VOL. XXVIII No. 16

Week of January 13 through January 19, 2005

Lubbock, TX USA

# Civil Righs

The status of Civil Rights in West Texas will be the main topic of discussion in a Civil Right Symposim to be held this weekend by the LULAC Chapter 263. The event is scheduled to start Friday at the Hale Center Hish School auditorium at 6 pm with welcoming remarks by LLAC National Director Hector Flores and presentation by Richard Sambrano of the Department of Justice and Edward Elizondo of the EEOC District Office.

The Syposium will continue on Saturday at the Holiday Inn Civic Center in Lubbock with activities starting at 9 am and continuing all day. A schedule of eventsis shown in full on page two of this edition of El Editor

## Bush says he will fight for immigration reform

President George W. Bush, in an interview published Wednesday by The Washington Times, said he will fight in his second term in office for his plan to extend temporary work visas to some eight million illegal immigrants in the United States.

"We've got people living in the shadows of our society, and we've got a border patrol that's overstressed because we've got people streaming across," Bush said. "The system has broken down. And I think by legalizing work, we take a lot of pressure off our borders."

Asked how he ranked immigration reform in his agenda -- he has already promised to reform the US pension and tax systems, Bush eight days from his inauguration ceremony said: "I think it's high. I think it's a big issue."

He expressed confidence in being able to persuade reticent lawmakers -- many of them belonging to hiw own Republican Party -- to go along with his proposal, recalling how he managed to convince lawmakers to cut taxes in his first year in

He denied viewpoints that his immigration reform was tantamount to extending US citizenship to people who did not deserve it.

"This is not a citizenship," he said. "I strongly oppose instant citizenship. I think all that would do is cause the problem to occur again. I believe that if they want to be a citizen, they need to get in line like the other people have done."

But he said that the current situation is a "bureaucratic nightmare" that must be solved.

"Look, whether or not you agree with the solution or not, we have a problem in America when you've got eight million undocumented workers here," he stressed. "A solution is not instantaneous citizenship. The solution is something more rational than that."

## HMW Online Unveils an Expanding Hispanic Market Information Section

HMW Online, the Hispanic Marketing Source, has upgraded its Market Profiles section and expanded its geo-demographic population and household data from 21 to 40 selected DMA's. HMW Online now provides the latest and most complete information including population, language, economics, origin and education. The information, prepared by Geoscape International, provides data for 1990 and 2000, and projections for 2005 and 2010.

"This is one more step towards making HMW Online the most complete data center in the U.S. Hispanic marketplace," said Arturo Villar, HMW's publisher. "By selecting Geoscape to bring the Hispanic Market DataStream, 2005 Series to our subscribers we are making access to HMW Online the true complement to our Monday newsletter, Hispanic Market Weekly."

The new data for HMW's 40 Market Profiles is organized and displayed to make it very easy to access, view and print, providing a more valuable tool for all interested in the Hispanic market.

"HMW subscribers now have a more complete and user-friendly online tool to tap the fast-growing multinational,

multicultural Hispanic market," said Cynthia Corzo, HMW's editor. "With the expanded market profiles we are giving them the market rankings for Hispanic population, percentage of Hispanics, Hispanic population growth from 1990 to 2005, foreign-born population and median income."

The expansion of HMW's market profiles, one of the most visited pages in http://www.hmwonline.com, gives HMW subscribers one more reason to use the website as a one-stop source of basic and cutting-edge information to advance their business. HMW users have immediate and direct access to the weekly newsletter and its eight-year archive of weekly breaking news, and to the most complete directories for Companies, Agencies and Media doing business in the Hispanic market, all updated weekly.

Also available at a click on the HMW site, are the Research Updates, the New Magazine Data page, and the archives containing the most recent Industry Snapshots, Breaking News during the week, Special Reports, Conversations with top Hispanic marketing leaders and the HMW Talent Mart.

"Advancing the understanding of our clients and business partners is fundamental to Geoscape's mission," explains Cesar Melgoza, Geoscape's CEO. "The Hispanic Market DataStream: 2005 Series, published within HMW Online will extent leadingedge data to market-leading organizations."

# Measures to prevent death of immigrants tightened

Official volunteer rescue squads are strengthening efforts to prevent the deaths of immigrants on the California-Mexico border where blizzards, rains and landslides are registered.

The Border Patrol set off the alarm on a search and rescue

team in a San Diego mountain area, while the Border Angels team coordinates efforts with the Mexican Beta team to bring relief to the area.

The director of the Angels, Enrique Morones, stated that "this weekend we are setting up the first emergency

stations and the next we will be setting 4 to 50 stations" in corridors usually crossed by immigrants during winter.

Each station has blankets, winter clothing, raincoats and some of them include mud and snow shoes and "nonfreezing sugary food like cakes", Morones explained.

These "rescue stations" are located in the Tecate, Baja California area, facing the Mexican city of Tecate, with an elevation of more than 1,300 meters and an extended area covered by snow.

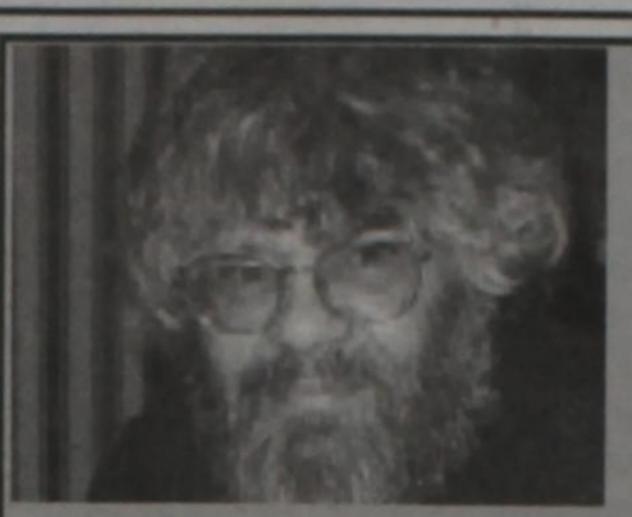
On the other hand, the Mexican Consulate started to issue press releases to alert immigrants about the region's conditions.

The latest consular warning stated the risk area goes from the Otay mountains, some 10 kms east San Diego to the La Rumorosa area.

Next to California, the snow covers the area from Alpine, four kms to northern

Mexico, where a series of fires devastated the area 14 months ago and left it risky to landslides.

according to a weather forecast of the United States Meteorological Service, storms will continue occasionally until March.



by Bidal Agüero The following is the first of a series that will discuss the progress of Hispanis in Lubbock and West Texas. We welcome your comments

# Hispanics are Hote

ispanics are hot! In today's fast paced world of hip hop, fancy cars and rap lingo, describing Hispanics as hot, tight or off the hook would probably be the best ways to reflect the current wave of how Hispanics have been growing and progressing in Lubbock and West Texas.

The phrases would also best describe the following series of articles that will follow how Hispanics have grown in the areas of politics, economics and within society.

One definite way that we can illustrate the progress is census data that shows the population of Hispanics is the fastest growing ethnic group in Texas. Since the last census in 2000 Hispanics have grown seven percent now comprising 29% of Lubbock's population. Hispanics now number 62,736 in the City of Lubbock and up to 82,160 in Lubbock County.

While Hispanic show this tremendous growth, population for other groups in Lubbock has virtually remained unchanged since the 2000 census with Whites composing 59.5% of the population and African Americans comprising 8.6%. Other groups including Asians, American Indians and mixed races composed the reaming 9.7.

For the past 10 years and in comparison to the population growth, politics Lubbock has seen Lubbock little change still only occupying one seat on each governmental body, the City Council, School Board, County Commissioners Court, Justice of the Peace and Constables. Two Hispanics, Sheriff David Gutierrez and Judge Sam Median have managed to be elected in Lubbock at large defying odds that say Hispanics could not be elected at large.

An analysis of the political growth of Hispanics will be the main issue that will be discussed in the second series of stories of "Hispanics are Hot". The article will attempt to ask each of our elected officials to comment on the growth of Hispanics in politics, the obstacles encountered in each of their races and how they see Hispanic progressing or getting elected to more posts.

The cultural progress of Hispanics will be the next n specific articles written. Hispanics inclusion in cultural aspects of Lubbock society has been slow to develop in Lubbock with few special programs being develop by Lubbock organiztion to relate or attact the Hispanic population. The articles will focus on how and what kind of programs are being offered in other Cities throughout the Southwest and how a prospective leader in this area could be developed.

The next article that will analyze the economic growth of Hispanics will follow. The population boom has been reflected economically with Hispanic individual business growing and their business being sought actively by the corporate world. The article will focus on how Hispanics have grown in business and their growin presence professional fields in Lubbock.

Throughout the series of articles El Editor will welcome any comments or contribution to the facts presented. I invite our reader to send them in to eleditor@llano.net.

# must answer Hispanic voters on immigration r

hen President Bush swooped into South Florida two months ago desper ately seeking support in a close re-election campaign, some of the most fervent response came from immigrants who shouted their support in English and Spanish. Hispanic voters in particular flocked

to the Republican president in surprising numbers, helping to seal his victory. Now immigrant communities eagerly await his plan to allow undocumented arrivals from their countries to live and work here legally.

Immigrant advocates who want Uncle Sam to open a path to permanent legal residence for the undocumented are looking to Bush and Florida Republicans in Congress to lead the way. Floridians, vital to Bush's reelection, could play a decisive role in an impassioned debate in Congress this year over immigration policy.

"I believe it is possible that will happen because politicians now are depending on Latino voters, especially in Florida," said Maria Nury Gomez, a Colombian-American who lives in Boca Raton, Fla., and works in Fort Lauderdale, Fla. "It's a two-way street. We will definitely help a politician who is helping our issues as well. We are excited, and it's important for the politicians because it's important for us."

Yet counter-pressures are mounting from much of the public, reflected in Congress, which shows signs of increasing intolerance for illegal immigration and spotty enforcement. Many members believe the public is demanding more restrictive immigration laws and fewer privileges for the undocumented.

A powerful coalition in the House of Representatives is pushing hard for new restrictions, starting with a provision to ban states from issuing driver's licenses to those who cannot prove they are legal.

This confrontation will play out over the next few months, as many members press for an immigration crackdown while Bush fashions his proposal to create a foreign guest-worker program and many Democrats seek a broader amnesty for those living on the ragged edge of the law.

Bush made no reference to his immigration ideas when he rallied a boisterous crowd of Miami supporters in November, just two days before the election. Accompanied by Gov. Jeb Bush, the president courted the crowd with a mixture of English and Spanish while touting his usual themes of low taxes and national security, adding his hope for a free and democratic Cuba.



"Cuba libre!" Karl Rove, the president's master strategist, remarked when he climbed down from Air Force One in Miami, sounding the theme of that day.

Bush's immigration plans, which he touted in 2000 and the first few months of his presidency, almost disappeared in the aftermath of the 2001 attacks, when

the nation became consumed with fending off foreign terrorists. In recent months, however, Bush has renewed his

outreach to Mexican President Vicente Fox, and the White House has revived hopes of establishing a guest-worker program to legalize the undocumented. Bush, who has yet to unveil a specific plan, has indicated he wants to limit this legal status to three years, subject to renewal.

