

## By rules committee

# Combest's nuke defunding attempt fails

A House measure by two Panhandle congressmen that would have effectively stopped the Department of Energy's effort to build a nuclear waste repository was voted down Wednesday by a U.S. House rules committee.

Republicans Larry Combest and Beau Boulter offered an amendment to an energy and water appropriations bill that would have pulled all funding away from the energy department's nuclear waste repository program. But the House committee did not accept the amendment, Rep. Combest reported.

Combest, Lubbock congressman from the 19th District, and Boulter, Amarillo, have both expressed a lack of confidence in the DOE's site selection process.

Both have also questioned DOE's surprising move which stated that a second site won't be needed as soon as once thought.

Ben Rusche, head of the DOE's civilian waste office, told the Nuclear Regulatory Commission on

Tuesday the DOE wants to proceed with a technological development program for a second waste repository, but that it will not go ahead with the selection process for other sites.

Rusche said Tuesday that Congress would have to decide in the 1990s whether a second site will be built. But Boulter, in a statement to the Amarillo Globe-News, reiterated his position Wednesday that DOE should go back to square one in locating a national repository.

"This whole selection process is tainted and flawed," the Amarillo congressman said. "They need to start all over. This thing has blown up in their face. Everybody who has been close to it knew that sooner or later it would."

The House Appropriations Committee has approved \$541.8 million for DOE's request on first-round sites and approved \$45.7 million that would go toward second-site work. The department's budget is expected to be considered by the full House early next week.

Thursday **The**  
July 17, 1986

★ Hustlin' Hereford,  
home of Pat Smith

86th Year, No. 10, Deaf Smith County, Hereford, Tx.

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## National beet group hopes to bolster opinion of sugar

After a Wednesday board meeting in Amarillo to discuss sugar industry problems, innovations and marketing strategy, members of the American Sugar Beet Growers Association were to be in Hereford today to tour beet farmland, visit Arrowhead Mills and have lunch at Hereford Country Club.

The group will also visit Bar G Feedyard, view an antique car collection at the Harland Frye home and attend an afternoon reception at the James Witherspoon home.

Bill Cleavinger, Wildorado, president of the Texas Sugar Beet Growers Association, said the national group hopes to bolster consumer opinion of sugar. "There has been a lot of writing about the health hazards of sugar that are erroneous," he said. "The industry is spending about \$4 million his year to counteract that bad publicity."

More than 140 farmers from 12 sugar-producing states are visiting Amarillo and Hereford during the 3-day summer conference. Heading up the group are Larry McNamara of Bird Island, Minn., president of ASGA, and Luther Markwart of Washington, executive vice president of the association.

With the advent of consumer advocates and the competition of artificial sweeteners, Markwart said the focus of concern within the ASGA has been the public opinion of sugar. The summer meeting also includes discussions of different methods of raising, harvesting and refining sugar.

"You've got 13,000 growers in 12 different states that raise sugarbeets," pointing out Markwart. "I don't think they grow them in the same way in any two states. There are things unique to the Texas area that are different than any other area."

Markwart said he was familiar with the proposed nuclear waste repository issue hovering over Deaf Smith County farmers. "It is a regional issue and from an agricultural standpoint, the biggest factor is the concern over the aquifer."

The group held a board meeting Wednesday and wives were treated to a style show in Amarillo. The group attended TEXAS in Palo Duro

Park last night. There was also a tour of Panhandle-Plains Historical Museum in Canyon yesterday.

The Hereford visit started at 9:30 a.m. today with a stop at the Cleavinger home, and then a visit at Arrowhead Mills in Hereford. After lunch a Hereford Country Club, the group was to visit Bar G Feedyard and the Frye home. A reception at the Witherspoon home was set for 4:30 p.m.

Hosting the reception will be James and Elizabeth Witherspoon and a house party composed of Mary Fraser, Helen Langley, Nancy Josseland and Meredith Wilcox. Witherspoon is the longtime secretary of the Texas Sugar Beet Growers and helped found the association.

## Jury gives Cantu 30 years for heroin conviction

Eddie "Wallo" Cantu, 30, was found guilty of delivery of heroin Wednesday and received a 30-year sentence for the sale of .02 grams of the narcotic. The judgement was handed Wednesday in 222nd District Court in Hereford.

Cantu was arrested on Jan. 22 as part of a county-wide narcotics raid for allegedly selling heroin to undercover agent Raul Sanchez on Aug. 19, 1985.

District Attorney Roland Saul said this sentence indicates what the people of Deaf Smith County think of drug dealers.

This is Cantu's second conviction for selling drugs. In 1976, Cantu was convicted of selling marijuana to undercover officers. A Deaf Smith County jury sentenced him to a five-year term in the state prison.

Saul said that Cantu will be eligible

for parole in five years. "It's unfortunate that the prisons in this state are so overcrowded, but I guess that is something we'll just have to live with," said Saul.

