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50¢ Worth More!

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An Independent Editorial Newspaper for All People • Primarily serving the Black Population of Lubbock County and the Surrounding Area • Black Press of America

National Black News Survey

From NBNS Communications

"Motor Voter" Suit Could Benefit Blacks, Republicans Object

Washington, D.C.—The Justice Department last week filed suit against three states to force compliance with the so-called motor voter law—legislation which allows voters to register through the mail or when they apply for driver licenses or social services such as welfare. The practical effect of the law would be to register more blacks, Hispanics and low income people. But several states are refusing to comply with its provisions. And the Republican party is opposing the latter because the people most likely to register as a result of it tend not to vote for Republicans. In fact, the three states sued last week—California, Illinois and Pennsylvania—all have Republican governors. The states are arguing that the federal government is too quick to past laws placing requirements on the states without providing funding to implement the laws. But Attorney General Janet Reno countered, "Congress has the authority to regulate federal elections." The law is actually known as the 1993 National Voter Registration Act. And it appears to be working. Florida—which has enforced the law—is averaging 3,000 new registered voters a day through driver licenses. Meanwhile, the Justice Department said it may also sue South Carolina and Michigan for non-compliance.

National Black Public Opinion Survey: Malcolm X, Farrakhan and the U.S. Government

WASHINGTON, D.C.—The National Black News Survey—a news service specializing in news of interest to African-Americans—is conducting a national public opinion survey about the current controversy over the arrest of the daughter of Malcolm X for allegedly trying to hire a hit man to kill a son of Islam leader Louis Farrakhan. Farrakhan says the arrest was part of a government conspiracy to divide the black community. But members of Malcolm X's family have long held the view that Farrakhan played a role in his death. What do you think? The survey questions are 1) Do you believe Qubilah Shabazz—Malcolm X's daughter—actually conspired to have Farrakhan killed or was entrapped by government agents? 2) Do you believe Farrakhan played any role in the assassination of Malcolm X? 3) What is your opinion of Farrakhan?

You can share your views simply by calling 1-800-748-1821. Please give your age and the city from which you are calling. Persons living in the Washington, D.C. area must call 202-686-4775. Survey results will be released in two weeks.

Breast Cancer Hitting Black Women Harder

WASHINGTON, D.C.—According to new government figures, the death rate from breast cancer has dropped by 5.5 percent for white women in recent years while simultaneously rising by 2.6 percent among African-American women. The findings were released by the National Cancer Institute and covered the years 1989 to 1992. Authorities were not sure why

Continued on Pg 2

The O.J. Case: Another Black Man Is America's Poster Boy For Sexual Deviancy

By Earl Ofari Hutchinson, Ph.D.

Recently I appeared on the *Rolando* show with several other men to discuss racism and the O.J. Simpson case. During the question period, a young woman stood up. She shook with rage as she reminded us that O.J. battered Nicole. The young woman went on to describe the emotional trauma she suffered after a sexual assault.

To her, O.J. was not a man accused of murder. He was not a black man trapped in a racist criminal justice system. He was a wife batterer. The issue was sexual abuse, not race. Thousands of women agree.

O.J. propelled the issue of spousal abuse and domestic violence from bedroom privacy to public outrage. The case triggered an avalanche of angry editorials, exposes, features and TV reports on domestic violence. State legislatures toughened laws and allocated additional millions for battered women's shelters. Police and courts announced crackdowns.

But making O.J. the poster boy for domestic violence feeds the dangerous myth that black men are America's sexual miscreants. O.J. didn't create the issue of domestic violence. It is epidemic in American society. Some women's groups have correctly noted that the gender issue cuts across racial, cultural and class lines.

Thousands of white, Latino and Asian males physically batter women. Sex abuse is rooted in male power, ego and control. Men enshrine women as sex objects and marginalize them as economic competitors. Hollywood, TV, books and records reinforce the "Macho Man" posture. Traditionally, domestic violence was regarded as a "private" affair and not the concern of law enforcement, courts and society. But women have suffered.

In the past decade 1,500 women have been murdered yearly during domestic disputes. In 1993, four million women were battered by spouses, former spouses or lovers. When feminists demanded stronger laws, they were ignored. That changed when Anita Hill charged Clarence Thomas with sex harassment. Courts, legislatures, government and corporate agencies scrambled to clarify sexual abuse and toughen laws.

But this raised a warning flag. Thomas complained that Hill's accusation played to the worst stereotype of black men as sex-crazed, lustful brutes. His complaint was politically self-serving, but it was true. In the past, thousands of black men accused of raping white women were lynched, burned, shot, or were legally executed. Studies still confirm that black men charged with crimes against whites, particularly white women, receive stiffer sentences than crimes against black women.

The rape myth spawned the myth that black men are chronic physical and sexual abusers of black women. When Thomas, not Oregon Senator Bob Packwood, became the poster boy for sexual harassment, a color-free gender issue was hijacked. The focus fell on black men.

The warning flag went higher when Mike Tyson, not William Kennedy Smith became the poster boy for date

rape. This is misleading. Studies confirm that date rape is rampant from suburbia to college campuses. It is under-reported and lightly punished.

The warning flag went higher still when Michael Jackson, not Pee Wee Herman, became the poster boy for child sex abuse. Studies report that blacks have a greater number of child abuse cases than whites. This is misleading. The studies are based on reports from police, courts and public social service agencies. Blacks with less income and legal resources are more likely than whites to be arrested and prosecuted.

The warning flag sailed over the top of the pole when O.J. not actor Mickey O'Rourke became the poster boy for domestic violence. Again studies report that black males are more abusive toward their wives than whites. Researchers rely mostly on reports from police, courts, women's shelters and public social agencies. This is misleading. Again, blacks, lacking income and legal resources are far more likely than whites to be arrested and prosecuted. When researchers control for class, income, education and racial bias, they find no difference in rates of domestic violence between black and white households.

Still Fairness And Accuracy In Reporting (FAIR), a media watchdog group, uncovered deep press bias toward non-whites when reporting domestic violence. In an eight month study of domestic violence coverage in the San Francisco Chronicle and Examiner FAIR found that domestic violence was underreported or trivialized as "unexpected, out of character or inexplicable" when the assailants were white males. When the perpetrators were non-whites, the violence was presented as "expected and typical."

The image of black men as sexually malevolent is an easy sale because many whites and some blacks are spoon fed the myth by the media. Daniel Patrick Moynihan kicked it off in 1965. In his study *The Negro Family: The Case for National Action*, he called the black family a "tangle of pathology."

He claimed that irresponsible black men were the cause of the family breakdown. The media snuffed a story in "black family deviancy" and played it hard. Conservatives blamed ghetto deterioration not on unemployment, racial discrimination and the Reagan-Bush emasculating of social programs but on black men.

The truth is that domestic violence, child sex abuse, sex harassment and date rape is a national problem, not a black problem. That's why O.J.'s face shouldn't be the only one on America's domestic violence poster.

Dr. Earl Ofari Hutchinson is the author of *The Assassination of the Black Male Image*. He publishes Ofari's Bi-Monthly a subscription newsletter. *News Feature*, a monthly syndicated column, is received by hundred newspapers and radio stations nationally.



Rev. Dr. Henry Lyons

DAYTONA BEACH—Fast on the heels of his inauguration as president of the National Baptist Convention, USA, Inc. last week, the Rev. Dr. Henry Lyons made a quick stopover in Daytona Beach to receive the Pinnacle Award from Bethune-Cookman College, his first alma mater.

The award, also given to 14 other prominent B-CC alumni who have excelled in business, education, government, law, medicine, public service, religion, research and sports, was presented Jan. 20 at an honors convocation marking the 90th anniversary of the college. Lyons was guest speaker at the ceremony and described his alma mater as an oasis, a refreshing place to pause for education.

Lyons graduated from Bethune-Cookman in the class of 1964. It was the first stop on a long education road that culminated with a doctorate in divinity from Cincinnati Baptist College and a doctorate in sacred theology from the Hebrew Union

Rev. Dr. Henry Lyons Visits First College Alma Mater

University in Jerusalem. Born in Gainesville, FL Lyons still serves as pastor of the Bethel Metropolitan Baptist Church in St. Petersburg.

Also honored at B-CC's honors convocation was Dr. Oswald P. Bronson, Sr., a theologian and national leader in Black higher education, who has served as B-CC's president since 1975. He graduated from the college in 1950. Past president of the Council of Presidents of the United Negro College Fund and the National Association for Equal Opportunity in Higher Education, Bronson was appointed by President Bill Clinton to serve on the National Board of Advisors to Historically Black Colleges and Universities.

Praising the honorees as role models, Bronson told the college students, faculty and trustees gathered for the convocation that the strength of Bethune-Cookman College was shown through its graduates.

The other honorees included Robert Bryant, retired superintendent of schools in Gadsden County, FL, and educator; John Chaney, head basketball coach at Temple University; Dr. John S. Frink, vice-president and director of agency development for Atlanta Life Insurance Co. in Atlanta; Dr. Kabie J. Gainous, retired college professor and funeral business owner; Dr. John L. Hamilton, orthodontic dentist in Brooklyn, NY; Dr. Hubert Hensley, gynecologist and owner of Bethune Medical Center in California; Dewey Knight, retired

public administrator in Metropolitan Dade County, FL; Larry Little, pro football Hall of Famer and at North Carolina Central University; Padrica Mendez, opera diva and costume designer; Dr. Astrid Mack, medical research specialist in sickle cell disease; Dr. Carver A. Portlock, public relations executive; Dr. Madelyn Squire, federal court lawyer and Howard University law professor, and Senator William "Bill" Turner, Florida state legislator representing District 36 in Miami.

Hensley told the large crowd of students and alumni attending the honors convocation that his experiences at Bethune-Cookman College had turned his life around.

"If any of you, with all the controversy about affirmative action, have any doubts about whether or not you can take young Black kids and give them a chance, I think that coach John Chaney and I are living proofs that the idea works."

"I came from the slums of Philadelphia with eight sisters and brothers. My mother and father never finished high school. But the inspiration I received here at Bethune-Cookman College helped train me in the ways of life, and in return I was able to train others. My entire family was inspired by my example and several, including my own three sons, have now received professional degrees," Hensley said.

"The passion I received and still continue to receive from this institution, stirs me deeply," added

Corporate Executive Guest Speaker for SPC's Los Tejanos College Day

LEVELLAND—A woman who climbed the corporate ladder from part-time clerk to area manager of external affairs in 19 years with Southwestern Bell Telephone will be the keynote speaker Feb. 13 for South Plains College's annual Los Tejanos College Day festivities.

Irasema Velasquez, a successful businesswoman and civic leader from Lubbock, will explore the higher educational opportunities for Hispanic students in a talk at 2 p.m. entitled "Why Should I?"

