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An Independent Pictorial Newspaper for All People
Primarily Serving the Black Population of Lubbock County and the Surrounding Area
Black Press of America



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JULY 3 THRU JULY 9, 1986

What To The Slave Is The Fourth Of July?

(Editor's Note: The foregoing is an excerpt from a speech delivered by Fredrick Douglass in Rochester, N. Y. on July 5, 1852 entitled, "What To The Slave Is The Fourth Of July?" One hundred and thirty-four years later, Mr. Douglass' words reverberates. One only needs to drive through West and East Lubbock to realize that there are still great disparities. What can be the soundness of the judgment which allows a significant area to deteriorate economically in such an unbalanced fashion? Would not an overall steady growth be more appealing to the citizenship of Lubbock and to those contemplating relocation to Lubbock?)

Fellow-Citizens—Pardon me, and allow me to ask, why am I called upon to speak here to-day? What have I, or those I represent, to do with your national independence? Are the great principles of political freedom and of natural justice, embodied in that Declaration of Independence, extended to us? and am I, therefore, called upon to bring our humble offering to the national altar, and to confess the benefits, and express devout gratitude for the blessings, resulting from your independence to us?

I say it with a sad sense of the disparity between us. I am not included within the pale of this glorious anniversary! Your high independence only reveals the immeasurable distance between us. The blessing in which you this day rejoice, are not enjoyed in common. The rich inheritance of justice, liberty, prosperity, and independence, bequeathed by your fathers, is shared by you, not by me. The sunlight that brought life and healing to you, has brought stripes and death to me. This Fourth of July is yours, not mine. You may rejoice, I must mourn.

At time like this, scorching irony, not convincing argument, is needed. Oh! had I the ability, and could I reach the nation's ear, I would to-day pour out a fiery stream of biting ridicule, blasting reproach, withering sarcasm, and stern rebuke. For it is not light that is needed, but fire; it is not the gentle shower, but thunder. We need the storm, the whirlwind, and the earthquake. The feeling of the nation must be quickened; the conscience of the nation must be roused; the propriety of the nation must be startled; the hypocrisy of the nation must be exposed; and its crimes against God and man must be proclaimed and denounced.

What do the American slave is your Fourth of July? I answer, a day that reveals to him, more than all other days in the year, the gross injustice and cruelty to which he is the constant victim. To him, your celebration is a sham; your boasted liberty, an unholy license; your national greatness, swelling vanity; your sounds of rejoicing are empty and heartless; your denunciations of tyrants, brass-fronted impudence; your shouts of liberty and equality, hollow mockery; your prayers and hymns, your sermons and thanksgivings, with all your religious parade and solemnity, are to him mere bombast, fraud, deception, impiety, and hypocrisy—a thin veil to cover up crimes which would disgrace a nation of savages. There is not a nation on the earth guilty of practices more shocking and bloody, than are the people of these United States, at this very hour.

Go where you may, search where you will, roam through all the monarchies and despotisms of the old world, travel through South America, search out every abuse, and when you have found the last, lay your facts by the side of the every-day practices of this nation, and you will say with me, that, for revolting barbarity and shameless hypocrisy, America reigns without a rival.

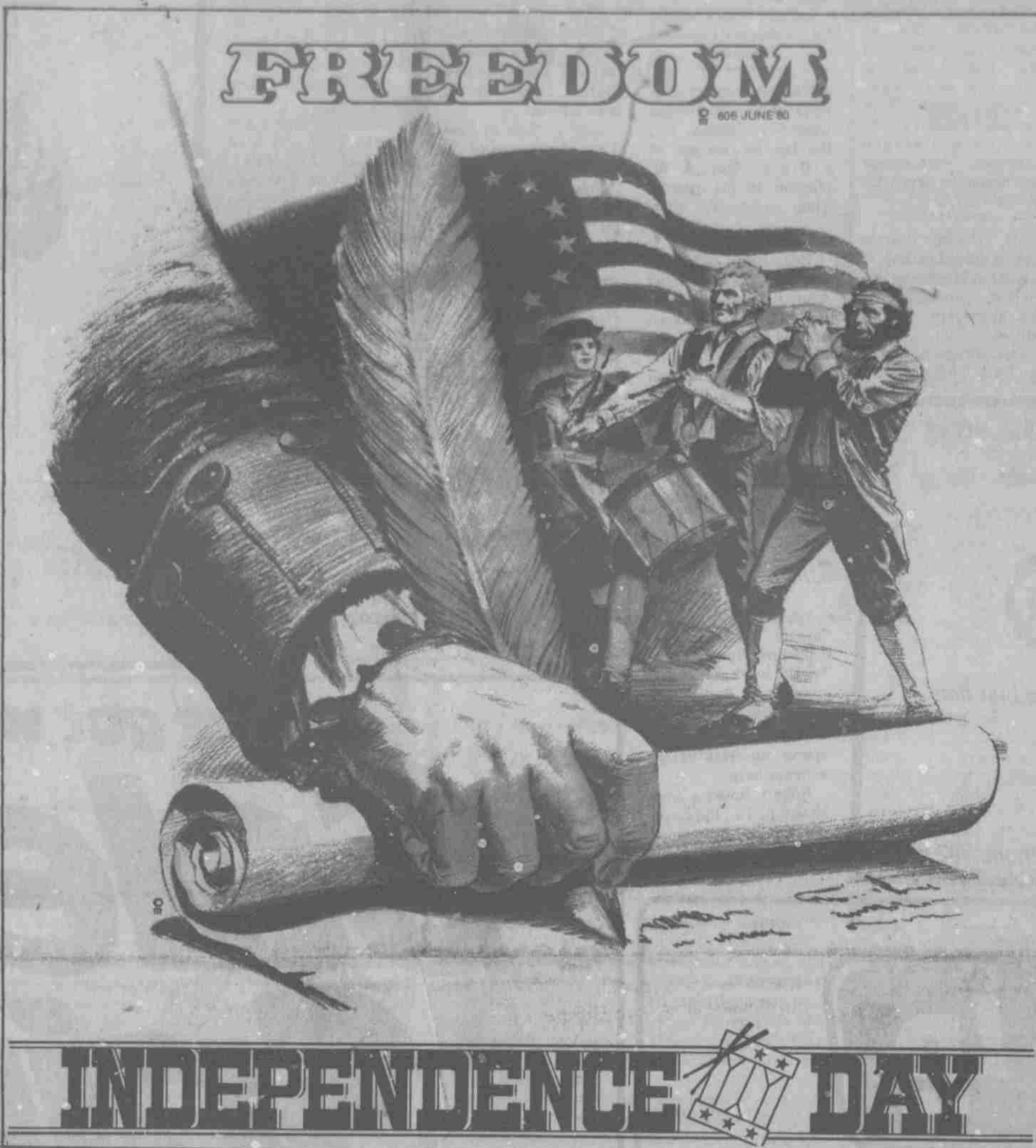
Black News Briefs

New Supreme Court To Be Less Friendly To Black Rights

Washington, DC - The general consensus among civil rights organizations is that the U. S. Supreme Court will become less sensitive to the needs and rights of Blacks if President Reagan's nominations are approved. The decision by chief justice Warren Burger to retire next month gave Reagan the opportunity to nominate associate justice William Rehnquist to head the court and federal appeals court judge Antonin Scalia to fill the vacant position. Both Rehnquist and Scalia are conservatives who have consistently voted against the expansion of legal protection for Blacks, women, criminal defendants and the news media.

