." - Ray Charles on

On August 31, 2004,

Concord Records and Hear

Music will release Genius

Loves Company, the final

Ray Charles. The historic CD

Company.

Twe recorded with so recording by the legendary

career but never on a duets features twelve duets with an

album of my own, I thought it array of artists, who have you

Genius Loves Company,

-Icon,

Duet

The Final Recording from the

Special

American

Performances with Natalie

Cole, Elton John, Norah

Jones, B.B. King, Gladys

Knight, Diana Krall, Michael

McDonald, Johnny Mathis,

Van Morrison, Willie Nelson,

Bonnie Raitt, and James

many amazing artists in my

Great

Taylor.

Features

Tech School of Nutrition.



Dr. Sonja Wiley-Patton is shown here with Ms. Shirley Green and students from Upward Bound's "Pay It Forward" class. The will be working on a toterance book project with blind students from Badlapur, India, this fall. Dr. ratton is a former Upward Bounder and a nationally recognized author. She co-wrote the Braille children's book, Places Under the Sun with legendary recording artist, Stevie Wonder. Dr. Wiley-Patton is a professor at Louisiana State University and has agreed to serve as a consultant for the "Pay It Forward" tolerance project.

The Boys and Girls Club of Lubbock is making plans for their National Kids Day. On this day, Sunday, August 1, 2004, from 2:00 p. m. until 4:00 p. m., parents and the entire community as a whole are ask to come and participate in some of the programs with our children.

This will take place at the Theodore Phea Boys and Girls Club, 1801 East 24th Street.

The club is also in need of donations toward door prizes, school supplies, or any other area to help in this special day. For additional information, please contact Reggie Essix, Unit Director, at (806) 763-0204.

## **Concord Records and Hear Music release historic Ray Charles CD**

a combined 79 GRAMMY\* Loves Company, such as Awards, from virtually every Company was recorded over a period of one year and completod in March 2004, just prior to Charles' passing.

The release of this landmark recording marks the beginning of an ongoing relationship between Hear Music, the voice of music at Starbucks, and Concord Records to produce and distribute new recordings.

During a career that spanned nearly six decades. Charles, an original inductee into the Rock and Roll Hall of Fame, appeared on nearly 250 recordings. While he perthe genesis of Genius Loves formed with various artists, Genius Loves Company will be his first full album of duets,

> The CD includes performances with some of today's most accomplished and respected entertainers. The 12-time GRAMMY Awardwinning artist handpicked the songs featured on Genius

"Sorry Seems to Be the music genre. Genius Loves Hardest Word" (Elton John), "Sinner's Prayer" (B.B. King), "Here-We Go Again" (Norah Jones), "It Was A Very Good Year" (Willie Nelson) and "Fever" (Natalie Cole). With a variety of musical genres represented, from gospel and blues to jazz and pop, the recording exhibits the emotion and cross-genre styling that helped make Charles one of the most influential musicians in history.

> Ray's since I first heard him recorded "Hey Girl" for the as a kid," says Bonnie Raitt on CD with a full orchestra, working on Genius Loves declares, "To be singing with Company, "Do I Ever Cross Ray Charles, two feet away Your Mind' was one of my favorites from

Country/Western albums and I think singing it as a duct makes it even more powerful. Getting to record with Ray has been a lifelong dream and being part of this project has been one of the proudest and most moving moments in my life."

Elton John adds, "It was amazing to sit in the studio and sing with him. It's so incredibly impressive to be with someone to which music had meant so much. It was a very emotional experience." "I've been a devoted fan of Michael McDonald, who from him, live with an orcheshis tra was pretty unbelievable."

If you find mistakes in this publication, please remind yoursely that we are all human. We publish something for everyone, and some people are always looking for mistakes.

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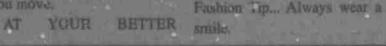
SKIRTS

band, detailed sised stripes, ittig.

Ladies this skirt is easy, simple and beaut ini. You'll feel fresh in it, and of course you'll receive loads and loads of

Colors... black and white Comfortable elastic waist red and white, navy and pink, beawn and orange ... HOW not too long and over power- GREAT IS THAT ' Colors you can work with I

This is appointely a year Pashion - Just for the fan of it around skirt that moves when



DEPARTMENT STORES

## Importance of child fitness and the fight against obesity has lasting implications

children and adolescents is a far distances. All of these altervery serious issue with many natives get the same tasks health and social consequences accomplished while promoting that can often continue into physical activities that burn adulthood. According to the American Medical Association, the U.S. Surgeon General, entertainment, "Television, Richard Carmona, M.D., called movies, video/computer games obesity as the "greatest threat to public health today. It kills more Americans every year than AIDS, all cancers, and all accidents combined." Obesity is causing problems in children education and concepts. that was unthinkable 20 years ago

Supervisor at the Covenant LifeStyle Centre, offers four things can inhabit good times' in children today:

such as escalators, motorized scooters, multiple car households and riding lawn mowers, to take the stairs, mow the lawn

LUBBOCK - Obesity in and walk to places that are not weight," she said. When one more calories." Rives said.

2) Sedentary forms of and the Internet should all have time restrictions," she said. "Active forms of entertainment should be encouraged."

3) Misunderstanding fitness "Fitness is often perceived, by children, teenagers and parents Ryan Rives, Aerobic as painful and time consuming," Rives said. It is important to remember that exercise is cumulative.

This means that exercise 1) Modern conveniences, can be done at different times of the day and does not have to be done consecutively."

4) Research says a child has "Children should be encouraged only a 7 percent chance of becoming severely overweight with a push mower, ride a bike when both parents are of normal

parent is overweight the risk increases to 40 percent and jumps up to 80 percent when both parents are over weight (Trim Kids, 2001). "This is because sedentary parents promote sedentary behaviors in their children. Children have a tendency to mirror their parent's behaviors and when the parent does not make physical activity a priority either."

"Engaging in physical activity with your child is one of the best ways to get the child involved in physical activity. This allows the parents to spend mote quality time with their kids while at the same time sharing the benefits."

Many risks are associated with child obesity, such as cardiovascular damage, endocrine and mental effects, Type II diabetes, orthopedic conditions, hypertension, hyperlipidemia, heart disease and respiratory conditions.



The Musical was held last Sunday Alma Colquitt is director of afternoon, July 18, 2004, at the 2004 retreat. New Hope Baptist Church. The theme of the program was "Ushers With Faith To Work." Colossians 1:24-25. Brother Napoleon Cooper served as Master of Ceremonies, ThF occasion was delivered by Brother Joe Hereford. Sister Brittany Wilson gave the welcome.