More than 300 Hispanic high school students from throughout the South Plains area are expected to attend the festivities, which begin with registration and entertainment at 1 p.m. in SPC's Creative Arts Building.

"SPC would like to issue an invitation to all Hispanic high school students in the South Plains area to attend this special day," said Gracie Quinonez, SPC counselor-testing coordinator and co-sponsor of Los Tejanos, a Hispanic student service organization on the SPC campus. "We will provide them with vital information about higher education opportunities and give them a taste of college life."

Students also will receive information on careers, college financial aid, scholarships, housing and admissions in a session at 2:30 p.m., take a tour from 3-5 p.m. of the SPC campus and be treated to a meal from 5-6 p.m. SPC Texan and Lady Texan basketball doubleheaders against Midland College at 6 and 8 p.m. in Texan Dome and a dance from 9-11:30 p.m. in the Student Center.

Velasquez' talk begins at 2 p.m. in the SPC Tom T. Hall Studio, located in the Creative Arts Building.

"I am going to emphasize the fact that we do have choices and opportunities, and that we need to take advantage of them," explained Velasquez. She married after high school graduation and did not pursue a college career. "I got married and thought I could not do both," she said.

She joined Southwestern Bell Telephone in 1974 as a part-time clerk in the treasury department and later worked in marketing, customer services and public relations. "As area manager of external affairs, I serve as a liaison between the company and the community. My job is to respond to changing economic, technological, social and political issues in order to strengthen customer relations with Southwestern Bell. I do some grass roots lobbying efforts and community relations," she said.

She is responsible for external affairs in Lubbock, Plainview, Hule Center, New Deal, Floydada, Luckney and Slaton.

She hasn't forgotten her aspirations about college but may postpone her belated college career until her daughters Virginia, 18, Dora, 15 and Ruth, 14, are of college-age.

She and her husband Andy have been married 20 years. Manual Cerrillo, SPC sophomore and Los Tejanos president from Lubbock, noted, "I wanted to come to SPC because of the friendly atmosphere and the fact that you can get to know everybody here. I encourage minority students to seek that post-secondary education." He plans to transfer to Texas Tech University.

Velasquez is a member of the Lubbock Hispanic Chamber of Commerce Board, co-chair of the Arts Festival Special Events Division, president-elect of the Hispanic Association of Women, president of HACEMOS, on the United Way Board of Directors, Lubbock Regional MHRM Board of Trustees, Women's Advisory Committee on the *Lubbock Avalanche-Journal*, secretary of the First Spanish Assembly of God Board, on the CASA Board of Directors and on the Urban Renewal/Neighborhood Redevelopment City Board.

She is the recipient of the COMA Member of the Year for 1992, JC Penney "The Spirit of the American Woman," Extra Mile Award recipient and Hispanic Association of Women Member of the Year for 1993.

For more information about Los Tejanos College Day, contact area high school counselors or Los Tejanos co-sponsors Gracie Quinonez, counselor-testing coordinator or Alma Flores Lopez, SPC instructor in mathematics, at SPC, 806-894-9511, ext. 367 or 645.

Lubbock NAACP Regular Monthly Meeting

The Lubbock Branch of the NAACP will hold its regular monthly meeting Friday, February 10, 1995 at 7:00 p.m. at Smith Temple Community Church 6508 Ave. P.

President Rose Wilson is asking all newly elected Officers and members to please be present. Installation of new Officers will take place.

The public is invited to attend this meeting.

Southwest Digest
Special Edition
BLACK HISTORY
Is Coming Soon!
Look for it in the February 15th Edition of the Southwest Digest!



Reby Jay's Corner

The morning hymn was "Just a Little Talk with Jesus." Pastoral observation was given by Rev. Billy R. Moton. He told the congregation that just a little talk with Jesus makes it all right. "Many of us know that," he said. This was followed by the singing of "Prayer Changes Things."

The hymn of preparation was "Old Ship of Zion." Pastor Moton's sermon was entitled, "Neighbors, Take Your Burden to the Lord." His scripture text was St. Matthew 11:28-30. It was a very good message, and the spirit was very high.

An invitation of discipleship was extended and several came forward for baptism, by letter of Christian experience, and some wanted just prayer.

The remainder of the services were as usual.

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The New Hope Baptist Church is invited to attend special services at the Mt. Calvary Baptist Church on Sunday afternoon, February 12, 1995 at 3:00 p.m. It will be a pre Pastor Anniversary for Rev. Slaughter. Rev. Moton will bring the message of the hour.

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Sunday afternoon, February 19th, Rev. Moton will bring the message for the Men's Day services at the St. John Baptist Church at 3:00 p.m.

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Remember our sick and shut-in citizens of the community. You may do this with prayer and other kind deeds for those who are ill and shut-in.

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It was good to see Brother Jarmon in services last Sunday morning. God is able.

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Brother James Sterling, assistant in Sunday School and a member of the Senior and Male Chorus, is a patient in the hospital. Don't forget to pray for him.

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Be sure to get your BLACK HISTORY ISSUE of the Southwest Digest next week. We know you will be glad that you did!

The Lord met the members at New Hope Baptist Church Sunday morning, beginning with Sunday School at 9:30 a.m. in the Sunday School lesson. It was beautifully taught by all the teachers. A song, "I Need Thee Every Hour," and the Lord's Prayer was led by Sister Floreza Stokley. After the singing of another song, the classes marched to their various classes for instruction.

After 30 minutes, the classes reassembled. A song, "There's A Fountain," was sung by the Sunday School. High points of the lesson were given by Sister Billie Cavel, who is a member of Class No. 2. It was a very good presentation.

The Secretary's Report: Young People's Department; Seniors received the attendance banner as it was their third straight week. The Intermediate Class obtained the offering banner.

The Men's Class, No. 1, received both banners. The men are just doing a splendid job by leading out. The ladies, however, won't fret or complain.

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The 10:45 a.m. devotional period was conducted by Brother and Sister Jenkins.

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During the morning worship, the Male Chorus marched in the processional, singing "Give Glory to God." The altar prayer of the hour was offered by Dacon U. Kelly. A selection, "When We All Get to Heaven," was sung. The scripture reading of the hour was Psalms 150, and read by Brother C. Howard. Prayer was given by Brother C. Erwin. Another song, "Praise Him, You've Been Good to Me," was sung. Responsive reading was done with the congregation standing, and led by Sister Swain.



Enjoys Helping Kids

Billy J. Johnson, top right, enjoys doing what he can to help young people. Above he is shown with his niece & students at Mary & Mac Head Start Center.

National Black News Survey (CONTINUED FROM PAGE 1)

why the rate for black women was rising. However, many believe early detection plays a key role in defeating breast cancer. White women are much more likely to get such care than black women. Overall, there were 26.2 breast cancer deaths per 100,000 women in 1992.

No Charges to Leak to Congressman Reynolds

CHICAGO, ILL.—There will be no charges against the former police spokesman accused of leaking information about a police investigation to black Chicago Congressman Mel Reynolds. Reynolds was charged in August with sexual abuse for allegedly having sex with a 16-year-old campaign volunteer during his race for Congress three years ago. A circuit court judge dismissed charges against former police spokesman William P. Davis saying the indictment was not specific enough. Davis, however, was fired from the Chicago police force. Meanwhile, the young woman who originally accused Reynolds has tried to recant her allegations but prosecutors are continuing their cases against Reynolds.

Black Wealth Building Conference Heads to Norfolk, VA

NORFOLK, VA.—A day-long conference designed to show African-Americans how to build personal and family wealth is scheduled to take place in the Norfolk, Virginia area on Saturday, Feb. 11. The conference is the latest in a series of economic empowerment seminars being conducted by the black self-help group known as the Better Life Club. The Washington, D.C.-based organization regards "wealth building" as the key to the betterment of black lives in America. According to spokesman James Nathan, "Every problem we face as a people could be

eliminated or made less severe if we were a wealthier people. Economics is the foundation of a better life." The conference covers topics ranging from low-money-down real estate purchasing techniques to how to sponsor income-producing events. The group also arranges start-up investments for small businesses. The conference will take place at the Howard Johnson motel, 700 Monticello Avenue in Norfolk. It begins at 8:30 a.m. The local contact number is 804-467-7750.

White Man Executed for Killing Black Cheerleader

RALEIGH, NC.—Since the U.S. Supreme Court reinstated the death penalty in 1976, it has been extremely rare that a white person has been sentenced to death for killing a black person. One of those rare events has now happened in North Carolina. A 55-year-old white man—Kermit Smith, Jr.—was executed last Tuesday for the 1981 kidnapping, rape and murder of a black cheerleader—Whelette Collins. Critics of the death penalty have long argued that disproportionately, the only people sentenced to death are people who kill white people. They have cited numerous studies showing that blacks and whites who kill blacks rarely are sentenced to death. The execution of Smith for killing Collins is believed to be only the second time in North Carolina history that a white person has been put to death for killing a Black person.

Lawrence Taylor Scores Well in Business World

WASHINGTON, D.C.—Former New York Giants football great Lawrence Taylor has become a virtual overnight success in the business world and along the way has proved the critics wrong. Taylor started All-Pro Products out of his New Jersey home in 1992 and lost nearly \$50,000 on a soft

drink venture. But, he immediately formed a relationship with Rochester, New York engineer and computer whiz Aiden Strasser to market a virtual reality video game. Taylor took his company public in November 1993 and raised \$4.5 million in an initial public offering. Speculators grabbed a million shares in a matter of days. But critics said it could not last and predicted the company would fold. However, as of mid-January All-Pro stock was trading at 9 3/8 on the NASDAQ with a market value of \$24.2 million. And the computer games themselves will not hit the stores until May of this year. To the skeptics, Taylor says, "Everybody thought we were some kind of scam. We're going to be a major player."

Application for Homes from Lubbock Habitat for Humanity

Lubbock Habitat for Humanity will be opening up the application process for homes for 1995 in the near future. Families or single parents can apply after attending two home owners seminars on February 23 and March 2, 1995 from 6:30 to 9:30 p.m. at the Outreach Center, 1620 13th Street. They should bring a pencil and a calculator. For further details, please call 763-5051.

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Parkway Manor Care Center News

Last Saturday afternoon, Letha Alexander and Susie Ladd visited the residents of the Center. They reported a wonderful visit.

Hayward Lewis had an opportunity last week to visit his brother, Artis Lewis. What a time they had together.

Sister Kado Lang visited Sister Ethel Grimes last week.

Last Monday afternoon, Mary Lara who is a member of the St. Patrick Catholic Church, visited with all the residents.

Ann Day, who works with AG, and Brenda Taylor were present at the center to visit with the residents. Sister Day always comes to read to the residents.

Sister Julie Lang came back on last Wednesday afternoon to visit with Sister Ethel Grimes.

Also last Wednesday evening, members of the Parkway Drive Baptist Church visited and held worship services for the residents. What a time they had together.