High Court Allows Norfolk To Abandon School Busing

Norfolk, Va. - The U. S. Supreme Court last week allowed the city of Norfolk, Virginia to abandon a school busing program which had been designed to integrate the city's schools. The decision marked the first time a school district has been allowed to drop a busing program. Lawyers for the city argued that the busing program had led to "white flight" from public schools and that the system was in danger of becoming mostly Black. The court rejected a petition by 22 Black parents which claimed abandonment of the busing program would lead to resegregation.



Cooke Named Vice President

Atlanta, Georgia—Mr. Charles F. Cooke III, a native of Lubbock, (Texas) has been named Vice President at Carnegie Wealth Management, the financial services affiliate of the

influential investment advisory, *The Wall Street Digest*.

Mr. Cooke has joined the firm's new Southeast Regional office in Atlanta, Georgia.

Mr. Cooke has been



Charles F. Cooke, III

responsible for managing diverse financial portfolios of individual and corporate clients. Before that, he was Assistant Vice President of the Atlanta Life Insurance Co, where he was in charge of a special marketing operation. He has also served with a major insurance company as a financial planner, working with professional athletes and business owners.

Mr. Cooke holds an A.B. degree in Business Administration from McPherson College in Kansas, and an M.B.A. degree in financial management from Georgia State University, Atlanta. He is a member of the International Association of Financial Planners, a fellow of the Life Management Institute and a partime instructor at the Georgia State School of Business. He has taught financial planning in the continuing education program at Spelman College in Atlanta.

Lubbock Country Club Honors Earnest Hicks, Jr.



HONORS HICKS—Members of the Lubbock Country Club, in ceremonies Sunday, June 22, 1986, honored the late Earnest Hicks, Jr. with a sculpture of his head and shoulders for his faithful services to the club.

Members of the Hicks family were present to see the unveiling of the bust of Hicks.

Hicks is shown above with an unidentified employee of the Lubbock Country Club.

WIC Program Available At Well Baby Clinic

Lubbock Well Baby Clinic invites eligible Lubbock County residents to participate in the WIC Program. WIC stands for Women, Infants and Children; the program provides nutritional education and assistance to individuals who qualify. Pregnant women, nursing moth-

ers, infants and children under five years of age, may be served by this federally funded program.

Individuals who qualify for WIC, based on income level and nutritional need, will receive free food vouchers for milk, cheese, infant formula

and other foods needed for a healthy diet. These vouchers may be redeemed for the specified foods at participating grocery stores, which include most of the stores in Lubbock County.

To make arrangements to be screened for

Con't on Page 8

Lubbock Chamber Sponsors Activities

The Lubbock Chamber of Commerce is the sponsor of two major community-wide events marking the Fourth of July.

The traditional parade will begin at 10 a. m. after assembling in the Jones Stadium parking lot. The route will take the

marchers down to Broadway to the parade's conclusion at the Lubbock Memorial Civic Center. Former Texas Governor Preston Smith is the Parade Marshal this year. About 100 units are entered in the parade.

At noon, the chamber will host the Early Settlers Reunion Lunch-

eon. Music with a patriotic flair will keynote the program and the oldest resident of Lubbock present will receive special recognition. While the luncheon honors the city's oldtimers, it also is open to the public. The chamber office will take reservations through Wednesday.

For more information, contact Bob Etheredge, 763-4666.

Happy Birthdays
America!

RUBY JAY'S CORNER



On Sunday, June 29, 1986, Sunday School got under way with Supt. E. Swain at his post of duty at 9:30 a.m., at New Hope Baptist Church, 2202 Birch Ave., where Rev. S. C. Nash is pastor. The morning worship service began at 10:45 a.m. and devotion was led by Deacons Swain

and Givens. Mrs. Ida Johnson served as broadcast announcer and Ms. Anita Henry made the church announcements. The church choir provided the worship music, as Pastor Nash offered the altar prayer and the morning message, entitled "Some First Century Positives For Twentieth Century Churches." The message was based on Acts 1:13-14; 2:1-4; 37-41.

Mr. Hardin Barrow and his sister Lucille, lost a sister in Houston, Tx. Funeral arrangements are incomplete at this writing.

Our prayers go out to the Osby family who lost

a loved one. Remember our sick and shut-ins. Mr. Eugene Rogermore is home from the hospital and Rev. A. W. Wilson is back in Methodist Hospital, in room 483.

Mrs. Janie Roberts is asking that you pray for her, and for her daughter, Bobbie, who had surgery Monday morning at St. Mary's Hospital.

Let us continue to pray for the sick and bereaved in our community.

New Hope motored to Rose of Sharon Baptist Church in Odessa, Tx., Sunday for service at 3:00 p.m. Rev. J. W. Hanson is the pastor. They celebrated their church anniversary.

Rev. Tom Collins and Lyons Chapel Baptist Church were guest for the 9:00 a.m. broadcast at New Hope, Sunday.

B. M. E. State Congress of Christian Education will be held July 21-25, 1986 at New Hope Baptist Church in Texarkana, Tx.

The New Hope Baptist Church Youth Revival will be held here July 28-

August 1. Rev. M. A. Bell of Ft. Worth, Tx. will be our evangelist.

Mr. and Mrs. Harry Stokley enjoyed their daughters from Austin, Tx. last week. Their two grandsons, Andie and Delbert Ray Toines will

spend the rest of the summer here.

Robert Boykins from Houston, Tx., the son of Clara Lee Blakemore, visited relatives here last week.

Kidstuff At The Library

Kidstuff programs, a special summertime activity for children in grades 1-6, begins at the Mahon Library on Monday, July 7 and at the Godeke Branch Library on Wednesday, July 9. All programs in the six-week series start at 2:00 p.m.

Special guests, puppet shows, and films will be featured. The schedule at Mahon, 1306-9th Street, is as follows:

July 7 "Life in Early Texas" - presented by Linda Moore.

July 14 "Life in the Middle Ages" - presented by the Society for Creative Anachronism.

July 21 Appearance by Clowns Floyd "No No the Hobo" Cox and Delbert Stoney Stone.

July 28 Stories, Puppet Show, and film "Tale of Two Critters."

Aug. 4 Magician Monte Holder.

Aug. 11 - Stories, puppet show, and film "The Circus Comes to Town."

The schedule at Godeke, 6601 Quaker, is as follows:

July 9 - Magician Peyton Fullingim.

July 16 - Karate Demonstration.

