

". As long as there is poverty in the world I can never be rich, even if I have a billion dollars. . . . I can never be what I ought to be until you are what you ought to be. This is the way our world is made. No individual or nation can stand out boasting of being independent. We are interdependent."

### State Representative Givens **Begins Second Term**

### State Representative

Ron D. Givens was sworn into office on January 13, 1987 for his second term. Representative Givens has hired two Lubbockites as interns in his district office to help with the 70th session of the legislature, focusing on his desire to help young people learn more about their state government. The two students are Clarence E. Walker, who lives with his grandmothers, Nadine Smith and Helen Hill, and Tanya L. Johnson, daughter of Annie Johnson and Walter Johnson.

Clarence is currently a senior at Dunbar-Struggs High School where he is ranked number one in his class. He plans to attend the University of Texas at Austin to major in political science. Clarer.ce is Student

Council Vice-President,



#### Rep. Ron D. Givens

Spanish Club Treasurer, and President of the West Texas Baptist District Youth Association. He is also involved in National Honor Society and varsity football and wrestling.

Tanya is a 1986 graduate of Estacado High School where she was in the marching band and a member of the speech team and choir. She is currently attending International Business College studying to be an executive secre-

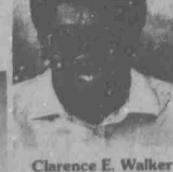


### Tanya L. Johnson

tary. She plans to attend Texas Tech to pursue a degree in business administration. Tanya is a member of the local NAACP Youth Group

### **Black History** At Texas Tech

The Testas Tech Black Student Association will host a reception Sunday alternoon, February L. 1987 beginning at 5 p.m. in the University Center Court Yard at Texas Tech University. The



and was voted Miss NAACP last May. **R**cpresentative Givens said, "I am looking forward to working with these young people from the community. I wish I would have had that opportunity when I was in high school."

reception will be held to launch an entire month of activities to commemorate the heroes of Black history in America.

The reception is just the start of neveral activities which will include everything from lunch brown bag seminars to special presentations by high school atud-nis: Students at Texas Tech are looking forward for con unity support.

reasons.

The result is that we are going to fight for Dunbar-Struggs if any further assaults on it are made by Lubbock's White majority. We are not going to stand by and watch our school closed or harmed. Lubbock needs to take notice of this. It isn't going to happen that Lubbock's White majority is just going to walk all over us. Our people will fight, including going to court if we have to, to protect our legitimate rights and interests and those of our children.

If Lubbock's Whites can understand this, well and good. If they can't, then it's time to get ready for whatever kind of political or court fight it will take to protect and preserve Dunbar-Struggs.

### **District 2 Meeting Set**

The Southwest Digest learned this week that Mrs. Billie Caviel, District 2 School Board member, will be holding a District 2 at New Hope Baptist Church Thursday, January 29, 1987, beginning at 7 p.

### **First Place Winner**



### Erica Cuny

WINS FIRST PLACE - Young Erica Curry, daughter of Mr. Ossie and Mrs. Ruth Curry of 1507 East 7th Street, won first place in the Eassy & Poetry Contest sponsored this year by the Martin Luther King Birthday Celebration Committee, The competition was held Friday night, January 16, 1987 in the Lubbock Memorial Cluic Center.

A second grader at Beon Elementary School, she recited "I Had A Dream" by the late Dr. Martin Luther King, Jr. For efforts, she received a \$50.00 U.S. Savings Bond.

At eight years of age, she has many dreams in life. She is a very active member of the Greater St. Luke Baptist Church where Rev. J. H. Ford serves as pastor.

Natalia.

"What Dunbar-Struggs Means To Me"

(Editor's Note: For the next few weeks, the Southwest Digest will allow this space for students of Dunbar-Struggs High School to express in their own words what the theme, "What Dunbar-Struggs Means To Me." Let us hear from you about their efforts, and continue to support them).

> Melcdy Wilson Student Body President **Dunbar-Struggs High School**

Dunbar-Struggs High School is the only high school where everyone in my family attended and graduated. I want to keep the tradition going. Attending I unbar has let me veniure out and find that the e are educational ways to have fun. Because of the small enroliment, the same few people are involved in everything. In a sense, I feel this is good because I am involved in several clubs and organizations, namely Band, Choir, Student Council, National Honor Society, to name a few. Being a memoer of several organizations has given me the opportunity to become a well rounded person academically. If I were at any other high school, I would not be allowed to function quite as freely or even as much.

The teachers allow me as well as others to have open conservation with them on a one-to-one basis. This helps me to overcome whatever problems there might be in a particular class. The open relationship with my teachers helps me to be a stronger student and to make better grades.

Without Dunbar-Struggs there would be many students to drop out of school. No one likes the idea of having to go clear across fown to another high school. Many of our students would be lost in the larger high schools and would never have the opportunity to participate in any activities, would be afraid to talk to the teachers to get the extra help they might need, and would eventually end up dropping out of school.

It cannot be said that Dunbar is a "none productive" institution because there are Dunbar graduates working all over the United States in varied occupations. These graduates show the pride they have in Dunbar when they return to Lubbock and visit with the present student body. Dunbar deserves to be kep open for future generations.

### NOMA Sets Annual Meeting

The North Overton Neighborhood Association, also know Ls NONA has announced its second annual membership meeting for 3 p. m. Sunday, Februray 1

1987, at the Midtown Club a: 10th Street and Avenue T. Members will hear reports of activities during the past year, and reneive sensestions for work programs for 1987. NONA is an association of citizens working

to improve conditions in

Con't on Pupe 6

Page 2, Southwest Digest, Thursday, January 29, 1987

### RUBY JAY'S CORNER

Services were well attended last Sunday morning with officers and members enjoying another day with the Lord. \*\*\*\*\*\*\*\*\*

Sunday School began at 9:30 a. m. with Supt. Swain at his post of duty. It was another good Sunday School lesson, and those in attendance really enjoyed it. \*\*\*\*\*\*\*\*

During the morning worship services, Rev. S. C. Nash delivered another wonderful message.

Announcements were offered by Ms. Anita Henry with Mrs. C. Kyle welcoming the visitors. \*\*\*\*\*\*\*\*\*

All new members are asked to please attend special orientation classes which will take



place every Sunday morning at 9:30 a.m. in the church balcony. Rev. S. C. Nash is the instructor.

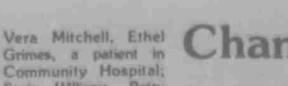
\*\*\*\*\*\*\*\*\* **Bible Study and Praise** Meeting Service is held each Wednesday night at 7 p. m. Come and let us

grow in God's wird. ...... Thought for today: "God does not always answer our pravers in the way we like, but he always answers in the

best way." \*\*\*\*\*\*\*\*\*\* Let us continue to pray for and visit our sick and shut in members in the community. Some of those who are ill this

week include: Anner Johnson, Clem Virden, Mary Williams, Mrs. Crumpton, Henry Wright, Oscar Gardner,





Susie Williams, Betty Jean Knox, a patient at Methodist Hospital. south room 586; Helen Johnson, Larry McBride, Mamie Black, Lena Thomas, John Evans, and Glenda Lois Wright, a patient in Methodist Hospital, room 802B. \*\*\*\*\*\*\*\*\*\*

Let us continue to pray for our bereaved families, among them include the Sterling Blevins family. ..........

