

# Southwest Digest

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A new page for the 21st century representing the Black community's ideas and ideals since 1977

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## Voices scream loud for an African or Latin Pope

By Earl Ofari Hutchinson,  
BlackNews.com Columnist

The instant Pope John Paul II knocked at death's door, South African Anglican Archbishop Desmond Tutu screamed loudly that the next pope should be an African or Latin American. There are compelling, and troubling reasons, that Tutu made that public demand. Recently, hundreds of worshippers gathered recently in the hills above Mexico City for a day of prayer, baptism, spiritual renewal, and soul cleansing. They were not Catholic.

They were evangelical Christians, and they are growing in numbers and popularity, and challenging the age-old supremacy of Mexican Catholicism. The situation is reversed in Nigeria, Brazil, the Philippines, and dozens of other countries in Asia, Latin America and Africa.

Two thirds of the world's one billion Catholics live in developing nations. There are nearly one hundred million Catholics in Africa, and an estimated 200 black Catholics worldwide. The number of Catholics in the nonwhite world

has soared in the past decade. The growing acceptance or rejection of Catholicism by millions in Asia, Africa, and Latin America, and among African-Americans presents a towering dilemma for the 117 cardinals that will begin their hush hush conclave two to three weeks after the death of Pope John Paul II to elect a papal successor. That dilemma is should the next pope be non-European, and reformist?

The past couple of decades the Catholic Church has been wracked by ideological, theological and philosophical battles over abortion, gay marriage, women in the priesthood, and celibacy.

It has seen a huge free-fall in the number of priests and nuns, has shelled out millions to settle priest child sex scandals, and will spend even more millions on future settlements. As grave as these problems are, they pale in relation to the titanic struggles that confront the Catholic hierarchy in trying to adapt and adjust to the profound cultural and racial shifts in the make-up of its global flock. John Paul II recognized that the single biggest challenge facing the church was how to be a church that was relevant to the potential millions of Catholics that can be gained or lost to Islam and the evangelicals, and other faiths in non-white countries. The church

could not stand pat on entrenched dogma, and past practices. It would have to change those practices, its approach to nonwhite Catholics, and eventually the ethnic face of the man at the top.

The names of well-connected, and respected African and Latin American cardinals have been frequently bandied about as having the right stuff to head the church. That doesn't mean that Catholic Church leaders will take the bold step of naming one of them to the top spot. There has never been a Latin American pope, and the last African pope was 15 centuries back. But the top non-European contenders bring the unique assets that the church desperately needs to staunch its hemorrhaging.

These men can bridge the Muslim and Christian divide, make battling poverty, the inter-ethnic and religious violence, and the damaging economic side effects of rampaging globalization big priorities, and place strong emphasis on social and economic reforms in poor countries. They have written and spoken extensively on these problems, and these are the problems that can make or break the church in the next decade in Asia, Africa and Latin America.

A leading contender for the top job, Nigerian born Cardinal Francis Azinde, in a speech at



Arinza

Wake Forest University a few years ago, acknowledged that the church can't duck these issues. "There is no Catholic hurricane or Baptist drought. There is no Jewish inflation or Muslim unemployment. There is no Buddhist drug addiction or Hindu AIDS. These problems don't respect religious frontiers."

The political jockeying to fill the papal vestments of John Paul II will be fierce. It took two days, and eight ballots to put John Paul in the papal chair in 1978. The European cardinals hold the dominant papal cards in the balloting with 58 papal electors. Latin America has 21 papal electors, and Africa has

11. Italy has the most papal votes of any single country and for five centuries before John Paul's near thirty-year reign, the pope was Italian. If they so choose, they can bring mountainous pressure to put an Italian back in the papal top spot.

A black or Latin American pope, though, would send the strong message to Latin America and Africa's practicing Catholics and prospective converts that the Catholic Church is committed to making them not only church members but shot callers in making the policy of the Catholic Church.

The prospect of the next pope being from Africa or Latin America excites millions of non-white, non-European Catholics. There's no guarantee that that will happen, and a great likelihood that it won't, given the dominance and conservatism of the Italian and European cardinals in the papal voting. Even if it doesn't happen this go around, the problem of making the Catholic Church even more diverse, inclusive and relevant to Africans and Latin Americans will still be there no matter who assumes the top papal spot.

Earl Ofari Hutchinson is an author and political analyst. He is a featured columnist for BlackNews.com and African-American newspapers nationally.

### Community Meetings

This is a list of what is happening in Lubbock, to help complete the unfinished community-building work of Dr. Martin Luther King, Jr.

- African American Chamber of Commerce - Lubbock meets on the 3rd Monday of each month, from 5:30-6:30pm at the Parkway Community Center, 405 M.K. Blvd., 806-771-1815
- Lubbock Area Client Council meets on the 2nd Saturday, 1:00pm at the Patterson Branch Library
- Hub City Kiwanis meets every Tuesday, 7:00pm, 1708 Avenue G
- Dunbar Alumni Association meets 2nd Saturdays, 4:00 pm
- Booker T. Washington American Legion Post 808 meets every 2nd Tuesday at 7:30pm, American Legion Building in Yellowhouse Canyon
- Forgotten West Riders meets on the 1st & 3rd Mondays, 7:00 pm, Patterson Library
- East Lubbock Chapter AARP meets every 1st Thursday at 1:00 pm, Mae Simmons Community Center
- Lubbock Chapter of Black Alumni meets every 3rd Tuesday, 5:30 pm, TTU Market Alumni Center
- Dunbar/Manhattan Heights Neighborhood Association meets every 3rd Thursday at 6:00 pm 1303 East 24th St. (outreach center/party house)
- West Texas Native American Association Pot Luck Supper meets on alternating months prior to meeting, meetings held on 2nd Saturday of each month at 7:00 pm, Educational presentations and demonstrations.
- Texas Juneteenth Cultural & Historical Commission - Lubbock Affiliate meets at Patterson Branch Library every 3rd Thursday 7:00 pm
- West Texas Native American Association meets 2nd Saturday each month at Groves Library, 5520 19th Street, 7:30 p.m.
- West Texas Chapter of 100 Black Men meets the 3rd Monday evening at 7:00 pm at the Parkway Neighborhood Center.
- The Parkway Guadalupe & Cherry-Point Neighborhood Association meets the 3rd Tuesday evening of each month at 7:30 pm at Parkway Neighborhood Center.

If you have an announcement you want to appear in this paper, please get it to us in writing. You can mail it to:

Community Meetings  
C/O: Southwest Digest  
P.O. Box 2553  
Lubbock, Texas 79408

or bring it by our offices:  
Southwest Digest  
1302 Avenue Q  
Lubbock, TX 79401

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## Increase of kidney disease growing concern in Lubbock



African-Americans are especially vulnerable to kidney disease and diabetes.

Fifteen years ago, Covenant Health System established the Renal Telemetry unit in East 3 to help with the growing number of patients with renal disease and kidney failure. Still, the number of renal disease patients keeps rising at an alarming rate nationwide.

Gary Hamilton, East 3 nurse manager, manages the Renal Telemetry unit at Covenant. He said the dialysis population is increasing by about 14 percent every year due to high obesity and baby boomers needing medical attention.

Renal disease can be multifaceted and usually leads to kidney failure, Hamilton said. Although

diabetes and high blood pressure are responsible for about two-thirds of kidney disease cases, causes also include high blood pressure, hypertension, overuse of painkillers or drug use.

The National Kidney Foundation reports about 10 to 40 percent of people with Type II diabetes and 30 percent of people with Type I diabetes will develop end-stage kidney failure. Certain population groups such as African-Americans, Hispanics and Native Americans have a higher risk of developing kidney failure from Type II diabetes than Caucasians.

Hamilton said renal insufficien-

cy usually leads to End Stage Renal Disease (ESRD) and at that point a patient needs to be put on a dialysis program or may need a transplant.

"The average life expectancy for a dialysis patient is 10 years," Hamilton said. "Ironically, it is about the same for a transplant patient."

For people at risk of diabetes, early detection and treatment of kidney insufficiency is key to slowing down kidney failure. Renal disease patients, as well as diabetics, should carefully control glucose levels, follow a diet as ordered by a physician and take all prescribed medications.

### Early Symptoms of Kidney Failure

According to the National Kidney Foundation, early symptoms of kidney failure include:

- Fatigue;
- Trouble thinking clearly;
- Poor appetite;
- Trouble sleeping;
- Dry itchy skin;
- Muscle cramping;
- Swollen feet and ankles;
- Increased urination.

## Congress urges pardon for Jack Johnson

By Devlin Berrett

WASHINGTON - Congress is urging a presidential pardon for Jack Johnson, the first black heavyweight champion who was convicted in 1913 in a case based on his consensual relationship with a white woman.

"No one should be punished for choosing to go their own way," said Sen. John McCain, R-Ariz., who has led the effort in Congress to pass legislation for a pardon.

Johnson became the champion in 1908 and was convicted under a law that banned the interstate transport of women for immoral purposes.

The boxer was a flamboyant celebrity whose rise led challenger Jim Jeffries to come out of retirement as the "Great White Hope" in an unsuccessful bid to beat Johnson. Johnson's career was derailed by the conviction. He fled the country as a fugitive, agreeing years later to return and serve a 10-month jail sentence.

