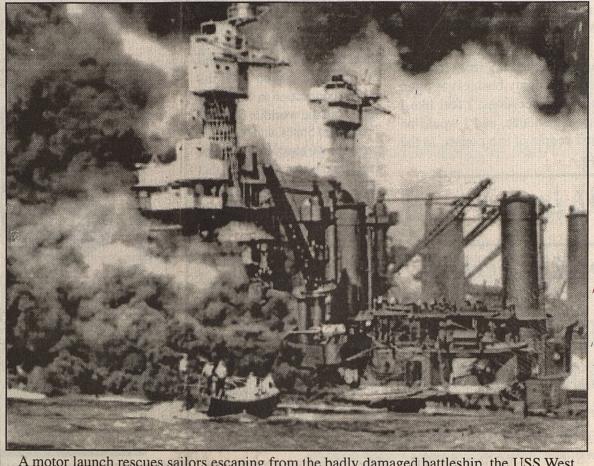


Hey Kids !

Last week's snow storm caused a change in Santa Claus' plan to visit all the Plains kids on Wednesday. We have just received word from the North Pole Santa has re-scheduled his visit here THIS WEDNESDAY, **December 5. His flight plan calls** for him to land here, and then arrive at the **Community building on our** firetruck at 6:00 PM. He wants all of you to bring cans of food, and he will then let you have your picture taken with him!

Remembering Pearl Harbor



A motor launch rescues sailors escaping from the badly damaged battleship, the USS West Virginia.

On December 7, 1941, at 7:55 a.m. Honolulu time, Japanese carrier based aircraft launched a devastating sufprise attack on all military installations on the Island of Oahu. The following day the U.S. Congress declared war on Japan and Germany. Over 16 million men and women would serve our country in all branches of the military service until the war ended August 14, 1945. It would claim the lives of thousands of our young people, and millions around the world.

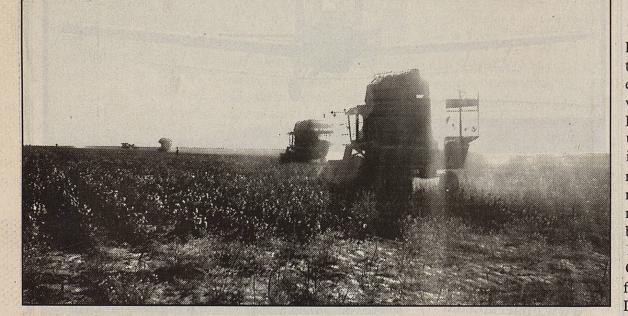
On September 11, 2001, our nation again fell victim to another devastating attack, on the TwinTowers and the Pentagon, another date we will always remember. Our leaders continue to tell us to be prepared for a long war against terrorism. This is another long, costly conflict, which WE MUSTWINANDALWAYS RE-MEMBER.

Love Thy Neighbor As Thyself

Operation Christmas **Card 2001**

Josh Bell honored at WTA&M





The Kenneth Gibson farm between here and Denver City was a busy place this Monday afternoon. When Gibson was diagnosed with a serious medical problem, his friends and neighbors responded as only West Texas farmers can. They showed up to harvest his cotton crop. When these photos were taken, ten four row cotton strippers and six module builders were

CCN was told the following producers and friends contributed equipment and employees for the speedy harvest; Kenneth Powell, Larry Rawls, Robert Morgan, Randy Forbus, Chuck Dorminey and Jerry Everitt. Chris Chambliss, manger of Yoakum County CoOp Gin, was also on hand to help organize the effort, and neighbor G.W. Cleveland brought cold drinks for the crew.



The Operation Christmas Card Project will be sponsored again this year by Plains Dirt Gardeners Garden Club, and Ita Young will again serve as chairman. Donations to the project are used for cemetery beautificaion and improvements. Donors to this fund will have their name placed on the Community Christmas Card which will be featured in the December 19th issue of the Cowboy Country News. The deadline for this edition is noon Friday, December 14th. Names received after this date will be included in a news article, but we will not be able to have them published in the Christmas Card. Any Garden Club member will be happy to take

Projects this fund have funded include the south entrance, street markers and the planting of the live oaks on the east side of the cemetery.

your name and donation.

DWI case in District Court

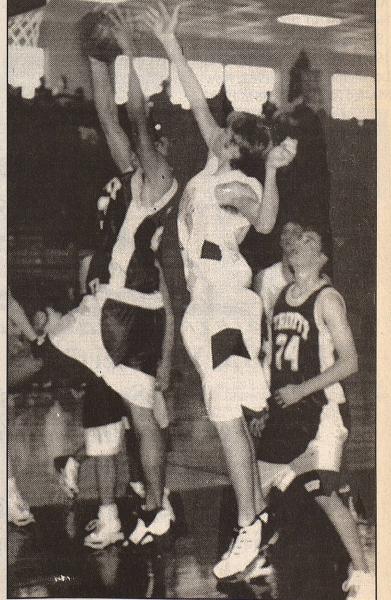
In the November 20 session of District Court, with Judge Kelly Moore presiding, Jose Guerra Gomez pled guilty to a third or more DWI.

