If you are a drug dealer, and you are poisoning the minds of our young people; and destroying their health and growth as well as their heritage, we (The Southwest Digest) will expose you. We are watching you!

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to Independent Pictorial Newspaper for All People's Primarily Serving the Black Population of Lubbock County and the Surrounding Area & Black Press of Americ

NATIONAL NIWS WIRE

Black Girl Needs African Americans to Donate Bone Marrow

Artese Phoenix, eight years old, of Ft. Wayne, Ind., is in need of a bone marrow transplant. Because of a lack of African-American participation, there is only a 20 percent chance of a blood match for Artese. Arrese's life span without this important transplant is about another year, says her mother Valerie Phoenix. "We're just praying every day that God gives us a match," she says. Donors are being sought from across the U.S. They must be between 18 and 55 years of age. with no personal history of cancer, AIDS or back problems. People who want to help Artese arm also give blood at their local American Red Cross office. Financial donations can be sent to: The True Love Baptist Church Artese Phoenix Bone Marrow Fund, NBD Bank, One Summit Square, P.O. Box 2345, Ft. Wayne, Ind. 46801. The Phoenix family can be reached at (219) 447-5926.

Art Fletcher Joins GOP Presidential Field

Arthur A. Fletcher, 70, the self-described "father of affirmative action," has entered the Republican Presidential race. vowing to "fight those in my party who are trying to destroy" the past generation's civil rights gains. Fletcher drafted an experimental order breaking the color line in Philadelphia's skilled construction trades that was extended to become a federal order for set-asides and affirmative action plans. He is an appointee to the U.S. Civil Rights Commission and joins Alan Keyes of Maryland as the only two blacks among 10 announced Republicans seeking that party's nemination for presi-

Reclaiming Our Communities? The Black Press Has A Role

Dorothy Leavell, president of the National Newspaper Publishers Association (Black Press of America), told a forum of notable black women in a leadership summit sponsored by the National Political Congress of Black Women, Inc. that the Black Press was a natural for the projection of positive images of African Americans. The focus of the summit was "Reclaiming Our Community, Spiritually, Politically, Economically, Educationally, Culturally and Holistically." Leavell, who as NNPA president heads an organization comprised of 205 blackoriented newspapers, said that, "The Black Press like the black church and the NAACP, are institutions and African American support of our institutions is essential to solving the problems of today." She challenged the audience of prominent African-American women, and the overall black community, to utilize the Black Press and hold it accountable for accurate reporting and effectively transmitting relevant information and positive images of African-American people.

Justice Department Sues Detroit Apartment Complex For Refusing to Rent To

Blacks The U.S. Justice Department has sued the owners and managers of a suburban Detroit martment complex for allegedly refusing to rent units to African Americans. The case stems from a nationwide testing program that has produced 27 suits. including seven in the Detroit area. Under the program, trained pairs of black and white testers with similar credentials, posing as prospective tenants, inquire

continued on pg. 2

Another Giant Has Fallen

by Eddie P. Richardson

Dr. George T.C. Peng, a man we met 10-12 years ago and became immediate friends and immediately he became concerned with our quest for development in East Lubbook.

He immediately started working with us, he and his students, which were all graduate students, researching, analyzing, doing historical studies, publications, models of what could be in East Lubbock. We had showings of the models, made presentations. His main words were, East Lubbock is the most beautiful part of Lubbock, with the least population and the most undeveloped and underdeveloped land.

I will stop here. I could go on and on. He was my friend, and continually reminded me of it. Just one other thing I will say to show the kind of person-he helped organize through the Chamber, East Lubbock Development Association, Lubbock Black Heritage and Cultural Center, and we attended many meetings together. He always took pictures; we have a few nere.

Here below is Dr. George T.C. Peng as seen by one of his former students end now son-in-law.



Photo at the "Fotgotten West" Reception on Sunday, February 13, 1934.



Forgotten West Reception - Sunday, February 13, 1994



Forgotten West Reception - Presentation/Performance Sunday, February 13, 1994



Forgotten West Reception - Sunday, February 13, 1994



Forgotten West Reception - Sunday, February 13, 1994



The Forgotten West Center Project - Model by Texas Tech students in the Spring Semester, 1993. Forgotten West Exhibition Reception at Lubbock Garden and Arts Center on Sunday, February 13, 1994.

Eulogy for Dr. George Peng February 25, 1928–January 1, 1996

Greetings and thanks to all, family and friends for coming ophy of organic-dualism which patterns the cycles of a city's from near and far. George T.C. Peng is survived by his wife, growth, this natural philosophy is based on Taoist teachings Marianne, and three daughters, Georgianna Simone, Sonia Huiying, and Claudia Maria; also an elder brother Fine T.L. Peng and his family. My name is Bing Chen.

I am privileged to have known George Peng as a teacher, philosopher, friend, and now father. Each of you know him in a special way but I would like to share my insights into his character so that you may better appreciate his character.

Dr. Peng was born in Yushien in Hanan China in 1928. Hunan is a woody and somewhat mountainous region. The Hunanese are known for their willpower and determination. By Chinese standards Hunan is a small province in south China; but from this land has sprung forth a disproportionate number of China's military and political leaders, it is reported that when confronted with an impossible position to defend, Generalissimo Chiang Kai Shek would ask for the home province of the comma ding general. If the answer was Hunan, Chiang would nod, knowing that this indefensible position would be defended to the last man. It is from this crucible that George Peng's character was forged. During this period George Peng resolved to complete his education in civil engineering and architectural engineering in Kunming, Yunnan, China's wartime capitol having to endure privation and almost daily bombings. Following the war. George Peng would begin the first of his many journeys, first to Taiwan to escape the Communist invasion. He then journeyed strange and foreign lands, first to America to complete his master's degree at the University of Illinois at Urbana and later to Archen, Germany to complete his Ph.D. each time having to learn another language in the process. Now he has begun his last and greatest journey.

father, devoted husband, beloved teacher, George Peng was all these and more. Philosopher and visionary, George Peng was perhaps one of the most influential urban planners of the 20th century. His activities were far ranging from planning the renewal of Jecaying small towns in Nebraska. to the long term planning of border cities between Texas and Mexico and being the guiding force in China's plan to supplant silicon valley with a mega complex spanning eastward from Shanghai to the ocean. He was tireless in his efforts to spur growth in his home city, Lubbock with planning for the International Cultural Center and east Lubbook redevelopment and countless earlier civic projects.

George Peng's visionary zeal has infected a whole generation of urban planners, many of whom were his students. Now his seeds of wisdom will spread and take root throughout the world, giving us hope for an orderly future as the world's pace of urbanization increases. Creator of the philos-

from China and is an enduring legacy. Although we mourn his death, let what he has given to the world.

As a student in Lincoln, Nebraska, I would eagerly wait for a call from Dr. Peng for a lunch invitation. Invariably he would begin to share some spellbinding vision of the future or delve into some fine point on philosophy. To this day I treasure these memories of a truly dynamic and brilliant thinker who would never permit a poor student to pay for his meal. Such a generosity was a hallmark of George Peng's character-to give of himself totally to a cause or project and doggedly foreing it to a conclusion, he was a man with a lion's heart. His daughters and wife were frequently drafted to aid him in his many quests and in all my years I have never seen a family as devoted to their father and husband as

George Peng would imbue part of his spirit into each of his daughters; insight, imagination and a great analytical ability went to the youngest, Claudia whose Chinese name "Shao Win" means "Little Cloud", artistic sensitivity, an appreciation for that which is beautiful and a strong sense of right and wrong went to Sonia ("Dong Er" means "Eastern Sun"), and to the eldest daughter Georgianna ("She Reh" or "Western Moon") whom he admired for her inherent goodness was imbaed with diligence, devotion and sheer determination. He had a Lion King's love for all his daughters as their suitors and eventual sons-in-law, Greg Gorman, Peter Wierzba and I would discover, "Love my daughters with a complete and total commitment or do not court them at all." This demand was merely a mirror of his long and tender courtship to win the hand of Marianne and the life long bond that would ensue. Risking all that was dear and close to her, Marianne would leave Charlemagne's capitol, Aachen, to follow her heart.