Last year, the Senate passed a version of the McCain bill, but the House did not vote on it. Rep. Peter



Johnson

King, R-N.Y., is now pushing the House version of the bill.

"He was a victim of the times, he was a victim of the racial ethos," King said.

The case for pardoning Johnson has gained momentum since a documentary by filmmaker Ken Burns was broadcast on PBS earlier this year.

"Unforgivable Blackness: The Rise and Fall of Jack Johnson," examined the prosecution of the case and the sentencing judge's

admission that the conviction was meant to "send a message" to black men about relationships with white women.

The trial itself was marked by unusual turns as Johnson flouted social mores in the era of Jim Crow laws.

The government charged him in 1912 with abducting Lucille Cameron, but then lost Cameron as a witness when she married Johnson, the second white woman to do so. By law, a wife cannot be forced to testify against her husband. Instead, prosecutors found a former mistress to testify against him.

Johnson, born in Galveston, Texas, died in 1946 and is buried in Chicago.

"While we cannot change history, and Johnson's passing makes it impossible to ease his suffering, a pardon will reaffirm America's dedication to fairness and justice for all," said Rep. Jesse Jackson, Jr., D-Ill.

As governor of Texas, President Bush proclaimed Johnson's birthday as Jack Johnson Day for five straight years.

## South Plains College journalism students win state awards

The Plainsman Press, student newspaper at South Plains College, was recognized as Best Overall Newspaper in Division 4 during the annual Texas Intercollegiate Press Association's spring convention this weekend in Dallas.

SPC's broadcast journalism program placed second in public affairs television, beaten only by the University of Texas at Austin. SPC's entry was the District 19 Congressional race documentary on Charles Stenholm and Randy Neugebauer.

SPC competed against entries from University Texas-Dallas, Richland College, Brookhaven College, Trinity Valley Community College and others.

SPC won nine awards for print journalism in the previously published competition. Jacqui Streety from Levelland, Plainsman Press editor-in-chief, placed first in headline writing and received honorable mention for general column.

Additional Plainsman Press winners were Staci Gray from Lubbock, photography editor, first in photo page for a photo series on The Ranching Heritage Center in

Lubbock; Ruth Bradley from Lubbock, honorable mention awards for news feature story and picture story; Joe Gonzales from Whitharral, sports editor, honorable mention award for sports column; Joni McKinney from Lubbock, honorable mention awards for feature story and single subject story.

Sasha Wilson from Lubbock, a freshman telecommunications major, the only SPC student to place in live competition, placed third in TV announcing. "Sasha was impressive against a strong level of competition," said John Sparks, professor of journalism, chairperson of the Communications Department and advisor for SPC-TV.

Josiel Cavazos from Levelland placed third in television production.

"What makes the wins most worthwhile is the fact that the students' hard work and efforts in producing a campus newspaper and local television series were recognized on a state level," said Charles Ehrenfeld, instructor in journalism and advisor for the Plainsman Press.

## Appreciation service for Pastor and Sister Peoples

The Mt. Olive First Missionary Baptist Church would like to invite you to our 25th Appreciation Service in honor of Pastor Clifton C. Peoples and wife, Sis. Vivian Peoples. It will take place Friday, April 15th at 7:30 pm and Sunday, April 17th at 3:30 pm



IF YOU FIND MISTAKES IN THIS PUBLICATION, PLEASE REMIND YOURSELF THAT WE ARE ALL HUMAN. WE TRY TO PUBLISH SOMETHING FOR EVERYONE, AND WE DON'T ALWAYS GET IT RIGHT. WE ASK THAT YOU LOOK AT YOUR OWN LIFE BEFORE CRITICIZING SOMEONE ELSE.

# Chatman Hills Corner

By Doris Reynolds

One of our Neighborhood Associations, the Dunbar/Manhattan Heights Neighborhood Association, will sponsor a "City Wide Gospel Musical Festival" on Saturday evening, April 16, 2005, at the Bethlehem Missionary Baptist Church, 2402 23rd Street, beginning at 7:30 p. m. Master and Mistress of Ceremony are Allie Mae Thompson and Rev. Daniel Edwards.

Featured artists will include the following: Voices of Faith, Soul Seekers, BLESSED, Golden Voices, Gospel Highlights and the King Sisters. Among the soloists are Lucinda Griffin, Jack Rylant, Katie White, Floyd Price, Dorothy Hood, Gary Bunton and Elder Simpson. ELIJAH FLOWERS AND SHERRIE GRIGGS WILL SING A DUET. Also, featured on program will be the Victory & Praise Christian Fellowship Praise Team that is directed by Curtis Lewis and Butch Avery and The Gspelets.

The public is invited to attend.

A Community meeting will be held on tonight, Thursday, April 14, 2005, at the Theodore Phea Boys & Girls Club, 1801 East 24th Street, beginning at 7:00 p. m. Guest speaker will be City Councilman Floyd Price. An important issue will be discussed, and the public is asked to come

and get involved.

The Mt. Vernon United Methodist Women will be honoring Mrs. Grace Sullivan and Mrs. Edna Raye Walker on Sunday afternoon, April 17, 2005 beginning at 3:00 p. m., at Mt. Vernon United Methodist Church, 2304 Cedar Avenue.

Mrs. Ruth Priestly is president; Mrs. Edna Walker, vice president and Rev. J. C. Clark, pastor.

If you are looking for some good cooking, then come and purchase a delicious meal from the Stewards of the Bethel African Methodist Episcopal Church, 2202 Southeast Drive, on Saturday, April 16, 2005, beginning at 11:30 a. m. until 2:30 p. m. The meal will include your choice of fish or chicken strips. The cost is only \$6.00 per plate.

Rev. Eddie L. Everline, Jr., pastor; Brother E. J. Donaldson, chairman pro-tem.

The Smith Temple Community Church, 6508 Avenue P, will be celebrating the a special day when the Women of the Church will have a program on the third Sunday in May, 2005, beginning at 3:00 p.m. Ms. Bessie Cox, president of the Ma Jones Missionary Society of Bethel African Methodist Episcopal Church, will be the

speaker. Kiambrina Wilson is expected to represent the youth of the Church with a piano solo. Rev. D. A. Smith is pastor.

It should be fun as "A Rootin, Tootin' Old Fashioned Southwest Digest Appreciation Celebration has been set to honor the co-publishers Eddie P. Richardson and T. J. Parterson for their 28 years of publishing this weekly newspaper. The affair will be held at the Health Point, 4004 82nd Street, on Friday evening, May 6, 2005, beginning at 7:00 p. m.

For more information, call Shirley Roberson at (806) 773-6097.

Services were well attended last Sunday morning, April 10, 2005, at the New Hope Baptist Church, the "Church Where The People Really Care," and Rev. B. R. Moton is pastor. If you are looking for a church home, then come and visit.

Pastor Moton's sermon was entitled "Lord, I'm Standing In Need of a Blessing." His scripture was Matthew 15:21-28.

Let us continue to pray for our sick and shut-in citizens in our community or other places. Word comes that Tyrone Ervin, son of Mr. & Mrs. Clarence Ervin of Lubbock, is doing nicely at this report. He is recuperating in Dallas, Texas.

# FASHION FUN

with Shirley Roberson

## Springtime Blues

For quite sometime blue has been an afterthought in most wardrobes. This spring will definitely be different. Blue will rock this seasons fashion world. You're going to need more blue, a lot more, especially since it looks like it'll continue to be one of the most popular fashion colors through next fall and the holiday seasons, too. The blues for spring are bright and crisp, even if it's a dark shade such as navy, while the fall blues will be a little earthier or a jewel tone like teal. Blue looks great on people, and it works in daywear and evening wear.

Investing in blue is wise, because it works with all the other colors that have been popular recently including pink and orange. Blue is a breath of fresh air, vibrant and sporty, and each tiny, fashionable... for a change, and we all know that change is a good thing. **FASHION TIP:** Always wear a smile!

**FASHION - Just for the fun of it!**

## Destiny's Child performs for U.S. troops

OCEANSIDE, Calif. - Loud music is nothing new at Camp Pendleton, the Marine Corps base 90 miles south of Los Angeles. But this time the music was live as Destiny's Child, Ted Nugent, Godsmack and others performed for more than 10,000 troops, family members and others.

The Rockin' the Corps show is "a 'Thank you' from America, for those Marines who are serving our country," producer Joseph Robert told Associated Press Television News.

Some of the performers confessed they were getting a little something back, as well. For Destiny's Child singer Michelle Williams, it was a look at "the troops, the soldiers, the Marines!" she gushed. "We talk about 'em in our song ('Soldier'), so we've really got to..."

Bandmate Beyonce completed the sentence: "See the men in the uniforms!" They broke out in giggles.

Knowles added that Destiny's Child had performed on military bases before, "but never 40,000 Marines. Never ever. And I know a lot of the Marines just got back to America from Iraq yesterday. So, this is a lot. This is a lot for us. This is historical for us, to be the people that they see with their families."

The stars - including Darius Rucker, Sharon Stone, Carmen Electra, Richie Sambora and Mary J. Blige - had to rough it a bit as they spoke to press at Friday night's event. Instead of a red carpet, the

Marines simply laid squares of plywood over the sand leading to the beachfront that held the enormous outdoor stage, drawing jokes from concert host Cedric the Entertainer.

