

Former East Lubbock Mail Man Passes

A friend of residents of East Lubbock, Mr. Fletcher Denny Sneed passed away Sunday.

He was born March 21, 1918 in Eastland County, Texas to Paul J. and Minnie Mae Stiles.

He was 68 years of age.

A resident of Idalou since 1937, he married

Evalyn Brunson November 8, 1949.

He was in the 36th Infantry Division, serving in Italy and in North Africa during World War II. He retired from the U. S. Postal Service in 1983. He was a member of the Idalou Church of Christ.

Mr. Sneed is survived by his wife, Evalyn of the

home; two sons, Denny of Earth and Frank of Eules; two daughters, Sara Hoover of Sand Springs, Oklahoma, and Jane Hensley of Temple, Texas; six brothers - Horace of Stratford, Paul of Amarillo, Tilley of Grand Prairie, George of Petersburg, Harold of

Executive Committee at 6:30 p.m. on Saturday, July 12, 1986, and the regular meeting of members will be at 7:30 p.m., following the Executive Meeting. All regular, new and prospective members are asked to come out and find out what's happening. The meetings will be held at Mae Simmons Community Center, 23rd and Oak Streets.

Gruver, Vernon of Tomball; two sisters, Joyce McCaghren of Cisco and Gertrude McConnell of Bristol, Pennsylvania; and eight grandchildren - Clarie, Katy and Larry Hoover, Kimberley, Susan, Joni and Jonathan Sneed, and Brandon Hensley.

Final rites were held for Mr. Sneed Tuesday, July 8, 1986 at the Idalou Church of Christ with Charles Billingsley and Stewart Gillespie officiating.

Interment was held in the Idalou Cemetery.

Casket bearers were Russell Armstrong, Larry Lindsey, David McCaghren, James Sneed, Lloyd Rose, Jim Robbins, Don Knight and George Bonds.



Fletcher Sneed

Lovely Sunset Baptist Meet

The 42nd Annual Session of the Lovely Sunset Baptist District Association will meet daily on August 5, 6, 7, and 8, 1986. The pre-opening meeting will take place on August 5, 1986, at 8:00 p. m.

The meeting will convene at the host church, St. John Baptist, 1712 East 29th Street in Lubbock, Texas. The Pastor is Rev. James Moore. For more information, telephone 763-7745.

Hope Deliverance Changes Location

Due to incompleteness of the air conditioning systems, Hope Deliverance Temple's Church anniversary services will be held one day only, Sunday, July 13, 1986 at 2812 East 4th St. in the main auditorium.

The remainder of the church anniversary services will be held at the East Lubbock Youth Outreach Center, 1821 Parkway Drive. Services will start Tuesday, July 15-20, 1986.

Patterson Will Speak In Plainview

Lubbock City Councilman T. J. Patterson, District Two, will be the keynote speaker Sunday afternoon, July 20, 1986 at 3:00 p. m. at Beard Chapel Methodist Church, 2200 North Austin Street, Plainview, Texas.

Sponsored by the Layman's organization of

NAACP Will Hold Regular Meeting

Local Prexy, Rose K. Wilson, Annie Johnson, the Youth Advisor, and all of the young people who attended the NAACP national convention in Baltimore, Maryland, the new headquarters of the

national civil rights organization, are back home and ready to kick off a more enthusiastic working-for-freedom year! They have much to tell the members. Therefore, there will be a meeting of the



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NAACP Convention Focuses On South Africa, Drugs & Teens

Baltimore, Md. - Sanctions against white-minority rule in South Africa and national campaigns against drug abuse and teenage pregnancies emerged as the leading issues at the 77th annual convention of the NAACP in Baltimore last week. The nation's oldest and largest civil rights organization heard from several prominent speakers including at least two potential candidates for president. NAACP Board Chairman William Gibson and Executive Director Benjamin Hooks told a news conference that sanctions against South Africa and battling drug abuse, unemployment, poor housing and teenage pregnancy would be among the organizations top concerns in the coming year.

Supreme Court Ruling Benefit Blacks

Washington, DC - The U. S. Supreme Court last week issued rulings in at least five significant civil rights cases and in each instance the decisions could prove to benefit Black and minority rights in America. In the most important case, the court upheld a Cleveland affirmative action program which favored Blacks in promotions in order to remedy past discrimination. The justices also overturned a North Carolina redistricting plan and thus made it easier for Blacks nationwide to prove voting rights discrimination. In another North Carolina case, the court held that employers must correct the effects of job discrimination even if the discrimination took place before federal civil rights laws took effect.

Court Voting Patterns Could Turn Anti-Civil Rights

Washington, DC - Despite reaching pro-civil rights rulings in several major cases last week, observers fear the U. S. Supreme Court could soon turn in an anti-civil rights direction. These observers point out that most recent pro-civil rights decisions have been won by a narrow 5-to-4 vote. This was the case in most of last week's rulings. The fear among civil rights advocates is that if President Reagan succeeds in appointing another conservative to the court, civil rights cases will start being lost by a 5-to-4 vote. In addition, the Reagan administration has opposed most of the recent pro-civil rights rulings.

300 At Chicago KKK Rally

Chicago, Ill. - Over 300 people last week attended a Chicago rally sponsored by the anti-Black Ku Klux Klan. Seventeen people were arrested after some members of the crowd chased a group of anti-Klan demonstrators. The Klan rally took place in the same neighborhood where slain civil rights leader Dr. Martin Luther King, Jr. was heckled by angry whites and hit by a brick 20 years ago.

Blacks Hardest Hit By Crime

Washington, DC - According to the latest figures from the Justice Department, Black households in urban areas are the most likely victims of crime. The study found that in 1985, 26 per cent of Black households had a member who had been a victim of some crime.

Huey Newton Found Not Guilty

Oakland, Calif. - Huey Newton, co-founder of the Black Panther Party, has been found not guilty of two

Brenda Kinner Engaged

Mr. and Mrs. D. C. Kinner are pleased to announce the engagement and approaching marriage of their daughter, Brenda to Mr. Johnnie Sanles, son of Mrs. Sid Sandles of Houston.

Brenda is a graduate of Texas women's University and received her MBA degree from Prairie View A. & M. University. She is the Employee Services Administrator with Exxon Chemicals Americas in Houston. She is also a member of Delta Sigma Theta Sorority and attends Wheeler Avenue Baptist Church where she is the Brownie Scout Leader.

Mr. Sandles attended Sam Houston State University and University of Houston-Downtown. He is a member of Phi Beta Sigma Fraternity and is an Assistant Scout Master at Wheeler



Johnnie Sandles & Brenda Kinner

Avenue Baptist Church, where is is a member. Johnnie is presently employed by Exxon Chemical Americas as a Process Technician.

The wedding is planned for August 23rd at 4:00 p.m., at Wheeler Avenue Baptist Church in Houston.

Contributions Needed To Build Ronald McDonald House

Family House, Inc. has received a building permit to begin construction of Lubbock's Ronald McDonald House. The 14,000 square foot facility will provide a home-away-from-home for families of seriously ill children

being treated in Lubbock hospitals.

