

Lubbock Digest

AN INDEPENDENT HISTORICAL NEWSPAPER FOR ALL PEOPLE... PRIMARILY
SERVING THE BLACK POPULATION OF LUBBOCK COUNTY
AND SURROUNDING AREA... MORE THAN 37,000

Black Press of America

20
MINUTE CITY
LIMITS
OF LUBBOCK
25c
DAILY

ON GUARD
For Human Rights
24 Hours A Day

VOL. IV, NUMBER 5 PHONE: (806) 762-3612 ABMINEWSPAPER 510 EAST 23RD STREET LUBBOCK, TEXAS OCTOBER 16 THRU OCTOBER 22, 1980

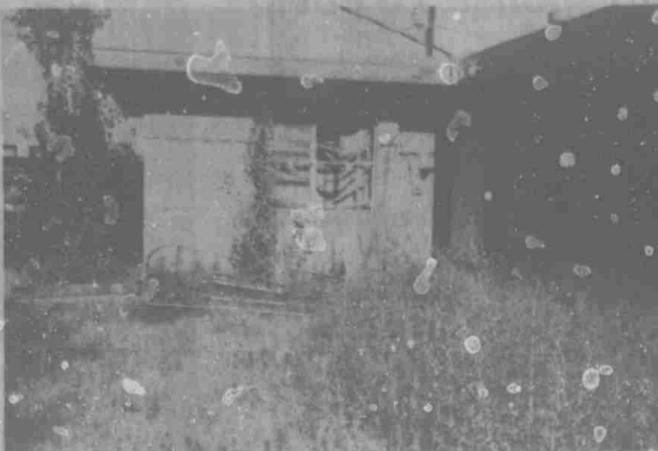
CORONADO APARTMENTS NEED TO BE CLEANED UP!!



Pictured above are photos of the Coronado Apartments in East

Lubbock. Something needs to be done now about this present

condition. We suggest that the City of Lubbock do something about this



present situation. One wouldn't believe it, but people are living in

these apartments without water, gas and electricity. Some resi-

dents have been seen using the tall weeds for their restroom.

Western Electric Black Executives Share Their Corporate Experience

Ten black executives from Western Electric will visit Grambling University in Louisiana this fall to share their business expertise and technical knowledge with students.

The visits are made possible through Western's cooperation with the National Urban League in its annual Black Executive Exchange Program. The National Urban League has sponsored the exchange program since 1969 to give minority students face-to-face contact with professional and corporate executives.

This is the third consecutive year that Western has sponsored all the participants for a semester-long program that adds corporate insight to courses taught at minority universities. The company also participates in the general Black Executive Exchange Program by

sending executives to other minority universities during the academic year.

As part of this year's semester-long participation at Grambling, seven female and three male executives will be at the university at various times between September and December. Basic exchange of information between the executives and students will cover the use of computers to streamline the processing of large amounts of business information.

Participants in the exchange program join a faculty member teaching

a credit-bearing course on data processing, and give presentations on their practical experiences that relate to the theories and principles students are trying to grasp.

Discussion will center on personal experiences in such areas as data processing applications, systems analysis design, basic input and output devices, computer systems and computer concepts.

The ten executives work in Western Electric offices in New York, New Jersey, Illinois and Louisiana.

Minority Church Alleges Government Discrimination

Washington — The Church of Scientology, a minority religion which has been the target of government dirty tricks

similar to those used against various civil rights and social reform organizations, has been

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Blacks and the Historical Preservation Movement in America

(Part 2 in a 2 part series)

Minority communities had better begin to involve themselves more in local preservation programs or face the loss of valuable pieces of their history to the forces of redevelopment.

The 1970s were marked by a trend towards re-activating older neighborhoods — and the ultimate displacement of Blacks and other low-income persons. In many American cities, individuals, governments and private enterprises are buying and renovating properties in the inner-cities. And, in recent years, conservationists have begun to set their sights on minority areas as targets for preservation activities.

For example, in Savannah, Ga., approximately 600 homes in the city's Black Victorian District are being acquired for restoration over the next 10 years. A large project in Pittsburgh's low-income Manchester Historic District is restoring 1,200 houses. In Virginia, the rebirth of Richmond's Black Jackson Ward is

occurring as a result of historic preservation activities.

Brooklyn has its widely-known Bedford-Stuyvesant Restoration, Cincinnati its Mount Auburn, Memphis its Beale Street and Atlanta its Sweet Auburn. This story is repeated in St. Louis, San Francisco, Charleston and St. Paul. And there are more, but suffice it to say this "movement" is certain to mushroom in the years ahead, and Blacks should get on board if their culture and their presence in the cities are to be assured.

What can be done to protect minority interests? A good point to start would be with the churches, lodges, and established social and civic clubs serving Black communities. To reflect broad community support, a coalition of groups might be formed to sponsor the restoration of a valued but deteriorating property, such as an old theater, a lodge hall, a turn-of-the-century church, the home of a pioneer citizen, or a historic cemetery.

Each state has its own "Historical Preservation Office," which receives Federal grants for local projects. A percentage of the funds are expected to be spent in minority areas. Black politicians should also press the Governor for appointments to these traditionally white commissions.

A good source for assistance is "The National Trust for Historic Preservation," a private organization chartered by Congress in 1949 and supported with matching federal funds. The Trust can help citizen groups obtain official recognition of the historic value of their

neighborhood. They also offer financial and training help and publications to member groups. A special "Endangered Properties Program" may help save historic structures from demolition or sale, or preserve neighborhoods with distinctive properties. Membership in the Trust is \$25; write to them at 1785 Massachusetts Avenue, N.W., Washington, D.C. 20036 for more information.

The "Advisory Council on Historic Preservation," an independent Federal agency created by Congress in 1966, has chief responsibility for advising the President and Congress on preservation policy. It

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Ramsey Ferguson Succumbs From Car Mishap

Car Mishap

Final rites were held Monday morning at the New Hope Baptist Church for Ramsey L. Ferguson, age 7, with the Rev. A. L. Dunn, pastor, officiating.

Interment was held in the City of Lubbock Cemetery under the direction of South Plains Funeral Home.

Little Master Ferguson was born February 2, 1973 in Lubbock, Texas to Mr. and Mrs. Joseph S. Ferguson, Sr.

He was a student at Beaman Elementary

School. He passed away Thursday, October 9, 1980.

Survivors include his parents, Mr. and Mrs. Joseph S. Ferguson, Sr. of Lubbock; a brother, Joseph, Jr. of the home; maternal grandparents, Mr. and Mrs. Will B. Ausbie of Lubbock; great grandfather, Mr. Murree Brown of Lubbock; an uncle, many other relatives and friends.

Callbearers were friends of the family.

Upward Bound Accepting Applications

The Texas Tech University Upward Bound Program is now taking applications for its

1980-81 academic year program from any interested students who are in his/her junior year in high school.

The Upward Bound Program is designed to help high school students from families meeting the program's low-income criteria, as established by the U. S. Commissioner of Education, to develop the skills and motivation necessary for success in college.

Preference will be given to students who demonstrate academic potential and scholastic ability in their high school courses. The students must be able to participate in student sessions that are held every Saturday morning from 8:30 a. m. to 1:00 p. m. on the Texas Tech campus. Students must also be able to participate in a six-week on-campus program next summer. The summer program provides students with an opportunity to become better acquainted with college life.

Any junior student interested in becoming a member or wanting more information about the program should contact his/her high school counselor or the Upward Bound office which are located in Room 304 West Hall on the Texas Tech campus and are open 8:00 a. m. to 5:00 p. m., Monday through Friday. The telephone number is 742-3616. Ask for the program counselors, Sandra Woodard or Mariene Hernandez.

One Vote

This is an election year. Just how important is ONE VOTE? YOUR VOTE? The following facts may astound you, however they are true.

