DOE accused of escaping pressure

## Nuke dump memos fan political fire

$\qquad$




# manereond Bramd 

Friday
» Hustlin' Hereford, home of Charlie Kerr
August 1, 1986
Middlemen may make megabucks with cotton inventory payments

Merchants, mills,
cooperatives eligible today

## McCathern reports good reception through district



At McCathern Fund-Raiser
Gerald McCathern was honored at a fund raiser banquet Thursday night at Hereford Country Club. The Hereford Democrat is launching his general elec


Romeo's A Lady's Bird
Romeo, a Mexican Double-Yellow Amazon parrot, is a mate and will attack men owner, Wanda Saul, for his parrot is also bilingual. He speaks in English and Spanish in four voice range tones.

## Bird lover's pets colorful, talkative

By CINDY SMITH
Staff Writer Wanda Saul is an avid birdwatevery day-in her home. Parrots, conures, red-rump parakeets, lovebirds, red crested
Brazillian cardinals, budgies, and Brazillian cardinals, budgies, and
other species of birds dot cages in a other species of burds dow calt
builton room of their own.
Feeding and watering every night, Saul admits, "Birds are time consuming. They're more time consum-
ing than babies and each one is just ing than babies and
as delicate as a baby.
Saul said the parents don't like for
anyone to mess with their babies and the babies stay in their nesting boxes for ab
out.
The baby birds then stay at the bot-
tom of the cage for about two weeks tom of the cage for about two weeks, depending upon the bird, until the
$\qquad$
According to Saul, different birds
have 6 have different nesting boxes. "All straight beak birds have to have wicker nests such as the finches and
some birds, such as the cocketiels, your Amazons, lovebirds, budgies, parakeets, conures- all your hook bill birds will eat the wicker baskets
for these," she explained Saul also said one has Iight kind of food to feed all these different birds. Saul and her husband mix a 100 pounds of seed at a time in "It lasts about and then it's time to do it feeding, said Saul.
Saul uses 12 different ingredients
that she mire ture for hixes for all birds. The mixseed, while millet includes canary bought in $50-\mathrm{lb}$. bags, and mixed with powdered milk, powdered buttermilk, and acidophilus, (a beneficial
bacteria which keeps the birds going into shock when birds from babies), powdered lime, safflower oil and water mixed with Caro syrup.' You also mix a good powdered vitamin and put in powdered plaster
of paris for a hard shell," Saul said. of paris for a hard shell," SSuul said.
She explained that chickens have a She explained that chickens have a
shell-hardener in their feed, and for the tropical birds one has to add something or the bird will come up
soft-shelled
For the straight beak birds, Saul
uses the same ingredients
(See BIRDS, Page 2)

## News Roundup

## State

## Education groups working on position

AUSTIN (AP) - The state's major education groups mill puash for
a tax hike if it is needed to avoid cuts in public school reform a tax hike if it is needed to avoid cuts in pubbic school retorm
measures, says an official of the Texas Elementary Principals and Supervisors Association.
Brad Duggan said TEP
Brad DDuggan saidion TTPSA and other education groups are prepar-
ing a united position" to present to legislatators when they meed ing a "united osition" to present to legisisators rube they pmeat in special session next week to work on the projected $\$ 3.5$ billion state
budget deficit.
Duugan made the comments Thursday at a news conterence at
which his organization released survey results showing
 tary school adm
school reforms. Tof retreat now would be to undermind the whole focus of the and a long time to see results of new emphasis in programs," said
Duggan. Duggan. Wednescark, has said no who cuts should be meceial session that boegins education reforms.
Dutgan would not discuss ssecifics of the program. Brad Ritter, Texas State Teachers Association spokesman, said his organization
has particicipated in talks with other education assocititions. But Rit.

## National

Rehnquist foes focus on racism


#### Abstract

WASHINGTON (AP) - Senate foes of William H. Rennquist, denied access by President Reagan to memos Rehnquist had written denied access by President Reagan to memos Rehnquist had written as assistant attorney general focused today on testimony that he Larassed minority voters in Arizona in the early 1980s. Democrats on the Senate Judicliary Committee, conducting confitr Democrats on the Senate Judiclary Committee, conducting conffr. mation hearings on the man omated to te ne nation's loth chiee justice were prevenented late Thursday from seing the memos. justice, were prevented late Thursday from seing the memos. Reagan invoked executive privilege to ensure the privacy then-Attorney General John Mitchell. Democrats on the committee are seeking the memos because they purportedly concern domestic wiretapping and the Reagan ad- ministration's plans for dealing with Vietnam War protestors earlier this week raised the allegations that Rehnquist harassed and intimidated black and hispanic voters in Phoonix as parat of a state Republican Party ballot-security program in the early 1 18ses.


## 'Superfund' renewal agreed upon

 for remain unanswered. Ater five months of intense bargaining, House and Senate con-
ferees late Thurstay
epproved corpromise leg.
 since last OCtober by a money shortage.
The bill, hailed by environmental roups and EPA Administrator ee Thomas, would increase Superfund's spending more then
ivefold from the 1.6 .illion budgeted in thts first five years Aites have been cleaned and that some of them are still leaking waxt ics. the bill requires the EPA to begin at least 375 cleanups throush
1991 and make sure the results meet health standards set by a variety of federal laws.
bill minimize the shifting of toxics from one dump to another. the
bilesuires the EPA to use permanent treatment techniques where
feasible The legislation also creates a s.a00.000 program to begin attacking which threaten water supplies. and to require lararge chemical
makers and users to tell the public about toxics routinely escaping And to close a majo loophole in the original 1980 Superfund liew.
the compromise will place tox incs eraeted by federal agencles -
principalily the Defersse and Energy departments - under Super.

