

Hospital election set Feb. 28

Bond approval will prevent tax hike

By SPEEDY NIEMAN
Editor-Publisher

Voters in Deaf Smith Hospital District will be asked to approve a \$1.5 million bond financing issue in a special election Feb. 28, but board members explained Tuesday night that the unique issue will prevent a tax increase rather than calling for one.

At a public meeting in the Hereford

State Bank meeting room Tuesday night, hospital board members and administrator Jim Bullard explained the advantage of the refinancing would be to convert short-term payments to long-term, thereby increasing the hospital's cash flow.

Due to investments in equipment and expanded hospital services, in addition to reduced Medicare payments, the hospital has reached a

point where the cash flow will not take care of operating costs.

"By increasing our cash flow, we would feel comfortable in sustaining our facility without a tax increase or significant increases in charges," Bullard said. He said the financing proposal is based on a 12-year period.

Bullard added that the board chose this action because a new type of

bond financing has been made available to the hospital. The funds come from a "pool fund" which health-care providers can use, and Deaf Smith Hospital District is the first district in the state to become eligible for this type of bond refinancing, said Bullard.

The hospital district has secured a letter of credit for the \$1.5 million from Texas Commerce Bank of

Amarillo, and it is contingent upon revenues being pledged from the hospital. The special election is necessary in order to legally pledge these revenues, the board explained.

Of the total \$1.5 million, a sum of \$1,029,665 is projected for refinancing note payments on capital improvements. The remaining \$470,400 would be set aside as reserves for investment in other equipment and repairs to the roof of the hospital facility. Some of the items include an automated chemical analyzer, a Coulter counter, colonoscope, bronchoscope, a new and updated computer system, advanced urological equipment, and a fetal heart monitor.

Some of the capital and structural investments which are proposed for refinancing include: complete renovation of existing patient rooms in part of the building, a complete new emergency room, a recovery

room and outpatient surgery facility, six recovery room beds, renovation of one section to accommodate a physician's office and home health services, x-ray equipment to replace a 1940-vintage x-ray room, orthopedic equipment to provide the practice of orthopedic surgery in the hospital, an ultrasound system necessary for obstetrics and other practices, and addition of a full-time pathology service.

About 36 persons attended the public meeting, designed to introduce the plan to community leaders. The board said a number of public meetings would be held and programs will be provided for civic clubs or other organizations to fully explain the bond issue.

Charles Threevit, hospital board chairman, presided at the meeting. Other board members present were Hap Cavness and Frank Zinser.

The HEREFORD BRAND

Wednesday ★ Hustlin' Hereford, home of Bera Boyd **February 4, 1986**

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Combest condemns Demos on raise vote

WASHINGTON, D.C. — Congressman Larry Combest (R-Texas) today blasted the House Democratic leadership for its failure to allow a straight up-or-down vote on a proposed congressional pay raise before the salary increase is to take effect. The proposed 16 percent pay hike for members of Congress automatically goes into effect at midnight February 3 since the House did not pass legislation disallowing the raise.

"Through parliamentary maneuvering and political finagling, the House Democratic leadership is attempting to fool the American people. A vote on the pay raise after it is in effect is basically worthless and will not halt the salary increases," said Congressman Combest.

The House Democratic leadership has scheduled a vote on the measure on Wednesday, February 4, one day following enactment of the pay increase, by tacking the non-binding resolution onto Aid to the Homeless legislation. "This is manipulation at its best," the Lubbock congressman said. "Members of Congress can now return to their districts with a fattened wallet claiming they opposed the pay raise and voted against it."

"The Democratic House leadership cannot hide behind smoke and mirrors. The American people, and the citizens of West Texas, will not be tricked by such cunning tactics and they deserve to know the truth," stated Combest.

"I am hopeful that those members of Congress who truly oppose this salary increase will join me in urging the House leadership to reconsider their actions and allow us a recorded vote on this issue," said Combest.



Constitution Display

The U.S. Constitution turns 200-years-old this year and Rebecca Walls of the Deaf Smith County Library created a display about the Constitution. DAR members are gearing up for remembrances honor-

ing the document which assures citizen freedoms and rights. In the Sunday Brand will be winning essays in a DAR sponsored contest for school children entitled "A Letter to the Editor, September 1787."

Gov. Clements proposes 'no growth' state budget

AUSTIN (AP) — Gov. Bill Clements, saying "the days of free spending are gone," today proposed what he called a no-growth state budget that would maintain total tax income at the current level.

Aides said that bottom-line total would include the \$2.9 billion that would be raised if sales and gasoline tax hikes scheduled to expire Aug. 31 were continued beyond the deadline.

"The time is past for business as usual, for the old politics of tax, tax, tax, spend, spend, spend," Clements said in his State of the State address.

"The simple fact is that this budget holds the line on government spending while we get our economy moving again," Clements told the joint House-Senate session.

Clements proposed that lawmakers keep state revenues at their present levels over the next two years.

He proposed widening the sales tax base to include services not now taxed and then actually lowering the rate from its current 5 1/4 percent level.

And he warned lawmakers he wouldn't approve any additional tax hikes.

"I will veto any plan that increases revenues above current levels," the governor said.

Clements also proposed several key changes in the public education system, including rolling back the no-pass, no-play extra-curricular activity suspension period from six weeks to three weeks.

The six-week suspension has proven to be a "disincentive" for student athletes, Clements said.

The Republican governor took office last month with Comptroller Bob Bullock predicting an estimated budget deficit of \$5.8 billion over the next 30 months.

But Clements, in his speech to a joint House-Senate session, said the deficit really only is the \$1 billion shortfall pending between now and the end of the fiscal year on Aug. 31.

The remaining \$4.8 billion in the deficit estimate includes a "wish list" of programs sought by state agencies, he said.

Clements proposed total spending for 1986-89 at \$36.87 billion, an increase of \$766 million.

To finance the plan, Clements suggested that lawmakers maintain the current revenue, settle several outstanding tax issues, and use \$276 million of the capital gains earnings from the Permanent School Fund and Permanent University Fund, an idea which many lawmakers sharply criticized when it was proposed last year.

