

Parkway Manor Care Center News - Volunteer Registration

(Parkway Manor was unavailable at press time, however, Parkway Manor will return next week.) Willie Jean Floyd and daughter visited George Skief and Ruth Robinson last Sunday afternoon, and reported a wonderful visit.

Mrs. A.J. Pinc and daughter visited Scottie Moore last Sunday afternoon.

The United Women of the Church of Christ visited the residents last Tuesday afternoon.

The Mt. Vernon United Methodist Church held worship services for the residents last Tuesday evening, and reported a wonderful time.

Ann Day, who works with SPAG, made her rounds visiting the residents last Wednesday morning, and returned for Rev. W.H. Stephens' regular Wednesday morning Bible study at 10:15 a.m. The residents feel blessed to have her join them each week. The Lord is so good, isn't he? The basic theme for the message was "The Necessity of Unity." The scripture text was 1 Corinthians 1:10, and was taught by Rev.

W.H. Stephens. What a morning!

Ledia Alexander and Susie Ladd, who are members of the Alexander Chapel COGIC where Elder Lemuel Thurston is the proud pastor, visited the residents last Wednesday afternoon.

Stephen L. Brown visited his grandfather last Thursday afternoon.

Brother Birmingham, a member of the Hope Deliverance Temple Church where Elder Charles Tanner is pastor, visited the residents last Friday afternoon.

The Outreach Prayer Breakfast had five members to come last Saturday morning and held their monthly worship services for the residents last Saturday morning. The theme was "Communication Skills." The lesson was taught by Rev. W.H. Stephens. His scripture text was John 3:43. The spirit was very high. Thanks be to God. Mrs. Dorothy Hood is president.

Mrs. Gloria Olquin is A.D. & R. and Rev. W.H. Stephens is Assistant A.D. & R.

The Salvation Army's Christmas Assistance Program

The Salvation Army's Annual Christmas Assistance Program will begin October 24, 1995.

Last Christmas the Salvation Army, along with the U.S. Marines' Toys for Tots, and many other service agencies, assisted more than 7,000 adults and children with clothing, toys and food. With your help, The Salvation Army will work miracles again this Christmas.

Volunteers are needed to assist with application taking, computer data input, and answering telephones. Volunteers are also needed to assist with the operation of the South Plains Mall Angel Tree and Toy Shop during November and through December 23, 1995.

The Salvation Army's Christmas Central Building is located at 1111 16th Street.

Applications will be taken from Tuesday, October 24 through Saturday, November 4. Applications will again be taken from Tuesday, November 28 through Wednesday, December 6. Weekday hours are 3:00 to 8:00 p.m. and Saturdays from 10:00 to 3:00 p.m. No applications will be taken on Sundays or Mondays.

For more information, please call Christmas Central at 765-6353.



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Lubbock citizens have a right to vote on the *sale of Lubbock Power & Light*. Whether you are given that right could depend on how you respond within the next few days.

In July, the Lubbock City Council appointed an *independent task force* composed of city leaders to study the potential sale of LP&L. After careful review of the facts, the committee recommended that the Lubbock City Council bring the proposed sale to the citizens for a vote.

This month, the city council will decide whether or not to follow that committee's recommendation.

If you think you have a right to vote on the sale of LP&L, contact your city councilman. It's time to put this issue to rest.



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Hometown News

Army Pvt. William Wynn has completed basic training at Fort Leonard L. Wood, Moberly, Mo. During the training, students received instruction in drill and ceremony, weapons, map reading, tactics, military courtesy, military justice, first aid, and Army history and traditions. Wynn is the son of Betty L. Wynn of 1711 E. Auburn, Lubbock, Texas. He is a 1986 graduate of Lubbock High School.

One World Publishes BROTHERMAN: THE ODYSSEY OF BLACK MEN IN AMERICA

A Groundbreaking Anthology of Black Men's Writing

"Brotherman!" is a special greeting among Black men. With that single word a bloodline is invoked, a gender proclaimed. It is a verbal handshake, a shared mantra that expresses much more than a mere hello. This greeting was first heard in the euphoric 'sixties. But it still resonates today, carrying a number of meanings for Black men no matter who they are—whether they work in offices in three-piece suits or hop down the street in shredded pants with their caps turned backward. Their coded exchange of 'brotherman' signals immediate recognition and rapport. It conveys a message that is at once an affirmation, an affectionate embrace, and a battle cry. It proclaims: *Our blood lines and soulforce are the same and we have a common fate—what happens to one happens to all.*