Billie Cavile, District 2 LISD Board Member, is having a District 2 meeting tonight, Thursday, January 29, 1987, beginning at 7 p. m. at New Hope Baptist Church, All District 2 residents are encourage residents are encouraged to attend. Information about the the proposed unitary system and Dunbar-Struggs High School is on the agenda.

\*\*\*\*\*\*\*\*\*\*\* "The Higher Education Amendments of It is good to know that 1986, signed by President there is a great God. For one, I, RUBY JAY, Reagan on October 17, made major changes in knows there is a God, all of the federal student because He has brought aid programs," stated me from a mighty long ways. Thanks for your Mary Ann Johnson, director of the LEARN prayers and all other kind Talent Search program, deeds. May God conand agency that promottinue to bless each of you es continued education. is my prayer. Thanks for Citing the Guaranteed \*\*\*\*\*\*\*\*\*\* Student Loan Program

everything!!

subscribe to the Southwest Digest, then why not do it today. It's only \$15.00 a year. If this writer can help get you on the subscription list, then just drop me a line to P. O. Box 2553. Lubbock, Texas 79408. Just think what you will receive for only \$15.00 a ugar

### **Changes Made In Student Aid Programs**

Many high school seniros are now beginning to give serious. thought to their "after graduation plans." For a larger number of students those plans include some kind of postsecondary education, whether it be a 2 or 4 year college or a vocational/technical

school. As the cost of college attendance continues to rise, the counselors at LEARN Educational Talent Search find that the ability to pay for postsecondary education is an area of great concern for many students and their parents. While billions of dollars of federal aid will still be awarded during the 1987-1988 school year, the application and award process will change drastically.

Mrs. Johnson explaining that in the past those families with adjusted gross incomes of \$30,000 or less automatically qualified for a student loan. All applicants must now complete and submit an approved needs analysis form and show financial need in order to qualify for the federally-subsidized loan. This may cause problems for those families who have always waited until the summer to apply for their student laons. The

as a primary example, process could now take a applying for financial aid, process could now take as long as three months instead of a lew weeks.

The eligibility for other federal student aid programs, sucha s the PELL Grant, will continue to be influenced by many factors such a family income, assets, size of the family, and the number of students enrolled in college. "Although we certainly do not want to

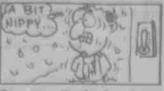
do not want to discourage students and their parents from

### **BLACK POETRY**

we strongly encourage them to begin the application proces early and discuss their situation with someone who understands the federal aid regulations," said Mrs. Johnson. LEARN Educational

Talent Search is funded by the U.S. Department of Education and the counselors there will assist students and parents with the actual application process. The program also offers a variety of other services

..... for individuals who want to continue their education. The office is located at 1203 University Avenue, Suite 200. Interested persons may call 763-4256 for more information.



One way the body adapts to cold sveather is to induce shivering-an involuntary muscle activity which increases metabolic heat production.

### THE DRUM MAJOR (Delivered to honor Dr. Martin Luther King on January 15, 1980)

Fifty One Years Ago Today Young Martin King was born He was a man who did not run away When he saw that his country was torn His country lie. ... torn full of discrimination In spite of our Emancipation Proclamation

For too many years he heard the word "wait" And wondered why people were so mean He wondered why people were filled with hate But he did not have an answer 'cause he was only fifteen And to be ready when our second freedom arrives He felt the stinging darts of segregation He tasted his own bitter tears ... of countless frustration For doing his part to help end discrimination

His father-was a sharecropper's son. ched hand

He told young Martin "Freedom's fight has not been But his dream lives on and will forever expand WOIL .....

Somebody's got to make America a much better land." Young Martin finished his years of preparation And became pastor at Dexter, very skilled in articulation

He became the leader of the Montgomery Bas Boycott He led sit-ins against separate eating places He found it difficult to wait watching America rot With hatred and bigotry for those with the black faces He wanted to bind up this huge laceration And stop this cancer that was eating away at our nation

" He told the world ... of his cherished "dream" And he led massive voter registration drives He said that every man should have self-esteem He won the Nobel Prize and received world admiration

He finally went up to the mountain's top And had met the brutalities of discrimination with clen- And looked over to see the pond in the promised land An assassin lay in wait, Martin's life to stop I SHALL REMEMBER HIS VALUABLE INFORMATION I SHALL PASS HIS MESSAGE ON TO OUR NEXT GENERATION

-Michael Curtis Carter

Black poets, who may wish exposure to our reading public, may send copies of their poetry-for editing and with permission to use-in groups of 4 poems or more to Black Resources. Inc., PH C, 410 Central Park West, New York, NY 10025. Poerry selected should normally appear within 12 to 20 weeks. Because

### Musician

Rising Star Baptist Church is in search for a musician with piano and organ knowledge. Will negotiate salary. Contact: Grover C. Colvin, 763-1682 or Rev. H. B. Bell, 745-6565.



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# **EDITORIALS • COMMENTS • OPINIONS**

### The Need To Listen And To Talk

### Eddie P. Richardson

LISD School Board member Billie Caviel needs to listen to her constituents, and she needs to talk with them. Communication is essential if a representative of the people is to do an adequate job in any governmental body. This is certainly true of a school board member in the Lubbock Independent School District, where it took a long, hard fight in federal court to end generations of terrible intentional racial discrimination against our people.

Mrs. Caviel is out of touch, obviously, with most of Lubbock's black community on the issue of "unitary" status for the LISD. We don't want the court to declare that LISD has not attained unitary status, because that means the court will wash its hands of the case and the LISD will be free to return to whatever it wants, including jerking around the whole school system to get winning White football teams, and re-segregation if that is what the White majority on the school board decides it wants. Our only remedy then will be to go back to court again, and start all over. We will go to court, of course, but we would like to avoid that.

Mrs. Caviel needs to listen to her people. She needs to talk with them. If she has "inside information" by virtue of her position on the board, then she should share it with us. She should explain her reasons for going against Lubbock's Black community on this issue. If there are special reasons why we should now trust a White majority that has fought us in the courts over the years on every civil rights case that has been won in Lubbock, we need to know what she thinks those reasons are.

Who knows? She may be right. But we need to know the reasons. She needs to listen to us, and she needs to talk with us.

What's going to happen is that Lubbock's Black community is going to organize and go directly to the lawyers representing the Department of Justice in the LISD desegregation case: Mr. Joseph D. Rich and Ms. Dori K. Bernstein of the Civil Rights Division, Educational Opportunities Litigation Section.