## International

Envoy to return to Lebanon
LONDON (AP) - Terry Waite said Friday he is prepared to meet
again in Lebanon with Shiite Moslem extremists holding American again in 1 ebanon with Shinte Moslem extremists solding Amertican
hostages to discuss the message they gave the Rev. . a amence Mar. hostages to discuss the messaga
tin Jenco before releasing him.
Moy sow wair anxiously to hear from the captors," the Anglican en-
was said at a London news conference also attended by Jenco, who was treed on Saturday. "I await a messagag from them.
Jenco a Roman Catholic priest from Jenco, a Roman Catholic priest from Joliet, III., delivered a,
mesage from his kidnappers on Wednestay to Pope John Paul II, and on Thursday gave the same message to Archbishop of Canterbury Robert tuncie, spiritual head of the Church of England. The 51 -year-old Jenco was to fy to Washington after the news can-
ference to deliver a confidential message from his former captors to President Reagan.
President Reagan
Waite said the kidnappers'
message had been received with "sympathy and understanding by two major leaders of the Christian $\xrightarrow{\text { tradition." }}$ .I have been asked to return to Le Lebanon as soon as possible in
order to take further these discussions," the envoy seaid.

## Craxi forms new italian government

> ROME (AP) - Socialist Bettino Craxi today formed Italy's 15th postwar government, ending a seven-week crisis sparked by feuding
between his party and the dominant Christian Democrats that toppl. $d$ the previous government.
> Craxi, who returns as premier, handed a list of Cabinet ministers Craxi resurrected the five party midday.
> crisis and set a longevity record in postwar Italian politics by beeng in power for 34 months.
> A vote of confidence for the new Cabinet was expected in Parlia.
ment next week
> "The go
> The government is a good government and I hope that t will ob-
tain, in the next few days, the confidence of the Chamber (of Deputies) and the Senate of the Republic, so it will be able to start
anew its work.," Craxi said in a statement after leaving the prealdenanew its wo
stead of groats she mixes Siberi
nillet, a red seed Drinking water for the birds datsinking water for the birds conto one gallon of water. "This keeps the bird from having sour crop,"" said
Saul. "They can get food from the soul. They can get food from the
bottom of ecage that is spoiled and
the Clorox kills the bacteria but not the Clorox kills the bacteria but not Two bird myths that bother Sau irds and the temperature at which a ird should be kept. "Some people feed tablescraps to
heir birds but it is not good for them. shortens their lives and no one realizes this," she explained. "Also, the birds cannot be set in
drafts. When your body is at a com fortable temperature, your bird is a
Worker collapses in heat
Elde Associated Press
Elded to shelters while others sought refuge in swimming pools and air-
conditioned buildings as Texas conconditioned buildings as Texas con-
tinued to sizzle under temperatures that rose above 100 once again for nost of the state.
The 100 -degree heat wave this
week already caused at least week already caused at least four fifth Thursday.
Charles Weaver, an Austin con struaction worker, collapsed at a city electrical substation in a recordying 103 -degree day and may hav man, a Breckenridge Hospital
spokeswoman. An autopsy is cheduled for today.
His death follows the Wednesday His death follows the Wednesday Teatstroke death of 41-year-old Steve Adolfo Banda, 30. Banda, a Texas Department of Corrections inmate
died while working in a field squad o 14 inmates.
On Tuesday, an elderly San An-
tonio man was found in his fourth floor apartment of a low-income
complex without airccnditionig complex without airconditioning
Earlier this week a 2 -year-old child died after spending more than an
people think because the birds are
tropical, they should be kept in hot dry environment when they should really be kept in a cool, moist enviroAccording to Saul, most people also want birds to breed them, raise
their own, and then train the baby bird for the family
"I usually find out what kind of much they want to invest on the bird," she said. "People usually buy a bird for a child and the new wears ofy of it and then ."
by its lonesome."
Saul said she has gotten some
her birds from Calvin her birds from Calvin Edwards and added that he has some of the most
beautiful she's ever seen. "Yeatiful she's ever seen "Your big birds bring in the most
amount," said Saul. "Your baby


## Local Roundup

Police arrest one Thursday
City police arrested one individual Thursday for disorderly con-
duct and failure to appear Police also heard reports of three harassment complaints, two complaints of criminal mischief, the theft of a wallet from a table at che Post Office, a bike theft, trespassing, a civil dispute, disorderly
conduct, a domestic disturbance, and a prowler in the 200 block of

Dumpster fire doused
Here tord therefighers responded toa dumpster fire in the foo block
Deputies pick up dog
Deaf Smith County Sheriff's Deputies picked up a dog after it had
bitten a child Thursday north of Hereford. The dog was taken to vitten a child Thursday north of Hereford. The dog was taken to a
veterinarian to check for any communicable diseases.
Deputies also made one arrest for aggravated assult with

Weather
THURSDAY'S HIGH: 99 OVERNIGHT LOW: 66 OUTLOOK: Tonight partly cloudy with lows in the mid 60 s. Isolated thunderstorms, some possibly severe. Less than 20 percent
chance of rain. Wind south 10 to 15 mph becoming northeast 10 to 15 mph and gusty late tonight. Saturday partly cloudy and cooler with a 20 percent chance of thun
Wind easterly 10 to 15 mph .
is to spend time with it. "We do hand feeding, that's the only way to get
them tamed. And you have to work with the bird every day to keep it tame."
Her fa
Her favorite bird, Romeo, a Mexwas taken from his parents at three weeks of age and was totally handfed for two and a half months. They say their first word usually about the
same time. same time. the first thing you say when youse feeding them is 'hello, hello,' and they pick it up from there" explain She said that all hook billed birds have the ability to talk. And in the smaller birds, from the budgie to the cocketeil size, only the males wil
talk. "And from a conure size on up, will talk.
"A female parrot can talk just as well as a male parrot if
Romeo is a bilingual bird, speak-
ing in Spanish and English. He ing in Spanish and Englisp. He
speaks in four different tones which speaks in four different tones which
unusual for a bird of his caliber. Most speak only in two.
In English Romeo can say "Hello Romeo, Romeo's a pretty bird," and "hello babe" followed by a wicked
laugh. "He calls me mother and he'll
holler 'mother-comeget me' and I Il go get him," Saul said. Romeo also says "shut up" very clearly.
In Spanish, Romeo knows all the dirty words and people who unders tand him get a kick out of it. But the "He's also taught our Mexican how to say hello," said Saul. She said birds learn to talk better from other birds than they do from humans. Each bird has its own personality
Saul said her husband has a bird that doesn't like women.
"But Romeo's a lady's bird, he'll alk to women but he'll attack men, smiled Saul. She said they really do have preferences. "Romeo has take
like a mate.
"We've learned all of this through birds. They'll also chew your entir house up, chew anything, wood, cur
ains, paneling, and plants." But that doesn't matter much to