July 23 - "Disney Day" - four Disney films.

July 30 - "Unusual Pets" - presented by Richard Evans.

Aug. 6 - "Disney Day" - five Disney films.

Aug. 13 - Mime Larry Robards.

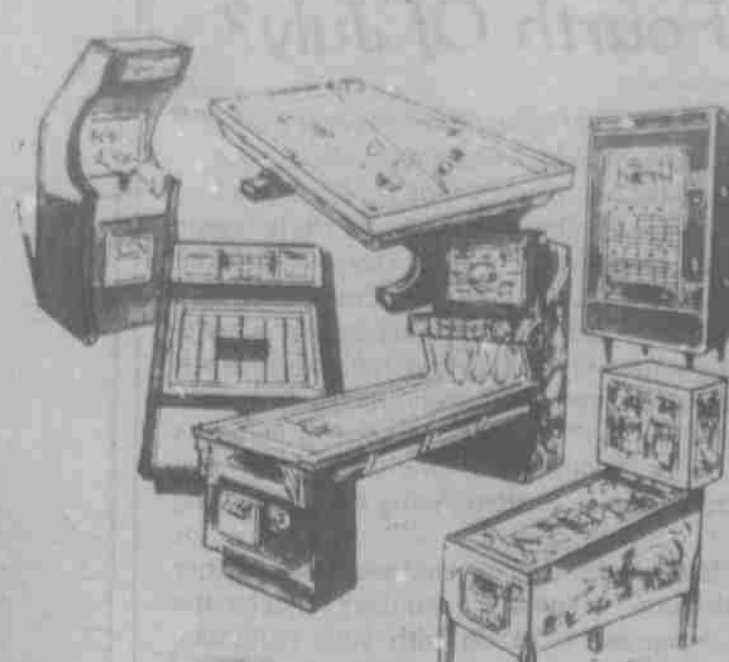
Storyhour for 3, 4, and 5-year-olds is also scheduled during Kidstuff. For further information, call the Library at 762-6411, ext. 2828.



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10 Lbs Extra Lean Ranch Steak \$12.99
10 Lbs Slab Hibs \$15.99

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3 Lbs Hot Links
6 Lbs Extra Loin Ground Meat
8 Lbs Fryers
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EDITORIALS • COMMENTS • OPINIONS

NNPA FEATURE

COPING

by
Dr. Charles W. Faulkner



"I Want To Leave Home"

Millions upon millions of dollars are spent each year by people for counseling. Some of the expenditures are justified, especially when problems are caused by acute psychiatric difficulties such as acute neurosis (where the patient is troubled by insecurity and a lack of confidence so severe that it is impossible to mingle with other people without the risk of a nervous breakdown), psychosis (where patients have delusions in which they feel that they are the living embodiment of another person such as Napoleon or God, or they think they are talking with another individual who does not exist. We (where the individual seemingly has several alternate, distinctive personalities. These are cases in which the individual cannot be helped with reasoning and insightful counseling.

There are several other such cases. However, most personal problems can be solved with common sense - a quality that you and others like you have in abundance. With experience and confidence, you can save your money and solve your own problems.

This column will give you an opportunity to try your hand at self-counseling; solving your own problems. Here are two actual and common problems. How would you solve them? A solution will be at the end of this column. Important point to remember: there is no simple or perfect solution to any problem. If one idea doesn't work, immediately try another and another until you hit upon one that works.

No. 1. "I am an 18-year-old woman, living at home, who has worked in my parent's hair salon for several years. The salon is one of the most famous salons in this city. My parents expect me to take over operation of it after they retire. The problem is that my father is painfully domineering and criticizes everything that I do. I feel enormous stress, even when I just think about going to work. My father seems to want to criticize me even when I am doing the right thing. When I try to explain, he insults me in front of my customers. I am under so much stress that I have gained weight, suffered skin rashes, gotten high blood pressure and lost confidence in myself. I have no life of my own. What should I do? E.M.W., Paducah, KY."

No. 2. "My girl friend and I have been going together for four years. Suddenly, she stopped acting nice to me and acts like she wants to break up the relationship. I think that she is going out with someone else and has lost interest in me. I want to marry her, very much. What should I do? Mr. Simmons, Philadelphia."

Advice No. 1-Graduate from high school and seriously consider getting a job at another hair salon. This might even necessitate moving away from your family. Your health seems threatened by your domineering father who is likely to demand total obedience and no challenge to his authority, to a greater degree, when it is your opportunity to take over the business. Your stress is just beginning. Since your father will not tolerate your efforts to counter his unjustified criticisms of yourself, you have the option of requesting your mother or a mutual, sympathetic friend or relative to intervene on your behalf. If this fails to alleviate your problem, the above "drastic"
Continued Next Week

TIME INVESTED IN LEARNING TODAY HAS GUARANTEED BENEFITS TOMORROW



WHY ARGUE? THE FACTS ARE HERE!

OUR GIANTS SPEAK

FREDERICK DOUGLASS (1817-1895)
RE: "What Shall Be Done With The Four Million Slaves If Emancipated"

Frederick Douglass was born in Talbot County, Maryland in 1817. His slave name was Frederick Augustus Washington Bailey. During Douglass' years of enslavement, he was first a house servant and later a field hand. His mistress, when he was 8 years old, was most unusual in that she taught him to read and write despite opposition from her husband and the ever-present white slaveholder tradition which forbade educating slaves.

Once he was able to read and write, Frederick Douglass' mind and spirit knew no boundaries as he stealthily educated himself. In 1838 he escaped from slavery and gave himself a name of his choosing—Frederick Douglass. Three years later he became an agent of the Massachusetts Anti-Slavery Society and was sent on speaking tours to educate Northerners about the inhumane and dehumanizing horrors of enslavement.

The following are excerpts from a speech he made in 1862, the text of which was printed in Douglass' Monthly. Usually, when we think of Frederick Douglass, the editor, we associate him with The North Star, the newspaper he founded in 1847 when he returned to the United States after raising money in England with which to buy his freedom. Douglass' Monthly, which was published from 1858-1863, is not well known.

As you read these excerpts, imagine the eloquent and erudite Frederick Douglass speaking before a white audience heretofore convinced of the inferiority of the black man and his unique suitability for enslavement.

Part I of Four Parts

What shall be done with the four million slaves if they are emancipated? This singular question comes from the same two very different and very opposite classes of the American people, who are endeavoring to put down the rebels. The first have no moral, religious or political objection to slavery; and, so far as they are concerned, slavery might live and flourish to the end of time. They are the men who have an abiding affection for rebels, and at the beginning marched to the tune of "No Coercion—No Subjugation." They have now dropped these unpopular "Noes," and have taken up another set, equally treacherous. Their tune now is, "No Emancipation, No Confiscation of slave property, No Arming of the Negroes." They were driven from the first set of "Noes" by the gleaming of a half million bayonets and I predict that they will be driven from the last set, though I cannot promise that they will not find another set.