Any individual citizen who wants to write to them directly can do so. Their address is:

> United States Department of Justice Civil Rights Division Educational Opportunities Litigation Section





### View from Capitol Hill: **100th Congress Is Convened**

by U.S. Rep. Gus Savage

body, the United States Congress, convened on January 6 for its 100th 2-year term, with 435 members serving in the U.S. House of Representatives and with 100 members serving staggered 6-year terms in the U.S. Senate. You see, Congress is composed of

WASHINGTON, D.C. - The same year the first Black was world's most powerful legislative elected to the U.S. Senate, Hiram Revels, of Mississippi.

TODAY, there are 25 women including two Senators, in Congress. There are 23 Black members of the House, but none in the Senate. In total, only 64 Blacks ever have served in Congress during its entire 100 years. Since Blacks now constitute 12 percent of the total population, for a fair proportion of representation we should have 52 members in the House and one in the Senate. Thus, we have only 43 percent of the representation we deserve. By contrast, for instance, there are 37 Jews in Congress, including eight Senators, about 7 percent of the total. Yet, Jews constitute not over 3 percent of the total American population. THESE FACTS may help explain why the tiny nation of Israel, with about the same number of citizens as the city of Chicago, receives far more in foreign aid from the United States than do all 47 Black African na-WHEN THE FIRST U.S. tions combined. Yet, far more of American wealth is based on the cause there were fewer states in the great natural resources of Nigeria Union and much less population, alone than upon the lack of

Ringing The

by

**Bob** Tieuel

Bell



### **Dr. Martin Luther King Guest Columnist**

The church can also do a great deal to reveal the true intentions of the Negro -- that he is not seeking to dominate the nation, but simply wants the right to live as a first-class citizen, with all the responsibilities that good citizenship entails. The church can also help by mitagating the prevailing and irratinal fears concerning intermarriage. It can say to men that marriage si an individual matter that must be decided on the merits of individual cases. Properly speaking, races do not marry; individuals marry. Marriage is a condition which requires the voluntary consent of two contracting parties, and either side can always say no. The church can reveal that the continual outcry concerning intermarriage is a distortion of the real issue. It can point out that the Negro's primary aim is to be the white man's brother, not his brother in-law. Another thing that the church can do to make the principle of brotherhood a reality is to keep men's minds and visions centered on God. Many of the problems America now confronts can be explained in terms of fear. There is not only the job of freeing the Negro from the bondage of segregation but also the responsibility of freeing his white brothers from the bondage of fears concerning integration. One of the best ways to rid oneself of fear, is to center one's life in the will and purpose of God. "Perfect love casteth out fear."

#### \*\*\*\*\*\*\*\*\*\*

Lest We Forget: February 1987 is Black History Month. The theme: "The Afro-American and the Constitution · From Colonial Times to Now." \*\*\*\*\*\*\*\*\*\*

Washington, D. C. 20530

Lubbock's Black citizens can contact the Department of Justice directly, and express their objections to what is going on, just like the highly-paid attorneys representing the LISD against us over the years. That's exactly what we are going to do. If we can't be heard, and can't be represented properly by our own LISD board member, then we will do what it takes to be heard through other means.

An organized effort to go directly to the Justice Department is underway right now. What we would like, and would prefer, of course, is for our own representative, Mrs. Caviel, to listen to us, and talk with us, and represent our views and interests in this crucial matter.

The flattery of the White board members and the praise of the Avalanche-Journal -- the newspaper that has stood against us over the years on almost every issue of importance to us -- should not blind Mrs. Caviel to the needs and interests of her people.

She needs to listen to us, and she needs to talk with us. Now.

### Southwest Digest

P. O. Box 2553 Lubbock, Texas 79408 \$15.00 per year - \$25.00 two years **Editors** - Publishers T. J. Patterson - Eddie P. Richardson

An independent newspaper serving the Lubbock, West Texas, South Plains of Texas and Eastern New Mexico areas printing the news impartially - supporting what it believes to be right without opposing what it believes to be wrong, without regard to party politics. Devoted to the Industrial, Educational, Social, Political and Economical Advancement of Black People.

You may be critical of some things that are written, but, at least you will have the satisfaction of knowing they are truthful and to the point.

People will react to that which is precise, and we will publish these articles as precisely and factually as is humanly possible. We will also give credit and respect to those who aredoing good things for the Lubbock Area and the people. We will be critical of those who are not doing as they have said they would, and this, we think, is fair.

So, this our resolution to you: "Feel free at anytime to call this office for information concerning this newspaper or any other matter that is of concern to you.

This is not a propaganda sheet made to chastie or vilify. This is a newspaper made to educate and not Ic agitate.

National Advertisement Representative Black Media, Inc. 231 W. 29th Street - Suite 1203 New York, N. Y. 10001 Phone (212),967-4000

two bodies of equal power and equal pay.

Each of the 50 states is represented by two U.S. Senators; but how many Representatives a state has in the U.S. House depends upon its population. Presently, a state is entitled to one U.S. Representative for each 520,000 residents.

Hence, states with very small populations - Delaware, Alaska, North Dakota, South Dakota, Vermont and Wyoming - each has two U.S. Senators but only one U.S. Representative. In the case of states with very large populations, each also has two U.S. Senators but California has 45 U.S. Representatives, New York 34, Texas 27, Pennsylvania 23 and Illinois 22.

Congress convened in 1789, bethere were only 59 Representatives natural resources of Israel. and 22 Senators. They all were white males.

At that time, women and Blacks. Blacks were not permitted to vote

Long, from Georgia. Also, that of inequality.

Furthermore, while these facts praise Jews, they should provoke

Of course, there are other facor serve in elective public office. tors of American interest, political The first two Blacks were history and cultural heritage which elected to the U.S. House of might better explain our special Representatives in 1869. They relationship with Israel. In future were Reps. Joseph Rainey, from columns: I may further explore the South Carolina, and Jefferson implications of this historical path

### **OUR GIANTS SPEAK**

### The Evangelizing Role of the Black Church

"Error will decay and Truth grow strong

And right shall rule supreme and conquer wrong."

To Thee! God of our fathers, we render praise and

thanksgiving for such abundant evidence of TLy guiding.

presence during these fifty years of freedom and civil

liberty. We predict for the future on the basis of our

achievement during the past; and since the Negro Church-

has been a creat factor in lifting us up and enabling us

to see the new light, in spite of many obstacles, we are

confident that by following the same Omnipotent Hand.

that never errs and never fails, we will, in the coming

years, prove that no sacrifice, either in war or in peace,

made in our behalf has been made in vain, and no service

rendered us has been without its subsequent reward. We

These are excerpts from a 1913 address entitled "The getting-whether in city or on farm-and the possessing Future of the Negro Church" delivered by the Honorable of these in fee simple, by actual purchase, and we will John C. Dancy, LL.D. at the 50th Anniversary Celebra- become more valuable as citizens as we acquire more in tion of the Emancipation Proclamation in Philadelphia, our individual right in real and personal property. Pennsylvania. Dancy was the secretary of the Church Extension Society of the AME Church.