## Windfall profits tax repealed



## Obituaries

Then passed by voice vote.
The actually levied against oil produced and not on profits, has not prices have repped below the oil prices have dropped below the tax
threshold. Oil state senators said it should be repealed to eliminate wasteful paperwork, but opponents said they were confident the House wouldn't go along.
-The fiscal 1987 -The fiscal 1987 budget was waiv-
ed, $55-40$, to allow spending of bet-
ween $\$ 300$ million and $\$ 15$ billion on ed, 5 , 80 , to allow spending of bet
ween
farmers in inllion and $\$ 1.5$ billion on farmers in the Southeast, who
been hit by a severe drought,

## But a final vote on the plan, simitian

But a final vote on the plan, similar
to legisiation approved by the House Agriegisilation approved by the Housse
day, was held in abeyane on Wefdenes
$1: 30$ at about 1:30 a.m. after Sen. John H. Chafee, to block it.
The plan would give farmers free tion for drought-induced coromponsand crop losses, and allow dairy farmers
to delay making payments to a priceoupport program.
The budget wa
asourances from Sen. Jesse Helms,
Agriculture Committee, that


MINERVA K. DOWELL

also has approved a money- domestic producers and raise money
laundering bill.
-A proposed s10-a-barrel Opponents said it would hurt other
industries. ducts, to compete against forei companies. There was also stron opposition from senators from New
England, which imports larger quan England, which imports larger quan-
tities of oil than other parts of the

COTTON
cooperatives like Calcot in Califor nia, Southwestern Irrigated Growers Staple Cotton in Mississippi. The new law is proving to be the most expensive farm bill ever. Aimed at regaining lost U.S. export Rudy Scheit, who also declined to give exact figures. Other large recipients are likely to include textile makers such as Burl-
ington, Cone, West Point Pepperell ington, Cone, West Point Pepperell
and Fieldcrest Cannon. Substantial amounts also may go to large prices to more competitive levels
while forking out massive while forking out massive subsidies blow.
The Associated Press reported last
week that one California grower, the J.G. Boswell Co., will get $\$ 20$ million in cotton and wheat subsidies this year and that multimillion-dollar


DEAR ANN LANDERS: I live in a large city in New Jersey and recenty my niece came to visit me for two weeks. She is 18. Laura" went back home to a
small town in the Midwest and decided she hates it there, loves the big city and is going to move to New
Jersey, go to college here and STAY Jersey, go to college here and STA
WITH ME. Whine. At my age (50) I don't think I can
olerate a teenage "live-in." I neve had children, am a widow and enjoy being alone. Also, I am not terribly
well off financially. I had no idea much teenagers eat and I could not possibly ask her parents for room and board.
How can I turn down Laura an 18 -year-old girl to attend a local college and live at home for a year or two?-A CORNERED AUNT IN N.J. DEAR CORN: Play it straight or ou might find yourself in the same
spot "in a year or two." Tell Laura' parents that you aren't emotionally geared to having a teenager around insists on streich of time and if she Jersey she will have to live in a
dear ann landers: While riding on an errand, I saw on the side of the road a scraggly poodle clomperong with his rear foot caught in cracked plastic pan. I stopped to help him. When I freed his foot, I go ack into my car expecting him
trot off happily, but he just stood there, a look of anguish and pain in his big brown eyes.
Again I got out of Again I got out of the car and felt for his collar. It was so tight
wouldn't budge, so I took out my knife and managed to get under it. I expected the collar to drop, but it
didn't. I felt under his nek ind didn't. I felt under his neck and it
was all slime. The poor poodle had scratched open this throat to relieve

lay it straight'
When I sid the collar.
IN BAY SHORE, N.Y. DEAR LOVER: Thank you for hole in his neck he licked my hands
and then my and then my face. When I got back into my car and glanced back the little dog just stood there looking
grateful grateful.
The mes
The message: Please, folks, check your animal collars, flea or other-
wise. Pets grow fast.-DOG LOVER

## Fall quilt show set

The High Plains Quilter's Guild of Amarillo is beginning preparation
for its fall quilt show. The date is for Nov. $22-23$ at the Amarillo Federation of Women's Clubs
Building, 2001 Civic Cirle The categories will inclu
que quilts, pieced quilts, antique

## Military

Crossword
ACROSS


## Muster

Maj. Gary L. Hammonds, son of Anna L. Hammonds of Vega has completed the U.S. Army Command
and General Staff College Regular and General Staff Coilege Regular
Course at Fort Leavenworth, Kan. The 10-month regular course at the Army's senior tactical school produced graduates who are competent
military problem solvers. Emphasis military probiem soivers. Emphasis
was placed on career development for the officer's future duties as a senior commander or staff officer.
His wife, Betty, is the daughter of His wife, Betty, is the daughter of

## D.E. Wallace dian, Texas. <br> Make Tracks To This 0 SACRIFICE SALE! <br> To Survive We Must Close-out Over 3,000 Pairs Of Men's, Women's, and Children's Shoes. <br> $1 / 2$ Price <br> (All Shoes First Quality) SALE Begins <br> Friday, August 1st!

