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# Southwest Digest

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An Independent Pictorial Newspaper for All People • Primarily Serving the Black Population of Lubbock County and the Surrounding Area • Black Press of America

## News Scene

### Black Americans to Sue U.S. For Reparations

The National Commission for Reparations supports the notion that the ure for America's ills lies in the payment of reparations to the descendants of America's former slaves. And, under the direction of the Honorable Silis Muhammad, the CEO of the Lost-Found Nation of Islam, a petition has been filed with the United Nations Sub-Commission on Human Rights. The petition is titled: "Reparations Petition for U.N. Assistance under Resolution 1503 (XLVII) on Behalf of African-Americans in the United States of America." A spokesman for the Lost-Found Nation of Islam states: "This is an extremely significant step for Black Americans, who have suffered the worst holocaust in th annals of history. While others have been distracted by marchers and the like, Silis Muhammad has taken decisive action toward fulfilling the dream of our enslaved ancestors."

### NFL Football Star Encounters Racism

At the end of the National Football League's regular season, Reggie White, the Green Bay Packers star defensive end, publicly encountered racism as his church—the Inner City Community Church in Knoxville, Tenn.—was set ablaze, with racial epithets left at the scene. White, who is a 6-foot, 5-inch ordained minister, said he had an inkling that something like that would happen as his team was preparing for a NFL play-off game. "The team and hotel security told me that they had received a message saying that something was going to happen," said White, who attended the University of Tennessee. "They said the caller told him he was tired of those interracial churches and marriages and schools and that he was going to do something about it. He said he was upset over the bank we opened in Knoxville to help people to empower themselves, though it helps whites as well as blacks. So, since it happened three days after the call, somebody had this planned all along." White, telling reporters that similar incidents have happened in recent weeks at other interracial and black churches across the country, said the life of the pastor at his Knoxville church had been threatened. "All of this hate, racism and ill will, all it has done is made more determined in my game and in my message. I feel that God has given me a message to get out.... And that's what I'm going to do, regardless of the hate."

### Louisiana's New Governor Halts State's Affirmative Action Plans

Louisiana Gov. Mike Foster, who defeated black U.S. Rep. Cleo Fields for the office last November, signed an executive order four days after he took office to halt affirmative action programs in Louisiana government programs giving preferential treatment to women and minorities in the awarding of state contracts, acknowledged this move would have little practical effect unless the state legislature backed him up. Foster's action cannot stop affirmative action in any program supported with federal money or any state program specifically protected by state law.

### Who's Who In Black Corporate America?

George Frame is vice president of finance and administration for Jaguar cars in Mahwah, N.J. A 51-year-old MBA graduate of Dartmouth College, Frame, in charge of finances, legal affairs, commercial account sales and the company's re-marketing (pre-owned car sales), is Jaguar's highest-ranking U.S. executive. Frame, who served as a logistics expert in Vietnam, earned a Bachelor of Science.

## LISD Takes First Step toward Joint Venture with South Plains College and Market Lubbock, Inc.

The Lubbock Independent School District is pleased to announce the acquisition of property located at 34th Street and Avenue Q and the creation of the district's Centralized Career Technology Center.

The Board of Trustees approved the purchase of the former K-Mart building, an 80,000-square foot facility, during their meeting February 8. The Centralized Career Technology Center will be the home of all technology training programs throughout the district. This project is part of the 1995 bond program approved by Lubbock voters last January, when \$2,250,000 in bond funding was earmarked to consolidate the Career Technology Programs of LISD.

The purchase of the building is also the first step in a joint venture with Market Lubbock, Inc. and South Plains College to establish a Cooperative Career and Technology Center to serve the workforce development needs of the Lubbock area. Approximately 30,000 square feet of the facility will be utilized by South Plains College for its career education programs. The combined training programs of LISD and SPC will provide Lubbock with a skilled workforce to attract new industry and better serve existing businesses that often go outside the city to hire employees.

Dr. Curtis Culwell, Lubbock ISD Superintendent, stated his appreciation to Market Lubbock, Inc. on behalf of the school district for financing the purchase of the property, which cost \$1.5 million. Moneys from the 1995 school bond issue will be used to refurbish the building and grounds. South Plains College has a special appropriation of approximately \$800,000 in grant money to purchase the necessary equipment for program development.

Gary Lawrence, Market Lubbock, Inc. president, said, "I believe this is an excellent example of the way government should use funds to cooperate and to reduce duplicate efforts. Working together, we are creating the most state-of-the-art technical training center in the State of Texas."

"The student will be the focus of the program," explained Dick Walsh, South Plains College Provost.

"Education, technical training, skills development and appreciation for work and life will be the investment. And a versatile, skilled individual for the workforce and community will be the product and the outcome."

The linkage of educational programs between LISD and SPC will include electronics technology, industrial arts such as machinist trades, automotive technology, auto collision repair and automotive machinist trades, as well as a rapid response to the needs of new industry.

"If a company comes in and tells us they need 100 workers before they open their doors," said Lawrence. "We can custom train them. This rapid response capability will give us a leg up in securing new growth for Lubbock."

Two years in the making, the plans for the Cooperative Career Technology Center call for shared utilization of a state-of-the-art multimedia classroom with distance learning capabilities, classrooms, laboratories, conference areas, equipment storage and display areas.

Jack Alderson, vice president of Market Lubbock, Inc., voiced the opinion of everyone involved with the project when he said he is excited about the joint venture. "This training center will meet one of the vital needs for continuing economic development in this area—and that is providing a well trained work force for both existing industries and prospective companies interested in coming to Lubbock. Market Lubbock, Inc. is proud to have a part in putting together this financial package to make this training center a reality."

Part of the \$1.5 million used to purchase the building came from a special appropriation of \$1.35 million by the City of Lubbock which went to Market Lubbock, Inc. for economic development efforts.

The Cooperative Career and Technology Center is truly a partnership—a partnership destined to provide what Dick Walsh calls "positive outcomes and benefits in economic development, educational program interface, unity of educational vision and creative responses to present and future challenges."

## Patterson Announces for Another Term on Lubbock City Council



T. J. Patterson, Sr., who was first elected to the Lubbock City Council in April, 1984, held a press conference last Friday morning at Coronado Drive and announced his bid for re-election as District 2 City Councilman.

The 58-year-old Patterson and senior member of the present council, said: "There are two issues I want to work—crime and economic development." He made known of the recent neighborhood marches against drugs and crime, but advised that the marches, all 24 of them, have created an awareness, but there needs to be more done in this area.

"Therefore, I'm going to ask my mayor and city council to join me in an all out effort to create a 'Youth Economic/Recreational Summit' to address the ills in the youth community. First, I will summon as many leaders as possible to attend a planning session for this summit," he said.

"Once this has taken place and we come together, a summit will take place. This very important, because summer is gradually approaching, and our kids need to be gainfully employed and there needs to be some positive recreational activities of all our young people," he continued.

"Personally, I envision this planning session lasting all day, and held on a Saturday in a place where there are no distractions. It could be possible a day may not be long enough, but whatever time is needed, we'll use," he continued.

"When a consensus has been reached, then a Summit will be called and young people of our community will be invited to attend. Hopefully, this will lead to some summer jobs and more wholesome recreational activities," he said.

In talking about economic development, he explained how important it is for opportunities to be taken advantage of in all neighborhoods. "Don't you think it is about time for a nice restaurant or other retail outlets to be seen in District 2, owned and operated by persons from the area?" he asked.

Patterson, who is the past president of the Texas Association of Black City Councilmembers, is president of Region III of the Texas Municipal League and services on the T.M.L. Board of Directors.

He has also served as Mayor pro-tem, from 1991-1992, and is a member of the Energy, Environment, Natural Resources Policy Committee of the National League of Cities.

A member of Bethel African Methodist Episcopal Church where he is a Steward and Assistant Superintendent, he is married to Bobbie G. Patterson and they are parents of three children—Avis, T. J., Jr. and Shelia. They also are grandparents of three—Zairreus, Marvyn and Asya.

### Black History Parade Saturday

On Saturday, February 17, 1996, 12 noon, the Lubbock Black Chamber will sponsor a Black History Parade. The parade will form in the Estacado High School parking lot starting at 11 a.m. The route of march will be from Estacado, south on MLK Blvd., to Mae Simmons Community Center.

Zebbie Lethridge, an Estacado High School graduate and the current starting quarterback for Texas Tech, will be the parade's Grand Marshal.

There will be a \$50 first prize and \$25 second prize for the best entry in the parade. IF YOU WANT TO BE IN THE PARADE, BE AT ESTACADO PRIOR TO 11:30 a.m.

The Chamber request the Lubbock Community to come out and view our parade.

## Aaron Alejandro Running for U.S. Congress



Aaron Alejandro, President of Catalytic Dynamics, has ten years of experience in management, personal and professional training.

Aaron is now running for Congress in an effort to bring about reasonable and level-headed approaches to balancing the federal budget as well as dealing with other challenges facing our country.

Aaron was raised at Cal Farley's Boys Ranch just outside of Amarillo, Texas. As a promising youth in the midst of what could have been less than promising circumstances, Aaron learned quickly the importance of a positive attitude. His life is a reflection of his philosophy that a positive attitude can create positive results.

Having served as President of the Texas FFA Association, Marketing Representative for Creative Educational Video and District Director for U.S. Congressman Bill Sarpalis, Aaron has fostered a rich pool of experience and insight into providing quality training and customer service.