The second class of persons are those who may be called

young converts, newly awakened persons, who are convinced of the great evil and danger of slavery, and would be glad to see some wise and unobjectionable plan of emancipation devised and adopted by the Government. They hate slavery and love freedom, but they are yet too much trammelled by the popular habit of thought respecting the negro to trust the operation of their own principles. Like the man in the Scriptures, they see men only as trees walking. They differ from the first class only in motive and purpose, and not in premise and argument, and hence the answer to pro-slavery objection will answer those raised by our new anti-slavery men. When some of the most potent, grave and reverend defenders of slavery in England urged Wilberforce for a statement of his plan of Emancipation, his simple response was "quit stealing."

My answer to the question, "What shall be done with the four million slaves if emancipated?" shall be alike short and simple: Do nothing with them, but leave them just as you have left other men, to do with and for themselves. We would be entirely respectful to those who raise the inquiry, and yet it is hard not to say to them just what they would say to us, if we manifested a like concern for them, and that is, to please mind your business, and leave us to mind ours. If we cannot stand up, then let us fall down—We ask nothing at the hands of the American people but simple justice, and an equal chance to live; and if we cannot live and flourish on such terms, our case should be referred to the Author of our existence. Injustice, oppression and Slavery with their manifold concomitants have been tried with us during a period of more than two hundred years. Under the whole heavens you will find no parallel to the wrongs we have endured. We have worked without wages; we have lived without hope, wept without sympathy, and bled without mercy. Now, in the name of a common humanity, and according to the laws of the Living God, we simply ask the right to bear the responsibility of our own existence.

Let us alone. Do nothing with us, for us, or by us as a particular class. What you have done with us thus far has only worked to our disadvantage. We now simply ask to be allowed to do for ourselves. I submit that there is nothing unreasonable or unnatural in all this request. The black man is said to be unfortunate. He is so. But I affirm that the broadest and bitterest of the black man's misfortunes is the fact that he is everywhere regarded and treated as an exception to the principles and maxims which apply to other men, and that nothing short of the extension of those principles to him can satisfy any honest advocate of his claims.

(To Be Continued)



Ringling The Bell!

by
Bob Tiel



In a statement to the Southwest Digest this week, Rev. Bob Tiel, Jr., a staff correspondent and a retired Methodist minister, stated that his personal physician had ordered him to slow down his activities and give his new medication time to have its proper effect.

Tiel stated: "During my recent trip to Oklahoma and Dallas, and in spite of my intense desire to be up and going, it just seemed that my 'old get up and go' had just got up and went."

"A recent visit to a youth conference at Carter Chapel (only 200 miles round trip) convinced me that my doctor had something on the ball," Tiel added, smilingly.

I hope that my readers will forgive me and pray that attend the General Conference of the C. M. E. Church in Birmingham, Alabama, June 27, 1986, have been put on hold, pending my doctor's next examination.

Fireworks Loom At Coming Session of General Conference of C. M. E. Church in Birmingham

A multitude of problems face the coming session, according to observers. Among them are 1-A general restructuring of the church with merger or the elimination of several agencies of the church; 2- the merger or closing of the doors of some of the institutions of higher learning that are struggling to stay alive; and 3- the lowering of retirement age of bishops from 74 to 70 years of age.

Other problems have to do with greater support of mission churches and pastors of these churches. Dozens of missions have closed their doors or they are without pastors due to non-support, it was reported. Another highly emotional problem is the move in some areas of the church to add more congregational input in the selection of pastors for the larger churches. (Bishop Nathaniel Linsey visiting in this correspondent's home recently said that Methodists who don't like our system of appointments have a choice to become Baptists or Independents. Linsey is one of the outstanding leaders of Christian Methodism on the West Coast, including New Mexico, Arizona and Oklahoma). More later.

INTERESTING PEOPLE

FIRST BLACK FEDERAL JUDGE

WILLIAM H. HASTIE

AN OUTSTANDING SCHOLAR, DISTINGUISHED JURIST, MEMBER OF THE AMERICAN ACADEMY OF ARTS AND SCIENCES WAS BORN IN KNOXVILLE, TENN. RAISED IN WASH., D.C. AN HONOR GRADUATE OF AMHERST COLLEGE HE EARNED A LL.B. IN LAW AND A PH.D. IN JURISTIC SCIENCE FROM THE HARVARD LAW SCHOOL.



Letter to the Editor

Dear Editor:

I would like for the entire community to know that every Tuesday, Rev. Clarence White comes to Parkway Manor Care Center and entertains our patients and staff with the most beautiful music that has ever been written. (All gospel).

Even though many of the patients are confused and disoriented, a calm, serene tranquility engulfs them for nearly two hours. The patients who are alert and lucid, wait and see what Tuesday brings. We invite anyone who can and will to visit our home and promote rays of sunshine into our patients' lives. Volunteers are welcomed.

Why not 'adopt' a patient here? Parkway Manor is a mixed segment of society and color is not an object. Since so many of "East Lubbock's" ministers complain of other ministers and pastors not doing anything, why don't they pack up their talent and come and offer a prayer, a smile, or something nice for our patients, as Rev. Clarence White does every Tuesday. I am sure your tithes and offerings will still be available for your. You take your vacations, but I'm so glad that God never sleeps nor slumbers!!!!

Virginia DeJoneau Anderson, RN, BA
Director of Nursing
District Missionary, Pos' District
National Evangelist, COGIC



Southwest Digest

P. O. Box 2553 Lubbock, Texas 79408
\$15.00 per year - \$25.00 two years
Editors - Publishers
T. J. Patterson - Eddie P. Richardson

An independent newspaper serving the Lubbock, West Texas, the South Plains of Texas and Eastern New Mexico - printing the news impartially - supporting what it believes to be right without opposing what it believes to be wrong without regard to party politics. Devoted to the Industrial, Educational, Social, Political and Economical Advancement of Black People.

You may be critical of some things that are written, but, at least you will have the satisfaction of knowing they are truthful and to the point.

People will react to that which is precise, and we will publish these articles as precisely and factually as is humanly possible. We will also give credit and respect to those who are doing good things for the Lubbock Area and the people. We will be critical of those who are not doing as they have said they would, and this, we think, is fair.

So, this our resolution to you: "Feel free at anytime to call this office for information concerning this newspaper or any other matter that is of concern to you."

This is not a propaganda sheet made to chastise or vilify. This is a newspaper made to educate and not to agitate.

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THIS N THAT!

WHAT A PITY! THIS N THAT ... noticed the other day that the ... **BUS STOP SHELTER** ... on the corner of ... **EAST 24TH STREET & QUIRT AVENUE** ... had it ... **GLASS KNOCKED OUT** ... for the ... **SECOND TIME** ... in less than six months ... **NOW** ... come on ... this just doesn't make any ... **COTTON PICKIN SENSE** ... for us to continue this kind of vandalism in our community ... Here we are ... **WORKING LIKE THE DICKENS** ... to get this part of the city ... up to par with other parts of Lubbock ... and some ... **FOOL** ... takes time to break out the glass on this shelter ... Have the ... **PERSON** ... responsible for this act or acts ... considered that maybe one of his relatives ... relies on this shelter ... **WHEN IT RAINS OR SNOWS** ... while waiting on the bus? **WHAT A PITY!** When we ever woke up to ... being ... **POSITIVE** ... not negative about these kinds of things ...