Lee Lewis Construction will be general contractor for the project. Bill Hoffman, supervisor for Lewis, has personal experience with the need for Ronald

McDonald Houses; his son Aaron is awaiting a liver transplant. Hoffman encouraged Lewis to volunteer the firm's services to Family House, Inc.

G. Randall Andrews of Graco Real Estate

Development, Inc. is a member of the Ronald McDonald House Board of Directors and serves as Chairman of the Site Development Committee. Lubbock builder and developer Henry Huneke also serves on the

committee and is coordinating the solicitation of in-kind contributions of building materials and labor.

Construction of Lubbock's Ronald McDonald House will largely be a volunteer effort, continuing the concept of community support which characterizes the program. Floyd "Stumpy" Greer has offered the services of Greer Electric to supervise electrical

Broadway and Guava that is represented by the Association of People in Unity.

People attending the meeting Tuesday night will be asked to help their neighbors by taking around sign-up sheets to gather basic information about the homeowner and then returning the information to the fire department. Once the information is verified, the block captain or block leader will be notified to pick up the smoke detectors.

Qualifications to be eligible for the smoke detector program are designated by the Department of Housing and Urban Development. Briefly, those qualifications are to be a homeowner, live in one of the target neighborhoods noted above and have a household income that does not exceed \$19,000 per year.

People interested in attending the Tuesday meeting or those who need more information can contact Jimmy Dean, Lubbock Fire Department, at 762-6411, ext. 2643.

work. And Bill Anthony, owner of Anthony Mechanical, will provide supervision of mechanical installation.

Aubrey Rummei, Chapter Manager of the West Texas-New Mexico Chapter, National Electrical Contractors Association and a member of the Site Development Committee, will coordinate volunteer labor on the project. Local labor unions and their business managers which have volunteered their time include: Local #50, International Brotherhood of Electrical Workers; Jackie Veasy; Local 1884, United Brotherhood of Carpenters; Jerry Hibdon; and Local 629, Plumbers and Steamfitters Union; J. B. Kirk.

All contributions to Family House, Inc. the nonprofit corporation formed to build, own and operate Lubbock's Ronald McDonald House, are fully tax

Gonzalez Anniversary Celebration

Mr and Mrs. Jesus Gonzalez will celebrate their 45th wedding anniversary with a nuptial mass at St. Patrick Catholic Church, followed by a reception and dance.

The children of the

couple, all whom are from Lubbock, are: Mrs. Herlinda Mireles,

Mr. and Mrs. Frank Gonzalez, Mr. and Mrs. Ben Ybanez, Jr., Mr. and Mrs. Pet Gonzalez, Mr.

and Mrs. Fernando Salas, Mr. Joe Gonzalez, Mr. and Mrs. Paul Gonzalez, Mr. and Mrs. Daniel Suarez, Mrs. Stella Reyes, Mr. and Mrs. Ismeal Holguin, and Mr. and Mrs. Michael Gonzalez.

Mr. and Mrs. Gonzalez have 39 grandchildren and 9 great-grandchildren, all of whom will host the event.

The former Victoria P. Gutierrez and Mr. Gonzalez were married in Seguin, Texas in 1941 and lived there until 1950, after which they moved to the Idalou area. In 1956, they moved to Lubbock and have resided there ever since. They are both retired and living at home.



Mr. & Mrs. Jesus Gonzalez

**RUBY
JAY'S
CORNER**



Rev. S. C. Nash is the pastor of New Hope Baptist Church and services began last Sunday, at 9:30 a.m., with the opening of Sunday School. All services were carried out as usual; Devotions by the deacons and the radio broadcast announced by Bro. Glenn Francis. The church announcements were made by Cynthia Ball.

Rev. Nash prayed during altar call and a wonderful message was brought by a guest minister, Rev. R. Anthony Lee, based on the scripture Luke 18:1. The sermon was entitled "Facing Life On Your Knees."

It was good to see Rev. & Mrs. A. L. Dunn back in town. They were missed. Mrs. Dunn is a niece of Mrs. O'Neil who was buried last Saturday.

Bro. Charles Blue, Jr., a member of New Hope and graduate of Dunbar High School this year, preached his first sermon on this past Sunday evening during worship service. His scripture was Psalms 63:1 and Matthew 5:6. His subject was "The Thirst For Jesus Christ." It was beautiful. Pastor Nash will present him with his license on Sunday July 13, 1986. New Hope is

proud of Rev. Blue! We are praying for him, that he might keep up the good works.

Mrs. Precious Brown is enjoying her daughter Jessie L. Townsend, who is here from Chicago, Illinois.

Mr. Harrison "Bull" Davis had a wonderful July 4th. His daughter Grace Ann Brunner, her son Craig, her granddaughter Kelly, all from Chicago, Illinois, visited with him over the weekend. Of course, Mary Ann Jones and her daughter, Felecia Wiley and her three children were also here from Dallas, Tx.

Yours truly, Ruby Jay, has received word that her eldest sister, Anna Phillip is in the hospital in Clifton, Texas. Remember all of the sick and shut-in with prayers.

Our love, sympathy

and prayers go out to all of the bereaved; The Mary O'Neal family, Olivia Murphy, The Cook and Parks families.

Mr. Mannie Williams is home from West Texas Hospital and doing much better.



Using light colors in a small room makes it seem larger.

**Ron Givens
Reports**

Organizations will soon be selected to handle the enormous task of distributing the Agent Orange settlement fund to tens of thousands of eligible Vietnam veterans and survivors, according to State Representative Ron D. Givens, R-District 83.

All veterans or survivors who have already filed a claim form will automatically receive a new application. Veterans or survivors who have not filed a claim and would like to do so should contact the Agent Orange Computer Center, P. O. Box 905, Smithtown, New York 02787.

All claimants should advise the Agent Orange Computer Center of any change of address.

Payments will be made to Vietnam veteran who were exposed to Agent Orange and who now suffer from a total disability caused by any disease, or to spouse and children of veterans who have died of any disease.

Representative Givens expects the process of collecting and evaluating information from veterans to be in full operation before the end of the year. However, he cautioned that eligible veterans and survivors should not expect to receive checks from the settlement before the end of 1986. The settlement is currently being appealed in the United States Court of Appeals in New York, which heard arguments on April 9-10. It is impossible to predict when the Court of Appeals will issue a ruling on the validity of the settlement, Givens stated.

For additional information, contact the District Office at 763-4468.

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"Get yourself dolled-up, Opal. We're all going over to hear Scott Joplin's new 'Maple Leaf Rag'."

It was the turn of the century. And America was stepping out to a new beat; the infectious, syncopated rhythm of ragtime. The new rage had its humble beginnings in frontier cafes, saloons and more questionable places of entertainment. But it owed its elevation to art to a brilliant, young black musician born in 1868 in Texarkana, Texas, Scott Joplin.

Joplin perfected the classical rag, and rag lived on in jazz. It's just one of the themes Texans have contributed to the rich heritage of American music. There was Bob Wills and his "Texas Playboys," who gave us country swing. And, of course, today, Willie Nelson is a living American institution.