"What you have is a donnybrook shaping up," said Frank Sharry, director of the National Immigration Forum, which generally favors legalization. "Democrats will insist on some way for undocumented residents to earn their way to permanent residence. Republicans are going to insist on a temporary worker program that is employer friendly. And some say they will only support it if it includes an enforcement

component that actually works. "Florida's immigrant community, its employers and unions and politicians, will be big factors in this debate. And if the Florida GOP engages - people like Jeb Bush and Lincoln Diaz-Balart - there's a much greater chance

of getting something done." Diaz-Balart, in fact, intends to do just that.

The Miami Republican, who refused to sign the party's "Contract with America" in 1994 because it called for elimination of welfare benefits to legal immigrants, promises "to get these ideas of the president's passed into law."

"This is a high priority for me," Diaz-Balart said in a recent interview. "My view is that these people, aside from being undocumented, are hardworking and law-abiding. They are doing jobs that Americans do not want, and they pay taxes. They should have the opportunity to retrieve their savings and go back and forth to their home countries."

# Mexico Bashers Outraged by Government Comic Book

By Ernesto Portillo Jr.

Making mincemeat of the Mexican government is easy.

It's a hobby for border dwellers — on both sides of la linea — to laugh and cry over the actions of out-of-touch Mexico City bureaucrats. We've witnessed too many gaffes and missteps to count.

So when critics howled over the Mexican government's newest blunder, I didn't wince. What's another dumb move, I figured.

The Mexican government is distributing 1.5 million comic friendly neighbor," Colorado books that advise what and what not to do when crossing the border — illegally.

Mexico bashers north of the border are having a conniption fit. The pocket-size comic book is proof of a Mexican conspiracy to invade the United States, critics suggest.

My first impulse was it's just Mexico City bungling it again. And I thought about piling on the Mexican government myself.

But then I did something I suspect the critics did not do. I read the guide.

What do you know?

The 32-page color, poorly drawn comic book is more than a step-by-step guide on how to cross the border illegally.

It's a common-sense advisory on how Mexican citizens should comport themselves when they are in this country, legally or not. The instructions are more mundane than sensational.

But that didn't stop the usual suspects.

"This is not the action of a Republican Congressman Tom Tancredo told the New York Times. "What would the Mexican government say if we encouraged our citizens to violate Mexican law?"

Being a congressman and chairman of the Congressional Immigration Reform Caucus, Tancredo apparently can twist and distort the guide.

It doesn't encourage Mexicans to cross the border illegally. It repeatedly states that border crossers should enter the United States with proper documents.

But if Mexican citizens make the difficult and dangerous decision to cross illegally, the guide warns readers of real dangers crossing rivers, deserts and mountains. And it lists do's and don'ts if they are stopped by U.S. law enforcement offic-

"If you choose to cross the desert, make sure to cross during the hours when the heat is not intense," it states.

The guide, published in Spanish by Mexican Foreign Relations, contains directions similar to those U.S. residents hear at airports or receive from the U.S. Department of Homeland Security.

Do not trust smugglers, do not take packages from strangers, do not leave children with strangers, do not cross with false papers, do not lie to U.S. immigration agents, do not resist arrest, do not carry guns or knives, do not attend loud parties.

It contains more "do not" than "do." Where's the encouragement?

What probably irks critics is the legal advice the booklet pro-

It lists basic human rights for Mexican citizens if detained or arrested. They can ask to speak to a Mexican government representative. They can request medical care and food and water. They do not have to sign documents in English. They should be accorded dignity regardless of their legal status.

Darn that Constitution. That would be ours, not Mexico's.

There's much to criticize Mexico about, however.

Its ruling class ignores the poor and powerless. The privileged elite are more concerned with the ups and downs of the stock exchange. And some people in government and business are corrupt.

But critics of the comic book should read it to the end.

This guide does not encourage Mexicans to cross into the United States without proper legal documents. Its purpose is to identify the migrants' risks and rights.

#### ALBERTO GONZALES Y EL ESCOLLO DE LA CARRERA GUBERNAMENTAL

Por Jorge Mariscal

Una de las grandes figuras de la historia mexicano-americana es Ernesto Galarza. Hijo de una familia inmigrante, trabajó para escapar la pobreza y las escuelas racistas de los albores del siglo XX, convirtiéndose en uno de un pequeño grupo de latinos que asistiera a la universidad y uno de los primeros latinos en los Estados Unidos en titularse con una maestría (de la Universidad de Stanford) y un doctorado (de la Universidad de Columbia).

No obstante, Galarza no se resguardó en la torre de marfil. De lo contrario, optó por servir a la comunidad en la que había nacido con su preparación académica. Se volvió un líder de la lucha por la oportunidad educativa y por los derechos de los trabajadores agrícolas migrantes. Escribió novelas y estudios académicos que surtieron un impacto directo sobre la legislación federal diseñada para proteger a las familias trabajadoras mexicano-americanas.

En 1972 se le pidió a Galarza imaginarse un futuro para latinos y latinas que para entonces habían empezado a matricularse en las universidades estadounidenses en mayores números gracias al movimiento chicano y el activismo militante de la juventud.

Vale la pena considerar los comentarios de Galarza ahora, en vista de la nominación de Alberto Gonzales al cargo de fiscal general de los Estados Unidos.

Dijo Galarza: "Estas personas deben regresar a la comunidad con la comprensión de que su conocimiento y capacitación superiores les dan, proporcionalmente, mayor responsabilidad, lo cual significa ayudar a la comunidad a comprender las situaciones en las que se encuentra y llevar a la comunidad información a la cual no tienen acceso".

A continuación describió los peligros del cuento de Horatio Alger para las minorías étnicas: "El mexicano que se transfiere a la sociedad urbana de los Estados Unidos se transfiere a una cultura en extremo complicada. La comunidad necesita de personas que saben manejarse en esta cultura, pero al aprender a manejarse en una cultura en extremo complicada, puedes caer fácilmente en la tentación de explotarla para tu propio bien y hacer de tu conocimiento una carrera. Este tipo de carrera es una de las tentaciones y escollos que enfrenta el estudiante graduado mexicano".

La biografia de Alberto Gonzales no difiere mucho de la de Ernesto Galarza. Nació entre la pobreza, ganó contra todo obstáculo al matricularse en la Universidad Rice y en la escuela de derecho de Harvard. George W. Bush se hizo amigo de Gonzales, quien se encontró elevado a posiciones de poder tanto en Texas como en Washington, D.C.

Las organizaciones hispanas tradicionales, tales como la Liga de Ciudadanos Unidos Latino Americanos (LULAC por sus siglas en inglés) y el Concilio Nacional de La Raza (NCLR) han elogiado el nombramiento de Gonzales como un avance para los derechos civiles latinos. El comunicado de prensa que emitió el NCLR llamó a Gonzales "un servidor público considerado, razonable, hombre de palabra".

Si bien podrá ser todo eso, Gonzales no alcanzó la meta que establecieron personas como Galarza. En vez de ayudarnos a comprender la crisis actual, Gonzales antecedió a su obligación de servir la causa de la justicia, la lealtad a sus jefes. En vez de aprovechar la audiencia de confirmación para ofrecer información que pudiera clarificar los orígenes de los escándalos de tortura, se puso evasivo.

Es claro que el juez Gonzales ha aprendido a ser exitoso en la cámara del poder - "hombre de palabra" quizás, pero también hombre sumiso a unos de los presidentes más reaccionarios de la historia de los Estados Unidos. Por lo visto Gonzales no pudo huir de lo que Galarza llamó el escollo de la carrera gubernamental.

Cuano los amigos que no son latinos preguntan por qué algunos de nosotros objetamos contra el término "hispano", luchamos por explicar su sentido. El hispano o la hispana se enorgullece de su etnicidad sin ser menos "auténtico" que cualquier otra persona de ascendencia mexicana. Sin embargo, el hispano opta por alinearse con el estamento, basando sus decisiones profesionales en lo que sus superiores quieren oir y sintiendo mayor apego a la aprobación de su jefe que al bien de la comunidad.

Entonces, recordemos a Ernesto Galarza por su compromiso con la justicia social. Y felicitemos a Alberto Gonzales, primer hispano en llegar a ser fiscal general de la nación.

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# Los Anti-Mexicanos Escandalizados con la Guia del Migrante

Por Ernesto Portillo Jr.

Es fácil hacer picadillo del gobierno mexicano.

Es un pasatiempo para los que viven en la frontera – de ambos lados – reirse y llorar con las hazañas de los burócratas fuera de foco del D.F. Hemos sido testigos de tantas metidas de pata, tantos tropezones, que ni los podemos contar.

Por ende, cuando los críticos dieron grito en el cielo con el nuevo traspié del gobierno mexicano, ni pestañé. Y qué de otra mala movida, pensé.

El gobierno mexicano está distribuyendo 1.5 millones de tebeos que aconsejan qué hacer y qué no hacer al cruzar la frontera – ilegalmente.

Los críticos del norte de la frontera están con rabieta. El librito de bolsillo es prueba del complot mexicano por invadir los Estados Unidos, sugieren.

Mi primer impulso fue pensar que se trataba simplemente de la torpeza de siempre del D.F. Y se me ocurrió unirme al vocerío en contra del gobierno mexicano, también.

Pero entonces hice algo que sospecho no hicieron los críticos. Lei la guia.

¿Quién hubiera pensado?

El tebeo mal dibujado, de 32 páginas, es más que una guía paso por paso sobre cómo cruzar la frontera ilegalmente.

Es un aviso de sentido común sobre cómo los ciudadanos mexicanos deben comportarse cuando están en este país, legal o ilegalmente. Las instrucciones son más mundanas que sensacionales.

Lo cual no detuvo a los críticos de toda la vida.

"Aquéllo no es comportamiento de un vecino amigo", le dijo al New York Times el congresista republicano por Colorado, Tom Tancredo. "¿Qué diría el gobierno mexicano si alentáramos a nuestros ciudadanos a violar la ley de México?"

Como congresista y director del Caucus Congresional pro Reforma de la Inmigración, Tancredo, por lo visto, puede tergiversar y distorsionar la guía.

La guia no alienta a que los mexicanos crucen ilegalmente la frontera. Repetidamente dice que los que cruzan deben entrar a los Unidos con Estados documentación apropiada.

Pero si los ciudadanos mexicanos toman la decisión dificil y peligrosa de cruzar ilegalmente,

la guía advierte a los lectores rabiar a los críticos es el consejo de los verdaderos peligros que azotan a los que cruzan ríos, desiertos y montañas. También ofrece una lista de lo que deben hacer y no hacer si los detienen de agentes la ley estadounidense.

"Si cruzas por el desierto, procura caminar en horas en las que el calor no sea tan intenso", pone.

La guía, publicada en español por la Secretaría de Relaciones Exteriores, contiene orientación similar a la que residentes los estadounidenses en los aereopuertos o reciben del Departamento de Seguridad Nacional de los EEUU.

fiarse de los contrabandistas, no aceptar paquetes de extraños, no dejar a los hijos con desconocidos, no cruzar con documentos falsos, no mentir a los agentes de puertas o garitas, no resistirse a la detención, no llevar pistolas ni cuchillos, evitar las fiestas ruidosas.

