

# A Bountiful Thanksgiving Holiday

## THE RISING STAR

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Where Three  
Good Texas Counties  
Get Together

Rising Star, Texas

1987 Eastland County Newspaper Co.

Established in 1890

Thursday, November 26, 1987

25 cents

Number 48

### Guest Slot

**100 YEARS!**  
IT'S TRULY humbling for us to think that we have the privilege to be associated with an institution that's celebrating its one-hundredth birthday.

And first of all, we want to thank all of those who have helped make it possible.

AND NEXT we want to invite one and all to participate in this special Birthday Party, which will be held Friday, Dec. 4 from 11:30 a.m. to 2 p.m. at the Callahan County Star offices in Baird. This invitation is being extended throughout our area which includes the Callahan and Eastland County Newspapers.

The address is 211 Market St. in Baird, and you especially are invited to come by for a piece of birthday cake, register for special gifts, and to get to know the Callahan County Star staff better.

Editor Shirley Rorie and Associate Debby Smedley and all the folks of Callahan-Eastland County Newspapers Co. join in welcoming you to visit.

WE ALL know that the Star is in fact YOUR NEWSPAPER because it is through your faithful support over the years, that it is what it is today. So many have contributed so much. For fear of leaving out even one, it's impossible for us to list all those who have been so much a part of this solid institution which has been such a vital part of the Baird and Callahan County life for so many years.

The Star and others of our group have most recently staged "Open Houses" for their respective towns, and the response has been absolutely outstanding. This effort is typical of your local newspaper's philosophy which is to help promote and disseminate information about our local communities, telling one and all that we've got mighty fine towns whose merchants deserve our support, and encouraging one and all to band together to work together to work for the common good of all.

In these less-than-rosy economic times, we're all re-learning the importance of strengthening each other and making the most of what we have, because we all do have so much to be proud of, thankful for, and boastful about.

IT IS indeed humbling for those of us who are associated with such age-old companies to recognize the responsibilities that are ours and to dedicate ourselves to doing the best job we can, to help maintain the quality, improve where we can, and to help carrying on the fine old traditions which are so important to all of us.

It's true in Callahan and Eastland counties, that the good people who are our faithful readers and advertisers are the backbone of efforts. Without these, very little can be done. And of course that's true for all the other businesses and organizations in these good communities: it takes good people working together to provide the needs of our people.

ONCE AGAIN, please consider yourself especially invited to join the Centennial Celebration at the Callahan County Star on Friday, Dec. 4, at mid-day, and if it's not possible, then, why drop by anytime and get acquainted with Shirley and Debby, and they'll be glad to know how long you've read the Star, and looked to it for news and information about your town.

AND AT this Thanksgiving Season, we'd be quick to add that we are especially grateful for the opportunity of working for the good people of Callahan and Eastland Counties. They're our kind of folks.

AND AS we close by wishing you and yours a Happy Thanksgiving and Joyous Christmas Season, we're reminded that we're looking forward to next 100 years of service.

WE TRUST that we will always be found faithful to the trust that has been given us, and can in some way contribute meaningfully to the future well-being of the areas we serve.

WE'LL BE looking for you Friday, Dec. 4, mid-day at the Callahan County Star.

### Eastland County Will Have Block at State Capitol

Eastland County and its year of organization will be memorialized on sidewalk paving just outside the State Capitol in Austin, according to information at the County Commissioners meeting Monday.

County Judge Scott Bailey told the Commissioners that the Capitol building is being refurbished, and each county is being

asked for a \$300 donation for paving on the outside.

In this sidewalk project a block will belong to each contributing county. For this county the words "Eastland County, 1873" will be engraved.

The Commissioners approved this plan, and the money will come from a county fund designated for Historical Preservation.

### Great Idea - Eastland County History Book Gift Certificates

Approximately 1800 family histories have been submitted for Eastland County's upcoming history book. Based on this number of family stories, it is estimated that the book will contain 700 to 800 pages.

Even though the book will not be published by Christmas, gift certificates are available to be given for Christmas. The price of the book is \$52.50 plus \$3.28 sales tax. If you want it mailed to your address, postage is \$3.50.

The book may be paid for through a payment plan; \$20.00 down and three monthly payments of \$13.00 each. Persons wishing to order gift certificates for Christmas should send a self-addressed, stamped envelope to Eastland County History Book, P.O. Box 856, Eastland, Texas 76448 to obtain an order blank.

You can have the book personalized by stamping your name in gold foil on the cover. This costs \$5.00 per line, 21 characters per line.

### Recipe Deadline Extended by May VFD Auxiliary

The May Volunteer Fire

Department Auxiliary is extending the deadline for recipes for another month. Response has been good but we still need recipes for meat, casseroles, and main dishes. Leave your recipes at the May General Store or May Texaco.

The auxiliary will meet Thursday, December 3 at 7 p.m. in the Community Center. Members should bring their ticket stubs, money, and Christmas tree ornaments and decorations.

2nd MONDAY School Board  
2nd TUESDAY City Council

WE'LL BE looking for you Friday, Dec. 4, mid-day at the Callahan County Star.

### community calendar ...

**SATURDAY CLUB**  
The Saturday Club will meet Wednesday, December 2, at the clubroom at 2 p.m. The speaker will be from the Rape Crisis Center in Abilene.  
Guests are welcome; you should contact a hostess, Anna Barnes at 643-5300 or Lillian Howard at 643-1221, if you wish to attend this meeting.

**LAST SATURDAY**  
Lakewood Dinner  
**1st SATURDAY**  
Sipe Springs Musical  
**1ST MONDAY**  
FIRE DEPARTMENT  
The Volunteer Fire Department will meet at 7 p.m. at the fire station.  
Eastern Star

### Wildcats Treed by Greyhounds

The 1987 football season ended for the Rising Star Wildcats on Friday, November 20 when the Throckmorton Greyhounds defeated them 24-6 in Bi-District play.

Things started out badly for the Wildcats on the opening kick-off when junior running back Steven Wilson was sidlined with a broken collarbone. The Greyhounds forced the Wildcats to punt on fourth and six and came up with a key turnover when the snap was bobbled and the Hounds took over on downs on the Cats 45 yard line. Throckmorton drove the ball to the end zone and went ahead 7-0 with 7:01 left in the first quarter.

The Cats next drive started out well only to come up with a fumble on Throckmorton's 37 yard line. Once again the Greyhounds capitalized on the Wildcat turnover and scored with 2:11 left in the first quarter. It seemed the Wildcat offense was destined to have turnovers as the Greyhounds intercepted a Wildcat pass. The Wildcat defense held and Throckmorton attempted a 27 yard field goal. The kick was no good and the half-time score was Throckmorton 14 and Rising Star 0.

After having another running back, junior Kevin Bond, sidlined with a back injury, the Wildcats came out of the dressing room with a new offense. The shot gun offense appeared to catch Throckmorton off guard; however, the offense was

stalled when a 43 yard run by quarterback David White was called back on a clipping penalty. Good punting by White managed to give the Hounds bad field position and the defense held Throckmorton scoreless in the third quarter.