"Oh, man! This is military right here," Cedric observed. "I mean, we ought to talk to the government about getting a little more money out here. But we're walking on the sand, so you can't really do your carpet on sand. It gets dirty. So plywood on sand is the next best thing. And the thing about this is you can get this from Home Depot real cheap. And the thing about the military is that they can take the same plywood and make four houses out of the same thing right here. It's going to be lovely. It is not wasted, plywood."

## American Legion Convention

The American Legion, 19th District, will hold a two-day Spring Convention beginning on Saturday, April 16, 2005, at 12:00 Noon and commencing again on Sunday, April 17, from 9:30am till 12:00 Noon in Lubbock at Post 575, 6628 W 66th St. The guest speaker will be Ed Simpson of Waco, Tx, who will speak on Veterans Benefits. There will be a dinner and dance, with live band, Saturday night. All members of The American Legion are encouraged to attend. The meeting is also open to all veterans who wish to join The American Legion.

The American Legion is made up of veterans who continue their service to America by serving their communities. Veterans involvement in the community creates and supports the feeling of camaraderie that makes The American Legion the nation's largest and most respected organization of wartime veterans. Contact Eldon L. Erickson at 806-761-4465 for more information.



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## In Remembrance

### Demetria Shantell Shivers

Services for Demetria Shantell Shivers were held last Saturday morning, April 9, 2005, in the A. W. Wilson Chapel at Jamison Funeral Home.



Burial was held in Peaceful Gardens Memorial Park in Woodrow, Texas under the direction of Jamison Funeral Home.

She passed away in her residence on Monday, March 28, 2005.

She leaves to mourn her passing: a daughter; her mother; a brother and a sister.

### Rufus S. Stevens

Funeral services were held last Friday morning, April 8, 2005, for Rufus S. Stevens at the Lyons Chapel Baptist Church with Pastor W. D. Davis officiating.

Burial was held in the City of Lubbock Cemetery under the direction of Brock's South Plains Funeral

Home in charge of arrangements.

Pallbearers were Reginald Andrews, William Britt, Jr., Maurice Williams, Clarence Lee and Dorian Berry.

Mr. Stevens passed away here on Monday, April 4, 2005.

He was born March 18, 1951 in Lubbock, Texas. He graduated from Dunbar High School in 1969, and participated in the Dunbar Band. After graduation, he enlisted in the U. S. Army. He was awarded several medals while in the U. S. Army, including the Purple Heart and the U. S. Army Medal.

He is preceded in death by his parents, W. H. (Henry) and Emma Stevens; and two brothers, W. H. "Little Brother" Stevens, Jr. and Preston Stevens.

Mr. Stevens is survived by two sisters, Sandra Dailey and Rosland Stevens, both of Lubbock, Texas; two brothers, Hubert and George

(Mary) Stevens, both of Lubbock, Texas; five nieces, Grovonda Burrell, Stephanie Stevens, Charise Stevens, Cheza Stevens and Phylcia Stevens; an aunt and uncle, Vernell and Brady Baldwin; other relatives and friends.

### Woody Wilson

Funeral services for Woody Wilson were held last Friday afternoon, April 8, 2005, at the True Worshipers Church with Elder Robert Grigg officiating.



Burial was held in the City of Lubbock Cemetery under the direction of Ossie Curry Funeral Home.

Mr. Wilson passed away Monday, April 4, 2005, at Heritage Oaks Nursing Home.

He is survived by three sons: E. D., Robert, and Woody, Jr.; and three daughters: Margaret White, Ethel Williams, and Susie Davis.

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## Mr. & Miss Juneteenth Scholarship Showcase 2005

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### First Annual Mister & Miss Juneteenth Scholarship Showcase 2005

**Thursday, June 16**  
Estacado High School auditorium - 6:30pm  
Must be in grad 10-12 during the 2004-05 school year to qualify  
\*Entry fee \$75 (sponsors are encouraged)


Prizes: 1st place - \$1000, 2nd place - \$500, 3rd place - \$300

Contestants will be judged on the following:  
Sportswear, Casualwear, Talent, Formalwear, On-Stage Presence & Interview

ENTRY DEADLINE: APRIL 22, 2005  
Entry forms available in your Principal's office

For more information, please contact  
Ms. Tonya Johnson, 744-2495 or  
Ms. Erica Hicks, 767-9193

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## South West Digest, Being Honored

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E's Barber Shop - E. 23rd  
Shirley Roberson or Allie Mae Thompson 773-6097

# Church News



## From the Desk of Parson D.A. Smith C'est la vie - I Don't Believe So



Proverbs are defined as short, pithy sayings that reflect the accumulated wisdom, prejudices, and superstitions of the human race. Examples of proverbs are 1) Fools rush in where angels fear to tread - meaning foolish people are often reckless, attempting feats that the wise avoid. 2) He who laughs last laughs best - meaning you may laugh now, thinking you have won, but you may not prevail in the end. 3) Winning isn't everything; it's the only thing - this proverb stresses the importance of reaching a goal no matter what effort is required.

In the early part of my ministry, I come to understand the wisdom of proverbs. What life taught this writer about political maneuvers, actions and hidden political niagaras is brought to play in helping readers, of the area to shake out that what is real and false through the use of proverbs.

Sometimes words were used to express how one was entering a political danger zone that could affect their ministerial career in my former religious persuasion. For instance, at an Annual Conference in Bay City, Texas this writer was reading a report

on the "state of the country". The reporter pointed out a clause hidden in a bill by a Republican that would help black Americans. When questioned about the author's bill and his intent, and my political persuasion, I responded in the affirmative. I spoke in the author's favor and that I was lending toward a moderate Republican conviction.

Before the Bishop could continue, a gigantic atramentous African Homo sapiens garbled, "Boy do you know what asexually mean? If you do not, think about what happened to animals on the farm that become uncontrollable." My reply as a young man to the limited intelligence of this primate of inferior wisdom, this non-literati was, "You are the real McCoy. I do not suffer fools gladly." I also (being young and not political astute) questioned the former I have written may help you as readers to understand why I wrote during the restricting of the State of Texas and especially District 19, "two, heads were better than one - even if one is a goat head." As you are aware, this writer felt that because of the

vastness of West Texas, its diversity, economic inequity, educational complexity, etc. representation at the federal level for federal funding is important to the growth and stability of the area. West Texas, and especially the Lubbock Area, cannot depend on people from Midland, East or South Texas, or anyone East of I-35 for our growth and development.

The farmers tend to have forgotten and let the "slick talking - corn shuck walking" big city dwellers "sail under false colors" and "rule the roost." The waabee's of West Texas have bowed and have kiss and continue to kiss the Baals of the Republican Party such as Tom Delay who are really looking out for the Oil Boys who are selling gas for \$2.50 per gallon.

I thought I would never write about it, but the "sacred cow" handed to the farmers and others of the area by former Representative Larry Combest is not so sacred anymore. West Texas "know it all" are "sui generis." Good ole George Bush, Tom Delay and Karl Rove have begun to downsize West Texas. Are they the "dog in the manger?"

## Outreach Prayer Breakfast

### "Can You Remember, America?"

When God's people were respected. When you left your front door open. When riots were unthinkable. When socialism was a dirty word. When ghettos were neighborhoods. When the flag was a sacred symbol. When criminals and sex offenders weren't rampant in your community. When you weren't afraid to go out at night. When taxes were only a necessary nuisance. When a boy was a boy, and dressed like one. When a girl was a girl, and dressed like one. When the poor were too proud to take charity. When the clergy actually talked about religion. When clerks and repairmen tried to please you. When college kids swallowed gold fish not acid and other drugs. When songs had a tune, and the words made sense. When young men tried to join the U. S. Army or U. S. Navy

and not gangs.

When the Fourth of July stood for something. When you never dreamed our country could ever lose what was a pleasant trip, and not an ordeal. When you bragged about your hometown and home state. When neighbors were truly neighbors. When people expected less and valued what they had more. When politicians proclaimed their patriotism, and meant it. When everybody knew the difference between right and wrong. When things weren't perfect, you never expected them to be. When you weren't made to feel guilty for enjoying a spirit filled life.

When our government stood up for Americans anywhere in the world. When the Ten Commandments and In God We Trust Meant Something. When you knew that the law would be enforced, and your rights and safety protected.

When you considered yourself blessed to have a good job, and you were proud to have it. When the law meant justice and you felt a shiver of awe at people in authority. When you weren't embarrassed to say this is the best country in the world. When America was a land filled with brave, proud, confident and hard working people... What happened on 9/11! "America, Wake Up!" He said, "Behold I come quickly, and my reward is with me."

Thanks for reading, Saints! Have a good day! Don't forget to pray for those who know not Christ as well as those who are sick and bereaved families. Don't forget yourself! Read II Chronicles 7:14 and Mark 11:22-26.

Sister Dorothy Hood, president; Sister Christene Burleson, vice president; Sister Elnora Jones, teacher; and Sister Posiana Henderson, secretary.

## Neighborhood association presents gospel fest

The Dunbar Manhattan Heights Neighborhood Association will present a City Wide Gospel Musical Festival on April 16, 2005 at 7:30 pm. This event will be hosted at the Bethlehem Missionary Baptist Church, located at 2402 23rd Street (at the corner of Ave X) in Lubbock, Texas.