Wednesday morning is a special day for the care center as Rev. W. H. Stephens has his weekly Bible study program. It is always assisted by Sister Ash Day. It is a very good program for the residents. Mrs. Mattie Wallace was also present for assistance.

On Thursday morning, Brother Birmingham, a member of the Hope Deliverance Temple Church, visited with all the residents. He is such a faithful visitor.

Brother Hayward Lewis came back on Thursday afternoon to visit with his brother, Artis Lewis.

Our own, Rev. W. H. Stephens, has been adopted as an Adopted "Grandpaw" by the Future Homemakers of America by Dhanar Struggs Junior

High School. The boys and girls visit Rev. Stephens each Thursday afternoon after school. Students visiting last Thursday were Tiffany Anderson and Jaelynn Gambles. Mrs. Cottle is their sponsor.

Last Friday afternoon, Mrs. Bula M. Perry visited with Mrs. Embrey.

Freddie Brown visited his brother, John Brown, last Saturday afternoon.

Elmer Maddox visited all the residents as he always does when he visits the care center. He always enjoys the residents, and they really enjoy him.

Albert Lincoln visited all the residents last Saturday afternoon, and reported a wonderful visit with all of them.

Mrs. Joe Benson visited her sister, Pearl Mae Thomas, last Saturday afternoon.

Letha Alexander and Susie Ladd, members of the Alexander Church COGIC, where Eldon Lumbel Thurston is the pastor, visited all the residents.

Mr. A. D. Fine and daughter visited Scutzie Moore last Saturday afternoon. They also visited briefly with Sister Ethel Grimes.

Mrs. Julie Lang came back last Saturday afternoon and visited with Sister Ethel Grimes.

RENEW ME IN THE GRACE
My spirit bows in humble praise
My soul rejoices deep
The tears that linger in my heart
I give unto thy keep
All that ever was and is
Or that what's yet to be
I count thy grace, O God,
And leave tomorrow to thee.

Rev. W. H. Stephens reporter

COPING By Dr. Charles W. Faulkner

Stress, Hypnosis and Sex Excerpts from previous columns

Stress: The best way to get rid of stress quickly is to sit down in a comfortable chair (or lie down). Take a slow, full breath of air. When you have filled your lungs, hold your breath and count to five. Then, exhale slowly. Repeat this five times in succession. Do the entire procedure every half hour and watch stress disappear.

Hypnosis: Hypnosis is not magic or mysticism. It is science. Hypnosis is a wonderful way of quickly changing bad habits into good ones. By definition, it is a temporary state of selective concentration in which you block everything out of your mind and concentrate on only one thing. It is not sleep but is similar to daydreaming. The subconscious is open to powerful suggestions.

Dating: Want a successful date? Then, try to be friends, don't look for romance, be courteous and respect the other person's feelings, don't argue or intimidate, ask easy questions, compliment the person, show interest. If the date fails, don't take it personally. Try, try, try again.

Sex: What sex acts are acceptable? Anything between a consenting male and female (with proper protection) is acceptable.

Racism: How can I deal with a racist? Tell

him that his behavior indicates that he is immature and inferior, instead of mature and superior. If the racist behavior persists (in public) return it in kind, (on the job) report it to the Urban League NAACP, Rainbow Coalition, or similar organizations.

Spanking: Is spanking a good form of discipline? No. Spanking is child abuse and means that the parent lacks knowledge of psychology. It could result in permanent physical disability for the child and may mean that the parent needs long-term personal counseling.

Crack: Crack is the worse of the drugs because it addicts you quickly (before you realize that it has control of your life). Also, crack offers a destructive means of making a living for thousands of young people. It hooks your mind and blocks your development as a person.

Job Loss: What should you do if you lose your job? Guard against depression by seeing it as an opportunity to try something new. Maintain a regular schedule of activities. Don't oversleep or overeat. If you don't know how to find a job, consult an experienced job counselor. If you can't handle it emotionally, consult a psychologist. Your city services offer this free of cost to you.

ART ON SATURDAY
10:00 a.m.—1:00 p.m. Saturday, March 4, 11, 25; April 1, 8 1995 Parkway Neighborhood Center

Parkway Neighborhood Center is now taking sign up for *Art on Saturday*—a new art and creative writing program sponsored in cooperation with the Fine Arts Center of Lubbock. The program is open to junior high age youth in grades 6, 7 or 8.

Participants in *Art on Saturday* may actually sign up for one of two program projects. Participants in the art project will work with a professional artist to design and paint a mural. The mural will be painted on canvas panels and installed in the lobby of the Parkway Neighborhood Center.

Participants in the creative writing project will work with instructor Gail Blackman to write and illustrate a book. A copy of the book will be provided to each participant.

Because they will meet concurrently, youth may sign up for either the art or creative writing aspect of the program, but not both.

Art on Saturday will meet every Saturday between March 4 and April 8 from 10:00 a.m. to 1:00 p.m.—excluding March 18 which is LISSD spring break. A public exhibit/reception will be held on the last day of the program (April 8) during which both project groups will display their work.

The time for the reception/exhibit is tentatively set at 2:00 p.m. Parents, family, friends and the general public will be welcome to attend the exhibit.

Individuals interested in the *Art on Saturday* program must sign up by Friday, March 3. Call the Parkway Neighborhood Center at 763-3963 to sign up. There is no charge for participation in the program. Up to 30 youth (enrollment is limited to 15 for each project) may participate in *Art on Saturday*.

The Parkway Neighborhood Center, located at 405 N. Mar in Luther King, Jr. Blvd., is a United Way sponsored agency which provides recreation, tutoring, dance classes, scouting and other programs to the residents of the Parkway/Clery Point area. *Art on Saturday*, a new program for the agency, is the first of several planned visual arts activities to be implemented. Costs for *Art on Saturday* are underwritten by the Fine Arts Center of Lubbock.

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CULTURAL LINKAGES AT TAMPA'S BUSCH GARDENS—Anheuser-Busch executives John E. Jacob, executive vice president and chief communications officer (left), and Wayman F. Smith III, corporate affairs vice president (far right), hosted The Honorable Zubair Kazaura, Nigeria's ambassador to the U.S., at the company's internationally known Busch Gardens family entertainment park during the Ambassador's recent visit to Tampa, Fla. Solomon Gavin, a resident artist at the 300-acre park whose biographical paintings are receiving broad acclaim, presented his self-portrait in watercolor to the Nigerian official. Anheuser-Busch has commissioned Gavin to create a series of paintings and limited edition lithographs with proceeds from sales targeted for charitable purposes.

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WOMEN SEEKING MEN

OPEN MINDED
SF 19, 5'4", medium brown skin, dark brown eyes, attending college. I'm fun, loving, sweet, open minded, honest, respectful, spontaneous and mature. I like to have fun & have no kids. Looking for a friendship first. Looking for a young single man 19-25. Race or religion is not important. Please call Ext. 46950

RASYGOING
SF 32, blue eyes, brown hair, easy going. I would really like to meet a nice person to hang out with. I like candles & fireworks. My qualifications are: I like to be given roses, I love a man who will kiss my hand and love a man who will open doors for me. Call Ext. 47674

FUN TO BE AROUND
SFB 22, outgoing, fun to be around. Would like to meet a mature, single Black male 21-27. Must have a great sense of humor & love to talk. Call Ext. 47500

LIKES FISHING
DWF 55, I would like to meet a male companion 45-70, to go out on the town with, I like fishing & country music. If you feel like you could keep up with me, please respond. Call Ext. 46750

LOVES HUNTING
SF 19, 5'8", 120 lbs., with long golden brown hair & brown eyes. I don't drink, smoke or do drugs. I'm interested in getting to know those of you that are 18-33, not overweight & not on drugs. I'm interested in anyone who values hunting. I'm a small town girl with values & morals. Call Ext. 47200

SLIM BUILD
SM 19, 5'6", 30 years of age, with a slim build. Call Ext. 46288

AF, FECTIONATE
SFB 18, brown skin, college student in the Dallas area. My personality consists of being nice, loving, affectionate, caring, respectful, open minded, honest, strong willed, mature & responsible. I like to have fun. I have no kids. I'm looking for a friendship before a relationship. Call Ext. 46930

LOOKING FOR A FRIEND
DWF 32, Christian, from the Victoria area. Looking for a friend. I like to go motorcycle riding, water skiing, hunting, going to the beach & going to church on Sunday mornings. Call Ext. 47500

WANTS TO HAVE FUN
SF Looking for someone who wants to have fun. I'm young & attractive, have long black hair, dark brown eyes. Looking for someone who is between the ages of 18-23, preferably handsome. Please Call Ext. 47871

WORLD TRAVELER
SF Looking for some kind of world traveler & adventurer, even if all you can afford is a cup of coffee & good world travel talk. I hope to talk to you. Call Ext. 46938

LOVING
SFB 21, 5'4", caramel brown skin tone & a beautiful smile. I have dark brown eyes & off black hair. I'm a nursing student & currently attending college. I'm loving, caring, intelligent, outgoing & friendly. Looking for a single Black male 23-30. Must be a non-smoker, non-drinker, drug & disease free. Call Ext. 47387

MATURE
SFB 22, outgoing, fun to be around. Would like to meet a mature, single Black male 21-27. Must have a great sense of humor & love to talk. Call Ext. 47500

HUSTON AREA
SFB 55, tall figured, live in the Houston area. Looking for a single Black male 40-60 who likes to have fun and spend time together. Who also likes going to the movies, to the beach, bowling, fishing or chilling out. Someone who knows how to be themselves and how to treat a lady. Call Ext. 46801

LIKES WALKS IN THE PARK
SF 35, Seeking a young man for a friendship. Ages 35-40. Enjoy sports, dining out, quiet evenings at home & walks through the park. Call Ext. 46760

LOVES BEING WILD
SF 18, I love to have fun, go to movies & be wild. I'm a go to church & am a hard worker. I'm looking for a man 20-25, who is educated, employed, supportive & secure. Call Ext. 46952

VERY OUTGOING
SF 13, dark brown complexion, shoulder length hair, 5'4" very outgoing, very romantic. I love outgoing people. If you're an outgoing person & you love to have fun & be very romantic, please leave a message. Call Ext. 4-348

FRIENDSHIP FIRST
DF 36, 5'7", 130 lbs., with blonde hair & blue eyes. I like alternative music, partying & dancing. I'm looking for a friend to have a relationship. I would like an attractive male between the ages of 25-30 years old, who has a personality I can appreciate a night home with me. Please call Ext. 46991

CUTE
SFB 18, 5'4", medium brown skin, dark brown eyes, reddish-brown hair & a college student. I'm nice, cute, loving, affectionate, caring, respectful, honest, strong willed, mature, responsible & intelligent. I'm looking for a single young man, between 18-25. Race & religion is not important. You must be a non-drinker, non-smoker, drug & disease free. I'm looking for someone who is nice, friendly, considerate, mature, responsible, fun, intelligent, caring, open minded & has a good sense of humor. Call Ext. 46340