I began this ealogy by asking, "What is the measure of a man's life?" I believe my uncle. Chen-Hwa Yien, a long timedear friend to George Penu had a good response, "There are two kinds of people in this world, those who take, take and take some more, and, those very few who give of themselves and thus by their giving make the world a tittle richer for having lived." The answer is clear, George Peng, visionary and philosopher, ever humble in spite of his brilliance, ever the optimist in a dangerous world, was the ultimate selfless giver whose legacy will enrich us all with his message of hope for humankind's future.

Bing Chen is married to Georgianna Peny-Chen and is an

educator from Omuha, Nebraska.

Importance of African-American Rituals Stressed in Art Exhibition



Discovering in traditional African American rituals a source of strength to confront disintegration of America's social fabric was the theme of an exhibition, Reaffirming Rites: Artwork by Phoebe Beasley, held recently at the M. Hank Gallery in Santa Monica, California.

World renowned collagist Phoebe Beasley illustrates subtle and obvious African American rituals of the past because she believes that they have provided a secure and nurturing environment within which people could develop and grow. Furthermore, she thinks they are relevant to many of today's most vexing problems. Sadly, those positive rimals have been replaced by negative and destructive ones, Beasley believes, which are at least partially responsible for the growing crime rate among our youth, teen gregnancy, and soaring school dropout rates. Reaffirming and adopting what has worked in the past, Beasley maintains, can help improve the currest situation and make America stronger and better.

One work from the exhibition, a collage entitled Holding Court, shows an elderly woman seated in her living room. This piece embodies an overarching principle which is an element of many of the traditional African American rituals, respect for our

"Nowadays, we've become so 'me' oriented that we're too dismissive of things from the past," Beasley says. "But we ought to respect members of the older generation because they have a lot to offer, and we should listen to and learn from them." Boasley is the only artist to have received the

Presidential Seal twice when she was commissioned to do the artwork for the Inaugurations of both George Bush and Bill Clinton. Her work is also featured in many prestigious private and corporate col-

The M. Hanks Gallery is one of the country's leading specialists in African American art. For information about publications and reproductions, write to M. Hanks Gallery, 3008 Main Street, Santa Monica, CA 90405, or phone (310) 392-8820.

Mrs. Linda Adams Wallace Named "Employee of the Year"



A May 24, 1974 Paul Lawrence Dunbar High School student, Mrs. Linda Adams-Wailace, was recently honored by her co-workers and supervisor, Mrs. Karen Pena, manager of La Quinta Inn Hotel, Inc., located on Brownfield Highway, here in Lubbock, Texas.

Mrs. Wallace attended American Commercial Business College for six months and also she studied computer courses at night at Lubbock ISD's Adult Education Center.

She began at La Quinta, which was formerly named Paragon Hotel, as a housekeeper for three years. She was promoted to an assistant supervisor because of her hard work. And during these two years, she also served as a relief housekeeper.

After working her way up to an assistant or relief supervisor position, Mrs. Wallace earned her coworkers and supervisor's respect, because she treats everyone as she would want to be treated. She is a very humble and compassionate person who leads by example. She is not afraid of hard work and never asks her co-workers to do any task that she isn't willing to do herself. This kind of an attitude, along with hard work and dedication to her job, led to her being selected the "Employee of the Year."

This bonor was bestowed upon her at the annual Christmas party on December 17, 1995 at the Old Town Cafe, Mrs. Wallace, by winning this bonor and award, earned a round trip airline ticket for two anywhere in the Continental United States or foreign country, where Southwest Airlines travels, for three days plus free hotel accommodations.

Mrs. Wallace and her husband, John Wallace, plans to use this trip to travel to Las Vegas, Nevada on June 15, 1996 to be present at her brother's wed-

"I love my job and enjoy working with my coworkers and would like to thank all of them for selecting me as "La Quinta's 1995 Employee of the Year," she said.



Ruby Jay's Corne

The New Hope Baptist Church, located at 2002 Birch Avenue, is the "Church Where The People Really Care," and Rev. Billy R. Moton is the host pastor.

Last Sunday was Youth Day and services began with Sunday School at 9.30 a.m. with the singing of "Oh How I Lov". Jesus," Brother Skiel presider over the opening. Prayer was given by Almo Colquit. Another song, "Yes, Jestis Laves Me," and the classes marched to their various places for instruction for thirty minutes. They reassembled singing "When I'm On My Mission, Lord." High points of the lexion were given by Deacon F. Swain. It was very well done.

The Secretary's Report-Youth-Juniors retained the offering and attendance banners. Adults-Class No. 4 won both banners, and Sister Joan Y. Ervin is their teacher as the Men's Class lost both banners.

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The Youth were in charge of the devotional period, and did a wonderful job.

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The Choir marched in the processional. Altar prayer was offered by Rev. Brown. A song, "He'll Make Away," was sung. Scripture and prayer were given, and another song, "Thank You, Jesus," was sung. The responsive reading was done with the congregation stap-ling and read in unison.

The morning hymn was "We Shall Overcome." Pastoral observations were given by Pastor Moton, and the hymn of

preparation was "I Need Thee Every Hour." Pastor Moton's sermon was entitled "God's Instruction for Successful Lendership," His scripture text was Joshua 1:8-9. It was mother wonderful sermon.

The Youth Choir sang from their hearts.

Pastor Moton asked for the prayers of the church as he traveled to Amiene, Texas to preach the Instellation services, Two persons came forward as the invitation to discipleship

was extended during the morning services. 000040

Clara Lee Blakemore enjoyed a wonderful trip to Fox Hucachia, Arizona visiting her granddaughter, Sharanda Hines, and family.

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Sister Bernice Kelly received news last Friday her brother, Mack McKinney, was real sick and was in the hospital in-Sweetwater, Texas.

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Sister Pearline McDaniel and Sister Annie M. McBride are home from the hospital and are doing much better. 000000

Rosie Skief is a patient at Methodist Hospital. Our prayers go out to all of them who are ill this week. Also our bereaved families as well.

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There were a large number of members present at Prayer Meeting last Wednesday evening. Those who were absent, let as double the number next time. The Bible study is wonderful, and is being taught by Pastor Moton.



NATIONAL NEWS WIRE

Compiled by NNPA Department of Communications) National

about available units. Comparisons between the testers investigators determine whether minorities are treated less favorably than whites. The complaint accuses the 252-unit Allen Park complex of engaging in a pattern of discrimination against African Americans and families with children in violation of the Federal Fair Housing Act. A court may require each defendant to pay a civil penalty up to \$50,000 for the first violation and \$100,000 for each subsequent violation.

Four Blacks Named MacArthur Fellows

Four African Americans are among 20 new MacArthur Fellows. They are Octavia Butler, a Pasadena, Calif. writer of science fiction: Virginia Hamilton, an author of children's stories from Yellow Springs, Ohio; Donald Hopkins, a doctor working in public health and Brian Stevenson, an attorney, human rights activist and executive director of the Alabama Capital Representation Resource Center. Their names were proposed to the John D. and Catherine T. MacArthur Foundation by designated anonymous nominators from across the country. The new MacArthur Fellows will receive stipends from the Foundation ranging from \$150,000 to \$375,000 over the next rive years.

Murder Capital of U.S.

New Orleans is now being labeled the murder capital of the U.S. According to FBI figures, New Orleans had 421 murders and four justifiable homicides last year. In second place was Richmond, Va., followed by Washington, D.C. and then St. Louis, MO.

Black Firm Bires Graduates of Historically Black Colleges and Universities

Saying he had noticed that coilege graduates from Historically Black Colleges and Universities (HBCUs) were having a tough time in the job market, Joe Dudley, Sr., CEO of Dudley Products, Inc., decided he wanted to provide an opportunity for students who really wanted a chance. Effective this summer, Dudley hired students from Elizabeth City State University at his Kernersville, N. C. plant into manager trainee slots with starting salaries of \$25,000 annually, plus a 10 percent commission on sales.