He brought his talents to Wichita Falls, Texas and became an active part of the community. He serves, or has served, on the Downtown Rotary Club Board of Directors, Boys & Girls Clubs of Wichita Falls Operational Board, Boy Scouts of America-Nominating Committee, Girl Scouts of America—Nominating Committee Chairman, Fellowship of Christian Athletes (FCA) Adult Board of Directors, Leadership Wichita Falls Board of Directors, and Big Brother with the Big Brother/Big Sister program. Aaron was also a 1989 graduate of Leadership Wichita Falls and was awarded the 1990 Texas Young Farmer Spokesperson for Agriculture. In 1991, Aaron was honored by the Downtown Rotary Club as a Paul Harris Fellow.

Aaron is married to Jennifer Whitehill and they have a son Chandler Luis Alejandro. They also have a Dalmatian named Ross.

Sponsored by Alpha Kappa Alpha Sorority, Inc.

## Meet the 1996 Debutantes and Escorts



Last month at Reese Air Force Base's Officers Club, the members of Eta Delta Omega Chapter of Alpha Kappa Alpha Sorority, Inc. presented their 1996 Debutantes and their escorts.

Pictured above are: from left to right: April Barnes and Lamar Barnes; Phylsha Whaley and Dwain Morgan, Jr.; Christina Roberts and Michael Hughes;

Teisha Marie Palacios and Tony Lugo; Cynthia Ann Blackwell and Quinton Walker; LeKisa Asberry and Cary Taylor; and LaToyia Ceresa Cook and Calvin Basye.

Soror Rev. Alexander is Basileus; Soror Dorothy Norman, Grammaeus; and Soror Nora Hutchinson is Graduate Advisor.

## Hunt Elementary Hosts African American History Bowl

Sixth grade students all over Lubbock are busy preparing for an event that will broaden their knowledge of African American History and culture. The students are taking part in one of the most exciting events for elementary schools because their has accepted the challenge to participate in the African American History Bowl at Hunt Elementary School on February 22-23, 1996. Sixty-four teams have registered to participate this year, representing 18 elementaries.

This is the third year of the Bowl and, if history repeats itself, it will be one of the most challenging activities that the students can choose to become involved. The first African American History Bowl was in 1994. The History Bowl creates the same excitement and challenge as the competitions for Odyssey of the Mind, Spelling Bee, and Science Fair.

The staff at Hunt Elementary School and others have designed the contest, compiled the Study

Guide, and organized the African American Bowl in a very professional format that makes it a worthwhile activity for all schools. The contest is truly an exercise in broadening the knowledge of all sixth grade students who participate in learning about the history of the African American people. Everyone who involves themselves in the contest benefits from their efforts for learning the material while preparing for the contest.

The contest is designed for teams of 3 sixth grade students to compete against other teams. The winning teams advance according to a tournament bracket. The competition allows for individual answers and group answers that are timed and scored by judges. Each match lasts about 20 minutes.

The final competitions will be held on February 23rd with the awards ceremony scheduled for 1:00 pm in the gymnasium of Hunt Elementary School. The public is invited to any of the competitions and the awards ceremony.

## Parkinson's Support Group To Focus On "Erasing Stress"

Thursday, February 22, 1996

The Parkinson's Community Support Group of St. Mary of the Plains Hospital Neurology Research and Education Center (NREC) will meet Thursday, Feb. 22, 1996 at 1:30 p.m. in the NREC (4102 24th Street, Suite 601).

The meeting will feature a presentation about "Erasing Stress With Massage" by Registered Massage Therapist Bill McDonald.

Participants in the Parkinson's Support Group, which includes individuals suffering from the disease as well as family members and caregivers, help each other cope with the various challenges of Parkinson's—educating each other about the disease and giving one another devotional support.

Support Group meetings are open to the public at no charge. For more information, call Judy Ribble in the Parkinson Disease Information & Referral Center at (806) 796-2647.





### Ruby Joy's Corner

The New Hope Baptist Church, 2002 Birch Avenue, is the "Church Where The People REALLY Care." Rev. Billy R. Moton is the proud pastor. Services began last Sunday morning with Sunday School at 9:30 a. m. Each class met in their respective classrooms and had devotion. The reassembled with a song, and high points of the lesson were given by Sister Moton. It was very well done.

Last Sunday was Youth Sunday, and they were in charge. Everything was well done. There were four visitors in Sunday School. Class No. 4 had one new person in attendance.

Secretary's Report—Youth Department—the Attendance Banner went to the Senior Class. Adult Department—Attendance Banner had a tie between Class No. 1 and Class No. 2. The Offering Banner was presented to Class No. 4.

The morning services devotional period was conducted by the Youth Department. Boy, did they do a wonderful job! Praise God for our young people.

The Youth Choir led the processional singing "I'm On My Way." Altar prayer was given by Pastor Moton. Another song, "Thank You, Jesus", was sung. Scripture and prayer followed. With the singing of "When I'm On My Mission, Lord," the spirit came into the services. Responsive reading was done with the congregation standing.

The morning hymn was "Yield Not To Temptation." Pastoral observations were given by Pastor Moton. He spoke about the Church Anniversary which is set for April 21, 1996 at 3:00 p. m.

This will be the 70th Anniversary of New Hope Baptist Church. Each Adult is asked to pay One Dollar for each year. Let us do our very best. God loves a cheerful giver.

After the singing of another song, "The Lord Will Be Right There In Heaven," the hymn of preparation, "Near The Cross," was sung. Pastor Moton's sermon was entitled "Is Anybody Blessed Because You Are Here?" His scripture text was Genesis 39:1-6. What a mighty sermon as he told us about it makes you think about your attitude. Some people just hate to see you coming up.

After the extension of the doors of the church, one came for restoration and another prayer.

Clarence and Joan Y. Ervin enjoyed a wonderful weekend as Tyrone, their son, brought the grand baby to see them. She is just a darling. They reside in Dallas, Texas.

Keep on praying for our sick and shut persons on the list. There are so many who are calling in for prayer. The sick list just grows in leaps and bounds each week.

Brother John Howard is home from Houston. Sister Celestine Kyle is home from the hospital. Brother John Henderson is in the hospital.

Congratulation are in order for D'Aun Knighton on his new opportunity in Denver, Colorado.

Sister Jessie Evans was not in church last Sunday. She was really missed in Sunday School. Her class is looking for her next Sunday morning.

Mary Ann Jones's husband had to be admitted to the hospital.



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### TTU Cultural Events to Show the African Social Satire *Guelwaar*

LUBBOCK—*Guelwaar* is a razor-fine comic portrait of contemporary Africa by the great Senegalese filmmaker Ousmane Sembene. It marks a return to the epic social comedy of Sembene's previous masterpieces *Mandabi* and *Xala* with a single, absurd situation crystallizing a wide-ranging vision of Senegalese society, African history, and universal human truths.

The story revolves around the mysterious death and even more mysterious disappearance after death of one Pierre Ienn Thioune, called *Guelwaar*, the Noble One, a political activist, philandering patriarch, and pillar of the local Christian community. To the horror of his fellow Christians, it is discovered that *Guelwaar's* errant corpse was misidentified and mistakenly buried in a Muslim cemetery. This sets off a tempest of bureaucratic red tape, family conflicts, and

religious factionalism, culminating in a tense standoff at the disputed grave site.

Sembene is a master storyteller, but, as always in his films, the central story represents only a fraction of the film's overall impact. It is... [a] thunderous indictment of the twin evils of homegrown African corruption and neocolonial Western aid. No filmmaker is more sharply critical of the internal problems of modern Africa, but no film is a more powerful assertion of African pride and autonomy than *Guelwaar*.

*Guelwaar* is in Wolof and French with English subtitles and is 115 minutes long. It is unrated and will be shown on Friday, February 16 at 7:30 p.m. in the University Center Allen Theatre. Tickets are \$3 for Tech students and \$4 for the general public. For tickets or more information, call 742-3610.

## Albert McNeil Jubilee Singers to Appear Here February 23, 1996



In a special Black History Month Celebration, the internationally acclaimed Albert McNeil Jubilee Singers will appear in concert Friday evening, February 23, at 8 p.m. as part of the Vesper Concert Series sponsored by the Music Department of the First United Methodist Church. This group has received international acclaim and focused worldwide attention on the vast body of folk music termed "African-American." The concert will take place in the Sanctuary of the First United Methodist Church of Lubbock, Broadway and Avenue M in downtown Lubbock.

One of the most honored singing ensembles in the world, the Albert McNeil Jubilee Singers undertook their first European tour twenty-five years ago and since then have had 16 sold-out European tours, eight tours of the United States, plus tours of the Middle and Far East, Africa and South America. They were selected three times to serve the U.S. State Department and USIS Cultural Exchange Program in areas of the world including East Germany, Hungary, Romania, Poland, Czechoslovakia, Yugoslavia, Iran, India and United Arab Emirates.

Founder-Director Albert McNeil is well-known to

the national choral community, having been honored on two occasions with "Command Performances" before the prestigious American Choral Directors Association in 1981 in New Orleans and in 1985 at their Salt Lake City Convention. The Singers have appeared in concert with many groups including the world famous Mormon Tabernacle Choir, Chanticleer, the Vancouver Chamber Choir and Pro Musica of El Paso. During the winter of 1993, the Singers completed a six-week tour of Germany, Austria, France, Switzerland and Luxembourg.

The Singers feature repertoire drawn from the tribal music of the earliest slaves, embodied by their spirituals, the patois and calypso music of the Caribbean, as well as the jazz and gospel of more recent times. McNeil firmly believes that Negro spirituals have clear links with African musical tradition, exhibiting a strong rhythmic involvement and the common call-and-response.

There is no admission charge for the concert on February 23, and child care is available. The concert will be followed by a reception in the Church Parlor. For more information, please call the First Methodist Music Office, 763-0781.