Appearing on program were Jesus." Hebrews 12:28-29. the New Hope Male Chorus, the Lawson Sisters, Rev. at the New Hope Baptist Raymond Foster, The Windsparks, Sister Doris New Hope Baptist Church is Williams, and Sister Minnie Smith. A special presentation was done by the New Hope Baptist Church Praise Dancers.

Sister Fannie Price gave remarks. Closing remarks were given by Pastor B. R. Moton.

Let us not forget the McCutcheon. The morning Women's Prayer Retreat which iS set for August 29 and 21, 2004, at The Ark in Amherst, Texas. Rev. Thea the New Hope Choir, Pastor McClendon of Gethsemine Baptist Church of San sermon. His subject was Angelo, Texas is special guest.

attending should make their His scripture text was St. reservations as soon

as possible with either

Ushers' Annual Sister Joan Y. Ervin. Sister

The bus will leave from the west side of the parking lot on Friday evening, August 20th, at 5:00 p. m. Dress attire is casual. No pants or shorts.

Day will be held Sunday, September 19, 2004. The theme for the annual effort is "A TEAM - On Fire For

Services were well attended Church last Sunday morning. the "Church Where The People Really Care," and Rev. B. R. Moton is pastor.

Services begun with Meditation and Prayer. The Praise Team was most inspiring.

The morning scripture was read by Rev. Mercelle prayer was offered by Rev. Cheryl Martin.

After several selections by Moton delivered the morning "Neighbor, I Don't Know About You, But I Need All persons interested in Another Touch From Jesus." Mark 8:22-26.

The morning announce-President Marjorie Thomas or ments were read by Sister

Marjorie Thomas. Sister Denese Jamerson welcomed all visitors.

Convocation 2004 of the Tenth Episcopal District of the African Methodist Episcopal Church will be held at the Adams Mark Hotel in Annual Men and Women Dallas, Texas from July 27 thru 30, 2004. The Department of Christian Education is sponsoring Convocation 2004.

Approximately 20 youth and adults are scheduled to attend from Bethel African Methodist Episcopal Church. Rev. Danny Poe is pastor.

The 83rd Church Anniversary of Bethel African Methodist Episcopal Church is set for Sunday afternoon, August 8, 2004, beginning at 3:00 p. m. Bethel was organized in 1921.

Let us continue to pray for those who are ill and shut-in. Among those on the sick list this week is Brother Lester Charles Brown, who is a patient in Covenant Health System. He suffered an apparent heart attack last week. Your prayers are welcome.

Key Verse of Week: "Without faith it is impossible to please God, for whoever would approach him must believe that he exists and that he rewards those who seek him." Hebrews 11:6.

#### In Remembrance...

17,

at

#### Hannah V. Jordan

Funeral services for Lois Kennedy of Lubbock, Covenant Medical Center for Hannah V. Jordan were held Texas; and a special friend, Roger Priestly.

Charles Jordan (Sharon, all of married Ray Jackson in Lubbock, Texas; a daughter, Lubbock. Brenda worked for

Saturday



Curry Funeral Home of Lubbock was in charge of arrangements. She passed away Saturday, July 10, 2004.

Hanaah was an active member of AGAPE Church of God in Christ. She was a well known member of the Brown Sisters, a popular gospel singing group from the 1940's to the early 1970's.

She is survived by her sons, Garner Jordan, Jr. (Azzie) and

#### Brenda Word-Jackson

Funeral services for Brenda Elaine Ward-Jackson were held

last Thursday afternoon, July 15. 2004. Resthaven's Abbey Chapel. Burial followed

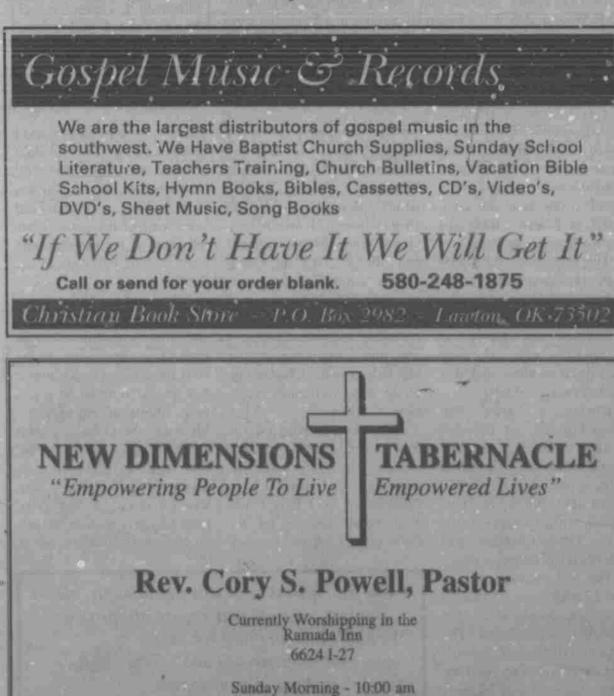
at

Resthaven Memorial Park.

She was born August 2, 1977 to George Ellis and Patricia Ann (Wallace) Johnson in Lubbock, Texas. She graduated from Estacado High School. On August 19, 2002, she

seven years. She was a member of Parkway Church of Christ. She passed away Monday, July 12, 2004.

She is survived by her husband, Ray Jackson; a daughter, Savanah Jaushlin; sons, Stevaughn Jackson, Jason Ward, Jr. and Julius Jackson, all of Lubbock, Texas; mother, Patricia Fareed and husband, Lennis, of Los Angeles, California; father, George Ellie Johnson and wife, Marjorie, all of Lubbock, Texas; grandparents, Anna Wallace and Effie Jones, both of Lubbock, Texas; father-in-law, Willie Jackson of ARLINGTON, Texas; brother, Anthony Johnson of San Diego, California; sister, Christine Johnson Williams of Lubbock, Texas; and a host of relatives.





#### **AUTOMOBILE ACCIDENTS** TRUCK WRECKS **OIL FIELD ACCIDENTS DEFECTIVE PRODUCTS** INDUSTRIAL ACCIDENTS **MEDICAL NEGLIGENCE** WRONGFUL DEATH INJURED CHILDREN

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A CONTRACT OF

hurch News

## From the Desk of Parson D.A. Smith **Ditching by the President - Part 2**

President Bush and me being rulers of the Un/ted States of one of his supporters? I'm black and a member of the division of power made to NAACP ... It's hard to believe them by the Constitution of that President Bush being a the United States and by the devout Methodist would har- constitutions of their respecbor such political racial and tive states. And the said states evil conviction and motives are a sovereign and indepenabout Black Americans.