- In 1645, *One Vote* gave Oliver Cromwell control of England.
- In 1649, *One Vote* caused Charles I of England to be executed.
- In 1776, *One Vote* gave America the English language instead of German language.
- In 1939 *One Vote* elected Marcus Morton governor of the state of Massachusetts.
- In 1845, *One Vote* brought Texas into the Union.
- In 1868, *One Vote* saved President Andrew Johnson from impeachment.
- In 1875, *One Vote* changed France from a Monarchy to a Republic.
- In 1876, *One Vote* gave Rutherford E. Hayes the Presidency of the United States.
- In 1923, *One Vote* gave Adolph Hitler leadership of the Nazi Party.
- In 1941, *One Vote* saved Selective Service twelve weeks before Pearl Harbor.
- In 1960, Richard Nixon lost the Presidential election and John F. Kennedy won it by less than *One Vote* per precinct in the United States.

Just How Important Is One Vote?

Your Vote?



GRACIOUS HOST - Tom Shropshire, center, senior vice president and treasurer of Miller Drawing Company, entertained a conspicuous group of guests in the Miller suite at the 10th Annual Congressional Caucus Legislative Weekend at the Singleton Hilton Hotel. Enjoying the festivities

are left to right: Bob Thaxton, Canadian Club Market Development manager; Mrs. Shropshire; Mariene Johnson, member of the Milwaukee City Council and Joan McKinley Shelton, executive committee, National Caucus and Center On The Black Aged.

THIS WEEK IN THE LUBBOCK DIGEST

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Business in the Black

By Charles R. Beale



**Dealing with bill collectors
Do it Yourself Bankruptcy**

Many people believe that once they get into debt all sorts of terrible things will happen to them. Being in debt may be unpleasant, but it is not a disaster. You cannot be sent to jail for not paying your debts whether you have the money to do or not.

In some states like California most of your property including the equity in your house (if homesteaded) or mobile home, your clothing, your furniture, up to \$1,000 in a savings and loan association, and an inexpensive used car are exempt and cannot be taken from you to pay other debts.

However, you can be sent to jail under criminal laws for not paying spousal support (alimony) or child support if, and only if, you have the ability to support and refuse to do so in the state of California. Naturally, no exemption law protects you from losing an item where you have failed to make payments on the item itself, and the item has been put up for security. Six months behind in car payments is usually grounds for repossession of the wheels, a case in point.

Putting all your debts under one roof is really not sufficient to save some people. Much of what passes for credit counseling is no more than a front for loan sharking, says attorneys Peter Jan Honigsberg and Ralph Warner. Attorneys Honigsberg and Warner have just published the third edition of Bill Fayer's Rights, a California debtor's handbook. They warn of worthless credit counselors who preach consolidation of all your bills, then "lend you more money at outrageous rates (up to 30% per year) rather than help you get out of debt."

Being overburdened with debt is a serious time to think of filing bankruptcy. The U.S. Supreme Court has declared bankruptcy a safe and sane act! Bailing out of debt troubles through bankruptcy is clearly not as cumbersome or a contagious disease today as in the past. The U. S. Supreme Court has stated: "The purpose of the Bankruptcy Act is to insure a new opportunity in life, and a clear field for future effort, unhampered by the pressure and discouragement of pre-existing debt."

In short, get out of debt legally. Stop lawsuits, judgments, wage attachments, repossessions and creditors harassment. Keep your car, home, mobile home, TV, appliances, furniture, clothes, wages and much more. Make a cut in monthly bills instantly and consolidate all bills and state and federal taxes for 2.5% per year!

You can read all the simple statement of the facts on bankruptcy for '85 in a booklet by John J. Slavicek, legal consultant and Robert J. Yohannan Attorney at law, The Consumer Guide to Bankruptcy & Chapter 13, published by the American Bankruptcy Council, Inc., 2525 Van Ness Avenue, San Francisco, Calif. 94109.

In the event you are already convinced and are ready, willing and able, save some money by ordering Attorney Janice Kosel's Bankruptcy-Do-It-Yourself, Nolo Press, 950 Parker Street, Berkeley, Calif. 94701.

Ralph Warner, edited this member of the California Bar's book which simplifies the filing for bankruptcy by all the steps from start to finish. Recent studies have shown more and more people are becoming overburdened with debt.

Whatever the underlying causes, record numbers of personal bankruptcies have been filed in recent years. Over the last three decades the number of bankruptcies has risen over 2,000.

You will not be alone in the bankruptcy line!

Know Your School Trustees



Elizabeth Sisco

Another elected School Trustee is

Elizabeth Sisco. She became Trustee, Place 5, by election in 1980. She and her husband, Ted, have three children. She is an attorney in private legal practice. Trustees are elected by registered district voters to rotating 6-year terms. Two or three places are filled in semi-annual elections the first Saturday in April.

Woman Of The Month



Ms. Vernita Holmes

Ms. Vernita Holmes, 2429 East 29th Street, has been chosen "Woman of the Month" for October at the YWCA. Ms. Holmes is a fourth

grade teacher at Mae Murphy Elementary School and is active in several teachers and educational associations. The mother of two

children, Ms. Holmes has a Masters degree in Education from Texas Tech University.

Response To Poem

(Editor's Note: The following poem was received from a local black woman. She advised us that her son, F. R. Carney, wanted to answer the recent poem written, "Niggers On The East Side." The woman, Mrs. V. O. Carney of 2807 Weber Drive, No. 615, wanted us to publish it. We are doing just that.)

"Niggers Are Everywhere"

Niggers are on the East Side yeah that's true. But niggers are everywhere and you better dig that too!

Niggers are in the White House getting the news; and there are niggers in the juke joints singing the blues.

We got niggers in Hollywood acting a fool; also niggers in universities going to school.

We got niggers with good jobs thinking they are white; We got niggers with no jobs doing nothing right!

And I do declare, niggers are everywhere!

Yeah, some niggers are on the East Side, but they were there before the leader died.

So niggers on the East Side remember with care -- that niggers are not only on the East Side, but everywhere!!

VOTE!!



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Sale ends November 1

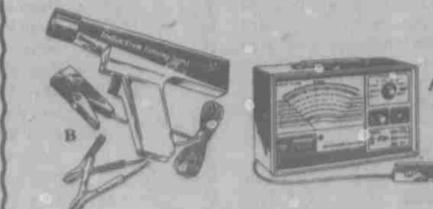
\$16.99 SteadyRider® RT radial-tuned shocks 12.99 ea.

\$29.99 Super-duty shocks for pick-ups, vans 24.99 pr.

\$39.99 Sears booster shocks 34.99 pr.

\$59.99 Air-adjustable shocks for extra 1,000-lb. loads 54.99 pr.

Sears shocks for most American-made cars and imports. Installation extra.
Sale ends November 1



A. \$99.99 30-Test auto analyzer with inductive pick-up 89.99
Sale ends November 1

B. \$39.99 Inductive timing light 29.88

C. 84¢ Autolite® spark plugs 89¢
\$1.04 Autolite Resistor plugs 89¢
Sale ends October 25

D. Muzzler® muffler
Regular price 13.99
Most American-made cars.
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Sears Where America shops for Value
Satisfaction Guaranteed or Your Money Back

\$17 OFF DieHard
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410 amps cold cranking power, 107 min. reserve capacity. Group 24. For most American-made cars and many imports.
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Reg. \$66.99 **49.88** exchange

A. \$13.99 Heavy-duty 12-ft. hooster cables 7.88

B. \$39.99 Battery charger, 10 amps 29.88

C. \$69.99 Compact 1 1/2-ton floor jack 44.88

Sale ends October 25

SAVE \$51 to \$83
on set of 4 WeatherWise all-2 steel belted radial tires



Mounting and rotation included.
Valve stems and balancing extra.

WeatherWise radial wheel and tire	may be substituted for	Reg. price each	SALE price each	plus P.S.T.* each
P155/80R13	155R-13	\$63.95	\$11.16	1.59
P165/80R13	165R-13	\$67.95	\$14.36	1.89
P185/75R13	185R-13	\$71.95	\$17.56	2.02
P185/80R13	185R-13	\$74.95	\$19.96	1.97
P185/75R14	185R-14	\$79.95	\$22.96	2.19
P195/75R14	195R-14	\$84.95	\$27.96	2.33
P205/75R14	205R-14	\$89.95	\$31.96	2.48
P215/75R14	215R-14	\$93.95	\$35.96	2.53
P205/75R15	205R-15	\$89.95	\$31.96	2.57
P215/75R15	215R-15	\$93.95	\$35.96	2.73
P225/75R15	225R-15	\$97.95	\$39.96	2.92
P235/75R15	235R-15	\$103.95	\$45.96	3.11

*Federal Excise Tax Sale ends November 1

SAVE \$20 to \$36
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White and blackwalls on SALE at Sears. Two glass belts, 2 polyester plies.
Sale ends November 1

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NNPA FEATURE

COPING

Dr. Charles W. Faulkner



There Is an Alternative

Most people allow themselves to get into a rut because they do not search for a different solution to their problems. Most people allow themselves to get backed into a corner because they think that a specific solution to a problem is the only solution that will work for them.