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## Sickle Cell Anemia Clinic

Tuesday, February 20 from 9-11:30 a.m.

Under the direction of Melanie Oblander, M.D., Pediatric Hematologist, specializing in this genetic disorder.

### Did You Know:

Sickle Cell Anemia is a disease that affects 50,000 Americans.\* One out of 12 African-Americans in the U.S. has the Sickle Cell trait.\*

### Common Warning Signs:

Anemia: tired, lack of energy  
Leg Ulcers: sores that don't heal -- often caused by poor circulation  
Slow-growth: small size, poor general health and frequent colds  
Jaundice: signal of abnormal blood condition  
Painful joints: cause is poor blood supply to bones

Do you have sickle cell anemia?  
Do you know if you are a carrier?

For more information about the Sickle Cell Clinic or to schedule an appointment, please call:

785-5437 (KIDS)

This clinic is held the 3rd Tuesday of each month

Medicaid Accepted.  
A community service of Methodist Children's Hospital.  
\* Source: Texas Department of Health.



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## Obituary

### Final Rites Read for Pershing Reese



WICHITA FALLS, TX—Special—Final rites were read Saturday, January 13, 1996 at the Pilgrim Rest Baptist Church with Rev. W. O. Everett, pastor, assisting and Rev. Phillip Hudson, pastor of Mt. Calvary Methodist Church, officiating.

Interment was in Eastlawn Cemetery under the direction of Wells Funeral Home.

Pallbearers were Jerry Mathis, Wayne Yarbrough, Nikita White, Mike Lewis, Tahnadge Reed and Dan Ingram.

Honorary pallbearers were J. D. Ford, Jimmy Foster, Henry White, Harold Sims and Sherman Hutchinson.

A native of Paris, Texas, he was born January 23, 1920 to the late Madison Reese and Julia Smith. He married Johnnie Mae Reese on November 24, 1954.

He attended Lamar County Schools and was employed at the Wichita Falls Clinic, Zales Jewelers for 10 years; and Parker Square Bank. A Methodist, he was a member of Mt. Calvary Methodist Church.

He leaves to mourn his passing: his wife, Johnnie Mae Reese; children: Delura, Rhonda and Ronald; two sisters, Alma Cruse of Dallas, Texas and Gaynell Rodgers of Paris, Texas; four brothers: Kermith, Essex and Thurman Reese, all of Paris, Texas and Calvin Reese of Houston, Texas; an aunt, Dorothy Peyton of Houston, Texas; three grandchildren: Leslie, Jr., Derek and Kamicka, a host of nieces, nephews and friends.

Four brothers: Felton, Aubrey, A. J. and Berlin, preceded him in death.

## Army & Air Force Hometown News

Anita Hernandez has joined the United States Army under the Delayed Enlistment Program at the U.S. Army Recruiting Station, Lubbock, Texas.

The Delayed Enlistment Program gives young men or women the opportunity to delay enlistment into the Army for up to one year before reporting to basic military training.

The enlistment gives the new soldier the option to learn a new skill, travel and become eligible to receive as much as \$30,000 toward a college education. After completion of basic training, soldiers receive advanced individual training in their career specialty.

Hernandez will report to Fort Jackson, S.C., to begin military basic training on March 7, 1996.

She is the daughter of Maria Hernandez of 2610 E. Bates, Lubbock.

## Your Personal Finance

# The Economic Philosophy of Malcolm X

By Charles Ross

The release of the movie Malcolm X a few years ago has created a renewed and continuing interest in the charismatic leader. After Malcolm X split with the Nation of Islam, he began formulating a philosophy that embraced black nationalism. This ideology translated means self-respect or personal pride.

A major part of his black nationalism was economics. Pure and simple, Malcolm X felt that blacks should control the economy of their communities. Blacks should own the banks, stores and homes.

His economic philosophy embraced a re-education program in the black community. A program that would teach that as long as blacks spend money outside the communities they live in, the community where you spend the money will get richer and richer and your community will get poorer and poorer.

### Self-Reliance

The economic philosophy of Malcolm X was a simple one. He felt that blacks should take care of their own. By owning and operating businesses in their communities blacks would create job opportunities and would not have to boycott, picket nor beg for jobs.

In addition, he thought every church, civic organization and fraternal order should help by teaching and encouraging entrepreneurship. Malcolm even went so far as to say that if blacks weren't going to be allowed out of the ghettos, they ought to run them.

Malcolm X's message about self-reliance and entrepreneurship is as relevant today as it was almost 30 years ago. People gain freedom by controlling their destinies, and in order to control their destinies, they must control their community. In order to control, you need power, and in America, money is power.

Malcolm X was a man of vision and of courage.

### Getting the Lowest Hotel Rate

If you're planning to travel domestically or overseas, it's a good idea to make inquiries about hotel rates directly to the hotel. Many hotel chains offer toll free numbers where you can check rates and room availability for any of their locations. But if you call a hotel chain's 1-800 number you often don't get information on the sales or special rates being offered by the chain's hotel in specific cities.

As it is with air fare rates, timing is an important factor in getting the lowest hotel rate. A survey by the Consumer Reports Travel Letter shows you are more likely to be quoted the lowest rate if you call the hotel desk directly and specifically ask for specials being offered. Many of the hotels surveyed even suggested the traveler check back

for a lower rate closer to the time of travel.

If you plan to travel overseas, consider the cost of the calls before shopping hotel rates long distance.

### How to Think Like a Millionaire

A study of truly wealthy people shows that being rich is more about attitude than accumulation of symbols of wealth. A profile of a wealthy person usually looks like this: a businessman who has lived all his life in one city. He owns a small factory or chain of stores. He drives a modest car and lives in a modest home.

Most people who have money know the key to keeping it is to live below your means, which means they spend far less they can afford on houses, cars, vacations and entertainment. Why? Because these things offer little or no return. The wealthy would rather put their money into investments or their businesses.

Which brings us to point number two. Most millionaires measure success by net worth versus income.

Maintaining a lifestyle of the "Rich and Famous" will deplete your fortune and diminish your ability to let your money make more money. Most millionaires know money attracts money, so they plow their income back into the business. Millionaires tend to spend their money on getting good advice that will help make more money. And more importantly, the wealthy almost always have firm goals and clear plans on how to reach them.

### Wealth—a State of Mind

Most millionaires measure success not by how much they make, but by what they own. Instead of taking their money home, they plow as much as they can into their business or stock investments and other assets. Why? Because the government doesn't tax wealth, it taxes income.

Another aspect of wealth builders is they seek good legal and financial advice when needed. Those who spend heavily on cars, boats and houses tend to skimp on tax or investment advice.

And finally, millionaires develop clear goals for their money. They may wish to retire early or they may want to leave an estate to their children. The goals may vary, but two things are consistent. They have a dollar figure they want to accumulate and they have a time-frame for how long they think it will take them to achieve it.

Charles Ross is host of the nationally syndicated radio program, "Your Personal Finance," and author of Your Common Sense Guide to Personal Financial Planning.

## Texans Have Say in How Addiction Funds are Spent

AUSTIN—The Texas Commission on Alcohol and Drug Abuse will be holding six public hearings throughout the state in February to solicit input on how state and federal funds allocated for substance abuse are spent. These hearings will be held in Lubbock, Arlington, Houston, Austin, Edinburg and El Paso.

Testimony will be heard regarding the Substance Abuse Prevention and Treatment Block Grant, which is TCADA's primary funding source, as well as the agency's legislative appropriations request for the 1998-99 biennium. TCADA will also solicit input on the development of the agency's Strategic Plan.

TCADA representatives will be present to explain the planning process and to consult with and receive comments from interested citizens and affected groups. All written and oral comments will be considered in the preparation of the final plan and budget.

Dates and locations for the public hearings are:

- Lubbock, February 20, 10 a.m. to noon; Department of Human Services Regional Headquarters, 2109 Avenue Q, Conference Room F.

- Arlington, February 20, 5 to 7 p.m.; North Central Texas Council of Governments, 616 Six Flags Drive, Center Point 2, 2nd Floor, Board Room
- Houston, February 21, 10 a.m. to noon; Houston State Office Building, 5424 Polk Street.
- Austin, February 21, 5 to 7 p.m.; Texas Commission on Alcohol and Drug Abuse, 710 Brazos, 8th Floor Board Room.
- Edinburg, February 22, 2 to 4 p.m.; Department of Human Services Regional Headquarters, 2520 South I Road, Testing Room.
- El Paso, February 23, 10 a.m. to noon; Radford School, 2001 Radford Street, Conference Room. Spanish language interpreters and interpreters for the hearing impaired will be provided upon request by calling Reagan Faulkner at TCADA 10 days in advance of the hearing date at (512) 867-8140. Persons unable to attend the public hearings can submit written comments through March 15 to Reagan Faulkner, Texas Commission on Alcohol and Drug Abuse, 710 Brazos, Austin, Texas 78701-2576.

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you

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## Texas Department of Transportation Route Study

### Lubbock to IH-10 and Amarillo to the State Line

The Texas Department of Transportation is targeting the month of May for the next open house and public meeting pertaining to the TxDOT Route Study from Lubbock to IH-10 and from Amarillo North to the State Line. The main topic of the open house and public meeting will be the results of the freeway feasibility assessment that will identify a technically feasible recommendation for either a single "freeway" or three "highways" south of Lubbock and either a single "freeway" or two "highways" north of Amarillo.

This meeting was originally scheduled for last December, but postponed due to a recent change in the speed limit laws. TxDOT officials felt that the new law could affect the results of the study and asked their engineering consultants to revise the

existing economic model with the new data and then reevaluate the freeway feasibility. This reevaluation will ensure an accurate outcome based on current transportation conditions in the area.