Those of us who are products of the teaching of John Wesley, Richard Allen and others of like persuasion are sized-Not Dictator! familiar with the Doctrinal Standards and General Rules a whole are "citizens" of the of Methodism. The Articles of Religion (Discipline of 1808). Article XXIII.-Of the Rulers of the United States of America, reads:

President, The the Congress, the genera/assemblies, the governors, and the councils of state, its the dele-

America, according to the dent nation, and ought not to be subject to any foreign jurisdiction. Note: "As the delegates of the people" is empha-

Members of the NAACP as United States. They are not adulterer/ne. Nor are they misfits in what is theorize as a wholesome society. Members of the NAACP and its leaders have that right in America to "agree and disagree." Just because you are the President of the United States does not

Black Americans to jump and they pusillanimously reply with the interrogative, "how impression that such behavior was one of the reasons Saddam Hussein was dethroned by the Bush Administration with all Americans' money.

Secretary Rod Paige, the nation's first black education secretary, condemned NAACP leaders for saying some black groups are fronts for white conservatives. He also objurgated the leaders for what he called "hateful and untruthful rhetoric about the Republicans and President Bush." He said to the leaders of the NAACP, "You do not own, and you are not the arbiters of African-American

Have I been ditched by gates of the people, "are the mean you have the right to tell authenticity." As a citizen of the United States and in protection of his job and his boss, President Bush, he has that high?" I was under the right. However, Mr. Paige asthe Education Secreta, y for all Americans, must act in such manners that goes beyond partisan politics.

> The action by President Bush toward the NAACP is "non sequitur" to that of a leader. Such action while politically motivated by some within the Republican Party, may lead to the end of an era for the Bush Administration. Has a Black America. hornet nest been stirred? Will they register in record numbers and vote to send President Bush back to Crawford, Texas '9 ride his horse? Or will they forgive him if he dumps some of his political garbage?



DEUTERONOMY 6:10a, 11,12a, WHEN THE LORD THY GOD SHALL HAVE BROUGHT THEE INTO THE LAND, AND HOUSES FULL OF GOOD THINGS, WHICH THOU FILLEDST NOT, AND WELLS, DIGGED, WHICH THOU DIGGEDST NOT, VINEYARDS AND OLIVE TREES, WHICH THOU PLANT-EDST NOT; WHEN THOU SHALT HAVEN EATEN AND BE FULL; THEN BEWARE LEST THOU FORGET THE LORD.

LORD, YOU FOP. KEEPING YOUR PROMISE: YOU MADE WITH OUR FOREFATHERS, THEY TRIED TO KEEP YOUR WAYS: BITT TODAYS PEOPLE DON'T EVEN BOTH-ERIII

ROMANS 1:21,22, BECAUSE THAT, WHEN THEY(THE CHRISTIANS) KNEW GOD, THEY GLORIFIED HIM NOT AS GOD, NEITHER WERE THANKFUL: BUT BECAME VAIN(DREAMERS) IN THEIR IMAGINATIONS, AND THEIR FOOLISH HEART WAS DARKENED. PROFESSING THEM-SELVES TO BE WISE, THEY BECAME FOOLS.

#### \*\*\*WE FORGOT TO REMEMBER; NOT TO FORGET!!!\*\*\*

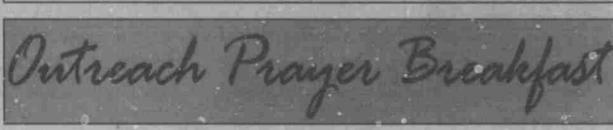
LORD, YOU GAVE US AMERICA. THE MOST BLESSED. LAND IN THE WORLD, SHE IS THE WORLD'S WORSE; LOOK AT OUR MEN, WOMAN, BOYS AND GIRLS.

LEVITICUS 19:29, THE LORD SAID, DO NOT PROSTI-TUTE YOUR DAUGHTER, TO CAUSE HER TO BE A WHORE: LEST THE LAND BECOME FULL OF WICKEDNESS.

LORD, THE PEOPLE WORSHIP THE DEVIL; THE THINGS MAN HANDS HAVE MADE, NO ONE WORSHIP YOU: BECAUSE THE DEVIL HAVE MADE THEM HIS SLAVE.

ISALAH 2:8, THE LORD SAID, THIS LAND IS ALSO IS FULL OF IDOLS; THEY WORSHIP THE WORK OF THEIR HANDS, THAT WHICH THEIR OWN FINGERS HAVE MADE. LORD, AMERICA HAVE LEFT YOU; AND WENT WHORING AFTER OTHER GODS, THEY WANTED TO DO IT THEIR OWN WAY; AND NOT FOLLOW THE TRUE GOD.

EXCOUS 24:14.15, THE LORD SAID, FOR THOU SHALT\* WORSHIP NO OTHER GOD: FOR THE LORD, WHOM NAME IS JEALOUS, IS A JEALOUS GOD: LEST THOU MAKE A COVENANT WITH THE INHABITANTS OF THE LAND, AND THEY GO A WHORE G AFTER THEIR CODS, AND DO SAC-



Outreach Prayer Breakfast are focusing on our boys and girls thinking about the ones we call 'Christ's forgiveness of your thugs and thieves, and the you're reading this today, him to make you totally new. which one are you?

Would you agree too many of our children are in foster words or something like the homes for many reasons. They following:

The members of the work, it has to be a God thing me in my new walk with you. from inside out.

If you are out there, and have behind prison bars. We are never sincerely accepted sins through his death on the grateful and thankful man. If cross, we invite you to invite Perhaps today is the day. Talk to Jesus by using your own

Thank you for saving me. I'm completely yours. In Jesus' name I pray. AMEN"

Having problems? If so, read your Bible and believe what you read. Here are a few scriptures to ponder: Il Chronicles 7:14 and St. Mark 22:26.

Are there any sick among us? James 5:14-15. For those bereaved families, with God



Services began last Sunday morning, July 18, 2004, with Sunday School at 10:00 a.m. The morning lesson was taught and reviewed by Rev. Monty Smith, associated pastor. The lesson was very inspiring.

The devotional service at

need our prayers as well as foster parents. Then we have those myself. I want to be the thankwho are coming out of prisons, ful man saved by grace. Many of them are trying to Forgive my many sins and make it on their own power. come into m y heart. I want to Most times, they turn out to be be a follower of you. I don't short lived, and they are unable know much about the Bible or to produce a real lasting Christianity. So, please send change, because for a change to me wise friends who will-help

"Lord, I'm at the end of

you can get through it.

Thanks for reading. Continue to pray for your neighborhoods and those who are not yours. Just pray!

Sister Dorothy Hood, president; Sister Christene Burieson, vice president; and Sister Elnora Jones, teacher.