He received a ten year prison sentence, suspended and probated ten years. He must pay a \$1500 fine and \$237 court costs. He must serve 160 hours

Turn to page 2, ' COURT '

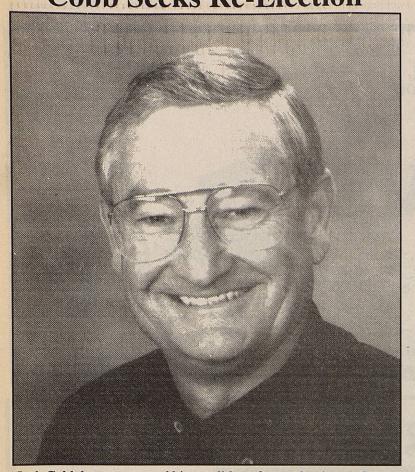
Joshua Bell, a 2000 PHS graduate now at West Texas A& M, was recently honored at the school's 2001 Breakfast of Champions, for student athletes with a 3.5 or higher grade point average in the Fall 2000 or Spring 2001 semester. Keynote speaker at the breakfast was Eugene ' Mercury ' Morris, a WT graduate and famed running back for the Miami Dolphins, who won

17 straight games in 1972. Bell plays linebacker for the WT Buffaloes, and is the son of Danny and Kathy Bell.



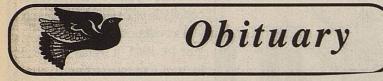
Tanner Hamm, in white, goes high trying to steal rebound from a Trinity player. Report and photos of Yoakum County Shoot Out inside

Page 2, Cowboy Country News December 5, 2001 **Cobb Seeks Re-Election**



Jack Cobb has announced his candidacy for re-election as County Commissioner of Precinct Four, subject to the March Democratic Primary.

Cobb told CCN, "I have thoroughly enjoyed my first term as a County Commissioner. I have learned county business is often complex, and sometimes calls for hard decisions. I feel like I have been through a real learning experience, and I would be very proud to again serve the good people of this county, to the very best of my ability."



Services held for Roy Perkins

Perkins, 75, of Plains were held at 2:00 p.m., Friday, November 30, 2001, at First Baptist Church of Plains, with Patrick Hamilton officiating. Burial was in Plains Cemetery under the direction of Brownfield Funeral Home. He died November 27 at Lubbock.

Mr Perkins was born At Tahoka November 7, 1926, and was raised in Lynn County. He attended school in Gomez and Brownfield. He joined the Army in 1946 where he served

Services for Roy Richard in 1987. Mr. Perkins was a member of Northside Baptist Church of Brownfield. He was also a member of the American Legion Post 585 where he served as Post Commander for three years. He is preceded in death by four brothers and six thoughts of September 11. I also sisters.

Survivors include his wife Helen, 2 daughters: Toni Jones of Plains and Brenda Conner of Bangs, TX. Six grandchildren, Amy Gunter, Stacey Sutton, Calley Conner, Toby Conner, married Helen Goldston Febru- Brice Gunter and Mallory

From me to you

In my Sunday School Class last Sunday, December 2, the subject was from Matthew, 5-

9, "Blessed are the peacemakers, for they shall be known as the children of God.

How ironic, and how timely, considering the Palestinian fanatics once more decided last weekend was the proper time to blow a few of themselves up in the name of Allah, and attain instant access to Paradise, at the cost of dozens of Israeli young people in Jerusalem

I listened to several comments about peace makers, but my mind kept returning to September 11, and the weekend attacks, and counter strikes against the Palestinian headquarters. Sound like any effective peace-making progress there? Weasel looking Yasser Arafat, who IS fat, continues to strut, denying his or his terrorist organization Hammas has any connection to the bombings. And the world is FLAT! The United States, and what few true allies we have left in the free world, had better accept this fact - radical Islamic states are committed, pledged, sworn to destroy us, whatever the cost to them, and of course, to US.

Back to our Sunday School lesson. A lively debate ensued about what peace making really was, in a one-on-one situation, in common, everyday life.

My mind kept straying from that scenario, and I'm sure God, nor the teacher was pleased with my thinking, but I kept conjuring up recalled an article in a recent issue of the Lubbock AJ, a commentary by Phillip L. Hamilton, editor for their Lubbock Online Issue.

He commented at length about efforts to portray the Islamic religion as one of peaceful intent, April Conner, and Jayson bent only to peacefully convince in the Army Signal Corp. He Conner. 2 great grandchildren, non-believers the Prophet Muhammed had God's divine guidance and instruction when he wrote the Koran. Hamilton wrote, "It all comes down to the definitions of peace and jihad (holy war) held by Christians and Jews, different from that held by Muslims. The concept of peace set forth in the Tuesday, December 4 at Plains Survivors include her husband Koran and the teachings of Muhammad is that of peace through submission. The holy book of Islam teaches Muslims Arlington. She died Friday, sister, Lebeth Fortner of Flower to offer non-Muslims an opportunity to embrace Islam. To reject teachings of Muhammad require Muslims to fight agressors of the faith to the death."