The public meeting anticipated for May will be held in Lubbock. The recommendations will also be identified in the next issue of the study newsletter and announced on the route study hotline by calling 1-800-661-3234. A public commenting period will coincide with the public meeting date. All comments will be considered equally, whether given at the meeting, sent by mail, or left on the telephone hotline. Public participation has been, and will continue to be, a very important component of this study.

## Lethridge Will Be Grand Marshal of Black History Parade

Estacado graduate and the current quarterback for Texas Tech Zebbie Lethridge will be the Grand Marshall for the Third Annual Black History Parade sponsored by the Lubbock Black Chamber. The parade will be held on Saturday, February 17, 1996, 12 noon. The parade will form up in the parking lot of Estacado High School starting at 11:15. The route of march will start in the parking lot of Estacado High School, south on MLK Blvd. to Mae Simmons Community Center.

A \$50.00 first and \$25.00 second prize will be presented to the best entries in the parade. The Chamber invites the Lubbock community to participate in this event, either as a parade entry or spectator. All organizations, churches, groups, businesses and candidates for election are encouraged to participate. Those entering the parade are requested to call Dwight Pierce, 744-0766 prior to February 9th to confirm.

We want this parade to be something we all can be proud of. Use your imagination in float making, get your friends/co-workers together for a unified float, put a sign on your vehicle and let everyone know about your business or organization. Every church should have an entry.

Also on February 17, a day-long Lubbock Cultural Awareness seminar will be held at Cavazos Junior High. There will be booths and displays on the different cultures in our city. There will also be a speaker. After the parade, head over to Cavazos Junior High at 6:00 p.m., the Lubbock Human Relation Commission will host its annual Roy Bass Awards Banquet at Cavazos. Mayor David Langston will be the speaker. Cost is \$10.00. More information forthcoming.

February 17th will be a full day of activities, starting with the noon Black History Parade.

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INNOVATION TODAY

## African-American Inventors: A Prolific and Rich Legacy

By Bruce A. Lehman  
For News USA

(NU) - This month, as we recognize African-American history, it is fitting to salute the African Americans whose inventions have improved our lives.

Records show that the first patent granted to an African American was in 1834 to Henry Blair for his corn planter. However, logic dictates that, prior to this date, there were many black inventors who went unrecognized and unheralded for the inventions that others took credit for.

Many of the men and women who worked farms and plantations, or who served as ironworkers, masons, wheelwrights, carriage makers and so forth, showed a penchant for designing and fabricating a variety of work-saving devices.

One of America's most famous inventors is agricultural chemist George Washington Carver. Born of slave parents, he worked as a farm hand in his early years and later earned a Master's in agriculture.

He developed crop-rotation methods for conserving nutrients in the soil and revolutionized the southern economy by showing that 300 products could be derived from the peanut.

Carver is an African-American inventor who made it into the textbooks, but there are many more who are largely unsung. African Americans have received patents for inventions ranging from blood plasma (Charles R. Drew, 1940) to the

golf tee (G.F. Grant, 1839).

Here are just a few of the other African-American inventors and their patents:

- Every school-age child knows that Thomas Edison invented the light bulb. But it was African-American inventor Lewis Latimer who made it practical by perfecting the filament within the bulb. Prior to this, bulbs only lasted a short time before the filament broke.

- Jan Matzeliger worked in a shoe factory where he observed a low productivity rate of 40 shoes a day and decided to solve the problem. After 10 years of work, he patented the shoe lasting machine, which produced 400 shoes a day. The patent was sold to the founder of the United Shoe Company.

- Through her development of the "hot" comb and other hair care and beauty products, Madame C.J. Walker, the daughter of ex-slaves, became America's first self-made black female millionaire.

These inventors and many others will be highlighted in a special exhibit on African American inventors that is planned for February at the Patent and Trademark Museum in Crystal City, Va. The address is Crystal Park Two, 2121 Crystal Drive, Suite 0100. The hours are 10 a.m. to 4 p.m. Monday through Friday or by appointment. For more information, call the U.S. Patent and Trademark Office of Public Affairs at 703-305-8341.

Bruce A. Lehman is Assistant Secretary of Commerce and Commissioner of Patents and Trademarks.





## IN CINQUE

by Renetta W. Howard

February has been designated "BLACK HISTORY MONTH" in the United States and one can appreciate having a whole month to look back over almost three hundred years of second-class citizenship and take from that, all of the good things which have happened to a people.

While a set-aside month is nothing to jump for joy over, it shows that someone in this great industrial and technological country has a conscience. In less than one hundred years the recognition of Black people, alias Colored, Negro, darkie, Negra, has been increased from one week to four, in the shortest month of the year. There is no way, no year, that the recognition will be longer than 29 days. AND, somehow, we Black people seem to be happy with a short month.

True, a short month is better than no month, but it still evades the intellect and reasoning power of a people who say that "God don't make no junk" as to why one would settle for a once-a-year remembrance of the best parts of a cold, cruel, poverty-ridden past of one's ancestors and one day in a different month for recognition of one Black man?

America was built by the blood and sweat and tears of the African-American and his African ancestors, as James Weldon Johnson and his brother Rosamond waxed in their song, "Lift Ev'ry Voice and Sing." Is four weeks of the fifty-two enough time to attempt to really instill cultural heritage into the complex life of a young Black American? One does not think so.

We MUST get "in cinque" as a people and take control of our destiny. It has been over a hundred years since Abraham Lincoln signed the Emancipation Proclamation and many adults in our society still do not know why! Black children NEED TO KNOW WHY so the streets can stop claiming them. Adults need to know WHY so they can mold their young into respectable, constructive beings with worthwhile goals for life.

At one time, achievement tests showed the narrowing of scores between Whites and Blacks. The chasm is widening again. The late great Benjamin Mayes told a high school class once that "...in order to catch up, you cannot walk; you must run!" Our young people and their parents need to get "in cinque" and put on their running shoes!

## National Baptist Convention Implements New Programs

The National Baptist Convention USA Inc. 1700 Baptist World Center Drive Nashville TN 37207 has embarked upon a mission to raise the standard of its convention as mandated by President Henry J. Lyons in his inaugural initiative by implementing projects and programs through its Development Corporation. The following services and entities have been implemented:

There is a service available which will assist churches without pastors, ministers of music, youth directors, Christian Education Directors, and secretarial positions that will assist them in filling these positions. Each church with a vacancy can forward the information to our office and we will place it on our nationwide Jobs Line. People seeking a position for employment may call our 1-900-884-2278 Job line for directions to the name and address of the church. There are no guarantees as to the availability of any jobs posted.

The Development Office, under the tutelage and direction of Rev. Willie D. McClung PhD, Executive Director, has published the first edition of *Who's Who In the National Baptist Convention 1995/1996*. The book is a tremendous reference and resource tool which includes an alphabetical listing of convention officers, members, a history of the convention till 1925, and a listing of the Colleges and Seminaries supported by the National Baptist Convention USA

Inc. This book is available for Negro History Month. The requirement to be included in this book is to be a member in good report within the National Baptist Convention USA Inc.

The National Baptist Convention Foodservice operates the cafeteria with an Executive Chef, Willie Terry. It is open to the public on Sunday and is available for catering functions. Also the headquarters facility is listed with the Nashville Chamber of Commerce as a Tourist attraction, a meetings and conventions site, banquets and concerts. The headquarters facility is an elegant edifice stately positioned on the Cumberland River at 1700 Baptist World Center Drive and West Trinity Lane, Nashville TN 37207.

A line of NBC Heritage Furniture has been produced with the NBC Logo affixed and is ideal for commemorating a significant event, a pastor's anniversary or a grand patron of the church.

The convention is operating on an elevated spiritual plane at this time and many more innovative ideas and concepts are being placed to benefit the convention and its constituents.

## Not In Our Town

by Rev. Bernice Powell Jackson



While some Americans have tried to say that we have settled our nation's racial justice problems, events of the past few months have proven once again the deep chasm between the way people of color and white Americans perceive the world. One thing for sure, hard numbers show that hate crimes and intolerance are still a regular occurrence in America. Indeed, during 1994, 5,853 hate crimes were reported and probably thousands of others went unreported.

While we often read about violent crimes in the inner cities, we read less often of the violent hate crimes which signal the growing threat of intolerance in many smaller communities across the nation. In the aftermath of the Oklahoma City bombing we have learned of the growth of well-organized white supremacist and paramilitary groups, but we have not seen much which links such groups with hate crimes against people of color, gay and lesbian persons and Jewish persons. Yet, these supremacist groups, and their sympathizers, are often the perpetrators of hate crimes.

The good news is that while hate crimes are escalating in communities across the country, there are Americans who are taking a stand against them and finding solutions to stop hate crimes in their own neighborhoods. Using the theme Not in Our Town, which is based on a PBS documentary of the same name, a nation-wide campaign to stop hate crimes has been launched.

The documentary, scheduled to be aired on December 17, focuses on Billings,

Montana and how its people joined together to support their neighbors who were under attack by white supremacists. Ku Klux Klan flyers had been distributed throughout their community, the Jewish cemetery had been desecrated, the home of a native American family had been vandalized, African American church-goers had been intimidated and bricks had been thrown through windows with Hanukkah menorahs.

At the urging of the Billings police chief, however, the people of Billings took a stand. The Painters Union volunteered to paint over racist graffiti, religious groups of every denomination sponsored marches and candlelight vigils and ten thousand citizens put the full-page menorahs printed by the local newspaper in their windows.

