

God Bless America!

Southwest Digest

October 9 - October 15, 2003

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50¢
Worth More!

902 E. 28th Street
Lubbock, Texas
Phone (806) 762-3612

An Independent Pictorial Newspaper for All People • Primarily Serving the Black Population of Lubbock County and the Surrounding Area • Black Press of America

Local News

4th Annual

Ministries in Song Set for New Hope Baptist Church

The New Hope Baptist Church will present its 4th annual "Ministries in Song" on Friday evening, October 10, 2003, beginning at 7:30 p.m.

Appearing on this special program will be Lubbock's best Ministers who sing.

Among some of them are Rev. J.J. Johnson, pastor of Mark Baptist Church; Rev. Marshall Harris, pastor of New Directions Church; Elder L. Cluberson, Lyons Chapel Baptist Church; Rev. Kenneth Burns, pastor of Divine Love Baptist Church; Rev. Bernice, St. Mark Baptist Church, and many others.

The public is invited to come and witness this spirit filled and unique Gospel occasion.

If you find mistakes in this publication, please consider that they are there for a reason.

We publish something for everyone, and some people are always looking for mistakes.



Community Meetings

• Lubbock Area Client Council: Second Saturday, 1:00 pm • Mae Simmons Community Center • Hub City Kiwanis, Every Tuesday Night, 7:00pm, 1708 Avenue C • Dunbar Alum: Association 2nd Saturday 4pm • Booker T. Washington American Legion Post 808 2nd Tuesday, 7-30 • Forgotten West Riders, Plaza & 4th Street Monday, 7:00 pm, T. J. Patterson Library • East Lubbock Chapter AARP, Every 1st Thursday at 1 pm, Mae Simmons Community Center, Oak and 8th St. • Lubbock Chapter of Black Alumni 3rd Tuesday, 5:30 pm, TLU Men's Center • Dunbar Ministers Institute Neighborhood Association Meet Every Third Thursday 6:00 pm, 1303 East 24th Street (outreach center/party house) • West Texas Native American Association • Full Back Support on Saturdays: meetings prior to meeting, trainings held on second Saturday of each month at 7:00 pm. • Texas Association of Professional and Business Leaders • Texas Association of Cultural & Historical Collections Lubbock Affiliate Meet and Greet • Full-on Church Library 2nd Thursday 7pm • West Texas Native American Association meets 2nd Saturday each month at Gosses Library, 5521 14th Street, 7-10 • V. of T. Chapter of 100 Black Men meets 3rd Monday evening at 7:00 pm at the Parkway Neighborhood Center • The Parkway Graduate & Cherry-Pond Neighborhood Association meets 3rd Tuesday evening of each month at 7:30 pm at Parkway Neighborhood Center.

We would like to publish your monthly meetings. If you would like for an announcement to appear in this paper, please get it to us in writing by mailing it to:

Community Meetings C/O: Southwest Digest P.O. Box 2553 Lubbock, Texas 79408 or bring it by the Southwest Digest office at 902 East 25th Street

What's Inside....

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Washington D.C. Mayor, Anthony A. Williams, Will Speak in Lubbock

The mayor of Washington, D.C. and the mayor of the President of the United States of America, George W. Bush, will speak in Lubbock. He is Anthony A. Williams, and will be here for the Lubbock Emancipation Juneteenth Committee in fundraising banquet for the organization. The event will be held at the McInturf Conference Center, University Medical Center, 602 Indiana Avenue, on Saturday night, October 18, 2003, beginning at 7:00 p.m.

The proceeds from this event will be used for scholarships to help high school students pursue higher education. The cost is \$250 to \$500 per table and \$20.00 a ticket, or \$25.00 at the door.

Williams began serving as the fourth Mayor of the District of Columbia on January 4, 1999, 25 years after the city was granted Home Rule in 1974. On January 2, 2003, Mayor Williams was inaugurated and began serving his second term in office. His second term extends through December, 2006.

During his first term in office, Mayor Williams helped spur a renaissance in Washington, D.C. He and his administration have consistently produced a balanced budget, while generating economic stability and affordable housing. One of the cornerstones of Mayor Williams' tenure has been creating a friendly government that listens to citizens through town hall meetings and Citizen Summits. In his January 2003 inauguration speech, Mayor Williams named three key priorities for the city: education, public safety and expanding opportunity for all the District's citizens. These three priorities will serve as the core of Mayor Williams' vision and action as he and his administration work to serve the citizens of the District of Columbia.

In December, 2002, Mayor Williams was elected second vice-president of the Washington, D.C.-based National League of Cities (NLC). This election puts Mayor Williams in line to serve as NLC president of NLC in 2005. The

National League of Cities is the oldest and largest national organization representing municipal governments throughout the United States. Its mission is to strengthen and promote cities as centers of opportunity, leadership, and governance that work in partnership with 49 state municipal leagues.

Anthony Williams served as the District of Columbia Chief Financial Officer (CFO) from October, 1995 through June, 1998. Appointed by former DC Mayor Marion Barry to lead the District to financial recovery, Williams restored fiscal accountability for District agencies and balanced the city's budget. His work put the city on track for the return to self-government - two years earlier than projected - and delivered a surplus of \$185 million in fiscal year 1997. Under the leadership of Williams, the District achieved significant improvements in cash management, budget execution, and revenue collections.

Prior to joining District govern-



ment, Mayor Williams was appointed by President Clinton and confirmed by the Senate to serve as the first CFO for the US Department of Agriculture. Mr. Williams served as the Deputy State Comptroller of Connecticut, where he was responsible for the management of 250 separate funds and the state's budget and accounting services.

Born on July 28, 1951, in Los Angeles, California, Williams is the adopted son of Virginia and the late Lewis Williams, and is one of eight children. He graduated magna cum laude with a Bachelor of Arts in Political Science from Yale College, earned a juris doctorate from Harvard Law and a mas-

ter's degree in Public Policy from the Kennedy School of Government at Harvard University. He also served in the US Air Force.

Mayor Williams is a member of St. Augustine Catholic Church and several social service organizations, including 100 Black Men, Leadership Washington, and the Washington Urban League. He and his wife, Diane, live in the Foggy Bottom neighborhood of the District. They have a daughter, Asantewa Foster.

For more information, you may contact either Eddie Richardson at 762-3612; Hillary Hutchinson at 745-5271 or Nathan Cage at 763-8144.

Mae Simmons Senior Citizens Volunteer for 9-11

Several citizens of the Mae Simmons Senior Citizens took time out to help distribute the American flags during the September 11, 2003 celebration.

Those senior citizens were: backrow, left to right: Annie Day, Nelda Jackson, and Irene Buckner. Seated, from left to right: are B. J. Morrison, III, Bernice Nickerson, Samuel Curtis, and their driver, Gloria Gutierrez.

Thanks to each of these proud Americans for volunteering and a job well done.



Aretha Franklin Back in the Top 10!

Arista recording artist Aretha Franklin has zoomed to Number 10 on the Billboard Urban AC Monitor with "The Only Thing Missin'," the first single from So Damn Happy, her eagerly anticipated new album, it was announced last week by Antonio "L.A." Reid, President and CEO, Arista Records. As "The Only Thing Missin'" enters its fourth week at radio, it is the Number 2 spin gainer, with a total audience in excess of 5.2 million and adds continuing to pile up from every market, a strong showing of support for Aretha's latest hit.

"The Only Thing Missin'" is the opening track on So Damn Happy which has been on the set since September 16th. It is Aretha's 12th Arista album since 1980, and her first major new release since 1998's A Rose Is Still A

Rose. That album featured the title tune hit single and its follow-up "Here We Go Again," and generated nearly a dozen Grammy and NAACP Image Awards nominations in 1999. "The Only Thing Missin'" was produced by Troy Taylor, and co-written by Taylor with Gordon Chambers, Myiia Davis, and Rick Williams.



ARETHA FRANKLIN
ARISTA

Hundreds of Young People Jam CBCF Annual Legislative Conference to Learn About the Positive Power of Hip-Hop Culture from Movement Pioneers

(Washington, D.C.)-Congressional Black Caucus (CBC) Members and hip-hop movement pioneers joined forces today to enlighten the emerging hip-hop generation about the positive power of their culture. Congresswoman Maxine Waters (D-Calif.) moderated the Braintrust, Young Gifted and Black, which featured Russell Simmons, president and CEO of Rush Communications, Inc. and chairman of the Hip Hop Summit Action Network. The Braintrust, which was a part of the Congressional Black Caucus Foundation's 33rd Annual Legislative Conference (ALC) at the new Washington Convention Center, attracted an overflow crowd of close to 1,000 young people ranging in age from 13 to 25 years old.