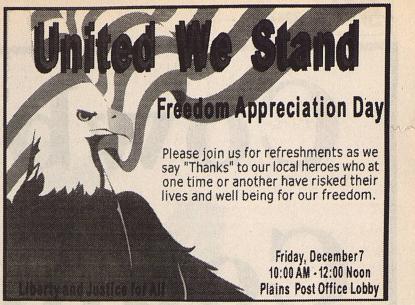
" Seize them and slay them wherever you find them," says Koran 4:89."

" Take not the Jews and the Christians for your friends and protectors; they are but friends and protectors of each other. And he among you that turns to them for friendship is of them," says Koran 5:51.

"Make war upon such of those whom the Scriptures have given as believe not in God," says one In Luke 6:27-28, Christians are weekly AA meetings. He must Islamic teaching."

Hamilton concluded, "So what should our response be to those who are Muslims?

given this instruction; ' Then fight and slay the Pagans wherever you find them, seize them, beleaguer them, and lie in wait for them in every strategem of war."

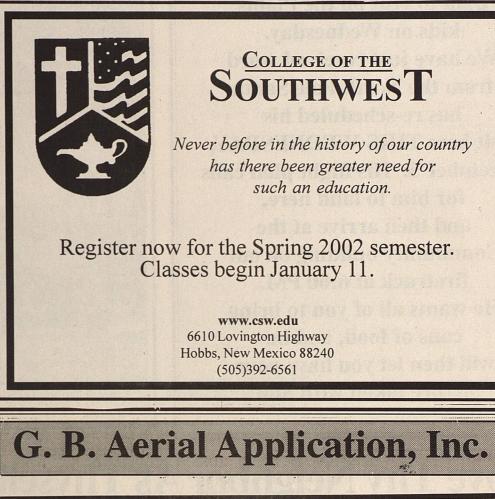


given this instruction: "But I say to you who hear, love your enemies, do good to those who hate you, bless those who curse you, " In Koran 9:5, Muslims are pray for those who mistreat you."

It's truly not very difficult for me to recognize the true Peace results to date.

From page 1, ' COURT " his license 180 days, and attend

remain in the Yoakum County jail for a period not to exceed 180 days, or until space is available in a substance abuse treatment center, and complete the repeat offenders program. He was represented by Attor-Makers, no matter the dismal ney Jorge E. Hernandez, and Criminal District Attorney Richard Clark represented the community service, surrender state. Investigating officer was Trooper Brad Taylor, DPS.



ary 2, 1951 in Clovis, NM They Gunter, and several nieces and moved to Plains in 1960 where nephews. he farmed until his retirement

Graveside services for Kim- and attended Texas Tech. She berly C. Hines, 37, of Arling- was a lending officer for Omni ton, Texas were held at 2 p.m. American Credit Union. Cemetery. Arrangements were of 16 1/2 years, Joe E. Hines; under direction of Moore Fu- her parents, Lee Roy and Carol neral Home, Bowen Chapel of Beth Box of Lovington; and a November 30, 2001. Lovington High in 1982, New favorite charity.

Mexico Junior College in 1984,

Services held for Kimberly Hines

Mound.

She was born October 14, The family suggests memori- Islam is to commit an aggression 1964. She graduated from als to Cancer Care Services or against Allah. The Koran and the

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> and Jo Lena Wall, PA - C

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Page 3, Cowboy Country News December 5, 2001

From The Hack

I was finally persuaded to remedy a problem which has been plaguing me for several weeks. That's not entirely accurate - I was ordered to remedy the problem by the Bride. She was sick and tired of shouting at me when I would say, "What did you say?, or "Huh?" everytime she opened her mouth. She wasn't overly fond of my requiring the TV volume to be set almost to the max in order for me to hear a commercial, either.

Wednesday, she shouted, " You get on the phone and call the Clinic and see if you can THE STATE OF TEXAS) get Jo Lena, Caroline or SOMEONE to wash your ears out. I KNOW they're bound to be full of gunk."

I did, and managed to get right in, because of that morning snow storm, I suppose. The receptionist asked me a few questions, which I truthfully answered, "What did you say?" and "Huh?".

Caroline took me to the back, and dutifully placed me on the Auditor, 806/456-2422. P.O. Box 516, scales. Why do they have to weigh you when you're there to get your ears washed out? Afraid they may wash away some substantial, meaty portion of you, and need the going- in weight to compare to the going- out weight, in case you sue?

Anyway, Jo Lena, came in, poked the deep peeking thing in one ear, muttered something, and I said, "What did you THE STATE OF TEXAS) say?" "Huh?"