Many talented singers and groups will be featured at the event, including Voices of Faith, Soul Seekers, BLESSED, Golden Voices, Gospel Highlights, The King Sisters.

Soloists will include Lucenda Griffin, Jack Rylant, Katie White, Floyd Price, Dorothy Hood, Gary Burison, Elder Simpson.

A duet will be performed by Elijah Flowers and Sherri Griggs

Also featured at the event will be the Victory & Praise Christian Fellowship Praise Team directed by Curtis Lewis and Butch Avery & The Gospels.

The public is cordially invited. Admission is free but generous donations will be greatly appreciated. For additional information call 806-744-7029.

## Contest seeks Lubbock's poets

The Talent Literary Guild is sponsoring an amateur poetry contest, free to everyone. There are 50 prizes in all, including a \$1,000.00 grand prize.

"We are delighted to sponsor this contest," says Thomas Grey, Poetry Director. "Poets deserve opportunities to exhibit their work and get recognition. We hope our contest will encourage new poets to share their art."

To enter, send one poem 21 lines or less: Free Poetry Contest, 1257 Siskiyou Blvd, PMB 4, Ashland, OR 97520. You may also enter online at www.freecontest.com.

Poems may be written on any subject, using any style. The deadline for entering is April 30, 2005. The editors reserve the right to publish the winning poems online. A winner's list will be sent to all entrants.



## We Thank God for Jesus Don't follow that swallow Part 2

Written by Evangelist Billy "B.J." Morrison, Jr. - Your brother in Christ Jesus always.

**Isaiah 1:4** - Ah sinful nation, a people laden with iniquity, a seed of evildoers, children that are corrupters: they have forsaken the Lord.

We know alcohol is a big money business, as any smart fool can see, but it's the love of money in America. Our children are in misery.

**1 Timothy 6:10** - For the love of money is the root of all evil; which while some coveted after, they have erred from the faith, and pierced themselves through with many sorrows.

### So Don't Follow The Next Sorrow

Now the Devil is just doing his job, Drinking America insane, and it needs to be his death penalty, because it's Shame, Shame, Shame!

**Ephesians 6:12** - For we wrestle not against flesh and blood, but against principalities, against powers, against the rulers of the darkness of this world, against spir-

itual wickedness in high places.

Many start drinking, saying it builds them up with more courage. But it's a narcotic that breaks down all the body nerves.

**1 Corinthians 3:17** - If any man defiles the temple of God, him shall God destroy: for the temple of God is Holy, which temple are you. It will take the mind, and make it judge incorrectly. There is warning of that poison so don't drink it. It is not for you and I.

**John 4:13** - Jesus said, whosoever drink of this water shall thirst again.

America will spend millions of dollars fighting wars in this world, but can't win this war at home that is killing our boys and girls.

### Is America Robbing God?

**Luke 23:28-29** - Jesus said, weep not for me, but for yourselves and your children. For behold, look, the days are coming in which they shall say, blessed are the bar-

ren (child-less), and the wombs that never bare, and the paps which never gave suck (milk). Alcohol can take a millionaire's money and drop it to a mere dime, and it can take a judge's job, and bring him into hard times!

**Proverbs 3:7** - Be not wise in your own eyes; fear the Lord and depart from evil.

Alcohol can make a bus driver not want to make his route. He will take the bus home and park it in front of his house.

Alcohol can make a mother leave her child in a car in the hot sun, and he (child) dies from the heat, because the mother loves her drink, Rum!

Alcohol can take a student with a 4.0 grade point average and drop it to Zero. But that is the alcohol's job. People make it their personal hero!

**Matthew 11:28-30** - Jesus said, come unto me, all you that labour (weary) and are heavy laden (oppressed), and I will give you rest.

## St. Matthew's Baptist Church News

Church services at the St. Matthew Baptist Church, 2020 East 14th Street, last Sunday morning, April 10, 2005, began with Sunday school at 10:00 a. m. with our Superintendent, Sister Luella Harris, in charge.

The morning Sunday school lesson was entitled "Affirming Christ As Lord." It was taught by Sister Harris and reviewed by Pastor Edward Canady. It was a very moving lesson.

The morning worship services began at 11:15 a.m., with the morning devotion led by Deacon Edward Williams.

The St. Matthew Baptist Church Senior Choir members were at their post of duty singing out of their souls.

Pastor Canady delivered the morning message. His subject was "Are You The One?" His scripture text was St. Luke 7:19-20. What an inspiring message it was.

The Ushers of St. Matthew Baptist Church will sponsor their Annual program at 3:00 p. m. Sunday afternoon, April 17, 2005. Guest speaker will be Rev. K. Schrock. Other guests will include

Sister L. Griffin and the Golden Voices.

The public is invited to attend. So come and enjoy the "Spirit of the Lord!"

Let us continue to pray for those on the sick and shut-in list. Among them are Sister Katy Bolden and Sister Louise Timmons. Let us not forget them and others.

**Thought For The Week:** "There would be no crown wearers in Heaven had Christ not been the 'Cross Bearer' on earth."

## Cosby emphasizes importance of parenting

PITTSBURGH - Actor and comedian Bill Cosby accepted an award from the University of Pittsburgh and talked about the importance of parenting - which doesn't include soda for breakfast.

Cosby received the 2005 Porter Prize from the university's graduate school of public health. He received the award at Reizenstein Middle School as 800 students, parents and local residents looked on.

Cosby spoke about being an attentive and persistent parent. He said parents need to teach their children lessons at home and need to make an effort to be a part of their children's lives.

"These children need to be watched and you need to stay on the case. If you can't do it, get some help."

He also said children need to get healthy, and suggested parents should stop feeding their children soda and chips for breakfast.

"This food is not funny that we're eating," he said.

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Pastor William H. Watson, III, Sister Stacy Watson and the A.C. Family would like to extend a heartfelt welcome to come and worship with us.

**Weekly order of Services:**  
Sunday School - 9:45 am  
Sunday Morning Worship - 11:00 am  
Sunday Evening YPWW - 6:00 pm  
Tuesday Young Adult Study - 7:00 pm  
Wednesday Night Bible Study - 7:00 pm  
Thursday Praise Team & Choir Rehearsal - 7:00 pm

Bus ministry available.  
For college students, a meal will be provided.

May the God of hope fill you with a joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. - Romans 15:13

# BMW launches ninth annual Ultimate Drive program in Texas

Lubbock, TX - Already the talk of the town, BMW's Ninth Annual Ultimate Drive Program for the Susan G. Komen Breast Cancer Foundation is scheduled to drive through Lubbock, TX on

and screening, it caught early breast cancer patients have a 97 percent survival rate." Unlike other programs, the Ultimate Drive puts the community in the driver's seat to fight

breast cancer. The drive is a grass roots program developed by BMW in partnership with the Komen Foundation where two fleets of specially badged BMWs crisscross the country visiting participating BMW Retail Centers. For every mile driven during the Ultimate Drive event, \$1.00 is donated to the Komen Foundation. The drive continues through October 2005, inviting consumers to get behind the wheel and help contribute to the fight against breast cancer.

will be affixed to one of the two BMW 645i Signature Vehicles. Now in its ninth year, BMW of North America plans to raise more than \$1 million in this year's Ultimate Drive program, bringing BMW's total contribution to the Komen Foundation to more than \$9,000,000. There is no purchase necessary to drive the vehicles in the BMW Ultimate Drive, and all proceeds from the test drives are donated to the Komen Foundation. All administrative costs of the Ultimate Drive Program are underwritten by BMW separately and apart from the funds raised for this program.

Dr. LaSalle D. Leffall, Jr., is the Charles R. Drew Professor of Surgery at the Howard University College of Medicine. He is a surgeon, oncologist, medical educator and leader in professional and civic organizations.

He began in 1962 as assistant professor and continued through appointments as acting dean and professor. He became chairman of the department of surgery in 1970, a position he held for 25 years.



The fleet of silver BMWs are adorned with pink ribbons in support of the Susan G. Komen Breast Cancer Foundation. They will appear in Lubbock on Monday, April 25.

### The Ultimate Drive Program

The Ultimate Drive is a driving program created by BMW to raise awareness and funds for breast cancer research and community outreach programs. The general public is invited to drive the fleet of BMWs at participating Retail Centers during an Ultimate Drive event. For each mile driven in one of the BMW Ultimate Drive vehicles, \$1.00 is donated to the Komen Foundation to support breast cancer research, education, screening and treatment programs. The program consists of a 19-car Eastern and a 19-car Western fleet of 2005 Titanium Silver BMWs each lead by a Signature Car - a 645i. The 645i's are painted, as are the fleet cars, in shimmering Titanium Silver with a pink ribbon. This year, the Signature Car and the fleet vehicles will each have a unique ribbon design. The Signature Car is a pink within pink flowing ribbon, while the fleet vehicles will adorn a sweeping white ribbon outlined by pink. The pink ribbon starts on the driver's side of the hood and wraps around to the side panel of the passenger side, highlighting a side panel that reads:

### DRIVEN TO FIND A CURE

For the Susan G. Komen Breast Cancer Foundation. The BMW 645i Signature Vehicles will be signed by thousands of Ultimate Drive participants, and will become mobile representations of the individuals who are making a difference in the fight against breast cancer. As in years past, there will be an award presentation at each event honoring a "Local Hero" - a community resident who has made an outstanding personal effort in the fight against breast cancer. A photograph of each hero

### About the Susan G. Komen Breast Cancer Foundation

The Susan G. Komen Breast Cancer Foundation was established in 1982 by Nancy Brinker to honor the memory of her sister, Susan G. Komen, who died from breast cancer at the age of 36. Today, the Foundation is an international organization with a network of more than 75,000 volunteers working through local affiliates and events like the Ultimate Drive to eradicate breast cancer as a life threatening disease. A global leader in the fight against breast cancer, the Foundation fulfills its mission through support of innovative breast cancer research grants, meritorious awards and educational, scientific and community outreach programs around the world. Together with its affiliate network, corporate partners and generous donors, the Komen Foundation has raised more than \$740 million for the fight against breast cancer.