HEALTH FOCUS: Exercise Key to Good Health in Later Years

By James L. Phillips, M.D.

There's no avoiding the facts. Exercise is good for you, especially as you get older.

Exercise can help you take charge of your health at d maintain a level of fitness necessary for an active, independent lifestyle. Sadly, many people think just because they age, physical decline is inevitable. This is simply not true. The President's Council on Physical Fitness and Sports reports that much of the physical frailty attributed to aging is actually the result of inactivity, disease, or poor nutrition.

One of the major benefits of regular physical activity is protection against heart disease. Indeed, researchers at Baylor College of Medicine in Houston have found that exercise can affect how calcium is "transported" within the heart-an important process that allows the heart to function better.

Physical activity can also provide some protection against other chronic diseases such as adult-onset diabetes, arthritis, hypertension, certain cancers, osteoporosis, and depression. A balanced, nutritious diet with no more than 30 percent of calories from fats, plenty of sleep, and regular exercise are the

Choose an activity that you will enjoy and that you are capable of doing. Walk, swim, play tennis, lift weights, do simple calisthenics -- whatever is fun for you and is approved by your doctor. Some steps to effective exercise should

- · Always drink plenty of water before, during and after exer-
- · Make exercise a daily routine. Ask a friend to join you.
- · Start gradually, five to 10 minutes a day, and slowly build up to about 30minute workouts.
- Breath deeply, and evenly during and between exercises.
- Rest when necessary.
- · Exercise to lively music or television for added enjoyment. · Always stretch before and after exercise.

Most people have heard the phrase, "You are what you eet." Perhaps there should be another phrase for seniors, "You are what you DO." Make exercise a fun and central part of your

life. It may just make your golden years a little more golden.

Michelob Malt/King Cobra Tour Features The Whispers, After 7 and Regina Belle



Michelob Malt and King Cobra Promiura Malt Liquor, two of Anlicuser-Busch's finest malt Liquors, will kick the new year off by sponsoring a national tour featuring three of R&B 's most successful acts-The Whispers, After 7 and Regina Pelle.

The soulful, bold and harmonic toor, will include stops in Washington, D.C., Detroit, Merillville (Ind.), Cleverand, Baltimore, Philadelphia, New York, Norfolk, Atlanta. Oakland, Los Angeles and Las Vegas,

"These entertainers represent the best in today's contemporary music, and we believe this tour will be a huge success," said Prevost Foushez, Brand Manager.

ine Whispers have been delighting R&B fans around the world for more than three decades. Brothers Walter and Scotty Scott, along with Nicholas Caldwell and Leaveil Degree make up The Whispers. Their newest album, Toast To The Ladies, is filled with the kind of heartfelt, soulful ballads and upbcat grooves that have given the group over forty charted hits since 1970.

Brothers Revon and Melvin Edmonds and longtime friend Keith Mitchell make up After 7, one of the premier vocal groups in pop and R&B music. After two very successful albums (one that's placinem, another gold), After 7's newest effort, Reflections, is a combination of rich balladry and sensual, funky uptempo grooves. Given After 7's reputation as outstanding live performers, their show is sure to entertain.

Regina Pella's last album, Passion, produced the phenomenal hit, "A Whole New World ('Aiaddin's Theme')," a duet with Peabo Bryson that was awarded four Grammy Awards including Song of the Year, Record of the Year, Best Pop Performance by a Duo or Group and Best Song Written Specifically For a Motion Picture or For Television. Her new album, Reachin' Back, cuts to the heart of classic Philadelphia Soul and proves that great music, once created, can never die.

"The Michelob Malt/King Cohra Tour offers something for everyone," said

Foushee. "They're all marquee acts, and will prove to be extremely popular with music lovers everywhere."

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Bethune-DuBois Fund Hosts a Fun-Filled **Christmas Celebration for Youth**

The Bethune DuBois Fund, Inc., a nationally recog-them." nized non-profit organization held a spectacular hundreds of children from Macshall Heights, Barry Farms and Hart Recreation Center had a hearty meal, sang Christmas songs and received loads of gifts, toys and school supplies.

Several participants from Streets to Skills, an organization focusing on homeless youth, attended and joined in the merry fun.

Dr. C. Delores Tucker, President and founder of the Fund, says "All of our efforts are geared towards preparing the youth to be responsible, future leaders of tomorrow. This annual Christmas party is one way we show the children how much we care about

Local merchants and African American profession-Christmas party for Washington, D.C. youth. The als donated mone, and toys for the party. Bethune Associates, who are committed African-American mentors, attended and had an opportunity to interact with the children. A good time was had by all.

> The Bethune DuBois Fund was founded to expand the participation and facilitate the empowerment of African-Americans, The Fund sponsors bimonthly leadership forums featuring National African America speakers, host a Capitol Hill Intern Program and sponsors a Junior Associates Camp Program. In addition, the Fund publishes, " VITAL ISSUES" a compilation of African-American Speeches. For further info., call 625-2900.

Parkinson's Support Group to Focus on "Hospital Stays" Thursday, January 25, 1996

LUBBOCK, TEXAS-The Parkinson's Community Support Group of St. Mary of the Plains Hospital Neurology Research and Education Center (NREC) will meet Thursday, Jan. 25, 1996 at 1:30 p.m., in the NREC (4102 24th

The meeting will feature a presentation about "Hospital Stays and What Doctors and Nurses Expect" by Physicians Assistant and Surgicul Assistant Holly Tyson. She will discuss what is expected of both patient and family during a stay in the hospital.

Participants in the Parkinson's Support Group, which includes individuals suffering from the disease as well as family members and caregivers, help each other cope with the various challenges of Parkinson's-educating each other about the disease and giving one another devotional support.

Support Group meetings are open to the public at no charge. For more information, call Judy Ribble in the Parkinson Disease Information & Referral Center at (806) 796-2647.

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Get a Handle on Post-Holiday Debt

LUBBOCK-The New Year often means resolutions and new beginnings. However, for many, it means facing unwanted debt as a result of overspending during the holidays.

Consumer Credit Counseling Service suggests consumers have a repayment plan to handle current debt as well as a savings plan for uncoming expenses in 1996 such as taxes, vacations, back-to-school clothes and next year's holide season. It is also important to build an emergency fund as a savings cushion to avoid future debt and financial problems.

Saving money is the key to being prepared for future financial obligations," said Marianne Gray, executive director, CCCS, "By developing a budget and establishing comprehensive spending and savings plans, consumers can avoid future debt problems and regain control of their financial future."

CCCS suggests the following tips for repaying holiday debt:

- * Handle your personal finances with a serious effort. Set goats and dedicate time each week to develop and improve your financial situ-
- Carefully track your current expenses and trim where possible. Look for no or low-cost entertainment and cut back on non-essential
- Monitor your debt load continually. Keep strict records on your debt free throughout Texas, (800) 374-2227.

repayment system and pay more than the minimum amount due on credit card accounts to liquidate debt.

- . Evaluate your holiday gift list after the fact. Make a list for next year and shop throughout the year. Take advantage of "after Christmas sales" to save on cards, gift wrap and small gifts for next year. . When making new purchases, use cash as much as possible.
- * If you are having difficulty with your corrent debt situation and can't afford to make regular payments or woode like help preparing a budget for 1996, contact CCCS.

Consumer Credit Counseling Service is a nonprofit organization that provides professional courseling and guidance to financially troubled

Headquartered in Fort Worth, CCCS also has branch offices in Abilene, Grapevine, Killeen, Lubbock, Midland, Odessa, San Angelo, Temple, Waco and throughout the greater Fort Worth area. CCCS alsohas satellite offices in Azle, Big Spring, Brady, Cleburne, Lampasus, Mansfield, Mineral Wells, Stephenville, Weatherford, Fort Stockton, Plainview, Granbury, Brownwood, Hillsboro, Mexia, Sweetwater, Sonora, Burleson, Gatesville, Lamesa, Levelland and in Hobbs, New-

To schedule an appointment for counseling, consumers can call toll-



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Obituary



In Loving Memory of Ronald Ray Walker Final rites were read

for Ronald Ray Walker on Saturday afternoon, January 6, 1996, at the First Progressive Baptist Church with Rev. Homer Avery, pastor, officiating.