The Church of the future must humble its pride, buckle on its armor, and cease not in its labors until this great army of unreached is reached and helped, and impressed and convinced and saved. "Go ye into all the world and preach my Gospel," does not mean to distant people merely, but to people at home as well, many of whom know as little of the Gospel as many others in distant-Africa. There must be, there will be, a religious awakening along this line, so that if the people do not go to the Church, then the Church must go to the people, and there will be thousands, in the next few years in answer to the question, "Who will go?" who will answer in language which cannot be misunderstood. "Here am I, send me."

The Church of the future will have to do with the greater rejeice, and are glad in our gladness and rich in our problems of every day life. It will have to aid in teaching wealth. In the midst of it all, the Negro Church survives the people life and duty and how best to meet and battle and is steadily moving on. with these. It will have to impress the importance of home-

DID YOU KNOW ... that a series of recent studies has confirmed what many people have long suspected: It is simply much more difficult for some people to lose weight than others. A summary of the various studies is this: If your body has been genetically programmed to be thin, you are likely to remain thin regardless of how much you eat. On the opposite side: If you inherited a large number of fat cells from your parents, you are likely to be heavier than others regardless of how much you diet.

**Did You Know?** 

by

Robert N. Taylor

DID YOU KNOW ....

that sudden, fatal heart

attacks occur most

frequently in the morning

and 10 am - 11 am is the

most deadly hour of all.

According to a new study

by the American Heart

Association, the smallest

number of heart attack

deaths took place at

night wth the 4 am - 5 am

hour being the least likely

time to suffer a heart

\*\*\*\*\*

attack.

### \*\*\*\*\*\*\*\*

DID YOU KNOW ... that you may not belive this but New York psychologist Dr. Howard Halpern writes that in some situations an affair may actually help a marriage to last longer. He argues that an affair might have the effect of indefinitely postponding the breakup of an otherwise unhappy marriage by allowing the unhappy partner an

"Martin Luther King, Jr. was the conscience of his generation. A Southerner, a black man, he gazad upon the great wall of segregation and saw that the power of love could bring it down.

"From the pain and exhaustion of his fight to free all people from the bondage of separation and injustice, he wrung his eloquent statement of his dream of what America could be.

"He helped us overcome our ignorance of one another. He spoke out against a war he felt was unjust as he had spoken out against laws that were unfair.

"He made our nation stronger because he made it better. Honored by kinds, be continued to his days to strive for a world where the poorest and humblest among us could enjoy the fulfillment of the promises of our founding fathers.

"His life informed us, his dreams sustain us yet." - Citation of the posthumous award of the Presidential Medal of Freedom to the Reverend Dr. Martin Luther King, Jr. July 4, 1977 This presidential citation is courtsey of the

Christian Call News Service - Bob Tieuel, Jr., director.

outside source of happiness. \*\*\*\*

DID YOU KNOW .... that a lot this nation's current foreign policy simply does not make sense. Recently released secret documents reveal that the U.S. has been providing military assistance to both sides in the Iran-Iraq war. We are funding the Contras supposedly to help restore democracy in Nicarauga even though most of the Contra leaders were members of the brutal and dictatorial Samoza government which once ruled the

country. \*\*\*\*\*\*\*\*\*

DID YOU KNOW ... that if you want to reduce the amount of salt (soctium) in your diet there is now a special hotline number you can call. Callers will be told the sodium content of various foods and can request a copy of a free pamphlet which gives additional proper diet information. The toll free

number is 800-622-3274. It's available from 10 am to 8 pm, Eastern time. \*\*\*\*\*\*\*\*\*

DID YOU KNOW ... that if you want to prevent your baby from crying for food at night you should increase the time between daytime feedings. According to pediatric behavioral specialist Dr. Barton D. Schmitt the more often

the baby eats during the day the more often he or she will have to eat at night.

\*\*\*\*\*\*\*\*

DID YOU KNOW ... that if you want a weight lost plan tailored specifically to you, you should send for the Weight Loss 101, (\$9.95) 911 Barnaby Street, SE

Washington, DC 20032. You will first be sent a questionaire with questions about yourself and family history. Once you return the questionaire it will be reviewed and L weight loss plan geared specifically to your needs will be mailed to you.

### Page 4, Southwest Digest, Thursday, January 29, 1987

# THIS N THAT!

GOOD FEDERA-TION OF CHOIRS!! THIS N THAT ..... and a LARGE NUMBER of Lubbockites were present the monthly meeting of the FEDERATION OF CHOIRS ..... at St. John Baptist Church .... where Rev. James Moore serves as pastor ... NOW REALLY ..... this is way .... THISN THAT remembers .... FEDERATION OF CHOIRS .... Hope they will keep the .... SAME SPIRIT .... as was there last Sunday afternoon ... YOU'RE RIGHT **REV. JAMES MOORE** ... when you .... THE BLACK COMMUNI-TY OF LUBBOCK needs some .. STRONG BLACK MEN .... Hope BLACK those ..... BROTHERS ..... present .... heard what you said ... REALLY .... if we had some ..... STRONG BLACK MEN ..... we wouldn't have all these PETTY PROB-LEMS ..... in the Black community we've been contronted with .

MAY START SOMETHING! THIS N THAT .... was glad to see the pastor of Bethel AME Church .... REV. D. A. SMITH .... sing with the .... MASS CHOIR .... of Bethel ..... with Sister Sara Blocker as director .... and Sister Gertrude Hawkins .... at the piano.... Boy did they sound .... GOODLAST SUNDAY ..... and Pastor Smith ..... was singing a little bit ... as well... It will be interesting

WHAT 10 500 PASTOR .... will sing with their .... CHOIR ..... at Federation of Choirs. Good to see!! D. C. KINNER THE BARBER SAYS: "WE .... should all be concerned about the ... FUTURE .... because we will have to ..... SPEND .... the rest of our ... LIVES THERE!" IT'S COMING OUT! It is sure good to see the COMMITTEE ON ATHELETICS expanded as there will be a lot coming out .... IN THE VERY NEAR FUTURE .... There's ... NOTHING WRONG .... with even looking at BETTER FACILI-TIES ... for the girls .... Really that may explain why there has been no interest from the .... GIRLS PROGRAM .... as Boys .... especially in the East Lubbock schools..... What everyone ..... WILL BE AWAITING FOR will be the .... FEEDER SYSTEM .... and what .... schools will be getting what ... TECH STUDENTS MOVING IN AREA!! THIS N THAT

would like to advise that

at least .... THIRTY-

**EIGHT TEXAS TECH** 

STUDENTS .... are

working in the .... EAST

to see what can be done

with the historical .....

CHATMAN HOSPI-

TAL .... and the vacant

.... LAND .... around it

..... If they come your way

HELP THEM .... after all

for help .... PLEASE

LUBBOCK AREA ....

this will determine which way we will go together in the future...... HELP 'EM OUT!!