Similar hate crime stories are unfolding across the nation. In Kenosha, WI the schools were forced to confront "slave-tagging," a practice by skinheads whereby African American high school students were "tagged" and targeted for hate crime activity. In Putnam County, New York, a predominantly white community created a diversity committee after a cross burning on an African American neighbor's lawn. In Bozeman, MT, an anti-gay rally of 28 was met with an overwhelming community response of 600 counter-demonstrators. In Boise, Idaho, coalitions are working to oppose a white supremacist movement which has declared Idaho and four other states as their "homeland."

Every American can take action against the spread of hate crimes in their own community. Participating in this campaign is one way to begin. For more information on Not in Our Town, contact the Institute for Alternative Journalism (415) 284-1420 or fax (415) 284-1414 or the California Working Group at (510) 547-8484 or fax (510) 547-8844.

## Robert M. Beavers Jr. of McDonald's Receives National Leadership Recognition

Robert M. Beavers Jr., senior vice president and senior management liaison for McDonald's Corporation, began his climb up the company's golden ladder in 1963 as a part-time restaurant employee. His strong belief in being the best he can be recently earned him *Dollars & Sense* magazine's "Best and Brightest" award. Each year, *Dollars & Sense* honors top African-American executives and other leaders who exemplify success in fields including business, entertainment and education.



Today Beavers is on McDonald's board of directors and is the highest ranking African-American in the company. He is directly responsible for issues relating to diversity among special interest groups, franchisees, internal advisory boards, employees, suppliers and the general public.

Prior to his current position, Beavers was senior vice president and zone manager with responsibility for more than 1,800 McDonald's restaurants. He was elected to McDonald's board of directors in 1984.

A 32-year veteran with the company, Beavers began his distinguished career with McDonald's as a crew member while attending George Washington University in Washington, D.C. He was promoted to restaurant manager and area supervisor and then named assistant licensing director for the company in 1970. One year later, he

became district manager for New York and in 1976, vice president and regional manager for the Washington, D.C. area. Beavers is listed in "Who's Who in Black America" and serves on the board of directors at NICOR, Inc., the Chicago Zoological Society and Hinsdale Hospital in Illinois.

McDonald's is the world's leading foodservice retailer in the global marketplace with more than 17,400 restaurants in 85 countries. About 80 percent of McDonald's restaurant businesses are locally owned and operated by independent entrepreneurs.

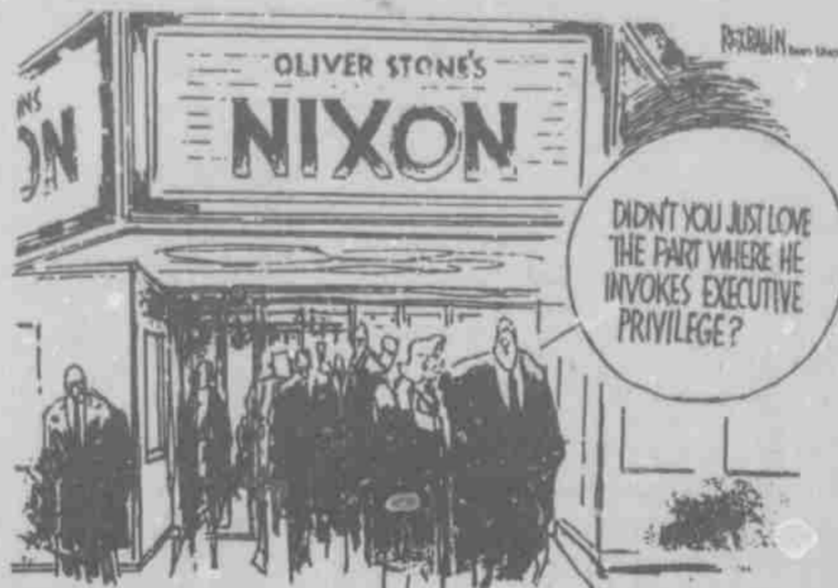
## THIS N THAT

IT'S ABOUT TIME CHATMAN HILL RESIDENTS SAY SOMETHING!! THIS N THAT... who attended a... CHATMAN HILL NEIGHBORHOOD ASSOCIATION MEETING... last week and... found residents... VERY UPSET... about the lack of... AFRICAN AMERICAN EMPLOYEES... at the... CHATMAN PRIMARY CARE HEALTH FACILITY... As it is... according to them... REFLECTIVE... of the population of the area... and they want to see a... CHANGE... THAT IS... immediately... When it appeared as though the dismissal of... ROSLYN JOHNSON... who managed the center... WAS NOT POSITIVE... and to see the lack of... AFRICAN AMERICANS... working at the center... THEY WERE VERY UNHAPPY... last week... The president of the... CHATMAN HILL NEIGHBORHOOD ASSOCIATION... has been directed to... advise the appropriate persons at... UNIVERSITY MEDICAL CENTER (UMC)... that they are very... VERY... UNHAPPY... on what is taking place at this center... and will be willing to sit down to work this out... as... THIS N THAT... would advise... IT IS ABOUT TIME FOR THE RESIDENTS OF... CHATMAN HILL NEIGHBORHOOD... to let those in power to know that they are... JUST SICK OF WHAT IS GOING ON AT THIS... program... AGREED TO JOIN HANDS!! THIS N THAT... learned from those in attendance of the... CHATMAN HILL NEIGHBORHOOD ASSOCIATION... THAT THEY ARE... very much interested in working with the... PLAINS COOPERATIVE OIL MILL... and as they have put it... THEY WANT A PARTNERSHIP... with this institution... which is the... LARGEST COTTON OIL MILL IN THE WORLD... Now this is... VERY GOOD COMPANY... and... THIS N THAT... hopes there will be some development form the residents of... CHATMAN HILL NEIGHBORHOOD ASSOCIATION... THIS N THAT... sees so many opportunities... BIG ANNUAL BLACK HISTORY PARADE

SET!! THIS N THAT... would like to encourage... ALL OF YOU... who believe in... AFRICAN AMERICAN HISTORY MONTH... to be sure to be in the... ANNUAL BLACK HISTORY PARADE... which will be held... this week... SATURDAY MORNING... FEBRUARY 17, 1996... beginning at... 10:00 A.M... on the campus of... ESTACADO HIGH SCHOOL... and continue to... the... MAE SIMMONS COMMUNITY CENTER... There will be various prizes awarded to those who have... SOME OUTSTANDING FLOATS... or what have you... So keep in mind... THE BIG ANNUAL BLACK HISTORY PARADE... this coming Saturday... This annual event is... sponsored by... the... LUBBOCK BLACK CHAMBER OF COMMERCE...

BIG TALENT SHOW SET ALSO! THIS N THAT... has learned that... REACH ONE... TEACH ONE... will be sponsoring a... TALENT SHOW... during... BLACK HISTORY MONTH... The event is set for... SATURDAY EVENING... February 24, 1996... beginning at... 7:00 p.m... If you have any questions... then give... SISTER FAYE BROWN... at call at... 763-4216... It will take place at the... MAE SIMMONS COMMUNITY CENTER... WHY NOT... SUPPORT... this first annual program... Oh... by the way... there will be some... CASH PRIZES... Should be a positive evening of... ENTERTAINMENT... and... FUN... D. C. KINNER THE BARBER SAYS: 'YOUNG MEN... think... OLD MEN... are... FOOLS... but... OLD MEN... know... YOUNG MEN... are... FOOLS...'

DO SOMETHING POSITIVE FOR BLACK HISTORY MONTH!! THIS N THAT... advises that it... will great if... ALL OF US... would do... SOMETHING POSITIVE FOR... BLACK HISTORY MONTH... say... VISIT... a school in the neighborhood... and do that... UNANNOUNCED...



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## College Application Do's and Don'ts

GEORGETOWN, Texas—Before applying to any selective college, John Lind, vice president for enrollment management at Southwestern University in Georgetown, Texas, says college-bound seniors should consider these application do's and don'ts:

- 1) DO begin well ahead of time. Make a point to keep a calendar of all application deadlines, since they vary from school to school. Then work toward completing applications well in advance.
- 2) DO concentrate your time and effort on the essay portion of the application. Choose a quiet and relaxing place to write. Plan to spend enough time to create an essay that demonstrates your ability to communicate and provides insight to you as a person.
- 3) DO position yourself to stand out. Using your credentials, decide how you want to be remembered. Be creative, be passionate, be anything but boring. But be accurate.
- 4) DO complete a rough draft before filling out the actual application to avoid cross-outs and erasures. The application is the college's first impression of you. Be thorough and neat.
- 5) DON'T use pencil, color marker or hard-to-read ink to complete your application. A typed application is preferred by schools, but legible longhand with a standard pen is an appropriate substitute.
- 6) DO remember the importance of recommendations from college prep teachers and school counselors, as well as creative samples, which complement your application.



## TDA Preparing to Help State's Ranchers Sell Cattle to Mexico for Restocking

AUSTIN—With discussions underway between the U.S. and Mexican governments to institute a loan guaranty program for Mexican cattle raisers to buy U.S. cattle for restocking depleted herds, the Texas Department of Agriculture is working to ensure that Texas cattle producers are ready to take advantage of the massive sale. Agriculture Commissioner Rick Perry said today.

"Whether or not a loan guaranty program is finalized between Mexico and the United States, Mexican cattlemen are replenishing their herds, and I want them to buy as many of those cattle from Texas as they can," Perry said. "Australia and New Zealand are also seeking to restock Mexican herds. But I expect the Mexicans will want to buy from us because we have superior genetics, and, as their next-door neighbor, we can offer the best deal on hauling expenses."