For more information about breast health or breast cancer, visit [www.komen.org](http://www.komen.org) or call the Komen Foundation's National Toll-Free Breast Care Helpline at 1.800.I'M.AWARE® (1-800-462-9273).

### About LaSalle D. Leffall, Jr., M.D., Chair-Elect, Board of Directors, The Susan G. Komen Breast Cancer Foundation

With the completion of her Masters Degree just a little over two months away, Adrienne will take on a new position at Texas Tech University. She will work as an advisor in the Deans office in the College of Arts and Science. There she will be working with Dr. Mansouri and Dr. Walker in advising undergraduate students and getting them on the right track to a successful road ahead. Her advice that she gives to students still in high school is to go to school, listen to your parents and get an education. Adrienne, Upward Bound wishes: you the best of luck. Thank you for being an inspiration.



Leffall

M.D. from Howard University College of Medicine, ranking first in his class. He continued his medical training as an intern at Homer G. Phillips Hospital, St. Louis, MO; assistant resident in surgery at Freedmen's Hospital, Washington, D.C.; assistant resident in surgery at the D.C. General Hospital, Washington, D.C.; chief resident in surgery at Freedmen's Hospital; and senior fellow in cancer surgery, Memorial Sloan-Kettering Cancer Center, New York, NY.

Dr. Leffall began his military career at the rank of Captain, M.C., serving as Chief of General Surgery, U.S. Army Hospital, Munich, Germany, 1960-61. His membership on Howard's faculty

A diplomate of the American Board of Surgery and fellow of the American College of Surgeons and American College of Gastroenterology (named an Honorary Lifetime member in 1998), Dr. Leffall has been a visiting professor and guest lecturer at more than 200 medical institutions in the U.S. and around the world. He has authored or co-authored more than 130 articles and chapters.

Dr. Leffall's professional life has been devoted to the study of cancer, especially as it relates to African Americans. In 1979, as national president of the American Cancer Society, he launched a program on the challenge of cancer in black Americans, paying special attention to the increasing incidence and mortality in this population group. His major areas of interest are soft part sarcomas and cancers of the breast, colorectum and head and neck.

Dr. Leffall served one year as chair-elect before beginning his two-year term as chairman of the Komen Foundation board of directors in 2002.

April 25, 2005. The ever popular Ultimate Drive Program will deliver on its promise to make pit stops as it travels cross-country, bringing with it a commitment to raise money for breast cancer research. And for the first time, the Ultimate Drive is expanding the route and will include events in Hawaii and Puerto Rico.

The event will travel to the Alderson European Motors at 1210 19th Street in Lubbock from 9am-5pm on Monday, April 25.

In the past eight years, the Ultimate Drive has raised more than \$8 million for breast cancer research, education, screening, community outreach and treatment programs. Our goal for 2005 is to raise \$1 million.

"Together BMW and the Komen Foundation have traveled many miles in our fight against breast cancer and met hundreds of survivors who inspire us to keep up our efforts," said Tom Purves, Chairman and Chief Executive Officer of BMW of North America, "Looking ahead, the road looks so promising and so full of life. Thanks to research

breast cancer. The drive is a grass roots program developed by BMW in partnership with the Komen Foundation where two fleets of specially badged BMWs crisscross the country visiting participating BMW Retail Centers. For every mile driven during the Ultimate Drive event, \$1.00 is donated to the Komen Foundation. The drive continues through October 2005, inviting consumers to get behind the wheel and help contribute to the fight against breast cancer.

Upon completion of every drive, each participant adds his or her own name to the Signature Vehicle, which becomes a living memorial to those who have lost their battle against breast cancer and a sign of hope and inspiration to others fighting the disease.

"Through partnerships like The Ultimate Drive, we are able raise millions of dollars each year to help fight breast cancer," said Cindy Schneible, Vice President of Cause-Marketing and Sponsorships for the Komen Foundation. "Thanks to BMW's drive and commitment to the

## Long, a former Upward Bounder, keeps moving forward

By Venisha Henderson

Full of life, energy and passion, Adrienne Long knows no boundaries for success. Her strong faith in God and her enthusiasm for higher education, has taken her to a new level and a new position in life.

Adrienne first entered the Upward Bound Program as a junior from Dunbar High

School. She remembers going through the bridge program in Upward Bound, where she took her first college level course at Texas Tech University. Ironically, her first class was in Human Sciences, which is now where she is currently employed.

The story doesn't stop there. Adrienne pursued an Associates Degree in Administrative Secretary from South Plains College. She then attended Wayland Baptist University, where she received a Bachelor's of Science in Occupational Education. Adrienne opted to take the business route of her degree,

because she enjoyed counseling graduate students and helping them get on the right road to success.

Being currently employed at Texas Tech, she went on to pursue her Masters Degree in Higher Education from Texas Tech University, because ultimately she wants to be an advisor to undergraduates and graduates. "I like to help students know what they want to be when they grow up. In order to be successful...go back [to college]."

Adrienne contributes her success to God and to her family. "I am a child of God. God makes everything possible."

With the completion of her Masters Degree just a little over two months away, Adrienne will take on a new position at Texas Tech University. She will work as an advisor in the Deans office in the College of Arts and Science. There she will be working with Dr. Mansouri and Dr. Walker in advising undergraduate students and getting them on the right track to a successful road ahead. Her advice that she gives to students still in high school is to go to school, listen to your parents and get an education. Adrienne, Upward Bound wishes: you the best of luck. Thank you for being an inspiration.

## Ten free shade trees from National Arbor Day Foundation

Ten free shade trees will be given to each person who joins The National Arbor Day Foundation during April 2005 as part of the nonprofit Foundation's Trees for America campaign.

The ten shade trees are Red Oak, Sugar Maple, Weeping Willow, Green Ash, Thornless Honeylocust, Pin Oak, River Birch, Tuliptree, Silver Maple, and Red Maple.

"These trees were selected to provide shade and beauty, and a variety of forms, leaf shapes, and beautiful fall colors," John Rosenow, the Foundation's president, said.

The trees will be shipped postpaid at the right time for planting in April or May with enclosed planting instructions. The six to twelve inch trees are guaranteed to grow or they will be replaced free of charge.

To become a member of the

Foundation and receive the free trees, send a \$10 contribution to TEN FREE SHADE TREES.

National Arbor Day Foundation, 100 Arbor Avenue, Nebraska City, NE 68410, by April 30,

2005. You can also go online to the Arbor Day Foundation's website, at [arborday.org](http://arborday.org).

### GARMENT OF PRAISE MUSIC WORKSHOP

April 15 and 16  
Greater St. James Baptist Church  
117 N. Mulberry Ave.  
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Michael Horton, St. John - Instrumental  
Amanda Davis, Lyons Chapel - Dance

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The Southwest Digest

## We want to hear from you!

Do you have an gripe or comment about an issue affecting your community, state or nation?

Have you heard about a concert, play, recital or game?

Is your child excelling at school or church?

What about an upcoming event you want to share with your neighbors?

We'd love to see your photos of things like babies, weddings, graduations, vacations and family reunions!

Send us your stories, photos and letters in a variety of ways!

Our mailing address is: Southwest Digest, 1302 Avenue Q, Lubbock, Texas 79401.  
Email items to us at [swdigest@sbcglobal.net](mailto:swdigest@sbcglobal.net). Fax them to us at (806) 741-0000.  
Or call us at (806) 762-3612. We want to hear from you!

# Small steps can lead to big rewards for those who get moving

Better physical health. Improved mental outlook. More stamina. Longer life.

All these can be just footfalls away if regular physical activity becomes part of everyday life. Relax. We're talking activity, not necessarily structured exercise.

Think recess, not regimen. "Regular physical activity improves school performance and enhances workplace productivity," said Dr. Eduardo Sanchez, Commissioner of State Health Services. "Regular physical activity drives down health care costs, helps prevent the onset of chronic diseases and enriches the quality of life."

Walking is an ideal way to start, according to Kim Sasser, coordinator of the Texas Department of State Health Services (DSHS) nutrition, physical activity and obesity prevention program.

"Movement of any kind works," Sasser said. "A reason-

able goal for adults is 30 minutes of physical activity most days. Children need about 60 minutes most days. Physical activity should elevate your heart rate and challenge your body."

There is a lot of room for improvement in health and quality of life for Texans, Sasser notes.

Surveys from the Centers for Disease Control and Prevention (CDC) show that among adult Texans about 28 percent report not participating in any physical activities in the previous month.