11:00 a. m. was conducted by the Brothers of the church. After their presentation, the Senior Choir sun, out of their hearts and souls.

Rev. Monty Smith delivered the morning message. His subject was "Motives." His scripture text was 1 John 2:15-17. This was a most informative sermon, and all benefited from the sermon.

Mrs. Luella Harris' granddaughter, Chanzella N. Scroggins, and husband, Robert L. Scroggins of Kansas City, Missouri, were visitors in the "Hub City" last week. They reported a most enjoyable visit.

Pastor and Mrs. Edward Canady were absent from church services last Sunday morning.

Thought for the Week: "Whoever guards his mouth and tongue keeps his soul from trouble."

RIFICE UNTO THEIR GODS, AND ONE CALL THEE, AND THOU EAT OF HIS SACRIFICE.

\*\*\*\*\*\*\*\*\* AMERICA IS ROBBING GREETER

LORD, NOW WE ARE IN TROUBLE: AS ANY BLIND MAN CAN SEE, THIS COUNTRY IS NOW FALLING; ONLY YOU KNOW WHEN ITS TO BE.

GALATIANS 6:6, BE NOT DECEIVED: GOD IS NOT MOCKED: FOR WHATSOEVER A MAN SOWETH, THAT SHALL HE ALSO RFAP.

( AS NATURE TEACHERS: YOU CAN TAKE A BUCKET OF CORN TO THE FIELD TO PLANT; BUT WHEN YOU REAP IT; YOU WILL NEED A PICKUP TRUCK TO BRING IT IN YOU ALWAYS REAP MORE THAN YOU SOWED!!!)

LORD, NO COUNTRY CAN BEAT AMERICA: BUT HER SIN'S WILL MAKE HER DIE, LIKE CANCER TAKEN OVER THE BODY: SHE IS DYING FROM THE INSIDE

MICAH 7:2, THE LORD SAID, THE GOOD MAN IS PER-ISHED OUT OF THE EARTH: AND THERE IS NONE UPRIGHT AMONG MEN: THEY ALL LIE IN WAITE FOR BLOOD, THEY HUNT EVERY MAN HIS BROTHER WITH NET THEY THEY MAY DO EVIL. WITH BOTH HANDS EARNESTLY, THE PRINCE(PRESIDENT) ASKETH, AND THE JUDGE ASK FOR A REWARD, AND THE GREAT MAN, HE UTTERETH HIS MISCHIFVOUS DESIRE: SO THEY WARP IT UP.

WRITTEN BY EVANGELIST BILLY B.J. MORRISON, III. YOUR BROTHER IN CHRIST ALWAYS









# **National Conference to Examine Domestic Violence and the Hip Hop Generation**

women among the 15 to 38- New York year-olds who comprise the is the incidence of domestic -15 to 38? What messages does domestic violence and violence against women? How can Hip Hop culture help to solve the problem of domestic violence?

These are among the questions that will be discussed and debated at a national conference, sponsored by the Institute on Domestic Violence Community (IDVAAC): August 8- 10: York College Community

toward violence against Boulevard Jamaica (Queens) Sund y, August 8: 1:30 PM

"Hip Hop" generation? What Robert Hampton, President, Characteristics of this Research and Practice. York College: Bakari Kitwena, violence among people ages Author, "The Hip-Hop Generation: Young Blacks and Hip Hop culture send about the Crisis in African American Culture"; Kelly Mitchell-Clark, Program Manager, Family Violence Prevention Fund; Lateefah Simmon, 2:30 PM Pane! Discussion: Executive Director, Center for Young Women's Development; Chic Smith, Vice President, Urban Think Tank Institute: Dr. Oliver Williams, Executive Director in the African American Institute on Domestic Violence in the African American

What are the attitudes 94-20 Guy R. Brewer Highlights: Speakers will include: Dr. Hip Hop: Including the Benefits Influence, Challenges, and Links to Issues Associated with violence," Chic Smith, Urban Hop. Think Tank Institute."

> Males Speak Out on Images of Women and Men in Hip Hop Violence.

> Portrait of African-American Women and Hip Hop:

Hip Hop.

Monday, August 9: Keynote Address: Defining 12:30 PM Awards luncheon, charge, to the public. including Awards for Media, and Ariessages Heard in Hip William

> Tuesday, August 10: 9:00 AM Feature Film and

3:20 PM Closing Session fea-4:30 PM Panel Discussion: turing Hip Hop, poetry, dance formers and representatives and Rap performances and a presenting will include: video presentation in the Presentations and Discussions Performing Arts Center Main from Women Who Work in Auditorium at 94-45 Guy R.

Brewer Boulevord. The per- The Last Poets; Sway, MTV,

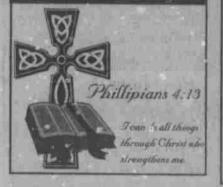
The domestic violence prevention expend and advocates Institute on Domestic Violence Generation and a Critique 1:45 PM Panel Discussion: presenting will include: Leah in the African American Beyond the Music and Lyrics: Aidridge, Commission on Community is to provide an Capitalism and linages Seen Assaults Against Women; interdisciplinary vehicle and Riley. Family Violence Prevention and Services Program, U.S. Department of Health and Human Services; Donald have the continual opportunity Discussion: "Beyond Beats McPherson, Sports Leadership to aniculate their perspectives and Rhyracs," by Byron Hurt. Institute; and Carolyn West, on family, violence through University of Washington.

> The Hip Hop artists, per-Thembisa Mshaka, Sony Music; Nomadik, Disc Jockey; prevent/reduce family vio-Nefertiti: Abiodun Oyewole, lence in the African American

formances are open, free of and Tylon Washington, Black Waxa Recordings.

> The Mission of the forum by which scholars, practitioners, and observers of filmily violence in the African American community will research findings, the examination of service delivery and intervention mechanisms, and the identification of appropriate and effective responses to





Lubbock, graduated from the eighth grade at D. A. Smith Junior High School in Ozark, Alabama. His first day at Carroll High School v. ill be Monday, Avgust 9, 2004. Zackery is the 14 year-old son of Larry and Kim Moore. He is the grandson of Ann "Big MaMa" Britt of Lubbock, and the late police officer William H. Britt. Zackery says "Hi" to all his family and friends in Lubbock, Texas.

Ozark, Alabama - Zackery Moore, a former resident of



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# **USDA Rural Development to** hold forum on available programs

BROWNFIELD, TEXAS -Bryan Daniel, State Director for Texas USDA Rurai Development announced a series of statewide forums to present communities rural utilities, community faciliwith information on the many programs available from USDA Rural Development. The forums will be open to all current customers, prospective customers, and all other interested individuals and entities.