"The response to this Braintrust is indicative of the growing youth appeal of the Annual Legislative Conference," said Congressman William J. Jefferson, CBCF Chairman. "Our efforts to actively engage our young people are being met with remarkable success, because we are learning how to tap into the issues that matter most to them." "Hip-hop is the most powerful force in American culture today," said Rep. Waters. "It's a force that can do more than sell records and set new fashion trends. Hip-hop can educate this young electorate and move them to exercise their right to vote. These young people have a tremendous voice and we are working with them to use it for good." Panelist Russell Simmons, who was joined by his brother Reverend Run from Run-DMC, was fresh from his vic-

tory in Philadelphia last month, where his Hip Hop Summit Action Network registered 11,000 new young voters. He told Braintrust attendees that the vote governs virtually every aspect of their lives and he urged them to not only exercise their own vote, but to also encourage their friends and family to do the same.

Other panelists were Cedric The Entertainer, MC Lyte, Pharoahe Monch, and Mos Def. Cedric The Entertainer, who majored in communications at Southeast Missouri State University, stressed the importance of getting a fir-

mal education and being prepared to pursue a career, not just a job. "A primary mission of the Congressional Black Caucus Foundation is to educate and empower the African-American youth of our nation, and that education can come in many creative forms including hip-hop music," said CBCF President Weldon J. Rougeau. "Congresswoman Waters' Braintrust has reached out and captured the attention of our young people and is going a long way toward involving them in responsible mature behavior that can improve the quality of their lives."



Above: Young Braintrust Attendees



Left: Rep. Maxine Waters speaks to an overflow crowd of young people during her Briefing Forum: "Young, Gifted, and Black"

Fashion Fun

by Shirley Roberson
Embroidery



Embroidery puts basic designs into a whole new fashion category.

There's a lot of emphasis put on stitching this fall.

Jeans, jackets, sweaters, shirts, skirts, shoes and hats are a bit dressier, punchier, bolder and more innovative with a touch of embroidery. Remember that it is all

about the stitch.

Ladies, lets not hesitate, lets get busy making our fashion statement. Believe me, its really O.K. for you to burst out in stitches!

Fashion Tip...Always wear a smile

Fashion...Just for the fun of it

City Wide Will Meet Saturday

The members of the City Wide Ushers will meet Saturday evening, October 11, 2003, beginning at 5:00 p.m. at the Rising Star Baptist Church, East Cornell avenue and North Zenith Avenue. Rev. Hiawathia Culver is host pastor.

As ushers, we are all glad to

be back with all of you again. Ushers, don't forget your non-perishable goods. Also bring another usher with you. Let them know all of us are needed.

Sister Sarah Bunton, president; and Sister Minnie Darthard, reporter.



CHATMAN HILLS CORNER

by Clarissa Jay

Citizens of the community are talking about the upcoming Fourth Annual Ministers In Song program which will be held on Friday evening, October 10, 2003, at the New Hope Baptist Church, 2002 Birch Avenue, beginning at 7:30 p.m.

Among some of the ministers appearing on the program are Rev. J.J. Johnson, pastor of Mt. Gilead Full Gospel Baptist Church, Rev. Leon Armstead, pastor of St. Mark Baptist Church, Rev. Marshall Harris, pastor of New Directions Church, Elder L. Culbaerson of Lyons Chapel Baptist Church, Rev. Kenneth Burns, pastor of Divine Love Baptist Church, Rev. Eddie Williams, and many other outstanding ministers and pastors.

The public is invited to attend.

If you want to help a very worthwhile program

for the Lubbock Emancipation Juneteenth Committee, it can happen. That is by buying a ticket to the upcoming Fund Raising Banquet for the organization. The tickets are \$20.00 each and \$25.00 at the door. Tables for \$250.00 to \$500.00 are also available for organizations who want to participate.

Guest speaker will be Mayor Anthony A. Williams, who serves as Mayor of Washington, D.C.

The affair will take place on Saturday evening, October 18, 2003, at the University Medical Center's McInturff Conference Center, 602 Indiana Avenue. It will begin at 7:00 p.m.

For more information, call either Eddie Richardson at 762-3612, Hillary Hutchinson at 745-5271 or Nathan Cage at 763-8144.

Let us continue to pray for those citizens in the community who are sick and shut-in. This week, there are many who are shut-in. Who knows, it could be our turn next

week. So pray and if you have an opportunity, visit someone who is shut-in.

Don't forget those who have lost loved ones. Remember, God is able. He will wipe away all tears.

Services were well attended last Sunday morning at New Hope Baptist Church. There was Meditation and Prayer. The Praise Team did a wonderful with their services.

After several selections by the New Hope Choir, Pastor Moton delivered the morning sermon. His subject was "What Are We Going To Do With God?" His scripture text was 1 Samuel 4:5.

The morning announcements were read by Sister Joan Y. Ervin. Brother Napoleon Cooper welcomed all visitors.

If you are unable to attend church services, because of illness or other matters, you can tune in to the New Hope Baptist Church's Broadcast over Radio Station KJAK, 92.7 FM, beginning at 11:30 a.m.

until 12:30 p.m.

The Third pastoral Anniversary for Supt. W. David Haynes, pastor of Christ Temple Church of God In Christ, was held last Sunday afternoon, October 5, 2003. The Anniversary Sermon was delivered by Rev. Wendell Davis, pastor of Lyons Chapel Baptist Church.

Special presentations were given by Tree of Life COFIC Supt. R.L. Caro; St. James Baptist Church, Rev. E.L. Harris; 1st Church of God in Christ Slaton, Elder Percy B. Phenix; Jerusalem Temple COGIC, Bishop J. E. Judie; One Way COGIC, Supt. Jimmie Brown and greater Works COGIC, Elder Jack Moore.

We are still interested in reporting what is happening in your church or organization. Let us hear from you. You may do so by writing: The Chatman Hill Corner, Southwest Digest, P.O. Box 2553, Lubbock, Texas 79408.

We want to hear from you.

SISTER2SISTER

"A Ministry for the Development Of Gracious Young Women" Psm 84:11



Sister2Sister is a Community Block Development Grant funded mentor program. This program will be conducted at Full Armor Ministries located at 4201 Avenue J. All young ladies between the ages of 11 - 17 are welcome.

If you are interested in becoming a Mentor, please give us a call.

For more information please contact Vecelia Mann @ 744-6947 or Shannon Spencer @ 747-7724

Army & Air Force Hometown News

Christel J. Garcia has graduated from the Army ROTC (Reserve Officer Training Corps) National Advanced Leadership Camp at Fort Lewis, Tacoma, Wash.

The camp provides the best possible professional training and evaluation for all cadets in the aspects of camp life, administration and logistical support. Although continued military training and leadership development is included in the curriculum, the primary focus at camp is to develop and evaluate each cadet's officer potential. The cadet command assesses each cadet's performance and progress in officer traits, qualities and professionalism while at camp.

She is the daughter of Joe S., and Mona T. Garcia of 47th St., Lubbock, Texas.

Photography by Gerald

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CHURCH DIRECTORY



**WE THANK GOD FOR JESUS.
"A GOOD HUSBAND OR WIFE"**

MATTHEW 6:33, JESUS SAID, SEEK YOU FIRST THE KINGDOM OF GOD, AND HIS RIGHTEOUSNESS, AND ALL THESE THINGS SHALL BE ADDED UNTO YOU.

I HEAR SO MANY TIMES, CHRISTIANS SAY: GOD GAVE MY MATE TO ME, BUT NOT LONG AFTER THEY'RE IN THE COURT HOUSE, TRYING TO GET FREE.

PROVERB 6:24,25, TO KEEP THEE FROM THE EVIL WOMAN, FROM THE FLATTERY OF THE TONGUE OF A STRANGE WOMAN. LUST NOT AFTER HER BEAUTY IN YOUR HEART; NEITHER LET HER TAKE THEE WITH HER EYELIDS.

AND WE DO KNOW A GOOD WIFE; OF HUSBAND ARE FEW AND HARD TO FIND. I THANK GOD FOR MY WIFE JEF-FOTHEL; THE LORD BLESSED ME WITH MINE!!!

PROVERB 30:10,28, WHO CAN FIND A VIRTUOUS (RIGHTEOUS) WOMAN? FOR HER PRICE IS FAR ABOVE RUBIES. HER CHILDREN ARISE UP, AND CALL HER BLESSED; HER HUSBAND ALSO AND HE PRAISES HER.

IF YOU SEEK THE LORD IN PRAYER; AND FIND OUT WHAT IS HIS WILL IS, HE WILL GIVE YOUR MATE; AND YOU WILL BE BLESSED WITH A GODLY DEAL.