She moved to the other ear, took a look, then grabbed up a pen and note pad, and scribbled, " I said, both your ears are plugged shut with CRAP!" They got ready for the big washout. A Number 2 washtub of warm water was brought in, and some sort of pump device, one end of which they put in the tub, the other they poked in my ear. They took turns manning the pump, squirting gallons of water in, which I caught in a little cup held to my ear, and would dutifully pour in a

-

handy sink, and when I took a glance at the water I was pouring out, I almost gagged! It was brownish yellow, smelled bad; and I could see hunks of what looked like dark worms going down the drain. Finally they finished my right ear. Jo Lena took a look through her spyglass thing, and said, " Ahh, good, clean as a whistle." I cringed, and glared at her, and said forcefully, " You don't have to scream at me, you

know." They got the other ear swamped out, asked if I felt dizyy or anything, and I told them no, and I wished they would quit shouting at me. When I got in my pickup and started it up, I almost fainted, for it sounded like all the main bearings on the crank were coming loose! I could once again hear.

NOTICE FOR BIDS COUNTY OF YOAKUM)

The Commissioners Court of Yoakum County will receive bids until 10:00 A.M. Friday, December 28th,2001. for the purchase of Unleaded, and Diesel Fuel for all County Departments for calendar year 2002. Bids will be reviewed with contract to be awarded in Commissioners Court on Monday, December 31, 2001

For bid forms and specifications, please contact the Yoakum County Plains, Texas. 79355.

Sealed bids should be marked

"BID-FUEL" on the envelope and mailed or delivered to County Judge, Dallas Brewer, P.O. Box 456/Cowboy Way and Avenue G, Plains, Texas 79355. NO FAX COPIES WILL BEACCEPTED.

Commissioners Court reserves the right to reject any or all bids. Published Wednesday, December 5, 2001, in Cowboy Country News.

NOTICE FOR BIDS COUNTY OF YOAKUM)

The Commissioners Court of Yoakum County will receive bids until 10:00 A.M., Friday, December 28th, , for the purchase of 2001 Gravel, Hot and Cold Mix, and Asphalt for all four (4) Precincts and Yoakum County Park.

"ROAD MATERIAL" on the envelope and mailed or delivered to County Judge, Dallas Brewer, P.O. Box 456/Cowboy Way and Avenue G., Plains, Texas 79355. NOFAX **COPIES WILL BE** ACCEPTED.

Commissioners Court reserves the right to reject any or all bids. Published Dcember 5, 2001 in Cowboy Country News.

NOTICE FOR BIDS THE STATE OF TEXAS) **COUNTY OF YOAKUM**) The Commissioners Court of Yoakum County will receive bids until 10:00 A.M., Friday, December 7th, 2001, for the sale of one (1) Used 1993 Chevrolet Suburban from the Yoakum County Sheriff's Department. Bids will be reviewed with contract to be awarded in Commissioners Court on Monday, December 10, 2001. To inspect the vehicle, please contact Sheriff Don Corzine at 806/456-2377.

Sealed bids should be marked "SUBURBAN" on the envelope, and mailed or delivered to County Judge, Dallas Brewer, P.O. Box 456/Cowboy Way and Avenue G., Plains, Texas 79355 NO FAX COPIES WILL BE ACCEPTED.

Commissioners Court reserves the right to reject any or all bids. Published in Cowboy Country News December 5, 2001

NOTICE FOR BIDS THE STATE OF TEXAS)

COUNTY OF YOAKUM) The Commissioners Court of Yoakum County will receive bids until 10:00 A.M. Friday, December 14th, 2001, for the purchase of one (1) New Vehicle for the Plains Volunteer Fire Department.

Bids will be reviewed with contract to be awarded in Commissioners Court on Monday, December 17, 2001. Bid price will be paid from 2001 budgeted funds. For bid forms and specifications, please contact the Yoakum County Auditor, 806/456-2422, P.O. Box 516, Plains, Texas, 79355, or Jack Cobb, Commissioner, Precint #4, P.O. Box 207, Plains, Texas 79355, 806/456-6525.

WE WISH YOU A JOYFUL AND SAFE HOLIDAY SEASON!

As you and your family celebrate during the Holiday Season, we encourage the following wise-energy-use practices:

- ☆ Make sure your tree is placed away from fireplaces, candles, space heaters, electrical appliances and other heat sources that might dry it out, or ignite it.
- ☆ Turn off tree lights overnight or when you're away from home.
- ☆ Keep paper decorations and tinsel away from hot light.

Above all, enjoy this festive time. And, greet the New Year with energy, health and happiness!

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Bids will be reviewed with contract to be awarded in Commissioners Court on Monday, December 31st,2001.

Bid price will be paid from budgeted funds.

For bid forms and specifications, please contact the Yoakum County Auditor, 806/456-2422. P.O. Box 516, Plains, Texas, 79355. Sealed bids should be marked

Sealed bids should be marked "FIRE-VEHICLE" on the envelope and mailed or delivered to County Judge Dallas Brewer, P.O. Box 456/Cowboy Way and Avenue G., Plains, Texas 79355. NO FAX COP-IES WILL BE ACCEPTED. **Commissioners Court reserves** the right to reject any or all bids.