Cantu's arrest came after an 11-month investigation by Sanchez. Of the nearly 80 persons arrested in the raid, almost 60 of them have either pleaded or have been found guilty by jury trial. Twenty-five suspects are awaiting trial on similar drug charges.

Saul said he hoped Wednesday's stiff sentence will encourage some of the suspects to accept a plea bargain agreement.

Cantu's attorney, John Lesly, said there were no immediate plans for an appeal. "I am going to have to speak with my client and find out what he wants to do," said Lesly.

## Plot beautification discussed at meeting

Plans to beautify and complete a memorial plot on the courthouse square were discussed when directors of the Deaf Smith County Sesquicentennial Committee met Wednesday at 4 p.m. in the chamber of commerce office.

A concrete form in the shape of Texas has been installed on the west

side of the courthouse square. The committee plans to put in fescue grass around the area and plant a variety of red, white and blue flowers. Ruth Knox and Addie Cunningham are co-chairmen of the project.

The plot also displays a black iron sign which was made and donated by Don Nall. The board authorized McLain Garden Center to put in the new grass. Ken McLain is selling the grass at wholesale and is providing a man and supervision of rolling in the grass at no cost.

Garth Thomas and Argen Draper, Sesquicentennial co-chairmen, presided at the meeting and Thomas presented a financial report. Mrs. Draper reported the committee is now making plans to have a float and a booth for the Town & Country Jubilee in August. The committee is also planning a special event in the fall.

Thomas reminded that beautiful 3 by 5 flags are on sale at the chamber office, along with Sesquicentennial flags, caps, tee shirts, pins and other momentos. The items will be available at the Town & Country Jubilee.

The board will meet again at 4 p.m. on July 30 in the C of C board room. Any interested citizens are welcome to attend the meeting. About 10 directors were present for the Wednesday session.



## Christmas in July

Showing her 4-year-old granddaughter Amber what Grandma has been working on, Sidney Kerr holds a reindeer that she and her husband are creating. The Kerrs

are making wood items for the Christmas season to sell at craft shows when traveling this year.

## It's Christmas in July at Kerr home

By CINDY SMITH  
Staff Writer

It's Christmas in July for Sidney and Cliff Kerr.

"I call it a business and Cliff calls it a hobby," Sidney laughed. She and her husband are working on wooden Christmas items this summer to be sold at the big craft shows they will attend this fall, but it's an odd sight for visitors unaccustomed to seeing reindeer in hot weather.

The Kerrs are working very hard to meet the Christmas season on time. How did the husband-wife team get started in such a hobby?

Sidney smiled as she said that a former wood-working teacher at Stanton Junior High, Leigh Carter, was always telling her a shopsmith saw was just what Cliff needed.

"So I convinced Cliff to get this giant saw and we started making lit-

tle wooden things with it," she said. "My daughter-in-law Kathy asked us to make her some miniature wooden ducks for her hostess gifts at her wedding and that's how we got started."

Sidney said they gradually worked up to making the larger items and now they have a full-time project on their hands.

"Last year we got started too late and were only able to make one craft show. So, this year we're starting Christmas stuff in July. I want to get it all done before school starts is why we're starting so early," she explained.

"We decided that this summer we were going to craft shows and spend all summer traveling around," she grinned. They both love to travel.

She recalled a trip to Branson, Mo., to a craft show in the Ozarks at

Silver Dollar City, a theme park which emphasizes homemade and craft items instead of wild rides.

Sidney was very impressed with the candle-making, basket weaving, wood working and carving, glass blowing, and all kinds of old folk art.

"They even played old folk music with stages set up and families performing to the folk-hilly-billy music," she said.

Spending hot summer days working on patterns, Sidney added "We are better consumers than we are makers," and laughed.

In the workshop out back of their house, Sidney said the saw was the main tool "because it can do nearly anything."

"After Cliff gets the machine set up and ready to go, I can saw with it, but Cliff and my son Bryan are the one who get it started for me," explained Sidney.

Basic wood-working tools for the couple include sanders, drills, smaller saws, and a drum sander. "We use hot glue, (a little plug-in base that heats up the glue) and you just use the candlestick of glue and apply it at the end," she explained.

The Kerrs have been to shows in Albuquerque, Sante Fe, and the one at Branson. They are hoping to attend a lot more next summer. Next month they will be hitting the west coast and will be taking the reindeer.

"We plan to go to Los Angeles, San Francisco, and Reno to check out those shows," she said. "What we like to do is go to craft shows and get ideas. We get patterns that way and I also design some myself."

Sidney has a sister also has a sister on the West Coast who works for a major corporation who will be distributing the pieces to different clientele.

Kathy, her daughter-in-law, also does folk art painting and stenciling with acrylics, so she is charge of some of the painting.

The Kerrs also enjoy flea-

## Local stock trailer theft instrumental in finding fugitive

The February theft of a stock trailer from Northwest Grain 15 miles north of Hereford became instrumental in the arrest of one of Texas' most wanted fugitives this week.