—from the Introduction to BROTHERMAN

Black men in America are finally coming into focus. Recently, the *New York Times Magazine* ran a cover story titled: "The Black Man is in Terrible Trouble. Whose Problem is That?" Currently there is a controversial exhibit at New York's Whitney Museum of American Art titled, "20th Century Black Man." One of the strongest selling nonfiction titles of 1994 was Nathan McCall's *Makes Me Wanna Holler*. And the most sensational trial ever is about to unfold with one of America's most famous Black men facing double-murder charges. Now, *One World/Ballantine* presents the first anthology exclusively devoted to the world of African American men, BROTHERMAN: THE ODYSSEY OF BLACK MEN IN AMERICA (\$35.00), edited by Herb Boyd and Robert L. Allen to be published in hardcover February 16, 1995.

BROTHERMAN focuses on the passages Black men experience as adolescents, lovers, husbands, fathers, workers, warriors and elders. It confronts the complexities of the Black man's stages of life with all the attendant pain, confusion, anger, and love they experience while simultaneously confronting issues of race, sex and politics—often as strangers in a strange land.

This extraordinary collection includes over 100 selections organized by themes which cover the entire life cycle from adolescence to elderhood. In the words of its editors, BROTHERMAN "allows us to look honestly at ourselves, our relationships with parents, women and children, our role in our communities and our hopes and struggles for a better future... It can allow us to re-create ourselves as new men, brothermen..."

BROTHERMAN encompasses a broad canvas of Black men's literature, including the works of Frederick Douglass, W.E.B. DuBois, and Malcolm X to Nathan McCall, Ralph Wiley and Walter Mosley, Ralph Ellison, James Alan McPherson, Richard Wright, Paul Robeson, Derrick Bell, Ernest Gaines, John Edgar Wideman, Shelby Steele, Amiri Baraka, and Arthur Ashe. Each theme in the anthology is highlighted in a nonfiction section and contrasted with a corresponding example from the world of fiction. The quest for identity in *The Autobiography of Malcolm X* is compared to and amplified by William Demby's powerful profession in *Beetlecrerk*. The coming of age theme in *The Screamers* by Amiri Baraka and the incidents in Richard Wright's *Black Boy* offer a stunning parallel between two generations—seemingly different, yet painfully the same. Through this life/art dichotomy, these writings inform us about the universal truths of our human condition and exemplify the undeniable strength and power of this collection.

BROTHERMAN dispels the popular myth of black men as a monolithic group. Through a breadth of concerns, issues and perspectives, a comprehensive picture emerges of what it means to live as a Black man in America. In the section called "When a Man Loves a Woman," the contributors examine the way societal changes affect relationships between Black men and women. "My Brother's Keeper," focuses on male bonding from several different angles. The "In the Game" section looks at Black men in sports. In "Black Gold," money as power—as a key to survival—is examined. Politics and the key roles of Black men over the years from Adam Clayton Powell, Martin Luther King and Malcolm X to Jesse Jackson, Louis Farrakhan and Congressman Kweisi Mfume are spotlighted in "No Justice, No Peace."

Timely and powerful, BROTHERMAN is destined to claim a place for itself on the shelf of must-read classics of Black literature for this generation and for many to come.

ABOUT THE EDITORS:
Herb Boyd is the author of African History for Beginners and Down the Glory Road. An award-winning journalist, his articles have appeared in Emerge, Class, Down Beat, Amsterdam News, Detroit Metro Times, and the Black Scholar. He lives in New York City.
Robert L. Allen, Ph.D., is the author of The Port Chicago Mutiny and co-editor of Court of Appeal. He is senior editor of the Black Scholar and past board president of the Oakland Movement Project. He lives in Oakland, California.

How to Be Perfect: Seven Important Points

By Robert N. Taylor

In order to achieve and sustain success and happiness in life, it is important that a person strives to be excellent in what he or she does. As the motivational speaker Anthony Roberts puts it, "Our success is not determined by those things we do occasionally, but by things which we do consistently." And while perfection is impossible, it is important that we strive for it. In the next few paragraphs, we will provide some proven tips that will make you a more perfect, successful and happy person.

#1—Adopt Clear, Specific Goals. You must have clearly understood goals which you are trying to achieve. Here is what clear goals do for you: They give your life purpose. They are the reasons that you live and work. Without goals, your life does not have a purpose.