CHAPEL HILL RE-SIDENTS WORKING FOR FUTURE!! THIS N THAT ...... and others met at Chapel Hill last week ... and results of MEETING ... is the .... they will be working in a different perspective in the ... FUTURE .... after all the ... FED MONEY ... is about dried up.... Should be some very interesting things coming from .... CHAPEL HILL!!

DUNBAR'S FIRST!! THIS N THAT ..... would like to advise you of .... SOMETHING NEW .... each week as students from .... DUNBAR-STRUGGS HIGH SCHOOL .... will be writing on the subject: "WHAT DUNBAR-STRUGGS MEANS TO ME" .... Why not encourage them .... and will give them ... FRONT PAGE .... and hope these articles will ... CUT OUT .... and passed on ..... why not send .... U. S. JUSTICE DEPART-MENT .... a copy .... CONGRATS ..... young people ..... and you too SISTER MARY JO WILSON .... for helping to coordinate this special

HIGH SCHOOL - Opportunity -

effort for a ... SPECIAL

Looking for a job or an investment, then please come to the Free Jomar Seminar on January 30, 1987 at 7 p. m. at 801 Avenue Q, at the Holiday

Inn.

# **OBSEQUIES**

Mr. Charles Williams



for Mr. Charles Wiliams Saturday, January 24, 1987 at the Mt. Gilead Baptist Church with Rev. V. P. Perry, pastor,

officiating. Interment was held in Peaceful Gardens Memorial Park under the direction of South Plains Funeral Home. Mr. Williams was born

to the parentage of Mr. & Mrs. Vink Williams in Dewberry, Texas on November 25, 1921 He lived in Lubbock,

Final rites were read , Texas for thirty years. He was a veteran of World War II.

He leaves to mourn his death: his wife, Mrs. Eunice Williams; five sons -- Charles Ray, Kenneth Eugene, Neal and Daniel Earl, all of Lubbock, Texas, and Robert Wayne of Dallas, Texas; a daughter, Kathy Sue Miller of Austin, Texas; three brothers -Tommy, Sr. of Lubbock, Texas, Richard and Cleothus, both of Wichita, Kansas; a sister,

### Mr. Sterling Blevins

Charles Russell, Jr.

Tommy Russell, Glen

Russell, Paul Russell,

Reginald Dotson, Robert

Romos, Jeffery Ander-

son, and James Russell.

Honorary pallbearers

were members of the

Masonic Lodge, Pride of

Lubbock Lodge F & AM.

Mr. Blevins was the

son of the late Mr. Wayne

Blevins and Mrs. Gloria

Sharp Blevins, and was

born October 15, 1906 in

Tyler, Texas where he

grew up and attended

Brother Blevins was a

Brother Blevins and

Matri-

Sister Blevins were

public school.

united in Holy

No. 328.

Funeral services were h eld for Mr. Sterling Blevins Tuesday afternoon, January 27, 1987 at the Christ Temple COGIC with Bishop W. D. Haynes, pastor, officiating.

Interment was held in Peaceful Gardens Memorial Park under the directions of South Plains Funeral Home. Pallbearers were

Desi Mac Wynn of Shreveport, La.; and tweive grandchildren. Pallbearers were Willie

Ross, Willie Howard, James Howard, R. Z. member of Christ Temple COGIC. He was Leggett, Sr., Robert a faithful member in his Ponder, and Hayward condition until his health Lewis. became worse.

The Women's Missionary Society of Mt. Gilead served as flower bearers.

mony October 22, 1932. To this union, five children wre born.

He leaves to mourn his death; his wife, Mrs. Essle Mae Blevins; three daughters - Jessie Mae Carter of Waco, Texas, Estell Russell of Tyler, Texas, and Kathrine Ross of Lubbock, Texas; two sons, Oliver Curtis Livingston of Los Angeles, California and Ezell Blevins of Bradenhon, Florida; a brother, Percy Blevins of Dallas, Texas; two sisters, Mary Lee Goss and Omerline Washington, boty of Cucrora, Colorado; seventeen grandchildrep, thrity-one great grandchildren, and a host

of other relatives and friends.

"Even a stopped clock is right twice a day. After some years, it can boast of a long series of successes." Ebner-Eschenbach

SOUTH PLAINS FUNERAL HOME, INC. **FUNERAL DIRECTORS** With Dumfied Personal Service Rev. Roscoe G. Adams, Mortician

1715 East Broadway

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# Quick & Lasy Meals

### by Mildred Mildred B. Griggs, Ed.D.

Doesn't it seem that the clock runs faster at dinner time? As long as there are families, traffic jams, friends and changes in the weather there will be time pressures in the kitchen.

No one recipe can stop the clock, but with this week's quick and easy recipes, you can slow it down a bit. Start with the Spanish Meat Loaf, preparation takes only a few minutes. Popit in the oven and bake for 1 hour. Team the meat loaf with another time saver-Beef Flavored Rice, made from a rice mix and blended with frozen peas. Last, add the Cucumber and Onion Salad and your dinner is ready to serve before the time clock runs out.

Until then, good cooking.

### SPANISH MEAT LOAF

2 pounds ground chuck 1 envelope dry onion soup mix 2 eggs, well beaten 1 (8-oz.) package crushed Tostitos\* brand crispy round tortilla chips I can Rotel tomatoes and green chilles I can tomato paste

I teaspoon dried parsley flakes

Mix first 5 ingredients well. Shape into a loaf pan 9x5x3. Spread top with tomato paste. Sprinkle with parsley. Bake at 350 degrees F. oven for 60 to 70 minutes uncovered. Serves 8.

### BEEF FLAVORED RICE AND PEAS

The KITCHEN BEAT

### Famous Recipes for Family Reunions & Anniversaries

In under 's Black American home, cooking is no longer the responsibility of one person. Because of busy and varied schedides, usually every member of the family at some time or another has to prepare personal meals or meals for other members of the family. The Kitchen Beat is designed to meet some needs of the various coeks in the modern Black family.

We are proud to feature these famous recipes from the Kraft Kitchens, whose products have been guests at the table for so many celebrations through the years.

#### Manhattan Meatballs

lbs, ground beef cups soft bread crumbs
cup chopped onion
eggs
tablespoons chopped parsley
teaspoons salt
tablespoons margarine
10-oz. jar apricot preserves
cup harbecue sauce

Combine meat, crumbs, onion, eggs, parsley and salt; mix lightly. Shape into 1-inch meatballs. Brown in margarine; drain. Place in 2-quart casserole. Combine preserves and barbecue sauce: pour over meatballs. Bake at 350°, 30 minutes, stirring occasionally. (Makes approximately 41/2 dozen.)

Strawberry Cream Cheese Pie

### **Evangelist District Convocation Will Meet**

The Evangelist District

Monday night. All choirs of the Evangelist District will be singing. Guest churches include: One Way COGIC, Scott Temple COGIC, True Worshipper COGIC,

True of Life COGIC. Everyone is asked to come out and enjoy these services, beginning Tuesday where services will began at 7:30 p.m. Saturday is Official Night with Bishop Haynes brining the annual message.

attend.