Frustration and depression result from this dependency on limited potential solutions to problems. However, it should be realized that many solutions are waiting to be applied. If one action fails to resolve the difficulty in your life, then you should hastily try one idea after another until one works for you.

The happy and successful person is the person who is wise enough to know that one is never licked in the effort to be a success. One is not limited in the methods that can be used to achieve success. The person who accepts defeat merely because the attempt to resolve a problem did not work is the cause of the continuation of the problem and the resulting depression. The person who never stops trying is getting closer and closer to success with each effort.

Every successful person has had defeats on the road to success. Every person has had more successes in life than defeats. Few successes come easy. Success requires a continuous, positive, aggressive effort to find the solution and resolve the problem.

The person with a problem, and that includes everyone, should approach every problem the following way:

1. Picture yourself, in your imagination, as the victor, the winner.
2. Conceptualize the problem as a challenge to your perseverance. See it as an enemy waiting to be defeated.
3. Imagine yourself as stronger than the problem and superior to it.
4. Realize that you are a warrior or a well-trained soldier with a wide range of weapons at your command.
5. Determine that you will use every one of your weapons against the enemy and when you have exhausted your arsenal of weapons, you will re-arm yourself and continue your war against the problem.
6. Decide that you will not lose, you cannot lose and you will, ultimately, be the victor.
7. Understand that problems are actually challenges that make you stronger and stronger and stronger.
8. Always imagine yourself as the victor. Always picture yourself as winning. Always dream of your victory.
9. Then, make it all come true with your undiminished perseverance.

Black Historical

Continued from Page 1

also conducts studies on revitalizing cities and retaining older properties. This Presidentially-appointed body has had no Black members however, but some are now reported to be under consideration.

Finally, in this sometimes confusing array of decision-makers, is the Department of Interior's Heritage Conservation and Recreation Service, known as HCRS. Its main actor in the cast of preservation characters; it does the money out to states and the National Trust and works closely with other Federal agencies. Included among their programs is the prestigious "National Register of Historic Places," where all properties in the nation must be listed in order to receive grants, tax breaks and other benefits provided by law. HCRS may be reached at the Department of Interior, Washington, D. C. 20243.

The more active preservationists will want copies of the key legislation, the National

Historic Preservation Act of 1966, and the 1976 amendments; Executive Order 11593 (1971); and the Tax Reform Acts of 1976 and 1978 (don't overlook the tax incentives for preservation). A must book to have on hand is "Federal Programs for Neighborhood Conservation." Its free, order it from the Advisory Council, 1522 K Street, NW, Washington, D. C. 20005.

Whether you live in a big city or a small one, or in a Southern rural area, it may pay you to look around your community. Quite likely you will find a block or building of importance to the history and culture of Blacks—something which bears preserving for future generations to be aware of. Even if you can't be sure of its historical value (there are researchers to check it out), only contact one of these resources for help. Now! The 1980s will be the "Decade of Conservation" and Black America in its own self-interest should get in on the action before it's too late.

CFC Kick Off

Reese AFB, Tx.—Each year Reese people, along with other Lubbock-area federal employees, are given an opportunity to participate in a fund-raising campaign that benefits dozens of local, national and international charitable organizations.

That time of year has arrived.

Beginning October 1, representatives in each unit began canvassing for supporters of the 1981 Combined Federal Campaign. The Reese goal in this year's campaign is \$82,000, part of the total Lubbock goal of \$123,000.

CFC offers two major advantages to federal employees. First of all there is only one campaign a year. CFC is the only authorized fund-raising drive for voluntary agencies within federal establishments. Secondly, there are three ways to give: payroll deduction, cash or check and direct billing.

According to Reese committee vice-chairman, Capt. Frank Belote, most federal personnel wish to contribute an amount comparable to the suggested giving level in the voluntary giving guide. Captain Belote says that an estimate of fair share is one hour's wage per month.

Most federal personnel choose to use the payroll deduction to meet their pledge, enabling them to spread it out in small monthly installments. Deductions for those choosing this option will begin on the first pay period in January and stop at the end of one year. Minimum deduction is 50 cents per period.

Designations, through neither encouraged or discouraged, may be made. Five spaces are provided on the pledge cards that will be distributed by key workers for code numbers of agencies that give wishes to designate.

Dunbar Ex's Will Hold Reunion

All former students who attended or graduated from Dunbar High School during the years of 1920 thru 1949 are asked to get involved in the upcoming reunion. "This is your last call to join your school mates in a wonderful reunion that will take place here October 24, 25 and 26," says Harold M. Chatman, co-chairman of the special effort.

"We have had a beautiful response, but we want to make sure

Amount to any agency may not be less than one dollar.

Barring any designations, distribution to agencies will be according to a formula based on previous campaign experience from 1975-79. United Way will receive 83.84 percent, National Health Agencies 7.95 percent and International Service Agencies, 5.21 percent. Campaign and administration expenses will use the remaining three percent.

you don't get left out," he continued.

The deadline for persons wanting to get involved in the upcoming event is Wednesday, October 22. For those who would like to still participate are asked to see Joe Graves to make payment. There will be no payments accepted at the door, according to Chatman, except for those persons who are coming from out of the city.

"We hope to hear from some more our former school mates," concluded Chatman.

Returns From Germany

Sgt. Charlie Jackson, Jr. has returned home from a tour of duty in Hanau, Germany after a four year stay and will be stationed in Kentucky. He is the son of Mr. and Mrs. Charlie Jackson, Sr., and is a brother of Linda Jackson. He has a daughter, Patric, and resides at 2405 East 7th Street.



Sgt. Charlie Jackson, Jr.

ELIC Meets

Wednesday

The members of the East Lubbock Investment Company (ELIC) will meet Wednesday evening, October 22, at 8 p. m. at Mae Simmons Community Center.

All persons interested in their community are asked to come out and participate in this investment company.

Royal Ladies Club News

The Royal Ladies Club held its usual Wednesday night meeting this week in the home of Ms. D. C. Fair of 2007 Date Avenue.

The meetings was called to order by the president with the usual repeating of Bible verses. The usual business was discussed because their plans have been made for their Christmas dinner.

Their most generous hostess served a very stunning dinner, with table setting of Royal Blue and White offset with a Pink Floral Centerpiece. The menu consisted of Chicken Frickizette, Rib & Rice, Macaroni and Cheese, Green Beans and Onions, Potato Salad, and Rolls. For dessert was Lemon Cream Pie and homemade Straw-

berry Ice Cream and Lemonade. This delicious dinner was enjoyed by both members and guest who were present.

The guest present were Ms. Phil Brown, Ms. Linzy and Ms. Hollins who brought her daughter.

The club members are: President, Ms. Pearl Baker; Secretary, Ms. L. Sparks; Special Secretary, Ms. D. C. Fair; Miss O. Thomas, Ms. V. Drake, Ms. L. Brown and Ms. L. Green.

The Royal Ladies Club is a club interested in helping women of the East Lubbock community focusing on friendship and love and they would like for all women interested in taking part in this club to contact Ms. Pearl Baker at 763-9187 for further information.

moves previously taken by the Department of Justice to prevent the Marshals from talking to defense attorneys concerning the bias of Judge Charles Richey against the nine defendants. It was Judge Richey who presided over the Scientology Nine case last year.

A post trial investigation by defense attorneys prompted allegations of extreme bias and prejudice on the part of Judge Richey. This included secret meetings with the prosecution team, and serious misrepresentations on the record.

The trial, portions of which are under appeal, centers on charges that nine church members conspired to illegally xerox government files on the church. It is the Scientologists' documented contention that attacks would continue against their church unless all false and discriminatory reports were exposed and corrected. The government maintained extensive secret files on the church.