Published in Cowboy Country News December 5th, 2001.

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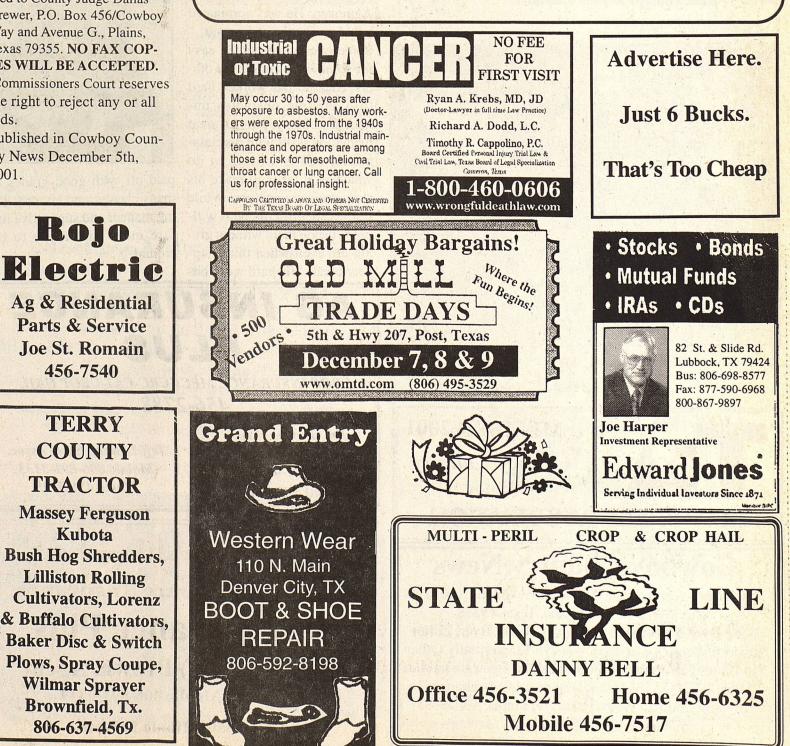
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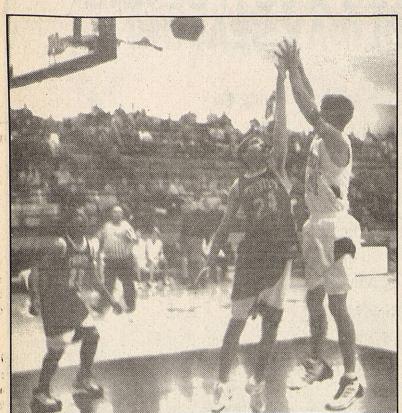


DIABETIC & **R**ESPIRATORY **P**ATIENTS!!

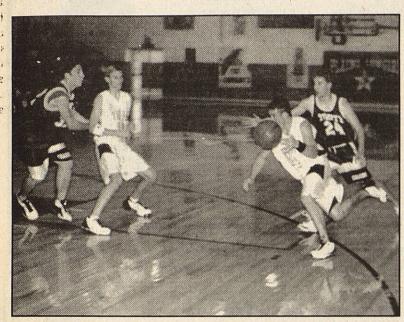
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Tournament Scenes

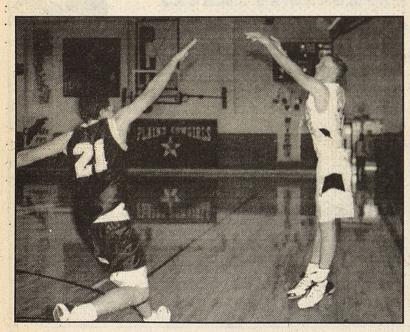




Josh Bell shoots over Trinity defender



Moises Gonzales hustles ball inside



PISD Sports Recap

Middle School:

7th Girls- The younger Lady Wranglers blasted Coahoma 49-26 last week. Scoring were Desiraye Broome 18, Regina Morales 13, Meghan Garcia 8, Nicole Culwell 6, Alice Curtis and Hallie Cotton 2 each.

8th Girls- The 8th grade girls found Coahoma a bit too tough, and fell 15-6 in a low scoring game. Only Cecilia Bonilla and Allison Friesen made the scoring column, with 3 points each. 8th Wranglers- The 8th boys showed a great deal of improvement in beating Coahoma 32-23, David Alldredge and Casson Curtis were top scorers with 6 each, while Blake O'Quinn, Todd Williams, Abel Ramos, T.J. Cordova and Blake Parrish all had 4 each.

YOAKUM COUNTY SHOOT-OUT

JV Cowgirls- The young Cowgirlsmet Denver City again in the tourney, and while losing 47-28, played much better than the first game. Kristian Morales led scoring with 7 points, Sandra Gallegos 5, Jamie Covarrubias, Micaela Villegas 4 each, Marlie Diaz 3, Manuela Villegas and Prisma Ortiz 2 each, Sarah Martinez 1. The improving Cowgirls lost a squeak er to Stanton, 31-30. Sandra and Jamie each had 10 points, Marlie 5, Prisma 4 and Daniela 1.