MUST BE HONEST
SWF Have a unique hair, 19, long blonde hair, blue eyes, 5'8", 115 lbs. Looking for a male, 19-30, race doesn't matter. Must be honest, caring & sincere. Call Ext. 47292

SEEKS SENSITIVE, YET STRONG MAN
SF 19, 5'5", very well built, 18, long blonde hair, blue eyes, 5'8", 115 lbs. Looking for a male, 19-30, race doesn't matter. Must be honest, caring & sincere. Call Ext. 47292

EMPLOYED
SF 18, employed, 5'5", nice. Looking for someone that is 5'11", self employed, a Christian with no children. Ages 18-26. Please Call Ext. 46347

STRONG WILLED
SFB 18, 5'5", medium brown skin, reddish hair, brown eyes. Seeking friendship or companionship. I'm very intelligent, strong willed & like to have fun. Looking for someone who is between 18-25, who is nice, smart, loving, sincere, intelligent, considerate, independent, responsible, affectionate, honest, smart, has a good head on his shoulders, non-drinker, non-smoker, drug free & strong willed. Race unimportant. Call Ext. 46340

SINGLE PARENT
SF 21, big brown eyes, Auburn hair, professional, single parent. I like everything from wild nights out to quiet evenings at home. Looking for a man who is between 21-30 who is conservative but yet has a wild side. Call Ext. 46419

SEEKS GOOD LOOKING MAN
SF Looking for someone tall, handsome & preferably not overweight. You should be good looking. Dark hair & eyes are a plus. Live in Irving. Call Ext. 46773

LOVES TO TRAVEL
DBF 35, professional, very attractive, fair complexion. Looking for a Black male only, age 28-42. I don't have any children. I enjoy a little bit of this and a little bit of that. I love to travel. Call Ext. 46760

INDEPENDENT
SFB 35, professional, non-smoker, drug & disease free, no addictions, college educated, good personality, attractive, have 2 miles & every body talks about them all the time. Independent, don't have any children, have 2 little dogs though. I like going to the movies, when it gets cold outside I like cuddling up in front of a fireplace & eating popcorn & laughing. I also like museums & traveling. Looking for someone that is drug & disease free & has a pretty spontaneous nature. If you think you're this person & you're attractive (that would be nice), you don't have to be Dan Juan or anything or Demzal. Demzal Washington would be nice but if you're not that's ok. I do like dark skinned men. Call Ext. 46760

LIKES TO COOK
SM 25, Looking for a wife, well right now, a friend, between the ages of 19-28. I like to cook & treat women like women should be treated. Call Ext. 47653

WELL GROOMED
SM 19, 26, employed, financially secure & well groomed. I like to spoil whoever I'm dating. I'm into my music & a bit of composing. The woman I'm looking for has to be well put together & intelligent. Please call Ext. 47899

LIKES NATURE WALKS
DWM 33, 5', 185 lbs., blonde hair, blue eyes, in the Army. I have 2 kids of my own. Interested in the outdoors such as hunting, fishing & hiking nature walks. I'm interested in meeting a young White female 18-30. Call Ext. 47899

OUTDOORSY PERSON
SM Early 40's, but look like I'm in my mid 30's. I'm an outdoorsy type person. Leave a message. Call Ext. 47630

LOVES WORKING OUT
SM 28, college graduate, employed, 6'2", 200 lbs. Looking for an intelligent, articulate, attractive girl to hang out with & hopefully get to know better. I'm a Christian. I love to go out & do outdoor things. Call Ext. 47678

LIKES OUTDOOR ACTIVITIES
SM 19, 25 years of age & 10'. I like outdoor activities, staying at home, reading, etc. I would like to meet someone around my age group who I could enjoy doing things together. Call Ext. 47671

FRIENDSHIP
SM Early 30's, employed. Looking to meet an Asian female for dating & friendship. Please leave a message. Call Ext. 47633

SEEKS CHARMING & SIAN LADY
SWM 28, 5', 185 lbs. Seeking friendship with Asian females, 21-35. I'm fascinated by Asian women - intelligence, fun, Japanese, beauty & charm. Call Ext. 47652

LIVES ON THE EDGE
SWM 5'11", Looking for an athletic woman, 21-40 that is looking to live on the edge. Call Ext. 47588

ENJOYS POETRY
SWM 19, Seeking the woman who enjoys the subtle peace of life & the natural occurrences associated with intellectual conversation. I'm 5'11", 175 lbs. I have sky blue eyes. I enjoy poetry, the outdoors, philosophy & new things. Call Ext. 817169

GOOD LOOKING
SM 29, 5'8", 175 lbs., good looking, good sense of humor, intelligent, fun to be around. I enjoy doing lots of activities. Leave a message & I'll tell you more about myself. Call Ext. 47524

HAVING FUN IN LIFE
SM 5'9", employed. My wife like to meet a nice young lady who has an understanding on having fun in life. Call Ext. 47562

LOOKING FOR...
DM 6', Caucasian, blonde hair, blue eyes, 33. Looking for someone with a little wit & intelligence. Call Ext. 47866

MONOGAMOUS RELATIONSHIP
SM in the military. Looking for a single female between the ages of 20-30. Someone who likes to have fun. Someone who is looking for a monogamous relationship. Call Ext. 47580

LIKES TO DANCE A LOT
SM I would like to meet a female who likes to go out, have fun & dance a lot. I like all kinds of music. I'm 5'7", 170 lbs., good looking & clean cut. I'm looking for someone who is over 21, for conversations & hanging out. Call Ext. 47502

LIKES PLAYING RACQUETBALL
SHM 19, 22, 6'2", with brown hair & brown eyes. I love the outdoors, watching football games & playing racquetball. I'm looking for a single female between the ages of 20-23 years old, who has similar interests, for a serious relationship. Race is unimportant. Call Ext. 47984

GOOD PERSONALITY
SM 19, 5'8", 150 lbs. I like sports, going to the movies, taking walks in the park, singing in the shower & working out. I'm looking for a girl who likes sports & singing in the shower. I'm looking for someone with a good personality & a good sense of quality time with me. Call Ext. 47048

FINANCIALLY STABLE
SM 30, 5'9", 190 lbs., well built, have dark hair & an olive complexion. I like to work & I'm seeking a one on one relationship with a single White female, 18-30. If you like the outdoors, listening to classic rock, country music & you can tolerate listening to some Grateful Dead every once in a while give me a call. I'm easy going, very financially stable, have a very good paying job & live in Northwest Houston. Call Ext. 47181

SOUTHWEST HUSTON AREA
SM in Southwest Houston. Looking for a lady who's interested in having a good time. Call Ext. 47189

ENJOY LIFE TO ITS FULLEST
SM 19, 5'7", 8' tall, with brown hair, blue eyes & a mustache. I'm seeking a single or divorced White female 20-30, who enjoys living life to its fullest. Call Ext. 47428

OUTGOING
SBM 19, 27, 5'5" & 135 lbs. I enjoy the outdoors & live in an area where I'm interested in an attractive, outgoing Black, White or Hispanic female 30 or younger, with a light complexion. Someone who's height and weight is proportionate. Should be drug free, honest and like to have fun. Call Ext. 47428

LIKES WALKING IN THE MOONLIGHT
DM 45 going on 35, in good physical condition. I enjoy bicycling & walking in the moonlight. Call Ext. 47358

HARD WORKER
SM 19, 24, 5'9", 140 lbs., a hard worker & business man. I'm looking for a comfortable & single female who is proportionate & not over 5'5". Call Ext. 47386

ENJOYS GOING TO THE BEACH
SM 19, 24, 5'9", 140 lbs., a hard worker & business man. I'm looking for a comfortable & single female who is proportionate & not over 5'5". Call Ext. 47386

NON-SMOKER, SOCIAL DRINKER
Enjoy outdoor activities, going to the beach, going for quiet walks & spending quiet moments at home watching videos. I love animals & kids (I have a son). We'd like to meet someone 25-35 or older, under 140 lbs. Someone petite. You can be White or Oriental. Call Ext. 47300

CLEAN CUT
SM I would like to meet a female who likes to go out, have fun & dance a lot. I like all kinds of music. I'm 5'7", 170 lbs., good looking & clean cut. I'm looking for someone who is over 21, for conversations & hanging out. Call Ext. 47502

LOVES HARD ROCK
SM I'm a singer who dresses in over size clothing. I love hard rock, heavy metal, etc. I have long blonde hair & green eyes. Call Ext. 47441

IN GOOD HEALTH
DM 19, a young man who is outgoing, a romantic & lives in Boies, TX. I'm good health & shape. I like to go out for nice dinners, enjoy jazz, music & golf. I'm looking for someone who is caring & honest. I prefer someone who is a little younger than myself. Call Ext. 63810

MARRIAGE MINDED LADY
SRM 6', dark brown skin & a medium build. I enjoy shooting pool, horseback riding, a variety of things. I'm very open minded & Jay to get along with. I'm searching for a marriage minded lady. Call Ext. 47021

NEW TO THE AREA
SM 5'6", 135 lbs., 25, new to the area. Would like to meet a lady who's 20-28 years old. Race doesn't matter. I can't smoke or drink. I like to travel, watch movies & just hang out. Call Ext. 47221

INTEREST IN MUSIC
SM Athletic, romantic, 27, Seeking 30-45 year old brunettes. Interested in the arts, sports & music. Serious relationship. Call Ext. 47276

ENJOYS GOING OUT FOR DINNER
DWM 19, 40 & have a teenage daughter. I enjoy sports, going out to dinners, the movies, renting movies, etc. I'm looking to meet a single or divorced White female 30-45. Call Ext. 47276

GOOD TIME
WM 6'2", 185 lbs., 20. Seeking a single female that is spontaneous, likes sporting events & just going out & having a good time. Call Ext. 47276

AFFECTIONATE
SBM From Houston, 26, has 3 children. I'm interested in meeting a lady between 18-25, race doesn't matter as long as she is nice, loving & caring. Want a lady who likes to be loved, likes attention & being cared for. Call Ext. 47034

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A Look At Our Past!

by Eddie P. Richardson

As written last week, since this is Black History Month, we will devote the rest of this column for the month of February to this cause.

We still say that if America devoted its time to true history of all Americans, we would have no need for ethnic history, Black or any other observations. But as H. G. Wells said many years ago, we have been fed the "poison called history." The following is reprinted from *In Freedom's Footsteps: From The African Background to the Civil War, International Library of Negro Life and History* by Charles H. Wesley.