To facilitate sales to Mexican buyers, TDA is working with cattle organizations and producer associations throughout the state, including Texas and Southwestern Cattle Raisers, Texas Cattle Feeders, the Texas Beef Council, Independent Cattlemen, the Pure Bred Cattle Alliance and the Texas Farm Bureau.

Because Mexican ranchers are expected to buy commercial heifers, TDA is establishing a 1-800 hotline that will allow ranchers across the state to call in and be part of a computer information database, Perry said. Ranches listed on the database will be provided to Mexican buyers who request this information.

Information packets on how to conduct export sales also will be provided to Texas ranchers.

"We have prepared an information packet for producers who have not conducted business internationally before," Perry said. "The package will be sent to all industry groups for their members, as well as to any individual ranchers who call us seeking help on sales."

The department also has three, full-time bilingual livestock specialists who have worked extensively with buyers from Mexico.

"Mexico is a good trading partner, but it has had a run of bad luck recently with its drought forcing cattlemen there to liquidate their herds," Perry said. "Fortunately, their luck is turning, and Mexican ranchers now need to restock their herds."

"Texas, as the nation's leading cattle-producing state, must be involved in a majority of these sales."

## CHILDWATCH

# Fighting for our Soul

By Marian Wright Edelman

Today we are in a war to save and protect our children. It is a war we cannot—and must not—lose. At issue is whether our nation callously and selfishly will abandon the already inadequate commitments made over the past 60 years to protecting the young, the poor and destitute, and average Americans.

If the Gingrich plan becomes law, our nation's values of compassion and fairness would change fundamentally and leave millions of children behind. The House plan to destroy permanently the national protections for poor, hungry, abused, and disabled children through block grants would turn us into a nation that knowingly neglects children.

This plan would turn us into a nation that denies innocent children basic necessities in order to show self-righteous disapproval for their parents' past behavior. It would turn us into a nation that takes away food from hungry children and cash assistance from seriously disabled and poor children under the guise of balancing the budget and welfare reform, then turns around and gives the "savings" to able-bodied, corporate welfare recipients and wealthy adults in the form of unneeded and irresponsible tax breaks.

The House plan would turn us into a nation that bases its public policies on the assumptions that might and money make right and that poor children and infants are the source of America's problems.

Policies grounded in such assumptions violate the moral foundations of this country and should insult the conscience of every decent American citizen.

Tragically, many Americans haven't yet caught on to the enormous dangers inherent in the plan. They haven't understood because they have been lulled by false rhetoric and slick slogans. When politicians claim this plan will put more money in the pockets of ordinary families and give families more control over their lives, they don't mention the 348,000 disabled children who will lose cash assistance or the more than two million who will lose school lunches over the next five years. When they talk about cutting federal bureaucracy, they don't mention that 50 state bureaucracies may be less rather than more responsive to children if responsibility is shifted back to the states.

The assertion of some members of Congress that ending the entitlement protections for children will not jeopardize children's well-being or the nation's future must be challenged relentlessly and corrected with the truth. The entitlement issue is the most important one: We can get money back from budget cuts someday, but if we lose the framework of the laws, we may never get it back.

I beg you to do everything in your power in the coming weeks to help all Americans understand why it is so important to maintain the structure of children's guaranteed protections—their entitlements to help if they are hungry, abused, disabled, or poor. We all belong to one nation. Whether a child has enough to eat and a roof to sleep under should not depend on whether he or she lives in New York or North Dakota or Mississippi. Ensuring these basic protections is the heart of the federal government's responsibility, and the entitlement programs are the mechanisms through which the government discharges that responsibility. No other jurisdiction can assume the federal government's unique role in smoothing out the worst inequities among children in various states—citizens who can't vote or lobby for themselves.

If the House plan succeeds, America will abandon the ideal of giving all children in every state a Head Start, a Healthy Start, a Fair Start, a Safe Start, and a Moral Start in life. If our nation gives up on that goal, it will jeopardize its future and lose its soul. We cannot allow that to happen.

Help me fight right now for an America that protects the poor and vulnerable. Here are a few things that everyone can do now to defeat this plan:

- Call your senators today and ask them to reject the anti-child block grants!
- Coordinate effective and aggressive letter writing campaigns to federal, state, and local policy makers expressing opposition to block grants.
- Join the Black Community Crusade for Children, and call 1-800-ASK-BCCC to stay informed about efforts to save our children.

Marian Wright Edelman is the president of the Children's Defense Fund, a leading voice for children, and a leader of the Black Community Crusade for Children (BCCC), whose mission is to leave no child behind. For additional information on how you can join the Crusade, call 1-800-ASK-BCCC.

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## U.S. Senate Democrat Candidates to Participate in Statewide Broadcast

KERA, *The Dallas Morning News* Sponsor Live Forum

DALLAS—The four Democratic candidates for the U.S. Senate seat now held by Republican Sen. Phil Gramm are expected to participate in a live town-hall meeting that will be broadcast at 8 p.m. Friday, Feb. 23, on public television and public radio stations statewide. Locally, it will air live on KERA Channel 13 and simulcast on KERA 90.1; it will be rebroadcast at 9 p.m. Wednesday, Feb. 28, on KDTN Channel 2.

The forum, sponsored by KERA-TV/FM, Dallas/Fort Worth/Denton, and *The Dallas Morning News*, will be broadcast from KERA's studios in the Mary Neil and Ralph B. Rogers Telecommunications Center in Dallas.

Set to appear are the following Democratic candidates: U.S. Reps. John Bryant, D-Dallas, and Jim Chapman, D-Sulphur Springs; Victor Morales, a Mesquite schoolteacher; and John Odam, a Houston lawyer. They will answer questions from citizens and voters participating in issues polls conducted by *The Dallas Morning News* and citizen forums sponsored by KERA.

The town hall will be moderated by KERA 90.1's Marla Crockett. Yolette Garcia is executive producer. KERA's participation is made possible, in part, by Northrop Grumman.

## Annual Day Set at St. Luke Baptist Church

The Gospel Chorus of the Greater St. Luke Baptist Church will present a special program entitled "God Is The Answer," Psalm 143:1, Sunday, February 18, 1996, beginning at 3:00 p.m. The church is located at 306 East 26th Street. Sister Gracie Taylor, president; Rev. J. H. Ford, pastor.

# Winner of the Nobel Prize for Literature, 2045 a.d.



We all have such high hopes for our children. But with the cost of maintaining a family, providing a college education can seem like only a dream. Now, thanks to the Texas Tomorrow Fund, there's a unique way to lock in today's tuition costs for your child's future college education. For a newborn child it could mean the difference between paying \$8,320 now, or over \$32,000 later.\* And the best part is that the State of Texas allows you to pay it out over eighteen years.

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# CHURCH DIRECTORY



## The Outreach Prayer Breakfast

A scripture to think about:  
 91 Psalms. He that dwelleth in the secret place of the Most High shall abide under the shadow of the almighty; I will say of the Lord, he is my refuge and my fortress: my God, in him will I trust.  
 God is a refuge, a shelter when we are afraid. The writer's faith in God as protector would carry him through all the dangers and fears of life. This should be a picture of our trust—trading all our fears for faith in him, no matter what kind of fear it may be.  
 One of the functions of angels is to watch over believers. The Holy Spirit is a must in the lives of believers. Life is just too difficult without the faith and the Holy Spirit.  
 If you have tried all else, and it hasn't worked, believe me, try Jesus, really try Jesus, just read his word and believe it.  
 Thoughts:  
 America is being baptized by an unholy spirit.  
 Care means to perceive a need and meet it.  
 Did you know the same Supreme Court that ruled out prayer in our public schools will have to stand before the Supreme Judge, who is Jesus Christ, and answer to the question "why?"  
 "If you don't intend to live for God, why not at least step aside and let others serve him?" Really serve, make a difference.  
 Remember, we're the salt of the earth. When the salt loses its saving power, it's good for nothing. Look at the people in this world.  
 A man's conscience is the Lord's searchlight, exposing the hidden motives. Our conscience is not perfect; we need the additional light of God's word. The best way to stay on God's path is to use both lights at once—our conscience exposing our motives and the Bible directing our steps.  
 (Think about these.)  
 We will go to the Nursing Center Saturday, at 10 a.m. There will be a parade also Saturday.  
 Write us, P.O. box 1223, Lubbock, TX 79408.  
 (Keep loving those unlovable.) Smile while doing it.  
 D. Hood, President; Christine Bureson, Vice President; Ernestine Frazier, Secretary.



## from the Desk of Parson D.A. Smith Reach Out and Touch

"And Jesus said, Somebody hath touched me" (Luke 8:46). "And he... took her by the hand, and called, saying, Maid, arise" (Luke 8:54).  
 Touching is a vital part of our makeup. Over the years much research has been done on this interesting subject of touch. Babies have been a target for this research for some time now. It has been documented that babies who are only fed, bathed, and generally cared for will die or be physically weak children, because the lack of special loving attention. While on the other hand babies who are cuddled, loved, played with and held, gain weight faster, are happier and much healthier. They adapt to life much easier than babies who are deprived of this touching.  
 If the touch of another human can cause us to flourish in life, think of what the touch of our Great Creator can do for us. Touching is a deep need in humans. Our heavenly Father knows of this desire; after all he made us. He sent his son, Jesus, to die on a cross so that He could touch our sick and hurting bodies.  
 The Bible mentions many stories of the touch of the Master's hand. We find in Luke's Gospel that Jesus recognized the touch of human

hands crying out for mercy. He recognized the touch of the woman with the issue of blood. Such a touch under Mosaic law, immediately caused Him to become ceremonially unclean. Jesus recognized the immediate need of the woman and said to her without a word of condemnation, "Daughter, be of good comfort; thy faith hath made thee whole, go in peace" (Luke 8:48).  
 Following the healing of the woman with the issue of blood is the story of Jesus touching the corpse of a twelve year old daughter of a synagogue ruler. Jesus brought the parents of the child into the room where the body lay. Jairus knew as well as anyone else the significance, ceremonially of Jesus' touch. Yet we see Jesus not even hesitate to reach out, take the child by the hand and say, "Maid arise" (Luke 8:54).  
 Jesus' touch was not necessary for a person to be physically healed. He touched people in order to identify with their suffering. We cannot find Jesus hesitating to reach out and minister to people even if it cost Him something. We need to follow Jesus' example, by becoming involved with the needs of hurting people. Let's reach out and touch someone.