#2—Discover The What & The How! Once you have goals, you must then become educated. You must discover what needs to be done to accomplish your goals and how to do it. You educate yourself by reading and talking to others. There is virtually nothing you can attempt that someone else has not already tried and/or done. Talk to those who have succeeded and those who failed. The reason is that you need to understand both what to do and what not to do.

#3—Be Motivated! You must instill within yourself a high level of constructive motivation. While there are numerous differences among successful people, motivation is one ingredient virtually all of them have in large supply. And being motivated takes a certain level of ego. You must think a lot of yourself. There is an important difference between constructive self-criticism (discovering and correcting weaknesses) and just putting yourself down. Do not speak negatives into your life. Such talk does nothing but harm.

#4—Be Objective! A college journalism professor of mine was fond of saying, "The important thing is to get the facts. Now after you get them you can do what you want with them." It is critical that you discover the truth. Do not instill false motivation by denying reality and lying to yourself. I am not a believer in saying, "I feel great." But in actuality I do not. Do not lie to yourself. Instead, discover why it is you do not feel great about yourself and then work to change the cause of the problem. Objectivity is just a way of saying "be honest with yourself."

#5—Master Your Craft! Constantly seek ways to become better at what you do. Practice is the basis of excellence. Do it until to get it right. Practice! Practice! Practice!

#6—Double Check & Review Your Work! There are no mistakes. When accidents happen, it is because someone did not do something they should have done. You can finish a task. But the task is not complete until you review or double check your work.

#7—Associate With The Right People! The people in your life are either of benefit to you or they are not. They enhance your life or they constitute a drain. Thus, the people with whom you spend the most time are of critical importance to your success in life. Seek out beneficial relationships.

Implicated in all that is written above is the cardinal rule of excellence: ADOPT GOOD, PRODUCTIVE HABITS. One habit I would like to suggest is to become a regular reader of *Better Life News*—the national black-oriented self-help newspaper. *Better Life News* is available by writing BLN, P.O. Box 28422, Washington, D.C., 20038. The subscription is \$39 a year.

THELMA THWARTUM -- By Alex



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Sinbad

Sinbad's name recalls the literary legend that symbolizes strength, adventure and optimism and is what he strives for. "I renamed myself Sinbad because Sinbad is bad." He could hang with rogues and with kings. He didn't have the strength of Hercules, but he could outwit anyone." Born in Benton Harbor, Michigan, Sinbad grew up telling jokes to his three brothers and two sisters. The image sticks: Sinbad the wild child, off-the-wall Sinbad who would do anything for attention, acting stupid, free as the wind, an unpredictable force that can't be harnessed, and always willing to pay any price, looking for laughs.

Sinbad's first love was basketball and the Globetrotters were a childhood dream. He won a basketball scholarship to University of Denver. "I had flaming red hair and they called me Red Chamberlain. Had 'Baby Wilt' written on the side of my car. I was on my way to becoming All-American. I thought college ball was going to be the ticket." But basketball's loss was comedy's gain and Sinbad has become one of stand-up's biggest names.

It began in 1983, when he embarked on his "Poverty Tour," going from city to city on the Greyhound, from comedy club to comedy club, working for meals, changing out of hotel restrooms. "I prayed, Please Lord, this is hard work so if I'm not funny let me know right away."

The break was *Star Search* in the mid eighties. He was never a winner, but good enough to get on the show seven times and become a finalist. That led to a TV movie and a role as Redd Foxx's son on *The New Redd Foxx Show* ("If you don't do this right," Redd told Bad, "we'll get a white boy to play the part."). The next break came from Bill Cosby.

Cosby became a fan. He cast him in *A Different World* which along with Sinbad's stint as host of *It's Show Time at the Apollo*, allowed him to eventually do the 1992 *Share the Dream* Tour of historically black colleges—a tour backed by Coca-Cola, United Airlines, and

B.E.T. (Black Entertainment Television). That year, Sinbad's first one-hour HBO *Comedy Special: Brain Damaged* became the second highest "Comedy Hour" ever. As executive producer and head writer Sinbad developed an outrageously funny variety show—*Sinbad & Friends All The Way Live... Almost*. Sinbad continued to score with *Necessary Roughness*, his first feature film.

Sinbad has received extra exposure in the ad campaign for Keebok Blacktop basketball shoes. The Sinbad-keebok campaign was the recipient of the prestigious 1992 Grand Effigy Award. Keektops were also voted new product of the year by *Footwear News*. Sinbad is currently celebrity spokesperson for Polaroid's new Captiva Camera.