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EDITORIALS • COMMENTS • OPINIONS

Everything Was And Still Is Grand, But All's Not Well!!!!

by Eddie P. Richardson

We saw the fourth of July festivities come and go with all of its patriotism, liberty, freedom, love of country, and even commercialism. We saw 'Lady Liberty' restored to her ultimate best, at the tune of \$66 million dollars.

For over one hundred years, 'Lady Liberty' and her torch has been the beacon and spirit of freedom for thousands of European immigrants as well as those from other countries. She has been the guiding light and gateway to America, freedom, liberty, and the symbol of a new life to immigrants; people who came on boats to this country, looking for a better life and world, and to which America truly is to those people, who came here looking for a new world; home of the brave, land of the free. But many Black Americans have asked the question for many years, 'What about me?' Everyone else came looking for a thrill. We came as slaves, against our will.

Blacks were the only people in America who could not melt into the 'melting pot.' There are two reasons, color and legislation.

It is very heartwarming to see the parades, hear the patriotic speeches, see the fireworks and to 'show and tell' that America is the best country on earth. But: America is not Heaven. It has its problems such as racism, the treatment of the American-born Japanese, that were driven from their homes and placed in concentration camps after the bombing of Pearl Harbor; the treatment of the American Indian, robbing him of his home and land and placing him in concentration camps, called reservations; making false treaties with the Red Man and ignoring them to the point where they are in danger of extinction due to poverty, alcoholism and despair, in a land of plenty. Yet if they leave the reservation, they can be identified as 'white' with all of its accolade.

Though not on reservations per se, but huddled in masses in the 'poverty ghetto,' living in despair, are my brothers of color, still fighting for full citizenship and equal rights!

With all of the opportunities, freedom and advantages which America has to offer, there have been groups, (immigrants and their descendants) who arrived after the Black man, over the years, putting up relentless fights to make certain that some Americans are denied these rights. To name a few; the Ku Klux Klan, Nazi, White Citizens Councils. There are others.

In spite of it all, America has prevailed as the land of the free, home of the brave. America, with all of its shortcomings, faults and ills, is still the greatest country in the world.

The point we are trying to bring out is, that we must not live in fantasyland, and we must face reality and truth, and WORK TO IMPROVE our weaknesses and faults and make our strong points stronger, which largely outweigh our weaknesses. We must recognize and accept America and life, as it really is, and not as we want it to be and it should be. That is why we must work collectively to make it what it should be!

During the freedom festivities, many many of our American journalists from radio, TV, newspapers, magazines, air waves and printed words, wrote and spoke of freedom, justice and equality, liberty and patriotism, but yet and still, they are on the payroll of the Racist South African Government. They are paid to feed the American People the garbage called the real truth about South Africa. When anyone with any intelligence at all, knows the original African in this day and age is treated worse than America treated the



WHY ARGUE? THE FACTS ARE HERE!

original American and the American Black or African, even during the height of Jim Crowism and The American Indian War.

In this day and age of worldwide communications, satellites, world traveling and networking, apartheid reigns supreme.

The answer to this problem is for all Americans to practice, truly practice what they preach. We call ourselves religious. Religious people, "Love thy neighbor as thy self," and truly be thy neighbors' keeper.

As Americans, we must truly realize that America is not America for anyone until America is truly America for everyone! Then and only then, can we sing with true spirit and meaning of the song "My Country 'Tis of Thee, Sweet Land of Liberty, Of Thee I Sing!" From every mountain side, let freedom ring and bless America and all Americans. Help us to be all that we can be.

Live Aid II failed while the black-tie festivities flourished. Live Aid II was to help our problem farmers who for years and years fed the world. Where should the priority have been? We still have homeless and hungry people in America and the number is growing daily, while we displayed luxury boats in New York Harbor and listened to standard, classical and popular music. Is this what the tired and worn immigrants would approve? Or, would they have rallied to Live Aid II?

Everything was and still is grand, but, all's not well!!!!

NINPA FEATURE

COPING

by Dr. Charles W. Faulkner



Blacks Need a Helping Hand

"Dear Dr. Faulkner:

I am a self-sufficient person, black, and want to do things for myself. The problem is that I have been to 12 different banks and not a single one will make me a small business loan so that I can get my own business started. The black person has everything against him. D. W., Chicago."

Dear D. W.:

Your case is repeated around the country and brings into question the view that blacks have put themselves in their present predicament and have the ability to extricate themselves.

Some people almost seem to try to make you think that blacks shackled themselves in the holes of ships 200 years ago and begged the white man to bring them to America and make them slaves.

The truth is, as you have determined, blacks cannot get the modern day version of "40 acres and a mule" so necessary to starting a business. Many major banking establishments determinedly refuse to "make loans to blacks unless they already have substantial material possessions. What an impractical (racist?) paradox!

On the other hand, many Asians who come to America can easily obtain U. S. Government financial assistance or loans from the Mormon and Catholic churches. A large number of them bring significant amounts of money with them.

Sure, they may have a tradition of hard work and family togetherness but none of this is worth two cents if you can't get enough money to purchase a business. Some of these families purchase a business that they can get their hands on. If the business fails, they simply sell it and buy another one.

So what does this say to the black person who has been told that most businesses fail due to undercapitalization. (It is recommended that you have \$20,000 to \$30,000 before you even consider going

No Apology Needed

(Editor's Note: This editorial appeared in the July 1, 1986 edition of the Houston Post. Thought it would make a lot of sense to print. Ye Ed)

From what we are seeing in print and hearing from a variety of sources, some people are misconstruing Gov. Mark White's "apology" to teachers Saturday at the state Democratic convention. The governor did not apologize for the existence of the Texas Examination of Current Administrators and Teachers; he said he was sorry for the stress it caused.

It's a shame White felt compelled to apologize at all. But teachers' organizations, or at least some of their teachers, have reacted quite out of proportion to a test that is barely above the see-Spot-run level of difficulty. They have heaped criticism on White, when in fact he merits praise for his leadership in helping to correct a situation the education establishment allowed to develop.

The TECAT and the rest of the education reform package produced by the Legislature two years ago are just as worthwhile now as when the ideas were new and fresh. Let us forget, they included no-pass, no-play-a pay raise and a career ladder for teachers; and a pared-down, more efficient State Board of Education.

White, in a tough race to succeed himself in the state's top office, probably feels he has his back to the wall. And that may be true, or at least close. This explains his comments in Austin - a fairly transparent move to appease angry educators. "We asked you to put your jobs on the line, and that's more than we ask of people in any other profession," he told the convention.

Well, yes and no. The examples of doctors, dentists, lawyers and architects come to mind, to name just a few. The difference is that in 1984 a two-part decision was reached: First, teachers should be tested; second, current teachers would not be "grandfathered." This meant that large numbers of educators were being tested in midcareer, rather than at the start. Thus, the stress.

Politics sometimes dictates unpalatable courses of action. But the TECAT is fair and necessary - and as White pointed out, 97 percent of those who took it on March 10 passed.

Governor, you shouldn't have apologized.

into business).