The fourth quarter found Throckmorton scoring on a 31 yard run and with 8:56 left to play, the score was 21-0 in favor of the Hounds. The next Throckmorton score came on a 33 yard field goal with 6:10 left in the game. The determined Wildcats refused to give up. The Cats were in a fourth and nine situation when punter David White faked the punt and ran the ball to the Hounds 11

yard line. With 4:31 left to play, White hit Reil Barron in the end zone. The PAT was blocked and the score was Rising Star 6, Throckmorton 24. The final buzzer sounded and the 1987 football season was over.

For eight seniors this was their last high school football game. Your leadership helped build a winning tradition. The season may have ended with a defeat but always remember the 1987 Wildcats are winners! Congratulations Wildcats on being Bi-District qualifiers two years in a row. **RISE UP THAT BLUE** and don't you forget it!

Individual statistics are as

follows: Rushing: David White, 9-71; Derrick White, 5-16; Kevin Bond, 3-9; Stacy Green, 2-4.

Receiving: Derrick White, 2-24; Reil Barron, 2-21, 1TD; Stacy Green, 1-5.

Tackles: Derrick White, 10; James Holman, 10; Stacy Green, 9; David White, 8½; Toby Long, 4½; Lupe Pavon, 3; Reil Barron, 2½; Roanen Barron, 2½; John Flores, 1; Kerry Hill, 1; Cory Atwood, 1.

Rising Star	Throckmorton
6	First Downs 16
19-100	Rushes/Yards 57-337
5-17-1	Passes/Inter 0-3-0
4	Fumbles Lost 0
4-52	Punts/Average 2-33
5-45	Penalties 7-61
6	Score 24



THE GIRLS BASKETBALL team of Rising Star Jr. High School is coached by Mrs. Debbie Bacon, standing behind the team in this photo. Team members are, front row from left, Vickie Cox, Christi Bush, Heather Wright, Inga Williams and Shawna Waddle; and, back row, Jomy Clark, Betty Jo Jones, Gherda Williams, Christy Hughes and Jo Linney.

The Jr. High teams play basketball Mondays and Thursdays.

### Most Subscriptions to This Newspaper Expire January 1

Most subscriptions to THE RISING STAR expire January 1, 1988. Subscribers are urged to renew their subscriptions soon, so that they will not miss any issues of the newspaper.

The first line on mailing labels gives the expiration date.

Subscription rates are slightly lower than the rate which became effective on January 1, 1987 because the state sales tax has been removed from the sale of newspapers.

Subscribers who get their mail in Rising Star, Eastland County and within a 30 mile radius of Rising Star may renew for \$8 for one year.

Those who live in other Texas counties may renew for \$12 and those who live out of state may renew for \$18 for a year's subscription.

**Pay CITY Taxes at Rising Star Police Station on Wednesdays and Thursdays, 8-5**

**City Hall Will Be Closed Thurs. & Fri. For Holiday**

City Hall will be closed on Thursday and Friday, Nov. 26-27, for the Thanksgiving Holidays.

There will be no trash pickup on Friday, November 27 due to the Thanksgiving holiday.

### \$2,500.00 REWARD

Money may be mailed to First State Bank, Rising Star, 76471, to be deposited in the Witt Reward Fund. The account number is 72-360-6. No arrests have been made in the rape/murder case. Era Witt, 87, was found dead in her home on June 7.

Any person with information leading to the arrest and indictment of the person or persons responsible for the crime may call 643-4261 or 643-3421. Information may be given anonymously and arrangements will be made for the payment of the reward.

**Dr. Carpenter's Office Will Be CLOSED The Week of Nov. 30-Dec. 4 Open 9am, Dec. 7**



## Preparing Tender Venison

COLLEGE STATION—If the venison's tough, don't blame the cook. It could be due to what the hunter did—or didn't do—in the field, says a wildlife specialist with the Texas A&M University Agricultural Extension Service.

"In addition to the age and sex of the animal, hunting and field dressing practices are extremely important in determining the quality of venison," says Don Steinbach.

"An undisturbed animal which is cleanly shot will yield more tender meat than a stressed animal. Field dressing the carcass as soon as possible and letting it hang for a full 48-hours will also increase tenderness by allowing muscles to stretch."

He adds that aging the carcass in cold storage just above freezing for about a week will add to the tenderness and possibly the flavor of the venison.

After that, the tenderness is up to the cook.

According to TAEX home economist Marilyn Haggard, the key to preparing tender venison is to cook it

as you would lean beef.

"Most game has little fat and so is very similar to lean beef. The naturally more tender cuts, such as the loin and rib can be pan-fried or roasted. But round steak, meat from the leg and the less tender cuts are best when cooked by braising, stewing or pot-roasting," she says.

Haggard cautions against overcooking game meat. "It has short fibers that toughen quickly if overcooked or cooked at too high a temperature. Plan to serve it medium-to-well-done rather than rare or overcooked."

Marinating venison for stir-fry, or fajitas and before pan-frying or roasting will also make it more tender. She advises marinating the meat in an acid-based sauce for at least 24 hours.

"If you use a sauce with the venison, reduce the amount of sugar in the recipe. The natural flavor is sweeter than other meat, so sauces made for domestic meats may be too sweet," notes the home economist.

Haggard also recom-

mends removing all visible fat before cooking, since it will exaggerate the gamey flavor. If some fat is required, ground pork or beef fat can be substituted.

"Some people like to add chunks of fat to venison to self-baste and moisten venison as it roasts," she says. "If you're trying to cut back on your intake of fat, however, you'll be better off sticking to low-fat cooking methods such as marinating and stir-frying the meat."

Both specialists agree that venison has an undeserved reputation for toughness, yet, in a recent research study using taste

panels, Texas A&M University graduate Dan Moczygmba found that venison was rated as tender as lean beef and only slightly less tender than lean pork.

When the beef pork and venison were compared for fat and cholesterol levels, Moczygmba says preliminary analyses indicated no significant differences.

"From a health standpoint that means venison, like other lean meats, can make a significant contribution of protein and other nutrients to the diet without adding extra fat," Haggard maintains.

## Gibb Lewis Appoints Jim Parker To Joint Selection Committee

AUSTIN—Texas House Speaker Gib Lewis, D-Fort Worth, has appointed State Representative Jim Parker to the Joint Selection Committee on the Judiciary.

The committee was established with the passage of House Concurrent Resolution 20 during the second called session of

the 70th Legislature. It will study needed changes affecting the state's judiciary and judicial branch operations. In light of recent questions regarding judicial conduct and the increasing impact of partisan politics on the quality of the state justice system, the panel

will examine current and potential methods of selecting our state judges. The committee will prepare a complete report, including findings and recommendations to the 71st Legislature.