House Appropriations Committee Chairman Jim Rudd said he isn't certain the House would approve Clements' proposals. He said the House might not even look at it until senators, who in the past favored tax hikes to service cuts, decide whether they like it.

(See BUDGET, Page 2)

65 mph may become bargaining chip in Senate

WASHINGTON (AP) — A leader of Senate efforts to pass a multibillion-dollar highway bill says he may be willing to give up the 65 mph speed limit passed by his chamber — for a price.

The Senate approved a measure Tuesday that would allow states to increase speed limits 10 miles above the current 55 mph on segments of interstate in sparsely populated areas.

That provision was an amendment to the \$52.4 billion highway bill, which the Senate was scheduled to continue debating today. The Senate also planned to discuss a bill that would authorize \$10.8 billion in new spending for mass transit systems nationwide, and attach that legislation to the highway measure.

The House last month approved a \$91 billion highway and mass transit aid package that would retain the 55 mph maximum. Thus, a showdown between the two chambers looms that must be settled before the

Local Roundup

Escape case may go to jury

District Attorney Roland Saul said today that charges of escape on a Deaf Smith County inmate probably will be taken to a grand jury.

John Bill Hampton, 33, escaped about 7 a.m. Monday after helping empty trash and was apprehended at 2:40 p.m. after deputies received a tip a man was hiding near the golf course.

Hampton has been in the county jail since Nov. 13 awaiting trial on charges of forgery and making a bomb threat.

David Castillo, jail administrator, said Hampton was a trusty and jailers had not had any problems with Hampton before.

Voter registration seminar set

Citizens interested in helping register voters are invited to a training session Saturday at the Hereford Community Center.

Pete Lafuente, a leader of the Concerned Citizens of Deaf Smith County which is sponsoring the session, said the training will be from noon until 5 or 6 p.m.

"We need as many volunteers as we can get," Lafuente told The Brand.

A regular meeting of the Concerned Citizens is set for Feb. 21 at 1:30 p.m. in the Hereford Community Center.

Valley View may start in March

Construction may begin in March on the Valley View Energy Plant if an emissions control permit is issued in time, according to Mike Carr, Deaf Smith County Chamber of Commerce executive.

Carr and County Judge Tom Simons met with Valley View and its partners Fluor Corp. and Southern Electric recently in Dallas.

Police report

Three persons were arrested Tuesday by Hereford police. A 23-year-old male was arrested at U.S. 385 and 13th on his 4th offense of lack of liability insurance. Two males, ages 30 and 27, were arrested at Park and Texas. One was charged with drunk in control of motor vehicle and no liability insurance and the other for public intoxication.

Two assaults were filed, one in the 200 block of Vera Cruz and the other in the 100 block of North Main.

Offenses filed were a purse theft, two criminal mischiefs, two bike thefts, juveniles throwing rocks, a family disturbance and a civil disturbance.

Police recovered a newspaper machine on West U.S. 60. Six citations were issued.

Sheriff's report

Deaf Smith County Sheriff's deputies filed reports of a forgery and criminal non-support on Tuesday.

Weather -- Colder

TUESDAY'S HIGH: 64 WEDNESDAY A.M. LOW: 36
MOISTURE: None reported at KPAN.

OUTLOOK: Cloudy tonight and colder with 20 percent chance of rain. Lows in low 30s. Wind northeast 10 to 15 mph. Thursday, cloudy and colder with highs near 40. A 20 percent chance of rain possibly mixed with snow. Wind northeast 10 to 15 mph.



By O.G. NIEMAN

That feller on Tierra Blanca Creek says the reason there is so much room at the top is because most folks are waiting for an elevator to take them up.

It's very hard for a car owner to accept the logic of jogging—that putting a lot more miles on your body is going to do it some good.—Robert Orben

The Deaf Smith Hospital District board held a public meeting last night to explain the need for a \$1.5 million bond issue. One board member explained that it is a unique bond issue because it won't raise taxes, rather it will prevent a raise in taxes.

One member of the audience compared the situation to a homeowner who adds a new room on his house and has to refinance his loan in order to handle the monthly payments.

While listing the many health-care capabilities which have been added to the local hospital, administrator Jim Bullard came up with a definition we hadn't heard. The hospital is equipped and staffed to take care of

everything but heads and hearts, said Bullard.

In an editorial in Sunday's Brand, we voiced concern over the Concerned Citizens of Deaf Smith County holding a voter registration drive based on racial discrimination. A member of the group called us Monday to dispel that attitude on the part of the committee.

"The quote you repeated was one person's opinion and should not reflect the feeling of the entire organization," the caller stated.

She added the committee was only interested in increasing voter interest and education. "We want to encourage people to register and vote and to get across the message that one vote does make a difference. We want to sign up voters of any race and get them involved in the political process," she told us.

She also said the majority of the committee was not seeking to have Hispanics in all offices. "The wrong office holder is just taking up space, regardless of race," she stated. "We want office holders to represent all the community, and we want citizens to know that their vote does make a difference."

Lifestyles

Ann Landers

Grief is natural

DEAR ANN LANDERS: I attended a workshop on grief recently and was dismayed by the number of women who had been given tranquilizers and anti-anxiety medications by their physicians.

Grief is a normal reaction to death. Doctors do no favors by numbing a person to grief. Sorrow unexpressed often surfaces later in the form of a physical problem. Pills can be a dangerous crutch. Say "NO" to them. - A Nonny

DEAR NON: Some people need temporary relief from grief or anxiety, but you are right. Caution should be exercised, lest they become hooked.

Too many physicians find it easier to tranquilize a patient than to listen to him. They keep renewing prescriptions for folks who would benefit far more from a compassionate ear or counseling.

Then, of course, there are those who would prefer to live in la-la land rather than to suffer the pain of grief, which comes to nearly everybody who lives long enough. They are the ones who are most vulnerable to tranquilization.

DEAR ANN LANDERS: This is in response to the man who thinks his wife stays fat because she doesn't want to have sex with him and she knows fat turns him off.

My husband has never hidden his negative feelings about fat. I knew when I married him 12 years ago that fat turned him off. I made myself a vow to maintain my wedding weight.