The Scientologists contend that the files were copied in an attempt to protect their church from future government attacks.

Minority Church

Continued from Page 1

given a boost by a recent court decision in its efforts to expose and stop ongoing government harassment.

The breakthrough came when members of the church won a major legal victory during an obstruction of justice suit designed to expose government discrimination and bias that took place during and after the controversial trial of the

Scientology Nine.

In the U. S. District Court decision last week, Judge Thomas Flannery, denied the government's request to dismiss the obstruction of justice suit filed by the Scientologists against the Department of Justice.

Flannery also gave permission to the Scientologists' attorneys to question six U. S. Marshals to uncover any

ATTENTION! ATTENTION!

The Lubbock Digest

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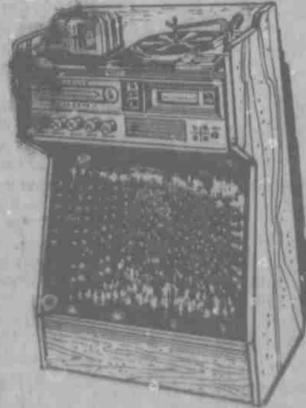
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EDITORIALS

Guest Editorial

Is Reagan About To Pull Off The Greatest Con Of All Time

(Editor's Note: This article was written by Dr. Tony Davis, publisher of the Dallas Weekly. A supporter of Gov. William Clements, he has this to say about Ronald Reagan.)

One must never forget that REAGAN is an ACTOR and once a HAM ... always a HAM ... never an OSCAR WINNER ... this may be his answer to the ACADEMY for never having elected him for an OSCAR

NOT ONCE have we met any BLACK that hails from or lives in CALIFORNIA that has ANYTHING GOOD TO SAY ABOUT REAGAN a GOVERNOR ... NARY A SINGLE WORD ... not even from BLACKS of any national stature ... have you? There MUST be something to that ... somebody out of the millions of Blacks that live and love CALIFORNIA ... at least ONE ... not under duress oughta be able to say SOMETHING GOOD.

His few attempts at AD LIB remarks ... have been disasters ... that have caused all sort of scares at his HEADQUARTERS ... as an actor of limited ability ... we KNOW that REAGAN must stick to the script or he is floundering in water far too deep for his mentality or knowledge. His ability to use the teleprompter is one of the best ... only a fast flick of his eyes lets you know he has sneaked a glance ... But when he is on his own ... tis a sweetly scary thing for his entire staff ... we SAW ... When someone said AMEN that was not on the script during the DALLAS SHOUTERS MEET ... he lost his cool ... and almost bust out laughing ... at what he thought was some fool utterance ... His off the cuff FKK remark even got a southern city mad ... the fact that twas not that far from the truth did not matter ... ya just don't say those things ... BU ... REAGAN, on his own would not know THAT ... so ... out it came ... and the next word on the teleprompter was ... "oops" ...!!

One must realize that what ever role is assigned to REAGAN he will carry it out ... as every actor knows that the show must go on ... money is in the till and the audience is waiting for this nite's performance ... the actor is made up ... dyed hair ... wrinkle cream ... TV makeup and all except that they cannot make up the neck or his mouth ... so he emerges as a smooth looking old man ... with more wrinkles around his neck than they can hide with all their camera angles ... and the talk from the side of his mouth ... that is a cross between CAGNEY and the very same guy that kissed his horse ... and rode the gal off into the sunset ... only to come back the next reel and say ... again ... "COOPS" ...!! With nary a Black in site to utter one good word that is believable in behalf ... Watch the talk of those that would ask your vote for REAGAN ... not a single thing do they have to say positive about REAGAN ... they just talk about what CARTER has not done ... some of which is true ... but most of which CARTER cannot do without a vote from CONGRESS and any student KNOWS that CONGRESS was in a conservative mood during the past couple years and most good legislation had to be arm wrestled from them. The CHINA thing had poor BUSH almost in tears ... and his every look seemed to imply ... "What the hell have I gotten hooked up with?" ... Nary a single thing has he uttered about any improvement for you or you ... rather they have written into his script that he must stick with EQUAL OPPORTUNITY ... JOBS ... and some other BULL ... all of which speak NOTHING ... in political nothing ... having to make good on nothing and giving nothing in help ... most realizing that Blacks need more than EQUAL TREATMENT ... they need EQUITABLE TREATMENT to help them to catch up ... !! But ... THAT would be too deep for most REAGAN supporters to dig ... and with the limited capacity of others ... there is STILL NO CHANCE of his understanding the plight of the poor or disadvantaged ... !! THIS he proved time and again in CALIFORNIA ... we MUST NOT GIVE HIM THE CHANCE TO PROVE IT IN THE WHITE HOUSE.

VOTE!! November 4

Lubbock Digest

"Dedicated to Freedom, Justice and Equality"

T. J. Patterson Editor
Eddie P. Richardson Managing Editor
Jeff Joiner Distribution Manager

The "Lubbock Digest" is an independent, privately-owned minority enterprise newspaper published every Thursday by KATHOB and ASSOCIATES at 506 East 23rd Street, Lubbock, Texas 79404. Phone (806) 752-3612.

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A cooperative effort to increase efficiencies and reduce urban costs.

Cartoons by Ramzah



RAMZAH

"BABY, I'M A MAN THAT LOVES YOU!... I'M A MAN THAT NEEDS YOU. BELIEVE ME, BABY, I'M REALLY A MAN!"

WHY ARGUE? THE FACTS ARE HERE!

Tell It Like It Is

by
T. J. Patterson, Sr.

The man on East 24th Street says: "If there is no Hell, a good many preachers are obtaining money under false pretenses."

Harold M. Chatman, a member of the Human Relations Commission, was upset last week about the Dr. Martin Luther King issue. He wants to bring a report from the commission back to the community on what has happened.

Chatman, no doubt, is a community minded individual and wants to keep the black community abreast with what's going on. Not many people have this kind of interest.

It's almost election time, and we must make sure that every one who lives in our home and in our neighborhood get out and vote on Tuesday, November 4, from 7 a. m. to 7 p. m.

It's that time of the year also when so many blacks will be saying: "Why should I vote?" Doesn't that make you angry to hear that cry? It's sad and depressing when we hear people utter that kind of a statement about voting.

We all should vote! It is important that we go to the polls and cast our votes for the person we would like to see representing us at any level of government. If you don't vote, others will vote and, in many cases, elect someone else whom you would not have voted for.

So let's get busy and get the word out of the importance of voting. Make yourself a committee of one and see that you tell and bring ten people to the polls on General Election Day.

If you vote, you'll be glad that you did. When you vote, you have a voice in our political process. That ballot is very important. Don't forget to use it.

At one time, we (blacks) didn't have an opportunity to attend white institutions of higher learning. We could only attend black colleges and universities. At present time, there are currently 105 traditionally black institutions which our younger blacks boys and girls don't know anything about. We should enlighten them on why there were black colleges and universities and why they are still important to the black community today.

This writer will have an opportunity to address this at an upcoming "Black College Awareness Day" in Odessa, Texas on November 2. Hope some of you from the Lubbock area can be with me.

Many of us have forgotten that following the abolition of slavery, the freedmen had a difficult time in acquiring the formal education that had previously been forbidden. However, black colleges were founded after the Civil War to help the former slaves acquire learning skills. The rigid segregation of lower black higher education continued into the twentieth century. One of the most important roles

that black colleges have performed is that they instilled a sense of mission into their students. Directly related to this is the fact that black colleges have produced most of the Black leadership in this country, going back to the days of W. E. D. DuBois and Booker T. Washington. This nation would not have had an educated class of blacks without the black colleges.

Black colleges have always provided a sympathetic, socio-psychologically supportive environment for black students, educated economically disadvantaged students, retained and graduated their students at all levels, educated black professionals, and developed admissions standards sensitive to black students.

Facts reveal that the total enrollment in traditionally black institutions of higher learning is 213, 720 or 18 percent of blacks enrolled in higher education.