Parker, a Democrat from Comanche, is serving his third term as a lawmaker. He is vice chairman of the House Criminal Jurisprudence committee, as well as a member of the House Jurisprudence committee, as well as a member

of the House Judicial Affairs and General Investigating committees.

Lewis said in announcing the appointment, "Providing our citizens with a justice system that is not influenced by political forces is essential if we expect to maintain public confidence in our state courts."

Thursday,  
November 26, 1987

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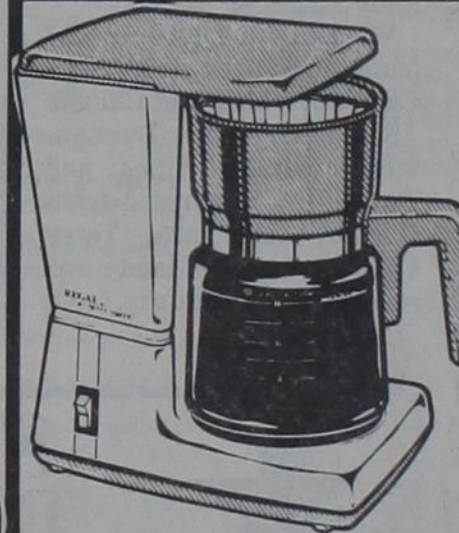


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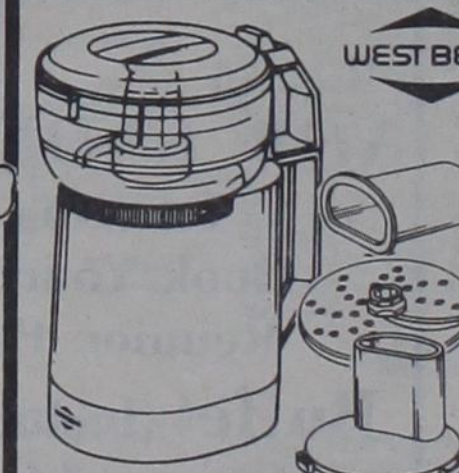
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# News Briefs

## RANGER

In a ruling last week in 91st District Court, James Jay of Gorman was refused a license to sell liquor from property he owns on the south side of I-20 at the lake road. Jay and his attorney, Lee Haney of Brownwood, appeared before the Ranger City Council May 11 and requested permission to sell liquor, beer and wine in the city limits. Mayor David Rogers advised Jay that voters had decided in 1985 to keep that area dry. Jay requested a certification from City Secretary Barbara Wheat to sell liquor at the aforementioned location, and was refused this by Mrs. Wheat. She based her refusal on an opinion by the Texas Attorney General that "A dry area annexed by a wet city remains dry." Jay then filed his lawsuit against Wheat on May 21. This suit has now been denied.

The Ranger Chamber of Commerce will host a Tree Lighting ceremony Thursday, Dec. 3 in front of the old Depot. Phylecia Schooling, Chamber President, is in the process of finding "just the right tree", and with the help of the Ranger Jaycees and the RVFD, she hopes to have the tree in place right after Thanksgiving. The Ranger Girl Scouts Association has taken on the big task of making decorations for the tree. The Ranger Community Chorus and the Girl Scouts will sing Carols, beginning at 6:30 p.m. that night. The Girl Scouts will also sing Christmas Carols in front of Western Manor at 5:30 p.m., and proceed down Main Street singing as they approach the tree. Come out and enjoy this Christmas cheer.

Ranger merchants will be holding "Open House" during the Holiday season. The events will begin on Nov. 28 at Adams Grocery from 10 a.m. until 2 p.m., and continue until just after Christmas. There will be special prices on many items for your gift-giving. Watch the Ranger Times for details.

Flowers by Jones will hold an Open House on Friday, Dec. 11 from 9 a.m. until 5 p.m. The location is 469 W. Main. "Red Tag" specials will be on display, with everything marked down. During "Open House" you can also save 10 percent. Door prizes will be given and refreshments served.

Do you enjoy cutting your own Christmas tree? Crossroads Tree Farms has opened southeast of Ranger, and you can go out and cut your Elderica Pine or buy one live in a pot. Begin a new tradition for your family.

## CISCO

The annual Cisco Merchant's Treasure Hunt will be held on Saturday, Dec. 5 immediately following the Christmas Parade. This Treasure Hunt will begin the Christmas buying season in Cisco, and 26 merchants have already signed up for participation. Free prizes will be offered to persons holding winning tickets, with winning number displayed in the store window or in the place of business. Tickets can be picked up at the Chamber of Commerce office during regular business hours. A list of merchants and their prizes will be published in The Cisco Press until the time of the hunt.

The Cisco Writers Club invites the public to a meeting on Tuesday, Dec. 1, 7 p.m. at the Bank Community Room. Books by local authors will be on display, with a number of the authors present. One of these autographed books would make a special gift for Christmas. Mary Carey of Willow, Alaska will review her book "Jane Long," and other writers will also tell of their publications. Refreshments will be served.

ed.

Cecil Deadman, Pastor of the East Cisco Baptist Church, was elected to a major position on one of the Texas Baptist Boards during the annual meeting of the 2.4 million-member Baptist General Convention of Texas meeting in Ft. Worth Nov. 10-11. He will fill an unexpired term on the 193 member Executive Board. This Board, composed of pastors, church staff members, and laypersons, conducts the business of the BGCT between annual sessions.

The Cisco Junior College Wranglers, who finished the year with a 8-2 season, placed eight players on first team All-Conference

with the Texas Junior College Football Conference. Five players were chosen as Honorable mention. Among those chosen on the team were Eric Edwards of Oscala, Fla., Robert Anderson from Katy, Derrell Robertson of Winona, Terry Gray of Klien Oak, Joe Hough of Menard, Kevin Evans, Fort Worth, Pike Martin, Springtown, Yerritt Longof Hearne, and Jerry Childress from Belton.

## OLDEN

There will be a reunion of former Olden students Friday and Saturday, Nov. 27-28 at the Olden gym. The gym will be open from 6-11 p.m. on Friday for visiting. Registration will begin at 9 a.m. Saturday, and a catered barbeque dinner will be served at noon. Tickets will be \$4.50 per plate. At 2 p.m. Sat. a business meeting will be held, with former school superintendent Travis Hilliard as Master of

Ceremonies. An auction of donated items is scheduled during the afternoon, with proceeds to be used to repair the gym. All former students are urged to come to the meetings and dinner. For reservations for the barbeque, call Ron Patton at 442-2211 during the day or 442-4377 after 5 p.m.

## EASTLAND

The Eastland Ministerial Alliance will hold the annual Community Thanksgiving Service at 7 p.m. Wednesday, Nov. 25 in the Majestic Theatre. A number of local pastors will take part, with the Rev. Eddie Gonzales of the First Mexican Baptist Church giving the sermon. Don Nicholas will be song leader, Flo Clark pianist, and Richard Rossander will present special music. This is a chance for all in the community to come out and give thanks for the blessings God has so liberally given.