The forum for Bailey, Briscoe, Castro, Cochran, Crosby, Dickens, Floyd, Garza, Hale, Hall, Hockley, Kent, Lamb, Lubbock, Lynn, Motley, Parmer, Swisher, Terry, and Yoakum counties will be held Wednesday, August 4, 2004, 10:00 a.m. at The Alamo, 302 East Broadway, Brownfield, Texas.

sentation and discussion of all opportunity and improve the quai-USDA Rural Development programs, in both direct and guranteed lending opportunities, for tics, business and industry, single family and multi-family housing.

"USDA Rural Development is committed to making its programs and services available to all rural Texans, including individuals, small businesses, municipalities, community based organizations and traditionally underserved portions of the population. Through its support of sustainable develop ment of communities, USDA Rural Development works to improve the quality of life in rural Texas," said Daniel.

USDA Rural Development's The session will feature a pre- mission is to increase economic

#### ity of life in rural communities throughout Texas. Through the numerous programs offered by USDA Rural Development, communities can improve the flow of capital to businesses and address the essential needs of housing. water, education and health care.

There is no cost to attend and all interested individuals are invited. To learn more or to make reservations to attend the forum, please call USDA Rural Development in Lubbock, Texas, at (806) 785-5644, ext. 4.

USDA Rural Development is an Equal Opportunity Lender, Provider, and Employer. Complaints of discrimination should be sent to: Office of Civil Rights, Washington, D.C. 20250-

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#### was created in 1994 and includes business programs, housing programs, and utilities programs. Its mission is to use the resources of

9410.

quality of life for the nation's rural residents. For more information on USDA Rural Development programs in Texas, check our web site

USDA to provide an improved

USDA Rural Development



Because our hearts matter, Covenant Heart Institute invites you to attend our "Heart Matters" Breakfast Club. Our goal is to bring people together who are affected by matters of the heart, either personally or through a family member or friend. We hope you will come and be encouraged to share your feelings, ideas and knowledge with others who understand the issues of coping with heart matters.

> Friday, July 30 9:00 - 10:00 a.m.

#### "Hyperlipidemia, Old & New Treatment Options."

Presented by Eric H. Frankel, MSE, Pharm. D., BCNSP, Nutrition Support Coordinator, Covenant Health System

> **Covenant Medical Center-Lakeside** 4000 24th Street Arnett Room, 6th floor

Refreshments will be provided. The Heart Matters Breakfast Club is open to the public and free of charge.

#### Knode family welcomes German exchange student

Lubbock have qualified to host Adam Weinert, a student from Germany who will be attending LUBBOCK H.S. for the 2004-05 school year.

Adam has met all the academic and character qualifications necessary to be accepted as an exchange student by World Heritage, and the Knode family is eagerly awaiting Adam's. arrival in August.

World Heritage, a non-profit, public benefit organization dedicated to fostering cultural

#### Motorcycle accidents increase in summer

With 50 percent of motorcycle fatalities taking place at crowded intersections, both motorcyclists - and the auto drivers who can hit them - need to be particularly cautious while hurrying to work and returning home after a long hard day.

So says Keith Code, the world's

The Knode family of enrichment and intercultural understanding through youth exchange, provides students from Spain, Mexico, France, Germany, Denmark, Thailand, Italy and Japan the opportunity to spend a year in the United States. The students live as members of American families, while attending our local high schools to acquire knowledge of and appreciation for American

Make a difference in world understanding. Share your world with an exchange student! life, language and culture.

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itage.org!

THE CARRIENT OF THE ACCURATE OF W. SHE OVER ONE ARE WAS

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Southwest Digest + Thursday, July 22, 2004 + Page 5

awn

**De-Weeders** 

No Problem!

It's never too late to control your weeds!

Coll:

Weed Problem?

top motorcycle instructor, who has trained more than 125,000 motorcyclists at his California Superbike School in 12 countries to date. His bestseller books are in five languages and recommended reading for all riders enrolling in Norway's national motorcycle operator's licensing program with applicants directed to visit his Website, ww.supcrbikeschool.com

To celebrate and honor motorcycling, Code recommends a few guidelines. Booze and bikes don't mix so decline any invitations to "swiller time" when the work day is done. 64 percent of motorcycle fatalities are alcohol-related

Next to alcohol-related deaths, intersection collisions are still the major source of accidents, when a car makes a left in front of the motorcycle. A motorcyclist has to take safety precautions at an intersection other than eye contact. "A driver may look right at you and not even see you," Code said.

Let a car run interference for you at an intersection. If you have a choice, run off the rear right fender of the car in front of you. Other auto drivers are geared to look for cars, not motorcycles which have a much smaller profile to the eye.

Use your front brakes. They provide 90 percent of the stopping power. The tendency in a tight situation is to use your near brakes only, but they are 20 percent as effective and can actually Souse accidents from misusc. Stopping with your front brakes is much more reliable and effective.

Code says that riding defensively can make motorcyclists even more invisible.

"That means you're going to have to have 360-degree vision, and know everything that's going on around you," said Code, "Assume cars never see bikes because 'it's not their job'." He advocates aggressive maneuvers speeding up and slowing down, moving back and forth within a lane - to create, visibility, "I don't mean ride illegally. I mean use your advantage of maneus erability to put the bike where you want it and do it in a positive manmer that lets drivers know you are these," he said.

Code also cautions riders not to rely too heavily on wearing bright colors, or installing lood migfler pipes. "There are too many things in the environment thet compete with bright clothes, including brightly colored cars," he said. "But a ride: with a brightly colored top and load pipes who's moving around in his lune, is going 40 improve his chances of recog-HETOD.



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• Editorials • Comments • Opinions

HA 

WILLIAMS OPENED LAST SATURDAY! THIS N THAT has said for several months that Williams July 20, 1954 ..., when Lubbock Chicken would open in Lubbock ... and it finally happened last Saturday ... July 17th. The parking lot was full ... and patrons were eager to pick up their orders. The theme for this new Establishment .... which is located at ... EAST 4TH STREET & IDALOU ROAD ... seen on all their carry out items said ... "SUP-PORT YOUR CHURCH AND COMMUNITY. This the kind of community business which is located in East Lubbock. Their presence ... will only add to the growth of the total city. THIS N THAT spoke briefly with the founder of .... WILLIAMS CHICKEN ... last Drive. The Mahon Library is week .. via telephone. He is ... located at 1306 9th Street. Let HIAWITHIA WILLIAMS .... who more than twenty-five LUBBOCK stores in Texas ... who will be here for the offical opening. THIS N THAT ... says welcome to the ... WILLIAMS CHICKEN FAMILY ... and may the local owners enjoy much success...