Although laws were passed around the middle of the Nineteenth Century placing the blacks in perpetual servitude, many Negroes were free and were engaging in business enterprises similar to those pursued by white Americans. Since the economy of the South was more agricultural than industrial, even in the formative years, it was natural for the heavy influx of Africans to be located in the southern colonies, and thus subjugation of the slaves became a primary concern of the whites. They passed laws in every southern colony to restrict and limit the activities of the blacks, both slaves and freemen. The free Negro then became a sort of semi-citizen in the South.

Although the North also sanctioned slavery in the earlier colonial period, the emphasis on industrialization brought many immigrants from Europe to that area. The need for slave labor thus decreased, and as the

need diminished the laws in the North were relaxed and slavery died a gradual death. Free blacks became concentrated in the North, especially following the Revolutionary War, and as the Northwest Territory was opened for settlement many free men left the South for the new areas, where they could obtain land and escape the dreaded hand of the bountycatcher.

The philosophy of the Revolution—equality and the rights of men—seemed to promise the blacks a new type of existence. When the war between Great Britain and the American colonies became a reality, blacks were anxious to enlist and support the doctrine of freedom and equality with their service and their lives. After the controversy was resolved as to whether they should be accepted in the army, many served the Revolutionary cause with valor. But they were to find themselves on the sidelines when freedom came in 1783.

The Constitutional Convention sanctioned slavery and continued the slave trade, although blacks themselves protested and spoke out against these inhumane attitudes of the Founding Fathers. The formation of the Bethel African Methodist Episcopal Church by Richard Allen in 1793 was the beginning of organized activity on the part of Negroes. Soon after Bethel Church was founded, Prince Hall began the organization of blacks into Masonic Order. These beginnings of institutional life among American Negroes gave them an opportunity to organize a platform from which they could verbalize their protests against slavery and the slave trade.

Let's Get Personal

By Eric H. Kearney

The Personal Touch: What You Really Need to Succeed in Today's Fast-paced Business World

by Terrie Williams with Joe Cooney, Warner Books

David Letterman's list only has 10 items. Terrie Williams's list has 20. That's the kind of energy and enthusiasm that this woman has.

Terrie Williams in her guide *The Personal Touch* provides insights and helpful hints to African-American career development. This woman went from nowhere to owning her own public relations firm and rubbing elbows with some of the biggest names in industry and entertainment. The secret behind this meteoric rise is her "personal touch" and what can only be described as unvarnished luck.

She began as a social worker. She met Miles Davis. She decided to change careers. She volunteered at a few businesses to refine her public relations skills. She started her own public relations firm. She never looked back.

Personal Touch is both autobiography and guide. It explains how one person, Terrie (make sure that you spell it correctly because she is detail-oriented) Williams, changed her career path. She decided to take a chance on doing what she really loves.

The other half of the book provides suggestions and tips on how to make it in business by building personal relationships. But the tips are not only for business, but also for life in general. Ms. Williams makes it so simple that the reader is charged with possibilities of success. So simple, in fact, that it just doesn't seem possible. Ms. Williams gives too little credit to herself, perhaps, believing that if you follow her same methods then you will be able to do dinner with Oprah Winfrey, Sharon Pratt Kelly, Chester Burger, Connie Chung, Bill Cosby, Eddie Murphy, or Mike Ovitz. What Ms. Williams leaves out in over 200 pages is that she must be a very dynamic person.

And another thing, she knows a lot of famous people. The above list is just a taste. This woman can

drop names. She knows the Reverend Al Sharpton, Nancy Wilson, Patti LaBelle, Gregory Hines, and Michael Bivins.

And this woman can talk. She talks to everyone. She talks to rep-irmsen. She talks to support staff. She talks to the rich and the poor.

She also writes. She writes to reporters. She writes to associates. She writes missives to everyone. This is all part of her personal touch.

The book is quick and enjoyable to read. It provides interesting examples of how some of the more famous people provide the personal touch—sending flowers to people, giving New York Rangers tickets, and providing excellent service. While it attempts to be motivational, its force is in that it gives examples of how to make personal contact with people in an impersonal world.

Oh yeah, Ms. Williams's list. Here's her top 20: 1. Know that your reputation is valuable; 2. Do what you say you're going to do; 3. Return all phone calls; 4. Treat everyone with respect and courtesy; 5. Be visible; 6. When you meet people, be mindful; 7. Try to develop a knack for remembering names; 8. Be an active listener; 9. Create a "small talk" notebook; 10. Be sensitive to body language; 11. Send a follow-up note; 12. Get to know the support staff; 13. Know your profession; 14. Pass articles along with a note; 15. Keep a supply of greeting cards for all occasions; 16. Write... write... write; 17. Go through your Rolodex periodically; 18. Let people know that you are available to speak; 19. Selectively donate your services; 20. Remember what Mom used to tell you—say "thank you."

Thank you.

Eric H. Kearney is a Cincinnati attorney. You can send your comments to this publication or to him at: P. O. Box 1691, Cincinnati, OH 45201-1691.



IN CINQUE

by Renetta W. Howard

I learned through observation and participation that the saying, "No pain, no gain," really has some merits. This is especially true when disciplining children of all ages. It is definitely painful to embark upon a program of discipline with a child, especially if that child has not had any purposeful disciplinary experiences in his lifetime.

Setting limits is very important in any discipline program. When limits are set, a child knows the boundaries of his activities. Once the boundaries are established, there has to be consequences for appropriate and inappropriate behavior. The child needs to be aware of the choices available to him and what the consequences entail. Some consequences may be painful to parents or other caretakers to follow through on, but once a choice is made, consequences must be followed through in order to be effective.

An example of a painful follow-through in "grounding" a child or taking away outside socializing privileges is being at home to SEE TO IT that the child stays home as directed. On the other hand, if the child is promised some reward for a job well done, there should be no reward modification or renegeing. Whatever is promised should be awarded. Let us get "in cinque" and make the disciplining of our children meaningful even though it pains us to follow through.

THIS N THAT

JUNKYARD DOES NOT CREATE A POSITIVE IMAGE!! THIS N THAT... heard residents of... EAST LUBBOCK... talk about the... JUNK YARD... on MLK Blvd... and they are... RIGHT... as it has been an... EYESORE... since the time of... MAYOR W. D. ROGERS... At that time... RESIDENTS... complained and nothing has been done... and they are still... CONCERNED ABOUT THIS... BLIGHT ON THE EAST LUBBOCK COMMUNITY... Now this... CONCERNED BODY... of citizens... should take their... CONCERNS... to the City of Lubbock and if it ever CHANGES OWNER-SHIP then this business could cease to exist... Regardless... something could be done about this... EYESORE... In a recent fire at this location several years... ago... the... TEXAS WATER COMMISSION... found no fault with establishment... but it would appear that if... this body of people would... contact this agency... maybe the situation would be revisited and just maybe SOMETHING COULD BE DONE... Anyway it is worth another stab... and who knows what may happen... MLK BLVD... doesn't need a... JUNK YARD... near a living quarter for hundreds of our people... Let's hope the... DUNBAR NEIGHBORHOOD ASSOCIATION... will look into this matter... and even with the help of the... CHATMAN HILL ASSOCIATION... there could perhaps... be some positive movement to overcome this ill...

TTU WILL SPONSOR YOUTH SPORTS PROGRAM!! THIS N THAT... had an opportunity... that is... with the help of retired educator... GEORGE SCOTT, JR... to visit with... DR. ALFONSO SCANDRETT, JR... program administrator of a new program... being sponsored by... THE ATHLETIC DEPARTMENT OF TEXAS TECH UNIVERSITY... The program... will bear the name of... NATIONAL YOUTH SPORTS PROGRAM... and will be expected to... work with at least 300 BOYS AND GIRLS for six weeks this summer... The program according to Dr. Scandrett... will involve... such activities as football... basketball... soccer... volleyball... aerobics... golf... flashball... softball... swimming... badminton... tennis... track and field... wrestling... Also there will be EDUCATIONAL PROGRAMS involving alcohol and drug awareness... nutrition... disease prevention and personal health... CAREER OPPORTUNI-

TIES... HIGHER EDUCATION... and JOB RESPONSIBILITIES... A nutritional services component will include... TWO MEALS per day and one will be HOT... As far as THIS N THAT is concerned this is perhaps the... FIRST EVER... time the Texas Tech University... is reaching out in the... HAVE NOTS COMMUNITY... to give some of our... YOUNG PEOPLE... and opportunity to learn more about them... It's about time to see this take place... and we... SHOULD SUPPORT THIS EFFORT... THIS N THAT... hopes DR. SCANDRETT will avail himself to the EAST LUBBOCK COMMUNITY so all the questions will be answered... For more info... call him at... 742-0150... More on this later...

GROUND BREAKING NUMBER 2!! THIS N THAT... along with others... participated in the... SECOND GROUNDBREAKING OF A HABITAT HOUSE... which will be constructed at... 2406 HICKORY AVENUE... HABITAT FOR HUMANITY... who is being assisted by the... FIRST UNITED METHODIST CHURCH... are working hard to see that this area in... CHATMAN HILL ADDITION... will begin to move as other neighborhoods... along with other programs... CHATMAN HILL... SHOULD BEGIN TO FLOURISH... THIS N THAT... hopes this will continue... and we are appreciative of the efforts of the... members of First United Methodist Church... This church is funding this program with \$26,000...

D. C. KINNER THE BARBER SAYS: The... SG CALLED PEOPLE... who hang around... YOU... when you are... DOING WELL... are those you... LOSE... when things get... REAL TUFF... IT'S SAD WHEN WE LOSE A GOOD PROGRAM!! THIS N THAT... really hates to see the demise of the... JIM KIMMEL CENTER... as it had done... GOOD WORK... for many people who were in trouble... and now it will... CLOSE ITS DOORS... within thirty days... When will we get... WISE... and understand the need for such facilities... It appears as though... the tax side of the coin... sets the infrastructure in place... and along come the corporate side... and we lose a good Program... Well... that's the way it really goes... but our... YOUNG PEOPLE... lose out... Now when we really learn...

President Clinton Names Samuel J. Simmons to the White House Conference on Aging Policy Committee

The President named Samuel J. Simmons to the White House Conference on Aging Policy Committee on January 24, 1995.

Samuel J. Simmons, of the District of Columbia, is the President and Chief Executive Officer of the National Caucus and Center on the Black Aged, Inc. (NCBA). Since assuming the leadership of the NCBA, Mr. Simmons has developed the organization into a major service and advocacy organization working on behalf of the Black elderly. Prior to his accepting the Presidency of NCBA, Mr. Simmons was the President of the National Center for Housing Management. In addition to serving the private non-profit community, he has been Assistant Secretary for Equal Opportunity, U.S. Department of Housing and Urban Development and the Director of Field Operations for the U.S. Commission on Civil Rights.

The Policy Committee of the White House Conference on Aging has the responsibility of planning the myriad of details related to the convening of the 1995 White House Conference on Aging. The conference is to be held Feb. 2-5, 1995, at the Washington Hilton, in Washington, D.C.