Freddie Savage reported the theft of his stock trailer last Feb. "I never thought I'd see it again," Savage said. "But thanks to Kenneth Chambers, I got my trailer back yesterday."

Savage's trailer was allegedly stolen by Dale Ray Waller. Waller, who is also accused of forging checks and stealing stock trailers and recreational vehicles from 23 Texas counties, allegedly took the trailer from the grounds of Northwest Grain

in the middle of the night. He then sold the trailer to a man in Amarillo.

Chambers, an investigator for the Texas Cattle Feeders Association, tracked down the trailer for Savage and assisted in Waller's arrest in Memphis, Texas.

Savage said that now he will probably put his trailer in the barn or lock it with a chain.

"Chambers is just interested in the well-being of the association's members," Savage said. "The man was really doing his job."

Savage said that Chambers is paid to investigate crimes that happen to association members, and is paid by the association. Members pay due to the association for the service.

## Local Roundup

### Juvenile arrested by city police

City police arrested a juvenile Wednesday for shoplifting from a local convenience store.

Officers also heard reports of a loud party in the 800 block of Union, harassment, attempted theft from a vehicle, criminal mischief, criminal trespassing, and a family disturbance.

### Mobile home fire doused

A mobile home at Summerfield received damage to its bathroom and an outer wall from a blaze firemen believe was started from electrical causes early Thursday. The trailer, owned by Vernon Gallagher, received approximately \$1,000 worth of damage.

### Weather

WEDNESDAY'S HIGH: 86 LOW: 68

ON TUESDAY: Tonight will be fair with a low in the middle 50s.

WEDNESDAY: A hot day with a high in the middle 90s.

THURSDAY: A hot day with a high in the middle 90s.



# Lifestyles



## Lookin' Good

George Warner Seed Co. recently donated a basketball goal to the Ruth Warner Memorial Day Care Center. To express their appreciation, the children at the

center wrote a letter to George Warner inviting him to come and "shoot a few baskets."

## Ann Landers

### New fashions

**DEAR ANN LANDERS:** What is the fashion industry doing to us women? Why do we stand for it? Who designs these ugly, freakish suits and dresses with shoulder pads that belong on the football field? Tall women look like wrestlers, short women look goofy. Moreover, the shoulder pads are forever slipping and sliding. When they are out of place the woman looks deformed. The one-piece bathing suit slit from hip to armpit is obscene. I thought the bikini was shocking but what they are showing now is nothing short of indecent. In order to wear these vulgar shockers a woman must have a body wax (under heavy sedation) or take three hours to shave. The whole thing is disgusting and unnatural.

Add the punk haircut, the six-pound earrings and you have a woman who looks certifiable. If enough women simply refuse to go along with these kooky trends and keep on wearing our old clothes, the designers will have to quit trying to make us look like damned fools and charge outrageous prices for their monstrosities.

I want to look like a lady, not a streetwalker. So do millions of other women. What can we do about it?—**MANHATTAN MOLLY**

**DEAR MOLLY:** I agree that some of the new fashions are grotesque and ridiculous (also obscene), but there are still some beautiful, elegant, ladylike garments available.

As for the bathing suits—the next step is burlesque-type pasties and a fig-leaf. Glad I'm a non-swimmer and couldn't care less what they are showing.

**DEAR ANN LANDERS:** Although I have read your column faithfully since our newspaper began carrying it years ago, I never felt the need to write until I read the letter from the wife of an Alzheimer's patient. She learned of her husband's unfaithfulness when the doctor advised her to close his office. When she went through his desk drawers she found dozens of photos of him with other women.

Her sorrow touched a responsive chord in me although my situation is very different.

My mother-in-law never liked me. I have been happily married to her son for 37 years. I made excuses for her behavior, rationalizing that no matter who her son had married she would have found plenty to criticize. When my mother-in-law went into

a nursing home recently the task of cleaning her apartment fell to my husband and me. We found her album of our wedding pictures on the closet shelf. In every picture my face had been scratched out with a sharp instrument.

Now I regret all the things I did for her out of respect and I am heart-sick. How do I deal with my feelings of anger and resentment?—**MASSACHUSETTS**

**DEAR MASS:** Vow that you will not give your mother-in-law the power to make you bitter and miserable. She has done enough damage for too many years. If you can't win this victory over her mean spitefulness without professional help, I implore you to get it.

Discover how to be date bait without falling hook, line and sinker. Ann Landers' booklet, "Dating Do's and Don'ts," will help you be more poised and sure of yourself on dates. Send 50 cents along with a long, stamped, self-addressed envelope with your request to Ann Landers, P.O. Box 11995 Chicago, Illinois 60611.