I, frankly, get sick and tired of those folk who tell poor, hard working blacks to get up off their rear ends and end their poverty by going into business for themselves. Who is going to lend them the capital that is required? It certainly won't be the person who suggested they go into business in the first place.

This guilt complex has created an undue pacificity and emotional strain within black people that has them accepting responsibility for their own plight. Many apologize (at least psychologically) for giving the white man such a "hard time" and for asking him to provide the assistance that they need to help themselves.

"Dear Dr. Faulkner:

Many writers have written about the political prospects, good and bad, of Jesse Jackson. Since you deal with psychology, I would like to know how a psychologist views the 1988 Presidential election prospects of Jesse Jackson. Mr. Cartwright, Cleveland."

Dear Mr. Cartwright:

No one knows for certain what the future holds, so this is just a guess.

I think that the Democratic Presidential candidates, including Jesse Jackson, will conduct a number of somewhat acrimonious debates, just as they did in 1984. Mario Cuomo, governor of New York, will be a dramatic late entrant into the contest. Governor Cuomo will confront, or react to, the

NINPA FEATURE

Business in the Black

By Charles E. Belle



Summer Series Opens for Black Prisoners Paul Mason Party Time benefits Blacks

Wine, women, and song, ah yes, Paul Masson 1986 Summer Series, the world's largest winery-related music festival in its 29th year possesses an opportunity for all three pleasures. A benefit performance for the Freedom Foundation, San Quentin, California who fights for poor, (read Black American) prisoners who cannot afford to pay for justice, were the beneficiaries of a beautiful and comical evening set in Saratoga, California, home of the Paul Masson Vineyard. Justice costs money.

In Santa Clara County, home of "Silicon Valley," you would expect an upscale, uptight audience of white Americans. You would have been half right, but at least one of them was the down-to-earth Robin Williams, Whoopi Goldberg's comical colleague. Robin is raunchy, witty very entertaining in a live act and right on target for teaching ethnic and culture lessons with lots of laughs. Lovely for those of us who are free from prisons. We could party and pay for justice for incarcerated San Quentin souls at the same time. Summer is definitely soul time as well as show time at Paul Masson's Summer Series.

Paul Masson, who claimed they would "serve no wine until its time," is serving one of the most successful jazz extravaganzas this year judging from its listening line-up of Ella Fitzgerald, Sarah Vaughn, Joe Williams and the Hi-Lo's, B. B. King with John Lee Hooker, Ramsey Lewis and Nancy Wilson, with the ever famous Modern Jazz Quartet for a finale in the Fall.

There are of course a number of other jazz festivals during this summer. Some half way around the world. The Montreux Jazz Festival beckons for those with more than a few bucks to have a ball. Being on an ice melted lake setting in the Alps in Switzerland is Al Jarreau's haven where he is "returning upon popular request," according to Dominique Saudan of the Montreux Jazz Festival office, for three consecutive night sets based on last year's raving reviews.

Riding the crest of a new electric current for jazz the world over, Al will be but one of the top internationally acclaimed line up, with Dizzy Gillespie, Herbie Hancock, the McCoy Tyner Trio, Wayne Shorter Quartet, Miles Davis and such dynamite soloists as Chaka Khan, Anita Baker and the beautiful and bad George Benson performing, or rather partying at the Montreux Jazz Festival which runs July 3 - 19th. Hangovers and high times on the Swiss Riviera. Yea us.

Since the Paul Masson Summer Series has performances for the picking this entire season, sipping selected wines while watching sensational soulful shows will be a simple gig for me. We San Franciscans led the national of wine consumption, over 65% above the national average for a city. A condition I continue to contribute to at the Paul Masson free intermission tasting shows. All that wine comes at the right time.

DID YOU KNOW?

By Robert N. Taylor

DID YOU KNOW ... that according to the National Oceanic and Atmospheric Administration (NOAA), if you want to increase your chances of being struck by lightning Florida is the place to live. A NOAA study found that lightning strikes more people in Florida than any other state. North Carolina and Texas rank second and third, respectively.

DID YOU KNOW ... that based on a study of 1,500 adults, the following are the most important qualities Americans desire in their mates: 1) Warm and loving, 2) A sense of humor, 3) intelligence, 4) honesty and 5) common interest. The least mentioned qualities were good looks, sexiness and wealth.

DID YOU KNOW ... that while being thin is the popular rage these days, it may not be the best state for your body and health. One of the findings in that much-talked about study of 17,000 Harvard University alumni was that men who were moderately heavy tended to live longer than their thin counterparts.

strong positions of Jesse Jackson much differently than did Senator Hart and Walter Mandale in 1984. Mario Cuomo will contest Jesse Jackson strongly, strategically and eloquently, in such a way as to appear to legitimize his attack against Jesse, and to make Jesse appear to be inadequately prepared or too extreme to be President. (Remember, politics is all perception) his position will be strident in such a way as to put down Jesse without alienating the black voting populace that will then jump on the Cuomo bandwagon. His handling of Jesse will please white America to such an extent that many unhappy Democrats and die-hard Republicans will join together and elect Cuomo President. You heard it, unfortunately, here first.

Southwest Digest

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Editors - Publishers
T. J. Patterson - Eddie P. Richardson

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You may be critical of some things that are written, but, at least you will have the satisfaction of knowing they are truthful and to the point.

People will react to that which is precise, and we will publish these articles as precisely and factually as is humanly possible. We will also give credit and respect to those who are doing good things for the Lubbock Area and the people. We will be critical of those who are not doing as they have said they would, and this, we think, is fair.

So, this our resolution to you: "Feel free at anytime to call this office for information concerning this newspaper or any other matter that is of concern to you."

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THIS N THAT!

PASTOR RESIGNS! THIS N THAT ... has learned from ... **RELIABLE SOURCES** ... that the young pastor of the ... Mount Gilead Baptist Church ... **REV. A. LEE** ... has resigned ... as pastor of the ... **MT. GILEAD BAPTIST CHURCH** ... as of Sunday ... **JUNE 29, 1986!** According to ... residents of the commu-

nity ... this was rather shocking as it happened so ... **QUICKLY!** THIS N THAT ... has also learned from a local pastor ... that the ... **EAST LUBBOCK MINISTERIAL FELLOWSHIP** ... have asked for a meeting with the membership ... in the very near future ... More on this later!

WANTED A RESOLUTION! THIS N THAT ... has learned from the ... **1966 CLASS OF DUNBAR HIGH SCHOOL** ... while here last week in their class reunion ... they were to send a ... **RESOLUTION** ... to the Lubbock School Board of Trustees ... to either name ... their former school ... **DUNBAR** ... or ... **E.C. STRUGGS HIGH!** A member told ... **THIS N THAT** ... last Friday afternoon they didn't want ... **TWO NAMES** ... when both men are distinguished in the Black community ... "So why ... **TWO NAMES** ... they query?"

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BLACK POETRY

MY SON

My son, listen—and hear me well.
How much you understand only time will tell.
Tomorrow will always be a day away.
Start getting yourself ready to be a man today.