Burial was held in the City of Lubbock Cemetery under the direction of Ossie Curry Funeral Home. Pallbearers were Cedric Girdy, Carlos Cristan, Jim Reeves, David Trevino, Gary Johnson and Rodolfo Ybarra. Honorary pallbearers were Miree Walker, Jr., Darr3ell Saunders, Gordon Robinson, Gregory Saunders, Byron J. Walker and John

He was born January 22, 1955 in Lubbock, Texas to Miree and Dimple Walker. He attended graduated with a B. A. degree in friends.

Sociology in 1978. He was baptized in the Church of Christ and later attended First Progressive Baptist church. He was employed at the Behrens drug Wholesale for five years. He is survived by his parents: Miree Walker, Sr. and mother. Dimple Saunders, both of Lubbock, Texas; his brothers: Miree Walker. Jr., Byron J. Walker, Gregory Saunders and Darrell Saunders, and Gordon Robinson all of Lubbock, Texas. Another brother, Dennis Saunders preceded him in death; his step-brothers Arnold and Donald Joiner also of Lubbock, Texas; his sisters: Karen Wight and Bridgett Walker, both of Lubbock, Texas, Janice McCall of Houston, Texas and a half sister Tonya Bennet of Madiosonville, Texas; his grandparents: Milton and Ella Turner of Bryan, Texas and Emma Jenkins of Slaton, TExas; an uncle, James Dunbar-Struggs High School and White; an aunt, Johnnie Mae graduated in 1973. He pursued his Garners; step-parents, Dennis education at West Texas State Saunders and Ernestine Walker; and University in Canyon Texas, and a host of nieces, nephews and

EMMETT NEAL COULDN'T DECIDE IF IT WAS WORTH THE EFFORT TO BUY A TICKET. (IT ENDED UP BEING WORTH \$10.8 MILLION.)

AFTER A LONG DAY AT WORK, EMMETT NEAL WAS SO TIRED, ALL HE COULD DO WAS PLOP DOWN ON THE COUCH. "HMMM," HE THOUGHT TO HIMSELF, "SHOULD ! GET UP AND GET MY LOTTO TEXAS TICKET? OR JUST STAY RIGHT HERE?" \$10.8 MILLION LATER, IT LOOKS LIKE HE MADE THE RIGHT CHOICE. NOW EMMETT'S ONE OF OVER 150 MILLIONAIRES AND STILL COUNTING.





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OTHER TWEE LISTERY



East Lubbock, Let's Move

by Eddie P. Rich udson

Wednesday, 2 p.m., a major decisjon was made for Lubbock: the decision to keep the present mill and add a new \$30 million cotton seed processing plant that will employ 50 people. Chairman Keith Streety made the announcement and said the selection over Little, the only other finalist, was strictly business with the decision coming from the entire board and plant management.

President and CEO Wayne Martin said he was glad to see the community, city government willing to rolve and work out its recent problems and open communications.

Martin said a 200-acre tract of land east of Loon 289 off 50th Street, one of the masons Lubbock was chosen and the only site in Lubbock the mil-would even consider.

This is a tremendous plus for Lubbock, especially with Reese AFB, and downsizing of other large firms and

being in the East Lubbock area. This is a good start fro East Lubbock to start drawing on. I have had complaints—why only 50 jobs with \$20 million? Da- better sight to gain 50 than lose the whole

ball of wax. At least 50 is a start, the sky's the limit, Anyone who has been around Lubbock anytime, Blacks included, can remember the legacy of Roy B. Davis. Mr. Davis built houses for Blacks, sent Blacks to school, gave 1 my, many Blacks their first job in Lubbock other than picking cotton, shining shoes, house buying, washing dishes and cars. South Plains Cooperative Oil Mill has a trensendous murk on the world as the largest oil mill of its kind in the world and East Lubbock and Blacks were not left out of the picture even at a time when they were.

Roy B. Davis, with his buddy Congressman George Mahon, both were well respected, honorable gentiemen. high moral and religious character respected all over the world and Lubbock came within a thread of losing all

of this history and economic base.

This writer worked like hell over 20 years trying to give the Blacks of Lubbock an economic voice and which had never been in Lubbock. Lubbock Blacks had never had an economic voice. Plenty of voices in religion, social actions, partying, etc. Now that it's time to go to the playing field and be a real player with the actions community development and redevelopment.

Because of people with egos, pettiness, want-to-bes, think-I-ams, not knowing anything about economic development, or what a chamber is or supposed to be, it's too late for games, crying and complaining, blaming someone else, especially white folks for what we have not done for self. We also need to stop complaining about no one told me or invited me, no or poor excuses. No one invited me to start the Chamber or any of the other things I did. We also need to stop claiming things we did not do and start doing.

We set around and worry about who gets the credit. Dam- the credit-let's fie our ropes together and pull in the same direction for the good of all of us. Nuff said. Why not?



IN CINQUE by Renetta W. Howard

outlook for the new year. When our families cele-traditions. brate a Christmas of togetherness, camaraderie, love and in some cases sacrifice, especially when some tunity to be with and enjoy the company of several family members make long dangerous trips to be generations at one time while celebrating the birth with their family, the new year outlook has to be of Christ and the renewal of our faith. Our renewed great!

Large families who live close to each other are perhaps the most fortunate because it does not take as much effort to get together at Christmas time as various parts of the country. A Christmas family and talk about the Christmases of days gone by, positive change.

HAPPY NEW YEAR, 1996! It remembering all of the heartwarming events that may seem strange to many of us, took place. Family children play together and hear but the quality of our Christmas their parents talk about their childhood Christmases holiday has a great bearing on our and gather knowledge of their family heritage and

Elderly parents and grandparents have the opporfaith helps us to begin a new year with the strength and determination to live and love each other in a more significant manner than ever before.

If we did not find any spirituality during the it does for small families which are scattered into Christmastime which did not carry a big price tag, it is time for us to get 'in cinque' and re-evaluate the reunion is usually nostalgic. Siblings often recall direction in which our lives are taking and make a

etter to the Editor

Every day blood must be available to the community. More than 390,000 people depend on the products provided by United Blood Services through the generous donations of people in our community. Nearly 150 blood products are used each day for the care of newborns, trauma victims, surgical patients, transplant recipients and other hospital and clinic patients. Since it takes 24 hours to prepare some blood components, volunteer donors are needed on a continual basis in order to maintain an adequate blood

United Blood Services would like to honor all donors for their generosity. We hope donors have a deep sense of satisfaction and joy in knowing it is their gift that makes fulfilling our mission possible. We are inspired by the spirit of community shown by their efforts.

During 1995, we have witnessed an enormous amount of time, talent and products donated by area merchants and individuals to help keep the cost of blood products affordable for everyone.

For the fifteenth year, the week before Christmas, KLLL sponsored their Country Christmas blood drive. 602 units of blood were donated in Lubbock, Brownfield, Slaton, Littlefield, Plainview and Levelland. KLLL helps ensure an adequate blood supply every year during the Christmas season. Our hats go off to this fine radio station and the people who work so diligently to provide this service to the community during a most critical time of the year.

It gives us great pleasure to send our greetings and support to KLLL, to all donors and to all who have sponsored blood drives during 1995. May we always keep this sense of community going in the Lubbock area.