Varsity Cowgirls- The Cowgirls opened the tourney against Morton, winning 45-41. Chelsea Blount led the scoring with 15, followed by Jessica Rodriguez and Annaliesa O'Ouinn 9 each, Makenzie Winn7, and Chelsi Wagnon 5. Blount had 12 rebounds, Wagnon and O'Quinn 8 each, and Rodriguez had 5 steals.

They next faced Roosevelt, and were downed 48-26, making only 22 percent of their shots. Blount and Winn had 9 points each, Wagnon and O'Quinn 4 each. O'Quinn was top rebounder with 8, and Wagnon had 4 steals.

The Cowgirls finsihed the tourney against Stanton and went down 54-35. Blount topped scoring with 16, Arasley Luna had 5, Winn and Wagnon 4 each, Jessica Knight 2, Kayla Willis 1. Luna and Rodriguez were top rebounders with 5 each.

Varsity Cowboys- The Cowboys opened with a 50-45 win over Midland Trinity. Moises Gonzales was top scorer with 16 points, Jarod Newland had 15, Jared Bell 10, Tanner Hamm 7, and Joseph Rodriguez 2. Their second matchup was against Tahoka, and the Cowboys were downed 65-57. Bell led scoring with 23, Gonzales had 11, Newland 10, Hamm 9, Rodriguez 5. They took thrid place in the Shoot Out when they were downed by Roosevelt 63-50. Moises was hot with 25 points, Newland and Bell 9 each.

Seminole math/science meet

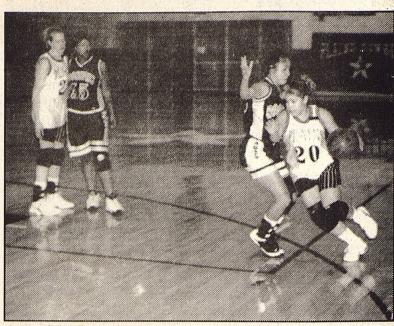
The PHS math and science team finished second in sweepstakes at the meet. The number Sense Team finished 1st, Calculator 1st, Math 3rd, Sxience 3rd.

Individual results:

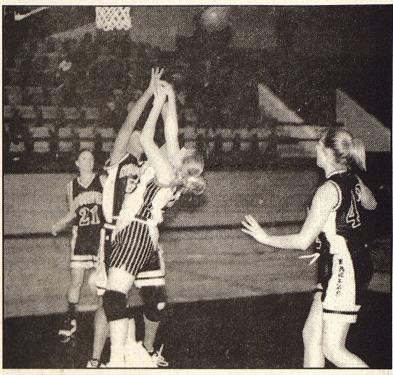
Freshmen- Brandon Hise 1st NS, 2nd Cal, 2nd Math, 1st Scil Evan Cain 7th NS, 7th Cal, 7th Math, 5th Sci

Sophomores- Nolan Newsom 6th NS, 7th Cal, 6th Math, 3rd Sci.

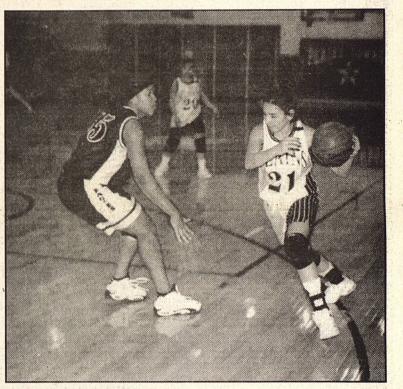
Juniors- Jordan Bean 4th, NS 2nd Cal, 5th Math, 5th Sci. Jill Gray 5th NS, 1st Cal, 1st Math, 8th mTh



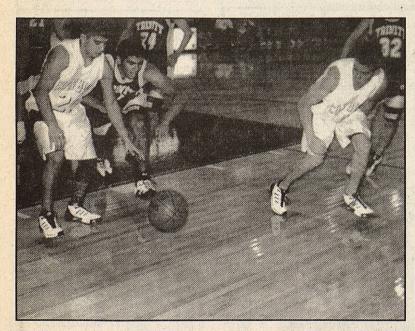
Jessica Rodriguez gets around Roosevelt player



Kayla Willis works under the net



Jarod Newland Launches 3 point attempt



An eleusive ball for Joseph and Moises

MEMBER 2001 Cowboy Country News **TEXAS PRESS ASSOCIATION Cowboy Country News**

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Senior- Annaliesa O'Quinn 1st NS. 1st Cal, 4th Math, 7th Sci.