PROVERB 3:5, TRUST IN THE LORD WITH ALL YOUR HEART; AND LEAN NOT UNTO YOUR OWN UNDERSTANDING.

MANY SEEKING A MATE FOR HER THE BEAUTY; OR THE LUST OF HIS FLESH, BUT WHEN YOU WAIT ON THE LORD; THE BEAUTY OF THE HEART IS ENOUGH!!!

PROVERB 3:6, IN ALL YOUR WAYS ACKNOWLEDGE GOD, AND HE SHALL DIRECT YOUR PATHS.

BECAUSE AFTER THE WEDDING NIGHT; IN TWO WEEKS; THE THRILL IS GONE, THEN THEY GO TO THE DIVORCE COURTS; WANTING TO BE ON THEIR OWN!!!

EPHESIANS 5:31, FOR THIS CAUSE SHALL A MAN LEAVE HIS FATHER AND MOTHER, AND SHALL BE JOINED UNTO HIS WIFE, AND THE TWO SHALL BE ONE FLESH.

CHRISTIANS SHACKING BEFORE MARRIAGE; LIKE TRYING THE CAR BEFORE YOU BUY.

THAT IS OF THE DEVIL; AND IT FORNICATION; AND GOD HATES IT; NO LIE!!!

HEBREWS 13:4, MARRIAGE IS HONOURABLE IN ALL, AND THE BED UNDEFILED; BUT WHOREMONGERS AND ADULTERERS GOD WILL JUDGE.

MANY TIMES THE HUSBAND WANT TO BOSS; AND SAY I WEAR THE PANTS, WEARING THE PANTS DON'T MAKE A MAN; SAYING; BY MY MUSIC YOU DANCE.

EPHESIANS 5:23, FOR THE HUSBAND IS THE HEAD (NOT BOSS) OF THE WIFE, EVEN AS CHRIST IS THE HEAD (NOT BOSS) OF THE CHURCH; AND HE IS THE SAVIOUR OF THE BODY.

MANY TIMES THE WIFE; WANT TO LIVE THE EVERY-DAY STYLE IN THE MALL, AND KNOWING THE HOUSE-HOLD MONEY SAYS; NO, BUT HER MIND IS SMALL.

V.22, WIVES, SUBMIT YOURSELF UNTO YOUR OWN HUSBANDS, AS UNTO THE LORD.

AND HUSBANDS YOUR WAY IS NOT ALWAYS THE BEST AND ONLY WAY, TWO HEADS ARE BETTER IN PRAYER; LISTEN TO WHAT THE WIFE HAS TO SAY!!!

PSALM 27:14, WAIT ON THE LORD; BE OF GOOD COURAGE, AND HE SHALL STRENGTHEN YOUR HEART; WAIT, I SAY, ON THE LORD.

WRITTEN BY EVANGELIST BILLY B.J. MORRISON, III, YOUR BROTHER IN CHRIST JESUS, ALWAYS



**from the Desk of Parson D.A. Smith
Rush Limbaugh: "Racist or ConArtist"**

Rush Limbaugh, one of the most provocative talk show host of modern times, departed from his job at ESPN for what was said to be a racial motivated comment about Philadelphia Eagles quarterback Donovan McNabb.

Limbaugh who is known for his negative feeding frenzy to ultra conservatives may have gone too far with his provocative behavior at ESPN and could have unknowingly felo-de-se. Limbaugh facing an exceptional amount of negative criticism said he quit his talk-show host job to protect ESPN. He explained his decision as "It was the path to least resistance."

Among the comments made by Limbaugh were "I think that we've had here is a little social concern in the NFL. The media has been very desirous that a black

quarterback do well...there is a little hope invested in McNabb, and he got a lot of credit for the performance of this team that he didn't deserve. The defense carried this team."

Limbaugh said of his comments, "It's something I have believed for quite a while...I don't mean it to hurt anybody...It's just an opinion."

Those of us who have listen to the "fatty liver" provocative remarks of Limbaugh about minorities in a variety of ways for a number of years have to ask is this a continuing self-motive pejorative or is this an institutional problem that still exists from the notion of white forefathers who taught blacks were not fully human. Could Rush be a con artist?

Having listened to Rush Limbaugh for a number of years, I have to believe his satanic behavior is an alleged mixture between a

"want-a-be racist and a con artist." A racist is defined as one who believes that inherent differences among the various human races determine cultural or individual achievements usually involving the idea that his or her own race is superior and has the right to rule others. A "con artist" is defined as a person adept at lying, cajolery or glib, or self serving. He or she could also be a person adept at swindling by means of confidence games.

I see Rush Limbaugh having swindled for financial gain and power the Archie Bunker's (the poorly educated blue-collared white workers, holding ultra conservative, racist, and male-chauvinist opinions) of the American society. These poor naive people who have just determined what a septic tank was use for, with their misguided notions of other races and especially black Americans are being used by Limbaugh.

Therefore, I believe Rush uses his "silver tongue" for financial gain. His actions hurt other people. His serpentine behavior is dangerous to all of society and should be seen for what it is.

The positive side for black American is that such malignant creatures let us know that after nearly 500 years from our emancipation, we still live in a country where there are those who do not consider us as being intellectual astute as they pretend they are. We are still reminded that the color of your skin matters and every day you must wake up to being black, and that inner belief by the majority group will continue as long as we have the likes of Rush Limbaughs'.

However, we gleam rays of hope from such mishaps. We who are knowledgeable know that through dialogue and interaction we can change the evil faces of racism in America.

The Outreach Prayer Breakfast

The members of the Outreach Prayer Breakfast met last Saturday morning, October 5, 2003, in the home of Sister Christine Burleson. Devotion was led by Sister Burleson. She was assisted by Sister Dorothy Nash. What a time in the Lord all had!

A solo, "When The Storms of Life Are Raging, Stand By Me," was sung by Sister Annie Day. Sister Day taught the morning scripture lesson. Her subject was "There's Another Storm, What Shall We Do?" Her scripture text was Matthew 8:23-27; Luke 8:22-25; Mark 4:30.

"Then he got into the boat, and his disciples followed him, without warning, a furious storm came up on the lake. But Jesus was sleeping. The disciples went and woke him, saying, Lord, Save us! we're going to drown. He replied, you of little faith, why are you so afraid? Then he got up and rebuked the winds and the waves, and it was completely calm. The men were amazed, and asked,

what kind of man is this? Even the winds and the waves obey him.

Luke 8:22-25 "One day Jesus said to his disciples, let's go over to the other side of the lake. So they got into a boat and set out. As they sailed, he fell asleep. A squall came down on the lake. So the boat was being swamped, and they were in great danger. The disciples went and woke him up saying, Master, Master, we're going to drown. He got up and rebuked the wind, and the raging waters the storm subsided, and all was calm. Where is your faith? He asked his disciples.

In fear and amazement, they asked one another, Who is this? He commands even the winds and the water, and they obey him.

Mark 4:35-41 "That day when evening came, he said to his disciples. Let us go over to the other side, leaving the crowd behind. They took him along. Just as he was in the boat, there were also other boats with him. Jesus was

sleeping on a cushion. The disciples woke him and said to him, Teacher, don't you care if we drown? He got up and rebuked the winds and said to the waves, "Quiet" be! Still! Then winds died down and it was completely calm. He said to his disciples, "Why are you so afraid? Do you still have no faith? They were terrified and asked each other, "Who is this? Even the winds and the waves obey him."

Speaking of this incident on three occasions are three different Gospels. So we could truly get the message.

The sea of Galilee is an unusual body of water. It is relatively small only 13 miles long, 7 miles wide, but 150 feet deep and the shoreline is 680 feet below sea level. Sudden storms can appear with little warning over the surrounding mountains stirring the water into violent 20 feet waves. The disciples had not foolishly set out in a storm, they had been caught without warning and their

danger was great.

When we start out in life, we don't look for a storm, but sometimes they come unexpected. Storms we bring on ourselves. They are called isolated storms. Storms of doubt, storms of confusion, storms with our children, grandchildren; storms in our minds; mental storms; storms of troubled hearts, hatred, jealousy, envy, and others. These storms will just keep on blowing in our lives. If our souls are not anchored in Jesus, we're in the midst of another storm. What you gonna do. God told Nicodemus he must be born again.

Thanks, Sister Annie Day for the great word!

For all of you who are hurting people, God is the answer. Things are looking suspicious in your community. Do a drive by prayer. We love all of you!!! Sister Dorothy Hood, president; Sister Christine Burleson, vice president; and Sister Elnora Jones, teacher.