> Todd Plath, Executive Director United Blood Services of Lubbock

Jacque Owen-Stanton, Community Relations Director United Blood Services of Lubbock

THANKS ARE IN ORDER FOR ALL WHO PAR-TICIPATED!! THIS N THAT ... would like to say ... THANKS ... to all of you who participated in the annual... DR. MARTIN LUTHER KING, JR. CHY BOCKITES... were present... WHAT A WONDER-FUL PROGRAM ... and the message by ... REV. J.W. was a wonderful message ... as the ... REV. HAN-SON... told the august body of citizens... of how ... THE SHACKLES CAN BE LIFTED FROM OUR AND CRIME .. in our community... He reminded... BLACK PEOPLE... in particular... of what our... TRUE RESPONSIBILITY ... is this day and time ... cess... as the right medicine has been presented and AND DRUGS... So what a better time... than now... SPECIAL CELEBRATION ... in our city ... Hopefully... as a people... WE WILL GET BUSY... doing what we should be doing ...

D.C. KINNER THE BARBER SAYS: "IF SOME-THING... is... WRONG... fix it if you can... But not... MEMEERS OF THE LUBBOCK BRANCH... never fixes ... ANYTHING ... "

THAT... hopes the citizens of... CHATHAM HILL ADDITION. will join hands with the... people of ... working together... for betterment of ... CHATMAN be in there and doing our part... HILL... It can be done ... if we would just put some plans together... for future of this area of the city... something happen it can happen... DO YOU AGREE? call today!

BLACK HISTORY MONTH AROUND THE COR-NER! THIS N THAT ... would like to remind .. EACH OF US... that in a few weeks ... ELACK HIS-TORY MONTH... month of February... will be upon WIDE CELEBRATION ... at the Lubbock Memorial us... and hopefully ... there will be some programs ... Civic Center ... when ... HUNDREDS OF LUB- in the community ... we att can be proud to have ... If you have an organization or a church, and you are... SPONSORING SOMETHING ... during Black HANSON ... pustor of the Rose of Sharon Baptist History Month ... why not advise the ... SOUTHWEST Church of Odessa, Texas... WAS ON TARGET ... It DIGEST ... so we can tell the community of what you are doing. As BLACK PEOPLE... we need to let people know what we are about.

KIDS LOOKING GOOD! THIS N THAT .. MINDS... He also reminded our ... PARENTS... of observed all those ... YOUNG BLACK KIDS ... in our responsibility as parents... and what we should be this year's celebration of the... DR. MARTIN doing to see that our kids stay away from ... DRUGS LUTHER KING CELEBRATION ... and began to wonder what could be done all year with these young people... Surely... there are some opportunities we could come up with and utilize all of this talent ... All in all... the entire celebration has been a great suc- All... YOUNG PEOPLE... are not into... GANGS now we must ... PUT INTO ACTION ... what we have to find something all year for these young people to heard... EACH AND EVERY DAY ... TIANKS ... to do ... that is supervised ... If you have an idea ... drop each of you for what you have done to make this a ... us a line at the ... SOUTHWEST DIGEST ... There is so much talent in the ... BLACK COMMUNITY ... Do you agree?

HAVE YOU JOINED THE NAACP YET? THIS N THAT... is still encouraging all of you... who are train yourself... NOT TO WORRY... WORRY... of the... NATIONAL ASSOCIATION FOR THE ADVANCEMENT OF COLORED PEOPLE... to join TIME TO JOIN HANDS TOGETHER! THIS N today... The NAACP ... can use your effort ... 'as it is in the process of making a lot of things happen in the country... All these years... the .. NAACP... has PLAINS COOPERATIVE CIL MILL... and start stood out... and we as... BLACK PEOPLE... should

HAVE YOU JOINED THE CREDIT UNION YET? THIS N THAT ... is still asking ... EACH OF YOU .. No doubt about it... EAST LUBBOCK... is coming to become a member of the... CANYON LAKES back as it once was... and if we really want to see CREDIT UNION... Give... DAVID SOWELL... a

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Wednesday 2:00 p.m. 3-5-year-olds Thursday 10:30 a.m. 3-5-year-olds

SCUTHWEST DIGEST

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The Southwest Digest is an independent newspaper serving the Lubback, West Texas, South Plains of Texas and Eastern New Mexico areas printing the news impartially supporting what it believes to be right without opposing what it believes to be wrong without regard to party politics.

Devoted the Industriat, Educational, Social, Political, and Economical Advancement of Alrican-American People.

We may be critical of some things that are written, but, at least you will have the satisfaction of knowing they are truthful and to the point. People will react to that which is precise, and we will publish these articles as precisely and factually as is humanly possible. We will also give credit and respect to those who are doing good things for the Lubbook Area and the people. We will be crucal of those who are not doing as they have said to by would, and this, we think is fair.

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\$20.00 per year-\$35.00 a year







Your Personal Finance Who Owns Your Life Insurance Policy?

family may not be protected in the event of your trust own the policy. premature death. But, if you're like most people, the owner of your policy is you, and that could be an expensive mistake.

between paying thousands of dollars in estate the policy, when you die, the proceeds could be subject to federal estate taxes of thirty-seven to transfer won't be taxed. fifty-five percent. The IRS counts insurance prois subject to estate taxes. Your Spouse as Owner

One alternative to your owning your insurance policy is to transfer ownership to your spouse, then the proceeds won't be taxed if you die prematurely. However, if your spouse names someone else as the beneficiary, such as a child, another relative, or a friend, the Internal Revenue Service considers the death benefit to be a gift. Anything above ten thousand dollars can be subject to gift taxes of anywhere from thirty-seven either. to fifty-five percent, costing your beneficiary thousands of dollars, and reducing the benefits of your policy substantially.

Covering life insurance needs is a key part of Involved in a life insurance agreement. Consider assets to be non-taxable, it must be irrevocable, financial planning. Without life insurance, your a non-spousal beneficiary as owner, or have a meaning you can't change your mind once the

Non-spousal Beneficiary as Owner

beneficiary other than your spouse, to your child, Such a simple choice can make the difference for example. But, be aware that if you give the policy to a beneficiary, the IRS regards the transtaxes and paying none. The reason? If you own fer as a gift. As long as your policy has ac eash. Credco Inc., has been selling credit information value or is valued below ten thousand dollars, the to businesses. Now, you can buy a credit report

Note that most states don't allow minors to ceeds as part of your estate, so if the death bene- own insurance policies. You may need to put the fit pushes the value above \$600,000, the excess policy in a custodial account with someone other than yourself as the custodian. Trust as Owner

> A trust ownership of your life insurance policy is a way to protect your beneficiaries from estate taxes, and it can be set up by a lawyer for as little as five hundred dollars. With a trust as owner, the IRS does not consider the death benefit as part of your taxable estate, making the proceeds taxfree. As long as the policy has cash value below ten thousand dollars, gift taxes do not apply

A trust can be set up to provide steady income to a beneficiary, and it can ensure that your beneficiaries cannot tap the proceeds without the It is wise not to have more than two people trustee's permussion. However, for the trust's Personal Financial Planning.

policy is in trust.

Tax laws vary from state to state, so consult a You can transfer ownership of your policy to a lawyer before making any changes in your policy ownership.

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Charles Ross is host of the nationally syndicat-'ed radio program, "Your Personal Finance," and author of Your CommonSense Guide to

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Dead Presidents Soundtrack Tops R&B Albums Chart Record Buyers Make Old School R&B Classics Collection A Holiday Hit

evidenced by the chart-topping success of the Underwoold/Capitol Records soundtrack for the hit movie Dead Presidents. Filled with coul-filled old school rusic by legendary hitmakers like Isaac Hayes, time. Curtis Mayfield, James Brown, Aretha Franklin, Barry White, and Al Green, the album recently topped E rry White and Al Green (who also both have classic Billboard's Top R&B Albums chart just four weeks after its release in early October.

Pictures movie, which was produced and directed by Albert and Allen Hughes, the Dead Presidents soundtrack has been receiving rave reviews from critics and record buyers alike at a time when '70s soul music is throughout the country.