Black colleges and universities are essential to the welfare and advancement of black people in this country. This realization points up the necessity for black people to become more aware of and involved in the promotion of their interest. Black colleges can benefit from greater levels of black involvement in the political decision-making process on the local, state, federal and international levels.

Letter to the Editor

Dear Editor:

Congratulations on your observance of National Newspaper Week on October 12 - 13, 1980.

Your theme "Our Freedom Safeguards Your Freedom" indicates your devotion, dedication, and professionalism in the use of the printed word, which is essential to the future of our country. Your cooperation in our mutual work is appreciated.

We wish you the best for the coming year.

Sincerely yours,
George C. Wall, Jr.
District Engineer
District Five

State Department of Highways
and Public Transportation



Ringling The Bell



by
Bob Tieucl

Black America and Pulling Ourselves Up By Our Own Bootstraps - According to the National Black Monitor most blacks firmly believe that the primary energy and direction for our pull upward must come from within Black America. One of the continuing effects of past and present institutionalized racism is that white Americans are extremely limited in their knowledge of the positive contributions of blacks to America.

Most do not know that not only is the very foundation of American life and culture resting upon the positive contributions of blacks, but that Africa and its diaspora, among them black Americans, have made an indelible imprint on what is known today as western culture. How many for example, realize that African blood ran in the veins of Socrates, St. Augustine, Hannibal, Ludwig Van Beethoven, Alexander Puskin, John James Aububon and Alexander Hamilton.

Most of us tend to remember the 1960's for its 'burning in the streets or urban reconstruction. A brilliant example of "building" instead of "burning" has been the continuing work of a Philadelphia minister, the Rev. Dr. Leon Sullivan. He is the founder and national leader of the largest privately run, non-private, job training and placement program in the world - the Opportunities Industrialization Centers (OIC's). He is an earnest-looking preacher who stands an impressive six feet five inches tall and yet speaks with a down to earth simplicity and compassion.

Today there are more than 100 OIC's in cities throughout the U. S. and in at least ten foreign countries. They have always concentrated on those who have been perceived to be at the hard core of the unemployed-blacks and Hispanic Americans. Some 700,000 men, women and young adults have been trained and today over 500,000 of its students are in the productive life of America.

Think! Think!

by
Eddie P. Richardson, Jr.

Black people, Bilians, Niggers, Colored, Negroes, Afro-Americans or whatever we call ourselves or do not want to be called, we have to learn to think together collectively and use our brains instead of our emotions.

This is election season, from the White House to the State House! There are two people I can no way support. They are Ronald Reagan and Carolyn Jordan. There's no way I could support a cue card reader for President of these United States.

Then there's Carolyn Jordan as a city councilperson. She went against everything she stood for or said she stood for before being elected. When she was a member of the League of Women Voters, she was compassionate for human beings. But as soon as she was elected, she did a complete one hundred and eighty degree turn for the worst. She became totally government and not people.

Think and vote, but vote for the candidates who are most responsive to your needs. Think about it, but VOTE. People were humiliated, beaten and even killed for you to have this precious right. It's a damn shame that some of us are so sorry to get off our cans and go exercise our rights to the ballots. What would happen if we lose this right again. You guessed it, we would all be crying. Nuff Sed. Why Not??



Dr. Ralph J. Bunche, undersecretary for special political affairs of the United Nations, was in 1950 the first Black American to be awarded the Nobel Peace Prize.

BMI

BLACK MEDIA INC.

A Cooperative Effort For Rectifying The Minds And Actions Of Black Americans For The Greater Benefit Of All Americans
A Member Newspaper Associated With

Lubbock Digest

"Dedicated to Freedom, Justice and Equality"

AS PUBLISHERS of this weekly newspaper, we owe to YOU, the reading public, to be factual and fair. You may be critical of some things that are written, but, at least you will have the satisfaction of knowing they are truthful and to the point.

People will react to that which is precise, and we will publish these articles as precisely and factually as is humanly possible. We will also give credit and respect to those who are doing good things for the Lubbock Area and the people. We will be critical of those who are not doing as they have said they would do, and this, we think, is fair.

So, this our resolution to you: Feel free at anytime to call this office for information concerning this newspaper or any other matter that is of concern to you.

This is not a propaganda sheet made to chastise or vilify. This is a newspaper made to educate and not to agitate.

T. J. Patterson Eddie P. Richardson, Jr.

Editors



CHURCH DIRECTORY

Your Absence from Church is A Vote To Close its Doors



Know Your Ministers



Rev. Edwin Scott, Sr. Associate Minister Bethel A. M. E. Church One of the associate ministers in our city is

Rev. Edwin Scott, Sr. of Bethel African Methodist Episcopal Church. A longtime resident of Lubbock, Rev. Scott enjoys working for his fellowman. An employee of Lubbock National Bank, he and his wife Pearlene of 2409 Globe Avenue have four children. "We all must go into the hedges and highways and work for the Master," says Rev. Scott.

Bishop & Mrs. Haynes Celebrate 23rd Anniversary Sunday

The members of the Christ Temple Church of God in Christ, 2411 Fir Avenue, will celebrate their Pastor and Wife's 23rd Anniversary, Bishop and Mrs. W. D. Haynes, on Sunday afternoon, October 19, beginning at 3 p. m. Rev. Charles Tanner, pastor of the Hope Deliverance Church of God in Christ, will deliver the Anniversary Sermon on Sunday afternoon. Guest churches will

include: Hope Deliverance C. O. G. I. C., St. Luke Baptist Church, Tahoka C. O. G. I. C., Station District, Amarillo No. 6, Community Baptist Church and Bethel African Methodist Episcopal Church. Sister Lola Brown is conductor. Minister Willie Loggins and Sister Thelma Smith will serve as emcees while Sister Lola Brown is anniversary clerk.

Mount Gilead Will Observe 63rd Church Anniversary

The Mount Gilead Baptist Church will observe their 63rd Church Anniversary on Sunday, October 19, 1980. The Rev. A. Doyal McGraw, pastor of the Mount Pleasant Baptist Church of Houston and president of the Texas Baptist Convention, will be the guest speaker for this historical affair. Mount Gilead Baptist

Church is the oldest black church in East Lubbock. It was organized October 17, 1917 under the leadership of the Rev. A. Wilson. The members afford the general public to share with them in this momentous affair. Rev. Larry L. Polk, Sr. is the pastor of this historical congregation.

Mrs. Clara Colquitt Named Teacher Of The Month



Mrs. Clara Colquitt Mrs. Colquitt wanted her class to carry the banner. So she gave them \$86.

Mrs. Clara Colquitt has been named "Teacher of the Month" at the New Hope Baptist Church. She serves as Sunday School teacher for the Junior Class. Mrs. Colquitt has been teaching for twenty-nine years. She taught five years before coming out west. Mrs. Colquitt is a faithful worker in the church. She serves as president of the Mission Circle and a member of the Senior Choir.

The Outreach Prayer Breakfast

The members of the Outreach Prayer Breakfast met last Saturday morning in the home of the president, Mrs. Mary Ward. It was a nice meeting and our vice president, Mrs. C. E. Fair, presided over the meeting. Opening devotion was led by Ms. C. Cage, Ms. W. Wasington, Ms. E. Dyer and Ms. B. Winters. The morning lesson was taught by Mrs. Willie M. Washington. It was taken from 1 Timothy 5. "Rebuke not an elder, but interest him as a father, and the younger men as brethren; the elder women as mother; the younger as sister, with all purity." Sister Washington, you are simply super and we love you. Thought for today: "Some read and ask why a prayer breakfast. We go and know and answer why not!" Think about it!! Breakfast was served by the hostess, President Ward who filled in as cook and hostess. Won't

you join us on next Saturday?? We love to feed people. Thy shall not live by bread alone. Prayer request was made. If you have one, come by or call. It will make a difference. Our sick and shut in list include: Mr. M. E. Collins, Rev. S. R. Roberts, Mr. and Mrs. Belluins, and others whom we fail to remember. Please read 1 Peter 5:7. Let us pray for our bereaved families. Including the Ferguson family. God cares and He really does!! We are praying for you. Can any good come out of Nazareth?? Come and see!! Our next week meeting will be held in the home of Mrs. A. W. Washington, 2105 East 4th Street, No. 37. See you there! Mrs. Mary Ward is president; Mrs. C. E. Fair, vice president; Mrs. C. E. Brown, secretary; and Mrs. D. Hood, reporter.