Bethel African Methodist Episcopal Church

2202 Southeast Drive
806-744-7552

Pastor's study 806-741-0208
dpoebethel@aol.com

Intercessory Prayer 8:30am
Church School 9:30am
Morning Worship 10:50am
Evening Worship 6:00pm
Wednesday Bible Study
12:00 Noon and 6:00pm



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St. John Baptist Church 58th Church Anniversary



"For just as the body is one and has many members, and all the members of the body, though many, are one body, so it is with Christ."
1 Corinthians 12:12

"Many members, But One Body"

October 11, 2003 @ 7pm

Opening Musical w/First Progressive Baptist Church
Lyons Chapel Baptist Church, Mt. Gilead, Baptist Church Choir,
Mt. Calvary Baptist Church Choir, & St. John Baptist Church Sanctuary Choir.

October 12, 2003 @ 3pm

W/Pastor Larry Brooks and Community Baptist Church

St. Matthew Baptist Church News

Beginning at 11:00 a.m. on Saturday, October 11, 2003, a BBQ Plate Dinner will be held in the St. Matthew Baptist Church Fellowship Hall. Come one, come all and help support this fundraising project.

Last Sunday morning's church service, October 5, 2003, it all began with Sunday School. Pastor Edward Canady taught the morning lesson. It was a wonderful lesson. All learned a lot.

Rev. Canady delivered a powerful sermon. His subject was "The Rumor Is All over Town." His scripture text was St. Luke 7:13-17.

The Choir sang beautifully. The spirit was there on last Sunday morning through the singing of God's praises.

In observance of Pastoral Month, the Sunday School Department will have a program immediately after services on Sunday, October 19, 2003. This will involve a fellowship with our Pastor in the L. V. Davis Fellowship Hall.



In Remembrance...



Dennis Quigley

Funeral services for Dennis Quigley were held last Saturday afternoon, October 4, 2003, at the Hope Deliverance Temple Church

with Supt. R. L. Caro officiating.

Elder Charles Tanner is pastor.

Interment was held in Peaceful Gardens Memorial Park in Woodrow, Texas under the direction of Ossie Curry Funeral Home.

He passed away Tuesday, September 30, 2003, in Covenant Medical Center in Lubbock.

Mr. Quigley was born in Limestone County, Texas. He worked as a diesel mechanic for 40 years with Rolling Leasing Corp. After his

retirement, Mr. Quigley worked part-time at the Lubbock Avalanche-Journal newspaper.

He is survived by his wife, Mary Caro Quigley of Lubbock, Texas; a son, Clifton Stiggers of San Antonio, Texas; two daughters, Valarie and Bonnie, both of Lubbock, Texas.

ONCE ISN'T ENOUGH: Texans Should Recycle Every Day

(Austin, Texas)-Once just isn't enough in Texas. That's the message the Texas Commission on Environmental Quality and Keep Texas Beautiful are sending with this year's Texas Recycles Day theme: Texas Recycles Every Day.

Texas Recycles Day (TRD), the statewide, public awareness campaign to encourage Texans to start recycling, is held annually on November 15. The

Texas Recycles Every Day theme encourages Texans to make recycling a part of their daily lives with one or all of the Four Rs: Reduce, Reuse, Recycle, and Rebuy. Events will be held statewide from mid-October through November 17 to raise awareness about how easy and important it is to recycle.

Any individual, group, or company can participate in or hold a Texas Recycles Day

event. Last year, more than 300,000 people participated in TRD events across the state of Texas.

To participate in reuse or recycling events, download publications, or learn more about recycling, go to www.texasrecyclesday.org. The Texas Commission on Environmental Quality and Keep Texas Beautiful are co-sponsoring TRD in 2003.

Waiting for MacArthur in Production

LUBBOCK, TX-Lubbock Christian University's Communications and Fire Arts Department will be presenting *Waiting for MacArthur* by P. Paulette MacDougal on October 10-11 in the Moody Auditorium at 8:00 p.m. each evening. The play is under the direction of Dr. E. Don Williams, assisted by Dr. Laurie Doyle.

The play is set in 1942, six months after the attack on Pearl Harbor. War was raging in the Pacific. General Douglas MacArthur's base of operations on Corregidor, an island fortress at the mouth of Manila Bay, was under daily bombardment. All non-fighting person-

nel, including the fort's hospital and operations room, were moved into a dank, crowded underground tunnel. When it became apparent that the Allies could no longer defend the island, General MacArthur and his family left. As he was departing, leaving more than ten thousand American and Allied troops stranded, he made famous these lines, "Keep the flag flying, and I shall return."

When he returned several years later, all those who served our country on Corregidor had been killed, starved to death, or taken prisoner. More than a hundred nurses were taken prisoner, and though conditions of

their imprisonment were harsh, most survived.

Waiting for MacArthur was written after much research and interviewing of veterans by the playwright. The character of Annie Lou Holsom is a composite of the memories of many heroic WWII service people. This play is dedicated to "The Greatest Generation," those men and women whose sacrifices saved the world for liberty and freedom.

Tickets are priced at \$7.50 for adults and \$5.00 for students and seniors. For tickets, call 720-7726.

**Strength for Today
hope for Tomorrow**
by Gerald Jackson

How can I know that I am saved? continued

The Bible teaches us that we can know the truth based on the testimony of the apostles who walked and lived with Jesus. Then we must believe this truth that the Bible teaches about Jesus. Our belief then leads us to obey what the Bible teaches (John 17:17-20).

We must repent. That means that we change our minds

and actions and do what God tells us through the Bible. God wants us to change the way we live (2 Peter 3:9). We must confess (this word means to agree with) what Jesus about says about Himself as our Lord and Christ (Matthew 10:32). If we are not ashamed to tell others that we belong to Jesus then He will not be ashamed to tell His Father about us. We believe that we need Him to save us and He agrees with us about our need for Him to save us. He then confesses us to the Father.

To consummate our faith in Jesus we are then baptized (immersed) in water for the forgiveness of sin (Acts 2:38). Baptism is a response of our faith, it is an act of obedience. It is amazing to see the resis-

tance to being baptized. Outside of direct rebellion to God's word I am at a lost to describe the objection to this command. This brief article does not allow me to do a complete treatise on the necessity of baptism. I have listened to all of the arguments

against being baptized for the forgiveness of sins, but the one overriding reason for all of the arguments is that the Bible commands it. If that is not sufficient to render obedience to this command, try this one on; Jesus

was baptized to fulfill all righteousness (Matthew 3:15). This statement simplified means that Jesus did it because it was the right thing to do. He didn't need to do it for the forgiveness of sins, as do the rest of us, because He had no sins. He did it because He said it was the right thing to do. If that isn't sufficient for us to obey, consider what Paul says about baptism. "Or do you not know that all of us who have been baptized into Christ were baptized into His death." (Romans 6:3). The question then begs to be answered; why are we baptized into Jesus' death? Because, his death is the only place where the sins of humanity are paid for. If you are not in His death you still carry your sins and are held accountable for them.

However, if you are in Jesus then He accounts for your sins by His blood. He has paid the price for them. You are no longer expected to make atonement for them.

After you have been baptized then you have the ability to work for the Lord. "For we are His workmanship, created in Christ Jesus for good works, which God prepared beforehand, that we should walk in them." (Ephesians 2:10). Since we are free from sin we can do the works of righteousness. This is how we can know that we are saved. We obey his word and God calls us to be His own.



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Boardwalk is a 25-unit community located east of Texas Tech University on 19th Street. A major thoroughfare, this community is centrally located, convenient to shopping, dining, and recreation. The community is located in a prime location, close to the main campus and Texas Tech University. It offers a popular full-service retail environment with large and small businesses. The property is built around a central courtyard and is a beautiful, landscaped area with hard woods and mature trees.

Bay Tree 3333 Toledo 793-5605
Bay Tree is a 25-unit community located east of Texas Tech University in the Lubbock area. This community is centrally located, convenient to shopping, dining, and recreation. The community is located in a prime location, close to the main campus and Texas Tech University. It offers a popular full-service retail environment with large and small businesses. The property is built around a central courtyard and is a beautiful, landscaped area with hard woods and mature trees.

Gatewood 2701 44th Street 793-5514
Gatewood is located south of Texas Tech University in south central Lubbock. The location of the community is centrally located, convenient to shopping, dining, and recreation. The community is located in a prime location, close to the main campus and Texas Tech University. It offers a popular full-service retail environment with large and small businesses. The property is built around a central courtyard and is a beautiful, landscaped area with hard woods and mature trees.