 -Bates Shoes
## Tulia

(Downtown) Both Locations

Plainview (Downtown)
8.
often alter a situation. Please tell me if 1 did anything wrong. recently asked that the family return a gift I'd given to a lifetime frínd before her death by suicide.
She was an alcoholic whose family She was an alcohoiic whose fam
gave her no help-only criticism. gave her notep-or of Steuben glass
The two pieces of St were things she enjoyed very much the afternoon I gave them to her. I wanted to remember our last happy
time together. And to be perfectly honest, I did not want her awful fami y to have these lovely pieces. Do you think I acted in a calculating, crass
and vugar manner?-JUST CHECKdEAR CHECK. Pert "calculating," but certainly crass and vulgar. but certainly crass
Do you feel awkward, self-conscious-lonely? Welcome to the club. There's help for you in Ann
Landers' booklet, "The Key to Popularity." Send 50 cents with your request and a long, stamped, selfaddressed envelope to Ann Landers,
P.O. Box 11995, Chicago, Illinois 60611 .

Now you can have both the reliability of a home town pharmacy AND
big-store value!

## west parf drug.



If the name of your local pharmacy looks different, it's because we have joined 1,700 other indepen dent pharmacies throughout America who make up VALU-RITE Pharmacies.

We still devote the same professional attention to your family's health care needs that only a locally owned and operated drugstore can provide.
But our VALU-RITE membership now enables us to offer the big savings on drug and health care products you've only seen before in superstores.

Watch for our full-color circulars; rantisten for our radio-advertised specials.

## west park drug



PHARMACIES 213 W. Park Ave. Hereford $364-4900$


## FRIEND noun a person on the

 same side of a struggle.It's been said, "No friend's a friend till he shall prove a friend.
In today's hectic business world a lot of people say they are your friends; but when the 'chips are down,' will they be there for support? At First National Bank of Hereford we work hard to develop a friendship with our customers. It's that kind of "one-on-one" relationship that makes our bank unique. If you need a financial friend, come let us serve you.


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## Local Church News

FIRST UNITED Dr. Weidon Butler, former pastor of First United Methodist Church,
will will be filling the pulpitt Sunday in the absence of Pastor Steve McEIroy. Dr. Butier served the church from
Sept. 19,1982 until his retirement
June 8, June 8, 1986. Dr, Butler and his wife Jeanne now reside in Lubbock. Dr. Butler will be reading from
scripture, Matthew $6: 24-23$ and his scripture, Matthew 6:24-23 and his service will be "Consider th Lilies." Lesley Woodard, soprano, will be singing "Sweet Hour of Prayer" by
William B. Bradbury as special nusic for the service.
The United Methodist Women will be hosting the Annual Silver Tea from 9:30 to 11:30 a.m. Wednesday in This is a church-wide event and all
Thederated Ward Parlor women are invited to the tea. Offerngs received at the tea will be used
o replenish the church kitches to replenish the
fellowship hall.

FIRST PRESBYTERIAN The CHURCH The Rev. Bruce Kochsmeier's sermon for the $10: 30$ a.m. Sunday worship service is "Voices from the Phiderness " The scripture lesson is
Philippians $4: 10-13$.
"Ordering Your Private World" ontinues this week at 7 p.m. Wednesday, at 138 Liveoak. If things in your life need a renewed inner peace and a practical perspective on
putting faith into action, then this is the place for you. "Scripture for Lunch Bunch" meets Wednesday at noon in the
small fellowship hall to discuss the small fellowship hall to discuss the
scripture for the following Sunday's sermon. The passage is Jeremiah
29:4-14. Read ahead and be part of The Mission Yearbook asks for The Mission "Yearbook asks for Ministries" in Minneapolis, Minnesota. Led by the Rev. Deana Vez-
mar, this project seeks to minister to women victims of chemical
dependency, compulsive overeating, sexual and domestic violence.

TEMPLE BAPTIST


JON MOORE


Jon and Phyllis Moore will be ueest speakers during the chu The schedule for the revival is as dilows: Sunday morning, $9: 45$; Sun-
day evening, $7: 30$; Monday through Friday, 11:50 a.m. until $12: 50$ p.m.;

Ladies Bible study is planned from day:
don Moore of Euless, Texas is doy. Moore of Euless, Texas is a
member of the First Baptist Church. member of the First Baptist Church.
He is a former pharmacist and is still He is a former pharmacist and is still a registered pharmacist in Texas. He
has pastored for two and one-half years prior to beginning a full-time
traveling traveling ministry in January of
1974 1974.
Phyllis Moore travels with her husband ministering to women through Bible studies, personal couseling and music. The Moores are involved in
revival meetings, Bible conferences revival meetings, Bible conferences,
retreats and an extensive cassette tape ministry.
 Lanny Wheeler to celebrate Holy
Communion during worship hour 11 a.m. Sunday.
Rev. Wheeler will speak on "Christ Rev. Wheeler will speak on "Christ
and The Misfits" during the morning and The Misfits" during the morning
service. Study Luke 19:1-10. His service. Study Luke 19:1-10. His
evening sermon at 7 Sunday is entitled "How Can I Be Sure". Study Mark 10:17-27.
There will be a special sermon for
children.
The United Methodist Men will meet for breakfast at 7 a.m. Satur-
Three new Sunday school classes, which meet at 10 a.m. Sunday, have been organized. They included
elementary age classes, ages $7-9$ elementary age classes, ages 7-9;
youth, $7-12$ grades; and adult class.