Remember Ron McNair. Remember his example.
He searched for truth, from the cotton fields of South Carolina to space—but he always gave his best.
Be prepared for disappointments, which is your greatest test.
Dream dreams—then work to make them come true.
Don't worry about anyone, just believe in YOU.

Serve your fellowman, but worship only one God.
Be sure your tracks are visible, wherever you tread.
Expect nothing, but be willing to give all you can.
You're God's creation, fashioned by his own hands.
There will be setbacks and crosses to bear.

Look to the Almighty. He'll always be there.
After you've given your best, find a little more to give.
This is how to make it, if you want to LIVE.

Remember you're God's child. He watches over you.
Remember as Ron did, keep him in mind,
and always in view.

Someday you'll talk to your son, as I'm talking to you.
YOUR LIFE will determine the good it will do.
—Mildred McNair (Los Angeles teacher)

(Black poets, who may wish exposure to our reading public, may send copies of their poetry—for editing and with permission to use—in groups of 3 poems or more to Black Resources, Inc., P.O. Box 410 Central Park West, New York, NY 10025. Poetry selected should normally appear within 12 to 20 weeks. Because of staff limitations, no copies are returned.)

HOPE HE GETS BETTER!! Our friend ... **REV. A. W. WILSON** ... has gone back to the

HOSPITAL ... Hope he will feel much better ... We are ... **PRAYING** ... for you ... **REV.**

WILSON! Why not ... **PUT YOUR ARMS** ... around ... **SISTER WILSON** ... as she goes

through these difficult times ... **BLACK MEN, LET'S**

Con't on Page 8

WHETHER IT'S A GIRL OR BOY SHOULD BE THE ONLY SURPRISE...



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Quick & Easy Meals

by Mildred
Mildred B. Griggs, Ed.D.

The KITCHEN BEAT

Hassle-Free Picnics For Summer

In today's Black American home, cooking is no longer the responsibility of one person. Because of busy and varied schedules, usually every member of the family at some time or another has to prepare personal meals or meals for other members of the family. *The Kitchen Beat* is designed to meet some needs of the various cooks in the modern Black family.

The coming of what event marks the unofficial opening of summer? Why outdoor picnics, of course! Picnics play an important part in many families' most pleasant memories, whether they take place in the backyard, at the sandlot baseball game or a lush city park.

Years ago, picnics required such elaborate preparation that the person in charge of the food was often too tired to enjoy the meal itself. Not so today! The modern family uses

convenience foods and prepares some dishes in advance, leaving the actual day of the picnic for festivities.

Take the main course, for instance. Why labor over a hot stove frying chicken when you can buy frozen fried chicken that rivals the taste of that you make at home? Preparation couldn't be simpler—the pre-cooked pieces are just warmed in the oven for about half an hour. Do this the night before the picnic while you prepare the accompanying dishes, then refrigerate the chicken overnight.

Savory Ham & Swiss Spread goes well with fried chicken, and can be served from a crock with crackers on the side. Like the chicken, this spread can be made the night before your outing.

Another good "make-ahead" addition to the picnic menu is *Marinated Vegetables*, a creative alternative to the carrot curls and celery sticks generally served at picnics.

To complete the picnic, serve a selection of fresh fruit. It will provide the ideal finale to a meal that can be made ahead with a minimum of hassle—leaving you fresh and relaxed for the picnic of the season!

We thank the *Campbell Soup Company* for sending these recipes to us for our readers.

TIPS ON TRIPS

The safest place you can be this year is not the United States—it's overseas. But some Americans are playing "chicken" when it comes to travel. Russell Baker, the New York Times columnist, coined the phrase "Chicken Americans" to refer to Americans who, fearing terrorism, have cancelled their European vacation plans. He cites the high safety risk for Americans who stay at home. For example, up to 50,000 people die each year on U.S. highways.



The Swedes take a different tack. The Swedish Tourist Board calls Americans who go to Europe—especially Sweden—the real chickens. These Americans face far less danger than if they stayed home. Check the statistics.

As in previous years, tourists in Sweden enjoy all the amenities without feeling like a Chicken American. Stockholm, one of Europe's most beautiful capital cities, is still "the Venice of Scandinavia." And you can still buy Orrefors and Kosta Boda glassware in the country's famous "glass kingdom."

Furthermore, Sweden's Agriculture Ministry reports the country's air and water are virtually free of contaminants.

To learn more about Sweden, write the Swedish Tourist Board, 655 Third Avenue, New York, N.Y. 10017.



It takes, on average, 37 seconds to deal a deck of 52 cards.

Whip Up A Breakfast, Quick

Breakfast is the most important meal of the day. It doesn't have to be elaborate, but if it's high in nutritional value, it will get your day off to a healthy start.

If the breakfast order at your house is for cereal and milk serve a homemade granola cereal. Easy Granola combines oats, wheat germ, coconut, sunflower kernels, peanuts, and sesame seeds, toasted to a golden brown and mixed with raisins and dates.

A steaming-hot bowl of Breakfast Oatmeal, Swiss Style, flavored with the old-fashioned sweetness of honey and fruit, is very satisfying and will stay with you all morning.

Slice into Pumpkin-Oatmeal Loaf and you'll find a nutritional blend of oats, dates, raisins and pecans. It's great for Breakfast on the run. Until then, good cooking.

EASY GRANOLA

- | | |
|--|---------------------------------|
| 7 3/4 cups regular oats, uncooked | 1/2 cup sesame seeds |
| 1 1/4 cups flaked coconut | 1 1/2 teaspoons salt |
| 3/4 cup firmly packed brown sugar | 3/4 cup vegetable oil |
| 1 cup wheat germ | 1/2 cup water |
| 1 cup chopped Frito-Lay® brand Dry Roasted Peanuts | 1 1/2 teaspoons vanilla extract |
| 1/2 cup Frito-Lay® brand sunflower kernels | 1/2 to 1 cup raisins |
| | 1/2 to 1 cup chopped dates |

Combine first 8 ingredients in a large mixing bowl; set aside. Combine oil, water, and vanilla; stir well, and pour over oat mixture. Toss gently to coat; place mixture into two 15 x 10 x 1-inch jelly roll pans. Bake at 250° for 35 to 40 minutes, stirring every 10 minutes; cool. Stir in raisins and dates. Store granola in airtight containers. Serve as a cereal with milk. Makes about 1 1/2 cups.

PUMPKIN-OATMEAL LOAF

- | | |
|----------------------------|--|
| 1 cup quick-cooking oats | 1/2 cup canned pumpkin |
| 1 cup finely chopped dates | 2 cups all-purpose flour |
| 1 cup chopped raisins | 3/4 cup sugar |
| 1 cup chopped pecans | 1 tablespoon plus 1 teaspoon baking powder |
| 1 1/4 cups hot milk | 1 teaspoon salt |
| 1 teaspoon vanilla extract | 1 teaspoon ground |

- | | |
|----------------------------|----------|
| 2 eggs, beaten | cinnamon |
| 1/4 teaspoon ground nutmeg | |

Combine oats, dates, raisins, pecans, and milk; mix well, and let stand 10 minutes. Stir in vanilla, eggs, and pumpkin. Combine remaining ingredients; mix well, and gradually stir into oat mixture. Spoon into a greased and floured 9- x 5- x 3-inch loafpan; bake at 350° about 1 hour and 5 minutes or until a wooden pick inserted in center comes out clean. Cool on a wire rack. Yield: one loaf.