801 N. Main 364-8461

## G.E.D. Testing

For adult residents of Texas, 17 years of age and up. Parent's permission for 17-year-olds required. I.D. required. Satisfactory scores qualify for Texas Education Agency Certificate of High School Equivalency. \$15.00 Fee. Next tests August 13 and 14, 1986 at 8:30, sharp, at School Administration Building.

Robert L. Thompson 364-0843

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## New members welcomed into Hereford Rebekah Lodge

Noble Grand Glessie Shelton presided as members of Hereford Rebekah Lodge No. 228 met Tuesday evening.

The Rebekah Degree was presented under the direction of team captain Ben Conklin to receive Maxine Rickman and Dora Lee Howell as new members of the lodge. Marzell Powell is a new member of Dimmitt Rebekah Lodge No. 54. Helen and Gene Bishop served as host couple at the fellowship hour.

Present were Ocie Bolton, Jeanie Bruton and Mary Lou Weatherford, all of Dimmitt.

Also, attending were Wallace Shelton, Anna Conklin, Susie Curtsinger, Ada Hollabaugh, Karrol Rettman, Leona Sowell, Sadie Shaw, Verma Sowell, Irene Merritt, Lydia Hospon, Kee Ruland, Edna Mathes, Thama Pearson, Dorothy Lundry, Fayne Brownlow and Ursalee Jacobsen.

## Families meet for reunion

The Curtsinger-Cocanougher families convened Sunday for their annual reunion which included a

covered dish luncheon.

Those present were R.O. Cocanougher, Cap and Lucy Faye Cocanougher, Lewis and Elizabeth Gore, Dub and Wilma Curtsinger, Buddy and Susie Curtsinger, Charlie and June Callaway, Joe and Leta Curtsinger, Virginia and Jim Curtsinger, Clarence and Robert Strange, Rosie Griffin, Rayburn and Vetha Strange, Lola Curtsinger, Lon and Louise Morton and Marie Cornelius.

## THE TENSION HEADACHE

**NEW YORK (AP)** — Tension headaches, the dull, non-throbbing kind of ache that is often described as a "tight" or "squeezing" sensation, can occur when the neck and scalp muscles have been unconsciously tightened and held taut.

The headache can be cured with aspirin, heat or stretching exercises, but the same symptoms can be caused by long periods of emotional stress and depression. This is a more serious condition and might require prescription drugs, psychotherapy or biofeedback, says Family Circle magazine.

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## Hospital Notes

### PATIENTS IN HOSPITAL

Denise Brinkman, Juana Carrizales, Boy Carrizales, Donald Dawes, Minerva Dowell, Maria Choate, Donnie Foerster, Agnes Fulk, Jean Haney, Ruben Hernandez.

Beatrice Lacombe, Loy Loafman, Fernando Lopez, Tanya Martin, Boy Martin, Ernestina Martinez, Mariana Martinez, Mark McCutch, Toby Torres.

The word "mach" is used to describe supersonic speed. It derives from Ernst Mach, a Czech-born German physicist who contributed to the study of sound.

## Ways with Wine



by David Hutchins

### THE SIGNIFICANCE OF VINTAGES

Even in the northern vineyards of France and Germany, vintage ratings are of less importance than they were a decade ago. Laboratories in every region check the maturing grapes and the developing vines to stop trouble before it begins. As the technology of grape growing and winemaking gets better, vintages have less significance. The year on a bottle helps us find the very best big vintages. The primary value of a vintage date, though, is to lead us to young wines. Today, however, an awareness of what goes on in the vat enables producers to offer good wine almost every other year.

Everyone at THE STORE loves to talk about wine so feel free to ask us any questions you may have. Keep in mind that every season of the year it's always nice to sit with family and friends and toast to good health or happy times. For quality and service that will please you we are here at 400 N. 25 Mile, 364-7802. Open: Mon. - Sat. 10-9, use our drive up door until midnight for beer and wine, on Sun. only beer and wine is available from 12-12. Within individual districts, vintages still make a difference.

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# Sports



### Waving The Runner Home

Lupe Ramirez, left, one of the coaches of the Hereford Kids Inc. girls' major league all-star team, waves Denise Carreon home during a game last weekend in Amarillo.

The game was played in a U.S.S.S.A. sponsored tournament held at the Martin Road Complex.

### Is there anxiety or disorder?

## Psychiatry of golf discussed

By JOHN BARBOUR  
AP Newsfeatures Writer

Modern psychiatry has not quite identified this common American syndrome. It was only in recent years that the American Psychiatric Association defined "anxiety" as a disease entity, so introspective psychiatrists can be forgiven for not having zeroed in on golf.

Besides, golf defies definition in the pattern of more common mental and emotional disorders. The patient afflicted with this disease entity is doubly stricken. He or she shows definite signs of deep-seated guilt and at times hyper-pleasure, and each of these states is further enhanced by increased dosages of golf.