In the past year, a number of key radio outlets in period. major cities have switched to an all soul oldies format including WKRS and WBLS in New York and KACE in Los Angeles. According to record retailers who have found interest in old school R&B at an all-time high,

the R&B classics of the '70s has reached new heights with music by artists such as The Spinners, The Dramatics, and The O'Jays (all fortured on the Dead Presidents soundtrack) as well as younger record buy-

A number of 'greatest hits' albums by such artists as hits on the soundtrack) have made Billboard's Top R&B Albums chart within the last six months, another Buoyed by the response to the Caravan/Hollywood indicator of the timeless quality of '70s R&B and the response it is evoking among today's consumers.

The use of sampling in rap and hip-hop has incoduced old school soul classics to a whole new generation now eager to hear '70s R&B in its original form enjoying renewed response at urban radio stations and the Dead Presidents soundtrack has provided listeners with some of the finest music from that time

> The Hughes Brothers were responsible for selecting tunes to use as a backdrop for Dead Presidents, which chronicles a young man's struggle to define his place in

Allen Hughes, "There are 36 oidies used in the movie We picked ""Os soul classics for the soundtrack because they he as more of an edgy, multi-dimensional 'feel' and ers who are discovering the '70s music for the first mood that the music of the '60s. Most of the tunes we

heard growing up in Detroit Key cuts from the album include Istac Bayes' disfinctive versions of two Burt Bucharach/Hai David standards, "Walk On By" (originally a hit for Dionne Warwick, and revived by Hayes on his groundbreaking Hot Buttered Soul album in 1969) and 'The Look Of Love" (the theme for the James Bond movie, Casino. Royale and a hit for British singer Dusty Springfield in

James Brown's "The Payback" was originally recorded from the 1974 movie of the same name and became "The Godfather Of Soul's 15th No. 1 R&B hit that year. Former member of the Impressions, Curtis Mayfieldand observations-enjoyed his first chart success as a society following his return from Vietnam during the solo artist four years affier with "If There's Hell

The imprecedented revival of consumer interest in interest is strong among older consumers who grow up turbulent times of the late '60s and early '70s. Notes Below, " while Philly favorites The O'Jays struck a theme of universal love and brotherhood with their 1972 smush, "Love Trein."

Dead Presidents also features old school gents like 'It You Want Me To Smy " by rock and soul funksters icked for the soundtrack were songs my brother and I. Siy & The Farrity Stone; the sweet soul of 'I'll Be Around "The Spinrers, "Never, Never Gonna Give You Up " from the "Maystro Of Love," Barry White; the emotive ballad, "I Miss You" from Harold Melvin & The Blut Notes featuring lead vocals from Teddy Pendergrass; "Get Up And Get Down " by The Dramatics; the '60s classic "Do Right Woman-Do Right Man " by 'Queen Of Soul,' Aretha Franklin; and "Tired Of Esing Alone" by Memphis soul man Al Green.

In addition, the soundtrack contains the "Dead Presidents Theme " by Grammy Award-winning composer Danny Elfman, and a super soulful workout on "Where Is The Love," originally a hit for Roberta known for his socially conscious lyrical commentaries. Flack and Donny Hathaway, and revived by Underworld/Capitol recording artists Jesse & Trina.



CURTIS MAYFIELD "If THere's Hell Below"



BARRY WHITE "Never Gonna Give You Up:



ISAAC HAYES "Walk On By" "The Look Of Love"



THE SPINNERS "I'll Be Around"



THE O'JAYS "Love Train"



JAMES BROWN "The Payback"



HARULU MELVIN & THE BLUE NOTES "I Miss You"



"Tired of Being Alone"



ARETHA FRANKLIN "Do Right Woman, Do Right Man"



SLY & THE FAMILY STONE "If You Want Me To Stay"



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CHURCHIDIRECTORY



The Dutreach Prayer Breakfast

I. Just out there trying to do the best Pring, in southway, he the wrest to Past The celebration was great, what do you wink? Were you there?

Speaking on the power of printe, Acts 16: 22-40-And at midnight, Paul and Siles prayed, and sang praiser tato God; and the posoners heart them.

25 And suddenly there was a great enthquake, so that the formulations of the prison were shaken; and immediately all the doors were opened, and everyour's bonds were loosed.

30 And brought them out, and said, Sirs, what must I do to be saved? 31 And they said. Believe on the Lord Jesus Christ, and thou shall be taved, and thy

How do you handle problems? When you have been felsely accused, called everything but a Christian, how do you handle it? Paul and Silas sang and prayed, and made contact with God. Use the power you have in Jesus Christ and His Word to solve your problems. Praise him in every situation, and don't get bogged down. There is a way out, and it's through Jesus Christ

Thought: We are believers and these signs do follow believers. In the name of Jesus, cast out demons, speak with new tongues, lay hands on the sick and they shall recover. Mark 16:17-13.

II. To all sick and bereaved

God specializes in our sorrow, and he can do what no other power can do. Jesus gave you and I and all his children that believe the authority to use his name, and what we bind in this sinful generation, he will bind in heaven. What we loose he will loose. Therefore in the name of Jesus we bind the principalities, the powers of the rulers of Darkness of this world, spirits of sickness and disease, depression, poverty, cast down spiritual wickedness in high places, and runder them barmless and ineffective against all your peoples, in the name of Jesus Christ our Lord. Amen.

May God bless each of you out there. Read & believe. Love your people. Even if they give you a real reason not to, just grit your teels or dentures and do it, just do it.

See you next week. Thank you for reading.

D. Hood, President, Christine Burleson, Vice President, Ernestine Frazier,



We Thank God for Jesus Part 1: "THE DEVIL'S CHURCH!!!"

Revelation 2:7a, JESUS SAID, He that hath an EAR, let him hear what THE SPIRIT SAITH UNTO THE CHURCHES.

Jeremiah 7:8-11, Behold, ye trust in LYING WORDS, that cannot profit. Will ye STEAL, MURDER, AND COMMIT ADULTERY, AND SWEAR FALSELY, and burn incense unto BA'AL, and WALK AFTER OTHER gods WHOM YE KNOW NOT; And come and STAND BEFORE ME IN THIS POUSE, WHICH IS CALLED BY MY NAME, and say, We are DELIV-ERED to do all these ABOMINATIONS? Is this HOUSE, which is CALLED BY MY NAME, BECOME A DEN OF ROBBERS IN YOUR EYES? BEHOLD, EVEN I HAVE SEEN IT, SAITH THE LORD.

REVEREND GREENBACK, he wants all members: WITH BIG MONEY & FINE CLOTHES, SO THEY CAN PAY BIG TITHES TO HIM; HE DON'T CARE ABOUT THE LOST SOULS.

Revelation 2:11a.JESUS SAID, He that hath an EAR, let him hear what THE SPIRIT SAITH UNTO THE CHURCHES

Matthew 23:23a.24, JESUS SAID, Woe unto you scribes and Pharisees, HYPOCRITES for ye PAY TITHE of mint and anise and cummin, and HAVE OMITTED the weightier matters of THE LAW, JUDGMENT, MERCY, AND FAITH: YE BLIND GUIDES, WHICH STRAIN AN A GNAT (MOSQUI-TO), AND SWALLOW A CAMEL

REVEREND GREENBACK, he LOVES MONEY; and in CHUPCH: HE HAS MANY GAMES, HE'LL SAY: IF YOU'RE A MAN GIVE \$20, AND IF YOU'RE A WOMAN \$10, TRYING TO SHAME

Revelation 2:17a, JESUS SAID, He that hath an EAR, let him hear what the SPIRIT SAITH UNTO THE CHURCHES.

Matthew 23:17, JESUS SAID, YE FOOLS AND BLIND: for whether is GREATER, THE GOLD OR THE TEMPLE THAT SANCTIFIETH THE GOLD?

AND REVEREND WONDERFUL, He let the UN-godly, HOLD OFFICES & IS NOT ASHAMED, BUT HE WANTS-EVERYONE TO LIKE HIM; BUT ITS A DISGRACE UNTO GOD'S NAME.