LIBRARY SYSTEM! THIS N THAT ... joins the entire com- today at any of the four branchmunity in saying ... CON-GRATS ... to the City of Lubbock Library System ... in VERY GOOD BAND CON- constantly changing."

**EMPG AUDIT** 

PENDING 10/30/04

CHICKEN celebrating its 50 YEARS OF CERT! THIS N THAT ... along SERVICE for the citizens of Lubbock. It all began on ... opened its doors to the citizens to have a library ... and up until then ... Lubbock was without a library. Then came the .... GEORGE AND SHARON MAHON LIBEARY ... with three more being added. According to research ... more than .... 700,000 PEOPLE ... visited one or more of the four libraries last year. For the celebration last Saturday ... each branch had special programs. The other libraries are ... GROVES LIBRARY - 5520 19th Street, GODEKE LIBRARY - 6601 Quaker Avenue, and the PATTERSON LIBRARY - 1835 Parkway us not forget that the ... FOUR LIBRARY BRANCHES ... serve the entire community in ... MANY WAYS. And over the PAST FIFTY YEARS ... many lives have been enriched because of the efforts of the ... LUBBOCK LIBRARY SYSTEM. THIS N THAT ... would like to encour-HAPPY FIFTH BIRTHDAY, age those without a .... LIBRARY CARD ... to get one

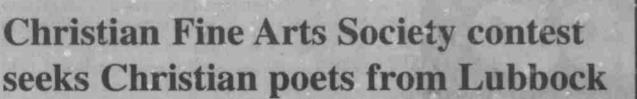
with family members .... attended the Texas Tech OPEN IN A FEW WEEKS! Band/Crchestra Camp 2004 ... THIS N THAT ... has been FINAL BAND CONCERT ... last Saturday afternoon ... July 17th .... and heard the ... HIGH SCHOOL SIX ... perform in the Hemmle Recital Hall ... where a ... Dunbar-Struggs Junior High School student ... ASYA HARRIS ... performed in the trombone section.. She is the daughter of ... Shelia and Shaun Harris. It was a very interesting, concert ... and observed how positive this band/orchestra camp\*is for our young people ... THIS N THAT ... is hoping more band students from the East Lubbock community ... will participate next year.

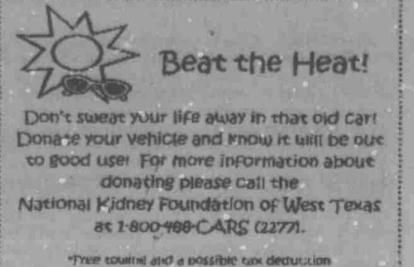
TREES STILL NEED CUT-TING ON BRIDGE! THIS N EAST LUBBOCK NEEDS A THAT ... is still asking that FULL-SERVICE the East 24th Street overpass. ... EAST LUBBOCK ... the Not only are the trees looking question comes ... ARE WE bad ... but it wouldn't hurt to ... the near future.

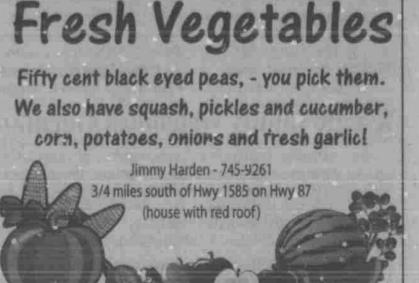
BARBER SAYS: "RELA-TIONSHIPS ... with so called coming out in the very near ... FRIENDS is like the ... future ... THIS N THAP'S FOUR SEASONS ... they are WINDSHIELD ... reveals that

SCHOOL DOOR WILL advised that the ... PUBLIC SCHOOL DOORS ... will be opening in less than a month. Now ... really ... where did the time go. Just think ... in less than a month ....Just think ... how happy ... our young people will be. And ... on the other hand ... there are parents ... who really can't wait for those doors to open... THIS N THAT is hoping more parents will ... VISIT THE SCHOOLS THIS COMING YEAR! If you want know how to do it ... just ask. SISTER ANNIE DAY ... as she has been there ... and will encourage you to do so ... that is ... attend a public school.

BANK! something be done about the ... THIS N THAT ... after looking GROWING OF TREES ... on at the ... economic indicators in READY FOR A FULL-SER-SWEEP THE OVERPASS in VICE BANK ... IN East Lubbock? Perhaps ... this may be reflected in the up coming PENNY HASTINGS THE study of ... NORTH & EAST LUBBOCK ... which should be it is time.









Teaching, Caring, Healing...for Life Today, a father teaches his children to paint.



grand prize is being offered in a special religious poetry contest sponsored by Christian Fine Arts Society, free to everyone. There are 50 prizes in all, including a \$1000 Grand Prize, totaling more than \$4,000.00.

LUBBOCK - A \$1,000 21 lines or less to Free Poetry Contest, 9588 Thornbush Lane Fishers, IN 46038. Or enter online at

deadline for entering is July 31, 2004.

"We think great religious reader. poems can inspire achieve-To enter, send one poem of ment," says Lavender Aurora,

the organization's Contest Director. Poems may be written on any subject, using any style, as long as there is a spirwww.freecontest.com. The itual inference. A typical poem might be a love poem, or poem of praise, one that inspires the

> Be sure your name and address appears on the page with your poem. A winner's list will be sent to all entrants.

It takes a steady hand and can be a very delicate process. The same is true of his work, where Texas Tech Medical Center is on the leading edge of minimally invasive vascular surgery; a new way to repair blood vessels that lead to the heart. In fatt, the program is one of four in the nation in which other surgeons

come to learn these advanced techniques: But that will all continue tomorrow, right now he's just being dad. The physicians at Texas Tech Medical Center .....Teaching, Caring, Healing for Life.



Teaching. Carring. Healing. 743-1998

In Cinque

#### by Renetta Howard

of

3.

gone

and many Americans are hittheir favorite places or seek-

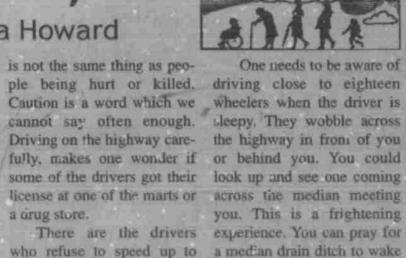


couple of pennies, just enough to discouraging if we permit ourselves to remember how we would have filled up our gasoline tanks for half the cost that we now pay. Some people equated the cost of gasoline with an 'ann' and a 'leg' when the price went over \$2.00 in some places.

Regardless to the price of gasoline, some of us still do not realize the cost of our lives as we carelessly speed down the streets and highways. We know that speed kills. We know that animals die. Vehicles become useless once they are damaged in looks or function areas, but it lies.