Twin Oaks 5817 22nd Street 792-2738
Twin Oaks is a 25-unit community located east of Texas Tech University in the Lubbock area. This community is centrally located, convenient to shopping, dining, and recreation. The community is located in a prime location, close to the main campus and Texas Tech University. It offers a popular full-service retail environment with large and small businesses. The property is built around a central courtyard and is a beautiful, landscaped area with hard woods and mature trees.

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COOKING CORNER

Herb-Rubbed Pork Loin with Honey Onion BBQ Sauce

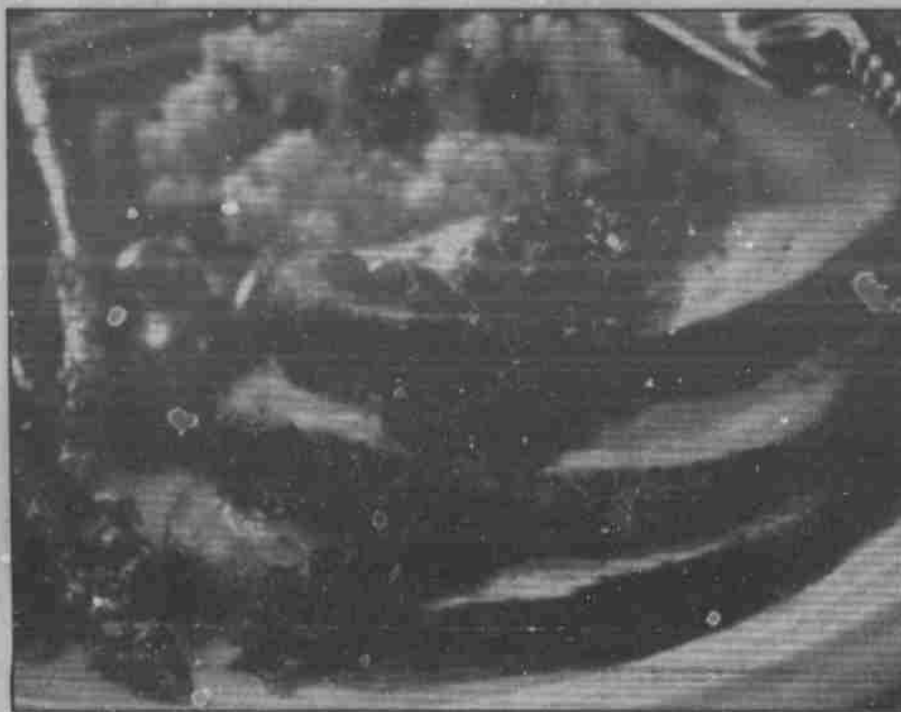
Honey-Onion Barbecue Sauce:
2 tablespoons canola oil
1 1/2 cups finely chopped onion
1/2 cup balsamic vinegar
1/2 cup pure clover honey
(Burlison's Honey recommended)

Herb Rub:
2 teaspoons dried rosemary leaves, crushed
2 teaspoons dried thyme leaves, crushed
2 teaspoons ground cumin
1 teaspoon coarsely ground black pepper
1 teaspoon garlic salt
1 boneless pork loin (2 to 2 1/2 lb)

In small saucepan, heat oil over medium heat, swirling to coat pan. Add onion; cook and stir 5 minutes or until onion is translucent. Stir in vinegar and

honey. Heat to boiling; reduce heat and simmer (uncovered) 15 minutes, stirring occasionally. (If not using immediately, refrigerate in container with tight-fitting lid.) Combine Herb Rub ingredients; rub evenly onto pork. Place in resealable plastic bag. Refrigerate.

When ready to cook, grill pork directly over hot coals (medium-high heat) 15 minutes per side to brown slightly. Then place pork over indirect heat and grill 35 to 45 minutes longer. Check center of pork with an instant read thermometer. When internal temperature of pork reaches 160°, brush sauce on all sides of pork. Grill 10 minutes more. Serve with sauce. Makes 8 to 10 servings.



If you would like to submit a recipe of your own, please mail it to the Southwest Digest, P.O. Box 2553, Lubbock, Texas 79408 or bring it by the Southwest Digest office at 902 East 23rd Street. If you would like, you may also send a picture of yourself or a picture of the prepared dish.

You Can't Catch Asthma

Lubbock-A quick glance in the mirror can show so much. Who a person is, how they live and what they are surrounded by on a daily basis are just a few factors that help to determine the risk of asthma in U.S. adults.

Researchers at Texas Tech University Health Sciences Center and the University of Texas Houston School of Public Health analyzed data from 18,393 U.S. adults, aged 20 years and older who participated in the third National Health and Nutrition Examination Survey, to determine why the occurrence of asthma and wheezing has been on the rise in the United States.

"The prevalence and severity of asthma have been increasing in the general population, both worldwide and in the United States, and we wanted to better understand the growing trend," said Ahmed Arif, M.D., Ph.D., first author and assistant professor in the Division of Health Services Research in the Department of Family and Community Medicine at the Texas Tech University Health Sciences Center.

Of the U.S. adult population, 4.5 percent suffer from asthma and another 16.4 percent reported wheezing in the

previous 12 months. Demographics, socioeconomic backgrounds, indoor air quality, allergies and other characteristics are all variables taken into consideration when determining who is at the highest level of risk for asthma.

Closely resembling chronic obstructive pulmonary disease and other respiratory infections, asthma is often overlooked in regards to the elderly. Due to the common misdiagnosis of asthma in adults 60 years and older, asthma is generally under treated and is responsible for 3.6 percent of this particular population's breathing troubles.

In the present study, the high occurrence of asthma and/or wheezing was affected by various environmental factors. Smoking is one issue that can affect the diagnosis and severity of asthma in the elderly. Many other factors can contribute to this disease as well. Pet ownership, seasonal allergies and obesity have all been linked to asthma and/or wheezing.

"This study shows the differences that should be taken into consideration when devising a treatment," said Arif.

Coping with Mold - a fungus among us

They are everywhere — in the air, on your clothes, walls, carpet — waiting for the right convergence of moisture and food. Where water from a leak in a roof, a seeping pipe or some other source meets sheetrock, wood, carpets or some other tasty morsel, they grow and spread. Then these lowly mold spores become a headache — or, for some, a more serious health threat.

"Mold is a fungus, and it has a useful function in nature because it breaks down organic material," said Claren Kotrla, chief of the bureau of environmental health at the Texas Department of Health (TDH). "Unfortunately, the destructive properties that make it so useful outdoors can become a health hazard when molds are active inside a home or building."

He said one of the reasons mold has become a problem recently is because modern homes and buildings are designed to be energy efficient. "As a result of greater insulation in buildings, we no longer have the natural ventilation and air circulation that tend to keep mold growth in check," Kotrla said. However, good construction techniques that prevent water intrusion can reduce the potential for mold exposure.

Because mold spores and the building materials they feed on are ever present, the best way to prevent mold growth is to control moisture.

"A good maintenance program — inspecting for potential water leaks following a heavy rain, high winds or any construction that penetrates the roof — goes a long way to prevent mold problems," Kotrla said. TDH recommends that maintenance supervisors at schools, other public buildings and busi-

nesses include mold prevention strategies in a comprehensive maintenance plan.

Homeowners also should check periodically for possible water leaks. In addition, Kotrla offered some steps for controlling mold in and around the home:

Clean bathrooms often with bleach and keep surfaces dry.

Repair water leaks promptly and properly.

Ensure that the home has adequate ventilation, including exhaust fans in the kitchen and bathrooms.

Do not carpet bathrooms, basements, kitchens or other areas prone to collect moisture.

Homeowners can deal with minor mold problems by wiping down the affected area with bleach and removing and replacing moldy materials. Kotrla advises those who need to remove larger amounts of mold to close off the affected area, turn off air conditioning, wear gloves and eye protection and then wash their clothes promptly. If there is extensive damage due to flooding or an undiscovered leak, professional help may be required.

People with asthma, immunocompromised people, the very young and the elderly should avoid exposure to mold and should not be present when mold is removed from a building, Kotrla said.

Individual reactions to mold exposure vary widely from watery eyes to severe respiratory distress and often depend on such factors as amount and type of molds present, length and frequency of exposure and the health of the individuals at the time of exposure. Many people who are sensitive to mold have flu-like symptoms — headache, congestion, sneezing, coughing and throat irritation.

TDH's indoor air quality program has additional guidelines for preventing mold in schools and other public buildings and information for consumers on preventing mold in the home, cleaning up or removing mold; possible health effects and a list of businesses that specialize in mold remediation. These materials are available online at www.tdh.state.tx.us/beh/iaq/ or by calling (800) 293-0753.