Revelation 2:29, JESUS SAID, He that hath an EAR, let him hear what THE SPIRIT SAITH UNTO THE CHURCHES.

Mark 1:23-25, And there was in their synagogue a man with an UNCLEAN SPIRIT; and he cried out, Saying, let us along; what have we to do with THEE, THOU JESUS OF NAZARETH? art thou come to destroy us? I know who thou art, THE HOLY ONE OF GOD, And JESUS REBUKED HIM, SAYING, HOLD THY PEACE, AND COME OUT OF

(When there is some one in THE CHURCH; with an UNCLEAN SPIRIT: THEY NEED TO BE BORN AGAIN. The DEVIL in that man asked: WHAT HAVE I TO DO WITH JESUS? EVERYTHING THAT GOES ON IN THE CHURCH, SHOULD HAVE EVERYTHING TO DO WITH JESUS. AND I MEAN EVERYTHING! THE UN-godly SHOULD BE SETTING OUT IN THE AUDIENCE.)

REVEREND WONDERFUL, EVEN LETS HOMOSEXUALS & LES-BIANISM, DO THEIR THING, SINGING IN THE CHOIR, AND PLAY-ING THE INSTRUMENTS; SHAME, SHAME, SHAME

Revelution 3:6. JESUS SAID, He that buth an EAR, let him hear what THE SPIRIT SAITH UNTO THE CHURCHES.

Malachi 1:6, A son HONOURETH HIS FATHER, AND A SERVANT HIS MASTER: IF THEN I BE A FATHER WHERE IS MINE HONOUR? AND IF I BE A MASTER, WHERE IS MY FEAR? SAITH THE LORD OF HOST UNTO YOU, O' PRIESTS, THAT DESPISE MY NAME, AND YE SAY,

WHEREIN HAVE WE DESPISED THY NAME? ♦♦♦♦♦ WILL A PREACHER ROB GOD??? ♦♦♦♦♦

Revelation 2:5, JESUS SAID, REMEMBER therefore from whence thou art fallen, and REPENT, AND DO THY FIRST WORKS; OR ELSE I WILL COME UNTO THEE QUICKLY, AND WILL REMOVE THY CANDLE-STICK OUT OF HIS (EARTHLY MESSENGERS) PLACE, EXCEPT THOU REPENT (CHANGE OF MIND):

GOD IS NOT THROUGH WITH US YET. SO LET'S PRAY FOR ONE ANOTHER ALWAYS. Directed * Arranged * Produced * Guided By OUR LORD JESUS CHRIST. Written By Evangeliat Billy B.J. Morrison, III Your Brother In CHRIST JESUS ALWAYSH

from the Desk of Parson D.A. Smith

The Reaction of Love

offer also the other" (Luke 6:29)

written or spoken. Jesus was speak directly about our reactions to another's actions. We can plan our actions, but our reactions are impulsive and spontaneous. When we allow the actions of others to determine our reactions, we have lost self-control. If we get angry just because another person is angry, then that person is controlling us. And our reaction will hurt us more than his action. If we find a person's action is divisive and exerting a destructive influence our reaction in love should be in the language of Paul's thoughts to Timothy, "Warn troublemakers once or twice. Then don't have anything else to do with them. You know that their minds are twisted, and their own sins show how guilty they are" (Titus 3:10-11 CEV).

"Turning the other cheek" has been a misapplied principle for far too

And unto him (Lit smiteth thee on the one cheek long. Jesus was not telling us never to protect ourselves from physical harm. Even Jesus knew when to get out of danger. Where life is imper-The words of Luke 6:29 are the toughest commands of love ever liled, the disciples are warned to flee to safety (Matthew 10:23). Paul left many places in order to save his life, and he finally appealed to Caesar to prolong his chances for life. He did not just stand there and say, "Hit me again. Throw me in prison and throw away the key."

In Palestine at this time in history, slapping another person on the cheek was not a violent act but an insulting one. It was one of the most effective ways of offending someone. It would be the same as calling someone dirty names today. Jesus was saying, "Don't pay back insult with insult." Just leave them alone.

Jesus illustrated this principle in His life. He was insulted by His ecemies, but he did not insult in return (1 Peter 2:23). He remained silent when He was belittled.

African Children's Choir To Appear in Lubbock January 21

The brutal fighting and disease that claimed the lives of hundreds of thousands of Rwandans also created victims who will suffer for years to come. Those victims are the children, many of whom are now orphans. Another group of East African children, who have endured tragedies of their own, is now helping those children in Rwanda. The 26 young members of the African Children's Choir, who travel the United States and Canada by motorcoach, will soon be offering a concert of uplifting, joy-filled music in your area. The children, aged 5 to 13, will be staying with local families and learning about American culture as they share insights about their own.

The twenty-year-old organization that sponsors the African Children's Choir, Friends in The West, is now helping orphans in Rwanda. Those attending concerts of the Grammy-nominated Choir have an opportunity to select a needy African child through photographs and sponsor that child on a month-to-month basis. A large portions of the contributions collected at the Choir's free concerts will be used to provide food, medicine, elothing and shelter for Rwandan children.

At a time when North Amc icans are exposed only to the suffering of Africa's children, you have a significant opportunity to present a picture of hope to your audience/readers in sharing with them news of the African Children's Choir as it makes a difference in the world.



The Visions of Light Gospel Choir of Texas Tech University presents National Gospel Recording Artist

Byron Cage

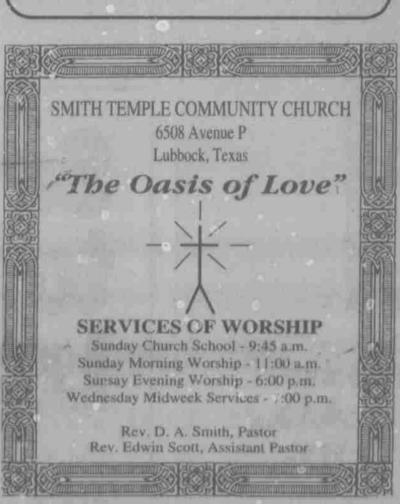
Atlanta, Georgia in their 2nd Annual Founder's Day Workshop & Concert Thursday, Jan. 25 thru Saturday, Jan. 27 at 7:00 p.m. nightly

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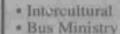


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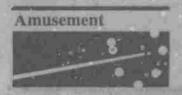


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The Numbers Keep Growing: African Americans Living With Kidney Disease

Special to the NNPA

Harriett Ellis leads an inspiring, fast-paced tension and diabetes. The exact reasons why African tive for the Remington Arms Co. lifestyle-more so than most people that you might meet. Harriet is the former director of pharmacy at Hariem Hospital and currently serves as pharmacy director for a prestigious New York City health agency. Harriott also sits on the New York Board of Pharmacy, teaches continuing education courses in pharmacy and plays tennis several times a week.

But one aspect of her life is increasingly common among African Americans, Harriett begins and ends each productive day of her life hooked up to a home kidney dialysis unit.

Although whites still constitute the largest number of kidney patients in this country, the rate of kidney failure among African Americans today is nearly four times as great. The most disturbing part of this equation is that the number of cases of kidney failure in African-Americans continues to grow.

The New England Journal of Medicine estimates that in the 1960's, African Americans made up about 10 percent of the country's patients being treated for kidney failure. In 1978, this number jumped to about 26 percent, and today the number of African-Americans with kidney failure is topping 30 percent of all kidney patients.

The alarmingly high rate of kidney failure among African Americans is attributed primarily to hyper-

Americans have a higher incidence of these conditions is not known, but it is likely that genetic factors may play a part.

longer the "death sentence" of just 30 years agobefore the life-saving kidney dialysis machine was invented. Although the machine managed to sustain a patient's life by filtering and cleansing waste from the blood supply, it left many patients with crippling anemia, making them weak and incapable of leading a normal life. These symptoms were originally thought to be signs of renal disease itself. Then in 1989, a genetically engineered hormone called Epogen was introduced to treat this anemia. As a result, dialysis patients can lead productive and more satisfying lives-often working harder and exercising more frequently than most people without the disease.