Sinbad never tells jokes—"I don't know any," he admits—but rather stalks the stage, telling real-life stories. He doesn't deliver payoff lines; he slam-dunks them. His comedy is large, physical, impetuous. Psychologically, he jams us, poking holes in our lifestyles. His stories mirror our foibles. His is the explosive energy of the neighborhood, his phrasing is manic, musical and right on time. He doesn't write his material; he relives it as he remembers it. He never curses—"I want people to bring the whole family to my show."

In April of 1993, Sinbad gave us a blast into the past with his one-hour HBO *Special: Afro & Bellbottoms* which aired live from the Paramount Theatre in New York. His style—absolutely improvised, uncompromisingly spontaneous—is a litany of lines about the seventies, a self-styled monologue on dashikis and afros, bellbottoms and platform shoes, a parody of America past and present. *Afro & Bellbottoms* is currently available for home video rentals.

The Sinbad Show, based on Sinbad's original idea for Fox Network, received critical acclaim. Sinbad sails into feature films making his starring debut in *Houseguest* which is in the top ten chart for home video rentals. Sinbad recently finished with production on his next feature

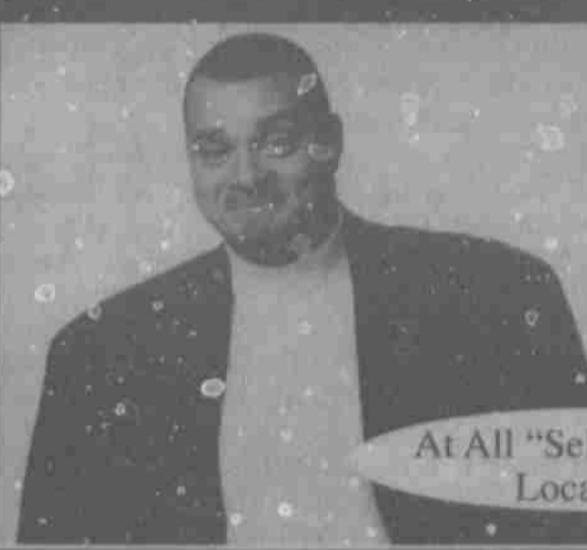
film release, *First Kid*. Sinbad stars in *First Kid* as Sam Simms, a fun-loving Secret Service agent and James Bond wannabe who has to look after the son of the President of the United States. Sinbad will executive produce with Del la Torre and Riley Kathryn Ellis.

Sinbad's production company, "David & Goliath Productions" produced Sinbad's '70 *Soul Music Festival* taped on Memorial Day weekend in the Caribbean Island of St. Martin/St. Maarten, airing this summer on HBO. This is part of an agreement with HBO to produce and star in three original specials for the network. The two remaining stand-up comedy acts will be shown in 1996. Sinbad will appear in several television commercials in 1995 as the National Spokesperson for Polaroid's new OneStep Talking Camera.

Sinbad finds time for humanitarian and community services. Especially, issues that affect children. He is the 1994 Spokesperson for the Sickle Cell Research Foundation. Working with The Children's Defense Fund and Omega Boys Club has helped him to continue to be more aware of the needs of children. Sinbad is a recipient of the 1994 Candle Award from Morehouse College honoring his excellence in Arts and Entertainment. His commitment to AIDS awareness inspired his participation in the *Time Out* video produced by Arsenio Hall Communications with the proceeds benefiting the Magic Johnson Foundation. Sinbad performed a concert for Morehouse College in which all proceeds benefit the Endowed Scholarship Fund in the names of Sinbad's parents, the Reverend Dr. Donald and Louise Adkins.

Sinbad is in the business of working with family—his brothers' Mark (personal manager), Michael (financial consultant), Donald (sound technician/photographer), and sisters' Dorothea (director of development/road manager) and Donna (publicist).

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Announcements

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Lubbock—On November 8-10 the Community Action Network will sponsor its annual Fall Festival Arts & Crafts Fair (Formerly the Winter Arts and Crafts Fair) in the Courtyard of the University Center. The sale will run from 9 a.m.-6 p.m. on Wednesday, Thursday and Friday. A wide variety of arts and crafts will be represented, including: jewelry, needlework, ceramics; pottery, wooden toys and furniture, country crafts, wearable art, candles, holiday items, as well as flavored vinegar, candy and other homemade food. The Fall Festival Arts and Crafts Fair charges no admission fee and is open to the public. Entertainment will be provided at various times during the sale. Parking is available in the visitor parking lots on all three days.