BREAKFAST OATMEAL, SWISS STYLE

- | | |
|--|-----------------------------------|
| 3 cups water | 1 1/2 cups quick-cooking oats |
| 1/2 (8-ounce) package mixed dried fruit, chopped | 2 tablespoons wheat germ |
| 1 teaspoon salt | 1/4 cup slivered almonds, toasted |

Bring water to a boil in a 2-quart saucepan. Stir in fruit and salt; return to a boil. Add oats and honey; cook, stirring frequently, 1 minute. Remove from heat. Cover, and let stand 3 minutes. Stir oatmeal; spoon into serving bowls. Sprinkle each serving with 1 1/2 teaspoons wheat germ and 1 tablespoon almonds. Serve with milk. Yield: 4 servings.

Dr. Griggs invites you to send your suggestions or questions to: Quick & Easy Meals by Mildred, Sage Feature News Service, 3101 Martin Luther King Blvd., Dallas, Texas 75215.

Ham & Swiss Spread

- | |
|---|
| 1 can (10 1/2-oz.) cream of onion soup |
| 1 pkg. (3 oz.) cream cheese, softened |
| 1 can (about 2 oz.) deviled ham |
| 1 cup shredded Swiss cheese |
| 2 tablespoons finely chopped green onions |
| 1 tablespoon prepared mustard |
| 1/4 teaspoon pepper |

In medium bowl of electric mixer, gradually blend soup into cream cheese. Beat just until smooth (overheating makes spread thin).

Add ham, Swiss cheese, green onions, mustard and pepper.

Cover; refrigerate at least 4 hours. Serve as a spread with assorted crackers. (Makes about 2 1/2 cups.)

Marinated Vegetables

- | |
|---|
| 12 can (10 1/2 oz.) chicken broth |
| 1 medium bay leaf |
| 2 teaspoons dried basil leaves, crushed |
| 1/4 teaspoon pepper |
| 2 cups diagonally sliced carrots |

Con't on Page 8



Congratulations to Donna Wheeler for winning \$100.00 worth of FREE Groceries from United Supermarkets & Levines Sidewalk Sale!



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FROM THE PEN OF
PARSON D. A. SMITH

D. A. Smith
Pastor
Bethel A. M. E. Church
Lubbock, TX

The Demands of The Flesh

The flesh and the devil have managed to overpower all of us at times. The flesh keeps nagging at us, and sometimes it lures us into sin. This is an age old problem. Recently, because of the yielding to the temptations of sin by the flesh, and from the consequences of that yielding, Pete Rozell, Commissioner of the National Football League, introduced a seven-point mandatory drug program and the U. S. Supreme Court affirmed the constitutionality of the state of Georgia's statute that criminalizes consensual sodomy, as the statute applies to homosexual sodomy.

Flesh is that physical stuff that we all are made of. It is not necessarily bad, neither is it necessarily good. In order for the flesh to be good, it needs to be controlled by a mind that is good. A mind that is good is controlled by the Spirit of God. We must realize that the flesh has natural wants. For example, it likes to eat and to be comfortable. But if not kept under control, it will eat too much and even steal food and clothing and other items of comfort instead of working for them, because it is easier. The flesh wants sexual

We Thank God For Jesus "Lord, The Watchman's Off The Wall!!! Letting Sin Come In From All!"

Isaiah 56:10,11 - The Lord said: His watchman are blind: They are all ignorant, they are all dumb dogs, They cannot bark; sleeping, lying down, loving to slumber, yea, they are greedy dogs which can never have enough, and they are shepherds that cannot understand; they all look to their own way, every one for his gain from his quarter (anniversary).

Lord, that watchman's got a deacon, living in sin, (shacking)

He's blocking the door to the kingdom, he want go in. Lord, the watchman told him he's OK, & has baptized him saying bring the tithes my way.

Matthew 23:13 - Jesus said, but woe unto you, scribes, and Pharisees, hypocrites! For ye shut up the kingdom of Heaven against men: for ye neither go in yourselves, neither suffer ye them that are entering to go in.

Lord, that watchman's got a deacon, running a cafe, selling drugs (alcohol) to people everyday.

Timothy 3:8 - Likewise must the deacons be grave (dignity), not double-tongued, not given to much wine, not greedy to filthy lucre (money).

Luke 16:13 - Jesus said, no servant can serve two masters: for either he will hate the one, and love the other; or he will hold to the one, and despise the other. Ye cannot serve God and Mammon (money).

Lord, that watchman has hung pitchers of old, & the cross is hanging one from off the floor.

Matthew 23:32 - Jesus said, woe unto you, scribes and Pharisees, hypocrites! Because ye build the tombs of the prophets, and garnish (shine) the sepulchres of the righteous.

John 12:32 - Jesus said, and if I be lifted up from the earth, will draw all men unto me.

Lord, that watchman has 5 musicians, they say "We won't be saved," but every Sunday they come with instruments, "An they do play." (They play good rock & soul)

Lord, The watchman says leave them alone, "I'm gon save them." But blind leading the blind, someone needs to save "him." (I'm gon can't save, only Jesus can.)

Amos 5:21-24 - The Lord said, I hate, I despise your feast days, and I will not smell in your solemn assemblies. Take thou away from me the noise of thy song; for I will not hear the melody of thy viols. But let judgment run down as waters, and righteousness as a mighty stream.

Proverbs 17:15 - He that justifieth the wicked, and he condemneth the just, even they both are abomination to the Lord.

Galatians 6:7 - Be not deceived; for God will not be mocked: for whatsoever a man soweth, that shall he also reap.

Revelation 16:15 - The Lord said, behold, I come as a thief. Blessed is he that watcheth, and keepeth his garments, lest he walk naked, and they see his shame.

Revelation 16:15 - The Lord said, behold, I come as a thief. Blessed is he that watcheth, and keepeth his garments, lest he walk naked, and they see his shame.

Revelation 2:4,11 - Jesus said, nevertheless I have somewhat against thee, because thou hast left thy first love. He that hath an ear, let him hear what that the spirit saith unto the churches; he that overcometh shall not be hurt of the second death.

God is not through with us yhet. Let's pray for one another, always.

Directed - Arranged - Produced - Guided
By My Lord Jesus Christ
Written by Billy "B. J." Morrison, III
Your Brother in Christ Jesus Always!

Special Musical At Community Baptist

The Pilgrim Rest Baptist Church, of Denver, Colorado, with the Rev. P. H. Gholson, Pastor, will be featured in a special services, Sunday, July 13, 1986, at Community Baptist Church, 220 Quirt Avenue.

Rev. Gholson will bring the 11:00 A.M. message with his choir backing him.

At 2:30 P.M., the Pilgrim Choir will be featured in a musical.

This choir is under the directions of Bro. William Shumate formerly a resident of Lubbock. Local choirs will also participate in this festive occasion.