For several years I succeeded, then came three kids and 30 pounds I couldn't get rid of. I tried everything. My husband encouraged me. He was as kind and loving as ever, but in the

back of my mind I hated for him to touch me because I knew he could feel the rolls of fat. It sounds like I needed counseling, but what I really needed was a better self-image.

I finally found an exercise program that worked. After six months and a little dieting I have taken of 27 pounds. I feel like a new person. My husband is as proud of my discipline and my new slim body as I am. In fact, watching me stick to my exercise plan motivated him and he has lost 20 pounds!

If you think I've said anything of value, please feel free to print my letter. - Feeling Sexy Again in Louisiana.

DEAR SEXY: Success stories are always inspiring. Thanks for the upbeat letter. I'm sure you've helped many women today.

DEAR ANN LANDERS: I would like to share an experience with your readers that might prevent the loss of many lives. Here it is:

Last year I was driving and had to pull out fast onto a busy highway. Naturally, I pushed the gas pedal to the floor. I thought my brakes had failed because I couldn't slow down. The car kept going faster and faster. When I realized the gas pedal was stuck I nearly became hysterical. Luckily, my husband was with me and shouted, "Put the car in neutral and turn the key off!" I followed his instructions and the car slowed down and came to a complete stop. I'm sure my husband's quick thinking saved our lives.

My garage mechanic told me the next day that this could happen to any car at any time, and that the gas pedal has to be unstuck from under

the hood. Please print this, Ann. - Lucky Lady in Philadelphia

DEAR PHIL: Your husband gave you good advice. I appreciate your sharing it with my readers. I love each and every one of them and don't want to lose any.

Gem of the Day: If you keep your mouth shut you'll get credit for knowing what you don't say.

It's not always easy to recognize love, especially the first time around. Acquaint yourself with the guidelines. Read Ann Landers' booklet, "Love or Sex and How to Tell the Difference." For a copy, mail 50 cents and a long, self-addressed envelope with your request to Ann Landers, P.O. Box 11995, Chicago, Illinois 60611.



JANA MORGAN

Service academies

The U.S. Military Academy at West Point, N.Y., founded in 1808, awards B.S. degrees and Army commissions for a five-year service obligation. The U.S. Naval Academy at Annapolis, Md., founded in 1845, awards B.S. degrees and Navy or Marine Corp commissions for a five-year service obligation.

Jana Morgan to be named in '87 edition of Who's Who

The 1987 edition of Who's Who Among Students in American Universities and Colleges will include the names of 57 students from West Texas State University who have been selected as national outstanding leaders.

Among the honored students is Jana Morgan, daughter of Mr. and Mrs. Robert Morgan of Hereford. She is a senior marketing major and is active in the Recreation Club, was vice president in 1986 of the American Marketing Association, and served on the bookstore review committee, the christmas daze committee and the blood drive committee.

Campus nominating committees and editors of the annual directory have included the names of students based on their academic achievement, service to the community, leadership in extracurricular activities and potential for continued success.

They join an elite group of students selected from more than 1,400 in-

stitutions of higher learning in all 50 states, the District of Columbia and several foreign nations.

Outstanding students have been honored in the annual directory since it was first published in 1934.