It is vacation time again is not the same thing as peoting the highways traveling to Caution is a word which we wheelers when the driver is cannot say often enough. ing new places to explore Driving on the highway careand/or add fully, makes one wonder if some of the drivers got their their of a arug store.

who refuse to speed up to a median drain ditch to wake pass a vehicle because they have their cruise control in operation when you are rifying. You may notice that behind them and wanting to there are some cars out there pass. Then there are those encourage us to travel. It is drivers who will cm in from blinding. If you blink your of you just as you are preparing to pass another vehicle and those whe will speed up some really bright lights. when they see that you are Then, there are those drivers aying to pass them. Worst of all is the driver who eraers a highway and you have given There is available a clip on them the access right of way for eyeglasses if you wear by moving into a passing lane them and a regular pair for and without looking, attempt those who do not wear glassto get in front of you. Unless es, to help to reduce glare you are prepared to take the while driving at night. Most shoulder or worst still, get drug stores and general merimo a median, there is an chandise stores which sell accident waiting to happen. Just hope that this does not them in stock. It is time that happen to you where there are narrow shoulders and gul-



them up. Night driving can be horwith white headlights that are lights to request a reduction in their lights, they show you who will not dim their lights for anyone for any reason. sun glasses, usually have we get' in cinque' and be more courteous while driving, for the sake of our lives.



For our history to be properly recorded, we must do our part to record it os make sure it is recorded, because as far as the system is concurred, if time is no documentation it did not httppen.

Since the advent of the meeta, high profile individuals make media history But what about the man next door who has no visibility? Ke could be a perfect example of a role model worker, politically active, but

Many times (too many times) we look for the visible people as role models. We look for the goose who laid the golden egg. everywhere, but (hom's realize the ers, and others who live a good

## History: Past, Present and Future What's your contribution?

by Eddie P. Richardson

many cases, a dirty lifestvie. For our long-denied cotaminites to become competitive at the marketplace with our goods and community taken back by the services, the loudership initia- community, it is parcelled by the tives must come from within calizens who had once var ated with help from others. We can the residences. Now, there is a not do it alone, but we must take walting list of former residents the lead and work with others, wanting to come back to the area who are willing to support our they care aved. For example, efforts and help in he what we there was a woman who was can be. They can help us will: their resources, knowledge, leadfinancer. We must work with and not oppose, to reach our

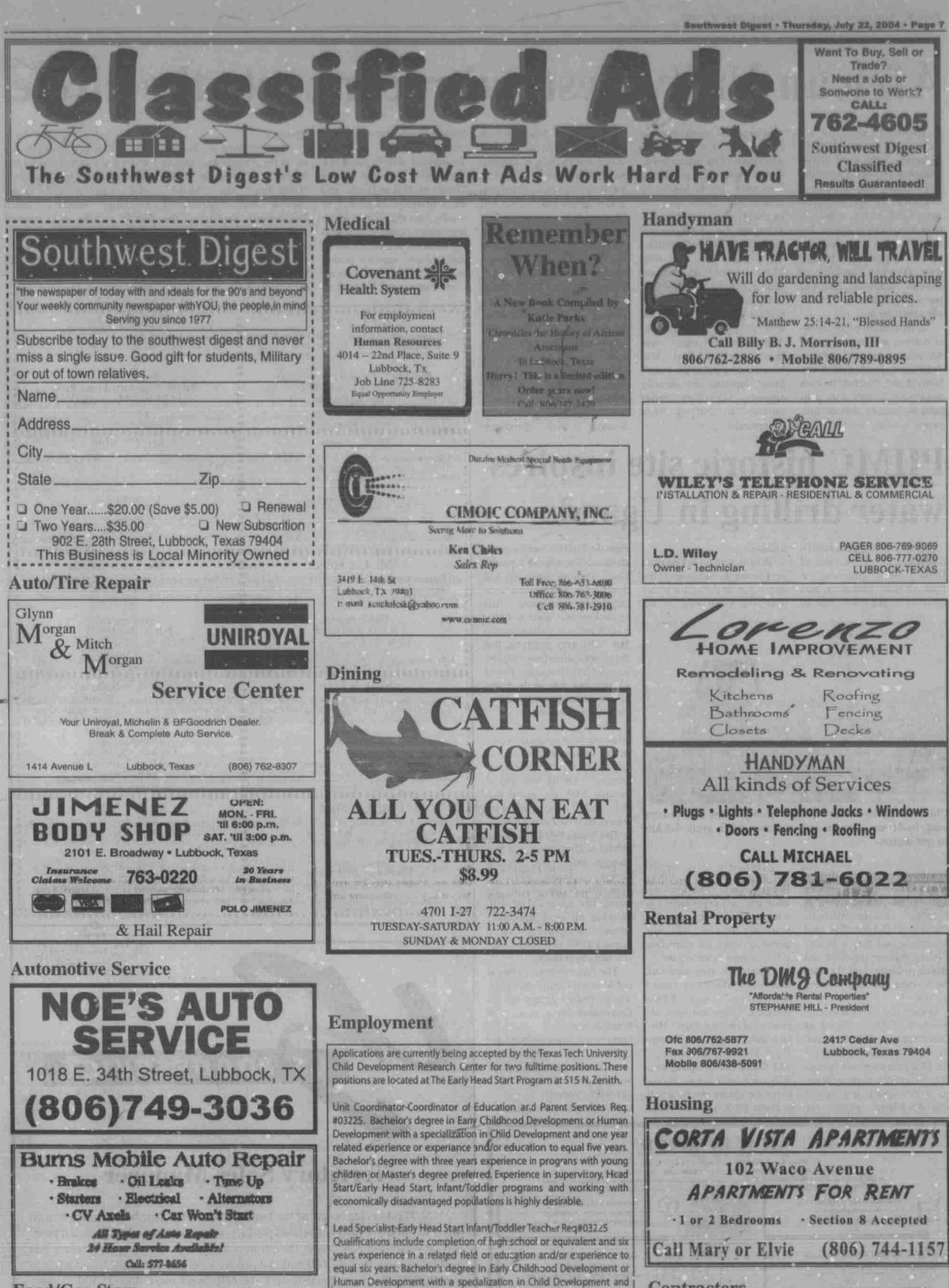
help us take surselves off of the The vehicle which inv put this in Labbock Commission Readed

After the commission visited

high media exposure, and in banks, businesses and cooperation from other sources, what was once a deadly gang/cocaine infested areas is now a viable raised in that area who cause back to South Sellas and built, from the base ground, a \$200,000 bome. These are many more suc-

> -Hopefally, this writer will be advising of a project in West Dallars where at one time, the changed. The face of the area. and the K&R Company, Inst boild hours which are now

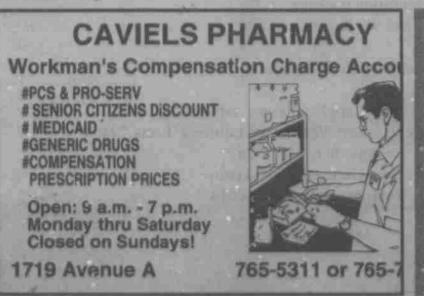
"Darkness cannot drive out darkness; only light can do that. Hate cannot drive out hate; only love can do that." - Martin Luther King, Jr.