According to DSHS numbers, more than 61 percent of adults and 35 percent of school-age children in Texas are overweight or obese, the medical reality is that being overweight increases a person's risk of developing heart disease, stroke, high blood pressure, type 2 diabetes, osteoarthritis and some types of cancer.

To help Texans get moving and keep motivated, Sanchez

suggested taking part in the second annual Texas Round-Up Initiative, launched last year by Gov. Rick Perry. "I urge people across the state to get more physically active. Participating in the six-week Texas Round-Up challenge is a good place to get started," Sanchez said.

In addition to the six-week online interactive fitness program, Texas Round-Up activities include a Health and Fitness Expo in Austin April 29 followed by a 10K Run Walk, 10K Relay and Kid's Mile on the State Capitol grounds April 30.

Last year more than 5,500 Texans participated in the first Texas Round-Up fitness festival and 10K challenge, and about 22,000 people signed up for the online interactive training program.

For more information or to register, visit [www.texas-roundup.org](http://www.texas-roundup.org).

Be sure to check with your doctor before beginning an exer-

cise program. Sasser recommends increasing physical activity based on your current status. "Don't try to do too much all at once," she said. "Break up the 30 minutes of exercise if you need to. Take advantage of the outdoors in good weather and large indoor buildings such as malls at other times."

- To increase daily activity:
- Spend less time in your vehicle.
  - Park your car at the back of the parking lot.
  - Walk around the block while your children ride their bicycles or skate ahead of you. Catch up with them occasionally.
  - Perk up at work with a

brisk walk down the stairs or around the block.

• Ditch the remote. Change channels the old-fashioned way.

• Get outside and dig your fingers into the earth. Plant a gar-

den and maintain it. Sweep the driveway and patio every other day. "The goal," Sasser said, "is to make physical activity a year-round habit."

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College Basketball Scholarships are possible for players selected to the All-American Team. Camp Locations include: Commerce, TX, Prescott, AZ, Belmont, CA, Thousand Oaks, CA, Sterling, CO, Bridgeport, CT, Babson Park, FL, Atlanta, GA, Carlmville, IL, Macomb, IL,

Greencastle, IN, Atchison, KS, Baltimore, MD, Ypsilanti, MI, Hickory, NC, Schenectady, NY, Bluffton, OH, Doylestown, PA, Lebanon, TN, Blacksburg, VA, Lyndonville, VT, and Beloit, WI.

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Because our hearts matter, Covenant Heart Institute invites you to attend our "Heart Matters" Breakfast Club. Our goal is to bring people together who are affected by matters of the heart, either personally or through a family member or friend. We hope you will come and be encouraged to share your feelings, ideas and knowledge with others who understand the issues of coping with heart matters.

**Friday, April 22, 2005**  
**9:00 - 10:00 a.m.**

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Presented by Joe Gariepy, Executive Chef  
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 Covenant Medical Center-Lakeside  
 4000 24th Street  
 Arnett Room, 5th floor

Refreshments will be provided. The Heart Matters Breakfast Club is open to the public and free of charge.

Please call (806) 725-1650 for more information.

**Covenant Heart Institute**  
 Lubbock, Texas

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The Southwest Digest is proud to announce the start of the Business and Service Directory for Southwest Digest readers. We are offering special advertising rates for our customers. For only \$100, you can get four weeks of advertising in the Southwest Digest. At only \$25 a week, that's a savings of over 50%! For this price, you will get a 2x2 inch ad that will run for four consecutive weeks.

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# Editorials • Comments • Opinions



## THIS 'N' THAT

**WILL A BLACK POPE BE NAMED! THIS N THAT** As well as many people around the world, are awaiting to see whom the 117 Cardinals of the Roman Catholic Church choose as the next Pope of the Roman Catholic Church. (One of the Cardinals will not be voting.) Many are watching this historical vote, as it has been 26 years since a Pope was chosen. That person was **JOHN PAUL II**. What an impact he left on the world because of his empathy for all mankind. It appears that in the Vatican these days, there is a man by the name of **CARDINAL FRANCIS ARINZE OF NIGERIA**, who appears to be the first Black candidate in modern history to be running for this post. By traveling with Pope John Paul II on his trip to Nigeria in 1998, **CARDINAL ARINZE** won much acclaim in recent years and is considered a **TOP CANDIDATE** for the job. In our opinion, Choosing Arinze to be Pope would have a powerful impact on the United States of America, and on the religion... Come Monday, April 18, 2005, the Cardinals will be sequestered in the Sistine Chapel as they meet in their conclave until this body of Cardinals selects a Pope. So the world will await the smoke and bells. Will the smoke be black or white? Who knows? **THIS N THAT** will be waiting to what will happen...

**DID YOU FORGET? THIS N THAT** is asking the question... as to how many of you remembered that last week, April 4th... was the **37th ANNIVERSARY** of the death of **DR. MARTIN LUTHER KING, JR.**, who died on the balcony of the Lorraine Hotel in Memphis, Tennessee. He was assassinated while emerging from a second floor room, and was in the presence of pair of his trusted advisers, **RALPH ABERNATHY AND JESSE JACKSON**. Dr. King died in the emergency room of St. Joseph's Hospital. One thing which should be on the minds of all of us this year is the **CONGRESSIONAL REAUTHORIZATION OF THE VOTING RIGHTS ACT OF 1965**... as this needs to be continued... Let's keep an eye on this from Congress... What about your communications with your Congressman? **THIS N THAT** is hoping our **NATIONAL BLACK CAUCUS** will stay on top of this important matter, and one day, with God's help, it will be a law and need not to be reauthorized.

**VAN ASHLEY WILL MAKE GOOD MAYOR! THIS N THAT** has a good friend who is aspiring for the Mayor of Littlefield, Texas. His name is **VAN ASHLEY**, and for more than 18 years has been serving this city with all he has to offer, and is serving as Mayor Pro Tem. Not only does he work in his city, but

also serves on the Board of Directors of the Texas Municipal League (TML), and is an officer on the Association of Mayors and City Councilmen (AMCC). There is no doubt about it. **VAN ASHLEY** can do the job and all will be proud of him and his work... Also, he serves on the South Plains Association of Governments (SPAG) Board of Directors, and was the president of this board several years ago... **THIS N THAT** wishes you the very best, **VAN ASHLEY!**

**PENNY HASTINGS THE BARBER SAYS: "LET US NOT FORGET THE DEATH OF DR. MARTIN LUTHER KING JR., WHO DIED ON APRIL 4, 1968 IN MEMPHIS, TENNESSEE. HE'S DEAD, BUT HIS DREAM LIVES ON."**

**SCHOOL IS ALMOST OUT. HAVE YOU VISITED? THIS N THAT** is still asking all of you who can, to visit a **PUBLIC SCHOOL** before school is out this year. Will you do so? Hope so!

**VERY GOOD PROGRAM! THIS N THAT** had an opportunity to attend the 1st Annual Praise and Worship Musical last Sunday afternoon, April 10, 2005, at the Bethel African Methodist Episcopal Church. Special guest was the **WAYLAND BAPTIST UNIVERSITY CHOIR**... It was a very good program. **PASTOR EDDIE L. EVERLINE, JR.**... says this kind of program will continue.



## Think About It! Where you at?

by Eddie P. Richardson

District One and District Two, where are you? This writer has said before with the outgoing on the Lubbock City Council of Victor Hernandez and T. J. Patterson, it appears as thou these districts have gone into oblivion. At least Victor was raising Cain and T. J. was preaching. But the districts were alive.

The only activity from these districts now is the so-called "Town Hall Meetings," which appear to be in conflict with the Neighborhood associations. While a councilman, T. J. had over 80 so-called "Town Hall Meetings," and upon his arrival as mayor, David Langston, formed the Lubbock United Neighborhood Association, which was to serve all citizens of Lubbock to voice their concerns.

The most hurting and disgusting thing is District One and District Two councilpersons have been silent on the most important issues to face those districts in the past 30 years. Someone needs to take a look at the most denied, overlooked, abandoned, disregarded areas of Lubbock. When things began to happen through the efforts of the North and East Lubbock Development project, we need help from our local councilpersons that were elected to represent these areas of the city. Evidently, they are going different directions from what they were elected to do. Since the attention to the North and East Lubbock Development project, it appears

as though one councilman, in particular, has worked hard to divert the attention from that area. We need to be concerned about other areas, but let's be fair. Just think about this, all of sudden, there was so much concern about Central Lubbock, the 34th Street area. Even the people of that area of the city told you where to go.

Now here comes 50th Street. At least these areas have at least been surviving. Why not get the most neglected first and move on to the new needed areas.

Funny thing, District Two councilman, you got your over fair share of tagging junked cars. Why not equally spread it around? We even had money allocated to East Lubbock which was apparently diverted, for example, the Williams Chicken business where the owners were promised some road work near the new construction, that is, if the deal was done.

And it was! Evidently the money was diverted. Why? The Martin Luther King Blvd. And Slaton Highway "fly by" which will make this area of the city more accessible to the Preston Smith International Airport should be on the front burner of economic

development. After all these years, the North and East Lubbock Development project is finally on the table. It appears, however, that the fruits of our labor over the years have been shifted to a non-status area. Why?