## Teikyo Post University Expands Grant Offer to Lubbock-area Student

WATERBURY, CONNECTICUT—Teikyo Post has announced the extension of its Middle Income Family (MIF) grant program to include one new Lubbock-area student, attending Teikyo Post for the Fall, 1996 term. The total of this grant could reach \$20,000.  
 "Our Middle Income Family grant program has struck a positive chord with the general public," stated Dr. Phyllis C. DeLeo, President of Teikyo Post. "Therefore, we have added a zero-interest loan of up to \$5,000 per year for one new Lubbock-area full-time, undergraduate day, middle income student starting their college studies at Teikyo Post in the Fall of 1996. If that student graduates with a bachelor's degree within four years, Teikyo Post will forgive that MIF loan and those monies become a grant, free and clear. We feel that middle income families could use a grant of up to \$20,000 for their sons' or daughters' education," concluded Dr. DeLeo.  
 Students who wish to apply for a MIF grant should contact the University immediately through the Internet at Teikyo Post's World Wide Web home page. The Web address is:

[www.teikyopost.edu](http://www.teikyopost.edu)

Students also can contact Teikyo Post through e-mail. The e-mail address is:

[teikyopost@infoback.com](mailto:teikyopost@infoback.com)

Teikyo Post enrolls students from 35 foreign countries and across the United States. Priding itself on providing a "global education without prejudice," the university awards more than \$1 million in scholarship and financial aid to deserving students each year.

Celebrating 105 years of excellence, Teikyo Post is a distinctive international business and liberal arts university. Teikyo Post's curriculum offers students the opportunity to experience inter-cultural and international environments. The 60 acre, suburban, hilltop campus is located in Waterbury, Connecticut, only 30 minutes from Hartford, 90 minutes from New York City, and 2 hours from Boston.



## We Thank God for Jesus The Guiding Light!

Luke 6:39, Jesus said, Can the blind lead the blind? shall they not both fall in the DITCH?  
 I used to lay down at night, couldn't get no GOOD NIGHTS REST, Following the world, and its ways; it kept MY MIND IN A MESS.  
 John 1:9, 10, That was THE TRUE LIGHT (JESUS), with lighteth EVERY MAN that cometh into THE WORLD. HE (JESUS) was in THE WORLD, and THE WORLD was made by HIM (JESUS), AND THE WORLD KNEW HIM NOT.  
 Following the WORLD'S WAYS; it has brought to ME BAD TIMES, IT HAS KEPT ME RIPING AND RUNNING; TILL IT IS BLOWING MY MIND.  
 John 10:10, Jesus said, The thief (THE DEVIL) cometh not, but to STEAL, AND TO KILL, AND TO DESTROY; I AM come that they (YOU) might have LIFE, AND THAT THEY (YOU) MIGHT HAVE IT MORE ABUNDANTLY BEYOND MEASURE).  
 With all the DRUGS, KILLING, ROBING; just the CRIME IN OUR STREETS, The wars, the rumours of wars; ALL THIS TROUBLE: IT BOTH-ERED ME.  
 John 14:27, Jesus said, PEACE I LEAVE WITH YOU, my peace I give unto you; NOT AS THE WORLD GIVETH, give I unto YOU. Let not your HEART BE TROUBLED, NEITHER LET IT BE AFRAID.  
 I WANTED TO WIN THE LOTTERY; THEN THINGS WOULD BE ALL RIGHT, I'D SPEND RENT MONEY; ON TICKETS; THEN MY WIFE AND I WOULD FIGHT.  
 John 2:15, Love not THE WORLD, neither the things that are in THE WORLD. IF ANY MAN (OR WOMAN) LOVE THE WORLD, THE LOVE OF THE FATHER IS NOT IN HIM.  
 As I watch the LEADERS OF THIS COUNTRY; STEAL TO MAKE THEIR GREAT GAIN, THE LEADERS ONCE HAD PRIDE; BUT NOW THERE IS ONLY: SHAME, SHAME, SHAME.  
 Micah 7:2, 3, The good man is PERISHED OUT OF THE EARTH; and there is none UPRIGHT among men (OR WOMAN); they all lie in wait for BLOOD; they hunt every man his BROTHER with a net (TRAP). That they may do evil with HANDS EARNESTLY, THE prince asketh, and THE judge asketh for A REWARD; and THE great man, he uttereth his mischievous DESIRE: SO THEY WRAP IT UP.  
 There is SO MUCH DARKNESS; ITS EVERYWHERE, NO MATTER I LOOK, I NEEDED GUIDING; IN THIS DARK WORLD; SO I TURNED TO THE HOLY BOOK.  
 Matthew 11:28-30 JESUS SAID, Come unto me, all ye that labour and are heavy laden, and I WILL GIVE YOU REST. Take MY YOKE (THE HOLY BIBLE) upon you, and LEARN OF ME; FOR I AM MEEK AND LOWLY IN HEART; and ye shall FIND REST UNTO YOUR SOULS. FOR MY YOKE IS EASY, AND MY BURDEN IS LIGHT.  
 I would ALWAYS PRAY FOR WISDOM; AS I WOULD READ THE WORD OF GOD, MY BURDENS HAVE BEEN LIFTED; I AM NOW BEING LED BY THE GRACE OF THE LORD.  
 John 3:20, 21, Jesus said, For every one that doeth EVIL HATETH THE LIGHT, NEITHER COMETH TO THE LIGHT, LEST HIS DEEDS SHOULD REPROVED. But HE THAT DOETH (PRACTICES) TRUTH COMETH TO THE LIGHT, THAT HIS DEEDS MAY BE MANIFEST, THAT THEY ARE WROUGHT IN GOD.  
 I ACCEPTED JESUS INTO MY LIFE; I WALK IN THE LIGHT, AND CAN SEE, HE'S GIVEN ME THE POWER; TO PUT THE DEVIL, UNDER MY FEET.  
 Philippians 4:13, I CAN DO ALL THINGS THROUGH CHRIST WHICH STRENGTHENETH ME.  
 Now let me tell you, I'm now WALKING, WITH GOD AS MY LIGHT, THE WORD OF GOD; IT IS NOW MY DAILY FOOD; IT IS MY DELIGHT.  
 \*\*\*\*\*  
 I'M JUST A NOBODY, TRYING TO TELL EVERYBODY, ABOUT SOMEBODY WHO CAN SAVE; ANYBODY!!!  
 \*\*\*\*\*  
 GOD IS NOT THROUGH WITH US YET, SO LETS PRAY FOR ONE ANOTHER ALWAYS. Directed • Arranged • Produced • Guided By OUR LORD JESUS CHRIST Written By Billy B.J. Morrison, III Your Brother In CHRIST JESUS ALWAYS!!!

# I KNOW I'M SOMEBODY



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### ANNOUNCEMENT

The Brotherhood of New Jerusalem Missionary Baptist Church of Littlefield, Texas Invites you to a Spirit Filled Brotherhood Program on February 19, 1996, at 7:30 p.m. The Church is located at 1100 12th street in Littlefield, Texas. Rev. K. Williams will be a speaker.

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Must be able to safely perform skilled work in recurring maintenance to mechanical/equipment rooms and installed equipment as well as structural maintenance and repair to Education & General facilities under the supervision of a crew leader. Excellent working knowledge and hands-on experience of the building maintenance field. Must be able to lift and move a maximum of 60 lbs. Requires extensive walking, climbing, crawling, and ascending/descending ladders, stairs and scaffolding. Chosen applicant must pass a pulmonary function test and be certified to wear a negative pressure respirator. Apply at Texas Tech University, Drane Hall, Room 143, 8:00 a.m. - 5:00 M-F or Physical Plant, Room 105, 7:45-9:15 and 12:45-2:15 p.m. by February 15, 1996.

#### Announcements

**Black Awards Banquet**  
Honoring Black Businesses of Lubbock, sponsored by Hub City Beautician League. February 25th, 1996, 7:30 p.m. Tickets \$11.00. KoKo Palace, 5101 Ave. Q.



741-1000



## Lubbock Board Revising AIDS Program Leadership Will Add State Grant Monitoring

In the midst of an ongoing investigation of alleged mismanagement of state and federal grants to the South Plains AIDS Resource Center (SPARC) in Lubbock, officials from the Texas Department of Health (TDH) today told SPARC's board of directors that a TDH program and contract monitor will be assigned to review all of the agency's expenditures.

At the same meeting, SPARC board members moved to replace SPARC personnel whose actions have become subject to further investigation. The TDH officials had outlined preliminary evidence of alleged inappropriate use of TDH grants to the agency.

Citing the need for confidentiality in the continuing investigation into SPARC's use of government grants, TDH representatives made no comment on specific allegations. In Austin, Dr. David R. Smith, Texas Commissioner of Health, said, "TDH will pursue this investigation as far as it leads. In the mean-

time, our immediate concern is ensuring uninterrupted services to people with AIDS who rely on SPARC for their needs. We are exploring every alternative to ensure the SPARC clients continue to receive quality of care specified in SPARC's contract."