THANKS, LUBBOCK COUNTRY CLUB! THIS N THAT ... would like to say ... a big ... **THANK YOU** ... for allowing a ... **BUST** ... of former bartender ... and good man ... **EARNEST HICKS, JR.** ... which will be seen in the halls of the Lubbock Country Club ... No doubt about it ... **EARNEST HICKS, JR.** ... worked hard and was a dedicated person ... Hope many residents of the ... **BLACK COMMUNITY** ... will be afforded an opportunity to see this bust ... **HICKS** ... was a positive example of what ... **BLACK PEOPLE** ... can do and did do ... **THANKS!**

D. C. KINNER THE BARBERS SAYS: "We ... **BLACK PEOPLE** ... can't forget from ... **WHERE WE HAVE COME FROM** ... and be willing to ... **PUT SOMETHING BACK INTO THE BLACK COMMUNITY!**"

GOOD PROGRAM! The 50th Anniversary ... of the ... **SOUTH PLAINS FUNERAL HOME** ... was quite a ... **SUCCESS** ... last Saturday afternoon ... at ... Mae Simmons Community Center ... State Rep. ... **RON D. GIVENS** ... was guest speaker ... In his speech ... **GIVENS** ... challenged the ... **BLACK COMMUNITY** ... to get involved and support the ... **BLACK BUSINESSES** ... we have in Lubbock ... and the ... South Plains of Texas ... **REV. ROSCOE ADAMS** ... mortician ... did a ... splendid job ... in putting this program together ... Owner ... **DR. ROOSEVELT TAYLOR** ... of Austin, Texas ... and wife ... were present ... for the celebration ...

WATCH OUR KIDS THIS SUMMER! THIS N THAT ... would like to ... **ENCOURAGE** ... Black parents ... to be especially ... especially ... **WATCHFUL** ... of the activities of our ... **BLACK YOUTH** ... You see ... as if you didn't know ... there is a lot of ... **DOPE** ... in the Black community ... It is ... **JUST SO EASY** ... for them to get involved ... **ONE TIME** ... with drugs ... One time ... is

just too many times ... Help ... **YOUR CHILD** ... because many don't know what they are doing!

DON'T FORGET EAST LUBBOCK! THIS N THAT ... would like to advise the ... **CITY OF LUBBOCK** ... to not forget ... **EAST LUBBOCK** ... when it comes ... **WEED CUTTING TIME** ... The weeds are growing rapidly ... all over town ... and we don't want to be left out!

HOPE HE FEELS BETTER! THIS N THAT ... sends our prayers to ... Stat. Senator ... **JOHN T. MONTFORD** ... as he was operated on this week ... Hang in there ... **SENATOR MONTFORD!**

STILL WAITING! THIS N THAT ... was very excited about the ... move made by the ... **BLACK PASTORS & MINISTERS** ... of East Lubbock as they had come together ... over twenty-five strong ... a few months ago ... But since that ... cooperative effort ... **EAST LUBBOCK MINISTERIAL FELLOWSHIP** ... nothing has been seen ... or ... even heard of at this time ... Maybe there are still some ground work needed ... But anyway ... **THIS N THAT** ... and others

are still waiting ... **BLACK PASTORS & MINISTERS** ... you can do a lot ... we are pulling for you ... We haven't forgot the ... **SPECIAL EFFORT** ... on the Lubbock Day Care Association ... but we are still waiting for other things ... It can be done ... and by working together ... with prayer ... a lot can be accomplished ...

LOOKING GOOD! Members of Bethel A.M. E. Church property ... is looking real good ...

Thanks to the efforts of the ... **TRUSTEES** ... with veteran ... **C. F. COOKE, II** ... taking hold of the rein ...

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HAPPY FOURTH OF JULY! THIS N THAT ... would like say ... **HAPPY FOURTH OF JULY, AMERICA!** Let's go to the parade ... **FRIDAY MORNING** ... Okay!!

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papers ... that we don't want to be left out when ... he visits his district ... It just doesn't look ... **SHARP** ... **CONG. COMBEST!**

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Quick & Easy Meals

by Mildred
Mildred B. Griggs, Ed.D.

Greeting the Morning

Morning is a time of fresh breezes, a day's new possibilities, smiles as bright as a sunrise. In the kitchen, where everyone's day begins, a good cook can capture that feeling. It's luxurious to dawdle over a delightful endless brunch, but a snack on the run that is prepared with special care can say "good morning" in the same way.

This week begins a 4-week series in great breakfast and brunch ideas. You'll discover new ways with old favorites and surprises that may become new favorites. Try just one recipe or a whole menu; the idea is to start every morning on the top. Until then, good cooking.

SPANISH SCRAMBLED EGGS

- Vegetable cooking spray
- 1/4 cup chopped green pepper
- 1/4 cup finely chopped green onions along with tops
- 6 eggs
- 1/4 cup skim milk
- 1/8 teaspoon pepper
- 1/4 cup Tostitos® brand Picante Sauce
- 1/4 cup (1-pounce) extra sharp cheddar cheese, grated

Coat skillet with cooking spray; place over medium-low heat until hot. Add green pepper and onions; cook until vegetables are tender, stirring occasionally. Drain and set aside. Combine eggs, milk, pepper, and Picante sauce; beat well, and pour into skillet. Cook over low heat, stirring gently to allow uncooked portions to flow underneath. Cook until eggs are set but still moist. Stir in vegetables and cook until thoroughly heated. Sprinkle with cheese. Makes 6 servings.

CHILLED FRUIT MEDLEY

- 1 small banana, peeled and sliced
- 1 medium apple, unpeeled and sliced
- 1/4 cup unsweetened orange juice
- 6 fresh strawberries, quartered
- 2 medium oranges, peeled seeded and sectioned
- 1 grapefruit, peeled, seeded and sectioned

Combine first 3 ingredients in a medium bowl; toss gently. Add strawberries, oranges, and grapefruit; cover and chill. To serve, arrange fruit on individual plates. Makes 6 servings.

WHOLE WHEAT BISCUITS

The KITCHEN BEAT

South-of-the-Border Specialties

In today's Black American home, cooking is no longer the responsibility of one person. Because of busy and varied schedules, usually every member of the family at some time or another has to prepare personal meals or meals for other members of the family. *The Kitchen Beat* is designed to meet some needs of the various cooks in the modern Black family.

Robust foods with Mexican flair have become some of America's favorites. And when you start with time-saving prepared foods, you can have this zesty Mexican-style menu ready and on the table—almost as fast as you can shout "Ole!"