When the project began a few years ago, it started out with diversion and even competition from within the district with developers who wanted to make money. The citizens who reside in the North and East Lubbock area have always opposed pre-ribs and trailer park shelters. Our District One councilperson was an excellent school board representative. What happened? Our District Two representative was never active in the district before the election. The not knowing the district, its wants, needs and feelings, but he was elected by citizens of District Two.

This writer has always supported the total and whole Lubbock community, but has always had a special are for the overlooked and neglected areas simply because they needed more.

**Closing Thought:** "You can't teach what you don't know and can't lead where you don't go!"

## In Cinque

by Renetta Howard



We know that times have changed and with all of the technological advances, that everyday things have to be somewhat different. The things that puzzles me is how our young people view the world and themselves. Sometimes when you think they have their heads on straight, you discover that they do not have a clue.

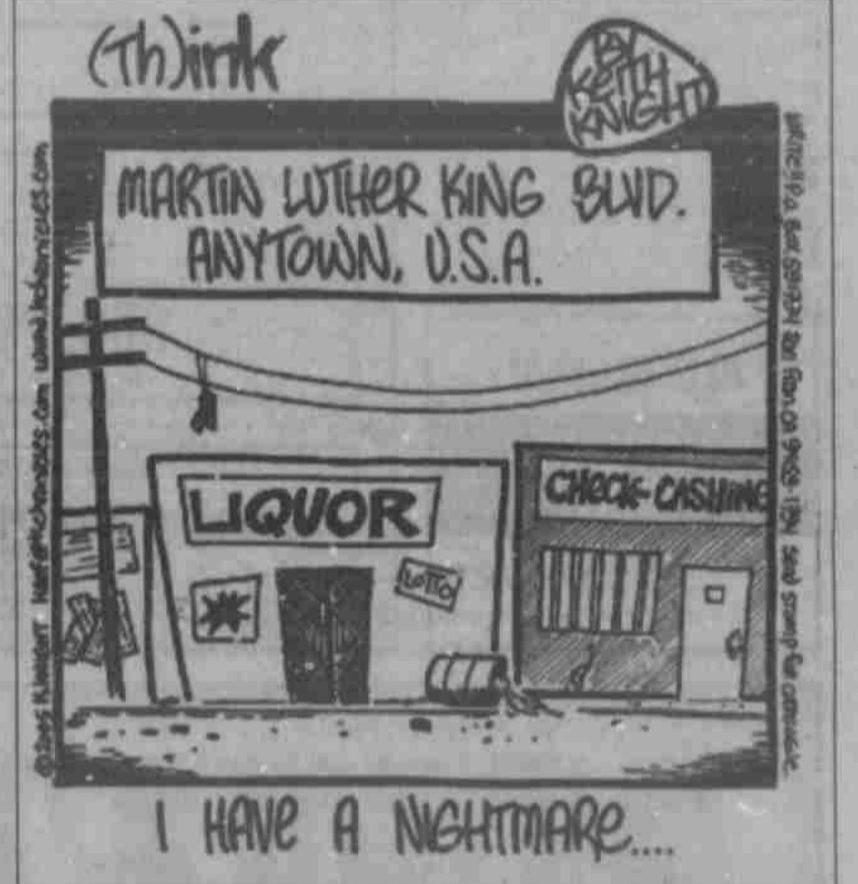
Some of us will never have a clue as to the hip-hop language, spoken or set to music, or culture, and a few of us are not really interested except when it comes to figuring out the disposition of our young. Our youth live in a "want" disposition as well as a "won't" disposition. They want everything they see but won't do what it takes to be deserving of what they

want. Young adults, chronological only, want the "in" clothes, that is, most of them, especially the girls, where most of their body is "out." The young men, on the other hand, have most of their body covered. It appears that the young ladies do not understand the differences and what this disposition does to their moral well being. The labels given to the young ladies who are exposed is disgraceful. The young ladies conceive themselves as being "hot" but the young men see them in a more degrading venue and talk about it in those "rap" songs.

It is difficult to understand most of the "rap" or hip hop "music" but the derogatory things said about the "hot" young ladies is often very clear to the ear. They have no respect for the young ladies and they buy into the words and call themselves some of the names that the young men call them, as though it were an honor. By now, you would feel that

young ladies would begin to see how they are thought of with all of the "baby mama" drama" song titles and mentioning of it in the lyrics. "She means nothing to me. She's just my baby mama." There was a time when being a baby's mama had some significance. Most of the time, the baby's mama was married to the baby's daddy and they were proud and there was no need for the fuss. One of the parents usually had a job and supported the family. Now, the only thing most of them think about is "Pimp my ride." They have lost their pride. It is time for us to get "in cinque" and help our young people to get their priorities straight.

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The Southwest Digest is an independent newspaper serving the Lubbock, West Texas, South Plains of Texas and Eastern New Mexico areas printing the news impartially supporting what it believes to be right without opposing what it believes to be wrong without regard to party politics.

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# Focus on Education: Loving Your Child

By C.L.P.

Special to the Southwest Digest

SOME readers may lift an eyebrow at reading the title of this article. However, loving our children and making sure that they feel loved is a very important responsibility that we have as parents. How do we love our kids? How do we express that love? Are we expressing love the way we feel that it should be expressed, or are we expressing it the way our kids would like us to? How do we ensure that our kids feel loved? Is love and affection the same? When do we begin to love our kids? How often do we say the words "I love you" to our kids? This takes us to the question: what is love anyway?

Many define love as a feeling of extreme emotion to some object. Some claim to love their car, their job, their pet. However, this is NOT the love that we refer to when we speak of loving our kids. A car has no emotions, no feelings. Your child does. The extent to which your child/children feel(s) loved can have a great effect on their outlook of the world, the kinds of relationships that they build with their peers and as adults. How they think of themselves (self-esteem). It affects

whether they will grow up to be positive, happy individuals who raise loving families of their own, or to be bitter, and angry with dysfunctional families.

Where does the love begin? Many mothers and fathers feel an immediate bond with their newborn and that is great. For others, that bonding with the cute little baby comes with time and maybe a little effort. Whatever the case, it is absolutely important that the parent or guardian makes an effort to ensure that infant feels loved. As with adult relationships, love with a child develops over time. Since a baby's thinking ability or emotion is not yet developed, it is your responsibility as the parent to nurture a healthy, loving relationship with your child. What kind of home do you have? Is it fun and safe? Do you and your spouse fight all the time? Or do you keep your quarrels at a level that your child is NEVER made aware of.

Love is not equal to affection. However, the closeness that comes with touching, kissing, playing etc. helps babies to develop well emotionally. Babies who are held a lot are less aggressive than babies who are held less. Be responsive to your child. Hold your child close to your body when lifting instead

of away from you. It is these little things that matter. Again build a sense of love in your child.

How can you do it? Speak the love language. Psychologists refer to the five languages of love.

1. **Physical touch:** Hugs and kisses are most common. Remember that all children need touch. Boys and girls both need physical affection equally. Babies who are held, hugged, and kissed develop healthier emotionally than those left for long periods of time without physical touch. Younger kids can be kept close while doing some household chores. While in your car, reach back and hold a little hand while stopping at a red light. Older children may prefer wrestling on the floor, bear hugs, give-me-5's, and so on.

2. **Words of affirmation:** In communicating the words "I love you" are powerful. Young children are very trusting. They deeply believe what adults say. Therefore make sure that what you say to your child is words of love. Loving words help a child's inner sense of worth and security, and these will last a lifetime.

3. **Quality time:** When a child's "love-tank" is empty and attention is the only thing that will fill it, that child will go to any length to get

what he or she needs. We hear of the horror stories of shootings at schools. Remember Columbine and more recently Minnesota. By quality time, I mean time set aside to focus only on that child. In babies that includes feeding, changing and bath time, but as the child grows, we have to make a special effort to give that time. It involves sacrifice and that speaks volumes in showing your love. Use the time spent in the car driving to and from school for example. Questions like "how was your day?" and "what's on your mind?" can go a long way. The child will know that you are interested, that he/she matters, and is important to you. Additionally, it will create a trusting relationship that will prevent the need from seeking these things in dangerous places. So make the time to sit and have a meal with your child. Play a game together. Help with homework.

4. **Gifts:** Giving or receiving gifts is also another way to express love. This love language should not be spoken alone but in combination with affirmation or "words of love". Gift giving should not be mistaken for bribery that is, offering a gift in exchange for doing something. The size or the cost should not be of object. Do not

take the mentality that the bigger or more expensive the gift, the greater the love. It matters not what is being given, but how it is given. For example, taking the time to wrap it, give a personal touch, give it in front of others so that again, the child can feel special.

5. **Acts of Service:** Parenting is a service-oriented "job". In a family we all have different abilities or gifts to serve one another. As a parent, be careful not to force child to be a little copy of you. Help them to create their own dreams. Expose them to a variety of things so that they can develop their own interests, as long as it is positive. You do not need to share the harshness of the adult world with your child,

Just allow mine to be kids, for they will be all grown-up soon enough.

To end, I invite you to examine yourself as a parent or guardian. Ask yourself, "Am I expressing love to my child or children in a positive way?" "Am I by my actions contributing to a future of chaos for my child?" I myself have been guilty of not paying enough attention to my kids' emotional well-being. But, as I become enlightened, I do not want to wonder what I could have done differently, so today I make a conscious effort to make my kids feel loved. Now, the plea of ignorance has been taken away from you. The next move is yours.