Attorney General Creates New Fugitive Unit that Targets Child Predators

As a parent, I can think of no other crimes worse than those committed against children. As a Texas, I want our communities to be safer. As your Attorney General, I am taking action. I have formed and launched a new Fugitive Unit, with a focus on child sexual predators.

Our initial mission is to locate, arrest and send back to prison convicted predators who have violated the conditions of their parole. Just week: into the program we're already making neighborhoods safer.

In recent weeks, my investigators with the Fugitive Unit have arrested 14 of these child sex offenders wanted for parole violations. Each of these men had convictions for sex crimes against children. One such felon was arrested while watching children play on a busy playground.

The Attorney General's Office is not targeting offenders who comply with the terms of their parole and abide by the law. In order to be a target of the Fugitive Unit, a person must be a child sex offender who has violated the terms of his or her parole.

The recent arrests continue a long string of apprehensions of child predators by the Attorney General's Office. Our Cyber Crimes Unit, formerly the Internet Bureau, was already in existence before the formation of the Fugitives Unit. My investigators in that unit target child predators who hunt for victims in Internet chat rooms. So far, the Cyber Crimes Unit has successfully facilitated the arrest and indictment of fifteen men.

Each of the men used chat rooms to solicit sex with individuals whom they believed to be underage girls or boys. Unknowingly, the men were actually setting up meetings with Attorney General investigators. They were arrested when they showed up to meet the "children" in person.

One of the more recent arrests occurred in Bastrop County on September 5. Donald Lee Westbrook III, an employee at Selectron, an Austin high-tech company, was arrested at a restaurant along Texas Highway 71 as he arrived to meet a 13-year-old "girl" he had met in an Internet chat room. The Bastrop County Sheriff's Office assisted in this arrest. Westbrook has since been indicted.

Our record of success in arresting these individuals shows that the problem exists on a scale some parents may not realize. In fact, we may just be scratching the surface.

That is why the Attorney General's office will continue to work side by side with local law enforcement officials and with parents to safeguard our children. We are confident that the number of these arrests made by the Fugitives Unit and Cyber Crimes Unit will continue to grow.

We are very pleased that our efforts to date have been successful, but we will not rest on our laurels in our quest to remove child predators from chat rooms and neighborhoods. We must all remain vigilant and united in the protection of our children.

A Friend...

A friend is one who walks beside you;
A friend is one who shares your pain;
A friend is one who knows your longings;
A friend is one who will remain!

Hope C. Oberhelman

The Way...

I looked for hope and did not find it;
I looked for faith and could not pray—
I looked for joy and just felt sadness;
I looked for God and found the Way!

Forgive Us...

It is painful to remember
All those many years ago,
When people came across the seas,
Chained to the hulls below...

It is painful to remember
All the anguish and the hurt,
That they have had to suffer
Through long days of sun and dirt...

It is painful to remember
All the burdens they have born,
And the foul discrimination,
And the cruelty and scorn...

It is painful to remember
All the sorrow they have felt,
And the fears and tribulations,
And the shanties where they dwell...

It is painful to remember
That they suffer still today;
Please forgive us, gentle Master,
And release them all the way!

Hope C. Oberhelman

Photography by Gerald

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EHS All Sports Spaghetti Dinner Fundraiser

EHS Matadors vs. Friendship

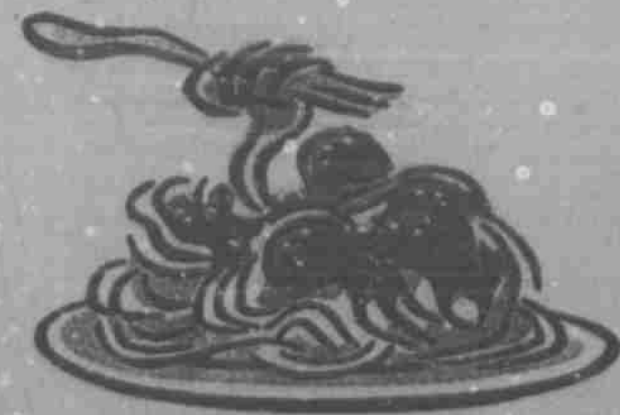
WHEN: Thursday, October 9, 2003

WHERE: Estacado Cafeteria

TIME: 5:00 P.M. - 7:00 P.M.

COST: \$5.00 per plate

Purchase tickets from any EHS coach and/or student athlete



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Editorials • Comments • Opinions



THIS WEEK IN HISTORY

Compiled and Edited by Dr. Michael Ward
October 5 - October 11

IT HAPPENED ...

* Friday, October 9, 1701: Ivy League Yale University, the first US school to award a doctorate degree, was chartered as The Collegiate School of Connecticut in New Haven, CT. Another Ivy League school, Princeton University, was founded as the College of New Jersey in 1746. Cornell University was opened in Ithaca, NY on Wednesday, October 7, 1868.

* Saturday, October 10, 1796: According to tradition, the metric system was born on this date. The October 10 (10/10) date was chosen because it seems to signify the base-10 measurement method. On Thursday, October 20, 1983 the length of the meter was redefined by an international body: originally based on one-ten-millionth of the distance from the North Pole to the equator, the meter was re-established as the distance that light travels in a vacuum in 1/299,792,458 of a second.

* Tuesday, October 7, 1806: Englishman Ralph Wedgwood obtained a patent in London for carbon paper.

* Friday, October 10, 1845: The United States Naval Academy, known as the Naval School until 1850, opened in Annapolis, MD with 50 midshipman students and seven professors. A separate important naval institution, the Naval War College was established in Newport, RI on Monday, October 6, 1884.

* Saturday, October 6, 1866: The first train robbery in the US occurred when the Reno Brothers netted about \$13,000 in a holdup near Seymour, IN.

* Sunday, October 8, 1871: The Great Chicago Fire started at about 9:00 pm at or near the barn of Patrick and Catherine O'Leary on DeKoven Street in the crowded southwestern section of the city. Driven by strong winds the fire engulfed the center of the city and jumped the Chicago River around midnight. On Tuesday, October 9th rain began to fall, and the fire was finally extinguished after three days. The Great Chicago Fire destroyed over 4 square miles, wiping out over one-third of the city, causing an estimated \$200 million in damage, and leaving almost 100,000 Chicagoans homeless. At least 250 people died in the fire. No one is certain whether Mrs. O'Leary's cow started the Great Chicago Fire by knocking over a lantern. The Chicago City Council later passed a resolution exonerating the cow.

* Sunday, October 8, 1871, as the Chicago Fire raged, a fire began in the town of Peshtigo, Wisconsin, 225 miles to the north of Chicago. The fire burned across six counties and killed over 1100 people.

* Tuesday, October 5, 1880: Alouzo T. Cross patented the first ballpoint pen.

* Tuesday, October 9, 1888: The Washington Monument was completed and the public was admitted. It took 12 minutes to reach the top by elevator.

* Thursday, October 6, 1927: The first movie with a sound track, "Jazz Singer," starring Al Jolson in blackface, premiered in New York City. The film was not truly a "talkie" since it only contained 281 spoken words. The "Jazz Singer" is popularly believed to be the first talking picture, but technically, the 1926 "Don Juan" was the first to synchronize a music track recorded on phonograph records to a film.

* Thursday, October 9, 1930: Laura Ingalls, at age 29, became the first woman to complete a solo transcontinental airplane flight, flying from New York, NY to Glendale, CA in 30 hours-27 minutes flying time. She made nine stops over four days for refueling and rest. Twenty years earlier, on Sunday, October 23, 1910 Blanche S. Scott had become the first woman aviator, known as an aviatrix, by soaring to an altitude of 12 feet over Fort Wayne, IN.

* Monday, October 5, 1931: The

first transpacific airplane flight was completed, from Japan to Washington state. On Saturday, October 10, 1959 Pan American became the first airline to offer regular flights around the world.

* Tuesday, October 10, 1933: Waldo L. Semon received a patent for a method of making plasticized PVC, now known simply as vinyl.

* Monday, October 6, 1941: "Electric photography," now known as xerography or photocopying, was patented by Chester Carlson.

* Sunday, October 5, 1947: Harry Truman became the first US president to address the nation by television. From the White House he asked Americans to not eat meat on Tuesdays nor poultry on Thursdays, in order to save feed grains to help the starving people of post-war Europe.

* Sunday, October 9, 1949: Harvard Law School began admitting women.

* Saturday, October 6, 1956: Dr. Albert Sabin developed the oral polio vaccine. Dr. Jonas Salk had previously introduced an injectable vaccine in 1952.

* Thursday, October 11, 1962: Pope John XXIII convened "Vatican II," at which time it was declared permissible to use Latin language, rather than strictly Latin, in the Catholic Liturgy.