Church Anniversary On Tap At Mt. Vernon

The members of the Mount Vernon United Methodist Church will celebrate their 55th Church Anniversary on Sunday, October 19 at 3 p. m. Guest speaker will be Dr. William R. Fleming, District Superintendent. "We are inviting our

many friends to come out and be with us on this glorious occasion," says Rev. Nathaniel Johnson, pastor. "We are expecting many of our former members to be with us on this day," continued Rev. Johnson.

In Grateful Appreciation

The family of Ramsey L. Ferguson acknowledges with deep appreciation the many acts of kindness shown during our sorrow. The flowers, cards and other expressions of sympathy, and above all, your prayers are priceless to us. Your kindness shall never be forgotten.

The Joseph S. Ferguson, Sr. Family

VOTE!!

HEAR SONGS BEFORE SERVICE SUNDAY MORNINGS 9-10 BY THE COMMUNITY BROTHERHOOD Floydada, Texas KFLP Radio - 900 KHZs Brother Cooks is Your Host "It that don't lite your fire, your wood is wet."

RUBY JAY'S CORNER

Little Christine Roberts, 2001 Cedar Avenue, celebrated her third birthday last Sunday afternoon. It was an enjoyable time for her. Many children were invited. Among the delicious menu were cake, ice cream and punch.



Mrs. Ola Lee Johnson, mother-in-law of Elnora Johnson, is very ill in West Texas Hospital. She was admitted last Thursday.

Mrs. Ethel Blake is enjoying her sister, Mrs. Mary Polk of San Augustine, Texas. Her nephew, Raymond Earl Matthews of Texas City, left last Thursday for home. He had a wonderful visit in the "Hub City." It was his first time to visit here.

Charles Craddock is a patient at St. Mary's Hospital. He is the son of Johnella Savage.

Mrs. Getrude Lasky, a former member of the Greater Saint Luke Baptist Church choir, was here last weekend to attend the First Homecoming and Twenty-Ninth Anniversary of Rev. A. L. Davis. Many of you remember of her singing when she was a resident of Lubbock. She now resides in San Antonio.

Let us pray for the Ferguson family who lost their son last week in an automobile mishap. They need strength and prayer to help them bare the load.

Lubbockites who attended the B. M. E. Convention in Beaumont, Texas last week were Ms. G. H. Davis, Ms. B. Kelly, Ms. C. Howard, Mr. and Mrs. George Francis and Rev. A. L. Dunn.

Last Sunday was Youth Day at New Hope Baptist Church, Rev. A. L. Dunn, pastor. Beginning with Sunday School, the youth were in charge. Lee Savage acted as superintendent. At the 11 a. m. services, the Angelic Choir was at their post of duty. There was also a special panel discussion. The theme was: "Jesus Christ Is The Way." Speakers included: Don Edwards, St. Luke Baptist Church; Rev. Joe Williams, Community Baptist Church; and Cynthia Ball, New Hope Baptist Church. All did a wonderful job!

Mr. Clarence Ervin was home over the weekend from the Veterans Administration Hospital at San Antonio.

Among the visitors last Sunday at New Hope were Anita Henry and Rev. J. Walton of Little Rock, Arkansas.

There are many among us this week who are on the sick and shut in list. Let us whisper a prayer and visit them. Included are: Rev. C. L. Harris, patient at St. Mary's Hospital, Room 412; Rev. S. R. Roberts, Lubbock Nursing Home; Ms. Lula Virden, Methodist Hospital, Room 663; Mr. Crowell Johnson, Ms. Ollie Hemanes, Methodist Hospital; and Mr. Willie Blocker, Lubbock General Hospital, Room 442.

All youth are invited to attend the Saturday morning retreats at Bethel African Methodist Episcopal Church, beginning at 7:30 a. m. Refreshments are served to the young people in attendance. For more information, call Mrs. Thelma Pierson at 765-9046.

Enroll Your Child Today!! Mary & Mac Private School 902 East 28th Street Lubbock, Texas For further information, call Dr. L. S. Graves, Principal and Director 744-4057

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Faith First Baptist Church 1504 E 15th at Oak 747-6846 WEEKLY SERVICES Sunday School 9:30 A.M. Morning Worship 11:00 A.M. B. T. T. 6:00 P.M. Night Service 7:30 P.M. And let us consider one another to provoke unto love and to good works: not forsaking the assembling of ourselves together, as the manner of some is: but exhort one another; and so much the more, as ye see the day approaching. Hebrews 10:24,25 Come, Help Us Worship Christ Jesus Our Lord and Savior F. S. Bell Pastor

Saint Center Church Of God In Christ Rev. T. L. Washington Sunday School 10:00 A.M. High Noon Service 11:30 A.M. Sunday Night Services 8:00 P.M. Church - 762-9444 Residence - 763-3823 Location: Quirt Ave. (North) to Farm Road 2641 1/2 miles East

Christ Temple Church 2411 Fir Ave. Lubbock, Texas 79404 Phone: 806/744-5334 Haynes Memorial Chapel Church Bishop W. D. Haynes 2830 Ross Ave. Ft. Worth, Texas 76106 Phone: 817/6249223 Church of God In Christ, Inc. P. O. Box 2411 Lubbock, Texas 79408 Bishop W. D. Haynes preaches at Christ Temple - Each First and Third Sunday Worship Hour 11:30 A.M.

Bethel African Methodist Episcopal Church 2200 Southeast Drive (806) 744-7552 Lubbock, Texas "A Church that's not afraid to identify with the frustrations of the Black experience." "God Our Father, Christ Our Redeemer, Man Our Brother" Stephen Pierson, Pastor Sunday School 9:30 A.M. Morning Worship 10:45 A.M. Evening Worship 7:00 P.M.

Church Of The Living God (Motto: C.W.F.F.) 408 N. Zenith Ave. Phone: 744-6459 "Where The True Gospel Is Preached" Everybody is always Welcome! Rev. L. F. Binic, Pastor Sunday School 9:45 A.M. Morning Worship 11:00 A.M. Y.P.P.U. 4:00 P.M. Evening Worship 7:30 P.M. Mid Week Services 7:00 P.M.

BIG JOHN BARBECUE Sandwiches - Plate Lunches By The Pound To Go If you're driving around looking for something to chew come by and get some BIG JOHN BARBECUE!!! 3812 Idalca Road Phone 763-6946 Northeast Corner - Loop 289 & Iulou Road John & Dorothy Upshaw Owners and Managers

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Canned beans are key to easy and nutritious homemade soup

Cold weather makes us yearn for hearty, homemade soups. But with today's schedules, who has time to cook them?

You do, with a little behind-the-scenes help from convenient canned pork and beans in tomato sauce.

Just combine this staple-in-a-can with chunks of potatoes, ham, and onion, and you'll have a savory meal in a bowl in about thirty minutes (even less in your microwave!).

What's more, "Michigan Pork & Bean Soup" is not only convenient and delicious, it's economical and good for you, too.

To get more nutritious recipes featuring Michigan beans, send a self-addressed stamped envelope to Michigan Bean Commission, 921 North Washington Avenue, Lansing, MI 48906.

MICHIGAN PORK AND BEAN SOUP

3 cups chicken broth

- (canned or frozen)
- 1 pound potatoes (3 medium), cut in 1/2 inch cubes
- 1 small onion, finely chopped
- 1/2 cup thinly sliced celery
- 1 clove garlic, mashed
- 1 small bay leaf
- 2 cans (1 pound each) pork and beans in tomato sauce
- 2 cups diced cooked ham
- Salt and pepper

In saucepan, bring broth to boil. Add potatoes (peeled or unpeeled), onion, celery, garlic and bay leaf.

Cover and simmer until potatoes are tender (about 10 minutes).

Add beans and diced ham. Stir and simmer 10 minutes more.

Season with salt and pepper to taste.

Serve in large bowl. Makes about 2 quarts—6 servings.

To prepare in microwave oven:

In 2 quart glass casserole, mix all ingredients except salt and pepper. Cover with plastic wrap.

Cook in microwave oven 10 minutes.