Next topic "Affirmative Action".

## Entries now being accepted for 2005 "Run For The Arts"

Entries are now being accepted for the 2005 "Run For The Arts" in conjunction with this year's Lubbock Arts Festival.

Sponsored by West Texas Running Club (WTRC), the event is slated for Saturday, April 16, and will begin at the Lubbock Memorial Civic Center.

This year's run will feature three events: an Elementary 1-Mile Run, 2-Mile Fun Run-Walk and

15K "Distance Runners Challenge." The elementary event begins at 8 a.m., and the other two are scheduled.

Resurrected after an absence of several years, "Run For The Arts" helps promote the Lubbock Arts Festival while raising scholarship dollars. Proceeds from the event will go to WTRC's scholarship fund.

The elementary event is open to children in grades 1-6. Entry fee is

\$6 in advance (by April 13), and late registration will be accepted until 9 a.m. the night before the event for \$8 each (no race-day registration will be accepted). All participants will receive a t-shirt, and ribbons will be awarded to all finishers.

Entry fees for the 2-mile and 15K events are \$15 in advance, \$18 until the night before and \$20 on race day. Awards will be presented to the overall first-place winner in

men's and women's divisions, along with divisional medals in several age groups.

All registrants will receive a t-shirt, and an awards ceremony will immediately follow the conclusion of each event.

Additional information, including a registration form, is available via the WTRC website at [wtrc.tripod.com](http://wtrc.tripod.com).

## April observed as National Donate Life Month

In 2003, President Bush proclaimed April as National Donate Life Month. This observance is an opportunity to raise public awareness of the need for more organ, tissue, marrow and blood donors.

According to the Organ Procurement and Transplantation Network (OPTN), 87,788 candidates are currently on the waiting list for a transplant. Catherine Burch Graham, director of communications for LifeGift Donation Center said there are approximately 2,000 people on the waiting list for organ transplants in the organization's service area, which includes West, North and Southeast Texas.

"Increasing awareness of donation is crucial to saving lives of those awaiting a transplant of kidneys, lungs, livers, hearts and other organs," Graham said.

LifeGift Managing Director Jan Barnett agreed. "We're at a crisis point. One in three people on the waiting list are expected to die simply because there aren't enough organs donated. That's why it's so important."

For years, LifeGift and Covenant Health System have worked closely to increase donors and refine the donation process. "Covenant has embraced this collaborative effort and taken true ownership of this cause," Graham said. "We are incredibly proud to work with the hospital."

According to OPTN, the demand for organs is vastly greater than the number of organ donors, despite continuing advances in medicine and technology. In 2003, there were 13,272 deceased and living organ donors and 25,452 successful organ transplants.

This discrepancy in donors versus the need is why LifeGift works diligently to erase myths and mis-

conceptions about donation. Those myths and truth about donation can be found on the LifeGift website at [www.lifegift.org](http://www.lifegift.org). For instance:

• **Myth:** If you agree to donate your organs, your family will be charged for the costs.

• **Fact:** There is no cost to the donor's family or estate for organ and tissue donation.

• **Myth:** You are too old to be a donor.

• **Fact:** People of all ages and medical histories should consider themselves potential donors. Your medical condition at the time of death will determine what organs and/or tissues can be donated.

• **Myth:** If emergency room doctors know you are an organ donor, they will not work as hard to save you.

• **Fact:** If you are sick or injured, medical staff's No. 1 priority is to

save your life. Organ donation can only be considered after a physician has declared brain death and in many states, including Texas, the family must also give consent.

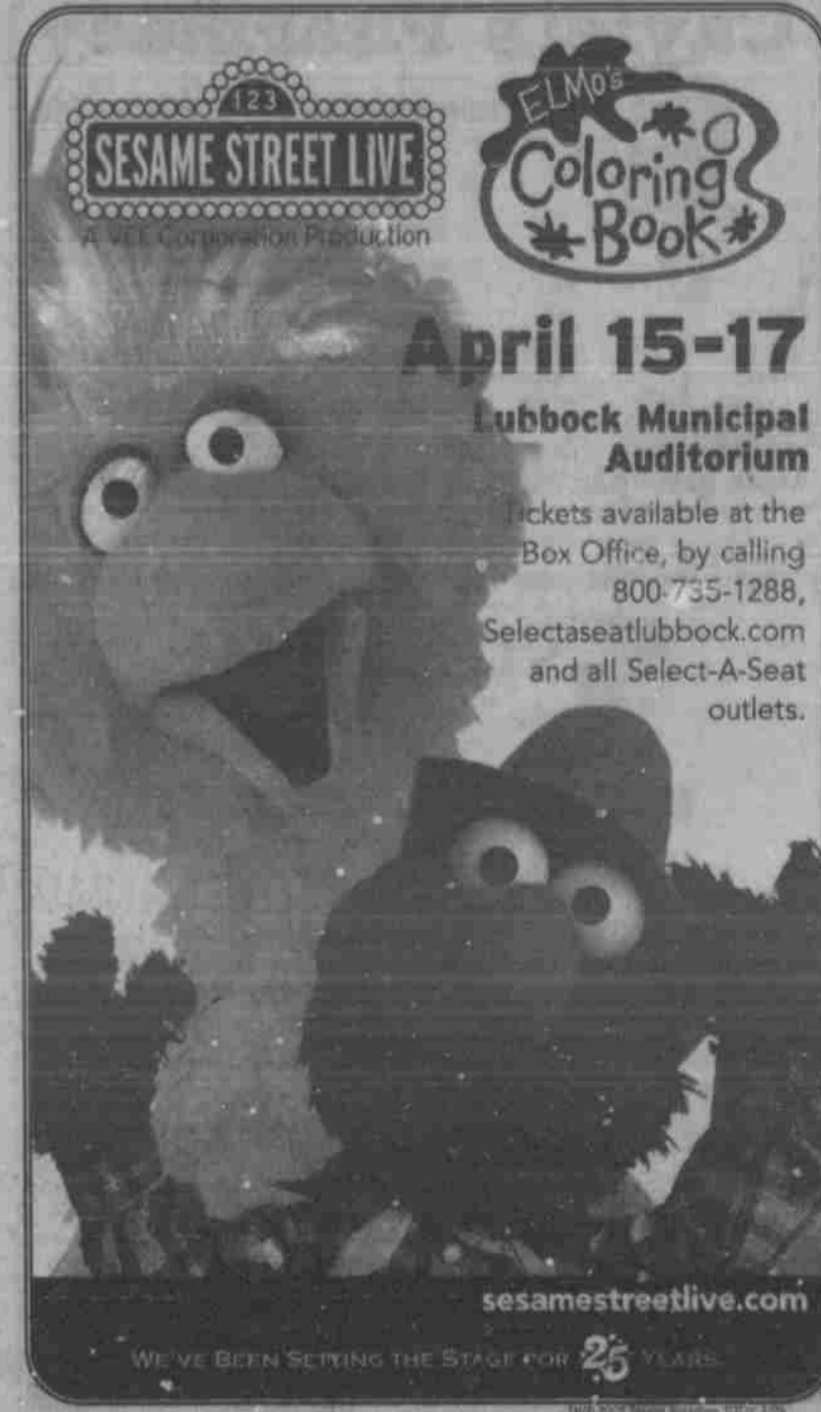
Barnett and Graham stressed the importance of families working together and discussing donation. A written document is not required for organ, tissue, marrow or blood donation, so the next-of-kin or the caregiver is the final decision maker. It is pertinent that your family knows if you would like to be a donor.

The West Texas service region of LifeGift will sponsor several events during Donate Life Month to increase awareness in the area. Contact Jan Barnett at 798-5568 for details regarding these events.

For more information on organ and tissue donation, visit [www.lifegift.org](http://www.lifegift.org)

## Silent film showing at Mahon Library

The Mahon Library, 1300 9th Street, will show silent films on Wednesday evenings in April. On Wednesday, April 20, at 6:05 p.m., we will feature "The Kings of Classic Comedy," a selection of the funniest short films of the silent era. Refreshments will be served. For more information, call 775-2835.



## CONGRATULATIONS! DR. MICHAEL BADGWELL

An Oklahoma native, Dr. Badgwell is a graduate of the University of Oklahoma and attended medical school at the Baylor College of Medicine in Houston. He is Board Certified in Anesthesiology and has completed a fellowship in Pediatric Anesthesia at the Hospital for Sick Children in Toronto, Ontario, Canada.

Dr. Badgwell brings over 30 years of medical experience to his position. A dedicated, skilled and compassionate physician, he is a recognized leader in the field of anesthesiology.

J. Michael Badgwell, MD, FAAP, has been appointed Chair of the Department of Anesthesiology, Texas Tech University Health Sciences Center, School of Medicine.

Dr. Badgwell has been recognized as the one of the Best Doctors in America (by Best Doctors, Inc) and was selected as one of "America's Top Physicians" by Consumer's Research Council in 2003 and 2004.

Dr. Badgwell and his wife, Lynn, are parents of two adult children, Ashley and Christy.

Congratulations to Dr. Badgwell on his appointment to this leadership position as Chair, Department of Anesthesiology and UMC Chief of Anesthesia.




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