Student of the Week

PHS Student of the Week is Ricardo Aguinaga, a Junior and the son of Christina Aguinaga. He was nominated by Mrs. Ortega, who said, " Sometimes what comes easy for some is a struggle for others. Ricardo has worked hard to overcome obstacles unknown to many. He has great mediation skills with his classmates, and is willing to do ing up, even when things ap- around." pear bleak. His hard work has



whatever it takes to make his paid off with good grades in class project a success. While many classes, and his easy gostudies are difficult, he is will- ing manner and supportive naing to tackle them without giv- ture make him a joy to be

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Chelsi Wagnon drives inside



Makenzie Winn made this shot

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Page 5, Cowboy Country NewsDecember 5,2001



Character Counts! Community Awareness Conference Slated

providers, health and human service workers, and others who interact daily with children should plan to attend the December 13 CHARACTER COUNTS! Community Awareness Conference at the Lubbock Civic Center.

The on day conference will begin with registration at 8 a.m. and conclude around 5 p.m. There is no registration fee. The conference is designed to founder of Lubbock Christian educate those who interact with children on the sound principles of character education through the CHARACTER COUNTS! framework. This event is jointly sponsored by Texas A&M University, Texas Cooperative Extension, Texas Tech University, the CHAR-ACTER COUNTS! Coalition, the Josephson Institute, Lubbock Christian University, as well as the Anton, Frenship, Lubbock and Slaton Independent School Districts.

1

"The CHARACTER ents of good character. COUNTS! framework was developed by the Josephson Institute of Ethics and has been widely adopted by a coalition 746-6101, Nat Cooper at 806of the nation's foremost youth, 796-8800, David Vinson at education and service organi- dvinson@frenship.k12.tx.us or zations," Chadwick, Texas Cooperative Gentry at your local county Extension South Plains district extension office at 456-2263. director for family and con-

Parents, Educators, Childcare sumer sciences. Texas Extension faculty have used this framework for several years as part of our Texans Building Character youth program.

"The curriculum teaches children the importance of practicing the six pillars of character, trustworthiness, respect, responsibility, fairness, caring lives."

University's Center for Character Development, will serve as conference moderator. From 9 to 10 a.m., participants will hear opening remarks from Judge Sam Medina.

Ron Kinnamon, chair of the CHARACTER COUNTS! Coalition, will give the morning keynote address at 10 a.m. The CHARACTER COUNTS! Coalition sprang from a 1992 ethics conference, where participants identified basic nonpolitical, non-sectarian ingredi-

Texans can get more information on this educational event by calling Chadwick at 806- ary 9. said Colleen call Debbie Pollard or Arlan



Beating The Holiday Blues

jolly? According to mental health experts, you're one of the fortunate ones if it is. The Holidays, in fact, are a time when many people feel lonely talking to family members beand sad instead of warm, fuzzy and joyful. Those who feel down around the Yuletide season have what is often known as holiday depression, which is a pop culture term rather than a clinical one, according to Dr. Sally Stabb, associate profesand citizenship in their daily sor of psychology at Texas Woman's University. The mere Dr. Nat Cooper, director and expectation that people are supposed to feel blissful around the holidays is a major trigger for the onset of the holiday blues, she said. "There is a lot of pressure for everyone to get along and to be happy," Stabb said. "This is exacerbated by media

portrayals of unrealistically happy families, surrounded by wealth and good cheer." "Realistically, families have all kinds of ongoing conflicts," she said.

cially on a limited budget, also

SPC Spring Registration Set

South Plains College's spring January 14-18. A late fee of \$15 2002 registration begins Janu-

Registration at SPC Levelland, 1401 S. College Ave., is 8:30 -11:30 a.m. and 1:30 - 6:00 p.m., January 9 in the Administration Building.

Registration at the SPC Reese contact SPC Levelland at 894-Center, W. 4th and Quitsna Ave. 9611, ext. 2570 or the SPC in Lubbock, is 8:30 - 11:30 a.m. Reese Center at 747-0576, ext. and 1:30 - 7:00 p.m., January 2902. For information on

Destiny..Elizabeth Hayden.

tension Service.

'Tis it really the season to be make the holidays a stressful time, Stabb said. People can feel obligated to buy things they really can't afford. The financial stress may be alleviated by fore the gift buying season begins and being honest. Setting a per gift spending limit can be an effective method of spending control, Stabb said.

This year, in the wake of the horrific terrorist attacks on September 11, the holidays may be especially difficult, Stabb said. Anxieties about traveling are likely to be heightened, as are frustrating, long delays for airport security. All of these factors can add to the stress many feel, Stabb said. Although holiday blues don't always amount to clinical depressions, Stabb said people should seek help from a mental health professional when a depressed feeling lasts for more than a couple of weeks and impairs daily functioning. Psychotherapy or even medication may be re-Pressure to buy gifts, espe- quired in more serious cases.

and an add/drop fee of \$5 will

General information can be

accessed through the college's

www.southplainscollege.com.

To obtain a registration permit,

at

be charged.

website

Grand Jury Selection List For The 121st District Court On December 10, 2001 At 9:00 A.M.