There will be a tree

lighting ceremony on Tuesday, Dec. 1, 7 p.m. in the lobby of the County Courthouse. There will be carols and other special music to begin the Holiday season. Persons attending are encouraged to bring cans of food to be distributed to the needy.

The Countywide Extension Homemaker Christmas Luncheon and awards program will be held Dec. 2 at the Eastland Woman's Clubhouse. Awards will be presented to the Outstanding Club, Outstanding Clubwoman of the year, Most New Members, Publicity Award, and Attendance Award. The program will be presented by Jo Hubbard of Rising Star, who will speak on "Country Christmas Ideas."

Thursday,

November 26, 1987

## Holiday Planning

**COLLEGE STATION** - As the number of shopping days until Christmas decreases, it's easy to run out of money, as well as time.

"Christmas is the biggest spending season of the year, yet few families plan ahead for the added burden of their income," says Bonnie Piernot, a family economics specialist.

"A common strategy is to resort to credit spending for holiday expenses, although that may just postpone the financial problem until after the first of the year."

But it's not too late to evaluate your financial situation and gain some control over holiday spending, according to the Texas A&M University Agricultural Extension Service home economist.

"Figure out the amount of money you have available for holiday expenses, including money from paychecks you will receive between now and Christmas," she advises. "Then estimate your remaining expenses, including holiday food and entertaining, cards, decorations, party clothes, gifts and other costs."

If your estimated cost exceed available funds, Piernot suggests enlisting the entire family's help in curbing costs. Some options include establishing dollar limits for entertainment, clothing and holiday foods.

Since gifts are a major expense, she also advises setting dollar limits for each gift, making gifts and giving services, limiting gifts to certain members of the family or exchanging names to reduce the number of gifts.

"Once you know what gifts you plan to buy, go shopping with a list," says the specialist. "That will

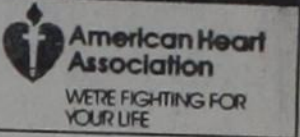
allow you to comparison shop for items at a specific amount and will reduce impulse buying."

"If you decide to use your credit cards, set limits on how much you'll charge, and keep track of credit purchases so you won't run up large bills that are difficult to pay off in a reasonable amount of time," cautions Piernot.

"Remember too, that the finance charges on any unpaid charge card balances will actually add to the cost of your gifts."

The home economist suggests keeping accurate records of all holiday expenses this year, so you'll have a good estimate of expenses for planning ahead next year.

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•Durable, plastic carrying case with 72 Crayola® Crayons •No. 7740

**Bed Bugs™ Game**  
Milton Bradley®  
•Object is to catch the most "bugs" of your color during time allotted for each game •Contains motorized bed game tray, 48 "bugs" and 4 tongs •Uses 2 "C" batteries - not included •No. 4509

**13.43** SUPER LOW PRICE EVERY DAY

**Star Com**  
Reg. 10.94

**9.00**

**Etch A Sketch™**  
MAGIC Etch A Sketch™ SCREEN

**6.83** Reg. 7.83  
Ohio Art® Etch A Sketch™  
•Helps develop hand & eye coordination •Portable, quiet, self-contained toy •No battery required •No. 505A

**Dirt Demons**  
EVERY DAY LOW PRICE

**8.00**

**Worlds of Wonder® Lazer Tag Target Set**  
•Kit includes pistol, star sensor target & star belt •Pistol sends infrared beam to target •LED & sound •No. 720100-0

**29.96** Reg. 39.78

**PLAYSKOOL**

**19.94** SUPER LOW PRICE EVERY DAY  
Playskool® Definitely Dinosaurs™  
•Each of 12 inch high, 18 inch long Tyrannosaurus, No. 3055, or 8 inch tall, 2 foot long Apatosaurus, No. 3040 •Made of durable non-toxic plastic •Each comes with a special storybook and Cavester™ friend

**VISIONARIES™**  
HASBRO®

**4.47** SUPER LOW PRICE EVERY DAY  
Hasbro® Visionaries™  
•Each figure has 2 holographic, 3-dimensional images •Each figure is fully articulated and comes with helmet & weapon •No. 7800

**Cabbage Patch Kids™**  
COLECO®

**21.86** Reg. 27.86  
Coleco® Cabbage Patch Kids™ Cornsilk™ Or Splashin Kids™  
•Cornsilk Kids™ have rooted hair and come with hair ribbons. •Cornsilk Kids™ have rooted hair and come with hair ribbons, No. 3820 •Splashin Kids™ can be fully immersed in water & have cornsilk hair. No. 3580

**Worlds of Wonder® Teddy Ruxpin**  
•Mouth & eyes move in synchronization to tape •Cassette & storybook included •No. 700100-00

**39.94** Reg. 49.72

## Less Sodium - Try Herbs

If you are looking for ways to reduce the amount of sodium in your diet, you might try using various

## Alcohol Use In America

In 1983, alcoholism and alcohol abuse cost the nation an estimated \$116.7 billion dollars.

In 1985, there were approximately 7.3 million male and 3.3 million female alcoholics in the United States.

Alcohol-related highway deaths are the number one killer of 15 to 24 year olds. Some 52% of the 43,800 highway fatalities in 1985 were alcohol-related.

In 92.6% of high school seniors who state they have tried alcohol, 39% reported participating in binge drinking, defined as five or more drinks.

Non-auto accidents involving alcohol claim over 25,000 lives each year according to the National Institute on Alcohol Abuse and Alcoholism Center. Up to 40% of all industrial accident deaths are alcohol-related.

More than 3,000 babies are born annually with severe birth defects associated with maternal drinking during pregnancy.

## Spice Nice, But Pepper Harms

So you are a heavy user of pepper on your food. You may want to reconsider this practice in view of a research report from the Veterans Administration Center and Baylor College of Medicine, Houston.

According to Dr. David Graham and colleagues, the infestation of either red or black pepper can cause minor bleeding in the stomach, as well as significant increase in the secretion of acid and the digestive enzyme pepsin and loss of potassium.

The effect on the stomach is similar to that of aspirin, says Dr. Graham. Observed bleeding ranged from tiny amounts in the lining of the stomach to "grossly visible gastric bleeding" in one case.

## Smoking Alters Medication

Smoking has long been reported as a risk factor for both lung disease and cancer. Now studies show that it can also reduce effectiveness of some medications as well as worsen existing health problems, thus complicating drug therapy, says the National Cancer Institute.

Compounds known as polycyclic aromatic hydrocarbons found in cigarette smoke can cause the liver to produce enzymes which chemically alter some medications. As a result, smokers may require larger or more frequent doses of such medications than do non-smokers, and tolerance for the drugs may increase after prolonged use.