Easy Mexican Supper

- Fiesta Orange-Onion Salad
- South-of-the-Border Casserole*
- Roasted Corn on the Cob with Chili Butter
- Fresh Melon with Lime
- Savory Pinch

The secret of this made-in-minutes menu? It's really no secret at all! Work-saving ingredients like bottled all-purpose barbecue sauce, cornbread stuffing mix, frozen corn on the cob and lemonade flavor-drink mix take all the glory for this delicious menu.

The next time you want a theme meal in a hurry, try this exciting menu, bursting with color and flavor. You'll see

- 1 1/2 cups all-purpose flour
- 3/4 cup whole wheat flour
- 1 tablespoon sugar
- 1 teaspoon baking powder
- 1 teaspoon baking soda
- 1/4 teaspoon salt
- 3 tablespoons margarine, softened
- 1 package dry yeast
- 1/4 cup warm water (105° to 115°)
- 1/2 cup buttermilk
- Vegetable cooking spray

Combine first 6 ingredients in a medium bowl; cut in margarine using a pastry blender until mixture resembles coarse meal. Dissolve yeast in warm water. Combine yeast mixture and buttermilk; add to flour mixture, stirring frequently. Turn dough out onto a lightly floured surface and knead 1 minute. Roll dough to 1/2-inch thickness; cut with a 2-inch biscuit cutter. Place biscuits on a baking sheet coated with cooking spray. Bake at 425° for 12 minutes or until golden. Makes 1 1/2 dozen.

NOTE: Biscuit dough may be stored in refrigerator for 3 to 4 days.

Dr. Griggs invites you to send your suggestions or questions to: Quick & Easy Meals by Mildred, Sage Feature News Service, 3101 Martin Luther King Blvd., Dallas, Texas 75215.

how easy it is to transform simple, everyday ingredients into an exciting meal the whole family will enjoy. We thank the General Foods Consumer Center for sending these recipes to us for our readers.

South-of-the-Border Casserole

- 1 cups very hot tap water
- 1/2 cup butter or margarine, cut in pieces
- 1 pkg. (6 oz.) cornbread stuffing mix
- 1 lb. ground beef
- 1 can (16 oz.) red kidney beans, drained
- 1 tablespoon chili powder
- 1 teaspoon garlic powder
- 1 cup shredded cheddar cheese

Combine hot water, butter and contents of vegetable seasoning packet in bowl; stir until butter is melted. Add stuffing crumbs and stir until moistened. Spoon half the stuffing into a glass 8-inch square baking dish. Set aside the remaining stuffing. Brown meat in skillet, drain off fat. Combine the meat, kidney beans, tomatoes and spices and spoon over stuffing in pan. Sprinkle with cheese, reserving about 2 tablespoons. Top with remaining stuffing and sprinkle with reserved cheese. Just before serving, garnish with shredded lettuce, diced tomatoes, sour cream and sliced ripe olives, if desired. Bake at 375° for 30 minutes. (Makes 4 servings.)

YOUR GARDEN

Container Gardening
By Carl Tomaner
Member, The American Horticultural Society

Apartment life no longer need keep budding horticulturalists from blooming, thanks to the growing popularity of container gardening.



Containers can be made from many materials, from unglazed terracotta to fiberglass or plastic. Fiberglass and plastic require less water so they're better choices for the gardener who is away from home during the day. Container plants need more frequent watering than outside plants, however, so be sure your container has adequate drainage. This can be assured usually through

Con't on Page 8

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**FROM THE PEN OF
PARSON D. A. SMITH**

**D. A. Smith
Pastor
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Speaking Out of Turns

Have you ever spoke out of turn? I can remember many times that I have, so to speak, "put my foot in my mouth." All of us have experienced times in our lives when we have spoken words that were not too appropriate. Perhaps you can remember the occasion when you were pressured into saying something that you ordinarily would not have said. If you can remember what happened to you, you can sympathize with Peter, who with James and John, was allowed to be a part of the mystical drama that unfolded on the Mount of Transfiguration.

Peter had just watched the garments of Jesus begin to glow and shine with sparkling radiance; He witnessed the appearance of both Moses, who had died and been buried with no man viewing the place of burial, and Elijah, who had been delivered from the power of death without suffering its pains. Moved with fear, Peter suggested they begin to construct three tabernacles; one for each of those who had appeared in their glory.

Peter did not realize that such an action would make it impossible for Jesus to fulfill His mission on earth. There was still preaching to be done; miracles to perform; the betrayal; the death on the cross; the resurrection. Jesus could not forever stay on top of the mountain. But Peter never forgot what occurred.

If we read 2 Peter 1:16-18, we will find that years later he told the story of his experience. It is important that we learn by our mistakes.

We Thank God For Jesus

"Jesus; The Yo-Yo Miracle Man"

Psalm 46:1 - God is our refuge and strength, a very present help in trouble. Lord, when we've forgotten you & left you alone, not realizing till we need you, that you're on the throne.

Lord, but just as soon as something happens, here we go, calling on "The Miracle Man like our yo-yo." (Like like some people go to church, is like playing with a yo-yo, winding in when needed & winding out when no,) we've read.

2 Chronicles 20:9 - If, when evil cometh upon us, as the sword, judgment, or pestilence, or famine, we stand before this house, and in thy presence, (For thy name is in this house,) and cry unto thee in our affliction, Then thou wilt hear and help.

Lord, so when Mother gets sick, & the Dr. says its cancer, nobody can beat us to the throne, on begging knees. (We've read).

Hebrews 4:16 - Let us therefore come boldly unto the throne of grace that we may obtain mercy, and find grace to help in time of need.

Lord, but when thing are back to normal, & going ok, we don't need you, we unwind you & send you away.

Lord, but when dad's near death, from an auto accident, we re-wind you in, from where you was sent. (we've read).

John 11:25 - Jesus said, I'm the resurrection, and the life: He that believeth in me, though he were dead, yet shall be live.

Lord, but when thing are back to normal, & going ok, we don't need you, we un-wind you & send you away.

Lord, when sister had lost her job & about to lose care & home, Look out!!! Here she comes!!! Boldly to the throne. (We've read).

Matthew 11:28 - Jesus said, come unto me, all ye that labour and are heavy laden (oppressed) and I will give you rest.

Lord, but when thing are back to normal, & going ok, we don't need you, we un-wind you & send you away.

Lord, but when little brother is impounded, in the jail, we wind you in, and you can hear our whales. (we've read).

Psalms 102:20 - to hear the groaning of the prisoner; to loose those that are appointed to death. Brothers & sisters: don't let your string brake, m loss of communication is all it takes.

Genesis 6:3a - The Lord said, my spirit shall not always strive with man.

John 12:37,3-18 - But though he had done so many miracles before them, yet they believed not him. He that believeth on him is not condemned; but he that believeth not is condemned already, because he hath not believed in the name of the only begotten son of God (Jesus). AAAMANN.