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The Southwest Digest is an independent newspaper serving the Lubbock, West Texas, South Plains of Texas and Eastern New Mexico areas printing the news impartially, reporting what it believes to be right without opposing what it believes to be wrong without regard to party politics.

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We may be critical of some things that are written, but, at least you will have the satisfaction of knowing they are truthful and to the point.

People will react to that which is precise, and we will publish these articles as precisely and factually as is humanly possible. We will also give credit and respect to those who are doing good things for the Lubbock Area and the people. We will be critical of those who are not doing as they have said they would, and this, we think, is fair.

So, this is our resolution to you. Feel free at any time to call this office for information concerning this newspaper or any other matter that is of concern to you.

This is not a propaganda sheet, made to chastise or vilify. This is a newspaper made to educate and not to agitate.

The opinions expressed by guest columns or editorials are not necessarily the opinions of the publishers/editors or those of the advertiser. Comments and pictures are welcome but the publishers are not responsible to return articles unless a self-addressed envelope is submitted. All notices must be paid in advance. Story deadline is 9:00p.m. Friday. Advertisement deadline is 3:00p.m. Friday or if camera ready, Monday at 12:00 noon. Member A.O.L.P. (Assault on Illiteracy Program)

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SPORTS

Negro Leagues Licensing Program Royalties to be Announced at Super Show

Royalties received from Major League Baseball Properties' pro bono Negro Leagues licensing program were announced and checks presented at a press conference held on Sunday, February 5, at 11:00 AM in the press conference room, located next to the press room at the Super Show in Atlanta.

On hand to accept the check for the players were Wilmer Fields a former Negro Leagues player with the Homestead Grays, Don Motley, for the Negro Leagues Baseball Museum, and Rachel Robinson for the Jackie Robinson Foundation. The checks will be presented by Don Gibson, Vice President and

General Counsel for Major League Baseball Properties.

The Negro Leagues Licensing program, officially launched at last year's Super Show, has been extremely successful. From July through November, 1994, retail sales totalled \$3.4 million dollars. As a pro bono program, 100% of the revenues generated from the sale of the merchandise is distributed to former Negro League players, The Negro Leagues Baseball Museum and the Jackie Robinson Foundation.

Harlem Globetrotters Initiate Fan Club

ALHAMBRA, CA—In an ever-increasing effort to service their fans, the Harlem Globetrotters have begun their first-ever fan club. This marks the first time in the team's 69-year history that Harlem Globetrotters fans will be able to be part of the "World's Greatest Basketball Show."

Fan club members will receive a personalized membership card, an official fan club t-shirt, a collector's patch, an autographed team photo, a team roster, a Harlem Globetrotters pennant, bumperstick-

er and button. Members will also be placed on the Harlem Globetrotters mailing list in order to receive regular Globetrotter publications. The entry fee is just \$15 (plus \$4.95 shipping and handling).

For more information on the 1995 Harlem Globetrotters Fan Club write: Harlem Globetrotters Fan Club, 1000 S. Fremont Ave., Alhambra, CA 91803-1349 or call (818) 457-7272

Arthritis Facts

HOUSTON—Arthritis sufferers can control joint pain if they have access to a pool and remember the "three R's": relaxation, range of motion and resistance.

"Regular exercise can be better than medication for many people. Pool therapy is good for working sore joints because body weight is supported by water," said David Brennan, an assistant professor of physical medicine and rehabilitation at Baylor College of Medicine in Houston.

The first step—relaxation as easing into the pool, tensing the muscles and slowly relaxing them several times.

The second "R"—range of motion—involves slowly rotating and flexing the joint or joints needing exercise. This part of pool therapy sometimes requires the help of a professional therapist to determine if the arm or leg is moving correctly.

"Because of pain or a lack of mobility, some people with arthritis are not able to move an arm or leg the way it once did," Brennan said.

Resistance, the third "R," builds muscle strength around the joint by increasing the speed of underwater movements. Strap-on devices that capture more water with movement can create greater resistance. Some high-tech pools can provide additional resistance by

creating stronger underwater currents with jets or paddles.

A typical pool workout should last about 30 minutes, longer if the patient can also do some light swimming or deep-water running for a cardiovascular workout.

Brennan says a heated pool is better for arthritis therapy because warm water aids movement and decreases pain. The ideal temperature is between 88°F and 90°F. Higher water temperatures may affect the cardiovascular system and limit the workout. Colder water increases pain.

The key to successfully using the "three R's" to reduce arthritis pain is to progress through them slowly. Since movement in the water appears easy, some people, particularly the elderly and the obese, can overdo it, Brennan said.

"Many people with arthritis pain have not exercised in quite a while," said Brennan. "Starting slowly will ensure that the cardiovascular system is not overworked and it will decrease muscle soreness the next day."

Consult a physician, and if possible, a pool therapist before starting any sort of exercise for arthritis. Progress slowly through the "three R's" and arthritis pain may eventually lessen.

Local Author Receives Grant

Mr. Russell Hughes, the Executive Director of Lubbock's Arts Alliance, recently informed Mrs. Katie Parks that she is a recipient of a "One-Thousand Dollar Cultural Grant" to assist in completing her book, *Remember When? A Pictorial History of African-Americans in Lubbock, Texas*. Mrs. Parks states that because of illness, and two deaths in her immediate family, she hasn't worked on the book lately, but she now has the assistance of several authors, and will be able to release the book in early 1995.

Mrs. Parks thanks Mr. Hughes, the Grants Review Committee, The Lubbock Arts Alliance Board of Directors, and the Lubbock City Council.

Mrs. Katie Parks

A Mini-Lesson in Black History

by Renetta W. Howard

Rayford W. Logan and Irving S. Cohen have written a book upon the belief "that a better understanding of American history—and of the role of Negroes in that history—can do much to close the gap now dividing the American people (*The American Negro*, 1970)."

Colored, Negro, Afro-American or Black history IS American history, but it is that part which so many textbooks have omitted. Consequently, a vast majority of the learned population of America and the rest of the world are ignorant regarding the history, past and present of the majority minority group in this country. I have found deprivation with the history of the frontier in the west and especially Texas in textbook treatments. It is improving.

Black history began in Africa, the motherland of all civilization. The oldest fossils of humans known to anthropologists were found in Africa, in Tanganyika, which is now Tanzania, in 1958, by Dr. L.S.B. Leakey (*The American Negro*, 1970), according to most credible sources. (There are some educators who refuse to acknowledge the facts (*Before The Mayflower*, 1969). Therefore, it is from the outset that Black history has been distorted. Elements of the White Anglo-Saxon Protestant society have successfully given the rest of the world the notion that anything worth praising or saving has had its beginnings in a WASP setting, or was a WASP. We have been led to believe that Cleopatra and Nefertiti, Egyptian queens, were not Black; King Tut was not Black; the Egyptians are not Black; the greatest mystery of all time, the pyramids, were not designed and engineered by people of color. In the Jan. 7, 1991 issue of JET, page 8, a naturalized American Citizen from Egypt, waged a battle against the U.S. government to be legally declared Black instead of White "... The

U. S. Department of Immigration Directive Number 95 classifies him as a white man... [and] provides White with legal ground to claim Egypt as a White civilization." (Mostafa Heiny).

In *American Negro Slave Revolts* (1943), Negro slaves and Spaniards inhabited a community near the mouth of the Pedee River in what is now South Carolina about 1526, and it was here that the first slave revolt took place. After much illness and death, the remaining Negroes and Spaniards who did not go to live with the Indians, returned to Haiti.

The most commonly known arrival of Blacks to America dates back to August, 1619, "before the landing the Mayflower... when a captured Dutch warship, commanded by an Englishman," landed in Jamestown, Virginia with twenty Negroes aboard, to be sold to the planters for food, fresh water and fixed terms of labor (Logan and Cohen, 1970). This was the beginning of more than two hundred years of Black slave trade in America and another two hundred years of second-class citizenship. The fourth century Afro-Americans, currently residing in America—since 1954, the date "Jim Crow" was shot down, have and continue to experience mixed signals from the majority group (C. Van Woodward, *The Strange Career of Jim Crow*, 1968). De facto segregation and discrimination is still being practiced in America.

Renetta W. Howard received her BA degree in Social Science from Jarvis Christian College in Hawkins, TX and MA in Social Science from Atlanta University in Atlanta, GA, both traditionally Black colleges. She earned an MA degree in Educational Administration and Supervision from Chicago State University. Further study has been done at Texas Tech University in Lubbock, TX. Mrs. Howard currently teaches Social Studies at Alderson Junior High School in Lubbock. She previously taught Social Studies in the Chicago Public Schools.

DHS Alumni Association Will Meet

Members of the Dunbar Alumni Association will meet Sunday afternoon, February 12, 1995, in the cafeteria of Dunbar-Struggs Junior High School. The meeting will begin at 5:00 p.m.

This is a very important meeting, and all members are asked to be present.

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"Give, and it shall be given unto you; good measure, pressed down, and shaken together, and running over, shall men give into your bosom. For with the same measure that ye mete withal it shall be measured to you again" (Luke 6:38).

The world as a whole does not seem to understand the meaning of Luke 6:38. If people did understand, it would change their whole lives.

An illustration of the fact is the old story of the beggar who waited eagerly for the prince to come by and then hailed him, crying, "A gift! A gift! A gift from the dear, prince to the poor beggar!" The prince, seeing the beggar, ordered, "Attend to that man's gift." Whereupon a servant said to the beggar, "Before you receive the prince's gift, what gift do you have for the prince?" The beggar, surprised, stammered and stuttered. Finally he reached into his pocket, pinched off a small piece of a loaf he carried there,

and gave it to the servant. The man thanked him, and said, "Be here tomorrow, and you will receive the prince's gift." The next day the beggar awaited the servant's coming, but was greatly disappointed when he received only a tiny nugget of gold. The servant explained, "The prince is grateful for the crumb you sent him. He sent a nugget of gold the same size as the gift he received." The beggar cried, "I wish I had given him the loaf!"

Jesus promised that the Christian will be rewarded in proportion to the broadness of his practices. It is the law of the harvest: "He which soweth sparingly shall reap also sparingly; and he which soweth bountifully shall reap also bountifully" (2 Corinthians 9:6). But it is also the law of multiplication. What you plant is marvelously multiplied.

When we plant the seeds of love, fertilize them with mercy, and cultivate them with forgiveness, the harvest of blessings will be great. The heaps of blessings may not all come in our lifetime on earth, but we have a whole eternity to live under the shower of God's blessing.

Thanks for the many continued lessons on planting, Rev. Edwin Scott. Many Lubbockites who heeded your advice have seen fruition from their labor.

The Outreach Prayer Breakfast

We met in the home of Sis. Christine Burleson on Saturday morning at 9 a.m. Devotion by Sis. Rogers and Sis. Burleson, Roma J. The opening scripture lesson was by Sis. Mamie Young. Exodus 6:3—I am Jehovah the Almighty God who appeared to Abraham, Isaac, and Jacob.