Tiene más del "qué no hacer" que del "qué hacer". ¿Eso cómo los alienta? Lo que probablemente hace legal que provee el librito.

Tiene una lista de derechos humanos básicos para los ciudadanos mexicanos si se encuentran detenidos.

Pueden pedir hablar con un representante del gobierno mexicano. Puede pedir asesoría médica y comida y agua. No tienen que firmar documentos en inglés. Deben ser tratados con respeto y dignidad sin importar su calidad migratoria.

Malhaya esa Constitución. La nuestra, no la de México.

Queda mucho por criticarle a México, sin embargo.

Su clase dominante hace caso omiso del pobre sin acceso al poder. La cúpula privilegiada se preocupa más con los vaivenes de la Bolsa. Y algunos del gobierno y la empresa son corruptos.

No obstante, los críticos deben leer el tebeo cara a cara.

Esta guía no alienta a los mexicanos a cruzar la frontera para entrar a los Estados Unidos sin la documentación apropiada. Su propósito es identificar los riesgos que corre el migrante y también sus derechos.

Re-editado con permiso, 2005. Hispanic Link News Service.

# Bury Me in México -- Easier Said Than Done

By Raymond Rodriguez Almost every day we read about Mexican migrants trying to enter this country illegally who die in the desert. This past year, at least 600 of them perished in vain attempts to enter the United States and find a job to help support their families south of the border. Driven by povertybred desperation, men, women and children risk their lives

There is another aspect of this migrant tide that goes virtually unnoticed, their return to the madre patria, motherland.

No, I am not talking about the yearly trips during the holiday season when relatives and friends

or advertisers.

return to Mexico to celebrate with family members they left behind. Those are festive occasions illuminated with hugs, kisses and gifts. The reunions offer an opportunity to buttress any loosening ties and to share tales of adventure.

What I am referring to is the final pilgrimage made by many Mexicans who die in the United States. The journey is best summed up by the words of a corrido — folk song that implores, "Beloved Mexico, if I should die far from you, let them say I am sleeping, and bring me back

The last request of many Mexicans, even after being absent from their native land for years, is to be laid to rest in their hometown among family and friends.

That has been the case for decades. The elderly and infirm choose to return to Mexico to die. Even during the Great Depression, no matter how poor they were, they did not want to die in the United States. They feared our government would bury them in a paupers' field. The belief among the faithful was that if they were not buried in a sacred cemetery, their soul would be lost and fail to enter heaven. True believers were not willing to take that risk.

Today, the desire to be interred in Mexico still persists. Last year, from Los Angeles County alone, more than 100 Mexicans a month were shipped home for burial. This was done to honor the deceased's final request, often made upon his or her death bed. It places a strain on the family's meager budget, but it is a request that cannot be denied.

Unfortunately, some mortuaries take advantage of the family's grief. The entire process, from embalming to shipping the body home, is not cheap. In some instances, the amount can exceed several thousand dollars. A family can easily spend four or five thousand dollars to comply with their duty toward the deceased.

Often a collection must be taken up in the neighborhood to cover the costs. Recognizing the tragic need,

the Mexican government has established a fund to assist those totally bereft of means. An attempt has also been made to establish a basic fee that would

enable families to meet their

financial obligation. One problem still remains reducing the time it takes to ship a body. This may range from one week to a month or more. Cargo

space is often at a premium. For the grieving family, the wait represents an interminable delay. The rituals of the night-long wake and the nine day novena must be solemnly observed. Body and soul must be treated with the respect and dignity.

In Mexico, burials normally take place a day or two after a person dies, and the novena will be recited following the burial. Having to wait a week or more to receive the body places an undue stress on the bereaved family. The supplication "May his soul

rest in peace" is heartfelt. One has to make sure that everything is done to assure the soul's entry into heaven. And come Nov. 2, the Day of

the Dead, families must prepare offerings with the departed's favorite foods, fruits, delicacies and drink so that the spirit may enjoy its yearly visit. For Mexicans, death is not the end. It is not to be feared. It is simply another aspect of life. This explains why it is so important to be interred among friends and relatives.)

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> **Better** in 2005

5:00 PM

Lubbock, Texas

#### LULAC CIVIL RIGHTS WORKSHOP for PARENTS/CITIZENS

Friday, January 14, 2005 Hale Center High School Auditorium Hale Center, Texas (Transportation will be available for all those needing it) Introductions - Diana Martinez - LULAC District 1 6:00 PM Director Welcoming Remarks - Hon. Hector Flores - LULAC National President

Presentation on Civil Rights- School Discrimination 6:15 PM and Police Harassment Richard Sambrano - Mediator - Community Relations Service US Department of Justice Edward Elizondo - EEOC District Office Outreach Manager

7:00 PM Discussion and Questions - What To do, Plan of Action

7:45 PM Closing Remarks - Diana Martinez 9:00 PM Reception-Council 263 LULAC Hall, 1304 Avenue O Lubbock, Texas

#### LULAC SYPOSIUM ON CIVIL RIGHTS AND LIBERTIES

Saturday, January 15. 2005 Holiday Inn -Civic Center Lubbock, Texas 9:00 AM Welcome / Introductions: Diana Martinez - LULAC District 1 Director Lubbock City Official

Presentation: Status of Civil Rights in West Texas, 9:15 AM Panhandle and Texas Facilitator: Grace Garza PANEL: Jeff Blackburn -Amarillo. Lubbock Civil Rights Attorney Hon. Lena Levario - Former State Judge, Dallas Attorney at Law Domingo Garcia - Former State Legislator. National LULAC Civil Commission Chair Hon. Carlos Garcia de Alba - Mexican Consul General, Dallas

10:20 AM 10:30 AM Presentation: Discrimination in the Workplace and Available

Remedies Facilitator: Ruben Albares PANEL: Edward Elizondo -EEOC District Office Outreach Manager Jaime Martinez - President, Texas Labor Councils for Latin American Advancement, San Antonio 11:30 AM Break for Lunch (on your own, restaurant across the street will reserve a room for those that want to eat there) 1:00 PM Presentation: Educational Interests Mediation

Approach ala LULAC Manual Facilitator: Lee St. Dennis PANEL: Richard Sambrano- Mediator, community Relations Service U.S. Department of Justice Rosa Rosales - LULAC National Vice-President for the Southwest Coty Rodriguez Anderson - LULAC District 3 Director Irene Fabila - LULAC District 1 Deputy Director, Plainview City Councilwoman

2:30 PM Break 2:45 PM Presentation: MADRES Facilitator: Chevo Moralez PANEL: Sam Alvarado - MADRES Operations Director Justo Garcia -Presenter

3:30 PM WHERE DO WE GO FROM HERE? Questions and Answers, Brainstorming Session Participation of All Attendees Closing Remarks - Diana Martinez - LULAC District 4:45 PM ' 1 Director

6:00 PM Reception - Council 263 LULAC Hall 1304 Avenue O - Lubbock, Texas HOTEL Holiday Inn - Civic Center 801 Avenue Q - 806-763-1200

End of Symposium

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# Ricky Martin in Thailand on Mission to Help Tsunami Orphans

Puerto Rican pop star Ricky Martin met with Thai leaders Wednesday and pledged to do "everything and then more" to help children orphaned by the killer tsunami that struck the country's southwest coast.

Martin, who has lent his celebrity to help the United Nations Children's Fund (UNICEF), said he would visit areas in Thailand devastated by the giant waves and make a donation to help Thai orphans through his foundation.

The Ricky Martin Foundation runs a project to help combat trafficking of humans, especially children.

Martin said he was awed by the destruction he saw in news reports from Asia and decided to come to the region.

"After looking at those images on television, it was impossible for me to stay at home with my arms crossed," said the superstar singer of such hits as "She Bangs" and "Livin' La Vida Loca".

"My visit to Thailand is born out of love, born out of passion, and out of the need to do something," he told reporters after meeting with Thai Prime Minister Thaksin Shinawatra and Foreign Minister Surakiart Sathirathai.

When asked about the level of contribution, he said: "Everything and then more," adding that he would like to help build orphanages or schools.

Martin said he was most concerned for the thousands of children in Indian Ocean countries hit by the disaster, where humanitarian organizations say orphans are threatened by gangs of unscrupulous traffickers.

Surakiart said 323 Thai children lost one or both parents in the tsunami.

Few cases of child trafficking have been confirmed so far, but the tragedy affected the part of the world most at risk from networks eager to exploit children



# Luis Miguel new record's not too innovative

After his "Romances" series, the latest ranchero album by Luis Miguel entitled "Mexico en la piel" turns out to be the "same old song and dance", that seems to work out fine with his audience, said the local press.

"Mexico en la piel" is a record. that "will please those into Mexican traditional music. It should work fine with the record industry's current situation", said the local newspaper El Vocero. The journal stated "Luis Miguel

has chosen a nice selection of tracks that shows a wide angle of Mexican music, as well as top level musical support".

"In spite of being a ranchero record with mariachis, the album has a romantic touch similar to what Luis Miguel did in his "Romances"?

It is certain that he has the voice to sing rancheras with force and conviction, though if we look at ranchera music as a sample of vocal force, Luis Miguel still has much of a crooner in his intonation, added.