Come one!!!! Come all!!!! and share in these worship experiences. Your life will be enriched and your souls will be made fat!!!! Rev. Tony Williams is pastor of Community Baptist Church.

satisfaction, so it may forcibly molest a child; rape; commit homosexual acts; commit adultery, fornication, etc., if it is not controlled to educate and help discipline the minds of those who are yielding to the sinful demands of the flesh.

The Statue Of Liberty...

She is standing poised and waiting,
With her torch held high above,
And she offers hope and freedom,
Mixed with happiness and love...

She invites all men and women,
Seeking liberty and peace;
Hand-in-hand they come together,
And they find here sweet release...

To the poor and to the hungry,
To her shores she welcomes all;
She is truly a great lady,
Come, and heed her gracious call!!!

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Following programs will be held at Parkway Drive Church of Christ, 3120 Parkway Drive. For more information contact: Gerald P. Jackson, 762-3546.

Power in Parenting The Young Child July 2
Power in Parenting The Adolescent July 9
The Family Under Fire July 16
Overcoming A Painful Childhood July 23
The Heritage July 30

Each Session Begins at 7:30 p. m.

The Outreach Prayer Breakfast

Sisters and Brothers of the Outreach Prayer Breakfast met last Saturday morning in the home of Sister Mary Ward. After a brief devotion, the morning scripture lesson was brought by Sister Adilia Hardrick. Her scripture was Proverbs 3.

"Trust in the Lord with all thine heart; and learn not unto thine own understanding."

Sister Hardrick is a dynamic Bible teacher. Come and get the full message.

This sister is truly a Bible teacher!

Thought: "God had a divine plan for his creation, and he won't change it. Because it's good! You may try to change tid bits if you choose, but remember, the plan works on -- God's Plan! Think about it!

Come eat with friends. We love you. We have no problems loving -- that's one thing we have plenty of.

of the tormentors. Get them out of your life. If you have suffered for years, start today. Get rid of those! Think hard, go back as far as you need to dig them out and go to that person or persons and ask them to forgive you. The things you have been holding against them for years. Then go to God, and ask Him to restore your health. He will, Friends, simple rules you must follow. The power is in your mouth. Use it! Pray, the results; not the problem.

To all our bereaved families, our Lord knows just how much you can bear. Look around you, he's always near. As you

want him to be. "HE LOVES YOU!"

Thanks to all of you for your prayers, donations, and love. We truly need all of them.

Feel free to drop by or all, or even write us. Our mailing address is: Outreach Prayer Breakfast, P. O. Box 1223, Lubbock, Texas 79408. Or you may call either number: 747-7326 or 762-3347.

We will be in the home of Sister Ollie Hemanas, 2311 Fir Avenue, this Saturday morning. See you there. No invitations are needed. Just an appetite -- either physically or spiritually. Be a part of the Prayer

Cont'n on Page 8

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CHURCH COVENANT

Memory Verse: Rom. 15:5,6

"Covenant" means "an agreement, to agree, be of one mind, come together. A binding and solemn agreement by two or more persons, parties, etc., to do or keep from doing some specified thing; a compact. A solemn agreement between the members of a church, that they will hold to points of doctrine, faith, etc." -- Webster's Unabridged Dictionary, 1975.

I. ESSENTIALS FOR ENTERING INTO THE COVENANT. (PARAGRAPH 1)

(This could be called essentials for Church membership.)

- A. A Common Spirit Led Scriptural Experience.
- 1. A positive experience of salvation. John 1:11-13; Eph. 2:8,9; 1 Thess. 1:9; II Thess. 2:13,14
- a. Baptists have always stood for a regenerated church membership.
- b. Those who believe in salvation through baptism, church membership, works, etc., would be ineligible for church membership.
- 2. A public confession of Christ as Saviour. Rom. 10:9; Acts 8:37; Matt. 10:32
- 3. A proper obedience in Scriptural baptism. Acts 2:41
- a. Baptized in the name of the Trinity. Matt. 28:19
- b. This includes a proper mode and proper authority also, as we studied in the Confession of Faith.

- B. A Common Willingness To Enter Into Covenant.
- 1. This is done before witnesses.
- a. God is a witness to all our promises.
- b. Angels witness our work. Heb. 1:13,14
- c. The assembly -- human witnesses.
- 2. This is both a solemn and joyful occasion.
- 3. It is a mutual agreement.
- 4. The result -- one body in Christ -- the body of Christ. Eph. 2:19-22; I Cor. 12:14-27

II. MUTUAL OBLIGATIONS UNDER THE COVENANT. (PARAGRAPH 2)

- A. A Proper Christian Walk.
- 1. We need the aid of the Holy Spirit. II Cor. 3:5
- 2. "Walk together" -- This is Christian unity. Amos 3:3; I Cor. 1:10; Rom. 15:5,6
- 3. This can only be done in Christian love. I John 2:10; John 13:34
- B. A Proper Goal -- "The Advancement Of This Church"
- 1. Advance in knowledge. II Pet. 3:18
- 2. Advance in holiness. Gal. 5:13; I Thess. 4:3,4,7; II Cor. 7:1
- 3. Advance in comfort. (This is not talking about padded pews and air conditioning). Heb. 10:24; Gal. 5:13; I Thess. 5:14
- 4. By promoting its prosperity and spirituality. Eph. 4:11-12
- 5. By sustaining its worship. Heb. 10:25
- 6. By sustaining its ordinances. I Cor. 13:2
- 7. By sustaining its discipline. This would involve training in submission to God. Matt. 18:15,17
- 8. By sustaining its doctrines. Acts 2:42; I Tim. 4:6,13,16; II Tim. 3:16

- A. Proper Manner Of Church Finance.
- 1. Giving should be cheerful and regular. II Cor. 9:7; I Cor. 16:2
- 2. The ministry is to be thsu. supported. Gal. 6:6; I Cor. 9:7-14; I Tim. 5:17,18

3. The expenses of the church raised.

4. "The relief of the poor." The church is not to feed all the hungry of the world. Much money that could have been used to spread the gospel, has been used in social work, feeding and clothing those who have no part in the church or in Christ.