A Grand Jury selection will be held for the 121st District Court of Yoakum County, Texas, on December 10, 2001 at 9:00 a.m. in the Courtroom at the Courthouse in Plains, Texas. The following

citizens have been summoned to appear:

Plains & Tokio Residents:

Monte Lloyd Paxton, Elvira Jimenez, Delia Martinez, Greg McCravey, Ty Earl Powell. Diana Flores, Kevin Ron Craft, Kristen Elaine Gray, Conchetta Lauria San Filippo, Eaperanza Hope Coronado, Eddie Earnest, Linda Hernandez Lozano, Jose Luis Rivera, Jerry D. Howard, Melba J. Crutcher, Ramon Lasoz Vasquez, Gloria Gonzales, Helen Beal.

Denver City Residents:

Jose Luis Mendoza, Richard Eickenhorst, Jr., Steven Hicks, Juanell Hutchinson Hunter, Jesus Gonzalez Pichardo, Margie Galvan, Heather Michelle Trout, Ann Hodge, Adriana Yanez Lopez, Manuela Arenivas Holguin, Jose Mary Perez, Ella Maxine McCance, Angela Herrera Gonzales, Danielle Bacardi Swisher, Julia McCullough, Lorri Locklin Minter, Kristen Palu Hayes, Melissa Galvan, Jean McKinzie Mead, Debra Hernandez Trinidad, Donna McHam Ocheskey, Roberta Louise Garrett, Jimmie Welch Folmar, Sylvia Morales, Dalila Ruiz, Jenifer Helen Bundick, Christy Sue Dolloff, Sarah Morris, Deryll Dwain Whitehead, James Berry, Sharon Bass Bostick, David J. Salazar, Martina Villegas Perez, Jamie Lynn Frazell, Celya Maxine Woods, Araceli Maria Gonzalez, Willie Ruth Ford, Bertha Pacheco, Virginia Garza, Belia Hernandez Guzman, Elva Pena Apodaca, Ofelia Casanova Castro, Euna Davis Tipton, Ross Hilburn, Norma Quintero Hernandez, Armando Gonzalez, Melinda Manzano, Lesa G. Wood, Roberto Iniguez, Sandra B. Ford, Melissa Graham Escobar, Jeretta Kay Odden.

Texas last in child immunization

New parents face so many challenges, from finances to diaper disposal and feedinhg, it's easy for things to slip through the cracks. One that does, sometimes with luife threatening results is infant immunizations. Texas ranks last in the nation in children who are immnunized, with only 69% of children 19 to 35 months old receiving proper vaccines, according to a 2000 survey by the Center For Disease Control.

Will Green Tea Help Me Lose Weight?

It's possible that compounds called catechins in green tea have some calorie burning benefits, but don't expect a dramatic weight loss, says Mary Pat Bolton, lead nutritionist for the Women's Health Initiative at Baylor College of Medicine. Adult volunteers burned an extra 78 calories a day when given a green tea extract in a recent Swiss study. Although more research is needed to confirm the apparent metabolism boosting effect of

green tea, Bolton says this ancient brew definitely deserves a place on your table for its other health benefits, including lowering the risk of heart disease and some cancers.

If weight loss is your main concern, watching your diet and burning calories through exercise are still your best bets. As for adding green tea to your diet, since tea is calorie free, it won't hurt. Just avoid sweetening your brew with calorie heavy sugars.

10 and 8:00 a.m. - noon Janu- SPC's offerings at the Byron ary 11 in Building 1, Adminis- Martin Advanced Technology Center in Lubbock, contact Classes at all locations begin 747-0576, ext. 4617. We strive to January 14. Late registration is care for you... **New Books and Videos at the Library** FICTION: Buffalo Valley..Debbie Macomber, Separation Of Power..Vince Flynn, A Woman Betrayed..Barbara Delinsky, because WE CARE NON-FICTION: Hello Darlin'..Larry Hagman, One Incredible Moment.. Max Lacado, Daytona: From The Birth Of Speed To The Death Plains Of The Man In Black .. Ed Hinton, Elijah .. Charles Swindoll, Toxic Plants Of Texas: Integrated Management Strategies To Prevent Livestock Losses. Texas Agricultural Extension Service, Toxic Plant Handbook: In-Memorial tegrated Management Strategies For West Texas. Texas Agricultural Ex-NEW VIDEOS: Anne Of Green Gables: The Continuing Story, Mickey's Magical Christmas, Shek, Rundolph The Red Nosed Reindeer. Chapel **Christmas Assistance Program** Norman Head, Owner The 2001 Christmas Assistance Program will accept applications at the following times: 910 Avenue E PO Box 40 Across from old couthouse November 19 - December 10, 2 PM - 5 PM. 806-456-2152 **Applications will be accepted at the County** Christmas Musicals Treasurer office at the courthouse. Only ONE adult per household may apply. **First Baptist Church** Applicants must have a driver license, or other identification, and a receipt of payment from a December 9, Evening Worship gas or electric bill, with applicants current address Nelson Prescription Pharmacy Samarit 'Your Business is Appreciated' Presented by **Our Toll-Free Number Is For Your** DBAB Children's Convenience Call 1-800-658-9604 For all your Pharmacy Needs !! Choir 805 Tahoka Rd. Brownfield, Tx

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