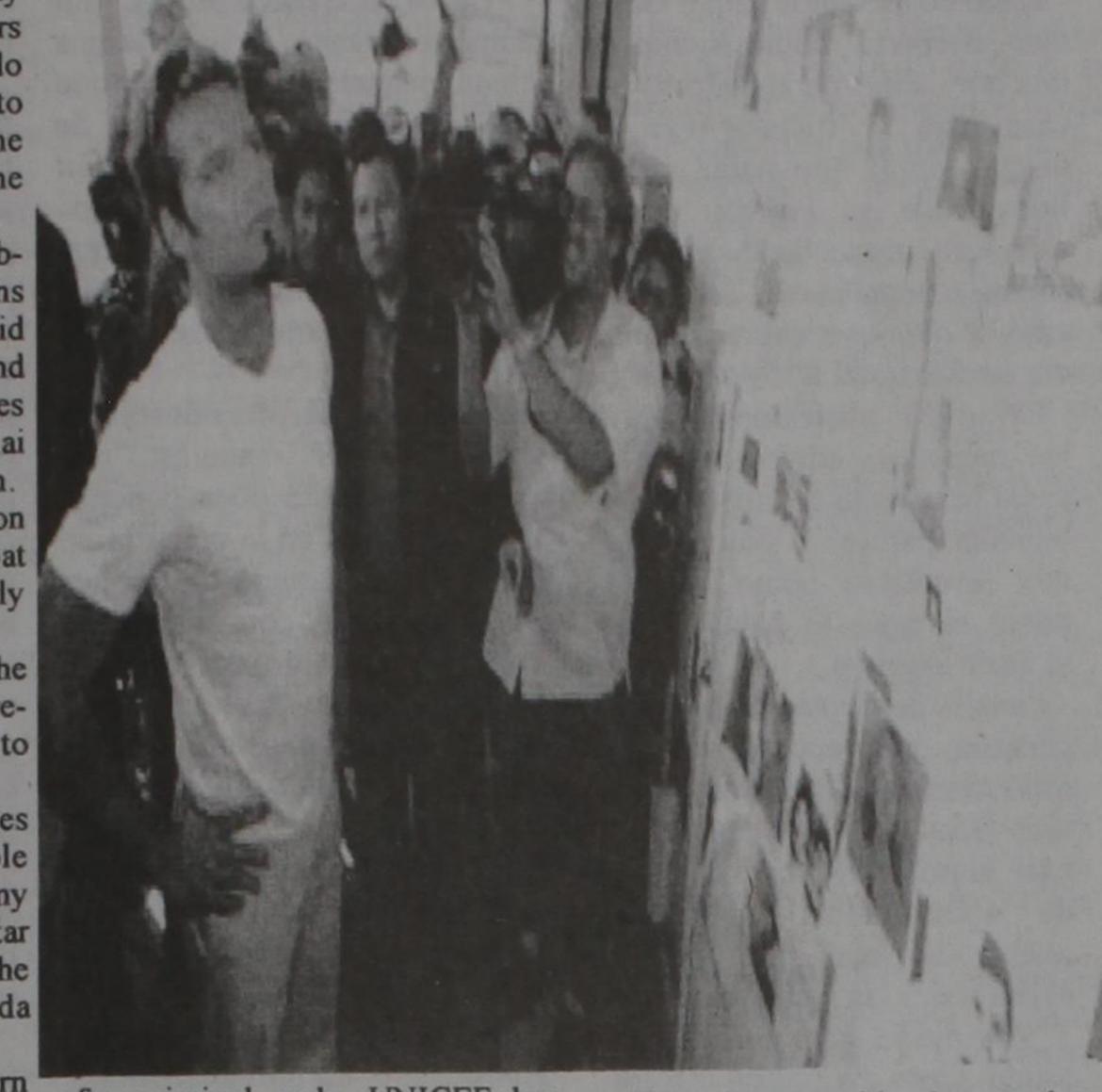
"The obligated question here is if Luis Miguel is going to take as starting point his nationalism, patriotism or love of the music of his country to begin another series of ranchero music records".

#### Estacado makes great strides as they continue to strive for aca-

demic excellence LUBBOCK, TX, - Estacado High School continues to instill in their students the concepts of the "Matador Way...Excellence, Hard Work, Success." Estacado is proud to present the success of their students in the area of academics as they continue to pre-

pare for life beyond high school. Estacado has retained a longstanding tradition of success for our Academic Decathlon Team, which has qualified for the statecontinued on page 6





for criminal ends, UNICEF has said.

"Unfortunately, in moments like this, our society is completely vulnerable, and some criminals, the traffickers, take advantage," Martin said.

"It is really sad that this is happening," he added. "I needed to be here to say this has to stop."

Martin met orphans at the Thai Red Cross Society in Bangkok and was to leave Thursday for Phuket island, where he will tour beach areas devastated by the tsunami, the foreign ministry said.

The Grammy-award winner will Friday visit Thai orphans at a temple in Phang Nga province and Yan Yao temple, the center of Thailand's forensic identification effort, before heading back to Bangkok.

Martin insisted his presence in southern Thailand would not be a hindrance to professionals on the ground.

"I have a very powerful tool, and that's music," he said.

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"I am here to add value to what the government of Thailand is doing."

Surakiart praised Martin's "enormous compassion" and said his presence in disaster zones would be welcome as was that of several other dignitaries.

"There has been an outpouring of hearts, an outpouring of generosity that has no political

boundaries," the minister said. Martin said he was eager to visit other hard-hit countries in the region when his schedule allowed

Rock star Sting was also in Bangkok on Wednesday to perform a concert that was scheduled before the tsunami hit.

The founder of the power rock trio the Police planned to donate 20,000 dollars to tsunami victims, while the concert organizers aimed to give another 50,000 dollars, newspapers here reported.

The Indian Ocean tsunami hit six provinces in southwest Thailand and killed more than 5,300 people in the country. AFP

Look at 'Spanglish' by NALIP Member/'Spanglish' Exec. Producer: Christy Haubeg-I'm a NALIP member and Ex-

ecutive Producer of Spanglish. We received many very positive reviews including Ebert & Roeper and Pete Travers of Rolling Stone. I think its important for NALIP members to know more about this film.

Answers to the questions I have been asked repeatedly as I've traveled and spoken around the country supporting last weekend's opening of

Spanglish: What is it about?

The movie is a dramatic comedy and tells the story of Flor (Paz Vega), a Latina who comes to the United States in search of a better life for herself and her daughter, Cristina They end up spending the summer under one roof with a wealthy, eccentric family played by Adam Sandler, Téa Leoni and Cloris Leachman. The title Spanglish is a metaphor for the collision of languages and cultures that takes place in the house and the film. The story is narrated by Cristina through her college application to

Princeton. When the application asks about her "most influential person," Cristina says, "Let me tell you about my

mother . . . " and the story begins. Why Latinos Should See It Opening Weekend (December 17-19) or soon thereafter?

1. Opening weekend is crucial for movies. If a film doesn't do well opening weekend, it gets dropped from theaters quickly and disappears. In the case of Spanglish, it opens Friday, December 17th, just seven days after blockbuster Ocean's 12, five days before Meet the Fockers and on the SAME DAY as Jim Carrey in Lemony Snicket, Scorcese's the Aviator and Flight of the Phoenix. All this means is that it will be extremely difficult to survive and not be crushed at the box office by the huge movies on all sides.

2. It's a good movie. Ebert and Roeper gave it "two thumbs up." USA Today and the Washington Post gave great reviews. However, Latinos seem to get even more out of the movie than other people do. From emailed comments from Latinos who saw early screenings in Los Angeles, New York and Miami:

"It was so amazing to see an authentic Latina character represented in the way that your film did. Thank you so much for the hard work that you put in to make Flor as real as my mother and wife. . . . I went into this film last night expecting a good story, but I was totally unprepared for what happened to me: I

Behind the Scenes

was so emotionally moved." "What is so great is that Spanglish is a great human story that happens to have Latino characters. The fact that such a poignant story can also be hilariously funny is wonderful."

"I think the film captures what so many of us have lived- in public and private- and I think that its a beautiful affirmation for many, many women in our community... Thank you so much for telling our stories and for reminding us, through this movie.. that our women are incredible."

3. We fought for the studio to make what is likely their largest investment ever in Hispanic media, from online sites like MiGente.com and Terra.com to networks such as Univision and Telemundo to print (from Latina

to La Opinion.).

4. Hollywood knows that we go to movies more often than other Americans, but is not convinced we care about seeing Latino characters, our lives and experiences reflected on screen. They have researched and found that we prefer to see action and horror movies, for which we tend to show up in droves. So regardless of how Spanglish does overall, if Latinos do not show up, it will be used unfairly as an excuse not to make other movies about us.

Who's Behind It:

The writer/director is James L. Brooks, the Oscar-winning writer/director of Terms of Endearment, Broadcast News and As Good As It Gets and co-creator of The Simpsons. I met Jim a few years after founding Latina magazine. I helped him research and develop the Latino characters in Spanglish and story over the last four years and eventually became Executive Producer on the film The studio is Sony/Columbia Pictures.

Thanks for your time and at-

tention.



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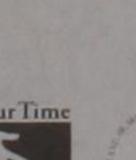
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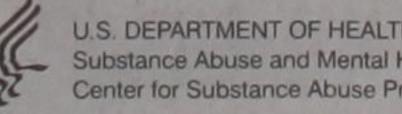
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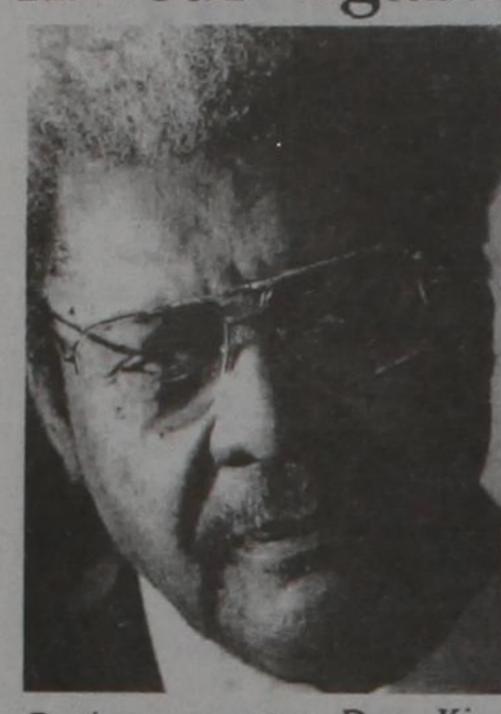




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## Kings files \$2.5B defamation lawsuit against ESPN, others



Boxing promoter Don King filed a defamation suit Wednesday claiming he was portrayed in a false light in an ESPN Sports-Century segment aired last May, and his attorney said King is entitled to damages of more than \$2.5 billion.

The lawsuit says the program accused King of being "a snake oil salesman, a shameless huckster and worse," claimed the flamboyant promoter underpaid Muhammad Ali by \$1.2 million and claimed King -- convicted in a 1967 beating death and acquitted in another killing in 1954 --"killed not once, but twice."

Most of the material in the pro-Big Unit Starts with Apology at

Still a little stunned by all the

attention, Randy Johnson stood

up, stretched out his 6-foot-10

inch frame and pulled on those

As dozens of cameras clicked

away in a stuffy room packed

with reporters, the Big Unit then

made his first pitch as a member

of the New York Yankees: an

Johnson opened Tuesday's

news conference by talking about

his confrontation on a Manhattan

sidewalk with a television cam-

eraman on the way to his physical

"It was unprofessional and, ob-

viously, I feel very foolish today,

at such a great moment in my ca-

reer, that I would have to sit be-

fore all of you, or stand before all

you, and apologize for my

He said he had seen the video

"Come to one of the biggest

media markets, one of the win-

ningest franchises in the history

of any sport, and that's the way I

"terrible"

actions," Johnson said.

"embarrassed."

famous pinstripes.

the previous day.

apology.

gram had been printed or broadcast earlier about King, who has spent much of his career in court, but he said he had just had enough.

"I just felt that this was the straw that broke the camel's back and I can't take it anymore, and I'm going to fight back," King said at a news conference. "I seek justice."

King, wearing a garish American flag tie and two flag lapel pins, then quietly stepped back and let lawyer Willie Gary answer questions.

Gary called the SportsCentury segment "a story designed to orchestrate and create an impression that is not there," and said the network had refused to retract parts of the program that offended King.

The suit, filed in state court in Broward County, Fla., names ESPN and its parent company, Walt Disney Co., among the defendants. Also named are Disneyowned ABC Cable Networks, which actually controls ESPN, and Advocate Communications, a Florida-based cable and satellite

Don King is the center of attention with news of the \$2.5 billion lawsuit he filed for defamation.

Introductory Press Conference

enter? I'm sorry, I don't know how

many more times I can say that,"

he added. "I hope I can move on

and can get another chance to

prove that I'm worth coming

Randy Johnson will wear No.

41, leaving 51 to longtime Yan-

kees center fielder Bernie Wil-

he has to do is deliver the cham-

pionship owner George Stein-

In a trade in the works for more

than a month and agreed to Dec.