Medications which can be affected by chemical compounds inhaled with cigarette smoke according to NCI, include:

- Oral contraceptives
- Theophylline and anti-asthmatic drugs
- Anti-anginal drugs such as propranolol and nifedipine
- Painkillers
- Tranquillizers
- Anti-depressants
- Anti-anxiety drugs
- Heparin-anti-coagulants
- Furosemide, diuretics
- Vitamins B12 and C

In addition to drug interactions, smoking can adversely affect conditions in such diseases as allergies, angina, lung disease, diabetes, high blood pressure, peripheral vascular disease and ulcers, making drug therapy more difficult, says the National Cancer Institute.

blends of herbs as substitutes for salt, says the Agriculture Research Service, U.S. Department of Agriculture.

The ingredients for such substitutes can be found in most kitchens or at super-

markets and specialty grocery stores.

Here are recipes for three herb blends to replace salt, prepared by Holly Schimzue, herb gardener curator, National Arboretum in Washington,

D.C. "Saltless Surprise"- two teaspoons of garlic powder, one teaspoon each of basil, oregano and powdered lemon rind or dehydrated lemon juice. Mix ingredients well in a blender.

store in a glass jar properly labeled.

"Pungent Salt Substitute"- three teaspoons each of savory - summer savory is best - celery seed, ground cumin seed, sage and marjoram and one

teaspoon of lemon thyme. Mix all of this well, then grind it to a powder with a mortar and pestle.

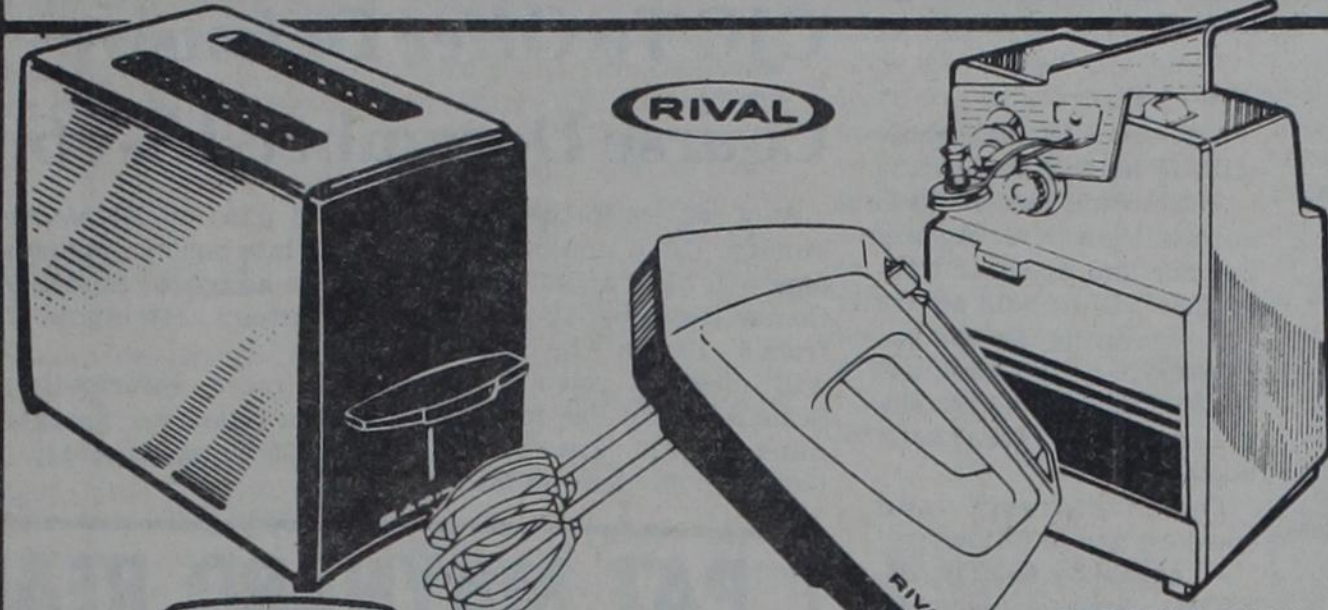
Schimzue says these savory blends of herbs can be placed in shakers and used instead of salt. She cau-

tions against the purchase of herbal salt blends on the market. Many are merely herbs added to salt. Read the list of ingredients carefully or just blend your own combinations, she states.

Thursday,  
November 26, 1987

# WAL-MART

## Pre-Holiday Savings



**Counter Top Kitchen Appliances**

- Rival® Can Opener No. 781-M Reg. 8.96
- Rival® Hot Pot No. 4070 Reg. 10.96
- Rival® 3 Speed Hand Mixer No. 433 Reg. 8.96
- Proctor-Silex® Toaster No. T-620 Reg. 8.96

**7.96** Your Choice Reg. 8.96-10.96

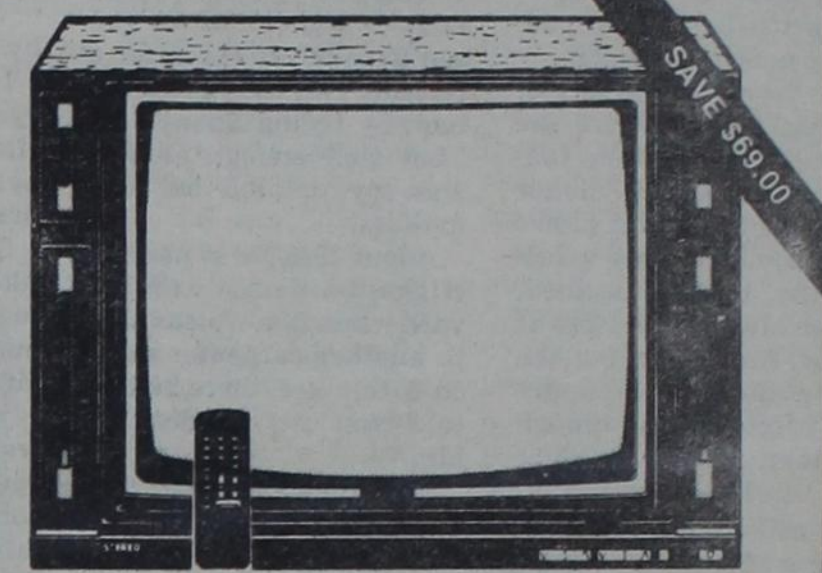
**WHY PAY MORE?**

**AJAX** Laundry Detergent

• 125 Ounces

**\$3** Sale

For Clean Fresh Clothes



**Emerson**

**349.86** Reg. 418.86

Emerson® 25 Inch Stereo Color Television

- 25 inch diagonal measure
- 139 Channel cable compatible
- Audio/video input/output jacks
- Programmable channel scan
- On-screen clock and channel display No. MS250R

**SMITH-CORONA**

Smith-Corona® Electric Typewriter

- Full line memory and Word Eraser corrections
- Dual pitch capability - pica or elite
- Auto center - centers text between margins
- No SL-R!