FIRST CHURCH OF Sonlight Mountain" is the theme of this year's vacation Bible school to be held from $6: 30-9$ p.m. Aug. 48. Each person that brings five children
to VBS that are not members or curto VBS that are not members or cur-
rently attending the church, gets a renty attending the church, gets a
free "Sonlight Mountain" T-shirt. All children from the ages of two
through the sixth grade are invited to atteng. The Rev. Bob Huffaker added that The Rev. Bob Huffaker added that

create an atmosphere of fun and
adventure while featuring lifeadventure while featuring life-
related Bible study related Bible study, creative crafts,
games, songs and planned recreaA pre-registration carnival for VBS will be held from $4: 30-7$ p.m.
Sunday on the church parking lot. Sunday on the church parking lot.
The carnival will feature games, crafts and refreshments.
There will be ames, There will be a drawing for 10
Sonlight Mountain backpacks from those who pre-register. Cottage Prayer meetings will be
held at $7: 30$ p.m. every Sunday evenheld at $7: 30$ p.m. every Sunday even-
ing during August. On Sunday the ing during August. On Sunday, the
group will meet in the Kenneth
Halbert Halbert home.
Registration
Registration for kindergarten and
first grade in the Nazarene Christian first grade in the Nazarene Christian
Academy of Hereford will be held Academy of Hereford will be held
from 9 a.m. until 5 p.m. Monday, Kindergarten tuition is $\$ 450$ per year and
per year

FIRST BAPTIST Vacation Bible School is scheduled
from $6: 30-9$ p.m. Aug from 6:30-9 p.m. Aug. 3-7. Evelyn "Aging, Everybody's Doing It" is the program to be presented from ${ }^{7-8: 30}$ p.m. Thursday at the High sessions are free.

FIRST CHRISTIAN CHURCH "The Defense Never Rests" is the sermon the Rev. Mack McCarter will
be giving Sunday during mornin be giving Sunday during morning
worship service. For preparation, worship service. For preparation,
read Mark 10:17-31, Matt. 19:16-22 and Luke 18:19-30.
Archaeologists in
covered fragments of sixpt have uncalled amphoras with pop tors that are
nearly, , 20 e ears old acording to Nanearly 2, ivo years old, , according to Na-
tional Geographic World.

Whalers from a region in the
Pyrenees mountains of France and Spain were among the first people to
regularly visit America in the 16 th
poliy's A tip a day PONTIERS aids homemakers

## By Polly Fisher

Pour the remaining stock into ice
cube trays and freeze. Then place the
DEAR POLLY - For a quick, fresh cubes in plastic bags or freezer boxes DEAR POLLY - For a quick, fresh cubes in plastic bags or freezer boxes ric softener behind the heat register When needed, remove the cubes to use plate. When the furnace is on, the heat for sauteing
releases the fragrance. - M.
oil, etc.).
DEAR POLLY - For touchups be- In 1926, Gertrude Ederle of the tween woodwork paintings, I keep a United States became the first
bottle of white shoe polish handy. I dab to swim the English Channel. polish on the inevitable nicks and mildew spots which occur. - ANN
DEAR POLLY DEAR POLLY - Here's my saute-
browning hint for those who wish to
cut down in cut down on fats.
when When preparis.
freeze thrkey and chicken freeze the enecks and diby and chicken, until you
have about one quart. Thaw and add them to three quarts of water. Simmer
until the meat is cooked. Remove until the meat is cooked. Remove
from heat, cool until easy to handle Ham heat, cool until easy to handle
and remove the meat and bones.
Strain the liguid into a measuring Strain the liguid into meat and bosuring cup
or bowl. Refrigerate until the fat has congealed Refrigerate until the fat has
the fat. the fat.

## Balloon

 Bouquets for all occasions Balloon Express 364-0220 (clown Deivery Available)
## ( Kids:

2 years thru 6th grade. Here's your tickets to Adventure Day on Sunlight Mountain. A Pre-registration carnival for the Nazarene Church VBS. Featuring games,
cratts, refreshments, and drawing for 10 Sonlight Mountain Backpacks tor those
pre-registering forVacation Bible Schoo Come And Join The fun!

Prices Slashed For Back To School! Back To School SPECIALS


Boys Wrangler SHIRTS



## SHIRTS $1 / 2$ Price

Mens \& Students WRANGLER All Styles


Buy 4 of any Wrangler Pant and get 1 More FREE! Mens
$\qquad$

| 501 Levi $\$ 2195$ |  |
| :---: | :---: | LEE DENIMS

Studt Mess These
Students Back-To-School

KNIT DEVI
Sale Price ${ }^{\text {Levim }} 21^{95}$
Reg. ${ }^{266^{5 \%}}$

ROPERS All Leather s49s

All 20\% off Not Already On Sale KNIT SLACK $\$ 400 \begin{gathered}\text { Off Reg. } \\ \text { Price }\end{gathered}$ '155s


## WE HAVE IT

 We sell groceries. But that's not all. Our customers deserve more and expect more from us. That's why we have departments like our Deli, with an incredible assortment of cold cuts and specialty items. That's why we have a Tortilleria, because there is a very real demand for fresh, hot tortillas, taco shells and tostadas. And that's why we have our Bakery with it's massive array of fresh breads and pastries. Save'n'Gain - we have it all. And it's just for you!