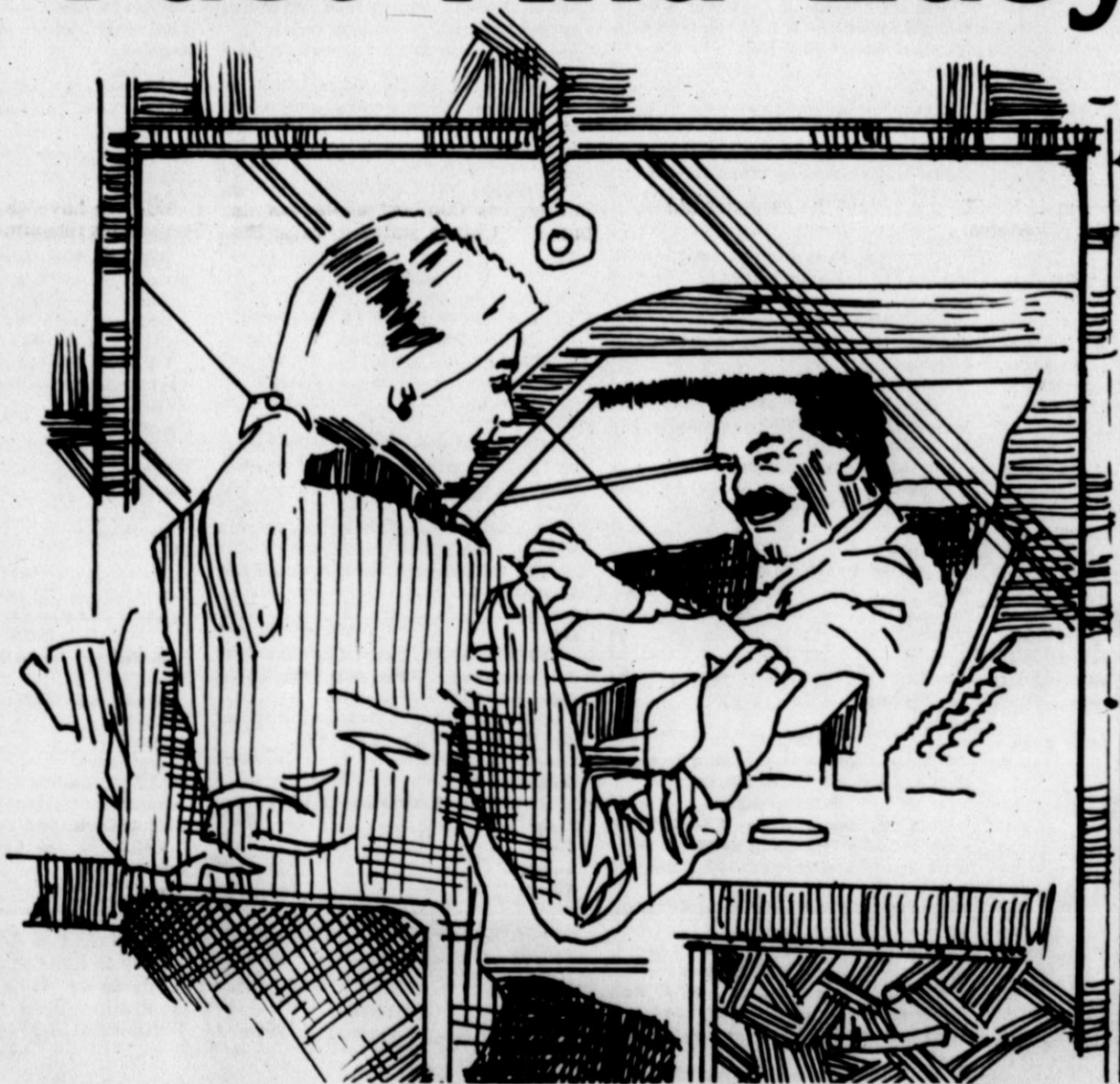
New Arrivals

Bill and Cindy Cole are the parents of a son, Nathan William, born Jan. 24 at Northwest Texas Hospital in Amarillo. He weighed 6 lbs. 4 oz.

Maternal grandparents are Mr. and Mrs. Witt Simpson of Floydada and Mrs. Floyd Cole of Hereford. Great-grandparents are Mr. and Mrs. Tom Hall of Hereford and Mrs. Gladys Mobley, also of Hereford.

Tennessee was known as the state of Franklin, or Frankland, from 1784 to 1788.

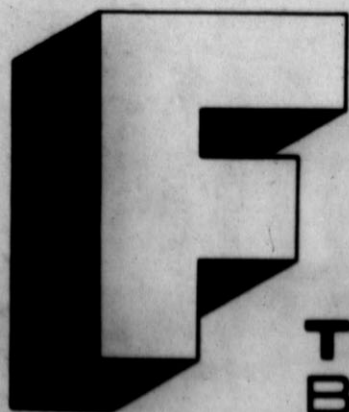
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Senior Citizens Opportunities

Activities scheduled this week (Feb. 5 through Feb. 11) at the Hereford Senior Citizens Center include the following:

THURSDAY - Oil painting class 9 a.m., advanced oil painting class 1 p.m., choir 1 p.m., NARFE 1 p.m.

FRIDAY - Board meeting 10 a.m., beginners line dance 10 a.m., advanced line dance 1 p.m.

MONDAY - Business meeting 10 a.m., beginners line dance 10 a.m., devotional 1 p.m., advanced line dance 1 p.m.

TUESDAY - Stretch and flexibility 10-10:45 a.m., blood pressure 1-3 p.m., Goebel hearing aid 1:30-3 p.m., nutrition and health education program, slides on osteoporosis for men and women.

WEDNESDAY - Ceramics 1:30

p.m. (Ruth Tubbs will give class on stenciling), Young at heart program at YMCA \$2 charge 9 a.m. - noon.

Lunch Menus

THURSDAY - Beef brisket, steamed cabbage, pinto beans, fresh vegetable plate with dressing, fruited cheese cake.

FRIDAY - Salmon loaf with celery sauce, scalloped potatoes, seasoned mixed greens, pineapple-upside-down cake, orange juice.

MONDAY - Chili with beans, creamy coleslaw, apricot cobbler.

TUESDAY - Roast beef with gravy, mashed potatoes, green peas, fruit salad, coconut meringue pie.

WEDNESDAY - Barbeque chicken, pinto beans, potato salad, cabbage-carrot-raisin salad, onion slices, dill pickles, Texas toast, fruit.

Gamez presents program on wedding cakes at meeting

Margaret Gamez presented a program on wedding cakes when members of Sweet 'n' Fancy Cake Decorating Club met recently at the Hereford Community Center.

President Karen Martin called the meeting to order by asking Carol Kelley to distribute cake pans to members who had purchased the utensils.

It was announced that February King's Manor cakes will be made by Alice Koenig and Betty Henson. It was decided that a special catered breakfast for the club's last meeting be held in the home of Mary Herring. The Feb. 12 program will be

presented by Alice Koenig on gum paste flowers. Koenig asked members to bring supplies to the meeting.

Members present included Elida Balderaz, Isabel Cervantez, Evelyn Crofford Fry, Gamez, Kelley, Koenig, Martin, Manuela Melendrez, Elizabeth Flores, Cecilia Cervantez and Rosa Rodriguez.

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Whiteface Junior Varsity Boys' Team

Members of the 1986-87 Hereford High School junior varsity boys' basketball team are, from left: Shaun Moore (34), Ross Torres (42), Bobby Backus (20), Trent Bowling (52), Chad Clements (54), Stuart Mitts (30), Clint Cotten (40), Brad Smith (44), Jerry McDonald (50), John Streun (22), Jason Bullard (24), Jay Beene (32), Pat Mercer (14), Raymond Romo (12), and Arturo Martinez (10). The HHS junior varsity basketball coach is Brent Royce.

Spurs score 111-103 win over Warriors

SAN ANTONIO, Texas (AP) — San Antonio Spurs Coach Bob Weiss says he'll take it one game at a time now that the Spurs have extended their winning streak to six.

The Spurs, 17-29, beat the Golden State Warriors 111-103 Tuesday night.

"It's a great feeling to keep on winning," Spurs guard Johnny Dawkins said. "We felt we had lost a lot of early games when we should have won. It seems to be turning around for us now."

Center Artis Gilmore scored 24 points and pulled down 18 rebounds and teammate David Greenwood added 18 points and a career-high 23 rebounds to lead the San Antonio attack.

Seven-year veteran Greenwood said, "If we keep working hard good things are going to happen to us."

The Spurs have won eight of their last nine. San Antonio hasn't won six in a row since March-April of 1983. The Warriors fell to 25-23.

"I think we're playing better and I think it's infectious," Weiss said. "I had hoped we didn't have so far to come from, but I knew we could turn it around."

"We'll just take it game by game," Weiss said.

The Spurs looked like they were going to run the Warriors out of the Arena when they built a 16-point first-quarter lead, but Golden State fought back to within five at halftime, 55-50.