18-02. pkg, cream cheese tablespoons milk tablespoons sugar 9-inch baked pastry shell pints whole strawberries.

cup sugar cup water

Mz.

W.

14

Combine softened cream cheese, milk and sugar, mixing until well blended. Spread onto bottom of pastry shell; cover with I pint strawberries. Combine sugar and comstarch in saucepan; gradually add water. Bring to boil, stirring constantly. Cook I minute or until mixture is clear and thickened. Halve remaining strawberries; add to cornstarch mixture. Pour over whole strawberries. Chill several hours, or overnight.

### Grasshopper Torte

- cups (24) crushed cream-filled chocolate cookies
- cup margarine, melted
- 7-oz. jar marshmallow creme
- cup creme de menthe
- 2 cups heavy cream, whipped

Combine crumbs and margarine: reserve 1/2 cup. Press. remaining crumbs onto bottom of 9-inch springform pan. Chill.

Combine marshmallow creme and creme de menthe; mix until well blended. Fold in whipped cream. Pour into pan: sprinkle with reserved crumbs. Freeze.

We believe that our readers will want to support those advertisers who support the press of Black America. We are sure, therefore, that when you select the ingredients for this week's recipes, you will want to use:

Kraft apricot preserves Kraft marshmallow creme Kraft Philadelphia Brand cream cheese Farkay margarine

from a month ago. Two hundred employees were added to the non-manufcturing category. Retail trade advanced 200 jobs due to the retailers' efforts to aid the last minute Christ-

mas shoppers. Wholesale trade also gained 100 workers. Federal government was boosted by a significant number of seasonal agricultural inspectors, while state and local government remained constant. A slight increase in business services was noted, but cutbacks in the educational services and membership organizations forced the service industry to slump. Lack of work in special trades cut the construction industry down. Heavy construction and general building contractors showed weak signs, but they Con't on Page 6



Thursday, January 29, 1987, Southwest Digest, Page 5

### Lubbock Shows 6.0%

Lubbock's total nonagricultural employment post gains of 400 over the month. Growth in the food and kindred products industry expanded the nondurable godos sector by 200 workers. Durable goods remain unchanged

Page 6, Southwest Digest, Thursday, January 29, 1987

# Join Us In Worship-Regular THE CHURCH OF YOUR CHOICE

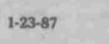
FROM THE PEN OF PARSON-D. A. SMITH

D. A. Smith Pastor Bethel A. M. E. Church Lubbock, TX

# Step By Step

A story was told by Antoine de-Exupery of a friend who flew his plane in the first airmail route across the Andes. One day the friend of Antoine plane was caught in the down draft between two mountain peaks, and the wind was so violent that it caused the plane to crash in the snow. For five days the pilot walked against the blizzard, his feet frozen, and he was tempted to lie down and give in to sleep and death. But by instinct he walked on, knowing that his wife believed that if he were alive he would be on his feet. On and on he went until he was rescued. "What saves a man," Antoine's friend said, "is to take a step. Then another step. It is always the same step, but you have to take it."

How true is it of the Christian. Many times the "winds of despair" have frustrated, confused and battered our lives and we are tempted to give up. But we know that someone is watching us. We know there is help in our times of crises. That help is Jesus. He is always standing ready to assist us. He is concern and will respond to our hurts and ills. If we make one step, He will make two. With his divine guidance, we will be lead to safety step by step.



### We Thank God For Jesus

"Lord, Do Good O' Boys Go To Hell??

## The Outreach **Prayer Breakfast**

morning. This was a beautiful morning. Vice

> in charge. The opening scripture was read by Sis. Ruby Johnson; 1 Cor. 14:1-5 and brief words were spoken by the president on Looking Forward to a Rewarding Year.'

The morning scripture lesson was given by Sis. Tommie Ervin from James 1:1-17, Micah 7:8 and Isiah 43:19. The subject was taken from Micah 7:8: "When I Fall, I Shall Arise." James 1:2-4 states; My brethren, count it all joy when ye fall into the devil's temptation; knowing this that the trying of your faith worketh patience. But let patience have her perfect work, that ye may be perfect and wanting nothing ...

Isiah 43:19 says; Behold, I will do a new thing; now it shall spring forth; shall ye not know it?? I will even make a way in the wilderness, and rivers; in the desert. There were 32 people

who received Christ at NOMA

TEC

ment.

Amarillo, had a 6.1%.

The Outreach Prayer the funeral services of my Breakfast met in the son. To me, this was a home of Sis. Dorothy new thing in these parts. Sowell, last Saturday God gave me the strength to do something for the many lost people President Burleson was who attend funeral services. Catch them when fishing is at its best. If we can't get them one place, catch them in another, but be sure you are being led by the Spirit of the Almight God. "Count it all joy

people." Knowing this, you will end up wanting nothing. We are winners; we are the head and the tail; we are victors not victims. We love this Christian woman. Thanks Sis. Ervin!!! Thought for the week:

"When the world seems so cold, remember there is someone who cares for you." (Think about it.)

Breakfast was served to all. It was prepared by Sis. Dorothy Sowell. It was delicious. Come and eat physically or spiritually on next Sunday at 5:30. We will have a business meeting in the home of Vice President Christine Burleson, at 2407 East 9th Street. We are looking forward to a

our guest for coming our way on last Saturday. We love you. Please come again. "Let Us Pray:"

Lord, we send forth your word. May it touch hearts, minds and souls; heal bodies and circumstances; lift broken hearts and bind broken homes all over this city. We ask in the name of Jesus Christ, Amen.

"Can any good come out of Nazareth?" Have a faith-filled day. Pres. Christine Burleson

Sect. Annie Johnson Act. Sect. Linda McClain Report. Dorothy Hood

Write Outreach Prayer Breakfast, Box 1223, Lubbock, Tx. 79408. Listed below are

contributions to the Juanita Sowell Memorial Building Fund: Dorothy Sowells -\$70.00, Chicago, Ill.;

you.

Doris Smith \$10.00, Dallas, Tx.; Annie Sanders \$10.00, Lubbock, Tx. We thank

### By The Spirit, Ask God St. John 14:15

In this new year, let us use more of the tools of our profession. I Cor. 12:8. With the eyes of discerners. Heb. 4:12, that let us spot the wolves amongest the sheep.

By prayer and fasting, removing that which is evil. Mat. 17:21.

Prover is shar or han a physician sce The physicians co fail his patients, A 6:4.

God can not f nor lie Mat. 5:18; Mat. 24:35.

Who is it, that ... ts fresh clean clothes into a washer?

Who will sat a two hundred pound hog in the tea parlor?

God forbids you to set men, who are lovers of men. Over his officeses. No deduction. Male or female. These cunning spirits. Have a form of Godliness, but not of God. Romans 10:3; Romans 1:18.

They take your young men. Whom you send to the house of God for spiritual help. And make them as they are. The proselytes

of evil. Mat. 23:15. Sunday School \_\_\_\_ These kinds of euil spiri Only buiness, at the he use of God. Is to 3k help. Jude Friday Night Service \_ 1:8.