French Bread


Fresh Butter Croissants Baked Fresh Hourly


Fresst Wastophavian hye

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## Brand Sports

## South defeats North in football action

HOUSTON (AP) - Tomball's (Waddle) for the next four or five Lance Pavlas and Columbus' Percy years," said Pavlas, who was named
Waddle have offered, Texas A\&M fans a sneak preview of what they the egame. can expect in future years.
Pavlas and Waddle, both headed thrown to anyone that fast." for Texas A\&M this fall, combined Pavlas completed 16 of 32 passes
for record-breaking performances for an all-stap record 246 yards passfor record-breaking performances for an all-star record 246 yards pass-
Thursday night to lead the South to a ing, breaking the old mark of 224 $17-13$ victory over the North in the yards by Robert Armstrong of Texas High School Coaches Associa- Houston Sam Houston in 1971. "We started working well together
ion All-Star football game.
"I look forwrd to playing with him from the start," Waddle said. "We
Giants manager gets what he asked for, stop Braves

were a little shakey at firs "If you have a team. like him have a great quarterback me, you can work together. Waddle caught seven passes for 77 yards, breaking the record of 166 yards receiving by Bryan
ingham of Pasadena in 1971 . Pavlas hit Houston Jones' Kerr Simien with a 2 -yard touchdown pass with $3: 55$ left in the game to rally the
South to victory and

North's lead in the series to $28-20-4$.
The touchdown nullified The touchdown nullified a recor yard punt return for a touchdown
by the North's Johnny Hurndon of Daingerfierth' that ganny Hurndon Daingerfead with 1:52 to play in the
thirth hird quarter. Hurndon's return broke the
previous record return of previous record return of 68 yards by
Galena Park's Michael Frazier in 1971.
South defensive tackle Greg Oef-
inger of San Antonio Churchill won inger of San Antonio Churchill won
defensive player defensive player of the game honors.
Oefinger was credited with six Oefinger was credited with six
tackles and three assists and stopped tackles and three assists and stopped
Greenville's Jay Mapps to stop a Greenvilie's Jay Mapps to
Shane Smith of Gregory-Portland
kicked a 28 -yard kicked a 28 -yard fiegd goal on the
South's second drive of the game and Hempstead's Harvey Williams leaped two yards in the second quarter to lead the Rebels to a $10-6$ halftime lead. and scored 70 touchdowns in his career at Hempstead, scored one play after Pavias hit Waddle wind
quarter on rollied in the second Dallas Whate's touchdown run by ${ }_{23}$-yose 7 -yard score followed

## Hereford All-Stars take on Fort Smith

## The Hereford Kids Inc. 14 and Sante Fe, N.M.; Las Cruces, N.M.

 15-year-old Babe Ruth League travels to Sante Fe , N.M., today totake on a team from Fort Smith, Ark., in the first round of the Southwest Regional Tournament
which begins The Hert
The Hereford-Fort Smith clash will begin at 4 p.m. at Fort Marcy Park in
Sante Fe . The cont at 6 p.m. Sunday, and the loser will play at 2 p.m. Sunday. Hereford will be representing West Texas in the tournament. Other teams in the
tournament are Fort Smith; Kennedy, Texas; Brazoswood, Texa

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and Durant, Okla. Hereford earned the right to play in the tournament by defeating Angame of the West Te is the final The Sante Fe Tournament will last through Thursday, with the par ticipants staying in foster homes. The winner of the southwest region
will travel to Newark, Ohio, for the will travel to Newark, Ohio
National Babe Ruth Finals. Noaches for the Hereford taem are Jimmy Collier, Rick McCracken
and Bert Parker. and Bert Parker.


Hereford Cablevision 126 E.3 3 d $\begin{array}{r}364-3912 \\ \hline\end{array}$


## Indian rookie holds on to beat Detroit

CLEVELAND (AP) - Ulicers may be tough on the stomach, but they can work wonders for your pitching
arm, says Cleveland Indians relief pitcher Scott Bailes.
The 2 -year-old rookie, who spent three days recuperating from two
ulcers, returned to action Thursday ulcers, returned to action Thursday
night and shut out the Detroit Tigers on two hits for four innings as the Indians recovered from a six-run deficit to win 8-7.
"The only real effect of the ulcers is, in had three or four days rest.
When your arm's rested, you get a
sharper breaking ball," the lefthander said. In the only other American League
game Thursday game Thursday, California beat
Oakland $\ell-5$ Bailes, who is tied for the AL lead in appearances with 47, entered the game in the sixth inning after star-
ting pitcher Rich Yett had allowed ting pitcher Rich Yett had allowed
consecutive homers in the fifth by Alan Trammell, Kirk Gibson and John Grubb to fall behind 7-1. The Indians scored three runs in
the bottom of the fifth and four in the
eighth while Bailes limited the Tigers to a pair of singles. Carmen dians' eighth-inning capped the inThe loss was only the fourth in The loss was only the fourth in 15
games since the All-Star break for games since the All-Star break for
the Tigers. Cleveland ended its three-game losing streak, putting both teams six games behind firstplace Boston in the tight AL East
race. The New York Yankees are in second place, four games behind the Red Sox. Baltimore is $4^{1 / 2}$ out and

## ! <br> Major league standings

Pat Tabler singled in one run and over the fence in left center, his Julio Franco singled in two more for eighth homer, for a $7-1$ Detroit lead. Cleveland to tie the game 7-7 in the Grubb has hit six home runs in his eighth against Bill Campbell, 23 . last 15 games.
Franco took second on the throw
The Tigers also collected three Franco took second on the throw The Tigers also collected three
from the outfield, moved to third on a
wild pitch and scored the winning
Minnesota. wild pitch and scored the winning wid pitch and scored the winning
run when Castillo greeted Jim Slaton with a double off the fence in left. Trammell had lined a two-run
homer to left to start the Tigers' homer to left to start the Tigers'
fifth-inning outburst. Two pitches later, Gibson drove his 17 th home run into the upper deck in right, and
Grubb followed by lining a $1-2$ pitch Minnesola.
Angels $8, A$ 's 5
Brian Brian Downing and Bob Boone nia over hand slams that led CaliforDowning connected in the third in-
Dover host Oakland. ning for the Angels' first hit of the game off Eric Plunk, 3 -7. Plunk had
loaded the bases with three walks Scramble begins Saturday