The Spurs slugged the Warriors again in the third period, building up an 18-point lead, but again, the Warriors roared back to within four, 83-79, with less than nine minutes left in the fourth period.

But Alvin Robertson cashed in a three-point play and Gilmore added

Roy Face of the Pittsburgh Pirates set a record to remember for relief pitchers in 1959 with an 18-1 performance. He also had 10 saves.

Hall of Fame pitcher Jack Chesbro won 41 games for the New York Highlanders (later the Yankees) in 1904 and completed 48 of his 51 starts.

a pair of free-throws to make it 88-79 and the Spurs held on for the win.

Warriors coach George Karl said, "It seems the ball was bouncing long tonight and the Spurs were reacting quicker. We know the Spurs are playing well."

Terry Teagle led Golden State with 23 points and Purvis Short and Eric "Sleepy" Floyd had 19 apiece.

Other NBA results

Hawks 126, Celtics 123, OT

The Atlanta Hawks needed a pick-me-up before the All-Star break and they got it from Dominique Wilkins.

Five days before making his first start in an All-Star game, Wilkins scored 41 of his 54 points after halftime Tuesday night as the Hawks defeated the Boston Celtics 126-123 in overtime.

"We really needed this one," said Kevin Willis, who had 18 points and 21 rebounds for the Hawks. "We needed to win a big game and a close game. We played smart; we played hard. We needed to win one going into the All-Star break, to finish on an up note."

Kevin McHale had 36 points and Larry Bird wound up with 26 points, 15 rebounds and 14 assists for Boston, but they couldn't overcome Wilkins' dominance down the stretch.

Nicks 110, Bucks 109

New York won in Milwaukee for the first time since 1963 and snapped a seven-game losing streak behind Patrick Ewing's 30 points and Gerald Wilkins' 24.

The Bucks dropped their third straight game and played most of the fourth quarter without Coach Don Nelson, who was ejected after receiving his second technical foul with 11:33 to go.

Bulls 96, Bullets 91

Michael Jordan scored 32 points

George Bamberger, who went on to a career as a major league manager, pitched in 10 big league games for the Giants and Orioles and had no win or lost record. However, he did have an earned run average of 9.42.

Nuggets beat Rockets, Lever gets triple double

By MICHAEL A. LUTZ
AP Sports Writer

HOUSTON (AP) — Lafayette Lever's 10th triple double of the season and Bill Hanzlik's "pesky" defense helped the Denver Nuggets add to Houston's misery.

With Twin Tower Ralph Sampson sidelined at least six weeks with a knee injury, Lever scored 26 points, grabbed 14 rebounds and dished out 11 assists in the Nuggets' 107-105 NBA victory over the Rockets Tuesday night.

Hanzlik starred as part of Denver's "small" lineup in the closing minutes of the game by harassing Houston's Akeem Olajuwon.

"He (Hanzlik) did a great job on Akeem late in the game," Denver Coach Doug Moe said. "He had Akeem confused. He's really a pest." Denver center Danny Schayes admired Hanzlik's defensive work.

"Hanzlik does a good job of harassing centers like Akeem," Schayes said.

"He gives them a totally different look than they are used to."

Lever said it was a team performance.

"Everyone had big shots," he said. "We matched up well and you've got to remember the Ralph wasn't in there and that was a positive thing for us. We played well when we had to."

The Nuggets also suffered injury problems with forward Alex English finishing the game with a hamstring injury and guard Mike Evans suffering a leg injury.

"They may both be out," Denver Coach Doug Moe said.

Sampson fell to the court with six minutes left in the first quarter with an injury to his left knee. He returned briefly in the second quarter but lasted less than one minute before he was gone, possibly for the season.

"I'll know more tomorrow," was Sampson's only comment following the game.

The Rockets almost overcame their adversity.

They took an 84-76 lead into the fourth quarter and fought to a 103-103 deadlock with 33 seconds to go on a basket by Robert Reid.

But Evans sank both ends of two free throws with 17 seconds to go after he was fouled by Allen Leavell to put the Nuggets ahead for good.

"We won without the horses," Moe said. "The little guards were sensational. A win like this makes it all worthwhile."

English supported Lever with 22 points and Evans added 20. Olajuwon led the Rockets with 25 points and 14 rebounds followed by Rodney McCray with 24 points and Jim Petersen with 19 points in relief of Sampson.

The Rockets led 55-50 at the half and widened the margin to 78-66 late in the third quarter before the Nuggets charged in the fourth period.

Rockets' Sampson is injured again

By MICHAEL A. LUTZ
AP Sports Writer

HOUSTON (AP) — The Houston Rockets thought they'd weathered the worst of a bad-luck season—until Tuesday night.

After surviving the loss of guards Mitchell Wiggins and Lew Lloyd because of drug usage, Twin Tower forward Ralph Sampson dropped to the floor with a knee injury in Tuesday night's 107-105 loss to Denver.

He'll be out at least six weeks and possibly for the rest of the season.

"It's par for the course for this season," forward Jim Petersen said. "It seems like Ralph's injury fits right in with all that's happened to us this season."

The Rockets moved into the elite group of top NBA teams last season by battling their way to the NBA finals before losing to Boston 4-2 in the championship round.

They reported to pre-season training camp expecting a return to the top.

But Sampson missed 11 of the Rockets' first 13 games with ankle injuries.

The Rockets lost only five games in The Summit last season and Tuesday's loss marked their 11th this season.

"Ralph will be out for from six weeks to the end of the season," Rockets Coach Bill Fitch said. "Hopefully, it won't take him out the whole season."

Sampson's injury effectively eliminated him from the starting lineup for Sunday's NBA All-Star game in Seattle, Wash.

But the Rockets didn't have an exclusive on sad news. Denver Coach Doug Moe said All-Star forward Alex English and guard Mike Evans suffered injuries against the Rockets.

"Alex has a hamstring pull and Mike pulled something in his leg or knee," Moe said. "They both might be out."

Sampson, who started the season on the injury list with an ankle injury, fell to the floor with six minutes to go in the first quarter and had to be helped from the court.

He returned for the start of the second quarter with a brace on his left knee but he played less than one minute and then left the game for good.