"Wit consists in knowing the resemblance of things that differ, and the difference of things that are alike." Madatne de Stael

"To teach is to learn twice. **Joseph Joubert** 

Saints Center Church of God in Christ

East of City, State Highway

2641 and Liberty Road

Bishop T. L. Washington

Phone: (806) 763-3823

If ye love me, keep my

Service

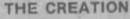
. 10:00 a.m.

8:00 p.m.

commandments, St. John 14:15

### Independent - Missionary - Promillennial - Sovereign Grace

"The Pillar And Ground Of The Truth" Fundamental Bible Baptist Church Charles W. Baker, Missionary 1532 East 19th Street Phone: 744-5894 Lubbock, Texas



### Yes!!

Matthew 19:17b - Jesus said, there is none good but one, that is God. Lord, there is a man in the community, and has been here for years. He boast everytime someone is in need, he's the first to give.

Lord, he says he was raised in a Christian home. He says he lives the "10 Commandments" and don't do wrong.

Isaiah 64:6 -- We are all as an unclean thing, and all our righteousness are as filthy rags; and we all do fade as a leaf, and our iniquities, like the wind, have taken us away. Because in church with those hypocrites; he didn't want to be.

I John 1:3 -- That which we have seen and heard declare we unto you, that you also may have fellowship with us; and truly our fellowship is with the father, and with the Son Jesus Christ.

"Lord, Do Good O' Boys Go To Hell??"

Lord, he says he take his hat off, when a funeral pass. He goes out his way to help people, when they're out of gas.

Lord, he says he owns his own business, makes good money every day, he says from being good to people. It happens this way,

Lord, he says he gives barley worns to people he don't know. He carries Master & VISA cards everywhere he goes.

Psalms 10:4 -- The wicked, through the pride of his countenance, will not seek after God; God is not in all of his thoughts.

Luke 16:13 -- Jesus said, no servant can serve two masters, for either he will hate the one, and love the other; or else he will hold to the one, and depise the other. Ye cannot serve God and mammon (money).

Lord, he says he's got some of the best looking woman, money can buy, but says he don't want to go to hell; when he dies. What must he do to be saved.

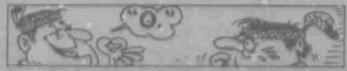
Romans 10:9 -- If thou shalth confess with thy mouth the Lord Jesus, and shalt believe in thine heart that God hath raised him from the dead, thou shalt be saved.

John 14:6 -- Jesus said, I'm the way, the truth, and the life; no man cometh unto the Father but by. me.

John 8:32 - Jesus said, you shall know the truth, and the truth shall make you free. Brother & Sisters, only then can you say. Free At Last, Free At Last. Thanks be to God, for giving His Son Jesus. I'm Free at Last! AAAMANNN! God is not through with us yet. Let's pray for one

another always.

Directed - Arranged - Produced - Guided By Our Lord Jesus Christ Written by Billy "B. J." Morrision, III Your Brother in Christ Jesus Always.



The Indian tribes of North and South America do not contain all the blood types that are found in the general population. The tribes of Central and South America, for example, are all blood group O.

fruitful year in '87. Churches all over

Continued from Page 1 Lubbock. You will be all the Overton area;6 hearing from us. Pastors, particularly the north half we need your help. between Avenue Q and Communities, citizens; University, 4th Street we need you. Business and Broadway. men, women, we need A. B. Watkins, your support. The Prayer President of NONA,

Tower is a must for stated that the meeting is Lubbock and we thank scheduled to be concludyou in advance. Lets rise ed in one hour, and that up and walk by faith and all persons interested in not by "sight." Jesus is improvements in the area the Master builder; we between Downtown will follow directions. Lubbock and Texas On Saturday, we will

Tech University are meet in the home of invited to attend. Sister Mary Ward at 823 Vanda, at 9:00 a.m., January 31. Continued from Page 5

Our sick list includes: Mr. Philip Gant, in Health were able to maintain a

stable level of employ-Science Hospital; Sis. Saddler, at home; Mr. Lubbock came in and Mrs. Bonnie Whitnumber 3 in the state in field; Mr. Andrey Hood, regard to unemployment at home; Mr. James E. with a 6.0%, while Lacy of Fresno, Calif. Dallas garnered a 5.8%,

Austin a 5.9%. Our sister and all others not listed, city to the north, as well as the bereaved families all over. You can The highest in the state make it. was McAllen-Edinburgh-We would like to thank

We believe in the Genesis account of creation, and (a) that it is to be accepted literally, and not allegorically or figuratively; (b) that may was created directly in God's own image and after His own likeness; (c) that man's creation was not a matter of evolution or evolutionary change of species, or development through interminable periods of time from lower to higher forms; (d) that all animal and vegetable life was made directly, and God's established law was they should bring forth only "after their kind."

\*\*\* (a) Gen. 1:1. "In the beginning God created the heavens and the earth."

Ex. 20:11. "In six days the Lord made heaven and earth. the sea, and all that in them is."

Acts 4:24. "And when they heard that, they lifted up their voice to God with one accord, and soid, Lord, thou art God, which hast made heaven, and earth, and the sea, and all that in them is."

Col. 1:16-17. "For by him were all things created, that are in heaven, and that are in earth, visible and invisible, whether they be thrones, or dominions, or principalities, or powers: all things were created by him, and for him. And he is before all things, and by him all things consist."

Heb. 11:3. 'Through faith we understand that the worlds were framed by the word of God, so that things which are seen were not made of things which do appear." John 1:3. "All things were made by him; and without him was not anything made that was made.

Rev. 10:6. "And sware by him that liveth for ever and ever, who created heaven, and the things that thereis are, and the earth, and the things that therein are, and the sea, and the things which are thorein, that there should be time no longer.

Rom. 1:20. "For the invisible things of him from the creation of the world are clearly seen, being understood by the things that are made, even his eternal power and Godhead.

Acts 17:23-26. "Whom therefore ye ignorantly worship, him declare I unto you. God that made the world and all things therein, seeing that he is Lord of hooven and earth, dwelleth not in temples made with hands; neither is worshipped with men's hands, as though he needed anything, seeing he giveth to all life and breath, and all things; and hath made of one blood all nations of men."

Jer. 10:12. "He hath made the earth by his power, he hath established the world by his wisdom, and hath stretched out the heavens by his discretion.

Neh. 9:6. "Thou hast made heaven, the heaven of heavens, with all their host, the earth, and all things that are therein, the seas, and all that is therein, and thou preservest them all."

\*\*\* (b) Gen. 1:26-27. "And God said, Let us make man in our image, after our likeness. So God created man in his own image, in the image of God created he him; male and female created he them.

I Cor. 11:7. "Man is the image and glory of God." \*\*\* (c) Gen 2:7. "And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of ilfe; and man became a living soul.