God is not through with us yet, let's pray for one another always

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Pleasant Home Baptist Church

415 North Avenue F
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The Pleasant Home Baptist Church is still once again happy to greet you in the name of the Lord, who makes everyday and keeps us. We thank God for another week and another chance to praise Him.

Our motto is: "The Church where everybody is somebody."

Sunday's lesson was "God's Tests Of A True Prophet." Scriptures were Jeremiah 23:16-18; 21-22; 28:5-9; 15-16b. The key verse was Jeremiah 23:16. It was another beautiful lesson. Attendance was good.

During Sunday's morning worship hour, everyone was at their post of duty. The

worship devotion was led by Sisters Mozella Mitchell and Fisher Wynn. Sister Mitchell read the entire number 13 of the Book of Psalm.

During the regular worship hour services, altar prayer was offered and it gave us a new life. The choir sang songs of praises. Our Saviour is still in His Holy Temple.

The morning message was delivered by our Pastor who preached from the Book of Deuteronomy 32:11. His subject was "As An Eagle Stirreth Up Her Nest." It was an inspiring sermon with good food for the soul.

This week's shut-ins include Deacon Willie L. Burleson, who is a patient in South Park

Appreciation Expressed

Our lives have been so touched by your expressions of love that we will never be the same.

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Power in Parenting The Adolescent July 9
The Family Under Fire July 16
Overcoming A Painful Childhood July 23
The Heritage July 30

Each Session Begins at 7:30 p. m.

The Outreach Prayer Breakfast

Members and friends of the Outreach Prayer Breakfast met at 9 a. m. last Saturday in the lovely home of Sister Juanita Sowell. Devotional services were very brief, and the group to the point. It was spirit filled.

The morning scripture lesson was taught by Rev. Charles Tanner, pastor of Hope Deliverance Church of God in Christ. His scripture was Psalm 103:1-3.

"Bless the Lord, O my soul; and all that is within

me, bless his holy name.

Who forgiveth all thine iniquities; who healeth all the diseases. This speaker said: "God is not only healing Blacks, wh only healing Blacks, whites or Spanish, but He is just healing people.

When you're at the end of your rope, God's rope just begins. Norman was at the end of his rope. The ones you put down sometimes have your deliverance. Let's stop feeling so important and get together so God can move in our situation.

This preacher is a preacher teacher, and you should have been present to get the full message. We love Rev. Charles Tanner. What a message he had on last Saturday!

Thought for the week:

"We are fishers of men,

not keepers of the aquarium." Think about it.

A good breakfast was served to all in attendance.

Why not come and enjoy with us. You can get the two way breakfast - spiritually and physically.

We thank our guest for coming our way. Please feel free to come anytime. Okay?

To all our sick and shut in and people who are hurting, "You can make it!"

If you feel the need, please call or write to us: **The Outreach Prayer Breakfast, P. O. Box 1223, Lubbock, Texas 79408. Or call either 747-7326 or 762-3347.**

You see, we walk by faith, and not by sight.

See you Saturday, Super People. "Spend a Saturday morning wisely!"

Continue to pray for the Prayer Tower. It's on the way. Thank you for your donations, pledges and offerings and prayers.

Closing prayer was offered by Sister Christine Burleson.

We will meet Saturday morning at 9 a. m. in the home of Sister Mary Ward, 823 Vanda Avenue.

Sister Juanita Sowell, president; Sister Christine Burleson, vice president; Sister Annie Johnson, acting secretary; and Sister Dorothy Hood, reporter.

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We believe that a church of Christ is a congregation of baptized believers (a) associated by a covenant of faith and fellowship of the gospel; (b) observing the ordinances of Christ; (c) governed by His laws; and (d) exercising the gifts, rights and privileges invested in them by His word; (e) that its officers of ordination are pastors or elders, whose qualifications, claims and duties are clearly defined in the Scriptures; (f) we believe the true mission of the church is found in the Great Commission: First, to make individual disciples; Second, to build up the church; Third, to teach and instruct, as He has commanded. We do not believe in the reversal of this order; (g) we hold that the local church has the absolute right of self government, free from the interference of any hierarchy of individuals or organizations; and that the one and only superintendent is Christ, through the Holy Spirit; (h) that it is scriptural for true churches to cooperate with each other in contending for the faith and for the furtherance of the gospel; that every church is the sole and only judge of the measure and method of its cooperation; (i) on all matters of membership, of polity, of government, of discipline, of benevolence, the will of the local church is final.

I. THE CHURCH ESTABLISHED BY CHRIST.

A. The Nature Of The Church.

1. The word church, "ecclesia" is found 115 times in the N.T. It means "assembly". It could never refer to something that was universal, invisible and scattered over the world.
2. A church is referred to as a body, building, etc., which fits the idea of a local visible assembly.
3. The N.T. names of churches enforce the idea of a local visible church. (Church at Jerusalem, Church at Antioch, etc.).
4. While we speak of the church, the home, etc., we do not mean a universal church or universal home.

B. It Was Founded Before Pentecost.

1. The first members were those who had been baptized by John the Baptist, Acts 1:21,22; 1 Cor. 12:28
2. The 12 apostles chosen and placed in the Church. Mark 3:13-21
3. Discipline of the Church given before Pentecost. Matt. 18:15-17
4. Its ordinances instituted before Pentecost. Matt. 26:26-29
5. Its commission given before Pentecost. Matt. 28:18-20
6. A business meeting held before Pentecost, Acts 1:15-25
7. Those saved and baptized on the day of Pentecost added to it. Acts 2:41

II. THE GOVERNMENT OF THE CHURCH.

A. Christ Is The Head Of The Church.

(e)-1 Eph. 1:22-23

1. His Word, the Bible, is our rule and guide book.
2. The Holy Spirit is the Administrator. Acts 13:2; 20:28

B. It's Officers Of Ordination.

1. Bishops, Elders and Pastor are all the same office. (e)-1 Acts 14:23
 - a. As pastor he is shepherd of the flock to feed and tend them.
 - b. As elder he is in a place of respect and authority.
 - c. As bishop he is the overseer.
2. Qualifications for pastors. 1 Tim. 3:1-7; Titus 1:5-9
3. Qualifications for deacons. 1 Tim. 3:8-13
 - a. Deacon means "servant".
 - b. Deacons have no authority over the church or pastor, but are servants to the church. If they were ordained, there is perhaps one example of it in the N.T. and that is in Acts 6:5. These 7 men are not called deacons, nor is it said that they were ordained, yet any church would be blessed to have deacons with their qualifications.

C. The Church Is Independent And Self Governing.

1. Nothing is to be done that is contrary to God's Word.
2. No organization has any authority over a church of the Lord. This makes it impossible for a Convention, Association or Fellowship to dictate or exercise authority over a church.
3. No Scripture indicates that a church can join anything.

III. THE TRUE MISSION OF THE CHURCH.

A. The Great Commission It's Only Mission.

- Matt. 28:16-20
1. This includes preaching and teaching the gospel to all.
 2. Baptize and add to the church all who are saved.
 3. Teach them the "all things" of God. (The church is not a political or social organization, and has no authority to enter this kind of work).