"The only thing we have to do is go out and play a perfect game Thursday," Fitch said. "We have to get this monkey off our backs. We have to win our first game without Ralph Sampson."

Petersen is the likely choice to replace Sampson in the starting lineup Thursday night when the Rockets host the Golden State Warriors.

"We've got Pete, who will be starting and I'll be learning more plays," said Cedric Maxwell, obtained last month in a trade with the Los Angeles Clippers. "I have the mechanics down, I just need to learn more of the system and options off the plays."

Before the latest bad news, Fitch already called this season the most trying of his coaching career.

"This basketball team has to come here Thursday night and forget everything that's happened and win against Golden State," Fitch said. "We haven't beaten them this year."

TURNED IT UP

NEW YORK (AP) — "I guess you could say I turned it up a notch" was the casual explanation given by high-flying Michael Jordan of the Chicago Bulls after an amazing performance against the Knicks in November.

All Jordan did was to score all 18 of his team's final points in a 101-99 decision over the New York club.

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Now you're cooking

By DEBE GRAVES
Feature Writer

As the whistle blows, basketball players in the YMCA youth league gather around their coaches for words of advice on baskets, free throws, fouls and defense. As the next quarter begins, coaches McPherson and Murphey encourage their sons and teammates in pursuit of goals.

Sounds like a great activity for companionship between father and son doesn't it? But the coaches are named Karen and Jackie, mothers who donate their time and energies and get just as much fun out of it as the dads who serve as volunteer coaches.

A natural athlete, Karen McPherson states, "I like working with kids. They are fun and it is a challenge to teach them new skills and to be good sports."

Karen and her husband Gary, who is employed with the Texas Department of Highways and Public Transportation, have two sons. Gerrick is a 14 year-old student at LaPlata Junior High and Wade is a nine-year-old third grader at St. Anthony's where the family attends church.

Many summer weekends will find the McPherson family packing for their favorite activity. "We go to Ute Lake, N.M., where we have a trailer," comments McPherson, "We all love to water-ski.

It is a great way to spend some time together and the skiing is so relaxing for me, until I get out of bed the next morning so sore I can hardly move."

A YMCA "Earlybird" aerobics class four mornings a week helps keep McPherson in shape for her active lifestyle. After the 6:15 a.m. class she gets her family off to work and school and then spends long working hours as a hairdresser-stylist at A-1 Beauty Salon.

She graduated from Hereford High School with a license she obtained through the vocational education programs the school offers. She has established a faithful clientele of women, men and children over the years she has spent at A-1.

Along with co-workers Phyllis Neill, Louise Armstrong and Shawney Sparkman, McPherson keeps her professional skills current through classes on hairstyle trends. She has attended classes in the panhandle region as well as in Las Vegas, Nevada, Long Beach, California; Dallas and most recently in New Orleans.

Many nights after working late McPherson has volleyball games scheduled, she has been a member of the Oglesby Equipment team for 11 years, and so meals must be quick and easy to fix. Here are some of her favorite recipes.

Quick Cheeseburger Pie

1 lb. ground beef
1½ cup chopped onion
½ tsp. salt
1½ cup milk
3 eggs
2 tomatoes, sliced
1 cup shredded cheese
¾ cup Bisquick mix

Heat oven to 400. Grease pie plate. Brown beef and onion; drain. Stir in salt and pepper. Spread in plate. Beat milk, baking mix and eggs until smooth, 15 seconds in blender on high or 1 minute with hand mixer). Pour into plate. Bake 25 minutes. Top with tomatoes; sprinkle with cheese. Bake until knife inserted in center comes out clean. (5 to 8 minutes).
Cool five minutes. Yield: 6 to 8 servings.

Corn And Squash Vege

Fry 3 slices of bacon with ½ cup onion. Dice bacon. Add 2 small fresh zucchini and 2 small fresh yellow squash. Fry. Add 1 box of frozen corn. Simmer for about 20 minutes.

Sour Cream Coffee Cake

Cream together: 2 sticks oleo
2 cups sugar, ¼ tsp.s alt, ½ tsp. vanilla
Add: 2 eggs, 2 cup flour, 1 tsp. baking powder, 1 cup sour cream.

Topping

Grease and flour pan well. 5 tbs. sugar, 2 tbs. cinnamon, ½ cup chopped pecans. Sprinkle one-third of topping in bottom of pan and on sides, add ½ batter, then ½ of topping that is left. Add remaining batter. Sprinkle remaining topping. Bake 1 hour at 350.



KAREN MCPHERSON

Colds not necessarily transmitted by kissing

Washing your hands rather than refraining from kissing may be the best way to combat the spread of the common cold.

Kae Hentges, patient education and health promotion coordinator of the Texas Tech University Health Sciences Center Department of Family medicine, said contrary to popular belief, colds are more often transmitted through hand contact rather than kissing or by sneezing.

"People with colds touch their noses where the viruses are heavily concentrated and get germs on their hands," Dr. Hentges said. "The germs are passed around when they touch other people or objects. So, frequent handwashing is one of the best ways to prevent the spread of colds."

The common cold is caused by more than 200 viruses that attack the linings of the nose, throat and ears. These 200 viruses account for 60 percent of all common colds. Unfortunately, Hentges says, scientists cannot identify what causes the other 40 percent.

"There are limitless varieties of cold-causing agents," she said. "That is why people never become immune to colds."

While most colds confine themselves to the nose and upper throat, some viruses can result in severe illness for children and older people. A cold can result in croup, bronchiolitis (an infection of the small airways in the lung) and pneumonia. Young children are susceptible to infections of the middle ear and sinuses because the passages in their ears and nose are small and can fill up with mucus allowing bacteria to multiply, Hentges said.

As people grow older, they usually become more immune to colds, Hentges said, but the ones they do get are often more severe.

"For those people with chronic diseases such as heart problems and diabetes, a mild cold can become a life-threatening infection," she said. While time is the only cure for the cold, Hentges said a few things can help alleviate the symptoms. Sufferers should rest, if at all possible, and drink plenty of warm liquids.