* Wednesday, October 10, 1973: Spiro Agnew became the first US vice president to resign in disgrace, after he was accused of accepting bribes, pleaded no-contest to one count of federal income tax evasion. He was later sentenced to three years probation and a \$10,000 fine. President Nixon named Gerald Ford as the new VP.

BORN...

* On Thursday, October 7, 1897: Hon. Elijah Muhammad, in Sandersville, GA. The Honorable Elijah Muhammad, born Elijah Poole, was a black social activist and the religious leader of the Nation of Islam, also known as Black Muslims. He died in February 1975.

* On Wednesday, October 10, 1917: Thelonious Monk, in Rocky Mount, NC. This noted black musician was one of the creators of the bebop style of jazz. He died in February 1982.

* On Wednesday, October 8, 1941: Rev. Jesse Jackson, in Greenville, SC. An ordained Baptist minister, Rev. Jackson is well-known as an African American civil rights activist, founder of the Rainbow Coalition, and presidential candidate.

* On Friday, October 10, 1958: Tanya Tucker, country singer and actress, in Seminole, TX.

* On Saturday, October 7, 1967: Toni Braxton, Grammy Award-winning black singer, in Severn, MD.

DIED ...

* On Thursday, October 9, 1806: Benjamin Banneker, at what is now Ellicott City, MD, of natural cause, at age 74. The black son and grandson of freed slaves, Banneker (family name originally, Bannaky) was an inventor and astronomer. He helped survey the site of Washington DC in 1791-93, and was able to reproduce the survey from memory. Banneker published almanacs which were said to rival Benjamin Franklin's "Poor Richard's Almanac."

* On Sunday, October 5, 1941: Louis D. Brandeis, first Jewish Associate Justice of the US Supreme Court, in Washington, DC, at age 84.

* On Sunday, October 8, 1967: Che Guevara (Ernesto Serna), in Bolivia, at age 39. The Latin-American revolutionary, important in Fidel Castro's Cuban Revolution and other countries, was officially said to have been killed in a guerrilla skirmish, but is thought by many to have been assassinated by the CIA. His body was laid out in Villeguande, Bolivia on Tuesday, October 10, 1967. The next day, his body vanished, and was found in a common grave 30 years later in 1997.

* On Saturday, October 9, 1987: Anne Freud, in London, England, at age 86. The Austrian-born psychoanalyst was the daughter of Sigmund Freud and a founder of child psychiatry.

* On Friday, October 11, 1991:

Redd Foxx (John Elroy Sanford), in Los Angeles, CA, at age 68. The African American comedian and actor, famous for crying wolf about "the big one," died on the set of his new sitcom.

Sign of the Zodiac

LIBRA (September 23 to October 23), the seventh sign of the zodiac, symbolized by scales. Venus rules Libra, which is an air sign. According to astrologers, Libras have diplomatic, refined, intelligent, thoughtful, warm, and social natures. Because of the sign's relationship with the planet Venus (named after the ancient Roman goddess of beauty and love), Libras tend to be romantic and crave relationships. Typical Libras, however, want an idealized meeting of the minds in an atmosphere of civility, refinement, and reasonableness. It is often said that they do not place as much importance on deep emotional intimacy or physical passion. Libras also enjoy comfort and luxury.

It's A Feat!

Islam is the world's second largest religion behind Christianity, over 1.5 billion people follow Islam, and it is the fastest growing religion in the world. Islam is an Arabic word which means surrender, submission and peace. God is called Allah, and a person who submits to Allah and follows the teaching of Islam is called a Muslim. Muslims live in every country of the world, with more than half the world's Muslims living in South and Southeast Asia. Only about 15 percent of Muslims are Arab. The traditional branch of Islam followed by most African Muslims is Sunni Islam. The holy book of the Islamic religion is the Qur'an, sometimes spelled Koran. Muslims believe the Qur'an, which is the word of Allah and is always recited in Arabic, was dictated to the prophet Muhammad by the angel Gabriel. Muslims regard Muhammad with deep love and respect as God's final prophet, and seek to follow his example of righteous and ideal human behavior, but worship is due only to God. The five pillars of Islam are: faith, obligatory prayer, charity, fasting, and pilgrimage to Mecca.

The Nation of Islam, sometimes referred to as Black Muslims, was founded in 1931 by Wallace D. Fard. He claimed to have been born a Muslim in Mecca, and proclaimed a religious movement which combined elements of Islam and black nationalism. Master Fard established a mosque in Detroit, MI, and disappeared mysteriously in 1934. At that time, the organization was taken over by Elijah Muhammad, who established a second mosque in Chicago, IL. Over the years, the Nation of Islam was said to represent a strong voice for black nationalism, calling for African Americans to establish a separate nation in the US, maintain pride and racial identity, and strive for economic independence. In the early 1960's the Nation of Islam gained national attention through the work of Malcolm X. Before his assassination in 1965, he left the Nation of Islam and converted to traditional Sunni Islam. After the Honorable Elijah Muhammad died in 1975, the Nation of Islam eventually split into two separate organizations: (1) today's Muslim American Society, headed by Elijah's son Warith Deen Muhammad, which mostly discarded the black nationalistic characteristics and moved toward traditional universal Sunni Islamic teachings and practice; and (2) the Nation of Islam, re-established and led by Minister Louis Farrakhan, which mainly continued the black nationalistic and separatist teachings of Elijah Muhammad. In recent years the Nation of Islam has moved closer to the orthodox Sunni Islam. The group sponsored the influential Million Man March held in Washington, DC in October 1995. Today, the term "Black Muslim" is for the most part no longer used.

THIS N THAT

WE'VE COME TOO FAR, RUSH LIMBAUGH! THIS N THAT ... wants this fellow called ... RUSH LIMBAUGH ... to know his comments were not well received here at the Southwest Digest ... last week ... when he said ... an apparent ... RACIAL MOTIVATED COMMENT ... about an upcoming African American Philadelphia Eagle quarterback ... DONOVAN MCNABB ... It just goes to show us as a people ... that we must be on our ... P's & Q's ... on anything we do as a Black people ... because people like ... PUSH LIMEAUGH ... are out there with wrong intentions about people of color ... That's the way his comments were received by many of those who read this weekly newspaper. ... Anyway ... he said it and has even defended what he said ... For your info ... RUSH LIMBAUGH ... "WE AS A NATION HAVE COME A LONG WAY ... and we don't need those kind of remarks ... putting us back as to where we were years ago."

MARY JO WILSON, YOU DID GREAT! THIS N THAT ... wants to say ... CONGRATS to one of our outstanding musicians and educators ... MARY JO WILSON ... who directed the ... 1,500 member high school band ... last Tuesday evening ... September 30, 2003 ... at the ... 20TH ANNIVERSARY OF THE LISD BAND EXTRAVAGANZA ... held at Lowrey Field ... It was a great turnout of citizens and students ... This annual event ... let's all of see the kind of talent we have with our young people in the Lubbock Public Schools ... This year ... it was good to see the WAYLAND BAPTIST UNIVERSITY* BAND ... and there was the ... 300 piece ... TEXAS TECH! MARCHING BAND ... Oh ... yes ... this was a great event ... and to see the excitement of those junior high school bands ... really made a great evening ... But in the opinion of ... THIS N THAT ... the appearance of ... MS. MARY JO WILSON ... was the icing on the cake ... What a night! What will the ... 21ST YEAR BRING!

"MINISTERS IN SONG!" THIS N THAT ... is hoping many of you will attend the ... FOURTH ANNUAL -MINISTERS IN SONG- ... come this Friday evening ... October 10, 2003 ... at the New Agape Baptist Church ... This a good way to fellowship ... and hear the very good talented ministers and pastors ... we have in our city ... So if you get an opportunity ... go by New Hope on Friday night ... beginning at 7:30 p. m. ... These kind of programs are ... good for all of us ...

WILLIAM'S CHICKEN WILL BREAK GROUND IN A FEW WEEKS! THIS N THAT ... learned from ... the owner of the new ... WILLIAM'S CHICKEN ... that they will ... BREAK GROUND ... in a few weeks ... The location will be at ... EAST 5TH STREET AND IDALOU ROAD ... This is bringing needed opportunities to ... EAST LUBBOCK ... and this is good ... Keep looking for the ground break.