30, the Yankees sent pitchers Ja-

vier Vazquez and Brad Halsey,

catcher Dioner Navarro and \$9

million to the Arizona Diamond-

winner got a \$32 million, two-

year contract extension that runs

through 2007, and the deal was

finally completed when he aced

his medical tests Monday. The

41-year-old left-hander even as-

tounded New York's team doctor

because his elbow and shoulder

The biggest concern about

Johnson is his creaky right knee,

were still in such good shape.

The five-time Cy Young Award

liams. (Getty Images)

brenner demands.

backs for Johnson.

"We have not seen a copy of the lawsuit, so we are not in a position to comment on it," said Mike Soltys, ESPN's vice president of communications. "However, SportsCentury is a Peabody- and Emmy-award winning series of more than 250 biographies that is widely respected for its journalistic quality and in-

tegrity." The suit also says SportsCentury accused King of threatening to break the legs of heavyweight Larry Holmes and of cheating boxer Meldrick Taylor out of \$1 million from a fight and then threatening to have Taylor killed.

"It was slanted to show Don in the worst way. It was one-sided from day one," Gary said. "Don is a strong man, but he has been hurt by this."

King has represented fighters from Ali to Mike Tyson, and has been sued by several of them -including a \$100 million lawsuit filed against him by Tyson. King paid \$7.5 million to former middleweight champion Terry Norris in late 2003 to settle a suit. King sued former heavyweight champion Lennox Lewis for libel.

King also has beaten federal charges, including tax evasion and fraud. He served nearly four years in prison for the 1967 beating death of a man who owed him money. In 1954, he killed a man who was robbing a numbers house he operated in Cleveland, but it was ruled self-defense.

which lands on the slope of the

mound every time he throws a

pitch. He took gel injections last

season to keep pitching (he made

35 starts), but this year he thinks

the knee, which he says does have

cartilage, will feel better because

he doesn't have to run or swing a

need of a dominant ace to counter

Curt Schilling and the rival Bos-

ton Red Sox, Johnson could wind

up being the biggest thing in the

Bronx south of the zoo. He might

even start against Schilling, his

old Arizona sidekick, in the sea-

"I just want to win so bad.

That's all I've ever wanted to do,"

he said. "I'm not scared of any

The Yankees know that first-

hand, one reason they pursued

him so vigorously for the past

six months. Johnson is 5-0 with a

1.65 ERA against New York in the

postseason, leading Seattle to a

first-round victory in 1995 and

Arizona to a World Series title in

son opener on April 3.

challenge."

So, with the Yankees in dire

bat in the American League.

# La Carga de la Fatiga

Hace cuatro años Julián Guzmán despertó como siempre, una hora antes de abandonar su casa para el trabajo. Era el mismo ritual que había repetido desde su ingreso como calculista estructural en una sólida compañía de construcción. Sólo que ese particular día no fue igual a los demás.

El joven profesional sentia los músculos adoloridos y la cama le parecía un imán que le impedia pararse y mucho menos levantarse como resorte, como siempre lo había hecho al abrir los ojos.

Dentro de su acogedor lecho pensaba, sorprendido y sobre todo preocupado por su repentino debilitamiento, que sería casi imposible hacer la rutina de abdominales y levantamiento de pesas que acostumbraba todas las mañanas.

"Por media hora estuve pensando si ese día podría ir a trabajar", comenta el ingeniero residente en Los Angeles.

"Mi esposa, alarmada, entró en la recámara para preguntarme qué me pasaba. Con trabajos me zafé de mi cómoda posición y empecé a moverme con lentitud, aturdido, pero más con un estupor que iba en aumento, al igual que mi debilitamiento fisico. Ese malemanifestado en comienzo repentino de mi enfermedad me ha acompañado desde entonces. Tomó mucho tiempo a los doctores emitir el diagnóstico del Síndrome de Fatiga Crónica (CFS), un mal del que ni siquiera sabia que existia".

Después de varios estudios y consultas médicas durante meses, Guzmán consultó a un especialista que detectó su mal, neurastenia como en años anteriores fue conocido, o fatiga crónica como se le denomina en la actualidad.

"Mi paciente iba de mal en peor y al año perdió el trabajo y en otros meses firmó el acta de divorcio", comenta el doctor Ricardo di Sarli, con práctica profesional en Pomona.

"Afortunadamente, Guzmán pudo obtener una jubilación temprana debido a su condición y a la opinión de varios especialistas médicos que se reunieron para estudiar el caso. Ahora lleva un tratamiento médico para sentirse mejor y poder desarrollar algunos trabajos particulares".

El doctor Di Sarli comenta que la fatiga crónica es un mal que se manifiesta de manera abrupta, y la mayoría de los especialistas la considera como una infección provocada por un VITUS.

"La fatiga crónica provoca un número elevado de anticuerpos en el organismo, se sabe que las glándulas suprarrenales de estos enfermos trabajan a un nivel muy bajo y el virus provoca una infección crónica que se traduce en desgano y debilidad en el paciente", dice el profesional.

La fatiga se manifiesta de muy diversas maneras; por ejemplo, permite poca concentración mental en la mayoría de los casos, así como afecciones de la garganta, con dolores de cabeza y aumento de temperatura del cuerpo por las tardes, pero sobre todo ese mal se relaciona con estados depresivos, explica Di Sarli.

"La mayoría de las personas que padecen del síndrome de fatiga crónica tiene trastornos psiquiátricos y sólo responde favorablemente con antidepresivos o antiinflamatorios", añade el doctor.

"Aparte de eso, deben cuidar su dieta y evitar las frituras y el chocolate. El café les viene bien porque los reanima y el ejercicio los favorece al aumentar el metabolismo, entonces existe más actividad. Cuando esta enfermedad se conocía como neurastenia se la relacionaba con personas decaidas que no tenían fuerzas para ninguna actividad y cuyo mal humor era otra de las características. Los pacientes se sienten cansados aunque hayan estado en la cama por más de ocho

Guzmán añade que suelen terminar solos por su aguda depresión y su mal carácter.

Otros puntos de vista Aunque la mayoría de los doctores coincide en que el origen de la fatiga se debe a un problema viral, otros especialistas afirman que todavía se desconoce qué papel desempeña un virus en relación con el CFS. Se han encontrado otros factores presentes, como disfunciones del sistema inmunitario, problemas neuropsicológicos o la misma contami-

nación ambiental. Ser o no ser

Si usted ha identificado alguno o varios sintomas arriba señalados, no se alarme y crea que es ése su caso, mejor investigue sobre el mal y pregunte a su doctor.

En principio, no pase por el alto visitar el sitio de internet de la Asociación Americana del Síndrome de Fatiga Crónica y Inmunológica Disfunción (Chronic Fatigue and Immune Dysfunction Syndrome Association of America, o CFIDS), la organización no lucrativa

más importante en la lucha para tratar ese mal.

La CFIDS ha registrado casi a un millón de adultos que sufren del CFS, un mal caracterizado por una fatiga que incapacita a los enfermos para llevar una vida normal.

Los estudios enfocados en el CFS han rebasado una década, pero aun así se desconoce su origen, ni siquiera existe una prueba exacta para obtener un diagnóstico definitivo y los tratamientos son principalmente paliativos.

La organización indica algunos síntomas que podrían ser contundentes para la identificación de la enfermedad. Aclaran que ese mal se presenta no sólo como un cansancio crónico, sino que conlleva otros sintomas de debilitamiento del cuerpo, como:

•Incapacidad de desarrollar varias actividades diarias

 Memoria deficiente Poca concentración

·Sintomas de gripe, como dolores en articulaciones y músculos

•No se experimenta un sueño reparador

•Dolor de cabeza y garganta •Depresión

Tratamientos

Además de los antidepresivos sugeridos por el doctor Di Sarli, la CFIDS sugiere la consejería de un psicólogo o psiquiatra, terapias para el sueño y masajes, entre otros.

Otros tratamientos que pueden dar buen resultado son las terapias alternativas, como la acupuntura, el tai chi y suplementos de hierbas, sugiere la CFIDS, que también rel comienda cambiar el estilo de vida, de dieta, la rutina de ejercicios dependiendo el nivel de energía y sugiere la asistencia de profesionales en nutrición, terapia ocupacional, salud mental y terapia del sueño.

La CFIDS provee información sobre diagnósticos y una prueba para los lectores que no saben si padecen o no del síndrome de fatiga crónica.

Vamos a adelantarle la primera pregunta para averiguar si padece de esa enfermedad:

¿Se ha sentido mal en general por tres meses o más tiempo?

Si usted contesta que no, la prueba termina ahí, si contesta que sí deberá continuar con el cuestionario.

La CFIDS dispone de varios folletos gratuitos, uno en español, con explicaciones básicas de la enfermedad.

Para más información, consulte en la internet la página de la CFIDS: www.cfids.org.

# Dietas sin grasa mejores a plazo

Las Vegas - Personas que no desean recuperar los kilos que perdieron mediante una dieta tendrán más éxito ingiriendo alimentos magros en grasas, en lugar de intentar reducir el contenido de carbohidratos, sugirió una nueva investigación.

Un estudio presentado el lunes en una reunión de más de 2,000 expertos en obesidad determinó que no interesa qué tipo de dieta siguen las personas para perder peso. Lo que importa es cómo hacer para no recuperar el peso.

Una dieta baja en grasas "continúa siendo el elemento principal" de un éxito a largo plazo, dijo Suzanne Phelan, una

psicóloga de la Facultad de Medicina de la universidad Brown, que encabezó el estudio.

Muchos están perdiendo su entusiasmo por dietas al estilo de la Atkins.

Más de la mitad de los estadounidenses que han intentado una dieta baja en carbohidratos la han abandonado, según una reciente encuesta de la firma de investigación de mercado InsightExpress.

El nuevo estudio, efectuado por el Registro Nacional de Control del Peso, involucró a 2,700 voluntarios. El registro intenta determinar el secreto del éxito de personas que han perdido al me-

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nos 30 libras (14 kilos) y han logrado conservar su nuevo peso al

menos durante un año. El registro fue iniciado hace una década por médicos de la universidad de Colorado, en Denver, de la universidad de Pittsburgh, y de la universidad

de Brown en Providence, R.I. Los médicos compararon las dietas de aquellos que ingresaron al registro entre 1995 y el 2003. El promedio de edad fue de 47 años, la mayoría eran mujeres, y la media de pérdida de peso inicial fue de 72 libras (33 kilos).