Austin Bell, like Harriett, has been on dialysis for a short time. Unlike Harriett, Austin didn't know anything about modern dialysis when he learned that his kidneys were failing. "When I heard the news, the whole bottom of my life fell out from under me," admits Austin. He had everything to lose-a big family with three sons and two daughters, a World Champion Skeet Shooting title, a career as a chemist for DuP of Chemical Corp. and later as a representa-

Austin decided that he was going to learn verything than the a was to know about Vidney disease and help himself to live life to the fullest. Like Harriet, Fortunately, a diagnosis of kidney failure is no Austin diatyzes at home, utilizing a process known as peritoneal dialysis. Peritoneal dialysis leaves Austin's days free for a countless number of activities including working out with weights and walking six miles per day. His exercise regimen increases as he gets closer to skeet competition time because of the demands put on his physical strength.

a support team including family and friends-keep a good state of mind with a "combination of fear and strength"-and most importantly, listen to the experts and educate yourself about the disease.

Raymond Parks has a slightly different approach to dialysis treatment than Austin or Harriett, Raymond gets his treatment three times a week at a dialysis unit, using a process known as hemodialysis. But this does not stop him from making his life everything it

Leadership Award, continues to spend several days a busy lifestyle." week with children, as he has done for 17 years now.

"I work with kids in houses, schools, churches. We have no building of our own. I help them to work

within their community. I try and guide them-teach them about society, the government, getting a job the importance of adacation-tools they need to surive," explains Raymond.

Raymond admits that he was frightened when he first learned that his kidneys were failing. But then he spoke with a friend of his from Colorado who had been on dialysis for 22 years. She told Raymond that it wasn't all that bad. Today, Raymond looks at dialysis like a job.

"You get up, go to the dialysis center, and get it Austin's secrets to success are three-fold-embrace over with." explains Raymond. "I guess that I look at it as a necessary part of my life-nothing more and nothing less."

There is no question that we are facing a growing population of African Americans living with kidney disease. However, due to a combination of advances in medical science and a modern understanding of the importance of rehabilitation (stressing diet, exercise and going back to work), African Americans should remain positive.

What was once a "death sentence" is now, as Raymond, a recipient of the National NAACP Harriett Ellis explains, "just another part of a very

J. NOZIPO MARAIRE

Ms. Maraire was born and raised in Zimbabwe but has also traveled and lived extensively abroad. She has been exposed to a wide range of cultures and become fluent in several languages, including French, English, Spanish, and Shona. She spent her early childhood in Manicaland in the Eastern Highlands of Zimbabwe, surrounded by an extensive and tightly knit extended family.

During the early years of Zimbabwe's war of independence her family lek the country as political refugees. Maraire accompanied her father to Jamaica. Canada, the United States, and Europe, where she studied and worked. Her father was the central figure in her upbringing. "He was at once my family and my home. He had so many stories to tell; some were political, of the struggle for independence or our traditional customs, others were simply about life, sorrow, and love. In our culture and in my village, tales are like spiritual nourishment. We feed them to each other to grow in wisdom. In fact some of the stories in Zenzele are from the village and have been passed down for generations. They are the collective experiences of a culture of survival.

At eighteen, Maraire left Zimbabwe to earn her undergraduate degree at Harvard. She then went on to get her M.D. from Columbia University and is currently completing her residency in neurosurgery at Yale, while simultaneously working toward a Master's Degree in Public Health. Maraire opened and owns an art gallery in New Haven, Connecticut, which specializes in contemporary African art. She found solace from her grueling neurosurgical residency by writing Zenzele, often after her surgical shifts at 3:00 in the morning. Maraire goes on to explain another motivation for the novel. "I do not know many African books that describe the modern experience of post-independence Africans, particularly from a woman's perspective." She has filled the gap, bringing that experience, in all its richness and confusion, to vivid life in her stunning first novel.

Upon finishing her residency in 1998, Ms. Maraire plans to return to Zimbabwe to practice and teach neuro surgery. She hopes to act as a catalyst for the development of the neurosciences in southern Africa. "I feel very fortunate to have had so many opportunities, both in my education and in my work," says Maraire. "I would like to take the benefit of these experiences home. I really look forward to returning to Zimbabwe and sharing the knowledge I've gained while I've been away."

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Your body, your skin & you dial-ogue

Test yourself with this Quick Dialogue Quiz on the subject of hairloss. True or false?

- A. Loving hair is a perfectly normal human condition.
- B. It's not much talked about, but women as well as men suffer from baldness. C. The most common form of baldness is hereditary.
- D. Few human maladies have given rise to so many hopeless "cures" down through the years. E. Nothing can be done.
- Answers A. True. At any moment, 90 percent of the hairs on a normal human scalp are in a growing status. The remaining 10 percent of the hairs are dormant, and are doomed to fall out. The normal loss is from 50 to
- B. True. Some women are cruelly afflicted, but most baldness affects men 30 million in America.
- C. True. A tendency toward baldness may be inherited from mother or father.
- D. True. But it is also true that money is well spent on modem shampoos, conditioners and dandruff medications that improve the health and appearance of hair.
- E. False. Modern drugs and procedures may work miraculous results. All techniques require patience, and some are quite expensive. In some cases flair is transplanted For some individuals, new medications actually encourage hair growth.

000000 DEAR DIALOGUE: Ashamed to say, in the past I laughed at a person who stutters. Now my own child

shows signs of stuttering, and it's no joke! Can you help?

W.W., Savannah, Ga

DEAR W.W.: Dialogue highly recommends support given parents and teachers by the Stuttering Foundation of America Says one of the Foundation's spokesmen: "Speech mistakes by young children is normal." But "ome children go beyond normal. "They may begin to struggle, tense and become frustrated in their efforts to talk. These children need help." For a free copy of the brochure The Child Who Statters at School. Notes to the Teacher, write to P.O. Box 11749, Memphis, TN 38111, or call toll free, 1 800 992-9392. 444444

DEAR DIALOGUE What is the proper first aid for sprains? Is it hot bath or cold pack.?

FA jacksonville, Fla

DEAR F.A.: For sprains and other sports injuries, remember R.I.C.E. That's shorthand for rest. ice, compression and elevation. The injury should be given ample rest An elastic bandage can provide compression. Flevation means that the injured area, such as a foot, should be propped up on a support like a pillow. A cold pack (a plastic baggie of ice cubes for example) should be applied for 5 to 20 minutes per hour until the injured area no longer feels hot to the touch.

Do you have a question about personal hygiene or wellness? Write The Dial Corp. 1850 North Central.

Phoenix, AZ 85077-2452. For a personal reply send a SASE.

SPC's Spring '96 Registration Continues Through January 22

LEVELLAND—South Plains College's spring 1996 registration will continue through Monday, Jan. 22. Classes on both the Levelland and Lubbock campus begin Tuesday (Jan. 16).

Spring registration on the Levelland campus will continue 8:30 a.m.-3:30 p.m. and 5:30-6:30 p.m. Tuesday through Thursday (Jan. 16-18) and 8:30 a.m.-3 p.m. Friday (Jan. 19). Final day to register is Monday, Jan. 22, from 8:30 a.m.-3:30 p.m. and 5:30-6:30 p.m. in the Office of Admissions and Records in the Administration

Spring registration on the Lubbock campus will continue 8:30 a.m.-noon and 2-6 p.m. Tuesday through Thursday (Jan. 16-18) and 8:30 a.m.-2 p.m. Friday (Jan. 19). Final registration day is Monday, Jan. 22, from 8:30 a.m.-noon and 2-6 p.m.

Spring registration at SPC's Reese Air Force Base Extension Center begins Feb. 19.

For more information, contact the SPC Office of Admissions and Records at 894-9611, ext. 2372 or 2375 in Levelland or 747-0576, ext. 4660 in Lubbock