- a. When many of the Jerusalem saints gave all they had to the church, this money was used to help Christians only. Acts 6:1-7
- b. During the drouth, an offering was taken for the "brethren" at Jerusalem, but not for unbelievers. Acts 11:27-30; II Cor. 9:1; I Cor. 16:2
- c. Paul's instruction to Timothy is plain on this point. I Tim. 5:3-16; II Thess. 3:10
- 5. The spread of the gospel. This is missions. Matt. 28:18-20

III. INDIVIDUAL AND FAMILY OBLIGATIONS UNDER THE COVENANT. (PARAGRAPH 3)

- A. Proper Spiritual Conduct In The Home.
- 1. Secret or private worship and prayer. Matt. 6:6; 7:7; Luke 18:1
- 2. Family Bible Study, worship and prayer. Gen. 18:19; Deut. 4:9; 6:7; Prov. 22:6; II Tim. 1:5; 3:15
- 3. Religious education of children. Eph. 6:4
- 4. Salvation of kindred and acquaintances. Matt. 5:14-16; Mark 5:19; Rom. 9:3
- B. Proper Spiritual Conduct In The Community.
- 1. Walking circumspectly (carefully and correctly), in the world. Eph. 4:1-3; I Thess. 5:15
- 2. Honesty, faithfulness, a good example in conduct. I Pet. 2:12; Heb. 13:21; Phil. 3:16-18
- 3. Controlling the tongue and anger. Matt. 12:36; Prov. 26:20; 6:16-19; Eph. 4:26
- 4. Abstaining from the sale and use of intoxicants.
- a. Abstain from selling intoxicating beverages. I Thess. 5:22; Hab. 2:15
- b. Abstain from its use. Prov. 20:1; 23:29-32; Eph. 5:18
- 5. Zeal in the work of the Lord. II Cor. 5:20; I Cor. 15:58; John 15:16

IV. FURTHER OBLIGATIONS UNDER THE COVENANT. (PARAGRAPH 4)

- A. A Proper Attitude Toward Fellow Church Members.
- 1. Watching out for their welfare. Gal. 6:2; Rom. 14:7; II Thess. 3:14,15
- 2. Remember each other in prayer. Heb. 13:18; Eph. 6:18
- 3. Aiding in sickness and distress. Rom. 12:15; I Cor. 12:26
- 4. Practicing Christian sympathy. I John 3:17-18; Col. 3:17; 4:5
- B. Maintaining Proper Relations With Brethren.
- 1. Be slow to take offense. Prov. 15:1
- 2. Be ready for speedy reconciliation. I Cor. 6:7; Matt. 18:15,21,22; R.m. 14:19

- C. Proper Conditions For Moving Church Membership. (Paragraph 5)
- 1. Need for earthly home and a church home. Many people move to distant cities and search for a home, but they do not consider a need for a church home until all else is settled. Find out if a good church home is available before moving to that city.
- 2. It should be an Independent Baptist Church of the same faith and order. Any church will not do. Acts 18:27; Rom. 16:1-2; Heb. 10:25

Sunday School 9:45 a. m.
Worship Services 10:45 a. m.
Evening Worship Services 6:00 p. m.
Wednesday Evening Services 6:30 p. m.

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Kitchen Beat

Continued from Page 5

- 2 cups cauliflowerettes
- 1/2 lb. green beans, cut in 2-inch pieces (3 cups)
- 1/2 cup lemon juice
- 1/4 cup sugar
- 1 can (about 6 oz.) pitted ripe olives, drained

In 10-inch skillet over medium heat, combine broth, bay leaf, basil and pepper; heat to boiling.

Add carrots, cauliflowerettes and green beans; reduce heat to low. Cover; simmer 5 minutes or until vegetables are just tender.

Add remaining ingredients; pour into shallow dish. Cover; refrigerate at least 6 hours. Stir occasionally. Remove bay leaf. Serve with slotted spoon. (Makes 7 1/2 cups or 10 servings.)

We believe that our readers will want to support those advertisers who support the press of Black America. We are sure, therefore, that when you select the ingredients for this week's recipes, you will want to use:

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Ronald McDonald

Continued from Page 1

deductible. Contributions to the project may be mailed to Family House, Inc., P. O. Box 6374, Lubbock, Tx 79493. Further information about how businesses and individuals may participate in building the Ronald McDonald House is available through the Lubbock-Crosby-Garza County Medical Society at 762-3777.



Put casters on a drawer from a discarded dresser to make a toy or storage bin that can be rolled under the bed.

THIS N THAT

Continued from Page 4

GET TOGETHER! THIS N THAT ... is hoping and praying that ... the ... **BLACK MEN** ... of East Lubbock gets together.... It is so very much needed ... Let's do what we can to get our selves together ... so we can do somethings for ourselves.... Come on ... **BLACK BROTHERS** ... let's get together and see what we can do together...

LOOKING REAL GOOD!! THIS N THAT ... would like to say ... **THANK YOU ... TED HOGAN** ... for a ... **JOB WELL DONE** ... in cleaning up the ... apartments on ... **IVORY & JUNIPER AVENUES** Thanks a bunch ... **TED!!**

Outreach

Continued from Page 6

Tower. It's a miracle. "CAN ANY GOOD COME OUT OF NAZARETH?"

Sister Juanita Sowell, president; Sister Christine Burleson, vice president; Sister Annie M. Johnson, acting secretary; and Sister Dorothy Hood, reporter.

"Courage is grace under pressure." Ernest Hemingway

Patterson Speaks

Continued from Page 1

the church, Brother Alton Jackson, Plainview City Councilman, will serve as master of ceremonies.

Patterson will be introduced by Eddie P. Richardson, co-publisher of the Southwest Digest. "We hope our many friends will come out and help us in this special effort," said Rev. S. T. Sneed, pastor.

"We have a lot to be proud of and a mighty long ways to go as Black people, but we can do it together," continued Rev. Sneed.

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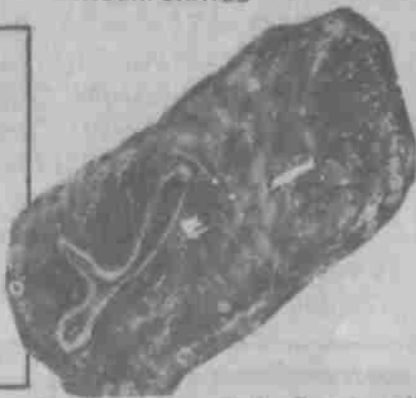
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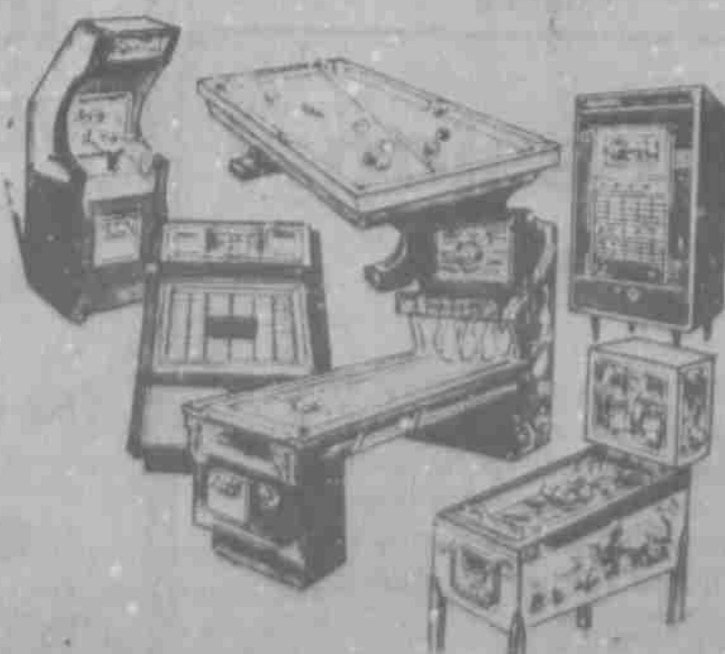
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