Gen. 2:21-23. "And the Lord God coursed a deep sleep to fall upon Adam, and he slept: and he wook one of his ribs. and closed up the flesh instead thereof; and the rib, which the Lord God has taken from man, made he a woman, and brought her unto min. And Adam said, This is now bone of my bones, and flesh of my flesh: the shall be called Woman, because she was taken out of man."

\*\*\* (d) Gen. 1-11. "Ana God said, Let the earth bring forth grass, the herb yielding seed, and the fruit tree yielding fruit after his hind, whose seed is in itself, upon

the earth: and it was so.

Gen. 1:24. "And God said, Let the earth bring forth the living creature after his kind, cattle, and creeping things, and beast of the earth after his kind: and it was so."

Genesis 1-3 reveal what God created. This portion of Scripture has been denied by liberals, modernists and unbelieving scientists. If the Bible cannot be literally believed at this point, how can we be sure it is correct elsewhere? It is all the verbally inspired word of God and it must all stand together or fall together. The Bible does not set out to prove the existence of God. "The fool hath said in his heart, there is no God." Psa. 14:1

#### 1. THE GENESIS ACCOUNT OF CREATION TO BE ACCEPTED LITERALLY.

A. Facts About Genesis 1:1, (a)-1

1. The word for God is "Elohim" a uni-plural noun, which fits the trinitarian view of God. It means the Almighty One,

2. The word for created is "bara" and is only used in relationship to God's work for He alone can create. It is a singular verb and requires a singular subject.

3. In Gen. 1:1 we have the beginning of time, space, and matter.

B. The Days Of Creation Were Literal Solar Days.

(a)-2 Ex. 20:11

I. The Hebrew word for "day" or "days" is "yom" of "yamin" and is found over 700 times in the O.T. When it is accompanied by a number (first, second, third, etc.), it always means a literal solar day. There are no exceptions, In some instances the singular "your" is used to indicate an indefinite period of time, but never when it is accompanied by a number.

2. The six days of God's creation, likened time wise to man's six days of labor. (a)-1 Ex. 20:11

C. God Did Not Use Evolution in Creation.

1. We do not accept the gap theory taught by Seefield, 2. We do not believe that each day was a long geologic age?

a. This would be contrary to the use of "yamin" for day, b. Adam was a fully developed man, and had named all the beasts and fowls (Gen. 2:18-20), before Eve was made from Adam's rib (Gen 2:21-24).

c. Adam was created the sixth day and lived through the seventh day and on to be 930 years of age (Gen. 5:5). If each one of the days of creation were long ages then he would have been many thousands of years old when he died. Perhaps he would have been from 500,000 to 750,000 years ald. See (e)-1 Gen. 2-7, (e)-2 Gen. 2:21-23

3. Fach living thing was to reproduce after its kind. (d)-1 Gen. 1:11; (d)-2 Gen. 1:24. This is why the missing links will always be missing. There is variety within the specio, but there is no evolution of specie or changing to another Rissid.

IL GOD THE CREATOR OF ALL THINGS.

A. The Scriptures Declare God To Bo The Creator,

See all Scripture under (a). B. Christ Active In The Creatinn,

(a)-3 Cel. 1:16.17; (a)-6 John 1-3

C. Man Greated in The Image Of God.

(h) 1 Gen. 1/20.29; (b) 2 1 Cor. 11.7. This has to do with being a spiritual being. See John 4:24; Heb. 12-9; Zeeh. 1211; Pro. 20:27; Eccl. 12:7.

D. The Carpuse Of The Creation,

1. Fur Him. (a)-1 Col. 1-10.17 For His pleasure, Rev. 4:11.

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	6.00 p.m.
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Home: 763-9817



Page 8, Southwest Digest, Thursday, January 29, 1987

ASTRO/NUMEROLOGY AND YOU

week. 940.

GEMINI-May 21-June 20

to be much hener. 876.

CANCER-June 21-July 21

January 28-February 3, 1987

By LLOYD STRAYHORN

favorable conditions that should continue way into next

The closing days of the month look favorable for form-

ing alliances and dealing with those younger than yourself.

As for the 31st and the 1st day of February, you may not

feel in the best of moods. Monday and Tuesday promises

Care of the greatest kind has to be exercised this week-

### Numerology & Meditation

### Part I of Four Parts

By dictionary definition, meditation means to reflect-to think upon a particular person, place or thing. From a more spiritual and occult perspective, meditation is a healing force for the mind, body and spirit. There are as many ways to meditate as there are schools. Whatever method, school or technique you choose, the essence is to find peace, and be at peace with one's self and the world. There is a commonality among the different schools, and it's this:

1. Find a quiet place for at least five minutes:

Take several deep breaths:

3. Relax as much as possible

Because the nature of the mind is to wander, due to the ever-alert five senses, it's best to VISUALIZE, rather than to try keeping the mind still.

find that it's best to start by focusing upon a particular number you have in mind. In this meditation technique, you have a choice of two ways: 1) Focus on your date of birth (for instance, if you were born on the 31st of the month, you would be a number 4 person /3 + 1 = 4/. Since this is your key number, focus on it first), 2) The subconsciousmind has a way of coming up with answers. First, think about the concern or person you have in mind. Next, select any three numbers that come to mind. Then add the numbers, to arrive a only one single digit.

The rest of this series will discuss what the different numbers might denote in meditation. Next week, we'll begin with the numbers starting from 1 to 3.

By popular demand, the book "NUMBERS AND YOU" by syndicated columnist Lloyd Strayhorn is now available in paperback. To order your copy of this beautiful soft-cover book on Numerology mixed with Astrology, send a moneyorder of \$7.00 plus \$1.00 for postage and handling to: YAMA Publishing Company, Dept. R-136, Lincoln Station, New York, N.Y. 10037.

### ARIES-March 21-April 20

stay alert to all advice given. The 29th and 30th are considerably better days, since your sun sign is now in the right place for good relationships and positive expansion. February 2nd and 3rd are extremely favorable for transitions and the enhancement of your name and reputation. 134.

#### TAURUS-April 21-May 20

dar. From the 29th until the very last day of January, you may be in a moire annoying mood than normally so. The first day of February (Sunday) will set the stage for more



#### CAPRICORN-December 22-January 20

You should have no problem in making the transition----closing out the old month, going into the new. Opportunities are present for meeting influential or authoritative type of persons, who just may be of help in helping you get to that next step. 328.

#### AQUARIUS-January 21-February 19

Consider this week a cosmic gift of sorts, since it's extremely favorable from end to end. The month of January closes on a strong note, with February opening up equally well. After all, this is that time of the year when the Sun is in your sign. Make the most of it! 520,

#### PISCES-February 20-March 20

Second to Aquarius, you have the best transitional period chart leaving the old month going into the new. Be receptive to all help and assistance coming from those especially in positions of authority. 307.

### **Black Heritage Posters**

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Black posters on Black entertainers, educators, scienctists, and military.

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See Eddie P. Richardson.

"The most useful part of wisdom is for a man to give a good guess what others think of him, it is a dangerous thing to guess partially, and a metancholy thing to guess Lord Halifax right.