WASHINGTON, DC MAYOR WILL SPEAK HERE! THIS N THAT ... is glad to know that a friend of ... THIS N THAT ... ANTHONY A. WILLIAMS ... who is the Mayor of Washington, DC will be the speaker at the ... FUND-RAISING BANQUET ... of the ... LUBBOCK EMANCIPATION JUNETEENTH COMMITTEE ... on Saturday night ... October 18, 2003 ... at 7:00 p. m. ... at the UMC McInturf Conference Center ... 602 Indiana Avenue ... This is a good event ... and will be a plus for the local program ... For more info ... call Eddie Richardson at ... 762-3612 ... Biliary Hutchinson ... at 745-5271 or ... Nathan Cage ... at 763-8144 ... TICKETS ... are ... \$20.00 each or \$25.00 at the door ... TABLES ... are from \$250.00 to \$500.00 ... YOUR SUPPORT ... will benefit some young people receiving a scholarship ...

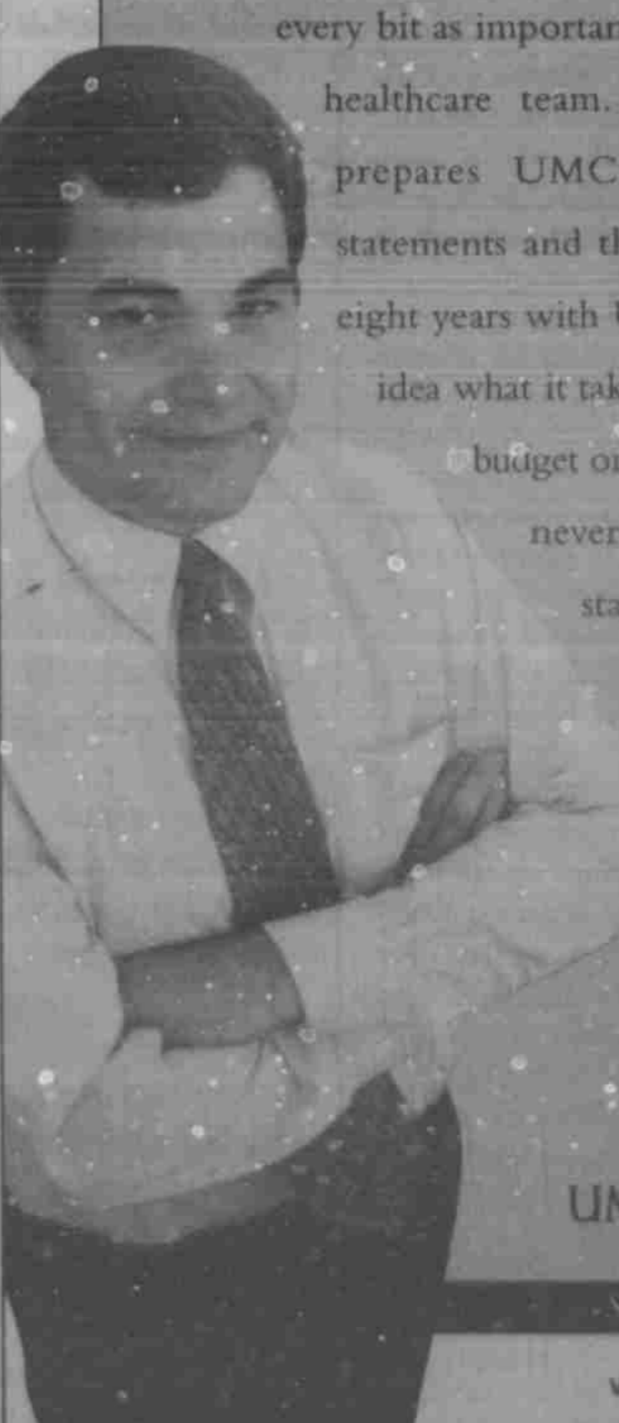
PENNY HASTINGS THE BARBER SAYS: -IF YOU WORK TOGETHER ... no matter what the feck goals are ... EVERYONE ... will win in the end ... because it is just good sense ... to ... WORK TOGETHER! -

VISIT A PUBLIC SCHOOL THIS WEEK! THIS N THAT ... is still asking all of you ... who believe in our young people of Lubbock ... to visit some ... LUBBOCK PUBLIC SCHOOL this week ... If you do so ... OUR YOUNG PEOPLE ... will know there are those in the ... LUBBOCK COMMUNITY ... who really care ... Will you do so this week? Hope you will!

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Mark Kiker

holds one of the most important positions at UMC. But he's not a doctor. He's not a nurse. He's an accountant. While most patients will never have direct contact with Mark, his job is every bit as important as any member of the healthcare team. That's because Mark prepares UMC's monthly financial statements and the annual budget. After eight years with UMC, Mark has a good idea what it takes to keep our hospital's budget on track. Our patients may never see Mark during their stay at UMC, but they will feel his influence in everything we do.



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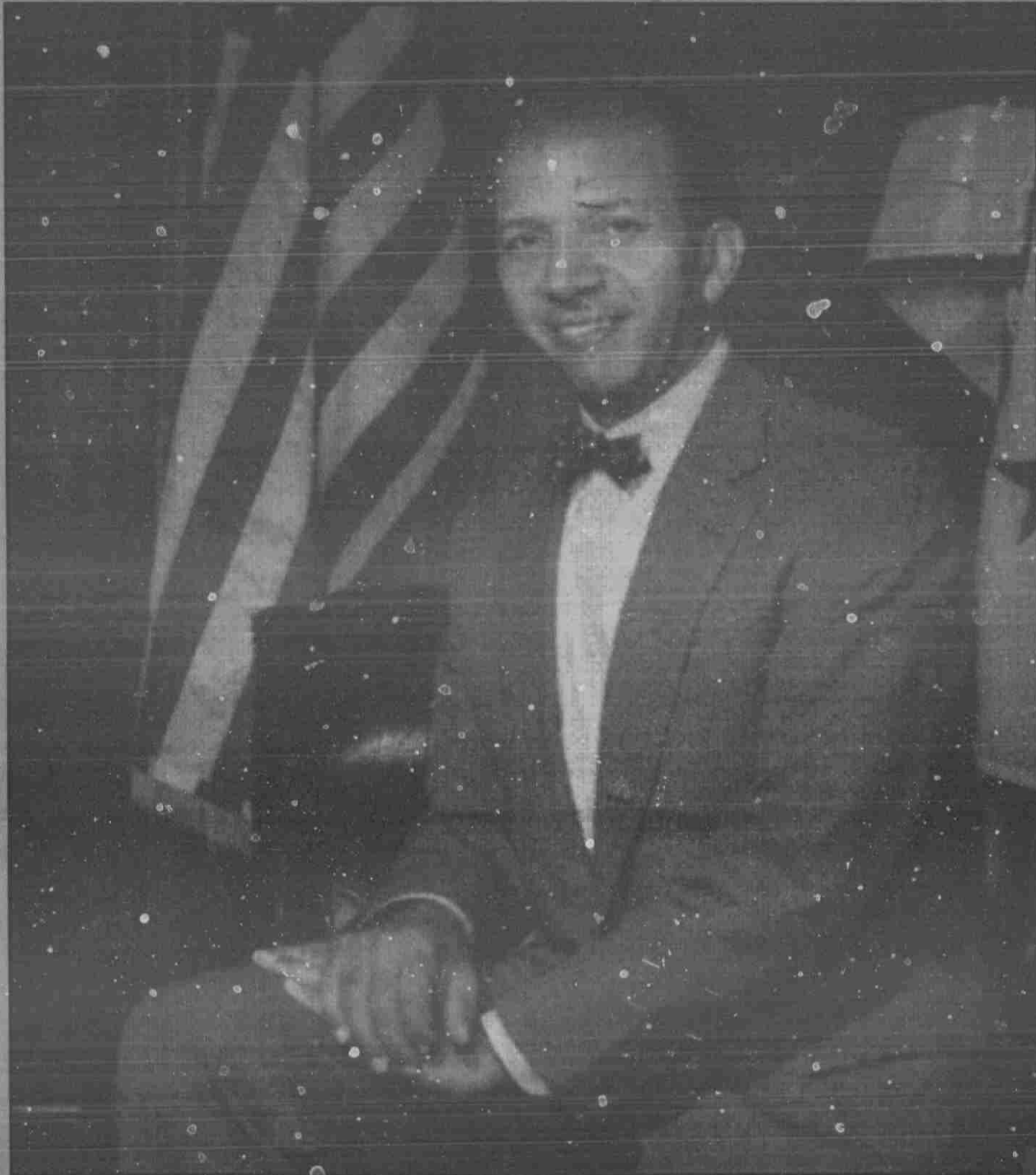
The Board of Commissioners of the Housing Authority of the City of Lubbock has approved the closing of waiting list for low-rent Public Housing until further notice.

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For More Information,
Call Eddie P. Richardson at (806) 762-3612