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#### Pharmacy



two years experience preferred. Experience in Head Start/Early Head Start, Infant/Toddler programs and working with economically disadvantaged populations is highly desirable.

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Equal Employment Opportunity/Affirmative Action/Americans with **Disabilities Act Institution.** 

#### **Professional Services**



# Contractors Walter P. Moore is soliciting interest and gualifications from HUB firms (certified by the State of Texas) for our proposal for professional services to Texas Tech University for Project Number 04-12, Aquatic Center Retractable Roof.

http://esbo.tbpc.state.tx.us/1380/bid\_show.cfm?bidid=54088.

Required disciplines include architectural services, survaying, cost estimating, geotechnical, civil, fire protection, and MEP engineering.

Firms interested in being considered for this team should reply to Walter P. Moore via fax to 713/630-7396 or e-mail to info@walterpmoore.com by July 27, 2004.

#### Appliances



# **African Unity Festival reconnects the circle**

INDINAPOLIS. Indianapolis has become a city of people with wide diverse backgrounds. This is a city that is witnessing daily increase in migration of people from around the world, especially from 35 nations of Africa. The Africans bring along their rich cultures and values. Combined with the rich heritage of African Americans, the city promises a better, more cultur- 10:00 a.m. to 6:00 p.m. The ally robust future.

In recognition of the cultural richness and uniqueness of Africans and African Americans, the African Unity was created in 2001 as the platform to enhance cultural link, create social support and

IN: reconnect the circle between Africans and African Americans. Community representatives through a planning committee that is headed by African and African American co-chairpersons plan the annual event. The 2004 festival comes up Friday and Saturday, July 30 and 31, 2004 from 10:00 a.m. to 9:00 p.m. and Sunday, August 1, 2004 from event is open to all people and will take place the Center for Agricultural Science and Heritage, 1201 East 38th Street, Indianapolis, IN. 46205. Festival and Cultural Tourism Event location sits directly opposite the 38th Street entrance of Indiana State Fairgrounds.

and Cultural Tourism will feature a diverse mix of cultural, social, health, and educational. business and humanitarian programs. Music and dancing will be provided courtesy of Juju Merrymakers Macossa, Lucky Diop end Kassumai, People of the World Group, Starpoint Campers, Jireh Sports, Rockin Ravers Reggac Band, Drum Circle, Poetry Splash, and the Twins-Sisters. African Workshops on HIV/AIDS/STDs prevention and on "Africa, Our Connection" are scheduled. The Social Security

Administration will anchor a community meeting on "Social Medicare Security and

# **PHMC** historic site inspires water drilling in Uganda

HARRISBURG, Pa., July 14 Uganda. /PRNewswire/ -- A visit to Drake Well Museum, a head seeing the simplicity of the Pennsylvania Historical and device and he thought that this

"A light went on in Graham's

Museum Commission site in technology could apply in this



Children carry water for the family from the village well. In Africa, women and children often walk 4-5 km to get water.

from the \$10,000 cost for a professional company in a nearby city. Drilling about 70 feet down takes a three-man local crew about two weeks. The technology was used in China to drill artesian wells centuries ago. 'It's very gratifying that the preservation of our rich history in Pennsylvania has played an important role in the future of this African community," Director Williams said.

The mission sponsors about 50 people from across the country on two-week trips to this area which is part of a ten-year program. On its next trip in January 2005, the group will drill wells in mountainous regions to serve Pygmy tribes.

The Spring Pole Drilling Rig exhibit at Drake Well is a permanent, interactive, full-size

#### The African Unity Festival Updates". Documentary on attendees.

"Remembering My Yesteryears" will be presented. The event will also feature "Tastes of African Foods" and the conferment of awards to worthy men and women in the community. Along with asserted children and families' activities, farmers' markets, market place and other entertainment, food veudors will be open to the lives of the people.

val is the African and African and free to children seven years American dialogue on "Dispelling the Myths". "Mayor Bart Peterson of including vendor's booth Indianapolis said: "... the space, tickets and program African Unity Festival will benefit the community by entertaining, inspiring, challenging, and adding values to

Admission to this event is The high point of the festi-five dollars per adult per day and under. For more information regarding this event, schedule, please contact Shola Ajiboye at 317 927 9777: email: africancenter@sbcglohal.net, or visit:

www. africancommunity, net.



Venango County, has led to hundreds of people getting water in the African nation of Donna Williams, Uganda. Director of Historic Sites and Museums, said that a Beaver County engineer, inventor and church volunteer got the idea for a water drill after visiting the site.

Graham and Eileen Hodgetts, members of Christ Church at Grove Farm in Sewickley, saw the oil rig at Drake Well and got the idea to try age-old springpole technology to pump water on a missionary trip to the Bunyoro-Kitara region of low-tech society." Eileen Hodgetts said. The low-cost, labor intensive experiment was a success and in less than one year there are four wells now providing water for more than 100 Ugandans in the region.

"Before this, they used dark river water which they carried in buckets," said Eileen Hodgetts. "Now the wells are jammed at cooking time." Her husband, owner of Fidelity Flight Simulation in Pittsburgh. said the device, a spring pole with a drill bit on a rope, is simple to use and the cost for a well is about \$700, a great savings

Drake Well, in device. Titusville, is the site of the world's first successful oil well. Working oil field equipment surrounds a replica of Drake's original 1859 well house, derrick and steam engine.

The Pennsylvania Historical and Museum Commission is the official history agency of the Commonwealth of Pennsylvania.

http://www.phmc.state.pa.us. CONTACT: Jane Crawford, Pennsylvania Historical and Museum Commission, (717) 783-9882. Website: http://www.phmc.state.pa.us /

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#### **Territory Sales Manager**

U.S. Foodservice is one of the largest foodservice distributors in the United States distributing food and related products to restaurants and institutional foodservice establishments across the entire country. U.S. Foodservice markets and distributes more than 43,000 national private label and signature brand items to over 300,000 foodservice customers and employees more than 25,500 foodservice professionals.

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