**148.73** EVERY DAY LOW PRICE

**WEST BEND**

**13.96** Reg. 15.96

West Bend® Electric Fry Pan

- 11 Inches
- Heavyweight aluminum
- DuPont SilverStone™ non-stick interior
- Immersible and dishwasher safe with heat control removed
- No. 72139

# Sale

**BRINKMANN**

Brinkmann® Rechargeable Lantern

- 2 Cell Nicad battery system
- Maxistar reflector
- Weatherproof case
- Self-contained 6 foot charging cords with AC & DC plugs
- No. 827-0165-0

**15.96** Reg. 18.96

**Quilted Flannel Shirts**

Reg. 14.86

**12.00**

SAVE 20%

**3 For \$5** Reg. 1.96 Ea.

For Ruffled Kitchen Towels

Choose from various ruffled prints Polyester/cotton

**1.88** Each Reg. 2 For \$5

MADE IN THE U.S.A.

Wooden Picture Frames

- 5x7 Or 8x10 Inch sizes
- Various frame designs No. 871W/791

**73¢** Each

Orange Slices

- 24 Ounces

Special Value

BONUS 6 Ounces More

**6.96** Reg. 8.96

Auto Massage Pillow

- Gentle massage action
- Soothes tired back
- Easy to use anywhere

SAVE 22%

**2 For \$5** Reg. 3.47 Ea.

Shoe Shine Kit

Complete shoe care containing shoe cloth brush, shoehorn, 2 polishes and 2 daubers. Compact carry case. Great for travel.

SAVE 27%

**\$4** Reg. \$5

Save 20%

Infant/Toddler Pajamas

2 Piece Winter weight pajamas for boys or girls. All polyester. Sizes 9 Months to 4 Toddler

**6.47** Reg. 9.47

SAVE 33%

Rubbermaid®

Catch N Carry Hamper

- 24 1/2 Inches high
- Plastic
- Various colors
- Use as a hamper or laundry basket
- Sturdy handles No. 2988-L

**12.96** Set

Special Value

Infant 3 Piece Bedding Set

Choose from sets containing sheets and any combination of the following: quilted blanket, hooded towel, comforter or pillow. Various patterns. Polyester/cotton

**2 For \$6** Reg. 3.64 Ea.

Mens 12 Pack Handkerchiefs

17x17 inch cut size. Fine quality. All cotton.

MADE IN THE U.S.A.

**3.88** Pack Reg. \$5

SAVE 22%

Boys 6 Pair Pack Keds® Tube Socks

White or white with stripes. Cotton/acrylic/polyester. Sizes 6-8 1/2 & 8-11

Thur.-Sun., Nov. 26-Nov. 29  
9-9 Mon.-Sat. 12:30-5:30 Sun.  
Hwy. 80 E. Eastland

WAL-MART'S ADVERTISED MERCHANDISE POLICY—It is our intention to have every advertised item in stock. However, if due to any unforeseen reason, an advertised item is not available for purchase, Wal-Mart will issue a Rain Check on request. For the merchandise to be purchased at the sale price whenever available, or we will sell you a similar item at a comparable reduction in price. We reserve the right to limit quantities. Limitations void in New Mexico.







Lady Cats

The Lady Cats were somewhat sloppy but nevertheless impressive as they won their opening game against Blanket Tuesday, November 17. However, this win did little to prepare the Ladies for the confrontation with the fiercely aggressive Santa Anna team the following Saturday in Santa Anna. Failing to adjust to the referees, the Ladies lost the game, but as Coach Dan Goodman said, "I can see

flashes of a good team." After the disappointing loss, the Lady Cats bounced back with a good attitude going into Tuesday's duel with Cross Plains. Next week the Ladies have a grueling schedule. They will host Sidney December 1 and will then participate in the co-hosted Rising Star-Cross Plains Tournament December 3, 4, 5. We hope you find time to come and support us. Jackie Harris

Jr. High Basketball

This past week the Junior High girls worked hard and played a lot of ball. Thursday the girls traveled to May for their first game in the May tournament against Cross Plains. Although the girls hustled, the Mighty Mites proved to be too much for Coach Debbie Bacon's team. After the 26 to 16 loss to Cross Plains, the Kittens faced May Saturday morning. Lack of offense hurt the Kit-

tens as they dropped that game 12-8. After a days rest, the Kittens hosted Eula in a well played match. With turnovers prevailing the Kittens lost this encounter with a score of 30 to 19 to the Eula Pirates. The Kittens will travel to Moran on Monday, November 30 for another exciting game. Come and support the Kittens. Jackie Harris

Sport Report

Just completing a super year in football, the Wildcats had no opportunity for practice before they played their first basketball game of the season with Cross Plains Tuesday night.

The Cats really get into roundball next week. We play host to Sidney December 1 and join with Cross Plains in hosting a tournament December 3, 4, and 5. We appreciate our fans. Ronnie Evans

Calendar

WEDNESDAY, NOVEMBER 25  
Out at 2:45 for Thanksgiving Holidays  
BASKETBALL  
MONDAY, NOVEMBER 30  
Junior High at Moran at 6 p.m.  
TUESDAY, DECEMBER 1  
High School vs. Sidney here 6:30 p.m.  
THURSDAY, FRIDAY,

SATURDAY, DEC. 3, 4, 5  
Rising Star and Cross Plains Tournament



Mrs. Cedric Bettis is a teacher at Rising Star. He has taught here for seven years. This year he teaches Government, American History, seventh grade Math, Health, Texas History and Driver's Education. Mr. Bettis was born in Dublin and graduated from Dublin High School. He has attended college at Tarleton, South West Texas State and Baylor. He has a B.S. degree in Physical Education and a Masters in Education. His parents are M.Q. and Flora Bettis. Mr. Bettis has one sister, Wilma Hahn, who resides in Reno, Nevada. Mr. Bettis and his wife, Betty, have a son, Brad, and a daughter, George Ann. George Ann has two sons, Matt and Mason. Betty teaches in DeLeon. Mr. Bettis resides in Rucker, a township outside of DeLeon. He has taught students in

various schools for 34 years of his life. He has taught in Colorado City, Irving, Belton and Ballinger. He was the superintendent at Desdemona for four years, the principal at Gorman for eight years and taught Special Education Coop for four years. Mr. Bettis enjoys old cars, golf and fishing. He and his wife enjoy antique furniture. Mr. Bettis enjoys teaching very much and would not do anything else. He has tried other occupations but he came back to teaching. In the weeks to come, there will be a feature on a teacher. These articles hope to bring some needed gratification to the teachers of Rising Star. Also, we hope to prove, through a brief biography that most teach, not as a job but for the self gratification and because teaching is their effort to better the community. Danetta Bible

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Miss U.S. Teen Pageant

Applications are being accepted from girls 13 through 19 for the 1988 Miss Texas U.S. Teen Pageant. In addition to the state title, awards will be given in the leadership, scholarship, friendship and photogenic categories. The Texas pageant will be held in Dallas at the airport Hyatt Regency Hotel. Judging is based on poise, personality and school and community involvement. For further information, contact: Carole Clements, National Director, Miss U.S. Teen, P.O. Box 1229, Auburn, AL 36830 or call (205) 745-6875.

community involvement. For further information, contact: Carole Clements, National Director, Miss U.S. Teen, P.O. Box 1229, Auburn, AL 36830 or call (205) 745-6875.