B. Churches May Cooperate With One Another In Contending For The Faith & Carrying Out The Great Commission.

1. Churches may consult one with another. Acts 15:2-4, 22-27
2. Churches may give toward a common cause, as in missions. 1 Cor. 16:1; II Cor. 8:23-24
3. Each church is the sole and only judge of the means, method and extent of cooperation.

C. The Will Of The Church Is Final.

1. This is in regard to discipline, membership and polity.
2. Of course no church has the right to disobey the Scriptures, but if they do, there is no organization on earth to correct them.

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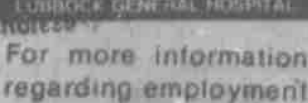


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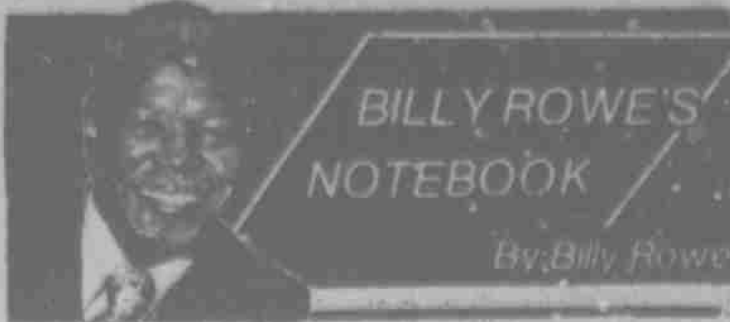
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**BILLY ROWE'S
NOTEBOOK**

By: Billy Rowe

**TERRORISTS SILENCING U. S. JAZZ SWING
SOUNDS**

NYORK CITY: The continuing threat of terrorism abroad has caused more than one super star to thing more than three times touring Europe this summer. Prince has told his people to cease all negotiations regarding his annual summer tour of the old country. The words are also around that George

Benson has grown cold about his annual trek. Like 'The Manhattan Transfer,' these and other musical giants have gone silent on Europe and it could have dire effects upon the success of events annually forged by George Wein. His annual jazz assembly abroad is a collection of the finest group of jazz, swing musicians and singers available anywhere. Meanwhile back stateside CBS owned and operated tee/vee stations are feeling the expanded PUSH of the Rev. Jesse Jackson organization from Chgo West. The last words we heard from Tom Wyman, Ch'man of those kilocycles, were: "We won't support a mandated quota system, but we're committed to improving minority employment. We've made some very good strides, but we know we can do better." The "Country Preacher" has also asked that the fallacies of Arbitron and Nielsen rating services be exposed. It is his belief they "disenfranchise Blacks, Hispanic and Asian audiences... Jack the Rapper is "write" put out with Mayor Marion Barry whom he charged has

remained silent about that disc-jerkey mess in DeeCee. The "Grease-man's" dirty remarks on the inauguration of the immortal Dr. Martin Luther King Jr.'s nat'l holiday. Said he over the WWDC mike, since his (Dr. King) assassination gave us a day off, if they kill four more, we then would get a week of." Somebody should pull the Mayor's coast about his silence and snatch the 'Grease-man's' plug so that he would never be mike-side to make such a remark again.

YOU SHOULD KNOW that of the 55 fellowships awarded to minority students, only one passed through a historically Black College, Howard U. It went to Robert M. Sellers. All the others were awarded to students like Louis A. Thomas, Yale and Silvia Lopez, U. of Puerto Rico... Perhaps it was the proudest bow Cab Calloway ever took. It marked the finale of the ceremonies at Coppin State College for the unveiling of the "Cab Calloway Jazz Museum." It was the culmination of a dream and desire of the Hi-de-ho King's daughter, Camay Murphy. It was her, and Baltimore's, his birthplace, way of adding immortality to the world class contribution of her day, and native son, to jazz and the total sphere-of-entertainment... Elizabeth Higginbotham lead the vocal reproach against scholars for ignoring "Women of Color in U. S. History." It gave those attending the annual meeting of the organization of American Historians something to think about... The Metro Council of NAACP Branches will focus it 8th annual Corporate Recognition spotlite on William H. Blakeley, Jr. and William T. McCaffrey... Don't tell lovely Rayna Cuffee that there is any other store in the world like Bloomingdale. She left \$1500 worth of camera and its equipment on a counter at Bloomie the other day and twelve hours after reporting her

carelessness, it was returned intact... Sonny Carson's Malcolm X May Parade was planned as the biggest street scene B'klyn has ever seen... The N. Y. Urban League's 21 annual Frederick Douglass Awards Dinner topped all its others. 1600 plus guests packed the hall to set a record. This brain-child of the indefatigable Mrs. Theodore "Ann" Kheel has really come of age. The social, religious and political attention was top draw. The lovely "Miss Organization America," Harriet R. Michel, has added a vitality to the branch that's contagious.

WRITE NEWS: The Mackie Robinson Foundation has the eye out for a new top honcho. Jerry Lewis, who has done an outstanding job as its chief executive, is leaving they say to take over an import beer from Africa... Conjecture is that "Dreamgirls" 42 performances in Japan in Nov. could gross 800,000,000 yen. In American bucks that's an up or down count partner of \$5-million which is well worth the trip... An international cadre of his pals are putting heads together to properly honor news' guy and consultant Al Dunmore in Detroit this '86. He's retiring from some of his bankable activities... Jim Cuffee and Mayor Johnny Ford are AT&T's biggest customers these days as the long line plans for the International Mayors' world conference in Chgo July/Aug. '86. The nat'l mayors are still chatting about Johnny and Jim's all nite hospitality suite during the confab in Atlantic City.

PERSONALITIES: Beautiful Alma Rangel, spouse of the congressman, words rivaled her charm when she made the award presentation to James L. Ferguson. The New York Urban League pays tribute to the crucial role industry can play in leadership towards the ideal of justice for all.

**GREGORY HINES
BILLY CRYSTAL**

THE GOOD NEWS
Detectives Ray Hughes and Danny Costanzo are going to retire in 30 days.

THE BAD NEWS
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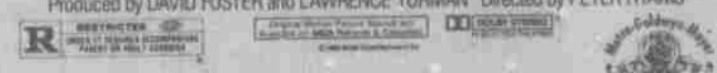
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WIC

Continued from Page 1

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Your Garden

Continued from Page 5

one or more holes in its base. Water when soil feels dry and apply till water begins to drain from the container.

Since the roots of container grown plants are confined, a good soil mixture is essential. Artificial soil mixtures are convenient but often lack sufficient trace elements such as iron. This is easily supplied with a fertilizer such as Stern's Miracle-Gro All-Purpose Plant Food. It's water soluble. This prevents the plants from becoming yellow and stunted. Conditions that often occur with container plants due to frequent watering and rapid summer growth. Apply Miracle-Gro to your soil at planting time then reapply at weekly intervals to keep plants vigorous throughout the season.



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