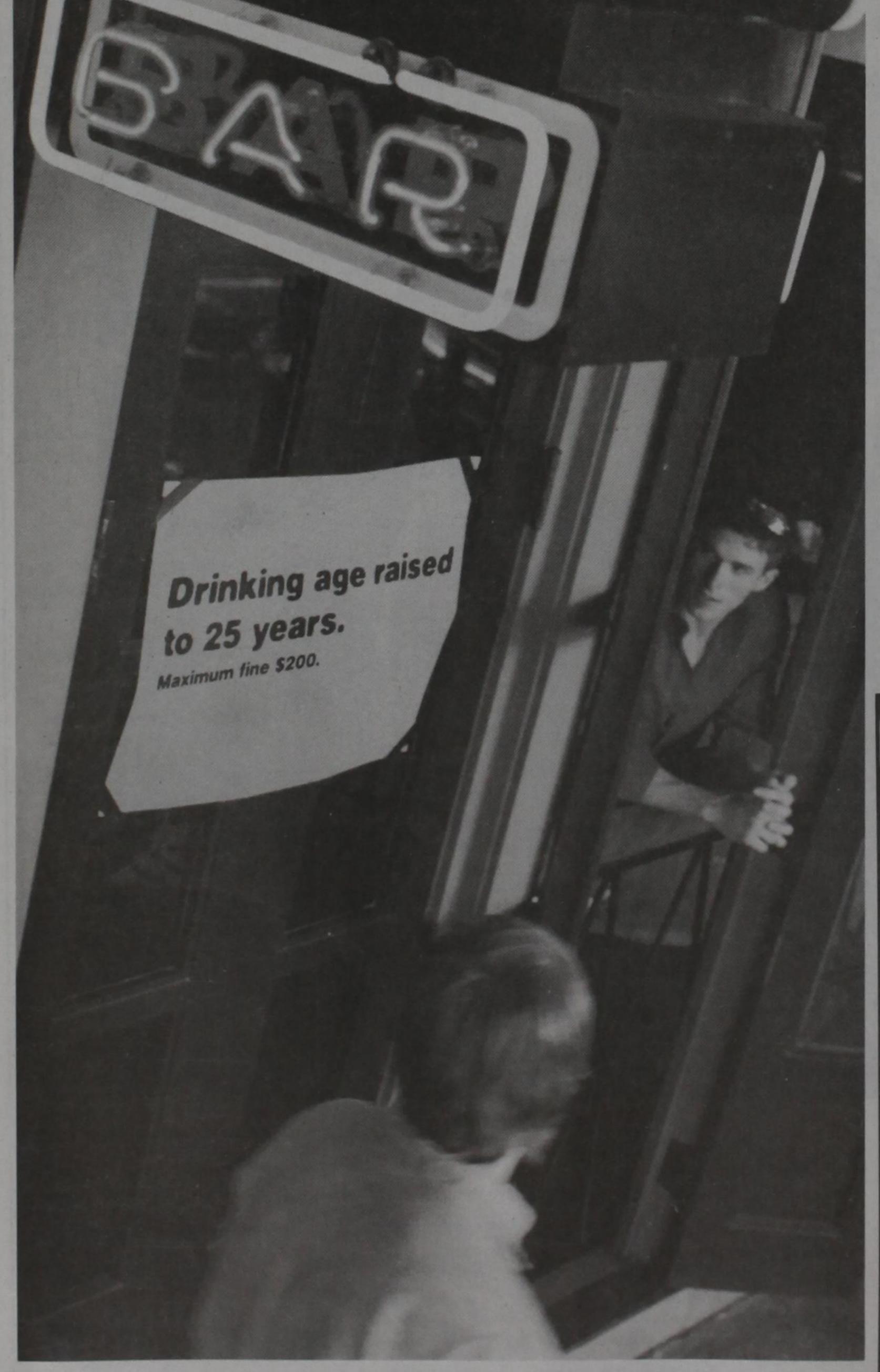
Todos los voluntarios dijeron que su consumo diario era de 1.400 calorías, pero la porción que provenía de la grasa subió, de 24 por ciento en 1995 a más del 29 por ciento en el 2003, en tanto se redujo la parte de los carbohidratos, del 56 por ciento al 49 por ciento.

La cifra de las personas que mantuvieron dietas bajas en carbohidratos (menos de 90 gramos al día) subió del 6 por ciento al 17 por ciento durante el mismo período.

Aquellos que aumentaron el contenido de grasas durante el año luego de su inicial pérdida de peso fueron los que recuperaron más kilos. Eso significó que consumieron carbohidratos."Sólo una minoría de exitosos perdedores de peso consumen dietas bajas en carbo-

hidratos", señaló el informe. Colette Heimowitz, una experta en nutrición y vocera de la organización de la dieta Atkins, dijo que el estudio consideró que 90 gramos era una baja dosis de carbohidratos, en tanto Atkins recomienda 60 gramos para per-

der peso, y entre 60 y 120 gramos para mantenerlo. Añadió que para muchas personas que hacen dieta, no es suficiente "con bajos niveles de carbohidratos". También hay que reemplazar los carbohidratos con más proteína que grasas, indicó.



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Por Raymond Rodriguez

A diario, casi, leemos sobre los migrantes mexicanos que intentan ingresar a este país ilegalmente, y que mueren en el desierto. Este último año, al menos 600 migrantes fallecieron al intentar en vano entrar a los Estados Unidos para encontrar empleo y mantener a su familia del otro lado de la frontera. Impulsados por una desesperación hija de la pobreza, arriesgan sus vidas hombres, mujeres y niños.

Hay otro aspecto de esta mareada migrante que pasa casi desapercibido - su vuelta a la madre patria.

No hablo de los viajes anuales durante las fiestas de navidad cuando vuelven a México los parientes y amigos para celebrar con la familia que dejaron atras. Estas ocasiones festivas se iluminan de abrazos, besos y regalos. Las reuniones ofrecen la oportunidad de reforzar los lazos y compartir historias de aventuras.

A lo que yo me refiero es al último peregrinaje que hacen muchos mexicanos que mueren en los Estados Unidos. El mejor

que implora, "México lindo y querido, si muero lejos de ti, que digan que estoy dormido y que me traigan aqui".

El último deseo de muchos mexicanos, así hayan estado ausentes de su tierra natal durante muchos años, es alcanzar su descanso final en su pueblo, entre la familia y los amigos.

Ese ha sido el caso durante décadas. Los ancianos y los enfermos optan por regresar a México a morir. Aun durante la gran depresión, por pobres que fueran, no querian morir en los Estados Unidos. Temían que nuestro gobierno los enterraria en una fosa común. Entre los creyentes la idea era que si no los enterraban en el camposanto, se perdería su alma sin poder entrar al cielo. Los verdaderos creyentes no querían arriesgarse.

Hoy todavia persiste el deseo de ser enterrado en México. El año pasado, de sólo el condado de Los Angeles, se envió más de 100 féretros al mes a ser enterrados en México. Esto se realiza para honrar el último deseo del fenido, muchas veces expresado en el lecho de la muerte. Constilimitado de la familia, pero es una petición imposible de negar.

Por desgracia, algunos mortuorios toman ventaja del duelo de la familia. El proceso entero, desde la preparación del cadáver, hasta el transporte a casa, no sale barato. En algunas instancias el costo puede exceder los varios miles de dólares. Una familia sin mucho esfuerzo puede gastar cuatro o cinco mil dólares para cumplir con el deseo del ser amado.

Muchas veces se hace una colecta en el barrio para cubrir los costos.

En reconocimiento de la necesidad trágica, el gobierno mexicano ha establecido un fondo para ayudar a los que se encuentran sin recurso alguno. También se ha intentado establecer un precio básico que permitiria que las familias cumplan con su obligación financiera.

Queda todavía un problema más: el tiempo que toma el transporte de un cadáver. El tiempo puede durar entre una semana hasta un mes o más. Frecuentemente no hay disponibilidad en

Para la familia en duelo, esta espera representa una demora sin fin. Los ritos del velorio y la novena deben observarse solemnemente. Alma y cuerpo deben recibir el mayor respeto y dignidad.

En México los entierros normalmente ocurren a un día o dos de la muerte de la persona, y la novena se recita siguiendo el entierro. El tener que esperar una semana o más para recibir el cuerpo pone sobre la familia adolorida un peso excesivo.

La súplica, "que en paz descanse" se siente de todo corazón. Uno debe asegurarse que se haga todo para que el alma ingrese al cielo.

Y, llegado el 2 de noviembre, el día de los muertos, las familias deben preparar ofrendas con la comida favorita del fallecido, esquisiteces y bebida para que el espíritu disfrute su visita anual. Para los mexicanos, la muerte no es el fin. No es de temer. Es, simplemente, otro aspecto de la vida. Esto explica por qué es tan importante ser enterrado entre los

amigos y los parientes. © 2005, Hispanic Link News

Service.

#### resumen del trayecto es el corrido tuye un peso para el presupuesto los compartimentos de carga. Baja la percepción que capitalinos tienen de su alcalde

tes de Ciudad de México tienen de su alcalde, el izquierdista An-

El sondeo de la firma privada el 50.4% de los capitalinos destacó en diciembre pasado la honradez del alcalde, frente al 65.7% que subrayó esa cualidad

López Obrador, del Partido de la

izquierda), aparece puntero en casi todas las encuestas de intención de voto con miras a las elecciones presidenciales de 2006.

Según el sondeo, el 57.1% de los capitalinos destacó la experiencia para gobernar de López Obrador, en comparación con el 68.7% que elogiaba ese atributo en diciembre de 2003.

El 55.5% consideró que el alcalde es tolerante con quienes lo critican, frente al 70.9% que destacaba ese aspecto de su personalidad política hace un año. Otro aspecto que bajó fue el de

que López Obrador tiene esa cualidad, frente al 67.3% de los encuestados en 2003, señaló Consulta Mitofsky.

También bajó la percepción que se tiene de su capacidad para dirigir al gobierno capitalino -de 69.8% en 2003 a 53% en diciembre pasado— y de su aptitud

para resolver los problemas (del 63.4 al 53%). López Obrador, acusado de

populista por sus detractores, también registró una disminución Bush Must Answer Hispanic

en lo que se refiere a su "preocupación por los pobres", del 72.7% en diciembre de 2003 a 62% en el último sondeo, y de "cercania con la gente" (de 78.6 a 64.3%).

No obstante, el aspecto de "cercanía con la gente" permanece como el principal atributo de López Obrador, según Consulta Miofsky, que afirmó haber encuestado, entre el 1 y el 3 de diciembre pasado, a 400 ciudadanos en viviendas particulares de Ciudad de México.

La muestra tiene un error de más/menos 5%.

"Nadie esperaba en diciembre pasado que los ciudadanos del Distrito Federal mejoraran la opinión que tienen de sus autoridades en todos los niveles, (pues) 2004 fue un año plagado de escándalos, pleitos, ataques, descalificaciones y muchas otras cosas que minan la confianza y generan desaprobación", explicó Consulta Mitofsky.