Through the contract with TDH, the AIDS resource center is partially funded by a \$240,125 federal Ryan White II grant which helps to pay for SPARC's case management, food pantry, buddy services, client transportation, temporary group housing, care center, prescription assistance and insurance assistance. It also helps to pay for SPARC's subcontracted in-home hospice care, home health care and support group. Another federal grant of \$66,490 helps to pay client's rent and utility bills.

State money provided through the contract totals \$92,649 to help pay for the food pantry, hot lunches and group housing.

## Fire Fighters Association Welcomes Circus Gatti

Lubbock Professional Fire Fighters Association are proud to announce the dates for the 1996 edition of Circus Gatti.

Performance times will be on Sunday, February 18 at 2 p.m. and 6 p.m. and Monday, February 19 at 2 p.m. and 7 p.m. at the Lubbock Municipal Coliseum.

The Fire Fighters bring Circus Gatti to town every year as one of their primary fundraisers. A portion of the proceeds will be used in the continuing support of local charities such as Ronald McDonald House, The South Plains Food Bank, The Farm Unit at U.M.C. as well as Muscular Dystrophy Association.

The Fire Fighters will begin distributing free tickets for schoolchildren this next week.

## City-Wide Youth Talent Show Offers Cash Prizes

The City of Lubbock Culture and Leisure Services and the Mae Simmons Community Center are organizing a City-Wide Youth Talent Show on Saturday, February 24th, at 7:00 p.m. The event will be held at the Mae Simmons Community Center, 23rd Street and Oak.

All interested youths should have their applications, available at all community centers, completed and submitted by 4:00 p.m., Friday, February 16th. The applications may be turned in at any community center in the city.

There will be \$50 cash prizes for each of the four categories in the talent contest:

1. Visual arts (painting, sculpture, etc.)
2. Performing, ages 6 to 9
3. Performing, ages 10 to 13
4. Performing, ages 14 to 18

For additional information, please contact Greg Lovell at Mae Simmons Community Center, 767-2241.

## Sunrise Canyon Ribbon-Cutting

Sunrise Canyon is a community mental health network.

Its board of trustees and staff sponsored a special Open House and Ribbon Cutting at their new Community Mental Health Care Facility located on Canyon Lakes No. 6 at 1950 Aspen Avenue Tuesday, January 30, from 3:00 p.m. - 6:00 p.m.



## Fundraising Dinner to Feature Roast of Mayor Langston

The Lubbock United Neighborhood Association (LUNA) will be hosting "Yes, Llano Estacado," a roast of Mayor David R. Langston. This special event is to raise funds to match challenge grants given by the Lubbock Area Foundation and the City of Lubbock's Community Development Block Grant Program on behalf of the Lubbock United Neighborhood Association.

The event will be held at the Lubbock Memorial Civic Center Banquet Hall. The evening will begin with a reception and cash bar at 6:30 p.m. Dinner will be served at 7:00 p.m. with musical entertainment under the direction of Don Caldwell. L.E. Anderson, Chef of the LakeRidge Country Club, will be catering the event. The theme is southwestern, and the dress is casual.

Beginning Thursday, February 1st, the LUNA office will be accepting reservations for the fundraising dinner and reception at \$25 per person. Reservations will be accepted through Monday, February 26, and can be made by calling 749-LUNA (5862). All moneys for reservations are due Friday, March 1, with checks made payable to Lubbock United Neighborhood Association.

We hope that the Lubbock community will want to join with us on this special occasion to recognize the work of Mayor David R. Langston, celebrate Lubbock's southwestern heritage, and support the mission of the neighborhood movement within our community. Seating is limited, so call now to make your reservation.

## Lubbock Alumnae Chapter Donates Book on Breast Cancer to T.J. Patterson Library

Delta Sigma Theta Sorority, Inc., Lubbock Alumnae Chapter, will celebrate black history month with a presentation on breast cancer and its effects on African-American women on Saturday, February 17, 1996 at the T.J. Patterson Library, 1836 Parkway Drive, from 1:00 p.m. to 3:00 p.m. A reception will follow.

Guest speakers for the event will be Dr. Michael Ward, Oncologists and Theresa Patrick, a breast cancer survivor and a participant in the book entitled *African-American Women Speak Out About Breast Cancer*.

The Lubbock Alumnae Chapter will donate a copy of the book to the T.J. Patterson Library.

During the reception, Ms. Patrick will sign copies of the book which can be purchased.

## Why Your Body Needs Water

By Vince & Yolanda

Drinking water is important all year around but you need to be especially meticulous about drinking water when the weather is hot. Two thirds of your body is composed of water. This makes it the body's most vital nutrient. To maintain balance the average person needs about 2,500 ml. (about 10 cups) per day. Of this amount probably 60% will be obtained from drinking water or beverages, 30% from moist foods and the remaining 10% will be a by product of the metabolism of various nutrients.

Water normally enters the body through the mouth but it can be lost in a number of ways. These include obvious losses as in urine, feces and sweat as well as less obvious losses which occur by diffusion of water through the skin (perspiration throughout the day as part of metabolism) and by evaporation of water from the lungs during breathing.

If a person gets in about 2,500 ml. of water each day, that exact amount must be eliminated to maintain water balance. Of this volume approximately 60% will be lost in urine, 6% in feces, and 6% in sweat. Another 28% will be lost by diffusion through the skin (which takes place all day long) and evaporation from the lungs. These percentages vary when factors such as temperature, relative humidity and physical activity come into play.

Water provides a valuable source of minerals like calcium and magnesium. It carries nutrients to your organs and tissue by way of the blood stream. Water also aids in the digestion of food and the absorption of nutrients into the body. It carries away bodily waste and cools the body through perspiration. Water also moistens mucous membranes and lubricates the joints.

Drinking water can also help reduce your risk of developing kidney stones by diluting urine.

Diluting urine through increased water intake will reduce the uric acid build up in your blood. Too much uric acid in the blood can lead to kidney stones. This is one of the reasons low calorie diets have you drink lots of water. Low calorie diets cause the body to breakdown muscle for protein which results in excess uric acid in the blood.

Drinking water can help prevent other common medical emergencies which occur during this time of year such as heat stroke or heat exhaustion. Adequate water intake can help keep the body temperature regulated but you need to beware when the atmosphere is extremely hot. People with respiratory problems, small children, the elderly, overweight individuals, the physically challenged and alcoholics need to take special care not to be exposed for long periods to extreme humidity, heat and sun. Not drinking enough water is also a common cause of water retention. Your body knows it needs water and will store it if you don't supply it with enough.

You've got to drink water or you'll have some serious problems. We lose about a half gallon of body fluid during the day. That's about 2% of your body weight. If you workout you'll lose even more and this could be dangerous. With a 3% fluid loss you'd have a hard time maintaining your body temperature. With a 4% fluid loss your muscles stop working properly. A 5% fluid loss is life threatening. At 150 lbs a 5% fluid loss is only 7 1/2 lbs. Many people try to sweat away excess weight. Water loss or sweating is not an indication you're losing weight. It just means you're losing necessary body fluids. If you work outdoors your body usual-

ly has a chance to get acclimated to hot weather but you still need to drink plenty of water throughout the day and take it easy on those days when temperatures are extreme.

### Exercise and Water:

Water is the best liquid you can drink before, during and after a workout. You should drink small amounts of water at 10 to 20 minute intervals. The body doesn't store water very well so if you drink a lot of it at one time your body will just rid of it. Read your body if it's running out of energy or it seems affected by the heat, stop. You don't want to stop working out just because it's hot, but you should use a little common sense when working out in hot weather.

Drinking water during your workout helps to increase your blood volume which will increase cardiac output. Cardiac output is the amount of blood being pumped during each heart beat. The more blood your heart pumps with each heart beat the more nutrients are transported throughout the body. These nutrients provide energy for work. Many people run out of steam during an exercise session because they don't replace water lost through exercise. Studies show that drinking water before, during and after a workout increase energy production. This is true during hot and cold weather. Don't wait until you become thirsty, by then it's too late and your body will start to fatigue. As the humidity rises, adjust your workout even if you're in good shape. If you're overweight, slow down your workout pace. Your extra body fat and the heat will make your body work overtime.

If you suffer from muscle cramps when you work out it could be caused by loss of body fluids. Without the right amount of water in your body it can become dehydrated causing muscles to cramp. This condition can often time be alleviated by just drinking water before, during and after your workout. Other possible causes of cramps are inadequate warm-up, low fitness level and loss of potassium and sodium through perspiration.

Drinking water is no, the only way to increase your fluid intake but is the most effective. Other sources include high water content foods. Romaine lettuce, carrots, celery, green leafy vegetables, melons, grapes, nectarines, peaches and other fresh fruits and vegetables are good sources of fiber and water.

Restrictive diets and heat don't mix. High protein, low carbohydrate or low calorie diets can dehydrate the body and cause many problems while you're working out. Eat balanced meals high in carbohydrates and water content such as fruits and vegetables.

If you have trouble getting in water here some suggestions you might find helpful. Carry a container of ice water with you daily to drink throughout the day. Order water when you go to a restaurant and drink it first. Drink sparkling water mixed with fruit juice. Drink water from a wine glass or goblet.

Remember, more than two-thirds of your body is made up of this precious fluid. Don't take it for granted. Drink to good health, drink water.

Before starting your fitness program consult your physician.

Send your questions and comments to: "Tips to be Fit," P. O. Box 53443, Philadelphia, Pa. 19105, or call 215-387-3081.

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