Proceeds from the Fall Festival Arts & Crafts Fair benefit the Community Action Network (CAN). CAN coordinates volunteer opportunities and provides resources for Texas Tech students, faculty and staff who are interested in community service. For more information, contact CAN in the Student Activities Office at 742-3621.

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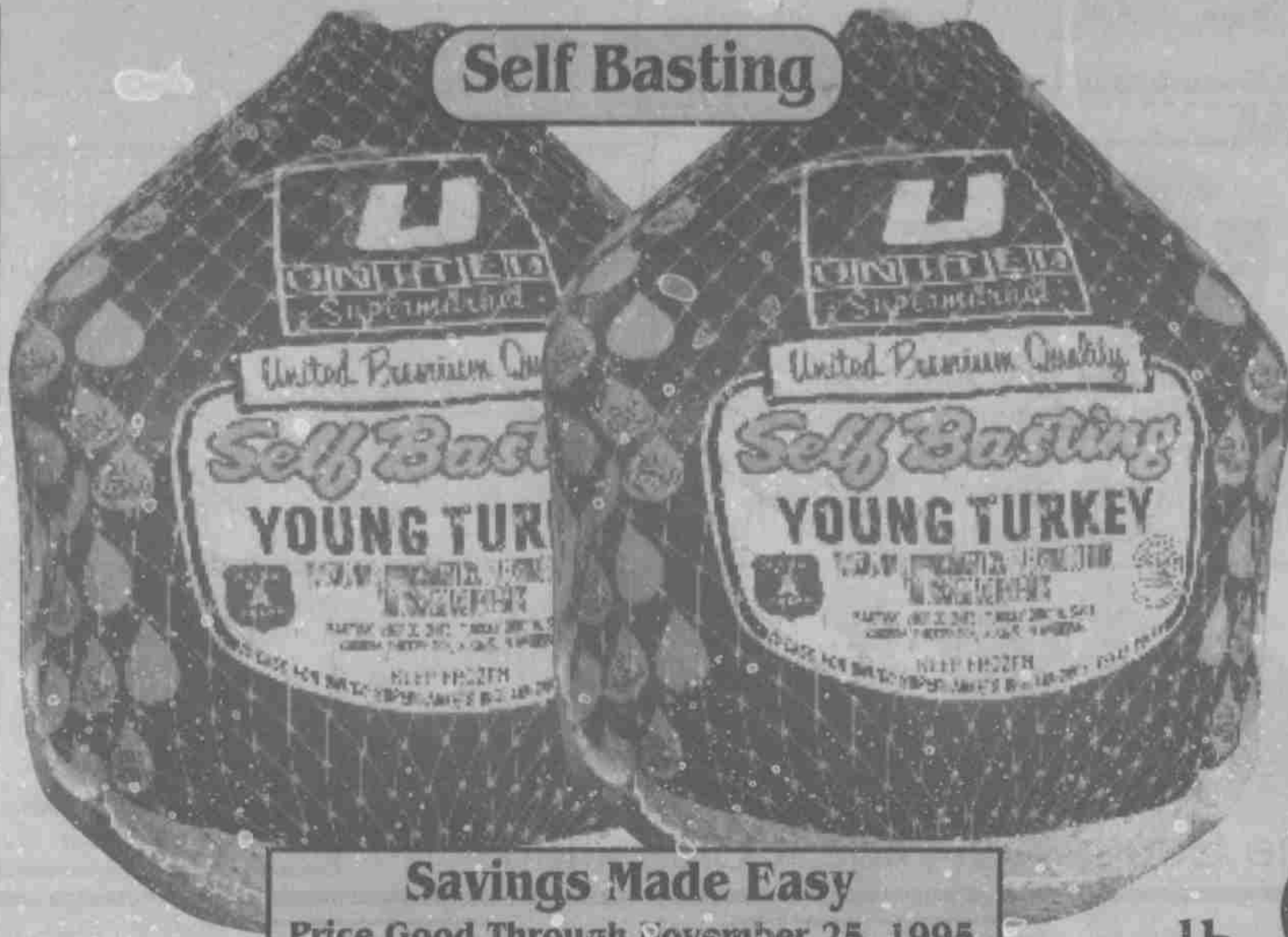
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