I'm Jehovah Elohim, Eternal Creator.
Jehovah Adonai, the Lord Sovereign Master Jehovah.
Jehovah Jireh, the Lord our Provider.
Jehovah Nissi, the Lord our Banner.
Jehovah Raphaiah, the Lord our Healer.
Jehovah Shafohn, the Lord our Pence.
Jehovah Tesidkeeni, the Lord our Righteousness.

This speaker said, Look where God has brought us. Why don't we serve him??

God's blessings come with a covenant. Every promise in the word of God is ours. Precious promises.

To us, Sis. Young, we love you. You have much knowledge of God's Word and dividing it beautifully.

Why are diseases allowed in this world? Unbelief, continuing in sin, not seeking God's face.

He is ready to heal this land. He's always ready. What about us? II Chronicles 7:14, Mark 11:22-26, Matt. 13:58. The greatest is unbelief, unbelief, unbelief.

Come join us. We met the first Saturday of each month, and the third Saturday at the Nursing Center at 10 a.m. Keep smiling and loving those who do ungodly things to you. Pray for them. This is the best way.

Write us at P.O. Box 1223, Lubbock, TX 79404. D. Hood, Pres. Ernestine Francis, Sec.

Better Life News THE ART OF WAR & HOW TO WIN IN LIFE An Idea Whose Time Has Come By Robert N. Taylor

Over 2,000 years ago a mysterious Chinese warrior-philosopher authored a book entitled *The Art of War*. While the book was primarily aimed at ensuring victory on the battlefield, it nevertheless contains very important messages for dealing with competition and conflict in general as well as the art of winning in life which is very frequently a battle. Thus, in this week's column, we will highlight some of the key points established by Sun Tzu when he wrote *The Art of War*.

#1—Know The Way! By knowing "The Way" Sun Tzu meant that a warrior on the battlefield as well as in life must always have a clear vision or goal which drives his or her life. Without such a vision or goal, your life really does not have a purpose. There are many directions in life. You must be clear about which "Way" you want to go.

#2—Have A Plan! The plan is simply the strategies and tactics you will employ to achieve your vision or accomplish your goal. While a goal or goals give purpose to life, a plan gives direction to life. When developing your plan, learn from the successes and the mistakes of others. Read, study and learn. There is virtually nothing you can embark upon that someone else has not already tried. Some succeeded. Most failed. Learn from both.

#3—Master Deep Knowledge! Sun Tzu believed that certain fundamental laws governed nature and human behavior. He felt that discovering and mastering these laws was one of the most important things a warrior could do. His advice was "Know one thing and know 10,000." In other words, deep knowledge or mastery of basic natural and human behavior laws increased your knowledge by a factor of 10,000. You could indeed know 10,000 things by just understanding one basic law. One of the most basic laws was that the vast majority of human behavior was driven by the ying and yang needs of seeking pleasure and avoiding pain. These needs, both physically and emotionally, explain the great bulk of human behavior.

#4—Be Invincible! Invincibility meant that you must know and understand the enemy better than he knows and understands you.

#5—Speed! An American football coach once described speed as the art of being quick but not hurrying. Sun Tzu probably would have agreed with him. He was a great advocate of speed when taking an action. But Sun Tzu believed that the mother of speed was preparation. His advice was simple: "Speed and surprise are the best ways to overcome an enemy. But both require preparation."

#6—Be Invisible! A key Sun Tzu dictum was invisibility. On one hand he believed that you should keep your plans or intentions secret until you were actually ready to implement them. And on the other hand he believed in being subtle or not obvious. He advocated invisibility to the point of also advocating deception. Sun Tzu saw no moral problem in deceiving an opponent.

#7—Fullness! The word "fullness" was Sun Tzu's way of saying be strong. This dictum applied to both the physical and the mental. Physical strength comes as a result of exercise while mental strength comes from study.

#8—Win Without Fighting! This is Sun Tzu's most famous dictum. He reasoned that war or conflict is harmful to both the loser and the winner. Thus, it was best to achieve your goals without having to fight. The only way to accomplish this is by not allowing problems to arise in the first place. And if they do arise, solve them quickly. In "The Art of War" he tells the story of two ancient Chinese doctors. One became famous because he treated illnesses and had a very high success rate. But the second doctor never became famous because he taught prevention. Thus, the people in his village seldom became ill. Sun Tzu argued that the second doctor was actually the superior doctor because he prevented illnesses from arising in the first place. That story clearly explains what he meant when he said, "To win without fighting is best."

We Thank God for Jesus

"Will O.J. Rob God???"



Part 2

Luke 14:25, 26, And there went great multitudes with him (JESUS); and HE turned, and said unto them, If any man come to ME, and hate not his father, and mother, and wife,

and children, and brethren and sister, yea, and his own life also, HE CANNOT BE MY DISCIPLE.

We know O.J. has many disciples, IT IS FOLLOWS WHO HAS LEARNED HIS WAYS, ONLY IF JESUS HAD AS MANY PREACHERS; PREACHING OF HIM, IN THE LAST DAYS.

John 3:14,15, Jesus said, And as Moses lifted up the serpent in the wilderness, even so must the Son of man be lifted up; That whosoever believeth in him should not perish, BUT HAVE ETERNAL LIFE.

You can just say: O.J. and people know his life story, by that name, BUT JESUS CHRIST: THE WORLD KNOWS LITTLE OF HIM; SHAME, SHAME, SHAME

1 John 2:15, Love not the world, neither the things that are in the world. If any man love the world, THE LOVE OF THE FATHER IS NOT IN HIM.

AMERICA is a business country; She loves MONEY OVER BODIES AND SOULS, THE O.J. THING SELLS COMMERCIALS; RIGHT NOW HE IS LIKE BLACK GOLD.

1 Timothy 6:10, For the love of MONEY IS THE ROOT OF ALL EVIL; which while some coveted after (AMERICA). They have erred from THE FAITH, and pierced (HURT) themselves through with many SORROWS.

This is another TRICK OF THE DEVIL; PUTTING BLACKS AGAINST WHITES, THE DEVIL DON'T care how the trial come out; WRONG OR RIGHT.

(THIS trick of the DEVIL; while mankind is watching the O.J. they're not LISTING TO THE VOICE OF GOD. GOD is calling the roll, SOULS are LOST, every second on their WAY TO HELL. When O.J. was RUNNING FROM THE LAW; many people wanted him to get AWAY, THAT'S WRONG! BUT AMERICA IS LAWLESS.)

◆◆◆◆◆ WILL O.J. ROB GOD???"◆◆◆◆◆

O.J.'S LAYERS, the ones AMERICA CALLS: THE DREAM TEAM, O.J. DON'T EVEN NEED THEM; HE NEEDS JESUS, THE MAN FROM NAZ'ARENE.

Matthew 2:23, And he came and dwelt in a city called Nazareth: that it might be fulfilled which was spoken by the prophets, HE (JESUS) shall be called a Nazarene.

O.J.'S LAWYERS, THEY'RE OUT TO GET ALL THEY CAN; OF HIS MON'NEEE, SO HE NEEDS JESUS, HE'S ALREADY MADE IT POSSIBLE; FOR O.J. TO BE FREE.

John 8:32, Jesus said, And ye shall know the TRUTH (JESUS), AND THE TRUTH SHALL MAKE YOU FREE.

Like the woman who was CAUGHT IN THE ACT (ALL EVIDENCE); OF ADULTERY, HER LAWYER WAS JESUS; HE WROTE ON THE GROUND. LOOK AROUND, AND SET HER FREE.

John 8:7b, 8, 10, 11, Jesus said, He that is without sin among you, let him cast a stone at her. And again he stooped down, and wrote on the ground. When JESUS had lifted up himself, and none but the woman, he said unto her, Woman, where are those thine accusers? hath no man condemned thee? She said, No man, LORD. AND JESUS said unto her, Neither do I condemn thee: GO, AND SIN NO MORE.

(The Jury has 8 blacks, do you think 1 out of the 8 won't try and save one of their own? Thinking the white man have been trying to frame and kill blacks for years. And one will vote, to save O.J., WITH NOT GUILTY.)

But JESUS wants O.J.'S NAME, WRITTEN IN THE LAMB'S BOOK OF LIFE, AND HE O.J. MUST EXCEPT JESUS; WHETHER OR NOT, HE KILLED HIS WIFE.

Luke 19:9, 10, Jesus said, This day is SALVATION come to this house (O.J.'S), forasmuch as he also is a son of Abraham. For the SON of man is come to seek and to save that which was LOST.

WE KNOW THAT ALL THE WORLD, WILL REJOICE; WHEN O.J. IS SET FREE, BUT ALL GOD'S HOST OF HEAVEN REJOICES; WHEN JESUS MAKES MAN FREE.

Luke 15:10, JESUS said, Likewise, I say unto you, there is JOY in the present of the ANGELS OF GOD OVER ONE SINNER THAT REPENTETH.

Revelation 3:20, JESUS said, Behold, I stand at the door and knock; if any man HEAR MY VOICE, AND OPEN THE DOOR, I will come in to him, and will sup (DINE) WITH HIM, AND HE WITH ME.

◆◆◆◆◆ THEN AND ONLY THEN; CAN O.J. TRULY SAY: FREE AT LAST, FREE AT LAST, THANK GOD FOR JESUS, I AM FREE AT LAST; GLORY TO THE LORD. ◆◆◆◆◆


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**Code Blue/Atlantic Records Recording Artist
 Sherman Robertson to Perform in Lubbock,
 at Stubb's Barbeque, Sunday, February 19**

Blues guitarist/vocalist Sherman Robertson will perform in Lubbock, at Stubb's Barbeque, Sunday, February 19. Code Blue/Atlantic Records recently released Robertson's *I'm The Man* CD. The recording captures Robertson's deeply expressive vocals and Texas/Louisiana-flavored blues guitar, which he combines with elements of soul, jazz and rock. Critics are heralding Sherman Robertson as one of the most promising traditional bluesmen on the scene, often comparing him to the likes of Albert King, B.B. King, and Robert Cray.

I'm The Man was produced by Code Blue chief Mike Vernon, an accomplished producer whose credits include John Mayall, Eric Clapton, Ten Years After, Savoy Brown, David Bowie, and Freddie King, among others.

Stubb's Barbeque is located at 620 19th Street. Its phone number is 747-4777. Sherman Robertson's show starts at 11:30 p.m. Admission is \$5.00.



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City-Wide Ushers Will Meet

The City-Wide Ushers will meet Saturday, February 11, 1995 at 5:00 p.m. at Faith First Baptist Church, 1504 East 15th St. Rev. N.R. Garrett is host pastor.

All ushers who can meet, we are asking you be present. We need Lyons Chapel, St. Mark, First Progressive, St. James Baptist Churches, and all others.