López Obrador se ha visto salpicado desde marzo de 2004 por un escándalo de presunta corrupción, tras difundirse un video que mostraba a uno de sus aliados políticos, el ex diputado local René Bejarano, recibiendo dinero de un empresario acusado de cometer fraude contra el ayuntamiento y lavar dinero.

informes posteriores a la publicación del artículo. "En segundo lugar, el objetivo

hace esas cosas descritas" en los

Rumsfield Descarta

la 'Opción Salvador'

El secretario de Defensa de EU,

Donald Rumsfeld, calificó ayer de

"disparates" los presuntos planes

de utilizar escuadrones de la

muerte contra los rebeldes en

Irak, similar a la estrategia usada

en El Salvador en la década de

"Suena muchisimo como un

disparate... nada de eso sucede (en

Irak)", dijo Rumsfeld, al rechazar

un artículo que publicó el do-

mingo en la internet la revista

Newsweek sobre la presunta

Según la revista, el Pentágono

estudia la posibilidad de enviar a

Irak comandos especiales que en-

trenarian a las fuerzas iraquies

para asesinar o secuestrar a los re-

beldes, incluso en territorio sirio.

mente estudia el Pentágono ha

sido bautizada como "la opción

Salvador", porque sería parecida a

la estrategia secreta desarrollada a

principios de la década de 1980

bajo la presidencia de Ronald

Reagan en su lucha contra las

guerrillas de ese país cen-

La revista no aclaró si se trata

de una "política de asesinatos" u

operaciones de secuestros y cap-

Oficiales militares estadou-

nidenses citados por la revista

precisaron que esos comandos

especiales podrían operar del otro

lado de la frontera iraqui, en Siria,

y que sus objetivos, los insur-

gentes sunitas y sus simpatizan-

tes, se enviarian a lugares secre-

tos para someterlos a interrogato-

Rumsfeld, quien admitió que

no ha leido el mencionado

artículo, enfatizó no obstante que

"en primer lugar, el Pentágono no

troamericano.

turas selectivos.

La operación que presunta-

"opción Salvador".

1980.

Page 5

de capacitar a los iraquies para que puedan hacer lo necesario para proveer seguridad en su país, y esto no involucra el tipo de cosas" descritas por Newsweek, añadió Rumsfeld.

Al insistir en que la idea es pura ficción, Rumsfeld señaló que "alguien ha estado leyendo muchas novelas de espionaje y dio rienda suelta a la imaginación", y agregó que el plan de usar escuadrones de la muerte "suena muchisimo como un dis-

Ante la insistencia de los periodistas para que aclarase el asunto, el titular del Departamento de Defensa dijo categóricamente que "las fuerzas especiales de Estados Unidos no están entrando a Siria" en busca de insurgentes.

A la pregunta de si ésta es una posibilidad futura que contempla el Pentágono, Rumsfeld eludió responder claramente y emitió otra interrogante: "¿por qué tendria que hablar sobre esto?"

La divulgación del presunto plan para desempolvar la "opción Salvador" suscitó la repulsa de diversos grupos liberales, entre ellos el American Progress Action Fund, que tachó de "censurables" las operaciones clandestinas autorizadas por el gobierno de Reagan para aplastar a los rebeldes en El Salvador.

Estos grupos destacaron que el apoyo financiero de EU a "fuerzas nacionalistas", entre las que se incluía a escuadrones de la muerte, según Newsweek, condujo a la muerte de miles de "civiles inocentes".

#### La percepción que los habitanla sinceridad, pues el 52% de los consultados en diciembre estimó

drés Manuel López Obrador, bajó en 2004 con respecto del año precedente, según una encuesta difundida ayer. Consulta Mitofsky encontró que

en el mismo mes de 2003.

Revolución Democrática (PRD,

the GOP fold to help form a per-

"For Hispanics to focus on

what they agree on with Republi-

cans - for that path to take its

course - the Republican Party

should not push them away by

creating a perception of being

anti-immigration," Diaz-Balart

said. "We have to act very wisely

Cuban-American from Florida,

takes a somewhat more cautious

approach, but he, like many Re-

publicans, supports a limited

guest-worker program, not a gen-

grant myself, I can bring some

perspective," he said this week

Bush, the former governor of

Texas, and his brother, Jeb, lead a

faction of Republicans who have

cultivated Hispanic support and

taken a sympathetic view of im-

migrant concerns. Their strategy

worked well in Florida and Texas,

where Hispanic voters helped the

Bush brothers win gubernatorial

About two-thirds of Hispanic

voters nationwide have voted for

Democrats in past presidential

elections, but last year exit polls

indicated that Bush gathered 44

percent of the Hispanic vote, 9

percent more than he received in

2000. Some observers question

Undoubtedly, immigrant voters

are a growing force. The foreign-

born population has swelled to

more than 33 million, about 11.5

percent of the U.S. population. Of

this total, the Census Bureau es-

timates that 8 million to 9 mil-

lion are undocumented. In Flor-

ida, 3.1 million residents are

foreign-born, including 700,000

to 900,000 who are undocu-

mented, according to the Center

This growing population cre-

ates a tempting political target.

ward those who arrive illegally.

for Immigration Studies.

has now."

gal residents.

writing and House Speaker Den-

the validity of those polls.

elections.

before taking the oath of office.

Freshman Sen. Mel Martinez, a

now, with tact, in this debate."

manent majority party.

Voters on Immigration Reform nis Hastert promised to bring the Along with Rove and some immigration restrictions to a vote other Republicans, he also sees early this year. Hastert reaffirmed an opportunity to bring large that promise on the opening day numbers of Hispanic voters into

> of the new session. Caucus members, who include one Democrat and five Republicans from Florida, say they think the public, including many Hispanics, is fed up with illegal immigration, tired of undocumented workers taking American jobs and fearful of foreign terrorists slipping into the country.

"Security is big part of it. What we once called 'soccer moms' are now 'security moms," Tancredo said. "If you combine that concern with job issues and all the things that go along with massive immigration, and you get a formidable bloc." eral amnesty. "Being an immi-

Some members hope to roll all these measures into one big compromise bill. Chances of reaching a consensus are considered slim, but most members seem to agree that something must be done to overhaul the nation's immigration laws.

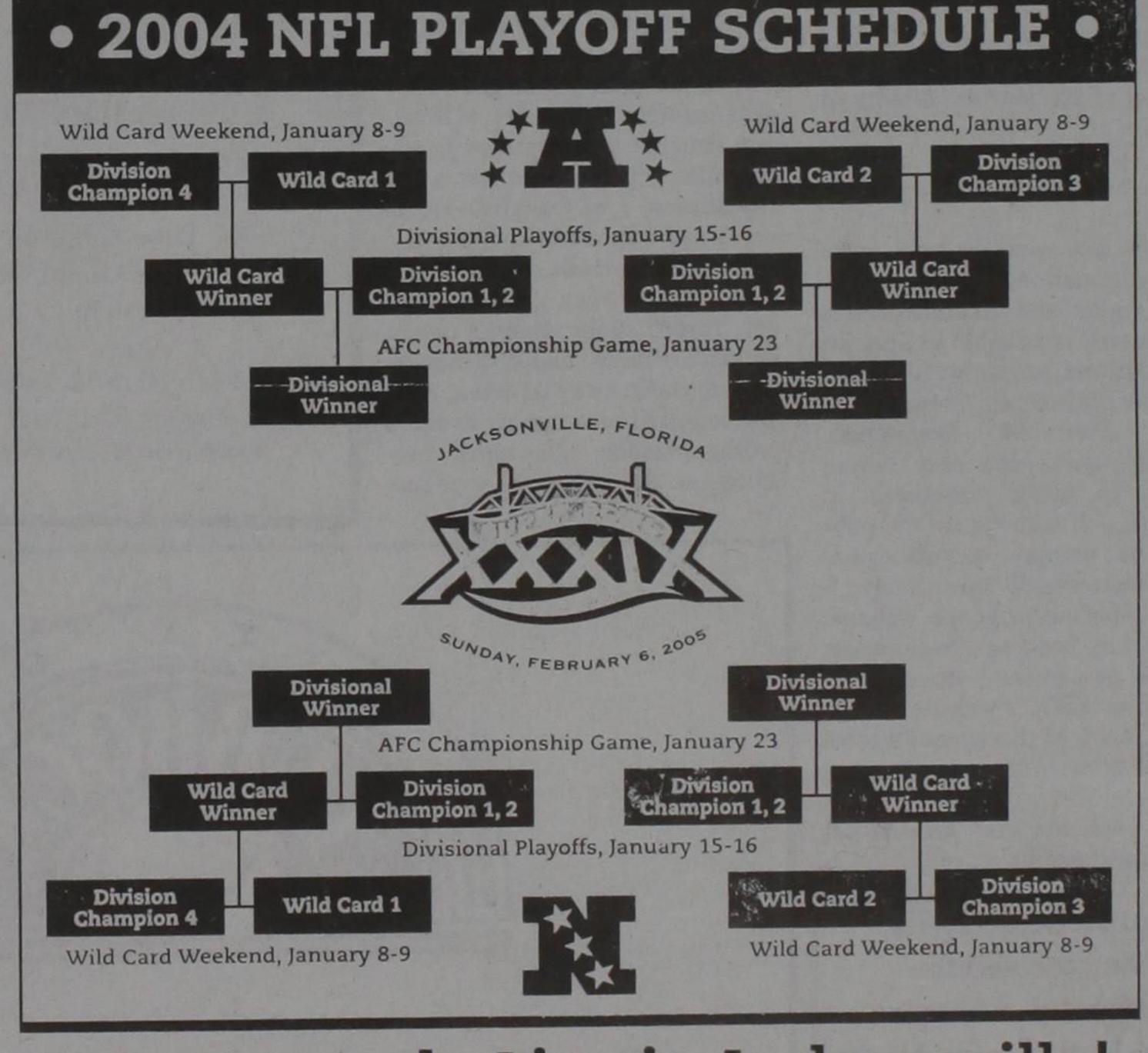
"There is an urgency to do something. The status quo is not good enough. It's not working," said Rep. Mark Foley, R-Palm Beach Gardens, a deputy House whip. "I applaud the president for wading into a tough issue, and I hope people at least will listen to his proposal as a means to decide some of this.

"It's untenable to think we can continue on, blissfully assuming the problem will go away."









## NFL Network: Live in Jacksonville!

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media day to team and coach press conferences, NFL Network will be all over the Super Bowl like no other television network.

A synopsis of NFL Nework's Super Bowl week coverage:

· NFL Network's signture show, NFL Total Access, will be on the scene in Jacksonville beginning Monday, January 31 with news and interviews providing authentic sights and sounds from Super Bowl XXXIX. NFLTA is the place to sate the football appetite of all NFL fans. It features host Rich Eisen along with analysts Lincoln Kennedy, Rod Woodson and Terrell Davis. Combined, Kennedy, Woodson and Davis have played in

• The Playbook team will also be in Jacksonville to cover Super Bowl. Host

five Super Bowls.

press conference. · For the second consecutive year, NFL Network will run a 30-minute special that replays commercials

Commissioner Paul

Tagliabue's annual

Super Bowl

from Super Bowl XXXIX in a back-toback format at the end of the game. · In addition, NFL Network's Game of the Week will air leading up to the Super Bowl, re-telling all of the stories

from the 2004 NFL playoff games. NFL Network also will feature specials on this year's Pro Football Hall of Fame nominees, including Steve Young and Dan Marino, and carry live the Hall of Fame press conference announcing the class of 2005 inductees.

+ 32% increase to 97% pass-

As we continue to build upon

the aforementioned success, this

year Estacado had the privilege of

producing the school's second

commended national scholar in

Destiney McAuley. This honor is

designated for the national aca-

Furthermore, this year two of

our Estacado students, Kendra

Williams and Zahkiya Green, re-

ceived \$25,000 academic schol-

arships funded by Michael and

Susan Dell. These students were

selected based on academic ex-

cellence, individual determina-

tion to succeed, and their resil-

In closing, Estacado High

School has been awarded the

Gold Performance Acknowledge-

ment or GPA award from the

Texas Education Agency. This

award and recognition is based

upon the high number of recent

graduates that have graduated on

ience to overcome obstacles.

ing SCIENCE + 34% increase

to 70% passing

demic elite.