Season with salt and pepper to taste.

Tips on How to Buy, Freeze and Store Foods

Important always to the health of your family and especially so now, in order to more closely maintain a food budget, a thorough

knowledge of buying, storing, freezing and defrosting foods is just another vital requirement of today's home-maker.

In refrigerators, in cooled or room-temperature storage areas, or in home freezer or freezer compartment, "keeping quality" depends upon the types of food and length of storage time.

Generally speaking, meat and poultry, unfrozen, should be stored in the coldest part of the refrigerator. Leftovers should be refrigerated or frozen immediately. Freezer-bound foods should be wrapped securely.

Precise time charts cannot be made; only knowledgeable estimates may be made for there is no way to determine how fresh an item was before purchase.

For frozen food storage, remember that there is a loss of food quality when frozen foods are maintained at minimum storage time and highest temperature. If a power failure were to occur, a fully packed freezer will safely keep food for two days. If not opened, a partially-packed freezer will only keep food for a day.

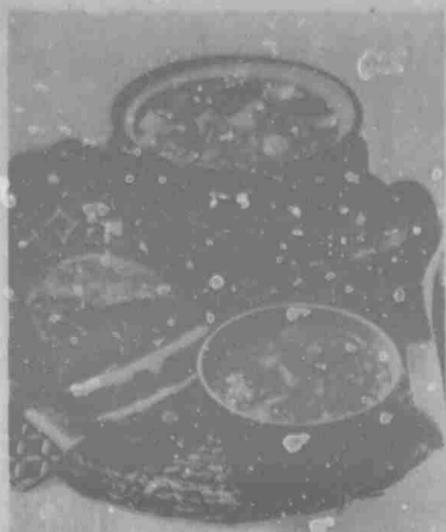
Partial contents of a package of frozen food can be used, but the remainder should be put back into the freezer immediately. Quick thawing can be accomplished by immersing in warm water for 20 minutes or putting under cold running water for 80 minutes. Be sure to select undamaged packages and avoid any which appear somewhat warm or overly moist.

In a freezer at 0° F.,

fresh meats, processed meats, cooked meats, fish or cooked poultry, can be stored from one to several months. These same items can be refrigerated at 30° to 40° F. from one to seven days. Of course, all dried food, including dry milk, dry cereals, spices, flour, coffee, tea, beans, or dried fruits in tightly sealed containers may be kept indefinitely.

All food deteriorates to some extent with the passage of time, so the best possible way to derive maximum nourishment and taste pleasure from the food you eat is to prepare and serve it shortly after purchase.

For Classifieds Call: 762-3612



WARM UP TO A STEAMING BOWL of hearty "Michigan Pork & Bean Soup"—ready in no time when you use convenient canned beans in tomato sauce as the base. Beans supply the iron and dietary fiber that make this soup a nutritious winter warmer.

Cookin' Good

By Mrs. Douglas

Baked Salmon Loaf

This perfect summer-time dinner gives you all the protein of meatloaf with much less cholesterol and a flavor that's far more refreshing to your palate. To serve 4 you'll need:

- 1 can (15 1/2 oz.) canned salmon
- 1/2 cup finely ground nuts*
- 1/2 cup wheat germ
- 1/2 cup minced onion
- 1/2 cup minced parsley
- 1 egg, well beaten
- 1/2 clove garlic, mashed
- Salt and pepper to taste

Preheat oven to 350 degrees F. Drain salmon. Remove skin and bones. Mix together salmon,

nuts, wheat germ, onion, parsley and seasoning. Turn into lightly greased loaf pan. Bake for 20-25 minutes, or until knife inserted in center comes out clean. Serve with hot garlic bread, tiny new potatoes sprinkled with parsley and a salad of raw spinach, sliced raw mushrooms, crisp crumbled bacon and vinaigrette dressing. I like to serve chilled white wine with this, and for dessert a hot fruit pie and tall glasses of iced coffee.

*Raw oatmeal can be substituted for the nuts; however, if you use salted nuts don't add any additional salt.

SENATE BEAN SOUP

This is the same classic navy bean soup that is served in the dining room of the U.S. Senate. To serve 6 you'll need:

- 1/2 lb. dry white navy beans
- 1 meaty ham bone or 1 1/2 lbs. ham hocks
- 1/2 cup chopped onion
- 1 garlic clove, minced
- 1/2 cup chopped celery
- 1/3 cup mashed potato flakes
- 1/8 cup chopped parsley
- 1/2 tsp. salt
- 1/2 tsp. pepper
- 1/2 tsp. each nutmeg, oregano, basil
- 1 bay leaf

In large kettle, cover beans with 6 to 8 cups hot water. Bring to boil; boil 2 minutes. Remove from

heat. Cover and let stand 1 hour. Drain beans. Add 2 quarts cold water and ham bone. Bring to boil. Reduce heat immediately and simmer 1 1/2 hours. Stir in remaining ingredients. Simmer 20-30 minutes, or until beans are tender. Remove ham bone and trim off the meat. Return meat to soup. Serve immediately. This soup can be served as a first course, or as a meal in itself with the addition of hot rolls, salad, coffee and a sumptuous dessert platter of cheese, crackers and crisp, ripe apple slices. If you're lucky enough to have any soup left over, it freezes beautifully.

CHICKEN CUTLETS PARMIGIANA

Try this recipe for a delicious taste of Italy in the spring. To serve 4 you'll need:

- 4 chicken cutlets
- 1 large egg, lightly beaten
- 1/2 cup milk
- Salt and pepper to taste
- 1 cup seasoned bread crumbs
- 1/2 cup vegetable or corn oil
- 4 pats of butter
- 1 package (8 oz.) mozzarella cheese, sliced

Preheat oven to 350 degrees F. Wash cutlets and pat dry. Combine egg, milk, salt and pepper. Dip cutlets and then roll in bread crumbs until well coated. Place in

greased baking pan. Dot generously with butter. Bake until lightly browned, about 30 minutes. Arrange slices of mozzarella cheese on cutlets, and top with tomato sauce. (Recipe follows.) Bake until cheese is bubbly.

Tomato Sauce:
2 cans (6 oz. each) tomato sauce
1 onion, chopped
2 tbs. olive oil
1 tsp. sugar
1 tsp. basil leaves
Salt and pepper to taste
Heat oil in saucepan. Sauté onion until transparent. Add remaining ingredients, stir and simmer for 30 minutes.

Here's An Easy-to-Make, Low Calorie Recipe for Chicken

Looking for a tasty, low-calorie dish? This one's a bargain at only 250 calories per serving!

- 1 broiler-fryer chicken, cut in serving pieces
- 1/2 cup catsup
- 1/2 cup water
- 1 tablespoon vinegar
- 1 tablespoon Worcestershire sauce
- 1 teaspoon salt
- 1/2 teaspoon chili powder
- 1/8 teaspoon Tabasco pepper sauce
- 1 medium onion,

minced

Line broiler pan with aluminum foil. Turn temperature control to 350° F and broil 3 to 4 inches from heat, or set control for "broil" and place broiler pan 7 to 8 inches from heat. Place chicken on broiler pan. Combine remaining ingredients. Brush chicken with part of the mixture. Broil 30 minutes, brushing occasionally with sauce. Turn; broil 15 minutes longer, brushing occasionally. Makes 4 servings.



Benjamin Montgomery, a Black slave owned by Jefferson Davis, invented a boat propeller before the Civil War.