Trials are intended to provoke us, but to prove us. This is a new year, so let's forget our canned food items. Bring two (2) cans each meeting or twenty-four (24) cans.


Brother W. Walker, President; Sister Lou Harris, Vice President; Sister A. Sander, director; and Sister Minnie Darthard, Secretary/Reporter.



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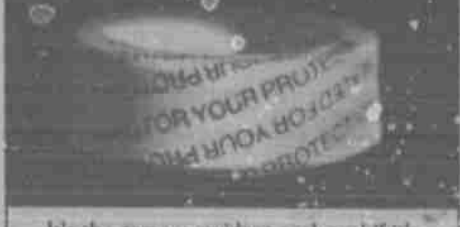
LOTS OF WINNERS

Thank You, Lubbock

The Visions of Light choir would like to thank you, the community, for the contributions that were made during the Musical Workshop. We extend special thanks to Alexander Chapel for the use of their facilities and all the Pastors, churches, and choirs that made the event possible, Rising Fast Motors, Office Depot, Curry Funeral Home, First Class Awards and others. Your services, contributions, and participation were greatly appreciated. We pray that you will continue to keep Visions of Light in your prayers throughout our other activities.

The choir is currently preparing to attend a gospel fest, March 4 at the University of Texas. Min. Cornell Murrell will conduct a mini-workshop during the gospel fest. On Sunday, March 5, the choir will travel from Austin to San Antonio for a morning worship service. There are some seats available. Cost of the trip is \$45.25 per person. This includes 3 meals and hotel accommodations. Any interested party should contact Rev. Cory Powell at 742-4290 by February 10, 1995.

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KLBK-TV, a CBS affiliate in Lubbock, Texas is accepting applications for a full-time News Producer for the 6 and 10 p.m. newscast. A degree in broadcasting journalism or related field required. Commercial or strong college program experience preferred. Must be computer literate and have experience with editing 3/4 inch video. Strong writing, people and organization skills a must. Applications are being accepted through February 10, 1996. Send resumé to Sally Post, News Director, KLBK-TV, 7400 South University Avenue, Lubbock, Texas, 79423. FAX: 806-748-2250. KLBK-TV ENCOURAGES MINORITY EMPLOYMENT AND TRAINING AND IS AN EQUAL OPPORTUNITY EMPLOYER.

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Johnson's Tigers

In the grand tradition of the celebrated wild animal attractions of yesteryear, Wilson Barnes, undisputed master of the steel arena, presents a miraculous exhibition of man and beast. For the very first time, Circus Gatti presents "Wilson" and his cage of ferocious Bengal tigers.

The Circus Gatti Will Appear in Lubbock Sunday

The Circus Gatti, World's Largest International 3-Ring Circus, will appear Sunday, February 12, 1995 at the Lubbock Municipal Coliseum, with two performances at 2:00 p.m. and 6 p.m. This is an established American tradition, featuring over 100 performers. This event is sponsored by the Lubbock Fire Fighters Association. The Fire Fighters Circus is a great way for the family to have fun and support their community at the same time. The huge 3-ring circus will have all new circus stars. Among them will be the Singing Ringmaster, Ferocious Tigers, High Wire Acts, Clowns, 80-foot-high Swaypoles, Roman rings, aerial Corps de Ballet, High Diver, herd of elephants, Russian catapult swing, motorcycle globe of death, and many others.

"It will be a great show, as it is breathtaking, brilliant, and amazing," says Toby Ballantine, director of marketing for Circus Gatti.

"Preventing Crime—and Dreams Deferred" Walter D. Broadnax - Deputy Secretary of Health and Human Services

Our streets are less safe, our children are being killed in record numbers, and, day after day—in our neighborhoods, churches and schools—we've seen the tragedies borne of frustration, and too many of what Langston Hughes called "dreams deferred."

But, in our struggle against crime and violence, we've also seen the unsung heroes who line our streets—parents working hard to teach their children right from wrong, community organizations reaching out to steer the next generation along the right track, and young people, who, with a little encouragement, and a lot of courage, are reaching up towards the stars—and beyond.

I'm talking about eighteen-year-olds like Lawanda Jones of Texas.

Lawanda grew up in the West Dallas Housing Projects—with the burdens of poverty, illness and drug addiction tearing at the fabric of her family.

And, when the pressures at home became too much to bear, she decided to drop out of high school—just two months shy of graduation.

But, her support system—a school counselor and a mentor at her Boys and Girls Club—wouldn't hear of it. They became a second family, helping her overcome obstacles and draw upon her personal strengths to build a better life.

Today, Lawanda is a freshman at East Texas State University, with a full scholarship in English, ambitions to pursue a Law degree—and an unlimited future at her fingertips.

Success stories like Lawanda's are being written all over the country.

At the Department of Health and Human Services, we just announced a \$4.25 million grant to 16 Historically Black Colleges and Universities (HBCU) to establish violence research and prevention programs on their campuses.

This means that we can better tap into the strength within our black colleges and universities—some of our community's most respected and cherished institutions—and use that power today to fuel the solutions of tomorrow.

It means that business majors will help families develop budgets—and stick to them; sociology majors will work with social services agencies to help match residents with job training programs; and, education majors will work with children to help them finish their homework and succeed in school.

And, it means that students and faculty members concerned with the violence they see going on right outside their gates will now be able to lock arms with the government and community organizations to heal our wounds and save our children's lives.

We know that there's no single solution to the wave of senseless violence that has engulfed our country. It's a delicate balance—and this bill strikes it just right.

It includes more police officers, additional prisons, tough new penalties for violent crimes, and a ban on military-style semi-automatic assault weapons.

However, these measures, by themselves, are not enough; we also need to break the vicious cycle of crime and violence before it starts.

That's why the Crime Act includes a major investment in prevention, with support for:

- Community centers to provide young people safe havens in their neighborhoods where they can go for healthy activities and help with their problems after school, on the weekends and during the summer.

- The Violence Against Women Act, which includes a national hotline, rape prevention education, and support for safe places that help battered women and children get out of harm's way.

- Drug Courts that use the leverage of the court system to make sure that nonviolent drug offenders receive treatment, get off drugs, and stay out of trouble.

- Community youth academies that give dropouts and troubled youths second chances at an education and a future.

- And flexible funding for your community so that you can choose the best crime prevention strategies to meet your local needs.

Opponents of the Crime Bill called the prevention programs "Pork," but I call them "smart." Smart because prevention is about making an investment in our children. It's about reweaving the fabric of our communities in troubled areas instead of giving up. And it's about providing every generation of young people with goals to aspire toward and shoulders to stand on.

I believe that the Crime Bill and the grant to our HBCUs represent substantial steps forward, but they are not cure-alls. The fact is, government alone will never solve our crime problem.

The Acting Company in

The African Company Presents "Richard III"



A play about the first known US African-American theater troupe's performance of "Richard III"

Tuesday, Feb. 14
TTU Allen Theatre
8 pm
742-3610



Sponsored in part by a grant from the Lubbock Arts Alliance



Keio University (of Japan) Alumni Association of Southern California recently presented the Creative Learning Centers of Los Angeles with a \$3,000 donation to assist it in its education efforts. Participating in the presentation ceremony are, standing from left: Celes King III, Congress of Racial Equality (CORE)—California Chairman; Joyce Madison, Administrator of Creative Learning Centers; Masakazu Sekine, Keio Alumni Vice Committee Chairman; Fred Y. Sakurai, MD, Keio Alumni Chairman; Frank Elmore, CORE-CA Vice Chairman; and Tyie Rensen. The Creative Learning Centers focuses on teaching learning skills to kindergarten through sixth-grade students.

Ted Phea Club Membership Drive

The Theodore "Ted" Phea Jr. Boys & Girls Club is having a membership drive the entire month of February. The Boys & Girls Club will be having different events to take place daily, so don't miss out on the fun.

During the membership drive, the first 100 to sign up will receive a 2-liter soda.

The cost for a membership is \$5.00 a year. For just a few pennies a day, youth can enjoy fun and safe activities year round. So parents, sign your son(s) and daughter(s) up today.

For more information contact D'Aun or Trent at 763-0204 or come by 1801 E. 24th Street.

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TWO BIG SHOWS
DOORS OPEN ONE HOUR BEFORE

Sunday, February 12, 1995
Lubbock Memorial Coliseum
3:00 p.m. & 6:00 p.m.

PRESENTED BY:
Lubbock Fire Fighters Association

NO WATER IN HELL!

WARNING! HELL IS WAITING FOR YOU!

JESUS CHRIST (the Son of God) DESCRIBES HELL TO BE:
A LAKE OF FIRE! (Rev. 20:10-15)
A PLACE OF TORMENT! (Luke 16:22-24)
A PLACE WHERE LOST SOULS NEVER DIE — AND THE FIRE IS NOT QUENCHED! (Mark 9:43-48)
A PLACE OF WEEPING — WAILING — AND GNASHING OF TEETH! (Matt. 25:30) (Matt. 8:12) (Matt. 24:51)
A PLACE WHERE SINNERS AND UNBELIEVERS DRINK OF THE WINE OF GOD'S WRATH (Rev. 14:10)
A PLACE WHERE THE SMOKE OF THEIR TORMENT ASCENDETH UP FOREVER AND EVER. (Rev. 14:11)

ALL LIARS, ADULTERERS, FORNICATORS, SORCERERS, (Enchanter with drugs) MURDERERS, AND UNBELIEVERS, ARE GOING TO SPEND ETERNITY IN THE LAKE OF FIRE! (Rev. 21:8) (Rev. 22:15)

MOST PEOPLE ARE GOING TO HELL!

(Jesus said so!) (Matt. 7:13-14)
THERE IS NO WAY TO ESCAPE OUT OF HELL! FOREVER! — AND EVER! THERE IS NO PURGATORY! (Read Luke 16:19-31)

AWAKE! AWAKE!

YOU ARE GOING TO HELL! — UNLESS YOU SINCERELY, WHOLEHEARTEDLY - REPENT OF YOUR SINS! THEN - "BELIEVE IN THE LORD JESUS CHRIST" AS YOUR SAVIOR AND LORD! - THEN - FOREVER FOLLOW HIM! - LOVE HIM! - OBEY HIM ALL THE DAYS OF YOUR LIFE!

NO SIN - OR SINNER - WILL EVER ENTER HEAVEN! - AND HELL IS THE ONLY OTHER PLACE YOU CAN GO!

REMEMBER! - CHURCH MEMBERSHIP OR GOOD WORKS OR GOOD MORALS, - OR ANYTHING ELSE, WILL NEVER SAVE YOU! JESUS SAID, "YOU MUST BE BORN AGAIN." (John 3:3-8)

Please send for more free literature concerning the reality of Hell — and eternal torment — and God's Plan for your salvation. (Non-Sectarian)

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