# Alberto Gonzales & the Pitfall of Careerism

By Jorge Mariscal

One of the great figures of Mexican-American history is Ernesto Galarza. The son of an immigrant family who worked his way out of poverty and racist schools in the early twentieth century, he became one of a small group of Latinos to attend college and one of the first Latinos to earn a master's degree (Stanford) and Ph.D. (Columbia).

But Galarza did not disappear into the ivory tower. Instead he chose to use his education to serve the community that had produced him. He became a leader in the struggle for educational opportunity and for the rights of migrant farmworkers. He wrote novels and scholarly studies that had a direct impact on federal legislation designed to protect Mexican-American working fami-

In 1972, Galarza was asked to imagine the future for Latinos and Latinas who by that time had begun to enter U.S. colleges at a higher rate because of the Chicano movement and militant youth activism.

Galarza's remarks are worth considering in light of the nomination of Alberto Gonzáles for U.S. Attorney General.

Galarza said: "These people must go back into the community understanding that their superior knowledge and training puts a proportionately higher responsibility on them, which means helping the community to understand the situations that it finds itself in and to bring to the community information that is not available to them."

And then he described the dangers of the Horatio Alger story for ethnic minorities: "The Mexican moving into American urban society is moving into an extremely complicated culture. The community needs people who know their way around in it, but if you learn your way around a complicated culture you can easily be tempted to exploit it on your own behalf and to make a career out of it. Ca-



reerism is one of the temptations and pitfalls that face the Mexican graduate student."

The biography of Alberto Gonzáles is not much different than that of Ernesto Galarza. Born poor, he beat the odds by making it to Rice University and Harvard Law School. Befriended by George W. Bush, Gonzáles found himself elevated to positions of power in both Texas and Washington, D.C.

Traditional Hispanic organizations such as the League of Latin American Citizens (LULAC) and the National Council for La Raza (NCLR) have hailed the nomination of Gonzáles as an advance for Latino civil rights. NCLR's press release called Gonzáles "a thoughtful, reasonable public servant, a man of his word."

While he may be all of these things, Gonzáles has failed to meet the standard set by people like Galarza. Rather than helping us to understand the current crisis, Gonzáles put loyalty to his bosses above his obligation to serve the cause of justice. Instead of using his confirmation hearing to provide information that could clarify the origins of the torture scandals, he was evasive and shifty.

Clearly Judge Gonzáles has learned how to succeed in the halls of power — a "man of his word" perhaps, but also a yes-man

for one of the most reactionary presidents in U.S. history. Apparently Gonzáles could not escape what Galarza called the pitfall of careerism.

When non-Latino friends ask why some of us object to the term "Hispanic," we struggle to explain its meanings. The Hispanic is proud of his or her ethnic background and is no less "authentic" than any other person of Mexican descent. But the Hispanic chooses to align himself with the status quo, basing professional decisions on what those above him want to hear and caring more about his boss's approval than the common good.

So let us remember Ernesto Galarza for his commitment to social justice. And let us congratulate Alberto Gonzáles -- the nation's first Hispanic Attorney General.

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From Page 3

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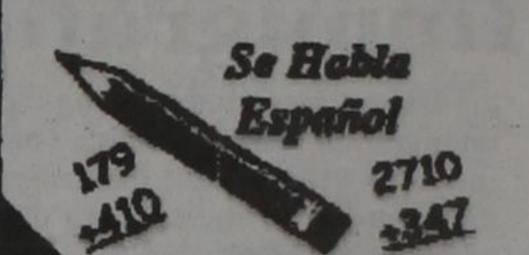
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## Bush Defiende su Plan de Pensiones

El presidente de EU, George W. Bush, defendió ayer una reforma urgente del sistema de pensiones que implica su privatización parcial pero sin incrementar el impuesto sobre el salario para compensar la futura reducción de cotizaciones.

"Creo que podemos resolver el problema sin incrementar los impuestos", declaró el presidente en un acto celebrado ayer con expertos del sector y con ciudadanos de a pie de distintas generaciones, bajo el título de "Conversación sobre la reforma de la Seguridad Social".

Bush tiene previsto presentar en febrero o marzo un proyecto de ley para esta reforma, que afronta oposición del Partido Demócrata y parte de los legisladores republicanos, que preferirían aumentar la financiación al actual sistema de pensiones públicas.

Tras explicar los cambios que ha habido en la sociedad desde que en 1937 se creó la seguridad social pública en EU, Bush reiteró que es necesario hacer ajustes cuanto antes para garantizar su sostenibilidad. Cada vez, dijo,

#### EEOC Launches Spanish-Language Website

The U.S. Equal Employment Opportunity Commission (EEOC) has unveiled a Spanish-language version of its website, aiming to enhance its services to the Hispanic community, the nation's largest and fastest growing ethnic group.

"This new website will make key information about employment rights and responsibilities more easily accessible to Spanish speakers and people with limited English proficiency," says EEOC Chair Cari M. Dominguez. "Having quick and easy online access to EEOC resources in Spanish will better serve the public as our nation's workplaces become increasingly more diverse."

The Spanish-language website, which has been in development for the past year, is designed to mirror the EEOC's website and include many of the agency's most sought after information materi-

The website is located at www.eeoc.gov/es/.

Separate sealed bids will be received for **Architectural Service** for a Multifamily Housing Development

Sealed bid packages will be available at Lubbock Housing Authority, 1708 Avenue G, Lubbock, Texas on Monday, January 10, 2005 beginning at 10:00 a.m. Architects are encouraged to attend a preproposal conference on Wednesday, January 19, 2005 at 2:00 p.m. in the **Training Room at 1708** Avenue G. The deadline for bid submission is Wednesday, January 26, 2005 at 2:00 p.m. The Lubbock Housing Authority reserves the right to reject any and all bids.

trabajadores que pagan cotizaciones al sistema. Si en los años de 1950 había 16 trabajadores por cada benefici-

son más los jubilados que reci-

ben sus prestaciones y menos los

ario, hoy en día la proporción es de 3 a 1 y "relativamente rápido" será de 2 trabajadores por cada pensionista, explicó. A esto hay que añadir el descenso de la natalidad y los efectos del aumento de la esperanza de vida, es decir, que los jubilados de ahora cobran sus pensiones durante mucho más tiempo que los de hace años.

Si no se hace nada al respecto, dijo Bush, en el 2018 la cantidad que paga la Seguridad Social en pensiones será superior a la que recibe en cotizaciones y esto 'significa que o hay que subir los impuestos o reducir los benefi-

Más claro todavía, Bush pronosticó que cuando los trabajadores que ahora tienen unos 25 años se retiren "el sistema estará en bancarrota". El presidente precisó, no obstante, que está deseando trabajar con el Congreso para evitar esa situación y aseguró que nada va a cambiar para los jubilados que ahora están recibiendo su pensión.

Los cambios afectarán a las generaciones más jóvenes para las que el Gobierno defiende la opción, si lo desean, de sumarse a un fondo privado de pensiones, es decir, de invertir en la bolsa de valores una parte de sus cotizaciones a la Seguridad Social. "Me encanta promover la propiedad privada", aseguró el presidente.

El acto de ayer con representantes de distintas generaciones en torno a la reforma de las pensiones, forma parte de la gran campaña mediática lanzada por la administración y por grupos privados afines, para convencer a los ciudadanos y al Congreso de la necesidad de ponerla en marcha.

Además de Bush, el vicepresidente Dick Cheney y el secretario del Tesoro, John Snow, tienen previsto ofrecer sendos discursos en defensa de esta iniciativa, a los que seguirán otro tipo de eventos protagonizados por altos funcionarios del gobierno y exper-



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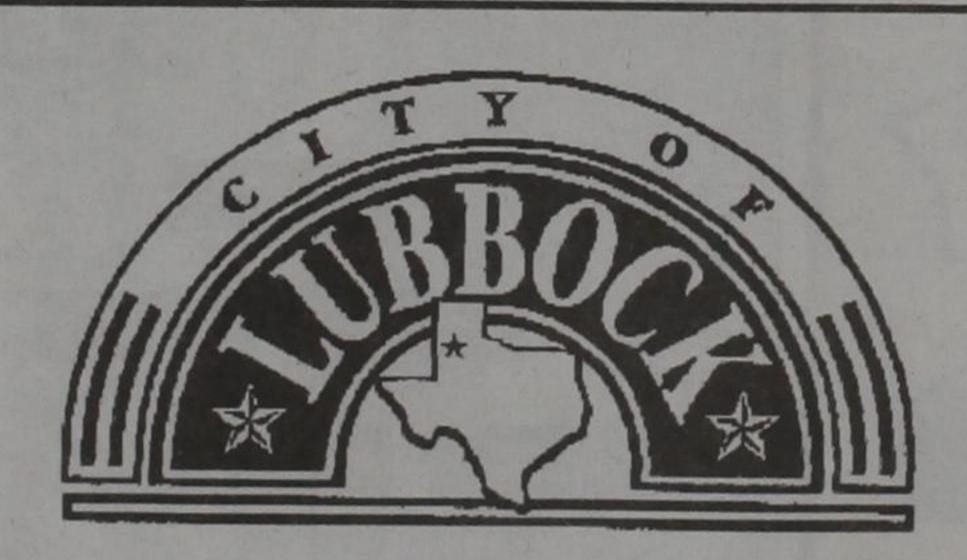
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The RFQ and further information can be obtained by accessing the

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For additional information contact the Texas Tech University System Project Manager Robert Cameron. Contact via phone (806) 742-2116, Fax 806-742-2241 or e-mail: robertcameron@ttu.edu.

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## Probationary Police Officer

SALARY RANGE: CSP - \$ 18.02 Hourly \$ 37,473.28 Annually CLOSING DATE: March 25, 2005 REPORTS TO: Police Department

The City of Lubbock, TX (population 199,000) will be accepting applications for Police Officer positions on January 10, 2005 through March 25, 2005 from 8:00 AM to 5:00 PM. Applications may be picked up at two locations: the Human Resources Department AT 1625 13TH STREET, IN ROOM 104, Monday - Friday. Or, at the front desk of the Lubbock Police Department, 1015 9th Street, Monday -Friday after 5:00 PM, and all day weekends. YOU DO NOT NEED TO MEMO-RIZE FOR THIS EXAM. The test consists of Mathematics, Reading Comprehension and Grammar. Applicants must be 21 years of age; and not have reached his/her 36th birthday at the time of entrance into the Police Academy, unless the applicant has five (5) years prior police or military experience, in which case the applicant must not have reached his/her 45th birthday at the time of entrance into the Police Academy. The Police Entrance Exam will be given on Saturday, April 2, 2005 at Frenship High School located at 82nd and FM 179 in Wolfforth, TX at 8:00 AM. All applicants should plan to arrive at 7:30 AM. For more information please call 775-2311 or 1-800-621-0793.

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