Hicks Receives Certificate

Gene Hicks, constable for Precinct 3 in Eastland County, recently received an Intermediate Certificate from the Texas Commission on Law Enforcement Officers Standards and Education. Hicks attended classes in Eastland on advanced criminal investigation, sponsored by West Central Texas Law Enforcement Academy. He said that to his knowledge he is the only officer in this area to have achieved this certificate. The constable has an impressive array of certificates, mute evidence of more than 400 hours in law enforcement education during his career as a peace officer, which began when he was in the U.S. Navy.

Band Notes

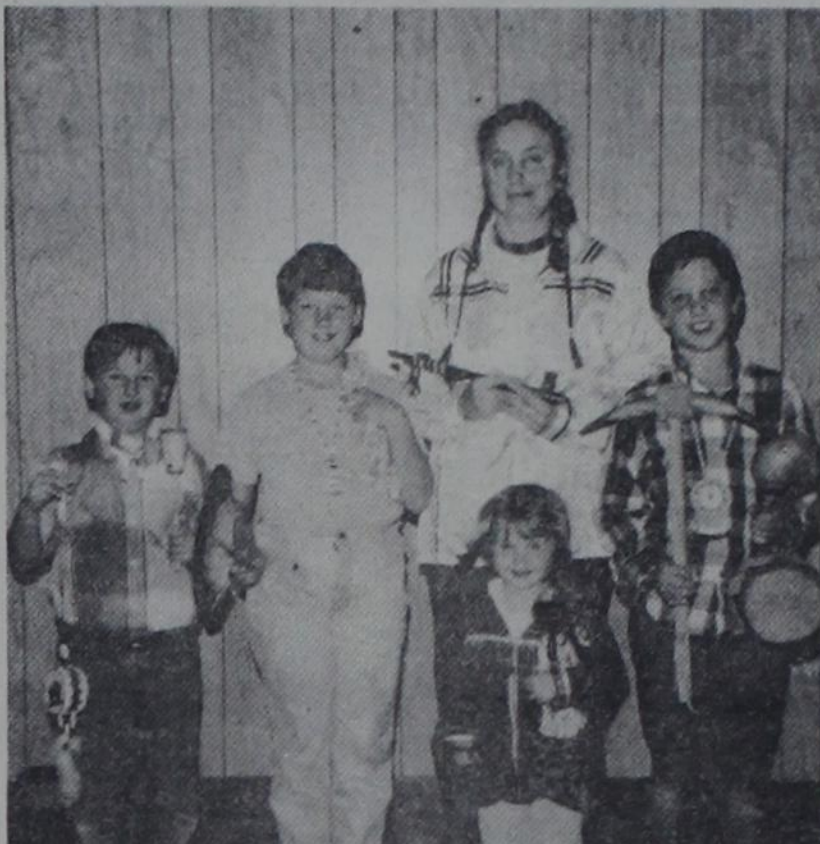
The end is finally here! After twelve weeks of football, we can finally hang up our soggy shoes, our supposedly white pants, and throw away our ragged marching music. The band would like to say thanks to everyone for a wonderful marching season. We hope to see you there during concert season showing your support. LaQuita Hendricks

This is a sad time for Judge Douglas Ginsburg and his family, but I believe his tragedy carries with it an important lesson for the young people of America. Judge Ginsburg withdrew from consideration for a seat on the Supreme Court after admitting he had used marijuana. His experience proves once again that drug use carries a high cost, payable both now and in the future. I have known Judge Ginsburg since 1983, when he joined the Justice Department. He is a brilliant man, and I was therefore pleased when the President nominated him to the Supreme Court. I knew Judge Ginsburg would work to guarantee not only the political rights but also the

economic rights of all Americans. He had already shown his abilities as a judge and government official. But his use of drugs, no matter how long ago or how infrequent, called into question his judgment and his commitment to uphold the law. Judge Ginsburg was a role model, whether he wanted to be or not. He was bright and successful; throughout his life his abilities made him a leader. He went to law school, served as a clerk to a Supreme Court Justice and taught law at Harvard before serving in the federal government. He had a bright future ahead of him. But as someone who would be responsible for upholding the

law of the land, his use of drugs set a bad example. You are also a role model, even though you may not realize it. If you use drugs, you make society lose a bit of its hope for a better tomorrow. If you say it is OK to experiment with drugs, you are telling other students that they can, too. You may beat the odds and not become addicted to drugs once you start using them, but your actions may condemn others who follow your example to a life of drug abuse and defeat. And you are risking your own future by taking drugs, even if you escape addiction. Douglas Ginsburg used drugs casually, got away with it for a time, and went on to become very successful. But experimenting with drugs has now cost him dearly. Had he, at 41 years of age become a Justice of the Supreme Court, he might eventually have become Chief Justice. He could have made his mark on history and the future of our Nation. Now, Douglas Ginsburg will

be denied that chance. You have heard many times about the physical cost of drug abuse: the addiction, the effects on your health, the depression and failure using drugs can cause. But drug use also has a hidden cost, a cost Douglas Ginsburg is now paying. I wonder what Judge Ginsburg would give now to be able to go back and reverse his decision to use drugs. The sad message of the Ginsburg nomination is this: if you do not use drugs, do not start. There is no such thing as "harmless" drug use. Something less than addiction can ruin your dreams. If you do use drugs, stop, and be a leader in urging others to do the same. America ultimately may benefit from Judge Ginsburg's tragedy if young people like you, who face the lure of drugs every day, are impressed with the fact that you risk long-term damage to your family, and your future if you use drugs.



STUDY OF INDIANS As a part of their study of Indians, the first, third and fourth grades of May Elementary had a special visitor, Mrs. Eileen West of Rising Star, to share her knowledge of Indians. Mrs. West did social work for seven years on an Indian reservation in South Dakota. Pictured are Alex George, first grade, Christy George, fourth grade and Chris Wood, third grade, with Mrs. West and her daughter, Tane.

Quit smoking. American Heart Association logo.

CONSIDER A CAREER IN LAW ENFORCEMENT. The Abilene Police Department has openings now for successful, career-minded men and women interested in becoming police officers. 40 hour work week, excellent retirement, 3 week paid vacation, sick leave, hospitalization and life insurance, excellent training program, promotional opportunities salary. Academy.....\$1492. After 12 months.....\$1675. Police Officer.....\$1675 to \$1914. INCENTIVE PAY: 4 year College Degree 100.00 mo., 2 year Associate Degree 50.00 mo., Certification 60.00 to 120.00 mo. Apply Personnel Department, Room 103, City Hall, Abilene, Tx. 79604. Testing Date: Dec. 1, 1987 At 8:30 A.M. Abilene Civic Center. Apply By Mon. Nov. 30, 1987 By 12 Noon Room 103. The City Of Abilene is an Equal Opportunity Employer.