"The old wives' tale about eating chicken soup is a good idea. It seems to be especially good for promoting nasal drainage," Hentges said. There are several over-the-counter

remedies that will reduce drainage, relieve blocked nasal passages, stop coughs and reduce fever and body aches. But, Hentges said, it is best to take medications for specific symptoms only and not take a "shotgun approach" to your cold with a remedy that treats everything.

"Take just enough medicine to relieve your symptoms, make you comfortable and get you through the 10 days or so that it will take for your body to heal itself," she said.

Hentges also stressed that antibiotics are not helpful against the common cold because viruses do not respond to antibiotics.

"A doctor may prescribe an antibiotic for a related infection of the ears or sinuses or for older people or those with chronic diseases to prevent secondary infections," Hentges said. "But most people shouldn't press their doctor for a shot. It will not help. While the discomfort from a cold is very real, there are insufficient medical reasons and real risks of adverse side effects to give antibiotics for an uncomplicated cold."

Pennsylvania

When William Penn, the quaker, was made full proprietor of his American colony by King Charles II of Britain in 1681, the king suggested it be named "sylvania," for woodland. The king's government had owned Penn's father, Admiral William Penn, money; the land was granted as partial settlement. The king added "Penn" to the title, in honor of the father. Voila: Pennsylvania.

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Abundant Life

BE ON GUARD
By Bob Wear
THE BEST of the living experience requires us to "be on guard" all of the time, to the extent that this is possible. This must and can be done, without keeping us in a strain, and without our being overly suspicious of everybody and everything. We have the responsibility and the privilege to make our lives just as effective and as satisfactory as possible. This is to be done from the standpoint of our personal thought, talk and general behavior; and also from the standpoint of the possible influence of other people upon us.

TO STRENGTHEN our guard, we must eliminate carelessness in our thinking, our talking, and in our actions. We must remain alert to all of the important considerations pertaining to the living experience. We should be well enough informed so that we will be neither naive nor gullible. All of this is to be done without letting ourselves become skeptical and dis-illusioned about life. In other words, being on guard becomes very much part of the wholesome life situation.

THERE IS ENOUGH of bad news presented to us daily to cause discouragement, or worse. Although we must be aware of what is happening, it is not necessary that we let it overwhelm us. We have legitimate obligations, and some of these may become heavy sometimes; but we must be on guard against making unnecessary obligations for ourselves. In fact, the burden of our humanity is heavy enough, at best. Therefore we must be on guard to make sure that we do not add to this unnecessarily.

FOR ALL OF US, in our living, there will be irritations, disappointments, faulty expectations, and perhaps some mistreatment by others. Let us develop our thinking so that we do not let any of these things or anything else break down our guard. Prevention is so much better for us than trying to repair the damage that occurs from not being on guard.

WE MUST BE ON GUARD, cheerfully and graciously, against the development of any areas of personal vulnerability.

Hospital Notes

PATIENTS IN HOSPITAL
Ramona Alvarez, Jim Auten, Noel Avery, Nieves Campos, Ouida Coker, Jane Dameron, Earl Drake, Jewel Gentry, Hattie Gallagher, Eunice Guerrero.
Chris Hodges, Toylynn Huckert, Ethel Jordan, Leta Kaul, Edgar Lemons, Gerald Marnell, Carla Miller, Girl Miller, Lou Morrison, Elton Malone.
Dewitt Olson, Maria Ramos, Girl Ramos, Rosa Ramirez, Froilan Reyna, Oralia Reyes, Melissa Soliz, Girl Soliz, Lynn Schroeter, Boy Schroeter, Noemi Soria, Tomasa Zamora, Esequiel Zambrano.

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Calendar of Events

THURSDAY
 San Jose prayer group, 735 Brevard, 8 p.m.
 Weight Watchers, Community Church, 6:30 p.m.
 Ladies exercise class, Church of the Nazarene, 6:30 p.m.
 AA and Al-Anon meeting, 406 W. Fourth St., 8 p.m.
 Kiwanis Club, Community Center, noon.
 TOPS Club, No. 941, Community Center, 9 a.m.
 Amateur Radio Operators, north biology building of high school, 7:30 p.m.
 Story hour at library, 10 a.m.
 Young at heart program YMCA, 9 a.m. until noon.
 VFW, VFW Clubhouse, 8 p.m.
 BPOE Lodge at Elks Hall, 8:30 p.m.
 Summerfield Study Club, 2:30 p.m.
 Camp Fire Leaders Association, Camp Fire Lodge, 7:30 p.m.
 National Association of Retired Federal Employees, Hereford Senior Citizens Association, 1 p.m.
 Hereford Child Care Providers, 7:30 p.m.
 Bud to Blossom Garden Club, 9:30 a.m.
 Elkets, 8 p.m.
 American Association of Retired Persons, Community Center, 7 p.m.
 L'Allegria Study Club, 10 a.m.
 Alpha Iota Mu Chapter of Beta Sigma Phi Sorority, 8 p.m.
 North Hereford Extension Homemakers Club, 2:30 p.m.
 Wyche Extension Club, home of Ethel Logan, 2:30 p.m.
 Bay View Study Club, 2 p.m.
 Merry Mixers Square Dance Club, Community Center, 8 p.m.

FRIDAY
 Kiwanis Whiteface Breakfast Club, 6:30 a.m.
 Community Duplicate Bridge

Club, Community Center, 7:30 p.m.
 Garden Beautiful Club, 9:30 a.m.
 Hereford Senior Citizens governing board 2 p.m. and business meeting 3 p.m. at Senior Citizens Center.
 Patriarchs Militant and Ladies Auxiliary, IOOF Hall, 8 p.m.
 Good Timers Square Dance Club, Community Center, 8 p.m.

SATURDAY
 Women of St. Thomas Episcopal Church, home of Frances Hennen, 10 a.m.
 AA open meeting, 406 W. Fourth St., 8 p.m.
 Open gym for all teens, noon to 6 p.m. on Saturdays and 2-5 p.m. Sundays at First Church of the Nazarene.