Freud in his wisdom never attempted to treat anyone suffering from golf, probably because it occurred to him that golf spelled backward is flog, and any disease that turns to sadistic behavior so easily is best left alone. Sex is a much more simple an entity. Backward, it has no meaning.

Auld Scottish sorcerers and

### Fish quotes

### have surfaced

### through the years

By The Associated Press

Fishing is either a joy or a joke. Either way, it's been a favored lure for writers over the years. Here's a sample of the catch.

"I would rather fish than eat, particularly eat fish." — American author Corey Ford.

"There are more fish taken out of a stream than were ever in it." — American humorist Oliver Herford.

"A fishing rod is a stick with a hook at one end and a fool at the other." — Dr. Samuel Johnson.

"Fishing is a delusion entirely surrounded by liars in old clothes." — American journalist and humorist Don Marquis.

"There's no use in your walking five miles to fish when you can depend on being just as unsuccessful near home." — Mark Twain.

"I never lost a little fish — yes, I am free to say. It always was the biggest fish I caught that got away." — Eugene Field.

And from the most compleat angler, Izaak Walton:

"I have laid aside business, and gone a-fishing."

"Angling may be said to be so like the mathematics that it can never be fully learnt."

"As no man is born an artist, so no man is born an angler."

"Doubt not but angling will prove to be so pleasant that it will prove to be, like virtue, a reward to itself."

"We may say of angling as Dr. Boteler said of strawberries: 'Doubtless God could have made a better berry, but doubtless God never did; and so, if I might be judge, God never did make a more calm, quiet, innocent recreation than angling.'"

Two players were listed on every All-Star baseball ballot from 1970 through 1986. They were Pete Rose and Reggie Jackson.

alchemists recognized golf as both a hypnotic and a sedative. Golfers denied reinforcement of their addiction become remote and schizophrenic in behavior. Yet they seldom become violent. No one ever heard of a golfer burglarizing homes and apartments or beating up little old ladies to feed his addiction.

A golfer on the psychiatrist's couch invariably keeps looking at his watch. He knows he has a tee-off time, and is well aware that once this foolish \$100 an hour interview is over, he will get down to the nitty gritty at a great deal less expense. Therapy at such high priced courses as Pebble Beach only comes to \$25 an hour of steady play.

A golfer learns early in the course of his disease that he cannot blame his mother or father for his backswing, nor any sibling conflict for a slice or a hook. These are internalized forces, the failure of muscle memory, the product of uneven stance, the impatience of the club head to get to the ball, the lack of a clean follow-through.

One can never blame golf for inciting lascivious behavior. Golf can never be accused of being an aphrodisiac. It is, in fact, an antidote to untoward sexual drive. Give a golfer a three wood and he or she seeks another kind of rapture, that sight of the little globe rising with clean velocity toward the cloud-embellished sky, relieved temporarily.

### Back muscles exercise class planned at 'Y'

Fitness classes designed to strengthen back muscles and relieve stress will begin on July 22 at the Hereford and Vicinity YMCA.

Preregistration for the classes continues this week. The classes are scheduled from 8 p.m. to 9 p.m. on Tuesdays and Thursdays for six weeks.

Fees for the class are \$40 for YMCA members and \$50 for non-members of the YMCA. For more information on the classes, call Susan Marnell at the YMCA, 364-6990.

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## Greg Black Memorial 10-K, Two-Mile Fun Run scheduled

The Greg Black Memorial 10-Kilometer Run and Two-Mile Fun Run have been scheduled by the Hereford and Vicinity YMCA for Saturday, Aug. 9.

The runs will start at the Hereford and Vicinity YMCA on Fifteenth Street at 8 a.m. that day. Entry fees are \$8 per person when paid in advance, or \$10 when paid on the day of the race.

Late registration is scheduled between 7 a.m. and 7:45 a.m., before the races start.

Awards in the 10-kilometer run include wall plaques for the first place finishers, and medals for the second and third place finishers.

In the two-mile run, medals will be awarded to the first, second and third place finishers in each of the open divisions, and each participant will receive a T-shirt.

Divisions in the 10-kilometer run are men's 13 and under, men's 14 to 19, men's 20 to 29, men's 30 to 39, men's 40 to 49, men's 50 and over, women's 13 and under, women's 14 to 19, women's 20 to 29, women's 30 to 39, women's 40 to 49, and women's 50 and over. There will be an open men's division and an open women's division in the two-mile run.

Before 1985, the runs were known as the Town & Country Jubilee 10-Kilometer Run and Two-Mile Fun Run.

The record for men in the 10-kilometer is 33:02, set by Jesse Sturgeon of San Antonio in 1984. Sturgeon won last year's race in a time of 34:12.

Donnie Henderson of Hereford won the 1985 women's 10-kilometer run in a time of 51:02. The women's division record is 39:51, set by Beverly Watkins of Amarillo in 1982.

Last year's winners in the two-mile run were Allen Dudding of Hereford in the men's open division in 11:49, and Nena Veazey of Hereford in the women's open division in 14:19.