Basketball

Rising Star Teams - Kittens to Cats - and These Businesses Make Winning Combinations

DISTRICT 25-A 1987-1988 RISING STAR JUNIOR HIGH BASKETBALL SCHEDULE. Includes dates, opponents, and times. Also includes RISING STAR HIGH SCHOOL 1987-1988 BASKETBALL SCHEDULE. Includes dates, opponents, and times. \*Denotes District Games.

Grid of local businesses: Rising Star Nursing Center, Pioneer Farmer's Cooperative, Family Food Store, D&T Building Supplies, Chuck Wagon Cafe, First State Bank, Medley Motor Co., Jenkins Insurance Agency, The Quik Stop, Main Street Auto Repair, Jim Ratliff Welding, Winfrey Feed & Peanut, Rising Star Exxon, Butler Texaco, Chambers Grocery, Mike's Fina 300 W. College, Higginbotham's, Dr. B.T. Carpenter, Rising Star Chamber Of Commerce, THE RISING STAR Main Street, Palace Drug Store.



Mr. and Mrs. Jerry W. Cheatham of May announce the forthcoming marriage of their daughter, Donna Jean, to Vernon Jones, son of Mr. and Mrs. Don Jones Sr. of May, on November 28 at 2 p.m. at the Methodist Church in May.

Friends and relatives are invited to attend the ceremony and the reception which will follow at the church.

### Class of '32 Celebration

The 1932 graduating class of Rising Star High School met at the Section Hand Restaurant in Brownwood Friday, November 6 at 6 p.m. for dinner to celebrate the fifty-fifth class anniversary.

Those attending were Thomas Bucy of Brazoria; Kyle and Euna Pringle of Lindale; Orlene and Wayman Ware of Arlington; Polly and Lafayette Parker,

Charles and Nelda Rutherford and Ray and Eleanor Nunnally of Rising Star; Willa Faye and Cecil Herrington and Neomi and Roy Fisher of Brownwood.

After dinner the group was invited to the Fisher's home for dessert and fellowship. The class voted to meet every three years to which, Wayman quipped, "You better make it every three months."



Now days it's strange to see a marriage such as this, One that spans 60 years of wonderful wedded bliss.

We the offspring of that union, to show that they are dear

Are having a party for them to celebrate this special year.

Mr. and Mrs. Albert Witcher and family and Mr. and Mrs. Donald Cornett and families invite all the friends and relatives of Ulysses and Nell Cooper to an anniversary party in their honor on December 5, from 3 to 4:30 p.m. in the home of Mr. and Mrs. Donald Cornett, 202 South Joyce, in Rising Star.

Thursday, November 26, 1987

So that the staff can be with their families this holiday

**Family Food Store**  
will be closed at 1 p.m.  
**Thanksgiving**  
**Day**

Your patronage is appreciated.

**Avon Open House**  
**Christmas Party**  
Come & do your shopping  
in one afternoon & have fun  
& refreshments, too. At the home of  
Shelly Bailey S. 183, Nov. 29,  
from 3-6 p.m.  
Hostesses: Carolyn Walker  
Shelly Bailey

# Free Higginbotham Peanuts!

When you decorate for the holidays using  
**Jones-Blair Paint**



For every gallon of Decorator or premium quality Jones-Blair paint you purchase, receive a 7-ounce container of delicious HIGGINBOTHAM PEANUTS absolutely free! Choose from REDSKINS, COCKTAIL or HOT & SPICY

### SATIN-X LATEX WALL PAINT

Premium Quality Interior Latex Flat Paint

- Use on interior wall surfaces
- Easy to apply
- Spatter resistant
- Dries in 30 minutes
- Washable
- One coat coverage
- Spot and fade resistant

**Decorator**  
**\$8<sup>98</sup> gal.**

**Premium**  
**\$12<sup>85</sup> gal.**

### POLYFLEX LATEX HOUSE PAINT

Premium Quality Exterior Latex Paint

- Sunfast colors cover brick, wood and masonry surfaces
- Resists flaking, peeling and blistering
- Dries in 30 minutes
- Clean up with water
- Durable, long lasting
- Mildew resistant

**Decorator**  
**\$10<sup>98</sup> gal.**

**Premium**  
**\$15<sup>25</sup> gal.**

Offer ends December 31

Limit five 7-ounce containers per purchase • Sale does not include Super-Kote, Peerless or Celebration paint.



N. Main St.  
Rising Star

643-2271  
8-5 Mon.-Sat.

## FAMILY FOOD STORE

North Main St.

Affiliated Food Store

Rising Star

Hours:

Phone 643-2221

Mon.-Sat. 7:30 am-6:00 pm

Sun. 8-6

Prices Effective:

Fri., Nov. 27-Sat., Nov. 28

### Ground Beef



**98¢ lb.**

### Silver Spur Bacon



**\$1.39 lb.**

### Shurfresh Franks



Meat **89¢**  
Beef **99¢**

### Shurfresh Sliced Meats



12 oz.  
**\$1.09 ea.**

### Morton Pot Pies



7 oz.  
**4/\$1.00**  
Limit 4

### Pillsbury Biscuits



SM/BM, 7.5 oz.  
**5/\$1.00**

El Paso  
**Refried Beans**  
16 oz.  
**59¢**

Purex  
**Detergent**  
42 oz.  
**\$1.19**

American Beauty  
**Flour**  
5 lb.  
**79¢**

Snowdrift  
**Shortening**  
3 lb.  
**\$1.79**

Rotel Diced  
or Whole Tomato  
& Green Chili  
10 oz.  
**2/\$1.00**

Wolf  
**Beef Stew**  
24 oz.  
**\$1.59**

Heinz  
**Ketchup**  
32 oz.  
**\$1.29**

Prego  
**Spaghetti Sauce**  
15.5 oz.  
**99¢**

Kraft  
**Orange Juice**  
64 oz.  
**\$1.99**

Shedd's  
**Country Crock**  
3 lb.  
**\$1.39**

Libby  
**Vienna Sausage**  
5 oz.  
**45¢**

Classic Delight  
**Ice Cream**  
1/2 gal.  
**\$2.29**

Kal Kan  
**Cat Food**  
6 oz.  
**3/\$1.00**

South of the Border  
**Chili**  
19 oz.  
**69¢**

Sunshine Krispy  
**Crackers**  
16 oz.  
**79¢**

Jumbo  
**Brawny Towels**  
asst., 4 roll  
**69¢**

Northern  
**Toilet Tissue**  
asst., 4 roll  
**99¢**

California  
**Avocados**  
**6/\$1.00**

Red Rome  
**Apples**  
**49¢ lb.**

California Calmeria  
**White Grapes**  
**79¢ lb.**

Sunkist  
**Lemons**  
**7/\$1.00**

New Red  
**Potatoes**  
**39¢ lb.**

**Fresh Carrots**  
**39¢ lb.**

**White Onions**  
**49¢ lb.**