MONDAY
 AA and Al-Anon Spanish speaking meeting, 406 W. Fourth St., 8 p.m.
 Odd Fellows Lodge, IOOF Hall, 7:30 p.m.
 TOPS Chapter No. 1011, Community Center, 5:30-6:30 p.m.
 Rotary Club, Community Center, noon.
 Planned Parenthood Clinic, open Monday through Friday, 711 25 Mile Ave., 8:30 a.m. to 4:30 p.m.
 Masonic Lodge, Masonic Temple, 7:30 p.m.
 Deaf Smith County Republican Women's Organization, Hereford State Bank Community Room, noon.
 Hereford Music Study Club, 1:30 p.m.
 Beta Sigma Phi City Council, SWPS Reddy Room, 8 p.m.
 Young Mothers Study Club, 8 p.m.

TUESDAY
 Hereford Rebekah Lodge No. 228, IOOF Hall, 7:30 p.m.
 Problem Pregnancy Center, 505 E. Park, open Tuesday through Saturday. Free and confidential pregnancy testing. Call 364-2027 for appointment.

ment.
 AA and Al-Anon meeting, 406 W. Fourth St., 8 p.m.
 Free blood pressure screening, Tuesday through Friday, South Plains Health Providers Clinic, 603 Park Ave., 8:30 a.m. - 5 p.m.
 Hereford AMBUCS Club, Ranch House, noon.
 Social Security representative at courthouse, 9:15 a.m. until noon.
 Kiwanis Club of Hereford-Golden K, Senior Citizens Center, noon.
 Deaf Smith County Historical Museum: Regular museum hours Tuesday through Saturday 10 a.m. to 5 p.m. and Sunday by appointment only. Museum closed Monday.
 TOPS Chapter No. 576, Community Center, 9 a.m.
 Ladies exercise class, Church of the Nazarene, 7:30 p.m.
 Hereford Fine Arts Association, Community Center, 7 p.m.
 Lone Star Study Club, 2:30 p.m.
 Order of Eastern Star, Masonic Temple, 7:30 p.m.
 Westway Extension Club, 7 p.m.
 Pioneer Study Club, luncheon at 11:30 a.m.
 Dawn Music Club, 2 p.m.
 Pilot Club, Caison House, 7 a.m.
 Hereford Young Homemakers Club, Dalene Burns.
 Frio Homemakers Club's Valentine party.

WEDNESDAY
 AA discussion meeting, 406 W. Fourth St., 8 p.m.
 Noon Lions Club, Community Center, noon.
 Bippus Extension Homemakers Club, home of Margaret Hall, 2 p.m.
 United Methodist Women of First United Methodist Church in Ward Parlor, 9:30 a.m.
 Credit Women International, Ranch House, noon.

Demand for blood increasing despite of AIDS epidemic

The days are all but gone when people can expect risk-free blood transfusions to be readily available when they need them.

The Acquired Immune Deficiency Syndrome (AIDS) epidemic, the corresponding fear of giving and receiving blood and increasingly more sensitive tests to detect tainted blood are resulting in smaller and smaller supplies of good blood.

At the same time, the demand for blood is increasing. In the U.S. alone, 12 million units of blood are given each year during emergency treatment and surgeries.

Mario Feola, professor of surgery at Texas Tech University Health Sciences Center School of Medicine, has perfected a substitute hemoglobin solution using cattle blood and is now working to scale up production of the artificial blood so that other researchers can test it.

"People have taken for granted that blood transfusions of a good quality will be available when they need them, but that is no longer a safe assumption," said Dr. Feola. "Researchers are developing more and more sensitive tests to detect antibodies and other foreign substances in blood. Thousands of people who received blood several years ago thought they were getting good blood.

"But, now we have more sensitive tests which show that the donors had AIDS antibodies. The people who received the blood are now living in great anxiety about whether they will contract AIDS."

Feola's blood substitute is pure cattle hemoglobin which is stored frozen and thawed and mixed with a saline solution to administer. In powder form it can be stored for months at a time, while human blood becomes useless after several weeks of storage.

"The substitute blood can be given immediately to anyone because there is no need for cross-typing," Feola said. "This has tremendous implications for emergency situations. Someday, substitute blood could be given any time blood is needed and that is becoming extremely important as the risks of receiving human blood increase."

Hemoglobin, the oxygen-carrying protein in blood, is similar for all mammalian vertebrates, he said. The other proteins in blood account for different blood types and necessitate cross-typing to avoid severe immunological reactions

when whole blood is given. Feola's bovine hemoglobin solution, which he has perfected over the past 10 years, carries no risk of viral disease, hepatitis or other infections because bacteria and viruses are removed during the process of preparation and purification.

"Hemoglobin is the only natural substance capable of picking up oxygen from the air and carrying it to all cells and tissues in the body," Feola said. "Carrying oxygen is the immediate essential function of blood. When people lose a lot of blood they don't die because of losing hormones and other substances in blood, but because they lose the red blood cells which carry oxygen."

Bovine hemoglobin actually transports oxygen a little more effectively than human hemoglobin, Feola said.

Animals which have lost up to two-thirds of their blood have regained their health and built up a normal supply of blood within a few days after getting the bovine substitute. Individual animals have been subjected to trauma several times and resuscitated to make sure they do not develop reactions to the artificial blood and that organs, such as the lungs, liver and kidneys, are not damaged.

Feola said that an abundant quantity of blood from cows, which have around five gallons of blood each, could be available from beef packing houses. Slaughtering operations sell some cattle blood for use in garden fertilizers, but most of it is simply allowed to biodegrade in huge

mounds at the plants, he said.

Feola makes a unit of blood substitute for about \$8 while a unit of whole blood costs around \$80.

The major hurdle now in Feola's work is to set up a laboratory to produce mass quantities of the solution. The purification and separation processes have been developed, but expensive equipment is needed to conduct the processes on a large scale, he said.

"Early on, my idea was criticized because researchers thought there would be an adverse immunological reaction, but there isn't," Feola said. "Some researchers have tried chemical solutions which were found to be toxic to human organs. Others have tried to develop a substitute using human blood, which is not very logical since the reason we need a substitute is because of the shortage of human blood and because of the risk of disease in human blood.

"If we can't develop a substitute from animals, I don't think there is much hope of developing one," he said.

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