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School Menu

Elementary Lunch

Monday, October 20

Corn Dog - Mustard
Au Gratin Potatoes
Buttered Carrots
Cookie
1/2 pint Milk

Tuesday, October 21

Hamburger on Bun
Pickles - Mustard
Potato Rounds
Shredded Lettuce
Peanut - Raisin Candy
1/2 pint Milk

Wednesday, October 22

Cheese Enchiladas
w/Chili
Tossed Salad -

Dressing
Pinto Beans
Cornbread - Butter
Pear Slices
1/2 pint Milk

Thursday, October 23

Chicken Fried Steak
Mashed Potatoes
Gravy
Green Beans
Apple-Juice Cake
1/2 pint Milk

Friday, October 24

Spaghetti w/Meat
Sauce
Tossed Salad
w/Italian Dressing
Fried Okra
Hot Rolls - Butter
Peaches
1/2 pint Milk

Secondary Choice

Monday, October 20

Beef - Macaroni
Casserole
Tossed Salad -
Dressing
Hot Rolls - Butter

Tuesday, October 21

Liver 'N Onions
Mixed Vegetables
Cornbread - Butter

Wednesday, October 22

Butter Fried Fish
w/Tartar Sauce
Cheese Wedge
Home Fried Potatoes

Thursday, October 23

Meat Loaf w/Spinach
Sauce
French Fries

Friday, October 24

Manager's Choice

Breakfast

Monday, October 20

Applesauce
Cereal
Buttered Toast/Jelly
1/2 pint Milk

Tuesday, October 21

Orange Juice
Pancake w/Hot Syrup
Sausage Pattie
1/2 pint Milk

Wednesday, October 22

Grape Juice
Sweet Rolls
1/2 pint Milk

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Sheridan's Ride

by Jack Sheridan



What a wealth of "doings" went on this past days. For example, taking it in chronological order there was the opening night of the 1980-81 season for Texas Tech's University Theatre, the comedy satire "Sly Fox" on Friday night. Then along came Saturday afternoon and a look at Robert Redford's first directing attempt in films, the probing family analysis "Ordinary People." Saturday night there was the 13th edition of the KLLL-Caldwell Studios "West Texas Opry" at the Municipal Auditorium and Monday night the first of the twin opening concerts of the Lubbock Symphony Orchestra's 35th (can you believe it!) year.

So, let's take 'em in the order named. Tech's "Sly Fox" is the Larry Gelbart interpretation of Ben Johnson's classic spoof of miserliness, "Volpone." Set in the San Francisco of the 1800's the tale recounts the avariciousness of Foxwell J. Sly who feigns his imminent death in order to bleed everyone in sight of their possessions, money and wives on the presumption that each victim will be the beneficiary of his last will and testament. He gets his comeuppance, of course, in the end but remains a conniver to the end.

Richard A. Weaver directed the Tech production and emerged fairly successfully. Perhaps his biggest obstacle and the obstacle to the play was the unseasoned and terribly young players who had to essay the older principals. This is nobody's fault but Mother Nature's. And, "you can't fool around with Mother Nature!"

Of the lengthy cast the most successful was Mark St. Amant's bondsman-servant Simon. The young man has charisma and that carried him floatingly to success. The rest of the large cast, headed by Kent Kirkpatrick, played in ensemble fashion and amusingly so. The settings by Forrest A. Newlin were commendable.

Second on the list. The film, "Ordinary People," holding forth on the UA South Plains Cinema screen. This represents the first time directing of a film by the moviegoers' prime heartthrob, Robert Redford. He does not appear in this searching, sensitive production but it is his directorial touch that makes it an absorbing, intelligent work. He has filmed it in the Chicago environs and his camera is ready and canny. He tells the story of a man and woman whose marriage is gradually deteriorating through the disturbed theatre of their remaining son. The elder son has, before the story begins, been drowned in a boating accident and the remaining youngster suffers from a guilt complex that has already driven him to attempt suicide. The film traces his torturous days and nights, his mother's confusion and her concern for "appearances" and his father's perplexed, loving striving to bridge the seemingly insurmountable gap.

It is an arresting film, one well worth the seeing. In the role of the mother, Mary Tyler Moore proves her dramatic mettle; Donald Sutherland is the father with deep sympathy and bewilderment. The boy, Timothy Hutton, is superb and the whole is knit together finely by Judd Hirsch as a patient, feeling psychiatrist. There are excellent performances from all the cast and Redford's direction proves him able and sure. The film is rated R and deserves a look during its run.

Saturday night's "West Texas Opry" was again a successful evening with some of the awesomely talented singers and instrumentalists in country/western music that seem to bound in this area. A packed house hailed each and every offering and the night was a winner. Outstanding and show stealer of the night was the giant black singer, Johnny Ray, whose Gospel songs were instantaneously explosive. Where has this talent been all this time? He deserves to be heard again and again. He has a golden talent, believe me.

Monday night's Symphony season opener at the Civic Center was a joyous evening of grand music. Conductor-director William A. Harrod gave us a rich Overture to "Der Freischutz" and the Borosim Second Symphony with orchestra alone, with the familiar pistache, Tchaikowsky's "Waltz of the Flowers" from "The Nutcracker" as a second half hors d'oeuvre.

The electricity of the night was supplied in high voltage by young American pianist Paul Schenly, returning by popular demand to the guest spot. He was nothing short of brilliant in his performance of Medelssohn's "Piano Concerto No. 1 in G minor" in the first half and he brought the second half and a standing ovation for himself with a truly spine-tingling execution of Rachmaninoff's "Rhapsodie" (on a theme of Paganini for piano and orchestra).

Young Schenly is a dynamic performer of impeccable technique and he rewarded his second-time around appearance with the Lubbock Symphony with the golden halo of pure artistry.

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BLACK EMPOWERMENT

By Dr. Nathaniel Wright, Jr. Human Rights Activist

MASS TRANSPORTATION FOR THE POOR

If you happen to be among the nearly 80 percent of the black community in the United States which earns \$10,000 a year or less—or if you earn up to \$5,000 a year and have a family of three or more—then by current definition, you are easily among the nation's poor. It is either to your immediate needs—or to the needs of the majority of your relatives and friends—that the weight of what follows about transportation is addressed.

Black Americans, most of whom are either poor or have the preponderance of their ties and relations with those who are poor, are short-changed almost devastatingly by current federal policies regarding transportation. In 1944, rail transportation was on the verge of undergoing a dramatic decline. Since then, the federal government has been placing increasing amounts of public subsidies on forms of transportation. These subsidies aid the rich or the economically advantaged while penalizing those who are poor.

Specifically, in trips between cities, the rich travel by air or by private automobile. The poor, if they can afford to go to another city at all on public transportation, must most often rely upon the bus. While statistically the picture here is accurate, all one needs to do to confirm this impression is to visit both an airlines terminal and an inter-city bus terminal and look at the types of passengers in both.

In the airlines terminal, the typical passengers include most obviously well-dressed businessmen and women and the prosperous-looking family groups apparently heading to or heading from a vacation. Most of the passengers—with only a very few exceptions—will be white. By stark contrast, in the bus terminal one will find large numbers of blacks and only a few businessmen or prosperous-looking family groups. The white persons who travel by inter-city bus will include disproportionate numbers of those who appear to be an exceed-

ingly modest or marginal income.

You will also notice a striking difference in the kind of building or facility used for the airlines terminal, on the one hand, and for the bus terminal, on the other. The airlines terminal will almost always be ultra-modern and well-equipped and clean. Connections with other airlines will be convenient. Restaurant and other passenger services will be readily—and perhaps continuously—available.

Not so with the bus terminals used principally by those who are either poor, or black—or both. The bus terminal—or possibly terminals—typically will not afford coordinated connections with different bus lines. The facilities often will not be well-equipped and fresh. Often, they close at inconvenient hours, forcing waiting passengers out in the heat or cold or to seek inconvenient shelter elsewhere.

What accounts for these latter differences? The federal government subsidizes the airlines terminal buildings which are used by the rich and those otherwise prosperous while the costs of the inter-city bus terminals—used chiefly by Greyhound, with Trailways running only a very poor second—are covered almost entirely from the fare

which the poor and the relatively poor persons who ride the buses pay.

Black Americans, along with others who are poor, ought to be speaking up to the federal government about the grave injustice—and the grossly unfair discrimination—represented by the public financial support of transportation for the rich and almost total neglect of such subsidies for the poor.

In 1944, nearly six out of every ten Americans travelled between cities by auto. Today, more than eight out of every ten travel between cities by auto, despite the federal government's increased efforts to encourage all Americans to use public rather than private (or automobile) transportation in order to keep the nation's energy supplies at an adequate level.

Doubtless one of the major reasons for the increase in private intercity transportation has been the neglect of intercity bus transportation. With the assistance of billions of dollars in both direct and indirect public subsidies, current air fares between cities are sometimes less than those for buses.

There are several immediate and rather simple ways in which the federal government may remedy this transportation

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