Records in the two-mile run are 10:15 in the men's division, set by Buddy Hutto of Levelland in 1983, and 12:48 in the women's division, set by Selma Moreno of Hereford in 1983.

Course for the 10-kilometer run is from the YMCA on Fifteenth Street

to Centre Street, then to Moreman Avenue, and then to Kingwood Street. After going several blocks on Kingwood Street, runners will turn around and take the same course back to the finish line by the YMCA building.

Those in the two-mile run will go on Fifteenth Street to Centre Street. Runners will not be on Centre Street

for long before turning around and heading back to the YMCA.

Registration forms are available at the YMCA. Entry fees, plus division being entered, should be sent to: Race Director, Hereford and Vicinity YMCA, 500 E. Fifteenth Street, Hereford, TX, 79045.

For more information on the races, contact the YMCA at 364-6990.

## 'Putt & Drive Night' is held by LGA

Winners in the Ladies Golf Association "Putt & Drive Night" on Tuesday were Mary Shelton, Pat Goforth, Cathy Bode, and Joyce Aycock.

The competition was held at Pitman Municipal Golf Course. Eighteen women competed in the event.

Mary Shelton was the winner in long putt on hole No. 3, Pat Goforth was the long drive competition on hole No. 5, Cathy Bode won the long drive contest on hole No. 7, and Joyce Aycock won the long putt competition on hole No. 9.

Pat Goforth, as previously reported in the Brand, made a hole-in-one on the 140-yard par three hole No. 3. She is the fourth woman to record a hole-in-one at Pitman Municipal Golf Course.

The others were: Idie Gearn, hole No. 3 in June 1974; Helen Ann McWhorter, hole No. 3 in July 1975; and Lillie Shipman, hole No. 3 in August 1980.

After Tuesday night's "Putt & Drive Night," the Ladies Golf Association held its monthly business meeting at Hereford Country Club.

The Couples Scramble, scheduled

for Sept. 13-14, was discussed and organized during the meeting. A vote was made to move the dinner, dance, lunch and presentations to Hereford Country Club.

The Ladies Golf Association's next "Play Day" competition will be "Poker Scramble Night" on Tuesday, July 22. Two-lady teams will compete in a nine-hole scramble.

Five cards will be drawn to determine the hole to be used for scoring after the last group has teed off. Any women, including those who are not members of the Ladies Golf Association, may sign up for the "Play Days" by calling the Pro Shop at 364-2782.

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## DR. GOTT Have physician check symptoms

By Peter H. Gott, M.D.

**DEAR DR. GOTT** — My present weight is 115 pounds and I am 5 feet 5. I would like to gain a few pounds, since I'm most comfortable at 125-128. I feel nauseated a lot, have no appetite and am exhausted all the time. Is there a medical reason for this (I am not anemic) or is it simply due to bad eating habits?

**DEAR READER** — Nausea, loss of appetite and exhaustion raise the possibility of a medical condition. Many different diseases can cause the symptoms you describe. Get checked by a doctor. Even if you simply have an eating problem, a physician may be able to straighten out the situation and help you feel better.

**DEAR DR. GOTT** — My daughter is only 7, but when she sweats she gets a terrible perspiration odor. I bathe her every night. Could the soap be causing this problem? What can I do for her?

**DEAR READER** — Body odor can be a difficult problem. Rather than switching soaps and experimenting on your own, take your daughter for an examination by a pediatrician. That way, you can get some expert professional advice.

**DEAR DR. GOTT** — I am menopausal and have systemic allergies, but am basically a pretty upbeat sort of person. The problem is that I get so

exhausted that I have to use a cane. Have you ever heard of someone reacting to the change of life this way? I take estrogen.

**DEAR READER** — Menopause can cause weakness and loss of energy in some women. These complaints aren't common, but they can occur. The estrogen you are taking should counteract the menopausal symptoms, so I think you need a thorough medical evaluation to make sure there isn't another cause for your problem. Thyroid deficiency, anemia and glandular imbalances can cause exhaustion, as can a host of medical ills. Ask your gynecologist to refer you to an internal-medicine diagnostician — and please let me know the outcome.

**DEAR DR. GOTT** — I am 18, 5 feet tall and weigh 90 pounds. I find that if I eat more than 1,100 calories a day, I gain weight. Do I have a thyroid problem?

**DEAR READER** — That is a good possibility. Your caloric requirement may simply be lower than normal or you may be burning up calories too slowly.

Ninety pounds seems a little on the light side to me. Would you feel more comfortable at 110? Perhaps your body is telling you to eat more, that you need more weight. I suggest that you check with a doctor who can not only evaluate your thyroid function but also your whole nutritional status.

## Research into POW camp continuing

PLAINVIEW (Special) — A history project about a World War II prisoner-of-war camp in West Texas has brought statewide attention to a Wayland Baptist University student.