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ALLEY OOP by Dave Graue


## DR. COTT

Migraines are still mysterious

By Peter H. Gott, M.D Headache is one of the commonest
symptoms that prompt patients to symptoms that prompt patients to
seek medical attention. It has many causes, including brain tumors and in-
fection (rare), muscle tension/co traction (rrequent), and vascular fac
tors (such as migrain) The precise cause of migraines re-
mains unclear, but these headaches mains unclear, but these headaches
are often incapacitating and are are often incapacitating and are now
thought to be due to abnormal electrithought to ime tee to involve the brain's
cal impulses that and and cerebral cortex.
hypothe hypounalamus and cererie cortex.
About 20 percent of people with mi-
graine attacks appear to suffer from greactions to certain foods, because of
rallergies or the foods' chemial allergies or the foods' chemical com-
ponents. Neurologists have identified ponens.
at least three types of food-induced
mirgait migraine:
(1) "Ice-c
bly due to the the coldneass of the product
as it enters the palate. as it enters the palate. Ice cream has
been reported to trigger migraine in been reported to trigger migraine in
up to 90 percent of susceptible people, as opposed to
graine groups. . percent of non-migraine . groups.
(2) ${ }^{(2)}$.Chinese restaurant syndrome""
is characterized by intense is characterized by intense throbbing
headache burning sensations headache, burning sensations of the
upper body and pressure on the chest upper body and pressure on the chest
that occur about 20 minutes after eating meals prepared with soy suace.
The mechanism is poorly understood The mechanism is poorly understood,
but seems to be the result of monosodium glutamate (MSG), a flavor en-
hancer to which hancer
can be extremely sensitive. can be extremely sensitive.
(3) "Hot-dog headahe". con follow
ingestion of cured meat. It, too, is seingestion of cured meat. It, too, is se-
vere and pounding. It is believed to be casused by sodium nitrite, a chemical
additive (approved by the U.S. Food additive (approved by the U.S. Food
and Drug Administration) that im-
parts a uniformly red appearance to parts a aut.
the meat
"Vitamin A headache" is non-migrainous, but violent. It is seen in pa-
tients who take too much of the substance as part of megavitamin
therapy. Excess vitamin A can cause therapy. Excess vitamin A can cause
many toxic effects - including hy-
pertent pertension, retarded growth in chil-
dren, anemia, nausea, dizziness, visu-
al difiem al difficulties, rash, hair loss and liver
failure. Too much vitamin A also can raise the pressure in the fluid that
bathes the brain causing severe headache as a complication.
Many patients believe that other
foods, such as cheese, citrus and chocfoods, such as cheese, citrus and choc
olate can trigger migraine. Some
people with migraine have observed phat omission of certain foods will in
cred crease their attacks of headache.
In controlled studies, relatively few patients were found to react to to tra-
mine or phenvlethylamine. two commine or phenvlethylamine two com-
mon constituents of migraine-trigermon constituents or migraine-trigger
ing foodstufs. .Nevertheless, children
with migraine have been with migraine have been proven to be
sensitive to different types of food, sensitive to different types of food,
usually when they are eaten simulta-
neously. These include cow's neously. These include cow's milk,
eggs, chocolate, oranges and wheat eggs, chocolate, oranges and wheat
products. Such children tend to show
positive reactions both to positive reactions both to skin tests
and to the radioallergosorbent test
(RAST) for these foods. (RAST) for these foods.
A majority of migraine patients are
not sessitive to foods; their headaches
occur occur without much warning and bear
no relation to what they eat. Howev no relation to what they eat. Howev
er, for some patients, exposure to cer-
tain er, ior some patients, exposure to cer-
tain edible substances and chemical
addititives can provoke excruciating additives can provoke excruciating
pain. Although an allergic cause for pain. Although an atergic cause
all migraine has not been conirmed,
doctors are awaiting conclusive biodoctors are awaiting conclusive
chemical evidence that could link
troublesome ailment to diet. chemical evidence that could.
troublesome ailment to diet. Until this link is established, mi-
graine sufferers might wisely choose
to experiment to experiment on their own by onit
ting certain foods from their diets for
 this, each individual might be able to
take an active role in preventing
sym symptoms and reducing the severity
of an incompletely understood, often
disabling disabling condition.
DEAR DR. GOTT - Once my blood
pressure returns with medication to pressure returns with medication to
normal, would it be safe to stop taking
blood-pressure pills? blood-pressure pills?
DEAR READER
DEAR READER - As a general
rule, no. It is because of the medicine rule, no. It is because of the medicine
that the blood pressure becomes nor-
mal. Therefore stopping the pills mal. Therefore, stopping the pills
would permit the blood pressure to would permit the biod press
rise to pre-treatment levels.
'Nevertheless, some cases of hyper Nevertheless, some cases of hyper-
tension seem to be only temporary.
For example, obese patients might tension seem to be only temporary
For example, obese patients might
have a form of hypertension that will have a form of hypertension that will
fall to normal when they lose weight. fall to normal when they lose weight.
Phatients on anti-hypertensive drugs
should have their blood pressures Patients on anti-hypertensive presures
should have their blood press
checked regulariy. If the pressure falls, the physician often might be in-
clined to make a reduction in medicine. Occasionally, under medical su-
pervis pine. Occasionaly, under medical su-
ptrision, patients might be able to treatment altogether. However
sta stop treatment altogether. However,
this is a decision best made by the
doctor during a close medical followup.
DEAR DR. GOTT - My 5 -year-old
daughter has had repeated colds since daughter has had repeated colds since
birth. Her height and weight are below normal, but progressing. Her pe-
diatrician just keepg diatrician just keeps pumping her full
of medicine, the latest being Dime
ot tapp. Should she see a specialist
Could allergies be causing this?