Plainviewan Lucielle Henegar has captured the fancy of historians and the general public alike with her paper, "Beating Swords Into Plowshares: The Hereford Reservation and Reception Center."

Originally written for Dr. Estelle Owens' Texas History class last fall, the paper reviews the history of the Italian POW camp established at Hereford during the second world war. The effort was made at Dr. Owens' suggestion to fill a long-standing gap in area history.

For her work, Mrs. Henegar took

first place honors in the Sesquicentennial writing competition of the West Texas Historical Association. The award carries with it a \$250 check as well as publication of the paper by the association.

Earlier in the year, the paper earned second place honors in the statewide writing contest of the Walter Prescott Webb Historical Society. It will also be published in the Webb Society journal, "Touchstone."

The paper has also become a popular topic among area organizations seeking Mrs. Henegar as a speaker.

Mrs. Henegar's efforts were particularly timely, since physical evidence of the camp is rapidly

disappearing. Because the camp was located on what is now farm land, remnants of camp facilities are being removed at a regular rate.

About all that remains is the chapel built by the prisoners and the concrete water tower. Beyond the camp site itself are grain elevators in Hereford, Hart and Tulla, also built by POW's.

Some 7,000 Italians were held at the camp during the war, and such great numbers left behind plenty of memories and tales.

Mrs. Henegar's research included visits with farmers who used POW labor to produce wartime crops, and combing letters to area residents from former POW's who have corresponded and even returned to West Texas to visit.

"At first, there was resentment toward the camp because residents felt the presence of enemies," Mrs. Henegar said. "But the working relationships and other close associations quickly dispelled those feelings, and enemies soon became friends."

Despite the fact that the paper has long since been completed, Mrs. Henegar's research continues. She still receives calls from people remembering stories associated with the Hereford camp—stories that help bring World War II to West Texas.



LUCIELLE HENEGAR

## New Arrivals

Mr. and Mrs. Wesley Wilson of Odessa are the parents of a daughter, Lindy Ann, born July 11 at Woman's and Children's Hospital in Odessa. She weighed 6 lbs. 15 oz.

Grandparents are Mr. and Mrs. Vernon Wilson of Hereford and Mr. and Mrs. Bobby Hill of Odessa.

Great-grandparents are Mrs. Liz-

zie Wilson of Hereford, Mrs. Lila Roberts of Dimmitt, Mrs. Alma King of Brownwood and Alvis Hill of Portales, N.M.

Birds have no sweat glands. They cool their bodies by means of air sacs and by opening their beaks and vibrating the walls of their throats.

### HUMOR HELPS

ATLANTA (AP) — Arthritis is no laughing matter, but a sense of humor can help a person deal with the effects of arthritis more successfully.

The Arthritis Foundation says a positive attitude can help reduce the stress and pain of arthritis. Humor helps a person maintain an optimistic and cheerful outlook on the future. In addition to reducing stress, laughter can take a person's mind off the pain.

## POLLY'S POINTERS



Polly Fisher

Washing a kid's special teddy bear

**DEAR POLLY** — My three-year-old has a stuffed animal that he takes everywhere. Needless to say, it is filthy. It is made of all-new materials and cannot be machine-washed. The animal is an eyesore, but I cannot ask him to part with it. Do you have any idea how I can successfully surface-clean this very loved creature? — MARY

**DEAR MARY** — The safest and simplest method is to simply sponge the animal with a mild detergent and water solution, such as a mild hand-dishwashing liquid. You may have to scrub a bit. Then rinse with clear water and allow to dry.

If this is not successful, you might want to try machine-washing the animal, even though the label recommends against it. I have washed a variety of stuffed animals with generally good results. If the outer covering and stuffing are synthetic materials, it will probably wash fairly well. Putting the animal in a pillow case tied shut while washing can help to protect it during agitation and spinning. I can't guarantee the results, since the label apparently does not recommend machine-washing, but I can report that personally I've had good results with most stuffed animals that I've tried to wash. You may want to try it as a last resort. — POLLY

**DEAR POLLY** — When we moved into our new house a few months ago, I put a coat of soft paste wax on all of my new kitchen appliances. I used the same kind of wax that is recommended for fiberglass cars and bathtubs. The results are amazing! The appliances stay so nice and shiny and are so easy to keep clean. I even used the wax on my 20-year-old freezer and it looks like a new one now. The wax will help the looks of your range, refrigerator, dishwasher, clothes washer and dryer and anything else that has an enamel finish. Just apply a thin coat of wax with the applicator that comes with it, let it dry and wipe with a clean, dry cloth. It is just that easy! — MRS. R.A.

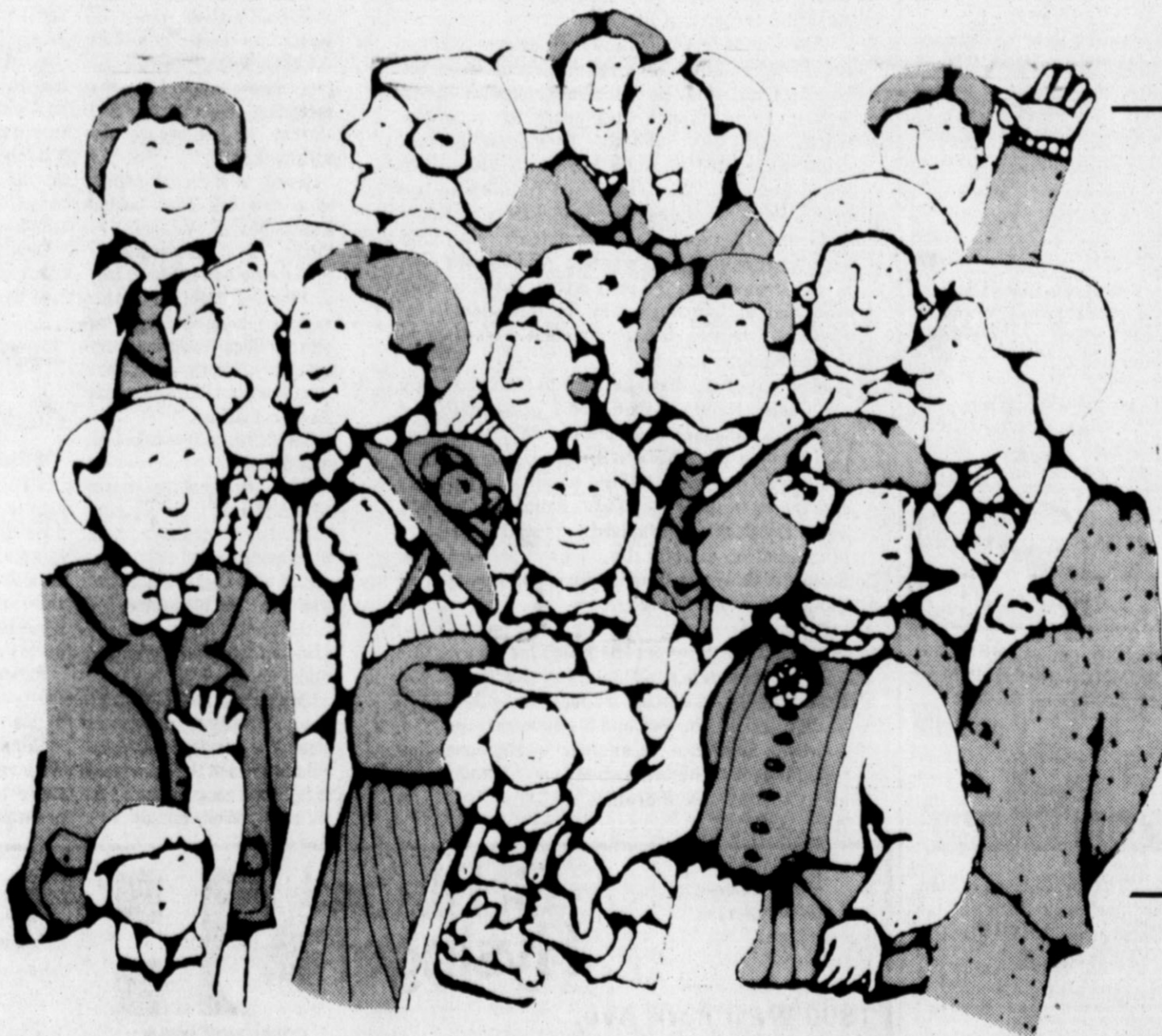
**DEAR POLLY** — Do you have a recipe for making a lower-calorie butter mixture? — BERNICE

**DEAR BERNICE** — I don't have a recipe for making a reduced-calorie butter blend, since any ingredients that can be added to butter at home without thinning it, such as oil or margarine, have essentially the same number of calories as butter. However, you can whip butter to reduce the calories. The increased volume of whipped butter will make the spread go further; you'll be adding fewer calories to each slice of bread so long as you use the same quantity by volume as you would of regular butter (teaspoon for teaspoon, for example). To whip butter, place a stick of soft butter in a medium bowl and beat with an electric mixer until the butter is light, fluffy and increased in volume. Store in a tightly covered container in the refrigerator.

Another way to cut calories is to spread a little sour cream instead of butter or mayonnaise on bread. Sour cream has only 30 calories per tablespoon as opposed to 100 calories per tablespoon of butter or mayonnaise. It has a rich flavor and a little goes a long way.

I'm sending you a copy of my newsletter, "Super Diet Tips," which offers additional ways to cut calories without depriving yourself of the foods you love. Others who would like a copy of this issue should send \$1.00 for each copy to POLLY'S POINTERS, in care of this newspaper, P.O. Box 1216, Cincinnati, OH 45201. Be sure to include the title. — POLLY

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