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DEAR READER - - Indeed, they
could. Food allergies, in particular, could. Food allergies, in particular,
can cause repeated symptoms resemcal cause repeated symptoms resem-
bing colds. Ask your pediatrician to bling colds. Ask your pediatrician to
consider referring your daughter to
an allergist an allergist, preferably one who is fa-
miliar with fod sensitivities.
DEAR DR DEAR DR GOTT - I live alone
and love orange juice. Each day I and love orange juice. Each day I
sooop out a tablespoon of frozen con-
centrate to mix scoop out a tablespoon of frozen con-
centrate to mix up, then I replace the
top of the container. My sister says top of the container. My sister says
this is dangerous and could lead to
contamination Am I contamination. Am I doing the wrong
thing?
DE DEAR READER - As long as the
concentrate is frozen when you scoop it ount, and when you replace the coop-
tainer in the freezer tainer in the freezer, I do not believe
there is any harm in what you're
doing. there is any harm in what you re
doing.
DEAR DR. GOTT - I eat hot, chewy peppers, tatasaco or grated red
peppers with most of my meals. I am of Italian descent, and this is a tradi-
tion. Now I've heard that these food tion. Now Ive heard that these foods
can cause stomach problems and cancan cause stomach problems and can-
cer. My grandfather died at 89 and
never had any problem. What's the story? DEAR READER - Highly spiced food certainly can cause stomach up-
set in the form of indigestion and heartburn. You apparently are im-
mune to these symptoms. I am not mune to these symptons. I am not
aware that stomach cancer is a conse-
quence of quence of the products you eat, pro-
viding your diet is balanced. DEAR DR. GOTT-My doctor
says the Prednisone I take is the cause says the Predin abdomen. Once I stop
of my swolle
the drug, will my abdomen return the drug, will my abdomen return tc
normal size? DEAR READER - That would depend on the reason you are taking
Prednisone, a form of cortisone Prednisone, is known to ocause filuid ree
tention in patients who take it. How. tention in patients who take it. How
ever, I doubt that the drug is the sole
cause of your abdominal cause of your abdominal swelling.
DEAR DR. GOTT - Is adrenaline DEAR DR GOTT - Is adrenaline
(which rumner's high'
addictive? addictive?
"DEAR' READER - The so-called
"runner's high" is runner's high" is not caused by
adrenaline. It is the result of natura painkillers, called endorphins, that
are secreted by the brain in response are secreted by the brain in response
to stress. Because the endorphins re-
semble narcotics, they can be -addicsemble narcotics. they can be "addic
tive" in the sense that serious runners tive" in the sense that serious runners
can become "hooked" on running in
order to achieve the can become "hooked" on running in
order to achieve the high. For some
runners, the activity can become runners, the activity can become a
compulsion that adversely affects
their everyday compusion that adversely affects
their veryday lives. Nonetheless, en.
dorphins are natural substances and dorphins are natural substances, and
as ordinary components of our bodies as ordinary components of our bodies
are not - by themselves - consid
ered to be addictive are not - by themselves - consid
ered to be addictive.
DEAR DR COTT DEAR DR. GOTT - If I became
senile, would I know what was hapsenile, would I know what was hap-
pening? I wouldn't want to be a bur-
den to my family den to my family.
DEAR READER - If you were DEAR READER - If you were to
become senile, you would not be able
to judge the impact of your bee to judge the impact of your behavior
on those around you. In most cases
senility is on those around you In most cases,
senility is a progressive condition, not
one that occurs senilty is a progressive condition, not
one that ocurs overnight. However.
since you are concerned about this, it since you are concerned about this, it
is appropriate for you to to are ar-
rangements, such as a Living Will, is appropriate for you to make ar
rankements, such as a Living Will,
while you are alert and while you are alert and mentally com-
petent. If and when you become petent. If and when you become a bur-
den, your ability to make these deci-
sions will be impaired. The sions will be impaired. The
organization Concern for Dying (250
West 57 St., New York, NY 10107) can West 57 St, New York, NY 10107) can
give you information on preparing a
Living Will Living Will.
DEAR DR. GOTT - When I was 17 DEAR DR GOTT - When I was 17 ,
the measles settled in my left ear. It
hasn't bothered hasn't bothered me until low (ITm 8)
I get scaly, flaky, itching spells, and I get scaly, flaky, itching spells, and
some of the hearing is gone. What do you suggest?
DEAR READER - While it's true that measles can affect heering, your
deafness probably is not due to the deafness probably is not due to the
childhood disease you had 70 years
ago Hearing trouble ago. Hearing troubie usually appears
at or near the time of the infection. In at or near the time of the infection. In
addition, Idoubt that your flaking and
itching skin come from the measles itching, skin come from the measles.
Such a condition is more likely the reSuch a condition is more likely the re
sult of skin changes that appear with
aging or from low-grade aging or from low-grade skin inflam mation, such as psoriasis or yeast
infections. I suggest that you make an appointI suggest that you make an appoint
ment with an otolaryngologist (ear
nose and throat nose and throat doctor). This special
ist will be the ist will be able to diagnose both the
skin problem and your loss of hearing. More coal is shipped from Virginia'
Hampton Roads port, where the Hampton Roads port, where th
Elizabeth and the James rivers mee Eizabeth and the James rivers meet
thay from any other port in the nation,
says National Geographic. says National Geographic.
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|  |  | 2812 sq . ft. Priced for quick sale. John Bingham Land Company, Friona, Call 247-3909. |
|  |  | YOU WON'T BELIEVE the beauty of this completely remodeled 4 bedroom, 2 bath, 2 story home. Extra nice landscaping, fruit and shade trees in private backyard.Owner will keep his hammock. Call Realtor, 364-4670. |
| '76 Plymouth Fury. 318 Engine. Good condition, good gas mileage. '69 Chev. Pickup. 511 Avenue $F$. | HONDA Aero Motor Scooter 125. 860 miles. Asking price $\$ 800$. 364-5040. 828 West Park. 3A-17-5p |  |
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| Stevens Chevy-Olds Hereford, Tx. 364-2160 |  |  |

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